

SCHREINER STAYS GREEN



SCOTT MCLAUGHLIN

Mike Schreiner announced on Tuesday Feb 21 that he had decided to stay on as leader of the Green Party of Ontario despite the rumors that he had been thinking of running for the Liberals.

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OTTAWA POLICE TWITTER

Police lined up in front of Freedom Convoy protestors in Ottawa on Feb. 18, 2022, four days after Prime Minister Justin Trudeau invoked the Emergencies Act. The Public Order Emergency Commission said invoking the Emergencies Act was justified.

Ford stays silent over freedom convoys

Philip Lau
Politics Editor

Ontario NDP Leader Marit Stiles pressed Premier Doug Ford to explain his lack of actions to the Freedom Convoy as provincial legislators returned to Queen's Park Tuesday.

Ford did not answer the question.

Stiles' attack in the legislature came after the Public Order Emergency Commission released its report last Friday on the use of the Emergencies Act last February.

The commission, led by Ontario Court of Appeal Justice Paul Rouleau, issued its verdict after seven weeks of public hearings last fall. It involved reviewing around 9,000 documents and interviewing 76 witnesses including Prime Minister Justin Trudeau.

Rouleau said while invoking the Emergencies Act was not a step too far, missteps by different levels of government and police created a preventable crisis.

He said Prime Minister Justin Trudeau met the very high bar set for invoking emergency measures, as an exceptional crisis unfolded in Ottawa.

He also said while many participants of the Freedom Convoy wanted to maintain a peaceful protest, overall Ottawa became unsafe and chaotic.

"There was disregard for both the law and the well-being of the people of Ottawa," Rouleau said.

What protesters saw as celebratory, such as horn honking, were intimidation and harassment in the eyes of Ottawa residents, he said.

Rouleau also said blockades disrupted critical supply chains and infrastructure, which could bring profound impact to all Canadians.

"Financial costs and trade impacts are not sufficient in themselves," he said. "What is relevant, however, is the human health and public safety consequences that may flow from a serious, sudden, prolonged, and deliberate disruption to economic security and the ability to earn a living."

Trudeau said in a media conference after the report's release that he welcomed the commission's findings.

"The Commissioner found that what we experienced last year was a national emergency that threatened the security of Canadians," Trudeau said.

He said a responsible federal government needed to step in to uphold the rule of law when the situation in Ottawa was volatile and out of control.

But the commission indicated not all levels of governments had acted responsibly.

Rouleau said Ontario had been largely absent at the early stages of

the Freedom Convoy, as it believed Ottawa bore the responsibility to respond to opposition against a federal policy.

He said Premier Doug Ford refused to engage in ministerial meetings between the federal, provincial and municipal governments until Feb. 10, four days before the Emergencies Act was invoked.

Rouleau said while Ottawa is special for its importance in federal politics, it is still a municipality within Ontario's border.

"The province is ultimately responsible for effective policing in Ottawa," he said.

Rouleau said the lack of response at the provincial level was troubling and amounted to a failure in federalism.

He said earlier collaboration at the political level could have helped identify relevant authorities, allocate resources and even coordinate engagement with protesters.

"It could also have provided the people of Ottawa with a clear message that they had not been abandoned by their provincial government during a time of crisis," Rouleau said.

He said Ford's refusal to testify before the commission made assessing Ontario's response more difficult.

Rouleau also said Ottawa Police falsely believed the "Freedom

Convoy" would last for only a week, despite intelligence suggesting the contrary.

"There was a significant disconnect between the information available to the OPS and the early planning for the event," he said.

He said it would be helpful if the Ontario Provincial Police had asked Ottawa Police about their contingency plans and provided support earlier.

Rouleau also said a lack of clear communication within Ottawa Police and between different police services resulted in a delayed and incoherent response to the protests.

He said different levels of governments and police services should create protocols to ensure information is shared effectively among them.

Rouleau also suggested both the federal and provincial governments should set up major event management units to coordinate crisis response from a national perspective.

Trudeau said his government will issue a comprehensive public response to these recommendations within the next year, and he believes other levels of governments and police services will do so.

"We can all agree that it should never have come to this," he said. "And we should all agree that there are lessons here for everyone involved."

ETC •

Humber Et Cetera is the Humber College journalism program laboratory newspaper. It is created journalism students in the Advanced Diploma and Post Graduate Certificate programs. Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Canadians facing another abortion pill shortage

The manufacturer of Mifegymiso, also known as “the abortion pill,” said they anticipate the shortage to last until March 6, 2023.

Krystal Yeung
Sports Editor

Linepharma International recently cautioned customers to be prepared for an abortion pill shortage.

The anticipated shortage would last about two weeks, from Feb. 20 to March 6, 2023, they said.

Mifegymiso, also known as “the abortion pill,” is an abortion product that can be used until the ninth week of pregnancy, but no earlier than the fourth week.

The company announced on Drug Shortage Canada that supply chain issues including “delivery delays, manufacturing constraints, and lack of availability of active pharmaceutical ingredient” led to the shortage.

The Society of Obstetricians and Gynaecologists of Canada said in a written statement that Linepharma International had reached out to distributors to make logistic arrangements to alleviate the situation.

Frederique Chabot, director of



TEEN HEALTH SOURCE

Linepharma warns consumers of an anticipated shortage of Mifegymiso, also known as the abortion pill.

Health Promotion from Action Canada for Sexual Health and Rights, said this showed the importance of strengthening the supply system which supports people's access to abortion.

“Medical abortion has been a real revolution in making sure that people have access have abortion in our country,” Chabot said.

“Any threats to supplies or any infrastructure that is missing for people to access it means we are

going back to uneven access across the country.”

Chabot said barriers on abortion, which is a timely procedure, could bring devastating impacts.

She said it was possible that people would move out of the timeframe for the medication during the two-week shortage.

“The abortion pills can be used up to nine weeks of pregnancy, beyond that time, your options are really narrow,” Chabot said.

The alternative was to go to a clinic or hospital that offered surgical abortion, she said. However surgical abortion may not be available in some towns or communities.

Carolyn Egan, from Ontario Coalition for Abortion Clinics, said the shortage created a lot of distress.

Egan spoke with clinics over the past weeks, and they still have had a bit of backlog of the abortion pill.

“But I think the concern is what may happen in the future,” she said.

Egan said this type of abortion was the only procedure available for certain non-urban areas, which was a key issue.

“Even for those who live in urban areas, some prefer the medical abortion because it's not done in the abortion clinic in the same way,” she said.

Egan said clinics were talking to Linepharma outlining their needs and tried to secure supply of abortion pills.

“It's not produced in this country, to my knowledge, we are all getting outside of our borders, so that becomes a concern obviously,” she said.

Chabot expressed similar concerns.

“There's not much we can do aside from being very open with our communication,” she said.

She said the organization is helping people navigate the shortage by ensuring information transparency on what services are obtainable and how to access them.

Chabot said there was a very small quantity of Mifegymiso in locally, therefore Canada was vulnerable to shortages.

She said she hopes the government will introduce a national pharmaceutical program, so a larger quantity of medication will be available.

ONA starts provincial pickets for equitable healthcare



JUSTIN TANG/THE CANADIAN PRESS

Nurses and their supporters protest against Ontario's Bill 124 on the sidewalk in front of the constituency office of PC MPP for Ottawa West-Nepean Jeremy Roberts in Ottawa, on Friday, March 4, 2022.

Nicole Fernandes
Senior Reporter

Members of the Ontario Nurses' Association (ONA) participated in all-out picket actions across the province to push for better staffing, and wages, and equitable care for nurses on Feb. 23.

The picket actions varied across the province. Picket lines appeared for an hour or two outside hospitals across Toronto and at Conservative MPP constituency offices, including the premier's.

Supporters of the cause rallied together to present a unified voice fighting to reach a fair deal for Ontario's nurses.

In a statement released by the ONA, Interim Provincial President Bernie Robinson, said that addressing inadequate wages will help address staffing shortages.

“By increasing wages, it is more likely that we can retain nurses considering leaving their jobs, and that many nurses who have left the system these past few years may be recruited back into our hospi-

tals. This would ease the nursing shortage and improve patient care,” she said.

The ONA has been in negotiations with the government for a new contract since June 2020, but talks have allegedly stalled over issues surrounding staffing levels, wage increases, and working conditions.

The ONA has been calling on the government to increase staffing levels to ensure that nurses can provide quality care to patients without being overworked and burnt out.

It has also demanded fair wages that reflect the value of healthcare work and safer working conditions that protect them from workplace violence and harassment.

The ONA represents more than 68,000 registered nurses and health-care professionals, as well as 18,000 nursing student affiliates across Ontario.

“We urge the public to show support for nurses and health-care professionals in our fight for a better deal,” Robinson said.



JAMES WESTMAN

Shelagh Pizey-Allen from TTC Riders, a group calling for improved transit service, says at a rally on Jan. 24 more funding to the Toronto police cannot solve increasing violence on TTC.

Report confirms increasing violence on TTC

James Westman
Newsletter Editor

Statistics released yesterday by the TTC show what many had anticipated: crime has been increasing in Toronto's transit system.

TTC's CEO Richard Leary released a monthly report Wednesday that showed offences — defined as assaults, robberies and thefts in the report — against customers increased by 45 per cent from November to December last year.

The city announced Jan. 26 it would add 20 community safety ambassadors, 50 security guards and 55 special constables to the transit system.

Myron Demkiw, Toronto's chief of police, said there will be 80 special constables throughout the TTC and across 16 divisions, active at all times.

The number of assault incidents and threat incidents to TTC employees increased, but other incidents decreased, the report said. Wednesday's report said the number of offences against TTC staff decreased to 6.3 offences per 100 employees in December, down from 6.7 in November.

In contrast, the number of offences against customers was 2.4 per one million customer trips in December, or 145 incidents, compared to 1.85 per million, or 100 incidents in November, Leary's report said.

A recent survey indicated slightly more than a third of all TTC daily riders feel unsafe on the system. Abacus Data found 45 per cent of daily think it's safe while 37 per cent think it's unsafe. Eighteen per cent

answered "neither," according to the survey of 1,000, conducted between Feb. 3 and 7.

Maryan Khan, a transit user who uses the Humber College bus station, said she thinks the city's boost in security is a good one.

"I think once in a while you have a weirdo on the bus and it's nice to be able to control that. Sometimes people are too afraid to say anything out loud, but to have someone there is helpful," Khan said.

Alan de Pass, a practical nursing student at Humber and a daily TTC user, is not

"SERVICE CUTS WILL DRIVE TRANSIT USERS AWAY FROM THE TTC AT A TIME THAT WE NEED TO BE BRINGING THEM BACK BECAUSE THERE IS SAFETY IN NUMBERS."

impressed with Toronto's transit safety plan.

"It's not a safety plan," de Pass said. "They're just spending tens of millions more dollars on police that we don't need."

De Pass said the number of new special constables should be "zero."

Stephen Holyday, one of five city councillors who sits on the TTC Board, said in an interview with Humber News in January that the presence of 55 additional special constables serves as a deterrent.

Shelagh Pizey-Allen, a spokesperson for TTC Riders, a group that advocates for improved transit service, said special constables are "there to enforce fares at a time

when fares are going up in the budget."

The recently passed budget includes a 10-cent fare hike and reduced service, with up to 10-minute wait times for the subway in off-peak hours.

"That means there'll be fewer people around," Pizey-Allen said.

"These service cuts will drive transit users away from the TTC at a time that we need to be bringing them back because there is safety in numbers."

But Holyday said fare evasion make cus-

tomers feel less secure.

"You know when someone has slipped by and that erodes your trust and your sense of security, even though it's about money, the fare payment," he said. "You see that going on around you and you wonder is someone watching?"

Holyday doesn't link the unhoused to violent incidents on TTC, but "heard some people discuss the noticeable presence of people using the system as a shelter."

The issue of unhoused people seeking shelter in the TTC is "about people choosing that as a place of refuge or a place of shelter in lieu of a different option," he said.

Part of the city's plan is to hire 10 new "Streets to Home" workers who will liaise with community safety teams to provide outreach services.

Pizey-Allen said presenting Streets to Homes staff as a solution to safety issues is "troubling."

"It does conflate homeless people with the increase in violence and homeless people are actually sometimes the victims of violence, as we've seen," she said.

It is not the role of these workers to support people in a mental health crisis, Pizey-Allen said.

"Their role is to connect with people who are experiencing homelessness, streets to homes. What homes, right? There's not enough shelter space," she said.

TTC Riders is calling for full funding of the low-income fare pass and for city council to look at implementing a parking levy for commercial parking lot landlords and large malls.

"It could generate hundreds of millions of dollars per year. The TTC isn't just facing a deficit this year. It's facing a deficit in years to come," Pizey-Allen said.

ATU Local 113, which represents TTC workers, said in a statement via email the presence of special constables is a "step in the right direction," but is also only a "band-aid solution."

"An increase in special constables can't tackle these underlying root causes, and only adequate funding in these areas can result in any long-term change," the union said.

"Our workers continue to be in fear. No one should be scared to go to work."

Health worries over harmful chemicals in period products

Maegan Lee
Op-ed Editor

Thinx, a popular brand that sells reusable period products, settled an up to \$5 million class action lawsuit over claims of false advertising on Jan. 19 in the U.S., but the case has no bearing in Canada.

This class action lawsuit alleged Thinx used false advertising in their products, that their products were a safer and more sustainable approach for people who menstruate. But the products allegedly contain potentially harmful chemicals linked to harmful effects in humans.

“The litigation against Thinx has been resolved, the settlement is not an admission of guilt or wrongdoing by Thinx,” the company tweeted on Jan. 19. “We deny all allegations made in the lawsuit.”

A Final Approval Hearing will be held on May 24, 2023, to determine the fairness of the proposed settlement.

However it was found that some of their products may contain potentially toxic PFAS chemicals.

Per- and polyfluorinated alkyl substances (PFAS) is a large, complex group of chemicals that have the characteristic of being extremely persistent or durable.

The company denies it acted improperly and that PFAS were not part of its manufacturing process.

Miriam L. Diamond, a professor in the Department of Earth Sciences at the University of Toronto, said there are a minimum of 4,700 compounds and the ones that have been well-studied shows that they could be toxic.

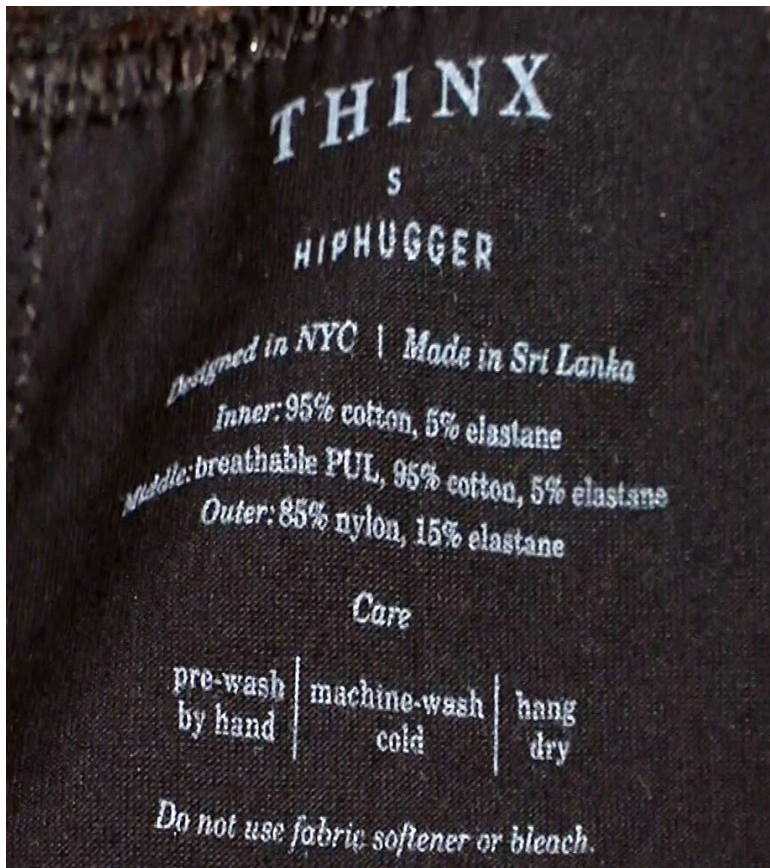
PFAS are commonly used because they provide water, grease, and stain repellency, Diamond said.

She said the water and stain repellency could explain why traces of PFAS are found in reusable period underwear.

Jessian Choy, a freelance writer for Sierra Club Magazine, first brought attention to traces of PFAS in reusable period underwear in January 2020.

Choy said she sent in her Thinx reusable period underwear to Professor Graham Peaslee at the University of Notre Dame in Indiana, while working on an article about sustainable period products.

“I really wanted to write about these really comfortable things that you can wear,” Choy said. “But before I felt comfortable, like



BONNY GHOSH/AP PHOTO

Thinx, which makes reusable period products, settled an up to \$5 million class action lawsuit in the U.S. but the case has no bearing in Canada.

suggesting a brand of these comfortable menstrual underwear, I wanted to just know if it was truly less toxic.”

She had been using Thinx products long before 2019, and said the products were an incredibly comfortable alternative to other menstrual products.

Choy said her job was to look at and find less toxic products before she could recommend them to others.

The results of the testing on her period underwear indeed found traces of PFAS’s.

Choy said she was not surprised because of her awareness of PFAS beforehand, but was concerned nonetheless.

“I was concerned because I later on learned that this is like part of the most absorbent part of you know, our bodies,” Choy said. “This stuff does not degrade. We don’t need more of it in our bodies. No one’s found a way to get rid of it in our bodies.”

Diamond was also notably concerned about the use of PFAS in clothing and cosmetics.

“You know, as a mom, I don’t want my kids to be walking around in PFAS coated uniforms,” Diamond said. “I wouldn’t want my daughter to wear PFAS to wear underwear with PFAS, I think as a precaution, because it’s not worth it.”

Diamond said there are not many regulations or laws that govern the use of PFAS in Canada, unlike the U.S.

According to a publication about PFAS’s on the McMillan LLP website, regulating the chemical’s use is ‘in its infancy,’ meaning it is only mandated on a federal level and “in a limited way” in B.C. and Ont.

Waiting for the government to enact laws and regulations takes a long time, Diamond said.

She said consumer pressure makes companies respond, and the pressure is based on “scientific evidence of harm.”

“If we wait for regulation, it’s when people are poisoned, that we get regulation,” Choy said.

She said this Thinx settlement is the first step in people remembering that false advertising does not just apply to Thinx, but it can happen to any company.

Looking at the eco labels and asking companies for their certificates of lab testing, are only some of the ways consumers can stay safe, Choy said.

With the rising discourse about sustainability and eco-friendly options, reusable period products are gaining popularity.

Although the U.S. settlement has no impact on Canadian consumers of Thinx products, Choy said that consumers should be diligent in checking their products and labels.

Schreiner won’t cross the floor to run for Libs

Andrea Pozo
Art Director

Mike Schreiner announced on Tuesday after a brief flirtation with the Ontario Liberals that he has decided to stay on as the leader of the Ontario Green Party.

The announcement came after 40 members from the Ontario Liberal Party inviting him in a public letter sent on Jan. 29 to run for their party’s leadership. The Liberals currently have eight seats in the legislature.

Schreiner said he remains focused on the need for climate actions.

In a video released on Tuesday, the Guelph MPP said he was deeply moved after speaking with members of his constituency who reminded him of the importance of Green Party’s voices for the community.

“So many people told me that having even one Green voice in the legislature makes a huge difference,” he said.

Schreiner has been the provincial Green leader since 2009 and was elected as MPP for Guelph in 2018.

In his announcement, Schreiner spoke out against the current provincial government and urged voters to transform their kind words of support into tangible actions against the Ford administration.

“The Ford government was elected by less than 18 per cent of eligible voters, and puts the private interests of wealthy

insiders and speculators before people and the public good,” Schreiner said.

He criticized the government’s plan to privatize healthcare and develop the Greenbelt while doing nothing to reduce increasing costs of living in Ontario.

“People sincerely want a strong progressive movement to push back against the Ford government’s attack on our public health system, his scheme to pave over the greenbelt, farmland and wetland,” he said.

Schreiner also called out the Ford Government’s lack of initiative surrounding climate action.

“Ford’s utter disregard for climate action, affordable housing and our most vulnerable neighbours,” he said.

Schreiner said it was important now more than ever to have strong green voices at Queen’s Park.

“A strong opposition is vital to democracy,” he said.

Schreiner said there was still a long way to go in order to prepare for the climate challenges people will all be facing soon.

“There is so much unfinished work to make our province, our economy and our community climate ready,” he said.

Although Schreiner may have been briefly courted by some members of the Liberal Party, he said he remains committed to working towards a greener future.

“I will work across party lined to put people, planet and this province we love first,” he said.



ANDREW LAHODYNSKYJ/THE CANADIAN PRESS

Ontario Green Party Leader Mike Schreiner speaks at Queen’s Park.

IGNITE Board candidates meet and greet students

Joshua Drakes
Senior Reporter

Megan Rampersaud
Senior Reporter

The Humber student union IGNITE hosted an event Wednesday to meet the candidates on the board of directors from the 2023 election.

Candidates worked at information tables between 11 a.m. and 1 p.m. at the North Campus where students got the chance to meet candidates, ask questions, and enjoy refreshments provided by IGNITE.

Candidates also got the opportunity to share their campaign plans. Swarnim Deshwal, an engineering student at Humber and one of six candidates, said that his focus is on the lack of transparency between the student body and the administration.

"I would like to make the relationship between students and the college more transparent," he said.

"There's no proper communication between the students and upper body. If you have any problem, you have to raise your concerns with your professor or program coordinator, but they generally tell us to contact our office instead."

Deshwal also said that this issue is worse for international students.

Rahul Sohal, an international Humber student, said that he feels IGNITE could do more to repre-

sent international student needs.

Sohal said these changes are needed because of the financial hurdles that come with being an international student.

"The tuition fees are increasing like \$1,000 a year and it is crazy that nobody has done anything about it," said Sohal.

"Being an international student is hard, not having your mom or dad, and being on your own," he said.

This especially applies to international students. If you were to reach out to the college or the registrar, they usually reply after two to four days. But sometimes you don't get a response or it comes too late."

Angad Handa, another candidate up for election, also said he believes that there needs to be a stronger connection between students and college officials.

He said he is positioning himself as a bridge linking the two groups.

"I would be the bridge between the students and the top officials," he said. "I would take student concerns and issues to the table and reach the best conclusion. That's my main concern."

He is also seeking to lower parking fees, which he views as steep.

"The fees are high," he said. "While I don't guarantee that I could cut it in half, I would get that to the table."

While there are plenty of new candidates entering the ring, there are returning contenders as well.

Jessica Carrera, was IGNITE's chair in 2022, but is now aiming to be re-elected this year. She said transparency between the the student union and students remains a priority.

"I currently sit on the board already as the chair of the board of directors. I'm trying to get re-elected because I want to continue the work that I've been doing this year," she said.

"I have been advocating for more transparency for student tuition for international student tuition."

Carrera is also continuing her push for accessibility on campus, as well as more paid internships.

"I have also been pushing towards more accessibility needs like wheelchairs on campus," she said. "I've noticed there are a lot of visually impaired students on campus who need more support,"

"I have also been trying to push towards more paid internships. I started off with an Ontario restaurant, a hotel and motel association, something small. But I have connected with them to work with them with our hospitality programs here on campus to get more paid internships and connections as peer mentors," she said.

"I started off with this college, and now it has expanded to the other six colleges in Ontario, which is great," Carrera said.

Students who came out to the event were also supportive of



JOSHUA DRAKES

Angad Handa, a candidate for the 2023 elections, answered students' questions for his campaign in an IGNITE candidates events on Feb. 22.

their friends who were new and returning candidates.

"Our friend Karanveer Singh is running for an IGNITE candidate here and we are here to support him," said Hermeet Kaur, third year business management student.

Lionel Campbell, an IGNITE event manager, said that the turnout this year for the elections is much more competitive that last year with a total of 15 candidates, six being from North.

"We do have an Indigenous student and two candidates from the International Graduate School as well so we are pretty positive about this as everyone has to work hard to get a spot," said Campbell.

IGNITE's voting week will be March 6-10. More details will be released on Humber's website as the election date approaches.

WITH FILES FROM LESHAE BARRETT, SCOTT HOOBKAMP, MIKULAS HORVATH, LIAM NEILSON AND JULIA VELLUCCI

Dietitian tells students to meal plan amid inflation

Shradha Bhojane
Newsletter Editor

Registered dietitian and nutrition coach Anisha Gupta said students face greater impacts of rising food costs due to a lack of time and nutritional knowledge.

She said students need to start by creating a meal plan before visiting a grocery store, which will help them save money and reduce food wastage.

"If you have an idea of what you need, you are not going into the grocery store blind and just buy a bunch of things that you are not going to end up using," Gupta said.

Derek Li is a fashion arts and business student at Humber College's North Campus. He said he's buying fewer fruits since seeing the price increase.

"I feel like my fibre intake is less than before," Li said.

Youssef Henien, a business student at McMaster University, has changed his purchasing habits in the last two years due to the rising grocery prices.

"I've definitely shifted towards buying food in the same category [as before] but sacrificing a bit in terms of quality," he said.

He said he would buy food items from no-name consumer generic brands to reduce his total spending on groceries.

According to Canada's Food Price Report 2023, Canadians can expect a five to seven per cent rise in food prices next year. Vegetables, dairy and meat would be the categories most affected.

The report also said that "food insecurity/affordability will also be a big issue with rising food prices."

Anisha Gupta said students should also consume healthy

beans and lentils as a protein source instead of expensive meat.

"I recommend combining ground meat and lentils to get the protein content you need," she said.

Sowmya Meruwa, an international Strategic Business Management student at Conestoga College, said her food-buying habits have been influenced by the rising prices.

"I see fruit as a luxury," Meruwa said.

She said she skips breakfasts and sticks to store-bought juices on some days.

Gupta said breakfast is the most important meal of the day.

"When people skip breakfast, they tend to overeat later in the day," she said. "If you skip breakfast, you're skipping a key time when you can give your body good health and nutrition."

"A lot of people who skip breakfast have brain fog, and as a student you want your brain to function well," Gupta said.

Gupta said skipping meals should not be a choice because it is worse than eating out for people's health.

"It is a ripple effect," she said. "If you're skipping meals, it is going to impact your metabolism and your overall health."

She said students should opt for healthier snacks like nuts, yogurt with frozen berries, vegetables with hummus, and cheese and crackers, which are affordable and easy to access.

"Another thing that is helpful is to learn how to read nutrition labels and learn how to understand what the ingredient lists are," Gupta said. "That is really going to make a difference in your health."



ANISHA GUPTA

Dietician Anisha Gupta said students will suffer the most from rising food prices and advised them to meal plan.



JAMES WESTMAN

Bob Woodward discusses his recorded conversations with Trump and Russia's invasion of Ukraine with TVO's Steve Paikin at the Isabel Bader Theatre in Toronto on Jan 26, 2023.

Watergate journalist warns Putin may go nuclear

James Westman
Newsletter Editor

Nearly one year into Russia's illegal invasion of Ukraine, journalist Bob Woodward said there is a serious danger of a desperate Putin using nuclear bombs.

"We are on ice that's so thin you can't even see through it," he said.

Woodward, who broke the Watergate scandal and has written books on every president since Richard Nixon, released his latest book, *The Trump Tapes*, in October. It consisted of more than 10 hours of interviews with former president Donald Trump.

He spoke about the tapes at the Isabel Bader Theatre in Toronto in a talk hosted by TVO on Jan. 26. Woodward spent much of the conversation discussing Putin, Ukraine, Trump and nuclear weapons.

His warning on Putin came just before the Russian president's announcement on Tuesday that his country will suspend its involvement in the New Strategic Arms Reduction Treaty (START) nuclear arms reduction treaty.

The treaty is the last remaining bilateral nuclear arms control agreement between the U.S. and Russia. The two countries possess the world's two largest nuclear arsenals and more than

90 per cent of global nuclear warheads, according to the Bulletin of Atomic Scientists's response to Putin's speech.

The same day former president Donald Trump said in a video statement the world is on the brink of a Third World War.

He said the invasion of Ukraine one year ago was outrageous and horrible.

"It would have never happened if I was your president, not even a little chance," Trump said.

Russia's war on Ukraine could be ended in 24 hours with the right leadership, he said.

Trump has made similar claims in the past, but Woodward said he was sceptical about them.

"Oh, boy. Easier to describe the creation of the universe," he said.

Woodward said what Putin has done so far to Ukraine is savage and unbelievable.

He said a source with knowledge inside the U.S. government told him Putin has lost, from death or injury, two-thirds of his army.

He also said Putin had lost 1,900 of his 3,000 tanks since the start of this year.

Woodward said he thinks President Joe Biden has done a strong job of "dancing that long line of putting pressure, supplying arms."

He used the metaphor of a poker game to describe Biden's efforts to get other NATO countries to send tanks to Ukraine.

"How much are you going to put in? How much are you going to put in? And everyone did. And that's

what is in the heads of your enemy leadership," Woodward said.

"What's in Putin's head? We didn't deter him from invading," he said.

Biden does not want a direct war with Russia, Woodward said.

"But are we in a proxy war? How does Putin look at it, now?" he said.

Woodward said it was a great moment when Ukraine President Volodymyr Zelenskyy traveled to the United States and spoke to congress.

"It was almost Winston Churchill," he said. Zelenskyy thanked Congress and asked for more weapons. Woodward said there was a wonderful feeling of unity in the U.S.

"And how do you think Putin looks at that?" he said. "Putin looks at that and says, 'Oh, they've already declared war on me,'" Woodward said.

Woodward is not the only one concerned about Putin's nuclear threats.

The Bulletin of Atomic Scientists updated the Doomsday Clock to 90 seconds to midnight from 100 seconds, its editor John Mecklin said in a statement released on Jan. 24.

"Russia's thinly veiled threats to use nuclear weapons remind the world that escalation of the conflict, by accident, intention, or miscalculation, is a terrible risk," Mecklin said.

Alan Robock, a geophysicist at Rutgers University who studies the climate science of nuclear winter, shares similar worries.

He told Humber News that in a nuclear war, smoke from fires created by bombs dropped on cities would be lofted into the stratosphere, located at 10 to 50 kilometres above the earth's surface, and cool the planet enough to cause global famine.

"A war between the U.S. and Russia could kill over five billion people," Robock said.

Woodward said Putin has been winning some battles and that many say time is not on Ukraine's side in this long war.

"But suppose you get to a point where he really feels he's up against the wall. When does Putin just say we're going all the way and all the way could be using the tactical nuclear weapon," he said.

"That day, should that happen, will mark a pivot point in history," Woodward said.

"And you can't rule it out."

"THAT DAY, SHOULD THAT HAPPEN, WILL MARK A PIVOT POINT IN HISTORY"

Bob Woodward
Journalist

important," he said. Canada has since sent the first of four promised Leopard 2 to Ukraine.

Woodward said Biden is trying to walk the line of deterring Putin but not triggering a reaction from the Russian president.

"Biden has made it very clear, I'm trying to avoid World War Three," Woodward said.

He referred to a quote from Brent Scowcroft, the national security advisor for presidents Gerald Ford and George H.W. Bush, and who he called one of the true geniuses in foreign policy.

"Scowcroft said, 'Deterrence is

EDITORIAL Abuse of power can't end with a question mark

With just 572 words, John Tory announced his resignation, explained what he did and, after getting a \$16-billion city budget passed, officially resigned.

Those 572 words were divided into two statements, a public statement announced on Feb. 10, 2023, and the official letter of resignation filed on Feb. 15.

In the 572 words of this editorial, we're not going to find out whether he committed an abuse of power.

Between the two dates, some politicians, including Premier Doug Ford and Councillor Frances Nunziata, said he shouldn't resign.

Ford said Tory was the best option for Toronto. He said the relationship with a staffer was a personal issue.

Nunziata said we didn't know who initiated the affair.

But there's no specific rule regarding these situations in the Toronto Code of Conduct for Members of Council.

Section 157(1) of the Code of Conduct for Members of Council says that members, including the mayor, "should perform their duties and arrange their private affairs in a manner that promotes public confidence and bears close public scrutiny."

The terms are very broad. That's why the question about whether not Tory should resign is being discussed in depth.

The Standing Orders of the House of Commons of Canada



John Tory walks away from the Toronto city hall podium, as deputy mayor Jennifer McKelvie looks on, Friday February 17, 2023. Tory resigned after admitting to having an affair with a former staffer while in office.

THE CANADIAN PRESS/CHRIS YOUNG

include an appendix titled "Code of conduct for the House of Commons: sexual harassment between members."

University of Windsor Professor of Political Science Cheryl Collier and Toronto Metropolitan University Professor of Politics Tracey Rayney find this code of conduct

insufficient.

Their research study from 2018 said the 2015 code fell short compared to policies outside Canada. They said "[The House of Commons] fails to deal with the broader organizational workplace norms that are predictors of sexual harassment in the first place."

But at least the House has a regulation, while there is no specific regulation for Toronto City Hall.

Former Mayor John Tory said in his speech, "I developed a relationship with an employee in my office in a way that did not meet the standards to which I hold myself as Mayor and as a family man."

It begs the question, what are the standards to which he holds himself as a mayor?

His standards as family man are of no interest for the people.

If the standard he referred to is his personal code of conduct, this could be a catalyst for a future city hall accountability standard.

His lack of explanations divided many Torontonians about the subject. According to a Feb. 14 poll conducted by Forum Research for the Toronto Star, 45 per cent thought Tory should not resign, and 43 per cent thought he should.

After resigning, he spoke to Torontonians on Feb. 17 about his legacy, using 1,157 words. None of them were about his resignation.

It's understandable he doesn't want to talk now about the subject as it involves complex personal issues.

But the Supreme Court of Canada holds that "an abuse of power is when a state actor does something that it was not supposed to, with or without bad intent."

Nevertheless, Tory asked the Office of the Integrity Commissioner to investigate the subject.

John Tory needs to use more than 572 words to explain what he did and what regulations he broke in the code of conduct. By doing so, he will create a standard of accountability for future councillors, which could lead to more specific regulations for Toronto City.

To do so, Tory will need to use more than 572 words.

OPINION Generational trauma in Black communities needs to stop



Shayonna Cole
News Reporter

Some people define intergenerational trauma as negative family experiences passed down from generation to generation. However, for me, it's being told that "there's nothing to be depressed about" or that being emotional is stupid.

As a Canadian, my parents always tell me that I am privileged

to have been born in a country where I am not required to "work hard". However, as a Black woman, I discovered I have to work harder to prove myself.

According to Brown Gyal Diary, an American blogger who focuses on Black family trauma, the parent-child conflict occurs when a parent attempts to protect their child in a way that appears threatening.

Being shielded by my parents is something that I have never experienced. I don't come from a loving family where we can openly discuss our feelings.

The thought of sharing something personal with my parents made me cringe. And my depression was always shot down or laughed at, so I kept everything hidden.

Eventually, I found a way to cope with the pain. Quietly.

I started self-harming and using unhealthy coping mechanisms

when my parents didn't show me the kind of love I wanted.

I was only 12 when I gave myself 37 cuts across my forearm. Seeing the blood leave my body forced my journey of trying to figure out who I was and where I fit within my family, and in the world.

Having grown up in a Jamaican household, I learned harsh truths and learned that my family was broken. It was normal for us not to go out together or say I love you every night.

Instead, it was always, "In Jamaica, my mother made me sacrifice my education so what are you complaining about?" Or "you're too young to be having suicidal thoughts."

My parents struggled in an environment where they were expected to be strong all the time, but I don't think they noticed how far their toxicity went.

Living as a Jamaican-Canadian

includes absorbing all the pain, tears, and insults from your ancestors. I couldn't tell about my struggles and feelings with my family, because they couldn't express their emotions.

Most nights are lonely, and I crave that happy family lifestyle.

I would be lying if I said I was okay because I'm not.

There will always be a part of me that wants to be noticed, no matter how many times I tell myself I'm used to this.

Hearing how foolish I am for feeling like the world is against me gets old after a while.

"From very young ages, there are people from the Black community who have had to deal with safety trauma," said Shanique Edwards, a development worker at Black Mental Health Canada.

"It has affected their overall well-being and has challenged their ability to cope as they continue to

face mount depression," she said.

When I look back at my childhood, it's a series of me trying to cope in an environment where I don't feel safe to express myself.

Sometimes it feels like the trauma of my parents is holding me back from being the best version of myself.

I'm constantly caught between the image of the "perfect Black daughter" that my parents want and who I am.

"You have to take into account the intergenerational peace," Edwards said. "I think sometimes that gets missed in the Black community, and how the trauma of our parents and grandparents, they do weigh on us and they do affect us inadvertently."

One of my biggest fears is that I'm traumatized beyond repair. But I owe it to myself and to my future children to stop the pattern.

This ends with me.

OPINION NBA has a Karl Malone problem



Scott McLaughlin
Editor-in-Chief

The NBA, a league who consistently promotes social awareness, needs to live up to their words by de-platforming former all-star Karl Malone.

The NBA, which publicly prides itself on being a league of integrity, has a problem with acknowledging transgressions of the past. This has never been more clear than this past weekend when the league featured Karl Malone prominently during All-Star Weekend.

Karl Malone is a two time MVP, a 14-time NBA All Star, an 11-time All NBA player and the third leading scorer in NBA history.

Court documents also show that as a 20-year-old college athlete at Louisiana Tech University, Karl Malone raped, impregnated and abandoned a 13-year-old girl. He was a sophomore basketball phenom in 1983 and Malone got his then-girlfriend Gloria Bell, 13, pregnant.

While there may have been some sort of relationship between the two, the details of which are not publicly known, in Louisiana, the age of consent was 17 at that time. That means having sexual intercourse with a 13-year-old, by law, was considered statutory rape.

According to Bell, her family did not press charges because they believed it would be difficult for Malone to help her financially from prison. This was before Malone denied fathering her child and refused to pay child support.

Bell's grandparents took Malone to court in 1986, where they requested he pay \$200 a week in child support. When the second year NBA player failed to respond to a request to appear in court, a Louisiana judge ordered he pay \$125 a week, plus future and past medical expenses.

These payments went unpaid as Karl Malone claimed this was too much money.

In total, excluding medical expenses, the ordered payments would have amounted to \$6,500 per



RICK BOWMER/THE ASSOCIATED PRESS

The top three all-time leading NBA scorers, LeBron James, Kareem Abdul-Jabbar and Karl Malone are seen during halftime of the NBA basketball All-Star game Sunday, Feb. 19, 2023, in Salt Lake City. The league has faced media criticism following the decision to feature Malone onstage.

year. During the 1985-86 season Malone was being paid \$225,000, before taxes, by the Utah Jazz.

Malone settled out of court with the Bell family in 1989 for an undisclosed amount.

The Salt Lake Tribune uncovered a paternity test in 1996, ordered by the courts, which determined with 99.3 per cent certainty that either Karl or a brother of Karl was the father of Gloria Bell's child, Demetress Bell.

This type of child neglect was not an isolated incident for Malone, as according to Bonita Ford, Malone got her pregnant in 1980 when they were both 17. She gave birth to twins, Cheryl and Daryl Ford.

According to Cheryl Ford, it wasn't until she and Daryl were 17 that Malone would establish a relationship with them in an attempt to reconcile with them.

This reconciliation was a solace that Demetress Bell never received as, according to Bell, who eventually became a lineman in the NFL, Malone told him years later that it was too late for him to be a father and he would have to make it on his own.

In an interview with the Salt Lake Tribune this past weekend, Malone was asked about evolving social awareness, about power dynamics, consent, and how that may bring renewed scrutiny to his past transgressions.

"I'm not discussing any of that backlash. I don't care," he said. "That's my life, that's my personal life, and I'll deal with that like I've had to deal with everything. So, whatever."

Since involving himself in the

life of Gloria Bell, Malone was drafted into the league, promoted as one of the biggest stars in the league, and highlighted as a positive part of NBA history.

The NBA has never publicly spoken about his problematic history.

"There are several other sports leagues in which this would not be any sort of surprise for this to happen," said former CTV sports anchor Alastair Connolly. "For it to be the NBA in particular, surprises me greatly.

"With the lengths they have gone to, in what we called the LeBron era, to be a more forward thinking, social outreaching organization, at least on the face of it this seems like an extraordinary misstep," he said.

The NBA is a league that has consistently portrayed itself as socially conscious, especially under the leadership of Commissioner Adam Silver.

The league has condemned the abhorrent racist and misogynistic behavior of owners such as Donald Sterling and Robert Sarver. They have worked to make examples of current players such as Kyrie Irving, who just this season was suspended for sharing a video with anti-Semitic remarks.

However Malone being highlighted, and even celebrated, at All-Star weekend shows a gaping hole in the NBA's moral superiority. It comes across as if league officials will only respond if the public backlash is big enough.

Representatives from the NBA on TNT were contacted for this article but failed to respond.



LOUISIANA TECH UNIVERSITY/ COLLEGIATE PHOTOS

Karl Malone, 20, was a sophomore basketball phenom during his time at Louisiana Tech University, shortly before being drafted to the NBA.

"There's never any sort of reckoning for Malone because Malone lays low," said Bomani Jones, an American sports journalist with ESPN.

"Karl Malone's not there, then you make this more of a story. I would imagine that there is a very cynical outlook on how to play it [by the NBA]," he said.

If the NBA wants to be a social justice-friendly league, then it is time for them to acknowledge the injustice that occurred with one of their biggest stars. It is time for them to leave Malone at home, and stop giving him a platform to be celebrated.

It is time to send Karl "The Mailman" Malone packing.

National anthem revamp at NBA All-Star Game reflects 'reality of Canada's history'

Maria Kestane
Culture Editor

Singer Jully Black was chosen to sing Canada's national anthem preceding the start of the game NBA All-Star game on Sunday, Feb. 19, 2023. Although she knew the lyrics, she decided to sing her own rendition of the song.

The difference between the two versions? One word.

On.

Rather than singing "O Canada our home and native land," Black chose to sing "O Canada our home on native land."

Although the difference in the lyrics appears to be minor, the difference in its meaning is everything but.

Black said the choice to make the one-word change was simple.

"I sang the facts," she said. "We are walking, breathing, living, experiencing life on native land."

By saying "on" instead of "and," Black was stating Canadians are currently settled on Indigenous lands. She made it a point for audience members to understand that the place Canadians call home was first home to Native populations. Reaction, to say the least, was mixed. Some were livid, others inspired.

Annishnabee artist, writer and actress, Tamara Podemski said the lyric change was more than just a change of words, it was a statement to the rest of the world.

"There's so many ways to approach the anthem to reclaim it or challenge it or reconstruct it or deny it," she said. "It took such bravery to do."

Podemski said as an Indigenous woman, the Canadian anthem is symbolic for a tricky dichotomy that most Indigenous people face today when presented with symbols of Canadian history.

"One part of it is standing up for what you believe in, and the other is how you choose to live with it," she said.

The actress said all a person can do is choose their method, and fight the good fight.

"I'm an artist, so I don't go to Parliament Hill but I do my work in different ways," Podemski said. "It's just another way how you can



ROB GRAY / AP PHOTO

Jully Black performs the national anthem at the NBA All-Star game.

still push against the norm and open people's eyes."

Although Black's move was welcomed with positive reactions across social media, it was also met with negativity.

Former RCMP officer Geof-

"IF YOU KNOW HOW THIS COUNTRY WAS BUILT, IF YOU KNOW THE ABUSES AND GENOCIDE THAT HAPPENED THERE, IT'S IMPOSSIBLE TO SING THAT NATIONAL ANTHEM WORD FOR WORD AND STAND BEHIND EVERY WORD"

Tamara Podemski

Annishnabee artist, writer and actress

Buxcey took to Twitter to express his distaste following the performance.

"Some people will do anything for a headline, what a disrespectful thing to do with 'OUR' National Anthem," Buxcey tweeted.

Podemski said those who think the move was disrespectful are

simply not aware of the reality of Canada's history with its Indigenous peoples.

"If you know how this country was built, if you know the abuses and genocide that happened there, it's impossible to sing that national anthem word for word and stand behind every word," she said.

Black's change wasn't the first adjustment to the national anthem.

Late Liberal MP Mauril Bélanger fought for years to make the song more inclusive and gender-neutral.

The lyrics officially changed in 2018 from "in all thy sons command" to "in all of us command," a throwback to the original stanza "True patriot love thou dost in us command" by Robert Stanley Weir.

Podemski said something all Canadians can take from the lyric changes, both Black's and Bélanger's, is realizing the impact a person's status can make.

"It's about acknowledging the privilege of your platform," she said. "Only a few of us can get to a place where we can have our voice heard on that level, so why not use it?"

Humber marks annual Pink Shirt Day to combat bullying in schools

Karl Lewis
Senior Reporter

Humber College on Wednesday marked Pink Shirt Day this year to spread awareness about bullying in schools.

The concept was adopted in 2007 when Travis Price, a Grade 12 student at a rural Nova Scotian high school, started a movement that condemned bullying after a student was bullied for wearing a pink shirt.

On its website, Pink Shirt Day condemns bullying and has deemed it a major problem in schools, workplaces, homes, and online.

They aim to raise awareness of these issues and had raised funds to support programs that foster children's health and self-esteem.

"I think bullying of any sort is really bad — regardless of what you're going through, I don't think bullying is the answer," said Humza Khan, electromechanical engineer student at Humber's North campus.

Khan who said he is a survivor of bullying was among other students on campus Wednesday who could be seen wearing their pink attire in a stand against bullying on campus.

"I was born here but I moved to England when I was nine. Being different I was bullied a lot over there and it made me feel really depressed and contributed to a lot of mental health problems," Khan said.

Irin Wasusatein was another student who shared with Humber News that she also experienced bullying in school and said that people should be accepting of other people for who they are.

"People should think before they act — It's really important because I got bullied very hard in high school," she said.

"The bullies don't think much about it, but people who get treated like me — still going through therapy — have problems with depression and anxiety," she said.

"They should be in other peo-

ple's shoes because you don't know their story, you don't know what they're thinking, you don't know their mental stability," Wasusatein said.

The IGNITE student union held this year's Pink Shirt Day at the E-concourse at the North Campus with activities and an information session to spread awareness about the day.

"Although it started as simple acts of kindness it has spread all around the world — not just in Canada," said Melany Palacios-Naranjo, a Humber IGNITE spokesperson.

Students who participated in the games and activities received a "Pro kindness, kindness club" IGNITE pink seater which organizers hoped would continue to promote awareness on campus.

"To ensure that all students are feeling included, treated with respect, and overall just being in a kind environment," Palacios-Naranjo said.

Some students on campus were wearing pink sweaters and shirts but were unaware of Pink Shirt day until they saw it happening.

Anne Ravina said she believes that every student on campus should be treated equally."

As a student, it's really important here especially in school to support this kind of movement or this kind of day to just give awareness to students for anti-bullying," Ravina said.

Students at Humber wanting information and resources for counselling can access the Student Wellness and Accessibility Centre online.

Humber News requested a comment from the department following Wednesday's celebration. No one from the department was able to speak to our reporters, but they provided a statement saying "if a student has been bullied on campus, they have the right to reach out to the Office of Student Community Standards to make a complaint."

WITH FILES FROM KRISHNA BHAGNATHSINGH AND DANIEL NEWMAN

Students pet their stress away with therapy dog

Melody Lam
Senior Reporter

Percy, the campus therapy dog sat calmly beside his handler, Melanie Shulman as Humber students gathered around, waiting for their turn to cuddle him on the third floor of the Learning Resource Commons.

He tucked his head to give a loving hug as a student gently petted him.

"He's more of a people dog," Shulman said, "People are his favourite animal."

Humber College's therapy dog, Percy, provides on-site mental health support for students to cope with midterm stress last Thursday on campus.

Students who needed a break from their studies, or simply wanted love and comfort, were welcome to come to play with him.

His handler, Melanie Shulman, who is a paralegal professor at Humber College, brings him to campus every week to provide a de-stress service for students.

"Wherever we go, people are

just happy to see him, and it's a nice break to their day to pet him," Shulman said.

Percy, the lovable golden retriever, became a certified St. John therapy dog in November 2015 and has been visiting Humber College since 2016.

Other than visiting the campus, Percy goes to nursing homes, libraries and treatment centres for adults with intellectual disabilities.

"Mostly he just makes people happy," Shulman said.

Percy is beloved by these communities, gaining more than 9,000 followers on his Instagram page.

His impact on people goes beyond the numbers, however, as his mere presence has brought comfort to people in distress.

Shulman said in one of the nursing home visitations, she recalled a distressed resident sobbing because of constant pain.

"That was until Shulman introduced Percy to the resident.

"She pet him for a couple of minutes, and then we left," she said. "When we walked back past her room, like less than five min-

utes later, she was asleep."

According to research conducted by animal therapy researcher and practitioner, Dr. Colleen Dell, therapy dogs may have the ability to alleviate patients' pain perceptions in emergency rooms.

The study was a clinical trial conducted in the Royal University Hospital Emergency Department in Saskatoon that aimed to determine the effects of a 10-minute therapy dog visit on patients.

Ben Carey, who worked alongside Dr. Dell in the research said after interacting with a therapy dog, patients had a decreased level of pain, anxiety and depression, and an increased level of well-being.

Carey said during the visitation, a therapy dog acts as a distraction that shifts patients' focus away from their injuries.

"That's why people reported that they had less pain because they were distracted and were engaging with something else," he said.

Carey, who is also the Program Coordinator for the University of Saskatchewan's "PAWS Your



MELODY LAM

Percy, the certified St. John therapy dog, welcomes Humber College students to pet and hug him to promote mental health and well-being.

Stress" Therapy Dog program, said therapy dogs can promote so much wellness in students by providing a momentary mental break.

He said a therapy dog takes students away from an overwhelming space and allows them to take a mental deep breath.

"Sometimes, they just need a dog telling them it's all going to be okay," Carey said.

"Just giving them a good scratch and having that tail wagging in your face, it's just this unconditional love, comfort and support that these dogs give you," he said.

Lack of ECC program funding puts kids at risk

Nicole Fernandes
Senior Reporter

The decline in the number of early childhood care (ECC) educators in recent years is raising concerns about the future of ECC education.

ECC education plays a crucial role in the development of children, and the decline in the number of qualified ECC educators is a cause for concern.

Tonja Armstrong-MacInnis, the interim director of Humber Child Development Centre, is concerned about the decline in ECC educators.

"It's a worrying trend that we're

seeing in the industry," she said. "The demand for ECC educators has dropped significantly in recent years, and this has made it difficult for many professionals to find work."

According to the Early Childhood Education Workforce report, of the 58,867 ECEs registered with Ontario's College of Early Childhood Educators, 44 per cent do not work in licensed child care.

The median hourly wage for staff working in licensed childcare in Canada is \$20, and one-third of the licensed childcare workforce receives no health benefits.

The report said 41 per cent

receive no paid personal leave.

Armstrong-MacInnis said the decline in ECC educators can be attributed to a lack of funding for early childhood education programs.

"Many early childhood education programs are underfunded, which makes it difficult for them to offer competitive wages and benefits to their employees," she said. "This, however, has been recently amended with the new agreement of Canada-wide Early Learning and Child Care."

The Canada-wide Early Learning and Child Care Agreement (CWELCC) is a commitment by the federal, provincial, and territorial governments to work together to ensure that all Canadian children have access to high-quality, affordable, and inclusive early learning and childcare services.

The agreement recognizes that early childhood education and care are essential for children's healthy development, and that access to affordable and high-quality child care is a fundamental right.

The federal government will

work collaboratively with provinces and territories to create a national system of early learning and child care that is comprehensive, accessible and affordable.

The agreement will provide \$27.2 billion over the next five years to support the implementation of this system.

"WE RISK DEPRIVING OUR CHILDREN OF THE EDUCATION AND SUPPORT THEY NEED TO DEVELOP."

Tonja Armstrong-MacInnis
Interim Director of Humber Child Development Centre

In addition to funding, the agreement includes a set of guiding principles that will shape the development of the childcare system.

These principles include promoting quality and standards, building capacity and sustainability, and supporting the inclusion of children with diverse needs.

"This is not only to build more childcare spaces but also increase workforce compensation," Armstrong-MacInnis said.

Although the CWELCC supports ECC educators, Armstrong-Mac-

Innis also pointed to the fact that the COVID-19 pandemic has further exacerbated the overall problem.

"The pandemic has resulted in many child care centres and schools being closed or operating at reduced capacity," she said. "This has led to a decrease in demand for ECC educators, which has made it

even more challenging for professionals to find work."

Without adequate funding and support for early childhood education programs, there is a risk of losing qualified and trained professionals in this field.

"ECC educators are

essential in helping young children develop essential skills and knowledge that will help them succeed in later life," Armstrong-MacInnis said. "Without qualified and trained ECC educators, we risk depriving our children of the education and support they need to develop."

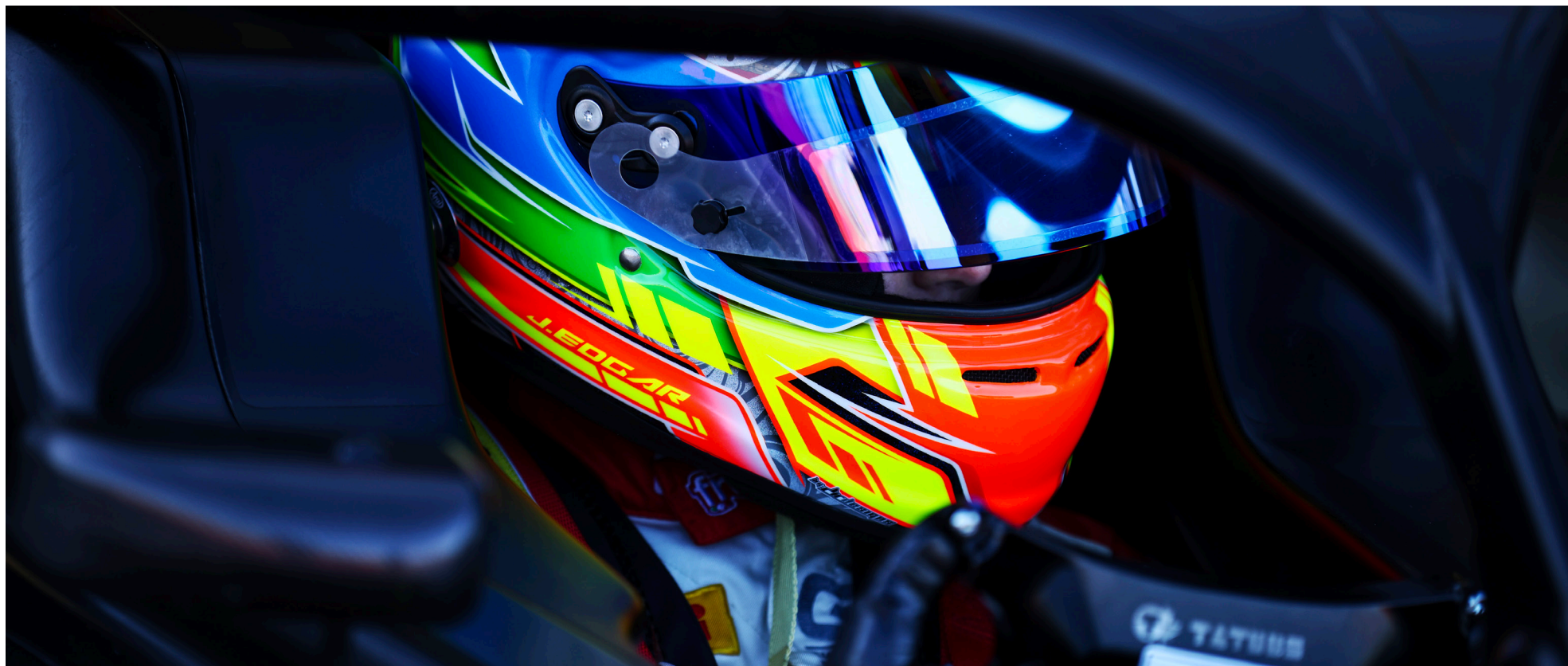
Allocating the necessary resources for the children of today will manifest itself in the lives of tomorrow's children, she said.

"Investing in early childhood education is an investment in the future of our children and our society," Armstrong-MacInnis said.



CDC/UNSPLASH

An ECC educator teaching her students in a classroom. Declining numbers of educators can be attributed to a lack of funding for education.



JAKOB EBREY

Jessica Edgar, confirmed driver with Carlin Racing, completing a test run on a competition track. She will compete in the F1 Academy's inaugural season, which commences in April.

F1 Academy putting more women on grid

Tessa Bennett
Sports Editor

Formula 1 racing has been the pinnacle of men's racing sports for more than 30 years.

And since its inauguration it has remained just that, a male-dominated sport.

While women have been involved in racing through programs such as W Series, a free-to-enter championship intended to provide experience for women drivers, there have been few opportunities for advancement in the field for them.

Last November however, Formula 1 announced the arrival of an all-new, all-women's driver series called F1 Academy.

The goal of F1 Academy is to further develop the skills of young women drivers with the intention of helping them work their way up to higher levels of competition.

F1 President and CEO, Ste-

fano Domenicali, said in a media release that F1 Academy will give aspiring women drivers a chance to fulfill their ambitions.

"Everyone should have the opportunity to follow their dreams," he said. "Formula 1 wants to ensure we are doing everything we can to create greater diversity and routes into this incredible sport."

Jessica Edgar, the second confirmed driver with Rodin Carlin racing for the upcoming F1 Academy program, has been driving since she was four.

Edgar said women in this sport are incredibly talented, and they deserve the same recognition afforded to the men.

"Girls are just as good at driving, it's just that it's a man's world," Edgar said.

The Academy will offer more than just a chance for advancement within Formula series racing. It has also created an equal opportu-

nity from a financial standpoint for people wanting to enter the sport.

According to Crash, a motorsport media group, drivers in Formula 1 pay an entry fee of anywhere between €10,000 and €900,000 (C\$14,359 and \$1.29 million), depending on the drivers' success in previous seasons.

But for F1 Academy, Formula 1 will subsidize the cost of participating up to €150,000, which amounts to over \$200,000.

The remaining costs are covered by the driver.

This new league will feature 15 aspiring drivers, spread out across five teams.

Stephanie Carlin, Deputy Team Principal at Rodin Carlin, said that every woman she has ever met in racing has had the same ambitions as their male counterpart, and F1 Academy is an opportunity to continue to inspire young hopefuls.

"F1 Academy is a great option

for women who want to progress up the junior motorsport ladder," she said. "It's a sensible budget for drivers, subsidized by F1 and promoted by the same organization that run the F2 and F3 championships, so it has all the right people involved."

Carlin said that with the teams participating, being among the leaders in the Formula 2 and 3 categories, there is a "high level of experience and expertise that the drivers can benefit from."

Having these well-established teams facilitate this program have also bred an element of competition, which in turn has created a sense of investment from the teams to accelerate the development of the drivers, she said.

On a similar note, Edgar said she hoped F1 Academy could strengthen the skills of women in racing and see them eventually compete against the men currently dominating in Formula 1.

She said she has already noticed a shift in representation in the sport since the announcement of W Series and F1 Academy.

"Since W Series started in 2018, a lot more girls have been coming into karting," she said. "When I started out it would be me and maybe a couple other girls, but now when I go watch my little brother in karting there's more and more girls in the pits, starting off in karting, so it's good to see."

But Carlin said increasing visi-



JASON EDGAR

Jessica Edgar, second confirmed racing driver with Rodin Carlin.



JAKOB EBREY

Jessica Edgar completing a test run in a Rodin Carlin racecar ahead of introductory F1 Academy season.

bility of women across the sport as a whole will not happen overnight.

"The drivers that will mostly benefit from F1 Academy are probably not even racing yet or are many only just karting," she said. "But what F1 Academy will do is inspire the women drivers coming up through the ranks, hopefully motivating and inspiring girls to take this up as a sport."

So far, six drivers have been confirmed. The remaining women participating in the program's inaugural season have yet to be announced.

The introductory teams will compete until at least 2025, contingent on the series' success.

Lambert-Cadore scores career-high 34 points in final home game

Alexa Gregoris
Senior Reporter

Humber Hawks men's basketball guard Dwayne Lambert-Cadore brought the ball all the way from the half-court line to the three-point arc.

With four players from Sheridan College stuck on his hip, he forced the split among the defenders, and drove to the hoop.

After the game, Lambert-Cadore said it was nerve wracking but he just wanted to enjoy his last game.

Lambert-Cadore played his final home game in the North campus gym on Feb. 16, 2023.

The Humber Hawks lost the game with a 102-92 to the number four ranked Sheridan Bruins after a back and forth game, but not without Lambert-Cadore leaving his mark.

The Hawks guard scored 14 of Humber's 26 points in the third quarter. He ended the game with 34 points, eight assists and four rebounds.

The 24-year-old interest in basketball was sparked in the fifth grade, as he watched his peers play the game, Lambert-Cadore told Humber News.

He made his Rexdale elementary school basketball team in the same year and started his life on the court.

Lambert-Cadore joined Humber in 2019 with a major in Electrical Techniques, after spending two years at Lambton College.

It was a smooth transition for him, Lambert-Cadore said.

Humber welcomed him with open arms, even though he did not play very much basketball in his first year. He said he learned a lot about the program and the culture of the school.

Lambert-Cadore soared with the Hawks and became a CCAA National Champion, OCAA Provincial Champion and OCAA Silver Medal during his years at Humber.

He said winning the 2022 national championship remains

his biggest achievement during his time with the Hawks.

He felt the pressure of the game was one of the most difficult things he had to face.

"You're going to have a lot of pressure on you," Lambert-Cadore said. "You just got to adapt to the pressures and adapt to those different situations. That's it, you know, learn how to be more coachable."

He said he found his motivation to keep playing basketball in his teammates, the Humber coaching staff, and his friends on and off the court.

As Lambert-Cadore moves on from his Humber career, his time with the Hawks does not end here.

He said he may try his hand at coaching.

Lambert-Cadore said he wants to teach others what he's learned, but he is also not done playing just yet.

"I'm going to continue pursuing basketball, that's life," he said.



KRYSTAL YEUNG

Lambert-Cadore played Sheridan players at the game on Feb. 16, 2023.

Hawks' English reflects on basketball career

Asma Sahebzada
Senior Reporter

Brittney English, a senior on Humber's basketball team, showed remarkable results last week at her final home game.

The 23-year-old guard had an impressive career, winning a national title during her time with the Hawks.

Growing up in North York, English loved to play all kinds of sports in elementary school, and described herself as a tomboy.

She said it wasn't until grade eight when she started to play organized basketball.

"I actually played for a team that originated at Jane and Finch. Fun fact, that's where I first met Kia Watt," English said about her fellow teammate.

She continued to build her basketball career in high school.

English played on the senior team at St. Basil The Great College in Grade 9, and the following year she played on the junior team after transferring to James Cardinal McGuigan Catholic High School.

After taking a year off in Grade 11, English transferred to Father Henry Carr, where she earned co-MVP for basketball.

But her success didn't curb a bump in the road on her athletic journey.



KRYSTAL YEUNG

Brittney English (right) with teammate Kia Watt (left) in a game. The two played together in the eighth grade.

In her senior year of high school, the Humber student said she wanted to end her basketball career.

"After Grade 12, I actually was gonna quit playing basketball to be honest," she said. "I didn't get where I thought I would get.

"It wasn't until my Grade 12 coach, she actually went to Humber and played basketball at Humber," English said. "She was just like, Britt, try out for Humber."

During her first year at Humber, English created memories that

have stuck with her.

"One of my moments that I'll always cherish was when we actually broke the scoring record and it was on one of my baskets that broke the scoring record," English said.

"Winning nationals and being

undefeated as a rookie. All in my first year.

"The person who I am today, my first year impacted a lot," she said.

She found balancing school work and basketball challenging at first, but her love for the sport and the desire to be a good role model to her younger brother motivated her to persevere, she said.

For English, basketball became a stress reliever.

"Basketball is a therapeutic break for me," she said. "When I play basketball, my mind is clear of everything, I just focus on the game. To me, basketball is like a break from reality."

Now in her senior year, English is moving on from the women's basketball team. She expressed her appreciation to the entire coaching staff, especially assistant coach Aleena Domingo, who she played with on the team in her first year.

Looking beyond the court, In the next five years, English's priority is to pursue a career in home renovation.

But she said when it comes to basketball, if given an opportunity to continue playing, she would happily take it.

"I just want to say thank you to Humber," English said. "All the opportunities they have given me and to everybody. Honestly, it's probably one of the best programs in Canada to play for."

HAWKS STAR SHINES IN FINAL HOME GAME



KRYSTAL YEUNG

Lambert-Cadore (right) tried to dunk in the matchup against Sheridan on Feb. 16, 2022. The opponent leaped to stop him from scoring. This was Lambert-Cadore's last home game.

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**HAWKS' ENGLISH
REFLECTS ON
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