

# Students join protest march

by Rose Jansen

About 200 Humber College students joined with nearly 2,000 students from Ontario colleges and universities last week to protest the proposed \$2 billion Federal cutbacks in social services (including grants to provincially funded education).

Prior to the march, the Students Association Council (SAC) organized some activities at Humber's north campus to motivate students about the protest.

SAC held a public forum in CAPS to "inform students why there is a demonstration," said SAC President Joe Gauci.

Speaking at the forum were Mike Lyons from the Metro Labor

Council, Gary Begg, representing OPSEU local 562, and Ross Perry from the Ontario Federation of Students (OFS).

About 30 students also participated in a sit-in at the north campus library. About 10 of those students brought sleeping bags and spent the night on the library floor.

## Three buses used

Following the north campus protests, three Humber buses picked up students and transported them to the Ryerson Polytechnical Institute to join the march.

Humber students joined with students from the University of Toronto, Ryerson, George Brown, Centennial and Seneca Colleges

and York University and marched past Queen's Park shouting "No Way We Won't Pay," and "Save Us From Davis," and carrying signs that said "Good Things Go In Ontario"

Students also packed Convocation Hall as they watched a mock wedding ceremony. Students impersonating Pierre Trudeau, Bill Davis, Margaret Thatcher and Alan McEchan, wedded Davis and Trudeau in front of television cameras.

The ceremony signified the "union between supply and demand for the sake of the holy economy," said master of ceremonies Steve Wilcox.

Wilcox said the cutbacks are one

of the most disastrous policies in the history of our country.

"It's not 1969 when we still had Davis as a cabinet minister where we could kick him once in awhile," he said.

Students jumped out of their seats as Wilcox said "speak now or forever hold your peace."

## Nasty business

Wilcox said Davis and Trudeau thought they would simply go ahead with their cutbacks but "it appears they've run into a bit of nasty business."

Barb Taylor, chairperson of the OFS told students they didn't have to put up with the cutbacks.

"Students have had enough," she said. "We're not going to take these cuts any longer."

"We are the public, and the rest of the public is behind us to stop the cuts," Taylor said.

Sean O'Flynn, President of the Ontario Public Service Employees Union (representing faculty at colleges) also spoke to students.

"Your message has to be loud," he said, "because politicians as a group are inflicted with post-election deafness and majority myopia."

"Trudeau and Davis are out of touch with people," O'Flynn said, "the people of this province care about access to post-secondary education."

SEE STUDENTS PAGE 2



# Coven

Vol. 11, No. 18  
November 9, 1981

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HUMBER COLLEGE OF APPLIED ARTS AND TECHNOLOGY

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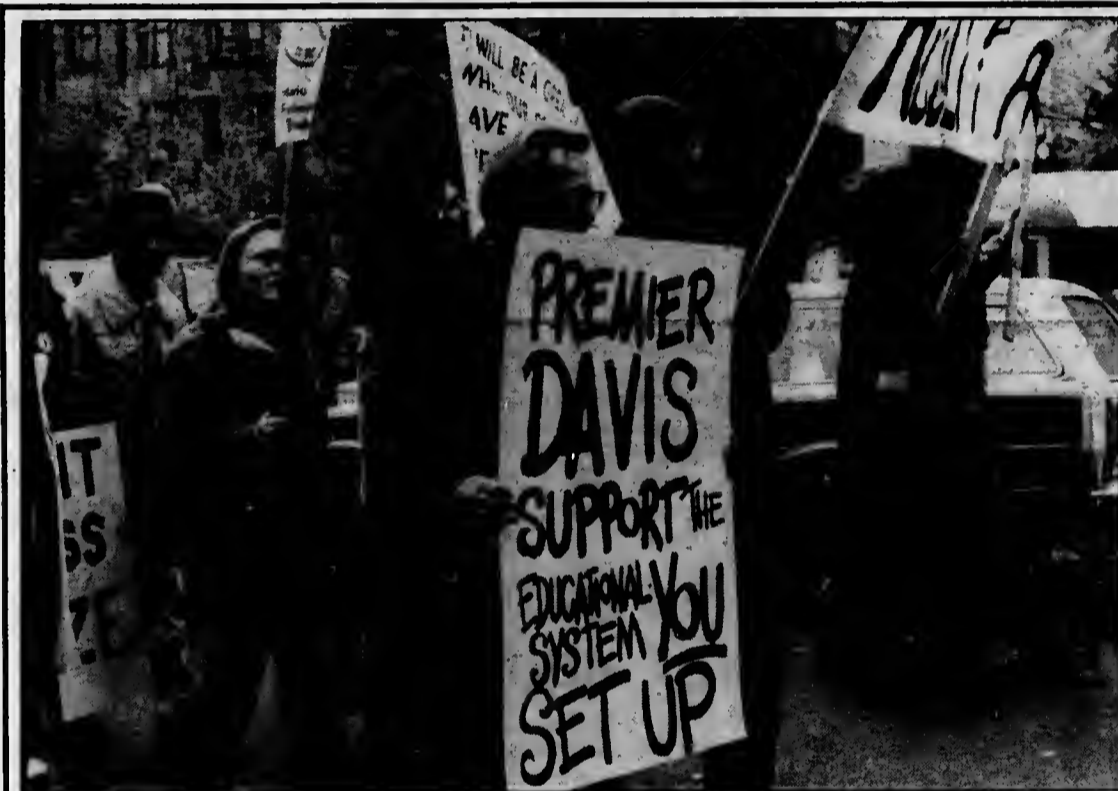


PHOTO BY JACKIE STEFFLER

**Unsatisfied customers**—Students from Humber College and other Ontario Colleges and Universities marched on Queen's Park last week, in protest against threatened government cutbacks in education services.

## Students win awards

by Monica Heussner

Diverse as their lives are, Lakeshore 1's Student Union (SU) President and a female ex-trucker, both community studies students, took home awards from the Awards Ceremony at Humber's North campus lecture theatre on Nov. 3.

### Benefits community

Pamela Herndl, 27, an Etobicoke resident, won the University Women's Club of Etobicoke Award, presented yearly to a female student entering her second year of community studies who shows good academic achievement and who has provided some benefit to the community.

Herndl was responsible for setting up workshops on a pioneer project involving wife assault. Her

project gained her intense media coverage from the Toronto Star, the Sun, and CHUM.

"It was very successful because it seemed to fulfill a community need," she says.

Herndl says the community studies program helped her a great deal in this project. "The course helped me out. It can be easily adapted to real life situations."

She should know, being SU President, studying at school and bringing up two children alone—Jeremy, 9, and Jillana, 8—involves a lot of scheduling.

"It's tight scheduling. You've really got to plan your time. You can't have a nervous breakdown anytime. You've got to schedule one," she says.

Mary Lou Waechter, an ex-trucker, described by Herndl as a very enterprising and ambitious

individual, received two awards that night.

Waechter, 38, who has been out of school for 22 years, won the President's Letter in the Applied Arts division, which requires a minimum of an 80% average.

She was also presented with The Gulf Canada Limited Award, an award given to a student entering her second year of the community studies program with the highest combined standing in both academic subjects and field placement.

### Former trucker

She spent five years as a trucker, the last years, however, she worked on construction with Hydro.

It was during this time in her life that she discovered "I was a peoples oriented person, not a things oriented person."

## Landscaping dream won't be a reality

by Carolyn Kirch

Second year landscaping students were first surprised and then angered when one of their fall projects was abruptly cancelled, said students Susan Russell and Anna Zaleski.

The project, conceived by Jan Hooiveld, head groundsman, was originated as a works project for the students. They submitted designs for the project—an ambitious scheme to change a portion of the flower bed outside the main entrance to Humber North, into a quiet sanctuary of benches and flowers with seating for 10 to 12 people. A paved walk-through would have provided easy access to the area and to the other walks, according to landscape student Nancy Philip. Best designs were sent to Ken Cohen's office for final approval, according to John Howard, course co-ordinator.

The landscaping group were proud of their innovative project and worked hard for nearly a week removing a half a ton of soil by hand in preparation of the site.

They learned, however, last Monday the project was cancelled as originally designed due to lack of funds.

The required cost was \$700 to buy the timber needed to shore up the proposed earth retaining wall. Students claim they were told there were no funds.

Russ Geddes, the program co-ordinator, maintains the students "do no know about administrative responsibilities" and the lack of funds is a "totally unfounded rumor." Geddes indicated other materials might be substituted for the timbers that are not available.

John Howard, the new course co-ordinator, made a request to do the project, but as the project was to be done on the grounds, no money had been budgeted for this.

Howard gave his assurance that

there was more than enough materials left over from a masonry project to complete the proposed new one. Although the plans will be altered somewhat by the substitution, the dream project of landscaping 2 will be finished after all.

"It's good exercise for the students," commented Howard. "A customer often changes his order after seeing the first estimate."

## Transit system problem

by Toni Tenuta

Mississauga Transit does not appear to have enough stand-by buses to efficiently service Humber students.

Students were kept waiting for the Malton bus approximately two hours on Wednesday afternoon.

The Malton bus usually runs once every half hour, but some students waited from about four o'clock until six o'clock before it finally arrived.

According to Peter Travis, an official spokesman for Mississauga Transit, there were no available stand-by buses to service Humber students when the Malton bus broke down.

"No operators were available who could drive out and service the bus so there was a wait of about an hour and a half," Travis said.

Humber students could have a long wait if they miss the 6:15 p.m. bus to Malton.

Since Monday Oct. 26, Mississauga Transit stopped running buses from Humber to Malton at 6:15. Students who have classes till 6:05 should find alternative means of transportation.

# Loan advice ignored

by Judy Hughes

Record-high interest rates haven't had much impact on Humber College students and graduates so far, according to the school's financial aid department.

Mary McCarthy, a student loans advisor, said despite "exceptionally high" interest rates, the Ministry of Colleges and Universities has processed approximately 1,800 applications from Humber students this year.

"We encourage them to really stop and think before taking their loans," said McCarthy.

But that advice seems to be ignored by most potential recipients, for almost all of the loans are accepted.

"Not very many have refused them this year," she said. "Some students ask us to hold on to them in case they need the money later in the year."

A spokesman for the Ontario Ministry of Colleges and Universities agrees with McCarthy that the unprecedented high interest rates haven't had much effect on students yet.

Admitting that it's "a little too early for us to know yet," Sherri Appell said. "It will probably be a year or so before we see any significant changes."

"There hasn't been much of a difference in the number of students applying for a loan," she added. "There is a slight increase in the number who are defaulting on payments."

Appell feels that because the government backs all student

loans, some graduates don't worry very much about repaying their bank loans.

Canada Student Loans are guaranteed by the federal government and Ontario Student Loans are guaranteed by the provincial government.

The increasing percentage of defaults hasn't hindered most banks from lending money to students though.

According to Appell, Canadian banks have processed \$98 million in loans this year, up substantially from last year's sum of \$86 million.

However, even with loans being

guaranteed by the federal and provincial governments, some banks refuse requests for student loans.

"Unfortunately, we can't force the banks to negotiate," said Appell. "If they refuse to negotiate or transfer a loan, there's nothing we can do about it."

The idea of repaying loans at such inflated interest rates is met with mixed reactions by students as well.

"The interest rates right now don't affect me," said second-year student Monica Heussner. "It's what they're going to be in a couple of years that counts."



PHOTO BY JACKIE STEFFLER

**Call to arms**—Students Association Council President Joe Gauci led the force of Humber students at Convocation Hall, near Queen's Park Oct. 29. See story below.

## Canadian colleges financial quandary sparks recent formation of CFS

by Susan Brandum

As financial cutbacks and tuition increases loom closer, students at Humber and across Canada are becoming fearful of the effects on the quality of their education.

Recognizing this, representatives of student organizations, universities and colleges from across the country met on Oct. 14 to form the Canadian Federation of Students (CFS).

The purpose of the federation, said Ross Parry, a researcher for the Ontario Federation of Students, is "to co-ordinate a better student

movement on national issues such as tuition increases."

The first major step in the co-ordination is a national week of action planned for March 8 to 16. Study-ins, lobbying and demon-

strations at separate colleges and universities will be used to protest threatened federal cuts, said Parry.

Some minor bureaucratic changes will also take place, such

as a change in the name of the OFS to CFS Ontario.

Within the next few months Humber students will vote on membership in the OFS.

## Students protest cutbacks

• from page 1

"Education is the very heart of social and economic equality and opportunity."

"We're here to tell politicians STOP," he said, "this is not the end, it's just the beginning."

Frighten them, tell them that come the next election you'll throw them out."

Cliff Pilkey, President of the Ontario Federation of Labor told students he had never witnessed a government so callous and guilty of mismanagement.

One student dressed in a graduation outfit, complete with cap and hood and wearing a sign "endangered species" summed up the general feeling of the crowd.

SAC president Joe Gauci said he was pleased with the turnout from Humber.

"There were 2,000 students here today, 4,000 student protested in Ottawa, 4,000 in London and

1,000 in Guelph, "a government that ignores this has to be politically suicidal," he said.

Meanwhile colleges and universities across Canada are circulating petitions to demonstrate their opposition to the cutbacks. More than 1,100 students at Humber have already signed a petition that will be sent to MP Ron McLaren.

"It's going to point out to him that 1,100 people, students and non-students, feel that the proposed cutbacks are not in the public's best interest, that, armed with a letter from the college should, I think give him the direction that a good representative needs when voting," said Gauci.

## No cater counter yet for equine centre

A caterer has not yet been found to provide equipment and servicing for a planned food counter in the Equine Center, according to Food Services Director John Mason.

Mason said he may have to draw from existing college equipment if a caterer cannot be contracted.

"It's a major outlay of cash," Mason said.

If a counter is installed using Humber facilities, Mason said another person may be added to his staff to service the counter, but more money would be needed and his budget is small. Facilities would cost an estimated \$10,000 for a microwave oven, counter, refrigerator and new snack machine.

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CLIP AND SAVE

# Tutorial dream dying

by Jackie Steffler

The Organized Tutorial System needs more teacher support and "plans are caught up in a wheel of paperwork," according to Students Association Council (SAC) president Joe Gauci.

SAC has been trying to get the program rolling since last year.

But so far, Gauci said SAC has only two official tutors on file while approximately 20 students have come into the SAC office this year to inquire about the new system.

"We even had students come into the office last year when SAC was only talking about tutors," he said.

Gauci said this year SAC is asking teachers in different divisions to recommend those students they think would be good tutors.

"We've even asked the deans to ask the instructors to send us tutors," he added.

We're recommending an hourly rate of \$4 for an individual lesson or \$6 for a group of no more than five people," he said. "The group fees would work out to \$1.20 an hour per person."

SAC's first priority, according to Gauci, is to devise the right kind

# Technology granted new equipment

by D. Kim Wheeler

Some of the equipment purchased by the Technology division has arrived, according to Jim Hardy, co-ordinator for the Electronic Technology course.

The division made these purchases with money granted to them from the Ontario government's Board of Industrial Leadership and Development (BILD) program.

"The equipment is virtually falling apart," Hardy said. "We've been trying to buy equipment for the past five or six years, but we had no money to do it."

The technology department at Humber received \$465,000 out of \$8,000,000 that was dispersed among 22 community colleges and the technology industry in Ontario. It was the largest sum of money given to a college from the province.

In order to receive the money the technology division had to submit a proposal to the Ontario government stating what equipment they intended to buy. The government then alloted the money.

The division is still waiting for micro processors which are like the "guts of a calculator," said Hardy. A large training computer is also on the waiting list.

"The more chances we get to use sophisticated equipment the better prepared we will be for the work force," said Tony Leger, a third year electronics student.

of system to collect more tutors.

He said a person wanting to become a tutor must first come into the SAC office and ask for an application. After obtaining a signature from both the instructor of the course to be taught and the program co-ordinator, the potential tutor must return to the SAC office.

Finally the person is shown a 10 to 20 minute video tape that explains how to become a good tutor

and what questions a tutor should ask.

After completing these steps, Gauci said the applicant's name goes into a file and in theory, a student should be able to go into the SAC office and scan the list for a tutor in a particular subject.

Gauci said SAC is looking for tutors for subjects such as chemistry, accounting, computer and especially communications.

# Ping-pong club to start

by Paul Russell

A graphic design technician who is also an avid ping-pong player is starting a ping-pong club at Humber, with a \$100 grant from Student Council.

"The club will allow students to play competitively," explained David Lui, organizer of the club, in his request for funding to the Centre Committee.

Lui said many students have already expressed an interest in forming a club.

## Evening games

Members will be allowed to play on the games room tables during certain nights after the room closes and Lui said they would possibly play in tournaments against other schools.

"George Brown has already challenged us," Lui said.

He said the \$100 grant will be spent on uniforms and road trips for the members and possibly for training films.

"We have some good players at the college, but we need a lot of work," said Lui.

Students interested in joining the club can sign up in the SAC office.



Students Association Council  
Humber College of Applied Arts and Technology

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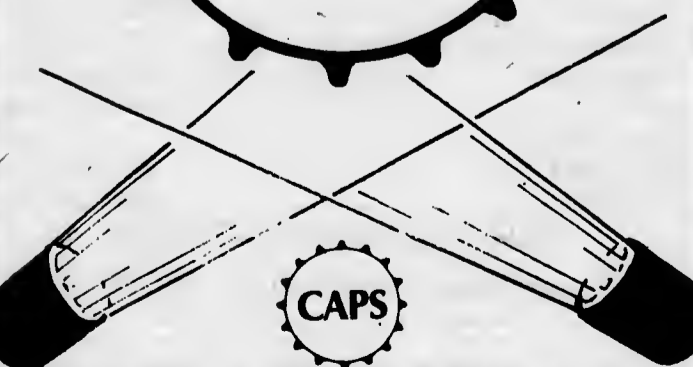
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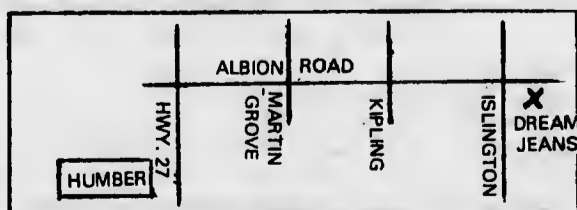
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# Coven

Publisher: J. I. Smith, Co-ordinator, Journalism Program  
Humber College of Applied Arts and Technology  
205 Humber College Blvd., Rexdale, Ont. M9W 5L7  
Established 1971

## Lest we forget

On Nov. 11, the drums will give their somber roll as silver-haired men and women nattily attired in uniforms march with none-too-sure steps through the streets. A few will have tears in their eyes.

At monuments and cenotaphs dedicated to our war dead they will bow their heads and remember.

At the same time thousands of school children in Toronto will be pinning poppies to their lapels while listening to ceremonies meaningless to them. They will be told to remember. But will they?

How many children—or adults for that matter—fully comprehend the preposterous inhumanities visited upon men and women by other men and women during the all too frequent wars of this century? Too few, we think.

The perception of war most people hold today is one personified by actors who show war to be glamorous, if not fun.

Although we are quick to acknowledge our children should not forget the atrocities of war, we don't go out of our way to illustrate the point. Perhaps we should use Remembrance Day to show actual war footage and hear personal tales from veterans in an attempt to shock and sicken children.

A monstrous proposal? Perhaps. Yet how better to fully impress the message that war is a wide-awake nightmare? It is said man doesn't learn from history and war is the proof. Those who lived through both World Wars and the Korean and Viet Nam conflicts had to endure hell to realize what war really is. If we teach our children the truth about war perhaps none will be anxious to learn first-hand what war is all about.

Only by instilling a sickening fear of war in the children of the world can we pass on a lesson we've learned through our wars.

If indeed we have learned anything...

## Rights wrong?

As the running battle between the Federal government and the Provinces over the Canadian Constitution wears on, we are treated to the spectacle of eight out of 10 Provincial Premiers vigorously opposing the idea of Constitutional rights.

Standing well back and looking at the issue, it would seem a very basic thing Mr. Trudeau wants to do.

He would end Canada's long childhood by patriating the Constitution, with an amending formula, so that we could amend it without a maternal nod from mother England.

And he would enshrine in the Constitution a charter guaranteeing all Canadians the same basic, undeniable constitutional rights.

Who can argue against such basic changes to assure independence of the Nation and the rights of her citizens?

Many, it would appear. The mind boggles at how impassioned speeches can be made by elected Provincial Premiers opposing the idea of including a charter of rights.

They seem to have invested a great deal of time and emotion in reserving the right to tell citizens what their rights are—or perhaps what their rights aren't.

It is not uncommon to see organizations like police forces lobbying mightily against the idea of a rights charter.

But the elected politicians, also the paid servants of the people, are theoretically supposed to stick up for people's rights.

To see them make a major stumbling block of the most fundamentally just provision of Trudeau's Constitutional package is truly nauseating.

COVEN, an independent college newspaper, is produced twice-weekly by the students of the Journalism Department.

675-3111 ext. 513, 514

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Member of the Audit Bureau of Circulation

North Campus circulation 4,000—Vol 11, No. 1

Lakeshore circulation 1,500

Monday, November 9, 1981



## Letters

### Halloween spirits are upset

On Oct. 30, second-year Nursing students had a Halloween party. The party was open to anyone, and many from outside Health Sciences attended.

They were made welcome and we enjoyed their company. However, there were also a few rotten

apples to spoil the barrel.

To Robert "Creepowski," (journalism) and his friends in business administration and public relations: You "carried the spirit" of the occasion too far when you walked out the door with all the booze. That liquor would have

been kept for the next party.

You owe us for the drink stolen. Reimburse us, or we will publicly catheterize you.

—second-year nursing students

## Speak Easy

by Glendene Collins

*Scene: After being herded onto a bus with the rest of the cattle and paying 65 cents, you see there's only one seat left. Behind you there's still at least 50 others waiting to get on.*

*Sauntering over to that empty seat, you feel the envy of all who entered the bus after you. Calmly and coolly you proceed to the "prize" to rest your precious derriere. Just as you're about to be seated, the person next to the vacant seat places a 32 by 24 inch "portable radio station" right under your butt.*

*Feeling the rage building up to your eyeballs, you turn to him and politely ask him to remove his "toy." After giving you every excuse why this "passenger" couldn't sit on the floor or on his lap, he finally gives in and places it on the floor, but not until he has taken the opportunity to insult every generation of your family, from your greatest grandparents right down to your first born child (who's still waiting for some form of immaculate conception to appear).*

*The scene described above is true, and the "portable radio station" is otherwise known as a portable stereo system.*

*I'll never understand why many people take pride in carrying such a contraption. With all the noise pollution in cities today, I hardly think we need the sounds of Rush or Parliament-Funkadelic blaring at us from all directions.*

*These oversized noise boxes are found in every walk of life. They're taking over many heretofore sacred institutions such as schools, community buildings, and even the Eaton's Centre.*

*More amazing still, the carriers of these portable stereo systems are usually 4 feet 10 inches tall, weighing about 88 pounds. With most of these stereos weighing in at between 10 to 20 pounds, one would imagine hospitals to be bursting at the seams from a hernia epidemic, attacking the city's midguts.*

*For those of us who are a bit old fashioned, preferring trains, buses and wailing sirens as our sources of noise pollution, all isn't lost. With the advent of "Sony Walkmans" we may once again live in peace (Sony Walkmans and other reasonable facsimiles can only be heard through stereo headphones, giving the listener the full sound of the bigger model and joy to the rest of us).*

*So my friends, this is an urgent appeal to music addicts everywhere to please take advantage of the new "economy size" stereos by trading in your battery-guzzling king size models.*

*It will give the rest of us the opportunity to listen with loving ears to passengers cursing, personal beefs and other assorted music to the ears of seasoned commuters.*

## Yummy in the tummy

Coven has once again struck a low blow in an editorial cartoon. The Monday, Nov. 2 issue depicts a student carrying a placard with the plea: "Please no more Kraft Dinner."

Kraft Dinner is a relatively low-cost, easily prepared meal that provides nutrition for countless Canadians. Its deeply flavored cheese sauce provides a piquant counterpoint to the creamy, smooth, delicious noodles. To malign this magnificent meal is like criticizing maple syrup or motherhood. For shame!

Kraft Dinner is also versatile. How about a K-D omelette for breakfast? The recipe is simplicity itself: Two eggs, a little water, and when the texture's right, add two heaping tablespoons of Kraft Dinner. Day-old K-D works best. For festive occasions, a handful of Kraft Miniature Marshmallows completes the filling.

Or why not start a special dinner party with some Chilled Consume a la Kraft Dinner. Bring a large pot of water to a rolling boil, dump in the K-D noodles and keep on a high heat for four hours or until the noodles disintegrate. Add the K-D cheese, a generous dollop or two of Kraft Miracle Whip Salad Dressing, and fold in two tablespoons of Kraft Chunky Peanut Butter. Blend thoroughly. Chill and serve with a garnish of parsley and a sprinkle of cinnamon. Dee-lish-ous! Your guests will be talking about this taste treat for days.

Jim Bard



PHOTO BY AUDREY GREEN  
Night school student Vivian Halliday works on her stained-glass project at Andrew McCausland's studio on Bloor Street.

# Talents shine through stained glass

by Audrey Green

**I**t was in 1856 that Joseph McCausland, the son of an Irish farmer, began his own stained glass company at the back of his house on Temperance St., in Toronto.

His son, Robert, was the next generation to acquire the business.

Robert McCausland studied the art of stained glass in England and with his exquisite talent the business continued to flourish. Eventually, he was the one to make the family business famous.

This year, to celebrate the 125th anniversary of the company, the Toronto Historical Board donated a plaque for the massive stained glass window which has been a part of Toronto's old city hall since 1898.

The family tradition, however, has never died as Andrew McCausland, the great-grandson of Joseph McCausland, continues today to operate the business from his Bloor St. studio.

At this studio he teaches a 14 week Humber College night school course.

McCausland, 31, started training in the art as a child.

"When I was 13 years old my father called me down to the shop and taught me the art of stained glass," says McCausland.

The company is still referred to as Robert McCausland Ltd. and he says "we're the major company in Canada for manufacturing windows."

Business is still booming, he says, and the market is excellent throughout Canada.

"We have orders right now from every province in Canada including the Yukon and the Northwest Territories."

McCausland, a talented and outgoing person, extends his abilities in stained glass to students in the Humber night school program.

He teaches the beginner students the basics of the industry such as cutting glass,

leading and copper foiling.

It's not until the advanced classes, says McCausland, that students learn more difficult projects like lamp making and soldering. Advanced students also begin to learn the true art of the craft which is glass painting.

Students in McCausland's class show a great interest in the art and a high respect for their teacher who extends his knowledge to each of them.

"He's a good teacher and he's able to joke around with the students, but he knows what he's talking about when it comes to stained glass," says Shirley Lehey, a beginner student.

"The course is more relaxing than work—it's fun," says Sandy Donnelly, another student.

McCausland says most students take the course for a hobby and not for professional reasons.

Robert McCausland Ltd. has won many awards over the past 100 years says McCausland. In 1881 a gold medal was awarded during a stained glass exhibition, in 1887 the company won another gold medal for an exhibition in England and this year McCausland won a competition for placing 32 stained glass windows in a New York synagogue.

He also says a book is being written about the company and it should be released sometime this year.

McCausland is married and has one child, and twins are on the way. If any of his children decide to continue the business the family tradition will also continue for years to come.

"If they want to do it—why not? I would like to see them in the stained glass business, but it's their personal preference," he says.

"I could make a lot more money in other places, but I enjoy what I do and that's why I do it."

# KISSING DISEASE CAN PUCKER YOU OUT

by Janice Boyda

Many people blame being tired and run down on heavy schedules or weather changes. It could, however, be the effects of a virus plaguing man for years.

The virus, causing the disease commonly known as Infectious Mononucleosis, made its first appearance on the medical records after a discovery by a Russian pediatrician back in 1885.

Since the discovery, similar outbreaks have been recorded by doctors worldwide. But it wasn't until 1968 that doctors finally pinpointed the cause—a virus belonging to the herpes group.

Although medical statistics on the virus aren't kept for Humber's North Campus, a number of students are afflicted here each year.

Helen Swann, a nurse from North campus, said records aren't kept because student attendance can't be accurately monitored.

"Many kids don't come to Health Services because they go to their family doctors," she said. If a student suspects

he has mononucleosis, he should contact a doctor.

Unlike many viruses in the modern world, 'mono' doesn't discriminate between sexes. The virus can affect males and females in the same way, said Dr. Warren Rubenstein, a staff doctor at Mount Sinai Hospital.

Infectious Mononucleosis can occur anytime and because of the symptoms, it's often confused with other illnesses, Dr. Rubenstein said.

Generally a person will feel

extreme fatigue, weak, and tired. "But that's only part of it," he said. A person will also develop a sore throat, aching muscles, a swelling of the lymph glands in the neck, and a fever.

If a person does contract the virus, he added, "there's mainly a feeling of being sick, weak and tired." This will probably run its course in two weeks.

"Very few people experience this feeling for long periods, although some cases extend for three to six months," Rubenstein said.

Although it's unusual, there is a possibility of complications, he said. During the course of the virus, the spleen becomes enlarged and "there is a risk of rupture."

For this reason, Rubenstein said people with infectious mononucleosis should avoid sports, especially those involving contact. In extreme cases the liver can also be affected.

The only known treatment

for mononucleosis is rest.

"Bed is the only thing," Rubenstein said.

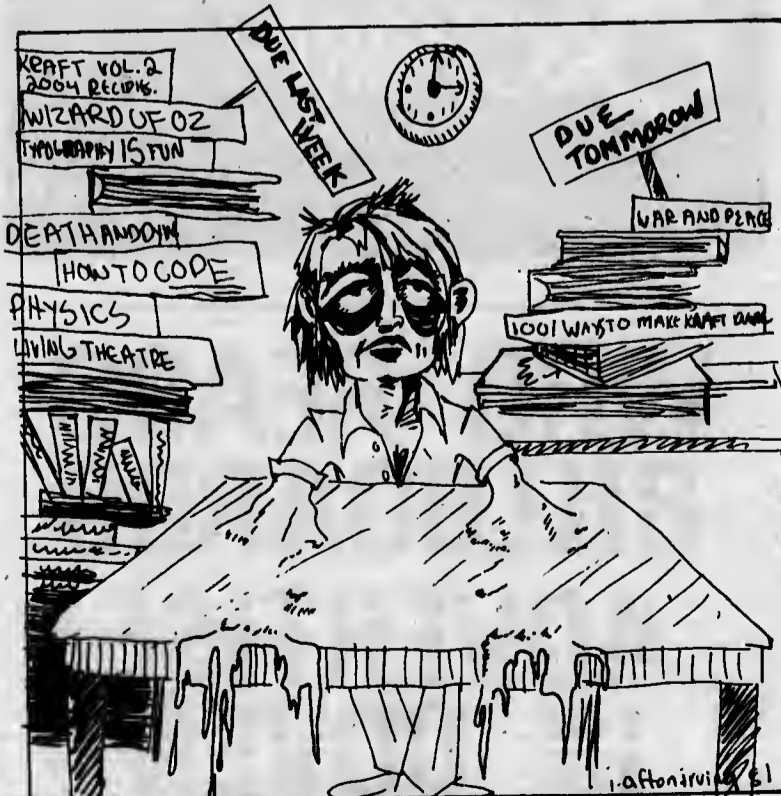
Some people feel better after a short period of rest and return to a regular routine. A person who hasn't fully recovered will probably get an extension of the virus.

Although it's not common, mononucleosis can affect a person more than once.

"It's not an infection so there is no immunity," he said.

Doctors can perform two tests to diagnose mononucleosis. One is a white cell count to look for unusual white blood cells. The second method is a mononucleosis spot-test which uses a chemical method to check for antibodies.

Interestingly, CCA dean Larry Holmes says he is the man who originally called it "the kissing disease" in a medical news release he produced while doing post-graduate work at the University of Wisconsin in 1953.





### THIS WEEK

TONIGHT AND TOMORROW  
**STEVE BLIMKIE**

WED., NOV. 11  
**DAVE COOPER**

### UP COMING

MON., TUES., NOV. 16, 17  
TRIBUTE TO THE DOORS  
**BACKDOORS**  
FEATURING PLAYGIRL CENTREFOLD  
JIM HAKIM AS JIM MORRISON

WED., NOV. 18  
FORMERLY WITH THE BAND  
AND BOB DYLAN  
**LEVON HELM**  
CO-STAR OF COALMINER'S DAUGHTER

DON'T FORGET THURS., FRI., SAT.;  
STARS PARTIES  
WITH THE BEST SOUND  
SYSTEM IN ONTARIO

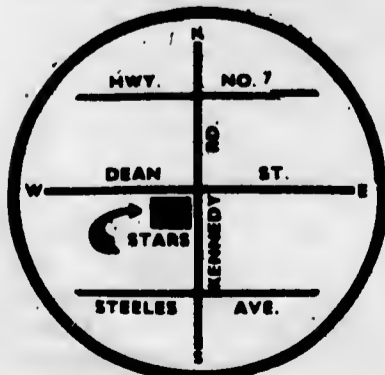
STARS WELCOMES  
HUMBER STUDENTS  
COME ANYTIME



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## ENTERTAINMENT

# Songs at Humber concert will help children to learn

by Savka Banjac

Life's values and the expression of real feelings are two factors that youngsters can learn from children's songs, according to Sandy Offenheim, composer and performer.

Offenheim will perform a children's concert on Nov. 28 at Humber College's North campus, in collaboration with her husband Harold and their two children Nadine and Stephen.

The family has released three albums, *If Snowflakes Fell In Flavours*, *Honey On Toast and Are We There Yet*.

Offenheim says her songs teach children something new and different. The songs reflect children's experiences in life.

She says one of her songs, *It's So Nice To Have A Cuddle*, expresses the relationship between a mother and her children.

"The topics involve the reality of life from a child's viewpoint," she says. "The songs talk about things that children feel."

The songs involve, she adds, a lot of listening and concentration.

In her concerts, Offenheim sings her songs from records, while she moves and dances on the stage.

In some concerts, Offenheim says, she might use a song, for example, *What's Your Name?*, in which she would involve the audience.

She describes her concerts as a "fast paced visual show involving lots of audience participation."

"There are no long explanations," she says. "Kids need entertainment."

Offenheim says sometimes kids

make up verses which adds fun and color to the concert.

On the other hand, she says, although her workshops use the same material, each are presented differently.

She says she takes time with the creative aspect of the songs by discussing different ways of presenting them.

Offenheim says, for example, she would discuss the songs with the audience, which includes adults and older children, and use their ideas in the songs.

# Sound tested

by Paul Russell

CAPS will soon have a new \$4,400 sound system, provided the components tested last Friday in the pub received Students Association Council (SAC) approval.

The system tested included a Sony TCFX2 cassette deck and

three pairs of Studio Monitor speakers.

Keith Walker explained these speakers would be strategically located around CAPS for maximum sound quality.

"We need a system that doesn't just sound like noise once you leave the dance floor," Walker explained.

He said SAC would pay for the system, but some of the money would come from selling the existing speakers and a reel-to-reel tape machine now in CAPS.

A sound engineer from Hamilton will install the system "to balance the equipment and optimally set-up the speakers" said Walker.

### Coven thought

*Negative expectations yield negative results. Positive expectations yield negative results.*

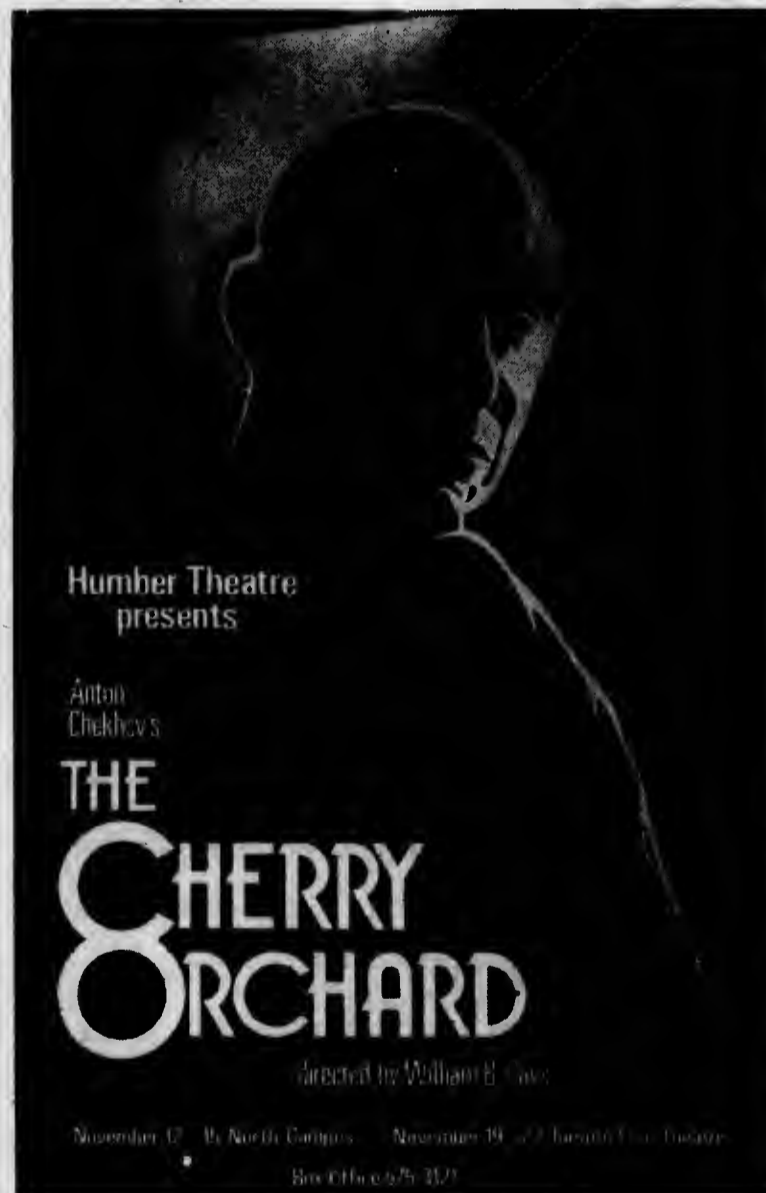
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UNICEF doesn't just make holiday cards. UNICEF also offers a striking array of all-occasion cards by artists from all over the world, and a handsome line of stationery ensembles. Please yourself, please a friend, and help a child... Buy a UNICEF gift today.

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# WHO READS BILLBOARDS ADVERTISE IN COVEN

# 24-year-old dynamo just won't quit

by MaryLou Bernardo

It's been said that a winner never quits, and a quitter never wins. A calmly confident young woman who is a Humber Technology student and a serious athlete, has proved that you can win by simply never quitting.

Four years ago, while riding her motorcycle, Cindy Newman was struck by a half-ton truck. The mishap hospitalized her for three months, with both legs, one arm and her nose broken.

She has recovered completely through therapy but said her involvement in sports often leaves her with torn ligaments in her right knee, requiring her to wear a knee brace.

Nevertheless, Newman is a get-up-and-go person who just won't quit. The 24-year-old dynamo is the only female enrolled in the first year of the Electronic Engineering Technology course and is involved in three varsity sports—hockey, basketball and badminton.

And, the Port Colborne native's talents do not end at the playing field. Newman is a former Humber College Data Processing graduate who is not bothered at being the only woman in her technology class.

After graduating, Newman had landed a well-paying job with Ford Motor Company in Oakville but found after two years, the job was not for her.

Intrigued by the computer engineers she watched at Ford, she

decided to pursue a career in computers.

"There was no room for advancement and it often interfered with my social life. My social life means a lot to me," she said. "If someone offered me a \$20,000 raise in my job and I wasn't happy (about the job), I wouldn't accept it. I'd rather be happy any day. I was stagnating and I just wanted to keep learning."

Newman said Humber's Women's sports have come a long way since she graduated in 1979.

She initiated the first Women's Varsity Hockey team, along with other women's sports, by getting people interested in starting leagues.

Newman's interest in athletics dates back to high school where

she was involved in all sports including field hockey and volleyball.

Last year she won the Hamilton Closed (Ontario) Ladies B Badminton singles. She also plays badminton in Burlington every Sunday, participates in the North York Metro Women's Hockey League, and has been playing hockey for ten years.

Newman has often been asked why she isn't enrolled in a sports-oriented course such as Physical Education. She says she can teach and help people in sports without taking the course, because she is self-taught.

"There just aren't enough jobs in Physical Education to go around," she added.

## Started off on a sour note, things improved for Smith

by Donna Quartermain

He sat with his trumpet in hand, ready for the cue to begin his solo. The band was just finishing the introduction, the conductor waved his arms to cut the band off, when he smacked the trumpeter right in the face with his baton. The trumpeter sat in a state of shock forgetting his solo momentarily...Such was the auspicious beginning to one concert for Humber's Music Program Sr. Coordinator, Bram Smith.

It didn't, however, deter Smith who played on to such accomplishments as writing the music for John F. Kennedy's Presidential inauguration and for Princess Elizabeth, now Queen Mother at the dedication of the St. Lawrence Seaway.

Smith began teaching at Humber four years ago, and this is his first year as the program's Sr. Coordinator. One of the highlights of the music program, according to Smith, is that it offers "a great variety of music."

The program's Concert Band "is like a repertoire acting com-

pany, where you may play Shakespeare one day and a perform contemporary play the next. With the wind assemble we try to create a repertoire theatre of music so these young people will know all different kinds of music, the styles of them, and be able to perform them," said Smith. "We use the concert band not only for classical music and the study of it, but for a variety of other music styles."

"All the different styles of music require a different kind of thinking, and we try to create circumstances here at the college for students to learn to cope with that, and understand what the style of something is and how to achieve that," he said.

Smith is teaching at Humber because it fulfills one of his lifetime ambitions.

"As a student in the 40's there wasn't alot here in Canada, so you had to go abroad or to the States," says Smith. "My lifetime ambition was to acquire as much knowledge and experience as I could and bring it home to Canada."

Smith worked in television for a

year, doing such shows as the Bob Goulet Show. Then went on to form the Harold Trumpets, who played the JFK inauguration music.

While performing professionally in Toronto, Smith played, everything from classical to dance music, at the Casa Loma and the Palace Pier.

### STUDENT DISCOUNT at the OAKVILLE CURLING CLUB

for all full time students ages 19 to 25. Ice rental also available.

CALL 844-6982  
8:30 a.m. to 9:30 p.m. Mon. to Fri. for more information

The Oakville Curling Club  
224 Allan 844-6982

## INTERNATIONAL STUDENTS CLUB

Any students interested in forming The International Students Association, please contact the SAC office and sign your names on the list provided.

ALL STUDENTS WELCOME

### CLASSIFIEDS

In traffic for Barrie Speedway.....Good Old Stale East. Stale, How dare you miss Gore Bash 1. Do we scare you? Are we different? Are you really involved with this woman that badly? See if we welcome you with open bottles to Gore Bash 2. Yours in Calibration.

Gore and the Gang

Mary Ellen: Just because you were sick it was no reason to miss the Bash. Illness is something to overcome. See you on the 10th. Tearfully waiting.

Gore and the Gang

Kim: Ex-journalism students who find radio a relaxing and joyful experience should conform to our rules. Miss another party and there's the door. Absolutely Disgusted.

Gore and the Gang

FOR SALE: Beaulieu Super 8 (40082M4) Movie Camera complete with tripod and accessories in perfect condition. Suitable for semi-professional film making. (Used only for production of one film.) \$1,500 or best offer. Call Mr. Horgan, 259-5468 (9-5) or 743-2765 (evenings).

LOST: Large silver ring with yellow stone. Sentimental value. Please call Helen. 249-9007.

FOR SALE: Two Michelin-X steel belted whitewall radial snow tires, size P205-15. \$200 (used last winter only), low mileage, excellent cond. Call Brad after 6:30 p.m., 248-4471.

WANTED: Two girls to share apartment with two Humber College female students. Islington and Finch area. Nice building, sauna, underground parking, exercise room, games room, laundry room. Rent \$125 utilities included. Available Dec. 1 or Jan. 1. Phone 746-4970.

DEAR CHRISTINE: Thanks for the meaningful relationship last Saturday. All is forgotten and forgiven. Pick you up Friday! Luv, Fred.

ATTENTION HOCKEY FANS: Are you as disgusted with Gary Domhoefers color commentary as I am? If so, stand up and be heard. Join the "I Hate Gary Dornhoefer Fan Club" today. Send \$5 and a 500 word essay on "why I hate Gary Dornhoefer" to room L225. This fee will be used to cover the cost of forwarding the essays to Mr. Domhoefer himself. Don't delay, do it today.

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#### LITERARY SERVICES

PROFESSIONAL LITERARY SERVICES: writers, researchers, academic, commercial, technical. C.E.S. Writing Services, 86 Bloor Street West, Suite 580, Toronto, Ontario M5S 1M5, (416) 960-9042.

HOUSE FOR RENT: Three minute walk from college. Ideal for staff member with family. Available Dec. 15. 851-0656.

FOR SALE—FUR JACKETS—Size 14. 1 light Muskrat, 1 black Persian. Call 742-8064 evenings, or see Kay in K201. Make an offer.

K.A.O.S. meeting Nov. 10 4:20 - 5:30 p.m. All members must attend for information on future games. Meeting is outside by SAC office.

FOR SALE: 1 kitchen table & 4 chairs \$50.00; 1 coffee table \$7.00, phone Al 247-5376.

FOR SALE Buick Skyhawk 1979, price \$4500.00, A1 shape, color beige, call 742-5359.

FOR SALE Topcan Em manual 35 mm camera, \$200.00 or best offer. Jacqueline 746-2046 or room L210.

WASHER FOR SALE. Automatic Beauty. Five years, new motor and bearings. Harvest Gold color. Call Tim in Coven.

## ATHLETICS, RECREATION & LEISURE EDUCATION AT LAKESHORE 1 FACILITIES

LAKESHORE 2 students and staff are eligible

### OPEN GYM:

(Monday to Friday, 9:00 a.m. to 5:00 p.m.)

In your spare time, come to play: Badminton, Ball Hockey, Volleyball, Basketball, free weights, frisbees, skipping ropes, hula-hoops, etc.

### FITNESS:

Co-ed exercise classes are conducted at lunch hour (12:45 p.m. to 1:15 p.m.) Tuesdays and Thursdays. Registration is not necessary — show up at the classes.

Fitness appraisal could be done FREE for full time students and staff. A personal fitness program will be designed from your results. An appointment is necessary and should be made at the Recreation Office, Room A141, Lakeshore 1.

### INTRAMURALS:

Activities	Entries Open	Play Begins
Ball Hockey	November 2	November 16
Badminton	November 16	November 30

### RECREATION:

Tournaments	Date	Time
21 Basketball	October 28	2:00 p.m.
3on3 Basketball	November 4	2:00 p.m.
Mini Olympics	November 9	2-4:30 p.m.
Demonstrations	Date	Time
Karate	November 11	T.B.A.
Dance-Fit	December 2	12:45 p.m.

# sac sac sac

P ♦ R ♦ E ♦ S ♦ E ♦ N ♦ T ♦ S



## HASSLE-FREE I.D.

**\$2**

**NOV. 12  
THURSDAY  
9 to 4 p.m.  
IN THE CONCOURSE**

STUDENTS **MUST** HAVE  
A BIRTH CERTIFICATE OR  
OR PASSPORT OR  
CANADIAN CITIZENSHIP  
AND STUDENT CARD

**"FUNNY, FAST, LITERATE AND AUDACIOUS.  
May be the most original American movie  
of the year."** —David Ansen, Newsweek



**NEXT FLASH FLICK:**

## THE STUNT MAN

TUESDAY, NOV. 10

## Lunchbag Cinema



Free Every Wednesday 12-1 p.m.  
in



### Lunchbag Cinema

NOVEMBER 11  
"On Vacation With Mickey Mouse"

NOVEMBER 18  
"Swing Time" (1935)

NOVEMBER 25  
"Groove Tube"

DECEMBER 2  
"Down Hill Racer"

DECEMBER 9  
"Superman Cartoons"

DECEMBER 16  
"Jailhouse Rock"



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## SANDWICH SEMINARS

Free For Your Enjoyment

12:00 NOON IN CAPS

TUESDAY, NOVEMBER 10, 1981

"GREEN THUMBERY"

-did you give your plant a hug today?  
-meet the three easiest to grow plants  
and learn to care for them

EAT AND BE INFORMED  
— ANOTHER ACT OF

**MOLSON**