

Humber alumnus Jeff Thrasher will debut his CBC documentary Thursday

Mission Asteroid looks at the threat of asteroids and how to prevent them from hitting Earth



Policing impaired holiday driving

Hermione Wilson
SENIOR REPORTER

The police will be on the lookout for drivers impaired by drugs as well as alcohol during the Reduce Impaired Driving Everywhere program checks this year.

“The stats are telling us that there is an increase of illegal substance taking and driving,” deputy chief Mark Saunders of the Toronto Police Service told a crowd at this year’s R.I.D.E. Check Launch at Humber on Nov. 21.

“We have highly trained officers who are able to detect those people that are operating a motor vehicle under the influence of drugs,” said Saunders.

The launch was held at Humber College’s North campus and immediately followed by a R.I.D.E. check on Humber College Boulevard. Police officers from all across the province were present at the event aimed at educating people about the dangers of drinking and driving.

Driving drunk not only endangers others on the road, it can hurt the pocketbook as well, said Staff Sgt. Robb Knapper of the Toronto Police Traffic Services. Violators can rack up about \$20,000 when all is said and done, he said.

“This is criminal court, this isn’t minor traffic stuff. This is the loss of your employment possibly, lawyers’ fees, minimum suspension of your license for three months, just to start, and that’s before you’re even convicted,” said



Photos: Hermione Wilson

Const. Greg Turpin at the first R.I.D.E. Check of the festive season, hosted at Humber’s North campus (above). Const. Glen Hunt, Scott Fox from Z103.5, and Humber president and CEO-Chris Whitaker pose with children from Humber North’s child care centre at this year’s R.I.D.E. Launch (right).

Knapper. “If you hurt someone in the crash, you can spend some time in jail.”

The penalty for driving while under the influence of an illegal substance is the same, said Knapper.

“If we make a determination that you have consumed drugs and your ability to operate that motor vehicle is impaired, you still get arrested,” Knapper said.

Once the police determine

that someone’s driving is impaired by drugs, they draw blood or take a urine sample for testing by the Centre of Forensic Sciences, said Knapper.

The problem is that, unlike the Breathalyzer, blood and urine tests are invasive and awkward to carry out in the field, and the results are not immediately available.

“It becomes a subjective test and subjective tests are easy to challenge in court,”

said Bernie Monette, coordinator of the web development program at Humber.

Before coming to Humber, Monette worked for the Addiction Research Foundation at the Centre for Addiction and Mental Health. While there he taught a course called Back On Track for people who had been convicted of drinking and driving.

See RIDE on page 2



INSIDE

NEWS PAGE 5

Toronto’s Filipino community raising money for Haiyan relief

Local churches have been collecting money and goods to send to the Philippines after last month’s typhoon devastated the nation

FEATURE PAGE 10

Homeless man given a chance

Matt Schneider will attend Humber next fall on a scholarship



NEWS PAGE 2

Grad’s travel bag a success

Lee Renshaw has received the Premier’s Award for his design



- IN THE WORLD THIS WEEK -

TODAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY	6	SATURDAY	7	SUNDAY	8
UAE National Day anniversary The United Arab Emirates has made yesterday and today a national holiday to celebrate its 42nd anniversary.		UN Day of Persons with Disabilities International focus on taking action and promoting public awareness for an inclusive society.		Cool Tool Show and Tell Worldwide The first show is taking place in locations around the world to talk about cool tools and innovative ideas.		Medical Marijuana Hearings in US Democratic lawmakers are holding the public hearings in various cities to push for regulating medical marijuana		White Ribbon Day Raises awareness of violence against women. The day marks the 1989 killing of 14 women in Montreal.		Help-Portrait Event Fifth annual worldwide event has photographers making portraits of those in need and giving their subjects a print.		San Francisco Crab Fest The second annual festival features signature crab dishes prepared by professional chefs.	

Dragon's Den winner earns Premier's award

Humber grad receives provincial honour

Donna Marie Savilla
HEALTH REPORTER

If he had the chance to do it all again, industrial design graduate Lee Renshaw, 29, said he would.

Renshaw received the Premier's Award, a provincial honour for contributions by college graduates, in the Recent Graduate category, one of the six categories presented to nominated individuals.

He appeared on CBC's *Dragon's Den* in the spring of 2012 with his brother Sean to promote a new travel bag and has started his business, called Rise and Hang.

The company's weekender bag is designed to hang from the bar in a closet, keeping all clothes neat and clean with shelving, while the dirty clothing goes in the base of the bag.

"I was very surprised, considering there was such amazing nominees from dif-

ferent schools," said Renshaw. "It does show the kind of drive that Humber students have to succeed in the world."

Minister of Training, Colleges and Universities Brad Duguid said, "The Premier's Awards are a great example of how Ontario's colleges provide students with the expertise they need to pursue their passion and compete in a highly skilled economy."

Other Premier Award categories include community services, creative arts and design, technology, health sciences and business.

"This year's six winners have made positive contributions in their communities, created jobs for others and helped to attract new investments in the province," said Duguid.

One of the decisions that led to the creation of Renshaw's business was his appearance on *Dragon's Den*, when he was offered a deal by



Courtesy Lee Renshaw

Humber graduate, Lee Renshaw, shows-off his award-winning travel bag design.

all four panelists, who loved his weekender bag.

Two of them offered Renshaw and his brother a deal to license the product, while the other two offered licencing and marketing. The pair decided to take the license and marketing deal because of their interest in learning how to build their own business.

"As much as I wanted to do it [license the product], I

wanted to learn how to start a company. To start something that the world's never seen," said Renshaw.

At least 5,000 bags have been sold within the company's first year.

Humber's industrial design program coordinator Glenn Moffatt had the opportunity to teach and work with Renshaw when Renshaw was a student at Humber.

"He's a very good designer and innovative. He can work independently," he said.

Moffatt said there have been many Humber students that got the audition for *Dragon's Den*, but Renshaw was the only one to appear on TV or make a deal.

Renshaw said the weekender bag would be given out at the 2014 Grammy Awards as gift bags.

RIDE seeks safe roads

continued from page 1

"People don't understand how alcohol works," said Monette. "They experience being drunk as a subjective thing . . . if they don't feel that they're drunk, then they're not drunk." But once someone blows into a breathalyzer and the blood alcohol level is shown to be above 0.8 per cent, the law says they're drunk, no matter how sober they feel, said Monette.

"The great thing about the Breathalyzer is it's objective, it's scientific, it's yes or no," Monette said. No such device exists yet to test for drugs in the field, he said. "If you're on marijuana or any other drug, the most they could probably get you on is possession."

Any substance that impairs your judgment and slows your response time negatively affects your ability to drive, Monette said.

"Driving is the most dangerous thing that we do," said Monette. "We're sitting in a one-ton vehicle going at a high rate of speed and we're negotiating turns and we're passing other cars. You have to be on your game."

Privacy Commissioner concerned for kids' online safety

Earl Abalajon
EARLY CHILDHOOD REPORTER

Ontario's Information and Privacy Commissioner Dr. Ann Cavoukian is urging parents to monitor children's app use and settings on their smart-devices to ensure their safety online.

Cavoukian recommends fully understanding the apps children use, adjusting the parental settings if available and turning off an app's location services to keep it private.

She also suggests parents clearly explain to their children that whatever they post online

will be there forever. Children can be impulsive when it comes to sharing information, and it's important for parents to reinforce the potential risks of sharing what should be kept private.

"Safety is key because of the tracking and identifying of who you are [online], and children don't know how to filter themselves, so [they] really need parental involvement," said Julie Valerio, Humber College early childhood education professor. "But if the parents aren't aware of the risks, they're not able to guide the children properly."

Pina Leo, ECE field placement advisor for Humber, said parents can't assume

their child is aware of the risks of having an online presence, and it's wrong to assume children are "tech savvy" because they are comfortable using smart devices.

"Students are not as computer savvy as what we expect them to be," said Leo. "They are great at social networking, but academic-wise they have challenges."

Parents should see the apps their child uses, and then gauge how educational they may be, or if they're just for entertainment. Leo said knowing this will help parents keep up with the rapid developments in technology.

Parents can't be expected to know everything their child does online, but Leo wants

them to educate their children enough to know how to handle their online activity appropriately.

"It's more of a conversation around digital citizenship and how to manage their digital identity versus controlling it," said Tina Zita, instructional resource teacher for the Peel District School Board.

She said students should be aware that when they are interacting with others online, they are a citizen of that domain, and should act no differently than they do as a citizen of Canada.

"We want kids to be good contributing citizens, and that requires them to understand their digital footprint, and to understand the choic-

es that they make," she said. Police officers have volunteered their time at schools in the Peel region, and Zita said they have spoken to Grade 3 and 6 students about what they put online, and how it can come back to get those who are careless in their decisions.

The school board also employs parent literacy conferences to help educate parents about the current state of technology and how it affects children.

"I think the main thing is open communication between parents and students about how they are using the technology, because many times people aren't aware of that whole conversation," said Zita.

- ADVERTISE WITH US -

Inquire today!
(416) 675-6622 ext. 79313
mediasales@humber.ca



For more details and to view our rate card visit
humberetc.com/contact/advertising

Aboriginal sensitivity training

Humber staff asked to attend workshops following complaints

Albert Williams
DIVERSITY REPORTER

An increase in reports of discrimination at Humber College led to Aboriginal awareness workshops.

Shelley Charles, Humber's native elder, said more Aboriginal students have been making complaints of instances of discrimination from staff on Humber's campuses.

"We are trying to limit paper work," said Charles, who consults the college on Aboriginal issues. "Instead of constantly filing complaints to Human Resource, we decided to educate faculty members."

She said the sensitization workshops focused on some of the central beliefs of the indigenous peoples and were meant to help staff develop a better understanding of the current culture and the history.

Charles said this was the first of what will become mandatory awareness training for new staff at Humber.

"We are doing this to demystify some of the beliefs people hold about Aboriginals," said Charles. "We shouldn't have called it awareness, Aboriginals have always been here, people just need to be sensitized."

Banakonda Bell, a pro-



Albert Williams

Elder Shelley Charles contributes to the discussion at the Aboriginal Awareness Workshop, Nov. 26

fessor at Ryerson University and an Aboriginal traditional teacher and healer, led the Nov. 29 workshops that took place at the North campus. Faculty from North and Lakeshore campuses were in attendance.

Bell said she has lead similar workshops in South Af-

rica, Ecuador, United States and all the provinces of Canada for more than 15 years.

She said she is pleased with this initiative by Humber College to sensitize staff on indigenous peoples' history, beliefs and customs.

"Humber seems to be keen on diversity," Bell said. "Diver-

sity is essential for life, just how the creator made it and communities should embrace it."

Bell's interactive presentation utilized diagrams and anecdotes, keeping the room filled with faculty members engaged throughout the three-hour session.

Debbie Van Mierlo, an en-

rollment advisor in the Office of the Registrar, said she works with Aboriginal students and workshops like these help to make her job easier.

"Aboriginal students come to me for guidance when selecting a program," Van Mierlo said. "This session will help me to know how to guide



We are doing this to demystify some of the beliefs people hold about Aboriginals

Shelley Charles
NATIVE ELDER, HUMBER

them more effectively."

Van Mierlo said she was also familiar with Bell's work before attending and wanted to be present to listen to her again.

"Banakonda is fabulous," said Van Mierlo. "She walked us through her presentation effortlessly, allowing us to learn so much about the world and ourselves through her culture."

Amrita Tiwari, a Humber enrollment officer, said her expectations of the workshops were surpassed.

"Her presentation forced me to think," Tiwari said. "I have been challenged to be mindful of things I say to Aboriginal students."

Tiwari said the workshop was "important without a doubt" and should be mandatory for the student population.

Charles said there is a proposal to extend the workshop to the students, but right now the focus is on faculty members.

"We have to do it in stages," said Charles. "To ensure it is effective and does not get derailed shortly after being launched."

@Humber

Daily in-depth news and current affairs show

96.9 fm

Live at noon

Rebroadcast at 6 p.m.

Catch the podcast at

NOW HEAR THIS!!

<http://nowhearthis.podbean.com>



Police face lawsuit for profiling

Jacob Wilson-Hajdu
CRIME REPORTER

Toronto Police are being sued \$65 million for racial profiling by the Black Action Defense Committee.

The committee said the Toronto Police are racially profiling while carding individuals. Carding is when an officer stops someone and asks for identification.

"From my perspective, the carding idea was put in place for police to build a stronger rapport with the members of the community and making note on who they were talking to," said Arthur Lockhart from Humber College's police foundations program.

"The people who were being carded tended to be from minority groups and from low economic status. That's who seemed the focus was looked at on that level and so then it can be reflected as ra-

cial profiling," Lockhart said.

He said this could cause a barrier between police and the community.

"It's not building healthy relationships, but in fact targeting people who somehow stereotypically profiled as people who get into conflict with the law," Lockhart said.

Toronto Police have released The PACER Report, which reviews carding in the city. According to the analysis, from 2009 to 2011 there were 1,104,461 persons entered into the Field Information Report database.

Some individuals feel they were racially profiled during police interactions.

"When I got downtown to a bar or a club with people who are white, they get searched and I get searched, but I seem to get searched for like 20 minutes," said Rob Lewis, a fashion arts student, who is of Jamaican descent.

"I wouldn't file a complaint because it probably wouldn't work, to be honest. It seems like they would just be too big to go up against-that sort of feeling," Lewis said.

Those who feel like they've been racially profiled have two different options to file complaints against the Toronto Police, one being internal and the other external.

"You can do it with the unit commander at a divisional level, or go to the OIPRD," said Toronto Police Constable Wendy Drummond.

The Office of the Independent Police Review Director is a service external to any policing organization to make sure that complaints against police are dealt with fairly and efficiently.

"They are a complete independent body that reviews complaints. So there is no police connection with them," Drummond said.

Project CHEF leads kids to good food

Mario Belan
HEALTH REPORTER

A new initiative called Project CHEF in British Columbia is allowing kids to make their own healthy snacks.

Project CHEF (Cook Healthy Edible Food) is an experimental school program that allows kids from kindergarten to Gr. 7 learn about the foods they eat. The program teaches them where food comes from, how it tastes and lets kids build their own tasty healthy snacks.

It would be interesting to have a course that can help students create snacks and meals, said Edith Loizou, Humber instructor of food and nutrition management.

"The course would have to be focusing on the general parts of cooking."

Students will probably be learning how to cook simple things, she said.

The course would help students that live on residence, and for all students in general, said Loizou, allowing them to make basic, healthy meals.

"For the future this would be very good."

Programs like Project CHEF to help young people make meals are essential, said Leanna Tuba a Humber field placement advisor at Early

Childhood Education.

"Students can learn how to cook and in the future teach their children about healthy foods," she said.

It's important that kids eat healthy snacks at a young age, said Tracie Sindrey, a dietician at Humber.

"Kids eat five to six times a day," she said, adding children should have healthy snacks daily.

"When parents hear the word 'snack,' they automatically think it's bad," she said, while if a child misses a food group during lunch or dinner their snack can be a fruit or vegetable they missed.

Sindrey said it's easy for parents to make a snack such as a peanut butter sandwich and a piece of fruit on the side. "It's about planning ahead," said, adding families should have a discussion to figure out what to get for healthy snacks.

"Don't raid the kitchen," advises Sindrey for college students, noting students often end up over-compensating for their hunger. "Grab a snack when you're hungry," she said.

The cafeteria has healthy snacks that are pre-made, Sindrey said.

"I'll eat a healthy snack at school and at work," said Bryan King, 21, a former University of Guelph student.

He said it's tough to not eat junk food, but if students can replace those with fruits, it's a better choice.



Vanessa Campbell

Jackson-Triggs Malbec Merlot on sale in the LCBO. In recent years, staff at the provincial retailer are better informed to help customers decide.

Matching holiday wine with meals gets easier

Web sites, LCBO staff can help with smart selections

Vanessa Campbell
CULINARY REPORTER

More often than not people don't know what wine to serve with turkey dinner over the holidays.

Natalie Maclean, Canadian journalist and editor of Canada's most popular wine review site Natalie-maclean.com, is hosting a holiday wine match. The match is open to the public to vote for their favourite wines under \$25 to pair with each international holiday dish.

Submissions were accepted last month and people were able to vote

and submit via social media. The winners are to be announced tomorrow and a list of the best holiday wine and food pairings for each international holiday will be released.

Donna Kastle, nurse and wine-lover, said that people could still have a good wine with dinner without being an expert.

"If you're dining out at a nice place, the servers will always have a suggestion for what wine will go well with the dish you've chosen."

If you're staying in, Kastle suggested that you try a lighter wine.

"My favourite is this red from Napa Valley. It goes well with everything because it's not a full-bodied wine."

Associates at the LCBO are also always there to assist when it comes to wine and food pairing. Genevieve Grella, LCBO employee, said that customers come in with wine pairing questions for all occasions.

"We don't really get a lot of questions about different international dishes but I think that's because of the demographic of this location. We're usually asked about wines that go well with turkey, goat and red meats. And other times people just want a good wine for a Saturday night."

Humber culinary student Arianna Balet, had suggestions for younger people unsure of what wine to buy.

"I think younger people usually like to drink white wines because they're sweeter. One of my favourites is a Riesling, which is a German kind of wine. They're not too sweet but they're not too bitter or sour either so they usually go well with anything."

Home renovations? Hire a professional

Alejandra Fretes
APPLIED TECHNOLOGY REPORTER

Every year Canadians try to save a few bucks when it comes to their home renovations, unaware of the serious risks involved in doing so.

"Anything that involves gas, electrical and any larger scale plumbing jobs...we do have licensed people and people going to school to do this," said Josh Moghimy-Oskouei, shop coordinator for ECO Mechanical Team Inc., an environmentally friendly contracting company. "Is it really worth saving the money to put your family or yourself in grave danger?"

Trades men and women are educated and trained in school and through their employers on how to not only keep themselves safe, but those around them.

"You always have to be aware of your surroundings," said Kris Smith, a fourth-year electrical apprentice at Humber College.

Smith attends safety classes at Humber on the weekends for additional training, as required by his employer for him to complete his apprenticeship. He explained that every site he's worked on has a safety

inspector who is always present and ensures that workers continue to be safe on the job.

"We have to follow the rules that the WSIB (Workplace Safety and Insurance Board) and the Health and Safety Act puts forward," said Alex Clegg, project manager and estimator for Lifetime Contractor for the past three years. "If the Ministry of Labour happened to walk on our site and saw something unsafe, they would basically shut down the project and fine us for unsafe work."

Clegg said one of his many duties at work is to ensure the safety of his employees on their job sites.

He added anyone hiring contractors for their at-home renovation projects should ensure the contractor has accreditation with companies like the Canadian Home Builders Association, along with liability insurance of at least \$2-million.

"Make sure the company you're hiring is well reputable...and when they get there ask them if they're certified, ask them if they have their licenses," said Moghimy-Oskouei. "Their trucks will have a TSSA number on them, or ESA for electrical safety standards. They're in place for a reason."



New Bachelor of Craft & Design.

Added to the traditional studios in glass, ceramics, textiles and furniture, a focus on industrial design sets this degree at Sheridan apart. You'll explore all the specializations to find the one that fits you. This is an education that turns ideas into products and your passion into a career.

sheridancollege.ca

Sheridan

Toronto Filipino community is gathering typhoon relief

Philippines tragedy leaves 5,209 people dead to date, millions more displaced

Ari Perlin-Bain
NEWS REPORTER

In the aftermath of Typhoon Haiyan which ravaged parts of the Philippines, relief efforts have been growing across the greater Toronto area as those affected struggle to find access to clean water, shelter and medical care.

On Nov. 8, Typhoon Haiyan descended on the Philippines and left millions of homes and villages destroyed.

According to the U.S. government website, currently 5,209 people are confirmed dead, thousands more are injured, and millions displaced from their homes.

In Toronto, many in the Filipino community have been affected by the disaster, some losing loved ones

and others knowing at least someone in the country in need of supplies and shelter.

In Scarborough, the Filipino Alliance Church of Toronto started its Haiyan Relief Project and, according to Pastor Rod Felomino, it has raised thousands of dollars already.

"From our contributions we have raised about \$40,000 so far and we are collecting non-perishable goods and clothing to donate to the survivors until Nov. 30," said Felomino.

Meanwhile, some people who have been personally affected by the typhoon are taking actions of their own.

Jennifer Adame has family and friends that were affected by the earthquake and typhoon, and to give back she organized her own fundraiser at Statlers bar in Toronto's Church and Wellesley area.

On Nov. 23, all drink purchases, as well as cash donations, and 50/50 raffle tickets sold at the event, went towards supplies for shelter in the areas hit hardest by the typhoon.

"A lot of organizations are focusing on food and water supplies but we decided to have half of our proceeds go towards Habitat for Humanity," said Adame.

"We're hoping we can raise enough money for them to be able to ship supplies needed to re-build homes because shelter is an important thing a lot of organizations are forgetting about," said Adame.

At Humber College, Clayton Kelly, a second-year business management student, said if Humber plans to do its own event for typhoon relief they should probably stop while they're ahead.

"I think Humber shouldn't do their own fundraiser because that would cost them money," said Kelly. "Instead, they should just help promote the main fundraisers happening to maximize the relief funds."

Donate to the typhoon relief efforts through websites of different organizations like UNICEF and World Vision among others.



Jesse Noseworthy

Mia Harris, 18, a first-year Guelph Humber Kinesiology student shushes from her doorway during residence quiet hours.

Relief web links:

Donate at worldvision.ca



Donate at redcross.ca



Donate at UNICEF.ca



Residence initiates 21-hour quiet days

Students invited to open doors, socialize from 5 to 8 p.m. daily during exams

Jesse Noseworthy
RESIDENCE REPORTER

During the final exam period, Humber residence will be initiating 21-hour quiet days.

Residents are asked to watch their noise throughout the day and are allowed to be a little louder only between the hours of 5 p.m. and 8 p.m.

"During those hours, we encourage residents to come out of their rooms, open their doors, listen to music and to express themselves," said Sara Willis, residence life coordinator for S building on North Campus.

Quiet hours started last Friday and will run until the end of the semester.

Willis said residents will still be allowed to leave their doors open after 8 p.m. but they must be quiet. If a student is too loud a residence assistant will handle the situation.

"We don't try to penalize students," said Willis. "We try to make sure they're aware that the reasons we have these hours."

Willis said that she's not aware of a college in Ontario that doesn't implement extended quiet hours during exams. She said that some schools only allow one hour for students to be louder than normal.

"If we can hear noise from two doors down, it's an issue," said Dan-

ni Vella, a second-year early childhood education student and residence assistant at Humber.

Vella said that the issue is some people don't know that it's quiet hours. She added that if there are a lot of people in a room, residence assistants will normally ask them to disperse or to go to the cafeteria.

"I find it (noise) to be very distracting when I'm working in my room and people are yelling and laughing in the hallway," said Daphne Brookes, 18, a first-year University of Guelph-Humber student. "I feel like my room is the best place to work because all my stuff is here and I'm most comfortable here."

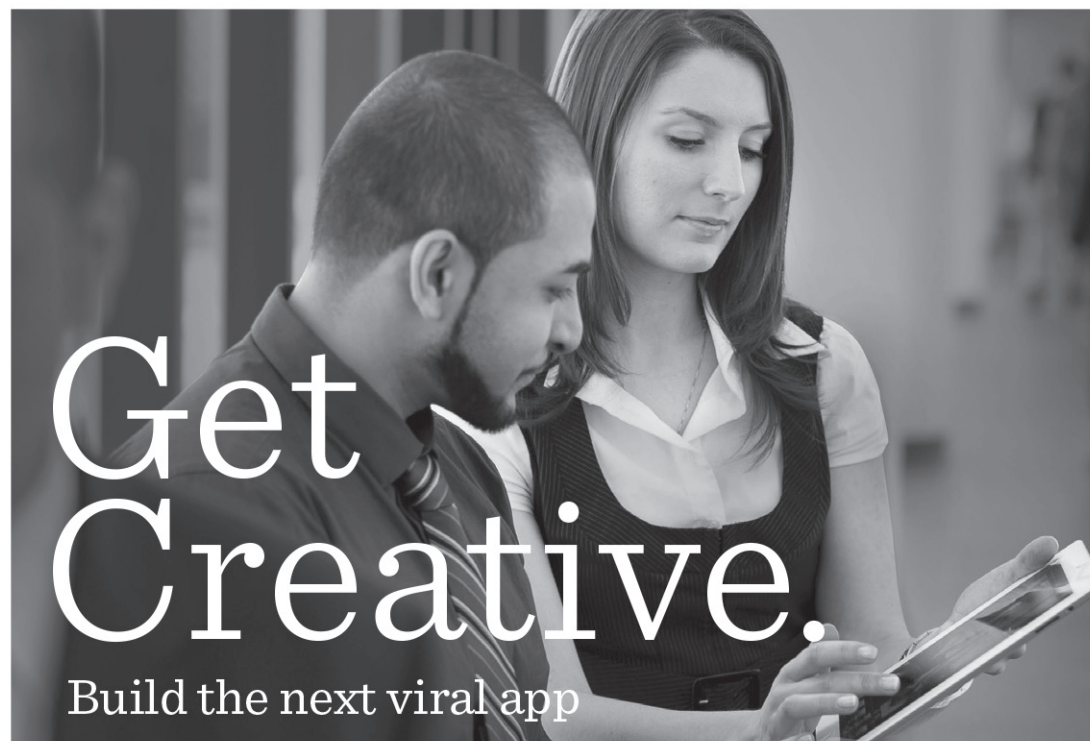
During those hours, we encourage residents to come out of their rooms, open their doors, listen to music and express themselves.

Sara Willis
RESIDENCE LIFE COORDINATOR

Brookes said she works on school work every day and she feels the noise can disrupt her privacy.

She said quiet hours will be beneficial.

"Some people on residence don't know how to discipline themselves," she said. "Many first-years are still young and they need some sort of reminder to tell them what to do."



New Bachelor of Applied Computer Science.

Creatively solve real-world problems using wireless and mobile technology. Study more than one discipline by developing apps, computer infrastructure and networks. Ready to lead the way?

sheridancollege.ca

Sheridan

DNA tests banned after failing approval from FDA

Tricia Chan
NEWS REPORTER

A Silicon Valley startup with ties to Google has had its holiday dreams decimated by the United States Food and Drug Administration, which ordered a ban on the sale of all 23andMe Testing Kits.

The kits can be used to examine the genetic background of a user for a wide range of medical conditions or tendencies.

The FDA is calling for a ban because 23andMe is not an approved health care provider and so should not be offering health care advice, which is what the testing kits apparently claim to do. The company has also failed to prove the science behind the technology.

According to 23andMe.com, the kit can be bought for US\$99. It includes a vial to collect a saliva sample, which gets sent back to the company, which sends DNA results back to the customer.

The issue the FDA has is the 250 genetic health risk factors 23andMe recently incorporated into their services, with 23andMe not approved to make claims about health care.

Patrick Chung, 23andMe board member, told the magazine Fast Company in November that the long game is in collecting genetic data and the sale of kits is essential to getting there, but not their primary focus.

"Once you have the data, [the company] does actually become the Google of personalized health care,"

said Chung, a board member and partner in New Enterprise Associates, one of the world's largest venture capital firms.

Casey Hannivan, 25, said she has undergone surgeries and less invasive procedures like sleep clinics and allergy testing to deal with her undiagnosed health problems, but doctors still can't offer an explanation.

"I'm sick all the time and I'm constantly tired and never wake up feeling rested," said Hannivan. "Doctors treat symptoms, naturopaths look at preventative care and maintaining a good general level of health. This is more preventative treatment."

According to Karolina Czajka, a research technician at the Ontario Institute for Cancer Research, 23andMe and her organization use

technologies from the same company, Illumina, to read the human genome.

"When the first sequencing method came out it took like a billion dollars to essentially sequence on genome," said Czajka. "And it took a couple of years to do it."

She said 10 years later, the technology has improved exponentially, to the point where a person's entire DNA can be sequenced for \$1,000. But while she works in the field, Czajka isn't mailing her spit to 23andMe anytime soon.

"They look at specific mutations, like the ones correlated with cancer," said Czajka, explaining she simply knows too much on the subject. "I think it would make me paranoid."

Nathaniel Brown, 21, a health and fitness promotion student at Humber, said he does not have a problem with a company having his genetic information if it ends up benefitting everyone.

"I wouldn't mind it at all," Brown said. "The sooner you know something the better."

Etobicoke Horthy show expressive of emotion

Hungarian-born painter on display at Sherway Gardens

Trevon Marsh
NORTH ETOBICOKE REPORTER

Professional painter and musician Nandor Horthy will have numerous new paintings on display through Dec. 7 at Sherway Gardens in Etobicoke.

Horthy, born and raised in Hungary, immigrated to Canada in 1957 after the Hungarian Revolution. He studied art and music in his native country.

While living in Canada was a struggle in his earlier days, he worked as a musician at night and an artist during the day. Horthy was a successful saxophonist for more than 20 years and has been a successful painter for the past 40.

Although Horthy said he has a deep passion for both genres, art took over music as he began to focus more on what he refers to as "fine art" that mostly came from improvisation.

"Everything inspires me," he said. "I was a jazz musician, an improviser. I find so much similarity in jazz and painting... Give me three colours and I'll create hundreds of shades of beautiful colours and improvise a painting. My life is improvisation."

Landscape painting is the vital element in Horthy's recent work. Horthy said he has a love for nature and wants to display it to the world through his eyes. He refers to himself as a self-educated painter.

"I took some courses but always ended up quitting. I became an artist on my own by learning a lot from my wife."

Horthy said today's youth can use art as an outlet to express emotions and tell their story.

Humber College L Space Gallery curator, Ashley Watson, said she agrees that art is important for today's youth because it's a matter of expression.

"The arts, no matter what it may be, is a way to express yourself and as a youth this is important," she said. "Being able to engage with the arts as a student allows you to access creativity on many levels and helps you learn about yourself and the world around you."

Etobicoke residents are urged to support the works of Horthy because of the elegance he brings to his creations.

"Art is a way I can best express myself," said local sketch artist Franz Peralta. "I feel it's important for the younger generations to explore art because they are the future."

"By doing so, not only will the world evolve but they will also learn to appreciate the greats who came before them."



Get Creative.

Your dream in focus

New Bachelor of Film & Television degree.

Find where your talents lie, create your own path and choose the education that makes you the star. Gain the skills employers seek and the experience you need to be a success in the industry.

sheridancollege.ca

Sheridan



Out of 11 environmental concerns, top three categories among Humber students/staff polled.

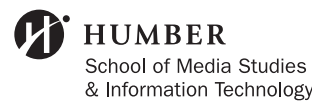
Humber's green priorities ranked

Humber Sustainability asked students, faculty and staff to rank their sustainability priorities from 11 possible themes. Transportation, social equity and education made the top three, but the breakdown below tells a broader story about what you care about when it comes to greening our campuses.

Sustainability strategy theme	Students	Faculty	Staff	Total
1. Transportation and commuting	1264	30	72	1366
2. Social equity and well-being	970	21	58	1049
3. Education and research	898	30	57	985
4. Recycling and waste-management	777	26	91	894
5. Water use/efficiency	814	15	54	883
6. Ethical purchasing	741	30	67	838
7. Energy and climate change	648	27	55	730
8. Outreach, awareness and communication	602	14	36	652
9. Green buildings	537	27	51	615
10. Outdoor landscape and ecology	506	17	47	570
11. Demonstrating innovation	348	14	47	409

ADVERTISE HERE

HUMBER ETCETERA PUBLICATION IS DISTRIBUTED ON THREE CAMPUSES. WE REACH OVER 20,000 FULL TIME STUDENTS, 55,000 PART TIME STUDENTS AND 2,000 STAFF. WE ARE ALSO READ BY STUDENTS AT THE UNIVERSITY OF GUELPH HUMBER AND SIX LOCATIONS AT THE WOODBINE CENTRE.



To request a rate card or to book your advertisement please contact the media sales line at: 416.675.6622 ext 79313 mediasales@humber.ca



**Finished with your books?
Sell them back today!**

**NO MATTER WHERE YOU BOUGHT THEM,
WE'LL BUY THEM BACK***

*Current market value applies. See store for details.

HUMBER BOOKSTORES

205 HUMBER COLLEGE BOULEVARD
humbershop.ca

3199 LAKESHORE BOULEVARD WEST
humberlakeshoreshop.ca

f/HumberBookstores

Disputed bill targets cyberbullying

Bill C-13 is raising concerns of too much government power, unsure effectiveness

Brendan Quinn
BIZ/TECH REPORTER

A new bill has been proposed in Ottawa that aims to curb cyberbullying by making it illegal to share explicit images without consent.

The issue of online harassment and bullying gained nation-wide attention earlier this year after the death of Rehtaeh Parsons, a Nova Scotia teen who had images of her sexual assault shared over the internet. Amanda Todd, a British Columbia girl who also committed suicide under similar circumstances, is another case that has led to this push for stronger legislation.

A study released in 2013 found that there was a flaw in existing laws that made it difficult to apply criminal sanctions specifically to cases like the Parsons suicide. The study suggests that officials be given more investigative powers to help them with prosecuting cyber bullies.

“Our Government is committed to ensuring that our children are safe from online predators and from online exploitation. We have an obligation to help put an end to harmful online harassment and exploitation. Cyberbullying goes far beyond school-

yard bullying and, in some cases, can cross the line into criminal activity,” said Peter MacKay, the Minister of Justice and Attorney General of Canada. He introduced new legislation to address criminal behaviour associated with cyberbullying.

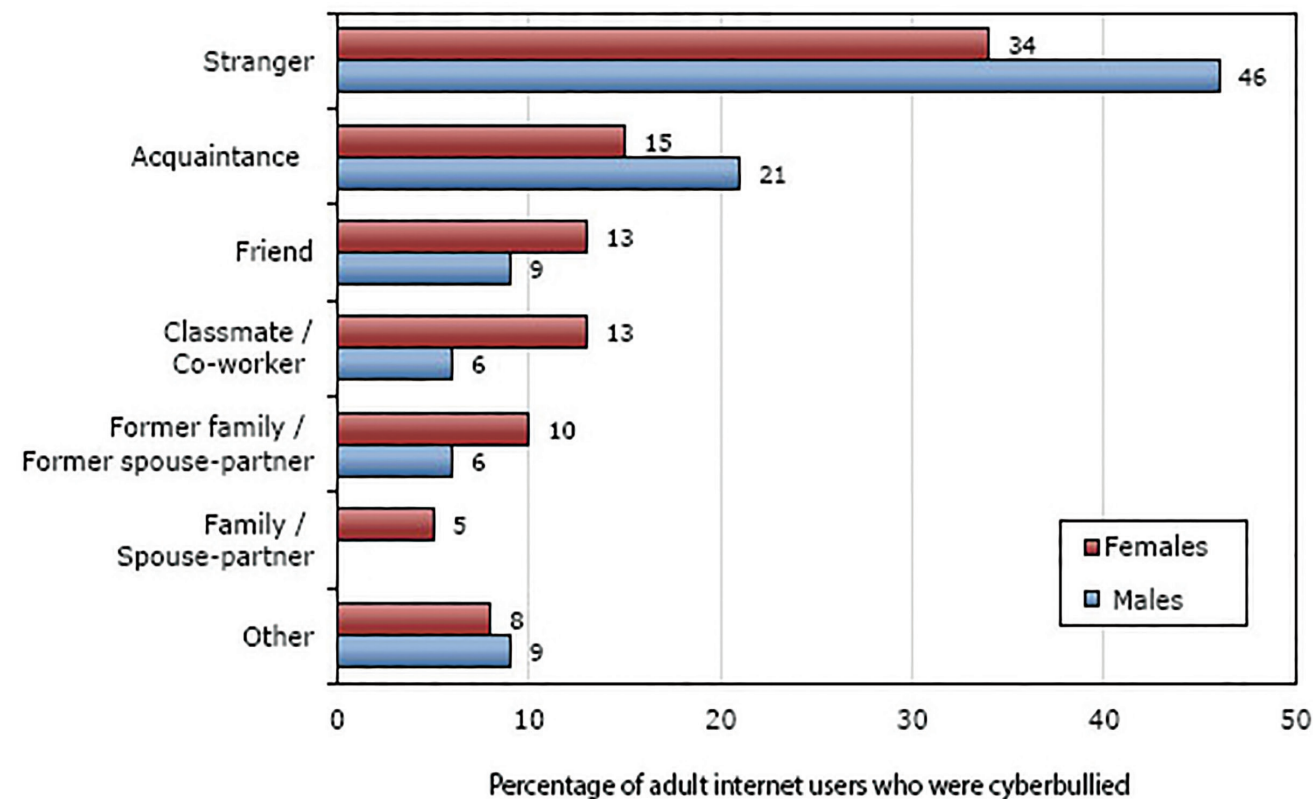
“With the click of a computer mouse, a person can be victimized before the entire world. As we have seen far too often, such conduct can destroy lives. It clearly demands a stronger criminal justice response, and we intend to provide one.”

With the proliferation of social media and online activity, especially amongst teens, this issue does not come as a surprise to many people. However, some feel that it isn't necessarily a generation specific problem, and since bullying has always existed, this is merely a new tool available for bullies to take advantage of.

Nichole Cottrell, 19, a first-year general arts student at Humber said she feels that no matter what the avenue, bullying will always exist and these laws won't make a huge difference.

“As far as preventing it, I don't think you really can because there's always go-

Relationship to bully



Statistics Canada

A 2009 StatsCan graph shows that most people are cyberbullied by complete strangers, with acquaintances coming second.

ing to be those kids with low self-esteem that are looking for someone to pick on and it just seems easier to bully someone over a computer than in person,” she said.

“Realistically some kids don't have anything better to do with their lives than to pick on other kids to make

themselves feel better.”

Some feel that having a thicker skin as well as avoiding social media websites is the answer and the law should only step in for serious cases.

“I think it's a big issue, but it should only be considered bullying if it's persistent and

malicious. At some point the victim should just delete their Facebook account and take the tools away from the bully. Whether in person or online, it's going to happen regardless,” said Aryan Ghahremani, a first-year law clerk student at Humber.

Bill C-13, or The Protect-

ing Children from Online Crime Act is expected to pass but experts are still divided on the actual effectiveness of such legislation, with many feeling the definition is too narrow and won't have a large influence on rectifying the problem of cyberbullying.

Google Helpouts allows consultation, tutoring from pros

Platform connects users to volunteers with expertise in things from physics to fashion

Edward Bayley
BIZ/TECH REPORTER

Google is helping people help each other with the launch of their new service, Helpouts.

According to the website, Helpouts is a platform that connects you to people with expertise in a variety of topics who are offering their help. By searching you can find assistance with cooking, fashion, school, music, fitness, home repairs, and almost anything else you can think of. Reviews, ratings, availability and qualifications help you choose who you want to aid you. You can schedule a Helpout right away or schedule one for a later time.

There is also a series of tools available including the ability to share pictures and documents, draw images, and view the screen or take control of one another's computer. Those offering help can choose how to charge for their services, but many are offering help for free.

Chris Brigolin has a bachelor's degree in biology and has been assisting others in genetics and molecular biology. According to Brigolin, there is an application process for those looking to offer help, but after an interview with someone from Google to confirm his credentials, he was accepted.

Brigolin said everything



Edward Bayley

Google's Helpouts application “would be a lot easier than driving around,” says one tutor.

has worked well but Google could be doing a better job informing people of the service. “I wish people knew what was going on,” said Brigolin. Early on there were a number of

people who seemed to have stumbled upon the site and didn't know what it was. “I wish that Google would give it more of a push,” he said.

Humber's math and ac-

counting centres intent to offer online tutoring, KaraLee Dell, a coordinator for the peer-tutoring program at Humber, said. “It is just a matter of finding the right

Our struggle is finding something that would work for all the different kinds of courses that Humber offers.

KaraLee Dell
PEER-TUTORING COORDINATOR

software,” said Dell. “Our struggle is finding something that would work for all the different kinds of courses that Humber offers.”

Dell said they could look into Google Helpouts as a tool, and with the video chat capabilities it could work.

Dave Robinson, a physics tutor from Brampton, said because of the video features, the Google service could work well for tutoring, and “it would be a lot easier than driving around.”

Robinson said as long as he could access a copy of the textbook, physical or digital, it would definitely be a viable option.

Earth's most deadly threat

CBC documentary highlights the serious risk that asteroids pose to Earth and what space programs are doing to prevent future damage

Marielle Torrefranca
A&E REPORTER
PHOTO COURTESY JEFF THRASHER

Asteroid threats are no longer just a thing of sci-fi movies.

Humber alumni Jeff Thrasher's documentary, *Mission Asteroid*, introduces viewers to the threat of deadly asteroid projectiles and the team of astronauts and scientists who are looking to prevent them from hitting Earth.

Thrasher, 34, graduated from Humber's television writing and producing post-grad program in 2006. He still returns to Humber to give lectures on his experience in the industry.

Thrasher came across the project when one of his friends from NASA, whom he had worked with for a previous project, said he would like to work with Thrasher again.

"I went out to California and sat in a coffee shop for a couple days and picked his brain on what [NASA's] big steps are," said Thrasher. "This stood out from the rest."

The idea started in 2010, and continued developing throughout 2011 and 2012, said Thrasher.

The fireball that exploded over Chelyabinsk, Russia, in February was a wake-up call. Asteroids have the ability to destroy cities and wipe out species, yet there is no dedicated technique or specific team assigned to deflect them. *Mission Asteroid* makes these issues real.

"We used to think the primary threat was from these great big asteroids," said William Ailor of The Aerospace Corp., which provides independent research, development and advisory services to national security space programs. "We're beginning to realize if [the Chelyabinsk fireball] had come in a little steeper, it could've destroyed that

city. These smaller asteroids are really part of the threat, and these little ones we see even more frequently."

However, the threat does not stop in Russia. Asteroid threats are an international issue and there is a push to treat them as such.

"There's an element of global danger," said Thrasher. "Our species as humans is in trouble, but there's also a really big push with NASA to try and stop that from happening."

The Lincoln Near Earth Asteroid Research Program discovered approximately 462 potentially hazardous asteroids, according to the 2013 International Academy of Astronautics Planetary Defense Conference white paper.

While experts know where the major and more dangerous asteroids are, they're headed in the right direction on a long road, said Randy Attwood, president of Earthshine Astronomy and Space Science Organization.

"A lot of people say the dinosaurs aren't here right now because they don't have a space program," said Attwood, whose non-profit organization develops astronomy education and outreach activities in the greater Toronto area. "It's the same for us. There's nothing to prevent that from happening right now."

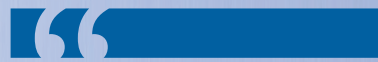
However, research being done now may benefit the generations to come.

"What if it was in 100 years?" said Attwood. "We'd have to have some mechanism to prevent that from happening. It's a long term effort to figure out the best way to protect us."

More than 200 experts, including engineers, scientists and astronauts,

gathered for the 2013 IAA Planetary Defense Conference: Gathering for Impact! in Flagstaff, Arizona in April. The event, which was featured in *Mission Asteroid*, brought together world experts for an exercise: a hypothetical asteroid impact threat and the mitigation measures that could take place. NASA, the European Space Agency and the Russian Federal Space Agency were just some of the conference's sponsors.

Proposed deflection techniques



I approached it [as if] it was a poetic thing. Asteroids are essentially the biggest threat to Earth, but also potentially our salvation.

JEFF THRASHER
HUMBER ALUMNI

included nuclear explosives to break up the asteroid, or the use of a kinetic impactor, an object that would act as a battering ram to push the asteroid off its path. A kinetic impactor was successfully used during mission Deep Impact in 2005.

Several factors, such as the amount of time left until impact and asteroid size, affect the deflection technique needed, said Ailor, who was also co-chair of the Planetary Defense Conference organizing committee.

As for what's next in planetary

defence, organizations such as NASA have proposed to test the capabilities of some of these techniques, said Ailor.

Canada has gotten involved through the launch of its NEOSat microsatellite earlier this year, said Attwood. The microsatellite, which is about the size of a briefcase, acts as a telescope and will be searching for near-Earth objects of any size. This project will assist in the world-wide effort to identify and catalogue objects like asteroids.

Canada also contributed to NASA mission OSIRIS-REx, an asteroid sample and return mission. The OSIRIS-REx spacecraft is equipped with a Canadian LIDAR system, a remote sensing technology that uses a laser ranging system, said Attwood.

Mission Asteroid also gives viewers a first look at the mining of asteroids for platinum and other valuable minerals. This is the first documentary that looks at private companies looking to get into the asteroid industry, including billionaires and entrepreneurs such as the Google owners, Canadian film director and explorer James Cameron, and Planetary Resources chief engineer Chris Lewicki.

"I approached it [as if] it was a

poetic thing," said Thrasher. "Asteroids are essentially the biggest threat to Earth, but also potentially our salvation. If we can deflect them and harvest their resources, it's a bit of a double-edged sword."

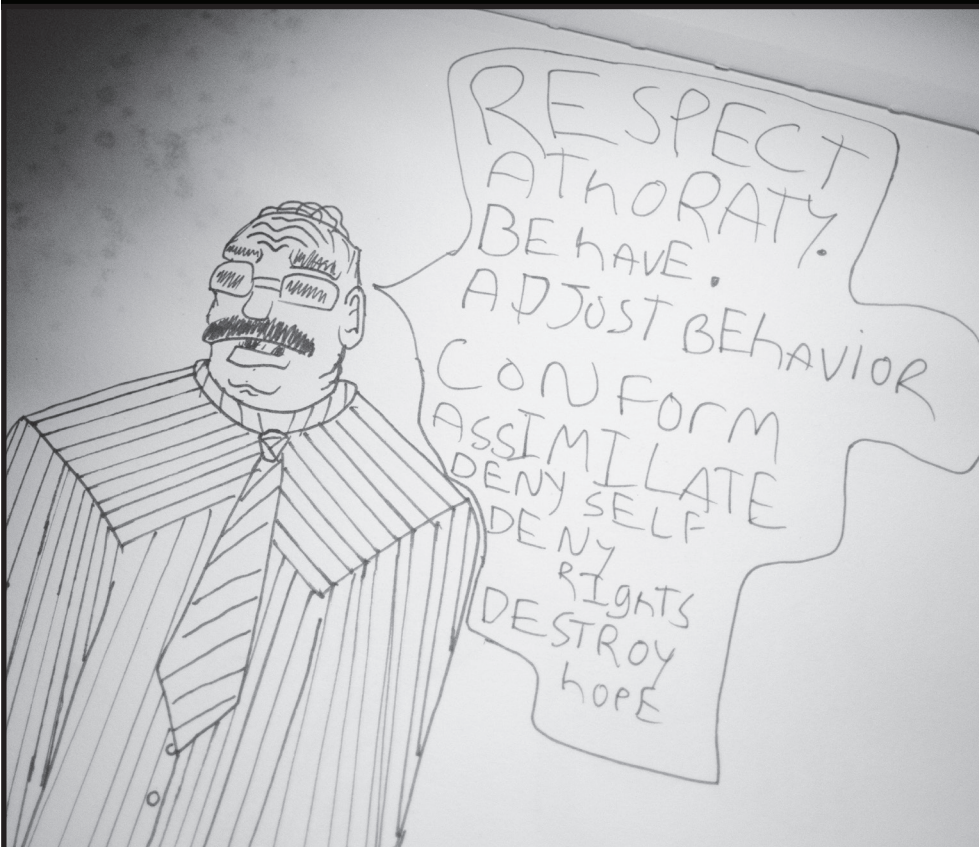
Aside from international cooperation, further funding and an authoritative system specifically for assessing asteroid threats, the IAA suggests planetary defence should be a specialty of its own. According to the IAA Planetary Defense Conference white paper, planetary defence is not just a branch of astronautics, and it should be made a specialty area in university programs.

Mission Asteroid was produced by First Canyon Media, a Toronto-based production company created by Thrasher and Joel McConvey, which focuses on nature and adventure projects.

Some of Thrasher's past works include *Canadian Pickers*, *Survive This!*, and works for National Geographic, History Television and the BBC.

Mission Asteroid will premiere on CBC's DocZone on Dec. 5.





A Second Chance

Living a fast paced life, Matt Schneider found himself trying to survive on the downtown streets of Toronto and Windsor. Jumping from shelter to shelter, Matt was placed in dangerous situations including a life-threatening stabbing. Alone with no family support, he found himself in a downwards spiral full of drugs with no end in sight, until a kind gesture from a young woman in Humber's creative photography program led to a **second** chance at life.

By Jessica Richard

Thanks to the kindness and generosity of two strangers, one young man's life is about to change.

Matt Schneider, 21, has been living on the streets for about a year now; he began his journey in Windsor and travelled to downtown Toronto with his cousin, who was also living on the streets at the time. Over a year ago, Matt had an addiction to cocaine and was doing things he was not proud of. When he decided he wanted to get clean, his parents kicked him out because he says they were actually entangled in his substance abuse problems. Schneider has now been sober from drugs just under a year.

"It was hell going through the withdrawal, but I did it," said Schneider.

Carissa Muise, 20, a creative photography student at Humber, was in downtown Toronto when she saw Matt with a sign that read, "How can you live in a city so large but feel so alone?" Muise said the sign first caught her off guard. She felt compelled to sit down and talk to him to try and make him feel less alone, even if just for a few moments. She bought him a hot chocolate and told him that she would come back to find him a week later.

Muise went back to the area a week later to do a photography assignment, capturing the reactions homeless people get from other people. She saw Schneider, and decided to go over and talk to him again. After talking with him for a second time, she decided his story needed to be told and changed her school assignment to a photo essay

about his living conditions. She took photos of him and got his full story. The photo essay was turned into a video slideshow, which she uploaded to YouTube. The video received over 100 views overnight.

Muise did not know a former higher-up in Humber College's student government had watched the video. Nishanth Kakkamani, a previous member on Humber Students' Federation board of directors for the School of Media Studies and Information Technology, was one of the many that saw the video, and it reminded him of his own tough times in the past.

"I thought I can be a helping hand for Matt to overcome this phase in his life," Kakkamani said. He contacted Muise via email and told her that he would like to offer to pay for Schneider's first year of tuition and student fees.

Kakkamani remembers his dad always telling him, "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime." He believes that studying and making a career is the best way for Schneider to remain clean and be able to help himself.

Schneider said that it is hard for him to explain exactly what it is like being on the streets. "Sometimes it can be a horrible experience, other times it can be one hell of a ride," said Schneider. "It becomes like a lifestyle, you want to get out but you just can't."

Schneider has met a lot of different people since living on the streets. When he was in Windsor, he met his best friend who was also withdrawing from drugs. The pair was able to help each other. He met

an artist named Warren who puts graffiti of sayings on chunks of wood as his panning signs.

Schneider has met a group of street kids called 'squeegee kids,' because they stand on the corners squeegee-ing peoples cars to make money. He also has a street family of four other people and two dogs; they all look out for each other.

“

It wasn't even like she (Muise) opened a door for me, it was like she kicked down the wall!

Matt Schneider

Schneider has jumped from different shelters, because it was too dangerous for him to stay situated. He has stayed at an old church-turned into a shelter in Windsor. When he received his personal needs allowance, another man at the shelter attacked him with a knife. Schneider ended up getting stabbed in the chest area and it punctured his lung. He now only has one and a half lungs.

"After that, I didn't want to be somewhere where there were people that were willing to do something like that just for a few dollars," he said.

He has also gotten severe food poisoning from soup kitchens and is now afraid to go to them. Schneider said he has received kindness from strangers before, but sometimes they are only doing

it to make themselves feel better. Schneider said there are some genuine people out in the world.

"Me and my buddy came across this guy that wanted to do a good deed so he told us that if there was anything we needed he would buy it for us," said Schneider. "He ended up spending over a grand on clothes and food for us. All that money hardly put a dent in his wallet."

Schneider would like to take the visual and digital arts program next fall, as he loves to draw and would like to have a career doing something with art. He never thought he would have the chance to go to college.

"It wasn't even like she (Muise) opened a door for me, it was like she kicked down the wall!" he exclaimed.

Schneider is extremely excited about going to college and said he is probably going to be one of the only street kids out there.

"Ha! I'm going to college, I made it! With help, but I made it! I get to make something constructive of myself," said Schneider.

Kakkamani said that there are some stipulations that go with him paying for Schneider's tuition:

It will only be paid as fees to the college directly, not as cash to Schneider, and if he drops out of the program before the fees refund date, the money would be transferred to the school as a scholarship for someone else. Lastly, the second semester fees will only be paid if Schneider maintains a reasonable GPA and attendance record. Schneider also has to agree to remain clean of drugs.

Cyberbullying bill empowers Big Brother

With the rise of social media, cyberbullying has become an increasing problem amongst today's youth. As evidenced by the recent deaths of Amanda Todd and Rehtaeh Parsons—two Canadian teens who committed suicide after being exploited and harassed over the Internet—cyberbullying can have lethal consequences and should be treated seriously.

The Harper Government has vowed to do just that.

On Nov. 20, the federal government unveiled Bill C-13, the Protecting Canadians from Online Crime Act, to combat cyberbullying and criminalize the nonconsensual distribution of private images.

On paper, this seems to be the solution we've all been waiting for: To serve justice for the victims of cyberbullying.

However, with the recent senate scandal, the Conservative government has come under increased scrutiny, and many are now questioning its priorities. Bill C-13 is now being interpreted as an omnibus bill—one with a hidden agenda that could transform the Canadian government into Big Brother.

Cyberbullying comprises only a portion of the 53-page bill. The rest of the focus falls heavily on monitoring the telecommunications of ordinary Canadians to supposedly help detect illegal access to the internet and cable services. The



Courtesy Jason Barnes

Rehtaeh Parsons attempted suicide after photos of her alleged gang-rape were distributed online.

monitoring measures would also assist police in cracking down on organized crime, fraud, terrorism and hate crimes.

These issues seem to be unrelated to the bill that was introduced on anti-bullying by federal Justice Minister Peter Mackay.

At face value, Bill C-13 is a blatant revival of the controversial Bill C-30: Lawful Access Act that was struck down due to public outrage. Public Safety Minister Vic Toews proposed the amend-



At face value, Bill C-13 is a blatant revival of the controversial Bill C-30: Lawful Access Act that was struck down due to public outrage.

ment, also known as the Protecting Children From Internet Predators Act, to the criminal code in 2012. The act would have forced internet providers and mobile phone carriers to present upon request a customer's contact information and IP address to authorities without the need for a warrant. Ironically, Toews is most famous for his negligent retort to Liberal MP Francis Scarpaleggia, stating that he "can either stand with us or with the child pornographers," after Scarpaleggia questioned the intentions of the Conservative party. Bill C-13 is undoubtedly a carbon copy of Toews' amendment which was used to bully the Liberals.

The growing epidemic of cyberbullying should be a sufficient cause for an act of its own. The government's ulterior motives at play here could negatively affect the public's opinion on the importance of the anti-cyberbullying cause. Bill C-13 is standing in the way of progress. This is in no way justice for victims like Todd and Parsons, whose

memories are now being exploited for political purposes. They were once robbed of their privacy, and the same may soon happen to all Canadians.

Bill C-13 is more smoke and mirrors from the federal government. As an overtly convoluted piece of legislature, perhaps this was its intension from the onset.

Even cyberbullying itself, the bait of the bill, is loosely defined and hinges on the distribution of so-called "intimate images," pictures depicting "a person engaged in explicit sexual activity or that depicts a sexual organ, anal region or breast."

It's important for those who abuse the privacy of others to be apprehended and this bill seemingly has the potential to do so. If an individual publically posts or distributes an intimate image online of another person without their consent, they could be imprisoned for up to five years. This form of "justice" may be problematic. Social media websites like Facebook or Twitter have proven that photos are often posted accidentally or otherwise carelessly on a daily basis.

Regardless of the touted purpose of Bill C-13, it deserves the same critical analysis and wariness that Bill C-30 was subjected to. Despite living in a free country like Canada, Todd and Parsons were denied their right to privacy. Let's prevent it from ever happening again by taking the time to read the fine print now.

Mental illness not a precursor for crime



In a July 2013 study, Public Health Canada noted the dramatic rise in mentally disordered offenders entering Canada's correctional system. According to the federal agency, 38 per cent of newly-admitted offenders have a history of or are suffering from some form of psychological dysfunction.

In August of this year, Prime Minister Stephen Harper suggested that current laws fail to protect the public and victims from violent, mentally ill offenders. He announced legislation that would allow courts to designate people who are found not criminally responsible for violent crimes as "high risk" and hold them longer without a formal review. Harper made this decision soon after meeting with the ex-wife of Allan Schoenborn, a British Columbia man who was deemed not criminally responsible for killing his three children.

Judging by the big newsmak-

ers of the last few years, it seems fair to assume that there is a link between mental illness and violent crimes. Take the Navy Yard shooting in Washington this September. The perpetrator, Aaron Alexis, suffered from delusions and believed he was being controlled by low-frequency electromagnetic waves. The 20-year-old shooter who took 20 lives at Sandy Hook Elementary School a year ago was obsessed with the Columbine school shootings and is said to have suffered from "significant mental issues." In Canada, Richard Kachkar, the Toronto man who killed a police officer while driving a stolen snowplow in 2011, was recently found not criminally responsible for the crime he committed due to the extreme psychosis he was suffering from at the time.

But a study done by the Centre for Addiction and Mental Health suggests that the root cause of violent acts is more likely to be alcohol and drug abuse than a serious mental condition. The study suggests that the rise in mentally disordered offenders could be explained by the criminalization of mental illness, rather than a marked propensity for violence

among the mentally ill.

"As yet, there is no consistent evidence to support the hypothesis that mental illness (e.g. schizophrenia or depression) that is uncomplicated by substance abuse is a significant risk factor for violence or criminality," states the CAMH study. The strongest predictor of violent and criminal behaviour is a history of violent and criminal behaviour, it says.



The root cause of violent acts is more likely to be alcohol and drug abuse than a serious mental condition.

We must be cautious about drawing conclusions based on a few high-profile cases. For one thing, the term "mental illness" covers a highly diverse group of disorders ranging from mild depression to the more severe condition of schizophrenia. It would also be wrong to assume that because Richard Kachkar was suffering from what seems to have been schizophrenia when he killed a police officer, all those who suffer

from schizophrenia are potential murderers.

As a society, we should take the increased number of mentally ill offenders as a sign of trouble of a different kind. It is a sign that those suffering from mental illnesses may be falling through the cracks and that the prison system is the only net left to catch them once they do. Incidents like the 2007 suicide of Ashley Smith, whose self-harming activities had increased while she was held in solitary confinement, should make it clear that the prison system is not equipped to treat people with these conditions. Before we rush to lock up the "crazy" members of our community, we need to take a good hard look at what we are and aren't doing to support the most vulnerable members of our society.

As for Harper's proposed legislation, it shows questionable leadership on the prime minister's part. It's one thing for the public to draw conclusions about the connection between mental illness and violent offenders in Canada. It's quite another thing for our government to let the fear and misunderstanding that surrounds mental illness and those who suffer from it to dictate policy decisions.

HUMBER Et Cetera

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

Managing Editors

Jake Kigar
Olivia Roger

Copy Editor

Thomas Rohner

Creative Directors

Jessica Paiva
Amy Stubbs

News Editors

Glyn Bowerman
Ashley Cowell
Kate Paddison

Business & Technology Editors

Cameron Da Silva
Kat Shermack

Opinion Editor

Paul Rocca

Arts & Entertainment Editors

Kelly Townsend
Sara Yonis

Life Editors

Alessandra Micieli
Sara Miller

Sports Editors

Gurpreet Mann
Paolo Serpe

Senior Reporters

Adam Kozak
George Halim
Kat Shermack
Hermione Wilson

Faculty Adviser

Salem Alaton

Creative Adviser

Miguel Agawin

© 2013 All rights reserved.
Humber Et Cetera is a publication of the School of Media Studies & Information Technology at Humber Institute of Technology & Advanced Learning
205 Humber College Blvd., Etobicoke, ON, M9W 5L7

Newsroom:

416-675-6622 ext. 4514

Email:

etc.humber@gmail.com

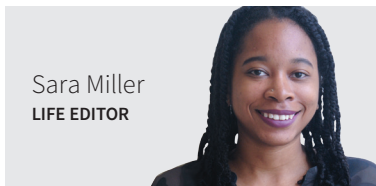
Twitter:

@humberetc

Advertising:

416-675-6622 ext. 79313

Sting of racist practice of ‘blackface’ still lingers



Sara Miller
LIFE EDITOR



Oh, Jim Crow's come to town
As you all must know,
An' he wheel about, he turn about,
He do jis so, An' ebery time
he wheel about He jump Jim Crow.

This was the song that 19th century American stage performer Thomas Rice would sing as Jim Crow in his minstrel show every night to sold out crowds. His beady white eyes, charcoal-coloured skin and bright red lips became a standard in blackface comedy. Mostly portrayed by white actors, the show was usually made up of dances, black songs, and actors speaking in slave dialects using the crudest form of African American stereotypes depicting blacks as ignorant, crude and childish. Though not as widely popular as it still was in the early 1900's, we can still see some influences today in our culture and society.

Before Halloween, I was excited not only to buy the discounted candy the day after but also to see compiled lists of people's best costumes. What I was not prepared for was the growing popularity that black face had this Halloween season. The first costume photo that caught my eye was that of singer/actress Julianne Hough, who went as the popular character "Crazy Eyes" from the Netflix show *Orange is the New Black*. Dressed in an orange jumpsuit, brown makeup and hair pinned in every direction, Hough hit the town with some friends and at the same time, started a heated debate between experts and inter-

net users alike.

"This is ridiculous, she just imitating a character from a show!" read one comment.

"Just to make it clear, she colored her skin bronze, so this isn't considered blackface," read another.

"Some people are just too sensitive, get over it!"

Hough later issued an apology, stating it was a misunderstanding. Even though she did apologize, Hough needs to learn the difference between tribute and pure mockery. Learn from Miley Cyrus' example, who dressed in an outfit that female rapper Lil' Kim donned in 1999 at the MTV Video Music Awards (complete with a purple

wig and half-covered breasts). Despite the lack of melanin in her getup, the audience was still able to tell that Cyrus was dressed as Lil' Kim. Hough could have easily paid tribute to her favorite character without the face paint and it still would have made sense to others.

But Hough's choice of appearance opened the floodgates, with people showing off their offensive and degrading "costumes" online. In the days leading up to Halloween, I have seen people dress up in slave costumes, exaggerated "savage" African costumes and even those depicting Trayvon Martin, the unarmed black youth shot to death in Florida last year (which is

a whole other topic).

I have been told that my frustrations on this topic are over the top—that the costumes are all in good fun. But after countless years of ridicule and the bad stereotypes plaguing the black community, I can't simply "get over" this issue.

Blackface has been frequently used throughout our past to dehumanize and humiliate people of African descent for the sake of a few cheap laughs. Such performers often used extreme stereotypes to entertain audiences who may never have had any prior exposure to black people. It desensitized American audiences to the daily horrors of slavery and brought it to a level of a joke. Why

support the abolishment of slavery when black life looked so much fun and carefree to the audience?

The act of donning blackface not only has a history in North America, but also in parts of Europe. Every Christmas season, hundreds of Dutch children and adults line the streets in hope of catching the red and white glimpse of Sinterklaas and his white horse. Usually accompanying him is his helper Zwarte Piet or "Black Peter." The character is depicted in complete blackface, with bright red lips and curly wigs and resulted in recent controversy. Supporters say the blackened appearance is due to the character sliding down soot-covered chimneys (despite his clothes being seen as clean and spotless).

Black Peter characters are usually a favorite among children and adults for his playful and sometimes naughty pranks and has even outshined Saint Nick himself. But because he is seen not as negatively as Jim Crow was, does it make it right? To me, the eerie resemblance between the two faces makes it hard to believe so.

It's a good thing that black people have broken down so many barriers. The notion of using blackface is no longer the norm. I don't believe everyone who has used blackface has done it with malicious intentions. Some are simply ignorant of the history of the subject. Dressing up as one of your favorite characters is one thing, but depicting Trayvon Martin complete with fake blood and a series of bullet holes in the chest is never acceptable.

If you need to paint yourself any colour next Halloween, maybe adopt the characters of The Incredible Hulk or a Nightcrawler from *X-Men*. These costumes wouldn't risk offending anyone.

QUOTED: Should Bill C-13 be passed?

I think it's a good thing. People will become more aware of what they put online.

I think cyberbullying is an issue but that's pushing it. It's stupid that people are going to jail for bullying on the internet.

I'm anti-government. I don't think it's right to spy on people. F--- Harper. I vote Green Party.

People have private things they want to deal with and don't want people to know about it. At the same time, if it benefits kids, who cares?

Have your say on our poll this week, at humberetc.com



Chelsea Traichel, 20
Hotel Mgmt., 2ND YEAR



Allie Britton, 23
Law Clerk, 1ST YEAR



Joshua Gougeon, 29
Accounting, 1ST YEAR



Joe Agostino, 19
Marketing, 2ND YEAR

Journalism training can open unexpected doors

Alessandra Micieli
LIFE EDITOR



For the few years we're in college trying to hone our skills for the competitive field of journalism, we all set our minds on who we want to become. Most of us start applying for entry-level jobs, and the internships others land might eventually turn into a real career. But I sometimes wonder if any of my peers have ever considered a career in public relations, online marketing or social media instead.

As I think about my uncertain future, I hear the voice of my kindergarten teacher, and I suddenly feel four years old again. All my classmates confidently say that they want to become doctors, teachers and nurses. It's my turn. I stop and think for a moment.

"Um, I-I don't know what I want to be yet," I say, stuttering. My classmates snicker. My teacher reassures

me that this is very fine, and we carry on with the lesson.

Seventeen years later, I feel as though I'm still pondering that same question. Do I really want to become a journalist? Are there any other jobs I can pursue with my background in journalism? Though this might not cross every young journalist's mind, there are other options out there.

But there's always that doubt: why go through the motions in a program you don't intend to pursue as a career?

To be honest, nothing has really interested me. I came to college to find myself and hopefully develop through the experience a wide range of skills applicable to a bunch of different careers. Journalism seemed like a great fit. I'm sure I'm not rowing in this boat alone.

I've learned a lot from Humber's journalism program. I now know how to edit, write and produce for various types of media. Coming into the program, I was interested in television production. I figured that if I learned the ropes of broadcast journalism, I would be set.

But as I learned more of the nature of the job, I began to doubt that the long, grueling hours at a TV station in downtown Toronto would be right for me. It isn't my scene. I could never see myself doing this job while also juggling the responsibilities of having a family. I would rather have a more manageable set of working hours.



But there's always that doubt: why go through the motions in a program you don't intend to pursue as a career?

And so, I explored the world of print. I love to write, and I found magazine writing to be very fulfilling. I loved it. I was fascinated by the production of a tangible piece of print. This was something I saw myself excelling in.

After my second year at Humber came to a close, I began frantically

searching for an internship. Eventually, I landed a position for the summer as one of the editorial/web interns for *Today's Parent* magazine.

I'm not a parent yet, and so I was very limited when it came to writing articles. Most of the time, I was stuck fact-checking shorter articles and features. I also helped edit these articles for online publishing. This is when I realized that all these skills I've learned in journalism have served a different purpose for me.

I learned from my colleagues at *Today's Parent* that there are different kinds of careers within the field of journalism that might not seem so obvious. For example, I rarely hear anyone speak about a career in social media. Many companies (and not just media outlets) look for individuals with a background in journalism to help run their websites and social media accounts. Taking classes, such as web writing and design and online journalism can help prepare a person for a career in such a field. Journalists in training may find this route appealing, as online publishing is a significant portion

of the curriculum. Online content management is an absolute asset for those seeking a career in these areas. Learning other online-related skills, such as SEO (search engine optimization) had helped me extremely well throughout my internship.

Developing all these skills, a journalism student may find more options available to them in the future. Careers in writing, editing, social media and even public relations are possibilities that should not be overlooked. Students specializing in both print and broadcast in their final years have all refined the skills necessary to develop websites with features such as photo essays, short videos, and other interactive multimedia elements.

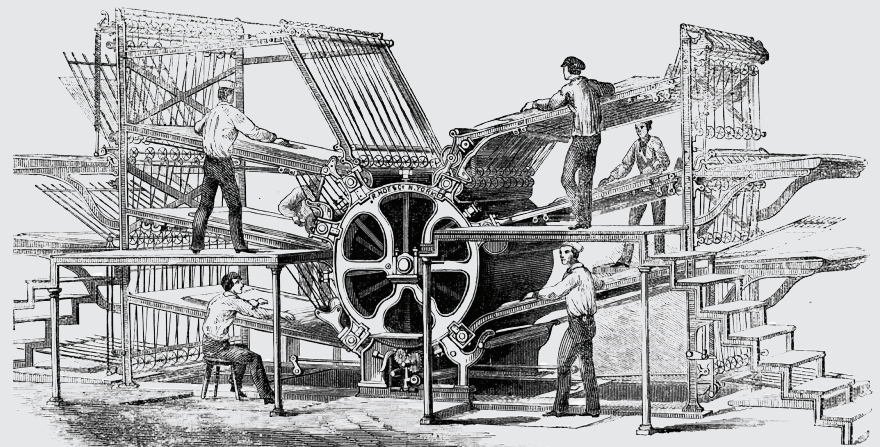
I am proud to say that I will soon be graduating from one of the best journalism schools around, and that my education will not go to waste. The skills I've learned have proven to me that journalism was the right course of study. I like to think I'm using journalism as a stepping-stone to a career with a wider range of possibilities.

The Printing Press

The Printing Press is intended as an opportunity for the Et Cetera team to share and explicate our process as new journalists, where we can offer transparency and introspection into what we do here in the Humber North campus newsroom.

In this weekly column, you'll find a wide range of anecdotes, analysis and criticism of journalism as a whole.

Paul Rocca, Opinion Editor



Diversity in newsroom means better-informed news

Gurpreet Mann
SPORTS EDITOR



"Minorities always get the job! Just because you're a person of colour, doesn't mean you deserve to get the job."

When a colleague of mine told this to me, I was a bit stunned. I agreed with him. Minorities, however, don't always get the job—and when they do, it's because they have the talent... not because they are simply a minority.

Given the demographics it's clear that Canada is incredibly diverse. Visible minorities are defined by the Employment Equity Act as "persons, other than Aboriginal peoples, who are non-Caucasian in race or non-white in colour."

So should newsrooms reflect

this? Now the conflict begins; some people think that newsrooms are trying to become more diverse by only hiring based on appearance, rather than credentials or skills.

Some of the benefits of having a diverse newsroom or masthead is that people from different cultures can bring new angles to a story. People who speak other languages can get more diverse sources, making the resulting stories more insightful and comprehensive. The ability to understand other languages can simply be necessary in some situations. All in all, having a diverse team means that minorities get to have their stories heard as well.

In 2004, the Canadian Association of Broadcasters' Task Force on Cultural Diversity on Television reported that only 12.3 per cent of news anchors and 8.7 per cent of reporters were a visible minority. In 2011, Statistics Canada reported that one in every five Canadi-

ans was a visible minority. Even accounting for some progress in the intervening years, newsrooms still don't adequately reflect what Canadian society is.



People who speak other languages can get more diverse sources, making the resulting stories more insightful and comprehensive.

It's neither fair nor accurate to claim discrimination when minorities get the job. This is about giving equal representation.

Within a diverse newsroom, there is a variety of different cultural backgrounds and languages. Reporters who are minorities understand cultural differences that are foreign to others from different

backgrounds, making them better able to report on some issues. This isn't to say that they're limited to writing about their own culture. If they have the talent and merit, he or she they should be a given opportunity across the board.

Psychologists have been trained to understand the cultural biases of minorities to build a better rapport with their clients. Reporters, however, don't take any classes on this and instead rely on job experience. Could a diverse newsroom fix this issue? Having different perspectives can help a newsroom cover a story more effectively without risking ignorance on any given issue.

My journalism class at Humber last year was predominantly white. As a woman of South Asian background, I briefly wondered if this was where I belonged or if there was even room for a person like me in this industry. However, after seeing more diverse newscasters

on, for example, CP24, I could then picture myself as a true journalist. Minorities deserve to be in the newsroom, because even if they have the same level of skill or talent as someone else, they can provide a new perspective the newsroom can benefit from. "Coloured guilt" shouldn't be experienced by any unvisible minority reporter who works for a big news agency because diversity has inherent value.

Employers should consider candidates not according to their race, but according to their journalistic skills. All else being equal, diversity is an advantage. Since most newsrooms are predominantly white, diversity isn't something that should be employed merely to please people, but to make the news better. The varying values, backgrounds, and spoken languages of a diverse newsroom help make the news rich with stories that can better-reflect the cultural mosaic that is Canada.

Young with disabilities get new jobs programs

YMCA, Humber among groups using new Ontario fund

Dilara Kurtaran
LIFE REPORTER

The YMCA now offers a youth employment fund, which helps people with disabilities.

The Ministry of Training, Colleges and Universities funded initiative launched in Ontario in September. The program places a young person with an employer that pays them a full-time wage, as well as providing financial assistance for transportation, clothing and training.

YMCA also helps all ages of people

Marcella DeRose, a job developer at Bennett Edge, another support program, said she has seen many people participate.

“Over 100 clients come to our door; we try to help them keep the job for over three years,” said DeRose.

SilverCity Theatres in Brampton hires people through YMCA and Bennett Edge.

Ivy Attoh, senior food service manager at SilverCity Brampton said the program benefits individuals in the surrounding area.

“We are proud to help the community,” said Attoh. “We help them develop skills and they can move on and work at other places of their choice.”

“Disabilities can be invisible,” said Lauren Longo, a disability services officer at Humber. According to Longo, a person has to have documents that prove their disability in order to get accommodations from the disability services.

Students can go to disability services if they have been diagnosed with: a brain injury; ADD/ADHD; autism spectrum disorder; or other disabling condition.



We help them develop skills and they can move on and work at other places of their choice.

Ivy Attoh
SENIOR FOOD SERVICE MANAGER AT SILVERCITY BRAMPTON

The YMCA has two programs: “Heads Up” and “SPRING.”

Megan Thomas, general manager of employment and community in York Region YMCA, said an individual is matched to a job once they complete workshops.



Chantilly Post

Primary Raynaud's disease commonly affects women, ages 18 to 30.

Raynaud's may mimic frostbite

Cold-looking fingers and toes could be a sign of a much worse problem, such as Raynaud's Disease.

Chantilly Post
LIFE REPORTER

Signs of frostbite could potentially be something more serious, such

as Raynaud's disease, many doctors suggest.

Raynaud's is a condition where the small blood vessels that provide blood flow to the skin are cut off. The common areas are in a person's

fingers and toes.

With cold temperatures arriving, it's essential to stay warm, and lower chances of getting frostbite, which can be mistaken for Raynaud's.

According to Douglas Emerson, from The Arthritis Society, three per cent of the population is estimated to have primary Raynaud's disease. Primary Raynaud's disease is more common among women, and first signs tend to be visible between the ages of 18 and 30. Causes for primary Raynaud's remain unknown.

The primary level of this disease is simply a discomfort. Secondary Raynaud's is more common among those ages 45 and over.

The secondary strain is typically a byproduct of inflammatory diseases. In all cases, Raynaud's can cause lasting tissue damage.

Common symptoms of Raynaud's disease are colour change in fingers or toes, and a tingling and swelling. A person's sense of touch may be temporarily absent. Although these are common signs, they vary in every individual.

Frostbite is “preventable as long as you cover up,” said former ER nurse Alison Ditomassi.

Ditomassi said layering options could vary for different weather extremes. Areas such as the tip of the nose can lose the top surface of skin by frostbite if not covered properly.

“Instead of wearing gloves, wear mittens,” said Rachel Demers, 19, a second-year nursing student at Humber. Demers said mittens allow your fingers to stay warm with body heat.

sheridancollege.ca



Get Creative.

Leading change

Five New Bachelor of Business Administration Degrees.

Learn how to anticipate and solve problems creatively, ethically and entrepreneurially. And, put that learning into practice. Real-world practice.

- Accounting
- Finance
- Human Resources Management
- Marketing Management
- Supply Chain Management

Sheridan

TO THE NINES

Johnathan Green, 19
PLUMBING, 1ST YEAR

What's the must-have winter item?
Warm hoodies

Your favorite place to shop?
TopShop

Describe your style.
Swag: Comfortable, laid back and modern





Chelsea Howard

Taiwan Culture Event was put together by Taiwanese exchange students from the National Kaohsiung University of Hospitality and Tourism currently studying for a year at Humber College.

Taiwan Culture Event planned by Humber exchange students

Humber has hosted over 250 students in exchange program

Chelsea Howard
A&E REPORTER

Students from the National Kaohsiung University of Hospitality and Tourism in Taiwan gathered at the Humber North concourse to showcase their culture last Tuesday.

The students, who are completing their third year at Humber as part of an international exchange program, and staff organized and planned the Taiwan Culture Event for approximately three months.

More than two dozen students from NKUHT sang Taiwanese songs such as "Taiwan I Love You", and displayed artwork throughout.

The students also performed dances for the public such as their traditional flag dance and various pop dances.

Marketing leader and NKUHT student, Beryl Liu, 20, said, "We can become familiar with one another by preparing and practicing, and have the chance to wear traditional clothes and interact with other cultures."

Free food such as bubble tea, minced pork with rice, and popcorn chicken was made available.

"We need to promote our Taiwan culture and motivate Humber students to go to Taiwan as an exchange student," says Joey Tu, 20, student at NKUHT.

Tu explains that the language barrier has been the most difficult, and familiarizing themselves with the English language has also been a challenge.

"It's a big part of Taiwan community trying to promote the relationship they have with Toronto and Humber. It's a great opportunity for the college to promote the

culture exchange," said Mark Gosling, an assistant professor with Humber's School of Hospitality, Recreation and Tourism and visiting faculty member.

Gosling said Taiwanese and Canadian culture differ in that Canadian students are more interactive, whereas Taiwanese teachers have a much higher social position.



We need to promote our Taiwan culture and motivate Humber students to go to Taiwan as an exchange student.

Joey Tu
NATIONAL KAOHSIUNG UNIVERSITY OF HOSPITALITY AND TOURISM STUDENT

The exchange students have completed a seven-week orientation session at the Lakeshore campus, and will also be taking two semesters at the North campus, as well as a three-month paid internship

Coordinating and participating in the Taiwan Culture Event is also part of the exchange program.

"If you want to see something different, in Taiwan you step off the plane and it's a completely different world," says Gosling.

Gosling said that seeing the work and effort students put into this event and what the students get out of it is the best part.

After the end of the school year, students will return home to Taiwan and finish one year of schooling to obtain a bachelor's degree.

This is the eighth year Humber has run an exchange program through the NKUHT, with more than 250 students participating to date.



DECEMBER 6, 2013 • 12:00PM – 1:00PM • STUDENT CENTRE, NORTH CAMPUS

DAY OF REMEMBRANCE AND ACTION ON VIOLENCE AGAINST WOMEN

Join us as we remember and work towards ending all forms of violence including:
Racism, Sexism, Ableism, Ageism, Homophobia, Transphobia, Ethnocentrism, Classism...

PROGRAMME

- Band Performance:** Ritmo Bateria - Samba Latin Trio
- Welcome Remarks:** Timothy Brillhante - President, HSF
- Introductory Remarks:** Jen McMillan - Dean of Students
- Keynote Speaker:** Sharonne Stone - Faculty, School of Social and Community Services
- Banner Signing, White Ribbon and Rose Distribution**
- Message from the Urban Alliance on Race Relations:** Ashley Alexis McFarlane
- Closing Remarks:** Timothy Brillhante - President, HSF

This event will also be livestreamed in L1017 Community Room, Lakeshore Campus.
For further information please contact Candice Warner-Barrow, Human Rights Coordinator at
candice.warner-barrow@humber.ca or 416.675.6622 ext. 4808

INCLUSION
RESPECT
EXCELLENCE
STUDENT CENTRED
INNOVATION
SUSTAINABILITY

hrs.humber.ca/diversity

This document is available in an alternate format upon request

– TORONTO EVENTS THIS WEEK –

TODAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY	6	SATURDAY	7	SUNDAY	8
Hamlet Shakespeare in Action presents the classic work at Central Commerce Collegiate Theatre. Tickets are \$15.		Venite Adoremus Works from Bach and John Rutter will be performed by the Masterworks of Oakville choir at Koerner Hall.		How I Lost One Pound A one-woman musical, by Lesley Carlborg, about her obsession with weight, performed at Tarragon Theatre.		Ideas in Dialogue CBC host Jian Ghomeshi and author Sheila Heti discuss the line between fact and fiction in memoir writing at the ROM.		Paradise Lost The Janak Khendry Dance Company is premiering their adaptation of Milton's epic at the Fleck Dance Theatre.		Meet Mel B Scary Spice will be at North York Central Library at 1:30 p.m. for the premiere of her CTV film <i>The Twelve Trees of Christmas</i> .		Syria docs Bloor Hot Docs Cinema will be screening three documentaries about the revolution in Syria. Tickets are \$10.	

Arts grads awarded in Hamilton

Music and film graduates Cheeseman and Green were both recognized at Hamilton events this November

Tiara Samosir
A&E REPORTER

Humber art programs won big in Hamilton this past month.

Alumni from Humber's film and music programs received prestigious awards at the Hamilton Film Festival and the Hamilton Music Awards for their final year projects at Humber.

Humber film and television production grad Greg Breen's film *Steven Myerschmidt Bites the Big One* won the Best Student Film award on the evening of Nov. 10 at the festival.

"It was a really great thing to have a film recognized. It's a great award, great festival, great place to have your film be seen," Breen said about winning the award.

Steven Myerschmidt Bites the

Big One is a "short satirical comedy about a solar panel manufacturing plant that goes on strike after reading *Animal Farm*." Breen said the film was his final year project at Humber. He and his crews started shooting last September for five days, and they spent their very last semester editing and producing.

Breen said it was a long process but rewarding one, and he got fantastic support from Humber. The professors were really helpful with the movie, as well as the production.

"Everything that I know about making film, I learned it at Humber," Breen said.

Nathan Fleet, the Hamilton Film Festival director said sound was a big factor in awarding Breen's film.

"There are many movies that have good quality of pictures, but not the



This is a pullquote library object. Its styles are listed in the Et Cetera paragraph styles in case pasting content overwrites it.

Name
SOURCE/TITLE



Courtesy Brad Cheeseman

Cheeseman composes his own music and plays bass.

sound. *Steven Myerschmidt Bites the Big One* has a good quality in both," Fleet said. "People are still talking about it after the screening."

A week later, Humber grad Brad Cheeseman won the Instrumental Recording of the Year award with his group the Brad Cheeseman Group for their debut EP *Mixed Messages* at the Hamilton Music Awards.

Bassist and composer Cheeseman said he was a little surprised when the group's name was announced.

keep performing and improve his song-writing skills in order to build an audience.

"I'm more concerned about telling a story in each song, rather than telling the style," Cheeseman said about his music. "It's all about the message."

Hamilton Musician editor Glen Brown said the group's music is progressive, compressed and very complex, the kind of "multi rhythmic music that's exciting to listen to."

Brown's thoughts of Cheeseman changed when listening to the group's EP. He said Cheeseman turned out to be not just an R&B kind of guy, but also has jazz going in him.

"The jazz world is very competitive and there are many amazing, talented musicians out there," Brown says, but added Cheeseman could nonetheless do well. "His writing and music make great connection with the listeners."

WOODSTOCK SPIRIT

Lakestock celebrates talent from Lakeshore with event

Late '60s theme captured at campus fundraiser

Vanessa Marciano
A&E REPORTER

Humber College's postgraduate public relations students brought back groovy music, Afros and peace signs as they travelled back in time as they hosted Lakestock on Nov. 26 at the Lakeshore campus.

Students, faculty and members of the community were invited to the event in the K Cottage, where they had the chance to see performances from students in a variety of different Humber programs.

Each year, the PR postgrads put together a Lakeshow event as part of their event planning class, but are required to come up with a different themes.

Chanele Jordan, a PR student and vice chair of Lakestock said after a lot of brainstorming, they decided

to go with a late '60s theme because it is really fun, laid back and chill. The name change from Lakeshow to Lakestock referred to the iconic Woodstock music fest of 1969.

In previous years, students have planned themes from showcasing different Humber cultures, like a David Letterman parody titled, "The Lake Show."

"We planned and executed the event ourselves since September," Jordan said. "It's obviously a really busy time for everyone right now, but it's a great break."

Some of the entertainment provided at the event included jazz band Lusty Bullfrogs, comedian Marc Hallworth, a Shakespeare performance, an Indian dance and more. Guests also had the chance to capture their memories at the fun and interactive Flashpoint Photo-Booth.

Jacob Gorzhaltan, a second-year Humber bachelor of music student kicked off Lakestock with his band,

Lusty Bullfrogs.

"All of us are based around the Humber music program," said Gorzhaltan. "Someone heard we were doing the Humber Christmas event and asked us to play here as well."

Nancy Marino-Benn, public relations certificate faculty member, said the turnout for the event was outstanding and the students did a strong job with marketing and promotion.

"Not only do they learn how to put on an event, they learn how to work with people, work as a team, support each other, initiate, and really take on a project and make it something special," said Marino-Beno.

On top of all the complimentary sweets and hot beverages, money was raised in a silent auction, which included a signed Montreal Canadiens Maurice "The Rocket" Richard jersey. There was also a raffle, which included tickets to both the Toronto Maple Leafs and Raptors.

All proceeds raised will be going to the United Way.



Vanessa Marciano

The Lusty Bulldogs were among the performers at Lakestock, inspired by the iconic Woodstock of 1969.

HOROSCOPES by Lady F is for Nasty & Oracle T

YOUR INTEGRITY IS NOWHERE TO BE FOUND EDITION



SAGITTARIUS

NOV. 22 - DEC. 20

You'll do anything for a vacation to the tropics. But when you get there, be prepared to give something back for a change. Otherwise, you'll be attacked with coconuts.



CAPRICORN

DEC. 21 - JAN. 19

You're all about opportunities and success. That's why you're willing to compromise your dream to be in the big leagues. Keep it up: your happiness depends on walking all over people.



AQUARIUS

JAN. 20 - FEB. 19

You sell out for whatever tickles your fancy. But your irresponsible fantasizing might just land you in a bowl of jello with nothing but a straw.



PISCES

FEB. 20 - MAR. 20

You've been eagerly waiting to sit at the cool table for years. Now that you're there, you've got nothing left to sell. Declare bankruptcy.



ARIES

MAR. 21 - APR. 20

You often find yourself in some deep doo doo. There's many ways out, but you think it's someone else's mess to clean up. Consider a dry cleaners or a sewage pump.



TAURUS

APR. 21 - MAY 20

You sell out for the thrill of selling out. Set your sights on a CEO job, or check into counselling.



GEMINI

MAY 21 - JUN. 20

You sell out for the joy of watching others suffer. But watch your back: someone's mad and is planning revenge.



CANCER

JUN. 21 - JUL. 22

People expect you to sell out; you've earned the reputation. Quit pretending it's a struggle and you'll get your just desserts.



LEO

JUL. 23 - AUG. 22

You would do anything to be held and cradled at night. You're willing to sell out to the first person who shows you love. Or even just looks your way. Try saying no next time.



VIRGO

AUG. 23 - SEPT. 21

You've got green on your mind and you're willing to sell your great aunt's bejeweled rosary. The Catholic Church is not impressed. You'll have to buy them off to get into heaven.



LIBRA

SEPT. 22 - OCT. 22

Your addictive personality makes you irrational enough to sell out for small things like coffee or cigarettes. HAVE YOU NO PRIDE?

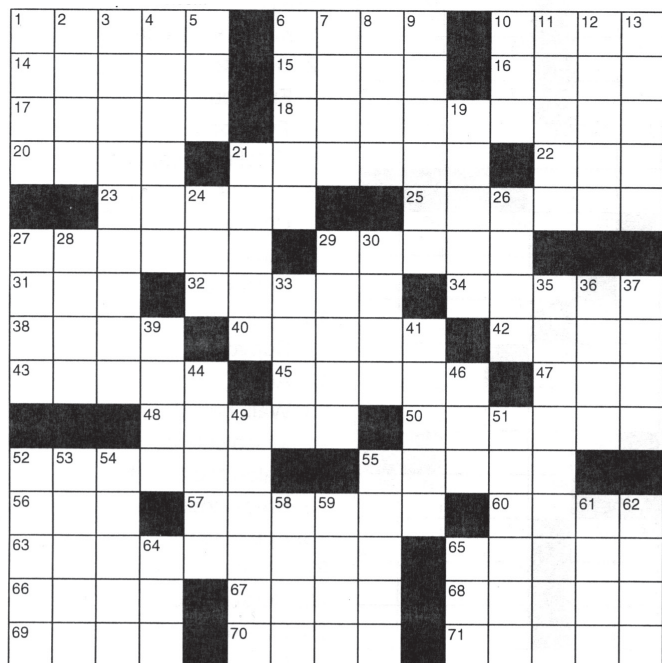


SCORPIO

OCT. 23 - NOV. 21

Selling out is a fun hobby for you. You're willing to compromise your relationship with others for some laughs. Ha. Wait for it. HA.

CROSSWORD BY BOATLOADPUZZLES.COM



DOWN

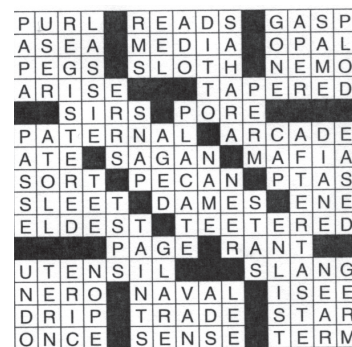
1. Curdle
2. Hard to find
3. Impossible to erase
4. Picturesque
5. Part of MPH
6. Some tides
7. Slight advantage
8. Coastal bird
9. Looks disdainfully
10. Beaver project
11. Regions
12. Leonardo da ____
13. Corroded
19. Clear the blackboard
21. Beginning
24. Above, in poems
26. Charged particles
27. Circle segments
28. Mortgage
29. Highway divisions
30. Affirmative votes
33. Feline sound
35. Boomed
36. Italy's capital
37. 365 days
39. Whiten
41. Marsh plants
44. Australian "bear"
46. Small bit
49. Come out
51. Distant
52. Parsley piece
53. The ones here
54. Passenger
55. Stakes
58. One who mimics
59. Nevada city
61. All-male party
62. Healthy
64. Average mark
65. Hardwood tree

ACROSS

1. Crunchy
6. Clears as profit
10. Humorist ____ Barry
14. Cyclist ____ Armstrong
15. Genesis locale
16. Met solo
17. Command
18. Concurrence
20. Young adult
21. First game
22. Crack pilot
23. Roaring beasts
25. Dried grape
27. Cooper and Faye
29. Lariat
31. Burglarize
32. Settle a debt
34. Way in
38. Young cow
40. Piano adjuster
42. Oxford, e.g.
43. Move furtively
45. Adjust again
47. ____ Thurman of "Kill Bill"
48. Achievers
50. Breadwinner
52. Creek
55. Said further
56. ____ Beta Kappa
57. Gains knowledge
60. Netting
63. VIP's walkway (2 wds.)
65. Main artery
66. Words of comprehension (2 wds.)
67. Heredity carrier
68. Swipe
69. Richard ____ of "Chicago"
70. Love deity
71. Bushy fence

ANSWERS

Previous issue

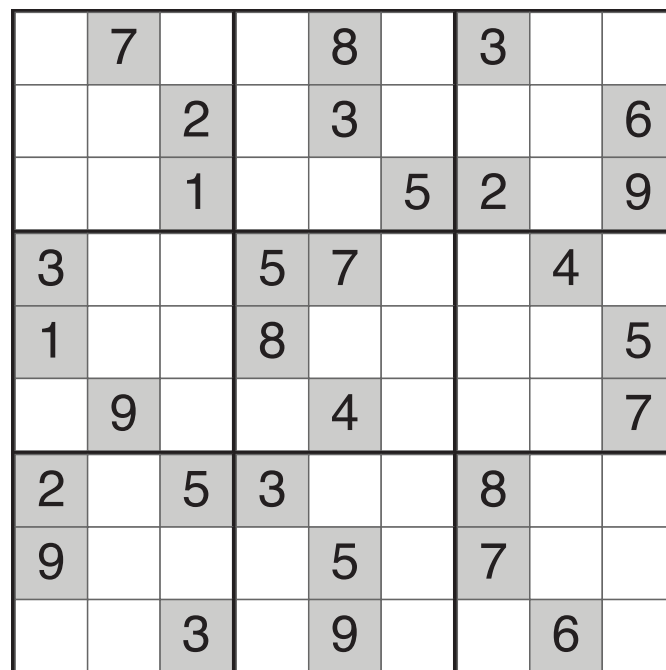


8	3	6	5	9	7	4	2	1
7	2	1	6	8	4	9	5	3
5	9	4	3	2	1	8	7	6
4	1	5	7	6	9	3	8	2
2	8	3	1	4	5	6	9	7
6	7	9	8	3	2	1	4	5
1	6	7	4	5	8	2	3	9
9	5	8	2	1	3	7	6	4
3	4	2	9	7	6	5	1	8

Find the answers to this week's puzzles in the next issue or visit humberetc.com/games or scan the QR code!



SUDOKU BY SUDOKU.NAME



#9

www.sudoku.name



HUMBER

School of Media Studies
& Information Technology



There is a story to be told here.

Get certified in Photoshop, Dreamweaver and Premiere Pro.

Add an Adobe Associate Certificate to your resume. Get certified by taking the 45 minute test.

The cost is \$49 for Humber students, faculty and alumni. We also offer preparation workshops to get you ready. Qualified instructors will help guide your knowledge in the right direction to become certified.

Earn valuable certification in these high demand areas:

Photoshop
Dreamweaver

Premiere Pro
Flash

InDesign
Illustrator



Humber is the only college in Ontario to offer the Adobe Associate Certification.

Email for more information: adobecertification@humber.ca

mediastudies.humber.ca

WE ARE
HUMBER

Rugby squads rack up on OCAA awards

Hawks collect plethora of year-end honours

Jordan Finkelstein
SPORTS REPORTER

Members of the Humber Hawks men's and women's rugby teams took home a slew of end-of-season OCAA awards for their outstanding play and success in 2013.

The men's team won this year's OCAA championship on Nov. 17. Award winners included: Jason Rice, James Mitchell and John Sheridan. Rice was awarded OCAA Player of the Year and he was also named an OCAA All Star, along with his teammate, Mitchell. On top of the



Abdikarim Hashi

Jason Rice, Player of the year.

all-star distinction, Mitchell was also this year's OCAA Scoring Champion, while Sheridan was named Rookie of the Year for the West division.

The women's team, which was champion of the West division, finished with a silver medal at the provincial championship. The OCAA award winners included Charlene Mocon, Kelsey Bardy, and head coach Brett McCully. Mocon was named OCAA Rookie of the Year, and was also a provincial all-star along with her teammate



These players have matured so much through the years. Every season we'd come back and each of these guys had grown mentally. They were more dedicated to the sport and the team.

Fabian Rayne
MEN'S RUGBY HEAD COACH

Bardy. Coach McCully was named OCAA Coach of the Year.

Fabian Rayne, the head coach of the men's rugby team, said he's proud of his players for exceeding expectations this past season.

"These players have matured so much through the years," he said. "Every season we'd come back and each of these guys had grown mentally. They were more dedicated to the sport and the team."

Rayne said he has "tremendous respect" for the progress these players have made with the Hawks.

"Rice is the leader of this team and he deserved the awards he won from the OCAA," he said. "He has brought us a lot of success."

Mitchell also has tremendous skill. Going forward, I think Mitchell has the full capability of becoming the next leader of this team."

Humber will be looking for more awards and titles when the new season begins in September 2014.



Michael Berezchnoy

The Patriots' Doug Bonar (right) races against Buzzer's Luca Doctor for the puck in their Nov. 23 meeting at Westwood Arena.

Movember moustaches raising research funds

Local hockey team has raised more than \$3,000, seeking to pass last year's total

Michael Berezchnoy
NEWS REPORTER

If there's one thing November is known for, it's the sudden jump in the number of men with moustaches.

Hockey players are no exception to this rule, as the players from Junior A's Toronto Lakeshore Patriots and the St. Michael's Buzzers took to the ice at Westwood Arena on Nov. 23, with players on both teams sporting an impressive array of moustaches.

The game was a Patriots fundraiser event for Movember Canada, which raises research support and awareness for prostate cancer and other male health issues. Fifteen players on the team have been fundraising all month long.

For Tyler Currie, a defenceman for the Patriots, this is his second year fundraising for Movember. Last year, he raised over \$1,300 alone, and has already beaten that record this year.

"I mention it to a lot of people, and a lot of them are willing to help with the



Michael Berezchnoy

Toronto Lakeshore Patriots' Luke Carter (left) and Chris Sekelyk, after the Nov. 23 game.

cause," said Currie. "That's what the whole event is about, raising awareness."

Last year, the Patriots received over \$3,500 in donations, and this year they were close to reaching that number by press time.

"We've already raised over \$3,000 this year," said Jeffrey Bomben, vice president of marketing and hockey operations for the Patriots.

"There's going to be a silent auction as well, where we plan to sell a signed stick among other things, so with

that we'll hopefully get more donations than we did last year."

Although the visiting St. Michael's Buzzers were off to a strong start, scoring the first goal in the second period, the Patriots were eventually able to make a comeback. They scored their final goal in the last few minutes of regulation time to win the game 3-2.

Ahmed Tahir, 22, a first-year general arts and science student at Humber College, said this is his fourth year

doing Movember and sees it growing more every year.

"It's fun to grow a moustache, and it's important to spread awareness about men's health, not just in regards to cancer but in general, with things like living healthy and other major concerns."

The Patriots have done many charitable events in the past, including food drives and raising breast cancer awareness. Next, they'll be participating in two toy drive games, on Dec. 11 and 14.

HAWKS SCOREBOARD

MEN'S VOLLEYBALL

1. Niagara	14 pts
2. Humber	10 pts
3. St. Clair	8 pts
4. Redeemer	8 pts

WOMEN'S VOLLEYBALL

1. Humber	12 pts
1. Fanshawe	8 pts
3. St. Clair	8 pts
4. Redeemer	8 pts

MEN'S BASKETBALL

1. Sheridan	14 pts
2. Mohawk	10 pts
3. Humber	10 pts
4. St. Clair	10 pts

WOMEN'S BASKETBALL

1. Humber	12 pts
2. St. Clair	12 pts
3. Niagara	10 pts
4. Fanshawe	10 pts