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December strike vote possible for faculty

JORDAN MAXWELL
NEWS REPORTER

Humber students could face a strike by full-time faculty, said the chair of Ontario Public Service Employees Union (OPSEU).

Negotiations between the faculty union and college management broke down Nov. 12.

OPSEU chair Ted Montgomery said a strike vote would take place sometime in December. He said it's 80 per cent likely there will be a strike.

"They think that they are offering a good deal, but they aren't offering anything outlined in the Workload Task Force Report," said Montgomery.

The Workload Task Force Report is a series of guidelines that establishes an appropriate workload for teachers while outlining the suitable evaluation and consultation time needed to efficiently teach students.

The Colleges Appointment and Compensations Council (CACL) offered the union an eight per cent increase in salary over four years – 1.75 per cent in each of the first two years and two per cent in each of the last two years – and improvements to their workload, however the union feels the proposed contract is ineffective.

CACL said the new contract is more than fair and to submit to the union's requests would be nothing short of extravagant spending at a time of economic uncertainty.

Orville Getz is the president of OPSEU local 562, which represents Humber's teachers, counsellors and librarians.

"They are offering us no benefits. medical, dental, eyewear, mental and physiotherapy – nothing," said Getz.

He said demands on teachers in a polytechnic environment are increasing, where the number of students is straining teachers and restricts one-on-one time with students.

Getz also said teachers want to be compensated somewhere in between the salary of a high school teacher and that of a university teacher.

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TTC Chair Adam Giambrone in studio



Miguel Agawin

Humber journalism student, Kimberley Molina, interviews TTC chair Adam Giambrone for Humber News in the TV studio Nov. 18. Giambrone talked to Molina about TTC fare hikes, funding for expansions and his possible run for mayor in the next municipal election. More on the TTC fare hikes on page 3.

Volleyball captain speaks out against domestic violence after family tragedy

KRISTINA RUSSO
SPORTS REPORTER

The Humber men's volleyball team captain, Paul Kemboi, is speaking out against domestic violence after his sister was murdered in Kenya Nov. 1.

Kemboi, 29, lost his sister, Mary Chelimo-Rotich, 49, when she was killed in Eldoret, Kenya.

Kemboi was working at Humber Athletics when he received an urgent text message from one of his sisters living in Mombasa, Kenya.

"I already knew there was something wrong but I didn't really think it was her, I thought more about my mom and my other sister who texted me because she has also been going through a rough time with her husband," he said. "Never did I think it was my older sister. But I knew some-

thing was completely wrong."

Chelimo-Rotich was married for 33 years and had six children. Her youngest child is 10-years-old.

Kemboi said there was domestic violence in his sister's marriage from the beginning.

"They'd been fighting on and off. Being beaten, it's not really fighting – it's being beaten by her husband. At some point he broke her teeth, beat her up using whatever he could. We had seen that he had the potential to kill her," he said.

The incident, which took Chelimo-Rotich's life, was about corn, according to Kemboi. Her husband wanted to sell some corn that her children had grown and harvested. When she would not let him sell it, she was hit with an axe in the head.

Kemboi, along with his sister Jayne

Rop-Weller, hope telling their story will help bring Chelimo-Rotich's children to Canada.

"We're trying to get the youngest three kids here because they're still in school and they are more vulnerable," he said.

By sharing this story, Kemboi hopes people will learn from it.

"My whole theory in life is that something has to happen for people to learn."

Kemboi said Kenya is a man's world and that women need to be careful.

"If you know that a man has the potential of doing something, stay away from that person or seek help. Don't just keep thinking about your kids or keep thinking about the tradition of keeping your family together. Your life is worth much more than that."

While Kemboi was away in Kenya,

his teammates kept him and his family in their thoughts.

"All our games without Paul are dedicated to him. We dedicate all our matches to him and his family," said Terrel Bramwell, Kemboi's teammate.

Kemboi was touched by the dedications.

"I'll tell you, I shed tears and I'm probably still doing it because it means a lot to me," he said.

Kemboi said he is trying to find some solace in his family's tragedy.

"Her being at rest, her being dead, is more peaceful than her being alive because she was getting abused. I believe that she is having peaceful rest wherever she is and that's what has been helping me."

Kenyan officials are still investigating the incident.

Campus bookstore renovations provide much needed face-lift

BRENT TENNANT
NEWS REPORTER

The fresh paint has dried, new carpet is down, and the shelves are restocked. After two weeks of renovations, the North campus bookstore is almost fully operational.

The staff are working on "little pockets of things here and there," said Debbie Martin, manager of the bookstore. Martin said everything should be ready to go by Nov. 20.

The lower level cash registers have been changed to make it "more in line with current retailing," Martin said. "You have that straight line of cashiers and one line feeds into them."

Terry Kyritsis, director of campus services, said the changes "facilitate faster movement and better service for our students and customers in general."

Martin said it's been 10 years since the last time the bookstore was renovated.

The renovations were paid for by Follett, the company that operates the bookstore. "It's not costing the college any money, other than the in-



Humber's North campus bookstore has not been renovated in 10 years and should open Nov. 20

convenience we're experiencing at the moment," said Kyritsis.

He said the changes were originally

planned for the summer. Unfortunately, the college was tied up working on other projects, such as renova-

tions to the Food Emporium and the Lake Cafe at Lakeshore.

Kyritsis said the renovations were

scheduled to be in between semesters "so there's as little disruption to the students as possible."

John Lo Presti, a horticulture science student said the bookstore needed the renovations.

"The bookstore needs to have more updated shelves, and be cleaner, it was pretty messy when I was in there," he said.

The textbook section remains in the same place, but the aisles have been widened with new shelving units.

Martin said the old shelving setup was "unsafe," due to the space the bookstore lost when Inplex Facility Logistics, the printing shop moved in next door.

The clothing and convenience departments have moved to the bottom floor, with the clothes now visible from the outside across from Java Jazz.

The general books and computer departments have been moved to the upper level, "to bring more of a focal point to our computer department and our general books too," Martin said.

Ten-day absentee policy puts trust in students

Communications director hopes students will behave in an honourable fashion and see that there isn't much advantage in abusing the system

MALORIE GILBERT
NEWS REPORTER

Humber College has implemented a policy in response to the H1N1 virus that allows students to take 10 days off from school if they are ill or have symptoms of the flu, without having to provide a doctor's note.

The policy was based on a suggestion from Toronto Public Health, said Sylvia Kowal, director of marketing and communications at Humber.

Kowal said one of the reasons for the policy is "to not overburden the health system with people coming into doctors' offices trying to get no-

tices, while doctors are trying to take care of sick patients."

Sick students "are encouraged to stay home and work with their instructors to make up work, and they will not be penalized for that," said Michael Hatton, Humber's academic vice-president.

Kowal said she doesn't think students are likely to misuse the H1N1 policy.

"We believe that students will behave in an honourable fashion and they will see that there isn't really much advantage in abusing the system," she said. "If they miss instructions, or they miss their tests and

their exams, they will only jeopardize themselves."

Gerardo Quintero, a second-year culinary management student agrees, but said doctor's notes should be mandatory and 10 days might be too long for students to stay home.

"If students are not very sick, they should be able to do some work," he said. "A week off for students would be more understandable."

According to the Ontario Ministry of Health and Long-Term Care's website, a carrier of the H1N1 flu can infect others "beginning one day before symptoms develop and up to seven days after becoming sick."

Libraries in TO staying open

JASON RAUCH
NEWS REPORTER

Toronto Public Library Workers Union, Local 4948 are back in business, allowing Humber students continued access to Toronto libraries.

On Nov. 12 the union voted 96 per cent in favour of the new deal.

The new deal includes 80 per cent pay during maternity leave,

up from 75, 37 new full-time jobs and benefits for part-time staff with 910 hours of work in a year will be created over the life of the new contract.

Maureen O'Reilly, spokesperson for TPLWU said, the union was able to achieve "historic gains" with the inclusion of added pregnancy and parental leave benefits and a new formula for benefit costs.

December strike vote possible for faculty

■ continued from page one

Both the TDSB and Ontario university teachers get annual increases of over three per cent, he said.

The TDSB and university teachers' settlement was reached before the economy was in its current position, said Nancy Hood vice-chair of the management bargaining team.

"In this economic climate, what they are asking for is just unaffordable," said Sally Ritchie, senior

communications officer of Colleges Ontario.

Money seems to be the prevalent issue but according to Montgomery, it's just a superficial reason.

"It's not about wages, it's about respect," he said. "We want to be able to make collegial decisions like the universities."

Getz said as of Nov. 18 Humber is working under imposed conditions, including a 1.75 per cent pay increase.

"That's going to put about ten bucks in my pocket. Whoopee," said Getz.

Members of the union will meet Nov. 25 to discuss their next move. If OPSEU votes to submit a strike application, it could mean a strike as early as Dec. 21. Getz said.

Correction

A story on page 5 of the Nov. 12 issue of the Et Cetera headlined 'H1N1 vaccine arrives on campus, sort of' was written by both Kyle Baron and Kyla Sergejewra.

Et Cetera apologizes for the error

COAST TO COAST

Quake rocks B.C. coast

An earthquake with a 6.5 magnitude struck off the coast of British Columbia on Nov. 17 shaking houses and scaring some residents throughout the North Coast region.

Cops search school for Mariam clues

On Nov. 16, Toronto police searched and interviewed almost a 1,000 students from Forest Hill Collegiate in hopes of getting clues in the disappearance of 18-year-old Mariam Makhniashvili two months ago.

Severe reactions to H1N1 vaccine

As of Nov. 7 six and half million vaccines have been given out in Canada with 36 reported adverse reactions in and one suspected death, says the chief public health officer.



Miguel Agawin

TTC chair Adam Giambrone answers questions from students.

TTC chair Giambrone defends hiking fares

CHRISTOPHER REARDON
NEWS REPORTER

Adam Giambrone, chair of the TTC, visited Humber Nov. 18 to talk to students the day after a fare hike was approved by councillors.

The fare hike comes on the heels of the revelation that the TTC is running a \$106 million deficit into the next year. Giambrone said the factors for this are an increase in accident claims, wage increases settled by arbitration and fluctuations in the prices of diesel.

"No one wants to see any sort of an increase, so 25 cents is a small increase," said Giambrone. "You know obviously it is a difficult choice but in the end you have to protect the service that's out there."

Starting Jan. 3 an adult cash fare will cost \$3.00 and the monthly Metropass price has been raised \$12.00 to \$121.00.

One of the decisions made on Nov. 17 will allow post-secondary students to be eligible for the discounted

student rates.

But post-secondary students will have to wait until Sept. 2010 to get the discount, and pay the new adult price in the meantime.

On Jan. 3 a student cash fare will be \$2.00 (up 15 cents) and a student Metropass will be \$99.00 (up \$9.00).

Giambrone said TTC will try to save \$10 million by refining services to make the TTC more efficient. Giambrone hopes to save 0.5 to 1 per cent of the budget by making non-service cuts, saving around \$5 to \$10 million dollars.

"So you're looking at a shortfall of probably about \$50 million," he said.

He said the city is in negotiations with the province and that the TTC is currently in discussion with the city to make up the \$50 million shortfall.

If the TTC doesn't get the money it needs from the government or another source of funding, they may be forced to cut services, he said.

"If you've already raised fares fairly highly—if there's no other funding whatsoever—then your only other

option would be service cuts," said Giambrone.

Doug Holyday, councillor for ward 3 Etobicoke Centre, said a 25 cent fare hike can only "plug half the hole."

Holyday said the fare increase needs to be doubled or the TTC will have to get more subsidies.

"We simply can't afford these kinds of subsidies," he said.

Giambrone said the TTC receives a relatively small amount of government funding.

"TTC is the least subsidized transit system in North America," he said.

"Also probably if you throw in Europe, Australia and Japan and the developed world the subsidy to the TTC is relatively small," said Giambrone.

Wendy Fan, a second-year tourism management student said she is angry with the TTC for raising fares.

"Basically I think it's not a good thing for it to go up in price," Fan said.

"To be honest I don't think the TTC provides good service."



Jason Rauch

Untaxed cigarettes retail for fraction of the price of legal ones.

Contraband smokes leave Ontario broke

JASON RAUCH
NEWS REPORTER

Everyone knows smoking is not good for your health, but some cigarettes are just as bad for Ontario and the country.

Steve Tennant, national director of the We Expect ID Program, said last December the auditor general reported Ontario lost over \$500 million due to people buying untaxed contraband tobacco.

Ilidio Ventura, 28, a first year film and television student who has tried contraband smokes said people are attracted to contraband tobacco because it is "much cheaper, and some of the reserve cigarettes are actually of fairly good quality."

France Gelin, the NDP Health Critic and MPP of the riding Nickel Belt, said that both Quebec and Ontario are talking about strategies to fight contraband tobacco.

There was a joint meeting with MPPs from Quebec and Ontario in October and representatives from all parties agreed to a new approach in tackling this issue, Gelin said.

"We all agreed to, kind of, a five pronged strategy that we're going to be working through in our individual provinces," he said.

The strategy includes social aspects, such as opening a dialogue between the Chiefs and Premiers and enforcement changes, which also including an educational campaign.

"The laws are already there," Gelin said. "It is an offence to go buy tobacco for which there is no tax," adding that even with as much as a "baggie" of contraband tobacco police can seize your car and fine you up to \$10,000.

So, if you're buying contraband tobacco "what you're doing is illegal and you are taking great risks."

Tennant said you can buy a 200 contraband cigarettes for \$20, whereas legally they would cost \$75 or \$80. "You're always going to migrate to the lowest possible cost."

All the safeguards the Ontario government pays for, such as checking ID and the graphics of teeth and lungs, are being bypassed, Tennant said.

Billboard fees will fund public art projects in T.O.

GURPREET GHAG
NEWS REPORTER

The billboard tax being debated at city hall will make advertisers give something back to the public that views their ads, said Devon Ostrom, a founder of the Beautiful City Billboard Fee Alliance.

"Billboards are the only form of advertising that don't subsidize content for your attention," he said.

"In television you get shows for your time, and newspapers, you get news, but you don't get any return from billboards."

The proposal which has been gaining support since 2002, involves more than 50 organizations, including the

Art Gallery of Ontario, the Gladstone Hotel and Ryerson's Student Union and just recently came before council.

If the bill is supported by councillors, Ostrom said, billboards in Toronto would be subject to a charge anywhere from \$575 to \$12,000 annually, depending on their size.

The fee would result would be a historic 53 per cent increase to all municipal artists, festivals and arts institutions, close to \$100,000 for each Toronto ward towards services like more trees, and over \$300,000 each for 13 priority neighbourhoods to fund youth arts and programs, Ostrom said.

Bob Reaume vice-president of policy and research at the Association of

Canadian Advertisers said people are overlooking the devastating toll this could have on the advertising industry.

Billboard fees will take money out of the industry's pockets, which in turn will lead to less billboards and related jobs, Reaume said.

"It's a tax grab," said Reaume, "on an industry whose whole purpose is to fuel economic activity."

Michael Rosen, co-ordinator of Humber's creative advertising program, said that he couldn't see how the bill would affect the creative side of the industry, but said that it could cause problems for the sales side.

The bill goes to vote on Nov. 30 to Dec. 1.



Gurpreet Ghag

If the proposal is accepted by the city, billboards may be charged up to \$12,000 according to size.



Kyle Gennings

Strong design and brand identity helped the Mazda 3 win.

Faculty votes on car of the year

KYLE GENNINGS
NEWS REPORTER

The 2010 Mazda 3 is the Automotive Journalists Association of Canada's (AJAC) car of the year in the under \$21,000 category, thanks in part to two members of Humber's industrial design faculty.

Industrial design program manager Ken Cummings and professor Bruce Thomson lend their expertise to the design panel once a year.

"The design panel judges cars on how well it is designed in terms of market appeal and brand identity," said Cummings. "Some brands don't have good brand identities, but some do, like Audi or BMW for example."

"The Mazda 3 represents modern design direction and good brand identity," Cummings said.

The same design knowledge that has earned the attention of the AJAC

is being taught to Humber's industrial design students every day.

"At Humber you develop your own path to problem solving. You develop a design methodology that can be applied to anything from cars to kettles," said John Cowle, a Humber design graduate.

"You learn how to understand what the need is and then using all the skill sets you have acquired to develop the best possible solution to that need," he said.

Jared Helder said he learned the ins and outs of the complex world of car design.

"I learned primarily sketching the complex forms that cars involve. From this knowledge we explored forms and proportions that communicated the idea of the car well," said Helder another Humber design graduate.

MPP joins students to donate to food bank

JASON RAUCH
NEWS REPORTER

Food banks need your help more than ever, said Gloria Baldwin, development officer of the North York Harvest Food Bank.

Baldwin led a tour of the facility for a group of Humber public relations students who brought in donations on Nov. 12.

She said there has been a dramatic increase in the use of the facility in the past year. "The increase is about 24 per cent since last year, the same time last year."

Over a million pounds of food is collected every year by the food bank, but Baldwin said it's still not enough. "When we see the trends, it's our goal to double that within a short amount

of time," said Baldwin.

Eglinton-Lawrence MPP Michael Colle and Shanghai Paralympic torch bearer Troy Ford-King, were also on hand to donate.

The public relations students hold a Christmas party every year for children of Humber staff on behalf of the president of Humber College.

Tickets for the event can be bought with a donation of non-perishable foods. It was these items that were donated to the food bank.

"We're here just to, obviously help promote our Christmas party, but at the same time we'd like to give a little back to the community as well," said Laurel Tubman, 23, a first-year public relations student and event chair.

"I think it's important that we don't only think of ourselves at Christmas,"

she said.

Colle brought Metro grocery store gift certificates donated by a local group of seniors.

"There's one core of the population that really sometimes has a challenge on whether or not they're going to have food that day," said Colle.

"It's on their mind every day," he said. "Without great places like the North York Harvest Food Bank these people would have no one to turn to."

Colle said donating is not a once-a-year issue and should be a year-round activity.

"Giving back to our own community as Humber students was really important for us," said Leah Walters, 21, another first-year public relations student and part of the promotions team.



Jason Rauch

The North York Harvest Food Bank needs more donations this year as use has risen 24 per cent.

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Facebook OK for staff, chief info officer says

Survey suggests Humber's hands-off approach is an uncommon workplace practice

TAI DUONG
NEWS REPORTER

A survey by Robert Half Technology said 89 per cent of companies specifically limit the use of social networking web sites in some way, but Humber has no such restrictions for its staff, said Scott Briggs, chief information officer (CIO).

The survey canvassed 1,400 CIOs from companies with more than 100 employees throughout the United States.

They were asked to describe their company's policy regarding staff members visiting social networking websites.

Fifty-four per cent of respondents said they completely prohibit use of social networking sites.

Thirty-five per cent permitted use for business purposes or limited personal use, and 10 per cent, like Humber, have no restrictions for staff re-

garding websites like Facebook and Twitter.

Igor Abramovitch, director of technology services at Robert Half Technology said, "companies where those tools are not used in their business typically do block those sites to make sure that employees are efficient and are not distracted."

The only thing we try to do is make sure the computer is secure

Ryan Burton
Client services manager

Briggs said one important reason for allowing unrestricted Internet surfing for Humber's staff is that faculty and staff members often use

social networking websites as part of their curriculum.

He also said sites like LinkedIn "offer great opportunities for networking professionally."

Briggs said he doesn't think restricting Humber staff's Internet surfing will lead to any improvements in efficiency or otherwise.

"I think the jury's still out on that," said Briggs.

Studies have shown that allowing staff to surf the Internet freely can improve employee morale and lead to lower turn-over rates among staff, he said.

Humber has no restrictions to social networking websites for its staff or students, other than what is stated in the college's acceptable use policy agreement, said Briggs.

The acceptable use policy allows for "reasonable amounts of personal use of e-mail, telephones, voice mail and Internet access providing such activi-

ty does not interfere with the person's job responsibilities or the mission of the college."

While Humber doesn't limit or restrict the use of social networking websites, there's still an ability for the school to track and restrict the usage of it, said Ryan Burton, client services manager.

Burton said, "as the acceptable use policy indicates, all activity within the college is to some degree monitored."

Monitoring is only used in extenuating circumstances, such as to assist with a police investigation, said Burton.

"The only thing we try to do is make sure the computer is secure, that we have antivirus software, that nothing is attacking the computer."

Burton said they also try to block spam and protect the school's network from malicious attacks.

Sorting waste starts with students

Separating garbage from recycling should be easy, maintenance

NATASHIA FEARON
IN FOCUS REPORTER

Humber students have plenty of room to improve recycling on campus said David Griffin, maintenance and operations manager.

Where the system fails is with public knowledge and participation Griffin said.

Griffin said waste cans are an open target for misuse. "People will chuck whatever they feel like in whichever slot," he said. "That's a problem because at the college we pay preferred rates for clean recycling material."

Griffin said if recycling materials get contaminated, Humber pays a higher rate to have them trucked. "If you look into the garbage slot, there's all kinds of recyclable material that should be in the other slot."

Aside from the usual papers, cans and plastics, Humber also recycles wood chips, cooking oils and metals.

The Ontario government wants colleges to recycle up to 60 per cent of their waste stream, but Griffin said Humber's diversion rate has fallen below the mark. "We can't even get the cans and the paper separated."

Griffin said during an audit, one garbage bag from Humber's food emporium contained one per cent cardboard, 19 per cent plastic, 31 per cent paper, and 41 per cent organic waste. All of which he said could have been recycled if they were separated.

"So we know that we have a problem on the organic side," he said. "Even within our recycling campaign, almost 30 per cent of some of it was contaminated with garbage."

Founder of Cathy's Crawly Com-

posters, Cathy Nesbitt, came Nov. 11 to North residence to teach students the importance and benefits of recycling. She said Humber should implement worm composts in the school and on residence for food waste.

"It's really a wonderful way to convert some of your garbage into gold," Nesbitt said.

Nesbitt started her business in 2002 as a tool for waste management to decrease the amount of garbage going to landfills.

Vice president of Humber's Environmental Action and Awareness club, Troy Dettwiler, 21, said Humber residence is taking steps in the right direction by adding a green floor for students who are interested in the environment. For more on this, read the story on page 6.

However, he said it will require the



Natasha Fearon

Worm composting breaks down food to be used as compost.

commitment of the students and faculty members to learn about the differences between recyclable materials and garbage.

"Humber is just an institution. It's the people that make this institution and we need the people of the institution to make the difference," Dettwiler said.

Griffin said reaching Humber's recycling goals is as easy as the student body following the directions on the waste cans.

"If you don't give a darn about recycling, within here or maybe you don't even do it at home. How are we going to extend your thinking beyond just that task, to be a better global citizen?"

Giving clothing a second chance

VALERIE BENNETT
IN FOCUS REPORTER

The green movement could be heading to students' closets with eco-friendly fashion trends.

Recycled fashion, when in the hands of someone with a creative eye and eco-conscious mind, offers discarded fabrics a second chance for wear.

Jane Haselgrove, a clothing designer based out of Toronto, uses recycled material and supplies in her designs. Her passion for both the environment and fashion led her to start her own line, Black Circle Industries, in 2006.

Haselgrove said she scours thrift stores looking for clothing pieces made from weird vintage or fun fabrics to deconstruct. She uses swatches of the leftover materials to create her own unique pieces.

Daniel Hardy, 19, second-year fashion arts student, said recycled and eco-friendly clothing lines offer benefits that mass-market producers don't. By using recycled materials, not only are people limiting the amount of waste they produce, but also helping the environment by avoiding chemicals used in production.

Black Circle Industries' line includes shirts, dresses, mittens, scarves and hats. Haselgrove offers custom services to anyone looking for something completely original and timeless by avoiding following the trends, she said.

"I'm trying to make quality clothing that is unique," said Haselgrove. "Because it's not a trendy piece per se, it has a lasting quality because it's unique and different. Therefore, its style can last throughout the years."



Valerie Bennett

Jane Haselgrove sells her clothes at The Rage in Kensington.

The motivation for Haselgrove's company stemmed from her desire to have the option of clothes made from recycled materials, especially after working at a thrift store and realizing the amount of clothing that goes to waste, she said.

Haselgrove said she believes part of the reason for the high amount of waste is because fashion has become disposable.

Hardy agrees. "The fashion industry is very wasteful with new trends and new styles. It's always changing.

"I think it's amazing if we use recycled fabrics, because then we're not wasting and we're using what we already have," Hardy said.

Pamela D'Ettore, a fashion arts professor, stressed the importance of recycling textiles already available, by

explaining the impact of producing fabric. Once the fabric has already been made, the potentially toxic dyes have been used, as has the energy and electricity to power its production. Therefore, merely throwing away the item because it is unwanted is extremely wasteful, D'Ettore said.

This is especially wasteful when you consider fabrics can have other uses, said D'Ettore. Fabrics like cotton and wool can be deconstructed, twisted and weaved again into a new garment, said D'Ettore.

Green fashion is not just another trend – as long as we utilize materials already available, said Haselgrove.

"We need to keep reusing it and giving it another life," she said. "We need to make a difference."

Urban gardening moves to rooftops

KYLA SERGEJEV
IN FOCUS REPORTER

When space is scarce, try the roof.

Rooftop gardens are an earth-friendly solution to urban sprawl that are being embraced by institutions like Humber.

The unique green roof system is located on the rooftop of the Centre for Urban Ecology in the arboretum.

Jimmy Vincent, nature interpreter at the centre, said there is always an issue with the weight a green roof will impose on a structure; so instead of soil, a felt-like substrate is used in large cubes on the centre's roof.

By definition, a green roof is a system where flora becomes part of a building's roof, said Vincent. The system includes layers to support plant life – a growing medium, filter layer, drainage layer, root resistance layer and waterproof membrane.

"The felt cubes have a ten litre capacity for water," said Vincent. "If the cubes are saturated above that capacity, we have an overflow system that takes the water off the roof and into another system that is used to water the trees and grasses around the building instead of using the city's water, which is high in chlorine."

"The proposition of a green roof is to decrease the energy costs of a building," said José Etcheverry, geography and environmental studies professor at York University, "by keeping them cool in the summer and warm in the winter."

A non-profit organization in Toronto, Feed Your City, is looking to find a rooftop to test one of their green roof systems.

"We're in the process of finding a space," said Co-Founder Zell Artan. "Right now we are talking with Ryerson University, but Sam the Record Man is also a candidate."

Artan said there are not enough

seeds or nurseries in Canada. Living in a metropolitan city means you have to consider urban agriculture.

As Toronto tries to be more environmentally friendly, all buildings constructed after 2010 with a gross floor area of 2,000 sq. metres or greater must have a green roof space in accordance with the city of Toronto's green roof by-law that was passed in May of 2009.

The size of a building's floor space determines the percentage of green roof space it must possess.

Structures starting at 2,000 sq. metres of floor space need only 20 per cent utilized as a green roof, while buildings with 20,000 sq. metres or greater are required to have 60 per cent.

"The ultimate green roof," Etcheverry said, "not only provides a habitat for different insects and species, but is a garden combined with the use of renewable energy."

The Ontario Power Authority's renewable energy microFIT (feed-in tariff) program allows homeowners to develop small renewable energy projects, like solar panels, and receive payments for the energy they produce said Etcheverry.

"If you really want to do this properly," said Etcheverry, "you need to think also about the pairing of green roofs with renewable energy."



Kyla Sergejev

Humber's Ecology centre boasts a green roof.

Butting dollars away

Students pay when smokes and garbage are thrown on the ground

COLTON DE GOOYER
IN FOCUS REPORTER

Someone may pick up the trash, but never for free.

Humber students who flick their cigarette butts on the pavement are throwing education dollars on the ground, said Humber's director of maintenance and operations, David Griffin.

"The bottom line is that all of the actions that the students have or take, have a bearing on their tuition fees," said Griffin.

"You spread the cost of a custodian or a site supervisor across all of those students. It may not amount to much, but as you start to get into an accumulative of all the wastefulness across the college, the potential is there to have an impact on tuition fees," he said.

Griffin said Humber has cigarette trash disposals at both Lakeshore and North campuses and said there is a cost to maintain them including emptying them and replacing them.

Griffin also added that the disposal units cost about \$100 a piece.

"We probably spend 10 man hours, maybe 11 man hours a day picking up

garbage from the property, whether it's picking up cigarette butts or emptying waste cans," said Griffin.

Chantelle Drake, a first-year Humber early childhood education student said she doesn't use the cigarette disposal units.

She said her first reaction is to throw her cigarette butts on the ground because there aren't many disposal units around.

"Basically the only place where you really find those type of things are closer to the school. You only find them around doors and picnic tables."

Drake said she drops butts on the ground mainly out of convenience, but if she knew that it had an effect on tuition fees she probably wouldn't do it anymore.

Edina Manalili, a third-year nursing student said that a cigarette takes up to 12 years to decompose.

"A cigarette is made up of this chemical which is like a plastic form, and we all know that plastics take a long time to decompose," said Manalili.

Cigarettes may litter the concrete, but one of Humber's largely overlooked forms of waste is paper. Ac-

ording to Humber's 2009 Sustainability Scorecard, paper accounts for 29 per cent of the school's overall waste, second to only organic waste at 46 per cent and above plastic at 18 per cent.

Emily Eyre, Humber's manager of purchasing services and sustainability said that Humber as a whole, including North and Lakeshore campus, has a purchasing contract with the Xerox Canada Inc. printing company for roughly half a million dollars over a three-year term.

"We buy it by the skid lot. Central receiving delivers it to the departments or schools by the box or case lot," said Eyre.

Humber is implementing a change to its paper under the new paper contract which will make the 8.5" x 11" paper made of 30-50 per cent post-consumer waste. This recycled paper will help save trees, energy, water and landfill space.

Despite all the litter around the campus Humber President, John Davies said the campus' energy consumption is down by about 15 per cent per square foot over the last three years, but that's not including waste.



Colton De Gooyer

Alyssa Archer doesn't use the cigarette disposals around campus.

North residence eco-floor gathers green minded students for environmental projects and activities

DAN ILIKA
IN FOCUS REPORTER

Despite the popularization of environmental awareness through the mass media, it still takes action to make an impact and Humber's residence is taking its turn.

Residence life co-ordinator at North campus, Phil Legate, said residence's new 'eco-floor' is a great way for environmentally conscious students to get together and get involved in green activities.

The eco-floor, which is in its trial year, is open to students living in residence who want to live with like-minded individuals, Legate said.

"If they're passionate about the environment they can request to be a part of it," he said.

Students can participate in tree planting events and rallies, as well as competitions to see which floor can reduce its environmental impact the most, said Legate.

Troy Dettwiler, residence assistant and vice-president of Humber's Environmental Action and Awareness club, is in charge of the floor and is responsible for organizing the environmental events and activities.

While Dettwiler said he is a film student first, his interest in the environment is not far behind. The thought of incorporating green living into his job in residence was an easy decision to make.

"I was president of the environmental club last year," said Dettwiler. "I figured it was a natural transition to shift to the lifestyle side of things."

Dettwiler said having a floor dedicated to environmental awareness is a great way to increase awareness in students.

Humber environment professor Stephen Stockton said organizing an eco-floor is positive, as working together is a good way to effect change.

"This is a group of motivated individuals who are thinking along the lines of wanting to preserve the environment," said Stockton. "This is a group of people who could probably make that happen."

While the eco-floor does not employ any energy efficient appliances or equipment, it is something Legate

said he can see in the future. "I think definitely down the road we should take responsibility," said Legate.

Stockton says there are several ways students can live green during their time at Humber.

"Really simple things: take shorter showers, turn off lights, use power bars."

Legate said ideas that make residence more environmentally friendly are supported by administration.

"We definitely encourage student ideas," said Legate. "I think we're pretty good about taking ideas and getting them going."

Stockton said another way that students can lower their environmental impact is by swapping goods like

electronics, clothing and books when they don't want them anymore.

"Rather than going out and having to spend money and consume new objects you can just keep rotating the things that you buy around the residence," he said.

According to Stockton, to effect change is through commitment and motivation.

"Change comes from committed individuals," he said. "You don't have to make it your life's passion but you can go and you can say, 'Look, I don't like the way this is done,' or you can say, 'I want to do it this way, let's get a group of us together and let's do it this way.'"

Helping out the local economy with a knife and fork

Buying from farms and markets close by can help improve your carbon footprint, culinary skills co-ordinator says

AMY DOUGLAS
IN FOCUS REPORTER

Buying local produce is important says Humber chef.

Rudi Fischbacher, culinary skills co-ordinator, said he purchases local produce whenever he can.

Buying local significantly lowers the carbon footprint because you're not picking the same fruit or vegetables out of season and shipping it in from faraway places, Fischbacher said.

"It's a lot better for the environment," he said.

But as winter draws closer some people aren't sure Ontario sourced foods are still readily available.

Derek Magee, a first year HVAC student, said that he trusts Ontario produce, but also that the seasonal restrictions make buying local sometimes difficult.

"In winter, you can't get fresh strawberries anymore, so you have to buy imported strawberries."

Fischbacher said there are framers

markets that provide shoppers with

and potatoes, he said.

"You're getting the good spuds," he said.

"There's a lot of good stuff, it's just a menu that reflects the season. I think that's the key - we've gotten so used to getting anything at anytime of the year, we've got to get back in touch with nature and harvesting the product when they're ripe and they're available."

Sharon Larose, a first-year post-grad production student, shops for fresh and local produce, because she

said, it's better for the environment and creates less emissions by reducing distance food travels from grower to shopper.

The winter months don't affect her buying habits she said.

When she can't shop at farmers' markets, she searches for organic produce, which can be purchased at specialty shops. For those fruits and vegetables that are unavailable locally during the winter, Larose said she can do without.

for more visit: www.humberetc.com



Johnna Ruocco

Recycled wood and materials cost the Humber shop money.

Lack of recycled materials in shop

JOHNNA RUOCCO
IN FOCUS REPORTER

While there are many options for the eco-friendly consumer when purchasing furniture and re-decorating, woodworking students at Humber are using all primary materials.

Robert Chan, industrial wood-working technician professor said, "we don't really consciously use recyclable materials. The students go through quite a lot of materials and recycled materials actually cost a little bit more."

Chan said he uses recycled and reclaimed materials in his own shop.

He said the professors do mention the use of reclaimed material, "but it hasn't been really made a major part of the curriculum."

They do recycle discarded materials though. Chan said a company comes and picks up the pieces that are too small.

When Bettine Roynon, owner of Eco Chic Shack, a GTA-based interior design company, started her business two years ago, there were few eco-friendly options. She had wanted to start up three years before that, but there just weren't enough resources.

She said that because interior design can be a huge expense, it only makes sense to use your money strategically.

"Everyone falls on a scale of environmental awareness. Some people are very aware, while others just think they're aware. We try to promote awareness," said Roynon.

Choosing green options when re-decorating or renovating your home can have several benefits.

"It's about air quality – a lot of products release toxins into the air, you're breathing that in. I think it's the reason why so many kids have asthma," said Roynon.

As more people are becoming environmentally conscious when decorating and renovating their homes, more craftspeople are using

materials that are green.

"I'm very excited for all the new products coming out as eco-friendly materials become more popular," said Roynon.

She uses sustainable materials like bamboo, cork, and other natural products to design clients' homes.

"We work with what the client has. I've never been a fan of throwing away everything a client has and starting over," she said.

Roynon also uses Habitat for Humanity's ReStores, building supply stores that resell donated, new and used building materials for low prices.

"I love the ReStore. I can go in and buy a whole kitchen from there if I want. I also go into the shops for smaller items, knobs and things," said Roynon.

Martin Scott, owner of Forever Interiors, uses reclaimed materials for almost everything he builds. "They're just sitting there and they're just going to end up in some landfill, so I use them instead."

"It's because I don't want to see it thrown away. I think it's bad throwing things away that are perfectly fine. There's no reason, other than space, to get rid of it," said Scott.

Scott gets his materials from a number of sources. "People make it their business to go to auctions and garage sales and pick things up. Others go to demolition sites."

"Then there are these guys that go out and find things and sell it to me," said Scott. "There's bike guy, van guy, F150 guy. There's even a shopping cart guy, but I haven't seen him in a while."

He uses 100-year-old wood to make tables, and he makes cabinets and benches out of doors.

"I use old furniture, at least beyond 50-years-old. Furniture beyond 50 years was made to be taken apart and reassembled. Furniture today, you can't take it apart, it wasn't meant for that," said Scott.

Computers stay out of landfills

Reusing or recycling old computers is part of college's plan to stay environmentally conscious says campus purchasing manager

LANCE HOLDFORTH
IN FOCUS REPORTER

Humber College is taking an environmental stance by doing what it can to keep its used computers and other electronics out of landfills said Emily Eyre, Humber's manager of purchasing services and sustainability.

While glass, cans and paper are the most popular recyclable products, computers have found their way on the environmental list.

"We try to keep everything out of landfills that we don't need to send there," said Eyre.

Eyre is in charge of purchasing the school's new computers and said when the time comes to dispose of the old ones; the school's process is to keep them above ground.

"There's a surplus process they have to go through," she said. "If it can be re-deployed then they wait in storage until they can be reused."

She said when used computers go to outside recycling companies and

new ones take their place, the school has an environmental conscience.

She said at a large school like Humber, the life cycle of a computer ranges from four to five years.

"At the present time we have a contract with Dell," said Eyre. "Humber is actually pretty sharp when it comes to buying Energy Star equipment."

Vishal Ramjuss, director for operations at A Cubed It Solutions Inc, a company dedicated to recycling computers, said the amount of computers recycled is on the rise.

"People are really catching on to recycling computers," said Ramjuss.

He said the company promotes the environmental ideals behind computer recycling by educating people on the hazards of putting them into the earth.

"It's different for each component," he said. "The power supply is a small nuclear component, the more they build up, the more hazardous they become."

He said the hazardous materials in

computers and the large quantities getting generated, can build up to toxic proportions.

"Monitors contain volumes of lead, mercury and barium," said Ramjuss. "These things are definitely toxic and hazardous to the environment."

Ramjuss said not only are people catching on to the trend, but big companies are taking the environmentally-friendly leap as well.

"I find the big brands are putting in an effort towards power conservation which also means helping the planet."

Elmira Medifar, 25, a first-year design foundation student at Humber's North campus, said she has always taken a hand-me-down approach to old computers.

"If I have a computer I don't need, I give it to a friend of mine who gives it to kids," she said.

Medifar said she hadn't heard of computers being recycled before, but after finding out said she thinks it's a good idea.



Lance Holdforth

Computer recycling is becoming more recognized as a means of disposal on all campuses.

Reducing energy use on campus

LED lighting saves school money, maintenance manager says

MARK ANTO
IN FOCUS REPORTER

New sustainability steps implemented at Humber are a step in the right direction, says college's maintenance.

Spencer Wood, manager of maintenance and operations and co-chair of the sustainability committee, said that being environmentally friendly doesn't mean substituting comfort.

"It's not all about freezing in the dark like people think, there is a lot more to it."

Wood said there are a lot of different reasons to reduce the environmental footprint of Humber, and saving money is a big one. Humber

is using 15 per cent less energy than it was four years ago, which saves the college about \$5000 a year.

The sustainability committee has undertaken several initiatives around the school, including the switch to LED lighting. Wood said, "we went from a 50 watt halogen down to a six watt LED."

Richard Pitteway, food and beverage manager, said the Humber Room's new lighting is much more energy efficient. "These bulbs are great, during the summer the air conditioning couldn't keep up with the heat being generated from the old lights."

The committee is also revamping Humber's computer-based control system, which monitors temperature and air flow in classrooms. Some of

Humber North's classrooms automatically shut off the lights and slow air flow when no one is in the room.

"I believe in being environmentally friendly. A building like Humber is very expensive in terms of energy usage, but what we are learning in my classes is there are things you can do to make it more efficient in terms of insulation and design," said Dale Dooling, 22, a heating, air-conditioning and refrigeration student

Wood said over the past four years he estimates the committee has saved over \$1.5 million on energy costs. The money saved is being invested in more energy-saving technology.

"We've been trying to reinvest the savings in more savings – it perpetuates itself."

pan-am games

Games will be a boost to economy, diversity of T.O.

The Pan Am Games, to be held in Toronto July 2015, was won against fierce competition from Lima, Peru and Bogotá, Colombia on Nov. 6 with a \$1.4-billion bid.

The Pan Am games have the potential to hoist Toronto onto the world's stage while creating major economic and social opportunities for students, workers, and athletes.

Toronto prides itself on its multicultural identity and its welcoming attitude to all.

By engaging athletes from all over the world, the games will help Toronto not only maintain that reputation, but continue to build on that reputation.

With an anticipated 250,000 visitors and 10,000 athletes and officials, Toronto plans to build a \$170-million aquatic and sports training facility at the University of Toronto's Scarborough campus, along with a \$1-billion athletes' village in the West Don Lands, according to the City of Toronto website.

The GTA will benefit from the expected influx of cash and people the Pan Am games should bring. A new stadium and velodrome will be built in Hamilton and communities from Niagara to Durham will have new or updated sports facilities. All of this building will push an expected 15,000 jobs into the market, according to the city of Toronto website.

With the creation of new jobs, a boost to tourism, and a chance to bring sports to the fore-

front of the collective consciousness, the games can only help the city.

The Pan Am games will create jobs in the tourism, hospitality and general labour sectors – possible jobs for students.

Colleges and universities are going to get a boost from the games. Along with U of T's new aquatic centre and new jobs, the games will bring an unprecedented focus on sports, health, and culture.

Bruce Kidd, the dean of the faculty of physical education and health at the University of Toronto and long-time sports and physical health advocate, told the *Et Cetera* that it is unfortunate funding happens only when there is a major games event.

But at least the Pan Am games going to Toronto means that all levels of government will do just that – cough up the money needed for the games and as a result, boost the economy.

The city of Toronto has promised \$49.5 million and the provincial and federal government giving \$198 million.

Kidd said the Pan Am games are also a tremendous opportunity to connect in more meaningful ways to the Americas, an area of the world that is for the most part, off our collective radar.

Students can only benefit from an event where the eyes of the world are focused on our diverse and welcoming city and an event that creates more jobs.

public transportation

Students get a break, but TTC fee hike unfair

Students got good news this week from the TTC.

Post-secondary students, including college, university, part-time and adult high school students, who had paid adult prices for the Metropass, will now pay the same as high school students for their Metropasses – a move that is a long time coming.

With high levels of youth unemployment and always rising tuition costs, the *Et Cetera* thinks that it is about time students get a break.

TTC chair Adam Giambrone visited Humber on Nov. 18 to discuss the new student fare.

He told *Et Cetera* that one of the reasons he's in favour of instituting the student discount is that once people are hooked at a young age, they become TTC users for life.

But the fare hike passed by city councillors and the transit commission on Nov. 17 raises the issue of whether the city of Toronto really wants its citizens to hop on a bus rather than the Gardiner.

The new fares, effective Jan. 3, raises the price of a regular adult Metropass to \$121 from the current price of \$109.

One reason the TTC has increased fares is because it lacks government support, both on the federal and provincial levels.

Giambrone told the *Et Cetera* the TTC is the least subsidized transit system in North America.

This sort of disregard for Canada's biggest city when it comes to transportation is outrageous. Governments may talk about high pollution levels and air congestion, but do they try to do anything concrete to get cars off the roads? Instead, the TTC must hit its own customers with an expensive mark-up and cannot rely on government funds.

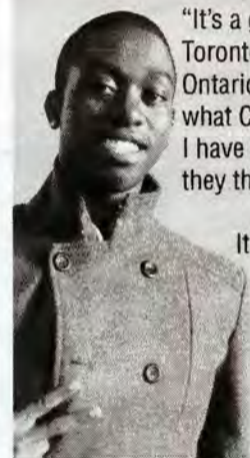
At least cash-strapped students won't feel the full brunt of the hike, an option not available for the millions of commuters who rely on the buses, streetcars, and subway trains to get to work everyday in Toronto.

cartoon



quoted

Is the 2015 Pan Am Games good for the City of Toronto?



"It's a good idea. It puts Toronto on the map, and Ontario. It helps people know what Canada's all about – I have American families and they think we live in igloos!"

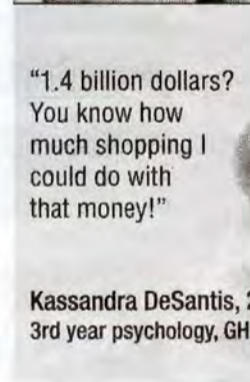
It's good exposure and it will stimulate the economy."

Andre Henry, 19
1st year law clerk

"I think it's a lot of money over six years but it's good they're turning [the athletes village] into housing. That's good for the community afterwards."



Vanessa Fox, 21
1st year health & fitness promotion



"1.4 billion dollars? You know how much shopping I could do with that money!"

Kassandra DeSantis, 20
3rd year psychology, GH



"No. I don't think they should spend that kind of money. Aren't we in a deficit? You can end world hunger with that money."

Natalie Melhado, 21
3rd year business management

The Et Cetera wants to know what you think

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at etc.humber@gmail.com

Humber Et Cetera

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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politics

Harper shows nation weak side on climate

MICHAEL SUTHERLAND-SHAW
NEWS EDITOR



During the Asia-Pacific Economic Co-operation forum in Singapore the weekend of Nov. 15, Prime Minister Stephen Harper announced he would attend next month's climate summit in Copenhagen, but only if other world leaders did as well.

Harper has to realize he is accountable for the entire country and understand the importance of making decisions for the betterment of it, not his own personal gain.

To make a decision based on what other leaders do is a cop-out, it presents the country as a weak follower, too afraid to be different and take a leading role.

If Canada wants to be seen as an integral part in the global climate initiatives, the first thing it needs to do is change the way it is viewed internationally.

But once again, Harper has aligned himself with the U.S., making decisions based on the actions of other world leaders.

Harper has to realize he is accountable for the entire country and understand the importance of making decisions for the betterment of it, not

his own personal gain.

The APEC forum originally based around the growth of trade and breaking economic barriers with Asian countries was side-tracked when the issue of global climate change arose during talks on Nov. 14.

In a CTV report on Nov. 15, Harper was among a number of leaders to emerge from the breakfast to say they are a long way off from a new deal to replace the Kyoto Protocol at next month's U.N. climate change summit in Copenhagen.

Next month's climate summit brings world leaders together to work toward a deal to succeed the Kyoto Protocol, which was adopted in 1997, and committed countries to lowering the greenhouse-gas emissions that cause climate change.

The 36 Kyoto countries that have failed on promises since 1997, along with the global environmentalists, are hoping the Copenhagen climate conference will identify a united resolve for the current issue.

As part of the Kyoto protocol, Canada has committed to reduce its greenhouse gases 20 per cent from 2006 levels by 2020.

One would think Canada would be committed and at the forefront of these climate initiatives, but once again the countries' actions are flawed.

Prof. Tim Flannery of the Copenhagen Climate Council told *The Canadian Press*, "Canada is by far the biggest defaulter on its Kyoto obligations on a tonnage basis. And as a result of that there is a lack of trust."

Flannery said even though Canada signed the Kyoto protocol 11 years ago, it has failed to meet its obliga-

tions.

When Federal Environment Minister Jim Prentice in a *Globe and Mail* article on Nov. 9, criticized last month's report, *Climate, Leadership, Economic Prosperity*, it was the beginning of how our government continues to be piggy-backed by other nations.

One would think Canada would be committed and at the forefront of these climate initiatives, but once again the countries' actions are flawed.

Canada currently stands under the microscope of the international community they have not updated their unrealistic goals for the climate change and await to see what their allies to the south do before making any decisions.

However, they are falling behind. According to a Nov. 9 *Globe and Mail* article, the U.S. has laid two bills before Congress, detailing a comprehensive cap-and-trade system. Canada has already committed to the same method (charging industry polluters), and needs to follow suit in its policies.

With Canada as successful as their leader, citizens should be worried about the way things are looking.

If Harper gets his way, decisions won't be made with the country's intentions but for building relationships with U.S. President Barack Obama.

Are you more likely to buy a Metropass with the new discounted student Metropass?

Vote online now at www.humberetc.com

Results from last week's poll:

Should Humber North have a licensed pub on campus?

Yes - 83% (58 votes) No - 16% (11 votes)

Don't know - 1% (1 vote)

parenting

Bad parents try to play blame game

KYLE BARON
SENIOR REPORTER



At a dark bus stop, a young 20-something mother on her cell phone tells her stroller-bound child to stop waving his foot around before she breaks it. The child starts crying with his barely-older brother wanders around the bus shelters. "Get back here," barks the mother.

Minutes later, my bus shows up and I take my place at the back, as far away as I can get from the mother and her unfortunate children. No amount of glaring and grumbling from fellow passengers breaks her focus on her cell phone conversation as her children clamber around neglected and in various states of teary discontent.

Every few days at my retail job, I'm treated to similarly unsettling scenes where parents leave their children in a video game store for hours while they go shopping. The Criminal Code of Canada says that anyone "who unlawfully abandons or exposes a child who is under the age of 10 years, so that its life is or is likely to be endangered or its health is or is likely to be permanently injured" is subject to a fine or imprisonment.

Do these parents care? Will they keep this in mind if their child gets abducted? Not surprisingly, many of these parents who replace babysitters with retail outlets end up popping into the store later on and buying games that are rated Mature 17+ for their whining children.

Not a month goes by where I don't see parents and their children operating like animals. I see parents treat their children with resentment rather

than care and responsibility— buying their children gifts to shut them up or just yelling at them in public. The children respond with a spoiled whine or become oblivious — excitedly talking to their parents about games, cartoons, or other hobbies while their parent grumbles openly, unable to encourage their children to be interested in the world.

Not a month goes by where I don't see parents and their children operating like animals.

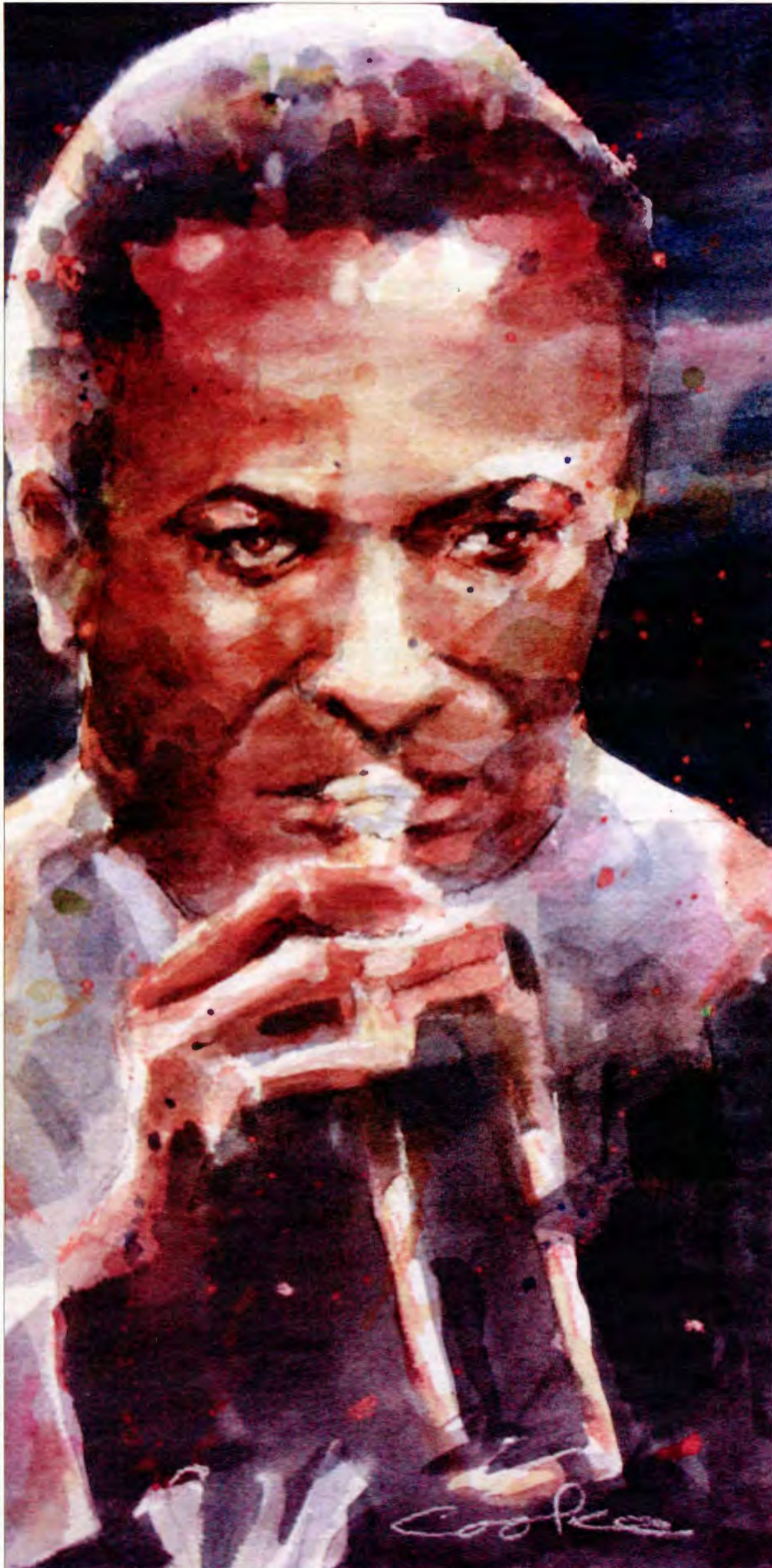
Children are our future, but how many parents are raising them responsibly? I'd ask these openly incompetent parents what their excuse is, but they've already answered — I see young, single parents everywhere and other parents resorting to "kids these days," or cries against violent media.

I once attended a local Etobicoke seminar called Growing Up Without Men, where single female parents rallied together in community with fatherless men. There were no knee jerk reactions of pointing out "men are pigs" or "girls are too promiscuous" arguments. No fingers were pointed and a message was reinforced of how parenting begins and develops with responsibility — to oneself, their partner and their children.

The only people who can end the cycle of poor parenting are the parents themselves. Next time you see a parent perpetuating sexism against "men/women these days" for their status as a single parent or blaming the media for corrupting their unsupervised child's mind save your pity for those who deserve it — the children.

pass fail

- To Toronto police, for tirelessly searching for 18-year-old Mariam Makhniashvili two months after the teen disappeared without a trace
- To the OLG, for building a potentially useless energy plant beside the Windsor casino
- To the Buffalo Bills, for firing Dick Jauron. Although its comes too late, the team needs a major make-over
- To the Raptors defence, they are giving up close to 107 points and are fifth worst in the league
- To Michael Moore, for telling Canada to stick to its current healthcare plan
- To British millionaire businessman, Mark Lowe, for sexually harrassing female employees and thinking that "dumb blonde" jokes are not misogynistic
- To U.S. President Barack Obama, for trying to respect Japanese culture and tradition during his state visit on Nov. 14
- To American media, for criticising Obama's form during his bow to Japanese Emperor Akihito
- To Twilight saga fans, for making former stay-at-home mom Stephanie Meyer a household name
- To crazed teenage girls, who ask Robert Pattinson to bite them at meet and greets



Just Miles, a water colour painting of jazz legend Miles Davis, done by Lloyd Cooke.

Music inspires artist's gallery

Event management students organize a night filled with food and artwork

AMANDA GRAHAM
A&E REPORTER

While walking through Guelph-Humber's art gallery you may catch a glimpse of top jazz performers like Miles Davis, John Coltrane, and Thelonious Monk.

These artists' portraits, as well as other colourful images, are on display as part of Lloyd Cooke's exhibit of watercolour portraits called *Jazz in the Gallery*.

Paintings line the walls and music inspired decorations, miniature saxophones and records hang from the ceilings.

Cooke is an active member of the art community. He took art courses at OCAD and took part in various workshops with established artists.

"I began with silk screening and some oil painting, however, I now focus on water colour. I prefer it," said Cooke.

"It's tricky. You don't have much time and there's only a second chance with mistakes if you're lucky," he said.

Having finished his exhibit at west-end restaurant/club, Hugh's Room, Cooke decided to bring his work to Guelph-Humber university's gallery because the location was familiar. His son graduated two years ago from the school.

With its opening on Monday Nov. 9, Cooke's passion for jazz music was obvious, but he also showcased his love of traveling with portraits of women working in developing countries.

This is Cooke's second time showing at the Guelph-Humber gallery. Last year he filled its the walls with his exhibit of *Women in the Market*.

Guelph-Humber media studies student, Chanelle Francis, was one of the many patrons crowding into the gallery for the night's festivities.

"The whole set-up is very professional. I'm not familiar with the artist, but the whole look is great," said Francis. "I'm very impressed."

The event brought in a large amount of students like first-year creative advertising student Timothy Pattinson, who came not only for the free appetizers, but to take in inspiration of their own.

"The colours are that of inspiration itself, I have done a fair share of travelling and each of these look like snap shots I had taken during my trips," said Pattinson.



The Guelph-Humber art gallery filled with people on Nov. 9 for Lloyd Cooke's art exhibit, *Jazz in the Gallery*.



People enjoyed treats as they walked through Jazz in the Gallery and had the opportunity to view Cooke's watercolour paintings of jazz legends.

PHOTOS BY
JENNIFER
CONLEY



Cooke's inspiration for his work was shown not only through his art, but through the decor and food.



Artist Lloyd Cooke attended the exhibiton opening to meet with visitors and explain his pieces.



Professor's discovery helps re-write a part of Canadian aboriginal history

EMARY JOHNSTON
A&E REPORTER

Liberal arts and science professor John Steckley says he may have discovered his greatest contribution to knowledge.

Huron, a language that hasn't been spoken for 70 years, has been found by Steckley. A couple of months ago, Steckley finished *Words of the Huron*, a two-year long venture of translating and editing a book called *Gabriel Sagar's Dictionary of Huron*, which was originally published in 1632 about the Huron people and their language.

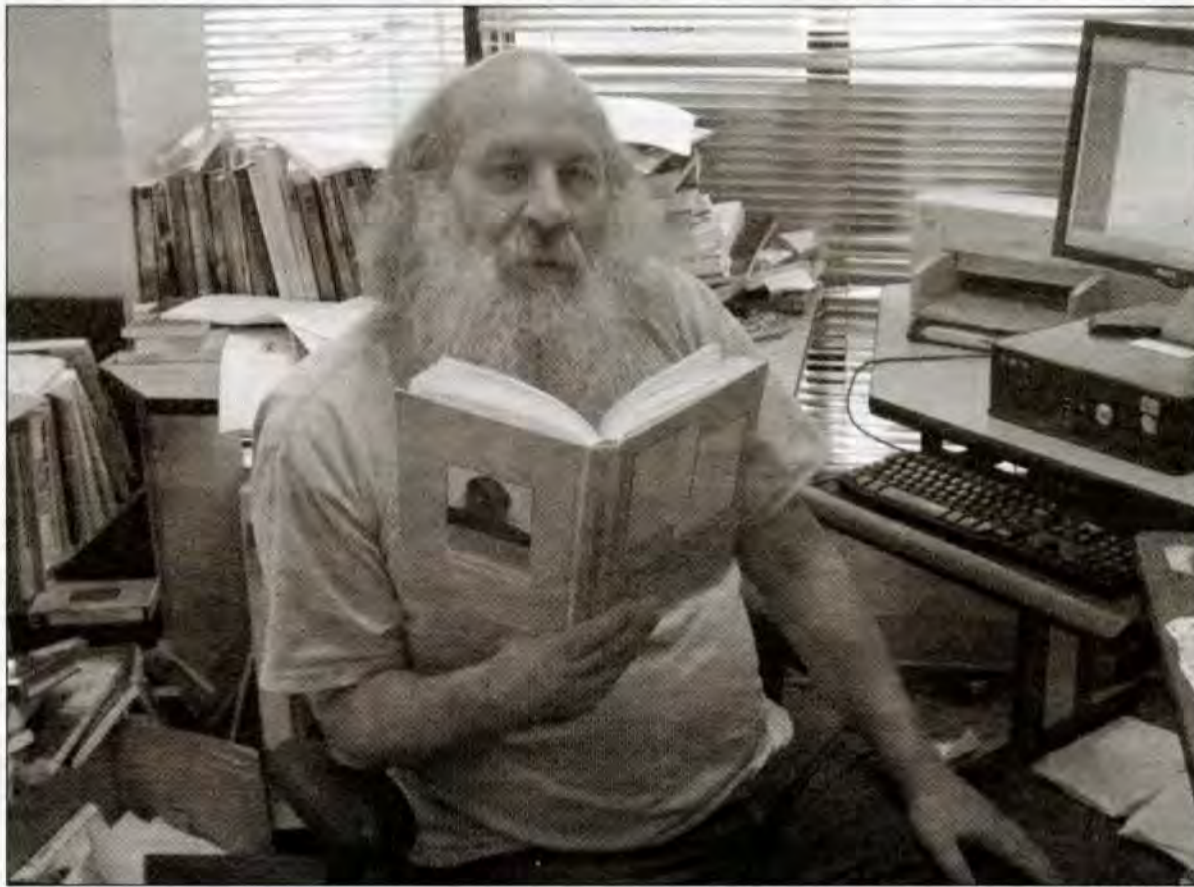
Steckley's big discovery in the book was that there were written records not only of Huron people, but also of the St. Lawrence Iroquoian people. These are people that explorers first encountered in the 1530s and by the 1600s they were thought to all be dead. One of Canada's greatest mysteries was what happened to them.

Steckley discovered that the St. Lawrence Iroquois didn't just vanish. Some of them joined the Huron tribe.

"I could tell because I found St. Lawrence Iroquoian words. It was a huge surprise that I wasn't prepared for," said Steckley.

"There were terms for whales. Huron people, being from Ontario, would not know of whales," he explained. "There were also terms for eels which were popular in St. Lawrence; the St. Lawrence eels."

He had doubts about his findings at



Emary Johnston

Liberal arts and science professor John Steckley reads from his recently released book about the St. Lawrence Iroquois people.

first thought.

"I had to ask myself the scientific question, 'Do I see this because I want to see this? Or do I see this because it is actually there?'"

Steckley went on an intense roller-

coaster ride with that question for a considerable time, often coming close to being sure, and then second guessing himself. Finally he came to the conclusion that Iroquoian voices could, in fact, be heard in this book.

This newly found information sparked the idea for Steckley's current project.

"I'm going to write a book about the St. Lawrence Iroquois," said Steckley.

He said he finds it hideous that the

Iroquois gave us the word 'Canada', which means 'village' in Iroquois, but no one had ever written a book on them.

A book launch is being hosted by Carol Crystal's special event planning class for *Words of Huron* on Nov. 27 in a lecture hall at Guelph-Humber.

Farah Siddiqui, a special events planning class member, said she looks forward to being part of an event they have worked hard to organize.

"It's significant because I feel like we get to be a part of Canadian history through John," said Siddiqui.

Along with a powerpoint presentation put together by the students, there will be a book signing session and Steckley will say a few words to the attendees. The book will also be on sale.

Steckley said aside from his other published works, this new book is one people should pick up to learn a little more about the background of the country they live in.

"I want to stress to people how important this book is," Steckley said. "I've written two types of books: books that are going to sell well, and books that are important. This book is important because it re-writes what we know about Canadian history."

Paula Gouveia, Dean of the school of liberal arts and sciences, described John's work as nothing less than extraordinary.

"It's not going to be in Oprah's book club," she said. "It's something that significantly contributes to academia."

Jazz teacher honoured by Canada Council for the Arts

Awards are like icing on the cake, head of brass department says

SAM CARSON
A&E REPORTER

Kirk MacDonald, a Humber graduate and jazz teacher at Lakeshore's music school, is the winner of the 2009 Victor Martyn Lynch-Staunton Award.

The award is presented every year by the Canada Council for the Arts to mid-career Canadian artists in music, theatre, visual arts, writing, publishing, dance, and integrated arts.

MacDonald said a jury of his peers nominated him for the award after he applied for a professional artist grant to compose music.

"It was a total surprise for me," he said, adding that he didn't realize he would be nominated for an award through the application.

Alastair Kay, head of Humber's brass department, said it isn't uncommon for faculty to be award winners.

"So many people on faculty are out



Courtesy Don Vickery

Kirk MacDonald's nomination and win came as a surprise.

there playing with professional artists and making CDs. Awards are like icing on the cake," Kay said.

MacDonald has worked with many musicians, appearing on over 40 CDs. He also leads a 19-piece ensemble to play his original works.

MacDonald said he has always been interested in teaching and was thrilled when he was approached to work in the Humber community music school.

MacDonald was a student at Humber in the 1970s and became a full-time member of the faculty in fall of 2005, teaching in the music degree program as well as the community music school.


Denny Christianson, director of the music program, said Humber seeks teachers with a high level of performing and teaching talent, and that this quality is what makes Humber stand out above other Canadian schools.

"Kirk is a great example of the calibre of instructors we have at Humber," he said.

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Courtesy

The List features 12 of father Johnny's essential country tunes.

Cash's daughter plays list of his favourites

MICHAEL VAN OOSTEN
A&E REPORTER

With her new album, *The List*, Rosanne Cash pays tribute to 12 country songs from other artists.

The List is the first album Cash has done that is not her own written music.

At age 18, Roseanne's father, country legend Johnny Cash gave her a list of 100 country songs he thought were essential to the genre. Among some of those were Patsy Cline's *She's Got You* and Hank Williams' *Take These Chains From My Heart*, both which Cash has covered on her latest release.

"I think the album's a bit unusual for her," said Brad Klump, a music professor at Lakeshore.

"She's more known for her original material, but she's paid her dues. She's very talented and with her father being such an icon, people want to know

what he thought was good music."

On her biography page from Manhattan Records and EMI Music, Cash said that after *Black Cadillac*, a studio album about dealing with the loss of her father, she came up with the idea for *The List*.

On her bio from EMI, Cash said that she had just recently found her father's list again, so she wrote about it. The discovery resulted in friends and fans asking her constantly, "Where's the list?" "What about the list?" People were eating it up, she said.

Cash gave the songs on the album a more modern sound, her voice making old songs seem fresh, something new audiences to that genre of music said they can appreciate.

"I'd never heard her music before," said Ivan Begic, a second-year civil engineering student after hearing the album. "Her voice was cheerful. She

made the sad songs seem more upbeat," Begic said. "If the original songs sounded depressing, she made them sound good."

Arthur Greszata, a first-year broadcast and television videographer student, listened to the album and said the music was pretty sub-par and basic.

"I think she sounded too nasally. The vocals were all the same pace. It would have been nice to hear some variety."

With *The List* containing only 12 of the 100 tracks from her father's list of essential songs, Cash's EMI bio said she hopes to do a second volume at some point.

"I would really like to see a second volume," said Klump. "I just wonder what the other 88 songs he thought were great sound like as well."

Oregon group makes debut in Canada

Indie folk rock group's first album tries to prove how versatility can really make a difference in sound quality

VALERIE BENNETT
IN FOCUS REPORTER

Hockey, the band not the sport, are a Portland, Ore. group that hopes to win fans with the new CD, *Mind Chaos*.

The folk rock, indie pop quartet aims to please by offering a contagious sound that creates the urge to dance, according to listeners.

Alex Young, 21, a fourth-year Guelph-Humber media studies student, said hearing the song *Curse This City* could make "any listener feel the urge to bust a move and celebrate a night on the town."

"*Curse This City* is an intriguing blend of an eclectic mix of musical influences and delivery by combining

slick vocals, smooth lyrics, funky guitar chops, and bouncing bass lines," Young said as he analyzed the song.

Shannon Carter, a professor of popular music at Guelph-Humber said, "while the music pulls the listener in to the tracks, it's the lyrics that seem to hook them."

"All these lyrics are meaningful to the singer. Some of them are socially conscious, some are interesting and introspective," said Carter. "You don't get a sense that there's throw away lyrics here and that someone whipped these up to fill up the album."

The band sets the stage to draw in a wide audience, as the diversity in it's tracks displaying talent and versatility, showing that they don't have to stick

to one specific type of music, said Lisa Paivel, a second-year radio broadcast student and Humber Radio DJ.

Carter agrees there are a variety of genres within the album. It will appeal

to a number of people, she said, finding a broad following if the songs can get play.

Paivel said without limiting the record to one style or sound, *Mind*

Chaos is able to fit into various genres of radio format and opens itself to be heard by a wider audience. Songs like *3 a.m.*, *Spanish* and *Too Fake* could be played on an adult contemporary radio format, while *Four Holy Photos* and *Everyone's The Same Age* could be heard on a new age music station.

"You can tell they're working on something good. They have a different idea," said Paivel. "I think there's something there for everyone."



Courtesy

Hockey's single *Too Fake* released in the UK this year in March.

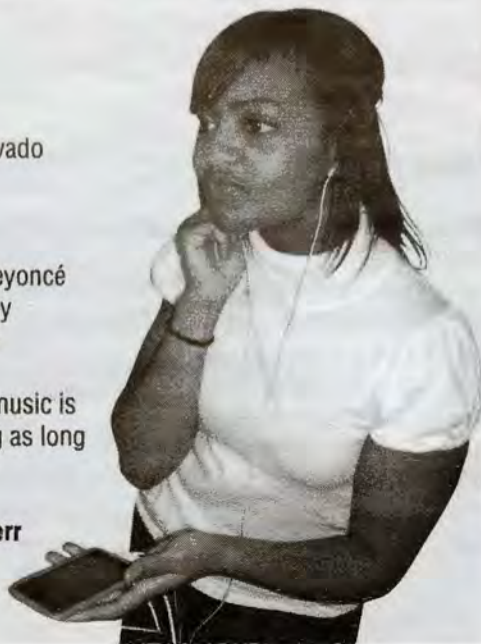
What's in your headphones?

Brittany Richards, 19
practical nursing

1. *Forever Young* - Jay-Z
2. *Never Believe You* - Mavado
3. *Down* - Jay Sean
4. *A Milli* - Lil' Wayne
5. *Paparazzi* - Lady Gaga
6. *Broken Hearted Girl* - Beyoncé
7. *Is This Love* - Bob Marley
8. *Congratulations* - Drake

"I like to think my taste in music is eclectic. I'm into everything as long as it sounds good to me."

Interviewed by Melanie Kerr



ALMOST FAMOUS

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Low student turn-out at motivational speech

ANGELO ELIA
SENIOR REPORTER

Only four students showed up to hear motivational speaker Lorna Blake deliver a speech to inspire students in the HSF office on Nov. 16.

Blake spoke about qualities needed to achieve goals, how people can believe in themselves and using positive self-talk. She said self-talk includes phrases such as: "I'm ready to move my life forward" and "Someone else's opinion of you does not have to become your reality". These phrases should be repeated and are a means to encourage students.

Blake said she learned these teachings through her own experience.

Blake referred to a time where she used these teachings in her own life. She was a single parent of an asthmatic child and pregnant, all while graduating university.

"I had to find resources to help me keep up with my school, to stay on top," she said.

"For years and years I've done a lot of personal growth and I also had mentors and coaches. That's been helpful for me," she said.

During her speech, Blake encouraged students to stay in school and keep their goals in mind.

"The fact that you're working, you're studying and your paying for school is something that you can look on and say 'Wow, I'm doing this because I have a goal I want to achieve,'" said Blake. "I know there are times that become overwhelming and difficult and it feels like it's never going to happen, do the best you can and keep visualizing the goals."

Halfway through the presentation Blake turned on a CD player and had the students dance. She encouraged them to relax and said relaxing is the key in overcoming obstacles.

Aaron Miller, HSF program director said it is part of the HSF mandate to educate and entertain, even if only one student shows up. He said he considers it a success.

Miller said he would have liked to see more students at the speech but understands why the turnout was low. "Sometimes when we do things like this that are more educational, fewer students want to get involved."

Blake later poked fun at the turnout of the presentation. "I'd like to thank everyone who showed up today to hear my presentation, otherwise I'd be talking to the chairs," she said. "People have always said at the end of the presentation 'Oh we wish there was a bigger group because there's so much that you've given us today.'"

Danny Connelly, a second-year recreation and leisure services student said he enjoyed the presentation because it related to his life right now. "I'm graduating this year, I got to make big decisions so hopefully I can use her tactics I learned today and they can help me make decisions in my future."



Angelo Elia

Lorna Blake gives it her all to motivate students in everyday life.

Survey shows youth lose faith in church

A 2005 General Social Survey illustrates a 30 per cent decline in the number of church-goers age 15 and up since 1985



Natalia Buia

For many students reading the bible is now a thing of the past.

NATALIA BUIA
LIFE REPORTER

A 2005 survey illustrates a decline in the number of Canadians who attend religious services.

According to a General Social Survey published in Statistics Canada, 21 per cent of Canadians age 15 and over reported they attended a religious service at least once a week in 2005, a decrease of 30 per cent since 1985.

Humber Chaplain Len Thomas said he acknowledges there is a lack of church-goers and noticed a decline in older denominational churches but a growth in evangelical churches.

"It's a steady progression for quite a while now," said Thomas. "It's a

challenge to the churches to involve the younger generations and develop them as leaders and maintain their consistent message."

Anthony Simms, 21, a second-year marketing student was enrolled in a Catholic high school but considers himself to be agnostic now.

"I don't believe in religion. The last time I went to church was eight years ago," said Simms.

Simms is not alone. Some students have drifted away by not attending church as often as before.

Brooke Presley, 19, a second-year fashion arts student was baptized Presbyterian at the age of seven.

"I only go twice a year and stopped going every Sunday because it started

to feel weird worshipping something I don't even know is real," said Presley. "It started to creep me out how into it people are."

Tara Endeman, organizer of the Lifeline Christian Fellowship club at Humber, said she still holds onto her faith and expresses her love to God everyday.

However, Endeman understands why most college students have stopped attending services because they thought of it more as a duty to keep the tradition.

"It was probably never personal to them, never had any meaning," said Endeman.

the extra

Feeling Faithful? Here are places of worship available for students in the Etobicoke area

Rexdale Presbyterian Church
 ■ Religion: Presbyterian
 ■ Address: 2314 Islington Ave.
 ■ Phone number: 416-741-1530

Rexdale Jame Masjid Mosque
 ■ Religion: Islamic
 ■ Address: 127 Westmore Drive
 ■ Phone number: 416-251-4901

St. Clements Roman Catholic Church
 ■ Religion: Catholic
 ■ Address: 409 Markland Drive
 ■ Phone number: 416-621-4060

Tong Sun Temple
 ■ Religion: Buddhist
 ■ Address: 71 Castlebar Road
 ■ Phone number: 416-251-4901

Rexdale Alliance Church
 ■ Religion: Evangelical
 ■ Address: 2459 Islington Ave.
 ■ Phone number: 416-743-7865

Church of God 7th Day
 ■ Religion: 7th day Advenist
 ■ Address: 3282 Lakeshore Blvd West
 ■ Phone number: 416-252-3055

St. Matthias' Anglican Church
 ■ Religion: Anglican
 ■ Address: 1428 Royal York Road
 ■ Phone number: 416-244-9211

BAPS Shree Swaminarayan Mandir
 ■ Religion: Hindu
 ■ Address: 61 Claireville Drive
 ■ Phone number: 416-798-2277

Kingsway Baptist Church
 ■ Religion: Baptist
 ■ Address: 41 Birchview Blvd
 ■ Phone number: 416-239-2381

Kingdom Hall of Jehovah's Witnesses
 ■ Religion: Jehovah Witness
 ■ Address: 25 Queen's Plate Drive
 ■ Phone number: 416-741-2971



Kristyn Tsampiras

Humber's hospitality and tourism students pose with the cheque they will donate to charity.

Students gamble Vegas-style to raise money for the United Way

KRISTYN TSAMPIRAS
LIFE REPORTER

Humber's hospitality and tourism students raised over \$2500 at the Fear and Loathing Casino event on Nov. 17 at C-Lounge nightclub.

The Vegas inspired party was organized to support United Way.

The hospitality students said they wanted their guests to feel like they were really in Sin City. There was poker, roulette and black jack tables where the "gamb-a-holics" tested their luck for the chance to win prizes such as home appliances, wine and a Nintendo Wii in an end-of-the night raffle.

The event was created as an assignment for the students' special events class taught by instructor Dan Reeves. He said this type of assignment is more fun than doing an assignment on paper because they're dealing with people, deadlines and all sorts of issues that come up in the field. "What better way to do it than to actually do it," Reeves said.

Hospitality student, Melanie Amorim, said she was happy with the success of her first planned event. "I got to see just how much work is really put into organizing an event like this," she said.

Program graduate Giancarlo Santos thought this year's students did a good job filling his shoes. "There are a lot of different activities and it keeps the guests entertained," he said.

Group leader, Gianni Lotfi, said he learned a lot from this experience. "Now we have the contacts and we know the game a little better, we will be more prepared for the future," Lotfi said.

However, there is room for improvement, said Reeves.

The target audience for the event was Humber students, however, the majority of guests were from an older crowd. "It looks like they only asked family members," said Santos. The students said they spread awareness for the event through friends, family and advertising. "We had posters, a Facebook group and it was

announced on Humber Radio," said Lotfi.

With the help of Liberty Entertainment Group, the students were able to book the venue as well as the casino tables for a low price. After networking, they were able to get donations for the raffle.

Guests battled for the chance at a Hershey chocolate prize in the money grab. The object of the game was to catch as much money as possible and put it into a box. Early childhood education student, Michelle DeCastro, took first place winning a gift basket filled with assorted Hershey chocolates. The runner up, Milan Janikac, a hospitality student did not leave empty handed and walked away with a five-pound Hershey bar.

Lotfi said the students chose to donate the money to The United Way Foundation because it is a good cause and they really help out in different facets.

Report says car insurance policy offers more coverage options

SHANE KALICHARAN
LIFE REPORTER

A reform in the auto insurance system offers more coverage choices, according to a document provided by the Ontario Ministry of Finance.

The document states it will "protect consumers while giving them more choice to buy coverage that best meets their protection needs and budgets."

"The changes are targeted to anyone who has auto insurance," said Senior All-State Account Agent Ray Rambally.

Rambally said the choices will include the option to lower medical coverage, which would result in a lower premium (the monthly or annual payments one makes for their insurance).

Jeffrey Peden, an applicant to Humber's jazz performance program at the Lakeshore campus said he doesn't like this new option.

Peden said he would rather pay more and know that his vehicle as well as himself are covered in the event of an accident.

"If I get into an accident, the last thing on my mind should be whether or not I have enough to cover me," said Peden, 19.

However, 18-year-old Anna Sycz of Guelph Humber's psychology course said she thinks the reform is a good thing.

"Something like this would save me money and it would make me be more careful when driving."

The Ministry of Finance document states the reforms are scheduled to come into effect next summer.

Bed bugs an epidemic pest control pro says

High traffic areas leading cause of infestation

SHANE KALICHARAN
LIFE REPORTER

Toronto citizens aren't sleeping tight because the bed bugs are starting to bite and in large numbers too, officials say.

Toronto Public Health identifies bed bugs as oval shaped flat insects out to suck your blood, or the blood of any nearby mammal.

Carlo Panacci, a pest control technician, said that any area with people coming and going such as hotels, hospitals, or shelters are at the highest risk for infestation.

Panacci said there are far too many underlying factors to pinpoint a specific source; they can come from sitting on the bus, letting a friend sleep over, trying on clothing, or staying at a motel.

He said the increase has been happening over the past 10 years or so, noting it is largely due to the use of weaker pesticides.

"Now we use pesticides that target specific pests. They're weaker but much safer than stuff like DDT," said

Panacci.

Panacci said the threat will likely become worse and recommends that people cut down on the clutter.

"It's a combined effort between occupant and pest control technician. Clutter makes the problem worse, it gives them more places to live and lay eggs."

Victoria Breault, a first-year student in broadcast and television videography, said she has not had any problems with bed bugs in residence.

"There was something last year but no problems this year," said Breault, 18. "We're not allowed to bring in our own furniture."

Lynn Newhouse, Director of Campus Services said bed bugs are not an issue for students.

"There was a potential case last year with three rooms affected but it was taken care of."

Newhouse said the affected fabrics were removed and replaced and pest control technicians dealt with the situation in the rooms.

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3		6	1			9		
	2				8		5	
		7	9	2		4		6
	1	5	8				3	
6			2			7		
2			5		6	8		4

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HOW GOOD ARE YOU?

Do not enter a digit into a box if it already appears elsewhere in the same zone, row or column.

Digits 1 through 9 will appear once in each zone. One zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle.

Under 13 min.....Genius
 13-17 min.....Scholar
 17-21 min.....Smart
 21-25 min.....Not bad
 25+ min.....Keep practising

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DOWN

1. Bricklayer
2. Likeness
3. Grin
4. Ohio port
5. Mandarin or Cantonese
6. Alley
7. Item of value
8. Beatle Ringo _____
9. Domestic animal
10. Breeding horse
11. Vagrant
12. Exclusively
13. Ogled
19. Troubles
24. Entice
26. Cereal grain
28. Biblical pronoun
30. Choir member
31. Singer _____ Diamond
32. Peddled
33. Reasonable
34. Eons
35. Gator's relative
37. Graceful tree
38. Voyaging
41. Making into law
43. Unfasten
45. Clinton's party (abbr.)
46. Los _____, California
49. Mail
51. Largest desert
53. Roger _____ (007 actor)
54. Rice and Frank
56. Holland export
57. Marry secretly
58. Diner
59. Small quantities
60. Inspiration
61. Adam's abode
63. _____ Cod
66. Frosty

ACROSS

1. Fog
5. Necklace part
10. Oxford, e.g.
14. Military supplies
15. Rapidity
16. Broadway award
17. Go by ship
18. Impossible to fill
20. Leer
21. _____do-well
22. Andrew _____ Webber
23. Sewing item
25. Gnome
27. Drive out
29. Japanese, e.g.
33. Cul-de-_____
36. Microwave again
39. Butter substitute
40. Consent
42. Overhead trains
43. Up to the time that
44. Broadway sign
45. Put down
47. Antique
48. Get free
50. Connecting words
52. Punctuation mark
55. Pointed beard
59. Counts calories
62. _____ in a while
64. _____-Hoop
65. Supplementary
67. Very much (2 wds.)
68. Has-_____
69. Thin pancake
70. Ready to pick
71. Harmonized
72. Positive answers
73. Copier

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Predictions from the Et Cetera Oracle



Aquarius
 Jan. 21 - Feb.18

Be wary of your surroundings today. In fact, just don't go out. The pigeons have plans.



Pisces
 Feb. 19 - March 20

A difficult task will be assigned to you. Just remember to hold your breath and scrub as fast as possible.



Aries
 March 21 - April 20

Surfing is not without its charm, but neither were gladiator battles.



Taurus
 April 21 - May 21

Today is a day filled with opportunities. But not for you. It's just same old, same old.



Gemini
 May 22 - June 21

Your reliance on technology will be your downfall. For more information, hit me up on Twitter.



Cancer
 June 22 - July 22

You will go on a trip soon, so make sure that you don't hit your head too hard.



Leo
 July 23 - Aug. 23

You will find happiness with a new item. But only if you have the money to actually buy it.



Virgo
 Aug. 24 - Sept. 22

You will be faced with a wall sometime soon. To top it off, you will also walk into a pole.



Libra
 Sept. 23 - Oct. 23

You will be introduced to a new friend. You'll also be introduced to a police officer right after.



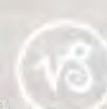
Scorpio
 Oct. 24 - Nov. 22

When walking on the sidewalk, be wary of the person walking towards you. And dog poo.



Sagittarius
 Nov. 23 - Dec. 21

Try a different route when going home. You'll still be in peril, but at least you'll see new faces.



Capricorn
 Dec. 22 - Jan. 20

Murphy's Law states that anything that can go wrong, will go wrong. Sucks to be you.

Et Cetera Sports

Thursday, November 19, 2009

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Vol. 41 No. 8



THE MANY FACES OF DEFEAT

The Humber Hawks rugby squad had an almost picture perfect season, racking up only one loss in seven games. That loss came at the hands of the very team they had to meet in the OCAA finals. When the clock finally ran out and the dust cleared, the OCAA gold was lost. *Photos by Keith Holland*

Third time's not the charm

Consecutive championship gold slips away from Hawks in dying minutes of match

KEITH HOLLAND
SPORTS REPORTER

At the end of regulation it appeared the Humber Hawks had clinched their third consecutive OCAA gold medal. The story was much different by the end of the injury time of the Nov. 14 game.

Humber's first try was scored by centre John Bianci and full half Rob Lefler added one convert.

The game seemed to be won after a second half try by Hawks scrum half

James Thompson and a successful penalty kick by Lefler, that resulted in a score of 15-11 for Mohawk College.

The Mountaineers relentless assault found them attacking Humber's goal line well into injury time.

After a try was called back, Mohawk sealed the win with a last second try from winger Joshua Moore.

That last second try in the dying minutes of the match clinched the Mountaineer's first championship since 2006 with the Hawks suffering a 16-15 defeat.

"Disappointment, heartbreak, what else can I say," said Hawks assistant coach Rich Bot on the last minute defeat.

"We made one more mistake than them," said head coach Carey French. "It was that close."

The Hawks have had their struggles against the new OCAA champions - the Mountaineers handed the Hawks their only regular season loss in the final week of the rugby season.

Mohawk assistant coach Mark Falkinson praised the determination

of his players.

"I saw players today going sideline to sideline making tackles. They didn't roll over and die," said Falkinson.

Despite the crushing defeat, Mohawk head coach Alex Paris still had some nice things to say about the Hawks.

"Humber are always good competitors. They always work very hard," said Paris.

French had additional praise for his team.

"We are an excellent team. Just a bunch of super gentlemen," he said.

Following the game Humber players Jason Costa and Lefler were named OCAA all-stars while Thompson was named the finals man of the match along with Mountaineer scrum half Joel Clarke.

The season is now over but the Hawks can look forward to next year. With a team that featured 19 rookies, it's safe to say Humber will come back stronger, wiser and ready to take back the OCAA gold in 2010.

Rookies help bring home CCAA bronze

Hawks win on what CCAA organizers say is 'one of the toughest courses in the country'

ALICIA CONDARCURI
SPORTS REPORTER

Two rookies dominated the Hawks cross-country team at the CCAA championships as the Humber women's team picked up the national bronze on Nov. 14.

The Hawks seemed to fly across the scenic Albertan course – which CCAA organizers say is one of the toughest in the country – set on the rolling but challenging hills of Augustana College in Camrose, Alta.

"The course was very physically demanding compared to what we're used to," said rookie Lindsay Webster, who also ran for Team Ontario. "But that's why we went out there, to push ourselves."

Webster, who came in at a team best of 16th place with a time of 21:07, was chosen to run for Team Ontario after placing in the top seven at the OCAA provincial championships.

The Fanshawe women's team, who



Monique Haan

The men's and women's cross country teams smile for the camera after CCAA success in Alberta.

were the defending champions, took home the gold while the Lethbridge squad came in first for the men.

Rookie Nathaniel Green, the top Humber male at the CCAA's, came in 26th with a time of 29:30 and helped the team finish in seventh place.

"It was one of the hardest courses

I've ever done," said Green. "By the time you got down one hill you didn't have time to catch your breath for the next one. It was challenging but good to say we actually did it."

Coach Monique Haan said that the national regulations – that require each team to include the top five fe-

males for scoring – made things a little more challenging, compared to the top four needed for provincials.

Stephanie Coughlin, Ciara Gaizutis, Isabelle Grenier-Morneau and Cynthia Black's scores were factored in, all of them in the top 50 out of 111 female competitors.

"We had a strong team that was deep," said Haan. "This race was different in terms of scoring so it was important to have everyone performing well."

Haan said the men's goal for the nationals was to place fifth, but even though they missed that goal, they achieved their other goal of beating Cambrian and George Brown Colleges. They placed seventh overall up from a 14th place last year, with Danny Connelly and Shea Johnson making the top 50.

Webster said she and her teammates had a lot of fun being together. Some runners had never been to western Canada before so it was a new experience for them.

"I think we grew a lot closer," said Webster. "We had to push every step of the way. Even though you're tired, you have to keep going and do it for the team."

As the cross-country season ends on a high note, the athletes are left thinking of what to improve on in the off-season for next year.

"One thing I'm going to try is definitely balancing school and cross country better, it was kind of tough," said Green.

"I'm also definitely going to be starting training earlier. This year I started at the end of August, but next year I'll start training earlier in July."

Athletics ready to battle H1N1

Hawks enact flu action plan despite absence of official OCAA strategy

MICHAEL PRESTIA
SPORTS REPORTER

As the second wave of the H1N1 virus sweeps through Ontario colleges, the governing body Ontario College Athletics Association, the OCAA, has yet to release a comprehensive mandate when it comes to dealing with H1N1 cases among players within the association.

The weight of developing a policy and sticking to it rests on the shoulders of the individual colleges, said OCAA president Jay Shewfelt.

Shewfelt said the OCAA released literature on H1N1 to the colleges in September. It consisted of Health Canada protocols and suggested guidelines for the prevention of the virus as released by Hockey Canada.

It was only on Nov. 5 that the OCAA held a conference call with some member schools to discuss protocol in the event that a team is unable to compete in a match a game due to H1N1.

The document resulting from this conference call indicates that it "is a temporary solution to deal with these situations until the director's meeting."

The OCAA directors will meet in two weeks and at that time will put together a standard policy for OCAA schools.

Shewfelt said, "it's good timing because it's before the December break so that will give us a whole month to implement something and get the information out."

With OCAA competition complete for four of the eight varsity sports Humber competes in the question remains, has this happened soon enough?

The flu has "been a little worse than expected but all colleges have been very proactive with dealing with it," said Shewfelt.

Humber has taken more initiative than most in its attempt to prevent and limit the spread of H1N1 among

their athletes, said Humber athletics therapist and author of Humber's H1N1 action plan Jenn Bell.

"The OCAA and CCAA have asked for limited handshakes and extra hand sanitizers and in the event a team does come down, they'll evaluate at that point," said Bell. "We came up with the protocol right at the beginning of the year before we even had our coaches meeting the first week of September."

While Shewfelt said the OCAA hasn't had any confirmed cases, teams at the university level haven't been so lucky. Ontario University Athletics governing body was forced to reschedule two Lakehead University women's volleyball games on Nov. 6 and Nov. 7 due to confirmed cases of H1N1.

More recently, the University of Toronto Varsity Blues women's basketball team was forced to postpone two games on Nov. 13 and Nov. 14 due to six confirmed cases of the H1N1 virus on the team.



Michael Prestia

Humber athletics therapist Jenn Bell helped create the college's H1N1 action plan, a preemptive strategy to beat the flu virus.

"We have had some cases, but we seem to have isolated it. We haven't had any kind of pandemic," said Humber athletics director Doug Fox.

A lot has been made of professional athletes jumping the queue when it comes to receiving the H1N1 vaccine,

Bell said that while athletes "are as a high risk of contracting it, it doesn't mean they're a high risk group."

"I don't think they need to be the next wave," said Bell. "I think it's okay for them to be vaccinated with the general population."

post to post

HAWKS TWICE AS NICE

The Hawks women's volleyball team won the Humber Cup on Nov. 16, giving it two Humber victories at the tourney. The Hawks went 4-1 in the round robin and defeated the Mohawk Mountaineers in straight sets in the final.

The OCAA

LONEY AT THE TOP

Algonquin co-head men's soccer coach Kwesi Loney was named the Canadian coach of the year. The first-year coach lead a team of 14 rookies to a 11-1-0 record and its six straight Ontario championship.

The OCAA

KNIGHTS IN FIGHTING FORM

After three stellar wins this week, the Fleming Knights men's basketball team is sitting pretty with an 8-0 record. One of those wins came at the expense of the previously undefeated Algonquin Thunder on Nov. 13 with the Knights winning 111-94.

The OCAA

SCRUMMING AND RUNNING

Mohawk's Joel Clarke is the male athlete of the week, for his winning try against Humber in the rugby championship. Lillian Sparks of Fanshawe is the female athlete of the week, as she won a gold medal at the cross-country nationals.

The OCAA

HUSKIES TAKING NO PRISONERS

The George Brown Huskies women's basketball team tops the standings with a commanding 5-0 record. This week's victims were the Loyalist Lancers who lost 45-29 on Nov. 10 and the Centennial Colts, who lost 75-29 on Nov. 13.

The OCAA



Uwais Motala

The Hawks looked good against the Niagara on Nov.12, but were beaten badly by Sheridan.

Bruins ruin win streak

Defending Ontario champions hand women's b-ball team big loss

UWAIS MOTALA
SPORTS REPORTER

The Humber Hawks women's basketball team was blown away 115-58 by the Sheridan Bruins on Nov.17, in its first road game of the season. The domination meant an abrupt end to the Hawk's three-game winning streak. The loss emphasized the need for better shooting, rebound control and correct defensive play. The only positive Hawks can take from the game is its 63 per cent free-throw shooting – otherwise the team was dominated in every category. Hawks head coach Denise Perrier thought her players were ready and

pumped for the game, but as soon as the game contest started, they looked nervous, afraid and tentative against the Bruins, who won last year's Ontario championship. "What our game plan was, we did not execute at all," said Perrier. "We can't let a team score 115 points on us." Bruins forward Donisha Young led all scorers with 30 points, while Jeralyn Espirtu had 17 points. Patricia Cole was the highest scoring Hawk, with 12 points, while Kayla Suriani added 10 of her own. Guard Jordanna Mazzei said the team did not play with intensity. "That's what killed us," she said "We got down right at the beginning."

The Hawks were outmatched against the veteran Bruins squad. "When you have experience like that it kind of takes a toll on the inexperience," said Sheridan coach Shane Bascoe. The blow-out loss ended Humber's defeated season, which was extended to 3-0 with a 63-47 victory over the Niagara Knights on Nov. 12. Co-captain Maria Suriani, who was named player of that game with 14 points, while Aindrea Barrett had 11. Players and coaches said the Hawks had shown a strong defensive effort against the Knights, but that prowess was not on display against the Bruins. The Hawks are next in action at home against Mohawk on Nov. 19



Hawks must play nicely with zebras

Hoopsters need be calm and cool with referees, says women's b-ball coach

JASON NOVICK
SPORTS REPORTER

Dealing with referees can be difficult, delicate and confusing, and no one knows that better than the Hawks women's basketball coach, Denise Perrier. Perrier said her first major run-in with a coach was a game against the Fanshawe Falcons in London. "I actually yapped at the referee, yelling 'you're shit,'" said Perrier of her first technical foul. "I think when I first started out, being younger, I was really sort of intense, and always on the refs, and yelling and questioning them," she said. Perrier, who is in her eighth year coaching the team, said she has had issues with officials in the past, especially when it comes to calling Hawks games by the American or Canadian rulebook. "It's been inconsistent because we're playing NCAA rules and some of these referees actually do CIS," she said. "I find a lot of that inconsistent, but what can you do?" But, she said she's changed her ways, becoming more mellowed and

relaxed on the sideline. Tensions with the game officials are not limited to coaches. Hawks basketball player Rebecca Dietrich said that a tete-a-tete between referees and either coaches or players happens at least once a game, but it's a part of basketball. "The ref can't always make fair calls for both ends of the floor all game, so you always have a player who's disappointed or a coach who's disappointed and they verbalize that," he said. Inevitably, every team and player has to deal with bad calls and whenever first year men's team player Clayton Bennett sees one, he said he takes the calm route. "I just react according to what the ref does," he said said. "I don't scream at the refs or make any unnecessary comments." Perrier agreed that you've got to stay cool with dealing with the official. "There's not much you can do," she said "I'm not going to blame a loss on a referee...you've got to suck it in, relax, and let it go. If I'm going to dwell on one call, it's not going to get me anywhere. I've got to focus on my girls and what they're doing."

Dangerous side of the good ol' hockey game

Players and coaches split over if rule changes are needed to address body-checking injuries

JEFF BLAY
SPORTS REPORTER

The Humber extramural hockey team does not play in a league that permits body contact, but many of its players have played in leagues where body-checking is an important part of the game. Recent serious injuries to players in both the junior leagues and the NHL have prompted a debate over how to address body-checks. Assistant Humber rugby coach and former Humber hockey player Mark Falkinson is familiar with the hard-hitting of hockey. "It boils down to education," he said. "At the young age when kids are taught to hit, they need to learn how to use body contact as an asset and not as intent to hurt another player."

Falkinson said that hitting is getting out of hand, and coaches need to teach young players the right way. "You have to respect your opponents and respect their body," said Falkinson. "Kids these days are out there to prove themselves and they seem to think big hits are the way to get into the NHL, but they have to find a line and not cross it." Booming body-checks on NHL players Jonathon Toews and David Booth and OHL player Ben Fanelli all resulted in hospital visits and extended recovery times for the victims. Justin Seller, a player on the Humber hockey team, said there's a fine-line between okay and not okay checks. "I think that if it's a clean hit with the shoulder than that's

fine. It's unfortunate that players get hurt from it, but that is part of the game," said Seller. "On the other hand, if it's a dirty hit, such as an elbow or charge, or if the player is vulnerable, than it's unacceptable," he said. Former OHL player Jamie Howard agreed that one of the problems is hockey's inherent dangerousness. "It's a scary game," said Howard who played with the Niagara Ice Dogs. "Sometimes, it's just a simple last minute move of the body that can cause a hit to be dangerous to a players health. Most of the time players are just finishing checks – trying to get the crowd going with a big hit, and their bodies just collide in a weird way." The Ontario Hockey League suspended the Erie Otters' Michael Limbas for the rest of the season, after he fractured Fanelli's skull with a thundering check into the boards. But there's disagreement

over how to best deter players from hitting. "If there is a deliberate head shot with intent to hurt, I do think the player should get a five minute major and a game misconduct," said Humber hockey head coach Brent McCully. "But to suspend a player like they did in the OHL hit for the remainder of the season is ridiculous." "They are trying to change the game too much, injury happens in sports, it's a physical game, but they should leave it up to the refs to make an appropriate call," he said. But Falkinson said that the punishment should hit the crime. "It should be up to the refs to make the call, but an intentional head shot or charge there should be a five minute major and a suspension according to the severity of the hit," he said.



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Fighting isn't the only violent part of hockey.



Kristina Russo

The men's volleyball team won its first Humber Cup since 1998.

Hawks net rare home trophy

V-ball team dedicates win to captain

KRISTINA RUSSO
SPORTS REPORTER

After 11 years, the men's volleyball team finally took advantage of playing in its home-nest, winning the Humber Cup on Nov. 14.

Humber went 5-0 during the round robin and went on to play the also unbeaten Fanshawe College, in the finals.

Fanshawe won the first set 25-21 but the Hawks rallied in the second, forcing a third and final set which they won 15-6.

Derek Quinn was named to the tournament all-star team and Terrel Bramwell was awarded MVP.

Assistant coach Ellie Shermer said that the team was well aware it had only won the cup once, in 1998, going to the weekend.

"We have to hold our own at our home tournament which we've only won once in 25 years, so I think it's very important that we be good hosts but at the same time compete hard and try to take home the championship," he said.

The Hawks were without the services of team captain Paul Kemboi who was out of the country after the death of his sister.

Bramwell said Kemboi's absence is a loss for the Hawks.

"It's hard because he's a veteran and he's the heart and soul of our team,"

he said. "We need him to be here and help us out but we should win this tournament for him."

Shermer said she was using the situation as motivation.

"Having him not here is definitely a downer for the team because we love Paul," she said.

"It's good motivation for the guys and it's a nice trait of this team that even though Paul's not here, we don't miss a beat," she said. "I know the guys definitely miss him and this is another tournament to dedicate toward him and his family."

The Hawks opened the tournament against Trent University and won in two sets, and never looked back.

Rookie Andre Brown, 19, thought the team played well in their opener.

"We started kind of slow and let them back in the second set but other than that it was overall a good game," he said.

Brown also felt the team as a whole needed to step it up for the rest of the tournament, which they did, going undefeated.

"Things like hitting, and of course passing. Passing's a big one. I think everyone has to step it up a bit and we should be good."

Including exhibition, the Hawks have only lost one game this season, against the University of Toronto Varsity Blues in September.

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