





# HUMBER ET CETERA

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# Million Idollar bonus

#### Government grants additional funding for disabled

Evan French NEWS REPORTER

Humber College will receive nearly \$1 million from the McGuinty government, as part of a new plan to ensure students with disabilities succeed in their studies.

"Full-time students with disabilities are the ones who will benefit," said an excited Judy Harvey, dean of student services. "Because a reduced course load is an essential requirement for them, they usually wind up paying for the program several times over."

Until now students with disabilities have paid the same tuition for courses they may have had to repeat at the end of their programs. Harvey said the new changes will make it financially possible for students with disabilities to succeed.

Students who need more time to complete their studies will only pay \$20 for each extra course.

Harvey said that although she is thrilled to have more money available, change has been a long time coming.

"What has been added is now covering our costs. We were running deficits. Now they're meeting our needs, in terms of usage," she said.

Chris Bentley, minister of training, was at Humber's Lakeshore campus last week to announce that more than \$40 million had been set aside to help students with disabilities enrolled in post-secondary programs. The sum includes a \$4 million contribution as part of the Access to Opportunities strategy, designed to provide students with disabilities new services.

"I believe so much in making post-secondary education available to more people," said Liberal MPP of Etobicoke – Lakeshore Laurel Broten.

Bryan Rakowski, 22, a final year social services stu-

dent, has vision and dexterity issues because of a permanent disability. He said although the policy change is going to make things easier, he hopes there is more to come.

"I'm not going to say they're done, I would hope that they're not. As long as the cost of education is going up, the cost of the equipment I use to get my education is also going to go up."

Rakowski said he'd like to see students with disabilities, who are forced to enroll as part-time students, treated more like full-timers.

"I'd like to see every student just get a laptop when they get here, fully loaded with everything they need, but that's not always possible," he said.

Sean Cunningham (pictured), 29, is completing his final year in the Journalism program and he only wishes that this change had come sooner.

"I've paid for courses and fallen on my butt, you know. Paid a small fortune," he said.

"For those people coming in, I think it's a great thing. It's another way to make colleges more accessible to people, as it should be."

Cunningham said that so far, students with disabilities have been forced to jump through hoops to succeed in their studies and he is glad to see things are starting to change.

"All these changes that are coming are huge. Is it enough? No, but it's a start. You can't run before you walk."

All Ontario colleges and universities will get their share of the money. In addition to the new tuition policy, services will include new adaptive software as well as arranging note-takers and interpreters for visually or hearing-impaired students.

A NASA astronaut was arrested Monday after she allegedly attacked and tried to kidnap a woman she considered a rival for the heart of a male astronaut. - AP

## KPI lets students give the grades

Ryan Vella News Reporter

Humber students are accustomed to being graded on assignments and exams, but this week they are the ones filling out the report cards.

As part of an annual survey conducted at all Ontario colleges, students are being asked to rate their level of satisfaction with their academic program as well as things like facilities and food services.

"It's all about continuous improvement," said Carlo Mandarino, research associate for institutional research at the college. "The opportunity for us to look at results and monitor how we are doing in all of these different areas, provide us with an indication of our successes and areas that we may need to look at."

The Key Performance Indicators (KPI) survey, which is distributed to every Humber student in every program, plays a role in determining the college's annual provincial funding, said Rick Embree, dean of planning and development.

"It actually forms part of our funding," he said. "The better we do, the potential for more funding

is available.

After last year's survey results indicated overall student satisfaction was nearly 77 per cent, the college was granted \$1.3 million in funding for the KPI performance portion of the provincial funding formula.

While Embree knows some students might not realize the impact the survey can have on their overall educational experience, he urges all students to complete the evaluation.

"We encourage them to look at it and take it seriously. We try to work with the HSF to get the word out that it's an important aspect of judging our success," he said. "We don't go out and say 'please give us a high rating so we get more money.' I'm not implying that. But it is important that people respond."

In previous years, results from the survey have brought about changes such as the numbered queue system at the registrar's office, curriculum modifications and new computer lab equipment.

Despite these improvements, Embree said there always seems to be concerns over food services and parking.



photo by ryan vella

Rick Embree explains that the results of the KPI Surveys have an impact on the funding Humber receives from the province.

Baljinder Brahm, a first-yearnursing student, shares one of these same concerns.

"The cafeteria is really bad, so maybe they'll improve it," she said. And while she "thinks it's good the school is trying to improve," she also said she wants to use the survey to "recommend a better used textbook section in the bookstore."

Embree said he is not concerned about students not taking the survey seriously.

"Some students may treat it frivolously," he said, "but the majority are serious about putting down their concerns."

# The Skinny

#### Cop hurt near campus

A police officer had his foot run over and his cruiser smashed Tuesday night following a traffic stop at Finch Ave. W and Hwy. 27. When the officer approached the car, it was put into reverse, driving over the officer's foot and into the cruiser. The car then took off on Finch before crashing into a tree near Humber College Blvd. The two girls inside the vehicle, both 17, have been charged. – Toronto Star

#### UK bird flu outbreak

Nearly 160,000 turkeys have been killed and shipped out after the H5N1 virus was found on a farm in Suffolk England. Officials have set up a biosecurity zone around the farm and farmers within a 10 km radius are forbidden from moving birds or selling them at open markets. – CBC.ca

#### Young offenders

The federal government plans to introduce a new bill to treat young offenders more harshly. The bill, which could be introduced as early as next week would include a provision that would make adult sentences automatic for violent and repeat offenders over the age of 13. – Canada.com

#### Watch your vehicles

Police are reminding motorists not to leave their running cars unattended following an incident Monday. Thieves took a van from an Oakville driveway with a three-year-old in the back seat. The van was abandonded after it crashed into a car a kilometre away. The child was not harmed. – Toronto Star

#### Global warming report

A global warming report released last week said humans are most likely to blame. The Intergovernmental Panel on Climate Change also said even if we decreased our greenhouse emissions today, global warming could continue for centuries, causing a rise in sea levels, floods, drought and other extreme weather. – AP

#### Correction

On Jan. 18, HSF Executive Director Ercole Perrone's name was misspelled on p. 3.

## Hwy 407 rewards frequent drivers

News Reporter

People who drive to campus via Hwy. 407, might soon get rewards for travelling the toll road.

A four-year, \$40-million rewards program, which started Monday, will give frequent drivers of the highway benefits for the number of kilometres driven.

Perks will be automatically applied to customers' accounts and will appear on their bill.

Scott Welch, a first-year marketing student at Humber who uses the 407, was skeptical of the announcement.

"Seems like a marketing ploy," he said. "If they want more customers, they should decrease the tolls and provide more benefits. A free tank of gas at Esso doesn't entice me enough."

Dale Albers, spokesperson for the 407 Express Toll Route, said that is not what the program is about.

"The program was designed to

reward drivers who frequently use the highway, and not to change the behavior of other drivers," he said.

Johanna Marchewka, a secondyear interior design student, said she uses the highway and doesn't think it is too expensive.

"I don't think it's that bad, and I take it at the busiest times," she

Marchewka said she takes Hwy. 407 to save on gas and was pleased to hear that she will now get perks. Depending on the number of kilometres driven, discounts can be obtained for gas or used for weekends of toll-free driving.

For example, a driver averaging 400-699 km per month receives 40 km free on Sundays, and a slight discount at the pumps.

Perks or not, Welch doesn't think he would use the 407 more.

"I usually only take it anyway if the 401 is backed up," he said.

The 108-km highway extends from Pickering to the QEW and 403 interchange near Hamilton.

## Snowshoeing a great way to enjoy winter



photo by david hamilton

Tour guide Jimmy Vincent helps everyone get comfortable in their new footwear and talks about the history of snowshoes.

David Hamilton News Reporter

Even as temperatures plunged below -10 degrees C on Saturday, adventure seekers and nature lovers made the most of a chilly weekend taking in some guided snowshoeing in the Humber Arboretum.

"It's a neat way to bring people out, enjoy nature, and it does bring in more of an exercise aspect to it too," said Jimmy Vincent, 26, who led over a dozen participants on a hike though the wilderness behind Humber' North Campus.

"We give an introduction to get them used to how snowshoes are used and why they were such an important discovery," he said.

Participants were provided with Beaver Tail snowshoes, so-called because of their tear-drop shape. They are constructed with a traditional wooden frame with cat gut webbing and leather shoe straps.

Nature Centre co-ordinator Barb Fox said the snowshoes they use are unique and can't be bought anymore.

Vicky Griffith, a third-year early childhood education student, volunteered for the event as part of her coursework.

"We do tours like this, not necessarily with the snowshoes, but I really love the program. If you like the outdoors, you'll love it," she said.

There are more snowshoeing trips scheduled in the Arboretum for Feb. 17 and March 3.

Anyone interested in taking part must book ahead by contacting the Arboretum's Nature Centre at 416-675-5009.

An American doctor has pleded guilty to stealing a severed hand from a cadaver. He had given the hand to a stripper who displayed it in her apartment. - Reuters

## West Indies club welcomes all

#### New group focused on promoting culture

Michelle Singerman

The West Indies cultural club held its first meet-and-greet to welcome members.

The event, held last week in Guelph-Humber's atrium, was designed to raise awareness about the club and have fun, said the club's co-president Cassandra Shivnaraine.

Devi Ramroop, the other copresident, said the club's goals include "bringing our West Indian student population together, educating those who don't know about the culture and just giving the ones who do know an opportunity to express that in a country outside of their own."

Ramroop moved to Canada from Guyana a few years ago and said one of her reasons for starting the club was that people often confused her for being South Asian.

"I thought it was a really good idea to make people aware that there are similar people in face, but from different parts of the world," she said. "In the Caribbean, (there are) different races too, so it's representing a little bit of everybody."

"The club is open to everyone, it's not biased only to West Indians."

> - Jason Imineo, West Indies cultural club

Ramroop said though the majority of the club is Caribbean there are non-Caribbean members.

"It's all in hopes of making people aware of who we are and what we have to contribute back to them," she said.

Vice-president of events Jason Imineo said the main initiative of the club is to promote the West Indian culture.

'The club is open to everyone, it's not biased only to West Indians. Everyone is welcome to join," he said.

Club treasurer Dave Sookdeo said the club helps members take pride in who they are and what they do and a great way to meet other people who share the same interests.

You get to see who's in the school, who's part of this culture. who wants to support it. It doesn't matter if you're outside the culture," Sookdeo said.

Club member Ahmed Abukar, who is not West Indian, said he joined the club "to support fellow classmates and their fellow initia-

Sookdeo said the club's next event will be a fundraiser, possibly selling West Indian food, which he said is one of his favourite parts of the culture.



Club members Imineo, Soodkeo, Shivnaraine and Ramroop.

## Ping pong tourney a smash at the Lake

**Erica Timmerman** 

Humber graphics technician David Lui is the ping pong champion after winning a tournament held by the Humber Students' Federation (HSF) at Lakeshore Campus last week.

As the only staff participant, Lui competed with 15 students in the A Building cafeteria for the much coveted first prize - an IPod Nano.

"I have played for over 20 years now," Lui said, "I am glad to see that table tennis is becoming more popular at the school and that people came out to play."

But Lui said he may not keep his

"This is new technology to me. I might give it to my wife. She may like it," he said.

Programming co-ordinator for

HSF Rishi Gupta said he was pleased the tournament went so

"We had to turn away people because the event was full. This shows demand so we will do it again," he said.

"I consider myself below average. The people I have played against are much better."

graphics technician

Gupta said the event was suggested because many students play ping pong at the Lakeshore gym.

"We have had many pool and foosball tournaments in the past, but we are always looking for something new," he said.

Karma Dhondup, a fourth-year business administration student, lost twice to Lui in the final round: 21-15 and 21-10.

"I used to play on a high school team back in India," Dhondup said. "I haven't played for two or three months, but I just came to have some fun."

Dhondrup jumped and yelled during the games, while Lui held back with a determined focus to win back-to-back rounds in the championship match.

Lui said, "I consider myself below average. The people I have played against are much better than me."

Lakeshore athletics will be having intramural ping pong games.

Anyone interested can sign up at the athletics front desk.

The North Campus will host a ping pong tournament at noon today in the Student Centre.



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A 62-year-old Arizona woman was caught with 90 kilograms of weed in her car, which prosecuters say she sold to support her bingo habit. - www.citynews.ca

## Students get ahead with free after-school courses

Kate Wilson NEWS REPORTER

Some high school students are already experiencing college and are getting credit for it too.

A pilot project is letting 104 Orangeville and Caledon high school students take selected Humber College courses for free.

"It doesn't cost them anything," said Joe Andrews, director of community relations for Humber's Orangeville Campus. "It is fully funded by the Ministry of Education - buses, books, everything is taken care of."

The dual credit program will allow students in Grades 11 and 12 to earn credits for their high school and college diplomas at the same time.

Students from Westside, Robert F. Hall and Orangeville District secondary schools attended their first college classes on Tuesday, which coincided with the start of a new high school semester.

Humber faculty will teach introductory courses in hospitality and tourism, spa management, theatre production and business in the high schools.

Students will also travel to North Campus for some of their classes.

Each course will run for 15 weeks with classes every Tuesday after

"It is an activity that is very successful, but Humber decided to do it in Orangeville to kick-off Orangeville (Campus)."

- Joe Andrews, director of community relations for Orangeville Campus

Darryl Kirkland, principal at Westside Secondary, said students are surprised to hear they can get college credits for free.

Kirkland said the dual credit program will help students "get hooked on college."

The program is part of a threeyear-old Ministry of Education project that allows high school students to earn credits by completing post-secondary courses or apprenticeship training.

Patricia MacNeil, media relations officer for the Ministry of Education, said dual credit programs are intended to develop successful, well-educated, wellprepared students."

More than 1,100 high school students have taken part in the program in 21 different pilot programs throughout the province.

While Humber has been a part of this program for three years, this is the first time students from Orangeville and Caledon have participated.

"It is an activity that is very successful, but Humber decided to do it in Orangeville to kick-off Orangeville (Campus)," Andrews said.

Humber will offer full-time programs in Orangeville for the first time next September, with 160 students enrolled in police foundations, business management and business administration.



A concrete wall being lifted into place might not be something you often see, but it's the crane that has people talk-ing. "It's the largest mobile crane in the world," said Scott Valens, of facilities management. The 800-tonne machine was lifting concrete panels weighing up to 45,360 kg, he said. The crane was brought in for four days last week for construction on the B building, which should be completed by September. The crane cost \$10,000 per day to rent, said Ray Goodfellow, of Cooper's Crane Rental. – Jeff Lewis

#### Construction crew calls in the big crane

## Online military program offered through college

Classes to provide officers with skills

**Will Cottingham** 

A military arts and science program was approved by the Humber board of directors at Monday's board meeting.

Pamela Hanft, dean of liberal arts and sciences, said the program will be a two-year, four-semester diploma, and will provide noncommissioned officers with the necessary skills needed for

"Humber was actually approached by Canadian Forces and invited to participate with them in the delivery of a program that they were hoping to target to all of their non-commissioned officers," she said.

Because the program is expected to attract mostly part-time students currently working in the Canadian Forces, all courses will be fully available online, Hanft

"The Open Learning Centre will provide non-academic support for the students," said Ruth Hickey manager at the Open Learning Centre. "Our goal is to let the faculty focus on the teaching."

"The program will be done through a consortium," she said. "The students will register at Humber to complete all of their courses, except for the ones offered by the Royal Military College (RMC), and teachers could be from any of the many colleges participating in the consortium."

Five courses, mandatory to the program, will be offered through the RMC, Hickey said. "The general public will not be allowed to take those courses, (because) that was part of the agreement."

## Culinary grad dishes on success

Many Humber culinary students enter the program with the hope of one day becoming a head chef in a big city restaurant, and now they have one more successful graduate to look up to.

Jordan Kekewich, who graduated from the culinary apprenticeship program last year, is the head chef at Miller's Country Bistro and Bar in Toronto, which had its grand opening last weekend.

Kekewich created the menu at Miller's from scratch, and describes it as an upscale casual restaurant, a place where you can go to have a pizza and beer, or a rack of lamb and wine.

"Just making sure we have something for everyone," Kekewich

young, when I was about 16," he said. "It was just something that I have always enjoyed. I have always done it well."

Chef Francisco Rivera, a culinary

"I started cooking when I was



Kekewich has quickly achieved a dream job for culinary graduates as head chef at a new upscale casual Toronto restaurant.

Kekewich was a good student, interested and focused on what he was doing. In order to reach Kekewich's

instructor at Humber, said

level, Rivera said students must be very dedicated, adding it is rare to find students with the level of dedication to achieve what he has so quickly.

Rivera said the culinary apprenticeship program Kekewich graduated from is intense, where a week's worth of regular classes is condensed into two days.

The rest of the week is spent working in the industry to gain more practical experience.

"On the first day I tell the students you have to be 100 per cent focused on what you are doing and passionate about food," Rivera said. "Hard work comes first, glamour comes later."

Kekewich also said the program was difficult.

"A lot of people get turned off because it is a tough business, long hours and stuff," he said.

He said he began his cooking career making sandwiches in a café at Pearson International Airport in Toronto when he was 16.

He worked his way up through various restaurants to the position of sous chef, the head chef's second-in-command, then entered the culinary program at Humber because it is "one of the better schools for culinary arts," he said.

"I have worked with people from various schools and I think Humber is superior."

A woman in Cancun gave birth to a 14-pound baby, a far cry from the World Record holder for heaviest baby ever born, who weighed more than 22 pounds. - AP

#### **Applications** for graduate programs on the rise

Stephanie Zolis NEWS REPORTER

Humber will add more postgraduate spaces in the fall to make room for the double cohort graduating from universities this spring.

"In terms of increases to programs, we have a projected increase in the media copywriting program, in the rich media program, and we have a new program called hospitality and tourism operations management that we will start this year as well," said associate registrar Barb Riach.

> "There was a lot of preparation for the double cohort . . . "

> > - Tanya Blazina, Ministry of Training, Colleges and Universities

Ontario college and university programs are expected to receive more post-graduate applications this year as graduates make plans for next year.

"We are approximately running at the same application rate that we were last year at this point in time with around 1,800 applications," Riach said. "However, Feb. 1 is the equal-consideration date so we will see a lot of activity."

Catherine Bell of Ontario College Application Services said applications to colleges are up 6.5 per cent from last year's figures.

Bell said interest for postdiploma programs has remained steady over the past five years at about 20,000 program choices but recently has seen a sharp increase.

"This year . . . there has been a 22 per cent increase in the program choices," she said. "Numbers are extremely volatile and that increase may disappear."

The Ministry of Training, Colleges and Universities is increasing post-graduate spaces at colleges and universities by 12,000 spaces for next year and 14,000 by the fall of 2008.

There was a lot of preparation for the double cohort and this government has anticipated that a lot of the students that have completed their undergraduate might want to move on to graduate expansion," said Tanya Blazina of the ministry.

"In terms of funding, the government is providing \$240 million in operating funding over the next two years to support the addition of the new graduate students," she said.



Nancy Cardinez, Dana Simpson and Maria Eugenia Arteaga Romero, three of this year's Peer Health Educators, are easy to spot in their T-shirts with a condom cartoon on the back.

## Health centre needs student volunteers

**Kaitlyn Coholan** 

Services Humber's Health department is recruiting 12 students to be next year's peer health educators (PHEs).

The recruiters are looking for students with creativity, leadership qualities and an interest in health

Nancy Cardinez, a third-year bachelor of nursing student and current PHE said, "anyone who has enthusiasm for educating, who likes to meet new people and discuss new things pertaining to health in a fun way" should apply.

The PHEs aim to inform Humber students about relevant health topics centred on a selected theme, which is woven throughout their presentations and newslet-

This year's theme is sexuality.

The presentations start next month in Residences on three topics: proper condom use, sexually transmitted infections and contraception.

PHEs also perform walkabouts, during which they meet students and hand out newsletters.

Gay Hendrick, a health services nurse and PHE co-ordinator, thinks the program is a great way to reach people.

'There's a whole different focus

when a student tells a student," she

Dana Simpson, a second-year court and tribunal student, said the PHE's flexible hours allow them to maximize their impact with minimal strain on their schoolwork.

"We make our own hours," Simpson said. "It's such a great program for students."

Hendrick said the time commitment varies, depending on the week.

"The weeks they're going to be doing presentations they'll probably average five hours, by the time they prepare and present," she

Maria Eugenia Arteaga Romero, a second-year accounting student and PHE, enjoys talking to students. "We learn a lot," she said. "We benefit others, but also our-"Presentation skills, working

with people, collaborating, problem solving... all the skills we've learned benefit us," she said. Programs like this are common

at other colleges and universities, but Humber's PHEs pride themselves on being unique.

"We're pretty different than all the other schools," Simpson said. "Ours is small, so we have a chance to be creative.

Applications are due in March.

### ROGERS Top 10 RealTrax™ ring tunes Week of January 29 **Fergalicious** - Fergio - Young Jeezy I Wanna Love You Irreplaceable Lips of an Angel Money In The Bank On The Hotline Promise - Ciara **Shortie Like Mine Smack That PHONES**

### A Humber for All

#### Humber wants to remind you that

- \* All members of our community are entitled to participate fully in College life free from any barriers that contribute to a poisoned environment
- We strive to promote a culture of inclusiveness among our increasingly diverse community
- Our Human Rights/Complaint Process Policy is readily available in hard copy from the Human Resources Department or online at

http://humanresources.humber.ca/ downloads/HumanRights.pdf

The prohibited grounds of Discrimination and Harassment are race, ancestry, place of origin, colour, ethnic origin, citizenship, religious creed, sex, age, marital status, family status, disability, sexual orientation, receipt of public assistance or pardoned federal offences or record of provincial offences as defined by the Ontario Human Rights Code.







You may seek confidential advice on matters related to harassment and discrimination from the College's Human Rights Advisors at Extensions 4948/4425 or from a Union Steward, Counsellor, Nurse or the HSF

## NEWS

A man was arrested for stealing an idling police car from outside a Tokyo post office. The man said he took the car because he was too tired to walk. - Reuters

# Residence reacts to reported assaults

Students and rez staff say more education may be key to eliminating possible risk

Lindsay Meli

North Campus residents are shocked at the seven sexual assaults that have been reported people, I just thought it was a couple incidents," said Lauren Turcotte, a first-year general arts and science student who lives in Residence.

"I didn't realize it was that many but was surprised by the number.

"I think that it needs to be brought to our attention a lot more than it is right now. I think RAs and Rez in general really need to crack down on telling us how we don't hear about it ... how many more times can it happen?" she said.

Turrcotte said male residents need to be made aware of the seriousness of these actions.

that they're being punished as much as they should be."

Residence Life manager, Mike Kopinak said "If somebody was found to have committed sexual assault, it is very unlikely for them to be living in the Residence."

Fellow resident Sarah Miller, a first-year general arts and science student, said that sexual assault could happen because of miscommunication.

"Guys don't know the difference between trying to hit on someone and trying to get into things and that's when it becomes sexual assault," she said. "Guys will touch your shoulder or whatever... but some girls will take too much touching as sexual assault and that leads to the next thing."

She said for this reason both parties could be held responsible.

"A girl, not saying 'this is making me feel uncomfortable,' and acting like she's not interested, could make the guy try harder, but at the same time it could be the guy not giving up, and pushing it," she

Lawrence Yee, a first-year business administration student living in Residence, agreed that seven is a lot and feels that Residence could provide more awareness.

"Education is probably the best, but it should be the guy himself who knows the limits too," he said. "Guys should just know when to stop and where the line is.'

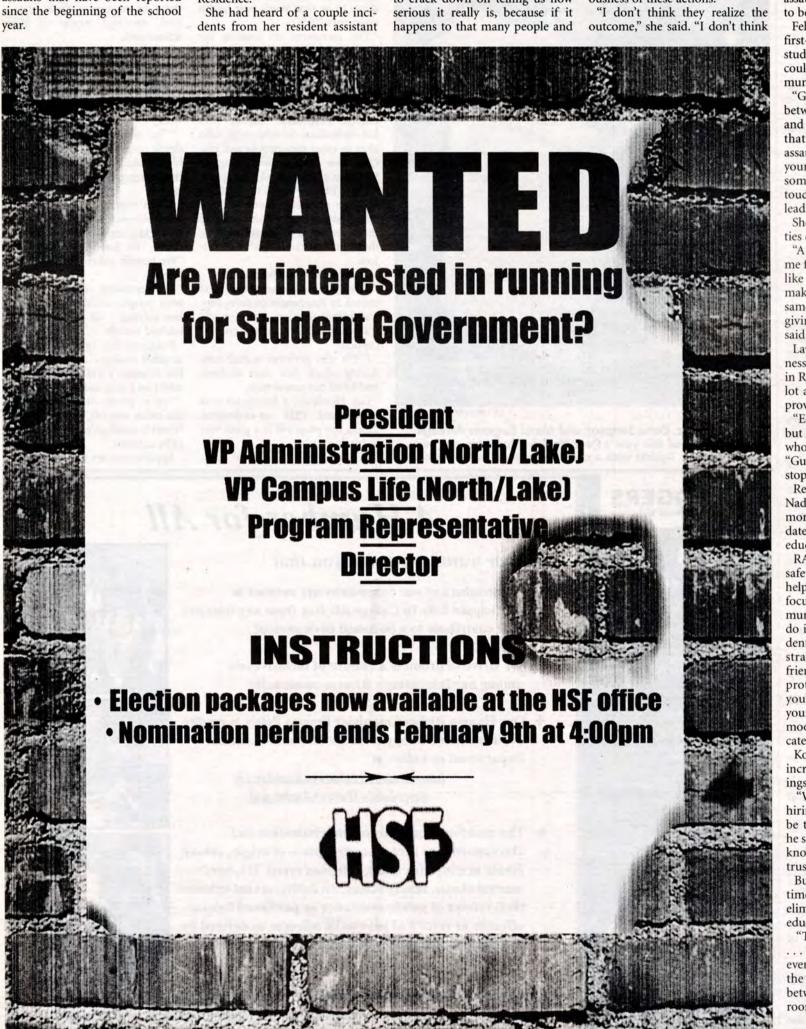
Residence Life co-ordinator Nadia Rosemond has not had any more reports of sexual assaults to date and said, "all we can do is educate people."

RAs are planning an upcoming safety awareness week with the help of some residents. "It will focus on staying safe in the community and on campus. All we can do is continuously nag at the students . . . leave in groups, have a strategy with your girl or guy friends, have a code or a system to protect yourself," she said. "If you've drank too much, know your limits and if you are in the mood, make sure you communicate and get consent."

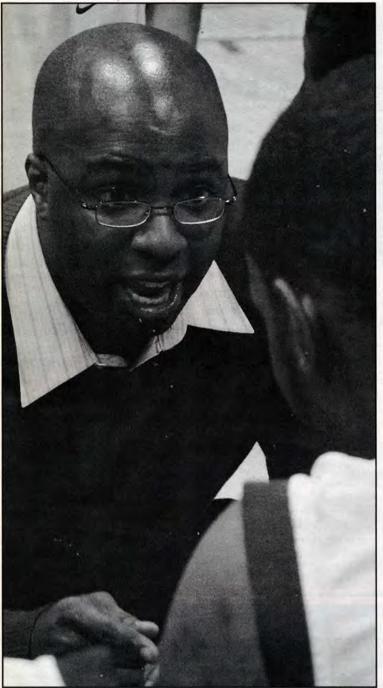
Kopinak said Residence will be increasing security in the build-

"What we are looking at doing is hiring a security guard that would be the same person all the time," he said. "The students would get to know them and create a level of

trust there." But Rosemond said having a fulltime security guard would not eliminate potential risk, and more education is necessary. "The thing with sexual assaults is .. if you have a police person on every floor or a security guard in the building, the moment is between those two people in that room," she said. •See letters to the editor p. 11.



"Man must evolve for all human conflict a method which rejects revenge, aggression and retaliation. The foundation of such a method is love." - Martin Luther King Jr.



Humber men's basketball coach Darrell Glenn, gives a pep talk to his team during a match-up against the Centennial Colts.

# Glenn sets bar for minority coaches

Job window open in Ontario college athletics

Sean Fitzgerald IN FOCUS REPORTER

Darrell Glenn, head coach of Humber's men's basketball team, said he may have benefited from efforts to hire minorities for the under-21 Canadian men's National basketball team.

Before he coached, the team received criticism for a lack of fair representation.

"In the past five years, they've tried to rectify that situation," he said. "I think I've been a beneficiary of that."

At the provincial level, he doesn't think the Ontario Colleges Athletic Association (OCAA) should enforce a policy to hire minorities for coaching positions.

"About 50 per cent of the head coaches in our division are people of colour," he said. "So the opportunities are definitely available.'

Last Sunday, two black coaches competed in the Super Bowl for the first time in NFL history.

This follows a league rule initiated in 2002 that requires teams to interview one minority candidate for every coaching job opening.

That rule doesn't exist in the OCAA or in the Canadian Interuniversity Sport (CIS) league.

Scott Dennis, the OCAA marketing and communications co-ordinator, said the association doesn't require a minority-interviewing

"The diversity of our members shows we don't need a rule like that," Dennis said.

Everton Senior, an African-Canadian head coach for the Algonquin College women's volleyball team, said he notices few minorities coaching.

"I can't even think of another head coach of colour in volleyball," he said. "But I've grown up in a society where I've been the minority for most of my life."

"Upon leaving, who do they recommend? It's another white guy."

-Virgil Hill head coach, Laurentian University

He said he knows there will always be people who oppose him because of his skin colour.

"People have gotten better at disguising that as the years have gone by," he said. "I think it's something that we'll always be dealing with."

Virgil Hill, the only black head coach in Canadian men's university basketball, said post-secondary leagues do not need policies to hire minorities for coaching jobs.

"I don't think minorities in Canada suffer the same discrimination as our American brethren," Hill, the head coach at Laurentian University said. "In Canada, there hasn't been the need to put affirmative action policies in place, despite the lack of minorities in leadership positions."

Hill sees the beginning of an evolution in university sports.

"As more black players go through the university system, you're going to get more players turning into coaches. There's going to be a larger pool of qualified minority coaches in the future."

Despite these advances, Hill said university coaches often discover job openings through networking, which he said favours white coaches. When one coach retires, he'll suggest his friend, his son or his assistant for the job.

"Upon leaving, who do they recommend? It's another white guy," he said.

While he says he hopes the discrimination is unintentional, he calls the process an example of invisible racism.

"It's not in your face, but upon further investigation, you're like 'there's only one black men's head coach, and there are no black athletic directors at universities.' What would one say to that?" he asked.

Sheila-Ann Newton, CIS manager of events and programs, said her organization couldn't enforce a minority interviewing rule because universities are responsible for hiring their own employees.

"We could perhaps recommend a policy," she said, "but I don't know how we would go about doing that."

## Women lead unique path

**Elaine Mitropoulos** 

Humber Athletics Hall of Famer Aman Hasebenebi and her sister Naza participated at the launch for the Ontario Black History Society Kick-Off Brunch at Toronto's Sheraton Centre.

Aman, who made the Hall of Fame for her role on the women's basketball team, and her sister sold T-shirts from their company For The People during the event.

The shirts featured slogans from black civil rights leaders and positive messages for African women.

The resounding message from the speakers was although African-Canadians have come a long way, their struggle continues.

"It's about educating people and thinking positively," said Naza, who graduated from Humber's early childhood education program.

Referring to a shirt with an 1820 slave bill of sale, she said "people need to be awake and know, yes, this happened."

Aman, who was also the assistant coach of Humber's women's basketball team in 2003, said "we feel that its important to make young women know anything is possible."

"For me, education is the key to harvesting the fruits of freedom."

> - Mayann E. Francis Nova Scotia Lt.-Governor

This year signifies the 200th anniversary of the Britis Act to abolish slavery worldwide and marks the 60th anniversary of the Canadian Citizenship Act.

"For me, education is the key to harvesting the fruits of freedom," said Nova Scotia Lt.-Governor Mayann E. Francis, the keynote speaker at the event.

Referring to herself and Gov.-Gen. Michaëlle Jean, Francis said with two black women as regal representatives, Canadians are "experiencing a very interesting time."

"I was asked by a journalist what

I wanted people to take away from my being appointed lieutenantgovernor," she said. "I said I wanted people to view the uniqueness of my appointment as an opportunity of hope."

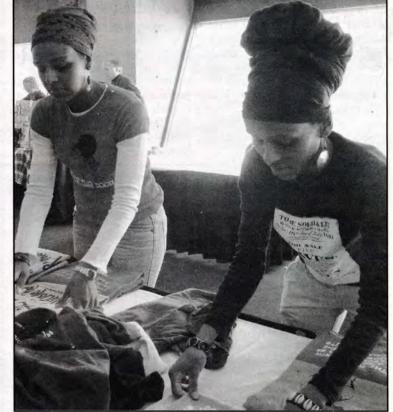
As Francis continued to speak of the inextricable link between education and freedom, the lieutenantgovernor stressed that today, learning must go beyond books.

Francis said black education must extend to technology, which she called "the new literacy."

Francis closed her speech with a quote from the 19th century black statesman Frederick Douglass.

"Those who profess to favour freedom and depreciate agitation are people who want crops without ploughing the ground," she said. "They want rain without thunder and lightning. They want the ocean without the roar of its many waters."

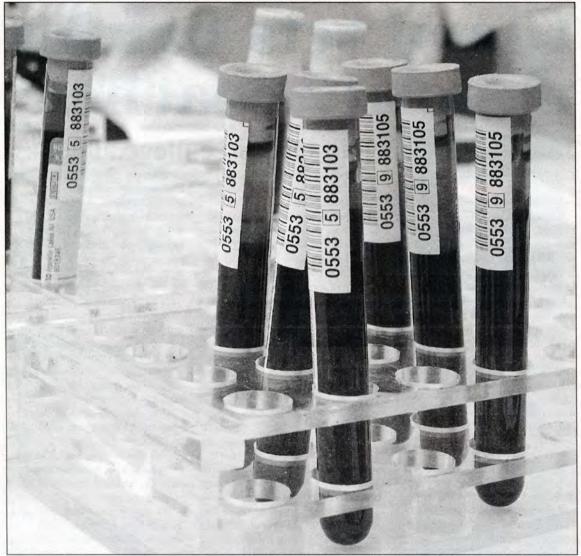
"The struggle may be a moral one, or it may a physical one, or it may be both, but it must be a struggle."



Sisters and Humber graduates Naza Hasebenebi (left) and Aman Hasebenebi (right) sell T-shirts at the Sheraton Centre.

## IN FOCUS Q

"Usually when people are sad, they don't do anything. They just cry over their condition. But when they get angry, they bring about a change." – Malcolm X



Test tubes sit in a tray after being drawn out from participants at Woodbine Centre mall clinic.

## Donors needed to lend a vein

**Abby Blinch** IN FOCUS REPORTER

With a special drive during Black History Month, the Canadian Blood Services is hoping more African-Canadians give blood or bone marrow to help people of their culture who have sickle cell anemia.

0.5 per cent of donors on the Unrelated Bone Marrow registry list are African-Canadian.

> John Bromley Canadian Blood Services

To kick off the month-long tribute to black culture in Canada, clinics were held last Friday at the Woodbine Centre mall.

"We hope with people coming out we'll have more blood to treat sickle cell anemia," said Lanre Tunji-Ajayi, president of Seeds of Life Philanthropic Organization.

The organization hopes to eradicate sickle cell anemia and is working with Canadian Blood Services on the month-long initiative.

The blood disorder forces red blood cells to change shape, and as a

result function abnormally and cause small blood clots that can be extremely painful and at times fatal.

U.S. studies show that one in every 12 African-Americans have traits of the disease and this figure is similar in Canada, Tunji-Ajayi said.

Transfusions and bone marrow transplants are needed to treat it, but the blood has to be a type which contains "more of a particular attribute that you have to match, and it only comes from the black community," explained John Bromley from Canadian Blood Services.

Otherwise, transfusions can be harmful to the recipients Tunji-Ajayi said.

In many cases, black Canadians with the disease get transfusions with the "next best blood," she said.

Currently, 0.5 per cent of donors on the Unrelated Bone Marrow registry list are African-Canadian, while out of the number of people who donate blood, only a "small proportion are African-Canadian," Bromley said.

Humber College has been hosting blood donor clinics for the past 40 years and will hold another at the North Campus on March 27.

## Low event turnout disappoints

Daria Locke

IN FOCUS REPORTER

HSF has issued a call to clubs around campus to get involved with Black History Month due to unexpectedly low participation so far.

"We're disappointed (in) the lack of involvement from the clubs around campus," said Aaron Miller, events co-ordinator for the "We didn't get as much response from them as we had hoped for. There is still time for them(students) to get involved."

"It is important to put on these events because we have a diverse student population at Humber," Miller said.

Guelph-Humber has also had some problems getting this year's celebration of culture off the ground.

"I want the students here to know about the contributions of black men and women."

> Randi Standford GH public relations student

Randi Standford, a first-year relations student at public Guelph-Humber had approached the HSF to collaborate on some events during the upcoming "It's such an important part of Canadian history," she said. "I want the students here to know about the contributions of black men and women."

Standford said there is a lack of cultural events at Guelph-Humber and said there needs to be more to raise the consciousness of students about different cultures.

"I'm hoping to make a change so that another Black History Month doesn't go by without anything being done," Standford said.

Even though many clubs are not involved, HSF has numerous events planned.

'We have a great mix of events this year," said Ercole Perrone, executive director of HSF. "A bit of entertainment, some cultural events. It's going to be really good."

Some of the events include movie nights, starting with a showing of the Spike Lee movie Get on the Bus on Feb. 9, When We Were Kings on Feb. 16 and Reggae in the Afternoon featuring local artist Humble.

"We want to make sure it is a positive celebration," Miller said. "We're running these events because they are accessible not only to black students, but also other cultures too."

Humble, whose given name is Simon Vassell, said he would like his music to be heard for this month's celebration because it has many good messages for the



courtesy of beverley parnel

Humble will perform on Feb. 27 at the Student Centre at noon.

black community.

"Humble decided that being a part of this community was very important to him and being heard was his way of contributing," said his agent Beverley Parnell.

Humble will be performing at North and Lakeshore Campus.

Advertising is going up this week for the Black History Month events around Humber and students are encouraged to keep an eye out for them.

For a complete list of events, check out the HSF website at www.hsfweb.com.

#### month.

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## Q IN FOCUS

"I am America. I am the part you won't recognize, but get used to me. Black, confident, cocky - my name, not yours. My religion, not yours." - Muhammad Ali



Bruce Smith, Jeffery Johnson and Icida Elliston (I. to r.) discuss the impact of absentee parents



An Invitation to Students, Faculty and Staff
Humber College and University of Guelph-Humber

#### Dr. Michael R. Marrus

## "Bystanders to the Holocaust in Historical Perspective"

Tuesday, February 13, 2007 11:00 a.m. – 12:30 p.m. North Campus, Seventh Semester



For many years, historians have been writing about bystanders to the Holocaust, highlighting the failure, particularly of western liberal societies, when it came to responses to the persecution and massacre of Jews at the hands of the Nazis. How should this failure be interpreted and understood? This lecture will probe a possible answer to this question from an unusual standpoint, but one that might have applicability today – the history of humanitarian intervention, one of the great challenges of our own time.

Dr. Michael Marrus is the Chancellor Rose and Ray Wolfe Professor Emeritus of Holocaust Studies at the University of Toronto. A Fellow of the Royal Society of Canada and the Royal Historical Society, he received his M.A. and Ph.D. from the University of California at Berkeley. He has been a visiting fellow of St. Antony's College, Oxford and the Institute for Advanced Studies of the Hebrew University of Jerusalem and has taught as a visiting professor at UCLA and the University of Cape Town, South Africa. He is the author, among other books, of The Politics of Assimilation: French Jews at the Time of the Dreyfus Affair, Vichy France and the Jews (with Robert Paxton), The Unwanted: European Refugees in the Twentieth Century, The Holocaust in History, Mr. Sam: The Life and Times of Samuel Bronfman, and The Nuremberg War Crimes Trial, 1945-46. He was also a member of the international Catholic-Jewish historical commission to examine the role of the Vatican during the Holocaust.

Space is limited. PLEASE CONFIRM YOUR ATTENDANCE with Val Hewson at ext. 4102.

Sponsored by the Office of the President

# Daddy isn't home for some children

Single parent families present a problem to the black community

Alex McCuaig

The lack of fathers in the black community has become a major cause of violence and drug abuse in Toronto, according some attendees at a town hall meeting held in Rexdale last Wednesday.

"It's the mindset and mentality of the community," said Tanisha Duverney, a first-year media foundation student and single black mother. "I think that black girls need to grow up and black guys need to step up and take responsibility."

"We have to value men, teach men they are valued, and then teach them the way in which their value can be appreciated"

> Bruce Smith former Toronto Argonaut

Panel members referred to Stats Canada which stated 42 per cent of African-Canadian children grow up in single-parent homes, compared to just 20 per cent of children in the general population.

"The majority of all my friends are single mothers," Duverney said. "I think it's because we have children too young."

She added: "A lot of our people are not in relationships, just having sex."

The CBC-led meeting convened to

discuss the problem with the public.

"All of this behaviour is historically linked," said Icida Elliston, a Toronto District School Board representative and panel member. "We are suffering even to this day."

The panel also included former Toronto Argonaut Bruce Smith and Jeffery Johnson from the Baltimore-based National Partnership for Community Leadership organization. CBC Radio host Matt Gallaway moderated.

"We have to value men, teach men they are valued, and then teach them the way in which their value can be appreciated throughout their life experience with their children," Johnson told the meeting.

Gallaway said people have been afraid to talk about the problem facing black communities, but this should change.

"People need to talk about it," he said.

But Teresa Steger, Humber's early childhood education co-ordinator, said that it's support for a well functioning family, whether it involves one parent or two parents, that determines how well a child is

"When a child is being raised by a single parent, you can't assume a negative outcome for that child," Steger said. "Some of the challenges are the way it's perceived."

"When the father is missing from the child's life, there is an emotional impact that lasts generations," Johnson said.

# The Lowdown

- Black History Month was established in 1976 by the Association for the Study of Afro-American Life and History. www.asalh.com
- The month-long celebration was an expansion of Negro History Week, which was established in 1926 by Carter G. Woodson. www.asalh.com
- On this day in 1968, diminutive actor Gary Coleman was born in Zion, Illinois. Despite a childhood of medical troubles, Coleman went on to become a television star in numerous situation comedies. www.blackfacts.com
- As of July 1, 2005, there were an estimated 39.7 million black residents in the United States, including those of more than one race. They made up 13.4 percent of the total U.S. population. www.history.com
- Willie O'Ree became the first African-Canadian to play professional hockey on Jan. 18, 1958, when he made his NHL debut with the Boston Bruins. – www.infoplease.com

## EDITORIAL CE

"Patriotism is your conviction that this country is superior to all other countries because you were born in it."- George Bernard Shaw

## More needs to be done to raise awareness

In 1926, Dr. Carter G. Woodson started, Black History Month (then called "Negro History Week") in the United States. Since then the black community's reflection on the struggle has blossomed throughout North America.

The Canadian Negro Women's Association brought the weeklong celebration across the border into Toronto 24 years ago and by 1979, the city of Toronto officially proclaimed February as Black History Month. February is society's chance to celebrate and applaud the contributions black figures have made and are making to this country, but after walking around Humber this week nobody would know it.

HSF programming director Aaron Miller faced a dilemma this year, getting in touch with the Caribbean Culture Society to organize a student symposium or gala on what it's like to grow up as a black youth. He was hoping the Caribbean Culture Society would spearhead the plan, but sadly it couldn't be reached. Fortunately for Miller and HSF, a Humber student has stepped up. In the next few days, Miller and his student volunteer will plan the gala together. HSF already has some cultural events scheduled to take place later this month, but Miller is still disappointed with the campus club's lack of involvement. But there is still time for them to get involved, Miller said.

Black History Month should not be forgotten here at Humber and the onus is on student clubs, not just HSF, to raise awareness. This is a call to the school's ethnically diverse student population, especially the Caribbean Culture Society, to unveil its cultural struggle to students on campus before Black History

month passes by.

Communities and families in areas such as Rexdale and Jamestown are desperately in need of helping hands. A club-run trip to a youth recreation centre in Jamestown, to spend time and/or donate clothes, food or toys to the families evicted Jan. 24 by the Toronto Housing Corporation may be one suggestion.

It is not too late to make up for lost time; the month has just begun and Humber's black student community deserves more.

According to the 2001 Statistics Canada Census, almost half of Canada's black youth are raised by single parents. Again, campus clubs could run a toy, food or money drive to help these single parents who struggle every day to put food on the table.

Both HSF and Humber run programs, which aim to reach out to the college's surrounding black youth year-round, but student groups like the Caribbean Culture Society need to step up at pivotal times. Now would be the time.

Clubs should educate students around Humber in ways that focus energy and attention on what Black History Month is truly about, "the struggle." It is not too late to make up for lost time; the month has just begun and Humber's black student community deserves more.





Mike Greene 20, radio broadcast

"I try to stay in lighted areas and I don't go off campus by myself. And I always bring Chuck Norris with me."



Sandra Alcocer 21, film and tv

"I usually walk in pairs and I try to be aware of my surroundings. If something isn't right I trust my instincts to avoid the situation."

Word on the



What precautions do you take to keep safe on campus?



Robin LeBlanc 22, film and tv

"I really don't have that problem, nobody bothers a 6 '4' guy in a black overcoat."



Liana Tropiano 19, ECE

"I always carry my cell phone with me, I always have a heavy bag to hit people with and I'm always alert."

## Thoughtfulness is a gift

Every year, lovers crawl into stores in search of gifts for their "better halves." Overpriced flowers and chocolates are common. Flowers are beautiful but not when they are marked up to cost \$60 dollars for a dozen during the second week of February. And chocolates are great but they certainly aren't worth the price tag or the calories.

Love is beautiful and buying expensive gifts doesn't make you a better partner.

Valentine's Day presents should be meaningful; a poem, a mix tape of great songs, quality time, a home cooked meal or something of that sort. Some may even consider giving or asking for diamonds but having the same rock 90 per cent of the other women in the western world have, isn't always appealing. And why should it be? We are all different people and thus our most personal gifts should reflect that fact.

Love should be expressed all year around, so don't shut out your feelings and wait until the next Hallmark holiday rolls around. Love is beautiful and buying expensive gifts doesn't make you a better partner. Love should be (and is, for some) something unique to the individuals involved. This year don't crumble under social pressures and buy the overpriced usual suspects – make something for your loved one instead.

#### Humber Et Cetera

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"As the rich consume more and more, they are clearly not going to want to downgrade their own status." - Susan George. www.brainyquote.com

#### — Letters to the Editor —

# RA speaks up about sex assaults

To the Editor,

My name is Rory Sylvester and I am a Resident Assistant at Humber North Campus. I just finished reading your article concerning the need for professionals for sexual assault cases in residence. I would like to express my disappointment over the uninformed and misguided information that was conveyed in the editorial.

The editorial is based on one person's opinions and contains several disagreeable statements that are entirely speculation. As a

staff, it is our job to create a safe and welcoming community in Residence. With this article you may have jeopardized that and made people feel uncomfortable about coming to talk to us. I would ask that you print an apology or retraction and if you would like to write an editorial with accurate information, we would be more than happy to speak with your reporters. For example, when Lindsay Meli came in and spoke to us about the sexual assaults, the result was a much more factual and realistic article.

I can't stress enough how hard

all 41 resident assistants work to make this residence safe and to provide comfort to all those who need it. Even more important is the work of the Residence Life Coordinators who spend their entire days and nights ensuring all students have a positive residence experience by building relationwith Administration, ships Campus Services, and Toronto Services including counselling, EMS, Sunnybrook Women's Centre, Toronto's 23 Police Division, and Etobicoke's Mobile Crisis Unit, to name a few.

There were also several other

points made in the piece that were incorrect. There are no 16 year-olds in residence, there is no "out of control drinking", and most importantly Resident Assistants are respected as both role models and someone students can confide in whenever it's necessary.

Thank you very much for your

Rory Sylvester Resident Assistant Humber North Campus

# Harpers' environment plan no more than a vote grab



Doug Gilchrist Copy Editor

Last week in Paris a group of 2,500 of the world's top scientists released a report that said it is very likely that humans are contributing to the greenhouse gases causing global warming. They concluded that even if the emissions were stabilized right now, rising temperatures and sea levels would continue for centuries.

When reporters asked Environment minister John Baird if he would reconsider the Kyoto targets, his immediate response was to attack the Liberal Party. He said the Kyoto Accord was a "15-year international marathon to reduce global warming. Since the starting pistol, Stephane Dion and the Liberals started running in the wrong direction."

But what has Prime Minister Stephen Harper done about Kvoto?

In a 2002 speech revealed a plan to win the "'battle of Kyoto'— our campaign to block the job killing, economy destroying, Kyoto accord."

According to Harper, Kyoto was essentially a socialist scheme to suck money out of wealth pro-

ducing nations."

Since then the Conservatives only piece of environmental legislation, the Clean Air Act has put off any urgency to act until

2050.
This measure earned Canada two Fossil Awards, for acting against the environment, and international criticism at this

years Kyoto summit.

Should we believe Harper had an epiphany and has become a environmental crusader?

The best way to predict how someone will act is by their past

Baird and the Conservatives insist that the environment is their top priority, not just a ploy to win a majority government in the next election, and that trying to reach the Kyoto targets will hurt the economy. Who would it

hurt?
The average Canadian or
Harper's core support base and
friends in Alberta's oil industry?

When it comes to saving the earth, it's a lot like lancing a boil. It may hurt a bit in the beginning, but when the poison is out, it feels a lot better.

### RLC disagrees with call for counsellors

To the Editor,

My name is Nadia Rosemond and I am a Residence Life co-ordinator at Humber Residence.

I wanted to express my concern over your recent editorial entitled, "Professionals needed for sex assault cases" and inform you that I am one of three professionals that currently work and live within residence.

Your editor presented a valuable and important opinion, but unfortunately it was heavily misguided and incorrect. The editorial appeared to argue that students did not feel safe enough to come forward and share their problems, when in fact, your front page article exists because of seven individuals that have come forward.

First, I must speak up for all 1,100 students who currently live in residence and argue that "out of control drinking" does not take place. Your editor has expressed a popular misconception of college students that social norm statistics would prove otherwise.

Second, a victim does not have to go through three levels of staff in order to be connected to the police. Victims have the opportunity to speak with police at any time they wish to do so and we are always proud to support that decision.

I agree that students need to take the nomeans-no campaign seriously and hopefully Ms. Meli's article has helped to educate them and raise awareness. Our speaker Mike Rumsey has a residence life history that goes beyond being just an RA. Over the last 10 years he has been in the position of assistant residence manager at Western, residence manager at Windsor and programmer who has programmed around the topics of safe sex as well as sexual assaults. Who better to speak about such an issue than an individual that has helped and witnessed crises like this during his many years of experience? It is better to have someone than no one and our evaluations from over the years support not only our guest speakers but our program initiative.

Our RAs are trained to respond to "serious

student situations," they have to be as they are usually the first on the scene. Our RAs experience weeks of training during the summer and continuously throughout the year. They acquire skills in counselling, peer-helping, mentoring and crisis intervention to name a few. The community that our staff has built within residence has allowed these voices to be heard, instead of seven victims who remained silent.

I feel that our Residence Life Staff deserves credit, encouragement and support which your editorial denies us. It is important to realize that many campuses never address the issue of sexual assault beyond posters and buttons. It is the responsibility of journalists to inform students about the dangers around them," but I hope in the future you will choose to inform them wisely.

Sincerely,

Nadia Rosemond Residence Life Co-ordinator

### Double check your facts

#### Guelph-Humber student alerts Et Cetera

Dear Editor:

As a journalism student at the University of Guelph-Humber, I need some clarification about two articles printed in your paper. It concerns the articles from Jan 25 and Feb 1.

The first written by Jeremy Dickson was about the Debra and Trevor comedy tour hitting Toronto. Both people went to Humber for the comedy program and Trevor is quoted as saying, "I did the program for two months then I dropped out."

Fair enough. The second article written by Adrienne Huen (about their show at U of T) calls the two comedians "Humber Grads." So

did Trevor graduate from another program at Humber because according to his quote in the last issue unless a two month stay in a program equals graduation . . . So you can see where the problem

Maybe your writers need to talk to one another, especially since they've asked pretty much the same questions with

pretty much the same answers.

Melissa Lariviere Staff writer HSF Newswire



To the 1.6 million current and former female employees of Wal-Mart for launching a classaction lawsuit for paying them less based on gender.

To the Toronto Raptors for winning 13 of their last 16 games as they try to make the playoffs for the first time in five years.

To Canadian Sheila Watt-Cloutier for being nominated for a Nobel Peace prize for her work on how climate change is affecting the indigenous people of the Artic. To the Canadian Immigration and Refugee Board for denying asylum to a persecuted 21-year-old Nicaraguan because they didn't believe he was gay.

To the U.S. military for selling leftover F-14 jetfighter parts to their sworn enemy Iran.

To former Conservative and Independent MP Garth Turner for joining the Liberals after introducing a bill last year requiring politicians that cross the floor to quit and run again.

Write To Us!

Letters must include contact information, full name, program and position etc.eds@gmail.com

Humber Et Cetera reserves the right to edit letters to the editor for length and clarity.

# Cold times at Humber College #

Feb. 8. 2007

It's been pretty chilly this week, it was totally, like, minus 25 with the wind chill but a quick walk around campus showed students know how to bundle up in style.







Sarah + Sarah = BFF!



Dare ya to touch his hot dog! bolz







Khary Francis keeps it real [warm]



girls without coffee is like tarzan without cheetah!





Classic Cosolo! Killer shades dude!



yang + cavan, chillin



What 'chu bokin at Nidi?! haha



FREEZING in Pink!



Toronto's Broken Social Scene will provide music for The Tracey Fragments, a film premiering Feb. 8 at the Berlin film festival. - www.aversion.com

Humber music student plays in jazz ensemble at the Grammy Awards

"This opens up a lot of

doors for Adam."

**Adrienne Huen** 

Adam Arruda of the Humber Community School of Music will have more to think about than who will win album of the year when he attends the Grammy Awards later this month.

Arruda, 17, who has been playing the drums since he was five, is one of 30 finalists from across North America, and one of two from Canada, chosen from among thousands of young musicians and vocalists, to perform with the Gibson/Baldwin Grammy Jazz Ensembles at the Grammys, which take place from Feb. 3 - 12 in Los Angeles.

"I'm looking forward to playing with the other students," said Arruda who will enjoy an allexpense paid trip to the awards. "There are tons and tons of finalists, and there were even more people who didn't get it. So I'm sure everyone that was chosen is going to be really great musicians."

Arruda, a 10-year student at the Community Music School, said his love of jazz and the drums came from his childhood experiences with his father.

"My dad was a musician and he played the drums and bass so they were always around me growing up," Arruda said.

"When I was a kid there were toys and stuff to play with, but I would always play the drums,

and it just became this kind of natural thing for me to do."

Arruda, under the direction of Justin DiCioccio of the Manhattan School of Music and Ron McCurdy of the University of Southern California Thornton School Of Music, will perform with the band at six public events leading up to the televised show Feb. 11, the Grammy celebration after-party and with jazz legends.

"This opens up a lot of doors for Adam," said his former teacher Kirk MacDonald. "He'll get to meet so many people, connect with other students with similar talents and abilities and finally

> develop contacts that will help him grow as a musician and further his career in the future.'

Although a performance is not scheduled for the award show, Arruda and his fellow bandmates will attend the ceremony as invited guests of the Recording Academy.

As a result of his participation

with the Grammys, Arruda said he has been accepted into the New School of Jazz and Contemporary Music in New York and considered it one of his top three choices for post-secondary studies.

"I'd like to go to the Brubeck (California) for the fellowship gram, which is a full scholarship program, first,' Arruda said. "But then I'd like to move on to the New School or the Manhattan School Music. But I definitely know that I would like to go to New York."



Adam Arruda keeps classy while keeping time.

Puckering's artwork shows a unique view of inner darkness.

#### Business students hold art exhibit

**Alex Green** 

- Kirk MacDonald

former teacher

Fourth-year Guelph-Humber business students hosted a series of art gallery exhibits last week as part of the curriculum.

"It's part of marketing specialization in the business program," fourth-year business student Sheldon Rodigues said.

Last week's exhibit was Margie Puckering's The Shadow. It featured a compilation of paintings and sculptures that showcased her expressive artwork.

"I noticed I was doing these pieces that referred to the shadow or dark side of human nature. I'm curious about that," Puckering said about the name of her exhibit. "North Americans tend to bury or deny we have a dark side and I got more curious about it and started doing more work related to that."

The art exhibition ran from Jan. 22 to Feb. 2.

Students had a lot of mixed reviews about her art; some were greatly inspired while others were left confused.

"It's not regular stuff, like paintings on a wall," said Jeff Suraci, a Guelph-Humber student who went to the exhibit, "It doesn't look professional but I guess that's what makes it interesting."

Born in Bridgewater, Nova Scotia in 1949, Puckering is an emerging artist who started out in her line of work five years ago. She received a B.A in religious studies, B.A in art history and a B.F.A. in studio art, which involved drawing and

As an emerging contemporary artist, Puckering said she believed it's very important to display work differently at every venue.

"I try to go in and look at it as a four-dimensional picture and try to get colour, shape, and lines relating to one another, so the eye

can follow that," she said. Puckering's work can be found at the Mayor's Group Show at City Hall in Ottawa from April 21 to 27.

Her art can be purchased from \$400 to \$1,200 per piece.

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### Go ahead, crack a smile, we dare you

Defending champ offers advice for this year's great Canadian laugh off

Tyler Kekewich

Yuk Yuk's is giving \$25,000 to the winner of the Great Canadian Laugh-Off. The finals of the competition will be taped at The Eglinton Grand Banquet Hall and Convention Centre in Toronto on April 1 and will be aired on The

Comedy Network later this year.

The contest will include 50 comedians selected randomly by computer and another 14 who won their spot at local Laugh-Offs in Yuk Yuk's comedy clubs across the country. Both amateur and professional stand-up comics will compete in groups of eight in a play-off starting Mar. 26, at the club's downtown location.

Defending champ Humber graduate Jeff McEnery took home the

cash prize last year and advised this year's competitors to stick to what they do best.

"Going into a competition, you've got all these rules and guidelines and stuff like that...don't listen to them, just do your act and do your act the way you want," McEnery said.

Yuk Yuk's president Jeff Silverman said the contest is a huge opportunity for up-andcoming comedians because the final show's judges are industry professionals.

"Last year we had Eddie Brill, the person who books all the comics for The Late Show With David Letterman, so that way if you perform and you're good and you lose, those people saw you and they might go, 'hey, I want that guy."

McEnery was hired by Yuk Yuk's after he won last year and performs regularly at the club.

At 22, McEnery is one of the youngest comedians on the Yuk Yuk's roster and tours the country performing his routine.

McEnery said Yuk Yuk's has opened up a lot of doors to opportunities like The Halifax Comedy festival and Just For Laughs.

"I don't think that I would have got in to all those places if it weren't for the Laugh-Off," McEnery said.

McEnery completed Humber's Comedy Writing and Performance program in 2005 and received the college's Best First Year Stand-Up Award in 2004.

The application deadline for the contest is Feb. 15, and comics can apply at the Yuk Yuk's website.





The band has been on the Indie music scene since 1999.

# Piloting beyond the music scene

Anastasiya Jogal

Romeo Liquor Store, a former Humber student's band, is looking to take its music to the next level by working with a record label to produce a pilot based on its recording process.

The quartet, featuring three former Humber students, Tony, Dickie and Johnny, plus bassist, Dougie "Murder" is working on the pilot with Tattoo Music Studio.

"It's going to be informative about the process. But we're not going set the bands up in an entrapment, like some reality TV shows do," said Steve Gadsen, the producer and client engineer.

"We're shooting the pilot currently. We're looking for funding and interest," he said.

Tattoo Music has won three Emmy Awards for the CGI Disney show *Rolie Polie Olie*.

According to Gadsen, the idea for this TV program is to show various bands in their recording process, working with Tattoo Music Studio.

It is sort of a reality show and documentary in one.

Throughout the pilot band members work with Tim Thorney, a critic and the president, producer and director of Tattoo Music who has co-written with Van Morrison and Kiss.

Romeo Liquor Store got its name as a tribute to Kevin Fingers, a former band member, whom Dickie Del Ray later replaced.

"He was constantly drinking, trying to make ends meet," said Del Ray, guitar and vocalist.

Fingers was shot and killed while trying to rob a liquor store in New York City in 2003.

"We've digressed in trying to be pleasing," said former Humber student Tony Fantastic, lead guitar player and vocalist, "Our songs have gotten more ridiculous and offensive."

From the outside, it appears that the band is not in it for money, given that a lot of its music is not commercially friendly, although Fortune tries to be modest. He used to attend Humber College for a number of programs including media studies and journalism. "I went to school for everything."

Doughie Murder works full time and spends the rest of his time working with the band, "I don't have a lot of time."

"We're basically just writing songs to record another album and hopefully release it this year," Del Ray said.

They released a CD called Switch Blade last Oct. 15.

Del Ray, affectionately called Dr. Dick by his bandmates, estimates the album has sold 4,000 copies, with the help of the band's distributors *Universal Records Canada* and *Addictive Records*.

The band has also released a video on MuchMusic called *I Eat Brains*.

Some of the band's influences are AC/DC, Kiss, T'rex, The Beatles and Guns 'N' Roses.

"When I saw the video *Atomic Dog* by George Clinton, I knew I wanted do music," Fortune said.



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#### a hipster's guide to the weekend

Listen to: The Album Leaf

Work, eat, sleep, dream, repeat. These are responsibilities you are bound to. Music from The Album Leaf won't release you from these duties but it will provide a nice soundtrack for going about your daily business. The delicately layered instrumentals perfectly encompass you on that brisk walk to work.

Jimmy LaValle, guitarist for the San Diego rock band Tristeza, formed The Album Leaf in 1998. Since then he has toured tirelessly promoting his unique brand of ambient pop music. Laced with glockenspiels, violins and other instruments likely to be found in your grand parents attic, LaValle will occasionally write lyrics. So spend the weekend listening to The Album Leaf and avoiding cracks in the sidewalk.



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## WORK & PLAY

"If people are finding themselves sore, they may need to exercise more." - A Nintendo spokeswoman on the Wii's new active gameplay - www.time.com

# Busload of annoying habits Some Humber commuters drive other passengers insane



Guelph-Humber business student Jamie McCauley is just one of thousands of students that take the bus, irritating other riders.

**Alison De Graff** 

Humber students said the lack of courtesy shown by other riders on the bus is what annoys them most about their commute.

Often times even the slightest thing irritates a stressed out stu-dent commuter. Jeff Watson, a media and design production student, said other riders' dirtyness bothers him.

"(When they) have a lot of stuff on their hands and they grab the pole and it's all greasy after . . . I think it's make-up because it's usually after girls use

Anton Christophe, a first-year package and graphic design stu-dent, said riders need to follow the rules.

People are caught up at the front and there's an extra spot at the back, but nobody moves down the end of the bus." Christophe said.

Antoinette McKinnon, a firstyear accounting student from Brampton, said blasting tunes are fairly good. My only com-helps the listener drown everything out but it can be a problem for other riders.

"Music turned up too loud when you're trying to get studies done on whatever destination you're headed to (is annoying),"

"People are caught up at the front and there's an extra spot at the back, but nobody moves down the end of the bus."

-Anton Christophe package and graphic design student

With so many distractions bus drivers can become annoyed with passengers as well. However Harris, driver of Brampton Transit's route 11 bus to Humber College, didn't have much to rant about.

"Typically Humber students

throw out their own trash," Harris said. "Music gets loud too sometimes, but the sound of the bus usually drowns that out."

There is always the chance that a rider's relaxation methods bothering the person beside them. One Humber GO Transit commuter even complained about people taking their shoes off on the bus to unwind after a hard day at school. Stephanie Sorensen, spokesperson for GO Transit, said courteously asking them to stop is the best way to deal with a situation involving an annoying commuter.

"If there's something that's bothering you with regard to another customer, you can politely ask the passenger to stop whatever it is that they're doing, Sorensen said. "Unfortunately, the bus driver is not in a position to do anything because his primary responsibility is driving the bus and ensuring the safety of its

passengers.'

Nortel Networks Corp. announced yesterday they are planning to cut 2,900 jobs. The layoffs are part of a restructuring plan affecting its global workforce. The Toronto-based company said most of the cuts will take place over 2007, but will also continue into 2008. Nortel shares creeped up in pre-market trade Wednesday after dropping two per cent in the previous session.

Stop locking music

Apple CEO Steve Jobs told the four major record companies to stop using copy protection software known as digital rights management (DRM). On Tuesday he said they should start offering songs online, and selling a majority of their music unprotected on compact discs while selling a small percentage with DRM is pointless. Apple's iTunes Music Store is the world's largest digital music outlet, selling approximately 2 billion songs since its inception in

The hunt is on again

Rockstar Games announced Manhunt 2 will be coming to Nintendo Wii this summer. On Tuesday the newly-formed Rockstar London said they will be handling the overall development of the game, while Rockstar Toronto is taking care of the Wii version. The first Manhunt was an extremely violent game that involved killing characters with crowbars and strangling them with wire, aspects that caught the attention of media watch groups.

#### Ford Taurus back from the dead

Ford Motor Company announced yesterday they will be bringing back the recently cancelled Taurus to its lineup. After a 20-year run production ceased 3 months ago after a disappointing year of

mostly being sold to rental-car agencies. Newly appointed CEO Alan R. Mulally publicly questioned getting rid of the well-known brand, and the company will try to resurrect the name after losing \$12.7 billion last year.



### Sizing up owning a small business

#### Make cash by being the boss

**Judy McNeil** 

BUSINESS REPORTER

Taking risks can be an effective way to increase your net worth. Jim Skinner, small business ownership teacher at Humber, said most students want to come to Humber for education in order to get a good job and then get rich while working 9 to 5. They fail to realize one of the smartest ways to gain wealth is through owning your own busi-

'Statistically in Canada if you are going to get wealthy, the most likely way to do that is by being in business for yourself. I certainly try to sell students on this idea," Skinner said. "You're going to get wealthy essentially by being an entrepreneur. So, part of my mission personally is to encourage this idea of entrepreneurship.'

Skinner said among the courses offered in the marketing program is the small business ownership course. Historically children do not always want to go into the family business so they find other jobs, but as they get older they eventually return to the family-owned business.

"We draw a lot of students from entrepreneurial families. A lot of their parents own busi-

nesses," Skinner said. "That partly has to do with the fact that we have a high immigrant population that Humber draws from and immigrants are more than twice as likely to start a business as someone who is born in the country.

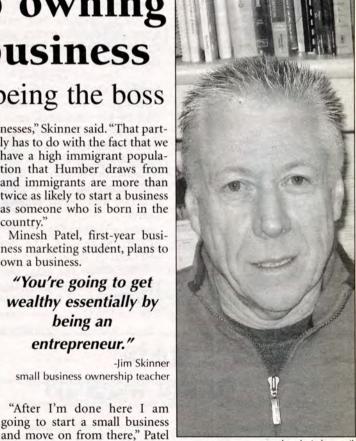
Minesh Patel, first-year business marketing student, plans to own a business.

"You're going to get wealthy essentially by being an entrepreneur."

small business ownership teacher "After I'm done here I am going to start a small business

Tobias McLaughlin, first-year Jim Skinner gives Humber business management student, students the skinny on why that he is quite satisfied with how the courses are paced because it teaches him step-by-

Christopher Nimigon is a 2005 business marketing graduate who is enjoying the success of owning his own business. He said that the knowledge he gained from taking the small business course was invaluable.



they should own a business.

He puts on an annual sports and music festival called Rock the

"The festival now attracts thousands and thousands of spectators, hundreds of athletes, and key corporate sponsorship from around the country, Nimigon said.

## WORK & PLAY

Thanks to a recent settlement with the Beatles' Apple Corps., Apple Inc. is now legally allowed to sell iPods pre-loaded with music - www.Wired.com



photo by will cottingly

There are currently 95 Gap stores in Canada. In 2006, Gap Inc. expected to close approximately 85 across North America.

## Falling out of the Gap

With new brands grabbing consumer dollars, The Gap continues to struggle

Will Cottingham
Business Reporter

The Gap isn't cool enough for Humber students, said Susan Roberton, fashion program coordinator.

The Gap has been struggling, announcing decreasing sales since 2004 and an imminent high management shuffle. Gap Inc. announced net sales of \$2.34 billion over a five week period that ended with the close of 2006, which, when compared with the previous year's figure of \$2.44 billion, represents a loss of over four per cent.

Roberton said there will be a trickle-down effect that will hurt suppliers and may affect the number of new jobs in the industry.

"In the past, if you produced for the Gap you could go on to anything," Roberton said. "But that is becoming less and less true."

Roberton said the reason behind the Gap's loss of sales was a drastic change in targeted shoppers.

"They have forced their customer base away," Roberton said.
"They have changed to go after a (younger) customer, but that demographic doesn't want them."

Jessica Maier, third-year business student, said the Gap feels like a store for older people.

"It seems like a middle-aged place," Maier said. "There are just so many other places to go, such as Dynamite and Ricki's."

Cory Waterman, third-year business administration student, said the Gap has changed its image too drastically.

"The Gap used to be for preppy people," Waterman said. "Now I don't know who it's for. The novelty of the brand has warn off, and new brands, like Hollister, are taking its place."

Responsible Gambling Council

# Making money for your movies

YouTube co-founder announces revenue sharing

Angela Scappatura
Business Reporter

The co-ordinator of Humber's film program said that YouTube co-founder Chad Hurley's plan to share revenue with members of the site is a great incentive for aspiring filmmakers.

"It creates a new window of opportunity for students," said Donna O'Brien-Sokic. "It not only allows them to reach a wider audience, but presents a chance for filmmakers to make money from the work they do."

O'Brien-Sokic said new curriculum is being developed in order to keep up with the changing face of media and convergence between computers and television.

"We are encouraging our students to create more work that would be distributed by mobile and web," O'Brien-Sokic said. "Regardless of this announcement, we were planning to update our curriculum to include filming for the web because it provides another distribution vehicle."

Humber film student Storie Serres posted a video on YouTube that she filmed last year for a class and said that even though it is not a class requirement, the video streaming site helps bring an audience to otherwise obscure work.

"Everybody from our program has seen our video," Serres said. "I would definitely do it again, especially if they paid me."

YouTube, founded in 2005 by Chad Hurley and Steve Chen was developed in Hurley's garage. The site was recently purchased by Google for \$1.65 million and, according to its website, supports 100 million videos per day. At the World Economic Forum in January, Hurley announced plans are in place to develop a revenue sharing program, but there are no immediate details as to how payment will be determined or distributed.



friends4friends.ca



Justin Holmes

WarioWare: Smooth Moves | Nintendo Wii | Available Now

Fans of the WarioWare series will find more of what they love in WarioWare: Smooth Moves for the Nintendo Wii.

Newcomers will be confused and eventually amused by the title's quirky and fast-paced collection of frantic minigames. WarioWare's charm comes from barraging the player with small games – often consisting of simply pushing a button or moving the controller in one direction, lasting only a few seconds – at a breakneck pace. A dearth of multiplayer modes and unlockable side games provide some much-needed replayability.

WarioWare's easy to learn game play, slick graphics and innovative use of the Wii's remote controller make it an ideal showpiece for the console. However, fans of previous iterations may find the formula a bit stale.

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### LIFE ##

A hard working adult sweats up to four gallons per day. Most of the sweat evaporates before a person realizes it's there. - www.tealdragon.net

**Student Bodies** 

## Students get fit

Suzan Park LIFE REPORTER

Making a new year's resolution can be a gamble. But initial endorphin-pumping excitement you feel on Jan. 1, can quickly give way to desperation and defeat by month's end.

But not for our "Student Bodies."

Humber Et Cetera and Humber Athletics will follow two students all semester as they work to reach their fitness goals.

Michael Mitchell and Priscilla Daviau will be guided by a team of experts from Humber Athletics, while the Et Cetera will track their progress.

Michael Mitchell Age 18 Business Administration, Guelph-Humber Height: 5'9" Weight: 148 pounds

Health history:

"As a young teen I was short and stubby, 5'4" and 165 pounds. I dis-liked the fact that I was out of breath after a short run and had a body similar to that of a snowman.

Student Bodies Goal:

"Even though I am pretty average, as I have been told, my goal for this program was to gain muscle mass, devlop a strong core, broaden my shoulders and ultimately impress the ladies.'

"I feel confident about my body but am always open for improvement . . . I would like to transform my body from what it is, to what it could be."

Priscilla Daviau Age 26 General Arts and Science Height: 5'9" Weight: 310 pounds

Health history:

"Growing up I was a skinny girl. At about the age of 13 I gained a lot of weight.'

Student Bodies Goal:

"Even though I am quite overweight, I don't have any of the medical problems that usually come with it.'

'Next year I will be studying to become a nurse... it would seem hypocritical for me to counsel patients about their health.

There's a saying that I heard a long time ago and it goes, 'every-one has a fat friend. If you don't have a fat friend then you are the fat friend.' I am tired of being the 'fat friend.'

"Ultimately I would like to be 150 pounds again. But this semester I would like to be close to 275."



Michael Mitchell, 18, wants to transform his body.



Priscilla Daviau, 26, wants to have a healthier lifestyle.



Students take the bundled up approach in the cold weather.

#### Brr... It's cold in here

LIFE REPORTER

With temperatures below freezing, and snow covering the sidewalks, Humber students are abandoning some of their style for warmer wear.

Carlla Bosetti, a second-year hotel and restaurant management student, dresses for warmth not style in this weather.

"I'm from Brazil, I've got to dress for warmth. I'm not used to this weather," she says.

Daniella Gullo, a store manager at Mendocino on Bloor Street West, said February and March are transition months for clothing.

She said spring and summer clothes start arriving, which makes for some strange combinations.

"People will buy new to mix with old," she said. "The chiffon dress with a woolly knit sweater would be transitional."

Courtney Elliot, a first-year fashion arts student, said scarves, hats and mittens in chunky wool are all fashionable ways to stay warm.

"Anything chunky is in, it's hot," she said.

Emily Chaplin, also in first-year fashion arts, said leg warmers over leggings and boots are stylish ways to keep cozy.

Second-year hotel and restaurant management student Addy Raso also dresses for warmth. She said she is still buying for warmth. "I don't buy summer stuff until summer comes.

If you're looking to really avoid the cold, Michael Perciballi, men's outerwear department manager at Sporting Life in Sherway Gardens, recommends down-filled parkas.

He said the most popular styles of coats have furry collars. While this looks warm, he said, fur is for style not warmth.

Perciballi said long-johns made from wool or polyester are a good idea if you are going to be outside for a long time.

He said hiking boots have been more popular than heavier boots because of their versatility. Outside workers tend to buy heavier boots.

photo by brittany gogo

Roses are not the only option on Valentine's Day, be creative.

## Giving the perfect gift on V-Day

**Brittany Gogo** LIFE REPORTER

Gift giving has long been a Valentine's Day tradition, but deciding what to get your sweetie is sometimes a difficult task.

Rest assured, whether you're looking for something sexy, sweet, or seductive, there is lots to choose from to make your February 14 sizzle, despite the cold weather outside.

Nothing says Valentine's Day like a dozen long-stem roses. These have long been a favourite as the red rose is associated with passion

If you are tired of the traditional try Cookiegrams' bouquet of long stem flower cookies. These are always a popular choice said owner Robin DeRosnay, because unlike a bouquet of roses, they can

"It's a dozen very large gourmet cookies that are presented in a flower box," DeRosnay said.

If edible gifts are more likely to tug at your sweetheart's heart strings, nothing is, sweeter than the many Valentine's Day themed treats found at the Rocky Mountain Chocolate Factory.

We have the traditional velvet heart-shaped boxes with assorted chocolates," said Williamson, the cook at Rocky Mountain Chocolate Factory. "We also do dipped strawberries and chocolate moulds of roses.'

If something sexy is more your style, lingerie and romance kits with massage oils and candles are always popular, said Lyn Mignone from the Stag Shop

"Lingerie is number one for Valentine's Day, especially anything red or white," Mignone said. "Women are also buying sexy boxers for their guys."

Another popular choice this year is the Valentine's collection at La Vie en Rose. From heart camisoles and boxers to bustiers and stockings, your gifts can be wrapped in a lip-shaped box to make it extra

"Pink and black are popular this year," said Alia Smith, La Vie en Rose employee. "We have a promotion. When women buy a heart camisole they get a free pair of heart boxers for him. It is a set, so it is fun for both of them."

Smith said boas and gloves are also popular. While women have already started shopping, she does not expect to see many men buying gifts until the day before or even the day of.

> "Lingerie is number one for Valentines Day, especially anything red or white."

> > Lynn Mignone Stag Shop employee

Ana Dujic, 20, a first-year fashion arts student, said she opted for the always popular boxers with hearts for her boyfriend and will probably also get him some chocolate for the big day.

Valentine's Day is not for everyone, and you are not alone if you choose to disregard this proclaimed day of love.

Sarah Rose, 18, a first-year law clerk student said she has never given a gift.

"I don't usually do anything special for Valentines Day," Rose said.

Sex workers (prostitutes) in Roman times charged the equivalent price of eight glasses of red wine - www.berro.com

## Humber custodial staff clean up and dish out

LIFE REPORTER

Cleaning up vomit, feces and used condoms is just another day for Humber's janitorial staff.

"Somebody's got to do it," said Joel Umana, manager of custodial operations.

Finding the brutish leavings of people with barnyard manners in bathrooms - and sometimes hallways - is something that custodial staff have becomed accustomed

"People get sick and then they just (vomit) all over the toilet seat and the wall," Umana said.

"People who don't make it to the toilet, puke all over the floor or in the sink ... and in the hallways," Umana said.

Working as a janitor for 17 years and at Humber for nine, Umana knows how to brace himself for the mess students leave behind.

"I try to properly prepare myself, use the equipment properly, and away I go.'

Umana said during the day cleaners focus on offices and washrooms.

The night shift is when everything else gets done, which gives students a lot of time to leave feces 'all over the toilet, all over the

extending into later hours, more janitors are moving off day shifts onto nights, "which hampers, to some degree, our ability to deliver good day-time service," said David Griffin, manager of maintenance and operations.

A staff member for 23 years, Griffin has seen the waves of change the college has gone through.

"Obviously if school is in from eight in the morning until 10 at night, a good 14 hours, it only leaves me with less than 10 hours to get finished and get out of here," Griffin said.

Their janitorial duties allow

"I don't think any one year is the same but you seem to go through these flows of positive behaviour and not so good behaviour," he said.

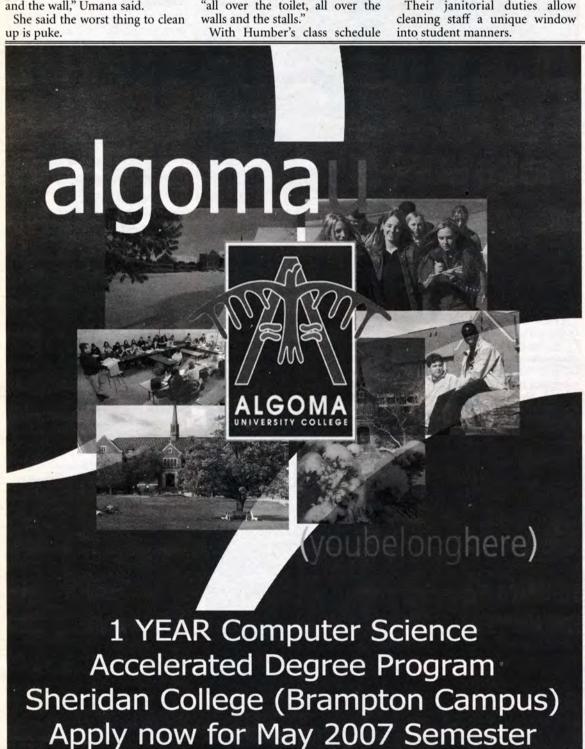
Umana said women's sanitary napkin dispensers have been broken into over the last three months, which may be a result of students trying to steal money out of the machines, or just a sign of vandalism.

Ann Williams, another janitor, said maintenance staff tries its hardest to make the school the best it can be.

"Students come and students go. Some are very nice, some students are very rude . . .you just have to take it one day at a time.'



Ann Williams sees a lot of unspeakable behaviour from students of Humber.



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MADD warns young adults not to drive while impaired.

#### Driving while high a concern

Jef Catapang

LIFE REPORTER

Mary Sultana, co-president of Mothers Against Drunk Driving (MADD), would like to see the legal driving age raised. People aged 16 to 17 are "too young to be driving," Sultana said, pointing out that there is a three-year gap between the legal age for driving and the legal age for drinking.

Sultana also supports proposed legislation that would include marijuana testing in the prevention of impaired driving.

Through school programs and presentations, MADD attempts to reach younger teens before they are able to drive.

Although MADD traditionally concentrates its awareness campaigns on the misuse of alcohol, Sultana wants to branch out into the dangers of driving while on drugs.

"With younger people, I think it is more drugs than alcohol, Sultana said in reference to the cause of automobile accidents.

"Driving and drinking, it went down in Toronto, according to statistics from the RIDE program," Sultana. Meanwhile, drinking and driving went up in York, Mississauga and Ajax, Sultana added.

"The RIDE programs work very well in Toronto and we support them all the way."

Toronto MADD volunteers work closely with RIDE, participating in about one police checkpoint a

The only problem is, with drinking and driving, if the police stop them, they (drivers) can take the breathalyzer and know if they were drinking," Sultana said. "With drugs, unless they get a blood sample or a saliva sample from their mouth, or urine, it's hard to know if they were on drugs or not.

"But it hasn't come through from the legislation yet," she added. "They have no right to do (those tests) right now.'

Humber Cabinet-Making student Joseph Polo, 20, sees a lack of maturity in teen drivers.

They have less responsibility, they're kind of immature," Polo said. "I see people in high-school and they're always revving their engines and racing down the parking lot."

If the legal driving age was raised to 18, "there would be more responsibility on the road," Polo

Humber Plumber Apprentice Richard Gowdy, 23, doesn't think teens are too young to be on the

"It's probably good to start driving when you're still under the uence of your parents," Dowdy

Dowdy is, however, concerned about marijuana use. "That's gone way up," he said about the rate of teens driving while high.

"If you're drinking and driving, you go right through a red light. But if you're smoking and driving, you wait for a stop sign to turn green," he said.

## LIFE ##

When you're taught to love everyone, to love your enemies, then what value does that place on love? -'Shock Rocker' Marilyn Manson

## Caffeinated doughnut to hit the market soon

Study shows that caffeine can help to avoid soreness after working out, but is not recommended by Humber's athletic director Doug Fox

Justine Lewkowicz

Caffeine in your morning coffee may have more benefits for you other than waking you up for

A study by researchers at the University of Georgia showed that caffeine can reduce muscle soreness after exercise by blocking a chemical that activates pain receptors in body cells.

"(It) causes energy levels to spike but it causes a fast drop as well. So initially they might feel like they have a lot more energy."

> -Jennifer Bell athletic therapist

But Humber's athletic director Doug Fox discourages athletes from drinking caffeine despite the new findings.

"You want to elevate your heart rate through exercise as opposed to substances," Fox said. "And not just varsity athletes, people in general."

He said the department provides meals for the athletes four hours before a game to control what they consume, which does not include any foods containing caffeine.

"There are no chocolate bars on our menu," Fox said.

He added that although athletes, who consume caffeine before a game get instant energy, it does not have a lasting effect.

Jennifer Bell, an athletic therapist at Humber, agreed it would not improve athletic performance.

"That's a misconception," Bell said. "What (it) does is it causes energy levels to spike but it causes a fast drop as well. So initially they might feel like they have a lot more energy."

The study showing relief of muscle soreness is among others that show possible health benefits of caffeine.

Toronto registered dietician, Rosie Schwartz said caffeine can also stimulate metabolism and provide pain relief for headaches.

"It may increase calorie burning," she said. "It can make somebody more alert, just to get them going through the day."

However, the substance should be consumed in moderation – no more than three cups of coffee a day, Schwartz said.

"Part of the problem is the sizes of the cups of coffee that you buy," she said. "You go into Starbucks or Second Cup and you buy their big



photo by justine lewkowicz

One Buzz Donut has roughly the same amount of caffeine as two cups of coffee.

cup and you've got your full day's caffeine in one shot. So I suggest to people, if they're getting something big, make it half caffeinated, half decaf."

A new invention by Robert Bohannon, a molecular scientist living in North Carolina, might make it more difficult to moderate caffeine intake. He has added the substance to his Buzz Donuts with roughly the same amount found in two cups of coffee. Schwartz said that there is no need to add another caffeinated product to the market.

"I think you need to question why you would need a caffeinecontaining doughnut," she said. "If you need coffee and a caffeinecontaining doughnut, then what did you eat for breakfast? Chances are nothing, or not a balanced breakfast and your blood sugar just plunged."

The caffeinated doughnut will

only make it into coffee shops on campus if demand for it emerges, food services general manager Don Henriques said. He doubts students will eat them as their daily dose of caffeine.

"If someone had the choice between a doughnut and coffee," Henriques said. "I would suggest that they won't choose the doughnut for . . . getting caffeine. The doughnut is just going to be a trend, it won't replace coffee."

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### WHISK

Winter Layers

Chef: Christine Farkas

Ingredients:
20 g butter
10 g olive oil
1 shallot, small and diced
1 clove of garlic, minced
1/2 jalapeno pepper, minced
1/4 red pepper, minced
30 g all-purpose flour
50 ml 2% milk
A pinch of kosher salt
A pinch of cayenne pepper
400 g sweet potato, peeled and
sliced 1/8 thick
400 g semi-ripe plantain, sliced

400 g semi-ripe plantain, slice length wise 1/8 thick

125 g brie cheese, sliced thinly

Cooking instructions:

1. Pre-heat oven to 375 degrees F 2. Heat butter and olive oil in a pan, add shallots and cook until translucent (medium heat.)

3. Add the garlic, jalapeno peppers and red peppers to cook.

4. Add the flour and mix thoroughly, making sure it does not brown by mixing continuously.

5. Add milk steadily, while



whisking continuously.

6. Allow the mixture to cook over low-medium heat.

7. Season with salt and cayenne pepper as desired and remove from heat.

8. Line a baking container with butter.

9. Place a layer of sweet potato down first, followed by a thin layer of sauce and then a thin layer of brie cheese. Continue to do the same with the plantain. Alternate layers until the small baking dish is full or the ingredients run out.

10. Cover the container with tin foil.

11. Place the container in a water bath container and put in the oven for one and a half hours.

12. Remove container from the oven and the water bath container, and allow to cool on the countertop for at least an hour.

13. Cut around the edges of the tray and flip the container over. Cut and serve as desired.

Approximate cost: \$25 to \$30 Approximate cooking time: 1.5 hours. "Everyone told us that we couldn't do it and we made it happen." - Colts linebacker Cato June after beating the Bears 29-17 in the Superbowl last Sunday

## Hawks can't stop Nipissing streak

Lakers a team 'we are capable of beating' - coach Chris Wilkins

"We worked hard, but

not hard enough to

defeat them. Nipissing

is a good team."

Radmila Malobabic

The Humber women's volleyball team took a step back in its quest for the provincial championship last Sunday with a home loss to arch-rival Nipissing.

It was a reversal of the result that saw the Hawks (10-2) beat the

undefeated Lakers for the gold medal in the Niagara invitational tournament Jan. 19 and 20.

"We are capable of beating them," said head coach

Chris Wilkins. "We just need to make less mistakes and work hard.

The Hawks won the first set 25-21, led by Robyn Stafford's five

"At the beginning we played well," said setter Heather Longland. "By the second set we needed to work on defence and our serves."

26-24, 25-23 and 25-15. "We beat ourselves," said middle Landis Doyle, who managed six kills, four blocks and two aces. "We had a lot of errors in the last three sets."

Robyn Stafford had the most points for the Hawks with 11 kills, two blocks and one ace.

"We worked hard, but not hard

enough to defeat Wilkins them," said. "Nipissing is a good team and it showed . . . why they are leading Chris Wilkins the division."

The loss to the women's volleyball coach Lakers came a day

> after the Hawks swept the Canadore Panthers in three sets in the first match of a weekend double-header at home.

> In the first set, the Hawks crushed the Panthers 25-12.

"The game helped us to play our defence," said Doyle, who had six second-set kills, the last clinching a 25-14 set win. Humber won the final set 25-13.



Heather Longland (16) makes the dig. In the end, the Lakers offence proved to be too much.

'The big thing, minus our errors, is to work harder as a team," Doyle said. "We could beat (Nipissing) in the championship.'

The Hawks final regular season

game is next Wednesday at Sheridan College. Humber has already qualified for the provincial playoffs to be held at Georgian College in Barrie Feb. 22 to 24.

Despite strong play by the Hawks extramural hockey teams last Sunday, neither team was able to take a strong McMaster squad in exhibition

The Men's team lost 8-4 in a game that saw both goalies get a workout due to a high numbers of breakaways. The Women's team weren't able to get on the board and were shut out 2-0.

- jesse kinos-goodin

This Valentine's Day, the Humber Student Athletics Association will hold a fundraiser called For the Love of Kids to send a special educa-tion class at Chalkfarm Public School on a year-end field trip.

Raffles will be held and volunteers will sell "roses, candy, cupcakes and cookies, that sort of stuff," said Vanessa Makela, the president of the Student Athletics Association.

The fundraiser is taking place in the lobby of the athletics office from 12 to 4 p.m.

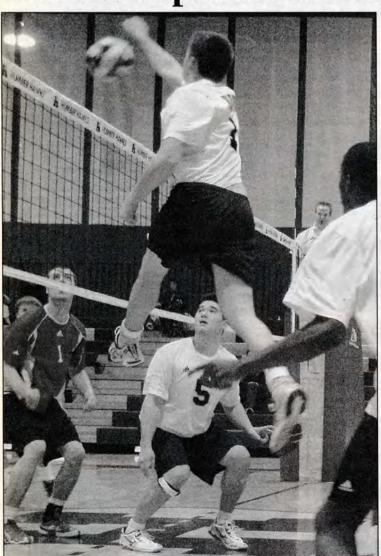
- rayna taylor

Sheridan beat Centennial in a men's basketball home-andhome last week. The Bruins took Wednesday's game with a 116-102 score - the highest combined score in OCAA play this season. Sheridan continued its dominance Saturday, winning 126-89.

The wins allowed Sheridan to leapfrog the Colts for second place in the Central division standings.

- justin holmes

### Weekend split leaves men to face extra playoff



Peter Dionisio (1) lays down a spike against the Lakers.

Simon Yau

Going into last Sunday's tilt against the Nipissing Lakers, every player on the Humber men's vollevball team knew what was at

A win meant the team would likely finish in second place in its division, paving a favourable road for the Hawks to the Ontario championships, as well as probable home-court advantage for early playoff games.

A loss, however, would mean a third place finish and a tough road trip somewhere to play a crossdivisional playoff match.

The Hawks better start packing. Less than 24 hours after the team disposed of the Canadore Panthers in a three-set romp, the Humber men fell to the Nipissing Lakers in straight sets.

"We had a game plan to follow and sadly we didn't really execute on all key points of that plan," said setter Adam Kinoshita.

The Hawks came out with energy against Nipissing, getting to loose balls and playing solid defence. They eventually lost a discouraging 25-21 set.

The Hawks would go on to drop the following two sets - and the match - 25-17, and 25-19.

Calling the previous night's match against Canadore a "warm up game" for Nipissing, Humber power Matt Dicks admitted most

of the Hawks players had circled the inter-divisional clash on their schedule.

'Nipissing's been beating us all

year long," Dicks explained. "And it just comes down to this game. This is the biggest game we've got this year - this probably determines whether we'll make (the Ontario championships) or not." The easy victory against Canadore (27-25, 25-16, 25-14)

was a mixed blessing to head coach Wayne Wilkins, as he voiced concern over a possible emotional let down. "The problem is when you play

against a weaker opponent, you still want to play well, you don't want to play down to the opponent," Wilkins said. "It's good that we had that game first, but at the same time, you go

back-to-back."

That showed as the team looked dejected after the hard-fought first set against Nippissing did not go the Hawks' way. And although coach Wilkins encouraged the team to be aggressive, his players seemed hesitant to attack on offence.

"We started behind and it's hard to fight back when you're down," Kinoshita said.

Matt Dicks led the Hawks with six kills, while Brendan Wong (five kills, two blocks) and Peter Dionisio (two kills, two blocks, two aces) were named Humber's players of the game.

## SPORTS \$\P

"It's going to be fun and hopefully we'll score enough runs to win a lot of ballgames." - Centre fielder Vernon Wells on the Blue Jays' chances in 2007

# Humber moves to provincial champs

Four advance to badminton finals after win at regionals on home turf

Michael Clegg

The Hawks men's and women's badminton doubles teams are moving on to the Ontario championships next weekend after a successful showing in the OCAA regional finals at Humber last Saturday.

"I'm proud of our team," said coach Paul McGarr. "We were expecting this type of success and we're glad to see our team lived up to their expectations."

The men, Ronni Islam and Hoa Ly, cruised through the tournament, winning all six of their matches en route to a gold medal.

The women's doubles team of Sam Gowland and Merle D'Souza

earned a silver medal for their spot in the finals to be hosted at Cenntenial College.

The mixed doubles duo of Sheen Pan and Rosanna U was the Humber team that did not advance, which came as a shock to the coaching staff.

"We have other teams that now think of us as a strong team. They're scared of us and that's good."

> Sam Gowland, women's doubles team

"We definitely thought they'd get through," said team manager Michael Kopinak. But the winners can now turn their attention to the provincials.

"We're aiming high," Islam said. "We're playing very well together and we're aiming for the top."

It was the same with the women. "We played really great, aggressive and only lost one game. We really made a name for ourselves," D'Souza said. "We feel very positive. We have the momentum going on, so we just have to keep it up."

Gowland said the team's aggressiveness was a key to its success. "We have other teams that now think of us as a strong team. They're scared of us and that's good."

The tournament brought in competition from regional rivals

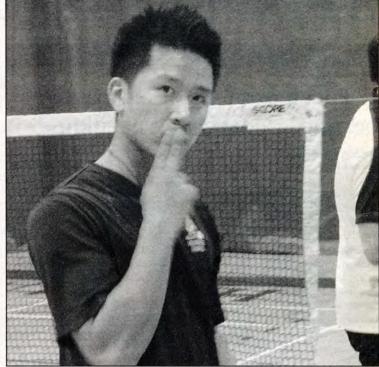


photo by mike clegg

Men's doubles player Hoa Ly plays to the crowd after a solid victory on Saturday. Ly and Ronni Islam won gold on Saturday.

Seneca, Mohawk, St. Clair, Fanshawe and Conestoga.

For Humber, the feel good story was Michelle Reinhart, the Hawks' only singles player to make it to the semi-finals, falling one win short of advancing to the provincials.

"It's pretty good considering I was the worst player on the team at the beginning of the year," she said.



"We don't want to say, 'Look, we're one game over .500, let's get fat and sassy." - Morris Peterson after his Raptors beat the Atlanta Hawks on Saturday

# Condors soar over Hawks

# Women can't recapture magic, miss finals match in Kitchener

Jesse Kinos-Goodin Sports Reporter

The indoor soccer women's team was unable to repeat the strong performance of its last tournament, and finished with an even record (2-2), missing the finals.

The Hawks were the team to beat heading into the women's indoor soccer tournament at Conestoga on Sunday, coming off a gold medal showing the previous weekend in Kingston.

"A loss is good for the soul," said head coach Vincent Pileggi. "Too many is not good for the coach though."

The tournament included eight teams from across Ontario, plus two Conestoga alumni squads.

The Hawks defeated Sheridan 3-2 in the first game as Katie

Johnston scored the game winner, while Kelsey Orpen and Megan Ewing had a goal apiece.

"Considering it's the first game of the morning they played very well," Pileggi said.

The second match proved to be no contest as the Hawks trounced Georgian college 3-0. With a goal by OCAA all-star Holly Goddard just minutes into the game, the women dominated the offensive end, refusing to give Georgian any breathing room.

Two more goals by Melissa Magliazza, leading scorer in the OCAA west division outdoor league, each within seconds of each other, solidified the win.

Team manager Stephanie Wardell, who was forced to stand in for absent goalkeeper Emily Curcuruto, made it look easy as

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she recorded her first career shutout.

The next game proved to be too much of a challenge, as a bigger and more aggressive Conestoga alumni squad shut the Hawks out

"They're alumni. Their bodies are bigger, they have more experience," Pileggi said. "It just shows that we can't take anyone for granted."

Although Humber outshot the alumni squad, it couldn't beat the solid goaltending.

The Hawks needed one win against Canadore to move onto the finals, but lost 2-1 in a match that easily could have gone either way.

Magliazza scored the lone goal for Humber, her third of the tournament.

"They were a tough team," said teammate Lori Hennebury. "But it's not like they outplayed us. We just couldn't put it in the net."

The team will look for redemption Feb. 17 at Sheridan.



photo by jesse kinos-goodii

Lori Hennebury, centre, gets tripped up while trying to score against the Conestoga alumni team. Humber was shut out 2-0.

### Soccer boys kicked again by Conestoga at Kitchener tourney

Brigid Aiken

SPORTS REPORTER

The Humber men's indoor soccer team fell to the powerful host Conestoga alumni team for the second year in a row, at a tournament in Kitchener last weekend.

Eight schools from across Ontario competed along with two Conestoga alumni teams. The Hawks started strong, beating Niagara 1-0 and Georgian 2-1 before losing 2-0 to the savvy Conestoga alumni.

Last year, Humber lost the final match against that same alumni team, who outmatched much of their competition in size and skill.

"These guys are so experienced," forward Oscar Da Silva said. "They know exactly where to be all the time"

Playing at home was an advantage for Conestoga, who had deadon shots to the net, while the Hawks struggled with accuracy.

The rubber-floored surface was even smaller than the usual indoor facilities the Hawks are used to playing on, but the team wasn't using this as an excuse.

"If you're a good player outdoors you should be a good player indoors," Da Silva said. The players agreed that it is just a matter of adapting to the different playing

"We have to work on working together. You have to constantly talk."

While the players were frustrated with the loss, coach Germain Sanchez was pleased with the team's performance.

"We were attacking quite well," Sanchez said. "We played a very good, experienced team, but somehow we were able to control the game."

"We're on the right path for regionals and provincials."

Sanchez has narrowed down his recruits and set his team at 18 players. Thirteen players were in Kitchener, while five of Humber's starters were left home to allow their new teammates a chance to improve.

The men's next game is at Sheridan on Feb. 17.



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## SPORTS \$\P

"I told him that if you're going to be a superstar in this league, you shouldn't be acting like that." - Canadiens Aaron Downey on Sidney Crosby's dramatizations

# Men coast to playoffs

B-ball offence benefits from balanced scoring as it shows up Grizz to start sub-.500 stretch

James Sturgeon SPORTS REPORTER

The biggest opponent the Humber men's basketball team will face in the final weeks of the regular season is complacency.

The Hawks (10-2) routed the lowly Georgian Grizzlies (2-9) 102-59 in Barrie last Friday to stretch its lead atop the OCAA Central division to three games over second-place Sheridan and extend Humber's winning streak to five.

With three games remaining – all against sub-.500 teams Humber has handled with ease all year long – the prospects are good that the Hawks will be riding an eightgame run entering the provincial playoffs in March.

The only obstacle for the team is to not allow itself to grow complacent with its success.

"We don't want to lose our focus over the last few games," said head coach Darrell Glenn.

"That's a word we use a lot," said assistant coach Chris Cheng. "We

#### Men's CENTRAL

School	W	L	PTS
Humber	10	2	20
Sheridan	9	3	18
Centennial	7	5.	14
Seneca	6	6	12
George Brown	2	9	4
Georgian	1	10	2

keep telling our guys, 'don't get complacent."

One way the coaching staff is combating that is by setting statistical objectives for every game, like the number of shots Humber makes from the low post, to keeping turnovers down as well as making higher percentage shot selections.

"On any given night we can have two or three guys in double digits ... Our style of play lends to that."

> – Darrell Glenn men's basketball coach

"We've set some targets so it's very clear and defined in terms of what we want to do," Glenn said. "We're being deliberate about what we want to achieve."

"Once you get those targets, you start executing better," Cheng added. The strategy certainly worked against the Grizzlies.

Six players scored in double figures as Humber shot a scorching 60 per cent from the field while harassing Georgian into shooting just under 30.

The balanced attack was led by forward Chris Thompson with 14, while guards Lamar Robinson and Kerlon Cadougan both netted 12 apiece.

Humber's backcourt was domi-

nant, as guards Jonathan Tyndale and Paul Cade pitched in 11 each, while Mackenzie Milmine dropped in 10.

"On any given night we can have two or three guys in double digits," Glenn said. "Our style of play lends to that."

Humber also heavily outrebounded Georgian 51-27, with Cadougan and Thompson pulling down seven boards each.

"We're getting better in certain areas of our game," Glenn said. "I don't know if we're hitting our stride yet, but we are starting to hit some our objectives."

With three weeks of mediocre competition ahead, the coaching staff is hoping the statistical assignments coupled with some hard practices will keep the team focused.

"We're trying to bring that momentum everyday," Cadougan said. "We're not trying to think about relaxing."

"We're getting there, little by little, so that when playoff time comes we'll be ready for any team."

"You can't look at the score, you can't look at who we're playing against, we have to look at our targets and beat those targets," Glenn said. "We'll be able to tell in two or three weeks where we need to be."

The Hawks were in action against last-placed George Brown (1-10) last night, and host the Grizzlies at home Feb. 15.

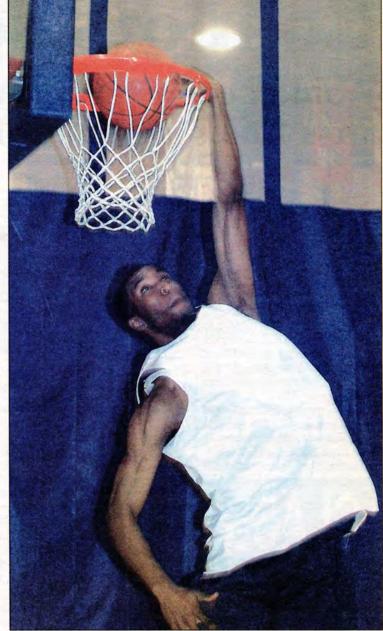


photo by james sturged

First-year guard Kerlon Cadougan throws down a reverse lefthanded jam in a warm-up session before practice last Tuesday.

photo by josh gold-smith

Roxanne Plummer and Monique Faulknor fight for a rebound.

## Thunder shocks Hawks

#### Strong start erased by Algonquin's second-half push

Josh Gold-Smith Sports Reporter

The Humber women's basketball team nearly surprised the secondranked Algonquin Thunder but fell 65-53 in Ottawa last Friday.

The Hawks built a 31-22 lead at half-time, but Algonquin rallied after the break and held on for the victory.

Despite the loss, head coach Denise Perrier was pleased with the effort. "We were hungry, and that's what I wanted to see, that fire. So, that's a positive for us."

Forward Lisa Soodeen sparked Humber off the bench, notching a team-high 12 points to go along with four rebounds.

Centre Monique Faulknor chipped in 11 points and eight rebounds, while starting point guard Felon Harris played the entire game and tallied nine points, eight rebounds and four assists.

Humber (7-6) held Algonquin (11-2) to just 21 per cent shooting from the field in the opening frame but faced a more deter-

mined Thunder squad in the second half, led by point guard Jenny Allen's 20 points.

Hawks forward Kristina Harse played just 15 minutes due to foul trouble, but was proud of the team's performance on the road. "I think it shows that we have character," said the second-year starter. "These are games that we can win, and our team can win against any team at any time."

The difference may have been that Humber shot just 45 per cent from the free-throw line, making only four of 13 attempts in the second half, in front of a boisterous Algonquin crowd.

Provincial coaching veteran Jason Sealy served just his second game as an assistant coach for the Hawks, stepping in for Koren Bogle-Glenn. Sealy's first game came Jan. 31, when they defeated the Loyalist Lancers 60-53.

Humber has three games remaining and is fighting for one of the final playoff spots with both Durham and St. Lawrence. The Hawks are fourth in the division and must finish among the top eight teams in the conference to qualify.

Perrier is optimistic about the team's post-season chances and hopes to see more of the intensity her club showed against Algonquin.

"I think we just have to work on that and keep pushing it in practice," Perrier said. "I think we can do it."

The Hawks play their final road game of the regular season when they meet Fleming in Peterborough tomorrow night. Humber then faces Georgian and Seneca at home over the next two weeks to close out the schedule.

#### Women's EAST

School	W	L	PTS
Seneca	13	0	26
Algonquin	11	2	22
St. Lawrence K	8	5	16
Durham	7	5	14
Humber	7	6	14
George Brown	4	8	8
Loyalist	4	9	8
Georgian	3	10	6
Fleming P	0	12	0

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