

Rez sword caper

by Margaret Bryant
and Alan Swinton

Police and campus security searched Humber residence on Friday after two witnesses reported seeing someone enter with what they thought was a concealed gun.

The object turned out to be a ceremonial sword used for Tai-Chi by a Health Sciences student living on S4, who asked not to be identified. He practices and teaches Tai-Chi which he says is a type of exercise, not a combative form of martial art.

He said he wrapped the blunt-edged sword in his jacket so he wouldn't alarm anyone.

Seven police vehicles arrived at residence and proceeded to search the fourth floor of S-buildings. One officer carried in a shotgun.

Police Constable James Lowry said the measure was justified.

"Given what happened in Montreal, I don't think that was out of line at all," said Lowry.

Witness Paul LaTour thought part of the sword looked like the butt-stock of a rifle.

"It only takes one sick person to ruin everyone's life," Latour said. "You have to be really careful."

During the investigation, the student with the sword was in the athletic building practicing Tai-Chi. When he left, a receptionist told him people from residence were looking for him.

"I went to pick up my I.D. card and they said they needed me back at the residence," said the student.

Head of Inside Services Gary Jeynes said the student was cooperative.

"I appreciate that he came forward and identified the situation, that was very helpful," said Jeynes.

The sword was given over to residence willingly and Jeynes said security has talked with the student about getting rid of it.

He said the response demonstrated to the situation was proper.

The student agreed to take the sword back and remove it from residence property.

"I asked them if I could have a wooden sword, and they don't seem to have a problem with that," said the student.



BRENDA CAMPBELL

Ski Champs! — Humber's Ski Team was the class of the nine college field entered in the OCAA Provincial championships, held at Blue Mountain last week. Members of the championship team: (front row L to R) Jane Verge, Honor McLachlin, Dean Richards, Mandy Ameli, Shannon O'Donnell, Cindy Hughes. (back row L to R) Scott Gerrie, Darron Spratt, Rick Haines, Troy Hunter, Darryl Ham, Jason Curwen, Tom Brown, Doug Fox. *Story on page 14.*

Job placements fall to 62%

by Tamara de la Vega

Only 62 per cent of graduates surveyed six months after their '91 and winter '92 graduation, found full or part time course related jobs.

The Graduate Annual Placement Report released by the Board of Governor's (BOG), based its findings on 1,948 graduates of which an estimated 85 per cent had found some sort of employment. According to the release, the college's overall graduate-related employment success decreased by ten per cent from last year.

Although economists are predicting an upturn in the economy, Humber's Career Placement Director Judy Harvey is not expecting a pronounced increase in job placement statistics until 1995.

"Futurists will say once we get beyond the downturn in the economy — there will be job growth for sure," said Harvey. "And what will be the challenge for a college such as Humber, is ensuring that our students and the (general) community have the skills that these new jobs or changing jobs will require."

Among some of the forecasts predicted by economists are the re-structuring of the whole Canadian work force. Because of the North American Free Trade Agreement (NAFTA),

The General Agreement on Tariffs and Trade (GATT) and the union of the European Community (EC), all bringing economies closer to the "Global Village" approach, it is expected that Canada will have to become more competitive. And many of the jobs going south of the border will be replaced by jobs requiring higher skills.

"Economists will argue that we've both lost

Job placement numbers for Humber students will not increase until 1995, said Humber's Career Placement Director

and gained jobs from free trade, it's just the nature of the job has changed. So, the current rate of unemployment is caused partly by a lack of jobs — for sure — but also partly by the fact that some of those jobs available do not match the qualifications of those people who have been laid off or are out of work."

According to Harvey, an acute recovery is expected in computer related occupations, higher technology areas, services to business, leisure and hospitality industries, and telecommunication related fields.

One sector with the most promising

employment increases is health care. But it is expected to go through major structural changes.

"Health care will be delivered differently, it will be deinstitutionalized and placed into the community and into the home and there may be private sector involvement in delivering health care. So there will be growth in health care occupations particularly related to an aging population," said Harvey.

She is also expecting a similar trend in the Social Service.

According to the report some of the programs which have been obvious victims of the recession due to a lack of demand and funding cutbacks vary from Travel and Tourism to Interior Design and Architecture.

The report defines three basic categories that need to be examined. Those programs who's job placement is lower because they have been directly affected by the recession. Programs that have always had low placement rates and programs that have lower demands because of a changing workforce approach.

Harvey explained that Humber constantly re-evaluates its programs through advisory committees, student feedback, focus groups with employers and studies on market value trends. Programs in turn are constantly reviewed and upgraded to keep up with the changing job market trends.

LIFE

Explicit films on trial.

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Special Section

Have you taken your daily vitamins?

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NEWS

Culinary program whipping up something new.

page 5

ZACK'S

ENTERTAINMENT

LOUCHLIN

Hypnotist Amazing in Canadian Premiere!

by Rocky
Occasional Writer

Move over Reveen here's Louchlin Hypnotist of the Century. Louchlin certainly lived up to his reputation as the World's Greatest Hypnotist in his Canadian Premiere held at Zack's last Tuesday.


The show performed in front of a sold out crowd, utilized dazzling lighting, top rock music and large doses of humour to hold the audience spellbound for over two hours. People rushed to the stage to be hypnotized. At least thirty people had to wait until next week for their turn to enter in to the twilight world of hypnosis. Those that did find a seat on the stage became stars for the night as Louchlin "the director of fun" made men become pregnant, women become graceful ballerinas and the patrons become hysterical.

Words cannot accurately describe the amazement of members of the audience as they saw friends on stage forget who they were and become rock superstars and people from out of space. Louchlin's mass hypnosis is the most difficult of its kind to achieve but after eighteen years of experience, performing in top clubs in Los Angeles, Las Vegas, on board the luxury ocean liner QE2 and in privates parties for the likes of Jane Fonda and other Hollywood superstars, he has his profession down to delightful perfection.

Louchlin, the World's Greatest Hypnotist, is appearing at Zack's for a limited engagement on Tuesday night. Tickets \$5 advance, \$8 at door, and include dinner or \$6 without dinner. The show begins at 9 p.m.

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Holy hand-some hypnotist Batman.

We've just checked out the Canadian premiere appearance of California hypnotist JACK LOUCHLIN and we're still shaking our dreamy little heads in amazement.

Zack's recruited the young, high energy show-man after seeing a video of his performance for a private party thrown by Jane Fonda.

Last Tuesday he played to a roomful of skeptical rowdies, for three hours, until every one of 'em was convinced Louchlin was the real thing.

His subjects are volunteers from the audience. He puts them under, and the fun begins.

Louchlin will perform Tuesday nights at the club.

Be prepared to fall over laughing, even if you aren't under the spell of his considerable talents.



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New president ready to take charge

Support staff veteran plans to retire in April

by Carolyn T. Gallant

Judy Morson, newly elected president of the Support Staff Union, is replacing veteran Don Stevens, who is retiring from the College in April.

Morson has been employed by Humber College for 13 years. She began by teaching a St. John Ambulance course in First Aid to technology students. She then applied and won the stenography award competition in technology. This award led to a position with the Registrar's Office.

Morson worked in this capacity for six and a half years. She said the job was really rewarding because the results were critical for the students. The position entailed monitoring the students' transcripts ensuring they had successfully passed all the required courses.

"I enjoyed it a lot because you'd get the young students in and you could see them develop.

Their maturity would appear in the two or three years, then they were on their way," said Morson.

In addition to these positions, Morson did a stint of two years in the Hospitality, Travel and Leisure Department. She then left the college for a period of four months but said she immediately felt it was an error and so she returned to Humber to the position she now holds as Secretary of International Planning.

In the position of Support Staff President, Morson said the first ninety days are the most difficult.

"We are at a bit of a disadvantage since some members of the executive are fairly new," said Morson.

She said the transition funds awarded the college for Broadening Horizons projects proved absolutely fantastic.

The \$56,000 grant awarded Humber College from the Ministry of Colleges and Universities was used for the

Support Staff Training and Development. "The project just flew," said Morson. "It was fantastic. There is the on going Pro Dev training. The money is paid to the department to cover the cost of replacement workers, especially when it is time to take exams."

When asked if extra funds would be made available, Morson said the college was in very tight restraints.

"Given the economic times, I find we are very fortunate, here at Humber College. Sure we didn't receive the amount we had hoped for but, hopefully, in the next bargaining round we will be able to get a substantial increase," said Morson.

Ready and prepared, she admits to the great challenges that lie ahead. "In many ways I have a lot of support. We seem to be okay, with management. The union is very much in partnership with management," said Morson.

Rez life's plans cost students \$14,000 for new activities

by Amie Heaslip

For the first time, students in residence will be expected to pay a student activity fee next year. "We decided that we were going to go forward and ask for \$10 per semester, which is \$2.50 per month, residence student activity fee. That's \$14,000," said Ryan Langlois, president, Residence Life Council.

Administration at the residence will kick in an additional \$14,000. "Students would put in \$14,000, so that's \$28,000 for us to operate with next year," said Langlois. The Residence Life Council put forward a budget for next year with the proposed revenue generating programs in place. Funds raised will bring the budget to \$179,000. Of that, \$177,000 will be put back into programming expenses and salaries for seven students to operate the facilities, "Relatively, what we would be bringing in we would be using for the students," he said.

The Residence Life Council is exploring options to buy refrigerators and rent them to the students in residence. Currently the students deal with Coldex, a company authorized by the college. "As for things like Coldex, they said that they (the college) had looked into it when they were first working out the business plan for the residence. And that's probably not something we could work on right now. It's something that we could look into next year," said Langlois.

The residence is slated to receive a coffee machine, and Langlois is discussing plans with Dave Griffin, manager of Food Services to expand the video game services. The Residence Life Council is interested in putting in a tuck shop in the overflow cafeteria. The council is also exploring the possibility of putting in some pool tables.

The tuck shop proposed by the council would create jobs for students living in residence. Also, with someone being in the room, there would be someone to watch over the video games.

"The person working the store could watch over the machines and the new pool tables. As part of our plan, a security system would be placed in the room to watch over the games and video store. This would create seven jobs for residence students, and revenue for the council. We would propose that a portion of the profits would be paid to the college residence as rent," said Langlois.

P.R. students raise money for Safehaven

by Rolf Cohrs

Post Graduate Public Relations students at Humber College have started a week long fund raising drive to help the Safehaven project for community living. On Monday February 22 the drive had raised \$4,800 already.

Safehaven, a year-old non-profit organization, provides children with multiple disabilities the chance to live close to home in a familiar non-threatening environment.

"Parents aren't able to take care of these kids on an on going basis and what they've done is placed them in a home that looks like one you and I live in," said Joanna Stamatopoulos, chairperson for the charity drive.

Students hope to raise \$15,000 for Safehaven which currently is in desperate need of a customized van. This van would allow the children greater access to places such as public libraries and swimming pools.

"Safehaven touched us because they actually brought a child with them who is severely disabled. They had a cause that was something tangible," said Stamatopoulos.

As part of the course curriculum Public Relations students must conduct a week-long fund raising campaign for a selected charity. The charity campaign events took place between February 16 and 23.

Students involved in the campaign set up a gambling casino in

the college to help raise money for the charity organization.

"The casino was one part of a whole series of events being put on through the week internally and externally," said David Wooton, a PR student.

Other events include an auction, fun house, walk-a-thon, pool tournament, Karaoke night and Safehaven nights at Klub Max and Yuk Yuk's.

NOTICE TO WOODBINE RACE TRACK PERMIT HOLDERS

The Woodbine Shuttle Bus will be temporarily discontinued during reading week, March 1-5, 1993. Students will be granted permission to park at the North Campus, provided they display their Woodbine Permit.

The Woodbine Shuttle Bus will resume normal hours of operation on Monday, March 8, 1993.

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Arboretum will be moved for development

by Tracy Bailey

By the summer of 1996, the Arboretum's Demonstration Gardens will be relocated to make room for development on the five or six acres on the corner of Highway 27 and Humber College Boulevard.

According to Stephen Bodsworth, chair of the Applied and Creative Arts Division, and director of the Arboretum, Humber has set June 1996 as the date the lot has to be vacated.

"Initially, the college asked us to vacate this property by June 1993. As I understand it, what they're looking for is a combination of institutional and private development which has a partnership of some kind with the college," said Bodsworth.

"When the economy was rolling along development was a big idea. All of a sudden, the economy died. So, we've been given an extension," he said.

Exactly what will be built on

the property has not yet been determined. Bodsworth mentioned at one time there had been talk of a radio station setting up shop there, which would link up with the college. But anything is possible.

"It could be a variety of things — a situation where somebody uses it as classroom space. Recognizing that the hospital is over here, it may well be a drop-in facility (medical offices), therapy, etc. It's a logical possibility," said Bodsworth.

Bodsworth said he's looking at this as an opportune time to examine how successful the Demonstration Gardens have been and to determine if they should be rebuilt as they now exist or should be improved.

Bodsworth said there has been concern about "all the woods and fences that create a lot of little pockets. We've experienced a phenomenal amount of vandalism."

The original concept of the

Gardens, which opened in 1985, was that it would be a series of Gardens, all about the size of an average Metro Toronto lot.

Each garden has a theme and allows people to see what's possible for their own garden.

"There's a family garden over there and it has a lawn area children can play on, a vegetable garden, a little herb garden, and a flower garden. Another is for the professional couple. That yard has a lot of low maintenance ground cover and stone work," said Bodsworth.

For entertaining, there's the gazebo. So, it's designed for the professional couple. People who've got the money to build it and the money to bring someone in to maintain it.

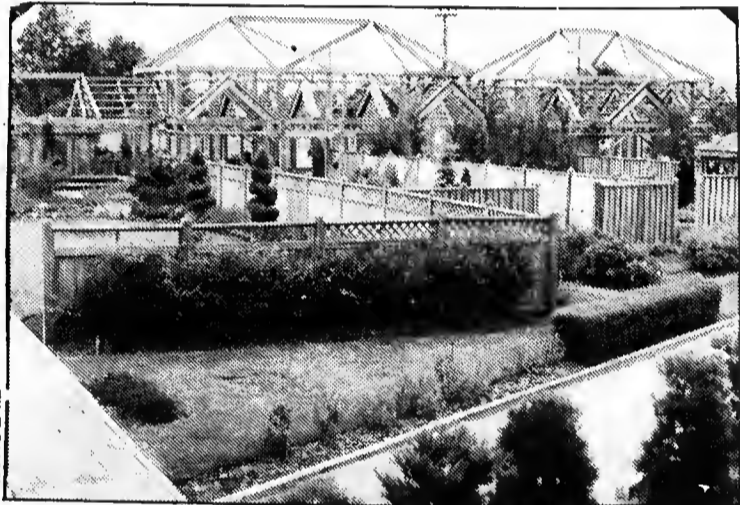
"Another is called the blue garden. Everything in it is shades of blue. All of the plant material in it has a bluish tinge to it," said Bodsworth.

Replanting has already begun. Eventually, it will all be moved into the Arboretum. Bodsworth said that there's a moral obligation involved in the relocating of the Gardens.

"It was built with private and public funds. There's a moral obligation to make sure it's replaced."

But replacing it won't be easy according to Sid Baller, superintendent of the Arboretum. He said he feels it will be difficult to remove and rebuild the structure because it has been in the ground for years and the base is encased in concrete.

"We'll have to redesign it. It can't be moved as is," said Baller.



Humber's Demonstration Gardens must be relocated by 1996

Winter storm slows blood donations

by Janet Deline

A heavy flow of snow caused a slow flow of blood at the Lakeshore Campus Monday.

The Canadian Red Cross set up a blood donor clinic at Humber College's Lakeshore Campus Monday.

But with the massive amounts of snow that Toronto received the night before, the

clinic fell short of its projected goal of 100 donors (or 100 units of blood).

Between the hours of 10 a.m. and 3 p.m. the number of donors reached a mere 23.

Of those able to show up, seven gave the gift of life for the first time while the rest were repeat donors.

The staff says that the majority of donors came in just before the clinic closed.

New evening hours for A+

by Jaymee Cuddy

The Students' Association Council has extended the hours of the A+ room from 4:30 to 8:00 p.m.

"This means part-time students will have access to the five cent photocopiers, typewriters and new computer, giving them the same advantages as the day students," said SAC's President, David Thompson.

Tracy Newson, a second year part-time student is pleased. "It's about time Part-time students are always left out. Day students have always had the advantage of using facilities that are only open during the day. I'm glad the school is finally thinking about us."

Even day students are running in at the last minute to have an essay or resume typed for them.

Sharn Peters, a day student has used the later hours to type projects that are due the next day.

"I'll definitely be using this service at night because I have classes and work during the day so this is the only time I can come in."

Peters added, "If I could change anything, I would have them open even later."

The hired typists are all women. Before the new hours these women could catch a bus or walk to their car in the daylight. A 8:00 p.m. closing could put them at risk of being attacked while walking alone.

SAC officials have decided it would be safer to have two people working at night, but so far only one student has been hired to cover the evening shift. In the future there may be one person working behind the counter and one typist.

Judy Stephens, a SAC typist, says she feels safer working with someone else at night and would not want to work alone.

"It's not so much that I'm afraid of being attacked, but it's nice to have someone to be there so I'm not alone," says Stephens.

Tom Skillman, a SAC employee who works in the A+ room, said "Right now it's (the new hours) in the developing stages. After we have been open a while the SAC officials will know if we have to hire more people or extend the hours again."

So far the majority of people come in after 7:30 p.m.

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MEDJUGORJE

What does this mean to you?

Nouveau culinary program

by Janis Raisen

The Culinary program is revising its curriculum to meet the changing needs of industry.

John Walker, chair of the school of hospitality said the present culinary program doesn't offer the practical experience that is required.

"(The culinary program) is not as well designed as what we wanted," said Walker. "(The students) might have so many hours in the summer as part of their work experience, but it's not structured enough."

Walker said with the recession affect-

ing the industry, and people becoming more health conscious, the needs of consumers change.

"Food is like fashion," said Walker. "There is a lot of history with it, and when that fashion becomes out of date, you've got to keep updating yourself."

A major emphasis of the program will be on planning for profit. Part of this learning experience will be achieved through a newly purchased food system software worth \$8,000, Walker said.

John Savard, coordinator of the hotel and restaurant management course said this software calculates the amount of food

sold, what the food cost should be, prepares a menu cost analysis and performs many other functions related to food and beverage costs.

Walker said the culinary students starting September, 1993, will receive more "applied learning projects that they can use the Humber Room as a model for."

Other changes to the program include a course in nutritional cooking and leadership management course.

All the revisions were recommended by an advisory committee chaired by Bernard Rummel, an executive chef of CaterAir, and by a task force.

Chef Rummel said the recession plays a large role in shaping the industry.

"When there is more competition, you expect more quality for your money and you shop around — you become more critical," said Rummel. "Out of competition comes new ways of cooking."

Rummel said many people work long hours, and prefer to order in and more restaurants are starting to deliver fresh convenience foods to people's homes.

"It's time for change," he said. "We've done things one way for so long, why not become modern."

Humber's hospitality school recruiting students with a taste of the program

by Janis Raisen

The school of hospitality dazzled potential students during a "discover hospitality" day held in the community room on February 19.

Out of the 40 who attended, 12 were guidance counselors, 12 were high school students from Central Tech and Central Etobicoke, while the other 16 were high school graduates or students who have been out of school for some time.

Dan Reeves, an instructor in the school of hospitality, who coordinated the event, captured everyone's attention by starting the morning off with a trivia quiz about the industry. Questions such as "How much does an executive chef make?" and "Where is the busiest McDonalds in Canada?" were passed around on paper to each person. Most of the questions no one knew the answers to, but they were curious to find them out.

After Reeves discussed the trivia answers, John Walker, chair of the school of hospitality, addressed the crowd to explain some of the goals of the program.

"We can't guarantee success, but we can show you a pathway in which to go," said Walker. "It's called a learning map, and this learning map can be in the form of a one, two or three year program."

"You need the right commitment and right attitude to get to the top," said Walker.

Besides mentioning the benefits of the industry and the program, he talked about college life.

"Part of going to college is immersing yourself in meeting other people and changing your perspectives on life," he said.

John Savard, coordinator of the hotel and restaurant management program also offered some insights about the industry.

"it's a wonderful career for someone who likes a

challenge and a lot of action," said Savard.

Savard said the program strives to meet the needs of the students.

"Every student is different and they have their own needs so we try to channel them in the right direction," he said.

In response to questions, Savard also addressed the issue of the recession.

"The recession brings on more competition for every job that opens up," he said. "That validates the need for a diploma in order to position yourself to succeed."

Besides hearing from the faculty, the group also heard from a first-year hotel and restaurant management student. Tim Hilliard told the group how much he has

learned already from the program. He encouraged everyone to appreciate all the courses even if not all of them appear to be relevant. He said later on the variety of courses will pay off.

"When the chef says 'I need this' or you tell the chef you want a certain food and he says 'no, that's out of season' you'll know what he's talking about," said Hilliard.

Hilliard told the group the college has a lot to offer including the remedial english and math help which is readily available.

After Hilliard spoke, the group toured some facilities used by the hospitality students. The group saw three food labs, the bar lab and the Humber Room. At each lab, they sampled some food produced by the culinary classes. Some of the food included shishkebob, soup, and pastry.

The students were impressed with the tour of the facilities.

Twenty-three year old Christina Dowling said the tour was the deciding factor to apply to the culinary management program.

"I was unsure, but now I've made a decision," she said. "It (the tour) was very informative and after going into the kitchen, you get a better idea of what's going on."

Cynthia Brace, a recent high school graduate, already applied to the hotel and restaurant management course but came to hear more about the program.

"It's really impressive. I like it," she said.

Sandra Leite another recent high school graduate liked the tour.

"The tour is impressive, it has a lot of information," she said.

Dan Reeves, visited various high schools to promote the hospitality program and promoted "discover hospitality" for those who may be inter-



Janis Raisen

Mmm!— Potential students for Humber's hospitality program were given a glimpse into job opportunities.

Hotels and restaurants applaud our hospitality

by Janis Raisen

The school of hospitality received positive feedback about its new Hospitality Alliance Program which requires students to spend half their time in class and the other half in industry.

Students are placed at a hotel and restaurant for three, eight-week periods. They can train up to 40 hours a week as though it was a full time job, only they don't receive a salary. The Four Seasons Hotel, Pizza Hut, The Park Plaza, and Inn On The Park are some of the places where students train.

Dan Reeves, an instructor in the school of hospitality, and one of the faculty mem-

bers in charge of monitoring the program said he is optimistic.

"The students are enthusiastic," said Reeves, "All parties concerned are pleased."

Reeves said the employers are favorable about the program, but he said it is still new.

Besides the verbal feedback from the employers, there are other indications that illustrate the success of the program.

"Some students are in the position to get summer jobs from the program and that's a good sign because the job market is not that promising," said Reeves.

John Savard, the coordinator for the hotel and restaurant management program

said the Hospitality Alliance Program was one of the reasons he came to work at Humber. After managing several hotels across Canada, Savard thinks the new program "answers a lot of the wishes and concerns that hotel operators have."

Savard said the students enjoy their work and have a strong sense of commitment because they choose their placements.

First-year student Patti Pommer will finish her first eight weeks of training in March at the Four Seasons Hotel in Yorkville. She said she trains for eight hours a day, five days a week and she really likes it.

"What I learned in school is fine, but to actually get out there and be able to apply

it is completely different," said Pommer. "I'm glad of everything I learned in school because it has helped me a lot. I have a basic understanding of their terminology."

Some of the jobs she was assigned to were, room service, staff cafeteria and scheduling employees.

Pommer said her fellow employees are ready to help and she is treated like any other employee.

"At the Four Seasons, they are trying to involve me in everything; they are not just giving me the jobs that no one else wants to do," she said.

Dan Reeves said when students finish their training the faculty will talk with them and receive more feedback.

COVEN

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Presumption of guilt outside the courts

It started with the arrest of a hooded man. The blonde 28 year old, with that innocent boy next door look, became the suspect in two gruesome murders and a series of sexual assaults in Scarborough and North York dating back about 10 years ago.

Then came an unprecedented police news conference, front page photos of the accused prior to identification by victims in a photo lineup, a newspaper bidding war over the accused's wedding album, and video tapes of the accused in a social setting.

The media frenzy surrounding this case, fuelled by the police themselves, has blurred the very difficult balance between the public's right to know and the right of the accused to a fair trial.

The media has sensationalized the highly publicized killings and assaults to the point of creating a melodrama simply for the sake of profit.

The publicity surrounding this case is dangerous and could have a damaging effect on a future trial.

It's going to be very difficult to find 12 people who have not formed an opinion based on the media coverage and the information leaked by the police over the past days.

Media coverage has been overdone, and it will continue notwithstanding the fact that the police have been instructed to keep their mouths shut by the Ontario Attorney General's office.

In an unprecedented move, Metro and Niagara Regional police held a news conference last Thursday to announce that they had arrested a man in connection with the Scarborough rapes and that charges were also pending in the French and Mahaffy murders. It bordered closely on endangering the suspect's right to a fair trial, when they alluded to pieces of evidence.

Prejudging the accused's right was compounded by statements to the media of the great sense of relief in the Niagara and Scarborough regions, implying that now the murderer has been caught and the community is safe once again. However, it's been more than a week since the arrest, and the suspect still hasn't been formally charged with either French's or Mahaffy's murder.

The fact that the news conference was held at all, is damage in and of itself.

Everyone is presumed innocent until found guilty even after charges are laid. The police seem to have forgotten this point, having taken to holding a dramatic session in front of the cameras to announce they had gotten their man.

The police told the public through the media that the suspect had been arrested. The underlying suggestion is that the police believe their suspect is guilty — guilty of crimes he hasn't even been charged with.

Why else would they conduct a news conference if it wasn't to prove they had their man when the information could have been revealed in a standard press release?

What the media and the police have done is convict the accused before the trial by creating an overwhelming impression of guilt outside of the courtroom.

It is worth remembering David Marshall and Susan Nelles, who were also tried in and by the media only to be set free by the justice system.

The zealots of the media have also acted with great insensitivity toward the victims and their surviving families.

The media broke the news to families of the dead teenage girls before police could get to them. Many of the Scarborough Rapist's victims had also learned about the arrest through the media.

Parents of Kristen French and Leslie Mahaffy attended a press conference, at the insistence of the media who wanted to know their reaction to the arrest of the suspect.

What the media got was a indictment of the press.

The French and Mahaffy families turned to the media and the public for help when their daughters went missing; they didn't agree however, to be public figures at the mercy of the media for the rest of their lives.

More sensitivity and responsibility must be taken by the press. Long after the media and the police have forgotten about the Scarborough Rapist and the killer of the two south western Ontario girls, the assault victims and the families of these women will still be remembering.



LETTERS TO THE EDITOR:

Sweatheart, forget flowers hubcaps are more romantic

Regarding your article on Valentine gift ideas in your February 11th edition — PLEASE GIVE ME A BREAK!!!!

I do not understand how silk boxer shorts, chocolates and romantic dinners could be considered as original ideas!

HOW BORING!

Those ideas have been clubbed to death like a baby seal! They are as common as being mugged on the streets of New York on a rainy day!

Where is the originality? Where are those truly unique gift ideas? Can no one think of anything original any more?

Actually I can.

What is wrong with giving your loved one a hubcap with your name engraved on it?

Or a bottle of rain water or a cowbell with your picture plastered to it?

What is wrong with a nice bunch of dandelions that your true love has tramped through miles or kilometers of swamp

land in February to get for you?

I strongly suggest that next year's article on gift ideas will be much more interesting!

Kelly Sobie
Film & Television

Please leave Mikey alone

We are concerned about the statements on the Oprah Winfrey/Michael Jackson interview. Some of the views expressed by the journalist were blindly opinionated.

For example, the connection between facial surgery and skin color, as if the surgery had anything to do with his skin color.

Another example, "the dimpled chin", so, only whites have dimpled chins? Where is the scientific fact in that? Are we stereotyping?

As for virginity, men should have the same respect as women deserve regarding sexual activity.

About the "Amusement Park", what is the relevancy of the statement, when the interview was done at night. Do you think it would be appropriate to have terminally ill children out that late just for the interview? Come on! Be realistic.

The writer of the article clearly has a one track mind and is only looking at the issue from a typical "Enquirer's" point of view. We all know that it is a point that sells. This is not a commercial paper.

If you love Michael so much, then bypass the unfounded gossip and look at the real important things he mentioned, like his troubled childhood and also what he is and has been doing for our present and future generations.

From three who know its beyond skin deep.

Charlene Lucas
Harcourt Sinclair
Judy Stephenson
Early Childhood Education

feedback

Do you think Paul Bernado will get a fair trial in light of the extensive media coverage over the past week?

No way. I believe he did it. Everybody's convinced he did it, so who cares?
Adrian Royer
Design Foundation

No, because its on the news all the time. It's already portrayed like he did it. No one thinks he's innocent anymore.
Jodi Smith
Business Adm.

Yes because if they could pick jurors that hadn't seen the tape in the Rodney King case, then they can get people who haven't read about Paul Bernardo.
Joe Pasile
Business Management

No there's been so much publicity that people have already made up their mind. People are convicted before they're tried.
Andy Mauko
Business Management

No because the jury can be influenced by what the media have already said.
Tanja Orlok
Marketing

Yes because in Canada the judicial system selects non-biased people for the jury.
Mike Cheung
Architecture

No he's going to have a lot of slack if his lawyer doesn't pick the appropriate jury members.
JoAnn Berardo
General Arts & Science

No they shouldn't even give him a trial. They should just put him to death.
Vibhuti Mistry
Accounting

No he's already been proved guilty by the media before he's even gon to trial.
Luigi DiDomizio
Business Adm.

Taking the lady out of the Hawks

by Sofie Kouleas

"So why don't they call the men's teams Men Hawks?" said Wayne Wilkins setter on the volleyball team.

So why don't they? Maybe it's because it sounds stupid. Or maybe it's because the women who are involved with athletics at Humber are dubbed "Lady Hawks" so there is no need to make the playing field level.

"We always say our cheers as Hawks. It sounds stupid to say Lady Hawks. I think we deserve it (a name change) because we're doing so well," said Denise Perrier a member of both the basketball team and Student Athletic Association (SAA).

The name Lady Hawks was giving to the women's varsity program six years ago to ensure the women had an identity of their own. And with many colleges in the states going with female versions of names such as Bruins and Bobcats, all Humber could do was follow suit.

"It was something that we felt strongly about and that time we started to initiate some new sports that were female oriented such as basketball. And the only way to acknowledge it (women's sport) was to make it into another name," said Doug Fox manager of Athletics.

Well times have changed. The women's varsity program is no longer an upstart league. It produces high calibre teams with talented athletes like All-Canadians Denise Cummings and Denise Perrier both of the basketball team and Colleen Gray of the volleyball team.

"I don't think there's a lot of difference between the two teams (men's and women's) that there should be two different names," said Perrier.

But Fox disagreed, "the problem with Hawks it's kind of a fierce battle type creature so it's not really applicable to females."

While no short term measures have been put in place to change the name, both Perrier and Fox expect it to come before the SAA in the early spring. But not everyone will be supporting a gender-neutral name.

"I don't think the name is sexist. I think it's etiquette. Feminists are going to extremes. Lets face it, men are physically stronger. Feminists are taking it too far — salesman to sales person — it's just too far," said Sonya Herrfort, a member of the badminton and soccer teams.

Wilkins added, "It's maybe what most women are fighting for equality. It matters to them and not really to us."



I'd rather be golfing

by Bret C. Duquette

Over the past month-and-a-half, I have had the misfortune of continuously going in and out of the hospital. Having had to put up with doctors day in and out, I have one thing to say: What ever happened to bedside manner?

Doctors now do not seem to understand how important bedside manner is to their patients. If you have been extremely ill you know the attitude of your doctor can make your recovery much easier than if a doctor does not care.

Not all doctors are like this. My current doctor has an excellent bed side manner and is very concerned with my situation. Yet, there are doctors who just don't care. For example, the last doctor I was seeing told me that whenever I am in a great deal of pain, to come and see him no matter what. It just so happened that one morning I was in a great deal of pain. I went to Etobicoke General to see my doctor. I told a nurse

there what the problem was. My doctor then appeared and proceeded to tell me "you interrupted my lunch." Now, I do not normally care if someone tells me off, but when I'm in such pain that it feels as though someone is stabbing me in the stomach with a butcher knife, my reaction is a little different.

This is not the only bad experience I have had with a doctor. As a child I tore my knee up when I fell off my bike. My dad took me to the hospital and it was decided that I would need stitches. The doctor did not even let the freezing kick in before he started to sew me up. I was only six so naturally I started to scream. The doctor yelled at me and told me he would not continue unless I shut up.

Now I have a real problem with this because as a professional adult, you should be able to handle most situations. But when you're dealing with a small child, you do not threaten.

What the universities are fail-

ing to do is teach potential doctors compassion — which should come naturally anyway. Sure, there may be many brilliant people in med school these days, but they are not necessarily the right people for such a job.

The type of doctors this society needs are those who care about their profession and their patients.

We read in the papers about doctors who are scamming their patients and the government. This becomes a scary situation when you can't even trust the people who may someday hold your life in their hands. Now again, I understand that not all doctors are inept; but when it comes to a human life — it is not to be taken lightly.

My advice to doctors and medical schools across the country is this: If they want the public to respect them and their profession, they must begin to respect their patients and to understand the importance of patient-doctor relationships.

In your face Toronto — fan-tastic!

by Paul Briggs

The NBA is fan-tastic.

The NBA is fan-tastic.

After hearing this slogan pounded into my brain by NBA marketing strategists for the past few years, I'm starting to believe it.

Commercial segment after commercial segment, a Toronto viewer cannot help but see children, players, and celebrities telling the cameras, "The NBA is fantastic."

And why shouldn't we believe it.

With stars like Michael Jordan, Charles Barkley, and Shaq O'Neal, it is indeed fantastic. Slam dunkin', shot blockin', in your face b-ball is what any sports fan relishes — whether from the streets of Chicago or the suburbs of Toronto.

This past weekend, NBA officials announced their intention to make the NBA more internationally recognized. The first logical step is an expansion franchise in Canada — more specifically, Toronto.

They didn't come out and say Toronto is their choice but they might as well have.

No other city in Canada has the population base of Toronto — not to mention the six or so million people who live within a reasonable driving distance of downtown Toronto.

Southern Ontario is the largest untapped market of NBA fans in North America.

Toronto has proven it can support a professional sports team, be it baseball or roller derby.

For years, while the Leafs mired in the NHL cellar and Harold Ballard threw every possible insult at the intelligence of Toronto hockey fans, sold out crowds poured into Maple Leaf Gardens.

Our beloved Jays drew over four million fans last year to the SkyDome, a major league record by far.

So the question turns from can Toronto support a team to more logistical concerns. What facility would house the franchise and at what cost to local taxpayers?

We all know the financial disaster the SkyDome turned out to be. Could a building be built with private funds alone?

Currently, there are several private investors who show interest in bringing the NBA to Toronto — each with blueprints for a new stadium.

One group has drawn particular interest. They have plans to construct a new stadium on the Exhibition stadium site. Led by local business investors, the group has sent an application to the offices of the NBA along with the \$100,000 fee.

\$100,000 application fee? That's how serious NBA business is these days. Every smart investor wants a piece of the NBA pie.

In the 70s, the NBA was a fledgling league, hardly on the minds of fans anywhere. Its market value was considerable but the right people weren't at the strategic helm as far as marketing was concerned.

Then came the 80s — the decade of milk and honey — and Magic Johnson and Larry Bird. Fans' pockets were overflowing with the green stuff and NBA officials decided to make Magic and Larry household names.

The result took everybody by surprise. Basketball was on the minds of every high school kid and NBA apparel was on their backs.

Just look at any high school in the Toronto area. Chicago Bulls, Orlando Magic, and Boston Celtic paraphernalia are the latest fashion statement.

A recent poll taken in high schools across the country took Canada's sports world by surprise. Michael Jordan of the Chicago Bulls were the most popular sports figure and the Bulls the most favored team.

This in a country where hockey is nothing less than a religion.

In light of the immense popularity of the NBA among the youth of Canada, leagues officials have no other choice but to grant Toronto a team — if not for the sake of the game, then for business reasons.

Hopefully, by 1995, league officials will have given Canadians ample reason to utter the words: the NBA is fan-tastic.

THE AB & C'S OF VITAMINS

A Question of Balance

by Susan Magill

Vitamin supplements have become a daily ritual for those who feel the rapid pace of life in the 1990s makes balanced eating nearly impossible. Many people find it easier to grab fast food on the run and supplement it with vitamins rather than sit down to a healthy, well rounded meal.

Most health authorities object to this philosophy. "We really don't advocate any kind of supplement at all," said Marinella Arduini, Public Health Nutritionist for the Etobicoke Public Health Department. "There are problems with large amounts of vitamins. There is no real hard and fast evidence to show the benefits of taking vitamins for an illness. Some people swear by it and a lot of times I think it's just a placebo effect. There's no need for large amounts of vitamins if you're eating properly."

Vitamins can be found in three forms: Natural food sources, chemically synthesized or a pure extraction from the original food source. According to Sharon Lafleche, an administrative assistant for the Vitamin Information Centre, the body cannot tell whether the vitamin is chemically or naturally produced and the body will react the same to both types.

Alba Sgambellone, manager of the House of Nutrition in Etobicoke, said natural vitamins are popular among young people and athletes at their store. She said vitamins A, B, C and E are the best sellers in their store. "Vitamins are good but you have to know what you need," Sgambellone said. "We are not doctors and we cannot tell you what vitamins you need, but if a doctor tells you to take a vitamin we can help you find it."

Sgambellone believes in the power of vitamins and uses them herself on her doctor's advice. Some people consider vitamins a drug while others consider them a food source. Whichever way you look at vitamins you must be educated about them to use them effectively.

Lafleche said Vitamin A by itself does not do anything, but is converted into different chemicals depending on the body's needs. Vitamin A and vita-

mins C, E and beta-carotene are known as 'antioxidant'. An antioxidant reacts with 'free radicals', which damage body cells. The antioxidant react with the free radicals so they don't react with other body cells. Vitamin A helps encourage body tissue growth and reduces the possibility of cell damage. It is used for the treatment of acne and psoriasis and discourages tumor development.

Lafleche said symptoms of vitamin A deficiency quite often begin with night blindness and can include impo-

C aids in iron absorption, has anti-stress properties and helps the body overcome foreign poisons, explained Lafleche. Large amounts of vitamin C protect against minor illnesses, promote healing, and may sharpen mental abilities.

Symptoms of vitamin C deficiency include scurvy, bleeding gums, anemia, weak teeth and bones, general debility, and susceptibility to infections. Some people need sugar to digest the vitamin so it is best taken after a meal.

Natural sources of Vitamin C include mangos, citrus fruits, strawberries, Brussels sprouts, peppers and broccoli are recommended. Lafleche said a medium sized glass of orange juice has the daily recommendations of vitamin C. Depleting factors include, stress, high fever, cortisone, tobacco, aspirin, excess water and air pollution.

Vitamin E is popular and can be used in liquid or tablet



'It is the old people who scoff now at the natural way of life'



SUSAN MAGILL

tence, dry itchy skin and dry and brittle hair. Depleting factors for the vitamin include aspirin, barbiturates, tannic acid from tea, caffeine, alcohol, mineral oil and tobacco.

While vitamins are helpful they can cause problems if taken in excess. An overdose of vitamin A can cause nausea, irritability, aching bones, headaches, hair loss, or increased pressure in the cranium.

Arduini said traditional foods offer enough vitamins so supplements should not be necessary. She said most orange foods offer vitamin A, like carrots, pumpkin, apricots, yams and squash as well as cow and fish liver. One of the highest concentrations of vitamin A comes from polar bear liver if you can find it at the corner grocer.

Another popular vitamin is C, which is a favorite for colds. Vitamin

'While vitamins are helpful they can cause problems if taken in excess.'



SUSAN MAGILL

form. It has anti-clotting and circulation improving factors. It is used for the treatment of burns, fatigue, the signs of aging and skin care. Vitamin E can increase heart rate and raise blood pressure. If you have rheumatic heart disease large amounts of the vitamin can be fatal. It is recommended that those with high blood pressure

use the vitamin only under a doctor's care. Vitamin E overdose depends on the individual, Lafleche said, but can be taken safely by some in amounts as high as 100 times the daily recommendations.

Natural sources include wheat germ, sunflower, walnuts, wheat, almonds, salmon, corn, and cabbage. Arduini suggests that the safest way to obtain vitamins is through their natural food sources. She said, "The only time there may be a need for vitamins is when people cannot eat properly because of special medications or severe allergic reactions or for other health related problems."

Sgambellone said, "Vitamins are good if you know how to use them. You should use them if you need to and your doctor tells you to. It is not a good thing to just try vitamins for something to do. You have to know what to take."

Years ago natural food sources and herbs were used by the majority and elders believed strongly in their power. Then the young people began to rely more and more on medicine and doctors. Sgambellone said, "Now the cycle is changing. Most of our customers are young people. They are more healthy and want to live as close to the earth as possible. It is the old people who scoff now at the natural way of life. They would rather go to the doctor with their aches and pains. If they took some care with their food and vitamins they would not feel so bad in the first place."

Arduini said, "If your diet is really poor, a supplement will not make it any better. When you start getting into large amounts the vitamin no longer acts like a vitamin, it starts acting like a drug." She added, "Education is the best thing. Unless advised or prescribed by your doctor, there is really no need to take supplements. You should be focusing on eating healthy."

Today's health concerns are creating healthy new attitudes and changes in eating and living patterns.

Organic cosmetics key to natural beauty

by Joanna Turciewicz

There are over 100,000 different cosmetics out on the market, using several thousand ingredients, yet the majority of the cosmetic companies do not list ingredients on their packaging.

Not knowing what is in the product often results in women having allergic reactions.

Jolanta Kalathas, an esthetician said different people will have varied reactions to the products they use.

"There is no such thing as a bad cosmetic because they either agree or disagree with a person," she said.

The most common allergic reaction occurs when women use the cosmetics with perfume, she said. Synthetic materials are used to keep the scent of the perfume in the cosmetic for as long as

possible. Perfume also contains alcohol, which dries out the skin.

"Most companies won't ever tell you what they put in their products if it is bad," said Kalathas. "But they will tell you when something in their product is good for your skin. You'll never really know until you try it out."

"Before a woman even buys any products she must understand what the ingredients are in these products," said Kim Roberts, an esthetician with the Adrien Arpel cosmetics company.

"Companies aren't doing their jobs because they're not informing the public about what is in their products. People want to know what ingredients are in the product they are buying," she said. "But, many people still have to become more cautious about what they buy."

Women who have pale skin, red or fair hair, suffer from asthma, hay fever, eczema and sunburn easily are most prone to these sensitivities and should be the most cautious about the products they use.

Women who do have any allergic reactions should try using a product that is hypoallergenic, suggests Kalathas.

"Most hypoallergenic products rarely cause allergies because they do not contain any perfumes or skin sensitizers," she said. "These products use simple formulas with many natural ingredients, but it is very important to read the label and be aware of what doesn't agree with your skin."

Kalathas said that many new cosmetic manufacturers like Thalgo, the

Body Shop and Body Reform use all natural or organic products which are gentle on skin.

Ingredients such as aloe vera, camomile, oatmeal and various vitamins, are being added to cosmetic products. This still does not guarantee that women will not suffer from allergic reactions.

Many new products coming out now contain extra moisturizers and sun screens, said Warren Cable, who is in charge of communications at the Body Shop.

According to Cable, most cosmetics are healthy. "When you wear make-up you feel better about yourself. This attitude gives your skin a very healthy glow, making you look great."

SEX, LIES AND VITAMINS

Q Can vitamin E stimulate a person's sex drive?

A This myth is based on misinterpreted animal research. Laboratory rats stopped reproducing when subjected to a vitamin E-free diet, and resumed reproduction when the diet was restored to normal. It was falsely concluded that vitamin E strengthened the sex drive.

Q Do oral contraceptives increase a woman's vitamin needs?

A Yes. The high estrogen content of the birth control pill is known to affect the level of vitamin B₆ and folic acid.

Q Can vitamin supplements enhance fertility?

A Unknown. Although one study on male infertility found an association between low levels of vitamin C and sperm clotting, a condition that inhibits the ability of sperm to move.

Q Do vitamins give you energy?

A No. While vitamins help convert food into energy, well-nourished individuals cannot enhance their physical capabilities simply by taking vitamins.

Q Why are vitamins often found in cosmetics?

A Vitamins A, E, and panthenol are critical for healthy skin. Vitamin A enhances the regeneration of skin cells; vitamin E helps prevent against the negative effects of ultra-violet light, reduces redness from exposure to the elements, and retains moisture in the skin. Panthenol, a derivative of pantothenic acid, keeps the skin from drying out, calms inflammation and adds lustre and thickness to hair.

Q Are vitamins fattening?

A No. Vitamins have no caloric value as such. However they do help your body release energy present in food. But, some vitamin supplements may have a sugar coating which may represent a calorie or two.

Q Does vitamin E protect our lungs from cigarette smoke and air pollution?

A Yes. Experiments on both animals and humans indicate that vitamin E reacts in the lungs with such toxic air pollutants as nitrogen dioxide and ozone, guarding against their harmful effects. As well, vitamin E levels in humans are lowered by cigarette smoking.

Q Is vitamin B₆ effective in preventing or curing a hangover?

A No. This widely held belief has never been proven scientifically.

Q Can vitamin B₆ relieve the symptoms of premenstrual syndrome (PMS)?

A Yes. Some studies have shown vitamin B₆ is effective in alleviating some PMS symptoms such as breast tenderness, headache, tension, irritability, and bloating.

Q Can the risk of cancer be reduced by taking extra vitamins?

A Possibly. Some research has shown a relationship between low levels of vitamin A and the occurrence of lung and stomach cancer.

Q Can you protect yourself from mosquito bites if you take large amounts of vitamin B₁?

A Maybe. Vitamin B₁ has a distinct odour. When taken in large

doses that odour is emitted through the pores of the skin and is said to keep mosquitoes away. Not everyone finds it effective however.

Q Should I take vitamins if I feel depressed?

A Depression is associated with vitamin B deficiencies. But, depression can be caused by many difference factors. Vitamin supplements should not be used in place of medical treatment.

Q Can extra vitamin E slow the aging process?

A In animals, vitamin E has been shown to protect certain tissue components from being oxidized, a process that contributes to tissue aging. As well, the antioxidant properties of vitamin E may help delay the development of some degenerative diseases that commonly affect the elderly.

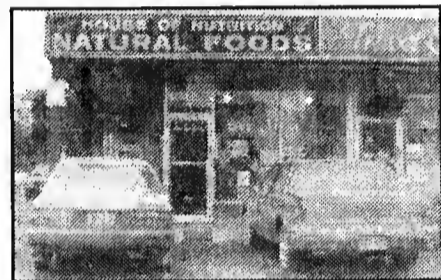
Q Can vitamins help prevent heart attacks?

A This is not yet clear. Various studies have established that people with low levels of vitamins A, E, and C are more likely to develop heart disease. However, the role vitamins play in the area of cardiovascular disease is unknown.

Q Is vitamin C helpful in treating colds?

A Studies have shown that vitamin C decreases the severity of colds if taken in large enough doses. Ongoing research has yet to determine if there are any other benefits associated with taking vitamin C with respect to colds.

Source: Vitamin Issues of the 90's



SUSAN MAGILL

Specialty shop aimed towards diet conscious

by Susan Magill

The House of Nutrition offers the works for health enthusiasts, body builders and naturalists.

The store is small, but offers a cornucopia of naturally extracted vitamins and minerals, herbs, meal replacement bars and powders, natural hair and skin care products, snacks and books.

Alba Sgambellone and her husband manage the store at Islington and Dixon and said they have many regular customers, "especially from the gym upstairs."

The shelves are lined with a wide variety of vitamins and minerals. Posters, flyers and magazines are available to help explain or advertise products.

One section is reserved for all-natural beauty products that come from the earth and the sea. Bottles of organic shampoos and cleansers line the shelves. Creams and gels help beautify the skin and crystals deodorize the body.

Teas are stocked to improve circulation, end insomnia, relieve stress, remedy aches and pains, relieve fatigue and improve mental abilities.

Old remedies are being rejuvenated for the new crusade of health and awareness. Sgambellone said most natural remedies have been around for a long time but young people are taking more notice of them. "It is a good thing that people are more healthy now. They will feel better and stronger."

LILLIAN

Poet speaks out on hidden prejudice in society

by Jennifer Morris

Exclusion is the name of the game for racism in Canada, said Dub poet Lillian Allen at Humber's recent Black History Month celebration.

Dub poetry is a cross between classical poetic prose and song, with Allen's work mainly focusing on racism, sexism, and what she calls "exclusion" — a distinctly Canadian characteristic.

"The nature of racism here is sometimes different from the racism in the States, and it's called exclusion," said Allen. "People ask, 'is racism more in Canada or is it more in the States?', and I think that is a false argument. Once it exists, once you have the possibility of it happening, once it happens, then it happens. I think we have to get out of those debates. It exists, and it's not acceptable at any level."

"One Poem Town", the first poem Allen recited, was about what she considered to be a perfect example of hidden prejudice in Canadian society. It is the story of how Allen and a number of other Dub poets approached the League of Canadian Poets for membership. Their membership was denied, and the League justified it by saying that what Allen and her friends did was not poetry.

Allen said this showed society's reluctance to accept other cultures into its circle of power.

She said she was not willing to give up yet, and disputed the League's contention that Dub Poetry was just a "fad".

"I always say, not only are we here to stay, we're here to kick some hell and get what's rightfully ours," she said.

Mainly European history is used to educate students from sources such as Shakespeare, and many cultures are lost or forgotten through this practice said Allen. She suggested dropping out Shakespeare and other classic literature to allow other cultures recognition in to our schools.

"We need something more reflective of the world, not just dead white men," said Allen.

This sentiment was echoed by a student in the audience, who took the chance during the discussion period to say how black students often understand very little about their own history and culture.

"How do we change it, so when I go down to the Concourse and ask people to come and check out the poetry, they won't look at me like I'm talking French?" she asked.

Allen responded that she didn't have the ideal solution for something that had been building for so long. She said however, that every culture has to "wake up and start doing something" to help themselves.

"I think things have happened historically that we have to cor-

rect, how do we go back and correct some of those wrongs, put back the support that was taken away," said Allen.

Allen believes society groups people into "categories", which in itself breeds the highest form of prejudice. This can be racial, sexual, or ideological, but the effect is the same — hatred.

"When I first came to Canada, I wouldn't define myself as black. I was a person, because I grew up where I was a majority," said Allen. "And when people started to react to me as a black, I would be looking to see if they were talking to somebody else. It hides the problem if you don't acknowledge that type of categorization."

Allen said that modern media continue to focus on what she calls "Euro-corporate high culture", and all other cultures are grouped together and set aside. She uses reggae music to show how the media, once willing to accept something new, can help change the face of 'Canadian culture'.

"The popular media really does not reflect the reality, aspirations, lives and hopes of the people of the world," said Allen. "Once reggae music emerged and became international for our press people, all of a sudden they saw their stories. They could relate to it. There is no place in this world you can go and not hear reggae music."

Allen said she understands



COURTESY PHOTO

Dub poet — Lillian Allen spoke at Humber to celebrate Black History month.

Canadian society all too well, and this intimate knowledge is reflected in her writing. Allen dares to dig up the ugliness buried beneath the clean facade of a "picture postcard" city, reciting prose about poverty and child abuse. Being a victim is not so narrowly defined as to include only those faced with racism or sexism, according to Allen.

But Allen says if society does not learn to let go of old preju-

ices and "break the family tradition of silence," it will eventually destroy itself.

"I think there will be a point when the people of color in the world will not be able to forgive white culture," she said. "And I think when that point happens, in about 30 years, the earth is done. Just the lack of humanity on both sides will cause more wars than we have ever known."

Ontario Film Review Board tackles pornography

by David O'Hare

When the Canadians For Decency Coalition lobbied against the distributors of sexually explicit material, the Ontario Film Review Board (OFRB) was forced to make some changes.

OFRB is responsible for setting guidelines as to what is considered extremely explicit or offensive before giving the green light on films for the Ontario market.

In December 1992, a motion was put forward to keep bondage, slapping of the buttocks, physical abuse, and physical or verbal coercion out of the movies that are now passed by the OFRB. Films made and released before the motion would however need an avalanche of protests from committees or the public before being recalled.

"Explicit material doesn't bother me, but sexual violence does," said Dorothy Christian, chair of the OFRB. "However, if I receive overwhelming complaints about the films that are already out on the market, then I will review and possibly recall them."

The OFRB allows oral gratifi-

cation and front and rear penetration. Double penetration is not allowed unless an inanimate object such as a vibrator is used for the second means of penetration. Anything involving or portraying someone behaving or dressed as a minor, is not deemed acceptable behaviour. When this happens a panel of three make notes during the film screening prior to a discussion period.

Vice-chair, Don Flowers, said obscenity is in the eye of the beholder. "Obscenity cannot always be defined. What one person may describe as obscene, another might beg to differ," said Flowers. "When does a 'love tap' become more than just that? It is the duty of the Film Board to determine this and a lot of rules and guidelines have to be set in order to successfully take anything into consideration."

Willie Campos, a member of the review panel said most imported black market films are from the United States. To ensure that the films do not make their way on to the Ontario market, the P Squad, a unit of seven provincial police against pornography, has formed a group called 'Project

P'. They are mostly looking for illegalities, any type of material involving bestiality, child pornography, or violence.

Doug Rankin of the Barric District, said even though bondage is no longer allowed, there is no longer any demand for it in porn films either.

"They are being bombarded with too much violence, too much explicit sex."

"There are three levels of pornography," said Flowers. "Soft core, double X, which is hard core but doesn't compare to (the third level) triple X — which has all kinds of penetration."

There are fines for breaking the obscenity laws. Flowers said the fines are substantial or moderate, depending on the judge.

"The main factor is the cost of going to court," said Flowers. "It can run you up to \$100,000."

Dolina Smith, the president of Canadians for Decency, said the

OFRB has a very difficult job.

"I'm concerned about the young people. They are being bombarded with too much violence, too much explicit sex, and too much immorality," he said.

Smith said that she would like to see the OFRB release more on the side of conservatism.

"I would rather they (OFRB) be more strict than lenient. When in doubt the Board should give it an Adult rating instead of PG (Parental Guidance)," she said. "Our young people are being fed things their experience and age can't sort out. They haven't got the experience to deal with it."

Smith does not feel that the OFRB should even have to deal with Adult videos. "I don't know what the solution is. Except stronger laws — better obscenity laws. The Board is set up to monitor the mainstream movies, now they've been given the job to handle even Adult movies," she said.

Smith is also concerned with distributors who break the obscenity laws. "The Film Board will often tell a distributor, (that they) will release this video if you (the distributor) will cut out this scene or that scene. But the dis-

tributor will send out the unedited version," said Smith. "We don't have the ability or manpower to police these stores."

Some municipalities are trying to change the laws. Mississauga, Brantford, Guelph, North York, and Scarborough now have by-laws that will control the area where these video stores can be set up, said Smith.

"In Canada we do not have any laws that says child porn is illegal. I see us on the tip of the iceberg with child porn being legal if we don't get some laws that will protect children and prosecute the makers and users of child porn," said Smith.

Smith argued that although pornography is not the only problem relating to violence in our society, it is indeed a major one.

"Why don't we have government legislation that stops this?" Smith asked. "I wish the Board could do a better job of controlling the release of these videos. The only way they can have that (control) is to have stronger support from the Federal and Ontario government," she said. "They (OFRB) can only obey the law, so the laws have to be changed."

Teen Zone program at Lakeshore campus helps community youth

by Janet Deline

Humber College's Lakeshore campus opens its doors to teens every Friday night in a program called Teen Zone.

Every week the area's teenagers, aged 13 to 17, meet at the campus to talk, play sports, or just 'hang out' with friends.

The program was founded by three organizations: Humber College, Etobicoke Parks and Recreation, and Equally Healthy Kids (EHK). According to Peter Maybury, Student Life representative from the Lakeshore campus, these associations have teamed together to help the youth of the community because there was a need for more activities among this age group.

Funding for the program is provided by Humber College, Etobicoke Parks and Recreation and a grant given to EHK. Future support and the continuation of Teen Zone depends on whether or not EHK receives another grant. Non-financial support is also given by the Metropolitan Toronto Police Department. Police Constable Wayne Carpenter, a Crime Prevention Officer, said the Police provide resources and security measures only. They will drop in once in a while, said Carpenter, to make sure everything is going smoothly.

Michael Poliani of EHK said they helped to establish Teen Zone to improve the activities for the area's teens and youths. Poliani maintains that EHK "provides some of the funding for equipment, supplies, activities, and some of the staff".

"The reason why we (Humber College) do it," said Maybury, "is that we are a part of the community and we want to help."

The three support organizations have hired a staff of eight with the help of one volunteer, to organize gender free activities, such as basketball, floor hockey, and soccer. Other projects included Nintendo tournaments, table tennis, and a cartoon drawing class. New projects are also being implemented which will bring in guest speakers to discuss such topics as AIDS.

Karen Nesbitt, a coordinator from Etobicoke Parks and Recreation said, "we are trying to do something different each week, but sports is the highlight."

In order to join Teen Zone, each youth pays an annual fee of \$5 and is given a membership number. This fee allows teens the use of the gym, cafeteria, and the Students' Association Council (SAC) lounge. According to Teen Zone coordinator, Debbie McKnight, the kids don't mind paying the fee. McKnight also said SAC periodically donates money to Teen Zone for the use of pinball machines and video games in the SAC games room. In order to help the youths, refreshments such as pop and potato chips are offered at a nominal

price of 50 cents each.

At present, there are 134 members and Nesbitt said about 80 per cent are male and 20 per cent are female, but organizers and members would like to see more girls in the program.

"It's cool," said member, Louise Higgins, 13. "I like it a lot. It's fun, we play basketball, talk and stuff like that, but I would like to see more girls."

Another member, Tigist Mengesha, 13, also likes Teen Zone, but would like to see more activities and more games.

"I like the activities," said Mengesha. "They're fun."

A regular member, 14-year-old Jeffrey Carrerio, thinks that sports are the best part of the program.

"It keeps you busy and it keeps kids out of trouble. I hope the program will keep on running."

Etobicoke Parks and Recreation's Nesbitt is worried that EHK will not be able to get a grant to continue its work with the community youths. Maybury also said "it depends on the number of sign-ups whether or not the program will continue".

The program is slowly gaining popularity as 12 new members just signed up. A weight-training session and a Nintendo tournament is planned for February 26 in the hopes of attracting new members. The program runs between 7 p.m. and 10 p.m. every Friday. For information call 394-8707.



JANET DELINE

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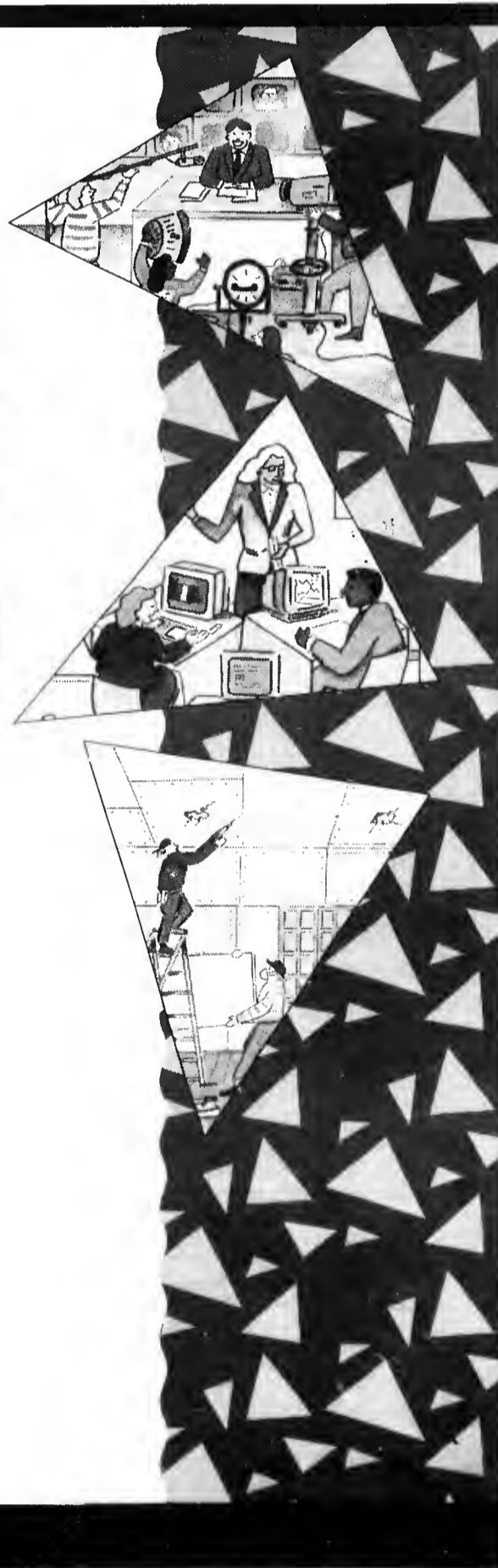
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ARTS

Ice Cube heats up packed Concert Hall

by Craig Sweeney

Hardcore rapper Ice Cube stormed in to the Concert Hall last Thursday, leaving Toronto with its second taste of his raw hip hop mayhem.

The packed house was a bustling circle of energy as Cube led the crowd into a jumping frenzy that was a good time for everybody.

He did a number of songs from his latest record *The Predator*, including *When Will They Shoot?*, *Wicked, It Was A Good Day*, and *We Had To Tear This Motha Fucka Up*, plus tracks from his *Death Certificate* and *Amerikkka's Most Wanted* albums.

Opening the show was Born To Roam, who received a lukewarm response from the crowd. A little off with their timing, they played a set which lasted for only half an hour.

Then it was time for Da Lench Mob to take action, spraying an assault of hard, in-your-face rhyme to the house. Undoubtedly one of the best around, they unleashed 45 minutes of material from their debut album before Cube took over.

The crowd wasn't given time to relax, continuously being pumped up by Cube who made a habit of encouraging the audience to yell as loud "as they did in Detroit." The Concert Hall was split into halves and each set of lungs was pitted against the other, and shortly after Cube took the stage just before midnight, a gigantic dance circle evolved in the middle of the floor.

The sound was near perfect; remarkably clear for music that was fast-paced and loud, and the atmosphere at the event was one of super-charged fun, despite the bleak messages many of the songs carried.

The Toronto show saw none of the violence that occurred during an earlier tour stop in Seattle, where several people were hit by gunfire. When the show ended just after one o'clock, there were two things to be sure of: The first was Ice Cube played a show that Toronto will remember for a long time. The second is the fact that Ice Cube is getting more powerful and aggressive in the message he delivers. Which is how it should be.

It's a shame it had to end.

A new magazine for a lost generation

by Sean Garrett

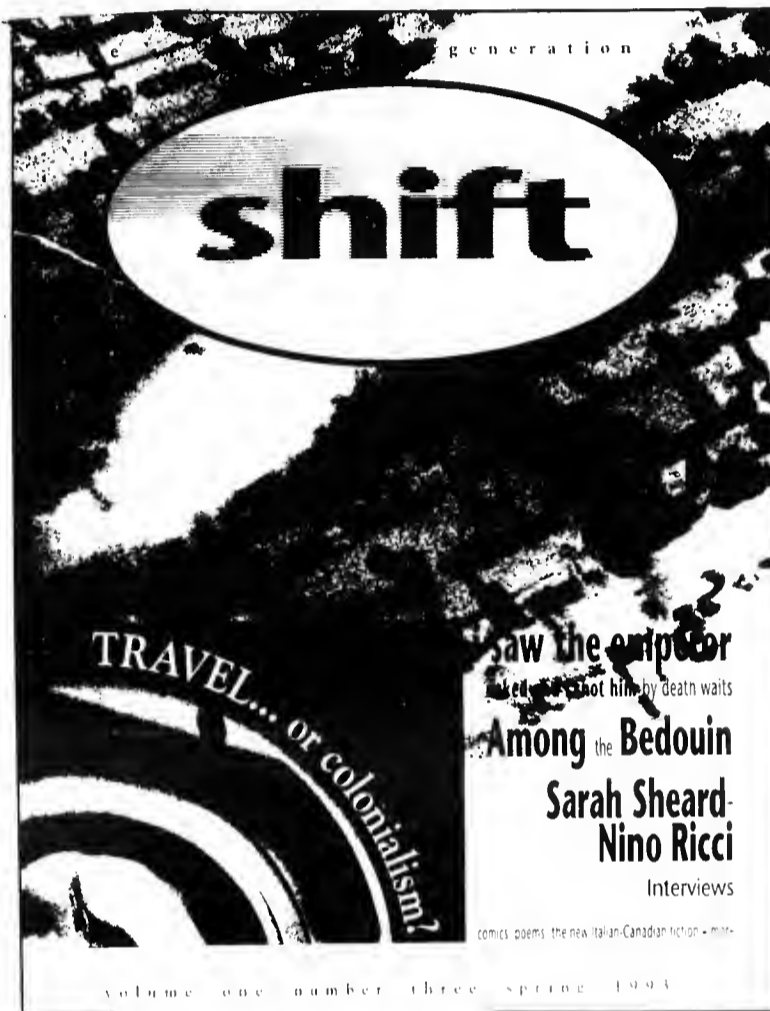
Shift Magazine — Canada's own "voice of an unsettled generation" — held a raucous launch party for its third issue at Lee's Palace February 18.

Shift is a periodical "dedicated to Canadian writers under 35, (those) young authors who normally would not have the chance to have work published," said editor-in-chief Andrew Heintzmann.

"We're cultivating talent north of the border (by) showcasing their work," he said.

Shift's audience too belongs to that age group murkily defined by various labels, twentysomething and baby busters among them. Vancouver writer Douglas Coupland's *Generation X* is another popular term, and authors Neil Howe and Bill Strauss call those born between 1961-1981 thirteeners, because they comprise the thirteenth American generation and have inherited much of the bad luck implied by that number, being "the ones who grew up as survivalists in the wake of indulged, spiritually absorbed elders like today's (baby) boomers."

Heintzmann doesn't care for labels, and he thinks young



Canadians have yet to forge a distinct voice in literature. However, he said some things do set their work apart.

"Much of the fiction is cynical, pragmatic...." he said, "and the element of detachment and isolation

is very strongly there. That last bit is common to all Canadian fiction."

He said the success of Coupland's novel, about three Xers — members of the young, white, angst-ridden North American middle-class — and the book's sequel, *Shampoo Planet*, indicate there is a market for youth fiction.

"I think, until recently, the mass media has shunned us in favor of an older market," said Heintzmann.

"Now, they realize we're a market and everyone's capitalizing on it, for better or worse," he said.

The third issue of Shift showcases several stories. Emil Sher's "Country Life" and Death Waits' "I Saw the Emperor Naked and I Shot Him" share a common theme — the strange connection between the stalked and the stalker — only the stalkers are a tragically self-misled deer hunter and an unbalanced man trying to "assassinate" his brother.

There is also a travelogue on the nomadic, toughened people of the Middle East known as the Bedouin, and two poems, "Kathy" and "Nicked" by Jill Battson, which deal with such issues as rape and abortion.

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SPORTS



BRENDA CAMPBELL

Picking up the pieces — The many falls in the OCAA Provincial Championships held in Collingwood February 17 and 18, had skiers heading back up the hill to gather their skis.

Snow victory for ski team

by Brenda Campbell

Camaraderie is what led the Varsity Hawks ski team to first place finishes last week at the OCAA Provincial Championships in Collingwood.

Both the men's and women's teams swept the competition which included nine other colleges from across Ontario.

Although Georgian College has been the traditional winner at the provincials, coach Tom Browne was confident that this year's team would give the Barrie area college a strong fight.

"If we (the team) didn't win we were always in the top three. We've always been competitive," Browne said.

This year's team, all newcomers, showed a great solidarity during the two days of racing and Browne said he believed that brought the team to the top.

"Any varsity sport is 30 per cent your physical ability and 70 per cent attitude, so we work on getting that team attitude and it pays off."

Browne had more than good attitudes in this strategy for a win, he knew that the tough course was only going to be won by a technical team.

"In tough courses the quality teams come through. We would have been beaten on an easy course, at least the men anyway. We don't have a lot of medal winners, it's a real team effort. There were other colleges with better individual times but our team came out on top."

Team member Shannon O'Donnell agrees with her coach. She said, "The only competition for the guys was Georgian and they didn't seem that together as a team. The guys from Georgian have all coached and have racing pasts but we were lucky that they only counted one because the other three blew out their races."

The scoring for a ski team race is somewhat unique. The top three women and the top four men's scores are counted and that

gave Humber the victory even though no one placed first as an individual. Humber's top individual racer was Rick Hanier who came in third.

The women are considered the class of the province, but Shannon admits to being nervous before her first run. "Jane and Mandy fell in the first runs so the teams were a little apprehensive. We usually stack up but we didn't do as well as in past races. It was really a hard run."

The tough course, cold weather and high number of falls generated a friendly atmosphere between all the skiers.

"You're standing at the top and someone in front of you would turn around and say good luck. It was competitive, but lots of spirit," said O'Donnell.

It is hard to believe with such a success this year, the team could not participate in the provincials last year because of the lack of money.

The team didn't have the money (\$12,000) to send a team to Thunder Bay last year and Browne blames the economy.

"Athletics is like everything else in this recession, money is tight and skiing is one of the few surviving sports. We lasted because we've done quite well."

Before the provincials the Hawks competed in three invitational meets with the women winning two, and the men consistently placing in the top three.

Politics seem to come up whenever money is involved and it is no different when it comes to varsity sports. If a team is a winner it gets the budget.

"None of the varsity teams have won anything yet this year while skiing took both titles, but people don't see us as a team sport because teams like basketball and volleyball are more visible," said O'Donnell.

Despite the problems surrounding athletics at Humber both ski teams are winners and as coach Browne said, "They can really be proud of themselves."



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Selling Out: New NHL commissioner, Gary Bettman, is destroying the integrity of the game to satisfy the greed of NHL owners — much to the chagrin of hockey purists on both sides of the border.

by Frank De Gasparis

Do you get the impression that Gary Bettman, the new National Hockey League (NHL) Commissioner is not much of a hockey fan? If anything, Bettman is definitely not a hockey purist.

Bettman's background is from the National Basketball Association, and if early indications are correct, Bettman would love to transform the great game of hockey into basketball on ice.

His early ideas of changing the game into two halves instead of three periods, and creating a lottery-type draft, is proof that Bettman has no respect for the rich traditions of hockey.

Bettman's main focus as the new head of the NHL is to market the league in the United States, land of the obscenely rich. This is a worrisome fact for most Canadian hockey fans who fear that the game will be changed just to attract a larger audience base, south of the border.

The truth is, hockey will never become as important or as popular in the U.S. as it is in Canada. It will also never come close to reaching the same status

that baseball, basketball, or football enjoys in the U.S. If the miracle gold medal at the 1980 Olympics did not win over American sports fans, then nothing will.

Unfortunately for the game of hockey, the NHL owners are solely interested in the bottom line. The huge amount of revenue that a U.S. television contract represents, has driven Bettman and the owners into a dangerous and hopeless venture. Unless hockey becomes popular throughout the entire U.S., the NHL will never get full exposure on any of the big American networks.

Hockey is Canada's game and Bettman should respect this fact, instead of trying to continually appease the U.S., and in particular, the people south of the fabled Mason-Dixon line. Should Bettman and the rest of the NHL executive suite be so concerned about a population that has to put the word ice in front of hockey?

One way the NHL believes they can acquire a big bucks television contract, is by eliminating fighting from the game. Whether Bettman likes it or not, fighting is an integral part of

hockey, and remains one of the most popular aspects of the game.

When Tie Domi fought Bob Probert, did the people in Madison Square Gardens head towards the concession stands, or cheer wildly? Someone please tell Bettman it was the latter, and that Americans not enjoying a good hockey fight is purely a myth.

The recent handling of the NHL expansion is just more evidence that the owners are not beneath selling out the game of hockey for a fast buck. The new Anaheim team will be allowed to be called 'the Mighty Ducks', a great source of advertisement for the Disney Corporation. Will Goofy be in net for them?

If the American sports fans cannot appreciate the game of hockey, as is, then the NHL should not bother trying. Bettman and the owners' proposed changes to the game are infuriating hockey fans in both Canada and the U.S. who already love the game.

Bettman has to realize that an American hockey craze is an oxymoron, and will most likely never become a reality. So, leave our game alone.

OCAA STANDINGS

Varsity Basketball

Women's			Men's		
Team	W	L	Team	W	L
Humber	13	0	Algonquin	15	1
Fanshawe	10	2	Humber	12	2
Mohawk	8	5	Seneca	9	6
Seneca	8	5	Durham	5	9
George Brown	6	7	Centennial	3	11
Redeemer	4	10	George Brown	0	15
Durham	2	10			
Conestoga	1	13			

Varsity Volleyball

Women's			Men's		
Team	W	L	Team	W	L
Seneca	13	1	Sheridan	13	1
St. Clair	12	2	Durham	13	1
Sheridan	8	5	Humber	8	5
Durham	7	7	Centennial	7	6
Humber	6	7	Seneca	6	7
Confederation	5	9	Loyalist	5	9
Centennial	3	10	Mohawk	2	11
Georgian	0	13	Royal Military	0	14

Athletes of the Week

Coven salutes the men's and women's ski team for bringing home provincial championships in OCAA competition February 17 and 18.

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Mandy Ameli

Honor McLachlin
Shannon O'Donnell

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