



HUMBER et cetera

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Welfare rules draw protest

by Carlo Corbo

The Ontario government has introduced a new plan which will force welfare recipients to submit to mandatory drug tests.

The plan would call for any recipient who tests positive for illegal drugs and refuses treatment to be eliminated from the welfare rolls.

John Baird, Social Services Minister, said during a press conference that the plan was not punitive in nature, but was meant to provide assistance to those struggling with drug abuse.

He said he didn't want welfare recipients "shooting their welfare cheques up their arms."

The plan is the only one like it in Canada and it comes after the provincial Tories have cut welfare rolls by about 22 per cent.

"It's incredibly wrong and damaging and further stigmatizes people that are already stigmatized."

— David Robbins

The drug treatment plan was originally introduced by the Tories in the last provincial election.

During questioning Baird admitted he had no concrete statistics on how many welfare recipients had drug problems but he

Social services minister doesn't want applicants "shooting their welfare cheques up their arms"

estimated that number to be about 10 per cent.

The plan has outraged many social justice groups. They see the plan as another attack on the poor and vulnerable of society.

"It's incredibly wrong and damaging and further stigmatizes people that are already stigmatized," said David Robbins, communications co-ordinator for the Centre for Social Justice.

Andrea Calver of the Ontario Coalition for Social Justice agrees.

"This policy doesn't address the barriers that actually exist," she said. "Harris would find that the barriers of welfare are child care, money, and employment."

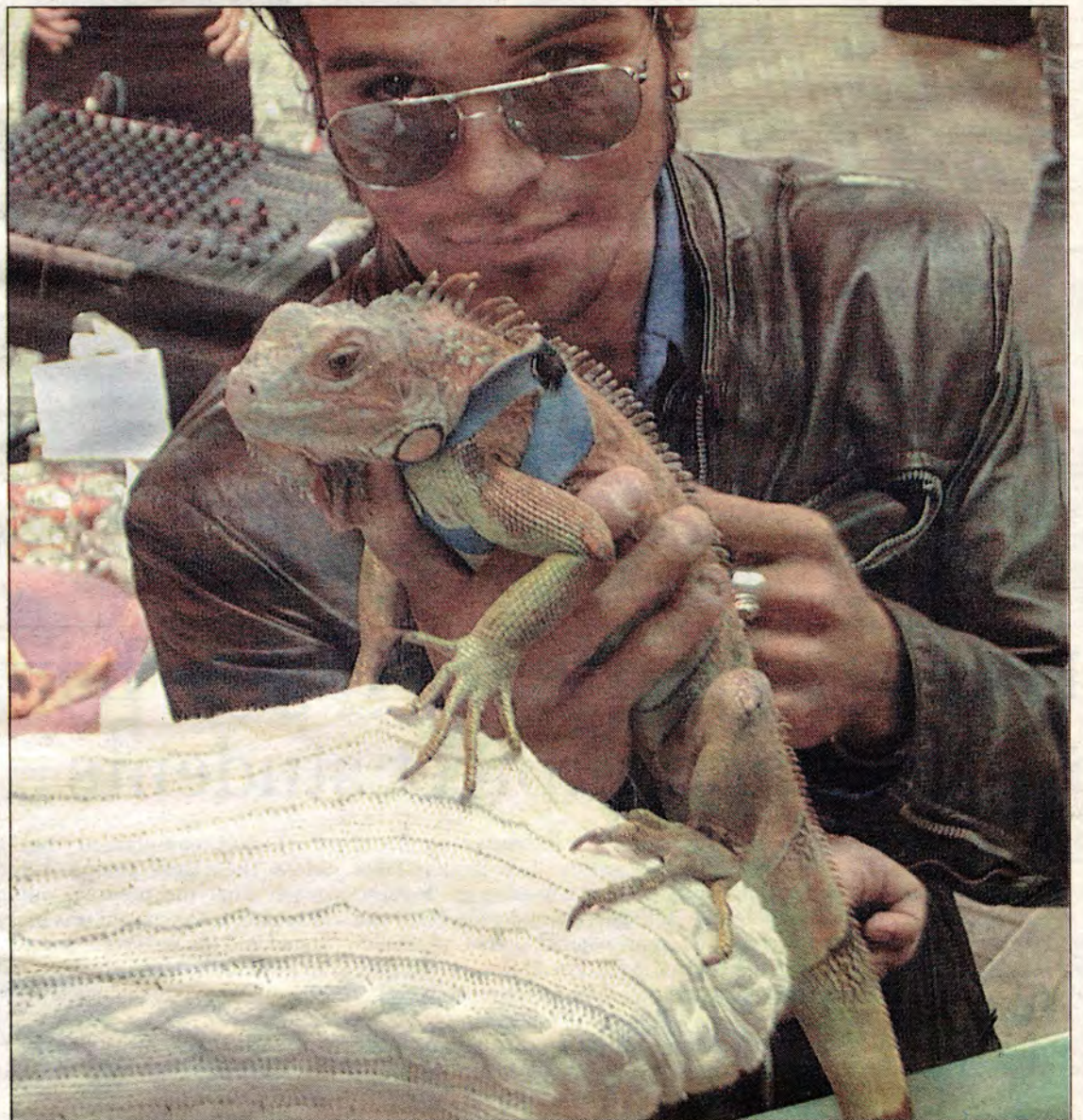
The Ontario Coalition against Poverty, a frequent critic of the Mike Harris government, also criticized the plan as an attack on the poor.

The social action groups were also upset at the way Social Services minister John Baird presented the plan during the press conference. There were posters put up depicting addicts injecting needles in their arms. He also produced a handful of syringes to further drive home the point of the drug problem with welfare recipients.

"It's an inaccurate description and a form of prejudice that the Harris government keeps engaging in," said Calver.

Baird also said the province plans to spend millions of dollars trying to help recovering addicts in the welfare system.

The legalities of such a plan are as yet not worked out. Drug abuse is considered a handicap under the human rights code and anybody who is kicked off the welfare rolls could possibly challenge the ruling as a violation of their human rights.



CAMERON FRENCH

IT'S NOT EASY BEING GREEN – But 'Trucker' doesn't seem to mind the extra attention. The Latin-American Green Iguana, pictured here with Computer Graphics student Alex Carreno, made an appearance in the Student Centre for the Latin dancers Tuesday. The event featured a vast array of foods and fashion, but Trucker threatened to steal the show, grabbing both attention and a few sweaters.

Wage increase for support staff

by Cleo Porter

Humber College support staff workers voted to accept management's tentative agreement last Thursday. The agreement includes a wage increase of 4.1 per cent per year for three years.

Over 87 per cent of the Humber College support staff workers voted in favour of the settlement. The ratification vote is still unofficial, as it must be presented to the Ministry of Labour for further review.

The management and the union had reached the tentative deal Oct. 5, after bargaining took place from late summer to early fall. The agreement averted a support staff strike throughout 25

colleges in Ontario.

"I think it's a good decision," said Helen Hrynkiw, president of Support Staff Union local 3563.

"Considering the climate we are in, I think we did very well."

Union representatives spent the evening counting votes and reached the decision Friday morning.

"We've lost nothing," said Ian Jones, vice-president of the union. "We didn't give away anything this time."

Jones added that voter turnout was high as compared to previous ratification votes.

Province-wide, 84 per cent of the support staff workers agreed to ratify the contract.

"I think that's a very good result

for us," said Nancy Hood, director of Humber College's Human Resources. "There's still a little tension in [the union] with a few negatives votes."

Hood said he believes the negativity stems from union workers who are still slightly underpaid.

A number of issues that were concerns to the union members were taken off the table by management in the agreement. One of the major issues was Term Certain.

Under Term Certain, employees would be contracted for a certain length of time. The idea was dropped in the agreement.

As well, support staff workers life insurance coverage will increase from \$20,000 to \$25,000.

et cetera asks

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Last week's results:

Do you think Humber has adequate wheelchair accessibility?

Yes - 331 No - 86



JESSICA MARKOFF

STOMPING GROUND- Eco and adventure students Adira Costillo, Daniel Loudes, Lori Hughes, and Peter Maxwell were in Humber Aboretum's nature centre on Tuesday for a class debate. Their topic of discussion was the impact of tourism on United Nations Educational, Scientific and Cultural Organization's World Heritage Sites.

Humber Charter of Rights here to serve and protect students

by Carlo Corbo

The Humber Student Federation wants to take a more active role in helping students through the process of registering complaints about how they have been treated by faculty.

"I think it could be promoted better," said Humber Student's Federation President Toby Warnell.

Humber College has a student's Charter of Rights which offers them protection from harassment, mistreatment or abuse by a teacher. There is also a formal process the students must follow to have a complaint investigated.

"The students have to take the onus to understand it," said Warnell. "They need to understand the process and that's what we're here for."

The first step, said Warnell, is to register a complaint with him.

"Students have certain rights like a safe environment," said Warnell. "If they don't know the system, they can come and talk to the president."

Except in cases of sexual harassment, the student and the person they are complaining about are asked to try to find a compromise between one another.

If no agreement is reached the formal investigation process begins.

The student must write a formal letter of complaint to the program co-ordinator of the department.

The Dean of Student Services, Judy Harvey, is then contacted and made aware of the complaint.

An investigation then ensues to

find out if the instructor is guilty of the accusation. This process takes place during a hearing and inquiry.

If they are found guilty, they can be reprimanded, asked to apologize, make the necessary changes, and may even be terminated.

A complainant can apply for an appeal hearing if they feel the process was unfair.

Warnell said this year there have been about 10 complaints.

"The largest majority of cases I have been involved in is academic and conduct in the classroom," said Warnell.

In the past, instructors who have been found guilty of violating a student's rights have been terminated.

Warnell cited one case in which

a student complained that the class they were taking did not teach what the program outlines stipulated. The matter was investigated and the instructor was found to be at fault. The instructor made the appropriate changes to the course.

Warnell acknowledged the formal process is not well known among students.

"They [students] need to understand the process and that's what we're here for," said Warnell.

He said the HSF plans to provide better exposure to the complaints process by including it on their Web site and giving it a more prominent place in the student handbook.

Student Rights:

a) the right to:

- i) express themselves, either individually or as a group, and
- ii) publish and distribute opinions on College property, either personally, through student media or through electronic medium provided and these rights are exercised reasonably;

b) the right to organize and take part in orderly and peaceful assemblies in areas specified by the College, provided they do not interfere with regular activities;

c) the right to form, join and take part in any lawful group or organization for intellectual, religious, social, economic, political, cultural or recreational purposes;

d) the right to:

i) have published and made available on request the College's rules and regulations affecting students;

ii) enquire into and be informed honestly about the reasons for such rules and regulations, and

iii) make representations to the appropriate authority of the College for changes to such rules and regulations;

e) the right, as a member of a student organization recognized by the college, to use facilities designated by the College as available for student use

f) the right to make, without fear of reprisal, a reasonable complaint or petition to the appropriate authority of the College

Native reserve communities face scrutiny

by Sangita Iyer

Far too much money is being transferred into Native reserve communities in Canada, according to an expert in aboriginal rights.

Tom Flanagan told a student seminar in Toronto last weekend the federal government now gives about \$6.5 billion per year to Native reserves for social and economic development, and that amount keeps rising.

According to Flanagan, pouring that much money into the reserves is increasing, rather than decreasing, the problems among aboriginal peoples.

Flanagan, a University of Calgary Political Science professor, said the Native reserves are from an economic standpoint "a socialist enclave in a market oriented society."

John Steckley, a Humber professor who also authored books on aboriginal history, said the government should be paying a good percentage of that money according to previous contractual agreements. The federal government rarely gives any money, he said.

"When people say treaties are signed long ago, well, so are the boundaries between Canada and U.S. and we still respect them. A treaty is a treaty and they have to respect that," he said.

Canadian aboriginals own about 20,000 large businesses, such as trust companies, airlines, shopping centres, forestry companies, saw mills, golf courses, resort hotels, and casinos. The problem, according to Flanagan, is that larger businesses are collective properties owned by the band.

They don't sell shares in the market, he said, therefore are not subject to market discipline. Nobody knows if the business is profitable because reports are not published except for government-regulated trust companies.

"I applaud the fact that this kind of capitalism exists, but looking at it from the outside, for the most part, it is crony capitalism," Flanagan said.

Flanagan, who also authored *First Nations? Second Thoughts*, said the first step to create self-reliance among aboriginal peoples is to turn down the financial tap. Then, the reserves can partially support their political system through local taxation.

"The slogan of the American Revolution was 'no taxation without representation.' But I think you can turn that around. Really there cannot be any effective representation without taxation," Flanagan said.

However, according to Steckley, taxation will not solve the social and economic problems. The federal government, he said, has always tried to handle the Native problems with money.

"Give them authority to truly govern themselves. That is the ticket, money is not the ticket. Allow people the capacity to make themselves strong. Then they are much more likely to be successful," he said.

Another major concern, Flanagan said, is housing. As a practical matter on most reserves, property is owned collectively and therefore controlled by the band chief and council. Not only is the land itself owned, but also the resources with it, such as minerals, oils, forestry resources, and gravel.

"When people say treaties were signed long ago, well, so are the boundaries between Canada and the U.S. and we still respect them."

-Humber professor
John Steckley

The problem here, according to Flanagan, is the band governments are trying to combine the tasks of municipal, provincial, and federal government.

The government controls everything, Flanagan said, and if the government can use that to steer the benefits towards family and friends, that is how you get elected as the band chief.

"An ugly portrait I am afraid, but sadly it is true," Flanagan said.

While Steckley agrees that some of the Native communities are corrupt, they are not to be faulted, he said.

"By imposing a foreign form of government on them, you create the optimal condition for corruption," he said.

The best way to respond to these problems, according to Steckley, is to allow the natives to develop a form of government, which is partly traditional and partly European.

However, Flanagan said, the solution to this problem is to introduce personal property or individual property rights, and the best place to start is housing. Rather than assigning each member a home, distributing the ownership rights to the individuals will give each a sense of responsibility.

As well, giving individual property rights to band-owned enterprises instead of having them run by a politically appointed board of governors will also provide better incentives, according to Flanagan.

"I think human ingenuity can find ways around obstacles if we give it a chance and that is really what needs to be done, is to allow the aboriginal people to find ways around the obstacles they now face," Flanagan said.

Smaller is better: Clemens

by Elizabeth Bower

A small government produces more social benefits than a large government because it maximizes economic growth and allows the private sector to perform social services more efficiently, a Fraser Institute member said on the weekend.

Jason Clemens, director of Fiscal Studies, explained to a Toronto student seminar that a society needs government to cover basic needs, yet governments who spend more than 34 percent of their gross domestic product (GDP) do not have better quality social programs.

"Canadians are getting a raw deal when it comes to the taxes we pay and the services we receive from government," Clemens said.

Canada currently spends 39.3 per cent of their GDP.

The students attending the seminar had traveled from across Ontario to better understand the role the free market plays in providing for the well being of Canadians.

Laurie Putman, a high school student who attended the seminar, appreciated the enthusiasm of the lecture, but wasn't entirely convinced of the arguments.

"What I don't understand is why the United Nations ranks Canada as

the number one place to live if our tax dollars are being spent so unwisely," she said.

Others came as outright dissidents. Dave Nickle, a high school teacher and part-time student at Trent University, was outraged at the bias of the entire seminar.

"It's such bullshit," he said. "What you've got to realize is that the Fraser Institute is fully funded by big business and they need to justify that all private [sector] is good and all public [sector] is bad."

Clemens cited several IMF studies, which researched how to maximize social outcomes such as literacy, healthcare, and a decrease in poverty. The studies found that countries with the least poverty, the highest literacy rates and the best healthcare were those that spent a maximum of 3 per cent of their GDP, he said. These countries allow the free market to take care of the rest.

"We've got to let the government focus on only those things that the market cannot provide - that way they can do their job and do it well," he said.

Looking at Canada specifically, Clemens said we must experiment with the voluntary and for-profit sectors in order to attain the best possible social benefits for all Canadians. He pointed out that we are more concerned with who provides the social services than

whether or not they are of high quality and meeting their objectives.

In New York, for example, the America Works program is a for-profit company paid by the government to train the unemployed, get them a job placement and provide any further needed counselling, Clemens said.

Wisconsin is also hiring private contractors to provide an efficient welfare system, so that the government can focus on the fundamental problems in people's lives that cause unemployment in the first place.

"By handing over welfare to the free market, these states have produced better social outcomes with substantial financial savings versus a comparable city program. It's win-win," he said.

Ontario's welfare program, on the other hand, is run solely by the government.



KEVIN WADDELL

PRACTISING THE THREE R'S - New trash and recycling stations from OMG Media have arrived at Humber to get students recycling more efficiently. In exchange for placing advertisements on the stainless steel bins, OMG has provided them for free. Humber hopes to save more than \$20,000 per year by reducing the amount of waste sent to landfills.



Pot politician not just blowing smoke

by Desmond Devoy

Alan Ward has high hopes of getting elected to Parliament.

As a candidate for the Marijuana Party in the riding of Mississauga Centre, he knows that his chances of getting elected on Nov. 27 are slim. It's the prospect of challenging people's views on marijuana that keeps him excited.

"They [voters] will be so amazed that they can hear about pot legalization in a coherent, intelligent way that they'll be so shocked they'll listen," Ward said. "It won't just be me saying 'Hey, pot's good man!' If I can keep it tasteful and on a rational level, people may not be open to it, but at least they'll listen."

Ward is a 19-year-old student studying Political Science at the University of Toronto's Erindale campus, making him one of the party's youngest candidates.

"Not too many 19 year olds would bother to get on the ballot. It does take some doing," he said.

As a student, Ward is fighting the usual battle of assignments most students are facing at this time of year, and it's having an impact on his campaign.

"It's frustrating. It's just a steady stream of work. It's eating up a lot of my time. There are a lot of essays due. My studies come first," he said. "Some of them [my opponents] have more time than me and more money than me. I haven't started campaigning yet."

The upside to Ward's candidacy is the practical hands-on political experience which is hard to find in his political textbooks.

"I think it [my candidacy] is an extracurricular support exercise, and to be able to actually go out and do something about it will make me

a better political being. University is only about theory."

Ward is looking towards his fellow students to help him get votes.

"Rez is going to be the first step [in campaigning]. I think I can

'That's odd,' or 'Good for you,'" said Ward.

Two people Ward has tried not to tell about his candidacy are his own parents back in his hometown of Montreal.



MARLON COLTHRUST

ROLLIN' ALONG - University of Toronto Political Science student Alan Ward is realistic about his slim chances at being elected the Mississauga Centre riding's Marijuana Party representative.

make more headway with college students," said Ward, who himself lives in residence.

So far, reaction to Ward's candidacy on campus has been mixed.

"I didn't have a chance to tell my class...[but] based on who I've talked to on campus, it's either

"I know they won't approve. They don't approve of marijuana legalization. I just sent them an e-mail two days ago. They haven't written back yet. It just means they're not very pleased about it," he said.

Ward hopes that once their

anger has subsided, they'll be able to feel proud of him.

"Once they see that it isn't a prank...I think they'll be pleased. In a couple of years, I'm sure we'll be able to laugh about it," he said.

Ward is serious about his issue though. Ward knows that his chances of getting elected are low, but there is more at stake than a seat in Parliament.

"Our goal is not to get into power. Our goal is to legalize marijuana," he said. "We're really a protest group in the form of a party. We don't have to get elected to have an impact."

Ward cited a poll published by The Economist magazine, showing that "63 per cent of British Columbians think marijuana should be decriminalized."

He sees this helping his party's ideal.

"I'm not surprised. I think many Canadians across the board want to see [marijuana] decriminalized in some way. I just take that [63%] as a first step," he said. "I could guarantee you that more than 63 per cent of British Columbians would vote for decriminalization."

That support may not necessarily translate into seats for the party.

"I see smoking marijuana as a right," said Ward. "In a few years time, I'm convinced that it'll be legalized or well on its way to being legalized."

If marijuana is ever legalized, Ward won't be lighting up a joint in celebration.

"I don't smoke pot. That may surprise you. I don't like it. It's not for me. If it's offered to me, I won't smoke it," he said.

Ward is encouraging everyone, including younger people, to go out and vote in upcoming Federal election.

"Voting is important. Voting is a very important tool for social change. But it's not the only tool. I'm an idealist I guess," he said. "Politics is the people and if we forget that, we're not a democracy."

On election night itself, though, Ward will be keeping a low profile.

"I will be most likely at home writing an essay [on election night.] After I cast my ballot, that's it. I'll look at the results, I'll smile, I'll talk to my friends about it, that'll be it."

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CAMPUS LIFE *et cetera*

"Humber has been wonderful for me, because I can see myself where I was and where I am going."

- Wayson Choy
see 'wine bar'

Rubbing Camp Trillium the right way

by Lindsay Robertson

A bottle race down the Humber River is Humber's way of helping kids with cancer get to camp. A group of second-year Recreation and Leisure students have organized a bottle race to raise money for Camp Trillium, a childhood cancer support centre.

All students are welcome to attend, and are encouraged to buy tickets as well.

Second-year Rec and Leisure student Natasha Agaoglu said, "It's going to be a great event, because all the proceeds will go to Camp Trillium."

There are booths set-up on Tuesdays and Thursdays in front of Java Jazz to sell tickets, which are \$2 each, or three for \$5. Students write their names on the backs of the tickets.

"Each ticket has a little inspirational message on the back," said Agaoglu.

At 2 p.m. on Nov. 30, one thousand waterbottles, each with a ticket inside, will be launched into the

Humber River behind the Residence.

The people whose names are in the first three bottles to cross the finish line may collect their prizes, which include a night at the Weston Harbour Castle, Leafs tickets, or Raptors tickets.

But that's not the only chance to win part of the \$1,000 in prizes.

There are pre-race games in front of the Pipe at 10:30 a.m., including a tricycle race and an ice-cream eating contest. Winners will collect various prizes such as CDs donated by sponsors.

"We're hoping to have a lot of people at the pre-game races," said Agaoglu.

Sponsors include local businesses and recreation facilities, that donated prizes, and materials such as the net that will catch the bottles, and boards put in the river to direct the bottles during the race.

Once all of the bottles are collected after the race, "we're making a collage of the event with two or three hundred of the bottles, and giving it to Camp Trillium," said Agaoglu.



LINDSAY ROBERTSON

MESSAGE - Put a message in a bottle and send a child with cancer to camp.

Humber butts out Talented jazz musicians set to come to Lakeshore to entertain

by Steven Cox

Registration for the Humber College Butt Out program was lower than organizers had hoped.

Only six people signed up. "It was disappointing," said Leanne Henwood, who organized this project. "A number of people expressed an interest when the posters went up."

The posters have been seen around Humber for the past few weeks. The participants needed a friend to act as a coach and help them to quit smoking.

Those who joined received

books from the Canadian Cancer Society which gives them steps to quite smoking. The coaches received a pamphlet on how to help get their friends to quit. The goal is to quit by Weedless Wednesday, Jan. 17.

Henwood said the students who are still interested can sign-up in her office, located at the back of the weight room in the fitness centre.

Participants will receive e-mail encouragement and helpful tips. "Everyone that signed-up had been trying to find a way to quit," said Henwood. "They are hoping this will be that extra push."

by Mark Nonkes

Expect a night of toe-tapping tunes when two of Canada's most talented jazz musicians lead Humber students in concert on Nov. 29.

Juno Award winner Pat LaBarbera and Don Thompson, Humber faculty, will each direct a group of the finest students in the Humber Music program.

"I just know they are good, they are raved about by all the staff and they are internationally known," said Joy Brown, a third-year Music student studying keyboarding.

Mark Promane, Humber music ensemble co-ordinator, said both groups will play mainstream jazz.

"It's music that is directed by the finest musicians in the world and probably the finest musicians studying jazz in Canada," Promane said.

LaBarbera's group will feature students on tenor saxophone, percussion, and trumpet while Thompson's group will be bigger with horns and percussion.

Thompson arranged the music his group will play. He plays the vibes, piano, drums and bass.

"I've heard that he plays all those instruments better than a lot of really good jazz people who are specialists on those instruments," Brown said.

LaBarbera won a Juno last year for Best Traditional Jazz Album - Instrumental for his ballads album *Deep in a Dream*.

Laila Biali, a third-year Music student who specializes in piano and vocals, will play in the *Straight Ahead Jazz Night* in LaBarbera's ensemble.

"Hopefully it will make them get up and dance," Biali joked, "Hopefully everyone will be bobbing their heads."

Last year a student from the Humber Music program, involved in Thompson's ensemble, won an award for the best college or university jazz student.

"There are two or three other people in that band that could win it again this year," Promane said.

Second-year Music student, Jeremy Daw, said he plans to attend the concert.

"They are both great musicians, I don't know that much about them but other people have told me they are musical geniuses," Daw said.

The concert will take place at 8:00 p.m. in the Humber College Lakeshore Auditorium. Tickets are \$8 for adults and \$5 for students and seniors, and are available at the door.



MARK NONKES

SWEET SOUND - Lakeshore music students Jamie Ruben, Bernard Caehler, and Nick Robertson are looking forward to jazz night at the Lakeshore campus.

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New Standards for Jazz program

by **Brianne Binelli**

They may not be stars yet, but their new CD has students from the Jazz program at Humber's Lakeshore campus enjoying the taste of success.

New Standards: Volume Two, is a nine track CD released at the beginning of the year. It features a number of jazz students from Humber's Lakeshore campus performing Jazz and Fusion, modern jazz mixed with rock music.

"It's all basically student ensembles that either did a recording session for a class called solo performance... or they [the students] were recorded at their final recital live on stage," said woodwind co-ordinator Mark Promane.

The ensembles are made up at the beginning of each year when each student plays for their specific music co-ordinator.

"It was flattering, it was nice to be in one of the bands that was chosen to do songs."

- Peter VanHuffel.

Depending on how much the student has improved over the summer, he or she will be placed in one of the 32 ranked ensembles accordingly, said fourth-year Jazz student Peter VanHuffel.

Ensembles are then ranked accordingly.

The best performance at the recording studio from the top five or seven ensembles are then used on the CD.

VanHuffel, who plays saxophone, was in a high ranked ensemble that earned him the opportunity to be featured in three of the tracks from the latest CD.

The first song he played, "I don't

know," was written by Promane, the head of the ensemble.

Dayne Lunn a guitar player from the ensemble wrote the second song, "Thought through time."

"I did a recording with one of my own groups at the school, and they decided to do one of the tracks," said VanHuffel as he explained. "Six past seven," under the Peter VanHuffel quintet.

"The music is very entertaining, so if you bought it you wouldn't be disappointed."

- Mark Promane.

VanHuffel was somewhat modest about having tracks on the CD.

"It was flattering, it was nice to be in one of the bands that was chosen to do songs," said VanHuffel.

VanHuffel is hoping this experience, along with the recording of his own CD under the Humber label, will help him get ahead in the music business.

With *New Standards* being sold at showcase performances at Lakeshore, VanHuffel is hoping to get the exposure he needs.

Even though *New Standards* is great for students like VanHuffel he understands the exposure it gives the school.

"It's really good for Humber it will allow people to hear the school a little more and hear what's happening," VanHuffel said.

New Standards is recorded each year to show other schools the work that is being done in the Humber Jazz department. But Jazz enthusiasts can pick the CD up in the music department at Lakeshore for \$15.

"The music is very entertaining, so if you bought it you wouldn't be disappointed," said Promane.

Open the doors to Humber

by **Maxim Ivanov**

Humber is having an open house for continuing education this Saturday.

The open house will consist of different exhibits, tour guides, and information sessions throughout the school, letting adults know of programs available.

"We are just trying to raise awareness of Humber College and the continuing education opportunities that are here," said Teresa Sottile, conference manager.

Different demonstrations include courses on-line, career matchmaking and artist's world.

Representatives from many of Humber's programs, including a few guests from different associa-

tions will be available to answer any questions in the Student Centre.

Additionally, tours will be provided for prospective students to introduce the school's facilities.

Adults are not the only ones that are welcome.

"Kids are welcome, because it is a Saturday, and we have some fun activities for them, for example face painting, cookie decorating," said Sottile.

As for everyone else, there'll be a few prizes to be won, including free tuition for a continuing education course.

The open house will take place from 9 a.m. to 3 p.m. To learn more check out <http://cecal.humber.on.ca/experience.htm> to learn more.

Rez is alive with the sound of music

by **Pamela Lidstone**

Students living in residence will now be able to express themselves musically and meet other musicians living in rez.

Thanks to a project started by Nick Springate, a second-year Computer Programming student and a second-year student living in rez, residents will be invited to play

music in the conference rooms on Saturday evenings.

So far Springate's band Turnover has been the only to turn out at the activity, but he hopes that many more students will want to get involved.

"It's gonna be a blast," he said.

Anyone interested in joining or watching the jam sessions is welcome to go down to R114/R116 on

Saturday evenings or they can contact Nick Springate.

Springate was able to get approval to hold the activity in the residence conference rooms from Peter Lam, residence life co-ordinator and from Derek Maharaj, residence manager.

Springate started this activity so "all the students in rez can come together and jam."



MELANIE JUSTASON

LIVIN LA VIDA SALSA -
Alex Carreno, a computer graphics student, and Evelyn Reyes, a nursing student, dance the afternoon away at Humber's Cultural Week.

Humber literary wine bar

by **Alejandra Mantilla**
Randy Cooray

The second annual literary wine bar was deemed a tremendous success by authors and those who attended the reading at the Seventh Semester on Tuesday.

Aside from being tempted by appetizers those in the packed Seventh Semester heard passages from the writings of Humber Communications Professor Wayson Choy and Globe and Mail columnist David Macfarlane.

Choy, an instructor at Humber since 1967, read from his most recent book *Paper Shadows* which is an account of his own childhood experiences in Vancouver's Chinatown.

Choy adds an interesting and humorous twist to the stories of his life, and was rewarded with a number of laughs and cheers from viewers. He credits Humber with his success as a writer.

"Humber has been wonderful for me, because I can see myself where I was and where I am going and some students may see that as a good example," said Choy.

"Now and then a student would come along who was specially gifted and that reminded me of when I was young and a teacher noted that

I probably loved words more than most people. I am inspired by the fact that students also have a place where they start and they can be recognized and encouraged as I was."

Choy reflected on his start, particularly on his first novel *The Jade Peony*.

"I knew that one day I would be a writer, and it was so lucky to have written some stories that were anthologized. One day a publisher phoned me and asked if I would write a book for him." But, Choy said even then he was reluctant to sign the contract.

Now he's working on his third book *The Ten Thousand Things*.

Journalist turned author David Macfarlane, read from his story, *Summer Gone* a tale that found itself on the shortlist for the Giller Prize. MacFarlane has won a number of awards in both the journalism and creative writing field.

The novel, he said, began with a single thought.

"The summer is a magnificent season, very beautiful, extraordinary in some ways, but very short," said Macfarlane.

"Even as a child that impressed upon me a kind of sadness ... that the brevity of summer was linked to the beauty of it."

The novel was inspired by this theme and its analogy to life. "It's unique to people in a northern climate that you hang on the beauty of summer but you know that it is fading. In a way, that's what life's like as well."

The book has a deeper message though.

"There is a strong environmental side to *Summer Gone*," Macfarlane said. It became apparent to me that the kind of summers the people of my generation have enjoyed is, in fact, threatened indeed the way that our environment is threatened in general."

Macfarlane is now working on his next publication, which is a non-fiction novel dealing with the marble quarrying towns in Tuscany.

Organizer Mary Jo Morris said she couldn't have asked for a better turn-out.

"It was wonderful," Morris said. "Since quite a few students came, it brought a change in atmosphere and David Macfarlane saw the number of students and changed one of the passages to recite, so it was great."

The next literary reading will host two Governor General's Award winners, David Adams Richards and Humber College instructor Paul Quarrington on Dec. 13.

Networking at both campuses

Lakeshore breakfast success

by Mike Dal Maso

Business students at Lakeshore had their hands full last week while they greeted and talked to representatives from various companies during a networking breakfast organized by the School of Business.

Ann Tsigielis, event organizer and career services advisor, said she was ecstatic about the morning's overwhelming success.

"All the students were dressed impeccably," she said. "I was so proud of them because for two weeks we've been working very hard with the students. They've been coming in to make sure their resumes were up-to-date and properly done."

"This is a pretty amazing group. I'm very pleased that I'm working really closely with them."

The breakfast gave students the opportunity to sit and talk with potential employers and, according to first-year Business Administration Co-op student Billy Cloutre, the hard work was well worth it.

"It's a great way to get your foot in the door. I've already gotten myself an interview," he said. "I thought it was good for us, as first year students, to know what the companies are looking for."

The networking breakfast was

open to a wide mixture of business students including those from the Business Management program to those in Microcomputer Management. The diversity was something that impressed Trish Duivesteyn, a human resource consultant for Hepco Credit Union.

"We came in ideally looking at financial services," said Duivesteyn. "But we've seen some great candidates from business admin as well, and the other [programs]. They can all offer our organization quite a number of things."

Hai-Huong Mac, a first-year Business Administration Co-op student said students need to sell themselves to the potential employers.

"You don't get the chance to talk to the Royal Bank," she explained. "I'm trying to tell [these companies] about the great opportunities that co-op students could bring them."

The informal air of the breakfast was what students and companies appreciated most of all. Elena Howard, a representative for Hepco Credit Union, took note of this.

"It's not as formal as 'okay come in for an interview'," she said. "[The students] get to drop off their resume and talk to us. We get to talk to [the students], and there's not as much pressure. That's what's nice about a situation like this."



MIKE DAL MASO

TALKING – Getting down to business at Lakeshore.

Business prospects come to North

by Alexis S. Zgud

Coffee, croissants, and careers were on the agenda for students and employers at the Career Centre's Networking Breakfast last Wednesday.

Approximately 70 North Campus Business students met with representatives of 10 companies to network and discuss future job prospects amid an intimate breakfast setting in the Humber Room.

Guest speaker Karen Fast opened the breakfast with a short speech that included her personal philosophy, "If it is to be, it is up to me" to encourage students to take the responsibility and initiative to find a job they'll enjoy.

Following the speech, students moved from table to table meeting with employers and enjoying breakfast.

Third-year Business Administration students Anna Pracon and Helena Ziolkowska, attended the breakfast to meet with representatives of the banks and get an idea what employers seek when they are hiring.

"Networking always works. You're not just talking to a piece of paper, you're not just talking to a phone. You're meeting the person that represents the company."

- Artar Dhaliwal

"I just wanted to see what employers are looking for, what they want, and how to get a job later on," Ziolkowska said.

Artar Dhaliwal, a Summer 2000 Marketing grad, says networking gives otherwise faceless companies, a face that can be recognized.

"Networking always works. You're not just talking to a piece of paper, you're not just talking to a phone. You're meeting the person

that represents the company," he said. Employers that attended the breakfast were Freedom 55 Financial, World Marketing

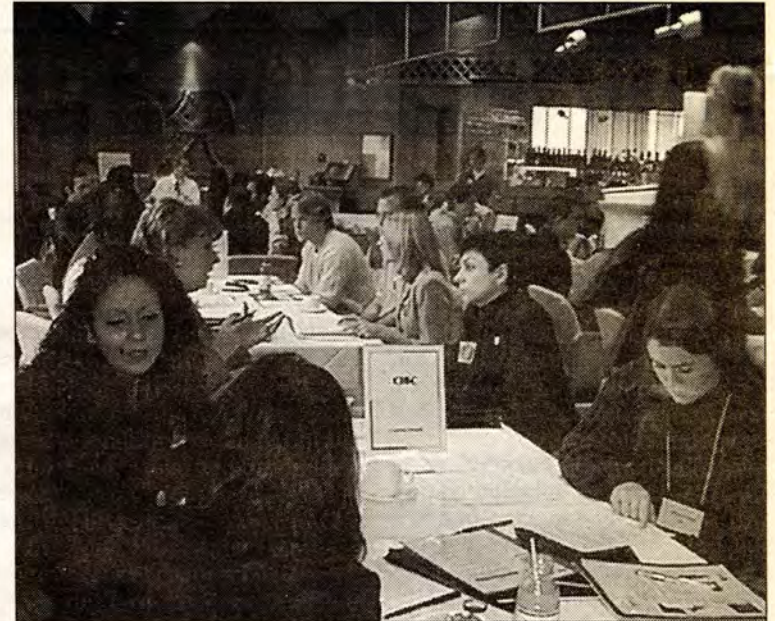
Alliance, Merisel Canada, Clearnet, CIBC, Scotia Bank, Enbridge Services, Enterprise Rent-A-Car, Campus Worklink, and RBC Insurance. Cynthia Edonel, a resourcing consultant for CIBC, said her company attended the breakfast to help students prepare for an industry that has seen dramatic changes in recent years.

"We had been stable for hun-



ALEXIS ZGUD

HAPPY – Another satisfied customer at the networking breakfast at Humber's North campus.



ALEXIS ZGUD

HOPEFUL – North Business students are hopeful in the prospect of finding employment when they graduate.

dreds of years, but we did a complete flip. We became proactive anticipators of people's needs," Edonel said.

CIBC's presence at the breakfast was a chance for the company to gauge the preparation of students coming out of colleges and universities. Edonel said the banking industry may be moving at a rate too fast for standard graduates.

"One of the things we're concerned about was that students were coming out of schools partially prepared for progressive roles. One of the best ways for us [to fix the problem] was for us to maintain a more effective partnership with universities and colleges to give them a sense of where we're moving," said Edonel.

"I think the small setting gives them a chance for employers to interact and quells the fear for the students."

- Andrea DeNoble

Stacey Andrews, a representative of Campus Worklink, liked the idea of the networking breakfast.

"It makes them aware of what type of employers are out there and gives them the opportunity to meet with people who may be their colleagues a few years from now," said Andrews.

Andrea DeNoble, the Human Resources recruiting co-ordinator for Enterprise Rent-A-Car, was impressed with how well students were prepared for the breakfast.

"The students were very well prepared, asking the right questions, dressed well. The Career Centre prepared them well. I think the small setting gives them a chance for employers to interact and quells the fear for the students," DeNoble said.

Overall, Business programs co-ordinator Sylvia Ciuciura said she felt that breakfast was a success.

"I think it was wonderful. The energy and enthusiasm of the students is what they find appealing. Nobody wants to leave when it's over," she said.

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— www.rxnature.com

The average OCD sufferer will spend over nine years seeking treatment before they receive a correct diagnosis.

— www.ocfoundation.org

HEALTH et cetera

Habits out of

by Charlotte Brown

The constant counting and recounting of objects or the repeated washing of hands might not be just a habit.

One in 50 adults has obsessive-compulsive disorder. Out of these people, only one in 40 recognizes these 'habits' as obsessive-compulsive disorder (OCD).

OCD is a neurobiological disorder that causes problems in information processing. It is considered an anxiety disorder that has no cure and results in a compulsion. A person with OCD suffers intense anxiety.

"It used to take me 30 to 45 minutes just to get into bed," said Matthew Brown, a second-year architecture student. His obsession is hand washing, nail clipping, and doing things in threes.

"I know that three is an important number for some people, but

Common Obsessions:

- Contamination; fears of germs, dirt, etc.
- Imagining having harmed self or others.
- Imagining losing control of aggressive urges.
- Intrusive sexual thoughts or urges.
- Excessive religious or moral doubt.
- Forbidden thoughts.
- A need to have things "just so".
- A need to tell, ask, confess.

Common Compulsions:

- Washing, repeating, checking, touching, counting, ordering, arranging, hoarding, praying.

for me, I don't know where it came from. It's gotten better ... but it is obsessive-compulsive," Brown said.

Dr. Maria Spencer, an on-call doctor at The Doctor's Office in Toronto, said although there is no definite chemical cause of the disorder, it is believed by many medical professionals that OCD may involve abnormal functioning of the neurotransmitter, serotonin, in the brain.

"They are really trying to make sure that whatever their obsession is, it is being taken care of," Spencer said. "Stress can really affect it too. A person who suffers from obsessive-compulsive feels they can never be sure what they are concentrating on is going to be looked after fully ... this originates in the brain."

OCD is the presence of recurrent, intrusive thoughts, impulses, or images (obsessions), or repetitive behaviours or mental acts (compulsions). They are generally unwanted behaviours and/or thoughts that occur very frequently.

"Sometimes I try to stop myself ... I hide it because I know I look really stupid, but I can't help it," Brown said.

According to the Obsessive-Compulsive Foundation, common symptoms include contamination fears, excessive hand-washing, horrific thoughts and images, and checking and counting rituals.

Obsessions may change, or a person may add new ones or alter old ones. If untreated, OCD may progress to the point of taking up all of a sufferer's waking hours.

Henry Placko, the manager of internal relations at the Obsessive



CHARLOTTE BROWN

HABIT OR OBSESSION? — Obsessive compulsive is an anxiety disorder with no cure.

Compulsive Foundation, said OCD has been considered to have both psychological and biological components.

"There are these certain abnormal brain functions that have been identified in OCD patients.

Treatment can help, but these abnormalities can't always be avoided since a lot of them are born with it, and then traumatic experiences make the OCD explode," he said.

There may even be a biological link — Matthew's mother Louise also suffers from OCD.

"I don't think I do it as much anymore, but now I'm listing off all this stuff," said Louise Brown. "Sometimes I try to stop myself when I notice that I'm doing it, but I normally can't help it or stop it."

Also, related disorders frequently co-exist with OCD including depression, anxiety disorders, social phobia, panic disorder, Tourette's Syndrome, and attention deficit disorder. Although it is not clear whether these disorders are related to OCD, Body Dysmorphic Disorder (BDD), Trichotillomania (hair pulling), and impulse control disorders have been detected in most patients.

Although there is no cure, doctors try to treat the symptoms in hopes of reducing the obsessions.

The Yale-Brown Obsessive Compulsive Scale (YBOCS) is a tool medical professionals use to grade the severity of OCD in a person. It is based on the amount of interference, distress, and control a person

has due to OCD.

The most common treatments are drug therapy and behaviour therapy. The most effective medication is Prozac. Up to 80 per cent of OCD sufferers will improve drastically with proper treatment.

"It is really important that people don't feel afraid. A lot of obsessive compulsive people will hide their disease, but they can't get help that way," Spencer said.

The most common form of behaviour therapy is knowledge and education.

"It's important for family and friends of an OCD sufferer to be educated about the disease as well," Placko said. "If they know what's going on, they can help with the administration of treatments."

An alternative look at the future of medicine

by Lindsay Robertson

The face of alternative medicine has drastically changed over the centuries and continues to do so in the new millennium.

Only two decades ago, general practitioners wouldn't discuss any medicine that wasn't mainstream. Now, people have been running out and buying herbal remedies, using popular detoxification diets, and trying vitamins and acupuncture as alternative medicine becomes more widely accepted.



BRIANNE THOM

MEDICINE OF THE FUTURE — Many people are making use of alternative therapies, such as yoga.

Canadian midwives are now licensed to deliver babies at the hospital and in homes and doctors are integrating alternative medicines into their traditional practices to offer better care for patients.

The Fraser Institute reports 73 per cent of Canadians have used some kind of alternative medicine at least once. The federal government even pledged \$7 million to regulate herbal remedies this year.

The definition of alternative medicine varies. Some say it is holistic in nature, treating a per-

son's mind, body, and spirit as parts of a whole. Others say it is the use of safe, natural methods to help the body heal itself and prevent disease. Another definition is the collection of unproven remedies, theories, and practices that lack clear-cut scientific validation.

Joe Schwarcz, chemistry director at McGill University, investigates natural medicine. He said everyone's outlook depends on their own definition of alternative medicine.

Schwarcz said often people are "fed a false bill of goods by alternative practitioners."

"People are buying into hope instead of fact," he said.

Usually traditional and alternative medicine seem to be pitted one against the other, but now hospitals have started integrating alternative methods with their conventional ones.

Dr. Mary Hardy works at the Cedar-Sinai hospital in Los Angeles, where integrative medicine is practiced.

"We knew there were patients seeking new therapies and getting benefits from them," Hardy said. "We wanted to offer those therapies

in an appropriate way."

"I think this is the future of medicine. The efficacy and best way to use these options still need to be worked out, but the union of the two will continue and they will change each other," she said.

Dr. Andrew Weil of Harvard has been studying natural medicine for twenty years. He said sometimes alternative medicine is beneficial, and other times, conventional treatment is more successful.

Weil said traditional medicine is better at treating trauma, surgical emergencies, and bacterial infections. As well, conventional practices include the benefits of reconstructive surgery and vaccinations.

He said natural medicine is more effective in preventing viral infections, the incidence of chronic degenerative diseases, allergies.

Alternative medicine has been around for centuries, but has just recently regained popularity. It includes many traditions, such as yoga, meditation, herbalism, homeopathy, aromatherapy, and naturopathy.

It is important to be informed when using alternative medicine.

Find a well-known practitioner that can be trusted, read available literature, and don't be afraid to ask questions.

Alternative Therapies

- **Naturopathy** — Body contains everything it needs to function properly on its own. Include nutrition and exercise therapy, natural foods, herbal medicine, and stress reduction.
- **Homeopathy** — Law of similars, meaning a substance that causes symptoms in a healthy person can cure a sick person with the same symptoms.
- **Oriental medicine** — Creating a balance between physical, emotional, environmental and genetic influences. Practices include acupuncture, herbology, massage, and exercise systems like yoga and tai chi.
- **Manipulative therapy** — Includes massage, muscular manipulation, reflexology, applied kinesiology, chiropractic therapy, and movement therapy.

EDITORIAL *et cetera*

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Alliance puts foot in mouth

How many licks does it take to get to the centre of the Canadian Alliance party?

Hopefully for their PR department, not any more than three. The most recent blunder by Saskatchewan candidate Brian Fitzpatrick has him accused of making an anti-Native slur when he joked at a Native organized debate that, "You can't scalp me, because I haven't got much hair."

Add that to Winnipeg South Centre candidate Betty Granger's complaint that West coast immigration is an "Asian invasion," and Alliance strategist John Mykytyshyn suggestion that Atlantic Canadians are lazy, and you have to wonder if the whole can be different than the sum of its parts.

Still in its infancy as a national party, what other choice do they have than to preach the same multicultural and inclusion politics tried and tested by more mature factions?

But sometimes baby doesn't like the strained peas and the soiling of the diapers begins. At this rate, with Alliance candidates blurting out whatever comes to mind, Stockwell Day will be up to his armpits in Pampers.

Maybe the problem lies with an inability to keep personal beliefs and bad jokes under wraps. The blunders of a few candidates does

not necessarily reflect on the overall politics of a political party, but Granger, who resigned last Sunday, later said that her resignation may have been based on pressure from Day's officials.

So what's the lesson here? Don't voice your beliefs because they may be racist or offensive, or don't voice your beliefs because you may have to resign if you do? Even if you're not overly apologetic.

The Liberals, the Tories and the NDP have been in the game a lot longer than the Alliance, but does that mean that they're devoid of candidates or employees harbouring politically incorrect views?

The Reform party was more forthcoming when it came to voicing their 'new' ways of thinking, but in a federal climate they may have been a little too harsh for Canadians to accept.

Enter the Alliance party, which has a long way to go to catch up to their competitors tight-lipped techniques under high media scrutiny.

Clearly, gaffes made by any candidate during an election campaign is going to attract intense media scrutiny. The problem for politicians is media coverage often influences public opinion and can have an enormous impact on elections.

Now that Canada has seen the soft, gooey centre of the Alliance, it may be a matter of time before this Tootsie Pop gets eaten up.

Welfare tests too severe

The provincial government, in its infinite wisdom, has devised a new plan that will force welfare recipients to submit to mandatory drug tests.

It is unfair and will only create more problems in the GTA and throughout the province.

People applying for welfare are doing so for a reason. They do it so they can get , put food on the table, and be a normal part of society. They don't get on welfare to do drugs.

John Baird, Social Services Minister, said the plan was not punitive in nature but was meant to provide assistance to those struggling with drug abuse.

That's wonderful on paper, but if these people do not get welfare assistance then they will continue to be drug addicts except they will be on the streets of Toronto.

Wasn't it the idea of the Harris government and Mel Lastman's municipal government to eliminate the homelessness problem?

What this new plan will do is keep some welfare recipients on the streets and drug dealers in business.

Baird also said he didn't want welfare recipients "shooting their welfare cheques up their arms." That is a very brash and ignorant comment and a generalization against all welfare recipients. It also helps to shape public opinion about people who apply for welfare.

When Baird was asked how many welfare recipients had drug problems he didn't have any concrete statistics but estimated it at 10 per cent.

How can you propose a plan when you don't have specific numbers and statistics to back up what

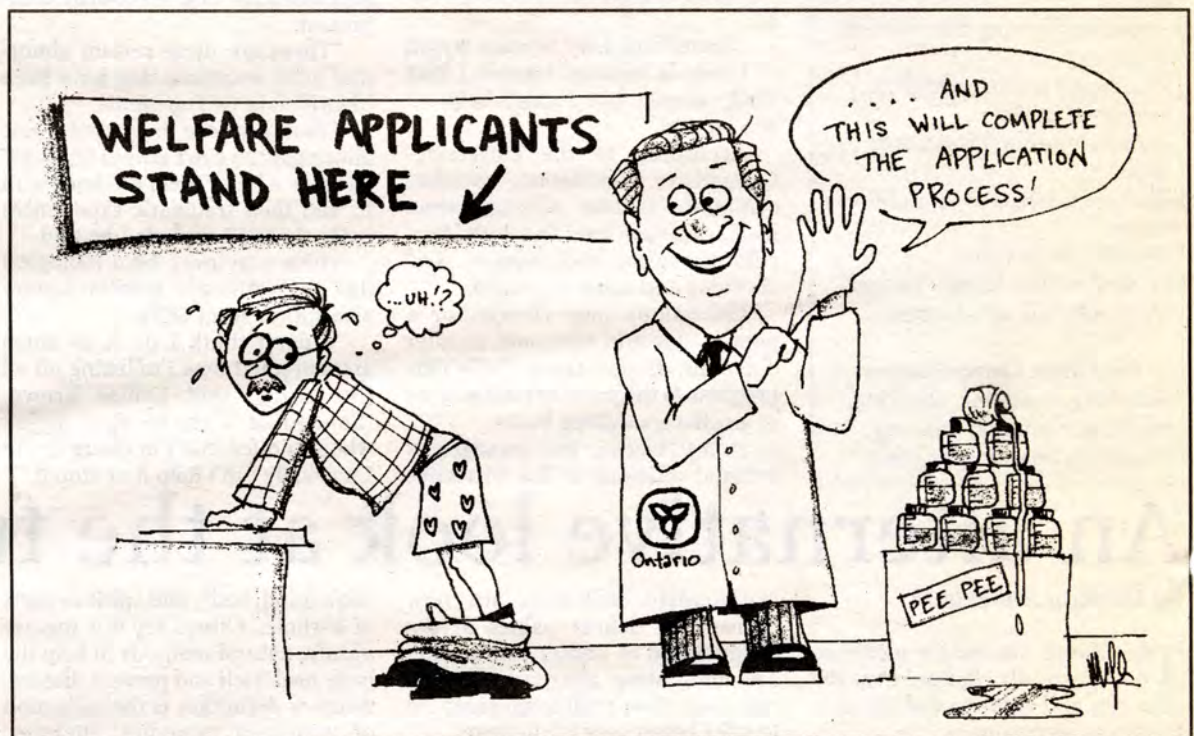
you're proposing?

The proposal has already outraged many social groups and individuals that are on the welfare programs.

They were also upset at the way the proposal was presented. At the presentation, there were posters depicting addicts injecting needles in their arms and Baird produced a handful of syringes to drive the point home.

Both of these actions reinforce negative stereotypes, and categorize everyone who applies for welfare as addicts. It is a form of prejudice against anyone who is on the welfare and those who will apply in the future.

What Baird and the Harris government have to do is check the facts and get real proof before they pass legislation, and not to offend those on welfare.



Letter to the editor

I was most impressed with your article, "LGBT Raises Awareness at Humber", in the November 9, 2000 edition of Humber Et Cetera.

The courageous action Vivian Laurentano has taken by coming out in such a public way is both inspirational and affirming. As a lesbian faculty member, it has been my experience that Humber College is a conspicuously heterosexual environment, and not especially celebratory of queer (i.e. lesbian, gay, bi-sexual, transgender) sexuality.

The lack of strong LGBT student presence on campus is disappointing. I applaud Vivian for her determined efforts to strengthen and promote Humber's LGBT club. Vigorous, active leadership is essential to creating a positive

space where students can feel free to express, explore, and celebrate their sexuality. Vivian is clearly providing such leadership and creating welcoming opportunities for LGBT students to connect with each other.

I feel hopeful that the gutsy actions of people like Vivian Laurentano and the higher profile of the LGBT club will provide ongoing opportunities for the College community to expand our understanding and appreciation of diversity in its many forms.

**Maureen Carnegie,
 Counselling and Disability Services
 North Campus
 Room D128
 Ext. 4774**

HUMBER *et cetera*

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 Office 231, 205 Humber College Blvd.,
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 Phone (416) 675-6622 ext. 4514.
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OPINION

et cetera

Another fantastic voyage for our intrepid scribbler

The city of Toronto is beginning to wear on my frayed nerves.

It's fair to say I've had enough of this god-awful cesspool, this repugnant hole, this festering scab on Canada's arse.

Ah Toronto, where the architecture is ugly and the people even uglier.

Where the bus drivers are mean and the passengers even meaner.

Speaking of mass transit, I do not enjoy using the TTC. It's unreliable and inconsistent. Buses come whenever they want, sometimes not at all. The inside of the bus often feels like a stew of strange and swirling smells.

So let me now tell you about the worst one ever to grace the hair of my nugget-filled nostrils. It was yesterday, about 11 a.m. I'm on my way to school, aboard Starship Wilson 96. After flashing my metropass to the dour-looking captain, I survey the seating scenario. As usual, the front is pure geriatrics, with old ladies of all shapes and sizes and their shopping bags plomped down on the hard chairs. I scan the back, everything's clear except for a few greasy stragglers and the odd sleeping student.

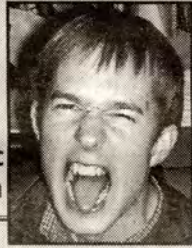
I make my approach.

There's an empty seat in the very back. Sitting down with my *Globe and Mail*, I notice there's a nice picture of Joe Clark's foxy daughter Catherine on page A9. She has nothing to do with the story, but like I said, she's foxy. So he gets in the paper.

Then it hits me. Like a Mack truck. The stench.

Oh, it's worse than anything I've ever imagined. And it's coming from the strung-out couple to my left, a man and woman, seated within a foot of me. Geez, don't these people ever bathe? It's just too much, oh help, oh God or whoever's up there please make it stop.

**Brett
Clarkson**



The stench: it's like a loaf of feces dipped in week-old puke, then wrapped in a coating of stale tobacco. It's phenomenal.

These are the joys of public transit, where one's jaunt to school can end up feeling like a trip through an elephant's anus.

I gasp for air, and feel the tears welling up. My brain slips into panic mode, and my hand instinctively clasps my nose. I notice the red fabric on the seats. It seems to be changing colour.

I'd love to present them with a cloth and some turpentine and tell them to get scrubbing, but I can't bring myself to speak. The whole back of the bus is like nuclear meltdown.

As for the poor chap sitting next to the couple, his eyes are watering profusely, and he looks dazed and incoherent. I swear I hear him muttering under his breath, "I'm not a bad person, not a bad person," and "what did I do to deserve this?"

Then the couple exit the bus at the community centre/Delta Bingo hall on Wilson. I finish reading my paper.

But enough's enough. It's time to get away from it all. At least out of Toronto for a while.

So after dusting off my Harley Davidson Visa card, I'll get a perm, buy some paisley Speedos, and get the red-eye to Brazil. Hell, we all deserve a little Rio now and again, where the beaches are white and my pasty skin is even whiter.

Viva white-trash!

Tripping through the depths of a mall

When you enter a mall, you're entering a time warp, another dimension where no one has souls but are dressed very fashionably. You walk in, the sun is shining, and birds are singing in that joyfully annoying way of theirs. When you walk out, the moon is up, the parking lot is empty, and so is your bank account.

Take one look around the mall.

Everyone has this glazed, numb look in their eyes like they'd gone there with a purpose long since forgotten. They look just like you do. They clutch their bankcards with white-knuckled hands.

Have you noticed the air in malls? After being there for ten minutes, you feel sluggish and vulnerable. At this point, a passerby could sell you anything if only they could tell you why you are there in the first place, how you got there, what time it is and if they happen to know your name. In desperation, you glance around for a way out but you can't seem to gather up the energy to seek out the elusive exit doors. (Please note the bathroom doors are equally elusive because they are rest areas where you might

be capable of gathering some strength and figuring out an action plan.)

This general exhaustion is the mall's way of helping you decide you need sustenance. So you buy some crappy, expensive mall food and you find yourself somewhat energized again. You decide that you could really use a new stereo system and suddenly, it seems to be within your budget. You begin to rationalize your behaviour with thoughts like: you only live once, it's only money, or I can live on soda crackers and Mr.Noodles for a month - again.

And what is it with that mall walk? Is it really necessary for people to walk 1/100ths of the speed they would normally walk? Lately I've noticed that this kind of behaviour is no longer exclusive to malls. It's happening everywhere now. People do it on busy sidewalks and in the school hallways while the rest of us frantically try to pass. There should really be passing lanes on sidewalks. I'm not ashamed to admit that I suffer from sidewalk rage.

The allure of malls is the one-

**April
Labine**



stop shop. Everything you need is only a step away, assuming you can find it. But don't be fooled. The malls know they're sexy. They know that we'd rather get all our shopping done in one confined area because we're all in a race against time (except for the mall-walkers). We urgently need to be somewhere else but that doesn't mean we don't need to buy new underwear. We pay for that convenience.

Personally, after I've been in a mall for about half an hour, I begin to feel highly agitated. I start to sweat, my eyes dart around suspiciously, and I mutter obscenities under my breath.

Incidentally, if you begin to twitch, go into spasms or collapse in the middle of the food court, sobbing for your mother, chances are someone will help you find your way out.

Hey, where's my free tropical cruise?

It started when I diligently filled out a ballot to win a cruise in time for Toronto's yearly dusting of snow.

As I scribbled my name, address, and phone number on a piece of paper, and stuffed it in the box, I thought it would be grand to spend a week in January under the warm tropical sun.

But I'm no fool. I didn't expect to win. I thought maybe I'd be added to another mailing list, a good one this time. I might get free stuff.

You see, I have a penchant for getting that type of stuff. Hoping to save 50 cents on toilet paper, I dutifully fill out surveys, give personal information to salespeople, and complete customer response cards.

Over the years, I've had fun try-

ing to figure out who sells my name to whom. For instance, IKEA sent Svend Waddell a catalogue and the Canadian Alliance routinely mails my alter ego Ken Waddell donation requests.

Canadian Airlines even gave a frequent flyer card to my nobler self, His Royal Highness Kevin Waddell. That one is framed.

My final coup or perhaps downfall came last week.

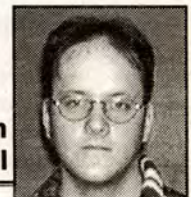
My phone rang. I answered.

The chipper voice on the other end asked: "Is Chasley Waddell in, please?"

I looked at Chasley, who was curled up on the couch next to me, purring.

"May I ask what it's regarding?"

**Kevin
Waddell**



I asked, bewildered at the surge in my cat's social life.

"Oh, he filled in a ballot earlier this year," the stranger on the other end began. "I'm calling to notify him of his prize."

So, while my cat spends a week in January cruising the tropics, I'll be here, slugging out the days with the rest of you.

As for Chasley, I just hope the cruise line has a good line of pate for him.

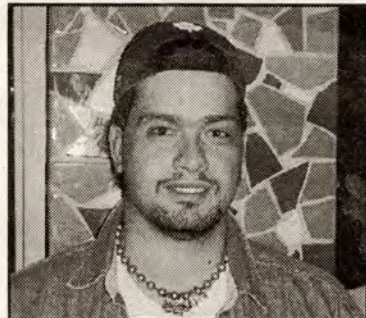
Word on the Street

What do you need to survive for 24 hours in a car during a snowstorm?



Joe Torchia
Chemical Engineering
Third Year

"A blanket or a woman."



Roy Salvaterra
CICE
First Year

"Beer."



Audra Todorovich
General Arts and Science
First Year

"A snowsuit."



Megan Fletcher
Multimedia
First Year

"A pack of cigarettes."

Smokin' platform



RYAN PAXTON

TOKIN' FOR VOTES—Reverend Michael Baldasaro, a federal candidate for the Marijuana Party.

74 party candidates across the country vying for your votes

by Ryan Paxton

When Canadians vote next week, polls indicate that the Liberals will be back in power.

The rest of the seats in the House of Commons will probably be split among the four remaining major parties. But some people, especially young adults, say their voices are getting lost in the politics of large parties.

"[The major parties'] platforms are just useless," said Aaron Parsons, a first-year Broadcast Radio student. "They're the same as every other election. I'd rather vote for something that's more real."

For years, Canadians who are fed up with mainstream politics have had alternative parties to vote for, such as the Green Party, the Natural Law Party, and the Communist Party. In February of this year, a new fringe party emerged—The Marijuana Party of Canada.

The Marijuana party has candidates running in 74 ridings across Canada, and they're not taking the easy route to get elected. Party leader, Marc-Boris St-Maurice, is up against Bloc Quebecois leader Gilles Duceppe. And in Hamilton, Reverend Michael Baldasaro is running against Heritage Minister Sheila Copps.

Baldasaro is perhaps the most recognizable face in the party's camp. He has made headlines numerous times, most recently for sending Health Minister Allan Rock a sample of his marijuana. In 1998, he made the news again when he ran

against Joe Clark for leadership of the federal Progressive Conservative Party.

The 51-year-old Baldasaro and his campaign advisor, Reverend Walter Tucker, 67, are also ministers at the Church of the Universe, a religious sect founded in 1969 that worships a non-denominational god with the aid of the so-called Tree of Life—cannabis.

They look more like hippie remnants than MP candidates. Baldasaro and Tucker both sport long, graying beards and are usually seen wearing bucket hats. They often pose for the camera together while sharing a joint and they openly distribute marijuana for medicinal and recreational purposes.

At first glance, it's hard to take them seriously. Their appearance would suggest that they are more likely to break into a Cheech and Chong shtick than to run for political office. But when it comes to his political beliefs and serving the public, Baldasaro is serious. And he's trying to put an end to the big party system.

"How many adults flip coins or don't vote because they're so disgusted in the system," Baldasaro said. "The Marijuana Party has one issue—pot. They understand that I want to put an end to parties, including theirs. ... I'm going through the whole trip (of creating the Marijuana Party) because I want to know how it works."

"But I know that's not real democracy. It's all we can do right now. ... All that counts is what I'm going to do for the people. Not my party leader, not my party, but the people."

And he has great plans for the people of Canada, like pay-

ing off all debts and deficits and giving \$10,000 to every Canadian on his or her first birthday. But even those plans revolve around his first order of business, which is the legalization of marijuana.

"We could pay off the debt with hemp alone—clothing, oil. And we could become a self-sufficient nation, instead of planting dumb crops."

But some medical professionals warn against Baldasaro's lax stance on marijuana.

"Cannabis is not benign," said Richard Garlick, Director of Communication at the Canadian Centre on Substance Abuse. "It has some risks with it that need to be studied more."

Garlick went on to say that the biggest hazard from smoking marijuana is respiratory problems, specifically because marijuana is usually unfiltered, inhaled very deeply, and held in the lungs for prolonged periods of time.

But he also admitted that, when compared with alcohol, tobacco, and other narcotics, marijuana probably has the least detrimental long-term effects.

"Nobody that I know of has ever died from an overdose of marijuana," Garlick said. "It's definitely not more harmful than cigarettes. ... In terms of intoxication, it appears that marijuana users are more aware and less likely to take chances than alcohol users. And probably the biggest gateway drug is cigarettes, with alcohol coming a close second."

"There should be more liberal laws on cannabis. And we support the clinical use of marijuana for medicinal purposes. But we don't need another legal way to get bent out of shape. The drug companies give us enough ways already."

However, Jim Wakeford said he, and many others, could benefit from readily available marijuana.

Wakeford is living with AIDS, and he fought in court for years to become one of the very few people in Canada who have been granted a constitutional exemption to grow and use marijuana for medicinal purposes.

He almost died while his lawyers battled in court. He said he cannot live without the drug, and he supports what the Marijuana Party is trying to do.

"I wish them well," Wakeford said. "I think marijuana should be regulated like wine or tobacco. ... They're a fringe party. And they'll be spoiled voters, but they may influence some voters and start change."

Most political experts agree that Baldasaro and the Marijuana party have no chance in this election.

"They're on the fringes," said Robert MacDermid, a York University political science professor. "I think it's good that they're getting involved to change things, but usually they're only running on one issue."

"The major parties can raise a lot of money to support candidates. In comparison, if you're running on a \$2,000 budget, it's hard to win. ... You need people to put up signs," agrees Nelson Wiseman, an associate professor of political science at University of Toronto, agrees.

"[Baldasaro winning] would be a total hallucination," he said.

But Baldasaro remains positive.

"Sure, we're the fringe candidates," Baldasaro said. "Lunatic fringe, if you want to call us that. But one more vote than the next guy, and I win. The numbers on election day talk. If I get enough votes to look even respectable, people might start saying, 'Hey, that Baldasaro did pretty good, and he has some good ideas.'"

"Lawn signs? It means you've got corporate backing, that's all. We've had enough corporate backing. Now th [lake] is polluted, taxes are too high and crime is out of control."

"I'm running on my name, and I'm running on word of mouth. That's how it should be."

Cannabis Quick facts

7 per cent of Canadians 15 years and older reported using cannabis in 1994; the rate was the same in 1989.

Approximately half of the 63,851 drug offences recorded in 1995 were for simple possession of cannabis.

About 2,000 Canadians go to jail every year for cannabis possession, at a cost to government of about \$150 a day to house each offender.

In a Toronto study, 92 per cent of those found guilty of cannabis possession were still using the drug a year later.

Less than 1 per cent of cannabis users are detected by law enforcement agencies in Canada every year.

Source: Canadian Centre on Substance Abuse



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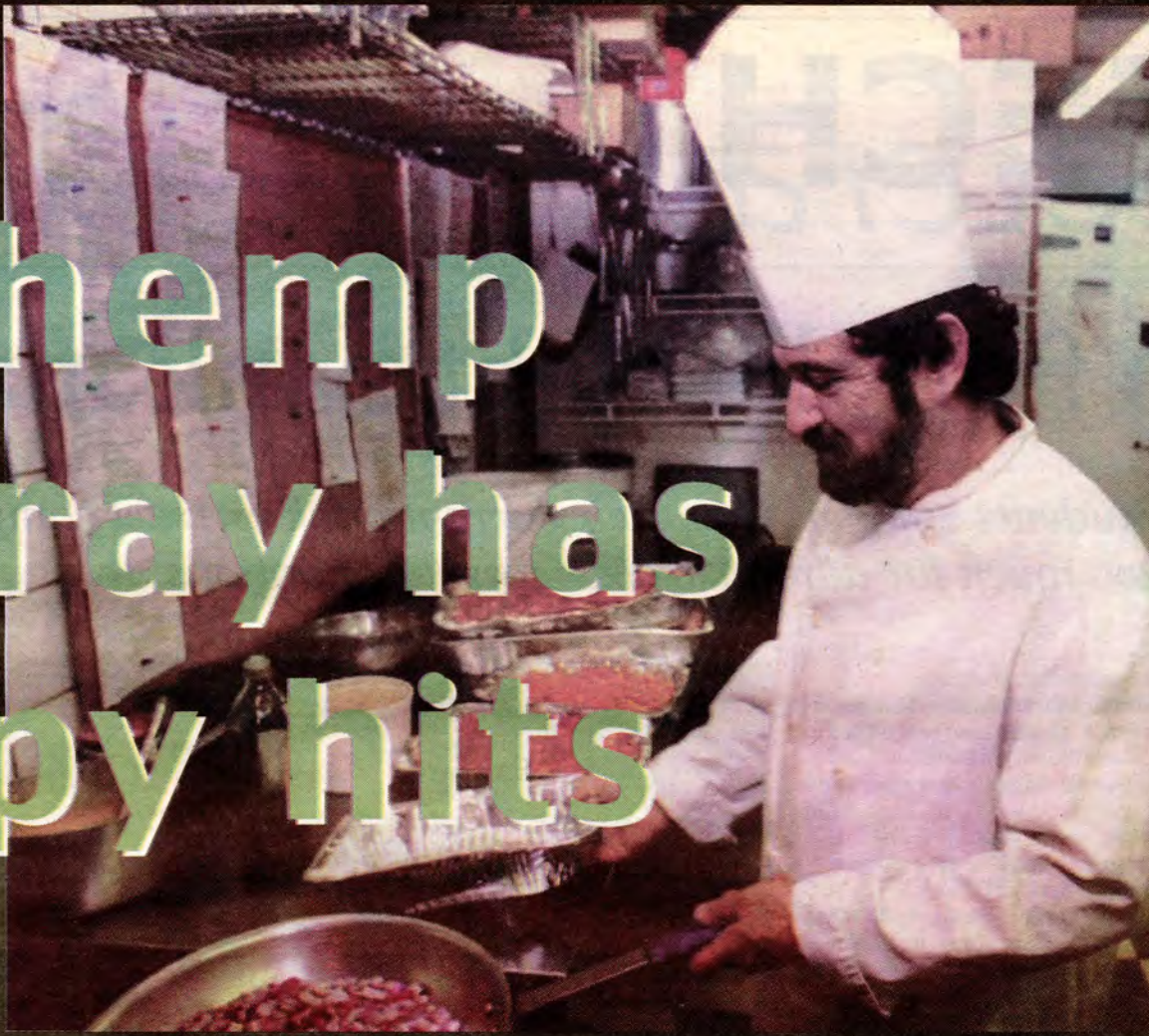


PHOTO BY KEVIN WADDELL

DANIEL CLARET, CHEF, WORKS UP SOME KITCHEN MAGIC WITH HEMP PRODUCTS AND TRADITIONAL INGREDIENTS. CLARET HAS BEEN VOTED BEST CATERER SIX YEARS IN A ROW.

by Kevin Waddell

“One is for dope, and the other’s for rope,” Peter Dragla says, explaining the difference between hemp and marijuana.

Dragla, a hemp researcher at University of Guelph’s Ridgetown College and a hemp cultivator with one of Canada’s leading hemp companies Kenex Limited, said that hemp and marijuana come from the same family, but the similarities stop there.

Like many in the hemp industry, Dragla is constantly asked if anyone can get high by smoking industrial hemp, a question that brings tension and anger to his voice.

“Industrial hemp is not drug, industrial hemp is not marijuana,” he said, stressing that the two should never be confused.

Through federal regulation, hemp must not exceed 0.3 per cent tetrahydrocannabinol (THC) — the psychoactive chemical compound that induces the high. Marijuana, on the other hand, contains 5 per cent or more of THC.

“You can maybe smoke one bag of hemp leaves and get high, but then you’ll probably die before you finish that bag because of smoke inhalation,” he said.

“Hemp is a crop that grows very well in many climactic conditions,” Dragla said, and he noted that the farther north the plant is grown, the lower the THC level.

Besides rope, hemp is used for everything from textiles, to food, to car parts.

Hemp seeds don’t have any THC in them at all, Dragla said, but the seed’s casings do. If the seeds are processed efficiently, they

can produce oil, flour, and grain products with no THC at all.

Barrie’s Hempola, Canada’s foremost hemp seed oil producer, announced this year that it has refined the process to eliminate all THC from its products. Hempola is the first Canadian hemp company to put this guarantee on its products.

Toronto chef Daniel Claret, voted Toronto’s best caterer six years in a row, of Daniel et Daniel uses Hempola products in his kitchen. He can rhyme off hemp recipes like an auctioneer at work.

“The three basic things I use are hemp seeds, hemp flour, and hemp oil,” he said. “We’ve been able to do quite a lot of things with it.”

Claret said he’s working with a new line of hemp pasta, and he uses hemp seeds instead of pine nuts in pesto sauces. He said hemp seeds and oils have a nutty flavour.

“I love the oil,” Claret exclaimed. “It tastes to me a bit like hazelnut oil.”

Claret said he regrets not using hemp products in more of his recipes, but explained that because of the high volume his operation runs, he can’t use the expensive oil as much as he would like.

To help promote hemp products and the industry, Claret said he’s contributing recipes for a cookbook to be published by Natural Hemphasis, a hemp research and consultant company.

For people at home, he said “the easiest way you can use it is in your salad.” He suggested a simple oil and vinegar dressing with hemp oil instead of olive oil.

“Keep it simple,” he said. “A little bit of

oil, a little bit of balsamic vinegar, or raspberry vinegar, salt, pepper, and that’s it. You mix it, and maybe add a little bit of garlic or shallots inside,” and serve. Claret also suggested drizzling some of the oil over fish or steamed vegetables.

However it’s used, Claret said that it’s not a cooking oil, and shouldn’t be used to saute or fry food. Heating the oils will take away all the oils health benefits, Claret said.

“It can cut your cholesterol, and it’s very good for people’s arteries,” Claret said.

Hemp is rich in essential fatty acids.

“Essential, because your body can’t produce them,” Carol Morgan, dietician for Beaver Foods, said. She added that she would recommend hemp seed oil products for a healthy diet.

A balanced diet should contain linoleic and alpha-linolenic acids, in a 3:1 ratio. Hemp seed oil has exactly that ratio of fatty acids, Greg Herriott, owner of Barrie’s Hempola, Claret said.

Claret adds that though flax seed oil is considered to be a very healthy oil, its fatty acid ratio is an inverse at 1:4, and “the taste is not that great.”

“I would not be so interested in this product if it didn’t taste good,” Claret added.

The quality of the product also attracts many consumers to hemp stores, said Robin Ellins, owner of Toronto’s Friendly Stranger.

They also sell bongos, hemp literature and various hemp paraphernalia.

“The quality has done nothing but improve,” he said of the products he sells.

“I’ve got a pair of hemp jeans that I’ve

worn for five years,” he said, claiming they are in perfect condition.

As hemp fabric falls more into the fashion consciousness, the novelty of the cannabis leaf disappears, Ellins said.

In fact, “we made a conscious decision here to down play the leaf image,” he said, noting the racks of clothes on his shelves. Ellins said his merchandise looks so mainstream that it could be sold at the GAP, or Roots.

Ellins said Canada’s hemp industry was legitimized when the Body Shop rolled out a hemp product line in 1998. He called it “the single biggest event in the hemp industry.” Since then, hemp has increasingly crept into the marketplace.

Sears Canada now carries hemp beauty products, Dominion and Loblaw grocery stores carry Hempola products, and Mercedes Benz has replaced some fibreglass and plastic car parts with organic hemp materials.

“It’s not who makes the money,” Ellins said, as long as the message that hemp is good gets out that counts for him.

Ellins, who started his business selling hemp products on the street, said he has positioned the Friendly Stranger to be the city’s primary source of hemp and marijuana information.

A strong marijuana advocate, Ellins said if Canada can resolve the issue around marijuana prohibition, “we can move on to resolve a lot of others.”

“If we’re locking people up over a plant,” he added, “how are we going to solve environmental issues?”

Hemp style beers on shelves near you

by Kevin Waddell

From cream ales to lagers, brewmasters face a constant challenge to develop unique suds that sell. Some Canadian micro-breweries have turned to hemp as an answer.

Mississauga’s Hogtown Brewery leads the industry in hemp beer, bottling 32,000 litres — about roughly 120 bathtubs full — at a time.

Hemp beer was Hogtown’s first bottled product, brewmaster Mathew Letki said. There’s been no complaints, but “a few ridiculous things,” Letki said. “An army base called, and some of the soldiers tested positive for THC (essential ingredient for the chemical high), and they had said they were drinking our hemp beer.”

Letki said that they “could only reassure them that it was not from the beer.”

In all Canadian hemp products, the federal government only allows up to 0.3 per cent THC content in beer.

Hemp products are a novelty at first, Letki said, but insisted that there are benefits to using hemp, especially in beer.

“You get a wonderful nutty flavour from it that you really can’t get from anything else.”

Letki said that Hogtown uses “in excess of 10 per cent” hemp mash in the brewing process. The hemp may contribute essential fatty acids to the beer, but Letki warned that hemp beer is not a health tonic.

“Really, it’s the taste” that hemp beer drinkers are after, he said. “Maybe if you crush peanuts or something you might get a similar flavour. But let’s get everybody to like hemp first, then we’ll try peanuts.”

Hogtown’s hemp beer is available in beer stores throughout Toronto and on tap in select locations. Letki added that he’s also interested in getting his product into Caps.

Spokespeople from both Molson and Labatt said their companies are not planning hemp beers, partially because the commercial supply for hemp seed would not meet their need.

Hogtown receives regular shipments of hemp, supplied by Hempola Valley Farms of Barrie, to the brewery’s grain silo.

Hogtown 24 case costs \$38.40 and a 12 pack will set you back \$19.20 both with taxes included are at a local beer store near you.

BIZTECH

et cetera

"Five per cent, I'm telling you, it's great."
-see financial institutions

Thomas Edison, lightbulb inventor, was afraid of the dark.
-www.strangefacts.com

Trying to find the right bank made easy

by Valeria Sladojevic-Sola

Money doesn't grow on trees, but it can grow in a savings account.

From surveying annual interest rates for savings accounts of six financial trust and banking companies, President's Choice Financial virtual banking ranked first with a five per cent interest rate on any amount placed in their Interest First savings account.

"Five per cent, I'm telling you it's great," said Cecilia Terra, CIBC Personal Banking Associate.

With a minimum \$1,000 deposit in a savings account the interest rate at CIBC was 0.15 per cent at 5 p.m. on Nov. 3, according to a survey of rates by Cannex Financial Exchanges in the *Globe and Mail*.

The interest rate percentage for similar savings accounts at other major banking institutions was: 0.15 at CIBC; 0.20 at Bank of Montreal; 0.25 at Scotiabank; 0.30 at Royal Bank of Canada; and 0.50 at Canada Trust.

"For savings and chequings the interest rate is not fixed. They are calculated daily," said Jin Woo, Scotiabank Customer Service Representative.

Unlike most banking institutions which charge clients 10 cents to 20 cents for access to accounts, PC Financial offers no-fee banking.

"They have a lot of overhead and we don't," PC Financial Customer Associate Joe Lee said. "In that sense we can provide better service charges [in that we have] no service fees. That means free telephone banking, free Internet banking."

Bank of Montreal's Youth/Student instabanking plan offers 15 self-serve transactions and two passbook inquiries free for

Students who feel that their current bank or trust company are charging too much for administrative fees have options. It may be time to switch.

post-secondary students.

If the 15 transaction limit is surpassed, a 50 cent charge is added to each additional transaction.

"You would not pay regular service charges having a package. You always save money," said Eva Graham Bank of Montreal Financial Service Officer.

Scotiabank's Student Banking Advantage Plan offers free service banking if the minimum balance in the savings account is \$2,000.

If the balance is below the minimum, a monthly fee of \$1.25 for 12

"You would not pay regular service charges having a package. You always save money."

-Eva Graham, Bank of Montreal Financial Officer

non-teller transactions is placed, ten cents per transaction with a free passbook or statement update.

Transactions over the 12 limit are charged at a 50 per cent discount off regular fees, 20 cents for non-teller, 30 cents for cheques, 40 cents for teller.

Royal Bank's Student Banking Package monthly fee is \$3.50 for 25 full or self serve transactions, 14 cents per transaction with a free SPC card.

An additional 50 cent charge is placed on any transactions that exceed the 25 limit.

Canada Trust's student package monthly fee is \$3.45 for 20 transactions with a \$2 passbook fee; 17



SUCH A PRECIOUS COMMODITY- Students, who are already in difficulty because of the burden of their education, are often not aware that they could save money on their monthly banking. The Bank of Montreal offers students no monthly fees.

cents per transaction.

A dollar charge is issued for each full-serve transaction and 50 cents for any extra transactions exceeding the 20 limit.

The benefits CIBC offers to students is that all the service charges will be half the regular fee that is usually assessed.

CIBC's value pack student rate monthly fee is \$2 for ten transactions (20 cents per transaction) with free bankbook or statement updates with a cheques safekept

feature.

A Fee Reward\$ Program or Club Z point option is also offered with the value pack. For transactions over the ten limit, an additional charge of 60 cents is placed.

Over 4,000 CIBC bank automatic teller machines (ATMs) work with President's Choice Financial to provide free service to PC clientele.

"CIBC does the work for [PC Financial]. If you come [to CIBC] with your PC card and you want to deposit money in the President's

Choice account [tellers] can't," said Terra. "You are only allowed to make transactions on the bank machines. We don't have access to PC accounts."

Free groceries can be earned through the PC points system which is activated when an account is opened.

For every 1,000 PC points one dollar of free groceries is earned. Gain ten PC points for every dollar spent when PC card is used to pay for purchases; 100 PC points for each bill paid from the account; and 20,000 PC points the first time direct payroll deposit is initiated into the account.

It just happens that the "too good to be true" offer has a lot of people hesitant about joining, Joe Lee said.

"It's just word of mouth, one person tells one person and that person tells another. It just exponentially multiplies," Lee said. "That is where our customer base comes from."

"I think it will be good eventually in the future because the big banks are charging too much and this is a lot of free goodies," new PC Financial client Lolita Tan said. "That's the reason I'm starting to switch over."

President's Choice automatic teller machines and pavilions are located at Loblaw Companies Limited stores across the city for banking access.

For more information call 1-88-88-724-724 or connect at www.preschoicefinancial.com.

Some possibilities in a nutshell

Scotiabank (Student Banking Advantage Plan)

- * 0.25 per cent interest rate
- * No monthly or service fees if balance is \$2,000 or more
- * free passbook/statement inquiries
- * If balance is less than \$2,000 there are :
 - * \$1.25 monthly fee for 12 non-teller transactions (\$0.10416 per transaction)
 - * For transactions exceeding 12 limit a charge of a 20 cent non-teller, 30 cent cheques, 40 cent teller. (50 per cent off regular service fees)

Bank of Montreal (Youth/Student Instabanking plan)

- * 0.20 per cent interest rate
- * No monthly fee
- * 15 self-serve transactions (bank machine)
- * two passbook inquiries
- * 50 cent additional service charge for every transaction exceeding the 15 limit

CIBC (Value Pack account with student rate)

- * 0.15 per cent interest rate
- * \$2 monthly fee for 10 transactions (\$0.2 per trans.)
- * free bankbook/statement (with cheques safekept)
- * 6 cents for each basic transaction exceeding 10 limit
- * option of Fee Reward\$ Program or Club Z points

President's Choice Financial (Savings First account)

- * five per cent interest rate
- * no fee banking
- * bonus points toward groceries

Canada Trust (Student Self Serve account)

- * 0.50 per cent interest rate
- * \$3.45 monthly fee for 20 transactions (\$0.1725 per trans.)
- * plus \$2 monthly passbook fee
- * \$1 per full-service transactions
- * 50 cent additional cost for transactions exceeding 20 limit

Royal Bank (Student Banking Package)

- * 0.30 per cent interest rate
- * \$3.50 monthly fee for 25 transactions of any kind (14 cents per transaction)
- * free SPC card and online, telephone banking
- * 50 cent additional charge for transactions exceeding 25 limit

This list of major Canadian banks and what they offer in student packages was compiled by Valeria Sladojevic-Sola.

America once issued a five cent bill.
-www.strangefacts.com

"I knew something was up when our stores did not receive any units on Oct. 15."

Over 2,500 left handed people a year are killed from using products made for right handed people.
-www.strangefacts.com

-see Playstation II

Playstation II hard to get Bell brings Toronto Film Festival to Web

by Marlon Colthrust

The hottest toy of the 2000 holiday season is here. The only problem is that no one can get their hands on it.

Only 500,000 units of the Sony Playstation II arrived in stores Oct 26, not the promised million. The shortage is blamed on the unavailability of components.

According to a *Toronto Star* report, the parts in question are almost surely either one or both of two complex semiconductors that are the heart and soul of Playstation II. Sony itself makes the graphic synthesizer.

"I knew something was up when our stores did not receive any units as of Oct. 15. Usually toys come into the stores a week or two before their release date."

-Albert Rehanck, Toys 'R' Us merchandise distributor

A central processor, the Emotion Engine, is also made by Sony, with production overseen by Toshiba.

Ever since Playstation II was introduced in March 1999, analysts, competitors, and suppliers have questioned Sony's ability to meet its own production goals on those chips.

"I knew something was up when our stores did not receive any units as of Oct. 15," said Albert Rehanck, a Toys 'R' Us electronics merchandise distributor. "Usually toys come into stores a week or two before their release date."

Sony said it will still manage to ship just about one million



MARLON COLTHRUST

LIVE AND IN BLACK AND WHITE- Sony's Playstation II is, as expected, one of the hottest items this Christmas. All you have to do is find a retailer that has any in stock.

Playstation II units to Canada by Christmas as planned

If they do not arrive until late December, it will disrupt retailers' planning and promotions.

"When Sony calls us they will tell us how many units we are getting," said Tricia Ryan, Toys R Us merchandise distributor for Southern Ontario. "Then we will distribute and call our stores and tell them how many they are getting," said Ryan. Several companies received shipment of Playstations last week-end.

A majority of Toys 'R' Us stores

received around 21 units, and Wal-Mart Square One received around 12 units.

All of which were sold out in the first five minutes of opening.

"This is the same thing that happened with the Furby interactive dolls two years ago," said Mykal Tucker a Wal-Mart sales associate. "We will get a few shipments before Christmas, not enough to fill demand, and in February 2001 we'll have too much to get rid of."

e-Bay had units auctioning at around \$1,200 on Oct. 27, compared to the retail price of \$ 450.

by Martin Currums

The Toronto International Film Festival has brought Canadian films to the Internet for free.

In celebration of the 25th Toronto International Film Festival, festival organizers enlisted some of Canada's finest directors to produce 10 short films.

"The Web site gives our organization incredible exposure all over the world and with the addition of interactive films, our worldwide audience can experience the festival without being there."

-Laura Broffman, director of communications

Directors such as David Cronenberg and Atom Egoyen made the films that were to be screened prior to the more publicized features.

These precludes, or short films, have been converted into Internet format and can be viewed on-line, at Bell Canada's film festival Web site.

Now Toronto Film Festival enthusiasts and fans with assistance of high speed and real player can view a prelude in a two-inch box on the centre of their monitors.

Although the cinematic feeling might be lost with such a small viewing window or a slow modem connection, these films are available all over the world, giving previ-

ously unknown Canadian directors a worldwide audience.

"Since 1995, we have continually built on the Web site. Last year we added e-commerce and this year video and Web cast capabilities", said Jennifer McIntosh, associate director of event marketing and sponsorship.

Winner of the best English Language Film Festival Web site award, and currently receiving 15 million hits a year, the site offers information about the festival, profiles of the actors and directors, and, most recently, precludes.

"Our Web site has helped expand the audience and increase charitable revenue for the film festival," McIntosh said.

Although not as large as Cannes, The Toronto International Film Festival's annual event has been described by critics as the most important Film festival in the world and is tremendously valuable in promoting Canadian talent.

"The Web site gives our organization incredible exposure all over the world and with the addition of interactive films, our worldwide audience can experience the festival without being there," said Laura Broffman, director of communications at the Toronto Film Festival.

The Toronto International Film Festival group is a not-for-profit cultural organization.

Bell has been sponsoring the event since 1995.

In the last five years, Bell Canada has developed and matured the Festival's Web site from an information database to an interactive experience.

For more information on the Toronto Film Festival or to view the precludes visit www.bell.ca/filmfest.



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ford focus expect more

ENTERTAINMENT

et cetera

For those about to rock

by Jesse Kohl

Not many record labels out there can boast about making people vomit.

But when you are sick and need to throw up, reach for Ipecac Recordings, said the label's manager, Greg Werckman. He said the idea to name the label came from one of their key artists, The Melvins.

"Ipecac is a medicine from the roots of a South-American plant," said Werckman from Alameda, California. "Doctors give it to parents to use on their children. It induces vomiting! When you are sick and need to throw up but can't, reach for the Ipecac ... It really fits, as our music tends to induce vomiting to many people."

Indeed, the label's modest Web site states its purpose is to "purge you of the drek that's been rotting in your tummies."

The label is home to the eclectic and experimental side work of Mike Patton, formerly of Faith No More and currently the frontman of Mr.

Bungle. It's also a place where bands that Patton and Werckman admire can go to find a quick deal, to release music that other labels might not be interested in backing.

Ipecac Recordings is the brainchild of both Patton and Werckman, who manages Mr. Bungle. After years of speculation and "scheming ... in between video games," Werckman and Patton finally decided to put the record label project into motion last year.

Patton's newest side project at that time, Fantomas, was ready to go, but they weren't thrilled with any of the labels showing interest in the album. So with the experience they had in dealing with big boy labels and the small outfits alike, Werckman and Patton combined their knowledge and experience to form a label that would "take the best parts of

other labels" to create a "truly artist-friendly environment."

The Melvins' frontman, Buzz, also plays guitar for Fantomas.

"Our friends the Melvins said that if we started the label we could put their stuff out as well," said Werckman. "The Melvins played a large role as well. If they had not come on board, it would not have felt like a real label ... so it seemed like a pretty damn good label right from the beginning."

Caroline Distribution, the company that also works with labels like Alternative Tentacles (which Werckman formerly managed) and Forced Exposure, agreed to sell the CDs produced by the Ipecac Recordings. In April 1999, the project was up and running. Now the only problem is finding time, manpower, and money to keep up with distributing the music internationally.

"The toughest part has been not being able to put out everything we like," said Werckman. "We are keeping it small - seven to eight releases a year."

Unlike many larger labels dominating the markets these days, Ipecac Recordings has a very open approach in dealing with its artists.

"We don't do exclusive deals," said Werckman. "We don't intend to 'own' any band. All our artists are free to do whatever they want, wherever they want. Our deals are record by record. Having said that, I will say, that the Melvins seem very happy and will begin recording a new CD for us in December."

Around the same time, Fantomas will be heading into the studio to record an album of cover songs, which Werckman says will be a little more traditional than the fans of the first record are used to. The cover album will be released next May, followed by another original CD in November.



COURTESY

Red Heads unite

by Anne-Marie Colacino

Just when you thought it was the blondes who had all the fun, a friendly red headed stranger hands you a small business-type card, inviting you to a social evening with the "reds."

This is one way a group of about a dozen individuals, sporting natural and temporary hairdos from the fiery side of the spectrum promote their club - the Red Headed League.

"The people who show are worthwhile because they make the effort, not because we gave them a card and we thought they were special," said David Woodward, the first person to join. "If you make the effort, and you have to have a little bit of red hair, a tiny bit, those are two token things. The rest is up to the people who show up."

They meet on the first Tuesday of every month at the Victory Cafe around the Bloor and Bathurst area. Enter the doors and to the left will be a room full of unmistakable red heads ranging in shades; talking, laughing and drinking beer together.

"[The Red Headed League] is a social experiment, it's just a way of meeting people," said Candelaria Prince, one of the people who started the group.

So why celebrate red heads?

"There's a long history with redheads in our society," Candelaria said. "I think brunettes are incredibly boring. Red, the colour, is aesthetically beautiful and when I look at a redhead, it's just beautiful to me."

Although born into a predominantly red headed family, Candelaria is an artificial red head, who uses Henna to maintain her short layers of light auburn that represent power, independence, and rebellion to her.

"In our culture, colour of hair is politics," she said. "When I had long, blond hair, people thought of me different. Someone called me a Twinkie once...you can be considered as a Twinkie like that [snaps her fingers] with the wrong hair colour."

Candelaria's brother, Jason, founder of the Red Headed League of Montreal, initially came up with the idea of a red headed club.

He was inspired after noticing one red headed woman's bad fashion sense at a nightclub, he said. Looking down onto the street, from the second level, a pale woman with bright red hair and

matching eyebrows stood under a spotlight, wearing a pink shirt.

"Jason thought, 'Well, what we need is an advice thing for red heads,' and then we just turned it into a club," Candelaria said.

However, she believes her brothers had ulterior motives when they started their Montreal group.

"My two brothers are single, this is why they really did it - to meet babes," Candelaria said.

Also in an attempt to meet new people, Candelaria and sister Cassandra decided to begin their own Red Headed League in Toronto about seven months ago.

"We were inspired after those guys had some success at their first couple of meetings," Cassandra said. "So my sister and I decided to make up some cards of our own, and we just started to distribute them."

The idea of the group is also communicated by word of mouth, though the red heads are currently working on other suggestions.

"Like putting together a t-shirt, just for the heck of it," said Woodward, an authentic red head with a matching goatee and side burns. "Why not do a t-shirt? Just like all the other crazy t-shirts that are out there, why not have a red head t-shirt?"

The *National Post* wrote an article on the Red Headed League this past October, which also helped spread the word and recruit a few people.

Linda Watters, who has long natural locks of strawberry blond hair, was oddly curious about the group when a friend at work told her about it.

"I thought it might be interesting to meet other red headed people and I was wondering to myself, 'What the heck are red heads gonna talk about; their favourite brand of sun block?'"

One plan the Red Headed League has is to honour a famous red head every month and send an email asking him or her to join.

"Mary Walsh for example, she's a fake red head who's my idol and I want to make her join, [as an] honorary member," Candelaria said. "Another one is Johnny Rotten. We emailed Johnny Rotten and invited him to join; he doesn't have to send huge wads of cash or anything."

For any more information on the Red Headed League email them at: red_headed_league@hotmail.com or show up at the Victory Cafe at 581 Markham St., Toronto on the first Tuesday of the month.

The Ipecac Discography:

Artist: Fantomas
Album: *Fantomas*
Release Date: 04/27/1999

Artist: kid606
Album: *Down With The Scene*
Release Date: 06/20/2000

Artist: Maldoror
Album: *She*
Release Date: 09/28/1999

Artist: Melvins
Album: *The Maggot*
Release Date: 05/18/1999

Artist: Melvins
Album: *The Bootlicker*
Release Date: 08/24/1999

Artist: Melvins
Album: *The Crybaby*
Release Date: 02/08/2000

Artist: N/A
Album: *Great Phone Calls*
Release Date: 07/04/2000

Artist: The Kids of Widney High
Album: *Let's Get Busy*
Release Date: 11/23/1999

Artist: The Lucky Stars
Album: *Hollywood & Western*
Release Date: 05/30/2000

- Source: www.ipecac.com
MP3's are available at
www.ipecac.com for interested listeners



THEY'RE ON FIRE - Red Headed League meeting at the Victory Cafe

ANN-MARIE COLACINO

No Means No serve up their punk rock
at Lee's Palace,
Fri. Nov. 24th

Reel Asian Film Festival
opens Nov. 23 through the 25th
at the Royal Theatre

Rusty plays their reunion farewell
performance, Nov. 25th
at the Opera House

Etc Profile: Soul Phoenix rising star

by Carcia Campbell

As a student, it's hard to balance school work and a job while maintaining decent grades.

But imagine being a full-time student heading to class four times a week while singing and writing for an up-and-coming band?

One Business Management student knows what it's like.

David Hennig, a 20-year-old business student at Humber College, is the lead singer of the band Soul Phoenix, which was signed to Re-Define Records this past June.

The five-member band looks forward to the release of its self-titled CD in a few weeks.

However, one has to wonder why Hennig chose to study business and not music.

"I just figured it's something to fall back on. I'd love to do this as a career but how many people actually make it?" he said. "This way I can still get involved with the music industry, even if it's from a business perspective."

Hennig joined Mike Lynn, and brothers Joel, Earl, and Anthony James last August after Lynn heard Hennig singing a song he had written in a guitar shop.

"I wrote my first real song and I sang it right there. I was scream-

ing my lungs out, and the customers were just staring at me," Hennig said. "Mike, our lead guitarist, was working there and he saw me and knew that the original lead singer was leaving. He knew they were going into that new direction and he asked me if I wanted to check the band out."

Soul Phoenix was a cover band before Hennig joined, but with Hennig's intense lyrics, the band could play original songs.

Hennig remembers writing his first song at the age of five and said music was in his blood.

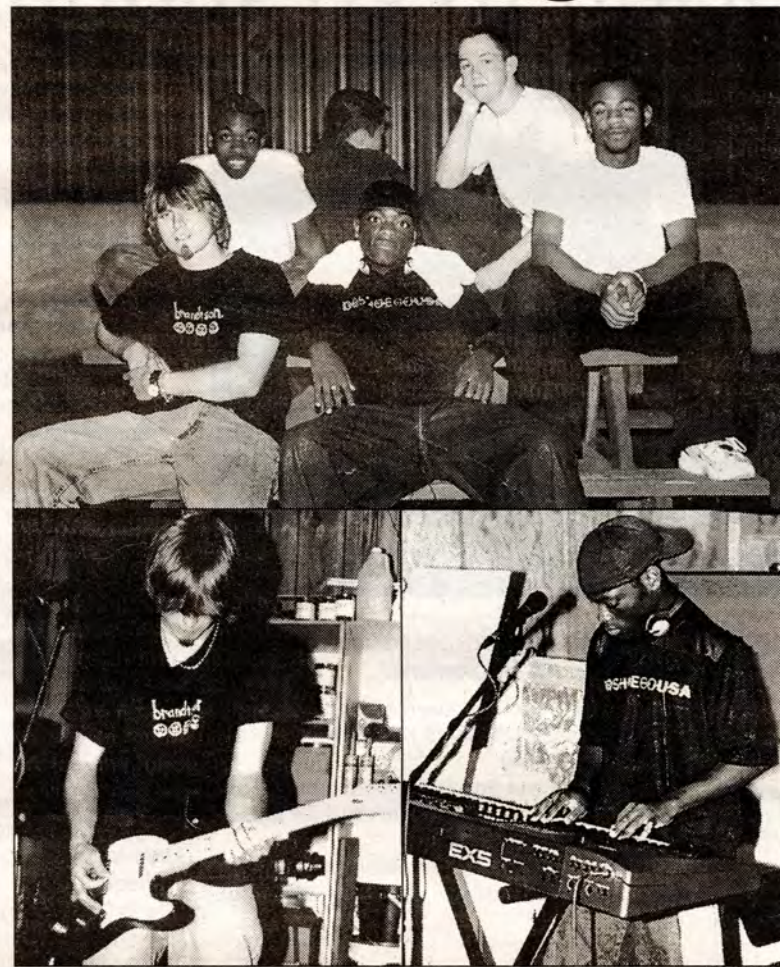
When explaining Soul Phoenix's sound, Hennig found it difficult because of the band's musical diversity.

"I could say alternative but that doesn't really explain it. Our music is melodic, pop, rock, emotional. We have listed our influences as a band and we came up with about 200."

Although Hennig's schedule seems full, he said his parents are supportive of his ambition to be a musician.

Soul Phoenix played OctoberFest and will be looking forward to the CD release party Nov. 30 at the Irish Center.

For more information go to <http://www.re-define.com> or <http://www.ontariomusic.com>.



DA CREW - (top) the band, (below) Hennig & J. James

Here's Johnny



Johnny Cash is perhaps one of the coolest living beings on this planet. It's a good thing, too because his new album features a cover of U2's 'One.'

The album, *American III: Solitary Man*, consists exclusively of covers, with songs from Tom Petty, Nick Cave, Neil Diamond, and William Oldham.

There are also several guest vocalists including Petty and Oldham, as well as Merle Haggard and Sheryl Crow.

Being a large U2 fan, any mention of a cover sends chills down my spine - need one mention the Pet Shop Boys doing 'Where the Streets Have No Name' - but Cash is the man, and the only person to change a song about love into what could be a hippy call to arms to "smile on your brother, everybody get together, try to love one another right now."

Few people should be trusted to cover songs - especially good songs - but Cash belongs to the minority who have free reign. This album is the third in its vein: its predecessors were 1994's *American Recordings* and 1996's *Unchained*, which featured covers of Leonard Cohen and Tom Waits, and Beck and Soundgarden, respectively.

American III: Solitary Man is excellently recorded - one of the best recordings I've heard in a long time, it's extremely clean and clear, even through my cheap Gameboy headphones. The producer was the infamous Rick Rubin (Beastie Boys, Red Hot Chili Peppers). And you thought country wasn't cool?

As a bonus, the liner notes include a letter from Cash and transform into a poster.

Long live the man in black.

-Bernice Couto

Theatre coming to a Web site near you

by Jeff Russell

If Al Gore is the self-proclaimed inventor of the Internet, maybe one day Allan Park will be the self-proclaimed inventor of delivering a live theatre performance over the Internet.

Actually, it seems as though everyone these days is trying to hitch a ride on the great Internet gold rush.

Hell, even Dennis Rodman has a Web site where, for a monthly fee, you can watch him dress up in women's clothing and party with strippers.

So it's no surprise that the owner of one of Canada's oldest Internet service providers is trying to do something no one has knowingly done before.

Park, chairman and CEO of the *Wire*, has written and is directing, financing, and producing *HalfLife*, the world's first live play to be broadcast from a theatre by streaming live video onto the Web.

For Park, *HalfLife* is like a small science project that he hopes will win first prize.

"I'm experimenting with the concept of changing the economic foundation of live theatre as a financial entity," Park said. "I'm trying to sort of pioneer something here, so this will be small, experimental, and we'll see what happens. If you can get real live drama into people's homes and

hospitals and places outside of New York, Toronto, London, and Paris, there would be a huge market for it. It certainly seems worth trying, and you could conceivably change the economic foundation of the entire art form. Make it make money."

HalfLife is a musical comedy about the end of time, where a worldwide computer network springs to life and tries to comprehend the universe. It retells the story of Adam and Eve and deals with many deep myths.

It is currently running at the Alumnae Theatre in Toronto until Nov. 30, and will be broadcast on the Internet (www.half-life.com) through a single camera centred at the back of the theatre.

Web users will need at least a cable or dsl connection - but even at that speed don't expect a smooth, full-sized picture. Instead, you'll get a jerky picture no larger than a matchbox.

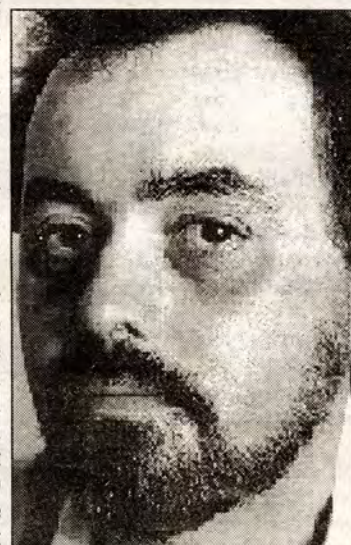
"I'm not trying to fool anyone.

This is going to be really shitty," said Park. "But I'm measuring demand. I want to see how many people, and the number of simultaneous streams we're going to be able to feed. I'm actually assuming the service will crash."

Park tinkered with the idea for *HalfLife* four years ago. He applied for the domain name - at the time the Internet was still in its infancy - and got it. He wrote the original draft of the play, published it online two years later, and ever since, people have been reading it - a lot of people.

Over a million people, said Park, have found his Web site through the hundreds of links on the Internet, and have read some portion of his play. Park, who owns his own ISP, claims he has precise logs of everyone who has visited the site.

"Most people don't know how to read a play, and so they stop," said Park. "Many thousands have



COURTESY

RIDING THE WAVE -
Allan Park bringing
theatre to your home

To hear some of
Cash's U2 cover,
log onto our site at
www.etcetera.humberc.on.ca and veer
to Entertainment

LIFESTYLES *et cetera*

"You see animals pacing back and forth... they don't understand these barriers, they're trying to get out."
 - See Concern over treatment

Tis the season to go shopping... fa la la la la



BRIANNE THOM

GOT SOME CASH? - First-year Business Administration student Vanessa Whittle, checks out the prices in Humber's Bookstore.

by Brianne Thom

The Christmas Holiday season seems to have started earlier this year with retailers putting up decorations before mid-November.

According to Andrea Marzahl, customer service representative at The Bay, Christmas

trees, lights, and oversized snow flakes have been up as decorations in Bay stores since the middle of October.

"We never put any Halloween decorations up because there's not a lot of stuff for kids in The Bay," Marzahl said.

Marzahl said a lot of older people have been doing Christmas shopping since the

end of October.

Retail manager at the Upper Canada Mall in Newmarket, Daryl Babb, said the halls in the mall started being decorated at the beginning of November and that Santa Claus began appearing at the mall on Nov. 18.

"We started about three weeks earlier than last year because of limited staff," Babb said.

According to Babb, middle-aged people and the elderly are the ones that have started shopping already to avoid the rush.

"By putting the decorations up, it invites the Christmas mood," Babb said.

Sarah Moron, sales person at the Phone Booth said that the decorations in the mall and the cold weather get people to realize that Christmas is coming.

"As soon as it starts snowing, people rush into the mall," Moron said.

First-year Public Relations student at Humber College, Gillian Zulauf said some stores in Quebec were egged and painted after they were warned by people not to put up Christmas decorations until Dec. 1.

Zulauf has noticed decorations throughout the malls, but said she hasn't started shopping yet.

"I started noticing it last week and it's too early," Zulauf said. "I hate the malls, I might shop online this year."

Second-year Public Relations student Thom Chapman tries to stay away from con-

sumerism as much as possible.

"I make presents and cards over the computer," Chapman said.

When asked if he'd noticed any Christmas decorations up in the malls already, Chapman said he doesn't pay much attention to stuff like that.

The Humber Bookstore also had a jump start on Christmas with many decorations and special sales.

"We started putting decorations up last Friday, but we're still in the process," said

"We started about three weeks earlier than last year because of limited staff."

- Daryl Babb

Bookstore manager Mitch Walker.

First-year General Arts and Science students Gina Fusco and Louise Stankevich said they haven't started Christmas shopping yet.

"I think that I remember seeing decorations up on Nov. 1, and that's too early," Fusco said.

Fusco said that she gets her tree and starts decorating the first week of December, and Stankevich doesn't start shopping until about a week before Christmas.

"I hate shopping. The consumerism is a pain in the ass," Stankevich said.

Concern over treatment of animals in zoos

by Mark Nonkes

This spring many new animals including two giraffes and two lion cubs were born at the Toronto Zoo, but according to animal rights groups these young animals are doomed.

Animals in zoos across the country live in appalling conditions said Rob Laidlaw, director of Zoocheck Canada.

"There are hardly any Canadian zoos that give any substantive support to conservation anywhere."

- Rob Laidlaw

"Most often it doesn't serve any useful purpose at all, and it's merely a practice that is primarily entertainment based. It involves the set-up as most facilities as tourist attractions," Laidlaw said.

Public Relations and Marketing Co-ordinator, Wayne Jackson at the zoo, said zoos teach people about animals.

"I've been to zoos all over the world... maybe it's my entertainment but you can also learn from entertainment too," Jackson said.

Laidlaw's organization Zoocheck, investigates zoos across Canada. He said across the country, animals kept in zoos may face no privacy, overcrowding, no veterinary care, some are fed restaurant waste, and some cages are too small or poorly constructed.

"You get cages in this province that look like a bunch of boy scouts went to a scrap yard and built them out of junk material."

According to Laidlaw, some animals are forced to live on concrete all their life. Some that require social stimulation are kept alone, and some have froze to death because of inadequate heating.

Jacqui Barnes, the director of Animals Alliance in Toronto, said she is opposed to any kind of confinement of animals.

"We would prefer if people not go and visit the zoos and circuses and have them find a different type of entertainment," Barnes said.

Barnes said the animals are confined to small barriers that would not be in place if they were in the wild.

"You see animals pacing back and forth in four by four cage enclosures, they don't understand these barriers, they're trying to get out," Barnes said.

Barnes worries that if animals were returned to the wild they would not survive.

But Jackson says the Toronto Zoo has worked with specifically three species, the wood bison, the trumpeter swan, and the black-

footed ferret by reintroducing them back into nature.

"With the ferrets, they go to a special facility in South Dakota, and they are trained to hunt for themselves," Jackson said.

The animals when released, Jackson said, will probably not survive. But the role zoos play in saving animals from extinction, is key to their mandate.

"A lot of species have gone extinct in the wild and if it weren't for zoos they wouldn't be around," Jackson said.

Laidlaw said there are many things the zoo could improve.

"The gorilla exhibit and the polar bears exhibit are appalling," Laidlaw said.

"There is a brand new gorilla exhibit opening next Easter that Zoocheck hasn't even seen yet," Jackson said.

A big concern of Zoocheck, Laidlaw said, is zoos do little to conserve animals outside their walls.

"I can't recall a zoo anywhere speaking out about cruelty to animals to legislation or conservation legislation," Laidlaw said.

Zoocheck investigates particular zoos where problems occur and purpose solutions to the problems



MARK NONKES

and try to make the public and the government aware of issues relating to zoos.

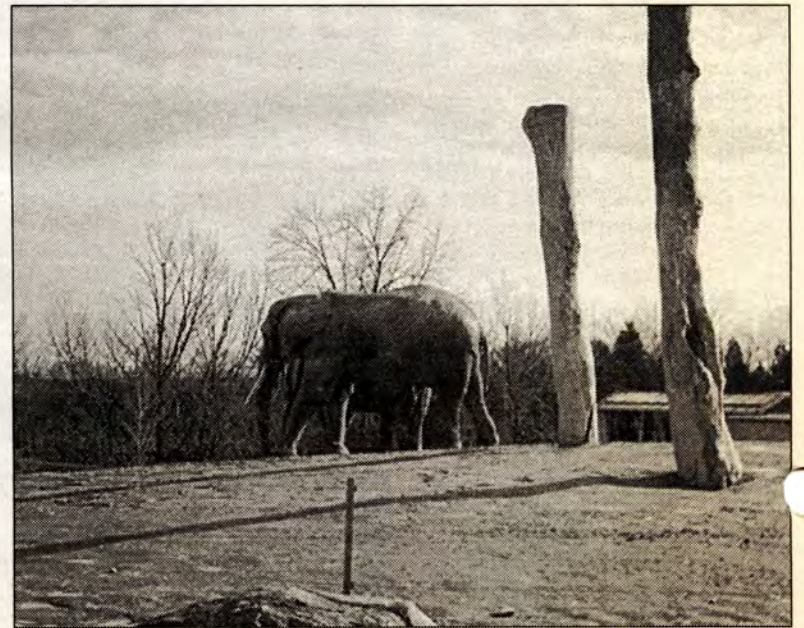
Currently in Canada there is no federal or provincial legislation on zoos. The Canadian Association of Aquariums and Zoos (CAAZ), are the only organization to provide guidelines for zoos.

"There are hardly any Canadian zoos that give any substantive support to conservation anywhere. I really can't think of anybody," Laidlaw said.

Of the 250 zoos in Canada only

about 27 meet the minimum low accreditation standards of Canadian Associations of Zoos and Aquariums, Laidlaw said.

Zoos do not have to fall under CAAZ's requirements. It is beneficial because the association allows zoos to have a better name, and meets requirements of conservation, animal safety, human safety, security and education. According to the secretary treasurer of CAAZ, Sue Gunton, more zoos are joining the organization and they are working to set guidelines for zoos.



MARK NONKES

ENTERTAINMENT OR EDUCATION? - The Toronto Zoo is home sweet home for many wild animals, including this elephant.

The women's volleyball team lost to the Seneca Sting last week to drop to 1-1 on the season.

—see "Sting"

The men's basketball team beat the formally second-seeded Fanshawe Falcons in convincing fashion.

—see "Humber wins"

SPORTS

et cetera

Humber loses heartbreaker in tournament

by Patrick Campbell

The Hawks women's basketball team were foiled in the last minute of the semi-finals at the annual Durham College Big 8 Classic Tournament this past weekend.

The Hawks lost a nail-biter to Mohawk that thwarted their plans at last year's Ontario College Athletic Association (OCAA) championships.

The Mohawk College Mountaineers hit a key shot in the dying seconds of the game to stop Humber's charge to the tournament finals.

"There's no reason to hang our heads," said Humber Head Coach Denise Perrier. "It's November, and we'll see these guys again in December. This should have been the final game of the tournament."

The Hawks arrived at Durham College determined to put forth their best effort, and that seemed to be the case as they took on Kirtland Community College, from Roscommon, Michigan.

The Hawks came out flying with runs of seven and 10 to take a commanding lead 18-5. Kirtland stayed in the game with some baskets of their own, but couldn't catch the soaring Hawks. The Hawks contin-

ued to roll, with another unanswered run of nine to finish the half with a 12-point lead, 32-20.

"This is our first year in the program," said Kirtland Head Coach Jim Parker. We came up on the short end because our shooting in the first half killed us. Some of our rules are different. We don't have the 10-second rule, and our three-point line is six inches shorter.

The second half proved to be better for Kirtland as they started with four unanswered points, until the Hawks found their touch once again. Humber continued where they left off, with tough defense and some key baskets, helping to build a comfortable lead.

The Hawks went on two runs of six and seven, en route to a 15-point win, 67-52.

The Hawks allowed Kirtland to score 32 points in the second half, while they tallied 33. The Hawks' offense was led by team star Beth Latendresse's 16 points, and co-captain Elaine Morrison's 10, while Brenda Chambers chipped in with nine of her own.

After the convincing win, the Hawks rested up and were ready to face their next opponent on Saturday, the Mohawk Mountaineers, the team that deflated Humber's hopes last year with a last-second desperation shot to beat Humber in the OCAA semi-finals.

The Hawks came out flat early in the game, scoring only six points, while the Mountaineers went on two runs of three, to take the lead 10-6.

The Hawks gained their composure, hitting some key shots to

bring them within three points of the lead. The Hawks pulled away with an eight point run with 6:44 left in the half, and held the lead going into the final minutes of the half. Third-year player Chambers hit one of two fouls shots, and made a key steal to set up starting point guard Elaine Morrison's last second three-pointer. Mohawk dug their own grave with 15 fouls in the first half. The Hawks benefited from Mohawk's woes, going to the line 11 times in the half.

The Hawks went into the dressing room with a four-point half time lead, 33-29.

"I knew it would be a tough match-up," said Mohawk Head Coach Caroline Foreman. "We haven't played them this year, but we knew they were undefeated and so are we. It's our first game against really good pressure, so it was good for us. I didn't think they would play us that hard though."

The second half proved to be tougher for both teams. The Hawks came out of the blocks with a bang, continuing to hit key baskets. Runs of four and five allowed the Hawks to take an 11-point lead, 46-35. But the Mountaineers answered with their own run of nine to pull within two. The Hawks tried to pull away with some much needed three pointers, but their shots wouldn't fall.

The two teams traded baskets, but neither team could hit any key shots to take the lead. With 38.2 seconds left on the clock and the game tied 54-54, the Mountaineers took the lead with a short jump shot, 56-54.

With only 3.6 seconds left in the

game, and the game tied 56-56, Mohawk hit one of two foul shots to take a one-point lead 57-56.

In the dying seconds, Humber's last second shot didn't find the net.

The Hawks were once again led by Latendresse's 16 points, and Chambers' 11, while Morrison helped Humber's cause with nine of her own.

"It did us a world of good to play somebody who was one point behind us," said Foreman. "We haven't had the pressure yet this year, so now we will benefit from that later on. I thought Humber had control of the game most of the time. They certainly had us. They were beating us all over the floor. The difference was when we went to a zone defense, and they couldn't hit their shots."

Denise Perrier also expected a tough game.

"Mohawk is a good team, and I was looking forward to see how we matched up against them," said the Humber coach.

"We went over their plays before the game, and there were no surprises. We knew what we had to do, and they got some lucky breaks at the end. What can you do? Overall, I was proud of them, and they did a good job. We'll know what to expect when they come to Humber," Perrier added.

"I knew the game would be tough," Chambers said. "I knew they would be out to beat us, and it would be a tough game. I had confidence in our team that we could beat them. Eventually they didn't even press us anymore. I thought we were going to be in the seven p.m. [championship] game."



PATRICK CAMPBELL

BATTLE ON THE GROUND—A Hawk player and a player from Kirtland Community College battle for the ball in the low post as teammates look on.

Lady Hawks win clash of talons against Falcons

by Patrick Campbell

Humber is 4-0 to start season

The women's Humber Hawks basketball team came out victorious in the clash of the talons last Wednesday. The Hawks extended their season to an undefeated 4-0, dumping the Fanshawe Falcons 65-59.

The Hawks and Falcons traded baskets early in the first half until the Hawks broke out for an 11-0 run to take the lead 21-14. The Falcons tried to keep close with baskets of their own, but couldn't keep the Hawks off the scoreboard. The crowd saw a lot of free throws, as Fanshawe and Humber finished the first half with ten fouls each.

Humber slowly pulled away from the opposition with runs of eight, seven, four, and three to pound out the half with a 14-point lead, 41-27.

"We clearly didn't play well in the first half," said Fanshawe Head Coach Jeff Farrugia. "Defensively, we were lost, and it cost us."

The Falcons came out in the second half determined to close the gap that Humber had opened in the

first half. The Falcons came out with strong, going on runs of eight and six to decrease Humber's lead to only six. But that was as close as Fanshawe would get.

The Hawks, feeling the pressure, turned the tables and hit some key baskets to maintain a fair margin between them and the Falcons, keeping their unbeaten streak intact.

The Hawks continued to plug away, led by team captain Elaine Morrison's 20 points and Beth Latendresse's 13, while Jennifer Gilchrist chipped in with 10. The Hawks were able to break down the court for easy baskets, thanks in part to the rebounding of Filomena Aprile and Brenda Chambers.

"It's an upsetting game," said Farrugia. "I knew Humber was undefeated and has always been a good team. If we come out and play the first half like we played the second half we would win. We only gave up 24 points in the second half."

"I've been coaching for 17 years, and never have I lost three games in a row at home. That upsets me. I just hope it upsets the players just as much. To lose a game at home is a cardinal sin," added Farrugia.

Humber Head Coach Denise Perrier felt the team could have played better, but was happy to take the win.

"We didn't play great, but we managed to get a win," said Perrier.

"We started off slow and then finished strong the first half. We did some things well. We were patient and ran our offense. When they made a run on us, I was glad that we didn't get frustrated or out of control. We were missing three girls, ... and Denise [Marshall] filled in and did a great job," added Perrier.

The Humber Hawks continue to roll through the Ontario College Athletic Association, and are now ranked ninth in the nation. The Hawks put their undefeated streak on the line as they face the Durham Lady Lords on Nov. 22.



PATRICK CAMPBELL

UP, UP, AND AWAY—The Hawks Elaine Morrison goes for the lay-up as she is surrounded by teammates and opponents, watching in awe, as she gets airborne.

Seneca loses sting and game to Hawks

by Randy Cooray

With their backs against a wall, the Humber Hawks men's volleyball team came back with a thrilling 3-2 victory against the hometown Seneca Sting.

Humber's first two games, resulted in unflattering 25-17, 25-18 outcome in the first two sets, however the Hawks clawed their way back, winning the final three-games en route to the come from behind victory.

"We finally came together," said starter Jeff Young "Losing the first two games gave us a wake up call and we came around and started to play hard."

What has become a problem

with the team is staying focused throughout the match and reaching the deciding fifth set in all of their three games this season.

"We tend to get down on ourselves really easily," said Young "The team gets hot when we are hot, but cold when we are cold."

Head coach Wayne Wilkins believed the Sting was going to come out strong in the beginning playing in the front of the home crowd.

"I explained to the guys that it's their home court and they are going to come out firing where things can go the other way," said Wilkins. "What the difference was, I believe, Seneca had some of that fear in them and it is tough to play when you are afraid to lose."

Even Seneca starter Eli Shermer took the loss in stride, approaching Wilkins at the end of the match.

"It was a nice game until Wayne employed his tactics and took over," said Shermer. "I am proud of the guy. We worked hard and played good defence but it came down to hitting errors for us."

With the Hawks sitting at a 2-1 record, Wilkins is seeing the team he envisioned in the not so distant future.

"We are getting close. There are still some guys who aren't 100 per cent sure of where they fit and some guys have got to learn that if they aren't going to produce they aren't going to play," said Wilkins.

Humber will now take on the Sheridan Bruins for a home and home with game one at Humber on Tuesday.



RANDY COORAY

BOOM! - This spike by the Humber player was just a taste of what Seneca had to put up with last week.

Humber wins battle of the birds

by Luc Hebert

The Fanshawe Falcons were flying high after a No. 2 ranking by the CCAA, but they have since lost the wind beneath their wings with their second straight loss.

Humber's men's basketball team made a statement with a convincing 75-59 win over the Falcons, last Wednesday night. The win brought Humber up to the No. 4 spot in the national rankings and relegated Fanshawe to the No. 13 spot.

The two teams are amongst six Ontario teams ranked in the top 15 in Canada. The George Brown Huskies (No.3), and the Sheridan Bruins (No.11) compete with Humber in the OCAA central region.

What does the Fanshawe warm-up look like? Five guys shooting long range bombs while another six await rebounds that would give them the opportunity to follow suit. The game wasn't much different either as the Falcons seemed to take their game plan right out of the legendary Pete Carill's playbook. The famous Princeton Tiger's coach was slightly more successful with his array of picks, back-door cuts and long range shots.

The Hawks came out aggressive against the Falcons in the first half. Humber players converted on most of their attempts while they limited Fanshawe to three field goals in the first nine minutes of the game to go up 21-8. The Falcons used a nine point run, all from the arc, to jump back into the game 21-17. Another three point shot was attempted after a Hawk miscue, but the ball failed to find the mesh.

The momentum had already swung, and had that fourth three-point shot gone in, the final score of this game might have been much tighter.

Fanshawe, used its shooting to stay in the game at the half trailing 35-30. They poured in five threes that amounted to half of their total

on the scoreboard. The second half was a much different story as the number of three-point shots hit in the first half, was matched by plenty of airballs in the second half.

The Hawks opened the second half on a 21-8 run that lasted almost eight minutes. Dexter Miller sank two from long range and Ben Sanders hit a bomb of his own as well as two other baskets from closer in during the span.

The momentum was swinging no longer. The Hawks permanently enjoyed it. The Falcons did regain it near the end of the second half but their game ending 10-0 run did nothing but turn a blow-out into an ugly loss.

Eleven different Hawks scored at least three points as their bench was the source of a great deal of excitement. The starters were up on their feet and seemed to expend just as much energy on the sidelines as they did on the court while they cheered on their teammates. Reserve point guard Cwentun Mcleod put in an energetic five minutes of play. His four points created a buzz on the bench as he left defenders wondering why their shorts were around their ankles. His quickness was also an asset on defense as he put tremendous pressure on the ball and clearly frustrated the Falcon point guard.

Hawks Head Coach Mike Katz was impressed with his team's level of play and was pleased that he was able to create playing time for a lot of his players.

"I knew we had talent, but not everybody was playing well," said Katz. "When everybody's playing that well they're tough."

Katz also said that having so many players contributing in a big win, will

definitely help build team chemistry. And that was evident on the bus ride back to Humber. Despite the late hour, players reviewed the game tape on the small monitors perched from the bus's ceiling. Not much criticism could be heard as players dissected the game play by play. As they concentrated on the screens, they got a second look at Jeremy "Worm" Walters driving the baseline and soaring up to the rim before bringing the ball down to his waste and back up again to lay it into the basket for the reverse.

"That's a tough move, Worm," someone said from one of the back rows.

"I know, that's why I tried it again," Walters said as he laughed about the time he tried the same move from the same spot on the floor in the second half.

He failed miserably as the ball bounced heavily off of the backboard and into the hands of a Fanshawe player.



LUC HEBERT

FADE-AWAY - Hawks forward Dejuis Begaj (left) makes the jump shot over the Falcons defender.

Sting end undefeated streak

by Jeff Neal

The Humber Hawks women's volleyball team lost to the Seneca Sting last Thursday ending their streak of three straight undefeated seasons.

Playing on enemy ground, the Hawks were pushed to the limit by the Sting. Seneca forced a fifth set and outdueled Humber, to win the game. Although Humber took the first match, the final score was 25-15, 19-25, 25-20, 16-25, and 15-17 in the final set.

"We came here expecting to be unbeatable because we had undefeated tournaments, undefeated games, undefeated exhibition games," Hawk co-captain Michelle Richmond said. "We came here thinking it'll be a continuation instead of stepping back, concentrating on the little things, and focusing on the larger things later on."

"I've coached teams where we went undefeated and lost at the end of the season. Ask any coach, he'd rather lose now than at the end of the year. We're not happy to

lose but it really did give us a wake-up call," Hawk assistant coach Chris Wilkins said.

In the first set, Seneca opened with a 4-0 run They did so in the second and final set as well. But Humber fought back to take the set by ten points.

"It's not the way we wanted to win. I don't think we played up to our potential, but neither team did. We're happy because it's the first time we beat Humber in six years," Seneca captain Jen Murray said.

"As long as we work hard and play as a team we're very tough to beat. As soon as we play average and not dictate the play, we run into problems," Wilkins said.

When the Hawks play their type of game they dominate and outclass opponents, but they started to play Seneca style, which is gutsy survival.

"Ability wise, we have the ten best players in the league, there's no doubt. Other coaches around the province told us that. But the six players on the court have to work as a team," Wilkins said.

Then why are the Hawks having trouble? They've shown before that their talent can't erase mental errors.

"We have a big problem with communication. As soon as we get down, everyone sort of clams up and that's when we have to speak up the most to let people know what's happening on the court and be vocal to motivate each other," Richmond said.

"That team (Seneca) was a well coached team. They were disciplined and they didn't make the mistakes we did tonight," Humber coach Dave Hood said. "It's not going to kill us, it's going to make us better because when people made a mistake out there they recognized that they made a mistake."

"It doesn't sink in when the coach is continuously telling them what they are doing wrong," Hood said.

Although, when the red faced coach called a time out in the third game after some sloppy Hawk play, it seemed to stick as Humber tied the set and never trailed in the set again.



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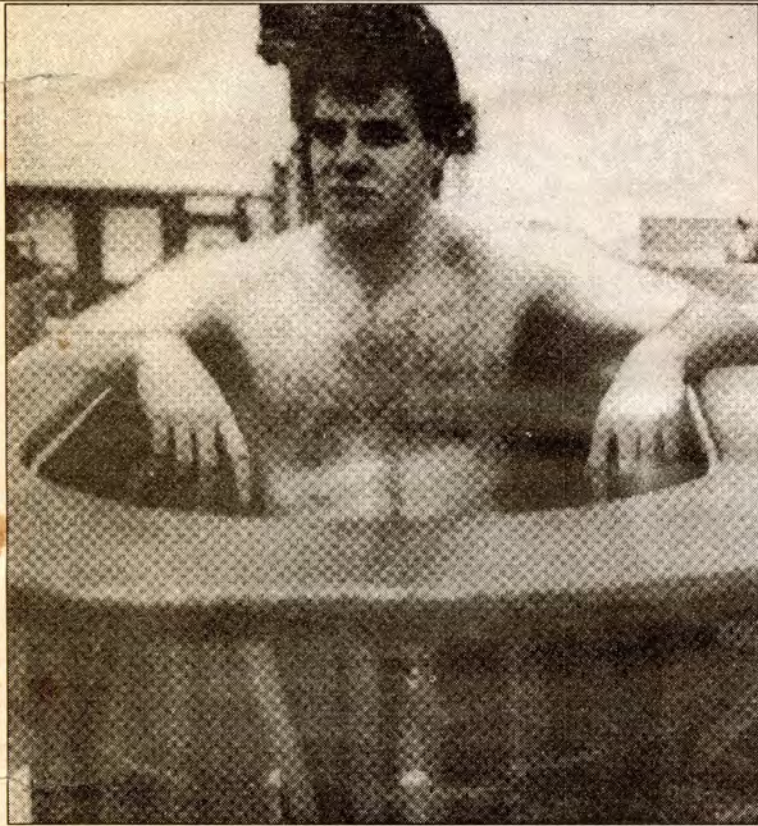
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BIZZARTIFACTS *et cetera*



WHERE'S MY RUBBER DUCKY? - The water looks nice and warm for Jeff Young, a second-year marketing student using one of the therapeutic hot tubs in Humber's Athletic Injuries Clinic back in 1985. The clinic was open to both athletes and students who suffered athletic injuries. Jeff was soothing the itch from the thick black hair on his chest.

Dead presidents

- Abraham Lincoln was elected president in 1860
John F. Kennedy was elected president in 1960
- The names Lincoln and Kennedy each contain seven letters.
- Lincoln's secretary was named Kennedy.
Kennedy's secretary was named Lincoln.
- Both presidents were shot on a Friday and they were both shot in the head.
- John Wilkes Booth, who assassinated Lincoln, was born in 1839.
Lee Harvey Oswald, who assassinated Kennedy was born in 1939.
- Both assassins were known by their three names and their names were composed of 15 letters.
- Lincoln was shot at The Ford Theatre.
Kennedy was shot in a Lincoln.
- Booth ran from the theatre and was caught in a warehouse.
• Oswald ran from a warehouse and was caught in a theatre.
- A week before Lincoln was shot, he was in Monroe, Maryland. A week before Kennedy was shot, he was with Marilyn Monroe.
- Andrew Johnson, who succeeded Lincoln, was born in 1808.
Lyndon B. Johnson, who succeeded Kennedy, was born in 1908.

Say What? "1997"

"Being misunderstood is the fate of all true geniuses, is it not?"
-Private Parts

"I think people who speak in metaphors should shampoo my crotch."
-As Good As It Gets

"Who throws a shoe? I mean honestly, you fight like a woman."
-Austin Powers

"I despise rapists. To me, you're somewhere between a cockroach and that white stuff that accumalates at the corner of your mouth."
-Con Air

"Archie and Jughead were lovers. Archie was the bitch and Jughead was the butch. Archie was the queen of king Jughead's world."
-Chasing Amy

"Give me my money back, give me my money back you bitch. I want my money back, and don't forget to give me back my black t-shirt."
-Song for the dumped, Ben Folds Five

"Don't say you're happy, out there without me. I know you can't be, cause it's no good."
-It's no good, Depeche Mode

What's your sign?

♏ SCORPIO
23 October - 21 November
"You can't always get what you want." We like Mick Jagger as much as the next dude, but screw that. Go get 'em tiger.

♉ TAURUS
20 April - 20 May
Feeling bored Taurus? Well...sometimes you want to go where everybody knows your name. And they're always glad you came. Raise your glass and say Cheers homey.

♐ SAGITTARIUS
22 November - 21 December
Whew! What a week! This week doesn't look like it's gonna let up either. Why don't you go with the flow, head to the pub, and have a nice tall glass of Guinness. Now this is astrology! Pure genius.

♊ GEMINI
21 May - 20 June
Quality is subjective, but perfection is absolute. Understand? Or do we have to spell it out for you? Well, what's it gonna be, punk?

♑ CAPRICORN
22 December - 20 January
This week your stars are aligned like a lasso, so go rope yourself a healthy dose of goodness. Nugget goodness, marshmallow goodness, bump n' grind goodness, or whatever floats your boat.

♋ CANCER
21 June - 22 July
You were never one to miss a chance to take pleasure in other people's misery. We like that dark, twisted side about you, Cancer. Go for the glory, Huck!

♒ AQUARIUS
21 January - 18 February
You take the good, you take the bad, you take them both and there you have the facts of life!

♌ LEO
23 July - 22 August
You need to get you priorities straight this week. Establish a decent agenda that may enable you to get out of the house and actually do something constructive. And we don't classify cow tipping as constructive.

♊ PISCES
19 February - 20 March
Ignore criticism this week. The best thing to do is take it like a man and suck it up. Look that person straight in the eyes and tell them that nobody's perfect. If not, you can always smack them in the teeth

♍ VIRGO
23 August - 22 September
Having trouble peeing in public and getting rid of dandruff? Or are you waking up with chunks of crust in your eyes? Chances are, you are suffering from a remote disease called, Loserphobia.

♈ ARIES
21 March - 19 April
Try not to be too overindulgent this week. Instead, take the proud and independent approach. You're gonna make it after all!

♎ LIBRA
23 September - 22 October
Aren't horoscopes fun, Libra? Especially when we call you a dumbass.

For entertainment purposes only.



It's your world

On track: taking the team to new heights.

Off track: same deal.

Go figure.



Mike Lafontain
and Josh Freund
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Team members



Team Player's

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