Humber students weren't SKAffing at the Kiltlifters on Wednesday in the student centre. To kick it up with Kiltlifters, go see them at the *Reverb* on Friday, Oct. 22.

Religious beliefs lift lid on rez washroom policy

by Brian Sylvester

etcetera.humberc.on.ca

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The four all-female floors in the Rbuilding of residence are flushing gender equality down the drain.

Floors R8 and R4 have adopted policies to ban men from using their washrooms and showers (both are in the same room), while R9 and R5 have a restricted access policy regarding men.

In fact, the women on R5 originally adopted a 'no-males' policy but have since softened their stance. However, not everyone is happy about the change.

Saadia Hussain, who is a Muslim, said she is getting used to having men in her R5 washroom but said it's against her religious beliefs to have men and women naked in the same area before they are married.

"In Islam, guys and girls are not supposed to be undressed in front of each other," said Hussain.

The Residence Assistant (RA) on each allmale or all-female floor holds a vote to determine if people of the opposite gender will be admitted to the floor washroom. During the first vote on R5, two people voted to ban men from the washroom. But after some complaints there was a subsequent vote and everyone agreed to allow men access to a designated bathroom and shower stall. Now there are stalls with signs telling men which one they can use.

"Anyone on my floor has the choice to change it to an all-female floor," said Jen Boyd, the RA on R5. "If one person has a problem with (the policy) then I have to change it."

Hussain, told Boyd she is "okay" with having men in her washroom but told the Et Cetera she feels she should not have to get used to sharing the washroom with men. Hussain lived on R6 last year and her floor adopted a no-males policy.

"Last year I felt comfortable fixing my scarf (religious head dress) in the washroom, now I don't feel I should do that," said the mild-mannered Hussain, adding she did not want to cause trouble.

She also said she has avoided the washroom when she knew men were using it.

"I do feel uncomfortable when I'm taking a shower and there's a guy using it," she stressed.

Derek Maharaj, Residence Manager, said this is the first time he has heard of a washroom problem during his time at Humber.

"We are always growing and learning from years in the past. We do have a large international contingency of people and it's growing every year," he said.

Maharaj said the problem should be solved through the floor RA, but admitted the S-building could be a possible solution to the problem.

The S-building, Humber's other residence, has three washrooms on each floor, one for women, one for men, and one for both genders. Humber demands students applying to residence to fill out a questionnaire. The questionnaire asks if applicants prefer allmale, all-female or co-ed accommodations. But does not ask if students are comfortable sharing a washroom with a member of the opposite gender.

"We are very generic with our questionnaire that we send out to students," Maharaj said. "We can't get too many specific questions like that because if (applicants) don't get into residence we could get into a case of discrimination against us."

"I'm open to suggestions on how anyone

could possibly realign our questionnaire better," he added.

Maharaj said another reason for not putting all the international students in one building is because "we like to diversify our community and spread them out so they get a real flavour of what Canada is all about. Our domestic students get a flavour of what their culture is all about and everyone learns from it."

Colin Gallagher, the RA on R8-the only all-male floor in the R-building-said his floor allows full access to women but it could change if he hears any complaints.

"I don't think the guys really mind. I haven't heard any complaints," Gallagher said.

Bryan Wall, a Package and Graphic Design student, lives on R8 and said he doesn't have any problems with women banning guys from using their washrooms but issued a warning to women using the washroom on his floor.

"Women like to have their own place to do their own thing," Wall said. "If they wanted to use our washroom I wouldn't have a problem with it. (But) if I walked out of the shower naked that's their problem."

Meanwhile, the all-male ban on R4 came after a complaint about a couple having sex in the shower.

"It's one floor I don't think it's a big deal," said Addie Kulmala, the RA on R4. "Some people don't feel comfortable with males in the washroom. You have to respect other people's feelings on that issue."

Others don't agree.

"I think it's stupid," said Carol Humeny, a resident on R4. "I really don't think it should be a problem. It's not like (guys) are going to see you naked."





Second-year Creative Photography student Len Lee harvested this picture of these bountiful bushels.

Humber losing two big wigs

by Stephanie Hess two of its top men next year.

2

Rod Rork, vice president of administration, and Michael Harper, dean of planning and international, have reached retirement and will be leaving sometime during this academic year.

Rork has been with Humber for nine years.

"I feel pretty good about it actually," Rork said.

Rork talks positively about his retirement and about the good financial state of the college.

"I feel pretty good about the staff as well. We've got a very good team here. We tend to work on a co-operative basis."

Rork said he hopes to slow the pace down a bit after retiring and spend more time with his family

and is expecting grandchildren.

"I've been at it for 30 years and Humber College will be without at some point enough is enough."

Rork said he hopes to enjoy his cottage life and sailing. Other retirement plans include some traveling in Latin America and Europe. Getting involved in a charity of

choice and donating his time are items on his list. "I've been a little disappointed

in that I haven't been able to donate the time. I'm hoping to do that on a regular basis.' Rork expects to continue being

around the college scene assisting on projects.

"I don't intend to quit working, just do something a little different." Harper has been with Humber

for 16 years and has been in education for 36 years.

He said he's excited about retiring and has already made a jump

on his new life.

"I think the time is right with the number of years experience l've had in education, it's time to move . on.".

Harper has moved from the city to the country where he is building a new home.

Harper also said he hopes to spend more time with his family and find time for canoeing and camping.

Lately, he said, he's been slowly handing off his responsibilities to others in the college.

"I'm looking now for a way of phasing down from my full-time

job." Harper plans to continue his involvement in international work through the college which deals with designing training projects for faculty, students and partners in developing countries.

"The college is in excellent shape both physically and financially. The outlook for the future is good.'

Although both Rork and Harper are excited about leaving, College President Robert Gordon is sad to see them go.

"They're very very good, there's no question. There'll be a loss to the college system too."

"They both know so much about colleges and what they do," Gordon said. "When that kind of knowledge walks out the door it's a loss because there's a hole created all of a sudden."

Gordon hopes to see both men remain active in college issues and said he may even call them back to help out occasionally at Humber.

"It would seem to be a waste of their talent to just retire and never to be heard of again."

Humber enrolment the highest of all of Toronto Colleges by Darren Lum

September's preliminary enrolment figures indicated no change from last year, but final figures indicate Humber is easily the new enrolment leader among Metro colleges.

Humber's enrolment has increased by 578 students to bring the total number of full-time students to 11,896. Meanwhile, Centennial College — Humber's closest rival in terms of growth grew by only 156. The statistics were compiled by the Ontario College Application Service.

"We can't get much bigger. (But) Humber is not just getting bigger, it is improving.

> -Humber College President **Robert Gordon**

Although Humber is the leader in new enrolment, it is only the second biggest college in Ontario behind Seneca.

"We can't get much bigger. (But) Humber is not just getting bigger, it is improving," said President Robert Gordon.

Ontario's unemployment rate is at its lowest level (7.5 per cent) in nine years and that usually means lower enrolment at colleges. However, Associate Registrar Joyce Woodend said more jobs requiring specific training have brought students back to school this year.

The Health Sciences department saw the greatest increase of slightly more than 11 per cent.

"(Humber) continues to be an institution of choice for Health programs," said Anne Bender, Dean of Health Sciences.

Before this year government layoffs routinely put enrolment in a state of flux. "The Health program was up and down in the 90s," said Bender.

The department has remained unchanged from last year, except for the new Clinical Research program. Humber is the only college in Ontario offering this post-diploma program.

New bill may keep post-secondary students from getting money from divorced parents

by Mark Bennett Students attending college or university that depend on courtordered support from their noncustodial parents, will likely see some changes if a new bill is passed in the Ontario legislature.

Liberal Backbencher, Roger Gallaway, is set to introduce a bill in parliament that would change an existing law that forces non-custodial parents to increase support payments to cover post-secondary education costs of their children.

The objective of the bill is to prevent judges from ordering divorced parents - usually fathers to make payments to their adult children who attend post-secondary institutions.

"Judges are saying that if a child

post-secondary institution, a noncustodial parent must continue to support them," Gallaway said.

"Parents in an intact marriage have the luxury of choosing to financially support their adult children in school, which isn't fair."

The Sarnia MPP wants the federal Divorce Act changed so that children 18 and older can no longer be considered legally dependent on their parents for post-secondary support. Married parents are not affected by the Act since it only applies to parents who are divorced and are non-custodial.

"We have two sets of rules in this country when it comes to the legal obligation of parents. What I'm trying to do is have the law changed so that everybody will be

• is over 18 years and is attending a treated the same," Gallaway said. Gallaway, who co-chaired last year's special Commons-Senate committee that recommended an overhaul of custody and access laws, said non-custodial parents complained to him and the com-

> "We have two sets of rules in this country when it comes to the legal obligation of parents." - Roger Gallaway

Liberal MPP

mittee about the overwhelming cost support payments.

"Many divorced fathers - and some divorced mothers - don't feel responsible for their children

because they don't have easy access to them and are not sure that the payments are going towards the kids' education," he said.

Many Humber College students who depend on the Ontario Student Assistance Program (OSAP) and part-time jobs to finance their education, see it as a means of developing character and said they believe the proposed changes are fair. The consensus is that all parents should be treated equally.

Tracey Snider, 20, a secondyear Nursing student said even though her parents are financing her studies at Humber, parents shouldn't be forced to support their kids in post-secondary institutions.

"Some parents can't even see their children and are forced to pay for their post secondary education," she said.

"If a parent can't play an active role in his child's life, he should not be forced to support that child." Second-year Film

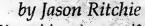
and Television Production student Nicole Brooks said she thinks the changes of the law would make it equal for all parents.

"I can't conceive or understand why government would not force a two parent home who most times have better income capability to support their children post secondary education," she said.

"Yet it's law that a non-custodial parent is obligated to do so, that's unfair, and the law should be changed."

Gallaway will introduce his private member's bill in the new session of parliament starting Oct. 25

Climbing to the top of the world for charity



You might ask yourself why anybody would spend about half an hour climbing over 1,700 stairs when the same journey only takes 58 seconds by elevator. The answer is for the annual Royal Mutual Funds CN Tower stair climb for United Way.

From Oct. 15-17, thousands of people participated in the annual march to the top of the tower to help in raising funds for United Way's campaign this year, hopes to bring \$62.8 million for some of. Toronto's social and health service agencies.

The three-day fundraiser included a student challenge, public climb, and corporate challenge to try to top last year's whopping \$498,000 success. While no goals are set for special events, Karyn McMahon, publicist for United Way, said they expect to raise at least as much money as they did last year, but they have their fingers crossed to do even better.

Climbing partners Kim Butler, a 4th year University of Toronto student, and Rob Lavine, a University of Western Ontario graduate, said they look forward to the stair climb every year.

"It's all for a good cause," Butler said, somewhat out of breath shortly after the climb.

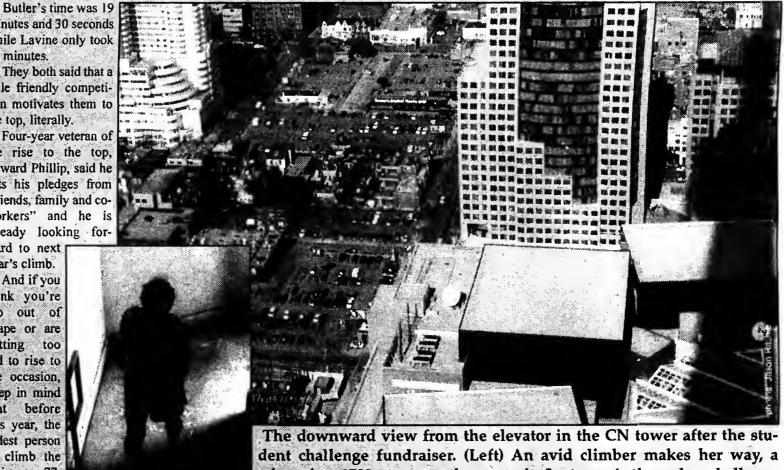
minutes and 30 seconds while Lavine only took 18 minutes. They both said that a

little friendly competition motivates them to the top, literally.

Four-year veteran of the rise to the top, Edward Phillip, said he gets his pledges from "friends, family and coworkers" and he is already looking forward to next

year's climb. And if you think you're too out of shape or are getting too old to rise to the occasion, keep in mind that before this year, the oldest person to climb the stairs was 77. But this weekend, that record was

surpassed by an 83-year-old woman who made it to the top, and back down again too. And incidentally, the youngest person to successfully climb the



whopping 1700 steps, to the summit. Last year's three-day challenge raised almost \$500,000 for the United Way.

tower this year was a four year old.

Joanna Filion of the United Way said the money raised from events like the CN tower climb are put right back into the community "to

help prevent violence against women, aid the homeless, and help immigrants adjust (to a new life)" to name a few of the services that United Way supports. For all those tired, aching mus-

cles coming down from the climb, the Canadian College of massage and hydrotherapy were offering complimentary free massages, a service that many people took full advantage of, and deservedly so.





Supporting 234 cultural organizations across Canada during the 1999-2000 season

SAC pressures school for study hall

by Darren Lum

SAC President Muhammad Virk is heading a petition to acquire a 24-hour study lab on the first floor in the library located beside the security desk

The petition, started three weeks ago, already has over 500 student signatures on it. Virk said, this move was made to increase the importance of the 24-hour study lab to the administration.

"The reason for the petition is to tell the student body that we're (SAC) working on this issue and show the administration that the students want this," said Virk.

On the use of the petition, former SAC president, Tracy Boyer said, "I think it would be a good strategy. It pressures the college to

move quicker."

Boyer said student government always have issues with accessibility.

"Colleges lag on things, she said."

"It pressures the college to move quicker." -Ex SAC President Tracy Boyer

Humber President, Robert Gordon is aware of the student demand for the 24-hour lab and said, "It's a good idea and we're considering it."

But Gordon said he doesn't agree with the actions of SAC saying, "I don't know why they're doing it (the petition)."

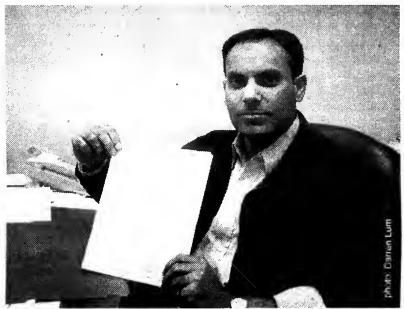
Although he has not signed the

petition Scott Sinclair, first-year Professional Golf Management student said, "It (a 24-hour studylab) would be beneficial for people who want it." And he said in support of those who do he is willing to sign it.

A meeting with administration for the go ahead is still in the planning stages.

Asked whether or not he was going to strike up a petition again to gain the attention of the administration for future issues, Virk said, "I don't think so... it depends on the situation."

Other SAC members are also collecting student signatures. Sign-up sheets are available at the information cart, located in front of the bookstore.



SAC President Muhammad Virk holds a petition which over 500 students have signed for a 24-hour study hall.

New support staff rep Looks forward to sharing his skills

by Juanita Losch

Last, but certainly not forgotten. Murray Tuck, the sixth elected new Support Staff Representative for the Board of Governors (BoG) is looking forward to sharing his skills and qualities with the other board members.

"It's going to be nice and I can bring a lot to the board," adding that his people skills, negotiating skills, and knowledge of the college are valuable to the board.

"To be a support staff, you have to know how the college works... I figured I had that know-how to do the job."

-Board of Governors Support Staff Representative Murray Tuck

The 59-year-old former swimming pool business owner has been working with Humber since he graduated in 1987 from a 36-week Precision Instrument course. While he was enrolled in the program he started working part-time at a Humber test centre at the Queensway campus.

From there, he was hired to work full-time in the basement of the Woodbine Shopping Centre at another of Humber's test centres. In 1985, he became the Expediter



Murray Tuck said he'll be bringing his negotiating skills and knowledge of the College to the BoG.

in Purchasing where he still is now. past nine years.

"I think if you want to be a support staff, you have to know how ing issues that directly affect the the college works... 1 figured 1 had jobs of support staff - technicians, that know-how to do the job."

Tuck is also the vice-president of the support staff local of Ontario Public Service Union, giving him managerial skills that he is proud to have learned over the years, adding it will help him as a board member. He has been on the union for the

Tuck said he plans on addresscustodial, secretaries, just to name a few, and is proud to be represent-

ing them. "We need to have a voice," Tuck said.

"I think it's going to be interesting to get into the decision making in the college."



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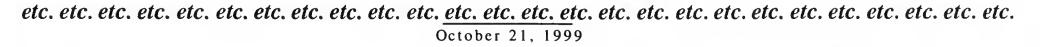
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EDITORIAL



Gotta go?

Humber's residence has some gender issues. The washrooms on female floors are being used by males too, and some women are upset. The problem with the R building is there's only one washroom per floor. A male visitor on a female floor was previously forced to go to an all-male or co-ed floor to relieve himself. Now, he can just walk into the girl's washroom and do his business.

While this is great for him, what about the girls?

After signing up for an all-girl floor, should they not get an all-girl washroom too?

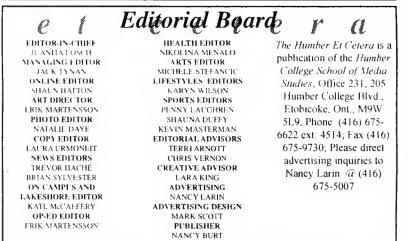
Well, there are solutions to the problem. Even if only one person on the floor feels uncomfortable with the washroom situation, the Residence Assistant must amend the policy.

However, there are people who don't see the problem. They say sharing the washroom and shower facilities doesn't totally invade their privacy. After all, we're not kids, and should be mature about something like this.

Unfortunately, maturity has nothing to do with it. There are certain students whose religious beliefs interfere with them sharing a washroom and shower stalls with members of the opposite sex. They shouldn't have to either. It's an infringement on their way of life, and they shouldn't have to conform. This is both ridiculous and unfair.

So what if you have to go to another floor to do your stuff? It's not like you won't be able to hold it until then. The walk certainly won't kill you either.

The fact that there are co-ed washrooms in the R building is a testament to the laziness of students. And no matter how lazy you are, it doesn't warrant making others feel uncomfortable.



Divorcing responsibility

No parent should be forced to pay for their child's strictly related to their education. Generally students hold education.

In a perfect world, children would come pre-made, complete with a registered education plan. But current laws reflect what we know already; the world isn't perfect.

A double standard in the legal system allows a judge to say non-custodial parents must financially support their children's post secondary education while parents living together are not legally obligated to do so.

To top off the double standard, the money does not go to the student, but to the student's custodial parent. If the money is automatically handed over with all of the best intentions, there is nothing in place to ensure the money earmarked is actually used for a child's education. Even if it is used for education, the non-custodial parent has no legal basis for input on which school the student attends or which program is taken.

Liberal MP backbencher, Roger Gallaway, wants the bill which requires non-custodial parents to pay for their child's education changed so that 18-year-old children can no longer be considered legally dependent.

Those opposed say there is nothing wrong with the existing law because students attending colleges and universities often remain at home with the custodial parent who must pay for clothing and other expenses that are not jobs in order to support their own clothing requirements.

Parents living together are not legally obligated to pay, despite the fact their combined income may be more than the combined income of separated or divorced parents. Parents living together do however have more of a moral obligation to pay because students are less likely to receive OSAP if their parents are living together.

Parents may be morally obligated to support their children, however there shouldn't be a legal double standard that forces the money from non-custodial parents.

While money given willingly would be most graciously accepted, having it forced out of an unwilling non-custodial parent can add more tension to an already unpleasant situation.

No one in their right mind would wish a full time job on a full-time student, or suggest it as an option, but students should also begin to take responsibility for their own education by the time they are old enough to vote.

In this province just about anyone who wants an education can have it, parental support or not. We live in a society where it is legal to work at the age of 15, and two income families are as common as divorce is. Why shouldn't the laws be changed to reflect this?

Letters to the editors

After having read the Editorial "A SACful of your cash" in the Oct. 14 issue of the Humber Et Cetera, I feel the need to address the misinformation that has gone out to the students of Humber College.

First, please correct the fallacy that SAC paid \$25,000 for the independent consulting firm. The Council of Student Affairs (CSA) - that watchdog you believe in hired, guided and paid the management consulting firm, and the reason that "to no one's surprise, the company's report determined that CSA should be abolished ..." is because it is an ineffective corporation.

Why did you fail to mention that the proposed incorporated student government has received the full endorsement of the Humber College Adminstration including President R. Gordon?

Then there's SAC's ability to manage student money. As it stands now if SAC wants to spend students' money, SAC needs a 2/3 vote from the CSA board. If you do the math, seven student directors account for that 2/3 vote!

although CSA is being dissolved, a three college administrators, five student executives and one student alumnus will take CSA's place in an advisory capacity.

And yes, we will be getting 55 per cent of CSA's budget, but we will be taking on 100 per cent of any funding that CSA has done in the past. For your information, revenue generated from the student activity fees will be approximately \$547,500* (not \$900,000). Sure it is a lot of money, but you must think about all the student services that would not exist if SAC didn't fund them (i.e.: Peer Tutoring, Health Centre, Health Insurance Plan, Programming, Orientation, Handbooks, SAACNET, and more...). By the time you get done with the numerous services, weekly programming and fixed administrative expenses, you can't even buy one McDonald's cheeseburger.

SAC spends students money wisely, trying to give students the most services and best programming "bank for your buck" possible. Did you know that SAC has <u>NEVER</u> had its budget changed or denied by the CSA!? Considering your respect for CSA, you should be saying that SAC is doing a "kickass" job in meeting students needs and acting responsibly with their money.

If "Billy the Kid" were ever elected, he would have to persuade the You also failed to mention that Business Manager, the Executive Committee and a full student council new Joint Committee comprised of of about 30 people, to "ride off into the sunset..." with him and your money. The likelihood of this is very slim.

> The editorial "A SACful of your cash" is not only full of misrepresentations; it is a disservice to your readers. SAC North and Lakeshore have

been working hard with the administration to better students' lives here at Humber. If we were as self serving and uncaring as you make us out to be, we'd just sit on our asses and not be working like dogs all year long. Yours truly.

Lisa Dawson

-Executive Director of External Affairs (Humber College SAC)

*Editor's note:

A SAC representative pointed out that the figure representing the student activity fees in this letter from Lisa Dawson is inaccurate. We were asked by that representative to change the number but because we could not confirm the new number with the author we were reluctant to make that change. The number (\$547,500) Dawson used only included the student activity fees collected at the North Campus. The revenue from the student activity fees for both North and Lakeshore Campus is \$678.827.

We also want to point out that the total of \$900,000 quoted in our editorial on Oct. 14 was the approximate total revenue that would be under SAC's control if the new constitution is implemented. The actual figure is \$928,065. This includes the sum total of the student activity fees (\$678,827), the CSA fees (\$159,062) and 55 per cent of the student development fund (\$90,176).

October 21, 1999

OPINION-The history of baggy pants

Cetera columnist is to dispel once and for all popular myths and misconceptions.

One of the most popular and enduring misconceptions I've encountered during my time in North America is that preposterously baggy pants are an attractive article of clothing, and should be worn so that several inches of underwear are visible above the waistband. I'll never understand this. Call me squeamish, but I really don't want to see your underwear while eating breakfast in the cafeteria

Another common myth is that before my hair can be cut it is necessary for my head to be bent backwards at a frankly dangerous and sadistic angle, sprayed with boiling water, pummeled mercilessly, then sprayed again, this time with water specially imported in vacuum flasks from the Arctic. In any other circumstance that would be considered assault, and I would not hesitate to file a complaint with the relevant authorities.

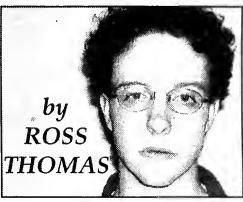
But the misconception I wish to dispel today is entirely unrelated and has much more serious ramifications. You see, I couldn't tell you how many times I've heard someone remark that Canadian history is boring, and this incenses me enormously. Anyone who has taken the time to read a good book about it would never make such an untrue statement.

The history of Canada isn't in the least

I like to think that part of my role as an Et boring. There isn't much of it, I'll grant you - at least for the non-natives - but then that's to be expected in a comparatively "new" country. What history there is, though, is replete with conflict, treachery, triumph, and

> disaster. That is, all the good stuff. Take, for example, the War of 1812. Deciding that they didn't have enough land already, the Americans invaded Canada, received a sound spanking, retreated, and then (as is their way) claimed victory. This is not boring in many ways. The population of America was, at the time, roughly seven and a half million, while the population of Canada was barely half a million. Britain was tied up in its scrap with Napoleon, and thus had no reinforcements to send. Canada, despite the extremely unfavourable odds. repelled its invaders through grit, determination, and cunning.

> One of the most brilliant examples of psychological warfare in the history of North America happened during this war. General Brock, a Canadian commander attempting to capture Detroit, managed to intercept letters written by an American general by the name of Hull, who was leading the defence of that city. From these letters he learned that Hull was terrified of Natives. Brock thus composed a bogus communiqué to his superiors requesting 5,000 more Native troops (troops that simply didn't exist) and allowed it to fall into enemy hands, certain that Hull would



read it. He then dressed his ragtag band in second-hand British Army uniforms and marched them at a safe distance past the American soldiers, spread out so that they appeared far greater in number than they actually were. The Native members of his regiment then shed their uniforms, ran back through the woods a few miles, and proceeded to march past the Americans again, at which point they dashed back to the end of the line and went past once more. The Americans reported seeing anything up to-3,000 Native soldiers, while there were in fact only 600.

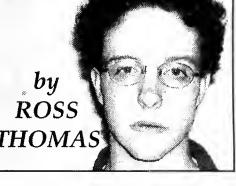
Hull, his worst nightmares appearing to be coming true, suffered an emotional breakdown, and surrendered Detroit to the Canadians with barely a shot fired (how America got it back is another story). That is just one of countless not-in-the-least-boring

episodes in Canadian history. Read a good book and you'll see.

Now, as the attentive will have noted, I mentioned above that this particular myth has serious ramifications. Indeed it does, Without the past, the present is essentially meaningless. Without history, what happens now is as lost as, well, as lost as Henry Hudson was after the mutiny aboard his ship. when he was forced to climb into a boat and... but you don't want to hear the rest, because it's boring, right?

You see my point, of course. History is just as important today as it was when it actually happened, and it plays a huge part in defining a nation. Some time ago I publicly pontificated that the reason Canadians have an identity crisis is because the media keep insisting there's a need. Another reason, I now proclaim, is because Canadians have no sense of history. What would the United States be without a widespread awareness of the profound importance of the War of independence? What would France be without its memories of the Revolution? What would Canada be without its own history? Why, Canadians wouldn't know who they are or what they're doing. Which is, unfortunately, a pretty accurate description of the situation today.

That's what I think, anyway. Ross doesn't have his hair cut often.

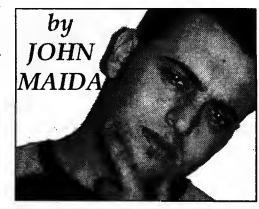


What's wrong with our game?

The fall season marks the beginning of yet another NHL season. The league is heading into its 82nd season, which promises to be a season filled with plenty of excitement, heartache and animosity.

True, the upcoming campaign looks to be very promising with the new 4 on 4 overtime format and the elimination of the dreaded crease rule. Teams like the Dallas Stars, Detroit Red Wings, and New Jersey Devils will once again be at the top of the standings, and up and coming teams like the San Jose Sharks and New York Rangers should turn some heads and make a serious run in the playoffs.

How about Canada's teams? How will they fare? Sure, the Toronto Maple Leafs shocked the hockey world last season by posting a league best 268 goals and went as far as the Eastern Conference finals only to bow out to the Buffalo Sabres, but can they repeat last season's performance? The same goes for the Ottawa Senators, who finished only two points out of first in the Eastern Conference. Can they survive without top scorer Alexei Yashin and overcome the financial obstacles that lie



ahead. The Vancouver Canucks, Edmonton Oilers, and Calgary Flames will each have mediocre seasons and will be fighting for the eighth playoff spot in the Western Conference. As for the Montreal Canadiens..... well, let's just leave it at that.

With hockey no longer being Canada's game, it can now be known as the Multi-National Hockey League because of the growing number of players from Europe and the U.S. Just look at last season's top scorers - four out of the top five are European born.

Also, with the almighty American dollar hanging a dark cloud over professional sports, hockey in Canada will continue to suffer and teams will have to face the difficult task of competing with teams that are much more financially stable. It's not a level playing field when the Ottawa Senators pay more in taxes than all the US-based teams combined.

Let's face it. The primary goal of the NHL executive office is to sell the game in the United States. They couldn't give a rat's ass about Canada. For instance, the addition of expansion teams in Nashville and Atlanta, and the upcoming teams in Columbus and Minnesota, are certainly signs that the NHL is becoming Americanized. Come on, does anybody really know what Thrashers actually means. What about the Bluejackets? what the hell is a Bluejacket?

Over the last eight years, the League has added nine franchises, the majority of them are cities that don't give a damn about the sport of hockey, but only to be entertained, with lame country music and senseless flying mascots. Pop quiz. How

many people in Atlanta and Nashville even know how to spell hockey? They all probably think a puck is just an oversized coffee bean.

Furthermore, with the addition of these franchises the NHL talent-pool has become radically watered-down. I'm actually contemplating trying out for the starting goalkeeper spot with the Atlanta Thrashers.

I have been a hard-core hockey fan since the tender age of four, and it saddens me to see that the state of hockey is in such disarray. The post-Gretzky era will spell the demise of hockey, especially in Canada. The year 1993 will stand as the last year a Canadian team won the Stanley Cup, even though it was the...(sigh) Montreal Canadiens who drank from Lord Stanley's mug.

Realistically, no matter what happens this year and in the future, the only thing that Canadian teams will be playing for is pride and bragging rights. The nineties will long be remembered as the decade in which the NHL turned sour.

John is a second-year Journalism student.

ON CAMPUS

Get a university technology degree at Humber

Engineering graduates could benefit from partnership with McMaster

by Andrea Austin

Humber Mechanical Engineering Technology graduates can now obtain a Bachelor of Technology Degree, thanks to a partnership with McMaster University. The agreement gives Humber the opportunity to offer a university-level engineering program.

Richard Hook, vice-president of Academics, said partnerships like this one are important to Humber and its commitment to students.

"Humber recruits probably the strongest college students."

Richard Hook, vice-president of Academics.

"Humber recruits probably the strongest college students," said Hook. "(We want) to ensure all graduates have solid opportunities to complete further credentials or degrees."

Humber President Robert Gordon said, Humber has worked hard to create a steady plan of blended programming. Guelph, Wilfrid Laurier and Ryerson, are among the universities Humber would like to co-ordinate with.

Ken Simon, director of the Mechanical and Design programs, said the Bachelor of Technology partnership was approved last spring after negotiations between Humber and McMaster were finalized.

"McMaster has had an agreement with Mohawk College for over two years," Simon said. "Humber approached McMaster and said they were very interested in coming up with a similar project. (McMaster) did a curriculum review so that Humber could offer courses at the university level. (McMaster) came to the college to give Humber the validation and certification to offer the program."

The Bachelor of Technology program, now in its second semester at Humber, is only open to students with an Engineering Technology Diploma. Students must apply through McMaster if they want to take the three semester post grad program.

Courses in the program include advanced CAD, mechatronics, machine dynamics, modelling and numerical solutions. These courses were designed to produce engineers with vast academic and technical training. To earn the degree, students must complete 17 courses. Ed Espin, program co-ordinator, said the aim for Humber's School of Manufacturing Technology and Design is to attract technology graduates from colleges across the GTA.

"We want to ensure all graduates have solid opportunities."

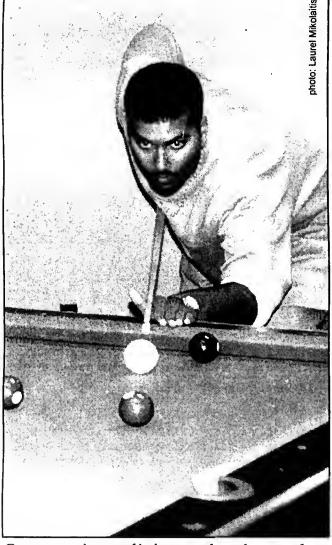
Richard Hook, Vice President of Academics

Right now Espin said there are 21 students in the program. Both Simon and Espin said the faculty teaching the program are hired by Humber or jointly with McMaster. But, Espin said, "it is entirely up to McMaster to accept or reject them." Teachers of this program need to fit the requirements McMaster has for faculty to teach a Bachelor of Technology program at the university.

"The students have already acquired good technology experience from the fundamentals of a college program," said Espin.

University will give them the tools to handle more complex technical problems and responsibilities.

Time out between classes for fun and games



Concentrating on lining up that shot can be a stress-relieving diversion from the day

by Laurel Mikolaitis

The games room is a good place to hang out with friends, shoot pool and play the latest video games.

The room employs 10 students and has a continuous stream of business. There are 25 games including video games, pool, and air hockey tables. The room generates \$30,000 every year, and the money goes back into the SAC budget.

Nick Diamante, a games room employee, said many students come and play games when they have breaks between classes.

"It's something to do when you have these huge gaps between classes," Diamante said. "Some students have three to four hours to kill, so they come here. The games are up to date. That draws a lot of people."

Mechanical Engineering student, Daniel Peveira, comes to the games room about twice a week. He said he likes the atmosphere and the interaction with people.

"You meet so many people while playing pool," said Peveira. "And all the games are really fun."

He suggested combining the games room with Caps, which is located down the hall.

"Maybe knock down a wall or have an entrance into Caps, sometimes it gets a bit crowded in here," Peveira said.

SAC Vice-president, Chuck Decker, said he realizes the games room does need more space, but the area would then need a lot more supervision.

"If we knocked down the wall between Caps and the games room it would need more policing because one area would be licensed and one not," Decker said.

Services co-ordinator Karina Bekesewycz said some students are so into the games that they don't want to leave until they win.

"We had one guy in here until closing time playing this one game. He pleaded with us not to kick him out, so we didn't and he ended up winning the game," she said. She also said the games are a good way to get frustrations out.

"The video games act as stress relievers."

Student counsellor, Cyril Bulanda, said the video games are a good way to relieve stress, but he doesn't mean to play for five hours straight.

"In moderation video games would be an excellent break. Everybody needs a balance of intellectual activity and social activity. It's therapeutic for our system," Bulanda said.

The games room is located at A106.



The games room an ideal place for students to meet friends and kill time between class.

Humber students head to Olympics

First-year CICE student and CICE graduate get ready for the Special Olympics being held in January.

by Saadia Hussain Imagine rushing down the slopes of an Alpine ski hill with the roar of the spectators behind you.

"It's a great feeling listening to the spectators cheering," said Troy Ford-King, who will be a competitor at the Special Olympics Nationals in Ottawa in January. He is a graduate of Humber's Community Integration through Co-operative Education (CICE) program, and works at Java Jazz.

"This will be my first Nationals. I feel proud of myself," he said.

Ford-King has been in the Special Olympics for the past five years, and has gone to the provincials three times during that time.

He has been skiing for nearly two years. Ford-King has also played soccer, softball, floor hockey, and snow shoeing at the Special Olympics. But he won't stop there, he said that he is looking for new sports to compete in.

The Special Olympics has been the second second second second second

letes of all ages who have special their choice. They both said they needs.

"The first time I went for skiing, I was nervous. I didn't know what I was doing, but the practices helped. I like challenges, that's why I started skiing," said Ford-King.

Brian Bell, a first-year Recreation and Leadership student, is also in the CICE program. He will be competing in figure skating in this January's Special Olympics.

"I have been skating for almost 21 years, and in the (summer and winter) Special Olympics for 20," said Bell.

When Bell first came to Toronto he did swimming.

"I'm proud of my parents in supporting me and standing behind me."

If he were to switch sports when going to the Special Olympics in the future, Bell said he would play basketball. Ford-King said he'd like to try figure skating.

Both Bell and Ford-King have around for 20 years. It is for ath- won gold medals in the sports of

are proud to be going to the nationals.

Bell has been training at Humber's gyms for the past month.

"Brian is the first outside athlete to come for training," said Leanne Henwell, fitness co-ordinator at the Athletic Centre.

Doug Fox, director of athletics for Humber, said a third of the money that will be raised at a Hoop-a-thon on Oct. 20 will be going towards the Special Olympics. A third will be going to the Ontario Colleges Athletic Association (OCAA), and the last third will be going to Humber's Athletic Centre.

Fox said the money going to the Athletic Centre will be put into a fund set up for Larry Jefferson, an athletic student from Humber who was in an accident and is now a paraplegic.

The Special Olympics was founded by a physical education professor named Frank Hayden.

The first games were held in 1968 at Chicago's Soldier Field.

The one day event attracted 900 competitors from Canada and 26 U.S. states. The events featured that day were swimming, floor hockey and track and field.

The Special Olympics have now blossomed to include over 1.2 mil-

Humber students Troy Ford-King (left) and Brian Bell will both compete at the Special Olympics in January.

> lion athletes from nearly 150 countries who participate in 26 different summer and winter sports.

Each athlete in the Special Olympics takes an oath at the beginning.

"Let me win. But if I cannot win, let me be brave in the attempt."

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International students top Academic council meeting list

by Pamela Goldfricht

The number of international students at Humber has doubled in the last year and services will be increased to match the demands of those students.

Judy Harvey, Dean of student services, said during last week's Academic Council meeting, that the enrolment for international students has gone up to 304 from 168 last year and represents 55 countries including China, Korea, India, Antigua, and Zambia.

"We've doubled our staff (International Student Services, ISS) since our numbers have increased," said Harvey.

Concerns were raised last spring by many international students about Humber's services for them, including SAC President Muhammad Virk.

Harvey said the students' concerns included bursaries, part-time job opportunities on campus, the use of computers, and the ability to cook their own meals while living in residence.

To be aware of and respond to these concerns the ISS does its own research, asks current international students, and checks with other schools that "have been at this a lot longer than (we have)," said Harvey. "We do what we know."

Harvey said the college has responded to many requests, but the issue of bursaries will not happen as quickly because it was not budgeted.

Harvey said the creation of 10 to 15 on-campus job opportunities funded by sources other than the work study program, is being investigated.

"What we would like to be able to do is make more part-time jobs ilable for international students" she said

The increase in students has resulted in the creation of two new positions - a manager of services for international services, and a second international student advisor.

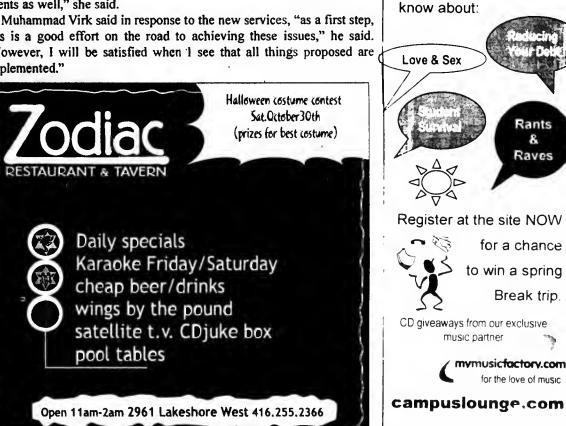
Harvey said an academic intervention program will be started because of the number of international students who aren't coping well, and failing classes. Currently there are 22 people working with international students, 10 of them are Humber Friends, and 12 are peer mentors. "We have encouraged faculty members to be aware of who is in their

class and to be sensitive," she said.

As well, director of customer relations, John Mason, said the school is considering rennovations to the student residences that will change ten rooms into kitchens where students can cook their own meals.

"We want international students to have a good experience at Humber, and an enriching success. We want them to experience cross cultural events as well," she said.

this is a good effort on the road to achieving these issues," he said. "However, I will be satisfied when I see that all things proposed are implemented."





Wine bar celebration of writers

the Humber SCHOOL FOR WRITERS

10

by Amber Truelove

A recent wine bar gave staff and students a chance to rub shoulders with some of Toronto's literary talent.

On Tuesday, Oct. 12, the Humber Room was transformed for the first of six literary wine bars.

The two-hour event began with a reading by Kim Moritsugu, from her novel Old Flames. This was followed by a brief intermission before Paul Quarrington's reading from his novel The Spirit Cabinet.

Throughout the event a cash bar was available for wine and coffee, while openwere available at every table.

Library manager, Lynne Bentley helped organize the event. She said this is a great. opportunity for students to hear local talent, at a fair price, \$3 for students and \$7 for non-students.

"I have an interest in good writing," said Bentley. "It's an opportunity to hear good writing. To me, it's a celebration."

There were about 90 tickets sold for the event, but Bentley pointed out, "the majority of tickets have gone to staff."

Quarrington has been with the Humber School for Writers since its inception. He said he taught at the first summer school, and just about every summer school since. He also teaches the correspondence course. He explains the summer school is a meeting of like-minded indi-

viduals. "It's almost like a summer camp for adults," he said.

The correspondence program is "a more in depth critiquing of a particular piece or project," he said.

He pointed out that more limiting it's a because it's only the point of view of the teacher or mentor. Quarrington said writhe was young.

"It occurred to me pretty early in life that's pretty much what I wanted to do. I. always liked to read."

Moritsugu, a past student of the Humber School for writers, replaced Susan Swan as one of the readers after Swan was unable to attend. She has had two novels published in three years, with a third on the way.

Moritsugu graduated from the University of Toronto with an MBA, before deciding she wanted to write.

"I really loved reading books," said Moritsugu. "If I could write a great novel that someone would enjoy, that would be a really great accomplishment."

Moritsugu was a student with the Humber School for Writers in its first year.

faced sandwiches and vegetable platters ing was something he's wanted to do since She said she was ready to give up until Paul Quarrington encouraged her.

She will be teaching in the correspondence program for the Humber School for Writers in January 2000.

The next reading dates are Nov.16, Dec. 14, Feb.8, Mar. 14 and Apr. 11. Tickets will be available in the library for each event.



Paul Quarrington (above) and Kim Moritsugu (left) were the first to read in the School for Writers literary wine bar series.



On the set at Humber College, Michael Landsberg hosts a debate in the student centre.

Students get a chance to debate Off the **Record with Michael Landsberg**

by Frank Monaco and Mike Stamou Humber College students were caught in heated debates on Thursday afternoon when Michael Landsberg, host of TSN's Off the Record (OTR), spent the day in the student centre.

OTR is a debate program that airs daily on TSN through the week at 6 p.m. and averages close to one million viewers per week. The show premiered Sept. 8, 1997 and has had notable guests like Toronto Maple Leaf President Ken Dryden, action superstar, Jackie Chan and Liberal MPP, Dalton McGuinty.

Landsberg said 20 years ago there would never have been a show like OTR. If there were a round table type show, the most heated debate would be if the National Football League should expand to 34 teams. OTR often discusses gay rights, racism, nationalism and gender politics.

"The show is about social, moral and political issues of sport. Our show is about right and wrong. Our show is not about who you'll think is going to win. Our show is not about this trade or who is the best centre. It is about right and wrong," said Landsberg.

Landsberg and the OTR crew held two-minute shows where Humber students got the chance to debate issues from women in sports to professional wrestling. The afternoon included many giveaways. The student centre was transformed into a giant playground with bean bag chairs all over the place where students had the chance to watch movies, like Speed. Some were even playing video games that were set up for the day.

OTR has made six trips to colleges and universities and found Humber College the most receptive.

"The response here has been the best so far," guest coordinator Todd Hayes said.

According to OTR's producer, Bob Mackowycz, the program does well with women.

"We have the highest percentage of female viewers of any program," he said. "I think it is because of celebrity guests and philosophical issues. You don't have to be a man to wonder if it is OK to have a gay in your dressing room."

As for criteria for being a guest on OTR, Landsberg explained a major sports star, like Roger Clemens makes it on the show automatically. However, if you do not have a big name there is still hope. OTR wants people with strong opinions who can contribute to the debate of the day.

He said being a beautiful woman increases your chances of getting on the show.

"I'm being honest now. Men will watch the show if there is an attractive woman on it," Landsberg said.

OTR and Landsberg's next visit will be at the University of Toronto from 12 to 2 p.m. this Saturday.

This student is trying to win a car.

And if he doesn't win, at least he's just earned \$1,000 to help him pay for one.

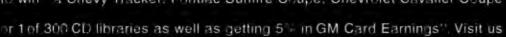
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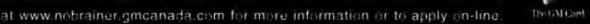
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HEALTH-Spraying ourselves to death

by Melanie Irvine

dangerous chemical has been roaming the lawn of Humber College this summer. Its mission, to seek and destroy pesky weeds.

The chemical's name is 2,4-D, a known carcinogen, which means it can cause cancer. It can be found in products by the name of Killex and Weed and Feed. These products, or ones like them manufacturing by different companies, are used in almost all herbicide lawn sprays

They don't spray in the Arboretum, said Sid Baller, superintendant of the grounds. He said they look at total system health of the grounds and rely on other measures.

"This area is frequented by fox and deer and we want to keep away from it. The health for the wildlife is what drives the Arboretum. You can't put up a sign and tell the deer they can't come in," he said.

"But for the rest of Humber property John Hooiveld, Associate Director of facility management said spraying is a necessity. The school tries to get it done over the weekend of May 24 when most students are gone away.

Every inch of green space here at Humber is sprayed once a year in the spring. Even though alternative, and preventative methods like aerating and fertilizing the lawn are tried, there is still a problem.

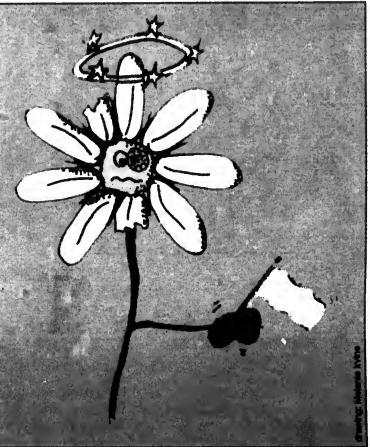
"It's esthetics to a certain extent," Hooiveld said. "There's so many seeds constantly drifting in especially weeds."

Gavin Dawson, Technical Manager at Greenspace Services said there are two ways to keep weeds out of a lawn, pull them and try to maintain the lawn by watering and fertilizing or using pesticides as a last resort.

He said there are three different active ingredients doing work in a herbicide. Their names are Meco Prop, Dicamba, and 2,4-D.

According to a press release from Thelma MacAdam, Environmental Committee Chairman of the Health Action Network Society, studies on 2,4-D have been ongoing since the late '50s.

These studies were done by top scientists around the world all finding the same results. 'Silent Spring' a book by biologist Rachel Carson in 1962 pointed out this fat



from the valley. It can create a good environment for 2, 4D is a dangerous chemical that has been roaming Humber's lawns, and killing beautiful flowers. go? Just look for the sign.

soluble chemical stores in individual cells and interferes all entrances of the school," Hooiveld said. with vital and necessary functions of energy production. It hits the liver and central nervous system and is an agent of mutations and birth defects.

An information package on 2,4-D, small chronic doses are, as a rule, more dangerous than large doses as the body has a tendency to store the small doses whereas it will try to expel the large doses-provided the liver is healthy.

Tests were done on ducks, quail, partridge and pheasant eggs. The test showed hatchability was reduced by 70 per cent, and surviving embryos experienced partial or total paralysis as well as fused neck vertebrae.

When Melvin Dreuber, MD, of the Frederick Cancer

Research Centre tested 2,4D on rats, he said, "We strongly feel that a finding of carcinogenicity in one mammalian species is relevant to all mammals, including man, even though direct evidence of danger to humans may not be available."

There is no antidote for 2,4-D exposure, regardless of the amount you come in contact with.

This chemical is also found in spray bottle form available at such gardening stores as White Rose, Canadian Tire and Wal-Mart.

Dawson said, "When you buy it, it's already made up. What we're putting on the lawn is the exact same (chemical) amount as stores. People think because they're hiring professionals it's going to be stronger."

"If there was a way to do it without herbicides we would do it. We limit the use of them as much as we can," he said.

Melanie Justason, 22, a former Chemlawn employee and second-year Journalism student said her company used both Killex and Weed and Feed.

"With Weed and Feed you have to spray the entire lawn, Killex you used for hand-canning. I just did the hand-canning."

She explained this method is where you only treat the spots in need, also known as spot spraying.

Since many lawn care companies have mostly liquid pesticide equipment, hand-canning is only used when conditions aren't good for mass spraying.

So how do you know where you should and shouldn't

"Pesticide legislation requires us to post signs at

"Legally we have to post signs after spraying a lawn. And our invoices tell customers what was used, their PCP number, and the percentage of how strong the spray is," Dawson said.

The absolute minimum time you should wait beforewalking on lawns, or allowing children to is as soon as it dries, which is 24 hours after application.

If you have any questions about something that has been sprayed in your area you can call Health Canada's Pesticide hot-line between 8a.m. and 4p.m. at 1-800-267-6315. Otherwise people are urged to read their labels carefully, or get a lawn company to answer their questions

Avoid Known Cancer-Causing Sources have proof positive they don't contain carcinogens. Top ten steps to preventing and curing cancer

1.) Don't smoke

2.) Avoid excessive exposure to the sun and ultra violet rays

3.) Do not consider breast implants

4.) Do not use dark hair dyes there are safe alternatives

5.) Avoid perfumes, air fresheners and perfumed deodorizers, especially if they contain Benzene, Aluminum, Lemon scented chemicals, or they lack a full list of contents.

6.) Be suspicious of all cosmetic products until you

7.) Avoid dry cleaned clothes, contact 1-800-667-9790 for safe cleaners.

8.) Avold chlorinated water

9.) Do not drink fluoridated water or use fluoridated toothpaste

10.) Avoid electromagnetic fields (EMU's) especially with children. EMU's have been linked to childhood Leukemia and brain cancers. Use proper protection on your computer screen, avoid using a microwave oven and avoid liv-Ing near Hydro towers.

Vitality Magazine - September '99. page 14

A school bag full of back pains

by Seanna Murray-Neck $\mathbf{Y}^{\text{our school bag could be more}}_{\text{of a pain in the neck than you realize.}}$

Every day students are carrying the weight of up to about four classes on their backs or over the shoulders according to Dr. Jack Ellis of the Brampton Chiropractic Clinic, carrying a heavy backpack or shoulder bag causes damage to the back.

"We're seeing an awful lot of young people with this problem," he said.

The body has a center of gravity, and when you put the backpack on and then stuff a whole bunch of text books into it, it tends to traction the spine backwards. When that happens the muscles in the shoulders and neck have to counter that shift in gravity and pull forward, explained Ellis.

"It can be the initial stages of a degenerative process in the shoulder and in the neck," he said.

Although he didn't have exact figures, Gary Shaw, customer relations at Humber College, said fewer students are taking out lockers.





1.) Improper way to carry your backpack. 2.) Left to right: Proper ways to carry the mailman bag, the shoulder bag, and the backpack. 3.)The body bag literally covers and wraps around the body.

"I have lockers that I keep out of service because they're never used," said Shaw.

As a result, more students are carrying their books around with them all day. Shaw said for some programs, like Design, Nursing, and Photography, which are object orientated programs, students couldn't carry all of their materials around with them. But academics who carry mostly text books "go to their classes and go home. Students don't think that they need (lockers)," said Shaw.

Maurice Roulston, first-year Mechanical Engineering student, doesn't have a locker because he said it's too expensive.

"Why should 1 pay for it? It should be free," Roulston said. He guessed his backpack weighed around 25 pounds with four text books, a pair of gym shoes and his gym clothes. He said he's used to carrying the weight but sometimes he gets sore.

Other students share lockers to cut the cost. Rommey Dassouk, second-year Accounting student, said he shares with five people. Dassouk added that he never uses his locker.

"Maybe when 1 start bringing my jacket I'll use it. If it fits."

Dassouk said on some days not all of his text books even fit in his bag.

"I usually have to carry some in my hand."

Rachel Tucker, second-year

Accounting student said, "I'm only carrying one class worth today, and I'm dying!" Tucker said she has a locker but it's difficult to get to between classes.

"Mine is in like Boonieville! So it's a pain to go to between every class," said Tucker.

Dr. Jack Ellis said the type of bag you carry, if carried properly, could lessen the damage to the back.

Manager of Access (bag store) at the Woodbine Centre, Kea King, said the three most popular types of bags for school this year are the backpack, the mailman bag, and the body bag.

"The most popular backpacks are the Invicta for style or the Jansport for comfort and quality." She said the Invicta backpack is popular because it's colourful. King added, "it's like a purse and can only carry like a sweater and one binder, whereas the Jansport is plainer but is meant to pack up."

She said the mailman bag can carry as much as the Jansport. The body bag, according to King, isn't usually made to carry enough for school.

"Most students have an idea of what type of bag they want when they come in and are looking for the different styles."

Dr. Ellis said the best type of bag a student can carry is the mailman bag. The mailman bag has one long strap and is usually worn over one shoulder, crosses the body with the weight of the bag sitting around the waist.

"Because the center of gravity is where the weight is, the compressive load on the spine is a lot less," said Ellis. "It allows you to use muscles in the lower back to help carry the weight."

He said the backpack should be worn with both straps over the shoulder and should sit lower (on the back). "The lower it goes and the closer it is to the center of gravity the better able a person is to carry it," said Ellis.

The body bag is a backpack but has only one strap which crosses the body and the bag tends to hug the back.

The shoulder bag or purse, of "even two or three pounds," can

cause injury, he said.

"The mere presence of a weight on the shoulder muscles is enough to cause the thing to start to contract. The body senses it's there...and then even when they don't have the shoulder strap on that muscle it has a tendency to stay that way. Therefore, it starts to produce joint problems."

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Ellis said the appropriate weight is a major factor in carrying a school bag properly.

"As a general rule, (one should carry) no more than 10 to 15 pounds and for as short a time as possible."

Ellis added the amount will vary depending on the build of the individual.

REPROMED LTD. Is seeking healthy Caucasian, Black, Hispanic or Asian males to participate in an ongoing sperm banking program. Accepted donors will be compensated for their time.





by Andrea Austin

Health Canada estimates that three times more women are breastfeeding their babies than 20 years ago. Four out of five new mothers choose to breastfeed, compared to one in four two decades ago.

Ten Great Reasons to Breastfeed, a Health Canada pamphlet, outlines the benefits of breastfeeding versus formula feeding. The number one benefit listed is that breast milk is 'tailor-made' to a baby's needs, with the right amount of fat, vitamins, protein, and minerals.

"Without any question breastfeeding is the most healthy form of feeding for infants, and it's also extremely healthy for mothers," said Phyllis Ferrier, public health nurse with Toronto Community and Neighbourhood Services.

"In the past a lot of research had not been done. Mothers were giving babies formula and had no idea that in fact there are risks involved with formula feeding, and definite



benefits with breastfeeding."

Ferrier said breastfeeding is becoming more popular, especially among young fathers, because of its cost. Breastfeeding costs a lot less than the formula, bottles and the artificial nipples used in bottlefeeding.

The availability of information has also made a big difference when new parents

choose their form of childcare, Ferrier added. "As women are becoming increasingly

educated the trend now is to breastfeed. In the past, the tendency was to bottle-feed. It was thought that it was a higher economic form of choice for women," she said.

Humber student Shelley Jamaloodeen said she plans to breastfeed her children when the time comes. She said it's important for women to be informed and to think about their choice beforehand.

"There's a lot of good effects to it (breastfeeding), and good benefits. The immunity passes through the mother to the child and increases the child's immunity system," she said. Ferrier echoed Jamaloodeen.

"We're finding with increasing research that babies that are formula fed have higher instances of infections (ear, stomach, gastrointestinal), and that breast milk protects babies from those infections," Ferrier said.

"They (babies raised on breast milk) have

Ferrier visited Humber on Oct. 8 to give

Breastfeeding Week, Oct. 1-8th.

students information on breastfeeding at a

display set up in the concourse for National

- Your body uses 940 calories to produce one litre of milk. Breastfeeding usually produces a weight loss of one kilogram a month.

Breast milk provides all the nutrients and vitamins your baby needs.
it's convenient. No bottles, no sterillization, no boiling water in the middle of the night.

Working moms and students can bottle and freeze milk for future use.
Breastfeeding time is bonding time.
Your relationship with your baby will strengthen.

From Boalth Canada

Humber College 1999 Achievement Awards

higher IQs."

PRESIDENT'S LETTERS	VITA YANG 4th	EUROPEAN RESTAURANT SUPPLY CUISINE DEVELOPMENT
tor Highest Academic Standing • Awarded annually to the student with the highest Honours standing (80%) during the Fall, Winter and Spring 1998/99 semesters. Must complete a minimum of four Subjects/16 Credits	HUMBER COLLEGE COUNCIL OF STUDENT AFFAIRS ENTRANCE SCHOLARSHIPS To full-time students enrolling in a Humber program for the first time. Criteria may include any or all of academic achievement, performance/port-	AWARD Donor - EUROPEAN HOTEL & RESTAURANT IMPORTS To a second year Culinary Management student who has demonstrated the ability to prepare fine culisine in a production setting. Winner JASON MERTON
Semester CULINARY MANAGEMENT DOROTHY CHABOT 1st CULINARY MANAGEMENT FRANK FAZIO 2nd HOSPITALITY MANAGEMENT MELISA CANNELLA 1st HOSPITALITY MANAGEMENT MELISA CANNELLA 2nd HOSPITALITY, RECREATION & TOURISM COLLEEN WOROBESS 1st HOSPITALITY, RECREATION & TOURISM CATHERINE GLIDDEN 2nd RECREATION & LEISURE SERVICES DANA SMITH 1st RECREATION & LEISURE SERVICES DANA SMITH 1st RECREATION & TRAVEL CARLA ARAUJO 1st IOURISM & TRAVEL CORD MURRAY 2nd PRESIDENT'S LETTERS - for Highest Academic Standing in the Graduating Year* * Awarded annually to the student with the highest Honours standing (80%-) during the Fall, Writer and Spring 1998/99 semesters Must complete a minimum of lour Subjects/16 Credits	folio competition, essay competition and references HRT ALLIANCE Recreation & Leisure Services ANTOINETTE NAVIA CHEF/CULINARY MANAGEMENT PROGRAM CANADA CUTLERY CULINARY ARTS LEADERSHIP AWARD Donor - CANADA CUTLERY INC. This award will be given the Culinary Management student who during their first year have developed exemplary leadership and culinary skills both in College and Industry placement. Winner - DOROTHY CHABOT DONALD BARNARD MEMORIAL AWARD Donor - ENDOWMENT FUND To the student in the Culinary Management Program with the highest achievement in 'Hot Kitchen Food Preparation.' Winner - AMY McNABB CHEF REVIVAL AWARD	FOODSERVICE PURCHASING ASSOCIATION OF CANADA AWARD Donor FOODSERVICE PURCHASING ASSOCIATION OF CANADA Awarded to a student entering the final year of study, in Food and Beverage, Hotel, or Culinary Management. The student should demonstrate a financial need for the award and be interested in the purchasing aspect of the food service industry. Winner DANIELA RIGGI GAY LEA AWARD Donor Donor GAY LEA FOODS To two students in the Culinary Management Program for culinary achievement and contribution to outstanding leadership work. Winners JOANNA DE JAGER HEATHER GAMMON LES MARMITONS CHEF'S AWARD Donor LES MARMITONS This award recognizes a combination of academic excellence, leadership and genuine love of cooking. Winner MATTHEW TAIT
Semester 1st CHEF TRAINING JODI GILLIS 1st CHEF TRAINING JODI GILLIS 2nd CULINARY MANAGEMENT_CAROLYNNE HARDY 3rd	Donor EMERSON SUMMERS COMPANY LIMITED Presented to the first year student in the Culinary Management program who best displays a professional attitude and dedication to the profession as selected by the Culinary Instructors Winner MAXIM RIDOROSS1	THE ONEIDA ADVANCED CUISINE SKILLS AWARD Donor ONEIDA CANADA LIMITED To a student in the Chef/Culinary Management/ or Cook Entry Level Progam who has displayed exemplary skills in contemporary cuisine. Winner ERIKA BAZUIK
CULINARY MANAGEMENT EDWARD KOVACIC 4th FCO & ADVENTURE FOURISM FAHREEN EBRAHIM 1st ECO & ADVENTURE TOURISM ILANA STOCH 2nd HOSPITALITY MANAGEMENT DIANA BURGER 3rd HOSPITALITY MANAGEMENT TODD RIMMINGTON 4th HOSPITALITY, RECREATION & TOURISM PAUL KONAT 3rd	Presented to the first year student in the Chef Training program who best displays a professional attitude and dedication to the profession as select- ed by the Culmary Instructors Winner JODI GIELIS CONFRERIE DE LA CHAINE DES ROTISSEURS AWARD Donor TORONTO BAILLIAGE Presented to a continuing student, who best displays the "Pride of	ONTARIO RESTAURANT ASSOCIATION AWARD Donor ONTARIO RESTAURANT ASSOCIATION, TORONTO REGION To a student in the first year of the Culinary Management Program or the Restaurant Management Program. The recipient need not have the high- est marks, but in the mind of the teacher has progressed beyond expecta- tions or has good potential. Winner BELINDA OPPONG
HOSPITALITY, RECREATION & TOURISM PAUL KONAT 4th RECREATION & LEISURE SERVICES HANNE YOUNG 3rd RECREATION & LUSURE SERVICES PAOLO BACCHIN 4th RECREATION & LEISURE SERVICES ADVANCED	Culmary Excellence", which is the foundation, tradition and goal of the Chaine Des Rotiseurs. Winner to be selected by the Culmary Instructors Winner DENNIS DICARLO SVEN ERICKSEN AWARD FOR CULINARY EXCELLENCF Donor CANADIAN HOSPITALITY FOUNDATION To a continuing student demonstrating professional promise, excellent culmary skills and high Academic achievement in the first year of the	ROBIN HOOD MULTIFOODS AWARD Donor ROBIN HOOD MULTIFOODS INC. To a continuing student in the Culinary Management Program who has shown outstanding achievement in the practical aspects of the Program and who has shown excellent progress in food preparations in the Food Service Industry
SEAN OF IVER 1st RECREATION & FEISURE SERVICES ADVANCED 2nd SFAN OLIVER 2nd SFORTS EQUIPMENT SPECIALIST 1st DIANE BROWN 1st DIANE BROWN 2nd TOURISM & TRAVEL 3rd	Cultury Management Program The selection is made by a committee chaired by the Program Co-ordinator Winner DOROTHY CHABOT ESCOFFIER SOCIETY AWARD Donor ESCOFFIER SOCIETY OF TORONTO To a second year student in the Cuisine Apprentice Program exhibiting self- motivation combined with professionalism in attitude and craftsmanship as well as demonstrating leadership abilities. Winner JONATHAN MUIR	Winner CHAD MASK GIULIO SARRACINI MEMORIAL AWARD Donor NICOLETTE SARRACINI To a graduating student in the Cuisine Apprentice Program who has exhibited skills, professional attitude and work habits during the "in College" process of training Selection will be made by the Program Coordinator and Faculty. Winner CHRIS DUCKETT

Humber College 1999 Achievement Awards

HOSPITALITY MANAGEMENT PROGRAM CANADIAN COLLEGE AND UNIVERSITY Donor FOOD SERVICES AWARD DODOT CANADIAN COLLEGF AND UNIVERSITY FOOD SERVICES ASSOCIATION To a student in the Hospitality Management Program with above average standing. Submission for this award is by application. Winner — MARTIN SCHUH CANADIAN HOSPITALITY FOUNDATION Donor MERIT AWARD CANADIAN HOSPITALITY FOUNDATION Donor To a student in the final year of the Hospitality Management Winner Program who shows leadership qualities, professional promise and the ability to get along with people. Donor ADAM WORLEY Winner DELTA CHELSEA INN AWARD DELTA CHELSEA INN Donor Winners To a student entering the 3rd year of the Hospitality Management Program who has demonstrated interest and excellent quality work experience in a hotel setting Donor JAMES CAMERON SMITH Winner THE GREATER FORONTO HOTEL ASSOCIATION AWARD Donor THF GREATER TORONTO HOTEL ASSOCIATION Winners To a continuing student in the Hospitality Program who shows leadership, high Academic achievement and was employed in the hotel-restaurant industry. Winner RHONDA THOMPSON HOSPITALITY MANAGEMENT FACULTY AWARD Donor ANONYMOUS Winners Awarded to a student entering the final year of the Hospitality Management Program who has shown evidence of academic achievement. Must want to pursue a career in the Food Industry Donor PEDRO MEJIA Winner HOTEL HUMAN RESOURCES PROFESSIONALS ASSOCIA-TION OF GREATER METROPOLITAN TORONTO AWARD semester Donor HOTEL HUMAN RESOURCES PROFESSIONALS Winners ASSOCIATION OF GREATER METROPOLITAN TORONTO To a student in the Hospitality Management Program who Donor must have a program average of 75% or greater and must have successfully completed a Graduate Trainceship in Human Resources which entails both a project and employer evaluation. Winner TODD RIMMINGTON McDONALD'S RESTAURANTS OF CANADA LIMITED AWARD McDONALD'S RESTAURANTS OF CANADA Donor LIMITED To a continuing student of the Hospitality Management Program who has indicated a high degree of interest in the restaurant area. The student may be a part-time employee of Donor McDonald's Restaurants of Canada Limited or other chain restaurants COLLEEN O'HARA Winner THE OSHAWA GROUP LIMITED AWARD THE OSHAWA GROUP LIMITED Donor To a continuing Hospitality Management Program student Donor who has evidenced Academic achievement Winner LESLEY ROONEY THE ROSINA PAJAK MEMORIAL AWARD TORONTO'S WESTSIDE TOURISM COUNCIL To a final year Hospitality Management student who has demonstrated an interest and aptitude for sales and marketing Donor within the industry. Attendance is required at one TADS meeting prior to graduation. Winner JOY BLAKE MR. SUB SCHOLARSHIP MR. SUBMARINE LIMITED Donor Donor Awarded to a well rounded student with academic achievement (75% or higher) and community/industry involvement Winner SEAN KIM Winners WOMEN IN FOOD INDUSTRY MANAGEMENT AWARD WOMEN IN FOOD INDUSTRY MANAGEMENT Danor To a female student who shows initiative, motivation and pro-Donor fessionalism at the college level and on the Food and Beverage Tour Holidays Traineeship. Must want to pursue a career in the Food Winner Industry. MELISSA SCOTT Winner PREVIOUSLY PRESENTED CANADIAN HOSPITALITY FOUNDATION 1999 SCHOLARSHIP FOR HOSPITALITY MANAGEMENT CANADIAN HOSPITALITY FOUNDATION Donor Winner IAMES SMITH FAST TRACK RECREATION AND LEISÜRE SERVICES PROGRAM FAST TRACK RECREATION AND LEISURE SERVICES GRAM ADVISORY PEER LEADERSHIP AWARD Winner Donor FAST TRACK RECREATION AND LEISURE SERVICES ADVISORY COMMITTEE To the student in the Fast Track Recreation and Leisure Services Program who has demonstrated interpersonal skills, facilitation and supportive skills and leadership skills Winner Winner SEAN OLIVER PROGRAM COORDINATOR AWARD SUSAN E GOODMAN Donor Awarded to a student in good academic standing from the first year of the Recreation and Leisure Services Program, demonstrating a positive attitude. Winner Winner MICHAEL O'CONNELI SPORTS EQUIPMENT SPECIALIST PROGRAM SPORTING LIFE INC. ACHIEVEMENT AWARD SPORTING LIFE INC. Donor To the honours student in the Sports Equipment Specialist program with the highest mark in Field Placement Winner DIANE BROWN

SPORTS EQUIPMENT SPECIALIST AWARD ANONYMOUS To the honours student in the Sports Equipment Specialist program with a positive attitude Winner JOSHUA MOSES TOURISM & TRAVEL PROGRAM ALBA TOURS INTERNATIONAL INC. AWARD ALBA TOURS INTERNATIONAL INC To the Tourism & Travel student who have excelled in the Salesmanship/Group Travel Course CYNTHIA CHECKLEY BRITISH AIRWAYS AWARD BRITISH AIRWAYS To two continuing students who have excelled in international tariff and ticketing AMANDA TULK VITA YANG CALLAWAY TRAVEL AND CRUISES AWARD CALLAWAY TRAVEL AND CRUISES To a student in the Tourism & Travel Program who has achieved the highest academic standing in the Cruise Industry Winners – VANESSA MENDES (tie) NICOLE ORR (tie) CANADIAN TRAVEL PRESS AWARD Donor CANADIAN TRAVEL PRESS To the Tourism & Travel students who have excelled in the Introduction to Tourism course in the 1998/99 Academic year NICOLE ORR LINDA PAGLIAROLI CONQUEST TOURS AWARD CONQUEST TOURS To two continuing students in the Tourism & Travel Program who are the most improved students at the end of the second NADIA PAPA ANNA SZAFLARSKA GLOBUS AWARD GLOBUS/COSMOS TOURAMA To a continuing Tourism & Travel student who has achieved the highest academic standing in the Travel Guides/Destination Geography courses Winner CARLA ARAUJO INSIGHT INTERNATIONAL TOURS AWARD Donor INSIGHT INTERNATIONAL TOURS To a student in the Tourism & Travel Program who has achieved high academic standing and excelled in Tourism/Europe Winner HUGO ROCHA KUEHNE AND NAGEL TRAVEL INC. AWARD KUEHNE AND NAGEL TRAVEL INC To the student who excels in the Travel Industry Business with quality service. Winner GORD MURRAY YVONNE McMORROUGH AWARD YVONNE MCMORROUGH To the student who has overcome some major obstacle or difficulty during his/her studies and has shown determination to complete and graduate in the Tourism & Travel Program. Winner — TAE YOUNG KIM EIJA PARKKARI MEMORIAL AWARD ENDOWMENT FUND To a student in the Tourism & Travel Program who attained the highest standing in the second year of the Program MANOŇ POULIN VOYAGEUR INSURANCE AWARD VOYAGEUR INSURANCE LTD To the Tourism & Travel students who have excelled in the Program Other criteria will be determined by the Division MARILISA DE SIMONE YOLANDA UNDERDOWN WORLD OF VACATIONS AWARD WORLD OF VACATIONS To the most excelling student in Product Update and Inclusive **NICOLE ORR** HRT ALLIANCE TRAINEESHIP AWARD To a graduate student in HRT Alliance for Recognized leadership/hard work and commitment to excellence during their Industry Traineeship as determined by employer and advisor CULINARY MANAGEMENT PROGRAM Winner JASON MERTONS ECO & ADVENTURE TOURISM PROGRAM Winner ILANA STOCH FAST TRACK RECREATION & LEISURE SFRVICES PRO-SEAN OLIVER HOSPITALITY MANAGEMENT PROGRAM Winner JOY BLAKE HRT DIPLOMA PROGRAM KYLA PRESTON RECREATION & LEISURE SERVICES PROGRAM Winner CRISSY SIMPSON SPORTS EQUIPMENT SPECIALIST PROGRAM Winner MIKE MANTIONE TOURISM & TRAVEL PROGRAM VITA YANG

INDUSTRY PARTNERSHIP AWARDS

To recognize partners who have made a valuable contribution to HRI Alliance through providing superb training opportunities for students and for their overall contribution to student excellence

HOSPITALITY MANAGEMENT PROGRAM CORA RAMIREZ Crowne Plaza Toronto Centre TOURISM & TRAVEL PROGRAM ED ROGERS Globus Cosmos BRUCE KARR American Express RECREATION & LEISURE SERVICES PROGRAM DENISE OAKES Chingacousy Wellness Centre FAST TRACK RFCREATION & 1 FISURE SERVICES PROGRAM JOY THOMPSON Town Of Halton Hills HR1_DIPLOMA PROGRAM JULIA HENDERSON The Helicopter Company CULINARY MANAGEMENT PROGRAM JOHN HIGGINS Le Royal Meridian King Edward Hotel CHEF TRAINING PROGRAM JOHN CIRILLO Toronto Airport Hilton Hotel COOK APPRENTICE PROGRAM RUDI FISCHBACHER Stage West All Suites Hotel SPORTS EQUIPMENT SPECIALIST PROGRAM CRAIG PODBORSKI Craig Podborski Sales ECO & ADVENTURE TOURISM PROGRAM BRUCE POON-TIP Gap Adventures

BRIDGES TO TOURISM HIGH SCHOOL TRANSITION AWARD To a high school student in the Culinary Arts Career Awareness Program, who demonstrates leadership and commitment towards a career in culinary arts and excels to a high level of program completion Winner — MARIA HONEYCHURCH PART-TIME FACULTY AWARD To a part-time faculty member who has demonstrated excel-

To a part-time faculty member who has demonstrated excellence through ongoing protessionalism with students, overall contribution to their program area and exceptional quality control feedback from students Winners – MORAG FITZGERALD

(Fast Track Recreation and Leisure Services) PATRICIA SHERING (Tourism & Travel)

HRT ALLIANCE INTERNAL PARTNER AWARD This award is presented to an individual within the Humber College community who has provided leadership and support to the direction and goals of the HRT Alliance. This commitment has been demonstrated at a strategic level for programming in the HRT Division Winner — JOANNE McCLEOD

Business and Industry Services

HRT ALLIANCE INDUSTRY TRAINEESHIP ADVISOR AWARD

This award is presented to a Traineeship Program Advisor who demonstrates commitment, contribution and service excellence towards students and Industry Partners involved in the Traineeship Program. This person also exemplifies leadership in quality control and ambassadorship for HRT Alhance. Winner – MICHEAL McFADDEN – Culinary Management

HRT ALLIANCE DIRECTOR'S AWARD

To recognize a student who has demonstrated excellence and a commitment to HRT Alliance through, leadership, initiative, dedication, personal motivation, involvement in class activities and HRT Special Events while at the same time, maintaining sound academic standing in his/her studies Winner — AREK SOBON

Culinary Management INDUSTRY STRATEGIC LEADERSHIP AWARD To an established partner of HRT Alliance who has provided ongoing leadership at a strategic level for programming in the school Winner JOHN FRITTENBERG

ner JOHN FRITTENBERG The JF Group

Fast Track Recreation and Leisure Services Program

Evening of Excellence 1999

Awards Reception October 26th at 6:30 p.m. All Awards at Lakeshore Campus

-LIFESTYLES PICK A THEME FOR YOUR PICK THE PERFECT HALLOWEEN PARTY COSTUME

by Gillian Clair

16

Halloween is quickly approaching and people everywhere are dusting off their spooky costumes and pulling out their freaky masks.

This craze of dressing up for Halloween isn't just for kids. Young and old alike are heading to the nearest party store to pick out the scariest Halloween supplies.

However, according to first-year Humber Film and TV Production student Anna Naguyen, Halloween parties are a lot more interesting when a theme for costumes is involved.

"I've been to other kinds of parties before, but a theme party really narrows down your choices on what to dress up as," Naguyen said. "When it's just a house party, I have no idea what to wear."

And what would she choose for her specific Halloween theme?

"I'd choose a Victorian theme ... and serve red wine because it goes with the era," Naguyen said. According to local party shops, such as the It Store, Party Place, and The Party Factory, the theme this year tends to be futuristic. Lisa Cunning, manager of the lt Store, said she thinks the millennium has a big part in that.

"I guess everyone's just kinda caught up in this future is now thing." Cunning said. "Costumes and stuff that are really spacey are going fast." The Star Wars and Austin Powers and build onto that."

theme is also very popular right now. "It's crazy in here right now," Cunning said, as she rang in a customer's purchase - a mask of Austin

Powers.



Ahhhh! Make it a scream of a party

With napkins, cutlery, and paper dishes to go along with your theme, the choices are literally endless.

"A theme really helps someone throw their party easier," said Kell Nunt, an employee of the lt Store. "They can go with that one idea then

More college and university students are catching on to the Star Wars theme this year, Nunt said.

"It's kind of like a classic theme now," Nunt said. "Everyone wants it."

> Janice George, second-year Fashion Arts student, suggested a theme party taken from the recent movie The Matrix.

> "I'd dress up as the Matrix girl, that chick, Trinity," George said.

> Even though George has only gone to Hawaiian theme parties before, she said she always hosted Haunted House parties for her birthday, which falls a week before Halloween. However, hosting your own theme party can be quite

> costly for a student. So, what can you do to make your party a little bit more affordable? Recycling coloured napkins or streamers from past holidays can save you some money. Saving your new Halloween decorations

for next year is also thrifty. Christmas lights are often reusable for decorating. Go for dark colours, such as red, green, blue, black or orange, if you have them.

If you haven't chosen your theme or costume, head over to your local party store and see which of the hundreds of characters or themes you'd like to be this Halloween night.

by Mona Patel

There are many stores and warehouses that specialize in costume rentals and retail.

Stores like Theatrix Costume House, Party City --- the discount party store, and Costume Shop are only some of the places in and around Toronto that offer variety and reasonable prices for renting and/or buying Halloween costumes.

"For renting costumes, the cost actually depends on the costume itself," said Holly Kisly, a sales representative at Theatrix Costume House. "The prices range anywhere from \$35-\$150, and on average something really good would be around \$75. The costumes we have for rent are better quality and last longer as compared to the ones that are bought."

According to some costume and party rental shops, the number of people shopping for Halloween costumes is much higher this year than the past contact: couple of years. Sarah Gallow, one of the cashiers at Party City said, "I've noticed that many people have started to buy Halloween costumes early this year. It's been much better this HTS: (416) 299-0645 year in terms of sales, the previous years were good but not

as good as they are this year." She also said that Star Wars, Austin Powers and the TeleTubbies are the hottest costumes for Halloween.

Sunny Malhotra, a secondyear Business student is getting inspiration from one of this year's most popular movies.

"I'm going to be dressing up in a Star Wars costume this year. I think it would be good since Star Wars was a very popular movie and the characters from there go hand-in-hand with the theme of Halloween."

Anna DeVita, a supervisor at Party Works and Costumes comments on the popularity of costumes from the movie 'Scream'.

"The mask from the Movie Scream has been very popular in the past year and continues to be an on-going trend and attraction for the public this year," said De Vita.

For more information

• Party City (905) 275-3799 • Theatrix Costume House: (416) 977-3113 • Costume Rentals DIV • Party Market: (905) 27.3-6014

Millennium fever increases Halloween sales

by Natalie Davis

It's 'Trick-or-Treat' time again, and as retailers scramble to put their ghoulish goodies on the shelves, kids are not the only consumer they are targeting.

This Halloween, stores such as Wal-Mart and Sears have seen an increasing number of adults shopping for Halloween products for their children and for themselves.

"People are definitely shopping more this year," said Tim Power, marketing manager for Sears Square One store.

"And with the new clubbing and party trend, the age group of Halloween shoppers seems to be getting older and older."

Power, who described the growing popularity of Halloween

the past three to five years the reason why many adults are Halloween has begun to attract a greater attention from adults.

"Now more than ever, the grownups are finding the real kid in them," Power added.

According to Power, this year's sale of adult costumes, and other accessories at Sears, have surprisingly accounted for almost 50 per cent of its Halloween business.

Rahul Kushalkar, a sales associate at Wal-Mart's Square One store said he is also overwhelmed with the increase in sellers for adults this year are partier, www.firstfantasies.com, adults sales.

"The age group of the majority is the 25 to 35 bracket, when usually it's the younger ones," said Kushalkar.

Kushalkar added he believed as a 'snowball effect,' said over the approaching millennium is

Halloween shopping this year."It's the last Halloween before the year 2000, so people are definitely going all out," said Kushalkar.

Sandra Kudro, a 32-year-old bank manager, agreed with Kushalkar, and said she is "excited" about Halloween.

"It's the last Halloween of the millennium, so I'm definitely not staying home to hand out candy," she said.

Among some of the hottest Star Wars items such as Darth Maul costumes (Wal-Mart, \$29.95) and Jar Jar Binks masks (Sears, \$7.97).

Retailers on the Internet are joining the bandwagon of those trying to attract the adult market.

The Web site www.shopheaven.com is full of ghoulish items.

For those looking to cook up a gruesome Halloween gourmet, Creepy Cuisine. by Lucy Monroe (\$4.79) contains recipes such as Vinegarette', 'Vomit and 'Gangrene Scrambled Eggs'. They also sell movies that will make you shiver such as The Mummy, (\$19.99, VHS, \$20.99 DVD) and The Blair Witch Project, (available Oct. 22) (\$15.99 VHS, \$17.99 DVD).

For the frisky Halloween caters to the more mature adult market, selling costumes such as the Bedroom Vampire Bat (\$38.50), and the Sexy Grecian Goddess (\$41).

Items on both sites are shipped within one to two weeks.



17_ Could you sign this picture please?

Autograph collector finds hobby *is for the* dogs.

by David J. Wylie Maybe one day he'll be ask-

ing you for your picture. David Sutherland, a second-

year General Arts and Science student at Sheridan College collects autographed pictures of just about anybody.

Sutherland just received his latest, an autographed picture of Hustler magazine king, Larry Flynt.

Sutherland said the eight by ten black and white portrait of Flynt is the best one yet.

"lt's interesting that he'd send me a picture simply

with best wishes,



Presidential dog Buddy strikes a dignified pose.

because he doesn't have to," said Sutherland.

"I don't own a Hustler and Larry Flynt knows it because 1

wrote to him about it."

From porn king to politicians, the Brampton resident requests signed pictures of them all.

Sutherland said he even emailed Hillary Clinton for a photo.

About two months later he got it in the mail, a genuine autographed picture of the First Lady.

Sutherland said this unique hobby began earlier this year. "It originally started off as a

bet," said Sutherland.

The bet ends this week, and the two participants decided the winner will be determined by the craziest picture.

The consequence of losing is Brampton about as original as the bet itself.

"If I lose the bet, I send my autographed picture to everyone 1 got one from," he added, "so I'd have to send one to a dog."

His girlfriend, Jen Gulka, laughed while Sutherland told the tale of how he got his paws on an autographed picture of the presidential dog, Buddy.

picture of) Hilary, so I've gotta' get Bill Clinton," said Sutherland.

He wrote a letter to the White the House,

who's running the world."

addressing it to the President.

"About two weeks later I get my package in the mail. I open it up

The portrait of signed with a paw print. This comes in the midst of the Monica Lewinsky scandal.

the irony, adds "he asked for Bill Clinton, and he got the dog.' Sutherland requests

pictures of people from all overthe world, leaders of Belgium, Chile, Colombia, Cuba, and the list goes on covering about 60 countries.

*"*I already have Hillary, so I've gotta' get Bill Clinton."

-David Sutherland

Sometimes he gets a reply, sometimes he doesn't.

Sutherland owns an expansive collection of signed pictures covering everyone from Mayor, Peter

Robertson to Much Music personality, Master T.

What does he enjoy about collecting autographed pictures?

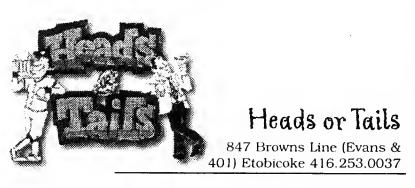
"I get to see who's running the world," said Sutherland. "That's what I'm trying to figure out." He also added, "it's fun to see who replies."

Sutherland said he isn't finished yet, not by a long shot.

"It's still an ongoing project," said Sutherland. "Fm going to go until I get every country's leader."

"It's like an obsession," said Gulka

"Obsession, hobby, whatever you want to call it," replied Sutherland.

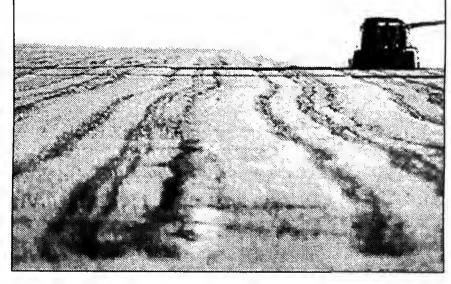


Heads or Tails presents Friday October 22 The Wheat Kings A tribute to The Tragically Hip

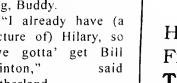
Saturday October 23

Anthony Gomes – Blues in Technicolor Sunday Afternoon 3–8pm

Chuck Jackson & the Allstars CJRT Fundraiser (College Blues & Jazz Radio Station)



October 21, 1999



"I get to see

-David Sutherland

and it's the dog."

Buddy is officially

Gulka, laughing at

18 ---- ARTS Machine Head is burning red

by Nick Jones

Looking through the eyes of Machine Head it's easy to see the heavy metal body moving forward in powerful motion.

For the first time ever, radio waves are feeling the intensity while creating a new connection to plug people into the music of Machine Head.

New guitar player Ahrue Lester said in a phone interview he thinks hard music is becoming a heavy weight contender once again.

"It's popular right now, but everything goes in a cycle and right now I think people got tired of watching every single band that looks like gas station attendants and they wanted something over the top and over the edge and that's why heavy music is back," said Lester.

The Burning Red, is Machine Head's third album, and first recording for Lester with band mates Robert Flynn (vocals/guitar), Adam Duce (bass) and Dave McClain (drums). Speaking with passionate grit, Lester describes the experience.

"This record was completely emotional to do for all of us. I've never felt music more intensely in my life than 1 did when we recorded this record," Lester explained.

Feeling the raw energy, producer Ross Robinson used his body as a tool to measure the force of the music. Lester described the technique.

"Ross had something called the goose bump meter, where we'd do a song and he'd



Machine Head are enjoying radio airplay for the first time.

look at his arm and if he got goose bumps then we'd keep it, if it didn't then we did it again."

This method seems to have paid off. This is the first time in Machine Head history they have a single being played at more than 60 radio stations across the country in full rotation. Lester gives credit to some of the bands that are knocking down walls and opening up doors for others to follow through.

"Maybe a couple of years ago radio wouldn't touch something that heavy, but thanks to bands like Korn and Limp Bizkit, it does in turn help us out," said Lester.

These bands have become the next big thing in music. They've been extensively covered by the media for adding aspects of hip-hop to their heavy sound creating something original. Being weary of the tag-along accusations Lester stated, "a lot of people are saying there's a hip-hop element to Machine Head now, but the hip-hop elements have always been there."

Lester added, "on this record, more than anything, Rob wasn't afraid to expirement. If he wanted to do something that was hip-hop he was just going to do it."

The San Francisco natives are on tour for the next six weeks with five dates in Canada. Their live show will definitely not be rusty after whipping crowds into an organized state of chaos night after night as a part of the super heavy lineup at this summer's Ozzfest. Lester talked about what it's like to play

hard on a regular basis.

"It does wear on your body. We probably play six shows a week and by the last show you kind of feel like, you know when football players are injured and they get shot up with novocaine and they have to play anyway and you've got to give 100 per cent even though you're injured. That's kind of how I feel.'

This is how Machine Head would like to be introduced to new fans. As many goose bumps as you might get from the CD or the radio versions it is nothing compared to their live show.

"A lot of times we'll play shows and people are looking at us kind of curious, to see what we're all about. But by the time we're half way through the set they're totally just going off. A lot of people come up to us afterward and they're like 'damn I've never seen you guys but you kicked my ass," said Lester.

How can a concert not be good if the band and the crowd are both going home like soldiers wounded in battle? Keep your eyes open for Machine Head's new CD, The Burning Red, and watch for concert dates in your area.

New band Mere Image rocks live

by Catherine Stancl

hey snatched their lead singer from another complex, and can be found between Metallica and Natalie Merchant in music stores – they are Mere Image.

This Ottawa-based quartet were at Lee's Palace last week to kick off their Ontario tour promoting their self-titled debut CD.

bassist Andrew Ross were friends through high school and university before they formed Mere Image in July of 1997. Lead singer enjoyed performing for the small Sherri Harding and drummer crowd. Kevin Spero joined shortly after, rounding out this talented power pop band.

The Mere Image CD sounds remarkably professional despite not having a record label.

Produced with the help of Jay makes people sing (the song) right Ruston (who has worked with Artificial Joy Club) the band's CD is being played on college radio band, have a name that, stations throughout Canada, and in French, suggests a Freudian is steadily gaining a strong fan base.

> Their performance at Lee's Palace really showed their strength in a live performance setting. Harding's strong voice rang through the venue, belting out the songs with energy.

Mere Image sounds even better Guitarist Carl Bovell and live than they do on their CD, which is rare to see, even in established bands. They have a great chemistry on stage and clearly

> Carl Bovell, who wrote all the music and lyrics on this CD, said he wants Mere Image's music to be original and memorable.

"You want that great thing that sticks in your head, the thing that

away," said Bovell.

While musically they have a sharp and powerful sound and are extremely talented, lyrically they may need a little work. Some of the lyrics just don't seem to flow, they don't fit, or they are downright bizarre.

"Your wet dream, I'll trim the forest on your back" from the track 'Your Dream' doesn't really make sense. And although it could be something that "sticks in your head" it may not be for the intended reason.

"Some of it (the lyrics) is very literal in the sense that you can read the words and it describes what I saw," said Bovell. "Other times it's just a vibe."

Mere Image is definitely a band to watch out for in the near future. To find out more about them and to order their CD, check out their Web site at www.mereimage.net.



Lead singer Sherri Harding of Mere Image.

The Simpsons meet Macbeth



Currently performing at The Second City is Rick Miller's hilarious comedy skit Machomer

by Scott Van Slyke Imagine if you will, that watching Shakespeare's Macbeth with the cast of the Simpsons performing the Bard's work.

This outrageously funny combination of pop culture and high art, comes to life in the play Machomer, which is now playing at the Second City comedy club in Toronto.

Rick Miller, who wrote and stars in this one-man tour-deforce, performs over 50 voices all with an amazing accuracy that is a tribute to both Matt Groening (the Simpsons creator) and Big Bill himself. The play captures the spirit of the Simpsons when in one well written scene Lady Macbeth played by Marge Simpson engages in deep conversation with Macbeth played by Homer J. himself. Homer as Macbeth, begins his patented concentrational meltdown which eventually ends with Homer totally lost in thought about a slice of pizza.

The play is a masterful display of improvisational humour, attracting people of all ages. In addition to the play, Miller continues a nonstop performance during his own intermission act with a wild musical tribute segment.

"A phenomenon, that's what Machomer is. I'm just glad I thought of it first," said Miller.

The idea came to Miller while he was performing in Macbeth during the summer of '95 with Montreal's Repercussion Theatre. Miller used to make his fellow actors laugh between scenes with his Simpsons impressions and decided to develop the concept. Five years later and having silenced his inner critic Machomer has been performed more than 150 times, (including a performance at the Just for Laughs festival) in front of over 50,000 people. Plans for a world tour for the year 2000 are in the works.

Miller cites his three older brothers as his comedic influences but said he originally wanted to be a singer.

"Performing is an energy release for me, it lets me let my inhibitions down," said Miller. "I love to create things and challenge myself not to be complacent, to always carry an edge."

Miller said that while he has encountered many casting agents from the U.S. who promise fame and fortune, he is happy where he is.

"I'll never be a slave to movies. I love live theatre and performing my own material," said Miller. When asked if he would like to perform Machomer for Simpson creator Matt Groening, he smiled.

"I would love for him to see it. I've been told by people who are close to him (Matt) that he would love it. But then again, I'm also worried that he might tell me to stop."

If you want to see Machomer you'll have to hurry, as the show's last performances run this weekend. Call the Second City hotline at (416) 343-0033 for tickets. Or pick them up in person at the Second City box office at 50 Blue Jays Way.

Season opener at Humber Theatre is impressive

by Dan Lawrence Theatre Humber opened its season last Thursday with Sean O'Casey's The Plough and The Stars, a comic/tragic look at pre-revolutionary Ireland during the early days of World War 1.

Despite my dread of a heavy- handed political play, Theatre Humber and director Mark Schoenberg came through with a touching piece focusing on the relationships between a small group of ordinary Irish people as the threat of rebellion looms over their heads.

The story revolves around the actions of Jack Clitheroe, played by David Rosetti, whose patriotic duty compels him to turn away from his wife Nora (Allison Hunter and Luciana Cacciacarro) and join a make-shift army rebelling against the British rule of Ireland. Left on her own, Nora is forced to wait out the illfated battle with various relatives and neighbours, until the fighting draws dangerously close to home.

The play is brought to vivid life by the impressive performance of the cast, notably Avi Phillips as Fluther, whose comic hook is his repeated use of the word "derogatory". Owen Marchilbon gives a stand out performance as paranoid uncle Peter, engaging in several hilarious confrontations with his nephew, the Young Covey, played by Erik Ristimaki.

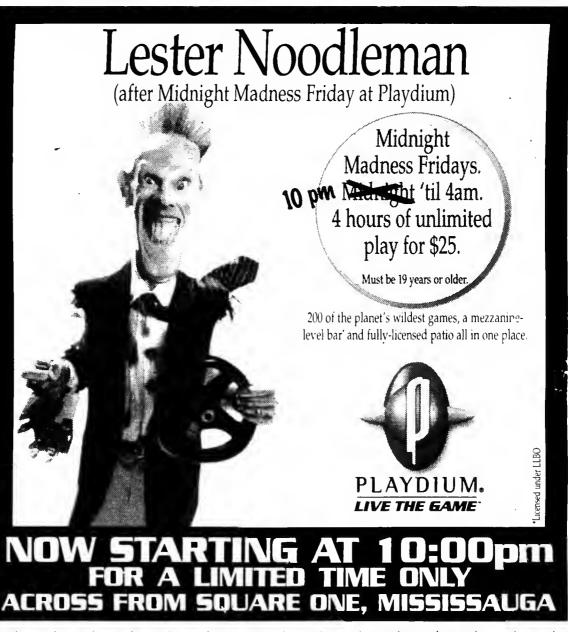
O'Casey paints a less than favourable view of the Irish. Virtually every character has a violent temper, and there are no fewer than five physical confrontations between the eight main characters.

The antiquated Irish tunes L building of the used at the introduction of the campus on Kipl play and between each scene. Lakeshore Blvd.

are an excellent way to slowly immerse the viewer into the world of the Clitheroes, and the set and costumes were obviously well thought out and researched. Even the accents are surprisingly well done, and a quick glance of the program shows a dialect coach among the credits.

Thoroughly entertaining and superbly acted, The Plough and The Stars gives the viewer a definite sense of the pride and stubborn patriotism that fuels the violence that still erupts from time to time in Ireland.

See The Plough and The Stars on Oct. 21-23 at 8 p.m. Matinees are on the 23rd or 24th at 2 p.m. Tickets are \$10 each, \$7 for students/seniors, with special rates for groups of ten or more. The Theatre Humber studio is located in the L building of the Lakeshore campus on Kipling, south of Lakeshore Blvd.



20 Swinging in tune with Latest CDS Swingstep

by Jaime Ross iverdance-style step dancing mixed with Brian Setzer-style swing dancing clashed at the Ford Centre for the Performing Arts last Tuesday when the new musical Swingstep took centre stage.

The story opens with Sonny Stone (played by actor Paul McQuillan), A New York City Swing musician, who visits Cape Breton to meet an ex-beau of his late grandinother.

After seeing the hot young, step dancers and fiddlers perform at a local pub in Cape Breton, Stone decides to combine their talents with his own band's swing style, creating a new dance sensation called Swingstep.

The compelling story, set in modern times, is complemented by flashbacks to the early 40s and 50s.

Producer David Ballinger, founder of Silver Fox Leisure Ltd., is confident of the show's success.

"The superb talents and enthu-

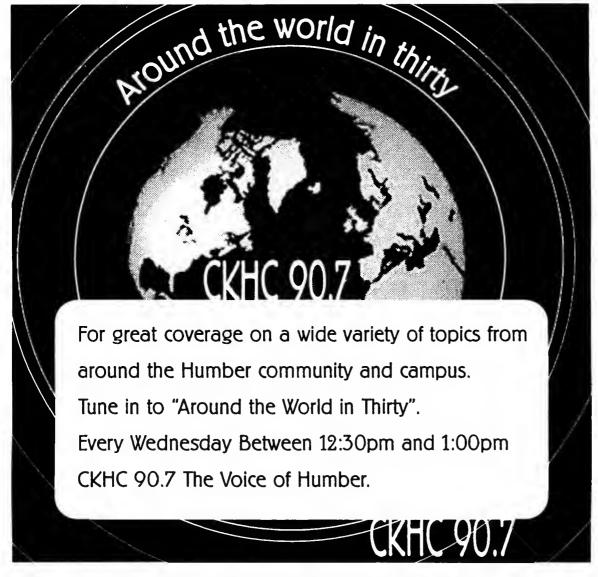


Swinging in tune with Swingstep at the Ford **Centre for Performing Arts**

siasm of everyone involved will greatly enhance our new musical," said Ballinger. "It has all the elements to keep audiences again and again. 1 believe that Swingstep will be one of the leading musicals this season." Directed by actor and teacher David MacInnis, opening night gave the young cast of steppers, swingers, and fid-

dlers a chance to showcase their talent to the nearly full house.

Swingstep tosses young love, growing up, big band, fiddlers, and song into a mix that is absolutely spellbinding. It is a refreshing new take on two very different styles of dance. The audience walked out of the theatre in a buzz over the extraordinary new musical.



Ash - Nu Clear Sounds



This is the second album from Ash, a fine band from Northern Ireland. It's mostly new-age rock/pop, but there's a trace of good ol' rock 'n' roll influence.

'Jesus Says', the lead track, is structured around two chords, making for a rockier listening experience. Also on the rock side of things is 'Numbskull', which comes complete with record scratching, screaming, and swearing. Nu-Clear Sounds is a good balance between light and heavy music. 'Folk Song' for instance, is a slow groover. Most of the songs require little attention to enjoy. It's mostly just background music for day to day life.

- Shaun Hatton

Hank Williams III -**Risin' Outlaw**



Hey, d'y'all like yer country music? Well, Hank the Third has certainly outdone himself. This is hardcore sit-on-your-porchplaying-banjo-wearing-snakeskin-boots-admiring-your-rusted-out-truck country music. None of that Shania Twain garbage. Whom, by the way, has a getting-in-her-pants reference on the opening track, '1 Don't Know'.

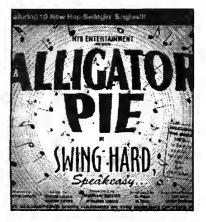
Risin' Outlaw features some excellent twanging on the six string. What's that? You like fiddles? Hank's got fiddles too, and he uses them well, especially for 'lf The Shoe Fits'. As for the vocals, well, they're not

exactly his greatest. This is, after all, country music.

If you're into this sort of thing, or you like getting drunk a lot, you won't be disappointed. The disc certainly has sing-along potential. After all, when one of the album's tracks is called 'Honky Tonk Girls', you know it has to kick butt.

- Shaun Hatton

Alligator Pie - Swing Hard Speakeasy



Calling all hep cats! Have I got a jive record for you! It's called Swing Hard Speakeasy by Toronto's Alligator Pie.

Inspired by the '40s swing/big band scene, songwriters/producers and musicians Stephen Lukacic and Matheiu Gerrard formed Alligator Pie a year ago. In true big band style the duo assembled a four piece rhythm section and a five piece horn section to produce the 10 happening tracks on Swing Hard Speakeasy.

A sure-fire hit at your next swing hop, Swing Hard Speakeasy is a must have for fans of the Johnny Favourite Orchestra, Big Bad Voodoo Daddy, and Squirrl Nut Zipper.

First single 'He Got Game' is a hip track where Lukacic's vocals bring the song to life. Although Lukacic's vocals sound like they are better suited for a pop song (sounding like Darren Hayes of Savage Garden), they add character to the smooth debut release.

With the fusion of guitars, drums, upright bass, piano, trumpet, alto/baritone/tenor sax and trombone, Alligator Pie has created a slick piece of musical work with tracks like 'It's All Good', and 'Suds'.

Over in a short 37:41 minutes, Swing Hard Speakeasy is fantastic!

SPORTS

Blazing hockey team nets tournament win

by Scott Van Slyke The men's hockey team captured the Peter Maybury Cup last Sunday in a wild 7-5 shootout against Cambrian College.

One day before the tournament the Hawks suffered an uninspiring 5-1 exhibition game loss to the visiting Laurentian University Voyagers.

Defenceman Aaron Lutes said the loss was a wake up call. "We came out flat in that

game but it also fired us up to play well in our own tournament."

The Hawks were a different team on Saturday night they came out guns blazing against the Carleton University Ravens.

The rookie line of Rob Perkovic, Jamie Charlton and Jamie Visser was dominant all night scoring four goals and tallying nine points.

game honours with his two-goal performance.

The Hawks led 3-0 after the first period and cruised to an 8-3 victory.

In the prelude to the champi- Ludlow, and Brent Lamb.

onship game Conestoga beat Carleton 5-3 in the consolation final. In the tournament

finals the Hawks went up against last year's league champions the Cambrian Golden Shield.

The battle started out an all Humber with affair the Hawks · dominating the first two periods.

Hawk's centre Rich MacKenzie forced a turnover and winger Eric Hobor beat to make it 1-0 Hawks.

Cambrian tied the score at the end of the first when goaltender Duane Humber Crocker couldn't corral a Visser earned player of the rebound and a Cambrian player, Ojika Massa knocked the loose puck in.

> The Hawks extended their lead in the second to 4-1 on goals by Mackenzie, Marcus



Victory is sweet-The Hawks celebrating their championship win.

Hobor scored his second goal Cambrian goalie Dominic Cote of the game early in the third to make it 5-1 for Humber.

Cambrian awoke from their slumber in the third and exploded netting three goals in six minutes to cut Humber's lead to 5-4 and effectively silenced the Hawks fans.

But when Humber's Chris McFadyen intercepted a pass and buried it the Westwood arena erupted. The goal put the Hawks in front 6-4.

Less than 30 seconds later Colin Gillespie broke in and rifled a shot over Cote's shoulder to put the game out of reach. Cambrian added a late goal

but time had run out and the Hawks had captured the Peter Maybury Cup.

"It's great to win your own tournament," said Captain Rich Wand.

coach Cambrian Doug Bonhomme was upbeat despite the loss.

"We wanted to come back and steal it but Humber didn't let us," Bonhomme said.

21

Humber coach Joe Washkurak was reserved after the game

"Anytime you beat the league champs at home it's a great win. We played well the first two periods but fatigue lead to a mental lapse in the third. We need to tighten up late in games or it's going to hurt us later in the season,"said Washkurak.

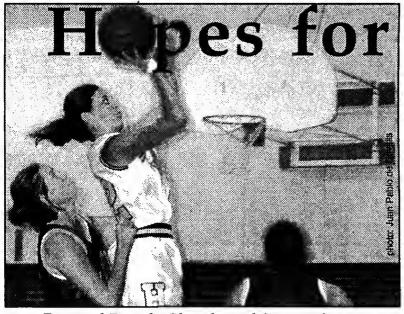
"Anytime you beat the league champs at home it's a great win."

-Coach Joe Washkurak

Eric Hobor was the player of the game for Humber with his two goal performance.

Pierre Legros, an OCAA allstar last year; won Cambrian's player of the game.

Mare Hobor was named MVP of the tournament.



Forward Brenda Chambers drives to the net

by Juan Pablo de Dovitiis

L of the most important ingredients required to be a true champion- character.

Despite a 44-66 exhibition game loss to Wilfred Laurier University, there were no long faces after the game Fri. Oct. 15, just a better understanding of what

needs to be worked on.

"We did well," said Brenda he women's basketball Chambers, one of only two returnteam showed that it has one ing players from last year's Ontario College Athletic Association championship squad. "We worked hard, but the pressure killed us. Now it's all work."

It was that pressure, thrown at the Hawks' ball handlers in the form of full-court traps and double teams, which proved to be the

pes for season still high Laurier's offence overpowers the Hawks

deciding factor in the game.

"The pressure did cause us to mentally panic, so we had trouble running our offense," coach Jim Henderson said. "But as the game went on we kept on fighting. We showed a lot of character."

Although the Hawks allowed 66 points, their relentless man-toman defence showed a lot of promise. In fact, most of the time Humber forced Laurier to play a half-court type of game, players like Beth La tendresse and Khadija Akhbar, the Hawks' high-scorer with nine points, proved themselves to be great defensive specialists.

However, the team was unable to consistently protect its defensive boards once they forced Laurier to take a bad shot. Even then, Kesha Guildford and Anne-Marie King, with their size and hard work under the basket, showed that they could develop into players that

could give the Hawks a much needed strong presence inside the key.

Despite all their shortcomings, and the fact that they were down 19-34 at halftime only thanks to the outside shooting touch of Tara Reddick (7 points), they still managed to maintain a high level of intensity throughout the second half. The Hawks also started the second half with three fouls each on returning players, Brenda Chambers and Lindsay Higgs (seven points each).

The team responded to all this adversity by going on a 6-0 run midway through the second half. fueled by a cry of "D-fence" coming from the Hawks bench, which put Humber within only nine points of Laurier, at 32-41. But, the constant pressure put on the only nine players who suited up for the game finally wore out the Hawks, and that is as close as

they would get. Three minutes later, the exhausted Hawks were down 33-57, after Laurier went on a 16-1 run that sealed the game.

Even then, the intensity in the play of players like Denise Marshall, whose dribbling skills are sure to make her a fan favourite was not affected by the negative score.

"It was what I expected, what we needed," Henderson said.

Laurier's coach, Stu Julius, agreed and said that he was "sure Jim (Henderson) will make them work under pressure situations."

The loss did not seem to greatly affect the confidence of the players, who have one definite goal in their mind.

"If we made it to the nationals last year, I want to get there again," Chambers said

"Fourth is not good enough. I want to win. I have big hopes. I think we're going to win it."

Hurt Hawks suffer their first loss

by John Maida

The Humber Hawks Women's soccer team found themselves on unfamiliar turf. losing 4-1 to arch-rival Mohawk, in Hamilton on Oct. 12.

Humber's first loss of the season came against the unpopular Mohawk Mountaineers, who are battling the Hawks for first place in the OCAA Central West division.

The game started off slowly for both teams. The entire first half was a very physical and aggressive match. Mid-fielder Claudia Marmo received a yellow card near the end of the first half for arguing a call.

The game remained scoreless for the entire first half, but in the second half, the wheels fell off. Mohawk struck first off a free-

Samues

Long Distance • Internet • Paging

thereafter striker Joanna Vitale answered with a left foot shot down the left flank increasing her league lead in goals to 14, for an average

of 1.90 goals per game. From there, the Mountaineers

kick in the 70th minute. Shortly

"If we can get our injured players playing at 100 per cent, then we will be successful."

-Sonja Bukovscak, defender

turned it on, scoring three unanswered goals for the win. Coach Vince Pileggi said

Mohawk deserved the win, and the girls just couldn't get anything going.

"They played hard for the full 90 minutes and they got rewarded. They clearly deserved the win," said Pileggi.

The Hawks struggled in the game and injuries were a factor, especially in the midfield.

Adriana Co-Captain Cataldo was not at 100 per cent, after suffering a badly bruised sternum against Conestoga. Mid-fielder Annabella Lopes missed another game because of a sore shoulder. Defender Sandra Troiani played in place of the injured Lopes, who, in turn, suffered a mild ankle sprain near the end of the game.

Cataldo said when there are so many injuries, it is hard to fill in those positions, but she doesn't blame injuries on the way the team performed.

"The bottom line is that we didn't perform up to our level. 1 don't know if it was because of the long layoff between games or if we were too cocky. We just couldn't get motivated but the most devastating thing was the final score," Cataldo added.

When asked about the severity of her injury, Cataldo wasn't sure when she would be playing at 100 per cent.

"It's so painful. It hurts when I

talk. This is not an injury that you can just fix by taping it up or icing it down. It's something that needs time to heal and heal on its own," Cataldo explained. "I just hope

Pileggi said the team's effort was outstanding.

"The work ethic, effort, intensity, and commitment was all there, however it's unfortunate from the

"This is not an injury that you can just fix by taping it up or icing it down. It's something that needs time to heal and heal on its own." -Adriana Cataldo, Hawks' co-captain

I'm better in time for the Ontario Championships."

The Hawks returned to Mohawk on Thursday where they battled to a 1-1 draw against the Redeemer Royals. The Hawks dominated the game in almost every aspect, but just couldn't finish the plays and capitalize on their scoring chances.

Vitale opened the scoring in the 37th minute with a nicely placed shot over the opposing keeper's head. With that goal, Vitale now has an astounding 15 goals on the season.

Redeemer capitalized on one of their few scoring chances, a free kick, early in the second half to tie the game at 1-1.

That goal served as a wakeup call to Humber.

For the majority of the second half, the Hawks poured it on, but they just couldn't find the back of the

Adriana Cataldo, mid-field- net. The Royals' keeper was excellent in goal, keeping the er, winds up for corner kick. score at 1-1.

result standpoint. We really wanted to walk away with the three points and to be assured first place in the division," Pileggi said. "If that game would have gone an extra 10 or 15 minutes, there was no doubt, we would've won that game."

Hawks defender Sonia Bukovscak said the team needs to remain mentally tough and on top of their game, especially with the Ontario Championships right around the corner.

"Based on the way we played against Redeemer, despite not capitalizing on our chances, things are looking good. If we can get our injured players, playing at 100 per cent, then we will be successful," Bukovscak said.

With one game remaining in the regular season, and a playoff spot already clinched, the ultimate test for the Hawks will be the OCAA championships Oct. 29-30.

"We need to make sure that we play at our peak and to fully compete in the championships, that's our main priority," Pileggi added.

October 21, 1999







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Defender, Rosie Butera, attempts to steal the ball at the

game against the Mohawk Mountaineers on Oct. 12.

Men pull no punches to clinch first place

by Frank Monaco with files from John Maida The Hawks saw plenty of red from the referee but managed to keep their undefeated streak with a tie and a win in two road games last week clinching first place in the region.

The Humber squad received three red cards in their second meeting with the Mohawk Mountaineers, Oct. 12 and played the second half of the game with only nine men and no coach. The Hawks still managed a 0-0 tie.

Scorers Jesse Calabro and Nathaniel Singleton were the carded players. Head coach Germain Sanchez plcked up a red card for 'dissent' when he questioned a call by the linesman.

Singleton was tossed from the game when he struck a Mountaineer after the Mohawk player punched Singleton in the stomach.

Calabro's red card came from a play involving a 50-50 ball. Calabro expected a warning when he commited a foul but the referee reached into his back pocket, he displayed a red card and not the expected yellow.

"There was one player left to beat and I just happened to hit him and the referee gave me a straight red. No warning. No nothing."

Coachless, and without their two top-scoring forwards, the team together and put on a brilliant performance to tie the Mohawk team.

"It all started with Angelo

Marko Milicevic No. 17 tries to gain control of the ball.



Danny Montero No. 5, finds the back of the Royals' net in a tight pursuit. The Hawks triumphed 8-1.

(Nero). He got us in a huddle and he told us, 'it's not impossible, we can still do this' and he just kept encouraging us," midfielder Arturo Alava said. "We played as a team and nobody got down on each other."

Sanchez complained about the officiating saying it was not the first time that he had experienced poor officiating in Hamilton.

Since Singleton's red card was marked as a flagrant foul, he will be suspended for the next two matches. Coach Sanchez will also be suspended from two games. Calabro's suspension was for only one game because it was during a play and not in a fight. Even so, Calabro's one - game suspension could cost him the scoring title for the Ontario Colleges Athletic Association (OCAA). He has 10 goals in eight games and now only one game left to play. He is in a tight race against Durham's Jimmy Kuzmanovski who has 11 goals in eight games with two games left.

The Hawks rode the bus to Hamilton again, Oct. 14, but this time to play the 0-7 Redeemer Royals. The Royals were no match for Humber who put on a clinic and beat the Royals 8-1.

Assistant coach Adam Morandini filled in for Sanchez who was out of action.

"There was no pressure on today's game. The guys were relaxed. (We knew) the team that we played is not at the top of the standings. We kept it simple."

The Hawks played most of the game in the Royals' defensive end and never looked to be in any kind of trouble.

"We kept the balls low, on the ground. We used the wings beautifully today using Marko (Milicivec) and myself. Almost all our goals were generated from that," midfielder John Liggio said.

Scoring for the Hawks were rookie forward Kenny DePaiva with two, and singles from Guillermo Machado, Daniel Gazzellone, Angelo Nero, John Liggio, Arturo Alava, and Danny Montero.

The Hawks improved to 7-0-2 on the season and host Redcemer on Oct. 20 on Valley field at North Campus.

Upcoming Events

Compiled by Jeffrey Anderson

- Friday, Oct. 21
- *Playoff Game Men's Soccer @ Humber College 3:30 p.m.
- Men's Volleyball @ Durham Tournament

Women's Basketball @ John Abbott Tournament

- Men's Basketball @ Dawson Tournament
- Sat. Oct. 22
- Men's Hockey @ Fleming 8:00 p.m.
- Mon. Oct. 23
- *Playoff Game
- Women's Soccer @ 3:30 p.m.

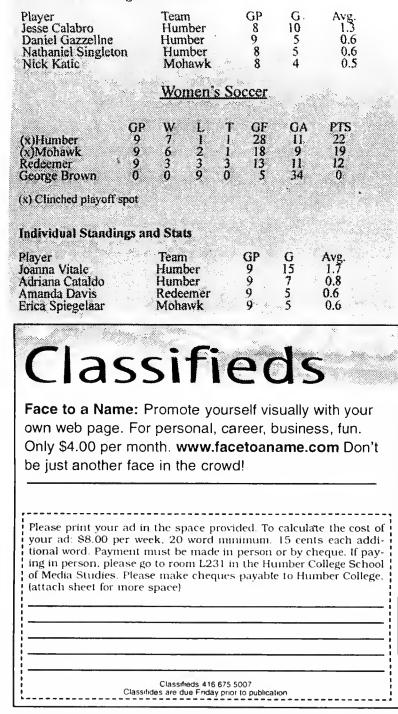
OCAA Central West Standings

Men's Soccer

X							
	GP	W	L	Т	GF	GA	PTS
(y)Humber	9	7	0	2	34	9	23
(x)Mohawk	9	6	Ť	2	24	6	20
George Brown	9	4	3	2	22	12	14
George Brown Redeemer	9	Ó	9	õ	5	52	Ċ

(x) Clinched playoff spot(y) Clinched first place and homefield advantage in quarter final round)

Individual Standings and Stats





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- Insurance Plan

HEALTH SERVICES NORTH

K137 (416) 675-6622 ext. 4533 Health Nurse: Marg Anne Jones **HEALTH SERVICES** LAKESHORE A110 (416) 675-6622 ext. 3234 Health Nurse: Penny Apse

Services for International Students

- > Housing
- > Transportion
- > Advising and Advocacy > Transition Issues
- > Humber Friends
- > Health Insurance
- > Immigration
- > International Student Association
- >Programming

SERVICES FOR INTERNATIONAL **STUDENTS**

C117 (416) 675-6622 Dalyce Newby ext. 4349 John Conrad ext. 4047

Career Centre/ Student Employment

- > Resume Writing > Job Listings and Referrals
- > Interview Skills > Career Fairs
- > Campus Work Link

Residence Life

>Residence Assistants

>Residence Programming

>Residence Code of Conduct

>Residence Clubs and Committees

> Job Search and Labour Market Resources

STUDENT EMPLOYMENT SERVICES NORTH A101 (416) 675-6622 ext. 5028

Co-ordinator: Karen Fast STUDENT EMPLOYMENT SERVICES LAKESHORE A120 (416) 675-6622 ext. 3331 Employment Advisor: Joanne Settle

Counselling & Student Development

- > Peer Services > Career Management
- > Chaplaincy
- > Academic Success
- > Personal Growth

COUNSELLING SERVICES

NORTH D128 (416) 675-6622 ext. 5090 Coordinator: Craig Barrett Peer Services: Nicki Sarracini **COUNSELLING SERVICES** LAKESHORE A120 (416) 675-6622 ext. 3331 Counsellor: Ann Barker-Voisin

Alumni Services

- > Lifelong Learning Opportunities
 > Personal & Business Services
- > Newsletter
- > Reunions
- > Social events
- > College Services

ALUMNI SERVICES A101a (416) 675-6622 ext. 4872 Director: Maggie Hobbs HUMBER COLLEGE RESIDENCE R126 (416) 675-6622 ext. 7200 Manager: Derek Maharaj Residence Life Coordinator: Michael Kopinak

Athletics and Recreation

>Varsity Sports >Intramural Sports >Recreation >fitness **ATHLETICS & RECREATION** NORTH A118 (416) 675-6622 ext. 5099 Director: Doug Fox **ATHLETICS & RECREATION** LAKESHORE A142 (416) 675-6622 ext. 3237 **Director:Peter Maybury**

Services for Students with Disablities > Assessment

- > Course Registration
- > Admission Tests
- > Interviews
- >Note Takers, Scribes
- > Readers
- > Accommodation >Classroom Assistants
- >Specialized Computers and Equipment
- >Tests Aides
- >Sign/Oral language Interpreters

SERVICES FOR STUDENTS WITH DISABILITIES

NORTH D130 (416) 675-6622 ext. 4151 Support Officer: Ollie Leschuk SERVICES FOR STUDENTS WITH DISABILITIES LAKESHORE A121 (416) 675-6622 ext.3265 Support Officer: Mary Murphy