

HUMBER ET CETERA



Anastasi's
antics
Page 5



What your
mother won't
let you do
Page 7



Ferranti's
magical man
Page 9

www.etcetera.humberc.on.ca -- Humber College's Newspaper -- October 25, 2001 -- Vol. 30 No. 7

Unofficial race for Ontario premier begins

By VICTOR PENNEY
Et Cetera Staff

The race is on to find a successor to Premier Mike Harris after his resignation last week as Ontario's Progressive Conservative leader.

The party will meet next week at a policy convention in London where they will work out the details regarding the election and its budget.

No candidates have come forward yet, but there is speculation among party insiders that several MPPs will be vying for the position, with a leadership vote to be held in four to five months. Whoever wins that vote will become Ontario's new premier.

It is expected that Deputy Premier and Finance Minister Jim Flaherty will run, but for now he is carefully deciding what he will do before making a formal announcement.

First and foremost, he has to meet with his family," said Aynsley Wintrip, Flaherty's press secretary.

Wintrip said Flaherty worked closely with Harris, and was a trusted friend of the premier.

Health Minister Tony Clement is another possible candidate for the Tory leadership race, according to media reports.

"He hasn't decided that yet. I think all of the potential candidates are going to take time in deciding their options," said his press secretary, Gord Haugh.

"The premier only resigned [recently]. The party executive hasn't set out the rules, hasn't set out the amount of money that is going to be required to run a campaign and all of these things have to be considered," Haugh added.

Another MPP rumoured by the media to be a top leadership contender is Education Minister Janet Ecker.

"The minister hasn't made any final decisions yet, but she said that she is weighing her options," said Ecker's senior strategic communications advisor.

More coverage on page 3



Courtesy BMG music

'We're not really that obsessed with record sales. It pays the rent right?' The Sloan/Et Cetera interview, page 16

Lakeshore's haunting history

By JULIE DeANGELIS
Et Cetera Staff

Hearing strange sounds in Lakeshore campus halls? It may just be the ghost of Cheryl Richardson who was murdered on the grounds 23 years ago.

It's Humber's haunting history. It's Building C on the Lakeshore campus. And while faculty and students occupy the building's newly refurbished classrooms, it was under the same roof that 21-year-old Richardson was murdered in a psychiatric hospital.

On November 18, 1978, Richardson's room was set on fire in the building, which was then part of the Lakeshore Psychiatric Hospital, previously known as the Mimico Lunatic Asylum, the Mimico Hospital for the

Insane and the New Toronto Asylum.

Now, it's the south campus grounds – and classes are held in the same rooms that housed mental patients for close to 100 years.

Ernest Barnes, the asylum's chief engineer, worked on the grounds for 21 years and has a vivid recollection of the day Richardson died.

"Around three in the morning I got a phone call. There had been a fire over there. And I didn't think too much of it because there'd been fires before and no harm before," he said.

Nearly all furniture in the cottage was inflammable, Barnes said. Instead of igniting, the draperies, mattresses, rugs and fluorescent lights simply melted into the floor. The only thing that hadn't melted was Richardson's lifeless body.

"There was the bed – it was blacker than the ace of spades except for a white silhouette, which is where they took her from. That's what was left, and it wasn't pleasant," he said.

Richardson died of burns and smoke inhalation after her jealous boyfriend set fire to a rug outside her room inside Cottage E, now known as Building C, an article in the *Etobicoke Gazette* reported on November 20, 1978. Psychiatric patient Leonard Ralph Hill was later charged with second-degree murder and sent to Penetanguishene Penitentiary for the Criminally Insane near Midland, Ontario.

In the late '70s Cottage E housed nearly rehabilitated patients who were preparing to re-enter society.

See *Lakeshore's* on page 5

Brampton bus runs over girl

By SANDY GARCIA
& KELLY MACHADO
Et Cetera Staff

An unidentified 15-year-old girl was rushed to a downtown hospital after being struck by a Brampton Transit bus just off the North campus grounds Tuesday evening.

At around 5 p.m., at the northwest corner of Highway 27 and Humber College Boulevard, the southbound 27 Brampton bus struck a pedestrian.

According to Const. Larry Zimmerman of Traffic Services, the bus driver was making a right turn onto Humber College Boulevard and failed to notice the young woman.

"The bus driver apparently didn't see the girl," Zimmerman said.

As the bus made its turn, it knocked the girl down and, "the right front tire ran over her legs."

Toronto police Const. Gary Olson, also of Traffic Services, said the girl was immediately rushed to Sick Children's Hospital and her parents were notified.

"She was treated and released later the same evening," said Gary McBratney, another Traffic Services officer.

Although the right side of the bus was heavily damaged, "the girl's injuries were non-life threatening and she is expected to make a full recovery," McBratney added.

Neither Brampton Transit officials nor the bus driver involved were available for comment.

Police said no charges have been laid, but an investigation is ongoing.



Kelly Machado

Police survey the accident scene

Moraine battle soon to reach boiling point

By TAMI LEE
Et Cetera Staff

The fate of the Oak Ridges Moraine lies in a bid not only between housing developers and environmental enthusiasts, but also between saving for the future or selling out on that future, according to environmentalists.

The moraine stretches 160 km north of Toronto. Its rolling valleys and rivers extend from the Niagara escarpment (just Northeast of Humber College) to Rice Lake. In danger is Jefferson Forest, located in Richmond Hill, which lies in the centre of the moraine. The moraine soaks, stores and then filters rainwater for 65 rivers and lakes including Lake Ontario.

In the next few weeks the future of Jefferson Forest is on the auction block as the provincial government lifts its six-month development freeze and drafts new legislation to determine the future of the Oak Ridges Moraine.

Since this past spring, the Ministry of Municipal Affairs and Housing has met with advisory panels for recommendations.

On one advisory panel is Save the Rouge Valley System, an organization dedicated to its name. According to President Glenn De Baeremaeker, the proposed legislation isn't strong enough to protect Jefferson Forest.

"The legislation will only be stopping people from building houses on it... like the government is saying, 'we're protecting a forest, but if someone wants to build a road on it, then go ahead,'" De Baeremaeker said.

The main recommendations made by Save the Rouge is that the government should eliminate any future development on the moraine, set

aside land acquisition funds to buy sensitive areas across the moraine and set aside provincially-owned land in urban areas to use for land swaps with those developers involved.

Despite the six-month plan to protect it, trees have already been cut in parts of Jefferson Forest to make way for 40 houses. The government granted exemptions to that land nine weeks after promising to keep it off-limits.

At the opposite end of the debate are developers who have already invested into parts of land throughout the moraine. Lebovic Industries is a key player, who owns land between Yonge Street and Leslie Road.

Lloyd Cherniak, Lebovic's spokesperson, said they are developing using environmentally-friendly strategies like constructing a sophisticated sewage system that will drain into Lake Scugog and Lake Ontario.

"We're improving the environment... we are turning sensitive land over to residents by protecting the land," Cherniak said.

According to De Baeremaeker, a government-appointed advisory board recently made final recommendations.

Some suggestions from the board have him worried, including allowing continuing expansion of the moraine's urban areas every 10 years, allowing roads and utilities to be built on sensitive areas, and reducing the number of wildlife migration corridors. However the document states that all water features will be protected.

Ministry of the Environment spokesperson Mark Rabbior shed some light on the government's role

regarding the moraine.

"The Ministry of the Environment's role is to ensure the protection of the moraine as it relates to ground and water services," he said. "As well, we must make sure the sources are protected, so we are in discussion with the Ministry of Municipal Affairs and Housing to make sure of that."

mental concerns, so we're okay," he said.

Recently, the York Region municipal government, the Toronto and Region Conservation Authority and the town of Richmond Hill each purchased just over \$300,000 toward a site on Jefferson Forest.

Located on Stouffville Road, just East of the Bayview Avenue



Tami Lee

Developers and environmentalists continue their fight over the moraine

Ontario Premier Mike Harris will have the final say, something for which De Baeremaeker was pleased. The people who gave him the votes to win, he said, are the same people who are supporting the moraine.

If he betrays them, "[it] would be committing political suicide," he said.

Cherniak said Lebovic Industries has no worries about the upcoming legislation.

"The government said they would balance developing with environ-

Extension, the area is classified as having natural and scientific importance. De Baeremaeker admits that "it was a positive step, but a baby step forward."

Mark Carroll, program co-ordinator for the GTA Wetlands Watch at Save the Rouge Valley System, said money plays a big role in the moraine tug-of-war.

"Unfortunately, it's all about money," he said. "Money is the big thing on the table. The provincial

government is looking at the economy and developers, but also has to figure out all the environmental deficiencies in all of this."

Environmentalists fear that these factors may cause an environmental catastrophe down the road.

"If we don't stop the way we're going today, then eventually we'll hit a wall and something will happen to our environment. Right now, we're polluting rivers from the bottom up, but if we start polluting it from the start, then it'll take years to clean," Carroll said.

De Baeremaeker said there is too much environmentally at stake in the Jefferson Forest.

"It's one of the healthiest forests. It's a very special place for biological diversity, richness in species and the quality of habitat."

He added that it's also one of the last homes to the Jefferson Salamander, a species on the verge of extinction.

"We've done thousands of scientific tests with hydro-geologists and [doctors] that prove no such threat to any animals will occur," argued Cherniak, whose company's land surrounds Bond Lake.

Linda Pim, co-ordinator of conservation policy for the Federation of Ontario Naturalists (FON), disagreed with Cherniak.

"It doesn't matter. The fact is that the Ministry of Natural Resources has identified the Jefferson Forest and the areas around it as a natural core area," she said.

Pim said FON is making a submission, encouraging tougher protections for the moraine.

"The habitat of the Jefferson Salamander and other animals with it should be protected," Pim said.

Bombings trouble Muslims

By MICHELLE J. SELVARAJ
Et Cetera Staff

Two Toronto Muslim leaders said the U.S. should have worked harder on diplomatic efforts to bring the terrorists who committed the Sept. 11 attacks on the World Trade Center and the Pentagon to justice.

Tarek Fatah, host of the CTS-TV television series *Muslim Chronicles*, said the world needs to ask what it has gained from the bombing.

"Almost 100 per cent of Muslims feel the bombing of Afghanistan is not the answer," Fatah said.

He said he was appalled to learn America had fallen into what he called "Osama bin Laden's trap".

Bin Laden wanted to be perceived as a martyr, Fatah said, and the U.S. attack has allowed him to achieve his goal.

Most Muslims are concerned about the bombing causing civilian casualties, he added.

Fatah said the death toll may be much higher than the numbers reported. The number of civilian casualties cannot be confirmed due to

entry restrictions on foreign journalists in Afghanistan.

Muslim cleric Imam Abdool Hamid, executive director of the Toronto Islamic Social Service and Resources Association, said he has mixed feelings about the two weeks of bombing in Afghanistan.

"I support the move to bring justice for the Sept. 11 attack, but I am concerned over the innocent people being killed in Afghanistan," Hamid said.

However, he added he is very annoyed by bin Laden's attempt to speak for all Muslims.

Earlier in the week bin Laden publicly condemned America on behalf of all Muslims.

"I swear by God the Great, America will never dream, nor those who live in America will never taste security and safety unless we feel security and safety in our land and in Palestine," bin Laden said in a taped message.

Fatah said he was among those angered by bin Laden's statements.

"Osama bin Laden has no business representing me, my family or

Muslims."

The U.S. government has requested that the media censor bin Laden videos urging Muslims to join the fight against America. The Canadian and U.S. major television networks have agreed to the request. It is a move Fatah and Hamid contest.

"The public has the right to see first-hand what is going on. The story is now only being reported through American eyes," Fatah said.

Hamid agreed that the public has a right to hear the message from all sides.

"I like to make up my own mind," he said.

The public felt the first wave of censorship when the major networks in Canada and the U.S. refused to air the newest al Qaeda statement broadcast on al Jazeera television Oct. 13.

The public was told that the al Qaeda organization has threatened more attacks against Americans and the British. Spokesman Sulaiman Abu Ghaith, of the al Qaeda, warned Muslims in the U.S. and the U.K. not to travel by plane and to stay from skyscrapers.



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Activists want media objectivity

By PAUL CARLUCCI
Et Cetera Staff

The first ever Media Democracy Day struck Toronto last Friday, but its impact was a murmur that could only be heard within the circle of those involved.

The whole initiative was designed to protest what activists say is a lack of objectivity in the mainstream media. Activists, protesters and independent journalists gathered at the

"We're not going to get a licence in our lifetime, so we might as well just go on air," he said. "I'm the devil incarnate to [the CRTC]."

Pachul said his station, found on channel 15 of the UHF index, is an obscure opposition's "last hope of getting on the air."

He was one of four speakers on a panel that sought to explain why the media is anti-democratic.

Fresh ideas ran rampant across the two panels, the second of which

They need clarity. They need things to be fast. They need 60 words."

Adonis Huggins, from Regent Park Media Project called Catch da Flava, agreed with Macdonald.

"They already have an angle and they just want a few quotes," he said.

The discussions at the Barcode came on the dusty heels of an obscure and ineffective picketing endeavor that was originally described as an effort to shut down the *Toronto Sun*, the CRTC, Rogers Cable and CTV.

But picketers were spread thin as each location was a fair distance apart. At the *Toronto Sun*, during the height of the picket, only three or four sign waving protesters were present. A lone police cruiser, parked across the street, sleepily lurched to life and drove away.

At Rogers Cable, towards the end of the designated protest time, everything was business as usual. The only signs of the picket were chalk slogans written on the sidewalk beside a hot-dog and leather jacket vendor.

"From what I understand, there was only one person outside [the Sun]," said the city editor for the *Toronto Sun*, Bob McConachie. "It had absolutely no effect."

"They were peaceful and it's a free country," said Lorie Goldstein, editor of the *Sun*. "We're grateful that OCAP wasn't here because of their history."

Goldstein holds the view that corporate ownership in the media is a reality of the business.

"Ma and Pa Kettle can't buy a newspaper chain in Canada any more. It just doesn't work that way," he said. "I find often these groups, they complain, but what's their solution?"

Supporters recognized the small turnout and impact of the event.

"You have to start somewhere," said Helen Choi, a writer for *Catch da Flava*.

Events in Toronto were complemented by demonstrations in Vancouver, Calgary and Ottawa.



Paul Carlucci

Media Democracy Day panelists argued for a more objective media base

Barcode on College and Bathurst streets, all insisted that the "monolithic mainstream" suppresses important views because they fly in the face of their financial interests and the interests of their sponsors.

"Freedom of the press belongs to those who own one," said Jan Pachul, founder of a pirate TV station called Star Ray. "There is no diversity of views whatsoever."

Star Ray TV, according to Pachul, applied for a CRTC licence in 1984, but was refused.

aimed at discussing how the underground can reclaim the media.

"Reclaim is a big question mark because I don't know when we had it," said Judy Macdonald, a former CBC journalist and an editor/writer for an alternative news Web site called Rabble.

Macdonald said the media is "sourly" lacking in colour and humour.

"It's just a bunch of people," she said.

"It's just a bunch of news junkies.

Thousands tackle Toronto's CN Tower for United Way

By JENN KLEIMAN
Et Cetera Staff

The world's tallest freestanding structure hosted the CN Tower Stair Climb for the United Way last weekend with hopes of topping last year's raised total of \$560,000

The CN Tower Stair Climb is a unique fundraising event that supports over 200 charities. Each of these charities use the services provided by the United Way.

The event hosted by the CN Tower every year attracts thousands of participants who aim to climb the 1,776 stairs. Approximately \$300,000 is raised annually for charities. Last year 8,670 participated in the Stair Climb and raised \$560,000.

According to Kim Barnhardt, organizer for the Stair Climb, this year's walk attracted over 8,000 people in three days.



Julie Bell

Only 1,776 stairs to the CN top

Friday, students from elementary schools, high schools and post secondary schools climbed the tower stairs. Saturday, individuals climbing the tower included the homeless and victims of abuse. Sunday, teams from dozens of companies like Enbridge Inc., made their way up to the top in support of the United Way

"I am proud to come out and support such a worthy cause," said Shaun Dacey, a student from the

University of Toronto. "Plus, I am up for the challenge, to see if I can actually make it to the top."

There was no registration fee to take part in the Tower's Stair Climb, but each individual had to raise \$25, and each team \$50, before they were allowed to climb the stairs. According to Barnhardt, the exact amount raised will not be known for weeks, but they hope to top last year.

The annual Stair Climb began in 1979 and was launched by the United Way after 1,125 walkers climbed and raised \$3,375. Every year the CN tower hosts the event and their volunteers are astonished by the dedication and participation of the climbers.

Last year, all of the United Way's campaigning efforts raised \$78 million.

This year marks the 25th anniversary of the tower, and 22nd year of the Stair Climb.

Who wants to be a premier?

The race to replace Mike Harris is on. The Et Cetera takes a look at what the four leading contenders have to offer the people of Ontario.

(photos courtesy Government of Ontario)

Janet Ecker

Ministry: Education
Riding: Pickering-Ajax-Uxbridge
Background: First elected in 1995, then re-elected in 1999. She was appointed minister of education on June 17, 1999 and was appointed to government house leader by Mike Harris on February 8, 2001. Before going into politics, Ecker was the policy director for the Ontario College of Physicians.



Tony Clement

Ministry: Health and Long-Term Care
Riding: Brampton West-Mississauga
Background: First elected as MPP for Brampton South in 1995. Since then, he has served as the transportation minister and environment minister. Mike Harris appointed him to minister of health and long-term care on February 8, 2001. Prior to entering politics, Clement earned degrees in Political Science and Law, and was called to the Ontario Bar in 1988.



Jim Flaherty

Ministry: Finance
Riding: Whitby-Ajax
Background: Flaherty, the current deputy premier of the province, was first elected to office in 1995. Since then, he has been the minister of labour, native affairs, correctional services, solicitor general and attorney general. Mike Harris appointed him to finance minister and deputy premier on February 8, 2001. Before entering politics, Flaherty practiced law for over 20 years.



Chris Stockwell

Ministry: Labour
Riding: Etobicoke Centre
Background: Stockwell got into politics in 1982 at the age of 25 when he was elected to the Etobicoke Board of Control. He was appointed as the minister of labour on June 17, 1999. Since becoming a part of the Legislature in 1990, Stockwell has been minister of finance, revenue, energy and municipal affairs.



- compiled by Victor Penney

A Toronto glimpse into refugee hardships

By DALIA WRIGHT
Et Cetera Staff

Medecins Sans Frontieres (MSF), also known as Doctors Without Borders, set up tents in Nathan Phillips Square last week to inform the public about the perils and misery of everyday life in a refugee camp.

Former refugees guided visitors through a mock camp as part of A Refugee Camp in the City, a travelling MSF program designed to bring the realities of the refugee to light.

"The only difference between going camping and being a refugee in a camp is you never know when you're going back [home]," said Besnik Doli, a former Albanian refugee who moved to Toronto four years ago.

Doli described the camp by comparing it to life in Canada.

Bathrooms designed for use by 20 people are shared on average by 48 or more. One million refugee children worldwide die each year from



Courtesy MSF Canada

Torontonians got to explore refugee living conditions at the MSF demonstration at Nathan Phillips Square

measles, a disease Canadian children are immunized against from birth.

"More than 50 per cent of people living in a refugee camp are children," Doli said.

He added that half of child deaths in refugee camps are caused by malnutrition and starvation.

Instead of three square meals a day, refugees indulge in cubes of BB-

5, a 2000 calorie food substitute designed to last three days.

While Canadians use 326 litres of water a day, refugees use only 18 litres daily, according to MSF.

Panel discussions, film screenings, photography and art exhibits have toured the country as part of A Refugee Camp in the City to promote the MSF cause. Twenty-five exhibits have traveled to five cities across Canada, giving people in Halifax, Montreal, Ottawa, Toronto and Vancouver a chance to experience camp life up close.

MSF has been operating in Canada since 1991. They've hosted free educational events such as A Refugee Camp in the City for six years.

As Nobel Peace Prize winners for their humanitarian work, MSF provides medical help to displaced persons in 85 countries around the globe.

There are 14 million refugees and over 20 million displaced people in the world. Currently, more than 120,000 refugees live in Canada.

"We provide assistance to people in need regardless of race, religion, or political status," said Clea Kahn, communications officer with the group.

New anti-terrorism act raises public concerns

By NOEL McINNIS
Et Cetera Staff

In an effort to combat terrorism and keep Canadians safe, the federal government introduced new anti-terrorism legislation last week.

Bill C-36 aims to ensure the full weight of Canadian law will be brought to those who plan out, support or finance terrorist activity.

The act introduces measures that cut off financial support to terrorists by making it a criminal offence to knowingly give funds to terrorists and strip charitable status from organizations that front money for such groups.

In addition to cutting off terrorist cash flow, the bill also makes it an offence to knowingly participate in terrorist activities and gets tough on those who commit related offences.

The act will allow police and courts more power when dealing with anyone connected to terrorist activity. This will include the use of electronic surveillance, wire-tapping and the detainment for 72 hours of those suspected in any activity that could be linked to terrorism.

For the first time in Canadian law, Bill C-36 defines terrorist activity as an act committed for religious, political or ideological purposes which result in the threat of public or national security by killing, harming, or endangering a person. It can also apply to any property damage likely to harm people or the disruption of an essential service facility or system.

The definition of terrorism and measures taken to enforce the act leaves questions for groups like the Ontario Coalition Against Poverty (OCAP).

"It has enormous dangers in a

number of areas: the concept of preventative detention and the question of how they're going to define terrorism," said OCAP organizer John Clarke. "We're looking at a situation where not just OCAP but striking workers could be targeted."

Referring to the OCAP protest held in Toronto's financial district last week, Clarke said that even though some fighting may break out or some windows get smashed, those acts in his opinion are a "very long way away from a reasonable definition of terrorism."

"If you define terrorism as flying a plane load of terrified people into buildings full of thousands of people, that's what terrorism is. If political rallies in a charged atmosphere become confrontational, you're still not dealing with terrorism."

Special Assistant Alex Swann of the Justice Minister's Office, said it is important to remember that law already covers violent protests. He also stressed that Bill C-36 is not intended for those who do not have the intention to commit acts of terror.

"By no means is this an attempt to target lawful protesters," Swann said.

"There needs to be a number of criteria that must be met for someone to qualify for terrorist activity. Even then, it's up to the prosecutor whether to proceed or not."

The terrorist criteria defined in the bill states there must be intent to commit an act of terror. It also states that the individual must be thinking to compel the government by action rather than simply influencing the government by protest. The activity must also be done for political or religious causes.

Swann said the government is not suspending the current law and that any action taken by authorities must

have judicial authorization.

"That includes the wire-tapping powers and also the preventative arrests. A police officer would only be able to apply any action with the consent of the attorney general. Once the arrest is made, they have to bring the person before a judge within 24 hours," he said.

According to Swann, there must be specific information linking the individual to a possible terrorist threat in the 48 hours after the arrest. The suspect would also have right to counsel when brought before the judge.

Last week in the House of Commons, both the NDP and the Bloc Quebecois called on Justice Minister Anne McLellan to add what they called a "sunset clause" to the proposed law.

This would force the government to justify the bill to Canadians if the new law proved to be too harsh under certain events. There was also a request from some critics to bring the bill back to the House for a review in one year instead of the proposed three years.

"We considered a sunset clause but the minister chose not to include it in this bill," Swann said.

"[McLellan] has said she is willing to have this discussion and listen to suggestions as to how a sunset clause would apply."

In a press release last week, the government said it has ratified 10 of 12 United Nations counter-terrorism conventions, and this new act will allow for the ratification of the remaining two. Swann said that if a sunset clause was introduced and if certain elements of the law were rescinded, that would put the government in a "contradiction of the arguments" laid out by the UN.

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 HUMBER

Outrageous is his middle name

By MELANIE THOMPSON
Et Cetera Staff

He's the mastermind behind Pin the Noodle on the Turkey. He belted out Oktoberfest songs in the hallways of Humber College just to sell tickets to an Oktoberfest event. He even laughed at having his pants stuffed with sauerkraut all in the name of Humber Students' Federation (HSF) fun.

But Stephen Anastasi doesn't think that he's done anything too outrageous in his reign as HSF North Campus Life Vice-President.

"I've been pretty tame," said the 21-year-old Computer Programmer Analyst student. "I think I kind of blend in with the other students."

Anastasi first became involved with HSF four years ago when it was still known as the Students' Association Council (SAC), acting as a club member and a volunteer.

Despite the fact that a 25-foot tall Christmas tree fell on him during one of his volunteering duties, Anastasi stayed with SAC the following year as the representative for the School of Information Technology.

Last year, he became Campus Life Vice-President and was re-elected for the 2001/2002 term.

This Mississauga native's claim to fame is his creative campaigning, including plastering Humber with posters of himself and a variety of celebrities including the modern Charlie's Angels.

These zany poll-winning tactics didn't always work for Anastasi. He ran unsuccessfully for two years at Clarkson Secondary School in Mississauga.

In his last attempt to become a student council member before graduating, Anastasi had a tug-of-war on the school stage with a member of the football team over a pool of Jello.

After being pulled in, he decided to throw a few handfuls of Jello into the crowd.

"At first it was a good idea, but then in retrospect, it probably wasn't so great," Anastasi said, adding that he was not as outgoing in high school. "I had fun anyway."

Anastasi's goal for this school year is to hold at least one event per week for Humber students.

So far, HSF has hosted several successful events, such as Millionaire Mondays and Casino Night at Caps. Although it may take a lot of time and planning to make sure everything goes as planned, Anastasi would never complain.

"It's like social time because I can meet people in the school and talk to them, so it doesn't seem like work," Anastasi said. "It's easy to enjoy this job."

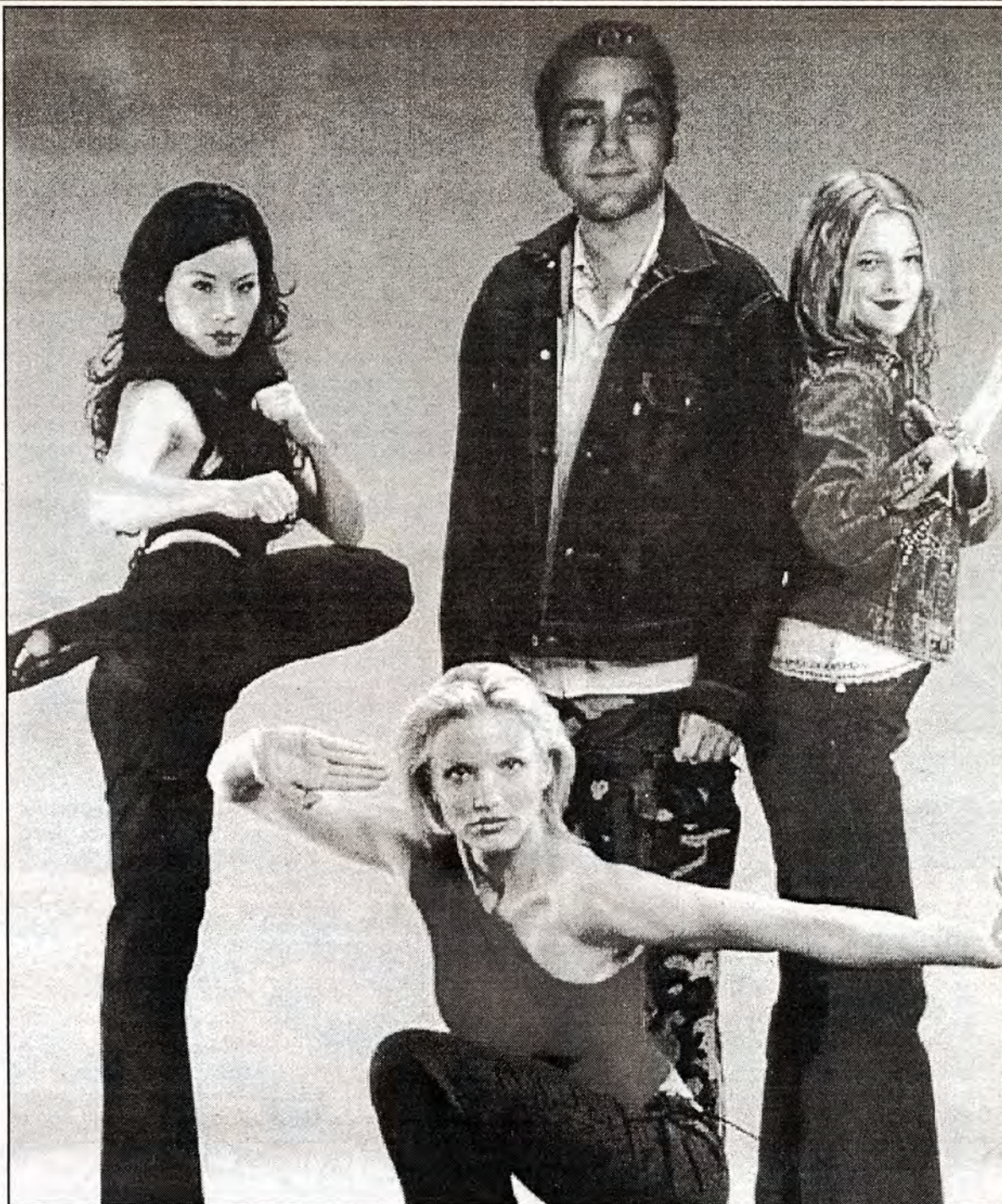
Anastasi likes to come up with his own original ideas to entertain students and get his creative juices flowing.

"I figure no matter how stupid [an event] is, someone is going to enjoy it."

When not in class or the HSF office, Anastasi can be found at bars or clubs with his friends. *Emma's Back Porch* and *Big Bucks* in Burlington are some of his favourites.

After graduating, Anastasi's goal is to become an entrepreneur.

His advice to Humber students is short and sweet: "Go out and have some fun."



Courtesy HSF

Anastasi uses his creative imagination to produce eye-catching posters for the HSF election race each year

Dental plan in the works

By PHILL FELTHAM
Et Cetera Staff

Humber Student's Federation (HSF) President John Pulla said a referendum may be required to approve one of three proposals Ontario Blue Cross Insurance presented to him for a student dental plan.

At a Wednesday night board meeting, Pulla discussed with the directors the options they will present to students by the end of November.

The proposed dental plan would cover accidents such as chipped teeth, but not regular or yearly dental check-ups.

The first option that would be available gives students half of their money back for tooth extractions, oral surgery, removal of two wisdom teeth per year, root canal therapy and gum disease.

The second option would give students all of their money back for extractions, oral surgery and removal of wisdom teeth per year.

The third available option would

pay the full cost of root canal therapy and gum disease services.

According to Pulla, Blue Cross wants the options to be on an "opt in" basis, meaning all students have to pay money through the plan.

Otherwise, the programs will cost more for those students who want them.

"If you want to give the best rate to the students, then everyone has to pay," he said. "But not everyone wants to pay because they have their own plan."

The "opt in" plan would cost each student \$39.69 a semester and \$79.60 for the year.

Pulla added many students don't want to pay the extra money for the dental plan because they're covered by their parents' plan or by other insurance.

"The problem [with the opt out method] is you can never have a fixed payment," Pulla said. "More students bring the rates down."

Currently, all students pay a \$45 fee to HSF annually when they pay

their tuition at the beginning of the year.

However this fee does not include dental coverage.

The survey, which is supposed to be available to students by November, will be presented as soon as enough research is done on all the options.

Pulla said that students can refuse the plan if they want to.

Many students said a dental plan covering dental surgery is a good idea.

However, others feel there should be a plan for general check-ups as well, because that is what most students use.

"I'd like to have a dental plan for cleanings," said Natasha Grossi, a Package and Graphic Design student.

Grossi's classmate, John Tran said, "Not everyone has a dental plan, so it's good to have one if you go to the dentist."

Tran, who paid \$2,000 to have his wisdom teeth extracted, added, "I'd pay the extra \$40."

In Brief

HUMBER AT YUK YUK'S

The Humber School of Comedy, The Comedy Network and Yuk Yuk's are pleased to present Toonie Tuesdays every Tuesday beginning Oct. 30 at Yuk Yuk's SuperClub in Toronto.

Toonie Tuesdays will give students enrolled in the Comedy: Writing and Performance program an opportunity to "strut their stuff" in front of a live audience.

The comedy program is the only program of its kind. Its goal is to help aspiring comics polish their craft of making people laugh by emphasizing expression and delivery.

With the assistance of The Comedy Network and Yuk Yuk's, tomorrow's comedy superstars will be able to do just that every Tuesday night.

Yuk Yuk's SuperClub is located at 2335 Yonge St., two blocks north of Eglinton Avenue.

For information or reservations, please call (416) 967-6425.

HALLOWEEN PUB NIGHT

It's time once again to dig out that old Halloween costume because Caps is holding their annual Halloween pub on Thursday, Oct. 25.

One thousand dollars will be divided between the first, second and third place winners of best costume, both male and female, and one lucky person will walk away with a ticket to the Molson Canadian Blind Date tour.

Doors open at 9 p.m. and the cost is \$2 for students, \$10 for guests.

POSTER SALE

The Imaginus Poster Sale is back at Humber's North campus from Oct. 24 to 26.

Posters featuring fine art, bands, wildlife and Hollywood superstars are available for purchase Oct. 24 and 25 from 9 a.m. to 8 p.m. and Oct. 26 from 9 a.m. to 5 p.m. in the student centre.

Posters are not the only available items. Photography, frames and hangers will also be on display.



Elaine Wilson

Instructor Jim Wilton teaches motorcycle riding students lesson No.1- how to sit on their bikes and control them

Motorcycle madness

By ELAINE WILSON
Et Cetera Staff

If a motorcycle licence is what you're after, look no further than Humber College's own motorcycle riding course.

The course, a part of the Transportation Training Centre, began in 1982 and is offered from March to October evenings and weekends at North campus.

"We are now the largest motorcycle course in the world and have been for three years," said Tony DeCiantis, an instructor for the course.

The program has 100 participants every weekend and had 3,000 graduates this year alone.

Courses range from a beginner's guide to riding, maintenance care and refresher courses for students who already have their M1 or M2 licence.

"We try to target all types of riders," said Wendy Moher, the program manager.

All courses include in-class instruction, but time is primarily spent on the motorbike with hands-on experience in braking, accelerating and stopping.

"There is one instructor for every five students," Moher said. "There are groups of 10 students with two instructors. This is to ensure that there is enough help."

Students are put into groups and instructed on how to proceed through

an obstacle course. Specially trained and certified instructors watch to make sure riders execute the course properly and signal if something is done wrong.

After the course, students can take the final licence test at the college as long as they have an M1 learner's permit.

"Humber College is a recognized authority in signing licences," Moher said. "It is an earned privilege."

Over 85 per cent of students who take the course pass the test.

Advertising in the motorcycle industry and Humber's reputation have made the program popular.

For more information about the program call (416) 798 - 0300.

Department gets Rez space

By PHILL FELTHAM
Et Cetera Staff

Some departments of the North campus will be moving their offices to make room for a new Guelph-Humber centre.

"These offices are relocating and the space that is vacated will become the Guelph-Humber office until July or August 2003," said John Mason of Government and Community Relations.

Events and Accommodations and Ancillary Services, formerly located in C138, are relocating to the residence. The Purchasing Department is moving across the hall.

Mason said relocating the offices to the residence was "multi-fold."

He added Humber needed the space for the Guelph-Humber project and the offices needed to be closer to where Residence conducts business during the summer months.

Residence turns into a hotel from May until August.

"Events and Accommodations staff are responsible to create customers and business over the summer

months when the students are not using the residence," Mason said.

Hockey teams, international exchange programs and other small groups use the residence for their activities during the summer months.

"Many groups stay for a short period of time," Mason said. "Some groups are large... up to 300 people."

Mason added that the goal is to bring the Events and Accommodations and Ancillary Services into closer proximity to one another to improve communication and to enhance the overall service level.

"Summer business tends to be highly transient where people can only stay for three days," he said.

The offices moved into their new home Oct. 19 and opened for regular business Oct. 22.

Mason said a wall was knocked down, joining the Games Room and the residence offices together, but now there is a concern among students living in Residence that their recreation space is being taken away and replaced by office space.

Mason said the move was also

made to consolidate space within the residence to "offset mortgage costs and operating costs from May to August."

He also said the old Games Room space was "under-utilized" and due to a space crunch, it needed to be changed.

Mason made it clear that students should not despair because there is still a Games Room in Residence.

"One of the conference rooms will be used as the new Games Room," Mason said. He added the room will be still be used for conferences when needed.

He said the rooms will be used for "dual purposes at different times."

The purchasing department, which is responsible for buying furniture, computers and other equipment for the college, is making the move across the hall to a smaller office.

Patrick Kelly, director of Purchasing Services said the move was to help make room for the Guelph-Humber project and was not too costly for the college.

"Humber is in desperate need of space, everywhere," he added.

Pizza, pop attract students to meeting

By JOEL HOIDAS
Et Cetera Staff

Even after enticing students with the promise of free pizza and pop, the Humber Students' Federation (HSF) still had trouble assembling enough students in the Student Centre to attend their bi-annual meeting.

Students voted to approve last year's HSF election results, the number of directors for 2001-2002, financial statements and changes to the constitution.

"There is a minimum number of people we must obtain in order to have a workable meeting," said John Pulla, HSF president.

"There has to be a minimum attendance of 50 full-time students."

Asked what would have happened if HSF could not get 50 students together, Stephen Anastasi, HSF vice-president of campus life, said, "We would have kept going until we met quorum. There were a few time-sensitive issues like the financial statements which had to be approved."

Anastasi did not attend the meeting due to a test.

Those who did attend received vouchers for a free personal pizza and large drink from Pizza Pizza in the Food Emporium.

All students had to do was register beforehand, get a name tag to prove they attended and participate in the meeting, which lasted 15 minutes. The free pizza vouchers were handed out after the meeting was adjourned.

A total of 110 students registered to attend the meeting, slated to start at 11:30 a.m., but only 55 to 60 students were present when it finally began at 1:15 p.m.

The challenge for HSF was keeping 50 students in the room at the same time once students started leaving the room, then coming back in.

"I think it's difficult to get 50 [students] to attend, because a lot of people have class, or just don't know what this is," said Christine Worrall,

HSF director of Media Studies. "We need to get people's attention to let them know what this is about, and how they can participate."

HSF director of Liberal Arts, Max Murray, was grateful for the students who did participate in the meeting.

"It's very important that the students do come out and vote. After all, it is their government and their money," Murray said.

First-year General Arts and Sciences student, Mara Paolantonio, said she attended the meeting strictly for the free pizza and not to express her opinion on the new directors or changes to the constitution.

"As long as I get my education and good grades, it really doesn't matter to me," she said.

Kwame Prempeh, a first-year Electrical Engineering student, also came for the free food.

"I don't even know what this meeting is about. They just got my attention when I saw the sign for free pizza and pop."

Despite the lack of interest from some students, others were there to learn and to keep an eye on their student government.

The HSF controls a budget this year of \$1,139,110, down from last year's \$1,158,860. The budget is made up of administration expenses (eg. salaries and honoraria), service expenses (eg. health care and peer tutoring) and programming expenses (eg. clubs and events).

"I believe the worth of a school is based solely on the worth of the students who compose it," said student Michelle Kelly. "I believe that this affects me greatly. My opinion as a student is very important."

Third-year student, Dave Firth-Eagland, added, "I am interested, and I am concerned. I really feel that I can make a difference."

Although it took two hours to assemble the meeting which took only 15 minutes, HSF went away happy, knowing meetings like these come along just twice a year.



Joel Hoide

Students who registered and attended meeting received food vouchers

Who let the freaks out at Caps?

By DIANE DENBY
Et Cetera Staff

Carnival Diablo shocked 280 students at Caps Tuesday night.

Exploring the themes of "psycho-kenesis"- power of mind over heat, cold, and pain, and mind reading, Nikolai Diablo amazed the unsuspecting students.

HSF Vice-President, Stephen Anastasi said he chose Carnival Diablo to go along with the theme of Halloween.

"It's a show that's never been performed at Humber. It got the student's going," he said.

Students could barely watch as Diablo's partner, Jason Queck, impaled himself with foot-long hat pins through his arm, throat, eye and cheek.

"It was disgusting," said student, Erin Gallant. "I've never seen anything so gross."

It was far from an illusion as Queck extracted the four pins from his body, blood trickling down his forehead.

Queck has been performing for nine years.

"I had an interest in body piercing and the opportunity came up so I went for it," Queck said.

Diablo, 37, who's been performing since the age of 12, said his major influence in getting involved in the freak show business was his grandfather. Diablo's Web site tells the story of the original Diablo who was the first Ukranian magician and sideshow owner in Canada.

"I saw this 80-year-old man doing something so disgusting and I thought I wanted to do that someday," he said.

Diablo's career choice has led him to meet some of his idols like actor Tim Curry (*Rocky Horror Picture Show*) and performance artist Marilyn Manson.

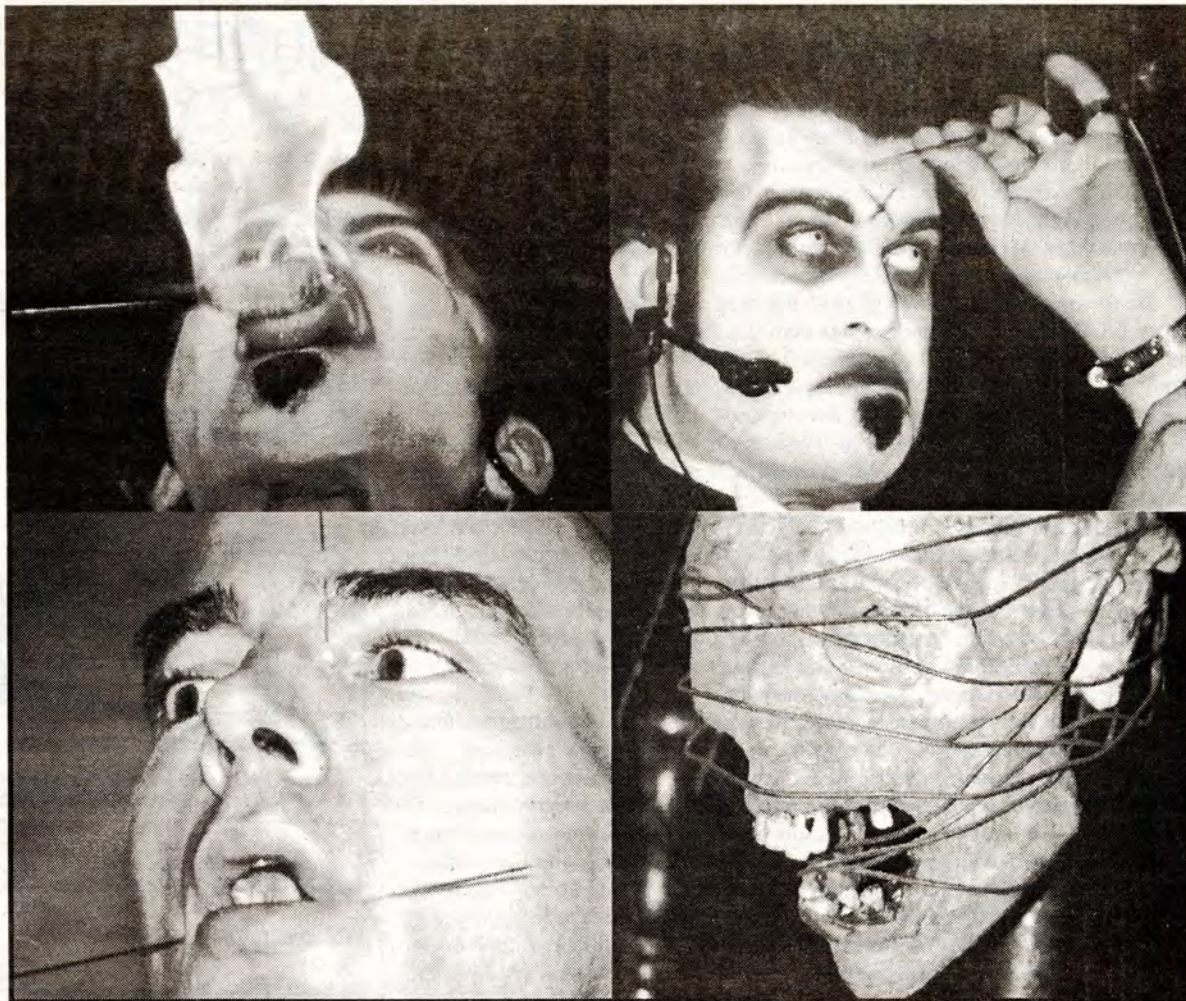
"Manson is genius. He knows how to make money. He's an outlet for youth who think they're rebelling," Diablo said.

Diablo ended the show by inserting a fire stick into his mouth, swallowing the flame and spitting fire back out at the audience.

If you want more Diablo, check out his "ultimate sideshow" Oct. 30 at the Reverb, 651 Queen St. W. Doors open at 8 p.m. and the gore begins at 10 p.m.

Diablo said the show will feature a volunteer having a limb amputated on stage.

"It'll be real hard core," he said.



Diane Denby

The crowd at Caps took a walk on the dark side Tuesday as Diablo's freaks performed their one-of-a-kind show

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Editorial etc.

A Palestinian state

The time has come for the creation of a sovereign nation of Palestine. This view has gained momentum in recent weeks, as Western leaders are beginning to declare that Palestinians need to have their own country if there is to be any semblance of peace in the volatile area. On Oct. 15, British Prime Minister Tony Blair called for, "a viable Palestinian state, as part of a negotiated and agreed settlement, which guarantees peace and security for Israel."

We agree. But it is a very complex issue.

In the Balfour Declaration of 1917, the need to find Jews a home was recognized. In 1947, the UN proposed a plan that created a Jewish state, an Arab state and an international zone. When the British pulled out of the area in 1948, the new Jewish state of Israel was attacked by its Arab neighbors. In this war, and in the wars of 1967 and 1973, Israel gained significant amounts of territory including the Golan Heights, the West Bank, the Gaza Strip and the Sinai Peninsula. The territory designated by the UN in 1947 for the Palestinians no longer existed.

Since Israel's creation more than 50 years ago, millions of Palestinians have been living as refugees on land they had occupied for centuries. In 1993, then Israeli president Yitzhak Rabin and PLO chairman Yasser Arafat signed the Oslo agreement. History was made, as Arafat recognized the legitimacy of Israel for the first time, while Rabin established a process that would allow the Palestinians in the West Bank and Gaza strip to become self-governing.

In the years since the Oslo agreement however, both sides have accused each other of not living up to the terms of the agreement. After continued attempts to come to a workable compromise failed in large part due to the question of Jerusalem, violence again erupted in an intifada (uprising) that began in September of last year. The ongoing violence has seen almost 1,000 people killed and high profile politicians on both sides have been assassinated.

Israel, in response, has cut off all commercial trade with the Palestinians. The results of the economic blockade have been staggering for the Palestinian economy. The Palestinians rely on Israel for the delivery of electricity, food and water. The United Nations Educational, Scientific, Cultural Organization estimates that the blockade causes losses of \$650 million U.S. a year, or 63 per cent of Palestinian revenue.

With mounting casualties on both sides, young Palestinians in a seemingly hopeless situation are lining up to become suicide bombers. A solution is more imperative than ever. Continued fighting has further embittered many on both sides and this has created a growing challenge for those who are willing to arrive at a peaceful solution. This situation will only worsen if further delays in the creation of a sovereign nation for the Palestinian people are only further delayed.

The Palestinians are a distinct group of people who have a strong claim to the land currently under Israeli control. They deserve the opportunity to look after their own affairs. A place to call home for the Palestinians will not make everyone happy but it will go a long way towards ending the violence in the region. After all, everybody needs a place to call home. The Jews should know something about that.

Come on get happy

As the aging, mullet-topped Canadian super-group Trooper once said, "We're here for a good time, not a long time."

Humanity needs to take their heartfelt advice. We seem stuck in a rut, spinning in a tangled web of melancholy. What happened to laughter, socializing, and making love? People sit at home glued to CNN, wondering what traumatic turn America's 'New War' will take. With people stockpiling drugs to fight anthrax, it's important to prescribe your own - laughter - it's the best medicine.

Laughter, on a physical level is a relaxant. When your brain finds something "funny" it releases endorphins that relax the body, dissolving anxiety and tension. (See bin Laden jokes on facing page.)

Be thankful for the little things. Go for a drive in the country.

If you watch TV, give CNN a rest. Gather up some friends and plop down in front of the idiot box for some good 'ol fashion entertainment.

The leaves are changing, so go enjoy the colours.

Spend some time with your parents. Those people from whose loins you have sprung can bring a new perspective in times like these.

Touch base with old friends. They are sure to promote laughter.

Stop in at Caps or your local watering hole. The conversation could reach untold levels of philosophy, or idiocy.

Dance.

Last, but certainly not least, make love. Do it like it's going out of style. If the world is going to end, at least make it to third base. You want to talk about the brain releasing endorphins brought on laughter, wait until you've had sex.

Humanity needs to be occupied and entertained once again while it deals with current events. Sept. 11 and thereafter cannot be ignored. However, who's to say we can't have a little fun to ease the unsteady road. There are surely darks days ahead, but remember to, "Have a good time, the sun can't shine everyday."



Letters to the editor

Welcome to the jungle

Oct. 20: The state of the Humber College Residence has steadily declined since the start of the school year. It's gone from a beautiful, clean and fun place to live to a dirty, loud 'ghetto'.

Monday, Oct. 14, 4 a.m. - I have a class at 8:05, which means I have to be up at about 7:15. According to the Residence Code of Conduct, the floor should be totally quiet as of 11 p.m.

Is it? Yeah, right.

I hear stereos blasting, guys running up and down the hall yelling and knocking on every door they pass, glass bottles smashing on the rail outside my window as they fall from the windows above and a guy yelling under my door, insulting my girlfriend.

This is what life is like on the first floor of Rez every night of the week.

We have the option of calling the front desk to complain and they send RAs (Resident Assistants, students hired by residence to maintain order) to the area. The RAs get everything quiet, leave, and guess what? Five seconds later, it's just as bad as before.

I'm typing this letter at 12:55 a.m. Saturday, Oct. 20. Someone just tried to break into my first storey room through the window.

I heard a tapping noise at my win-

dow and opened it to find another resident with his foot on the ledge and his hands trying to slide open my window.

What did security do about it? Nothing. They "took some names" and that's it.

What Residence needs is a lot more than two RAs wandering about. They need a proper patrol and security team like any other apartment complex would have.

To make matters even worse, my window is above an entrance to a basement emergency exit where some residents 'smoke up'. This means that if I leave my window open, my room will be filled with the smell of burning weed. Of course, I can't open my window anyway - for fear of break-ins and flying glass.

In short: Residence might as well be a broken down building in the slums of Brooklyn, 'cause it sure as hell isn't safe.

Matt Cooper,
Residence

(The writer sent another letter to the Et Cetera on Oct. 22, explaining that after meeting with Residence Life co-ordinator Peter Lem, he was placed on a list for room transfer. According to the letter, Lem promises to combat the problem.)

A word of thanks

Oct. 18: Please accept our sincere gratitude for your support of the Oct. 3 Humber College Fire and Emergency Services' Car Wash and Boot Drive.

A special thank-you for the excellent article by Julie DeAngelis. Because of your support, we had a successful day and raised over \$3,500 for the New York Fire 9-11 Relief Fund, which assists the families of the New York firefighters lost Sept. 11.

In addition to your assistance, we appreciated any of your staff who donated to the Boot Drive and those who visited us with their cars at the Car Wash. We are grateful and look forward to working with you on future events.

Sincerely,
Charles Gray, Class President,
on behalf of the students, faculty, and staff of the Humber College Fire and Emergency Services Program

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Don't give 'em candy, they're too fat



Mark Nonkes

Listen up students, parents and kids, there is a national crisis. We've become a nation of sloths and glutons. The world is getting fatter and fatter. Every new generation seems to be wider and more out of shape than the one before.

Call me the grinch of Halloween, but as you hoard the candy, beware. Kids, the day is simply a celebration of greed. A day that celebrates

obesity as children turn their noses up at a healthy apple and run to the nearest house with their loot bags.

Should we celebrate a child who weighs 200 pounds? It starts simple enough, just a pillowcase or two of Halloween candy. It's a sad day when that seven-year-old boy runs less than 10 feet and is struggling to catch his breath. It's an awful shame when he tries to do a sit up in gym class but cries after a few mere attempts.

Should we celebrate a child who weighs 200 pounds?

It's not just one or two kids. According to a 1996 study by the Canadian Medical Association Journal, over 35 per cent of boys and 29 per cent of girls aged seven to 13

are overweight. The same study found that since 1981, obesity levels have jumped by 92 per cent in boys and 57 per cent in girls.

What are parents doing? Too caught up in the fast paced world, people are always looking for the quick way out. They are driving to the nearest fast food joint and treating themselves to a fatty supersized combo. Instead of being encouraged to enjoy the outdoors, people are told to be quiet and plop themselves in front of the latest Nintendo 64 game.

We are a culture fascinated by thin celebrities, whom we watch on our TV as we build fat from inactivity.

Beware, it's hiding around every corner, ready to attack you.

Fight fat. Take a walk outside, hit the gym, watch the diet. Get active. Get off your ass, before the world explodes of cellulite.

bin Laughin' at bin Laden

He is the world's most hated man, but that doesn't mean we can't make fun of him. In fact, all the more reason to. In that vein, we at the Et Cetera have assembled here, for your comedic pleasure, some of the best jokes about one of humanity's worst human beings. So sit back, relax and laugh at the man 'ya gotta love to hate.

Q- What's Osama bin Laden's favourite dessert?

A- Big Apple Crumble

Q- What will Osama bin Laden be for Halloween?

A- Dead

Q- What is the similarity between Osama bin Laden's house and Hiroshima in 1945? Nothing, yet.

Q-How does Osama bin Laden and his terrorist buddies play bingo?

A- B-52, B-2, F-16...

Q-When Fred Flintstone and Osama bin Laden look out their windows, what do they both see?

A- Rubble

Q- What do the Montreal Exops and Osama bin Laden have in common?

A - They will both be extinct by Christmas.

When Osama bin Laden went to his doctor recently for his annual physical checkup, the doctor told bin Laden he would die on an American holiday.

"What? When? Which holiday?" asked bin Laden. "Thanksgiving? Christmas? New Year's?"

"Well, actually," said the doctor. "Whenever they hunt you down and kill you, that will become an American holiday."

-Compiled by Desmond Devoy

These anthrax scares are turning people into idiots. Some cases in Point...



Hello Police?! I've just found a white, powdery substance in my laundry room!



Don't worry Mr. Downey. This white powdery substance on your mail was just your regular cocaine shipment.

D. DEV04



Christine Atkinson

His name probably isn't Casper and I'm still debating whether he's friendly or not, but I'm positive there's a ghost in my basement.

I call him Spectre. He used to reside in the living room on the main floor of my house. Every night during witching hour (typically midnight to 3 a.m.), Spectre would pace alongside the coffee table. The floorboards would creak under the carpeting as if someone was actually setting their foot down on the ground.

Spectre's smart, too. He doesn't grab a lamp and carry it across the room, casting the illusion that it's floating. He shifts things around when you're not looking and knocks on doors, whispers names - little things that I've excused because I might have been tired, or been thinking hard about something. But if you were watching TV in your home and saw a dark outline of a man sitting on your couch when you're the only one in the house, you'd think twice.

Eventually my ghost started creeping up the stairs to the hall of bedrooms. He'd even push back my door to have a peek at me chatting it up on the phone with important men. I had previously warned Spectre of what I would do if he bothered me. I didn't mind the pacing and I forgave him for grabbing my hair and nearly throwing me down the stairs that one time, but spying on me while I am on the phone ... sleep with one eye open, my friend.

Before Mr. Ghosty knew it, I had whipped out my weapon of choice:

rosemary. A post-ghost stricken friend of mine told me that, for some reason, ghosts never approach rooms containing burnt rosemary.

I didn't riddle the basement with the ultimate power of rosemary as I thought it would be too cruel to boot Mr. Ghosty off into some abyss of nothingness. His ass doesn't take up space at the dinner table and as long as he doesn't meddle in my underwear drawer, I'm fine. So, he lives in the basement.

Unfortunately, I forgot that I'm usually in my basement banging out assignments.

When the opportunity came for me to write about the ghost, I openly accepted it, but Spectre didn't. He literally sucked the power out of my computer. And I knew that there wasn't a power shortage because the television was on and it didn't black out. This bloody column is the only file that my computer refused to save.

His ass doesn't take up space at the dinner table and as long as he doesn't meddle in my underwear drawer, I'm fine.

The fact is, I have a ratty old computer and if it would freeze or crash, it would make annoying rattling noises. It's happened before.

I don't know why Spectre is so modest about being published. My neighbourhood is only 20 years old and no one's ever died in this house. He shouldn't be embarrassed to sport his cover-alls, bottle cap glasses and ring of grey hair around his head. Spectre fits the description of my mum's grandpapa perfectly. He used to own a farm, which explains the cover-alls. My mum has yet to see him, but she's hardly in the basement.

She'd be bound to see him if she'd tap at the computer every night.

Cheers to the pimple-faced closet magicians



Lauren Ferranti

Given the choice, I always pick the trick over the treat.

I'm not talking about a buzzer hidden in a handshake, shrubs swathed in toilet paper, or a smashed pumpkin in the street. The trick I'm thinking of is much more sneaky and intelligent. The trick is a craft - a true art.

My childhood magician went by the name of Aardvark. He wore pink ruffled shirts, pulled bunny rabbits under scarves, played birthday games. While all the other kids were

running around hiding and seeking, looting the yard, licking cake off their faces, I sat enraptured.

During that time, he and I were the only ones there. That was the first time I was to experience sheer amazement.

Little did I know I would grow up to have my own personal magician. He doesn't have a bunny rabbit, scarves, or white satin gloves. For him, it's all deftness and dexterity.

My boyfriend's a closet magician - kind of shy. He will only perform for me under extreme duress, sometimes a drink helps. He doesn't often entertain crowds, but when he does, they're small and he's nervous. But a few tricks under his belt, the nervousness dissipates and is replaced by a mysterious allure. I call this the magic attractive factor.

It's the combination of assurance and mystery. The smoothness with

which he lays cards on the table, a slight movement of the hand, eyes staring into mine, a coy smile...revealing but always holding a little something back, to keep me hooked.

At first shuffle, some might be inclined to think him odd, a geek. He kind of is, quite frankly. But he's in good company.

Consider, for example, the 13th highest paid entertainer in the world. David Copperfield is a travelling salesman who peddles astonishment, playing 550 shows a year.

Young Copperfield turned professional performer at the age of 12, and at 16 was teaching his craft at New York University. He had few friends, and lived in a neighbourhood populated by seniors. So he began alone, in his room, with a doll. A skilled ventriloquist, he soon became the delight of his elderly community.

But take another look: trademark

bushy eyebrows, dated big hair, and corny humour. He favours '80s music and old jazz dance moves. It must work - this unpopular kid dated a supermodel for about six years, and the women go wild for him. Attend a show - the rapture is contagious.

Skepticism aside, this guy is unique, an initiate of an elite club.

My magician has taken me to his secret club - a magic shop where aspiring conjurers convene. A hush descended as I entered. Mostly young teenage boys, showing off for one another. They were shocked to see a female enter the place. I approached, watched, complimented when I was visibly fooled.

Soon they were vying for my attention. Their magic made them feel comfortable, confident. They were a motley crew of teenage awkwardness - too short, too chubby, pimple faced, straining voices. With just a bit of

encouragement, they performed like burgeoning Copperfields: suave and assured, making a disappearing act of their clumsiness.

In a similar success story, aging magical great Harry Lorayne confesses in the November issue of *Genii* magazine, that "Magic saved my life...I was the shyest kid you could imagine...(in school) I was too shy to raise my hand when I had to go to the bathroom - and you can figure out the result of that!"

That weird kid in your kindergarten class who peed his pants - he's sitting beside you on the bus, carrying a deck of cards in his front shirt pocket, a raft of ruses up his sleeve. And he's a mack daddy with the chicks.

Next week when the choice is presented, go for the trick. Magically, it's transformed into a treat every time.

Biz/Techetc.

Canada's storied encyclopedia collection to be offered on-line

By JEFF LIM
Et Cetera Staff

The Canadian Encyclopedia is now available on the Internet, giving users access to a wealth of knowledge from any computer free of charge.

The Web site, www.historica.ca, is run by the Historica Foundation of Canada and was officially launched on Oct. 10.

George Goodwin, managing editor of the Historica Foundation, said costs to operate the site are "about a million and a half to \$2 million a year to keep the encyclopedia going, keep it up to date technologically as well as content [wise]."

The Historica Foundation is a registered charity and funded the project, which was in development for two years, with donations from the private and public sector. Government grants were also used.

Margie Zekulian, a librarian at Humber said the Library already has the Canadian Encyclopedia linked into its research database as another tool for students to use.

"The fact that it can be accessed from any computer without having to sign-up is great," Zekulian said. "Students can use it from their homes if they wish, it makes it much easier."

Goodwin said the site was a natural progression from the CD-ROM version of the encyclopedia, as more people started getting their information on-line rather than buying a CD-ROM.

"Just as the book gave way to the



Jeff Lim

A student reaches for a Canadian Encyclopedia inside Humber's library

CD-ROM, the CD-ROM gave way to the Internet," Goodwin said.

According to Goodwin, the first book version of the encyclopedia was published in 1985, and in 1991 the first CD-ROM version was released.

"I wouldn't say [the on-line version] would replace the actual hard-bound versions, but the ease of use is just fabulous," Zekulian said. "You can search two subjects, even do Boolean searching, cross-referencing a number of searches."

"We've got over 11 million words up there spread over 11,000 articles and it's available in both English and French," Goodwin said.

The site opened last January to be evaluated by education ministries across the country. Since then, Goodwin said they've had "about a half million visitors and [are] averaging 40,000 visitors a month with no publicity at all."

Goodwin expects the site traffic to double with the official launch.

"People coming to the site spend on average no less than 11 minutes up to 21 minutes [on the site]. I guess it's kids coming in doing research," Goodwin said. "I was pleased to see people going there, hanging around, reading the articles, basically using the material for what it's there for."

Fido's Internet service receives high speed boost

By JEFF LIM
Et Cetera Staff

Microcell Telecommunications has chosen Speedwise Inc. to give their subscribers three times faster Internet service.

Microcell, the company best known for its Fido service, will use Speedwise Accellence, a division of Speedwise Inc., in their wireless phones and laptops to browse the Internet without having to connect to a landline phone or cable connection.

"Subscribers will have to purchase handsets compatible with the GPRS [General Packet Radio Services]," said Monic Hebert, marketing coordinator for Microcell.

"[The service will also be provided for] certain plans that offer various megabyte speeds," Hebert said.

General Packet Radio Service is a system that allows information to travel through mobile products. However, the service doesn't provide the use of sound when using the Internet.

Microcell is the first wireless carrier in Canada to offer this level of speed in their GPRS service.

"We're happy for the end user," said Moshe Sheps, president of Speedwise Inc. "The capability we bring through Microcell [will be] just

as good or as fast if not better than what we use at our desks."

Moshe said that the user wouldn't have to purchase any software to use the service. The service will be seamless to the customer.

"We're making wireless Internet experience into a productive experience," Moshe said.

In a press release, Vice-President and General Manager of Business Development for Microcell, Alex Brisbane said that the service offered by Speedwise Inc. will provide customers better Internet connections without losing any image quality.

Microcell also recently launched its Safe Driving Awareness Program, aimed at helping drivers avoid distractions on the road.

The Web based program allows you to rate your personal risk of distraction and offers ways to minimize that risk.

"I think the program is a good idea," said second-year Fashion Arts student Marie Reyes.

"It's very distracting to drive and talk at the same time," she said. "People are just asking for an accident."

The Web program also gives customers tips and information on how to use a wireless phone safely so that they may still talk while driving.

Web Review

By VICTOR PENNEY
Et Cetera Staff

Sometimes spending hours on the couch and staring aimlessly at the television is the best way to kill a few hours when you have nothing to do, but some of the shows out there are down right annoying.

Now you can bash those shows on the Web.

If there has ever been a television character that gets under your skin every time you see them, then head over to www.whowouldyoukill.com.

Here, you can vent your angst toward your most hated TV characters from shows like *Full House* and the *Facts of Life*, to *Charmed* and *7th Heaven*.

Choose a television show, then select a character. You'll also be asked to describe how you would get them off the shows.

You can also take a look at what other people have written and there is also a running tally of every character listed on the site.

While *Who Would You Kill* is

humorous, there isn't much else to the site. It has links to a discussion board and to a few other Web sites, but that's it.

Overall, I give this site three globes out of five.

Another site that takes a bite out of the television industry is www.jumptheshark.com.

The mission of this site is to take a look at TV shows, past and present to find out where they started to go downhill. The point at which the show started to suck is what the site calls "jumping the shark."

There is different criteria for judging when a show "jumped the shark." This usually happens when a very special episode airs, or when someone dies, gives birth, graduates or gets married.

You can place your vote for a show you think "jumped the shark," and check out what other people have said about it as well.

The site also has a list of shows that have never "jumped the shark."

I give this site four globes out of a possible five.

Popular software titles offered for less at Humber's bookstore

By ALEK GAZDIC
Et Cetera Staff

Have you ever found yourself lagging behind in the technology department or wanting to upgrade your current software, but don't have the money to do so?

If you've answered 'yes' to one of these questions, you may be in luck.

A little-known, but great deal set up for Humber students in search of computer equipment can be found inside the North campus bookstore.

"We sell educationally priced software and [computer] accessories here," said Arthur Serwaczak, computer department manager and assistant store manager at the bookstore. "We have contracts with some of the big computer companies like Apple, Adobe, Microsoft, Macromedia and Corel."

These contracts allow the bookstore to sell computer merchandise at lower prices for students, which cuts hundreds of dollars off the bill advertised in retail stores.

"The average discount on soft-



Cleo Porter

Several popular software titles can be purchased at the bookstore

ware is around 60 per cent off the street price," Serwaczak said. "For example, Adobe Illustrator is a \$600 program, but we sell it for only \$140."

Some of the best selling software programs are: Adobe's Illustrator and Photoshop, Macromedia's Dream Weaver and Flash, and Microsoft Office.

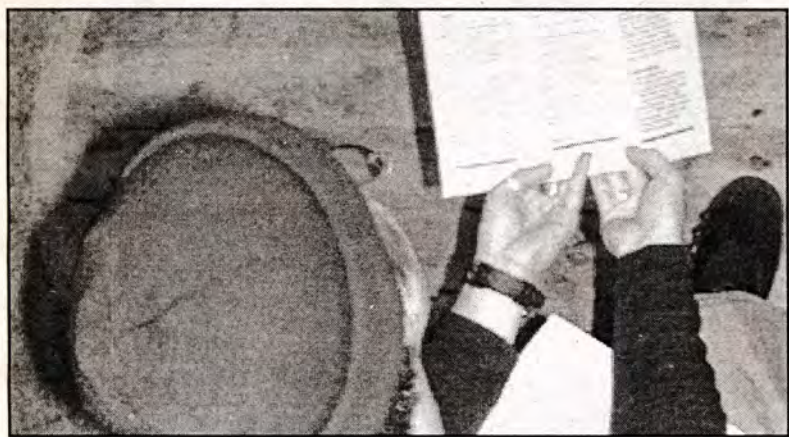
Students can save some money on computer hardware, but the discount isn't as large.

Not many students, it seems, are

aware of the student pricing discounts.

"No. I haven't heard of it," said Natalie Deciccio, a second-year Nursing student. "I've never seen it advertised [here]. There's no way of me knowing about it unless I actually go to the bookstore and look at it."

The bookstore has advertised the discounts before on HSF bulletin boards, but gets little student response, usually less than five cent Serwaczak said.



Mark Nonkes

Pamphlets on anorexia can be found at the Humber Health Centre

Turning the tides

By MELISSA MILNES
Et Cetera Staff

Anorexia nervosa isn't just a female disorder. More and more males are being diagnosed with the disease.

According to an anorexia nervosa survivor, Dr. Ian Boulton, eating disorders usually form when a man has some sort of stress in his life.

Ten per cent of individuals diagnosed with eating disorders are males, according to the National Eating Disorders Information Center [NEDIC]

"It's not like I woke up one morning and decided that I wasn't going to eat. It's a gradual process," he said.

For Boulton, it started when he moved away from his family to attend the University of London. He felt like he was losing control over his life.

"I needed to do something positive, so I started working out and watching what I ate," he said.

Boulton explained the subtle differences in eating disorders between men and women, citing attitude as a key factor.

Men do not go into the disease desiring to be thin, like women do. They tend to desire a leaner, more muscular form and exercise obsessively. Men also lose their sexual drive due to the decrease in testosterone. Women tend not to exercise as much as men and they lose their menstruation cycle he explained.

In Boulton's case, the more he exercised, the better he felt.

"I felt more energetic, cheerful and fit...I was in control." But, the more he obsessed, the more he suffered physically.

According to Boulton, someone with an eating disorder can develop lanugo, a condition that causes the hair on the body to thicken, to make up for the heat the body is losing. Also, your sex drive hits an all time low.

"All you care about is when you are going to work out next, or what you are going to eat," he said.

Boulton was at a low weight before he began his journey to recovery, but did not want his weight to be printed.

"It's totally irrelevant. Anyone of any weight can have an eating disorder," he said.

"Eating disorders are about control. There has to be some sort of stress in [someone's] life for them to occur," said Stephanie Vail, a support worker for NEDIC.

Eventually, Boulton reached the point where he was so weak; the smallest task seemed impossible.

"I had to open the laboratory doors with both hands because I was so weak," Boulton said.

On another occasion, when he was trying to open the laboratory doors, he passed out. That was when he checked himself into Guys Hospital in London, England, where he was doing research for the Bio-Chemistry department. He spent the next 18 months in the psychiatric ward where he began his road to recovery. He had a contract to gain one to two pounds a week.

"It was the hardest thing I ever had to do," he said.

Boulton was in cognitive therapy for one hour each day for a year. During this time he would speak about his feelings and discuss how his way of thinking was an influence on his lifestyle.

Boulton suffered from anorexia nervosa in his early twenties. Now 28, he gives lectures and speeches about eating disorders and their effects on the body. He currently works at the University of Toronto in the Department of Medical Genetics, where he specializes in sexually transmitted diseases.

There are many different ways to receive treatment. According to Vail, there is individual therapy, support groups, and in-patient programs to help people with eating disorders.

Although Boulton still keeps a close eye on what he eats, and still exercises, he said that he doesn't want to go through that state of mind again. There is still a little nagging voice in the back of his mind telling him not to eat. But, since he has made the choice to maintain and enjoy a healthy physical state, the voice seems to get quieter and quieter.

"I was set on a path of questioning which opened my eyes to a lot of other possibilities in my life," Boulton said.

For more information on eating disorders, contact NEDIC at (416) 340-4156.

Diet pills under microscope

By KATIE KNOX
Et Cetera Staff

For years people have been trying to lose weight, and now with an array of diet pills on the market people may be finding false hope.

Still, products such as Xenadrine and Creatine which claim to help people lose weight are flying off the shelves of local GNC stores, according to Mark Ysseldyk, the general manager of the GNC at the Woodbine Centre.

"Most of the people buying ephedrine-based products are women ages 18 to 45. I'm for responsible use. It's like anything, it can be abused," Ysseldyk said.

"Underactive people want an easy way to lose weight. Weight loss companies prey on these people," said Adam Borden, a fitness assessment trainer at Bally's Total Fitness Centre.

According to Trevor Mason a pharmacist at Shopper's Drug Mart the two most popular products on the market are ones containing ephedrine and creatine. Ephedrine, a stimulant originally used in decongestants like Sudafed, acts on the central nervous

system. Dietary products combine ephedrine and caffeine in order to boost energy.

"[Ephedra] should only be used as a decongestant. It shouldn't be used to lose weight. People do use it, but I don't recommend it," Mason said.

Mason said side effects could include increased sweating, dry mouth and tremors.

The U.S. Food and Drug Administration has been investigating ephedra since 1994. They found that high doses of ephedra could cause high blood pressure, heart irregularities, seizures, strokes and death.

"There are too many possible side effects. Someone should check with a doctor before using it," Mason said.

Ephedrine can be found in diet pills like Thermolean, Hydroxycut and Xenadrine. Although Borden acknowledged that some health and fitness experts advise against taking pills to lose weight, he stressed that sometimes they are a way of getting out of a fitness slump commonly called a plateau.

"I was working out every day for two hours and wasn't getting anywhere. I needed something to get me

past that road block. I started taking Thermolean and lost about 20 pounds in three months," said Alisha Denis, a second-year Public Relations student.

The liver, kidney and pancreas normally produce creatine, but the effectiveness of creatine-based products has not been proven. After ingestion, creatine is transported to the muscles where it increases muscle energy.

Some possible side effects like heat exhaustion, gastrointestinal distress and nausea have been reported, along with severe dehydration. That's why Ysseldyk recommends creatine users drink plenty of water. Side effects are more probable if creatine is left undissolved in the intestine.

"Creatine is extremely safe because it's naturally found in the body. A lot of guys between the ages of 18 to 25 come in for it. I don't recommend using it long term, but it works if you use it right," Ysseldyk said.

People should contact their doctor with any concerns.

Beware when bulking up

By MELISSA MILNES
Et Cetera Staff

You've heard of anorexia and bulimia, but one body disorder that is largely unrecognized is muscle dysmorphia.

Young men who suffer from this disorder feel they cannot bulk up enough.

Kevin Forrest, a personal trainer for Junior through Major A hockey teams, said that the need to get more muscular is mostly an ego issue.

"When people stop feeding your ego by telling you how good you look, you feel the need to bulk up in order to boost your ego," Forrest said.

According to *The Adonis Complex* a book written by a panel of three medical doctors from Harvard and Brown University, more than a million American men between the ages of 18 and 30 have used anabolic steroids before they were 18.

The main threat to those who have muscle dysmorphia is steroid use.

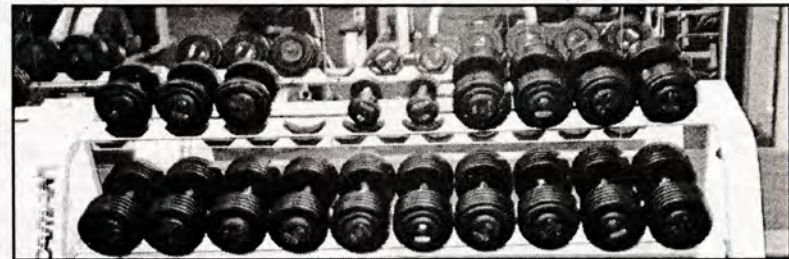
John Smith* was handed about three different forms of steroids when he was 18 from a friend on his Junior A hockey team.

"There were six or seven of us using [steroids]," he said.

During the hockey off-season when Smith was 18, he weighed roughly 240 lbs. and had to lose weight to improve his skating for the next season.

At the age of 20, Smith started using steroids again.

This time he used the drugs for appearance rather than performance



Dannette Wilson

Over doing it on weights and body building can be dangerous for many reasons.

"It was totally about looks. I wasn't happy with the way I looked," Smith said.

Although Smith was never diagnosed, he admitted that he had shown all the clinical symptoms of muscle dysmorphia.

The three doctors who wrote *The Adonis Complex* use a questionnaire when they suspect someone may have the disorder. Some of the questions they ask are: Has your workout schedule affected your social life? Have you taken drugs to enhance muscularity (i.e. steroids)? Do you frequently compare yourself to others?

Muscle dysmorphia is not well known. The National Eating Disorders Information Centre didn't have any information regarding this condition.

Other than weight gain, steroid use has few immediate physical effects.

However, according to Forrest, increased testosterone may make men more aggressive.

"If [users] are not in the gym, or fighting, then they are not happy."

Smith recounted an episode when

he was 18 and using a number of different steroids.

"Someone cut me off [driving] one day. I got out of my car, ripped him out of his window and literally threw him off his hood," Smith said.

The Adonis Complex also said that long-term studies showed that steroid use is linked to prostate enlargement and testicular shrinkage in young men.

Steroids are not the only way that young men are bulking up. According to Forrest, other health products such as creatine and protein supplements are also being used more than before.

Some of the treatments for muscle dysmorphia examine the psychological aspect of the disorder.

Once the individual realizes he has a condition, one basic form of treatment, recognized by *The Adonis Complex*, is cognitive therapy.

Dr. Mark Berber of the Markham-Stouffville hospital described cognitive therapy as a talk-therapy where the therapist helps to change a patient's negative thought process by identifying and changing the negative thoughts.

*Smith's name has been changed



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MUSIC

AS SEEN BY



du Maurier ARTS

Lakeshore's sanctuary and torment

continued from page 1

Both Richardson and Hill were receiving treatment there at the time. The home was formally named the "self-care" residence, which omitted the need for staff supervision given the independence component of the treatment.

"About two nights later I got another call in the middle of the night. And this was one of my staff whose job it was to answer these alarms directly. He got on the phone to me and said that he had personally nailed somebody, at what is now the Jean Tweed Centre, trying to set fire to the wooden veranda. It was the same guy," Barnes said in his faded Scottish accent.

"We were there all night, along with the police. The engineer who worked under me grabbed the guy and held on to him and got the police in," he explained.

Part of Barnes' duties as chief engineer included bringing the buildings up to fire code and teaching patients about fire safety.

"The education that we'd given them, thank heavens, worked to a great extent because people on the other floors all got out because they did what we told them. They kept all the doors closed and blocked all the bottoms of the doors, got all the patients together, took them out the back way."

Later on, due to the extensive damage, the entire building was gutted.

"An ordinary person has no idea what it's like to go into a room even if it's 20 feet by 12 and there's maybe eight beds in there and three are on fire - it's amazing how quickly it fills up with smoke," Barnes said. "That's the only person who ever died of any kind of incident that I know of. Some tried to do it [kill themselves] by running into the lake but they always got pulled out."

Barnes believes that it was this incident that terminated the hospital, which officially closed the next year in 1979, eliminating the jobs of all staff.

"But that building that you call C, was the one that probably put the final clamps down on the hospital," he said.

Barnes immigrated to Canada from Scotland in 1953, and settled with his family in the New Toronto township. In 1958, at the age of 17, he got a job working on the hospital grounds. As a child, Barnes remembers being scared of the asylum.

"They had a fence that seemed really super high," he said. "It was probably only six feet but it seemed high to us kids and you dare not go in there because supposedly there were all these people running around behind trees."

Even today, local youth in the surrounding neighbourhood have similar stories to tell. Sisters Tiffany and Chantelle Zufelt, two area residents, remember being afraid to venture onto the grounds as children.

"It was really creepy," said Tiffany, 21. "I remember the old burned down houses - it's creepy to think that people used to actually live there...I remember there used to be this rock that looked like it was in the shape of a gravestone."

In the years 1891 and 1945 the Department of Public Works designed cemeteries for the hospital. It is unsure as to whether the graveyards were actually located on the site because they are not marked on earlier site plans.

The unaccounted cemeteries aren't the only mysterious elements of the institution. A series of underground tunnels provided passageways that lead into the basements of the different buildings. Barnes recalls those tunnels well because he used them often on the job.

"Walking through the tunnels was much worse because they were dark," he said. "They were lit but they weren't lit the way we had them lit in later years. There was one light bulb every 50 feet or something like this. And they were low wattage light bulbs so there were great pools of dark. And if you hear a noise of a plate cracking or something, you'd jump. Patients were known to get out," he chuckled.

Primarily, the tunnels were used to deliver food from the kitchen building to the residence buildings. The kitchen staff would wheel food wagons along these subway-like passages while maintenance workers used them for quick transport from cottage



Courtesy E. Barnes

The fire which killed Cheryl Richardson was so hot that it melted inflammable mattresses, lights and draperies

to cottage, more often in the winter months.

It is rumoured around the neighbourhood the tunnels were used to take dead bodies out of the grounds. Johanna Marie Petruso believes this was the main reason the tunnels were constructed.

"I think they didn't want to upset the other patients when another patient died," she said. "I think they used the tunnels to wheel bodies out of the grounds."

Today, most of these underground paths are blocked off and only authorized personnel are permitted access. Barnes has since returned to the buildings to see the changes made by the extensive renovations. He can still describe the underground routes.

"They [the tunnels] ran all around the quarter angle of the front three buildings and all around the east side.

Then there was a branch that ran underneath, what's now part of the parking lot," Barnes said. "There used to be a kitchen building in there. The kitchen building divided the parking lot into two halves and there was a tunnel that ran under it. So it was like the letter 'H' with north, south, east and west tunnels."

Decades of rich history saturate the land that provided both quiet sanctuary and torment to thousands of occupants years ago. There were several forms of earlier treatments that would today be considered blatant torture. Early 20th century doctors knew little about mental health conditions and how to treat them. In 1902, patients were tied into ice water baths and left submerged in them for hours, a popular mental health practice of the day.

As the science of medicine advanced, so did the various treatments. In the late '60s the hospital began treating alcoholism.

"You could go in there and get a kind of drug that would make it so if you drank alcohol that you would get violently ill - that was supposed to be intensive. It was a new therapy," Barnes said.

Today, one of the buildings is still used for alcoholic rehabilitation. The Jean Tweed Centre, formerly known as Medical Superintendent's residence and later as the Cumberland House, is one of the only buildings left on the grounds that functions as a treatment facility. It was entirely built by patient labour in 1895. According to a 1986 report released by Peter

Barnard Associates, the former Superintendent's residence is a "symbol of the cottage system's influence on the design of mental institutions."

Later in the '70s, the hospital opened up drug rehabilitation units. Barnes believes that the new rehab units changed the atmosphere of the hospital grounds.

"Then we got younger patients who had problems for different reasons...and it wasn't the same place. It got violent. Some got really violent," Barnes said. "It was a different kind of violence somehow. At that time I was about 30-years-old, a lot heavier and a lot stronger than when I started there. I was a skinny teenager but it didn't bother me so much to encounter an older patient who was having a problem than to encounter someone that was a 20-year-old who could really get violent... It was getting not so nice and enjoyable of a place to work."

Also in the mid '70s, accommodations were made for child patients. Residences, schools and therapy units were created inside the existing cottages. Local school teachers from the Etobicoke Board of Education were hired to run the school classes for children with mental problems.

"Cottage 5, it became a residence for children...and a sadder sight you never saw. Children 5-6 years old 11-12 years old, I don't know what their problems were but the kids would have serious problems and would really act out," Barnes said.



Courtesy The Gatehouse

Before the cottages were used as classrooms, the buildings were a mental hospital where thousands stayed

I see dead people

Ghosts, goblins and phantoms; the freaks really come out at night

By CHRISTINE ATKINSON
Et Cetera Staff

They are everywhere and nowhere to the greater population.

Some people are blessed with the ability to connect with them while the rest of us meet up with them without even trying, or never see them at all. Ghosts, spooks, apparitions, spectres, phantoms; they're one in the same and they'll scare you, though they don't always intend to.

According to world-renown psychic, Sylvia Browne, most ghosts inhabiting houses are lost spirits. Lighting a white candle and asking the spectre to leave is one way to cleanse a ghost infested home, but there are other methods.

"I got my old house blessed because of a ghost," said Ken Bernardo, speaking of his home in the Philippines. The 18-year-old emigrated to Mississauga eight years ago and though he never saw the ghost, he didn't erase the fact that there was one.

"The maids felt like there was someone lying down on top of them while in bed," Bernardo said. "Broom sticks would fall down. We had three maids altogether and they all slept in the same room, but they didn't leave because of the ghost."

"The guy who owned the house before us put in marble floors, but he didn't pay the carpenter guy, so the carpenter guy hit him over the head and he died," said Bernardo as a half-moon grin coiled away at his disappointment of never seeing the apparition.

"Even my grandma saw the man," he said.

Robin James Gallop, 43, an author and artist, has seen more than his share of ghosts. He said he left England because his "house was haunted," and moved to Texas, where he still experienced encounters with other worldly spooks. His frequent attempts to take pictures of ghosts have granted success, but not necessarily the recognition they deserve.

Even after moving to an island off the coast of Florida, Gallop's ghost followed and wouldn't let a night pass without turning on every faucet in the house, or shifting items around.

"He knocked a crystal wine glass onto the bar, it bounced and did not break," he said.

Gallop said he was stunned beyond words when witnessing the incident.



Courtesy The Gatehouse

Once used as a home for the clinically insane, the cottages fell to disrepair before being restored as classrooms

Lingering spirits of lunatic past

continued from page 14

Since the closure of the hospital, the buildings and the grounds have been used for many purposes: outpatient services, alcoholic treatment centre, film production and training grounds for the Toronto police SWAT team.

Humber had to compete for over a decade for the use of these historical buildings, but the cottages that compose The Robert A. Gordon Learning Centre are proof enough that Humber won the battle.

Initially, the asylum was established to accommodate patient overcrowding at the Ontario Asylum in Toronto. Quickly, the hospital became more than just an extension, and transformed into an independent institution that accommodated a wide

variety of patients from across Canada.

Unofficially, The Mimico Lunatic Asylum began in the summer of 1888, when 10 patients were sent to live on the north farm on the grounds to begin agricultural operations. Fields of unlimited crops, orchards of fruit and barns of animals were all part of patient therapy treatment. The farms occupied the land that is now the property of the R.L. Clark Filtration Plant, the main Humber building and the main Humber parking lot.

Both the labour involved and the tranquility of the park-like setting were thought to provide excellent therapy to patients.

Up until the 19th century, insanity was vastly ignored. Those who were considered a menace to society were

simply jailed. In 1839, the colonial government passed a bill where they accepted public responsibility for the treatment of the mentally ill. This made The Lakeshore Psychiatric Hospital a revolutionary institution for its time.

Now completely renovated, the Humber cottages are a welcome addition to the campus. The stench of 100 years past has been cleaned away, but the original framework of the buildings remains authentic. Another link from the past could be Richardson's ghost. Her untimely death left her spirit to linger in the halls.

So next time you think you hear the moan of Richardson's ghost, think twice, because it may just be the gentle hum of the air conditioning unit...or maybe not.

Haunted?

By CHRISTINE ATKINSON
Et Cetera Staff

If you think that there might be a ghost living in your home, consider these suggestions before calling Ghostbusters.

Here are four tips to distinguish if ghost is making his home in yours from *The Little Giant Book of Superstitions* by The Diagram Group and *A Treasury of Superstitions* by Claudia Delys:

- Observe if the flame of a candle flickers or blows out with no breeze. It's often overlooked.

- Be wary of televisions, amplifiers and computers freaking out on you.

- Research the history of where you live and who lived there before you. Maybe you'll discover that a grave is in your backyard.

- Take pictures in areas of your home you believe ghosts may be dwelling.

- Refrain from using colour film. Black and white film is better to use as white is detected more unmistakably. It is possible to catch a ghost on video, but the flash of a camera is more effective.

Word on the Street

If you were a ghost what would you haunt?



Michelle Picard
2nd year
Photography

"Starbucks, because I could hang out there all the time then. I'm a bit of a coffee addict."



Heidi Bohme
1st year Film and
Television

"A laundromat, because everyone is so spaced out...You would get good reactions there."



Rob Fynn
1st year Golf Course
Management

"Women, I don't know, they are fun to look at."



Marne Lewis
1st year Nursing

"My high school teachers who gave me bad marks."



Peter Burns
1st year Early
Childhood
Education

"The prime minister, just to mess around with his head, so we would have a lunatic leading us."



Klaudia Mielec
2nd year Law Clerk

"My ex-boyfriend because he's an ass."

Entertainment

East coast rockers pretty together

By MELANIE BUTERA
Et Cetera Staff

A band is not just about its music; it's about the personalities that give it life.

So after I'd listened to Sloan's newly released album *Pretty Together*, I wanted to get to know the men behind the music.

On the surface, it would appear that Sloan's musical artistry alone explains its notable success. True, the band has made more than just a small dent in Canada's music scene with the release of six albums in the past 10 years. Not necessarily a small feat. What makes me curious is why Sloan, though very successful in their own right, have never really hit an international level of superstardom? More importantly, I wonder what keeps them going. My instincts tell me that longevity is not just a product of good songs. There's more to Sloan than meets the ears.

Maybe the hook is that these guys are so accessible to their fans and don't prance around with an entourage of bodyguards. On any given day you can catch Chris Murphy, Andrew Scott, Jay Ferguson or Patrick Pentland casually walking down the streets of Toronto, doing some grocery shopping or walking a dog. Maybe their accessibility gives off an air of familiarity and adds to their 'we're just regular guys' image.

I wasn't sure, then I spoke with Patrick Pentland.

My anxiety surfaced only when it dawned on me that I was talking to (and I use this term loosely) a rock star. My nervousness however, was short-lived. Talking to Pentland was like chatting with a buddy who lives down the street.

"The only way you can really...not validate a record, but measure its success is whether we are personally happy with it or whether it sells a lot of copies," Pentland said.

"We're not really that obsessed with record sales. Obviously it pays the rent, right?"

Pentland was quick to comment on the disappointing commercial success of their last album *Between the Bridges* but still reflected on it as a

positive experience.

"I know that our last record didn't sell that well and I think that even sometimes we can kind of treat it as if it's a failure even though it allowed us to travel and tour all around the world," he said.

In a way, it was the turnout of their last album that brought about Sloan's switch in labels. In July 2001, the group left Universal to join BMG.

"We weren't happy at Universal," Pentland said. "We felt it wasn't the same label that it was several years ago when it merged with Polygram."

According to Pentland, the band found that Universal was disorganized in many ways.

"Our record *Between Bridges* kind of needed a little extra care because

we had put out three records before so it needed to be dealt with properly," Pentland explained. "We felt that the people that were on our side at Universal weren't really getting enough support."

Coincidentally someone at BMG knew their music and wanted them to sign with the label.

"So then we said to Universal 'we may leave, how badly do you want us to stick around?' and they basically said nothing. And now BMG is awesome," Pentland said.

According to Pentland, sometimes having four different songwriters is like having four different bands. Maybe this explains why their past records have been said to sound more like compilation albums. With this

new CD, the name *Pretty Together* suggests Sloan is hoping to make a different impression.

"The band is sometimes not as united as other bands are," Pentland said, before quickly qualifying his response.

"I don't know. I think we are actually pretty united."

Pentland however, doesn't make too much of the title's significance.

"That name has been kicking around for a while," he said. "It doesn't really mean that much. I mean, you have to call your record something."

And something it is. With songs like *Are You Giving Me Back My Love* which definitely squeezes the heart with lyrics like "I'm singing my

heart out but, you are so out of range." The new album reveals a sincere sensitivity toward real life moments.

What's important to the band however, is not necessarily the album's commercial success.

"At bare minimum, we should be happy," Pentland said. "We all write so I think as long as you're happy with your contribution [you're happy with the final product]."

A song is a song is a song, but in order to be a great song, it has to have great lyrics. Sloan's lyrical menagerie is what puts them ahead of other bands. Their lyrics are clean, simple, but more significantly, they are very witty. Although they sing about real life mini-dramas, they don't underestimate the listeners' intelligence. They're not over-the-top, pushy or preachy; they're simply...honest.

Pentland, for one, personifies Sloan's image. He has a natural ability to transform the ordinary into something just a little bit special. When I asked him what we'd find under his bed at this very moment (a standard 'what the fans want to know' kind of question), he told me without hesitation that he was sitting on it right then, so he'd take a peek. A strained voice answered, "a pillow, that's about it, actually it's quite clean under there. But, there's usually just clothes that I can't find."

That's when it hit me. Sloan's appeal has less to do with modesty than with being planted in reality. Pentland speaks of his band as casually as someone speaking about his nine to five job.

More or less, that's exactly what it is. These guys are regular guys, and in that alone, there is no glamour. But, Sloan possesses something more important than glamour they possess an authenticity that comes through in their music.

Maybe that's what gives them their edge. Their music originates from a genuine attempt to speak truth that leaves a lasting impression.

Ironically, it's this image of ordinary that contributes to the band's lack of superstardom status.

They just don't fit the bill, but who said that's a bad thing?

They will be at Kool Haus tonight.



Courtesy BMG music

Sloan embraces rock 'n' roll and inquires into its meaning with their new single and video, *If it feels good do it*

Trick or treating isn't for everyone

By CAROLYN BARRY
Et Cetera Staff

Halloween is just around the corner, which means one thing: free candy. Some of us might be a little too old for trick or treating but not for some of the best parties in town.

Since Halloween this year falls on a Wednesday, most parties will be either Oct. 27 or 28, but there are some pretty good events happening on Wednesday too.

You don't have to travel that far to find a good party. Caps is holding a Halloween bash on Oct. 25.

"First off we are going to have

more decorations in the room to give it a better feeling," said Kenny Dimech, a Caps manager.

Decorations are just one of the many good reasons why partying at Caps is a must. Wearing the best costume may win you cool stuff like a pair of tickets to the famous Molson Canadian's Blind Date contest.

"Molson was willing to hook us up with a pair of tickets," Dimech said.

Everyone who enters the draw has a chance to win the tickets.

Cover charge for students is only \$2 and guests tickets are \$10. DJ Double S will be spinning and doors

open at 9 p.m.

Special Halloween drink concoctions haven't been disclosed yet since the idea is still "up in the air," Dimech said.

If funds are limited and you want a night out on the town then another place to go is on Saturday, Oct. 27 at the Pheonix, 410 Sherbourne. Cover is \$8 and there is a grand prize of up to \$1,000 for wearing the best costume. You can reach the Pheonix at (416) 323-1251 for guest list.

Sunday, Oct. 28 is when Kool Haus, formally known as the Warehouse, is having its Super Freaks Halloween bash.

"It's the ultimate Halloween bash on wheels," said Shelley Wilson, public relations agent of the Government.

Cover is \$10, but bring your own blades since rentals are limited. You can call (416) 869-0045 for more information.

If you have a little extra cash to spend this month then consider hitting The Docks night club, located at 11 Polson Street.

The CHUM FM Halloween bash will be thrown Saturday, Oct. 27. Tickets at the door are \$20.

There will also be a costume contest where the first place winner

of best group, best male and best female will take home \$2,000 each.

Call (416) 461-DOCKS for more information.

Femme rockers, Rocket Tits will be performing at the Horseshoe Tavern on Halloween night, for those who have an appreciation for sludgy punk covers. The groups set list ranges from the Dead Kennedy's to Iggy Pop. No costume contest has been assigned, but the girls would surely appreciate the effort.

Also, Performing at the 360 will be masters of bad taste, DYNE-O-MITF who are peddling their new release *Born to Suck*.

Incubus avoids disappointing swarms of fans

Audience members are reinvigorated and reminded why they love the group

By SCOTT CLARK
Et Cetera Staff

At first glance it appeared as though Incubus was on pace to have an uncharacteristically mediocre night Oct. 17 at Arrow Hall.

With the crowd worked into a pseudo-hypnotic trance by lifeless versions of *Privilege* and *Stellar*, it seemed the band's energy would get vacuumed somewhere into the venue's haze of stale cigarette smoke.

Suddenly the burst of a heavily distorted electric guitar, coupled with a stream of bright yellow lights, exploded out into the audience.

The song was *Pardon Me*, the band's first release off their multi-platinum selling album *Make Yourself*.

The audience's stupor was finally broken as they realized who they had come to see. This was Incubus and this was the epitome of rock and roll.

The band seized the opportunity *Pardon Me* had created and proceeded to pepper the audience with familiar tracks from *Make Yourself* and *Science*, until they were almost ready to spontaneously combust.

There was a sense of youthful camaraderie as thousands of voices echoed the words of *The Warmth*: "Don't let the world bring you down/ Not everyone here is that fucked up and cold/ Remember why you came and while you're alive/ Experience the warmth before you grow old."

It seemed as though the band had got off track and lost their momentum when they played a quick acoustic set that encompassed their most radio friendly song, *Drive*, and a track off their upcoming album *Morning View*. After that they played another new song and the audience began to fidget with apathy. But once again the band brought things back to normal.

Normality this time came in the form of a shirtless Brandon Boyd standing atop an amplifier, like a victorious gladiator, singing *Make Yourself*. His vocal range and ability shone through the night, as he hit notes from high to low, soft to loud with fine tooth precision.

To end the hour and a half set the band played an expeditious version of *Science's* *Nebula* that created the most disorderly mosh pit of the evening.

Bodies flew savagely through the air, seemingly in time with every word of the chorus.

After a shockingly heavy rendition of their current single, *I Wish You Were Here*, the band left the stage.

Awaiting an encore fans began chanting Incubus, furiously clapping and stomping. It wasn't until the crowd was chanting in a sporting event fashion that the group came back.

As an encore they played, *I Miss You*, and *A Certain Shade of Green*.

The concert came amidst a great deal of controversy regarding the groups musical styles.

Many fans have accused to the group of selling out, making more and more mainstream records as their popularity grew.

However, there are those who disagree.

The transition in sound will prove a difficult test of the loyalty of old Incubus fans, but if this concert, which was predominately made up of songs from *Science* and *Make Yourself*, is any indication those who stick around for the evolution of Incubus probably won't be disappointed.

Advertisements as entertainment

By JENNIFER KLEIMAN
Et Cetera Staff

The music hall was all a buzz Friday night, as the second energetic showing of Ad Night took place under its roof.

The sold out show brought in a highly energetic crowd that did not know what to expect from the night. Kazoos, hand clappers and noise wands were handed out to guests as they entered the door, and were told to enjoy the show.

The drafty music hall buzzed with energetic music supplied by various Montreal and Toronto DJ's pumping up the audience before the show began.

"I was here last year," Toni Delrosea said

"I have aspirations that this year's festival will be much better than last, and I cannot wait to see what they

have in store for us tonight."

The festival began 30 minutes behind schedule and was hosted by Z103.5 radio personality, Jose Geuer. The procedure of the night's show was explained to the crowd by Geuer, who encouraged the crowd to make as much noise during the screening as possible, whether they enjoyed what they were viewing or not.

The main promoter of Ad Night, Jamison Irish Whiskey, gave away free t-shirts to an energetic crowd and set the tone for the evening.

"The best part is that 90 percent of what you are going to see is new this year is fresh stuff," Geuer explained.

The evening took place in three different screenings, starting with *Special Trash*, *Hair Raising Suspense*, and then *The Seven Deadly Sins part One*.

At intermission, guests were encouraged to go and get beverages supplied by Jamison's Irish Whiskey,

and collect a prize that would reveal what gifts they would receive.

Up for grabs were a selection of T-shirts, baseball hats, coats, coats, watches or duffle bags.

Attendents were equally as excited about the ads on display as they were about the free give aways.

And who can blame them? Everyone loves free stuff.

The continuation of the evening brought forth a more serious tone with humanitarian ads that promoted amnesty international and anti-racism.

The three hours of ads dragged on for 4 hours, and the majority of the crowd left after the second intermission.

"I came here not knowing what to expect," Louis Conner explained. "So far, it has been worth every penny. I have never laughed so much. I am really looking forward on coming back to see it next year."

Canadian artists care

By ALEK GAZDIC
Et Cetera Staff

If everyone could reach into their pockets and spare a little change, then the world would be a better place.

This idea of humanitarianism, not protest, was the underlying message voiced by some of Canada's most prominent and influential musicians at the *Music Without Borders* benefit concert Sunday night.

"What we're doing here is about Canadians and Canadian artists getting together and trying to help the citizens of Afghanistan get the food and shelter and healthcare that they need," said Steven Page, the Barenaked Ladies' frontman.

Close to 20,000 people inside the Air Canada Centre heard performances from Alanis Morissette, Choclaire, Bruce Cockburn, Barenaked Ladies, Our Lady Peace and The Tragically Hip, who headlined the event.

The benefit show was banded together by the artists to raise money for refugee relief in Afghanistan. The artists wanted to share support for the victims of the Sept. 11 terrorist attacks and to provide a contribution to the United Nations Donor Alert Appeal.

The decision for the concert came after the Canadian government

announced that it would contribute \$60 million to Afghan refugees.

At \$35 a seat, ticket sales alone raised \$700,000, and proceeds from the booths set up in the concourse area selling \$20 t-shirts went to UNICEF, the World Food Program and War Child Canada.

"We are absolutely thrilled and truly happy to get that support," said Nanda Na Champassak, a public information officer for the United Nations High Commissioner for Refugees.

"Until now, all the programs have been 20 per cent, 30 per cent funded," she said. "We rely heavily on governments to fund [us], but that [shouldn't] exclude the possibility for the public to also become involved. There is a tremendous need."

More money was solicited during the nation-wide TV broadcast of the concert, which went live on MuchMusic and on a 90-minute delayed feed on CBC.

A notable show highlight pleased the crowd when Page joined Cockburn for a duet of *Lovers In A Dangerous Time*. The single had been recorded by Page's band Bare Naked Ladies when the band first gained fame, almost a decade ago.

Cameo appearances at the show included actor Jason Priestly, comedian Harland Williams and

Toronto Raptor Vince Carter.

"It was really good. It was for a good cause and I think everyone enjoyed the show knowing their money was for a good cause," said Marcus Gledan, a 20-year-old student.

"It's something they should be doing more often. It shouldn't have to take a tragedy for Canada's musicians to come together," he added.

The show wrapped up a weekend of concerts across North America to raise money for the victims of the Sept. 11 tragedy.

These included *The Saturday night Concert For New York* which featured celebrities like Billy Crystal, David Bowie and Paul McCartney.

Also, *The United We Stand: What More Can I Give?* concert in Washington had performances by Michael Jackson, 'N Sync, and Aerosmith; and *The Country Freedom Concert in Tennessee*, with honoured guests like Tim McGraw and Trisha Yearwood.

Singer Gord Downie and The Tragically Hip closed the near five-hour event with a call to Canadians to get more involved in humanitarian causes.

"George Bush calls this a new war. Perhaps a new humanitarianism is required so that we stay involved as long as it takes," Downie said.

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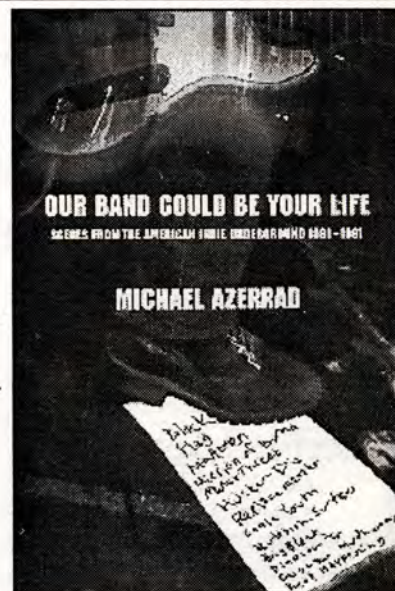
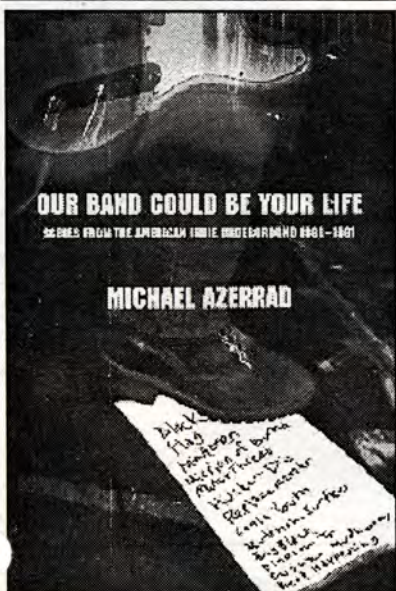
Now's your chance to win a copy of Michael Azerrad's *Our Band Could Be Your Life: Scenes From The American Underground 1981-1991*. Azerrad provides punk fanatics with stringently researched profiles on bands like **BLACK FLAG, HUSKER DU, SONIC YOUTH, THE BUTTHOLE SURFERS, DINOSAUR JR, FUGAZI, MUDHONEY** and more. Within the pages of this book one lucky winner will find a wealth of knowledge that is sure to impress strangers and send them into sexual tizzies.

HERE'S HOW TO WIN

Serial Joe's new album (*Last chance*) *At the romance dance* arrived to the newsroom this week. Email us describing the most creative and violent way you'd like to dispose of it. The idea that appeals to the entertainment editors the most will win. Those applying should note that they'll actually have to go through with the destruction of said CD so get your thinking caps on. That's right, you win a free book AND get to bring your Canadian music hostilities to life.

WHO LOVES YOU, KIDS? The Et Cetera, that's who!

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Courtesy Kinky Kookies

Toronto-based Kinky Kookies satisfies your sexual and actual appetites

Innocent gingerbread people get down with their inner kinky side

By JILLIAN NESS
Et Cetera Staff

The gingerbread man has a bad side thanks to a Toronto company with a wicked take on baked goods.

Launched back in June, Kinky Kookies is the ultimate alternative to your grandmother's classic oven-baked treats. Instead of little sugar bowties and buttons, these little gingerbread men and woman are decked out in fishnets and fetish wear.

Friends Jennifer Lum, Edita Baloh, and Vicki Schelstraete, the 'Domibaketrices' as they like to be called, came up with the idea after some of their friend's artwork was chosen to appear in a show.

"Our friend Heather was having an art opening and for the opening we were all to bring our own refreshments," Lum said. "And because her

art work was entitled *Sweet Tarts* and had a kinky lingerie theme to it, we wanted to make something that would go. So on a road trip we came up with the idea to make Kinky Kookies."

Since their inception, Kinky Kookies are not only getting rave reviews on their style, but their flavour as well.

"Basically if they weren't good, we wouldn't be doing it anymore, but it's been phenomenal," Baloh said.

"Friends and family have enjoyed them and we have been complimented on the taste of our cookies by the Rosewater Supper Club downtown."

With the launch of a new Web site and their upcoming exhibit at Toronto's *Everything To Do About Sex Show*, the Kinky Kookie girls are still waiting to see how things pan out.

"Right now we want to keep things small because we all have jobs," Lum said. "We'd like to see how things go first. It's too soon to tell."

Kinky Kookie Information

- Selling for \$4 each, there are 13 styles of cookies to choose from.

- Special holiday editions and custom cookies can be made on consultation.

- Anyone interested in sending his or her sweetie a sweet can visit www.kinkykookies.com.

- Visit the Kinky Kookie booth at the *Everything To Do About Sex Show* at Exhibition Place in Toronto from Oct. 25 to 28.

Safe travelling: inject yourself with knowledge

Avoid disease when overseas by taking the necessary steps to remain healthy and to enjoy your vacation abroad

By MAR FENECH
Et Cetera Staff

With the impending cold weather, it is important for travellers to take precautions, because vacation hot spots might also be a cesspool for tropical diseases.

Along with planning itineraries for a vacation, tourists should also ensure that their basic immunizations are up to date, and they should research the places they will be visiting to find out what vaccinations they need.

Travellers should talk to physicians and travel medicine specialists.

Anne McCarthy, nurse co-ordinator for the Centre of Travel and Tropical Medicine at the Toronto General Hospital said the Ontario Government, in order to cut health-care costs, no longer allows doctors to charge OHIP for pre-travel consultations.

"This isn't such a bad idea since travel medicine is very specialized," she said. "It is very difficult for a general practitioner to keep current in travel and tropical disease."

"Certain vaccines, such as yellow fever, can only be given by licensed travel clinics due to the strict regulations under which they must be stored and administered," McCarthy said.

Dr. Brail, who practices at the Medical Centre adjacent to Etobicoke General Hospital said that travellers

may no longer visit family doctors for vaccinations.

Immunizations are now the responsibility of the traveller. They cost anywhere from \$25 to \$100 per dose.

Brail recommended inoculations for anyone visiting any part of Africa or India but cautioned, "beware of anywhere cleanliness and food handling might be an issue. Most of Europe is pretty clean and safe, so you wouldn't have to worry."

Your healthcare advisor will suggest which vaccinations to get depending on your destination, length of trip, type of travel (backpacking vs. all inclusive resort) and whether there are any endemic outbreaks at your destination.

McCarthy said, usually when travellers are heading to a developed country they do not require inoculations, "if their routine vaccines - tetanus, diphtheria, polio, measles, mumps and rubella - are up to date."

Some countries legally require immunizations in order to provide entry. According to a British on-line article, *Health Advice for Travellers*, countries that demand documented proof of vaccinations, namely against yellow fever are: French Guyana, St. Kitts, Nevis, St. Lucia, St. Vincent, Grenadines and West Indies.

Alister Mathieson, dean of Hospitality, Recreation and Tourism, worked in the private travel sector for many years, and said the best way to avoid illness is to follow the advice of the Tropical Disease Centre.

"There is no relationship between the inoculations being required with the type of package being purchased. Yes, it may be safer to stay in an all-inclusive [resort], but people go beyond the boundaries of the resort and may be exposed to water or mosquitoes. I have always followed the

instructions of the clinic and used them to secure my inoculations," he said.

Gavin O'Leary, 26, has visited Mexico many times and said the thought of getting an inoculation never even occurred to him.

Health Canada and the World Health Organization report that the following diseases: cholera, typhoid, dengue fever, hepatitis A, malaria, and tuberculosis can occur in Mexico.

"I wasn't aware that there was even a need to be vaccinated," O'Leary said.

Come spring break, many college students will head south to Cul Dominican Republic, Bahamas and Bermuda. The Centre for Disease Control and Prevention (CDC) recommends getting vaccinated four to six weeks before travelling for hepatitis A, hepatitis B, rabies, typhoid and yellow fever.

According to the on-line CDC, the No. 1 illness that affects travellers is traveller's diarrhea, caused by viruses, bacteria, or parasites, which can contaminate food or water. Infections like E. coli, salmonella, cholera and parasites may cause diarrhea and vomiting.

To avoid this, make sure all water and food are sterilized and safe.

Dawn Aitken, program co-ordinator of the Humber Tourism and Travel program said students are made aware of the necessity of vaccinations because they "cover inoculations and documentation in our intro course in first semester."

Aitken also advised checking out travel and health Web sites, to find out current information on diseases around the world.

If you're planning a trip, plan more than just getting a sun tan. Prepare and protect yourself with the necessary inoculations.



Mar Fenech

Become informed before travelling to vacation hot spots where Canadians are susceptible to tropical disease

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Email celebrates its 30th birthday

By JENN KLEIMAN
Et Cetera Staff

Email turns 30 this month, and with that comes the realization that Internet communication is becoming more important than talking on the phone.

An email address is becoming more important than having a phone number, and can be cheaper than using a phone. It has made communication simpler and has changed the way businesses, employees, students and teachers communicate.

"I use email to communicate with friends and people in my class," said Jenny Woodly, an OAC student at Elmwood High School. "Email really affects my life because I am obsessed with it. I can't stop. It's like a vicious chain, and it's really hard to keep up with emails cause you get so many at the same time."

According to Dave Shannon, a technical support consultant with Bell Sympatico, there is a steady increase of subscribers to the Internet each year, with the majority of them joining so they are able to have the convenience of checking email at home.

Shannon also said that he views email as a very useful technology and cannot see anything but improvements on this form of communication in the next few years. According to [Bell Canada] statistics, people spend an average of 30.5 minutes a day

checking phone messages and returning phone calls; while an average of 29.7 minutes a day are spent checking and responding to emails.

The first email message was sent in 1971 by Ray Tomlinson, who worked at BBN Technologies, now a subsidiary of Verizon Communications. His message was sent from one of his computers to another adjacent to it.

According to Tomlinson the process of sending a message from one computer to another began a project to discover what could be done with this new technology.

Twenty years later, with the advent of the personal computer and the World Wide Web, email found its way into the mainstream.

"Email is becoming an addiction, because you are always checking it to see if you got new mail," said Trevor McKenzie, a first-year Marketing student.

"I think that email has certainly become the new wave of communication and is the most convenient method of communication," said Jason Forbes, a second-year Accounting student. "Voice mail, telephone tag and trying to get in touch with someone can become frustrating."

"In the summer, I sent and received over 300 emails to a friend in Ottawa," he said. "It was one of the most convenient ways to keep in contact



Martina Lavore

Hearty plants, such as Cordatum, Dressina and Discus, are virtually indestructible and perfect for student life

Student-proof plants

By MARY ELLEN GRAF
Et Cetera Staff

Cordatum, Dressina and Discus.

These plant names may sound like Olympic events, but taking care of them is as easy as a walk in the park.

Students feeling a little wilted after mid-terms don't need to have a green thumb to care for these three plant champions who will thrive no matter the amount of neglect they suffer.

Plants provide oxygen and take carbon monoxide out of the air explained John-Paul Lemarche, a plant advisor at Humber Nurseries.

Lemarche recommended cordatum, dressina and discus, most suitable for busy students who do not have time to constantly care for their plant.

The cordatum is a vine plant that is usually hung in bathrooms and is virtually indestructible. This is great for anyone who has had trouble car-

ing for plants in the past.

The dressina is a fan-tail type plant with slender leaves. It is a very easy plant to take care of because it dries out and doesn't require much watering.

The discus is a fool-proof, smaller plant, which is the easiest to grow, and there is no danger of over-watering.

When asked whether a cactus would make a good residence plant, Lemarche said it is not generally a plant for the home because of its spikes and it is also a succulent, which means it takes moisture out of the air.

"All plants get 55 per cent of their needs from moisture and the air," Lemarche said.

Megan Brown, a first-year Pharmacy student, likes having a cactus in her residence room.

"My mom sent the cactus with me to college, and at first I wasn't too crazy about it because I thought I'd kill it or something. But it doesn't

need a lot of watering and it looks kind of cute in my room. I just have to be careful because I've pricked myself so many times," she said.

Before buying a plant for your home, prospective plant owners should inquire about the three most common types and also ask a professional for their opinion. When caring for your new plant, make sure not to over-water, which is the most common mistake people make. Soil should be moist, but not sopping wet. Make sure you place the plant in an area where it can receive sunlight.

"Plants make a place where you are more friendly, as opposed to just four walls around you," Lemarche said.

According to Lemarche, plants can make a room more cozy, but they do not have a therapeutic effect on people.

However, there are some herbs that, once they are rubbed, release certain oils that act the same way an aromatherapy candle would.

Hanging up on cell phones

By ROO GUILHERME
Et Cetera Staff

There's nothing more annoying than hearing a cell phone ring during a movie. But that may become a thing of the past as the Canadian government debates on legalizing the use of jammers to eliminate cell phone annoyances in public areas.

Movie theatres, hospitals and concert halls already have rules against using cell phones on their premises, but there are times people still blatantly disregard these rules with poor cell phone etiquette.

"We always advise our audiences to turn off their phones and beepers so they can enjoy the movie without disturbances, but once in a while, someone will ignore the rule," said John Morales, an employee of Famous Players.

Morales has had to ask movie viewers to leave more than once because of cell phone disturbances.

Hospitals also ban the use of cellular phones on property.

Vanessa Mendes, a nursing intern at the Sunnybrook Hospital in Scarborough, warns the consequences can mean life or death for some patients.

"The radio waves sent out can interfere with the proper function of

pacemakers," she said.

Jammers would eliminate the pacemaker dilemma, but it would spark off another problem with hospital equipment.

"The frequency used by cell phone jammers are very similar to frequencies used by ambulances, other dispatchers and even hospital equipment. In the end, it could cause more problems by interrupting emergency services," she said.

Jammers would also interfere with air traffic communication as well. At a time where air safety is of the utmost importance, airports are handling the issue with hesitancy.

"Planes already ban the use of cell phones and other electronic devices during take-offs and landings, the two most crucial times during any flight. Using a jammer would cause the same problems as using a cell phone would. It's just easier to turn your phone off. If the call can't get to you, they'll call back," said Brenda Knot, a flight attendant for Delta Airlines.

According to a survey done by Decima Research Inc., Canadians are split on the issue whether jammers should be legalized or not. Forty-nine per cent feel they shouldn't be while 43 per cent feel they should.

Among the top places for those who feel the jammer should be legal-

ized are theatres, school classrooms and hospitals.

These jammers work in one of two ways. They either filter out all frequencies so cell phones think they don't have an available one or transmit fake frequencies to cancel out real ones. Jammers cost anywhere between \$1,000 to \$5,000.

Cell phones already have features that allow owners to control the volume of the ringing tone.

Vibrating options are also available so calls won't be missed even though owners can't physically hear the ring. Voicemail is another option, though it costs more money.

Even though it would take less than a second to comply with these generally understood rules, users don't seem to be inclined to do so.

"It really is annoying when you think about it. All they have to do is press a couple of buttons and no one would be bothered," Knot said.

Cell Phone Etiquette

- Respect the rules - when asked, shut your cell phone off
- Personal space - be mindful of subject matter while having a conversation in public
- Shhhh! - phone conversations are private, try not to shout
- Watch out - be careful while walking and talking or driving



Muna Ismail

Advertising and Graphic Design student Jay Culala, yaks it up on his cell

Sportsetc.

Soccer teams shoot for gold

Lady Hawks roll into provincials after convincing shutout victory over RMC

By RUDISCHULLER
Et Cetera Staff

It's back to boot camp for the Royal Military College Paladins women's soccer team, following a 4-0 thrashing at the hands of the Humber Hawks, Sunday.

Playing in a quarterfinal game after an undefeated regular season, the Hawks used a team approach in eliminating the Paladins.

The game started off tentatively, as both teams tried to get a feel for each other in the early going.

Royal Military College (RMC) played a disciplined, hard running style that seemed to baffle the Hawks.

True to form, the Hawks eventually adapted, and soon found themselves penetrating the RMC defence with relative ease which eventually allowed Humber's potent offence to go to work.

Humber defender Sandra Troiani opened the scoring with a bullet shot from 25 yards out. Midfielder Anna Tripodo soon followed with a strike of her own, streaking past the RMC defenders and placing a high shot into the top right corner.

Rookie striker Veronica McDonald scored a beautiful goal after Sonia Furtado made a great run down the right side placing a hard cross through box to the waiting McDonald, who simply redirected it into the Paladin goal. The goal put the Hawks ahead 3-0.

Hawks' leading scorer Joanna Vitale closed the scoring early in the second half, after Furtado once again made a nice play to set up a wide open Vitale in front of the RMC net.

Humber co-captain Adriana



Diane Denby

The Lady Hawks soccer team will be trying to kick their way to a third straight provincial championship this weekend. Semi-finals begin Friday

Cataldo was pleased to see the team functioning so well as a unit and likes the look of the team heading into the playoffs.

"I'm really proud of the team," she said. "We all played as one."

"I couldn't be happier right now,"

she added.

The victory over RMC advanced the Hawks into an OCAA semi-final game to be played at Windsor's St. Clair College tomorrow afternoon.

Humber enters the final four as the team to beat, as the Hawks are two-time defending provincial champions.

Doug Fox, Humber's director of Athletics, said Humber's status may help the team's fortunes in the tournament.

"History helps," Fox said. "It tends to help the other team tighten up a little bit knowing that they're playing against the defending champs."

In the semi-finals, the Hawks will be facing off against the Fanshawe Falcons. This is a rematch of a hard fought, 1-1 regular season draw that took place at Humber Sept. 21.

The tie with the Falcons was the only blemish on Humber's otherwise perfect season, and they look to put away the Falcons for good this time.

Should the Hawks defeat Fanshawe, they would advance to the OCAA final on Saturday Oct. 27, 1:30 p.m. at St. Clair College.

In the other semi-final matchup, Algonquin college faces off against Centennial college Friday at noon.

Men ready to clash with Fanshawe in showdown of undefeated squads

By ANTHONY ESPOSITO
Et Cetera Staff

The Hawks men's soccer team are heading back to the Provincial finals in hope of defending their championship after a 2-0 victory over Royal Military College this past Sunday.

As it turned out, RMC posed no threat and was unable to prevent Humber's return to the provincial championship.

Humber's Athletics Director, Doug Fox, has completed his mission saying that it was his goal to get the team to the final four this season.

"Today was a very nerve wracking day for me, and I'm glad to get through it," Fox said. "The team played very well and they did what they had to do."

But Fox knows that there is much more work to be done, as Humber prepares itself for part two of the battle of the birds, as the Hawks will be up against the Fanshawe Falcons tomorrow.

It will be the clash of the undefeated teams, as the Hawks and Falcons are soaring into Windsor with unbeaten records, including a 1-1 draw against one another earlier in the season. However captain Jason Mesa is confident and believes in his team.

"If we take it to them the way we did to RMC today, then there is no reason why we are not going to come out on top," he said.

Hawks' head coach Germain Sanchez is happy with the win and his team's play of late, as they have taken their game up a notch at the right time.

"We have everything going for us and now is when we are trying to peak and play our best soccer," Sanchez said.

Sanchez is well aware of Fanshawe's accomplishments this year and knows that he has a game on his hands.

"They have a very good team and let's not forget that they're undefeated as well," Sanchez said. "But I'm confident and nervous as well."

Mesa had a strong game in the midfield winning many balls, and is happy to get the monkey off his back as he promised Humber a victory.

"We came out and took it to them straight from the get go, and we were able to capitalize on our early opportunities," Mesa said. "We set the tone from the first blow of the referee's whistle, which is what we want to do from here on in."

The Hawks are still short on the bench as they are without the service of defencemen Jeff Tait, midfielders Tony Donia and Danny Mantero. Tait

and Donia both saw limited action against RMC as they are both still nursing ankle injuries. Mantero recently injured his knee and his status for the provincials is still up in the air.

Regardless, the Hawks were in complete control of the ball, especially along the right side with Arturo Alava, Gaston Bizera and rookie Paul Lombardo creating many scoring opportunities down the wing. Lombardo added the insurance goal in the first half from an almost impossible angle and the striker knows that Humber is the team to beat.

"As long as we play as a team and stick together, then we are very confident in what we can do," Lombardo said.

Joining Lombardo on the score sheet was Mehmed Mehmedoglu with a tremendous strike from 30 yards out. The ball couldn't have been placed any better with his hands as it struck the crossbar in the top left hand corner and bounced in, giving the Hawks an early lead. The shot left spectators in awe, as a chorus of cheers made its way around the field.

When called upon, goalkeeper Mike Silva made key saves to ensure a shutout for Humber.

Last Wednesday the Hawks ended their regular season with a 7-0 win over George Brown ensuring their undefeated record. The connection of Lombardo, Vito Del Duca and Daniel Gazzellone scored six of the seven goals. Del Duca had four, Gazzellone, Lombardo and Samuel Afriyie all added one.



Diane Denby

Hawks set to battle the undefeated Falcons on Friday in Windsor



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Host Hawks fall short in Peter Maybury Cup

By JOHN PAUL McNALLY
Et Cetera Staff

The Humber Hawks hockey team came up short this weekend narrowly losing in the Peter Maybury Cup tournament on Sunday.

The three game tournament, which was hosted by Humber began on Friday and finished on Sunday. The Hawks walked away with a 2-1 record losing only to the St. Clair Saints in the gold medal game. In their three games the Hawks scored 13 goals and out shot all of their opponents consistently throughout the tournament.

The Hawks went into the final game of the tournament with two lopsided wins and knew they would have it tough against OCAA newcomer St. Clair. The Saints had scored 15 goals in two games and had not allowed a goal against.

"We knew by watching them that they were going to be a very strong team," Jim Bialek, Humber's assistant Athletic Director and tournament co-ordinator said. "I don't think at any point throughout the tournament or in the final game there was any fear in our players. We feel we are stronger and better than them in many aspects of the game."

Both teams played the first period with determination and grit showing that they both wanted to take home the gold.

Towards the middle of the first period the Hawks caught a break, as the Saints had a goal disallowed. The period ended scoreless, but it wasn't due to a lack of chances.

The scoreless draw ended just four minutes into the second period when St. Clair scored off a deflection beating Hawks goalie Terry Gilmer. After a few minutes of intense play



Diane Denby

Ken Chesher and the Hawks placed second in the Peter Maybury Cup

with few stops in the game, Hawks forward Scott Barnes scored off another deflection that tied the game at one.

Although the Hawks played strong, disciplined hockey throughout the rest of the second period they still came up short leaving the period down 3-2.

The third period saw some fantastic goaltending by St. Clair and frustration setting in on the Humber players. With 45 shots on net the Hawks could only manage two goals.

St. Clair would add two more goals, one of them in an empty net, to take the gold medal game 5-2.

During the two round robin games the Hawks remained composed and showed they have the tal-

ent at both ends of the ice. Humber beat the Mohawk Valley Hawks 11-1. Team captain Chris McFadyen scored two goals, Terry and Jamie Chikoski score one while defencemen Shawn Gibbins and Mark Hoborget a goal a piece.

In the first game of the tournament Humber gave another impressive show off their offensive talent bashing Oakland University 6-1. Again Terry and Jamie Chikoski were impressive with Terry scoring twice and Jamie once. Defencemen Ken Chesher gave a strong performance with a goal and an assist. Humber managed to out shoot Oakland 35-12.

"We found out that we are very skilled and very fast," Bialek said. "Our transition game is unbelievable.

Lady hawks fly out of the gate

By CHERYL CLARKE
Et Cetera Staff

The Humber Lady Hawks' basketball team continued to soar Tuesday night beating the Mohawk Mountaineers 83-47.

The Hawks were skillful on both ends of the court and dominated the Mountaineers in every aspect of the game. At the half time buzzer the Hawks were up 49-17.

The Mountaineer players spent most of the game recovering from falls and potential nosebleeds rather than generating offence. The lack of competition caused the Hawks' intensity to drop in the second half, but they easily held on to the landslide lead. Humber guard Brenda Chambers said she was disappointed in the match-up.

"I was feeling really pumped before the game. I thought it would be a really competitive game. But it looked like a lot of their starters didn't come back this year. Overall it isn't a difficult win," Chambers said after the game.

Leading in points for the Hawks was Miranda Pyette with 20, Beth Latendresse, 19, and Natalie Wood with 14.

Last Wednesday the Hawks were in action for the battle of the birds and feathers were flying when the Lady Hawks clipped the wings of the Fanshawe Falcons with a 76-40 win.

The Hawks stonewalled the Falcons offence with blocked shots



Cheryl Clarke

Lady Hawks are on a roll early

and steady picks. By the end of the first half Fanshawe had scored only nine points and were visibly shaken. Humber Coach Denise Perrier said she was happy with how her team played.

"I thought overall we did well. Midway through the first half our intensity picked up to a good level. The defence was strong too," Perrier said.

While the Falcons were weak offensively, they were fairly tight on defence, forcing the Hawks to find creative ways to score. Miranda Pyette and Brenda Chambers virtually exploded out of crowds of defenders for 15 and 10 points respectively. Lindsay Higgs preferred to avoid the crowds and went for the long shots for eight points. Beth Latendresse out finessed the Falcons' defence to tally up 12 points.

On the weekend the Hawks traveled to Montreal for some exhibition play. They lost their first game to Vanier College 74-64 before going on to record two consecutive victories, beating John Abbott college 73-61 and Edouard Montpetit college 82-68.

Hawks smoked meat in Montreal

By MARC MACDONALD
Et Cetera Staff

The Humber Hawks men's basketball team took a roller coaster ride, experiencing a lot of ups and downs on the basketball court at a tournament in Montreal this past weekend.

The Hawks, who participated in the 20th Annual Hagen Tournament, played five games over the weekend, posting a record of 2-3.

After starting their exhibition schedule with three straight wins, the Hawks played less than inspired basketball this weekend, earning a seventh place finish in the eight team field.

Mark Damon, who returned to play after sitting out last season, said the team needs to become more intense.

"Everybody needs to go all out on the floor. If you're tired then come off, we'll get a fresh guy on. We need consistent effort from everybody," Damon said.

However, this weekend the Hawks were short a couple players. Third-year forward Fitzroy Woolery was too ill to play and in one of the later games point guard Haldon Hutchinson went down with a charley horse.

The Hawks, in their final game of the tournament against Halifax's Mount St. Vincent, rebounded from three consecutive losses to win, thus avoiding a last place finish.

The Hawks led for the entire first half and went to the dressing room with a three point lead.

In the second half, the Hawks expanded their lead to 13, winning 65-52. Roger Scott led the way with 12 points. Damon chipped in with 10. Francis put the nail in the coffin in the last two minutes, twice stealing the ball and going in for breakaway dunks.

The Hawks played their fourth game of the weekend Saturday night against the host Dawson College Blues. The game was over almost as soon as it started.

The Blues played unselfishly on offence, exciting their home crowd, which filled the gymnasium, with several flashy passes. The Hawks trailed 42-23 at the half.

In the second half the Blues extended their lead. At times they led by as many as 34 points. The Hawks faced more problems when Hutchinson left the game with a hamstring injury which could keep him out of action for two weeks. The final score was 90-67.

Humber's third game saw them play Fraser Valley College. For the second game in a row the Hawks led at the half, only to fall apart in the second half.

The Hawks, who led 44-41 at half-time, were killed by numerous turnovers and poor defence, allowing their opponents to pull away. The B.C. school prevailed 88-73. Leading scorers for Humber were Hutchinson with 15 points and Dejvis Begaj with 14.



Marc MacDonald

Hawks were rejected in Quebec

Humber's second game was a Friday afternoon contest, pitting them against Champlain College. Once again the Hawks played well in the first half, leading 42-38 at the break. But in the second half the Hawks were unable to keep the Laval school down. The game remained close until there was seven minutes left to play, when Champlain hit two three pointers, stretching their lead to eight. Humber fought back, but ran out of time, losing 72-65. The Hawks were led by Scott who dropped 15 points, most of which came from the post.

The opening game of the tournament saw Humber facing Les Nomades de Montmorency in a thrilling game that went down to the wire.

The first half was even throughout, until the nine minute mark when Montmorency took a 19-12 lead. Humber appeared dejected. But a couple of minutes later the Hawks started a 14-2 run that was led by Ben Sanders' hot shooting, pulling the Hawks within one point at the half. They trailed 39-38.

The Hawks trailed for most of the second half, exchanging buckets with Les Nomades. With two minutes left, the Hawks started their comeback. Damon scored on layup with just over a minute remaining to make the score 75-73. Humber shut down Montmorency's offence, gaining possession. With 38.4 seconds left, Begaj was fouled and calmly sank both free throws, tying the score at 75.

Montmorency's next possession was stifled by Humber's aggressive defence, resulting in a shot clock violation. The Hawks took possession of the ball with 7.8 seconds left on the clock. Once again Hutchinson, who hit the game winning shot last week against Queen's, played the hero, draining a 17-foot jump shot at the buzzer. Humber won 77-75. Hutchinson and Sanders led the scoring with 17 points apiece.

The Hawks' next action comes Thursday Oct. 28 at the Air Canada Centre, following the Raptors' contest against the Washington Wizards, as part of the annual Raptors Cup.

Hawks defeathered in semis at Durham tourney

By CHRISTINA WIENECKE
Et Cetera Staff

The Humber Hawks men's volleyball team lost to the Loyalist Lancers in the semi-finals last weekend, dropping both sets.

"Anytime you're going into your first tournament with 10 rookies and four veteran players, you're going to be a little nervous. Our expectation was to finish first or second in our pool and our goal has been accomplished," said Wayne Wilkins, Hawk head coach.

Although a strong effort was made by all players, Wilkins said that he expects the team to improve on the leadership he felt was lacking throughout the tournament.

"I'd say 80 to 90 per cent of the times when we're backed into a corner, it's because nobody has stepped forward and said, 'okay guys, let's do this together,'" Wilkins said.

Wilkins added that he hopes that when it's over the players have all learned something.

"I think at times we played well and at times we played poorly. We've got our skill mistakes, but those can be corrected."

Team captain, Jeff Young, said that this tournament was more of a learning experience.

He's confident the team has potential, but there's definitely room

for improvement.

"I think we played well for our first tournament, even though the guys are a little crushed with the outcome," Young said. "We have a lot of talented rookies, but we've got a lot of straightening out to do, and I know I have to step it up."

Noise from the bench was a definite motivator for the team, according to rookie setter, Milad Massoudi.

"Even when we lost a point, we needed everybody to be loud so the other team got distracted," Massoudi said. "Whenever we're loud and intense we seem to play really well."

Although Massoudi is the Hawks' starting setter, teammate, Mike Grayer said Massoudi never played that position before.

"He has tons of potential because he has good size and he's a good athlete," Grayer said.

Grayer compared the Hawks to when they played in the alumni tournament.

He said they were like two different teams because last weekend the players didn't take it seriously.

"I can see now that we're going to be pretty competitive and that we're definitely going to be in the top four teams in the league," Grayer said.

This upcoming weekend, the Hawks are heading to Rochester and Buffalo to participate in another exhibition tournament.



Christina Wienecke

Hard play at the net by the Hawks



Christina Wienecke

Hawk captain Jeff Young is looking for the kill in tournament action

Twelve rounds with John Gallagher

By JOHN EDWARDS
Et Cetera Staff

In an attempt to figure out what is going on in the world of sports, the Et Cetera enlisted the help of one of the city's most outspoken sportscasters, City-TV's John Gallagher.

Although born in Montreal, Gallagher is a veteran of the Toronto sports scene and is never at a loss for words.

For many CFL fans autumn is one of the most exciting times, but you wouldn't be able to tell if you looked at the Toronto Argonauts. The Argos are continuing to suffer at the gates, despite being in a playoff race. Gallagher said Argos owner

Sherwood Schwartz and coach Mike "Pinball" Clemons deserve a better fate, but boatmen football is behind the times.

"Toronto Argonaut football is not cool," Gallagher said. "You go to the games and you get the same toothless-knuckledraggers they kicked out of the WWF, they've been drinking since noon, but a great bunch."

With the return of Ottawa to the CFL, Gallagher had a suggestion for the new franchise and the league.

"My philosophy is, there's nine teams in the CFL, lets call them all the Rough Riders. That way when you ask who won last night, the Rough Riders, hey that's my team," Gallagher said.

The Blue Jays are once again a hot topic of conversation around Toronto with the recent firing of General Manager Gord Ash.

Ash was criticized heavily for trading David Wells to the Chicago White Sox for an injured Mike Sirotko, but Gallagher said the wrong guy got the axe.

"It wasn't even Ash's fault," Gallagher said. "If you're going to fire anybody, fire the guy who did the MRI."

Gallagher said the future for the Blue Jays does not look promising.

"I think the Blue Jays magic number is 2008, maybe they'll have some talent then," said the former TSN talk show host.

Gallagher went on to comment on some individual Blue Jays stars from

the past and present.

Roberto Alomar: "I've seen him turn tricks, double plays and clutch hitting."

John Olerud: "Complete milk and cookies, this guy got his mom tattooed on his ass."

Paul Molitor: "Probably the classiest guy."

Joe Carter: "One of the biggest jerks."

Despite Carter's 1993 World Series winning homerun, Gallagher was never fond of Carter off the field because he wouldn't talk to the media.

Gallagher is even less fond of his broadcasting ability.

He calls Carter one of the worst broadcasters around.

Now with Carter at WGN in Chicago, Gallagher wonders how he got the gig.

"What video tape did he send them, because the guy with his malaprophisms and complete bastardization of the English language [is terrible]."

The most exciting sports story in Toronto could be the Toronto Raptors. After coming within inches of advancing to the Eastern Conference finals last season, the optimism surrounding the team is off the page.

Gallagher gives credit to Raptors' General Manager Glen Grunwald for signing key free agents such as Alvin Williams, Jerome Williams, Hakeem Olajuwon and Antonio Davis.

"If Antonio Davis doesn't sign,

Carter's gone, Olajuwon doesn't come it was a huge signing for Grunwald," Gallagher said. "The best ever deal in Raptors history is signing Antonio Davis, it had the snowball effect that hasn't been seen in the franchise, ever."

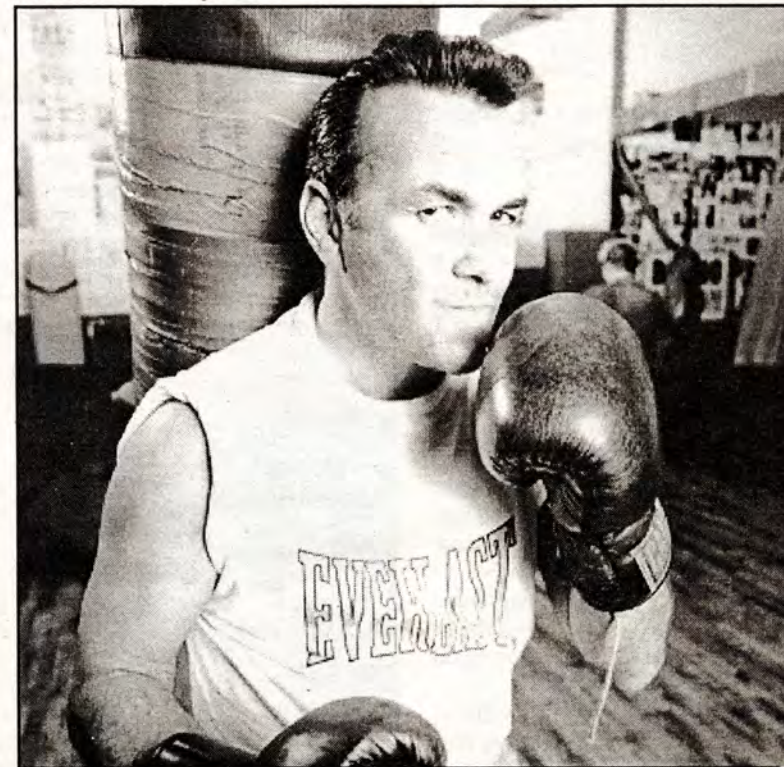
Once again Gallagher gave some personal thoughts on individual members of the Raptors.

Damon Stoudamire: "Pretty well the worst interview."

Glen Grunwald: "Underrated, under appreciated."

Charles Oakley: "I liked Oak, he was refreshing."

Darrell Walker: "Vial. Putrid. One of the most unprofessional men, I've ever met in my life. Childish. I can believe he is still in the game."



Courtesy John Gallagher

The Montreal-born Gallagher knocks them dead on CP 24 and Talk-TV

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Hawks worth their weight in silver at Sheridan tournament

By AMANDA DA PONTE
Et Cetera Staff

The Humber Hawks women's volleyball team soared to a silver medal finish at an exhibition tournament at Sheridan College this past weekend.

The Hawks went head to head with the Kalamazoo Valley Cougars, who defeated Humber 28-26 and 25-17 earlier on in the tournament.

The Hawks got off on the wrong foot by blowing a 6-0 first set lead, as Kalamazoo scored six unanswered points.

The lead changed many times during the match, but the Hawks never recovered from the blown lead losing the set 25-23.

The Hawks rebounded taking the second set, setting up a winner take all, final set.

Once again the Cougars took an early lead and never looked back taking the game and the gold medal.

Despite the loss, the Hawks were optimistic about the outcome and the season.

"I see a lot of potential in our

team," said Kirsty Goodearle. "They [Kalamazoo] were definitely one of the best teams in the tournament. It wasn't a hard loss because it's not like we lost to a bad team."

The Hawks gave the royal treatment to the Durham Lords defeating them 27-25 and 25-23 in the semi-finals

Rookie Kim Frame said the Sheridan tournament provided a positive building ground for the squad.

"Everybody's pretty happy and excited," Frame said. "We're going all the way this year, so it's definitely a big plus to play hard in tournaments and get these types of wins and improve as a team."

The quarter-finals saw the Hawks battle the Mohawk Mountaineers, who finished second in their pool.

Humber had a tough time climbing Mohawk Mountain as the match went to a sudden death set.

However, the Hawks reached the top of the mountain winning the final set 16-14.

Humber faced stiff competition in order to compete in the playoffs.

Humber disposed of the Boréal Vipères 25-17 and 25-22 and went point for point with the Nippising Lakers eventually winning, 25-20 and 25-22

Assistant coach Dave Hood was content with the performance of his team.

"We've been together three weeks as a team and we have people playing different positions than last year, so yeah, I'm happy with the team so far."

The first day of the tournament saw the Hawks defeat Sir Sanford Fleming 25-5 and 25-21.

In a preview of the first regular season match for Humber, the Hawks defeated the Georgian Grizzlies 25-18 and 25-16.

The Hawks' next action will be the Humber Cup Tournament Nov. 2nd and 3rd.

Goodearle said, "Humber Cup will be a defining tournament. I think we're going to take advantage of it being home court and dominate."

Hey Fogettaboutit! The Italian Stallion makes an offer you can't refuse, eh!



Anthony Esposito

"Da Bears"

The Chicago Bears are 4-1, their longest winning streak since '95. Oh its true, its true! The Bears made it four in a row with their first shutout since '93 by clawing the Bengals 24-0. What a difference a year makes. Last year at this time Da Bears were 1-4, with 15 offensive touchdowns, and 130 points against compared to just four offensive touchdowns and an amazing 43 points allowed this season. Ravens beware, your record is in jeopardy.

Damn Yankees!

Joe Torre said it best after the Yankees won their fourth straight ALCS, "I know I say this every year, but this one tops the rest." The hottest team going into the playoffs were the Athletics, as they had the Yankees by their "baseBALLS" and choked. The Mariners were simply bored of winning and figured that 116 wins were enough.

Rumour has it that Bud Selig will play out the full National League schedule, and just send the Yankees straight to the World Series next year. I'm almost beginning to wonder if the Yankees would be crowned champions during a lockout.

Flutie's chance to shine

How many times does the little man have to prove himself. For Flutie its going to be this weekend as the Chargers will welcome with open arms the lowly 1-4 Buffalo Bills. According to unknown sources in the Bills camp, Rob Johnson has been sneaking in some Flutie Flakes to help enhance his play, if it doesn't Johnson will forever remember the number 55.

According to the Chargers, if Seau is unable to go due to injury, Doug Flutie has been begging Mike Riley for the start at middle linebacker.

Desperate with a capital "D"

The Leaf blueline has brought new meaning to the word frightful. It's so scary that Shane Corson had to give Cujo some pills to control his panic attacks. Let's see here, you got Dave "the permanent whisper" Manson, who can't even communicate with his teammates, Anders Eriksson who's left handed but plays like he's got a right handed stick in his hands, and Cory Cross, whose ankles are about to snap on every stride - but if they don't will somebody please call Tanya Harding?

Way to go Rob! It's about time

The Bills win, the Bills win, and are now on pace for a 4-12 season. Some may call that a success for Rob Johnson. However the win may have been costly for Bills fans. One Johnson stayed healthy, and two, they'll have to settle for the second pick in the 2002 draft as the Lions are now 0-5.

David who?

David Patten became the first person since Walter Payton to rush, receive and pass for touchdowns in a single game.

The Patriots are now 3-3 with two wins coming against Jim Mora's Colts. Rumour has it that Bill Belichick is opting for 16 games against the Colts next year.



Amanda Da Ponte

The lady hawks turned in a silver medal performance and will open the regular season Nov. 8

Athletes of the week



Mike Silva

The Hawks goal keeper made many key saves in a 2-0 playoff victory over RMC. Silva, a veteran, led by example and will be counted on heavily as the Hawks drive for their second straight provincial title in Windsor this weekend.



Laura Solski

A member of the women's volleyball team, Solski was instrumental in the team's strong showing at the Durham tournament this past weekend. Solski set up several players for kills and made many blocks for the Hawks that put them in a position to win.

etc.

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