

The International African Inventors Museum comes to Humber North's concourse

SPORTS PAGE 15



Humber avoids Heartbleed threat

Vick Karunakaran
BIZ/TECH REPORTER

That little lock icon next to most secure web addresses isn't necessarily so secure, allowing possible exploitation by cybercriminals.

Security researchers revealed a significant flaw underpinning the security of online communication earlier this month, sending businesses scrambling to fix it.

Humber College took

immediate action when it learned about the problem and looked at whether or not anybody had tried to exploit it, said Ryan Burton, Humber's I.T. services director.

The college even got the patch from its vendors before the news broke in the media, he said.

The Canada Revenue Agency temporarily took all of its web-based services offline following a cyber threat named the Heartbleed bug.

The Heartbleed vulnerability occurs when the computer and the server exchange information in order to establish a connection, Burton said. The name itself is derived from the two nodes signalling each other periodically to maintain the secure connection, not unlike a heartbeat, he said.

It was only because of the recent media coverage that most customers started asking how it affected their tax returns, said Cleo Hamel, a

senior tax analyst at the tax service company H&R Block.

The tax return process wasn't affected by the disruption, said Hamel, adding only the final step of the electronic file submissions were affected.

Their business didn't encounter major interruption since clients still had to go in and complete their taxes, explained Hamel. Most of the tax returns held back by the interruption were submitted

soon after CRA resumed service, she said.

"It was an issue we didn't have control over," said Hamel.

Burton stressed the importance of having multiple passwords online in order to prevent other personal accounts from becoming compromised. He explained that if one account gets compromised the damage is limited to just that one account.

People have found open SSL encryption solution to be viable and generally reliable, said Burton. A Secure Sockets Layer or SSL certificate is a technology that encrypts private information sent between a web server and the computer connecting to it.

"Open SSL has been around for a while and is widely accepted by many as the de facto standard," he said.

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Humber students' creativity recognized

Tyrrell Meertins
SENIOR REPORTER

A group of Humber College students were awarded Advertising Standards Canada's 2014 Student PSA Creative Competition.

Some of Canada's top advertising experts placed two teams from Humber – the other finishing in fourth – in the top five of the competition.

Guillermo Acosta, Dean of Media Studies and Information Technology said it is an overall feel-good story, and has many components that validates what the college is doing.

"I'm extremely happy with the students and the programs involved, I'm not surprised because I can attest the quality of the creative advertising degree," Acosta said.

The aim was to create a Public Service Announcement that builds awareness of ASC and truthful, fair, and precise advertising within the industry.

Scholarship awards ranged from \$10,000 to \$1,500, and they were presented to the top five teams.

Humber students Daniel Berard, William Fornuff, Hameeda Hashim and Danish Ehsan took home first prize.

Community and Justice Services Diploma program students who completed The Bridge Program and were 2013 recipients of scholarships from A.B.L.E. (The Association of Black Law Enforcers). Left to right: Hilary Neale Jr., Marcus Thomas, Ann Obasohan, Ramona Robinson.

Humber pilot project building bridges

Humber program designed to expose black students to larger academic environment

Travis Pereira
COMMUNITY REPORTER

The Bridge program at Humber's School of Social and Community Services is connecting black students to more than just academic success.

It's a pilot project that was developed to address the limited engagement of black stu-

dents in the larger academic environment.

Dr. Beverly-Jean Daniel, the founder of the program and program coordinator for Humber's community and justice services program, said the goal of the program is to realize the transformative powers possible when black students are exposed to expe-

riences in an academic setting. Daniel said the program, launched in the summer of 2013, was in response to a trend she observed that highlighted a disproportionate amount of Humber dropouts from the Community and Justice Services program being black students.

"We've seen a history of disengagement from schooling with different groups in our society," she said. "The Bridge program is being developed in an attempt to address some of the challenges that marginalized groups have in our school systems."

Sabrina Desai, Manager of Humber's Planning and Development Department said it's extremely important to develop programs that support student success and engagement.

"It's not only about bringing students in, it's about supporting them to succeed in their educational endeavours," she

said. "We want to make their experience while they're at Humber a meaningful one."

The program consists of eight workshops aimed at providing more than the conventional definition of education. Daniel said these workshops expose students to resources, networking opportunities and most importantly, a culture of success.

Continued on page 3

WORLD EVENTS THIS WEEK

MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY	25	SATURDAY	26	SUNDAY	27
Ridvánis		Earth Day		World Book Day		Genocide Remembrance Day		World Malaria Day		World Intellectual Property Day		Freedom Day	

A twelve-day festival in the Bahá'í Faith, commemorating the commencement of Bahá'u'lláh's prophethood.

Support of global environmental protection. Coordinated globally by the Earth Day Network.

This yearly event on 23 April is organized by UNESCO to promote reading, publishing and copyright. It was first celebrated in 1995.

It is held annually to commemorate the victims of the Armenian Genocide from 1915 to 1923.

It recognizes global efforts to control malaria. Globally, 3.3 billion people in 106 countries are at risk of malaria.

Raises awareness of how patents, copyright, trademarks and designs impact on daily life.

Commemorates the first post-apartheid elections held on that day in 1994.

This summer you can be the boss

Celia Grimble
NEWS REPORTER

The Ontario government is trying to reduce some of the stress students face when involved in a job-hunting process.

The Strategic Community Entrepreneurship Project (SCEP), launched at the beginning of April, and Summer Company, part of the province's Youth Job Strategy, offer youth and students 15-29 years old opportunities to be their own boss and start their own business.

The programs help youth not only create jobs for themselves but also potential jobs for other students. The Youth Jobs Strategy has created over 10,000 jobs to date.

SCEP and Summer Company provide training and funding to assist in the development of businesses. They also introduce students to these types of resources, said Tony Gifford, entrepreneurship advisor for The

Business School at Humber.

"They've made a real effort as a government and as a public service to give opportunities to help young people in some ways gain employment or create employment," Gifford said.

He and other faculty work with programs to encourage students to participate.

"For the first time we've been asked to partner with an existing delivery agent, which is called the Toronto Business Development Centre, and they've identified Humber as a really good source of students who can fulfil and get involved in the Summer Company program," Gifford said.

Joe Esposito, TBDC, business adviser said the number of spots available increased to 35 from 20 last year.

The Summer Company program is accepting applications for a total of 850 awards, up from the 661 awards given to students last summer.



COURTESY HUMBER LAUNCH

Student entrepreneurs participating in the Humber Launch competition may be eligible for support through the Ontario Youth Job Strategy

Most students accepted into the program receive the maximum amount of funding, which is \$3,000 if they complete the Summer Company program, said Esposito, there's also no application fees.

The SCEP program, unlike Summer Company, is available to youth not in school, specifically those from "high-needs communities and vulnerable populations," according to a press release.

SCEP service providers will receive \$6 million from the province to support youth starting not-for-profit organi-

zations, the press release stated.

For organizations meeting certain criteria, there are no costs to apply for funding.

"In terms of receiving SCEP funding, an organization must be not-for-profit and must have experience working with vulnerable populations and/or high-needs communities," such as racialized and Aboriginal youth, youth in care, at risk, or new to the country, youth with disabilities or special needs and youth in low income families said Brigitte Marleau, spokesperson for the Ministry of Economic Development,

Trade and Employment.

The SCEP program has a lot of resources vital for success.

"Young people in the SCEP program can have access to training programs, mentorship networks, supports such as help with transportation, paid mentors and counselors and micro-financing to start a business," said Marleau.

Cheryl Mitchell, program manager at Humber Launch, one of the college's funding competitions for entrepreneurs, said common weaknesses among young entrepreneurs is they don't have a

revenue strategy, revenue plan or a marketing strategy.

"As a [Summer Company] provider, we work with the students who have been accepted to run them through mentorship programs and run them through sessions on marketing, finance, etc.," said Esposito.

"[Students and youth] get the advantage of working with really good mentors and facilitators and get identified by the ministry as entrepreneurs. It's a fantastic thing to put on your resume, so it validates you as a potential employee," Gifford said.

Road construction equals headaches

Ian Burns
NEWS REPORTER

Humber students may feel the crunch with a rough commute this summer and fall.

Toronto will spend more than \$215 million this year to improve the quality of roads, expressways and bridges.

"It's critical that we continue

to keep our roads and bridges in a state of good repair," said Councillor Denzil Minnan-Wong, chair of the city's Public Works and Infrastructure Committee. "Council's decision to provide more funding will allow us to fix more roads in our community."

The construction is scheduled to start in mid-June,

according to Frank Clarizio, Director of Capital Works Delivery with the Department of Engineering and Construction Services, City of Toronto.

Construction on Finch, between Kipling Avenue and Highway 27, will involve road resurfacing and traffic signal work, lasting until November.

On Humber College Boulevard between Lymont Road and Highway 27, road resurfacing with some sidewalk work will occur, finishing by the end of September.

The City expects to complete 185 kilometres of road resurfacing in 2014.

An additional \$60 million will be spent on other work, including road work in conjunction with water main and sewer replacement, as well as public realm initiatives such as boule-

vard greening and the installation of new planters and trees.

Rob Kilfoyle, director of public safety and emergency management with Humber College, is recommending that students know about road construction and how it will affect their commute.

"Be safe, and drive with care and attention," said Kilfoyle. "Try to find an alternate way to travel, if you can."

Kilfoyle also recommends students be aware of pedestrians in areas of construction.

"Adding construction increases their vulnerability."

The City has also developed a resource to make it easier for motorists to find their way around Toronto's streets.

For road construction details visit www.toronto.ca/torontostreets



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CORRECTION

The issue from April 7 stated that Humber's Orangeville campus is expecting 60 new students this fall. Alongside those 60 students however, an additional 100 other new students will join the Early Childhood Education, Police Foundation, and Social Service Worker programs.

HUMBER COMMUNITY

The students of Humber's Bridge program

Continued from page 1

"To create a community of success where students get a consistent message that success is expected of you, and that you're going to have people behind you," she said.

"That becomes a big piece for the students, just the sense that they're no longer trying to do this alone."

Four community and justice service students who went through the Bridge program, received awards from the Association of Black Law Enforcers (A.B.L.E) in 2013. They each received scholarships in recognition of their success as students.

First-year student Ramona Rob-

inson said she was hesitant to apply for the scholarship because she was uncertain if she met all the criteria.

"Dr. Daniel just said to apply," she said. "With every excuse I was throwing at her the only response she gave was 'Ramona apply,' so I just applied."

Second year student Marcus Thomas was involved with preliminary discussions when the Bridge was a mere concept around winter 2012.

"The Bridge program, for me, is changing the definition of what blackness means. We often have different images projected onto us about who we are, what we're capable of and what we can accomplish," he said.

Thomas said the Bridge tran-

scends just a program that promotes student success. He said it creates a communal space celebrating the success of black individuals.

Second-year criminal justice student Hilry Neale Jr. graduated from the community and justice services program with honours in 2013 and decided to enrol in the four year criminal justice degree program.

He said his time in the program expanded his horizon to the possibilities of fully engaging in the college experience.

"It signified a sense of belonging in the context of school," he said. "A lot of people come to school to do what they got to do and then leave.

The Bridge is a way of leaving with something more."

As an international student, Robinson said the Bridge attracted her because it provided an opportunity to interact with like-minded individuals.

"I didn't really have any friends in Canada," she said. "When I heard about the Bridge, I thought it seemed interesting because it was all about promoting success and creating that belonging feeling among black people."

Second-year student Ann Obasohan said the program instilled in her a level of confidence and her capabilities, which she never fathomed were possible.

Obasohan said she got involved because it is a great learning opportunity and a way to challenge stereotypes she's always been bombarded with, about the ability of black women to succeed.

Daniel said the early success of the program serves as confirmation for her understanding of blackness as being embedded in excellence.

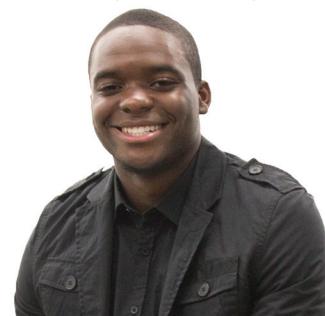
"When I started this journey it was really about getting some students the support they need to be able to navigate the system," she said. "For the students who have been involved with the program to describe it as life changing, that to me speaks volumes."

MARCUS THOMAS

Thomas plans to be a lawyer and said by having the opportunity to attend several events within the black community he's fostered connections.

**HILRY NEALE JR.**

Neale said mentorship from successful black professionals made him aware that success within the black community isn't a rarity.

**ANN OBASOHAN**

Obasohan said having successful black females come and share their experiences and stories, showed her she could achieve exactly that.

**RAMONA ROBINSON**

Robinson said the Bridge exposed her to successful black individuals that she seldom hears about in the media.



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Canadian airlines set to offer inflight WiFi

Marlon Gomez
BIZ/TECH REPORTER

Canadian airlines will soon give travellers the convenience of staying connected to the Internet while traveling across North America.

Air Canada and WestJet Airlines LTR announced earlier this month they will be offering in-flight Internet connectivity.

Air Canada intends to implement the service by installing WiFi services to 30 narrow body aircrafts by the end of this year, said Peter Fitzpatrick, media spokesperson for Air Canada Ontario.

This would make Air Canada the first Canadian airline

to offer this type of service. They plan on having all 130 planes ready by the end of 2015, said Fitzpatrick.

WestJet said in a news release that it would be able to equip one plane by fall of this year to begin testing.

"The test plane will fly throughout our network, as will each aircraft as it is equipped," said Robert Palmer, a spokesperson for WestJet.

Air Canada has been running a pilot project since 2006 with the help of Gogo Inflight. Two planes were equipped for testing and flew between Toronto, Montreal and L.A., said Fitzpatrick.

Canadian airlines had not been able to provide this ser-

vice because the infrastructure had not been completed in Canada, said Fitzpatrick.

"The system we are using requires ground towers. So there wasn't a network of those across the country," he said.

Ground based cellular technology and satellite technology are the two types of equipment used for Internet connections during flights, said Steve Nolan spokesperson for Gogo.

"Gogo provides both of those technologies and the ground based cellular technology is proprietary to Gogo only. We call that ATG, or air to ground. Air to ground is only available in the United States and Canada," he said.



COURTESY WIKI COMMONS

Air Canada will be the first Canadian airline to offer WiFi, with WestJet hot on its heels..

Air Canada and WestJet said they would be investing in satellite technology for in-

ternational flights in the future.

WestJet will be working with Panasonic to launch an entertainment package that includes live TV channels, movies, magazines and WiFi. WestJet will be using satellite technology in order to provide these services.

"I would definitely use it. Every year my family goes on a trip during reading week and it would be nice to get some work done on the flight. Or just chat with my friends on Facebook," said Jonathan Franco a second year Business Student at Humber College.

Internet speeds will vary depending on the technology being used by the airline.

"The peak speeds for Go-

go's next generation air to ground technology is 10 Mbps (megabits per second). And then the technology that they're looking at using down the road on international fleets is a satellite technology that is capable of delivering 70 Mbps," said Nolan. In theory, a passenger could download a two gigabyte movie in just over four minutes.

Nolan said Gogo would be in charge of managing the network once the project is up and running.

Prices for the service have yet to be disclosed.

Both Air Canada and WestJet have only gone as far as saying that the pricing will be competitive with other airlines.

END OF AN ERA

Farewell Microsoft Windows XP

Vick Karunakaran
BIZ/TECH REPORTER

Twelve years on, the time has come to say goodbye to an old, trusted operating system.

Microsoft recently announced it no longer provides technical support for Windows XP, relegating it to the end-of-life status as a product.

Globally, Windows XP remains the second most popular operating system in terms of Internet usage, according to StatCounter, an independent website analytics company.

Humber College upgraded from Windows XP to Windows 7 about three years ago, said Ryan Burton, Humber's I.T. services director. However, a few industrial machines at the School of Applied Technology still have software running on XP, he said.

Many of the world's 2.6 million ATMs run on Windows XP, according to KAL, the world's leading ATM software provider.

Devices like ATMs have Windows XP embedded into them, said Rob Robson, Computer and Gaming program coordinator at Humber. These machines run on custom software developed specifically to run using Windows XP, he said.

"It's a question of money," said Robson. It is sometimes cheaper to pay Microsoft to extend support than redo all the software development again, he said.

XP was likely the first ver-

sion of Windows that the average consumer had that was quite reliable, said Robson.

Some of the devices in the Applied Technology labs use software running on XP, said Anthony Nyman, Humber's laboratory technologist.

I don't need prettier lights blinking in the corner.

Rob Robson
HUMBER PROGRAM COORDINATOR
COMPUTER AND GAMING

The computer labs generally use Windows 7, but some specialized equipment depend on devices using Windows XP for communication, said Nyman.

Some devices, like the programmable logic controller (PLC), were designed to communicate with software running on Windows XP, said Nyman. The PLC, which gets its inputs from sensors instead of a mouse or a keyboard, can be programmed to turn devices on and off, he said.

If a new version does what the current one does and no better, Robson said he saw no reason to buy it. "I don't need prettier lights blinking in the corner," he said.

When Windows Vista came out, most people looked at it and said "No thanks" and kept running XP, Robson said.

If something works, a business' highest priority is



VICK KARUNAKARAN

Humber's School of Applied Technology has some computers that still run on Windows XP.

to keep it working and serve customers, said Robson, often delaying upgrades.

When support for Windows XP is withdrawn, customers are forced to upgrade, said Robson.

Humber typically introduces most major software switches in the fall, said Burton. "We are moving to Office 2013 for fall 2014," he said. "From an operating sys-

tem perspective, we are not usually early adopters," said Burton. As it is fundamental to everything, the operating system has to be stable, reliable, secure and compatible with existing hardware.

Humber has more than 6000 Windows-based and 900 Mac-based computers and there are about 320 software-applications running on them, said Burton.

"Windows XP is a familiar and simple system to work with," said Nyman. The older devices in the lab will soon be phased out and the newer devices are going to be compatible with Windows 7, he said.

Windows XP became like an old friend for a lot of people and they trusted and relied upon it, said Robson.

"I think those people are sad to see it go," he said.

Heartbleed breach to extend tax deadline

Continued from page 1

The online threat became real when CRA had a malicious data breach, according to its press statement last Monday. Someone exploiting the vulnerability removed the social insurance numbers of 900 taxpayers from CRA systems.

A 19-year-old London, Ont., man was charged by the RCMP in connection to the malicious breach of the CRA website.

Stephen Arthur Solis-Reyes was arrested at his residence on April 15, an RCMP press release said.

He is charged with one count of unauthorized use of a computer and one count of mischief in relation to data and is scheduled to appear in Ottawa court on July 17.

It was later determined that CRA knew about the breach on April 11, but the RCMP asked CRA to delay informing the public due to the ongoing investigation.

The Heartbleed vulnerability has since been patched and the online service was restored last Monday, a CRA statement said.

Hamel said for the most part, their customers "were happy that the CRA took the decision they did to not jeopardize their personal tax information."

CRA has extended the 2013 individual tax returns deadline to May 5.

Traveling: A rite of passage not everyone can afford



Victoria Quiroz
OPINION EDITOR

Last Wednesday one of my closest friends set off for a 10-week trip around Western Europe. For 10 weeks she will venture from Paris to the Netherlands to the U.K and everywhere in between. For 10 weeks I will get intermittent updates from her about her travels, and for 10 weeks I will undoubtedly feel pangs of envy, jealousy and inadequacy.

These feelings will come by no fault of my friend, but due to society's pressures on the young to travel. The idea of gap years, backpacking, even teaching abroad is one that, in at least my experience, young people are bombarded with as a rite of passage. Getting out and seeing the world is something we have to attain, or will sorely regret as we age.

But for many Canadians traveling is an expensive privilege they can't afford—and they shouldn't be made to feel inadequate or unworthy because of it.

The school year is coming to a close and for those graduating this time is ripe with pressure to find employment or at least some direction. For a good chunk of those graduating, including myself, the race to find employment is fueled by another aspect—student loans.

For those with student loans from Canada's National Student Loans Service, interest will start to accrue on April 30. While payments aren't required another six months, the loans will still grow with interest in that time, adding to the already substantial debt many graduates face.

Students in this situation do not have the means to bankroll a month-long trip to South East Asia. They are, however, right in the perfect age range to be exposed to click bait websites, such as Buzzfeed, that bolster the idea

that traveling isn't just something they should think about, but need to do in order to be considered an adult. Many of the "listicles" found on Buzzfeed's travel section feature nothing more than pictures of idealized locations and occasionally a sentence or two about the region.

It's the wording in the titles I take issue with, in particular, the word "need." They don't tell readers they should, but that they in fact need to visit 17 spots in Brazil before dying. It may be coming from Buzzfeed, which is widely known for its sponsored content, but it still advertises a lifestyle that many can't afford as something integral to becoming a well rounded adult.

This also creates a divide between those who can and can't travel. They're separated into two camps—one that has seen the world and one that has not. Often the latter group may find themselves looked down upon by the former.

When I was high school, there were several trips planned annually

that carted students off to all over the world. Every year a section of the yearbook would be dedicated to these trips, usually with pictures of the trip group in front of an iconic landmark. Every year the faces in the pictures remained the same—they were the only students able to afford it.

This was a public school by the way, and although the trips were educationally designed, they were incredibly expensive and out of reach for most of the students. While I don't believe those able should be denied the opportunity to travel, seeing those same faces in the yearbook in China, Europe and Costa Rica, served as a reminder those students were the ones who could afford the trips and therefore somehow separate from the rest.

Traveling the world is something everyone, regardless of age, should be able to experience. However when those who aren't able to are treated as lesser, society needs to realize exactly how privileged it is, and reassess.

Raptors can thank geography for their post-season



Michael Osei
A&E EDITOR

Since February's All-Star Break, the Toronto Raptors have excelled far beyond their recent seasons. The team clinched their second Atlantic Division title as well as the third seed in the Eastern conference.

However, if they were in the Western, as opposed to the Eastern conference, it would be an entirely different story. With their record of 48 wins and 34 losses, they wouldn't have appeared in the post-season at all if Toronto fell on the Western

seaboard. The 8th seed Dallas Mavericks barely made it into the post-season with their 49 wins. The Phoenix Suns found themselves on the outside looking in even though they have 48 wins—the same amount as the Raptors. It has been evident for several years that the West has been the stronger conference but a clear answer as to why has never been figured out.

This also isn't to say that the Raptors aren't one of the best teams in the league. The addition of former Kings' players Greivis Vasquez, John Salmons, Patrick Patterson and Chuck Hayes for Rudy Gay ignited a huge turnaround for the Raptors. But it raises many "what-

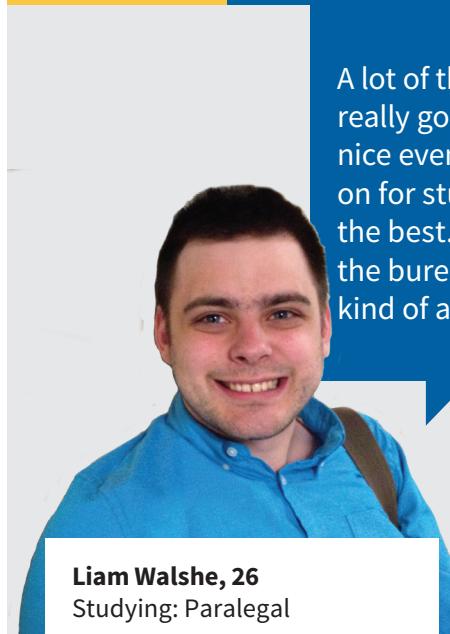
if?" scenarios. It has been evident for several years that the West has been the stronger conference but a clear answer has never been figured out.

The most pressing question being: what if the Raptors had started off the season with this squad and chemistry? The team could have been serious contenders to win the East and would likely have had a top five record in the league. If you consider

their sluggish start to the season expectations will be high for the next one, especially if they make it past the first round against the Brooklyn Nets.

However, for the Raptors to keep this momentum they need to utilize their leader on the court, Kyle Lowry, and their head coach Dwane Casey, to their best of their abilities. Both are in the final year of their contracts. The players themselves have expressed how much they trust Casey and Lowry at the helm. Hopefully Masai Ujiri, the team's General Manager, decides to stop teasing fans and members of the organization by finally letting us know what he has in plans for the new and improved Raptors.

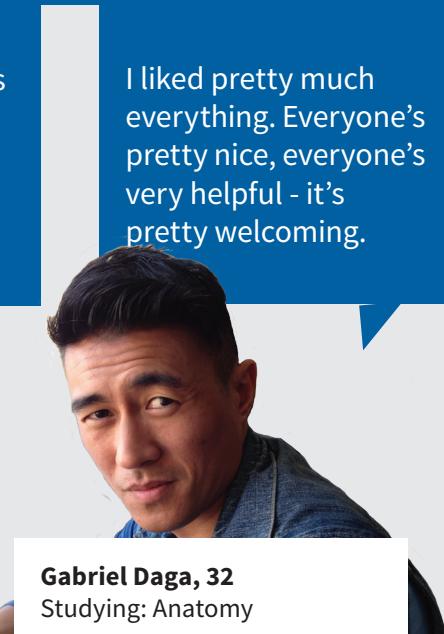
QUOTED: What did you like and dislike about your time at Humber?



Liam Walshe, 26
Studying: Paralegal



Felicia Persaud, 20
Studying: Visual & Digital Arts



Gabriel Daga, 32
Studying: Anatomy

A lot of things were really good. All the nice events they put on for students was the best. Some of the bureaucracy is kind of annoying.

I liked the friends that I made this semester. I don't really have any [dislikes].

I liked pretty much everything. Everyone's pretty nice, everyone's very helpful - it's pretty welcoming.



Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Newsroom:
416-675-6622 ext. 4514

Email:
etc.humber@gmail.com

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To find a career you might want to think before you get inked



Melissa Deeder
NEWS EDITOR

I recently got a new tattoo on the back of my neck. When showing my girlfriends I mentioned I was thinking of getting another very tiny one on my wrist. Aware that I am graduating this year and will be on the hunt for a good job they mentioned I might want to make sure that it's not visible to employers.

While not unheard of, I was still a bit surprised. In 2014 the conversation of tattoos in the workplace is still very apparent, even though 14 per cent of Americans have at least one tattoo, according to the Pew Research Centre. There are six pages listing Toronto tattoo parlours on the yellow pages website alone. Just walking down Yonge Street you're sure to find more than one.

So why is it still taboo to have a tattoo in the workplace? Should we have to think before we ink? Getting a tattoo is an expression of oneself and it shouldn't categorize or stereotype those adorned with them. After all, wouldn't that fall under discrimination? Andulti-



PHOTO BY ANGIE GARRETT

Tattoos like the ones shown above are near impossible to cover, making finding employment more difficult

mately, do employers even have the right to prohibit tattoos?

According to a recent labour arbitration between the Ottawa Hospital and Canadian Union of Public Employees in January 2013, the answer is no. The hospital tried to introduce a dress code for unionized employees with one of the listings being that large tattoos were not to be visible during working hours. Objections obviously flared

and others ruled it as difficult to enforce. In the end employees won.

However this is just one case, so the question still remains: should we think before we ink? The answer to whether or not tattoos are acceptable in the workplace seems to be all over the map. It depends on the company, position, state/province and what their standard policies are.

According to an article "10 occu-

pations tattoos are not accepted in the workplace" by examiner.com, jobs that are not accepting of tattoos appear to have some sort of justification for their decision. Government jobs and law firms use their need for professionalism as justification.

Teachers are another great example, as it depends on the school. While most public schools are all right with tattoos they prefer

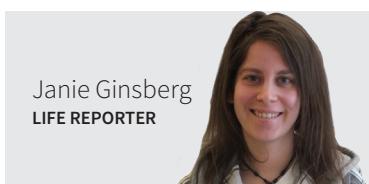
teachers to cover them. However for private schools having tattoos is unacceptable. Colleges and daycares are the most lenient teaching positions when it comes to tattooed employees.

An opposite article on examiner.com "10 occupations tattoos are accepted in the workplace" says since tattoos are a growing trend employers are adjusting their idea of what is deemed acceptable in the workplace. Despite smaller tattoos being allowed in some cases, there's still the possibility of having to cover them up.

However, many jobs involve interaction with the public, apparently meaning the acceptance of tattoos in the workplace has a lot to do with what is and is not acceptable in society.

Until tattoos stop being associated with gangsters, criminals and freaks it looks like we'll have to think before we ink. Whether you're graduating this year and looking to start your career or just looking for a summer job you might want to take your body modifications into consideration. However, I am confident soon we will be able to ink away. After all, taboo beauty and fashion trends from decades before are now no big deal—we can hope in time, the same will apply to body art.

Big fishes in little ponds: Dating inside the LGBT community



Janie Ginsberg
LIFE REPORTER

Two girls in a relationship? It must be so dramatic, some say. I'm not going to deny women are emotional beings, but the drama, well, that's not really our fault.

The lesbian community is tiny, and by lesbian I mean all girls who identify as part of the community. Since Toronto's only real lesbian bar Slack Alice's recently closed, the lesbian community is now reduced to monthly events that take place at select venues throughout the city. And when those events happen, all the not-so-straight girls in the Greater Toronto Area come out to play.

As a result, there is literally no way to avoid an ex-girlfriend or an ex-(insert label here), unless you want to become a hermit and forever sacrifice your social life.

Due to the nature of our minuscule pond of potential mates, it is more than likely you will sleep with or date someone in your group of friends, and I've yet to meet someone who proves this theory wrong.

With World Pride coming up this summer dodging an ex-lesbian lover will be pretty much impossible. One would think at an event that attracts over a million people, LGBT and allies alike, it would be

possible to bypass an encounter.

Unlikely.

With the Pride festival comes all-girl parties, with usually only two options per night. That's a fifty-fifty chance right?

Wrong. Your ex is probably in your friend group, and naturally you will want to go out with your friends, put the two together and bam, hello ex-girlfriend.

“
Due to the nature of our minuscule pond of potential mates, it is more than likely you will sleep with or date someone in your group of friends.

Somehow though, we all manage to keep it together and remain relatively sane. Many lesbians possess the skill of being able to be friends with people they've dated or at least been intimate with. If they couldn't, well, we wouldn't have many friends. It may have evolved out of social necessity, or maybe it's just part of the gay gene.

There's a different level of understanding in a relationship between two girls; we just kind of understand each other in a way that isn't possible by the opposite sex. It's not a good thing and it's not a bad thing, it's just

the way it is. Perhaps it is this level of connectedness that allows lesbians to form friendships after short or long, and often tumultuous relationships.

It seems like everyone in the lesbian world is connected in some way, even if it's just by a kiss. The six degrees of separation theory does not apply to our universe. The smaller the community, the more chances of decreasing the layers of separation.

The first person I fell in love with is now one of my best friends, and some of the friendships I cherish most are with people I've been involved with. I can say (not so proudly) that a friend of mine created a "lesbian web of connections" of sorts, which was colour coded by method of contact. Red for dating, yellow for sleeping together, and blue for just kissing—there was a lot of blue and yellow.

On top of our microscopic dating pool, the truth is, gay girls just tend to play the field more. It sounds bad but I don't think it's anything to be ashamed of. Our notions of sexuality are much more fluid than the rigid roles placed on heterosexual society.

There's less pressure associated with sex and we tend to not bind ourselves with stereotypical male-female roles. We are a community built on sexual liberty and it shows in the way we live our personal lives.

Living in a small world is both a curse and a blessing, but I wouldn't have it any other way.

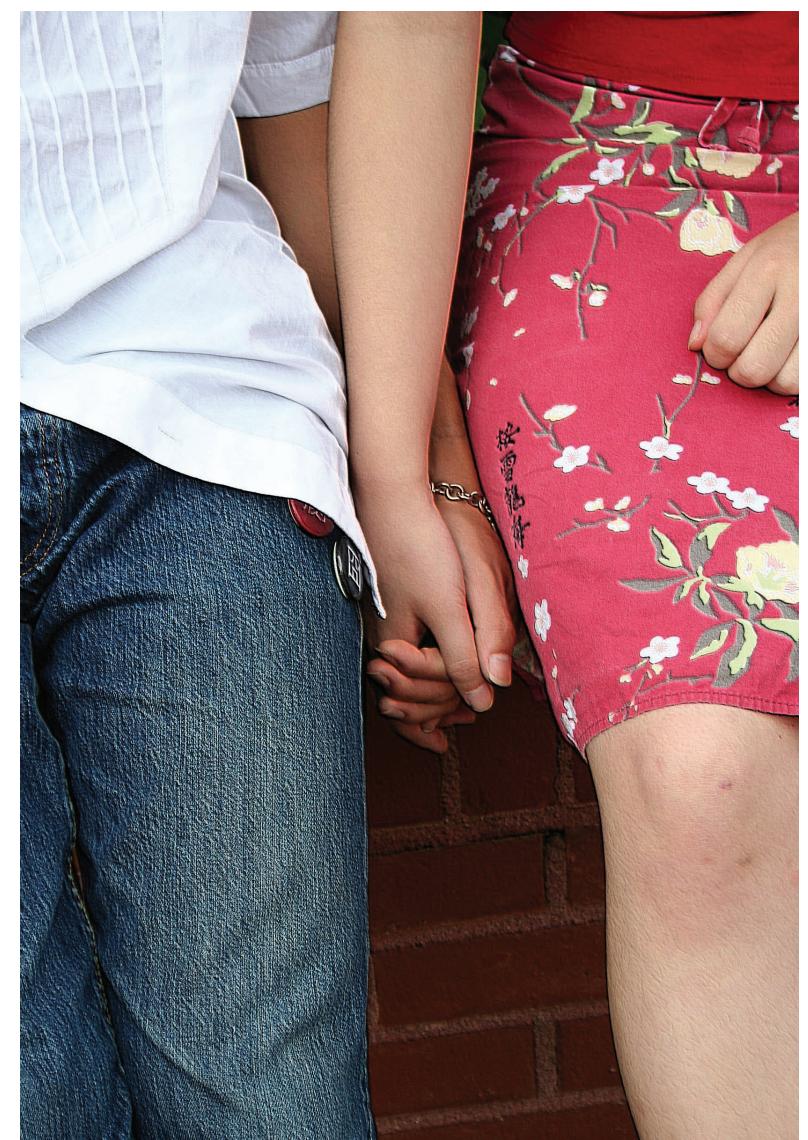


PHOTO COURTESY OF FLICKR USER OTEO

The lesbian dating pool can be very limited, according to Janie Ginsberg

Humber College taking Toronto by storm

Humber College programs are showcasing many final thesis projects around the city for a bigger crowd and a chance at industry exposure.

D: Interior Design Thesis Show

Humber Interior Design degree students showcase their final projects.

Location: The Burroughes Building, 639 Queen St. W.

Date: April 23.

Time: 6 p.m. to 10 p.m.

C2: Fundraising Management Portfolio Show

A joint event with Advertising Copywriting and Advertising Graphic Design.

It's an opportunity for students to showcase their work and meet with industry professionals.

Location: The Spoke Club, 600 King St. W.

Date: April 22.

Time: 3 p.m. to 5 p.m.

E: Industrial Design Thesis Show

Fourth-year Industrial Design degree students display their final thesis projects.

Location: Design Exchange, 234 Bay St.

Date: April 17.

Time: 5:30 p.m.



A: Film screenings at TIFF



A still from Joshua Bulger's *The Bear Man*. Sean Perkins was the camera operator.

Portfolios get industry publicity

Shoynear Morrison
A&E REPORTER

The Graphic Design Portfolio Show gave third-year students exposure to the industry while having an epic time with their graduating classmates.

The venue was filled with eager guests who browsed through portfolio booklets.

The show promoted students' skills to the industry in order to obtain an internship or launch a career, said Program Coordinator Kevin Brandon.

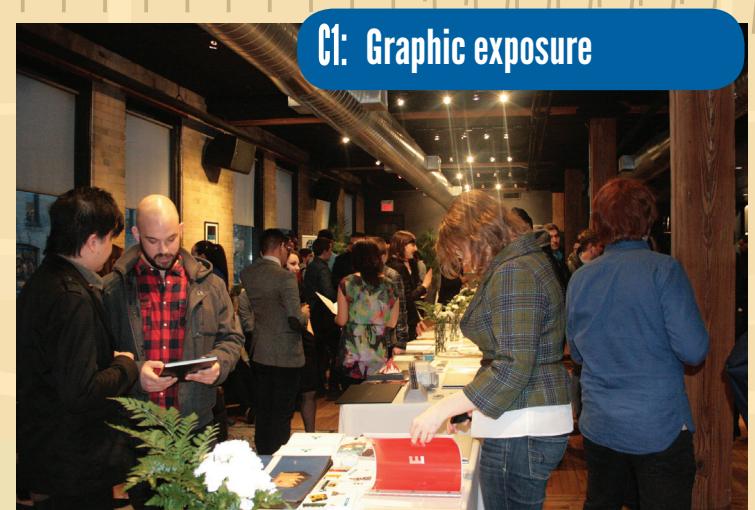
The portfolio show allowed this year's graduating students to present their work not only to the industry but also to each other, their families and their friends, he said.

It is a culmination of their best work from the third-year Graphic Design advanced diploma program, Brandon said.

The April 15 event at The Spoke Club, located at 600 King St. in Toronto, offered accessibility to industry guests who were able to attend the show after work, said Brandon.

"It's also an exclusive members club which adds some exclusivity to the event," he said.

Olivia Sanders and Mary Friedt are two graduating students that promoted their work at the show.



C1: Graphic exposure

Professionals, students, families and friends gather to enjoy the work of third-year Graphic Design students at this year's Graphic Design Portfolio Show.

Sanders has always been interested in the arts and has family members with a design background, she said.

When creating her portfolio she wanted to appeal to professionals in the industry while reflecting her personality, Sander said.

"I'm really inspired by social media and travelling. It's really interesting to see what other people upload from all over the world," she said.

Friedt also gets inspiration from social media and advertisements, she said.

"It depends on the project and the feeling behind (what) I'm trying to portray. I get inspiration from so many things," said Friedt.

Friedt was very optimistic about the possibilities that the Graphic Design Portfolio Show had to offer, she said.

"I hoping to get some interest in my portfolio, my work and make some connections," said Friedt.

"Other than that I'm here to celebrate with my classmates. It's been a great experience," she said.



COURTESY HUMBER FILM AND TELEVISION
and assistant picture editor for the

Final year films screen at TIFF Bell Lightbox

Kate Richards
A&E REPORTER

Final year Film and Television Production (FMTV) students are gearing up to showcase their thesis productions at the TIFF Bell Lightbox April 22.

The screening will showcase nine short films as well as commercials.

For many FMTV students, this will be their first viewing of the short films they've been working on all year.

The students who take on post-production roles are the ones who tend to see the film nearest to completion, explained Kari-Lyn Gravel, 25, student publicist, final year FMTV student and producer of the love story *Something Like This*.

"I'm excited to see where the films have gone since we watched them a few months ago in class," said Sean Perkins, 22, a final year FMTV student.

"Plus the experience of seeing your work on the screen and at TIFF, that is very exciting," he said. Perkins was a camera operator and assistant picture editor for the comedy short, *The Bear Man*.

The third and final year of the FMTV program allows students to choose the specific area of film production they are most passionate about.

"Since I realized I love production design (in second year) I've had the opportunity to just do that," said Samantha Beam, 21, a final year FMTV student.

"I really haven't done much more outside the art department and I absolutely love that about this program," said Beam, the production designer for the comedy *Sitting Shiva*.

After graduation, Beam is moving from Muskoka to Fonthill, Ont., south of St. Catharines, to work and hopes to start production on a few short films. The connections she's made with her peers in the program has provided an advantage when it comes to starting independent productions after the support of Humber's equipment and resources becomes unavailable.

"I have been really lucky because a lot of people have asked me to work on other projects after school," she said. "It's been really great."

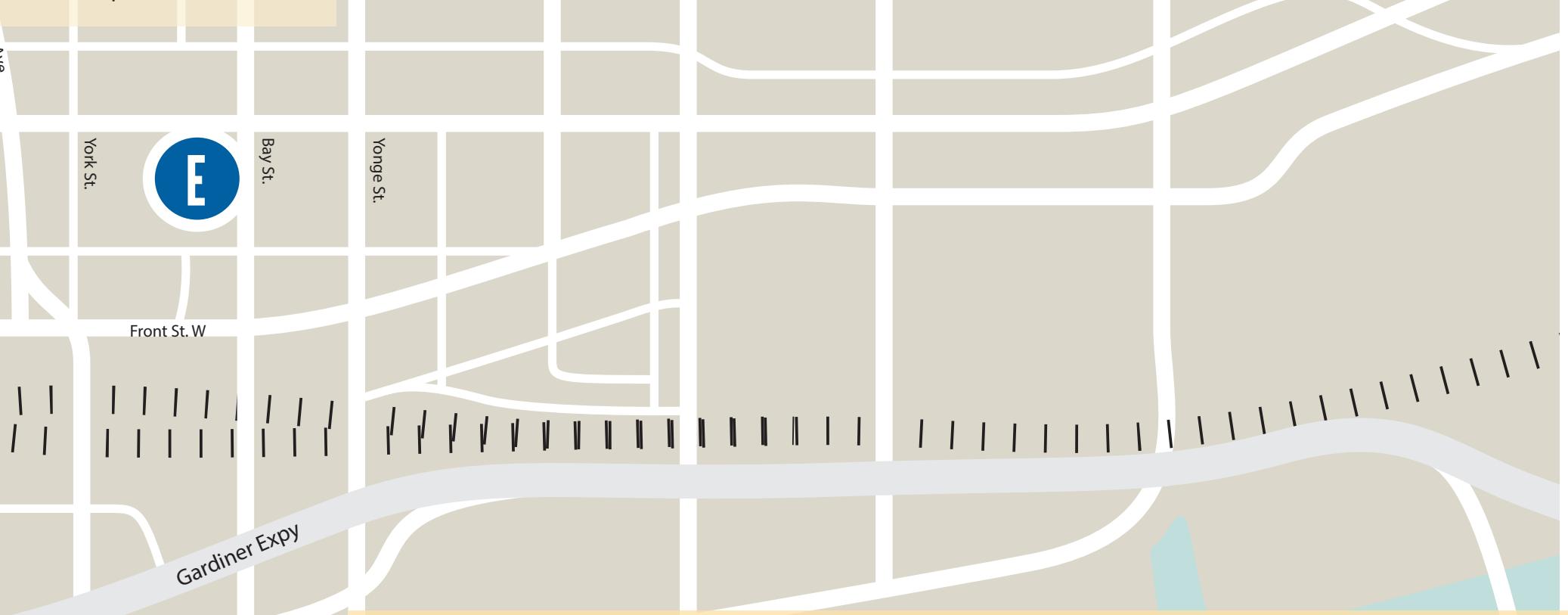
Gravel said her class of peers acted as her second family. A family-oriented person, she thought the three years away from her "real" family would be difficult.

For her commercial production, she was ecstatic to be able to promote her mother's small business, Fruitful Bouquets.

"Our film family is like a family," said Gravel.

"It was nice to bring (together) my two (families) because they both mean a lot to me. It was bringing together my real family with my new family," she said.

The screening at TIFF Bell Lightbox is completely sold out, a reassuring finale to a productive three years.



Class Acts premiere media student work at CBC building

Adam Stroud
A&E REPORTER

The best and brightest at Humber College School of Media Studies and Information Technology (SMSIT) are soon to get their moment in the sun.

Humber College is gearing up for Class Acts, the first ever showcase of the top work from the SMSIT.

Class Acts is the brainchild of the Dean of the SMSIT Guillermo Acosta and organized by students in the post-graduate public relations certificate program.

Chloë Hill, 23, co-chair and secretary of Class Acts, said the event is partly to increase the profile of the Humber brand.

"[Acosta] wants to position Humber as the number one multiplatform storytelling school of North America," she said.

The showcase will take place on

May 14 at the Barbara Frum Atrium and Glenn Gould Studio in the CBC building on Front Street. The location was chosen partly due to a partnership between Humber College and the CBC, said Hill.

This is the first event of its kind being attempted by the School of Media Studies and Information Technology. Katherine Broad, 22, head of marketing and promotions, said it's never too late for Humber to try this sort of thing.

"It's better now than never," she said.

Program coordinators and a team of faculty members will choose all the work showcased at Class Acts. The work chosen will be based on merit and progression throughout the school year.

Mike Karapita, a program coordinator of Humber's journalism program, said he hopes events like Class Acts can help bring attention to the

quality of work being produced by Humber students and alumni.

"It's a really terrific opportunity for all of us to share with each other and then with our industry partners...our alumni, and the general public all the amazing work that's done inside the school of media studies," he said.

Students in attendance at Class Acts may also get a chance to rub elbows with some members of the industry, but no guests have been confirmed yet.

"We don't know exactly yet who will be attending but we're reaching out to people," said Broad.

Humber's Class Acts is an invite only event. The invites will be sent to alumni, current students, external advisors, Humber executives, media and the students whose work is being showcased. Selections of student work to be showcased have not yet been announced.

B: Student showcase at CBC



ADAM STROUD

Katherine Broad (left) and Chloë Hill (right) are both on the team responsible for planning the event which will happen on May 14.

Bake sale raises money for children's camp

Campus bake sale helps to send kids to special needs summer camp

Kendra Hamilton
LIFE REPORTER

Humber students enjoyed the sweet taste of advocacy while raising money to help children with special needs.

Students from the post-graduate program in Advanced Studies in Special Needs organized and ran the bake sale last Monday at two locations on Humber's North Campus.

Proceeds from the sale were used to send children to Camp Towhee, a camp for children with learning disabilities, said Candice Burt, one of the students organizing the event.

"Our main role as we move into our career is going to be helping children and families with special needs so being able to raise awareness is something that's important to us," she said.

"(The bake sale) has given us the opportunity to do some advocacy in the community and hopefully it will help to raise some awareness about children's mental health," said Burt.

Every year students from this class, Advocacy and Community Resources, organize and run an event to promote community issues and exercise skills that will help them excel in their careers, said Kristine Fenning, the Humber professor who teaches the course.

"Advocacy is about finding your passion, finding out how you can be an agent of change, and finding a way to make a change in the lives of children and families," she said.

These students are going to be qualified resource professionals



KENDRA HAMILTON

Students from Humber's Advocacy and Community Resources organized a charitable bake sale to help send special needs children to Camp Towhee

working with children with special needs and their families, so they chose Camp Towhee because it represents the population they will be working with, said Fenning.

The students chose the bake sale because it was something they could all participate in and it was some-

thing that would give back to the Humber College community, said Fenning.

"Humber does a lot of great things like this," said Dan McDonald, a first year Recreation and Leisure student who attended the bake sale. "I come down for lunch and there is always

something different going on."

"I needed some dessert today and everything looked so delicious and it seems like it's a good cause, so why not?" he said.

"Everyone has collaborated and brought in a variety of different treats and everything is nut free so

we can stay safe," Burt said.

"We are very, very proud of this cohort of students as we are every year," said Fenning. "They're very collegial they're working together they know it's for a common cause. They're pretty awesome."

Dietary pulses found in lentils lower cholesterol: study

Katherine George
LIFE REPORTER

A new study shows lentils, peas, beans and chickpeas can reduce the risk of heart attacks and stroke by lowering levels of bad cholesterol.

A daily serving of the beans and peas, known as dietary pulses, can lead to a five per cent reduction in LDL cholesterol, the study said.

Every one per cent reduction in LDL cholesterol translates to a one per cent reduction in cardiovascular disease, the study said.

The study was released on April 7 and published in the Canadian Medical Association Journal.

The Canadian Institutes of Health Research funded the study. It is part of a bigger series of projects looking at body weight, blood pressure, blood glucose control and cholesterol, said Vanessa Ha, leading author in the study and research coordinator at St. Michael's Hospital.

A single serving is equal to a three-quarters cup of dietary pulses, said Ha.

Researchers conducted 26 randomized controlled trials of 1,037 people, the study said.

Candidates in the study were middle-aged individuals, not on lipid medication with normal cholesterol levels, the study said.

"That was the average characteristics of the population so the study is more applicable to these individuals. However, pulses are considered to be a healthy food and should be a part of anyone's diet."

Participants in the study experienced symptoms including flatulence, bloating and cramping, said Ha. This was a result of a lack of prior or dietary pulse consumption.

"Over the course of the study, on average these individuals reported less and less symptoms. In some individuals the symptoms disappeared completely. It doesn't seem

to be a problem over a long period of time," she said.

According to participants in the study, the body will adapt to this type of diet, said Ha.

In some individuals the symptoms disappeared completely. It doesn't seem to be a problem over a long period of time,"

Vanessa Ha
STUDY AUTHOR

Study results show a one per cent reduction in LDL cholesterol by eating dietary pulses leads to one per cent reduction in cardiovascular events, like heart attack and stroke, she said.

"What we want to advocate is that we aren't recommending people go

out and eat one kilo of dietary pulses per day to lower their cholesterol, but rather we want to encourage

individuals to incorporate dietary pulses as part of their overall dietary pattern," said Ha.



COURTESY DIDI VIA FLICKR

New study shows dietary pulses, such as lentils, can reduce stroke



KARINA NOWYSZ

The extreme dieting trend sees women constricting their ribs for six hours a day to shrink their waistline.

'Extreme' corset diet panned by experts

Karina Nowysz
LIFE REPORTER

The use of corsets as a slimming technique may seem ancient but it's making a comeback.

Celebrities like Jessica Alba have used the corset to lose weight. She revealed to E! News back in 2011 that she used the constricting garment to shed pregnancy pounds.

The extreme dieting trend sees women constricting their ribs for six hours a day to shrink their waistline.

According to thecorsetdiet.com, by wearing these specially designed corsets women have lost inches off their waists and stomachs by cutting down on their meal portions, giving them a beautiful hourglass shapes.

It promises that after a short period of time women will see changes.

"They are absolutely right, it's about portions," said Maria Pelliccia, a registered dietitian and professor at Humber. "It works because it's ultimately about calorie reduction."

But the corset diet is just another fad, said Pelliccia.

"Anything that promises a rapid change without the perquisite of healthy eating and physical activity over time is unbalanced and extreme," said Pelliccia.

Jennifer Marotta, professor of the body, beauty, sex and consumerism at Humber, said "binding someone in a corset might make eating large meals unpleasant, but it would not have the same effect as lap-band

surgery," which is a technique that shrinks the stomach by placing a band around the top of a stomach to slow food consumption.

"It seems very misguided," said Marotta.

According to the website, the corset diet has been approved by doctors and dietitians.

But there is no official endorsement from these doctors or dietitians on the website.

"I don't know one reputable dietitian who would ever approve of something like this," said Abby Langer, a registered dietitian.

Langer doesn't have a single client who's on the corset diet or knows one who would want to do it.

In a society where we don't have time to prepare meals and we don't have time to exercise, we tend to pack on pounds and then we need these extreme quick fixes, said Pelliccia.

"We live in an instant gratification society and like things right away," said Pelliccia. We resort to extremes, she said.

Although the results are reportedly fast, this diet it may not be the best way.

"It's not really fixing the problem," said Pelliccia. "You can't live in a corset."

It's about sustainability, she said. Learning how to live healthy and eat healthy over a lifetime contributes to a balanced diet, which will sustain in life.

"The corset diet is not sustainable," said Pelliccia.

Materialism linked to depression

New study shows materialistic people are prone to depression

Sarah MacNeil
LIFE REPORTER

The person with the best car and the best outfit may actually be depressed and discontent.

New studies by Baylor University shows materialistic people are less likely to be grateful and more likely to be miserable.

"I think people my age are extremely materialistic," said Sherleen Worrell, a 22-year-old paralegal education student at Humber College.

Researchers examined 246 young adults around the age of 21. Each participant completed an online survey, which assessed overall satisfaction with life.

"On a scale of one to 10, I think people our age rank a seven when it comes to materialism," said Raman-

preet Kaur, a Project Management student at Humber.

"Materialism is linked to depression because people think that material possessions will fill a void or alleviate stress," said Dr. Dan Andreae, a psychology professor at University of Guelph-Humber.

“Materialism is linked to depression because people think that material possessions will fill a void or alleviate stress,”

Dr. Dan Andreae
HUMBER PSYCHOLOGY PROFESSOR

He said it is a vicious cycle and when people realize materialism is not giving them what they are looking for, depression may set in.

"Social media helps to exaggerate the amount of stuff people have or have done. On Facebook, people

can communicate with large audiences and this breeds competition and jealousy," said Dr. Andreae.

"I compare myself to others using social media all the time. It is hard not to," said Worrell.

If a person is wearing a Gucci suit and has a Rolex watch, we automatically assume that he or she has made it and is happy – but sometimes this is not the case, said Dr. Andreae.

"I feel down when I see something that I can't have as a student," said Rakhi Arora, an Early Childhood Education student.

Arora, like Worrell, admitted to comparing herself to others while using sites like Instagram and Facebook.

"Our culture emphasizes exchange of goods and services. To a large degree we are committed to and depend on materialism," Dr. Andreae said.

The study will be published in July of 2014 within the Personality and Individual Differences Journal.

TO THE NINES

Julia Grabowska
Journalism,
HUMBER
3RD YEAR

GLASSES: VERSACE
SWEATER: H&M
PANTS: H&M
RINGS: VINTAGE STERLING SILVER
RINGS
SHOES: NEW BALANCE

FAVOURITE ARTICLE OF CLOTHING

Faux Fur Saks Fifth Avenue Winter Jacket

STYLE INSPIRATION
Yohji Yamamoto (Japanese fashion designer)





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HOROSCOPES by BRIAN O'NEILL

**JAN. 20 – FEB. 19**

You will create a new breed of doggie paddle, part Border Collie, part Wesphalian Dachsbracke

**FEB. 20 – MAR. 20**

You are extremely happy that this is the last horoscope you will read written by this hack.

**MAR. 21 – APR. 20**

After hearing Kelsey Grammer is in The Expendables 3, you will re-watch Fraser just to see if you missed something.

**APR. 21 – MAY 20**

After confirming your age and weight, you realize you can eat an entire bottle of Flintstone chewable vitamins for your daily dose.

**MAY 21 – JUN. 20**

You have uptown problems this week, but not as bad as the problems faced by U.S. Airways social media team.

**JUN. 21 – JUL. 22**

In a show of extreme confidence, you will write a final paper with spell check off.

**JUL. 23 – AUG. 22**

You will be convinced Wendy's Baconator came back in time to protect John Connors from going on a diet.

**AUG. 23 – SEPT. 21**

Reminder: When a place puts up an out of order sign, they aren't really sorry. You broke it in the first place.

**SEPT. 22 – OCT. 22**

Spoiler alert! Your milk is past its expiration date.

**OCT. 23 – NOV. 21**

You will waste time wondering if Alex Trebek's wife had to respond to her wedding proposal in the form of a question.

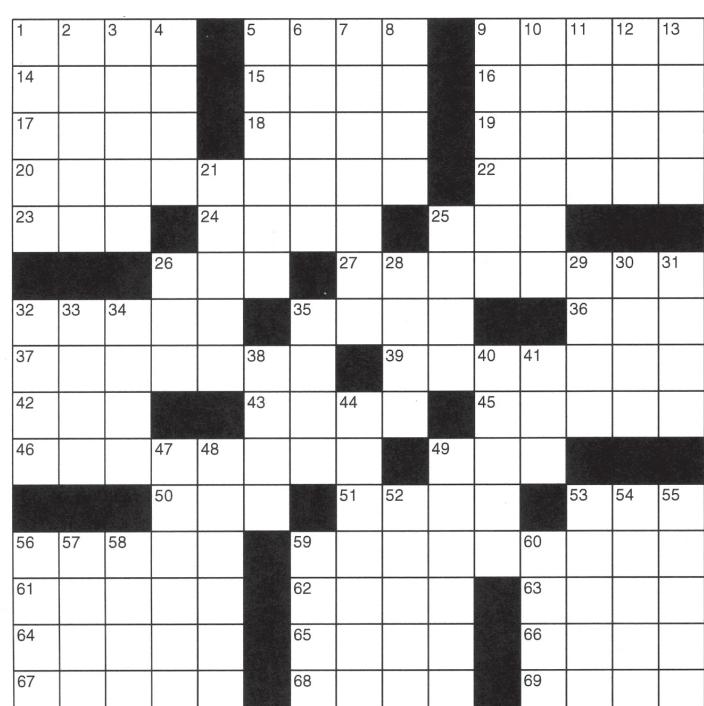
**NOV. 22 – DEC. 20**

Instead of studying, you will devote all your time trying to find out what Ace of Base meant in the song "All that She Wants." Won't find an answer.

**DEC. 21 – JAN. 19**

You will be content knowing you will outlive that red head from the Wendy's commercial. She's going to have heart problems.

CROSSWORD BY BOATLOADPUZZLES.COM

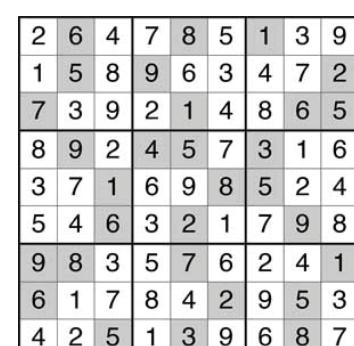
**ACROSS**

- 1. Guess
- 5. Mined minerals
- 9. Publish
- 14. Robust
- 15. Ramble
- 16. Weird
- 17. Very many (2 wds.)
- 18. Highest point
- 19. Tolerate
- 20. Religious dwelling
- 22. Pitches
- 23. School subject (abbr.)
- 24. Earth's center
- 25. Above, poetically
- 26. Cocktail lounge
- 27. Most brainy
- 32. Actress _____ Sarandon
- 35. Provo's state
- 36. Buck's mate
- 37. Traitor's crime
- 39. Actor _____ Crowe
- 42. Become old
- 43. Captain of the Enterprise
- 45. Discussion group
- 46. Produce
- 49. Picasso's creation
- 50. April follower
- 51. Barn ornament
- 53. BPOE member
- 56. Railroad station
- 59. TV Host David _____
- 61. Wrathful
- 62. Aloud
- 63. Common skin problem
- 64. Kinder
- 65. Emerald _____
- 66. Banana skin
- 67. Future flowers
- 68. At no time, poetically
- 69. Quiz

DOWN

- 1. Dishonor
- 2. Hawk's weapon
- 3. Accompanying
- 4. Alpha's follower
- 5. Speaker
- 6. Wrangler
- 7. Highest mountain
- 8. Alluring
- 9. Annoy
- 10. Witty reply
- 11. Persia, now
- 12. Three squared
- 13. Turner and Kennedy
- 21. Reads quickly
- 25. Honolulu's island
- 26. Sheep's comment
- 28. Grade
- 29. Genesis garden
- 30. Shoe part
- 31. Narrate
- 32. Bachelor party
- 33. Yearning
- 34. Beheld
- 35. Army division
- 38. All right!
- 40. Shopping binge
- 41. Used a stool
- 44. Car gear
- 47. Showed feelings
- 48. Evaluators
- 49. Moose's horn
- 52. Dickens title beginning (2 wds.)
- 53. TV host
- 54. Highway divisions
- 55. Prepared to pray
- 56. Uproars
- 57. Famous canal
- 58. Horse's gait
- 59. Pork cut
- 60. Attentive

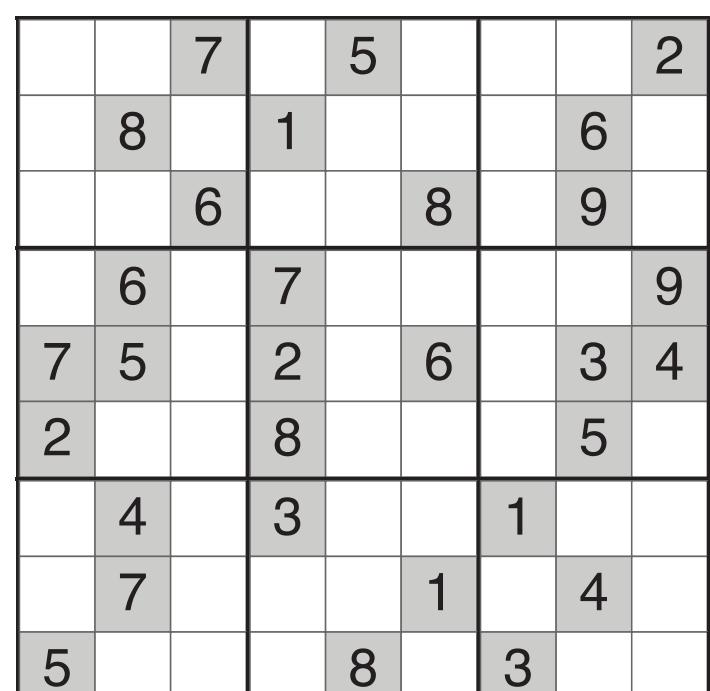
LAST WEEK'S ANSWERS



Find the answers to this week's puzzles in the next issue or visit humberetc.com/games or scan the QR code!



SUDOKU BY SUDOKU.NAME



Friendships cross varsity colours

Willy Phan
SPORTS REPORTER

Humber Hawks point guard Zachary Fox-Tapper grew up playing basketball with his best friends and this year got the chance to play against and trash talk them in the OCAA.

Fox-Tapper, Javier Stephenson and Jermaine Chisholm remain close friends despite attending different colleges and playing on different varsity teams.

Stephenson is a sophomore guard for the Sault Cougars while Chisholm and Fox-Tapper recently completed their rookie campaigns with the Fanshawe Falcons and Humber Hawks respectively.

"I met (Stephenson) in my eleventh grade on some club teams," said Fox-Tapper, a marketing student.

He described Stephenson as a close teammate and friend when they played for the Markham Gators in the Ontario Basketball Association.

"From then, we grew on each other," added Stephenson, a child and youth worker student at Sault College in Sault St. Marie, Ont.

Stephenson has close ties to other Humber Hawks as well. He is the cousin of Humber guard D.J. Morrison and is close friends with Humber small forward Emeron Rodgers.

Meanwhile, Fox-Tapper and Chisholm were high school teammates at Father Michael McGivney Catholic Academy in Markham.

"I met (Fox-Tapper) in gym class," said Chisholm, a business student at Fanshawe College in London, Ont. "We played on the same teams since grade 10 up until grade 12. Same high school team, same AAU team."

When Fox-Tapper and Chisholm started their college basketball careers last fall, the trio was excited to begin a three-way rivalry in the OCAA.

"We knew that we were all in the same conference and some trash talking started," said Fox-Tapper.

The Humber guard encountered Chisholm as a league opponent in the early season when the Hawks defeated the Falcons 79-61 at home in November. The two teams met again at Fanshawe College in January when the Hawks cruised past the Falcons 78-64.

Prior to the games, Chisholm said he would exchange banter with Fox-Tapper before getting serious on the court.

Stephenson's Cougars visited Humber for back-to-back games on Feb. 1 and 2. The Hawks shredded the Cougars in both games 83-31 and 83-51, respectively.

Both Fox-Tapper and Stephenson received limited playing time for most of the season but both guards received significant minutes on the court when their teams met.

Fox-Tapper said he felt nervous and excited at the same time heading into the back-to-back games against Sault.

"When I got my opportunity to play against Sault, I knew it was a

HUMBER ET CETERA



WILLY PHAN

Javier Stephenson (left) and Zachary Fox-Tapper (right) during a game in February this season. Stephenson and Fox-Tapper met in grade 11 while playing club volleyball together.

big opportunity and I had to make the best of it," said Fox-Tapper.

"And plus, I was playing against one of my close friends, so I wanted to show (Stephenson) the progress I was making over the year," added the rookie Hawk.

Fox-Tapper and Chisholm both stayed back for a fifth year of high school while Stephenson began his OCAA basketball career with the Cougars in 2012-13.

The Sault sophomore said he used his experience in the OCAA to help Fox-Tapper find the right school team.

"I told him what teams would best suit him because in my first year, I played everyone in the Western conference and that's where he was looking," said Stephenson.

When Fox-Tapper decided to attend Humber despite offers from other teams, Stephenson said he was happy for his friend's decision.

"I respected his decision and I pretty much told him his game would fit perfectly as a Humber Hawk," said Stephenson.

He said the trio of point guards stayed in contact on a daily basis throughout the season using a

group chat.

Fox-Tapper described the impact of having his best friends in the OCAA as significant off the court as well.

"It's a big deal to have close friends of yours in the same league because when times get rough, you have guys you can relate with," said Fox-Tapper.

The basketball season has ended in the OCAA, but Fox-Tapper, Chisholm, and Stephenson plan to train together in Toronto during the summer to improve their games.

Wilkins' family legacy continues

Christina Succi
SPORTS REPORTER

Looks like another piece will be added to the Wilkins' Humber volleyball legacy for the upcoming 2014-15 season.

Brothers and men's and women's volleyball head coaches Wayne and Chris Wilkins were star volleyball players for Humber in the early 90's. Most recently, Wayne's son Kamyn joined the men's squad.

Now it's Wayne's daughter Kyla's turn to step on to the court. She is currently waiting for acceptance into Guelph-Humber's justice studies program, but is not stranger to the Humber gym.

"Humber is really our second home," said Wayne. "When we were playing games, my daughter came to watch. She's used to the environment and the atmosphere. It'll be like a home coming and it would feel weird if she wasn't coming to play."

Chris agrees and said he believes

Kyla's connection to Humber already gives her an advantage.

"Even though she hasn't been in the Humber program yet, she's been around the Humber program and she understands the pressures of winning and understands what I'm about and what this program is about," said Chris.

Kyla's history with Humber is part of a long list of attractive qualities she'll bring on the court.

"She's an exceptional defender. She passes the ball really well and has a strong defensive presence so I'm really excited for that," said Chris.

Chris has led the women's volleyball team at Humber to seven straight provincial championships, tying the OCAA record for the most consecutive provincial wins. Though the women's program has an intimidating reputation, Wayne says Kyla is prepared and ready to play at that next level.

"I approached her development similar to that with Kamyn because

I already knew what she was going to have to deal with coming into Humber. Her training has been similar, very tough, very rigorous and she's developed into an excellent player," said Wayne.

"We were just trying to really prepare her for mental toughness, because as the kid of a coach you are expected to do more. It's tough but we really focused on getting her to be that tough person and deal with the challenges that come with being on the team."

Chris isn't worried when it comes to coach-player professionalism. "I'm really proud of her and the accomplishments she's had to get to this level and she knows she's going to have to work as hard as everybody else and she knows she's going to be looked upon to make sure she's earning her minutes and earning her time."

Her father, her uncle and her brother, Kamyn, are all proud and excited at the prospect of adding to the Wilkins' legacy. Kamyn has no



Kyla Wilkins, daughter of men's volleyball coach Wayne, is waiting for her acceptance to Guelph-Humber's justice studies program.

doubt she'll be an asset for the team.

"It's been great to watch her grow through volleyball the same way I had to," said Kamyn. "She definitely brings a high energy and that's just what this team needs. She won't have a problem of fitting in on Humber."

Chris said he believes Kyla will be a game changer in helping bring the team to the next level. "I expect that

she's going to be one of those players that's going to help us win that national championship we've been trying so hard to get," said Chris.

For dad Wayne, it will be a special moment, one he's been looking forward to for some time. "I just can't wait for the first day I get to see her in the blue and gold," he said. "It'll be a proud moment."

BY THE NUMBERS**14**

Total individual and team gold medals

13

Total individual and team silver medals

8

Total individual and team bronze medals

"

Being part of a winning tradition means a lot to me. Not many schools in Ontario have the type of reputation we do..."

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YEAR IN REVIEW

KIRSTEN SCHOLLIG



GEORGE HALIM



PETER DAVEY

HAWKS SOAR AGAIN IN 2013-14 VARSITY SEASON

Jeff Sehl
SPORTS REPORTER

The Humber Hawks continued their varsity dominance this year, owning the podium in provincial and national competition.

The Hawks took home a total of 35 team and individual medals, as well as a host of personal awards and all-star nominations.

It's the type of success the Humber community has become accustomed to, said Jim Bialek, Humber manager of athletics and sports information.

"It just continues to amaze me how strong our program is ... across all sports," said Bialek. "Eighteen out of 20 teams were on (an OCAA) podium. Nine team (OCAA) championships plus some individual championships is pretty incredible."

He said despite all of the hardware and personal accolades, it's not the most suc-

cessful year.

"I think a couple of years ago we had something like 17 provincial gold medals," Bialek said. "But where this is special is we could've won 20 gold medals this year."

Humber's tradition of winning is a point of pride for Humber athletes, said women's volleyball star, OCAA Female Athlete of the Year and Humber Hall of Famer, Kelly Nyhof.

"Being a part of the winning tradition means a lot to me. Not many schools in Ontario have the type of reputation that we do, not only with volleyball, but a lot of sports," she said.

For graduating Humber Hawk golfer and Male Athlete of the Year, Alex Dumais, contributing to Humber's tradition of athletic success was always a goal for himself and his team.

"Winning provincials and nationals is definitely the goal of the golf team every

year," he said. "We have been fortunate to have incredible coaching and other resources to create a really solid team every year which has made our goals very attainable, and being able to say that I was part of several championships makes me feel proud."

Humber's history of athletic success is something that new Hawks recognize and strive to live up to as well, said men's rugby coach Fabian Rayne.

"I became the head coach about three years ago and there was that winning tradition before I got there, so I'm just trying to continue with that winning tradition and trying to improve in certain areas," he said.

Winning aside, earning a spot as a Humber varsity athlete is an exceptional opportunity to join a terrific community of athletes. It's an opportunity that Humber athletes don't take for granted.

"Being a Humber Hawk is

a great privilege. You are surrounded by tons of really talented student athletes, coaches and facilities that can give you the opportunity to excel at whatever sport you play for," said Dumais. "Being a part of the family has been an honour."

"When you're a Hawk, everyone feels like family," Nyhof said. "You know there are a bunch of people willing to do whatever it takes to make sure the experience is a one in a million experience and for me it was."

"I had chances to go play at other schools throughout my five years (at Humber) but when those opportunities came up, I never wanted to leave. Humber has become my second family, my home away from home and changing schools wouldn't have been the same," she continued.

"Once you're a Hawk you don't want to be anything else."

Athletics hands out 74 awards

PJ Valois
SPORTS REPORTER

Humber's best athletes were celebrated at the annual varsity banquet and award ceremony held earlier this month.

Male Athlete of the Year awards went to golf team MVP Alex Dumais and All-Canadian soccer forward Mario Orestano.

"There are so many great athletes in our varsity program and to be recognized with this award is very humbling," said Dumais.

Volleyball middle Kelly Nyhof and badminton player Tracy Wong repeated as Female Athletes of the year. Nyhof was named the overall OCAA Player of the Year and said the award was icing on the cake to her varsity career.

"It's that much more special being in your last year," said Nyhof, who said it has always been more about team accolades than the personal ones.

The Athletic Director's Pick award went to dual-sport athlete Kelsey Bardy, who plays on the fastball team and the rugby team.

"Humber varsity has truly become a part of me and it just proves to myself that I gave my all in my sports throughout the years and I am graduating from Humber knowing that I have not only left a mark, but I fit into another family," said Bardy.

The banquet allows all varsity athletes to celebrate a collective accomplishment.

"When all of the athletes are together, you get a tremendous sense of accomplishment and unity as an entire varsity program," said Dumais, who said Athletic Director Ray Chateau's speech was the standout moment of the night.

"He did a great job. Every team has stories of their year and Ray's speech brought some of them out," he said.

The event was wrapped up by a video montage of the year in Humber athletics.

"It gives you chills and puts a smile on your face," Nyhof said of the video. "At that moment you're surrounded by a huge group of people who are a part of something so big and so special that it's a family no one really understands until you're a part of it."

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A photograph of two young women in a classroom setting. One student in the foreground is looking up and to the right with a thoughtful expression, wearing a teal ribbed sweater. Another student's back is visible to the left, wearing a blue top.

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