

HUMBER et cetera

April 15, 1999

Vol 27 Issue 26

HUMBER HIGHLIGHTS

Souvenir Pullout:
Is there life after Humber?
Special Section 14

C'mon, let me take you on a
sea cruise Lakeshore 9



MEN'S SOCCER:
A VERY SPECIAL
YEAR IN REVIEW

Sports 27

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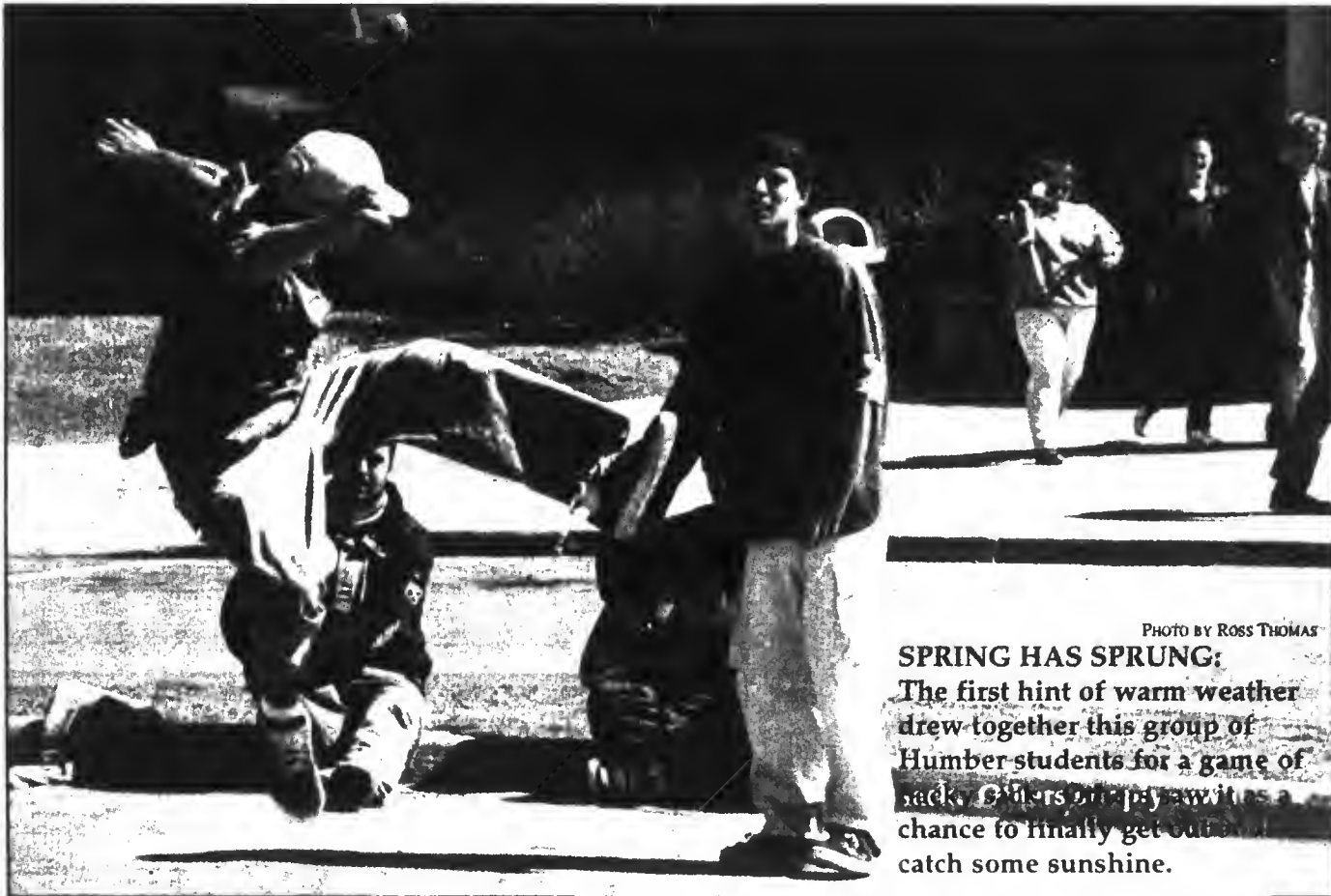


PHOTO BY ROSS THOMAS

SPRING HAS SPRUNG:
The first hint of warm weather
drew together this group of
Humber students for a game of
flag football. They saw it as a
chance to finally get out and
catch some sunshine.

College has capacity crowd

BY ROSS THOMAS
Et Cetera Staff

Concerns that overcrowding at Humber could become a problem are justified, a Humber administrator admitted.

"If you ask whether the college is overcrowded, then the answer is 'Yes', and I think everyone would agree on that," said Michael Harper, Dean of Planning.

But he said the overcrowding has not yet reached a serious level because the college schedules classes efficiently.

Despite his assurances, there have been complaints.

"For sure it's overcrowded, especially in-between classes. Sometimes it's difficult just to walk around," said a Nursing student, who did not want to be identified.

"During mid-day, between 11 a.m. and 1 p.m., it's bad - the corridors are really crowded," added Timothy Tate, an Electronics student.

Most students questioned said corridor crowding is at its worst when everyone tries to get to class.

Each full-time student has an average only 72 square feet at Humber's two campuses, compared to an average of 106 square feet at other community colleges in the province.

The situation is the worst at North

campus, where each of the 12,000 students is allotted an average of only 66 square feet.

The 2,000 students at Lakeshore have an average of just over 100 square feet each.

"A normal planning figure is 100 square feet per student, but that's just a general norm. It depends what kind of program the student is taking," Harper said.

He gave the example of music students, who often receive one-on-one teaching.

These students require more room than those in other disciplines, such as Accounting. Classes in the latter are much larger.

The college is considering easing the strain on North campus by moving some programs to Lakeshore, which can accommodate another 400 students.

Planned renovations of five unused buildings at Lakeshore - totalling about 150,000 square feet - will make room for an additional 1,500 students.

Another potential problem could come in 2003, when Grade 13 is scrapped.

When the fifth year of high school is eliminated, enrollment could double at Humber.

The provincial government has been consulting with the college and may provide Humber with money needed to

place additional students after Grade 13 is deleted from Ontario's curriculum.

"That's our hope," said Richard Hook, vp of Academics.

"They've asked us how they could help and we're working with them," he added. "There are some opportunities to expand."

Another way the college could lessen the overcrowding is by developing class schedules earlier in the year, Hook said.

"We're trying to schedule earlier this year than ever before," he added.

Harper has rejected the idea of reducing Humber's day-time population by scheduling more classes at night and on weekends.

"We already schedule into the evening until 10 p.m. and on weekends for part-time students. I'm under the impression that the evenings are pretty well booked," he said.

One of the biggest complaints related to overcrowding is that there aren't enough computers for the number of students who need to use them.

The college is investigating ways to alleviate this problem, including putting docking stations around the college for laptops.

Anyone would be able to plug into these stations and access the college computer network and the Internet, Harper said.

Humber checks up on "cashing out"

BY MIKE GENTILE
Et Cetera Staff

After being scammed out of more than \$100,000, the college plans to implement new systems on how money is handled.

The school is currently filing an insurance claim to recover the missing money. One hundred thousand dollars was taken from the deposit centre, while a smaller amount was taken from the cash box in the \$5 pay parking lot.

See News 4

A helping hand for Kosovo

BY NIKOLINA MENALO
Et Cetera Staff

Humber students now have a chance to help Albanian refugees from Kosovo.

SAC and its affiliated clubs have set up white bins around the college so students can donate clothing and non-perishable food items until April 25.

Refugees have been flooding from Kosovo since Serbian forces embarked on a campaign of terror in the region.

Ronald Shaw, one of the organizers of the food and clothing drive, said he hopes it will go well.

"We have already received a couple of bags of clothing, and numerous phone calls from students asking how they can help out," said Shaw.

Bins are located in the following areas: Java Jazz, Main entrance in the NX building, Residence, Harvey's, Upper Level of the Pipe (K building), Outside Caps (A building), and Radio Station (LX building).

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Have a lovely summer! Et Cetera returns in September.



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TOYS

Hats off to...

ACTION FIGURES



In 1964, G.I. Joe hit the market and made it possible for men to play with dolls, which were cleverly disguised as "action figures." Ever since, little plastic replicas have been made from popular characters like Darth Vader and real people like Abraham Lincoln.



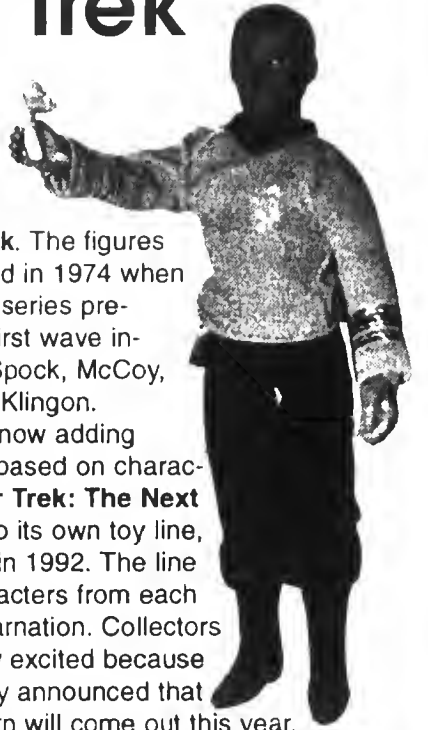
Planet of the Apes



Vintage **Planet of the Apes** figures, made by Mego in the '70s, coincided with production of the TV series, which only lasted for 14 episodes. For the original film's 30th anniversary last fall, Hasbro's Signature Series released a wave of three 12-inch figures: Cornelius, Dr. Zaius and General Ursus. A second wave, including Zira, Astronaut Taylor and a Slave Gorrilla is due out this summer.

Star Trek

Mego was the first company to make figures based on characters from **Star Trek**. The figures were produced in 1974 when the animated series premiered. The first wave included Kirk, Spock, McCoy, Scotty, and a Klingon. Playmates is now adding more figures based on characters from **Star Trek: The Next Generation** to its own toy line, which began in 1992. The line includes characters from each Star Trek incarnation. Collectors are especially excited because it was recently announced that a 12-inch Gorn will come out this year.

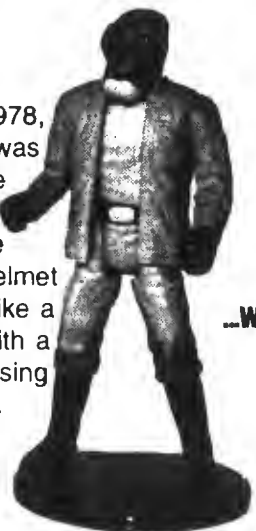


"Walrus Man" (1978)...



Star Wars

No **Star Wars** action figures were released by Kenner until 1978, almost a year after the film opened. The very successful toy line was in production until 1985. Ten years later, renewed interest in the franchise spawned an updated line, with several characters, such as Biggs and Uncle Owen, finally being made into figures. Some of the most popular figures include a Darth Vader with removable helmet and hand, a Bespin Luke Skywalker with a removable hand (seems like a trend), and the Fan Club exclusive Death Star Droid, which comes with a Mouse Droid accessory. Kenner has signed a multi-million dollar licensing deal to make toys based on the new film, **The Phantom Menace**.



...was re-christened "Ponda Baba" (1997).

Compiled by Andy Georgiades

WWF Wrestling

You think wrestling figures are a new phenomenon? Think again. LJN produced such wrestlers as Andre the Giant, Hillbilly Jim, and the Junk Yard Dog from 1984-89. Pictured on the right is King Kong Bundy, the heaviest (and cutest) of the series.



A-Team

Found in a desk drawer was a Mr. T replica from the early '80s hit, the **A-Team**. Mr. T, with his muscular body and eccentric persona, was a natural subject for an action figure. Unfortunately, his gold chains seem under-represented. Whoever produced this had a lot of guts (the show, that is, not the toy).



Tips for action figure collectors

CARE:

- Do not open or play with them.
- Store them in plastic bags and boxes used for comic books.
- Keep them out of damp places.
- Don't tell your parents.

THE WEB:

- www.primenet.com/~btn/aft.html
- [www.http://toymania.com](http://toymania.com)
- [www.http://hasbrocollectors.com](http://hasbrocollectors.com)
- [www.http://playmatestoys.com](http://playmatestoys.com)
- [www.http://www.spawn.com](http://www.spawn.com)



News etc.

■ A Celestial support

The Marketing Investment Group (MIG), a Humber College supported organization, is hosting an AIDS benefit fashion show called Celestial Movements. A minimum of \$3,000 will go to AIDS research. Celestial Movements will feature several Canadian fashion designers, such as, Katlin Robison from Daemon Girl and Snug Industries Streetwear. In addition to the fashion show, House/techno (Kenny Glasgow) and Jungle music (Sniper) have been confirmed to DJ during and after the show in a dance club setting.

Celestial Movements will take place on May 19 at 8 p.m. at the Joker Nightclub. The fashion show begins at 8:30 p.m.

Tickets cost \$10 in advance or \$15 at the d.r. Contact Donny Day at (905) 824-6595.

-Michael Stamou

Inquest suggestions could affect Nursing program

By PENNY LAUGHREN
News Reporter

Two months after an inquest was held to right the wrongs that led to the death of 18-month-old Trevor Landry, Humber's nursing program is examining the effects of the inquest's recommendations.

Landry died at Peel Memorial Hospital, last June, after a nurse injected him with the wrong medication. Dr. Kevin Flynn, who headed the inquest said it looked into pediatric nursing practices, education and safe medication administration. The coroner's jury made over 40 recommendations to hospitals, nursing organizations and community colleges.

The Landry inquest jury recommended that: "Ontario community colleges should provide a pediatric-nursing program"

According to the testimony of nursing expert, Marilyn Abraham, community college nursing programs do not have post graduate pediatric training.

Humber's dean of health services, Anne Bender, said after nursing students graduate they "choose a clinical rotation in either mater-

nal or pediatric nursing"

Bender said she has not seen the inquest report. However, she said, if the inquest made recommendations that affect the quality of care and safe nursing practice, "of course we have to look at that." Bender said she has not asked the coroner's office for a copy of the inquest report. She said it would be up to the department chair to get a copy.

"Ontario community colleges should provide a pediatric-nursing program."

Recommendation from the Landry inquest

Humber's chair of nursing, Gwen Villamere is also the head of what she describes as "a loose group of community college nursing directors." Villamere said she has not received a copy of the inquest report. The problem with coroner's inquests, she said "is they do make recommendations but they

never go anywhere"

Flynn said a copy of the inquest summary is available from the office of the chief coroner. Flynn said he would be meeting with the deputy chief coroner next week, and will inform her that Humber College has not obtained a copy of the inquest recommendations.

Flynn said, "a coroner's inquest does not have the force of law." It is up to the institutions and organizations that are targeted by an inquest to make the changes.

Clarence Redekop, a senior policy analyst with the Ministry of Education's community colleges branch said it is not unusual for community colleges or universities to receive copies of coroner's inquest recommendations. Redekop said the Ontario government could not just give an order to community colleges to change their programs.

He said the recommendations could be hard to entrench in the college curriculum, because the Ministry has little control over the placement of students. Therefore, they could not order schools to install hands-on pediatric training.

Sticking to the sidewalk SAC seat still unsettled

By JULIE GRECO
Editorial Staff

New stickers are encouraging cyclists to walk their bicycles on sidewalks as part of a sidewalk safety campaign this spring.

The blue stickers, which say "Please Walk Your Bike on the Sidewalk", will be affixed to bicycle racks across the city.

This new street safety initiative was launched on April 6 at Nathan Phillips Square by The Toronto Cycling Committee, The Toronto Pedestrian Committee and the city's Road and Trail Safety Ambassadors - a team of safety experts who provide safety

"This sticker is to increase awareness and to encourage cyclists to use the space they have on the roads."

Councillors Jack Layton (Don River) and John Adams (mid-town) helped to unveil the new campaign.

Adams said sidewalk safety has been a concern for a number of years.

"If you need to go on sidewalks, dismount and walk your bike," he said.

"Pedestrians need to feel safe and be safe on sidewalks," Layton added.

"If we all work together, we can pull it off."

Layton said the new initiative is cost effective because it encourages cyclists to obey the rules voluntarily.

The politicians stressed that cycling on sidewalks is not legal.

Road and Trail Safety Ambassador Kara Spence said

children are the only exception.

Children are legally allowed to ride on sidewalks because their bicycles have wheels 24 inches in diameter or less, she said.

"If you're an adult, you've got a larger size diameter for your bike and you cannot ride on the sidewalk," she said.

Those who get caught breaking the rules already have a hefty price to pay.

The fine for cycling on the city's sidewalks is \$90, plus a \$15 service charge.



PHOTO BY JULIE GRECO

Councillors John Adams (left) and Jack Layton kick off the sidewalk safety campaign.

By EDYTA ZDANCEWICZ
SAC Reporter

President-elect Muhammad Virk is still waiting to hear from The Council of Student Affairs (CSA) regarding his eligibility as SAC North president.

Last week, the CSA told the Et Cetera that a final decision would be made April 7 but both CSA and SAC are remaining tight lipped on the matter.

Virk, an international student may be unable to become SAC president because of his status.

The CSA will not comment on why there is a hold up in making a decision, or what specific point is causing problems.

Immigration Canada officials said Virk must retain full-time status as a student to be reconsidered for entry into Canada as an international student next year. That means he must show that he has spent at least 24 hours a week studying.

This includes anything from class time, lab time, library time, and outside work on assignments integral to the course.

But most of all, officials said his primary purpose for being in

Canada must be studying.

The Immigration Official, who would only give her first name said that it would be a problem for him to drop down to part-time status.

"If he were to drop down to part-time status immigration would refuse him, next year. And if he showed that he was both a full-time student and in full-time employment we would definitely question where his priorities were. It is obviously not with his studies from our end."

Virk said that he was informed last week that he would need a work visa before he can take on the presidency. Although he has been trying to get the visa in on time he's been having difficulties obtaining the proper documentation from the CSA and SAC specifically a job letter.

But according to a spokesperson from Immigration Canada an international student is not required to obtain a work visa to work on campus.

"It doesn't matter how many hours a student is working on campus what matters is that they show that studying is the main priority for them being in Canada."

"Pedestrians need to feel safe and be safe on sidewalks."

-Councillor Jack Layton

information to all road and trail users.

According to Sean Wheldrake, a Road and Trail Safety Ambassador, this venture is a response to pedestrian complaints about cyclists riding on the sidewalk.

"There has been an ongoing conflict between cyclists and pedestrians on the sidewalks and many injuries," Wheldrake said.

Feedback questionnaire being reworded to better serve students

By ROSS THOMAS
News Reporter

Humber's Student Feedback Questionnaire is being revamped to make it clearer, and to provide more precise information to the college.

The process started about a year ago, when a volunteer group was formed to review the current questionnaire.

A new version was presented at a meeting of the college's Academic Council last month.

"There's still a couple of questions to be resolved. The problem is that we do take the survey very seriously, but there's a balance to

be found between (its thoroughness) and how many the students are prepared to do," Richard Hook, vp of Academics, said.

The volunteer group overseeing the review has reduced the number of questions to avoid "survey fatigue" and recommended that only three courses would be surveyed per semester by any one student.

At the meeting it was suggested that the logo and instructions on the front page, which currently take up 25 per cent of the page, should be reduced to provide more space for students' comments.

It was suggested that the ques-

tions be rewritten in a more positive way. There was also a call to allow students to rate a course, and its instructor, against others.

Hook said ideally there would be a core set of questions that do not change, and additional separate surveys for full-time, part-time, and online students.

"Online and part-time students should be dealt with separately because of their unique time constraints," he said.

Hook said more feedback should be given to students, to reduce the frustration they feel about the questionnaire.

Since the survey will not be administered until later in the

semester, the school would have to cut processing time in order to get the results to students.

Hook is putting together a group to look into how the college can reduce the turnaround time in processing the forms.

He said the results of previous questionnaires have made a big difference in the quality of services and teaching at the college.

"We seem to keep that good news story under a bushel, so we need to tell more people," Hook said.

Hook hopes to try out the revised questionnaire during the summer, so it will be ready for next semester.

Funds recouped

■ Continued from page one

Humber President Robert A. Gordon said the college has received 100 per cent of the money taken from the parking lot, and about half has been returned from the deposit centre.

"We got a lot of it back," Gordon said, but he was still bothered by the fact that it happened. "It's frustrating to know that some employees are not loyal to the college but to themselves. They admitted it. For obvious reasons they are no longer with the college."

Under the old system there was only one person working in the deposit centre at a time. Vice president of administration Rod Rork said the employee was able to make their way around the system. "It turned out that it was possible to fool the cameras." Rork is heading the ongoing investigation.

When the Harris government cut \$13 million worth of school grants, the staff was reduced, leaving just one employee in the deposit centre at one time. "There's no way that one person can be alone counting money," Gordon said.

Rork said that one step in the right direction is also reducing the amount of cash kept on campus. "We'll reduce the cash and the work it takes to handle it," he said.

In the case of the parking lot theft, old machinery made the school vulnerable. The 12-year-old machines in the pay parking lot had no way to track how much money was being put in. Rork said the school became suspicious when the parking revenues began to decline despite the increase in price. "They (revenues) were down a bit but the parking rates had been changing," he said.

A new \$13,000 parking arm equipped with a tracking system has been installed.

As of now the new arm only takes cash but the option of paying by credit card will be available in September.

According to Rork the new system will not only improve the movement of money around the college, but it will provide "a convenience for the students," he said.

However theft was not limited to only these two cases. The washers and dryers in residence also had no tracking system.

"There was some money missing out of there," Rork said.

Humber College is a \$100 million operation where no system is absolutely free from theft.

"What we're doing is reviewing our system once again," Rork began. "You can never be 100 per cent sure that your systems are fool proof."

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Making school accessible

BY ROBERT STEEVES
News Reporter

Steep is not a strong enough word to describe some of the wheelchair ramps at Humber's North Campus. Insanely steep and a pain to wheel up are more appropriate descriptions.

At least that's the word from some of the college's 1800 students forced to negotiate the wheelchair ramps daily.

"The ramps are too steep," said Steve Ganyu, a second-year Radio Broadcasting student. "I think that if you're in a motorized chair then it's okay. I don't know what the architect was thinking when he designed them, but the ramps are just too steep."

However, Humber is not breaking the Building Code on wheelchair accessibility. Parts of the college are so old they fall under old building code requirements. These sections don't have to meet current building code requirements for wheelchair accessibility. However, they can do so if they want.

During the 1997-98 school year, 1,804 disabled students attended Humber's two

campuses. That total includes those in wheelchairs, on scooters, and on crutches.

Ollie Leschuk, Head of Services for Students with Disabilities said that in most areas, the college has done its best to make mobility easy for disabled students.

On the other hand, she said, some areas could be improved, but the college can't afford the upgrades.

They do get money from the government to make repairs for upgrades but there's so much to do and so little money, Leschuk said.

The government gives the college a grant to make repairs each year.

"For the past five years, it's been \$500,000 annually which works out to 35 cents per square foot," said Bruce Bridgeford, director of Facilities Management.

The college has to follow certain rules when deciding where the money goes. It can go to improving air quality, health and safety, energy saving, repairs, light and electrical upgrades.

However, the grant doesn't provide enough money to

upgrade wheelchair accessibility.

Four elevators in the college allow students with disabilities to access the second, third and fourth floors, but none of these elevators reaches the Pipe or the Student Centre.

Bridgeford said this is because the elevators don't reach the basement, where the Pipe is located. As a result, the ramps are the only way to get there.

He also said there are no new plans in the works to put in an elevator to reach the Pipe or the Student Centre.

"With the kind of money that two of those elevators would cost we could do literally hundreds of other things," Bridgeford said.

Leschuk said if disabled students have a problem getting around the college or in the class room they

should talk to her and she'll try to get the problem fixed.

The college will help she said. For example, she said, there was a visually impaired student at the college a couple of years ago who lived in residence and had trouble crossing the road to the walkway leading to residence.

As a result, Physical Resources got a railing installed so the student would be able to find the curb, listen for the cars and then cross the street when it was safe.



PHOTO BY ROBERT STEEVES

A number of disabled students at Humber have complained about the steep ramps at the North campus.

A Dollar Party for the community

BY JULIE GRECO
Editorial Staff

Merchants, community organizations, residents and entertainers came together for the first Toronto Dollar Party.

Thousands gathered at the St. Lawrence Market on April 8, to get a taste of what the Toronto Dollar had to offer.

David Walsh, Treasurer of Toronto Dollar Inc., said the evening was a success.

"We're trying to build bridges in the community between small business and institutions in the community - like St. Michael's School - and residents," Walsh said.

"People were enjoying themselves and the community groups were happy to let a lot of people know about what they're doing."

Toronto Dollar Community Projects Inc., a non-profit group, introduced the community paper money to the St. Lawrence Market and businesses in the surrounding area in December 1998. These Businesses have agreed to accept Toronto Dollars at par.

When residents, local businesses, community organizations and shoppers spend the money with each other, they generate businesses in their area, receive the goods they want, and benefit community groups at the same time.

Every time federal dollars are exchanged at par with Toronto Dollars, 10 per cent goes directly to a

fund of Toronto Dollar Community Trust Fund, supporting community groups.

The highlight of the evening was the presentation of Toronto Dollar grants to three community organizations.

"People were enjoying themselves and the community groups were happy to let a lot of people know about what they're doing."

-David Walsh, treasurer of Toronto Dollar Inc.

The Yonge St. Mission, a new retail store opening in Regent Park during the next few months, was awarded a \$500 grant.

St. Michael's School and The Community Worker Program of George Brown College, were also granted \$500 each.

Silent auctions were also held to raise money for The Toronto Dollar and several other community groups, including The Toronto Disaster Relief Committee, Oxfam Toronto, CPAR (Canadian Physicians Aid Relief), Sanctuary, and Mothers Against Poverty.

The Toronto Dollar auction alone raised \$3,340.

A variety of international flavours were offered by the merchants and costumed servers throughout the market.

Several musical groups performed at the event, including Toronto's Darbazi choir, Isshin Taiko - traditional Japanese drummers-, Johannes Linstead, The Hot Five Jazzmakers, Njacko Backo and Classic Folk.

"The St. Lawrence neighbourhood has become one of the most celebrated inner-city neighbourhoods in North America," Councillor Kyle Rae said.

"It is your support, you're living in the neighbourhood, you're shopping in the neighbourhood, that has made it such a success."

Toronto Dollars are available at: The Toronto Dollar Information Booth in the St. Lawrence Market; Toronto's First Post Office at 20 Adelaide St. E.; The Flatiron Building, at 49 Wellington St. E.; and Frida Craft Stores at 39 Front St. E.



PHOTO BY JULIE GRECO

Japanese drummers Isshin Taiko performed at the first Toronto Dollar party on April 8.

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Make access a priority

Humber has an accessibility problem, and it's not just because of its remote location way out at Highway 27 and Finch Ave. There's a problem on the inside as well.

Students in wheelchairs are complaining that Humber's ramps, especially at the North campus, are ridiculously steep, and that some areas of the school are even impossible to reach.

Humber is an older school, and so it falls under a "grandfather clause," which means it doesn't have to keep up to date with the current building codes.

Well, there are nearly two thousand students who are affected by this problem, and their voices must be heard.

Though the college is under no legal obligation to make modifications to the building, this does not make the situation excusable. Do administrators only act when the law says so? They better not.

The last thing everybody wants is for students who use wheelchairs, scooters or crutches to think twice before coming to Humber because of accessibility problems. Next thing you know, there will be accusations the college favours only those who are wealthy enough to own motorized chairs.

Just because making accessibility upgrades is not compulsory does not mean they don't have to be done.

Humber prides itself on being a school that is always on the leading edge, which makes the college's graduates in such high demand. To be in such a position, however, does not come without paying a high price. It costs a lot of money to make the necessary upgrades every year to ensure students are getting the skills employers expect of them.

To say there is not enough money to improve the wheelchair ramps is a cop out, and the fact it's such a low priority is a big mistake.

Make accessibility a priority. Let's all express our dissatisfaction with the Services for Students with Disabilities. That department should know we think such improvements to the building would be beneficial to us all, whether we use the ramps or not, because we care for our fellow students.

It's a shame to think that, of all the places to be inaccessible, the Student Centre and the Pipe should be included. These areas should be among the most student friendly.

Sure, the installation of elevators in those areas would cost a bundle. Just because they're not compulsory is not the point.

Let's do what's right for a change.

Sign organ donor cards

There were 666 organ transplants in Ontario last year and 152 organ donors. According to the Multiple Organ Retrieval and Exchange program, 1,360 people are on a transplant waiting list and less than 2 per cent of deaths are eligible for organ donation.

With those numbers, we need to start thinking seriously about signing those donor cards tucked inside our wallets.

The problem was obvious to one person - 10-year-old Ryan Doige. He persuaded his whole family to fill out their donor cards once he learned it could save a person's life.

When he suffered a massive cerebral hemorrhage in May 1997, Ryan's family made a decision that helped seven people continue their lives.

Yes, the decision would have been harder if the Doiges had not discussed the issue ahead of time, but if a 10-year-old can realize the importance of signing, why can't the rest of us? Among the recipients were a 6-year-old girl and a 20-year-old university student. People don't realize how great a need

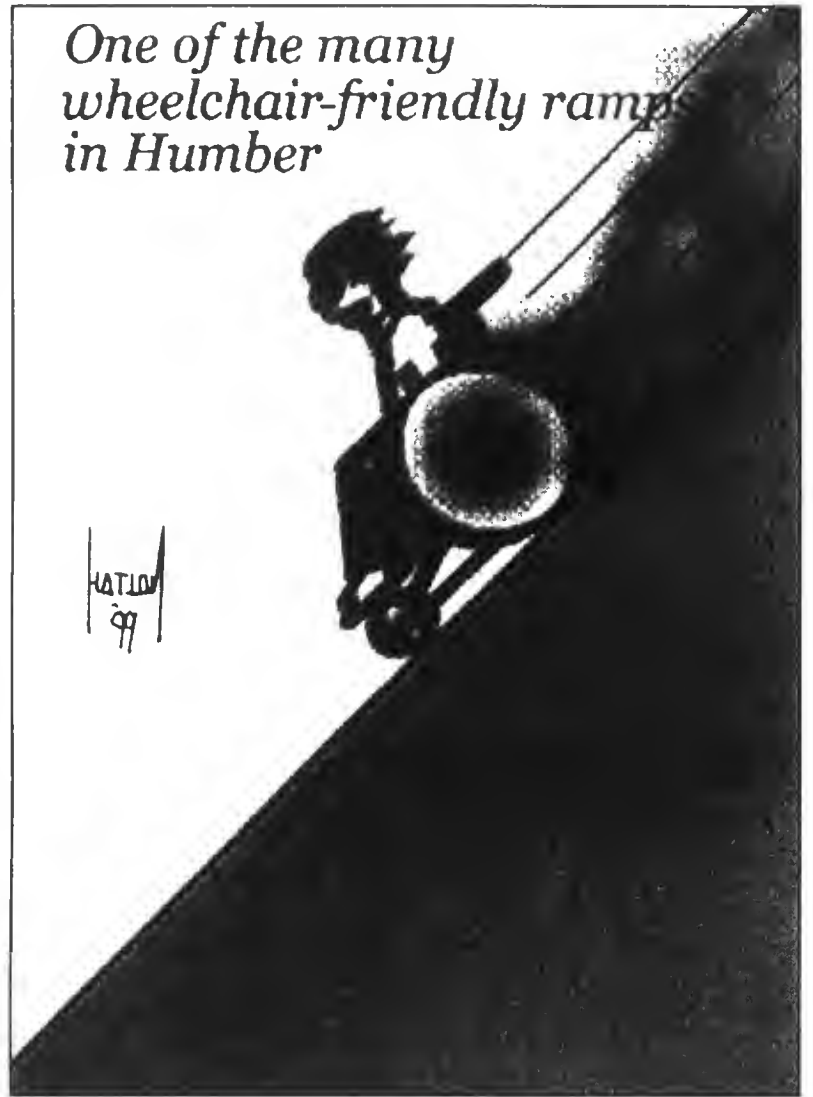
there is for organ donors. Donating means allowing someone to see, breathe and live. In most cases, donating organs can lead to saving more than just one life.

There is more to this matter than the pathetic number of donors. There is the lack of concern and funding by the government. Though the transplant procedure is fully funded, saving a life requires the availability of an organ. This is where the problem lies.

A large portion of organ retrieval is not funded and often relies on volunteered time by doctors. That means hospitals in small towns have to incur the costs of retrieval procedures that OHIP doesn't cover. So in some cases, larger hospitals will take it upon themselves to transport the donor to where the operation will be performed. Though doctors and big hospitals have shown co-operation and goodwill, this hardly serves as a solution.

The government must intervene by coughing up the cash to make sure that, once an organ is found, the person in need can get it before it's too late.

One of the many wheelchair-friendly ramps in Humber



Make city smoke-free

By Kristi Smith

Here we go again. An ugly battle is brewing in Toronto over a proposed smoking by-law, which aims to make our city smoke-free.

A recent report by the Toronto health department calls for all restaurants and bowling alleys to be declared smoke-free by April 2001, or smokers would be restricted to enclosed, ventilated areas.

We've barely had enough time to recover from the last nasty (but brief) debate three years ago. I can only imagine the showdowns to come at City Hall.

As a non-smoker who likes to dine out regularly, I wouldn't complain about a complete ban on smoking in restaurants.

There's nothing worse than being trapped in a hot, stuffy and congested room for dinner. What makes a meal enjoyable for a smoker pretty much ruins it for me. It's hard to eat a meal in a smoke-filled room without gagging, or having an asthma attack.

I also think it's pretty bad when someone can't sit down for an hour to eat without stressing over a cigarette. Smokers have made their opinions on the subject only too clear.

They complain no one has the right to tell them they can't smoke in public, that it completes the dining experience they paid

for, and that it's relaxing.

Funny, I always thought tobacco was a stimulant.

A co-worker of mine said it's just another inconvenience smokers have to endure, another infringement on their rights. Ahh, the luxury to choose.

I, too, pay for my dining experience, but I don't always enjoy the good fortune of a non-smoking restaurant. Often the only thing separating non-smoking sections from the rest of the restaurant is a plant or coat rack.

Smokers talk about their rights, but I don't like to be told I have to suffer as a result of someone else's choice to smoke.

POINT OF VIEW It's called mutual respect.

I don't claim to be an expert on business, but smokers argue that they spend more money and that a smoking ban would hurt the economy.

But as a former server during the first ban, I can say that businesses didn't suffer.

In fact, smokers tend to lounge around longer, which means less table turnover and less money for both a business and a server. I think they had it right the first time.

Smoking in restaurants should be restricted to enclosed, ventilated areas. I know most of us don't like to be told what to do. But that's why we have rules.

Kristi Smith did not want her picture taken.

Humber Et Cetera

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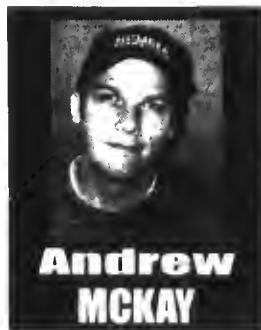
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LIFE

Arrivederci, Humber...that's all he wrote



Andrew MCKAY

What takes longer – getting a college education, or starting a trial?

In my first semester at Humber, in the fall of 1996, I wrote an essay for my Justice class on the Jenny Jones murder lawsuit. This week, my last in our hallowed halls, the lawsuit went to trial.

So, did I learn anything while the lawyers were doing whatever lawyers do?

The obvious answer is, I should have gone to law school. I learned some other things, though.

- I learned that Whitesnake is still a lot more popular than most right-thinking people would believe, or admit.

- I learned that a 1984 Mazda GLC cannot make it through a Toronto winter.

- I learned that people care a bit about the homeless, but they'd rather make fun of a dead groundhog.

- I learned that sometimes, even I run out of

things to say.

- I learned that no matter how much time you spend here, you can't always do everything you want to – like (a) being SAC President; (b) getting a job; (c) graduating.

- I learned that most of those things didn't happen because of the amount of time I spent in Caps instead of class.

- I learned that, apparently, we learned a bunch of other things in the last three years. I seem to have forgotten them all, though. That probably has something to do with Caps, too.

So, off we go into the future. For a number of people in the newsroom, that future has already begun. Missing from our back page yearbook are Ryan Simper, Lisa Rainford and Greg Di Cresce, who have already entered the workforce.

Our On Campus/News/Lakeshore Editor – and my favourite Italian – Aldo Petrone, starts work in Mississauga on Monday (which means he will NEVER move out of his parents' house). To all of you, congratulations.

A quick, self-indulgent personal thank you list, before I go. Dan Andreae, Wendy O'Brien-Ewara and Antanas Sileika, who taught me in first-year, and made school slightly fun again;

more importantly, they seem to still care how I'm doing. (Fine, thank you.)

My program co-ordinator, Nancy Burt, treated me like a person instead of a funding unit, for that, I'll be eternally grateful. During this year's magazine run, Carey French treated me better than I probably deserved, and let me get away with more than anyone should hope.

Everyone in the class (check the masthead) let me be a grumpy tyrant and never tried to impeach me. So thank you guys, too.

And finally, there's Terri Arnott. Terri has abided me for far too long. Had she known, way back when, that I would leave school twice; come back twice; call her collect from North Dakota to explain that I wasn't really a fugitive; go AWOL every Monday; and generally cause both of us to go prematurely grey, she probably would have done things differently.

She didn't, and I may have a future in this business as a result. Thanks, Terri.

Hasta La Vista, Humber.

Andrew McKay can now devote his full attention to spending time at Caps.

Campus Wire

■ Brock

(www.brocku.ca/press)

A university professor and a former student are working with the Ontario Ministry of Natural Resources to protect the Massasauga rattlesnake population in Wainfleet Bog. Field tests, to be conducted this month, will determine the requirements to recondition the bog and ensure the survival of the species. The Massasauga exists in only four areas of Ontario, including Wainfleet Bog. It is the only poisonous snake in the entire province. Authorities say if the rattlesnake's population was to disappear, the small rodent population would skyrocket and disrupt the balance of nature.

■ Western

(www.gazette.uwo.ca)

The school will receive more than \$12 million in research funding thanks to awards presented by the Canada Foundation for Innovation (CFI) last week. Four of seven proposals by the university were approved, two were rejected, and one more is still being considered. Almost \$5 million will come from the CFI and the province will match that figure. The remaining \$2 million had already been secured by the university. The federal government created the CFI in 1997 to promote research at universities across the country through "matched funding."

■ McGill

(www.tribune.montreal.qc.ca)

Students are calling for increased security after the McConnell Engineering building was hit by thieves twice in two days. The office door to the Engineering Undergraduate Society office has been opened with a crowbar. Ten inkjet cartridges were stolen. On March 24, the day before this theft, 3 computers, an air conditioner and some compact discs were taken from a different area in the same building. McGill security says it cannot expand its coverage with its current budget.

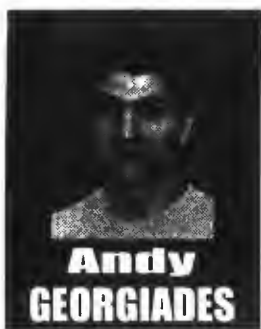
■ Toronto

(www2.utoronto.ca)

Professors and students who say NATO's bombing campaign against Yugoslavia is a "diplomatic and strategic nightmare" are putting pressure on the government to cease all military action. Academics and students representing a variety of organizations are asking people to tell Ottawa to get out of this situation. The group says the current bombing goes against NATO's treaty not to use forceful action without permission from the United Nations.

DEATH

No reason to visit cemetery



Andy GEORGIADES

My girlfriend took me by surprise over the weekend when she asked me how long it had been since I last visited my father at the cemetery. We had never discussed it before.

I thought hard for an answer. Finally, I remembered that I test drove a Volkswagen Golf through the Mount Pleasant Cemetery, and passed by my father's grave in the process. That was more than four years ago.

Didn't I feel guilty? Wasn't I being disrespectful? Inconsiderate? No. Everyone has different ways of dealing with loss.

When I was younger, I used to go often. After a few years, the visits came to a stop. I hardly even thought about it. Dad was always on my mind, but for some reason, going to the cemetery wasn't.

The one and only time I did go to the cemetery on my own was shortly after I got my driver's licence. I guess I was excited about driving solo and wanted to take the car out for a spin. So I drove to the cemetery one day to show dad that, yes, I finally learned to drive. I walked to my father's grave. It was just me and him and a sea of graves – plus some guy cutting the grass. It was so damn loud. And at that moment I asked myself what I thought I was doing there.

Was I supposed to go on every special occasion? His birthday, my birthday, Christmas, Easter, Father's Day? I don't think so. Some people have said they feel better after visiting a loved one at the cemetery, but not me. After all, the only memory I have of my dad at that place is the day of his funeral.

If I really want to feel close to my father, I've discovered better ways to do it. I'll drive by our old house on Elmsthorpe Ave. and visit the neighbourhood I grew up in, or retrace our steps along the Belt Line where we walked together so many times. I'll trek over to the Apple Factory in Brampton where we used to go for pie and ice cream on Sundays. And I can't pass by the McDonald's on Avenue Rd. without remembering the countless Big Mac's dad treated me to.

These places are wonderful because they fill me with happy memories. They give me strength, unlike the cemetery, which does nothing except to drain and weaken me.

I'm not saying I'll never go back to the cemetery. In a way, it's nice to know the gravesite will always be there for me. But even though my father is buried there, I feel no sentiment towards the place at all. Death took away his body, but not his soul. No matter where I am, my dad's spirit and presence follow me, not the other way around.

You can blame "It Is Written" on Andy Georgiades

Weird Newz

SHOWING SKIN FOR CHARITY

To raise money for charity, members of the Rylstone District Women's Institute in England will be taking off their clothes and posing for photographs for a year 2000 calendar, the Globe and Mail reports.

The women, whose ages range from 45 to 60, will be in sexy poses while they perform household chores. Knitting and cooking utensils will be cleverly included to make the photographs appear more like art than pornography.

The women said they were nervous in the beginning, but consuming a lot of red wine relieved the pressure.

The women said they did not expect so much attention.

LONG DISTANCE

A man in Sao Paulo got the shock of his life when he received a \$66 million telephone bill for the month of March, the Toronto Star reports.

Nelson Marotti Filho, 42, said he was horrified when the bank called and asked him what they should do with the bill, which is usually paid directly out of his account.

Later, the Sao Paulo telephone company mailed him the correct bill for \$48. The company has suffered a string of blunders since it was bought by Spain's Telefonica last year. Brazilian President Fernando Henrique Cardoso has also complained about problems with the service.

It Is Written

I didn't mean booze. I meant save you from pipe dreams. I know now, from my experience, they're the things that really poison and ruin a guy's life and keep him from finding any peace... And the cure for them is so damned simple, once you have the nerve. Just the old dope of honesty is the best policy – honesty with yourself, I mean. Just stop lying about yourself and kidding yourself about tomorrows.



– from **The Iceman Cometh** by Eugene O'Neill

- Eugene O'Neill was born on Oct. 16, 1888 in a New York city hotel room.
- Before becoming a famous playwright, he lived in destitution, boozing at a cheap waterfront bar called "Jimmy the Priest's."
- A friend of O'Neill's once said of him: "He had six senses – sight, smell, taste, touch, hearing, and tragedy."
- The Iceman Cometh, a bomb when first staged in 1946, was a big hit in 1956. It's running time is four hours.
- **Long Day's Journey into Night** was not produced until after O'Neill died in 1953.

Humber steps up fight against viruses

BY ERIK MARTENSSON
Et Cetera Staff

The doctor is in and he's here to save you from those nasty computer viruses, Melissa and Papa.

Students can obtain free copies of an anti-virus program called "Dr Solomon" at Humber's Help Desk in H233. The program is the same one that the college relies on.

"It is the best product and is up to date," said Bob Botham, director of Computing and Network Services at Humber.

"The program can handle both boot and macro viruses and is 90 to 100 per cent accurate."

The college has a site licence for the Dr. Solomon virus checker.

Help Desk advisor Mario Alessandro gets many requests for Dr. Solomon.

"We get lots of students coming in for it. And lots of faculty too," he said.

Students can bring four disks to the Help Desk to get the program or download it off the Internet at Humber's website at HUMBER.ON.CA/~Files.

Alessandro blamed the problem of viruses on students bringing them in from outside the school.

"They bring in a disk from home and then something goes wrong. That's when they come in

here to clean it and we recommend Dr. Solomon."

Botham said if everyone installed virus checkers on their home systems, it would decrease problems at the college.

Botham said Humber gets "our fair share" of viruses.

The college has had fewer viruses this year, according to Gary Caron, a Technical Support Team member at the Humber School of Media Studies.

The college was not so lucky last year.

"We were riddled with viruses. It was a serious problem," Caron said. He credited the improvement to a change to a more modern system. "Most systems were changed to Windows NT which allows much better control."

Some systems had ran on Windows 3.1, which made it "very easy for a virus to get around," he said.

The problems of 97-98 crashed students' home systems. Students had to throw away discs and technical staff had to reformat systems.

"That's the only way. You have to wipe everything clean," Caron said.

Viruses have become big news because they can affect computers around the world.

Late last month, computer technicians were busy dealing with

"Melissa" and "Papa".

These computer viruses flooded electronic networks around the world through email. They are part of a family of digital bugs that prey on the "macro" functions of Microsoft Word 97 and 2000 and Microsoft Excel 97 and 2000. Humber's computers are equipped with these programs.

"We haven't been affected at all by it," Botham said. "If we see it come in, we'll scoop it before it gets around."

Computer technicians at Humber received e-mails on the morning of March 29, warning them of viruses.

Melissa travels through the Internet and arrives in the form of an email with an attachment.

"As soon as the attachment is opened, the virus bypasses any security checks," said Derek Quenneville, head of Humber's Internet Management Technical Support Team.

Melissa is a 'macro' virus, which means it commands computers to perform functions without instructions from a user. It launches Microsoft Word and Microsoft Outlook, creating e-mail messages that are sent out to the first 50 people in the computer's address book.

"Melissa is designed to propagate," Quenneville said.



PHOTO BY KARYN WILSON

Computers like the iMac were affected by the Melissa and Papa viruses. Students who need the virus checker Dr. Solomon, can order it from the computer shop.

The e-mails have a subject line which includes a user's name. Therefore, the person receiving the e-mail has no idea that the message is dangerous.

All new Word documents created on an infected computer contain the virus. Each infected documents can be mailed out to 50 people when opened.

Papa is a variant of the Melissa virus and affects Excel 97 and 2000 in much the same way that Melissa affects Word.

For Melissa, e-mails that bear the subject line, "Important Message From (sender)," and the body text, "Here is the document you asked for don't show anyone else," should not be opened.

For Papa, emails that bear the subject line, "Fwd: Workbook from all.net and Fred Cohen," and/or the body text, "Urgent info inside. Disregard macro warning," should not be opened.

Microsoft Canada's website recommends that if you see these e-mails they should be deleted immediately.

The viruses don't seem to do any permanent damage, but since they can replicate so fast, they overload web servers and computer systems.

If your computer has been infected by Melissa or Papa, use the newest versions of a major commercial anti-virus program, such as Dr. Solomon. Virus software companies have already updated their scanners to handle both viruses.

"They tend to respond in 24 hours or less to major viruses," Quenneville said. Also, since the virus infects Word "template" files, users either have to delete

that file or clean it using software from Microsoft.

Microsoft Canada reminds customers that Microsoft Office applications including Word and Excel are designed to protect consumers from macro viruses. The applications come along with macro virus protection tool.

When a user wants to open up a document with a macro function, the protection must be turned on. A dialog box will appear and ask you to choose whether to enable or disable included macros. Microsoft Canada recommends customers disable the macros to protect them from viruses.

Once consumers are sure no viruses exist in the document, the macros can then be enabled again.

Protection from viruses

To ensure your macro virus protection is turned on, follow these steps in Word 97 and Excel 97:

- 1.) On the Tools menu, click Options.
- 2.) On the General tab, check Macro Virus Protection.

In Word 2000 and Excel 2000

- 1.) Double-click on the Tools menu, point to Macro and then choose Security.

- 2.) Select the level of security you want. High security will allow only macros that have been signed to open. Unsigned macros will be automatically disabled. Medium security always brings up the macro dialog protection box which allows you to disable macros if you are unsure of them.

-Microsoft Canada

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64MB Upgrade to 128MB RAM
Reg: \$195.00 Bundle: \$128.00
Apple 17" Studio Display
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Lakeshore

Butterfly needs a hand

By KEVIN MASTERMAN
Lakeshore Reporter

The Butterfly Institute is looking for a few good...students. The institute is a community organization devoted to giving down and out teenagers and young adults a chance to start their own business.

Humber students are invited to an information session on the institute and benefits of volunteering on Tuesday, April 20, at 7 p.m. in Building C at the Lakeshore campus cottages.

The institute is in need of students who can help co-ordinate events, raise funds, and mentor young people. Project co-ordinator Nancy Sendell said students will get the satisfaction of helping disadvantaged youth while gaining co-ordination and promotion experience and exposure to business people, community leaders, and educators involved in the institute.

"By helping put this institute together students will be exposed to the resources we're using from the government programs for funding and the experience of bankers and business people," Sendell said.

The institute has plans to hold workshops for disadvantaged youth on June 10 and 11. Youths will be encouraged to take their business ideas and develop them with the expertise of people in the business world and people who know how the system of grants and sponsorships operates.

Humber students will be put to use at whatever they are good at, interested in, or are currently studying in their program from public relations students for promotion and events co-ordination, to marketing students to lend expertise to youth, to child and youth workers to work with youth.

More importantly, students will inject a youth-view into the institute so the needs of young people are represented. Sendell said Humber students will also provide young people with some inspiration to further their education.

"We're looking for students to become mentors to kids to further their education," Sendell said.

The Butterfly Institute is about nurturing ideas and following them to their potential.

Cruising to the end of the year

By MIKA AMITOVSKI
Et Cetera Staff

Graduates from the Humber Lakeshore campus have put together an end of the year bash, for students who want to go out with a splash.

Nick Siliverdis, main co-ordinator and graduating Lakeshore student, with help from Karmela Vit, Jorge Faria, who are also graduates, Samson Igbu, a Lakeshore student, several other Lakeshore students and graduates and outside sponsors, have put together an end of the year bash on the Stella Borealis.

"We wanted to do something different," Siliverdis said.

Silverdis said SAC was initially supposed to help organize the boat cruise, but because of

lack of interest they gave the whole thing to him.

"Basically SAC lost interest in the party and they told me if I wanted to run the whole thing and continue with the boat cruise I could," he said.

For about a month the Lakeshore graduates and students have worked together in planning the entire affair. They've got their own sponsors, entertainment, decorations, the boat and the security for the boat. They've put together the advertisements, the tickets, the sales, the marketing and all of the other behind the scenes setup.

"We couldn't have really done this without everyone's co-operation," Vit said. "We've also had a lot of help from (Lakeshore principal) Pat Ferbyack, who has allowed us to use

her office space."

The party is going to be on the Stella Borealis, boarding at 8 p.m. on Pier 27 at the Queen's Quay, on Friday May 14, 1999. The boat returns to shore at 2 a.m.

Tickets are \$35 per person or \$60 per couple.

There will be a dessert buffet, complimentary of one of the main sponsors, Dolce Cafe Bar. Local artists and DJ Extreem, from Venus the nightclub will entertain.

"The deejay will be playing music that will represent a diverse crowd, anything from hip hop to jazz, whatever the crowd wants," Vit said. "We are still holding auditions for the live entertainment, but we will be choosing artists that will also please everyone, not just certain music lovers."

Community issues report card

By TANIA CASTONGUAY
Et Cetera Staff

The Lakeshore Community in Toronto's west end has come together to share ideas on how to make it a better place to live, work and go to school.

The Lakeshore Community Audit Project is a project focused on improving the quality of life in the area known as south Etobicoke. The project has produced a "report card," which summarizes the problems within the area, and concludes with initiatives and "visions" on improvement.

With the community losing up to 8,000 jobs to industry closings and funding cuts recently, area leaders put together the report card to find ways to stop the bleeding.

Residents, representatives from various agencies, politicians and business owners were involved with the project.

Among residents' chief complaints were the high levels of crime and drugs, the number of bars and adult stores in the com-

munity, and the lack of other shopping facilities. However, the area was given cheers for its convenience to downtown, its sense of community, the parks and trails, and the quiet atmosphere that prevails in most of the area.

Their findings, detailed in the report card, include the issue of housing.

Spokesperson for the project, Susan Bender, said students at Humber's Lakeshore campus, will be affected if they choose to live off-campus.

According to the report, the quality of rental housing in the area is often poor. The average rent per month is \$711 per month. But according to reports published in 1997, only one unit of housing was available for every three renters searching for accommodation in the Lakeshore area.

Bender said the survey is a benchmark for further studies.

"It will allow us to track how the Lakeshore is meeting the demands of economic and social changes in the community and as well," she said. "It allows us to track how the Lakeshore is meet-

ing its needs in the new City of Toronto."

Groups will continue to discuss the report card until a satisfactory solution to the area's hard-

ships has been reached, Bender said.

If you want to get involved, you can contact the project at (416) 252-6471.



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Et Cetera Profiles

On Campus etc.

■ Art achievement

Humber College has yet another award for the trophy case, thanks to first-year advertising student Jan-Jon Rivera.

Rivera took third place in the international League For Innovation Student Art Competition. Rivera's entry, "Little Linda," finished ahead of over 100 entries from the United States. Humber was once again the only Canadian college to participate.

In 13 years of entering, this is Humber's highest placement. This year's competition was hosted by Central Piedmont Community College in North Carolina.

■ Transit safeguards

Although the TTC has not gone on strike yet, Humber security has a contingency plan in place.

In the event the TTC is shut down, students will be able to park at the Woodbine racetrack for \$4 per day. This includes a shuttle bus that will make trips between the racetrack and Humber from 7 a.m. to 6 p.m.

The Arboretum: paradise found in Humber's back yard

BY STEPHANIE AITKEN
Et Cetera Staff

The Humber Arboretum is a hidden jewel.

The area next to the college encompasses nearly 120 hectares of green space along the Humber River.

"It's really quite a neat spot," said Christine Fraser, the Arboretum program co-ordinator. "We encourage people to come out for a walk. Students, staff of the college and community people who work in the surrounding areas are all welcome."

A variety of habitats exist within the area including ponds, streams, forests, and a meadow. It attracts an amazing diversity of plants and wildlife.

Fraser said that unlike many conservation areas, the Arboretum is open at all times.

"The grounds never close. You could be here at 6 a.m. or at sunset at night. There's no gate, so

people are welcome at all times."

The Arboretum is managed by Humber College, the City of Toronto and the conservation authority.

The college plays a role in the maintenance of the grounds and the buildings.

The Arboretum conducts Nature Studies programs for school and community groups. As program co-ordinator, Fraser is in charge of the Arboretum's summer programs. The biggest program that runs in the Summer is the Nature Camp for Children. The camp has been running for nearly 17 years.

The camp has four sessions through the month of July. The number of participants is limited to 40 per week to insure there is a valuable interaction between the staff and children.

In total, nearly 160 children will pass through the camp program, which tries to help kids become familiar with the natural

environment. Children are at the camp from 9 a.m. to 3 p.m. The cost for the one week is \$150, Fraser said.

"Children learn about the environment through crafts, games, singsongs and set programs," she said. "Each year we have a theme and this year's is naturalization. So they will learn how they can naturalize their home, cottage and schoolyard. We're trying to teach them to enhance the environment where ever they are."

What's even more interesting about the camp according to Fraser is that many of the children start at age six and go through until they're 12. Some then join the junior counsellors program until they're 16.

"We get to see many of them grow up through the years because they keep coming back," she added.

Graduates of the Young Friends of the Arboretum

Summer Camp become eligible to join the Junior Counsellor Program. The program trains junior counsellors in leadership skills.

Fraser explained that it's good to know that there are children's programs and educational camps available to kids. But she stresses that the Arboretum is available to everyone.

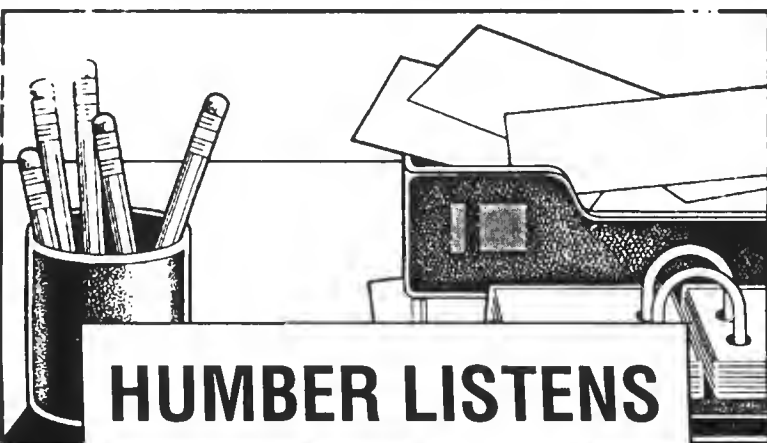
"People can walk along the river trail, bike, rollerblade, or sit and lay down under a tree and the fresh air," Fraser said.

"There's something for everybody."

Fraser described The Arboretum as a living outdoor museum, so for that reason everything on site, even the pinecones must stay there.

She explains that their motto is, everything is connected.

"Community connections is kind of our focus because everything is connected, people, plants, and animals."



HUMBER LISTENS

We may be surveying you to pieces, but that's because we care about what you have to say.

We always have.

Based on survey results, the College developed a set of classroom design principles and standards; renovated a couple of classrooms to test the standards; and identified classrooms requiring upgrading.

Also the Call Centre opened in August to provide improved levels of service to prospective and current students.



Keep telling us more.... We're listening.



Past Et Cetera editors Sean Hamilton (left) and Bethany Lee (right) flank Robin Morris, president of the Ontario Community Newspapers Association, at the Better Newspapers Awards on April 10. The 1997-98 Et Cetera finished second in the General Excellence category for student newspapers. Current Et Cetera staffer Andrew McKay won the Ontario Journalism Educators Association Award for best student writing.

Life After Humber

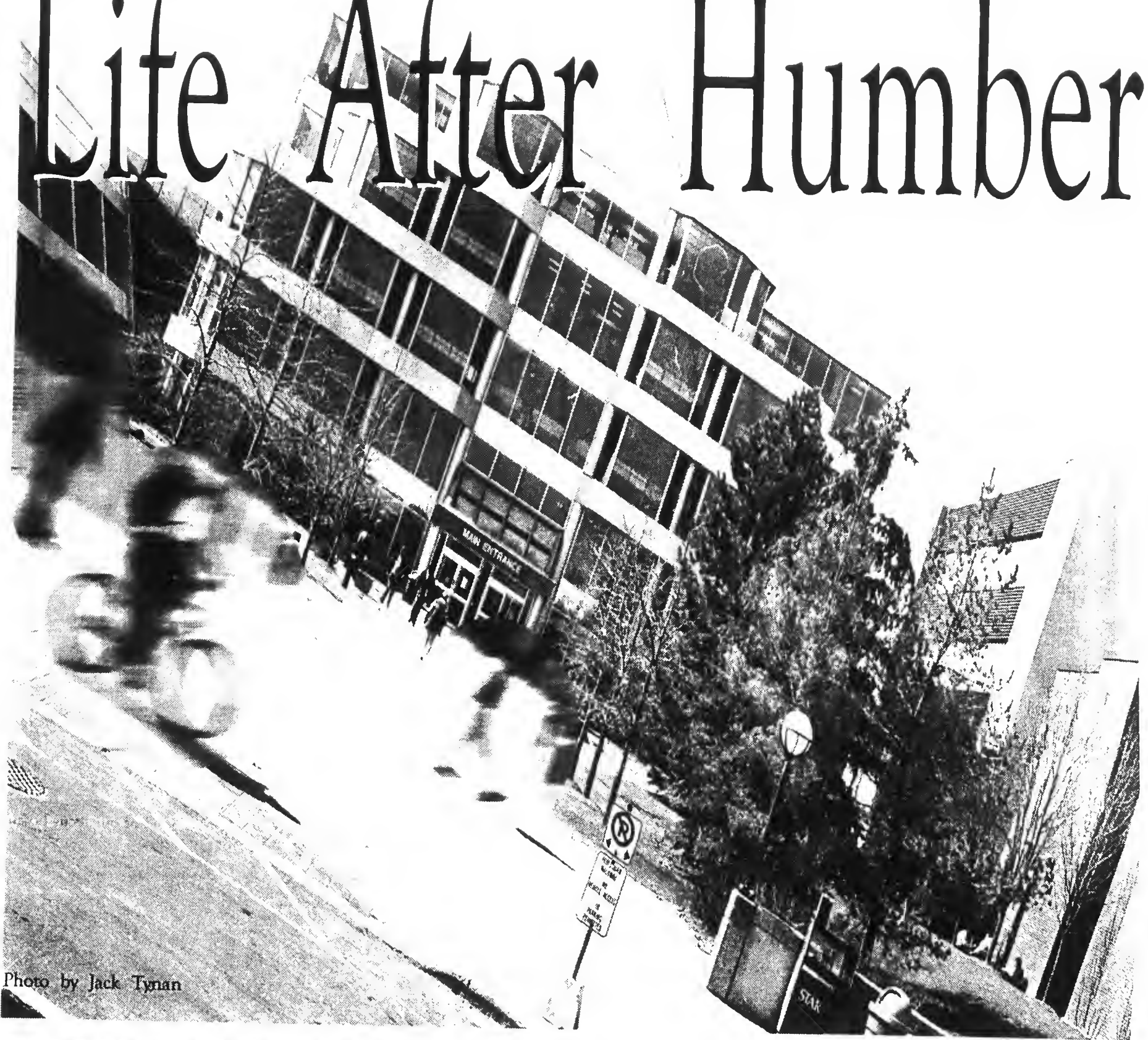


Photo by Jack Tynan



Andrea Houston

last 18 years. As much as I bitched and complained about it, it was still reassuring to know I had a stable locale to attend every day. Think about it, besides part-time retail or waitress jobs we've never really had to worry about real work.

Well, wake up and smell the java jazz Johnny, it's time to land a career.

This is it, the last stage, you know the one right before retirement (and we all know what comes after retirement).

Here's the part of your life that you've been prepped for. Get that cushy job, get that trophy wife or hus-

band, 2.5 kids, dog, cat, mortgage payments, overdue Visa bills, divorce papers, unemployment or in some cases, a welfare cheque. This is the part that is all supposed to fall nicely into place.

This is my little cheery goodbye to

Slumber Cottage, a message to my fellow graduates and a journal entry of sorts to everyone else.

Look around the school, you'll have no trouble spotting the grads. We're a bunch of disoriented, irate, blubbing idiots. Don't take it personally, we're just all having nervous breakdowns. It's a common and frequent problem experienced by graduating classes coast to coast. You're not alone. Proceed directly to the nearest pub, guzzle about five pints of beer and call the psychic friends network because they're the only people who can help you now. Do not pass go; do not collect your diploma.

Perhaps I'm being too cynical. After all, there are some of you who have jobs already lined up, right? Well, good for you. Thanks, but I think I'll pass on that eight dollar an hour job working at some crappy dally in Yellowknife, I'd rather be a student and get my discount.

All over campus, resumes are being printed and faxed by the stack, bulletin boards are packed with job postings and the rejection letters are piling in. The buzzwords have begun, marketable skills, interviewing techniques, people skills, team player. Get ready to sleep your way to the middle.

There's nothing to say that just because we've achieved excellence at college that our

winning streak will prevail in the "real world". Or on the off-chance we loathe our chosen career, or really suck at it, what then? Go back to school?

It's really quite strange. You work your entire educational career focused on a goal, wishing your life away to begin whatever dream you may have, then when the time finally comes for you to achieve it, all that ambition seems to dwindle as fast as it came. It's like we've been put in the oven for three years, and we're not quite cooked yet (a wise woman once told me that).

It may appear that I'm full of seething bitterness and angst, and now that the time has come to venture out of the comfort of the classroom I start whining and crying poor student. Not so. I am truly giddy to be graduating, but not to fall flat on my face.

For the few of you who aren't graduating this year and are griping about having to come back for yet another year of school, feel lucky, enjoy being a slacker for as long as you can. Enjoy your last year(s) and enjoy stage number two.

Consider yourself forewarned. Pass the Tequila

Goodbye and Congratulations

I am really not this angry, I've just recently tried to quit smoking

So here we are, the middle of April, the last paper, the last time you'll have to see our ugly faces ever again. Freedom, right? Maybe for you.

I for one enjoyed being a student for the

INVEST YOUR DIPLOMA INTO A DEGREE

RISHMA GOVANI

For many students, life after Humber College does not involve joining the workforce right away.

More students are opting to return to school to pursue further education and, due to changing demographics, the number of students returning is expected to steadily rise. In turn, Humber is offering the links to help students complete their university degree.

According to Humber's graduate statistic, while 10 per cent of grads went back to school in 1997, that increased to 12 per cent of Humber alumni who continued their studies last year.

"Even though the statistics are only rising two to three per cent every year, if you think long-term and compare the results year after year, the stats prove something," said Karen Fast, co-ordinator at the Career Centre.

According to Fast, students are now choosing to go to school to make themselves more marketable whereas before students were coming back because of the lack of jobs.

"The job market is excellent, yet students are still pursuing full-time education and universities are making it easier to obtain a degree by making it easier to transfer credits over from college to universities," said Fast.

Just in the past two years, Humber has developed opportunities for students and

alumni to continue their studies through partnerships with many of the major universities across Canada and as far away as Scotland and Australia.

Universities are making it easier than ever before to admit students through transfer credits obtained at a community college. Universities are now becoming flexible and accommodating and marketing their programs in an entirely new way.

The University Fair held in 1997 only six universities were represented. In 1998, 27 universities, including all the major universities in the country were present.

The Humber College University Transfer Guide was also introduced in 1998 to reflect the growing and popular trend. The guide offers a comprehensive list of all the possible options for completing a degree.

Current employment trends indicate that for many career paths both a college diploma and a university degree are advantageous and desirable.

A growing number of graduates from Humber's diploma programs are discovering that furthering their education by completing undergraduate degrees at a university broadens their career options.

Fast, who completed her Bachelor of Arts degree part-time in the mornings and during the summer months, believes that



Universities recruit potential students from college campuses.

in today's knowledge-based society to hold a B.A. is expected and is the minimum requirement in being successful.

Other research outlined in the book, *Boom, Bust and Echo 2000*, by David E. Foot, indicates more students need both an intellectual, theory-based education and a technical, applied approach. Foot writes, "a need exists for greater flexibility within the post-secondary system and perhaps for

more integration between colleges and universities."

Foot focuses on the demographic shift occurring in the new millennium. This shift in demographics is apparent as Humber, and other colleges, develop increased partnerships with universities and more formal agreements are drawn up with these institutions.

Turn on, tune in, drop out

MIKE GENTILE

Graduating students, prepared or not, enter the work force where they are greeted with a few surprises. For some there are ample opportunities to obtain employment, but for others the timing isn't exactly right.

Adamo Di Domenico is about to finish the second year of his two year Plastics Engineering Technology Program. For him, what remains a small number of those who entered the program a year ago. Forty students began the program but only eight will receive their diploma this year.

"It makes me wonder about the field sometimes," Di Domenico said. Di Domenico said that while Humber boasts one of the best programs in the field, a lot of work needs to be done. "It is not too hard or anything, but it is not organized properly." He said that the program is still very strong but it should be marketed better.

According to program co-ordinator Ken Mackay, changes are definitely going to be made. "We're looking at it." Changes include moving more of the workload into the third semester and taking some away from the fourth. "The work load is unbal-



Karen Fast advises students who are seeking employment.

anced," he added. Mackay said that the primary reason so many students dropped out was because of the tough fourth semester. "I'm very concerned about it," he said referring to those who left.

What the school has done is offer a first-ever third year of the program. Di Domenico said that regardless of the job opportunities, this is the time to improve his skills instead of just settling for any job in the field. "I have to go and improve what I already know."

What has surprised Di Domenico the most was how few companies are approaching the college for students. "It has been very quiet. Where are all the employers?" He added, "If I was recruiting I would ask the college who are its top students."

Mackay said that the market is so strong that opportunities should open up in the near future. "I think it will be happening very soon."

Getting Help

One solution to finding a job is actually going out of the program for assistance. One option is the Career Centre which is enjoying a phenomenal year. Since September, 2,579 students have dropped in for assistance including resume building. Since then 308 have found jobs. This year the career fair expanded from one day to five, and 150 employers compared to just 30 last year. As a result, 41 employers participated, have come to Humber to recruit workers while no more than five showed up last year.

Karen Fast from the Career Centre said that it has been a breakthrough year

for students as well as the centre. "(Students) are coming in a lot more than before," she said. Once at the centre, students receive a kit including web sites such as Worklink, resume information and interview skills. Included is a resume building disk that can be opened and viewed on any computer.

Fast said that the biggest stumbling block the students are facing is the actual interview process. She said the students have the skills on paper but they're "not doing a good job in the interviews. They're not selling themselves."

Vice President of Academics Richard Hook said that the majority of Humber grads find related employment within the first six months. After another six months they begin to seek further education. To Hook the ups and downs of the job search are a result of the changing world in which we work. "We live in a fast-paced world which demands that each of us become a life-long learner."

Fast said switching programs should not be seen as a failure but rather another step in the career of the student. If anything she said, it will further educate students as to what their strengths and weaknesses are.

The process if anything is a slow one. "I guess I have to be more patient," Di Domenico said. "Patience and job searching seem like the complete opposite of the other."

For more information check out the Career Centre at A100 or go on line with <http://negr.schoolnet.ca/worklink>

Drop-out Rates

According to Peter Dietsche Ph.D - Director Humber Research Network.

- From 1st year to 2nd year 30 per cent of all students in all programs drop out.
- The reasons include switching programs, getting jobs or moving away from the college.
- The most stable program is Nursing
- The most unstable are programs where students are unclear or uncertain about the future. They're not sure about the job opportunities out there.
- 71 per cent of Humber grads get jobs - not all are directly related to their field.

Compiled by Mike Gentile

A.A. needs members

Humber's Alumni Association would like you to be a member. And all it takes is your diploma. But most of Humber's graduates aren't even aware the college has an Alumni Association because it's only two years old.

Alumni organizer, Maggie Hobbs has many marketing ideas and goals to build a strong Alumni. One such idea is 'e-mail for life' where Humber students can keep in touch with each other over the years via their Humber e-mail address. The Alumni Association will also use the addresses to stay in touch with graduates.

Membership does have its privileges. The association offers career services, library access, discounts at the campus bookstore and the athletic centre and off-campus benefits such as discounts on home and auto insurance.

According to Amy Faas, assistant to Hobbs, the association currently has 18,000 members which starts with graduates from five years ago. Their budget is \$ 50,000 which and of the college budget. Their office is located to the right of the Games Room.

One goal Hobbs would like to achieve, is a mentorship program. Graduates established in the workforce can mentor Humber students in their field of work, opening doors for them that would otherwise be shut.

The Alumni Association also organizes reunions. Last fall, they hosted a reunion of graduates from the Public Relations, Human Resources and International Marketing post-grad programs. They are currently working on a reunion for Advertising and Package Design graduates for this September. They assist anyone interested in organiz-

ing a class or program reunion.

In the long run, Alumni members can be a source of fundraising for services and projects needed by the college. "A lot of the universities have what they have because of an Alumni Association," said Faas. "They raise money for buildings and services."

But fundraising is on the backburner for now. Hobbs said "More importantly, we would like grads to choose Humber again if they decide to further their education."

The college has agreements with some universities where grads can pursue a degree. Such articulation agreements save students time and money. Grads can always upgrade their education through night courses or one year programs.

"I would return to Humber to take some Internet management courses," said Jerry Naraine, Humber Mechanical Engineering graduate of two years who works at Nesbitt Burns as technical support.

In its short history, the association has already made some big jumps. The office has made agreements with a long-distance company, an insurance company and other corporations to offer students savings. Hobbs says she has a lot of ideas for the association.

The main reason for the association is keeping in contact with grads and letting them know Humber has a lot to offer. So grads, 'Stay in touch!'

GINA THOMPSON



Amy Faas and Maggie Hobbs organize and co-ordinate The Humber Alumni Association.



Premier's Awards

GINA THOMPSON

Launched in 1992 to mark the 25th anniversary of the 25 Ontario Colleges of Applied Arts and Technology, the Premier's Awards honour four outstanding college graduates from the areas of Applied Arts, Business, Health Sciences and Technology.

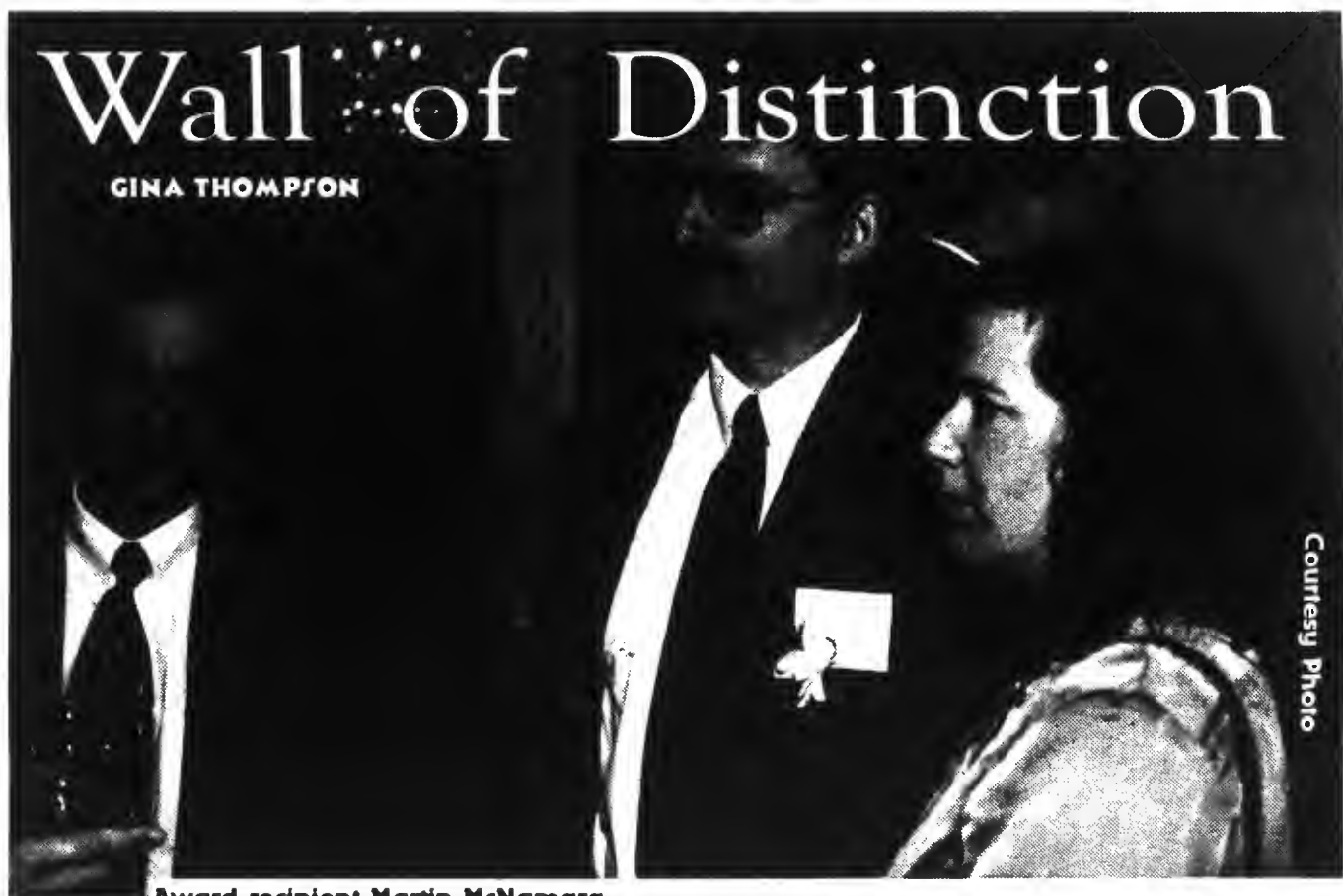
This year's award were hosted by Humber College and took place on February 15 at the Sheraton Hotel downtown. Premier Mike Harris presented the awards.

Next year's ceremony will be held at the Niagara Falls Sheraton.

According to Julie Williams of the Ontario Council of Regents, co-ordinator of the competition, the colleges submit a maximum of four nominees; one for each area and the council chooses a recipient from each category. Judging is based on the nominee's career success in relation to their college education.

The Ontario Council of Regents is a government agency that advises the Ministry of Education on all matters regarding college education.

The Awards were created exclusively for college graduates to raise public awareness of the potential and excellence of college grads.



Humber will be launching a Wall of Distinction for outstanding graduates who are leading successful careers.

On April 19 in the Humber Room, the Alumni Association will induct the first five honorees. Gwen Boniface, Martin McNamara, Burt Napier, Vickie Campbell, and Gerry M. Loughheed will each receive an Alumni Award of Distinction for their success and excellence.

They have also been nominees for the Premier's Award. These awards traditionally presented by the Premier are given annually to honour college graduates in recognition of their contribution to society. Loughheed won in 1995 and Boniface in 1995 and 1998. Loughheed received the Award in the area of Health Science and Boniface received the Award in the area of Applied Arts.

Loughheed graduated from Humber's Funeral Service program in 1976. He is the director and vice-president of Loughheed's Ltd. in Sudbury.

Boniface, Ontario Provincial Police Commissioner, graduated from the Law and Security Administration program in 1977. She went on to York University where she earned a Bachelor of Arts in 1982 and then a law degree from Osgoode Hall in 1988.

Campbell, McNamara, and Napier were also nominees for this year's Premier's Awards in the areas of Business, Health Science and Technology.

Vickie Campbell, President of Campbell Moving Systems, graduated from Humber's Marketing Program in 1977.

Martin McNamara graduated from Humber's Ambulance and Emergency Care program in 1977. He also went on to

study medicine at McMaster University and is an Emergency Care Physician at Huronia District and Royal Victoria Hospital.

Burt Napier, vice-president of Operations and Technology at CIBC graduated from Humber's Computer Programming course in 1970. He also obtained an MBA from Harvard University.

Alumni Co-ordinator and organizer, Maggie Hobbs said that 100 guests are expected to attend and the Humber Room will be catering the event.

The Wall of Distinction will grow every year as new recipients will be chosen by a selection committee according to Hobbs. This year's committee includes the Board of Governors, Alumni Administration, Program Chairs, and President Robert Gordon.

© SPECIAL PULLOUT PHOTO ESSAY



LIFE DURING HUNGER



by
Andrea
Houston



Lights, Camera ... Action

BY GINA THOMPSON

Jeff Winch with fellow Humber graduate and freelance editor at Winch's Queens Beach production office.

Photo by Gina Thompson



Director, producer, writer, editor and photographer are the many hats Humber TV and film graduate, Jeff Winch wears in order to survive as an independent filmmaker in Toronto.

Winch has described his journey as a filmmaker as "a long and gradual process". After graduating in the spring of 1992,

Winch juggled his part-time job at a photography lab with freelance stunts in the film business for a couple of years and then delved full-time into filmmaking.

He thought he had to start at the bottom as a production assistant but upon someone's advice, he went straight into making a film where he acquired experience and knowledge of the industry.

Winch has produced various short films, dramas and documentaries for which he has received several awards and exhibitions of his films. His 1995 Animal Tracks documentary was screened at Film Festivals in Brazil, Portugal, Spain and Australia and has since been aired on television. "Other productions include Anonymous, The Royal Conservatory of

Music, Hall Noises and Pressurehead and have all been aired on television.

He is currently co-producing, and directing a feature length black comedy film titled White Knuckles which he wrote. His production company is BlackBear Films and shooting starts in a few months. Money for the film is coming from his savings and private sources. Winch plans for the film to be shown in theatres and at film festivals. "Probably at the Carlton where it will last for a few weeks," says Winch.

Winch says Canadians have to consciously seek out Canadian films in art theatres if they want see them. He believes the the bad rap Canadian films receive starts from the ground up. "When I was in high school the Canadian film industry was considered a bad joke, we just made documentaries or really bad feature films."

Winch feels that Canadians have to be a lot more patriotic and supportive of their filmmakers in light of the American stranglehold on its industry.

Being a young independent Canadian filmmaker, Winch has had to finance his films by taking assisting and editing jobs for other productions. He edits his own work because he doesn't have a budget to hire someone. The National Film Board and Canada Council have assisted him with grants and production but he compares NFB's \$5000 grant to having a quarter to spend in a candy store.

Winch would eventually like to dedicate his time solely to directing. He admits not enjoying writing as much. He would like to see the day where he no longer has to free-lance so he could tunnel his energy toward his love for directing.

The Job People

KATE MCCAFFERY

Whether it's life after Humber or just a job for the summer, you still need to get through the initial process of getting hired. Even if you think you know what you're doing, a visit to the Career Centre might be beneficial.

The Career Centre on campus has bulletin boards full of job postings, both for summer and field-related work. A summer job is a great way to put something good on a resume. The centre has a resume help desk and can also help you brush up on your interview skills.

Karen Fast, a human resource assistant at the Career Centre said that of all the students who come through the door, only 25 per cent or so have good resumes, and even fewer have good interview skills.

She said one reason for this is employers have a new style of interviewing employees. Behavior descriptive inter-

viewing (BDI) is the technique she is referring to.

"It's a style that most students are not familiar with, they don't do well in the interview," said Fast. "What we can do is help (students) clue in to the responses employers are looking for."

The secret is having stories to tell at the interview.

According to Fast, the best way to impress an employer is to have stories ready to go that describe a skill that you have. "If the employer is talking about a leadership skill, what they're looking for in your answer is a story about the last time, or the best time, that you demonstrated leadership skills," she said. "Employers get frustrated with the fact that they have to probe and probe, then they still might not get what they are looking for in an applicant."

The stories won't just come on their own at the interview. Fast recommends

preparation time before any interview. "You can't just think them up on the spur of the moment."

She said the best way to prepare is by making a chart that lists all of the skills that the employer will be looking for on one side of the page. Then write down the corresponding stories next to the required skills.

In addition to advice and help locating suitable jobs, the Career Center also offers mock interview sessions that take about an hour. Students bring in the actual job listing that they want to apply for, as well as a resume. They do the company research and go through a mock application process. Fast said that students have come back to her to tell her how much they learned from the process.

"It is time consuming, but the experience is worthwhile," she said.

THE FAN'S #1 FAN

The FAN's #1 FAN

Sports



Producer of The Big Show, Eric Smith

PHOTO AND STORY:
DAVID CARROLL

Get up, go to the radio station, produce The Big Show, go to the Raptors game, interview Vince Carter ... just a regular day for Eric Smith.

A graduate of Humber's Journalism program in 1997, 24 year-old Smith now works at Toronto's all sports radio station, the FAN 590.

Smith got his start at the FAN as an intern in October 1996. The internship program was the big reason Smith chose Humber College over universities like Ryerson and Carleton. "The internship is the key because if you get your foot in the door, that's huge."

Radio Journalism professor Judy Charles has fond memories of Smith. She

saw his potential for success during his time at Humber.

"He was an excellent student and a really nice guy. He had an excellent sense of humor and a beautiful voice," said Charles.

Interning at the FAN was an eye opening experience for Smith. "I thought I was going to walk in, start conducting interviews with athletes and be a reporter. It couldn't have been further from the truth."

In the beginning, Smith worked behind the scenes and did jobs like cutting and editing tape. He explained it was important to demonstrate an ability to pick things up quickly. "I proved early on I had the ability to learn as I went,"

explained Smith. "You hope that one day management says that you've done everything they've asked you to do, and maybe they'll give you a shot."

Assistant program director and fellow Humber graduate Chris Clarke remembers Smith as enthusiastic during his internship. "Eric was a guy who was eager to learn and was eager to work. Whatever I asked him to do, he did."

Smith was hired full time in April 1997 as producer of The Big Show. "He's a guy who has had a lot happen to him in a short period of time which has been great," said host Gord Stellick. "I know he is looking to do more stuff on air and I've certainly encouraged him that way," said Stellick.

As for Smith's performance as The Big Shows' producer, "call me back Monday," joked Stellick. He later admitted, he is happy with Smith's work, "it's been an excellent relationship."

Although he has enjoyed working as a producer his goal was always to be on air. He recently got his shot and was made co-host of the Raptors' pre and post game shows in addition to his Big Show duties.

"We knew Eric had the passion and the knowledge for basketball. As soon as we got the rights we definitely wanted to involve people who know the game."

Giving Smith the job seemed natural enough to Clarke. "Eric lives and dies basketball."

Fitness is her life

CLAUDIA ZOQUE

Dawn Whitney stands at the front of her aerobic instruction class in a pair of black leggings and a white shirt. Her body, impressively sculpted and muscular, moves easily through the prepared routine. Her students are eager to keep up to her level of enthusiasm. With 15 years of experience, the mother of two now runs her own health and fitness consulting business and teaches Humber's Aerobic Instruction course.

Whitney graduated from Humber's three-year Public Relations program in 1985. During her school years, she was involved with the Humber ski team and taught fitness classes.

Her keen interest in fitness evolved into a four-month placement in her graduating year at a health resort in Palm Springs, California.

"Back then, it was something new that a business was interested in healthy thinking and fitness," said Whitney. "The corporate concept actually just took off."

Whitney's involvement with Humber's Athletic program was the catalyst that helped create her own business.

The Corporate Body, operates from a home base, with two part-time support staff and seven to eight trainers and consulting staff. Whitney works as a consultant to the corporate industry and provides private training and equipment and facility design for fitness centres.

"We come in and train their volunteer instructors, we assess their background and help develop proper skills or we do a cor-

porate walking program," said Whitney. "Most of all, we spend a lot of time developing a private clientele."

"There was a lot of growth in that area," said Whitney. "I was able to work with many of the pioneers who helped develop the fitness industry."

Doug Fox, Humber athletics director, said Whitney came back from California with a million ideas to help Humber's fitness program.

"She worked on every program, helped develop the day time and night time courses," said Fox. "She was teaching classes and recruiting and training instructors...the program was just excellent back then."

Whitney's public relations skills came in handy when she developed a co-operative project, with Etobicoke General Hospital, called Health Line. The project was geared to introducing fitness and health programs to other business and the service industry.

Mother to son Jaye, 10, and Leigh, 7, Whitney finds many advantages to running her own business.

"It makes life very adaptable. It's an ongoing challenge, my work revolves around my family...self employment, that's the beauty of being your own boss."

Whitney never escaped Humber's presence completely. She sits on the advisory board for the Fitness Leadership Program and still teaches the Fitness Leadership Practical course offered through continuing education.

Rebecca Pittam, 43, said Whitney prepared her students with constructive criticism



Dawn Whitney assists a client do leg stretches

and lots of motivation, all the while letting her students be aware of their strengths and weaknesses.

"She challenged us...she wanted to make sure you knew your stuff before going into the industry which I feel is important to the safety and well being of the participants."

Fox said Whitney would teach 15-20 classes and night classes.

"She is just really dynamic," said Fox. "Her ideas are tremendous, she's a professional person who's consistent strength is genuine leadership. You don't always find people as committed and loyal and that care about the (program)."

T

That gleaming white smile seen on the CFTO Nightbeat News could only belong to Humber Journalism graduate Pauline Chan.

Chan, the anchor for Nightbeat News for CFTO television, jobbed-out from Humber's post-graduate Journalism program in December 1988.

Chan realized she wanted to go into journalism when she started working on the campus radio station at the University of Toronto.

"I did the newscasts," says Chan, "I really enjoyed it, being up on current events, being the first person to share the news with everyone and learning new knowledge."

Chan said the classes at Humber prepared her well for the real world. "I developed good writing skills, research skills, and the art of condensing stories."

She also left with some technical knowledge. "Although I do not do camera work or edit, my knowledge in lighting and editing can make my cameramen and editor's job a little easier."

Chan specifically remembers Nancy Burt from Humber. Burt, at that time, was her radio broadcast teacher. "She helped improve my writing and worked on my voice for broadcast."

"There was also Jim Bard, who was the head of the program and producer of CFTO," says Chan. "And Peter Durant, a teacher and reporter for CFTO."

Durant is memorable for Chan because he shared his personal experiences in journalism with her class. He taught his students creative ways to get people to talk during interviews and taught them how to write stories with different angles.

"What I learned and still keep in mind," says Chan is, "when in doubt leave it out! If you're unsure about something it is better to just leave it out of

the Nightbeat News diva



Pauline Chan
Courtesy Photo

MICHELLE LOWE

the story."

Global Television is where Chan did her internship placement as an editorial assistant.

Her duties included answering phones, receiving wire copy, interviewing, receiving satellite feed and writing stories.

"In the placement I learned hands-on experience. You see how fast you can cut a story and realize how many people you have to rely on to get the story out."

While she was still interning, a job opened up. Global formalized the position of editorial assistant, which had been only a temporary or part-time job. They made

five full-time positions available and Chan got one of them.

She left Global in 1991 and then went to CFTO.

At CFTO she started as an anchor and held that position for seven years.

"The responsibilities of a reporter compared to that of an anchor are quite different," said Chan.

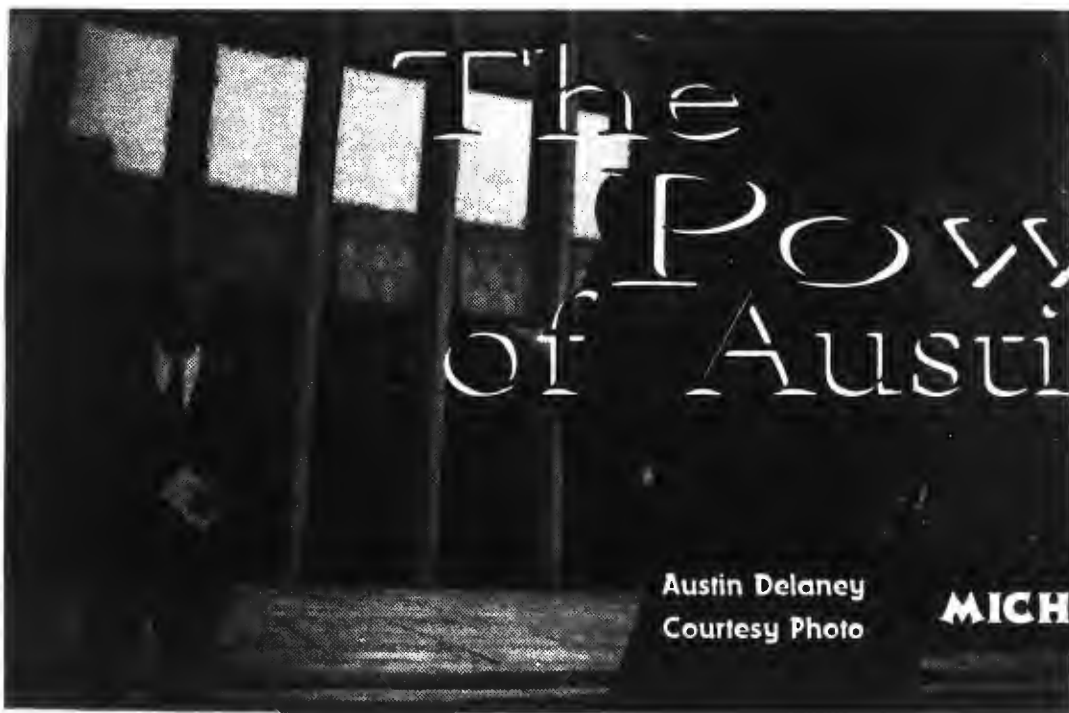
"I miss getting out and meeting people and working with a cameraman."

As an anchor, Chan said "I do a lot of writing for my show, tape news updates

throughout the day and write for the six o'clock news."

Chan is a busy journalist but still remembers her humble beginnings at Humber.

Out of all the things Chan remembers from her time at Humber College one stands out, "those miserable camera cases. They were huge. Can you imagine going up three flights of stairs with a huge, heavy, steal camera case, impossible!".



Austin Delaney
Courtesy Photo

MICHELLE LOWE

Austin Delaney, is proof that those with the skills land the jobs.

Delaney, general assignment reporter for CFTO News, graduated from Humber in the early eighties. "I think it was 1982, it was so long ago I really don't remember and I don't have my resume right in front of me. Let's just say the early eighties."

He says, "it gave me a taste of what the world was like and what to expect from it".

Delaney said if he could name someone who influenced him to work hard it was Stan Larke.

Larke's advice to Delaney was "when

somebody asks you to do something, say how much can I do," Delaney adds, "even if your job is getting coffee do it the best you can,"

Delaney says, "he taught me to work hard and working hard is what has gotten me here today. I certainly wasn't the smartest kid!"

Humber set up Delaney's first placement at the radio station, CFTR 680 a.m.. He worked the overnight shift in the newsroom.

"From the placement I got a taste of radio," he says.

Later he worked on a few other radio stations, including CFNY fm. 102.1. At

CFNY he did the newscast and was the Queen's Park reporter.

After six years in radio, "CFTO was looking for people and I was given a chance."

Delaney believes he got hired because of his experience in radio combined with the training he received at Humber.

He says CFTO likes radio reporters because they can turn stories around very fast.

Being quick on your feet is an asset in the news business, says Delaney.

"CFTO was just an opportunity that came my way," says Delaney.

He says some people naturally fall into

journalism as a career.

"It was a new challenge because in radio you work by yourself. In television news you have to rely on other people, such as cameramen and editors."

Delaney remembers, "on my first day I was on the air doing what I do now. The assignment editor said 'go out, you're covering this and I was speechless'."

He said it was difficult to adjust because in television you only have one chance to do it right.

On radio, on the other hand, if you make a mistake you can do it again the next hour and correct your error.

He basically learned on the job and picked up little pointers from other reporters.

The tips he picked up we're definitely helpful because Delaney has been with CFTO News for 10 years now and isn't planning to leave anytime soon.

"From the bottom of my heart I love what I do, so I have no plans to change jobs, I really, really, really love what I do."

Humber gave Delaney life-long friends and has taught him that work can be a lot of fun and challenging.

What does he remember most about Humber? "Pub nights and those parking tickets for parking illegally in the parking lot."

Professional Globetrotting

NIKOLINA MENALO

Kelly Lovell suggests that students absorb as much as possible and make as many contacts as possible while they are at work placements.

Take your Humber internship seriously and you just might land a permanent position. That's Lovell's advice. She is a Public Relations graduate, who took advantage of her internship opportunity and tried to learn the ropes quickly.

As an intern at the SkyDome, Lovell said she tried to learn everything she could. She became the main publicist for the SkyDome, promoting events and shows.

Lovell said putting on shows was always exciting, especially when she promoted the Harlem Globetrotters. That's when she found out that the Globetrotters had just opened a Public Relations Department. She submitted her resume, and accepted a job down in Phoenix, Arizona, where the team has its headquarters.

Lovell carries the title of regional marketing director, where she handles all the advertising, promotion, and public relations.

Lovell said she loves the responsibility and the opportunity to travel.

"You put in a lot of hours, sometimes 15, 16, or 17 hour days," she said. "But that is part of the territory, that is what this industry is all about." She said that there is nothing she dislikes about her job.

Lovell suggests that PR students take advantage of their internships. "Find a mentor and learn from them. Join in as many organizations and associations as you possibly can."



SkyDome's the limit

NIKOLINA MENALO

Diversity, a quick pace, and hectic deadlines are what make Charo Prater's job fulfilling. She has been the main publicist at the SkyDome for two years promoting more of the family events such as the Disney events, and wrestling matches.

"I love the variety, and the deadlines," said Charo. "I wouldn't like a nine to five

job where everything ran the same way each day."

Prater, 30, graduated in 1994 from Humber's three-year Public Relations program. She believes that Humber's PR program prepared her well for her career.

"It taught me the basics, such as the writing components. It also prepared me for the workload, and definitely the variety."

Prater has gained a lot of experience after leaving Humber. She was an intern at CTV, and she had various contract positions with the Royal Conservatory of Music, Summer Theatre, The Ski-Show, and the Opera Company. She said SkyDome has been one of the most memorable.

However, Prater is moving on up to even better things. She will be leaving the

SkyDome this month, and joining the Delta Chelsea Hotel in Toronto as their Public Relations and Communications Manager. Needless to say, she is very excited.

Prater urges all Public Relations students to get involved in as many associations they can. "My best contacts were through word of mouth, and through associations."

Health

Health etc.

■ Veggie literature

Don't do the meat thing?, The following books may be of interest to you:

- *Becoming Vegetarian*, by dieticians Vesanto Melina, Brenda Davis and Victoria Harrison.
- *Easy Vegan Cooking*, by Leah Leneman.
- *Rose Reisman's Light Vegetarian Cooking*.
- *Cooking Vegetarian*, by Vesanto Melina and Joseph Forest.

■ Take this to heart!

We can't control genetics, but simple lifestyle changes can lower your risk of developing heart disease and stroke.

1) **Step it up:** Increase your level of physical fitness. The ideal is 30 minutes of activity, such as aerobics, at least three times per week. Staying active is one the best ways of reducing the risks.

2) **Breathe easy:** If you smoke, try to quit.

3) **Lose the fat:** Limit the amount of fat, especially saturated fat, in your diet. Also, look for lower fat ways of preparing food.

4) **Fill up on fibre:** Whole grain foods, fruits and vegetables help control cholesterol, are usually low-fat and contain fibre, a key dietary ingredient.

—The Heart and Stroke Foundation of Ontario

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■ Popularity of health oriented teas is increasing

BY KATE MCCAFFERY
Et Cetera Staff

A trend usually peaks when major labels start cashing in on it.

Celestial Seasonings appears to be joining the natural remedies trend with their new line of "Wellness teas."

Previously only available in health food stores, the line of teas — developed in 1998 — includes ingredients such as echinacea and ginkgo.

Now available at grocery stores, the company advertises teas that can mend your mood or cleanse your liver, all of which are meant to "nurture your good health."

But should these ingredients be consumed regularly in a tea? It depends on who you ask.

Ajay Oberoi, manager of Nature's Health Food in the Albion Mall, said teas are one of

his best selling products

"Tea sales are second only to sex (related remedies)," he said

In fact, if you were to look around his store, it would appear that more than 50 per cent of the shelf space is taken up by teas

And despite being a newcomer to the health food business, Oberoi said drinking echinacea tea during the fall can help prevent sickness during the winter.

Anita Harti, of Living Healthy in the Kipling Heights Center, disagreed. She said echinacea isn't something that should be taken on a regular basis.

"Generally a week on, and then a week off, when your immune system is low," she said.

Just as echinacea isn't a cure for pneumonia, a tea called Heart Health is not a substitute for a visit to the doctor if you think you're in danger of having a heart attack.

Harti stressed health food store owners and employees are not doctors.

"We don't prescribe things, we can only advise," she said.

Other available teas include Mood Mender and Tension Tamer.

But not everyone is buying it. "It's all in your head," said Greg Chettle, a Humber College student and Second Cup



PHOTO BY KATE MCCAFFERY

The natural remedies bonanza. A trip to the supermarket may reveal many shelves filled with health-oriented teas.

employee.

"People will come in (to my store) thinking 'Oh, all I need is a hit of espresso', when in reality there's more caffeine in a regular coffee and even more in the flavoured ones," he said. "People just assume and then believe, that there's more caffeine in a darker coffee."

Chettle said the reverse could

be true for people who depend on teas like Sleepytime. A cup of hot water might work the same way.

Actual results or placebo effect? Harti said it might be a little bit of both.

"Sometimes it helps people so much that I don't see how it could be a placebo effect," she said.

"But if it helps, who cares what it is."

Are we obsessed with germs?

■ Overuse of antibacterial products is common

BY REBECCA HEALEY
Et Cetera Staff

The quest to eradicate germs has taken on a whole new meaning.

One just needs to look at the deluge of antibacterial products that hit store shelves in recent years.

Consumers can now find anything from waterless hand gels and all types of soaps and body washes, to toothpastes and hand creams, all of which tout their bacteria fighting powers.

Have we become so dirty in the '90s that we find it necessary to cleanse ourselves with layers of antibacterial products throughout the day?

Mark Partington, a pharmacist at Shopper's Drug Mart, said this is not the case.

"Whether we require it on a daily basis, I don't think so," he said. "We would do far better to use a product to clean the surfaces that we touch."

It is easy to understand the popularity of such products, however, when manufacturers advertise their usefulness by inciting a degree of germ paranoia.

Slogans like, "The Centers for Disease Control and Prevention have found that over 80% of all infectious illnesses are spread by the hands," have been a great marketing tool to sell antibacterial products.

There are two ways antibacterial products work on surfaces, depending on their active ingredients. Products such as waterless gels contain alcohol and kill any bacteria.

Soaps, on the other hand, contain a substance called Triclosa, which kills micro-organisms.

A study released by Dr. Stuart Levy from the Tufts University School of Medicine last August found products containing Triclosan may behave like antibiotics.

Triclosan inhibits the function of the enzyme that helps bacteria form lipids, which construct its cell walls. The reproductive process is thus terminated in the process.

But the study also concluded antibiotics also effect specific substances of a cell.

The overuse of antibiotics by humans has prompted bacterial mutations which are resistant to the drugs. There is the possibility over-the-counter antibacterial products could have the same effects.

For this reason, concerns about some antibacterial products abound in the scientific community. Scientists worry that new strains of stronger germs may evolve with the profusion of antibacterial products.

Partington said they can be useful in some applications.

"I don't think they're bad. Antibacterial products have a place in therapy but they can be overused," he said.

Outdoor enthusiast and small business owner Samuel DeAth agrees.

"When I'm camping or traveling, those hand gels can be great to stay clean after all the things you have to do in the great outdoors," he said.

"But I don't worry too much about being dirty. Life's too short."

Like most things in life, it is best to use antibacterial products in moderation.

In most cases, health care providers recognize the convenience of the products but say a thorough hand washing will do just as well.

Bacteria wages war against drugs

■ *The misuse of antibiotics since their discovery in the '40s, has made them less effective*

BY ANDREA TRENTADUE
Et Cetera Staff

It has been hailed as the miracle drug.

The discovery of antibiotics in the 1940s was seen as the cure for all bacterial infections.

However, antibiotics have lost considerable effectiveness as bacteria are fighting back. The miracle drug is losing the battle.

Jane Tooze, an occupational health and safety manager at the Ajax and Pickering Health Centre, said the problem of antibiotic-resistant bacteria is a recent phenomenon.

"It's only been three or four years really since it has been recognized in Canada as a problem," she said. "People with infections were taking antibiotics and they weren't responding to it."

Lisa Levine, pharmacist at IBL Pharmacy in the Columbus Medical Arts building in Woodbridge, said people expected too much from antibiotics.

"It was seen as a miracle cure for everything and that's where the problems have all begun," she said.

According to Levine, the purpose of antibiotics is essentially to kill bacteria and treat infections, but bacteria are "very smart" and mutate in order to survive.

Two of the biggest contributing factors to antibiotic resistance are misuse and overuse, Levine added.

"It was being used for treating things that it didn't really need to treat and the bacteria was changing so much that you either had to give it (antibiotics) stronger or longer," she said.

"The majority of the population these days is stressed, overworked and under-rested and they basically discovered that you simply take a pill and it fixes everything. So, when anything happens, they expect to go in, get a pill and it's going to fix it," Levine said.

Levine said common problems include antibiotics being prescribed for unnecessary reasons and patients deciding not to finish their medication because they begin to feel better during the first few days.

According to Levine, it's sometimes difficult for physicians to differentiate between a bacterial infection, which requires antibiotics, and a viral infection, which needs to run its course. In most cases, doctors will prescribe antibiotics to determine the type of infection.

Both Tooze and Levine agreed patients need to share the blame, as they often demand a quick fix.

Levine said there are more than 100 antibiotics on the market today and pharmaceutical companies are faced with a huge challenge.

"What they're really at is a cross-roads right now, trying to discover that all new miracle antibiotic again," she said.

Levine said pharmaceutical companies did not anticipate the resistance building up so fast.

She added although initial research has already begun, it can take a minimum of 10 years and millions of dollars before a drug reaches the market.

"Bringing out new drugs has to be an almost sure bet, otherwise it's a loss of money, loss of research and loss of time," Levine said.

She added she hopes a new class of antibiotics will be available in about five years.

Tooze said since the problem was discovered a few



PHOTO BY KRISTI SMITH

Patients must share the blame for the overuse of antibiotics, as they often demand a quick fix.

years ago, the situation seems to be getting better.

"The public is more aware and there has been a decrease in antibiotic use," Tooze said.

Levine and Tooze agreed the most important and effective thing to do is for people to take care of themselves, which will help ward off infections.

"Otherwise, what's going to happen is a lot of diseases they have had under control for years are going to come back," Levine said.

More than one face to diabetes



PHOTO BY TATJANA SULKER

People with type 2 diabetes (non-insulin dependent) can usually manage their condition through good lifestyle habits.

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BY TATJANA SULKER
Et Cetera Staff

Diabetes: It's a potential killer which can strike anyone.

People with diabetes have abnormally high sugar levels in their bodies, according to the Canadian Diabetes Association (CDA).

The disease occurs when one's pancreas stops making enough insulin – a naturally occurring hormone which breaks down sugar – or when the body is unable to use it properly.

CDA spokesperson Julia Drake, said there are three kinds of diabetes: Type 1, Type 2, and gestational.

"Anyone who has Type 1 diabetes has to have insulin injections everyday," she said.

"With Type 2, however – while some people take insulin – most are able to manage it through diet,

exercise and monitoring their health," Drake added.

"The third type is gestational diabetes, which a lot of women get when they're pregnant and a lot of people don't know that."

According to the CDA, Type 1 diabetes develops most often in children.

Type 2 – the most common form – accounts for as much as 95 per cent of cases.

Type 2 usually hits people over 40. Also considered at risk to develop diabetes are people with a family history of the illness and those who are overweight.

People with Type 2 usually produce some insulin. However, their bodies cannot use the hormone efficiently.

The impacts of Type 2 diabetes can be minimized by making simple lifestyle changes – such as improving diet and exercise – and taking oral medication.

Are you at risk for diabetes?

Anyone can develop diabetes, but the risk is greater than normal if you:

- ✓ are at least 40 years old
- ✓ are overweight
- ✓ have a family history of diabetes
- ✓ had a baby weighing over nine pounds
- ✓ had diabetes during pregnancy (gestational)
- ✓ have high cholesterol
- ✓ have high blood pressure

- The Canadian Diabetes Association

Stay fit this summer

BY SHERRY LANGEN
Et Cetera Staff

If you're looking for a place to work out this summer at a reasonable price, you may be in luck.

This is particularly true if you're staying close to Humber this summer.

The Athletic Centre will be open during the summer. Any student enrolled in summer classes has free access to the cardio and weight rooms, the squash and racquetball courts, and the gymnasium.

Those not registered in classes, need a membership, which can be purchased from the Athletics office for \$40, plus GST. The membership will be effective from May 1 until Aug. 31.

"The cost is reduced during the summer because the gymnasium is sometimes rented out and not always available, but all the other facilities will be open with regular hours," said fitness co-ordinator Leanne Henwood.

The Humber pool, run by Toronto Parks and Recreation, is offering a three-month membership for \$36, including taxes to non-students. Humber students can use the pool during scheduled student swim times.

You can also look under "health facilities" in the yellow pages or check the Internet to find out what's near you.

Lifestyles

Lifestyles etc.

Get tattooed for tacos

A Mexican restaurant in San Francisco — Casa Sanchez — is offering a lifetime of free lunches to anyone willing to get a tattoo of its logo. The logo, Jimmy the Corn Man, is a sombrero-wearing mariachi boy riding a blazing cornucopia. To obtain their free meal, customers must show their Jimmy the Corn Man tattoo to the restaurant's cashier. The tattoo can be any size, on any part of the body. During the past six months, 39 people have taken Casa Sanchez up on their offer. The idea was initiated by Marty Sanchez, granddaughter of the restaurant's founder. She began the challenge by taping a sign to a window featuring the restaurant's logo that read, "Tattoo me on yourself and get a free lunch for life."

— The Toronto Star

Show-time for fashion arts

A lot of work goes into making sure the fashions look picture perfect on the runway

BY STEPHANIE AITKEN
Et Cetera Staff

Explore fashions of the past as they explode into a new millennium at this year's Odyssey fashion show.

The graduating class of the Fashion Arts program is staging its annual fashion show in the gymnasium of the North campus on April 15.

Maria Bystrin, the Fashion Arts program co-ordinator, said, "the show's theme, Odyssey, is a natural spin on the fact that we are

entering a new millennium."

Up to 35 volunteer models from Humber and various modelling agencies will wear designs from such labels as Mod Robes, Le Chateau, K.M.R. Designs, Peach Berserk, Nexx and more.

Designers will be showing clothes from their current spring collections.

"They're going to show what's being shown in the market place right now," Bystrin said.

Bystrin said the entire graduating class — which consists of nearly 50 students — will be involved

in some part of the show.

"Students will organize every aspect of the show, from the hiring of the staging companies, to determining what the theme is going to be," Bystrin said.

another, and demonstrate leadership skills," she said.

Bystrin said Humber students have been putting on the fashion show for about nine years. The show began as a relatively small



ODYSSEY

"They'll also sell tickets and write press releases. Basically everything that's required to put the show on, they're responsible for."

She added the planning and staging of a fashion event is one of the final requirements of the two-year Fashion Arts program.

"It's a project in working as a team.

They have to take responsibility for the task that they've been assigned, communicate with one

project and has grown over the years.

"We used to put them on in the student residence," she added.

The fashion program at Humber is unique and, according to Bystrin, this event puts into practice everything about the program.

Show times are 2 p.m. and 7 p.m. with free parking available at the 7 p.m. show only.

Tickets are \$8 in advance and \$10 at the door.

Birth order shapes child's personality

BY JENNIFER BOYD
Lifestyles Reporter

Your birth order within your family may play an important role in influencing your behaviour.

Some psychologists say birth order affects how children act and react to life.

The oldest child, experts and books on the subject claim, is known to be more authoritarian. They can be helpful when asked and will feel more responsible for younger children.

Middle children are usually even-tempered. They may have trouble finding a place in life and therefore may become self-conscious. Often they feel that the world is unfair.

Younger children are notorious for being coddled and cared for much longer than the other children and spoiled more often. Often the youngest child will be a class clown who always expects attention.

Gerri Lawrie, a mother of three children, believes her children fit into these categories.

Her oldest daughter is 14 and has been known to boss the other children around.

Her middle child is 12 and although Lawrie doesn't feel her daughter is aware of it, she is always saying that things aren't fair.

Her youngest boy is nine and he is



PHOTO BY JENNIFER BOYD

If you're the bossy oldest child, the spoiled youngest child, or the middle child who feels left out, you can probably relate to Adler's birth order theory.

always out for attention, whether it's dancing, singing or bothering his sisters.

"There's no way that my second daughter is passive or laid back like some people say that middle children are," Lawrie said.

"My middle child is very strong-willed and very much like a first child behaves a lot of times. She gets that from her dad."

The Alfred Adler Institute of San Francisco put together an Adlerian Overview of Birth Order Characteristics,

based on Adler's theory of the birthing order.

It explained that older children act the way they do because parental expectations are usually very high with the first child.

They are more often given more responsibility and are expected to set an example.

Lawrie said her middle child feels she doesn't get to do the things the older child does and doesn't get as many toys as the younger child does.

She added that her younger child thinks it's not fair because he can't do the same things that the older children do.

"It's a never-ending cycle," she said.

Lawrie said birth order does have an impact on her children's behaviour but it also has a lot to do with the parents.

It's how the parents interact with the children that causes the birth order personalities.

Parents always have more time to spend with the oldest child when he or she is younger because he or she is the only baby in the house.

High expectations are placed on the baby because at the time, he or she is an only child.

As each child arrives, less time can be spent with the child individually and so the child reacts accordingly.

But Lawrie said parents shouldn't worry about the different traits children acquire because of their birth order.

"Every parent gets caught in some sort of trap where they may compare one of their children to another one of their children but what they should focus on...is their individuality," she said.

"Individuality is what makes each person special and so each parent should try to look for the differences in their children so they can appreciate them even more."

horoscopes

Capricorn (Dec. 22 - Jan. 19)
Your tendency to get violent is frightening to others. Extinguish your flaming temper tantrums with cool indifference. Nobody understands what you're trying to say.

Aquarius (Jan. 20 - Feb. 18)
Never eat at a restaurant called Restaurant, stop accelerating at amber traffic lights and make sure your socks match. Put all your money on number 32.

Pisces (Feb. 19 - Mar. 20)
Sniffing blue magic markers can give you a good rush, but it can also make your nose turn blue. Donate your pocket change to a worthy cause. Tell someone how you really feel about them at 5 a.m.

Aries (Mar. 21 - Apr. 19)
You will be promoted to a prestigious position. Although it won't last very long, you will have made your mark. People respect your opinions. Don't forget the little people.

Taurus (Apr. 20 - May 20)
Nobody likes you this week. You will get yourself into a lot of trouble because of your psychotic tendencies. Watch out for flying pigs and keep a low profile. Your personality will be more appreciated next week.

Gemini (May 21 - June 20)
This is a great week for shopping and everything else. Spend a lot of money and show that special someone in your life how much you care. Blow some bubbles.

Cancer (June 21 - July 22)
Someone close to you is dying to tell you how they feel, but is afraid of losing you to a herd of sheep. So stay close, drink lots of beer and have corn flakes for breakfast.

Leo (July 23 - Aug. 22)
It's a good week for you, but people around you want to vomit. You'll soon discover that you only need one working arm to enjoy the pleasures of life. Drink beer.

Virgo (Aug. 23 - Sept. 22)
Stop looking on the bright side. Cats may always land on their paws, but toast always falls on the buttered side. Only stop to smell the roses if you're not allergic.

Libra (Sept. 23 - Oct. 22)
When wearing headphones, your singing is much louder than you think. It's time to change your living arrangements, especially if you still live with your parents.

Scorpio (Oct. 23 - Nov. 21)
Some people think you're two flips short of a pancake. Try to act smarter than you really are. Someone will catch you in a compromising position.

Sagittarius (Nov. 22 - Dec. 21)
Birds who sleep until noon and watch talk shows all day rarely catch their worms. Take charge and you'll see results. Luck is on your side so take advantage.

Dye your hair without killing it

By JENNIFER PECK
Et Cetera Staff

Before you envision yourself in a new hair colour or highlights this summer, you may want to consider the risks involved first.

Horror stories of fried hair or outrageous colours from a bad dye job may occur if you don't pick the right product, according to hairstylist George Papaioannou.

Papaioannou, owner of Coming Attractions hair salon in Barrie, said any permanent hair colour could cause some damage, especially if it's misused.

"With all-over permanent colour there is a possibility of some damage from the chemical reaction," he said.

"The most important thing is not to do it too frequently. It should be done every six to eight weeks."

He also added that highlights are done with bleach or permanent colour and should be done about every three to six months in order to keep the hair's pH levels balanced.

Humber College Pharmacist Assistant student, Heather Kelly, said she has dyed her hair every colour except blonde. She said she once tried to dye her hair purple with a store-bought temporary colouring, but her hair ended up

turning deep black.

The box said the colour would last three to six weeks, but her hair was black for six months until she finally cut it.

Hair colouring consultants from Clairol say store-bought hair dye can damage hair if not used properly and users must follow the directions supplied.

If someone colours their hair from the roots to the end for every application, it can dry out and break.

Clairol hair colouring consultants suggest only applying colour to the roots after the initial application.

Papaioannou said the home treatments have the same pigment ingredients as salons but the ingredients are not as good quality. He said this can leave hair dry, damaged and may not get the colour that is produced.

There are some natural alternatives for those who are uneasy. Papaioannou said semi-permanent hair colouring is very gentle and doesn't damage the hair at all.

Adele Webb, mother of three, said she has been dyeing her hair a reddish brown for years with no problems. She said some good natural alternatives are using lemons for highlighting, malt vinegar for darkening, and henna to highlight natural hair colour.

Webb said she even knew someone who dyed their hair with Kool-Aid. However she warned the colour is bold and bright, like an engine red colour.

According to the web site of the Henna Export Corporation, henna is a small shrub native to West Africa and North Africa. The site states that the leaves are picked, dried and pulverized to a fine powder.

Henna protects the hair shaft, allowing the colour chosen to be reflected through the hair, while enhancing natural colour.

Papaioannou said using henna on hair can be problematic.

"They leave the hair okay initially but the more you use it the more damaged it can get from the build up," he said.

"If you're going to use henna, only use it once in a while."



PHOTO BY JENNIFER PECK

Dyeing your own hair may be cheaper, but you may later regret not dishing out the extra money.

Once you start using henna, he added, you cannot colour or perm over it as it may severely damage the hair.

"It is a terrible choice if you want something else done to it. You'll have to wait until the henna is grown out," Papaioannou said.

Papaioannou said anyone can get their hair coloured but it needs to be maintained properly with chemically treated shampoo and a good deep penetrating conditioner in order to keep hair from becoming damaged.

If you've already begun henna treatments, consultants from Clairol suggest using a product called Infusium Clarifying Corrective Treatment for at least three to four weeks and wait at least 24 hours from the last treatment before using hair dye.

How to dye your hair with Kool-Aid

- Take the packet of dry Kool-Aid and pour into a paper cup.
- Add a squirt of conditioner and three drops of water.
- Mix until fairly thick.
- Wet the part of hair you want to dye and put the mixture on (Note: cover hands to prevent staining)
- Wrap hair in saran wrap.
- Leave on for 10 minutes and rinse lightly.
- Blow dry and style as usual.

<http://homepages.ihug.co.nz/~wymyer/dyekool.htm>

Tripping is wild on the Canabus

By SHERRY LANGEN
Et Cetera Staff

If you're an adventure seeker looking for the ultimate, off-the-beaten-path way to see Canada, Canabus or Moose Run Tours could be the ideal traveling experience for you.

Canabus Tours Inc., is a new company running out of Toronto, that offers customers an affordable week of travel around Ontario.

The tour leaves Toronto regu-

larly and travels around Ontario, stopping in Kingston, Ottawa, Beachburg, Mattawa, Algonquin Park, Wasaga Beach, Georgian Bay/Blue Mountain and Niagara Falls before heading back to Toronto.

If seeing the wild west in more to your liking, the Moose Run Adventure Tours is worth checking out.

The tour goes to Whistler, Valemount, Jasper, Lake Louise, Banff, Revelstoke, Kamloops,

Kelowna, Penticton, Manning Park and Vancouver.

A connecting shuttle to Calgary is also available.

This system allows travelers the freedom to mold their vacation to their liking.

Travelers who wish to stay longer in one spot than what the tour has scheduled, can simply board the next bus.

"I love that there is freedom to get off the bus where ever you want, for as long as you want,"

said Lakeshore student Jessica Gagnon.

"The worse part about a traveling vacation is that you usually have to leave a place just as you start to unwind and enjoy it there," she said.

"With this tour you could stay as long as you want."

The Canabus Tours cost \$277 and the Moose Run Tours cost \$350.

If you book both you get 10 per cent off, for a total cost of \$565.

The ticket price includes all transportation and bus storage for one main bag and one daypack.

Ticket prices do not include accommodation, but travelers on the tours never have to pay more than \$20 a night.

All Moose Run passes are valid for three months.

Both tours offer various attractions and activities for their travelers at discount prices.

A few of the activities include river rafting, water skiing, sky diving, bungee jumping, rock climbing, river innertubing, horseback riding, pub crawls and mountain biking.

Also offered are winery/brewery tours, historic sites/galleries and breath-taking photography opportunities.

"I like how you can take part in different things during your vacation," said second-year Child Development student James Barber.

"I would totally make use of some of the activities offered."

For more information on the Canabus Tours call toll free 1-877-CANABUS or visit their website at www.canabus.com.

If you are interested in Moose Run Adventure Tours call toll free 1-888-388-4881, or visit their website at www.mooserun.com.



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Blur-red in Toronto

By HIMANI EDIRIWEERA
Editorial Staff

Woohoo, I thought as I stood in the lobby of the Cambridge Suites downtown, waiting for Blur.

We were taken into a little room where I turned around and was introduced to Blur's drummer, David Rowntree.

"You look a little tired," I said nervously after I shook his hand and took the seat next to him.

"Yeah, we've had no sleep," said Blur's Graham Coxon, who sat next to Rowntree.

Toronto was the last stop on their mini-tour.

They played the Palais Royale April 6 to a sold out crowd, and fighting both the flu and extreme exhaustion, both band members were still accommodating to the media.

Coxon sat at the table with his head between his folded arms, and David spent the interview sipping on his fruit juice blend, taking the odd time out to cough.

"What's the mood of the album?" Rowntree asked me.

I shrugged my shoulders and responded, "I asked you first."

"It's based on improvising and sampling. It's about miserable days, unhappy days. We say that about every album we make. It's like pasteurizing milk," Coxon finally answered.

"We need to be creative, whatever way that comes out is important as well," he added.

Rowntree said, "We survive by our own efforts, as well as a team."

The band has been together since 1989 and their success has been everything but a struggle.

"In 1989, we didn't say we wanted to be a Brit-pop band. We were four blokes completely freaking out," Coxon added.

With Labatt Blue using "Song 2," or the 'woohoo song' as it's widely known, Blur became a household name, associated with

beer, all across Canada.

"What were they? I didn't see them," Rowntree said when asked about the commercials.

And they wonder why they're not as popular in the States.

Coxon and David also said they've never had a bunch of screaming kids in Britain, as they do in Canada.

The age majority of the crowd at Palais Royale was, "Pretty young, but I did see a few parents there," Coxon said.

"But, we can't patronize the young people. They're not dumb kids. When I was 19, I didn't think I was dumb," he added.

Surprisingly, Coxon turned out to be the more talkative one.

The CD cover for *13*, their last release was designed by Coxon.

"It's only detail. Neither a girl nor boy. A saintly being that I drew a few years ago," Coxon said as he doodled on a piece of hotel paper.

"I hate art, but I'm always drawing. It's good for anybody."

Blur's sixth CD, produced by William Orbit, has a different sound than fans may be used to. It's a combination of lead vocalist's Damon Albarn's broken heart, and the need to be the number one band they've always hoped to be.

But, *13* hasn't hit platinum yet.

"You don't want to be doing this for no reason. Ultimately, you're doing it for yourself," Rowntree said.

"You don't make it hoping to sell a million records, but you do promote it and hope it will."

Coxon added, "What does a pile of a million CDs look like?"

And as far as celebrity status going to their heads?

"We're kind of taught to be that in some ways. It's not a pleasant way to feel,"



COURTESY PHOTO

Woohoo! Brit Pop band Blur, famous for that beer commercial tune, just wrapped a mini-tour of Canada and the U.S.. Their new CD is out now.

Coxon added.

However, there was nothing arrogant about these two guys. They are two everyday people who like to hang out, read books, and party.

They say they don't like to talk about music if they're not playing it, but they will

for survival's sake.

I wish I had known all this about them before going in to interview them.

But, after an hour of British euphemisms and being in the presence of Blur, I was star struck, and 'woohooing,' all the way home.



COURTESY PHOTO

(left to right) Alex James, Graham Coxon, Damon Albarn and David Rowntree make up British sensation, Blur.

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Lovin' Brazilian metal

By ELIZABETH GONCALVES
Arts Reporter

As Frederick Nietzsche said, 'What doesn't kill you makes you stronger.' A true adage, unearthed by hardcore rockers *Sepultura*.

Chucked into unfamiliar territory in 1996, with the departure of frontman and co-founder Max Cavalera, *Sepultura* was faced with the challenge of determining what its future would be.

Fast-forward to 1999, and add an affable new frontman, Derrick Greene, three musical virtuosos: bassist Paulo Pinto Jr., guitarist Andreas Kisser and drummer Igor Cavalera. What you've got is four exhilarating rockers.

In the past, media attention heavily spotlighted the charismatic Cavalera (Max), often ignoring the fact that it took four musicians to create the Brazilian group.

This slanted media approach continues today with critics expressing the view that the heart and soul of the band is missing, and that the true *Sepultura* no longer exists.

Greene said the sheer thought of this comment doesn't sit well with him.

"Every big band that you can possibly think of has gone through dramatic changes, and that's saying that Paulo, Igor, and Andreas were never *Sepultura*—and that's ridiculous," he said.

Speaking with Greene, one instantly notes that his main goal is to promote the band as a quartet and not as a one-man spectacle.

"*Sepultura* wouldn't have been anything without everyone working together in the past as a group. It's kind of a stupid thing to say. I can't comprehend somebody thinking that one person makes up a band," said the Cleveland-born singer.

"There are a lot more details involved as far as a band and what goes on in rehearsal, or as friends,"

Greene added. "It's so much more deeper than what they're seeing a lot of times, so when they see one person from the band talking, and they think 'that's the band, you know he does everything,' it's usually never the case, ever."



COURTESY PHOTO

Brazil natives *Sepultura* are well-known for bringing a South American flair to heavy metal music. They recently added American frontman Derrick Greene (bottom).

Regardless of comments made by the critics, one thing has certainly remained at the heart of this band — passion.

Greene's full-blooded voice, Cavalera's barrage of metallic drumming, Kisser's killer guitar onslaught, and Pinto's fierce bass lines, ensure the tunes reach unsurmountable heights.

The savageness and intensity of the lyrics, also fuels the passion, an aspect that attracted Greene, the ex-*Outcast* singer.

"I've always written lyrics, so reading Andreas' lyrics, was really important to me. There was something behind the lyrics — there was meaning. I can't really sing about something I don't feel," confessed Green.

Asked how he would describe *Sepultura*'s latest achievement, Greene responded, "A lot of anger and a lot of unity." The vocalist said it was a challenge working on this album because of negative

views coming from people who doubted the band could succeed.

Greene admitted the band opted to focus on themselves, and didn't play any of the old material, until two or three weeks prior to touring.

Instead, the influences on the album came in the form of Kodo drummers from Japan, and Metallica guitarist and *Sepultura* fan, Jason Newsted.

The band spent four days on Sado Island, working with Kodo drummers on the spectacular tune *Kamaitachi*. The idea to incorporate the Japanese percussion group, was one that the three musicians from Belo Horizonte Tribe entertained before Greene joined the band.

As I said the name of this song, the light-hearted vocalist laughs, after I mispronounce *Kamaitachi*. He then goes on to explain the legend behind the song title.

"It's like an animal-being or force, that's what the Kodo drummers wanted to name it." They felt the song was "like this weird mythological, Japanese monster—almost like a beast, that's coming out," said Greene.

As for Newsted appearing on the CD, Greene said the band has been friends with the rocker, who occasionally invites people to his home studio to record demos.

Newsted co-wrote the blistering tune, *Hatred Aside* with Kisser and Greene.

"We went up there and invaded his house," explained Greene. "We just invited ourselves in, and just had a really good time. It wasn't like Jason was writing a song, and then we're like 'okay, we'll do that Jason.' It was like everybody on acoustic guitar, and then 'Let's stop writing. Let's play basketball or something'. It was cool."

Metal fans in Spain and South America, will soon have the unique opportunity to catch both Metallica and *Sepultura* in concert.

As for fans of the ground-breaking band, who have yet to see Greene perform, he said, "There is still a lot of power, a lot of energy. If you like it, you like it. If you don't, you don't. I can't really worry about it. I got into hardcore-alternative music for the fact that I wasn't trying to please everyone. I am doing it because I enjoy it."

Coming out onstage

By PENNY LAUGHREN
Et Cetera Staff

The *Other Side of the Closet* is, quite simply, a play about coming out of the closet. Written and directed by Edward Roy, it stars Brad Austin, Catherine Gatotos, Christopher Morris, Corrine Murray, and Clinton Walker. It's an honest and hard hitting play about homophobia, in its second run at Young People's Theatre. The critically acclaimed play is based on four high school students living in a Toronto suburb.

The conflict starts when Carl, (Christopher Morris) is seen walking into a gay bar. His friends then question who is normal, and what is

right. The play centres on the ideas of identity differences and acceptance, but Roy avoids preaching through his use of humour and characterization. When one of Carl's friends, Justin (Clinton Walker) finds out Carl is gay, he becomes afraid of being the object of his friend's deepest desires. Their other friend, Paulette (Corrinne Murray) comes back with a one-liner that had the audience howling. Roy doesn't hesitate to use words like, 'faggot' to get to the heart of the matter, and unearth his bias.

Morris said the play is not that far off from his own high school experience. "There was one student who was gay and he was put out."

The play runs until May 8. Performances are Fridays and Saturdays at 8:00 p.m.



COURTESY PHOTO

The *Other Side of the Closet* is playing at The Young People's Theatre until May 8.

Minor Trembles from Ottawa

BY MICHELE STEFANCIC
Arts Reporter

This Minor Tremble is causing a rumble as it comes out of Ottawa, into the indie music scene.

Two months after their debut CD 'Been People' was released it sold over 1,000 units in Ottawa. Last year the band's debut video *Tongue* was nominated for Best Independent Video at the MuchMusic Video Awards, and the single was included on the North By North East '97 Indie Buzz sampler.

As the millennium approaches, TMT are getting ready to record new material, and are hoping to be signed to a major label.

The twenty-something band, three-fourths of whom were schoolmates, formed in 1995. TMT includes Adam Young (vocals, guitars) Chris Sims (bass guitar, vocals), Jason Gilron (keyboards) and Jason "Tater" Betteridge (drums).

Working in shoe sales, serving coffee at Starbucks and adult beverages at a local bar, TMT held day jobs and gathered a budget independently to record their 12 song self-titled CD just over a year ago.

Upon listening to the fine tune-polished, pop rock CD, one would think there is no possible way this band is indie. They really are great musicians and songwriters and they glisten on stage.

"We're all pleased with the album. It was done on a limited budget that we could afford out of our own pockets. Hopefully we won't be on a limited budget next time around. But, it's nice to know people like it," said bassist Chris Sims.

Since the release of This Minor Tremble

the band has been on tour

A year ago they performed at Lee's Palace during Canadian Music Week. Almost to the day a year later the band returned to Lee's for an encore gig of sorts last March as part of CMW.

"We play a lot of gigs. It's (CMW) an industry thing so there's always that hope that you get signed. We've done a lot of those gigs. Lee's Palace is a good place and it's nice to be accepted to play again," Sims said of the band's return engagement.

Formally known as Protein, the band was forced to change their name in 1997, thanks to a San Francisco band with the same name. The band decided to call themselves This Minor Tremble - a lyric from their song 'Tiny Rock.'

"I forget who sort of sued who first. It was lawyers sending letters back and forth, 'Cease and desist' 'No you cease and desist,' just like lawyer talk," Sims said with a laugh.

"I suppose we could be sued for cash but it never came down to that. I've never been involved in a lawsuit before so it was an interesting experience. If we ever wanted to play in the U.S. we had to change the name. It was fun to have lawyers threatening each other."

When breaking into the music biz artists have to potentially think about the sudden success factor. TMT are no exception. Sims said he and his band mates are ready for something to break for them as he reflected on the first time he saw his video for *Tongue* on MuchMusic.

"I had been nervous because people were saying it had been on for a week. When I had actually seen, it was like 'Oh my god.' Like it was a moment of absolute



This Minor Tremble, from Ottawa, are planning to release a new CD in the millennium. Watch out for a tour in the near future to promote their new material.

panic," Sims said.

"Like this was being watched by a lot of people, lots of critical strangers. Then I went 'Well, wait this is a video I've seen before.' Then I thought 'Shit, I don't have to be nervous about this.'"

Last month TMT were on a mini-East Coast tour with the Watchmen. Sims said the tour was fun because they got to play to a part of the country they haven't been to before.

TMT plan to play a few more gigs in the near future to test out the new material they've recently written.

"The nice thing about playing the (new) songs live is that you're forced to get them across by energy and by the arrangement. You can't depend on over dubs or anything like that. We kind of have to distill the song and make it everything that we want to be heard about it," Sims said.

Sims also has a personal view on starting a band, "Don't do it! Get out before you're trapped," he said.

All kidding aside, he added, "Work hard and do the music that you want to do, don't change for anybody. Believe in yourself and give it a go."

And they said GO

BY SHAUNA DUFFY
Et Cetera Staff

It's fast, it's tricky, it's funny, and it's tragic. It's Go, and, and yes it does that. It's not only the actors, but the pace of the story, and the situations.

Director Doug Liman, (*Swingers*), has a firm grip on the pulse of North American youth; their dealings with drugs and their social lives.

After her performances in *Exotica* and the *Sweet Hereafter*, Sarah Polley shows she's a versatile young actress. Her character is a clever grocery clerk who knows how to scam others, get knocked down, and keep on smiling. She has no problem being deceitful and criminal, and she's totally believable.

As her sales clerk friend, Katie Holmes doesn't have the guts that she does, but Holmes was able to pull off the innocent young girl look.

Co-starring in Go are Scott

Wolf from Party of Five, and Jay Mohr from 200 Cigarettes. Both put in good performances as actors trying to make it big in L.A. Their parts require acting within their roles, which is always interesting. Desmond Askew plays Manny, and it's his character that scores the most laughs. His interaction with one domestic cat caused laughter to burst from many seats. His acting is very realistic, and anyone who's tried a hallucinogen, or a lot of Jolt cola will relate.

Another actor who scores high on the laughter scale is Timothy Olyphant. Olyphant plays the drug dealer who's just a bit older than the rest of the kids and thinks he knows everything about everything. Don't worry though, what goes around comes around.

The film covers the span of half a day and the night that follows. It keeps you in your seat and it keeps you entertained.



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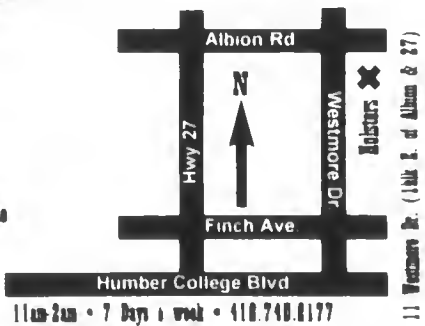
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Gonna party like it's 1999

BY ELIZABETH GONCALVES
Arts Reporter

This year won't be wasted with Y2K-millennium talk—at least not by the French duo Cassius, who are heating up dance floors with their unique blend of funk-driven house tunes.

Long-time friends, Phillipe Zdar and Boombass (Hubert Blanc-Francard) have joined together under a new pseudonym.

Their album, *Cassius 1999* recorded in three weeks last summer, isn't the duo's first crack at the music business. Both are veterans in the funk/house underground world, giving fame to the names MC Solaar, Motorbass, and La Funk Mob.

With the release of their first single, a remix of Cassius 1999, they are mimicking the fame and success of their earlier work.

Steady airplay on radio, and their super-hero video on MuchMusic, have garnered them much attention.

"The video is a mixed hybrid of modern art and Playstation games," Zdar said. "A resume of a century of stuff that we like, something for kids and grown ups."

The animated promo was inspired by a 30-second video created by two of Zdar's close

friends, one a graphic artist and the other a digital effects artist.

The duo wanted to help the two artists by allowing them the freedom to choose a track off the album and create a video. The original track was later remixed from its underground feel, to become the first single.

Cassius 1999, is just one of many songs blending the musical diversity that has inspired the Parisian DJs.

From hip-hop and funk to dance and house, the unique blend of genres created by Cassius has inspired DJs everywhere.

"He called me up one day and said 'I think I've made a house track.' It was only like 100 beats per minute," said Zdar. "I was like 'Shit man, there's a big problem, you have to be on a high tempo so people can dance, and for the DJ and everything.' So we sped it up and it was his first house track."

He also added their next single will be *Feeling for you*. Along with creating their own original tunes, they have remixed singles for Icelandic pop queen Bjork, Neneh Cherry, Depeche Mode and fellow countrymen, Daft Punk.

The duo met about ten years ago when Zdar was working for



Longtime friends, Phillipe Zdar and Boombass (Hubert Blanc-Francard) have joined to form Cassius.

Boombass's father in a recording studio. They say they like having up-and-coming artists mix their songs.

"We like to ask young people who are not known — to help them a little. It's good to help

young guys — we have the backing of Virgin, so we like to help others," he said.

As for their experience at the mixing boards, Zdar says it's one of their strong suits.

"When you do a remix, you

have total freedom. It's one of the positive things about it. We do them when we really think we can add something to the song. If it's just to get the song to the dance floor, or just for the money, — I don't care."

Miranda rocks out of Niagara

BY CHRIS HOLLOWAY
Et Cetera Staff

Miranda Stone knows the road to success in the music industry may not always seem promising.

This 24-year-old singer and guitarist from Niagara-on-the-Lake has had her share of good and bad experiences, but her determination is finally starting to pay off.

Last spring, Stone auditioned to play the acoustic stage on the Lillith Fair tour. Although she didn't make the cut, she was second pick out of over 200 entrants. She didn't see this as a loss, but an opportunity.

"It was great from an experience perspective," she said. "I met a lot of musicians, and have done shows with several of them."

Stone grew up in a family that listened to classical music, and European and Irish folk tunes. In her teenage years, she listened to more popular music, and recently some jazz and blues. These elements can all be heard in her style of folk music. She describes it as a mix of folk and punk, although it doesn't fit clearly into either category.

Stone credits her band with setting her apart from the many singers who sound the same. Guitarist Tim Abrahams, bassist Marty Gast, and Stone have been playing together for two years — and new drummer Matt Lear has fit into the mix nicely.

"Matt's great because he's influenced by a lot of differ-



Miranda Stone auditioned to play acoustics on the Lillith Fair tour last spring, but didn't make the cut.

ent types of music, a lot of African music which is very rhythm oriented," Stone said.

What really sets the band apart though is Abrahams. On different songs, he adds electric guitar, mandolin, violin, and Spanish guitar.

Stone said the thing she enjoys most about her music is the opportunity to interact with the audience. In the summer, she plays several small folk festivals, and said these are some of her favourite times.

"I enjoy the interaction with the crowds here," she said of the festivals. "I seem to be able to connect and communicate better with that audience."

Lately, she has spent more time playing in Toronto. The band just finished recording their second album in Toronto last month. It was a live album, taped from a performance at Clinton's Tavern. Stone said recording live was difficult, and the recording at Clinton's was really a second try.

"We tried to tape at C'est What last month, and when I heard it I knew we had to try it again," she recalled. "I felt really good about the second show, though."

Other than being a talented musician, Stone also owns an independent record label. Earthdross Productions is how she put out her first album, *Brave*. Although, there are no other artists on the label, she has thought about the possibilities of signing other bands.

"I'm very practical. It has to make sense. I'd love to get some more bands signed, but I'm very busy with our band right now. I guess I'm learning how to run the label on myself," she said.

The thing that Stone finds most remarkable is that she's doing what she loves, and is making a living at it. She said she started out just trying to make music, then after graduating from art school, it became more of an art.

"This is my artistic vision, but it's also my business, my livelihood."

Sports

A magical year for the men's soccer team

■ *Hawks men's team has a breakthrough 10-2 season*

By MIKE GENTILE
Sports Reporter

For a team that wasn't supposed to do much, the men's soccer team accomplished everything. After a disappointing loss to Durham last year, the team wanted nothing more than to reach the Canadian Nationals in the outdoor season.

No one thought they'd win gold at OCAA outdoor, indoor, and a national medal.

Forwards Walter Martins and Marco Frasca were playing in their final year, and the last thing they were looking at was re-building. They wanted the team's many rookies to understand the

importance of the season and the importance of reaching their goals.

"It means a lot to wear this shirt," Frasca said at the tryouts in September.

The most gratifying win for the Hawks in the outdoor season was in the first round of the OCAA finals against the Durham Lords. The bitter rivalry came to a climax as the Hawks pressed to tie the game after trailing 1-0 for most of the contest. Durham was louder and healthier. They taunted the Hawks as they held a 1-0 lead. It looked like Humber would be eliminated again by the Lords.

The Hawks eventually tied it and won on penalty kicks. This team was full of resiliency all year. They just never quit. Those who



PHOTO BY MIKE GENTILE

The Hawks outscored their opponents 27-12 in OCAA tournament play.

would watch would shake their heads, and watch in awe all at the same time.

After that, they rolled over Centennial before heading to B.C. where they claimed their national bronze medal. Before the game against Durham, there was a little doubt, but no fear. Angelo Nero, the most versatile Hawk, let his feelings go one day.

"You just get this feeling inside your stomach. You're excited all day long you can't wait," he said.

Led by one of the strongest coaching staffs around, the Hawks were able to set different goals and stay focused in order to achieve them all year. Vito- or to some "Bito"- Colangelo provided a loud humorous approach to the team, keeping the guys relaxed,

and positive. Adam Morandini, a quiet leader, was able to tame the province's fiercest goalie, Peter Labicz, who dominated his way to an OCAA all-star year. Lastly, the soft spoken German Sanchez couldn't be anymore respected and the team responded. The talk was finally over, and they ended up where they wanted to be. B.C. was just another tournament in a year full of hope and good results. The Hawks finished with a 10-2 record including nationals. They outscored their opponents 27-12 and only four times did the Hawks trail in a game. Two out of those for games turned into victories. They never allowed more than two goals in a single game, and they had 14 different players score at least one goal.

The players continued their success in the indoor season. They shut out every team at the McGill University Invitational, tourney dominated by university teams. So now the Hawks have an entire summer to polish their hardware.

Hoops loyalty? Buying Lord Stanley

By GARY D. MELO
Sports Reporter

What happened to the days when a pair of knee-high gym socks was all a basketball player needed?

Dr. J would step on the court and defy gravity. The Ice Man would leave the crowd in a cold chill. Chamberlain would brag about all the women he had "slam dunked."

Everyone was happy. But most importantly, each of these players showed loyalty to their respective teams and selfishness was not among their traits.

The same thing cannot be said now. As players' bank accounts get larger and their heads even bigger, their love for the game and loyalty to their team lessens with every 'cha-ching' heard across the league.

Even if you have not been a basketball fan very long, I am sure you have seen it already. Raptors' fans have been hearing it since Day One.

Tracy Murray made a name for himself as a perimeter player for Toronto when they signed him because no one else would.

Instead of hitting threes for the Raptors the following year, Murray hit the free agent market and left the team.

Score: Raptors 0 - Egocentrism

2. Damon Stoudamire talked about about loyalty and the team being a family in his first two years with the club.

When the Raptors failed to put up impressive numbers under the 'W' column the next season, "Mighty Mouse" washed the teams dirty laundry in public and demanded a trade half way through the year. Score: Raptors 0 - Egocentrism 4.

The reason, simple: Basketball isn't a sport, it's a business. And as long as the players have their way and win in the end, nothing else really matters.

Sure, it happens in almost every sport. I won't deny that. But it is most evident in the NBA.

Open the playbook for any team in the league and greed is most likely the number one play.

With players like Stephon Marbury and Allen "ME-MYSELF-AND" Iverson, the league is full with young players with bad attitudes. And As much as I love to turn on the tube and watch Iverson cross-over, drive to the hoop and throw it down Ewing's throat, I am getting tired of hearing about all the crap off the court.

It's changing the game of basketball and I am considering changing the channel.

Score: NBA 0 - Melrose Place

By MIKE GENTILE
Sports Reporter

You can't buy it at the GAP or The Home Shopping Network, but the Stanley Cup is officially up for sale.

It's no secret that the Detroit Red Wings helped their chances of a three-peat by acquiring Chris Chelios, Wendel Clark and Ulf Samuelsson at the trade deadline; but not many teams have that luxury. It follows a trend in the league this year which screwed a couple of Canadian teams.

Calgary lost Theoren Fleury to the Colorado Avalanche, while the Flyers scooped Mark Recchi from Montreal. The Habs also lost Vincent Damphousse to San Jose. Both of the former Canadiens will be un-restricted free agents this summer, but are unlikely to sign with Montreal.

As a result, as soon as a player earns superstar status, they're sold to the highest bidder.

The problem is the current collective bargaining agreement, which allows free agency to become the main source of building a team instead of the draft.

Now a larger number of clubs are becoming farm teams to the rest of the league. It doesn't matter which team drafts the best player. At some time, a team like Detroit will want him and, like

the Godfather, "make 'em an offer they can't refuse."

This has driven small - market teams not only to the bottom of the league, but sometimes right out of town. In the 90's there have been three significant re-locations of teams.

The Hartford Whalers moved to Carolina. The former Winnipeg Jets are the Phoenix Coyotes, which will finish fourth in the Western Conference. Lastly there is the Quebec Nordique which is now the Colorado Avalanche. Colorado - second in the Western conference, won the Stanley Cup

in just their first year in Denver.

How so? Why couldn't Quebec win anything?

One key factor in Colorado's win was the acquisition of Patrick Roy from Montreal. If the team stayed in Quebec, the trade would have never been made. So as we wait for the playoffs some call Detroit smart, or Colorado clever, but if you ask me I call them rich.

Currently, the federal government is looking into the idea of helping the poor Canadian teams

-Mike is a die hard Habs fan

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Cherished Memories?

Et Cetera's 1999 newspaper staff bids a fond farewell.



Neil Becker
Sports Editor

NN: Sports Encyclopedia
BRF: His novel about the Humber/Seneca game.
5 Yrs: Running the Hockey Hall of Fame.
MLT: Streak the crowd during a Jays/Yankees game.
WYL: Not everyone has an endless supply of happiness.

Quote: "Did you see the game last night?"



Patrick Birikorang
Biz/Tech Editor

NN: The Loud One
BRF: His long romantic walks in the L wing.
5 Yrs: Be 40.
MLT: Get a great job, marry a supermodel, and laugh at everyone else.
WYL: Sometimes Biz/Tec is just boring.
Quote: "This week I have one page."



Carrie Bradley
Editor-in-Chief

NN: Stringbean
BRF: Her outstanding ability to turn pretzels into pornography.
5 Yrs: Editing a trailer park newsletter in Arkansas.
MLT: Be the first person to win a Pulitzer while editing a trailer park newsletter.
WYL: I need to pipe down and be quiet once in a while.

Quote: "What position at the paper do I hold this week?"



John Chick
Arts Editor

NN: The Hippest White Guy in the Room
BRF: Being elected to the Games Room Hall of Fame.
5 Yrs: Making \$65,000 to write letters that start "Dear Penthouse, I never thought I'd be writing to you, but..."

MLT: Get arrested while stalking Foxy Brown.
WYL: As little as possible.
Quote: "I spent \$30,000 to get a job at TV Guide?"



Himani Ediriweera
Arts Editor

NN: Miss Punctuality
BRF: Her inability to keep her bra strap in her shirt.
5 Yrs: Unemployed—after freaking out while interviewing Hanson.
MLT: Get upset when this is printed.
WYL: Less than John.
Quote: "BUT I'M INTERVIEWING BLUR!"



Erika Ford
Sports Editor

NN: Chuckles
BRF: That tongue ring thing.
5 Yrs: Landscaping Aldo's front yard.
MLT: Change her mind and decide to be an astronaut.
WYL: A Journalism diploma doesn't do much good when you want to be a farmer.

Quote: "Maybe I'll be a racecar driver instead..."



Andy Georgiades
Op/Ed Editor

NN: George
BRF: New ways to use an umbrella.
5 Yrs: Opinion editor; Kalamata Daily Tribune
MLT: Do nothing of any real consequence.
WYL: I'm just too smart for these people.
Quote: "Does anyone have an opinion on anything this week?"



Julie Greco
Lifestyles Editor

NN: The Other Italian in the Room
BRF: Her endless optimism.
5 Yrs: Publisher of the Voice of Pelham.
MLT: Worry, then sleep.
WYL: No matter how bad things are, they will always get worse.

Quote: "Anybody wanna write their own horoscope this week?"



Andrea Houston
Special Sections & Photo Editor

NN: G-Spot
BRF: Telling everyone one too many details about herself.
5 Yrs: Baby photographer at Sears.
MLT: Be outside smoking.
WYL: Whatever it is - I can do it tomorrow.
Quote: "This is the worst music I've ever heard."



Andrew McKay
Managing Editor

NN: Kenny
BRF: His solo effort to bring back Glam Rock.
5 Yrs: Studying Poli-Sci at Bishop's while applying to Law at U of T and running a re-election campaign for the student president at Dalhousie.

MLT: Teach the Journalism Entrepreneurial Skills class.
WYL: Everything I need to know I learned at Caps.
Quote: "How does this affect me?"



Kim Martin
Online Photo Editor

NN: That girl with Jay
BRF: Orange pants, orange shirt, orange shoes, orange glasses.
5 Yrs: Publisher/online editor, *Orange Rules!* Magazine.
MLT: Walk into residence and just start shooting.
WYL: Sometimes people can be very childish.
Quote: "I need headlines!"



Aldo Petrone
On-Campus/News Editor

NN: The Italian Stallion
BRF: His tight ass.
5 Yrs: Working in the Yukon, but still living at home.
MLT: Marry rich.
WYL: I don't like people.
Quote: "A mouthful is never enough."



Kristi Smith
Health Editor

NN: Sunshine
BRF: Her dedication to, and support of, the Men's Volleyball team.
5 Yrs: Still trying to get a job in the Sun Sports dept.
MLT: Become the neighbourhood Crazy Cat Lady.
WYL: That high school didn't prepare me for anything.

Quote: "I've already tried that."

Neil Becker
Carrie Bradley
Patrick Birikorang
Himani Ediriweera
Julie Greco
Kim Martin
Aldo Petrone
Andrea Houston
Andrew McKay

LEGEND

NN: Nickname.
BRF: Be remembered for.
5 Yrs: What you'll be doing in 5 years.
MLT: Most likely to.
WYL: What you learned.