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Minister pushes to approve Kyoto within the month

By DAVE BOYINGTON

Environment Minister David Anderson wants the government to ratify the Kyoto protocol in the next few weeks.

"In less than a month's time, I hope to implement the [Kyoto] accord," Anderson told a crowd of about 250 people at the Sheraton Centre last week.

The Kyoto accord, if ratified, requires Canada to reduce greenhouse gas emissions to six per cent below 1990 levels by 2012.

"Our policies are based on science," Anderson said, dismissing a recent claim by several Ottawa scientists that global warming and climate change are not caused by human activity.

Anderson says these scientists' opinions represent only about one per cent of the scientific community.

"All their arguments have yet to be supported by their peers," Anderson said.

According to Dan Harvey, geography professor at U of T, all greenhouse gases are increasing.

"There's an overwhelming body of evidence showing the climate is warming. [There is] no possible cause other than human impact."

Harvey said the climate change we are experiencing now is similar to the period of change that occurred following the Ice Age leading up to about 1900. However, it is now happening about 100 times faster.

One area where a dramatic increase can be noticed is in extreme weather patterns, like tornados and hurricanes.

"These are predicted to increase as we head into a warmer world," Gordon McBean, geography and political science professor at UWO, said. "More intense precipitation, more droughts, more hurricanes. Although we don't see them [in Ontario] now, we know the dangers."

McBean said what we are seeing now is the result of 200 years of dumping greenhouse gases into the air.

"We need to reduce emissions to reduce the impact," he said. "Kyoto is a small step, a step in the right direction."

Potential financial setbacks have been the major stumbling blocks in passing the accord. Many provincial premiers, most notably Alberta's Ralph Klein, whose province's economy is driven by fossil fuels, say passing the accord would result in a huge loss of jobs, as corporations would have to make cutbacks in order to comply with the accord.

Martin Whittaker, managing director at Innovest Group, disagrees Kyoto is harmful to industry.

He points to companies such as Shell Canada, which is "well on its way [to complying with Kyoto], and somehow it remains out of bankruptcy."

"Environmental leaders constantly do better [in the market place]," he said. "If we reject Kyoto, I'm worried we might actually lose ground to the U.S. firms. All of this would be realized by an eight-year-old child. Unfortunately, there's not an eight-year-old in the boardroom, or in parliament."

"Kyoto is a small step, a step in the right direction."



James O'Bryan, first-year journalism student, takes advantage of the season's first snowfall to practice his pitching skills. The college was blanketed with the white stuff Saturday.

What's Inside This Week...

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Press honoured for rights struggle

By MELANIE BECHARD

The International Press Freedom Awards were given out last week before a crowd of some of Canada's best known and most respected journalists.

The awards, sponsored by Canadian Journalists for Free Expression, are given out every year to journalists from around the world who struggle to uphold freedom of the press in countries where this right is not always protected.

"Free media is a cornerstone for a functional democracy," host Lloyd Roberston, CTV news anchor, said in his opening remarks.

Present in the audience were journalists like Jan Wong of the *Globe and Mail*, Christie Blatchford of the *National Post*, Haroon Siddiqui of the *Toronto Star*, and Knowlton Nash of CBC. Also in attendance were author Margaret Atwood, and the Honourable Bill Graham, Minister of Foreign Affairs, who gave an address.

This year's award recipients were Lira Bayseitova from Kazakhstan, and three men from Somalia, Ahmed Abdissalam Adan, Mohamed Mohamud Elmi and Ali Iman Sharmarke.

Bayseitova, 49, is the former

editor in chief of the newspaper *Respublika 2000*, and has been attacked for her reporting; she lost sight in one eye after one such attack.

After publishing a story accusing the Kazakh President Nursultan Nazarbayev of holding a Swiss bank account, Bayseitova's 25-year-old daughter Leila was arrested on drug charges, and later died in police custody.

According to police, Leila was a heroin addict, who hung herself in her cell with her jeans. Bayseitova

"I appeal to you . . . as a woman who lost her only daughter."

denies her daughter was a drug addict, and a doctor who tested Leila's blood found no evidence of drugs, or alcohol. Also, Bruises were found on her body that are consistent with physical violence.

In a tearful plea to the minister, Bayseitova asked that he appeal to his counterpart in Kazakhstan to allow international experts into the country to exhume her daughter's body, so that her cause of death could be determined by an unbiased party.

"I appeal to you not simply as a

journalist from Kazakhstan, but as a woman who lost her only daughter," Bayseitova said through a translator.

The three Somali recipients were honoured for their company HornAfrik, which they founded in 1999 in Mogadishu. The three Somalis had left their war-torn country in the early 1990s and built lives for their families in Ottawa.

Although none of them had any training in journalism, they returned to Somalia to establish a radio and television station based on four principles: accuracy, impartiality, sensitivity and public interest.

In their brochure, they state "HornAfrik is determined to contribute to the nation's reconstruction efforts." Despite its immense popularity with the people, the station and its journalists have been threatened by various warlords.

Mohamed Elmi received the award on behalf of his two friends. "We are proud that we have filled a void for independent media in Somalia, and earned the trust of the public," Elmi said.

Special recognition was also given to Kathleen Kenna, the *Toronto Star* reporter who was seriously injured by a hand grenade while covering the war in Afghanistan.



Sgt. Kim Scanlan, domestic violence coordinator, speaks at the White Ribbon Campaign. Deputy Chief Steve Reesor looks on.

Police work to end violence against women

By MIKE ZETTEL

The main lobby of the Toronto Police Service headquarters was transformed into an information fair Nov. 13 to mark the launch of the annual White Ribbon Campaign.

The campaign seeks to gather signatures from the public to support "Men Working to End Men's Violence Against Women."

It begins on Nov. 25 and runs until Dec. 6, which is the 13th anniversary of the day 14 women were gunned down at l'Ecole Polytechnique in Montreal.

The fair involves 26 community partners who share information

about resources available for those in violent domestic situations.

Statistics Canada reports that while the last decade saw a slight decrease in cases of violence against women, the number of spousal killings rose sharply in 2001: 69 women were murdered, up from 52 the previous year.

"If you really want to break the cycle of violence you can't just be reactive," said Sgt. Kim Scanlan, domestic violence coordinator for the Toronto Police Service.

"We need to be preventative," Scanlan said, adding much of her unit's energy is directed towards younger people who are just starting relationships.

Although it is known domestic violence crosses all cultural, economic and age boundaries, its occurrence at Humber College is rare.

"Thankfully, there are a small number of incidents here," said Gary Jaynes, director of security at the college.

Jaynes said five or six assaults are recorded per year, with half being brought to the attention of the local police — a decision based on the wishes of the victim.

To lend your support to the White Ribbon Campaign, visit the police division closest to your campus.

North Campus: Division 23 at 2126 Kipling Ave. Lakeshore Campus: Division 22 at 3699 Bloor St W.

Rally slams U.S. war call

By NICOLE LARKIN

Thousands of demonstrators converged on Queen's Park Saturday to speak out against UN sanctions, and any possible military action on Iraq.

The protest was attended by dozens of local groups, including Canadian Union of Public Employees (CUPE), various activist organizations, student groups, the Steelworker's Union, and the Toronto Committee Against Sanctions and War in Iraq (TCASWI).

"The real terrorists in the world today are the White House and the CIA," said Pam Johnson, one of the founders of TCASWI, and a modern dance teacher at Humber's Lakeshore Campus.

"It's a fantastic demonstration today, 8,000 to 10,000 people have turned out to say 'no' to war, and this is just the beginning of a weekend in Canada where there will be 25 demonstrations across the country."

The protest began at Queen's Park and became progressively louder as it wound through the streets of downtown Toronto finally arriving in front of the U.S. Consulate building, where the

chants continued.

"The whole war is about the United States establishing dominance in the Muslim and Arab world, the whole Middle East, and over Iraq's oil supply," protester Jesse Benjamin said, as he passed out pamphlets.

The four-hour protest was not only attended by concerned Canadians who have watched recent events unravel on television, but also by people who have seen Iraq first hand.

"I'm here because I'm very concerned about what Canada's role is going to be in the war on Iraq. I was active in the Gulf War and that war has essentially never stopped against Iraq, it's been a w f u l," CUPE member Pam F., who wished to remain anonymous, said.

"George Bush has no interest in humanitarian causes. This is not a way to create world security; this is only going to exacerbate the precarious state of the world affairs now."

Unlike recent protest events in Montreal, Vancouver and Seattle, Saturday's event remained peaceful and non-violent, and no arrests were made.

Protesters may have been deterred from any illegal action by the strong police presence throughout the day.



A protester holds a list of countries he says should be on U.N. weapons inspections list, besides Iraq.

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Ottawa may reconsider legality of gay marriages

By CAMILLE ROY

When college students think about marriage, most dream of frilly dresses, fancy tuxedos and romantic honeymoons, but some wonder if it will even be possible for them to legally marry.

Under current Canadian law, same-sex couples cannot marry.

However, Justice Minister Martin Cauchon released a discussion paper on marriage and the legal recognition of same-sex unions last week, which will be looked at by the House of Commons Standing Committee on Justice and Human Rights.

"I believe strongly that Canadians as a society should be encouraged to thoroughly consider, in an open and respectful way, what all of the implications of either maintaining or changing the opposite-sex legal requirement for marriage in Canada might be," Cauchon said in a press release.

John Fisher, executive director of Egale (a national lesbian and gay lobby group), said his organization is encouraging the government to consider the possibility of enabling same-sex couples to

marry.

"We feel the government has the responsibility to treat all its citizens equally," Fisher said. "And that includes removing the ban on same-sex marriages."

Fisher added that Egale is concerned some of the options the government is considering are not real alternatives.

"When it comes to questions of human rights, it's not appropriate

"As a citizen of this country, you should have the right to have a same-sex marriage if you want."

to try to negotiate or come up with half solutions or second-class options," Fisher said.

The options the government is looking at include: changing the definition of marriage to include same-sex couples, maintaining marriage as an opposite-sex institution and possibly passing a new statute that would create an equivalent to marriage for federal pur-

poses for other conjugal relationships, or leaving marriage solely to religions.

According to Fisher, redefining marriage is the only constitutional outcome of this discussion.

Stephan Tang, a second-year Hospitality, Recreation and Tourism student, said gay people like himself should have the same rights and basic privileges as everyone else.

"As a citizen of this country, you should have the right to have a same-sex marriage if you want," Tang said.

He said the committee should come up with a solution because same-sex marriage "needs to be allowed and incorporated into law."

Although he is single right now, Tang said he does plan to get married one day.

"I don't know whether or not, in my lifetime, it will be allowed," Tang said. "But I will at some time get married."

The committee will discuss the definition of marriage for the next few months, and Cauchon said he should get recommendations on possible legislative reform by April 2003.

Students organize bash

By CELISTINE FRAMPTON and NOHRA SOLER-GAONA

Students from Humber's Public Relations program helped organize ah! What a night, an event designed to raise money and awareness for the Lakeshore Assembly Hall, an historic but underused building near Lakeshore Campus.

The students worked with members of the Assembly Hall Advisory Committee selling about 120 of the 150 available tickets for the event.

Christine McCaw, chair of the committee said, "This building is beautiful and historic, and it just wasn't being used. By having this event people will see what it has to offer."

The evening included a silent auction, with items ranging from a hand crafted necklace to a framed Leafs hockey picture.

Performances by musicians Virgil Scott, a resident of the area for over 15 years, Nikki Loney and Ginny Lynn filled out the night with music and dancing.

McCaw said planning for the event started a year ago but things really got rolling when the partnership with Humber began.

The Assembly Hall Committee and the students got together and

began working on the project in September. McCaw applauded the students' hard work in planning the event and decorating the hall.

Despite the poor weather several Humber graduates came to show their support.

Humber Marketing graduate Lynn Mutton and Monica Garratt, a Legal Secretarial graduate, have been Lakeshore residents for at

councillor Irene Jones.

"Your dedication and tireless efforts have made a real difference in many lives and we thank you for your caring and giving," the plaque read.

ah! What a night is the first event the PR students have put together as a class.

"It's amazing!" said Catriona McFarlane, event chair. "Just the fact that we get to see all our work coming together, it's wonderful."

The Assembly Hall is located at Kipling and Lakeshore Boulevard West, near the Lakeshore Campus. Built in 1898, it was part of the Lakeshore Psychiatric Hospital.

It has been used for multiple functions from church services to week-

ly dances.

By the late 1930s, the hospital fell into a state of despair but was revitalized in 1959. In 1971, when the hospital closed its doors, the Hall was abandoned, but there was a strong push by the local community to reopen it.

So far the City of Toronto has invested \$4.1 million in restoring the Assembly Hall.



Humber Public Relations students helped raise money towards renovations to the Lakeshore Assembly Hall last weekend.

least 20 years.

Both agreed the event was a great way to bring the community together.

PR student Kaila Tatite sold drinks at the event. "It's good to be here, and we're all gaining lots of practical experience," she said.

The students received a plaque from Toronto Mayor Mel Lastman, presented by Lakeshore-Etobicoke



The Lakeshore Area Multi-Service Project helps area residents like these with projects like the South Etobicoke Youth Assembly.

Non-profit organization serves Etobicoke area

By JENNA VAICIUS

In the middle of Etobicoke's Lakeshore community is a non-profit organization that has provided assistance to the area for almost 30 years.

Lakeshore Area Multi-Services Project (LAMP) is a non-profit organization designed to provide members of the community with access to helpful free services and information.

"It really allows anyone in the community, from all walks of life, the opportunity to go somewhere for help if they need it. In a big urban city like Toronto, it's pretty hard to meet people and build social networks, which really, is what community is all about," Jasmin Dooh, health promoter/community relations for LAMP said.

This health and community service centre was created in 1976, out of a need for health-related programs to be provided in the urban areas. Over the years, LAMP has established itself as a focal point within the Lakeshore community where people can go to get healthcare information and links to community agencies.

The centre is also a place to volunteer, learn new skills and get involved in the community.

LAMP has always tried to be innovative with their programs, offering unique ones like "Just for Dads and Their Kids," for fathers who require support or training.

The South Etobicoke Youth Assembly (SEYA) has recently begun work with the LAMP organization to "provide youths in the area an opportunity to become active and good citizens and develop leadership skills and volunteer experiences in their communities," Dooh said.

SEYA focuses on social recreational opportunities for youth because they say there is an extreme lack of services for middle to late teens.

Cooking club, co-ed basketball, yoga, and anger management workshops are just a few activities

that are running in November. There are also computer labs that can be used by students for homework and a games room.

In addition, "Girls Nights," a Street Level program, is geared towards teenage girls to help them "become stronger, more independent woman, and work towards boosting self-esteem," Dooh explained.

A new program called "How hip-hop was meant to be" is the first of its kind in Toronto. The mandate consists of breaking the cycle of violence through hip-hop culture. By providing a safe and supportive environment where youth can creatively express themselves, the project hopes to foster understanding of self and community awareness.

The LAMP services have joined with Teen Zone, a local youth group, to create a Holiday Party for youth. The event is taking place at Humber College's Lakeshore Campus on Dec. 6.

"We think [teens] are important and we want to give them a chance to celebrate," Dooh said.

James Bond Canadian?

Camp X, located in Whitby, was a top-secret military training base for CIA and FBI agents during World War II. It acted as an electronic transmitting station that relayed coded messages to the U.S., British and Canadian allies.

Ian Fleming, writer and former British secret operative, once trained there, and created the James Bond character based on his experiences.

Author Lynn Philip Hodgson has written four books on what went on at Camp X. Students and faculty are invited to hear Hodgson in the Lecture theatre Nov. 27 from 6 to 7:30 p.m. Contact professor Mark Rector at ext. 4130 for info.

Etc.

World's eyes on Iraq

United Nations arms inspection timeline:

Nov. 13 – Iraq accepts the resolution terms.
 Nov. 18 – UN inspectors return to Iraq for the first time in four years to search for weapons of mass destruction. Inspectors must immediately notify the UN of any Iraqi infraction.
 Dec. 8 – deadline for Iraq to declare all its chemical, biological and nuclear programs.
 Feb. 23 – Inspectors report their findings to the Security Council.

Quick facts:

Natural resources: petroleum, natural gas, phosphates, sulfur
 Population: 24 million
 Ethnic groups: Arab 75-80%, Kurdish 15-20%
 Religions: Muslim 97%



Muslim students wary of UN, say U.S. influence too strong

By DAVID ROS

Some Muslim students at Humber's North Campus believe the UN resolution requiring Iraq to submit to weapons inspections is inconsistent when compared to the inaction against other countries that violate UN regulations.

"Other countries violate UN resolutions," said Parinaz Nejatie, a member of the college's Muslim Students Association.

Nejatie, who initially didn't want to be identified in the *Et Cetera* story because she didn't want to present Muslims as anti-American, said Israel has violated both weapons and human rights resolutions, yet the West has seemed to turn a blind eye.

"Fifteen years ago [Iraq] wasn't an issue, now it is. That's very hypocritical," Nejatie said, explaining that in the 1980s, the U.S. provided the Iraqi regime with weapons and funding to fight a war against Iran.

Nejatie said she believes a new war with Iraq is being pushed to help bolster the U.S. economy, pointing out that, after Afghanistan, the U.S. decided to go after the next country on its list.

The UN resolution demands Iraq to reveal all information in regards to its weapons program by Dec. 8 or face an international invasion led primarily by the U.S.

Another Muslim Student Association member, Rabeaa Ahmed, said the U.S. seems to go after things of strategic and economic importance to them, like the oil reserves and location of Iraq in the Middle East.



Parinaz Nejatie (left) and Rabeaa Ahmed (right) are both members of Humber's Muslim Students Association.

"The UN [basically acts in] the best interest of the U.S.," Nejatie said. "But if something is unjust, it is our duty as Muslims to uphold what is right."

Nejatie said since the Sept. 11 attacks, there has been a big shift in the way Muslims have been treated in Canada.

"People notice [Muslims] more," she said, adding some people fear Muslims more as a result of the attacks.

However, she noted that about 80 per cent of people she has come across have been sympathetic towards Muslims.

Muslim Students Association President, Aamir Shaikh, added: "American people put their nose into the matter of other countries."

Humber viewpoints...

"Should the U.S. invade Iraq?"



PAUL LOMBARDO
 First-year Business Administration

"If they do have illegal weapons, definitely, if they don't than no. Put in UN forces to keep an eye on them so they don't start production again."



AMANDEEP SOMAL
 First-year Accounting

"I don't think so. It's not good for humans and it's not good for the environment. I think they should sit down and talk about their problems."



RYAN BUCHANAN
 First-year Computer Pro Analyst

"Yeah, I think they should invade Iraq. If there's a threat there then they should go in and deal with it...something should be done – it's acceptable."



KIM COOPER
 Second-year Industrial Design

"No, I don't think they should because it's 2002 and we need to get past war and we should do it behind closed doors."

(compiled by JAMES ROSE)

World Digest

By ALEK GAZDIC

Hijacker copycat artist

ISRAEL. An Israeli Arab man who allegedly tried to hijack an El Al flight Sunday hoped to copy the Sept. 11 attacks in the U.S. by slamming the plane into a building in Tel Aviv, Turkish police say.

Tawfiq Fukra tried to hijack the plane when he stormed the cockpit with a knife, but was wrestled to the ground by Israeli air marshals.

Fukra has been charged with attempted hijack, and has not been linked to any known terrorist organization.

JFK suffered pain

UNITED STATES. The first thorough examination of President John F. Kennedy's medical records has found that Kennedy suffered from more ailments, was in far greater pain and was taking more medications than the public or biographers have described.

Disclosed medical files covering the last eight years of Kennedy's life show he took painkillers, anti-anxiety agents, stimulants and sleeping pills, as well as hormones to keep him alive, with extra doses in times of stress.

At times the president took as many as eight medications a day.

Ex-PM gets 24 years

ITALY. Former Prime Minister Giulio Andreotti was sentenced to 24 years in jail for ordering the Mafia murder of a journalist in 1979.

The appeals court ruling Sunday, which overturned 83-year-old Andreotti's acquittal in a first trial three years ago, shocked the nation.

Andreotti was prime minister a record seven times and is now senator for life.

The prosecution argued that Andreotti had the Mafia assassinate journalist Mino Pecorelli because he was poised to publish articles that could have ruined his political career.

Oil tanker disaster

SPAIN. Spain and Portugal yesterday were keeping an eye on a second slick from the sunken oil tanker *Prestige*, hoping the 18 million gallons now at the bottom of the sea don't resurface and wash ashore.

If the ship's tanks rupture, the fuel oil released from last week's disaster would be nearly twice as large as the 1989 *Exxon Valdez* spill.

The *Prestige* ruptured in stormy weather last Wednesday, initially dumping 800,000 gallons of fuel into the Atlantic Ocean.

Saddam gets spam...

IRAQ. A U.S. journalist who specializes in Internet security found a way to hack into Saddam Hussein's e-mail account, and found the Iraqi President receives spam and even e-mail from U.S. companies offering business deals.

The reporter tapped into more than 1,000 messages from the official Iraqi government Web site, one of which was from the CEO of a California wireless technology company requesting a personal meeting on the sale of technology.

Interview requests from journalists and obscene messages from angry Americans accounted for many of the e-mails.

Etc.

In Focus

The Internet: A traffic report from the information superhighway

Come one, come all! Internet for sale!

By CHRISSIE O'BRIEN

If Internet is indeed the information superhighway, it is a toll road generating revenue Highway 407 could never hope to match.

"There is money online. Monster.ca is listing about 30 jobs for senior Web designers right now," said Tanya Noble, a Web design student at CDI college in Newmarket, who is sure of the returns her career in Web design will yield.

"I can work for a company or can work freelance. A senior designer usually makes about \$50,000 per year," she speculated, and to meet this goal she is studying the need-to-know data of Web design—including courses in the programming language in which sites are written. She is also boning up on browsers like Internet Explorer to simplify complex navigation in the World Wide Web.

Yet the Internet is changing and Web designers like Noble will soon have a whole new canvas to work on, which may make their jobs significantly easier.

No longer is big business the sole proprietor of the money floating around in cyberspace.

Independent Web designers like Noble are becoming a household industry.

"I deal with anything from the initial planning stages—when the customer says I want a Web site with these images and text—to designing it and helping them find a host or ISP.

"The ISP hosts the site and you

use their software to design the Web site. You upload it through the program to have your Web page," she said.

The ISP also makes the site accessible to browsers like Internet Explorer or Netscape.

Yet, each time we click, money changes hands.

Mike Seymour, corporate sales representative with Echo Online Internet Inc. in Mississauga explained the new phenomenon of wholesale ISPs.

"We are an ISP, but we also can be wholesale," Seymour explained. "For instance, if Humber College wanted to provide Internet access to each of its students, we could set up a server and a virtual ISP, so each student could have access to the Internet."

Seymour estimates Echo Inc. is currently working with approximately 10,000 customers—both end users and businesses—who have opted for the wholesale ISP.

Noble explained the wholesale Internet phenomenon saying, "It's like subletting. You rent the apartment and then rent it to someone else and charge more," she said.

"The difference is when you're dealing with Sympatico you're dealing with the people who own the Internet servers. In wholesale, you're dealing with the middleman you can't do anything if the servers are down."

Web sites do try to keep running totals on hits to compare with them advertising revenue. The figures coming out of these calculations are astronomical.

When Bell Sympatico and Lycos joined forces in February, the Bell Sympatico site—a portal to the Internet for the ISP—boasted 2.8 million unique visitors per month.

Imagine if they charged each of these people only a dollar for the service.



Web site designer Tanya Noble, who was spinning webs long before Spiderman hit the big screen, is honing her skills in college as her Web design business booms.

There are also sites where regular people can earn money or buy and sell items. However, companies are now putting the vehicle of all online transactions—the Internet itself—up for sale.

that connects to thousands of channels (the original chat rooms) on hundreds of networks around the world. You don't need a connection to the Internet to use IRC, just a modem and an IRC client.

"I wouldn't be where I am today without IRC," said Whitney

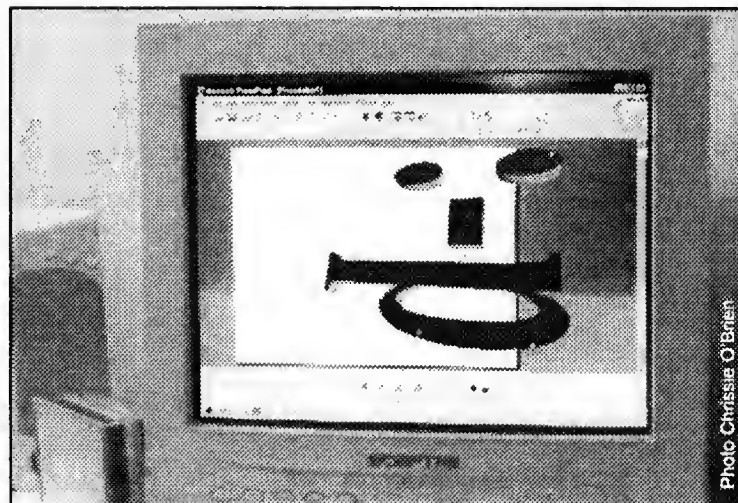
Green, a UNIX systems administrator for Sprint who runs about 12 channels on IRC. "I first got on IRC in 1991. There was a higher concentration of intelligent people on IRC, people who knew how to hack your machine. You learned really quickly how to defend yourself. I taught myself everything I know because of IRC."

But if IRC seems too risky, there's always e-mail and chat programs.

For the past 31 years, e-mail has become one of the fastest growing forms of communication. The phenomenon began in 1971, when Ray Tomlinson sent the first electronic mail while working with BBN Technologies (now a subsidiary of Verizon.) His message was simple and sent from one computer to another in an experiment to discover what the new modern technology could do.

Look how far we've come since then.

-- With files from Jennifer Kleiman



In this modern era of digital communication, emoticons are the art form that gives your computer a soul.

Emoticons: giving digital feeling to online dialogue

By CHRISSIE O'BRIEN

Anyone who says e-mail is an impersonal form of communication obviously is not using—or receiving—enough emoticons.

These symbols connote meaning beyond the words on the screen and are such an accepted form of digital communication they are even finding their way into business e-mails.

"There are countless expressions that can be conveyed by emoticons," says the Learning and Information Technologies Justice Institute of British Columbia site.

"They can be helpful to clarify a comment where the tone would be ambiguous."

To do this one could employ the widely recognized Smiley : -) or the Winkey ; -).

These were the origins of the emoticon, first created by Scott Fahlman of Carnegie Mellon University, who developed the code for conveying one's feelings as small text "glyphs."

"These overcome the frustration because you can't see the person who is sending you e-mail, and are sometimes uncertain if they are serious or just joking with you," according to *Netlingo.com* - a predominant Web dictionary of Internet verbiage.

It is this Smiley, with whom we are so familiar, that has morphed into so many faces found at the bottom of e-mails and in online chat rooms.

Keyboard artists have expanded on the Smiley so drastically, the *Netlingo.com* list of Smileys currently includes more than 160 variations.

Homer (_8^!) and Marge @@@@:) Simpson are just two of the more famous right facing Smileys.

Yet not all Smileys face right, and this art form of characters is evolving rapidly.

Don't tilt to the left to see the koala bear here. @(*0*)@

It is no longer a matter of simply adding character to an e-mail, but creating art with the characters on the keyboard.

For instance, send a rose to your valentine. But do it the cheap way by e-mail.

@}-----;
Or, to be truly extravagant a dozen roses is always a thought.

@}-----;-----x 12

Smileys and emoticons have become so widely recognized as a communication method that sometimes a face is not used at all. For example the pessimist will see the glass as _/ empty while the optimist will at least see it as \~/ half full.

Chatting not just for the coffee shop

Chatterboxes need nimble fingers

By NICOLE LARKIN

Why pick up the phone to call one friend, when anyone you could want to talk to is a click away?

Thousands of Internet users say the phone has become obsolete. When you can do just about anything online, even order a pizza, a telephone line becomes redundant.

In the anonymity of chat and handles, people can have all kinds of interesting encounters.

"I never give out my phone number," said Jaguar, an online chatter who preferred only to use his handle. "ICQ and IRC are just easier. You can talk to 4,000 people at once, or ignore the people you don't want to talk to."

IRC, or Internet Relay Chat, predates the World Wide Web. IRC is a downloadable program

"ICQ and IRC are just easier. You can talk to 4,000 people at once, or ignore the people you don't want to talk to."

Green, a UNIX systems administrator for Sprint who runs about 12 channels on IRC. "I first got on IRC in 1991. There was a higher concentration of intelligent people

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Editorial

Volunteer program fails

It's the year of the double cohort, and grade 12 students are feeling the burn. They're the first group of high school graduates who've had to deal with a tougher curriculum, and they'll also be competing fiercely for highly-coveted space in colleges and universities.

But this can't explain why these young adults haven't made time to fulfill their 40-hour volunteer work requirement.

They've known about this obligation since they were in grade nine. In other words, they've had four years to do 40 hours of work – or 10 hours per year.

They couldn't have fit it in?

As many as 65,000 Ontario students are now scrambling to complete their hours. The question is, how many in that same group found the time to see Eminem's *8 Mile*? Probably the majority.

Grade 12s may have a lot on their plates, but that's really no excuse for this sort of apathy.

Bob Harper of the York Region District School Board said he's put a Dec. 15 deadline for completing the required hours to give students an incentive to get them done.

Having to force kids to volunteer indicates the program has not been a success. It certainly hasn't fostered a desire in students to give back to their communities, or they wouldn't have procrastinated to this extent. It's doubtful they'll be more well-rounded adults than students who have graduated before them.

Lakehead District School Board superintendent Brian Mackinnon has a more resigned attitude. He told the *Star* on Nov. 17, "In the end, I expect maybe 10 per cent may not do their volunteer hours – so we might organize one big charity event at the schools where kids could earn their hours."

It's not for lack of options that students aren't completing the requirement. They can choose to work with charitable, religious or political groups, environmental projects, animal care, health agencies – and the list goes on.

Break out the violins though, because household chores don't count. A work order imposed by the court won't fulfill the requirement either.

Interestingly, although Queen's Park has firmly said, no 40 hours, no diploma, it has wavered on the issue of literacy. The provincial government isn't requiring graduating grade 12s to write a literacy test.

In that case, for the sake of our future, let's hope most of those who still have volunteer hours to complete don't choose to tutor elementary school students (another one of their options).

Defending the innocent

It's a persistent thorn in the side of our justice system. People who've done nothing wrong and maintain their innocence end up spending years in jail.

Famed defence lawyer Johnnie Cochran was in town over the weekend to speak on behalf of victims of miscarriages of justice. The conference was held by the Association in Defence of the Wrongly Convicted (AIDWYC), the organization that helped in the release of David Milgaard and Guy Paul Morin.

These wrongful convictions stem from false accusations – an issue that's been highlighted in this city in recent weeks, with cops under fire for allegedly engaging in racial profiling.

Cochran addressed the issue during his visit, saying profiling has become so common, members of the black community now joke about getting pulled over for a "DWB," or, "driving while black."

Dr. Adrian Grounds, a psychiatrist and lecturer at the University of Cambridge in England, has studied the long-term effects of prison on victims of miscarriages of justice. After their release, these people are typically moody and suspicious. Marriages often break up. Bitterness is common, as they've often lost their most productive years. Psychiatric problems, like panic and anxiety disorders, often develop.

Grounds found these victims of an unjust system are typically set free without considering how they will reintegrate into society. He says it's critical for them to receive long-term support from experts on trauma and imprisonment.

Barry Scheck, co-founder of the U.S. Innocence Project, also spoke at the AIDWYC conference to discuss the Central Park jogger case. In that instance, five teens were convicted of raping and beating a jogger in 1989. They may soon be found innocent, thanks to DNA evidence and a confession from a serial rapist.

Scheck says these findings indicate the cops elicited false confessions from the teens using threats and intimidation. He hopes this will lead to all interrogations being videotaped, holding police officers to a higher degree of accountability.

Cops may object, but the fact remains, innocent people are jailed every year for crimes they didn't commit. Their interests should be represented first and foremost, before more lives are wasted.

Reactions? Comments? Opinions?
We welcome reader feedback.
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Tim would love to volunteer at the vet clinic, if only he could read the application.

Letter to the editor

(Re: Humber wrestler slams into competition at Pro Wrestling Extreme event, Nov. 7)

The mere mention in the *Et Cetera* of there being fake blood at one of my pro wrestling events makes me cringe, because people still think what I do is fake.

Now let's set the record straight. Professional wrestling is choreographed to a certain extent. But that doesn't mean it's fake.

Sports like figure skating and synchronized swimming are choreographed from start to finish, but are by no means considered fake. Why? Because people look at those sports for what they are – an art form complemented by athletic aspects.

Professional wrestling is just that – a spectacle that uses amazing displays of athleticism to tell a story. Unfortunately, people choose to believe the story is a fake competition.

What you fail to realize is, the competition in wrestling is very real. It's just that instead of having an opponent working against you, you have a partner working with you. We compete to generate emotions and entertain fans.

There's nothing fake about how much we thrive on the reaction we get from the crowd. And there's nothing more rewarding than fans asking for your autograph or wanting to kill you (depending on whether you're a

"good guy" or "bad guy").

The competition doesn't end there. Much like solo sports, like bowling or golf, pro wrestling makes you compete with yourself. You always try to outdo your last performance.

Now what about all the accessories that go along with the competition: the blood, the pain and the injuries? Is that all fake, you ask? Nope.

The blood you see pouring from our heads is the blood our hearts produce. And there's a reason the ring goes "thud" when we get slammed. It's not a trampoline, or a mattress. There's wood under the canvas. Beneath the wood is solid steel.

People like to think that wrestling is easy on the body, but it's quite dangerous without proper training.

We are constantly training to make sure we keep things as safe as possible. Even still, very real accidents happen and we are reminded of how barbaric our sport is.

For me, this is more than just a hobby or a job, this is a lifestyle – and it's not "fake" by any stretch of the imagination.

For information on becoming a pro wrestler, or for information on upcoming wrestling shows in Ontario, visit my Web site at <http://TheBrownHornet.cjb.net>

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Opinion

Biological clock keeps on ticking

Twentysomethings now choose to put career ahead of settling down and having kids



JILLIAN WELLARD

Remember in the olden days, when women were married, pregnant, a mother, and a mother again all by the time they were 30?

I remember because my parents did it, and now they expect me to do it.

Unfortunately for them, it won't be happening, so stop holding your breath mom.

Census Canada has come to the realization that women are having babies much later in life.

Some say this is leading to the decline in Canada's birth rate, and to the decline of the size of our population in general. But why are women waiting?

The *Sex and the City* syndrome plagues many young Torontonians. I want to be cosmopolitan – in fact, I strive to be like them. But, is that pathetically sad, or just simply all too common in women today?

Similarly, a lot of twentysomethings are now putting careers in front of having children. Priorities dictate how our lives play out. My first priority is to get a job. Call me selfish, but I want to make money and

be able to spend it on myself.

There are too many things a mother needs before she can afford to have a child – things that I can't afford to buy. A car, for example, would make baby transportation a lot easier than having to rely on the crowded subway during rush hour.

The average age to get married is now rising on 30. Realistically, that doesn't give me much time to have a plethora of children by the time the clock stops ticking.

Yes, I've thought about it, but I don't care. Kids are not in the cards. Maybe the next hand.

Where would I find the time? I can't even schedule a time to change my burnt out light bulbs, let alone have a kid.

Men and women are finding themselves switching careers more frequently and they're not feeling secure enough to commit to starting a family. Without that security blanket, the timing will never seem right.

Of my friends scattered throughout southern Ontario, many are staying in post-secondary education longer to help them land a job.

They have decided to invest more time into their studies to ensure a better career in the end.

And being a student, for the most part, equals being broke.

It does scare me to think I might run out of time if I proceed at my current pace. But, it doesn't look like there's anything I can do to change that.

It looks as though the future is as uncertain as I feared it would be.

"There are too many things a mother needs before she can afford to have a child – things that I can't afford to buy."

No good excuse for bad breath



ALEK GAZDIC

Pet peeves. Everyone's got them.

They can relate to any aspect of life. For some people, the sight of toothpaste in the bathroom sink drives them berserk.

Others find it irritating when words are pronounced differently, like "carmel" instead of "caramel."

But like those sinks in public bathrooms that require you to hold one hand on the tap while juggling to wash your other hand at the same time, there's a pet peeve I encounter at least once daily – and sometimes, painfully, a few times a day.

It's bad breath – the toxic, deadly, stale aroma that spews from one's mouth. So I guess this is a subtle message to all of you out there with the lethal bacteria.

I finally decided to put pen to paper (or more accurately, fingers to keyboard) on this issue after my last haircut.

About once a month, I visit my local barbershop for a trim, where four short, kind Italian men work, and have worked for as long as I can remember.

Now I'm not trying to offend these men in any way. After all, they hold the power of the buzzer that could "accidentally" shave an interesting design on my scalp. I very much like getting my hair cut there and answering all of their innocent questions about my life.

But inhaling bad breath for 20 minutes straight doesn't please me.

In the Oct. 17 issue of *Et Cetera*, Melanie Couto reported more than 90 million people in North America suffer from halitosis, the disease's scientific name.

That's almost three times the size of Canada!

Why do people, in this day and age, still have bad breath?

I can understand why cavemen had bad breath. They didn't really talk and they didn't have access to a toothbrush or dentist.

But, with the developments and scientific advances we've made in the 21st century, it boggles my mind.

Each of the following can help combat bad breath: brushing regularly, flossing, chewing gum and mouthwash. Plenty of research and

engineering goes into designing toothbrushes that look so sleek and aerodynamic, they look like they're going to take off from a runway.

Some people see me as a gum freak because I've always got a pack of Clorets on me. At least one-third of each pack goes out to friends, but it doesn't bother me because I won't have to deal with their rampant oral BO.

It seems every boss over 40 I've worked for has it. Do they not know they have a problem? Are their employees too afraid to say anything? Or do they just not care anymore because they're that old? Who knows?

I'd be relieved if the Liberals implemented some sort of national emergency task force that would track down these people and quarantine them with some high-tech de-funkdafying spray. Imagine that! I'd stop and talk to every old person I saw.

Until that day, we'll all have to suffer.

"I'd be relieved if the Liberals implemented some sort of national emergency task force that would track down these people."

Political celebs: clout without substance

ANDREW SMITH

If Britney Spears ran for mayor, would fans vote for her? Does it matter what Tom Cruise thinks about invading Iraq? Celebrities love being involved in politics, but that's not what they get paid for.

Recently, Hollywood's elite have been gaining attention with their public disapproval of military action against Iraq. Susan Sarandon and Tim Robbins have spoken up. Jessica Lange has stated she hates President Bush. Sean Penn even paid \$56,000 to have an anti-war ad printed in *The Washington Post*. Penn wrote to Bush saying, "I beg you, help save America before yours is a legacy of shame and horror."

Penn isn't the only one to put pen to paper. Woody Harrelson wrote a piece for the British news-

paper *The Guardian*.

He wrote, "This is a racist and imperialist war. The warmongers who stole The White House have hijacked a nation's grief and turned it into a perpetual war on any non-white country they choose to describe as a terrorist."

Politically active celebrities aren't new though. Angelina Jolie worked as a good will ambassador to the UN to help refugees, and U2 lead singer Bono has been a long-time spokesperson for eradicating Third World debt.

During the '60s, Bob Dylan used his folk songs to sway political opinion. In the 1920s and '30s, Woody Guthrie sang songs about labour laws and the Depression.

But should people listen to them? Their status as celebrities gives them the attention even politicians don't get. Everyone, from Backstreet Boy Kevin Richardson to Julia Roberts has his

or her own view on at least one issue they believe deserves star treatment. Of course, like "nor-

"There are even times when the information is just wrong, like when Barbara Streisand called Saddam Hussein an 'Iranian'."

mal" people, these celebrities are entitled to free speech. The important difference is, when a celebrity gets on the soapbox, it's in front of

millions of people – people who are going to take in every word and take it as gospel.

Celebrities have a huge influence on their adoring fans, and they know it. They know their fans will wash their hair with whatever shampoo they endorse and sign up for the Save the Whales newsletter they subscribe to.

But are they actually informed? In some cases, the arguments they make are clear and well thought out. Other times, the words are just a political rant.

There are even times when the information is just wrong, like when Barbara Streisand called Saddam Hussein an "Iranian."

Then there's the infamous quote from singer Mariah Carey: "Whenever I watch TV and see those poor starving kids all over the world, I can't help but cry. I mean I'd love to be skinny like that but not with all those flies and

death and stuff."

If that doesn't create a little doubt on the validity of stars' opinions, not much else will.

Celebrities gain their status because they entertain us – not because of where they stand on issues.

Rather, they speak their opinions after people know who they are and feel comfortable with them. But as anyone can see, some celebrities who speak about politics just spread misinformation to their fans and anyone else who will listen.

Politics are confusing enough without celebrities getting into the mix. Whether they're feeding their egos or standing up for a cause they truly believe in, celebrities will say a lot of things to the public on just about anything.

It is our responsibility to form our own opinions before celebrities provide them for us.

Etc.

Students can chew for high I.Q.

University study finds chewing gum has a positive effect on memory

By SARAH LISI

Chew on this! Chomping on a stick of gum in class may help students remember their lessons.

A recent study conducted by the University of Northumbria and the Cognitive Research Unit in England has found chewing gum improves both short- and long-term memory.

The study proved the repetitive chewing motion has an effect on the brain and this could lead to a better understanding of the processes of the brain.

Andrew Scholey, a scientist with the university's human cognitive neuroscience unit, said the positive results of the study could be applied to situations where mental function becomes fragile.

"My group investigates potentially safe interventions which may enhance aspects of mental function. The long-term aim of these studies is to establish if there is an effect and try to uncover the mechanisms underlying

any effect."

Industry spokespeople also found other positives of chewing gum.

"There are actually tons of benefits. It eases tension, helps with concentration and satisfies snack cravings," said Amy Chezem, public relations director for the National Association of Chewing Gum Manufacturers.

According to the NACGM Web site, studies show chewing gum helps people stay alert and awake, cleans teeth after meals, moistens the mouth and reduces ear discomfort when flying in an airplane.

Of the thousands of varieties of gum sold, right now the trend is towards products like Eclipse, strong minty gum types, Chezem said.

Wrigley's newest product, an antacid gum called Surpass, has had unexpectedly low sales in the United States. Surpass gum releases a dose of calcium carbonate that quickly relieves heartburn.

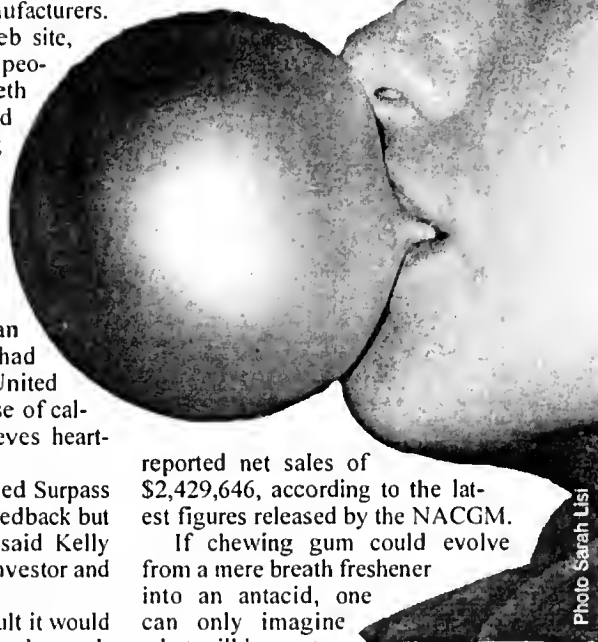
"Most of the consumers who tried Surpass really loved it. We got excellent feedback but it's a really crowded category," said Kelly McGrail, a senior manager, and investor and public relations agent at Wrigley.

"We underestimated how difficult it would be to get consumers to switch from the products they currently use to try a product that

they often associate with fun."

Bryan Challis, Consumer Affairs Administrator at Wrigley, said Excel Polar Ice is currently Wrigley's best-selling gum.

In 2001, Wrigley



reported net sales of \$2,429,646, according to the latest figures released by the NACGM.

If chewing gum could evolve from a mere breath freshener into an antacid, one can only imagine what will be next.

What's Up?

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(416) 704-9117
www.internationalcentre.com

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Levis Warehouse Sale
International Centre
(416) 354-4049
www.internationalcentre.com

•Nov. 22 to 24
Whole Life Expo 2002
Metro Toronto Convention Centre
(416) 585-8000
www.wholelifecanada.com

•Nov. 22 to Mar. 3, 2003
Sound of Toronto Jazz Series
International Centre
(905)677-6131
www.jazz.fm

•Nov. 23
The Human Body movie at Omnimax
Ontario Science Centre
(416) 696-1000
www.ontariosciencecentre.ca

Major problem remains drunk driving

Province works to cut fatal car accidents

By SARAH LISI

In Canada, more than 70 per cent of drivers own a vehicle and more than 80 per cent of people have a valid driver's licence, according to Transport Canada.

This makes Canadians some of the most mobile people in the world.

Great Britain, the world's most mobile country, has a fatality rate at least 20 per cent lower than Canada's.

As a result, Canada has introduced measures to improve its ranking in comparison with the rest

of the world.

In 1996, the Council of Ministers of Transportation and Highway Safety launched Road Safety Vision 2001, a long-term plan to reduce the number of road fatalities.

In the following four years, the Ministry of Transportation said road fatalities decreased by six per cent and serious injuries related to road travel decreased by 15 per cent.

Some of the government's top priorities are to increase the rate of seatbelt use from 90 to 95 per cent, to reduce serious injuries and fatal-

ities by 40 per cent and to reduce the number of accidents involving young drivers by 20 per cent.

If these targets are achieved road fatalities could be reduced to 2,100 by 2010.

Ministry officials said a major problem plaguing Ontario's roads continues to be drinking and driving.

According to Statistics Canada, in 2001 the rate of impaired driving incidents rose for the first time in nearly 20 years.

Police reported more than 90,000 incidents of impaired driving, with about 71,000 people charged.

The largest increases were reported in British Columbia, Alberta and Quebec.

In December of last year, the Ministry of Transportation and Guardian Interlock Systems of Mississauga launched a new program to help keep Ontario's streets safe from impaired drivers.

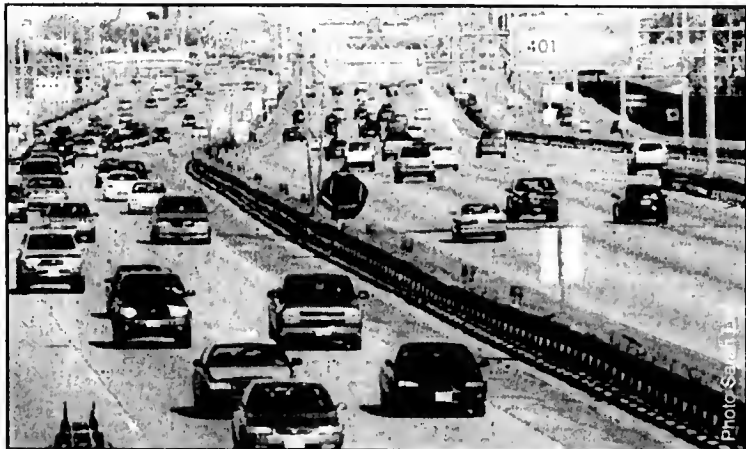
The Ignition Interlock program involves installing an alcohol breath-screening device in the vehicles of convicted drunk drivers.

"There are still far too many fatalities and injuries related to alcohol and that is why we continue to crack down on drinking and driving," Bob Nichols, media liaison for the transportation ministry, said.

Drivers are required to blow into the device before starting the vehicle. If the driver has been drinking the car will not start.

"The program also requires that you blow into it again every few minutes," Nichols said.

Currently, Ontario has the safest roads in Canada and the second safest roads in North America, according to ministry statistics.



Highway 401 and the 400 saw as many as 400,000 cars on an average weekday during the year 2000, according to gov't stats.

BB Fruit candy recalled nationwide, after Canadian child chokes to death

By JASON PUSHEE

The sweet BB Fruit Pop Jelly candy has been recalled nationwide due to a choking hazard associated with its ingredient kojic, which makes the candy rubbery.

The candy is responsible for one death in Canada as well as others worldwide.

"What has happened in the fatalities is that the product actually orients itself, pointing back to your throat and becomes

lodged. Because of the rubbery consistency it's very difficult to remove," said Michael Hiscock, an officer at the Canadian Food Inspection Agency.

The candies affected by the recall are mango, strawberry, apple, grape, orange peach, pineapple and litchee flavour.

The candies are distributed in British Columbia, Alberta, Manitoba, Ontario and Quebec.

"Most new stores and distributors [have been notified] and they are

[being], asked to do a recall," Hiscock said.

A representative of Wilby Commercial, the importer of the candy for Ontario, Manitoba and Quebec, said that the company has handed over all information to the Canadian Food Inspection Agency.

If anyone has bought or has seen the candy on shelves of a store, they should report the location by calling 1-800-667-2657.

Etc.

Battles over beer bottles

By JASON PUSHEE

A two week delay in an injunction by the Brick Brewing Co. against The Beer Store over a standardized bottle agreement will end tomorrow, Nov. 22.

The Beer Store threatened to stop delivery of the standardized bottles in October, finding Brick Brewing Co. in breach of a standardized bottle agreement by producing the non-standard stubby bottles.

Jim Brickman, president and founder of Brick Brewing Co., warned of an injunction against The Beer Store, then delayed the



Drinking from the bottle is one way to enjoy the taste of beer.

stoppage for two weeks during which the bottles would still be delivered to the Brick Brewing Co.

"It's a bottle agreement 43 different brewers across Canada signed. It's designed to deliver some significant packaging efficiencies for brewers in terms of lowering costs," Jeff Newton, executive director for the Brewers of Ontario, said.

Newton explained anyone who uses the bottle has made a voluntary commitment to the restricted use of the standardized bottle.

Brickman said they have used the standardized bottles for nine years and have contributed toward the float. Those industry standard bottles in the system are in fact Brick bottles and they're withholding property at this point.

"I never signed a bottle agreement which is an industry standard bottle agreement across Canada... we elected not to," Brickman said.

Brickman released Red Cap beer, an extremely popular beer in the '50s and '60s, in April 2002 in its common stubby bottle.

But times have changed since Red Cap's heyday, and the beer industry has taken on the standardized bottle used by most Canadian companies today.

When his company started, Brickman rejected the cash incentives offered by The Beer Store. Instead he opted for more freedom for the future like the stubby offers, the old-fashioned packaging, a key to consumer selection and the marketing of Red Cap beer.

The standardized bottle allows for cheaper packaging by lowering the cost of buying bottles using one box type. Production costs can also be lowered by using the standardized bottle.

Red Cap is 50 cents more for a case of 12 compared to the rest of the company's beer, which allows for the cost of the stubby float and the penalty of the non-standardized bottle.

Mitsubishi: a front-runner in the auto business

By MARIO CYWINSKI

Mitsubishi Motor Sales of Canada Inc., (MMSCAN) in its debut had the best first two-month sales of any car company in Canada.

Mitsubishi sold 1,569 vehicles from September to October, in its first two months in Canada, a higher Canadian debut than Saturn, Acura, BMW Mini, Lexus, Hyundai, Daewoo, Infiniti and Kia. In doing so, it broke a 20 year record.

"Our outstanding network of dealers is seeing great traffic and interest in our vehicles," said Randy Sears, president and CEO of MMSCAN.

Mitsubishi was launched in Canada in September with 18 dealers and sold only 203 vehicles. Since then they have grown immensely, and currently have 41 dealers, and sold 1,366 cars in October.

"We have great momentum with these exceptionally strong gains over September," Sears said.

Mitsubishi launched a nationwide TV campaign on Oct. 7, geared towards young drivers using the slogan "Wake up and drive."

To add to Mitsubishi's momentum, it introduced its Outlander and Montero sport utility vehicles in late October.

They will join the Lancer, Eclipse Coupe and Eclipse Spyder, Galant, and Montero Sport which are currently in Mitsubishi showrooms.

Mitsubishi has seven dealerships in the GTA.

For information visit www.mitsubishi-cars.ca.

Personal banking extends to visually impaired

By JEFF COLLIER

Personal banking has been made easier for individuals who are visually impaired thanks to a recent Royal Bank of Canada project. Sixteen audio ABMs have been installed throughout the GTA.

The specialty units, designed by Mississauga based technology manufacturer National Cash Register (NCR), will also assist other persons with special needs, like the elderly and those with learning disabilities.

Jacque van der Jagt, advisor for RBC, said the new units help make the convenience of automatic banking accessible to the broadest segment of their client demographics.

"We like to make our services accessible to the most people we can, especially customers with disabilities," van der Jagt said. "There are no extra client fees and units are user-friendly."

The talking ABMs work the same way as any other full-service banking machine, except it provides audio assistance to cus-

tomers, guiding them step-by-step through their banking.

Users simply plug in their personal headset, or one supplied by the branch, and are then guided through banking transactions via the ABM's interactive voice system.

For Humber students with special needs, the advantage of the audio ABM may not arrive any time soon.

"There is a large population of students with visual impairment that might benefit from something like that," said Jeffrey Nolan, Support Services Officer at the North Campus services for students with disabilities. "Unfortunately, we know very little about the unit at this time."

The first talking bank machine was introduced in Ottawa in 1997 in a collaboration between RBC and NCR. Between 1997 and 2002, an additional 13 machines had been installed across Canada.

By early next year, 225 new machines will be implemented in cities and towns across the country.



Using a set of earphones, visually impaired clients now have access to personal banking machines at Royal Bank of Canada.

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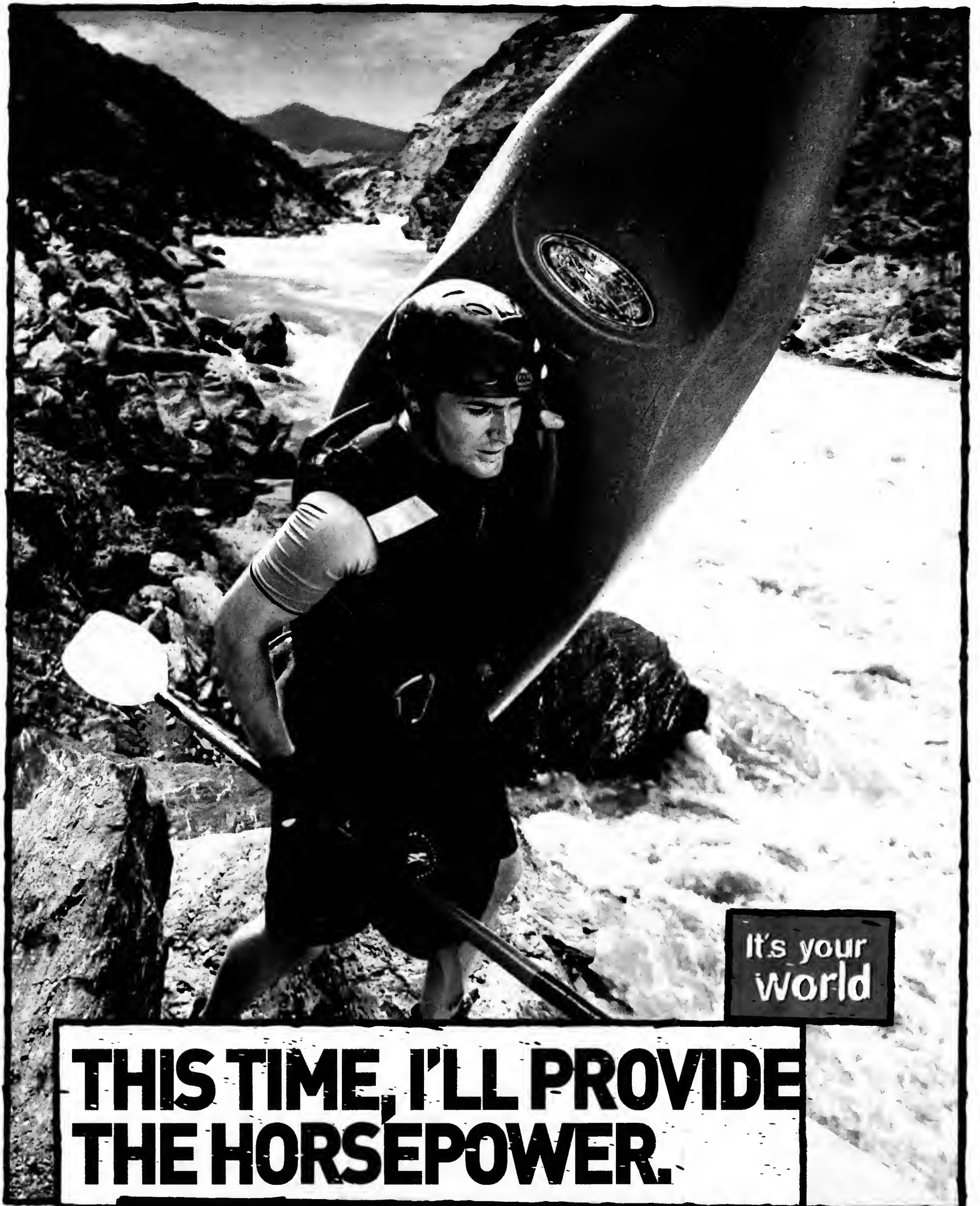
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Entertainment

Spotlight

Young musicians are making some noise

Humber trio turning heads

By JON DUNFORD

What began as nothing more than friends jamming together has grown into the The Junction, a band that's beginning to get some exposure in the local music scene.

Two years ago, guitarist/vocalist Brent Jackson started playing around with the bass and drums with his high school friend and drummer Mike Taylor. Soon after, Jackson began writing songs on guitar.

"We sort of said, 'this stuff actually sounds alright,'" said Taylor, a 19-year-old percussion student at Humber. "So we decided to have fun with it."

The two of them eventually recruited bass player Matt Jameson, a second-year film student at Humber, and The Junction was formed.

They created enough songs to record a demo with the help of producer Greg Dawson at Harlow Studios.

The band scored gigs at various venues around Toronto including The Horseshoe Tavern, Lee's Palace, and most recently at Caps.

Thanks to a mix of influences, including Radiohead, Jamiroquai, Michael Jackson and Groove Collective, the Junction have created a unique sound.

"It's very hard to stick our music into one category. Someone after a show had called it 'progressive university music,'" Taylor said. "I find that's alright to say, but no one gets it."

The band has hopeful dreams for the future, but is keeping things in perspective.

"We all have the same dream, which is to take this band as far as it can possibly go and get our music exposed to as many people as possible," Taylor said. "But basically it comes down to the same idea, just to have the best time we can, and to make the most out of this."

Recently, the band returned to the studio, with Dawson producing, and are happy with the results.

"We are all very pleased with our newest recording and can't wait to get it out," Taylor said.

They hope to have their new disk ready by the end of November. It will be available at all their shows and through the band's "soon to be created" Web site, www.thejunction.ca.

For those interested in purchasing their first CD, or who would like to know upcoming concert dates, join the mailing list by sending an e-mail to junction_music@hotmail.com.



Brampton's The Junction are pleased with their newest CD, so watch out for it in November.



Bar Life is the new series that gets you inside cool Toronto bars, and it premieres tonight at 10:30 on the Life Network.

Check the bar scene from your living room

By MANUELA SPIZZIRRI

If you're over 19, you've probably been to a bar at one point or another. But have you ever wondered what goes on behind the scenes?

Bar Life is a series documenting the owners and employees at six different Toronto nightclubs.

The first of the "six-pack of documentaries" features The Reservoir Lounge and premieres tonight on the Life Network at 10:30 p.m.

"Every bar has interesting owners and staff," said Keith Holding, series producer, director and editor. "Every bar is unique. We dig out the personal stories and also information on where the bar came from."

The series is based on the idea that every bar has a life and every life has a story.

Holding, who has vast experience in feature film, TV and other media productions, is one of the series' three producers.

His partners are associate pro-

ducer/writer, Diane Robinson and head writer/creative collaborator, Ron Leblanc. Robinson and Leblanc are former owners of The Coloured Stone, one of the entertainment establishments featured in the series.

The birth of the series was accidental. The story began when The Coloured Stone bar received a hike in its rent and decided to change the dining lounge into a broadcast quality Web-casting studio to attract bar-hoppers and Web-surfers.

Holding, producer/director of MediaTribe Interactive, was in the process of creating an interactive drama series in a bar.

While Holding was helping with the Web-cast, The Coloured Stone became the subject of his documentary. The bar went under, but Holding, Robinson and Leblanc concluded that a good story came out of the downfall.

The rest is history.

Holding said when choosing bars for the series, they looked for

interesting owners, characters and good entertainment value.

The series airs for six consecutive weeks. The lineup includes: The Reservoir Lounge, The Coloured Stone, El Convento Rico, The BamBoo Club, Dora Keogh and The Cameron House.

"Once the first six shows go on the air, we hope things will open up," Holding said. "If we get a sale in the U.S., we'll take it on the road and maybe all over the world."

The show is already receiving notoriety. The Coloured Stone episode is currently being featured at the New York International Film Festival in Las Vegas until Nov. 24. The San Jose Cinequest Film Festival (Feb. 27 to March 9) has also extended an invitation.

"I put my heart and soul into every one of these," Holding said. "I hope it shows."

Holding assures the series will not stop at a mere six episodes.

"This will go on for years," he said. "This is just the beginning."

Etc.

Jazz Juno nominee stopped in at Humber yesterday to speak to aspiring musicians

By IRENE RUNDLE

If you love jazz, you should check out The Kate Hammett-Vaughn Quintet playing every night through Sunday at The Top O' the Senator.

Kate Hammett-Vaughan started singing when she was 15 years old. Thirty years later, this jazz vocalist is still belting it out.

Not only is this music veteran still standing on stages and singing jazz standards, she is also a full-time teacher in Vancouver. She has found time to visit Humber to talk to students about song interpretation and improvisation.

Hammett-Vaughan and pianist Chris Gestrin visited Lakeshore Campus yesterday to put on a vocal workshop for aspiring singers and jazz vocalists.

She emphasizes jazz standards are open to interpretation and that attention to lyrics and their meanings is of utmost importance.

"[There are] a lot of opportunities to express yourself over these tunes. I'm just basically going to talk about ways of thinking about that," she said

"I'm always telling my students and myself that singers are the only instrument that have text to work with."

last week during a phone interview.

"I really want to express the text in the song. I'm always telling my students and myself that singers are the only instrument that have text to work with. I think it's really important to take the lyrics of the tune seriously and to really try to tell the story," she said.

The *Devil May Care* tour, named

after her latest CD, was what brought her to Toronto and gives her another reason to be here this week. The tour started in Western Canada, and after performing in Edmonton, Regina and Medicine Hat, Hammett-Vaughan and her band are spending six nights at The Top O' the Senator here in Toronto.

Top O' the Senator sits on top of The Senator restaurant at 249 Victoria St. Hammett-Vaughan said that this gig is a rare treat.

"That's a lovely opportunity for us. Not only to play in this prestigious, elegant room but to have an opportunity to play for six nights in a row is quite astonishing in music these days," she said.

The Kate Hammett-Vaughn Quintet will perform at The Top O' the Senator until this Sunday evening. Cover charge is \$14 and is on a first-come, first-served basis. Doors open at 8:30 p.m.



Kate Hammett-Vaughan was at Lakeshore yesterday.

November 26th

DJ CLASH

@ CAPS

9:00 PM

Featuring

World Champion

Turntablists

FUNKY TEKNICIANZ

NO COVER

Doors open @ 9:00 pm

All ages event

HSF

Humber Students' Federation



Reviewed this week: The Donnas in concert

By ANTONELLA LOMBARDI

Success is definitely something new for Palo Alto, California natives The Donnas, but for a room full of people at the Opera House, it was rock n' roll.

The Donnas played a sold-out show Nov. 6, only their third time playing in Toronto and the first time the foursome was promoting a major label debut, *Stay the Night*, on Warner Records.

Due to criminal records and problems associated with bonding merchandise, opens The Campfire Girls and Your Enemies Friends did not play.

Instead, Toronto band, Cheerleader, rocked the crowd for 40 minutes with their energetic set of old-school punk rock, which included a Ramones cover.

The Donnas front woman Donna A (a.k.a. Brett Anderson), took the stage at 11 p.m., along with the rest of the band, and enthusiastically asked the crowd if they were ready to rock n' roll.

The band opened their set with "Are you gonna move it for me", off of their last album *The Donnas Turn 21*.

These girls are young, but initially came together when they were in grade eight, as a way to show the guys in their school that

girls can rock just as hard as the boys.

Their energy-packed set proved them right.

Looking around, it was easy to see the female gender heavily outnumbered the male. But, The Donnas know what it takes to be successful: pigtails, perfect makeup and sexy lyrics about partying and talent.

It is no surprise that with a strengthened sound and five albums under their belts, The Donnas are exploding in the industry.



The Donna's recently rocked a sold-out show at the Opera House in Toronto.

What's up?

•Get out and see a play: *Death of Socrates* is running until Dec. 1 at the Artword Theatre. For ticket info call (416) 504-7529.

•Tori Amos plays the ACC on Friday, Nov. 22 at 7:30 p.m.

•Canadian Interuniversity Sport football at its best! The Vanier Cup hits the SkyDome on Nov. 22 - 23. Call (416) 870-8000 for more information or visit www.ticketmaster.ca.

•8 *Crazy Nights* with Adam Sandler comes to theatres on Nov. 27.

•Jeff Healy's nightclub hosts Karaoke Tuesdays and showcases new musical talent every Wednesday. Admission is \$6. Call (416) 703-5882 for more info.



Correction

The above photo appeared in last week's issue. The photographer was actually Phil Bernardo.

-with files from Kristine Hughes

Etc.

U.S. offers Canadian nurses more money and opportunities

Ontario nurse shortages

By ALICIA REWEGA

Canada will suffer from a shortfall of 113,000 nurses in just over 10 years, and the number of new graduates will fail to cover the shortage, says the latest report from the Canadian Nurses Association.

Ontario is one of the largest contributors to the shortfall, which has the second lowest registered nurse-per-population ratio in Canada.

Ontario would require over 8,000 nurses today just to reach the average RN-per-population in the country, the report said. In Ontario there are 68 nurses for every 10,000 people.

Kimberley Kearsy, communications officer for the Registered Nurses Association of Ontario (RNAO), said many Canadian nurses move to the U.S. for higher salaries, full-time positions and opportunities for advancement.

"A lot of them here in Canada are part-time or casual and in the states they do not need to juggle three jobs at one time to live," she said. "A lot of them end up in Texas where they have a signing bonus."

The College of Nurses of Ontario revealed that from 2000 to 2001 Ontario lost 1,762 Registered Nurses (RN's) and the Canadian Institute for Health Information (CIHI) recently released a report showing that between 2000 and 2001, Ontario lost the most nurses in the country.

Christopher Cole, a second-year Practical Nursing Student, said nursing shortages are discussed in his classes.

"Many nurses are working extra shifts to cover the shortage and burn themselves out. They wind up leaving the profession or taking

time out, which only makes the shortage worse," he said. "Nursing is definitely not for everyone."

Kearsy said shift-work, salary and lack of full-time positions are all contributing factors to Canada's alarming nurse shortage.

The RNAO organizes career fairs and presentations to encourage nursing as a profession like career fairs and presentations.

The latest nurses career fair took place Nov. 4, at the Marriott Eaton Centre on Bay Street and

"Many nurses are working extra shifts to cover the shortage and burn themselves out. They wind up leaving the profession or taking time out, which only makes the shortage worse."

featured guest speakers like Cathy Crowe, a street nurse who recently worked with the homeless of Tent City.

Kearsy said Crowe's presentation demonstrated to students there is much more to nursing than conventional jobs in a hospital.

Cole said nursing is a challenging career.

"The ideal person for the job is someone who doesn't need routine and structure, someone with a lot of energy," he said.

When Humber students were questioned about their interest or disinterest in nursing as a profession the responses varied.

"It's a depressing environment, everyone in there has suffered one

way or another," Miako Kawasaki, a first-year Health and Fitness Management student said.

"I don't like to see people suffer. The type of person for nursing is someone comfortable in an atmosphere of pukers and bleeders. Everything a mother is for her child is what a nurse should be...with every patient," Kawasaki said.

Kevin Booth, a first-year Chemical Engineering Technology student, said he feels there should not be any sex boundaries in the health care profession.

"Sometimes there is sexism towards men who want to become nurses," he said. "Besides that repeating stereotype, I wouldn't mind being a nurse, even though I'd probably take some heat from my buddies."

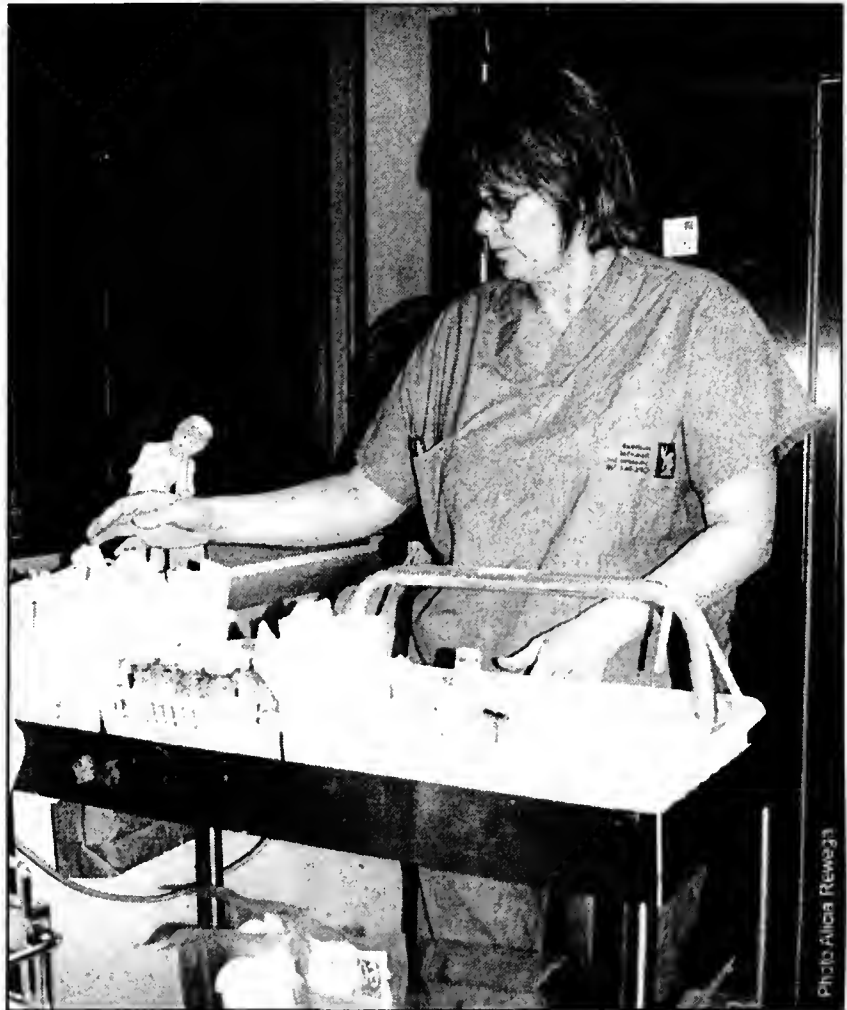
By 2005, the federal government will require students to obtain a bachelor degree in order to graduate as a nurse.

Cole said he made it just in time, since this year is the last year to become a nurse with a diploma alone.

He also said the tuition cost for the new B.A. requirement and the time needed to obtain it will discourage students from nursing even more.

However, the nationally recognized problem is being taken into serious consideration.

In June, the Ontario government announced that over the next four years, university-college nursing



Over the next four years, university-college nursing programs will receive \$50 million in funding from the Ontario government.

programs will receive \$50 million in funding.

The RNAO is working towards increased marketing, recruitment, reducing workloads, and reaching 70 per cent full-time employment for nurses.

Half of HIV cases in Canada are youth

By ANDREA MAMMOLITE AND DANA ALEXANDER

Approximately half of new HIV infections in Canada are diagnosed in people aged 15 to 24, according to AIDS researchers

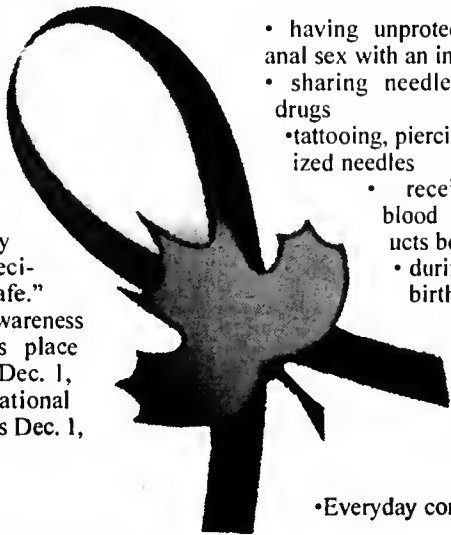
The Canadian Foundation for AIDS Research (CANFAR) reports that although the number of AIDS cases is falling, the number of HIV infections is on the rise.

Tania Little, a director of national programs for CANFAR, said her job is to educate Canadian youth about the disease, how to protect themselves and the consequences of their behaviour.

"Students are coming into a time in their life when they're more likely to engage in risky behav-

our," she said, adding this puts youth at greater risk for contracting the disease. "It's a really simple decision to be safe."

AIDS Awareness Week takes place Nov. 24 to Dec. 1, 2002. National AIDS Day is Dec. 1, 2002.



I can get infected by:

- having unprotected vaginal or anal sex with an infected person
- sharing needles for injecting drugs
- tattooing, piercing with unsterilized needles
- receiving infected blood or blood products before 1985
- during pregnancy, at birth or through breast-feeding

I can't get infected by:

- Everyday contact

- shaking hands
- kissing and hugging
- coughing or sneezing
- donating blood
- swimming pools or public toilets
- sharing bed linens eating utensils and food
- mosquitoes and other insects or animals

What if I become infected?

People who become infected may not feel or look sick for several years after becoming infected, although they are able to pass on the virus during this time.

The immune and nervous systems are weakened, and those infected can contract diseases and/or cancers which can kill them.

For Your Own Good

Nov. 26
• AIDS awareness displays at Lakeshore campus. Toronto Public Health Dept. will provide quizzes, a video and free condoms. 11 a.m. to 1 p.m.

Nov. 28
• AIDS awareness displays at North Campus. Quizzes, a video and free condoms available from the Toronto Health Dept. 11 a.m. to 2 p.m. in carpeted area near the concourse.

Nov. 30
• For the Love of Breasts, 4th annual fundraiser to benefit the Canadian Breast Cancer Foundation. York Event Theatre, 101 Eglinton Ave. E., 9 p.m. Info: (416) 406-0046.

Blood Donor Clinics
1-888-2DONATE for locations, times and appointments.

Etc.

Father and son cycle across country for diabetes research

By LISA HARRIS

Humber graduate Mark Winegarden is a paramedic-turned-motivational speaker, and he's cycling across the country to spread the word about diabetes.

Winegarden changed his lifestyle in 1998, when he was diagnosed with diabetes type 2, and then he felt something needed to be done to raise awareness about the disease. "I love what I do. I love that I've become an advocate for diabetes," Winegarden said last Thursday at a diabetes event held at the Ontario Science Centre.

The evening was designed for people with the disease, and organized by people affected by it.

From May to September, Winegarden and his 13-year-old

son, Adam, completed a cross-country cycling tour, called DMC, which stands for diagnose, manage and cure, three goals important to Winegarden.

"On May 1, 2003 I will hopefully, with my son at my side, leave the west coast and do a reverse tour promoting Diagnose, Manage and Cure," Winegarden told an audience of 200 at the seminar.

"I love what I do. I love that I've become an advocate for diabetes."

"This evening was wonderful," Winegarden said after the event, which will be aired on Rogers Cable. "People gathered here want to know, or are affected and do know about the disease. It was a privilege to address this type of audience."

Another speaker, Christine Smith from the Saskatchewan Diabetes Association, explained how the disease largely affects



Dave Winegarden, left, and his son, Adam, started their own fundraising foundation and toured across Canada on their bikes to raise awareness and funds for diabetes.

society.

Besides speakers, the event featured information booths on medication, healthy eating choices and support chapters from around Toronto.

Chapters provide support for

families to meet and discuss feelings as well as new medications.

The Etobicoke Chapter holds meetings four times a year. The next one is on Dec. 5 at the Civic Centre, 427 Burnhamthorpe.

"I think it will be very inform-

ative, and there will be a question and answer period with a guest speaker doctor," Elena Stocks, head of the chapter, said.

For more information on the Etobicoke chapter, call (416) 245-8393.

Healing yourself the natural way

By JACQUELINE BOULET

While on the road to treating her daughter's attention disorder, Liza Olhovsky found a new career path for herself.

After various conventional methods failed to treat her daughter, now eight, Olhovsky turned to alternative methods for ideas.

Through natural supplements and education on nutrition, she found a way to control the ADHD and trained to become a registered holistic nutritionist.

Treating various medical problems like anxiety, acne and arthritis can be done without prescription drugs and the side effects that go along with them.

Olhovsky said holistic medicine focuses on the body as a whole, and that healing should include the mind, body and spirit.

"What I do is heal certain problems with nutrition and supplements," Olhovsky said. "I educate my patients on long-term lifestyle changes that will be much more effective than something you try for two weeks to see what happens."

Naturopathy and holistic medicine have the same basic foundations, using all-natural remedies and diet changes to treat illness.

According to Olhovsky, a diet change along with solid spiritual and physical outlets is a drug-free alternative that has no negative

side effects.

"I not only treat my clients, but I show them their personal health, leaving the change dependent on the individual instead of some pill they pop every morning," she said.

Vanessa Petz, a third-year History student at McMaster University, said she went to a naturopath for an alternative to heavy drugs following a period of anxiety attacks.

"My doctor wanted to give me some sort of serotonin lifter, and I didn't want to take those drugs."

Petz said she feels safer knowing she is using natural remedies.

"Pills only cure the symptoms, not the problem. Some antibiotics have really bad side effects, and I

don't want to become a different person because of drugs," she said.

Holistic services are not covered by OHIP and most doctors do not need a referral from your family doctor.

Initial consultations with a holistic or naturopathic doctor usually cost between \$100 and \$150,

and appointments after that range between \$45 and \$60 per session.

"My first consultation consisted of a lot of emotional questions about my mind, body and spirit," Petz said. "The process of healing is longer than a regular doctor, but if I'm fixing [the problem] for good, it's worth it."

Ask the nurse

North Campus Health Centre nurses answer your questions...

Q: If you are having sex on a regular basis, is it important to get an HIV test?

A: While being tested for HIV can assure whether or not you have contracted the disease, you shouldn't use these tests as a reassurance.

It takes a minimum 14 weeks for blood to convert to HIV positive after exposure.

Some people are tested about 14 weeks after a possible expo-

sure incident. Another test is done one year after exposure.

The best reassurance you can give yourself is to prevent contracting HIV or any STD by using latex condoms.

Many people want to be tested only after the damage is done.

Serial HIV tests usually mean you are engaging in risk behaviour by not using condoms, and that should be the worry.

If by chance you are in a sexual situation without a condom, there are other fun things you can do to pleasure your partner and yourself without having intercourse.

You shouldn't want to risk any STD or even pregnancy for one exciting romp.

Since there are no cures available for viral STDs like HPV (genital warts), HIV and AIDS, there is no bailing out once you've contracted them.

Therefore, it is more important to take the necessary precautions to avoid infection.

Health question? Ask the nurse. Questions answered weekly and kept confidential. Send e-mails to: humberhealth@hotmail.com

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The Friday after Next STC - 12:45, 2:45, 5:00, 7:10, 9:10	The Friday after Next STC - 12:45, 2:45, 5:00, 7:10, 9:10	The Friday after Next STC - 12:45, 2:45, 5:00, 7:10, 9:10	The Friday after Next STC - 12:45, 2:45, 5:00, 7:10, 9:10
Half Past Dead STC - 12:30, 2:30, 5:10, 7:25, 9:55	Half Past Dead STC - 12:30, 2:30, 5:10, 7:25, 9:55	Half Past Dead STC - 12:30, 2:30, 5:10, 7:25, 9:55	Half Past Dead STC - 12:30, 2:30, 5:10, 7:25, 9:55
Harry Potter & Chamber of Secrets PG - 12:15, 1:15, 3:30, 4:20, 6:45, 8:00, 9:45	Harry Potter & Chamber of Secrets PG - 12:15, 1:15, 3:30, 4:20, 6:45, 8:00, 9:45	Harry Potter & Chamber of Secrets PG - 12:15, 1:15, 3:30, 4:20, 6:45, 8:00, 9:45	Harry Potter & Chamber of Secrets PG - 12:15, 1:15, 3:30, 4:20, 6:45, 8:00, 9:45
8 Miles AA - 1:45, 4:15, 7:15, 9:50	8 Miles AA - 1:45, 4:15, 7:15, 9:50	8 Miles AA - 1:45, 4:15, 7:15, 9:50	8 Miles AA - 1:45, 4:15, 7:15, 9:50
The Santa Clause 2 F - 12:00, 3:15, 6:30, 9:00	Treasure Planet PG - 12:00, 2:10, 4:30, 6:30, 8:00	Treasure Planet PG - 12:00, 2:10, 4:30, 6:30, 8:00	Treasure Planet PG - 12:00, 2:10, 4:30, 6:30, 8:00
The Ring AA - 1:30, 4:10, 7:20, 9:40	Adam Sandler's 8 Crazy Nights PG - 1:20, 3:20, 5:20, 7:20, 9:20	Adam Sandler's 8 Crazy Nights PG - 1:20, 3:20, 5:20, 7:20, 9:20	Adam Sandler's 8 Crazy Nights PG - 1:20, 3:20, 5:20, 7:20, 9:20

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Etc.

On Campus

Help with writing is not far away

By REBECCA GORDON

If your grammar is lacking and your spelling is atrocious, you may want to visit Humber's Writing Centre this semester.

"We are really two centres in one," Writing Centre Technologist, Franc Jamieson, said. "We are both a writing centre for the Humber population and we are an upgrading centre."

"The type of help we offer ranges from basic language issues for learners of English as a second language to the formulation of an

effective thesis for a research paper," he said.

Jamieson said the centre is not for grammar and spelling alone. The Writing Centre can offer help in developing a variety of documents.

From 11:45 a.m. to 4 p.m. Monday to Friday, students who wish to improve their writing skills may drop in to the Writing Centre. It is recommended you make an appointment as time slots fill up at least a week in advance.

Early mornings and late afternoons are devoted to the

Upgrading Centre.

The Upgrading Centre was set up due to the large amount of students taking Communications courses.

According to Jamieson, when a student passes their term work they write a final proficiency exam. If they pass the exam they continue to the next Communication level. If the student fails, they are sent to upgrading.

"The students come for an entire term. Instead of being in a classroom, they work one-on-one with one of our tutors. They are put

in a special program that we administer, called the upgrading program," Jamieson said.

In the Upgrading program, feedback is important in helping students realize where they went wrong. Students bring their assignment to a tutor who reads it and determines the best steps in helping the student.

Jamieson encourages students to revise work as that is where real writing takes place.

"Very often the students that fail the Comm proficiency do so because of errors in grammar," Jamieson said. "We have grammar handouts for the students to work on and we have a computerized grammar program."

The Writing Centre's open atmosphere has helped to produce a 90 per cent success rate with regards to upgrading.

The Writing Centre is located in the D building, room 225E.

Humber students will have more say next year

By JASON MADGDER

The Humber Students' Federation is one step closer to instituting a program that will give students a louder voice in the college next year.

The Director/Representative project, which would consist of one representative from each program at Humber, was passed by the board of directors last Wednesday. The only thing holding the program back from being official are proposed constitutional changes, to be voted on at the next board meeting, Dec. 4.

"It's been a long battle, but it looks like it's finally coming to pass. I'm really happy about that," HSF President Craig Wilson said.

The proposed changes in the constitution will consist of adding a section for representatives and changing the way directors are elected. Wilson said from now on, directors will be chosen by the elected representatives from their schools.

"The reps will elect the best

candidate," he said. "Whoever has the most time, a good speaker, whoever is best at representing the group will be selected and go forward as a director."

This program was designed to make students more aware of what is going on at Humber. If students have a problem, the reps will ensure students concerns are addressed.

Wilson has been working on this project since May and lately has been getting a positive response from deans and program coordinators.

"Early in the summer there was some hesitation, but maybe it was because they were confused with what we were going forward with," Wilson said. "But we explained to them that the coordinators or staff

didn't have to do anything extra."

Another proposed constitutional change will be to implement online voting, when the representatives are to be elected in March.

Once program reps are elected, HSF executives and directors can be voted on.

Wilson said he believes the program should increase the quality of student leaders at Humber. He added that just because students are representatives of their programs it doesn't mean there needs to be a major time commitment.

"It wouldn't take much at all. How we see it, the reps won't have to meet in a room in a set time or anything, although a room will be provided. They can even have all their discussions using MSN Messenger," he said.

Clubs are sanctioned, up and ready to roll

By NATALIE MANDIC

Whether you are electronically-minded, concerned for the environment, or spiritually active, there is a club for you at Humber.

The HSF recently sanctioned 10 clubs and another five to seven will likely be added to the list by Feb. 3, which is the final deadline for club submissions.

"Each club is here to represent a different body, and each club is of interest to different students," VP Campus Life Rishi Gupta said.

In order for a group to be recognized as an official club at Humber, it must be sanctioned by the HSF.

To obtain sanctioning, club organizers must first complete an information package, detailing what the club will be doing and the approximate budget. They

must then attend a meeting to verbally present their idea to designated HSF members.

"We provide them with funding, HSF support and offer our services to them in order to help them plan events and such," Gupta said. "Also, only a sanctioned club will be listed on our Web site."

"The way we feel is that we don't like to say 'no' to a club unless there is a similar club in which case we would then ask them to amalgamate or if the club might be representing a cult of some sort," Gupta said. "We usually don't say 'no' to a club, because we like to promote as much involvement in the school community as possible."

Check out www.hsfweb.com for an updated list of clubs that may interest you and information on how to get involved.



Sarah Newell, John McCabe, Shanti Persaud, Amanda Schaub, Daintry Robson and Lynda Greenman can all be found in the Career Centre to help out and answer students' questions.

Get focused on the future at the Career Centre

By ANDREW SMITH

Whether you are writing a new resume or putting the finishing touches on a professional portfolio, the Humber College Career Centre can help you.

Located in H107, it has all the resources a student needs to find a job, including free fax, photocopy and printing services for employment purposes. Business manager Karen Fast says the free services are a great draw for students and help spread word of the Career Centre.

"For me, it's the best way to market," Fast said.

The Career Centre also offers resume assistance, mock interviews and business card development, all free of charge.

The centre does charge a \$2 fee on disks to cover cost replacement.

The disks are specific to each program offered at Humber, and are pre-loaded with advice on resumes, cover letters, and reference pages, as well as up-to-date Web sites.

"The disk is really helpful, because it can be used as a template for your resume," Fast said. "You can basically just go in and

change the name, change the address and really get a good start on your resume."

The Career Centre has been partnered up with Workopolis Campus, so that if students go to www.workopolis.com and use the password "hcollege," they will have access to ads for full and part-time jobs.

First-year Tourism and Travel student Nicholas Portugal has used the centre before to read the reference materials and ask some general questions. He realizes how important a resource it is for students looking for employment.

"It should be very relevant for someone who is into job hunting," Portugal said.

Fast stresses the staff in the Career Centre try to answer any questions that students have and give whatever help they can.

"We want them to know we're here for them, and we can probably resolve some of their questions and some of their issues probably a lot quicker than they thought they could," Fast said.

The Career Centre is open from 8:30 a.m. to 4:30 p.m. for full-time students and from 5:30 p.m. to 7 p.m. for night students.



Photo: Adam Choer

HSF President Craig Wilson is the architect behind the Director/Representative project

Etc.

When life hands you lemons ...

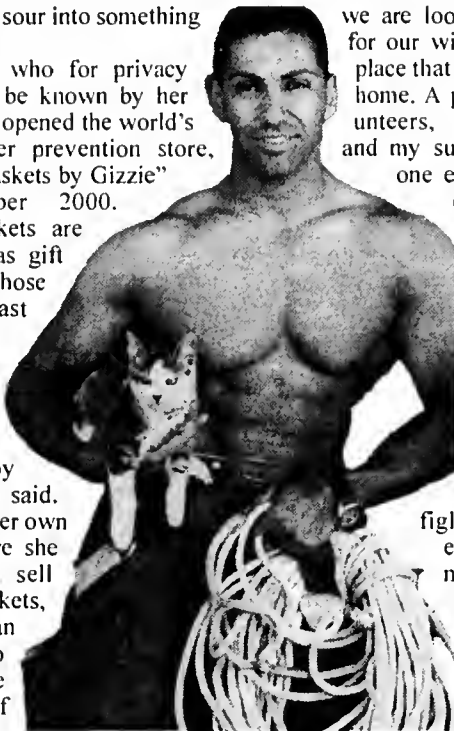
By MARSHA KNAPP

Gizzie's like the energizer bunny. She just keeps going and going and going.

"The first cancer was ovarian, and my son was in my womb," she said. "And, I've had six cancers in his lifetime. You have to make something sour into something sweet."

Gizzie, who for privacy prefers to be known by her nickname, opened the world's first cancer prevention store, "Breast Baskets by Gizzie" in October 2000. Here, baskets are available as gift ideas for those with breast cancer.

"This was her dream," Gizzie's Aunt Joy MacArthur said. "To have her own store where she could sell breast baskets, which can be given to people instead of



flowers."

Most importantly though, 10 per cent of all sales go toward Gizzie's Pink Braided Wishes, Canada's first adult wish foundation. She started this registered charitable foundation almost two years ago.

"That's why I announced we are looking for a home for our wish foundation. A place that everyone can call home. A place for my volunteers, my firefighters, and my survivors and anyone else that wants to come and talk," Gizzie said.

The Toronto firefighters are a large part of the foundation's fundraising efforts.

"Gizzie and her firefighters," a calendar featuring a firefighter posing for each month, is now available for 2003. All proceeds go towards her foundation.

"It's incredi-

ble. She's one of a kind," Emile Marino, the calendar's November attraction, said. "She reminds me of my own mom because she's so giving, always thinking of others and never once does she think of herself."

Marino was instantly touched by Gizzie's attitude.

"Every person she talks to, she touches in a positive way," Marino said. "And somehow she touches their heart. She knows how you feel. She's seen the dark side of everything and she shows you the light."

Carmelina Trimboli, a graduate

"I'm a six time cancer survivor. I could be just sitting in my house, but I'm not helping myself or someone else that way."

from Humber's Photography and Advance Photographic Technique program, helped design the calendar. Her own family has been touched by cancer many times.

"It's inspiring just thinking of how she's survived six cancers and can still be fun-loving and cool



It's Raining Men: Some of Toronto's finest firefighters posed for Gizzie's calendar hoping to raise a lil' temperature on their own.

about everything," she said. "This makes you think to yourself that you can do something just the same."

Gizzie came to Toronto after finishing nursing school in London, Ontario. She's worked in a seniors home, a private practice delivering babies, and as a registered nurse in an oncology/hematology clinic.

Now, she is fulfilling what she believes is her purpose.

"My gift is to share my story. I

don't want to leave this earth and not leave my footprints. I have to share this with the world," she said.

Gizzie said by helping someone, it makes her journey worthwhile.

"I'm a six time cancer survivor. I could be just sitting in my house, but I'm not helping myself or someone else that way," she said.

For more information, visit Gizzie's Pink Braided Wishes on the Web at www.gizzie.ca, or call (416) 789-3313.

Every girl's best friend

By BOBBI THANDI

The bond between a woman and her shoes is fiercely strong and yet unexplainable.

It's a relationship that has bogged the minds of boyfriends, husbands, fathers and sons. But to understand it, is to be a woman.

"Buying shoes is just such a high for me. It's rare that I'll go to the mall and not find a pair of shoes that I have to have," Neena Bains, a hospitality student, said.

Retro runners seem to be high on that must-have list. Stores like Roots and Banana Republic are quickly designing footwear so customers can take a step back in time.

"The retro style of running shoes is becoming very popular, especially among women," Matheus Passos, a sales associate at New Balance, said.

Even bowling shoes from the '50s are making a comeback.

"The cycle of fashion usually works on a 100 year basis and the period gets smaller and smaller. Recently, it was working on a 50-year cycle which means the stuff that was in style then, is in style now," Jennifer Mason, a fashion student, said. "So the shoes in the '50s and '70s are brought back. Designers started using those again because they look to the past."

For most women, the thrill lies in finding and owning that perfect

shoe that matches to each item of clothing in their wardrobe.

"I don't really think about why I love shoes, it just feels so gratifying when I have the exact shoe I need to go with something I have in my closet," said Andrea Brown, a customer of Boardwalk Shoes in the Woodbine Center. "And what girl can turn down a 'buy one, get two free' deal?"

In the world of retail, there will always be a strong market for women's shoes. Display windows are designed to catch a woman's attention.

"There is a lot of research that goes into our displays. They all bring our target shopper into the store," Feet First manager Sandra Leduc said.

"Our top three target groups include women. Our store atmosphere is set on what will appeal to all types of women. This is as detailed as the type of music we play to the way our shoes are displayed."

Women's fashion shoes are a huge industry. That unexplainable bond is everywhere, from fairytales like *Cinderella*, to the girls on *Sex in the City*.

"My boyfriend doesn't understand it at all," Amy Pham, a General Arts and Sciences student, said. "He gets annoyed every time I want to go to a shoe store, but a girl and her shoes is something a guy will never get."

- With files from Melissa Louie



Try it on for size: Like everything in style this season, stripes are a hit right down to shoes.

The world of piercings

Far East fad makes its way to Canada

By JAMES ROSE

Piercing sensitive parts of the body for eleven years may seem weird or difficult, but for Blair it's just another simple day at the office.

"I've done them so much that nothing is complicated anymore," Blair, who prefers not to give his last name, said.

He mentioned that because it is such a fashion trend now people take more time to second guess a piercing.

"They knew inside their minds that it meant a lot to them," Blair said.

But the traditional ear isn't what makes Blair's career interesting.

Pearling, a trend that started in Japan, is gaining popularity here in Canada.

Pearling is done by taking a Teflon grade bead and implanting it under the skin of the penis. Traditionally, it was done in prison and for every year a prisoner served, they received a bead.

Going the extra mile to educate people on their new piercing is

something that Blair takes pride in. With a minimum appointment time of a half an hour, he consults with his client on maintenance of their new piercings.

"By the time they leave here they understand everything," Blair said. "They have a solid understanding, so they know how it will affect their body."

Piercings in sensitive areas like the penis take a lot of precision. Winging something like an ampallang or an apadravya is not recommended.

These piercings go through the head of the penis and are placed strategically around the corpus cavernosum or artery.

"If you hit it wrong they could bleed to death," Blair said.

"Piercings are put in for a certain reason and people might try it without knowing everything there is to know, Blair said. "Infections are easy to get if you don't know what you are doing."

Blair suggests if you are going to get a piercing, "don't go for the cheapest. You want to go for a qualified artist because you get what you pay for."

For more information, you can call Blair's store, Passage, by calling (416) 929-7330 or visit www.byblair.com.

It's all in the fist

Tournament wrapped up in Toronto with new champion

By NICK RAPP

A vocal and animated crowd watched as the championship came down to one final moment.

The decisive throw on Nov. 16 could have gone either way. When the throw finally came, the crowd erupted as Peter Lovering of Toronto became the 2002 World Rock, Paper, Scissors Champion.

Lovering, sporting a light green bathrobe and a dark green cowboy hat, crushed his opponent with the rock to defeat his opponent's scissors on the final throw. He narrowly won the three sets of five matches.

Eating five to 10 servings of fruits and vegetable in part with a healthy diet can help reduce the risk of cancer, heart disease and stroke.

"A diet high in vegetables and fruit may reduce risk of cancer by stopping normal cells from changing into cancerous ones," Cook said.

game system.

Lovering said this year marked the first time he has competed since he won the title in 1974 when he was only seven years old.

"It's universal," Lovering said about the cult following of the World Rock, Paper, Scissors competition. "It's becoming a much bigger thing."

According to the World Rock, Paper Scissors Society's Web site, over 600 people attended the event which featured 256 competitors.

Lovering said the appeal of the

The competitors played in qualifying

groups of eight. The number was then weeded down to 64, then 16, until after almost four

hours the two finalists squared off.

Most competitors were there to have fun and play the game they love. One fan and competitor even likened the championship to one of sport's biggest events.

"It's just like how you hear about the Olympics," Jamie Peterson said, when asked about how he came to be involved with the competition. "It's a well known event."

Peterson, wearing a monkey costume, said he wasn't surprised at the number of people who showed up. He thought there would be even more people attending the competition.

Even so, not all of the competitors were aware of how big the event actually was.

"I didn't know how many people enjoyed rock, paper, scissors," said Cody Finney, another contestant who showed up in costume with a shaggy blonde wig.

Finney said he heard about the competition by word of mouth and the Internet. He admitted to having a good time even though the competition cut him up.

"We made up a couple of our own little moves but they didn't work," he said.

The host of the evening, Michael Booth said he believes "The Great War" would have turned out much different had rock, paper, scissors been involved.

"If only the Kaiser and the King could have sat down and done what we are doing this evening, so many lives would not have been lost," he said.

Be sure to think twice about what you throw next time. Just remember, it's all in the fist.

sport is very basic.

"It's a non-violent resolution process," he said, adding the game is pretty straightforward and it doesn't require an argument-mentality. "That's probably the appeal of it."

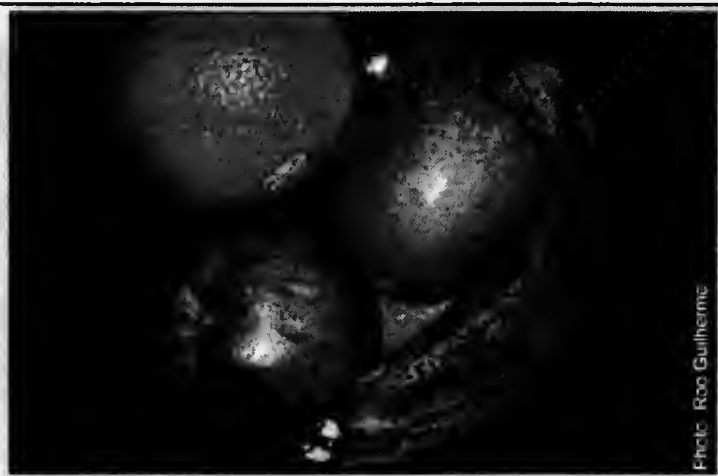
The Mockingbird, located

"It's universal. It's becoming a much bigger thing."

at 580 King St. West, was packed for the competition. The tournament at times became fierce, with some players reluctant to shake their opponent's hand because some say it's against protocol.

with

scores of 2-1, 1-2, 1-2, 2-0, 2-1 to take home the gold medal, \$1200, and an Xbox



Take your pick: Colours have different effects on your mood.

Moody blues

By BOBBI THANDI

An apple a day keeps the doctor away. But which is better? Red or green?

According to researchers, the colours of fruits and vegetables can positively affect our health.

"Plants get their colour based on the predominant pigment found in them. These phytochemicals act as antioxidants that mop up free radicals," nutritionist Doug Cook said.

Phytochemicals or plant chemicals protect the plants from the sun, microbes and other elements that could have an effect on the plant's growth. These chemicals can also help fight off illnesses.

To make the most out of the colourful options of fruits and vegetables, just follow the colour code.

Red and pink fruits and vegetables, like tomatoes, watermelons, red grapefruit and red peppers, contain antioxidants that protect against DNA damage, cancer and heart disease.

Blue and purple fruits, which include all berries, can help reduce the risk of tumor growths, cancer, allergies, ulcers, viral infections and heart disease.

Orange fruits and vegetables like carrots, mangoes, cantaloupes and peaches, can strengthen the immune system and protect the retina from radiation.

They also contain beta-carotene, which helps protect against lung, colorectal, breast, prostate and uterine cancers.

Dark Green vegetables like broccoli, kale, spinach, and brussel sprouts help the liver eliminate toxins. They are full of cancer fighting chemicals, and can reduce the risk of cataracts.

Eating five to 10 servings of fruits and vegetable in part with a healthy diet can help reduce the risk of cancer, heart disease and stroke.

"A diet high in vegetables and fruit may reduce risk of cancer by stopping normal cells from changing into cancerous ones," Cook said.

To veg or not to veg, that is the new-age question

Wise choice to consult a nutritionist before altering your regular diet

By SANDRA KIM

"There is a raise in the number of vegetarians at Humber, we are trying to meet everyone's needs," Lola Pyrz, manager of the Pipe, said.

Pyrz encourages students to use the "Let's Talk" board, located behind the cash registers, to comment on ways to improve food choices and selections.

Samosas, pastas and veggie

stews with tofu are a few of the new items introduced to the menu.

Grains & Greens, the salad bar in the cafeteria, presents a choice of stew or pasta with a side of vegetables, rice or salad everyday for less than \$5.

There are many forms of vegetarianism, the most popular being lacto-ovo vegetarian. These are individuals who do not eat meat, poultry and fish.

Another form is veganism, a more restrictive diet that eliminates all animal products like eggs, cheese, milk and gelatin.

The Family Health Survey conducted by the government of Canada from June to July 1996 found almost 65 per cent polled wanted to cut more fat from their diets. Furthermore, 40 per cent wanted to cut out more red meat.

Changing to a vegetarian diet without proper research or guidance can cause permanent damage to your body.

Consulting with a dietician or nutritionist is always a good idea. These experts have extensive backgrounds in the fields of health and science.

Vegetarians must also be con-

cerned with getting enough protein and vitamins from meatless diets. Proteins and vitamins are essential to the vegetarian lifestyle.

Vitamins B, B6 and B12 and calcium, all help promote the health of your body by providing energy, maintaining muscle, encourages production of red blood cells and antibodies and sustains a healthy appetite.

But if balancing proper meals is not always possible, vitamins are an easy alternative.

"I became a vegetarian five years ago because I was interested in the health benefits," Mary Seeman, a first-year Business Administration student, said.

For someone interested in becoming a vegetarian here are some simple steps to make the change comfortably:

- When preparing meals, gradually replace meat with vegetable substitutes and grains that are rich in protein.

- Do steer towards fresh vegetables, whole grains and soy products.

- Limit the amount of processed sugars and fatty foods in your diet.



The Pipe offers a wide variety of greens available to students.

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Poppy sales wither this season

September 11 cited as reason for last year's inflated sales

By AMBER TOUTANT

Black centre or green, poppy sales were down this year for the Royal Canadian Legion in Long Branch.

But assistant manager Ann Elliott didn't think the colour controversy had much to do with the

drop in sales. She attributed it to a surge in sales last year after the Sept. 11th attacks.

The Long Branch Legion only raised \$39,000 through poppy sales this year, compared to almost \$54,000 last year. All proceeds are used to fund services for war veterans and their families.

"I'm sure there are branches that do better and ones that don't do quite as well," Elliott said.

Although there was some confusion over the fact both green and black-centred poppies were being sold this year, Elliott said the

explanation is really quite simple.

"Because the black ones came out this year, we had green ones left over. We used those first, then we ordered the black ones," she said. "I don't believe any of the legions destroy [the green poppies]. The price comes out of our pockets so that wouldn't be very cost-effective."

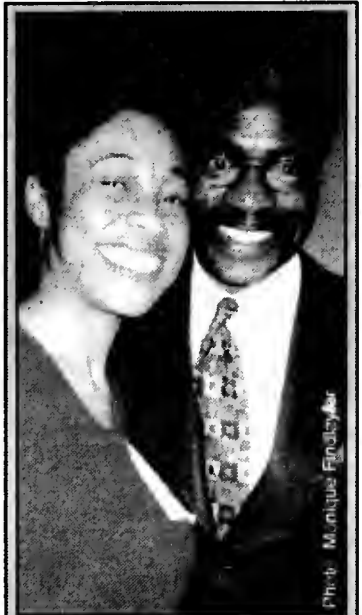
Although it costs about 7.5 cents to make each poppy, thousands of leftover green ones had to be sold before the switch was made.

In fact, the decision to return to

black-centres was made all the way back in 1986, but it has taken the production company 15 years to exhaust its supply of green felt.

Back when veterans still made the poppies by hand, they had a black centre like the real flower. But as the veterans aged and could no longer keep up with the demand, Dominion Regalia was hired to manufacture them.

"When the veterans stopped making the black ones and [the poppies] went to mass production, they were given green centres to differentiate," Elliott said.



Rubin "Hurricane" Carter is just one of the many examples of the unjustly imprisoned.

Righting wrongs for the wrongly convicted

By MONIQUE FINDLAYTER

Families pleading the cases of their imprisoned relatives marked the beginning of the second annual conference for the Association in Defence of the Wrongly Convicted (AID-WYC).

The story of Byron Case was told by his mother, Evelyn. Byron has already spent two years in prison for allegedly murdering a friend. His mother came from Kansas City in the United States to seek help from AIDWYC.

Rubin "Hurricane" Carter spoke at the conference. Carter spent 22 years in prison for a triple murder conviction that was later overturned.

Carter's plight was captured on screen by Denzel Washington, in the 1999 film *The Hurricane*.

According to Carter, he was released because his case was based, "on racism, rather than reason."

Today, "Hurricane" travels the world as a motivational speaker.

The conference, "Innocents Behind Bars" was held at York Theatre and Osgoode Hall at York University.

Johnnie Cochran Jr., who is best known for his defence of O.J. Simpson, told the conference that lawyers need "to strongly support the cause of the wrongly convicted."

The conference addressed the issues of race, poverty and the psychological trauma the wrongfully convicted endure.

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Sports

Basketball team focused after Mohawk comeback

By DOUGLAS JOHNSON

The Humber men's basketball team made their trip to Steeltown count and left with another road victory Tuesday night over the Mohawk Mountaineers.

The Hawks had the early advantage in the first half, but let a sizable lead slip away mid-way through the second half. The Hawks eventually put their game back on track down the stretch and pulled away from the Mountaineers with a 79-63 win.

The Hawks received a total team effort from both the starters and from the bench players, who had no problem stepping in and making big plays.

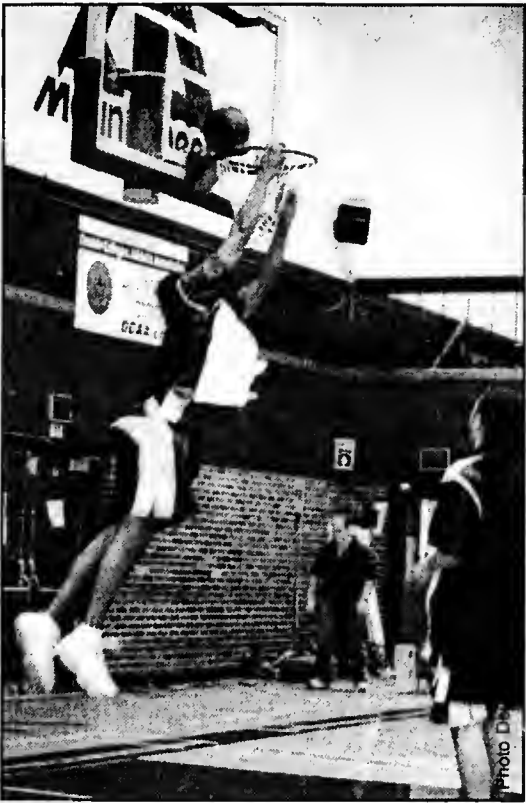
Humber had five players with double-digit scoring stats, with Tamique Young leading the way at 22 points. Raymond Morgan and Aron Bariagiabre each had 12 points while Jeremy Walters and Dejvis Begaj each put up 10 points.

Head coach Mike Katz said he was pleased with his team's effort, but noted the team had to eliminate turnovers.

"We ran our offence pretty well and defended for the most part," Katz said. "We just broke down a little bit by turning it over. We have a real problem with turnovers."

With the Mountaineers closing

in on the Hawks lead, Humber needed something or someone to get their momentum back. That something was a power dunk and



The Hawks Roger Scott slams down a dunk against Mohawk during Tuesday night's win.

Tsur down-played the dunk and gave credit to Jeremy Walters for finding him behind the defenders.

Tsur also said Humber's depth adds to their strength.

"That's why this team is so good, because whenever we're kind of down and the other team's catching up, we have a lot of guys that can come up with good plays and put us back on top," he said. "This time it happened to be me."

Jeremy Walters, who played almost 38 minutes, said the reason the Hawks didn't break when the Mountaineers pressed to tie the game is because the team stuck together.

"Being away from home it's kind of hard to keep a lead," he said. "But we kept our composure as a team, and we pulled through and at the end we opened it up."

Hawks forward Justice Rathwell said that the eight-day layoff between games may have caused some miscommunication on defensive coverage in the beginning.

"I don't know exactly what was going on, but there was a lot of mix up in communication out there at first," he said.

The Hawks play host to Sheridan College tonight in the Humber gym. Game time is 8 p.m.

that someone was Neriya Tsur.

Tsur took a pass from Jeremy Walters down low and slammed the ball with authority, bringing the Hawks bench to their feet.

Humber beats Grizzlies in close five set contest

By REBECCA VIRGIN

The women's volleyball team remains undefeated this season, after a close win over the Georgian College Grizzlies on Thursday.

The Hawks needed a fifth set to put the Grizzlies away but finished very strong winning the set (15-7).

But the game didn't start out well. The Hawks lost the first set 25-22, and looked frustrated. They were called on two rotation violations and argued two against the Grizzlies last Thursday. One was an un-called net violation for the Grizzlies, the other, a net violation called soon after on the Hawks.

They rebounded with a vengeance to win the next set easily (25-17). The Hawks then lost a closely contested third set, falling to Georgian 25-23.

In a must-win fourth set, the Hawks took care of business and won by a landslide, hammering

the Grizzlies 25-18. They carried this momentum into the fifth set to take the match.

"It seems like when we're winning we always let them come back," rookie Risha Toney said. She added the players were told

to keep working hard and not to let up.

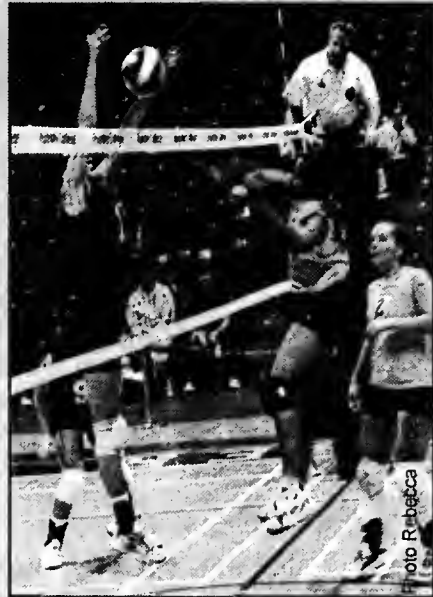
Toney was named one of the Hawks' players of the game and had 11 kills in the match. Elizabeth Sallas shared the honour with 22 kills.

"I was really proud of the girls," head coach Chris Wilkens said. "We've

been in a rut and we've been working our way out of it and this was a really good test of character to find a way to battle back."

The Hawks play two away games this week against Boreal College and Cambrian College.

"Cambrian always gives us a tough match. It's always usually us and them fighting out at the top of the league," Wilkens said.



The Hawks keep their streak alive against the Grizzlies last Thursday.

Hawks win third straight following road victory

By CORY SMITH

The Humber Hawks hockey team won its third straight game of the season, beating the Cambrian Golden Shield 4-1.

After a tough loss to the defending champions St. Clair at the beginning of the season, the Hawks have improved to 3-1 outscoring their opponents 18-7.

James Rodak opened the scoring in the first period against Cambrian, snapping a shot over the Cambrian goalie's right shoulder from just inside the circle.

After Terry Chikoski broke a 1-1 tie on a second period powerplay breakaway goal, Rodak assisted on a Chris Pugliese bullet from the slot.

Shawn Kane finished the scoring with a weak wrist shot from the point late in the second period to ice the Hawks' victory.

Rodak was strong on the puck all game, winning battles in the corner and creating room in the slot, registering several scoring chances.

"I had a million chances," Rodak said. "My linemates we're playing good and I just have to capitalize on the chances."

Rodak has been one of the most consistent Hawks since scoring his first goal on Oct. 26 against Seneca.

Humber played a solid game, especially since the roster was missing Darryl Baker, Greg Corbin, Pat Smith, Jason Fortier and Corey Kilmartin because of injuries and personal commitments.

"We came up here with five defencemen and three (forward) lines and it's tough," said coach Joe Washkurak after the Sudbury trip. "The first two periods were good and the third, we kind of got

tired. We relied on Nick (Grainger) in the third period and the outcome could have been different, and that's why he will continue to play."

Grainger had another strong game, flashing a quick glove hand on a number of occasions, as well as taking away the lower half of the net on scrambles.

The Hawks took 11 penalties including a double minor for spearing, and two game misconducts during the win.

Washkurak said there is still room for improvement, but he is happy with the result and the direction the team is headed. "Our goal is still to hit our peak around playoff time," he said.

Humber is gearing up for its next game against the Fleming Knights on Saturday at Westwood arena. The game begins at 7:30 p.m.



Netminder Nick Grainger leads the Hawks to their third straight victory against the struggling Cambrian Golden Shield last week.

Etc.

Hawks lose to U.S. squad in semi-final

New York team barely thwarts second-half rally

By MIKE FISH

Despite great passing and rebounding, the Hawks women's basketball team lost in the semi-finals of the Jessie's Cup tournament at Durham College last weekend.

They dropped their final game 64-60 to New York's Jamestown Jayhawks.

"We had a couple of errors we could have picked up on, some errant passes and turnovers," forward Fayola Creft said.

Creft, starting her first game of the year, shouldered the offensive load for the Hawks, finishing with 22 points in the game.

"She reads things very well," head coach Denise Perrier said. Creft was only informed a few minutes before game time that she'd be starting, but was able to step up.

Forward Miranda Pyette, who leads the league in scoring with 27 points per game, ran into foul trouble early in the first half, so other players needed to pick up the slack. She was returned for the second half, finishing with 18 points.

Humber looked to be in serious trouble after the first half, trailing 34-26, and were noticeably dejected heading into the dressing room. The Hawks had yet to be matched offensively this season, so being down by eight at the half was unfamiliar territory.

But Perrier seemed to inspire them in the dressing room, and

pick up the pace. [We knew] we could beat them."

The Hawks looked like a different team in the second, making great passes, and getting the ball in low. They also held the Jayhawks at their mercy with their speed - particularly Creft, who was blowing past defenders throughout the game.

Humber had a 46-45 lead with just over eight minutes to go in the game. But the Jayhawks - who emerged as the tournament champions - kept pushing and eventually wound up the victors.

"We could have won the game," Creft said. "It's a good learning experience."

In the first game of the tournament, the Hawks thumped the George Brown Huskies 79-32, with Pyette and Creft leading the way with 19 and 11 points, respectively. Shenelle Morgan and Julie Yagi both chipped in 10 points.

Up next, the Hawks have an exhibition matchup against the Mohawk Mountaineers on Thursday, before travelling to Algonquin to take on the 2-2 Thunder.

they came out gunning in the second half.

"We picked up the intensity. We weren't doing certain things," Creft said. "Denise wanted us to



Shenelle Morgan fights off her Jamestown opponents during this weekend's tourney. Humber lost to the New York squad.

Volleyball team sweeps Grizzlies on home court

By TODD CLARK

The Humber Hawks men's volleyball team played solid ball last week, sweeping the Georgian Grizzlies in three straight sets.

The Hawks won 25-12, 25-17 and 25-12.

"We wanted to come out and own our gym and we did that. We (also) owned them," Hawks assistant captain Jesse Mabon said. "A

few times we faltered a little bit, but we played strong."

The Hawks made few errors and appeared focused from beginning to end.

Assistant coach Dean Wylie said he sees positive progression in the Hawks' passing game.

"We're identifying the key passers in our rotation," he said.

Power Sucha Randhawa was named player of the game with seven kills and two service aces.

"It's probably the best I've seen him play all year. He didn't waver. He played disciplined," coach Wayne Wilkins said.

Wilkins thought the team played much better than in last week's home opener against Sheridan.

"We played consistently. Rich (Witemund) and Dave (Hartshorn) blocked shots. We put them up against Georgian's best middle and they did their job," he said.

"We try to teach them a philosophy that we want to stop two runs of points once early in the game and once late in the game, because in a matter of seconds they (the opposition) can get two, three points and that can easily double," Wilkins added.

Assistant coach Dave Kwan said he also notices the team is moving in the right direction.

"Getting the middles going is one of our goals to success and

they're coming along. (Rookie) Mike Smith is coming up with some key blocks," Kwan said.

The Hawks head up north for their first road trip of the year this weekend. They will take on division rivals the Boreal Vipres and the Cambrian Golden Shield.

"We wanted to come out and own our gym, and we did that. We (also) owned them."

Humber will try to extend its undefeated streak, which currently stands at two games.

The Hawks have yet to lose a game this season.

The Vipres are currently in last place in the OCAA's seven-team Central Division, having lost each of their four games.

Cambrian College is tied for second place with the Hawks, winning 2 out of 3 games this year.

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