

One Of A Kind

Gifts for everyone at the holiday sale p.8

Oscar Hype!

Speculation starts for award contenders p.17



HUMBER ET CETERA

December 1, 2005

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v. 36 # 11

16,000

people have been infected with HIV/AIDS in Toronto

> 56,000 people are living with HIV/AIDS in Canada

World AIDS Day

40 million people are living with HIV/AIDS worldwide







news ®

"Canada is like an old cow. The West feeds it. Ontario and Quebec milk it. And you can well imagine what it's doing in the Maritimes." – Tommy Douglas

More shots fired on Lexington

Community on edge after man shot in face Sunday

by nick kyonka **NEWS REPORTER**

The Rexdale neighbourhood shattered by the shooting death of a young man outside a funeral was hit by another shooting this weekend.

This time, however, the victim will

Luigi Santillan, 18, was rushed to Sunnybrook Hospital Sunday night after he was shot outside a townhouse complex near Albion Road and Martin Grove Road.

Santillan was released from hospital after taking a bullet to the right side of

"People are dying around us. It's some pretty scary shit."

- Lexington Avenue resident

The complex, which is on Lexington Avenue, was also the site of an incident Nov. 18, when a man was shot twice after failing to give his attacker a cigarette. Earlier that same day, 18-year-old Amon Beckles was shot and killed outside a church less than half a kilometer

Det. Sgt. Les Stasiak, 23 Division, said the known motives in the most recent case are similar to the previous shooting outside the complex.

The three suspects approached victim asked him if he had any drugs," Stasiak said Monday. "(He) said 'no,' and at this point, one of the suspects produced a hand gun and began firing at him.'

Stasiak said it is too early to determine other motives behind the shooting.

"You have to remain open-minded at this point in

time until we start zeroing in on the information ... You don't want to get tunnel vision.'

The neighbourhood was quiet the day after the shooting.

The only person around who would speak about the shootings was a man who would not give his name.

He seemed unconcerned about his own safety within the neighbourhood but when asked if other community members were frightened, he said "they should be.

"People are dying around us," he said. "It's some pretty scary shit."



Lexington Avenue has been the scene of two recent non-fatal shootings over cigarettes and drugs.

As the sun shone through the day's drizzle of rain, the man pointed to a rainbow arching over the complex roof. "How ironic," he laughed bitterly.

The man said despite the recent shootings, he does not sense any additional anxiety within the community.

"It's been like this for a while," he said. "It's just getting more and more and more.'

When asked if he heard the shots from his house the night before, his look

"I was there," he said and then he walked quickly away.

Canada heads to the polls in January vote

by sheri bolton NEWS REPORTER

Like a winter storm forecast months in advance, Canadians will be going to the polls Jan. 23 in what promises to be an election as nasty as the winter weather.

The campaign, which is already underway, follows passage of Conservative leader Stephen Harper's motion of non-confidence in the House of Commons on Monday. The 171-133 vote marks the first time in Canadian history a federal government has been defeated solely on a question of confidence.

Prime Minister Paul Martin wasted no time in setting the Liberal strategy attacking Harper's choice to

side with the Bloc Quebecois.

The Canada that is imagined by Stephen Harper and the Conservatives is starkly different from the Canada that we want to build," Martin said to his caucus, as aired on the CBC Monday night. "Stephen Harper sees no positive role for government, not in improving the lives of Canadians, not even in standing up for Canada."

At the same time, Harper addressed his caucus, saying he was ready for the Liberals to attack his party

Canadians have seen this movie before. They know when the Liberals scream about us, it's just a diversion. It's like the thief who cries fire in a crowded restaurant, so when no one's looking he can clear out the cash register," Harper said, also on the CBC.

New Democratic Party Leader Jack Layton said his party stopped propping up the government and voted to bring it down because Parliament was paralyzed by Liberal inaction. He criticized the Liberals for refusing to support an NDP motion calling for a February election, to avoid a Christmas campaign.

"As a result of the stubbornness of the Liberals and the inflexibility that we've seen, we will be starting an election," Layton said, as reported by Canadian Press. "We'll be entering an election that is wide open because there is a positive option that people can have available to them other than the Liberal broken promises and corruption.'

Martin promised to call an election within one month of Justice John Gomery's final report on the Liberal sponsorship scandal, due Feb. 1.

"There was going to be an election anyway," said political science Prof. Nelson Wiseman of the University of Toronto.

The non-confidence motion, introduced last Thursday, comes after the release of Gomery's preliminary findings, which spared Martin but painted a sorry picture of illegal Liberal practices in using the national unity issue to funnel money to party coffers.

Still, there is no guarantee the revelations will hurt the Liberals at the ballot box.

"The way things stand right now, I don't think things will change much," Wiseman said. But, he

added, "the Conservatives are in striking distance."

Recent polls give the Liberals a slight edge, though only one suggests the party could win a majority. Wiseman said the farther the country gets away from the sponsorship scandal, the more of a chance the Liberals will have to improve their lead.

Humber electrical apprentice student John Barbosa said this election call is just bad timing. "Leave Christmas for the people, not politics," he said

"I think the Liberals are going to go back into power again. It's just a waste of time and money ... Who else are we going to vote in there? Layton? I don't think so. Harper? His own party's in disarray,"

The Liberals have been in power for the past 12 years. Martin's minority has governed since the June 2004 election, when the Liberals won 135 seats to 99 for the Conservatives, 54 for the Bloc Quebecois and 19 for the NDP.

Committee speaks out on violence

NEWS REPORTER

Next week's anniversary of the Montreal Massacre and recent allegations of sexual assault at a Toronto high school are reminders of the brutal acts regularly committed against women in Canada, said a panel on youth violence.

The small conference, held last Friday, Nov. 25, was organized by Metropolitan Action Committee on Violence Women Children (METRAC), a comcommitted to upholding the Gunraj and Wendy Kiomoti at an anti-violence conference. rights of women and children to live violence-free.

'It is important to remember that the (Montreal) event happened, but violence against women is still happening today," said Andrea Gunraj, a community outreach worker with METRAC.

On Dec. 6, 1989, 14 women were gunned down at Montreal's Ecole Polytechnique. Marc Lepine, then 25, killed only female engineering students. Sixteen years later, Gunraj said violent acts are still occuring.

"At least one in two women will experience physical or sexual violence in their lifetime," she said.

Gunraj said some of the blame should be shouldered by those who are sworn to serve and protect citizens. "Police have to think about young

women and the unique barriers they



munity-based organization METRAC panelists Chelsea Takak, David Lewis, Andrea

"At least one in two women will experience physical or sexual violence in their lifetime."

- Andrea Gunraj,

METRAC outreach worker

face when coming forward with the still -taboo sexist violence they face ... and act proactively against the silencing of young women," she said.

In response to recent charges against 16 students at James Cardinal McGuigan Catholic high school for allegedly sexually assaulting and harassing a 16-yearold female classmate, Gunraj said key systems and institutions have responsi-

bilities to end sexist and racist violence. "Schools have to help

create an environment where young women are free to say they are dealing with violence and where there is an immediate, meaningful response that deals with the heart of the issue, not damage control," she said.

Some of the parents of the accused voiced their concern over racial bias by the school and police, noting the unfair treatment of the black students charged with assaulting a white victim. But Gunraj said it is particularly important young people

learn to respect one another. 'Schools have a responsibility to teach about healthy relationships ... and have a curriculum that is empowering to all youth, especially youth of colour, that connects them with the achievements of their communities and highlights their

That sentiment was echoed by Chelsea Takalo, 20, a youth peer workshop facilitator in METRAC's youth violence prevention program, Respect In Action (REACT).

wonderful potential," she said.

Young men have the responsibility to challenge violence against women and the pressures of masculinity they face," she said. "Young women have to reject the gender stereotypes placed on them and have solidarity with each other and not perpetuate the slut status with peers."

"Radio is the theatre of the mind. Television is the theatre of the mindless." – Steve Allen, American television personality and songwriter

Radio Humber hits airwaves | Memorial service for

by michelle dipardo SPECIAL TO THE ET CETERA

At exactly 9:06:09 p.m. Tuesday night, Radio Humber hit the FM airwaves during an official launch party celebrating the station's new broadcast license.

"Not only am I proud but I think everyone is proud about this particular evening," said Jerry Chomyn, station manager of Radio Humber. "This evening is the culmination of so many different people and numerous hours that have been involved in making this come together."

The station, CKHC 96.9 FM, will be known as Radio Humber. It is the first campus radio station to be granted a license in the GTA in 20 years and the only station in Canada to play 100 per cent Canadian content, a theme that dominated the evening.

Volunteers dressed as Mounties mingled with industry professionals and current and former broadcast students at a North Campus reception filled with iconic Canadian symbols, back bacon sandwiches, maple-dipped donuts and Canadian beer.

The Radio Humber signal will be heard within 10 kilometres of



(Left to right) Joe Andrews, co-ordinator of post-graduate radio broadcasting program, fake Mounties, Liz Janik, chair of the Radio Broadcasting Advisory Committee and Jerry Chomyn, station manager of Radio Humber, at the all-Canadian themed launch party.

"I think it's great that we're able to get our signal out further and we're going to hit about 300,000 people," said Tyler Ryll, a secondyear radio broadcasting student and Radio Humber announcer. "I'm going to try to think about how many people I'm now hitting, so I'm gonna try to improve my

While still focusing on students,

the station will also do more to

serve the Rexdale community.

Speakers at Tuesday's event included the Dean of Media Studies William Hanna and Etobicoke North MP Roy Cullen, who stopped by on the first day of the federal election campaign.

Cullen called Humber Radio, "an enormous positive to this community," and said that he'd be tun-

Lakeshore music prof

"Students always knew

Brian's integrity was there.

When he said

something, they'd listen..."

- Al Kays, music professor

by anthony pagliaroli SPECIAL TO THE ET CTETERA

and students at Humber's Lakeshore Campus commemorated the life of the wellknown and much-loved, Brian Harris, just weeks after he succumbed to cancer.

Harris left a legacy of 31 years of service to the Humber Music Program, during which he guided and helped shape the careers of hundreds of students.

A memorial tribute filled the

Lakeshore Auditorium yesterday with the sounds of trumpets and trombones, and altos and bari-

All were instruments Harris taught and played throughout his career at Humber Lakeshore.

Al Kays, a professor of music at Humber and a colleague of Harris'. was also one of his close friends.

He said Harris' presence would always be felt at Humber and his memory would never be forgotten.

"Students always knew Brian's integrity was there. When he said something, they'd listen because he's had all the experience of doing it himself," Kays said.

"He was very helpful and played a big influence many people and students.

The hourlong tribute to Harris had students reciting poems, faculty members reminiscing on the

good times and friends playing freshly written pieces in front of a large auditorium crowd.

Humber's School of Music also announced an annual \$1,000 scholarship in Harris' name.

The former head of the Keyboard Department passed away on Nov. 9.

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"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." - Margaret Meade

Humber's 'heart and soul'

Doris Tallon recognized for years of care

by vernon williston

Doris Tallon, former assistant to Humber's presidents, recently travelled to the Caribbean to receive a plaque honouring her years helping students from St. Vincent and Grenada get through Humber.

The plaque was from Humber alumni from the islands in appreciation for Tallon's patience, care, understanding and counsel during their years of studies.

Tallon has been with Humber since 1967. She was instrumental during the early years of the school in helping students from the island find accommodations and feel at home in their new environment.

"Doris helped us any way she could," said Wendell Bullock, a Humber alum from the islands. "She would help you find a place, buy furniture for the apartment or books for school with money out of her own pocket if she needed to. She acted as a mother to all of us students from the island."

Tallon is well known in St.Vincent and met with the prime minister and governor general of the island. More than 200 of the island's Humber graduates attended the reception that was held at the St. Vincent airport Oct. 23.

During the late `60s, former

During the late '60s, former education minister Bill Davis twinned collèges from Caribbean islands with collèges in Ontario. This provided students with tuition, room, board and a chance to study in Canada.

"Doris has always had a position in the president's office and it has given her a tremendous amount of institutional history which no one at the school has," said Humber president Robert Gordon.

"She's probably the heart and soul of the college without question," said long time friend and Manager of Continuing Education Services Marg Riley.

Caring for the needs of students and faculty at Humber College has made Tallon one of the most beloved figures at the college.

"She's always been a strong supporter of students, particularly students from other countries," said former Humber colleague and friend Rebel Hardy. "Doris made students that felt out of their element feel right at home."

Tallon, who retired from her full-time duties in 1997, is now in charge of planning special events at Humber, Gordon said.

"We need a person like Doris to do the special events and what better person than someone who knows the college and loves doing it."



courtesy

Doris Tallon received a plaque from Caribbean students in appreciation of her instrumental role in making students feel at home.



chris halliday

Students at Monsignor Johnson High scrimmage with police officers from Toronto's 31 Division.

Reaching out to Rexdale youth

by chris halliday

Humber students and Toronto police are reaching out to connect with Rexdale youth.

Humber police foundations students Brad Jewers, Andrew Hardisty and Derek Newman organized a tournament at Monsignor Johnson Catholic High School that brought students and Toronto Police officers from 31 Division together for a friendly game of basketball over the lunch hour on Wednesday, Nov. 23.

"Youth always seem to see police officers negatively and don't get much positive interaction with police," Newman said. "I want to be a police officer, but I have never had a positive experience with a police officer aside from the one or two of them that have a booth set up at the mall."

Sgt. Steve Hicks of 31 Division said reaching out to the community is "extremely important" because police have to connect with the kids in order to improve police-student relations in the area.

"Some students have had bad experiences with police and that bad experience tends to paint a bad picture forever," Hicks said. "Once we get playing with these kids it doesn't take long before they forget that we're actually cops. The best part about it is that students seem to forget who we are."

Beverley Lawrence, who teaches business at Monsignor Johnson High, said that "a good 60 per cent" of her students grow up hating police, but that outreach events force students to "see police in a different light.

"Students can look at these police officers as role models," Lawrence said. "It allows students to see that police aren't just here to fight crime, they are also here to help build the community and be their friends."

Principal Joseph Brady of Monsignor Johnson High said it's great that college students volunteer time to the community because "it's great for the kids and

the community.

"Colleges and universities are sending more and more students to come in and work with our kids, which is great," Brady said. "We're getting swamped by people com-

ing in here wanting to do volunteer work."

Daniella Cross, HSF vice-president of administration at North Campus, said "it is very important for the college to take a proactive role" in the Rexdale community.

"We hear on the news almost every weekend that there has been another shooting or some act of violence," Cross said. "Kids have a desire to make money and unfortunately easy money comes from drugs and weapons. We need to do something as a college to send the message that this is not the community we want to live in."

Every summer HSF puts on a camp for 300 youths in Rexdale free of charge through Camps United. Last year it went to North Albion Collegiate High School to mentor children who had been labeled as at risk.

"It was challenging mentoring students because some of them were getting arrested and suspended from school regularly," Cross said. "We tried to show kids that there is a brighter future ahead of them if they commit the time, work hard and get to college or university."

HSF collects gifts for Christmas drive

"I myself could go a

hundred Christmases

without another gift

because giving these gifts

makes me so happy. "

- Lindsay Kretschmer,

by jonah bettio SPECIAL TO THE ET CETERA

The Humber Students' Federation hopes to play Santa to some families in need this holiday season through the Adopt-a-Family

"A lot of people need our help," said Daniella Cross, vice-president administration for North Campus. "I think it's awesome that we can actually make a difference."

The HSF is collecting gifts, clothing and food from Humber staff and students on behalf of Oolagen Community Services, which organizes the Adopt-a-Family Drive

throughout the GTA.

"The families involved are really grateful," Cross said. "I've met a lot of them and they really do appreciate the generosity." Eleven fami-

Eleven families in total have been matched with sponsors

from Humber. The women's rugby team, the North and Lakeshore Residences and the School of Creative and Performing Arts all sponsored families this year.

Students and groups who aren't official sponsors are encouraged to donate grocery certificates, non-perishable food items and toiletries for women and children.

The donations will go to families such as Julee's. Although the 21-year-old achieved her goal of becoming a certified fitness instructor, she can't give her five-year-old son, Damian, the kind of holiday she feels he deserves.

For the families receiving support through the drive, it's hard enough to make ends meet during the rest of the year. Most are on social assistance and struggle to manage their basic living costs, so gifts and holiday dinners are often not a reality.

Lindsay Kretschmer is a social worker at Oolagen and knows first-hand what it's like for families like Julee and Damian to struggle during the holidays.

Her experiences formed the inspiration for the first Adopt-a-Family she organized five years ago.

"You can't match the joy of

dropping the gifts off to the families," Kretschmer said. "Sometimes people will come to tears because they're so moved."

She hopes students will take time out of their busy schedules to help out and experience the joy of helping someone in need

this time of year.

social worker

"I myself could go a hundred Christmases without another gift because giving these gifts makes me so happy," Kretschmer said. Donations will be accepted up

Donations will be accepted up until Monday, Dec. 5, but the sooner they are dropped off, the better. Items can be left at the HSF offices at both North and Lakeshore Campuses.

"Hopefully, thanks to everyone's generosity, I'll have to make a lot of car trips to get all the gifts and food down to Oolagen's offices," Cross said. "We're in a giant car heading towards a brick wall and everyone's arguing over where they're going to sit." - David Suzuki, Canadian environmentalist

Citizens urged to reduce emissions

by jesse cnockaert NEWS REPORTER

Natural Resources Canada is encouraging Canadians to save on energy costs this holiday season by taking the One-Tonne Challenge and reducing greenhouse gas emis-

In the interest of saving money, improving air quality and combating climate change, the Canadian government is pushing for energy efficient alternatives.

Christmas and the holidays are the perfect time for the One-Tonne Challenge," said Cathy McRae, head of marketing for the One-Tonne Challenge at Natural Resources Canada.

When shopping for Christmas gifts, McRae recommended people look for the energy star sign on electrical products like DVD players or computers. That indicates the products are the best in their class for energy efficiency.

"For Christmas lights, you can use LED (light-emitting diode) lights. They use up to 90 per cent less energy," she said.

McRae also recommended people select no-heat or air-dry cycle on their dishwasher settings when cleaning up after the holidays. Many other tips are available at www.climatechange.gc.ca.

The One-Tonne Challenge was started in 2003 as a public outreach program for people and industries to reduce their greenhouse gas output by one tonne per year. Many big companies such as VIA Rail, the Hudson's Bay Company and Home Depot have partnered with the program to reduce their own greenhouse gas output.

"I think it's great. It's a start, but we need to do more than one tonne. "

> - Steve King, Humber Environmental Club president

Steve King, a third-year environmental engineering student and president of Humber's environmental club, said he thinks the One-Tonne Challenge is a step in the right direction.

"I think it's great. It's a start, but we need to do more than one

tonne," he said.

King does what he can in his daily life to be environmentally friendly and even gave his car away in favour of public transportation.

"The fact that governments are even acknowledging (air pollution) is a good start," he said.

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news 🛎

Karla Homolka, who served 12 years for the sex slayings of two Ontario schoolgirls, had all conditions on her freedom lifted by a judge yesterday. - Toronto Star

New tourism program offers students degree

by alexandra mazzuca NEWS REPORTER

Starting in September 2006, Humber will offer a new Tourism Management program at the Lakeshore Campus.

The program will provide students with a Bachelor of Applied Business degree.

"This will offer training that differs from others in the market," said Alister Mathieson, dean of the School of Hospitality, Recreation and Tourism. "I came to Humber four years ago and the one thing I identified was the desperate shortage of trained individuals. We were recruiting people who had diplomas but we were looking for people with higher levels of business skill."

The program will be the only tourism degree in Canada that focuses the majority of its curriculum on e-business, operations management, marketing entrepreneurship and revenue management. It will also provide students with the chance to gain professional experience throughout a 14-week paid work placement.

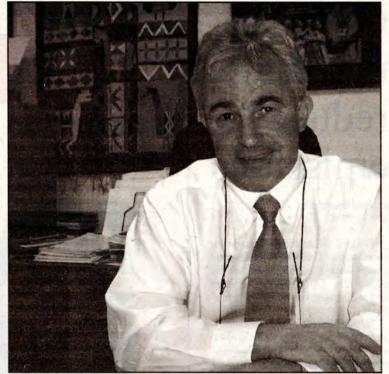
Mathieson said his "initial thoughts were confirmed" when he did a market need analysis – a general inquiry for the demand of individuals with business and tourism skills.

He discovered the employment growth in Ontario's tourism-hospitality division is on the rise, and employers are seeking qualified individuals who have knowledge on the pertinent and applied curriculum as well as experience in the workplace.

Vanessa Del Bel, a second-year tourism and travel student at Seneca College, said the program is something she might be interested in

"The program would give me so much more, combining business with aspects of tourism and travel seems appropriate and is what recruiters are looking for when we graduate," she said. "Getting onthe-job training is something every tourism and travel student should do."

The new degree program has a higher level of general business content and applies business skills with the aspects of tourism including airlines, destinations, government and other tour opportunities.



alexandra mazzuca

Alister Mathieson, dean of the School of Hospitality, Recreation and Tourism at Humber, said employment opportunities in Ontario's tourism and hospitality industry are increasing.

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Stories give films focus

by daniel lui NEWS REPORTER

Award-winning filmmaker Tim Wolochatiuk visited Humber's lecture hall Nov. 22 to give advice to documentary production students on how to get noticed

on how to get noticed.

Donna O'Brien Sokic, program co-ordinator of film and TV production, invited Wolochatiuk to visit because she wanted to show students the possibilities of a career in making documentaries.

"I wanted (the students) to meet a person who earns a living working as a documentary filmmaker."

Wolochatiuk talked about his start as a production assistant. He said it's a good way for students to break into the industry.

"It's the lowest rung of the

totem pole. But a good one because you get to see how everything works," he said. A lot of Wolochatiuk's advice

A lot of Wolochatiuk's advice drew upon examples from *Impact* of *Terror*, his documentary about a suicide bombing in Israel and the long-term effects that followed.

The documentary aired in over 200 countries including networks like CBC and CNN.

Wolochatiuk said students should consider what stories to include so their film won't lose focus.

"You have to be careful about who you insert into the film because after a while it becomes too confusing for the audience," he

"But you ultimately have to find characters that reflect the reality of what happened," he told students.

Faculty rejects first offer

by cynthia reason christine flynn NEWS EDITORS

Nearly 93 per cent of Humber's faculty has voted to reject management's latest offer.

Maureen Wall, Humber's faculty union president, said the offer did not discuss faculty demands and included only what the management group wanted to achieve.

"This is not the offer that was on the table from the council. It was not by any stretch of the imagination an acceptable basis for a settlement and some really serious bargaining (still) has to go on," she

Wall said key faculty issues such as workload formula, current classroom conditions, class size and excessive part-time contract hires were not addressed.

"Faculty are feeling as though they are already stretched to the limit, and yet the demands that were on the table from management and were in that offer were trying to squeeze more out of faculty time," Wall said.

Those sentiments were echoed provincially. Across Ontario, nearly 96 per cent of faculty who belong to the Ontario Public Service Employees Union (OPSEU) voted to reject the offer Tuesday.

"The message is that there has to be serious bargaining, we want some serious attempts to address our demands, our concerns," Wall said. "If there's no serious movement by early February 2006, we'll have a strike vote, with a potential strike deadline of March 7."

Nursing to get \$500Gs

by karalee agar NEWS REPORTER

Humber College's nursing program is the recipient of a grant of close to \$500,000 provided by the government of Ontario.

Health Minister George Smitherman said an investment of \$10 million would be made to nursing programs across the province, with \$485,300 allocated to Humber College.

"Nurses are a critical part of any quality health care system, and we have a responsibility to ensure that they are equipped with the knowledge and skills they need," Smitherman said in a Nov. 16 news release.

Though the school is still waiting for a letter of confirmation, the possibility of improving the Health Sciences labs looks positive.

The funding will provide for clinical simulation equipment, used by students for practise in detecting and treating illness and injury.

The equipment will consist of a series of computerized mannequins in adult, youth and infant sizes. They will respond to the practices and treatments performed on them just as a human would.

"These interactive mannequins provide nursing students with opportunities to rehearse vital clinical skills before putting them into practice in the clinical setting," said Kathleen MacMillan, dean of the School of Health Studies.

MacMillan estimated the School of Health Sciences will be able to purchase the mannequins in time for next semester.

To wash your hands sufficently, Health Canada suggests using warm water, antibacterial soap and to scrub for as long as it takes to sing Happy Birthday.

Are hand sanitizers washed up?

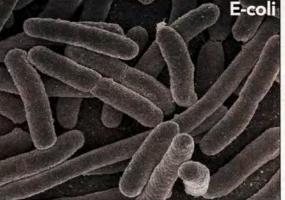


photo illustration by shapen crane

by marc herbert
SPECIAL TO THE ETCETERA

The hand has been deemed the biggest source of germs.

Eighty percent of infectious diseases, including the common cold and pneumonia, are transferred by human contact. The solution is simple – clean hands. Although, really clean hands demand meticulous cleaning regimes, some people think they can get by with hand sanitizers alone.

Roxanne Baker, a registered practical nurse at Trinity Long Term Care in Scarborough, uses instant hand sanitizers.

"I use hand sanitizers for convenience, they are everywhere in the buildings; at the doors, elevators, it's a good reminder," Baker said. "If you have touched a patient, but haven't soiled your hands, it's a nice way to rinse your hands and move on."

Recently, the effectiveness of these sanitizers has come into question. Many of these products contain ethanol or isopropanol alcohols as the active ingredient as well as a moisturizing agent to reduce irritation. The alcohol gel works by removing the outer layer of oil on the skin, killing the "transient" micro-organisms on the surface of the hands and causing delay in the build-up of germs.

But these products apparently remove the "good" germs along with the bad ones. The "good" germs are quickly replenished on the hand from other parts of the

The fear is that consistent use will have an effect similar to when you stop taking medication before the prescription is finished by creating resistant bacteria. Baker is agreed that continued use of handsanitizers can lead to a stronger strain of bacteria.

"I think that there is a possibility of a super-germ," Baker said. "Using hand sanitizers is generally peeling layers of protective dermis (skin). Eventually this could cause your skin or hand to reproduce this protective layer and we would have no defence against a lot of bacteria."

Baker said that the process of sanitizing is more than spreading the liquid over the hands. It calls for a brisk scrubbing similar to the exfoliation process.

"People don't realize that it's not just putting the product (on) that makes it work, it's friction. You have to put the product on and rub it vigorously," she said.

Despite that, there has been more of a push towards the use of sanitizers in hospitals. Some institutions are even making it mandatory that a bottle of the cleansing gel be next to every hospital bed.

Jennifer Coulter, also a registered practical nurse at Trinity agreed with Baker's concerns.

"I do feel that with the use of any antibacterial products there is a risk of germs or viruses becoming resistant the same way that viruses do with medications," Coulter said.

On the other hand, there are those who believe there is no way to improve upon good old soap and water and that sanitizers are better used as a cleaning aid to the traditional method.

Ron Ranin, associate director of Care and Infection Control at Trinity, said the use of hand sanitizers should be limited to a quick cleaning rather than being the only attempt to remove bacteria from the hands.

"A hand sanitizer is a quick, brief and temporary hand cleaning," Ranin said. "However, it's not as vigorous or the proper technique of hand-washing, therefore not as safe and effective method."

Ranin is not convinced the development of a super-germ is a realistic fear.

"I don't know any data or study that supports this," Ranin said. "But I do believe that some bacteria may probably develop immunity against hand sanitizers' ingredients and therefore vigorous rubbing of lathered hands with soap followed by rinsing with running warm water remains the best and only effective way of infection control and prevention."

Baker said sanitizers are not adequate substitutes for soap and water and although they kill the same germs and bacteria as the traditional hand washing method, sanitizers don't entirely remove them.

"They can kill everything and clean the way soap and water does," Baker said. "You rinse away the bacteria with soap and water, with hand sanitizers it ends up just sitting on your skin."

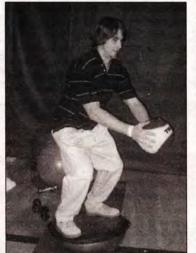
Get fit for free

by hazel ong LIFE REPORTER samantha wu NEWS REPORTER

Humber staff and students got a chance to learn about everything from safe sex to smoking at the Fitness Related to Everyday Experiences fair last Thursday.

"The event is for the Humber staff and students, and basically it's to allow them to figure out and find out new information, things they may not have known about personal training, supplements, down to Canada's food guide, to knowing how to use a Resist-A-Ball, and basic knowledge about lifestyle and being healthy," said Lukas Rusak, 20, a second-year fitness and health student and marketing co-ordinator for the event.

The fair was presented by the fitness and health promotion students in the Humber gym, is part of a special events class that third



hazel

Mike Gauther, 21, demonstrates balancing exercises.

semester fitness and health students are evaluated on.

"The idea is that students will have the chance to build up to and put on a special event," said Matt Koller, fitness and health instructor. "I'm hoping that by the end of all this, they should be able to go into some fitness job and put on a conference or a special event for their workplace and feel comfortable planning it and doing it."

Power Bar, Propel Fitness Water and HBS Spa Life provided giveaways.

Apart from the free gifts, the exhibit dedicated to tips to finding a personal trainer sparked patrons interest.

"A personal trainer should be capable of answering any question that you have," said Jason Melhado, a certified personal trainer. "They should have a knowledge base. They should be able to back up all the information they give you with facts and studies. They also wear different hats. They're not just about lifting weights, they're a counselor for you, a teacher, a friend."

The booth offered information on various kinds of personal trainers and what qualifications to look for in a good trainer. The booth has an assortment of exercise devices personal trainers could introduce to a workout routine.

"A personal trainer can help you discover new and exciting things," Melhado said. "We have different tools to help work smaller muscles and your brain. These will help you change your regular exercise routine into something that can challenge you mentally and physically as well."

The event was expected to draw in 200 attendees but by midday, 350 visitors had already come by.

THECADS YOUR PERSONAL STYLE ON CAMPUS



LIFE REPORTER

"My style is the style of greatness. I picked it up from all the great ones," said Ryan 'Grimz' Roberts, 20, a second-year court and tribunal student.

His biggest inspiration for his style comes from television.

"That's where everybody gets their style from. They look on TV and see everyone looking all fresh and stuff and they want to look fresh too," he said.

He wears a bright outfit and a cap with Grimz airbrushed on it because Roberts noticed a lack of bright colours in the Humber hallways.

"I wear colours that people are afraid to wear."

His hat was made by a friend free of charge, but contains value of the sentimental nature.

Roberts said he doesn't like to spend a lot of money on his clothes because, "I don't need to have the top brands. I can take anything and make it look nice."

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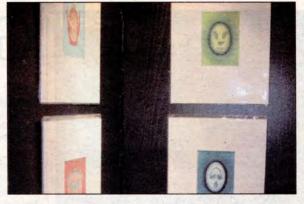
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For more information contact
Michelle Gillingham KB 135.

Data show that consumers buy big-ticket items (furniture, electronics and appliances) in November. But they wait until December to buy less expensive gifts. - Stats Can







The One of a Kind show, held at Exhibition Place until Dec. 4, has unique finds for special people on your list. From keychains by Barbie's Basement Jewelry (left) to vibrant watercolours in modern striking frames (centre) to a variety of festive candles (right), the show offers an alternative destination for holiday shopping.

Vishing for one of a kind

by kate weldon

If you're tired of giving the same old things for the holidays, the One of a Kind show is for you. But you have to be willing to

battle the crowds. Katina Constantinon, a Humber

graphic design and advertising graduate, is one of the exhibitors. Constantinon used her graphic

design eye to create a coat for her dog and ever since has been making custom orders for people she meets on the street and shops in

Toronto and New York City.

'We're a very new company, we're only three months old," she

"We've had an absolutely incredible response," Constantinon of her experience at the show so far.

We've had at least 20 people a day interested ... and Shop Toronto came by and two of our coats are going to be in the top 10 picks of the show."

Catia Varricchio is a co-ordinator for the One of a Kind show. She became directly involved with the

7766 Martin Grove Rd, Woodbridge, ON

show about six years ago and has helped its current success.

"We have glass, ceramics and visual arts. When people think of a craft show that's what comes to mind. But we are also sourcing the new age of craft," Varricchio said.

The not-so standard arts and crafts show is always after blossoming artisans.

Varricchio and her team visit schools to promote the trade show and to offer scholarships to students who show potential in the arts and crafts field.

"Our dynamic is young and not-

so young (patrons). We try to offer

a wide variety," Varricchio said. The One of a Kind show, in its 31st year, is held twice a year at the National Trade Centre at Exhibition Place in Toronto, and offers a variety of unique items at many price points.

Artisans peddle their unique wares and the good ones go fast.

Jewelry, clothing, accessories, foods, ceramics, textiles, paintings and collages are just some of the one of a kind pieces of art available during the 11-day show.

Many of the artisans return to

the show every year for the exposure as many products are only available at select boutiques and online the rest of the year.

Like Constantinon, Deidre Wicks of Demoiselle started off doing something a little bit different from her work now.

'I started off doing costume work and decided to do something else. I thought about doing clothes but accessories are a bigger market," Wicks said.

Wicks graduated from Ryerson's

> please see unique, pg. 9

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The Hyatt Regency in Vancouver boasts the world's largest gingerbread man as the centrepiece of the Gingerbread Lane festivities in their lobby.

WEEKLY RECIPES FROM HUMBER'S CULINARY ARTS STUDENTS

Developed by second-year students Christine Morin, John-Vincent Troiano and Chef Anthony Borgo

Gingerbread House

Dough

- 2 cups vegetable shortening
- 2 cups sugar
- 2 cups dark molasses
- 2 tbsp ground cinnamon
- 2 tsp baking soda
- 1 tsp salt
- 9 cups all-purpose flour
- 1. In a saucepan, heat shortening, sugar and molasses on low heat, stirring constantly until sugar is dissolved.
- 2. Remove from heat. Add cinnamon, baking soda and salt. 3. Stir in flour - 1 cup at a
- time until dough can be formed into a ball. 4. Lightly flour a wooden
- board and turn dough onto board.
- 5. Knead until even in colour and smooth (not crumbly or dry) adding more flour if needed. Form into a log. Cut into five equal pieces and
- wrap in plastic 6. Line baking sheet with foil and lightly grease. Roll out dough with lightly floured rolling pin until about 1/4 inch thick. Cut out patterns.
 7. Place pieces on baking sheet and bake at 375 F for 10-14 minutes or until cookie springs back when touched.
- 8. Place patterns back on cutouts to trim excess cookie. 9. Cool 3-4 minutes, carefully remove and cool on wire rack.
- 10. Repeat with remaining dough.



RipeSense was recognized as one of Time magazine's greatest inventions last year and has popped up in supermarkets across Ontario. A sensor sticker tells the consumer how ripe the product is.

Ripe and ready

Picking fruit made easy with invention

by agata waliczek LIFE REPORTER

Humber College students can now buy pears at their preferred level of ripeness.

RipeSense has created the world's first ripeness indicator label, which changes colours by reacting to the aroma released by the fruit.

"It can tell the changes in the ripeness," said company spokesperson, Katie McInnes.

The label begins at red (crisp), and graduates to orange (firm) and finally to yellow (juicy).

McInnes said this will give consumers a clear indication of the fruit's ripeness.

"It eliminates confusion when they're buying fruits," she said. "You'll always have a good, enjoyable eating experience."

Media foundations student Maria Martinat thinks the label is a wonderful idea.

"I think this idea can be very beneficial for pear lovers such as me," she said. "We are able to know what kind of pears we are about to eat and we can also choose the ripeness that we prefer. I think these labels are a great idea."

Although pears are the only fruit being sold with the label at the moment, RipeSense will be making labels for kiwi, avocados and melons within the next few years, McInnes said.

The RipeSense Anjou pears are available at Sobeys and are sold in packages of four in recyclable plastic that reduces bruising and improves hygiene.

Emilio Alejander, project manager of Woodchester Sobeys in Missisauga, said that a package of four pears sells for \$4.99. But consumers are paying quite a hike in price from an average \$2 for four loose pears.

"It's a new item and allows customers to know when pears are ripe," he said about the pears which became available at the store three weeks ago.

According to the company's website, the RipeSense label was developed in New Zealand by Jenkins Group, a labeling company, in partnership with Hort Research, an institute dedicated to horticultural science.

McInnes said that the label has been in development for over seven years and was marketed in the U.S. last year.

It is also one of Time magazine's 36 greatest inventions of 2004.

WEEKLY RECIPES FROM HUMBER'S CULINARY ARTS STUDENTS

Developed by second-year student Anne Almeda and Chef Anthony Borgo

Gingerbread Icing and Assembly

- 8 cups icing sugar
- 6 tbsp meringue powder (found in baking aisle at grocer)
- 3/4 cup warm water
- piping bag
- 1 large dot number, 12 piping tip candies and cookies to decorate
- 1. Beat together sugar, meringue powder and water until blended. Cover tightly with plastic wrap.

Assembly

- 1. Fill piping bag 2/3 full. Begin with front of house.
- Squeeze strip of icing on bottom edge of front piece. Position cookie base 3 inches from front edge of base. Allow
- to harden for 2-3 minutes. 3. To add to sides - squeeze icing on lower edge of one side piece and side edge of front piece. Tightly align pieces at right angle. Repeat
- with other side. 4. To add back - squeeze icing on bottom and side edges of back piece - position with other assembled pieces.
- 5. To add roof squeeze icing on upper edge of front and back pieces. Squeeze icing on adjoining side piece. Repeat. 6. Decorate with remaining
- icing and assorted candies and cookies.

Unique ideas for the holidays

> unique, continued from pg. 8

fashion program and has been involved in the show twice before.

The first day was slow (but) this is always the best weekend," Wicks said

But not all the artisans find the show to be great for business. Alexis Walker, one of the

designers behind Fauna, an eclectic women's wear company, said she isn't coming back to One of a Kind in the spring.

"My market is young professional women. None of these fashion-

Despite the lack of interest at the show, Walker and her sister are going to continue their work as it sells well in stores in Toronto and Montreal.

The trade show prides itself on featuring gifts at all price points. Barbie's Basement Jewelry is definitely affordable.

Designer and owner Robin

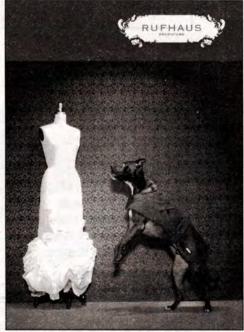
Woodward was a visitor to the show long before she became an artisan.

"I didn't have a lot of money and I wanted to get something unique and different for my friends so I decided to make something that I could sell for under 15 bucks," Woodward said.

Her Toronto-based company has been in business for about seven years and has great success at home and amongst many movie

Barbie's Basement Jewelry pieces have been seen in several fashion magazines as well as on the red carpet.

No matter who is on your holiday list you are sure to find them something that is one-of-a-kind.



Humber grad Katina Constantinon is turning heads with her doggy coats.

CHOCOLATE? Too predictable. LINGERIE? Her Dad would kill me. JEWELRY? Yah sure, the candy kind.

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"The use of solar energy has not been opened up because the oil industry does not own the sun." - Ralph Nader, quoted in Linda Botts, ed., Loose Talk, 1980

Fool's Challenge

Canadian citizens sit cozily in their homes and joke that global warming should hurry up and dull the edge of winter, confident in the belief that somewhere, somehow, their government is actively pursuing the goals of the Kyoto Protocol. The fight to reduce greenhouse gas (GHG) emissions has been one of loud voices versus closed minds, as scientists and environmentalists struggle for government recognition of global warming.

Now that most major nations have acknowledged that climate change could become a serious problem, people in Canada and the world are stepping back to await the changes - cleaner power plants, lower price tags on hybrid cars, and a large-scale push to reduce our financial dependence on fossil fuels. After all, changing the very roots of our industry and economy is surely a matter for

those in positions of power.

The Canadian government seems to disagree. Under the guise of a proactive lifestyle initiative, their One Tonne Challenge is subtly shifting the responsibility for GHG emissions on to the public. The challenge asks citizens to curb their personal yearly emissions by one tonne by being more conscious of their actions and purchases. It is a fine notion, but the program is misleading. Even when coal plants and other power generators are discounted, residential energy use accounts for less than a sixth of the country's emissions. The industrial sector even ekes out transportation as the number one source of GHG pollution, releasing over 150 megatonnes of carbon dioxide every year.

Boiled down, the One Tonne Challenge is nothing more than an advertising campaign and a website with tips about storm windows and low-flow showerheads. It is simple and voluntary, and it could be a valuable weapon in the bat-

tle for our planet - but the people cannot fight alone.

THE CANADIAN INDUSTRY PROGRAM FOR ENERGY CONSERVATION (CIPEC)

CIPEC is Natural Resources Canada's program that aims to encourage a reduction in industrial emissions. It offers equipment, financial assistance and other benefits to companies in various industries that make a "voluntary agreement" to meet GHG output goals.

But Canada's industrial sector is still growing, and so are its emissions. Although various changes have curbed the increase, it is clear that "voluntary agreements" must be augmented with stricter minimum requirements.

Bottom lines often stand in the way of such restrictions, since they usually do add to operating costs. The government of Alberta is actively developing the province's oil-sand industry, and its firm refusal to make major changes has become a sharp stumbling block on the path to a cleaner atmosphere. Real action is stalled by lengthy arguments between different levels of government.

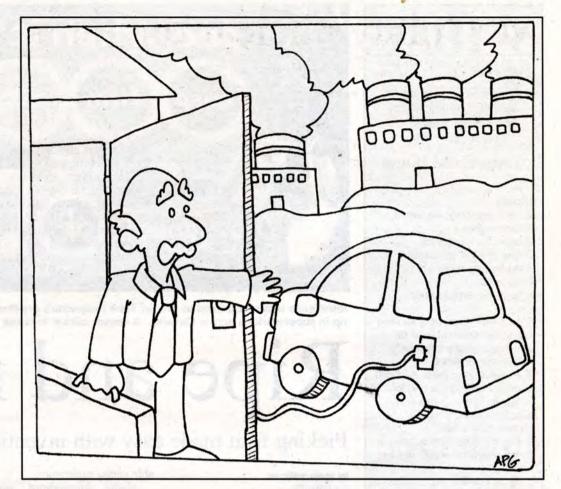
SPARE THE HYPOCRISY

All this may come as a surprise to some. The rhetoric of the One Tonne Challenge makes personal responsibility sound like a key part of a concerted effort, when it is really serving as an exaggerated distraction. Even its tips on how to minimize your vehicle emissions are useless if manufacturers are allowed to build wasteful SUVs and market them aggressively.

Canada enjoys the illusion of an environmental conscience both internally and internationally, largely thanks to the contrast of the U.S., a country that has refused to ratify the Kyoto Protocol. The startling fact is that the U.S has shown a slight drop in total emissions in the past several years while Canada's output

Until the Canadian government is prepared to take a harder line with the industrial sector and initiate the necessary fundamental changes, programs like the One Tonne Challenge are unlikely to succeed. The smoke, mirrors and subway ads can only obscure a creaky, slow-moving bureaucracy for so long. Even if people do make the effort – which nobody denies we should – it would take a huge commitment from millions of Canadians to make even the smallest dent in national GHG emissions.

If the government is honest in accepting responsibility, it will get an honest effort from its citizens in return.





Props to Katina Constantinon for bringing her line of canine fashion to Toronto's One of a Kind Show.



Props to Tom Green for sharing his cell phone number with the whole word - that's gutsy, even for him.

Props to Health Minister George Smitherman for giving a grant of nearly \$500,000 to

Humber's nursing program.





Burn on Humber College for not holding any events on World AIDS Day.



Burn on Robert Baker for jinxing the Argos with his 'butterfingers'



Burn on the complex workings of Parliament that have resulted in a Christmas election.

HUMBER ET CETERA

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McGuinty unclear on plans with China



by dan lui NEWS REPORTER

Since the 1970s, China's gross domestic product (GDP) has quadrupled and, in 2004, was valued at a staggering total of over seven trillion dollars. Hundreds of thousands of jobs in the information technology, garment manufacturing and automotive industries have been diverted to China. With an imbalanced currency system that makes Chinese goods at least two times cheaper to produce and sell, and a labour force of 760 million people, China is the new club on the block and all the big ballers want

Ontario is one province that

desperately wants to increase its investment opportunities in China, and Premier Dalton McGuinty recently visited the People's Republic. He brought a team made up of 125 bankers, legislators, and educators, all hoping to join the red bandwagon of success.

But trade with the new China comes at a cost. Earlier this month, the U.S. upped its efforts to fight counterfeit goods flowing from the country, which they say accounts for two thirds of counterfeit imports. The goods range from car parts to fake Rolex watches and brand name clothing. In Canada, McGuinty was surprised to learn that even a well-known Ontario ice wine was being ripped off and sold in Beijing for half the price.

Even more discouraging was the recent raid of a multi-million dollar credit card counterfeiting plant in Vancouver. Police found Visa and MasterCard holograms hidden in between the glued pages of Chinese magazines, and traced the shipping address back to Hong Kong. They eventually found over 3,200 holograms along with \$30,000 worth of equipment.

McGuinty made a rough start in building a relationship with China during his 11-day tour, but his platform lacked direction and the premier was unprepared for the mission. He had to fend off criticism for being a hypocrite. There were signs of flip-flopping as he allowed Canadian tobacco farmers to pitch the idea of selling more cigarettes overseas – though his government is currently suing the tobacco industry for \$1.5 billion

Canada has a huge mountain to climb if it wants to become major trading partners with China, especially if it doesn't want any agreements to become double-edged swords. McGuinty's critics claim that Canadian cigarettes sold in China will be counterfeited by illegal factories and smuggled back into Canada.

The McGuinty government is stuck between a rock and a hard place. If it rides China's wave of success, it risks a backlash of fake goods and extortion of Canada's economy. McGuinty can't expect any help from the red state either it has its hands full dealing with corruption in every crevice of its society. Consumers have had access to bootlegs and fakes long before China was an economic superpower, but with the rise of China's dominance, organized crime has learned to expand and benefit as well. The warning should be clear - those who want in the club should be prepared to take the good along with the bad.

Thin blue line



by jason bowser SENIOR REPORTER

That's it, enough is enough. I am sick and tired of all the flack the police have been taking lately over the gun violence in Toronto. It seems that no matter what they do, they get criticized. First Rexdale youth say the cops are always breathing down their necks, and in the next breath they say they should have been at the funeral of Jamal Hemmings to watch out for Amon Beckles.

While we'll never know what would have happened at the funeral if the police had been there, who wants to bet that if they had, they would have been told they weren't welcome? Never mind that, had Beckles just told the cops who shot his friend, they could have gone after the killer or killers. He was a witness to the murder after all.

But that would mean cooperating with the police, and many seem to believe that it's better to keep your mouth shut. This doesn't just concern Rexdale – it concerns all the Toronto neighbourhoods suffering from this plague of shootings.

It's bad enough that the police have to contend with killers and thugs running around the city, but when they don't have the support of the community, they're fighting a losing battle. Why aren't witnesses coming forward to the police when there's a shooting like this in a very public place? We've seen what the result of staying silent can be.

The purpose of the police, despite a few bad apples, is to help the community. To assume the entire police force is corrupt and racist would be ignorant and prejudiced.

A year ago I spoke to Sgt. Larry Dee of the 23 Division about a car thief he and his partner had arrested. He told me that cops don't catch people the way they do on TV, with fancy equipment linking the criminals to the crime scenes. The best way to catch criminals is with critical information that witnesses bring forward. It was information from a Humber student that led to the arrest of the man breaking into cars at the North Campus.

Until the communities of Toronto start to work with the police instead of against them, they can just expect more of the same violence in the very near future.

ing near f

High time for Humber to speak up on Haiti



by beth macdonell SPECIAL TO THE ET CETERA

Canada's efforts in Haiti have been bungling and unco-ordinated. On a smaller scale, it has become this country's Iraq. There are 100 Royal Canadian Mounted Police officers in Haiti training the Haiti Police Force (HPF). These police fire at peaceful demonstrators, conduct unlawful house searches and kill unarmed people in the slums of Port-au-Prince. One-hundred million of our tax dollars have gone to "restoring order." Funds have been allocated to the justice system and to nongovernmental organizations managed and supported by Gerard Latortue, the leader of an installed military government.

It is time for students at Humber to be aware of Canada's involvement in the ongoing conflict in Haiti. We are a school that has an active Caribbean Culture Club and the presence of Amnesty International, yet we have not heard anything about the human rights violations that have been occurring in this deeply impoverished nation.

Why is Canada involved, and what are our interests? Many journalists and activists believe it is because Jean-Bertrand Aristide, the elected leader that Canada helped remove by force, was not a neo-liberal economic supporter. He did not back Canadian-owned plants in Haiti like those owned by Montreal-based Gildan Activewear, which has frequently been attacked by anti-sweatshop campaigns like No Sweat and Sweat Free Baseball. A Canadian engineering and construction firm cailed SNC-Lavalin has numerous contracts in Haiti. Our government wants labour and resources to stay cheap so our companies can make healthy profits.

Nov. 12 to 20 marked the official Pan-Canadian Week of Action, a movement to condemn the repression of human rights in Haiti. Cities like Vancouver, Edmonton, Toronto, Ottawa, Montreal and Halifax held demonstrations to demand an end to Canada's political crimes.

Haiti has been in chaos since Aristide was removed in February, 2004. Canada, France and the U.S. helped orchestrate the coup and force him into exile. Since then, people have been demanding the return of their elected president and asking for their constitution to be respected by the international community. Even the United Nations' peacekeepers have been accused of committing crimes and working alongside the HPF. Elections were scheduled for this November, but have been pushed back three times to February of next year.

Canada Haiti Action launched an official campaign to withdraw from Haiti in August, 2004. The movement has grown in Toronto, with Ryerson University, York University and the University of Toronto all starting organizations to raising awareness about the conflict and the actions of the Canadian government.

Humber can no longer ignore the ruthless treatment of Haitians. The most conservative reports say that 1,500 people have been killed by the HPF or United Nations forces so far, and that there are 700 political prisoners being jailed without charge. The fact that Canada is responsible for some of these crimes is disturbing and shameful, and our role in this conflict must end.

San Francisco journalist Kevin Pina's film *Haiti: The Untold Story*, activist groups and websites like www.outofhaiti.com offer information on the conflict, but Humber students need to act now. We are an intelligent and dynamic group that should be involved in the struggle. The west end of Toronto lacks an organized branch of Canada Haiti Action, and we have a moral responsibility to educate ourselves and work towards ending these crimes.

-Says You!

What would you be willing to change in order to help the environment?



"I could take the TTC."

- Geoff Collins Electrical Apprenticeship



"Not littering, and putting things where they actually belong."

- Trisha Dawkins Accounting



"Currently I do a lot of stuff – turn off appliances, try not to use water, car-pool to get to school."

- Adam Joys GH Justice Studies



"I'd try to recycle more often."

- Mary Limpin Accounting

in focus a

According to the World HIV & AIDS Statistics website www.avert.org, the number of people living with HIV and AIDS in the world today is as high as 40 million.

Growing disease raises world awareness

Red ribbons show support and for millions of people with HIV and dying from AIDS

by chisoni clarke In focus reporter

Today is World AIDS Day, raising awareness, as well as money, to fight the deadly epidemic.

Started in 1988 by the United Nations (UN), World AIDS Day takes place Dec. 1 every year.

Wearing a red ribbon is a symbol of support and hope for people living with the disease.

According to the UN's website, about 40 million people now live with HIV.

AIDS has killed an estimated 20 million people to date.

Humber students and faculty are aware of the importance of this event to help spread the message of HIV and AIDS.

Second-year recreational and leisure services student Brit Oneil said raising awareness is a vital issue

"World AIDS Day is an important cause which shows both gay and straight lifestyle choices,"

Oneil said. "Getting AIDS is not about sexual preference, it's about the poor choices people make in protecting themselves."

Cameron McKenzie, vice-president administration at Humber's Lakeshore Campus, said AIDS is a horrible disease that knows no colour or sexual preference.

"There has always been ignorance surrounding the issue of AIDS."

- Cameron McKenzie, vice-president of administration at Lakeshore

"There has always been ignorance surrounding the issue of AIDS, but if you do your research, most of the people affected with AIDS are not gay. AIDS is not only prevalent in the gay community, but among whites, blacks and all people," he said.

The slogan for this year's campaign is Stop AIDS: Keep the Promise.

First-year 3D animation student Charles Burditt said raising awareness in today's society is beneficial.

"I think World AIDS Day is great because people today need to know how serious the issue of AIDS really is. I am 19 years old and I am a virgin because I am waiting for the right person and also protecting myself," he said.

Although AIDS is a worldwide issue, many people believe it is only prevalent among certain groups.

Jamaican-born Lola Nelson has been an enrolment rep at Humber's North Campus for eight years.

She is glad there are organizations educating people that AIDS is not just a Third-World disease.

"(I have found) being from the Caribbean, there are lots of stereotypes about AIDS, but people need to be educated," she said. "World



According to World HIV & AIDS statistics, nearly five per cent of people in the world are infected each year. Think and act safe sex.

AIDS day is a good thing because hopefully it will take away the ignorance some people have about AIDS in the Caribbean."

According to a recent UN AIDS report, the Caribbean is the only region where AIDS rates are not on the rise.

This year the Humber Students' Federation (HSF) is not putting on an event for World AIDS Day.

However, HFS programming director Aaron Miller said AIDS is an important issue.

"I encourage the organizers of World AIDS Day," he said. "People, especially students, need to be aware of this epidemic." Because of the time of year, Humber won't be doing any event for World AIDS Day.

"There are a lot of events being put on and unfortunately we are unable to represent all groups equally," Miller said.

Aneta Nowaskowicz, a firstyear business administration student, said although the event exists, it's still not enough to bring awareness.

"I'm glad World AIDS is doing what they can, but people are still oblivious to HIV and AIDS," she said.

New test for HIV shows results in 20 minutes

The OraQuick Advance system may provide faster answers and help ease your mind

by danielle taylor IN FOCUS REPORTER

HIV testing could help stop the spread of the virus a new takehome test available in the U.S.

According to the AIDS Committee of Toronto (ACT), about 30 per cent of people in Canada with HIV/AIDS are unaware that they have the virus.

Clinical testing is confidential and individuals can give a false

"People may not test because they don't see themselves as having been at risk."

> - Betty Parish, Birth Control and STD Information Centre

name to ensure their privacy.

"People may not test because they don't see themselves as having been at risk. Some people don't test because they know they've been at risk and don't want to know," said Betty Parish, clinic coordinator at the Birth Control and STD Information Centre in North York.

Another reason people may not get tested is life insurance.

"One of the questions that's asked on life insurance is, 'have

you ever been tested for HIV?' So then there's always red flags when you answer 'yes' and then they scrutinize you very closely," said Doug, a treatment volunteer at the Canadian AIDS Treatment Information Exchange who didn't want to reveal his last name.

Those who have tested positive for HIV/AIDS have no chance of being approved for life insurance.

For reasons such as this, anonymous testing is guaranteed to be confidential, so those who fear they may have the virus can be clinically tested.

The U.S. Food and Drug Administration (FDA) may have a solution.

The test is called OraQuick Advance and is made by OraSure Technologies Inc.

It has been approved by the FDA for detecting HIV-1 antibodies, but is only to be used by professionals.

It is considering allowing people the access to a take-home HIV test.

It is an alternative to testing blood samples, which can take up to three months for results.

People are tested by collecting saliva from a swab placed inside the mouth and along the gums. The results are available within 20 minutes.

Brian Shaw, HIV program coordinator at the CommuniCare Health Centres in Sacramento, Calif. has been using the OraQuick Advance test with his patients for the past two weeks.

He said his is the first and only clinic in northern California to offer this service to its patients.

"I think it's a great way for people to get their results back in the same session of time," Shaw said.



courte

This new OraQuick Advance system used by professionals in the U.S. can give you results in up to 20 minutes by swabbing saliva from the mouth.

"One of the drawbacks to doing it the way we did before is that sometimes people don't come back for their results and the requirement is that they have to come back in person and so this is going to cut down on the people not showing up for their results."

Shaw also said it is a good alternative to blood testing, because patients who are scared to get blood drawn will be more likely to take the swab test.

Although the test is new, there are questions about the effective-

ness the test could have when taken at home.

"One of the things that I think is good about home testing is that people who don't come into the clinic or don't have time or access to come into the clinic, it would be good for them to use it at home because it is very simple," Shaw said.

The only problem Shaw has with at-home testing is people would not be able to get adequate counselling when they find out the results of the test.

At a clinic, the person being tested

receives counselling both before and after the test because it is feared that people will not know what to do when they take the test in isolation.

"A lot of people have misinformation about what's risky and what isn't. Counselling can give people accurate information and

"This is going to cut down on the people not showing up for their results."

- Brian Shaw, HIV program co-ordinator

help them to accurately assess the risk they've been at and help them understand how to protect themselves in the future," Parish said. "The post-test counselling is very important if it's a positive result, especially in terms of helping them access what they need."

Doug doesn't think at-home testing could be effective at all.

"First of all, what knowledge do they have of the disease, how are they going to cope if they get a positive reading, what are they going to do with that then?" Doug said. "There are just so many questions surrounding it that I don't think it's a good idea."

OraSure Technologies Inc. was unavailable for comment.

Stop

In 2002, South African children are introduced to an HIV positive character named Kami on the South African version of Sesame Street - BBC News Online

HIV rates rising here at home

Too many ignoring warnings; cure doesn't exist

by carmela gentile IN FOCUS REPORTER

The number of Canadian women diagnosed with HIV is on the rise, according the recent United Nations UNAIDS initia-

Fifty-eight thousand people are living with the HIV virus in Canada and 20 per cent are

According to the Public Health Agency of Canada, a total of 56,523 HIV positive cases were reported to the Center for Infectious Disease Prevention and Control from Nov. 1985 to June 30, 2004.

Of those cases, younger women represented 42.6 per cent of the 15-to 29-year-old age

There was a study done that showed young people in general didn't know what AIDS was,' said Louise Binder, vice-chair of Voices of Positive Women in Toronto. "They thought there was a cure for it."

Audrey Tan, a first-year funeral services student, said young people don't do enough to protect themselves.

'Some people don't even care, they just go on without protection," Tan said.

> "some studies have shown boys and girls don't even realize that HIV isn't curable. "

> > - Tyler Stein, ACT

She said the reason for this might be because people become comfortable in relationships and get careless.

Tyler Stein, communications co-ordinator for the AIDS Committee of Toronto said, "some studies have shown boys and girls don't even realize that HIV isn't curable. HIV awareness in schools needs to be stepped up."

Women are becoming infected with HIV for several reasons.

Women are in violent relationships, drug usage and cultural issues are reasons why women become infected," Binder said. "They may be in prison."

The Global Coalition on Women and AIDS addressed the connection between violence against women and AIDS on Nov. 25, the International Day for the Elimination of Violence Against Women.

Women who are victims of violence are often unable to protect themselves from infection by wearing a condom.

"A fear of being discriminated against is a problem when the burden is on practicing safer sex." Stein said.

Binder said women need to be informed of the virus and strategies need to be put in place to help women living with HIV.

"HIV looks for people who have the most vulnerability. Women are more susceptible to this virus," she said.

AIDS – A Brief Timeline

1978

-Gay men in the United States and Europe and heterosexuals in Africa and Haiti show signs of what was eventually to be called AIDS. AEGIS

1981

-Doctors report young homosexual men with compromised immune systems and rare diseases like Kaposi's Sarcoma

-Canada records its first case of AIDS. ACT

-The U.S. Centers for Disease Control (CDC) finds AIDS linked to blood.

-'Patient Zero', Gaetan Symbol of hope for many

Dugas, dies. The French-Canadian flight attendant came into notoriety when it was claimed he spread the virus throughout the U.S. However the virus had been spread on a large scale before Dugas began travelling. avert.org -The first Canadian human rights case

established HIV as a disability and prodiscrimination. against www.smith-hughes.com

-The first International Conference on AIDS is held in Atlanta.(AEGIS)

-HIV antibody test is developed in Canada.

-Rock Hudson, the first actor to admit to having AIDS, dies. www.findagrave.com

-Toronto is the first Canadian city to develop an AIDS strategy. Canadian AIDS Society formed. ACT

-AZT, the first anti-HIV drug is released

-Princess Diana becomes the first Royal to shake hands with an AIDS patient without wearing any protective clothing.

-First World AIDS Day declared on Dec. 1 by World Health Organization. WHO

-The AIDS Walk Toronto fundraiser is launched by ACT. ACT

NBA star Magic Johnson announces he is HIV positive. AEGIS

-10 million worldwide are have HIV. More than one million live in the U.S. (AEGIS)

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-The Red Ribbon project is conceived by a group of artists in New York called Visual AIDS. The Red Ribbon made its debut at the Tony awards. www.worldaidsday.org

1992

-First clinical trial of drug cocktail is held 1995

-Rap artist Eric "Easy-E" Wright dies of complications from AIDS www.findagrave.com

1996

-It is announced that anti-HIV drugs, inhibitors, when used in combination with existing (referred to as "the cocktail") is a success

-The CDC reports first case of probable HIV transmission through kissing; 22 million worldwide are living with HIV. AEGIS

-An international team of scientists discover the origin of the main HIV virus came from a particular sub-species of chimpanzees in the central African rainforest. bbc.co.uk

-The first experimental AIDS vaccine is revealed by researchers at the University of Montana and the Howard Hughes Medical Institute in New York. The vaccine produces antibodies that attack and kill the kinds of HIV found in humans. bbc.co.uk

-Six Bulgarians and a Palestinian are convicted of killing 393 children by injecting them with the AIDS virus. cbcnews.com

-HIV named the leading cause of death for people aged www.kff.org 15-59 worldwide.

-Makgatho Mandela, son of Nelson Mandela, dies from AIDS. (cbc.ca)

-Saskatchewan Roughriders linebacker, Trevis Smith, charged with aggravated sexual assault after a women alleges he had unprotected sex with her without disclosing that he is HIV positive. ctv.ca -UN AIDS estimates 40 million people worldwide are living with AIDS/HIV

COMPILED BY SIMONE REID AND CARMELA GENTILE

Gay stigma in AIDS still exists New approach educational but humourous

by ashley house SENIOR REPORTER

Despite the education available and awareness promoted to the gay community about HIV transmission, gay and bisexual men still make up the majority of new HIV cases.

Last year, 45 per cent of new HIV cases belonged to this group. Some believe it's their culture and lifestyle that puts them at greater risk of contracting the virus.

"It's still a general misconception that HIV is a gay men's disease," said Haran Vijayanathan, the Gay Men's Community Education Co-ordinator for AIDS Committee of Toronto "It's really affecting everybody. Generally people tend to get that once you educate them and show them what's happening with transmission."

While HIV can be contracted through sharing needles with an infected person, the most common way to transmit the virus is exchanging bodily fluids like blood and semen with an infected person, normally through sex.

"Specifically in the gay male community there is a more relaxed feeling towards sex in and out of relationships. It's part of the culture. It's just sex for sex's sake which is bad to say but it's true," said Jasmine Gavigan, president of the Lesbian, Gay, Bisexual, and Transgender club at Humber.

ACT has continually tried to romote awareness surrounding HIV transmission and its impact on the gay community from handing out condoms and pamphlets at bars to a new campaign

The most common way to transmit the virus is exchanging bodily fluids...

that has people buzzing.

It's a deck of 26 cards called Sex from A to Z. For each letter of the alphabet there is a sex act defined and how to do the act

safely.
"We have talked to youth thing funny and something edu-

cational at the same time," Vijayanathan said. "Often we don't really talk about (sexual activities) or give a name to it. So people engage in them and really don't know what they are doing and don't know how to reduce the risk. If they do try it, they will have information on how to do it safer instead of going in blindly and putting themselves at risk."

But it's hard to reach everyone with campaigns and educational ads. There comes a point when people need to take responsibility for themselves.

It's not something people like to talk about all the time. There is a fear around it but it's always on the forefront. People have to be involved and knowledgeable about the issues and risks involved with practicing unsafe sex," Gavigan said.



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According to a UN report, Canadian emissions have risen 24 per cent despite Kyoto pledges to slash rates six per cent from 1990 levels - Globe and Mail.

Hurricane wreaks havoc on tourism

by gabriel govea and erin taylor SPECIAL TO THE ETCETERA

Students seeking sunny skies and sandy beaches this holiday season probably won't be heading for the shores of Maya Riviera,

October's devastating hurricane Wilma became one of the costliest natural disasters to ever hit the region.

Even though Mexican President Vincente Fox said 80 per cent of resorts damaged by hurricane Wilma will be up and running by Dec. 15, Mexico is not a cheap destination and students may not know how much progress has been made.

Anna Kulinski, tourism and travel co-ordinator at Humber College, said media coverage of hurricane Wilma has over-hyped the damage to resorts and has scared people away this season, especially from areas like Cancun, part of the Maya Riviera.

"We have a group of 17 students traveling to the Maya Riviera to get familiar with the location for future job opportunities,' she said. "The resorts there are 90 per cent operational. People Workers struggle to rebuild. are getting incor-

rect information from the media. According to the major tour operators in the Maya Riviera, the progress with repair has been very good."

Elvia Rodriguez of the advisory council for Mexican Tourism spoke to the Et Cetera from Mexico and reiterated Kulinski's statistics that most resorts were up and running.

"We have official reporters that the government of the state of Quintana Roo sent us, so when the tourists want information about the area that was affected by the hurricane, we verify their reports and can tell them what services are available in the city," she said, adding they expect to be fully operational for the high season of December and January.

Another group who will be taking students of various ages to Mexico this holiday season is Canadventures, a Mexican tourism board-approved group, run by Fernando Sotto and referred to the Et Cetera by the Mexican consulate in Toronto

"Over the holidays we combine a full Spanish-immersion program, activities including visits to archaeological sites and weekend stays at all-inclusive resorts," he said.

Sotto said that they are prepared for any difficulties that may arise because of hurricane damage, and that they aren't anticipating problems because most of the group's time is spent in the city of Merida, which is inland.

Jennifer Silva, branch manager of Marlin Travel has seen the effects negative press has had on Cancun, as Marlin has had to reschedule and cancel many vacations to that area.

"Flights are resuming and hotels are re-opening," she said. 'We have had no economic loss because of hurricane Wilma because people are choosing to go to Cuba and the Dominican Republic instead for the holidays."

Mike Palmer, director of the Student Youth Travel Association of North America, said, that 23 per of cent money spent on travel in North courtesy Cancun Convention and Visitor's Office America is by students,

they travel within the continent because it is cheaper, not because they are afraid of hurricane damage.

'Students don't have a lot of money to spend, so they go to places like Texas and Myrtle Beach as options," Palmer said.

TJ Donnelly, president of Breakaway Tours, said people are still uncertain about how bad the damage is in Mexico.

"We've found some of our numbers to the Dominican and Florida are up. Florida is always higher for students anyway, because it is always more affordable than a Mexico product," he

With electricity, transportation and phone coverage still not fully operational, the Canadian government and the Mexican Consulate encouraged Canadians traveling to Mexico to register with the Embassy of Canada in Mexico City or a Canadian consultant.



Hurricane Wilma could caused up to \$20 billion in damages.



The day after the Bhopal disaster survivors stood outside the Union Carbide factory where 40 tonnes of toxic gas had leaked. Their eyes and lungs were badly damaged by the exposure.

Chemical Hiroshima

After 21 years, Bhopal pesticide leak still deadly

by sunil angrish **BUSINESS REPORTER**

On Dec. 3, 1984, a pesticide plant in the central Indian city of Bhopal leaked nearly 40 tonnes of the lethal pesticide gas methyl iso-cyanate (MIC) into the surrounding area. Over the course of the next week, thousands were dead, and more than 100,000 people suffered the painful effects of exposure to the gas.

"It's having a multi-generational impact on people," said Gary Cohen, executive director of the environmental health fund in Boston, who serves on the international advisory board for Sambhavna Trust, which operates a free medical clinic in Bhopal for survivors. "Now there are 20,000 dead and counting."

In 1989, the majority owner of the plant Union Carbide Corporation and its Indian-coun-Carbide terpart, Union Carbide India Limited (UCIL), settled with the Indian government, paying \$470 million US to the government to be distributed to the victims of what some have called the chemical Hiroshima.

Since the settlement, victims and rights groups have demanded further compensation from the company, saying the original numbers of dead and injured were inaccurate, and more people, including children born since are sick.

The Bhopal information center website run by the company stated the settlement with the Indian government was adequate and final, adding the Supreme Court of India dismissed all petitions seeking review of the agreement.

However, Cohen said money was only part of the deal.

They (Union Carbide) agreed to the financial settlement and agreed to face criminal charges," he said. "Once they got the deal, they rejected the courts.

Dow (Chemical) is harbouring a fugitive," said Ryan Bodanyi, coordinator of Students for Bhopal, an organization of student groups demanding justice for victims in Bhopal. Bodanyi said there are outstanding warrants against former Union Carbide CEO Warren Anderson and Union Carbide in Indian courts. Union Carbide became a subsidiary of Dow Chemical in 2001.

Cohen points out that there was an extradition warrant issued by the Indian government against Anderson.

Anderson has been declared an absconder from justice; if he were to set foot in India, he would be

Despite the lack of criminal proceedings in India, Cohen insisted it still may come.

However, Ellen Shifrin, a community liaison and volunteer at Amnesty International Canada and former Humber professor, said the legal issues are muddled.

Shifrin said because the Supreme Court of India upheld the Carbide settlement, and Carbide did pay, proceeding with a criminal or civil trial is difficult. "It's a little dicey," Shifrin said. "There's space (for Carbide) to wiggle out of

The contaminated Carbide plant remains standing in Bhopal.

In the November 1999 study, The Bhopal Legacy, Greenpeace documented the presence of stockpiles of toxic pesticides and dangerous chemicals on the Carbide site. They also found high contaminations of heavy metals and chlorinated chemicals in soil and water in the area.

Carbide's position is after selling their stake in UCIL in 1994 they "retained no interest in - or liability for - the Bhopal site," according to their website.

"The fact is - they did own it," Shifrin said. "They were owners at the time of the accident, there were warnings ahead of time, and precautions were not in place."

"Workers for months were saying this was a disaster waiting to happen," Cohen said. "They (Carbide) were losing money and cut back on safety.'

The state of Madhya Pradesh, in which Bhopal is located, has owned the site since 1998.

Carbide maintains the accident was a deliberate act of a disgruntled employee who sabotaged the plant.

If there is proof, Carbide should provide it to Indian courts, Cohen

Cohen said Dow, as the parent company of Union Carbide, should set up a fund to support victims in Bhopal. With revenues near \$40 billion US in 2004, Cohen said the amount needed to set up a fund to support rehabilitation programs and victims is small. "This is not a lot of money to Dow Chemical," he

More than two decades later, along with the lack of progress with Dow, the government is still providing inadequate financial assistance and medical services to victims, according to Shifrin. "It seems like nothing is happening," Shifrin said. "Basically there's been silence.'

Besides the environmental damage and health concerns of the victims, many say there is an important human rights element to the Bhopal disaster.

"It is an iconic story of abuse of human rights by corporations," Cohen said. "These are major injustices. Corporations should not be allowed to get away with murder."

common cents

"Somalia's transitional government awarded U.S. firm Topcat Marine Security \$50 million to fight pirates for two years." - Harper's Weekly Review

Students brave snow for Mocktail marketing

by michelle chang BUSINESS REPORTER

Although the first snowstorm of the season prevented four companies from attending, it didn't stop Mocktails from continuing its fourth consecutive year.

Last Thursday, Mocktails, the Business School's two-hour networking reception at the Seventh Semester room attracted 100 students and 14 companies.

"I find that every time I come to these events, it just gets classier and classier," said Al Lickver, certified financial planner of Freedom 55 Financial.

The weather had a negative impact on attendance since only 100 of the 175 students who signed up were able to attend.

With only 20 available spots for companies, the seats were nearly taken with firms like Blockbuster, State Farm Insurance, Lyton Promotions, FedEx and RBC Financial.

Mocktails is specifically aimed at Humber's business students in programs such as marketing, business management, accounting and business administration.

Students attend to make connections with potential employers at this network soiree. They have 10 minutes to ask questions of representatives, learn about career opportunities and drop off their

Janet Squibb, employee adviser of the career centre, said the company line-up this year was fantas-

"Humber is a business school and for them not to throw this kind of event would be ridiculous," said LaToya Wint, a second-year busimanagement student. "Humber really looks out for their students and tries to puts us out there to show them what we've learned.

Squibb has set up the networking events the past three years and each time it gets better she said.

"I think this kind of networking event really takes the pressure off the students trying to find a job," said Stephen Kalinowski, a second-year marketing student.

Some first-time companies included Technicolor Canada, Wells Fargo Financial, Enterprise-Rent-a-Car and Cintas, which designs identity uni- About 100 students and 14 businesses safety products.

"This is not my first time coming here," said Lisa Hudson, FedEx recruiter. "I often come to Humber because there is just so much value in the students and I always want to learn more about them.

Invitations were sent out to eighteen companies to attend Mocktails, and Squibb said the ones that responded were very eager to accept.

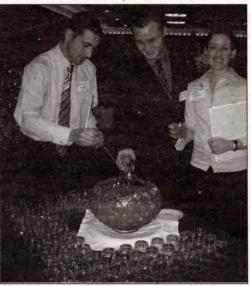
Some companies appeared to be in serious recruitment mode this year.

"We have such a tremendous need for people that sometimes we go out for a day and recruit people," said Jason McKay, service manager of Cintas. "We really needed to look outside the box and that's why we needed to come to Humber.'

Ron Robertson, operations vicepresident of Street Canada Insurance, said they can have up to 20 to 30 spots available in a month, depending on the depart-

Whereas companies often just send recruiters to these events, this vear drew more senior company officials.

There were a number of human resource managers in the mix along with a service manager and financial planners.



forms and provides attended the Mocktails marketing event

One concern among the students was whether they will have difficulty finding a job with a college diploma.

"A lot of companies out there now are looking for people with a university degree or with at least a three-year background experience," said Peter Dogum, a thirdyear business administration student. "It's kind of hard to get experience if you're still a student."

Companies, however, say this is misleading.

"I'm encouraging my company to do more job fairs at community colleges," Robertson said. "You really don't need a university graduate to do the jobs within my company. I'm a college graduate myself and I've worked my way up.'

"Based on a first impression, out of a group of six or seven, two have made a serious impression on me," Lickver said.

Although there could be no definite answer on how many students may be employed, company representatives say they are

"Students are getting better each time," Lickver said. "They are well-prepared, they ask good questions, they're great listeners but the best part, they don't shake my hand like a jellyfish."

Graduation rate rises dramatically at Humber

"We have high standards

and the highest number

of applications than any

other college this year. "

President, Humber College

- Robert Gordon,

by adam trinh BUSINESS REPORTER

More students are attending college to prepare for the fiercely competitive job market.

A study by Human Resources and Development of Canada found that over 70 per cent of new jobs will require some postsecondary education.

Humber has seen a leap in its yearly graduation rate, according

Humber's Institutional Research department.

Anne Terry Boyle, associative vice-president of public policy from the Association of Canadian Colleges commended Humber College

for its graduate success. "It's an excellent institution, with a high graduate output of students finding jobs," Boyle said. "It's because of their involvement with a lot of major leading industries.

Carlo Mandarino, a research associate from the department, said the number of Humber grads has been increasing over the past five years.

Between 1999 and 2004, Humber grads increased by nearly 1,500, reaching 4,500. Among recent graduates, 87 per cent are employed in their field.

First-year computer program analyst student Kevin Trace said he chose Humber College because he heard positive things about the institution from friends and family.

There are over 900 community colleges and institutions nationwide, educating over two-million

Some of those students are like 31year-old James Harrington, who has

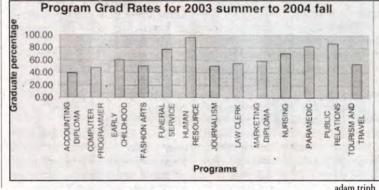
returned school.

"I was a late bloomer, I didn't know what to do after school," said the culinary management student, who plans to continue his studies in Europe.

Humber College has more than 17,000 students, and sees an average of 3,500 new students each year.

president Robert Humber Gordon said the 180 different programs offered at Humber open more doors to students.

We have high standards and the highest number of applications than any other college each year," Gordon said. "We have a good teaching staff with a great reputation and courses that students enjoy.



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http://etcetera.humberc.on.ca

Barbara Walters announced newly-wed Camilla Parker Bowles as the most fascinating person of 2005. The top 10 list also included Tom Cruise and Kanye West.



Talking to Tom

by ashley carter

Canadian shock comedian Tom Green has lost his mind and given out his private cellphone number. To his fans.

The phone stunt came shortly after a kid commented on his newly launched blog, "tom u rule, call me sumtime (insert phone number here)(sic)." To the kid's surprise, Green actually called.

He then decided that if fans were kind enough to share their numbers, he should do the same (all this in an aptly titled post, "The Moment I Lost My Mind").

While some might see this as a publicity stunt to coincide with the upcoming release of his new rap LP and TV box set, it is still the most unselfish, earnest and ultimately hilarious way of promotion – by going directly to those who appreciate you.

appreciate you.

"This is my real cellphone number," he wrote, "not some phoney line I got for the website. We can talk if you call, but don't leave a message, or my mailbox will be

Despite his best capslocked warnings, his voicemail has been perpetually swamped ever since, making it a terror for friends or family trying to get through. But Green doesn't see it that way

Green doesn't see it that way.
"What friends? What friends do
I need anymore than The Gang,
man?" he said, using his affectionate term for his fans. "I don't got
time for friends anymore. I got The
Gang!"

I first got through to his phone while he was en route to the *Tonight Show*. He had a fan from Norway on the other line, so I had to call back later.

"I think my phone is melting," he said. "I've had people call in the middle of the night and wake me up. Everyone's has been awesome, though, so it doesn't matter."

Make no mistake about it, giving out your private phone number to anyone who wants it and effectively eliminating the line between fan and celebrity is pretty much the raddest thing ever. He maintains that he won't change the number, no matter how numerous the calls get.

"That's so much work," he said. It's funnier this way and it keeps me entertained."

To talk to Tom, call 1(310) 717-1919. Seriously.

Former student cast as Disney voice

by ethan rotberg

In her own words, Nikki Payne stumbled upon comedy because she had no other skills. At the age of 21 she left her trailer park in Halifax and headed to Toronto just to try some amateur nights. Almost seven years later, a handful of awards, a Disney movie, and a noticeable speech impairment, Payne is one of the most recognized female comedians in Canada.

Soon after arriving in Toronto, she enrolled in Humber's Comedy program where she gained a lot of experience.

"One of the biggest things is that I didn't know anyone in comedy," Payne said. "It helps you meet a lot of people in the business."

Payne has often been awarded for her comedic talents. In 2001 she won the Funniest New Comic at the Canadian Comedy Awards. She then won for the Funniest Female Stand-Up in 2003 and 2005. While she enjoys being recognized, she still remains modest.
"I wouldn't say I'm the funniest female stand-up in Canada," she said. "There are some pretty funny female comics, but it's exciting,

winning stuff is fun."

Payne's newest project is as the voice of a teenage monkey in Disney's *The Wild*, slated to come out sometime in 2006. She explained that it was her unique voice that landed her the part.

"A lady from Disney came to one of my shows, she heard my voice and said 'there's our monkey.' Doing the movie was pretty neat, but what was interesting is that you don't ever work with the other voices. Both Kiefer Sutherland and Eddie Izzard worked on the project as well, but I never actually even met them."

Currently Payne is splitting time

between Toronto and L.A. and is doing stand-up across the U.S. While she has done many things, she can't point to one accomplishment as her greatest.

"Everything I have done has been so interesting," she said.

"Everything keeps getting bet-



Nikki Payne



courtes

ter and better, I'm really passionate about everything I have done."

Payne said that for young comics the most important thing is that you absolutely love what you're doing.

"It's a difficult business and at times can be very frustrating, so you have to love what you're doing all the time."

courtesy LIO L

courte

CD Korn- Dec. 5



court

DVD
Fantastic FourDec. 6



courtes

MOVIE Chronicles of Narnia - Dec. 9



courtesy

GAME Civilizations IV out now

CBC targets college students

by drew seale
ENTERTAINMENT REPORTER

This January, the CBC will be airing three new comedies aimed at connecting with the younger college demographic

college demographic.
The shows This Space for Rent,

Rabittown and Cheap draft, bad language, fast cars, women and a video camera, represent a new marketing campaign for CBC aimed at the 18 to 35 crowd.

Robin Lindon Sharp, a secondyear film student at York University, said TVO has eliminated some programming aimed at older viewers in order to get the attention of the younger demographic.

graphic.

"CBC is trying to go for the same thing," Sharp said. "It's wise to have young, pretty people on television."

Sharp noted that from a film student's perspective the pilots help to inspire.

"At least with the pilots we've seen the budget didn't seem outrageous," he said.

This Space for Rent will be aired on the Jan. 3, and Rabittown and Cheap draft, bad language, fast cars, women and a video camera, will premier on Jan. 4. They signal a new era for Canadian television, exhibiting a more indie approach to filming

This Space for Rent, set in Vancouver, tells the story of a very sarcastic Lucky Carroway's (played by Squawk Box's Dov Tiefenbach) slacker lifestyle at the flat he lives in with his 20-something friends. The cast also includes former MuchMusic VJ Rainbow Francks.

Rabittown is about the friend-

ship of two girls in their mid-20s growing up in St. John's, Nfld, and the trials and tribulations they face. The writers/actors, Adrianna Maggas and Sherry White, strive to portray the growth of their friendship in a funny, yet charming, way.

Cheap draft, bad language, fast cars, women and a video camera is another televison show aimed at the college demographic. Producer and writer/director Jay Dahl said the series is about "three guys lost in the testosterone fog of

their mid-20s." The series was shot on a small budget. "They all looked somewhat promising," said Sharp, one of

promising," said Sharp, one of many film students from selected Toronto schools invited to attend the launch of the pilots at the Drake Hotel in Toronto.

"I always find it intercepting that

"I always find it interesting that the creators are in their mid-30s or older," said Sharp about the audience demographic.

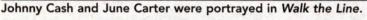
"There's definitely an age difference between the creators and the actors."



Signs decorated the Drake Hotel at the Monday night premiere of CBC's three new half-hours series.

The star honoring actor Gregory Peck has been stolen from the Hollywood Walk of Fame. It was removed from the concrete where it had been for 43 years.







Joaquin Phoenix and Reese Witherspoon are getting Oscar buzz.

Speculation on The Academy's choices this season

Peter Howell's 2006 predictions:

Best Picture

- 1. Munich
- 2. Brokeback Mountain
- 3. Walk the Line
- 4. A History of Violence
- 5. Capote
- 6. Pride & Prejudice
- 7. The Constant Gardener
- 8. Cinderella Man
- 9. Memoirs of a Geisha
- 10. King Kong

Actor

- 1. Philip Seymour Hoffman
- 2. Heath Ledger
- 3. David Strathairn
- 4. Joaquin Phoenix
- 5. Viggo Mortensen



by bronwyn cawker

The holiday movie season is prime time for speculation, as the looming nomination deadline approaches for the Academy Awards.

"Speculation seems to get earlier and earlier every year," said Peter Howell, movie critic for the *Toronto Star.*

"It almost seems as if people enjoy the process of guessing who's going to win the awards, more than watching the actual award show itself. It has a lot to do with the Internet."

Websites and Internet forums have been dedicated to the guessing game, making it easier for users to trade information in what is described as a "game-like" fashion. Howell is one of many filmbuffs featured on the Movie City News website, www.moviecitynews.com, giving Oscar predictions for the Best Actor and Best Film categories.

"My predictions are not based on what movies or actors I liked best throughout the year, they're just based on who I think is actually going to win," he said.

Although the general public is

unaware of official nominations, The Academy has already released a list of 15 potential documentary film nominees of which includes March of the Penguins and The Devil & Daniel Johnston.

So who is Oscar-worthy this year?

2005 has seen a small drought in comparison to other years when measuring the quality of largegrossing Oscar-worthy dramas.

"At one point in the summer, things looked pretty grim, a couple of movies were dropped off the roster, such as *All the King's Men*," Howell said. "I think on balance the movies were slightly worse but not dramatically."

But buzz surrounds actress Reese Witherspoon as her depiction of June Carter-Cash in *Walk* the Line.

Films getting Oscar attention are Capote, the ever-so controver-sial Brokeback Mountain, and A History of Violence.

Most recently, *Cinderella Man* is wriggling its way back into the spotlight after a terrible blow at the box office this past summer.

The depression-era boxing flick, which stars Australian Oscar winner Russell Crowe, is being re-released by the ever-so-opti-

mistic Universal Pictures in hopes to lessen the box-office damage and help the movie pick up some nominations.

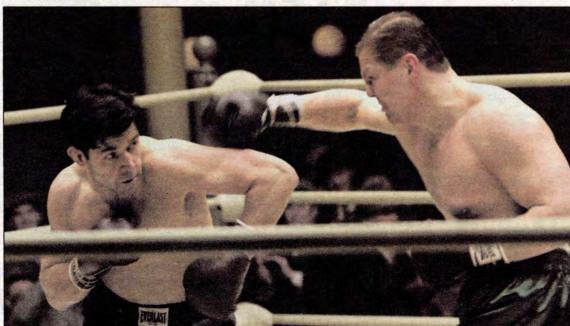
"The problem is, if a movie is released in June people have pretty much forgotten about it by the time the Oscars roll around," Howell said. "Re-releasing movies sometimes helps but generally, if the movie's dead it stays dead."

"However, Gladiator (which also stars Russell Crowe) was rereleased and that won Best Picture at the 2001 Oscars. If anyone has a chance to come railing back, it would be definitely be Russell," he said

Time for movies to wriggle their way into nominations is dwindling away as Oscar polls will start four days after Christmas. Epic films such as the classic King Kong and novel-turned-movie, Memoirs of a Geisha are being released amidst the holiday Oscartraffic within the next month to make the Jan. 27 deadline for nominations.

Ten days later on Jan. 31, the official nominations will be announced to the public from the Samuel Goldwyn Theatre.

Until then, happy speculating.



Universal is re-releasing this summer's Cinderella Man in order to get an Oscar nod or two.



George Michael and his partner are making their relationship official after Britain passed legislation giving homosexual couples many marital rights - yahoo.com

SPOT on Humber

by drew seale ENTERTAINMENT REPORTER

Humber radio student and DJ, Eric Pearce, combines work and play when he spins his eclectic mix of funk and dance at Caps Pub every Monday night.

every Monday night.

"I spin what I like to spin,"
Pearce said. "I like to spin weird
stuff that nobody really likes to listen to."

Pearce, or DJ ESP as he is called when on the tables, has been DJing for two years. Pearce, whose influences range from Dr. Dre to Jazzy Jeff, has gone from amateur to full-fledged producer,

having produced a folk album and various hip-hop projects with his friends in Hamilton.

"Honestly . . . I started . . . on a whim one day," said the firstyear radio student. "Since I was a kid, I always saw it on TV and it interested me."

Pearce said he had some birthday money, so he loaded up his motorcycle with empty boxes and drove to a music store. When he came back, he had a couple hundred fewer dollars in his pocket and the boxes on his bike were filled with DJing equipment.

Although he may not be a production genius yet, Pearce is still

busy spinning records and DJing at clubs including Caps. Pearce said it was strange how he got the gig at Humber's pub which eventually lead to him being chosen as the DJ for Humber's semi-formal.

"Three Mondays ago, I went to talk to Kenny (Caps' manager)," said the radio student, "He was like 'hey, I just lost a Monday night DJ, do you want the spot tonight?" and I said 'sure'."

Pearce said Kenny was pleased with his work so he asked him to come back.

Check out DJ ESP Monday nights at Caps around 10 for underground hip-hop and tunk.



CASBYs celebrate Canadian music

by jennifer lee cialini Entertainment reporter

The 2005 CASBY awards were held on Nov. 23 at the Koolhaus in Toronto to celebrate music.

Awards went to Bedouin Soundclash for Favourite New Song, Boy for Favourite New Indie Release, and Arcade Fire for Favourite New Artist and Favourite New Album. Live performances included Sloan, Metric, Waking Eyes, Bedouin Soundclash, and Hot Hot Heat.

The musicians see the current Canadian independent music scene in a positive light.

"I think it's awesome. There are so many good bands. There are a lot of fans who love the music. If that keeps up, the sky's the limit," said Matt Peters, guitarist for the Waking Eyes.

"I think it's very healthy. There's a lot of fantastic bands making some really awesome records. It's their time, they've paid their dues," said Jay Ferguson, a guitarist for Sloan.

Hot Hot Heat, who performed, feel the Canadian music industry has improved in the last year.

"It's pretty awesome. This is rare for Canada. Normally I associate Canada with quiet nights. I like when it's loud, with lots of things going on and seeing a lot of people," said Steve Bays, lead vocalist of Hot Hot Heat.

Tom Green hosted the event and threw loaves of bread at the crowd. He's releasing a rap album



jennifer lee cialin

Hot Hot Heat's lead singer, Steve Bays, headlined the awards.

titled *Prepare for Impact*, arriving in stores this month.

The crowd remained enthusiastic throughout the show. That might have had something to do with the winner of the Edge 102.1 "Cougar Search" making a guest appearance on-stage.

The only downfall was the short sets the bands played because of the large number of performances that were scheduled.

"We just did two songs which is a bit of a weird thing to do. You just get into the groove and then you get ushered off the stage," Peters said.

"I wish we could have played longer. That's just because I'm selfish and I think everybody wants to see more. But maybe they don't. We were already pushing it with three songs. They only asked for two," Bays said.

The ČASBY awards were created in 1981 as an alternative to the Juno awards.

"It was good. It's like old stomping ground. It's the second time we played this thing. We played in 1993 and they've been a big supporter of us and a lot of Canadian bands," said giutarist Patrick Pentland from Sloan.

"It was better than 1993. We were rolling on the stage back then... we didn't know how to play our instruments," Ferguson added.

The Canadian Artists Selected By You ceremony was presented by Edge 102.1, Molson Canadian, and North by Northeast. CASBY winners were chosen by the fans. Tickets for the show were not on sale, and could only be won by tuning in to Edge 102.1.

The night was an overall success, and everyone appeared to be having fun. There was a free afterparty available for all of the guests at the event, where the they could drink and dance the rest of the night away.

THEY ALL STARTED AS AMATEURS!













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Canadian actor Dan Aykroyd, who starred in the film Ghostbusters, is entering the wine business and has invested \$1 million into Niagara Cellars Inc. - yahoo.com

California's Bad Religion

Punk band visits Toronto to talk music and business

by allan cajilig ENTERTAINMENT REPORTER

For the past 25 years, Bad Religion has been one of the most influential punk bands in the world. The band that brought mainstream attention to southern California's underground punk scene played a sold-out show at the Kool Haus in Toronto recently, alongside bands Anti-Flag and Protest the Hero.

Bassist Jay Bentley noted that after 13 albums, the group has stayed strong while running its own label, Epitaph Records.

"I'm in Bad Religion and that's what we all want to be," Bentley said. "We all really like doing this and we're not chasing some dream and saying, 'if I can just get this, I'd be so happy."

The band continues to maintain a steady schedule.

"There's talk about going back to the studios in March to start another project," he said. "There's a DVD coming out in February, where we filmed at the end of our tour with Rise Against. There are also some territories that we haven't been to in a while that we plan on playing real soon."

Bentley said Bad Religion isn't the typical pop-punk band.

"I think musically we can write some pretty good songs. Lyrically is where we kind of cross this boundary where listeners have to do a little work and think about what we're saying.'

Bentley said those who pay attention to the lyrics will get the message aimed at changing the social and political climate.

"I think the big reason why people liked us at the beginning was that we put certain issues going on in the world in a way that wasn't coherent, and it was what an angry 15-year-old would write, and that's what we were."

Their current music video, Los Angeles is Burning, criticizes mainstream media.

"Basically the premise behind the video is how the media creates the hysteria that it reports," Bentley said. "Los Angeles is the metaphor for movies and fantasyland. The news out there is outrageous and every news station is competing with, 'who has the scariest story

He cites car chases that have been so popular on the TV news in L.A., where the criminal running from the police is the star of the show. That, he said, gets other people saying, "I want to do that.

"They don't want to report the news, they just want to report the craziest thing that's happening. As long as people realize now that the news is just entertainment."

Bentley said the band tried to break away from the music industry's mold of punk bands by starting its own record label and finding its own acts.

We were fortunate enough to not get signed when we first started," he said. "Being on your own record label is pressure-free. You don't have to worry about performing, so I think we started to realize that it is fun, it's just a hobby and it's not a cure for cancer or the most important thing we'll ever do in our lives."





Between The Covers

ANGELS AND DEMONS by Dan Brown

by alexandra demaria

Robert Langdon is Dan Brown's famous character from the New York Times bestselling novel The Da Vinci Code. However, Langdon was first introduced in the pages of Angels and Demons, the prequel to the famous tale.

Robert Langdon is a wellliked and highly intelligent professor at the University of Harvard. He is called in to help investigate the symbology used in the brutal murder of a European scientist working on breakthrough technology. This starts Langdon down a dark and disturbing pathway leadthe evening of conclave, the age-old tradition anointing a new pope, a secret brotherhood called the Illuminati has risen to take power and strives to violently replace the entire Catholic Church.

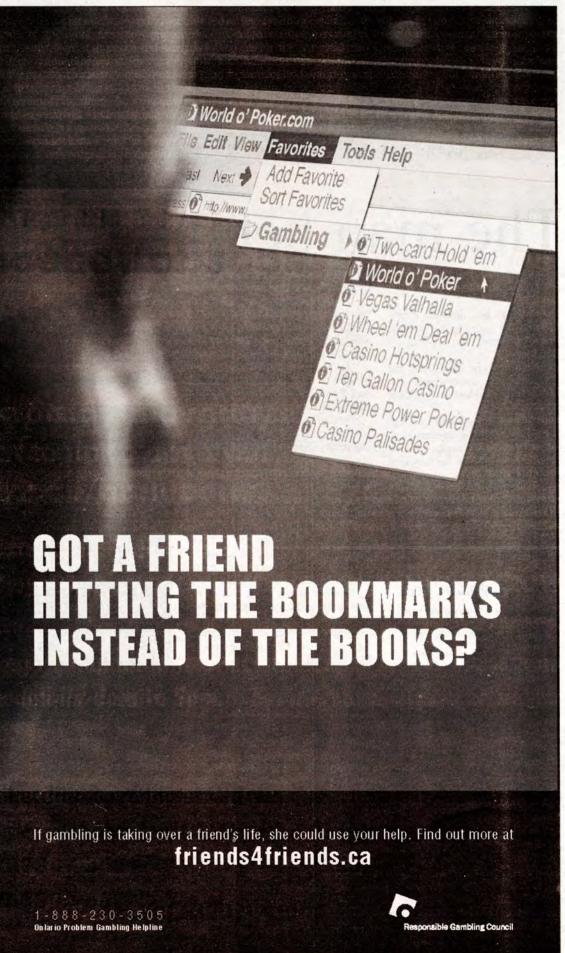
Langdon finds himself



paired up with the beautiful and knowledgeable Vittoria Vetra, who helps him follow the Path of Illumination and solve the mystery before it is too late.

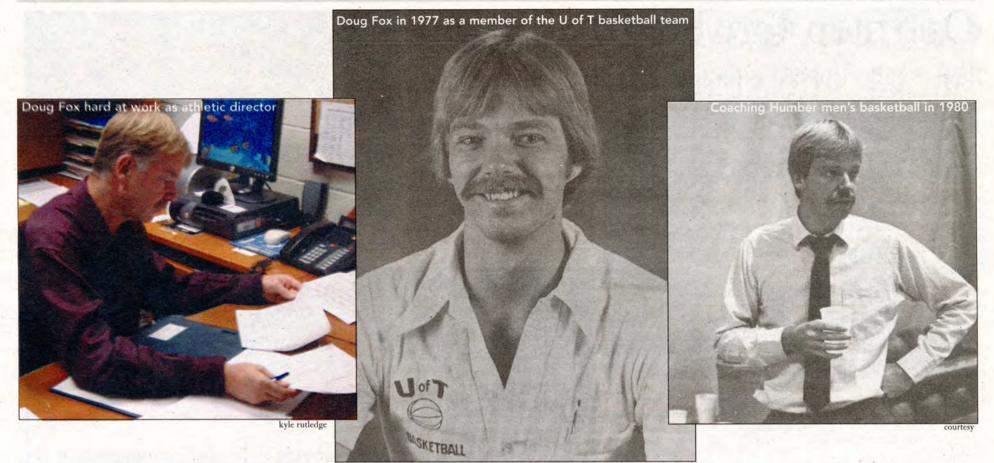
Art, science, history, religion, romance, murder and action all work together to make this novel a fast-paced and intriguing page turner.

Similar to The Da Vinci Code, Angels and Demons uses ancient symbols mixed with historical fact to try and ing directly to Vatican City. On resolve the conflict between science and religion. Brown points out that locations in the pages of the novel, accompanied by exact drawings which map out both Modern Rome and Vatican City, and all references to art, tombs, tunnels and architecture are factual.



sports

"I'm not someone to quote others. I tend to use the verbage that comes out of my mouth." - Doug Fox, the man, the myth, the legend, the athletic director.



Hawks' success The man be

by kyle rutledge SPORTS REPORTER

Doug Fox has devoted everything he has to make his athletes feel like winners for the last 30

"I've tried to be involved in the winning circle everywhere I've gone," said Fox, Humber's athletic director.

He has been with the college since 1979, holding various positions before becoming athletic director – a position he has kept for the last 15 years.

The Toronto native started his post-secondary education at the University of Toronto as an engineering student before switched his major to phys-ed after his first year.

"He's a cheerleader, he's a coach, he's a supporter and he's an administrator"

> - Jim Bialek, assistant athletic director

At U of T, Fox captained the varsity basketball team to two

After spending five years with the basketball team, he was no longer allowed to play and was still certain as to what he wanted to do, which led Fox to teacher's col-

lege.
Though he had originally wanted to teach high school, Fox was offered a position to coach the basketball team at Humber College in 1979, the year the athletics facilities opened.

Fox quickly became the facility manager and thrived as assistant athletic director. He held that posi-

tion for close to 10 years before becoming athletic director.

Current assistant athletic director Jim Bialek met Fox back in 1979, when Bialek started here as a recreation student. The two have developed quite a bond.

"He would be as close to a brother to me as anyone I've ever met throughout my entire career," Bialek said.

Brotherhood is something one would rarely find in the workplace. However, Fox takes great pride in his athletics team of staff and students as one big family.

There's a collegiality with all our athletes. . . that I don't see at other institutions," Fox said.

That comradery could have something to do with the success of Humber's athletes and teams.

"My goal for every sport is to get to the final four," Fox said.

Humber doesn't just focus on one sport, as is common in many colleges and universities. Although they don't field every varsity sport, they put their all into the sports they do field.

He said he cannot guarantee wins but does guarantee Humber will be in the hunt every year for

every sport. Fox takes it on himself to hire the right managers and coaches, to ensure Humber's teams have ample practice time before the season starts and to outfit its athletes in professional looking uniforms and track suits.

Above all, Fox wants Humber's athletes to be proud they are a part of the varsity program.

"Doug knows that every team is capable of being the best and that's exactly what everyone expects," said Stephanie Rossen, a member of Humber's varsity program and Humber Hype dancer.

"Ultimately everyone pulls

together to prove time and time again why Humber has the reputation it does - winners."

some point in their career, to win a championship," Fox said.

He feels championships are very important for varsity athletes' self-esteem and also gives them an

"I always like an athlete, at

uation. Fox also makes it a priority to

experience that lasts beyond grad-

attend every varsity event at Humber and sets challenges, complete with a point system, for varsity athletes to attend each others' games.

"We count on fan support being there for varsity athletes," he said.

Fox is a fan himself, sometimes accompanying teams on road trips as he feels the need to get to know every varsity athlete and share moments on the road with them.

Fox said one of the things he likes most about his job is that there is no daily routine.

"He's a cheerleader, he's a coach, he's a supporter and he's an administrator," Bialek said.

Whether Fox is attending an event, counseling students, doing paper work or planning yoga events, one thing is for sure - he will give everything he can.

The always-demanding job often gets in the way of Fox's family life. He has a daughter in high school, a son at Dalhousie University in Halifax, and a very understanding wife.
"My wife is very tolerant in

terms of my commitment to Humber," he said. Fox makes the time he does spend with his family eventful, making the most of the summers.

Among the many highlights of ox's career is the 1991 national men's basketball championship in British Columbia. For five years prior to that championship, Humber's teams had come so close to national titles.

Another highlight for Fox was completing the second floor addition to the gym last year. He said it was nice to see such a big project finished and being used.

Maria Annarillia, a varsity cross

country athlete, appreciates Fox's commitment.

"As an athlete it feels good to know you have an athletics team devoted to winning and professionalism."

That professionalism was evident in another of Fox's highlights, when Humber hosted the 2003 women's national volleyball championships. Humber tried to make

"There's a collegiality with all our athletes. . . that I don't see at other institutions. "

- Doug Fox, athletic director

it as professional feeling as possible, emulating the Olympics. Fox said he still gets phone calls today from people asking how to make an event as successful as they made those nationals.

Fox has won numerous awards and has been recognized a number of times for all the hard work he has put into Humber College. In 1984, he won the support staff most distinguished person award, which led to his winning of the Robert A. Gordon Leadership award in 1998. Arguably Fox's biggest accomplishment in his time at Humber came in the 2001-2002 athletic season, when he was awarded the prestigious Canadian Colleges Athletic Association athletic director of the

Bialek summed up Fox best when he said, "He has a fierce loyalty to Humber, he has a fierce loyalty to his athletes and a fierce loyalty to his coaches and he'll do anything he can to help them succeed.

To Fox, winning is everything.



Doug Fox with the 2005-06

women's volleyball team.

"Why does everybody stand up and sing 'Take Me Out to the Ballgame' when they're already there?" - Larry Anderson, former MLB pitcher.

One step forward, two steps back – the struggle continues

Men's volleyball team goes 1-2 on the week, seeing its record drop to 3-4 on the season

by terry bridge SPORTS REPORTER

The men's volleyball team had its biggest test of the season against the Mohawk Mountaineers, the best team in the province, but lost the match in four sets, dropping their league record to 2-3.

In front an electric crowd in the Humber gym, the Hawks dominated the second set 25-17 last Wednesday, but dropped the rest of the sets 24-26, 10-25 and 12-

The Hawks were looking forward to this game for some time, hoping to prove to everyone they have what it takes to compete in this league.

"There are certain games on the calendar we've circled - coach has said that a couple of times and this was one of them," Hawks player Mike Smith said. "This was a chance for us to go back to the OCAA and prove that we're not a 2-2 team. We are a high-calibre volleyball team and we come to play every game.

The first set was a tight game played in front of an energetic crowd that created a buzz for both

The teams traded virtually point for point until, tied at 24, the Mountaineers snuck two quick points in to steal the win.

Head coach Wayne Wilkins praised the enthusiasm his team displayed in the first half of the

"It was a big game and the guys were up for it, they came out firing," he said. "We won the second set, lost gas in the third and fourth, but it was a great match. Our guys fought hard.

The second set was Humber's best of the night, as players sacrificed their bodies for points in one of the grittiest matches they have played all year.

Smith made a spectacular diving save, setting up Bobby Anderson in the process, who made the kill.

The team asserted itself as tough competition, maintaining a comfortable lead.

Duane Mondesir completed a quick spike from a short set, something that has become his trademark and a very effective move in his first year on the team.

Smith was quick to compliment of all the freshmen on his team.

"These rookies are something else, they come to play," he said. "They want to learn and they are good at what they do."

The loss meant that, for the first time in years, Humber is under the .500 mark at this point in the sea-

"These guys aren't used to losing. I don't think we've been 2-3 in four or five years," Wilkins said. "It's tough, and these guys will have to fight through it, and that's part of being a team and growing."

In the third set, Mountaineers took control as they went on a run, recording 17 of 24

Their strong serving, spiking and team chemistry was more powerful than any other team Humber has faced this year, proving why they are ranked 13th in

"They're a very good team," Smith said. "We've seen them and now we know what we have to do to beat them.'

In the fourth set, Mohawk once again set the tone, taking an early lead and never letting the Hawks back in the game.

At one point, trailing 19-10 and nearing defeat, the Hawks' Adam Wilson yelled to his team, "it's only nine points, let's go!"

It was a moot point in the end, as the Mountaineers celebrated a road victory.

Although they lost, Wilkins noticed an improvement over their last game, where they started strong but disappeared as the game wore on.

"Considering the game against St. Clair where we came out hard in the first game then sat around for three sets, now we got better," he said. "Now we played hard for two games, and as long as that growth keeps going we'll be fine."

Although Mohawk had control of the majority of this match, he reasoned that if his team continues to improve as they have over the first half of the season, they could surprise the Mountaineers in the playoffs when games hold more significance.

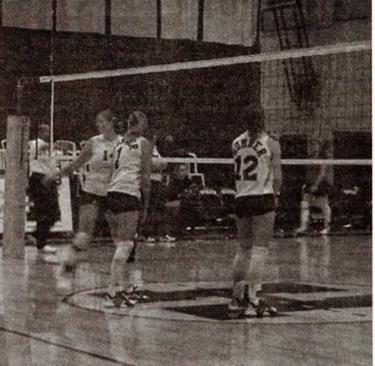
'If I base it on a growth curve, if I base it on how much we've grown as a team versus how much they've grown as a team, I think we can (beat them)," he said. "I don't know how much better they're going to get, so considering that, we should over-

Smith, Darryl Burton, David Forrester and Tarun Swaroop, the only players remaining from last year's championship squad, are experiencing challenges in their attempts to bring this year's team back to the top.

"The leadership is tough at times. Sometimes you get frustrated because the (level of play) isn't as good as we're used to." Smith said. "But, hey, you roll with the punches and play with what you got."

The Hawks went 1-1 on their roadtrip over the weekend with a 3-0 win over Canadore and a 3-1 loss to Nipissing.

The Hawks' next and last action before Christmas is the Niagara Tournament this Friday, Dec. 2 and Saturday, Dec 3.



The Lady Hawks remain undefeated after a three-win week.

Women bump and volley past opponents

Improve to 7-0 on the season and maintain number one ranking in Ontario

have. "

- Chris Wilkins, head coach

by jeremy crowe

The Humber women's volleyball team, ranked number one in Ontario, wrapped up their first semester of play with a 3-0 week, ending with a big victory over second place Nipissing last Sunday, Nov. 27.

The Hawks started the week on Wednesday, Nov. 23, hosting and

defeating Mohawk three straight "Mohawk is

not a bad team," Hawks Chris Wilkins said. "It

was one of our better games of the semester and we really dominat-On Saturday Nov. 26, the team

made the trip north to Sudbury, where they faced off against Canadore, cruising to a 3-0 victory.

were supposed to do.

Wilkins said. "It's a bad habit we have.' But the Hawks proved to be too much, winning the next three sets to claim the match.

"Momentum's a funny thing in "We got lazy in that volleyball,' game. It's a bad habit we Wilkins said. "We could've easily been down 2-1

instead of coming

out on top. The Hawks, a perfect 7-0-0 in league play and a stunning 29-1-0 over-all, take a month off before going to Calgary for the four-day Mount Royal Tournament, starting Dec. 26.

point on their number one status

with a win over a hungry Nipissing

squad. The Hawks sputtered in the

first game, taking a 21-13 lead, but

allowed Nipissing to come back to win the game 25-23.

"We got lazy in that game,"

'We're playing against some of the top teams from Alberta and B.C.," Wilkins said. "So it should be really good competition for us."

The second semester of league play begins Jan. 18 against

"It was a good team effort," Wilkins said. "We did what we That Sunday, Humber was looking to put an exclamation OCAA men's Central West division volleyball standings: W-L-T 1. Mohawk 4-0-0 2. Nipissing 4-2-0 3. Humber 3-4-0 4. Canadore 1-5-0 5. Sheridan 0-5-0

OCAA women's Central West division volleyball standings:

W-L-T 1. Humber 7-0-0 2. Nipissing 6-1-0 3. Sheridan 2-4-0 4. Mohawk 1-3-0 5. Canadore 0-7-0

Mike Smith keeps the ball in play against Mohawk last week.

sports *

"I put on a fitness hat, I put on an intramural hat, a varsity hat, there's so many different things that happen with the job." - Doug Fox

Hawks top Huskies

by garth simmonds SPORTS REPORTER

The George Brown Huskies were in our gym to take on the country's number one ranked Humber Hawks. Entering the game, both teams were tied for first place in the central region, with the Huskies finally cracking the top five OCAA rankings at number five.

Both teams traded turnovers and took some ill-advised shots as the game got off to a sloppy start. Humber's offence was unusually out of sync, allowing the Huskies to stay in the game and eventually take the lead.

The score was deadlocked 13 minutes into the half but the Huskies soon found their stride. They led by as much as seven points but that's the only lead they would have all night. The Hawks came back to tie the game 33-33 at the end of the half. The Hawks

were playing their second game in three nights, which had contributed to the team's slow start, according to coach Darrell Glenn.

"For our team, I think the two games in three nights had a bit to do with it because I know our guys were tired," Glenn said. "We didn't come out the way we wanted to but as the game went on we started to get our wind back."

The second half began with more turnovers, but the Hawks seemed to come out with a renewed energy, especially on the defensive end. The Hawks forced the Huskies into bad shots and a number of offensive fouls. A 12-2 run by the Hawks blew the game open as the Hawks offence started to flourish. Veteran forward Jonathan Wyse led the run with nine points in the second half and finished with 14 points and a teamhigh 12 rebounds.

Forward Jadeway Hemmings led the Hawks defensively, finish-

ing with a season-high nine steals to go along with six points and 11 rebounds.

The real story of the second half, however, was the hot shooting from first-year guard Jonathan Tyndale. After hitting only one three pointer in the first half, Tyndale came out on fire hitting all five threes he attempted in the second half.

Tyndale finished with teamhigh 18 points and added five rebounds.

The Hawks never looked back, outscoring and out-rebounding the Huskies in the second half to come out with a 70-52 victory. The win can be credited to Humber's stifling defence which is getting the Hawks a lot of attention around the league.

"I'm not sure if other teams know us for that but that's what we have to do being such a small team. We go into every game with a big focus on defence."



garth simmonds

Humber had the court covered in an impressive 70-52 win over the George Brown Huskies in a battle for first -place.

MLB steps to plate with new drug policy

Baseball commissioner, player's union strengthen penalties under pressure from congress

by justin holmes SPORTS REPORTER

Major League Baseball has revised its much-criticized drug policy after a new testing agreement was unanimously passed by team owners, a change that is much needed according to Toronto Blue Jays president and CEO, Paul Godfrey.

"I thought that one was more or less a slap on the wrist, more than a penalty," he said. "A 10 game suspension was hardly a message to send. We're talking about people's health."

The original agreement, quickly put in place last spring, suspended a player for 10 days for the first time he tested positive, followed by subsequent 30 and 60 day

suspensions.

Under the new rules, any player who tests positive for steroid use will receive a 50-game suspension for the first infraction, 100 games for the second and a lifetime ban with possible re-instatement after two years for the third. As well, tests will be given more often throughout the year.

Many in baseball believed that

while the old system was too lenient, the stigma attached to a player suspended was all but career ending, as in highly publicized cases such as Baltimore's Rafael Palmeiro. Godfrey feels differently.

"I don't agree with that. Major League Baseball has several players who have served their penalty and are back playing again." One such player is the only member of the Blue Jays organization to test positive under the old policy, pitcher Matt Whiteside.

The 38-year-old right-hander was suspended for 15 games in July while playing for triple-A Syracuse. "We're not totally perfect," Godfrey admitted. "With some the message may go in one ear and out the other."

The Jays have stayed relatively clean of steroid scandals, although Godfrey isn't sure just what they're doing that other clubs aren't.

"We try to teach our players right throughout the minor league system," he said, but "players are pretty independent. "We keep our fingers crossed."

A less-publicized part of the new policy is MLB's testing for amphetamines.

While they lack the spotlight congressional hearings have given steroids, amphetamines have been abused in baseball for decades.

The first time a player tests positive for amphetamines, he will be subject to an evaluation and retesting. The second test will result in a 25 game suspension, 80 for the third, followed by a lifetime ban.

"There are more players using amphetamines than steroids," Godfrey said, pointing out the need for testing. "Amphetamines have been glossed over. They can be harmful to health and create long-term problems."

He said testing is important because "some players are just not smart enough" to look at the longterm health effects of performance enhancing drugs.

The new policy was drawn up by both MLB and the players' union, and is slated to be ratified by the players early next year.



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"Ten per cent of life is what happens to you, the other 90 per cent is how you deal with it." - Argos head coach Michael "Pinball" Clemons.

Hawks continue roll with easy win over Lancers

by jevon griffith

The Humber women's basketball team kept its undefeated streak going last week with an 88-40 victory against the Loyalist Lancers

The Hawks, now 9-0 overall and 4-0 in league play, started out a bit slow to begin the first half.

"We didn't play up to our full potential. We almost played down to their level," said guard Audrey Ngongo, who finished the game boarding five rebounds.

The Hawks were careless with the ball, turning it over 27 times, and were often slow in responding to Loyalist's attack.

"I think they brought the game to us instead of us bringing the game to them," said forward Heidi Jaaskelainen, who finished the game with 10 points, four rebounds and four assists.

But the players regrouped, spread out the floor and ran their penetrating offence.

Led by point guard Tanya

Castang, the Hawks scored at will against the Loyalist team.

She pleased the home crowd when she hit a jump shot after a successful deke out of her defender, and even amazed new basketball fan and first-year law clerk student Diana Weir.

"This is the second time I've watched them and they won the first time. They're pretty good, especially number 20 and number four," said Weir, referring to Sarah Moxley and Castang, respectively.

Castang, the 5'4" point guard, said she was only reacting to how the defender was guarding her.

"It was a fast break situation and she was there. It's a reaction. If I see someone in front of me, I just automatically do something. If you can do it, you either cross your defender, give them an in and out, or spin and that's what I did," said Castang, finishing the game with nine points, seven rebounds and a pair of assists.

Despite missing all four of their three-point attempts and not going to the free throw line at all, the Hawks took a 48-20 lead into halftime.

The women also hit 24 of their 47 field goals, to bring the first-half shooting percentage to 51.1 per cent.

In the second half, the Hawks came out aggressively by driving and getting to the free throw line 19 times, making 10 of them.

They also tightened up their defence.

"Defence definitely pulled us through and our foul shots carried us for sure," said Jaaskelainen, adding that the team needed to pick up their intensity level to secure the victory.

The women out-rebounded the Lancers 67-38 and caused their opponent to turn over the ball a total of 28 times, which Humber converted into 25 points, giving the opposing coach no alternative but to call a timeout to try to turn the tide.

By then it was too late, the victory was sealed and the Hawks remained undefeated.

Castang said she gives credit

for the team's early success to the coaching staff and her teammates.

"We have a great team talentwise, commitment-wise and we also have a great coaching staff. We know teams are after us and we got that red dot on us, as coach Denise Perrier says, so we just got to react to it and that's what we do, day in and day out," she said.

The Hawks next game will be on the road against St. Lawrence on Dec. 2.



jevon griffith

Humber's Monique Faulknor looks to score a hoop inside.

Eskimos outduel Alouettes to win thriller in OT

by stephen leithwood SPORTS REPORTER

The highest paid player in the CFL proved his worth for quarter-backing Edmonton's second Grey Cup victory in three years.

Ricky Ray was named the game's most outstanding player in an exciting 38-35 overtime triumph over the Montreal Alouettes.

He broke a Grey Cup record, throwing for 359 yards, completing 35 of 45 passes, and no interceptions in front of a sellout crowd of 59,157 at B.C. Place in Vancouver.

"It's a great way to end the season, the last few weeks were tough," Ray told reporters. "All the criticism everybody took. We stuck together and never separated as a team. That showed a lot of character for the guys on this team and this organization. That's what won it for us."

Backup QB Jason Maas was sent in to relieve Ray twice in the playoffs, once against Calgary and another beating the western powerhouse, B.C. Lions.

Edmonton's rookie head coach and Montreal-born Danny Maciocia decided to keep Ray in for the whole game.

Now rumors are swirling about Maas being traded to the Hamilton Tiger-Cats (5-13) for quarterback Danny McManus and offensive lineman Tim Bakker.

After the Grammy-winning Black Eyed Peas hosted a hip-hop halftime show, the Alouettes put an explosive 17 points up in the third, and then another 10 to send the game into double overtime.

Second cup win in three years for Edmonton Eskimos.

It's been 44 years since a Grey Cup match went into overtime.

Eskimos kicker Sean Fleming put the game away with a 36varder.

During overtime, Montreal quarterback Anthony Calvillo made a double pass and was penalized.

Despite Edmonton's 12 penalties and connecting with top Alouette receiver Dave Stala, Calvillo couldn't lead his team's impressive (10-8) season to a Grey Cup win.

Meanwhile, in Montreal, 200 police officers lined St. Catherine Street to handle any aggressive or disgruntled fans.

It was reported that Alouette fans stayed calm and left silently.

The CBC had 26 cameras on hand for their revamped broadcast of Sunday's game.

The game was shot in high-definition and 30-second commercial spots cost advertisers \$70,000.

But the league's championship game only drew an average audience of nearly 3.2 million, the lowest telecast since 2001.

Argos have work to do in off-season

by kyle rutledge SPORTS REPORTER



What a difference a year makes. The Toronto Argos are certainly not celebrating a Grey Cup victory as they were at this point last season after an embarrassing defeat in the Eastern Final.

The Argos suffered a true loss to the Montreal Alouettes, seeing their season crash to an end two Sundays ago. It was rather unfortunate for Toronto to see the Argonauts fall short of a second consecutive Grey Cup win just two seasons after the team was all but finished.

Toronto has re-kindled an old flame in supporting the Argos, thanks to new president for the start of last season, Keith Pelley, who played a large part in re-structuring the team.

Before Sunday's Eastern Final in Toronto, the streets were packed with tail-gate parties and street festivities as the city welcomed its largest playoff crowd in 15 years who thought the Argos had the game won after Toronto stormed out to an impressive 14-0 lead late in the first quarter.

After scoring the Argos second touchdown, R. Jay Soward figured it would be a good idea to run into the stands and come back with a full bag of popcorn, which he then danced around with and shared with teammate Robert Baker. Which sparks the question — where did he get that popcorn from? He surely didn't it buy it with the wallet in his back padding, and let's hope he didn't steal it from some poor kid.

Either way, the touchdown seemed to ignite the Alouettes which at the same time seemed to extinguish the hot start from the Armos

Argos.
With a roster practically the same as the 2004 Grey Cup winning team and the Argos up 14-0, their heads got far too inflated with Grey Cup thoughts.

The Al's started creeping back with two field goals, followed by the turning point in the game – a Reggie Durden interception off Argos quarterback Damon Allen.

The Durden interception led to a slew of errors from Argos as the team mentally fell apart, committing six errors which led to the Alouettes advancing to the Grey Cup. The Al's faced the Eskimos this past Sunday for the third time in the last four years.

The Argos just didn't come out to play. They were there for the first quarter then completely let the Alouettes take control of them and the crowd as they rolled out the turnover train.

The bottom line was the Al's had no turnovers, while the Argos had six. Not to mention the shameless popcorn gig in the end zone.

The Boatmen will have some work to do if they want to make it two Grey Cups in three years next season and will have a question or two to answer in the off-season.

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"I don't play team sports anymore because I just got tired of nursing injuries all the time." - Doug Fox

Understanding Leaf Nation

by matt durnan



There's something about a diehard Toronto Maple Leafs fan, something I just can't quite put my finger on.

Whatever it might be, something definitely bothers me about these people, because in reality the people who claim to be the biggest Leaf fans are nothing more than your typical bandwagon jumpers.

When the Leafs put together more than one win in a row, it's, "the Leafs are taking the cup this year."

As soon as they go on a twogame slide however, it's "get rid of Quinn!" or "we need some defence."

One would think that in a hockey hotbed such as Toronto, the fans would be a bit more educated on the game and be able to have a more realistic and consistent view of their team.

For starters, the team will compete this year, and they will make the playoffs. The Eastern conference has only two legitimate Stanley Cup contenders, the Ottawa Senators and Philadelphia

Then middle of the pack teams like Montreal, Boston, Carolina, Tampa Bay, New York and, yes Leafs fans, Toronto will even be there as well to round out the playoff picture, just as they have for the last decade.

Sure the team hasn't won the Cup since 1967, but how can you complain when the team competes every year and is always in the

It seems as though the majority of Leaf fans hide their true support for their team behind a mask of uncertainty. These fans set their standards low by saying, "oh the Leafs won't get by the first round, they don't have the defence to beat so and so.

These are the same fans that when the Leafs win that same series, are parading around in their Leafs jerseys the next day.

They'll wear the blue and white with pride, that is until they lose the first game of their next series, then its back to, "well I knew they wouldn't be able to beat this

It really stems from the attitude of not wanting to look bad and always appearing to be right.

These people do this by downing the team they really want to win. By doing so, they can celebrate in the case that they do win, and if they lose there's always, "I told you so, I knew they'd lose.'

Here's a classic example that's happened this season already.

There's a player on the Toronto Maple Leafs, you may know of him, his name is Eric Lindros.

Now this Lindros character has been plagued by concussions in the past, and everyone was so sceptical when he was picked up. All you could hear was, "first hit he takes, he's finished," or "he's washed up, he's scared to go into the corners.

Lindros started out the season with a bang, and in the absence of Mats Sundin, was the team's leading goal scorer. All of a sudden he's the greatest thing to happen to Toronto.

Now for those of you hockey fans who don't know, many players in this league are streak players. That is to say that they will go on hot streaks and pile up points and have droughts where they can't seem to get anything right. Lindros is one of those players.

It's in this way that he's a perfect fit for Toronto, because when he's hot, he's the hero.

When he's not he's the goat, so he's the perfect target for praise or

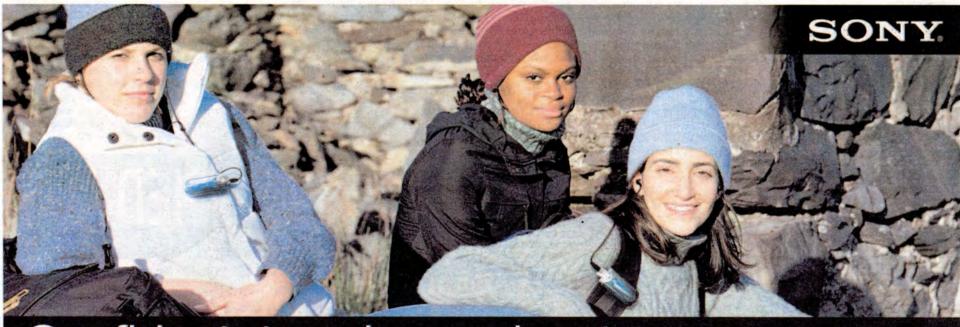
Look at it this way, Leafs fans.

No team ever wins every game, and no player is going to do everything right, so unless you start to accept less than perfection you'll never be satisfied.

The Leafs will get their fair share of wins, but they'll take losses along the way as well.

Remember, the Leafs aren't the only team in the league and there are some other teams out there who want to win games, too.





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