

# Et Cetera

Humber jazz grad returns for Toronto performance / A&E 8



TTC allocates \$5M to dialysis patients, not general service / News 3



North campus blackout coverage posted online at humberetc.com

# Arboretum awarded platinum

Humber's facility is first in Ontario to receive new program's award for sustainable development

**SAMINA ESHA**  
Senior Reporter

The Centre for Urban Ecology at Humber Arboretum has been recognized as the first and only such facility in Ontario to win a Platinum Certification award from the new provincial EcoCentres initiative.

The Ontario EcoCentre program celebrates education centres across the province to encourage achievement in a range of environmental markers.

"The program itself consists of 10 elements which are used as a checklist," said Darryl Gray, manager of education for Toronto and Region Conservation Authority. Elements like energy, waste reduction, environmental quality, social acuity and carbon footprint are chosen, said Gray, because they will help set standards for other centres to follow.

The Arboretum – founded in 1977 by the City of Toronto, Humber College and the Conservation Authority – continues to push the boundaries of sustainable development.

"It was really exciting to be validated for something we were already doing as a part of our daily practices," said Melanie Sifton, director of the Arbo-

retum and Centre for Urban Ecology. "In a year, the building only outputs the carbon footprint of an average person while being used by thousands of people daily."

The centre is also a waste-free facility that recycles everything, said Sifton. In the future, she said, the centre will continue to push the boundaries of sustainable development.

"We have a sustainable sites initiative coming up in June," said Sifton. The centre is one of three locations in Canada taking part in the worldwide testing for landscape facility.

"We are hoping to certify at least seven acres of land around the Arboretum as a sustainable landscape. We have to keep up, and we walk the walk."

Sifton said this achievement would not be possible without the help of the students.

Graeme McKenzie, 27, a third-year sustainable energy and building technology student, became involved in the project while working at the Arboretum.

"I think the award brought the awareness among students that it's there," said McKenzie.



PHOTO BY SAMINA ESHA Centre for Urban Ecology has been nationally recognized for its ecofriendly initiatives.

## Humber chair tied to Ornge

**MICHAEL GREGORY**  
Senior Reporter

The chair of Humber's board of governors says he isn't going anywhere, despite a public battle that ousted him from Ornge, Ontario's air ambulance service provider.

Rainer Beltzner and members of Ornge's board of directors resigned last month after a series of *Toronto Star* articles revealed the salaries of top Ornge executives are being kept from the public, along with several other accusations into the not-for-profit agency's financial dealings.

Beltzner chaired the board of directors at Ornge but has never been tied to any of the allegations.

Beltzner said the board decided to resign to allow for full transparency.

"The role of the board at Ornge and the issue at Ornge have a lot to do with how the management team and CEO of Ornge have conducted themselves...and the full story is yet to come out, I think that would be fair to say," Beltzner said.

The Ontario government has since appointed seven volunteer members to head Ornge's new board.

As chair of Humber's board of governors, Beltzner leads a 17-member group that oversees goals and strategic direction of the college, including any contract that may be lawfully entered into by the college.

A document available through Humber's website lists the "preparation and approval" of a business plan, budget, annual reports, and the approval of the auditors' report and financial statements among their responsibilities.

Beltzner also currently sits on the audit and finance committee.

Humber College President John Davies would not comment on whether Beltzner's former position at Ornge would affect his duties as Humber board chair.

But despite the public nature in which Beltzner's resignation from Ornge took place, and the skepticism that he admits may now surround (CONT'D ON PAGE 4)

## Food for sensual thoughts

**KAT WARD**  
News Reporter

Students looking for love this Valentine's Day shouldn't rely on culinary aphrodisiacs to secure a romantic encounter.

Despite claims that these foods "get you in the mood," Dawn Macaulay, a psychologist and coordinator of general education at Humber, suggests that the placebo effect plays a more significant role.

"The power of belief is quite strong," Macaulay said. "The act of just starting to take something for a desired effect can build confidence and make you notice changes that were already happening to begin with."

According to Macaulay, research demonstrates that people who unknowingly drink fake alcohol at a party, will start to act drunk.

The same can hold true for culturally sexualized foods like oysters and chocolate covered strawberries.

Beth Washburn, Humber sociology professor, illustrates how the context

of preparing food can heighten its intimate nature.

"If a man takes the lead and makes the effort to prepare a meal, it goes outside the cultural norm for most people," Washburn said. "As a result, the act itself fosters a certain romantic environment that can make people feel loved, desired and desirable. If someone gets aroused, this might be the true cause."

Sara Wood, a naturopath, maintains these factors should not overshadow the effects of aphrodisiacs altogether.

"Oysters for example, have high levels of zinc," Wood said. "Deficiencies lower testosterone levels and thereby decrease sexual drive."

She often prescribes herbal remedies including "horny goat weed" to address libido deficiencies.

Joy McCarthy, a Toronto based holistic nutritionist, disagrees with this approach.

"Adding herbs to your diet is not a fix," McCarthy said. "People should focus on addressing lifestyle factors, such as getting more sleep and quitting smoking. This will give you better



PHOTO BY KAT WARD Humber student Matthew Kessel eats a berry, a natural aphrodisiac.

sexual results."

Health researchers do agree there's a biochemical link between food and physiology, but there are limits to what's known about any connection with arousal.

"The reality is there are certain nutrients that make you feel better, active and more energized," Washburn said. "However, strong aphrodisiac research remains insubstantial."

## THIS WEEK

BY SARAH HORWATH

THURS	FRI	SAT	SUN	MON	TUES	WED
<b>9</b> Dan Hill @Rose Theatre, Brampton	<b>10</b> Laila Biali @Glenn Gould Studio - CBC Building	<b>11</b> Harlem Globetrotters @Rogers Centre	<b>12</b> Potted Potter @Panasonic Theatre	<b>13</b> Dare to Wear Love @Textile Museum of Canada	<b>14</b> Valentine's Day @Canada	<b>15</b> Shaun Boothe @North Student Centre
TIME: 8 p.m. The legendary singer-songwriter tours Canada performing his most recent album, <i>Intimate</i> .	TIME: 8 p.m. 2011 Juno Award nominee tours Toronto performing her contemporary jazz album, <i>Tracing Light</i> .	TIME: Feb 11 @ 7 p.m. & Feb 12 @ 2 p.m. See the newest additions to the team - TNT, Tiny and Hops.	A Harry Potter smash comedy. Runs from Feb 11 to Mar 4.	TIME: 1 p.m. to 2 p.m. An exhibition to raise awareness and funds on behalf of the AIDS/HIV pandemic in Africa.	Hopeless romantics can serenade their sweetheart on this romantic day for lovers.	Check out a conceptual and interactive hip-hop performance featuring songs from his mixtape, <i>Waiting Room</i> .

# Native knowledge program open to all



PHOTO BY HELEN SURGENOR  
Shelley Charles, manager of Humber's Aboriginal Student Services, developed the new indigenous knowledge certificate for students of every background. The hope is to spread more understanding of native culture.

HELEN SURGENOR  
News Reporter

A new indigenous knowledge certificate was launched this year, aiming to help Humber students bring a basic understanding of aboriginal culture to the workforce.

"There is a larger native population in the cities and the urban centres for sure, and that's why this certificate program is really important," said Shelley Charles, an elder and manager of Aboriginal Student Services at Humber. "You're dealing with a number of social issues with native people, but also this would provide you with more understanding of how we can work together and build relationships which are successful."

Charles developed the certificate for both native and non-native students and said it provides many opportunities for the sharing of cultural information in the classroom.

Students must complete eight courses - ranging in topics from culture and history to contemporary native issues - to earn the certificate, which is offered by Liberal Arts and Sciences in conjunction with Aboriginal Student Services.

One of the instructors involved

with the certificate is Prof. James Dumont, an aboriginal scholar and elder sitting on the Truth and Reconciliation Commission.

"We're really privileged here at Humber to have him on staff teaching," Charles said, calling Dumont a pioneer in the native studies field who will be able to affectively teach both native and non-native students, bringing them together to learn about each other.

Carlos Lopez, a third-year student in electromechanical engineering, is taking an indigenous knowledge course taught by Dumont, and said he enjoyed learning the Anishinabe creation story.

"It's a long story to tell. He mentioned that sometimes they take days telling this story," said Lopez, who has already spent three classes having the story explained by Dumont.

Only two of the eight courses required to earn the certificate are currently being offered, but more are scheduled for next term as on-campus awareness of the certificate grows.

"We're happy to promote [the certificate program], and I look forward to learning more about it," said Gina Antonacci, dean of social and community services.

## Winter Wood Tour explores Arboretum

KAITIE FRASER  
Environment Reporter

Humber's Centre for Urban Ecology has partnered up with Etobicoke Master Gardeners to increase the Arboretum's presence in the Rexdale community.

"We've been known as the best-kept secret and we want to break out of that," said Jimmy Vincent, a nature interpreter at the Arboretum.

The partnership with Master Gardeners, an Ontario-wide volunteer organization to share horticultural knowledge, began last June, said Melanie Sifton, Humber Arboretum director.

"We share the same mandate," said Sifton. "We have a site, so we decided to come together."

The two groups collaborated to put on the Connecting People with Plants tour last June, but the event was rained out, said Sifton.

Representatives from Master Gardeners will lead a Winter Wood Tour, highlighting the origins of various plant species and the challenges of growing them, said Vincent.

"We have about 30 types of trees to

focus on," said Suzanne Zacharczyk, coordinator and tour guide for Etobicoke Master Gardeners. "We did some research about how they grow, their bark, the types of bugs they may [attract.]"

This is the first major tour, but eventually both organizations would like to offer one for each season, said Sifton.

The winter tour was created because there are not many educational programs about plant-life in the winter, said Zacharczyk.

"The tour offers a good variety of tree types and how to identify them in the winter," said Zacharczyk. "There's a lot you don't see when all the leaves are there."

The tours will aim to educate the wider public of the benefits of having an urban green-space and to get people growing their own, said Vincent.

"Not many schools have this backdrop," said Vincent. "We want to get the name out there and offer a cool setting for horticultural education."

The Winter Wood Tour will take place Saturday from 10 a.m. to 12 p.m. at the Humber Arboretum's Centre for Urban Ecology and is free.

## Bartleman talks native issues

Aboriginal youth marginalized, discriminated against and face epidemic suicide rates, says former Lieut.-Governor

SARAH MACDONALD  
News Reporter

There is a suicide epidemic among youths in native communities and little is being done to save them, said James Bartleman, former Lt.-Gov. of Ontario, during a President's Lectures Series talk held at Humber North campus last week.

"It has been going on there for almost 25 years, in which at least 25 kids kill themselves every year. They are the invisible, forgotten children of Canada and nobody seems to care."

Speaking to the Et Cetera before his lecture, Bartleman, who is half Chipewewa, explained that native children feel hopeless in their communities and often find solace in suicide.

"The kids are the ones who suffer from poor decisions taken by their government, parents and their leaders. Nobody cares about the kids," he said.

Bartleman's lecture singled out youth in North Ontarian communities, focused primarily on the treatment of natives historically - conflicts, residential schools, land disputes - and how

what happened decades ago is felt in native communities today.

Ian Gerrie, a Humber liberal arts and sciences professor, said this lecture is beneficial to people who may be aware of situations in native communities - such as the recent coverage in At-tawapiskat - but do not know the full extent of it.

Students who attended the lecture said they left with a broader knowledge of what native people really endured.

"It was eye-opening," said Nirmala Persaud, 20, a liberal arts and sciences

student. "I never knew the native community suffered a lot."

The President's Lecture Series, in its 11th year, is meant to feature lecturers who will resonate with the student body, said Melanie Chaparian, liberal arts and sciences professor and chair of the event.

"The goal of the lecture series is to provide this opportunity to students. It's free and you will come across some pretty big names that [are not otherwise] always possible for students to hear from."

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2 MINUTES FROM HUMBER COLLEGE

## College to offer rape defence training

**PATRICIA BROTZEL**  
Crime Reporter

In late February, Humber will provide students and staff with the opportunity to learn self-protection through its Rape Aggression Defence training.

"It is a program for realistic self-defence tactics and techniques for women," said Pervez Ditta, director of public safety.

Other post-secondary schools have offered RAD training in recent years. Ryerson University has been certified since 2008.

"People come in not knowing what to expect and by the end they are more confident, happy, and often they say they can't understand why more people don't take it," said Tanya Fermin, RAD instructor and manager of security and emergency services at Ryerson.

Michael Kopinak, assistant director of public safety and Keith Pua, public safety co-ordinator at the Lakeshore campus, are two of the four Humber staff members who underwent rigorous training in order to teach others defensive techniques.

"The days were long, one day was 13 hours. I remember getting back to the room and I just passed out and fell asleep right away," Pua said.

Pua and Kopinak partook in a simulation component in which an instructor in full body armour lets the students take turns practicing their strike technique on them. Though this portion of the training is traditionally available to students, Humber has decided to opt out.

"It is partially due to cost. But there is also a time element," Pua said. "It adds an extra eight hours to the course."

The training format is expected to be entertaining as well as informative.

"Students will have fun learning how to defend themselves, learning proper techniques, and learning about their personal weapons," Pua said.

Some individuals who take RAD are there because they have been victims of sexual assault, said Ditta.

"About 30 per cent of people identify with the term 'survivor.' They have experienced situations in their past where they have actually survived an incident," Ditta said. "Both male and female instructors are used, to accommodate the types of emotions that may come out."

Security said students should leave the workshop with a sense of empowerment and a better understanding of how to protect themselves.

"We all have the power within us to minimize being victimized," said Kopinak.

Classes will take place Feb. 27 from 5 p.m. to 9 p.m. and Feb. 29 from 6 p.m. to 10 p.m. at Lakeshore campus.

# TTC budget move sparks debate

Decision to restore transit for dialysis patients means reductions elsewhere

**LAURA BOOTH**  
Political Reporter

The Toronto Transit Commission's decision to allocate \$5 million to provide service for dialysis patients has caused some static between the commission and transit users.

"We have a very difficult choice: do we return back the service levels or do we provide service to some of the very most vulnerable people in the city," said Peter Milczyn, TTC vice-chair, at a TTC meeting on Jan. 31.

"I will be supporting providing the service to the most vulnerable in the city," he added.

When the city budget was voted on in January, city councillor Josh Colle forwarded a motion arguing that the city use \$15 million of its 2011 surplus to avoid cutting a number of city services, with \$5 million allocated to the prevention of TTC service reductions.

To the surprise of many, council voted in favour of the motion—even though Toronto Mayor Rob Ford opposed it—by a 23-21 margin.

Prior to the vote, the city had threatened to cut Wheel-Trans service for dialysis patients after a six-month pardon in which no new customers were eligible to register for the service.

In addition, the city also intended to lessen off-peak and weekend transit service beginning Feb. 12, on 35



PHOTO BY LAURA BOOTH  
The Transit Commission met at City Hall on Jan 31st to determine how it would allocate the \$5 million windfall.

routes.

With an extra \$5 million now available, the commission decided - to the consternation of Ward 9 councillor Maria Augimeri - that service for dialysis patients be restored until the end of the year.

Augimeri said it was the intent of Colle's council motion to restore services for the general population. She

also argued that service for dialysis patients should be the responsibility of the province.

Victoria Cortex Peraza, 19, a first-year cosmetic management student at Humber and a regular TTC user, agrees with Augimeri that the commission should have restored off-peak service.

"I guess I would be a little selfish

about that. I don't want to wait any longer out in the cold," said Peraza.

Some Humber students, however agree with the final vote, such as 22-year-old Laila Bazerbachi, a first-year studying cosmetic management.

"I would definitely wait a little more if the money is going to a good place," said Bazerbachi.

## Gays question Catholic schools

**DANIEL BUZZELLI**  
News Reporter

In order to comply with a provincial mandate that schools must allow anti-homophobia clubs, Ontario Catholic school boards say they will allow students to form anti-bullying groups called "Respecting Differences" clubs.

According to a report issued by the Ontario Catholic School Trustees' Association (OCSTA) on Jan. 25, the term "Respecting Differences" addresses all forms of bullying. Gay-straight alliance clubs, per se, are not acceptable in Catholic schools, the report says.

"What it sounds like to me is these clubs aren't going to address the homophobia issue, they're just going to address the bullying issue," said Greg Wilkinson, co-president of BOLD, the

gay-straight alliance at Humber North campus. "So I'm not sure if it will leave something to be desired or not. But it is a step in the right direction."

According to the OCSTA report, student activities or organizations are not intended as platforms for advocacy, protest or activism supporting anything not consistent with Catholic teachings.

OCSTA president Nancy Kirby was not available for comment, but according to the report, "Respecting Differences" groups will ensure that Catholic schools provide an environment in which all students feel safe from bullying.

"The primary focus of the group is anti-bullying," said Patrick Keyes, Superintendent of Education for the Toronto Catholic District School board. "And I've never met anyone who is in favour of bullying."

Most gay-straight alliances try to reduce the stereotypes and stigmas attached to LGBTQ people and are intended as more of a social forum to discuss gay issues in the media and in the wider community, according to Wilkinson, 21, a second-year radio broadcasting stu-



PHOTO BY DANIEL BUZZELLI  
Greg Wilkinson, co-president of BOLD, is skeptical about the impact of "Respecting Differences" clubs on homophobia at Catholic schools.

**"Pointing out differences is a lot easier than pointing out similarities."**

**-GREG WILKINSON  
CO-PRESIDENT OF BOLD**

dent. "It's really just making everybody feel welcome at Humber, making everyone feel safe."

Critics of the OCSTA report point out the term "respecting differences" may be counterproductive for anti-bullying groups as it tends to focus more on the differences between people rather than the similarities.

"Pointing out differences is a lot easier than pointing out similarities," said Wilkinson. "As long as they include homophobia in the umbrella of anti-bullying, I don't think it's really

an issue."

BOLD co-president Bryn Robertson agrees that changing the name of a school club does not necessarily change its meaning.

Still, Robertson, 22, a second-year student in Humber's funeral services program, said it would be a problem if similar issues of semantics crept onto college campuses. "If it is a post-secondary group - like what we have at Humber or at a university - then no way. We're adults, we make our own decisions."

# Valentine's Day violence

## Youth stress over meeting expectations for a perfect day

**KAT WARD**  
News Reporter

Valentine's Day is supposed to be a day of love, but it can also cause stress and violence between young couples, studies from the Canadian Red Cross suggest.

The Red Cross research observes that violence between partners tends to be higher in people aged 18 to 25, and that stress resulting from holidays – including Valentine's Day – can trigger violent outbursts.

According to Statistics Canada, police received almost 23,000 reports of dating violence in 2008.

"Holidays like Valentine's Day are difficult as recent cultural norms have created a high pressure environment

to provide a perfect, wonderful and romantic day," said Liz Sokol, counseling co-ordinator at Humber's North campus. "If a partner fails to meet expectations, the question begs itself as to what that means for the other person."

Neuroimaging research presented in March 2011 by Dr. Joanne Cummings of the LaMarsh Centre at York University demonstrated that physical and social pain affect the same area of the brain.

Adults who are 18-25 react in the same way to breaking a bone and the experience of rejection, said Brian Smockum, an educator and trainer with the Red Cross. Adults 18 to 25 are striving for independence and developing their sexuality, he said. Young adults have not had much life experience in

dealing with social pain, so their brains tell them to react more aggressively.

Methods used to abuse partners can vary, said Michelle Smith, executive director of the Women's Support Network in York Region.

"Not all violence results in bruises or scars," she said. "For some, name calling and verbal abuse from a partner can cause a low self-esteem, isolation and depression."

Smockum said that communication is the key to successfully working through difficulties.

"So much is making oneself aware of the stressors that can lead to violent situations," he said. "Changing cultural norms will never exceed the value of talking with those whom you trust and love."

# Humber chair is confident he'll stay

(CONT'D FROM PAGE 1)

him, Beltzner said he's "absolutely" confident in his ability to carry out his role at Humber.

"It's not the issue of an influence of one person; there's lots of capabilities on the committees on the board so the full transparency is always there," said Beltzner.

Board of governors member Lily Khosla, also part of the audit and finance committee, described Beltzner as a "great asset" and "very knowledgeable."

"He seems to know quite a bit about the post-secondary educational institutions and their workings – he's been on the board for a while," said Khosla, adding that Beltzner "asks all the right questions because he knows what to look for."

Beltzner said there's been no discussion among board members asking for his resignation.

He added if that were to happen he would do whatever is in the best interest of the college.

"The relationship between myself, Humber and Ornge is unfortunate and it puts Humber into the spotlight when that's the very last thing any of us would like," he said.

# CAW, CEP discuss merging unions

**RUSSELL PIFFER**  
Labour Reporter

Two of Canada's largest unions are discussing a merger in an effort to revitalize the labour movement, union officials say.

The CAW is in discussions with the Communications, Energy and Paperworkers Union of Canada to form a new union that will merge the two groups.

"We need to change, we need to pool resources, at a time when it seems that the resources, money and influence are all floating up to the most wealthy," said Angelo DiCaro, national communications representation for

the Canadian Auto Workers.

The last 30 years have seen "a slow and steady decline in the rate of unionization," he said, adding that if unions don't reverse the trend they could slip into irrelevance.

Details of a new union haven't been worked out, but it would be more involved in broader social movements, said Dave Coles, CEP's president.

It would also reach out to groups traditionally disconnected from organized labour like temporary or part-time workers, he said. Both of those groups tend to include students and other young people.

To win support, Coles said orga-

nized labour must address issues like education and the environment, as well as providing good jobs.

John Pucic, a human relations instructor at Humber, said declining union density is due partially to increased workplace rights.

"We have a lot of legislation, the Employment Standards Act for example, that sets minimum thresholds where it becomes hard for people to rationalize actually belonging to a union, because the protections are already there," Pucic said.

Employers are also resisting the higher wages that come with a unionized environment, he said.

On Friday, Caterpillar Inc. permanently closed its Electro-Motive plant in London, Ont. after locking workers out since Jan. 1 and demanding they accept a 50 per cent wage cut.

Meanwhile, Caterpillar is expanding operations in Indiana, which became a "right-to-work" state last Wednesday, outlawing mandatory union membership.

"The challenge for unions is to do some more international organizing," Pucic said. "If capital is moving offshore, unions should also focus their organizing offshore."

Internationally coordinated campaigns – including one against mining

giant Rio Tinto – are already in the works, Coles said.

Eight hundred workers at the company's Alcan smelter in Alma, Que. have been locked out since Jan. 1.

The United Steelworkers union campaign will start with Rio Tinto employees around the world approaching their managers about the lockout, Coles said, and will build from there.

A large-scale demonstration including both Canadian and international unionists is scheduled to happen in Alma on March 31.

"We're not going to play by the rules," Coles said. "The boss is not playing by the rules, nor should we."



PHOTO BY KRISTIN ANDREWS  
Nathania Bron, recreation and fitness co-ordinator at the Lakeshore campus, encourages students to use meditation to help cope with stress.

# Humber meditation classes are free but need dedication

**KRISTIN ANDREWS**  
Lakeshore Reporter

The Humber Lakeshore Community Gym is offering free meditation classes to students with hectic schedules and busy minds.

"We thought this would be really good to bring to Humber because being a student is extremely stressful sometimes," said Nathania Bron, recreation and fitness coordinator.

Yoga teacher and Humber meditation guide Lee Majewski said the practice, which began at Humber on Jan. 9, is an inward journey that can be used to increase awareness.

"[Meditation] helps you to become detached," said Majewski. "You become a witness to all that is happening inside and outside of you so you don't get hijacked by your emotions."

Meditation includes focusing on one's breath or chanting mantras, she said.

"Mantra is a Sanskrit word - man means mind and tra means protection,"

Majewski said. "When you chant, you actually protect your mind in that it doesn't allow for thought to jump around."

Humber counselor Liz Sokol explained that meditation can help reduce the anxiety that students experience around academic performance, but it takes dedication.

"Anxiety can affect your ability to write exams because it's a high pressure situation where you have to be in the moment. The more pressure, the more it

increases anxiety," said Sokol.

Sokol noted that people have to sustain a meditation practice for three to four weeks before there is a noticeable difference.

"It's not one of those things that have immediate benefits," she said. "It's mental work and it's not necessarily fun, especially at the beginning."

Classes are open to all Humber students on Mondays at 4 p.m.

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# Ebooks arrive to publishing class

Humber's creative book publishing program incorporates changing technologies into curriculum

**CLAIRE MCCORMACK**  
News Reporter

Ebooks are a growing part of the book world and Humber's creative book publishing program is right in step with the digital movement.

"In the last two years it's become another accepted reality of the book world," said Cynthia Good, program co-ordinator of Lakeshore campus program.

According to Good, ebooks have been incorporated into book publishing classes alongside their printed precursors.

The popular format is supported by several devices on the market, including dedicated e-readers like the KOBO and Kindle, and general-use devices like the Apple iPad and iPhone.

Good – who has used all of the above devices – currently enjoys reading from her iPad with her grandchildren because of its capabilities.

"You can have just text, and read it out loud with beautiful pictures...or it can be read to them with the words highlighted so that it helps them learn reading," Good said. "When the book is done they have various interactive options like colouring in the pictures, doing a puzzle, and doing matching games."

Canada's largest book store chain, Chapters Indigo, began carrying the KOBO e-reader two years ago. Chris Carlton, who has worked at the retailer's Guelph location for nearly five years, said customers embrace the diversity of ebooks.

"I think that people definitely appreciate its use for certain times and certain places and the ability to take 100 books with you on a trip," he said.

Carolyn McNeillie is a graduate of the creative publishing program who works at eBOUND Canada, an offshoot of the Canadian Publishers Association that responds to the growing ebook industry.

In addition to producing new ebooks, McNeillie said, "publishers are scrambling to get their backlists published and it takes a lot of time and work."

Despite the digitization of books, McNeillie said some things remain the same.

"No matter what format and how things change, you still need strong editorial, you need good eyes, you need people who are really passionate about what they do," she said. "Cynthia's [creative publishing] program is incredibly for that."



PHOTO BY CLAIRE MCCORMACK  
Amazon announced last May that it sold more ebooks than both paperback and hardcover combined.

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## New Google privacy policy raises concern

ANDREW RUSSELL  
Biz/Tech Reporter

Google announced it will unify more than 60 privacy agreements to help the company provide a more streamlined service and help better target advertisements towards users.

"The goal is to simplify things for people by creating one set of rules for all of Google's products" said Ryan Burton, director of information and technology & client services at Humber.

"I'm a big fan of simplicity and clarity. With this new policy people more readily understand what [Google] can and can't do."

Plans to create a single privacy policy for all their services like YouTube and Gmail have created a divide between users valuing simplicity and those favouring privacy.

"Google should be commended for communicating more effectively with stakeholders," said Ann Cavoukian, information and privacy

commissioner of Ontario, in an email statement. "However, streamlined privacy policies and user-friendly interfaces alone are poor substitutes for real, effective privacy."

Other users are concerned combining data collection from Google's different services will blur the lines between what is visible in their public and private digital lives.

Alan Shanoff, a practicing lawyer who teaches media law at Humber, said he is concerned because Google is such "a mammoth organization with so many tentacles. Now everything will be available in a single database."

"It shows that our privacy laws are inherently weak," he said. "We don't have much choice but to consent because it's unlikely you'll go somewhere else."

Changing the terms of agreement is not uncommon, and is allowed under a provision included in the original agreement when people first began using services like Gmail.

"Google, much like other sites, is changing their agreements," said Burton. "They are providing a service and you have the choice to accept or go somewhere else."

Whether it's with Google or any other online agreement, reading the fine print in the terms and conditions section is important.

"It can be difficult to sift through an agreement, but most people don't appreciate what they are signing," said Burton.

Google's new policy will also affect mobile phones using the Android operating system.

"To be honest, I wasn't worried," said Eric Houstoun, 26, first year visual and digital arts student and Android user. "I have a high level of trust with Google and my personal information. It's in their self-serving interest to do right by the user."

The new privacy policy was announced to customers on Jan. 30 but won't take effect until March 1.

## Kodak bankruptcy ends era

JESSY BAINS  
Biz/Tech Reporter

On Jan. 19, the iconic Eastman Kodak Company filed for Chapter 11 bankruptcy due to lagging sales and changing technology.

Rubina Ahmed-Haq, a business journalist for Moneyville.ca, said despite the company's declining fortunes, recent developments do not necessarily mean the end for Kodak.

"Typically a company would file for Chapter 11 if they're having trouble paying their debts and want to buy themselves more time," she said.

Anne Zbitnew, a Humber photography instructor and professional

photographer, said the company failed to anticipate that people would start using their phones as cameras, as well as the convenience of multi-use devices instead of point and shoot cameras.

"Because Kodak had its hands in many pots - making film, making photo paper, photo processing, a lot of stuff having to do with film - that's what brings them down faster," said Zbitnew.

She also cited online photo sharing sites such as Facebook and Flickr as factors in Kodak's financial problems.

"Not that long ago you would get your pictures developed and you would get them all printed at the photo lab and that's something every-

body did," said Zbitnew. "Now I don't know a lot of people that really print anything anymore."

Michael Gilman, a Humber film, television and broadcast technician said that while the college currently uses Kodak motion picture film to shoot studio dramas, that may change in the future.

"Video is just so much easier," said Gilman. "Anybody can pick up a video camera and use it but with a film camera you need a certain level of knowledge and expertise. It is my belief that Humber will either by choice or by force have to stop using film at some point."



PHOTO BY DIPHA HAQUE  
Goldsworthy, manager at Condom Shack, has watched condoms fly off the shelves on Valentine's Day for eight years.

## Valentine's Day spurs boost in sexual activity

Retailers anticipate increase in condom and sex-toy sales as annual love day approaches

DIPA HAQUE  
Biz/Tech Reporter

With Valentine's Day fast approaching, condom retailers are quickly restocking their shelves.

"We definitely get a substantial increase of customers during the first few weeks of February," said Pam Goldsworthy, manager at Toronto's popular Queen Street West Condom Shack. "The difference between Christmas and Valentine's Day is that the whole street is packed in Decem-

ber and in February, it's only us." Waqas Qayyum, 23, an IT intern and regular customer at the Condom Shack, said it is variety and not quantity that matters for Valentine's Day.

"I practice safe sex all year, but for Valentine's Day, you want to try something new and refreshing with your partner," said Qayyum. "Condom Shack has all types of condoms - different flavours, colours, scents and even textures."

Goldsworthy hasn't noticed a change in the higher Valentine's Day condom sales trend in her eight years as an employee, but has noticed another item becoming more popular.

"People definitely buy more female vibrators," said Goldsworthy. "Women aren't afraid to buy themselves a Valentine's Day gift anymore. Vibrators are much more accepted now than they were eight years ago."

Ayesha Gill, a medical secretary at the Humber Health Centre, said she hadn't noticed a boost in students taking free condoms from the office during love month.

"It's hard to determine, but I do know that counselors ask for more condoms during this time," said Gill. "I can definitely say that students are taking more condoms overall since the last three and a half years that I've been here."

Gill said the Health Centre is committed to promoting safe sex no matter what the season: "We have free counseling - you can make appointments to learn more about safe sex. We have a website, our own newsletter, and our peer health educators hold information kiosks throughout the year in the main lobby, the concourse, and in residence."

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# Japanese motorcycle runs on organic waste

**BASIL REHAN**  
Biz/Tech Reporter

This past fall, Japanese toilet maker TOTO unveiled a motorcycle powered by organic waste as a means of raising awareness of new environmental initiatives.

Named the Toilet Bike NEO, the motorcycle includes a custom fitted but non-functional toilet for the rider to sit on and runs on biofuel extracted from a combination of livestock waste and household wastewater.

"I wonder what the exhaust would smell like," said Andy Hertel, program manager of Humber's motorcycle training center. "You probably wouldn't want to be stuck behind one on the road."

The one of a kind motorcycle was built exclusively to launch the com-

pany's Green Challenge program and is not available to consumers.

In November, the NEO completed a month long trip from TOTO's base of operations in the west of Japan to Tokyo to kick off the program.

The company, a producer of plumbing products, has emphasized targets in three areas of business for the Green Challenge: energy and water saving consumer products, carbon reduction in manufacturing, and socio-environmental contribution.

Initiatives in energy efficient consumer products could mean lower utility costs for Humber facilities and Rexdale residents as the company aims to reduce CO2 emitted from plumbing equipment in the home by over 50 per cent by 2017.

Humber has been working towards improving sustainability projects on campus which include targets for

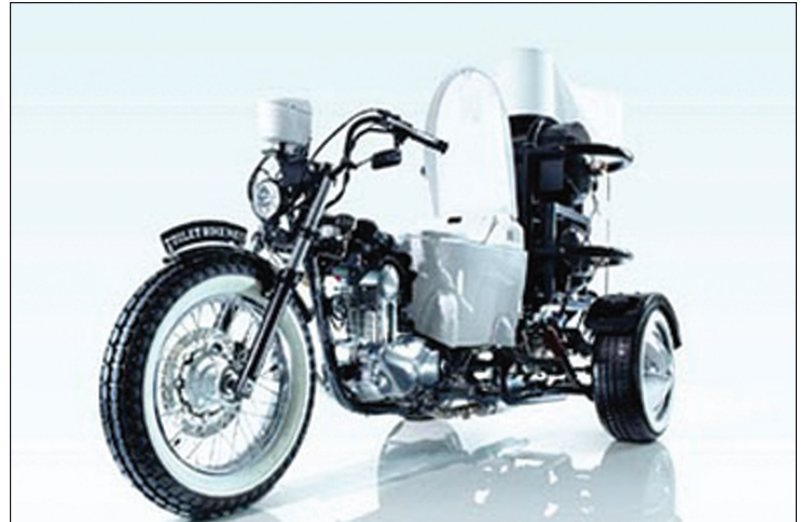
more efficient water management, said Kerry Johnston, program coordinator of Humber's sustainable energy and building co-op.

"In the residences the urinals, toilets and taps are all automatic to be more efficient so you don't turn it on and walk away," said Johnston.

"People don't realize how much energy is involved in processing water. An old toilet might use nearly four liters of water to flush down just 200 milliliters of urine," said John Bennett, executive director of Sierra Club Canada, an environmental advocacy organization.

Bennett said although it is difficult to calculate how much impact old plumbing has on overall carbon emissions, the number is significant.

"If we can fix the toilets, we'll use less water."



COURTESY TOTO JAPAN  
The TOTO NEO Toilet Bike is powered by biogas fuel from organic waste.

## 3D printers to model parts

Technology could become household item in 10 years, project engineer says

**ANDREW SCHOPP**  
Biz/Tech Reporter

Replacing a broken part for your dishwasher or blender by downloading the components schematics and printing it on your 3-D printer may soon be more than just a pipe dream.

"There will be a day at some point when every manufacturer in the world will have a list of product parts that are needed for their machines. Whether it's a washer and dryer or a refrigerator, at some point there will be a repository of these parts in a model form on the web," said Brian Quan, president of X object Inc., a company that distributes 3-D printers for personal use.

"Companies will prepare part models online as part of their customer service so that people can download the part on demand and print it using a variety of materials," said Quan.

Depending on the project, these might include various types of engineering plastics and synthetic rubbers.

"You will download a part for your washer and dryer, at four in the morning, print it out on your printer and you would have your part. You take delivery out of the picture. So somebody in east Africa could get that part just as quickly as someone in Michigan," said Quan.

Humber has its own 3-D printer which students in the industrial design program use to take their models from two-dimensions to three in order to test their designs and theories. The knowledge of manufacturing techniques taught in the program at this stage are necessary for 3-D printers to be properly utilized, said Tony Fiore, Humber College industrial design technician.

"You have to understand the tolerances and all the stuff that goes into the manufacturing process," Fiore said. "You basically have to recreate something on the computer that replicates a manufacturing technique, so if you don't have that knowledge, having a 3-D printer at home doesn't make sense at this point."

3-D printing technology may be heading in the direction where these printers become commonplace in households, as companies such as Hewlett Packard and 3D Printers Canada are beginning to distribute the printers for personal use.

"This may happen. However, it will take several more years," said Eugene Levin, a project engineer at Proto3000 Inc., a Vaughan based company that distributes 3-D printers.

"In my opinion, maybe in 10 years or so."

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# '90s music lives on in covers

Daft Punk, Weezer & Spice Girls all still popular choices

SHARON TINDYBWA  
A&E Reporter

The '90s continue to live on in three cover bands from Toronto.

The Daft Punk Tribute, Wannabe: the Spice Girls Tribute Band and Sheezer, an all-girl Weezer tribute band, have all found success covering some of that decade's most famous bands.

The Daft Punk Tribute, made up of nine Humber graduates, just wrapped a tour of Eastern Canada with a sold-out show at Wrong Bar in Toronto on Jan. 31.

"We all just realized we had a common interest in Daft Punk," said Nevin Dunn, the band's manager and a member of the band. "We were going to do it as a one-off and then it turned into something successful."

The group of friends started playing small venues in 2007, but has seen their popularity grow through YouTube and Facebook.

"Now when we go to different clubs, we are playing for 600 to 1,000 people easy," said Dunn.

Another band that has landed on the Toronto music scene is Wannabe: The Spice Girls Tribute Band.

The group made its debut on Jan. 15 at a sold-out show at the city's El Mocambo and at the request of Lee's Palace will be playing there on March 3.

Wannabe band member and Humber grad Janee Olivia said cover bands



COURTESY REBECCA LEACH  
Sheezer the all girl Weezer cover band. (From left to right): Dana Snell, Laura Barrett, Magali Meagher (standing), Alysha Haugen, Robin Hatch.

are popular because they offer fans a bargain.

"You get the same kind of performance as your favourite artist for less," Olivia said,

"Deep down inside, I think everybody, whether they are willing to admit it or not, loves the Spice Girls."

Sheezer, another all-female tribute band, has been playing together since 2010.

The group formed when two members of the band, Dana Snell and Laura Barrett, were driving home from a

show listening to Weezer's *Blue Album* and decided to form an all-girl tribute band.

"We just thought it was a funny idea and we just happen to know a lot of talented female musicians," said Snell.

Sheezer only plays Weezer's first two albums as they believe that there are two Weezers: Weezer A and Weezer B. Weezer B is the Weezer that exists after the band's second album, which was released in 1996.

"What we feel we can provide is a trip back in time," said Snell.

# G-H opens Ghirardo exhibit

NEETU THIND  
A&E Reporter

University of Guelph-Humber business students unveiled the Claudio Ghirardo exhibit in Guelph-Humber's art gallery last week.

The Ghirardo's collection is called Neo-Humanism: A Contemporary Look at the Human Figure.

"I think what people will take away from it is a different perspective of what the human body could look like to somebody," said Misha Jethva, one of the GH event management students who helped organize the show.

Ghirardo said he developed the idea of neo-humanism from the renaissance period paintings that focused on the humanity of people, and said the more he played with the concept of neo-humanism, the more he saw the strengths and vulnerabilities of the human body.

"The body is a marvelous thing, but

it is also fragile," said Ghirardo.

The Mississauga artist said he was impressed with how the GH business students brought the show together.

"So far it has been very positive and they have been very open to make it work," said Ghirardo.

The artist said he is enjoying having the students deal with the meticulous details of putting an art show together.

"My only real interest is the art work. I kind of prefer having someone else take care of the work, to tell you the truth," said Ghirardo.

GH students Jethva, Jacqueline Cohen Kennedy, Stephanie D'Souza, Shaun Fazal, Aydee Ng and Lisa Vo organized the exhibition as part of their event management course.

The final-year business students considered the challenges in organizing an event outside their area of expertise.

"You have to tune into your creative side, because yes, we're business students, but when you're talking about artwork you need to be a little creative with what you give as the final product," said Jethva.

Kennedy added, "It's been stressful because we're doing it for someone else so it has to be done to their standards as well as our's."

The 35-piece exhibit will run weekdays in the Guelph-Humber Art Gallery from noon to 5 p.m. until Feb. 24.



COURTESY LAILA BIALI  
Humber grad Laila Biali is nominated for the 2011 Juno Award for best vocal jazz album of the year after her Italy tour with Sting.

# Jazz artist returns home for show

KOLLIN LORE  
A&E Reporter

Coming from New York, jazz singer-songwriter, Laila Biali, is returning to Toronto for a performance tomorrow.

The 31-year-old Vancouver-born musician graduated from Humber in the early 2000s.

"She is multi-talented. She is a superb piano player, superb writer, composer and arranger – separate skills that are very valuable. And she is a fantastic singer to boot," said Denny Christianson, one of Biali's former teachers and director of music at Humber.

Through more than 10 years in the business, Biali worked with other established musicians such as Paula Cole, Suzanne Vega, Chris Botti and Sting.

Biali's recent album, *Tracing Light*, released in 2010 and nominated for a 2011 Juno award for best vocal jazz album of the year, was completed while she was in Italy touring with Sting, of whom she spoke very highly.

"He's a gracious, generous and inspiring human being, and as a musician he continues to display hunger, growth, experimentation, versatility and excellence that you wouldn't expect of an artist of his stature," she said.

Drummer Larnell Lewis, who performs with Biali, describes her as a "bubbly person, very upbeat, light and refreshing."

"She always has that motherly personality – a sense of taking care of people."

Recently, Biali has had her own child to take care of, her one-and-a-half year-old son, Joshua, whom she said she believes has the wild energy of a drummer, passed down from her husband, musician Ben Wittman.

Joshua is also the inspiration for many of the songs on an upcoming singer-songwriter album to be released in the fall of 2013, along with a jazz album later that year.

Biali will be performing at CBC's Glenn Gould Studio.

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# This Week

BY KELLY GABEL & SARAH HORWATH

**THURS**  
**9** It's Not Me, It's You - Anti V-Day Pub @LinX Lounge

TIME: 10 p.m. to 2 a.m. Singles can mingle and broken hearts can dance the night away with DJ JC.

**FRI**  
**10** City and Colour @Massey Hall

TIME: 8 p.m. The Juno award winning singer-songwriting plays two shows featuring songs from Little Hell, released last year.

**SAT**  
**11** Chinese New Year Carnival 2012 @Sony Centre

for the Performing Arts TIME: 8 p.m. Celebrate the Chinese New Year with the Beijing-based China National Performing Arts Group.

**SUN**  
**12** The Roaring Twenties: Heels, Hemline & High Spirits @Bata Shoe Museum

An exhibit from Feb. 8 to June 30 showcasing the fashion of the twenties.

**MON**  
**13** iLove - A Romantic Dot Comedy @The Second City

TIME: 8 p.m. A Valentine's Day show about dating in a social networking society.

**TUES**  
**14** Shirley's Dirty Bingo @Lakeshore, K building

TIME: 7 p.m. This classic game mixed with Shirley's sassy style is guaranteed to make you have a good time and leave with awesome prizes.

**WED**  
**15** Music, Magic, Clash: New voices in the African

Diaspora @TIFF Bell Lightbox. From Feb. 14 to 19 it's Black History Month with Canadian, Caribbean and African filmmakers.

# Humber grad YouTube video goes viral

LISA GILLAN  
A&E Reporter

A band featuring a former Humber student has skyrocketed to fame in the last few weeks with the help of a viral video and a gig on *The Ellen DeGeneres Show*.

"I've been playing shows for a long time. I can stand up in front of a whack-load of people, but I actually got nervous on the Ellen show," said Ryan Marshall, who co-founded the band, Walk Off the Earth, with Gianni Luminati.

The YouTube video features all five members of the band performing a cover of "Somebody That I Used To Know" by Gotye and Kimbra, on one guitar, and has been viewed over 49-million times since it was uploaded on Jan. 5.

"I thought it was fake," said Michael Velasquez, a second-year mechanical engineering student at Humber who has it on his iPod.

His friend showed him the video shortly after it was released, he said. "Then I showed my girlfriend. She had already seen it."

Marshall said the band members

often jump around and play each other's instruments at live shows.

"We've always had this idea to put multiple people on a guitar," he said. "So Gianni jumps on YouTube one day and found that there were four people playing a guitar, and it was like 'OK, well we gotta do a video of five people.'"

Joel Cassady, who plays drums for Walk off the Earth, was enrolled in Humber's music degree program from 2009 to 2011.

Cassady stepped away from the program because "he had a chance to travel and wanted to play some music and write some tunes," said Mark Kelso, head of the percussion department at Humber.

Cassady had emailed Kelso, his former instructor, about re-enrolling, right before the video went viral.

Marshall said Cassady had also been talking to him about returning to Humber, about a month before the video was released.

"I don't know if he's gonna have time to go back next year," Marshall said. "I think he's gonna be kinda busy."



COURTESY ERIN BLACKWOOD & SHAWN VAN DAELE  
Canadian indie rock band Walk Off the Earth features former Humber student Joel Cassady on drums. (From left-right): Joel Cassady, Gianni Luminati, Sarah Blackwood, Ryan Marshall, and Mike Taylor.

# T.O on map for best music scene

SARAH RIX  
A&E Reporter

Humber College music students may appreciate their time studying in Toronto after *The Grid* called it "the best music city on the planet."

The front-page story by Andre Mayer in the Jan. 19 edition of the weekly Toronto magazine said the 2011 "best of" albums list were indicative of Toronto's indie rock and popular music dominance, with acts like Austra, Feist and Drake ruling supreme.

Toronto is home to "world-class acts making world-class music," said Andrew Scott, professor of music marketing and business at Humber.

Mayor Rob Ford tweeted about the article and New York Times writer Adam Sternbergh agreed with it in a blog for the publication.

Sternbergh said Torontonians should embrace their musical superiority, not shy away from the designation.

"I think the Times article had a good point," said Kate Millet, a CHARTattack and MuchMusic writer. "We are kind of modest. We're not necessarily going to say we're the best. The music scene's emerging and changed in the past five years. There's much

more of a community."

Natalia Buia, Humber journalism graduate and music writer for CHARTattack and Sticky Magazine said she knows a lot of bands from Vancouver and Calgary that have moved to Toronto.

"There comes a point where making it in their local city isn't enough anymore. They go to Toronto for the next big thing," she said.

Denny Christianson, Humber's music program director, said the city's superiority is a "matter of opinion."

Despite Toronto's diverse arts scene and culture, Humber's jazz-based music curriculum is part of a form "highly underrepresented in the mainstream media," said Christianson.

"I don't think that's systematic of Toronto," said Scott, adding that what is specific to the city is a tradition of musical innovation.

In the early 1960s, acts like The Band, a group formed out of Toronto, would play at Le Coq d'Or (what is now the HMV on Yonge St.), "years before the British blues invasion," said Scott.

"[Toronto's] definitely not the worst place to be," said Millet. "There's a lot of inspiration in the city right now."

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# No job blues: economy in funk

A Statistics Canada study shows that job applicants outnumber vacancies three to one



**SAMINA ESHA**  
Senior Reporter

The future can look scary for recent and upcoming graduates.

Getting a job is tough. Getting a job in your own field is tougher still.

As the Canadian economy struggles to produce jobs, a Statistics Canada study of job vacancies estimates that last summer there were 3.3 unemployed people for every vacancy.

From July to September, Canadian businesses averaged 248,000 job vacancies, while 811,000 people were looking for work.

Navreet Kaur, 24, a final year student of hospitality and tourism management at Humber College, foresees an unsettling future.

"It would be difficult to find a job post-recession. I know there are less chances and I am worried," said Kaur.

According to StatsCan's job vacancies survey released on Jan. 24, among the 10 largest industrial sectors, education services have the highest unemployment ratio (10 people per vacancy). The lowest ratios are in wholesale trade, health care and social assistance (1.4 to one in each sector).

Administrative and support services had the highest rate of job vacancies at 2.6 per cent, or 20,000 vacancies.

"The objective is to count the number of vacant positions available. The report's data is based on responses to two new questions in Statistics Canada's monthly Business Payroll Survey," said Jason Gilmore, senior analyst of Statistics Canada. These questions asked "whether businesses had any vacant positions on the last working day of the month and, if so, how many?"

Gilmore said the survey reached 15,000 businesses across Canada. It's the first of its kind, but from the start of this year it will be done on a regular basis.

Pierre-Pascal Gendron, PhD, program co-ordinator at Humber's business school, thinks that while the economy is doing better than last year, it is still overshadowed by the recession.

"The world economy is unsettling. But students shouldn't waste time waiting for the economy to get better. When you look at the ratios of the survey it can be misleading, as it only gives you the average. Students should be out in the field looking for jobs in a more aggressive and ferocious manner," said Gendron.

The Labour Force Survey from StatsCan released on Feb. 3 shows the unemployment rate climbed one notch to 7.6 per cent in January.

Minister of Labour, Lisa Raitt, said despite the changing global economy, the Canadian government is intently focused on creating jobs and long-term economic growth.

"We're working hard to implement Canada's Economic Action Plan and its job-creating measures, as we also prepare for Economic Action Plan 2012," said Raitt.

"While the International Monetary Fund (IMF) recently forecasted Canada's economy will

have the strongest economic growth in the G-7 in the years ahead and Canada has created 610,000 net new jobs since July 2009 (the best job growth record in the G-7,) the global recovery is fragile. Canada is not immune."

Similarly, Alyson Queen, spokesperson for Human Resources Minister Diane Finley, said the Canadian government will provide funding to help employers create summer job opportunities for students by introducing the Canada Summer Jobs 2012.

Canada Summer Jobs provides funding to organizations with 50 or fewer employees. The goal is to create summer jobs for 15- to 30 year-old full-time students intending to return to their studies in the next school year.

"The government of Canada has invested over \$10 million permanently in the budget 2011 for this program. The Canada Summer Jobs 2012 would help up to 36,000 students all across the country to get employment in different sectors so that they are able to earn while they learn," said Queen. "As the country continues to work through economic recovery the focus is not only 2012 but beyond."

Megan Portengen, 19, a final year Humber student of paralegal studies, agrees with the government's positive outlook.

"I am not worried because I have a lot of connections in my field. I think networking and keeping an eye out for jobs really helps even if it's post-

**"The global recovery is fragile. Canada is not immune."**  
-LISA RAITT

recession. Plus, the government is doing a fair job," said Portengen.

Despite a positive outlook Carole Vincent, PhD, principal research associate of Social Research and Demonstration Corporation said between 20 and 30 per cent of post-secondary education graduates work in low skilled occupations.

According to a labour survey released by the research corporation, 23 per cent of graduates reported that their job only somewhat matched their education and 13 per cent said it was completely unrelated. "These numbers made us question the reason for graduates not being able to find jobs that meet their skills or expectations," said Vincent.

The research corporation released a study on Jan. 23 which polled 500 post-secondary graduates from British Columbia. It demonstrated that web-based job search and career planning tools can be effective in improving career choices of young post-secondary graduates.

"The project provides evidence on whether the labour market competencies of recent graduates could be improved by providing them with web-based career planning tools tailored to their needs. The results speaks for themselves," said Vincent.

Karen Fast, Manager of the Career Center said there is a correlation between job openings and industry supply and demand.

"The Career Centre has seen more job postings this year. There are many openings but not all employees have the skills. So it is important for students to gain experience in their field to ensure that job. It can even be volunteering that adds to your resume," said Fast.



PHOTO BY JAVED KHAN  
Sween set the record for free throws made with 73

## Psychology



**SARAH MACDONALD**  
News Reporter

Jane Doe is in a psychiatric no-man's land.

Doe, 22, a first-year psychology major at York University, was diagnosed with generalized anxiety disorder with aspects of social phobia and social anxiety disorder but has received little help after exhausting the school's counselling resources.

Humber students face a similar situation as counselling services have boundaries they are required to stay within as they help students.

The aim of counselling services, said Liz Sokol, co-ordinator and counsellor at Humber's North campus, is to assist students in short-term care so they can achieve academic success.

"However, academic success does not come with personal success," Sokol said. "So to be academically successful, you can't be in the depths of anxiety or depression. If a student needs treatment, we're going to facilitate their getting treatment."

Doe, speaking anonymously because of the personal nature of what she is discussing, said York's counselling services cannot help her because they are limited.

"I went to the doctor on campus and she referred me to counselling services," said Doe. "I was there for about a year before they told me I overused my time. Apparently



# Basketball star Sween pursuing national gold



**JAVED KHAN**  
Sports Reporter

Malcolm X once said, "There is no better than adversity. Every defeat, every heartbreak, every loss, contains its own seed, its own lesson on how to improve your performance the next time."

Humber guard Akeem Sween, 25, a fourth year general arts student, has followed these words through the ups and downs of pursuing his basketball dreams.

"If I could be anyone else, I would be Malcolm X," said Sween.

Having grown up in Mississauga, Ont., Sween started to master the art of basketball at a young age. He played for the Applewood Heights Axemen and averaged 35 points per game, earning him a scholarship to play for Georgia Perimeter College in Atlanta.

"I won a championship in Atlanta," said Sween, "but then I suffered a knee injury in my second year and I didn't know if I would ever play basketball again."

The injury forced Sween to move back home and weigh his options.

"Now I am out to prove a point," said Sween. "I have gone through a lot of tough situations and injuries, but they have made me stronger and I want to prove that Canadian players have the talent to play at a high level."

"I was very close to going to York University," he said. "But then I spoke to [Hawks player] Daviau Rodney, and he said I have to come to Humber because we could do damage in the league and win everything."

Rodney and Sween knew each other long before Humber and have had a mutual respect for each other throughout their careers.

"We've played together and against each other," said Rodney. "We like each other's game, so having him on the same team as me is a blessing."

Since joining the Hawks Sween has been dominant, leaving his name all over Humber's record books.

In the 2008-09 season, Sween tied the school's all-time rebounds record, pulling down 120 boards. He set the record for free throws made with 73 and moved into third all-time with 28 steals. He also averaged 15.5 points per game, putting him in a tie for 17th all-time.

He won his first OCAA provincial championship that year, but the team did not place in the CCAA national championship.

After a record-breaking season, Sween decided to sit out the entire 2009-10 season, with good reason. "My little girl was born," said Sween, "so I needed to take care of her."

With the birth of his daughter, Sween needed to find a way to be a father, student and athlete.

"It's busy 24/7," said Sween. "My family brings

my daughter to the game sometimes, so that's great. But to stay in game shape, I have to hit the gym in between classes, so it can get really hard at times."

Sween has now parlayed his hard work on and off the court into numerous offers from the newly formed National Basketball League of Canada.

On Aug. 21, 2011, the Moncton Miracles drafted Sween in the third round.

"I was shocked," said Sween. "I didn't know what to do or say. I didn't even know where to walk."

Sween turned down the Moncton Miracles because of the one thing that has eluded him while playing college ball - a national championship.

"The NBL will always be there, but my main focus is bringing a national championship back to Humber," said Sween.

Doug Fox, Humber's athletic director, said there are options for Hawks players outside of the NBL. "Our players are more than good enough to play in the NBL, but they would rather play in Europe because they believe the competition will be tougher."

Sween would like to stay in the GTA, but if Europe came calling, he said he would take it in a heartbeat.

Until then, Sween has put his professional career on hold and is committed to winning a national championship. He said he will not play at Humber next season, so this may be his last chance to add a CCAA crown to his resume.

"I have confidence in myself and my teammates," said Sween. "I believe that we have a great shot this year because it's our time."

## Psychological limits

there is an allotted amount of time that you're allowed to see someone."

Zuher Ismail, an occupational therapist for Niagara Region, said health care differs within post-secondary institutions, but York University's is one of the better services.

Options for external care are limited for any post-secondary student: waiting lists for clinics and hospitals throughout the city are massive, sometimes taking a year to actually see a professional.

Psychological care is not a service extensively covered by the Humber Students' Federation, although \$300 is available.

"I think our health and wellness is a lot more than going to see a general practitioner," said Sokol.

Bryan Tran, HSF president, said the student plan has shifted to a "flex base" benefits plan. This is an attempt to reject the "one-size-fits-all" approach by tailoring benefits to each individual's needs. Categories include prescription drugs, dental, enhanced health care and vision.

"This is the first time [mental health] has been raised to me and now that I think about it, it's pretty significant," said Tran.

"It's definitely something I will bring up with our insurance provider and see what the standard is across the industry, whether there is a need for it, what holes we can fill with our student health and dental plan," Tran said. "It's sort of taboo to talk about mental health issues and now it's becoming more out there."

Outside of stress and anxiety, symptoms of more serious mental health issues begin to appear as youths head to college or university, said Kelly Crowe, a mental health consultant with the City of Toronto.

"It's interesting, because the 18-25 period has such change. It's a developmental pivot point: you're going from adolescence to adulthood," Crowe said. "It's the highest rate of suicide in any age group."

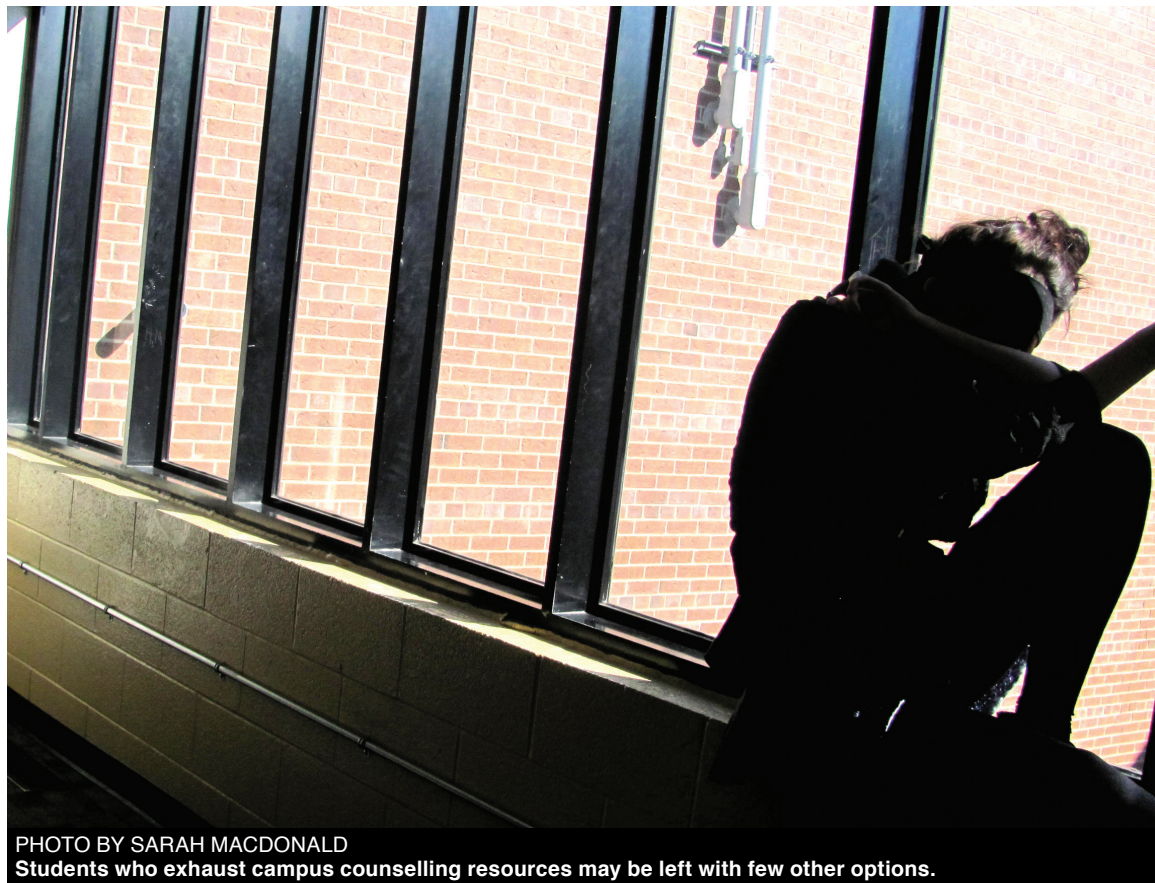


PHOTO BY SARAH MACDONALD  
Students who exhaust campus counselling resources may be left with few other options.

She said it's also the critical point when illnesses such as schizophrenia may begin to develop.

"To be honest, the most troubling and difficult thing I hear is the long, long wait for services," said Crowe. "It's really unfortunate. It's a sign that there's need, but there's not enough trained people or money going into the system."

This strain of few resources is troubling for Doe.

"The issue I'm having most trouble with isn't the university itself - it's the whole health care system in general. It's pretty much impossible to get help on a student budget," said Doe.

"When it comes to the end of the month, I don't have \$300 for an hour with a therapist. I just grin and bear it. There's nothing much else I can do right now."

## Catholic schools still deny gays

**HUMBER**  
**Et Cetera**

The *EtCetera* exists to inform the Humber community and give people well rounded coverage on the things that matter to them.

The Ontario Catholic School Trustees Association (OCSTA) issued a report in late January that said groups would be created within schools to address growing concerns towards bullying among teens. These groups, to be called "Respecting Differences" clubs, are mandated to allow for anyone prone to bullying, not just homosexuals, to join the club, including those who simply wish to curb the recent teenage suicides associated with bullying.

While broadening the effort to aid anyone subjected to bullying, including creating a place for gay students to take refuge, what's glaringly ironic about this attempt to shield these teens from being taunted for their differences is that the group name serves as a billboard to highlight the fact that they're in some way "different" from those not in the clubs. This reference to "differences" further alienates and isolates specific students, the exact opposite of what it's intended to do. Those hoping to escape from being bullied are being welcomed and nurtured while being called different, a perspective stated right in the title of the group itself.

The Respecting Differences initiative is a way around the issue of having identifiable homosexual groups in Catholic schools, whose foundation is a faith still bent against expressed homosexuality. In November 2010,

Ontario's entire separate school system received a lot of heat when the Halton Catholic School board banned the formation of any gay-straight clubs within its system. This move to create "Respecting Differences" clubs is a way to ostensibly acknowledge gay, lesbian and bisexual students, without actually doing so in a forthright and honest manner.

The decision for these groups should certainly not offend devout Catholics, and it should not offend the Church either, given that homosexuality is neither embraced nor condoned in the clubs. Nobody at the OCSTA will be receiving any calls from Rome condemning their decisions here, or at least we would hope. But it's disappointing for many within the province of Ontario, a place that could be considered on the more progressive side of the spectrum, to see a very conservative and still exclusionary stance taken regarding sexual orientation, even when school officials say they are just trying to make people feel safe.

In an interview with the *Toronto Star*, OCSTA president Nancy Kirby said, "This is about helping kids feel safe against bullying, not as advocacy for a lifestyle...we have nothing against homosexuals, but it's the (homosexual) act that is in contradiction of the teachings of the church."

So this is not really a victory for gay youth within Catholic high schools,

who shall remain outcasts within their own hallways, their lifestyles remaining a sin. They are merely being allowed to join a club that was established to be inclusionary, but that continues to label them as different. At least if somewhere in the group name appeared the words lesbian, gay, bisexual or transgendered, students could make their own decisions on the matter. Instead, these club members are just "different." One can only imagine how long the lines will be to sign up for such clubs.

According to the OCSTA's report, the groups' provisions dictate each club be led by a staff adviser who is committed to the Catholic faith and that it not allow for any sort of activism, protest or advocacy that is not in accordance with "the Catholic faith foundation of the school," meaning the club can do little more than sit around and swap stories about being bullied.

That it took the OCSTA eight months to propose this scheme is nothing short of astonishing. All it did was pick the nicest-sounding term they felt they could find to keep that portion of the student population marginalized within their own community.

Racism still exists in certain areas and among groups of people, though it's finally been widely condemned. But homophobia is far from reaching even that type of condemnation within many reaches of our society. Some

believe that homophobia is still most prevalent in the older generations and while it does exist within some youth, it is becoming less of an issue with each passing year. Even if that is true, carefully selecting the word "different" and ascribing it to groups of teen homosexuals is of no help to those kids who are striving for inclusivity and to avoid bullying.

The Ontario government passed a ruling in 2011 that said there must be an inclusive environment present in schools and that bullying based on sexual orientation must come to an end. This act will come into force Sept. 1, 2012.

It's worth asking whether or not any rulings in favour of acknowledging gay students in Catholic schools would have been passed were it not mandated by law. While public schools can have gay-straight alliances, Catholic schools refuse to make that commitment.

It appears Catholic schools will acknowledge that those students are being bullied, but will only go so far to bring them back into the flock. They still stand opposed to the root for which they are bullied and the very nature of who these students are.

One day, with any luck, the more progressive younger generations will gain control of the schools and change this backwards decision.

Here's hoping that day comes sooner rather than later.

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**HUMBER**  
**QUOTED**

**Do you think homophobia is still an issue amongst Toronto's high school students?**



"I think that homophobia is an issue. I also think that it leads to bullying, and a big part of this is because schools aren't addressing it enough."

Teresa Silva, 20  
Third-year media studies

"Yes. I think kids are growing up homophobic because they are closed-minded. One of my close friends is a lesbian. But, because she's close to me I didn't look at it as something bad. She's the same person she always was - it's just her sexuality is different."

Kayla Lopes, 19  
Second-year business studies



"I've been away from high school for so long, that I'm not sure if that's still the case, but I think it's definitely something that takes generations to resolve. The cultural insensitivity is a major problem."

Golnar Raissi, 33  
Second-year interior design



## Editorial Cartoon



Where does America stop and Canada begin?

# Don't abandon the border Sir Brock died defending



**MICHAEL GREGORY**  
Senior Reporter

There is a simple rule among historians not to use one's current perspective as a basis to judge the past. Yet, to invoke the past to cast light upon the present, I certainly wish I could hear "the hero of Upper Canada" Sir Isaac Brock's judgments upon us.

You see, last month a friend and I escaped the city to spend some time at the site of one of our country's most beautiful wonders, Niagara Falls.

Fogging up the windows of our picturesque room as we stared across the way, my friend remarked on the feeling of closeness with our American neighbours to the south. We sat there staring at the bright lights and tall buildings of another world called America.

The border at the Falls, which on our side has turned into a wild west of romanticized hotels and gamblers on steroids, was once the site of one of our nation's greatest military battles.

It's where the hard-nosed Brit, Major General Isaac Brock, who had no connection to the land our Crown called the Dominion of Canada, died on the hills of nearby Queenstown Heights defending an invasion by the Americans. The picture of a black-eyed Uncle Sam on the cover of this month's *Walrus* magazine tells you the rest of

the story on the British victory.

Let's fast forward 200 years, where once again an invasion has been sparked under a mask called national security.

Last month, the Harper government, popping the collar of their new majority, came close to signing our lives away with a new border agreement with the United States.

Long-winded and full of lofty rhetoric, the agreement was set upon by the media, giving it a proper shakedown of what it truly means for our future.

Even at a recent panel discussion on what exactly we'd gotten ourselves into, a group of University of Toronto scholars were left scratching their heads. When the academic elite in our country aren't sure of the implications of this border agreement, it becomes a scary moment.

What is clear is that Stephen Harper and U.S. President Barack Obama would like to increase the flow of trade

and people across the parallel.

Increase trade? The scholarly elite seemed to suggest this is so much more than trade and people, even if Windsor neighborhoods could get some relief from idling trucks backed up at the border.

The agreement is about national security, and comes in the context of a post 9/11 "you're either with us or against us" mentality.

As Emily Gilbert, director of Canadian studies at U of T, suggested at the panel discussion, U.S. security personnel can now engage in a boat chase across one of Ontario's shared Great Lakes and will be granted access to pursue a fugitive in Canada. She said these U.S. officials would be able to operate as in the manner of RCMP, but it wasn't clear who they would answer to while "visiting" Canada.

The issue of data sharing has also been brought up time and time again. Certainly, we grace United States based

websites all day long, but have you ever considered how that data is being used, or could be used against you? How will the U.S. government justify using your latest tweet against you in the name of national security?

U of T law professor Audrey Macklin said there was a danger of creating a digital doppelgänger of ourselves; perhaps quite different from whom we actually are in real life. So what's the trouble if the government thinks you're an online poker player and dating site troller with an affection for a Swiss Chalet quarter chicken dinner? Because, having never met you, the government has created a persona of who you are to them. The danger, Macklin said, is if going forward that digital you becomes the real you.

So what would Brock think of us throwing down the guard in that border he fought so adamantly to defend? Well, at the very least, I hope he'd warn us that the Americans are coming.

# Dishonour killings



**SAMINA ESHA**  
Senior Reporter

"Your honour, we are not criminals. We are not murderers. We didn't commit the murder. This is unjust."

These were the words spoken by Mohammad Shafia, a 59-year-old Afghan immigrant, after being found guilty of four counts of first-degree murder. Shafia's eldest son, Hamed, and his second wife Tooba Yahya, were also convicted for the murder of Shafia's three daughters: Zainab, 19; Sahar, 17; and Geeti, 13, and his former wife in January.

On Jan. 30, 2009, their bodies were found inside a car that was underwater in the northernmost Kingston Mills lock of the Rideau Canal.

"I'm not a murderer. I am a mother, a mother," Yahya said at the end of the

10-week trial.

Under Canadian law the murders were labeled as honour killing. This raises the question about what the term "honour" means and how some use culture and religion to hide behind in defense of their actions.

When culture and religion are used to harm others, it is criminal. How can this be defined as honour? The term "honour killing" is being used as an excuse to torture and murder innocent people.

In this case, Shafia and his son did not appreciate the daughters having boyfriends and considered them to be to North Americanized. The jury decided the family killed the three along with Shafia's first wife, Rona Amir Mo-

ammed. They claimed their actions were done to preserve the girls' purity.

A recent estimate shows 12 or 13 killings in the name of honour occurred in Canada over the last decade, most of the violence being incurred against women.

However, the United Nations Population Fund estimates every year over 5,000 women and girls are either shot, stoned, burned, buried alive, strangled, or stabbed to death by their own family in the name of preserving honour.

In 2006, Khatera Sadiqi and her fiancé were murdered in Ottawa by her brother for not respecting their father.

In 2010, Aqsa Parvez, 16, of Mississauga, was strangled to death by her father and brother for not wearing the traditional hijab of their religion.

According to Statistics Canada, from 2000 to 2009, 58 women and 67 children aged 12 to 17 were killed by their family members in the name of honour.

Domestic violence and murder in the name of family honour specifically is not uncommon. While the concept of honour killings is commonly reported in the Middle East, South Asia, Mediterranean and Persian Gulf countries, in the recent years countries such as France, Germany, and even Britain is not immune from the crime.

Lethal violence such as this is not honourable and something needs to be done.

The recent Shafia murders finally drove 34 Imams and Islamic leaders from North America to issue a fatwa (Islamic law) to Muslims condemning honour killings, domestic violence and misogyny, hoping to stop the violence in the name of religion.

However, does the solution rest with religion? Let's remove the word "honour" from all domestic violence, as there is nothing honourable about it.

# Combating cruelty is no laughing matter



**SARAH HORWATH**  
A&E Editor

"Every day, innocent animals are abused, beaten and neglected, and they're crying out for help."

This is a line from Sarah McLachlan's ad campaign against animal cruelty for the ASPCA (American Society for the Prevention of Cruelty to Ani-

mals) that first aired in 2006 – a campaign that one would think doesn't lend itself to parody.

While some online parodies of this commercial came out soon after its release, a recent wave of new and offensive parodies have surfaced on the web.

While I am guilty of finding humour in parodies that poke fun at celebrities or politicians, there are certain topics that should be considered untouchable.

Some of the parodies of the ASPCA campaign are featured on popular websites such as funnyordie.com and YouTube, set against the somber background music of McLachlan's songs.

There are versions that feature women imitating McLachlan and/or images of animals.

The animals are shown in funny or light-hearted situations, like a cat inside a dog's mouth or a pug in a toilet.

While these images are fine on their own, in these videos they are being used in the wrong context.

People, who are uncomfortable with topics that are serious and/or sad, sometimes feel the need to resort to humour.

These people need a reality check.

Nowadays, anyone with a YouTube account can spoof anything into a comedy, no matter what the subject or how tasteless and offensive it can be considered.

McLachlan's actual ASPCA commercial is depressing and hard to watch. It features images of animals in shelters with the background music of McLachlan's tear-jerking song "Angel." How much more serious can you get?

These commercials aim to get people's attention, to make them aware that animal abuse goes on as much as child and spousal abuse.

Animals are living beings that deserve protection and need a human voice to stand up for them. This ad campaign does just that.

How are these spoofs helping? What are they accomplishing aside

from producing some very cheap laughs?

This campaign has raised \$30 million for the ASPCA since it aired. There is even a Canadian version of the ad for the British Columbia SPCA that brings in more funds to help animals.

If a commercial has such a positive outcome financially in order to help a cause, then why make fun of the cause and the spokeswoman herself?

McLachlan is one of the few celebrities using her fame for good. I believe she is being genuine and actually cares about the cause of helping abused animals, as opposed to just having her name attached to a brand or organization.

We have to realize, too, that the ASPCA is just the most visible organization representing animals.

There are thousands of animal shelters out there that simply do not have the funds to have a commercial on the air. The ASPCA is not only helping their own organization, but

also the more than 5,000 animal shelters in the U.S. and 3,200 in Canada.

The latest statistics from the Ontario SPCA website show that the ASPCA commercial plays a needed role in helping their shelters and abused or neglected animals.

In 2010, the Ontario SPCA placed over 5,000 cats and 2,000 dogs into permanent adoptive homes. Also in 2010, over 12,000 complaints of animal cruelty were investigated, almost 2,000 animals were removed from abusive homes, and more than 120 criminal charges were laid.

These figures are no joke. These "filmmakers" and "actors" on YouTube are running out of ideas, so now they resort to picking on innocent animals that can't defend themselves.

To quote the British Columbia SPCA version of the ad: "Every hour, an animal is beaten or abused. They suffer alone and terrified, waiting for someone to help."

What's funny about that?

# Relationship status on Facebook carries hazard

Psychologist to lecture at Guelph-Humber on how social media can complicate personal relationships of users

**ERIKA PANACCI**  
Life Reporter

Social psychologist Amy Muise will give a lecture entitled "Relationships on Facebook: It's Complicated", at the University of Guelph-Humber on Monday.

"This is a topic a lot of people are really interested in," said Muise. "I really like sharing the results of this research because I feel like it's really relevant to people's lives and also it's a fairly new research area, so I think getting the information out there is really important."

Facebook users can update their status to publicize whether they are

'Single', 'In a Relationship,' 'Married,' or the decidedly more cryptic, 'It's Complicated.' However, Muise said, users need to be aware of both positive and negative consequences of making such personal information public.

She said that while Facebook gives its users a new forum for initiating relationships, it also exposes users to a lot of potential alternative partners, and that can have negative consequences for relationships they may already be in.

Zoey Kuyumju is a 19 year old interior decorating student at Humber who has witnessed the negative effects of this first hand.

"I've seen so many examples of

girlfriends getting jealous of their boyfriends and other girls."

However, not all Facebook users feel the need to make such personal information public.

"I don't believe having a 'status' on a social network means that much," said Jessica Del Tufo, a 20 year old Guelph Humber media student, who doesn't list her relationship status.

"I know I'm in a relationship, and so do all the important people in my life," she said. "I consider Facebook a way of sharing photographs and keeping in touch with people I don't see on a regular basis."

The two hour lecture will be held at 1 p.m. in room GH424.

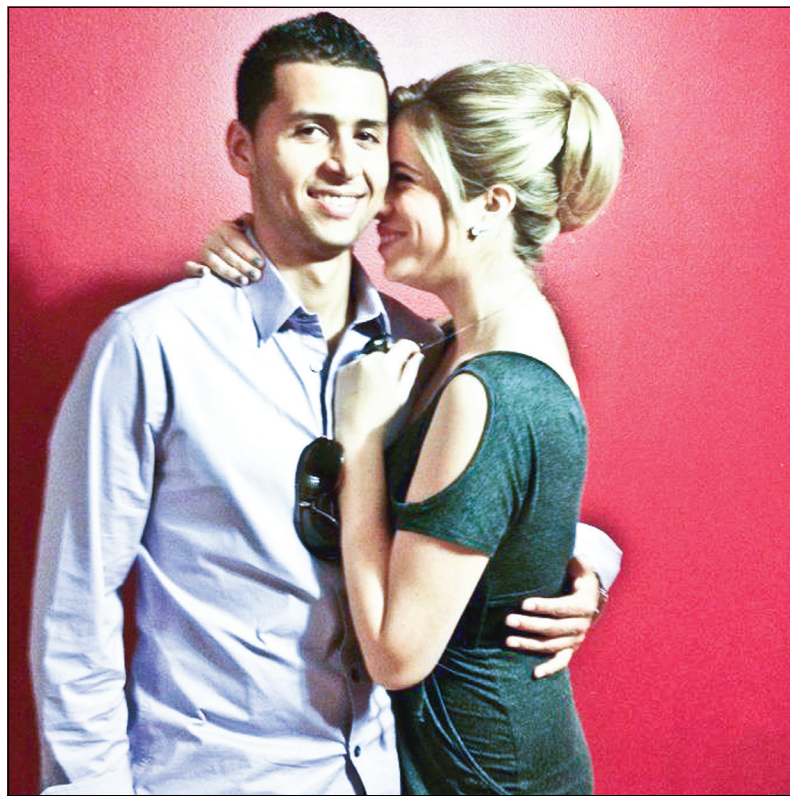


PHOTO BY ERIKA PANACCI  
Frequent Facebook user Kelsey Luoma, with boyfriend Carlos Brasil.



COURTESY JULIE FISH  
Dinner guests are invited by the participating student chefs and are sometimes students, friends and family.

# Students set Chef's Table at the Humber Room

**ALI CHIASSON**  
Life Reporter

Culinary students are taking the reins of the Humber Room kitchen as part of their mandatory "Chef's Table" course where they must prepare a complete culinary experience for specially invited guests.

"Students get the satisfaction in taking the theory they learn in class and practically apply it to their meal," said Humber culinary instructor Trevor Meynert.

Traditional chef's tables take place very near or in this case, inside a restaurant's kitchen and are considered to be quite exclusive.

Students organize themselves into groups of four or less and the remainder of the course is partially self-directed.

This means each group is responsible for the design, menu planning and

organization of service techniques on the day of their event.

Menus are typically designed to a theme, which for Kevin Francisco, 20, and second-year culinary management student, is the key to a successful dinner.

"We went with an avant-garde theme, which got us thinking outside of the box from the food, décor and right down to the music we played during service."

The course is worth two credits and is required for the culinary students to graduate.

Each dinner guest is invited by the student chefs and pays \$30 to dine.

"It's really a nerve-wracking experience considering the audience you're cooking for," said Francisco.

"If you invite your family, you want to show them you're good. If there are fellow culinary students at your table then it becomes a competitive thing.

They are the hardest to impress."

Tasha Fitcher, 20, and second-year culinary management student, spoke of her experience being on the other side of the dinner table as a guest.

"It was a pretty awesome experience. It's not very often you get to watch a meal being made for you," said Fitcher.

"I also happened to be a guest of someone I'm close to, and it is really nice to be able to appreciate their hard work."

The chef's table dinners are ongoing throughout the school year as students get to choose the night they wish to serve.

Each dinner varies in size depending on how many guests the chefs choose to invite.

"I've had one group invite 30 guests," said Meynert. "It can become quite the family affair."

## TO THE NINES

**How would you define your personal style?**  
Whatever I feel like wearing that day, more of a vintage look.

**What is your favorite place to shop?**  
Urban Outfitters.

**What wardrobe staple should everyone have?**  
Something that is different from everyone else.

**Christine Filicetti, 18**  
First year interior design student

BY HEATHER VANANDEL



# Knowing CPR is a life and death difference

**HEATHER VANANDEL**  
Life Reporter

Around 40,000 Canadians suffer cardiac arrest outside of a hospital every year.

Only five per cent survive. "For every minute delay that a defibrillator or cardiopulmonary resuscitation (CPR) is not provided, the chance of survival goes down by seven to 10 per cent," said Andrew Lotto, manager of resuscitation for Ontario's Heart and Stroke Foundation.

Ten to 15 minutes after blood flow to the heart stops, nothing more can be done for the victim, said Lotto.

But, if they receive the help they need, survival rates can increase by 75 per cent, he said.

This includes early access to 911 service, CPR, a defibrillator and advanced care by EMS.

Yet only 30 per cent of Torontonians are willing to perform CPR on a cardiac arrest victim, according to a St. Michael's Hospital study.

This is due to a fear of the unknown and the outlook that CPR is complicated and scary, Lotto said.

"If someone's not breathing, there is really nothing you can do to make the situation worse," said Leanne Henwood-Adam, Humber's fitness co-ordinator.

Henwood-Adam advises bystanders to ask if an automated external defibrillator (AED) is available if they witness someone going into cardiac arrest.

An AED checks the rhythm of the heart and delivers a shock if needed to restore the heart's natural rhythm, according to the Heart and Stroke Foundation.

"They are pretty dummy proof and an AED tells you exactly what to do," said Henwood-Adam. "You can't shock someone and make a mistake."

Humber has defibrillators in the health centre and fitness centre.

If no AED is available, Lotto encourages bystanders who have no CPR training to put two hands in the centre of the chest and push hard and fast to the beat of Bee Gees "Stayin' Alive".

"If you do nothing else, then do that," said Lotto.

Humber College, along with the Heart and Stroke Foundation, encourages everyone to get CPR training.

"I think it is beneficial that everyone get trained in CPR and first aid. It is such a simple life saving method," said Catherine McKee, Humber's head nurse.

A U.S study found more than 2,000 youth in the United States die from cardiac arrest every year, according to the Centers for Health and Public Safety.

Approximately 400 Humber students took CPR or first aid classes at the school last semester, said Lorraine Powers, Humber's program advisor of emergency skills.

Classes at Humber are available for \$60 to \$100 per person in groups of 12 students or more.



COURTESY ST. MICHAEL'S HOSPITAL  
Dr. Laurie Morrison of St. Michael's Hospital performs CPR on a dummy.

# Taiwan hospitality students coming on exchange program

**SHAZIA ISLAM**  
Life Reporter

This summer, Humber College will welcome a contingent of more than 30 Taiwanese students from the National Kaohsiung University of Hospitality and Tourism, as the result of a partnership the two schools have shared since 2003.

"It's a true institutional exchange program," said Alister Mathieson, dean of the school of hospitality, recreation and tourism, adding that 13 Humber students will be leaving next week for a semester in Kaohsiung.

Humber has a good reputation in Taiwan not only because of the strength of its programs, but also because of the support visiting students receive to ensure a positive study abroad experience, said Mathieson.

Humber's Connect Student Buddy Program provides that support.

"The program has 24 faculty members that volunteer their time," said Denise Gardner, professor, school of hospitality, recreation and tourism and

a faculty resource at the Centre for Teaching and Learning.

The program mentors more than 150 international students in their first semester. Gardner said being part of the program helped her to understand the needs of international students, which led her to develop culture shock workshops for faculty members teaching these students.

These workshops have helped improve hospitality on campus, said Gardner.

For the past three years, Gardner has traveled to Kaohsiung University with Humber students and said this experience has been a valuable one.

"I think traveling gave me a very different perspective on how to see the world," said Gardner.

Caleb Yong, a professor in the school of liberal arts and sciences at Humber, accompanied Gardner on the two-week trip in a separate program through his department and said this kind of program is a wonderful experience for students.

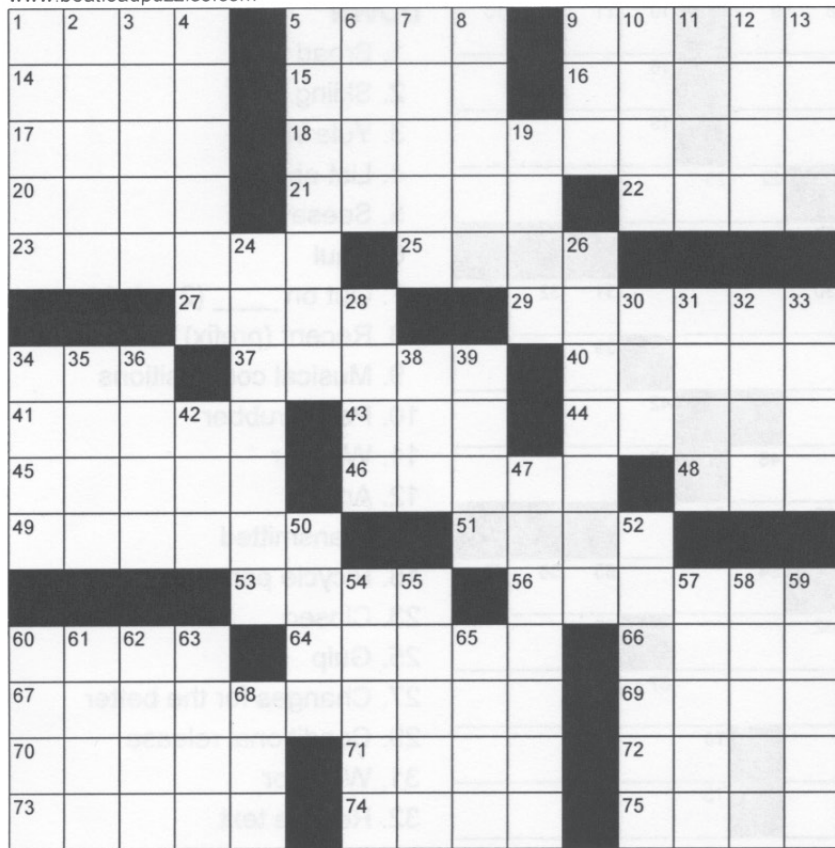
"The students make a positive contribution here," said Mathieson. "They work hard and they become a very important part of the college."



PHOTO BY KATIE BROWN  
Students at the National Kaohsiung University of Hospitality and Tourism.

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- 15. Bad habit
- 16. In the know
- 17. Invoice
- 18. Thrifty
- 20. Bread spread
- 21. Modernize
- 22. Chap
- 23. Retitle
- 25. Goblet part
- 27. Part of DJ
- 29. \_\_\_\_ in distress
- 34. Rep.'s opponent
- 37. Walk pompously
- 40. Innocent
- 41. Track shapes
- 43. Fire remains

- 44. Poker stakes
- 45. Restrict
- 46. Brag
- 48. Detroit time zone (abbr.)
- 49. Delighted
- 51. News bit
- 53. Added incentive
- 56. The Grim \_\_\_\_
- 60. Hopping insect
- 64. Bullwinkle, for one
- 66. Copenhagen resident
- 67. Valid
- 69. Play divisions
- 70. Right \_\_\_\_
- 71. Very much (2 wds.)
- 72. Come together
- 73. Sheriff's group
- 74. Siestas
- 75. Is mistaken

**DOWN**

- 1. Work
- 2. Banish
- 3. Comic Tim \_\_\_\_
- 4. Fill again
- 5. Highest mountain
- 6. Rodents
- 7. Religious images
- 8. Principle
- 9. "Cheers" bartender
- 10. Tiny branch
- 11. Track event
- 12. Persia, now
- 13. Skin
- 19. Had debts
- 24. Blunder
- 26. Aquatic mammal
- 28. Crustacean
- 30. Big boy
- 31. Locale
- 32. December 24 and 31
- 33. For fear that
- 34. Mete (out)
- 35. Immoral
- 36. Papa's partner
- 38. GI's hangout
- 39. Bangkok native
- 42. Set ablaze
- 47. Roads
- 50. \_\_\_\_ Moore of "Indecent Proposal"
- 52. French title
- 54. Director \_\_\_\_ Polanski
- 55. Australian "bear"
- 57. Trotter's kin
- 58. Go inside
- 59. Takes a break
- 60. Envelope part
- 61. Carson's successor
- 62. Hen products
- 63. Is unwell
- 65. Discontinue
- 68. Casual shirt



# HOROSCOPES



**AQUARIUS**  
Jan. 21 - Feb.18

Look to your goldfish to discover your reincarnative roots.



**PISCES**  
FEB.19- MAR.20

You will fail to notice any of your typos for a week, Pieces.



**ARIES**  
MAR.21-APR.20

Stick with your wife.



**TAURUS**  
APR. 21- MAY 21

The purpose of your life may be solely to serve as a warning to others.



**GEMINI**  
MAY 22- JUNE 21

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JUNE 22- JULY 23

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JUL. 24- AUG.23

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AUG.24 -SEPT. 22

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SEPT. 23- OCT.23

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OCT. 24-NOV.22

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**CAPRICORN**  
DEC. 22 - JAN. 20

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		4			3	6		
	7			2		8		
1					9	4		2
		7		9	8		2	
		6			7	5		
	3			6		9		
7		9	8					5
		2		7			1	
		8	1			7		

www.sudoku.name

#1124



## Step aside Flight Crew, there's a new crowd in town

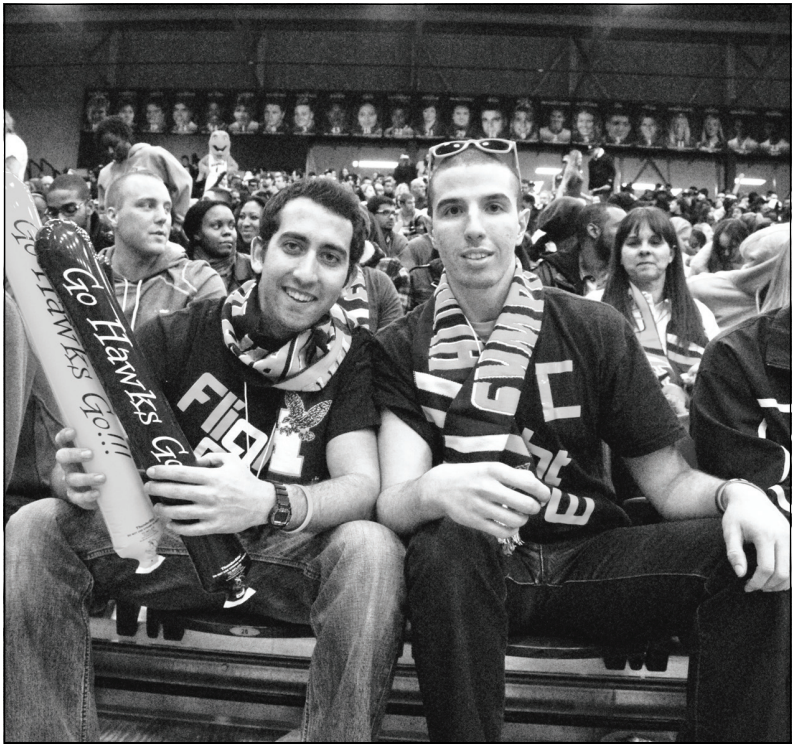


PHOTO BY MATTHEW SMITH  
Matt Kassis (left) and Vince Lucente (right) kicked off the "Humber Nest" fan-booster club at the basketball home games Feb. 1.

### Student-run Humber Nest gains flight, raising the cheers at varsity games and building fan support for the teams

**MATTHEW SMITH**  
Sports Reporter

The gym at Humber's North campus was packed as the crowd showed their support for the Humber Hawks first homecoming game this year, and Matt Kassis and Vince Lucente were there to witness it as part of a new supporters group they formed - The Humber Nest.

The new group joins the Humber Athletics-run Flight Crew to generate support at varsity games.

"If we can get students from outside of the residence community to come to these games, they'll see what it's like and it will hopefully start a huge snowball effect," said Lucente, 19, final year health and fitness. "That's what we really want to achieve here and I feel that we definitely have the community to start that right now."

Lucente said he finds it discouraging when there isn't a crowd to watch varsity athletes perform. "Having people supporting (athletes) through

cheers and screams would make it a lot better for them and for Humber Athletics," he said. Lucente said a change of culture has to take place with Humber in order to achieve it.

"We're focusing more on basketball because we want to bring out an abundance of fans," said Lucente. "In volleyball there's cheering, but you can't do that all the time since there's an etiquette."

Kassis and Lucente met through work as residence assistants at Humber's North campus. Kassis and Lucente realized they both had a passion for basketball and started going to the Humber Hawks home games together last September.

Kassis, who attended the University of Guelph for four years before switching to the two-year paramedic program at Humber, said he was not a big basketball fan before this year. However, he said he fell in love when he saw his Hawks in action for the first time. "It's good basketball," said Kassis. "It's free, so all you have to do is show up."

Lucente said he wants to build on the attendance at basketball games while eventually catering to all the Humber teams.

"At the University of Guelph, and many other universities, it's the culture to have a large audience with face painters and plenty of noise," said Lucente. "It's not like that here, so we have to build on that in order to have a recognized fan base and once we get that, we'll all be on autopilot."

First-year electric engineering student and Humber resident Derek Gould, 21, said he heard about The Humber Nest through Kassis and Lucente in residence.

"They were excited so that inspired me to come to the (basketball) games even more," said Gould, who has come to most games since the fall.

Kassis said he felt the energy the crowd provided contributed to the two wins.

"Our competitors seem to feel the energy and are a little scared of us right now, so it's looking good."

### THIS WEEK IN SPORTS

THURS	FRI	SAT	SUN	MON	TUES	WED
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Toronto Maple Leafs vs. Philadelphia Flyers	Humber Hawks Volleyball @ home	Humber Hawks Basketball & Indoor Soccer	Humber Hawks Basketball	Montreal Canadiens vs. Carolina Hurricanes	Toronto NHL & NBA	Humber Hawks Volleyball & Curling
7 p.m. in Philadelphia @ the Wells Fargo Centre	Hawks vs. Bruins ; 6 p.m. Women's 8 p.m. Men's	Hawks vs. Cougars; 6 p.m. Women's @ home 8 p.m. Men's @ home	Hawks vs. Algoma; 2 p.m. Women's @ home 4 p.m. Men's @ home	7:30 p.m. in Montreal @ the Bell Centre.	Leafs vs. Flames; 9 p.m. @ Calgary Raptors vs. Knicks; 7 p.m. @ Toronto	Hawks @ Knights; 6 p.m. Women's 8 p.m. Men's Curling OCAA in Sault
		George Brown MIS/WIS				

## Woman's indoor soccer steals gold at Redeemer tournament

### After a shaky start the Hawks pulled through to finish a near perfect tournament in first place at the Royal Cup

**ELTON HOBSON**  
Sports Reporter

After stumbling to start their season, the Humber women's indoor soccer team found redemption, ironically enough, at Redeemer University College. The Hawks placed first at the second annual Royal Cup tournament held on Feb. 4.

"The girls showed tremendous heart today," said head coach Mauro Ongaro. "Every game was close, and they never gave up. They really kept up the energy out there."

The Hawks kicked off the day with a 1-1 tie against the Georgian Grizzlies, raising some doubts about whether they would continue through to the medal round.

"The first game was kind of off, we weren't all there," said Ashley Osorio, 20, a third-year science and technology student and strong presence for Humber defensively. "After that start, all the girls stepped it up."

Rising to the challenge, the women were perfect from then on out, taking closely contested wins over George Brown and Conestoga to advance to the cup final.

After a tight game, Humber edged host Redeemer Royals 1-0 to claim the title.

"The more the tournament went on, the more we started playing as a team," said captain Sonia Rocha, 21, a second-year sports management student "It was really good practice for us for regionals, to get in that game time and get really tested in all our games."

The victory was even more impressive when you consider that Humber forward Keyla Moreno, the 2011 CCAA Player of the Year, was missing from the Hawks lineup. Her absence forced the Hawks to change their system - if only a little.

"With a veteran player like Keyla, you can give her the latitude to play deep, midfield or defence, because her game awareness is so high," Ongaro

said. "But not having her here today didn't really change our overall system too much. Our philosophy is 'keep it simple'. One-two touch, make the ball do the work, and if you get the opportunity to go one on one, do it but still keep the game simple."

Returning to the lineup for Humber, after a brutal fractured ankle forcing her to sit out the past year, was defender Leslie Quigley, who showed no signs of rust in a spirited, energetic performance in the backfield.

The only complaint of the Hawks performance was the quality of the finishing. Despite a multitude of chances on net, the goals were scarce.

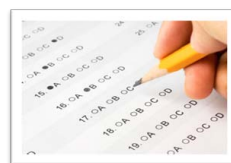
"That's something that will come in time," Rocha said. "Everything was working. We just have to calm down in front of the net, and the goals will come."

The Hawks participate next in the George Brown tournament Saturday. Check [www.athletics.humber.ca](http://www.athletics.humber.ca) for all updated stats and standings.



PHOTO BY ELTON HOBSON  
The women's indoor soccer team poses for a winning shot as they take home first place at the Redeemer Royal Cup Tournament Feb. 4.

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PHOTO BY SHANNON O'REILLY  
The Hawks claimed second place in the mixed doubles final. Pictured: Hadrien Liu and Suzy Yan.

## Hawks take badminton regionals

Simon Yip earns perfect record in his men's single debut

SHANNON O'REILLY  
Sports Reporter

It was a successful weekend for Humber's badminton team as it hosted the OCAA Western regional, coming first in nearly all events.

"I'm really happy with the results," said head coach Lam Trinh. "We pretty much won all the events except mixed, which we came second in."

Simon Yip, 23, a fourth year human resources student, had a perfect record throughout the invitational in his men's singles debut.

"I played a lot more singles leading up to regionals," said Yip. "Singles is definitely not my event, it's mainly doubles and mixed."

The gold medal match proved to be the most challenging for Yip as he faced Mike Del Fonte of Conestoga, taking him to three games before claiming the title with scores of 21-14,

18-21 and 21-14.

"I was getting frustrated with errors," said Yip. "He wasn't winning any of the points. I was giving him all the free points. So it got really annoying."

Yip's frustration showed during the game as once he cursed aloud.

"One thing I saw was that he tried to make it way too perfect, which means the chance of making a mistake is higher," said Trinh. "Also, throughout the year he hasn't played that player before and the style of that player is totally different than what he's used to playing."

The top three players from each category advanced to the provincials, so Yip and Del Fonte could meet again.

"Hopefully we can have a rematch at the provincials," said Yip. "That way I can show him that I'm not going to give him anymore free points. 'Cause I pretty much gave him a ton today."

On the women's side, Tracy Wong

breezed through the gold medal game, winning 21-3 in both matches.

"I played my game how I usually play," said Wong, 19, a second-year health and fitness student. "Every single practice I tried the best I could. When I practice, it's like game time."

Wong said she doesn't fret big games, approaching it like she would any other match.

"When I play tournaments I'm usually calm," she said. "I think it's just through experience. It's just like a normal day."

Although Humber swept the women's singles, men's singles, women's doubles, men's doubles, and placed second in mixed doubles, Trinh said there is still work to be done.

"We're going to work on the consistency and the speed," said Trinh. "Being quicker on the court means you have more control, more options and with control the game is yours"

## Humber pays tribute to former athletes at Throwback ceremony

JESSE THOMAS  
Sports Reporter

The Humber gymnasium was packed and the energy was high on Feb. 1, as Humber's men's and women's basketball teams hosted the Sheridan Bruins for the inaugural "Throwback Night," honouring the Hawks' rich history on the hard court.

Over 30 alumni legends packed into the stands. Varsity and alumni had the opportunity to feast, tour and socialize with each other throughout the evening, sharing a love and respect for both the game and college.

"The 'throwback' idea came from a couple of alumni who were on the first national championship team back in 1991," said Jim Bialek, sports information director at Humber. "This year marked the 20th anniversary of that victory, and a few alumni thought it would be a great chance for past Humber legends to celebrate their triumphs and share their experiences to help motivate our current players."

There was a number of alumni on hand, like Mark Croft, who won three national titles ('91-'92, '92-'93, '94-'95) while studying hospitality at Humber.

Croft is regarded as one of the best defenders in OCAA basketball history, and is a member of Humber's All-Century team.

"It was a great experience studying and playing basketball at Humber," Croft said. "It was a small family we built here and we still keep in touch."

Richard Saunders, who also donned Hawks colours at the same time as Croft, said his experiences at Humber had a big impact on his life.

"Humber was the best four years of

my life," said Saunders. "Some of the best experiences of my life were here as a student, an athlete and as a young adult."

Saunders and Croft are still involved with the game today, both coaching under-14 basketball in Etobicoke.

"We accomplished and learned so much while at school that we wanted to give back to the youth," said Saun-

**"Humber was the best four years of my life."**

**-RICHARD SAUNDERS, ALUMNUS**

ders. "I will always come back here and remember the good times and support the current team."

The current Hawks players know of the program's successful past—the evidence is hanging on the walls.

A winning tradition lives at Humber, with the men's and women's basketball teams combining to win 20 provincial and five national championships.

"Our teams want to win a national championship," said Bialek. "You walk in to their change room and you see all the banners that hang on the walls."

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PHOTO BY JAVED KHAN  
Hawks guard Jeremy Alleyne (51) takes a shot past the Sheridan Bruins. He had seven points on the game.

## Men's basketball wins ninth straight game

JAVED KHAN  
Sports Reporter

In front of a capacity home crowd, the Humber men's varsity basketball team extended its winning streak to nine games and claimed sole possession of first place in its division following an impressive 84-73 victory over longtime rival Sheridan College.

From the opening tip-off there was an electric energy in the air, which seemed to affect the shooting percentages of both teams.

"At the beginning of the game, we

were a little nervous," said Humber guard Jeremy Alleyne, fifth year business marketing student. "I was enjoying the atmosphere because it was the best crowd I've ever seen in my time at Humber."

Both teams seemed to settle down and defence started to take over by the end of the first half, with Humber holding a slim 37-35 lead.

"It wasn't the cleanest half," said Humber head coach Shawn Collins. "We knew they [Sheridan] were going to press us early and we didn't execute the way we wanted to."

Humber came out of the locker rooms for the second half pumped and ready to play tough defence and rebound the ball.

"We were able to make shots when we needed to and we did what we were supposed to do, which is play tough defence," said coach Collins.

The second half quickly turned sour, with both teams getting into some foul trouble. Two players from Humber and one player from Sheridan were fouled out of the game.

"I knew the referees were going to call a tight game," said Alleyne, "but our bench was able to come in when we were called upon and I tried to do what I do, and that's bringing energy off the bench."

Sophomore guard Mark Perrin, second year health and fitness student, stepped up big time and was a major contributor on both ends of the floor for Humber. He filled the box score with 29 points, nine rebounds and two assists, while shooting an efficient 44 per cent from the field.

"I was picking my spots, finding shots and driving the lane when it opened up," said Perrin. "On defence I tried to read who I was covering and anticipate their next move. I got my hands up and tried not to get into any more foul trouble."

The Hawks also picked up a 78-66 win Feb. 4 in Ancaster against the Redeemer Royals.

The men are matched at home against the Sault Cougars Saturday, and the Algoma Thunderbirds Sunday.

Check [www.athletics.humber.ca](http://www.athletics.humber.ca) for all updated stats and standings.

## Women's basketball breaks losing streak

JESSE THOMAS  
Sports Reporter

The Humber women's varsity basketball team got back to their winning ways in a big way, defeating their longtime rivals Sheridan Bruins 76-65 at home Feb. 1. This is the first time in five seasons that Humber has defeated Sheridan.

Looking like a different team than the one that had lost their previous two games, the Hawks started off strong, going on a 10-point run midway through the second quarter and building a 40-30 lead at half.

"It was a total team effort tonight," said Hawks head coach Ajay Sharma. "I had a feeling when we walked on the floor that this was going to be a night that we beat them."

In many ways it was a breakout night for Humber as four players reached the double-digit mark in scoring. The Hawks hit seven three pointers and shot 84 per cent from the free throw line.

"I am really happy for the girls who have been on the team in previous years," said Sharma. "They have carried the burden of Sheridan owning us for a long time."

After all the years of defeat at the hands of Sheridan, Humber looked determined

and played a solid team game.

"I said one thing to the team before the game: this is enough, it stops here," said Sharma. "We thought we had a solution to our problem against them and it worked."

"We have been wanting to beat this team for a very long time," said Jordana Mazzei, 20, third-year business and administration student. "I am really excited about this win and I am so proud of everyone on this team."

Humber controlled the Bruins this night, stretching their biggest lead of the game to 16 points with just under six minutes left in the second half.

"We shot ourselves in the foot," said Sheridan head coach Colleen Robertson. "I think we underestimated our opponent and we got out-worked tonight."

Forward Kaitlynn Paulley, third-year fashion arts student, led Humber with 20 points and shot a perfect five for five from the free-throw line.

Humber sits in fourth place in the West with 14 points, four points behind third-place Sheridan.

The Hawks also took home a huge 69-23 win in Ancaster against the Redeemer Royals Feb. 4.

Two home games are scheduled for Humber against the Sault Cougars Feb. 11, and the Algoma Thunderbirds Feb. 12.



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# STANDINGS

## MEN'S VOLLEYBALL

1. Humber (14-1)
2. Nipissing (14-1)
3. Mohawk (12-4)
4. Fanshawe (10-5)
5. Redeemer (9-7)

## WOMEN'S VOLLEYBALL

1. Humber (15-0)
2. Fanshawe (12-3)
3. Nipissing (12-3)
4. Niagara (8-7)
5. Sheridan (7-8)

## MEN'S BASKETBALL

1. Humber (11-2)
2. Algoma (12-3)
3. Sheridan (10-4)
4. Mohawk (10-5)
5. Niagara (8-5)

## WOMEN'S BASKETBALL

1. Algoma (13-2)
2. Fanshawe (13-2)
3. Sheridan (10-4)
4. Humber (8-5)
5. Lambton (8-6)

## Men's volleyball team overpowering



PHOTO BY SASHA LINDSAY  
Star right-side hitter, Terrel Bramwell goes in for the kill to win the first set against the Royals.

**SASHA LINDSAY**  
Sports Reporter

The Hawks braved a raucous crowd in Ancaster and came away on top with a win over the Redeemer Royals on Feb. 3.

The team stands at 14-1 in the West after posting the three sets to one victory.

Leading the way was star right side hitter, Terrel Bramwell, who had 34 kills - just two shy of matching his OCAA record of the highest single-game kills - to go along with four aces and two blocks. Bramwell totaled an impressive 40 points for the game.

"Knowing that Redeemer wasn't going to let us just walk in their gym and win because we're the number one team in the country made me work twice as hard to stay focused and helped me to have one of my best offensive games of the season," said Bramwell, 21, a first-year tourism and hospitality student.

The Hawks' momentum rose early in the first set, with rookie left side hitter Cam Fletcher's kill less than one minute into the game.

"I got the first kill and it got me right into the game and gave me the confidence to play well for the rest of the match," said Fletcher, 19, a first-year sus-

tainable energy and building student.

It took about 20 minutes for the first set to finish, with the Hawks taking it 25-14.

"That first set we played was probably one of the best sets of volleyball we've played all year," said head coach Wayne Wilkins.

The second set saw the Royals playing stronger offensively, but the Hawks still managed to claim it 25-23.

The Hawks lost the third set 25-20 before rebounding to win the fourth set 25-21, with Bramwell serving aces early on, building momentum for his team.

"Terrel plays a huge role but Derek Quinn played awesome and both middles [Andre Brown and Mack Robertson] controlled the zone," said Wilkins. "Overall, all the guys are doing a good job."

"The crowd really keeps that team inside the game. It kept them in it and they won the third set," said Wilkins. "I firmly believe you take that same match outside of that facility and we win it three straight."

The Hawks also visited Hamilton on Wed. Feb. 8 to play the Mountaineers, check [www.athletics.humber.ca](http://www.athletics.humber.ca) for results. The next game is at home against the Sheridan Bruins tomorrow.



PHOTO BY MATTHEW SMITH  
Humber scores a goal at the Redeemer tournament on Feb. 4.

## Men's soccer wins first at Redeemer

**MATTHEW SMITH**  
Sports Reporter

The Hawks' men's indoor soccer team came back from a 1-0 deficit to beat the Sheridan Bruins 3-1 in the final game of the 2012 Redeemer Invitational, held on Feb. 4.

Hawks forward Yousuf Mohammad, 24, who scored the game-winning goal, said his team fought back in the second half of the final by adding more offensive pressure.

"We had that attacking mentality back on," said Mohammad, a third-year business administration student. "It was hard to get by them in the first half, but once we were able to get them out of position, that's when we capitalized."

Bruins coach Tony Silvestri said his team lost the game due to his players making too many mental mistakes.

"In the second half, we weren't in the key positions we're supposed to be in so that cost us three straight goals," said Silvestri.

Hawks assistant coach Michael Aquino noticed his team's confidence increase throughout the tournament.

"We were getting good rhythm and movements off the ball with a lot of shooting and connecting," said Aquino. "Those chances gave us the opportunity to put the ball in the back of the net."

Aquino was impressed with his Hawks squad due to its high level of discipline.

"When we had possession, we created a lot of space from our opponents, we took lots of shots and in the finals, we came back and beat the Bruins," he said. "It's nice to tackle games when you're down."

The Hawks' record in the Redeemer tournament was 3-0-1. The next tournament is the George Brown tournament on Saturday.

## Women's volleyball reaches 15-0

**ANDREW MILLICHAMP**  
Sports Reporter

The women's volleyball team easily dispatched the Redeemer Royals on Friday, giving them a league leading 15-0 record for the season. The Hawks won three sets to zero on scores of 25-8, 25-15 and 25-18.

"I think it was a good game, we played our rhythm," said left side hitter Rebecca Sobie, 24, a public relations student.

Sobie had four kills to go with two serving aces, a block and a dig.

The Hawks had been preaching consistency going into the game as the teams' focus had seemed to wane at times in past games.

"This semester we've struggled with keeping our tempo and our level and the control of the game at the same pace for the whole three sets," said Hawks assistant coach Rachel Dubbeldam. "Maybe we'll come out strong the first set, and then take it easy a little bit the second, and then finish it off in the third."

Dubbeldam however was pleased with the effort in Fridays game. "They really stayed up at the same level, the same aggressiveness and focus the whole three matches," she said.

Hawks head coach Chris Wilkins said the scores were not an indicator of their play.

"Redeemer's actually not a bad team, they're young and they're working through things," he said. "I thought the two teams played well and the scores may not have been indicative of that."

It was a team effort yet again as six players had three kills or more, with middle Michelle Overzet leading the pack with seven. Left side Teresa George anchored the defence with six digs.

The game was played before a packed house of very loud Redeemer fans. The Hawks however seemed to feed off of the energy.

"It gives you a little bit more drive, especially when they're pounding on their drums when you're serving," Dubbeldam said.

Sobie echoed the sentiments.

"I look at it as motivation. I'm [going to] still show you what I have and it's [going to] suck when I get an ace against your team when you're trying to psyche out my serve."

With only three games left in the west division season, Humber looks to stay in top form on Wednesday at Mohawk.



PHOTO BY ANDREW MILLICHAMP  
Kris Dowling of the Hawks fields the ball as teammates look on.