



# Legal pot will raise security questions

Demetre James

NEWS REPORTER

High times that are coming don't necessarily mean free times at Humber College.

Canada's federal government is poised to legalize the recreational use of marijuana for those aged 18 and above on July 1, 2018, but it may not mean students will be able to smoke up on campus.

Rob Kilfoyle, director of Public Safety, said when legalization does happen, there might be a perception among students that it's allowed on campus.

As of now, it won't be allowed after legalization, he said.

Article 2.4 of the Prohibited Conduct section of Humber's Code of Student Conduct states use, possession or distribution of non-prescription drugs is prohibited on campus. However, it is unclear what category marijuana will fall under after legalization.

Prime Minister Justin Trudeau and his Liberal government are expected to announce legislation — which will give provinces the freedom to determine how marijuana is distributed and sold — during the week of April 10.

Kilfoyle said he flagged the issue of marijuana legalization up the line to his senior executive as something to consider in reviewing existing policy.

"We need to be prepared for legalization because right now Public Safety does spend a number of resources managing marijuana on campus," he said. "We need to put some clear rules around it."

"If the Senior Executive's policy after legalization states marijuana possession is not permitted on campus, my staff would enforce that," Kilfoyle continued. "If the institution chooses to allow it, then we would likely ignore it unless it's contributing to



CREATIVE COMMONS

Humber College will have to determine how to regulate cannabis use on campus after recreational consumption becomes legal on July 1, 2018.

some other issue on campus."

Humber's spokesperson Andrew Leopold said in an email it's too early to offer specific plans for the college.

"We will monitor the issue and will review the impact, and/or requirements of the legislation on the college environment," he said.

Leopold said it's expected that whatever the province's policy is after the law is enacted will apply equally to all colleges.

Marijuana legalization is set for July 1, 2018, which will permit 18+

adults to purchase cannabis or grow it on their own.

At Humber College, these upcoming societal changes are bringing forth varied responses from staff and students alike.

Ahmed Tahir, former president of IGNITE, said he welcomes the legalization of marijuana as long as people know how to use it safely and it is not abused.

"Once it is legalized, there is a good chance IGNITE will put on events to educate people about the

safe consumption of marijuana," Tahir said. "These type of events are important in the same way you see events happening on campus about the safe consumption of alcohol."

He said his personal opinion on marijuana use is it should be treated as a health issue and not a criminal issue. Tahir said he has seen the many positive medical benefits of marijuana, and current research into the medicinal aspect of it is only just scratching the surface.

"In the same way that alcohol helps

as a stress reliever, I think marijuana has a similar benefit," Tahir said.

Lyn Borth, a Humber Media Communications student, said marijuana has many helpful properties for mental health.

"It aids in anxiety. You can get strains that help you focus," Borth said. "It's a very good non-pharmaceutical solution to some problems and I think as college students, we really need that because not everybody wants to be constantly popping pills."

## First responders struggle to cope with trauma in outdated culture

Jon Kennedy

NEWS REPORTER

Retired Mountie Glenn Hanna can still vividly describe the pants on one of the first dead bodies he came across while on duty.

"I can't see a woman wearing those now without thinking of that scene," he said.

Hanna served 32 years with the RCMP. He is now the assistant program head of Justice Studies at the University of Guelph-Humber.

"Most of my service dealing with it was very internal," he said, de-

scribing how he coped with the cumulative stress of the job.

"You just dealt with it yourself," Hanna said.

The attitudes are beginning to change about mental health in the first-responders community but controversy exists whether enough is being done to support those in need.

According to TEMA, a GTA-based charity and support group for first responders and military personnel created in 2001 by Humber graduate Vince Savoia, 48 first responders committed suicide in

2016. Another eight have killed themselves in Canada so far this year. Aside from outside groups like TEMA, there is still no national database tracking deaths by suicide.

Erin Alvarez, spokesperson for TEMA, thinks there are numerous obstacles remaining to overcome within the ranks.

"I think the culture is still very, very archaic and that is the major issue, and there is still a lot of work to do," she said.

Rick Defacendis, a 33-year veteran of Peel Regional Police and a

Police Foundations program co-ordinator at Humber College, agrees there is more work to do.

"We have to continue to work on the attitude of police organizations towards those who maybe suffering and police chiefs have to continue to lead in that regard," said Defacendis.

There is no specific course on mental health in the Police Foundations program but "self-care" is cited in the material.

"We don't have a course on it that would make sense, but we do thread the theme through a number of dif-

ferent courses related to self-care," the former Peel homicide detective said.

Defacendis did see some positive changes regarding the stigma during his time in uniform.

"Police organizations know and understand now that these kind of incidents and events can have a cumulative affect on the mental health of their employees," he said.

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# Traumatized first responder urges mandatory mental health checks

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Hanna, who was forced to see a psychiatrist due to policy and the nature of his work, was apprehensive at first.

“To be honest I didn’t feel that I needed to do it but I got to tell you when I was in with that person much to my surprise, I rather enjoyed it,” he said.

The mandatory sessions eventually changed his perspective. He now supports a wider institution of that policy within law enforcement.

“I found it useful and it’s made me wonder if it’s maybe something that should be more prevalent,” he said, comparing it to the routine physical tests organizations have done for years.

“That’s why I’m in favor of a mandatory periodic mental health check-up,” he said.

Alvarez pointed out the need for support among first responder occupations – particularly policing, fire fighting and paramedic services -- due to the frequency of exposure to high stress and trauma.



CITY OF TORONTO

Toronto paramedics along with police, firefighters, face work trauma.

“Whether you call it a diagnosable mental health injury or not, they are dealing with trauma every single day,” she said.

Hanna still recalls one of the days when it boiled over for him when he was horsing around with his son.

“He crawled into a hockey bag so I grabbed it to twirl him around and I went to do the zipper up and I completely lost it,” he said getting

visibly emotional.

“I had a sudden vision of putting my son in a body bag,” Hanna said.

He reinforced the need for help for those in need.

“There are others who have concerns and they can’t deal with it on their own, nor should they,” Hanna said.

“That’s where these supports have to come in,” he said.

## Students on autism spectrum able to excel

Paul Schubert

NEWS REPORTER

David Rankie thought high school was tough, but he’s finding college a greater challenge.

Rankie, a Heating, Ventilation and Air Conditioning student at Humber College, has Autism Spectrum Disorder (ASD). He’s been coping well with the adjustment to post-secondary education and emphatically succeeding.

“So far, I’ve maintained a 90 average in every class,” Rankie said. “I’ve been on the Dean’s List three or four times, and I’ve passed all my government exams for my program.”

Rankie is also quick to share some of the challenges he has faced. Having a nine-month gap between high school and college was tough since he had to re-adjust back to a school setting, but this time in a much larger environment.

Rankie explained there are barriers students with ASD face on a regular basis. Understanding of the condition just isn’t there and it’s a struggle for non-ASD students to comprehend the challenges faced by those on the autism spectrum, he said.

Sonia Thakur, a Humber accessibility consultant who works with ASD students, said it is important to not generalize about all students with ASD due to the diversity within the autism spectrum itself.

“Depending where they are on the spectrum, they will present different challenges,” she said. “Basically, (it’s) the social challenges and navigating the social interactions that they have in their day-to-day lives.”

Jeff Szmyr is another accessibility



PAUL SCHUBERT

Despite having Autism Spectrum Disorder, David Rankie has been on Dean’s List several times and has a grade average of 90 per cent.

consultant who previously worked with ASD students at North campus before relocating to the Lakeshore campus.

“When I used to work at the North campus, there was a higher population of ASD students there than at the Lakeshore campus,” Szmyr said. “I think that’s because there are some programs that are more popular, and those are housed at the North campus.”

Szmyr said Accessibility Services

at Humber are not yet designed with autism as a leading consideration, although it is now working to help identify and break down the barriers faced by such students.

“I think that when a supportive environment is established, then some brilliant course work can come out of the students,” he said. “For example, I have seen students within the Multimedia Design program that produce excellent portfolios of work.”

## Automation replacing big swaths of human labour

Matthew Hodder

BIZ/TECH REPORTER

“I am not staring at you. I am a cyborg photographer. Just act natural. This is a candid shot.”

While this line from the cartoon *Rick and Morty* may be silly, what if cyborg photographers were real? What if you lost your job to a machine?

Last week, *Maclean’s* magazine cited an Oxford study which concluded 47 per cent of jobs are at risk being automated. This study is from 2013, but the threat of automation has only grown since then.

What is automation? A basic definition would be to take a repetitive human task and teach a machine to do it. Greg Jamieson, associate professor of Mechanical & Industrial Engineering at the University of Toronto, says it goes further than that.

“In my field, sometimes people say it’s any task that a person used to do that’s now done by a machine. But now we are having machines do tasks that people never did, so that definition of automation doesn’t seem very descriptive anymore.”

It is Jamieson’s expectation that automation will have a massive impact on the transportation industry, and this shift may come sooner than expected.

“Google cars and that type of technology is not where we will see automated vehicles first. I think where we’re going to see it first is in (commercial) transportation.”

This might be bad news for someone hoping to pursue a career in that field, according to Jamieson.

“Long-haul trucking, that job will go away. If I had a child who was finishing high school and wanted to think about their career, there’s no way I would encourage them to do anything related to long-haul trucking. It’s tons of hours, low stimulation, reasonably high risk, and a machine can do that much better.”

The world of medicine is changing drastically as well.

Diagnosis of a patient requires the correlation of individual characteristics, symptoms and settings. The skill required for a medical professional to diagnose a patient is acquired through extensive training and practice.

A machine, on the other hand, can pick it up on the fly.

According to Jamieson, “machines can do that correlation very readily,” but their capability is a blessing and a curse.

“If a medical professional is expected to use a diagnostic machine to help them diagnose a patient, then that expertise is offloaded into the algorithm. A mediocre doctor would have more expertise at their

fingertips. But they also lose the practice and become de-skilled at doing those things.”

Automation does not only help with diagnosis, but can work preventatively in ways that humans cannot alone.

“If a machine is scraping medical records for information about patients and diseases you can foresee things like outbreaks. You can see when flu season is coming on. You can see if there is a particularly virulent strain of a virus going around,” says Jamieson.

When these automated tools are at our disposal or when these tools dispose of us, we are faced with two challenges.

The first challenge we face, according to Jamieson, is to learn enough about how automation works in our chosen disciplines so that we can use it to extend rather than replace our capabilities.

“Employers are going to want people who can be skeptical about these automation tools,” says Jamieson. “They’re going to want employees to use them because the potential benefits are huge.”

“But these employers are also going to learn that what they still have people for is to understand the context, to understand the nuance. Machines are the ultimate idiot-savants. They are incredibly powerful, but utterly ignorant of context.”

Michelle Zhou, a student of Humber’s Interior Design program, sees both sides of this coin.

“A lot of my job is based on drawing, so if a machine can do that I’m out of luck,” Zhou says. “But I would still be the one being creative. It might actually help me out.”

Achal Raveendran, a student of Humber’s Electrical Engineering program, is also cautiously optimistic.

“If robots can install lights, they lack creativity in doing so,” says Raveendran. “Maybe in the future my job will be to tell a robot where to install lights.”

While some jobs may be more or less safe from extinction by automation, there are many that are not. This poses a distant second challenge whose solution may involve a total restructuring of our society.

“If we have so many fewer jobs, universal basic income comes up as an economic and ethical issue,” says Jamieson.

“When we industrialized, we moved huge swaths of population from the country into cities because the jobs were there and it radically changed our societies. But how are going to move people to where the jobs are if the jobs are nowhere?”



# INFUSE fashion program magazine launches final print edition

Alanna Fairey  
LIFE REPORTER

Humber College's fashion magazine INFUSE is appearing for the final time as a print publication, with an image of the new front cover released earlier this week.

The student-run periodical is created by the Fashion Arts and Business program.

"INFUSE is more of an 'everything' magazine," Arianna Popat, the editor-in-chief of INFUSE said. "We do lifestyle, we do fashion, and we do everything. I hope that INFUSE encourages students to come to fashion events and learn more about our program."

The issue launch, which took place in the North campus LinX Lounge on Monday, included a panel hosted by INFUSE board members Amanda Seto and Robbin Yoon.

Seto spoke with Humber alumni who talked about their experiences in the fashion industry and offered advice for those still in the Fashion Arts program. The magazine's cover model, Medjy Mezilus, was also included in the panel.

"It's been a pleasure being at the launch party for the students who have worked incredibly hard throughout the past year," said Jennifer Dawson, program coordinator of the Fashion Arts and Business program.

Since this issue will be INFUSE's



JENNIFER DAWSON

Launch party at LinX Lounge on Monday was hosted by Amanda Seto (left) and Robbin Yoon, joined by cover model Medjy Mezilus (centre).

final print copy, the publication has rebranded.

"We started from scratch starting with our social media channels and they've really surpassed all of my expectations this year," Dawson said.

Popat has always felt that she thrives in a leadership position, which made being the edi-

tor-in-chief an easy role to take on. While acknowledging that there were challenges, Popat credits her team for overcoming them to ensure the final printed edition.

"The fights we've had, the hardships we've had are over and we've all come together to celebrate our launch, so it's just a really good feel-

ing," Popat said.

Popat hopes that students will not assume that INFUSE Humber is solely about clothing esthetics.

"We want people to understand that we're not just designing fashion clothing, but we're actually doing the business side of fashion and we want people to learn more about our

program," Popat said.

"I hope first year (students) really reach out for INFUSE even though its not going to be print version next year."

The new edition of INFUSE will be distributed at Humber's Annual Fashion Show on Apr. 11.

## Brain games night raises support for Alzheimer's

Lotoya Davids  
NEWS REPORTER

Humber's postgraduate Event Management students brought a different type of electric feel to the Hard Rock Cafe with their Meeting of the Minds event last Friday.

Neurons sparked during the trivia-based fundraising event. The event's purple color scheme, themed drink called the 'brain drain', memory games, and trivia questions were combined to support Alzheimer's research at Toronto's Baycrest Foundation.

Host Riley Little entertained a packed house with rounds of trivia questions combined with his casual humor. Trivia teams, sectioned by tables, tried to claim prizes by the end of the night. Throughout the night patrons were encouraged to participate in the silent bid for a chance to win prizes sponsored by various companies including Savor Living. Main sponsors included RE/MAX, Digital Dream, and Music in Motion.

According to one of the event organizers, Cigdem Teke, the students of the one year postgraduate program were divided into four teams and asked to pitch two event ideas



LOTOYA DAVIDS

A large turnout at the trivia night, many donned the colour purple in support of Alzheimer awareness.

at the beginning of the school year. After developing the concept for a Meeting of the Minds event in November, the team of 10 students began planning the following month, dividing into subcommittees with a focus on partnerships, venue, production, finance, or marketing.

"We chose to support the Baycrest Foundation due to the fact that it is a registered charitable organization that provides funding to Baycrest Health Sciences," said co-organizer Justyna Fabisiewicz.

"Baycrest is an academic health sciences centre, which places special emphasis on brain health and aging. Its dedicated staff conduct research on Alzheimer's disease and other forms of dementia, educate

the public, and provide care to those who are affected by these diseases," Fabisiewicz said.

The purple colour scheme for the evening reflected the signature colour for the awareness campaign for Alzheimer's.

In-between rounds of trivia games was a speech by Dr. Rosanne Aleong, manager of Research, Innovation and Translation at Baycrest, who spoke on brain diseases and advice on how to keep the brain healthy. Aleong encouraged a healthy diet and exercising the brain with challenging games such as crossword puzzles, and keeping the brain active by even simply reading newspapers.

Participant Melissa Cabral gave a moving speech about her relative's

experience with Alzheimer's disease and dementia. Afterwards, she commented on the value of a trivia night for an event like this.

"Trivia night was inspired as a method to remind individuals to keep their minds engaged," Cabral said. "Mind games are known to help keep the mind healthy and prevent the progression of memory loss. The production subcommittee worked very hard to pull trivia questions for various trivia games."

If patrons wanted a break from trivia questions they had the option to challenge their brain with smaller activities installed around the event space. They could test their memory skills with the memory card game, relax with word search puzzles, or

challenge their senses in a game of 'Name that spice'.

The event also provided a 'Memory wall' which allowed patrons to write a small note of a fond memory and display it on a wall at the event's entrance.

"When planning the event, we thought about how we could raise funds and generate awareness about the diseases, while creating an entertaining evening for attendees. We were aware of the popularity of pub trivia nights and their potential to educate attendees in a unique way, so we decided that we would host this type of event," Fabisiewicz says.

At the end of the evening patrons were awarded prizes for each game and for the silent bid.

"We surpassed our revenue target, raising more than \$7,700 for the Baycrest Foundation and the Humber Event Management Scholarship Fund. In addition, despite the poor weather, over 160 people attended the Meeting of the Minds," Fabisiewicz said.

The postgraduate Event Management program also proved successful in allowing students to apply their knowledge from the classroom to 'real world' experience, she added.

"The applied learning aspect of the postgraduate Event Management program is an invaluable component of the curriculum. I'm sure that I do not only speak for myself when I say that I've honed a variety of skills that I will carry with me into my professional career," said Fabisiewicz.

"The Event Management program taught me that there are more to events than what you see," said Cabral.



## RAD training considers assailant women know

Sarah Watson  
LIFE REPORTER

The first rule of RAD self-defense training? Don't talk about RAD self-defence training.

"Don't share it," said Jasjeet Bal, the Finance and Administrative Manager of Public Safety at Humber College. "We always tell our students or participants, the number one rule is do not share what you just learned outside, and especially do not show it to your significant other, your partner."

According to Statistics Canada, the perpetrator is known to the victim in 82 per cent of sexual assault cases. This is the reason Bal gives for the secrecy of the self-defence training that returns to Humber today, and for why the classes are women-only.

RAD stands for Rape Aggression Defence. The organization has been running self-defence training programs for women since 1989, and now has an international network of over 11,000 instructors, with over 900,000 trained participants.

The RAD manual, Basic Physical Defense For Women, is given to each participant. Despite Bal's assertion that they are aware of the sexual assault statistics, the manual still focuses primarily on incidents involving strangers.

Suggested in manual that 'Risk Reduction Strategies' involve invest-

ing in good outdoor lighting to "deter crime greatly," and to get thick drapes to "prevent silhouetting." This advice does not work for preventing assault from someone you know, a friend, family member, or acquaintance that would already be inside your home.

Bal is a trained RAD instructor. She explained that they do train for situations where the assailant is someone you know and you could be simply lying down, dozing, entirely unaware.

Techniques are taught for a scenario, "when you get home, if someone comes into your house, your partner, or something happens, and in that situation you're sleeping, or you don't know an attacks going to happen," said Bal. "We think about what's going on in society, and we try to cater to that."

Humber usually offers the RAD training a few times a year to staff and students who identify as female. Bal said that a lot of staff choose to participate, especially in the summer when they have more time available.

Janice Dobson-Guzik, the Dual Credit Program Officer at Humber, participated in the RAD training in May 2016.

"You know, that would almost be part two to the training," said Dobson-Guzik when asked if the training can be applied to people participants know.



COURTESY JANICE DOBSON-GUZIK

Janice Dobson-Guzik demonstrates defensive move at RAD training.

The Rape Aggression Defence manual states, "Risk awareness, risk reduction, risk recognition and risk avoidance are 90% of self-defence education!" It says that attacks are avoidable if women "remove the foundation of opportunity."

Bal said they are working on bringing RAD for men to Humber in the future, which is "verbal, it is not physical in nature."

According to the RAD website, RAD for men will have participants "consider how they can be part of reducing aggression and violence," but does not directly mention consent education.

Dobson-Guzik said she recommends the RAD training. She said she decided to participate, "just to be aware and to learn some techniques so that I'm not the victim,

and to provide confidence."

Bal also said that confidence is one of the key things that the training provides.

"For me personally, I feel like when I did the RAD and became an instructor, I felt more confident," said Bal. "I think for today, girls need to feel more confident in walking around in their skin."

"I just think it builds confidence and it makes you more aware of your surroundings, makes you know of what's safe and what's not safe, and always following that gut instinct."

The RAD self-defence training will take place on North campus in A227 from 2 to 8 p.m. today. The previous session that was scheduled for North campus in February was canceled after the norovirus outbreak.

## Trans Day of Visibility amplifies trans justice

Fareah Islam  
NEWS REPORTER

Humber College celebrated Trans Day of Visibility last Friday to offer open dialogue about the importance of inclusiveness and the accomplishments of the trans community.

A stall was very visibly set up in the North campus Learning Resource Commons to allow all students to learn more about the significance of this day.

"Trans Day of Visibility is a day when we honour successful members of the trans community to ensure that there is a positive outlook of trans people around the world," said Toni Halo, a first year Cosmetic Management student.

"There are many people who identify as being trans that are doing good in the world and are fighting for justice. Today we are celebrating these people and making sure everyone feels empowered to be their best selves."

The stall displayed information about trans people who are working to bring about change. Micah Bazant is a visual artist who is working on the Trans Life and Liberation Art Series in order to promote projects that amplify the trans justice movement.

A game of 'Trans Jeopardy' was also organized at the event. Kenny Dawkins, Resource and Events



FAREAH ISLAM

Kenny Dawkins, Resource and Events Assistant, said Humber event last Friday to help fight transphobia.

Assistant at the LGBTQ+ Resource Centre, explained the contest expands people's knowledge and tests what they know about the trans movement.

"My hope is that Humber becomes more inclusive," said Dawkins. "I want to acknowledge that the college is doing many great things but more can be done. To have a truly inclusive community at Humber, everyone

needs to have the proper education.

"Professors can benefit from workshops on how to address a diverse classroom. Instructors can ask students about how they would like to be addressed with regards to which pronoun they prefer or if they prefer to be called a name different from their legal names."

"Since coming to this college, I've realized Humber is more inclusive

than other schools. I appreciate the gender-neutral washrooms on every floor," said Laura Angus, a first year law clerk student.

"An event such as this really works towards fighting transphobia and ensuring people in the trans community feel empowered to keep doing more. Education and exposure are keys for progress," said Dawkins.

## Salsa Loca eve features dance, dine, donation

Fundraiser benefits Event Management program, Parkinson's

Bhakti Parikh  
NEWS REPORTER

A fundraising event Tuesday evening in support of Dancing with Parkinson's and the Humber College Scholarship Fund, was a combination of 'Dance, Dine and Donate' by the graduate level event management students group of Humber.

Caliente Events hosted the Salsa Loca event, featuring salsa dance lessons, live band and dance performance, at the Lula Lounge in downtown Toronto.

"A night filled with fun and dancing is a perfect evening" said Humber student Beverly Almeida.

It was "a flirty night of social dancing and fun, with all money raised going to two great charities," said Emek Hancer, an Event Management student and part of the organizing team.

"We organized this project for our project -- four groups of our class have to organize an event and it has to be a fundraising event for the charity that we choose," said Hancer.

The money raised through tickets and other means of donations were collected for a scholarship fund for students in the Event Management program. The other half will be for Dancing with Parkinson's, a Toronto based dance class for those living with Parkinson's disease.

Every year, the Event Management students host events as part of their curriculum. Other fundraising opportunities were the raffle items available and the hot pepper game.

"I enjoyed (it) so much, I am not a dancer and I was afraid of how this night would be, but the instructors made me feel extremely comfortable," said Ketki Bahadur, a Human Resources Management student at Humber.

The group gathered for the evening included Humber staff members, students and friends.

"I came with four of my close friends for this event, we started dancing from 7:30 and did not feel like leaving the dance floor until the night ended," said Almeida.

"I was amazed to see how these students organized this event with so much efficiency, everything seemed very professional to me," she said.





CASSANDRA RYAN

Event management students hosted a kickboxing mega-class on March 28 at Mattamy Athletic Centre, Maple Leaf Gardens to help train women to respond to physical intimidation.

## Kickboxing mega-class helps women move from fear to confidence

**Cassandra Ryan**

NEWS REPORTER

Cassie Day, a Toronto fitness instructor, shows how important it is for women to learn how to protect themselves.

A high kick makes contact with a sparring partner. It's an emphatic statement about what women have to do sometimes to protect themselves, she teaches.

"Kickboxing improves street awareness," Day said as Humber College hosted a large self-defence class

late last month in downtown Toronto.

About 200 women of all ages came to the FightForHer event held at the Mattamy Athletic Centre at Maple Leaf Gardens and all were eager to fight for themselves and for each other.

"I am very passionate about the movement, nutrition and empowering women," Day said.

Charlotte Millar, a volunteer for FightForHer, feels that it's important for girls to learn how to reduce risk of physical altercations and how to take certain precautions.

"It's important for women and

girls to understand the position they sit in society today," she said. "There's a certain reality that women and girls face that men don't, including heightened risks of sexual and physical attacks."

This is why the Event Management program at Humber Lakeshore focused on building this event.

Brenna Spademan, an Event Management student, wanted to take part in creating an event that gave women a sense of empowerment.

"Many women do not feel comfortable walking down the street at

night," she said. "While there's more to it than just women knowing how to defend themselves, having the skills and strength to do so will also help build confidence."

Millar believes that kickboxing classes are a fun, energetic way to equip women with techniques and strength.

"It shifts attention away from fearfulness and towards empowerment," Millar said.

Day and Miller agree that kickboxing is an effective self defense tool that also makes many of these women feel sexy, strong and safe.

Millar said women who don't feel comfortable or know where to start to learn to defend themselves should research what self-defence program works for them.

"I want to educate as many women as I can on how to feel their best," Day said.

FightForHer worked directly with local charity Sistering, which provides support to homeless and marginalized women. As well, the organization works with the Humber Scholarship Fund to help ease school tuition costs.

## Half post-secondary students cheat yet only one per cent disciplined: survey

**Michael Thomas**

NEWS REPORTER

Most post-secondary students have heard about the repercussions of plagiarism, which can lead to being expelled from a school with a permanent blot on the student's record. Yet the allure of plagiarism does not go away despite students being reminded year after year that it can strip away their future plans quite quickly.

Plagiarism is a growing problem among Canadian post-secondary students, according to a survey conducted by CBC.

Julia Christensen Hughes, Dean of the College of Management and Economics at the University of Guelph, told CBC that the survey showed more than 50 per cent of students admit to different forms of cheating.

Out of 54 universities polled, 42 gave data showing that only one per

cent of the students were disciplined in the years 2011 -12, according to the CBC study.

"If I have a suspected plagiarism paper, I have discussions with the student right away," said Humber College nursing professor Jennie Miron.

"Prof's are working with content that (they) love and it's difficult, it affects relationships," Miron said of the trust which is violated by plagiarism.

Miron said she understands that some students will unintentionally plagiarize because they don't understand the rules and requirements of properly sourcing the material they use in assignments.

However, cases of intentional plagiarizing carry serious penalties.

"Penalties for plagiarism vary from completely failing a paper or having marks deducted," Miron said.

Humber states that any act of plagiarism is a breach of academic honesty.

"I am not surprised that people

shy away from it because it is a difficult subject," Miron said.

"A student that is pressed for time should always have a talk with his or her prof about getting an extension," she said. "Professors want students to succeed, but honestly."

Kathy Ullyott, assistant program head of Media Studies at the University of Guelph-Humber, said she has encountered students cheating.

As an editor, Ullyott has also had writers sell the same story to more than one publication; this is not illegal but from an ethical standpoint they are plagiarizing themselves and damaging their reputations.

Ullyott said plagiarizing is a career ender in her line of work and does not recommend students to cheat.

Business professor Patricia Peel of the University of Guelph-Humber said, "Some students see school as a place where they are in a competition for marks instead of learning."



MICHAEL THOMAS

**Kathy Ullyott, assistant program head of Media Studies at University of Guelph-Humber, says plagiarism is a career ender in her field.**

Peel said that statistics show Business students are more likely to commit plagiarism and that Guelph-Humber spends a lot on software to catch cheaters, naming one program called Turnitin.com

as a major source of detecting these academic crooks.

Peel has made it her mission to catch students cheating. She said she once caught 18 students cheating on a single midterm.



## Bragues book on money, politics

**Bhakti Parikh**  
NEWS REPORTER

George Bragues, Business program head at University of Guelph-Humber, launched his first book, *Money, Markets and Democracy: Politically skewed Financial Markets and how to fix them*, last week at the school's Art Gallery.

"In understanding of the financial market, we need to take the political factor into account, as politics matter a lot, more than what people think," said Dr. Bragues, who is also assistant vice-provost at Guelph-Humber.

Addressing millennials, he said, those in the generation who are "going to have to invest in the stock market, need to understand everything that affects it, for them to be able to plan their financial goal, be it education, family planning or their retirement."

Bragues addressed the issues covered in the book to the audience at length during the March 30 launch.

"He talks a lot on different aspects of democracy, politics and how they correlate together in his book," said Ashely Tagala, event coordinator and faculty support officer in Academic Services. "Anyone can value learning more about the financial markets and how it works for their personal growth," she further added.

"One of the courses that I was looking forward to take this year was money and marketing, this is



BHAKTI PARIKH

**George Bragues (right) at Guelph-Humber launch of his new book.**

a very good read for an interest in economics, marketing and politics," said Daniel Bielak, a first-year student of Business at Guelph-Humber.

"A person can spend 20 to 30 years in learning, and Dr. Bragues has compressed his knowledge of all those years in a book," said Bielak.

"If you can read what he learnt through his experiences in a week or two, is a great inspiration."

Dr. Bragues exhorted the student audience, saying, "Become more financially literate, know your money, it's really important."

## Police conduct review calls for race, mental health data

**Hailey DeWitt Williams**  
HUMBER NEWS

A long awaited review of the agencies that oversee police conduct in Ontario has been released.

The 263 page report reviews the Special Investigations Unit (SIU), the Office of the Independent Police Review Director, and the Ontario Civilian Police Commission.

Justice Michael Tulloch of the Ontario Court Appeal, said oversight agencies should begin collecting demographic statistics such as race, gender, age, mental health status, religion, ethnicity, and more, recommending proper use and best practices regarding this data. He said without data collection, conversation about police violence and racial profiling is dominated by allegations and anecdotes.

In a live webcast yesterday, Tulloch revealed the SIU will be provided with more staff who are both socially and culturally competent, and dedicated to supporting affected persons and their families.

"Former police officers should be vetted to ensure that they are properly suited to conduct partial investigations by incorporating anti-bias measure into their recruitment, training, education, and evaluation," said Tulloch, appointed to lead the review in April 2016.

The Independent Police Oversight Review made recommendations on enhancing transparency and accountability of oversight bodies while guarding fundamental rights.

Oversight bodies should work effectively, efficiently and have clear mandates, reducing overlap and inefficiencies among them. Enhanced cultural competence with Indigenous peoples is also sought.

Calls for review began after the death of Andrew Loku, a mentally ill black man, in 2015. Other police situations involved civilians sexually assaulted, injured, or killed.

After seven months of fact finding, information gathering, and 130 private meetings, 1,500 people were heard from in 18 public consultations held in centers across the province.

The meetings were open to the public, media, and streamed live on a webcast.

Tulloch said there has been a great appetite for change and there has been willingness of police stakeholders, the public, and oversight bodies to participate in this change.

The final report makes 129 recommendations.

"The people of Ontario are entitled and deserve to know that when it comes to the operation of police services in the province, justice is not only done but it is seen to be done," said Tulloch in the livestream.

## Band merchandise works as marketing for revenue, recognition

**Fox Johnson**  
NEWS REPORTER

Marketing matters, as up and coming bands aren't guaranteed riches from the get-go.

For indie punk band Clairvoyant, consisting of three Humber College and University of Guelph-Humber students, band merchandise not only provides revenue but helps cultivate a visual identity for the musicians.

These punks purchase more sale inventory with their merchandise earnings, so it's doubtful they care about making a lot of money, at least right now. What they want is recognition.

Clairvoyant consists of guitarist and vocalist Hannah Edgerton, a second year Creative Photography student at Humber's North campus, bassist Riley Barnes, and drummer Robyn Bond, both Media Studies students at Guelph-Humber.

"Once you get to the point where you want to do music seriously, you have to have merchandise because that's how you're going to get most of your revenue," Barnes said.

But selling merchandise can be tougher than being in the mosh pit.

Clairvoyant started playing shows in the spring of 2016, and their first foray into merchandise was t-shirts, closely followed by stickers. For the past few shows, Clairvoyant has sold patches.

Clairvoyant, which will be playing the Horseshoe Tavern on May 17, has ordered 80 t-shirts. They said about



FOX JOHNSON

**From left, Hannah Edgerton (lead guitarist and vocalist), Robyn Bond (drummer) and Riley Barnes (bassist) are members of indie punk band Clairvoyant which relies on t-shirt sales and like to support their creative output.**

70 have been sold, or one per show.

Upwards of 100 CDs of their debut EP *Rot* have been sold, or three per show. *Rot* is also available on Bandcamp.

"Especially when you're signed to a label, your music doesn't actually get that much profit, so a lot of the revenue of people who are living off music comes from merchandise and stuff like that," Barnes said.

Bond said merchandise is the tangible connection between a band

and the crowd, helping to build a sense of community.

Bond, who worked at an outdoor theatre during the summer of 2016, recalled an experience with an unlikely consumer.

"The audience was all old people that obviously didn't know our music and probably wouldn't like it," Bond said. "But one of my coworkers that came to a show bought one of the shirts with our album cover and literally one of the members of

the audience, like a really old lady, came up to her and was like, 'where did you get that shirt?'"

The woman, who found out Bond was selling the shirts, approached her eager to buy one.

"That speaks volumes," Bond said. "Merchandise goes past the point of it needing context, it becomes a statement in itself."

She said when a band has shirts with effort put into them, people will buy them be they a fan or not.

"Another thing I like about merchandising is it helps visual artists," Edgerton said. "Which I think is something that's really important, it kind of builds a community between music people and visual arts people. It goes back and forth. It's a healthy relationship."

Associate Dean at Humber's School of Creative and Performing Arts Andrew Scott said merchandise is essential to a band's success.

"The way of consuming music has changed," he said.

The digitization of music with streaming services such as Spotify, Google Play, and Apple Music means the model for bands is to tour and consumers still want the live experience, Scott added.

Canada's live music industry was worth over \$925 million in 2015, according to accounting firm PricewaterhouseCoopers.

Nielsen data suggests that in 2016, 55 per cent of all music expenditures in Canada went to live performance.

Scott refers to this as experiential capital, where consumers want artifacts reflective of the live experience. This includes but is not limited to the concert itself, meet-and-greets, and t-shirts.

Even social media views and likes could be considered experiential capital. To date, Clairvoyant have 865 likes on their Facebook page.

"Anything that heightens the connection with your fans," Scott said.



## QUOTED Is your living situation satisfactory?

Yes, I'm satisfied. I'm paying \$275 per month, so yes I believe I'm getting my money's worth. I have to share one room with my friend, it includes kitchen, living area, washroom, and with utilities and wifi.



**Navneet Kaur**  
WIRELESS TELECOMMUNICATION,  
2ND YEAR, 23

I live with my parents in Mississauga. It's more convenient because it's local and cheaper for me. My friends live on residence and they pay a lot, so I'd rather live at home.



**Sajidah Khurshid**  
PARALEGAL  
1ST YEAR, 19

I live on residence and I think I do (get my money's worth) - I worked it out earlier this year, and it's cheaper than renting a house.



**Sam Moore**  
MEDIA STUDIES, GUELPH-HUMBER  
2ND YEAR, 19

## TO THE NINES



Hat: Aldo  
Jacket: FOREVER 21  
Necklace: FOREVER 21  
Shirt: American Apparel  
Jeans: Topshop  
Shoes: The Shoe Company

"I dressed like this to represent my personality"

**Victoria Laing**  
Law Clerk  
1st year  
26

## HOROSCOPES



**JAN. 20 - FEB. 18**  
Rein in that temper and relax. Sometimes just going with the flow works.



**JUL. 23 - AUG. 22**  
You're brave. Take that step and bring out your inner self.



**FEB. 19 - MAR. 20**  
To recharge your high energy, take some time off to think a little and be alone.



**AUG. 23 - SEP. 22**  
A smile can go a long way. Break out of that shell and let your generosity shine through.



**MAR. 21 - APR. 19**  
Stop daydreaming and come back down to earth. You never know, reality may be better.



**SEP. 23 - OCT. 22**  
Eventually, the skies will clear and it'll all turn out okay -- you just need a little hope.



**APR. 20 - MAY. 20**  
Reliable and stable may sound boring, but it could just be what others need from you.



**OCT. 23 - NOV. 21**  
Take a leap and trust people, not everyone has a stinger.



**MAY. 21 - JUN. 20**  
Stop being cagey for a few minutes and let someone know what's going on for once.



**NOV. 22 - DEC. 21**  
Always aim high -- you never know where it'll take you.



**JUN. 21 - JUL. 22**  
Let your sensitivity show, so what if you wear your heart on your sleeve?



**DEC. 22 - JAN. 19**  
Don't expect the worst. Think positive



## EDITORIAL

## Students most vulnerable in GTA housing crisis

In the same week Major League Baseball re-opens its ballparks, the Greater Toronto Area's out-of-control housing and rental prices are reaching a fever pitch.

For a potential homebuyer in the GTA, the average selling price of a home last month was over \$916,567, according to the city's real estate board in a statement on Wednesday, a jump of 33.2 per cent from March 2016.

Combined with chaotic over-density, a middling economy, slow job growth and Millennials becoming the first generation to earn as much or less than their parents, it's not hard to forecast a future-GTA where large masses of Canadians would rather leave it than enter.

It wasn't always like this. The "G" and the "A" in GTA were, at one time, the benefactors of Toronto's expensive real estate market. Ajax, Burlington, Markham, Mississauga, Oakville, Oshawa and Whitby; families and young adults, children or not, would set their roots in these growing neighbourhoods. It became the perfect starter home for a

college graduate or someone willing to travel into the city for their career.

But an oversaturated market marked by out-of-control population bumps and even more out-of-control prices has made it nearly impossible for someone to stay in the GTA upon graduation.

Let's start with the freshest of housing market consumers: post-secondary students. Sadly, what's often glossed over and most-likely affects the readers of this editorial (apart from the parents of the main demographic) is the almost inexcusable rental prices young adults face in Toronto and beyond.

Humber students who lived within walking distance of North campus told *Et Cetera* they were paying as much as \$750 per month, regardless of the amount of people living in the home (remember that North campus is on the outskirts of the GTA and is a 90-minute bus/subway ride to downtown Toronto).

Some Lakeshore campus students said they were paying more, with one telling *Et Cetera* that she

and her two roommates are paying \$925-per-month each in a one-bathroom townhouse with "almost no kitchen, beyond the fridge my grandfather donated."

For the many who relied on loans, either through a bank or the government, home ownership is impossible. Take the average GTA student: if you borrowed to pay for living expenses, food, rent and tuition, and did so for a typical four-year degree, you could be \$50,000 in debt once you've received the piece of paper. Working abroad and leaving your bubble is quickly becoming the norm.

While the news via the Toronto Real Estate Board was being digested, the *Toronto Star* reported the federal government was hoping to meet with Toronto Mayor John Tory and provincial Finance Minister Charles Sousa (federal Finance Minister Bill Morneau going so far as to retweeting a link to the *Star* story on Wednesday). Morneau wrote Sousa and Tory separately, asking to meet soon to "consider how we can collectively make progress to ensure that

housing in the GTA is both affordable and accessible for the long term."

The federal finance minister, coincidentally, also represents the downtown riding of Toronto Centre, and faced growing complaints from constituents who feared they'd be forced to leave as time passed.

On Thursday, Royal Bank of Canada's President and Chief Executive Dave McKay told a group of shareholders in Toronto that Toronto and Vancouver's housing markets are at the "point of strain" and called for a "multi-faceted solution, which addresses supply constraints and speculative forces."

McKay suggested all three levels of government work together to find a solution to the Greater Toronto Area's rapidly escalating housing prices, "and to do so rapidly, quickly."

With growing concern from citizens, politicians and members of the private industry, attention on the GTA's housing crisis is a certainty. But whether any answers can be found before the bubble bursts is more uncertain than ever.

## Canada must do more in wake of devastating gas attack in Syria



**David Tuchman**  
OPINION EDITOR

On Tuesday, the Syrian government unleashed a devastating gas attack in a northern rebel-held territory. The carnage featured dozens of helpless children gasping for breath and even more dead.

The attack stirred worldwide condemnation but words aren't enough to stop an increasingly confident al-Assad, Syria's brutal dictator, who continues to get bolstered by Russia.

Among them was federal Foreign Affairs Minister Chrystia Freeland, who said Canada is "outraged by reports of a chemical weapons attack against civilians, particularly the senseless suffering and death of children in southern Idlib, Syria."

Is outrage enough? Seemingly, no.

Justin Trudeau has already welcomed over 25,000 refugees from Syria, yet it was overshadowed by U.S. President Donald Trump's travel ban. It is obvious more needs to be done on our part, including the entire international community, to end the Syrian conflict.

If Trudeau was smart, he would take this as an opportunity to display Canada's humanitarian and military strength to the world. Canada spends 0.99 per cent of its GDP on the military, according to a recent European security summit, incredibly low in comparison to other countries with similar GDP, considering that we're one of the only countries which has helped train Syrian rebels and served with them.

If we increased our commitment by just one per cent, we could afford more equipment and soldiers which can reinforce the ones who are already there. No, we aren't a militaristic country but one of Trudeau's goals as Prime Minister was to restore Canada's place in the UN Security Council. There is no better way to get into that council than showing that we have at least some military might and resolve.

I am a little biased. My brother enlisted in the Canadian Forces last year and the last thing I want to see is him deployed in the middle of a war zone where chemical weapons are being used. However, he is serving with the intention of spreading Canada's influence around the world. It's hard for me to argue against going to Syria to provide any sort of aid.

It also goes without saying that in order to forcefully remove al-Assad from power, an international coalition would have to be formed first.

Maybe more military intervention will create more chaos, but as we sit at a safe distance talking about it, chaos and inhuman atrocity are unfolding in front of our very eyes.

## 'Unlimited' VIA Rail promotion a face-palm disappointment to youth



**Javon Walker**  
ONLINE EDITOR

There are few things more aggravating than seeing a company completely botch a great idea.

I'm not sure if the planning committees behind some of these PR stunts only think of the best case scenarios, but sometimes I'm just left face-palming at how unprepared companies are when everything backfires.

That Kendall Jenner Pepsi commercial is a great example, but I'm not talking about that.

About a week ago, Via Rail started offering Canada 150 Youth passes, for young people aged 12 to 25. Tied to the celebration of Canada's sesquicentennial - the 150 years since Confederation in 1867 -- the pass gives the card holder unlimited travel across Canada on any Via Rail routes for the month of July, at the low cost of \$150.

Just for context, the lowest regular price for a youth travelling from Union Station in downtown Toronto to Ottawa is \$93, before taxes.

I don't know if Vial Rail thought nobody would care about a historically expensive service suddenly becoming dirt cheap, but they were not prepared for the attention. Once the deal started getting shared across Twitter, Facebook and Reddit, the Via website quickly crashed from so many people trying to get a pass.

Anecdotal stories online had Via Rail customer service reps telling callers there was no limit to the passes being sold, and to remain patient. Some people were on their computers and phones for hours trying to get a pass.

Just 36 hours after the deal went online, Via Rail announced they had sold all 1,867 of their passes, a number they had never mentioned before. They eventually increased the amount to 4,000, but that too was quickly gone.

This should be something to celebrate, right? Unlimited travel across Canada being available to 4,000 young is great news. However, Via Rail upset far more people than they pleased.

For one, the older, life-long users of Via Rail felt neglected because they aren't being given similar deals. Then, there are the people who actually tried to get the pass and still failed, because of the website crash and lagging.

Poor communication sure didn't help, either. I truly believe Via Rail came up with the 1,867 cap after they realized the demand for their service was much higher than expected, and choosing the year Canada became a dominion would make it seem like they planned it all along to be this way. This clearly wasn't the

HUMBER  
**Et Cetera**

*Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.*

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case, because they then sold another 2,124 passes.

Last, but not least, the inevitable outrage of the people who actually bought the pass is bound to hurt them in two months' time. While the pass was advertised as giving unlimited travel, in reality it only gives access to economy seats that need to be booked using the Escape fare category.

These spots are subject to seat availability and carry other restrictions.

Imagine having all these grand plans to be all over the country, only to find that you were only able to use your pass a handful of times, if that. And that doesn't even cover expenses like food, lodging and all that good stuff.

Ultimately, Via Rail Canada didn't think the demand for its services were that high. It turns out they don't even believe in their own product. That's probably what makes me face-palm myself the hardest about all of this.