

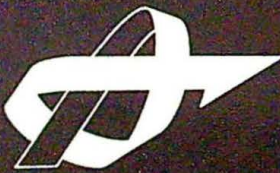
# Humber College

Volume 4 Number 1

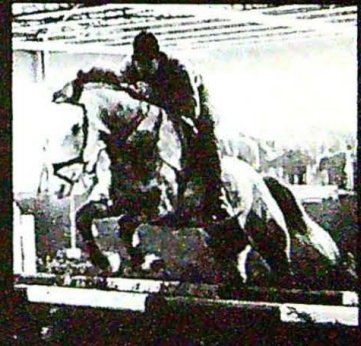
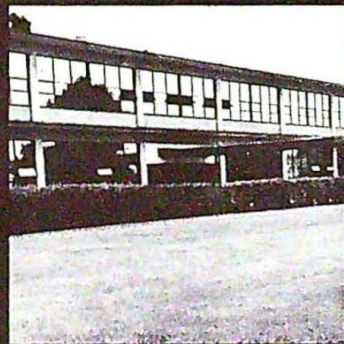
# HUMBER HAPPENINGS

York-Eglinton Centre    North Campus  
 Keelesdale Campus    Osler Campus  
 Lakeshore I Campus    Queensland Campus  
 Lakeshore II Campus    Quo Vadis Campus  
 Lakeshore III Campus    Neighborhood Learning Centres

Office of College Relations Spring 1977  
 Humber College of Applied Arts & Technology



10th ANNIVERSARY YEAR



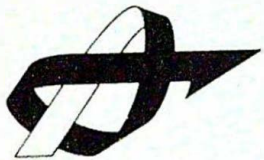
NEIGHBOURHOOD LEARNING CENTRES



Volume 4 Number 1

Humber College

# HUMBER HAPPENINGS



10th ANNIVERSARY YEAR

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 Office of College Relations Spring 1977  
 Humber College of Applied Arts & Technology

Humber Happenings is intended for faculty, staff, students and others interested in the College. All contributions should be submitted through Divisional Contributing Reporters to the Director of College Relations no later than the 11th day of the month preceding publication date.

## 3 What's Happening in Divisions

Reports on events and activities in College areas

## 4 Staff Speak Out!

Comments from Humber faculty and staff on current issues

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Humber Happenings is published five times per year - February, April, June, September and December - by the Office of College Relations, Humber College of Applied Arts & Technology, P.O. Box 1900, Rexdale, Ontario M9W 5L7. Contents may be reprinted without permission.

### PHOTOS ON FRONT COVER

The front cover of Humber Happenings is made up of photos of the 10 campuses of Humber College of Applied Arts and Technology.

The description of the photos are as follows: Exterior of North Campus as seen from Hwy. 27 (1 and 2); exterior of Osler Campus (3); exterior of Lakeshore 3 Campus (4); exterior of Lakeshore 1 Campus (6 and 7); Indian clay sculpture made by Creative Arts students at North Campus (8); Humber Transportation Centre (9); exterior of Quo Vadis Campus (10); exterior of North Campus (11); student competing at Humber Equine Centre (12); exterior of Lakeshore 2 Campus (13); exterior of Queensland Campus (14); the logo of Humber Neighbourhood Learning Centres (15); and the exterior of the Keelesdale Campus (16).

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Editorial Assistant  
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## INTERNATIONAL SPEAKERS AT HUMBER LABOUR CONFERENCE

Many models have been proposed over the last year as alternatives to be considered so that labour groups, government and business can deal with each other more effectively than has been the case in recent times. Such concepts and models as industrial democracy, workers control, co-determination, tri-partism and the adversary system are some of the models that have been proposed by various groups in Canadian society.

Humber's Centre for Labour Studies conducted an April conference called Participation & Power which examined, in great detail, the above models.

Since all members of Canadian society in one way or another are affected by the relationships among organized labour, business and government, the conference was of importance to the 150 people who attended. A number of prominent people from academic institutions, government, labour and the business community, participated in the conference. Some of the key panelists and resource people were:

Tim Armstrong, Deputy Minister of Labour for the Province of Ontario; Dr. Klaus Bohr, Labour Attache, Embassy of the Federal Republic of Germany; May-Britt Carlsson, Labour Attache, Embassy of Sweden; Ron Lang, Canadian Labour Congress and author of "Labour's Manifesto for Canada"; Lynn Williams, Director of District 6, United Steelworkers of America and Vice-President of the same union; Sam Fox, President, Labour Council of Metropolitan Toronto; Cliff Pilkey, President, Ontario Federation of Labour; Walter Pitman, President, Ryerson Polytechnical Institute; Cy Gonick, Professor, University of Manitoba; Jack Weldon, Professor of Economics, McGill University; and Andre Bakerman of the United Garment Workers.

For more information on conferences and courses organized by the Centre for Labour Studies at Humber College, call 675-3111, extension 467.

## HUMBER AND ZENITH LAUNCH SERVICE TRAINING PROGRAM

Zenith of Canada and Humber College have organized a comprehensive service training program that is believed to be the first of its kind in the industry.

The program is designed to educate service technicians on the complex space technology utilized in today's electronic products and to keep them abreast of the constant stream of new developments with an on-going program.

There are a potential 30 graduates eligible for certificates of achievement following examinations as a result of the popularity of the first semester course.

The Regional Service Manager for Zenith, Glen Andrews, said Zenith provides the technical equipment and Humber's Technology Division and Training in Business and Industry Department designed the course.

"The program really fills a gap," said Andrews. "Ten to 20 years ago, manufacturers' seminars were sufficient. But now the products have many new developments and technicians can't keep up. It just can't be done.

The technicians are falling behind and are not fully qualified to service the latest products on the market. At Humber, they're working on the most up-to-date components in all product lines."

The need for such a program and the desire on the part of technicians to take advantage of the course is reflected by regular attendance at Humber by servicemen from places like Oshawa, Niagara Falls, Kitchener and St. Catharines.

## PHOTOGRAPHY STUDENTS VISIT ROCHESTER

Students in the Creative Photography Program at Humber recently spent two days on a Photography field trip in Rochester, New York. The trip was organized by program co-ordinator, Peter Jones and its instructors, W. Blackhall and Adam Sedgwick.

Highlights of the trip included a visit to the George Eastman House, the leading museum devoted to the evolution of Photography and the Photographic Arts and Sciences.

The Gallery displayed original works of noted Masters of Photography, such as Steichen, Steiglitz, Manray Weston, Cecil Beaton, Cartier-Bresson, Feininger, Elisofon, Ansel Adams, Mortensen, Bourke-White Brady, Lange and Robert Capa.

Al Landau, a former Humber student now attending the Rochester Institute of Trades, conducted a tour through buildings devoted to Photographic Arts and Sciences, and included visits to studios, laboratory facilities, colour processing, classrooms and display galleries.

A conducted tour, courtesy of the Kodak Company, of one segment of the largest Kodak Enterprise in the Rochester area was also arranged. This particular segment showed manufacturing automation of Photographic parts and supplies.



## PROJECTS UNDERWAY IN APPLIED ARTS

A number of exciting projects are under way in the Applied Arts Division at Humber.

The Self-Study Program in Applied Vocational Rehabilitation began a little over a year ago and demand for this program has exceeded all expectations. This program is providing courses for staff in sheltered workshops in the community and institutional settings. Six courses are offered during the year and enrolment has ranged from 76 to 110 participants for each course.

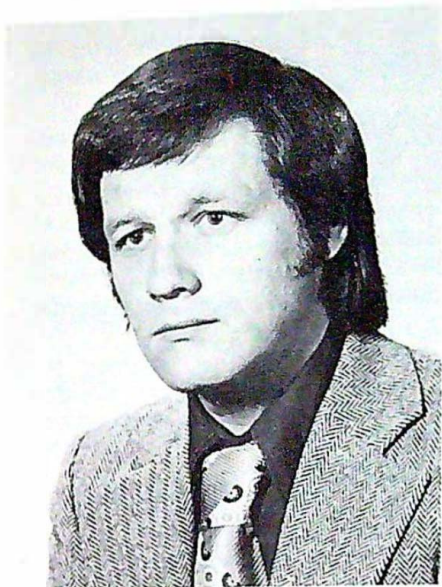
A grant from the Ontario Government has made possible a shared project between Humber College and Guelph University called the Infant Stimulating Project. High risk infants are being provided with a home stimulation program under the direction of instructors Bryan Stanish and Kamal Baig. A training program is also being set up to train volunteer parents to work with other parents of developmentally handicapped children.

Many people have heard of Humber College's Travelling Toy Chest. This project is also related to the Early Childhood Education for the Developmentally Handicapped Program at Humber. This mobile toy lending service is being co-ordinated by Mary Strong-Boag and before long we hope to see the "Toy Chest" visiting communities on a regular basis. Students will be in charge of operating the van and helping children and their parents select suitable toys.

Staff and students have been working hard to raise funds for a creative outdoor play area to be used by children at Humber. Called the adventure playground, those who will benefit are children attending the Day Care Centre, the Developmental Centre, the Children's Activity Centre, Camp Advance and Camp Summer Fun. Students in Landscape Technology are working on designs for the playground which we hope to see materialize this September.

# Staff speak out!

QUESTION: "What is your opinion of the Metric Conversion at Humber?"



"It's a good thing to standardize Canada with the rest of the world. It creates some curriculum problems for us in the Commercial division in the sense that up until now everything has been geared to 8½" x 11" paper. However, I'm fully confident that we will be converted well-prior to the 1980 target date."

Hank Bedard  
Co-ordinator - Business Programs  
Lakeshore 1 Campus



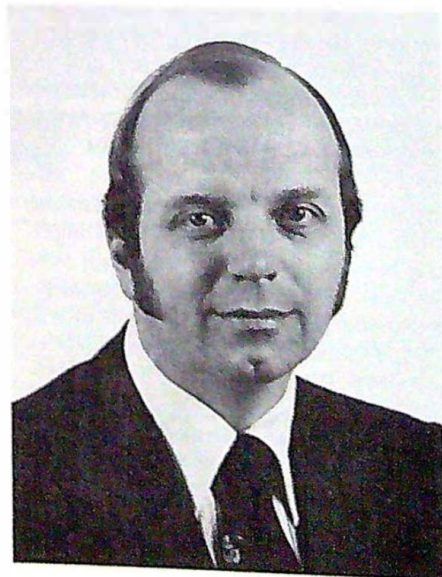
"The metric system is a world wide measurement. We cannot let the world pass by. Nurses have been involved with the metric system for some time. We will adjust to the metric conversion just as we have adjusted to all other changes."

Marion Cameron  
Instructor  
Osler Campus



"There are many arguments, pro and con, to the existing and the metric systems. The most significant advantage for changing to the metric system is that is it one more barrier removed in international communication. I also think that hard conversion is the most economical and most painless route in the long run from a standpoint of students and the College."

Jim Davidson  
Electrical Instructor  
Lakeshore 2 Campus



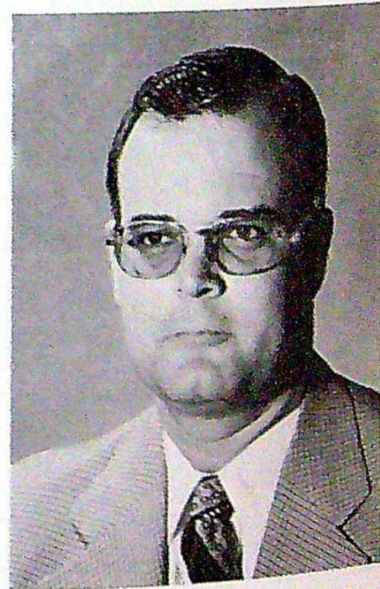
"As part of the Health Sciences Division, the transition hasn't been quite as abrupt for us as for some others. Hospitals and ambulance services have been on metric for many, many years. However, I sometimes wonder if the change justifies the amount of money which is being spent."

Paul Faris  
Instructor - Funeral Service Education  
Program  
North Campus



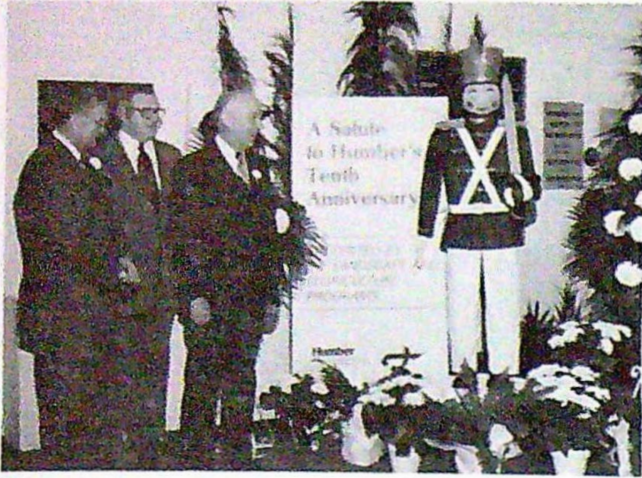
"This is where our new Canadians will have an advantage since many of them are already familiar with the metric system. Canadian-born students will have the problems, but time will rectify that."

Peggy Hecht  
Program Co-ordinator -  
Communications  
Lakeshore 3 Campus



"The change to metric was inevitable. My reading is that the conversion plan at Humber is well-organized and time-tabled with appropriate internal advertising and promotion support. The job now is to back the effort on an individual basis and to have fun at the same time."

Ross Richardson  
Director - Marketing Services  
North Campus



## Profile

### RUSS GEDDES

He can be seen teaching in the Floriculture laboratory or talking to the various plants and flowers in the Greenhouses at Humber's North Campus.

His name is Russ Geddes and he is Senior Program Coordinator for the Landscape and Environmental Studies Department at Humber College.

Geddes was born in Hamilton and commutes 45 miles to Humber each day from his home in Stoney Creek.

He came to the College in 1971 after Flowers Canada, an Association of Florists from across Canada, discussed with Ted Jarvis, Chairman of Humber's Board of Governors, College President Gordon Wragg and Richard Hook, Chairman of the Landscape Department the possibilities of offering a specific educational program designed for the retail florist with a future.

The result was the start of Canada's first Retail Floriculture Program and according to Geddes "it still is". The two-year Program, which attracts students from across the country, includes studying the practice of flower arranging, including design, storage methods and construction of a wide range of floral products.

"I remember starting our program in one room and then moved to a portable," said Geddes. "In 1972, the laboratory was built to add to the greenhouses and the landscape building."

In addition to teaching and the administration work that is responsible for the upkeep of the facilities, Geddes is a member of a number of Committees including the Tenth Anniversary and College Awards. He is also responsible for the colorful floral decorations at the regular Convocation Ceremonies and this year will have an additional task for the 10th Anniversary Convocation Ball at the Royal York Hotel.

Geddes feels it is important to maintain close relationships with the floral industry and as a result is involved with a number of important groups. He has been a past President and member of the Hamilton and District Florists Association and is a member of the Society of American Florists, Flowers Canada, the Michigan State Florists Association, United Flowers by Wire Service and Landscape Ontario. Geddes also finds time to assume Presidential duties of the Main Kenilworth Business Association of Hamilton and his own business, Russell's Flowers of Hamilton, founded in 1959.

His work is also quite prominent and has been admired by people across the world. Geddes has designed floral arrangements for Queen Elizabeth, the Duchess of Windsor and Queen Julianna of The Netherlands. He has been a guest lecturer and commentator for the New York Florists Association, the retail florists of St. Louis, and the Florida State and Growers Association, as well as a number of others across Canada, including the Octoberfest in Kitchener.

During Humber's 10th Anniversary Year celebrations, Geddes organized a Floriculture Week featuring a variety of flowers and plants as well as landscape exhibits prominently displayed for the general public. It was during this week that 3,000 single flowers were also given away free to Humber staff and students.

One of Geddes recent projects consisted of designing and arranging one of the greenhouses into a tropical display house with a variety of trees and plants. Some 500 people have recently toured this facility thought to be one of the finest in the Borough of Etobicoke.

The placement of graduates from the Retail Floriculture and Landscape Technology Programs over the years has been excellent with starting salaries averaging \$9,500. Graduates are now working for such places as Metro Toronto Zoo, the Grand River Conservation Authority, the Ministry of Government Services, the Etobicoke, Metro and Scarborough Parks and Recreation Departments, and a number of private businesses as floral designers, landscapers, arborists and florists.



Geddes says much of the success of these programs is because of the excellent members of the advisory committee.

"I am absolutely delighted to have advisory representatives from a cross section of the industry, such as suppliers, to wire services to people who own florist shops, be associated with us," said Geddes. "People like John Boddette, President of United Flowers by Wire Service; Don MacIvor, Owner of Markham Florists; Pat Humpheries of Florist Trans World Delivery Service; Vic Low, President of Rideau Flowers of Ottawa; Pat Sanders, President of Smithers of Canada Limited and Marguerite Lougheed of Lougheed's Flowers of Sudbury".

"The Landscape Department at Humber is doing well and I am extremely pleased to be part of it", said Geddes. "Everyone does their share from the students to the staff but the people that play a very important role are the advisory committee members, whom we shall always be grateful to."





Hockey player, Eddie Shack, congratulates Ron Smith as Most Valuable Hockey Player of the Year at Humber's Athletic Awards Banquet.

### TOP ATHLETES HONORED AT HUMBER

Humber College honored its student athletes recently at an Athletic Awards Banquet co-sponsored by the Colleges Tenth Anniversary Committee, and the Athletics and Recreation Department.

Ron Smith, a business student, was selected the Most Valuable Player of the Year, on Humber's varsity hockey team. He was the team's leading scorer with 30 goals and 36 assists in 31 games. Terry Maddison was chosen Most Valuable Player on the varsity soccer team because of his outstanding abilities as a team player, and Bob Arbuthnot was selected Most Valuable Player on the varsity basketball team. Arbuthnot, the captain of the team, was the top scorer.



Hundreds of people attended the 50th Wintario Draw at Humber's Lakeshore One Campus.

### WINTARIO HOLDS 50TH DRAW AT HUMBER COLLEGE

The Ontario Lottery Corporation's 50th Draw held at Humber College proved to be a major success as well as an evening of free entertainment for hundreds.

When the doors opened at Humber's Lakeshore One Campus auditorium two hours prior to the Draw, some 200 people were already in line waiting for seats.

Earlier in the day, the Lakeshore One Cafeteria had been turned into a Display Centre with a variety of colorful exhibits about courses at Humber ranging from Equine Studies and Hotel and Restaurant Management to Technology and Landscaping as well as various programs offered by the host Campus. Continuing education displays were also quite prominent including a sailboat with literature describing the part-time courses offered at Ontario Place.

Throughout the evening, people continued to visit Humber's main Lakeshore area Campus and by the end of the evening, an estimated 1,600 people had crowded in to see the live Wintario Draw or had an opportunity to learn about the various full and part-time courses offered by Humber College.



Kathy Sembaluk, Miss Toronto Argonaut, pauses for photo with Humber President, Gordon Wragg (left), and allstar football player Granville Liggins (right).

Athletic letters were also presented to another 60 students who earned them in various intercollegiate and intramural sports at Humber during the past year.

Granville Liggins, an offensive and defensive lineman with the Toronto Argonauts of the Canadian Football League and former National Hockey League Player, Eddie Shack, were guest speakers during the evening and entertained the crowd of 100 with various stories about their sporting careers. Miss Toronto Argonaut, Kathy Sembaluk, was another guest, and assisted in the presentation of awards.



Wintario co-hosts, Fred Davis (left) and Fay Dance (third from left), gather for photo with Florence Gell, Chairman of Humber's Board of Governors, and College President, Gordon Wragg, after successful provincial lottery.

Prior to the Draw, the Humber Stage Band A, winners of the 1976 Canadian Stage Band Festival, presented a one-hour jazz concert.

### WINTARIO CAKE WINNER DONATES IT TO SENIOR CITIZENS

The winner of a huge cake, made by Hotel and Restaurant Management Program Co-ordinator Igor Sokur in honor of the recent Wintario Draw at Humber, donated the cake to a senior citizens home.

Winifred Chreptak of Long Branch was surprised when her winning ticket for the cake was selected by Wintario hosts Fred Davis and Fay Dance. She later decided to present it to the Ivan Frank Home for Senior Citizens in Etobicoke and it was eaten by some 200 people during an Easter event. "The cake was delicious", said Mrs. Chreptak. "I have had the opportunity of watching cooking demonstrations by Mr. Sokur and have used a number of his recipes. Humber has done a marvellous thing and many people have benefited. Thank you."

The Etobicoke Advertiser-Guardian, Wednesday, April 20, 1977  
Course looks at approaches  
salesmen need in the

# HUMBER IN THE NEWS

## Etobicoke GAZE

**The Toronto Star**  
THURSDAY, APRIL 14, 1977  
70 CENT

### College course helps drifter overcome problems, find i

By VIRGINIA ETHERINGTON  
Three self-described drifters, who are doing something about getting nowhere, last night explained a joint Canada Manpower-Humber College program that in 18 months has helped almost 75 people find full-time jobs.

ed work with three teachers in the basement of St. Margaret's Church in New Toronto to overcome the attitudes that resulted in such behavior as...

### Humber to host Wintario Draw

Humber College is the big winner in next week's Wintario draw.

On March 31, College will host the Wintario draw at 3199 Lakeshore.

### Golf course management

TORONTO (CP) — Humber College, in conjunction with the Canadian Professional Golfers' Association, will offer a two-year diploma program in golf management beginning in September.

### Family talk sut

Canadian fact under the microscope at Humber College conference happening to the f.



### Student is first Humber entrant

A Mississauga student James Armour 18 was the first entrant in the first annual...

# the mirror

Wednesday February 9, 1977

### Effects of social on the family

The last moving foot loose society that Alvin Toffler predicted in his book Future Shock is upon us and it is having a big effect on families.

### Humber College is on film

Preview of a new film starring Etobicoke's Humber College is scheduled for tomorrow at noon in the lecture theatre of the north campus, Highway 27 and Humber College Blvd.

# The Times

MISSISSAUGA  
Serving the City of Mississauga

# The Globe

SPORTS • CLAS

# THEATRE

### Humber offers business courses

Humber College is offering six new business and industrial programs in their series of courses.

### Osler campus to comb Humber nursing

The Osler nursing campus at Humber College of Applied Arts and Technology on Quinceville Ave. will become a health sciences adult learning centre by the fall of 1977.

### Trade in old job for a new career as lectures tell how

Instant communication, longer lifespans, freedom are among many people in the search for new careers. Learning opportunities are being held March 21 from 7 to 9:30 p.m.

### Sex to be topic

The facts about sexual offences will be the subject of a one-day workshop at Humber College next Monday.

### College presents music festival

Humber College is marking the first days of spring with a Sunday Music Festival on April 3.

### Focus on black Canadians

Blacks in Toronto will be discussed Monday between 7:30 p.m. and 10 p.m. at the Vaughan Road.

### Get in shape at Humber ... for free

Spring is the time to start thinking about working off bumps and bulges accumulated in the many cold winter nights sitting in an armchair, watching television.

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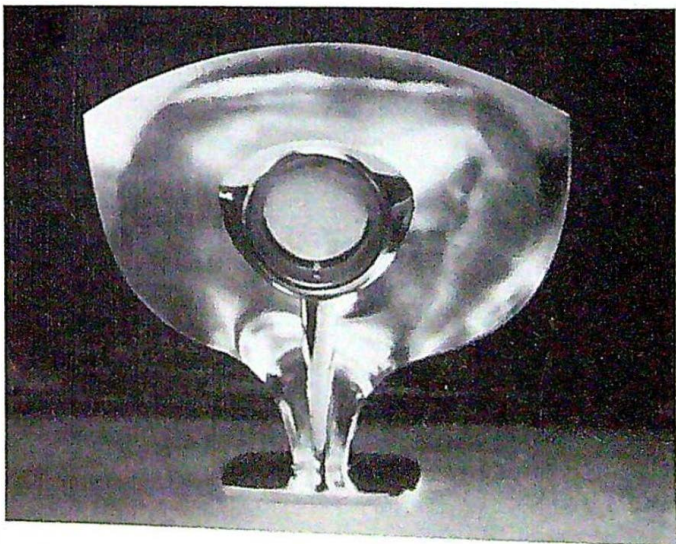


### FLOORCOVERING INSTRUCTOR WINS AWARD

A Humber College part-time Business instructor has won the Tom Winter Award presented by the Floorcovering Institute of Ontario.

Bill Dixon, who is in his third year teaching carpet installation in the Floorcovering Program, is the oldest carpet installer in the business.

Dixon, who lives in Streetsville, has been installing carpet for 44 years. He began at the age of 14.

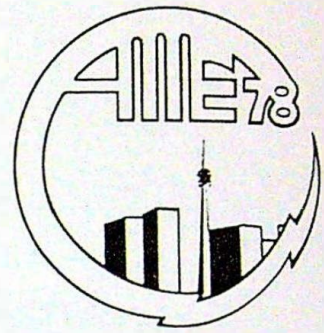


### HUMBER INSTRUCTOR ENTERS WORK IN EXHIBITION

A sterling silver gold-plated monstrance.

That's what it is called by Hero Kielman, Co-ordinator of the Metal Arts Program at the Lakeshore One Campus of Humber College.

Kielman recently entered this piece of his work in the International Exhibition of Metalsmiths at the Phoenix Art Museum in Phoenix, Arizona. This exhibition is currently on tour of museums and galleries along the west coast of the United States.



### LOGO DESIGNED BY HUMBER STUDENT

A Humber College student recently designed a logo for the American Institute of Industrial Engineers.

Joe Nicholson, a first year student in the Package Design Program at Humber, found the AIIE logo project exciting.

"I tend to make my designs too complicated," he said. "Logo styles force us to simplify, reducing complex criteria to the basic symbology."

The project was also relevant to the students in the Humber Program because the course includes considerable emphasis on energy and resource management.

The logo designed by Nicholson attempts to show control of energy through the bending of a flash of lightning around the other symbols. The shaped AIIE is an illusion to the fact that the organization can control the use of energy.

The Toronto skyline is an identification for the site of the AIIE conference this year.



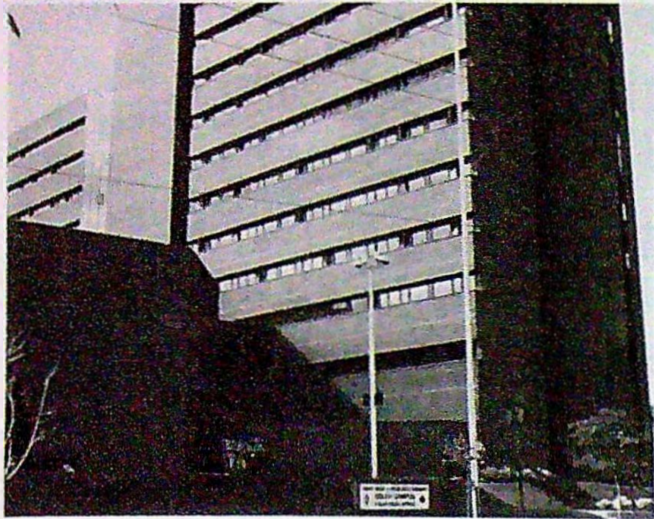
### INSTRUCTOR APPOINTED PRESIDENT OF NATIONAL ASSOCIATION

Gerry Wade, an instructor in Humber's Technology Division, was recently appointed President of the Canadian Hydrographics Association.

Wade, who was born in New Brunswick and has lived in Burlington for the past seven years, joined the Humber faculty in 1976 as an instructor in the unique Hydrographic Technology Program. He was a member of the Canadian Hydrographic Service for 25 years before coming to Humber.

Wade has conducted numerous surveys over various areas of Canada from the Arctic to the Great Lakes.





### OSLER CAMPUS TO BECOME ADULT LEARNING CENTRE

The Osler Campus of Humber College will become a Health Sciences Adult Learning Centre in September.

Students between the ages of 25 and 50 years will have an opportunity to enrol in part-time courses and post-basic nursing courses.

Osler will also become the new home of the unique two year full-time basic nursing program. This is the Quo Vadis Approach to the Nursing Diploma Program at Humber.

The Quo Vadis Nursing Program was established for the mature student in 1964 and has been offered at Humber's Quo Vadis Campus since the nursing schools were transferred to the Colleges of Applied Arts and Technology.

### WOMEN CAN BECOME AMBULANCE ATTENDANTS

Female students registered in Humber's Ambulance and Emergency Care Program received some good news recently from the Ontario Human Rights Commission.

The Commission investigated the height and weight restrictions announced by the Metro Department of Ambulance Services to potential candidates for ambulance attendants.

The Commission had found that the Metro Department had not employed women as ambulance driver-attendants in a staff of more than 400. Height and weight requirements, which had been five feet, eight inches and 160 pounds were dropped to five feet, six inches and 145 pounds in January. The restrictions, which were intended to ensure an attendant could lift heavy persons onto a stretcher, may have kept women out of jobs.

Meanwhile, the Commission reported that a large number of ambulance services in Ontario do not have height and weight requirements and some employ women.

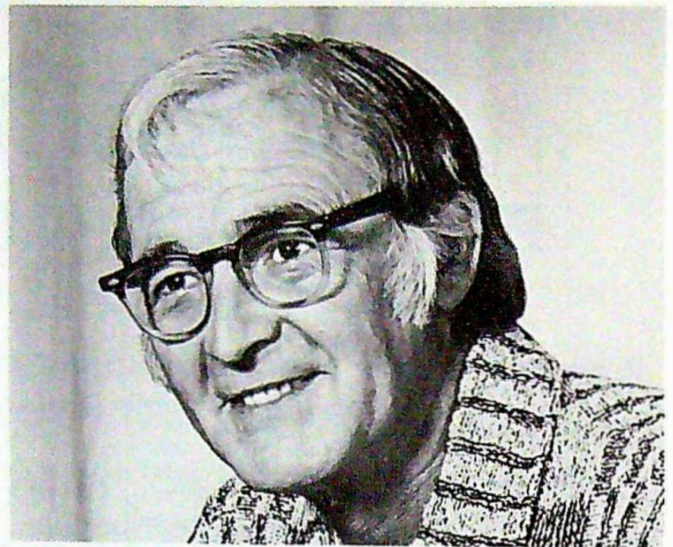
Those interested in becoming ambulance attendants must now take a one-year program at certain Colleges, including Humber, according to amendments to the Ambulance Act.

### REHABILITATION - ALCOHOL AND DRUG ABUSE

Humber College has approved the implementation of a formal policy and procedure concerning the rehabilitation of employees who are in need of assistance with alcohol, drug or other problems.

The policy is designed to provide employees with an information source concerning the prevention of dependence on alcohol or other drugs, and facilitate early recognition of and supportive treatment for an employee who may be experiencing problems.

Copies of the Policy and Procedure Manual section are available through the Personnel Relations Centre. Staff will be available at all times to provide guidance and assistance relative to this policy and procedure.



*"Here is a man who taught us well about film study  
Here is a man who laughed and joked with us as friend and  
all round Buddy  
Here is a man, understanding, kind and helpful,  
A man who shared his life with us."*

Richard Burgess

### ED ROLLINS

The above poem was written by Richard Burgess, a student in Humber's Theatre Arts Program, in memory of Cinematography Instructor, Ed Rollins, who died on April 9, 1977 at age 54.

Rollins taught script writing, direction theory and dramatization at Humber since he joined the College in 1971.

Rollins was in the Royal Regiment in World War II and joined the National Film Board in Ottawa after demobilization. He worked with the NFB for three years as a writer, editor, production assistant and director.

In 1952, he went to New York as the first veteran to receive a grant from the Department of Veteran's Affairs to study television techniques. He later joined the CBC in Toronto as supervisor of News Magazine and director of national news, and in the next 10 years organized the film library, film editing units, film archives, stock services and film production.

Rollins went to the CBC in London in 1963 where he helped produce the award-winning *The Great War* and produced *The History of 1940* to celebrate the 25th anniversary of the Battle of Britain.

Rollins had a great love for the outdoors and especially horses. In 1966, he opened the Circle B Ranch in Caledon to help emotionally disturbed and handicapped children.

Recently, he also worked with Fletcher-Rollins T.V. Incorporated, producing a television series which was on the verge of completion. The series, called *The Long Road*, is about a road running through Southern Ontario.

He leaves his wife Joan, daughter Judith, and sons David, Douglas, Jamie and Alexander.

### 10TH ANNIVERSARY CONVOCATION BALL

Time and tickets are running out if you haven't purchased your tickets for the 10th Anniversary Convocation Ball and you still want to attend.

Convocation Ball will take place on the evening of Friday, June 17, 1977 at the Royal York Hotel.

Many of the 1,500 tickets are already sold for the evening which includes dinner and dancing to three bands, including Humber's Canadian Championship Stage Band prior to its trip to the International Jazz Festival in Montreux, Switzerland.

Tickets, at \$15.00 per person and \$30.00 per couple, are available at all Humber College Bookstores.

# TRANSPORT Of The Sick Newborn

## PROBLEMS OF THE INFANTS SECOND JOURNEY

A one day seminar to help you understand common problems of the NEWBORN and provide optimal conditions for their TRANSPORT

### Saturday, June 11, 1977

presented by the HEALTH SCIENCES DIVISION in conjunction with  
the Neo-natal Division Hospital for Sick Children

### Who should come?

The Seminar is intended primarily for ambulance personnel BUT will also be of interest to nurses and instructors in newborn care.

### Why?

Sick newborn infants, often premature, demand particular care when they are transported.

In recent years, their special requirements have become better understood.

An understanding of their physiology, common illnesses and the apparatus used in transport are essential if the hazards of transport are to be minimized.

Advanced knowledge dealing with these features will be covered with particular reference to practical problems and application.

### PROGRAM

- 08:30 - 09:00 Registration and Coffee
- 09:00 - 09:10 Welcome
- 09:10 - 10:10 "Physiological Immaturity of the Newborn"
- 10:00 - 10:30 Coffee
- 10:30 - 11:15 "Neo-natal Respiratory Distress"
- 11:15 - 12:00 "Other Common Problems in the Neonate"
- 12:00 - 12:30 Question Period
- 12:30 - 13:30 LUNCH
- 13:30 - 14:15 "Studies in Neo-natal Transport"
- 14:15 - 15:00 "Thermal care, the airway, oxygen therapy"
- 15:00 - 15:30 Coffee
- 15:30 - 16:30 "Practicalities of a Transport Incubator"  
(Video and Discussion)
- 16:30 - 17:00 Questions and Summary

NOTE: A copy of the Ministry of Health Document:  
"Transport of Neonates", will be provided.

### Information Inquiries

For any additional information, please write or phone:-

**Conference & Seminar Services**  
HUMBER COLLEGE of APPLIED ARTS and TECHNOLOGY,  
205 HUMBER COLLEGE BLVD., REXDALE, ONTARIO M9W 5L7  
(416) 675-3111, Ext. 539/540

### FACULTY

- Dr. Graham Chance  
*Associate Head, Neo-natal Division*  
Hospital for Sick Children, Toronto
- Mrs. Janice Gash, R.N. B.Sc.N.  
*Instructor, Neo-natal Transport Program*  
Hospital for Sick Children, Toronto
- Ms. Gloria Williams, SRN, R.N., SCM  
*Neo-natal Transport, Team Nurse*  
Hospital for Sick Children, Toronto

### PLANNING COMMITTEE

- Dr. Graham Chance  
*Associate Head, Neo-natal Division*  
Hospital for Sick Children, Toronto
- Bill Magill  
*Program Co-ordinator*  
*Ambulance and Emergency Care Program*  
Health Sciences Division, Humber College
- Greg McQueen  
*Senior Program Co-ordinator, Continuing Education*  
Health Sciences Division, Humber College

▷ FEE: \$15.00 per person  
(Includes Coffee & Printed Material)



# INTERNATIONAL/NATIONAL STUDIES COURSES ABOUT THE WORLD

## STUDY and TRAVEL

## Make the WORLD your CLASSROOM

### COURSES ABOUT THE WORLD

Whether you are a regular Day Student or a member of the community, Humber College offers you a variety of courses about Canada, and the world.

### LEARNING BY EXPERIENCING

Each course is in two parts:

**Orientation:** First, you will be part of a regularly scheduled evening class studying the culture, history, politics and economics of the area you choose.

Minimum 42 classroom hours, January to April.  
\$50.00 or one course selection card.

**On-Location:** After successful completion of the Orientation portion, you will travel with your group to study and experience the area personally. Usually for two or three weeks. Sometime between May and August.  
\$50.00 or one course selection card plus travel expenses.

### TWO ELECTIVE CREDITS

Both the Orientation portion and the On-Location portion are full credit courses which may be applied as two elective credits in any Humber College Program. If you are a regular Day Student, you may USE YOUR COURSE SELECTION CARDS

## Courses at the LAKESHORE CAMPUS

### ARCTIC EXPLORATION

Call Peter Mitchell, 252-5571, Local 229.

Become familiar with contemporary Arctic experience and the Inuit way of life through a visit to Frobisher Bay and the breath-taking, back-packing country in the Pangnirtung Pass on Baffin Island.

936-113 Orientation: Tuesdays, 7 - 10 p.m., Jan. through April, 1978

936-213 On Location: June 14 to June 30, 1978; \$950

### WILDERNESS EXPERIENCE I: ALGONQUIN

Call Rocco Losole, 259-8118, or Wayne Sim, 763-4571

Learn about lightweight hiking and camping, trail cooking, direction finding, wilderness survival, "no-trace" camping, edible plants and park wildlife

936-129 Orientation: Mondays, 7 - 10 p.m., Jan. through April, 1978

On Location: July 3 to July 14, 1978, \$300

### WILDERNESS EXPERIENCE II: CANOE CAMPING IN ALGONQUIN

Learn the basic skills of wilderness hiking, camping and canoe tripping in Algonquin. An in-depth study of the natural resources and history of the Park is included.

936-229 Orientation: Saturdays, 9:30-12:30 a.m., Jan. through April, 1978

On Location: July 31 to Aug. 11, 1978; \$350

### REGISTER NOW

Ensure a place for yourself, now on one of these exciting, educational adventures. And bring a friend! Call the course co-ordinator at 675-3111.

January 13, 1978 is the final date for registration

All On-Location costs shown are approximate and subject to change.

All dates shown are tentative and may be changed.

Humber College reserves its right to withdraw any course offering at any time.

All travel arrangements, where applicable, are made through a licensed Ontario Travel Agent.

ALL COURSES START THE FIRST WEEK OF JANUARY 1978, UNLESS OTHERWISE SPECIFIED.

HUMBER COLLEGE

205 Humber College Blvd., Rexdale, Ontario M9W 5L7

675 3111

## Courses at the NORTH CAMPUS

### CARIBBEAN CONSCIOUSNESS

Call Gordon Kerr, Local 385

An opportunity to study the history, business enterprises, social services, and culture of Barbados, St. Vincent, and the lesser Antilles, including a 10 day, inter-island, sail and learn program

936-118 Orientation: Mondays, 7 - 10 p.m., Jan. through April, 1978

936-218 On Location: May 5 to June 2, 1978; \$870

### CHINA: AN INTRODUCTION FOR CANADIANS

Call Bob Coleman, Local 346.

A survey course on the People's Republic of China and how it affects your life as a Canadian. The on location portion is dependent upon arrangements with the People's Republic of China.

926-126 Orientation: Wednesdays, 7 - 10 p.m., Jan. through April, 1978

936-226 On Location: 3 weeks in May or June, 1978; \$2,200

### CASTLES & KINGS: ROYALTY AND THE ARTS IN FRANCE, AUSTRIA, GERMANY AND ITALY

Call Crystal Bradley, Local 347

Medieval castles and cathedrals, Renaissance palaces and villas, museums and galleries, theatres, and universities - these are the study sites of this educational odyssey to Paris, Munich, Salzburg, Vienna, Venice, Florence and Rome

936-134 Orientation: Mondays, 7 - 10 p.m., Jan. through April, 1978

936-234 On Location: May 1 to June 8, 1978; \$1,470

### EXPLORATION INDIA

Call Steve Harrington, Local 362.

An in-depth immersion in Indian culture to study its struggle as an emerging nation. Travels include excursions in the jungles of Mysore and back-packing in the Himalayas.

936-136 Orientation: Wednesdays, 7 - 10 p.m., Jan. through April, 1978

936-236 On Location: May 5 to June 9, 1978; \$1,400

### EXPLORATION ROCKIES: A STUDY OF THE CANADIAN WILDERNESS

Call Richard Rumball, Local 559.

This course will prepare students for a challenging and significant back-packing experience in Canada's mountain wilderness to understand and appreciate its value from a national and personal perspective. Some personal equipment required.

936-114-80 Orientation: Wednesdays, 7 - 10 p.m., Nov. through April, 1977-78

936-114-81 On Location: July 23 to Aug. 25, 1978; \$400

### FASCINATING MARKETPLACES OF THE EUROPEAN COMMON MARKET

Call Bill Wells, Local 344.

A look into the historical importance of the marketplace in our society, some useful conversational French, and then a visit to a wide variety of interesting marketplaces in Europe.

936-231 Orientation: Mondays, 7 - 10 p.m., Jan. through April, 1978

936-232 On Location: May 11 to June 4, 1978; \$750

### FASHION FOCUS: LONDON, PARIS, ROME

Call Stephanie Paulson or Laurie Turner, Local 492

A course designed to highlight the exciting European Fashion Scene featuring visits to Haute Couture Houses, manufacturers, retailers, museums, and historic sites.

936-130-60 Orientation: Tuesdays, 7 - 10 p.m., Jan. through April, 1978

936-130-61 On Location: May 5 to May 28, 1978; \$1,200

### THE ORIENT

Call Larry Richardt, Local 351

Prepare to fully experience the richness and variety of East Asian cultures: itinerary includes Tokyo, Nikko, Kamakura in Japan, Honk Kong, Bangkok, Singapore, Jakarta and Bali in Indonesia, Manila, and Taipei.

936-137 Orientation: Six Saturdays, 9:30 - 4 p.m., plus 2 evenings, Jan. through April, 1978

936-237 On Location: July 1 to July 28, 1978; \$2,200

### RETRACING THE KLONDIKE GOLD RUSH

Call Michael Hatton, Local 217

For modern day pioneers and goldseekers, this course will take you by boat to Skagway, Alaska, hiking through the Chilkoot Pass to Bennett, British Columbia, and panning for gold near Dawson in the Yukon Territory. Time will also be spent camping in Mt. McKinley National Park, Alaska.

936-138 Orientation: Mondays, 7 - 10 p.m., Jan. through April, 1978

936-238 On Location: Aug. 12 to Sept. 1, 1978; \$855

### U.S.S.R.

Call Eric Munding, Local 257.

Go behind the Iron Curtain to discover old and new Russia. Fly to London, Moscow, Vilna (Lithuania) Riga (Latvia), and Leningrad. Seventeen days of sightseeing to compare and contrast with life in Canada.

936-133 Orientation: Tuesday evenings, Jan. through April, 1978

936-233 On Location: May 5 to May 21, 1978; \$750

### SCANDINAVIA: DESIGN 1978

Call Marek Pain, Local 355.

A comparative study of Canadian and Scandinavian arts, crafts and design, including architecture, interior design, landscaping, and town planning.

936-107 Orientation: Wednesdays, 7 - 10 p.m., Jan. through April, 1978

425-222 On Location: May 5 to May 30, 1978; \$970

**Humber**  
College



## NEW APPOINTMENTS TO HUMBER'S BOARD OF GOVERNORS

Audrey Thomas, Millicent Porter and Brian Flynn have been appointed to the Board of Governors of Humber College. They replace Donald White and Clifford Muir who have retired and William Liscombe who has decided to devote full-time to his law practice.

The Board is chaired by Mrs. Florence Gell. Mrs. Olive Hull is Vice-Chairman.



**MILLICENT PORTER**

Millicent Porter joins Brian Flynn as Etobicoke representatives to Humber's Board of Governors.

Mrs. Porter, who was born in Detroit, moved to Kingsville, Ontario at an early age.

After serving four years in the Canadian Women's Army Corps during the second World War, she lived in the Maritimes for eight years and worked with the Association of Registered Nurses in two Provinces before moving to Etobicoke in 1957.

Mrs. Porter became involved for a year in the building of the Osler School of Nursing in Weston, now Humber's Osler Campus.

Just before the completion of Osler, Mrs. Porter left to become Business Administrator of the Community Health Department of Etobicoke, a position she has held since 1969.

She is a graduate of the University of Toronto three year course in credit management. Her hobbies are antique collecting, oil painting, reading and travel.



**AUDREY THOMAS**

Audrey Thomas has been a resident of Etobicoke since 1965.

Mrs. Thomas taught at Burnhamthorpe Collegiate and obtained her Master's Degree in adult education from the Ontario Institute for Studies in Education.

She has also been an active member of the University of Women's Club of Etobicoke, the Etobicoke Social Planning Council and the Board of the Toronto Elizabeth Fry Society.

Mrs. Thomas is project director for World Literacy of Canada and is author of the 1975-76 report Adult Basic Education and Literacy Activities in Canada. Mrs. Thomas was appointed to Humber's Board as a representative of the Ministry of Colleges and Universities.



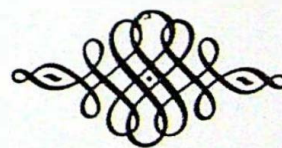
**BRIAN FLYNN**

Brian Flynn is well known to the Humber College community.

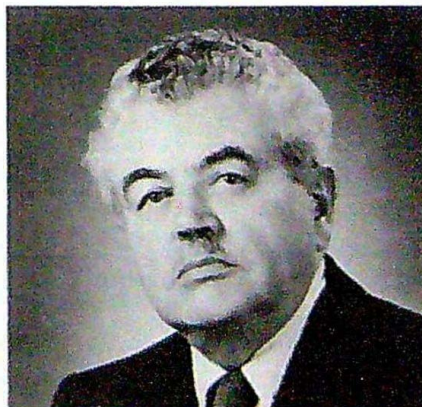
Flynn was a former Humber student in the Business Division and also served as President of the Student Union in the 1974-75 year.

He now runs an insurance agency. Flynn is married to a Humber graduate and they have two daughters.

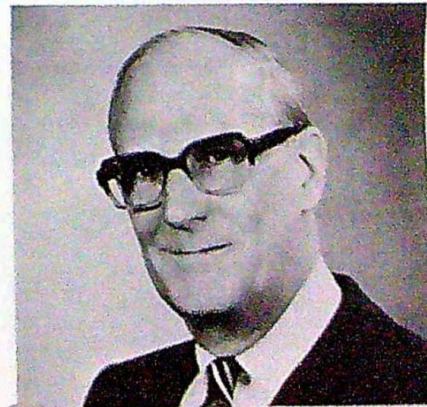
Flynn will be representing the Borough of Etobicoke on Humber's Board of Governors.



**CLIFFORD MUIR**



**DONALD WHITE**



**WILLIAM LISCOMBE**

## HUMBER HOTEL AND RESTAURANT STUDENTS WIN AWARDS

The Canadian Food Services Executive Association held its annual education night at Queen's Park and two Humber College students won top awards.

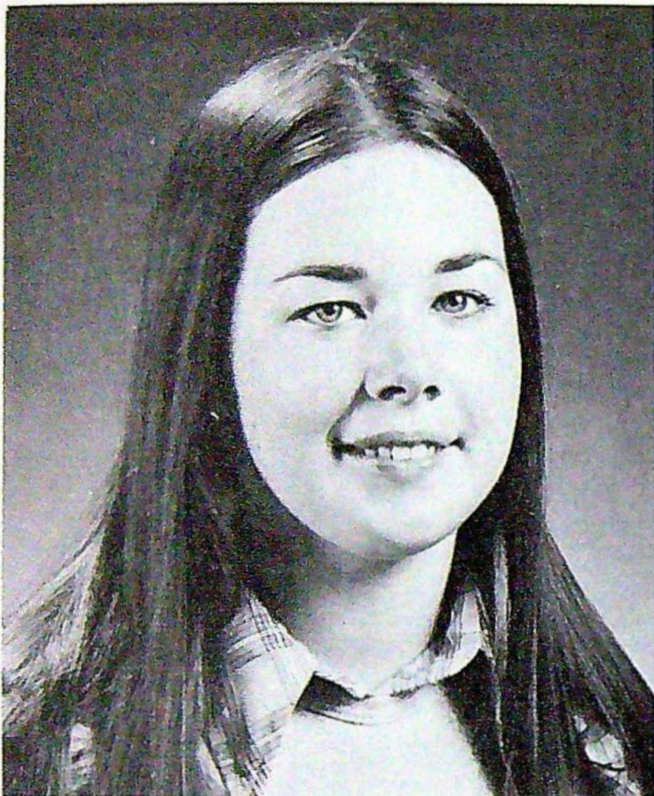
Gordon Stevens and Paul McCabe, both in the Hotel and Restaurant Management Program, each were presented with \$400 scholarships.

Stevens was also selected as the winner of the 1977 Golden Plate Award presented for his active participation and outstanding term as President of the Humber College Chapter of the CFSEA.

Igor Sokur, Co-ordinator of Humber's Hotel and Restaurant Management Program, said it was the first time that two awards were presented to one student in his Program.

The winning of these awards qualify Humber for the National Award presentations at the CFSEA's convention in Montreal in June.

Humber is the only College which has a well established junior chapter of the CFSEA.



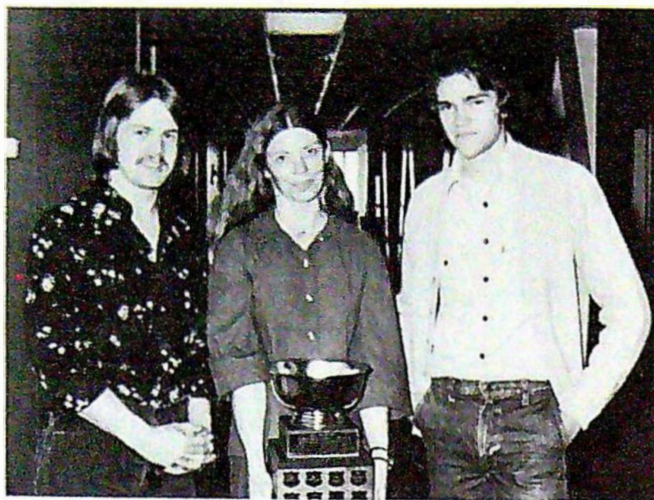
## HUMBER EQUINE STUDIES STUDENT ADVANCES TO AMERICAN FINALS

Debbie Bissenden is the first Equine Studies student in Canada to ever win a major intercollegiate horse show in the United States.

The first year student at Humber, who is originally from Victoria, British Columbia, not only qualified for the Intercollegiate Horse Show Association finals in April, but also won her division and was the leading point rider in the Upper New York State Region.

She will now represent Humber and the New York Region in the American National Finals in Charlottesville, Virginia. Riders from more than 70 Colleges and Universities from across the United States will compete in the championship event.

Humber is the only College in Canada to participate in the Intercollegiate Horse Show Circuit this past year and many Humber students have won numerous awards.



## BUSINESS STUDENTS FINISH FIRST

Humber College has won the Business Press Advertising Association marketing competition for the third time in the past five years.

Humber students won the team title as well as the individual title. Members of the team were Glenda Mack, a first year Marketing student from Calgary; Al Hiscock, a second year Marketing student from St. Catharines, and Terry Pilger, a General Business student from Gravenhurst.

Each member of the team was presented with a \$100 award and Humber was given a trophy.

Mack also won the individual \$100 award for her project. The competition was entered by a number of colleges and universities. Humber previously won the competition in 1972 and 1973.



## KEEP CANADA TOGETHER IS AIM OF BUSINESS STUDENT PROJECT

Gareth Thomas, a first year Business Administration student at Humber, has a hint for Canadians - keep together.

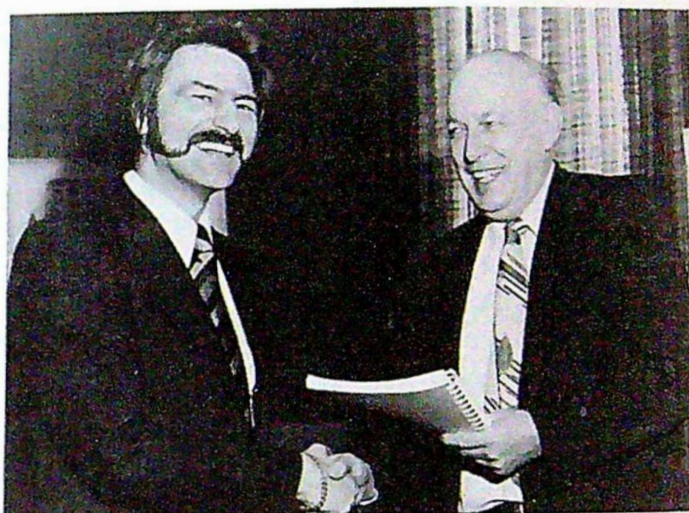
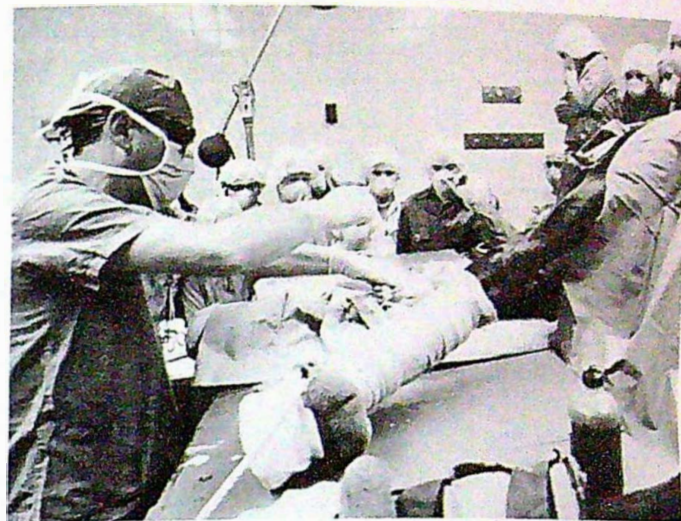
Thomas, a resident of Purpleville near Kleinburg, developed an idea to keep Canada united. It's on a bumper sticker and reads "Canada Unité" backgrounded by a Canadian flag.

"People have heard a lot about Quebec wanting to break away from Canada," said Thomas. "I'm sure there are many Canadians who want our country to stay together and this sticker is just one way of having Canadians inform our government of their feelings."

Thomas said the sticker idea started about a month ago when he was thinking of developing a new product for his marketing class project.

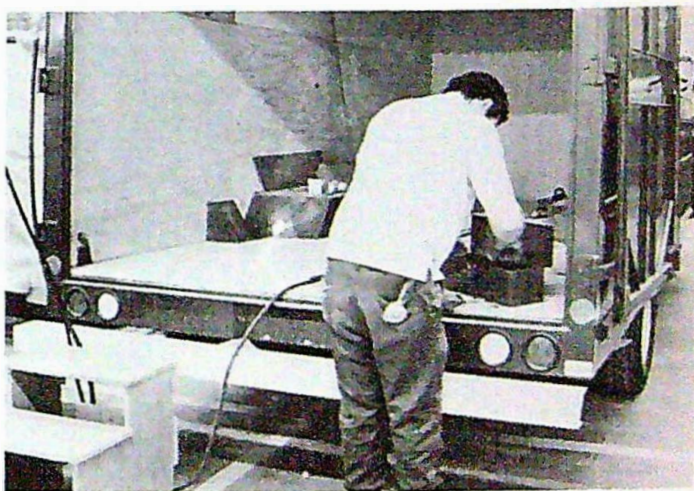
"A big job is ahead of me at this stage", he said. "I now have to get major organizations behind the bumper sticker campaign and I am going to start with areas like the boy scouts, business and industry, and eventually schools."

Those interested in purchasing a bumper sticker at a cost of \$1.00 can write to Gareth Thomas at Box 360, Kleinburg, Ontario.



### HUMBER IN PHOTOS

Thousands of people have either travelled by or seen the fleet of Humber College buses. This year, the Transportation Department experienced its busiest year providing the necessary support for events marking Humber's 10th Anniversary. In photo at top left are some of the staff and vehicles . . . Above, more than 500 people crowd into Humber's North Campus Concourse to listen to a free Spring Music Festival featuring students from the College's various bands . . . The Silver Cup was the highlight of horse shows organized by students and staff in Humber's Equine Studies Program this year. In photo below, members of the Canadian Equestrian Team took part before large crowds . . . At top right, veterinarian Dr. Neal Mendelson performs minor operation on a horse in the surgical ward of the Humber Equine Centre as visitors from Toronto's Allenby Public School look on following a recent visit and tour . . . Music instructor, Al Michalek, is about to receive from College President Gordon Wragg, the first published copy of a book written by Michalek. The text has now become an integral core of the Humber Music Program . . . In photo at right, workmen are busy completing the Humber Travelling Toy Chest to be available to developmentally handicapped children . . . At bottom right, CBC announcer Al Maitland, tastes cake made by Igor Sokur of Humber, in celebration of Maitland's 30 years with the CBC.



## OPSEU LOCAL 563 SUPPORT STAFF HONOR HUMBER'S ANNIVERSARY

The park benches located around some of the campuses of Humber College are a gift from members of local 563 of the Ontario Public Service Employees Union support staff unit.

Bert Pyle, Vice President of local 563, suggested that park benches would be an excellent way of commemorating the Tenth Anniversary of Humber College.

Ironically, the benches were built at Humber by students of the College's Maintenance Department. The construction team consisted of Tom Rowntree, Bob Gass, Manuel Brunetta, Stephen Hughes, Ray McLaren and Mike Nyez.

They built six eight-foot cedar benches with concrete ends. Painted on each bench are the words "10th Anniversary, Ontario Public Service Employees Union, local 563, Humber College Support Staff."

The benches will be beneficial to the students, staff, visitors and the community for many years to come.



## HUGGINS ELECTED STUDENT UNION PRESIDENT

Last year, Humber College students had their first woman President of the Student Union and this year they will have their first Black President.

Tony Huggins, a Technology student, was elected to succeed Molly Pellecchia who graduates from her Business program this year after an extremely successful year as spokesman for the student body at Humber.

The 22-year old Huggins is originally from St. Vincent, a small island in the Carribean with a population of about 100,000. Because he is in his second year at Humber, Huggins was not affected by the announcement from the Ministry of Colleges and Universities that tuition for foreign students would be raised to \$750 for one academic year from the previous \$250.

Huggins has some realistic goals in mind for his term. He wants to decentralize the student union by organizing small division unions which would be able to maintain a closer link with their students.

The election turnout of the student population was 20 percent, one of the best in the history of the student union at Humber. Huggins recorded 798 votes while Journalism student Don Francis received 163 and Business student Peter Palotta obtained 118 votes.



## CBC SPORTS DIRECTOR TALKS TO HUMBER RADIO STUDENTS

Students in Humber's Radio Broadcasting Program continue to benefit from a wide variety of guest lecturers from the radio industry.

The latest speaker to visit Humber College was Bob Wilson, National Radio Sports Director of the Canadian Broadcasting Corporation.

Wilson discussed the operation of the CBC's Radio Sports Department.

## TECHNOLOGY PROGRAMS ARE UNIQUE

Three exciting and unique full time programs are being offered by the Technology Division at Humber College with jobs awaiting its graduates.

The two-year Explosives Technician Program is not only unique in Canadian Colleges, but perhaps also in North America. The program provides formal instruction that will enable the graduate to meet a variety of challenges in the industrial and explosives related fields which, previously, he could only obtain by on the job training over a prolonged period.

A graduate of the program will have been trained in such things as the safe and efficient use of explosives and the basic skills of loading blast holes. For more information, call Pat Merryweather at 675-3111, ext. 383.

Instructor Gerry Wade says Humber is the only College in Canada to offer a Hydrographic Technology Program.

Hydrography is the fastest growing and most progressive branch of the various survey fields and Canada is among the leaders in this expansion.

With the advent of off-shore exploration all of the major oil companies have developed staffs of surveyors competent in hydrography as well as licensed surveyors to legally conduct these surveys. Numerous land survey companies have been involved.

All of these must employ competent personnel in order to compete for the numerous hydrographic type contracts from government and private interests.

The hydrographic surveyor is generally involved in multi-parameter data gathering operations. Call Gerry Wade at 675-3111, ext. 383 for further information.

Don Stemp, an instructor in the Safety Technology Program, says about 15,000 Canadians will die in accidents this year and another 50,000 people will be permanently mutilated.

Stemp, Co-ordinator of the Program, says the objective of the Safety Technology course at Humber is to prepare those who wish to enter a professional career in the area of safety and occupational health. The course provides a fundamental academic education to assist those to develop and implement effective programs to reduce the human and financial losses to society. Contact Stemp at 675-3111, ext. 378 for more information.

# THINK METRIC

inches · centimetres · feet · metres · yards  
 miles · kilometres · metres · acres · hectares  
 ounces · grams · pounds  
 kilograms · fluid ounces · millilitres · pints  
 litres · gallons · quarts  
 Fahrenheit · Celsius · degrees · centimetres  
 feet · metres · yards · metres  
 miles · kilometres · hectares  
 ounces · grams · kilograms · fluid  
 ounces · millilitres · litres · gallons



Humber  
 205 Humber College Blvd  
 Rexdale, Ontario M9W 5L7

A metre (m) for length is about 10% more than a yard.  
 A kilogram (kg) for mass (weight) is about 10% more than 2 pounds.  
 A square metre (m<sup>2</sup>) is about the size of a shower (bath) floor.  
 A hectare (ha) is the area of 10 Olympic pools, or the area of 10 city lots.  
 A litre (l) for fluid capacity is about 10% more than a quart.  
 Kilometre per hour (km/h) for speed: A kilometre is little more than half a mile. 50 km/h is about 30 mph, and 100 km/h is about 60 mph.

## HUMBER GOES METRIC

The familiar system of feet, pounds and gallons has had its day. Canada has adopted the most up-to-date metric system of measurement, the International System of Units, universally abbreviated as SI in all languages. It is anticipated that the Canadian economy will be in SI for all normal daily transactions by the end of 1980.

The count down to SI Metric conversion has also started at Humber College, so that the languages of our college will be fluent in SI practice at the time required to serve the needs of society. We are going Metric because the SI system is simple and universal and, also, because it will improve our export trade with metric countries and maintain our competitive position in the world market.

The SI Metric System is very simple, each quantity has only one base unit. There are seven base units and two supplementary units in SI. The base unit of length is the metre and its symbol is m. The base unit of mass is the kilogram and its symbol is kg. All the other SI units are derived from the base and supplementary units through the process of multiplication and division.

Did you know, for example, a metre is the length of a long step, or just over the height of a kitchen counter? A standard wine bottle holds about 750 millilitres. Ten matches have a mass of about one gram. And a telephone has a mass of about two kilograms.

Start learning to use the new units and you will be familiar with the metric system sooner than you think. What is your mass in kilograms? How about your height in centimetres?

For more information on the Metric Conversion at Humber, call 675-3111, ext. 265.

## HUMBER LAUNCHES ALUMNI NEWSLETTER

HUMALUM. That is the name of the new Humber College Alumni Association newsletter.

The first edition, Spring 1977, was recently released to some 7,000 graduates of Humber.

Stories in the four-page issue are written by alumni members and include articles on Computer Studies, Family and Consumer Studies, Interior Design, Floorcovering, Radio Broadcasting, Recreation Leadership, and Travel and Tourism.

The newsletter was produced by the Development Department. For more information, call 675-3111, extension 553.

## MAY PLANT SALE AT HUMBER

It's that time of year again when Humber College faculty and staff start thinking of their Spring gardens.

The Landscape Department at Humber, under the supervision of Russ Geddes, has been planning its May Plant Sale during the past few months.

On May 16, 17, 18 and 19, hundreds of plants ranging from marigolds to tomatoes and from petunias to geraniums will go on sale from 11:00 a.m. to 4:00 p.m. each day at the North Campus Greenhouses.

## HUMBER ANNIVERSARY FILM

Humber College is on film!

"The First Decade" is the title of a 23-minute color film produced in celebration of Humber's 10th Anniversary.

The film was put together by three graduate students of Humber's Cinematography Program under the assistance of instructor James Peddie.

Those interested in seeing the film should contact the Office of College Relations at 675-3111, ext. 554.

## EXPOTECH AT HUMBER

Expotech '77 is the first of what will be an annual technology fair at Humber College.

Sponsored by the Technology Division in celebration of Humber's 10th Anniversary, Expotech '77 will feature a number of displays from secondary school students under the categories of architecture and construction; mechanical, industrial and manufacturing processes technology; electrical and electronic technology; safety and occupational health technology, and ecology and resource technology.

Expotech '77 was designed to give technically oriented students the opportunity to demonstrate their technical abilities and to compete with other students for awards and prizes.

Exhibits will be on display to the public in the Technology Division of Humber's North Campus between May 11th and May 14th.

For further information, call 675-3111, ext. 473.



## TOYS ARE NEEDED

Humber College's Travelling Toy Chest will soon be on the road.

The mobile toy lending library for developmentally handicapped children is in need of toys for its visits to the regions of Peel and York.

If you have any toys that are in reasonable condition and would like to donate them to this exciting project contact the Humber Developmental Centre at the North Campus.





### HALLIDAY APPOINTED NEW DIRECTOR

Paul Halliday has been appointed Director of Conference and Seminar Services at Humber.

Halliday, who started with the College in August 1974, was hired as a program consultant in the Training in Business and Industry Department.

He was recently responsible for the design and co-ordination of a multi-course program in metric training for a large national appliance manufacturer. The program was the subject of an article in the November '76 issue of Metric Monitor.

Halliday obtained his B.A. in History from the University of Iowa and has received numerous awards.

### BARBER RETURNS TO HUMBER

Kathryn Barber is the new Program Consultant for Humber's Conference and Seminar Services Office in the Centre for Continuous Learning.

She is a graduate of Humber and during the past two years completed her Bachelor of Psychology Degree at George Peabody College in Nashville, Tennessee.

### NEW FACES AT HUMBER

Many new faces have joined the full-time faculty and staff at Humber since our last edition. Their names, positions and departments are listed below:

Irma Dickson	Admission & Records Officer	Lakeshore III Campus
Carla Danelon	Clerk General III	York-Eglinton Centre
Margaret Hale	Typist-Steno. III	Osler Campus
Sally Taylor	Typist-Steno. III	Osler Campus
Hazel Gopaul	Registration Clerk	York-Eglinton Centre
Walter Matias	Co-ordinator, Media Services	North Campus
Ewgen Nalywany	Caretaker II	Lakeshore III Campus
Caroline Granger	Secondary School Liaison Clerk, Registrar's Office	North Campus
Santo Vescio	Caretaker 2	North Campus
Carl Erikson	Dean, Human Studies	North Campus
Margaret Nesbitt	Registration Clerk	Lakeshore I and North Campus
	Centre for Cont. Learning	
Ronald Sliz	Electrical Instructor	Lakeshore II Campus
Patricia Clark	Computer Operator I	North Campus
	Computer Centre	
Kathryn Barber	Pro. Dev. Consultant	North Campus
	Conf. & Seminars, Centre for Cont. Learning	
Klaas Knoop	Evening Supervisor	North Campus
	Centre for Cont. Learning	
Marlene Hartley	Graphics Technician	North Campus
	Graphic Centre	
Irene Fedora	Personnel Clerk	North Campus
	Personnel Relations Centre	
Allan Roddy	Clerk I General, Print Shop	North Campus

### NEW DEAN OF HUMAN STUDIES

The newest Dean at Humber College is Carl Eriksen, who will take up his position as Dean of the Human Studies Division in June.

Eriksen was born in Aarhus, Denmark in 1937 and came to Canada in 1957. He is a graduate from York University in Toronto with an Honors Degree in Economics and has worked on credits for a Master's Degree on a part-time basis at Syracuse University.

Eriksen worked at Mohawk College for six years where he began as a Teaching Master of Economics and eventually Chairman of the Social Sciences Department for three years.

In 1973, Eriksen went to the Ontario Ministry of Community and Social Services as an Economist and Research Manager and for the past four years was Program Consultant for Applied Arts Programs, English and Social Sciences Courses for the Ministry of Colleges and Universities.

Eriksen lives in Oakville with his wife and daughter. He has been on the Board of Directors of both the Oakville Trafalgar Memorial Hospital and the Halton Children's Aid Society. He is currently an elected member of the Oakville Town Council and Halton Regional Council and is a member of the Oakville Library Board.

The appointment of Eriksen resulted from a reorganization at Humber in which a Dean has been assigned responsibility for the Human Studies Division in order to deal with the administrative duties and faculty of more than 60 employed in the teaching of general education and English courses.



### TOOGOOD RETIRES FROM HUMBER

Mildred Toogood will be retiring at the end of May as Co-ordinator of Senior Citizens Programs for Humber College.

Mrs. Toogood joined the staff at Humber in 1972 and since then, has produced a number of special courses, workshops, seminars and conferences for thousands of senior citizens. She has played a major role in the success of Humber's Third Age College of Senior Citizens.

Mrs. Toogood is a member of the Scarborough Musical Group and is also a member of the Board of Directors of the Residents Committee of Union Villa Home for the Aged in Unionville.

A former teacher, Mrs. Toogood, devotes a tremendous amount of time to a voluntary organization called LOOPS which discusses and provides information about learning opportunities for senior citizens.

# THE HUMBER PARCOURS

The Humber Parcours is a combination outdoor jogging and exercise course that takes its name from the facility initially conceived by Swiss architect and gymnastics teacher Erwin Weckemann.

The 1½-mile long jogging track is strewn with wood chips to provide a soft surface that will absorb shock and lessen foot discomfort. There are twenty exercise stations, with appropriate equipment where necessary, along the route. The exercises are designed in careful progression.

The early stops are devoted to easy warm-up exercises, advance with routines intended for relaxation. At each station there is an explanatory plaque outlining the exercise, the number of repetitions and periods of rest, if any.

The Humber Parcours has not been designed as a muscle building program. Rather, it has been established as a cardiovascular training area with exercises calculated to increase physical endurance, the best way to improve heart function.

## Who can use the Humber Parcours?

This exercise circuit is designed to give every member of the family who uses it regularly -- three to four times a week is ideal -- a high degree of physical fitness.

Those striving to lose weight have a much better chance of succeeding if they combine their dieting efforts with an exercise program such as the Parcours provides.

Coaches will find the Humber Parcours a pleasant, warm weather training alternative for their athletes.

As well, this course can provide invaluable pre-season conditioning for track and field, soccer, skiing and football participants.

School children are certain to enjoy the Parcours as a refreshing adjunct to their indoor gym programs.

Business people wishing to restore their muscle tone can utilize this outdoor exercise installation during their lunch hour, or on the way to or from work.

When friends meet at the Parcours and work out together, getting fit can be turned into a pleasant social activity.

The Humber Parcours can be the focal point for family outings, combining a workout with a picnic afterwards.

Proceeding at a reduced pace and with proper supervision, senior citizens and cardiac patients can also effectively use the Humber Parcours.

## Directions

Before attempting the full Humber Parcours circuit, it is recommended that individuals over thirty years of age -- as is advisable when starting any new exercise program -- have medical clearance. Those under thirty should have had a medical examination within the past year.

The full completion of the circuit with the maximum number of repetitions of the exercises as set out on the plaques at each of the twenty exercise stations is the ideal goal to strive toward.

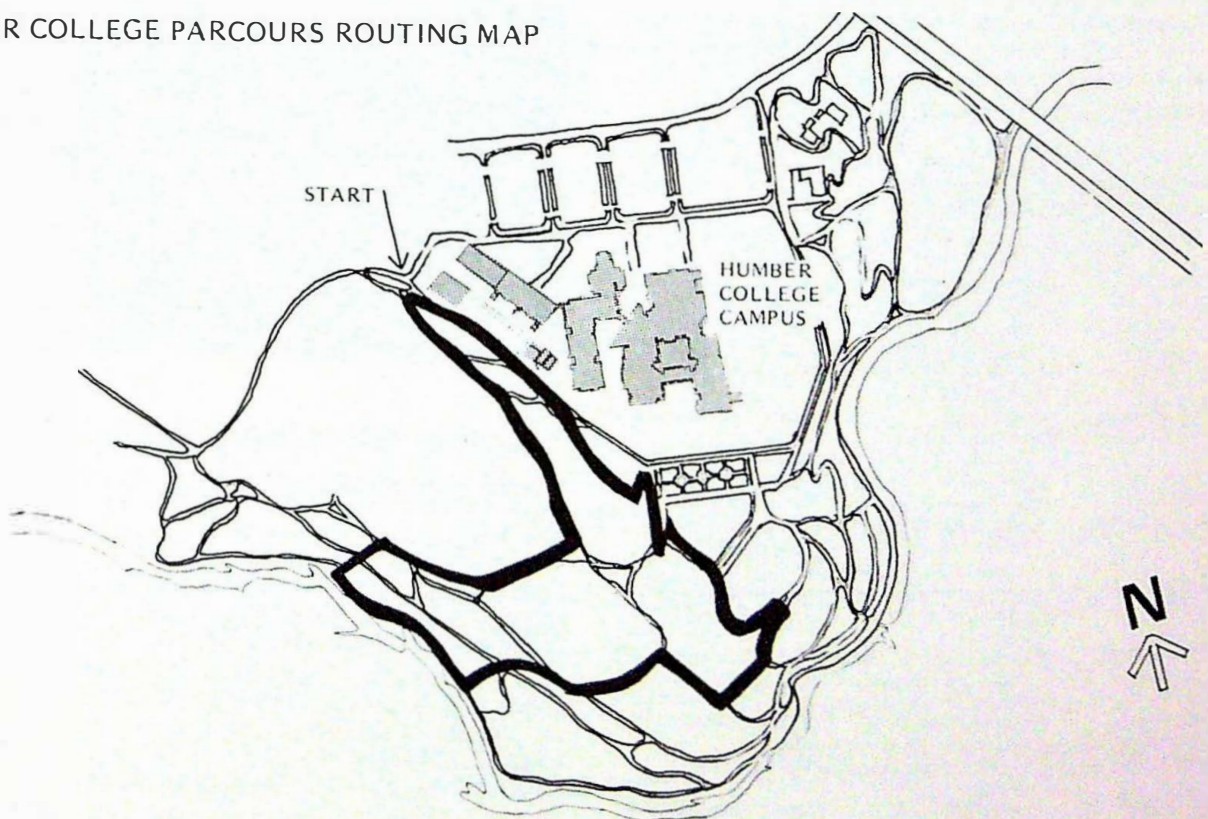
Omit any exercise that is beyond your capability.

On your first trip through the Parcours, proceed slowly so that you understand each exercise thoroughly. Gradually work up to the maximum number of repetitions. On succeeding days, keep track of the time required to complete the course, trying to improve your individual time, rather than competing against others. If you suffer from stiff, sore muscles following a workout, it is an indication you are trying to overachieve. However, if you are physically able and time permits, you may complete more than one trip through the circuit.

Always let caution be your keynote in order to derive optimum benefits and pleasure from the Humber Parcours.

The Humber Parcours is a project in celebration of Humber College's 10th Anniversary. For more information, call the Athletics and Recreation Department at 675-3111, ext. 217.

HUMBER COLLEGE PARCOURS ROUTING MAP





### RECIPE OF THE MONTH

Igor Sokur, Co-ordinator of the Hotel and Restaurant Management Program at Humber has received national and international recognition for his food cuisine.

Response from readers to his regular recipes feature in Humber Happenings has been excellent. We'd be happy to hear more of your comments.

His recipe for this Spring edition is a national dish from Belgium called Carbonnade De Boeuf Flamande or translated, Beef Stewed in Beer. Sokur has also included a recipe for Brussel Sprouts - Gourmet Style.

#### BELGIUM NATIONAL DISH

4 pounds top round beef or chuck, cut into 2-inch lengths each 1 inch thick

1 cup seasoned flour (see note)

1/3 cup vegetable oil

3 cloves garlic, minced

2 cups beef stock (or 2 cups boiling water with 2 beef bouillion cubes added)

2 (12 ounce) bottles Belgian beer (Lambic or Faro)

Bouquet garni (see note)

1/4 cup unsalted butter

5 large cooking onions thinly sliced

1 tablespoon brown sugar

1 tablespoon tarragon vinegar

Salt

Black pepper, freshly ground

1. Dredge beef in seasoned flour.

2. In a large deep sided skillet, over a medium Gas Flame, heat the oil and brown the flour coated meat on both sides.

3. Add garlic; cook for one minute. Add beef stock, beer, bouquet garni. Liquid should just cover the meat.

4. In another skillet, melt butter and saute the sliced onions until golden. Add to the above mixture.

5. Simmer mixture, covered, for about 2 to 2½ hours on top of the stove.

6. When meat is tender, remove bouquet garni; add sugar and vinegar. Correct seasonings.

Serve piping hot with parsley boiled potatoes, if desired.

Note: Seasoned flour is made by combining 1 cup unsifted all-purpose flour with 1 teaspoon freshly ground black pepper and 1 tablespoon salt.

Bouquet garni is a spicebag made of cheesecloth containing 2 bay leaves, ½ teaspoon dry thyme leaves, 6 sprigs fresh parsley and 8 black peppercorns.

8 servings.

#### CHOUX DE BRUZELLES AU GOURMET (Brussel Sprouts Gourmet Style)

4 cups chicken stock

30 medium ( 1¼ pounds) Brussel sprouts

2 cups Bechamel sauce

1 cup small green seedless grapes

½ cup bread crumbs

½ cup unsalted butter

1. In a saucepan, over a high Gas Flame, bring to a boil the chicken stock; add the Brussel sprouts. Cook, uncovered, about 10 minutes or until slightly tender. Drain.

2. In a casserole dish, combine Brussel sprouts, Bechamel sauce, and green seedless grapes. Sprinkle with mixture of bread crumbs and butter. Brown under the broiler.

8 servings

### DID YOU KNOW

JEAN CUMMING of the Creative Arts Division attended the Gathering of the Scottish Clans held in Edinburgh, Scotland. The event is held every 25 years . . . RON COLLIER, Director of Cultural Development for the Music Department, is an adjudicator for the 1977 Canadian Stage Band Championship . . . AL MICHALEK, an instructor in the Music Department, will conduct the Humber College Stage Band A at the prestigious Montreux World Jazz Festival this summer in Switzerland . . . All Humber faculty and staff are invited to attend any of the performances put on by the Theatre Arts Program . . . HUMBER HAPPENINGS is metric size . . . MILDRED TOOGOOD, Co-ordinator of the Senior Citizen Programs for the Third Age College in the Centre for Continuous Learning, is retiring in May . . . JAMES BRODIE, Director of the Centre for Employee Benefits in the Business Division, addressed the American Compensation Association in Milwaukee, Wisconsin . . . DEBBIE SCHRAMEK, a former Miss Sarnia in 1971 and graduate of Humber's Public Relations Program, has been appointed Promotion Director for Westwood Mall in Malton . . . BEV WALDEN, a Chairman in the Business Division, discussed electronic data processing at an annual series of lectures sponsored by the Toronto Board of Trade . . . KIT CARSON has been appointed Director of Executive and Professional Development Programs for the Centre for Continuous Learning . . . The Lakeshore Business and Professional Women's Club recently sponsored a Career Day for secondary school female students. The event was called "The Choice is Yours?" and was held at Humber's Lakeshore One Campus . . . CFRB Radio, Canada's largest radio station, has agreed to sponsor an annual award for the Humber College Radio Broadcasting Program. The Gordon Sinclair Award will be given to the student selected as the most promising newsperson each year by instructors in the program . . . Senior students in the Advertising and Graphic Design Program at Humber recently presented a free show of their original designs and drawings at the Paper Centre of Inter City Papers in downtown Toronto . . . Humber College Bookstores have sold more than 1,400 music albums called "First Take" and 1,500 cookbooks titled "Reunion of Recipes". These collector items were produced by the Music, and Family and Consumer Studies Programs, respectively, to help celebrate Humber's Tenth Anniversary . . . Full and part-time instructors have access, at no charge, to the course titled "First Aid and Accident Prevention" offered by the Health Sciences Division . . . Second semester students in the Family and Consumer Studies Program have sponsored a hearing aid for a hearing impaired child in the island of St. Vincent . . . JAMES CORCORAN is the Chairman of the Property and Finance Committee for Humber's Board of Governors while JAMES BEATTY is Chairman of the Program Committee . . . Humber College is awaiting approval from the Metropolitan Toronto Regional Conservation Authority to proceed on the construction of a 200 foot by 400 foot show and exercise paddock in the valley lands south of the North Campus Equine Centre . . . Humber recently conducted two Metric courses in French for GSW Limited in Montreal . . . Ontario hopes it can begin construction this year on a 150-bed institution for the mentally retarded to be built near Humber's North Campus.

**10TH  
ANNIVERSARY  
CONVOCAATION  
BALL**

FRIDAY, JUNE 17, 1977

ROYAL YORK HOTEL  
(Canadian Room)

Cocktails 6:30

Dinner 8:00

Dancing 9:30 - 1:00

LIVE ENTERTAINMENT FEATURING  
The Humber College "A" Band

The Eddy Groff Band

Ed Sossin

\$15 per person  
\$30 per couple

Tickets available  
at all Bookstores



10TH ANNIVERSARY YEAR

