



### Breakfast Tips

How to eat healthy in the morning P21

### Soundclash Rocks

Reggae/dub band performs at Humber P14



# HUMBER ET CETERA

September 21, 2006

<http://etcetera.humberc.on.ca>

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## Cameras boost security plan



### Safety officials believe school prepared for emergency

**Margaret Murphy**  
NEWS REPORTER

A \$500,000 security camera system, installed at Humber last semester, gives public safety officials confidence that the college is prepared to handle a situation like last week's deadly shooting at Montreal's Dawson College.

"Humber has a very sophisticated system. It's proved to be very successful," said 23 Division's Supt. Ron Taverner.

Humber's Director of Public Safety Gary Jaynes said the college's camera system is compatible with the one at Toronto's Pearson International airport.

Taverner agreed.

"Humber College is probably the best prepared institution in all of Canada, and everyone should feel safe coming to a learning institute such as Humber," he said.

Humber increased security last semester after a student's laptop was stolen in the Student Centre. The victim was hit in the head with what he told police was a gun. After the incident, 60 cameras were installed around the college.

The cameras can zoom in to get a vehicle license plate and can pan out to observe all the parking lots and front entrance. The only places where cameras can't see are inside the classrooms and bathrooms.

"It's not our intention to spy on people, but it is another investigative tool for us to use," Jaynes said.

He said there is a critical incident preparedness plan in place for situations like the one in Montreal. The plan is once security is called (416-675-8500) about an incident on Humber property, security calls 911. Once the 911 call is made, security would establish a perimeter around the area and order people out.

"Our first priority is to regain control of the situation and our first concern is safety," he said.

Last Wednesday, Kimveer Gill, 25, went on a shooting rampage inside Montreal's Dawson College. He killed Anastasia De Sousa, 18, and wounded 19 other people. Gill shot himself in the head after he was wounded by police.

Humber students had mixed feelings about their safety here when asked about the Dawson shooting.

"Now I see more security guards walking around, but if someone's out there to do something, they're going to do it" said Shannon Hoonard, a second-year business management student.

"I feel that Humber security is a bunch of 20-year-old guys that don't really take their job seriously, other than telling people to get out of areas they're not supposed to be," said Lauren Cotter, a third-year student in Packaging and Graphic Design.

Mock Emergency: P.4

In Focus: P.6-7

23 Division Supt. Ron Taverner, left, Police Chief Bill Blair, centre, Head of Public Safety Gary Jaynes, right, and Blair's driver, Chris Flynn, behind, tour Humber's North Campus last week.

Danielle Spierenburg

Big Rugby Win P30

Free MP3 Downloads P28

Student Honours Friend P9

# NEWS

Solar B, a spacecraft developed by the Japanese Space Agency is set to launch from Uchinoura Space Centre in Japan tomorrow. – [www.universetoday.com](http://www.universetoday.com)

## Gordon hopes government will allow polytechnic move

Josh Stern  
NEWS REPORTER

If things go according to President Gordon's plan, Humber could soon undergo another name change.

Assuming the government approves, Humber will evolve from being called an Institute of Technology and Advanced Learning to Humber Polytechnic. Polytechnic is a designation given to a college that offers everything from apprenticeship to degrees.

"When you're trying to sell your degrees as real degrees that universities can accept and that the general public would appreciate, you have to do certain things to position yourself," Gordon said. "You can't just demand respect or demand automatic acceptance."

Gordon explained that essentially, it's a matter of setting Humber up as a quality brand that people will automatically associate with a good quality education, not just in Ontario, but in Canada. Humber will continue to be called an institute of technology until the government decides to change it, which could take some time.

Humber's metamorphosis will begin with Gordon's departure and the induction of his successor, who is not yet known.

In an annual address to staff Gordon mentioned that the culture of Humber is in the process of being redefined. The culture is a fundamental aspect to the stability of an institution like Humber.

"The culture is one of motivation, innovation and respect for people and customer service,"

Gordon said.

But when it comes to change, "by definition if you think you got it perfect you're slipping backwards. It's sort of like a treadmill always moving forward."

So, it's not that the culture is being redefined, but that an effort must be made to uphold the same standards under our new leadership.

"Well, I'm leaving," Gordon said, "and I think it's the president's job to set the tone, the planet, the atmosphere that leads to a culture. And if it's a good one then good things happen, if it's one of autocracy or treating people badly then it starts to permeate through the institution and its not going to be good."

It will be up to this new president to uphold Humber's integrity as it undergoes this re-branding.

## Humber Journalism students have a \$2 million home this year

Laurie Wilson  
NEWS REPORTER

A major summer facelift of Humber College's newsroom brings in new technology, a bold new design and fresh new attitudes.

The \$2 million renovation has created a unified headquarters for the print and broadcast sections of Humber's Journalism Program.

The TV section used to be on the first floor and the basement, while the *Et Cetera* and magazine newsroom was on the second floor of the L wing and the radio station down the hall.

The design brings all facets of the journalism program under the same roof, while reflecting changes in the way news is created and presented in modern times.

"According to the Sony technician who installed the (TV) broadcast studio for us, we now have the most advanced broadcast training centre in Canada," said Basil Guinane, associate dean.

"The overall goal of this project was to bring about and reflect the integration that's going on in the industry."

"Increasingly, we have newsrooms that combine broadcast with print and the web, so we're trying to reflect that and create greater integration so that students have a very rich learning opportunity and learn a variety of skills."

Radio broadcast also have a new studio in the facility.

The newsroom will provide students with a beneficial environment to share ideas and information and should make the Humber news team a more cohesive unit, said journalism graduate Randi Bokor.

"I felt that when I was there, there was a big segregation between the broadcast and print section," Bokor said, after returning to Humber to check out the newsroom.

The Gow Hastings Architectural firm designed the newsroom, with input from faculty and William

Hanna, the Dean of Media Studies and Information Technology. The technology and structure of the newsroom is comparable to professional newsrooms. It is equipped with four state of the art high definition capable television cameras, a new radio and television receiver, as well as new Macintosh G5 computers. Guinane said the renovations will confirm the college's profile as a media studies school.

"I think it will obviously have a fairly positive impact right now. We're planning on having a fairly significant opening once we've got all the bugs worked out," Guinane said.

The added size and resources give the journalism program room to grow in an industry with ever expanding media outlets. Fourteen rooms were torn apart including the former newsroom, faculty areas and storage areas.

The upgrades are so substantial that it may take a while for students and instructors to determine how to best use the room.

"We had reached a point where we had maximized everything that we could do and yet we were still progressing on the production side of what we were doing," said Carey French, the Journalism program coordinator.

Along with the new resources and space comes a new set of rules in the newsroom. In previous years, students were free to drink coffee and eat meals in the newsroom while spending long hours producing *Et Cetera*.

This year is different. The amount spent on the room along with the Dean's desire to get the longest shelf-life possible out of the equipment has resulted in stringent food and drink rules.

"Because of the nature of the journalism program and the hours that students keep when writing stories, they do go out for food and beverage. And because of the nature of the equipment and a desire to keep this facility nice, I don't want to mix the two," Hanna said.

## Lady Hawks volleyball star dies in Labour Day car accident

### Westervelt played key role in 2004 championship

Matt Shilton  
NEWS REPORTER

Lesley Westervelt, a former Humber volleyball star, was killed in a car accident over the Labour Day weekend.

Her car went off the road and into a lake just outside of Belleville, Ontario. She was 25 years old.

Lesley graduated from Humber's Nursing program in 2004 and played for the women's volleyball team for four years. She was well known throughout the athletics department and played a key role in bringing the Hawks the championship in 2004. Lesley was an OCAA all-star and won the award for top libero, which is a defensive specialist in volleyball.

"She was by far one of the hardest-working volleyball players we had come through this program," coach Chris Wilkins recalled. "She was one of those people who everyone liked to be a part of and a friend with."

Even after Lesley graduated, she was an active member in the volleyball program. She helped out at practices and worked with rookies on the team. She assisted the team with fundraisers.

Kirsty Goodearle played with Lesley for four years on the volleyball team and remained close

friends with her. She called Lesley a crutch who held the team together.

"She could always see the silver lining," Goodearle said. "She never got down on herself. She was just a really positive person."

Goodearle described her as a "barrel of laughs" who was always there for her friends when they were down. She recalls times in the locker room after tough games where she and Lesley would reflect on the game.

"I've had countless conversations with her on the phone and in person sitting in the change room after a game, just throwing ideas off each other

trying to figure out what went wrong."

Although Goodearle was team captain in their last year, Lesley had been with her since day one and always knew what Kirsty was thinking.

*Et Cetera* was unable to contact Westervelt's family, but Goodearle explained how much Lesley's family cared for her. Although they lived two hours away from the city, her parents came to many games.

"They were hugely supportive, they loved her volleyball, they



Courtesy Photo

Lesley Westervelt

loved her being at Humber and they just loved our team," Goodearle said.

"The funeral was the biggest celebration of life, versus mourning of death, that I've been to," Goodearle said. "I walked away from that one feeling so much more relief."

The funeral was attended by hundreds of friends and family members. Humber's Athletics department brought Lesley's three game shirts and a personalized picture in a Humber College frame to the funeral.

Westervelt worked as a nurse at William Osler Hospital across from Humber after graduating, then moved back to her hometown of West Lake, Ontario and worked at Prince Edward County Memorial Hospital until the accident.



Vakis Boutsalis

Journalism students in action in the new newsroom

On September 23, 1846, Johanne Galle discovered Neptune, bringing the number of planets in the solar system to eight. – www.universetoday.com

# 'Squee' set to retire after 25 years

Melissa Candelaria  
NEWS REPORTER

A thunderous applause echoed across Humber's gym as the school's outgoing president, Dr. Robert "Squee" Gordon, delivered one of his last speeches before his retirement.

"I approach this 25th Breakfast with very mixed feelings because while I am probably getting used to the routine by now," said Gordon, who will retire after leading Humber for almost 25 years, "I realize, at the same time, that this one represents the last occasion I have the honour to begin an academic year with a state-of-the-College update."

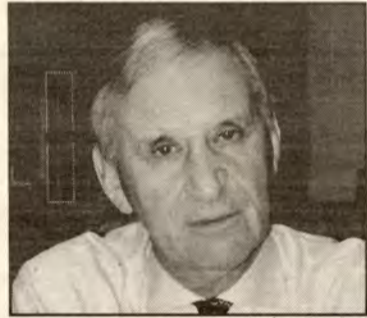
At the annual President's Breakfast on Sept. 1, Gordon addressed faculty, students, friends and family, with a speech outlining Humber's many accomplishments since his arrival in 1982, and addressing Humber's goals for the upcoming year.

According to a Humber media release on June 26, Gordon has spent over 38 years in public education. Before becoming president

at Humber College, he was president at Dawson College in Montreal for seven years. Gordon has a thick academic resume including: an Honours BA in History, a Masters Degree in Modern British History, a Masters Degree in Educational Administration and a Doctorate in Educational Administration.

Gordon has also taught courses at universities such as University of Toronto, McGill University, University of British Columbia, Harvard and the University of Texas.

Even as a student himself, he received recognition for his athletic



Andrea Damiani

President Robert Gordon

abilities at Bishop's University. His awards included Most Valuable Player, Best All Around Athlete and other basketball awards. Currently, Gordon is president and chair of the board of Canada Basketball.

In the speech, Gordon said, building an environment that has a solid institution, where students like to attend classes is one of the main successes he has achieved during his time at Humber.

"I'd like to think that Humber, within its category, will be seen as a prestigious institution."

Gordon outlined some of the highlights during his time at Humber: The Academic Council created in 1982, expanding the college, offering programs such as the Comedy: Writing and Performance program, the Funeral Service Education program, and post diploma programs. However, Gordon made it clear that Humber was not in poor shape when he came here.

"My job, as I saw it, was not to repair an institution, which was not in need of corrective action, but rather to lead it to the next level in its development," he said.

Gordon is not just an ordinary president. Cynthia Malagerio, president of the Humber Student Federation and a student at Guelph-Humber said that he genuinely cares about the students and the school.

"He's pretty much a legend, not even in our school but beyond," she said.

Outside of Humber, Gordon has served as president of the Association of Canadian Community Colleges, a member of the Premier's Council of Ontario, and president of the American-based League for Innovation in the Community College.

John Davies, vice-president of Administrative Services, said the development of Guelph-Humber is one of Gordon's most remarkable successes.

"His vision is, and always has been, that we need to be a comprehensive institution," Davies said.

Davies also said that this year, students will be graduating with applied degrees for the first time as a result of Gordon's vision.

"I have heard him say many

times, 'We're not aspiring here to be a second-rate university,'" Davies said. "We are aspiring here to be the best college in the country. I think that's been his commitment all of the time he's been here."

As Gordon completes his last year, there are some expectations for the new president. Malagerio said Gordon has a strong relationship with students and she hopes the new president will continue that relationship. She said a president should have the passion to care about the students.

"It's big shoes to fill," she said. "But it's exciting too. Hopefully we can start that new relationship with someone else and see what they are able to offer us."

In his speech, Gordon said it is important that students enjoy coming to Humber.

"It's one thing to accept an offer of admission," he said, "but another to love it when you graduate."

Gordon plans to keep busy in his retirement by joining a few non-profit boards and maybe try a bit of teaching.

## Journalism grad remembered

Natasha Fall  
NEWS REPORTER

Humber journalism faculty will be scanning the newsroom for a smiling face and a winning attitude even at deadline, as they choose the first winner of an award named in honour of a recent grad.

The award recognizes the lasting impact of Sarah Mann, 23, who was killed in a car accident July 4.

"I'm looking for someone with a smile, someone who loves what they're doing and shares that with others, so kind of the shining star of the newsroom," said Journalism Coordinator Terri Arnott.

Mann, a reporter for the Goderich *Signal Star* newspaper, was on her way to an interview traveling on Hwy. 8, just outside of Clinton, Ont. when she crossed the centre line and collided with a Mack truck. She died instantly.

"The award is to encourage students to have a work ethic like Sarah's and her approach to journalism and to life," Arnott said. "It is to honour her memory and to acknowledge that she made a difference in our lives and this is how she can continue to make difference."

Mann's mom Lynne said she is overwhelmed with gratitude over Humber's efforts to keep Sarah's memory alive through the award and their love for her.

"I can't believe it, it's an awesome thing...we're very proud and we know how happy and honoured Sarah would be," Mann said. "The support that we received from Humber, her public school, high school, friends, her colleagues at the *Signal Star* to the people she met through writing stories about them, It was very overwhelming. I

think she left her mark in her own way on so many people."

One of those special people is Shawn Loughlin, a classmate, colleague and best friend for four years. Loughlin said that Sarah was optimistic.

"She always gave people the benefit of the doubt and always gave people a chance and a second chance," Loughlin said.

"What made her good at what she did was always paying attention to detail and never letting the small things go unnoticed."

Her younger sister Jessica remembers her as passionate and full of life. "Whenever she would come into a room, you would know it because you could hear her voice. She was loud, opinionated, a good sister, a good friend."

Her mom agrees. "When she was really happy about something she just glowed, her dimples showed and eyes shone. You could just feel the happiness in her."

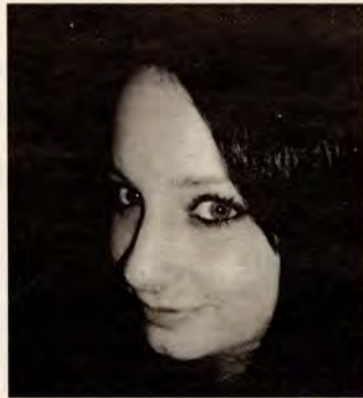
The award will be presented at the annual awards ceremony on Nov. 2. A permanent plaque will hang in Humber's newsroom.

Contributions to the award have been named by faculty, friends, family, alumni and colleagues from the *Signal Star*.

"Sarah brought a lot of spirit to the work place...she injected fun into the work environment and was a pleasure to have around," said Goderich *Signal Star* publisher Dave Sykes.

Mann had only worked at the paper for nine months. "Sarah was just a very enthusiastic and energetic person who wanted to get going on a career and that's exciting," Sykes said.

Her colleagues welcomed her to the newsroom by laying down a red carpet and said their goodbyes



Courtesy Photo

Sarah Mann

to her through tributes and photos in the newspaper.

She attended F.E. Madill Secondary School in Lucknow, where according to her mother, she was involved with Coffee House for Cancer, drama productions and the school year book, which was where she discovered her love for journalism and photography.

"Humber is pleased to be able to remember Sarah's contribution through this award," Arnott said. "We get to know the students really well. It becomes like an extended family. I think that's one of the joys of our program...Sarah made getting to know her quite easy."

The Manns are trying to focus on the happy times with Sarah and talk about her with each other. However Lynne Mann said it does hit home every now and then as they are trying to take it hour by hour and sometimes day by day.

"The biggest problem I have right now is missing her being here...It's like a huge hole is missing in my heart. I don't know how to describe that."

Loughlin's Tribute: P.9

## College planning new bachelor degree programs

Christine Teskey  
NEWS REPORTER

Humber is hoping to launch three new bachelor degree programs next fall in business studies, including the first ever Fashion Management degree in Canada.

Nancy Burt, Director of Strategic Initiatives, Planning and Development at Humber, said the new business degree programs have a common platform.

"(Students) take the same business subjects for the first two years, getting a good grounding in business and then, in third year, they can opt to go into one of the three pathways."

The other two degree pathways are Human Resource Management and International Business.

Human Resource Management grads could be employed in manufacturing, government, not-for-profit and service industries. The International Business degree, which concentrates on international business and international marketing, could lead to a wide variety of jobs, in international marketing, sales, and trade.

Rick Embree, Dean of Planning and Development at Humber said the Fashion Management degree will be the first of its kind in Canada.

Students already enrolled in the Fashion Arts diploma at Humber will be able to transfer.

"We would look at bridging students from the Fashion Arts program to the degree by giving them more business skills, so they'd be

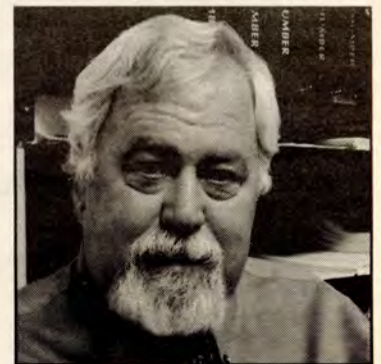
more capable of functioning within the industry."

The degree program can get you a job in buying, retail or wholesale, just like in the Fashion Arts program. In addition students are trained to land a job in fashion marketing, in looking at campaigns and looking at the supply chain side of the industry.

"A college degree is much more focused and more for a student who's looking for a specific entry to an occupation," Embree said, adding that a university degree is very broad and tends to give you a wide set of learning skills.

"It's very difficult to move from an arts or science degree directly into an occupation."

The Post-Secondary Education Quality Assessment Board has examined the proposed degree programs, Embree said. If they get approved by next month, there's a good chance the new degree programs will start next fall.



Christine Teskey

Rick Embree led the planning and development of the new programs.

# IN FOCUS

"Grief remains one of the few things that has the power to silence us. It is a whisper in the world and a clamor within" – Anna Quindlen, 1992.

This week...

## Dawson Shooting

### Shocking events affect president

Jackson Hayes  
IN FOCUS REPORTER

Humber's Robert Gordon spent 11 years as president of Dawson College, where a madman shot 20 people, killing one, last week.

"I was shocked, as we all were," Gordon said, about the shooting. "But also, I felt a terrible sort of pull. Even though I have been here for 25 years, I was there for eleven years so it was more than passing through."

Gordon, who has led Humber College for the past 25 years, worked for Dawson College from 1970-1981, serving as the school's president for the last seven years of his tenure.

The shooting, which took place at lunchtime last Wednesday, saw Montreal native, Kimveer Gill, 25, stalk the hallways, shooting fleeing students with an assault rifle and two other legally registered weapons.

"This is a random act of a very,

very disturbed man" Gordon said. He revealed that a few members of the Dawson College faculty have contacted him. "I have talked to a couple of people but also some of them have phoned me. They don't really want anything specifically other than to listen and let them talk through their grief."

Tuesday was both the return to classes for Dawson students and the funeral service for Anastasia De Sousa, the 18-year-old woman killed in the rampage.

"This is so traumatic. This is going to take them, certainly all this year, to put the pieces back together," Gordon said.

According to Gordon, Humber will provide any help possible to Dawson College. "We have, in fact, offered our tragic events response team." But he doubts Humber will be taken up on that offer.

In the aftermath of an incident like this, certain questions always arise concerning the safety and preparedness of institutions like



Andrea Damiani

#### Robert Gordon spent eleven years at Dawson

Humber College. "We are very well organized in terms of security and public safety," Gordon said.

Although it has been 25 years since Gordon worked at Dawson College, he said that he did have a "personal attachment to that building" and that he knows it well, saying that it brings back

sharp memories.

"It's not quite as emotional in terms of the people," Gordon said. "It's more that it was a pretty important chunk of my life spent there."

It has been at least ten years since Gordon last visited Dawson College.

#### The events unfold

Patrick Luciani  
NEWS REPORTER

**12:30 p.m.:** Kimveer Gill parks his black Pontiac Sunfire near Dawson College's entrance on de Maisonneuve Blvd. and makes his way towards the college. He is dressed in black and is spotted with a gun.

**12:41 p.m.:** Gill starts firing his gun near the entrance. 911 receives its first of what would be 400 calls.

**12:44 p.m.:** Two police officers nearby writing a report on an unrelated drug call arrive at the shooting scene. They follow Gill, guns drawn, as he makes his way into the college.

**12:48 p.m.:** Reports of shots fired inside the school. Gill and police exchange fire.

**12:50 p.m.:** Dozens of police officers surround the building.

**12:54 p.m.:** About 20 police officers enter the college.

**1:04 p.m.:** Gill falls to the floor of the college Atrium after taking his life while exchanging fire with police.

**1:30 p.m.:** Police take Gill's body out of the college and onto the street where it is covered by a tarp beside a police car for several hours.

*Courtesy of the Montreal Police*

## Students deal with grief after tragedy

Sylvia Prout and Matt Shilton  
IN FOCUS REPORTERS

Humber's counseling office is prepared to help students cope with traumatic events such as the Dawson shooting and 9/11.

"I don't even know what to think anymore. I feel safe at school and I don't know anyone who got hurt in Montreal. But I also know how real it would all of a sudden feel if someone brought a gun into Humber," said Jeff DeCaire, an 18-year-old Police Foundations student.

The Tragic Events Support Network is a counseling service made up of roughly 20 faculty members who offer help to those dealing with the aftermath of events similar to that of what happened in Montreal last Wednesday.

The network was created shortly after the Montreal massacre in 1989 when Marc Lepine killed 14 women at École Polytechnique. A group of people from Humber's counseling department and faculty asked themselves if Humber was prepared to deal with a similar incident. They researched what help programs were available at other institutions and created the support group so that students and faculty would have somewhere to go in the event of a tragedy.

"There is a difference between traumatic loss and life loss," said Vinnie Mitchell, Team Leader of

the Tragic Event Support Group. "The traumatic loss requires a different type of intervention. It's about the impact of when we feel we've been placed in danger, so there is not just the sense of loss but, how do I secure myself when I feel my world is not that safe?"

The group lets students know that they have somebody to talk to if they are having difficulty coping with a tragic event. The team does group interventions, talks to students and helps them assess the situation, whether it is the death of a friend, a school shooting or even an event similar to that of 9/11.

"Students need to feel comfortable to come see us. The guidance office is set up so that they don't need to worry about people seeing them come in. It is a multi-functional area," Mitchell said.

At the moment, TESN has contacted the Dean of Student Services, as well as the President, Vice Principle of Faculty and Vice Principle of Administration to observe the student reaction towards the Dawson College shooting. The Counseling department has not seen an increase in students seeking advice after the shootings. Since 9/11, the rate of students seeking counseling has increased drastically.

Counseling is available at both campuses to students who need someone to talk to. It is completely confidential and free of charge. The North Campus office is located



Matt Shilton

#### Vinnie Mitchell, team leader of the Tragic Event Support Group

ed in Room D128, and Lakeshore's is located in Room A120.

Humber's counseling office also has access to other resources through other organizations outside Humber in case of an event such as a school shooting.

The Tragic Events Support Network is similar to grief counseling, but focuses more on a group of people affected by a tragic event. If, after talking with TESN, the individual is still having

trouble coping with whatever has happened, private counselor is available. This is usually dependent on how much the incident directly affected that person.

If a student knows someone in trouble who won't see a councillor, Mitchell suggests, "good listening is the most important thing anyone can offer. Be respectful and don't impose your own value system on them. Be an active listener and show you care."

#### A timeline of school violence

Patrick Luciani  
NEWS REPORTER

**Dec. 6, 1989:** Canada's worst school shooting occurs when Marc Lepine, 25, walks into a classroom at Montreal's École Polytechnique engineering school and separates the men from the women and tells the men to leave. He then shoots 14 women dead before killing himself.

**Feb. 26, 1990:** A jilted 17-year-old shoots and wounds 3 teenagers, including his estranged girlfriend, at General Brock High School in Burlington, Ont.

**June, 1993:** A teenager is wounded outside Gladstone Secondary School in Vancouver in a drive-by shooting.

**Oct. 20, 1994:** Two guidance counsellors at Brockton High School in Toronto are shot and wounded by a student after warning him about his academic performance.

**April 28, 1999:** A 17-year-old student is shot dead and another wounded at W.R. Myers High School in Taber, Alberta by a 14-year-old boy. The shooting takes place a week after the Columbine High School massacre.

**Nov. 24, 2000:** One man is wounded when gunfire erupts outside the Scarborough Centre for Alternative Studies on the Centennial College campus at Progress Ave.

**Nov, 2005:** A Grade 12 student is wounded after being shot while sitting in his car at Chinguacousy Secondary School in Brampton.

This day in history, Sept. 21: 1988- Mike Tyson threatens a TV reporter in NJ. 1937- J.R.R. Tolkien, first published "The Hobbit" . [www.datesinhistory.com](http://www.datesinhistory.com)

## Shake-up at HSF brings new president, VP

By Susana Silva, Laurie Wilson and Matt Shilton  
NEWS REPORTERS

"Everyone's stepped up to the plate and is working as hard as they can," Malagerio said earlier

this week. HSF is in the process of assembling a hiring committee of which

Malagerio is a member. In the meantime, Parent will come in to assist HSF with major signings

while the job search continues. He will also help with the integration of his successor as well.

Two of the HSF members elected last April were disqualified at an appeal hearing two weeks later and replaced by the runners-up.

According to HSF officials, Ravjot Chhatwal and Puneet Matharoo, elected as President and Vice-President of Campus Life North, were disqualified after receiving three strikes each under HSF Policy 5. Each were replaced with election runners-up Cynthia Malagerio, who will be president, and Jenny Gibson, who will fill the vice-president role.

The strikes stemmed from an e-mail that was sent as part of their campaign.

The first strike was for not getting the e-mail message approved by the Chief Returning Officer before being sent out, which is outlined in the election rules.

The second strike came because the e-mail was sent out via the International Students listserve, an e-mail discussion group in which e-mails are sent to every e-mail address on the list. According to Malagerio, it had been previously discussed in a candidates meeting that administrative listserves were not allowed, as not all candidates had access to them. The only e-mail lists that were allowed were those compiled by the candidates.

The third strike was for the unfair advantage of using the listserve by Chhatwal and Matharoo.

The e-mails were first brought to HSF's attention when students who received the message complained.

Chhatwal also received an additional strike for being within visible range of a voting station and speaking to students immediately prior to voting.

The decision was made public in HSF's *Newswire*, on April 26. While some students complained they were not informed of the changes, HSF defended their actions, saying they did what they could to inform the voting public.

"It's not a matter of notice," Malagerio said, referring to the lack of notice to students.

"It was just how the timeline played out. It was available online long before it was printed. It was up the next day."

Chhatwal and Matharoo were both unreachable for comment as of the time this article printed.

In other HSF news, a posting has been put on *workopolis.ca* for the position of executive director & business manager. The job entails overseeing legal issues within HSF and managing full time staff and financial planning.

According to HSF officials, Michael Parent, who held the position for the last four years, gave his letter of resignation in August.

"He is a talented, brilliant man, and I think he moved on to better opportunities," Malagerio said.

In his absence, officials said, the rest of the HSF staff has pulled together to fill the void.

engineering

geology

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# NEWS

This month in history- September: The TTC took over Toronto's street car system, previously franchised by Toronto Railway. [www.railways.incanada.net](http://www.railways.incanada.net)

## Tuition hikes hit students as province lifts two-year freeze

Kevin Da Rosa  
QUEEN'S PARK REPORTER

De-regulated programs at Humber College were hit with an eight per cent tuition hike this year after the province lifted a two-year tuition freeze.

According to John Davies, the vice-president of Administrative Services, the total tuition increase for regulated programs at Humber College is 4.8 per cent, just under the five per cent maximum allowed by the province. Meanwhile, the cost of de-regulated programs, such as firefighting, went up by up to eight per cent.

Regulated programs have to follow provincial guidelines in terms of fees, while de-regulated programs charge students according to what they can afford while the college tries to get as much of its investment into these programs as it can.

A Statistics Canada report released at the beginning of this month showed that tuition has increased 4.6 per cent in Ontario, while it jumped 3.2 per cent across Canada. The average undergraduate tuition fee for Ontario is \$5,160, which is \$227 more than last year.

Tuition at Humber College has gone up an average of 4.86 per cent since last year.

However, the national average is

\$4,347, \$136 more than last year.

"Surely, this government should prioritize education in a knowledge-based economy when they have six times the amount of money in their surplus to cover the cost of the tuition freeze," said Jesse Greener, the Ontario chairman of the Canadian Federation of Students (CFS).

Greener was referring to a \$298 million surplus that was reported in August of this year by the Ministry of Finance.

Accounting student, Alexandria Cristina-Rogers, 19, didn't like the idea that some of the surplus would not be used to cover tuition. "They have so much money," she said, "[They] have enough money to give to people that need it."

However Minister of Training



Jesse Greener, Ontario chairman of student group CFS.

Colleges and Universities Chris Bentley said the provincial government will be investing \$5.6 billion over the next five years, as well as an additional \$800 million every extra year. Bentley added that the government started investing in post-secondary education before the budget was balanced. He said the government needs to ask students to contribute \$1 for every \$3 invested.

Bentley added the provincial government doubled the student aid available and restored most up front tuition grants "for the needy."

Progressive Conservative education critic Cameron Jackson denounced the Liberal government's neglect of the surplus as a funding source to invest in post-secondary education. Jackson said the provincial government invested in transit instead of funding colleges and universities. He also said the way the government lifted the tuition freeze to be "inappropriate," saying the government broke its promise.

Students welcomed a tuition freeze, put in place by the provincial Liberals in April 2004. They then provided post-secondary institutions with \$48.1 million to cover money lost by the freeze. However, Premier Dalton McGuinty announced last year that the freeze would be lifted this year.



Tabitha Venasse

Humber firefighters join Canada Blood Services recruitment co-ordinator Lilet Raffinan (middle-left) for Sirens For Life donation campaign. Firefighters are (clockwise from back-left): Chris Day, Josh McAnsh, Jeff Holmes, Joel Defrancesco, Mark Hayward, Jamie Schiefer and Paul Evely.

## Firefighters' gift of life

Tabitha Venasse  
NEWS REPORTER

Even before the start of fall classes, Humber's firefighters responded to the siren's call and anted up their blood and their time.

Sirens For Life is an annual donation campaign put on by Canada Blood Services. The campaign for Rexdale took place in the Woodbine Mall and was open to the public. The last day of the campaign was Sept. 1, and 22 of Humber's firefighting students came out to participate.

The donors consisted of students from two of Humber's Pre-Service Firefighter Education and Training Program. The idea to donate blood came from student Thomas Morrell during a discussion on ways the students could do more for the community.

"It's simple and it's accessible. It's easy in the best way," Morrell said. "It's a fun experience. You sit in lawn chairs and relax. Plus, you're helping people."

One of the students, Paul Evely, has been donating blood for a few years on his own.

"It makes me feel good about myself to know I'm helping others," he said.

All of the firefighters seemed to be enthusiastic about what they were doing. The consensus was that donating blood was important because it saves lives, and as firefighters, that is part of their duty.

"It's important because someone is depending on us for our donations," said Mitchell Schneider, who has an O-negative blood type, one of the rarest types.

A family member working in blood transfusion made Schneider aware of the need to donate, especially those with rare blood types.

"The best way to look at it is that we're saving lives, and that's what we're here to do," added Christopher Day, who hoped his donation would help encourage other firefighter classes and more Humber students to donate.

Canada Blood Services will be running a donation clinic at the school in November, marking the beginning of a partnership between Humber College and Canada Blood Services. The partnership will include both the North and Lakeshore campuses, and the goal will be to encourage a minimum of 500 students from each campus to donate each year. More details on the partnership will be available later this fall.

## Orangeville location ready to offer classes

Tabitha Venasse  
NEWS REPORTER

Humber's Orangeville Campus will begin offering programs next month, despite the fact construction on the future sight has not yet even started.

The courses will consist of between 10 and 15 interest topics, ranging from 'Budgeting for Your Wedding' to mountain biking courses and 'Getting Your Garden Ready for Winter.' The classes will be held in the Westside Secondary School, the County of Dufferin Community Services Centre, and the Alder St. Recreation Complex.

The construction of the campus, which is located on a land plot along Veteran's Way in Orangeville, will not begin until the spring of 2007.

Behind the scenes, Humber has been working on building an academic plan to be prepared for classes to start, in early 2008.

"Research was done at eight area high schools, with surveys sent to 5000 students," said Joe Andrews, director of community relations for the Orangeville Campus. "The surveys were sent out to gauge the interest in potential enrollment into full time programs."

Along with the high schools, 350 small businesses and 4,000 houses

were surveyed to gauge what corporate training and continuing education needs are in the area.

The school will be developed in three phases: phase one will be to house the academics, phase two will be a student residence and phase three will be for student services.

The Orangeville Campus Office is located at 229 Broadway Ave. Unit #4. For more information visit [www.orangeville.humber.ca](http://www.orangeville.humber.ca).



Tabitha Venasse

Humber's Orangeville campus is expected to open in 2008.

## North Campus to be part of mock emergency: police

Danielle Spierenburg  
NEWS REPORTER

Humber's North Campus will be part of an emergency exercise next month, a police superintendent said at a recent United Way barbeque held on campus Sept. 14.

Superintendent Ron Taverner of 23 Division, which polices the area around Humber's North campus, said mock exercises such as the one planned in October helps "stop events from taking place, to react in a way that minimizes loss of life."

Taverner and Police Chief Bill Blair were on hand for the United Way barbeque held a week ago today in the front registration entrance.

The charity event came a day after Kimveer Gill opened fire on students at Montreal's Dawson College. Gill killed Anastasia DeSousa in his rampage. The crime was on the minds of most who attended the Humber barbeque.

Blair praised Montreal Police who responded to the Dawson shooting and reassured Humber students Toronto Police are prepared to handle this type of situation.

"All of our police officers have been trained ... on how to respond to those types of situations," Blair said. "Quite frankly, you go immediately to where the danger is and you neutralize it as quickly as you can, in order to save lives."

According to Blair, recent Toronto police interventions, such as the Jamestown raid this past May - which led to the arrest of 106 people and seizure of large quantities of firearms and drugs - should make students feel confident about safety in the area.

"Those raids targeted individuals we knew to be involved in violent criminal activity and to be responsible for much of the violence that was being experienced in the city and in Rexdale in particular," Blair said.

"This is your community and you have responsibility and a right to be safe and to feel safe here on your campus."

The barbeque also allowed Toronto police officers to help

Humber students and staff raise funds for the United Way while building more comfortable relationships between students and police.

Joe Andrews, director of community relations of Humber's new Orangeville Campus, volunteered to flip burgers for the cause. "Our goal here is to raise as much money as we can and make sure people have lots of burgers," Andrews said.

Humber's director of public safety Gary Jeynes handed out merchandise for Campus Watch, a security and safety program on campus for students and staff.

"Your personal safety and security is important anywhere you are in life," Jeynes said.

**"Where love reigns, there is no power; and where the will to power is paramount, love is lacking. The one is but a shadow of the the other" – Carl Jung.**



Courtesy

## Analysing a killer

Video games and websites may have played a role

**Kenzie Broddy**  
IN FOCUS REPORTER

The Montreal shooting at Dawson College has people questioning the psychological and emotional state of Kimveer Gill, speculating whether video games and Web sites take some of the blame.

Humber College Psychology professor Rena Borovilos said there are a lot of contributing factors to the situation and Gill's arrested adolescence was a major problem.

"Clearly he was not living where he should have been living as a 25-year-old. As I have been reading, he was spending a lot of time on his own and on these websites; the only way he was getting a social interaction. He had extracted himself from society in reality. He was drinking. He did not have a girlfriend. He did not have a job. He was a very angry young man," Borovilos said.

"It could very well be that he was raised to have himself viewed as being quite important. Then he goes out into the world and he goes to school and he doesn't get the respect he feels he deserves. So there is this underlining resentment."

The website [www.vampirefreaks.com](http://www.vampirefreaks.com) is described as goth. Gill referred to himself as the "angel of death" on the website where he wrote that he loved guns and hated people.

"He clearly was not a member of a nice solid healthy peer group, to the point where he had to go online for friends. And what kind of Web site did he choose? An alienating site, where he was going to find other people like himself who basically wanted to fantasize more than they wanted to live life," Borovilos said.

Gill wrote on the Web site that his chosen form of death would be like Romeo or Juliet-or- in a hail of bullets.

"When I read that I said 'wow'. One has to do with the core of love, clearly. Male and female sexual love and the other has to do with the core of aggression," Borovilos said.

People who generate such

tragedies, like the Montreal shooting, generally give warning. Threatening statements about the future are a common thread.

"He did foreshadow his own life," Borovilos said. "This young man was preparing himself to do that act. The elements were such that he was laying the foundations and the situation allowed him to go to the next step."

First-year Fitness and Health, student Kara Kirell said people are naïve to think this won't happen to them.

"It can happen anytime and anyplace. People think it can't happen to me. That is definitely scary," she said.

Gill played violent video games, one that simulated the Columbine massacre.

**"He was going to find other people like himself who basically wanted to fantasize more than they wanted to live life"**

Rena Borovilos

"You can say this individual had developed an unrealistic notion of what his power should be in the world and the video games reinforced that notion," Borovilos said.

"When you are trying to maintain this persona of control and aggression and power, through this very narrow means you are going to lose reality, and so the next step would be to play it out."

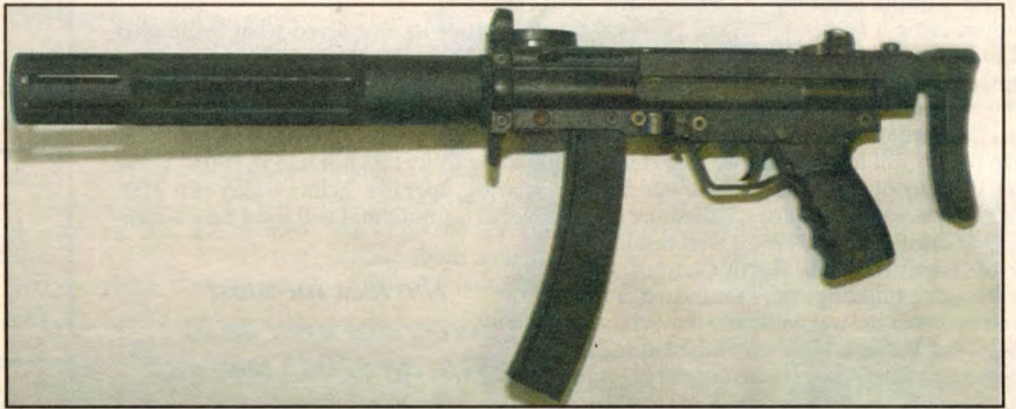
Kirell said websites and video games are part of the problem.

"Media definitely plays a role," she said.

Borovilos explained that certain characteristics including major isolation, coldness, withdrawal from all areas of life, and not having control over a fantasy are red flags, especially with an adolescent, because that's when you form an identity.

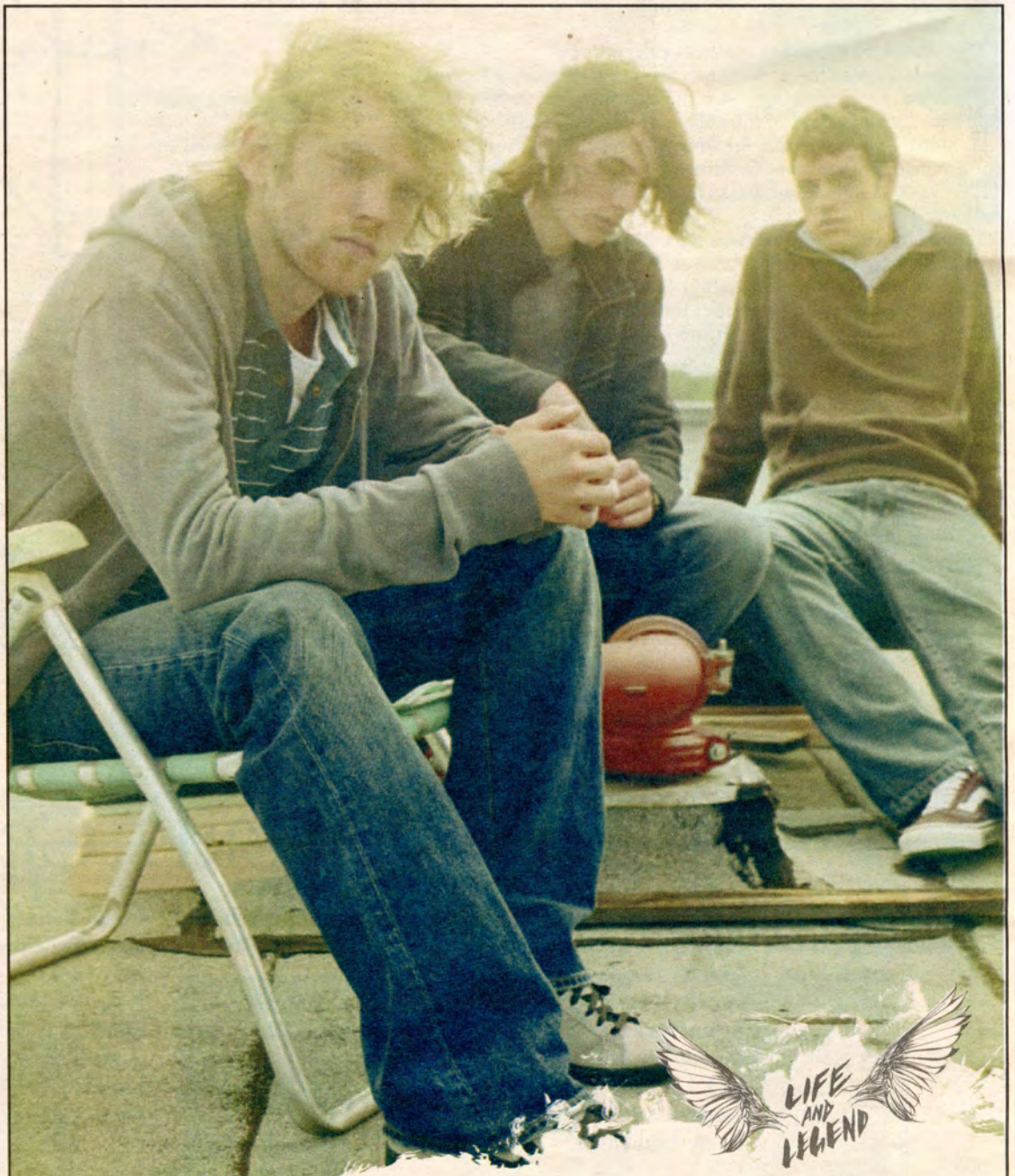


Andrea Damiani



Natasha Fall

**Top: Pink has become a symbolic colour of victim Anastasia De Sousa. Bottom: Students initially thought Kimveer Gill was carrying a paintball gun.**



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# EDITORIAL

"Education is the ability to listen to almost anything without losing your temper or your self-confidence" – Robert Frost (*Readers Digest* - April 1960).

## Campuses, names and presidents

Many students returned to school this semester with the scars of last year's teacher strike in mind. New students may not know what occurred.

At the end of the spring semester last year, college teachers and support staff walked out of classes for 18 days. Humber's 17,000 full-time students were left struggling to close their school year without suffering the fall-out of missed classes.

And then came a summer marked by uncertainty as students wondered what September would bring.

Summer jobs, internships or adventure could not hide the end of a two-year tuition freeze. The fees for most programs went up by \$100 to \$200. Students in post-graduate programs were hit the hardest with increases close to \$300.

Due to the tuition hikes, Humber collected \$31,500 more in fees than it had in 2005. These fees are used to operate the college, pay teacher salaries, upgrade facilities and run HSF. Humber operates two campuses, Lakeshore and the North Campus and will soon have a campus in Orangeville. The money is well needed.

Over the summer, at the North Campus, the S and R residence buildings were renovated, a state of the art newsroom was built for the School of Media Studies in the L building and a lab for the new spa program was constructed in the H building.

Ongoing is the construction of the new arboretum, the renovation and expansion of the 'C' building and plans to expand the area outside of registration. A sound room is being built at Lakeshore and the Orangeville campus will be operational by 2008.

The school now reaches overseas offering students in Singapore the opportunity to gain a Humber education.

The most notable change over the summer was Robert (Squee) Gordon announcing his retirement as president of the college at the end of this school year.

Gordon's 25-year tenure, the longest for a college president in Canada, has contributed to the expansion of Humber Institute of Technology and Advanced Learning (ITAL).

Next year, as the school marks its 40th anniversary, a new president will preside over these hallowed halls.

Tuition goes up, new programs start and buildings are renovated, but this is the price it takes to lead the way into the future.

Humber received the designation of an ITAL in 2002 when it approached the Ministry of Training Colleges and Universities for permission to change its name from a college to a polytechnic. The ministry granted the college with the name ITAL, but not the name it had requested. Recently Humber began an advertising campaign "Defining Polytechnic Education," even though it can not call itself a polytechnic institution.

Change is inevitable, but one thing will always stand true – Humber will grow and mature much like the students it educates and Humber *Et Cetera* will continue to grow and inform the student body as news unfolds.

The original intent for *Et Cetera's* first issue was to focus on the fifth year since the events that took place Sept. 11, 2001, but after what occurred at Dawson College in Montreal, *Et Cetera* made a news decision.

The events at Dawson College on Sept. 13 were shocking. It is hard to conceive that anyone could or would enter a learning institution with a weapon and target students. But it has and does happen.

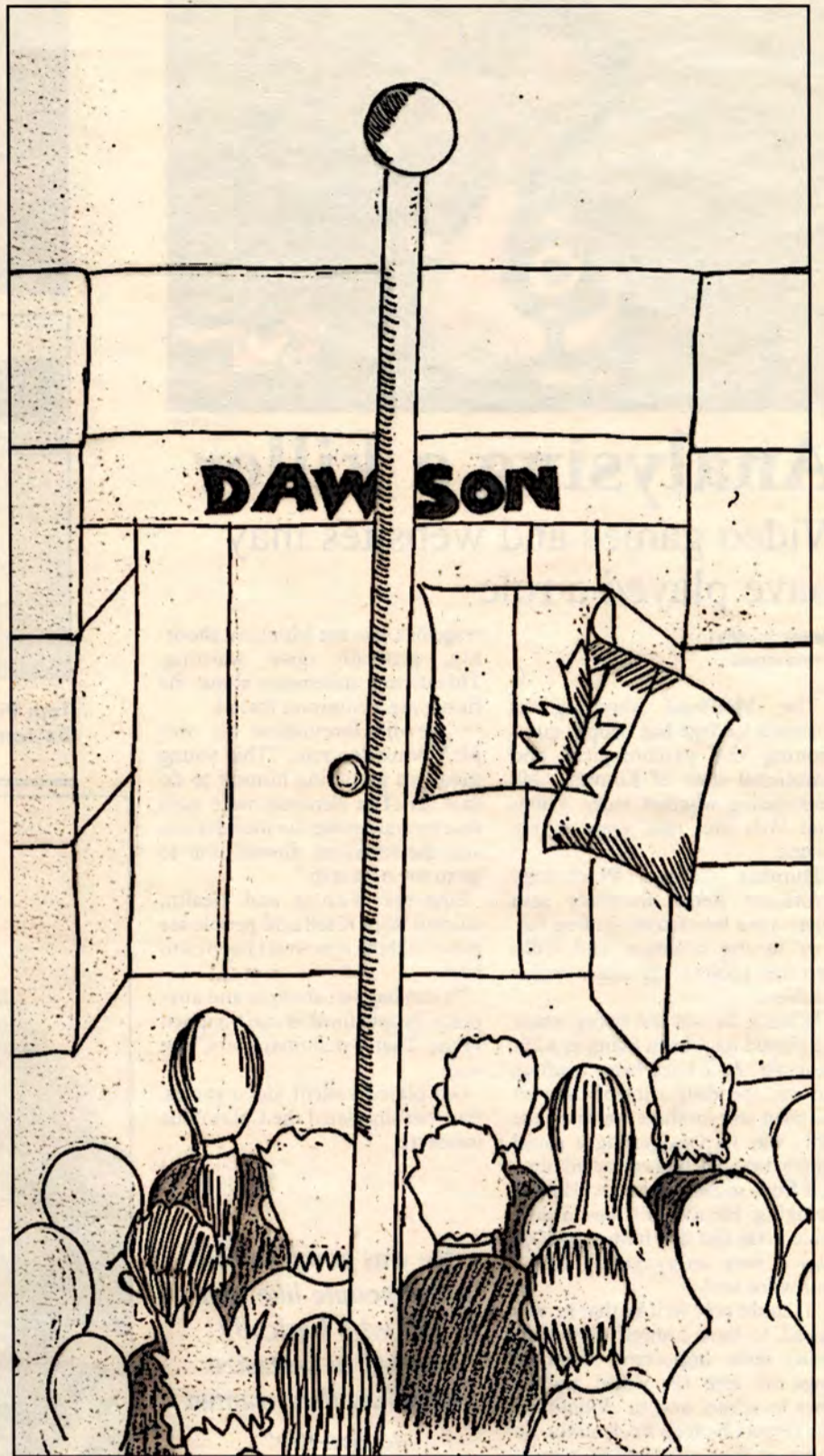
It's terrible when a life is lost due to violence.

A newspaper has a duty to inform the public, but it relies upon its readers to keep it informed about what is important to them.

This paper is your platform and feedback is always welcome. If you think there is something that the paper should be covering, please feel free to contact us in the news room L225.

We hope you all have a great year.

*The fees for most programs went up by \$100 to \$200. Students in post-graduate programs were hit the hardest with increases close to \$300.*



**A moment of silence...**

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**"I think and think for months and years. Ninety-nine times, the conclusion is false. The hundredth time I am right." – Albert Einstein.**

## A tribute to Sarah Mann

**Shawn Loughlin**  
SPECIAL TO ETCETERA

I began writing this by writing "Sarah Mann" on a blank page. For those of you who don't know, Sarah Mann was a graduate of the Journalism program, a journalist situated out of Goderich and my best friend for the four years I spent at Humber. I have places I like to be when I think of Sarah, as her other loved ones do, the most popular being her grandparents' farmhouse. Her grandparents have long since moved on, but Sarah's favourite place in the world is situated on a ridge just to the side of the farmhouse where you can sit by a creek

and lay amongst daisies (her favourite flower) in a most quiet, thought-provoking alcove. After visiting the farm, I could picture her playing as a kid and it made me happy. The cross implanted in the earth and her ashes spread are both an honour and a constant reminder of what we've lost. Everyone who knew Sarah frequents this spot and goes there to be with her. And one night in bed, Sarah's mother, Lynne, asked her daughter for a shooting star and Sarah delivered. I have yet to have such an intimate posthumous moment with Sarah, and I often have worried about things like I don't cry enough for her. Sarah died on

Independence Day (July 4) of this year and now in September, I finally realized through music (as most of my realizations come) what I have been doing. The Weakerthans (who she hated) sing, "Spring forward, fall back down and try not to wonder where you are." Perfect. As one season replaces the other, I realize that right now it's too big of a search to find Sarah, but it's all about her influence and her inspiration and what she's left behind. Sarah has left something with everyone she touched throughout her life. I realize this more every day and I believe that this is my search. Through meeting the people

who she directly influenced, I am privy to her legacy and so it goes onto her award at the college. Her family has proven to be woven with the toughest of moral fibre; her sister who is bravely stepping up in a life without her sister; her cousins who have a void that cannot be filled; her friends who meant the world to her, myself and now students at Humber College who will know what it's like to be passionate about something. An award being given in Sarah's



name is something that she deserves and it shows how special of a person she was - people are being awarded for being like her. I knew how I had to end this tribute from the moment I was offered it, and that's with a quote from Sarah's aunt Mary who knew Sarah well and misses Sarah more than most. Her closing remarks on losing Sarah were simply, "Sarah was good people." That about sums it up.

Courtesy  
**Oct. 18, 1982 - July 4, 2006**

## Not a fan of smoking ban



**by Stuart Service**  
WORK AND PLAY EDITOR

Sean Penn smoking a cigarette at a press conference brings to mind a situation I encountered trying to smoke during a halftime show at a CFL game. At an Argos/Ti-cats game on Sept. 9, I decided to step out for a smoke. I walked to a random gate at the Rogers Centre with a sign that said "NO IN/OUT PRIVILEGES," so I asked a security guard near the gate if he would kindly open the door for me when I finished my cigarette. He said no. I noticed a group of people outside, not even 10 feet from the door, smoking cigarettes while sporting Argos jerseys. "So you're not going to let that group of Argos fans back inside?" I asked. "They have special permission from the Toronto Argonauts," the guard replied. "If I was to have a permission slip from (Toronto Argonauts Quarterback) Damon Allen saying I could step out for a cigarette, then I could?" "Yes." He then told me if I left the building I would have to buy another ticket to get back in. I trudged, defeated, over to "guest services," asking for more details as to why I wasn't allowed to go outside to smoke during halftime. The woman at

the desk told me this was a rule enacted by Rogers which has drawn a lot of criticism, but I was more than welcome to fill out a complaint form. Then it dawned on me - the dome was open. The area isn't enclosed. I asked her if I could just smoke at my seat. She told me that would be breaking the Smoke-Free Ontario Act. All I had to do was make a quick trip to Queen's Park, get a bill reversed, come back to the Rogers Centre and pay for a nosebleed seat. Or I could run into the Argos locker room, interrupt coach Pinball Clemens' pep-talk to ask Damon Allen to fill out a permission slip. Then I could have a cigarette. Unfortunately the second half was about to start, so I didn't have enough time. But if Sean Penn can get away with it, then why can't I? Because I was given adequate warning by Rogers Centre staff and proper signage saying my entry to the stadium wasn't allowed. David McKeown, Toronto's chief medical officer of health, said the reason Penn wasn't fined for smoking is because staff didn't warn him. The hotel was fined instead for \$605. The Ontario government expected Sutton Place Hotel staff to intervene in the middle of a press junket to politely ask an iron-lunged Penn to ash out his acetylene baby bottle. I begrudgingly played by Dalton McGuinty's rules at the Rogers Centre and Penn should have done the same.

## HSF "Frosh Week" theme sinful



**by Tabitha Venasse**  
BUSINESS REPORTER

Humber's annual Frosh Week kicked off with the theme, 'The Seven Deadly Sins'. For a service that is supposed to cater to the needs of the entire student body, it's shocking that they would select such an insensitive theme. Humber College has an incredibly diverse community of students, with only 32 per cent of its population Canadian students. International students and students who are immigrants to Canada amass the left over 68 per cent of students at Humber. Along with the many different cultures, the range of religions is just as diverse as the student population. Many religions preach against sin and although their ideals of sin may differ, to sin should not be made into an event. The HSF chose a theme that could easily be found offensive while trying to cater to all students. It makes me question whether they really took into consideration the values of the entire student population or just a select group. It wouldn't have been difficult to develop a less offensive theme that all students could embrace. Of course, HSF probably maintains some legitimate reasons for choosing the theme they did. Maybe the others they thought of were too cheesy or just didn't fit with the types of events planned. After all, planning exciting events for a population of over

17,000 full-time students is a difficult job. Some students felt that the theme did not intend to offend anyone because the activities were not based on the theme. One student said it would be interesting to see how HSF could relate the theme to the events planned. Paul Ooi, vice president of Lifeline Christian Fellowship, a student run club on campus, said he was surprised that HSF chose a theme like that knowing there are many religious groups in the school. Despite the lack of insight displayed by the HSF, Ooi said he felt the theme created an opportunity for students of religious beliefs to stand up for their faiths and talk openly about why the theme offended them. The blow of the theme might have been less damaging to religious students who wanted to participate in frosh week if the sins had not been encouraged at the events. Activities such as the foam party were a blast, right up until its theme of lust was announced by HSF. The encouragement of the theme was enough to send me out of the amphitheatre. While HSF must have had their reasons for not being more wary of the theme they chose, it is their responsibility to make sure that all students feel a part of the school. A theme that blatantly pays no attention to the various religions practised at Humber, segregates students from being part of the whole. The least HSF could have done was offer activities not based around those themes so that everyone could feel like they were being welcomed with open arms into the Humber community.

## Word on the street

*We asked you - If you could say one thing to the students at Dawson College, what would you say?*



**"I hope for them to continue on with their lives. That's the most important thing."**

CHRISTOPHER ARBITRIO, 18, BUSINESS ADMINISTRATION



**"In dire times you have to find comfort in each other to get through the dark times for brighter days."**

DEVIN DAVIS, 27, HOSPITALITY



**"I feel just sad for the students."**

JINHO YOON, 21, AIR CONDITIONING AND REFRIGERATION TECHNICIAN



**"Be brave. No trenchcoats."**

KEVIN LEVY, 25, BUSINESS ADMINISTRATION



**"Sorry for the bad experience. My thoughts are with you."**

KRISTEN NICHOLSON, 18, OCCUPATIONAL THERAPY ASSISTANT

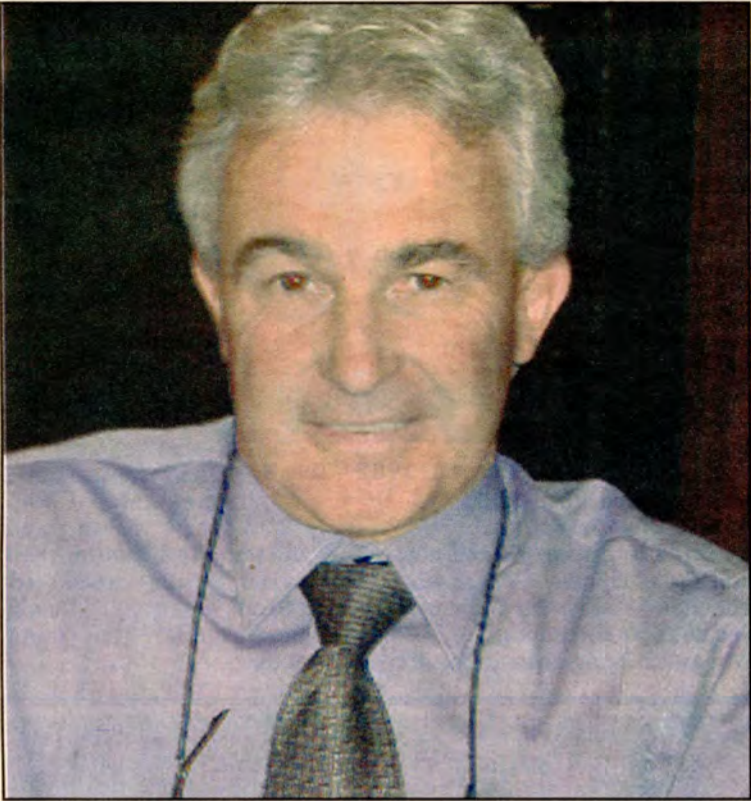


**"Be careful to strangers. Try to be relaxed and I hope it will be fine soon."**

MICHIKO ISHIWAMA, 21, TOURISM AND TRAVEL

# NEWS

Hurricane Helene is the second major storm of the 2006 Atlantic Season. Helene has been used four times for Atlantic storms; in 1958, 1988 and 2000.



Adam McLean

Alister Mathieson is the dean of the School of Hospitality Recreation and Tourism.

## French chateau to house internships classes for fourth semester students

Adam McLean  
NEWS REPORTER

For the first time in the Hospitality and Tourism program's history, students will have the option to complete their fourth semester overseas at Schiller International University, in Strasbourg, France, and their industry internship throughout Europe.

Students will partake in seven weeks of classes at Schiller's, Chateau de Portales campus, which will also act as their residence. The chateau was built in the 1750s, as a home for Strasbourg nobility, and remained so, until 1914. During World Wars I and II, Chateau de Portales fell under German occupation, given Strasbourg's close proximity to Germany. The chateau has been used as a university since 1972, and now also serves as a hotel and conference center, due to its size and picturesque setting.

Students will also have the option to fulfill their industry internship while in Europe, or return home to Humber. Internships remain unpaid.

"I don't know any other college that does this," said Alister Mathieson, Dean of Hospitality, Recreation and Tourism said last Thursday; explaining the internship to students at an information session in the Humber Room.

Mathieson stressed to the students the significance of this European experience.

"This is a huge opportunity you will probably never get again, and it will look great on your resume," he added.

As part of a set curriculum, students will take part in different field excursions every Friday. The list of field excursions include trips

to the Heineken Brewery, an Alsatian Winery, and a tour of Germany's black forest.

Courses during the semester include: Geography of World Tourism, Consumer Behaviour and Marketing, French Culture/Civilization, and Conversational German or French.

After totaling tuition, residence, meals, air fare, and personal expenses prices, a semester in Europe will cost each student an estimated \$6,700.

To some students, cost is of little importance.

"I don't care how much it costs - I want to go anyway," smiled Hotel and Restaurant Management student, Agnes Basemera.

Acknowledging the value of first hand experience, Basemera, who would like to open and own a restaurant one day, doesn't want to miss this chance:

"It will be very exciting, I can't wait. This experience will do a lot for me."

A minimum of 15 students will be required for the trip, and a maximum is set to 25. All participants must be in good academic standing to take part.

## Humber expanding its international schools to new location in Singapore

Patrick Luciani  
NEWS REPORTER

The educational arm of Humber College extends far beyond Ontario's borders, and it is still expanding further.

According to the Director of the International Center, Diane Simpson, Humber has ties with schools all around the world and plans are in place to add Singapore to the list.

Simpson said Humber will work with a partner institute, The Canadian School of Advanced Learning, allowing students from Singapore to flow into Humber's programming.

Classes at the school, based in Singapore, will be taught mainly by North American teachers due to the large ex-patriot population.

All students will be Singapore locals and residents from the surrounding area.

"The school that we're working with in Singapore has a high school with Ontario Secondary School curriculum," said Simpson, which was one reason why Singapore was chosen for the program.

However, Singapore is not the only country with this special partnership. Humber also has working partnerships with institutes in China, Taiwan, Mexico and even a business school in Lyon, France, in an attempt to bring top students from around the globe to Humber.

However, this program is still in its preliminary stages and has no students attending the school in Singapore as of yet.

### DEPARTMENT OF PUBLIC SAFETY

HUMBER



CAMPUS WATCH

### CAMPUS WALK PROGRAM

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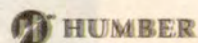
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A Manitoba landlord will ban smoking in all his apartments to reduce maintenance costs – CBC.

## Rez gets summer makeover

Liz Balsom  
NEWS REPORTER

Renovations were done to Humber's S and R residence buildings to welcome new and returning students back to school.

The renovations, which took place during the summer, were well overdue for two out of the three residence buildings.

"The buildings are 16 years old now," said Todd Coomber, Residence Manager for North Campus. "The buildings are regularly updated as needed, but the buildings as a whole were looking run down."

Improvements include new paint and finishes in the hallways, lounges and washrooms. Corkboards were placed outside students' rooms for personal messages. There is also new flooring, including carpet, tile and linoleum, in students' rooms and all common areas, as well as curtains and lighting.

The washrooms and common areas have new counters and fixtures.

T building, only a few years old, was also freshly painted.

The total cost of the renovations was approximately \$2 million.

New residence students may not have noticed changes, but returning students were pleased.

"I was amazed when I first saw S building," said Angelika Theuer, a second-year business student at the University of Guelph-Humber. "It's really colourful and more appealing for new students to live in."

Coomber thinks the buildings look brand new after their transformation and the renovations have given them a cleaner look. He hopes students will help maintain the buildings so they look fresh for years to come.

"Our goal is for regular rotation of upkeep and maintenance for Residence buildings," Coomber said. "We keep the buildings on a rotation, so renovations don't have to occur all at once."

# Beer bottles given the boot

Meaghan McBride  
NEWS REPORTER

Despite the recent ban on beer bottles in Residence, students still have all the freedom they need to party.

According to Todd Coomber, residence manager at Humber's North Campus, the ban was put into place for a couple of reasons: cleanliness and safety.

"During the last school year, students allowed beer bottles to pile up, which attracted pests. If [the beer bottles] were not disposed of, they were being smashed throughout the building and thrown out of windows," Coomber said.

Beer bottles were found smashed on roofs and all over hallways causing a safety hazard for unsuspecting residents.

"Typically, all the vandalism happened at the end of the year around move out time," Coomber said.

It won't be until then that it will be known if the ban accomplishes a decrease in vandalism.

Beer cans are allowed and Coomber said some residents like to keep the cans as "trophy" in their rooms. This is discouraged and attracts pests.

Adam Macmillan, 19, in the Heating and Air Conditioning program said allowing beer cans has only caused problems.

"When I went to the Beer Store at Albion, I had to settle for getting the only brand of cans they had a lot of because they were out of stock of the brand I wanted," Macmillan said.

Clark Kim, full-time manger at the Albion Mall Beer Store, said he has noticed a small increase in the demand for all brands of beer cans and is adjusting the store's inventory to meet those demands.

The Albion Mall location is the closest to the Residence buildings.

James Ledgerwood, 23, in the Computer Programming program thinks the ban will target beer bottle-related vandalism.

"There are certain types of people who vandalize Residence and

those type of people will just find something else to cause a problem with," Ledgerwood said.

Coomber said any other problems that may arise will be targeted and dealt with when necessary.

"We want to give the students as much freedom as possible while still targeting the main problems."

Humber is not the only institution banning beer bottles. They have also been banned at the

Carlton University and Guelph University Residences. Many other institutions require that any alcoholic beverage be stored in a plastic container and kept out of hallways.



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# NEWS

A 90 minute documentary entitled "Loose Change" has received over ten million hits on the Internet – CityTV.

## New restaurant dishes it out at North and Lakeshore campuses

Michelle Buckley  
NEWS REPORTER

A new grill has opened in the cafeterias of Lakeshore and North Campus and residence as well as dining halls, offering new menu selections.

The new restaurant offers healthy eating, but the prices are higher than before.

Coyote Jack's, a Canadian chain, opened the first week of September and is popular with students.

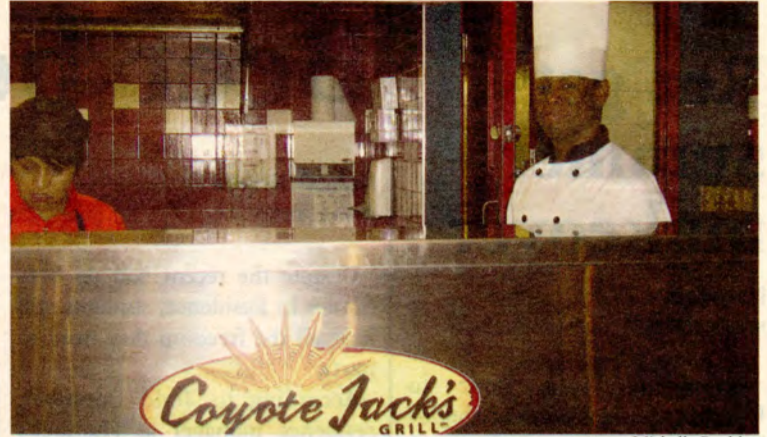
"The quality of food has improved drastically. Everything does taste so much better, and things like the salad bar are fresher than they used to be," said Taryn Gibb, 19, a second-year University of Guelph-Humber Media Arts student. "Overall, I think it was

the option."

But what about the fact that healthier choices are now being offered at a price? "I may go somewhere else. Cost is a definite factor, and food is cheaper at other places," Pinto said.

For Gibb, a healthy option is

what satisfies her. "At the culinary table, the food tastes so much better and it's got more options than last year. This alone makes the food we eat so much healthier. We're not relying on deep fried crap for breakfast, lunch and dinner anymore."



Michelle Buckley

Culinary Arts student Jason Russell, 17, at Coyote Jack's.

**"Everything does taste so much better, and things like the salad bar are fresher than they used to be."**

beneficial to the students to make the change, in regards to quality."

Gord Power, manager of the residence dining hall, said, "The value of quality food has got to be there for the students. We are constantly in contact with the Coyote Jack's brand, offering our feedback and making recommendations on how to keep people satisfied."

Keeping people satisfied might be difficult now that Coyote Jack's has decided not to offer a combo drink with a meal.

How do the students feel about the rising cost of food? "I think it's going to cause a lot of people to spend a lot more money. We're paying approximately \$1.50 more for every meal if we get a drink. I think this is just a way for the company to make more," she said.

"Everyone's going to have to add on money to their meal plans. For students who are relying on OSAP or other loans, this is going to be pretty harmful to their budgeting. Not only would they have to pay more for tuition this year, but now spend a lot more money on food."

Amanda Pinto, 18, a first-year fashion arts student said, "I think it is a good idea that healthy food is being offered. People are really health conscious these days, they want healthy choices. I would still choose a burger and fries once in awhile, but it is good to still have

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The umbrella originated in Mesopotamia in 1400 B.C. It was used for shade. The word umbrella is derived from the latin word for sure. -www.funnyfacts.com

## Arboretum getting facelift

By Carley Ventress  
ENVIRONMENT REPORTER

Fundraisers are closing in on raising the \$4 million needed for the Humber arboretum's new Urban Ecology Centre, slated to open in January 2007.

The new centre will replace the Nature Centre that was torn down last spring.

The special projects coordinator of Humber's arboretum, Carol Ray said contributions already total \$3.6 million. "We're still doing what we've always done," Ray said last week. "(We're) approaching charitable foundations, corporations and individuals, giving them the update and asking them if they'd be interested in supporting it."

The arboretum, known best for its gardens and rare trees, has been undergoing construction since May when Mayor David Miller dug in during the groundbreaking ceremonies for Humber College's new Centre for Urban Ecology.

The centre will incorporate natural cooling, ventilation, and lighting as well as solar heat sources. Equipped with water conserving toilets, a bio-filter system for sewage and grey water treatment, the centre will also have a high efficiency gas boiler. A 'green' roof

system will control the storm water which will be used to irrigate the surrounding landscape.

"Because we are making it so energy efficient, the carbon monoxide emissions and other greenhouse emissions will be lowered significantly as well," Ray said.

With construction always being a potential threat to the environment, Ray said: "The footprint is pretty much the same as the existing nature centre and any trees that were salvageable, they actually uprooted them and moved to other places."

Ray said considering the environmental footprint was also important in obtaining LEED certification. Leadership in Energy and Environmental Design is a rating system for the design, construction and operation of green buildings.

Sustainable site development, water savings, energy efficiency, material selections and indoor environmental quality are the requirements needed for LEED certification.

"We are aiming for LEED certification and one of the requirements for that is that you disturb the environment absolutely as little as possible and in some cases we will probably be improving the environment," Ray said.

Apart from the environmental benefits, Humber students may gain a few academic advantages.

Kerry Johnston, program manager of Environmental Technology at Humber College said it wasn't built primarily to do that.

"Down the road there may be new programs that are considered because it's there, but it wasn't built with that intention," Johnston said.

"The existing programs may benefit or expand what they do because of the existence of the Centre of Urban Ecology. Interior Design, the HVAC program and Architectural Technology, obviously those programs that are related to green building will all have an opportunity to use that facility in one way."

Ray noted the construction of the centre is also a great way to "show the whole world" Humber is concerned about the environment. "It's a wonderful model of environmental sustainability so it's a great thing for Humber to have as part of their campus," she said.

"(We're) giving people ideas and ways that they can make a difference themselves by looking at the building and getting ideas that they might be able to do in their own houses or businesses or any buildings that they are putting up."



Courtesy of Barry Bryan Assoc.

The new three-level Building B is slated to open next fall.

## Students responsible for heating new B Building

By Sofia Gallo  
STAFF REPORTER

A new building at Humber's North Campus will use body heat from students to lower energy cost.

Bruce Bridgeford, Director of Capital Development for Humber, said Building B will start its construction as early as next week and should be completed by next fall.

The new building will include two environmentally friendly techniques: Termodeck and Tilt Wall. These techniques will provide 100 per cent fresher air, maximize oxygen levels and lower energy consumption by 30 per cent.

President of Termodek, Jack Lacken explained the company uses concrete in the ceilings and walls as the primary source of heating and cooling throughout the building. He compares the technique to a hybrid car, since it has the capability to store energy.

During the colder months the system will collect energy from body heat, computers and light-

ing. That energy will be transmitted through concrete planks or hollow core slabs to heat the building.

"A female body generates 105 Watts per hour and a male body 100 Watts per hour," Lacken said. "If you have 500 students in a building, you can generate 50 Kilowatts of power, equaling to 10 saunas."

During the summer months the concrete in the walls and ceiling will be cooled during the nights, when temperatures are colder and then transmitted throughout the day.

Tilt Wall is a construction technique that will pour concrete panels on site and they will be craned into position, this requires precision and allows no room for error, Bridgeford said.

The new building will be three floors and will offer a pre-testing centre for students with disabilities as well as 14 electronic classrooms capable of seating between 40 and 70 people each. It will also be used for counselling and peer tutoring.

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George Clooney has urged the UN to send peacekeepers to Darfur to prevent what he called the "first genocide of the 21st century" – MSN Entertainment.

# African troupe acts with students

Anthony Vasquez-Peddie  
ENTERTAINMENT REPORTER

Humber Theatre students spent their first week of class playing host to an African theatre troupe, overcoming language barriers to teach each other acting and dance skills.

All students in the program trained with 16 members of the Mozambique-based Montes Namuli, who were visiting Canada to perform their play *Sonho Nocturno*, an adaptation of Shakespeare's *A Midsummer Night's Dream*.

"I think the students were amazing to be thrown into this kind of crazy environment," said Kennedy Cathy MacKinnon, the Theatre Performance instructor who organized the project. "They were fearless...really quite amazing and generous."

The students also worked on African-style dancing, singing and acting.

"(There were) tons of communication problems," said Ted Neal, third-year Theatre Performance student. "But it was so nice because we're all actors and so are they, so it's a lot of body language to explain what is going on."

Third year students also worked



African troupe Montes Namuli participating in an acting and dancing workshop with students

with the troupe to develop a private piece based on parts of Shakespeare's play, *Measure For Measure*.

Diana Belshaw, director of the Theatre Performance program, felt the project was of tremendous

benefit to the students.

"I think it has opened their minds and their awareness. I think it has validated their own cultural voices," she said. "All of the students I have talked to have come away with something personally important

from that week."

Working with the students was part of the last leg of Montes Namuli's five-week visit to Canada. During their stay, they performed *Sonho Nocturno* at a number of venues across the GTA, including the

International AIDS Conference 2006.

The play brings attention to one of the ways HIV spreads among humans — having multiple partners.

It was created in August of 2005 when four members of Shakespeare Link Canada, a company devoted to connecting Shakespeare's works with real-world affairs, traveled to Quelimane, Mozambique.

The small group, led by MacKinnon, met with Montes Namuli to bring to life her vision of combining African-style dancing with Shakespeare.

The two groups worked for two weeks to put the play together. MacKinnon credits the troupe's commitment to the performance for making the production possible in such a short time.

It was performed at Quelimane's only community cultural centre, where it was well received.

"They're really active," MacKinnon said, referring to the audience. "It's very much like Shakespeare's day."

Montes Namuli has been repeatedly requested to perform *Sonho Nocturno*, and a film version of the play was also created.

You can visit [www.shakespeare-linkcanada.ca](http://www.shakespeare-linkcanada.ca) for more information on the project.



Tyler Trumbull

Tony Lee live at Caps Pub

## Tony Lee hypnotizes CAPS crowd

Tyler Trumbull  
ENTERTAINMENT REPORTER

Tony Lee, the X-rated hypnotist, returned to a packed house at Caps to make volunteers from the audience perform acts ranging from the semi-obscene to the completely lewd.

The 90-minute performance was last on a 160-date tour of college campuses across North America.

"Tony, we belong to you!" the volunteers shouted as they waited

for the show to begin.

Once Lee took the stage, repeated masturbatory references, sex jokes and drug references kept the crowd going.

Students under Lee's spell drove brand new Ferraris, made "friends" with chairs, performed lap dances for audience members and consumed magic mushrooms.

The excitement became so much for one volunteer that he fell off the stage, taking out a PA speaker in the process.

"It's the whole thing of wondering if that person is under the control of someone else," said Phil Oliveira, a third-year Civil Engineering student. It was his third straight year catching Lee's act.

One of Lee's first routines was to place his volunteers into a brand new car. He had them driving along the road at top speeds until they pulled to a stop light and looked beside them to see an attractive member of the opposite

sex. The laughter began when the volunteers were flashed by their imaginary roadside companions. Participants' reactions varied from disgust to outright excitement while the crowd erupted in full-bellied laughter.

Lee wandered through the crowd, taking free beers and shots from audience members.

"We've never, ever left this place sober," he said.

This is his fourteenth year performing at Humber.

## Soundclash a success despite stormy weather

Rob Hergott  
ENTERTAINMENT REPORTER

Despite stormy weather, a crowd of 750 Humber students came out to see Bedouin Soundclash play in the Humber Auditorium.

The HSF sponsored event took place Wednesday Sept. 13 at the North Campus and featured Zaki Ibrahim as the opening act.

The show kicked off at 10 p.m., just as the sky began to clear. Although there was some hesitation about starting the performance and initial impatience from the crowd due to rain, the show was a huge success.

"It was crazy, it started to rain but nobody cared, everybody just kept chanting Bedouin, Bedouin until

they started to play," said first year Fashion Arts student, Kristen Oke.

"We had to pull the stage closer to the seats to keep the stage covered from the rain; we lost some of the spectator area," said Aaron Miller, HSF programming director.

Students sang along as Eon Sinclair played the bass guitar, Pat Pengelly rocked the drums and Jay Malinowski led the vocals.

Malinowski went on to call Humber students the most enthusiastic and cheerful crowd the band has seen in a while.

The group has been touring Canada, the United States and Europe since 2003, showcasing their talent and promoting their unique style of music.

"It's one of those things that you put your time in and hopefully it

pays off" Malinowski said.

"We have been extremely busy lately," Sinclair said. "It feels like we're constantly on the road traveling, but its how we have built our fan base and that's how we try to maintain it."

Bedouin is considered underground even though it has become more mainstream. The group feels that they will always be looked at from both perspectives.

"The band will always be considered from both markets," Eon said. "It just depends where we are playing, either in North America or Europe."

"It's a great way to get our music heard because at first not a lot of people were willing to give us the less labour intensive avenue like radio and television."



Lena Toyoda

Soundclash lead singer Jay Malinowski plays to soggy crowd

An abandoned book by *Lord of the Rings* author JRR Tolkien has been finished by his son Christopher Tolkien and will be published next spring – Newsday.



Ticket holders wait in line to enter the Cumberland theatre.

# Short Cuts to success

**Anthony Vasquez-Peddie**  
ENTERTAINMENT REPORTER

Young filmmakers looking to showcase their work should look no further than Short Cuts Canada.

"A short film is what we call in the industry your calling card. It can help launch your career," said Donna O'Brien-Sokic, Humber's Film and TV Production program coordinator.

Short Cuts Canada, a program involved with the Toronto International Film Festival, is designed to expose the creativity of Canadian short filmmakers, giving film students a way to show their work.

"For a student to really know whether their film has impact, it has to be shown in front of an audience," said Jamie Sheridan, instructor for the Film and TV program.

Short Cuts specializes in screening several different films created by filmmakers from across the country.

While short films don't have the same budgets as feature films, the production process is essentially the same.

"You still have the direction, you still have the post-production, you still have the pre-production. So it teaches them, on a shorter scale, how to produce these films," Sheridan said.

"It's a good way for us to get experience. We learn crew dynamics here," said third-year film student, Shawn Caron.

After the production of a film comes the exposure of it. Film festivals are a great way for aspiring filmmakers to present their talent. Humber is always encouraging its film students to enter film festivals.

"They're all huge venues to basically get your name out there. You meet so many different connections and so many different people, and they get to see that film," said Leonardo Dell'Anno, third-year Film and TV Production student.

Dell'Anno worked on a documentary last semester called *Tyler*, which won Best Documentary Student Short at the London Canadian Film Festival. "It drew a lot of recognition," he said.

This year's Short Cuts featured films from aspiring directors such as Geoffrey Uloth, Chelsea McMullan and Jamie Travis, whose film, *The Saddest Boy in the World*, stood out among the rest.

Travis called short films vital for aspiring artists. Through the exposure of his films, he has been given the financial and creative opportunities to continue making more.

# There ain't no party like a film club party

**Ashley Hampson**  
ENTERTAINMENT REPORTER

A communal interest in film and an idea were the driving forces behind the launch of Reel Shot, Guelph-Humber's (GH) student-run film club.

"We needed something to fill the time in between classes," said Farah Jamil, the club's director of communications. "Sometimes you have six hour breaks with nothing to do."

Fourth-year GH Image Arts student Curtis Peters conceived the idea for a student-run film club last year. Originally a journalism student, Peters switched to Image Arts after finding the media outlets in journalism too mainstream.

After asking professors at GH about starting a film club, Peters came across two interested students and Reel Shots was born.

The club was launched in February and consisted of 12 student members and three executives, with Peters serving as president, Media Studies student Evan Lyon-Stewart as vice-president

and Jamil, also a PR student, as communications director.

The Humber Student's Federation offered Reel Shots funding, but the trio wanted to keep the project based at GH, so they approached Media Studies Program Coordinator George Bragues.

The group was offered a bit of funding and the opportunity to use school resources. The latter being exactly what Reel Shots was looking for.

"We wanted to offer students the chance to get hold of a camera," Jamil said. "To actually use the equipment themselves."

Jamil also pointed out that it would be absurd to start a club that wasn't able to offer its members resources.

Last year, Reel Shots saw GH Film Studies professor MaggieOman as advisor to lend experience in the field and resources.

Reel Shots filmed two projects last year: *The Last Lecture* and *Culture Shock*. *The Last Lecture*,

GH's first annual gathering of graduating students, was edited to DVD by Lyon-Stewart.

Peters said *Culture Shock*, a promotional video for GH's South Asian Students Association's second annual cultural show, will be a project opportunity for those interested in learning editing this semester.

All editing and video equipment used by the club is courtesy of the Image Arts department at GH. Members also have access to one of the editing studios located at the university.

Although Humber does offer a Film and Television Production Program, Peters foresees no problems with Reel Shots co-existing alongside it.

"We want people to feel welcome to come up with projects they want to film," Jamil said. He also says students should go through the writing process and share any ideas they may have at scheduled group meetings.

Everything, of course, is within reason.



Ashley Hampson

**Guelph-Humber's Reel Shots crew getting down to business.**

"We still need to respect governing bodies," Peters added.

Anyone from Humber or GH interested in any aspect of film is encouraged to join.

"Last year was strictly planning," Jamil said. "This year is more action-oriented."

"I would love to see people from

different programs sign on," Peters said, adding everyone, not just film and media studies students, are welcome.

Anyone interested in joining Reel Shots can do so by signing up at one of their meetings or by contacting the crew at [reelshot@guelphhumber.ca](mailto:reelshot@guelphhumber.ca).

## SPOTLIGHT ON HUMBER

# Avenue Road to record EP

**Trisha Esposito**  
ENTERTAINMENT REPORTER

Fueled by ambition, Avenue Road has proven they have what it takes to break into the music industry.

Drummer and Humber Accounting student, Mike Nazzaro, along with his cousin and guitarist, Chris Rosa, formed what would become the four

member band three years ago. Bassist, Davin Kiss and singer, Daniel Trivelli, joined shortly after.

Influenced by bands such as Funeral for a Friend, Alexisonfire and Incubus, Avenue Road uses their diverse sound of gripping vocals, slashing guitars and catchy melodies to separate themselves from other bands.

The band is currently writing new material to record their first

EP album in hopes of an early 2007 release.

"After we get the EP done, we're really looking forward to playing a lot more shows, and getting the EP out there," Nazzaro said.

With plans for a tour, these hard-working guys are ready to take on whatever comes their way and won't let anything stop their dreams of success.

Check out Avenue Road at: [www.avenueroadlive.com](http://www.avenueroadlive.com).

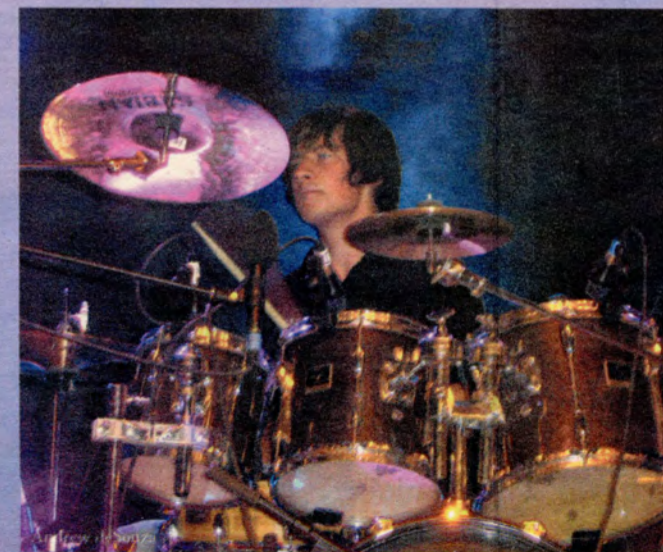
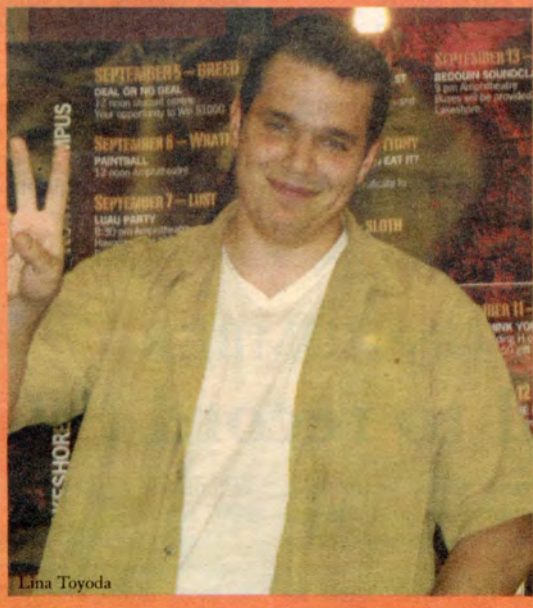


Lee Gargano

Avenue Road's Mike Nazzaro attacks the drums.

# A&E FROSH WEEK

First-year students took part in Frosh Week festivities from Sept. 5-13. From a Luau foam party to an eating contest of wills, it all ended with one amazing night of music with reggae dub-influenced Bedouin Soundclash.



Top: The final round of the "So You Think You Can Eat It" contest with Erik Kovessy, 20, in the Paramedic program, David Gangadeen, 22, and Alex Angel, 22, both in Computer Science at Guelph-Humber, and John Robbins, 21, in the firefighting program. Middle-left: Kovessy eating mango pulp and baby clams. Middle-right: Dana Lee, 23, in the Paramedic program working on a block of SPAM. Middle-centre: Gangadeen with a bowl of mutton. Bottom: Angel, winner of the contest, ate a special mix of jack mackerel, relish, and chocolate sauce in the fastest time.

Bedouin Soundclash show at the amphitheatre. Top-right: Frontman, Jay Malinowski's guitar. Middle: The Humber c takes in the music under the night sky. Bottom-left: Stage illuminate singer/guitar player, Malinowski. Bottom-middle: Drummer, Pat Pengelly. Bottom-right: Bass-player, Eon Sir



part in Frosh  
pt. 5-13.  
to an eating  
led with one  
with reggae  
Soundclash.



amphitheatre. Top-right:  
: Middle: The Humber crowd  
t sky. Bottom-left: Stagelights  
alinowski. Bottom-middle:  
right: Bass-player, Eon Sinclair.

Top: Students dancing at the Luau foam party. Middle-left: Caleb Flaro covered in foam. Middle-right: Matt Donnelly clad in a hawaiian girl get-up. Bottom: Chris Davis, Nikki Kennett, and Karl Ludwig hanging out.

Britney Spears and Kevin Federline welcomed second son, Sutton Pierce, last Tuesday, two days before brother Sean Preston's first birthday – People

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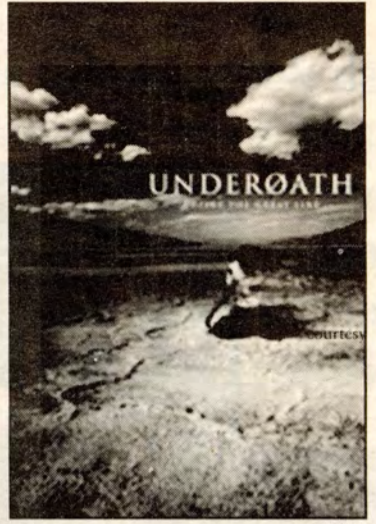
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## Underoath: Define the Great Line

Carlos Dorantes  
 ENTERTAINMENT REPORTER

After two years of extensive touring in support of their breakout release, *They're Only Cashing Safety*, Underoath are back with *Define The Great Line*, a heavier more sophisticated recording.

The Jesus loving (but don't call them a Christian band!), screamo six piece from Tampa, Florida set the tone for the record with the heavy opening track *In Regards To Myself* and don't come up for air for the duration of the record. The only noticeable break in the chaos is the electronic spoken word piece, *Salmarnir*. Putting their Christian hearts on their sleeves, the track includes the reading of the lines of Psalm 50:1-6 in Russian over atmospheric keyboards.

As always, the vocal duties are split between screamer Spencer Chamberlain and singer Adam Gillespie. The flawless transitions between melody and madness show the growth the band has gone through since their debut.

*Moving For the Sake of Motion* is the album's standout track, starting out innocently enough, with a safe pop riff comparable to any run of the mill emo band, but is taken over by Chamberlain's vicious growl and the driving riffs of guitarists Tim McTague and James Smith.

Producers Matt Goldman and Adam Dutkiewicz, guitarist for Killswitch Engage, have no doubt helped redefine the band's sound. Gone, for the most part, are the whiney vocals and pop-inspired riffs. In their place are throat-tearing screams and raging guitars, culminating in a stronger, more mature sophomore effort.

With the release of *Define the Great Line*, Underoath will likely gain new fans tired of the stale clones currently dominating the emo/screamo genre and give old fans a more sophisticated harder album.

# LIFE

"Three out of four women would prefer to have a new plasma TV as opposed to a diamond necklace" — American study titled "Girls Gone Wired."

## Trying to stay healthy on the Humber diet

**Cristina Cesario**  
LIFE REPORTER

With a little effort, it is possible to make healthy choices on campus this year.

Humber students have several healthy options when cravings occur. Health, weight and energy levels are dependant on what they choose to fill those cravings.

Chris Febbraro, 19, first-year Industrial Design student finds it difficult to eat healthy while living on residence. Although his first week meals were made up mostly of chicken burgers, Febbraro has attempted to add variety to his diet.

"A lot of the food here is greasy, and the fruits and vegetables aren't exactly fresh. I miss going into my parent's fridge and pulling out a good apple," he said.

Like Febbraro, students often have cravings that drive their eating habits.

Naturopathic doctor and nutritionist Dr Carly Wenbler believes that it is important to attend to hunger cravings by eating smaller portions more often during the school day.

"Skipping meals or not eating for a long period of time shuts down our metabolism and signals our bodies to start conserving calories, not burn them off."

Although it is important to eat

often, what we eat also plays a role in a balanced diet Dr Wenbler highlighted side effects that may arise from an unhealthy diet beginning at a young age.

"Excessive oily or fatty foods cause both immediate and longer term responses. Acne, weight gain, fatigue and memory impairment are immediate and therefore the most obvious. Over time you may develop type- two diabetes, high cholesterol, a stroke, or a heart attack."

However, Febbraro is exploring other options.

"Sometimes, I walk up the road to Fortino's and buy some fruit," he said.

"Time management and reading labels whenever possible are the keys to a healthy lifestyle" Dr Wenbler said. "Drink plenty of water, and remember to get some brightly coloured vegetables in your day."

Aside from the residence cafeteria and the Food Emporium, Humber has a number of places to grab the in- between class snacks, including vending machines, Harvey's, Java Jazz and the Ackee Tree. These may not be the healthiest selections, however, they need not be avoided completely.

"The more you restrict yourself the more it is harder to sustain healthy eating habits. Try to treat yourself to a not-so-healthy ele-

ment one or two times each week, and you'll find yourself to be a healthier student," Wenbler said.

Perhaps not all of the available options on campus have been introduced or explored. On the Humber menu, the "Balanced Choices" are indicated on items that are geared towards the more health conscious students and staff.

This school year, a new grill based food stand, "Coyote Jacks" was launched to present a healthier option to the students. The culinary table and smoothie bars are also available at both North and Lakeshore Campuses to ensure the students have alternatives to the ever-popular chicken burger.

Gord Power, manager of the residence cafeteria, tries to make healthy eating available as much as possible for the students.

"I like giving unique and nutritious options for my special clientele. They eat their breakfast, lunch and dinner, eight to nine months out of the year here. They are the ones that have to be happy with the food," he said.

"All the food service managers at Humber get direct student feedback and communicate it to the brands we carry."

Pamphlets are available from food services on balanced choices, healthy snacks and Supermarket Smarts are available to students, highlighting tips and choices for a healthy diet at Humber.



Cristina Cesario

Arminder Cheema, 22, reaches for a healthy choice at Java Jazz.

## Beat autumn boredom on campus this fall

**Laura Finney**  
LIFE REPORTER

Humber Campuses offer many fall activities, even though cold weather, homework and back-to-school jobs can trap students indoors.

First-year Fitness and Health Promotion student Alaina Burger said that with the onset of fall, her time is "pretty much working and going to school."

Fortunately, there are a number of activities right on Humber's doorstep that can help students enjoy the fall season.

The Arboretum, two hundred and fifty acres of wetlands, woodlands and gardens, is a great place for hikers and walkers.

"There are nice little woodlands; There are trees that are native to Ontario, such as Maple, Beach and Oak," said Carol Ray, special projects coordinator of the Humber Arboretum.

"There is the Humber River, nice meadows and a lot of wildlife."

She said that hikers may see a number of animals including coyotes, foxes, owls, beavers, muskrats, turtles and great blue herons.

The trails have been linked through a program called Discovery Walks, which is a series of self guided walks for students.

There are a number of informa-



Caroline Kowalik, 23, and Nadia Kataeva 19, fitness and health students in the weight room, left. Humber's Arboretum, right.

tion signs along the trails to guide hikers.

"There is a little information on the history of the area and information on what you might see."

Sports-lovers can try out for the Varsity Hawk teams. The men's and women's hockey teams as well as the men's basketball team holds tryouts in October.

Humber also offers a number of

intramural teams.

"It's good to get involved," said Campus Recreation Coordinator Jennifer Maclam. "It's something to do between classes if you are bored and don't feel like hanging out in the pub and you don't want to do your homework. Go down, take your frustrations out in the gym. Meet new people, keep active."



Laura Finney

Students who participate in these events earn "Rec Bucks," which can be used to purchase a number of things like pens, sweaters, and water bottles.

There are also a number of special nights, leagues, and tournaments, Malcom said.

Details for both the North and the Lakeshore Campus athletics can be found on the athletic web-

site <http://athletics.humber.ca>, or in the athletic office.

Student cards grant access to all the sport facilities. The facility hours of operation are from Monday to Friday 6:30 a.m to 10:00 p.m. North campus is open from 8:00 a.m until 5:00 p.m on weekends and Lakeshore facilities are open 10:00 a.m to 4:00 p.m on weekends.

A 13-year-old Ottawa boy was hospitalized with serious burns after a friend poured gasoline on the chair he was sitting in and lit it on fire – Ottawa Sun.

## Cashing in on health care

### Students can qualify for refunds by opting out

Shermaine Ellis  
LIFE REPORTER

Students can now apply for a refund on their yearly fees if they have existing healthcare coverage.

The \$80 refund is available until the end of September for students who are already covered under another health care plan.

Students who need added coverage can apply to receive physiotherapy, chiropractic care and eye care for an extra \$14 per semester.

Changes to extended coverage came about through discussions with unsatisfied students who questioned why such services were

not included in their health care plan.

"The coverage may cost a little bit more but the coverage outweighs the cost," said HSF President Cynthia Malagerio. For Malagerio the extension of services provided to students is important.

**"[Students] are unaware of what health care provides and how to access it."**

—Cynthia Malagerio

"Most students are no longer covered by their parents' plans," Malagerio said. "They are unaware of what health care provides and how to access it."

For those who are still covered under their parents' plan, there is the option of filling out an opt-out form.

If the form is returned by September 29 students will be eligible for a refund.

Mitch Mikoda, 20, a second-year

Industrial Design student, is well aware of Humber's health coverage, but discussed the differences between his father's plan and the coverage offered by Humber with HSF staff members.

For Mikoda, staying with his father's coverage is easier, but he still recognizes the perks of the Humber plan.

"If I were not under his, I would take advantage," he said.

Harpreet Mahay, 21, a second-year Early Childhood Education student, heard of the extended coverage at her orientation session.

Though she didn't apply for coverage this year, next year she said she may take advantage.

Malagerio and Alan Desimpel, vice president of Administration, are willing to answer any questions from students who are confused about the coverage.

More information about the health care plan can be accessed through Humber's Web site, visiting HSF or by calling the ACL and Associates Ltd. Insurance company.



Prescriptions can be covered



Zsa-Zsa Que, 20, and Bovee Bunpanya, 19, cram before class.

## Planning curbs stress

Wendy Coates  
LIFE REPORTER

Trying to squeeze all of your activities - work, study, and social life - into the few remaining white squares on your time table can be daunting.

Proper time management skills can be an important asset, as balancing extra-curricular activities and classes can be overwhelming.

"I like to get involved at school," said second-year Media Design student, Brian Rendon. "I tried out for some teams this year too, so I know I'll be really busy soon."

The initial excitement of college life can easily lead to over-scheduling. This, however, can lead to failed classes, a limited social life and stress.

One way to organize time is to reduce the number of demands, according to *Anti-Stress* by Craig Barrett, which has been put out by the Humber College Counselling department.

A list of goals should be made at the beginning of the semester to prioritize commitments, Barrett said.

Scheduling work during the school year is a common concern for students.

During the 2004/2005 year, nearly 40 per cent of full-time stu-

dents aged 15 to 24 had a job, Statistics Canada reports.

Maintaining grades and satisfying employers is a hard balancing act, said second-year Accounting student, Uwa Osazuwa.

"I worked four days full-time and three full days of school a week. There was no time for anything but homework, if I didn't fall asleep," she said.

Students who work should watch the number of hours they work a week in relation to the amount of class hours a week in addition to time for homework.

"Talk to your employer as far in advance as possible," said Humber counsellor, Catherine Cherverie. "Let them know what days you have tests or exams on so you know you will have that time available to you. Also get work done ahead of time. It is better to work at something little by little instead of leaving it all until the night before."

Careful planning is critical to time management, Osazuwa said.

"When you have too much to do, you don't put your best into what needs to be done. Either you do it in a hurry or you don't do it at all," she said. "I prefer to have some time to relax."

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# LIFE

A Chinese woman crashed her car while allowing her dog 'have a try' steering her car while she operated the accelerator and brake — [www.pulse24.com](http://www.pulse24.com)

## The morning fill-up at Humber

Gavin Young  
LIFE REPORTER

It's 8 a.m. at Humber College's North Campus. Early morning students stumble through the halls, sleepy-eyed and lethargic. Inside Java Jazz, a line assembles to buy a wide variety of breakfast foods. Coffee, bagels, muffins and juice are all on the menu.

Francine Deparnay, a second-year Environmental Technology student, walks out of Java Jazz with a handful of food.

"I have cereal everyday, with fruit in it and some juice. Without breakfast, I feel hungry, just hungry, that's all."

What would be the healthiest thing one could eat? According to chiropractor and nutritionist, Dr. Robert Goto, of Kaizen Health and Rehab in Toronto, "Probably some kind of fiber. Water would be good because you'll be dehydrated. Meat and nuts because they are a long term energy source, so they will keep your blood sugar elevated for four to six hours, where as with a lot of carbs, you'll raise it but it will drop in a couple of hours."

So how are Humber students eating in the mornings?

"[The students] usually order the

omelette with cheese and bacon or sausage on a muffin. We also offer foods like the western omelette and things like that, but people tend to go for the grab and go meals," said Angela Mather, the Assistant General Manager of Food Services. "The food we offer is fairly healthy. Nothing is cooked in fat... We don't add any fat to our foods."

**"Imagine the body is like a Ferrari. You wouldn't just put in any sort of fuel."**

-Dr Robert Goto

Breakfast is not only important for students, but for Humber staff as well.

Sam Elogio, a computer centre staff member, eats a Humber breakfast every morning.

"I have breakfast at Humber five days a week," said Elogio. "If I haven't eaten, I feel nauseous... I'd need to eat something soon enough."

Dr. Goto summarizes the importance of breakfast.

"Imagine the body is like a Ferrari. You wouldn't just put in any sort of fuel. It needs the premium gas for it to run smoothly," he said. "You need fuel, you need energy, you need nutritional components to help pump you and consolidate memory. Nutritional deficiencies are associated with memory loss, or inability to learn new tasks and motor skills."



Gavin Young

Court and Tribunal student Brittney Paul, browses Java Jazz for breakfast in the morning.

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### THREADS

personal style on campus

About her style...

"I suppose someone who was really into fashion could get an interesting description of my style, but I couldn't say specifically where it comes from."

"I got my jacket a while ago, I don't even know where but it had a big ugly Puma logo across it so I covered it in duct tape."



Carli McClellen, first-year Film and Television Production

Paul Dygon, first-year Mechanical Engineering



About his style...

"I inspire myself."

"I got my shirt in Hamburg, Germany, pants at Winners and shoes at Boathouse."

Charges are dropped against a man after his penis pump was mistaken for a bomb at a Chicago's O'Hare International Airport — [www.pulse.24.com](http://www.pulse.24.com).

# Learning here, there and everywhere inbetween

Jennifer Cialini  
LIFE REPORTER

The third annual Go Abroad Fair took place at the Metro Toronto Convention Centre this weekend.

The event, hosted by the Canadian Education Centre Network, introduced its visitors to international study, travel and work abroad opportunities.

The fair featured hourly seminars by a variety of speakers.

Jean-Marc Hachey, author of *The BIG Guide to Living and Working Overseas* gave advice and insight on international internships.

"Over 80 percent of people find internships through Canadian-based organizations. You rarely worry about work Visas. There are many fascinating programs available at the federal level," Hachey said.

The exhibit hall showcased a variety of companies regarding study abroad, student exchange programs, volunteer and internship abroad opportunities, as well as international jobs teaching English as a foreign language.

The Nova Group, a large private language school which offers jobs teaching English in Japan, as well as paid training, vacation and arranged housing was a popular booth at the event.

"There are so many reasons why someone should teach English in



Jennifer Cialini

Visitors to the Go Abroad Fair take time to explore post-secondary opportunities in Asia.

Japan, such as professional development, learning, experiencing the country itself, sightseeing, participating in the culture, as well as making friends from around the

world. You gain a new perspective, do a lot of traveling and can save a lot of money," said Canadian Recruitment Manager Colette Neville, said.

A number of universities (mostly from Australia and New Zealand) were exhibitors at the event. Many offer bachelor degrees in only one or two years, but for a tuition fee

of \$14,000 to 16,000.

Fashion, design and journalism internships in Florence, Paris, and London are considerably easy for post-secondary students to qualify for, but average a fee of \$9,000 for three months abroad.

"I was surprised at how much it costs to pursue education overseas. It would be nice if the government made it more affordable for students to experience other cultures while studying abroad," said York University student, Ronald Baker.

While some programs were expensive, other exhibitors offered opportunities in which tourists could work while they travel.

SWAP Working Holidays is a non-profit program that offers young Canadians an opportunity to live and work abroad.

"It allows you to experience a country as a local instead of a tourist. It's great for female travelers that are traveling alone. It's safe. We help you meet fellow members, where to look for jobs, how to use the transit, and open a bank account," said Melissa Hunter, National outbound coordinator for SWAP.

Be it studying art history in Florence, going to university in Beijing or volunteering in Guatemala, the fair gave the public much insight on the opportunities available to see the world.

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# LIFE

A drunken German cowboy was arrested after he rode his horse into several pubs looking for a nightcap for himself and an apple for his horse – Ananova News.

## Smoke-free laws cause CAPS to rethink policies

Amanda Robichaud  
LIFE REPORTER

CAPS has implemented a new smoke-free policy on the patio after a province-wide ban was put into effect last May.

The ban included no smoking within 30 feet of any workplace entrances and on enclosed patios. "There's no smoking on the patio because it's covered," said Kenny Dimech, the operations manager of CAPS.

He added that CAPS is not the only bar being targeted because every other business must follow the regulations as well.

"We are looking at other options to accommodate people who smoke [...] but that's where it stands," Dimech said, noting there are in-and-out privileges for the bar, but will be very strict.

People re-entering the bar will have to show ID again and be searched a second time, causing a bit of a headache for employees at CAPS. However, Dimech said, "It's all about safety. If people don't feel safe, they won't come back."

Along with safety concerns, restaurant and bar owners also fear a loss in business due to the patio ban.

Dimech does not believe the ban will hurt CAPS business. He said it hasn't proven to be a problem, but there has not been an official pub night yet this school year.

"It (the ban) doesn't bother me," said 25-year-old, Sukhbir Kang, an accounting student at Humber. He added that he'd still go to CAPS for a beer or two.

Allie Eagan, of the industrial design program, agreed, pointing out there's nowhere else to go.

CAPS has added new features this year such as extra sound and light for the dance floor.

Dimech said they rent more equipment on Thursday nights because "it adds more oomph."

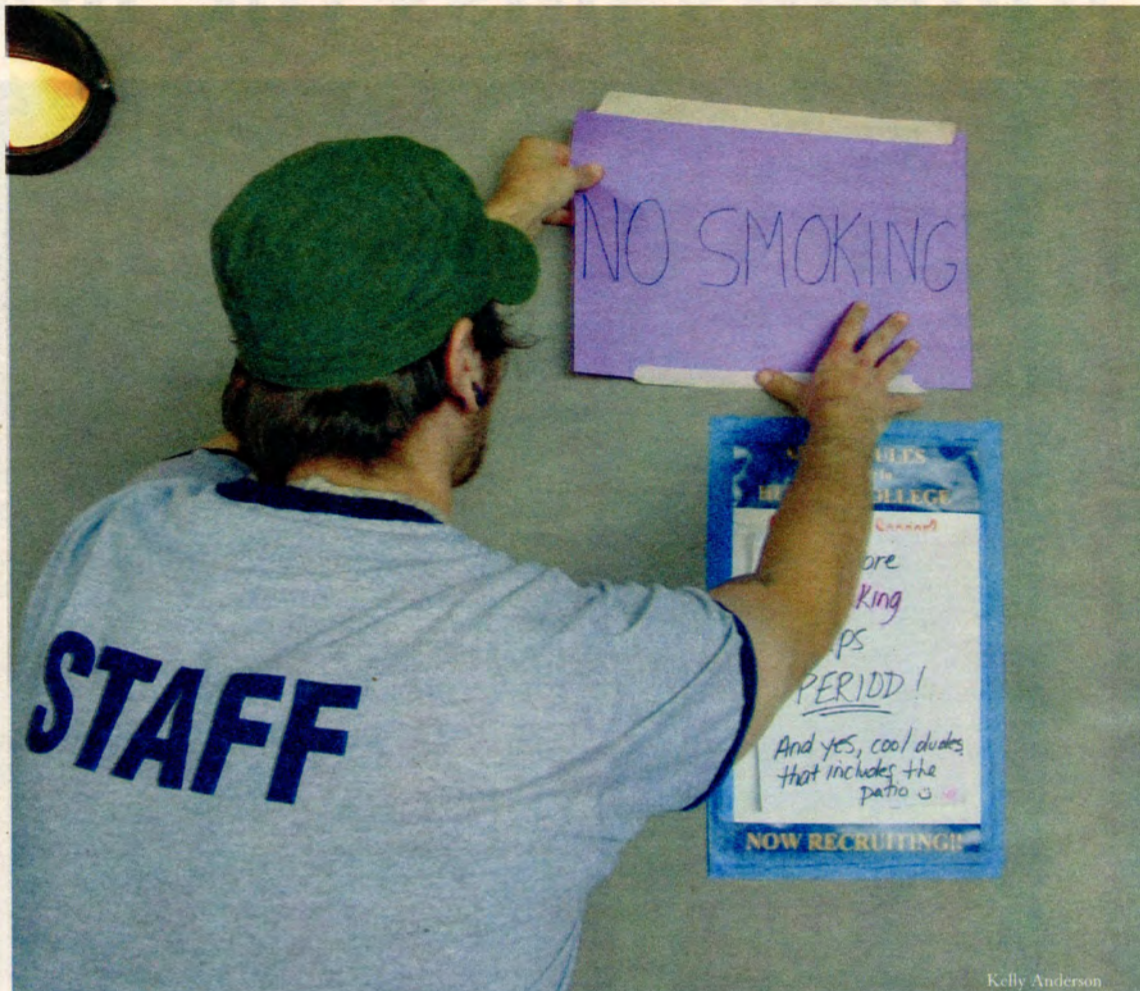
He explained that Thursday night is all about the dancing and he hopes to get a DJ from a Downtown club.

CAPS will continue the same pub night theme parties on Halloween, Valentine's and St. Patrick's Day.

Other events include a School Reunion pub night, happening on Nov. 30, and a Bacardi-gras party, sponsored by Bacardi, occurring on Feb. 15. The first official pub night of this semester is tonight.

**"If people don't feel safe, they won't come back"**

-Kenny Dimech



CAPS employee Jeff King posts signs to stop students from smoking on the enclosed patio.

**Cafeteria food sucks**

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An Austrian strongman has set a new world record after supporting a 1.8 tonne helicopter on his back for nearly a minute – Ananova News.

# Students miss the mark on fitness



**Kelly Chatsick**  
LIFE REPORTER

Students making back-to-school resolutions are taking advantage of Humber's free workout facilities.

"At the beginning of the year everyone comes," said Tenaj Patterson, Athletic Centre Employee and a member of the Varsity soccer team. "It's always busier at the beginning of the semester."

However, much like a New Year's resolution, commitment often fades and gym attendance drops as the year goes on.

"I'm one of the few people who use it all the time," said first-year Paramedic student Kelly Barr. "I use the gym about four times a week."

While the average gym membership costs between \$30 to \$60 a month, Humber's facilities are free to students.

The athletic facilities at Humber include a variety of equipment, including treadmills, bikes, free weights and elliptical machines.

Personal training packages and fitness classes are also available.

Students can participate in yoga, pilates, kick boxing and cardio activities without leaving the campus.

The athletic centre at Humber allows students to stay fit throughout the year while living on a budget.

Laura Finney

Alfie Chambres, 25, a first-year nursing student, is committed to staying active. He works up a sweat in the weight room.

## WHISK



BOLD RECIPES BY HUMBER'S CULINARY ARTS STUDENTS

### Fast Macaroni Casserole

**Chef:** Gretchen Thompson, 25

#### Ingredients:

- 1/2 cup Water
- 1/2 cup Milk
- 1/2 tablespoon Margarine
- 1/4 teaspoon Salt (optional)
- 1 cup Macaroni
- 1 can Tuna\*
- 1 cup Shredded Cheese
- 1/2 cup Parmesan Cheese
- 1/2 onion, Finely Chopped
- 2 teaspoons Italian Seasoning

\*can substitute ham or chicken

#### How To:

1. Combine water, milk, margarine, salt and macaroni
2. Bring to a boil over medium heat.
3. Let macaroni boil until all the



- liquid has been absorbed, stirring constantly at the end so the macaroni doesn't burn.
4. Remove the pot from heat and add the tuna, onion, celery, Italian seasoning and half of the cheeses.
5. Stir until well mixed and the cheese has melted.
6. In a greased, oven-proof dish, pour macaroni mixture.
7. Top with the remaining cheeses.
8. Bake in oven at 350 F for 20 minutes or until the cheese is golden.

Approx. Cost: \$6

Approx. Cooking Time: 30 minutes.

Serves 2

## A Humber for All

*Humber wants to remind you that*

- ❖ All members of our community are entitled to participate fully in College life free from any barriers that contribute to a poisoned environment
- ❖ We strive to promote a culture of inclusiveness among our increasingly diverse community
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**FOR THE ATTENTION OF ALL HUMBER STUDENTS**  
**Notice of Election**  
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to the  
**Board of Governors of Humber College Institute of  
Technology and Advanced Learning**

An Election will be held on **Wednesday, October 18 and Thursday, October 19, 2006** for the position of Student Governor on the Board of Governors of Humber College Institute of Technology and Advanced Learning. All Humber students are eligible for nomination. The term of office for this position is October 20, 2006 through August 31, 2007. The basic requirements of this position are to:

1. Attend scheduled Board meetings (once per month, September through June).
2. Attend other Board-related events and activities as required.
3. Provide continual, responsible representation. Governors may not delegate their representation to any other person, and substitute representatives are not permitted.
4. Respect the confidences of the Board unless the information has been made public at an open session of the Board.
5. Receive no compensation, other than out-of-pocket and travel expenses.
6. Maintain communications with his/her electorate.
7. Be prepared to act as spokesperson for his/her electorate on issues and concerns as they arise.

**As of Tuesday, September 19, 2006, at 10.00 a.m. Nomination packages can be signed out from the offices of:**

Val Hewson, President's Office, Room D 167, North Campus, or  
Ian Smith, Principal of Lakeshore Campus, Room A 114 Lakeshore Campus

**Nominations close on Thursday, October 5, 2006, at 4.00 p.m.**

Further information about the Board of Governors of Humber College Institute of Technology and Advanced Learning, and this Election, can be obtained through the President's Office, Room D 167, North Campus, or by contacting:

Val Hewson  
Executive Assistant to the Board of Governors  
phone ext: 4102 or email:val.hewson@humber.ca

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# WORK & PLAY

Apple and Dell laptops now banned on Virgin Atlantic flights over concerns of batteries overheating and catching fire – CBC.

## Spiral Frog offers free MP3s for download

Deal with two record labels allows users to expand library with songs by select artists

**Stephanie Kelsey**  
BUSINESS REPORTER

SpiralFrog.com is the latest in a number of Web sites offering downloadable music and videos. However, it will be legal, free and ad supported.

"The digital world gives an alternative to the physical world," explained Robin Kent, Spiral Frog CEO, adding the music industry has to offer new ways to buy music.

He said the music industry has been losing revenue the past few years, mainly because the younger generation isn't buying CDs like they used to. However, downloadable ring tones and pay-per-download Web sites like iTunes are making up for some of the lost revenue.

Kent said the idea of an ad supported Web site was originally rejected by the music industry in 2005, and "it has taken until now

Rejects and Angels and Airwaves. The ads are "what you would see on a normal website," Kent said. This includes banner ads and rollovers, but no pop ups.

The money made from the ads will go to the music labels, and it will be up to them as to how they pay their artists.



courtesy

**Anthony Carone rocking out.**

Anthony Carone, a music student at the Lakeshore Campus, and a member of the band The Knockouts, supports Spiral Frog because the artists are being paid. He's "not totally against downloading," but he also said downloading is not good for the music industry because the artists don't benefit.

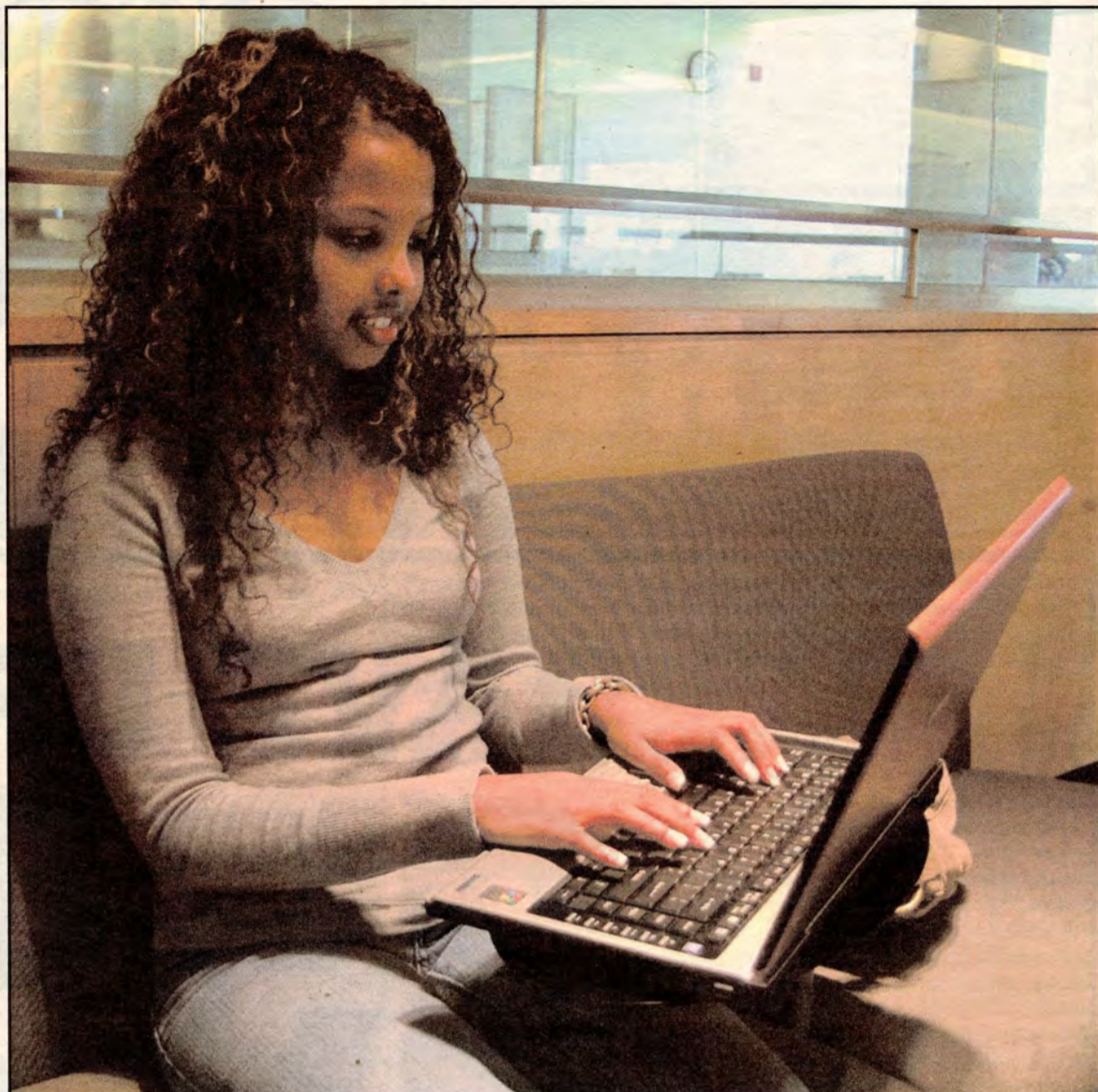
Spiral Frog also offers lyrics. Kent said research shows lyrics are important to consumers and Spiral Frog wants to offer a "total music experience."

Although the Spiral Frog Web site is up and running now, downloading will not be available until December.

**The music industry has been losing revenue the past few years. . . because the younger generation isn't buying CDs like they used to.**

to persuade them," though he says it was difficult to convince the music labels to allow their artist's music on Spiral Frog.

Currently, the only record labels offering music online are EMI Music and Universal Music Group. Among the artists on the two labels are Nickleback, Coldplay, The All-American



Andrew Walsh

**Ayaan Farah is busy doing homework and browsing the Web on her laptop between classes.**

## Laptops the choice of students

**Andrew Walsh**  
BUSINESS REPORTER

Dropping prices and extra features are making laptops a more appealing buy for students.

First-year Nursing student Ayaan Farah, who uses a Sunlight Cooper Toshiba satellite laptop, is interested in both functionality and aesthetics.

"I want it to be cute," she said, but she also wants it to be speedy enough "to get homework done and get access to the internet."

Charles Coleman, a Geek squad member at a Best Buy in Downsview, said students looking to buy a laptop should figure out what accessories they need, as well as the processor speed most suitable for their usage.

"A student laptop has to be

portable; have a long battery life and be light weight," Coleman said. "It has to be powerful enough to run applications like Word processing, spread sheets, and listening to music."

Coleman said one of the most important features to look for is built-in wireless internet access, a useful feature for students who are on the move and lacking access to a high-speed outlet.

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Microsoft's answer to the iPod, the Zune, can download music without a PC using integrated Wi-Fi – Game Informer.

## Futuristic teaching aid arrives

Jake Eddy  
BUSINESS REPORTER

A new electronic teaching tool, called a Tablet PC, is now available to Humber teachers.

The Motion LE1400 Tablet PC is a laptop based on touch-screen technology. It allows teachers to write comments, highlight important words or images and draw diagrams on-screen — directly over PowerPoint presentations — all with the use of an electronic pen.

"I feel like I'm starting out teaching all over (again), that's how dramatic of a change this has made," said Richard Mitchell, who teaches Tech Math. "I can't imagine working without it."

He said he has noticed a large improvement in student involvement during class.

"They're more relaxed, attentive, because it's more like watching a movie than watching the back of a teacher, with all the chalk and messiness."

Three of the computers are now available from the Media Lab on North Campus, and more may be added.

"I think it works far better for people," said Mark Naylor, chief information officer for Humber. But, "the faculty has to want to do it."

In recent years, many Humber teachers have requested Smart Boards in their classrooms. These large white screens mounted at the front of a classroom can display videos and also feature electronic pen capabilities.

"I think white boards are a dead-end technology," Naylor said. "In the long term, this (Tablet PC) is a better way."

*"I feel like I'm starting out teaching all over (again), that's how dramatic of a change this has made."*

Richard Mitchell

"I can't think of a school that wouldn't benefit — Health Sciences, Applied Tech — any class that uses a lot of visual aids," he said.



Jake Eddy

Students can see a demonstration of the new tablet PC at [www.microsoft.com/windowsxp/tabletpc/evaluation/tours](http://www.microsoft.com/windowsxp/tabletpc/evaluation/tours).

## Public barred from famed gaming expo

Mark Guilherme  
BUSINESS REPORTER

Since 1995, the Electronic Entertainment Expo has been called the World Series, the Super Bowl and even the Olympics of the video game industry.

Now, gamers may refer to the Electronic Entertainment Expo (or E3), as done.

This past summer, the Entertainment Software Association (ESA) announced that it will scale back the annual three day mega-event into a more intimate conference between software and hardware publishers and the gaming media, as well as retailers, developers and other key industry

members.

According to Douglas Lowenstein, President of the ESA, the event will remain in Los Angeles. While game demonstrations will still take place, the grandiose trade show environment that has become a trademark of E3 will instead be replaced by smaller meetings between industry audiences.

For most gaming journalists like Doug Perry, Editor in Chief of the *IGN.com* Xbox360 section, the news is a relief.

"For the last three or four years, people from all reaches of the industry had been complaining about E3. It's too big, it takes up too much time, it's too stressful.

You don't really need it," Perry said.

"We couldn't really get any good looks at anything, and a lot of the work was just preparation for it. It became five days where we would work 18 hours a day."

Jonathan Metts, Director of *PlanetGamecube.com* and a seven year veteran of E3, shares the same sentiments about E3.

"They're boosting the population at E3 so much, especially with the amount of people who are basically there to collect free stuff and walk around, that they have made it increasingly difficult for the professionals there to get any work done," Metts said. "Most of the major publishers have sectioned

off areas of their booths where they are quiet and sound proof so you can go in there and have private meetings and do game demos."

Although E3 is the biggest convention in the video game industry, it is not the only one. Other events such as the Penny Arcade Expo, Tokyo Game Show and Games Convention in Germany garner international attention, though not nearly as much as E3. According to Lowenstein, there is no longer a necessity for a gigantic gaming convention, such as E3, because of these multiple events.

Perry agrees with this notion but believes these smaller conventions are not enough to garner similar attention from the mainstream media.

"I think that publishers already have enough events where they draw enough attention by the general and the video game media to focus on their games," Perry said. "The question then is, is that enough attention to get them an online article or an article in *USA Today*? E3 always did that. E3 always drew all the headlines."

The debut E3 in 1995 was the most successful opening of a trade show in U.S. history, drawing to the Los Angeles Convention Center over 40,000 fans clamouring for a glimpse at the new Sony PlayStation, Sega Saturn and Nintendo Virtual Boy video game systems. When it comes time to debut a new console, E3 was often the platform that hardware makers are shouting to the masses from.

The ESA plans to release more details on the changing face of E3 within the next few months.



Courtesy

Future crowds will be nowhere as thick as those at the 2006 Electronic Entertainment Expo.



### MADDEN 2007

Ryan Glassman  
BUSINESS REPORTER

A grizzled veteran of the electronic sports gaming world, Madden is back for its 17th season of hard hits, spectacular runs and highlight-real catches.

While Madden NFL 2007 doesn't introduce many new features from the 2006 version, it does have enough to please both first timers and die-hard fans.

For the first time in a Madden game, a player has total control of the running back position. They can use lead block control to pick a player on the field, who will create holes for the running back. The running back is then able to use cutbacks and power moves to make a run for the end zone.

The NFL Network is also an interesting new feature. A voice-over of analyst, Sterling Sharpe takes players through their favourite team's playbook and explains the plays in detail. This is a helpful tool, as close games in the fourth quarter may be decided by which play is chosen.

One special feature of the game is the Hall of Fame mode. Players are able to create a player at any position and have him go through a schedule that includes picking an agent, taking intelligence tests and interviews and participating in drills and workouts for teams before the NFL draft. Once the process is over and the player has been drafted, he will begin practicing with his new team and playing in regular season games. The reputation of the player will grow, hopefully earning a spot in the Pro Football Hall of Fame.

In 2005, EA Sports, the makers of the Madden franchise signed an exclusive five-year licensing agreement with the NFL and the National Football League Players Association to use its players, stadiums and teams in its video game. This means for the second straight year, Madden will be the lone football video game franchise with professional players.

The gameplay remains strong and the player graphics and stadiums are incredibly detailed. The franchise mode is also a major strength of the game as the player can turn a favourite team into a Super Bowl champion through college scouting, free agency and draft selections.

## SPORTS

In Humber's four years of OCAA Rugby, the Hawks have not been able to capture a post-season win (0-4). - OCAA.com.



justin holmes

Seneca's head coach Robert McArthur looks on as Humber snaps their 46-game winning streak last Sunday.

## Seneca stung! Streak over

Rosanna Araujo  
SPORTS REPORTER

The Humber Hawks zapped the Seneca Stings' roaring crowd with a 19-7 win thus ending the Stings' 46-game winning streak.

"You knew it was a Seneca crowd," said *Sweat* magazine reporter, Justin Holmes. "They were very enthusiastic. There were few Humber people there. Towards the end, they (the crowd) became very vulgar and depressed...some of these players have never lost a game."

The Hawks dominated the Stings from the beginning, with powerhouse Jamie Shiefer scoring early in the game. Shiefer suffered an injury in the first half, but the Hawks managed to score a second try by Dave Essue and a third by vice-captain Troy Barron.

Coach Carey French, described Barron as "the smallest guy on the team with the biggest heart."

After the game French said he was content with his team's victory. "They won it on defense. They never crossed the line once. All their (Seneca Stings) points were

scored by penalty kicks."

French said the key to success was a great defense. "Our tackling was ferocious. We rocked them every time. I think our team really stepped it up a notch." He said improvements need to come from the back line. "Our backs never got a good run. Seneca was always standing in close. We need to improve the delivery of the ball through the back line."

Coach and Dean of Hospitality, Recreation and Tourism, Alister Mathieson, agreed with French. "We need to practice our

positioning of the backer and support the ball carrier. That will come with practice." For this week's practice, Mathieson said he plans on focusing on polishing their rucking and goal kicking.

French is confident in his budding team, "Does it mean we are the team to beat? It's too early to say. We are definitely a force to be reckoned with."

The Humber Hawks play again Sept. 21 against the Loyalist Lancers in Belleville.

### 2005 Rugby standings

(W-L-T)

Seneca (6-0-0)  
Fleming P (4-1-1)  
Conestoga (4-2-0)  
Humber (3-3-0)  
Mohawk (2-3-1)  
Georgian (1-5-0)  
Fleming L (0-6-0)  
Courtesy of the OCAA

### Hawk watch

Justin Dmitruk  
SPORTS REPORTER

The Humber Hawks men's soccer team fought to a 1-1 tie with the Niagara Knights on Sept. 13 in an exhibition game at Humber Valley Field. Hawks' forward Oscar Dasilva was accidentally kicked in the head in the first half of play. But, he was up within a few minutes and missed no game time. The first goal came from Niagara player Eric Kline in the first half. The Hawks followed up within the final two minutes thanks to Mike Oagbokie. The men play this Saturday against the Fanshawe Falcons in London and have their first regular season home game on Sept. 30 against the Lambton Lions.

## Extramural hockey squad developing players

### OCAA inclusion not issue with head coach

Matt Durnan  
SPORTS REPORTER

Jim Bialek will be behind the bench for the women's hockey team again.

Humber will host a tournament Nov. 24, which will kick off Bialek's fourth season as the team's head coach.

While the team doesn't hit the ice for tryouts until Oct. 17, Bialek has high expectations this year.

"We have eight players returning from last year who are all outstanding," he said. "On forward and defense we can skate with any team, our goaltending will dictate our success."

The team is an extramural club team, which will compete in five tournaments, that don't count

toward OCAA standings.

To Bialek it's not standings and points that matter.

"I feel that in Canada, hockey should be present in all schools. If there are students who want to play, there should be a team available for them," he said.

Bialek wants a valuable learning experience for all the players who come out.

"We're looking at developing hockey players. Everyone who tries out is welcome to practice with us weekly, and I will select the 16 who I feel best fit our team's needs for games," he said.

Last year the team competed in four tournaments, winning at both Lambton and Conestoga, finishing third at Seneca and placing fourth at their own tournament.

Bialek believes the team can better its results this year.

"We have a great base of talent and our players show incredible enthusiasm and commitment," he said.

Last year the team had one player forgo playing on the soccer team so she could play hockey and another who came back to Humber from Seneca to finish a diploma so she could play on the Hawks.

While the team is not affiliated with the OCAA, Bialek takes the program very seriously.

"We don't treat this as a fluff program. Our practices are not scrimmages, they are planned, skill-inducing practices," he said. "The women are viewed entirely as hockey players and coached as hockey players because they are hockey players."



courtesy

Jim Bialek, far left, with Humber's blue and gold Lady Hawks.

On this day in 1970 "Monday Night Football" premieres on ABC (Cleveland Browns beat the New York Jets 31-21). - datesinhistory.com.

## Varsity captain leads with experience

**Heather Cairns**  
SPORTS REPORTER

Captain of Humber's Varsity women's soccer team, Yolanda Kolodziej, 23, prepares with the team for the season ahead.

"We've molded on the field together," Kolodziej said. "I think we'll be able to compete this year."

Kolodziej feels the group still needs to be a team off the field.

"The one thing we are missing right now is heart," Kolodziej said. "We have the skill, but without heart, we can't pull it off."

They traveled to Peterborough, Ontario, to work on bonding skills and how to work together as a team. As captain, Kolodziej feels she needs to be a role model for the rest of the team.

"I want them all to have a good time this year," Kolodziej said. "We don't want to have any cliques. I just try to guide them and give them direction."

Kolodziej has worked to improve her time management skills. She said it's tough to balance time between playing sports and keeping up with studies. It doesn't leave much of a social life.

"I don't come to school to play soccer," Kolodziej explained. "I do my homework and my reward is playing soccer. You learn a lot about responsibility. You can do both. Who cares if you bring your homework on the bus? It's a good

thing, not a bad thing, to be a dork."

This is Kolodziej's second year in the Graphic Design program at Humber. She spent a year in the Illustration program at Sheridan College, where she also played soccer.

"The program at Humber looked good and I could still play soccer. Plus I didn't want to live in my parents' basement for the rest of my life," Kolodziej said.

Kolodziej started playing soccer when she was four years old and has been playing ever since. Besides moving to Kenya until she was five because of her father's work placement, Kolodziej has lived in Oakville, Ontario.

"It's made out to be a picture perfect place," Kolodziej said. "It's a nice town, you always feel safe."

Playing soccer in Oakville has always been a good memory for Kolodziej. The last four years she played, her team went undefeated and captured the Ontario Cup. Kolodziej said it's moments like those that make her love the game so much.

Her greatest motivation and love of the game came from her parents. Her father would always go with her to the soccer field and come out to all her games.

"He loves it," Kolodziej said. "My mom doesn't really know what's going on, but she's there. They're your typical soccer parents."



heather cairns

Oakville native Yolanda Kolodziej started playing soccer at the age of four.

## Cross-country start off running as team

**Rosanna Araujo**  
SPORTS REPORTER

The Humber Hawks cross-country team opened its season by capturing first place in both the men's and women's team divisions last weekend.

Before the race, the team went for a walk-through of the course. Veterans Michael Scipio, Roberto Aroca and Nicole Paulichenko warned their teammates about "Redeemer Hill" which greets runners about 4 km into the 5km race for women and the 8km race for men. The intimidating hill is quite steep and seems impossible to walk up.

Lisa Lee, a Fitness and Health Promotion student in her first year at Humber, placed third in the women's race. She described the hill as being "the worst thing she ever experienced in a race."

Cynthia Black, a second-year Health and Fitness Promotion student, feels a special connection to the hill. "It's crappy, but beautiful. A love-hate hill."

Michael Scipio, a second-year Business Management student who placed fourth in the men's race, said the hill was a bit easier for him this year. "I was better prepared. It's better when you know what you're racing."

Humber Athletic Director, Doug

Fox, stood at the top of the hill encouraging the runners. "I'd hold your hand, but they won't let me," he told Nicole Paulichenko as she fought her way to the top.

Despite the absence of last year's former gold medalist Collin

Murray Lawson, who is now at the University of Toronto, the Hawks won the competition and earned bragging rights for the bus ride home.

Assistant coach Monique Haan had some words of warning for the

Humber squad: "Don't get too comfortable, the other teams know what they're up against now. Let's continue working hard and together as a team."

The group doesn't run again until Sept. 30 in Peterborough.



rosanna araujo

Left to right (bottom): Danny Connelly, Roberto Aroca, Michael Scipio, Nicole Paulichenko. Middle row: Dan Robb, Bruno Morreira, Lisa Lee, Amanda Leitch, Cynthia Black and coach Monique Haan. Top row: Emmanuel Reech, Darryl Bank, Josh Wood, Wesley Correa.



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