Canadian synchronized skating team takes silver at first world championships : p34

HUMBER Et Cetera

April 13, 2000 Vol 28 Issue 26

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Humber alumni stars for CBC, p19

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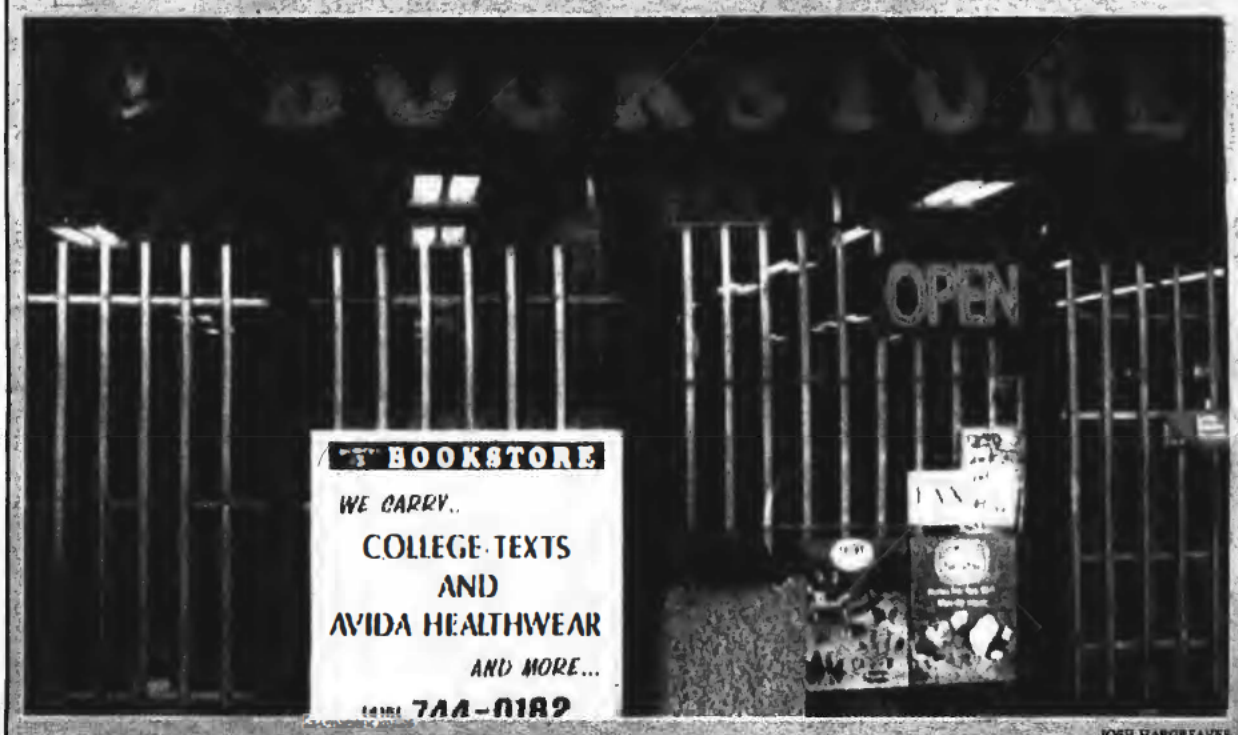
Admin blocks ad



JOSH HARGREAVES

Competition: Scorpio books located in the mall across Highway 27 offers text books at reduced prices, but was unable to advertise in the SAC student handbook this year because of pressure from Humber admin

Local book store wants to advertise wares for students

By Josh Hargreaves, Monika Rola, and Ross Thomas

Members of the Students' Association Council (SAC) claim to have been pressured by a college administrator into refusing an ad for their student handbook worth at least $1,800.

The handbook is distributed free to students by SAC, at a cost of over $32,000.

The ad in question was from the nearby Scorpio bookstore, where college text books can be bought significantly cheaper than at the college bookstore.

"It was implied that if the Scorpio ad ran, the college wouldn't run the [college bookstore] ad," said Lise Janssen, SAC leadership and program co-ordinator.

"[Gary Jeynes, director of public safety/ancillary services] basically made it understood that in order to keep a good working relationship between the college and SAC we should pull the Scorpio ad."

Janssen said she felt she had no choice but to refuse the ad since the college is a major financial contributor to the handbook, taking out around $10,000-worth of ads every year.

The college bookstore is owned and run by Follett Canada, a private corporation which operates over 500 bookstores on campuses across North America.

Follett advertises in the student handbook, paying up to $3,000 for their ad.

Chuck Decker, SAC vice-president, explained that SAC sent out letters to potential advertisers, including the college bookstore, to help pay for the handbook.

"Then Mitch [Walker, manager of the college bookstore] contacted Follett and Follett contacted [SAC]," Decker said.

He said that at no point should the college administration have been involved in what was essentially an arrangement between SAC and Follett.

Karen Donoghue, of Follett Canada's human resources department, confirmed that it was usual for a student publication offering advertising space to contact Follett either directly or through that campus's bookstore.

> *"It was implied that if the Scorpio ad ran, the college wouldn't run the ad"*

She said Follett would then deal directly with the publication concerned.

When first contacted by the Et Cetera, Jeynes said he recalled negotiating with Janssen regarding the Scorpio ad, but denied applying pressure.

"I would never give anyone an ultimatum," he said. "I don't know why she would say that. There was certainly no ultimatum, no implied threat."

However, Jeynes later said he could not remember the details of the negotiations with Janssen, and said he would make no further comment about the matter.

Evangelina Suntay, owner of Scorpio, paid $1,800 for an ad in the 1997-1998 handbook.

She said when she tried to renew the ad the following year, she was refused by SAC.

Tracy Boyer, executive director of the Ontario Community College Student Parliamentary Association and last year's SAC president, said she was told by "someone in admin" that an exclusivity agreement existed between the college and Follett.

Such an agreement would prevent SAC from accepting an ad from a competitor of Follett.

John Mason, director of ancillary services, said there is no such agreement in the contract.

Cliff Ewert, vice-president of campus public relations at Follett Canada's parent company, Illinois-based Follett Higher Education Group, said the company has no problem with advertisements from competitors appearing in the same publication.

"We advertise in hundreds of student publications, and many of them contain ads from our competitors," he said. "Why would we have a problem with it?"

Mason said "since Scorpio doesn't have a commitment to the college, we would like the college to support the college bookstore."

Follett contributes $10,000 a year in scholarships distributed by the college awards office. The contract also binds the company to carry every needed textbook and to operate within college specified hours. Scorpio is not bound by any of these regulations.

It's this type of commitment that justified standing up for Follett, said Mason.

"They also provide books in the library. So if you can't afford your textbook, it's in the library. So our preference is, of course, to support Follett who in turn supports the college," he added.

Janssen said that she would entertain an offer from Scorpio for an ad for the upcoming handbook.

"I have no problem with running the Scorpio ad," she said. "The college are the people that have a problem with it."

However, when informed of Follett's indifference regarding ads from competitors, Mason said the administration would not stand in the way of Scorpio placing an ad in the handbook.

JOSH HARGREAVES

Suntay: Wants to spend money

Photo of the Semester

"Untitled"

By second-year creative photography student Suzi Staheli

Parents breathe sigh of relief as CUPE strike ends

Daycare reopens after 10-day strike

By Michele Ho Sue

The strike is over and parents attending Humber can stop scrambling to find babysitters.

Over a week ago the Canadian Union of Public Employees (CUPE) municipal inside workers went on strike after being unable to negotiate over issues of job security, benefits and pay equity.

The city's 18,000 inside workers finally ended their strike and came to an agreement Monday morning, after 10 days on the picket line.

During the strike over 60 city-funded daycare centres were forced to shut their doors, leaving many Humber students without childcare.

Many parents who were unable to make other arrangements were forced to stay home.

Shelia Reid, a second-year Nursing student, had to miss school on the first day of the strike because she didn't have a babysitter.

Her two children both attend Willowridge Daycare Centre in Etobicoke.

"Apart from having to pay a babysitter, I had to pay someone else to pick my son up from the school bus," Reid said.

The woman who cared for her children also babysits three young babies and was unable to leave the house.

"It was very hard on me because it costs a lot," she said.

She was also worried about missing her final exam and found someone else to watch her children just in case her babysitter cancelled.

Nicole Maycock was in the same situation as Reid.

Maycock, a second-year Social Work student, had to turn to her family to take care of her three-year old son.

"If the strike continued then sooner or later I would have been forced to find alternative daycare because my family can not watch my child for an infinite period of time," Maycock said.

"The strike put thousands of children and parents in a bind," she said. "Parents had to search around to find childcare but I understand where the CUPE were coming from."

The strike also affected students interning at these facilities.

Rennel Smith is in her second-year of the Early Childhood Educator Program and has been doing her placements at the Ancaster Daycare Centre. While the strike stopped her internship, she was still supportive of the CUPE workers.

"I was for the strike. I saw people who have the same experience making far less, up to $10,000 less [annually], than someone else doing the same job, with the same training," Smith said.

Humber's budget looks good for next year: Rork

By Alison Taylor

This year's budget has yet to be approved by the Board of Governors but, said Rod Rork, things are looking good.

Rork, the vice-president of administration, is unwilling to discuss the budget in detail at this point, as the board is set to give their approval or disapproval at a meeting on Monday April 17, 2000.

"The college appears to be okay financially for the next year and will continue to make investments in laboratories and infrastructure to everyone's eventual benefit," he said.

Rork says that a similar amount of money as last year will be invested in academic equipment.

The budget follows a path that has been in place for the past five years, with emphasis on investment in information technology.

"It is hoped that we'll be able to put significant investment into the information technology infrastructure. This is a combination of catch up from prior years and the necessity to increase capacities," Rork said.

The budget is based on estimates of grants and tuition fees for next year.

Conservationists win green battle

Golf course proposal dies after refused deadline extension

By Lee Bailie

Environmentalists and concerned citizens have won the first battle to prevent a golf course from being built on Claireville conservation land.

But the fight to preserve the land may not yet be over.

On March 31, the board of the Toronto and Region Conservation Authority (TRCA) refused to extend the deadline on the course proposal.

The TRCA, owner of the conservation land, required the study to be presented by the end of March.

An extension was refused so the proposal died.

"It is dead. This was an opportunity lost," said Brampton mayor Peter Robertson.

However, there was significant public opposition to the proposal.

"[It was] a vocal and well-organized minority. A lot of people in Brampton didn't get a say," Robertson said.

Some citizens were very pleased with the outcome.

"I've talked to people with regards to the situation that's been going on here and they're really surprised that [the Royal Canadian Golf Course] would [try to] build a golf course on conservation land. [It's] conservation land, it's not to be used for commercial development," said 30-year Brampton resident Michele Boesener.

"I was very happy with the whole [outcome]. We wanted to make sure the message got out," said John Willetts, a member of the Friends of Claireville conservation group.

He said that if there was an advantage, it was with those in favour of the golf course.

"The mayor had many more opportunities to express his opinion. He has his own TV show, we don't. We had no staff, we used our own money," he said.

The land the RCGA wanted to use is in a very desirable location, in between the urban areas of Toronto and Brampton, just north of the airport and only minutes from the highways 407 and 427.

"The mayor had many more opportunities to express his opinion"

"It's a remarkable piece of land. [It] is the most natural and unspoiled [in the area]. [There is] very little vehicle traffic, [it's] mainly for walking," said Miriam Mittermaier, an employee in Humber's communications department and member of the Friends of Claireville.

"It was easy to get support. [There is a] large group of articulate and active people who love nature," she said.

The proposal included plans for a 45-hole golf course, a player development facility and the RCGA's administrative offices to be built on conservation land north of regional road 107 (formerly highway 7) in Brampton.

The RCGA still intends to build a golf course in the Greater Toronto Area.

"We have other options," said RCGA Executive Director Stephen Ross.

The Claireville proposal is a part of the RCGA's strategy. They are also planning to build courses in Calgary and Montreal, to help develop and promote golf in Canada.

It would have included a course that would have played host to future professional events, including the PGA's Bell Canadian Open.

It was also viewed by the RCGA as an eventual replacement for Oakville's Glen Abbey, which currently hosts the Canadian Open and senior Canadian Open tournaments.

"We were looking to build another Glen Abbey, bigger and better," Ross said.

Brampton was viewed as a very attractive site by the RCGA.

"This was an opportunity to locate our course in the city of Brampton near the airport. We are land-locked at Glen Abbey," he said of the lack of expansion room.

When asked if the RCGA would present another proposal for a golf course on Claireville land Ross' response was "probably not."

Still, some believe that the issue of building a golf course on Claireville may not stay dead.

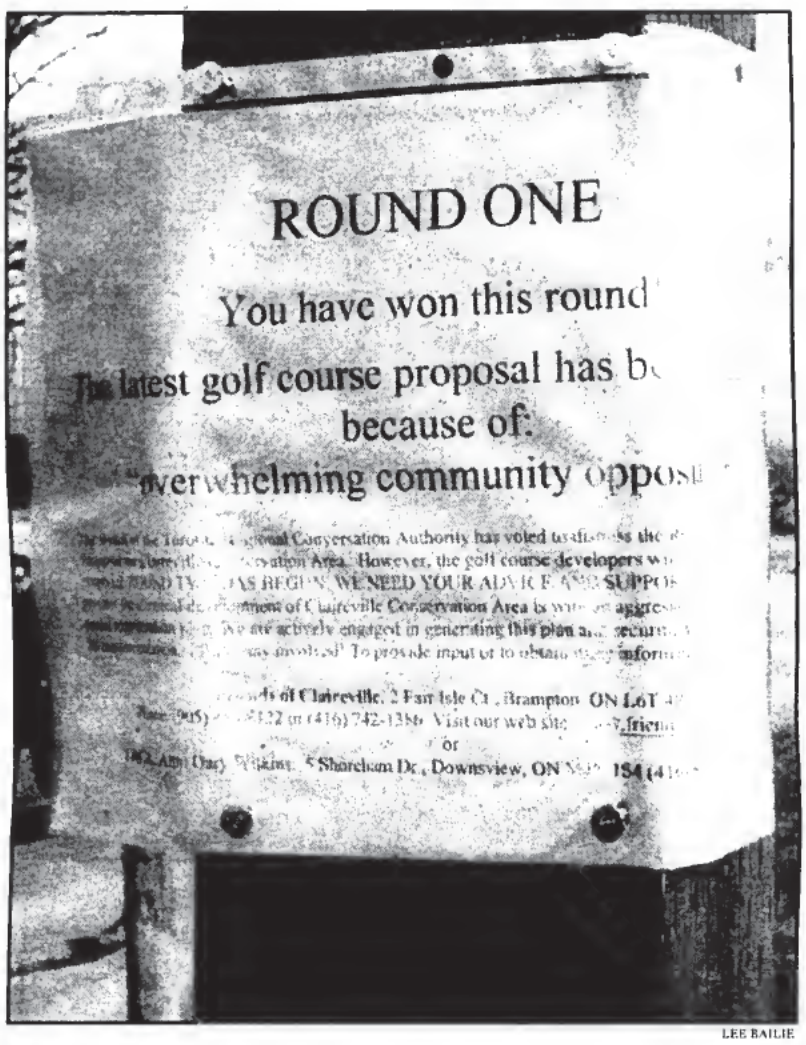
"I am confident that the concept of putting a golf course on the land will return.

"I think most of us who were involved assumed that we'll be back fighting again," said Rob Frank, coordinator of academic prep at Humber and member of the Friends of Claireville.

Those on both sides of the issue recognize that future development on Claireville may come down to money. The TRCA's provincial funding has been reduced by 70 per cent over the last five years.

"They are looking for sources of revenue," Frank said.

"All of the good things that the [TRCA] does costs money. [Revenue from development] is absolutely necessary for financing the land," Robertson said.



LEE BAILIE

Success: Sign announces conservationists' victory and asks for support

Concordia students reclaim washrooms

MONTREAL (CUP) – Concordia University students have voted in favour of asking a national advertising agency to give up most of its washroom ads on campus to the school's student union.

Last week, the Concordia Student Union (CSU) asked students if they wanted Zoom Media – which advertises at more than 70 colleges and universities across Canada – to hand over 85 per cent of the 280 bathroom panels it rents to advertisers on campus.

Sixty-one per cent of students voted yes to the question.

Following the vote, Michael Di Grappa, Concordia's vice-rector of services, hinted changes could be in the works.

"I'd like to sit down with the Dean of Students [Donald Boisvert] and [re-elected CSU President Rob] Green," said Di Grappa. "I certainly have some suggestions."

When that meeting takes place, says Tom Keefer, CSU vice-president of communications, the student union will be in a favourable bargaining position.

"I think that 61 per cent of students is a clear majority, when the question involved such drastic demands," Keefer said.

The contract between Zoom Media and the university currently gives the administration 10 per cent of the panels to distribute to departments or student groups.

Di Grappa refused to speculate on where the issue would go next, saying he first needed to talk to other parties in the administration, at Zoom and in the CSU.

Famine weekend big success

Sponsored hunger raises $84,000

By Lee Bailie

Surviving for 30 hours without eating anything may not sound like fun weekend activity, but the result can be very worthwhile.

Those involved with World Vision's 30-hour famine to fight world hunger have seen the benefits of sponsored starvation firsthand.

On April 7 and 8 it held its annual 30-hour famine fundraiser across Canada.

Rexdale Alliance Church was so successful in raising money that it will likely break its own world record for an amount of money raised by a single group.

"Our [campaign] was a huge success this year. [Everyone] worked really hard. We assume we have the new world record again," said youth minister Andre Turcotte.

Last year the church raised a record-setting $78,000 during its campaign. It set a goal of $100,000 this year.

According to Turcotte, $84,000 has been collected, with the final total still to be determined.

"As a result of last year, [the projections] have been bumped up a lot [for this year]. A lot of churches are doubling and tripling what they did last year," he said.

The enormous success of Rexdale Alliance has not gone unnoticed by World Vision.

"[They] have just been outstanding," said Glenn Waterman, World Vision's 30-hour famine manager.

World Vision is expecting to raise $3.5 million across Canada, with more than 2,000 community groups and 150,000 participants.

"Canadians are very generous in my experience. I am very pleased with the Canadian response," said Waterman.

Some of the money will go towards helping famine relief efforts in Ethiopia, and emergency relief for flood victims in Mozambique.

Last summer Turcotte visited relief efforts in Africa with eight young people from the church congregation.

During his visit he observed the construction of a well in a village where people had been drinking water out of a hole in the ground.

The money for the well came from World Vision.

"The happiness on these people's faces was incredible. They would just break into spontaneous song. I am so convinced that the money we raise changes lives," he said.

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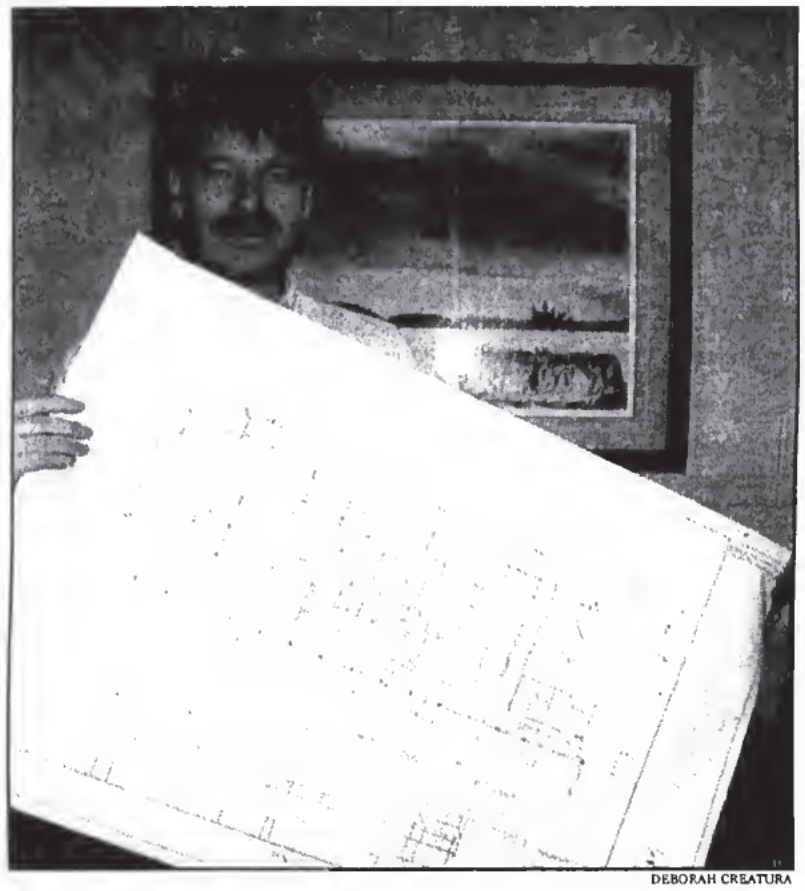

DEBORAH CREATURA

Proud: Doug Fox displays blueprints for new athletics dept. extension

Athletics goes to next level

Extension to dept. ready by end of year

By Deborah Creatura

Humber students can expect to be working out in high style come Nov. 2000.

A $2 million project is underway to build a second floor addition to the current athletics department.

"The equipment we are bringing in is going to be top-notch. We are not skimping. We are trying to give the students the service they have been asking for," said Doug Fox, director of athletics.

Dana Smith, Student Athletic Association president, is excited about the expansion, and said "the better facilities will make more people want to come and will give everyone who comes to Humber a good feeling."

Many students are excited about the second floor addition and the crowd it will draw.

"Yeah, I think it will be good. There is not much room now and it will bring more people," said Lindsay Higgs, front desk worker, basketball player and Humber student.

Nathaniel Singleton, of Humber's soccer squad and weight room supervisor, anticipates that the renovation will attract high school students in Sept. 2000.

"With the second floor there will be an attraction, and everyone is attracted to what is new," he said.

The new floor will be over the current office space that is next to the gym and stop at the squash courts.

"We have grown and grown and [the athletic facility] is getting a bit tired," said Robert Gordon, Humber College president.

The new floor will offer students and staff more choice and more room.

"The equipment we are bringing in is going to be top-notch. We are not skimping"

"There will be enhanced facilities, a fitness testing office, an aerobics room where we will have tai chi and karate classes, a weight room and a cardio room with windows overlooking the gymnasium," Fox said.

While construction companies are still in the process of bidding on the building project, the design firm Richard Williams and Richard Fenner Architecture Inc. have already drawn up the blueprints.

Building was anticipated to begin in May but Fox now says that the projected start date will be closer to July.

Ontario colleges KPI-OK

Humber finishes in top third of colleges

By Cameron French

The marks are in for Ontario's community colleges, and for the second year in a row, things are looking good.

The results for the group of surveys, known collectively as the Key Performance Indicators (KPI), revealed colleges showed overall improvement from last year in three main categories:

- Employment rates six months after graduation (90 per cent)
- Employer satisfaction with educational preparation of students (91 per cent)
- Satisfaction of graduates with their education (80 per cent).

"These results show that Ontario's colleges of applied arts and technology, and our students, are doing a great job – no question about it," said Howard Rundle, chair of the Committee of Presidents of the Association of Applied Arts and Technology of Ontario (ACAATO).

"Going to college pays off, and these figures show it. Not only do our graduates get jobs, employers say our grads have got the skills they need."

The scores indicated improvements of one per cent, 11 per cent and 11 per cent, respectively.

The results were released yesterday by the ACAATO, which administers the KPI venture along with the Ministry of Training, colleges and universities.

Humber did well, finishing in the top third in each of the three main categories for the second straight year.

Richard Hook, Humber's vice-president of academics, said Humber manages to stay on top by not resting on its laurels.

"We are always systematically adding new programs," he said.

Starting this year, the KPIs have been used to determine distribution for a part ($14 million this past year) of the annual college operating grant.

"Going to college pays off, and these figures show it"

The funding model distributes funds based on colleges' performance in each of the three main categories.

Schools that finish in the top third of each category receive the most funding, while schools that finish in the bottom third receive nothing.

The ACAATO has charged the funding model is unfair, as many of the schools are separated by only percentage points.

"The colleges were so closely clustered in many areas, that the arbitrary cut-off point effectively punished some colleges that had performed very well," said Rundle.

Peter Dietsche, director of institutional research at Humber, was involved in researching the KPIs.

He said the KPIs were meant to be used as a barometer for the overall success of Ontario colleges, rather than as a means to compare them to each other.

"We shouldn't be doing what everyone's doing, and that is comparing colleges," he said.

Dietsche said to do so would be to compare apples to oranges.

"They're located in different places, the type of students that go to the colleges are completely different from each other, and the faculties are different," he said. "It's a completely different program mix."

Hook says it's important not to overstate the importance of the KPI results.

"Obviously, a three per cent difference (between schools) doesn't mean all that much," he said.

Hook found fault with the KPI survey which showed Humber finished in the middle of the pack in terms of student satisfaction with facilities/resources in the college. Humber finished 16th out of the 25 schools, with a 62 per cent satisfaction rate.

"It's not fair to compare a college of Humber's size to a small one. In terms of facilities, smaller schools will do well because many of the facilities are under-utilized," he said.

Conestoga College led the field at 78 per cent.

Humber honoured by 'vanguard' recognition

Only college in nation picked for outstanding record of achievement

By Cameron French

Humber has received a rare honour by being named one of 12 Vanguard Learning Colleges (VLC) in Canada and the United States.

"It's an honour and a privilege to have been chosen," said Humber President Robert Gordon. "Humber has always been committed to putting learning first and this recognition confirms that we're on the right track."

Gordon's office reports that Humber was selected for its outstanding record of achievement in learning-centered education.

Humber was the only Canadian college so honoured.

As a result of the selection, Humber will become a model for institutions around the world.

The project is sponsored by the League for Innovation in the Community College.

As a Vanguard Learning College, Humber is committed to five years of participation in all VLC projects.

These include programs, workshops, conferences, evaluation activities, collaborative alliances for experimentation and additional funding, and the sharing of project results via studies, publications, and other venues.

The colleges were chosen by a selection committee.

Humber qualified because of a number of pivotal conferences and meetings hosted by the college, as well as Humber's extensive staff development program.

All of these criteria were seen to demonstrate Humber's commitment to learning and innovation.

FILE PHOTO

Humber: Outstanding record

Fatal shootings near campuses

Shot to death on Finch

Within the last week, there has been a murder near both of Humber's campuses.

Six days ago, a Rexdale teen was shot dead outside of a public housing complex.

Police say the victim was shot behind the ear, making him Toronto's 13th homicide victim of the year.

Toronto Police said the 19-year-old man was shot in the parking lot of the complex, located on Martin Grove Rd. north of Finch Ave.W, just after midnight on Wednesday.

The public housing complex is approximately two kilometres from Humber's North campus, less than a five-minute drive.

Police describe the shooter as black, six-feet two-inches tall, wearing a denim top, jeans, and a black hat with a red band.

Anyone with information should call 23 Division at 808-2300 or CrimeStoppers at 222-TIPS.

-Michael Stamou

Man shot near Lakeshore dies

Discovered in park bordering campus

By Steve Chester

Police are unceitain why a 22-year-old man was shot in the head next door to Humber's Lakeshore campus.

It is not known whether or not the shooting at Colonel Samuel Smith Park was planned.

But Erneil Edric Archer did not wake up to tell his story after he was taken to hospital early Monday morning.

Archer died in hospital around 1:30 p.m. Monday, 11 hours after being found between the Gatehouse and the plaza containing Rabba Fine Foods and Woodhouse Pub, on Lakeshore Blvd. and 13th Street.

The Gatehouse is a centre for the abused, and is beside the classroom buildings at the Lakeshore campus.

Lakeshore staff and students are concerned, but most do not fear for their safety.

Frank Esposito, a first-year business administration student at Lakeshore, said he was not surprised when he was told about the shooting Monday afternoon.

"It's a weird area," he said. "There's lots of places for people to hide. A lot of stuff goes down here, and I don't know why."

"The neighbourhood community has notified us of increased disturbances in that area," said Det. Kim Carr of the Toronto police homicide squad.

Carr explained that the disturbances have been mostly non-violent, such as noise and loud parties that have recently been bothering the neighbourhood.

Esposito said he occasionally travels through the park.

He does not feel unsafe, but said you can never be certain about what you will see.

STEVE CHESTER

Close: Police tape marks the place of discovery next to the campus

"Farah Kahn was found not too far away from here," he said. "I don't want to go walking down the woods and see an arm or something."

Peter Maybury, director of student/campus services at Lakeshore, is not deeply concerned about trouble in the park.

"The community has notified us of increased disturbances"

"Of course it's safe," he said.

"But we've had two difficult circumstances. Obviously, with this kid being shot ... and with that young lady, that little girl that was dismembered like that, you wonder.

"It's like anything in the city. If you're going to go walking someplace at two or three in the morning, it doesn't matter where you are."

Maybury added that the neighbourhood surrounding Humber's North campus is far more dangerous than at Lakeshore.

"It's a Jane and Finch corridor," he said. "It's a rough area. Far, far tougher than here."

Lisa Marucci of the Gatehouse said that no one was at the centre at the time of the shooting.

She was surprised to hear about it, but said she knows it won't scare anyone into not visiting them.

"A shooting like that is totally out of the blue," she said.

No one at the 24-hour Rabba store claims to have seen anything, and the Woodhouse Pub was closed at the time.

"I used to live on 13th Street, and think it is very safe," said Anja Laur, a waitress at the Woodhouse. "I used to walk home by myself. Only now has it become like this."

Maybury agrees that times have changed.

"You used to be able to go anywhere and everywhere in the city," he said.

"We used to hitchhike all over the place. There was just never any fear, never any concern. Now, you've got to watch where you go, you've got to know where you're going, all that stuff. It's just the way things have changed."

U of Guelph rez 'virtual war-zone'

Damage caused by students runs into thousands of dollars

GUELPH, ON (CUP) – As soon as the University of Guelph announced that Mills Hall would be converted into co-educational space, the all-male residence became a virtual war-zone.

Campus police were called to the building five times on March 1, the day the announcement was made, responding to reports of broken windows, torn down exit signs, damaged ceiling tiles and other physical abuse.

Since then, the situation has escalated. On March 12 a chandelier was smashed, while most recently someone has tried to light the building on fire.

ACTION

The incidents forced the University to take action.

"Resident assistants (RAs) were expressing concern for their safety," said Keith McIntyre, director of Security Services.

"So now we have controlled access to the building. There are also two city police officers stationed there at night and a fire prevention officer in at regular intervals."

Many tenants at Mills feel the University is over-reacting, calling the current environment in the building a lock-down.

But Brenda Whiteside, acting associate vice-president (student affairs), believes the additional measures are justified.

"What's been done is excessive. The only people that are getting hurt are the students"

"Our main concern is to provide an environment that is conducive to studying," she said.

"We are entering into a period of exams, and we could not allow the noise, the damage and the behaviour to continue and expect students to be able to study."

NOT JUSTIFIED

Mark Kaminski, president of Mills Hall Council, disagrees.

"I don't think the lockdown is justifiable," he said.

"Student Housing believes that the building is not an academic-friendly environment, but it is. I haven't personally received any complaints from students who couldn't study, or whose lifestyle was infringed upon by the behaviour of others in the building."

Whiteside replied by emphasizing the dire nature of the situation for RAs in the building.

"We had hoped the situation could be resolved using our normal procedures. However, the situation has exacerbated to the point that we cannot have RAs on call," she said.

"They were working 10 hours straight. They were treated inappropriately by some of the men and guests in Mills, and even harassed when not on call."

PRAISE

Whiteside, along with McIntyre and Kaminski, praised the work of the RAs.

"I cannot say enough about the loyalty of the RAs and their desire to work with the men in the building," said Whiteside.

"Now we have controlled access. There are two city police officers stationed there"

"Even when we had to find other rooms so they could sleep, even when we were having to support them when they found threatening notes on their door, and even when they were being verbally abused they still wanted to work with Student Housing Services to support the men in the building."

DAMAGE

Allan McInnis, director of Student Housing Services, has been at the University since the 1970s.

He says has never seen as much damage done to any one building.

"Since the decision was announced over $7,200 in damage was done. In the six months previous to the decision cumulative damage totalled only $6,750," he said.

"What's been done is excessive. The only people that are getting hurt are the students in the building. They are not hurting me or the administration by doing this," he said.

Kaminski is also a little surprised at the amount of damage being caused.

"To a point I can't blame them for their frustration,"he said.

"I can't excuse the damage though. I've been telling my residents not to give satisfaction to the administration, not to make them feel like they made the right decision."

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NEWS WIRE

OTTAWA (CUP) – The federal government is committed to dealing with the problem of homelessness, says the cabinet minister who co-ordinated a national report on the issue.

After last fall's announcement of $750-million in funding to combat homelessness, Ottawa is on its way to dealing with the problem on a broad, long-term basis, said Labour Minister Claudette Bradshaw..

KAMLOOPS, BC (CUP) – When an expedition team arrives in the South Pole in nine months, they can partly thank a group from the University College of the Cariboo.

This past Monday, an expedition team from eight different countries departed from the North Pole in a nine-month pole to pole trek.

As part of their training, team members converged on Kamloops to paddle the Adams river in preparation for river sections they will encounter in the United States and South America.

"This team has got an unbelievable challenge ahead of them," said Ian Kirschner, a kayak instructor.

FILE PHOTO

Prez-elect Toby: Will be intimidated by move to larger campus

Toby Warnell: 'nervous but very adaptable'

SAC prez-elect talks about life, politics, and midget lacrosse

By Alison Taylor

As President of Lakeshore SAC, Toby Warnell is a familiar face in the halls of Humber's smaller campus.

And after winning the recent election to become the new SAC president for North campus, he will soon be a familiar face there as well.

This win ensures that Warnell will be the first president of the Humber Students' Federation (HSF) when Lakeshore and North campus amalgamate their SAC offices.

"To be honest, yes, I'm nervous. But I'm very adaptable," he said.

"I think the nerves will end after the first couple of days without a doubt. It'll just be a tad intimidating going from 2,000 to 10,000 [students] but I don't think it's something that I'm really too worried about."

He doesn't have too much to worry about with his three years of experience on the student council.

Warnell fell into student politics almost by accident. In his first year at Humber he had friends on the student council who urged him to participate.

So while pursuing a diploma in Business Administration over the past three years, he has also devoted his time to SAC in various positions.

As a business representative for Lakeshore SAC in his first year, Warnell was involved in trying to set up a pub night with one of the local bars. Lakeshore students don't have the luxury of a bar on their campus.

From there, the idea of student politics began to intrigue him more, he said.

"I thought that maybe if I move up I can get more responsibility, and get more involved in the school," he added.

This is exactly what he did, moving up to vice-president in his second year, then to president this year.

Warnell thinks his experience and knowledge of the HSF negotiations will stand him in good stead for his new job.

"Personally I think it makes everyone more comfortable... I know it makes me more comfortable especially since I've been involved in the project almost since day one," he said.

Warnell is at ease talking to students and getting feedback on issues that concern them. He aims to have a more direct link with students next year so that they are better represented by the HSF.

He is open to student suggestions.

"It doesn't matter what it is. No idea is a stupid idea. So even if it's the craziest, wackiest idea, you can't just shoot it down, you have to look at it. You never know right? Some of the craziest, wackiest ideas have turned into fabulous inventions."

By opening these lines of communication Warnell would like to ensure that in the next election there is a higher voter turn out.

He disagrees with the pundits who claim that election delays contributed to only 600 of the 12,000 Humber students casting their ballots.

"A lot of it has to do with student apathy but there are ways to combat that. We're just going to have to come up with new methods.

"Even if it's the wackiest idea, you can't just shoot it down"

"I think that if you can start getting feedback from day one of how we can run things better, I think that's the biggest key to improving voter turn out."

This summer will be spent preparing for next year as well as coaching a midget lacrosse team in Etobicoke. "I played four years junior and they treated me like gold when I played there so now I'm returning the favour. I enjoy doing it and I want to stay involved in the game. Coaching gets me involved right away."

It has been a long haul getting HSF set up and attempting to define an independent incorporated student government. But Warnell is excited for the change that is about to take place.

"We've set up a constitution that is really damn good," he said. "We're trying to set a standard and precedent for future student government's to work off of."

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Ontario funds entrepreneurs

By Chad Heard

Students still facing a summer of unemployment can take heart.

The Ontario government provides loans to students and recent grads to start up small businesses. An average of 700 loans were handed out to potential student entrepreneurs to help fund their business.

The Young Entrepreneurs program offers graduates with loans up to $5,000 and the Student Venture program offers students with up to $3,000. The loans have an interest rate of prime plus one per cent and must be repaid by Dec. 31.

Susan Armstrong, project leader for the loan program, said it operates as a partnership between the Royal Bank and the Ministry of Economic Development and Trade.

Applicants fill out a questionnaire – essentially a simplified business plan – and an account manager at the Royal Bank decides whether or not to approve the loan.

Eighty-five per cent of applications are approved.

John Tracogna, a manager at Enterprise Toronto, a business advisory program, said the key to successful qualification "is to come up with a sound business plan."

The government-funded program has four offices in and around Toronto to help potential entrepreneurs develop successful business plans.

The program helps with such areas as market research, financial planning, and developing Web sites.

This service is offered free of charge, and counsellors are available for meetings.

"We're a one stop service centre for entrepreneurs and small businesses to get started and grow successfully," Tracogna said.

Through their partnership with major players like Bell and IBM, advisors help potential applicants attain business relationships.

"I'm always impressed with the ingenuity of the applicants," Armstrong said. She recalled some former successful entrepreneurs opening up inline skating schools, setting up hotdog carts, manufacturing harps and co-ordinating Asian wedding ceremonies.

Armstrong says the opportunities are countless. Franchise opportunities are also possible as well as agricultural prospects to raise livestock or grow crops.

"Small business is a risky venture and I don't think our success rate is any higher [than usual]," Armstrong said.

"But students seem to do really well ... just as well as the adult population."

Armstrong recommends students considering the loan program should read the application thoroughly, think it through and talk it over with friends and family.

Faculty get chance to travel

Chinese university funds teacher exchange program

By Chad Heard

Humber is offering business teachers an opportunity to teach in China.

Frank Franklin, chair international, is looking for a teacher to participate in the ongoing relationship Humber has with Ningbo University.

"We send Humber College teachers out to deliver our courses to the students and eventually the students come to Humber," Franklin said. The three-year program has resulted in a total of six teachers travelling across the world and as a result, 25 students from Ningbo University have come here.

Ningbo University is located just outside of the city of Ningbo which is home to approximately four million people.

Franklin believes it's a wonderful opportunity for Humber faculty. "It's better than being there as a tourist for two to three weeks. You really do get to see [the country]," Franklin said.

Alix Yule taught marketing research and introduction to finance at Ningbo from Feb. to July 1999, and agrees with Franklin.

"I had a delightful time," she said. "It's really a wonderful opportunity if somebody just wants to do something completely different and learn about a new culture and see new things."

"The students are very focused about their studying, they're interested in doing well," Yule said, speaking of the students she taught. The students do study in the English language so communication between teacher and student is possible.

However, the program isn't for everyone. It requires a commitment of at least four months. Humber usually sends one teacher for the third semester and another for the fourth.

"Unless you're free and single and you've got the mobility, it's something you really need to go home and discuss," Franklin said.

He added permission from the school is required before his screening process begins.

"You have to be independent," Yule said. There aren't many other Canadians or other foreigners around, she said, but "I was really pleasantly surprised by how open and friendly people were."

Franklin said the program requires teachers with experience teaching business courses such as advertising, finances and business management.

Ningbo University pays the airfare, wages, accommodation and the cost of replacing the out-of-town teacher, said Franklin. The program doesn't cost Humber anything.

It benefits Ningbo, Franklin said, by providing students with an escape from the overcrowding faced at universities in China.

"I had a delightful time. It's a wonderful opportunity to do something different"

"I certainly came back feeling positive about China and the progress the country's making," Yule said.

Yule laughed as she recalled one aspect that might surprise travelling teachers.

"[China] can get cold in the winter," she said, but the classrooms don't have any heaters.

"Here people walk into class, take off their coat and hang it on the back of their chair. There, you have to keep you coat on for the whole class."

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WEIRD NEWS

DIVORCE COURT

LUSAKA, Zambia (Reuters) – A man seeking divorce from his wife has been told by judges that he must work harder in bed.

Christopher Phiri wanted to divorce Naomi Kamanga on grounds that she had had an abortion and had often come home late.

But the presiding judges ordered him to "stick to your wife and work harder in bed."

They said hard work would lead to another pregnancy.

WITCH HUNT

ORLANDO, Fla. (Reuters) – A man armed with a dagger who hitchhiked across the United States in search of a death duel with members of the Wiccan faith was convicted on interstate stalking charges, prosecutors said on Tuesday.

According to trial evidence, John Bosch spent 13 days hitchhiking 3,000 miles with an 18-inch dagger in order to continue harassing a family who practiced the faith that worships nature and is sometimes associated with witchcraft.

"John Bosch continually had challenged the family to duels to the death, which he testified that he believed was final justice according to old Celtic law,'" Bucella said.

ENDURANCE LOVERS

LONDON (Reuters) – Sex on the eve of a big race is good for marathon running, according to a survey carried out for the organizers of Sunday's London marathon.

"Every competitor planning to build a last-minute lovemaking session into their training program will run faster than those who don't,'" organizers said on Tuesday.

ROLLER COPS

LONDON (Reuters) – Police in London's Royal Parks clipped on their rollerblades for the first time on Wednesday to pursue blading youngsters.

Equipped with knee pads, helmets and handcuffs, the "cops-on-a-roll'" were also hot on the trail of thieves and drunks.

They do face one problem – patrolling in the rain can be lethal, so in a downpour they will have to revert to plodding round the park on foot.

Wanted: four new governors

Humber looking for external members of Board of Governors

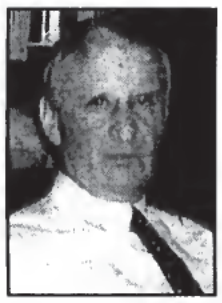
By Stephanie Sawitz

Humber College is looking to appoint four new members to its Board of Governors.

Nominees must come from the community at large and not from anyone with a direct affiliation to Humber.

This means full-time employees of a college and their spouses are ineligible.

"The call was put out across the college to ask for recommendations for those with an interest and to make sure it's representative," Val Hewson said.



Gordon: Needs accountability

Hewson, the executive assistant to President Robert Gordon and the Board of Governors said the board receives the nominations, reviews them and then makes recommendations to the Council of Regents, a body the college reports to, which in turn reports to the Ministry of Education and Training.

Gordon said those outside of the college are given a decision-making role at Humber because the college uses government – and therefore public – money, and there must be some form of accountability.

Another reason is for impartiality, he added. "People within [the Humber] community would have a conflict of interest," Gordon said.

The Board of Governors already has elected representation from within the college, with one elected representative from each of four groups: faculty, support staff, students and administration.

The president is on the board by virtue of office.

Gordon said ideally the board should be made up of people who have backgrounds in a variety of fields.

"We tend to have a very mixed board," Gordon said. "People who are very distinct, but who can act collectively."

The deadline for appointments was March 31, and the recommendations will be brought to the board in April or May.

Hewson says that since the Council of Regents must make the decision, the new appointees may not be confirmed until June 2000.

Positions opening up at Humber

By George Tsagaris

The retirement of Rod Rork, Humber's vice-president of administration, means there's going to be some pretty big shoes to fill come next school year.

A first look at the candidate list began last week, and interviews are expected to begin in a couple of weeks, said Nancy Hood, director of human resources at Humber.

"What we are looking for in the candidates is a broad portfolio, because the vice president deals with everything from physical resources to campus security," Hood said.

Although Rork is retiring from the vice-president's office, he will stay at Humber on a part-time basis to supervise projects such as the Lakeshore campus renovations.

NEW POSITION

Meanwhile, the search is on for Humber's first director of marketing.

The new position will be responsible for attracting more students and businesses to the college.

"The new college marketing office is being established so we can build a cohesive plan for Humber's future," said Kris Gataveckas, vice-president of business development.

Because the education industry is becoming more and more competitive, Humber must gauge and manage its way through the market place, she said.

"We can't just rest on our laurels. Adding the marketing aspect won't let anything slip by," she said.

The new marketing director will be chosen by the end of May.

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Proposed bill makes parents liable

Proposed legislation could see parents charged up to $6,000

By Mark Bennett

Parents of children who intentionally damage or destroy other people's property could soon be held financially responsible.

The proposed Parental Responsibility Act aims to make parents accountable for property loss, damage and destruction deliberately caused by their children, Attorney General Jim Flaherty announced last week.

The Act would also make it easier for victims of youth property crime to obtain compensation up to a maximum of $6,000 through small claims court.

Staff Sgt. Fred Ellarby of the Toronto Police said the law is intended to prevent property damages caused by youth.

"The Act is intended as a deterrent to youth crime.

"It's a tool that should help clean up the problem of youth crime and help victims collect damages easier through the small claims court system," he said.

"Overall, the Act informs parents of their responsibility to be aware of their children's actions and to make every reasonable effort to prevent their children from destroying other people's property."

20,000 CASES

In Ontario in 1998 almost 20,000 cases heard under the Young Offenders Act related to property crime.

The office of the attorney general states that this is a problem that needs to be addressed, which is why the government is taking steps to establish accountability.

The announcement received lukewarm responses from some parents.

Monica Griffiths, a mother of two teenage sons, said the government is going too far by putting all responsibility for their kids' actions on the parents.

"It's a tool that should help clean up the problem of youth crime and help victims"

"It's a reactive law that doesn't show kids that they have to be responsible for their actions," she said.

"They have their parents to bail them out now that the law is forcing parents to answer for their kids' crimes."

Ellarby said that the new legislation makes allowances for parents who have kids who are incorrigible, but it's up to parents to show that they've tried their best.

"There are just some bad kids out there and no matter what their parents do, these kids won't change.

"The law expects parents to be able to show that their kids' crimes aren't a result of poor parenting or insufficient supervision," he said.

"As long as parents can prove that they did their best then they won't be held liable."

REASONABLE EFFORT

Brandon Crawley, a spokesperson for the Ministry of the Attorney General confirms that parents who have done a good job raising their children won't necessarily have to face paying for their children's crimes.

"As long as parents demonstrate that they've made reasonable efforts to curb the errant behaviour of their children, they won't necessarily have to pay; but it's on a case-by-case basis," he said.

If passed, the Parental Responsibility Act will mean that anyone who owns, leases or rents property can go to small claims court to sue the parents of a child for property damage up to $6,000, which is the maximum allowed in small claims court.

"It's a reactive law that doesn't show kids that they have to be responsible for their actions"

Parents are liable for property loss, destruction or damage caused by any child under the age of 18 unless they can prove the loss or damage caused was not intentional.

They must also prove the parent exercised reasonable supervision, and the parent made efforts to prevent the damage.

No access for security

Businesses in college given option of external security

By Lee Bailie

Some businesses at Humber need to feel extra secure.

Caps, the bookstore and the Sunshine Photo lab all have separate security arrangements from the rest of the college.

"It's just standard business procedure," said John Mason, director of ancillary services and customer relations.

These businesses are termed 'off-master,' which means that campus security does not have regular access.

Some businesses that want to operate on campus are given the option of using the security company of their choice to guard their business.

They typically have large inventories of goods that they want to protect.

With the exception of Caps, they are privately owned.

Restricted access helps them feel safe.

"Every business wants to be protected during off hours. The college [also] wants to be protected from accusations from proprietors [towards campus security]," he said.

In an emergency situation, however, the college can violate the agreement.

"If there is an emergency we can get in. If there was a fire, they'd just break the door down," said Gary Jeynes, director of ancillary services and public safety.

The policy is not new to Humber.

"It's been that way for as long as I can remember," Mason said.

When asked whether or not the nature of a business would impact their eligibility for outside security, Jeynes said, "No, not at all."

"It just [helps to] ensure the integrity of the premises," Mason said.

LEE BAILIE

Photo shop: One of the businesses with separate security arrangements

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Humber admin stings Scorpio

Every year the Student Association Council (SAC) produces a handbook containing useful information, lists of upcoming events and a day planner for the year ahead.

Since SAC gives a handbook free to every student, it also contains advertising to help cover the $32,000 it takes to make the handbook.

Every year Follett of Canada, owner of the bookstores in both North and Lakeshore campuses, places an ad in the SAC handbook.

And for the last two years Evangelina Suntay, owner of a nearby used bookstore called Scorpio, has tried to place an ad in the handbook, only to be refused.

SAC regularly complains of a lack of funds, and Suntay wants to give them $1,800 (or $3,000 for a spot on the inside front cover).

While $1,800 may not sound like such a big deal, that's $1,800 more than SAC would have without her ad.

That kind of money could buy, for example, a new computer for the SAC-maintained SAACNET lab.

So why was she refused? Does SAC not want her money?

Hardly. Lise Janssen, SAC's leadership and program co-ordinator, says the college threatened to pull the Follett ad, if an ad from Scorpio ran in the handbook.

While administrators deny having given such an ultimatum, it is worth asking what incentive the college would have for blocking Suntay's ad from the handbook.

Follett provides $10,000-worth of scholarships to students each year.

Follett leases a significant amount of space from the college for its bookstores, and that rent surely isn't peanuts.

Follett provides books for the college library.

"So our preference is, of course, to support Follett who in turn supports the college," says John Mason, director of ancillary services.

Whether or not the administration should be "supporting" Follett in this way is debatable, since Follett is supposedly just another corporation renting college floor space to sell their wares.

A far more important question is why SAC feels pressured by the administration into refusing the ad, especially since, officially, at least, the administration has no say over what SAC and Follett negotiate.

"I have no problem with running the Scorpio ad," says Janssen. "The college are the people that have a problem with it."

When controversy first erupted over corporate involvement in educational establishments, we were assured the relationship would be strictly professional and that students wouldn't suffer.

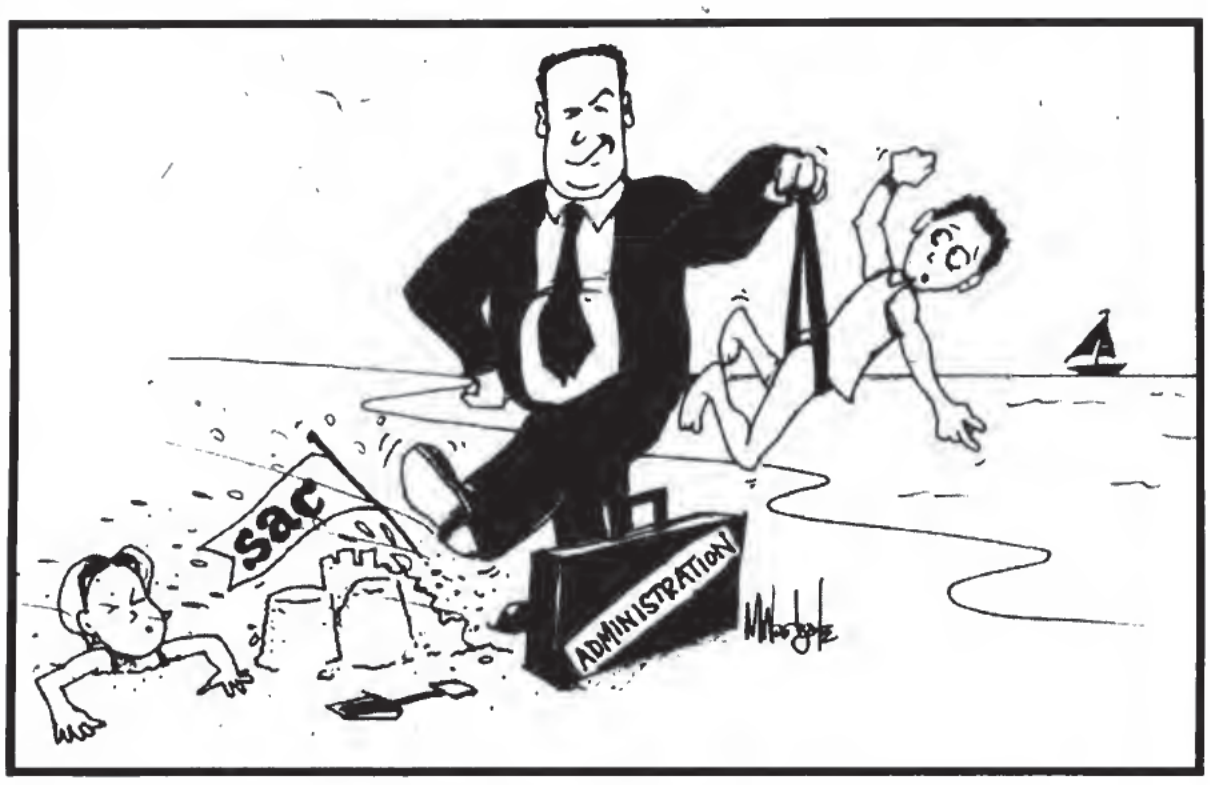
Unfortunately, again and again this has proven to be a lie.

This is yet another example of a college snuggling up to big-buck corporations, and to hell with the students.

Humber students should know there is an alternative to buying their textbooks at the college store, an alternative that could save them money.

Most of all, SAC should be able to accept any ad they want in order to provide this free service to students.

Since students are, ultimately, what education is supposed to be about.



Gobble's back baby

Hello again, for those of you who don't know me, the name's Turkey, Gobble the Turkey.

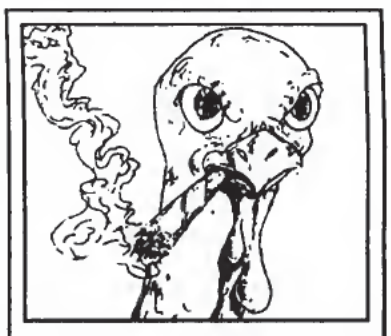
I wrote a letter around thanksgiving denouncing the slaughter of all my turkey friends, and now I'm back to give a cold and insincere farewell to my creator, David J. Wylie.

Unfortunately for all of his die hard fans (that as far as I know, are fictional) I would like to give my condolences.

I found the double-speaking, turkey-eating hypocrite munching on one of my relatives, so I decided to end his bird biting days with a round from my shotgun. What else is a turkey to do?

Then I took this final opinion entry from his dirty hands and read it. I rather enjoyed his summer themed prose, so I decided to send it to the Et Cetera staff.

Turkeys also dream of the approaching summer break. That's when we sit outside the coop, puffing on a fat Cuban cigar while sipping Wild Goose whiskey. Now without further rant, here it is:



GOBBLE T. TURKEY

Summer's here

School bells ringing, rejoiced voices singing

"Summer's here!" Let's start the drinking

Tightly packed beaches, martini on the rocks

Bikinis and trunks clothe all the drunks

Roll the top down while booming the bass

"Eh Tony, eh Vito- you wanna race?"

Yay Moosehead! Yay Bud! Yay Rickards Red

And don't forget Guinness. It gives the best head.

Hold on a second if I'm making y'all bitter

I haven't forgotten my good friend liquor.

Canadian Club whiskey is good for a thrill

Careful now clumsy! Look–it's been spilled.

Crown Royal and coolers are the best dating tool

You'll still be funny if you dance like a fool.

Oh no! One too many, it's time to pass out

Four beers, six shots, I think I've lost count.

Cool–see you later, cheers and high-fives

Please be responsible, If you drink don't drive.

Beware the ides of Gobble

Well that's all for this year. I hope that each and every one of you ruthless and conscience lacking animals have a wonderful summer. Just remember to watch your back man because you never know when Ill be stalking *YOU*.

Sincerely pissed off,

Gobble the Turkey

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Nightmare at Sherway

CHRISTINA KUDLIK

The lights are dim, all the power is off, and you're the only one around.

That's what it was like for me when I was stranded in Sherway Gardens for four hours after the mall had closed.

Why? Because TTC Wheel-Trans refused to pick me up early after I told them that this was an emergency situation.

But I have jumped ahead in my adventure, let's start at the beginning shall we?

Friday night, I decided to go to the mall and take in a movie by myself, a decision I would later regret.

After a full day of running around on my electric scooter, I arrived at Sherway Gardens for some well deserved shopping.

Everything was fine for about an hour, and then, I looked down at my battery gauge, which tells me how much power I have left in the scooter. It was in the red, which means charge me!

A second later I was grinding to a halt in the middle of Sherway Gardens.

Panic struck me, how was I going to get home? How do I get to a door? Who do I ask or call for help? I don't have cell phone, but now I realize it's a good idea to have one.

I played with the scooter for 15 minutes, getting nowhere. I finally grabbed my crutch and went to a near by store and asked them to call security. The sales person after calling, joked with me saying, "Yes, I see you're double parked."

At that moment my sense of humour was nowhere to be found.

When security showed up I felt much better, a little embarrassed, but better.

The two gentlemen ended up pushing the scooter to the entrance were I knew Wheel-Trans would come to pick me up.

And that's where the waiting game, and panic attack starts all over again.

By this time it was 9 p.m. at night and all the stores were closing. I called Wheel-Trans and told them that this was an emergency.

All they could do for me was to change my location pick-up which was supposed to be at the movie theatre across the street, but my pick-up time would still be at 11:30 p.m.

There was nothing I could do! I said OK to the change, but I wasn't happy.

I called all the wheelchair cab companies in the phonebook and every single one was booked up or busy. I wanted to get home! By this time security knew I wasn't going to be picked up until later. They had locked the doors from the inside and I was trapped like a caged animal. All I could do was wait!

Finally at 11:30 p.m. on the dot, Wheel-Trans showed and security let me out of the mall.

The driver wouldn't help me get my scooter on to the bus, so I was very grateful when one of the security men helped. When I got home I had to push the scooter into the apartment. I have never felt so happy to get in a door.

Nobody should ever feel as helpless as TTC Wheel-Trans made me feel that night. Wheel-Trans has certainly cornered a huge market.

The best thing the public could do is to create competition for them. Maybe then they would treat their costumers with respect.

A word of advice, make sure you carry cell a phone or a lot of change in your pockets when travelling.

Better yet, make sure you have a friend with a truck you can call for help.

Towel Snapping A-OK

FRANK MONACO

Sports is a good thing and in my world, the best of things.

Watching or playing sports gives me the total package.

People are always talking about going to a gym and working out. When playing sports, you get in shape and can develop that sleek, firm body that you have always dreamed of.

Still, aside from looking good, the benefits of being in good physical shape is huge.

Sports also keeps the mind sharp. Don't laugh! You'd be surprised at the study that goes on behind closed doors in the locker and video room. I've seen just as much research done on an opposing soccer team as a chess player would do on his opponent.

Nothing beats playing sports games because of the social activity it creates. The camaraderie with teammates can be unbelievably special. Yes, I love wedgies and snapping towels!

As far as watching sports on the tube, do I need a better excuse to get the boys over for a drink and engage in some sports gambling?

The thrill of match-ups and not knowing what will happen gives me just about the best damn "high." I know.

It could be that or the fact that I regularly bet on games.

It may be a little egotistical, but when you are good at a sport, there is nothing like strutting your stuff or show-timing a move and letting the whole damn world know that you are numero uno. So sports obviously boosts the self esteem.

I've been labeled as the defender of "Guy-dom" in my class, and it could be true but not on this.

I am happy to see more women share my point of view and participate in sports.

I would like to believe that on my final judgement day, St. Peter will hand me golf clubs, open the gates of heaven to reveal, side by side, a soccer pitch, ice rink, etc...etc....

I could argue forever on how everyone should play sports! It doesn't matter which sport as long as you play Play! Play!

I am not saying sports answers the questions to the meaning of life. Well. O.K. Maybe I am.

It's Sports.

Rock'em Sock'em Recreation Hockey

MICHAEL STAMOU

One youth speaks out against violence in organized sports

Violent acts have risen during the regular season, in the National Hockey League and in men's recreational hockey leagues across the Greater Toronto Area.

I work at the Beatrice Ice Gardens, which is a state-of-the-art hockey facility that has its very own men's hockey league.

I work there every Monday, Thursday, and Sunday. During these days, I keep the clock running, write on the scoresheet, and am verbally abused by these 20 to 40 year old men who are trying to play hockey.

In my four years at the Ice Gardens, I have seen some good hockey, brutal hockey, and brutal acts of violence.

One Sunday morning, I was on rink B and it was the first round of the playoffs when a player pulled a Marty McSorely and blatantly slashed a player across the head with a baseball-like swing.

Soon after the home run swing, all of the players jumped the slasher and proceeded to lay a five on one beating on him.

The convenors, referees, and myself didn't stop this gang beating until it was absolutely necessary.

You may think that is cruel, but if you are going to intentionally try to hurt someone with a weapon then you should get your just desserts.

The problem with recreational men's hockey leagues is that some of the players take the game and the league too seriously.

Matt Nailer, a convenor for the Ice Gardens Hockey League, explained the mentality of these players and why they sometimes take their aggressions out on the ice.

"For the most part, I'd say, most of the individuals recognize what recreational hockey is. They play for fun. For the other small percentile, they just take it too seriously," said Nailer

"They think they are playing for the Stanley Cup or are playing in the OHL".

Another scary incident occurred when a player ran into a goalie by accident and the goalie jumped up to try to avoid the player.

The player was stuck in the crease and when the goalie came down he landed on the player skates first, cutting him badly around the eye.

This nasty incident occurred one week after Toronto Maple Leaf Bryan Berard's scary eye incident.

The player needed 26 stitches to close the gash. But no violent acts occurred after the fact. The goalie showed a genuine concern and all of the players on both teams gathered around the injured player to make sure he was okay.

This was definitely a rare occasion at the Ice Gardens.

Nailer described why there has been an increasing amount of violence in men's recreational hockey leagues.

"Personally, I think sometimes some players are exuberant and some guys have only played recreational hockey, so they have never played "real" organized hockey."

"The players don't realize that a simple hook is not an act of aggression, but it is a way to take away a scoring opportunity."

The only way to stop the violence in men's recreational hockey is to teach the players how to play the game before they step on the ice.

They need to be taught how to take a penalty, how to react to a bad call, and how to play Canada's game, with respect for one another and for the love of the game. They have to learn to not vent their frustrations on the other players, as well as accept that as in life, sports aren't always fair.

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Jazzin' it up at Lakeshore

Night of Big Bands continues its success with stellar performance

By Nick Jones

Lakeshore campus was in for a colossal night of rhythm, during the continuation of the Humber music jazz series.

Special guest star Rob McConnell, stepped into the spotlight to entertain the fans on the Night of Big Bands.

McConnell showed his veteran stripes by breaking the silence with laughter even before the music took centre stage.

Twenty people filled the stage aligning themselves with their instruments in hand.

One of Humber's music directors even jumped in the trenches with the students to fill in on lead trumpet, while McConnell led the troops through the maze of jazz music.

The music produced by all these talented musicians was so thick you could cut it with a knife. Every song was like a massive production of sound, always having a different focus.

Joe Scattozi on guitar was the main attraction during, *Gee Baby Ain't I Good to You*. Although it was a lot easier for him to stand apart from the crowd because there was only one guitar player.

Five saxophone players sat on the same stage, but Anthony Miller was able to rise to the occasion during *If Dreams Come True*, when he got his chance to solo for the packed house.

Steve Dyte represented one of the five trumpets on the backbeat, where he dazzled the crowd with his power and range.

The music was so thick you could cut it with a knife

The entire first act was tremendous with its individual talent and group effort. Rob McConnell even dropped his conductor's stick to pick up his trombone from time to time, adding to the gigantic wall of sound.

McConnell was back for the second half of the show, with a new entourage of musicians. During one song McConnell had a dual of trombones with Charlotte Mould, who held her ground against the jazz great.

Peter Van Huffel and Johnny Griffith both showed the crowd how to work a saxophone, during their individual solos. Emily Thompson made her presence known with her dazzling trombone display, while Ian Monro played his trumpet with passion and soul.

The Night of Big Bands was a huge success with a large contingency of fans cheering and clapping for all the right notes the musicians hit.

The immense amount of work everybody put in to the performance paid off. McConnell was the icing on the cake, putting on a great show with his music, leadership and comedic timing, that never let the night go stale.

NICK JONES

Harmony: Rob McConnell (front) leads the rest of the band through a solid performance

Humber cleans house

Et Cetera grabs more OCNA hardware for the trophy case

By Kaslyn Clarke

Humber continues to top the competition after winning six awards at the Ontario Community Newspaper Association annual awards banquet held Saturday night at the Airport Marriott Hotel.

"Humber stacks up well against the competition, not only among the other college and university newspapers, but also among the professional papers in the province," said journalism professor, Terri Arnott, who attended the ceremony.

"Humber is on a roll when it comes to winning, every student who won an award gets an opportunity to feel good about the work he or she has done, and it adds to their sense of pride," Arnott said.

To date Humber's newspaper and magaines have won 13 awards overall, within the last month and a half.

"I hope students go away with the feeling that 'yes, I worked hard and somebody noticed.' Even more significant is that it's a way to showcase our talents to the people who do the hiring."

Former *Et Cetera* staff, Billy Ikosipentarchos and Jeremy Relph led the way with a second place win for a Citizenship and Multi-culturalism award against all community newspapers in the province.

Ikosipentarchos also received an honourable mention for a series of humour columns in the *Humber Et Cetera* last year.

"The awards mean a lot because it's a recognition of hard work," said Ikosipentarchos, honoured for his work on a series of articles on the Jane and Finch community.

Ikosipentarchos said winning the multi-culturalism award speaks strongly about Humber.

"Humber College is already aware of the city being multicultural but generally the media isn't," he said.

"I wanted to represent the community in a positive way instead of it being the stereotypical ghetto it is usually portrayed as," he said.

"There's a belief that misery and death sells, but a human-interest story is just as important to the public."

Ikosipentarchos says his advice is, "No matter how wacky you think your ideas are, just go with it and you'll be surprised at who will agree with you."

Humber won three of four student writing awards and placed third overall for college and university papers.

Other Humber winners were Andrea Houston, who won second place in student writing for a feature on Drug Smuggling. Trevor Haché's, *Portrait of the Artist as a Young Street Man*, took third place and Doug Glazebrook's article *Sweep them to the Curb*, finished fourth.

All the articles were in *Et Cetera* magazines.

"It felt great, I was on cloud nine for the entire night because it's not often you're recognized for what you do," said Houston, honoured for her work in the *Traveller's Check*.

"There's some great stuff that comes out of Humber, and it was a big pat on the back when I won."

She says the win came at a time when she was having doubts about her choice of professions.

"I was questioning if I was going the right way and then this happens and it reassured me that I was doing the right thing," she said.

"I don't think student writing is recognized to the extent it should be, there should be more awards like this."

Her advice to students is: "Just do your best and be passionate about your work and when you have a passion your voice comes out and it makes a difference because you will be recognized".

The winners will be honoured at a small ceremony put on by Humber's journalism department.

"It's a really good way to end the year," Arnott said.

OCNA PHOTO

Billy: Proving his humor pays off

APOLOGY

The *Humber Et Cetera* greatly apologizes for the many errors in the story, *Seventh semester holds fifth reading*, published in the March 23 issue.

We are sorry for the embarrassment caused to the participants and organizers of the event.

Lifeline Fellowship, bonding in Jesus Christ

Relate your problems to the Bible in the halls of Humber

By Corinne Hester

The Lifeline Christian Fellowship (LCF) is a club that gives Humber students a chance to study the Bible and spend some time with fellow Christians.

"We just have bible studies. And if someone comes in and asks, what does the Bible have to do with anger we just focus the Bible study and deal with your question right there on the spot. So it's more laid back and low key," said Club President Christine Chan.

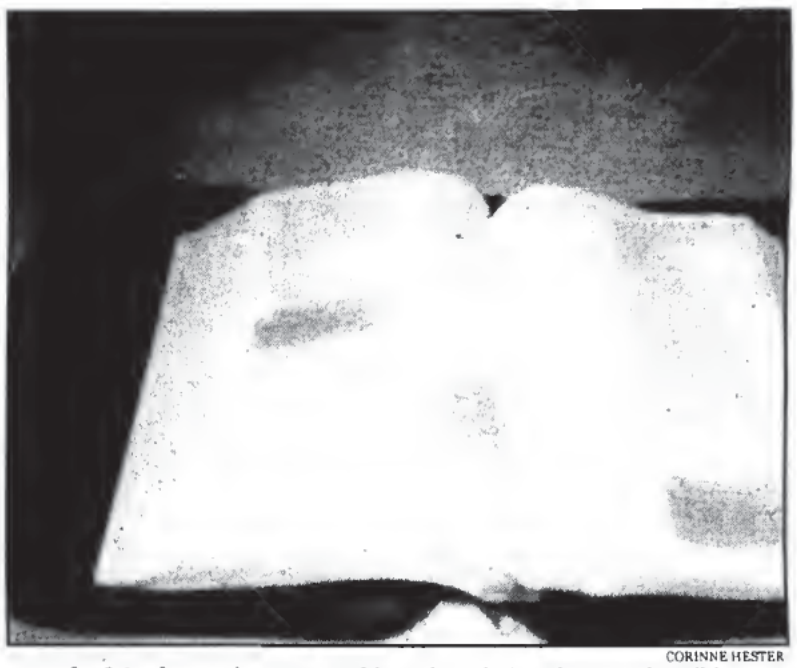
The club has about 30 to 40 members, and hold many events outside of their regular meetings.

"We have anything from retreats to dinners, potluck, that kind of thing. We go bowling. A couple of weeks ago we had people from the naval academy come up and sing songs and perform skits. Stuff like that," Chan said.

The LCF was created eight years ago by former chaplain Randy Galoway.

Every Thursday from 10 a.m. until 2 p.m. the LCF has a table set up right outside Tall Hats as a way of making them known to their fellow students.

The club meets three times a week at the North Campus and once at Lakeshore.



CORINNE HESTER

Word of God: Resolve your problems by relating them to the Bible

"We started the club down there last year, it takes time to build up," Chan said.

Chan has been president of the Lifeline Christian Fellowship for two years. She graduates this year and will be handing the reins over to someone else.

Also stepping down is vice-president Boun Phanthasomchit. The two are not sure who will be next in line to run the club, but are confident that someone will.

The club is student run, with a little help from campus minister, Len Thomas. Thomas, who considers himself the "resource person," has been the staff advisor for the last two years, and he is not yet sure if he will return.

Both Chan and Phanthasomchit hope he will stay on. Thomas said he will still be teaching at Humber so it is likely that he will stay.

"It might be good for continuity sake," Thomas said.

Next year the club will most likely do the same sort of things they are this year, but build on them. They already have a plan in place to introduce first year students to their club. From Aug. 18 to Aug. 23 there is a trip to Ottawa Valley Pentecostal Camp.

"That's kind of like a big kick off to the year. It's right before school starts," said Thomas.

"We started the club down there last year, it takes time to build up"

"It'll give new students who will be here a head start to know that we exist and if they want to come out just for the week-long retreat they can. [It] encourages them to take on the leadership role," Chan said. "That way we can pick up where we left off."

There are more activities planned before summer vacation. The club will hold their end of year dinner on Saturday, April 14. The club also has a two-week mission trip scheduled.

For more information call 675-6622 ext. 5101.

MSA club to continue next year

Plans to entertain Muslim community are in the works

By Saadia Hussain

The 200 members of the Muslim Student Association (MSA) meets every Friday after congregational prayers.

In the meetings, issues such as upcoming events are discussed.

Things are decided "with the consultation of the [Muslim student] community in large," said SAC president Muhammad Virk, who is also an MSA member.

So far, the MSA has had "Eid dinners, got a larger space for Friday prayers, participated in club fairs, and have had information booths," said Virk.

NEXT YEAR

"The events for next year will most likely be the same as this year," said Virk.

"Further ideas have yet to be explored," he added.

The MSA will be around next year because "the Muslim community is growing and there is a need for it," said Inam Ahmed, president of MSA.

For those who want to join the MSA, they can be contacted at their voice mail: (416) 675-6622 ext 5105 ext 250577#, or at their e-mail: humber_msa@yahoo.com.

The MSA also has a mailbox in the SAC office.

HISA meets with everyone

Not only students with Indian background

By Saadia Hussain

Not everybody in the Humber Indian Student Association (HISA) is from an Indian background.

Some are from countries such as neighbouring Pakistan, and Bangladesh, as well as Africa.

The 20 to 25 members are getting together to plan for the last few events of the year.

"Right now, we're getting ready for Vaisakhi 2000 next week on April 13. At noon, we're going to have dances, and we're having a stall with samosas and mehndi," said Nadia Mohammad, HISA treasurer.

Some of the events that took place last semester were "the culture thing, and we had a dance and stall [there], we had a pool competition," said Mohammad.

"This semester we had roses for Valentine's Day," she said. This event had been advertised for two weeks, and most of the items were sold out in 20 minutes.

"We were in the Culture Dance competition at Western University. We didn't win, but we came within the top five," Mohammad said.

Those who want to join HISA are invited to attend a meeting first, said Mohammad. After that, the person can e-mail HISA, at which time they will be invited to join.

"The meetings are every Thursday," said Mohammad.

"For the first half hour, we ask each other 'how has your week been'. Then we start talking about what needs to be discussed. Such as 'I gave you this responsibility, is it done? Do you need help? If you do, help him or her,'" she said.

For more information contact HISA at their e-mail address: hisa2@hotmail.com.

HEAT-ing it up

By Anton Yewchyn-Pawczuk

The Humber Environmental Action Team (HEAT) brought a host of local environmental groups and a healthy dose of awareness to the student centre last Wednesday.

Larry Saldanha, director of HEAT, helped organize the event in partnership with Earth Day Canada by sharing the same concern.

"The main goal for us here is to build awareness, and help people realize the environmental issues of various groups in different areas."

HEAT focused on Toronto and the immediate problems and potential solutions surrounding the city's environment.

They also asked for immediate action by getting students to sign Earth Day posters and to volunteer for environmental activities.

One particular issue closer to home was displayed in the, Action to Restore a Clean Humber booth. Here students could sign up to take part in the localized clean up of the garbage-ridden campus.

Humber's Arboretum booth displayed more than fifty pictures of the parkland at its best.

With spring here, the environmental fair tried to remind students that nature's beauty at the Arboretum is only a parking lot away.

Some local Toronto groups such as the Metro Region Conservation Authority (MRCA) were also hosted by HEAT's environmental fair. MRCA was also trying to remind students that parkland and wildlife are alive and well in the city.

Mariano Singzon, of the MRCA addressed the barriers to a clean environment.

"One particular area we are targeting is new immigrants to Toronto and we're trying to integrate them into mainstream environmental awareness."

In their plan, called Community Development for Multi-Cultural Environmental Stewardship Singzon hopes to bring attention to environmental concern through action.

Singzon's plan is essentially a three-step process. They visit ESL centres and do a presentation on local parkland and the environment, take ethnic groups out for nature walks in local parkland and involve the various groups in tree planting and adoption of an area to keep it clean.

The groups represented at the environmental fair hope to change the definitions and perceptions many of us have of the environment.

Singzon couldn't have said it better: "Everybody knows the Don Valley Parkway, but how many know about the Don river?"

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Humber's High Society Smokin'

Roaring '20s motif gives awards night some spice

By Albert Leonardo

There were footsteps leading to the Seventh Semester, and the outline of a body.

A gangster provided the password that opened the door into the secret world of the roaring '20s. On the right, a bar and a cigarette girl with a New York accent offered the patrons free chocolate smokes, compliments of Al Capone.

This was the scene for the 17th annual Students Appreciation Awards Night, which honoured both students and staff who have performed beyond the expectations of Humber College.

In total, 12 awards were presented, including nine student appreciation awards and the Judy Harvey Student Services Spirit Award, which was presented to Stacey Platt, Laura Tarrant and Stacy Gloster.

"[I] had no idea I was even nominated for the award. I am surprised and glad I could share this award with the two other residence assistants," said Platt, a second-year Public Relations student who was also the vice chair of the Humber High Society.

"The awards show recognition to deserving students and it's good for their confidence"

Judy Harvey, now in her 15th year at Humber as dean of student services, described the award as students working as peers with other students.

"The award adds credibility because it is a sign of trust from one student to another...it is positive recognition," Harvey said.

Child and youth worker student, Tara Kalliwitz said she was honoured she won an award because I was nominated by a faculty member, and it shows the amount of respect we have for one another."

"The awards showed recognition to deserving students, and it's good for their confidence," said Mike Beleza, promotions chair.

JAMIE QUINN

Winners: Recognized by peers

JAMIE QUINN

Stylin': Humber PR students dressed to kill for the High Society awards

NOTICE OF ANNUAL GENERAL MEETING OF THE COUNCIL OF STUDENT AFFAIRS

(All Humber College full-time fee paying students are members of the Council of Student Affairs)

Tuesday April 18, 2000
at 3:00 p.m.
in the Student Centre
Humber College, North Campus

For the Purpose of Voting on:

- **Dissolving the Council of Student Affairs (CSA) Corporation**
- **Appointing and Converting elected SAC members to HSF members of the Board of Directors**
- **Appointing the Auditors**
- **Approving new Directors of CSA**
- **Approving Financial Statements**

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The new game in town

One-armed bandits take over the horse races

By Sean O'Hara

Woodbine racetrack has denied allegations it's expanding its gaming facilities into a full-blown casino after the opening of the track's 1,700 state-of-the-art slot machines.

After 18 months and more than $100 million were spent on renovations and the addition of the slots, new dining and bar facilities and updated betting areas, Woodbine has taken the steps to attract a new and broader audience.

David Willmot, president and CEO of Woodbine, said the decision to expand and renovate the racetrack was a move by the racing industry to capture a larger share of the entertainment and gaming markets.

"We hadn't stayed modern. You had the Air Canada Centre and SkyDome and people coming to the race tracks for the first time, were seeing washrooms that hadn't been changed since 1956," he said.

The new lottery machines range from 25 cents to $5 a pull, and are managed by the Ontario Lottery and Gaming Corporation, a government organization that pockets 80 per cent of the revenues.

BEEFING UP

Woodbine's security has been beefed up to meet the demands of the thousands of visitors expected each day and the renovations have created 450 new full-time positions.

Willmot denies any speculation that Woodbine is slowly becoming a full-fledged casino with the introduction of the slot machines and rumours of expanding to other forms of gaming such as blackjack and roulette tables.

"That is not our call at all, that will be purely a government policy," Willmot said. "Any expansion in the future would be done after lengthy public consultation."

GAMING POLICIES

Willmot said the government is carefully watching their gaming polices across the province and moving in responsible ways, adding that Woodbine has the right to stop any expansion if they think it would affect the existing horse racing setup.

"Certainly at the moment we're very very pleased with the synergy between the slot operations and horse racing," he said.

Woodbine and Hamilton's Mohawk Raceway, which received a $25 million face-lift plus slots; will now compete with the three commercial casinos in Windsor, Niagara Falls and Rama.

"All of a sudden the place was empty, the fun and excitement that used to be here at the race track had disappeared"

Woodbine has seen an increase of its on track betting by about 25 per cent since last year's renovations and expects more with the opening of the slots and the finishing of its new look.

Ralph Galle a Toronto resident says he is impressed with the new facilities and was surprised with the professionalism of the new Woodbine.

"Considering I enjoy the horse industry, it now allows me to bring my wife and I know it's a place where she can now enjoy herself too," Galle said.

RACING

In the last two decades the racing industry in Canada has suffered and has lost the excitement it once was known for. However that could change with Woodbine's new approach by combining casino and racing.

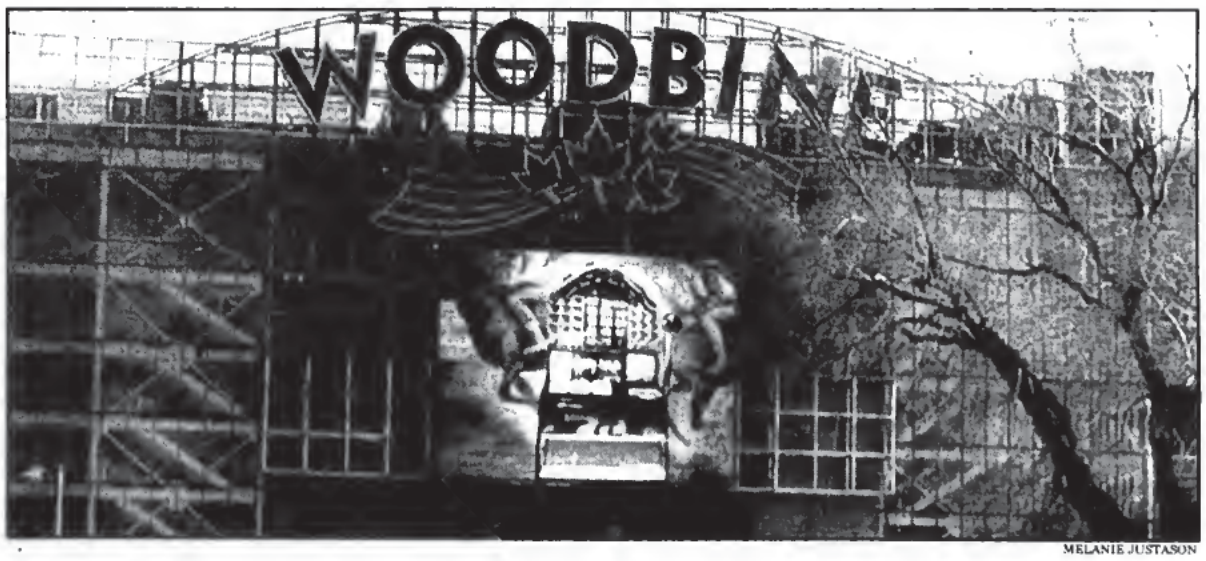
Harry Braiden, a horse trainer and member of the Ontario Jockey Association says that thoroughbred racing was dying at Woodbine but the introduction of slots it could save the industry all together.

"The purse money is going to be so high now and people will be investing in horses again," Braiden said.

Willmot denies that adding the slots was a move to revitalize the racing industry and claims it was already on the rise in the last three years, creating thousands of job opportunities.

The introduction of tele-theatres or off-track betting, Willmot said it was a very unanticipated move, which led to much of the business moving away from Woodbine and Mohawk. The result was people staying away from the racetracks and betting at the off-track sites, and the overall loss of the racing interest.

"All of a sudden the place was empty, the fun and excitement that used to be here at the race track had disappeared," Willmot said. "Racing wasn't declining last year or before the first slot was ever turned on. Now all that excitement has come back in the last two years and we're drawing people back."



MELANIE JUSTASON

Slots: Over a thousand slot machines are waiting for gamblers to take a pull and win big at Woodbine

DARREN LUM

Bikers: The Toronto International Spring Motorcycle show

Rev up for spring

Bikers invade the international centre

By Darren Lum

The 11th annual Toronto International Spring Motorcycle Show was held this past weekend at the Toronto International Centre.

The snow storm that blew into Toronto didn't dampen the spirits of several thousand motorcycle enthusiasts. A few die-hards even braved the elements riding their motorcycles to the show.

The 45,000 square feet of space was jammed with 200 exhibitors and vendors, 30 motorcycle clubs with 300 motorcycles on display and for sale. Also on hand was Canada Life Insurance, a leather fashion show and a memorabilia auction where rare, used and custom bikes were bid on.

Sean Ralph, a 29-year-old motorcyclist, said "A couple of years ago it was bigger. There's some good deals out here, though. No 2000 bikes. It's salvage yard stuff mainly."

This show isn't about seeing the new models. There is a different aim than the North American International Motorcycle Super Show in January, which saw a recorded 55,000 plus visitors. "This is a commerce type of show rather than the industry manufacturer show," said show organizer Peter Derry.

"I do this to be a part of motorcycling...to give people a place to meet other people interested in motorcycling. Almost every aspect of motorcycling [is addressed], from getting insurance, purchasing a motorcycle, and riding gear, to parts for their bikes. Anybody riding can appreciate this show."

Derry, an owner of five motorcycles, wants the show to be educational for the general public interested in motorcycles. In the first two months of this year national motorcycle sales were up by 17 per cent, with Ontario seeing a 26 per cent increase.

Great deals abound at the show from the new to the rare and obscure.

"There's some good deals out here"

"That's one of things about the show. What we have is a relationship with motorcycle stores where they will come in and build what we call a 'superstore'. We have four superstores. They bring a huge amount of inventory. Some of the latest gear and some of the not-so-latest gear. You can find deals here that you will not find anywhere else," said Derry.

Dave Brown, who is in charge of Special Projects, said a few of the groups at the show were the Christian riding group and the Canadian National Institute for the Blind (CNIB).

The official show charities were the Canadian International Motorcycle Heritage Museum and the Ride for Sight. The custom bikes on display were valued at $20,000 to $30,000.

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The flowers are ready to spring into action

Planning is key when planting your garden

By Jenn Mossey

April showers bring May flowers. So for all the greenthumbs at Humber, the time to start planning is now.

Although it is still too cold to start planting, Laura Berman of the Toronto Community Garden Network said that planning what seeds to use, arrangements of landscaping and soil preparation is essential early on.

"The air may be warm, but it takes a lot longer for the ground to warm up so that plants can survive," she said.

Before anything is planted, the soil must be prepared and ready.

"The most important thing about gardening is the soil," Berman said. "If the soil is lousy, the plants won't do well."

Baleria Wuschnakowski, from the Home Depot Garden Centre, agrees with Berman and said that soil preparation is a key ingredient to planning a successful garden.

She said now is the time to do the early maintenance, such as clean flowerbeds, cut back and trim any perennial growth and apply fertilizer.

Berman suggests using natural organic fertilizers, such as compost, mulch, and if you're brave enough, manure.

"Don't approach gardening as hard, because it's not"

"Soil feeds from the nutrients of the natural fertilizers, making soil healthy and rich," she said.

Berman compares healthy soil to a healthy body. By feeding and taking care of the soil, it will allow plant growth and fight against infestations and bugs, similar to the way our bodies grow and fight disease and infection.

However, she warns against using chemical fertilizers, such as Miracle Grow or Weed 'n' Feed.

"They only end up doing more harm than good in the long run," Berman added.

A HEAD START

Avid gardeners have already started their seeds indoors under fluorescent lighting and will replant them outdoors once the weather gets warmer. Indoor planting gives them a head start.

However, some vegetables, such as lettuce, spinach, peas, and flowers, like pansies and crocuses, can be planted outside earlier.

"They don't mind the cooler weather," Berman said.

Gardening can be a relaxing and productive passtime said Berman who encourages others to get involved.

"Don't approach gardening as hard, because it's not," she said. "It just takes time."

Berman reminds gardeners to start small and not to take on too much, especially if you're a beginner.

"Don't try to re-landscape your whole garden in one year."

Instead, she suggests taking your time and consulting lots of books, magazines and websites for ideas and tackling problems.

JENN MOSSEY

Bloom: Where have all the flowers gone? Spring has sprung at the Humber College Arboretum

Vibrancy voltage for spring 2000 fashions

Warmer tempatures bring brighter more feminine clothes

By Natalie Davis

Spring is finally here, and this season's fashions for women are blooming with vibrant colours and eye catching prints.

Gone are the days of the uniformed utility look of cargos and khakis, this spring fashion has reverted back to femininity.

"It's all about skirts to the knee, and colourful blouses and lady-like handbags," said Michael Schaeble, Assistant editor for Flare Magazine. "It's about looking polished and presentable, as opposed to someone who's about ready to trek upside of a mountain."

Humber Fashion co-ordinator, Maria Bytsrin agrees.

"The whole cargo/utility look is really kind of dead this season, we're now looking toward the softer silhouette look," she said.

Bystrin also added that to go with the feminine look, vibrant and bright colour would make its appearance.

"We've been hearing about it for the past few seasons, but everyone still wears black," said Bystrin. "Finally for the first time this season, we will see nothing but colour extending from our blouses to our pants to our shoes."

In the April edition of its magazine, Flare reports that the new fashions for spring are about sexy shapes, pretty prints, thrilling textures and non-conforming personal style.

"Fashion is always ever-changing, but ultimately it's reactionary and it's usually a response to what was before," Schaeble said.

NATILIE DAVIS

Fashion: '40s floods are back

"This season, a lot of the uniformity that we saw before is now being reacted against in a lot of the individuality that we're seeing now."

Many of the cuts are also different this year, such as tops with ruffles on the neckline, or the sleeves, along with tops with a pointed hem.

And among some of the leading fashion houses this season Schaeble mentions Prada, Louis Vuitton and Celine.

"These designers really captured the mood of the season with a very lady-like collection," said Schaeble.

Along with the big names, Bystrin adds some of the new, up and coming designers have made a strong debut .

"The new designers are really gaining momentum this spring," she said. "Names such as Virgo, and the Harebell line have done an excellent job this season at leading the way."

BASICS

Tammy Eckenswiller, assistant editor for Images Magazine, said that a must have basic for this season is the blouse.

"Whether chiffon or ruffled, the blouse is the biggest thing to come back, and an important piece that will set you apart from the rest this season," she said. "And it's got to be colourful."

Among other designs, Schaeble adds that the Capri pant (fitted, and just below the knee) and cropped pant (just above the ankle) are other items that every woman should have in their closet this season.

"It is something that was a summer favourite, and will still be in evidence this year," he said. "A lot of designers have been cutting their pants a bit shorter this season as the mood has been building up towards the '40s and '50s sort of glamour," Schable said.

And to go along with the whole look, bright and bold makeup is an important asset to any wardrobe this spring.

"These designers really captured the mood of the season with a very lady-like collection"

"Makeup is back, and it's all about colour – bright eyes, strong lips, colour on the cheeks – that's really where beauty is at right now."

And if you take a trip to any shoe store this season, the racks will be filled with colourful, high-heeled sandals.

"This is probably the smartest shoe investment that you could make this season," said Schaeble.

"Anything, open toed, not very big and bulky and in an array of colours from lavender, to pink to blue to red will be hot, hot, hot," he said.

HOT COLOUR

For the past few seasons pink has been a popular pick for many women looking to brighten up their wardrobe.

Schaeble said he believes that it will still be in vogue this spring.

"Pink is one of those perennial colours that they literally re-name every year. One season it's pink the other it's fuchsia," he said.

"It's certainly an important colour because it's a pretty colour for women something that they gravitate to when the sun starts shining."

Aside from pink, Bystrin said that other colours would gain popularity, such as citrus tones like green, yellow and orange.

And as for next season, well Bystrin said, "Watch out for the '80s comeback."

"In the 1980s the punk look was really a rebellion against everyone that drove a BMW," said Bystrin.

"And with the introduction of big hair, high heels vibrant colour, and individuality this spring, we are seeing it starting to happen as we speak."

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Moderate your Mega Man and Mario

Don't let video games take over your mind, body and soul

By Laurel Mikolaitis

Video games and other high tech devices are taking over the minds and lives of many young people in today's society.

Humber Counsellor, Cyril Bulanda, says that video games are okay if played in small doses, but if not they can cause problems.

"When playing goes to extreme measures it can cause disturbances in daily life, but in moderation you can release pent-up energy," Bulanda said.

Part of the reason Bulanda says people are attracted to the games is the ability to escape from the real world.

"In video games you are released from reality and the stresses and live in a fantasy," he said.

Bulanda said for many young men, their natural drives and instincts come out while playing the games.

"It's definitely a stimulus and violent games in particular let players' aggression come out," Bulanda said.

ADDICTION

Bulanda said that not everyone becomes addicted to video games, but it depends on how much they are played.

Second-year Multimedia student and avid game player, Mark Stewart, says he can understand how easy it is to become addicted to video games.

"When I play games, the outside world seems to disappear. Sometimes I get so into a game that I forget what is going on around me," he said.

"I don't think that I am addicted to games, but I know people who eat, sleep and breathe these games. Some people just get in a zone and don't come out of it for hours or even days."

LAUREL MIKOLAITIS

Games: Let all your stresses go

BETTER, BIGGER

As the popularity of games grows and technology advances the masterminds of the video game world are hard at work creating bigger and better games by the minute.

Some may look at the surreal world of video games as childish and insignificant, but many people's lives and careers revolve around it.

Capcom, manufactures and distributes electronic video games and is a main leader in the industry. The company has introduced some of the most popular games on the market, including Playstation's Resident Evil which has sold more than 19 million units around the world.

Stewart said Final Fantasy VIII and Resident Evil 3 have mind blowing 3-D graphics and detailed characters and story lines.

"In video games you are released from reality and the stresses and live in a fantasy"

According to Capcom's Web site, they have drawn up million dollar deals with Disney Interactive, Marvel Entertainment and others.

Their creativity and growing popularity over the years have let them become involved in all areas of the video game industry.

They have also had some of their games, such as Street Fighter and Mega Man, made into films and animated T.V. series.

LOVE OF THE GAME

Kevin Briones, 21, said he aspires to work at Capcom, where he could combine his artistic abilities, knowledge of multimedia and love of video games.

"It really appeals to me. Capcom is a really big name in the video game industry and I would love to design characters for future games," Briones said.

Although this area of technology has a lot of potential and is a unique and interesting field, many college age kids don't seem to understand the word moderation when it comes to playing the video games.

Many girls will probably be able 'to relate to the feeling of compeating' against a video game or being ignored because of the latest game. Only after the game is beaten or just played to the point of insanity will his attention be focused again.

LAUREL MIKOLAITIS

Videogames: Aggression and stress can be released through playing interactive video games

Advertising student, Christa Brooks, said her boyfriend is completely preoccupied with video games.

"He sits there for five hours staring at the screen, instead of at me. It's so annoying," she said.

STRESS RELIEVER

Guys defend themselves by saying it's their "only" bad vice.

They admit they occasionally get a little too involved in a game, but say it's no big deal.

Some say it acts as a stress reliever.

"It's a good way to relax after a long day," Stewart who admits he plays a good game for hours on end.

"One time I played Hot Shots Golf for 12 hours," he said.

Not too much can pull guys away from their precious game, but Stewart said they sometimes have to shut the game off because the machine gets too hot.

"Or when my girlfriend starts bugging me," he said.

Not only is this fixation time consuming, it is also very expensive. A newly released game runs between $50 and $100.

Stewart said a game must have good graphics and replay value for him to buy it.

"I also want to be able to play it with more than one person," he said.

RAMPANT ADDICTION

New high tech games and systems, like Playstation 2, which hasn't been released in Canada yet, will only feed the already rampant addiction. Sega also just released a new system called Dreamcast that has become instantly popular. It sells for approximately $300.

"Dreamcast is a new system, it also has real time Internet game play. That means you can plug the telephone cord into the Dreamcast and you are able to play with people from all around the world," Stewart said.

Many parents these days are worrying about their children and their infatuation with the games.

"It's a good way to relax after a long day. One time I played Hot Shots Golf for 12 hours"

The 1999 Guinness Book of World Records says that, in a poll taken among children, the character Mario from the popular game Mario Bros. was more recognized than Mickey Mouse.

Some parents feel that kids of any age are missing out on more worthwhile and productive activities by staring blankly at a television screen for hours at a time.

Sharon Nault, mother of two teenagers, said she brought both of her children up without a television or video games.

ISOLATION

"They should be played in moderation because kids may develop an isolated personality. You can't interact with a video game like you can with nature or books," she said.

"It's also an easy way for parents to amuse their kids, using the games as a baby-sitter."

Bulanda also stated that an extreme amount of time spent playing video games is poor time management and everyday life could be negatively affected.

There are both pros and cons when it comes to this industry.

True video game lovers say it is only getting better as companies battle for domination with cutting edge technology.

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Hindus celebrate Ramnavami

By Mona Patel

Ramnavami is being celebrated today among the Hindu people around the world. Ramnavami celebrates the birth of Lord Ram, or Ramchandra, one of the Hindu gods, who is remembered for his prosperous and righteous reign.

It occurs on the ninth day (navmi) in the month of March. The festival commemorates the birth of Ram "Celebrations begin with a prayer to the sun early in the morning, chanting Vedic mantra's (special prayers) dedicated to Lord Vishnu, (another Hindu God), and offering flowers and fruit to the god," said Mr. Sahni, vice-president of one of the major Hindu temples in Toronto.

"At midday, when Lord Ram is supposed to have been born, a special prayer is performed." Mr. Sahni added.

Lord Ram was born in Ayodhya, India. During the reign of King Dasharath (Ram's father), the city of Ayodhya reached a period of great prosperity. But Dasharat faced a big problem, he had no children. Therefore he decided to perform a sacrifice known as ashvamedh, or horse-sacrifice. Difficult rituals had to be observed. A very holy man, Rishi Rishyashring, was chosen to conduct the sacrifice with accuracy.

During this ceremony, Ravan, king of what is now called Sri Lanka, was terrorizing the people, and all were longing for liberation from his evil doings.

"At midday, when Lord Ram is supposed to have been born, a special prayer is performed"

Ravan had acquired great power because he had obtained a boon from Lord Brahma, (one of the Hindu gods who is known as the creator) that he would never die at the hands of gods, gurus or demons. As he was not afraid of men he did not care to include them in the list of his potential slayers. So Lord Brahma declared that Ravan would die by the hands of a man. Then the gods went to Lord Vishnu, a Hindu god, known as the preserver, with the request: "Dasharat is a glorious king. Please take birth in the wombs of his three queens in four degrees of your divinity."

When Dasharats ceremony came to an end, a shining figure appeared before him and offered the king a divine beverage called "payasam" to be given to his three queens Kaushalya, Kaikayi, and Sumitra.

In due time, Kaushalya gave birth to Ram, Kaikayi to Bharat and Sumitra to Llaxman and Shatrugan. Lord Vishu took birth as Lord Ram and his three younger brothers.

According to Mrs. Ria Grover, a spiritual guru at one of the Hindu religious centres in Toronto, the sun is considered to be the progenitor of Ram's dynasty which is called the sun dynasty.

The hour chosen for the observance of the Lord's birth is when the sun is at its maximum brilliance. Many people fast throughout the day, breaking it only at midnight with fruit. In some parts of India, especially Bihar and Uttar Pradesh, public gatherings called 'sathsungs' are organized to commemorate the birth of Lord Ram. At this time, many prayers are recited. People of all castes and creeds participate in these gatherings to listen to the stories and their explanations offered by some of the gurus that are present there.

"Ramnavmi celebrations are always fun," said Sonya Vora, a second-year Fashion arts student at Humber.

"Many candles are lit, you're together with family and friends, and what is better than praying together as one big happy family," said Vora.

COURTESY PHOTO

Ramnavami: Commemoration of the birth of ram on April 13

Body image is still a big issue

By Mona Patel

When it comes to battling unrealistic images of beauty and slimness, young people need their families to be positive influences and healthy role models for them.

According to Ron Fernandez, a psychiatrist practising in Mississauga, family members who make frequent references to appetite and to 'good and bad' eating, and those who express unhappiness with their own weight, size and body shape, may unknowingly be putting their children at risk of low self-image, food, school performance, inadequate nutrition and full-blown eating disorders.

"Household attitudes toward exercise are also factors," said nutritionist Salma Nasaar. "Parents who are uptight about exercise are not doing their children favours either. Having fun, being active, and wanting to feel energized are much more appropriate pursuits for the young people today."

"Friends also have as much of an influence on young people as their families once they start school," she said.

"The media is a major influence on being thin or becoming thin," said Dr. Karen Pike. "Fashion television always shows models that are so thin, they don't look any bigger than twigs, and their body weight is much less than what the standard body weight should be."

"Girls automatically get the impression that if they are skinny, people will like them and getting skinny then becomes one of their main goals in life," Pike added.

MELANIE JUSTASON

Beauty: Images can be deceiving to young women

VALUES

Dr. Mahesh Naipaul said, a study by psychologists at McMaster University in Hamilton noted that a girl who is unhappy, for any reason, may be more likely to believe that the solution to her unhappiness can be found in losing weight. This is especially the case if thinness is highly valued in her family and her group of friends.

"Another study in 1995 of grade seven and eight female students in Peel Region revealed that 65 per cent were trying to lose weight, even though most were within 10 per cent of the standard body weight for their age group," Naipaul added.

PRESSURES

"If girls are not supposed to be so small and skinny, why don't more stores offer respectable clothing in medium and large versions?" said Hema Morarji, a second- year Arts student at York University. "In a world where Jennifer Lopez is considered to be full figured, how can anyone assume that the pressure is off teenagers to be thin?"

Shauna Jackson, a second-year Fashion Arts student at Humber college, said many girls express fear that nobody is going to fall in love with them or marry them because they are too fat.

"Girls and teenagers still practically killing themselves trying to get the perfect body, it's always going to matter too much unless we tear apart this society and build a new one," said Jackson.

EATING DISORDERS

Are extreme expressions of a range of weight and food issues experienced by both men and women. They include anorexia nervosa, bulimia nervosa, and compulsive over-eating. All are serious emotional problems that can have life threatening consequences.

The Disorder means that the eating-related attitudes and behaviours result in:
- loss of self-control and other forms of behavioural inefficiency
- obsession, anxiety, guilt, and other forms of misery
- alienation from self and others
- physiological imbalances which are potentially life threatening

Sidebar information taken from: http://www.edap.org/edinfo/stats.html

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Ex-Humber student drops the beat on TV

By Katherine Jackson

One of Canada's up and coming young actors once walked the hallowed halls of Humber College.

Merwin Mondesir, 24, studied Film and Television Production for a semester before leaving the program to pursue his acting career.

From his hotel room in Vancouver, where he is filming *Bones*, a movie starring rapper Snoop Dogg and Pam Grier. Mondesir told the Et Cetera why he left the college.

"It's one of the hardest programs there," he said. "It's 25 hours crammed into a 24 - hour day." He said his teachers were pessimistic about his decision to leave the program, but he wasn't doing well in the course and felt he should leave.

"And I haven't stopped working since! I started the new series *Drop the Beat*, and any time I was on hiatus, I was working on a new series."

Mondesir's acting experience is impressive. His portrayal of Dennis on the CBC series *Straight Up* earned him a Gemini nomination for Best Actor – Youth Programming, and caught the eye of producers for the Toronto soap series *Riverdale*, for which he recently completed a third season. His resume is quite impressive. He's been seen on such television shows as *Due South* and *Once in a Lifetime*, and fans can catch his performance in the upcoming movie *Sweet 16*.

The candid Canadian actor touched on every topic imaginable, from his favorite Canadian musicians to his character Dennis on *Drop the Beat*, a hip-hop based series on CBC.

Mondesir plays a DJ and radio show producer on the edgy drama *Drop the Beat*, alongside cast members Mark Taylor (Jeff), rapper Michie Mee (MC Divine), Shamann (DJ Craft) and Omari Forrester (Mega). The drama deals with their personal conflicts and the trials and tribulations of producing a provocative radio show.

> *"She walked into the sharkpool and decided she was going to do things her way. Her scream is very passionate"*

"I love working on *Drop the Beat*," Mondesir said. "People didn't think the show would be popular, but they were wrong."

With over 800,000 hits on it's Web site, *Drop the Beat* is making headway as the first hip-hop based drama ever.

"Everything we tackle on the show is interpretational, depending on where you live or what your opinion is. With everything we present, we face a lot of criticism, as well as a lot of praise," he said.

Of all the roles he's played, Mondesir said the Dennis character is the one who is most like him. Mondesir said he could easily relate to Dennis, mainly because of his family background.

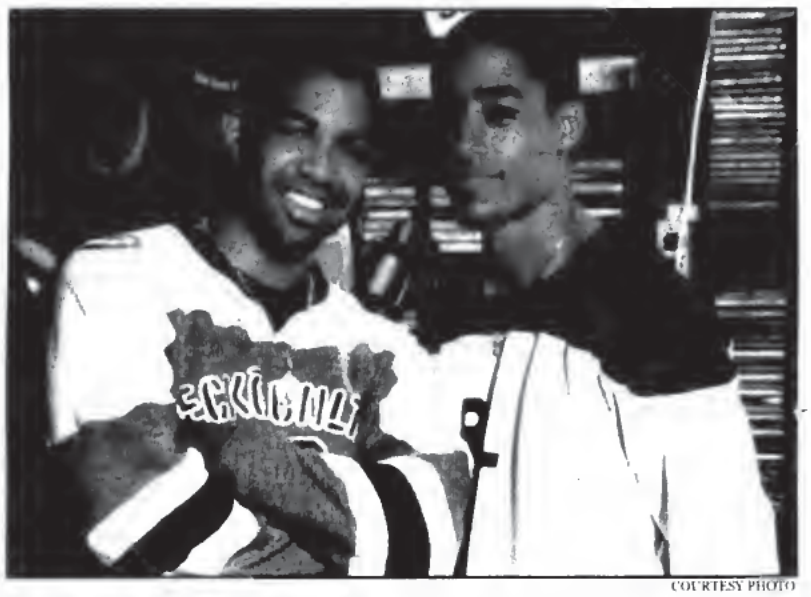
"I mostly relate to him because he is from a single mother – his father left him – and his mother has no understanding of the business he's chosen. It's so important for Dennis to gain the respect of his mother, or anybody," said Mondesir, who understands the absence of a father figure all too well.

Mondesir explained some of his character's emotions: "He has a lot of anger and he's quick tempered, but that's only because he's always had his mother on his back. And he's very, very afraid of failure. That's a very big thing for him and maybe people don't realize that. That's how I can relate to him."

Mondesir's character has done some growing since the beginning of the show.

"I think one thing he's learned is that you can't please everybody. Dennis likes to push forward and when he gets a little stressed, he kind of loses control. (Taylor's character) Jeff is usually calmer, and he tells Dennis, 'it can't work this way.'"

One would think that an actor working on a hip-hop based series would have good musical taste, and this is true of Mondesir. His Canadian musical influences include Saukrates and Little X, and he said Kardinal Offishall is his favorite right now, "because of his rapping, and because he's an entertainer."



COURTESY PHOTO

Drop the beat: Merwin Mondesir (left) and Mark Taylor (right) play Dennis and Jeff, two DJs on a campus radio station called *Drop the Beat*

Another of his favorite Canadian singers just happens to be Alanis Morissette.

"She walked into the sharkpool and decided she was going to do things her way. Her scream is very passionate," he said.

It is evident that Mondesir is a talented young actor, capable of making it big in a difficult industry. None of his success or fame has gone to his head, however. Above all, what Mondesir wants is respect.

"My agent laughs at some of the stuff I do. He calls me Dennis Rodman sometimes. He says, 'Merwin, why'd you go and tell the media that?' and I say 'I don't care.' I don't care if I ever act again. I gave up so much of my soul the first three years of this business. I decided I wouldn't do that again," he said.

In an industry that's full of glamour, falsities and arrogance, it's refreshing to find someone who keeps it real.

"I don't care what the cool thing is to say," said Mondesir. "I do my own thing."

Toronto band mix a little mysterio on new CD

By Jenn Cochrane

Sid Six took the stage at Lee's Palace last Thursday and belted out *200ne* in a wave of flashing lights.

They followed two other bands, Joker's Ace and 3 Doors Down. Unfortunately, by the time Sid Six reached the stage the majority of the crowd had left. About 50 people stayed to see the band perform.

PHOTO CREDIT

Sid Six: (From left to right) Ryan McCaffrey, Rob Joy, Jay Kralka, and Christian Chillingham of Sid Six are ready to take on the world

The remaining crowd was psyched as they danced and sang along with lead singer Rob Joy.

Sid Six's sound is comparable to fellow Canadian Edwin. It's difficult to listen to the band without tapping your toe or drumming your fingers on the table. It took hours to get *Bang Bang twenty one* out of my head.

Sid Six, formerly Fuse Box, assembled about three years ago after the bands they were in broke up. Joy (lead singer) was in the Shadow Puppets, and the other members Christian Chillingham (guitars), Jay Kralka (bass) and Ryan McCaffrey (drums) were Blunderbuss and Manic Overture.

Their new 12 track CD titled *Sid Six*, was released just two weeks ago.

"I'm pretty proud of the album. I think its got a lot to offer people and I like people to relate to the songs," said Joy.

A hidden track called *Girl Next Door* is about a girl he had a crush on who lived in the same house as him and his girlfriend.

Mysterio is about relationships over the Internet, *200ne* is about picking girls up in the library and Big Brother is based on the novel *1984*.

Joy wrote the majority of the songs on the album but now Chillingham is writing more and the two are collaborating on a few songs.

"Everything is loosely based on my life but I tend to make up a little along the way and change some of the facts," Joy said describing his song writing.

The band also hired a new manager, Andrea Caldwell. She has been working with the band for about a year, helping out and bringing record companies out to the concerts. She officially became their manager two weeks ago.

"She's great and fantastic. She's one of those people that we trust and she's really into the band and really excited about the music," said Joy.

Sid Six's members all have outside jobs. Joy sings to children, McCaffrey works at Band World and Chillingham and Kralka are electricians at City TV.

The band pays for their gigs out of their own pockets.

The band plans to take their school bus and tour Southern Ontario and Western New York this summer to promote the album and get it into the stores. They are then planning to return to Canada to tour the East Coast.

"Our long term goal is world domination, like every performer. We'd like to hit as many aeras as possible," said Joy.

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The Ongoing History of Alan Cross

By Derek Malcolm

If Alan Cross' head exploded, there'd be a knee-deep, gooey blanket of alternative rock information covering Toronto. Not to worry though. To ensure that his cranial contents will survive even the biggest bang, he's once again committed them to paper in a new book, detailing what Cross considers the 25 best alt-rock acts of all-time; and he should know, he's been around for it all.

Perhaps known best as the afternoon drive DJ on Edge 102, Cross has been a rocker his whole life. Getting his start at small market radio stations in Manitoba and Winnipeg, Cross-grinned and beared his way through the adult-contemporary torture of Anne Murray, Whitney Houston, and Lionel Richie; all for the love of radio.

"If you're a music person first, chances are it's going to hurt you in the long run because you don't necessarily get to pick the kind of radio stations you'll end up working at," Cross said. "I was a rock fan, but I have to admit I was a radio person first."

"Somebody has to keep track of all this stuff ... Why? I dunno. In case you need to uh, settle a bar bet"

That attitude would come in handy. With only a glimpse into the new-wave world outside of KISS, Rush, and Led Zeppelin in the mid '80s, nothing could prepare him for the path his career was about to take. Applying to the overnight position at what was then CFNY, Cross didn't think he'd get the job. But in October of 1996, he was hired, so he left his music director's job in Winnipeg and took off to Toronto.

He was blown away.

"It truly was an epiphany... The music was so completely different. Because I was working at night, there was an effort to be creative and an effort to dig," Cross said. "There wasn't a night where I wouldn't come in and find something that made me sit back in my chair and go – wow, where has all this been all my life? Or wow, all that stuff I used to like was primitive. And it was pretty cool."

It wasn't until 1993 that Cross was given the ultimate chance to apply his new found thirst for all things alternative. "As Nirvana came along and as Pearl Jam and grunge sort of built this bridge between the two worlds, more of the old guard rock people were starting to come over to our side," Cross said.

One of the ideas that came with the format change was the now popular *Ongoing History of New Music* program to educate the new listeners they'd be converting. Cross was the natural choice, and like the father who taught his kid to swim by tossing him in the pool, the station gave him a time slot and said go to it.

"Since then there has been absolutely zero, and I can't underscore the zero enough, underlined, block caps, bold, italicized – ZERO interference from management," said Cross.

Seven years, 322 shows, and four books later, *The Ongoing History of New Music* is still on the air providing detailed information on the alt-rock icons of our time and generations past. Therein lies the problem. The radio show is thorough enough, but still there was a ton of material that wouldn't fit inside an hour, and things like Web addresses and specifics don't translate well on air. In 1995, Cross wrote his first book, *The Alternative Music Almanac*, which was basically the radio show and everything he couldn't fit into his on air time slot, in book form.

When Cross' publisher, Collectors' Guide Publishing, approached him to write the alternative rock installment of their series of books called *20th Century Rock and Roll* last year, he needed an idea. The series was to be the biographies of the most important bands of each genre, and Cross, having compiled a list of the top ten new rock bands of all time for the radio show *Music That Mattered* in 1993, revamped the list narrowing it down to 25 from his original 100.

20th Century Rock and Roll – Alternative Rock, includes a stupid amount of information that only a music geek like Cross could supply. For example, did you know that the person who coined the term 'grunge' was now deceased Mudhoney lead singer Mark Arm? Or how about Trent Reznor as Judas in his high school's production of Jesus Christ Superstar? Biographies, trivia, Web site lists, and discographies on bands from The Velvet Underground to The Smashing Pumpkins fill the pages.

"Somebody has to keep track of all this stuff...why? I dunno. In case you need to uh, settle a bar bet!" Cross joked.

On Cross' list, the ones who made the grade had to have had "long lasting, profound influence on the future development of this particular branch of rock and roll," said Cross. "It has to have permeated the alternative universe to such an extent that you cannot imagine it being the way it is today without the involvement of these groups."

The Ramones, The Velvet Underground, and David Bowie took the top three spots with Bowie as number one. "Everything comes from David Bowie," Cross said going on an almost preachy tangent. "His sense of fashion, theatrics, his songwriting, his concert tours...so much comes from Bowie."

Realizing how lucky he is to get to do what he does, Cross recognizes the importance of it too. Rock music isn't for boneheads, and its popularity spans the four corners of the globe. But as technology increases our choice and access, Cross doesn't see the possibility of another Nirvana coming along in the future. Instead he sees a world where everyone has their own favourite band because the choices will be so vast.

"It's big! And if it's that big, it needs to be studied and understood," said Cross. "Knowledge is power. All that stuff that used to be really geeky is now considered to be a super asset."

COURTESY PHOTO

Music Whiz: Edge 102 host and music writer Alan Cross loves rock music history

Mixing a salad of sounds in Crazy Town

L.A. band embrace hip hop and rock with a touch of punk

By Michele Stefancic

From the unkind streets of Los Angeles, California comes a new seven-piece hard rock, rap collective called Crazy Town.

Lyrically the band is punk rock with their shocking, offensive lyrics, hip hop lovers with smooth rap flows courtesy of vocalists/rappers Shifty Shellshock (Seth Brooks Binzer) and Epic Mazur (Bret Mazur), and hard rock to the bone with remaining members, Faydoedeelay (Doug Miller, bass), Trouble (Antonio Lorrenzo, guitar), James Bradley Jr. (drums) and DJ AM (Adam Goldtein, turntable mixing).

Fresh from participating in this year's South By Southwest Festival and supporting friend Tommy Lee's new band Methods Of Mayhem on tour, Crazy Town made their Toronto debut performance at the Warehouse last Saturday. Before their gig Shellshock spoke of his first hand lyrical-accounts and his affection for music.

Shellshock describes Crazy Town as an X-rated version of *Dennis The Menace*. Painting a visual picture of what is going on with today's youth, Shellshock and partner Mazur are Crazy Town's principal song writers. Whether the duo are writing about their infectious sound as described in first single *Toxic*, or various sexual encounters in *Revolving Door*, to being a mac daddy with the honeys in *Players Only Love You When They're Playing*, the duo are brutally honest in their deliverance.

"Actually the girls really love *Revolving Door*, said Shellshock when asked about feminist backlash.

Shellshock then quickly points out the balance with the sexual references in *Revolving Door*, where he writes, "Now ladies come, ladies go, out my revolving door, some ladies never come back, most come back for more, they call me Shifty Capone, I make them moan..." to the lyrics of *Butterfly*, a tale of a man in search of finding that one special woman to be with for the rest of his life.

Relaxed in an orange coloured armchair, decked out in various facial piercings and a flannel coat, Shellshock admits music was always his calling. Dropping out of high school in the ninth grade, he didn't think he'd need an education. Already knowing he'd either be creating clothing designs or he'd be a rock star in the future, Shellshock ditched school in favor of pursuing his dreams. Mazur on the other hand decided to stay in the formal learning environment, and went to high school with Ice Cube, Everlast, Divine Styler and House of Pain's Danny Boy.

In the music biz for eight years before the inception of Crazy Town, Shellshock maintains that when he hooked up with Mazur there was an instant connection between them. He had worked with other artists but there was something about the vibe between the duo that was uniquely different. Lovers of rap and hip hop, Mazur and Shellshock eventually recruited the rest of their band through a string of connections and the L.A. music scene.

A consistent writer, Shellshock is currently working on new musical material which will see all the band members contributing to the next release. He is also excited about Crazy Town's impending tour supporting Des Moines, Iowa rockers Slipknot and popular summer festival, Ozzfest.

For more information on the band, tour dates, sound clips or to hear live messages Shellshock has left on the band's official Web site, you can visit Crazy Town at their home on the Web at: www.crazytown.com.

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Methods of rock and hip hop mayhem

Tommy Lee has left his legendary band Motley Crue to pursue other styles of music

By Sarah Wyse

Tommy Lee is high. But not high on drugs as one may believe. The man behind new rap-metal band Methods of Mayhem is high on life – and so he should be.

After 19 years playing with legendary band Motley Crue, the notorious drummer is no longer sitting on the heavy metal bandwagon of music.

He's now driving it.

Released in December of 1999, Methods of Mayhem's self-titled debut album has taken metal music to a different level.

"I don't think it's just a rap-metal project," said Lee. "It's a lot of things. There's industrial, there's techno, there's rock, drum and bass, and jungle."

Lee stresses his disconnection to maintaining one specific stereotypical musical style and influence on the new album.

"There's too much good shit out there for me to have to limit myself to one type of music," he explained.

Lee was inspired to form Methods of Mayhem after recognizing Crue's general lack of musical development and expansion as a band.

"It was when I was in jail that I decided to go solo," explained Lee. "I was unhappy from a lot of things and I had to ask myself 'How can I make myself happy?'"

Lee's jail time was not only spent reflecting on his life; he also ended up writing many of the songs that appear on the album.

"I'd call my answering machine at home and leave messages of song melodies that I wanted to use," said Lee. "It was crazy."

"I can't even begin to explain how fortunate I am to have worked with these people. It's absolutely amazing"

Lee started recording the Methods of Mayhem debut album with producer Scott Humphrey (White Zombie) almost immediately after his release from prison last year.

Teaming up with ex-Hed PE rapper TiLo, the result was a series of songs that combined fierce guitar riffs with ferocious hip-hop and techno beats.

Lee's in-your-face attitude and impetuous antics are enforced on the album that features some well known srap and heavy metal artists in the music industry today.

Guests include Fred Durst (Limp Bizkit), MixMaster Mike (Beastie Boys), Lil' Kim, Snoop Dogg, George Clinton and Kid Rock.

"I can't even begin to explain how fortunate I am to have worked with these people," said Lee. "It's absolutely amazing."

Currently on a North American tour, Lee is enjoying every moment of playing live.

HIP-HOP AND TECHNO

"I see all these crazy kids in the audience and it's so flattering," Lee said modestly. "There's the metalheads at the front with their fists in the air jumping and thrashing around. There's the moshers sweating in the pit, and then there are people in the back just checkin' out the whole scene.

Off to the side the little ravers are dancing around too."

Recently confirmed to play the mainstage at this summer's popular touring event Ozzfest, the "first old-school metalhead to embrace hip-hop and techno", as described by music critics, Lee said that labelling musical style should be a no no.

"I go into a record store and see all these different categories," he said.

"Why can't they all just be under the label "M" for Music?"

COURTESY PHOTO

Methods of Mayhem: TiLo and Tommy Lee embrace all musical styles to create the mish mash of sounds on their debut self-titled CD

Slipknot show like a trip to the circus

By Elizabeth Goncalves

Slipknot is so *sic* they're beautiful. Gracing the Great White North with their freak show antics of bone-crushing alt-metal, the Des Moines, Iowa, nine-piece outfit pummeled the sold-out crowd at the Warehouse last Friday.

The nine-headed beast who adopted digits from 0 to 8 as aliases, were sampler Craig Jones (5), guitarist James Root (4), custom percussionists Chris Fehn (3) and Shawn Crahan (6), turntablist Sid Wilson (0), drummer Joey Jordison (1), bassist Paul Gray (2), guitarist Mick Thompson (7), and vocalist Corey Taylor (8).

COURTESY PHOTO

Slipknot: The nine-piece outfit were in town last week for a sold out show at the Warehouse in support of their debut CD

As two huge Slipknot signs were unveiled in sync, the sweaty and wired crowd broke into cheers, while the lights began to dim. A country-esque, redneck ditty blared through the large P.A. system, as two ultra-bright spotlights flashed into the crowd. The beams were so bright it was almost impossible for the crowd to witness the mayhem that was about to ensue on stage.

As the stage fogged up with smoke machines working in full force, drummer Joey Jordison took his position behind the raised drum set in the center back portion of the rather small stage.

The black and red coiffed drummer showed off his dance moves that lacked any resemblance to the myriad boy bands out there right now. Looking more like a dancing talisman, the masked drummer swung his hands side to side and up and down as if casting an hypnotic spell on the crammed crowd. And boy did it work!

The next 'knot member to hit the stage was Clown (Shawn Crahan). He walked back and forth softly knocking a steel pipe over his head before the rest of the band joined him on stage. Looking more like prisoners in an asylum out for their daily stretch, the white industrial coverall-clad and self-made masked band were out to prove that brilliance can be found in chaos.

From the first blistering beats of album intro *742617000027* into the bludgeoning screams of rapid fast *Sic*, the band assured the crowd every penny spent on the show ticket was worth it. Among the many permanent markers of the groove heavy and metal happy set, were whiplashing *Purity*, *No Life*, *Prosthetics*, *EYEL E SS*, *Tattered and Torn*, and *Wait and Bleed*.

The mayhem didn't contain itself in the crowd or on stage; it also spread to the Warehouse washrooms where a flood and fire prevented any use by the crowd.

It didn't matter where you looked on stage there was always some circus event on the go.

From Clown's brutal slamming of his metal pipe on what looked like a huge beer keg, to his bouncing on his hydraulic raised drum sets as if playing on top of giant pogo ball, the crowd were enrapt from beginning to end. Not too hard to believe especially when the smiling percussionist sets himself on fire.

Seething with rage and cathartic force, the band even dedicated *Sur facing* with the chorus of "Fuck it all! Fuck this World! Fuck everything that you stand for! Don't belong! Don't exist! Don't give a shit! Don't ever judge me!" to the Canadian government. How sweet!

This should have been our third time here not our second," said full-throttled vocalist Corey Taylor, as he went on to explain the reason for their rescheduled show.

The band's Toronto return should have occurred last January but the band cancelled due to what was reported as bad weather conditions in the States. The truth according to the energetic front man and member number eight is, officials did not think the 'knot boys had a good enough reason to enter the country. They couldn't have been more wrong.

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Black and white sound and a real live woman

Trisha Yearwood

Real Live Woman

By Monika Rola

Cheatin hearts, cloudy skies, lost loves and a whole lot of twang. Sounds like good ol' country to me.

Yearwood is one of the grand dames of country responsible for such crossover hits as *There Goes My Baby*, and *How Do I Live Without You*, and with her new album she solidifies her place among country royalty.

Real Live Woman is Trisha Yearwood's ninth album and marks her triumphant return to country roots.

This outstanding 12 track CD is a move away from the pop sounds of New Country, and into the comfort that is her mix of California rock, old school country and folk. Nowhere does this show better than on the cover of Linda Ronstadt's obscure 1976 gem *Try Me Again*, a powerful and emotional call for a second chance.

The lady does well with a Bruce Springsteen tune as well turning his *Sad Eyes*, into the album's catchiest tune with a little help from Jackson Browne who sings harmony on the track.

And in true country fashion she provides solace for anyone who's ever been mistreated by love in broken heart anthems like *Too Bad You're No Good*, and *Come Back When It Ain't Raining*.

Musically the album is a powerful mix of Dobro, steel guitar and occasionally elaborate string arrangements with just the right amount of electric guitar wail.

The combination makes *Real Live Woman* sound like a whole lot of good rocking and rolling, much more Hank Williams than the Dixie Chicks.

Whatever way you look at it it's just good country this time around much closer to Yearwood's *She's in Love with the Boy* days, which is fine since they were good days.

Suggested listening time: a dark day after your heart's been crushed.

Various Artists

Black and White

By Stephanie Sawitz

From a movie with an all-star cast comes a soundtrack with some of hip-hop's biggest all-stars.

Music From and Inspired by the the Motion Picture Black and White features huge names such as Raekwon, Mos Def, Everlast and the late Big Pun.

Unfortunately, even with all these big names, *Black and White* is a little uninspired.

The CD includes two remixes: *Year 2000* by Xzibit and Korn frontman Jonathan Davis, and *You* by Samuel Christian and Mos Def. Both tracks do not do justice to their original mix and are a waste of space on a CD that could use some fresh sounds.

Another track which makes *Black and White* fall into the category of mediocre is Queen Pen's *You'll Never be Better Than Me*. This song which features Joe Hooker has a Raggadeth-like mix of hardcore, hip-hop and reggae, but fails to pull it off. Queen Pen sounds as if she knows she is making a really bad song.

Black and White does have its moments. A definite highlight is the track *Life's A Bitch* by Everlast. The song holds its own with a little sample of a 70s era sound.

Another song worth buying the CD for is Michael Fredo's *Free*. Fredo's crooning bears a striking resemblance to the voice of Aaron Neville That may not be a selling point for the disc for people who don't like adult contemporary music, but somehow it works well.

The first track is also a great find. *It's Not a Game* by American Cream Team and Raekwon does its job of luring the listener in. It's only too bad the rest of *Black and White* doesn't do its share of the work.

Headstones

Nickels for Your Nightmares

By Dave Wylie

I'm hooked on head - stones that is. Here's my bias: After watching this band perform at Canadian Music Week, I was completely enrapt with the Headstones' music and style.

Front man, Hugh Dillon makes it his habit to spit on the crowd, while in turn, the crowd flicks cigarettes at him. It's quite the sight.

The music that the Headstones (Trent Carr, Tim White, Dale Harrison, and Hugh Dillon) produce is stupid, smart, ferociously angry, and happy-go-lucky. The first single, *Settle*, is catchy and mellow, a made for radio type tune. It gets better.

If you like to cuss, you'll be chanting the chorus of *#$%! You* while washing the dishes or walking the halls. The title track, *Nickels for Your Nightmares* is just plain scary. My personal favourite is *Above Ground Swimming Pools* . You just have to hear it.

Do yourself a favour: go get Head.

Supergrass new self-titled CD is supergood

Supergrass

Supergrass

By Monika Rola

This is a scary album, if you really listen to it. *Supergrass* is the third offering from the same trio who brought us such all- time fun-pop bits as *Alright*.

This time around Danny Goffey, Gaz Coombes and Mick Quinn add a new twist to their songs. And they're sneaky about it.

Supergrass pulls a most ingenious switch on its listeners, appearing completely different depending on which angle you approach it from: musical or lyrical.

It's something only a few good bands have ever been able to pull off successfully, and these boys do it well.

The trickery begins with *Moving*, the first song and second single off the album. The song starts out slow and plaintive, but the chorus rocks out with a genuine fun feeling.

Until you count in the lyrics that is. Listen, and you realize that the fun part of this chronicle of restlessness is actually composed of: "I've got a low, low feeling around me, and a stone cold feeling inside, and I just can't stop messing my mind up or wasting my time."

And then there's *Pumping On Your Stereo*, the first single, with super-fun Muppet video in tow. Over the sounds of some funky guitar and sounding like a sweet combination of Mick Jagger and Iggy Pop, Gaz Coombes seems to finally be singing about the fun of being in a band, until you hear the chorus pronounce: *The wider your eyes the bigger the lies, yes it's true, take a look through your window now, you're all alone in the road, well you've burnt all your bridges down, now you're losing control.*

The dark lyrics are, in the fashion of the best music, open to interpretation.

The sound is scaled down, and not as obviously dark as 1997's *In It for the Money*, but it's riveting just the same, capable of taking you through careless dance to near paralysis in the time span of 12 songs.

The highlight of the album comes at the end with a beautifully simple *Mama & Papa*. Gaz's voice is haunting as it flows across soft acoustic guitar and bass, telling a story of missing home and parents. The track is the album's most subdued piece but at the same time most emotionally charged and gripping, changing the feeling of the album for over two minutes.

Supergrass is actually not a new album at all. The band is entering the North American market with their already platinum CD in the UK, with a number one hit for *Pumping on Your Stereo*, and a nomination for Single of the Year at the 2000 Brit Awards for *Moving*.

So when I say the album is very, very good, you should believe me.

It can get a bit dark sometimes, but that's not a bad thing.

CD GRAPHIC

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Vicious and Rotten joined again in new documentary

Rotten dispels myths about the Pistols

By Ian Green

The Filth and the Fury, a new documentary about legendary punk rockers, the Sex Pistols, has been released to "take the piss" out of an alternate version of the band's history.

"This film is laying down a gauntlet of sorts: that no matter how hard you try and cheat and lie and corrupt a thing, ultimately the truth will come through," said ex-frontman John Lydon, a.k.a. Johnny Rotten.

Until now the only authorized documentation of the band aside from their sole 1978 album, *Never Mind the Bollocks* was 1980's *The Great Rock 'n' Roll Swindle*. This film, also by *The Filth and the Fury* director Julien Temple, tells the Pistols' story from the perspective of ex-bandmanager Malcolm McLaren.

McLaren, an "awful rat" and a "wanker," according to Rotten and the late Sid Vicious, claimed to be the driving force behind the Sex Pistols' success. Until now, his story of the Pistols was the only one.

The Filth and the Fury begins by painting a harsh and vivid picture of working class London in the mid-1970s. Footage of mountains of garbage, rotting rat corpses and poverty set a backdrop for the emergence of a group of underprivileged and angry young men.

Rebelling against a culture of materialism and complacency, the Pistols grabbed England by the lapels and gave her a hard reality shake. The movie also shows the predictable backlash to the band by those who didn't appreciate the wake-up call.

The film combines never seen before footage of the band's 26 month existence, mixed with bits of TV advertising and pop culture that appeared in the British press during the Pistols' tenure.

This effectively contrasts the band's working-class sense of desperation against the consumer-mad values of the middle and upper classes.

Added to the mix are interviews with band members Rotten (vocals), Paul Cook (drums), Steve Jones (guitar), Glen Matlock (bass) and his successor, the legendary Vicious.

Interviews were shot with the surviving members in silhouette only. According to producer Amanda Temple, this technique was used to keep the audience focused on the band's exploits from the past, and not draw viewers into the present.

"We didn't want the audience to be taken away from the extraordinary energy and purity the Pistols had," she said.

Unfortunately, the filmmakers didn't offer any subtitles when the shadowy interviewees had their say. Only Rotten's unmistakable spiked hair tipped off the viewer as to who was speaking.

Segments of a 1978 interview with Vicious are especially moving. Looking ragged, pasty and almost incoherent (presumably from a heroine addiction that cost him his life less than a year later), Vicious speaks candidly from a deck chair in London's Hyde Park.

But after beautifully documenting the band's rise and effectively depicting a genuine dissatisfaction that many English "punks" had with British society, the movie follows the pattern of the band's own history.

COURTESY PHOTO

Sex Pistols: In their heyday the Pistols became public enemy number 1

To the forefront comes clip after clip of the Sex Pistols (and most notably Sid Vicious) trying to shock the stiff, middle class masses of the western world.

You get the impression the outrageous language and antics of the band are used to fill the huge void created by a lack of musical ability and a decent sized body of work.

Because of their musical shortcomings, the band relied heavily on their anti-establishment message and image. When fans from Europe and North America embraced their message, it lost its edginess and became a cliché.

Whether intentionally or not, *The Filth and the Fury* captures this conundrum of the Sex Pistols.

Die-hard fans of the band will eat up new footage of the Pistols at their alcohol swilling, saliva spitting best.

Those unfamiliar with the quintessential punk rock troupe should be forewarned – *The Filth and the Fury* is ugly, loud, obnoxious and dirty.

But what else would you expect?

www.first.ever.web.comedy.ca_nadianTV.Success

By Jamie Quinn

A talking penis and his drug addled sidekick have turned Web surfing into a hilarious adventure.

These two puppets are starring in their own new show called *Internet Slutts* that will air later this month on The Comedy Network.

"This is a victory for the merger of television and the Internet," said Lowell Schrieder, publicity co-ordinator The Comedy Network.

"This is the first series that combines the Internet with television, and combines comedy with the Internet,." he said.

This adult series is television's first Internet comedy. Its humour is shocking, and often offensive, but it does reveal some truths about the world, while making light of the Web.

"Other shows out there that discuss the Web are academic and educational," said Steven Westren, creator of *Internet Slutts*. Westren describes what he's done as entertaining and interactive.

"It is not typical of what's on TV right now," he said.

"It's not your standard sitcom and it's not your standard sketch comedy. It's a sitcom that reflects the things that are actually happening on the Internet. It's not Dennis Miller, talking about the news but it's also not Seinfeld talking about yada, yada, yada. It's a mixture of both," Westren said.

Westren came up with the idea for the show almost a year and a half ago while he was exploring the Web.

"I thought the Internet was being touted as this great technological development that would save the world, and all I could find were sites for female urination techniques, and nudist camps and that sort of thing," Westren said.

The show uses bizarre Web sites as a basis for Wally and Murk's adventures through cyberspace.

Wally is played by puppeteer Frank Meschkuleit and Murk is played by puppeteer Ron Stefaniuk.

Wally is a highly opinionated two-foot tall talking penis who spends his time surfing the Web with his roommate Murk searching guidance on how to improve their lives.

"Anyone who is computer savvy or who is curious about what's going on on the Internet will enjoy it," Westren said.

Ninety-nine per cent of the Web sites used in the show are real so viewers can explore them on their own if they choose. The URLs to all the real sites appear on the show's credits each week, and will also be listed on the show's Web site at www.wallyandmurk.com.

"This is a way for people to see about five or six cool sites in half an hour and not have to go searching themselves," said Westren.

Some of the sites that are included in the show feature on line virtual frog dissection, things that have been removed from people's colons, and 1940s dirty American postcards, to name only a few.

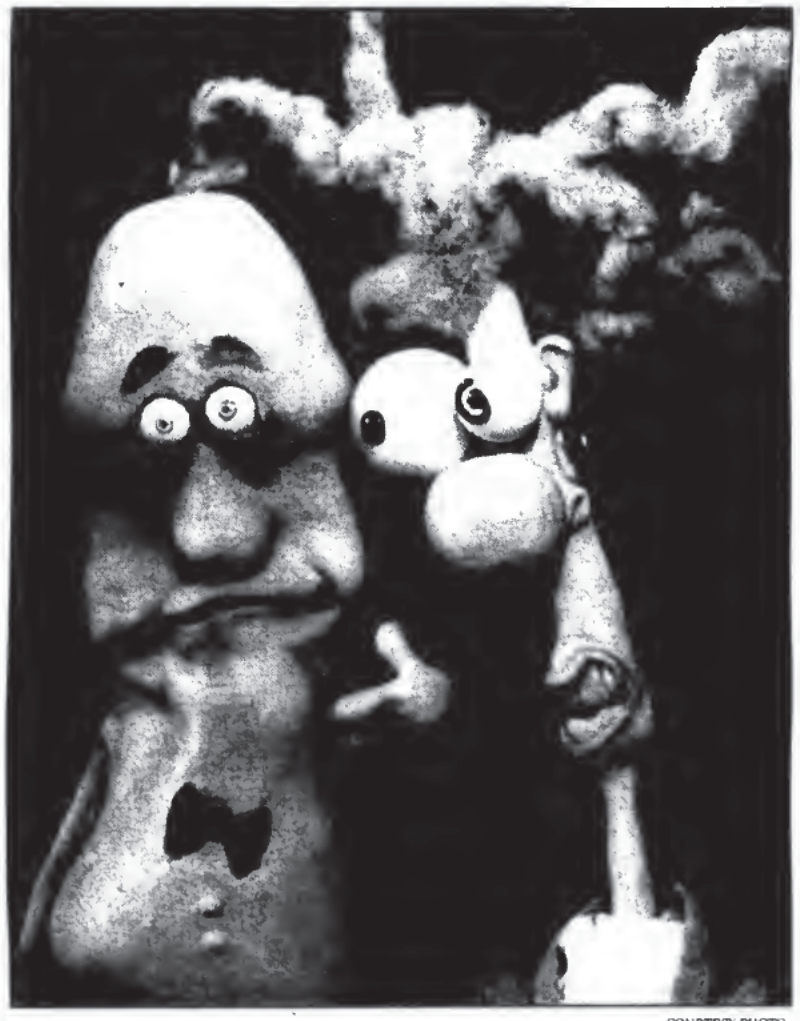
"A lot of people are surprised by what we are showing them about the Internet. A lot of folks apparently weren't aware that there were all these dark and twisted sites out there," said Westren. "It's not territory usually explored on TV."

"The characters are quite endearing and I think they represent what's actually hidden in a lot of us, sort of twisted and adventurous. They are very curious about the stuff on the net," Westren said.

Schrieder describes these two characters as the roommates in college that you've always wanted to live with but could never find.

The commentary from Wally and Murk while they explore the Web is not sugar coated or sweet. It is blunt and courageous, and may not be suitable for all audiences.

Internet Slutts debuts Friday April 21 at 11:30pm ET/PT on The Comedy Network.



COURTESY PHOTO

Talking Penis: Web surfers will get a kick out of Wally and Murk

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Pharaoh on display

ELVIRA MARTINOVIC

Sculptures: One of the sculptures you can view at the ROM

By Elvira Martinovic

Royal Ontario Museum(ROM) has attracted sell-out crowds lately. David Mckay a spokesperson for the ROM credits the Egyptian Art in the Age of Pyramids exhibit for the flow of visitors.

"We have had about 5,000 people per day, largely due to this exhibit," he said.

The exhibit has artifacts that date back to 2400 BC, from the period known as the Old Kingdom.

The Egyptian exhibit's atmosphere is one of mystery. At the entrance music and pictures bring you back to a time long forgotten, where the prevailing philosophy of this period was eternal life after death.

Artifacts were excavated in the city of Memphis (near Cairo), in the 19th and 20th centuries.

"This excavation is quite important, although not as big as the King Tut find," Mckay said. "It is also older than the King Tut find, and was not all excavated at once."

"This makes the pieces more significant. Various museums around the world have different pieces of sculpture and decorative art on display, from the same excavation," he explained.

"We actually have a larger selection of pieces, than the Metropolitan Museum of Art in New York," Mckay said.

Pieces in this exhibition focus on detail.

The exhibit also gives insight on cultural norms and how a society lived during the Egyptian Empire.

Hieroglyphics on walls removed during the excavation use colour and dress to distinguish between common and noble people. Hieroglyphics also displays activities such as hunting and fishing.

One of the most interesting pieces is a sculpture of *Pharaoh Menkaure and a Queen*.

Menkaure was the builder of the third pyramid of Giza, and the sculpture is a contrast of strength and refinement. It is considered to be the *Mona Lisa* of ancient Egypt.

The queen is nameless, but portrays a serene dignity as she walks with Menkaure.

Ancient Egyptians used both strong and delicate materials such as shell and bone adding colour and style to jewelry.

The butterfly motif jewelry comes from the collection of Queen Hetephere and are especially delicate.

Materials used for these pieces include turquoise, shells and glazed soapstone, however it was her bead netting dress that was the star attraction.

The exhibit is showing till May 22.

The ROM is open seven days a week. Tickets for the Egyptian Art exhibit are available at the ROM box office. Prices from Monday-Friday are adults $15, seniors and students $10 (have student ID ready) and children are $8.

Everyone expected them to suck

All girl band, Kittie may be younger than most rock stars but aren't letting success go to their heads

By Katherine Jackson

Don't judge a book by its cover. The band members of Kittie know all too well what it's like to be judged based on appearances.

The Et Cetera caught up with front woman Morgan Landers and bassist Talena Atfield at the Warehouse, where they played two sold-out shows with Dope and headliners Slipknot. Among other things, Landers discussed the consequences of having an image.

"I've heard a lot of people say, 'I looked at the album cover and I expected you to suck, but I actually listened to the music and I listened to what you were saying, and it made sense," Landers said.

"I'm glad that they took the time to do that. I think everyone should take the time to actually look in to what the song is."

The women of Kittie may be younger than most rock stars, but they're not stupid. Instead of letting their success go straight to their heads, they're grateful for the opportunities presented to them.

"I don't think any band thinks it's going to get this big. We're very grateful," said Atfield.

Landers agreed emphatically.

"When we first started, it was just a couple of friends down in the basement, dinkin' around, not doing anything too serious. It wasn't like we practiced every day. Whenever we could get together, we would have a good time," she said. "We still practice in my basement."

The rising success that captured Kittie has taught these teens from London, Ont., how to separate the different parts of their lives.

When it comes to their success, Landers said she has to separate her band identity from her everyday self.

"You definitely have to be able to differentiate between the two," she said with Atfield adding, "It's like any other person. You have your work life and you have your home life, and you don't normally integrate the two together."

Landers said that since she started with Kittie, she's become more outgoing.

"I think I've gotten friendlier. I used to not be much of a social person, and I'm kind of shy in terms of going in front of people and doing that sort of thing."

Landers said it has taken a lot of mental work for her to be able to go out and talk to people. "It's not that I was a mean person, but it's taken a lot of work for me to come out of my shell."

Both of the girls said they receive no less than 100 per cent support from their parents.

"My parents are cool with it," said Landers. "They've always been really supportive. I think that if parents see something good is going on, and that we're putting a lot of effort in it, they're going to be behind us, 100 per cent."

Atfield recalled how her parents drove to Toronto last Friday night to see the show at the Warehouse.

"It makes me want to try harder, 'cause I don't want to disappoint them," she said quietly. "I mean, they drove two hours to see it, I want them to see something good."

Atfield and Landers said they get questioned mostly about their song titles and lyrics.

"We get asked about the titles of the songs. People just seem to graze the surface and not actually look into what the song content is," Landers said.

"Well, for those who don't like to think, I'll put it on a silver platter," she said. "The songs are derived from everyday experiences."

Landers said people look at the surface of Kittie, without taking the time to hear what they are singing about.

"They think: young females, they're going to exploit their sexuality, or the song *Choke* is about something nasty."

Said Atfield, "If they want to be ignorant and look at it like it's obviously about sex, that's their own problem."

KATHERINE JACKSON

Kittie: Feline rockers Kittie (from left to right)who include drummer Mercedes Landers, guitarist Fallon Bowman, bassist Talena Atfield, and vocalist/guitarist Morgan Landers are out to prove girls can rock too

Monster bookstores threat to Canadian culture

By Sean O'Hara

A Starbucks coffee and a choice from a variety of international papers, books and magazines combined with a comfortable sofa has many Canadians welcoming the monstrous super-bookstores.

However, with superstore book chains like Chapters and Indigo popping up all around and Chapters' recent big venture, some are questioning the impact this will have on Canadian culture and the survival of smaller bookstores like Book City and Seekers in Toronto.

Combined with the Chapters' recent purchase of a majority stake in Pegasus, a giant distribution wholesaler, many small markets are worried about the continued growth of the superstores.

"They're forcing the prices of books up by demanding huge discounts from publishers"

Small market critics like Tony Merante, manager of Seekers book store on Bloor Street, says he doesn't care about the competition but when stores like Chapters start using their clout with publishers and raising the prices of books, then it becomes a problem.

"People think that these big book stores are a bargain but they're not. For every book that they have on sale at 30 per cent off, there's 10,000 that sell at over inflated prices," Merante says. "They're forcing the prices of books up by demanding huge discounts from publishers who in turn raise their prices to get their money."

Merante said that superstores are mostly just sticking to the big sellers and that's really a problem because they are bankrupting a lot of publishers and small market stores by having such a powerful influence on the book industry.

Although Merante believes the best way to compete with the superstores is to find a niche that they don't carry and specialize in those areas, he says that this doesn't always work.

"If there's a popular book coming out, they'll buy the whole print run, preventing places like us and Book City from getting any of the books," he says. "By the time we get it, six months later, our loyal customers have had to go to Chapters."

He says the authors also suffer because they don't get to sell half the books they could have sold because of a single company's exclusive deal.

The debate on cultural protectionism has already reached the federal level with the recent roundtable on Canadian book distribution held by the Parliament's Heritage Committee.

"It's a boom to Canadian culture, we made many more opportutnities for Canadian authors"

However the Heritage Committee stated at the round table that 46 per cent of the books sold domestically are by Canadian authors, up from 30 per cent five years ago.

Chapters book chain was the result of the 1995 merger of Coles and SmithBooks, which has left the chain with 243 locations and 70 superstores.

Helena Aalto, spokesperson for Chapters, says the misconceptions and fallacies about the company on the topic of threatening Canadian culture and putting smaller markets out of business is absolutely false.

"It's a boon to Canadian culture, we made many more opportunities for Canadian authors to have their books featured, stocked and sold," she said.

Superstores like Chapters have created more readers, Aalto said. And it has returned those readers whose reading habits lapsed in the last 20 years because of a welcoming and comfortable atmosphere.

She said in-store readings by local authors are the backbone of Chapters' successful store events, and it has offered readers the chance to meet the authors at the same time.

"Canadian authors have a greater profile now, and there's been a resurgence of pride and support of our authors," she said. "Has Chapters been the major reason for this? No, but it has been a great contributor to the growing trend."

Aalto said that Canadian authors are not the only ones benefiting, the publishers are enjoying record sales as well.

"Virtually every publisher who sells books to Chapters has had their business increase in double-digit amounts, over the last four years," she said.

Aalto said only on rare occasions does Chapters ever buy more than a publisher is willing to sell.

"On the extremely rare times that we have actually wanted to take more of a book than a publisher has sold us, the publisher will extend its run so there is enough for all stores," she said.

George Bragues, an economics and humanities teacher at Humber College, said there is no threat of Canadian writers and publishers being overtaken by foreign titles.

People have this notion that companies in the cultured business, like TV and movies, have a universal message which they try and impose on all cultures but this is not always the case, he said.

"People prefer local products, to some extent, so many businesses whether it be foreign or nationally owned have an interest in providing that sort of demand," Bragues said. "You are only going to be successful in marketing any cultural product if you attune it to the particular areas of each culture."

Bragues said Chapters has actually brought down the prices of books because they buy in bulk, but this also means they can sell books at a lower price than smaller bookstores. Bragues echoes Merante's advice to independent booksellers to specialize in niche markets.

The Punters don't play it safe with Celtic rock

Band hoping to become Canadian household name

By John Maida

Celtic rock band The Punters are well on their way to becoming a household name for Celtic rock purists across Canada.

The Punters, who are currently on an eight-week tour of Canada and have already played in Halifax and right here in Toronto are kicking off the release of their new album *will you wait*.

The Newfoundland four-piece third CD release touches all bases with a more diverse selection of rhythm and melody.

They have divided their organic sound to modern Celtic rock instead of the old traditional style many bands have gone with.

The Punters line-up Larry Foley on lead vocals and guitars, Patrick Moran on lead guitars and fiddle, Chris Batstone on bass guitar, and Rich Spurrell on drums. Signed on with Loggerhead Records, the Punters still want to continue writing music and making more albums.

"We want this record to go as far as it can go, and to continue to keep making albums," said Foley, during a phone interview from Halifax. "We want to become a household name throughout Canada."

When asked about life on the road and touring all over the country for a long period of time, Foley described it as a great learning experience.

"It's great going to so many cities and towns playing in front of so many people in so many different venues," explained Foley. "We meet so many new people and we even run into people we know from back home in Newfoundland.

As for back home in Newfoundland, everyone has had high regard for us and their support has been phenomenal. I guess you can say we've been holding it steady."

Will you wait consists of 12 smooth and unique tracks. It's a collection of tracks that Foley describes as completely different because of the honesty and originality that was put in to it.

"When we were making this album, we wanted to be original and to be as honest as can be. We didn't want to be just another Celtic band with traditional material. We wanted to set ourselves aside from that and find ourselves in our own music," Foley said. "We wanted to spread our wings in our writing and performing."

The Punters which is a term used in Ireland meaning pedestrians, once performed a live webcast for Microsoft back in 1997.

"That performance gave us a nice boost, even though it may sound passé now because everyone does them. We received so many compliments and people in the U.S. even enjoyed our music. It was nice to be involved in that kind of media," Foley said.

For more on The Punters you may visit their home on the Web, www.punters.ca

CD GRAPHIC

The Punters: Third album, *will you wait* doesn't follow the old traditional style of most Celtic rock bands

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Acne doesn't stop after puberty

By Jessica Calleja

If you think acne is just a teenage problem, think again.

Adolescents are often consoled by the assurance they will grow out of their skin problems, but the truth is, acne is becoming increasingly more common among adults in their 20s and 30s.

Dermatologists are finding the problem especially growing among young women.

Doctor Charles Lynde, a professor of dermatology at the University of Toronto, who has been practicing since 1983, said he has noticed an increasing pattern over the last 17 years.

"In the old days acne was primarily a teenage disease. Now, it's not uncommon to see a young executive who's 28 or 30 with this ongoing disease," he said adding the problem is increasing "mainly among women."

"Males get their acne worst when they are teenagers and in their early twenties. It tends to be women that sort of rumble on," he said.

Lynn Cadieux, a first-year Funeral Services student said she can relate to the problem of occasional acne breakouts.

"For sure, especially with school and everything else. But with the stress you definitely have more breakouts," she said.

Lynde explained stress can indirectly change hormone levels and outlined causes for women.

"It's an ongoing hormonal situation. Most teenagers have hormonal changes, when you are starting your period and everything else like that. Some women can have [hormonal changes] because they have polycystic ovarian disease, underlying endometriosis, or a cyst on their adrenal gland or ovaries," he said. "Most do not. A lot of it can be caused by stress."

According to Lynde, the most common areas affected by acne are the chest, back, and face.

"Obviously the face is the most stressing area for people because that's seen all the time," he said.

Cadieux agrees.

"It bothers me. It could be the smallest thing but it always just seems like it's the focal point on your face," she said.

Although body acne is less visible, Lynde said patients find it equally distressing. "Obviously if you have a lot on your back or chest then it alters the clothes you can wear. The nice low cut gown you want to wear to that big formal or even just when you're out in the summertime and you want to wear a bathing suit," he added. "People often get upset because they have a lot of acne in these areas."

"There are a lot of things that can be done," Lynde said. "There are a number of different topical things that can be done. Things are much better than they were 10, 15, 20 years ago."

Lynde prescribes different treatments for varying degrees of acne.

"Many things can be looked after by different retinoids, like Retin-A, Vitamin-A acid, Differin, or Tazorac," he said. "In cases that are worse, you need oral medications which include oral antibiotics such as Tetracycline or Minocycline."

Lynde also suggested the birth control pill as a remedy for some women. He recommended Tri-Cyclin or Diane 35.

For very severe cases, he recommended a drug called Accutane.

Lynde also expressed how acne can have an affect an individual's self esteem, as well as their outward appearance.

"The truth of the matter is people don't die physically, but psychologically it's quite a disheartening thing to have. If you're going out on a big date or even of you're just going to school and you've got a lot of acne on your face you're much more shy and reticent," he said.

"It's the same with people that are going to work." Lynde said. "I treated a fellow just the other day who just graduated from university. He's one of these computer geniuses and is working at a company getting a great deal of money. Everybody thinks he's a sixteen-year-old and they treat him somewhat like a sixteen-year-old because he still has a face of acne. He's quite self-conscious about it."

Renu Nandal is another Humber student who can relate to the self-conscious feelings accompanied by acne breakouts.

"You don't feel very good about it. As soon as you get that oily feeling it's pretty disgusting," she said.

Lynde said dermatologists and most family doctors are in tune with the devastating psychological effects caused by acne.

"I've had people commit suicide because they've had bad acne," he said.

COURTESY PHOTO

Acne: Men and women can develop acne into adulthood

However, there is hope for those suffering from acne, Lynde assured.

"First of all we have better drugs so that allows us to be much more aggressive," he said. "But really in this day in age people shouldn't become scarred from their acne because we do have a number of measures that are much better."

Looking to the future he said, "There are a number of even better drugs coming on the horizon."

What NOT to do

The stress of acne can cause women to resort to measures that actually make the problem worse. Here is a list of what not to do.

- Do not pick at it. Scratching is a No No because it produces scarring.
- Do not steam or cool the face, it often aggravates it.
- Do not put on a ton of makeup to try and hide it. This will only make the acne worse.
- Wash your skin well but do not overly clean it. If you rub too much you will make it raw and irritated and this produces more acne.
- Having a healthy diet and drinking lots of water is beneficial.

Source: Doctor Charles Lynde, University of Toronto.

CARLY SUPPA

Healing touch: Reiki channels energy to help heal the body and mind

Reiki treatment heals the spirit

By Stephanie Sawitz

From the world of natural healing comes one of the oldest new therapies: Reiki.

Reiki, which translated means universal life energy, is a Japanese method of healing that dates back to the 1800s.

Strategically placed hands on the body channel Reiki energy to help heal many ailments such as stress, pain, and is thought to strengthen the immune system. Reiki has even been used on chronic illnesses.

"It's a psycho-spiritual healing," said Talia Wooldridge, a Reiki practitioner in Toronto.

"There's no scientific proof that it works, but it works"

"Physically, I know people who have diminished cancer cells with it. Emotionally, it's used to free up blocks."

Wooldridge said that Reiki is all about the flow of energy.

"Any ancient Asian healing method such as acupuncture, shiatsu, or even tai chi works to make sure the energy isn't blocked at various points," she said.

"If it is blocked, that's when disease would be created."

Diana Meskauskas, a University of Toronto student, underwent Reiki treatment after hearing about its principles.

"I like the idea of harnessing your own energy and using it for your benefit," she said.

Meskauskas said that after the treatment, she felt significantly more relaxed and content.

"I felt so good [afterward]. I felt like something happy was going on inside me. I felt so relaxed."

With all the benefits Reiki treatment can bring, skepticism within the medical community is plentiful.

Kristina Dervaitis, a final-year medical student at the University of Western Ontario said that doctors do not have much to go on when trying to learn about homeopathic treatments.

"There is a complete lack of information and formal teaching in medical school about these treatments," she said.

"When there's not even any evidence published [on Reiki], we have nothing to go on and we can't recommend it."

Dervaitis said the medical community is aware that patients benefit from other treatments.

"We recognize that there is a spiritual side to healing," she said.

However, she cautions that if patients do decide to undergo alternative therapies they should also watch out for potentially high prices.

"It could be very costly to patients," she said.

Wooldridge is aware of the skepticism surrounding Reiki treatment. She said that conventional medicine would dismiss the therapy.

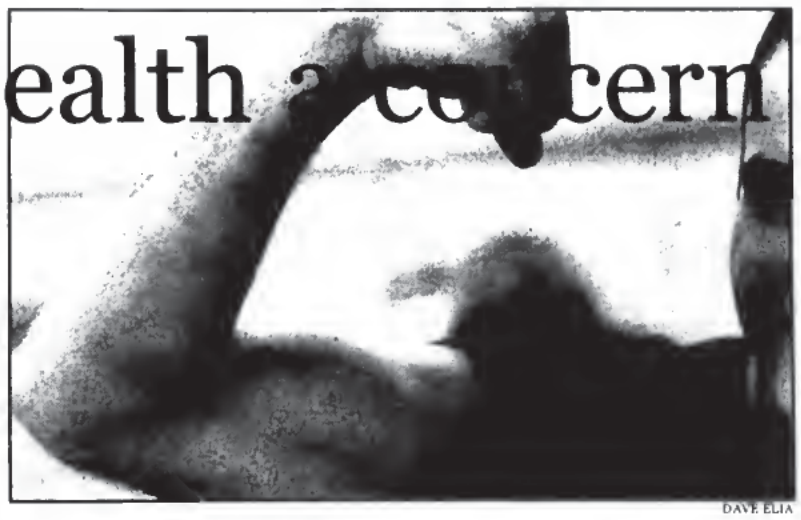
"There's no scientific proof that it works, but it works," she said.

"I would never say I am healing the person, but I am channeling my energy. It is a very intuitive form of healing."

Men's health a concern

With the approval of men's drugs like Viagra, men are more concerned with health

By Dave Elia



DAVE ELIA

Man oh man: Men are becoming more concious of their health thanks to all the new clinics popping up around the country spcifically for them

Apart from when he received a concussion during a hockey game, John Koldenhof hasn't set foot in a doctor's office in years.

"I've been fortunate to not have a reason to go to the doctor, but I'm not going to go because I have a stomach ache," Koldenhof said.

Recently men's health issues have come closer to the forefront than ever.

"You take a pill because your head hurts, then the aspirin makes your stomach ache"

The newly approved impotence drug Viagra has given men a second chance in the sack, while prostate cancer is a hot topic among medical circles.

"Men go to the doctor's like they go shopping, it's very goal oriented. If their foot hurts they'll go," said Dr. Richard Casey, president of the Male Health Centre in Oakville. "Women go shopping not for anything in particular, and they go to the doctor's as part of a routine."

As men get older, Casey recommends prostate exams or prostate specific antigen tests (PSA) that measure the amount of protein secreted to the blood.

Higher than normal levels could indicate cancer. Self-exams of the testicles are also recommended to detect unusual growths.

Testicular cancer is most common in men between the ages of 15 to 35.

Sexual issues have become the largest growing sector of men's health. Since the approval of Viagra, men's clinics continue to pop up everywhere.

The Men's Clinic, known for its 'Sex For Life' ads plastered everywhere, has only been in the Toronto area for three years.

Aiding clients with erectile dysfunction, the clinic has seen the attitude towards men change since its inception.

"Men go to the doctor's like they go shopping, it's very goal oriented"

"Even though it's getting better, [the male reluctance to discuss health] is two-fold," said Jody Bresji, a spokesperson for the Men's Clinic. "Women are used to going to the doctor's at a young age while men aren't. And sometimes men let their ego get in the way."

But Koldenhof disagrees.

"I don't think it's an ego thing. I'm able to do without going to the doctor's so why should I go," he said.

Koldenhof doesn't even take aspirin for a headache or Pepto Bismol to cure a stomach ache. To him, popping pills is a downward spiral.

"You take a pill because your head hurts, then the aspirin makes your stomach ache so you take Gravol. It's a never ending cycle," he said

Casey agrees that men are somewhat reluctant to address their health

"Men's health is a men's issue not a doctor's issue They need to look at their their overall lifestyle, stress levels, and exercise," said Casey.

For information on Dr Casey's Male Health Centre call (905) 338-3130 or visit www.malehealth.com. For information on Mens Clinic call (888) 636-7377 or visit. www.mensclinic.com.

Breast cancer from barbecue

By Mark Bennett

Women are being warned to stay away from barbecuing meat this summer to avoid a possible cancer risk, according to a recent study from the American Cancer Society.

The study shows that cooking meat at high temperatures causes a chemical reaction to occur on the surface of barbecued meat leading to the formation of carcinogenic (cancer-causing) residue.

Charred meat appears to increase the rate of cancer-causing residue, which can lead to breast cancer.

Jennifer Moorecroft, a spokesperson for the Canadian Cancer Society, said the way meat is prepared has a greater impact on women's health.

"The study talks about the risks associated with cooking meat at high temperatures, that includes pan frying, broiling and barbecuing meat," she said.

There are many factors linked to causing cancer, so people should become more aware of those risks."

Many women suffering from breast cancer turn to community-run centres for support after their diagnosis and treatment.

The Willow Breast Cancer Support Services has been providing peer-to-peer support to women with breast cancer since 1994.

Dallas Petroff, executive director for the Willow Breast Cancer Support Services, said women need to consider all aspects of their health and possible cancer risks rather than relying on one study.

"Women need to be given the tools to make up their own minds about their cancer risks," she said. "Willow is here to provide support to women stricken with cancer by giving them access to resources that will enable them to make informed decisions. One study doesn't give women all the information they need to protect their health."

The Canadian Cancer Society also cautions women against using one study to determine their risk for cancer.

Moorecroft said women need to learn more about the disease and use their judgment when choosing the types of food they eat.

"The findings of the study are suggestive – not definitive about a cause of cancer," she said.

"We're pleased this research is going on because everyone needs to be more aware of their risk factors. But people need to remember to eat a healthy variety of foods by following the Canada Food Guide to avoid diseases like cancer, heart disease and diabetes."

Summertime barbecuing is a natural pastime for many Canadian women.

Rosemarie Stewart, an avid barbequer said the study won't have an impact her barbecuing habits.

"Barbecuing and summer go hand in hand," she said. "I enjoy barbequing with my family and friends, but I don't think that cooking with a barbeque can necessarily cause cancer," she said.

April is cancer awareness month.

Mount St. Vincent University pesticide-free

HALIFAX (CUP) - Except for emergency situations, pesticides are now banned at Mount St. Vincent University.

Larry Steele, a modern languages assistant professor and member of the school's environmental committee, says he's pleased with the decision.

PESTICIDE PROHIBITION

"Here at the Mount we take a lot of pride in our grounds," he said. "But we have realized that we do not have to use pesticides to maintain them."

Paul Reyno, director of the University's Physical Plant department, declined comment. In the past, however, he has publicly said he is sympathetic to the push to prohibit pesticides at the University.

"Our goal is the complete elimination of pesticide usage on campus," Reyno said in October.

As environmental issues have been brought to the forefront, the Mount has been progressively limiting pesticide use on campus.

"Spraying will be an absolute last resort"

This past summer, for instance, pesticides were used only three times, one of which was only a spot treatment.

Moreover, an integrated pest management system that combines the use of synthetic and organic fertilizers, as well as hand weeding and turf management techniques, has now been put in place.

"Spraying will be an absolute last resort only to be used in an emergency," said Professor Steele. "But the decision [to spray] will have to be run by the environmental committee first."

HEALTH RISKS

The environmental committee is opposed to pesticide use of almost any kind. Group members argue even limited pesticide applications can pose serious health risks.

Two chemicals that had been used at the Mount in the past – Dursban, an insecticide and Killex, a herbicide – are of particular concern.

"Our goal is the complete elimination of pesticide usage on campus"

Dursban, commonly known as chlorpyrifos, has been linked with nervous disorders, kidney and liver damage, and reproductive problems.

Killex, a combination of herbicidal chemicals including dicamba and 2,4-D, can also contribute to nervous disorders, kidney and liver damage, reproductive problems, birth defects and cancer.

NEW METHODS

The chemical 2,4-D is currently under review by the Environmental Protection Agency in the United States because of concerns about its environmental effects.

Under the new pesticide-free policy, the University will now focus on alternative methods of landscaping and managing weeds and insects.

It will require diversity-ensuring healthy soil, planting based on what is appropriate for the area and introducing plants, like clover, that act as natural pest control.

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Come on, don't be shy

Shyness a serious fear affecting 10 per cent of population

By Natalie Davis

By the time most people reach their college years, they've essentially adapted to people and environments.

But for some, performing everyday tasks, like asking for directions, or making simple eye contact is a constant struggle.

This social fear or anxiety is known to most of us as shyness.

According to Dr. Paul Griesbach, of the Behaviour Institute in Toronto, shyness may be the most commonly occurring form of social anxiety, affecting over 10 per cent of the population, and usually starts in childhood.

"Social anxiety is really the fear of manifesting visible signs of anxiety that people may notice such as blushing, trembling, shaking, sweating, thought blocking, stuttering and stammering," he said.

Griesbach adds that shyness becomes a problem when the fear that others will negatively criticize and evaluate you is overwhelming.

Jane (name has been changed) is unlike most of Griesbach's patients.

Her shyness did not start in childhood, but rather in reaction to life changing experiences in adolescence.

Jane said her shyness started when her family moved to Canada from Sri Lanka.

"Shyness is something that has plagued me for a long time," she said. "I have problems facing people and speaking in public."

Jane said that after emigrating, she became very self-conscious.

"When I would have to do a class presentation, or even something as simple as asking for directions, I was always afraid that people would not like me because of my accent and the way that I looked."

Jane said that because of this fear she would do things such as run home after school to avoid the crowd of children.

She would also abstain from attending school dances and functions.

This type of avoidance behaviour is very common among shyness victims, Griesbach said.

"These individuals will duck as much as they can," he said. "They become workaholics, avoid going out with friends or going to restaurants, cause 'gee what if their hand shakes when they're eating?'"

These individuals have a hard time functioning in situations that most people see as normal and Griesbach stated that it may be genetically linked.

"From what I ... observe ... in the office, perhaps if these individuals had parents who were shy, they might have a greater chance of being shy as well," he said.

However, people like Jane who come from a family which is predominantly outgoing and social, contradict this observation.

"My family is very outgoing, and always holds social gatherings, and attends functions," said Jane. "I am the only member who isolates and withdraws myself."

According to the Web site, www.shyness.com, Dr. Lynne Henderson, of the Shyness Clinic in San Francisco, Ca. believes that shyness and social phobias do not have to interfere with achieving professional and interpersonal goals.

Challenging negative thoughts and beliefs with positive behaviour can relieve it.

Greisbach said that the level of shyness could vary from person to person.

"Some are much more withdrawn than others, while others seem to be very extroverted," he said. "As with anything, shyness comes in degrees."

Although he no longer offers workshops or group meetings in his office, Greisbach does recommend that his patients research local counselling services.

"I advise looking on the net, and investigating through the YMCA, or community colleges such as Sheridan or Humber," he said. "These places have some excellent resources."

Jane stated that although she is very shy, she is slowly beginning to come out of her shell.

"I usually can't talk to anyone about anything, and I am surprised I am being open about my shyness," she said. "Slowly but surely I'm realizing that I have to get over my fears."

Greisbach describes this as a very positive first step toward recovery.

"People are only very likely to motivate themselves to go and get help when they feel that it's beginning to interfere somehow with their normal functioning life, otherwise they will probably avoid everything, including help," he said.

"It's like a bubble that surrounds me, every time I try to escape it, it holds me back," said Jane. "But I think it's because I haven't been using the right tools up until now, and pretty soon I'm gonna find the needle to burst the bubble."

CONVOCATION 2000

June 13 at 7:30 p.m. -	School of Information Technology, Accounting & Electronics School of Performing Arts - Lakeshore School of Social & Community Services - Lakeshore
June 14 at 2:00 p.m. -	HRT Alliance - Tourism Industries Training Liberal Arts and Sciences - [Including Lakeshore] School for the Built Environment
June 15 at 2:00 p.m. -	School of Manufacturing Technology & Design School of Media Studies
June 15 at 7:30 p.m. -	The Business School [North and Lakeshore]
June 16 at 2:00 p.m. -	School of Health Sciences
June 16 at 7:30 p.m. -	School of Health Sciences

IF YOU WISH TO ATTEND THE JUNE CONVOCATION CEREMONY YOU SHOULD APPLY BEFORE MAY 8TH BY:

Telephone - (416) 675-5000 **C.H.R.I.S.** - (416) 798-1034

Mail/In person - Submit application to the Customer Service and Registration Centre

Office of the Registrar

Humber College and the HRT Alliance

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Tanning the new taboo with skin cancer on the rise

By Stephanie Hess

Humber students got the latest dish on skin cancer and summer sun safety last Thursday when the SAC Health Centre hosted their sunscreen awareness event.

The event came complete with information pamphlets and free sunscreen samples.

Students were encouraged to visit the event and learn how to protect themselves from the sun when enjoying the hot summer weather.

"This is a day-in-age where we have to be careful. There's an incredible increase in skin cancer. We want to inform people, so we set up info and offer free stuff," said Brent Foreman, a second-year Nursing student.

According to the Canadian Cancer Society, one in five people are at risk of developing skin cancer.

In the last 30 years, skin cancer has tripled in males and doubled in females.

"The main idea is to teach people to enjoy the sun and to be smart. You know how there's smart sex well there has to be smart sun sense," said Patricia Reason, one of the Health Centre counsellors.

Brand name sunglasses were awarded to those winning students who entered the draw.

"There's smart sex, there has to be smart sun sense"

Sunglasses are important safety items to wear when out in the sun because they not only protect your eyes but they reduce the risk of developing premature cataracts.

"I think it's a good idea," said Zenia Kahan, a first-year Nursing student. "I have to wonder about the vitamin E in the sun block though. I think it's better to have it in your diet."

Vitamin E is included in some sunscreens and is nourishing for the skin.

"It would work as a means of keeping the skin from drying out. The moisture would be retained in the skin better," said Irene Bond, a Health Centre counsellor.

Wearing a sunscreen of 15 or higher and sporting hats and sunglasses when out in the sun is the best way to reduce the risk of developing skin cancer.

"The sun has become less of a friend and more of an enemy. It isn't what it once was, it has gotten more dangerous," Reason said.

According to Nursing student Phyllis Nichols, any sunscreen over 30 doesn't work any better than those with lower ratings.

Waterproof sunscreen is not exactly waterproof either.

The instructions say to apply after getting out of the water as well as before getting in the water.

Nichols said the only difference is the waterproof doesn't rinse off as easily.

"Any sort of tanning is unhealthy. Tanning salons are no different," Nichols said.

But she does suggest using a sunscreen containing titanium dioxide.

Titanium dioxide helps block the sun's rays more completely.

According to Bond, regular sun block absorbs the sun's rays rather than the skin.

The titanium sun block works as a deflector and scatters the sun's rays preventing any penetration of the rays into the skin.

Bond said titanium sun block is ideal for those who are allergic to the sun.

"It's incredible how many people don't know how to protect themselves," said Foreman.

Students are encouraged to pay close attention to moles on their bodies.

If they change shape, itch or bleed, students should see a doctor because they may be cancerous.

STEPHANIE HESS

Beach babes: Students crowd around the information table at the Sunscreen awareness event put on by the Health Centre last week

ONTARIO BLUE CROSS

sac Students' Association Council

Family Coverage & Co-Op Students

Student Accident & Sickness Insurance Plan

Family Coverage
Full time summer students can purchase Blue Cross coverage for their spouse and/or children.

Co-op Students
Co-op students can purchase Blue Cross coverage for their co-op semester.

Procedure:
Bring the following to the SAC office (KX105 North Campus) or call Iris Kohler at (416) 675-5051

Family Coverage:
- Health card for each family member
- SIN Card for each family member 6 years old and up
- $25.00 cash for each family member you sign up
- Your Humber Student I.D. card

Co-op Coverage:
- $42.88 per semester registered for co-op
- Your Humber I.D. card

DEADLINE: June 2, 2000

Health reporter shakes medical community

MONTREAL (CUP) - The widely held belief that AIDS is caused solely by HIV needs to be re-examined, says health writer and journalist Nicholas Regush.

Regush, a former medical reporter for The Montreal Gazette and current producer of ABC's World News Tonight, was in town promoting his new book, *The Virus Within*.

The virus the author refers to in the title is Human Herpes Virus 6 (HHV-6), a common virus that is believed to reside in between 80 and 90 per cent of the population.

"My book is a mystery story," said Regush. "It's an attempt to unravel the mystery about a particular virus that probably sits in every one of us."

Regush's book is largely an account of the work of Konstance Knox and Donald Kerrigan, two researchers in Milwaukee who claim to have found a link between HHV-6 and AIDS.

Regush calls Knox and Donald, "two heroic scientists who challenged the model and fought the system."

The model Regush referred to is the "HIV theory of AIDS," while the system is the research institutions, grant agencies and pharmaceutical companies that he claims have a financial interest in the HIV theory's legitimacy.

"When looking at medicine in our culture you basically have to follow the money," he said. "When you do that, you find that there's a rich association among the players on the field."

While he makes it clear he does not claim HHV-6 to be the direct cause of AIDS, Regush dismisses what he calls the, "single bullet theory of HIV."

"We have this notion of this bullet from hell ... that dismantles the entire immune system," he said.

Regush instead favours a comprehensive approach that looks at a variety of potential factors, like HHV-6 and other herpes viruses, and how those agents might be working together to cause AIDS.

His controversial book has provoked discussion and created outrage throughout the AIDS research community. He claims that of the more than 2,000 e-mails he receives in a week, between 10 and 15 per cent are threats.

One of the most outspoken Regush critics has been Mark Wainberg, director of McGill University's AIDS Centre.

Wainberg is concerned that Regush's book is dangerous because it uses persuasive language and scientific inaccuracies to mislead a gullible public.

"Would you want me to debate someone who said that cigarettes didn't cause cancer?" said Wainberg. "People don't have the right to say whatever they feel when the public health is at risk. I just don't see the legitimacy of wanting to engage in debate on a topic for which there is irrefutable proof that HIV and not HHV-6 is the cause of AIDS."

Wainberg also fears arguments like Regush's could have a dangerous effect on people's attitudes.

"If he, through demeaning the role of HIV, manages to persuade even one person that safe-sex precautions are not worth taking, that would be unfortunate," he said.

Columnist John Maida previews the Stanley Cup playoffs and makes a few educated predictions: p32

SPORTS et etc

How the CIAU compares to the NCAA, p31 Maida bullish on the Flyers, p31

MELISSA MOHAUPT

Congrats: Chris Gill No. 25 and teammates with the Rock celebrate one of many goals they scored against the Albany Attack at Maple Leaf Gardens last Saturday afternoon

Rock clinch playoff berth

Huge offensive output leads to a lopsided win for the Toronto Rock

By Melissa Mohaupt

On a cold and windy Saturday afternoon more than 15,000 boisterous fans came out to see the Toronto Rock's last regular season home game on April 8.

But inside Maple Leaf Gardens, the Rock snipers were hot as they trounced the Albany Attack in a blowout, 17-8.

Courtesy of head coach Les Bartley and his magic marker, the word 'ENERGY' loomed large on the blackboard in the dressing room, and the Rock displayed just that. With this win, they have clinched a playoff spot, much to the relief of their leading scorer Dan Stroup.

"We had a tough start to the season, but in the last three games things have started to come together," Stroup said.

The Rock's teamwork shone in this game, with the second stringers grabbing their share of the spotlight.

"We were kind of struggling at scoring goals and we were getting them from just two guys, Chris Gill and Dan Stroup. Now it's spreading out and everyone's getting goals. It's good to see," said rookie Kaleb Toth.

Terry Bullen, Rodd Squire, and Dean Harrison all got their first goals of the year to open the Rock's scoring. Toth, Steve Toll and Colin Doyle each scored a pair, and Stroup, Chris Langdale, Pat Coyle, and Glenn Clark each put in singles. This type of depth was exactly what Bartley was looking for from his team.

"A balanced attack, where your scoring comes from a lot of different people is hard to defend against, instead of two people that score all your goals," Bartley said.

It took a bit of time for Toronto to adjust to Albany's style of play, but once they made the necessary adjustments the Rock ended up playing their most aggressive home game of the season.

"We had a tough start to the season, but in the last three games things have started to come together."

"There are a lot of Canadian players on their team, and that's the style [we] play. We like to play it physical – just like our hockey. This was two Canadian teams going at it, and it was a good physical game," Toth said.

That included an all-out brawl that erupted at the end of the first quarter. With 2.7 seconds left Albany defenceman Darren Mutch pulled the cage off of Kim Squire's helmet.

Squire didn't take kindly to Mutch's actions which resulted in various scuffles breaking out. Wearing Mutch's blood on his jersey, Squire waved triumphantly to the crowd on his way to the penalty box, and received a standing ovation. To top off the evening, he then scored two goals and was named Game MVP.

Captain Jim Veltman, said Bartley's morale booster and improved shooting was what the team needed to carry out their coach's game plan.

"When it was 5-3 for them, there was a time-out and everybody looked at each other and said, 'what are we going to do about this?' We just told each other, 'don't stop shooting. It's going to go in,'" Veltman said.

From that point on, the Rock attackers flaunted their diversified attack through breakaway goals, diving shots, screened passes, and behind the back maneuvers.

"You break the goalie. And then he starts guessing, thinking about what we're going to do next. We tried to mix up our shots, and I think that was one of the key factors in winning," Veltman said.

In the second and third quarters, the Rock also went on two quick runs, and Bartley hopes that will continue into the playoffs.

"If you can get those momentum runs, you usually have a lot of success," Bartley said. "We've been able to do that the last couple of games where we've scored about three in a row. If you get three, you've got something going for yourself."

Toronto's last game before the playoffs begin is Saturday April 15 against the lowly Syracuse Smash.

Psst: Take the Flyers in seven

JOHN MAIDA

Ahh, I love the smell of playoff hockey in the morning. And in the afternoon, at night, and even in my sleep.

Unless you've been living under a rock or have been abducted by aliens, you've probably noticed that the NHL playoffs have arrived. Excuse me while I stop to sing. "It's the most wonderful time of the year!....La la la" (I forget the rest of the words).

The NHL playoffs are like my second Christmas. Ha! Suckers, Christmas comes twice a year for the John man.

Just as my good friend and partner-in-crime Frank Monaco is giddy about his new found passion for golf, I am exactly the same way when playoff hockey rolls around.

I can't get enough of the sound of newly sharpened skates gliding along the freshly flooded ice. The sound of the puck as it leaves the blade of the stick and hits the twine of the net. The piercing noise of the horn as a goal is scored.

The pace is faster, the hits are harder, the goals are sweeter, the crowd is louder, the players are more intense, hell, even the zamboni drivers are jacked up. It's a whole new, exciting, adrenaline-filled season.

So who's it going to be this year? Which team will take their play to another level and reach the ultimate goal of hoisting Lord Stanley's mug above their heads?

Will the defending champion Dallas Stars repeat another "in-the-crease" miracle? Will Dominik Hasek finally live up to his name and take the Sabres to the promised land? Can Scotty Bowman lead his ageless Red Wings to the holy grail? Can the Flyers do it without a solidified goaltender and the services of ex-captain Eric Lindros? Will Ray Bourque ever get his ring? Are the St. Louis Blues for real?

There are so many questions, so many predictions and too many excuses. I don't care about ifs, ands or buts. I just want in-your-face, smash-mouth, sudden-death, all-out, take-no-prisoners, entertaining hockey. I want to see goals, but not goals decided by the video-replay guy. I want to see saves, hits, fights, long overtime-periods, and even the occasional glass shattering and octopus throwing.

None of that dump-and-chase, foot-in-the-crease, stick swinging, two minutes for instigating, hitting from behind crap that most of us have been so accustomed to. Shut up and let's see some real hockey.

Let the games begin. Since I am a man of my word, I will stick to my pre-season predictions and select the Philadelphia Flyers to win it all. I'll wait for you all to stop laughing then I'll tell you why.

FACTOR NUMBER ONE

Even without the Big E and with the unproven playoff goaltending of rookie Brian Boucher, the Flyers are still the biggest, the toughest, one of the most skilled teams, and the team with the most depth. These are all of the mandatory elements needed to be successful in the Stanley Cup playoffs.

Brian Boucher has displayed enough promise throughout the regular season to show that he can handle being the Flyers' number one goaltender during the playoffs. And if the Flyers need it, they can always put the call in to veteran goalie John Vanbiesbrouck. Vanbiesbrouck took a lot of criticism for the Flyers' early exit in the playoffs last year but in reality the poor guy only let in a grand total of nine goals in the six game series. He never had any offensive support. I'm certain that if he gets called upon this year he will silence all of his critics with a stellar performance.

FACTOR NUMBER TWO

The key additions of Keith Primeau, Rick Tocchet, Kent Manderville, and Gino Odjick. In addition, with John LeClair, Mark Recchi, rookie sensation Simon Gagne, and the possible second round return of Lindros makes this squad unstoppable.

True, they do face the daunting task of facing Hasek and his new and improved Buffalo Sabres, but Philly may be the only team in the Eastern Conference who can manhandle the Sabres and eliminate them from the playoffs.

FACTOR NUMBER THREE

The Flyers are playing with inspiration and incentive. In case you've forgotten, Flyer's head coach Roger Neilson is suffering from bone marrow cancer. The Flyers want to win it for Roger and prove to the rest of the league that despite all of the distractions and controversies that has haunted this team all year, nothing and nobody will stand in their way.

The Philadelphia Flyers will win the Stanley Cup this year in six games over the Colorado Avalanche. My sentimental pick, the Toronto Maple Leafs will go as far as the final four, bowing out in five games to the Flyers. The St. Louis "fluke" Blues will lose in the first round to the dangerous and underrated San Jose Sharks.

There you have it. You've heard my opinion now sit back, grab some beer and nachos, and enjoy the 1999-2000 NHL Stanley Cup playoffs. I know I will.

NCAA out-leaps the CIAU

Canadian athletes make the grade

BY STEVE RAMELLI

When it comes to collegiate athletics, Canada's post-secondary institutions have decided to take the traditional route of placing academics above athletics.

Our American neighbours though, tend to take the opposite route.

American Colleges offer full and limited scholarships to athletes who excel in a particular sport. Gifted athletes are a hot commodity in the U.S. bringing their respective post-secondary institution wide recognition and exposure through their accomplishments in the field of athletics.

The Canadian Intercollegiate Athletic Union (CIAU) has resisted temptations over the years to follow the American model of collegiate athletics despite their apathetic attendance and disinterested alumni.

"Sports are a way of life in the U.S. so it is more a part of their daily lives. Alumni are more likely to remain involved," said Doug Fox, athletic director at Humber College. "But I think that in Canada we keep sport in its place and I think it's a healthier attitude."

Because of this obsession, the National Collegiate Athletic Association (NCAA) is a money making machine.

With network television contracts and expensive endorsement deals, the American model is seen as more prestigious than its Canadian counterpart.

Despite the success of the NCAA the CIAU wants no part of it.

Kyle Winters, the director of marketing and community relations for the faculty of physical education at the University of Toronto, believes that academics should be the only determining factor in whether a student is accepted to a post-secondary institution.

"Our belief is that a student should come to a university based on their academic qualifications and that their participation in sport as a co-curricular activity is a complement to their educational experience. We are trying to create student athletes, not athletes that are students."

Even with all of the successes financially of the NCAA all is not rosy south of the border.

With money inevitably comes corruption.

Recently there has been instances where players have been suspended for their dealings with agents and other unethical behaviour.

Auburn Tiger basketball star Chris Porter who was suspended late in the 1999 season for dealing with an agent, is just one of many athletes at an American College who have been caught with their hand in the cookie jar.

"Sports are a way of life in the U.S. so it is more a part of their daily lives"

Mike Dinning, the athletic director at Simon Fraser University in B.C. understands all about the NCAA. Simon Fraser is the only Canadian school to offer scholarships and therefore they compete in the National Association of Intercollegiate Athletics (NAIA). Dinning is the only NCAA athletic director in Canada.

He believes that the current system will always have to deal with the unethical few.

"I don't think that you can legislate ethics. Ultimately people who are not ethical will not follow the rules. I don't think that the NCAA will ever be able to get rid of corruption," he said.

Fox agrees with Dinning.

"One thing that occurs with the NCAA is that there is so much pressure to win that people begin to do things that are unethical. The alumni begin to give cars to players to go to their institution or things like that."

Winters said that the CIAU does not want any part of the problems that the NCAA is having, yet they would like to sell their sports to the business community.

"The CIAU is trying to build a better partnership with business. They are trying to identify what markets are interested in certain sports and they are trying to capitalize on the personalities of some of the student athletes themselves."

Another major problem facing the CIAU is that many Canadian athletes are opting to go to the U.S. and play for NCAA schools instead of staying home and attending a Canadian university.

Dinning believes that most American universities offer an attractive package for young up-and-coming Canadian athletes.

"When you're looking at Division I schools, they are highly visible and very attractive, especially if they are going to give you a full-ride scholarship," said Dinning.

Dinning also worked at the York University athletic office and knows what kind of debates the CIAU are having.

The major debate for the CIAU is whether they should offer athletic scholarships.

"I think that scholarships are one answer," said Dinning. "Personally, I think that awarding students that excel in athletics and meet the academic requirements of the university is consistent with the goals and objectives of the university."

Winters disagrees with Dinning. He believes that scholarships are not the answer. "We want students at our schools who are students first. We want them to come to a school based on its academic merit, not because of its athletic program."

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Stanley Cup Maida-ness

By John Maida

"I'm baaaack!" Just when you thought you'd seen the last of the better-looking – not to mention stronger and smarter (wink) – half of the Double-M team, I have returned to flex my muscles once again.

I'm even bigger and better than the last time saw my ugly mug on the pages of the *Et Cetera*.

This time around I'm going to select, predict and analyze the outcomes of the first round of the 1999-2000 NHL Stanley Cup playoffs.

What an extraordinary season it's been in the NHL, and there's no better way to close out the regular season than with some feedback from me.

I don't suggest you bet all of your money on my picks, but I will use my uncanny knowledge of the game to the best of my ability and select the right teams. I'm sure you will appreciate my in depth analysis and I'll even help you poolies out there with some sure picks, darkhorses, and sleepers.

Here we go.

MAIDA'S PICKS:

EASTERN CONFERENCE

#1 Philadelphia Flyers
vs.
#8 Buffalo Sabres

Philly in seven games

The skinny - The Flyers will take this series solely because they are hungrier and much more determined than the Sabres. The Flyers want to put all the team controversy behind them and begin their trek to the Stanley Cup. Key additions by the Flyers late in the season such as Rick Tocchet and Gino Odjick will make them a force to be reckoned with. The Sabres just barely made it into the playoffs, clinching the eighth and final spot on the last day of the regular season beating out Carolina. The Sabres are a smaller, weaker team and Hasek will retire after the series. Good riddance.

Players to watch - Mark Recchi and John LeClair will be outstanding, but don't forget about big Keith Primeau who will do just fine filling in for the injured Eric Lindros. Keep a keen eye on Doug Gilmour. He still finds ways to put up the points.

Darkhorses and sleepers - Daymond Langkow and Simon Gagne for Philly and Chris Gratton and Jason Woolley for the Sabres.

#2 Washington Capitals
vs.
#7 Pittsburgh Penguins

The Capitals in six games

The skinny - Once again these two teams meet in the opening round of the playoffs. This time the Capitals are a much more disciplined team with excellent goaltending and two healthy scoring lines, which should be enough to beat the Pens. Jaromir Jagr will single-handly win a few games for the Penguins but he will eventually burn out from the tight checking Caps.

Players to watch - Jaromir Jagr, no one else. Olaf Kolzig will be a tower of power between the pipes for the Caps. Peter Bondra must produce after a disappointing season.

Darkhorses and Sleepers - Richard Zednik and Sergei Gonchar for Washington and Josef Beranek for Pittsburgh.

#3 Toronto Maple Leafs
vs.
#6 Ottawa Senators

The Leafs in seven games

The skinny - This will prove to be the most exciting series in the first round. The 'Battle of Ontario' has grown to be a heated rivalry. These two teams don't like each other. The Leafs will take this series because of one man, Toronto goalie Curtis Joseph. Cujo is ten times better than Senators goalies Tom Barasso and Patrick Lalime combined. Not even the skilled Senator forwards will be enough to beat the Leafs. The Leafs should have defencemen Dmitri Yushkevich and Danny Markov back for the opening game. Markov is making his return from a broken foot. Gerald Diduck is also filling in nicely for the Leafs, especially with star defenceman Bryan Berard injured. The Senators got some bad news, learning that defenceman Wade Redden will likely miss three weeks of the playoffs with a broken foot sustained during the final game of the regular season against the Tampa Bay Lightning. Coupled with the possible absence of forward Shawn McEachern this may prove costly for Ottawa.

Players to watch - The Swedish sensations Mats Sundin and Daniel Alfreddsson will go toe to toe. The respective captains must produce or their teams will be golfing in two weeks. Darcy Tucker will prove to be a valuable asset for the Buds. Once again, this series will be decided on the goaltending of Curtis Jospeh. Keep a darkhorse eye on Dimitri Khristich of the Leafs, and if Wendel Clark plays, watch out.

Sleeper picks - Magnus Arveddson, Joe Juneau for the Sens and Yanic Perreault for Toronto.

#4 New Jersey Devils
vs.
#5 Florida Panthers

The Panthers in six games

The skinny - Goals, goals, and more goals. With so much talent and so many snipers on both teams, it's hard to pick who will take this series. The Panthers should win because Bure is just so damn good and he's backed up by the awesome play of the underrated Viktor Kozlov and the experienced goaltending of Mike Vernon. The Devils were struggling near the end of the regular season, and new head coach Larry Robinson hasn't had enough time to gel with his squad. Besides, the Devils just don't play decent hockey in the post-season. The Devils will get a significant boost when they welcome back all-star defenceman Scott Niedermeyer who was serving a 10 game suspension.

Players to watch - Pavel 'The Russian Rocket' Bure. Fifty-eight goals this year, enough said. The Devils exciting trio of Patrik Elias, Scott Gomez and Alexander Mogilny should give the Devils a boost but it won't be enough.

Darkhorses and Sleepers - Ray Whitney and Ray Sheppard for Florida. Claude Lemieux and Jason Arnott for the Devils.

WESTERN CONFERENCE.

#1 St. Louis Blues
vs.
#8 San Jose Sharks

The Sharks in seven games

The skinny - I'm still not convinced that the Blues are for real. Yes, they are very well coached, and do have perhaps the NHL's best defenceman in Chris Pronger, but I don't see them going far in the post-season. Can Pavol Demitra return early from his injury and can Pierre Turgeon carry this team deep into the playoffs? I don't think so. Hey, there's bound to be an upset in the first round. Besides the Sharks are a very dangerous team. Look at the seasons that Owen Nolan and Vinny Damphousse had. The Sharks definitely have what it takes to pull off a huge upset.

Players to watch - In order for the Sharks to be successful they need strong goalkeeping from Steve Shields. Keep an eye on the speedy Jeff Friesen. The Sharks also need him to produce. Chris Pronger and Al MacInnis are just too good on that blueline for St. Louis.

Darkhorses and Sleepers - Mike Ricci and Patrick Marleau for the Sharks, and Michal Handzus for the Blues.

#2 Dallas Stars
vs.
#7 Edmonton Oilers

The Oilers in six games

The skinny - The Stars ain't the same team that won the cup last year. Injuries have plagued this team all year, and there are many new faces on the Stars. There are too many holes in the Stars line-up. The Oilers on the other hand have been down this road so many times before, so they are well aware of what's in store. Tommy Salo should be solid between the pipes for Edmonton. But don't count on a lot of goals in this series. The speedy and talented Oilers who have more experience this time around will eliminate the Stars with ease led by the awesome attack of Doug Weight, Bill Guerin, and Ryan Smyth. The Stars just don't seem hungry this year.

Players to watch - Mike Modano. If he doesn't play his game, the Stars are going nowhere. The Stars also need all-star defenceman Serge Zubov back, who is nursing an injured knee and it's uncertain when he will return to action. The Oilers need players such as Alexander Selivanov and German Titov to pick up their level of play and take pressure off the first line.

Darkhorses and sleepers - Jamie Langenbrunner from Dallas, Alex Selivanov, and Rem Murray from the Oilers.

#3 Colorado Avalanche
vs.
#6 Phoenix Coyotes

The Avs in five games

The skinny - I would like to say the Avs sweep the series but that's probably a little far-fetched because of the late-season injury to Peter Forsberg. Nonetheless this series will be a laugher at that. Even without Forsberg, the Avs can still win the big game, they proved that during the regular season when Forsberg was injured half the time. Phoenix has no goaltending, period. Bob Essensa and Sean Burke, Ha ha. Jeremy Roenick must do all of the work here. Keith Tkachuk is too slow, has a bad ankle, and is too caught up on his contract squabbles next season. No upset here folks.

Players to watch - Once again Jeremy Roenick must carry the load for the Coyotes but he can't do it all by himself. Patrick Roy is still the best playoff goalie and Joe Sakic, Milan Hejduk, and Chris Drury make Colorado a very dangerous team. The Avalanche also have a pretty explosive blueline with the likes of Sandis Ozolinsh, Ray Bourque and Adam Foote.

Darkhorses and sleepers - Shane Doan and Mikael Renberg of Phoenix. Alex Tanguay and Dave Andreychuk of the Avs.

#4 Detroit Red Wings
vs.
#5 Los Angeles Kings

The Wings in five games

The skinny - The injuries to Zigmund Palffy and Bryan Smolinski may prove costly for L.A. as they attempt to upset the Red Wings. They also don't have experienced goaltending which is crucial for a team to be successful in the post-season. The Red Wings are hot. Chris Osgood is on top of his game and the ageless Wings just won't go away. The NHL's second best team has a healthy line-up and Steve Yzerman is probably playing the best hockey of his career. Scotty Bowman has his boys on the right track. Throw in 70-plus point defenceman Niklas Lidstrom into the fold, along with veteran defenceman Chris Chelios and that spells trouble for Andy Murray's Kings.

Players to watch - With Palffy and Smolinski hurt, Luc Robitaille and Josef Stumpel have to step it up. The same goes for all-star defenceman Rob Blake. Yzerman will be a thrill to watch and Sergei Fedorov should return to his former self and who can forget about big bad Brendan Shanahan.

Darkhorses and sleepers - Nelson Emerson for the Kings, and Detroit's Martin Lapointe and Pat Verbeek.

FINAL PREDICTIONS

Mark Recchi will win the Conn Smythe Trophy.

The Flyers, Leafs, Avalanche, Red Wings will make it to the final four.

The Flyers will defeat the Avs in a classic seven game series to win the Stanley Cup

Thank you and God bless.

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CRTC serves up ruling that goes to bat for sports fans

Sports broadcasting industry will remain healthy in Canada

By Steve Ramelli

The long-awaited Canadian Radio Television and Telecommunications Commission (CRTC) ruling on the sale of Netstar to CTV has arrived.

The CRTC allowed the sale and the ruling was based on the plan proposed by CTV to buy Netstar, the company that owns and operates The Sports Network (TSN) and other specialty stations.

Many in the sports broadcasting industry were worried before the sale was granted because people believed that CTV would have a monopoly in the sports broadcasting industry in Canada.

"The sale will affect different people in different ways. It will hurt the individual teams because there won't be as much competition for rights fees," said Brian Spear, supervising producer at Headline Sports about two months before the CRTC made their decision.

Spear also had fears over job security for those in the industry.

"There probably won't be as many jobs because it only makes sense that they won't double up on positions changing two networks into one."

DISBANDMENT OF SPORTSNET

The CRTC alleviated everyone's concerns by including an important clause in the agreement; CTV will have to sell its 40 per cent interest in CTV Sportsnet and dissolve themselves completely from the network within one year, so that CTV would not have a monopoly and the industry could remain healthy in Canada.

"We felt there would have been too much ownership in terms of sports broadcasting that would have been in the hands of CTV," said Denis Carmel, spokesperson for the CRTC.

"Sportsnet, TSN and RDS [the French language version of TSN]. It would have been too much and they in turn would have controlled the market," he said.

CTV Vice President of Corporate Affairs, Tom Curzon said that he thought the two networks would be able to co-exist under one roof.

"We thought we made a comprehensive argument to the CRTC. We argued that the two stations, Sportsnet and TSN would complement each other," he said.

"The CRTC argued that in the interest of competition within the sports broadcasting industry in Canada, that we should detach ourselves from Sportsnet."

> *"It will hurt the individual teams because there won't be as much competition for rights fees"*

This issue did not only affect the sports broadcasting industry itself. It affected the professional sports franchises in Canada that depend on the money generated by television revenues to survive.

"Any kind of competition in the market is good for us and the other teams in Canada so we're happy with the CRTC's decision," said Matt Ackler, who works in the media relations department for Maple Leaf Sports and Entertainment Limited.

The CRTC's decision comes as good news to many of Canada's cash strapped sports franchises. A monopoly in the sports broadcasting industry would drive the cost of rights fees down, which is a scenario that would devastate many of the teams.

"We had testimonials from professional leagues saying that it would be very difficult to negotiate rights. If there was only one broadcaster, there would be skewed negotiations taking place and the teams would be on the short end of the stick," Carmel said.

AMERICAN NETWORKS

Ackler denies rumors have also been floating around that Maple Leaf Sports and Entertainment was interested in purchasing some interest in Sportsnet.

"We do not have any interest in buying Sportsnet, but Maple Leaf Sports and Entertainment Limited has itself applied to the CRTC for two different digital channels, Leafs TV and Raptors TV, but neither would broadcast games because the rights are tied up for several years."

STEVE RAMELLI

Sold: The sale of Netstar to CTV means big changes for the network

ESPN, the first American all sports station was another major player in the sale of Netstar. With a 32 per cent share of Netstar, they were influential in the merger and played a role from the start.

"Part of ESPN's shareholders agreement was a right of first refusal. They had the right to block any transaction and decide upon another partner. When Netstar reached a deal to sell with Canwest Global, ESPN exercised their right of first refusal and Netstar turned around and asked CTV to make a better bid. They did and ESPN still has a 32 per cent share in Netstar after the sale," said Curzon.

ESPN does have some leverage over CTV in the new deal.

"ESPN does have the right to order CTV to re-brand TSN as ESPN Canada," said Carmel. "In television, branding is everything so it gave ESPN a lot of power over CTV which can be used as leverage."

Curzon: Looking to keep Sportsnet

Carmel does have some concerns about an American broadcaster having so much influence in Canadian television but he believes that CTV will benefit from the acquisition of Netstar.

"I think that what it does is offer multiple windows for CTV and gives them a chance to get the right to some really big events. We like for players to be strong in the market. Poor broadcasters do poor broadcasting and we want quality broadcasting," said Carmel.

The CRTC also made another ruling that would effect sports broadcasting in Canada. Headline Sports, an all-sports network, limited to showing news and highlights has had their application approved and will start broadcasting live sports in the near future.

"Headline Sports came to us and said that they needed it to survive and the type of broadcasting they would do would not jeopardize the operations of Sportsnet and TSN."

Anthony Cicione, program director of Headline Sports says that they will get under way with live broadcasting as soon as they iron out a few wrinkles.

"We can show anything, NHL, NBA etc. there is no restriction on what we can show. We're doing some research now into what rights are available, what our production costs will be and how it will fit into our business plan. As soon as we find that out, we will launch it."

Cicione also said that the essence of Headline Sports will not change.

"The ability to show live sports will not affect our news gathering. The core of the business will still be the news and the highlights. We are going to bring the live games into what we are doing, and the sports ticker will still always be on the screen."

Some thought that the partnership of CTV and Netstar would effect Headline Sports in a detrimental way. Cicione disagrees.

"I don't think it effects us either way because the live event is minimal in what we do. Our main business plan is not based on the live event, it is based on the news of sports and highlights. We're just using the live events as a supplement to our station."

There has always between a constant ratings battle between the various sports networks in Canada and many expect that competition will continue to thrive, thus bringing the viewer the best possible coverage.

With Headline Sports entering the ratings battle covering live sporting events, the choices now available to the viewer have increased even more. And with sports broadcasting continuing to be a big business, the Canadian viewer will have more choices and nothing to worry about.

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Humber student goes to great lengths to skate for Canadian Black Ice Team

BY SHANNON SLACK

The sport of synchronized skating was so important to Humber student Erin Bridge, that the American native came to Canada to pursue her dream.

Bridge moved to Toronto last year after being accepted onto the Canadian champion skating team, Black Ice. She wanted to go away to school, and still skate.

"Leaving what I was used to and familiar with was hard because I didn't know anyone," she said. "It's been amazing, it's like a dream come true for me."

"I wanted a challenge, I wanted to skate on a team that pushed me. I never thought that I would be able to be on the team because I am American. It wasn't something that I considered. I always thought Black Ice was above and beyond any American team that I've ever seen," she said.

Bridge remembers arriving at the arena for tryouts after a four hour drive from her hometown Troy, Michigan.

"I was sitting in the car in the parking lot at the rink with my mom and I told her I wasn't going in. I said 'What am I doing here?'"

Black Ice Coach Cathy Dalton didn't take Bridge seriously when she wanted to tryout for the team.

"I thought it was a skater who just wanted to come across the border to see if she could make the team. I didn't really feel like anyone would want to upset their entire life to skate for Black Ice," she said.

Bridge said that she was scared at first to skate for the team.

"I was afraid that everyone [on the team] would be mad at me because I had taken the spot of another Canadian skater," she said.

Soon after the first tryout her teammates began to accept her and the friendships she has made have been unbelievable.

"I like just being around the team, the girls. I like the friendships I've made. We all get along really well."

She said that representing Canada at international competitions was strange at first. She also had to get used to the 'Canadian language.'

"In the States, a dressing room is called a changing room, a ghetto-blaster is called a boom box, and a flood is called a re-surface."

Bridge is in her first-year at Humber, in the design foundations program.

Because the team is so competitive, she said that the most challenging thing for her is balancing school and skating.

"Managing your time is very important. You don't have time to fool around if you want to skate and go to school. You don't have a lot of free time," she said.

"I wanted a challenge, I wanted to skate on a team that pushed me"

"She has to be disciplined in order to do school work and skate. I don't know how she does it. To me it's amazing," said her mother Joan Bridge.

Bridge's coaches say that she is a very determined girl on and off the ice.

"Her drive, her attitude, she's a fun loving girl. I think her determination and her drive are probably her best qualities."

"She's got the most determination of anybody I've ever seen. She absolutely just loves to skate. She's always happy and in a good mood," said team president Susan Pettes.

Bridge spent 12 years at the Detroit Skating Club as a singles skater. She became interested in the sport of synchronized skating when she saw her future team, Team Elan practicing at the rink.

"I liked the idea of a team sport and being able to travel with a team and compete as a team," she said.

She skated for Team Elan for four years before she joined the Black Ice team.

Last year, she attended York University in the Kinesiology program, but came to Humber because of the design foundations program. She wanted to build a portfolio.

"I really like the program and the people here. The program has given me a chance to try many different types of design. It has helped me to decide what type I want to continue in," she said.

Bridge has won two Canadian gold medals with the team, and one silver world medal.

"She loves to skate, she always has. This is her dream team, something that she didn't ever expect to do. It's rewarding for me in that she's happy. She loves it so much," said her mother.

COURTESY PHOTO

Winner: Skater Erin Bridge shows off her latest silver medal

Black Ice competed at the first official world championships this past weekend and put in a solid performance finishing second.

"The world championships are very important to me. It's something I've always wanted to do. It's exciting to be able to go through with something like this, it's not something that everyone gets the chance to do," she said.

"I'm really happy with my skate, and the team's skate. My goal for this competition was to have the best possible skate I could, and I've accomplished that."

Gliding to silver at the Worlds

Two Canadian teams compete for the gold medal

BY SHANNON SLACK

Canada kicked off the inaugural World Championships in synchronized skating last weekend with a bang.

Black Ice, the synchronized skating team based in Toronto rose to the challenge, and had the skate of their lives. They brought home the silver medal for Canada, falling just short of gold.

"We had a great skate, I was really happy. The audience was really supportive. They were on their feet when we got off the ice," said Erin Bridge, a first year Humber design foundations Humber student, and Black Ice skater.

Black Ice team members were happy with both their short and long program performances and said that the program peaked at the right time.

"We were really happy with our skate, our goal was to have an aggressive skate and we accomplished that," said Black Ice skater, Jennifer Kew.

It was a close competition between the first and second place teams. Of nine judges, the gold medallists from Sweden received five first place ordinals, while Canada received four first place ordinals.

The Burlington Ice Image, Canada's second team participating in the competition, finished seventh after a disappointing short and long program skate.

"We had a lot of extra practices prior to the competition. We really worked hard. It was very frustrating for our team because we didn't skate the programs to their full potential," said Tanya Hubbs, a first-year Early Childhood Education Humber student and a member of the Burlington team.

Since 1996, the International Skating Union (ISU) has held the World Challenge Cup, which was used as a stepping-stone for these championships.

The competition took place at the Marriucci Arena at the University of Minnesota. Twenty-one teams from 16 different countries competed for the coveted gold medal. Finland rounded out the top three, claiming the bronze medal.

"I thought the quality of the skating has really improved a lot. I was impressed with the performances of all the teams this year," said former synchronized skater, Natalie Shulman.

Because the sport is still in its developing stages, and not yet up to Olympic quality, some teams outside North America are facing many obstacles in their training such as poor ice qualities, and a lack of skaters. These problems affect the calibre of skating between the stronger and weaker teams.

The team from South Africa practices on a smaller ice surface, so it was very different for the team when they skated on an Olympic size rink this weekend.

"The team arrived a week ago, to practice on this ice. The surface is a lot bigger and faster. When they first skated on the ice, they were bumping into the boards, the ice was so fast," said Tony Jones, whose daughter skates on the team

The Australian team, who finished nineteenth, practices in Brisbane, Australia but they have four skaters who fly in for practices from all over the country.

One Australian skater endures a five-hour flight from Perth to get to her team's practices.

Most of the teams that competed last weekend had a clean skate. Officials at the competition said this was very important for the sport, boosting its credibility around the world.

The 2001 World Championships will be held in Helsinki, Finland. Black Ice hopes to improve on their second place finish this year and bring home the gold in 2001.

SHANNON SLACK

Unison: Synchronized skaters showing of their stuff during practice

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All good things must come to an end...

Dave Smith
NN: B.G.D.
CP: "Kevin–nice guy, falls down a lot."
FM: The 'my professor was raped by a caribou' story.
RM: Living hair, stroke in the eye.
WW: Smile and nod and wait for your name.
10 yrs: 2010

Dean Pinkham
NN: Pinky D.
CP: "Et Cetera sports reporters rock!"
RM: Late nights.
WW: Sleep is the little brother of death.
10 yrs: Media relations director for the PGA.

Elliott Belkin
NN: Skid
CP: Suuuure, cool, 'scuse me, TIGHT!
FM: Jim Bard saying "another fine selection from your t-shirt collection."
RM: Giraffe noises.
WW: No matter what they tell you, never cut your hair!
10 yrs: Sitting on my couch asking my mom for a sandwich.

Ross Thomas
NN: Token Brit
CF: "It's *not* going to happen."
FM: Theory on waiters. "You bring me shit. That's your job."
RM: Pouring a drink on Sabrina's lap.
WW: Don't put it in your nose.
10 yrs: Outside smoking.

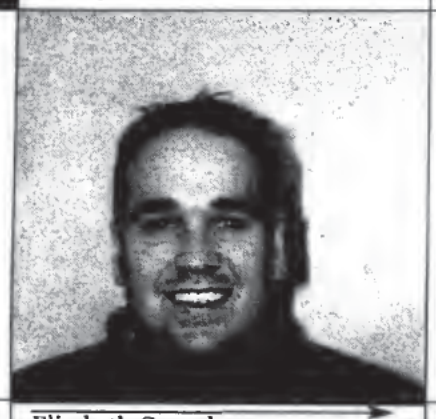
Sabrina Divell
NN: Bella
CP: "Are we going for a smoke or not?"
FM: Swoosh.
RM: Dyslexia.
WW: I'm going home.
10 yrs: Editor-in-chief, Mississauga Press.

Legend
NN: Nickname
CP: Catch Phrase
FM: Funniest Moment
RM: Remembered most for...
WW: Words of Wisdom
10 yrs: What they will be doing in 10 years.

Jason Engel
NN: MacGuyver
CP: "I don't have a catch phrase, sorta thing like that."
FM: Elliott as a Sunshine girl
RM: Inspector Gadget backpack
WW: Computers are not the devil's tool. They're your friends.
10 yrs: In control of most of the world from my home computer.

Carly Suppa
NN: Car, Carlita
CP: "Highway Robbery"
FM: Elliott crashing into the computers. "Excuse me!"
RM: Frequent trips to the room with all the porcelain
WW: It's hard to fly like an eagle when you are surrounded by turkeys.
10 yrs: Editor of a travel magazine, rating the best hotels in the world.

Matthew Lamperd
NN: Handsome Devil
CP: "You gonna finish that?"
FM: Chipped spine from wrestler jumping off of top rope, while I was taking a picture at "Ring n' Ears".
RM: creating drama.
WW: Live fast, die young, and leave a pretty corpse.
10 yrs: Testing the boundaries of extreme speed and the human mind.



Arthur Price
NN: Not popular enough
CP: "I'll be in early tomorrow."
FM: Right now
RM: being late.
WW: Ask someone wise.
10 yrs: Avoiding questions like these.

Elizabeth Trickett
NN: Lizard
CP: "You are pissing me off, but I still love you."
FM: Any of Ross' jokes.
RM: Sloan and more Sloan.
WW: When life gets you down, put on your music and ignore it.
10 yrs: Like the rest of them with our thumbs up our asses.

Elizabeth Goncalves
NN: Betty
FM: Every moment with the reporters has been fun. They've kept things happy when all I really wanted to do was go home.
RM: being very quiet.
WW: Do what you love and cross your fingers about the money.
10 yrs: Editor of Canada's largest music magazine.

etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc. etc.

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