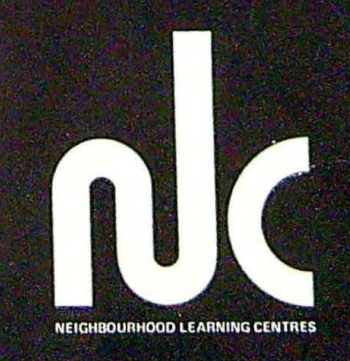
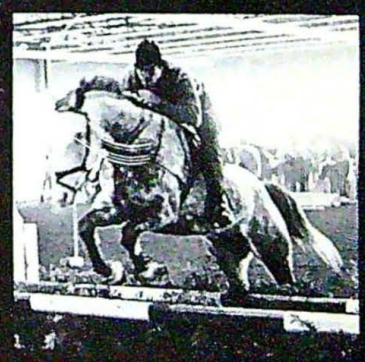
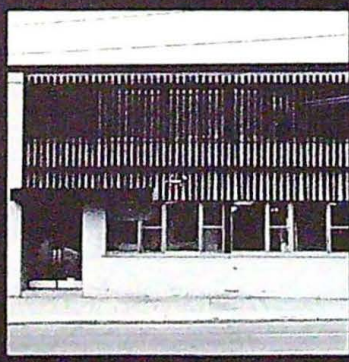
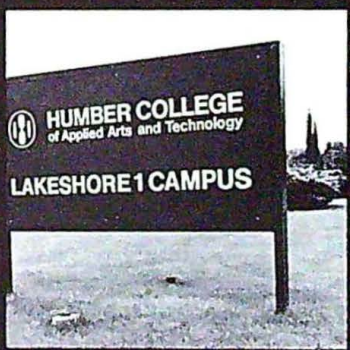
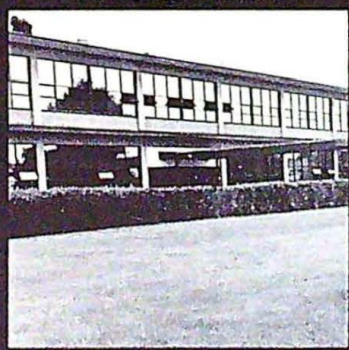
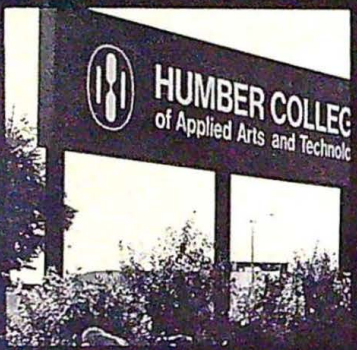


# HUMBER HAPPENINGS

Keelesdale Campus    North Campus  
Lakeshore I Campus    Osler Campus  
Lakeshore II Campus    Queensland Campus  
Lakeshore III Campus    York-Eglinton Centre  
Neighbourhood Learning Centres  
Office of College Relations Fall 1977  
Humber College of Applied Arts & Technology



NEIGHBOURHOOD LEARNING CENTRES



Volume 4 Number 3

Humber College

# HUMBER HAPPENINGS

Keeleisdale Campus    North Campus  
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Neighbourhood Learning Centres

Office of College Relations Fall 1977  
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Humber Happenings is intended for faculty, staff, students and others interested in the College. All contributions should be submitted through Divisional Contributing Reporters to the Director of College Relations no later than the 11th day of the month preceding publication date.

## 3 What's Happening in Divisions

## 4 Staff Speak Out!

## 5 Profile - Ted Millard

## 6 Perspectives in Education

## 11 What can a College do for the Community

Humber Happenings is published five times per year - February, April, June, September and December - by the Office of College Relations, Humber College of Applied Arts & Technology, P.O. Box 1900, Rexdale, Ontario M9W 5L7. Contents may be reprinted without permission.

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The front cover of Humber Happenings is made up of photos of the eight campus locations of Humber College of Applied Arts and Technology.

The description of the photos are as follows: Exterior of North Campus as seen from Hwy. 27 (1 and 2); exterior of Osler Campus (3); exterior of Lakeshore 3 Campus (4); Bubble Athletic Facility at North Campus (5); exterior of Lakeshore 1 Campus (6 and 7); Indian clay sculpture made by a Creative Arts student at North Campus (8); Humber Transportation Centre (9); exterior of York-Eglinton Centre (10); exterior of North Campus (11); student competing at Humber Equine Centre (12); exterior of Lakeshore 2 Campus (13); exterior of Queensland Campus (14); the logo of Humber Neighbourhood Learning Centres (15); and the exterior of the Keeleisdale Campus (16).

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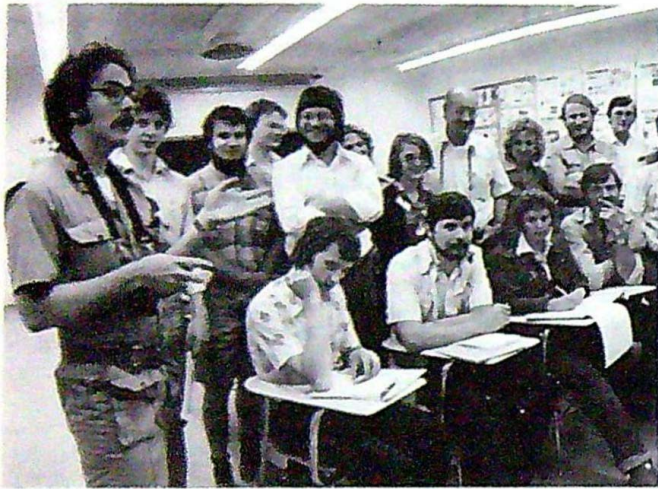
## ASHTON WINS CANADIAN COMBINED TRAINING TITLE

Elizabeth Ashton, Director of Humber's Equine Centre, won the Canadian Combined Training Championship held in Calgary in July.

Elizabeth was aboard Sunrise in the event which will be used to assist in selecting the team for the world championship. She is also aiming for a spot on the 1980 Canadian Olympic team.

## DID YOU KNOW?

... Dieter Huebner, an instructor in Metal Arts at the Lakeshore One Campus, had a sterling silver brooch accepted in the 1977 Metal Arts Exhibition shown in the Gallery of the Ontario Crafts Council in Toronto. He also had two gold rings displayed in a show at the Kitchener-Waterloo Art Gallery ...



## HUMBER OFFERS PHOTOGRAPHY WORKSHOP FOR ONTARIO COMMUNITY NEWSPAPER REPORTERS

"Photography for Journalists."

That was the name given to a Sunday workshop in June conducted by Peter Jones, an instructor in Humber's Photography Program.

The session, organized by the Conferences and Seminars Office at Humber, was the first of its kind at Humber.

The workshop was open to reporters from community weekly newspapers in Southern Ontario. Sessions dealt with the "whos", "whats", "hows" and "whys" of photography.

Newspapers represented included The Mississauga Times, Prescott Journal, Minden Progress, Campbellford Herald, Fergus Elora News Express, Cayuga Regional News, Milton Canadian Champion, Chesterville Record, Georgetown Independent, Acton Free Press, Durham Chronicle, Grimsby Independent and The Goderich Signal Star.

Dave Cooper, a photographer with the Toronto Sun, also gave a special presentation which included some trick photography.

The Conferences and Seminars Office are planning another session in conjunction with the Ontario Weekly Newspapers Association.

## SOMETHING TO THINK ABOUT . . .

*"If nobody ever said anything unless he knew what he was talking about, a ghastly hush would descend upon the earth."*

Sir Alaric Herbert - Reader's Digest



This is a drawing of a solar energy home in Sarnia designed by students at Humber's Lakeshore Two Campus.

## HUMBER DESIGNS SOLAR ENERGY HOME IN SARNIA

Two instructors and six students from Humber's Lakeshore 2 Campus have designed a solar energy home which is now being constructed in Sarnia.

The home is being built for Bernie Withers, a former resident of Mississauga, who heard Humber was trying to develop a Solar Energy Program and asked the College to assist with construction in Sarnia.

Instructors Imre Toth and Al Long designed the house using metric standards, and students from the Drafting Program prepared the drawings and constructed a working model.

The four-bedroom house is being built in Sarnia by CSERI Contractors for a total cost of \$100,000.

As a result of their involvement with the design, Humber has submitted a proposal to the Ontario Ministry of Colleges and Universities about starting a Solar Energy Technology Program at the College. The new program will teach students about architectural design, plumbing, heat calculation, insulation, specifications, and cost comparisons of various solar heating panels. If all goes well, the course may be available in 1978 according to Frank Ryan, Senior Program Co-ordinator of Technology at Lakeshore 2.



Humber's Stage Band A recently played a two-hour concert at Ontario Place prior to its European tour and concert at the Montreux Jazz Festival in Switzerland.

## DID YOU KNOW?

... Barrie Saxton, Co-ordinator of Humber's Law Enforcement Program, had an article titled "Discretion in the Canadian Justice Systems" published in the Royal Canadian Mounted Police Gazette, which is a national police magazine ...



# Humber Staff Speak Out !

QUESTION: Do you think the new ban on smoking will be effective and will it last?



"Yes, I think the new ban on smoking will be effective if it can be enforced with some finesse. Because we are creatures of habit, I feel it will last."

Helen Stephan,  
Receptionist,  
Osler Campus



"I feel sure the ban on smoking will be effective because it has been proven by medical research that smoke and gases emitted into the atmosphere from a burning cigarette, are more dangerous to the non-smoking people in any room area, than to the person that is actually smoking the cigarette. Will it last? Sure, my feelings are that the ban is here to stay."

Isobel Desouza  
Purchasing Services,  
North Campus



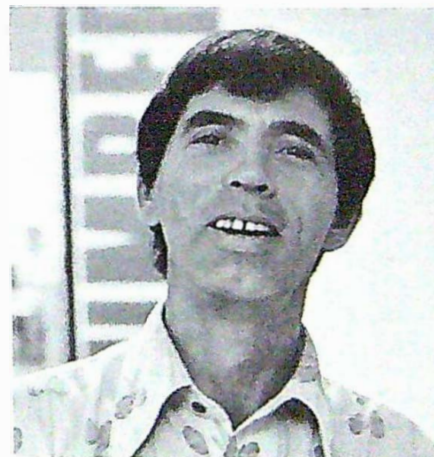
"The legal ban on smoking in public places should serve to reinforce the social pressure already felt by smokers. Yes, it stands a good chance of lasting."

Rowena Forgue  
Program Development,  
Lakeshore One Campus



"The decision to control smoking within the College is eminently reasonable and long over-due. Aside from the health damage inflicted by smokers upon themselves, it is quite improper to expect non-smokers to share the 'fall-out' with them. And in terms of cost, smokers create additional maintenance problems and fire hazards which places an additional burden upon Humber's already over-taxed budget!"

Derwyn Shea  
Director,  
York-Eglinton Centre



"A total ban on smoking would never appear to be a solution to the smoking problem since it's desired from a medical and social point of view. However, a total ban would not solve the individual's problem of smoking and would probably create more problems for the smoker especially if there is a psychological dependency on it. Consequently, a partial ban with designated areas for smokers would appear to be more desirable, effective and would more likely be respected."

Kevin Connors  
Instructor,  
Keeleisdale Campus



"Basically, I am in favor of the new law not only because it is a proven danger to health but also because it is a definite fire hazard. Whether it will be effective is something else. Many will smoke in defiance of the law, using as their defense the rights of the individual. I am sure we will go through a difficult period for a time, but when the dust clears, most smokers will heave a sigh and repeat the old cliché - "if you can't beat 'em, join 'em".

Peg Thompson  
Co-ordinator  
Quo Vadis Campus



# Profile

## TED MILLARD

Twenty-seven years ago, Ted Millard began a career in law enforcement by walking a beat in Sarnia without a police uniform.

"I always wanted to be a police officer and I remember in those days, there was no police schooling required at the time and all you did was learn through practical experience and on-the-job training," said Millard.

He did just that, and in the past quarter of a century was a police officer for 20 years, and in educational security for seven years.

Millard was born in Sarnia and went to school in the Ontario city which is about 170 miles southwest of Toronto.

In 1946, he joined the Royal Canadian Navy and trained at Esquimaux. He later served on the cruiser, Ontario, before being discharged as a leading seaman.

Millard joined the Sarnia Police Department in 1950 as a constable and four years later moved to the Traffic Division where he eventually became Sergeant in charge of the Division.

After 14 years with the Sarnia force, Millard left his hometown for Strathroy, a town 20 miles west of London, to become Chief of Police.

"Strathroy had a population then of about 5,500 people but it was a hot little town," he said. "We had everything from shootings and fires to mobs and assaults."

Millard was in Strathroy until 1967 when he accepted the position of Chief of Police for the Port Moody Police Department in British Columbia. He was one of 97 people from across the country who applied for the job in the Vancouver suburb.



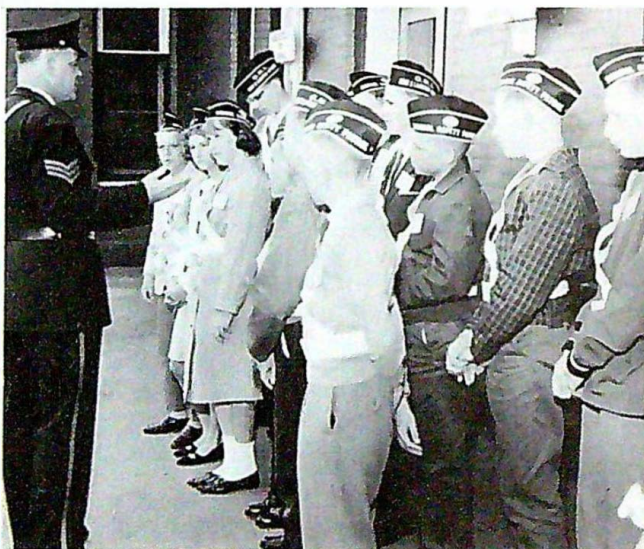
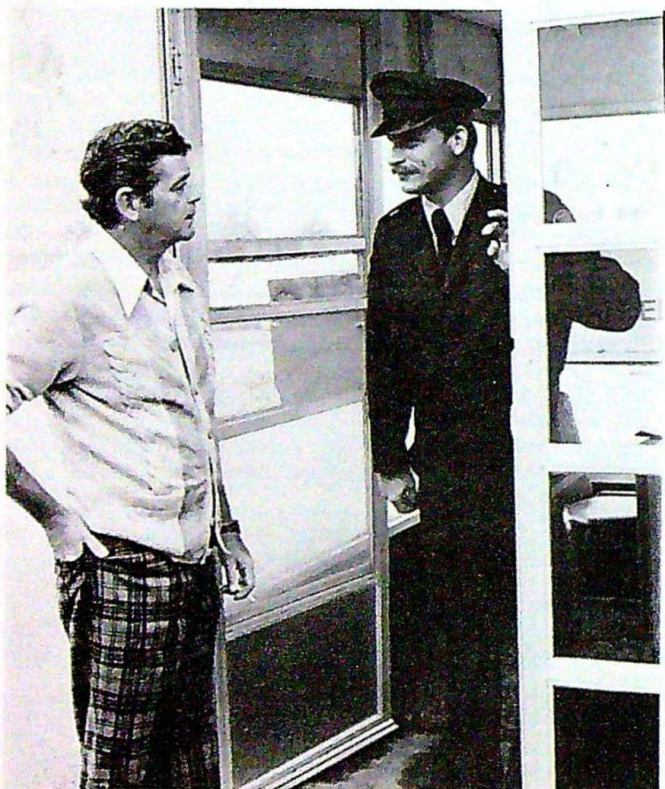
"I was there for almost four years and started to miss Ontario," he said. "I left in 1970 and returned to join the security department at the University of Waterloo. Six months later, I was appointed Supervisor of Security for the University."



This past summer was the sixth anniversary for Millard as Chief of Security for Humber College. He manages a staff of 10 security officers and six parking attendants.

Millard has worked with the Sarnia Safety Council and a number of other provincial safety organizations. In 1959, he started the Sarnia Patrol Camp which was the first of its kind in Canada. The camp offered instruction on safety at home, school and on the street to hundreds of children.

Millard lives in Clarkson with his wife and family.





## PERSPECTIVES FROM EDUCATION

This regular feature in Humber Happenings is written by faculty in Humber's Human Studies Division.

This series of stories will deal with a variety of current topics and issues of interest to the general public. Subjects will range from politics and society to religion and education. Many presentations will relate to the various Liberal Arts Programs taught at Humber College.

Earl Reidy, a teaching master in Anthropology, continues the series with an article on the subject "Education - For What?"

The views expressed in these articles are those of the authors and do not necessarily reflect those of Humber College. We invite your comments and opinions.



# EDUCATION - FOR WHAT?

Like everything else around us today, the concept of education is in the midst of rapid change - disintegrating, some say - a change which leaves many confused about what we are teaching our children, or perhaps more importantly, why?

I admit to having been converted to a somewhat conservative view of the purposes of education, and so what is said should be seen in that light. As many readers remember, education was once a process whereby the student was expected to learn something about where his society came from, how it worked, what kinds of great ideas were spawned and how they were put to work. I suppose we could call it a "roots" kind of education. Books and the ideas they conveyed were an essential element in the making of the student preparing him or her to become an "educated" person, and for the intellectually outstanding, to become a scholar. "Scholar" - that word is for many in our society today, almost meaningless and certainly does not evoke the same kind of pride and respect it once did. Education, it was believed, would lead the learner to the land of ideas, to an understanding of the world around, to spur investigation and to discover, comprehend and ultimately

appreciate beauty, ideas, ideals, then put that learning to work to better themselves and their society.

Largely, the task of education did not include, as a major component, the idea that the function of the school was to produce workers. And here, I believe, is probably one of the most important aspects in the revolutionizing of the school. It largely lost its mandate to give students "roots" and instead sees them as workers in the making.

Until the advent of Russia's Sputnik, which drove the Americans into a frenzy of educational change toward the almost immediate production of scientists to launch their own series of rocketships, the principal task of training workers was left to industry and commerce, not to our tax dollars. When we also were lifted into the frenetic American educational revolution, one of the things we began to demand of our schools was to assume the responsibility for turning out "workers". As a result, we began to see the student not as an "educated person", but as a "trained worker" on the vast assembly line leading directly into an industrial or commercial setting already trained to take over the riveting, the drafting, the filing, the marketing, the designing, the whatever's.

With the so-called "age of plenty" of the 60's and 70's, we allowed some humanism to creep into the system and began to think about people-oriented things and how to make our society a better place in which to live. It didn't last long, we're now back to a tight economy and a demand to train workers for jobs, jobs that don't even seem to be there anymore.

Perhaps educational systems can and should have a hand in the training of workers. But I bristle at the idea that is the only thing we should be helping them to learn. We live, today, in one of the most complex periods of human history and somewhere along the line our young people - and those of us who are not so young anymore - need information, insights, some chance to learn about the changes going on around us, changes over which we often feel we have no control. Look at our cities and how rapidly they have changed: They have grown so incredibly and now contain peoples from almost every part of the globe. Change is so often, so fast, we cannot keep up. Confusing? Certainly. Training workers will never train people how to deal with these increasing social complexities unless we recognize the need for education as well as training.

This is perhaps the most important reason I advance in suggesting that a substantial proportion of our children's education must deal with matters regarding our society, how it works, what the rest of the world is like, and how to cope with other human beings both in the marketplaces of the work world and in our communities. Understanding a chemical formula, or how to weld, or to design furniture or a bridge does not, of itself, provide that human element. Subjects such as literature, history, sociology, psychology, politics, anthropology hold some of the keys to understanding ourselves and our co-workers, our co-citizens.

Any investment we make in helping young people, and the not so young, to understand themselves and the nature of their relationships with others, will come back to us a thousandfold. Refusing to encourage them will certainly come back to haunt us.

Education must be for dreamers and pragmatists alike. As the American human rights leader, Doctor Martin Luther King said: "I had a dream."

by Earl Reidy



# INTERNATIONAL/NATIONAL STUDIES AT HUMBER

Make the world your classroom through study and travel courses offered by Humber College's Centre for Continuous Learning.

International/National Studies are courses about Canada and the world. Anyone can register for these programs and explore the culture, history, politics and economics of their chosen area. Locations range from a focus on the Canadian Rockies to an introduction to the People's Republic of China.

Each course will be in two parts: Orientation will be a regularly scheduled evening class with a minimum of 42 classroom hours preparing students for the On-Location segment of the course.

The second part consists of the actual exploration for a period of two to three weeks. The group will be accompanied by experienced and qualified leaders who will be able to expand the student's personal reflection.

Humber Happenings will highlight in this issue one of the courses offered called "Retracing The Klondike Gold Rush". Other programs will be featured in subsequent issues.



The crystal clear waters of Fox Lake, near Whitehorse, make a good home for the large number of grayling.

## RETRACING THE KLONDIKE GOLD RUSH

Imagine yourself a pioneer in the past; become a modern day goldseeker in the historic Klondike.

After flying to Vancouver, students will travel by boat up the inland passage of the west coast to the town of Skagway, Alaska. The student will hike the "world's longest museum" between Chilkoot Pass and Bennett, B.C. This 32-mile trail is strewn with artifacts and historical remnants from the great gold stampede of the past.

The hike will be slow and explorative to enable the student time to study such artifacts as the pilings at Dyea townsite, Canyon City, the Scales, the remains of the North West Mounted Police office at the summit, and the other scenes that have marked history for the area.

After Bennett, students will travel by narrow gauge railway to Whitehorse, then by bus to Dawson, the focal point of the rush. Here the student can pan for the gold which still supports many lucky and skilled goldseekers.

Several days will be spent in Mount McKinley National Park in Alaska. Mount McKinley is North America's tallest mountain. The wildlife and scenery will defy the imagination.



One of Canada's largest game animals - the moose - is common to many areas in the Yukon.

Returning to Whitehorse by bus, the group will then fly home to Toronto. One of the most memorable and fulfilling experiences will be completed in August, 1978.

The Orientation component will consist of 12, three-hour sessions in a classroom format, and one backpacking weekend. The classes will be held on Monday evenings between 7 p.m. and 10 p.m. from January to April, 1978.

The biography and works of Robert Service will be studied with emphasis on his Yukon years and poems. The student will also study the variety of Gold Rush routes with special regard to the most popular and sensible route . . . the inside passage to Skagway and Dyea, then the Chilkoot Pass.

Other points of interest will be the acquisition of necessary equipment and skills for the hike, and a compulsory exercise program, individually designed, whereby the student will be sufficiently fit to hike the Chilkoot Pass.

The Orientation fee is \$50.00 while the approximate On-Location component fee is \$855.00.

More information about the Klondike can be obtained by calling Michael Hatton in the Athletics, Recreation and Leisure Education Department in Humber College at 675-3111, extension 217.

For further information on other International/National Studies courses, contact the Centre for Continuous Learning at 675-3111, extension 281 or 202.



Christine Waghorne, co-leader of the Klondike Program, takes in the scenic view from Sheep Mountain in Kluane National Park, Yukon Territory.



## HUMBER RADIO STUDENTS OBTAIN FULL-TIME EMPLOYMENT

Three 1977 award winners in the Radio Broadcasting Program at Humber have recently joined the full-time staffs of radio stations in Toronto.

Robert Komsic of Scarborough, winner of the \$100 Gordon Sinclair News Award given to the top news prospect in the Humber program, is a newscaster with CKO-FM, the all-news station in Ontario.

Wayne Glover of Etobicoke, winner of two awards - the \$100 CHUM Limited for the top production prospect in the program and the \$100 CHFI bursary for best creative use of sound in FM production or programs - is now on the production staff of CFRB Radio.

Ross Howey has joined the copy department staff of CFGM Radio in Richmond Hill. The Etobicoke student was the winner of the Humber 10th Anniversary Award presented to the most promising copywriter in the second year of the three-year course.

## GOOD YEAR FOR PUBLIC RELATIONS GRADS

Employment wasn't difficult to find this year for the graduating students in Humber's three-year Public Relations Program.

"In fact, I think we did extremely well this year in light of economic circumstances," said Hugh Morrison, Co-ordinator of the Program.

Kally Thompson and Karen Smith are employed with the Ontario Ministry of Labour; Sharon Paul is with the Ontario Ministry of Consumer and Commercial Relations; Kelti Fogal is with the Ontario office of UNICEF; Brian Moreau has joined the public relations staff of the Ontario Northland Transportation Corporation; Louise Plourde and Pam Laszlo will be working with Big Brothers of Metro Toronto; Jennifer Dean is with North American Life; and Sara Dabringer is with the YMCA. Another PR grad, Kalene Guyader, was recently appointed Publicity Officer for the Etobicoke Public Libraries.



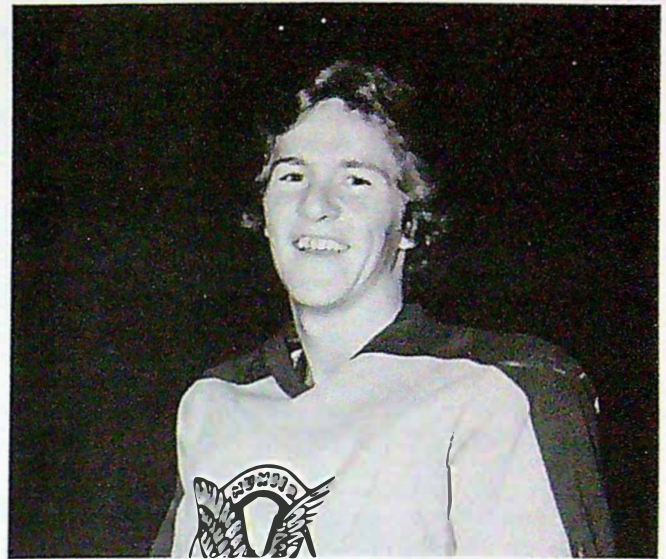
## HUMBER STUDENTS RECEIVE AWARD AS BEST IN CANADA

Students in Humber's Hotel and Restaurant Administration Program recently received an award as the most outstanding student branch of the Canadian Food Service Executive Association.

The award was presented in June at the CFSEA's third national convention in Montreal, Quebec.

Gordon Stevens, Past President of Humber's Chapter, and current President, Peter Vincy, represented Humber at the function.

Igor Sokur, Co-ordinator of the Humber Program, also received congratulations from the newly elected National President of the CFSEA and representatives of the Federal Office of Tourism, for the outstanding students in the Humber course.



## HUMBER STUDENT WINS KENT STATE SCHOLARSHIP

Ron Smith, a recent graduate of Humber, has been awarded a partial scholarship to Kent State University in Ohio.

Smith, who was the leader this past year with the Humber Hawks hockey team and was selected the team's Most Valuable Player, will start at Kent State this September.

The 22-year old Etobicoke student received his diploma in Marketing in June.

Smith, a Centre with the team, scored 17 goals and had 29 assists for a total of 46 points in only 17 games.

Smith joins another ex-Humber Hawk player. Bruce Wells attended Kent State last year and was second in scoring with the hockey team.

## HUMBER THEATRE STUDENTS PRODUCE FOR COMMUNITY

This past summer, the "Here We Are Theatre" Company let people know they were here! Six Humber theatre students under the direction of Stanford Williams Jr., accepted the challenge to in just 10 weeks, make their presence known by their performances of two children's plays: "Pigtales" and "Sambo and The Tigers" and an adult production: "The Tenor".

An \$8,500 grant from the Federal government's Young Canada Program helped to enable the troupe to perform at such places as Albion Community School, Centre Island, Ontario Housing Developments and various libraries. Group members designed the sets, developed costumes and arranged tour bookings. Humber offered its facilities for all pre-production work.

The project, which went from May until July, was successful in getting theatre to those who normally would never come in contact with such an environment. It also succeeded in providing varied on-the-job training for the company members. Humber students in the group were Sharon Pummell, Janet Harvey, Peter Smith, Ted Pearson and Karen Bennett.

## NEW OFFICE LOCATION FOR COLLEGE RELATIONS

College Relations has moved to new office accommodation at Humber's North Campus.

David Grossman and Elizabeth Sheldrick will be located in room D151 which is down the hall from the bank near the Security Office.

The phone numbers will remain the same at 675-3111, extension 553 and 554.





Dear Friends:

September is a very special month to me. It is the beginning of my New Year. I enjoy feeling the contagious enthusiasm of new as well as returning students, and it is a genuine pleasure to see staff full of vibrancy and optimism resulting from a change in activities over the summer.

The last decade has been stimulating and productive. We're all very proud of Humber's history of growth and constantly improving effectiveness.

There were many significant and successful events during the tenth anniversary year - one impressive occasion was the visit of Dr. Hans Selye, a fine example of a person committed to a field of knowledge useful in the service of humanity.

Humber holds for us all in the second decade tremendous promise. I hope we will do all we can to preserve the stature of Humber and its people, and strengthen our resolve to keep the College as a place of learning, a place for individuals to grow and as an institution which contributes to the well being of society generally.

Recently I re-read Carl Rogers, Freedom to Learn. He emphasizes the importance of the need for every institution to provide a climate for involvement and participation so that the final result is a reflection of everyone's efforts. This is more important than too much stress on tidiness, speed and efficiency. I trust all of us will work at maintaining a community feeling so that we can be aware we are a part of Humber. We do not just work here.

The College was built on the simple formula of openness and trust so as to generate a lot of creativity and enthusiasm. I hope we carry this spirit of the past decade into the next.

Sincerely,

A handwritten signature in cursive script that reads "Gordon Wragg". The signature is written in dark ink and is positioned above the typed name and title.

Gordon Wragg  
President



# WHAT CAN A COLLEGE DO FOR THE COMMUNITY ?

by Sandy Vale

It is very easy for any educational institution to function strictly on an academic level. The quality of an establishment shows when efforts are made to reach people through the creation of other outlets.

In 1965, William Davis, then Minister of Education for Ontario, introduced a bill which dealt with the establishment of community colleges as an alternative to the university system. The difference to be defined by career oriented programs.

A community college would also carry the objective of making available to its community, various college resources through general interest programs, recreational and cultural activities.

Humber College of Applied Arts and Technology began with one's interests in mind. Counselling Services were set-up to provide not only career, but personal guidance; also Health Centres for on-campus medical aid to students and staff. The Career Planning and Placement service works with graduates and undergraduates in achievement of goals, and in the search for summer and full-time employment. There is a bookstore, a food services department and bus transportation between the various Humber campuses. Humber College also has library and learning resources facilities.

Jim Houlston, Promotion Director of Sherway Gardens Shopping Centre in Etobicoke, believes that the use of College displays and exhibits at the mall has provided a good community service for the customer who is unable personally to find out about Humber's courses - especially those customers who are from out of the area.



The Mayor of Etobicoke, Dennis Flynn, views part of Humber's value in the fact that it offers "an avenue that is not totally and clearly academic, therefore providing higher education as to the community interests. Many programs in Etobicoke seem to co-operate with ones from Humber and both [groups] seem to compliment each other."

Flynn believes that the College does things specifically for the Etobicoke community. He also believes that the fact that Humber College is split into many campuses is a plus from the physical point of view - accessibility to students and the entire community.

Part of the College's aim is to provide for the educational needs of adults and out-of-school youth. In January 1968, evening courses were instituted as part of the Continuing Education program. Retraining and Apprenticeship programs have been developed in the fields of business, industry, the professions, arts, credit and general interest offerings. According to Judy Knoops, Admissions and Records Officer of Humber's Lakeshore One Campus, not only Manpower students use the Business Upgrading courses, but some people have come on their own initiative to take advantage of the courses offered.

Lakeshore Registrar, John Flegg, finds the major contribution of Business Upgrading to be granting women with the opportunity to return to the work world, and with the chance to progress from the assembly line environment into an office.

The Grades One to Twelve Upgrading program furnishes an individual with a second chance in life to be able to enter a skilled program (usually at the grade 10 level).

The College Preparatory Program deals with the upgrading of grades 11 and 12. Gary Noseworthy, Senior Program Co-ordinator General Arts and Science and College Preparatory Programs, claims that without this program, those who enroll would not only be unable to enter college, but also would not be productive members of society. "Some of the students are high school referrals either because of age or due to their apathy to the secondary school environment," he said.

Technology Upgrading at Humber's Lakeshore Two Campus offers the unique programs of camera repair, packaging, and screw machine (of which there is a high demand for graduates). The division is set up to allow for individual schedules which therefore benefits day workers and particularly those on shifts. A joint program exists with certain companies by which employees can train at Humber on an average of one day a week.

The Quo Vadis School of Nursing represents one of the services Humber offers to the community-at-large. It was designed for people 30 to 50 years of age who wish to enter the nursing profession.

Many courses at Humber show themselves to be beneficial because they are unique. In 1972, a course was instituted to train individuals to work with young retarded children in capacities other than that of teacher. That same year, the College in conjunction with the Peel South and Brampton Association for the Retarded, constructed and now operates the first day care centre for the mentally retarded and severely handicapped children of Toronto.

Mrs. Audrey Watson of Information and Volunteer Services for the Surrey Place Centre in downtown Toronto, has been associated with Humber for about nine years. "I feel that the Early Childhood Education for the Developmentally Handicapped Program at Humber is turning out the best graduates", she commented. "I am not only impressed by the quality of the students, but find the staff to be co-operative and well supervised."

The Neighbourhood Learning Centres have been created to enable adults to take credit courses in their vicinity. Local schools and churches are used as classrooms. This concept also shows itself to be unique by its use of the partnership-



in-education arrangement. It is jointly operated by Humber College, the Borough of York Board of Education and York's Parks and Recreation Department. Derwyn Shea, Director of Humber's York-Eglinton Centre, finds multiculturalism to be an important element of the N.L.C. system. The Centre does extensive work with the Black, West Indian, Jewish, Italian, and Portuguese residents. Councils of faculty, students, and residents of an immediate area evaluate the work and results of a particular Neighbourhood Learning Centre and also recommend future planning.

"The value of the N.L.C.'s lies not only in the fact that they are decentralized but are also community-oriented and responsive", said Shea. "It is important for the College to recognize, as I think Humber does, that it isn't the source of all answers. Where it lacks experience, it should actively engage in establishing an inter-agency setting to seek the source of information and bring it to the community in a co-operative way." York-Eglinton Centre has done joint programming with such groups as Ontario Hydro, North York Branson Hospital, Consumer and Corporate Affairs and Canada Manpower.

"International conferences are interested in the concept of N.L.C.: sharing facilities and personnel", said Barry Vail, Supervisor of Community Affairs for the Board of Education of the Borough of York. "The concept of community workers has proved itself," he added. "Personal contact is a plus, especially for credibility."

Mayor Phillip White of the Borough of York is extremely pleased to have one of Ontario's largest community colleges located in the Borough of York. "One can see that there's something for nearly everyone," he said. White is impressed by the fact that Humber has programs and special events that can offer something for all ages. "We of York appreciate the extremely important role Humber plays in the community."



Interest in the community and a fulfillment of its needs is evident by the College's action in 1974 of asking residents of the Queensland Campus area for their suggestions as to possible usages of the Etobicoke Campus in order to benefit the community. Also, Humber offers its facilities to hundreds of outside groups such as the Human Rights Commission, the Canadian Professional Golfers' Association, the Ontario Ministry of Transport and the Addiction Research Foundation for conferences and seminars. In 1974, the College actively participated in Metro Toronto Community College Week. Humber College also served as one of the hosts for the 1976 World Olympiad for the Physically Disabled. Assistance was provided in the areas of accommodation, transportation and volunteer workers. This year, Humber was the site of the 50th Wintario draw, held in conjunction with the College's 10th Anniversary.

The public is encouraged to enjoy the Arboretum which is a living collection of trees and shrubs of scientific, educational and aesthetic value. It was created in co-operation with the Borough of Etobicoke Parks Department, the Metro Toronto Parks Department, and the Metro Toronto and Region Conservation Authority. According to John Parkes, Associate Editor of the Etobicoke Guardian, the Arboretum has raised Humber's esteem among community members.

"The only growth area in education is in Continuing Education," explains Nora McCardell, Chairman of the Centre for Continuous Learning at Humber. She feels that programs have to concentrate more and more on reaching the community wants. "There is a need for the College to go out more and reach the people. Their needs should be responded to."



Thus one of the largest and most comprehensive departments in Ontario, the Training In Business and Industry, was created to assist the general work force, the supervisory and management personnel. TIBI also serves to upgrade and increase the necessary skills required to perform one's job more efficiently and to keep pace with the ever changing trends and technologies in today's business and industry. For many companies in Toronto and the province of Ontario, TIBI furnishes industrial training, skills development and management development programs. Some training programs travel across Canada.

Learning is not a process which ceases when one is 65. Therefore, Humber established the Third Age College; making Humber's resources more accessible to senior citizens. Mildred Toogood, former Co-ordinator of Senior Citizen's Programs, mentions that certain courses were developed through the surveying of the needs and interests of the aged. Both recreational and credit courses are offered. "These instructors are filling a real need, staff in nursing homes don't have the time to show the care, attention and guidance needed to get the aged to accomplish certain feats," said Mrs. Toogood. Contact is maintained with Activity Directors to find out what is required, what else is desired and if courses already used should be renewed. "Nowhere else in Toronto is there a course for working with senior citizens from a non-medical angle," she said.

"I really can't praise them enough," exclaims Mrs. Gerry Opolsky, Co-ordinator of the Association of Jewish Clubs of the Co-ordinated Services for Jewish Elderly. "The Third Age College is a most wonderful, co-operative interested group who is innovative with suggestions and goes out of its way to provide our agency with instructors and programs."

The North Campus at Humber houses the Children's Activity Centre which provides day care facilities for children six months to six years old, whose parents are attending full and part-time courses, conferences or seminars at the College. It is also open to those who live in the immediate area.

The list of the College's functions in the community and of its interactions with various groups still goes on. A lot has been accomplished in the first 10 years and yet many more are still ideas and dreams for the future.



# HUMBER IN THE NEWS







### GRAPHICS COMPOSER-OPERATOR LEAVES HUMBER

The person who is responsible for the composing of material in Humber Happenings is leaving the College.

Sonya Kalverda, composer-operator and receptionist for Humber's Graphic Centre is expecting an addition to her family.

Sonya came to Humber in 1975 and her duties included the typing/composing of College-wide promotional material for brochures, flyers, posters, etc.

[Ed. note: Thanks for all your fine work Sonya. We'll miss you!]



### WILLOCK GRANTED ONE YEAR SABBATICAL

Frank Willock of Humber's Educational and Student Services Department has been granted a one year sabbatical leave of absence starting in September 1977.

Willock will be involved in reading and research at the Ontario Institute for Studies in Education in Toronto during the first part of his educational leave. Later, he plans to visit educational institutions, like Humber, in Europe and North America.

The projects he will be working on include the use of educational development funds to stimulate faculty research activities and the administration of self-directed learning.

### NMR SPECTROMETER AT HUMBER

The Chemistry Cluster in the Technology Division at North Campus of Humber has recently acquired a Nuclear Magnetic Resonance (NMR) Spectrometer.

The NMR technique is the most revolutionary of the spectroscopic methods now in everyday use by chemists in all branches of the science. There are very few laboratories which do not have, or make use of, the NMR method for following the course of chemical reactions, for structural determination, and for the study of environmental effects of substituent groups.

Like infrared and ultraviolet spectroscopy, the method is a nondestructible one and permits the recovery of the sample for further evaluation. This is particularly important in the field of study of natural products and photochemical reactions, where frequently only small amounts of sample are available.

The instrument model EM-360-A was built by Varian and is designed for proton NMR work exclusively.

The new equipment to Humber will be used by students in the Chemical Technician, Chemical Technology and Chemical Certificate programs as part of their course in Instrument Analysis and Analytical Chemistry.



Moira Stephenson (left) and Mary Benedetti (right) are Program Development Consultants for Humber College in the Borough of York.

### NEW CONSULTANTS FOR HUMBER'S NLC'S

Mary Benedetti and Moira Stephenson have something in common.

They both joined the Humber staff recently as Program Development Consultants for the College's Neighbourhood Learning Centres in the Borough of York.

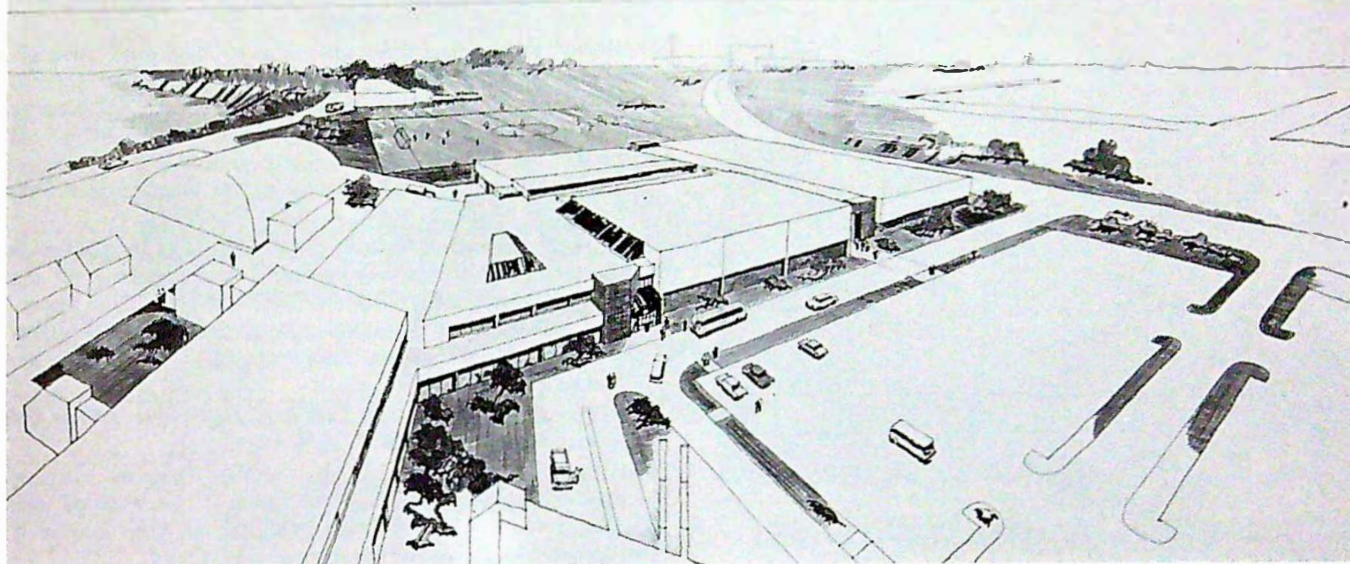
Moira, a graduate of the University of Toronto with a Bachelor of Arts Degree in Psychology, has worked with the Department of Parks and Recreation for the Borough of North York during the past five years in both program and community development functions.

She also holds a certificate in Recreation Administration from Conestoga College in Kitchener. At Humber, Moira will be working in the Runnymede area.

Mary Benedetti was born in the Borough of York. She graduated from York University with a Bachelor of Arts Degree in Sociology. She specialized in racial and ethnic relations.

She has been employed with the Borough of York Department of Parks and Recreation for the past four years as a Recreation Programmer and Community Co-ordinator. Her fluency in Italian will assist in the development of programs in Humber's Weston district.





# STUDENT CENTRE AT HUMBER *A REALITY BY 1979*

On October 5, 1976, a meeting of a Capital Project Steering Committee of Humber College was held at the request of the North Campus Student Union. The purpose was to consider an effective use of the accumulated financial reserves fund in the Student Union budget.

This initial meeting established the terms of reference for a Capital Project Steering Committee having the ultimate goal of building a Student Centre. The Centre would include two major components:

1. Student Union section at a cost of approximately \$800,000; and,
2. Athletic, Recreation and Leisure Education Centre at a cost of approximately \$1,500,000.

It was decided that the committee should operate on the basis of a co-operative Student Union and College model having this mutual goal as its focus. It would be under the co-chairmanship of the President of the North Campus Student Union and the North Campus Director of Educational and Student Services. The remainder of the committee would be comprised of six representatives from the Student Union and six representatives of Humber College.

A series of investigative and planning meetings were held to consider: various aspects of capital financing, operating costs, space requirements, etc.

At the present time, the planning projection for the two components provides the following space considerations:

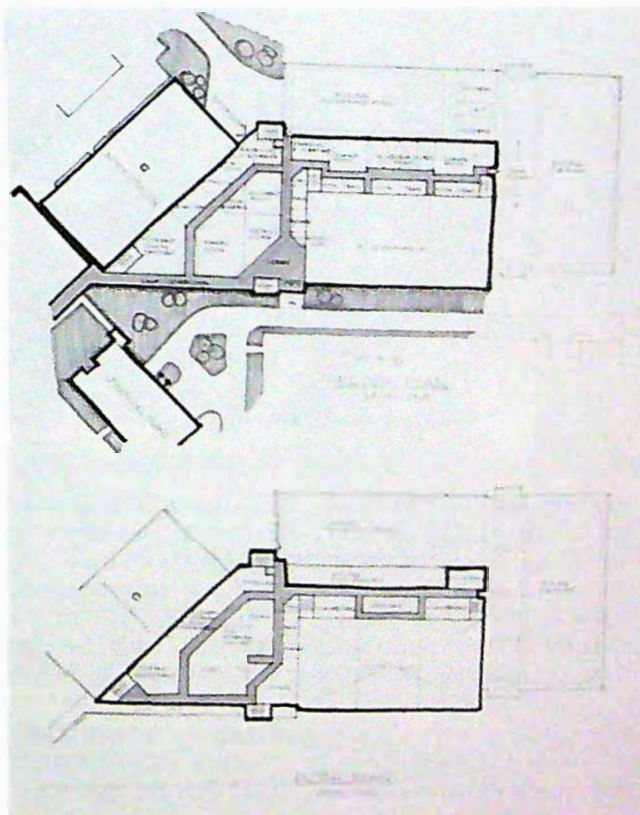
- A. North Campus Student Union Section  
Office space, Printing and Publicity work area, Social Activity space, Recreational area, Study area, Restaurant-Pub area and a Retail Outlet.
- B. Athletics Section  
Triple Gymnasium, Saunas, Locker areas and Showers, Squash Courts, Fitness Centre, Training and First-Aid, Equipment Distribution and Offices.

Sources from which capital has already been sought include: The North Campus Student Union reserves, Humber College,

The Ministry of Colleges and Universities, and Wintario. A total of 2.3 million dollars is required for this project.

To date, this project has received considerable support from the College and its internal community, and also from the communities-at-large.

Individuals interested in donating to this exciting project can call 675-3111, extension 263. All donations will be kept confidential.







## KEEP IN SHAPE

Why are so many people concerned with fitness these days? Because Canadians are facing a fitness crisis. One study shows that less than 15% of our men, women and children are fit, yet we spend a greater proportion of our Gross National Product on health care than any other country in the world. Postural defects are increasing among children, and more tragically, physical fitness among Canadians may actually begin to decline as early as the age of six.

Is your own family fit? Are you fit?

Humber Happenings will include a new feature, beginning with this Fall issue, on family fitness.

How do you check out your family's fitness?

Make a list of all the activities done by each member of your family within the past 48 hours.

If you think you're getting enough exercise, then in this period you probably performed some activity that would raise your heart rate to 135 to 150 beats per minute (depending on age). Then you sustained this activity for fifteen minutes without stopping.

Finally, you do this activity at least three times a week. Any one of these activities is enough to maintain minimum physical fitness. How does your family shape up?

- Running two miles, 3 times a week
- 70 minutes of squash, 3 times a week
- 15 minutes of running on the spot, 5 times a week
- 50 minutes of basketball, 4 times a week
- Walking 3 miles, 5 times a week
- Cycling 6 miles, 5 times a week
- Swimming 15 minutes continuously, 4 times a week
- 65 minutes of handball, 3 times a week
- 35 minutes of cross-country skiing, 3 times a week
- 50 minutes of tennis (singles), 3 times a week, players of similar ability
- 100 minutes of water or snow skiing, 3 times a week
- 90 minutes of skating, 5 times a week

## SOME 6 WEEK BASIC STARTER PROGRAMS FOR THE WHOLE FAMILY

week	distance in miles	time in minutes	frequency per week
<b>JOGGING</b>			
1	1	13:30	5
2	1	13:00	5
3	1	12:45	5
4	1	11:45	5
5	1	11:00	5
6	1	10:30	5
<b>SWIMMING</b>			
1	100 yards	2:30	5
2	150 yards	3:00	5
3	200 yards	4:00	5
4	250 yards	5:30	5
5	250 yards	5:00	5
6	300 yards	6:00	5

A final word to you and your family:

Before starting any fitness program, it's a good idea to check with your family doctor.

## HUMBER BACK IN COLLEGE BASKETBALL

Varsity basketball is back at Humber College.

Humber will re-enter the Ontario Colleges Athletic Association Basketball League for the 1977/78 season and compete against 20 other teams.

This past year, Humber competed in the York Industrial Basketball League and was coached by Jack Buchanan, Director of Educational and Student Services at Humber's North Campus.

Bob Garton, who coached Etobicoke's Keiller Mackay Collegiate basketball team last season, will coach Humber this season.

All home games will be played at Henry Carr Secondary School.

## HOCKEY SEASON NEARS FOR HUMBER HAWKS

Humber College's intercollegiate hockey team starts practising in September in preparation for its 1977 varsity season.

The team will be coached by Pete Maybury, Humber's Intercollegiate Co-ordinator. All home games will be played at Westwood Arena, one mile north of the College's North Campus.

The home schedule of games is listed below:

Sat. Oct. 15	7:30 p.m.	Brock University
Sat. Oct. 22	7:30 p.m.	Trent University
Tues. Nov. 1	3:00 p.m.	Ryerson
Sat. Nov. 5	7:30 p.m.	Northern (Kirkland Lake)
Tues. Nov. 15	3:00 p.m.	Centennial (Scarborough)
Sat. Nov. 19	7:30 p.m.	Algonquin (Ottawa)
Tues. Nov. 22	3:00 p.m.	Mohawk (Hamilton)
Sat. Nov. 26	7:30 p.m.	Niagara (Welland)
Tues. Nov. 29	3:00 p.m.	Sheridan (Oakville)
Sat. Dec. 3	7:30 p.m.	St. Lawrence (Cornwall)
Sat. Dec. 17	7:30 p.m.	Canadore (North Bay)
Sat. Jan. 21	7:30 p.m.	Centennial (Scarborough)
Tues. Jan. 24	3:00 p.m.	Seneca (North York)
Sat. Jan. 28	7:30 p.m.	St. Clair (Windsor)
Sat. Feb. 4	7:30 p.m.	Sheridan (Oakville)
Sat. Feb. 11	7:30 p.m.	Fanshawe (London)

## RECREATION CLUBS START AT HUMBER

Humber's Athletic Department has started Recreation Clubs this Fall at the College's North Campus. The clubs are tennis, judo, badminton and skiing.

The Tennis Club is designed to provide tennis members with an opportunity to participate in recreational tennis. Membership for the fall term is \$20 with the courts available at the North Campus on Saturdays at 6 p.m. starting September 17th.

The Badminton Club will give members an opportunity to participate in recreational play on Monday evenings at 6 p.m. Six indoor courts will be available. Membership is only \$15 and the fall term begins on September 12th.

The Judo Club will meet on Monday and Thursday evenings from 7 p.m. to 10 p.m. beginning on September 12th. Membership is only \$10.

The Ski Club is designed to provide skiing in a friendly club atmosphere. Transportation for at least six day trips will be fully subsidized. The club will also meet twice each month for evening sessions involving films and guest speakers. Membership is \$20 and starts on November 24th.

General membership for all clubs is open to anyone 18 years of age or older. For more information, call 675-3111, extension 217 or 270.





### DR. ANN CURTIN

Dr. Ann Curtin, a former member of the Board of Governors of Humber College, died at age 89 on May 28, 1977.

Born in Kemptville, Ontario in 1888, Dr. Curtin was a teacher and a nurse before turning to a medical career. She graduated from the University of Toronto in 1920 and entered private practice. An authority on child development, she was much in demand as a speaker on the subject.

A friend of the Group of Seven, she was herself an accomplished artist and in 1952, started the Carmichael Art Club. She purchased 2½ acres of land in 1932 and built a gallery.

Dr. Curtin travelled around the world following her retirement in 1959 and then settled into community life. She was appointed to the first council of Thistletown Y and was a charter member of the Board of Governors.

She was named "Woman of the Year" in 1963 and a year later the Borough of Etobicoke presented her with a Citizen's Award for her contributions to recreational and cultural activities.

She was one of the first 10 to be inducted into the Etobicoke Hall of Fame in 1974 and in 1975 was presented with a plaque from the Government of Ontario in recognition of her distinguished work.

Dr. Curtin had the only true log house and the first ever built in the area around Humber. She has willed it to the Etobicoke Historical Society.

Earlier this year, Dr. Curtin presented Humber with an Eskimo carving.

Photo courtesy Bill Sandford, Etobicoke Gazette.

### MULTI-CULTURAL FESTIVAL AT HUMBER IN OCTOBER

Faces Etobicoke '77, a cultural get-together for all ethnic groups in Etobicoke, will be held on Saturday, October 22nd at Humber College's North Campus.

The one-day Caravan-like festival will include some 50 exhibits and displays of food, crafts, dancing and music from a variety of groups. A parade will start off the festivities and a theme song is being written by a local folksinger.

Participants include the Etobicoke Public Libraries, the Braeburn Neighbourhood Place, Rexdale Community Information, the Thistletown Community Services, Willowridge Neighbourhood Action Centre and Humber College.

The project is designed not only to bring racial groups together but is also the start of what organizers hope will be a regular co-ordinated event by community groups.

For further information, call Kim Bernhardt at 745-2822.

### STUDENT UNION FILMS AT HUMBER

The Student Union at Humber's North Campus will once again be presenting free movies every Wednesday as a special service to all students.

The movies, which range from drama to horror to comedy, will be shown in the lecture theatre at 2:30 p.m. and 7:30 p.m. Many have received nominations for Academy Awards.

The following list are movies which hopefully can be scheduled on the dates indicated. However, the list is subject to change.

September	15	The Great Gatsby
	22	Poseidon Adventure
	29	Logan's Run
October	5	Shampoo
	12	Souder - Part II
	19	Apprenticeship of Duddy Kravitz
	26	2001 - A Space Odyssey
November	2	Black Christmas
	9	Last Tango In Paris
	16	Horror Night - The Tenant
		Bug
		To Death
		Let's Scare Jessica
	23	Romeo and Juliet
	30	Women In Love
December	7	Once Is Not Enough
	14	Jesus Christ Superstar

For more information, call the Humber College, North Campus, Student Union at 675-3111, extension 271.

### LRC OPEN HOUSE AT HUMBER

Humber's North Campus Learning Resources Centre held an open house in June for Metro and surrounding community college library and media production staff.

Included in the programme was a tour of Humber's main library, the third floor learning resource centre and the television and production studio areas of the Creative Arts Division. A slide show about the learning resource centre, produced by Robert Craig and Greg Baker both IMC technician students, was also shown.

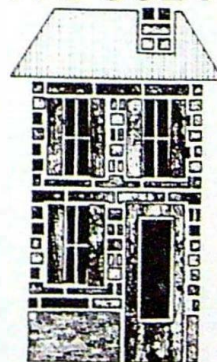
### HUMBER RECEIVES GRANTS

Humber College recently received grants from Wintario and The Atkinson Charitable Foundation.

The Wintario grant of \$5,000 was awarded to the Humber College Jazz Ensemble to help finance its six-city, 12-concert tour of Europe in July. The tour included a concert at the world famous Montreux Jazz Festival in Switzerland.

Humber's Adventure Playground project received a \$5,000 grant from the Atkinson Foundation. The grant went to help develop the background for the integrated use of handicapped and normal children at Humber's Developmental, Day Care and Activity Centres.

## HOUSE A STUDENT THIS FALL



Many students are looking for a place to live for the coming school year. If you have any rooms, or other suitable accommodation for those who are entering Humber College this Fall, please give us a call.

The College Housing Office can be reached at:

Humber College,  
205 Humber College Blvd.  
Rexdale, Ontario  
M9W 5L7

**Humber**  
College

Telephone 675-3111, Ext. 531/535

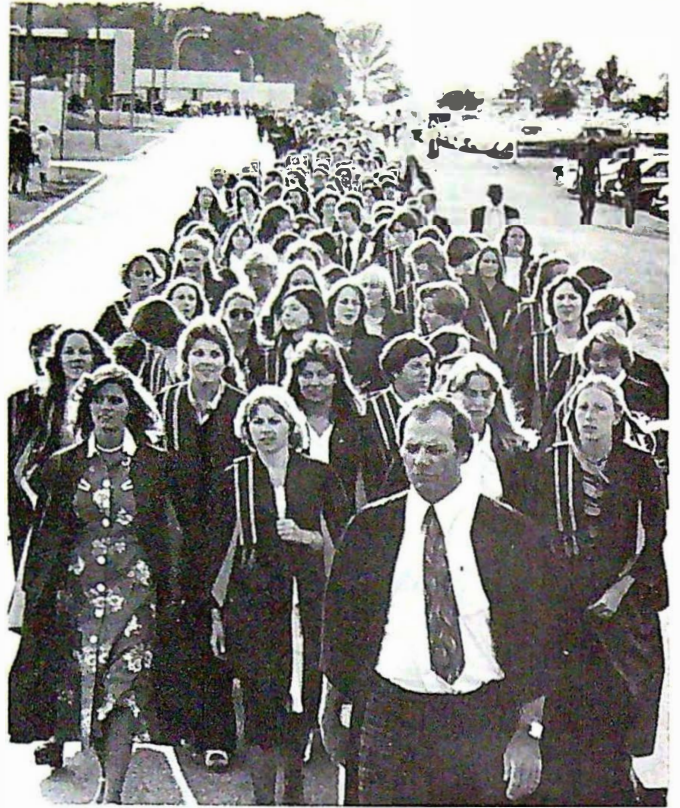




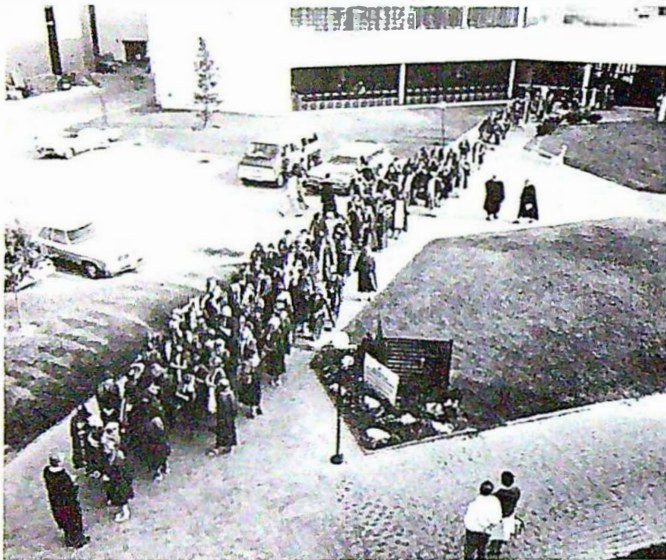
## CONVOCATION '77 *HUMBER AT 10*

This past year, 1,964 students graduated from Humber College to mark the largest convocation in the College's 10-year history.

The ceremonies and awarding of diplomas were conducted on five evenings with more than 8,000 people in attendance.



(Above photo) Courtesy of Ian Kelso, Etobicoke Guardian.





## Profile

# PAT STOCKS

She's a grandmother, Recreation Supervisor for Humber's Lakeshore Campuses, teaches fitness classes and still found time to study Recreation Leadership at Humber and graduate this past June.

Pat Stocks hasn't stopped there.

"In my age group, after 40, people sit back and say 'I can't do that anymore'," she said. "I have found out that you can learn just as well as when you are young. Now I'm going to go after my Bachelor of Arts degree on a part-time basis."

Pat took almost all of her courses in one year at Humber and for six weeks had the added responsibility of babysitting her two year old grandson.

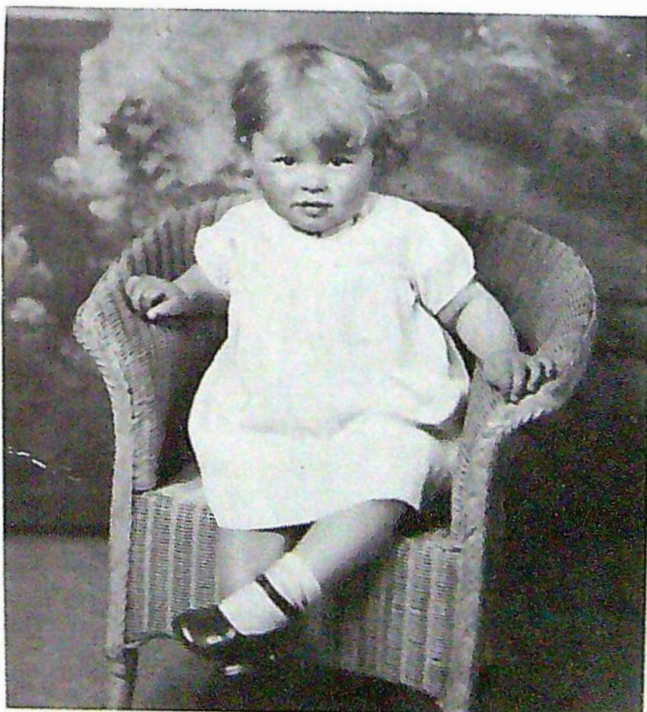
Pat was born in London, England and after high school emigrated to Canada in 1949. She joined the staff of the Bell Telephone Company (now Bell Canada) and worked for their Treasury Department for three years.

1952 was an important year for five-foot, three-inch Pat. She married six-foot, three-inch Arnie Stocks who played halfback with the Toronto Argonauts of the Canadian Football League.

After raising her son, Steven, and daughter, Donalda, she worked with the Parks and Recreation Department for the City of Toronto from 1966 to 1969. Pat did everything from teaching crafts to checking clothes baskets at a swimming pool.

Pat has also done volunteer work at McCormick Recreation Centre assisting with the swimming and exercising programs. She also worked at the University Settlement House teaching crafts to Chinese senior citizens.

"Probably one of the most important things in my life was deciding to go after formal training in Recreation Leadership at Humber," she said. "I thought I knew everything in recreation but I learned about programming, scheduling, grants and most important, to work with people with the same interests."



Pat took a course in modelling in 1950 at the Walter Thornton Modelling School. Later that year she entered the Miss Brampton Beauty Contest and placed in the top three. Also during 1950-51, Pat entered the Miss Toronto Beauty Contest and finished in the top 10.

"I'm the kind of person who likes to try everything," she said. "I love challenges."

Recently, she gave up jogging with her husband when he got discouraged. "Too many dogs and cats chased us," she said. So now, Pat gets exercise in her garden by pushing a lawn mower.





## NEW VOICES AT SWITCHBOARD

Telephone callers to Humber's North Campus will be greeted with the usual "Good morning, Humber College" - but there will be two new voices.

Nancy O'Grady replaces Sue Hogarth who has left to study physiotherapy at the University of Toronto. Jean Holland joins the staff as a Switchboard Operator and Receptionist replacing Sharon Argall who left due to illness.

Other switchboard staff are Edith Morrow, Barbara Hall, Primrose Chapman, Jean Baker (Lakeshore Campuses) and Kay Hilton.

## DID YOU KNOW?

. . . Hero Kielman was elected in June as a member of the Board of Directors of the Ontario Crafts Council. Kielman is an instructor in the Metal Arts Program at Humber's Lakeshore One Campus . . .

## NEW FACES AT HUMBER

Many new faces have joined the fulltime faculty and staff at Humber since our last edition. Their names, positions and departments are listed below:

Gladys Lennox	Chairman, Quo Vadis Diploma Nursing Program Approach	Osler Campus
Susan Wells	Remote Terminal Operator-Project Aristotle	Lakeshore I Campus
Michael Owen	Teaching Master - Child Care Worker Program - Applied Arts	North Campus
Carolyn Schwab	Instructor - Business Division	North Campus
Jessie Bowles	Teaching Master - Family & Consumer Studies Program	North Campus
Mary Benedetti	Program Development Consultant-Borough of York	York-Eglinton Centre
Ian Jones	Main Van Driver	North Campus
Fiona Horrocks	Admissions and Records Clerk	Lakeshore II and III Campuses
Chiyo Hamade	Library Technician II	Learning Resources Centre
Betsy Bootland	Clerk/Typist, Educational & Student Services	North Campus
Jane Alexander	Applied Training Instructor - Applied Arts	North Campus
Bill Rankin	Teaching Master-Law Business Division	North Campus
Luigi Fiorante	Caretaker-Custodial	North Campus
Kent Smookler	Teaching Master-Law Business Division	North Campus
Neville Ferrari	Teaching Master - Marketing/Management Studies-Business Division	North Campus
Sandra Dzakovic	Teaching Master - Computer Studies - Business Division	North Campus
Pat Ferbyack	Teaching Master - Child Care Worker Program - Applied Arts	North Campus
Leah Brown	Secretary - Applied Arts	North Campus
Nancy O'Grady	Switchboard Operator	North Campus
Jean Holland	Switchboard Operator	North Campus



## RECIPE OF THE MONTH

Igor Sokur, Co-ordinator of the Hotel and Restaurant Management Program at Humber has received national and international recognition for his food cuisine.

Response from readers to his regular recipes feature in Humber Happenings has been excellent. We'd be happy to hear more of your comments.

His recipe for this Fall edition is Omelette Souflee Blue Flame.

Yield: 2 Portions

### Ingredients:

Large eggs	3	3
Sugar	1 oz. fl.	30 g.
Salt		1 pinch
Canadian Sherry (sweet)	1 tbsp.	1 tbsp.
Sweet butter	1 oz. fl.	30 g.
Cointreau	1 oz. fl.	.3 dl.

### Ingredients for filling:

Canned apricot halves	3 oz. fl.	.8 dl.
Apricot syrup (from can)	3 oz. fl.	.8 dl.
Grated lemon rind from	¼ lemon	
Corn starch	½ tsp.	½ tsp.

### Method:

- Separate egg yolks from white into two bowls.
- Beat yolks with sherry
- Beat the white with salt and sugar until it holds the pick and fold into beaten yolks
- Pour in heated, buttered omelette pan, bake in preheated oven at 350° F (175° C) for approximately 10 minutes
- Place filling in centre of omelette, roll omelette into oval shape and place on serving platter.
- Pour pre-heated Cointreau over it and light.

### Method for filling:

- Bring to boil, syrup and lemon rind. Thicken with corn starch and water.
- Add apricots, bring to boil and blend carefully.
- Keep warm until ready to use.

The name "Blue Flame" was given to this dish not only because of the flambe process, but because Sokur prefers making omelettes over the open gas flame. With experience, you can make the omelette entirely over the open fire by following this alternative method:

Pour egg mixture into hot buttered pan over the fire. When mixture starts to thicken, mix with a small wooden spatula.

Shake pan continuously until omelette is ready to be folded into an oval shape. Fold in filling if any, and transfer onto platter for flambeing with the Cointreau.

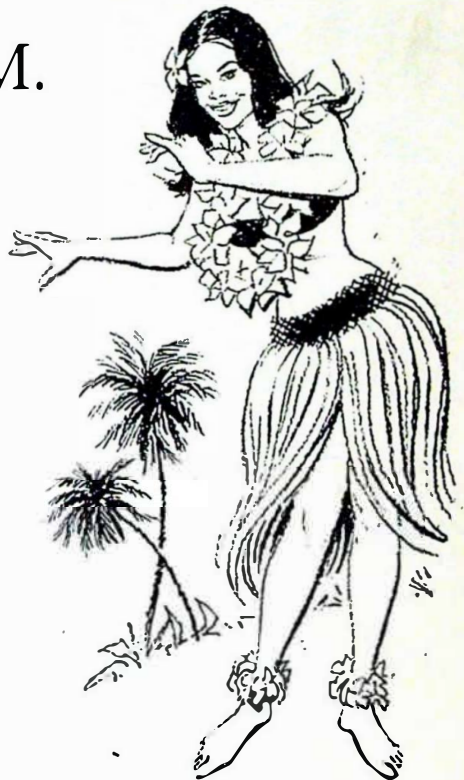
Measures: Approx.  
Imperial Metric 350°F (175°C)



**STAFF AND STUDENTS**  
**“HAWAIIAN LUAU”**  
**ORIENTATION WEEK**  
**WEDNESDAY, SEPTEMBER 7, 1977**

1:00 P.M. - 4:00 P.M.

**AT LAKESHORE  
1 CAMPUS  
THE GRASS HUT  
AND PATIO**



**PRICE:** \$1.00 PER PERSON  
**DRESS** INFORMAL: GRASS SKIRTS,  
SARONGS, AND/OR  
APPROPRIATE APPAREL  
**PROGRAM:** DANCING (DISCO-TAPE)  
HAWAIIAN DANCING  
CONTESTS (PRIZES)  
ROAST PIGS  
BAR-B-QUES  
CASH BAR

*COME, SEE, AND PARTICIPATE IN THIS FESTIVE OCCASION.*

**IN ORDER TO AVOID DISAPPOINTMENT**

**TICKETS MAY BE PURCHASED AT THE REGISTRAR'S OFFICE  
OF EACH CAMPUS. EACH TICKET WILL GUARANTEE YOU A  
FREE DRINK AND A SEAT IN THE GRASS HUT.**

**FREE BUSING FROM KEELESDALE — 12:15  
LAKESHORE 2 & 3 — 12:30  
QUEENSLAND — 12:45**

**THE BUS WILL RETURN TO THE ABOVE CAMPUSES, LEAVING  
LAKESHORE 1 AT 4:00 P.M.**