

SO FAR THIS YEAR**CANADIAN WOMEN AND GIRLS KILLED BY MEN. P4.**

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Humber helps support youth in need

Druv Sareen
NEWS REPORTER

Internet access has become a crucial necessity for job-hunting, but for those without, it can be an obstacle in the search for employment.

That's why every other Tuesday employees from Horizons For Youth take a group of homeless or at-risk youth to the St. Clair Humber Community Employment Services (HCES) location for job training.

Horizons For Youth, based on Gilbert Avenue in the Caledonia Road and Eglinton Avenue area, was established in 1994 and now serves as a 24-hour shelter for homeless and at-risk youth aged 16 to 24. The organization also offers hundreds of workshops and field trips to help shelter users get the skills they need to live independently.

James Anderson, Horizon's day program coordinator, has seen the positive reactions some of these young people have had to the job process.

"Finishing a resume is almost like finishing high school for some of these youth if they've never had one before," he said. "It's a sense of accomplishment and that's really huge especially for their self-esteem and confidence."

For those that have been to HCES before, this is routine. As soon as they enter the office, they're on the



DRUV SAREEN

James Anderson, an employee of Horizons for Youth — a 24-hour shelter for at-risk youth — helps a client build her resume on Nov. 13.

computers looking for jobs on their own. They talk about where they should put their Model UN experience or if their honour-roll status matters on a resume.

For first-timers, the process is more guided because building a resume is a new adventure for some of them.

Some of the youth at Horizon's are refugee claimants and while they wait for their work permits to come in, they're building their resumes and looking for volunteer positions.

Jennifer Mason, who joined HCES in July, advises youth on resume building and teaches them how to market themselves for the

job world.

Mason said she is glad to help people find work.

"A lot of people don't know about the programs that Employment Ontario has to offer and how beneficial it can be when you're looking for a job," she said. "You don't have to be on your own, you have all of this support that can help you with the job search process and even the job matching process."

For some, the prospect of a new job has fueled larger aspirations.

"We've had youth who got their first job and they're just super excited and actually for many of them it changes their behaviour and it makes them hungrier where they

want a second job, a third job because they enjoy working and they just want to give back," Anderson said.

Kalyna Thurlbeck, a second-year student in Humber's Social Service Worker program, works with Horizons helping youth with their resume building. She has seen firsthand this process is helpful to the youth.

"There's a lot of working going into getting these youth out of their cycles of poverty," Thurlbeck said. "Just last week we had someone move out and get an apartment and has a job and is starting in college next semester, you get to see a lot of positive [things]."



DRUV SAREEN

Kalyna Thurlbeck, a second year Social Service Worker student, works with Horizons for Youth and Humber Community Employment Services to help homeless youth find jobs.

Lawyer said government is accountable for poverty

Druv Sareen
Madison Raye
NEWS REPORTERS

Pushing for human rights is key in holding governments accountable and for poverty reduction, according to a recent lecture by social justice and human rights lawyer Vince Calderhead.

Calderhead is an expert in poverty law and human rights. He works for Pink Larkin, a law firm which fights for law reform to protect the poor.

His lecture at Humber's North Campus on Nov. 22 argued that eliminating poverty is required under human rights laws.

"Human rights represents a power shift from governments to people. When people have human rights, governments have less pow-



DRUV SAREEN

Vince Calderhead spoke at the President's Lecture Series on Nov. 22.

er," he said. "For example, people can no longer be arbitrarily arrested or imprisoned, governments can't discriminate against people, they must hold elections because of the existence of human rights."

Calderhead's lecture focused on the imperatives to solve poverty from a human rights perspective, citing examples from the Universal

Declaration of Human Rights and the Canadian Charter of Rights and Freedoms.

Roughly five million people suffer from poverty in Canada, which is about one in seven people. People living with disabilities, single parents and youth are most affected, according to Canada Without Poverty's website.

"Poverty can be expressed in different aspects of a person's life, including food security, health, and housing," its website states.

Calderhead said human rights force the government's hand when it comes to helping people.

"The idea of accommodation imposes positive obligations on governments to adopt measures to ensure members of historically disenfranchised groups can equally participate in society," he said.

After the lecture, Calderhead answered questions from the crowd including one about the recent scrapping of Ontario's basic income pilot.

"When the current provincial government got rid of it, it is saying 'we don't know and we don't care. We don't want to know if this policy would work, in fact we may be

afraid that it might work," he said.

"It mostly has to do with power and wanting not to ensure that the poor have their social and economic rights justified," Calderhead said.

Calderhead was the final speaker for the President's Lecture Series this semester. More speakers are scheduled next semester, including author Ausma Khan and animal science professor Temple Grandin.

Melanie Chaparian, part of the President's Lecture Series committee, said she invites suggestions from students.

"We do strongly encourage students to send us any suggestion that you may have for speakers you would like to see. It is an academic series so we are looking for public intellectuals, who would speak to the interests that our community would have," Chaparian said.

HUMBER
Et Cetera

Humber Et Cetera is the Humber College journalism program laboratory newspaper, publishing bi-weekly in fall and winter semester.

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Community climb at the CN Tower partnered with United Way

Zainab Zaman

NEWS REPORTER

Thousands of people joined together to climb the 1,776 steps to the peak of the CN Tower.

United Way Greater Toronto organized the UP2018 climb with prizes and trophies for the fastest climbers.

Among the participants were Humber College students and faculty, cheering each other on during the race to the top.

“Our goal is to raise \$2 million for the community, to frontline agencies that support issues like poverty, new immigrants, homelessness issues and just a huge wide gamut of necessary services to help people in need,” said Alisha Coroa, associate manager of Fundraising Enablement and Learning at United Way.

“My advice for the climbers is to be reminded of what they are doing for the society and the funded dollars that they have raised for United Way is helping their own community, that is a huge piece of empowerment,” she said.

Humber College’s First Year Experience helps new students transition into college. The climb is just one of many events the peer mentoring program has hosted.

“We take pride in helping out our community as much as possible,” said Zamin Mohsin, a member of the First Year Experience.

“Climb in pairs, climb in teams and that’s how you make it to the top like everything in life, do it as a group, do it as a community just like the United Way itself,” said Derek Stockley, Dean of Social and Community Services and Principal of the Lakeshore Campus.

“There so much energy in the room, the students and community members joining is just amazing and especially that it’s for such a great cause,” he said.

Many of the climbers chose to come in teams. Samantha Callow, a paralegal professor attended the event with her kids.

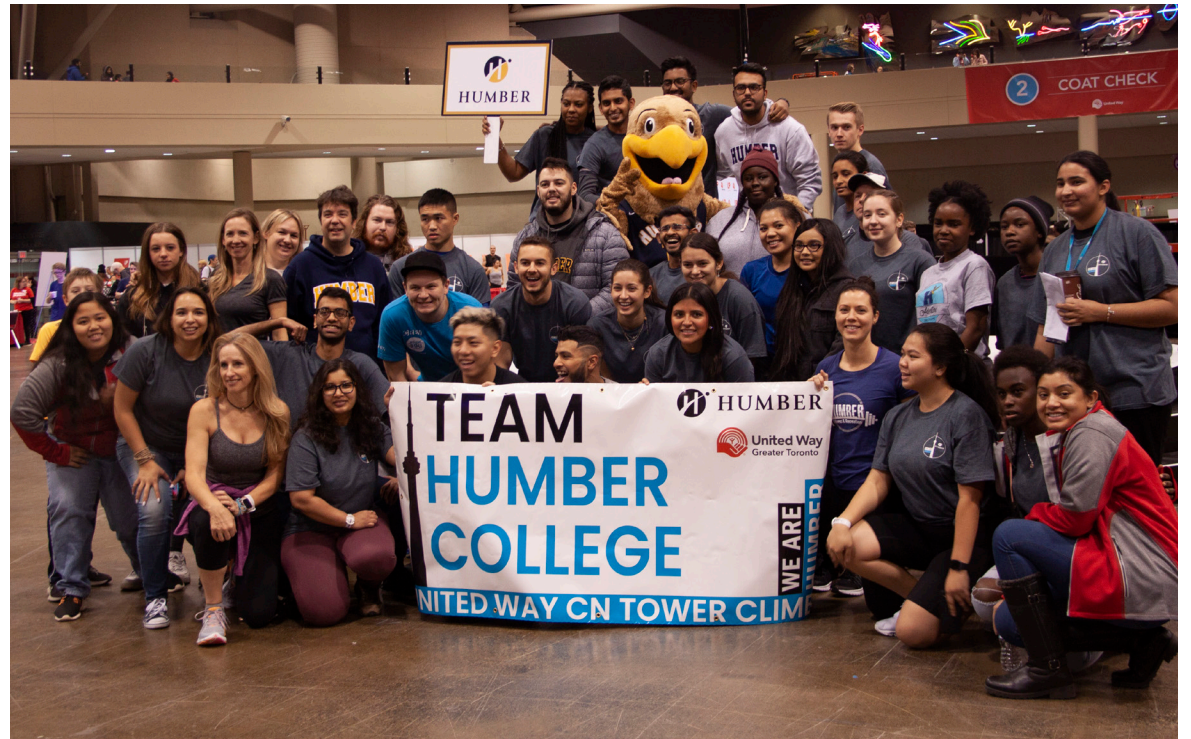
“The climb is a way to demonstrate to my kids that they have a way of learning and contributing to their community, it takes a bit of grunt and getting up in the morning but it’s worth it,” Callow said.

The World Wildlife Fund estimated the climb usually takes 30 to 40 minutes for the average person.

“I don’t think I am mentally prepared for the climb, but I am going to make it to the top,” said Shaina Smith, a Child and Youth Care student.

“This is an amazing experience to be a part of helping children out, especially low-income families and not just donating money but being a part of it all and come together for a good cause,” said Camila Ruiz Tacha, a Child and Youth Care student.

Climbers from Humber’s para-



ZAINAB ZAMAN

Humber College sent the largest team from a post-secondary institution to the CN Tower Climb., with 113 people taking part. Participants were challenged to climb 1,776 steps to make it to the top of the tower.

medic program joined in the event. This was their sixth year participating. Jon Paterson, a paramedic student, finished in 15th with a time of 12 minutes and 57 seconds.

“We are so lucky at United Way to have a partner like CN Tower that allows us to run an event like this in the community. For 41 years it’s been our fall signature event, getting thousands of people out this weekend,” said Allison Sharpe, director of donor engagement at

United Way.

Sharpe said climbers are raising around \$100 each and that’s all going directly to United Way’s programs which help people rise up out of poverty.

She added that in the tower, everyone is cheering you on and giving you nods of excitement. Each step you take up the tower adds to the impact you are having in somebody else’s life.

“All the way up the tower there

are motivational quotes and posters that are encouraging you up, and every so often we remind climbers of issues like helping to battle hunger, eradicate violence against women and social isolation,” Sharpe said.

“All those issues are really important to solve here in our community. We make sure climbers are aware of it because at the end of the day you might be out of breath but you are making a big difference,” she said.

Canadian Blood Services seeks stem cell donors on North campus

Students were given the chance to give blood or be a stem cell donor with Canadian Blood Services

Kelvin Tran

SENIOR REPORTER

Canadian Blood Services were in the Student Centre Monday looking for students to be stem cell donors. The students that want to give must first sign a few forms and then have their cheeks swabbed.

The swabs are tested for certain antigens that help match a donor to a patient in need.

Students can also have their blood tested to find out which blood type they have, which is very helpful in finding a match.

“The patients who need a transplant, their bodies are either not creating stem cells or they are being reproduced in a diseased state,” said Sharr Cairns, a manager at Canadian Blood Services.

“What we have to do is wipe out the stem cells of the patient, introduce new healthy stem cells. Hopefully they take. And they literally have what they feel is a new birth-



KELVIN TRAN

A volunteer takes a drop of blood from a student to find out their blood type at Humber on Monday, Nov. 26.

day, because this is their last hope for survival,” she said.

There is a procedure to be followed if there is a match between a donor and a patient.

Cairns said the first method is a blood donation where the donor is hooked up to a machine that will fil-

ter the stem cells from your blood.

The other way is to take the stem cells straight from the bone marrow in the hip bone, while the donor is under an anesthetic.

Canadian Blood Services was specifically asking for male donors at the event. Cairns said that’s be-

cause male donors can often lead to a better post-transplant outcome.

“Generally speaking, a male has more blood stem cells by volume and will lessen the severity of something the patient suffers post-transplant, which is called graft versus host disease,” she said.

She said women were still welcome to come register.

The Canadian Cancer Society released estimates in 2017 that showed more than 200,000 people were diagnosed with cancer that year. Almost 90,000 people died.

Transplanting stem cells from a donor is one way to treat such illnesses.

People from Canadian Blood Services weren’t the only ones screening people for potential matches — some Humber students got involved as well.

“The MSA [Muslim Student Association] is a group of Muslims that come together and try to help the Humber community at large,” said Hashir Shake, the president of the MSA and a fourth year nursing student. “We wanted to do this event because it’s a way that we can help people.”

The event also honoured Shahrzad Jabbarian, who died in 2013, a year after she was diagnosed with leukemia. She formed the Healthy Marrow Canada charity which hosts marrow swabs.

“I think we need to inform people because this is very, very simple but very important, to find a match for people with blood cancer,” said her father Ali Jabbarian.

Violence against women still, always an issue

Michelle Rowe-Jardine
NEWS EDITOR

There were 128 Canadian women who were murdered by men so far this year.

Among the victims was Humber Spa Management student Alicia Marie Lewandowski on March 5. The 25-year-old Mississauga woman was to have graduated earlier this year.

Lewandowski was found shot to death in the parking lot near her Rathburn Road East home near Dixie Road in Mississauga. A 39-year-old Toronto man described as her boyfriend was charged with first-degree murder and remains before the courts.

Humber's National Day of Remembrance and Action on Violence Against Women on Dec. 6 will raise awareness of gender-based violence in Canada and around the world.

It will be part of the national day of mourning for the 14 women killed in 1989 at the École Polytechnique in Montreal.

Jodie Glean, Manager at the Centre for Human Rights, Equity and Diversity, said it's important to remember the Montreal tragedy because this issue is still prevalent today.

"Whether it's 1989 or 2018 ...

gender-based violence impedes and impacts our daily experiences," Glean said. "It impacts the ways within which women live and survive in Toronto and in Canada."

Roses will be distributed during the Dec. 6 remembrance at the IG-NITE Student Centre at North campus starting at 11:45 a.m.

The event will feature all-female drumming group Raging Asian Women Taiko Drummers and spoken word poet Paulina O'Keefe.

"We want to engage in this topic ... through our artistry and creativity in not only remembering — because remembering is important — but then it's about acknowledging within oneself, 'what is my commitment to action?'" Glean said.

The Montreal Massacre in 1989 claimed the lives of 14 women and injured 13 others. The killer specifically targeted women at the school because he claimed feminists ruined his life.

Killed were Genevieve Bergeron, Helene Colgan, Nathalie Croteau, Barbara Daigneault, Anne-Marie Edward, Maud Havierncik, Maryse Laganier, Maryse LeClair, Anne-Marie Lemay, Sonia Pelletier, Michele Richard, Annie St-Arneault, Annie Turcotte and Barbara Klucznik Widajewicz.

Their murders were committed by



NATALIE LEWANDOWSKI

Alicia Lewandowski was in the final year of Esthetician/Spa Management.

a stranger armed with an automatic weapon, but female victims are most often targeted by intimate partners.

"It's important to remember that gender-based violence may not always look like the tragedy that occurred in 1989. Gender-based violence looks differently within our private homes, within our personal relationships, as well as in work and learning environments," Glean said.

In Toronto, 10 people were killed — eight of them women — by a man who ran them down with a van. The attacker allegedly posted a Facebook message shortly before the Yonge Street incident citing the attack was part of an "incel rebellion." Incels are men who label themselves involuntary celibates because women won't have sex with them.

Statistics cited by the Canadian Femicide Observatory for Justice and Accountability show while intimate partner homicides have been dropping between 1975 and 2015, three in 10 murder victims in Canada are women, according to 2015 data, the most recent available.

The rate women were killed by an intimate partner, according to those 2015 numbers, was 45 per million compared to nine men per million.

"We're really remembering all women who are impacted by gender-based violence," Glean said.

"Including the 14 women who died in Montreal, as well as our murdered and missing Indigenous women, women from vulnerable communities including our racialized women, Black women, women with disabilities..." Glean said.

Green sale raises money for shelter

Kehinde Akanbi
NEWS REPORTER

The Fashion Arts and Business program students hosted the Eco Closet event on Nov. 21 to raise money for an Etobicoke charity that offers emergency services to youth in need.

Huge numbers of students showed up to purchase used clothes at a discounted rate. The proceeds went to Youth Without Shelter.

"I mean, to be able to buy a really good suit like this for a price like this is amazing. I hope this isn't the last time an event like this will be organized," said Alex Martin, a second-year Engineering student.

Other Humber College students were present to provide their peers with fashion tips.

"We know how hard it is for college students to come up with money and we also know that business clothes are expensive so we just want to help our fellow students out in any way we can," said Natalie Smith, a second-year Business Management student and one of the organizers of Eco Closet.

The Office of Sustainability, which was an event partner, told students how fashion is impacting the environment.

"We wear clothes everyday but we never think about their impacts on the environment as much as we think about the food we eat or our skin care products," said Devon Fernandes, Humber's sustainability specialist.

"It's time that we learn that the clothes that we put on are having a negative impact on the environment and we should all be aiming to do better in this category," he said.

"I had no idea that my clothing had such bad impacts on the environment but now I do thanks to the organizers of this event and the sustainability office," said Sanjeevan Advik, a third-year travel tourism student.

Students from different schools also showed up to purchase business attire on the cheap, hoping to wear it in future.

"Looking good is one of the most important things when you go for a job or business interview and thanks to this event, I'm going to be able to do that now because of my new suits," said Agnes McCarthy, a business management student at Seneca College.

"I actually don't go to school here so it's really school to see Humber students organize such an event. Really hope my school would organize something like this," she said.

Investment in applied research pays off with top 20 spot

Jeremy Yudin
BIZ/TECH REPORTER

Humber continues to thrive as one of the highest-ranked research colleges in Canada.

The school shot up 10 spots in 2017 from the previous year. Humber now sits in 20th place on the list of 50 top research colleges, according to a list created by Research Infosource Inc., a research and development company that provides annual rankings for institutions such as colleges, universities and hospitals.

The study showed Humber has the highest number of researchers among the colleges — 302 in 2017 — sharing a pool of about \$3.3 million in research funding. The number one college, Lambton College in Sarnia has 71 researchers sharing more than \$11 million in research funding, the study reported.

"Rankings are good and the recognition of being top tier is important, but really it provides opportunities for our students," said Darren Lawless, Humber's Dean of Applied Research & Innovation. "The actual rankings aren't as important as the message that you're sending out into the marketplace that we have the skills, capabilities, and talents to solve problems."

Companies will look to Humber students for help on their projects,

which in turn can provide students a pathway for better job opportunities, he said.

Humber is also the third highest college in regards to research partnerships and paid student researchers, Lawless said.

"It basically proves to the outside world that the work that we do has enough value that someone is willing to pay for it," Lawless said.

Ron Freedman, the CEO of Research Infosource, said there's been growth of research at Humber and this is due to faculty and administration leadership.

"I remember five or 10 years ago, people wouldn't think colleges did anything in terms of applied research or research at all," Freedman said.

This has changed and now top tier companies are reaching out to collaborate with colleges, he said.

Lawless said the next goal for Humber is to be within top 10 colleges of applied research.

"I think we'll get there because I've been tremendously impressed with the students and the faculty that work here," Lawless said.

In an effort to support students, The Barrett Family Foundation, a not-for-profit organization, has increased their investment in Humber to \$10 million.

This is the largest private donation received by Humber in its history. Part of the donation is planned



JEREMY YUDIN

Students made bridges from popsicle sticks as part of their course.

to be used for scholarships for students.

Meredith Gabel, a Civil Engineering Technology student, said the increase of scholarships is very important for someone who is living on their own.

"I've lived on my own for almost a decade now and I completely finance my education," Gabel said. "I don't have parent support so scholarships are super important to me because I've been working so I've saved up but that doesn't cover rent and school."

The foundation donated an initial \$5 million in 2016. The second investment will help fund a range of student scholarships, industry training, and advanced equipment.

"We believe education is critical

to the development of all individuals and we want to help people gain the skills to get and retain a good job," said Bob Barrett, the Founder of The Barrett Family Foundation and president and CEO of Polyainers.

Part of the investment in skill training has been the launch of a program called Springboard Mentorship. Humber graduates have been able to spend time working at both their company and the college.

"[The Barrett Family Foundation] really kickstarted and catalyzed our reactions which will provide pathways and opportunities for Humber students so we're thankful," Lawless said.

He said the foundation has allowed Humber to do things that the school couldn't otherwise afford to do.

Student's work sets theme for fashion show

Denissa Palmer
LIFE REPORTER

When Madison Jay, 20, opened In-Design to get started on her assignment, she never expected to hear her name when they announced the winner of the Humber Mode Art Poster Exhibit.

All Fashion Arts and Business students were asked to create a poster that would best represent the upcoming fashion show in 2019.

On Thursday, Nov. 22, Humber North campus hosted their contest in the cafeteria where all students were invited to vote for their favourite poster. The winner of the contest will have their work displayed and incorporated in the promotional material for the 2019 fashion show.

Although Jay said she isn't fond of painting, she does enjoy using creative suites like Photoshop and InDesign to create art work and fashion illustrations.

"I don't do this type of work often, but when I do I really enjoy it," she said.

Her submission was one of 100 posters that were based off the theme chosen for the upcoming Humber Mode Art Fashion Show.

Jay said she had never received

an award for any visual creative projects before and this was one of her biggest accomplishments.

"This is definitely the project I'm most proud of. It was the first time any of my work has been displayed in this way, let alone receive any kind of award," she said.

Jay said she found it hard to stay motivated to remain creative at times but her competitive drive kept her going.

"I'm always hyper critical of myself, so at first I wasn't very confident with it but eventually I became very proud of what I created," she said.

Throughout her journey at Humber, Jay said her favourite thing about her program is the professors.

Sidney Gilmore, Fashion Arts and Business student, said Humber opened many doors leading her closer to her dreams. She said she has been able to surpass her own personal expectations regarding her past projects.

"I can't pinpoint what exactly it is, but I would say the confidence and reassurance you get from the professors definitely help you stay motivated. Sometimes, I forget that I'm at school," she said.

Professor Pamela D'Etto

the Ethics and Sustainability course at Humber College, said the program outlines the importance of consumerism and the effects that fashion has on all levels of production in the industry.

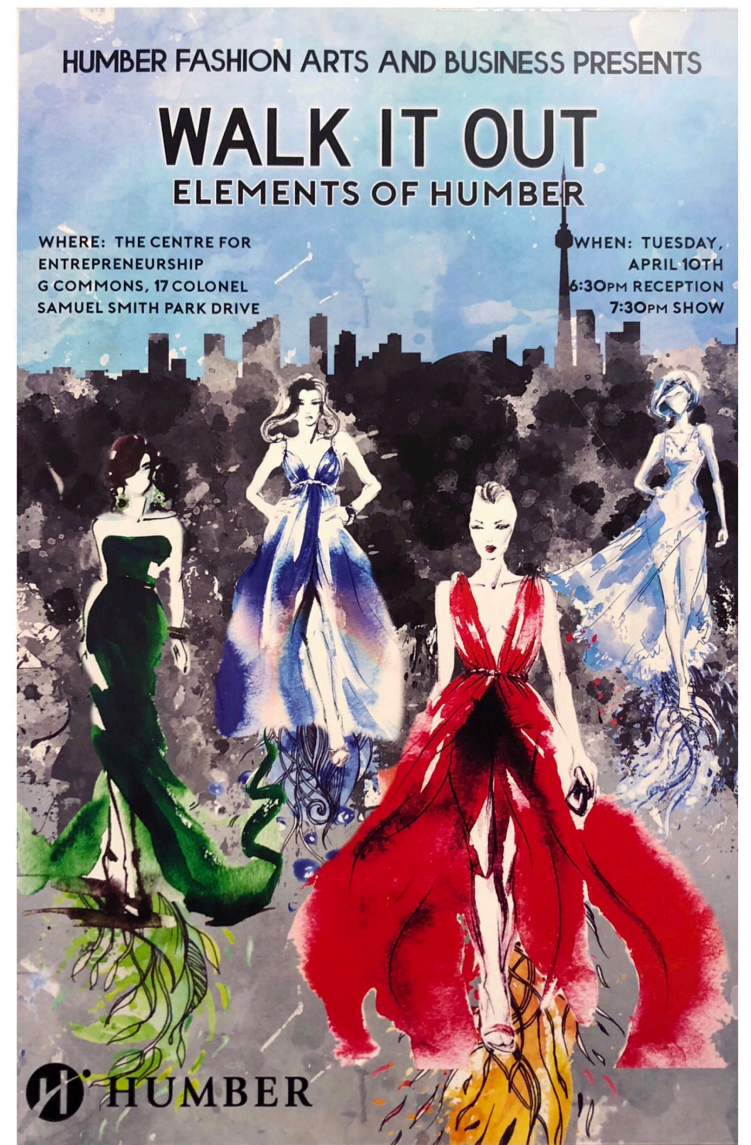
The course teaches students all the different aspects of the fashion industry and discusses the different options that consumers have that help shape the demand for clothing.

D'Etto said the role consumers play influences how easily fashion can be altered to benefit both the community and individuals.

"Quality versus quantity is important," she said. "Buying fewer, high quality items is much more sustainable, plus higher quality clothing lasts longer. We should also remember that when we find a hole in our sweater, it doesn't have to be the end of its useful life."

"Clothing that is no longer going to be worn can be cut into pieces to be used to make other products such as carpet backings, seat covers and industrial insulation," D'Etto said.

Set to graduate in 2020, Gilmore said she looks forward to pursuing a career in the fashion industry, while Jay said she plans to further her schooling in fashion business on the other side of the world in London.



COURTESY MADISON JAY

Humber partners with Kenya's technology school

Elesha Nicholls
LIFE REPORTER

Humber College recently made international ties with Kisumu National Polytechnic, an institute of technology in Kenya.

Leading the partnership between the two schools was Dr. Farzad Rayegani, Dean of the School of Applied Technology.

Rayegani worked closely with faculty from Kisumu National Polytechnic to develop a curriculum that would suit not only the school itself, but the needs of Kenya's Education for Employment Project (KEFEP).

KEFEP is a five-year initiative focused on strengthening and supporting technical and vocational education in Kenya.

"Many factors were taken into account when creating this curricu-

lum," Rayegani said. "We spoke to people within the industry in Kenya, who then told us what skill sets students would need once having graduated in order to be successful."

"Another critical part that we had to take into account was the labs and the environment this curriculum would be taught in," he said.

Rayegani successfully developed a course in Plant Operations and Maintenance which models Humber's approach on having an industry-relevant curriculum.

"More developing countries need programs like KEFEP to help their students gain industry skill sets, and ready them for the work force," he said.

Rayegani said both ends learn from each other. "We are a global community of educators. It's a learning experience for everyone involved."



COURTESY FARZAD RAYEGANI

COURTESY FARZAD RAYEGANI

Farzad Rayegani helped lead the partnership between Kisumu National Polytechnic Institute of technology in Kenya and Humber.

Kisumu National Polytechnic is an institute of technology in Kenya, which recently partnered with Humber.

EDITORIAL

Ontario erodes social support for poor

The PC government is making changes to Social Assistance that may potentially be a good thing for the province's coffers, but not for people who need help.

It passed Bill 47, which repeals most of Bill 148 and freezes the minimum wage to \$14 until 2020. Prior to that, the basic income pilot project was arbitrarily chopped despite campaign promises not to cut it. Many are now apprehensive at the announced changes to Ontario Works (OW) and the Ontario Disability Support Program (ODSP),

including the trimming the increase to assistance rates from three per cent to half the amount.

Lisa MacLeod, the social services minister, is in favour of the changes which she argues are compassionate. Others like Diane Dyson, an anti-poverty activist, are against it, citing fears that life will become harder for the vulnerable.

One of the changes being made is raising the monthly earning threshold to \$300 before clawing back government support payments, which does give some breathing

space to those working part-time. However, this limit falls short of the previous Liberal government's proposal of a \$400 threshold.

The cuts tighten the belt for people who are barely getting by on \$721 a month, which is still not enough to cover rent — let alone the costs of food, clothes, and other basic needs.

Doug Ford's government is also planning to redefine what counts as disability for recipients of ODSP, and how they are going to do that remains to be seen. There are fears it will become even harder for people with dis-

abilities to receive the help they need.

People with disabilities are especially vulnerable, they need all the help they can get. It remains to be seen what will happen to them if they don't meet the new requirements.

Ford claims to be a politician that's for the people, yet his actions seem to be waging a war on the working class and those vulnerable. With all the cancellations and changes that now cut costs, surely there must have some surplus of funds to go around, where some of that money helps those who actually need it.

The amount of assistance people get from OW and ODSP should be increased so they can they can look for a job while being able to take care of themselves. Jobs don't just fall out of the sky for people, it is hard to get work since most jobs require a certain amount of experience.

Social assistance should be tailored to meet individual needs, instead of a one size fits all strategy, which clearly doesn't work. A paltry \$721 a month with an income threshold of \$300 is not going to help anyone very much.

OPINION

No easy route to good journalism



Devin Nguyen
SENIOR REPORTER

Ronan Farrow accepted an award for his ground-breaking journalism about sexual assault on Nov. 4.

Farrow is at the centre of journalistic discourse because of the multiple investigative stories he has broken for *The New Yorker* in 2017 and 2018. His most noteworthy story, the investigation into the several sexual assault accusations against Harvey Weinstein, won him the 2018 Pulitzer Prize for Public Service.

Farrow was invited by the Canadian Journalism Foundation to receive the CJF Special Citation for excellence in journalism and have a conversation with *The Globe and Mail's* Robyn Doolittle on Nov. 4 at St. Lawrence Centre for the Arts.

Even after three rounds of screening at Toronto Pearson International Airport, making him almost 30 minutes late for the event, Farrow took the stage and accepted his award with poise.

"There is so much authoritarian rhetoric directed against the pursuit of the truth and there is so much misdirection and brazen lying," he said.

"And so, what this award represents and what reporters around the world are doing, like Robin, is a part of the solution," Farrow said.

Considering the current crisis journalism is facing as an industry, it was heartening to witness two

journalists, who have achieved so much before the age of 35, speak about the industry with insight and optimism.

Both Farrow and Doolittle, have achieved great success by producing top-quality investigative journalism and have not capitulated to the pressures that have forced many journalists to resort to partisanship and sensationalism.

Although Farrow was the main attraction, Doolittle is a star journalist in her own right.

She helped report the story revealing the late Rob Ford smoked crack cocaine while being Toronto's mayor during her time at the *Toronto Star*. Doolittle later joined *The Globe and Mail* and produced the award-winning series *Unfounded*, which revealed one in five sexual assault claims are dismissed by police forces across Canada.

Farrow and Doolittle were happy to get into the fine details of reporting, sourcing, investigating and researching tough stories in front of a sold-out crowd of journalists and people passionate about journalism.

Farrow said special care has to be taken when dealing with sources that are making sexual assault claims because of the sensitive and traumatic nature of the claims.

He said he is grateful for his sources' bravery and candour in coming to him but often has to explain his relationship with them will not always seem supportive and friendly because of his role as a journalist.

"There can be, in the heat of the story, an uncomfortable tension," he said.

"I'm going to be stress-testing your claims. I'm going to be digging into every possible response that people could throw at you to try to impugn your credibility," Farrow said. "That's not always going to feel like a friendship"

Doolittle felt similarly about her

own reporting.

"I'm a journalist. I'm not an activist. I'm not going to write 'I believe all survivors' in a story and I'm not doing you any favours by not rigorously investigating your claims," she said.

Strong journalism comes from an unbiased position. Even in stories in which one might be tempted to take sides, Farrow and Doolittle demonstrate the importance in remaining unbiased and bound to the facts.

"The greatest justice that you can do for these kinds of claims, and to difficult newsworthy claims in general not just sexual violence, is to listen to them," Farrow said.

Journalism and entertainment increasingly overlap as social media platforms like Twitter, Facebook and Instagram have accelerated the news cycle to a dizzying pace.

Twitter especially, with the nature of a 280-character thought, lends itself to polarization and unnecessary combativeness.

"It's specifically designed to ward us off of stories that people don't like," Farrow said. "It encourages that kind of dialogue."

"Everything gets thrown into this cauldron of mistrust," he said.

Farrow said some people don't understand that he is just trying to present the facts so people can make up their own minds.

Journalism is being stretched in every direction as the industry redefines itself under new expectations.

Journalists are challenged every day to resist the urge of the easy option — the easy option which is polarizing, unnecessarily combative, overly sensational and reductive.

Farrow and Doolittle demonstrate in their work the strength necessary to fight that urge with resilience, patience, thorough understanding and a commitment to the truth under any circumstance.



Kit Kolbegger
EDITOR-IN-CHIEF

The Progressive Conservatives will likely be debating whether or not "gender" is real at their next party conference, in a resolution called R4. I can't say I'm surprised.

I have identified publicly as transgender for 11 years now. Waking up to the news that someone, somewhere, doesn't believe I exist isn't an uncommon occurrence.

The Ontario Tories voted for R4. The U.S. government issues a memo that could roll back protections for trans people that were only granted a couple of years ago. The World Health Organization won't be officially removing "transgenderism" from its list of mental illnesses until 2022 at the earliest.

Gender expression and identity has been wide and varied for millennia. Many First Nations recognize people as "two spirit," a third gender identity. There have long been hijras in India and Pakistan. There are muxes in Mexico and fa'afines in Samoa.

And yet, the debate still rages over whether we exist, or if our identities are just "liberal ideology."

Even within the queer community, trans people are often left fighting their own battles. It wasn't a gay white man who threw the first brick at the Stonewall Inn — whatever Roland Emmerich's pink-washing film *Stonewall* might show you.

And at Trans Day of Remembrance last week at Queen's Park, the community said nothing while two

transpeople were arrested. One dared to interrupt the moment of silence. The other stepped in to defend her. I didn't see any tweets from the police-run Twitter account @TDotGayCop about the incident, though the account posted other images from the event. (Police shouldn't be welcome at Pride.)

It is frankly exhausting to see these debates and events happen over and over again. Ford says R4 is dead in the water, that it won't have any impact. But it already did.

I saw posts on social media from people rushing to get their health card changed to match their gender identity, or rushing to put their legal name changes through, or worrying that OHIP would stop covering the gender-confirming surgery they have been waitlisted for.

Luckily, the trans community is safe from that for now. But for how long?

The right wing has nothing to lose in giving up their insane fantasy that trans people are out to destroy society, or whatever it is that makes them so willing to throw the whole community under the bus.

Gender identity isn't contagious. No one is out there trying to "turn the children trans." We pay our taxes — and we'd pay more of them if the median income of trans people wasn't \$15,000 a year, as Rainbow Health Ontario reported in 2015.

There is also a real cost to not accepting trans people. Rainbow Health also predicted that if society became more accepting, suicide attempt rates for trans people would plummet to 25 per cent.

And according to the Trans Pulse survey, for youth, having accepting parents is the difference between 4 per cent of youth attempting suicide and an overwhelming 57 per cent attempting it.

So, to the Tories, I issue a challenge: talk to us. Meet trans people where we stand, in our homes, our schools and our streets.

You might find us not quite so non-existent after all.

EDITORIAL

Political leaders must stand up for striking Canada post workers

Whether it's the left or right end of the spectrum, the Canadian Union of Postal Workers (CUPW) can't seem to get political leaders to stand up for workers' rights.

Following weeks of rotating strikes across Canada, CUPW was hit with back-to-work legislation yet again.

BILL C-89, the "Postal Services Resumption and Continuation Act," was debated in the House of Commons last weekend. With the exception of members of the New Democratic Party, who staged a walkout in solidarity with CUPW, MPs had largely turned their backs on workers' rights.

On Monday night, the Senate voted to officially pass the legislation with a 53-25 margin.

And this is the second time in less than 10 years CUPW members have been forced back to work.

Former Prime Minister Stephen Harper helped to undermine the union in 2011 when he tabled the back-to-work legislation that was passed 158 to 113.

This was ruled unconstitutional five years later when CUPW challenged the decision in court.

Yet only a few years later, Prime Minister Justin Trudeau has justified using it again — in the name of saving Christmas.

"The Christmas & holiday season is here — and Canadian businesses and families depend on Canada Post. We urge both sides in this labour dispute to resolve their differences quickly and reach a deal," Trudeau tweeted.

Canada Post representatives are also saying there could be package delivery backlogs extending into 2019, putting Christmas gifts at risk of arriving late.

This strike is being framed as the union trying to cancel Christmas while a bereaved Santa Claus wrings his hands because his elves won't make any toys for the children.

But these not-so-jolly elves are striking to resolve many of the same issues they tried to fix during the 2011 strike. CUPW has been bargaining with crown corporation Canada Post for nearly a year to improve working conditions, including workplace safety.

The weight of soaring e-commerce has been pushed onto the backs of carriers who are more likely to be injured on the job than ever before as packages grow in number and weight.

Workplace injuries have increased 43 per cent over the past two years, according to CUPW.

Pay equity is a hotly contested issue once again as rural carriers are

being paid by their route size and not by the hour, like their urban counterparts. This effectively leads to rural workers being paid less for doing the same job.

And both urban and rural CUPW members are fighting for a reduction in the amount of overtime they work.

CUPW called on its members to institute an overtime ban on Nov. 1 and to work no longer than 40 hours a week.

"Postal workers will refuse overtime, including letter carriers — who have experienced so much forced overtime that some of them are not used to seeing their families before dark," according to a CUPW press release.

Yet despite these long, back-breaking hours, postal workers still put in an estimated 260,000 volunteer hours last year for Cana-

da Post's letters to Santa program.

"Postal Elves" responded to 1.6 million children's letters that were sent to Santa in 2017, according to Canada Post.

It's easy to turn on the union for striking at such a critical holiday for mail delivery, but keep in mind these issues could have been solved in 2011.

Instead they were forced back to work, which significantly reduced any clout they might have been able to bring to the bargaining table.

CUPW are not the straw that broke the reindeer's back, they are the backbone of the holiday season and fair, safe working conditions with reasonable hours are a pretty reasonable wish list.

Using back-to-work legislation again to ignore these issues means Canadians can expect much of the same in holidays to come.

OPINION

Institutional silence regarding assaults at St. Mike's evidence of toxic culture



Ross Lopes
ARTS EDITOR

St. Michael's College School's sexual assault scandal is a reminder we as a community failed to protect the youth of our streets, not to mention failing at teaching young men the dangers of toxic masculinity.

What the boys of St. Michael's called a "hazing incident" — the act of humiliating someone in initiation rituals — was in reality a malicious act of male dominance and sexual violence.

Bill Dunphy, a former student from St. Michael's and retired journalist, said the message of stressing physical strength and domination starts with the teachers, the coaches and the administration.

In sports, Dunphy said, "They view the hazing as team-building. They view it as a rite of passage and initiation. I think that, the choice of how to initiate and build a team is rooted in that toxic masculinity.

"That unchecked leads to the kind of abuses — and they're wide spread and they're on a whole spec-

trum from minor, [such as] flicking your towel at somebody ... to physical assault, to sexual assault," he said. "Those are all points on a continuum that start from that basic idea of what it is to be a man, and it's wrong."

In the past month, there have been six incidents of sexual assault that were reported and most of them were videotaped. One in particular meets the definition of child pornography.

How do we find any justification that this type of behaviour is acceptable? Well one justification came from former St. Michael's principal, Gregory Reeves — who recently announced his resignation on Nov. 22.

"Toronto Police told reporters Reeves did not report the alleged sexual assault until officers, who had been contacted by media, showed up at the school on Nov 15," two days after Reeves knew about the assault, the CBC reported. CityNews Toronto reported Reeves said he held off on promptly informing police about the locker-room video because the victim hadn't yet told his family about the incident.

Dunphy said he thinks Reeves was following what he believed was best for the student body and the school and would get to his legal obligation in due time.

"It's understandable, but it's wrong," Dunphy said. "The danger is that the school portrays an attitude that it's something the school believes they can handle by themselves instead of bringing in the outside world, which then leads to the problems that are very familiar

with the catholic church."

The Ontario Ministry of Education requires public school principals to follow local police and school board protocols when involving police. Indeed, the ministry requires that if school board employees believe a student needs protection, they must continue to follow the usual procedure and call the children's aid society as outlined in the *Child, Youth and Family Services Act*.

Private schools do not have the same protocols. If they did, maybe it wouldn't have taken two days before reporting to the police.

NDP Education Critic Marit Stiles stated in The Toronto Star the Education Act offers little oversight or regulations in private schools.

Regardless of the reasoning behind Reeve's not immediately calling police, what happened should have been reported immediately. There is no justification for it. The silence we allow gives young boys the ability to think it's ok to do.

"The silence is the acceptance of it, it's establishing norms of masculine behavior and what it means to be a man," Dunphy said.

Currently, six boys face charges of assault, gang assault and sexual assault with a weapon, and police are still investigating a number of other allegations of assault and sexual assault at the school. St. Mike's should take this as a wake-up call, and make sure this never happens again.

"Doce Me Bonitatem et Disciplinam et Scientiam," or Teach Me Goodness, Discipline and Knowledge, is the school motto. They seem to be in short supply.



Justice A. T. McCormack
OP-ED EDITOR

Depression. One minute it could have you confined to a mattress for days on end. The next, it has you out in the world looking for adventure, because you feel as though your days will soon be coming to an end.

That feeling you get from your first heartbreak, the one that stops you dead in your tracks, accompanied with consistent thoughts of self-doubt, and the relentless thought of "why even bother to go on," — that is depression, and it is all the time.

Most suffer in silence, while others preach it to the world. But regardless of the volume of the cries, they're still all filled with seemingly endless pain. Depression has this not-so-funny habit of causing us to lose interest in the things we once loved more than anything, the things that brought us the most joy, be it a budding romance, an appetite for adventure, or what was once thought to be an everlasting eagerness for social interaction.

Depression sucks.

Depression leaves you feeling terrible, even though everything in your life is on the up and up.

With depression, you don't need

Mental illness is unbiased, unwanted house guest

a reason to feel like everything is crashing down around you.

You just do. You just feel. Depression is a slippery eel that always manages to find a way to slither into the sanctity of our mind, even though we do everything within our power to keep it out.

Quite like an unwanted house guest, depression doesn't need a reason to come over; it just barges in any time it wants.

It feels as though you are on the other side of the glass, watching your life uncontrollably unfold before your very eyes. Like a deer in the headlights, watching a car zoom towards it at 150 kilometres an hour, all you can do is helplessly watch as your life is forcefully taken away.

That is what depression is like. For the deer, given the choice, what is the point in moving — only to have to live the same battle day in and day out.

Depression is unbiased and wants everybody on its team. Those we believe to be the strongest and appear the happiest are often the worst sufferers of it. It's assumed that they do not require any help.

For those who are currently suffering with depression, you do not have to be ashamed for feeling what you feel. Do not be afraid to speak to those who will listen.

For those who know someone who suffers with depression, do not allow them to push you away. Let them know that you are here for them — not as a fellow sufferer, but as an understanding companion.

Depression does not have to mean the end. It can represent a new beginning. Acknowledging the problem is the first step upon the path to rejuvenation.

QUOTED

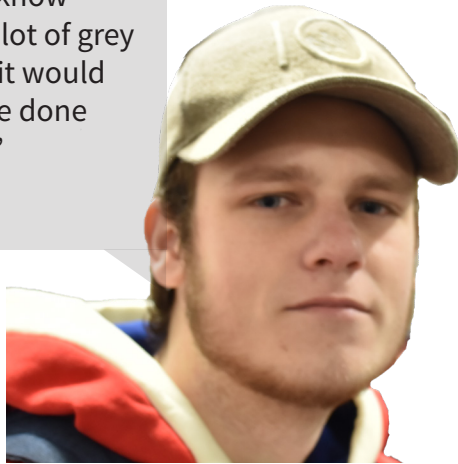
SHOULD WE DECRIMINALIZE ALL DRUGS?

“I don’t think so, I feel like it’s a good balance between what we have legalized and what we don’t have legalized.”



KRYSTA DURAN
MEDIA COMMUNICATIONS

“I think decriminalization would be a good thing ... I know there is a lot of grey area and it would have to be done properly.”



NOAH RICHER
MEDIA FOUNDATION

“I’m looking at it as a point, we’re looking out to help them so we should send [users] to hospitals and rehab. Not throw [users] right into jail.”



SHANNEL RAMBALLI
EARLY CHILDHOOD EDUCATION

PHOTO OF THE WEEK

TRANSGENDER DAY OF REMEMBRANCE AT HUMBER

Najla Edwards, an assistant at the LGBTQ+ Resource Centre, stands at the podium during Transgender Day of Remembrance on November 20. The day pays respect and remembers transgender people who have lost their lives. Hundreds of trans people die every year as a result of their gender identity.

BAILEY NANTAIS



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Summit helps improve Toronto sports programs

Jacob Phillips
SPORTS REPORTER

Managing sports teams' volunteers is a delicate balance between keeping them engaged and weeding out those who don't fit.

Humber College hosted the 2018 Toronto Sports Summit on Saturday. The summit was focused on the roles volunteers have in keeping community sports running smoothly and how to improve Toronto's many community sports volunteer programs.

These workshops include recruiting, risk management, retention, training, resources, networking and leadership.

The annual summit is funded by the Toronto Sports Council, the Toronto Accessible Sports Council and Humber College's Sports Management Program.

Joanne McKiernan, director of Community Engagement for Volunteer Toronto and a speaker at the workshop, said it is essential to keep the volunteer teams strong.

"The number one and two challenges everyone has is recruiting and keeping volunteers," she said. "And a big part of that is digging into why people care about volunteering."

"And as a volunteer manager you have to embrace the responsibility



JACOB PHILLIPS

Howie Dayton, Director of Community Recreation for the City of Toronto, gives Abeir Liton the Community Sport Volunteer of the Year award.

of thinking about why people want to be there as volunteers," McKiernan said.

She said when planning programs and engaging volunteers, the sports community teams recognize them in a way that's meaningful. McKiernan said she believes volunteers help make the Toronto sports community teams' world go around.

"You have to make sure why your volunteers want to volunteer and you need to show your volunteers you appreciate what they're doing,"

McKiernan said.

Vanessa Wallace spoke about the challenges of dealing with difficult volunteers.

"One of the most important things you have to learn as a volunteer manager is how to properly do the dismissal process," she said.

"You have to properly judge how your volunteers handle difficulties that they face and their performance on your team," Wallace said.

"It's also important to help coach your volunteers through

performance drops," she said.

"And if they still can't get their performance up, you learn how to properly dismiss them so they don't get angry," Wallace said.

One of this year's special speakers for Toronto Sports Summit was Karl Subban, the father of Nashville Predators superstar defenceman P.K. Subban.

Subban talked about on how to keep one's vision, perseverance, teamwork and what it means to lead.

Humber's own Jennifer Bennett, a

professor in Sport Management and Sport Business Management, has been in charge of making sure the summit goes well for three years now.

The purpose of the summit is "to come together with community sports leaders to help understand the sports environment," she said.

"We also want to make sure the students understand the challenges in the sports environment."

"We want to provide an opportunity for them to work with community sports leaders," Bennett said.

No pucks in the net for Hawks men's hockey team during semi-finals

Tyler Biggs
SPORTS REPORTER

The look on Coach Brett McCully's face displayed his disappointment briefly as he rubbed his forehead in frustration after the disappointing outcome.

The Men's Hockey team lost 1-0 during a shootout in the semifinals to the George Brown Huskies after a promising start to their tournament.

As the puck dropped the Hawks looked to take control of the game but couldn't generate enough shots on target to truly test the Huskies' starter. Despite having five chances on the powerplay, the Hawks were unable to score and the game ended in a shootout. Chase Dowell, Eric Fraser-Moore and John Ruppert all failed to convert on their opportunities, allowing the lone Huskies goal to determine the winner and push the Hawks to elimination.

Despite the lack of scoring when it mattered, the visibly flustered coach couldn't help but sense optimism for his team.

"I didn't want to peak," McCully said. "Obviously I didn't want this ending but it's good to get that loss so you can step up."

In the first game of the tournament, the Hawks faced the University of Toronto Mississauga Eagles and secured a 3-0 victory last Friday. The lone goal by Chase Dow-

dle in the first period stood as the eventual game winner. With under six minutes to play, Shawn Rooke drove the puck past the Eagle's goaltender to lock the game away.

Despite the victory, the Hawks had six penalties but it didn't seem to be breaking their momentum. They easily won their second game 4-1, with the two goals in the first period by Lucas Del Plavignano. But the team also gave the coach his second headache in the process by collecting seven penalties, while not being able to capitalize on their power plays.

"You play for the crest on the front, not for the name on the back," McCully said. "Just shoot the puck. We don't shoot the puck enough."

In the semi-final match, the Hawks collected an additional six penalties, giving them 19 in only three games, but they managed to kill all of them off. The Hawks also had 16 powerplays but failed to score on any of them.

Even though a loss can be difficult, Hawks rookie forward Eric Murray knows how these things are a learning process.

"Our loss was easily winnable," Murray said. "[We] take the good things from the wins and put them into our losses."

Fans can get flustered as well while attending games, especially when the goaltender is your son. Walter Porretta knows the game



TYLER BIGGS

Hawks forwards John Ruppert and Shamus Barr ring the puck off the post after passing the Eagles defense.

within the game that goalies face.

"Shootouts is a tough way to lose a game," Walter said of his son Nicolas. "With a little more luck in the end, but they played well all around, maybe more work on the powerplay." Despite the Dr. Jekyll and Mr. Hyde performance, the goaltending was a lone clear bright spot from the tournament.

The two goalies Andrew Robb and Nicolas Porretta only allowed one goal each in their combined three starts and earned a lot of love from the coach. The Hawks will now have a lone exhibition game on Dec. 4 against the Blyth Academy before their next tournament on Jan. 18 at the Seneca Newnham campus.



TYLER BIGGS

Hawks forward Avery Rodriguez racing Huskies defenseman for the puck.

HUMBER

Et Cetera

SPORTS

HUMBER'S STUDENT NEWSPAPER

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OVERTIME BLUES

MEN LOSE 1-0 IN SEMIFINALS
TO GEORGE BROWN

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