

sports

# Humber Et Cetera

life

Getting  
roughly  
on Valentine's Day  
Pg. 8



1971 on the Cover 25 YEARS Et Cetera 1996

Inside

Special Insert

I #  
MAGAZINE

news



Scott Middleton

## EXCLUSIVE INTERVIEWS I MOTHER EARTH AND MOIST

Full story on page 22

# Striker arrested by Metro police — twice

by Leanne Lavis  
Editor-in-Chief

The first stage of Mary Youssef's protest against unqualified part-time teachers came to an end last Thursday (Feb. 7) when she was removed from the college by Metro Police — twice.

Early Thursday, College President Robert Gordon sent a letter to Youssef asking her to stop her hunger strike and leave the school.

"I informed her about the Trespassing Act, even showing her that she was sleeping in the school after hours. And we just can't have that," said Gordon.

However, Youssef stayed and around 6 p.m. — on her fourth day of the hunger strike — she was

arrested under the Mental Health Act. She was taken by ambulance to York-Finch Hospital where they ran a variety of tests.

Youssef said as soon as she was put on the stretcher, her table and signs were removed.

At the hospital, she called a friend who eventually gave Youssef a ride back to the college. Youssef said she chose to go back to Humber even after receiving a notice from Gary Jaynes, director of Physical Resources, which said her presence at all Humber College facilities would no longer be tolerated, "effective immediately".

At approximately 9:45 p.m., Youssef was followed into the Et Cetera newsroom by two Humber security guards and Nancy Pinson,

co-ordinator of Public Safety. Security kept a close watch on Youssef, following her to and from the washroom as they waited for police to arrive.

Gordon said he didn't want Humber security guards to remove Youssef for fear they may be injured if there was a scuffle. Instead, he asked Metro officers to escort Youssef out of the college.

At the time, Youssef said she was willing to go to jail for her principles and would continue to protest until she died. She said she didn't believe police had any grounds to remove her since she had a 24-hour pass for that night.

"My parents raised me to stand up for my rights," she said.

Police arrived a second time at approximately 12 a.m. (Feb. 8) and

after speaking with Youssef in Humber's Health Centre, arrested her under the Trespass to Property Act (Ontario), according to Sergeant Roger Gibson, duty officer at Metro's 23 Division.

She was taken to the police station (23 Division) and released at about 3 a.m., Gibson said.

In the trespass notice Youssef received, Jaynes wrote that she would be allowed to come back to the college at 10 a.m. on Monday (Feb. 10). Upon her return, she was told to report to Judy Harvey, dean of Student Services.

As of Wednesday (Feb. 12), Youssef had not contacted Harvey but was seen distributing flyers in Humber's hallways.

(with files from Chris Attard)

Special Section  
DISABILITY

Turn to pg. 15

Storm into Spring! at computer shop

...see our band schedule on page 2  
JQ's Sports Cafe 15

Financing For Students  
Canada-Wide Computers See our ad on Pg. 10

# Et Cetera News

## Upcoming Events

February 14

• Dream Date  
Silent Auction in  
the concourse at  
11 a.m.

February 17

• Nominations  
open for SAC  
executive positions

February 19

• Wayson Choy will  
read from *The Jade  
Peony* at Lakeshore  
at 2 p.m.

# Asbestos not removed from lecture theatre

Theatre open to  
students after  
college decides  
to save \$75,000

by Alison Leigh Hanson  
News Reporter

After being out of commission for almost two-and-a-half months, the lecture hall at the North campus is now up and running.

The lecture hall, which had been closed for renovations, was reopened for classes Jan. 6.

The decision to close the hall was made when dangerous looking cracks and a sagging ceiling around the light fixtures were discovered.

There was concern that the safety of students and staff would be jeopardized without the repairs.

Although the final bills haven't been received, Bruce Bridgeford, director of Physical Resources (building and plant), estimated the final cost to the college would be about \$75,000.

According to Bridgeford, the cracks in the lecture hall were painted, the ceiling was levelled and the support wires for the ceiling structures were fixed.

"It (the lecture hall) doesn't look that much different," Bridgeford said.

Asbestos was discovered in the ceiling and has been sealed off instead of removed. Had it been

completely removed, Bridgeford estimated it would have cost the college another \$75,000.

Bill Pittman, associate registrar in charge of class scheduling, was given the task of finding other rooms to place over 3,200 students directly affected by the closure of the lecture hall. Some classes were held in the Humber residence while others were temporarily moved to the gymnasium.

Exams which were originally slated to be held in the lecture hall, also had to be reassigned to various locations. Due to the high volume of students involved, making the switch was not easy.

"It was a chore," Pittman admitted. "In some instances, we had to

reschedule the times the exams were held and we had to find available classrooms, which were side-by-side, to accommodate the larger groups."

The dilemma was further aggravated because the gymnasium was found to be an unsuitable and impractical area to hold exams. Pittman also said due to the varsity team schedules and games, it would have been next to impossible to install and remove the chairs and desks in the time frame.

Although it required some creative juggling, alternate seating arrangements were eventually made.

From front page.

## Protester arrested

Mary Youssef was removed from the school by ambulance last Thursday, in the fourth day of her hunger strike to protest unqualified teachers.

She was arrested later that day by police for trespassing after returning to the college.



# Campaign renames 'morning after' pill

by Kate Calder  
News Reporter

More young women and doctors need to be aware of the emergency contraception pill, according to the Health Promotion and Advocacy Association in Toronto.

"Not all doctors have known about the emergency pill and we need to make the public aware that it's available," said May, a help operator at the association.

In the past week, advertising has been put up around the Toronto area informing people of the "Truth about the Morning After Pill". The truth is the morning

after pill can be taken up to three days after a torn condom, a forgotten pill, unplanned or forced sex.

Referring to the treatment as the Emergency Contraceptive Pill (ECP), rather than the Morning After Pill, will hopefully dissuade the perception that the pill can only be taken on the "morning after". The new name should reinforce the notion that the pill is specifically for emergencies.

"The pill is supposed to be for people who have mistakenly had unprotected sex. It isn't meant to be a regular method of birth control," said another agent for Health Promotion and Advocacy.

The ECP is only 75 per cent to 95 per cent effective for the first three days following intercourse. It will not protect a woman from getting pregnant for the rest of her cycle.

Nausea, vomiting, pain, diarrhea and spotting are all possible side-effects. The chances of having an ectopic pregnancy (a pregnancy outside of the uterus) also increase.

ECP is actually a high dosage of birth control pills. Consisting of four pills; two to be taken right away and two to be taken 12 hours later. To help prevent nausea, health centres such as Planned

Parenthood of Toronto recommend taking one Gravol tablet 30 minutes before the second set of pills. Eating before the second set of pills or taking them with a glass of milk will also help reduce nausea.

Instead, ECP works by affecting the lining of the uterus so an egg that has been fertilized cannot continue to develop. The ECP is not an abortion pill, like the controversial drug RU-486, which is not available in Canada or the United States. RU-486 works by terminating an established pregnancy. The ECP prevents a pregnancy from

occurring altogether by stopping the implantation of a fertilized egg.

Not all women can take ECP. Women who are unable to take birth control pills due to the high levels of hormones still have another option. The intrauterine device (IUD) can also be used up to seven days after intercourse to prevent pregnancy.

Women can get the ECP from most doctors, birth control clinics, or hospitals. At Humber it is available at the Student Health Centre located in the K wing. Students must see a nurse before getting the pills and the cost is \$7.

# U of T students protest fee hike

by Cheryl Waugh  
News Reporter

Students protesting the 10 per cent increase in tuition fees for next year took over the president's office at the University of Toronto (U of T) on Monday.

A group of students marched into President Robert Prichard's office at around 11 a.m. on Feb. 10 forcing the president out.

A small demonstration of support for the students occupying the office was held outside the building.

The students are demanding a tuition freeze by the university. Tuition has increased by an average of 50 per cent over the last three years.

In a written statement to the media, President Prichard stated how tuition is determined by the university and commented on the occupation of his office.

"The occupation of the president's office by a handful of unrep-

resentative students is not a useful contribution to the debate [of tuition setting]. Following past practice, the students will be permitted to stay as long as they wish; so long as they do no damage," reads the media release.

Chris Ramsaroop, 22, is in his final year of an honors Political Science degree. As he sat in the president's office with the other protesters, his mother, Donna, waited outside.

"I'll support him all the way," said Ramsaroop of her son. "He's not doing this for himself. He's working to help out other students. It's good for the students that he's doing this."

As for Chris Ramsaroop, he was leaning out of the second floor window with a megaphone in hand explaining his part in the occupation.

"My mother is a single mother. She has struggled all her life to help me get an education. What

will happen to others like me? The way this school and other schools are going, a university education is becoming elitist," he said.

There were about 15 other students occupying the office along with Ramsaroop. The building was secured by university police and no one was allowed in without an escort.

It's not known how long the students will occupy the office, but there was to be a larger demonstration of support Wednesday, Feb. 12 at noon. The students were expected to stay until then.

As of Monday night, food and beverages for the occupants were being sent to them from the outside by milk carton and rope. As for the other amenities of life, Prichard's office has a bathroom with a marble floor, fireplace and plush furniture.

One student noted: "I wish my apartment was so big and so nice."

# Massive overhaul planned for OSAP

Education ministry proposes revisions to criteria for financial assistance program

by Chris Attard  
News Reporter

The Ontario government, with the help of the federal Liberals, is planning to overhaul the Ontario Student Assistance Program (OSAP).

The province's Ministry of Education and Training has sent a proposal to Ottawa outlining changes they'd like to see in providing financial assistance to new and graduating students.

"It's certainly something we'd like to do," said Karin Dillabough from the Ministry of Education. "But we really need the federal government to go with us on this."

Some new modifications to the

program call for a name change. If passed, it will now be called the Income Contingency Loans Program (ICLP).

Students entering college or university directly from high school are refused OSAP if their parents' income is higher than OSAP allows.

Under the proposed legislation, students would not be bound by that restriction.

Repayments of student loans would also be in accordance with income levels. Under the current system, a student's income isn't considered in repayment amounts.

"No student should be asked to repay more than he or she can afford," said Education Minister John Snobelen.

If students are unemployed for any period of time, their loan payments would cease until they found work. Those payment plans would also be extended to part-time and seasonal jobs.

Snobelen announced in the past week he's increasing the limit for

loan forgiveness from \$6,000 to \$7,000, saying the government is committed to getting students to repay their loans.

This comes after the province announced 7,500 students had claimed bankruptcy due to the heavy burden of their loans.

Other proposed changes would allow the interest on student loans to be tax deductible and parents who contribute to Registered Education Savings Plans (RESP) should be allowed to transfer any unused investment income to their RRSP's.

But, the biggest change comes in the form of lump-sum payments. Currently, if you inherit a large amount of money, through lottery winnings or otherwise, the banks restrict you to pay only the monthly payment, allowing interest to accrue. The Ministry of Education wants to allow payments of more than the monthly amount to be accepted.

# Province approves 10 per cent tuition hike

by Chris Attard  
News Reporter

The Ontario government is allowing colleges and universities across the province to hike their tuition fees by 10 per cent next year.

Some students could see as much as a 20 per cent jump in their 1997-998 academic fees.

However, Education Minister John Snobelen said he would ease the burden of higher fees next year with 30 per cent of the revenue taken in by the tuition hike must be set aside for student loans.

"Our approach to post-secondary education is to target those students who are truly in need," Snobelen said at a press conference.

The increase comes on the heels of a \$400 million cut from the province's education budget last year.

Humber College President Robert Gordon said the college will go ahead with the tuition hike, which he said should bring the college about \$1.3 million. The 30 per cent from the hike will add almost \$400,000 to student loans.

"In the past, we've been allowed to raise tuition by 15 per cent one year, seven per cent another. But, this year we're allowed to raise it an even 10 per cent for the entire school," he said. "We've never had this type of flexibility before."

Some Humber students could pay, on average, \$160 more next year.

Gordon didn't say which programs would be targeted, but hinted "those that are high maintenance, that are in higher demand and students have a better chance of getting a job and those that cost more to run."

Students' Association Council (SAC) President Steve Virtue guessed those programs would be, "the CIS (computer information) students and probably funeral services, based on the fact that there are jobs in those areas."



Chris Attard

The cost of a diploma continues to rise.

To compensate for the rise in school fees, Snobelen said the province would kick in another \$150 million to allow more students to receive financial assistance, an increase of about 37 per cent. The province will also invest \$100 million in additional financial aid by matching private contributions to a student trust fund.

Snobelen also announced students whose grades are within their institutions top two per cent will have their tuition paid for by a newly formed program called Ontario Merit Scholarships.

Virtue said he is upset students will dish out more next year, but said the revenue could be used to update library facilities or the college's health centre, which was on the verge of closing last year due to financial restraints.

"I hate that it has gone up again for the second time in two years. But if it's spent on better education and classroom academics, great if it's used to facilitate some of the faculty salaries, then we have to really ask, who should be paying here?"

But Virtue also said the Ministry has a point in raising tuition fees, claiming students only pay 30 per cent of their education, while taxpayers cough up the rest.

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Et Cetera

# Recycling program ignored

Despite top-notch facilities, students aren't sorting

by Tania Fera  
News Reporter

Humber students are not using campus recycling facilities to their full potential.

"It's difficult to get people to use the recycling bins," said Janice Flynn, Humber's top environmental officer. She advised students to be more conscious of the facilities Humber has and to use them properly. As an example, she cited bins used to recycle polystyrene are frequently contaminated with other garbage.

Humber has a paper recycling program operating in offices and classrooms and a separate blue-bin system for polystyrene, glass and other recyclables throughout the college.

"The paper program is running well, but it could be better," Flynn said.

"Last year, we reduced garbage by 218 tonnes and we are always trying to improve the situation," Flynn said. She is considering purchasing more modern bins to make it more efficient to recycle.

"Paper can be recycled up to seven times," said Flynn. If it is not recycled it doesn't break down and goes to landfill sites where it can sit for 50 years. Glass can be broken down and refined into granular beads, and aluminum is 100 per cent recyclable. Polystyrene, found in items such as coffee cups, is also 100 per cent recyclable and is used to make other products.

Human Resource student

Maryanne Hopkins agreed the recycling program is under-used.

"I think it's good, but it can go much farther, especially with the polystyrene. Some effort should be put there. People mix garbage with recyclables all the time students don't read closely enough," she said.

Sandhya Tulsiani, another Human Resource student said, "Pictorial labels would really help reduce contamination." She agreed people don't pay close enough attention to what they are placing in the bins and said she has seen students placing garbage in the polystyrene bins.

Val Gibson, who is in the same program said "the recycling facilities are really good. Humber is environmentally friendly and the bins are self-explanatory. I recycle all the time."

Tracy Boyer, head of the Environmental Student Group, said "I don't think people use the facilities as much as they should be, not many people make the effort. I think it needs more publicity, more awareness to use the facilities we do have."

The Environmental Group began in October at the North Campus Residence with a plan to expand across the campus.

"We held an environment awareness day at residence in conjunction with the cafeteria, so that we could let people know there is a group," Boyer said.

"We want people to create a habit of recycling," Boyer said. "We will have a booth set up in the concourse on Club Fair Day, Feb. 18."

She said she hopes this will be a lightning rod for the environmentally-aware at Humber.

# Information line for crime victims

by Dionne Francis  
News Reporter

Victims of crime can now access information from a toll-free support line which is being paid for by offenders.

"The line is designed to make victims more comfortable, so they know what to do next," said Linda Gard, communications branch of the Solicitor General's Office.

Anyone in the province who has been affected by crime can speak to an information counsellor at a community information centre. Callers will be able to get directions on how to get in contact with organizations and services in their area.

The support line is designed to deal with victims of crime.

"It's important to note that this is not a crisis line," said Solicitor General Bob Runciman.

"The information line is designed to support victims after the fact, with consistent, comprehensive and accessible information, 24 hours a day, seven days a week," said Runciman.

The support line, which is available in English and French, provides three services. The first is to provide general information about the Canadian justice system. By accessing the Automated Information and Referral Service (AIRS), people can choose topics like, arrests, release procedures, or probation.

Another feature offered is to give victims specific information about an adult offender within the corrections system. When they call the Victim Notification Service (VNS), they can leave a voice message stating their name and who their offender was. An operator will then call back notifying them of where the offender is and when he or she is being released. There are limitations as there is no information available for federal offenders or those who have already been released.

The third feature available on the line is to offer support services for victims in their community. People can call the Victims Assistance and Referral services

(VCARS) from anywhere in Ontario and an information counsellor will provide them with information about where they can go for help.

The support line is funded through the victims Justice Fund, in which \$10 million was allocated to these new and expanded services for victims of crime. Money is coming from fines imposed by the courts. Offenders are footing the bill for these new services, not taxpayers.

Although the support line was developed for victims of all types of crime, the main users will probably be women involved with domestic abuse, said Gard.

"These are women who are isolated. The easiest way for them to get help is over the phone," said Gard.

The service has been available since Nov. 21, 1996, the third option of community support operators began operating on Jan. 31. The information line can be reached at 1-888-579-2888 or (416) 314-2447 in Toronto.

# Tax reform major issue in Megacity referendum

by Samantha Jane Weekes  
News Reporter

Ontario's provincial and municipal politicians agreed that Metropolitan Toronto needs to undergo tax reform, but they are not all convinced amalgamation is the way to accomplish that.

"Whether the Megacity goes or not, we're certainly going to have to look into tax reform," said Ken Morrish, Metro Councillor for Scarborough.

A recent poll in Morrish's riding (Scarborough-Highland Creek), revealed 90 per cent of the residents supported market value assessment that would have resulted in property tax reductions.

Morrish said the current tax system is extremely unfair, citing the differences Toronto and Scarborough residents pay in property taxes.

"The base assessments in the City of Toronto are 1940 assessments. There have been some older homes that have been all renovated in north Toronto around Bloor and they spend only about \$1,500 a year in taxes and in Scarborough, some residents are paying \$5,000," said Morrish.

Addressing the discrepancy between property taxes across Metro can occur without amalgamating the cities of Toronto, North York, York, Scarborough, Etobicoke and East York, said Morrish. "There is really not too much of a tie between the two."

Market value assessment was

proposed two years ago for Metropolitan Toronto without mention of amalgamation.

However, Steve Gilchrist, Progressive Conservative MPP (Scarborough East), disagreed tax reform can take place under the current situation of Metro.

"The status quo is beggering and bankrupting our cities. It's doing it at \$100 million a year," said Gilchrist, one of the Harris government's more vocal advocates of amalgamation.

This loss, Gilchrist said, is due to the overlap and duplication of services, like the city planning departments, between the municipal and Metro governments.

Lower property taxes and more efficiency will be the result of amalgamation, said Gilchrist.

The merger will allow education, the major source of property tax increases, to be taken off the taxpayers' bill.

"In the last 10 years alone, school enrolment has gone up 14 per cent and school board spending went up 84 per cent," said Gilchrist.

The trade-off for removing education from property will be responsibility for funding social services. Thus, \$5.4 billion in education costs will be eliminated from the property tax bill and replaced with \$1 billion of social services.

An eight per cent decrease in property taxes will be the result of this exchange, said Gilchrist.

The Harris government does

not think people have anything to fear from the proposed changes amalgamation will bring.

Lower taxes and less duplication between the three levels of government will be a good thing, said Gilchrist. Morrish said he agreed with this opinion.

Gilchrist cited Scarborough as an example of a city that reduced its number of city employees without sacrificing the level of service provided to its residents.

In the past 10 years, Scarborough reduced its number of city employees by 10 per cent and it still operates efficiently.

The government is predicting an eight per cent reduction in city workers through the merger and is using Scarborough's success as an example.

As for the other cities being considered for the merger, "they have not reflected the fact that there is only one taxpayer," Gilchrist said.

"We have only one pocket for the three levels of government to put their hand into."

Four weeks remain for the province's hearings on the megacity legislation. Government officials are expecting as many as 2,000 requests during the hearings, but anticipate they will only be able to accommodate 600 of those requests.

"The province has made up their minds. They're going to do it and we're going to have to make the best of another form of government," said Morrish.

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Jeff Richardson

## Carnival Madness

The Students' Association Council held a number of special events this week for their Carnival Madness event.

Activities included a limbo contest, casino and an appearance by Sue Johanson, host of 'Sex with Sue'. Mimes, jugglers, a fortune teller and fire-eater also roamed the halls.

The week will end with a silent 'Love Auction' of Humber's most eligible bachelors and bachelorettes, and a rose sale to mark Valentine's Day.

Left, Henry Marvlanda, a General Arts student has a caricature drawn.

## SAC Club Fair

by Alma Betancourth  
News Reporter

Humber's Clubs Fair will take place at the North Campus Concourse on Feb. 18.

Humber students are invited to attend the fair and check out what all the different clubs have to offer.

Shirley Forde, the Students' Association Council (SAC) vice-president, said students have plenty of choice, since there are between 15 and 20 different clubs at Humber.

"It will be a demonstration with all the clubs that are sanctioned by SAC. Some of them have videos planned, some have information on what the club is about. If anyone wants to know, they can just come up there and ask," said Forde.

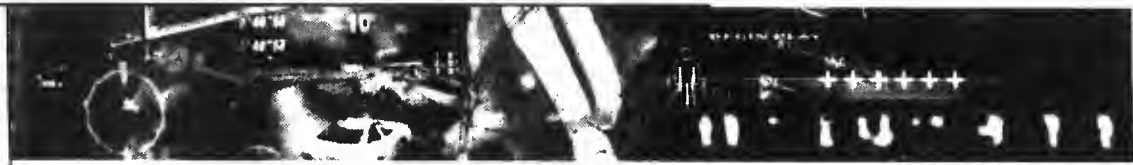
Nabeel Dar, president of the Indian Students Association, said their club is open to anyone.

"For the fair, we will have a little Indian bake sale, we'll have membership forms so that we can invite more people to join us. We have approximately 60 members. The more people we have, the better the activities," said Dar.

If none of the existing clubs tickle your fancy, Humber students also have the option of starting a new club. Anyone who chooses this path should go to SAC to get a club package to fill out.

To check out all the clubs at Humber, don't forget to come to the Concourse and be part of the Clubs Fair on Tuesday, Feb. 18th from 10 a.m. to 2 p.m.

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## They fixed the lecture theatre ceiling 'asbestos' they could First the student centre, now E108 is a potential danger to your lungs

Be careful what you breathe in the lecture theatre — it appears the sky is falling and it's bringing asbestos with it.

Asbestos, the substance known to cause a rare form of lung cancer, was found in the rafters of E108.

At least the school knows it's there, right? That means they can clean it up and maybe we can live long enough to pay off our student loans. Wrong. Humber opted for the all too typical 'budget slashing at all costs' move.

Asbestos isn't really all that harmful. To really be affected by it you have to spend a lot of time breathing all that nasty stuff into the lungs, kind of like the teachers do.

The powers that be have decided that just patching up the ceiling and trapping all that asbestos right behind it would be the better option. Or, is it something altogether more devious? It would cost the school \$75,000 to clear out the problem for good.

There are flaws in this plan. If a part of the ceiling has already caved in, it is conceivable that another part of it will follow. When that happens, the asbestos that hasn't already sunk through to our lungs, will fall.

Gravity does that.

Cleaning up asbestos is a nasty job. It is expensive and time consuming, but it's impossible to clean asbestos out of a lung.

They have the choice between a little money shuffling or the risk of a multi-million dollar lawsuit down the road. If and when our teachers, our students, get diagnosed with malignant mesothelioma, we will remember the college's refusal to remove a problem before it became one.

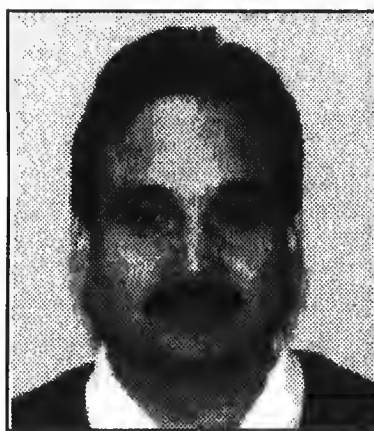
But the future shouldn't be a factor here. Humber has a history of letting little problems become big ones. Last November they let the SAC office ceiling cave in before they decided it might be time to do a little repairing.

We would like to give the college a bit of advice: a mechanic once said: 'you're upset to be spending 500 bucks to fix this now. But if you had checked it three months ago, you wouldn't be spending any money right now. It's called preventative maintenance, and it goes a long way.'

Humber would be wise to follow suit. Some of us would like to live to see our first pension cheque.



## The right and the privilege of an education in Ontario



by A.J. (Amar Jouhal)  
Culture/Multiculturalism Reporter

Government cutbacks mean Ontario's education system is being streamlined.

"We are trying to reduce the administrative cost," said Mike Harris, a spokesman from Education Minister John Snobelen's office.

How the government cutbacks affect the quality of education remains to be seen. Colleges are coping with the cutbacks as best as they can, especially at Humber.

Some programs were dropped and fewer students were admitted through a selection process where

only the most qualified students were enrolled.

The classroom instruction has been reduced by placing emphasis on a hands-on approach; independent studies, projects, lab assignments and inter-active media work.

"There are a number of faculty who are certainly saying that the reduction of instruction negatively affects the quality of the programs," said Richard Hook, vice-president of instruction.

Less instructional time does not necessarily mean reducing the quality.

"The government should be more equitable. The public expense for elementary and secondary school's is approximately \$6,700 per student...for a college student, it is roughly \$3,100 plus the student fee," said Hook.

To maintain quality with less money, Humber has a quality control mechanism in place; two out of every five programs are evaluated every semester.

In spite of this, many classes are overcrowded and some of the equipment is outdated.

Teachers appear to be overworked and stretched to the limit, although they are willing to devote more time and are sympathetic towards students who need extra attention.

"The system is becoming impoverished and government is not fulfilling its role to fully support post-secondary education. We are going to pay for it as a province later on," said president of the Faculty Union Maureen Wall.

When the recession hit Ontario, more people went back to school and are now finding it hard to cope. It is difficult to find computers or chairs and students have to accommodate themselves wherever they can find space.

"Money is essential to maintain quality in education. There is a way to cope with cutbacks but it doesn't mean it's adequate," said Wall.

Education is a right and should not become a privilege for only those who can afford it. 'Education is a vehicle for progress by which a nation's accomplishments are judged,' as my dad used to say.

### Letter to the Editor 52 Canada

The *Et Cetera* is your college newspaper and a forum to express your opinion. We always welcome letters to the editor.



Each letter must include the author's name, phone number, signature and program name. Letters of a libelous, racist or obscene nature will not be published.

Send your letters by:

e-mail, (humber\_etcetera@hotmail.com), snail mail or bring them in to room L231. Please mark all letters attention: Ryan-Anthony Trotman, Managing Editor.

## First upgrade our brains before upgrading our software



by **Bernice Barth Karlovcec**  
Entertainment Reporter

Computers have a little sadistic streak to them. One little dot out of place and suddenly my computer no longer works. Push the wrong button and 'bam'...here goes my file to the black hole of cyberspace, never to be seen again.

I suppose computer-literate out there will say that there are steps to take and applications to retrieve my file. But to computer illiterate like me, you might as well be asking me to shuttle the

next rocket up into space.

How can I possibly be expected to know every crisis prevention application in Microsoft Windows 3.1 when I barely get by with the standard procedures?

To make matters worse, every year there's a new upgraded version to buy, which makes the program more elaborate.

I have absolutely no hope of catching up to the basic fundamentals, let alone finding and retrieving a lost file. But Bill Gates tells me I just can't do without this latest version of Microsoft Word 97 (never mind that it is an aesthetic makeover with a few new applications thrown in).

Imagine my anger when I realized that not even Gates' Microsoft programs keep up to his money making revisions. Next time you're in Microsoft Word 6.0, try spell-checking "cyberspace", "website", or even simpler yet "Internet". The program

will inform you that none of these words are in its dictionary and that it has no viable suggestions for your stupidity. I find this extremely odd, since "Bill Gates" and "Microsoft" pose no problem for its dictionary.

I don't understand how Gates can expect anyone to keep up with his computers if they don't even keep up with themselves. It is atrocious that computers demand a specialized science and language from me, yet do not even recognize the key words that command their knowledge.

Surely, Gates could at least add computer vocabulary to his various programs' dictionaries. Perhaps the Microsoft Word 97 dictionary (released last month) might be computer literate. Gates could call the revised dictionary upgrade a new application. I would have to spend more money but at least this application wouldn't be superfluous.



### Bouquets

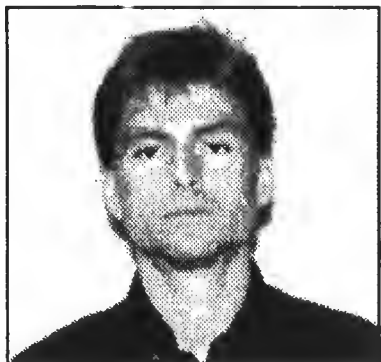
- Another O.J. Simpson case is finished, drawing us closer to the end of the whole mess
- Student protests, in whatever form, continue at area colleges and universities
- The outpouring of support for the Special Olympic Games
- P.J. Katie's Farm is moved to cater to a late night audience on YTV
- The Star Wars Trilogy returns



### Bombs

- President Gordon fills the *Toronto Star* with quotes about unqualified teachers and starves the *Et Cetera*
- John Snobelen proposes to raise college and university tuition by another 10 percent.
- Several attempted child abductions in Toronto this past week
- Denis Rodman returned to the Bulls
- The new bus shelter/closet at Humber

## Students need to teach the Premier a lesson in school bus safety



by **Andy Devlin**  
Sports Reporter

Ontario's school buses are like many people's lawn furniture, rusted, busted and dangerous to sit in.

The sorry state of the province's school buses came to the attention of all Canadians when 16-year-old student, Saeed Deria died of smoke inhalation in a blazing bus last month. But Premier Mike Harris defiantly insists that the \$36 million in cuts to school transportation since 1991, have not affected school bus

safety.

According to Ontario School Bus Association (OSBA) figures, Ontario school buses carry over 800,000 students to and from school every day. Most of those students are too young to vote, thus too young to have a say in the issue. Harris isn't likely to take another look at education cuts or school bus safety unless he is heavily pressured by the primary stakeholders in this issue, mothers and fathers. Parents have the moral obligation to speak out against Harris' education cuts, not because of a lack of computers in the classroom but because of the growing numbers of caskets on wheels.

Judging by Harris' scramble to cut taxes, he feels that you would prefer a tax break rather than avoiding the potential death, or even worse, the actual death of your child.

Harris foolishly thinks that the recently released Ernst and Young

report on school bus safety, which warns of imminent danger, is dead wrong.

Incredibly, Harris has completely disregarded the province's school bus safety watch-dog, the OSBA, who commissioned the Ernst and Young report in the first place.

It leaves one wondering if Harris bet on the New England Patriots in the Super Bowl.

As our elected leader, Harris should know that all cuts bleed, including budget cuts. The shedding of our children's blood to save a buck at tax time does not make common sense. Therefore, it should not be part of Harris' common sense revolution.

Unfortunately, Harris has done his best impersonation of the buck passing General Jean Boyle when he pointed to school boards as the culprits in Ontario's current school bus fiasco. On this issue Harris is a stellar impressionist, both rich and little.

## Time to celebrate your love life

### Another Valentine's Day with or without a significant other

by **Lisa Kemerer**

Student Services Reporter

Ahhh, Valentine's Day. If you're taken it means 24 hours of romantic bliss. If you're single it means 24 hours of heart-wrenching misery.

Let's face it. Valentine's Day, if you're single, is just another not-so-subtle reminder of being alone. But being alone doesn't mean you're so pathetic that you can't even manage to attract someone. It means you've got standards.

And being single isn't so bad. Valentine's Day is overrated anyway. Single life means you don't have to dish out your hard earned cash on a gift for someone who probably won't appreciate it and doesn't deserve it because they've probably been cheating on you anyway.

So crack open the champagne (okay, beer will do) and toast yourself to a day of freedom, peace and quiet. After you finish your drink (or drinks) here are some things you can do to make the time pass more enjoyably.

- Get all your single friends together for a game of strip poker. Make it clear that "friends do it, too."
- Rent the best of Stuart Smalley. When the clock strikes midnight you might actually believe that "you're good enough, you're smart enough, and gosh darn it, people like you."
- Hit the bars and hit them hard. By the time you regain consciousness, it will be all over.
- Phone your ex-girlfriend/boyfriend in the middle of the night. Fake the most earth shattering orgasm ever. Ask them if it sounded real. Ask them if it sounded familiar. Laugh hysterically and hang up. Repeat every 15 minutes.

So don't succumb to the societal myth that being means you should spend Valentine's Day at home, alone, pigging out on Double Fudge Brownie Overload. Don't just sit there, get off your butt and oh, yeah...have a Happy Valentine's Day.

## Of gay pride and gay prejudice

by **Lauren Buck**

News Reporter

How dare you try to strip me of my pride and dignity by telling me that I couldn't possibly understand how to love because I am gay.

There in front of my locker you calmly explained that my homosexual "perversion" was going to send me straight to hell, which left me speechless. I should have told you that the only hell in my life was the one created for me by homophobes like yourself.

I did not choose to become a "fag", a "dyke", a "queer" or any of those other names you so hatefully spit at me as I walk down the hall each day.

Would you choose to be gay if one-third of gay teenagers kill themselves? Would you choose to be gay only to have the threat of your friends, family, and half the country reject you?

Homosexuality is not a choice, but it is a very real part of my life and I will not be made to feel ashamed of it.

You may have noticed that I have decorated the outside of my locker with posters depicting same-sex relationships. I did not do this because I wish to define my entire identity solely by what gender I date or because I want to call attention to myself, but rather to call attention to the very important issue of gay rights.

Perhaps you feel threatened by my controversial stand which is why you took it upon yourself to leave hate mail in my locker and continually deface my posters. But with each poster I find viciously torn off of my locker, a bit of my innocence is ripped along with it.

Thanks to you, I now see how cruel humans can be to each other. I am a good person, but your ignorance has managed to make my heart a bit colder.

I refuse to let my spirit die though, which is why I am proud to hold my girlfriend's hand in the hallway. I am proud to say that I am bisexual, that I'm a dyke and that I'm as queer as they come.

I am who I am, and nobody will ever be able to take that from me.

# Et Cetera Lifestyles

## Have a 'naughty' Valentine's Day

by Carlos Puster-Bergero  
Lifestyles Reporter

As Valentine's day draws near, the same old mundane contemplation resurfaces concerning the purchase of a gift for your sweetheart: Should I buy him Aqua Velva or Brute? Real roses are too expensive – do you think she will like the plastic ones I bought her?

Well, this Valentine's day is going to be different, as you cast off those chains of conformity and purchase a "naughty" gift for your significant other.

"Next to Christmas, Valentine's day is our busiest day of the year," said Denise\*, manager of Lovecraft Ltd. in Yorkville.

According to Denise, the most frequently purchased items on Valentine's Day are; lingerie, vibrators, lotions and chocolates.

With tongue in cheek, here are a few gift suggestions for your consumption pleasure.

Contemplating a Valentine's day dinner at home? Why not serve up a tasty bowl of the Lovecrafts penis-shaped pasta (\$9.98). For dessert, Denise has

the perfect item for you: Edible Undies for men and women (\$6.98), that come in a number of flavors like, cherry and pina colada with rum.

Your days of washing dishes and utensils are a thing of the past. Just put them on and your partner will gladly chew them off.

If the mere thought of consuming underwear churns your stomach, you might want to try Peter Licker's banana scented flavored oral sex cream (\$9.98). The cream is more comfortable than a banana and it doesn't turn brown after a few days.

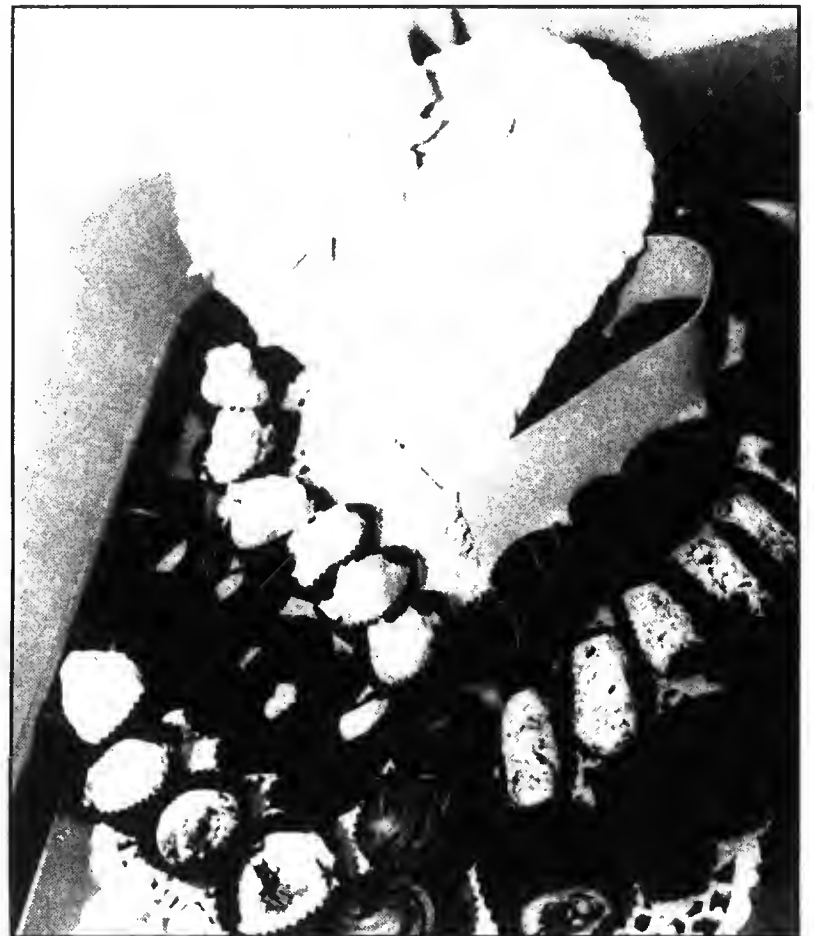
For those women whose husband's resemblance to Napoleon is not confined solely to facial features, a vibrator might be the logical Valentine's day present. Lovecrafts selection and price range from (\$19.98 to \$98.98): Leroy, Jupiter, Adam I, Mistress Swirl, and Jumbo Jack are just a few of the models the store showcases which they say will provide "super satisfaction", or "penetrating pleasures." With billings such as that, c'est magnifique!

Men, you know who you are: it is Saturday and your eyes are glued to the TV. Why? Well, because Xena: Warrior Princess is on and you just have to see her fight the forces of evil in a tight fitting leather outfit. Fear not, salvation is on the way in the form of Lovecrafts leather chained thong and bra (\$39.95). Buy one for your partner and let her fight the evil forces of "Woody." However, fitting a horse into the bedroom might be difficult.

Women, if your man is having, um... trouble performing, why not buy him the Over the Hill Pecker Exercise kit (\$3.98). It gives a whole new meaning to the term "pumping iron."

Not everyone will have someone to share Valentine's day with. Fear not, the Love Doll, an amazing life – like companion (\$44.98) can provide you with instant companionship. Your days of scouring bars for dates are over. Still, you might want to invest in a pump.

(\*For privacy the manager's real name was changed)



Courtesy Photo

Get creative on Valentine's Day with a box of chocolates.

## Lonely find companionship by answering personal ads

by Paul Van Hooydonk  
Lifestyles Reporter

For many people living in the '90's personal ads offer a means to bridge the lonely gap.

There are personal ads posted on the Internet at numerous sites, through telepersonals and newspaper columns.

Dr. Gerald Booth, a sociology professor at the University of Windsor said personal ads are increasing. It's a "response to increased isolation of people in an urban society. People have no other appropriate avenues to meet people."

Booth noted while doing some research that "the second highest reason why people attend university is to meet people."

John, a 34-year-old gay man and computer analyst, has been taking out personal ads for the last 10 years. He currently has one running in the *Toronto Star*, opposite *Connections* section.

"I stopped going to bars years ago," said John. "I got so tired of seeing guys staring at (guys) and nobody was staring at me. That's why I started taking out personal ads."

According to John, being a gay man introduced a dimension to the dating game. "Being gay usually means growing up being told that

you are garbage, and if you 'came out' later in life, you thought you were still garbage because everyone else was telling you that that's what gays are. The men that I meet around my age often have all sorts of hang-ups – psychological baggage that society has created."

John chose the *Toronto Star* to run his personal ad because he "didn't want it in one of those gay rags downtown. I wanted to avoid those downtown bar-queens. I don't see myself as part of that community anyhow."

John said placing personal ads are not for everyone. "I get calls everyday. You can divide the personal ad experience into two parts: answering ads and meeting people. About one out of 50 calls turn into a meeting and even fewer turn into lasting companionship or even friendship."

NOW magazine, a Toronto based publication was the first in Toronto to run personal ads. They run free personals with headlines for one month. "We will not run sexually explicit ads," said Jeffrey Gable, organizer for the *Connections* classified. "We've refused to print ads we felt were too sexually explicit."

Then how do the papers make money if the majority of their ads

are free? From the people who answer them. The *Toronto Star's* billing agent, Bell Canada, charges each respondent \$1.98 a minute which appears on their monthly phone bill. Now charges \$1.79 a minute and a maximum of \$15 a call.

Ruth Claramunt, a grandmother, has been playing cupid for years. She started her own professional match-making agency called Hearts 11 years ago. She currently advertises in the *Toronto Star*.

"I've been fixing people up for years, way before I started my business. My friends have always said I was born match-maker," said Claramunt.

Humber College's *Et Cetera* has considered allowing personal ads to be placed within the paper.

Terri Arnott, a journalism teacher and editorial advisor for *Et Cetera* said, "Last year, the faculty discussed creating a match-making version of the personal ads. Students want to meet people and I think it is good idea." She added that preliminary discussions were held with some providers of the service, but that nothing further had been done.

## Celebrate Black History Month

Here's what's going on:

### KUUMBA

Harbourfront celebrates with a month of theatre, dance, art exhibits, story telling and a whole lot more.

\* Events take place in or around York Quay Centre. For ticket info. please call (416) 973-4000.

### Black in Time

– Sat. Feb. 15  
an evening of entertainment with skits, songs and dance. It will be held in the Brigantine room at 8:00 p.m. Tickets are \$10.

### The 19th Annual Toronto Festival of Storytelling

– Sat. Feb. 22  
Several storytellers come together to bring African tales and music to life by the power of the spoken word. Tickets are \$10-\$12.

### For the kids

– Sun. Feb. 16  
"Special Sunday" kaleidoscope. Learn how to make place mats or wall hangings with a batik artist from the Caribbean.

– Sun. Feb. 23  
Multicultural finger puppets

### Celebrate in style with The Sister Bride Afro-Caribbean Canadian Wedding Fair

–Sun. Feb. 16  
Exhibits, workshops and demonstrations by leading wedding suppliers in the Black community. Takes place at the Best Western Primrose Hotel, Toronto. Admission is \$7 and it runs from noon to 6 p.m. For more information contact Catherine Hughes at (416) 251-2025.

### Humber College events

– Tues. Feb. 25  
**A Celebration of Black Voices**  
Several prominent members of the Black community have been asked to speak about their experiences in their field. The event is free and open to everyone. It will be held in the Seventh Semester (opposite Pizza Pizza in the Pipe). The program will be in the morning from 10 a.m. to noon. Come on out and hear some inspiring words.

\* More info. will be available in upcoming issues.





# The origin of Valentine's



Still don't know what to get your mate for Valentine's day? Well, maybe you can get a few tips from some ancient Roman legends

by Jennifer Saliba  
Lifestyles Reporter

The story of St. Valentine's Day tells a tragic tale of two forsaken lovers whose families tore them apart. Oops, sorry, that was Romeo and Juliet. But alas, don't despair, it's a story worthy of all your romantic notions.

Some historians trace the history of Valentine's Day to an ancient Roman festival called Lupercalia, which was originally

celebrated on February 15.

Apparently, the names of young men and women were put in a box from which they were drawn by chance, an arrangement under which a young man became the suitor of a young woman for the next year. The notion is a tad prehistoric, but remember dating agencies didn't exist back then.

As Christianity began to take hold in Europe, the feast of Lupercalia was merged with St.

Valentine's Day to honor two legendary Christian martyrs.

The names of saints were substituted for the names of young people and each young person had to try emulating the saint drawn for him or her during the next 12 months.

The early Christian church had at least two saints named Valentine.

According to one story, the Roman Emperor Claudius II, in 200 A.D. forbade young men to marry. The emperor thought single men made better soldiers.

A priest named Valentine disobeyed the emperor's order and secretly married young couples.

Another story said Valentine was an early Christian who befriended young children. When the Romans imprisoned him because he refused to worship their gods, the children would toss compassionate notes between the bars of his cell window.

This tale may explain why people exchange messages on Valentine's Day.

Many stories say Valentine was executed on February 14, about 269 A.D. Pope Gelasius named February 14 as Valentine's Day in 496 A.D.

Valentine's association with

love and romance led enthusiasts to adopt the Roman god Cupid as a patron of Valentine's day. Cupid was also known as Eros in Greek mythology — a force of love believed to be behind all creation.

Cupid is often depicted with wings carrying a bow and gold arrows. Legend has it that he is able to inspire love with a shot of one of his arrows.

Source: The World Book Encyclopedia. Vol. 20, p. 204-208

**Humber Et Cetera** asked three couples what their plans are for Valentine's day, here's what they said:

**Maureen Tonna, 21**  
"I'm getting married in a few months and my fiancée (and I) are attending marriage classes that weekend."

**Jeff McGoey, 24**  
"We celebrate with time alone at home, enjoying a home-cooked candlelit dinner with lots of surprises for dessert."

**Kaslyn Clarke, 19**  
"My boyfriend is going to cook me a romantic dinner for two at home and you can guess the rest!"



Happy Valentine's Day — Love should be shared with everyone. Don't forget about grandparents and friends!

## Dating etiquette still considered a common courtesy by many women

by Tania Fera  
Lifestyles Reporter

The 1970s' Women's movement deemed chivalry as degrading. Simple actions such as a man opening a door for a woman became insulting. Because the '70's feminist perspective towards chivalry still persists into the '90's, many men are still confused over how to treat women. What are the proper gestures to show respect toward women without insulting them?

"Chivalry is ironic, it helps women do things they don't need help with. It's not logical. I don't need help with my jacket. When a man holds my jacket, I am never able to find the coat arm. I can push my own chair in, the man is never able to do this comfortably," said Women Studies Professor June Larkin at the University of Toronto.

Larkin said gestures were an insinuation that women were too weak to do it themselves; hence, men must take care of them. Instead, Larkin suggested men

help with things that are valuable, for instance, cooking, doing laundry, and cleaning. Chivalry is a common courtesy one should show everyone and if it's not helpful, it should not be done.

Chivalry originated in the medieval period. Professor Greg Malszecki, a specialist in medieval social history at York University explained in *Medieval Times*, chivalry was an aristocratic standard to discriminate against working class people. He said it's about "people showing extraordinary respect, gracious behavior to the point of self-sacrifice. It also supported the status-quo of the suppression of women in society. Chivalry is a false superiority in which the guy gets to be the hero in his own fantasy."

"As long as chivalry thrives in society, women will not have complete equality. It's about power, not about gender. When we regard ourselves as a collection of individuals who mutually respect each other there will be harmony, and we're about 1,000 years away from it."

Not everyone agreed that chivalric actions should be abolished.

"Too much emphasis has been put on these kinds of actions as symbols of something else. Opening doors is not a gender issue, but a respect or kindness issue. Small actions became symbolic of something else and it was taken the wrong way," said Pamela Hanft, dean of Liberal Arts at Humber.

"Feminism is about defining yourself, being the best you can be. A female must decide for themselves. Essentially, feminism is about choice, you may be anything you want," said Hanft.

"Men still open doors for me. Whether or not they are conscious of it, I would do the same for them. I want equal opportunity for my skills to be considered, but the biological differences between men and women should be respected. We are all unique individuals and were not created the same," said Shannon Madigan, a human resource student.

**Come in early, you may want a booth!**

You're going to Love Valentine's at the Fox & Fiddle!

**FOX AND FIDDLE** The Fox... Airport  
171 Carlingview Dr, Etobicoke  
416.798.3203

# Aphrodisiacs – finding what you need in the quest for sexual pleasures

Aphrodisiacs can open up a whole new world of sexual fantasies, if used properly

by Cathy Koo  
Lifestyles Reporter

Humankind has gone to fantastic lengths and done strange things to enhance sexual pleasure, or for that matter, to make sex happen at all.

Cleopatra is said to have seduced Mark Antony in a scented bedchamber knee-deep in rose petals.

North American Indian girls combine panax quinquefolius, a local species of ginseng, with snake meat, gelatin, mica, and wild columbine, then secretly add it to the meals of the young men they want as husbands.

Before venturing into a lady's bed, Casanova fortified himself with oysters and a cup of chocolate.

The quest for the ultimate aphrodisiac is timeless. Most people think of an aphrodisiac as a substance that excites or prolongs passion. Actually, the subject is far more complicated.

"Throughout the centuries, aphrodisiacs have been called upon to inspire devotion, enhance, allure, bring back an errant lover, increase fertility, and improve vitality," said Ken Brown, a practicing herbalist at Thuna Herbals in Toronto.

However, most people are skeptical of love potions, believing that if aphrodisiacs do work, it is probably because of a placebo effect. Nevertheless, aphrodisiacs shouldn't be entirely dismissed.

"Performance anxiety is caused

by physiological functions which inhibit sexual performance. By taking a product that you believe will improve your sexual performance, this will relieve that anxiety, which will resolve the physiological problem," said Dr. Anthony Godfrey, a naturopath at the West End Health Centre in Toronto.

**"By taking one capsule a day, numerous women have told me that they felt more sexually aroused,"**  
— Dr. Anthony Godfrey

"I see no harm in taking something that will help a person out, so long as it doesn't harm [them]," said Dr. Gary J. Hardy, a naturopath at the Markham Homeopathic Centre in Markham.

All of the herbs mentioned below can be found in either herbal or health food stores.

**Yohimbe** (Pausinystalia yohimbe) is one of the most popular aphrodisiac herbs available. It has a reputation for producing electrifying sexual encounters. Derived from the bark of the West African Yohimbe tree, it has been made into a medicinal tea in Africa and the West Indies for centuries to help with problems of impotence.

"The active ingredient, yohimbine, has been proven to be an effective treatment for males suffering from erectile dysfunctions," said Dr. Hardy. "It increases blood flow to the penis and further compresses the veins to prevent the blood from flowing out."

"Most individuals take it as a tincture or in the form of a capsule," said Dr. Godfrey.

Yohimbe can be used safely for occasional use but is not advised to be taken on a continual basis. Prolonged use can lead to nausea, palpitations, tension and high blood pressure. Those with hypertension, heart or liver disease should not use this product.

One product that is milder and produces the same result in males as Yohimbe is Muira Puama (Liriosma ovata).

"This is a South American aphrodisiac used in the Amazon and Orinoco basins to stimulate sensuality, as a sexual enhancer, and as a treatment for impotence and frigidity," said Michael Vertolli, a practicing herbalist at Living Harmony in Toronto.

Though Brazilian natives make a strong concoction from the bark of the wood that they rub onto their genitals, they also drink a fluid extracted from the plant.



Aphrodisiacs can add spice to even healthy relationships.

"You can make a tea by boiling two tablespoons of powdered Muira Puama wood for 15 minutes in one pint of water. One ounce of this can be taken in preparation for a sexual encounter," said Vertolli.

Women also have their own special herbs that enhance their sexuality. Damiana (Turnera prodrisica) is a desert plant that is found in Mexico and Texas. Historically, Native Mexican women consumed an infusion of the herb several hours before going to bed to prime themselves for their men.

"Chemically, this plant has been found to contain several alkaloids that directly stimulate the nerves and sex organs, increase circulation and have

**"After about five days, you'll experience some delicious results,"**  
— Dr. Mary Wong, referring to an herb

muscle-relaxant properties," said Dr. Mary Wong, a naturopath at the Classical Chinese Medicine Clinic in Toronto. "It is also reputed to induce erotic dreams when taken at bedtime. The capsules are just as effective as the tincture so I advise taking one to two capsules before retiring. After about five days, you'll experience some delicious results."

Surprisingly, Licorice has been used worldwide for centuries for both medicinal and aphrodisiac purposes. The ancient Egyptians, Chinese, and Indians used it in various forms to increase longevity and to improve erotic arousal and stamina.

"The reason behind this is that licorice contains traces of phytoestrogen sterols similar to those produced by the adrenal glands," said Phil Waddington, a resident naturopath at the Canadian College of Naturopathic Medicine. "By taking one capsule a day, numerous women have told me that they felt more sexually aroused."

If ingested regularly it may cause sodium and water retention, as well as hypertension. So, like yohimbe, it is safe to be used on an occasional basis.

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# Safe campus environment wanted for Humber's homosexual students

by Lauren Buck  
Lifestyles Reporter

Queer student activists from across the province gathered Feb. 1 at York University for a one day conference aimed at creating a safe campus environment for all lesbian, gay, bisexual, and transgendered students.

"It's an opportunity for different queer students to see what's going on all across the province," said long-time student activist and York alumnus Benjamin Nemerofsky-Ramsay. "It gives students a better chance to see what they can be achieving on their own campuses."

Many of the 80 representatives present said they had encountered similar displays of homophobia while attending their college or university. They said they had all heard insults, some whispered but most not, and were angry that after putting hours into a poster announcing an upcoming queer club meeting and displaying it proudly. It was torn or defaced minutes later.

"You know it (torn posters) used to bother me. I used to get so fixated on the

posters," said Krrk Lee Banjoko, vice-president of Humber's Lesbian, Gay and Bisexual club (LGB).

The second-year Nursing student said he feels the posters are a very good way of getting people to know about the club by anonymously reaching out to Humber's gay students.

He admitted that the torn posters used to upset him. He said he knew they needed to be up but when they came down it made him feel that everybody "hates" him and all that the club stands for. He said he was told by a friend that when a poster gets torn down, he should just keep replacing it.

"It's a lot of work, but it shows that we're (the LGB club) actively participating and then it becomes so trivial," said Banjoko.

For Chrissy Poulos, a Trent University student who attended the conference, said the 'fag' jokes really make her angry.

"It's hard when we're sitting around having lunch and then I hear these comments," she said. "I want to say some-

thing but I'm only out to my close friends, so now, I just pick up my tray and leave."

Poulos is not completely alone. Trent University has a club for its gay students and, like many of Ontario's larger campuses, has implemented the nation wide "Safe Space" program. The program offers its gay community an area or room in the school in which all gay students can go to talk, relax, and feel free to be themselves without the backlash that comes with homophobia.

At Humber, there isn't a Safe Spaces program for gay students. The only resource is the LGB club which is trying to bring awareness of queer issues to the school by hosting Humber's first upcoming "Queer Day" on February 19, with SAC's support.

Lisa Kramer, SAC's Leadership Programming co-ordinator, is hopeful that designating a day specifically for Humber's gay population will be the start of more things to come.

"We want to make students aware and have it known that there is a lesbian, gay, bisexual and transgendered community in the college," explained Kramer. "I feel that other colleges and universities have



Defacing posters and literature like this displays signs of homophobia.

a lot more going on (for the gay community) and Humber College unfortunately doesn't."

Kramer admitted that Humber has always been "much too conservative" in dealing with queer issues.

"Queer Day" will attempt to break that pattern by bringing in guest speakers who will discuss issues such as internalized homophobia, and the road to accepting friends and family members who are

homosexual. The day will be topped off with a special performance in Caps by musician Faith Nolan.

"If only three people show up for the lectures, but they're three people that I've never seen before then I'll be impressed," Banjoko said. "And it doesn't matter if they're gay or straight, just as long as we open up one mind."

## Solution to burning fat not in exercise gimmicks

by Mary Quickert  
Lifestyles Reporter

Many people are in search of quick and easy solutions for losing weight and burning fat.

However, according to head nutritionist at Mount Sinai, Ruth Carswell, "Society is making it difficult for people to lose the weight."

Carswell said, we are not a lean society. Most people suffer from excessive weight gain at some point in their lives.

Spot reduction is another method commonly used for losing weight. Spot reduction is toning and isolating muscles that will burn fat.

Certified personal trainer, Tiffani Jodoin said, spot reduction is a common misconception.

"Diets, pill supplements and low fat foods are the vogue of the moment that deprive the body of the necessary nutrients to stay healthy," she said.

"Watch out for gimmicks that are advertised on the television infomercials and in magazines like the 'ab master' contraptions that only tone muscles and do not burn fat."

"Even sit-ups, push-ups and some exercise videos also spot reduce," she said.

Jodoin said, there are no quick or easy solutions to burn fat but there are many gimmicks that suggest and advertise otherwise.

"The only way to tell between exercise gimmicks that only spot reduce and the real thing is if they involve work or cardiovascular exercise that will increase your heart rate and burn the fat," she said.

According to Carswell, a well-balanced diet incorporated with exercising is the only way to burn fat.

"The key is to exercise more or eat less — it requires work," she said.

**Bored of Letterman and Leno? Get a head start on college news. Humber Et Cetera Online is updated every Wednesday night at 11 o'clock. <http://142.214.107.3/etcetera.htm> (Trust us, the address works.)**

## Acupuncture — not the painful experience that it looks like

by **Nina Radman**  
Lifestyle Reporter

Traditional Chinese Medicine has a history dating back more than 5,000 years. One area of Chinese Medicine gaining popularity in the Western world is acupuncture.

"Acupuncture is used to relieve pain and regulate the whole system. That's the different concept. Western medicine is more concerned with the symptom. If you have pain in your arm, western doctors may give you pain killers or anti-inflammatory drugs. As Chinese doctors, we think of what the problem is and what causes it, not just how to stop it for a while," said Dr. Jia Li, of the Acupuncture Clinic in Mississauga. "There is a fairly wide range of problems that people come to treat."

The major principles of Chinese medicine are that the body has the power to heal itself and that disease affects the whole person — the body, mind and spirit — not just an isolated organ or system. Although both Chinese medicine and Western medicine have proven their own usefulness, they differ in logic. The central concept of Chinese medicine is an internal substance called "Qi", pronounced as "Chee". Western medicine would describe this as bio-electric energy.

The acupuncture treatment is not a painful process since the needles used are thinner than a human hair.

"When the doctor puts the needle in, the patient should have a sensation. It is not a sharp pain. It feels like a tingling, like some-

thing pulling the muscle," said Dr. Li. "That means you are feeling the Qi. It is very important in Chinese acupuncture. It is circulation of the energy."

In the Western world, the popularity of acupuncture has grown mainly through word of mouth.

"I kept having the same problems over and over again. I went to regular doctors and chiropractors, but nothing helped. A friend of the family told me that she went to go see an acupuncturist for her arthritis and that her problem has never been so controlled," said Mirella Radman, who has had four sessions.

"My problems kept getting worse so I finally decided to see an acupuncturist. I was actually quite surprised that it worked. I would recommend it to anyone," she said.

An average session with an acupuncturist costs between \$40 and \$50, although the first visit may cost up to \$75. Additional fees are often applied for the initial visit to cover documentation of the clients history. In many cases, clients said they could feel a difference after only one session.

Chinese medicine believes in prevention.

"Anyone can have it done. That is another concept of Chinese medicine. You don't have to be very ill to go see a doctor. Chinese medicine believes that if you're a good doctor you shouldn't wait for someone to get ill. You should do something to prevent it," said Dr. Li.

Although acupuncture has been regulated in Canada, doctors in Ontario are pushing for it to be

regulated here. "We are still trying to persuade the ministry of health to regulate acupuncture in the near future," said Dr. Martin Beals, an acupuncturist at the Natural Path Health Clinic in Mississauga.

"Because it is not yet regulated in Ontario, patients have to be careful to choose qualified acupuncturists.

"Check to see if the doctor has had any formal training with an association with a good reputation such as the World Association of Chinese Medicine or the Canadian Academy of Traditional Health Services," said Dr. Li. "The regulation process will take place very soon because I believe it will pass, the law, eventually. There is no reason not to pass it in Ontario," he said. Dr. Beals said he believes traditional Chinese medicine is finally gaining popularity in the Western world.

"It's getting better. Some doctors have very little knowledge and some have experienced it and would recommend or refer a patient to a Chinese medicine doctor. We are always going to have some rejections, but that is always normal," said Dr. Beals.

Dr. Li said he feels that the media does very little to promote Chinese medicine. "It didn't take that long for Western people to try Chinese food. Maybe the media promoted it a bit more, but it is a different concept. People like to try something new as long as it won't hurt them," he said. "I don't think that people are being educated, so that could be the problem of why it took so long to get popular."



Every year crowds swarm like bees around the Rideau Canal for Winterlude. Strap on those skates and join in the fun!

## Winterlude Festival kicks off its 19th year

by **Jenn Hoeschen**  
Lifestyle Reporter

The 19th annual Winterlude began this weekend in Ottawa, drawing thousands of spectators. The special feature at Winterlude this year is the Gate-way to China. Eleven Chinese ice sculptors from the Harbin Ice and Snow festival and traditional dancers from all over China will be performing as well.

The Royal Bank Fantasy on Ice was on this past weekend and will continue for the next two weekends. Skating on one of the world's largest outdoor skating rinks — the Rideau Canal is a huge part of Winterlude for everyone. While on the canal one can get a taste of one of Ottawa's culinary inventions — beaver tails which are a delicious sugar pastry. When you begin your skate at Dow's Lake you will be able to see the amazing snow sculptures at The Ice Dream. Kelly Frigstad, a volunteer for

Winterlude, said that the ice sculptures are a highlight for him. "I normally wait for the night. The lights are on, they are really beautiful," he said. For the first time ever in Canada, the Polo on Snow tournament occurs this weekend [14-16]. It will also feature the Winterlude Wine and Food Festival. On February 15 at Crystal Garden at Confederation Park, a block ice carving competition is being held.

Canadian Tire is sponsoring an event each of the next two weekends. Feb. 14-16 is the Canadian Tire Hockey Zone. The weekend of Feb. 21-23 is the former NHL superstar challenge. February 22 is the Winterlude Upside-down Parade where spectators skate around musicians, jugglers and clowns. On the same day the Electric Circus will be hosting a live broadcast from Parliament Hill. Other events include Time Odyssey and Supergames. Dress warm and have fun!

## Humber's Homeopathic Clinic — an alternative

by **Maureen McReavy**  
News Reporter

If you're interested in trying alternative medical care, consider visiting the Homeopathic College of Canada clinic, located at Humber's North Campus. The clinic is open, by appointment only, on Wednesdays and Thursdays, from 4:45 to 9:30 p.m. in the

Health Centre (K-137). Students are supervised by experienced homeopaths and naturopaths as they learn to do assessments in the clinic.

"The practitioner looks at the totality of symptoms to determine what the homeopathic remedy should be. Of primary importance is who you are and how you

manifest the condition," said Jan Cholewa, a former student at the Canadian College of Naturopathic Medicine.

Small doses of plant, animal and mineral substances are used in these remedies to effectively stimulate the immune system and the body's ability to heal itself.

An initial consultation at the

clinic can take from an hour to an hour and a half and is free to Humber staff and students. Follow up visits are \$30.

"Consumers are seeking out alternative forms of healing and health care," said Blair Carter, chair of the health sciences department, who is responsible for the presence of the clinic. "People want medicine that can maintain health and heal and that isn't intrusive."

"Homeopathy has no side effects and it's safe and effective," said Cholewa. One of the criticisms of homeopathy is that the dilution levels of drugs the drugs are so high that none of the original substance is found in the remedy.

"From a scientific viewpoint, homeopathic remedies can't be anything but a placebo. We don't really understand, but it is the energy of the substance that affects the individual. It's a bio-energetic medicine," said Cholewa.

Homeopathy is an accepted form of medicine in Europe, as well as other alternative medicines such as herbal remedies and acupuncture. "People there try alternative forms of medicine first,

**"Homeopathy has no side effects and is safe and effective."**

— Jan Cholewa, former Naturopathic college student

then go for conventional medicine, drugs and surgery," said Dr. Paul Saunders of the Canadian College of Homeopathic Medicine. In Germany, 70 per cent of prescriptions are homeopathic. Alternative forms of medicine are rising in popularity here in North America. Carter talked about how homeopathic remedies are now being stocked on the shelves of mainstream pharmacies and are even advertised on TV.

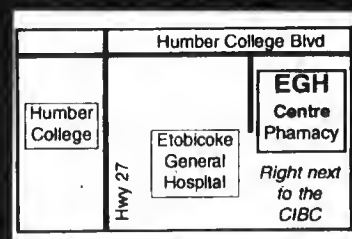
"It has only been in the New Year that we started to advertise [for the clinic at Humber]," said Carter, brandishing a copy of the clinic's ad that appeared in the recent issue of *The Communique*, a staff publication.

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# User-pay trash — a growing trend

by Rebecca Reid  
Lifestyles Reporter

Gone are the days when kids are given an allowance to take out the garbage. Today, more and more people are paying strangers to pick up their garbage instead.

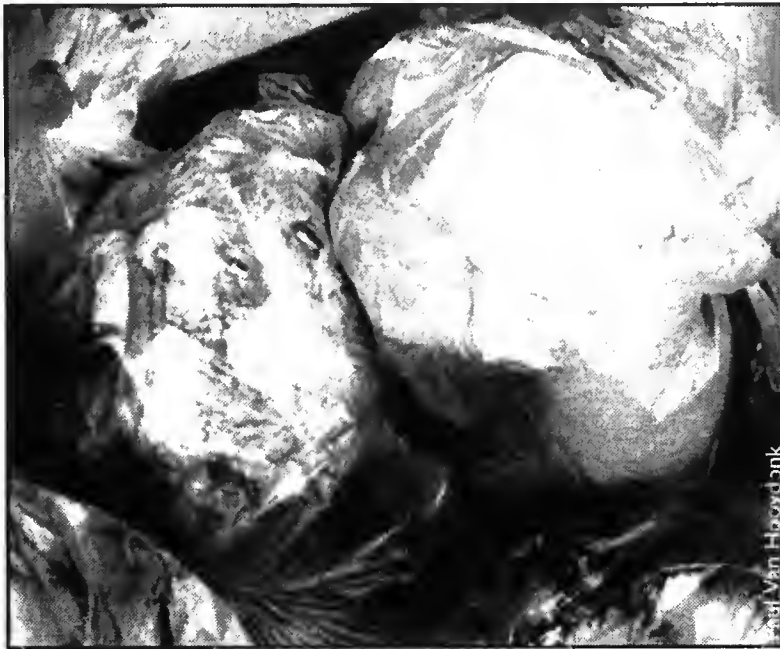
Georgina Township residents (an hour north of Toronto on Lake Simcoe) rang in the New Year with a User-Pay garbage system of \$1 a bag.

"Fifty Ontario communities, including Belleville, have already implemented the program. It is definitely a growing trend," said Joanne Carr, recycling co-ordinator for Georgina Township.

Many citizens in the area were unhappy when they learned they would have to pay to have their garbage picked up.

"I was annoyed. I felt I was already paying enough taxes and didn't warrant any additional fees," said Georgina resident, Anne Wilson.

Based on other community statistics, Carr said the user pay



At a buck a bag, it's worth considering what you are throwing away.

program has been positive. "We expect to see a 35 per cent decrease in the weight of waste to landfill. People put more garbage into bags which drops household averages from 2 1/2 bags to one," said Carr.

To avoid costs, the program

encourages alternatives such as backyard composting, which in turn helps the environment.

"I will be more conscious about the products I buy, considering the way it is packaged for example. Because the blue box is free, I will have an incentive to

recycle. I will also reuse items more," said Wilson.

The user-pay program will be strictly enforced in Georgina. Tags must be purchased at stores for each garbage bag put at the curb. Carr said bags without a tag will be left with a notice to get one. If the notice is ignored, people will be fined \$25 a bag.

"Throwing garbage elsewhere results in a fine of \$100 a bag. Burning agricultural, industrial, or household waste brings a \$103 penalty," Carr said.

Georgina is home to summer cottagers and campers, so the user-pay garbage program will affect people from out of the area as well.

"We are sending notices with tax bills to the city addresses of anyone who owns property in Georgina, so they know about the program," said Carr.

As the number of communities implementing the user-pay program increases, it will be interesting to see what affect, if any, this will have on Toronto, she added.

## Starving artist in a bind as government cuts kill jobs

*She pirouettes across the varnished stage as lightly as a snowflake with a crinoline tutu. Her hair is slicked back and pinned up into a bun. There is a sparkle in her grey-blue eyes and her smile brightens the theatre. This is her world. She leaps into the splits and lands delicately. Before she tip-toes off the stage she does a curtsy and a bow.*

*After the show she takes a two hour bus ride back to her tiny downtown Toronto apartment. She can't afford a single bedroom apartment, so she has set up a living arrangement on the top floor of an old house. In a room no bigger than 15 feet by 11 feet, she cooks, eats, sleeps, and watches television. There is only one window and a hallway leads from the entrance of the little room to a three piece bathroom. It's her home. It's affordable.*

*A couple of weeks later she is sitting at her dining room table — just big enough for two — showing photographs of fellow dancers she preformed with when on tour with the Ontario Ballet Theatre.*

by Therese L. Vokey  
Lifestyles Reporter

Shelly Cormier had been dancing with the company for three years when she was suddenly laid off due to government cut backs.

"I wasn't penalized for my dancing skills," she said. "The hardest thing is that there is nothing I can do about it. It's not personal. That's what makes it frustrating. I became a part of the government cuts," she said.

Since the government has cut funding for the arts in Ontario, Cormier said she has had to borrow money from her parents in order to continue paying her bills and maintaining a living. She doesn't like to borrow money, but she said it seems to go with the career.

"It's very difficult in the arts when you've trained hard for something you love to do and then it's taken away. I didn't know what I was going to do if I couldn't dance."

She shrugs her shoulder and

says she has steered away from focusing on just dance and moved on to fitness.

"I'm not dancing right now because it's too hard to find work, and whatever work I find involves a contract. It's like I live a month at a time to make ends meet."

"My goal is to get my certificate in fitness. I'm a receptionist at a gym not far from where I live. I have to study for four months, take an exam, gain work experience, and then be evaluated before I get my fitness certificate," said Cormier.

When she came back from being on tour with the Ontario Ballet Theatre a few days before Christmas, she arrived home to find she had lost her other job as a cashier for a costume store downtown. A couple days after she distributed resumes, she was hired at Life Sport Gym.

She is now working four days a week, seven hours a day, but more hours are possible.

"The one regret that I have

about my decision to become a dancer is that I never took anything in high school to fall back on. All I wanted to do was graduate from high school so I could dance."

Cormier said if she had children who want to pursue a career in the arts, she would rather see them do it for recreational purposes.

"There isn't enough support in Canada for the arts to specialize in it and have a steady income. People who become famous dancers, artists or whatever are the only ones who can make a good living. Being a dancer is hard work with too little pay," said Cormier.

However she said she still wants to dance.

"I miss [dancing] a lot. I could teach, but the more I think about it, the more I don't want to. I have to consider my future in terms of a family. Teaching dance usually happens in the evenings. I didn't think of how important future family support was until it was too hard to find work as a dancer. I need to be financially stable."

Her advice to anyone pursuing a career in the arts is to consider studying other courses as a back-up. Think about the people that may be in your life in the future like a family. Take courses such as computers, business, technology or anything that will allow you to have a steady income if you hit a dead end in the arts.

"I enjoy performing as a dancer, but I have to be realistic."

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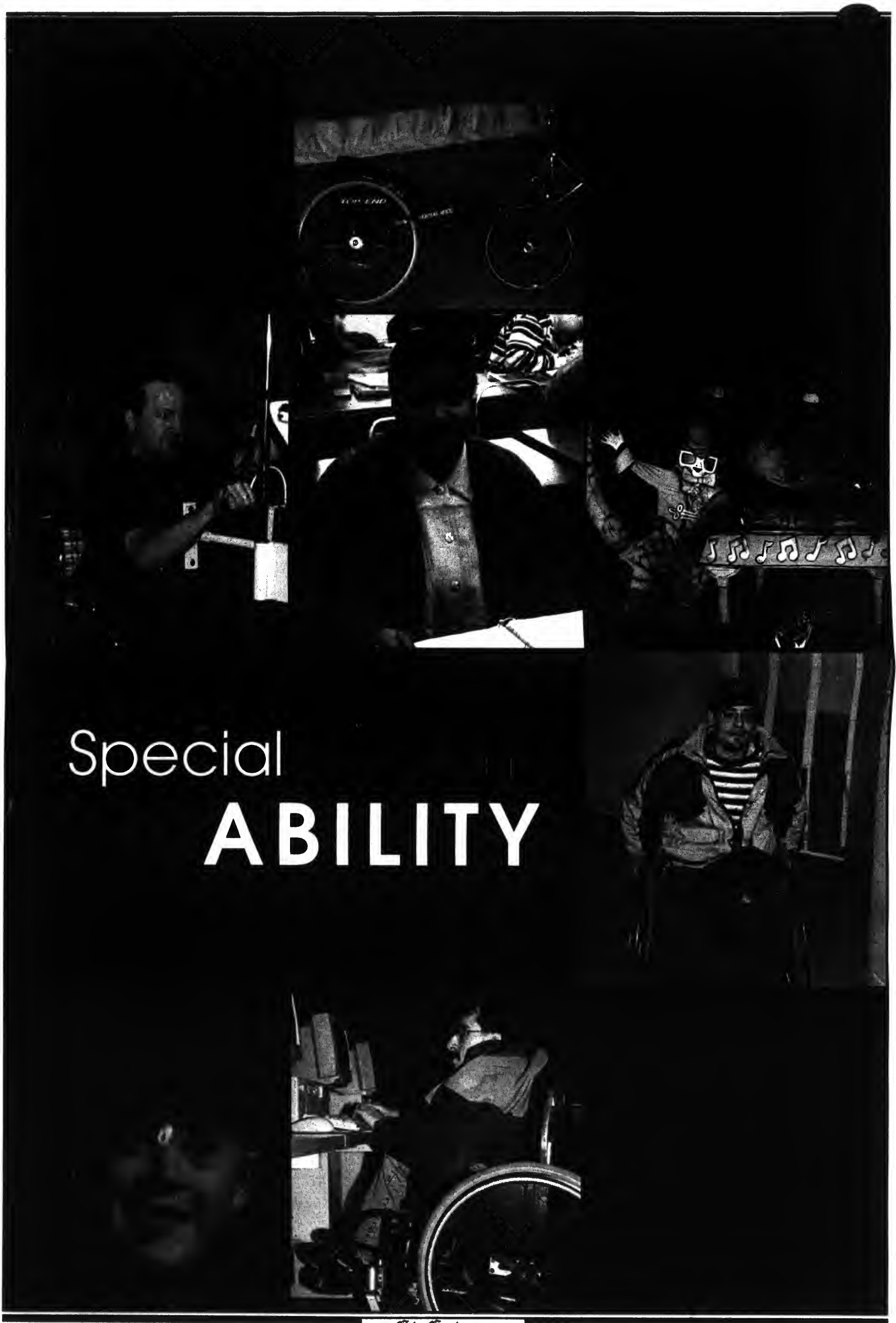


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# Stage troupe still astounding

by Heather McKinnon  
Features Reporter

**As a child, Diane Dupuy had a dream. She had developed a little routine with hand puppets and while manipulating them to dance and jostle about, she would entertain small audiences. But, the routine soon became a longing and her ultimate goal was to put together a black-light theatre company that would bring her love of puppets to life on stage.**

At age 24, she gathered together a Canadian troupe of performers called the Famous People's Players (FPP) and their life-size fluorescent puppets and headed down a path to success.

"In the beginning, it was very difficult because we were new, and we had no reputation.



Whenever I had to sit down and write a letter to someone explaining what the company was all about, it would take almost two pages. Today, it only takes two lines," explained Dupuy from her seat inside FPP's spacious theatre.

It wasn't until two years ago that the company finally built a place to call home. The facility features a restaurant downstairs where troupe members prepare and serve meals before and after shows. Upstairs, there is a long tunnel-like walkway that leads into the spacious theatre. The company has called it "Memory Lane". Framed photographs of the company and faces upon faces of supporters and celebrities who have seen the performances, line the walls of the tunnel.

Dupuy's company is unique, as is her character. FPP has made a mission of working with people who are mentally disabled, or developmentally challenged.

But, Dupuy is reluctant to cast labels on the performers and says that in the end, it's their abilities and the strength and spirit each individual possesses that really matters.

"I really believe that every one of us has a disability,

whether it's because we can't read or write, or academically we can't function in certain areas," said Dupuy. "I think the worst disability an individual can have is their attitude toward life. Wasting you life is a big disability."

Dupuy said that every one of the performers has a great attitude, and they take pride in helping others.

"Probably one of the most important things I've learned by working with the company, is to forget about myself, and become myself," Dupuy said, smiling.

They are a professional, internationally-renowned company and have wooed audiences worldwide with their life-size phosphorescent puppet shows. The cartoon-like puppets often depict celebrities such as Elton John, Madonna, Elvis Presley and Phil Collins. With much skill and manipulation, the puppets dance and gyrate across the stage, as if unaided against a dark background. The result is

he was one of the company's greatest fans.

Dupuy has the support of many celebrities who believed in her dream as much as she does. Phil Collins has donated money for the company's performance space, which was in turn named after him, and the restaurant has been designated as "Newman's Own" (Paul Newman).

Sponsor Paul Newman told the *Globe and Mail*: "I have been in the entertainment business for a thousand years. I've seen it all, but I've never seen anything like Famous People's Players."

The company's story has been told in several documentary films, and in 1984 it was made into a network television movie called *Special People*.

For 29-year-old Lisa Tuckwell, the company has been like a dream for her, too. Tuckwell came to Dupuy eight years ago and has stayed on ever since. She has travelled with the company, performs

in the theatre and works in the restaurant. And, she has met more celebrities in the past few years, than I'll probably ever meet in a lifetime, she said.

"I like working at Famous People's Players a lot. I have fun and I enjoy doing the performances," said Tuckwell. "But, I also like doing restaurant duty and waitressing. It's something I had never done before and it has really brought my spirits up."

She talked about the celebrities she has had the pleasure of meeting.

"It's also nice meeting people. A lot of actors come here, like Kathleen Turner, Martin Short, Rita MacNeil, Phil Collins...Tom Cruise came here last summer," she said, giggling.

When asked what she thinks of Cruise, her eyes grow wide and she said: "Oh yeah, he's really cute, and nice. And as Diane said, he likes his martinis straight up!"

## SPECIAL DIS

spectacular.

Dupuy has never forgotten how the company got their first big break. Liberace discovered them while they were performing their black-light show, and hired them on the spot to be his opening act in Las Vegas in 1974. He was enthralled with their life-size puppet of him, and for the next 10 years, they were his sidekick and

# Disabled students assisted by the facilities at Humber

by Tonya Costoff  
Features Reporter

**Humber College offers a number of useful services to students who have physical disabilities in an attempt to make easier for them.**

**New students, who have disabilities and are planning to attend Humber, are asked to contact the school beforehand, to discuss their disability.**

"Students with disabilities initially make contact with me, and I then dissect the interview and determine which consultant is best for them... every student is different," said Ollie Leschuk, a Support Service Officer.

Once a new student's needs are determined, they are assigned a consultant who will work closely

with them to ensure things go smoothly.

Students meet with their consultant before they even begin at Humber and they receive a guided tour of the school and its facilities. Any problems are worked out before the student begins classes.

As for the facilities throughout Humber, Leschuk described them as about average. The govern-

Changes could include moving the location of the class, which has been done before. Both students and faculty can suggest changes, but it is not guaranteed that they will happen.

The school offers facilities such as ramps, automatic doors, walkways, and railings for people who can't see.

As for Humber's downfalls,

*"When the water pipes break in the school, does the money go to that or a new [wheel chair] ramp?"*

ment demands that "reasonable access" is given throughout all schools, which is the bare minimum of facilities.

"I think there is only one class in the whole college that is inaccessible, but if a student wishes to take that class, then we will make the changes," said Leschuk.

Leschuk said she believes the biggest problem is the ramps in the school. Some of the ramps are too steep, like the one outside Harvey's that runs over the stairs.

This ramp was put in on top of the stairs recently and most students find it difficult to use.

"For students without a motor-

ized wheelchair, if they don't have a lot of upper body strength, they will have a bit of a struggle getting up the ramp," said Leschuk.

"Another problem is with the tile on the floors. The grout between some of the tiles is about an inch, and it would be better at a quarter of an inch. For someone in a manual wheelchair this is a problem."

"The school has really tried hard to maintain and make things acceptable. If you look through the lockers, the main hall and residence, you'll see they've tried their best to accommodate all students," said Leschuk.

She said she would like to see more changes made to the school,

but it's not always feasible. She said the school must look at things on a priority basis.

"When the water pipes break in the school, does the money go to that or a new ramp? Well, unfortunately, the money's going to go to the water pipes because everybody needs water, not just the students with disabilities," said Leschuk.

Leschuk wants to see the ramp outside Harvey's place at a proper angle, and would like to see changes made to the ramp that runs through the Pipe. The ramp is very long and steep and Leschuk said even people without disabilities have problems with this ramp.

Leschuk said no new projects are underway and she hopes there will soon be enough money to make the necessary adjustments.



# Integration helps in the evolution of developmentally challenged

by Carlos Puster-Bergero

Features Reporter

**In this day, Adam Kane, an eighth grade student at Cardinal Newman Elementary School in Brampton, has two youthful concerns on his mind: Are his cats and dog Tyson okay? Will he be able to remember his speech in front of the class?**

**If only his classmate's concerns were as noble.**

**"Adam doesn't really have many friends at school," said Anna Cicione, educational resource worker. "Kids at that age believe that they are too cool to hang out with a 'retarded' kid."**

er the grade, the less suited integration is for these kids," said Tisha Pratt, special education teacher for the special needs class at the school. Pratt teaches developmentally challenged students who are not as "high functioning" as Adam and as a result, are not fully integrated into the regular student body.

Pratt said that Adam would have benefited from being in the special needs class for his academic work.

Children like Adam tend to "blend in better in the younger grades, when they are simply learning how to learn." But, in the senior grades, where content is a greater part of the curriculum, "they get lost," she said.

Cicione disagreed and said while Adam does shine academically

tee has to decide if the integrated student is infringing on the ability of the other students to learn.

"For the most part, Adam adjusts well to the classroom and his teacher," she said. "There are other students in the class who are much more disruptive than Adam."

Cicione's relationship with Adam is a close one. Its foundation is based on respect.

"The success of a developmentally challenged individual's integration into the mainstream has a lot to do with who he works with," she said.

Now, Adam has an imaginative sense of humor, a sense of independence and an ability to think freely — not mechanically.

"He feels like he is worthy, that

Alarming, Kane has been confronted by an adult population in need of education. A parent phoned the principal and demanded Adam not be allowed to sit beside his child, fearing that Down's Syndrome was contagious.

According to Sinclair, critics of integration have very unrealistic expectations — there will always be a sense of discomfort between the developmentally challenged students and the other students.

"Especially with teenagers, because they are focused on themselves and their image," she said.

Social dislocation will always be prevalent among kids, there will always be that "odd person who will make fun of you," said Sinclair. "It could be anything; braces, a lisp, everybody gets made fun of." Kane is aware of the difficulties the other students have in accepting Adam, but "you can't expect the entire student body to be receptive," she said. Grades five to eight have been a struggle for Adam, yet

end of the tunnel.

"Adam will have to struggle for a few years, until he gets to grade 10 or 11 where there are kids who want to help him — the future social workers of the world."

Over time, Sinclair said integration creates a special understanding between developmentally challenged students and their classmates.

"The other students are good with Adam, they don't tease him," said Cicione.

Kane said she recognizes her son's academic limitations, but said Adam is benefiting academically through integration.

"Adam spends less time developing his motor skills (reading and math), because it's just too frustrating," she said. "But there are a lot of things he can do in the school setting that are important: work with computers, run errands for the school staff, do the bulletin boards in the classroom."

"Integration provides developmentally challenged kids with a feeling that they are part of the rest of the class and not being pinpointed as being different," said Sinclair. Integration provides the kids with a "feeling of belonging in the regular population".

With the help of a friend, Adam eventually presented his speech in front of his classmates that day. Understandably, he was very nervous, but, nonetheless, he succeeded.

## SECTION ABILITY

Adam is not 'retarded', he is a "developmentally challenged" youth with Downs Syndrome, who has been integrated into the mainstream student body at Cardinal Newman.

Cicione, who has worked with Adam for three years, said his curriculum is like that of any other eighth grade student with some modifications.

"My job as an integration facilitator is to keep Adam at par with other students. That means that if the rest of the class is doing math, I am doing math with him on a one to one basis, at his level of learning," said Cicione. Academically, Adam performs at a grade one level.

Cicione agreed with the appropriateness of integration, but finds there is a greater gap between the older developmentally challenged students and the rest of the students, academically.

Cicione has witnessed a "big drop off" in Adam's ability to keep up with the rest of the class. While the other kids are attempting math equations, Adam simply scribbles in his book.

"The older you get or the high-

within the special needs class, his social advancement is stunted.

For Joan Kane, Adam's mother, the regular classroom is an important social sponge where Adam can absorb the latest trends in fashion, music and vocabulary — all important cultural factors in Adam's successful social integration.

"I think integration is very important," she said. "He has to learn social skills and he is not going to learn that in a segregated setting."

Adam's academic fate is decided on a yearly basis by the Identified Placement and Review Committee (IPRC), which is composed of Adam's mother, his classroom teacher, the principal of Cardinal Newman and a special education resource teacher.

The IPRC reviews Adam's progress and discusses how his academic and social interests would be best served.

Cicione said the IPRC only deems a developmentally challenged student to be unsuitable for integration on the grounds of classroom behavior. The commit-

tee is accomplishing something," said Cicione. "Adam realizes that he is not doing the work everyone else is doing. But, his self esteem is good and he feels like a regular grade eight student."

Andrea Sinclair, an integration facilitator in the Community Integration Through Co-operative Education Program at Humber said integration is not an option, it's a must.

"Segregation makes people feel like they don't belong, like they are different," she explained.

In the past, developmentally challenged kids were shunned away to a separate classroom and ostracized by an uninformed student population.

"Integration gives students the opportunity to get to know developmentally challenged students and realize that they aren't any different from anyone else — they are people too," said Sinclair.

she sees light at the



According to his mother, Joan Kane, Adam (above) must learn to get along with the world and all its imperfections.

# Technology helping to enable the disabled

by Jennifer K. Hamoen

Features Reporter

**Some may think technology has gone too far and has too much control over our lives. But, for students with special needs, computer technology has allowed them to reach goals that 20 years ago were not possible.**

**Today, many students start using computers at an early age.**

There are a variety of technologies

switch the person has to learn to concentrate on the screen at a certain point and then the computer follows the point of concentration. To spell a word, the person concentrates on the letters on the screen.

Computer programs also help people with other special needs.

For the visually impaired, there are voice input programs such as "Write out Loud" that speaks the sentences as the student types.

technology since elementary school.

She now uses a portable electronic notetaker called "Braille'N Speak". It consists of six keys which represent the six dots that make up the braille alphabet. The notetaker reads what is on the screen. Alvaro is able to connect it to any computer and printer provided she has the right cables. She also has a printer which prints text in braille.

In order to read texts, Alvaro



Chris Elliott works-out at Variety Village.

*Alvaro said she doesn't know what she would do without the technology available to her. "It's basically a lifesaver...without it, I would be lost."*

and different programs available for students, depending on their abilities.

According to Joan Pagan, education consultant for Augmentative Communication Services at The Rotary Children's Centre in Waterloo, two things must be determined for students with impairments to use computers; what equipment students will use to access the computer and which program will be applicable to them?

Electronic switches are useful for people with limited motor hand skills or if they are paralyzed from the neck down.

These switches will often be attached to the student's wheelchair or to the computer. If a person has no motor skills, switches can be attached to a person's body. A mercury switch can be attached to the student's glasses, while other switches can just be a small dot that fits on the forehead.

One disadvantage of a switcher, for many people, is that they are slow. But these switches allow students to access a computer by themselves.

For example, with the dot

Co-writer puts similar words on the bottom of the screen and the person chooses the correct word. This is also useful for someone with a learning disability.

Scanners are also helpful. This equipment sits beside a computer and is like a photocopier. It transfers the material onto the computer.

Technology has helped people who normally cannot help themselves.

Pagan knows of a third year law student who has little or no use of his arms. He uses a scanner to read his law books.

For students who can't use their arms, there is a program called "Dragon Dictate", which allows them to talk out their essays.

Sylvia Alvaro, a partially blind Humber student who is taking pre-university courses, has been using a variety of computer programs

and

uses a scanner. She said she doesn't know what she would do without the technology available to her.

"It's basically a lifesaver... without it, I would be lost," she said.

Although computer technology

## S P

has many advantages for students, problems occur when the computers break down. It takes a long time to fix them, Pagan said.

Pagan said she believes, "We need to find non-technical ways to communicate."

But others like Graig Barrett, acting co-ordinator, Counselling and Disability Services at Humber, said he believes the advantages of computer technologies are worth the disadvantages.

"I think the potential for the internet to be incredibly liberating for people who have any sort of mobility or vision problems is fabulous," he said.

"It allows them to be independent.

## E C I A L

*"Nobody here is looked at and told, 'You're disabled, you can't join the team'. Everybody's welcome."*

- Professional swimmer  
Vicki Keith Munro



A disabled Humber student, John Reid, takes advantage of the technology available to him.

# Physically challenged are managing daily life

by Rajesh K. Pallan

Features Reporter

**Some students with physical disabilities at Humber are optimistic and confident of success in meeting their aspirations.**

**"I am very pleased with this college. When you see people supporting your cause, you like to come to school. For all my physical needs, there are facilities all over here," said Nick Zammit, 20, a business administration student who uses a wheelchair.**

"I thank God everyday for what I have got and don't complain against anything. I was born with this and therefore, I have learned to accept what I have," said Zammit.

Many students like Zammit do not get frustrated, but learn how to cope with life's anxieties just like anyone else.

"They think that if my legs are like that, my mind is also the same. But it is not like that," said

Karla Hernandez, 22 a General Arts and Sciences student who uses a wheelchair.

"My frustrations do not stop me from living. It makes me realize who I am. I can well understand what sufferings other people go through. The only complaint that I have is that people are curious. They should not make prior judgments without knowing us.

Hernandez works hard and nurses an ambition of creating a niche for herself. She does not allow her disability to disable her.

"My disability does not interfere in my studies. I want to become somebody important, maybe a teacher, maybe a lawyer. I expect myself to do well in school. My disability may give me barriers, but I have to overcome these barriers. It is hard but one has to accept life," she said.

Hernandez said she is pleased with the facilities provided by Humber College. It not only provides the much-needed facilities for students like herself, but it also makes arrangements for them to

excel in their respective careers.

"Humber College is a good college. They are a big help. Everything is accessible to me. In certain aspects, they could do better. Elevators are in good working order. A lot of other colleges I have seen are not as good as Humber College," said Hernandez.

Both Hernandez and Zammit said they are lucky to have families to help support them.

"My family members are very supportive," said Zammit. "It always helps to have supportive people around you. That means you are confident to go about your daily routine."

Socializing with other students at Humber allows a sense of togetherness and fellow-feeling between all students. It also helps eliminate any sense of indifference.

"I socialize with other students. They are friendly. But you know, there are good people and there are bad people. It does not make you different if you have a disability. Physically, I might be disabled but I am mentally alert and am not

different from them in my heart," said Hernandez.

Most students like Zammit take a keen interest in different hobbies and activities to keep themselves from being bored by the day's dull routine.

"At home, I walk around and do exercise. Once I am home, I am not confined to the wheelchair. I can dress myself and can do other stuff. I watch movies. I watch sports. I go swimming and I do other exercises," said Zammit.

Jim Selley, who uses a wheelchair, said the ignorant and callous attitude of some people irritates him, but he learns to ignore that. Since he is capable and confident, he does not consider it a barrier, but makes efforts to excel in his chosen field.

"I am optimistic. You have to make your own way. You cannot rely upon other people. If somebody insults me, it is more a weakness on their part rather than me," said Selley, a Travel and Tourism student.

Selley does not complain, but

stays grounded to reality and works hard to achieve his goals and makes the most of his time and energy.

"Who can I be angry at — my parents or God? That's going to be counter-productive. I don't thank God. I don't curse Him either. Once you are on this earth, you have to make your own way. I will not depend on God," said Selley.

Selley said he possesses a strong urge for self-actualizing himself. A sense of positive thinking and confident living makes him strong and vibrant.

"I like to travel and see as much of the world as I can. I love to go to exotic places. It is the desire to go on, to challenge you, to know you better. If you have a goal and you are working for that goal, that is great. I always see things in the positive light. If you allow yourself to think negatively, you are kind of digging your own grave. I like to see humor in things around me," said Selley.

## SECTION ABILITY



### A mixture of abilities are found at Variety Village

by Jennifer K. Hamoen

Features Reporter

**The 1997 Special Olympics World Winter Games illustrated athletes with mental disabilities could reach their goals. Similarly, Variety Village, a sport training and fitness centre in Scarborough, is helping many disabled people reach their goals and participate in athletic activities.**

**Variety Village's mission statement states: "Our major objectives are to improve body function, fitness and social well-being through physical activity programs integrated for the disabled and able-bodied participants."**

According to literature at Variety Village, it is "the largest sports training and fitness complex in North America for youngsters with special needs."

The centre is one of the only places in the world that is totally integrated for the disabled and

non-disabled. Half of Variety Village's 5,000 members are disabled, while the other half are not.

Variety Village has six acres of accessible facilities which include a 76,000 square foot field-house/gymnasium with a special, indoor, five-lane track. There are lanes for wheelchairs, a weight room and research lab for fitness testing, a 40-metre pool and a wading pool.

Qualified instructors and coaches are available to assist people when needed. "We like to promote independence," said Chris Elliott, an Outreach worker.

The facility provides programs for all ages. The programs include aerobics, swimming lessons, aquafit, gymnastics, archery and Jiu Jitsu.

Almost all the programs are integrated and special instructors can work with people who have disabilities.

"We like to think of it as working with your abilities," Elliott said.

For an additional fee, the centre also provides fitness testing by

professional testers and will suggest programs to accommodate a person's goals. Variety Village has also provided many Olympians and Olympic hopefuls a chance to achieve their dreams.

Athletes from international levels to paralympics like Jeff Adams, who competed in wheelchair track at the 1996 Paralympics, train at Variety Village. The Special Olympic Sunshine Team also trains at the facility.

Barry Patriquin runs everything from 200m dash to marathon races. His dream is to compete in the next Paralympics in Sydney, Australia.

In the year 2000, Patriquin said he hopes the Wheelchair Olympics will cross over to become an event in the able-bodied Olympics. He wants to compete there. He has been coming to the centre for about five years, and said Variety Village provides everything he needs to train.

"The luxury that the Village affords me is a place for a wheelchair athlete to train indoors on a

200 metre track. There are other facilities in the area that do have 200 metres but everything is here for me, I have weight rooms at my disposal — anything I want to do it is provided here at the Village," he said.

The attitude of most athletes at Variety Village is to try anything and see what works for them. "Nothing is impossible...we can adapt to equipment," said Kevin Kenny, a track coach at the centre.

Kenny said if someone had cerebral palsy and wanted to ski, they can do so by putting tiny skis on the ends of their crutches (outriggers).

Variety Village has also helped break down barriers between the able-bodied athletes and disabled athletes in the community. Vicki Keith Munro, who swam across Lake Ontario in 1988 and raised about \$800,000 for Variety Village, now coaches the Flames competitive swim team. The team consists of both able-bodied and disabled persons.

Variety Village has reinforced

her belief there is "no such thing as the word impossible." She is amazed at what the athletes can do.

"They have the attitude and personality to persevere," she said.

Ashley is a 10-year-old quadriple amputee (missing all four limbs) who qualified for the nationals after swimming for only three months. She will also qualify for the next Paralympics, Munro said.

Looking in the pool from the deck, it is difficult to find separation between those with disabilities and those without.

"You look out there [in the water] and there are some athletes that are disabled but you wouldn't even know it," Munro said. "Everyone is equal in the water."

Munro said she believes Variety is helping to change attitudes toward the disabled: "It allows the athletes a place where they can excel. Nobody here is looked at and told 'you're disabled you can't join the team'. Everybody's welcome," said Munro.



Et Cetera

# Entertainment

Music Movies Theatre Fashion

## Happenings

### Thursday

Pub Night at  
*Caps*

### Friday

JJQ's:  
Section 3  
Drop-kick me Jesus  
starts @ 9:30 p.m.

### Saturday

El Mocambo:  
*Blow-Up*  
9 p.m.

### Sunday

Dance Cave (above Lee's  
Palace): *Lux*  
(Brit-pop/techno) 9 p.m.

### Monday

Opera House:  
latest Brit poster boys—  
*Kula Shaker*

### Tuesday

See your favorite  
movie star for  
\$4.00

### Wednesday

The Lion (349  
College @ Agusta):  
*M-Space* (Triphop/Indie)  
9 p.m.

## Quote of the week

"Do we have boyfriends?  
We are interested in  
delicious food and  
sweets. And tiny animals  
like the cat."

-Naoko Yamano, member  
of the Japanese rock  
band Shonen Knife

## Former Humber Jazz student finds success in I Mother Earth

by Scott Middleton  
Entertainment Reporter

After only 13 live shows, I Mother Earth was immersed in a full scale record company feeding frenzy.

Record companies from all over North America were vying to sign this multi-talented Canadian band. Why? Because they have what it takes. Because they know what they want and they go out and get it.

I Mother Earth has been together for five years. They have two records, the latest just went double platinum. They've toured Canada, the U.S. and Europe, and played along side bands such as Radiohead, Rage Against The Machine, Stone Temple Pilots and Rush.

Bass player Bruce Gordon said playing with Rush was amazing.

"I remember sitting in my basement with my little brother listening to Rush. I never dreamed I'd be opening for them," said Gordon.

Not only did I Mother Earth play as an opening act for Rush, but Alex Lifeson, guitarist for Rush, played on their album for the song "Raspberry". I Mother Earth singer Edwin also did some vocals for Lifeson's solo album *Victor*.

When Lifeson stepped on stage at the Warehouse on Feb. 2, Gordon said "I made sure my little brother was in the audience."

The crew cut and athletic looking bassist attributes the success of I Mother Earth to the band's shared sense of focus. None of the band has any major commitments to take away from that focus.

"It wouldn't be fair to the band. We have nothing to distract us," said Gordon, "and it has paid off."

It's this kind of commitment to his music that brought this one-time Humber Jazz student to fame

and glory.

"I liked elements of it (the Jazz program). Just being in an environment where you are around a lot of different musicians, that's where I learned most of my stuff from," said Gordon. "It just immersed you in music all day which was a good experience to have."

But there were elements of the course Gordon didn't like.

"There were these other courses you had to take (General Education courses). I just felt they took away from the program in general. I ended up not going to those after a while. My report card was kind of staggered," said Gordon.

He went on from Humber to play bass for Rocktopuss, a Toronto band that practiced next door to I Mother Earth. When the former bassist left the band, Gordon was asked to join. The band had already been signed jointly to Capitol Records U.S. and EMI Canada. He meshed with the other members right away.

I Mother Earth has also seemed to get along well with Montreal-based Moist. They recently appeared with Moist at The Warehouse for what was supposed to be four sold out shows. Unfortunately, the last show was cancelled because of illness.

"There was a lot of sickness on the tour. Our road manager had to go to the hospital. Our guitar tech got the flu, then Moist's stage manager. Then Jeff and Dave from Moist got sick and Dave's got asthma problems as well. That, coupled with the flu, it just kind of did him in," said Gordon.

David Usher of Moist was taken to hospital after the Saturday show, but performed again on Sunday night.

## Choy riding *The Jade Peony* to success

by Rebecca Reid  
Entertainment Reporter

The world is about to discover one of Canada's greatest talents.

With upcoming publication of his book, *The Jade Peony*, in the United States and Germany, notable Canadian author and long-time Humber English teacher, Wayson Choy, is poised to receive the international recognition he deserves.

The novel, which is about a Chinese immigrant family living in 1930s Vancouver, is set to be published by Picador Press in Germany by April, in the U.S. in May.

Choy said, as a writer, enjoying

international success means a story was written well and widely appealing.

"It's a test of the writing and of whether or not it's literature. Good literature should reach people of all levels," Choy said.

There has been an explosion of Canadian authors achieving international literary recognition of late, with Margaret Atwood leading the way.

Choy is in great company because he shared Canada's prestigious Trillium Award for best book with Atwood in 1996.

"It has pleasantly surprised me that there are so many interested



I Mother Earth bassist Bruce Gordon, a former Humber student, performing at The Warehouse.

"You wouldn't be able to tell from seeing him. He was still putting out, but at the end of the show they took him straight to the hospital," said Gordon. "We figured to save the rest of the tour and him we better cancel a couple of shows."

In the meantime, I Mother Earth shot a video for their song "Raspberry". The cancelled show will be made up March 11 at the same venue.

I Mother Earth has been on a

gruelling tour schedule in support of their new album *Scenery and Fish*.

"We've been on an all-Canadian tour since the record came out so it was nice to see how things developed," said Gordon.

"We are definitely a Canadian band. We don't want to live anywhere else. Without getting too patriotic, we're really proud of the country," said Gordon. "We love it and I really like what's going on here."

readers responding to the book. It didn't just get written and disappear," Choy said.

Choy said he hopes *The Jade Peony*, now in its eighth printing, will show American readers that Canada has an immigrant population similar to the United States.

He said he wants it to help people see that the history of immigrants is the foundation of any country.

"Otherwise people take their citizenship for granted as if nobody lived and died and made sacrifices," Choy said.

*The Jade Peony* is being promoted as a book for people of

all ages and nationalities. In fact, Choy said he thinks it's amazing that he will soon see his work, that took 18 years to complete, translated into German.

"I didn't write it with anyone in mind. I just wanted to tell a story well and I hope readers in the U.S. and Germany will agree that I did that," Choy said.

Choy advised young Canadian writers to get published in small and large magazines which will attract publishers.

"It makes you marketable. If a magazine is willing to take a chance on you, publishers will too," Choy said.

# Moist not bothered by success

by Darren Leroux  
Entertainment Reporter

Moist stormed into Toronto last weekend, along with I Mother Earth, on one of the most talked about Canadian music tours of the year. Selling out all four shows at The Warehouse. The Et Cetera had a chance to find out what was going on with the band and how they're enjoying the tour in a conversation with Moist drummer Paul Wilcox.

**Et Cetera:** Were you discouraged with how long it took you to produce *Creature*, considering how fast *Silver* was finished?

**PW:** The actual time we spent on *Silver* wasn't very much. It was recorded over a couple of months. *Silver* is basically a demo that we did ourselves and sold to the record company and they put it out as is, without changing anything.

As far as the time it took (on *Creature*), it took a little bit longer than we thought, but we wanted to wait and we were afforded the amount of time that we could sit back and make the album we wanted to make. In the end, we're pretty happy with the final product.

**Et Cetera:** On *Creature* there seems to be a lot of emotion displayed in the music and the lyrics. Do you find that you put a lot of personal feelings and experience into the lyrics and music?

**PW:** Dave (David Usher, lead singer) writes the lion's share of the lyrics. He gets a little help in order to make things flow, but generally it's him. We try to paint a little picture and tell a little story and make people think without being too literal about it. Obviously, the actual subject matter is based on experience and on what we see.

We want to leave a little bit of interpretation up to the listener, just because it's better that way. And if people are allowed a little more room, they tend to get what they want out of what they're listening to, or out of whatever art form it is.

**Et Cetera:** Is there any one song on *Creature* that holds any particular meaning or significance for you?

**PW:** I enjoy things for different reasons. It's fun to play the singles because people know them and we get a big ego boost, or whatever. It's fun when people know your material. In that way, there's some pretty fun tunes to play.

As far as real significance, I treat it sort of like a full album because we were involved with the whole thing as a unit. There are individual songs that I enjoy playing more because they are just fun. For instance, "Tangerine" is fun because there's a cello in there and



Moist's Mark Makoway (left) and David Usher (right) playing at The Warehouse.

there's some fun breaks in it and stuff.

**Et Cetera:** You brought in a lot of different instruments on this album, like the cello and trumpet. What made you guys decide to do that?

**PW:** Well, this time out we actually got to spend a decent amount of time in the studio rather than run in on the weekends and record for 16 hours straight, which was kind of nice. We ended up trying a bunch of different things. The trumpet part in "Creature", and the cello in "Tangerine" seemed to really fit. We tried them in a bunch of other songs and it wasn't where we really wanted it.

**Et Cetera:** How are you handling all the success that *Silver* and *Creature* have thrown at you?

**PW:** We don't really have a lot of time to sit back and rest on our laurels because we're always involved in the next thing. There's always a new video to do, another tour, song writing and stuff. We tend to be pretty much workaholic about everything because we're afforded a great opportunity right now, so we gotta try to capitalize on it.

[The success] hasn't really affected us, it's a little bit weird and some people treat you differently. We're so busy and we've grown pretty much on a steady climb. We

toured the hell out of our first record before we started seeing the dividends of it.

**Et Cetera:** What do you think of the Canadian music scene and are you proud to be a part of it?

**PW:** Absolutely, we've got a full Canadian bill we're travelling across the country with, (I Mother Earth, Mud Girl). We're definitely into promoting Canadian music, it's really getting put on the map. Right now, it's a pretty good time for Canadian women, particularly, Shania Twain, Jann Arden, and Celine and all those people. We're definitely proud to be Canadian. The thing is, the scene is really blossoming now.

I guess Canadians have always been a little bit hesitant to really embrace their own in the past. Now, I think the public is coming around and getting behind a lot of really great bands. That really helps the indie scene, where we sprang out of. It's really possible to do what you want and stay true to your sound and get the support of the people across the country.

**Et Cetera:** You've been touring a lot over the past four years. Did you enjoy touring for that length of time?

**PW:** Well, the good thing about it is that we've had a chance to grow and expand our fan-base a little bit. So we're always seeing a growth in

the progress of the band. So yeah, we're pretty happy about that. As far as being on the road, we didn't really have a choice, either you like it or you get out.

**Et Cetera:** So you're happy to be touring again for the new album?

**PW:** Absolutely. It's really fun being out on our own. We did that Neil Young tour in the fall of last year.

It was perfect timing that we got that because we wanted to wait until we were well into our second single before we went out. We wanted to draw up some 'demand' if you will. That Neil Young thing was great. It was a great way to reach people that we wouldn't otherwise have access to, because it was Neil's crowd.

**Et Cetera:** You were originally supposed to do only two shows in Toronto, but there was such a great demand for tickets that you sold out four shows, did that surprise you?

**PW:** This tour has been really great. It's a really fun bill, the guys in IME are a great bunch of guys. They push us to never take a night off because they're a really strong band live.

**Et Cetera:** What prompted you to hook up with IME to do a joint tour?

**PW:** Well, same labels, same sort of genre, there's a lot of uniting points in our whole fan base and sound and the people we attract to shows. It just seemed like a good bill, a lot of high energy rock and roll. It just seemed like a good thing to do. We've done a couple of shows with them before.

**Et Cetera:** Do you plan to play any smaller venues?

**PW:** After we split with IME after this tour, we're going out with another great Canadian band, Ginger, and covering a lot of places that we've never covered before, like St. Catharines.

**Et Cetera:** Are you going to tour the U.S. at all?

**PW:** We want to take care of Canada first. It's our home and it's a better thing to do. We've been really looking forward to doing a big tour of Canada for a long time. As far as the States are concerned, it's not a priority, but we'll eventually get down there. We will be going to Thailand after the Junos, and we'll be there for a couple of weeks.

Our singer is half Thai and when the media found out about it over there, they made a big deal out of it, almost to the point of it being disturbing. It was a big surprise. They're a very polite crowd. It's a totally different culture.

# Silver lining in the Australian outback

by Chantal Delevo  
Entertainment Reporter

Australian band silverchair rocked Toronto as they played live from coast to coast on television across Canada. Feb. 4 was the release of their new CD *Freak Show*, and silverchair were downtown on Queen Street to present the latest to their fans.

The event was called *Intimate and Interactive* and was hosted by *MuchMusic*.

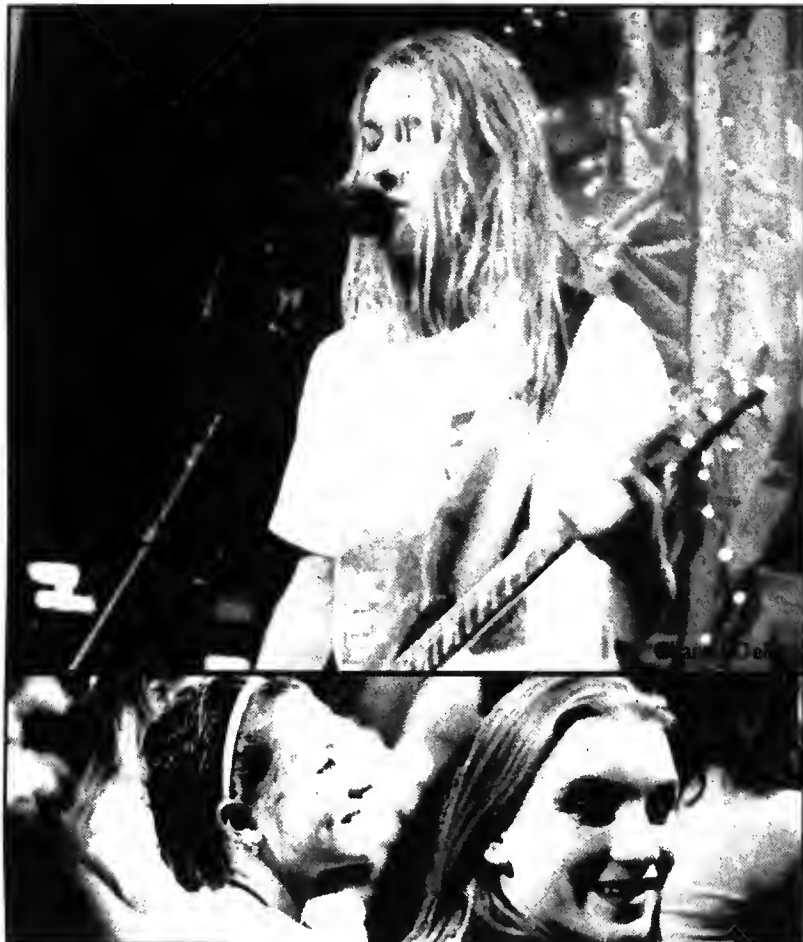
Hundreds of silverchair fans waited for up to 11 hours in the pouring rain and were finally let in to hear the band at 7:15 p.m.

Silverchair came on stage and welcomed the crowd of about 200, who showed deep passion for the band by their screams.

Lead singer and guitarist Daniel Johns relished the attention and smiled coyly at the crowd as he started to play the first song, "Slave".

Silverchair's sound has been compared to the likes of Nirvana and Pearl Jam. Johns has also been compared to Kurt Cobain, a comparison which Johns revealed worries him a lot.

The concert ended with a controversial song, "Israel Sun", from their new CD. Fans had their final



Silverchair's Daniel Johns (top) pleased 200 screaming fans. mosh, and didn't want to leave. Yet the *MuchMusic* V.J. seemed ready to go, as fans trampled over him to catch a final glimpse of their idols.

It seems like silverchair has found a silver lining. It is rumored a silverchair concert may come to Toronto in May.

# An idealistic dose of Vitamins

by John Wright

Entertainment Reporter

People say you can't make money in a punk rock band, but you can have a hell of a lot of fun and that's exactly what the boys in Marilyn's Vitamins are doing.

This punk outfit from Orangeville, whose members include Colin Vitamin, Dan Syndrome, Jeff Obnoxious, Dick Teenager and Adam Puerile hasn't looked back since signing to the Raw Energy record label in June 1996.

Vocalist and lyricist Colin Vitamin said he never imagined things would turn out as well as they have.

"We started out just wanting to write songs that weren't about beer and girls and stuff," said Vitamin. "We're from a small town and we were doing it just for fun. We decided to send a demo tape to Raw Energy. We ended up playing some shows with other bands on the label and we eventually

signed with them in June of 1996."

Their full length album, released by Raw Energy and called *In These Shoes*, has garnered plenty of attention and good reviews. Lyrically, the album discusses things like racism, alienation and living in the suburbs.

"I try to incorporate things I see happening in society into my writing," said Vitamin. "We've got a song we wrote not too long ago about the 'squeegee kids'. I think this issue is really important to talk about because you see these kids outside in the freezing cold working their asses off every day. Then, you have the government coming in wanting to pass legislation making it illegal."

Though the band has a strong social conscience, they're careful not to preach too much. They do try, whenever they can, to get people to think about six things that Vitamin said sums up the band's way of thinking.

It goes like this: "Everyone

needs a home. Everyone should have enough food. Don't impose on other people's lifestyles. Admit your faults. Accept responsibility for your actions, and above all, have fun."

Vitamin said the band enjoys having a public forum to discuss their political views, but admitted they really aren't doing what they're doing for anyone but themselves.

"We're hypocrites, to be perfectly honest. A lot of people are talking to us like we're going to change the world or something, and... we don't have any of the solutions, we're just pointing out the problems."

This type of tongue in cheek attitude towards their music is probably also the reason they appeal to younger audiences.

"We've been talking about doing fewer licensed shows and maybe more all ages shows, which would be better for us because a lot of our audience is still underage."

With plans to go on a 10-day tour in March, the band looks forward to the possibilities of what the future may hold.

"If this turns into a career it would be great," said Vitamin. "It's a lot of work, but it's starting to pay off. We're enjoying ourselves and the prospect of making a living at this is definitely something we could get used to."

Upcoming Marilyn's Vitamins show

Feb. 22 @ the El Mocambo

# Year of the Ox begins with a bang

by Bernice Barth

Entertainment Reporter

The Canadian Airlines Chinese New Year Festival was a colourful mix of history and good entertainment.

East Meets West Productions brought their annual Vancouver Chinese New Year celebrations to the International Centre in Toronto for the first time this year. The event, which lasted from Feb. 6 to 9, was a huge success.

Entertainment included both local talents and acts straight from Taiwan. Acrobats, pianists, choirs, opera singers, comedy troupes, orchestras and karaoke finalists were just some of the entertainment provided on stage. Off-stage, there was gambling and prizes to be won, such as trips to China and diamonds.

Mixed in with all the entertainment was Chinese culture and tradition. Oxen were visible everywhere because it is The Year of The Ox. Joseph B.C. Lee, one of the owners of East Meets West, explained the meaning of the ox.

"The ox works very hard and harvests," he said. "If you work hard enough, you will always get your return."

Most of the patrons at the festival followed tradition by wearing certain colors. "You know in Chinese New Year we all like to wear something close to the red colour. If you are superstitious, you don't like black or white on the New Year's date," said Jennifer Tang, a food vendor at the celebration.

Other cultural riches at the festival included kung fu, folk dance demonstrations, Chinese art displays and special, traditional food

that was not only abundant and scrumptious, but was also supposed to bring good fortune. One of these special foods was fish. Lee explained that fish is prepared but not eaten until after midnight on Chinese New Year. This is because the Chinese word for "fish" sounds like the word for "remains". Not eating it, "means you always have savings or resources and you would not exhaust your resources and go into the next year empty handed," said Lee.

Numerous other rituals the Chinese follow in order to bring luck and prosperity in the New Year were also present at the festival. One of them was the distribution of red and gold envelopes with "Lycee" or "lucky money" in them.

There were also a number of flower vendors at the festival, because the Chinese buy flowers to bring prosperity and good fortune.

"The Chinese believe in buying fresh flowers and we bring them home and we arrange them. [They] will bring good luck, health and a prosperous New Year," said Aster Tang, a florist at the festival.

Another of the rituals followed at the celebration was the proclamation of wishes. Glenn Lau had a booth at which festival patrons could buy banners to post their wishes.

"They like to put their wishes on this red paper and then they would put it up in their home hoping this would bring them good fortune next year," he said.

After its exceptional attendance this year, Lee said that the Chinese New Year Festival will be returning to Toronto again.



The Year of the Ox was opened with a variety of acts.

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Et Cetera

# Sports

Basketball Volleyball Soccer Hockey

## Basketball giants finally fall

by David Critelli  
Sports Reporter

On a cold and stormy night in Oshawa, the Humber Hawks women's basketball team were pounded by the pesky 8-1 Durham College Lords.

In front of a large and boisterous audience, the contest pitted two nationally ranked teams against each other.

Fresh off a second place showing at the Humber Cup Tournament, the Hawks were primed and ready.

The game started with a bang, as both squads pushed the ball in an up-tempo fashion. Two powerhouses were doing battle and the action was ferocious early on.

Shooting from all angles, the teams matched each other point for point. With 15 minutes left to play in the first half, Durham led 8-7.

Going hard to the basket, both squads earned several early opportunities at the charity stripe.

By capitalizing on all their chances through efficient and sound foul-shooting, the Lords continued to hold the Hawks at

bay. Turnovers by Humber led to quick and easy Durham scores. Playing an in-your-face defensive style, the women Lords thoroughly stymied the Hawks' powerful inside game. At half time, Durham was in control, leading 40-36.

Another quick start out of the gates saw the Lords increase their lead.

While the Hawks were mired in sloppy play, a focused and intense Durham squad capitalized on each mistake. They excelled in getting to the loose balls first and forced Humber to put up bad shots.

With 10 minutes to go, a shocked Humber team found themselves down by 16 points, 60-44. In the end, a quick and highly-conditioned Durham squad surprised the women Hawks. By exploding towards the basket on offence, the Lords mounted points with reckless abandon.

Great foul-shooting and an unmistakable will to win proved to be too much for the Hawks on this night. Durham beat Humber at their own game, tallying a stunning 19 point victory, 84-65.

While both sides turned in gritty and hard-working efforts, one player stood out from the crowd. Julie Goedhuis of the Durham Lords recorded an astounding 30 points in a game that featured several all-star calibre players.

The Hawks were led by Tanya Sadler's 23 points, guard Aman Hasebenebi tallied 10 points and centre/forward Wendy Aldebert chipped in eight points.

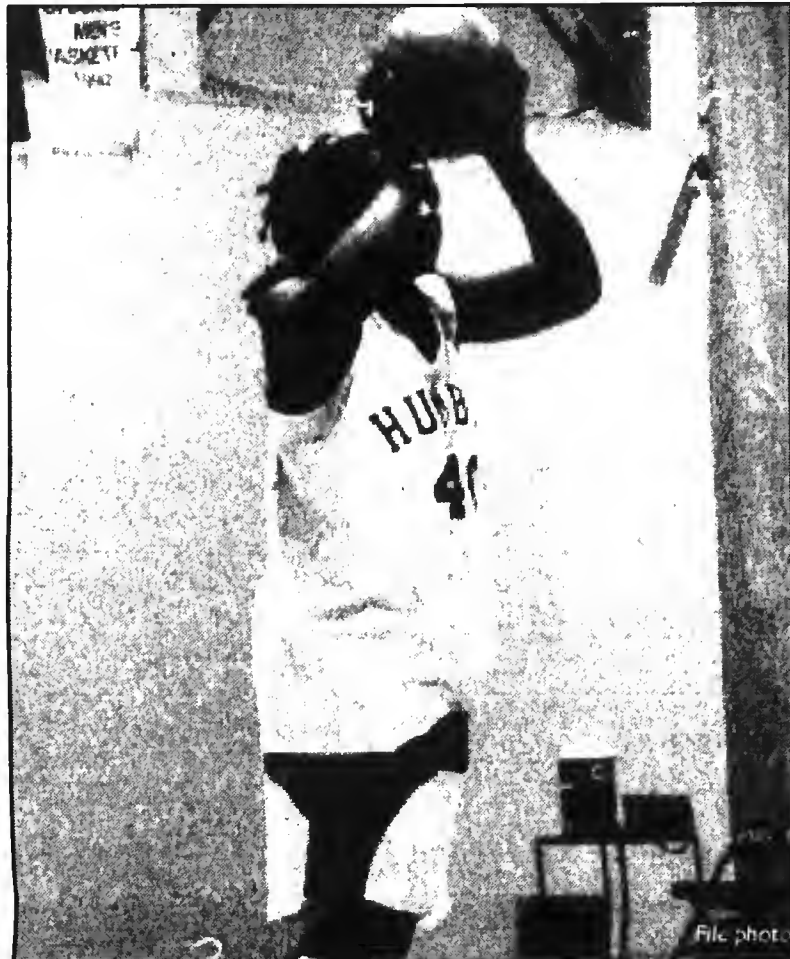
Disappointment in the outcome was evident, but the players chose to put a positive spin on the situation.

"Durham played very well tonight," said Hasebenebi. "I really think they improved."

Stung by the loss, Tanya Sadler was still graceful in defeat.

"They came out strong," she said. "Their first basket was a key moment ... they could smell a win there."

The Hawks now have to regroup and focus on the final two games of the regular season. A home match against Seneca College and an away contest with Redeemer College round out the schedule.



Tanya Sadler's 23 points weren't enough to lead the Hawks past the tough Lords squad from Durham. The 84-65 loss marked only the first of the season for the Hawks.

## Lordy lordy what a game

by Vince Versace  
Sports Reporter

Simply put, it was gut check time for the Humber men's basketball team.

Heading into the game against Durham last Tuesday, the Humber Hawks were coming off a humiliating loss against the Sheridan Bruins.

These back-to-back games, against two of the toughest teams in their division, were critical to measure where the Hawks would stand in their division.

"It will be interesting to see how we play tonight," said Head Coach Mike Katz prior to the game against the Durham Lords.

The Hawks proved they could play with the big boys.

They defeated Durham 85-80, on their home court, avenging an early season loss to them.

The game was in complete

contrast to the way Humber had played against Sheridan. They were relaxed and dictated the pace of the game. Their intense man-to-man defense gave Durham problems throughout the first half.

This helped Humber jump out to a 29-11 lead, after only 10 minutes of play. They had completely frustrated Durham in every aspect of the game.

Jason Daley was in great shooting rhythm and he hauled down some important rebounds.



Humber avenged the early season loss to Durham with a 85-80 win.

Adrian Clarke and Rowan Beckford also contributed to the strong rebounding effort.

The Hawks started the second half leading 50-36, but Durham

turned up their game when play resumed.

"We expected them to come out with a big push," said Hawks forward O'Neil Marshall.

After 11 minutes, the Lords had cut down the lead to four points. With five minutes left, Durham tied the game at 68. They elevated their game offensively, especially their rebounding.

However, Humber maintained their pressure on defense and patience on offense.

Beckford had 25 points and

Daley had 21. They both helped Humber keep it together down the stretch.

Beckford hit a key three-pointer to push Humber ahead 75-74, right after Durham had taken the lead with two minutes left.

Hawk guard, Stephan Barrie, hit five of six foul shots with a minute left in the game.

With eight seconds left, Durham added to the drama by hitting a three-pointer, making the score 82-80 for Humber.

The Hawks responded immediately, adding three more points to make the final score 85-80.

"We knew if we maintained our poise and stuck to our game plan we would be all right," added Marshall after the game.

The Hawks faced Seneca last night, then travel to Centennial to do battle with the Colts on Feb. 18. Game time is 8 p.m.

### sports quote of the week!

Michael Jordan on whether or not he gives teammate Dennis Rodman any advice:

"I don't give him advice, except he should always wear pants."

-T.O Star Feb. 11, 1997

# Hawks scout out a playoff spot

by Jeff Allen

Sports Reporter

Last Thursday was Retirement Night at Humber and the Women's volleyball team had the honor of being the opening act. However, they decided to keep their time in the spotlight to just over an hour because for their fourth straight match, the Hawks destroyed their opposition in three straight games.

This time the opponent was the defending OCAA Champion Seneca Braves, who mounted very little in the way of offense. The Hawks disposed of the Braves 15-8, 15-10, 15-8.

For Power Brenda Ramos, a former three-year member of the Braves, the win was especially sweet.

"I was excited to play them. I thought they would have come out at us really hard, but they didn't and we jumped right on them," said Ramos, who played the final home game of her four-year career.

The Hawks held a 4-2 lead in the first game when Setter Caroline Fletcher opened the flood gates with an ace. Humber went on to rattle off seven straight points before Fletcher would serve a second ace. Middle Amanda Roberts, also playing her final home game as a Hawk, put a huge block in the face of a Seneca attacker to give the Hawks the first game, 15-8.

The Hawks came out flat in the second game and quickly found themselves down 8-2.

"We kinda fell asleep and



**BIRDS OF PREY**—The Hawks continued their recent roll by pounding the visiting Seneca Scouts in three straight games, 15-8, 15-10, 15-8. This win made it four wins in a row for the Hawks. They collected their fifth straight victory by dumping the Georgian Grizzlies, ending the Barrie squad's hopes of a playoff spot.

needed a kick to get our butts back in gear," said Fletcher.

That kick in the butt came from Caroline Ambros, who began hitting bullets at a shocked group of Seneca defenders. She followed up her kills with some sharp words which eventually drew a warning from the referee.

"The team said that we needed some attitude, so I decided now was the time we could use it," Ambrose said, adding it was the first time her grandmother had seen her play, which added to her fire.

Ambrose's outburst regrouped the Hawks and also knotted the score at 10-10. That's when Ramos took over. She hit three

consecutive kills and then served up a game closing ace as the Hawks took the game 15-10. It was the first time in seven games the Hawks had allowed the opposition to score double digits.

The third game saw Humber and Seneca trade blows until 7-7, then the Hawks kicked it up a notch and forced the Braves to make unforced errors. Those errors gave the Hawks the chance for the sweep with a 15-8 win.

Assistant Coach Colleen Gray handled the bench duties once again for the Hawks. Humber is now 4-0, and has won 12 games, while losing only two when Gray handles the reins.

"I don't know what it is. I think I'm a little tougher on them (as a head coach) than I am when Dave (Hood) is here," said Gray.

"I make them want to kill the ball every time because that's the way I was when I was a player."

The Hawks have now won four in a row, having peaked just in time for the OCAA playoffs, which begin this Thursday night when Humber hosts the Seneca Braves. Game time is 8 p.m.

"When we went to Thunder Bay (two weeks ago) we really came together as a team," said Fletcher. "Dave (Hood) told us this is the beginning of the end of our year. This is a really positive time of year to get hot."

## Birds of prey

by Jeff Allen  
Sports Reporter

Tuesday night the team travelled to Barrie to play their season finale against the Grizzlies.

The Hawks put the Grizzlies into hibernation for the year beating them three straight to kill Georgian's playoff hopes.

It was the final time the Grizzlies will play out of the Barrie campus.


"We played pretty well," said Head Coach Dave Hood, who returned after a three game absence.

"It was a tough match for them to have to play, because they had to win to make the playoffs and it was the last game for them at that gym."

The Hawks closed out the season on a five game winning streak.

They begin their march to the OCAA playoffs tonight when they host the Seneca Braves.

"This is a big game, because I respect this coach and what he's done. He took a team that finished fifth last year and won the OCAA's," said Hood.



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## INSIDETHE NUMBERS

- 10 - number of strokes Tiger Woods won the Asian Classic by.
- 01 - the rank of the Mighty-Duck's uniform among all NHL teams (ESPN sponsored fashion gala in New York)
- 07 - minute mile. That's what Rockie skipper, Don Baylor expects his team to run by spring training.
- 05 - Mark O'Meara became only the fifth player in pro golf history to break the \$8-million mark in earnings.
- 02 - number of Leaf wins out of 11, when playing the second game on successive nights.
- 35 - The Leafs have faced 35 or more shots in a game 22 times this season.
- 23 - the average age (excluding John Long and Earl Cureton) of the players on the Raptors roster.





**IMMORTALITY**—Adam Morandini (left) from the men's soccer team, and Eugene Selva from the men's volleyball team had their numbers retired on Thursday night during a ceremony between the women's and men's volleyball games. Morandini led the way for the Hawks 1995-96 National championship, while Selva led his team in scoring three of the past five years, including most kills with 202 in 1995-96.

# Two of Humber's finest are honored

by Jennifer Morris  
Sports Reporter

Humber College retired two of its superior athletes jersey numbers last Thursday night. Eugene Selva a men's volleyball standout and Adam Morandini star goalie for the men's soccer team were honored with the retirement of their numbers to the Humber College Hall of Fame and the wall of the gym.

The ceremony, which took place after the women's volleyball game against Seneca last Thursday saw the two athletes honored for their athletic achievements and their contributions to Humber College.

Robert Gordon, president of Humber College, pointed out during his speech that both Selva and Morandini have graduated from at least one program at Humber and will be graduating from another this spring. So, he said these awards also stood for academic as well as athletic achievements.

"Dr. Gordon wanted to make a point that we only honored people who have been good students," said Doug Fox, Athletic Director.

Both Selva and Morandini spoke at the ceremony, as well as their coaches and their parents.

The ceremony took an emotional turn: "It was the first soccer player that we retired, it was kind of emotional.

Adam is like a younger brother to me. He's very special," said Germain Sanchez, coach of the Humber College men's soccer team.

Adam's Father Rick Morandini, the coach of the men's soccer team at George Brown College, spoke glowingly of his son.

"I was very proud of Adam's achievements and this ceremony was a big deal," he said. "It is something that he'll remember for a long time."

The ceremony was also emotional for Selva as Thursday night was his last game at Humber College.

"It was a little emotional, being my last game and my last year. It was a big honor," he said.

Eugene's mother, Sharon Selva, spoke for his family at the ceremony.

"It was very nice to have the athletes honored," she said.

The athletes have to make certain achievements in order to have their numbers retired. These include graduating from a program at Humber, demonstrating leadership skills, being named an OCAA All-Star, as well as demonstrating the "Humber Hawk" persona.

Both Selva and Morandini have fulfilled all of these qualifications.

"Eugene is the epitome of the Humber College ath-

lete," said Hawks Coach Wayne Wilkins, who played with and coached Selva.

Humber's former athletes have a history of returning to the college to coach and Morandini was officially welcomed into the ranks of the coaches on Thursday night.

"I'm pleased to be welcoming Adam to the coaching staff. I know that he will be a great help to the team," said Sanchez.

There is one special quality that both Selva and Morandini share that make them the special athletes they are.

"You can see the humbleness in both these athletes, which is why they are so special to us. Adam's been a dominant force in the league for years and you never hear a word about it. Eugene is the same thing. He doesn't even tell his parents when he's played well. They are both tremendous athletes," said Fox.

Both the athletes were sad to be at this final event and agree that Humber's been good to them.

"It's been the best six years of my life. I've never had so much fun playing soccer before," Morandini said.

Selva was not quite so vocal after the game, but what he did say will mean a lot to his friends and teammates.

"Thanks Humber College," he said. "I loved my time here."

# Emotional ceremony leads the way to victory

by Jennifer Morris  
Sports Reporter

The Humber College men's volleyball team dealt a crushing blow to the team from Seneca College last Thursday night, defeating them in three straight games.

The emotion on the court and from the spectators in the stands was evident as the Hawks pulled out to an early lead.

The retirement ceremony was the catalyst for the fans. Every time Eugene Selva hit the ball; the noise level in the gym went up to an almost deafening level.

"The atmosphere (in the gym) was really positive and upbeat for everyone," said Christine Connelly, president of the Student Athletic Association, which helped plan the evening together. "It was really great to see so many people cheering and making it special and emotional."

Coach Wayne Wilkins agreed, thanking the fans and the school for their support.

"Nobody puts on a better spread than Humber," he said. "They (the fans and the college) take a back seat to no one."

The Humber Hawks defeated Seneca's Scouts 15-1, 15-3, 15-5. Saceli Lewicki, coach of the Scouts, was unhappy with his team's performance.

"We came out flat. We were scared, they're bigger, they jump higher and hit harder," said Lewicki.

The Hawks never eased up throughout the whole game.

"The guys executed extremely well, everybody felt relaxed and felt really good about the game. We made very few errors," said Hank M. the Hawks assistant coach.

Many of the fans for the evening were from the "Pud" Young and David John Collins,

who were both outstanding in their respective positions.

The spectators at the game did their best to electrify the atmosphere.

"Humber was pumped up with the ceremony before the game," said Lewicki, Seneca's coach.

Most of the players agreed: "Everybody played so well, which is good because it is playoff time now," said Selva.

"We played to our potential, we didn't lower our standards," Wilkins said.

With the Ontario College Athletic Association Championships coming up on February 19 and 20 at Cambrian College in Sudbury, the team is practicing hard.

"We are looking forward to the OC's. Of all the years, this year we have our best shot," Wilkins said. "We have a lot of veterans with a lot of experience. We'll also have the advantage of having been there last year."



Eugene Selva and Dan Wylie go up for the block against Seneca OCAA action on Thursday. Humber went on for the win, taking three games straight, 15-1, 15-3, 15-5.

# Don't be a dumbbell – workout for free

by Andy Devlin

Sports Reporter

Fitness fanatics at Humber College don't seem to know what they're missing when it comes to the college's fitness facilities.

According to Humber College's financial services figures, more than \$700,000 will be spent this year for recreation and fitness staff, programming and equipment maintenance. The money pays for an impressive array of programs and facilities which fitness staff said is being under-used.

"Full-time students are entitled to use the recreation and fitness facilities at no charge and many don't even know it," said Fitness Co-ordinator Tam Laframboise.

Aerobically-inclined students can take part in weekday aerobic classes held in the gymnasium during lunch hours, while some evening aerobic classes are also offered, including one at the student residence on Wednesday nights.

Booking two days in advance usually ensures access to the college's two popular squash courts.

The weight room, complete with a full range of free



John Sardella taking advantage of weight room facilities.

weights and weight training machines, is open from 6:30 a.m. to 9 p.m. Monday through Thursday and 8 p.m. on Fridays. On weekends, the weight room hours are 10 a.m. to 4 p.m.

"It has more than just the basics in here," said architecture student, John Sardella who uses the weight room

every day. "We probably have a better weight room than any other school."

"We can even set someone up with a free fitness test and free personalized training," said Laframboise.

A cardio-training room is located in a converted squash court and containing lifecycles, treadmills, stationary bikes and stair climbers one would find at any health club downtown. The room has also been fitted with an improved ventilation system for the oxygen starved aerobic athlete and is open during the same hours as the weight room.

The college's pool has student swims on weekdays from 7 a.m. to 9 a.m., and again from 1 p.m. to 2 p.m. Evening student swims are held Monday through Thursday at 10 p.m. to 11 p.m., public swims are held every Saturday and Sunday from 1 p.m. to 3 p.m.

The gymnasium is also open to students on a non-interference basis, with Humber College's varsity teams who frequently practice between 4 p.m. and 7 p.m. on weekdays.

"We have just about anything the athlete could ever want," said Laframboise. "We even provide free locks while you're working out, a free towel service and, of course, free therapy."

## Injury clinic – right medicine

by Andy Devlin

Sports Reporter

The staff at Humber College's Sports Injury Clinic are treating up to 40 people a day.

"We're mostly seeing an increase in muscle strains and lower back injuries," said Glen Parsons, head athletic therapist at the clinic. "Many people are simply trying to do too much too soon."

"The therapy is the best thing at the college," said second-year Ski Resort Management student Joel Anderson, who receives therapy three times a week at the clinic.

"If someone is to start off in a weight training program, they need a week or two of anatomical adaptation," Parsons said. "It just means that previously inactive muscles and tendons need to be gradually adapted to strenuous exercises."

Parsons advised athletes starting a new weight training program that they should be able to do one set of 15 repetitions of any given exercise before taking on multiple sets or working out to increase muscle mass. This single set adaptation period should last between one and two weeks, depending on how frequently the athlete plans to exercise.

"People should start off doing something that they are actually capable of. It's important to find a program that meets your lifestyle," said Dr. Stuart Greenspan, a leading Toronto sports injury specialist and a frequent guest on the FAN 590 radio station.



Joel Anderson receives therapy three times a week in the injury clinic.

"It is also important to remember that diet directly leads to muscle strength," says Greenspan, adding that many people lack important B vitamins and folic acid.

There are many different types of B vitamins that are needed by cells to produce energy and all B vitamins are considered essential to a healthy diet, especially for athletes who want muscle growth. Canada's Food Guide lists sources of B vitamins in detail, but, in general terms, foods rich in vitamin B include wheat germ, enriched cereals, liver, eggs and brewers yeast, according to "Let's eat right to keep fit".

Folic acid is needed by the body for growth and it can be found in leafy green vegetables, nuts, and liver.

Parsons said personal equipment is the key to a safe and comfortable work-out. Gloves should fit snugly, while not cutting off circulation, and have adequate padding in the palms.

Additionally, proper weight belts should be worn for any exercises that cause back strain or require the athlete to have a weight above his or her head.

Although a proper stretching routine is essential for any athletic activity, according to Parsons, it should not be the first thing the athlete does prior to the main work-out.

"The body doesn't respond well to stretching when it is cold, so before you stretch it's important to increase the body's core temperature with some sort of activity," Parsons said. "The best way to tell when the body is warmed up is when you break into a sweat then you can begin to stretch for your intended activity."

The sports injury clinic is located across from Humber's gymnasium and is open for free consultation from 2 p.m. to 7 p.m. for any full-time student.



## Athlete of the week



### Jason Daley #00-Forward

Jason collected 22 points as Humber downed the Durham Lords 85-80. This may have been Daley's last home game in his career with the Hawks. Jason joined the **500 POINT CLUB** in his career with 562 points in 41 games between 1993-96.

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**FROM  
YOUR  
SPORTS  
EDITORS**

\*No lizards were harmed in the production of this paper

# Aeros face fierce opponents for title

by Andy Devlin

Sports Reporter

After almost four minutes of overtime, the North York Aeros finally tamed the Newton Brook Panthers to win this year's Ontario Senior Women's Provincial Hockey Championships in Cobourg.

"I was thinking all game long that if we won, we'd get a chance to go to British Columbia for the nationals," said Centre Cindy Cryderman, who was elated about scoring the game's overtime winner. "I had the puck in their end, looked up at the net and just shot it."

The 22-year-old from Beamsville rifled the puck from the top of the left face-off circle, blasting it between the legs of Panther netminder Brenda Denault, giving the Aeros a 2-1 victory and their eighth provincial championship in the past nine years.

After Cryderman's game-winner, her team-mates poured over the boards and jubilantly tackled her to the ice.

"These girls just don't quit," Aero Coach Ken Dufton, said of his players. "I can't tell you how proud they make me. They really deserved this one."

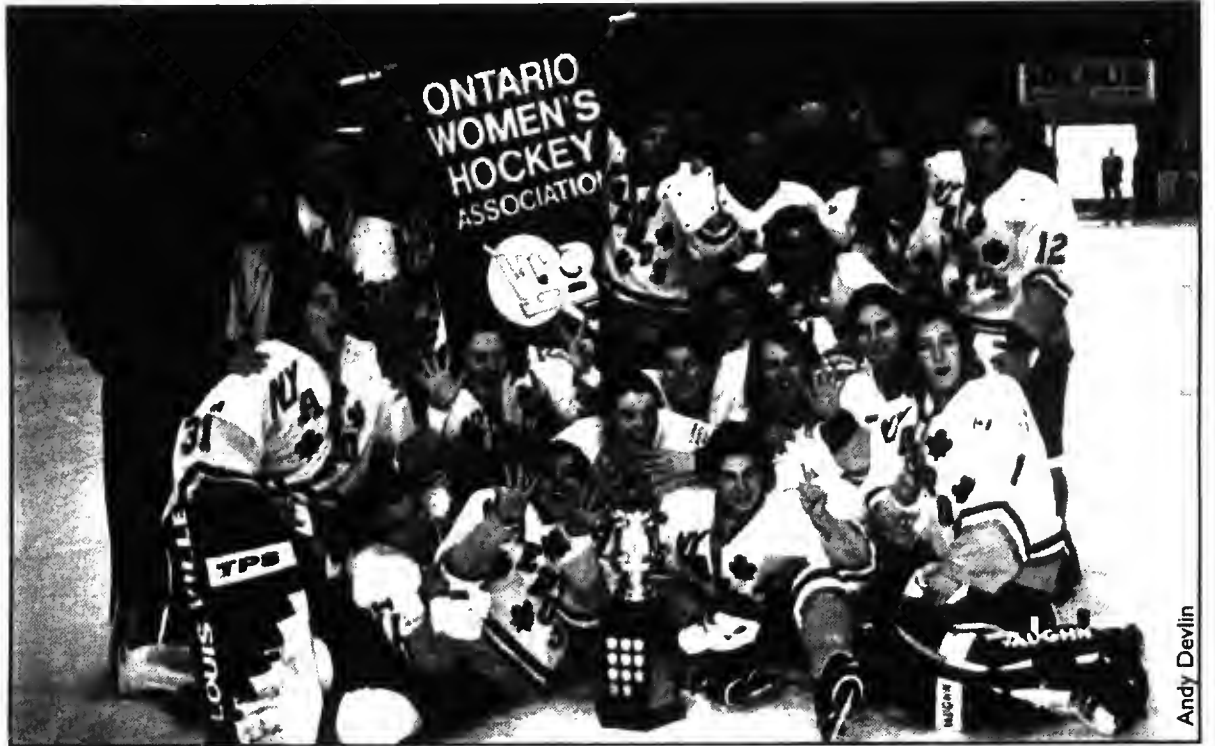
The Aeros trailed their opponents from the midway point in the first period when Lori Dupuis gave the Panthers an early 1-0 lead. The game stayed that way until the final minute of the third period when Aero Captain Geraldine Heaney tied the game, sending it to overtime.

The Panthers quickly jumped on the Aeros in the overtime period, controlling the puck and causing confusion in front of the Aero's net. But two minutes into the extra frame, Panther all-star forward Vicki Sunohara was caught with her head down and was flattened to the ice.

"It almost felt like whiplash," Sunohara said after the game.

The Panther trainer tended to the fallen forward for five minutes before Sunohara was able to make her way off the ice. The delay gave the Aeros the rest they needed and other than giving up one Panther breakaway, momentum was on the Aero's side until Cryderman's game-winning goal.

Despite the low scoring affair, the championship game was highlighted by the pin-point passing and the high-speed skating of two of the Central Ontario Women's Hockey League's top three



North York Aeros captured the Ontario Women's Hockey Championship 2-1 OT win.

teams. Both Panther Goalie Brenda Denault and Aero Goalie Jen Dewar, faced over 30 shots each, resulting in an impressive goaltending clinic for the boisterous fans who packed Cobourg's Memorial Arena.

The victory earned the Aeros the right to represent Ontario in next month's national championships to be held in

Richmond, B.C.

"We were really upset to lose to Quebec in last year's nationals," said Aero Assistant Captain Cassie Campbell, who also plays for Canada's national team, "But this year it'll be gold for sure."

The North York Aeros leave for British Columbia the first week of March.

# Globetrotters a slam-dunk

by Paul Richardson

Sports Reporter

The sweet sounds of "Sweet Georgia Brown" were heard at the SkyDome, as the "Clown Princes of Basketball" stopped by Toronto bringing their dazzling brand of basketball with them.

The Harlem Globetrotters, as part of their 71st World Tour, came to Toronto this past weekend playing two games against a team of International All-Stars, and lived up to their nickname of the "Clown Princes of Basketball".

Patrick Dunn took part in a Globetrotter basketball clinic between the two games and was looking forward to seeing the Globetrotters during the second game.

"They're great, outstanding," said Dunn. "I can't wait to see them in action."

Everybody from the timekeeper to the referee to a baby sitting courtside were fair game to the Globetrotter hijinx as they displayed their full arsenal of dazzling slam dunks, no look passes, backward shots from half-court and their trademark highspeed "circle of magic" passing drill.

At several times during the game, the Globetrotters had the basketball flying through the air with such speed and ability that you would almost swear they were playing with more than one ball.

Globetrotter Clyde "The Glide" Sinclair summed up what it means to be part of the team.

"It means the world to me, this is my ninth year (as a Globetrotter)," said Sinclair "I wouldn't trade it for anything."

Teammate Elmer Martin, shared Sinclair's feelings.

"It's more of an honor than a privilege," said Martin. "Some of these guys can do great things with a basketball."



'Clown Princes' dazzle Toronto fans with their unique style of showtime.

In their 70 year history, which began on January 7, 1927, the very first touring Harlem Globetrotter game was played in Hinckey, Illinois, before a crowd of 300.

Since 1927, they have delighted over 100 million fans in 114 countries.

Globetrotter Ethan O'Bryant commented on the Globetrotter mystique and what it means to be a part of it.

"You are part of something that is very special," said O'Bryant "It's a feeling that you can't describe. It's amazing."

The Globetrotters, who have played under unusual conditions to reach their audiences, such as on the flight deck of an aircraft carrier (The USS Enterprise in 1967). When the Globetrotters arrived in Peru some years ago to play a series of games, a civil war was raging. The Peruvians were so anxious to see the games, the war was put on hold for a few days.

They have also performed before three Popes, amassed some amazing winning

streaks of 2,495 games ended by the New Jersey Reds in overtime 100-99, and an 8,829 game winning streak was ended by Kareem Abdul Jabaar's Legendary All-Stars.

In 1996 during their Globetrotter Friendship Tour, they became the first professional basketball team to play in a democratic South Africa.

In 70 years, five people have been named honorary Globetrotters; Dr. Henry Kissinger, Bob Hope, Kareem Abdul Jabbar, Whoopi Goldberg, and South African President Nelson Mandela.

Throughout Saturday's game Paul "Showtime" Gaffney would call out to both his teammates and members of the crowd asking, "How are you feeling, you doing okay?"

If the cheers that echoed around the Dome, were an indication of how the audience was feeling, then the fans were doing fine, thanks.

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# OCAA standings

## Men's Basketball Central Region

	GP	W	L	FOR	AGT	PTS
Sheridan	8	7	1	713	603	14
Durham	8	5	3	634	541	10
<b>Humber</b>	<b>8</b>	<b>5</b>	<b>3</b>	<b>584</b>	<b>551</b>	<b>10</b>
Centennial	8	4	4	572	640	8
Seneca	6	2	4	424	444	4
George Brown	8	0	8	503	651	0

## Women's Basketball

	GP	W	L	FOR	AGT	PTS
<b>Humber</b>	<b>11</b>	<b>11</b>	<b>1</b>	<b>967</b>	<b>641</b>	<b>22</b>
Durham	10	9	1	721	484	18
Seneca	11	8	3	862	588	16
Fanshawe	12	6	6	704	675	12
George Brown	10	4	6	544	605	8
Mohawk	10	2	8	453	683	4
Niagara	10	2	8	442	637	4
Redeemer	11	1	10	396	776	2

## Men's Volleyball West Region

	MP	MW	ML	GW	GL	PTS
<b>Humber</b>	<b>10</b>	<b>9</b>	<b>1</b>	<b>27</b>	<b>8</b>	<b>18</b>
Cambrian	12	9	3	32	16	18
Niagara	11	8	3	26	15	16
Georgian	11	7	4	25	2	14
Mohawk	11	4	7	21	23	8
Seneca	10	1	9	8	28	2
Redeemer	11	0	11	5	33	0

## Women's Volleyball Central Region

	MP	MW	ML	GW	GL	PTS
Cambrian	10	10	0	30	2	18
<b>Humber</b>	<b>9</b>	<b>7</b>	<b>2</b>	<b>22</b>	<b>9</b>	<b>14</b>
Georgian	9	5	4	18	16	10
Seneca	9	4	5	15	16	8
Centennial	9	2	7	9	23	4
Confederation	10	0	10	2	30	0

## sportsINSIGHT

by Joe Mercer

Were the NBA All-Star slam dunk judges watching the same competition I was? I think not. Because if they were, **Darvin Ham** would have made it at least into the championship round.

The **Leafs** have won two in a row. Big deal. They're still in last place.

Thank God **Jim Kelly** finally retired. All I'm waiting for is for **Dan Marino** to finally realize that he's never going to win a Super Bowl and retire. Do us all a favor and work on your acting career and make lots of Isotoner glove commercials (they make me laugh - sort of like the **Dolphins**).

It's good to see that the Eastern Conference is still the strongest conference in the NBA. But where was **Damon**? He would be there if the **Raptors** played in the West.

**Shaq** was rated the best centre in the NBA along with Houston Rocket star **Hakeem Olajuwon** in a recent Toronto Sun poll of sports journalists. Did I miss something the past few years? **Shaq** doesn't deserve to be rated in the top five, let alone being rated the best!

**Kobe Bryant**, 18-year-old Laker rookie may be heading toward stardom, but he still has one of the worst attitudes I've ever seen. He must be best friends with Philadelphia 76er rookie **Allen Iverson**.

What was professional heavy weight boxer **Oliver McCall** crying about? He stepped into the ring and got his face punched in. He should have waited a while longer until he totally kicked the crack addiction. Money really does talk.

Isn't it ironic that the restaurant that bears **Doug Gilmour's** name closed right before Christmas, and hasn't reopened yet. Sounds a bit like **Doug's** team doesn't it?

**Leafs**. Super skills. Oxymoron?

**Eric Lindros** may not resign his father as his agent when his five-year contract ends this summer. Athletes never cease to amaze me.

Who does **Wilt "the Stilt" Chamberlain** think he's kidding? He wouldn't survive a year in the NBA nowadays.

The **Raptors' 17-29** record would put them in fourth place in the Midwest division of the Western Conference.

Toronto's number one priority next year? Resigning **Damon** to a long term contract is the only thing that matters. (Oh yeah. Trade that **A.C. Earl** guy too)

If **Isiah Thomas** signs **Oliver Miller**, I'll cry. I'd rather have **Joe Wolf** on my team. **Scottie Pippen** and **Michael Jordan** are free agents in the summer. But they ain't no big "O".

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