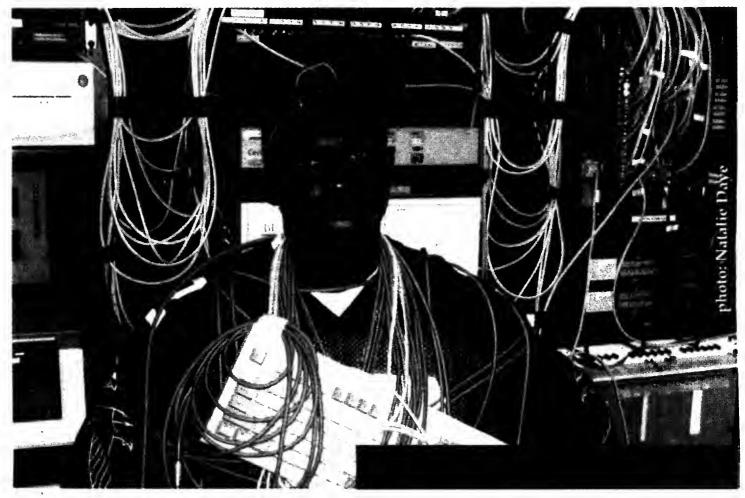


# Biz students protest computer glitches



#### by Derek Malcolm

he School of Business students are signing a petition to protest computer problems that have been ongoing since the beginning of this semester. The petition has generated about 200 signatures—roughly a quarter of business students. Humber's Network and Computing Services is searching for a solution to cope with students' complaints.

Business students have been falling further behind on their computer-based tests that make up 30 per cent of their marks.

The tests, which must be completed by accessing a database through computer labs in Humber's F-wing, have been difficult to complete due to a combination of network and software problems, said Humber's call lab co-ordinator, Valerie Sprenger.

Bryan Barcelona and Cheryl Baratto, firstyear SAC reps for the School of Business, have heard students' complaints and have experienced the problems first-hand.

Baratto went to the lab to view the results of a test she completed, only to have the computer crash on her.

"As a student who went through that, I'm pissed off," said Baratto. "The computer crashed I don't know how many times. Others weren't able to get on to the network at all."

Toby Fletcher, chairperson of The School of Business, said that students have been able to make up overdue tests from the failed computer system.

"I want to ensure them a fair chance at passing the semester," Fletcher added.

The School of Business has allowed students

to take their tests during any F135 lab time. The presence of a faculty member is not required, as long as a lab monitor is in the room.

"I was able to write my first test just last week," said Barcelona, even though it was originally scheduled for the second week of school.

Earlier in the semester a shortage of access discs that students had to buy from the campus bookstore to log on to the network prevented Barcelona and other students from completing their tests.

First-year Business Administration student, Lee Cusimano, finished the test program to check his mark, "and then it crashed," he said. "I had to do it again the next week."

"I was able to write my first test just last week."

- Bryan Barcelona

Baratto said it was during the third week of school that students grew frustrated and began to complain, asking where their money was going and what it was being spent on.

"I saw a petition go around. I didn't know if I wanted to sign it or not," she added.

The petition, on behalf of marketing students, expresses their frustration with the system, and demands that steps be taken to remedy the situation.

"They have to put a stop to it now," said Baratto. "It's not fair to have to go through that all term,"

Pinpointing the exact cause of the comput-

er dilemma isn't easy, and it takes time. Sprenger compared finding a specific problem in the network infrastructure to finding a blown bulb in a string of old Christmas lights.

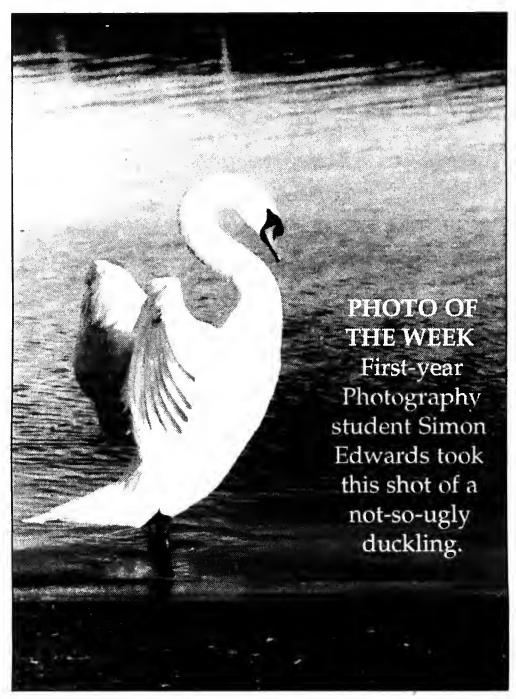
"How do you find the problem when ten might be the problem?" said Sprenger. "You have to try every link on the chain," she said. Humber's Networking and Computing Services began troubleshooting the entire infrastructure, and brought IBM in to help find the weak link in the network, which turned out to be a faulty piece of hardware.

The part was replaced along with several other network components during the third week of school, showing a "significant improvement," in the network's stability said Sprenger.

But even with a smoothly-running network, there are other links that affect how the system works. The software, which Sprenger describes as "problematic," is stored on the network server. Instead of each workstation accessing the software from its own hard drive, "you have to communicate over our Intranet back and forth from your workstation to the software," Sprenger said. "Is it the software? Is it the Intranet? We don't know."

Although the School of Business may still have some problems to work out, Network Services is focusing many of its resources towards solving them said Sprenger, who used to spend nearly half of each day in the business labs troubleshooting. Over the past two weeks, she's spent barely two hours a day in the F-wing, and said that she hasn't been hearing too many reports.

"I wouldn't go as far as to say that it's fixed," said Sprenger, "but it's definitely better."



# Is Humber ready for Y2K millennium mayhem?

by Darren Lum

No one knows what will happen at the stroke of midnight on Dec. 31, 1999, but the Emergency Management Team of Humber College is ensuring that nothing goes wrong here.

"Students can rest assured that the Y2K situation at Humber is under control," said Rod Rork, chair of the Emergency Management Team and vice-president of Administration.

"I believe we have done everything we concluded we should do," he stressed.

Humber's preparations began with a two-day seminar in February headed by Adrian Gordon from the Canadian Centre for Emergency Preparedness.

He also helped with the creation of Y2K Contingency Planning Work Book and the Emergency Management Team.

The Y2K Contingency Planning Work Book is still in the drafting stages. So far, five areas have been examined: hydro/heat contingency, computer technology, student registration, staffing preparations and Communications.

These divisions are used to simplify the magnitude of the Y2K situation, breaking it down to attack potential problems within each division.

Specific althorative plans have been drafted and will be presented to the board for finalization.

One major concern is the possibility of "brown-outs" or temporary power shortages. However, Rork said emergency generators will be used to maintain power.

"We have a plan. It's going to be presented next Wednesday (Oct. 13) to the emergency team and that should finalize the strategy that we will employ towards the end of December," Rork said.

Rork said the main purpose for the Emergency Management team is to increase student awareness of Y2K from a personal standpoint, as well as assure students the college is on top of the Y2K issue.

# Ratna Ray ready for student influx

by Mark Bennett

Chair of the Humber College Board of Directors (BoG) Dr. Ratna Ray, continues to meet the challenges of bringing Humber into the millennium.

One of the many issues Dr. Ray and the board will continue to address is the flood of students expected to enrol at Humber in the near future.

"The college is in the midst of developing the Lakeshore campus, preparing for the year 2003 when enrollment of students is expected to double because of the new high school requirements," she said.

The board is also looking at ways of using technology more effectively. One idea being discussed is bringing college education to students off campus.

"Members are becoming more interested in seeing how technology can be used in more effective ways to deliver education to students who may not be able to come to the college everyday, but prefer to have their education delivered when it's convenient or where it's convenient for them," Ray said.

A mother of two children, she's currently a Management and Communications Strategist with Ratna B. Ray Associates.

She was appointed to the Humber College Board of Governors in 1994. Dr. Ray was later selected board chairperson and is now in her second term.

She draws from her experience in education, business and communications in the role of chair of the board. Dr. Ray said her familiarity with Humber gives her a solid point of reference to lead the board in its planning for the school's future.

"My teaching experience and interaction with students has given me a greater understanding of the issues that students face," Ray said.

Dr. Ray came to Canada from India in the early 60's. She has a PhD in English from the University of Ottawa. She has held many positions in the community.

She has been a chairperson and adjudicator with the Rent Review Hearing Board, a management consultant at Communiqué Pro Group, and Director of the Women's Bureau for Labour Canada. She also taught at York University, and Humber College from 1992 to 1993.

The BoG deals only with college policy issues. The board approves the way money is spent and changes to programs or planning. Day to day maintenance and operations of the college are left to the president, vice-president and senior management staff.

There are 17 members on the Humber College Board of Governors, including President Robert Gordon.

Dr. Ray said the BoG aims to implement programs that will one, help them run the



Ratna Ray Chair of Humber's Board of Governors

school and two, be relevant regardless of how society changes.

The board is also changing. This year, the board welcomed five new members. Nancy Adamo, Janet Dassinger, George Ferguson, and Thomas M. Hennebury were all appointed for three-year terms.

- Nancy Adamo, a former public school teacher, is president and owner of Hockley Valley Resort & Conference Centre in Orangeville. She's also the president and owner of Verdi Hospitality Centre in Mississauga.
- Janet Dassinger, has a degree in Labour Studies from McMaster University. She's an Assistant to the Canadian Director of Training Programmes and Policies with the National Training Fund, United Food and Commercial Workers International Union (UFCW). Before joining the UFCW, Ms. Dassinger was assistant director at the Metro Labour Education Centre in Toronto.
- George Ferguson, earned a BA in Political Science and Economics from the University of Toronto (Trinity College) and an LL.B from Osgoode Hall Law School. Mr. Ferguson's professional appointments include: Queen's Council in 1959; approved as arbitrator by the Ontario Labour-Management Arbitration Commission (1972-1976); appointed to the bench by the Government of Canada in 1976.
- Thomas M. Hennebury graduated from McGill University with a Sociology BA. He recently retired as vice- president, Executive Staffing and Development, Northern Telecom. Mr. Hennebury was vice-president, Human Resources and Adminstration, Bell-Northern Research from 1982-1989.
- Anne-Michelle Derose was elected student representative to the Board of Governors effective Sept. 1999. Ms. Derose is a second-year Business Administration student at Humber College.

## New constitution to give SAC more money

by Sabrina Divell

A new student government constitution will give students the power to spend student money said SAC President Muhammad Virk.

The proposal calls for the elimination of the administration/student group which monitored all student spending. It also will mean a constitutional change bringing both campuses together under one government by April 2000.

"The Council of Student Affairs was the main monitoring body of student funds and student fees," said Virk who worked with everyone from SAC to put into action the proposal created last year by former president Tracy Boyer.

"Right now we have money, but we don't have any control, we have to go to CSA or administration," said Virk. "CSA (is) like a big boss, sitting up there (saying) 'okay guys you can do this, you should do this, you should spend student money this way' and they (have) veto power."

Virk said SAC is limited in the type of projects they can take on because the first step is getting CSA approval. He said SAC hit roadblocks in creating a 24 hour computer lab last year. Virk speculated that helping to fund a project like the clock tower, scheduled to

be built in front of the Library, would have encountered the same response from the CSA.

Boyer gave Virk the blueprint for a new constitution that would pull SAC away from the CSA, and allow it to become a corporation of its own.

Virk said several other university and college constitutions were examined before deciding on changes for Humber. The student

"Right now we have money, but we don't have any control, we have to go to CSA or administration."

- Mohammad Virk SAC North President

government at schools like Western, McMaster, Waterloo, Sheridan, Centennial and Fanshawe, are all corporations.

Virk said the new constitution will help bridge communication gap between the North campus and Lakeshore by having only one president for both campuses.

President Robert Gordon is concerned the joint agreement between the two campuses won't work out fairly. He said the North campus swamps Lakeshore by size, and said he feels SAC could run into problems with the budget and overall voting.

"Prince Edward Island and Ontario, are they equal in Canada just because they are both provinces?" said Gordon.

Gordon also had mixed opinions on handing more financial control to student government.

"I've got mixed minds on it, because on the one hand we can't treat them like children," said Gordon. "On the other hand they change leadership every year, and this is tricky because some of them are better than others."

"(The existing system has) worked very well here for 20 something...over 30 years," he added.

Gordon said he does not want to control SAC, but he doesn't want unnecessary blemishes on Humber's reputation.

"If things go badly, people come back to the college," said Gordon.

Also under the new proposal the president could for two terms.

Lakeshore SAC President Toby Warnell said, the main office will still be at the North campus while Lakeshore will keep their offices allowing SAC members to bounce between the two.

He said the office manager will still be located at Lakeshore.

"Next year, all the executives are going to be elected by stu-

dents," said Virk.

Virk said SAC could possibly have a new name, like Humber Student Federation, to compliment the new format but nothing has been confirmed.

Last year Boyer realized it was time for a change and hired an independent consultant to assess

"(Student governments) change leadership every year, and this is tricky because some of them are better than others."

- President Gordon

the need for SAC to control spending.

SAC hired a company called Berkeley at the cost of \$25,000. At the time she said the amount was well worth spending.

Berkeley assembled a report after talking to SAC, SAA, administration and the CSA. Virk said the report stressed the need for SAC to become their own corporation. Warnell agreed and said the report also showed SAC and Administration needed to change their working relationship.

"We almost need a partnership, a business partnership," said

Warnel!

"It is time (for students) to go on their own but, (they) still will work with the college on a very level partnership," he said, adding the proposal will help make the student council more accountable and responsible for their actions.

One issue Berkeley looked into was the Student Development Fund, which was created to improve the student centre.

Once the student centre was completed, Boyer said the CSA controlled the money.

Boyer said SAC, along with the Student Athletic Association, had to get CSA approval before they could access the money still being collected for the fund.

"Students didn't want to have to go to CSA for approval on using that money for (projects)," said Boyer.

The money was being used for scholarships and trust funds, but Boyer said that the Student Development Fund wasn't intended for those purposes.

#### Correction

Last week's story "New Web site helps young parents cope" was wrong because of an editing error. The LEAP program has no Web site. It's a program for young parents to get help.

# United Way squeegee fundraiser gets SAC-ked

by Nikki Carswell

Last year, SAC raised \$2,000 at the North campus and about \$300 at Lakeshore by having students squeegee car windows at entrances of school parking lots.

Chuck Decker, vice-president of SAC North, is in charge of this year's SAC event.

Due to the success of last year's event, SAC planned to raise money by squeegeeing cars again, but was told by administration there were too many complaints last year from drivers who were delayed in parking lots.

Decker said he's not sure if SAC will be holding an event this year because of the time restrictions.

"I'm still trying to organize something," Decker said.

Meanwhile, Humber's teachers and administration staff got the ball rolling with their annual United Way campaign by holding a barbecue, on Monday Oct. 4.

"(The barbecue) went great except that it was a little chilly," said Val Hewson, assistant to the vice-president Administration.

The event raised about \$400. Hewson said there was a good turnout, but believed bad weatherkept some sudents stayed inside.

Every October Humber's staff and administrators launch a campaign to help support The United Way. Last year, 389 Humber faculty and staff' raised \$39,697 through employee donated money. An additional \$3,705 was raised through many other fundraisers at Humber.

Lakeshore campus started its campaign with a Pancake Breakfast on Tuesday, Oct. 5, which raised \$180 for The United Way.

Nancey Adamson, assistant to the vice president, business development at Humber, has arranged for 35 teachers and faculty to ask for donations from fellow staff members.

United Way is a registered Canadian Charity that is community built and community driven. They have 80,000 volunteers that help more than 200 social and

human services.

Ann Hatch, Fundraising Manager-Education of the United Way said, that their mission is to "bring together people in a common cause of caring." Last year United Way raised \$60.2 million in Canada.

Not only are Humber staff members involved with helping The United Way, but the students are urged to get involved as much as possible. Students can participate in the events going on for the next couple days.

There will be a Mini Putt Challenge on Thursday Oct. 14, and a Grand Finale with coffee, cake and prizes on Friday Oct. 15.

The next fund raising event is called the Royal Mutual Funds Stair Climb for United Way. You can climb all 1,776 steps of Toronto's tallest building—the CN tower.

The student challenge takes place on Oct. 15, from 5-8 p.m. Secondary and post-secondary-



Administration held a barbecue Monday Oct. 4, and raised almost \$400 for the United Way.

dents can take the challenge.

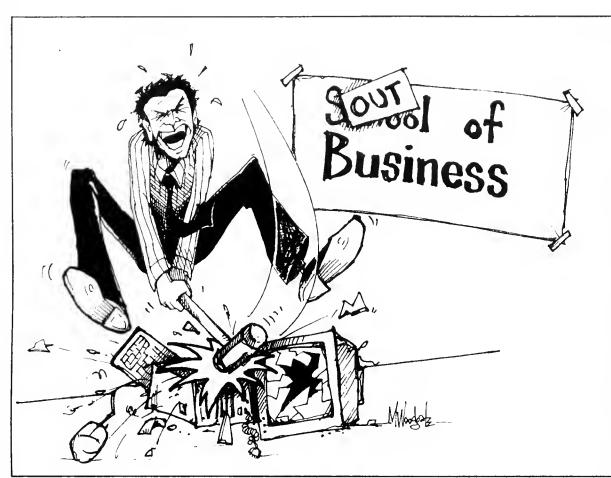
Last year, 7,000 climbers raised \$450,000, the most money ever. Prizes will be awarded to the top fundraisers. For more information on any of the three stair climb chal-

lenges call (416) 761-STEP.

For more information on the United Way call (416) 777-2001. Or visit their Web site at www.uwgt.org

October 14, 1999

# **EDITORIAL**



# Care a little more, dig a little deeper

Outstretched hands covered with filth; cold, shaking, and begging for spare change.

Many people walk by this scene with frozen hearts, convincing themselves that some charity will help those poor souls. But what about when the charities can't help because they lack public funding?

This past weekend the Daily Bread Food bank reported a shortage of 10,000 pounds of food. In fact, they were so embarrassed by the lack of donations given last year, that they didn't even set a goal. The food bank has taken the responsibility of feeding 125,000 people every month, which takes approximately 1,000,000 pounds of food.

Humber, with its massive student body, could easily organize a fundraiser and donate the money to a charity. In fact, Humber's staff has been doing that all week. But a barbecue put on to support the United Way raised about \$400 and that amount, to say the least, is pathetic. What's even more discouraging is that Humber staff attempted to further their fundraising

efforts with Wednesday's United Way Trunk sale only to have it cancelled. There's still hope that the remaining activities for United Way will prove successful. Last year the staff was able to donate \$43,402.

If you take into consideration the thousands of students that attend this institution and only a few hundred dollars was raised from the barbecué? The fact that SAC put on zero events, raised no money, and showed no effort in the cause is a pretty poor representation of the student body.

Humber students showed the less fortunate this past Thanksgiving that our daily stresses and problems are bigger and more important than their bleak situations. However, this blindness is not isolated to college students, it stretches across the whole of society.

Now Christmas is approaching, the season of giving. Maybe, the freezing weather will warm the hearts of Humber and more can be done to help the needy. All it takes is some organization and one can of food to make someone's life a little more hopeful.

# A SACful of your cash Last year SAC paid an indendent consulting firm \$25,000 determine if the Council of Boyer started the push to eliminate the council of Boyer started the push to eliminate the

Last year SAC paid an independent consulting firm \$25,000 to determine if the Council of Student Affairs (CSA) was needed. To no one's surprise, the company's report determined the CSA should be abolished and all control handed to SAC.

This set in motion the idea that the CSA would be dissolved and a new corporation (like the proposed Humber Federation of Students) would be established. The new corporation would control how SAC spends money collected from student activity feesalso known as your money.

As it stands now, if SAC wants to spend your money, they must first seek approval from the CSA, which is made up of three school administrators and seven student representatives.

However, under the new plan SAC will not need any approval to spend your money. To put it another way, the CSA is the only police force and SAC will be firing the sherift.

But just how much money are we talking?

SAC will collect about \$900,000 from student activity fees and their portion of the student development fund.

No matter how you justify it, that is a lot of money being controlled by a student government. In relative terms, it's over one million Former SAC president Tracy Boyer started the push to eliminate the CSA and she argued that if the proper guidelines were implemented in the SAC hierarchy, then they could police themselves. However, Boyer was an ethical, responsible, and diligent, president who cared how students' money was spent.

What if, two, three or four years down the road we elected a crook: a veritable Billy the Kid of Humber student government? President Gordon is already on record saying some presidents are better than others – and he is right.

If you care about how your activity fee is spent, you have two chances to ensure Humber keeps the CSA watchdog. There is a special meeting being held in November at which students will be given the opportunity to vote on the proposal. Your last chance is the annual general meeting in April.

If you decide maintaining accountability in student government is important, bring your friends to the November meeting. Bring a petition. Bring your votes.

If you don't get involved, how long would it be before Billy rides off into the sunset with your money?

### etcetera

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# OPINION-

# Falling for Niagara

After reading my last column a correspondent kindly wrote to inform me that, while he agreed with my assertion that Humber students want to read columns with a little more substance than the usual wrestling fare, he was left feeling somewhat unsatisfied.

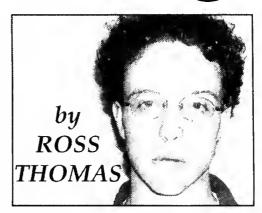
To remedy this, and to make sure that such a thing never happens again, I have instructed the relevant editors to attach beneath my column a sachet of hot chocolate with every copy of Et Cetera. A hot milky drink is always supremely satisfying, and is guaranteed to leave all my readers with a nice warm feeling inside. I hope my instructions make it to fruition.

Speaking of nice warm feelings inside brings me to the point of this week's column: Niagara Falls, Ontario. I went there for Thanksgiving weekend, and, my goodness, what an extraordinary place it is. For the few of you who haven't had the pleasure of visiting it (frankly, you should put down your newspaper and go there immediately), I shall attempt a description.

At Niagara you'll find one of the most beautiful and impressive and moving natural landscapes in the world: two huge and powerful waterfalls, one in America and one in Canada. (The American falls are rather less impressive, which must annoy them enormously, but there you go.) Also in Niagara you'll find one of the most startling and garish and patently out-of-place unnatural landscapes in the world: Clifton Hill, the "Street of Fun."

Imagine, if you can spare a moment, a kind of mini Las Vegas, replete with flashing revolving neon signs and blaring PA systems in every storefront, and vast numbers of fat people wandering around in hideous clothing and eating handheld food, and gangs of gabbling grandmothers disembarking from dirty buses, and parties of clumsy school children dropping their ice creams en masse - mostly onto passing shoes - and Beer Gardens that contain not even a single square inch of anything that might charitably be described as a garden, and swarms of Japanese tourists videoing each other in front of the most unlikely backdrops (concrete walls, pools of vomit, and so on).

That should give you a pretty good mental picture of Clifton Hill. It may be hideous to look at, potentially lethal to those of an epileptic disposition, and quite possibly unhygienic to venture into, but, boy, is it ever fun. In a single street you'll find attractions of all kinds, ranging from food stands of dubious nutritional value ("Try Our Deep-Fried Battered Chocolate-



Covered Sugar-Coated Pretzel-Marshmallows!"), to surprisingly tame haunted houses ("You'll Be Scared To Death, If Only By The Cost Of Entry!"), to morbidly fascinating homicide-related waxwork museums ("Come And See Our Realistic Decaying Corpses!").

The decaying corpses were, of course, the best bit of the whole Clifton Hill Experience. Close behind was the Ripley's Believe It Or Not! museum, which I'd already visited in San Francisco (the Niagara one was practically identical, leading me to believe that this is some kind of franchised museum system). Call me weird, but I can look at display cases of real human shrunken heads again and again without it losing any appeal.

But the very best part of Niagara Falls is the falls themselves, particularly the "Horseshoe," or Canadian, falls. I could stare open-mouthed at it for hours, because it's quite superb. Thirty-four million litres of water cascade over it every minute. I managed to persuade my girlfriend's children that taking the "Journey Through The Falls" would be a good idea (they were insistent that Clifton Hill's Dazzleland would be infinitely superior), and thus had the privilege of standing on an observation deck not 25 yards from the bottom of the falls, being thoroughly soaked by billions of stray droplets, and I thought, "What better place to be?'

You see, normally were I to encounter such a remarkable demonstration of nature's ability to be outstanding, I would consider Clifton Hill to be the very epitome of bad taste. It's clearly awful and as inappropriate as pornography in a nunnery, but at Niagara, it works. I can't explain it.

Perhaps I shouldn't even try to explain it, and just enjoy it, and encourage you to enjoy it. Perhaps that is my function as a columnist. I don't know. What do you think?

Ross is in no way responsible for the pools of vomit.

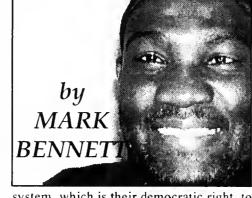
# Pleasing everybody

As a child, my father told me a story about a man and his son riding a donkey to the market where they planned to sell it. On their way they met four different men proposing ways they should be transporting the animal instead of riding it. The men tried to oblige these other men by doing what they recommended. In trying to do the final man's bidding, the donkey somehow managed to escape. The father and son had to return home without the donkey or money.

The father and son lost control of the situation when they tried to please others.

I see our justice system losing control in the same way if it continues to yield to interest groups, religion and individuals who break our existing laws and justify that by saying what they did or what they're doing is morally right.

The only way the Supreme Court can enact new laws is by squashing the old ones. Most Canadian laws were passed hundreds of years ago and probably should be changed or struck from the books, but the question is: where do we draw the line? Far too many people are breaking our laws and making a mockery of our justice system. They challenge the



system, which is their democratic right, to avoid punishment. But do we have to make changes to suit their choices?

Take for instance the case of Robert Latimer, the farmer from Saskatchewan who deliberately killed his severely disabled daughter, claiming that it was the right thing to do to end her suffering. A lower court found him guilty of second-degree murder. He's now appealing that conviction before the Supreme Court stating that the moral aspect of our laws should be considered when meting out justice.

If the Supreme Court agrees, it would have grave consequences for our laws in the future. Robert Latimer deliberately ended his child's life. Regardless of how he wants to justify his actions, it does not alter the fact that she's dead and he did it – under Canadian law that's murder.

This is just one example of how our justice system can descend down a slippery slope trying to balance laws with changing times.

We live in a multicultural society and it would be great if we had laws to suit every culture, religion, race, interest group, sect and individual. No matter what we do, there will always be nay-sayers.

It's the right of every citizen to argue and challenge the system at anytime but their argument should not take precedence over the greater good of our country. Laws should be changed if they persecute people unjustly and if they affect the majority of our citizens. They should not be changed because of individual beliefs.

If our Supreme Court continues to please everyone who challenges our laws, soon society will lose respect for it.

The laws of our land will never suit everyone. Our Supreme Court judges should take a few tips from the father and son in the tale my dad told me – trying to please everybody is a sure recipe for disaster.

Mark is a second-year journalism student.

Hand in your submissions to the newsroom [L231] or email us

Don't forget to include your name and phone number if you want to be published. We reserve the right to edit for brevity and unsuitable content.

# ON CAMPUS

# Humber's an example for Holland

Colleges overseas are reforming education philosophies and looking here for answers

by Andrea Austin

Forty college managers from Holland visiting Toronto schools on a week-long "study tour", came to Humber College.

They met with administrators to take a look at Humber's philosophy, future goals, and to see how a college from another country has kept its finger on the pulse of changing student needs, and the changing face of post-secondary education.

President Robert Gordon welcomed

guests from Rijn Ijssel College, in Arnhem, Holland. Humber was the second college they visited as part of Rijn Ijssel's project to reform Holland's college education system. Seneca and Sheridan college also opened their doors during the week.

"The world has changed," said Gordon.
"I'm not talking just about the global economy, I'm talking about the attitudes towards public education."

Dick van der Meer, a member of the board

of governors at Rijn Ijssel, said the change in Holland's higher education system is "the product of a merging process of several institutions in adult education."

He said the school's philosophy is changing and it mirrors Humber's way of looking at students as clients and providing them with a tailor-made education.

Van der Meer said the visiting college managers will be looking at Humber's experience, management, curriculum develop-

ment and organizational development.

"We have to combine with the technological revolution, new ways to look at learning and teaching," van der Meer said. "That is what I hope we will see here."

Gordon said one of Humber's basic principles is in keeping a serverclient attitude towards students. He said Humber has moved to the point of saying 'we want you as a lifelong customer."

Michael Harper, Dean of Planning/International echoed these principles as he explained Humber's "Strategic Framework", an outline of the goals for the college.

"Innovation, risk-taking, professional development, those are all things that we believe in, that we



Dick van der Meer, board of governors member at Rijn Ijssel

build into all of our planning," Harper said.

To be flexible, remain competitive and on the "cutting-edge", the school works in close partnership with the community and businesses.

This philosophy is a change from the traditional way of education. Gordon said there is a challenge whenever institutions modify their principles.

The visit from Rijn Ijssel College could have more long-term benefits than a sharing of philosophies and practises. Van der Meer said he hopes this meeting with Humber will be "the starting point" of a new partnership.

Van der Meer said there are funding possibilities between Europe and Canada that can build strong links between colleges.

"You can exchange students, you can exchange the teaching staff, but also, you can exchange experiences and methodology development."



# Post script: memorial pays tribute to friend, mentor and colleague

by Tanya Verrelli

Humber's Music Department will pay tribute to one of its own on Wednesday, Oct. 20th at a memorial concert to raise money for a new scholarship.

The Eddie Sossin Jazz Scholarship Fund is being set up in memory of a man who dedicated more than 20 years to Humber College as a music teacher. He was the co-ordinator of the program since 1987. In May, he died of a heart attack. Sossin was 61.

"A lot of us were very, very close to him," said Trish Colter, head of the vocal department. "He was not just a colleague, but a very close friend. That's why we all really want to (put on the concert) because we all loved him a lot."

According to Colter the concert, which is called "a celebration of a life in music", will feature Humber faculty, alumni and students. Six pieces will be performed, five of which were Sossin's favourites.

One has been re-titled for the occasion. Originally written in the '70s by now retired Humber music teacher. Ron Collier, the piece has been renamed "Post Script for Eddie Sossin."

"Eddie was a very natural, good-natured person,

very easy to work with. He had a very good rapport with his students," said Collier.

The piece features Sossin's favourite instrument, the alto saxophone. He was the first person to perform it when it was written.

For the concert Mark Promane, one of Sossin's former students and a graduate of the program, will play the piece.

Promane began teaching music at Humber 13 years ago when Sossin hired him. He is currently filling in Sossin's place as head of the woodwind department.

"I learned so much from him. I learned more from him than anybody else regarding the business, what it was like, and what I needed to work on," said Promane.

The night will be hosted by Ted O'Reilly, who hosts "The Jazz Scene" every weeknight on CJRT radio.

The concert begins at 8 p.m. in the auditorium located in the main building of Lakeshore campus. General admission is \$10 and \$5 for students and seniors. There will be a cash bar and a reception in the cafeteria following the concert.

# Grads meet industry at HRT awards ceremony

by Tanya Verrelli

The HRT Alliance is having an "evening of excellence" to honour students and industry partners in the hospitality field.

The HRT, which stands for hospitality, recreation, and tourism, sends all of its students on trainee positions in their fields of study to gain work experience.

On Oct. 26, students and the associates who have trained them, will gather in the lecture theatre at the North campus.

"We invite the people who provide excellent or outstanding training for our students in and we acknowledge their contributions," said Dean Wylie, HRT special events co-ordinator and teacher of an eco-tourism program.

According to Wylie, the ceremonies last year were spread over two evenings. This year students and associates will be brought together in order to cover everything at once.

"It gives us a chance to showcase our students to the industry people and vice-versa," he said.

Cocktails begin at 5 p.m. and the awards ceremony begins at 6:30 p.m. The ceremony is by invitation only.

#### Humber lockers missing

by Jenn Cochrane Where have all the lockers

Students who had lockers on the second floor of the K-wing arrived at school last Tuesday afternoon to find them missing.

Melanie Allan, a second-year journalism student, paid for her locker at the beginning of September and was assigned one in the section that was removed. She did not have classes on Monday so she was unaware of a 24-hour notice that was issued.

"I think the people that are going to take the lockers away should give more than 24 hours notice," Allan said. "I never had a chance to take my stuff out."

Normally students are given 48 hours to move out of a locker. These students were given 24 hours to remove their belongings. The notices were posted Monday morning and by Tuesday afternoon the lockers were gone.

Gary Shaw, customer service

co-ordinator was notified during the summer about the renovations that were to be done. Shaw said any students that had lockers in the area have claimed their belongings and have been re-assigned new lockers.

Cheryl Kammings, a first-year journalism student, was upset by the move. She was assigned a locker, and it was removed the same day.

The lockers were taken to accommodate renovations that will take place in the area. Facilities management plans to upgrade the academic offices and the entrance to the M-2 wing. The current entrance is difficult to find because it is set back from the hallway.

The entrance to M2 will be similar to the large entrance to M on the first floor.

"We want to make the entrance more inviting," said Debbie Lamch, buildings superintendent.

The renovations are expected to be completed by Christmas.

# Close the provincial gap and diversity will service the future

by Ross Thomas with files from Erin Lippens

Canada has what it takes to become an economic powerhouse, said internationally renowned journalist Gwynne Dyer in a lecture to Humber students last week.

The ethnically diverse workforce created by Canada's opendoor immigration policy is the key to redefining the country as a global leader in service industries, he

In an increasingly international economy, Canada's hope for economic survival depends on exploiting the creativity of its workers.

"It is clever, user friendly, witty ways of doing something that attracts people," Dyer said.

He believes economic focus should be shifted to high end service industries, able to compete with the rest of the world in finance.

entertainment, and educational services.

Canada's multi-racial society provides a large number of different viewpoints and beliefs, he said.

And through ties with family members still residing in other countries, immigrants have many informal links to businesses around the world.

"And that's important, as anyone who understands how international business really works knows," Dyer said.

In line with this perceived trend, Humber has gradually changed the emphasis of its programs to service programs, said Richard Hook, vice president of academics.

"The nature of our programming, more and more, is looking at a skill set that has people who can perform in an international service economy," Hook said.

"The programs we are adding are dynamic, high level services that can function well in the global economy."



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### Arboretum programs teach kids about appreciating nature

by Andrew Horan

For nearly 20 years the staff at the Humber Arboretum have been helping children from schools around Toronto and surrounding areas get back to

"The kids come to be out and experience what they



Students from John Paul II School explore during Arboretum nature walks

are learning in class," said Christine Fraser, the program co-ordinator for Nature Studies for Humber Arboretum.

A one hour hike is scheduled every day between 9:30 a.m. and 2:30 p.m. year round. Last Thursday a group of senior kindergarten students from the Pope John Paul II School in Bolton took part in the hike.

During the hike, Fraser had the children do a variety of activities such as pretending to be trees to explain how, during the autumn months, the leaves fall noff the trees, break down, and become soil. At the end of this lesson Fraser had the children grab handfuls of leaves to toss into the air.

Fraser also explained what some of the different trees that are found in the Arboretum could be used for. She even attempted to eall chickadees but wasn't suc-

Each of the children was given a handful of birdseed to leave out for the birds in the forest.

The children also got the chance to see an abandoned squirrel's nest, then Fraser told them to hug a tree. It's like "hugging an elephant," she said.

At the end of the hike Fraser handed out green cardboard paper to make bark prints with. A bark print is made when paper is placed over the trunk of a tree and the child scribbles over it with a pencil crayon.

The Arboretum welcomes an average of 50 to 100 children a day for the nature walk.

"The nature walks are based on the class curriculum," said Fraser, "like bugs or ponds." This hike was to get the four and five year olds excited about fall.

# LIFESTYLES

# Sour relationships need a quick escape

by Jason Ritchie

Long gone are the days of the good ole' fashioned cold shoulder when it comes to getting rid of dead weight known as boyfriend" or "the girlfriend."

At Humber College, a deep freeze is setting in that has students ditching their "better half" in ways so callous that Hollywood starlets should be taking pointers on

breaking up from the student body.

Second year Film and lelevision student Vince Demarinis, ranks high on the cruelty scale for his performance in breaking up with his girlfriend of three months.

"Now, I'm not chauvinistie," said Vince, "but she was cheap!"

Demarinis said that every time he and his frugal date would hit the town, she would never offer to pay, but he didn't let it bother him too much.

That is until the last two dates they went on. One of which she stiffed him for a ride home on a Sunday night when transit wasn't running,

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and the next was when they went to the movies.

Demarinis had legitimately forgotten his wallet at home, so his date volunteered to pay, and said that he 'could pay her back' the next time. That was the last straw.

After the movie (that incidentally was a waste of 'his' money), Demarinis let her know how he felt.

August, and after August, forget about it!"

Deterred from dating, Demarinis said. "I lost at the game of love, but at least I got the consolation prize of not having to pay her back."

Second year Advertising and Graphic Design student, Allison Turner was a little more considerate of her ex - boyfriend's feelings, but

> her icy break-up story showed little remorse.

Turner said her and her boyfriend had been dating for some time and he began acting like a "big dick" about a week before her birthday. But instead of him breaking up with her on her birthday, Allison took control and ditched Dick\*.

She broke the news to him on the phone and he began to cry,

But undaunted by the telephone breakup, Dick\* went to deliver the birthday present, maybe with hopes of a reunion.

Allison took what she described as a 'cheap gift', a "ed or something" and closed the door. That was the last of their relationship together.

In the immortalized words of Bob Barker, she at least got a lovely parting gift.

Second-year Film Television student, Ryan Johns was dating a girl around Christmas of 1998. Ryan and his buddies were planning a party to ring in the new year, they had ideas, but nothing

His girlfriend at the time said she wanted to spend New Years with Ryan and was pestering him for weeks to make plans with her.

So New Year's eve rolled around and Ryan had only made tentative plans with his girlfriend for the night. However, friendship beat out Ryan's love life and at the last minute, Ryan and his friends took off and went to the Big Apple, New York city to watch the ball drop. However, the ball was dropped on Ryan's girlfriend.

Somehow she found out about Ryan's adventure and they never spoke to each other again.

But suspecting a break up, Ryan bought no gifts for Christmas while his girlfriend spent over \$300 on a watch and other gifts for him. Ryan never got them.

It seems easier to find guys at Humber willing to spill their hearts about breaking up, but female students are more reluctant to tell tales.

Prepare yourselfl Telltale signs that your relationship is on . the rocks.

-Christmas is coming and he/she said they are broke.

-Similar to Christmas, Valentine's day is coming, he/she said they are broke.

-Similar to Christmas and Valentine's day, he/or she announces they are broke around the time of your birthday.

-You hear the phrase "Will you be dining alone this evening?"

-If you really don't clue in and you hear the phrase "Will you be dining alone this evening, again?"

\*Jason Ritchie's heartbreak tips\*



A quick split prevents heartache later on. becoming very emo-

He was going off to University for September so his girlfriend said she probably wouldn't see him much because of his preparations for school, but after school began, they would have more opportunities (to spend his money, thought Demarinis).

be lucky if you see me at all in

Demarinis's response, "You'll

# Part-time jobs provide security

by Gillian Clair

Humber College students are finding part-time jobs to answer their money problems. Even though OSAP and bank loans are available, students can still fall short when it comes to financial security.

Elizabeth Lumsden, a first-year Advertising Media Sales student said part-time jobs are very important.

"I definitely think students should have a part-time job, even if parents are still paying for everything," Lumsden said. "It helps. It's more money in your pocket."

Lumsden works at PetsSmart on the weekends and at the Humber Community Library during the week. She said she thinks students should work at least 15 hours a week in order to have extra money in case "something pops up."

"For me, work has never gotten in the

way. You just gotta be good with time management," Lumsden said. "It teaches you how to be responsible." Lumsden, for example, makes sure her assignments are done a few days in advance instead of stressing the night

When it comes to paying tuition, buying books, paying for parking, commuting, car payments, and all the other expenses students face, sometimes students are forced into juggling more than one job. However, working too much could possibly put school last on the priority list.

Karen Fast, who works in Humber's Career Centre for student employment, said students will need time management skills to handle both their school schedule and a part-time job.

"I've heard that students who work are actually better students," Fast said. "But make sure you limit the hours

you're working to about 10-15 hours a

Jennifer LeBlanc, a 5th semester Public Relations student, said she worked three jobs last year while still juggling her full-time schedule at Humber.

"School always ended up being last [priority]. Work was first," LeBlanc said. "I think it's good only if you can work 10 to 15 hours a week.

LeBlane said it's important to have a job that will allow you to work around your school schedule.

There are downfalls in having to work on your days off, but it can benefit financially when the bills start piling up.

Leonnie Wood, a first-year Multimedia Design and Production Technician student, works 17 hours part-time at Tim Hortons on the week-

The cost for Wood's extra school expenses, such as purchasing a computer, buying books, and prices for commuting, came out to being the same or more than her actual tuition

"People without jobs shouldn't complain when they don't have money," Wood said. "That's one thing I noticed . . . if you don't have a job, then don't complain."

If her job starts to interfere with her school work then she takes extra time

The prime time for applying for part-time jobs is right now. Many job openings are still available in Humber, as well as at Woodbine Mall, located near the college.

Services offered at Humber's Career Centre include resume writing workshops, one on one help and general direction in self marketing tips.

campuslounge.com

# Youth reach out to food banks

by Michele Ho Sue

with family and loved ones, others donated their time by helping out at the Daily Bread Food Bank.

Those not fortunate enough to provide adequate meals for their household turn to food banks for help.

This year hundreds of men, women and children gathered to help sort food.

Devi Arasanayagam, has been a public educator for the Daily Bread Food Bank for over a year. Five years ago she decided to become a volunteer to help her community. According to Arasanayagam, the Daily Bread Food Bank has been in operation more than 15 years and the need for food has increased.

But, she said, "there is a greater need for food. The solutions are more than just food, there's a need to change social policy (so) people don't have to go to food banks."

She noted that 500 people showed up in the morning alone, but the Daily Bread Food Bank fell short by 10,000 pounds of food on Thanksgiving. So far they have collected 340,000 pounds and are still optimistic they will receive more donations.

The Thanksgiving food drive will continue until Oct. 17. People are always welcome to donate throughout the year.



Youths help sort food at a local food bank.

The Daily Bread Food Bank is one of the biggest distributors of food in Canada. There are approximately 150 agencies in the GTA that depend on the bank for assistance. Shelters, group homes, and churches rely on this organization for food.

"The Daily Bread would not be able to run without its volunteers. The volunteers are the backbone of this organization," Arasanayagam said.

Debbie Bailis, Elana Anzel-Sivkin and Lisa Oberman, all 13 year olds, were just three of the of young people who came to help. To them, the Daily Bread Food Bank is a familiar place. Oberman started volunteering two years ago simply because she wanted to help.

"I think it's a great idea to help others on Thanksgiving and to let them have food because I know I have food, and if I didn't it wouldn't be a great thing," Oberman said.

She said young people should get involved. "I think it's important for young people to come participate in their community. There's a lot of people who don't have food and I think it's a wonderful idea especially for young people. Any person at any age can help out," Oberman said. Her friends Bailis and Anzel-Sivkin volunteer for the same reason, just to give a helping hand.

According to the Daily Bread Food Bank, the numbers of people who need food relief in the GTA is between 125,000 and 135,000 for the past couple of years,

Every year, the Daily Bread Food Bank and North York Harvest Food Bank conduct a survey of food bank households. The results found one in five parents have too little money to feed their kids at least twice a week.

To make a donation call The Daily Bread Food Bank at (416) 203-0049.

### Food Bank Myths

- 1. Welfare is generous and provides more than enough to live on. Fact: Half of those who use food banks are on welfare.
- 2. Poor families have a lot of children, just to get more welfare.
- Fact: Contrary to what many people think, families are not large, three quarters of households have three or fewer people.
- 3. All people who need food banks are either teenage punks or old guys with drinking problems.
- Fact: Two out of five food reciepients are children. One out of three is in his or her 30s or 40s.
- 4. A good education will protect you from needing a food bank.
- Fact: 20 per cent of the people who need food banks are college or university graduates. 40 per cent have a high school diploma.

Information provided by the Daily Bread Food Bank

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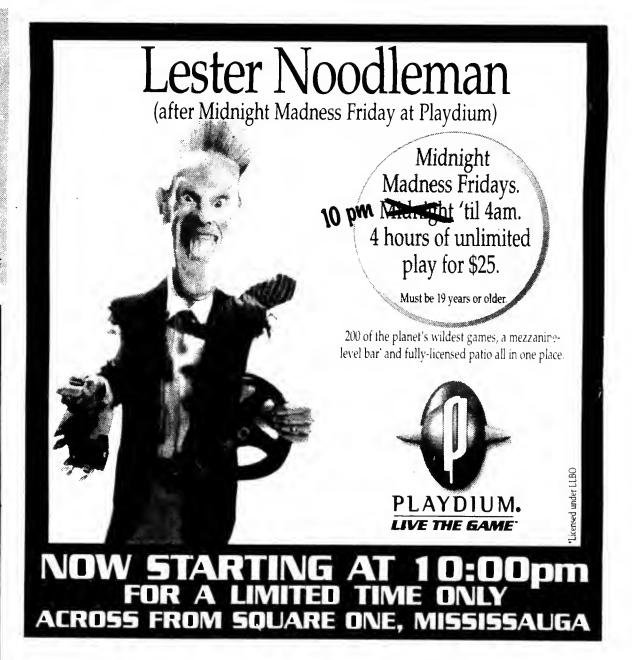
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# Decorate with mehndi

by Mona Patel

It can be a tattoo or a temporary ride on the cutting edge or kinda sexy.

It's not a lifetime commitment and does not harm the body in any way.

Mehndi is the ancient art of body decoration that creates intricate patterns on the hands and feet. It has become a popular body art that has become a trend in the Western world.

The paste is made from ground, dried henna leaves. Henna is also the Persian name for a shrublike plant called Lawsonia Inermis. Using henna to decorate the skin originated long ago in India, the Middle East and North Africa, where the henna plant grows.

This art form varies from cultures to countries. The designs also differ accordingly.

Henna designs are an integral part of Hindu mythology. It is placed on the hands and the feet of women during big festivals.

Marriages are the main occasions where brides are decorated with the intricate designs.

Alka Malavia, a mehndi artist from Mississauga said "the mehndi is done for festivals, weddings, religious ceremonies, and fasting days."

The night before the wedding, women gather together and devote their time to having the designs applied to the bride-to-be.

Chetna Sangani, a professional in mehndi design in Toronto said the women also enlighten the bride-to-be on the mysteries of married life, and how she does not have to do household work while she bears her wedding henna designs.

"The belief is that the longer the colour lasts, the longer the love and luck lasts," explained Sangani.

Henna is a natural plant dye and the colours produced are shades of orange and deep red. The better the quality and freshness of the powder the more vivid the colour.

The henna colour and designs usually stay on for about one week to one month. Many factors determine the length of time it will last: quality of the henna powder, skin type, what part of the body it is applied to, how long the paste is left on, and how often the area of the design is washed.

Henna should be left on for over four hours to get a good colour.

"Some girls also sleep with the henna paste on their hands so that they get a darker colour," Sangani added.

Decorating the body with henna became more popular and fashionable after Madonna displayed designs at various awards ceremonies and in her music videos.

"I think that henna became more trendy after Madonna started using it and brought it out into one of her videos," said Sandy Sahota, a computer-programming student.

The Artist Formerly Known as Prince, No Doubt singer Gwen Stefani, actresses Demi Moore, Mira Sorovino, Angela Bassett and Sharon Stone all have been wearing intricate designs on their hands too.

Looking through various magazines and even in the hallways of Humber College, many girls from different racial and cultural backgrounds are getting different parts of their body decorated with henna.

The most popular places of the body to get designs done are the surface and palms of the hands, arms, wrists, feet, ankles, stomachs and lower backs.

Sangani also mentioned that one of her clients (who are not East Indian or Arabic) wanted mehndi done on her hands the night before her wedding.

Sangani wasn't surprised to hear that a girl from a different cultural background would want to have mehndi done for her wedding.

"Henna has become very popular in the fashion world and I think that people like it because of the extravagant designs, it is a temporary form of body painting or body tattoos, and also because it is nontoxic and made out of natural herbs," said Sangani.

Second-year Fashion Arts student, Allisha Desai said she likes the idea of mehndi designs being put on the body.

"The last time I had it done on me was for my cousins wedding which, I have to admit, looked quite amazing," she said. "Now, since it has become fashionable, I can have it on any time I like. It's just plain fun and gives you an excellent opportunity to decorate your physical being."

Henna can also be used as an alternative to chemical hair dyes.



Mehndi decorations celebrating a marriage.

#### Create your own mehndi kit at home

You can purchase henna powder packages from any Indian grocery store, the Body Shop or some drug stores for about \$2-\$5.

After it has been purchased, mix the henna powder (2 table spoons) with fresh lemon juice (1.4 tea spoon), 1/8 tea spoon of sugar and 1 tea bag in 1/2 cup of water tea water

The mixture should be stirred until a thick muddy paste is formed

Then the paste should be covered and stored overnight.

The melindi can be put into a cone made out of a thick transparent sheet of plastic, which is about half the size of a letter size paper then should be taped up at every edge and corner

The next step would be to cut a tiny whole at the tip of the cone to allow the mehndi to come out really thin and smooth.

The general price range to get hands designed professionally would be from \$10-\$50 depending on how much surface is covered and how difficult the design is.

-files from Mona Patel





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# HEALTH

# Battling herbal and antibiotic medicine

by Melanie Irvine

Tith this year's flu season just around the corner, people are taking a more herbal approach to their health to avoid using traditional medical remedies.

Dr. Piyush Patel, immunologist at the Credit Valley Hospital, said that the only prescription a doctor can give a patient with a cold or flu is lots of bed-rest and fluids, along with some Tylenol or Advil.

But for those students who try to avoid the doctor's office whenever possible, there are new alternative methods that mother nature provides.

Dana Yates, 22, a Public Relations student said she's tried conventional methods but now uses such natural remedies as echinacea and vitamin C to fight her cold and flu.

"They're more preventative than just taking an antibiotic," she said, "I like the thought of using something that works with my body."

Simone Gabbay, founder of the Holistic Nutrition Centre, said you can use herbals such as echinacea, goldenseal, yarrow, and garlic to boost your immune system. You

can find all of these in capsule as well as tincture form which is its purest and most concentrated form.

"If you take these at the onset of the illness, in fairly large quantities, you can often stop the flu or dramatically shorten its life," she said.

For other preventative methods, people can drink peppermint and thyme teas to give the body that extra boost. For nasal problems, Gabbay recommends aromatherapy using eucalyptus or olbas oil to help clear up a stuffy nose.

Dr. Patel said antibiotics should never be used before an illness

as a preventative drug.

"People can develop an immunity to antibiotics by overusing them," he said.

But just like the body can become immune to antibiotics it can also become immune to some herbals. Gabbay said that even

though they're healthy you can still take too much just like drinking too much water.

"You have to be careful with anything you put into your body," she said, "just keep it in the recommended amounts."



Herbal or antibiotic medicine? Which will be more effective and help you get over the illness?

Public Relations student said he thinks overmedicating is a common problem these days.

"It gets habitual for some people. I think generally everybody does it but I try to avoid it," he said.

tative people can take is the flu shot. What this vaccination does is introduce dead strains of flu virus into your body.

"When you get the shot, your body develops antibodies to work against the virus if you get it

> later," Patel said. "You have to introduce it to your body for it to learn."

The only problem with herbal remedies is they aren't recognized by medical doctors who usually only deal with prescription drugs.

"There are no studies that show herbs can fight the flu and I don't

Kyle Turk, 23, a third-year recommend any," Patel said.

The mothernature.com consumer's guide to echinacea reports recent findings show, "proportions of participants receiving echinacea who developed an infection were slightly lower than placebo, but chance. The same guide also reports, "A review of five healthy volunteer studies on the immuneboosting effects of echinacea suggested that the herb enhances the activity of immune cells known as phagocytes."

The only thing scientists can say is that echinacea contains compounds known to activate white blood cells and boost the immune system.

Gabbay said there have been extensive studies done and printed in major medical journals.

"There is not any one physician that can deny this," she said, "but instead of us rejecting each other we could work together and get greater results."

Although there are few doctors who work with both traditional medicine and herbal, the majority still don't accept their preventative abilities of herbs. Some health plans still don't recognize herbal and natural therapies and won't cover them but will cover prescription drugs.

Gabbay said that the herbal world is slowly making progress but, "it really needs a complete change of thinking on society's

#### What tea will do the job for you?

If you're suffering from an upset stomach, Inlie Pegg, a naturopath in Toronto, suggests drinking either ginger or peppermint tea to soothe the ache. For anxiety or depression, lemon tea is very relaxing and if you feel a cold coming on, drink echinacea. Golden seal is used to increase white blood cell count and can be more effective than Echinacea to boost your immune system.

Boneset is highly recommended by Pegg to comput the fln. and conomile will help relieve gastrantestinal weset.

Red Clover is used as a detoxification agent and can help improve skin conditions like eczema.

#### The only other medical preven-Helpful and healthy to the tea

by Erin Henderson

s the cold weather quickly approaches, and sounds of coughs and sneezes Lecho through your dorm, classroom, and lunch table, take solace in the fact that

Tea has been used for centuries by people around the world looking to enhance their health and physical well being.

"There are many specific types of herbal teas which are used for very specific things," said Julie Pegg, doctor of naturopathic medicine and a registered consultant. Pegg suggested if someone is looking for a medicinal tea to treat an ailment, the best thing to do is go to a herbal store. There are several stores throughout the GTA, and they're perhaps the best because they carry teas of a stronger and purer consistency.

Pegg suggested purchasing loose tea leaves to better control the recipe and blends of the teas. She said teas can have as many as three to 20 different functions and combining them properly can be more effective than just drinking one kind.

"I never have a client coming in for just one thing. They often have five to ten things going on, emotionally and physically. So they want to address a bunch of things at once, instead of

drinking ten different teas ... and, if you blend it accordingly, a person doesn't have to take a lot of something, just the right thing," she said.

If a patient is suffering from a severe ailment, often naturopaths will prescribe a tincture, which is a liquid herb that is stronger than a basic herbal tea and is easier to administer.

"Teas are not as potent or strong as other things... something of a deeper cause you may need either to take the tea for a much longer period of time or get something that's more potent like a tincture," said Bryan Timothy chair of Nutritional Sciences at the Canadian College of Naturopathic Medicine.

Green tea has been receiving a lot of positive press lately, because it has become widely known that green tea is an anti-oxidant which may help lower the risk of cancer. Although science suggests that anti-oxidants have very positive effects, Timothy said he hasn't seen any North American studies that support this claim.

"I don't know about the true scientific proof out there. I can't really say that I've read anything stating that true fact in the way that we in North America look at experiments... I can't



Pick a tea, an herbal remedy awaits you.

say that yes it has been proven," said Timothy.

According to the Big Cup coffee company at www.bigcup.com, tea dates back to 2737 BC. It was originally discovered by Chinese Emperor Shen Nung, a herbalist and scholar, who realized the medicinal power of tea.

It wasn't until about 1368 AD that the current brew process of tea became popular, although using tea as a healing power is still widely used by cultures all over the world.

## Join Humber staff and students and Bee fit

by Erin Henderson

Eulty are running, stepping, and lifting their way to better health, thanks to Bee Fit.

All the sweating is paying off too. According to Amanda Brander, a secondyear Graphic and Package Design student and a weight room supervisor with Humber's athletic center, many of the participants are already seeing results.

"You can see a difference in a lot of the girls – and some of the guys that are on it – that first came in here, and just after a month, you can see a difference," said Brander.

Marty Robbins, a first-year Nursing student at Humber, has been on the Bee Fit program since September and recommends it to anyone.

"My whole muscularity has gone up, I think," he said.

Bee Fit is an exercise incentive program supervised by Leanne Henwood, the fitness coordinator at Humber College. Henwood said the program's participants have "more than doubled" since its inception last year, and

credits the athletics staff with simplifying a previous fitness program that has been available over the last few years, into one convenient package.

With every workout session, the participant earns one check mark that goes towards different prizes. Twenty check marks earn a water bottle, 50 gets a towel,

and 100 checks receives a T-shirt and "Beefiticate Certificate." Henwood said the program was simplified to make exercise easier for everyone, but it's designed in such a way that cheating is difficult.

"Our goal was to have an incentive program that was easier for the students to do," Henwood said. "We wanted people just to get active."

She said that 80 per cent of those registered for Bee sports to be able to get active and to be healthy," said Henwood.

Bee Fit is open to everyone at the college, but Brander said Bee Fit is made up mainly of women. She said women are generally seeking

"It's good. It gives you a chance to see other people. You're working out, but at the same time you are socializing," she said.

Henwood said anyone can participate in the program because the fitness options are unlimited. Newby

"I do most of my work in the pool. I've tried the kickboxing. I've tried the stability balls. But I tend to go the aqua fit and do lengths," Newby

There are no solid rules to Bee Fit, the only requirements participants have to follow is to have at least 10 of their workouts per semester at Humber, and each session is to last a minimum of 20

minutes.

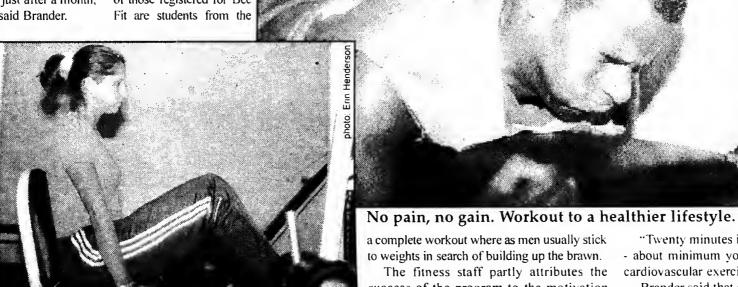
said.

"Twenty minutes is a good period of time - about minimum you want to do for some cardiovascular exercise," Henwood said.

Brander said that exercise is an important component to today's lifestyle and that Bee Fit is an easy and fun way to get the physical activity, and energy, many people lack.

"[Bee Fit advocates] the full and proper fitness workout and lifestyle," said Brander. "Pretty much just healthy living."

Henwood will know just how successful the Bee Fit program is by December. That's when most of the first semester's cards will be submitted for tallying and prizes will be given out.



Humber offers the equipment, so help yourself.

college and staff make up the remaining 20 per cent. Although the athletic department has a number of intramural sports available as well as a weight room, she wanted to create a program for those interested in fitness but not necessarily

"We wanted to have something that would be for people who aren't really into

a complete workout where as men usually stick to weights in search of building up the brawn. The fitness staff partly attributes the

success of the program to the motivation it provides. The incentive of winning prizes, and the social aspect Bee Fit offers is a huge support for many participants.

"I'm finding it very motivating," Robbins said. "I'm finding it's keeping me a little more prioritized."

Dalyce Newby, the International Student Advisor at Humber, has been participating in Bee Fit "on and off for the last few years." She said the social aspect of the program is great for her.

# Sitting on public potties may be safe

by Natalie Davis

To sit or not to sit, that is the question. Despite what your mother may have told you, according to various health professionals, sitting on a public potty may be perfectly safe.

John Coleman, a health inspector at the Toronto Health Inspections West Division, said there are no health risks associated with sitting on public toilet seats.

Coleman, who deals mostly with disease control and sanitation for the food industry, said that he has never heard of any cases in which someone has gotten sick from sitting on a public potty.

"The biggest risk comes from actually touching the handle," said Coleman. "Washing your hands before you leave is the secret."

Marg Ann Jones, registered nurse at Humber's Health Centre, agreed with Coleman and said that hand washing is "the most important thing."

Jones also said there are no health risks associated with sitting on a public toilet seat.

"Unless your thighs have eczema on them of course,"

Jones added the concern with sitting on the seat is more a question of "aesthetics," because people always believe that their washroom at home is cleaner than a public one.

"People worry about the wrong thing," said Jones. "Germs are spread from people to people, not from toilet

Brenda Simpson, a hospitality student at Humber, said there is nothing unclean about sitting on a public toilet seat. "I don't think there's anything wrong with it," said Simpson. "However, I do always wipe it down first."

Carol Anderson, the Humber College campus facilities manager, said that the janitorial staff at the college makes an extra effort to rid the washrooms of all germs and bacteria.

"The toilets are actually cleaned three times a day with a

germiçidal cleaner," said Anderson.

Public institutions in Ontario are required by the Ministry of Health to clean their washrooms on a regular basis, and at all times have liquid soap along with hot and cold running water.

In addition, some restroom facility manufacturers have gone to great lengths to prevent the transfer of bacteria. Many now create facilities that rely on a 'no-touch' system, eliminating the need to flush, or handle taps or sensors in public restrooms. Many also offer paper toilet seat covers to eliminate direct-touch with the toilet.

However, despite the efforts and promises of some washroom manufacturers to ensure disease-free facilities, for many students, such as William Davidson, a Humber Business student, sitting on public toilet seats is completely unhygienic.

"I think they're dirty," said Davidson. "I never poo in a public place, but when I'm desperate, I hover."

# ARTS

# Gomez returns with Liquid Skin

by Michele Stefancic

'n two years Britain's Gomez has become a musical phenomenon, Lenjoying huge success on home turf and sustaining minor popularity in North

The five-piece band has been declared Best British Newcomer of 1998, won the prestigious Mercury Prize Award, and their debut release, Bring It On, was voted the Best Album of 1998.

Although it's been a year since Bring It On hit store shelves, lan Ball (guitars/vocals), Tom Gray (guitars/vocals), Ben Ottewell (guitar/vocals), Olly Peacock (drums), and Paul Blackburn (bass) took a month off to write 30 new tunes between tours in North America and Europe. The 20-something band then narrowed the 30 tracks down to the 11 solid tunes found on their new release, Liquid Skin.

In town recently to promote their second CD release, and to perform at the Opera House, members Gray and Blackburn said the creative process and forming of Liquid Skin came by a natural progression.

"We recorded Bring It On and carried on writing. This album kind of made itself. We're always working like that (writing all the time), it's not like we stop and go 'we don't have to record now for awhile,' it's not like a job. It's what we do for fun," said Gray over a cup of coffee at his downtown hotel.

"It is that simple I'm afraid. There's nothing complicated about it," added Gray.

Growing up in Southport England, Gomez members have been mates since childhood. To occupy their free time during summer vacations, they would record demo tapes in a four-track studio built in a garage. Eventually a copy of their seventrack demo tape fell into the hands of their manager, and a bidding war ensued between 20 major record companies who were interested in signing the band.

For the recording of Liquid Skin, Gomez



Gomez members from left to right: Ben Ottewell, Ian Ball, Olly Peacock, Tom Gray and Paul Blackburn

occupied a 15 century style mansion in the English countryside for a month. With 20 acres of land to roam on and a party atmosphere to influence tracks like 'Hangover Girl', and 'Bring It On', Blackburn said the retreat-like location did have an impact on their new tunes.

"We got that party atmosphere in there. Some tracks you've got like 15 people hammering away on things. It was crazy. They had secret passage's behind bookshelves," said Gray.

"We wanted time to go away and get some of the writing finished and some of the recording started officially. The second song was recorded at the mansion ('Revolutionary Kind'). 'Devil Will Ride', was written there, and bits of other songs were written there," added Gray.

The band isn't a household name in North America. The success of British artists like Robbie Williams, and Oasis have gotten out of hand, leaving 'rock stars' little or no privacy as their lives have become a public display. The same can be said about Gomez in Britain.

"What happened in Britain was a phenomenon, which was difficult because we weren't having hit singles. It was kind of crazy, people were just kind of finding out about us and then (the press attention was) getting overwhelming," Gray said over his second cup of coffee.

Blackburn is quiet and reserved while Gray is hyper, and cheerful. The duo comes off as being very down to earth. Telling their favourite jokes, and reminiscing over childhood memories, Gray said the secret to remaining grounded is "by being the same people we grew up with".

"We all know each other from when we were the same dickheads we were as kids. If someone starts behaving like they're some kind of star, it's like 'you're not a star, you're the same little dweeb I grew up with," said Gray with a laugh.

"Occasionally you find yourself, where you've been travelling for five days, and you've not had any sleep and you're playing a show, you start shouting at people," continued Gray, adding, "Prozac helps us deal with it."

Gomez all share a strong passion and enthusiasm toward music. They don't view their musical venture as a career, but claim they've always performed, written and recorded simply because it's fun. Their initial reaction to signing a record contract supports this enlightenment.

"Those first six months (of being signed) was us sitting around going, 'we got a record deal!" Gray said, laughing.

Being in a band can sometimes affect your creative process. The thrill of continually pushing yourself to achieve new heights and continually producing music can start to

"We inspire each other. Learning about new sounds, playing with things, bringing things into the picture, listening to a lot of music, and playing with a lot of toys (helps us)," said Gray.

Since Gomez have been at this music thing for most of their lives, fans might wonder what they might have done if music had not gotten in the way.

"We studied, or just left university. I was doing politics; I was about to come out to Washington, D.C. to work for a senator. I was up for an internship," Gray said.

"Then the record companies got excited about our little tape, and literally we became a band," added Gray.

Regardless of achieving rock star status in Britain, whether Gomez cares to admit it or not, the band has chosen to "keep it real," as Blackburn admitted.

"In Britain people tell us we're this big huge band. We're musicians we're not stars. We're not playing the fame game, we're playing 'listen to our records' game," said Gray.

Keeping it real on Liquid Skin, fans can expect to see Gomez return to Canada sometime next spring.

For more info on the band check out their home on the net at: www.virginrecords.com/Gomez

### Spin the latest drum, bass tunes from heavy-sounding Metro Breaks

Toronto

best drum 'n' bass is not emanating from across the pond. The artists on this comp prove the colonies are just as capable of producing quality D 'n' B. Fans of groups 4 Hero Roni Size and Reprezent will enjoy Kinder Atom's pairing with reggae crooner Michael Rose on 'Illegal'. The rest of the

Metro Breaks '99 - Deeper CD moves into jazz and techno influenced ly been listening to a lot of Plug. The song Drum and Bass From Darkest D'n' B. Most of the tracks are danceable, such as Visionary's 'Rising' and Doy's 'It's jazz and jungle are two genres that is good On', but others fall into different cate- when combined. Freedom's 'Pineangel' is The follow up to last year's Metro gories. Don Renk's 'Hornet' is a good reminiscent of DJ Shadow's 'Midnight in a Breaks compilation proves that some of the track but suffers from too many similari- Perfect World.' This is not a slight. The ties, to New York's Mocean Worker's 'Detonator'. Samples from jazz are tunes set to a hard jungle beat. J. Haynes's 'Newmelt' shows us what would happen if artists like Plastikman or (More) Auchtere started exploring the realms of D 'n' B. Lazer Nesic's 'Sweet Victory' has obvious-

has a very jazzy feel to it and proves that strong closing track, Kinder Atom's 'MMMM...', finishes a good compilation of Canadian D 'n' B. The only complaint is that a lot of the tracks are slightly derivative of other artists material.

Andrew Horan





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# Romance sizzles on big screen

by Tracey Ballantyne

omance, written and directed by Catherine Breillat, is a critically acclaimed erotica film from France. However it is doubtful that North American audiences will be able to see past the explicit sexual content of the movie to see that it is indeed brilliant.

Breillat has created an amazingly shocking, yet intelligent, film. Romance is an in-your-face story of how one woman explores her sexuality through affairs ranging from passionate to sadomasochistic. Breillat has been known for probing the most uncomfortable ideas behind love, sex, and death, but with Romance she really pushes the

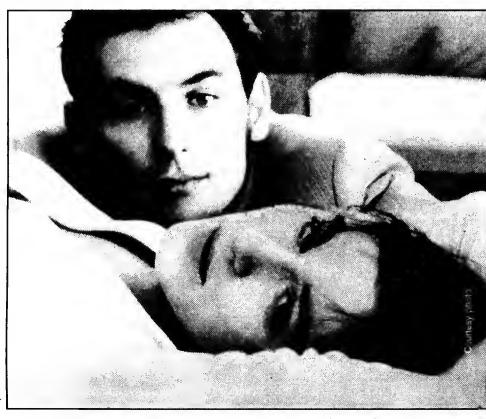
Romance stars Catherine Ducey as Marie, an elementary school teacher, who is stuck in a controlling and nonsexual relationship with Paul (Sagamore Stevenin) the man she loves. This isolation and humiliation drives her to look for fulfillment elsewhere. While her boyfriend sleeps in their all-white apartment, Marie drives through the dark streets of France looking for 'romance'.

While audiences are used to seeing men portrayed in movies as the sexual aggressor, jumping from one partner to the other, it comes across as almost disturbing when we see Marie doing this. Breillat pulls it off without making the movie too soft or emotional.

Through a combination of interior monologue, probing dialogue and set design, we see Romance go beyond a or monologue of Marie gives us an insight into the hidden thoughts of every woman, many of which are ones we don't want to

pornography to an erotica film. The interi- the end of the movie, we see Marie for the first time dressed all in red, showing an acceptance of her sexuality.

The first of Marie's encounters is with



Romance stars Sagamore Stevenin and Caroline Ducey

acknowledge. We also see the symbolism Paolo (Rocco Siffredi, the infamous porn in the sets and costumes. Marie's apartment and wardrobe are all white, signify-

star), a man who knows how to make love to her, but not how to love her. This scene ing innocence. However, in her encounis beautifully touching. We see the two ters with her other partners, the sets are lovers in bed, while they talk about sexured or shrouded in a dark blue haze. In ality and sex they make love, and then talk

some more.

Marie is unsatisfied by this encounter and soon gets involved with Robert (Francois Berleand) the principal at her school. He teaches her the art of S&M, and the untold joys that it can bring. Robert is not the stereotypical S&M master. He has a nurturing side that comes through when his bondage goes too far, and Marie breaks down in tears. Marie gets quite involved with Robert because "he has a way of tying me up, without tying me down."

Marie's final encounter is with a complete stranger, who engages in violent sex with her on the stairs of her apartment building. This is where we see Marie start to accept her sexuality and her nymphomania.

When Paul starts to feel Marie slipping away from him, he starts to have sex with her again, but it is too late, and he can't handle Marie's sexuality anymore. However they are still bound together because he gets her pregnant. A baby is what Marie had hoped would heal all that was wrong in the relationship, but as she gets closer to term she realizes that Paul has too many faults that she cannot accept.

Though this movie has an almost nauseating sexual content, the underlying story is amazing. It tells the story of sexual exploration through a woman's point of view. This is something that has never been done honestly, and without sugar-coating.

Romance opens, Fri., Oct. 15.

### Zucchero heats up the stage

Zucchero heats

up Massey Hall

by Elizabeth Goncalves

Italy's pop/blues megastar Zucchero proved you don't need a flashy set or eye-piercing lights to dazzle a crowd. .

included a moment when Zucchero, whose voice is reminiscent of Ray Charles and Joe Cocker, took off his glasses and threw his guitar across the stage to an awaiting crew member. He then started into a brilliant harmonica-driven bluesy tune which inspired a sing-along.

As his four-piece band began to play a few bars of

the next song, Zucchero told them to stop. He looked up and out into the audience, then asked for the lights to be turned on so he could see his audience. "It's not just me, it's me and the crowd," said the sweat-

soaked vocalist in an accent.

To Zucchero's dismay the lights remained off. He bid the audience adieu and waved goodbye, leaving the stage as his band played on.

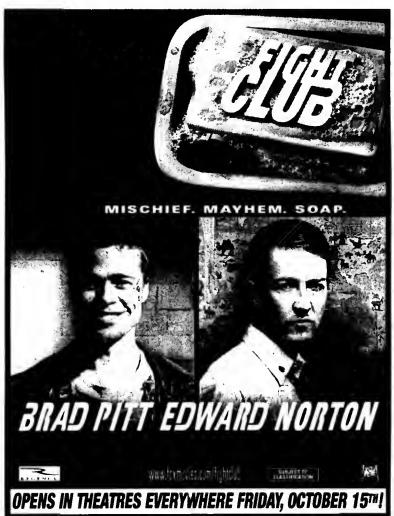
Before long, the crooner reappeared from the opposite side of the stage. With a huge smile and an adorable giggle, he told his appreciative crowd, "I was joking."

Like a child who has just tricked his parents and gotten away with it, he dove right into the next musical offering with precision and blazing

Zucchero jumped into the middle aisle on the floor and said, "I will sing from here." As he walked

around singing he shook the hands of many fans, a lucky few were even kissed. He even surprised a woman standing in the front row with a little squeeze to her cheek, but not the one on her face.

It was a night of spectacular display and musicianship.



As the lights dimmed at Massey Hall, four musicians made their way onto the rather bare stage. As they stood with their back to the crowd, the audience cheered and screamed, "Zucchero, Zucchero." Zucchero began the night on a high note with 'U Make Me Feel Loved. Wearing black sunglasses and a black vinyl jacket, Zucchero performed 'Back 2 U', 'She's My Baby', and 'Senza una Donna'. The near-capacity crowd was enraptured by the sounds of love and passion courtesy of Italy's best-selling artist in history. The highlight of the evening

# **SPORTS**

# Hawks take nose dive as McEwan's side soars

#### by Michael Stamou

fler the horn had sounded, the scoreboard showed Humber's first defeat of the 1999-2000 men's bas-

The Hawks lost a close game to a talented Grant

McEwan college squad by a score of 72 to 71.

A costly foul to Hawks player Kingsley Hudson, opened up a 72 to 69 lead for Grant McEwan with 1:16 left to play in the last half.

The Hawks played well with the exception of a number of turnovers, that should be corrected in time for their next game.

Hawks Head Coach, Mike Katz, was pleased with the play of his team, even though they gave up leads of up to ten points throughout the James Ashbaugh, No. 54, goes for the game but there were some aspects of their game that can be

"It's tough when you lose. I thought every time we got decision making was one such aspect." up eight or ten (points), we turned it over so much that we gave them a chance to come back. They played their third game in three days, so we probably should have been pulling away at the end, but it's our first real game. We are still working on trying to find the right rotation. They are a good



Sydney Jefferies, No. 20 goes for the lay-up

team, so I am not unhappy, but you always want to win a close one," Katz said.

"We played the same type of game, we would get up eight or ten and then kind of piss it away. If we can keep getting up ten points in each half against good teams, that's a good

sign, so we'll work on it," added

The game was supposed to start at 3:00 p.m. but Edmonton's Grant McEwan College showed up a half an hour late, which caused the game to start later giving the Hawks too much warm up

"The other team comes late and we are hanging around, so maybe that had something to do with it, but it wasn't that bad of a first game," said Katz.

The team had a well-rounded

jump ball to start off the new b-ball season, improved upon. Deaveiro said

"We had a lot of turnovers today that I didn't think we needed to have and shot selection," said assistant coach Dave Deaveiro.

The player who scored the most points for the Hawks was No. 33, Jason Francis, with 20 points.

# Men's soccer team initiation stirs up trouble

#### by Frank Monaco

Initiation rites for rookies on varsity teams may become a thing Lof the past at Humber College after complaints about the men's soccer team landed some players in hot water.

Three rookies paraded through the hallways wearing lipstick, diapers, and fake nipples Monday, Oct. 4 at about 3:30 p.m. The initiation took them through the concourse and to the lecture hall in E135 where Public Relations teacher Peter Mills was conducting a class.

"There's a time and a place to have fun and a way to have fun," said Mills of the initiation proceedings. "When you look at some of the policies council has been looking at over the last two or three years to try and allow fun and activities, but also to unload a good solid safe learning environment, I don't think running around in diapers and forcing people to make fools of themselves falls into that good learning experience."

Athletic Director, Doug Fox, heard about the incident from

The incident has raised questions about whether a written policy should be drafted for these kinds of cases. Sports teams have an unwritten policy on initiations addressed in team meetings, but no definite policy on paper.

"It is not a written policy. I think that as a result of this we certainly will have to have a policy (saying) that there are no rookie initiations, period. It's unfortunate because some of the bonding that happens around the playfulness and spirited things is not a bad thing. "When you have somebody that crosses the line, you certainly have to react. That's what we're caught with doing now," Fox explained.

"I don't think running around in diapers and forcing people to make fools of themselves falls into that good learning experience."

-public relations teacher, Peter Mills

Head Coach Germain Sanchez said, "I was quite upset that this happened. It was some of the older guys. (But) at no time did anyone make anyone do something that they did not want to do. The rookies went with it and they were happily participating. It was just something in poor taste."

Sanchez said he suspended one player but he said he wanted the player's identity to remain anonymous.

"The one player came to me apologizing, telling me that he was one of the ones who made the mistake."

Humber College president Dr. Robert Gordon said he was thankful the incident did not involve anything more drastic.

"It wasn't anything that was dangerous or going to affect people. It's not like drinking 40 ounces of scotch in 20 seconds or run-

Dr. Gordon felt that with all the things he has seen globally over the years, ranging from robbery to sexual assault, this was not that serious.

"With all the things we've got on our plate, (Humber) is like Despite the disappointing news, Indongo may still have a a huge city, I can't get too carried away about it," said Gordon.

> Team captain, John Mustica spoke on behalf of the team, "We made a mistake. We're sorry and we'll never do it

# **B-ball star** disqualified

by Kirstin Amin

t the road to success is paved with obstacles, then the I women's basketball team should be on its way to a national championship.

Two days after an embarrassing loss to the alumni team, coaches and players were told that team captain Nantali Indongo is disqualified from playing varsity basketball.

It was Indongo herself who pointed out to Athletics

Director Doug Fox that she has played varsity ball for five years. Indongo told Fox that she played at college in Quebec for two years and three years at the University of Ottawa. Fox realized that with a total of five years Indongo is no longer eligible to compete at the college level. According to QCAA regulations, four is the maximum number of years a person can play for varsity competition.

When head coach Jim Henderson broke the news, Indongo and several teammates cried. The news came as a surprise to most of the players and coaches. Assistant Coach Denise Perrier said, "It's shocking, it's disappointing. She's disap- ning down the highway naked." pointed, the team is disappointed."

Assistant Coach, Heather Curran said the team will suffer without Indongo's leadership on the court.

"It's sad. She's a leader, a natural born leader," said Curran.

role to play on this year's team.

Indongo will be at team practices leading from off court instead of on the court.

# **SPORTS**

# Women's soccer nets seventh win

by John Maida

The women's soccer team extended their perfect record to 7-0 after victories against George Brown and Conestoga last week.

The Hawks are in first place in the Ontario College Athletic Association's Central West division but they have their eyes on a national championship.

Last Tuesday, the Hawks travelled to Centennial Park to take on the George Brown Huskies and pounded them 7-0 in a game that saw both teams switch fields, due to a dispute with park officials.

Park workers said they did not want the entire game played on the main field, fearing that it might be ruined.

The compromise was an agreement to play the first 20 minutes of the first half of the game on an

alternate field with very bad conditions.

As soon as the game shifted to the regular field, Humber poured it on.

Rookie mid-fielder Nicole Hunter, opened the scoring in the 31st minute, and shortly after midfielder Adriana Cataldo, and striker Joanna Vitale gave Humber a 3-0 lead.

The Hawks didn't show any signs of slowing down during the second half. Hunter, Vitale, defender Sandra Troiani, and rookie forward Jesse Burton-Kent all scored.

The Hawks continued to display their solid game-play, defeating the Conestoga Condors 2-0 in a very tight match, last Thursday.

Starting goalkeeper, Angela MacDonald was not in the line-up. Amanda Firth took her place, and was solid between the posts.

The firepower came in the second half.

Vitale scored her 13th goal of the season off a feed from Lauren Robbers. Cataldo scored her seventh of the season with a rocket shot right under the crossbar.

The Humber defense corps performed exceptionally well, keeping the Condors off the scoreboard.

Coach Mauro Ongaro thought the game against Conestoga was a good test for the Hawks.

"The girls were a little concerned after the first half, because the game was still scoreless. With the way Conestoga was playing, they were hoping for a break and for us to make that one mistake, but we persevered," said Ongaro.

Firth said it would be nice to Firth explained. have a perfect season.

Striker Joanna Vitale tops the OCAA scoring list

"We want to take it one game at OCAA in scoring agreed. a time. The most important thing is to win the Nationals, regardless if we have a perfect season or not,"

Vitale who now leads the championships.

"I'm pleased by the level at which this team plays at," Vitale said. She said her goal right now is to win the OCAA and CCAA

# Men's soccer rebounds for two wins

by Frank Monaco

The men's soccer team added column with victories against the Conestoga Condors and George Brown Huskies last week.

Against the Condors the Hawks dominated beating them 4-0, but fatigue was a factor in the next day's game. Hawks striker Jesse Calabro was the weekend's high scorer.

Calabro powered through the Condor defense to drive home the first goal of the game against Conestoga in the 19th minute.

The Hawks lead increased to 2when midfielder Daniel Gazzellone, nailed a loose ball into the net in the 23rd minute. Just before the half closed, a hustle from the entire forward line helped Calabro get his second marker extending the lead to 3-0.

In the second half, Calabro's hat-trick goal gave the Hawks a 4-0 advantage.

"I'm in a pretty good groove. The ball is coming on the ground the way I like it," Calabro said.

The defensive core of Jeff Tait Matt Carr, Brendon Harris and Jason Mesa played a strong game preventing many good scoring opportunities.

Goalies Mike Silva and Vito

Capone shared the shut-out.

Head coach, Germain Sanchez said that the team is taking a different approach toward their oppo-

"We are taking every team very seriously. We are also never giving up. We were up 4-0 and (we) were still attacking hard and going to win every single ball."



Getting the game kick-started with a few warm up kicks.

In their next match, at George Brown the Hawks were trying to exact revenge on the Huskies after last week's tie – the only blemish on the Hawks' record so far.

Humber started slowly and had trouble getting ahead.

At the 15 minute mark of the game, Humber's desense allowed a Husky forward to go in all alone against the starting goalie of the game, Silva, to give them a one goal lead.

Ten minutes later forward, Nathaniel Singleton, won a foot race against the goalie to tie.

Minutes later, George Brown reclaimed the lead on a goal that was barely on-side.

The Huskies took the 2-1 lead into the second half until the combination of Gazzellone and Calabro struck for the second time in two games. Gazzellone made a beautiful pass allowing Calabro to score an easy game-tying goal. Singleton scored the game winner and his second goal of the game in the 25th minute. The final score was 3-2 for the Hawks.

Sanchez said playing two in a row was a factor.

"In soccer you don't see that stuff very often. You just don't play two games in two days. There's just too much running.



Midfielder, Luigi Landauro, takes control of the ball in a game against the George Brown Huskies.

The midfield just didn't do their job today and that's the strongest part of our game, the midfielders."

The Hawks will be without defender Jason Mesa's services next game against Mohawk because he acquired his second vellow card of the season during the game.

Two yellow cards result in an automatic one game suspension.

"We had a bad game and won. We cannot be perfect all the time. It's a good thing that we got the

three points," Sanchez said.

Calabro has scored four goals in the last two games for a total of 10 goals in seven games. He is competing for the "golden boot" or leading goal scorer in the Ontario College Athletic Association (OCAA). The leading scorer in the OCAA (before the Hawks' two games this week) was Jimmy Kuzmanovski of Durham who has scored eight goals in six games for an average of 1.30 goals per game.

# Hawk-ey team ties one, loses one

by Scott Van Slyke The Hawks hockey team went on the road this \_ Thanksgiving weekend looking to gobble up the Seneca Sting and Laurentian University Voyagers.

Unfortunately the Hawks came away empty - tying Seneca 3-3 and losing to Laurentian 3-2, with only eight-and-a-half seconds left in overtime.

In their first road game of the preseason, the Hawks travelled to Seneca on Friday to take on last year's OCAA silver medallists. The Sting stung the Hawks first with an early power play goal that was tipped from the point beating Hawk goaltender Terry Gilmer.

Seneca then made the score 2-0 just two minutes later when a Sting forward streaked down the left wing and beat Gilmer on the short side. The Hawks rallied late in the period when Ryan Duke started

from his own end and, after weaving around three Seneca defencemen, blasted a slapshot just inside the blueline that cut Seneca's lead to 2-1. The Hawks tied it with four seconds left in the first period when Marcus Ludlow took the puck off of the boards near centre ice, cut in off the wing and snapped a low shot that made the game 2-2.

The Hawks rally did not come without a price though, as both Travis McLaughlin and Ryan Heicoop were injured in the first period. Both players will be gone for at least two to three weeks.

The score remained tied late into the third when Marc Hober kept the puck in at the point and got it to Rob Perkovic, who fought off two Seneca defenders and worked the puck in front to Rich McKenzie who scored to make it 3-2 Hawks. But Seneca showed their ability to come back. With less than two minutes remaining, Humber could not clear the puck from their zone.

Seneca blitzed goaltender Brent DeNure, who had replaced Gilmer midway through the second period. After two outstanding saves, DeNure was not able to come up with a third, as the Sting scored and the game ended in a 3-3 tie.

The Hawks then travelled to Sudbury on Sunday forgoing their Thanksgiving turkey in favor of competing against the Laurentian University Voyagers. And compete they did.

Missing eight players due to injury and family commitments, the Hawks gave Laurentian all they could handle. Laurentian opened the scoring in the first period while on the power play when a screened shot from the point eluded starting goalie Brent DeNure.

The Voyagers capitalized on another power play early in second period to make the score 2-0 and it appeared as if the Hawks might get blown out.

Humber began its come back put Humber on the scoreboard.

Then with three minutes remaining, Luke Warburton caught the Voyagers on a line change and rifled a pass down to Troy White who was in full flight and two nifty dekes later the score was tied 2-2.

after Laurentian player Darren Schmidt took a high sticking game misconduct penalty. On the ensuing power play, the Hawks' Chris McFadyen redirected Corey Kennedy's shot from the point to

The game ended in a tie. After some confusion because there is

but when the tournament started the conditions were the worst I've seen for an OCAA tournament in years," said Doug Fox.

"We have a lot of long ball hitters and wind really affects the flight of the ball. We had a hard time adjusting, although, everybody had to play in it," Fox added.

After being down by 16 strokes heading into the final round of the two day event, the men rallied behind Glenn and Geoff Maher who shot a 75 and 76 respectively to bring Humber back to within three strokes of the defending champions Georgian College.

But that would be as close as to play goal that same afternoon they would come as no other Humber golfer was able to break

> Georgian went on to capture the gold for the team event, Humber placed second and SS Fleming (Peterborough) finished with a bronze medal.



The Hawk's offensive line crashes the Voyager's net

usually no overtime in exhibitions, the referee signaled both teams to continue. The Hawks had an opportunity to end the game in overtime when they received their 11th power play of the game but could not capitalize on it.

Laurentian controlled the play the rest of the overtime and, with only eight seconds remaining, scored the winner.

Coach Joe Washkurak was upbeat despite the loss. "We played

well. Both Duane Crocker and DeNure played outstanding and kept us in it all the way. This is one of the most gutsy performances I have seen from a team in all my years of coaching," Washkurak said. However, they are still struggling on the power play and need to win a higher percentage of faceoffs in all three zones.

The Hawks host the Peter Maybury Cup this Saturday at Westwood.

Hawk's forward Rob Perkovic's shot was blocked

### Gold and silver for Humber golf teams by Scott Van Sluke

With their ability to collect precious metal you would think that Humber's Golf teams worked for the Canadian Mint.

The women's golf team captured team play, while the men won the silver medal in team competition.

Angela McDonald won her secnd consecutive individual gold medal while Lisa Proctor carned

her second silver in a row.

"Angela was dominant throughout the tournament," Athletic director and assistant golf coach, Doug Fox said, "Lisa played very well and together they just stood alone."

The Humber coaching staff requested that McDonald be allowed to tee off first on the last day of the tournament on Thursday. The reason? She had to play for the women's varsity soccer team that afternoon. The result? She went out and dominated the field to win her second individual golf championship and arrived at the soccer field in time and shutout Conestoga, as the Hawks won the game 2-0.

The men's side played well enough to earn the team silver, but only one player, Adam Glenn finished in the top three.

"We had a great practice round,

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October 14, 1999

# The Results are in!

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Media Studies		Teresa D'Elia Samuel Hare Laurie Little Chantal van Wijk	0		
Liberal Arts & Sciences		N/A	1		
Manufacturing & Design Technology		Gurpreet Singh Bhamra Steve Watts	0		
Business	,	Bryan Barcelona Cheryl Baratto Nighat Begum Michelle Derose			
Business & Industry Service		N/A	1		
Built Environment		Kevin Gomes	1		
Health Sciences		Camesha Powell	2		
Information Technology &	Accounting	Syed Ali Stephen Anasta <b>s</b> i Angela Budway	. 0		
HRT Alliance		N/A	2		
			7: Total		
Mohammed Virk	President		Information Technology & Design		
Lisa Dawson	Executive Director of External Affairs		Manufacturing Technology & Design		
Chuck Decker	Vice President		Built Environment		

Social and Community Ser	rvices Ross Fernandes Jennifer Haire Martin Jozwa	1
Business	Richard Beck David Golubev	3
Access for Success	Brian DaWood	0
Liberal Arts & Science	N/A	1
Performing Arts	Tina Harding Chris Picco	1
		6: Total
Toby Warnell	President	School of Business
Ana Monteiro	Executive Director of Finance	School of Business
Margaret Ozel	Vice President	School of Business