

FOR REFERENCE
BE TAKEN FROM THIS ROOM

Established 1971

<http://etcetera.humberc.on.ca>

Humber Et Cetera

Sports
Women's soccer
on the run /22

Biz/Tech
The need for
mega memory/5

A&E
Headstones
rock solid/19



vol. 26 issue 7

October 23 - 29, 1997

**INSIDE
NEWS**

ARTS

LIFE

HEALTH

Humber suffering labor pains



Although on opposite sides of the negotiations dispute, neither Humber President Gordon nor Union President Maureen Wall were surprised by the outcome of the faculty vote.

by **TERRY BAAK**
News Reporter

Overwhelming rejection of last week's faculty contract offer has the Council of Regents and the faculty union heading back to the negotiating table for round two of their talks.

More than 67 per cent of the faculty voted last Thursday, with 95 per cent rejecting the manag-

ment's 'opening offer'. It came as no surprise to either management or the union that the offer was rejected.

Humber College President Robert Gordon, said when the Council of Regents tabled the offer, they knew they would encounter problems.

"The bargaining team would have liked to see the offer accept-

ed, but they weren't kidding themselves. They knew it wouldn't be accepted," Gordon said.

Maureen Wall, president of the faculty union at Humber, said she expected a high rejection, but was surprised by the number who voted in favor of the offer.

"The offer was totally unacceptable. That anyone would accept it is amazing," Wall said.

With the offer soundly rejected, both the college and union representatives will be returning to the bargaining table.

President Gordon said the colleges' bargaining team will have to look at their position and come back to the table with a different offer.

"The team will have to regroup, and rethink the offer," he said.

Ontario Public Service Employees Union (OPSEU) President, Leah Casselman said the union negotiation team will return with more substantial ammunition.

"Our negotiating team is going back to the bargaining table with a rock-solid mandate," Casselman said.

Both sides in the dispute will be looking for an amicable solution, after several months of going nowhere. The lack of movement is beginning to wear on both Wall and Gordon.

"There really hasn't been much negotiating," Gordon said.

Wall echoed Gordon's statement.

"We started with something 18 months ago. When are we going to move? When are we going to get off their starting offer?" she asked.

The contract expired in August, 1996, and they have been meeting almost every month for the last year.

No new negotiation meetings have been scheduled at this time.

SPECIAL

multiculturalism

#7 AUTO BLVD. dealers.
Have the Best Deals of the Year!
See our ad on page 11

Sun. Nov. 9
CHEMICAL BROTHERS
Live in Concert
at the Warehouse

Tickets at
Ticketmaster
Call 416-870-8000
For more info call
416-869-0045 or
416-208-3125

Point your browser to **computer shop**
416-675-6622 ext. 4098
www.campuscomputershop.com
On Campus

Get Connected with ACC and Humber College

How Can I Save Money and Still Stay in Touch?

How about this?

10¢/min

LONG DISTANCE

- 10¢/min for calls within Canada between 11:00 p.m. and 8:00 a.m.
- 15¢/min for calls within Canada between 6:00 p.m. and 11:00 p.m.
- 20¢/min for calls within Canada between 8:00 a.m. and 6:00 p.m. and on all your U.S. calls anytime.
- 40% off all your International calls anytime.
- No fees or minimums!
- No fine print!

19.⁹⁵/mth

INTERNET

- Unlimited Internet access (with ACC's long distance service)
- FREE software.
- No sign-up fees.
- No hidden charges.

6.⁹⁵/mth

PAGING SERVICE

- Motorola Pronto Pager.
- Unlimited messages.
- Voice mail and custom greeting also available!

Your participation helps support Humber College.



ACC makes it easy to Get Connected!
1-888-274-7920

Start your MBA at Humber College

by JANE TAGUICANA

Lakeshore Reporter

How does a certificate and degree sound to you?

Humber College has recently formed a partnership with Wilfred Laurier University that will give our grads advanced standing in some of Laurier's graduate business programs.

Students in Human Resources Management, Marketing Management, and International Marketing can take advantage of the program.

"Humber, for 15 years, has offered high quality programs for college students," said Richard Hook, vice-president of academics. "It is only in the last two years that it is recognized for the high quality of education it (provides)."

The transfer agreement will enable students to gain a 25 per cent advanced standing towards their Masters of Business Administration (MBA) at Laurier University, after getting their diploma.

Three years ago, Humber College President Robert Gordon approached universities for partnerships.

Hook recalls that when Laurier University looked at the business programs, they said, "Hey, this is at the Masters level. We'll give you credit for this."

The partnership aims to give

students the edge they need for employment.

Toby Fletcher, chair of the School of Business, said the college aims to provide as many options as possible.

Mike Lancelotte, new program co-ordinator of International Marketing and Marketing Management said, "It creates an identity of co-operation with university. Development has been going on for awhile. In many cases [there are] informal agreements for a degree or program where a student of Humber can apply for credit."

These programs found a new home this year at Humber's Lakeshore Campus.

Lancelotte stressed there is more space in the less crowded Lakeshore Campus. The move was also inspired by the University Centre.

The centre caters to those students who are in programs, such as these three, which have partnerships with universities.

The classes are held at the Robert A. Gordon Learning Centre.

International Marketing offers Asian Pacific, European, and Latin American profiles. Each profile focuses on how international marketing works in each particular region.

Students learn about culture, politics, history, and economics to gain knowledge of the area.

Each profile requires students to study Japanese or Mandarin for Asian Pacific, French and German for European, and Portuguese and Spanish for Latin American profiles.

Marketing Management, which offers a regular and Canadian securities profile, also offers the same university transfer agreement with Laurier University.

"Marketing Management focuses on the development of management skills in the marketing field," Lancelotte said.

It is a program designed for those who would like to pursue a career in investments and securities.

For students in Human Resources Management, the Humber program may be accredited by the Human Resources Professional Association as the academic component required to write the Comprehensive Provincial Examination (CPE). CPE is the academic requirement leading to the professional designation of Certified Human Resources Professional (CHRP).

HUMBER HOCKEY

Humber

VS.

Sir

Sandford

Fleming

College

Sun.

Oct. 25

7:30pm

Westwood

Arena

Hwy 27 & Carrier Dr.

2 blocks North of the

college

NO CHARGE



Vote 97

Toronto's mega mayor campaign

Markle makes mark as mayor candidate

Let's take Buffalo, Kingston, says 26-year-old candidate

by COREY KEEGAN

News Reporter

Forget the megacity. One may-



Mayor candidate Stephen Markle

oral hopeful wants to expand Toronto into the mondocity.

Candidate Stephen Markle proposes Toronto swell its borders to envelope Burlington, Kingston, Hull, Wawa, and Buffalo.

Markle said he has opened lines of communication with high ranking American officials who have "expressed interest" in his plan to annex Buffalo.

"With Buffalo on board, we are sure to become Canada's prime shopping district," Markle said, 26, in an interview at a fundraising event held at the swanky Fluid Lounge in downtown Toronto last Friday night.

Other issues on Markle's agenda are new taxes, and the creation of a \$1.2 million Squeegie Training Centre.

"I am going to bring a lot to the mondocity, but make no mistake about it, people are going to have to pay. Taxes are going up, but do not pay a cent until 2001," Markle

said, a lifelong Toronto resident.

The taxes will help finance the Squeegie Training Centre, which Markle insists Toronto needs to provide youth with the skills they require. He thinks anyone who has seen the movie, *The Karate Kid* will agree with him.

"Young kids today seem to have a knack for cleaning windows. But they have to learn the proper (brush-on, brush off) technique. You don't simply throw yourself into a career. Let's give them the instruments they need to get out there and start harassing people. Let's show them which colors work best for their hair. Let's show them how to intimidate old drivers," Markle said.

Markle, who works as a producer at a national television network, and believes himself to be in third place currently, is poised to make a move into the top spot. Unlike Mel Lastman (currently first in the polls), Markle claims to

be a man who keeps his promises.

"I don't flip-flop. I have never flip-flopped," was a statement Markle made, and then later withdrew.

But how will he beat Lastman? Height may be the determining factor.

"If Mel is ahead because he is the shortest candidate, then I'm prepared to remain seated for the remainder of this race," Markle said.

What motivated Markle to enter the race?

He said he draws a lot of inspiration from Bruce Springsteen's "Born to Run." He thinks that if he wasn't running there would be a lot of people who, not seeing any worthwhile candidates, simply wouldn't vote. And votes are what this truly serious candidate needs.

"I want as many votes as possible, there's no joke about that," he said.

Sharpe slices into battle for mayor

by JORDAN H. GREEN

City Hall Reporter

If you can't beat 'em, join 'em. That's why Jeffery Sharpe is running for megacity mayor.

The 32-year-old Scarborough resident wrote and called local politicians about corruption in the welfare system. But his concerns were never answered, prompting him to toss his hat into the political ring.

"I've seen people working 'under the table' while collecting welfare," said Sharpe. "There are signs around these factories requesting SIN (Social Insurance Number) cards, but they don't ask for them. Just fill in a name, any name."

Welfare recipients must report all income to the government to determine their eligibility for social assistance, yet Sharpe has seen some welfare recipients working in factories, working for less than minimum wage.

"I wrote to Mel Lastman and Barbara Hall and there was no

response," he said.

Sharpe, a professional cook, and resident of the soon-to-be megacity for seven years, has watched the provincial government's new Workfare system unfold.

"They make people pick things up in the park and paint fences," complained Sharpe. "That isn't what workfare should be doing, they should be helping people become more self-sufficient."

Sharpe believes welfare recipients should be encouraged to start their own businesses. However, under current provincial social assistance laws, as soon as welfare recipients become self-employed they are disqualified from financial assistance.

The province has proposed transferring social services to the municipalities. In exchange, the province will take education expenses from municipal property tax bills.

The Greater Toronto Mayors' Committee voted last August to oppose the 'dumping' of social services, by the province, onto municipalities.

Sharpe said he believes social services are better run by municipal governments than the province.

He also said he believes in giving residents a greater say in how their city operates.

"What I support are neighborhood committees, elected by the community," Sharpe said. "Taking a hands-off approach, councillors would sit on the board and bring the community's recommendations to council."

Similar to the national Reform Party's stance on accountability, these boards could have politicians fired.

"The committee could say to the mayor that their councillor



Mayor candidate Jeffery Sharpe.

isn't listening and maybe we don't want that councillor, and then there's an election," Sharpe said. "Your vote really matters."

Still, how can a newcomer compete against veteran candidates Mel Lastman and Barbara Hall?

"They have millions of dollars for campaign money, but I believe it's the message which carries the issues," he said.

Students to rock mega-vote

by JOHN CHICK

News Reporter

Concerned about their place in the new megacity, a coalition of youth groups has been formed to address the needs of young people and minorities.

In a Monday press release, "Rock the Vote 97" was announced as a coalition of such groups as the Young Citizens for Local Democracy, the Metro Youth Council, and the Harriet Tubman Organization.

"I think it's (a myth) that young people don't care about democracy," said Diep Le of the Metro Youth Council. "They care about the issues."

Le said one of the coalition's objectives is to improve voter turnout among young people, traditionally seen as disillusioned with politics.

The two leading mayoral candidates in the election, Mel Lastman and Barbara Hall, have done little to entice younger voters, which is why Le is planning a large "Rock the Vote" presence at the next debate between the two on November 7 at Metro Hall.

"We're hoping they address us and our issues," she said.

In one major area of youth concern, the restructuring of Metro school boards, Le reserved personal opinion, but said the coalition will be "prepared to work with whatever system is implemented."

Given the restructuring plan, the MYC supports such things as elevating the role of student trustees to full voting status, and representation on all local education improvement committees. In addition, the coalition is requesting youth representation (at least two seats) on all task forces and committees dealing with housing, employment, social services, and grant approvals.

It is unclear how the new administration will deal with these demands, but Le remains optimistic. "We have thousands of students and young people coming up to us," she said.

"Rock the Vote" plans a number of pre-election activities including travelling workshops and information sessions, culminating in an urban music jam November 8 at Nathan Phillips Square, two days before the megacity vote.

ANOTHER REWARD OF HIGHER EDUCATION.

FOR DETAILS CALL 1-800-GM-DRIVE or www.gmcanada.com

\$750
GM
GRAD
PROGRAM



College under construction

by **ANDREW MCKAY**
News Reporter

Humber College is getting a much-needed facelift with help from the federal and provincial governments.

A \$1.3 million grant has been approved by the Canada/Ontario Infrastructure Works program. It will see the "rehabilitation and renewal" of several buildings and fixtures on both the North and Lakeshore campuses.

President Robert Gordon said the financial support is vital.

"We've always got a list as long as your arm of things that need to be fixed and upgraded," Gordon said. "We're constantly patching things together."

The grant will be divided among four major projects. A roof replacement on D-wing at North campus, and Building L at Lakeshore will cost \$600,000; the completion of an upgrade to the water main at North will cost \$250,000; more than \$200,000 will be spent on an upgrade of the college's computer network, and paint finishes and tunnel upgrades at Lakeshore.

Although the school applied for the funding in June, approval wasn't granted until mid-September, stalling the projects

until spring.

"Tearing the roof off the Open Learning Centre in November is not a good idea," said Bruce Bridgeford, director of Physical Resources.



Humber to get a spring face-lift.

"It's too late now to start any of the work because of winter conditions."

Bridgeford expects most of the projects will be near completion by the time students return to school next September.

"All the big projects are outside work. We expect to have all the tenders done by May, and get the work done over the summer," he said.

Humber will contribute

\$434,183 to the cost of the renovations, with the federal and provincial governments splitting the rest.

Gordon said Humber is fortunate to have the financial resources to benefit from the program.

"Basically, we get \$2 for every \$1 we put up. It's very good money if you can get a hold of it."

One of the key restrictions on the grant is the timetable. All the money must be spent by March 31, 1999.

Originally, the deadline was March, 1998, but the delay in processing the application meant work couldn't be started on time.

Gordon doesn't foresee any problems spending the money.

"There are a lot of things that need to be fixed on the two campuses. We have a long list of top priorities. You could give me \$15 million, we wouldn't have any trouble spending it," he said.

Clarification:

In the October 16 issue of Humber Et Cetera, the "Thieves hit Humber parking lots" story said there is always a security guard at the registration area of the school. There isn't. However, there is always someone at the main entrance, by the library.

Humber student wins a long distance prize

by **VICTORIA JACKSON**
News Reporter

Next time you want to make a long distance call to Liane Dompsele, have her call you!

Dompsele, a first-year music student, was the first winner of ACC's new monthly prizes.

The Humber student won \$1,500 in ACC merchandise, including a pager for a year, free Internet access for a year and about \$1,000 worth of long distance calling.

Dompsele didn't even know she had been entered in the contest.

"I thought it was one of my friend's calling, making a joke," Dompsele said. "It's strange to win something you didn't even know you were eligible for."

Heather Armstrong, distribution development manager for ACC, said ACC enters all of its student subscribers from across Canada into a monthly draw.

"There were around 55,000 people entered from 72 schools across Canada. The first winner was a Humber student," Armstrong said.

The free long distance can be



Liane Dompsele (left) with ACC representatives.

switched over to wherever Dompsele is living, according to Armstrong. Dompsele says she will use some of the free long distance to call her best friend in Calgary. And even though she doesn't have a computer yet, the free Internet can be used on any computer.

"They told me I can pop this (disk) into someone else's computer and it's no charge to them," Dompsele said. "I can't pretend that I'm not really happy about this."

SAC Notice of Co-options

Student Association Council North

Representatives Required

School of Horticulture, Fashion & Design	1 additional required
School of Architecture & Construction	2 additional required
School of Health Sciences	2 additional required
School of Media Studies	1 additional required
School of Info. Tech., Accounting & Elect.	1 additional required
School of Hospitality, Recreation & Tourism	1 additional required

Student Association Council Lakeshore

Representatives Required

School of Liberal Arts & Sciences	1 additional required
School of Performing Arts	3 additional required
School of Social & Community Services	3 additional required

Packages available in the SAC Office.

Closures for packages:

Thursday, Nov. 6, 1997

Thursday, Nov. 20, 1997

Et Cetera Biz/Tech



5

Memory, memory, my kingdom for memory

DVD technology may come close to the memory capacity we require

by PATRICK BIRIKORANG
Business Reporter

No matter how much computer storage one has, one always wants more. Now there's a product that will provide what might be enough. It's called DVD: Digital Video Disc or Digital Versatile Disc.

Though DVDs have taken off, a dispute has emerged over the definitive format for rewritable DVDs, which may eventually comprise 30 per cent of the total DVD market.

The majority of the members of an international industrial consortium are currently backing one format while a trio of tech giants — Sony Corporation, Phillips Electronics NV and Hewlett-Packard — are throwing their weight behind a competing format.

Computer experts say no matter how the drama surrounding rewritable DVDs plays out, DVD-ROM is here to stay.

DVDs represent the next generation in optical disc technology. This large capacity medium offers high density digital data a variety of sources including visual imaging, music and computer data.

DVD is the same physical size as a CD-ROM. However, DVD has more to give. You can store 4.7 gigabytes on one side of the DVD's now available. This is in contrast to 650 megabytes on a CD-ROM. Double-sided discs can hold 9.4 gigabytes when using single layers and 17 gigabytes when both sides are double layered. This is the equivalent of 26 CD-ROMS.

Elaine Nicols, senior co-ordinator in Advertising and Corporate Communications at Sony Corporation of Canada, said just as



Whether it's storage or an audio-video system, DVD technology will take you to new levels.

CD technology took over the old fashioned vinyl albums, DVDs are taking over videos.

"People preferred CD sound quality over tape. The quality of DVD is that much better. It's far superior to video and it will eventually become standard," she said.

DVD produces better picture and sound quality than laserdisc and VHS. Another interesting thing is that DVDs have the capability of offering movies in multiple format on a single disc. This means you will be able to watch full-length motion pictures on your DVD.

"It's such a hot new technology and there's a keen interest in it," Nicols said.

Sony has one DVD player on the market now and Panasonic has two: DVD-A100 and DVD-A300, and there are other manufacturers like Toshiba, Hitachi and Phillips. The positive reaction to DVD has seen companies and corporations promote these products everywhere.

Barry Murray, marketing manager of DVDs at Panasonic Canada, said predictions for the future of DVDs are good.

"We are at an early stage now but over

time it will continue to grow and it will be a major media for the information technology industry," he said.

Murray said the cost of one Panasonic DVD player is a little under \$1000, because it's a new technology.

"Cost always used to come down over time. But based on the performance it offers, it's even now very competitive," Murray said. Panasonic's target market for the first couple of years was for the "technology buff".

However, as time goes on and the market matures to a mass market, the target becomes anybody who buys compact discs, VCRs and Videos.

When asked about an effective set-up for DVDs, Murray had this to say:

"To really experience the full benefit of DVD, it's probably best to have a computer audio system and a large screen television."

If the dispute over rewritable DVDs is not resolved, it will be reminiscent of the Beta-VHS video-cassette wars of 20 years ago. It will also mean consumers may have to live with three competing standards for digital recordings.

Are CD cleaners worth the money?

by DAVID ACETO
Tech. Reporter

Are you experiencing CD troubles and don't know what to do about it? There are products on the market which will get rid of your CD worries.

It could be as simple as cleaning finger prints from the CD, dusting the laser lens, or it could become a costly repair job.

There are many products you can find to help with these simple problems.

Those that have used the CD cleaners have said that, generally, they have worked for them.

The prices range from \$15 to \$40. The more expensive, the better the quality. Manufacturers like Recoton, Halloo, and Allsop are just two of the manufacturers. All have varying prices.

"No customer has ever returned any of the products, and you can find some that are pricier than others," Sunrise Record's Steve Mcpherson said.

The CD Radial Cleaner and the Laser-matic Laser Lens

Cleaner are two products manufactured by Recoton to help with CD problems.

"I would absolutely recommend the use of both products," said Pete Mozes of Recoton Manufacturing.

After a lot of use, your CD's and CD player may begin to experience two of the most common problems. The sound quality of your CD might start to fade and it might begin to skip.

The CD Radial Cleaner is a case in which the disc is placed onto a platform that rotates. When the case is closed, an ultra soft pad comes into contact with the CD and when it is turned, it cleans the CD using a special cleaning spray.

"I would first clean the CD. If that doesn't work, I would then try the Laser Lens Cleaner," Mozes said.

Mozes said, to see how well the radial cleaner works, press your thumbs onto the play side of your disc. Your thumbprint will appear and then after using the radial cleaner your

thumbprint will be gone.

The CD Laser Lens cleaner is a disc used with or without a special liquid cleaner. It spins, and at certain points, it meets the brushes which sweep dust, dirt or debris off the lens.

Since you can't see the laser lens in most CD players, it's hard to know if the lens has been cleaned or not. There is no evidence of the cleaning disc.

"You will rarely see what is cleaned from the CD's laser lens. Any debris or contaminant on the lens will, in most cases, be swept off the lens onto the bottom of the CD player and will not stick to the brush," Mozes said.

It is possible though, after several applications, to see some kind of build up on the laser lens cleaner's brush.

If your CD player's lens can't focus on the encoded information on the CD because of dirt or dust, then the disc will skip, not play at all or it will affect the sound quality.

"Basically, the biggest difference will be heard, not seen. If

your CD has been skipping and you use these products and it doesn't skip anymore, you'll be convinced that these products are essential," Mozes said.

If you have tried all these types of products and nothing works, it's time to visit a repair shop. Repairs cost a little more than cleaning products.

"It depends on what's wrong with the CD player. It doesn't really make that much of a difference if it is the beam of a portable or of a mini-stereo system. The brand name is what makes the difference in the price, but in most cases the prices range from \$50 to \$150," said Renaldo Noguera, of SOS Electronics Repair.

It is up to the consumer to decide on these products. If you are having problems with your CD player, try some of cleaning products. The price will vary but, if they do the job, they're worth the money. If they don't work then visit an electronic repair shop and pay a little extra.

WHAT'S ON
<http://www.enn2.com/tv.htm>

Everything that's on TV or was on TV is on this site. Check out the up-to-date TV schedule and what the networks have to offer. But best of all, visit your Emmy favorites: *Late Night with Jay Leno*, *X-files*, *Star Trek*, *Lost In Space*, *Baywatch*, *The Simpsons*, *Mary Tyler Moore*, *The Twilight Zone*, and many more.



ULTIMATE BAND LIST
<http://ubl.com/>

This site is just that. You can find just about any artist you want by searching by genre. Visit the UBL's band-of-the-week interview. Read the latest news, win CD's; there are cool pics and information about all of your favorite bands.

NHL
<http://nhl.com/>

Hockey's back! Check out the NHL's official website and get information on everything you want and ever wanted to know about the league. The latest scores, stories, contests, hockey chat, video clips from around the league, history, facts and a whole lot more.

LET'S GO RAFTING
<http://www.raftwva.com/>

Win a water rafting trip to West Virginia simply by filling out a form. This is just one of the many giveaways that can be found on Yahoo. It's a trip for two that includes a guide, lunch, and dinner. It's free so why not give it, and other contests, a try?

EVERYTHING SCI-FI
<http://members.aol.com/tktrekker/index.html>

This site is just that — everything sci-fi. But that's not all. There's horror, fantasy and sci-fi literary reviews, games, comic books and interviews with some of sci-fi's best authors. You'll find the typical *Star Wars* and *Star Trek* stuff, but there's a whole lot more. Check out the genre Hollywood has become so fascinated with over the last few years.

BARNEY
<http://www.best.com/~yanman/outer/barney/bbuster.html>

Barney like you've never seen him before. Find out the secrets behind Barney. Just how wholesome is the annoying stuffed dino. Visit the site and find true and unusual facts about him and his show. You can even blow him away with a canon, shotgun, or run him over with a motorcycle.



Wicked Websites is compiled by David Aceto

Et Cetera Editorial

Painting everybody with the same brush

If multiculturalism isn't a success, we have no one to blame but ourselves.

Too many of us outwardly embrace the concept of a society where we accept and celebrate the differences in our cultures, but then find ourselves muttering "Damn so-and-so's" the second anyone who is different commits a crime.

It is tempting for many to hear reports of a member of a particular culture being brought in by police, and instantly decide the guilt not only of the individual, but the entire culture.

Often, there's no need for a trial in these narrow minds. If someone wasn't born in Canada, it becomes easy for many of us to happily presume them guilty. And if an individual is found guilty, it is therefore easy to presume all immigrants from a given country guilty by association.

In this way, the lowest common denominator comes to be the most influential factor in deciding opinion on a given people.

Who's to blame for this? The blame isn't as simple to lay as many want to believe. Certainly, immigrants who commit crime must shoulder the entire blame for the crime, but not necessarily for the social repercussions of this crime.

Seldom does an individual rob a bank while shouting, "I do this deed on behalf of, and with the sanction of, all the residents, past and present, of my homeland."

Our government must take responsibility. If immigration officials could keep out those who shouldn't be allowed in, and prevent those who are deported from coming back, much of the problem would be resolved.

Ultimately, most of the blame rests on the shoulders of those who find it necessary to blame many for the actions of a few.

Besides being irrational, this attitude is incredibly immature, and increasingly dangerous, for society and for the individual.

No culture is immune. If Paul Bernardo or Clifford Olson had moved to another country before committing their crimes, would we want that country to judge all of Canada based on those two aberrant individuals?

Certainly not, and we should extend the same courtesy to good, hard working people who have chosen to make Canada their home.

That is, after all, the Canadian way.

Virtual couch potatoes

Canada really only has two seasons -- winter and summer -- and in the cold, night wind we can hear Old Man Winter creeping up on us.

Understandably, Canadians hibernate in their homes to get through the morbid, deep freeze. But now the Internet, computer games and the recently added television stations pose a new threat to us c-c-cold Canucks.

We are in danger of losing touch, of becoming a nation of viewers vicariously living in a vast virtual reality. Veritable vassals to a video Valhalla.

People interface with their computers instead of getting together. Internet subscribers, many of whom spend staggering stretches of time surfing, "visit" websites, "meet" and "talk" on chat lines while in their pajamas.

Computer games enable participants to play golf, hockey or baseball without ever getting off their gelatinous backsides.

The new television stations will only add to the countless hours Canadians spend suspended in front of the tube.

Remember, the permuting pixels on your screen only paint a picture of reality. Today's sophisticated digital technology is, at best, a valuable work tool and an engaging diversion.

At worst, it is an artificial world that hypnotizes people as the real world passes them by.



LETTERS TO THE EDITORS

Teachers losing respect

THE EDITORS,

Right on the money Andrew McKay!

Your article (Oct. 9) on the current situation between the Tory government and the Ontario teachers was a refreshing view (although a sad reality) of the often one-sided debate we receive from the press.

I too have been following the development of this situation from the sidelines and would like to add one more argument in favor of the government.

John Snobelen, although confrontational in his negotiation styles, has all along said that he and his government are willing to discuss and amend the bill with the unions.

The unions, on the other hand, fear only one thing, "loss of power" pure and simple. So the unions tell the teachers that their jobs and pay are on the line.

This notion riles up the teachers, who now want to save their own butts, but unions know they will get little public support on that basis. So they "inform" the public the students will suffer if this bill becomes law.

Obviously students will suffer if the teachers walk off the job illegally, but I also believe the teachers will suffer a huge loss of respect from the general public.

With their ranting and raving being displayed publicly, they have already lost my respect.

OWEN WAITE,
SAFETY ENGINEERING

Humber needs a hang-out

THE EDITORS,

May I comment about the statement on the editorial page of the Oct. 16 - 22, 1997 Et Cetera?

In particular, where it says, "While we're on the subject of life, don't we all have something better to do with ours than mill around on the ramps. The concourse is one of the worst places to get through in the school, whether you're handicapped or not, due to people sitting around listening to music or just talking."

The editorial suggests meeting in "The Pipe" or "going home." "The Pipe" is not conducive to hanging out. The seats are fixed and limited in the numbers of people that can sit together.

Also, some people are finishing assignments or studying at nearby tables.

If the problem is people on the ramps, can we not find a way to make the main floor area as congenial as the attraction of the ledges of the ramps?

A wise architect once designed a university with no paths ... where the students walked from building to building was later made into sidewalks.

Schools are people places, let's support socializing as a part of academia.

SANDY LEADBEATER
HEALTH SCIENCES

EDITORIAL BOARD

EDITOR-IN-CHIEF

Sean Hamilton

MANAGING EDITOR

Victoria Jackson

ASSIGNMENT EDITOR

Greg MacDonald

PRODUCTION EDITOR

Lisa Kemerer

NEWS EDITORS

Liam Lahey

Paul Richardson

Cheryl Waugh

ENTERTAINMENT EDITORS

Scott Middleton

Corey Schacter

SPORTS EDITORS

Vince Versace

Marcel Watier

FEATURES EDITORS

Tania Fera

Maureen McReavy

BIZ/TECH EDITOR

Antonio Tedesco

HEALTH EDITOR

Joanna Wilson

LIFESTYLES EDITORS

Amar Jouhal

Sherri Platt

PHOTOGRAPHY EDITOR

Paul Van Hooydonk

COPY EDITOR

Bobbie Robinson

ONLINE EDITOR

Robert Dutt

ONLINE MANAGING EDITOR

Jennifer Oxley

EDITORIAL ADVISOR

Terri Arnott

TECHNICAL ADVISOR

Matthew Blackett

ADVERTISING

Mike Brown

PUBLISHER

Nancy Burt

The Humber Et Cetera

The Humber Et Cetera is a publication of the Humber College School of Media Studies; Office: L231, 205 Humber College Blvd., Etobicoke, Ont., M9W 5L9. Phone: (416) 675-3111 ext. 4514; Fax: (416) 675-9730. Please direct advertising inquiries to Mike Brown; Phone: (416) 675-5007

HUMBER ET CETERA ONLINE

etcetera.humberc.on.ca

Terror in the night

by LAURA SCRIVER

Allow me to tell you about my weekend and share my feelings.

Saturday morning at about 3 a.m. I was witness to a double attempted murder.

I live at the corner of Dufferin and Bloor, right above the subway entrance and Pizza Pizza. I was sitting in my living room with some friends when we heard a commotion in the street.

From the balcony we saw a man, about 20 years old, running in and out of traffic with a knife. On the opposite side of the road from us a young man was on the pavement, clutching his chest. He was lying in a pool of blood so big that it was oozing down the cracks in the sidewalk. On our side there was another man on the ground covered in blood. People were crowded around him, trying to stop the bleeding. I felt so bad for the first guy, lying all by himself, dying, and nobody even seemed to notice him.

Someone in my apartment called 911. We had just finished describing the suspect to the police when he took off. Hearing the police approaching we told them where the suspect was headed, but he got away. This still bothers me because from my balcony I could see the suspect running, but the police lost him.

The police blocked off the road and put up police tape, and the ambulance arrived. I thought for sure the one guy was dead. The paramedics worked on him forever. Finally they just dragged him by the arms onto a gurney and put him in the ambulance. "He's dead," my friend said. "They don't just haul a person across the pavement like that if they're alive."

And that's the story.

After thinking about it for two days, I've decided I'm disgusted with society.

People were walking through police lines so that they could get a close up of the pool of blood. People who hadn't even witnessed the attack rushed to reporters when they arrived.

The company we had over that night called everyone they knew the next day to tell them about it. Not about the tragedy itself; but how exciting it all was. Another friend called me Sunday who had heard about it and asked me if I'd seen any good stabbings lately. Could he be any more ignorant?

It was a horrible feeling the next morning when I looked out the window and saw them hosing the blood off the sidewalk, then watching people walk across it. They had no idea what had happened there the night before. The blood was still on the other side of the road, but by night it too was almost gone, worn off onto people's shoes over the course of the day.

I tried to find out details the next day, but heard little. All the *Toronto Star* had was a four-sentence brief in the corner of page six.

A neighbor later told me that one of the men was reportedly dead at the scene, but on the way to the hospital the paramedics got a vital sign and revived him. Both men are now in critical condition in the hospital.

Anyone I told didn't seem to blink. Is it really that common that no one thinks twice about it anymore?

Two people are nearly killed and it barely makes the news? It's true. I read about it everyday and never give it a second thought.

But let me tell you, it sure is different when you are the one who lived it.

What will it take for us to realize that nobody cares that the world is going to hell?

wire

campus

SHERIDAN COLLEGE

Trafalgar Campus has cancelled Comedy Night. The campus pub, The Cage, held Comedy Night every Tuesday for a few weeks, but couldn't pull in more than 30 people. The night generally featured comedians from Yuk Yuk's, but will now become just another pub night.

WILFRED LAURIER UNIVERSITY

The Student's Union at WLU has created their own beer. It will initially be sold at the campus pub, Wilf's, but there is a chance that liquor stores in the Waterloo area may start to carry it. The name of the beer - Hawkeye Gold, was derived from the school's mascot the Golden Hawk. The beer is brewed in Oakville at Trafalgar Brewery.

ALGONQUIN COLLEGE

Students at Algonquin were in the dark for 20 minutes on Oct. 10. A power outage shorted out traffic lights, indoor lighting and computers (AHHH). Right in the middle of midterms. There was a loud banging noise and the lights went out from 3 p.m. to almost 3:30 p.m. Students in the computer labs could be seen shaking their heads in frustration.

Hands off Women's College

by MAUREEN MCREAVY

The Ontario government's Health Services Restructuring Committee decided to close one-third of Toronto's 39 hospitals.

Among those slated to close its doors and merge with Sunnybrook is Women's College Hospital (WCH).

Other hospitals that offer services to specific healthcare groups were allowed to stay open, among them the Hospital for Sick Children

(kids) and Sunnybrook (veterans).

Is women's health care not a priority? Aren't women's needs important?

WCH's mandate is to give priority to teaching, research and care dedicated to women.

The hospital is not only a local treasure but unique to the Western Hemisphere. It was named by the World Health Organization as its first Collaborating Centre for Women's Health in both North and South America.

It's not really asking too much to keep WCH open when you consider a few facts.

Only five per cent of money spent on medical research goes to research in women's health yet women represent 72 per cent of users of Ontario's healthcare system.

It's important for all that WCH maintains its own autonomy and its programs.

Good healthcare for women is good for everyone.

The editors of the *Et Cetera* want to hear from readers. All letters must include the writer's name, signature and phone number. Any letter that is legible, legal, and literate will be published if space permits. Letters can be dropped off in the news room (L231) or email humberete@hotmail.com

Good Canadian



Dr. Bill Bigelow

Dr. Bigelow discovered it was possible to make the human heart pump using electricity in 1951.

His research at Toronto General Hospital in the 50s was at the forefront of developing pacemakers, which help people with abnormally slow or irregular heartbeats.

Celebrating the pacemaker's 25th anniversary last Monday, in Toronto, Bigelow was honored for his efforts by hospital staff and more than 100 former patients.

If not for his pragmatic research 25 years ago, countless numbers of people would not be alive today.



Bad Canadian



Hockey player Adam Oates

Washington Capitals' centre Adam Oates has made it very clear to Team Canada where his intentions lie.

The Toronto-born hockey player stated several times to the American press that if he is not invited to play for Canada at the Winter Olympics in Nagano, Japan, this February, then he will simply change his citizenship and play for the United States.

Instead of concerning himself with playing for Canada, Oates is more eager to compete in the Olympics regardless of what country he represents.



Good Canadian, Bad Canadian is brought to you by LIAM LAHEY

Et Cetera Health

Students say giving blood is a pain

by **TAMMY SEDORE**

Health Reporter

Humber students are not aware of the importance of donating blood, an informal survey showed.

One hundred students were asked if they donate blood. Only 20 students said they do.

Chris Meyer, a communication co-ordinator at the Red Cross, Toronto branch, said she was shocked.

"Hopefully, we can reach the other 80. It's never too late," she said.

A plea for blood donations went out to the public during the Thanksgiving weekend due to a shortage at the hospitals. Students were asked if they plan on ever donating and 70 per cent said 'no'. The majority of students had one particular reason for not donating.

"I don't like taking needles. I'm scared of them," said Vito Petrucci, a first-year marketing student.

But students who donate try to reason with the non-donors.

"Help out people that are short on blood. Everybody deserves a chance to live," said Federico Pagotta, a first-year pre-tech general arts and science student.

Many students think donating blood is time-consuming.

"Donating blood is becoming a hassle. I go there to try to save someone's life and I feel like I'm being interrogated," said Chris Parsons, a second-year business management student.

Parsons has been donating blood for the past four years, and feels the length of time it takes to donate is getting longer.

"The first time I donated, it took 15 minutes. Now it takes an hour. They want to

know who I slept with and if I've ever paid for sex. They should just keep regular donors' files on record so they only have to update, rather than fill it out each time," said Parsons.

Jane Twidle, a nurse at the blood donor clinic in Square One, said she feels the process doesn't take long at all.

"Without an appeal, (the process takes) about 45 minutes, that's it. It can sometimes take two or three hours (with) an appeal such as we're having now. We have appealed to the public to donate," Twidle said.



The Canadian Red Cross is campaigning for more young people to donate.

The process of donation is fairly simple, beginning with registration. A finger prick is done to determine blood count, and to make sure the iron count is high enough. Health assessment questions are answered, followed by an interview with a nurse who asks high-risk questions while blood pressure and temperature are taken. The donor then lies on a cot, and blood is taken which takes between five and 15 minutes. A rest of five minutes is required and cookies and juice are offered.

"One of the things a lot of people don't realize is, when you make a blood donation, it's not, only tested, it's also processed. We separate it into different components. So,

with one visit you may help up to four different patients," Meyer said.

The blood situation is becoming so serious the Canadian Red Cross recently launched a campaign to get more young people to donate.

"We're really trying to get out the message about the need for blood being ongoing and the need for regular donations," Meyer said.

Through radio and television spots, transit ads, street posters, and a Web site, the campaign targets people between

the ages of 17 and 29. The Red Cross is worried that, as Canada's population gets older, many long time donors are past the age of 70, and are no longer able to donate. Aging donors may need blood themselves, which is why this campaign was designed.

"It's really important that we encourage people that are in a younger age group, to make donating a life-time habit, and make that a part of the way they help their community. It's a great way to spend an hour. Bring a book with you to read, and help someone out at the same time," Meyer said.

Though the students surveyed haven't received the message that donations are critical, a lot of other people around the community have.

"We've had a really great turnout this week. But, if everybody turned out a little more often, we wouldn't have appeals and people wouldn't have to wait," said Twidle.

For anyone interested in donating, the Red Cross will be in the Humber Concourse on November 13, from 10 a.m. to 3 p.m. This event is being organized by Lenore Duquette, clinical nursing co-ordinator, and the nursing students from Humber College.

The Red Cross Society

requires donors to:

- Be between 17 and 70 (for those who have given blood within 2 years)
- Be between 17 and 60 (for those who have never donated)
- Provide identification showing either your signature or a photograph
- Be in good health and feeling well the day of donation
- Weigh 110 pounds or more
- Be on NO prescribed medication that may affect donating
- Have a hemoglobin (red blood cell) level meeting the established Red Cross standard
- Wait 56 days after last donation

All donors are required to complete a questionnaire and blood safety form. They must also be interviewed by a nurse each time they donate blood to be sure a donation can be obtained safely.

For any questions on donating blood, call the Red Cross and speak with the nursing department at 416-974-9900.

Doctor, doctor give me the news

Dr. Harold Laski is a practicing physician in Jacksonville, Florida, since 1981. The health editor provides questions for Dr. Laski to answer each week.



DID YOU KNOW....

We lose 50 to 100 hairs a day

Since there is continual growth of about 90 per cent of a person's scalp hair for a period that lasts between two and six years, there is always some hair that is not growing.

This 10 per cent of scalp hair is in a resting phase that lasts about 2 to 3 months, after which the hair falls out. The empty follicle then begins to grow a new hair. On average, blondes typically have about 140,000 hairs, brunettes average 105,000 and redheads 90,000 hairs.

Anyone is susceptible to hives

Hives, or urticaria, is characterized by very itchy weals. These are areas of localized edema that are produced by sudden outpouring of fluid through the blood vessel walls of the skin and mucous membranes. They usually last only 12 to 24 hours, and can vary in size. There may be from one to 100

hives on the body at one time. Hives can be acute or chronic. The chronic type is more common in women between the ages of 30 and 50 years. Some typical causes of hives are foods, allergies, and contactants (perfume).

Shingles and chicken pox are related

Shingles, or herpes zoster, is produced by the same virus that causes varicella, or chicken pox.

It may actually be a re-activation of a latent viral infection of the nerves. It usually only affects one nerve and therefore will only be visible on the skin on one side of the body, as it follows the nerve fiber itself. This disease can become quite generalized, especially in patients who have become immunosuppressed during cancer chemotherapy or after an organ transplant.

The painful skin lesions can be quite severe and last more than two months. There are medications that can help.

The benefits of birth control

The birth control pill is usually a combination of two female hormones, estrogen and progesterone. Occasionally these are used to help regulate a female's menstrual period. In fact, the pill can prevent more than just pregnancy.

Some benefits of the pill are decreased incidences of:
1) blood loss and iron deficiency anemia.

- 2) dysmenorrhea (painful menses.)
- 3) functional ovarian cysts.
- 4) ectopic pregnancies.
- 5) fibroadenomas and fibrocystic disease of the breast.
- 6) pelvic inflammatory disease.
- 7) endometrial cancer.
- 8) ovarian cancer.



Excessive brushing can cause breakage and the loss of hair.

Et Cetera

October 23 - 29, 1997

Fat facts about fast food

by **DANA JAMES**

Health Reporter

Fast food restaurants are convenient for people in a hurry or who don't feel like cooking. They are not always the most nutritious choice.

While standing in line to get a Big Mac and fries, 20-year-old Adam Mills commented, "I don't come to McDonald's to eat healthy. If I was to eat something that was good for me I would have salad. But I could easily make that at home."

Although some customers don't care about eating healthy, it doesn't mean McDonald's doesn't offer a choice.

The healthiest items on the menu are a garden salad, a hamburger (8 grams of fat) and vegetarian pizza (8.1 grams of fat). The fattiest item of the menu is the Arch Deluxe with Bacon (34 grams of fat).

Fast food restaurants are becoming aware that the majority of people are concerned about what they eat. Fast food chains now offer items on their menus that are low in fat.

Billy Young, manager of Harvey's in Bolton said, "The healthiest thing we have on our menu is the new grilled chicken sandwich. It has 2.5 grams of fat."

Harvey's also offers prepared salads and soup so fries are not always the side dish to every meal. A regular serving of french fries has 22 grams of fat.

Kirk Wetmore, a customer service representative of Wendy's in Brampton said, "We were the first in the industry to offer a salad bar and baked potatoes. We serve chili that is high in fiber."

Wendy's idea of a balanced meal is a grilled chicken sandwich, side salad with low fat, low calorie Italian dressing, and two per cent milk. If there is concern with weight, Wendy's suggests a small chili, a side salad with low fat French dressing and a diet soft drink as a complete meal of only 320 calories.

The Wendy's franchise suggests, for healthy vegetarians, a meal of a Deluxe Garden Salad with a soft bread stick, low fat dressing of any kind, a baked potato, and a diet drink.



Fast food seems to be the answer for people on the run.

Restaurants serving subs are probably one of the healthiest fast food places. At Subway, the most nutritious six inch sub you can eat is the Veggie Delite. It has only three grams of fat and 237 calories.

"The subs that Subway offer are very healthy," said Joanne Campbell, a sub lover. "It's all the crap you pile on it that makes it unhealthy."

Campbell suggests not using mayo. Eating food as plainly as possible is the best. If taste is what you're after, then mustard, vinegar, salt and pepper have no calories and can spice up your meal.

Choosing roast beef or grilled chicken rather than burgers is just one way to watch your fat intake and calorie consumption. Roast beef and chicken both tend to be leaner than ground beef.

Regular fried chicken is less fattening than the extra crispy recipe. Extra fat adds to the extra crispiness. And try not to eat so many fries. Share them with a friend or, if you are at Wendy's, order a baked potato instead with minimal toppings.

Small, plain hamburgers are much better than the giant mouth-filling burgers with the works. Skip the mayo because it adds calories to your meal.

Eating salad is a good idea, with lots of veggies and low-fat dressing. By ordering milk instead of a shake, more protein and calcium is added to your diet. Diet pop is fine to drink, as well.

One of the keys to a successful diet is monitoring both your fat and caloric intake. Just because the fat content is low, doesn't mean the caloric content is also low.

Nadia Mall, a second-year women's studies student at the University of Toronto said, "I try not to eat fast food by bringing an apple to school with me. Then if I get hungry, I can have a healthy snack instead of eating something that is not good for me."

The good, the bad, and the ugly



THE FOOD	CALORIES	FAT
Chicken Salad	70	5 g
1/4 lb Hamburger	190	12 g
Garden Ranch Chicken Pita	480	18 g



THE FOOD	CALORIES	FAT
Grilled Chicken Salad Deluxe	120	1.5 g
Cheeseburger	320	13 g
Big Mac	560	31 g



THE FOOD	CALORIES	FAT
Veggie Delite on White	222	3 g
Roast Beef White	288	5 g
Steak & Cheese on White	383	10 g



THE FOOD	(K)CALORIES	FAT
Charbroiled Chicken Sandwich	264	4.7 g
Light Burger	313	10 g
Poutine	738	42.9 g

(restaurant results from book, FAST FOOD FACTS)



HALLOWE'EN at Humber

Thursday, October 30!

Check out the spooky events in the Student Centre

Pumpkin Carving Contest, pick up pumpkins at 10:00am and have them back by 2:00pm. Sign-ups for pumpkins will be in the SAC office, before or the day of. Bobbing for apples at 12:30pm in the Student Centre. Plenty of goodies and prizes to be won. All day look for scary Halloween personalities to come your way and give you a trick or treat.

HAPPY HALLOWE'EN from.... Humber SAC!

SAC Multicultural Week - Nov. 3-7

It is a cultural experience to taste the diverse foods, listen to the music and watch the various dances that represent the distinct cultures that make up Humber's community.

Be prepared for the launching of the **International Food Booth** during this week brought to your by **the Humber Room**.

- Monday- European Day
- Tuesday- Caribbean/Central America Day
- Wednesday- Asia/Middle East Day
- Thursday- Africa

This years **Multicultural Week** promises to ignite, excite and unite so get your taste buds ready.

Lifestyles

Weighing your future

Negative body image is having deadly effects

by NOREEN O'LEARY
NESREEN SARRAS

Lifestyles Reporters

With the growing demand for the 'perfect body' it is no wonder so many young girls are literally dying to be thin.

Males and females alike suffer from eating disorders such as anorexia nervosa and bulimia nervosa. However, the ratio of women to men affected by eating disorders is nine to one, according to Dr. Michelle Siegal, co-author of *Surviving an Eating Disorder*.

"I suffered from anorexia for three years," said Rachel Freeze, a 20-year-old waitress. "I had always been conscious of my weight, but once I got into high school, I thought that if I lost a few pounds, I'd be more accepted. Things got out of control from there."

At 5'8," Freeze's weight dropped as low as 90 lbs. during her ordeal. Freeze missed a year of school checking in and out of hospitals for treatment.

Her story is unfortunate but not uncommon. According to Siegal, 95 per cent of people with eating disorders are young girls between the ages of 11 and 18.

Jody Dove, of the U.S. National Institute of Child Health and Human Development, states in her article, *Facts on Anorexia Nervosa*, that teens with eating disorders do not necessarily have a weight problem. More often, it is a matter of perception.

Advertising bombards teens with powerful images of "perfection," and teens feel fat and ugly in comparison.

"Today, being thin like Cindy Crawford is beautiful," said Renee Ash, a support worker at the Toronto Hospital's National Eating Disorder Information Centre (NEDIC). "If

Rosie O'Donnell suddenly became the ideal size to be, things would be different." Dove said people with eating disorders often attempt to take control of their bodies. They feel they are lacking control in different areas of their lives.

"The amount of food I put in my mouth was totally up to me," Freeze said. "My eating was one thing that my parents and friends could not control. I felt like the less I ate, the more control I had over my life."

Anorexia nervosa is a disorder of self-starvation. Anorexics refuse to eat, and can suffer from excessive weight loss, loss of menstruation cycles and withdrawal from family and friends.

According to Siegal, symptoms of an anorexic are both physical and psychological. An estimated 10 to 15 per cent of anorexic patients die after losing up to half of their normal body weight.

Bulimia is characterized by uncontrollable binge eating and purging by vomiting, or the use of laxatives or diuretics. The physical effects of bulimia can be very destructive. Permanent tooth damage from the erosion of tooth enamel and the damage of the throat and damage to esophagus tissues may result from frequent vomiting. Kidney problems, seizures, and cardiac problems also pose great dangers to bulimics.

"There was a point in my life when I would look at my 100 lb. frame in the mirror and see



This is a common pose for girls battling the binge/purge disorder of bulimia. Forced vomiting is just one aspect of it.

200 lbs. of sheer disappointment," said Yolanda Berry*, a recovering bulimic who battled the disease in her early teens. "You're not exactly thinking about the aftermath of it all while you're leaning over a toilet bowl with a finger down your throat."

People who have experienced eating disorders have reported feelings of helplessness.

"The most important thing is to be supportive," said Ash. "Once a friend has recognized their problem, you should be there for them, and most importantly, help them to help themselves."

Between one and two per cent of Toronto's population suffers from anorexia, while three to five per cent suffer from bulimia, according to recent NEDIC statistics.

Doctors say victims of eating disorders are not freaks, nor are they easy to point out in a crowd. In fact, sufferers often do a good job of hiding their problem.

* Name has been changed to protect the identity of the person

What to watch for

Characteristics of anorexia

- restricted eating
- rigid exercise regimes
- paleness
- dizziness and fainting spells
- weight loss (often in a short period of time)
- mood shifts
- withdrawal from people
- perfectionist attitude

Characteristics of bulimia

- bingeing
- secretive eating preoccupation with food and weight
- bathroom visits after meals
- vomiting, laxative abuse, or fasting
- sore throats
- swollen glands
- fatigue and muscle ache
- unexplained tooth decay
- mood shifts
- severe self-criticism

For more information call the National Eating Disorder Information Centre (416) 340-4156. Or write to:

NEDIC
200 Elizabeth Street
College Wing, 1st floor rm 211
Toronto, Ontario

Good For Her – great for sex life

With a store of their own women discover what is good for them

by ANDREA FRIEDLI

Lifestyles Reporter

If you can't find your G-spot, or you're insecure about your sexuality, Good For Her can be good for you.

Good For Her is different from other sex shops because the focus is on women celebrating their sexuality. "The store focuses on books, art, oils, candles and helping women," says Carlyle Jansen, owner of the store.

The unique atmosphere provides time to browse erotic, as well as educational, books, magazines and videos, giving men and women all the space they need.

Jansen said most of her clients are between 25 and 45 years old.

"I feel very committed to older women," Jansen said.

"I feel very comfortable here because it's run by a woman," said Immi Loewigkeit, a customer who learned about the store three weeks ago. Since, she has been back to rent movies. Loewigkeit's husband discovered the store in an article in the *Globe and Mail*.

"I feel very comfortable here because it's run by a woman"

-Immi Loewigkeit

Jansen offers "women-only" hours every Thursday from 11 a.m. to 2 p.m., and Sundays from 12 p.m. to 5 p.m. "Some women don't feel comfortable with men around," she said. "Equality is not about treating everyone the same, it's about providing opportunities for equal access."

Part of Jansen's goal is to promote local artists and help protect the environment. Many of the paintings and cards sold in the store are made from recycled or natural materials.

Art shows, featuring the work of local artists are held every six weeks. Diverse seminars, such as "Enjoy Your Menstrual Flows", "Fundamentals of Belly Dancing" or "Tie me up and Pleasure me" are offered as well. For details, check out the Good For Her website at www.goodforher.com.

If you want dildos, vibrators or colored whips (a rarity on the market), you're at the right place. Prices range from \$14 to \$120 for dildos, depending on the size, shape and what it's made of. Whips, smaller and softer than conven-

tional ones, cost anywhere from \$150 to \$200, depending on the skins they're made of. A vibrator costs about \$17. You won't find many S&M products, however. Those are available in other sex stores.

Jansen is also very open to men seeking ways to pleasure their women. Whether they are looking for the G-spot, or don't know how to introduce new sex toys and variations into their relationships, Jansen has advice to offer all.

The store, located south of Bloor St., a block and a half east of Bathurst at 181 Harbord St. Jansen says business has been good in the four-and-a-half months Good For Her has been open.

She says she is a little apprehensive about the coming Christmas season. "I have no idea what everyone will want at Christmas time."

Start making your list now.



Club scene gets hopping

by **KELLY CROWE**
Lifestyles Reporter

The club scene was happening at Humber College's Club Fair.

The six clubs that attended were the Humber Indian Students' Association, the Snowboarding Club, Lifeline Christian Fellowship, the Humber Environmental Action Team, and the Humber College Filipino Association. Here is a little information on the clubs that were there. It's never too late to get involved with one of these or any of the other clubs on campus.

Humber Pride

Humber Pride's goal is "acceptance, and a safe place for alternative lifestyles at Humber College." Humber Pride welcomes everyone to join. They have about 30 members, eight of whom are straight. The group has a meeting every week, holds movie nights and other activities, and provides support. For information call 416-925-XTRA (9872) ext. 2215 and leave a message.

Humber Indian Students' Association

The Humber Indian Students' Association formed just over one semester ago and already has about 100 members. The group is involved in intramural volleyball, soccer, hockey and much more. It is having a dance on October 25 at Generation X nightclub, and will be the only college group at the University of Western Ontario culture show next year. It is also thinking of holding a formal. For information call the SAC office at 416-675-6622 ext. 5051 and leave a message.

Humber Environmental Action Team

HEAT managed to almost double its membership at the club fair, from 25 to about 45. This year, the group hopes to increase polystyrene awareness and to promote student awareness on environmental issues in general. They are also trying to plan a "trash pub night" to raise money for the group. For information on the group visit their website at www.the-edge.humberc.on.ca/~heat or call the SAC office at 416-675-6622 ext. 5051 and leave a message.



HEAT warmed up the club fair with a recyclable bottle to remind students about the importance of environmental action and Humber's recycling program.

Snowboarding Club

Some Humber students have started the Snowboarding Club. "Humber needs a fun club where anyone can join and just have fun," said Adam McGregor. The group hopes to plan trips, a fundraiser and a trip to Whistler. This is the first year for the group and it already has about 50 people signed up. About half the members don't know how to snowboard. The group hopes to plan a trip for beginners to learn how. For information call Sara at 905-450-8071.

Humber College Filipino Association

The Humber College Filipino Association tries to provide a meeting place for Filipino students and a place where students can learn more about Filipino heritage. The association holds social functions and has organized a trip to New York for a Filipino conference. October 24-26. The association has about 200 members signed up, and anyone is welcome to join. There is a one time \$2 membership fee. For information call 905-917-4814 or e-mail at quer7585@humberc.on.ca.

Lifeline Christian Fellowship

This group has been active in Humber College for about five years. Chaplain Randy Gallaway, an advisor to the group, said it "is a safe place to think about spiritual things... without any pressure or obligation to change your views." The group is open to people of all backgrounds and religions. Members of the group went to a leadership conference in Philadelphia in August. The group has retreats twice a year, concerts and weekly meetings. The meetings are every Thursday in A137 from 11:45 a.m. to 12:30 p.m. and in residence in R114 at 7 p.m. For information call Barry at 416-244-2711 or Rob at 416-244-2228.

We **STRETCH** YOUR STUDENT DOLLAR
NOW
Come and take advantage of the best deals of the year

at all our #7 AUTO BLVD. dealers.

BRING YOUR STUDENT CARD and we
will **PAY** for **YOUR PARKING FEE** for a year
with any new car purchased.

See for yourself why #7 AUTO BOULEVARD is the #1
CHOICE of all students at Humber College!

#7 AUTO BLVD.

THE AUTO MALL WITH THE BEST
QUALITY CARS AT THE LOWEST PRICE

CORNER OF
MARTINGROVE
AND HWY #7



NISSAN
ALTA NISSAN
905-851-1279

Martin Grove
Motors
905-851-5111
416-764-6600

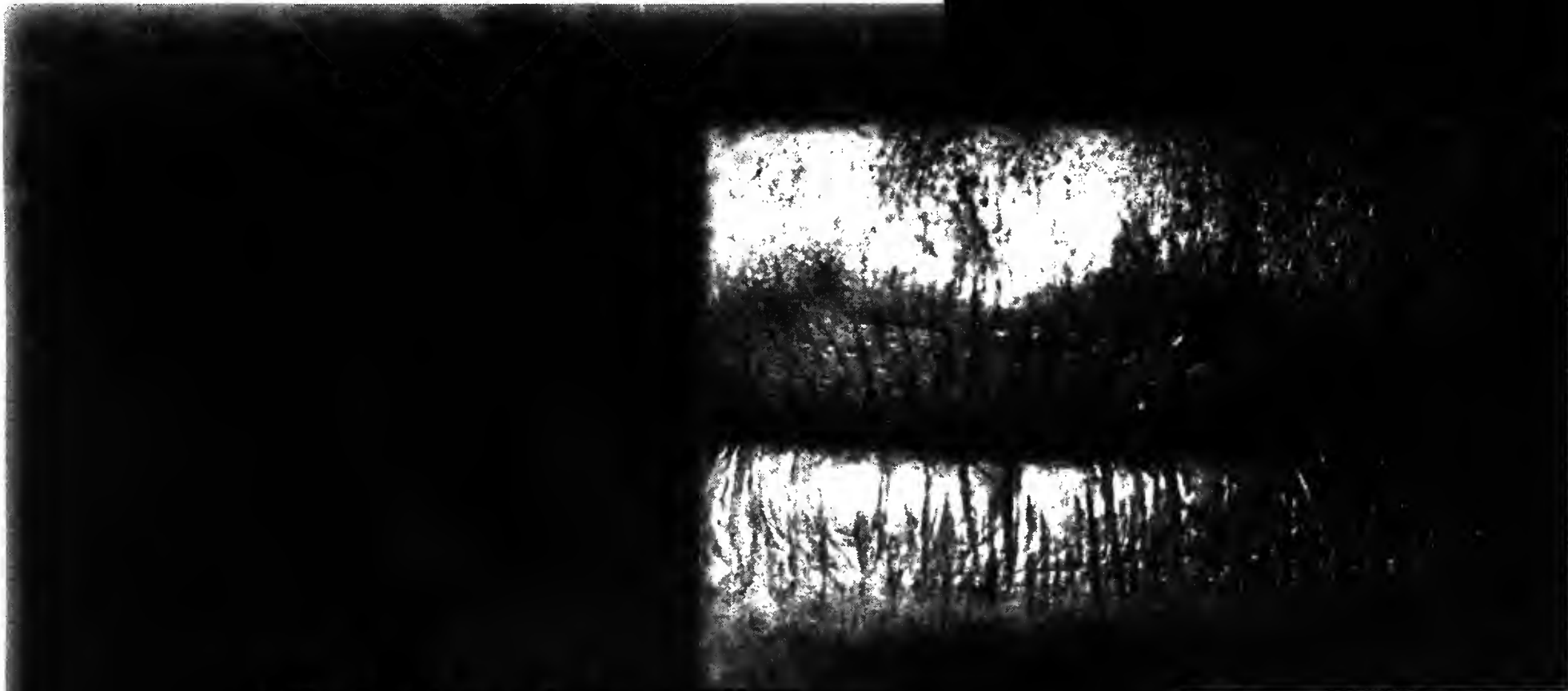
D
416-741-8111
905-850-8111

Value
AUTO LEASING
416-746-1531
905-264-1519

W WOODBRIDGE
TOYOTA
416-746-6600
905-851-5111

NUMBER 7
HONDA
416-746-4377
905-851-2258

multiculturalism



Mul•ti•cul•tur•al•ism

(mŭl'tī'chər əl'izəm)
the practice of giving
emphasis to the needs
and contributions of all
cultural groups,
especially those
traditionally
underrepresented minority
groups in a society.

NEW WORLD Dictionary



Kitamura relaxes in her Canadian surroundings.

PHOTO BY KIM MARTIN

Canada's rising sun

Adjusting to college is tough for many students, it is even harder for someone from another country.

Minako Kitamura, a first-year Marketing student from Japan, is discovering all of the differences between Canada and the culture she left behind.

Kitamura is busy trying to fit into residence and college life, and is also busy exploring Canadian lifestyle.

"Things are very different here," Kitamura said. "Japanese focus on business before fun. We have fun in Japan also, but our work is done first."

Kitamura said Canadian food is completely different from what is eaten in Japan.

"Canadian food always has meat or grease. We eat very plain food like rice and fish," she said.

Kitamura is concerned about the coming winter.

"I've heard about the temperatures," she said. "I can't even imagine what it's going to be like. I'm a little scared."

Already able to speak English, Kitamura hopes to improve her English skills enough to enable her to take

Advertising at Humber in the future.

She was hoping to go to school in either Australia or Canada but decided that the Australian accent was too thick to assist her fluency in basic English.

"It's very interesting. I was using a computer and found out about Humber over the Internet," Kitamura said.

She explained that schools in Tokyo don't have the variety of programs Humber does.

Kitamura completed four years at the University of Tokyo and decided to explore the North American style of marketing.

Another big adjustment for Kitamura is being so far away from her family.

"It's very difficult and expensive to communicate with my family and friends from home," she said. "We e-mail back and forth almost every day. It's free and very convenient."

Kitamura explained that she now feels very comfortable living in residence, but it was a struggle at first.

"It was pretty hard for me but everyone is very kind and friendly," she said.

There are almost 30 international students living in residence this year, coming from places such as Germany, Bermuda, and Trinidad.

Kitamura said she found it very hard to find other Japanese students and wished that Humber offered some sort of promotion for Japanese and other international students to meet each other.

Since she can't go home on weekends, Kitamura spends her time teaching a fellow resident the Japanese language.

"It is helping me also," she said. "I am learning English as I am teaching Japanese. Coming to Canada will teach me a lot."

- KIM MARTIN

The Sound of Ecstasy

What do you get when you combine the sultry vocals of pop diva Sarah McLachlan, funky techno dance grooves and Baka Forest Pygmies? You get *Karma*, the latest album from Delerium and a heated debated about computer technology known as sampling.

"A sampler is an instrument that records a sound which is played back on a keyboard," explains *Keyboard* magazine reporter Jim Aikin. "With digital technology, computers handle the whole process of recording, storing, and playing sounds."

Samplers allow "World Fusion" bands like Delerium, and Enigma to produce music that has a very multicultural sound, often without leaving the comfort of their own studios.

"This is serious make-out music!" said Mike Niven, an avid fan, describing *Karma*. "It's like Enigma, only better!"

Delerium is made up of Bill Leeb and Rhys Fulber, a Vancouver-based duo with a passion for music from other cultures.

Labelled as "ambient music", the music of Delerium has a rhythmic nature that sounds floaty or groovy, with tribal beats and monastic chants.

de-lir-i-um (dili:ri:em) n. a temporary disorder of the mind marked by incoherent speech, ravings, hallucinations. Wild excitement or ecstasy.

[L. fr. delirare, to go mad]

- Webster's Dictionary

"I think this record is different ... we actually had live players come in," Leeb said, referring to the duo's past as Front Line Assembly, an industrial music band that explored alternate rhythms and influences.

"We went into this knowing that we wanted to incorporate sounds from all over the world," explains Leeb.

Karma incorporates samples of Middle Eastern percussion, bamboo flutes, Indian instruments and Gregorian chants with synthesizers, drum and bass. In the past decade, Delerium has made eight albums that showcase their love of traditional ethnic music and sounds of medieval times.

According to *Chart* magazine, *Karma* soared to the number one position on the Techno/Ambient Chart in Canada.

"Sampling is a dangerous game," says Ritesh Das of the Toronto Tabla Ensemble. "Many artists use traditional sacred music in the wrong context."

"It's like exotic element A mixed with exotic element B to come up with exotic element C," said *Toronto Sun* music reporter Errol Nazareth. "Few people do it with respect."

Das questions the sincerity of musicians who sample ethnic music with little or no knowledge of the culture.

"If you like certain sounds from different cultures, why not go there and explore it?" he said. "The problem is that people just don't care."

"There are kids in the suburbs who are throwing down a few so-called exotic samples putting out what they call world music albums," he said. "I call it multi-culturalism."

It's easy to get bogged down in the politics of sampling and forget the music.

"It comes down to soul," Nazareth said. "If it moves you, then fine. After all, it's only rock n roll."

-JEN CARTER

TALKING

What does multiculturalism mean to you?



"You're free to be who you want, to do what you want."

- MAIDA PALLETT, POST GRAD COPYWRITING COURSE

"Diverse cultures and society. I think it's better when you're mixing. You get to learn about how other people live and get to know each other better."

- AMANDA NANTON, NURSING



"Community. Everyone joining together."

- JOHN OSMOKROVIC, BUSINESS ADMINISTRATION

"I guess all different races, cultures and backgrounds, beliefs and values. For me, it's a good thing to have multiculturalism. I don't mind getting to know people of other races."

- DONNA LEE, BUSINESS ADMINISTRATION



"The melting pot theory. Everyone's together. I quite enjoy it. People who are less tolerant have only grown up in a certain environment. If you've travelled, you've seen different cultures. You've got an understanding of what's going on."

- KEN KHADOO, COMPUTER PROGRAMMING

"Different cultures - at least here in Toronto. You get to learn about people and their cultures. You're not just limited to one group."

- ANN MARIE LOGAN, NURSING

"For me, it's a really big deal. As well as maintaining my culture, I can hold onto the Canadian culture. I haven't forgotten my roots."

- GURPREET BASRA, TRAVEL AND TOURISM

PHOTOS BY MAUREEN McREAVY

Culture Shock

International students adapt to Canadian culture

Food, social customs, language and lack of friends can all be serious problems for international students at Humber, but for some the worst can be the cold.

When Malang Jammeh stepped off the plane in January, a cold Canadian winter welcomed him. It was his first culture shock.

"I walked out of the terminal and my ears started tingling. I went back in and I wondered how I was going to live in these horrible conditions," said Jammeh, a Civil Engineering student from Gambia.

Gambia's temperature varies between 21 and 27 degrees Celsius during the winter months. Canadian customs surrounding food also provided Jammeh with a challenge.

"In Gambia, when you eat, you invite others to eat with you, even eat your food. When I came here, someone was eating right in front of us, and did not invite us to eat. I thought he was impolite. That was hard to get used to," Jammeh said.

Bryce Ki-Jae Lee, a General Arts and Sciences student from Korea, said the biggest problem for him and his friends was accepting the reality of Canada.

"We expected a better life in Canada. It's not better. We expected heaven. Everyone became depressed and discouraged," he said.

Dalyce Newby of Humber's Intercultural Centre said depression can be a problem for international students. She said it can settle in quickly when a student leaves family and friends behind.

Add to that expensive long - distance phone calls, and few opportunities during the year to go home, and soon feelings of homesickness can become overwhelming.

"It's hard, really hard. Even though I've made friends up here it's not the same. Sometimes I just want to be home with my old friends," said Marsha Payne, an Electrical Engineering student from Antigua.

So what is an international student to do when the yearning for mom's home-cooking becomes too much?

Newby suggests they get busy.

"There are clubs, or they can form a club. There are activities throughout the year, and we have Humber Friends (a senior Humber student that helps international students adjust to Humber and the Toronto area), and there's always counselling," Newby said.

Lee and other Korean students decided to start a Korean club.

"It helps to share [the] same problems. But anyone can come. We have a Polish student, because she likes Koreans and Korea," Lee said.

Jammeh said his exposure to other cultures has been one of his favorite experiences in Canada.

"The variety of people you have here is wonderful. You are very, very lucky," he said.

To experience some of the various cultures that make up not only Humber but Canada, watch for events throughout the year.

-ERIKA FORD

Sleek Laotian wear

Long, cool and comfortable is the traditional style for Laotian culture.

In Laos, a small country in Southeast Asia,



PHOTOS BY CHRISTINE BOSKOVSKI

long skirts and upper body wraps are traditional clothing for women.

The upper body wraps are very versatile and can be worn over the shoulder, around the torso or wrapped around the head.

Men wear cotton or silk pants, depending on status or occasion and regular shirts.

"In our country it's really hot, so we have to wear clothes that are cool. The skirts aren't tight and they adjust to your movements. The slippers that are worn are really comfortable," said Vilavone Synarong, a Laotian high school senior from Kitchener.

All clothing is custom - made and available in any color desired.

"The skirts and wraps are hand - made and come in a lot of different colors. Some are even laced with real gold. The brighter the colors, the more beautiful it is," said Anesoune Synarong, a Laotian Business student at Centennial College.

In Canada, Laotian people dress in tradition when going to special events like weddings, temples, or dances.

"At weddings, the bride dresses in a gold fibre material with lots of bright colors and glitter, and the groom usually wears silk," said Ackaphob Sihanath, a Laotian graphic design student at George Brown College.

"When we dress up, we always wear a lot of jewelry like necklaces, earrings and bracelets, and they are made of pure gold. We also wear our hair in a bun with curls on the side of our face and wear jewelry in our hair," Synarong said.

-CHRISTINE BOSKOVSKI

Custom-made Laotian clothing filled with rich colors and design

From Left: Kaush Nanubha, Gurpreet Basra, Kerwin Bachoo, Nabeel Dar, HISA executives



HISA hype

Pride, unity, respect and tolerance are the ingredients to making the South Asian club such a great success

JANE DIORRETTA P. TAGUICANA

One of Humber's newest clubs aims not only to promote camaraderie among South Asians on campus but also to educate others about their culture.

"We'd like to inform people about our culture. We find that a lot of stereotypes or misunderstandings of other cultures are misinterpreted because of lack of knowledge," said Kerwin Bachoo, vice president of Humber Indian Students' Association (HISA).

Although the club was created only last January, SAC considers it the largest group and the most active.

"There are so many backgrounds in the South Asian community. What we'd like to do is to understand ourselves. That way, it'll be easier for us and everyone else to unify," Bachoo said.

It has members with different religious backgrounds: Hindu, Muslim, Sikh, Buddhist, and Catholic.

"Myself and Nabeel talk about inter-religious issues all the time and it's interesting to understand how he sees things," Bachoo said. Nabeel Darr refers to the executive advisor and former president of HISA.

Previously part of another club on campus, the HISA organizers decided to create a club that offered things the other club didn't.

HISA emphasizes pride, unity, respect, and tolerance.

"If you take those four attributes into effect and put them together, you can have a society with two, three, four, five nationalities living in peace and harmony," Bachoo said.

After meetings, they open

the floor for discussion. This enables them to strengthen ties with club members. It allows them to educate one another. If one has some difficulties in their classes, other

members try to help through tutorial or coaching.

"What we're trying to do, for new students especially, is to tell them things that aren't always written explicitly in handbooks, manuals, course calendars, to give them an advantage in learning more," Bachoo said.

This club was the first college level club to join with other ISA groups at university level in Canada and across the border.

"It is a large feat to accomplish," said social co-ordinator Vijay Kumar.

Aside from enrolling in several intramural sports this semester, members are also looking forward to Culture Shock '98. The annual culture show will be held during the first week of April. It will feature dances, skits, singing, stand-up comedy, and martial arts.

"(It includes) everything from a wide spectrum that originated in South Asia," Bachoo said.

HISA activities also include bowling nights, movie nights, visits to Yuk Yuks, and a semi-formal dance in the works.

"(The club) is still new and with the fundamentals and foundations set this year, we're hoping that within the next two to three years, we'll become a strong unified group, not only in the Metro area but in Southern Ontario," Bachoo said.

They welcome all students, not only those of South Asian background, to attend their general meetings held every two weeks. If you are interested in South Asian culture, contact Kerwin Bachoo at (416) 675-5051.

Love has many colors

Love is blind, or so the saying goes. But is it color blind?

Canada is considered a multicultural country and dating outside of one's race or religion is becoming more widely accepted by the younger generation. But, that doesn't mean there aren't problems for those who do.

For the vast majority, attraction is an unexplainable thing. If it happens, it happens. Those who enter an interracial relationship may face many obstacles.

The first obstacle is usually parents. People who come from more traditional homes might have a hard time explaining the relationship to their parents. Older generations aren't always as tolerant or aware of different cultures, and that can definitely hamper a blossoming relationship.

Corey Sugie, a second-year Architectural Design student, feels that parents can be an obstacle.

"If your parents believe you shouldn't see people of other nationalities, that's going to have an effect," he said. Sugie, who has been dating interracially for two years, doesn't feel that race has anything to do with a relationship. "But you shouldn't always go by what other people say. It depends on how you were raised."

Interracial relationships are "like any other relationship," he said.

Marissa Koss, a first-year Fashion Arts student, agrees. She has been dating interracially for four and a half

years. "I've seen racism first hand. One evening, Koss was at a bar with her then boyfriend. After watching them together for several minutes, a policeman pulled them aside and began to question them. The incident escalated, and left a severe bruise on my face," she said. "I was with my boyfriend for a while, and I think it's a lot more accepted among the younger generation."

Carmen Alcalde works at the Cross-Cultural Centre in Toronto. The centre teaches multiculturalism and deals with anti-racism.

"Interracial relationship accepted now than in previous times," Alcalde said. "It's a fact of life, a sign of the times."

Another obstacle can sometimes be friends. "As much as everyone would like to believe that friends would stand by you through thick and thin, it's not always true. In some instances, friendships are altered, or even lost."

Sugie doesn't think any of that should be relevant.

"I should be able to date whoever I want," he said. "Race, color, religion... it doesn't matter, because it's my own situation."

Society has changed in the past few decades, but racism still exists.

Koss has seen racism first hand. One evening, Koss was at a bar with her then boyfriend. After watching them together for several minutes, a policeman pulled them aside and began to question them. The incident escalated, and left a severe

"You're with them for who they are inside, not out."

— Marissa Koss

bruise on my face," she said. "I was with my boyfriend for a while, and I think it's a lot more accepted among the younger generation."

Alcalde feels that through education, we can help to eliminate, or at least decrease racism.

"The government should provide more funding for centres like ours," she said. "Through education about different cultures, stereotypes won't be as wide-spread. That would help anyone in a multicultural relationship or marriage."

Sugie has also been in uncomfortable situations before.

"There have been times I've gotten second looks from people, like they don't understand why I'm with the peo-

ple I'm with. But it's none of their business," he said.

He remembers one incident while shopping with a friend.

"This guy kept staring at us, like we shouldn't have been together. Why should he care?" he said.

Then, there are the average, everyday people who think that it's wrong to date outside of your race or religion. Many parents instill these ideals in their children.

"If someone wants to raise their kids that way, then that's their own personal situation," said Sugie. "But no one has the right to tell me, or others, what's right or wrong with a relationship."

Koss said she feels that everyone is entitled to their own beliefs, but she ultimately makes her own decisions.

"There are people who think that everyone should just stick to their own race. And if that's what they've chosen to do, then that's their right. But that doesn't mean that they have the right to tell me who I can or can't date," she said.

There are no right or wrong answers. But Sugie said he feels that he shouldn't be judged for who he spends time with, who he dates, or who he falls in love with.

"Nothing should get in the way of your feelings," he said. "It's what your heart feels. As long as you're happy, nothing else should matter."

— CINDY STEINMAN

PHOTO BY JENN OXLEY

Getting past appearances: Making room for diversity

When Dhol Anshur came to Canada eight years ago from Somalia, she brought with her what other immigrants bring - culture, faith and customs.

Anshur is a Public Relations student at Humber. Her dress is an expression of her faith and identifies her as Muslim.

Muslim women, and men, are required to dress modestly. For women, proper dress includes a scarf to cover the head, long sleeved shirts and either long pants or long skirts.

Fatima Mamoon, who came to Canada at two years of age, grew up with Canadian culture, but she's also chosen to conform to the Islamic dress code.

"A lot of people are intimidated by it and I get a lot of questions which I'm happy to answer," said Mamoon, a Humber Business Management student.

Mamoon talked about hate literature spread at Western Collegiate Institute against Muslims when she was a student.

"We were allowed time on Fridays for private prayers and it said we were trying to propagate our religion," she said.

Mamoon said the Muslim dress code may create barriers or reinforce stereotypes in some people.

"This is a problem. People still have not overcome a bias and they can't see past the surface," she said.

"I'm not oppressed!" said Anshur, referring to the common stereotype some people have of women who wear this clothing.

"I want to dress modestly. When I walk down the street, I want to be respected. Someone else might wear a miniskirt or whatever to get respect. This is how I get my respect, how I see myself," she said.

Unfortunately, the dress code has also caused problems for Anshur, Mamoon and other Muslims in finding jobs and placements.

Anshur said she was repeatedly turned down for positions she was qualified for.

"They say 'We welcome everybody. We respect people. Can you do the job?' I say, 'Yes, I can.' They give me a big smile and they never call me back."

Anshur said being turned down repeatedly wears away at self-esteem.

"I say to myself 'Try harder. Don't be paranoid.' But when it keeps happening, there has to be a problem," Anshur said.

"I don't know how to approach it," Mamoon said.

People may see it as just a piece of cloth on their heads but it's a requirement of their faith, their identity, Mamoon said of headwear.

"And it has nothing to do with ability!" Anshur said. "If I hire a Sikh, do I look at his turban or do I hire him for his abilities?"

An organization called Council on American-Islamic Relations (CAIR) helps deal with human relations issues and has brought lawsuits against companies that discriminate.



Muslim women (shown above) dressed in traditional Islamic clothing.

PHOTO BY NASHA LARIN

Socially, both women talk about having a wide range of friends.

"The first thing I fell in love with was the different ethnic groups and people," Anshur said. "At home, you're only accustomed to one group. Here, you've got everyone from everywhere."

Both women believe that a sense of community fosters understanding and can help overcome bias at school and in the workplace.

"The first thing is that they have to be able to communicate and respect each other and their backgrounds," Anshur said.

"Having group discussions of how it

feels to be of a certain group or faith would be helpful like A.A. meetings, only why not call it Backgrounds Anonymous? That way, too, people can feel comfortable and share and have something in common," Anshur said.

"People are afraid of different ideas. They haven't become accustomed to things like that. They have to educate themselves and become accustomed to other cultures," Mamoon said.

Anshur delights in diversity. "My friends are a rainbow. I really enjoy that, too. I learn so much from them," she said.

— MAUREEN MCREAVY

Entertainment

See Martin Yesterday today

by MARCEL WATIER

Entertainment Reporter

This work has been produced around the world, but he still calls Canada home. It's here that his latest play made its world debut.

He's Brad Fraser.

The 38-year-old writer/director best known for Unidentified Human Remains, True Nature of Love and Poor Super Man. His latest effort is Martin Yesterday, an inside look at the world of a gay Toronto politician.

"I think they challenge a lot of conventions theatrically, and also the kinds of materials that they deal with," Fraser said of his plays. "I think they treat things with more candor and honesty than we're used to seeing in the theatre. Also, they're very funny."

The title role, played by Stewart Arnott (Charles on Riverdale), is supposed to be a glimpse into his life, both private and public. The only problem is we see all the private and almost nothing of the public. Stealing the show is Dora winner Steve Cumyn (Angels in America), as comic strip artist Matt (Poor Super Man).

The two characters meet at a

club and fall for each other. What follows is a relationship full of bumps in the road. The rest of the cast is rounded out by Jean-Philippe Cote (Le Confessional) as Michel, Martin's HIV positive ex-boyfriend, Trevor McCarthy (The Bruce Curtis Story), as Max, another ex who is black-mailing Martin, and finally, Rod Wilson (Poor Super Man) as Manny, Matt's straight friend and business partner.

The play is funny, witty and then

serious, as we are taken from the fun and freedom of gay life in '90s Toronto (clubs, drugs, music and sex) to the harsh realities of life in the '90s (AIDS, rape and relationships).

The acting is strong from all the actors. You want to reach out and comfort Matt as he goes through the ups and downs in his life.

Getting in the way are useless video clips from the referendum, and the O.J. Simpson and

Menendez trials. They come in and out of the play and don't really do anything for it.

"Some plays are written more as technical exercises, some as a way of me dealing with something going on in my life or particular issues in the world," Fraser said.

There are clear similarities between Martin and openly gay Toronto politician Kyle Rae.

"Kyle was very helpful with me in writing this play, and giving me

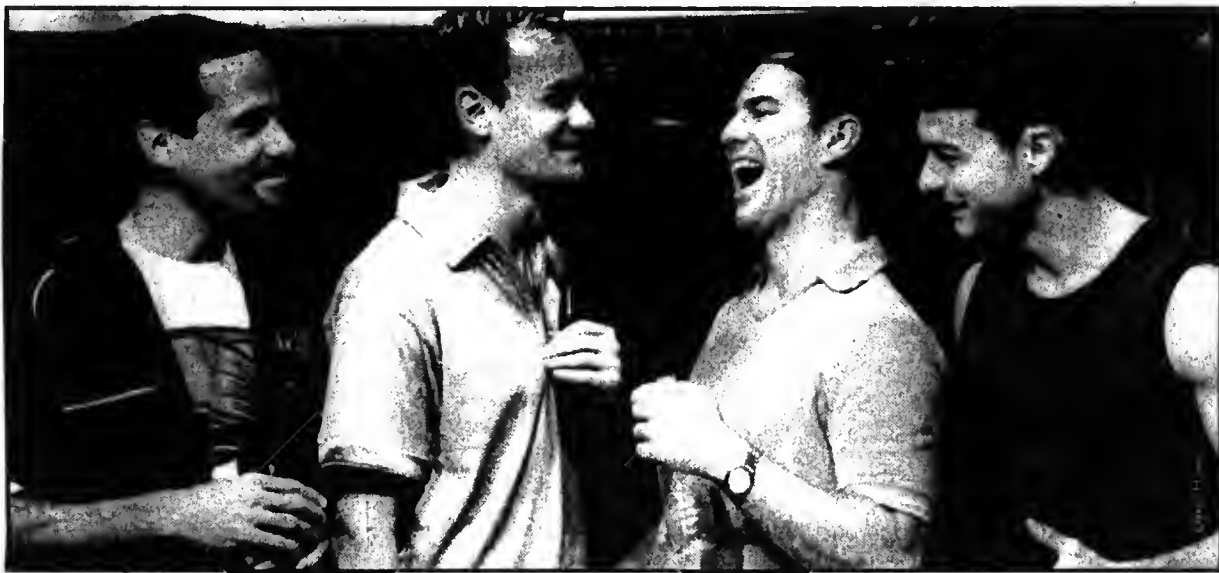
information on what it's like to be a gay-out politician, and what exactly a civic politician does," Fraser said. "But it's not in any way based on Kyle."

Inspiration for Fraser's characters come from small parts of people he knows, but once the writing starts, they create themselves.

Martin Yesterday will be playing at Buddies in Bad Times Theatre until November 9, then it's off on tour. For those who know Fraser's work, expect more of the same: sex, nudity, drugs and life.

Fraser is hoping that Martin will be as big as Human Remains and Poor Super Man, but also that it will "bring people into the theatre, who are tired of seeing boring theatre and want to see something more visceral and emotionally affecting," he said. "What I'm hoping is people will come to the theatre, and feel like they are getting on a roller coaster ride and have a good time, then go away with lots of things to talk about."

Tickets range from \$20-\$25, with a pay what you can on Sundays at 2:30 p.m.



Cast from Brad Fraser's *Martin Yesterday* now playing at Buddies In Bad Times.

What's On

Oct. 23 - 29

Thursday

Doris Treffron reading at Runnymede Library

Friday

Carmen opens at the Princess of Wales Theatre, 8 p.m. \$25/\$75

Barney Bentall & The Legendary Hearts, Horseshoe Tavern, \$15

Saturday

Toronto Indie Arts Festival, The Reverb, 12 p.m. - 12 a.m. \$10

Tanya Donelly, Horseshoe Tavern, \$8.50

Sunday

Primus with Limp Bizkit, Powerman 5000, The Warehouse, \$23

Run DMC, The Government, \$12/\$15

Monday

U2 with Third Eye Blind, SkyDome, \$40/\$55

Fiona Apple with Hooverphonic, The Phoenix, \$18.50

Mike Watt & The Black Crew Gang, Lee's Palace, \$11

Tuesday

Tindersticks, Lee's Palace, \$12.50

Wednesday

Helium with Syrop U.S.A., Secret Agent, Horseshoe Tavern, \$8/\$10

Save Ferris on fire

by LISA RAINFORD

Entertainment Reporter

With a blend of ska, swing, punk, and pop, Save Ferris offers an alternative to the alternative music scene.

On what the band has humorously dubbed the 'Light My Fire' tour, Save Ferris opened for Goldfinger at the Opera House Wednesday, October 15, and the two bands burned up the stage. Literally. The concert was cut short when smoke filled the stage because one of Goldfinger's amps caught fire. That wasn't the first time a fire broke out. While Save Ferris was in New York a couple of weeks ago, there was a fire in their hotel.

"At six o'clock in the morning we were awakened by loudspeakers in the hallway saying that there was a fire on the eighth floor and that we had to stay in our rooms," said Monique Powell, lead singer of the band. "We were stuck on the 42nd floor. We could feel heat on the door and see fire trucks and ambulances from our window that wouldn't open."

Save Ferris was formed at the end of the summer of 1995 by seven musicians from Orange County, California. Band members include Brian Mashburn (guitar, vocals), Bill Uechi (bass), Marc Harismendy (drums), Jose Castellanos (trumpet), Eric Zamora

(sax), Brian Williams (trombone), and Powell (lead vocals). Powell studied music in college and it was there that she was reintroduced to ska music.

"We would never ever consider ourselves a traditional ska band," said Powell. "There was a time when, if you didn't wear a suit while you played, you'd get kicked out," said Mashburn, referring to the stereotypical image of traditional ska bands.

Ska was first considered Jamaican dance music, and originated in the '60s. In the U.K., ska is known as Blue Beat music, and encompasses drums, bass, rhythm guitar, horns and, maybe, the Hammond organ.

"You have to play on the upbeat," said Powell, on how ska differs from the average band. Mashburn said "it's a sound that can be incorporated with a lot of things, like swing and jazz. We're always trying different things."

The band recorded an album with their savings and borrowed funds and *Introducing Save Ferris* sold 12,000 copies. They marketed their own EP until they got so wrapped up in the business side that they couldn't concentrate on making music.

"Being signed wasn't the most important thing," said Mashburn. "We were signed out of necessity as a result of our album sales."

In April 1997, Save Ferris signed with Epic Records and their EP was picked up for national distribution. Powell and Mashburn said that even though their fans in Orange County are very supportive, they don't expect everyone to be so accepting.

"You're always going to get slack," Powell said, but she's taking it all in stride. She said you must "stay true to yourself."



Save Ferris and Goldfinger lit things up at the Opera House.

ON DISC

Reviews by Scott Middleton



Phuse
Power Funk Pop
CSR

The name of the album is what Phuse has attempted to accomplish. Power is sometimes there in the guitar. That's the card they should have played more. The funk seemed out of place. But, the pop was definitely pulled off. All in all the album seems weak until halfway when you realize how diverse they are. Not bad for a home-grown indie.

(etc. etc. etc.)



Patti Smith
Peace and Noise
Arista

"She's got sooo much to say, she's sooo gritty, she's sooo cool." Get a grip. Her band is pretty good but she sucks. Sure the lyrics have an important message but she should get over herself and just spit it

out. Though she may look like Bob Dylan or Neil Young back in the day, she can't pull off their kind of act. Yoko, sorry, Smith has just got way tooo much self-importance.

(etc.)



Bob Dylan
Time Out of Mind
Columbia

He may be old but he's definitely still got it. *Time Out of Mind* may be a little bluesier than Dylan fans are used to but it's still Dylan. In this album he explores themes relevant to him at this stage in his life. He's already done his divorce album. This one is more about just getting on with life. Not only are the songs meaningful and poetic as all hell but some are down-right beautiful not to mention a little easier to understand. Any Dylan fan would be proud to have this album in their collection.

(etc. etc. etc. etc. etc.)

Grand Opening

Toronto Get Ready!

The Dominant Force In Niteclub Entertainment Is finally here!

Thurs. Oct. 30
Fri. Oct. 31
Sat. Nov. 1



1997

15 Mercer St., Toronto 416-977-8868

FREE ADMISSION
Valid for 1 any night Thurs., Fri., Sat.

MINISTRY

416-977-8868
15 Mercer St., Toronto EtCetera

Thurs•Daze
All request University & College Pub Night

Fry•Daze
A New Alternative & Retro Experience

Sat•R•Daze
Classic & Current Club Grooves

Join us for our first Halloween Bash
Fri. Oct. 31
Prize for the Scariest Costume \$50
BEWARE!

'NEWZ'
niteclub

163 Calingview Drive South on Dixon Rd., Etobicoke
FOR PARTY RESERVATIONS CALL: 416-675-6390

1ST HALLOWEEN NEWZ BASH

Join us Fri., Oct. 31 for our 1st Hallowe'en Newz Bash
Dance Music All Night Long!
Prize for the Sexiest Costume!

TEMPTATION FRIDAYS

The Hottest Dance Party on the West Side
with M.C. Jay T. and D.J. Manzone.
Ladies FREE B-4 12
VIP Gold Cards to the 1st 113 ladies every Friday night

STONE COLD SATURDAYS

Live to Air with Andy Frost & D.J. Massimo
The Best in Rock Music
Ladies FREE B-4 10:30

CLUB 108
DANCE

1325 Eglinton Ave. Northwest corner of Dixie & Eglinton, Mississauga

FOR PARTY RESERVATIONS CALL: 905-625-1078

RECESSION THURSDAYS

The only University & College Pub Nite on the West Side.
Ladies FREE All Night Long!

ICE COLD FRIDAYS

Q 107 Rock Music all night with the Frosty Man, Andy Frost. Ladies FREE B-4 10:30
Join us for Halloween Prizes for the Ugliest Costume
Rock on Oct. 31

RWEE NOT SATURDAYS

X-Rated Style with MC Jay T & DJ Manzone.
Giveaways all night! Ladies FREE B-4 10:30

TOSI

WAREHOUSE JOBS
MISSISSAUGA

We are looking for students who want to make extra money working as general labourers on a temporary basis for a publishing firm. You'll need to be energetic to work on an assembly line on days/evenings or midnight shifts. Experience is not required as full training is provided. Contact **Kirstie** now to select your shift.

362-7454

TOSI Placement Services Inc. Employment Equity Employer

A touch of brass

by MARK SUBRYAN

Entertainment Reporter

The first in a series of chamber music concerts showcasing some of Southern Etobicoke's finest classical musicians will begin next week.

"The reason for the concert series is that we've found that one of South Etobicoke's strengths is the large number of artists who live here," said Gerald Smith, chairperson of the Chamber Music Festival and full time faculty member at Humber's Lakeshore Campus.

On October 24, Etobicoke's Lakeshore Arts Committee will feature a show called "Music On The Lake" at Saint Margaret's Church at 156 Sixth St.

The first ensemble showcased will be True North Brass who debuted last year on CBC radio.

True North Brass includes Scott

Irvine, a brass soloist who is better known as the voice of the elephant on Sharon, Lois, and Bram's Elephant Show.

The other members of the ensemble are Alastair Kay, who is a lead trombone player with the Grammy Award-winning jazz band, The Boss Brass; Stuart Loughton a trumpet soloist and founding member of the Canadian Brass; Raymond Tizzard, concertmaster and founder of the Hannaford Street Silver Band; and Joan Watson who is the associate principle French hornist in the Toronto Symphony Orchestra.

The ensemble will play compositions from Etobicoke Composers Gary Kulesha, the composer adviser for the Toronto Symphony Orchestra and J. Scott Irvine.

There is going to be a world premiere performance of a new blues composition by Alastair Kay

along with familiar works by J.S. Bach, Duke Ellington, and Hoagy Carmichael.

The Arts Committee hopes to have some musicians from Humber's Music program play some concerts in the future.

"With Humber College's music program at the Lakeshore campus, hopefully students would choose to be a part of the shows," Smith said. "Since so many of the musicians in our shows live in the South Etobicoke area, we hope that some of these students will make this their home as well."

"We want people to know that they don't have to drive far for culture," Smith said. "Culture is something that is around the people here in South Etobicoke. Many don't know that."

Tickets are \$15 for adults, \$10 for students. They can be purchased by calling (416) 251-7236.

No Beans

by SEAN HAMILTON

Entertainment Reporter

Mr Bean is not full of beans.

In his first feature length film Mr. Bean, (Rowan Atkinson) is up to to his usual antics. As in his sketches, Bean is a very visual character. If you are looking for humor that is a bit more subtle, keep looking.

The only difference between the 10 minute sketches and 90 minute movie is that Bean speaks!

His voice may take sometime to get used to. If you can't, don't worry. Fortunately he doesn't speak much.

The man-of-few-words screw ball antics cover two continents, beginning in Bean's homeland.

Mr. Bean's job is to sit in a corner of the London National Art Gallery and look at pictures. Seems simple, unless you're Mr. Bean.

The board of directors wants to fire him, but Bean has endeared himself to the Chairman of the Board. So instead of firing him, they do the next best thing. They send him to the U.S. to deliver one of the world's greatest master pieces - Whistler's Mother.

The London gallery tells the Los Angeles gallery Mr. Bean is a renowned expert on the painting and will stay and lecture about the art work. If all goes well, the Americans will see Bean for the fraud he is and that will be the end of him.

Bean manages to create havoc for himself and for everybody he meets (including Whistler's Mother).

Atkinson gets no support from fellow cast members. That leaves him to perform the best scenes on his own, making the really brilliant scenes far and few between.

Legal Secretary Position

A busy
real estate
practice
requires
a legal
secretary.

Please mail resumé
in confidence to
Jacqueline Harper
c/o Tork Brown & Co.
1515 Matheson Blvd. E.,
Ste. 201, Mississauga,
ON L4W 2P5



Al Pacino and Keanu Reeves star in Warner Bros.' *The Devil's Advocate*.

Devilish Duo

by PAUL RICHARDSON

Entertainment Reporter

There's smoke, but little fire, in the new supernatural dud *Devil's Advocate*.

The movie is the story of a young Florida attorney, Kevin Lomax, played by Keanu Reeves of Speed who has never lost a case. He attracts the attention of Milton, Chadwick, Waters, an international law firm based in New York city headed by the devilish John Milton, played by Al Pacino.

After an offer of employment is made, Lomax and his beautiful young wife, Mary Ann, played by Charlize Theron, move to New York to begin a lavish new life together. The young couple quickly learns something is rotten in the

Big Apple and it involves the law firm and its mysterious head.

From there, the movie continues on to a boring conclusion, that leaves the viewer feeling cheated.

Pacino is great in his role as the mysterious Milton, while Reeves is simply horrible as the young hot shot attorney, Lomax. Reeves seems out of place and, while watching, one wonders when he is going to utter, "There's a bomb on the bus."

Devil's Advocate was filmed on location in Florida and New York and provides some spectacular views of the New York skyline.

The high point of the movie comes towards the end in a scene where Pacino goes over the top and breathes some life into it.



Headstones getting ahead

by Jeff Heatherington
Entertainment Reporter

One of Canada's hardest working bands, The Headstones, is becoming one of Canada's most successful bands.

What sets this band apart from other Canadian bands is the group's aggressive on-stage presence. Their music is fast, upbeat and features plenty of hard rock guitar.

Most of the band's reputation comes from lead singer, Hugh Dillon, whose lyrics describe images of death, despair, sex and anger.

"That's definitely where we get our reputation from," said guitarist Trent Carr. "Sometimes it will work to our advantage because people will be a little more intimi-

dated and back off a little more. Other times, people will challenge us more because they think we're tough guys."

One thing people are learning though, is to not get Dillon mad during a show. At Durham College last year, an audience member learned the hard way after he refused to stop spraying beer on Dillon and verbally harassing him.

"Hugh jumped off the stage, popped the guy in the head and came back up to finish the show," Carr said. No big deal for this quartet, just another show.

After the success of their first two albums, *Picture of Health* (1993), and *Teeth and Tissue* (1995), which both attained gold status (50,000 copies sold), the band's latest release, *Smile and*

Wave (1996), is on its way to gold as well.

The band's nucleus started when Dillon and Carr hooked up in the early '90s in Toronto. Carr agreed to work with Dillon only after Dillon promised to kick hard drugs.

The Headstones other members include Humber College music graduate, Dale Harrison (drums), and bassist Trent White.

They credit a lot of their success to playing the college and university circuit. "For us, the college experience has been great," Carr said. "Colleges are better than playing clubs because the money is better and so are the crowds. That's where we got a lot of our recognition."

Carr, who can be described as a

little guy who carries a big axe, was quite modest when asked what he thought about being labeled one of the best rock guitarists in Canada.

"I can't even put my head around that kind of comment," Carr said. "I think it's a tremendous compliment, but I'm always trying to get better. There is always room for improvement."

The Headstones receive a lot of fan interest from Western Canada, where according to Carr, they are twice as big as they are in this area. They are also gaining popularity in Mexico after they were invited there last December by the Canadian Embassy to play the Guadalajara International Book Fair.

Rock shows had been banned in Guadalajara for five years because

of violence, so crowds were expected to be between 200 to 300 people.

An amazing 3,000 moshing amigos showed up dancing around, and singing their songs.

The band is also enjoying some fame from the critically acclaimed movie, *Hard Core Logo*. Dillon is the only band member in the movie. He plays a faded, but loved, punk-rock singer/guitar player on a last chance tour.

Dillon has also met filmmaker Quentin Tarantino (*Pulp Fiction*) in Los Angeles for a part in an upcoming project.

The band recently wound up the western portion of their tour and will be in Toronto to play the Warehouse on Halloween.

Keith Haring alive at the AGO

by DUSTIN DINOFF

Entertainment Reporter

The art of Keith Haring lives on at the AGO.

The Art Gallery of Ontario (AGO) is displaying the works of the late artist, Keith Haring. The exhibition, that was extremely successful in New York, is being displayed in Toronto for a limited time.

The Keith Haring works have been on display not only in some of the finest museums and galleries throughout the world, but also in some of New York's finest subway stops. Haring was arrested several times for his graffiti, but he did it in the name of, and for the love of, art.

"Haring believed in energy, experimentation and he believed first and foremost in art's ability to help us communicate with one another," Matthew Teitelbaum told the crowd at the exhibit's media preview last Wednesday. Teitelbaum is the AGO's chief curator.

Although the works of Haring are nothing short of tremendous, some of the images he created are quite graphic. In other words, unless you want to explain to your children about anal sex, drug use and a host of other topics, leave them at home.

Haring was a pop-culture icon in the 1980s and many of his images of space-crafts, barking dogs and the outline of a human, are easily recognizable. However, what is as astonishing as the works he created, most of which are untitled, is the wide array of canvases he used to create the pieces.

His art covered a host of surfaces, from vinyl tarps to

public building walls, activist posters, fashion fabrics, human bodies, watches and badges," said Gallery Director, Max Anderson.

Among the more unconventional surfaces on display in Toronto are a huge Coca-Cola sign, a cradle and an old refrigerator door, all of which now bear Haring's signature imagery.

This is the first time Haring's art has been on display in Canada and, according to his long time friend, Julia Gruen, he would have been very pleased with the event.

"I'm not even sure he visited here at any point, but so much of his philosophy and reason for being was to allow the most people possible to view his work, experience it, and participate in it," Gruen said.

Although Haring was diagnosed with AIDS in his late 20s and died from it in 1990 at the age of 31, the people who put the Keith Haring Retrospective together do not see his later works as morbid or pitiful.

"I think it is true to say that, while there is a lot of sorrow in the work towards the end of his career, there is never any pity," said Teitelbaum. "There is never a sense that Keith Haring was disadvantaged."

To further welcome the Keith Haring Exhibit and alert the public to its arrival, three large sculptures, created by Haring, are going to be displayed in Toronto. They are brightly colored, and are said to weigh about 800-pounds each. Two of them will be seen on University Avenue and the other will be on display in front of the AGO.

The Keith Haring Collection can be viewed at the Art Gallery of Ontario from October 17, 1997 to January 18, 1998. For more information call the Keith Haring Hotline, at 416-979-6600.



Haring works including these will be on display at the AGO.

Second City leaves Lombard

by **DUSTIN DINOFF**

Entertainment Reporter

The art of sketch comedy in Toronto is very much alive, but relocating.

After an incredible 24 year tenure at the Old Firehall on Lombard Street, Second City Toronto is moving to the heart of the entertainment district.

The Firehall is full of history and memories of some of the most successful comedic actors of the past quarter-century. It launched the careers of Andrea Martin, Dave Thomas, Martin Short and John Candy, to name a few. The names on the list of alumni seems infinite and the current cast are in the midst of running the 42nd very successful Second City comedy review. So why move from a place so dear to many?

"The reality of the Firehall,

especially on weekends, is that we find ourselves refusing business," said Michele Agnew, Second City's promotional director. The 200 seats available to the public on performance nights can no longer accommodate public demand.

Agnew admits, however, that leaving the small theatre was not an easy decision. "We are all having an emotional parting. It's an old building with a lot of memories and history, but it is an old building. There are limitations due to its history," she said.

Marc Hickox is currently performing in *Last Tango on Lombard*, the final Second City revue at the Firehall. "I'm looking forward to moving, but I'm glad to have performed here," said Hickox, seated comfortably in the Second City green room. "To be in the first cast in the new theatre will be

exciting. The stage is larger, the backstage is larger and, technically, the new place will be much more accommodating."

The new Second City theatre, set to open in November, at 56 Blue Jays Way, will feature a main-stage theatre with a seating capacity of 350. It will also feature a state-of-the-art sound and lighting system. The layout for the theatre is similar to the design of the Detroit Second City. For a show that is so dependent on audience interaction, one would think that a larger theatre would hinder the intimacy of the performances.

"It's going to be different," admits Hickox. "The Firehall is kind of odd because you almost have to play in two directions. The room is L-shaped. In the new theatre, it's basically all evenly spaced. I hope it has some of the intimacy the Firehall has, so you can actually whisper and have people hear you. Doing this type of comedy, you need that. It wouldn't play as well in the Princess of Wales Theatre."

Although the move will take place in November, the first revue will not run until January. In the meantime, *Last Tango on Lombard* will be held over into the new theatre. This hilarious 90-minute show spoofs Toronto's smoking ban, Nazis, and the political correctness of teachers. Some particularly good sketches involve a musical autopsy and David Mamet's obscenity-laced version of the Tennessee Williams play *The Glass Menagerie*.

"I think there was a lot of pres-

sure for (*Last Tango*) to be a good show," Hickox said. "It's being billed as the last show at the Firehall, but that doesn't mean people aren't going to laugh any more than they normally would. People enjoy it. Management is happy with it, our director (Chris Earle) is happy with it, and we like it."

Last Tango has been very successful for Second City in comparison with some of their past shows, and after seeing it you'll understand why. However, in the heart of the entertainment district, standing nose-to-nose with Mirvish Productions and Livent Entertainment, can Second City achieve the success they hope for from the move? Agnew thinks so.

"The walk-by traffic on Lombard is nothing," she said, "But the entertainment district, with all its theaters, restaurants, sports facilities, is a hub of activity."

Director and former Second City choreographer Joel



Second City's last show playing until November.

Greenberg said, "I think (Lombard) in the evening is very desolate. It's not dangerous or anything like that, but when you walk out of the Firehall at night, you just get into your car and leave. There's nowhere to go."

The *Last Tango on Lombard* will continue at the Old Firehall until November 1997.

CHRIS SHEPPARD
 DESTROYING THE DANCE FLOOR
 STRICTLY LIMITED EDITION

Shep's first Toronto residency in a year!

back with a VENGEANCE

with special guest performances

from New York City **Reel 2 Real**
(I Like To Move It, Mueve La Cadera)

from Germany **Red 5**
(Da Beat Goes, I Love You, Stop!)

from Seattle **Tia**
(Slip 'n' Slide, Cars)

DJ Guests: Dave Hype, Peter the Greek in *The Orange Room*
 and Dave Campbell in *The Drink*

FREE Admission with this ad any Friday

the GOVERNMENT
 132 Queens Quay East, Toronto (416) 269-0045
 Good up to and including Oct. 24, 97

An announcement for all part-time and full-time HUMBER COLLEGE STUDENTS

- ▶ Are you almost finished your program and considering a specialization?
- ▶ Are you a part-time student ready to start a full-time program?
- ▶ Do you have family members or friends who would like to find out more about Humber College's programs?

Then join us for our annual

COLLEGE INFORMATION NIGHT & OPEN HOUSE

Monday, November 3
 5:00 pm to 8:00 pm,
 North Campus

Admission is free. We'll have signs to direct you to the displays and labs. Interested? All you have to do is show up. We'll do the rest!

For further information, call (416) 675-6622, ext. 4048.

Et Cetera Sports

Grant Fraser brings Humber into the world of college golf

Coach cares about future and success of students first

by HIMANI EDIRIWEERA

Sports Reporter

Take a business administration program, add a twist of golf, and you get Ontario's first Professional

Golf Management program at Humber College.

Grant Fraser is the founder and co-ordinator of the program. It was a concept he put together with the Canadian Professional Golfers' Association (CPGA) and Humber College in 1994. At the time, only two other schools in Canada were offering a similar pro-

gram, both in Alberta.

The Golf Management program, now in its third year at Humber, started with 54 students and grew to 153 students.

"I think the word is out that this is an excellent program. We're seeing quality applications, and quality students," Fraser said.

Fraser did his undergraduate studies at Wilfrid Laurier University, where he played varsity squash and football. In 1991, he graduated with a MBA from the University of Western Ontario.

After graduation, he spent two years working for the Royal Bank in real estate lending, and later started his own commercial cleaning business.

Fraser has been associated with Humber since 1992 when he was a part-time instructor in the School of Business. Two years later, he approached the college with his idea for developing a golf management program.

"It's been a wonderful learning experience," he said. "From the beginning, the college has been very supportive and the program will only continue to get better."

The program offers students an opportunity to work in their field during their schooling. Two six-month internships have been introduced to the diploma program, providing students with valuable experience before graduation.

"The golf community knows about our programs and that we can assist them in their staffing requirements," Fraser said.

In addition to co-ordinating the golf management program, Fraser serves as the varsity golf coach. The team remains undefeated and

has won the OCAA provincial championships in 1996 and 1997.

"Every tournament we've gone to, we've won," Fraser said.

Fraser has had a passion for golf since he was young. He spent most of his summers working at courses in Toronto, and enjoys both the social and the business sides of the sport.

Besides playing golf, Fraser is also a photographer and writer.

"I like to showcase the courses we have in Ontario," Fraser said, referring to the photos and descriptive accounts in his books.

His first book, *50 of Ontario's Greatest Public Golf Courses*, was released in 1996, and the sequel, *Golf Access: Guide to Central Ontario's Finest Golf Courses* came out this spring. A third book will be published in December.

Fraser said the most rewarding aspect of his job is the interaction with the students.

"I really try to get to know each of them on a personal level. If my students were to say I made a difference while they were going through the program, what more could I ask for?" Fraser said. "I care about their futures and want them to succeed. I want them to get the kind of job they want to get."

In last week's story "Humber golf a hole in one again" Mike Stannard's name was left out of the list of the players.

Mike, a valuable member of the team, shot a 158 at the provincials in Brockville. He is a student in the Professional Golf Management Program and will be returning to the team next year.

Team has 'kinks' to work out

by MARK SUBRYAN

Sports Reporter

Last weekend, the men's basketball team played two exhibition games against Algonquin College and the University of Ottawa.

Humber lost both games.

"I was disappointed with the losses," said Hawks coach Mike Katz. "This was a weekend to work out the kinks. We got blown out by Algonquin on Friday night, but showed great resiliency against Ottawa on Saturday."

On Friday, the Hawks were humbled 70-47 by Algonquin. The following night, they dropped a 73-62 decision to Ottawa.

"The team showed great character by coming back to within seven against Ottawa," Katz said.

The main goal of the games was to allow the players to get used to playing with each other.

"The games were an experience for us," said Rowan Beckford, one of the Hawks' star players. "There were some bad things, but there were also a lot of good things."

Beckford did not play in the first game because of a knee injury, but came back to play against Ottawa.

"We were trying out our offensive and defensive plays," Beckford said. "Al St. Louis was one of our best players all weekend. The whole idea of coming together as a team is a gradual process."

This gradual process will require team veterans to lead the way.

October 31, the Hawks play a tournament at Dawson College.



Coach and co-ordinator Grant Fraser, his idea in 1994 has led to a the golf management program and the two-time OCAA championship team.

It's all in the family for Humber and Raptors

by MARK SUBRYAN

Sports Reporter

This summer, Toronto Raptor Carlos Rogers suggested to his brother, Keffrin Dunson, and nephew, Larry Jefferson, they should come with him to Canada and attend Humber College.

Here they could get an education and play basketball after dealing with a family tragedy that brought them closer together. Earlier this year, Carlos Rogers' sister, Rene, passed away after a lengthy battle with leukemia.

Rogers is paying for his brother and nephew to attend classes at Humber.

"I wanted to be closer to my brother, Carlos," Dunson said.

"Carlos and I have always been close and now I'm with him. I came here to get away from Detroit also. As a family, we were always close and ever since Rene's passing, we've gotten a lot closer."

"I saw this opportunity to be with Carlos," Jefferson said. "I wanted to take advantage of the opportunity at an education and to play ball. It's like Keffrin said, any time someone close to you dies, you just become tighter with the rest of the family."

Dunson said that his brother has matured a lot since the death of their sister. Yet, he is still a fun-loving person who likes to lighten up every situation, wherever he goes.

"Everybody labeled Carlos with that bad boy attitude," Dunson said. "He isn't bad. Carlos is a good guy."

According to Humber Athletic Director, Doug Fox, the choice of

"Carlos and I have always been close. As a family we were always close and ever since Rene's passing we've gotten a lot closer"

- Keffrin Dunson

Humber was an easy one for Rogers.

"Carlos wanted a school that was in close proximity to where he lived and that meant either Humber, George Brown, Seneca, or Centennial," Fox said. "We've had a lot of dealings with the Raptors, we're a potential training site for them. We have many people from the school who work with the team, so Carlos saw us as the easiest option for them (Dunson and Jefferson)."

Dunson and Jefferson are enrolled in the Business Administration program.

Dunson was a shooting guard when he played for Northwestern High School in Detroit, while

Jefferson was a small forward at Southfield High School in Southfield, Michigan.

They do not know where Coach Mike Katz will use them on the Hawks this season.

Their goal for the coming basketball season is to go all the way to the CCAA championships in March.

One day, both Dunson and Jefferson hope to be playing in the NBA.

"Anyone who plays basketball dreams of the NBA," Dunson said. "My dream would be to make it."

Dunson, Jefferson, and the rest of the Hawks will play in Montreal on October 31 in a tournament at Dawson College.

Men's soccer finishes strong



The Hawks men's soccer team defeated George Brown 3-0 to finish off the season. They finished in first place with the Mohawk Mountaineers in the Central West Region Division.

by SHAWN GIBSON

Sports Reporter

The Humber Hawks were defeated by the Mohawk Mountaineers last Tuesday 1-0, giving them their first loss of the season. But they bounced back two days later, handing a 3-0 loss to George Brown.

The defeat to Mohawk was not devastating. They considered it a good thing, meaning now they can concentrate on playing well, rather than preserving perfection.

"This loss is actually good," said rookie mid-fielder Dennis Rodriguez-Pena. "If we lose now, we have time to regroup before the playoffs. Today we played their game. When they scored we just kicked without order and it hurt us in the long run."

Coach Germain Sanchez was upset by the loss but said Mohawk did not out play the Hawks.

"This was definitely our off-game of the season. Maybe it was too much turkey from Thanksgiving, I don't know," Sanchez said. "They did not out play us though. We had many chances to score and couldn't put the ball in the net. Mohawk had one really good

chance and were able to capitalize. This is nothing to panic over."

In the last game of the regular season, the Hawks dominated their visitors, both on defence and offence. Ian Carabine scored a goal while Jesse Calabro added another goal to his season total and captain Walter Martins finished off his regular season hot streak with another great goal.

A notable mention goes out to Pena, who although having no goals this season, has put forth a tremendous effort the last few games.

Many players have commented on the difference between the two games and how the plays were more organized.

"That's more like it," said defenceman Terrence Campbell. "We should be playing like that with the playoffs right around the corner."

The OCAA tournament is October 31 and November 1. The Hawks have first place in their division wrapped up and should be ready for the championships. The players will take a well deserved break to regroup, hoping that when they are back together they'll be stronger than ever.

Women's soccer in playoffs

Hawks end their season with a win

by JOE SILVA

Sports Reporter

The women's soccer team finished the regular season last week with a 1-0 loss to the Mohawk Mountaineers on Tuesday, and a 2-1 win over the Redeemer Royals on Friday.

The final two games didn't mean anything to the team in terms of standings. The Hawks had already clinched a play-off berth finishing in second place in their respective division. The team ended the regular season with a 4-2 record. The Mohawk game was one the team would have liked to have won because they lost to Mohawk earlier in the season.

Coach Vince Pileggi believes that the team played outstandingly against Mohawk. "I thought it was one of the better games that we've played from the standpoint of effort and attitude," Pileggi said.

He also liked the way the team kept pressuring Mohawk, even after the Mountaineers scored their goal.

Forward Angela MacDonald agreed with Pileggi.

"I think that we played one of our best games so far. We never gave up throughout the whole thing," MacDonald said.

She added that the effort by

the team was a good one considering the team didn't play, or practice, for four days because of the Thanksgiving weekend.

The team continued its great play against Redeemer at home. The Hawks played the most exciting game in the regular season. Both teams had good scoring chances.

Wendy Aldebert scored to give Humber a 1-0 lead in the first-half.

der of the game.

The win over Redeemer had no significance in the standings, but it did mean something psychologically to the team. Humber will face Redeemer in its first play-off game. The win, and the fact that it was the second win over Redeemer this season, will give Humber a mental edge heading towards that first game in the play-offs.

Co-coach Mauro Ongaro thought the Hawks played pretty well. "They (the players) showed a lot of intensity and a lot of heart, and the defence played well," Ongaro said. His aim for this game was to have everyone play to get them ready for the playoffs.

Forward Lorraine Hamill said the team played a good game, but she feels they have to work on a few technicalities. "We have a tendency to bunch up at times. We should be calling out to our team and we are still lacking that," Hamill said.

Teammate Lindsay Anderson agreed with Hamill. "If we don't play the way we can play we lose. But if we play the way we can, then we will win," Anderson said.

Humber suffered yet another blow to the line-up. Mid-fielder Melanie Sanford suffered an injury to her left knee late in the second half. The injury was the result of Sanford and a Redeemer player colliding with their knees. The severity of the injury is not yet

The goal was a result of good anticipation by Aldebert after she intercepted a Redeemer pass.

The second half saw Humber increase the lead to 2-0 on a Filomena Aprile goal. Redeemer reduced Humber's lead just minutes later.

The goal came on a bad bounce. Thomson handled the shot taken by Redeemer, but the rebound went off mid-fielder Lindsay Anderson and into the net. Humber, however, managed to hold off the Royals for the remain-



Humber's women's soccer chased down a playoff spot this season, placing second, in the Central West Division, behind Mohawk.

Early season success for Hawks volleyball

by CINDY STEINMAN

Sports Reporter

The women's varsity volleyball team came out to play last Saturday, and left the other teams in the dust. They placed first in the Sheridan Tournament, proving that they are a force to be reckoned with.

Several schools took part in the tournament, including Centennial, Durham, Georgian and Seneca. The Hawks met the challenge head on.

In their pool, they won every game, and walked away with a 6-0 record.

The team showed no mercy, beating both Centennial and Georgian.

In the semi-finals against Durham, the women won every set with scores of 15-8, 15-6 and 15-10.

The Hawks played extremely well. Assistant coach Chris Wilkins said he felt this tournament gave the team the chance to come together.

"I think the compatibility of the team is starting to show, and people are getting more comfortable with each other," he said. "They're starting to come around and understand where they are on the court, in relation to the other players."

Veteran Dyan Layne agreed. "I think we were really together at this tournament," she said.

The strength of the team was apparent during the finals, when Humber faced off against Sheridan.

In the first set, Sheridan won 15-11, but Humber won the next two sets with scores of 15-5 and 15-11.

Layne said the team played with great effort.

"We were a little tired by the finals," she said. "But we pulled together in the end and won."

Wilkins said he's very happy with the way the team performed.

"There was never any doubt about the talent on this team," Wilkins said. "It's great to see it all come together, especially at a tournament like this. But we still have some work to do."

He said that having such a young team is a bonus, but that there is always work to do.

"A young team doesn't really know how to adjust, but they also have no bad habits to break. This offence is strong, but the defence is not quite there. We'll be working on improving that," Wilkins said.

There were no MVPs, but exceptional players included Cindy Ross and Christine Rudic with averages of eight kills a game. Center Caroline Fletcher, the captain of the team, impressed Wilkins with her game.

"She handles the court well, and keeps the girls in line," he said.

Wilkins said that the talent on this year's team is exceptional.

"I think the talent on this team outweighs any other year," he said. "And we're very young, so we're definitely looking long-term with this team."

Their next game is on October 29 against Daemen in Buffalo. After that, the team is off to play in Montreal from October 31 to November 2.

In the Hawks Nest

Female: JOHANNE HAYES



Johanne is a member of the women's soccer team. She has been one of the team's best players on defence. Her consistent play all season has been an asset. Her usual game assignments are covering the opposing team's top scorer.

Male: WALTER MARTINS



Walter is captain of the men's soccer team. He has scored four goals this year. His leadership has helped the team reach the top of their division. Also, his consistency has been a source of strength for the team.

OCAA STANDINGS FOR THE WEEK OF OCTOBER 23, 1997

Central West Region Division

MEN'S SOCCER

	GP	W	L	T	GF	GA	PTS
Humber	6	5	1	0	17	2	15
Mohawk	6	5	1	0	10	6	15
George Brown	6	1	5	0	6	12	3
Redeemer	6	1	5	0	3	16	3

WOMEN'S SOCCER

	GP	W	L	T	GF	GA	PTS
Mohawk	6	6	0	0	19	7	18
Humber	6	4	2	0	13	9	12
Redeemer	6	1	5	0	10	12	3
George Brown	6	1	5	0	1	12	3

Run straight to bed!

Physical activity - the key to a good night's sleep.

Sharing a Healthier Future™ with

PARTICIPATION



Humber's High Scorers

WOMEN'S SOCCER - Filomena Aprile 6 goals in 6 games (Second in league scoring)

MEN'S SOCCER - Jesse Calabro 7 goals in 6 games (First in league scoring)

Walter Martins 4 goals in 6 games (Second in league scoring)

SHERIDAN COLLEGE FULL-TIME DAY PROGRAMS BEGIN JANUARY 5

Apply Now for January!

Looking for a career or a change? Then look forward to a great new year and a rewarding career ahead by enrolling in a Sheridan College program. Word is out. Sheridan leads in career training.

Classes Start January 5, 1998.

A limited number of spaces are available in the following Sheridan College full-time programs:

- **Art Fundamentals** One year, (T) (Program Code: 6350)
- **Business** Two or Three years, (D and T) (2370)
- **Computer Animation, Post-diploma**, One year, (T) (6120)*
- **Computer Programmer** Two years, (D) (3220)
- **Early Childhood Assistant** One year, (D and T) (1840)
- **Educational Assistant, Post-basic** One year, (T) (1500)
- **Environmental Control, Post-diploma** One year, (D) (5365)
- **General Arts and Science** One or Two years, (D and T) (13AD)
- **Human Resource Management, Post-diploma, Co-op Program** One year, (D and T) (A680)
- **Law and Security Administration** Two years, (T) (1380)
- **Office Administration** One year, (D) (2120)

(D) = Davis Campus, Brampton (T) Trafalgar Road Campus, Oakville *A full fee program.

To apply, or for more information:

Watch for regular updates on Sheridan's Web Site at: <http://www.sheridanc.on.ca>
Application forms and program Calendars are available at Sheridan College.

To have a Calendar mailed to you, call: (905) 815-4008; from Brampton area, call (905) 459-7533, ext. 4008, from Hamilton: (905) 681-4600 ext. 4008; Fax: (905) 815-4025; or email: infosheridan@sheridanc.on.ca.

For program details, refer to the program Calendar, email us at: infosheridan@sheridanc.on.ca, or call the Registrar's Office at: (905) 849-2800.

Visit our **Trafalgar Road Campus** at 1430 Trafalgar Road in Oakville, or the **Davis Campus**, Steeles Avenue and McLaughlin Road in Brampton.

SHERIDAN
COLLEGE

HUMBER
Classified Advertising

Marketing/Business Oriented People needed immediately. Second language an asset. 416-769-6159. Leave a message.

SPRING BREAK & NEW YEARS!! Travel FREE by organizing small groups to Montreal, New Orleans, Florida, and Mexico. We also have great ski trips! Call **Breakaway Tours @ 416-974-9774 ext. 310** for FREE promo kit. www.breakawaytours.com

Promoters Needed. Interested in being a "fly girl" or a "fly guy"? Want to earn \$200-\$300 a week? Call 416-442-1972.

Photographer: specializing in weddings, reunions, personal portraits, clubs, fashion, any event. Professional equipment & experience. Low student rates. B.&W. available. References. Call Jim (905) 727-6488.

Student Work \$12.85 to start. Work with housewares & sporting items. No door-to-door or telephone sales. Training provided. Scholarships available. Call **Monday, Tuesday & Wednesday (905) 812-9151.**

Word Processing. 905-453-4233

Earn MONEY and FREE TRIPS!! Absolute Best **SPRING BREAK Packages** available! **INDIVIDUALS**, student **ORGANIZATIONS**, or small **GROUPS** wanted!! Call **INTER-CAMPUS PROGRAMS** at 1-800-327-6013 or <http://www.icpt.com>.

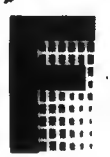
2 Male Students need roommate. Jane & Finch. 20 minute bus to Humber. \$310, utilities incl. 416-650-5903 or cell 416-457-5021.

Word is Out...



"A career in human resources (HR) fit nicely with my undergraduate psychology degree. I attended an info session at Sheridan and was impressed with the professional experience of the instructors. Once I got to the College, I found that the program covered such a wide spectrum, that possibilities within the HR field were virtually limitless. The co-op work placement was the best part of the program because it gave me my first real job in HR. Sheridan's great."

Chandra Burkhar, Recruiter, Maritz Canada Inc. (Mississauga), Human Resource Management (Post-diploma) Program Graduate



CLASSIFIED

Please print your ad in the space provided. To calculate the cost of your ad: \$6.00 per week for 25 words or less. Payment must be made in person or by cheque. If paying in person, please go to room L231 in the Humber College School of Media Studies. Please make cheques payable to Humber College. (attach sheet for more space)

Classifieds (416) 675-5007

Classifieds are due Friday prior to publication

The Last Word

What's up, doc?

The following quotes were taken from actual medical records dictated by physicians.

The patient states there is a burning pain in his penis which goes to his feet.

She has no rigors or shaking chills, but her husband states she was very hot in bed last night.

I will be happy to go into her GI system, she seems ready and anxious.

I have suggested that he loosen his pants before standing, and then, when he stands with help of his wife, they should fall on the floor.

The patient refused an autopsy.

The patient expired on the floor uneventfully.

The patient experienced sudden onset of severe shortness of breath with a picture of acute pulmonary edema at home while having sex which gradually deteriorated in the emergency room.

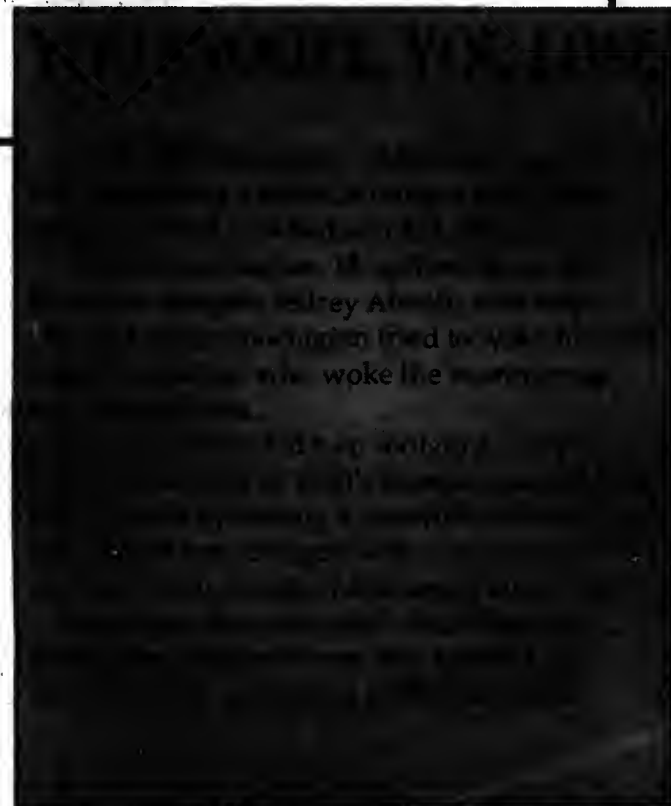
Exam of genitalia reveals that he is circus sized.

She stated that she had been constipated for most of her life until 1989 when she got a divorce.

When she fainted, her eyes rolled around the room.

damn ★ yankees

Tales of brilliance from south of the border



movie Line TRIVIA

1. What song was played in the *Brady Bunch* movie when Marsha first walks into high school?
2. What color dress does Rhett insist Scarlett wear to Ashley's birthday party in *Gone With the Wind*?
3. Who was originally going to be cast as Dorothy in the *Wizard of Oz*?
4. What kind of Dinosaur is hatching from an egg in the *Jurassic Park* lab?
5. Which actor spoke the famous line "Welcome to Sherwood, my lady" in the *Adventures of Robin Hood*?
6. Which actor's name was spelled wrong on all posters for the movie *U-turn*?
7. What does Charlton Heston see at the end of *Planet of the Apes*, that shows him what planet he is on?
8. What was the name of the band in *That Thing You Do!*?
9. Who does the voice of Yoda in the



Empire Strikes Back and *Return of the Jedi*?
10. Name the actors who played Lori Singer's parents in *Footloose*.

1. Venus; 2. red; 3. Shirley Temple; 4. "Veloc" raptor; 5. Errol Flynn; 6. Powers Boothe; 7. Statue of Liberty; 8. The Wonders; 9. Frank Oz; 10. John Lithgow and Dianne West.

Et Cetera

October 23 - 29, 1997