### "Bubbling" over Hang ten wows February 17, 2000 Vol 28 Issue 19 with taste, p17 Lakeshore, p11 etcetera.humberc.on.ca

# Lapse in rez security exposed



JOSH HARGREAVES

Safe: Sara Powley (left) and Jessica Zybala (right) rely on rez for security

### Et Cetera reporter investigates rez security

By Josh Hargreaves

Dorm security at Humber College's residence is supposed to be tight. But for an hour last Wednesday a Humber Et Cetera reporter was able to roam the halls of both dorms without proper identification.

"If you were to go towards the rooms they'll nab you," said Mike Kopinak a resident life co-ordinator at Humber, prior to the successful attempt at access to the upstairs.

But quite the opposite hap-

Some of the residents said the were concerned about a stranger roaming the halls.

#### SAFE HALLS

"It scares me that you were able to get in here," said Hillary Allen, a resident who lives in R9.

But her overall opinion of school security was high. "Humber's a very

safe school. At nighttime there are lights all over the place. People just don't use the programs that are available.'

Jessica Zybala who also lives on R9 said it didn't bother her that a reporter was there.

"It doesn't bother me because a lot of people are always here. People get past the security all the time. But we have a sense of community here," she said.

"I just assumed that you had a swipe card"

Since R9 is an all-female floor Sara Powley thinks that everyone is more conscious if a stranger, especially a male, is present.

'We're all aware if a guy gets off the elevator.

Ashely Miller wasn't surprised that an unauthorized guest was able to get into the building.

"What, you got past our 'crack' security team?" she said from her dorm room.

However, Nancy Pinson, manager of public safety at the college, said that it was a concern that a stranger was able to roam the halls

of the residence.

"It is a concern," she said.

However, she was confident that Humber is a safe place to be.

"We have some good pro-active programs and I'd like to feel that everyone feels safe."

"Campus Watch is a program at college that is like Neighborhood Watch. It's prevention of crime," she said.

#### **CAMPUS WATCH**

One of the programs that falls under Campus Watch is the safety escort program. At any time of the day any student can call for an escort to walk with them anywhere on campus.

Selena Goodridge, a business management student who lives in residence, has one night class a week.

"I always walk by myself. Sometimes I feel safe, but I never thought about calling for an escort, but I should. I just don't want to wait," she said.

Resident Kinga Gorny said although she had never used the escort program she would consider it.

see Rez, page 4

# Tamil protesters picket The Sun

By Soo Kim

Humber College students joined hundreds of outraged members of Canada's Tamil community in a peaceful protest outside The Toronto Sun Saturday to denounce the publication of a report they say is racist, inflammatory and brands them a pack of Sun. criminals.

really angry," said Thayalan Gobalakrishnan, president of the Tamil Students' Association. "We have to let the people know [the story] was not the truth."

About 700 protestors, including 15 students from Humber, chanted slogans like "Immigrants are here to stay, racism must go away," and waved placards reading, "Write fact, not fiction." They cheered speeches condemning the newspaper and signed a petition demanding an apology from The

The petition was taken into The "When I read the article I was Sun building and accepted by the newspaper's assistant city editor, Tony Poland. Mike Strobel, the editor-in-chief, was not in the office.

See **Protest**, page 3



Takin' it to the streets: Tamil groups protest in front of the Toronto Sun over "racist" comments.

Photo spotlight



Ana

By first-year photography student Cindy Martins

# Campus crime watch

Anyone with info call Crimestoppers:

**222-TIPS** 

FALSE ALARM

Afalse fire alarm not only brought three fire trucks to Humber's North campus last Tuesday but also cost the school \$900.

"These alarms are very disruptive to the college," Gary Jeynes, the director of ancillary services and public safety said.

He said the police have been informed about the incident and the college will support prosecuting the individual who pulled the alarm.

False alarms are also disruptive to the fire service, Jeynes said, and these incidents have a financial impact on the college.

Humber College gets two free nuisance or malicious pulled alarm responses but after that, the college is charged \$300 per truck responding to the alarm.

Jack Collins, the division chief for fire prevention, agrees that a false alarm is a nuisance to the fire

He said that if there was a major fire in the vicinity, then trucks would have to be brought in from other locations further away.

"Like any false alarm, you don't have trucks available for when you need them," Collins said.

The alarm last Tuesday was the third one since September.

#### ASSAULT

A fight in the Humber College Gamesroom last Tuesday left a student with minor injuries.

An unknown assailant struck the victim with a pool cue during an altercation. The suspect then returned to the Gamesroom and witnesses believe he was carrying a knife

Gary Jeynes, the director of ancillary services and public safety, said that it is not known what the fight was about.

The police responded and interviewed the victim. He did not receive any medical attention for his injuries.

Jeynes said this is the first time there has been an incident like this.

The suspect, is described as a non-white male, 19-20 years old, five-feet eight inches tall, 140 pounds and was wearing a white baseball hat and a black leather jacket.

Anyone with information on either case is asked to call Crimestoppers at 222-TIPS (8477).

-Andrew Horan

# SAC ombud cash shuffled to clubroom fix up

Project still SAC priority after hire delay

By GILLIAN GIRODAT

Unable to hire an ombudsperson for this school year, the Students' Association Council (SAC) is spending part of the allotted budget on clubroom renovations.

SAC approved a proposal last Monday to divide the existing clubroom into a club and an art room.

The \$3,500 needed for the project will be taken from the \$6,000 SAC set aside to finance the ombudsperson promotion, office supplies, and salary from January to March 2000, the end of fiscal 1999.

College administration matched SAC's

\$6,000 commitment to the project.

SAC plans to continue the ombudsperson campaign next year.

Cindy Dragic, business manager for SAC, said the clubroom renovation is a worth-while project.

#### OVERBOOKED

"Because we are unable to hire an ombudsperson for this year, we are putting it toward the renovations," Dragic said. "This is the next most important thing, because it affects the next greatest amount of people."

Currently, the clubroom is used by various campus organizations to hold meetings. Also used for preparing banners and storage, the clubroom became overbooked for space and time.

Dragic said the renovations will cost a

maximum of \$3,500 and will include wall construction, mechanical and electrical work, and painting.

SAC president Muhammad Virk said the decision to use the money stems from the realization that an ombudsperson will not be hired for the remaining school year because of time restrictions and other SAC projects.

Virk added, however, that this does not eliminate the search for an ombudsperson. Virk said when next year's budget is finalized in March, they intend to allocate that money for an ombudsperson again.

SAC had been hoping to have an ombudsperson by Jan. 1.

The ombud would facilitate communication between students and staff, handle complaints, interpret regulations and policies for students, and mediate disputes.

But until that position can be filled,

Dragic says that the money is better spent on other projects.

"At the end of the year, the money in the ombud budget would go into a surplus and would not be carried over," Dragic explained, "so it is better to spend it on other projects."

Past SAC president Tracy Boyer spearheaded the drive for an ombudsperson. Though she spent significant time last year raising the initiative for an ombudsperson, she sees no problem in SAC's reallocation of the money.

"They are not dropping the ball on this project," Boyer says. "If the student government decides that there is a place where the money can go that is of better worth at that time, then that is reasonable."

The renovations to the clubroom will take place during the spring break.

# Emery meets parents to ease safety worries

By Francine Buchner

Paculty at Emery Collegiate high school held an information meeting for concerned parents Tuesday night, reassuring them that Emery is safe.

Following the shooting in the school parking lot last Thursday, when three youths were shot, including 18 year old Emery student Andy Huynh, parents are threatening to take their kids out of Emery.

"Emery is no worse off than other high schools," said Det. Gino Pulla, of the 31 Division street crime unit.

Emery Collegiate has 64 cameras around the school.

"It's an aid, it catches the after effects," said Angus Bannerman, safety security advisor at Emery.

#### **METAL DETECTORS**

But, the cameras were originally placed in the school to protect their computer equipment and prevent locker break-ins. The cameras helped police with their investigation, but they are still looking for another suspect, since there are no cameras in the parking lot.

Parents asked about installing metal detectors in the school, but Bannerman's response was a flat out, "no".

The concern is that metal detectors send the message that a school is unsafe. Tuesday's meeting reiterated that Emery Collegiate high school is safe.

Members of the school's student council spoke at the meeting, urging parents not to pull their kids out of Emery and assuring them that students are not afraid to walk down certain hallways for fear of being attacked and that there are no gangs.

Emery has strict rules, including a ban on bandanas, hats, chains, cellular phones and gang paraphernalia.

If students are not in class they must have a hall pass, said Cathy

McCulloch, chair of Parent Council.

"Students need to learn how to keep their personal affairs outside of school. Emery needs to teach them that," said Leary DaCosta, father of an Emery student.

McCulloch put some of the heat on parents telling them that of the 1,050 parents only ten are on the parent committee.

And with the cuts to education, schools do not have the money to hire more staff, said Bannerman.

#### STUDENT RESPONSIBILITY

It was the school lifeguard whose first aid skills helped save the life of one of the injured, while waiting for the ambulance to arrive.

Bannerman said the school can only be as safe as the students want it to be.

"They go outside to have a smoke, they put something to hold the door open," he said.

Five years ago, the students of Emery started a hotline, that students can call if they see suspicious behaviour, and one year ago the students created the Safe Schools Committee.

The committee of 15 students who hand out surveys that ask questions about safety, discrimination and equality issues.

Parents voiced their concerns about the availability of guns and asked about their origins.

In response, George Mammoliti, councillor for North York, said the guns were coming from the U.S.

"We need to get tough on our kids with guns."

The police at 31 Division have a program called Let's Talk Guns, which encourages people to call if they know anyone who has an illegal hand gun.

The guns used in the shooting were illegal, said Staff Sgt. Kimberly Greenwood, an Emery graduate.

Police are still looking for one of the guns, and are urging students with any information to come forward.

#### **Protest**

continued from page 1

The student co-ordinated protest was supported by more than 50 university, college and community organizations as well as individuals from across Ontario said Harini Sivalingan, a member of the Canadian Tamil Youth Development Centre and student co-ordinator of the rally.

In addition to the Humber contingient, protesting groups included Tamil student associations from Seneca College and the University of Waterloo as well as Parkdale Community Legal Services and the Canadian Union of Public Employees.

The article that shook the community, entitled Propping up terrorism: Crime profits from the Great White North fund insurgencies, by Edmonton-based Sun Media reporter David Quigley, appeared in the Jan. 30 edition of The Toronto Sun.

#### BIASED

The news feature quotes, John Thompson, director of the Mackenzie Institute, a Toronto-based for-profit think tank, as saying it is estimated that one out of every six Tamils in Canada is here illegally.

Thompson allegedly said "endemic" welfare fraud and forced prostitution of Sri Lankan women were schemes used by the Liberation Tigers of Tamil Eelam of Sri Lanka to raise money for the fight "back home."

The story was inaccurate, biased and based on one source said Sivalingan. It could foster intolerance towards members of her community.

"We feel that the media has the responsibility to portray the truth and give fair representation to all the community groups and they've not done this," she said. "People might assume, because of reading this article, that all Tamil people are doing these activities."

On Feb. 6, *The Sun* issued an apology in the comment section of the newspaper.

First, the paper published a letter from a reader challenging. Quigley to provide evidence backing claims made in the article. This was followed by a letter from the story's source, Thompson, which stated, "I have yet to hear of a single case of the Tigers forcing women into prostitution."

In response, *The Sun* wrote, "Case closed. The allegation was inaccurate and we apologize."

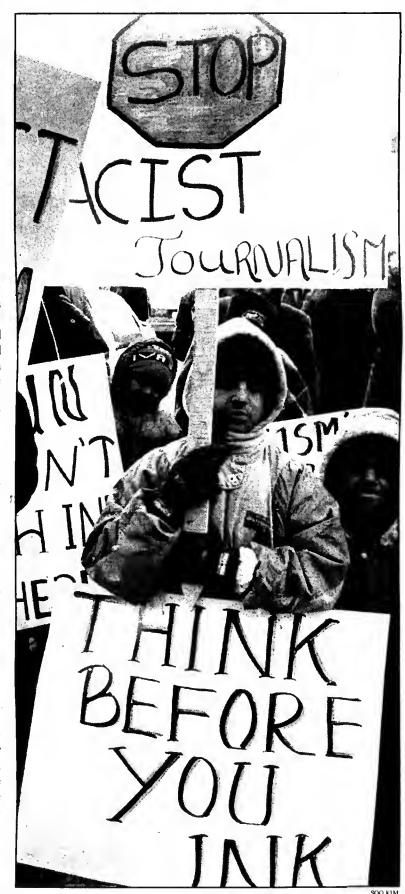
On Feb. 7, a letter from a reader blasting Quigley's report as "insensitive, unfounded, xenophobic statements," appeared in the paper as the letter of the day. It was followed by the words, "Many readers felt as you did."

But Priya Balakrishnan, an organizer and member of the Tamil Students' Association at the University of Toronto said *The Sun's* apology was brusque and hollow. She said the newspaper's apology had to be appropriate to the damage caused to the Tamil community.

"We came [to Canada] with high hopes and the way *The Sun* is destroying us is just a slower version of what is and has happened to us in Sri Lanka," she said.

Strobel agreed to meet with representatives of the Tainil community on the Tuesday following the protest, but the meeting was rescheduled for Wednesday at the request of Tamil leaders.

"Frankly, I don't blame them for being upset," said Strobel. "The article quoted some provocative comments by the Mackenzie Institute. The vast majority of Canadian Tamils are law-abiding and we're sorry if that wasn't made clear."



Biased: Tamil protestors blast The Toronto Sun for one-sided report

Corrections

In last week's story on page 2, Black History alive at Humber speaker Pat Patterson's name was incorrectly spelled.

The story Art Show wants Humber, in the February 3 edition, was unclear on dates and times for the League for Innovation Art Show. Executive Chair, Jennifer Coleman reports that the show runs at the North Campus March 13-15 and at Lakeshore on March 20 and 21. Students can submit their artwork on both March 6 and 7. More information is available at SAC or Athletics.

Humber Et Cetera apologizes for any confusion

# NDP, student groups call for lower tuition

Students only pay 35 per cent of total education cost, back to historic levels: Tories

By Nicolette Beharie

The debate over whether taxpayers or students themselves should pay for post-secondary education is heating up again in Ontario.

Regulated tuition has gone up by 60 per cent since the Harris government came in to office, making it more costly to go to university in Ontario than in any other province except Nova Scotia.

To fight that trend, Joel Harden, Ontario chair of the Canadian Federation of Students (CFS) said that Access 2000, the CFS's provincial campaign, will continue to demand a reduction of tuition fees, an increase in federal funding, and a national system of grants rather than loans.

"The vast majority of people are still paying back their loans, back-breakingly so, because debt is so much higher than it used to be," said Harden. "Tuition rates are going to keep going through the roof because these politicians aren't going to stand up and do something that will lower tuition."

#### NOT UNREASONABLE

But, colleges and universities said tuition rates are not unreasonable because the money taken from tuition still does not cover the full price of a student's education.

"Tuition rates right now covers just about 35 per cent of

the cost of the student's education, and we believe that that is a reasonable level to expect for students to pay," said Kerry Delaney a spokesperson for Diane Cunningham, Minister of Training, Colleges and Universities.

"The taxpayer picks up the rest."

Delaney said that in the 1950s and '60s, tuition covered about 33 per cent of the actual cost of a student's education.

But in the '80s and early '90s, tuition rates dropped quite significantly and by 1992, tuition was only covering about 20 per cent of the costs, while the taxpayer paid the rest, she said.

"We've switched the proportions back more to historic levels," Delaney said. "Basically to where they were before."

Rising tuitions are preventing people from attending university and colleges

But members of the new Democratic Party don't agree with the increased tuition fees.

The NDP have introduced a private member's bill for an immediate tuition cut of at least 10 per cent for college and university students.

"The private members bill would be the first step of a plan to gradually lower tuition fees with hopefully the objective of eliminating them altogether over a period of about 10 years," said Robin Cantin, media relations officer for the NDP.

"That would mean an immediate cut of 20 to 30 per cent of their tuition, depending on what program they're studying," Cantin said.

Cantin said that rising tuitions are preventing people from lower and middle-income families from attending universities and colleges.

"Higher education is such an important part of our economic prosperity in Ontario and Canada," Cantin said.

Marie Bountrogianni, Liberal critic for colleges and universities agrees.

"Our goal in the Liberal party is to make it more accessible to students to get an education," said Bountrogianni.
"As of now, we should freeze tuition increases because it's going up by 10 per cent a year."

But Delaney said federal funding for post-secondary education for this year will surpass the \$4 billion mark making it the highest level ever.

#### STILL ACCESSIBLE

College enrolment and the participation rate, the number of students between 18 and 24 attending post-secondary education, are both up, Delaney said.

"There's a high proportion of students in that age group attending university and college, which to us is a sign that the system remains completely accessible," she said.

In the meantime, CFS will attend various lobbying meeting over the next few months to further push their demands of a roll back in tuition fees.

Harden suggests that Humber students take an interest in the tuition debates.

"Get active in your student union," said Harden. "The Humber SAC has a lot of resources and it can be used effectively to help serve the needs of students."

# OCCSPA kicks off campaign urging MPPs to freeze tuition

By Melanie Justason

OCCSPA's local Freeze Tuition not Funding campaign began on Valentine's Day.

Tracy Boyer, Ontario Community College Student Parliamentary Association (OCCSPA) executive director said that each student government is provided with information to set up meetings with their MPPs to tell them exactly what the students want.

"We want to create pressure for the MPPs," she said. "It's a grass roots campaign."

Boyer said OCCSPA does not have the funding to do extravagant campaigns so they rely on student governments to create interest.

"We try to work the people in the system," she said. "There's an imaginary line and I think CFS (Canadian Federation of Students) crosses it a lot of the time."

Boyer said OCCSPA tries to bring everyone to the table to make decisions.

"I don't think people realize that we do sit at a lot of tables," she said. "A lot is happening in the system right now."

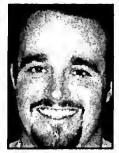
She also said OCCSPA is not an entity [separate] from the students, it is the students. OCCSPA is an organization that works for the rights of students and is run and managed by students.

"We push the students agenda, not anyone else," she said.

The 15 member schools of OCCSPA discussed the campaign during their recent three-day conference.



Boyer: Create pressure for MPPs



**Decker:** Freezing funding detrimental

Chuck Decker, SAC vice-president, said freezing funding even though it seems to be the best short-term benefit, is a detriment to all students.

"Our view and OCCSPA's is that funding should be increased again, therefore being able to freeze tuition, which is better off for the students."

He also said OCCSPA does a lot of campaigns like Freeze Tuition not Funding and the Silent March last year.

"They do marches instead of protests," he said. "It's just more peaceful and people

will want to continue talking to you afterwards."

Boyer said OCCSPA can't stop anyone from protesting.

"People make that decision on their own," she said. "We can't dictate that, there is freedom of speech."

Decker also said that there was a large focus placed on the upcoming Charter of Colleges. Along with ACAATO (Association of Colleges of Applied Arts and Technology), OCCSPA is trying to design a charter, which will hopefully bridge the gap between the government, all 25 colleges in Ontario, and the actual students. "OCCSPA needs an increase in student involvement working on the charter," Decker said.

He also said that OCCSPA/ACAATO alliance wants to see an increased collaboration of all the stakeholders in the education system.

"Right now, we are all working as a group on the charter," he said. "It's not finalized by any means, it is still very much in the working stage."

Decker said besides changing the way funding is handled, the OCCSPA/ACAATO wants to increase the diversity of learners, change the world of work, technology, and government and public expectations.

There was also discussion of raising the OCCSPA membership fee from 93 cents to \$1.25 per full time student, at the most.

### Rez

Continued from page 1

"If I had to walk from Caps I'd call. But there's always a lot of people around to walk with," she said.

Another concern that some of the residents had was the lack of security from the bus stop to the dorms, especially late at night.

"Going from the bus stop to home is pretty scary,"
Zyhala said

Powley agreed with Zybala, "I'm very scared walking from the bus stop late at night."

Pinson said she and her staff are always open to suggestions to improve security.

"We are always open to suggestions from the students, but I can't add anymore security staff," she said.

Kopinak who has lived and worked residence for nine years said he thinks residents feel safe.

"Humber does a decent job making sure that students feel safe. The front doors are locked 24 hours a day, seven days a week. There is always someone at the front desk, we have a security camera, and there is two to three resident assistants always on call," he said

Shannon Brown who was working the desk when the reporter was allowed to roam the halls.

"Since you were talking to Mike I didn't stop you," she said.

The reporter first tailed a group of students into the locked front doors, then went into the cafeteria, which is open to anybody. Then after talking to Kopinak in his office he went to the main lobby and turned around going back towards the rooms, successfully ganing access after Kopinak assured th reporter he would be stopped.

"I just assumed that you had a swipe card," said Brown.

However, the reporter was also able to gain access on this past Tuesday without talking to anyone.

### NDP leader urges cut and freeze tuition fees

Hampton: Tuition

fees a roadblock

By Dan Birch

Putting an end to rising tuition fees and massive student debt is what Howard Hampton, leader of Ontario's New Democratic Party, is urging Premier Mike Harris to do.

Since 1990, tuition fees for post-secondary education have

increased on average more than 125 per cent and average student debt at graduation has grown from \$8,000 to \$25,000, the Canadian Federation Students said.

"Tuition fees are becoming a roadblock for people trying to achieve higher education," Hampton said in an interview.

High tuition and debt is scaring off skilled students, and will result in a less-productive society, he said.

Hampton said the NDP would freeze tuition fees and then follow with a 10 per cent cut to fees.

The New Democrats would also regulate tuition fees, he said.

#### NO TUITION FEES

Over a 10-year period, the NDP would reduce tuition fees until they no longer existed, Hampton said.

But one very important question remains: how will all this be

Hampton said that the NDP would roll back the Conservative government's tax cut for those who make more than \$100,000 a year. With increased tax revenue, the NDP would fund what Hampton expects to be a \$140 million bill for the 10 per cent cut in tuition fees.

"I have said for three and a half years the only people benefiting from Harris's tax cuts are people with high incomes.

"Harris is under funding education (for the sake of) the well off," Hampton said. "It is far better for our society to say to highincome earners that we are not going to give you tax cuts."

By demonstrating to highincome earners that their taxes will better our society, they will not feel alienated by higher taxes, Hampton said.

Meanwhile, large debt load is another concern of students.

The NDP proposes a maximum repayable debt of \$10,000.

After \$10,000, the remaining debt would be paid by both the federal and provincial govern-

Hampton said that although Harris has cut much funding from education, the federal Liberal government, led by Prime Minister Jean Chretien, has cut the most money from education.

> The federal and provincial government, he said, must work together to reduce student debt.

> Hampton pointed to the \$12 billion surplus that the federal government expects in the coming year, and says that there is plenty of money to invest in education.

Hampton wants to see federal

funding increased to avoid Harris's proposed private univer-

Harris has hinted that creating private universities would be a way to avoid an expected crunch in post-secondary enrollment.

Skeptics of Harris's plan fear the creation of a two-tier education system, one for the rich and one for the rest of society.

"Private institutions are not the answer," Hampton said.

He said that more investment from the federal and provincial government is needed.

"This can be dealt with but the federal and provincial government do not have the political

Also facing a lack of funding is apprenticeship Hampton said.

He said that the onus shouldn't be placed on government to fund training for trades, such as carpentry and tool and die mak-

"Industry can't take a freeride," he said.

Hampton praised the efforts of private businesses who have taken steps to train apprentices. One example is auto parts giant Magna International Inc., who recently opened a \$10 million training school in Brampton in partnership with Humber and other institutions.

The NDP, Hampton said, would create a training fund that companies would contribute modestly to. And if a company trained its own apprentices, it would be exempt from contributing to the fund.



Chat: Pat Patterson (left) talks to Ken Simon, director of the School of Manufacturing Technology and Design (right) and student Darwin Ceres after her slide show at Humber College last Wednesday

# Underground Railroad decendant shares tales of strong family tree

By Dorly Jean-Louis

To trace black family ancestry in Canada is to dig 1 through centuries of painful history.

Last Wednesday at Seventh Semester, students heard a genealogical account of a Canadian patriotic story recounted by one of their peers.

"Knowledge of family history creates self awareness and strength in who you are," began Pat Patterson, cofounder of the recently formed non-profit organization The Underground Railroad Descendants of North America (UGRD).

Patterson, with Métis of First Nations and African Ancestry, is a fifth generation descendant of the Underground Railroad.

"The Underground Railroad was not a train that was underground but signs, messages, codes and secret passages to freedom," she said.

Her great-great-grand-parents settled in Hamilton, Toronto, Shrewsbury, and Amherstburg.

"My family has been here for more than 150 years," continued Patterson.

"Like myself, my ancestors did good works in quiet

#### FIGHTING WARS

Her great great-uncle, George Morton, born in Hamilton in 1856, was instrumental in the formation of the Number 2 construction battalion, a vehicle which allowed blacks from Alberta, Ontario, and Nova Scotia to fight in The First World War.

"There was himself, J.R.B Whitney of Toronto and Arthur Alexander of Dryden. Those were three leaders in three different communities that were advocating and pushing for blacks to get into The First World War," said Patterson.

"How the government let them in basically was by forming the black battalion. They had to fight to get to fight," he said.

By The Second World War, Patterson's cousin, Gerald W. A. Bell, became Canada's first black pilot.

"The Hamilton Spectator used to call him 'Canada's Brown Bird," said Patterson.

"At the Aviation Museum in Trenton Ontario there

is a display reserved for him with all his medals and his accomplishments."

Also on display at the Canadian National Exhibition in Toronto are the achievements of boxer Douglas T. Lewis, a distant cousin of Patterson who was instated into the Canadian Boxing Hall of Fame for his victories.

"During his professional career starting from 1928 to 1932, Lewis was both a welterweight and middleweight champion of Canada."

Searching and digging for a clue on ancestry involves a lot of work. Having traced almost all of her Canadian family background, Patterson, will also trace her roots in the U.S. prior to 1809.

"I need to go down to Virginia, Maryland and the Library of Congress. I have to go through plantation records, all that kind of thing."

#### KEEPING RECORDS

But at least inputting information, facts, and notes on a database like the Family Tree Maker keeps records well organized.

"I think it's sad that you have to go through so much effort to find who your people are, other cultures don't," said Malika Bryce, a second year Public Relations student.

"But I am glad to see other people doing it. I want to know my tribe and what my real name is.'

Keeping a record of simple facts is a way to help future generations.

"Speak to all of the eldest members in your family and get as much oral history or information as you can", recommends Patterson.

"Take all the pictures you have and write the date and who is on them, otherwise your grandchildren won't know it's you."

Aside from planning to give genealogy workshops through UGRD, Patterson will be making an appearance on TVOntario Monday Feb. 21, at 1:00 p.m. on Mortal Life. The focus of the segment will be on her family military contributions.

"Although my family has had and does have its scars, we are a good stock. And the seed of the tree of freedom continues to produce wholesome luscious

# Cyber courses come to Humber

By GILLIAN CLAIR

rumber students can now expe-Lrience a whole new way of learning with online courses.

Courses offered on the Internet are accessible to anyone, anywhere at anytime. Students can literally be as far away as the Netherlands or as close as across the road in Etobicoke. The only catch is they must have access to the Net.

Ruth McLean, chair of the Centre for Learner Support, said students registered for the online courses are usually people who don't have time or can't physically attend courses on campus.

"As long as you're on the Internet, you can be a student," McLean said. Those registered are often mature students who are already in the work force and can only use evenings or spare time to get the college credit they need.

Angela Nunes, Learning Service Assistant in the Open Learning Centre, said the online courses are becoming very popular. Nunes works as the liaison between students and the Humber, facilitating access to the courses, assigning required passwords and handling any difficulties or registration problems that may occur.

Online students are regarded cheat. exactly the same as traditional students who physically attend Humber College every day. Their fees and tuition are still the same, except online students don't need to pay for parking.

Manager of Continuing Education Services, Margaret Riley, said her part in this online opportunity is handling the process of getting connected to the courses.

"It's just like going to college except it's online," Riley said. Required schoolwork is not really done at the student's leisure, Riley said. There are still rules and regulations, just like in a regular class-

To eliminate cheating, students pull out their tests from a virtual test bank where each test is different. Then they choose the date of a set week which they would like to write their exam. When completed, exams, tests, or assignments are emailed to their professor.

"One neat thing is that we have tests online . . . which are timed so they [students] can't flip through their text books," Nunes said. The professor or instructor sets time limits, which can be up to 50 minutes, so they can feel satisfied that their students don't have time to

The professor of the course handles online programs, but it's pretty much laid out, Nunes said.

"It's just like it would be if the students were in the instructor's class," Nunes said. "It's his job to teach in the classroom so it's his job to teach online."

"The computer courses are really flying right now," Nunes said. "It [online schooling] really has taken

York University, Georgian College, Seneca, and Ryerson University have also introduced courses online.

Humber College launched their first online program four years ago.

Presently there are only 38 students registered in the eight fully online courses offered at Humber.

"We're hoping it'll increase," Nunes said.

#### **FULLY ONLINE**

Wayne Debly, manager of Distance Learning and former teacher of mathematics and computers at Humber College, has been helping teachers put their courses online for the past four to five

"There's a distinction between using online services at Humber and being fully online," Debly said.

Presently, there are about 7,000 accounts of WebCT being used at Humber College, Debly said. Only a few of those are totally online. Debly said the majority of the courses are post-diploma

"Having courses online provides people, any time, anywhere, any place, with a chance to do that one course," Debly said. "I can take [the courses] at home if I'm a shift worker . . . or if distance is a problem I can just do my course at my desk at home."

In the student's account, they can exchange e-mail with their professor in a virtual classroom during the day, just like they were in the actual classroom. A chat room is also set up for students who want to have discussions with fellow online scholars. With tests, exams, and assignments laid out in advance, a benefit is online students can lose the fear of pop quizzes.

Some courses range from 16 weeks to 32 weeks. Although not all of Humber's courses are offered on the Internet, the future could bring more courses and more availability for long-distance students. If students want to visit or get more information on Humber's Online Course Web



Snow shifters: Humber uses 10 to 15 tonnes of salt to de-ice its 42 acres

## Humber lot salting safe for river: official

By Young M. Um

nap, crackle, pop! It's not the Sound of the Rice Krispies crew...it's the sound made when boots and tires roll over the chunks of road salt, which smother Canadian pavements and asphalt during the winter months.

John Hooiveld, Humber's planning and development officer, said road salt is applied to 42 acres of roads and parking lots, and countless stretches of walkways and stairs at the North and Lakeshore campuses. Humber's snow removal services contract with Onyx Corp. is worth \$130,000 -a lump sum contract paid to Onyx each year, regardless of snowfall amounts.

For a normal snowfall at the North campus, he said, "[Onyx] probably goes through 10 or 15 tonnes per application.'

According to Environment Canada, more than 4,700 kilotonnes of road salt is used for winter maintenance each year in Canada. The Canada Safety Council estimates a snowstorm can cost \$250,000 in salt in a four-hour peri-

Bob Nichols, of the Ministry of Transportation (MTO), said road salt is a critical element of winter road safety. "It's the most effective de-icing agent that we have," he added.

However, Hooiveld said the benefits of the road salt come with "its own baggage in terms of corrosion, toxicity in soils and plant materials."

Hooiveld added road salt runoff is a concern for the college because of its close proximity to the Humber

Humber's snow removal contractors to stock pile salt on campus, he said "We have always indicated that this is not an option."

The Toronto and Region Conservation Authority's Mike Bender said road salt contamination in the Humber River has historically not been a problem. However, the Don Valley River in Toronto's east end has suffered from road salt contamination as storage dumps were located too close to the water-

For many years, municipalities would dump their contaminated snow directly into rivers and lakes.

"Thank God that stopped because that was an immediate injection of salt into the water supply," Hooiveld said.

The amount of salt being used for winter maintenance has been reduced, thanks to increased plowing and more efficient machinery, said John Steele of the Ontario's environment ministry.

"[At Humber] we continually try to find less corrosive products to use, particularly on walkways and stairs and areas closer to the buildings," Hooiveld said.

Last year, the maintenance department tried half a dozen different salt products, but did not find anything that works as well as road salt.

"When the Ministry Transportation finds a good alternative, we'll jump on that band wagon," Hooiveld said.

MTO research programs and field tests have yet to find an alternative as effective as road salt on a wide variety of ice conditions.

"Certainly we do all we can to minimize its impact on the environment,"

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(905) 823-4001 they can go to: River. Although it would be very Join the fun! Get Your Wheels in Motioni www.webct.humberc.on.ca/8900. economical and efficient for Nichols said.

# Library lacking resources after drastic cutbacks

Fong: Humber's

really behind now

Humber library falls to the 'bottom of the barrel', says library collection supervisor

By GILLIAN CLAIR

Humber College Community librarians raised less than half of their goal at last month's book sale. This news comes at a bad time since the library is struggling financially from many drastic cutbacks.

Korina Fong, library collection development supervisor, said she was disappointed with the sale's general outcome.

"We didn't make very much," Fong said.
"In fact, it was very little. We were hoping to make at least \$1,000."

The final tally of the funds raised was only about \$480.

Fong said fewer books and lower prices made it difficult to raise very much money.

"Most of the books were older edition books," she said.

"They were nearly free, so basically there was no cost for the students."

With library funds being drastically cut over the past few years, money seems to be

scarce for the library — especially this year. A paper by the Ontario Public Service Employees Union said from 1980 to 1990, the total book budget for both Lakeshore and North campuses was \$80,000 and the total print budget was \$145,000.

This year, the total print budget was cut back to a mere \$30,000, the report said.

#### GOVERNMENT TO BLAME

"We haven't been getting our share [of funding]," Fong said. "Humber has really fallen to the bottom of the barrel."

Lynne Bentley, manager of Media and Library Services, said the government is to blame for this.

"I think there's a lack of government help," Bentley said.
"We're grossly under-funded."

Under-funding for libraries has had a great impact on many different college libraries.

The OPSEU paper reported that in 1998 the average college library system spent barely two per cent of its budget on the actual system itself.

In 1998, that percentage fell to less than one per cent.

"Less money means fewer books," Fong said. "Prices raise every year and so Humber's really behind [in their collection] now."

The OPSEU case study also said the

standard for the average expenditure on American college libraries is six per cent, while Humber College spends less than one per cent.

#### SUPPLIES URGENT

As Humber becomes more involved with university partnerships, the need for newer library resources would become more urgent, the study says. When the courses become more complex, so should the library resources.

Fong said universities are asking Humber to buy more books, but most of the books missing from the library collection are out of print now. Some of the material can be regained but a lot of information is forever lost, including resources for social psychology and the Information Technology School, Fong said.

#### CHANGES TO THE SYSTEM

But, Fong said she's seen a lot of good changes in the library over the past 25 years of working there including the new technology of databases.

Humber librarian, Dawne Hoogkamer said the library subscribes to at least 20 electronic databases.

"We subscribe to a lot more than we used to now," Hoogkamer said.

"It is a good thing."

Although some of the databases are free, most are costly, but Fong said the price is well worth it.

"I think there's a lack of government help. We're grossly under-funded"

"It makes up for the short comings in the periodicals," Fong said.

"Electronic databases open up the world of titles and articles to the students." Fong said she's excited about the changes in the library.

"... I wish we could catch up," Fong said.
"This school is really far behind," he said
recently.

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# Editorial

# Safety a right for students in rez

There once was a time when getting into residence without a swipe card was harder than getting blood from a stone.

It seems like only yesterday that the only way anyone who did not live in residence could get in was to be signed in by students living there, or to play Spiderman and scale the walls.

Now it appears easier to waltz into the building virtually unnoticed. Though residence claims to be a secure place that about 700 students call home nine months out of the year, it is baffling that *Et Cetera* reporter, Josh Hargreaves was able to slip through the cracks more than once.

It is also disturbing to know that although students pay thousands of dollars each year to live in rez, their safety isn't being guaranteed.

Hargreaves entered the building, getting past front desk worker, Shannon Brown, without question. Brown claimed to have seen Hargreaves speaking with Residence Life Co-ordinator, Mike Kopinak, and believed the reporter to be of no threat to the students in rez.

This sends the message that all it appears people have to do to get into rez is chat it up with an RA and entry is guaranteed, no questions asked.

In all seriousness, the fact remains that several students residents see strangers wandering their halls often. This is definitely a problem that needs immediate attention.

A closer look needs to be taken to ensure all students are being protected.

It is still amazing that in a time when people are afraid to walk down the street alone and double lock their doors, Humber's residence still relies on dated security methods like having one person screening visitors.



### Letters to the editor

# Et Cetera bites hand that feeds it

This letter is in response to the article written on Feb. 10, titled "Ontario students march for affordable education."

The "Access 2000" campaign coordinated by the Canadian Federation of Students (CFS) targeted the federal government to increase transfer payments to the province. Although OCCSPA/APECCO did not get in the campaign it is not against any of our policies that our members can not be involved. Humber could have been involved.

Let's suppose the federal government does not give the province additional transfer payments, has there been any commitment from the provincial government to invest this money into the post-secondary system? No.

The Ontario government refuses to commit itself to tying any increases in federal transfer payments to increased spending on higher education in Ontario. In fact, the Minister of Finance indicated that Ontario would not make such a commitment.

Although OCCSPA/APECCO has federal links, we have a provincial mandate. We have been lobbying the provincial government to increase funding to colleges to enable a tuition freeze.

"The CFS is also fighting for grants. . . On Jan. 26, the government announced they were introducing the Ontario Student Opportunity Grant (OSOG), which reduces a student's debt to no more than \$7,000 per year of study."

The "grant" actually replaced what used to be called loan forgiveness and the government almost convinced the public and press that this was a good thing by putting the spotlight on the grant and not being too vocal about eliminating loan forgiveness.

The grant actually reduced the amount of forgivable loan from anything over \$6,000 to \$7,000. Students pay back an additional \$1,000 now because of the OSOG. Our organization was at the press conference when this happened to ensure that the press understood the impact of the government's decision. This grant was not better for students.

OCCSPA/APECCO and the Ontario Undergraduate Student Alliance (OUSA) had a march in Sudbury last year to pressure the government to reform the loans system by creating a provincial stu-

dent financial assistance advisory committee. A bus was organized to ship students from Humber College up to Sudbury where the Conservative caucus was meeting. There was not a large turnout from Humber students, even though they were notified in advance.

However, the march took place and weeks after, the establishment of the Ontario Advisory Committee on Student Financial Assistance (OACSFA) was announced. Recommendations coming from this committee have resulted in some important changes. The committee recommended the harmonization of the federal and provincial loans systems. The government announced the implementation plan for the harmonization of loans would happen by Aug. 1, 2000.

No, OCCSPA/APECCO does not

charge \$14 per student which can pay for expensive campaigns. We charge 93 cents per student for provincial representation. We believe that the CFS does not represent college students. They have one college member in Ontario; we have 14 members in Ontario.

We may not be as loud as the CFS, but we certainly do a good job representing college students by ensuring the college student voice is heard at the provincial voice. We do not believe there is any strong federal college student representation. We hope there will be in the future.

We value student feedback and encourage students to get involved.

Tracy Boyer
Executive Director
OCCSPA/APECCO

# HIMBER

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# Opinion

# You've got to hate that Haider

The most alarming development on the international political scene is the acceptance of the Freedom Party into power in Austria.

Since it began appealing for public support, the Freedom Party has campaigned aggressively on an anti-foreigner platform, playing on all too common xenophobic arguments that blame immigrants for lost jobs, increased crime and many other social ills.

#### HITLER HAIDER

What's most unsettling though is some public remarks party leader Jorge Haider has made that down played Nazi tactics, including the notorious death camps.

Moreover, Haider, who's reported to have been raised by Nazi parents, is also known to have participated in commemorative events honouring Hitler's Waffen SS military units.

The world has begun to show its scorn to Austria. On their own soil thousands of Austrians have been taking to the streets in protest, chanting "Nazi out."

Europe has threatened to politically and economically isolate the Alpine nation, and is considering throwing it out of the European Union. Israel has recalled its ambassador and has forbidden



Haider from visiting.

And Canada, for its part, has said it will take "concrete measures" if there's evidence that minority groups are being threatened.

But on the whole, reaction to Haider's racist, extreme right wing views and his ascent to power has been passive.

Haider's remarks and behavior have been common knowledge for some time. The Freedom Party's campaign has also been in the public eye for quite a while. Yet, still a Nazi sympathizer is able to rise to power with little difficulty.

It's true that Haider was voted into power by the people of Austria, and many argue the international community has no business getting involved in a country's political affairs. But, not too long ago the same was said about Adolf Hitler, who was also elected chancellor of Germany. The world

knows all to well where this democratic election led.

The rights of democratic expression in this case cannot take precedence over the security of all those who don't fit Haider's mold of the genuine native Austrian. While some, including Haider, have criticized the EU for overstepping its bounds and violating its own rules by threatening economic sanctions, in this situation the EU is fully justified.

Anti-foreigner sentiment and anti-semitic acts have already been on the rise in Austria, a country whose own active role during the Hitler era is not forgotten.

No matter how many times Haider tries to apologize for his remarks, he can't convince anyone with a half a brain that he's merely a "normal liberal reform politician," as he told a Berlin talk show a couple of weeks ago.

The fact remains that he said what he said and has acted in support of Nazism, and based on the xenophobic rhetoric that continues to spew from his party, he undoubtedly means it.

In France, hundreds of protesters outside the Austrian embassy have been chanting "Hitler, Haider, one and the same." So far that isn't the case. It's up to the world to ensure it stays that way, or it could have the blood of another Holocaust on its hands.

# CHAD HEARD

# Survival of the laziest

As second semester pulls into full swing, many students inevitably think about summer employment. The lucky few begin planning the start of their careers following graduation.

Well, here's a little advice for those of you venturing out into the big corporate world; it's nothing like you've ever seen before.

No longer are you forced to sit behind a counter for \$6.85 an hour waiting for some poor schmuck to come waltzing in looking to purchase hemorrhoid cream 'for their cat'. Instead you'll be introduced to a large faceless corporation throwing terms at you like "salary" and "benefits for you and your life partner".

Businesses understand the majority of their baby boomer employees are developing grey hairs, growing a little fatter and very much looking forward to retirement. They realize they're going to have a severe employee shortage and the infinite number of monkeys scenario is just not feasible. So they're looking, seriously, for you, the student.

If you need proof, just attend a job-hunting symposium in any college or university. The sheer number of companies attending is astounding.

The way I see it, in the eyes of presidents and CEOs, we are now worth our weight in silver. Ten years from now, we'll be worth three times our weight in gold.

So, as we move toward the 'global economy' run by businesses with a footing in every continent, here are a few pointers about working in an office.

Because companies are hiring so quickly, they really don't have work for the lowly bottom feeding positions most of us initially gravitate towards. So when they give you a week to read a two page document (and believe me, they will), do it in a week.

I am NOT joking. If you don't, your boss will give you nothing to work on and you'll fall asleep in front of an empty desk. Which brings me to my next point. NEVER fall asleep without something in front of you. It looks bad.

For a majority of positions, you don't have to wear a suit. So the thought of going off to work all decked out in a three-piecer like Dad did, doesn't quite fit anymore. Please, everyone, humour dad whenever he tells you of how he had to put those wretched things on every day for 40 years.

Formal attire has been shed with cell phones as the replacement. However, no one turns them on. This took me quite a while to figure out, but eventually the answer came.

Many people who work at faceless, stuffy corporations don't really want to be there. And they sure as heck don't want to be called while they're sitting in traffic. Especially if the proposal they just handed in should've been about increasing tartar sauce distribution in the cafeteria, rather than reducing the number of customers to provide better service.

Why go if they don't want to work, you ask? Well, it goes back to words like salary and benefits. The money is way too good to pass up and everyone likes to find comfort in the \$1,500-plus pay cheque that comes every other week.

That aside, my most favoured observation about the corporate world is that everyone will notice if you come in late, everyone will notice if you leave early, but no one will notice if you take a three-hour lunch.

So call up your "life-partner", plan a meeting spot and have that nooner for lunch because nothing could be sweeter.

# Computers that just don't work

As a student writer with little money, I have to rely on the resources available at the school I attend; Humber College. As I bend over and grab my ankles to be here, I toil away in this fluorescent lit lab on a computer that is closer to a Commodore 64 than it should be.

The computer freezes up, the spell check doesn't work, critical documents can't be saved, printed, or submitted over a bogged down network in many cases, and last but not least, it's damn ugly.

Fully aware of the massive computer problems faced by other departments at Humber, a fact which IBM recognized as a "critical situation" is a recent issue of the *Humber Et Cetera*, it is not acceptable for the machines in this building to be in such poor working order.

As university and college students protest against a post-secondary education system that is beginning to slam the doors on middle-class students, student



DEREK MALCOLM

loans soar in to the \$30,000 and \$40,000 range for some.

Tuition fees continue to rise (every year since I've been here) but every year the computers are as crappy as the year before.

Other fees like parking, lockers, and non-tuition fees go up too, and most students don't know where all that money goes, but it doesn't seem to be going into fixing the sorry state of Humber's computer systems.

Even after a leasing agreement with Dell Canada and a licensing

agreement with Microsoft were signed to keep hardware and software current in labs, here I sit checking my dictionary on how to spell stupid words like fluorescent and toil.

Hell, when I submitted this piece to the editors it was barely legible due to the lack of toner in the laser printer. Can't you feel my pain?

There is nary a network administrator around when a student is having such problems, leaving them to fend for themselves. Students must be able to do quality work at school with relatively no hassles.

Oh sure, people will say that I should be complaining about more important issues, but what can be more important than removing the daily obstacles that interfere with the learning of thousands of students?

We've already paid our fees and can't do much about it. So now that we've already begun the journey and aren't turning back, it is not petty to address problems that should be tajen csre of.

# n Campus

### WUSC holds conference at Humber to raise awareness

By CHAD HEARD

Humber's International Program is busy planning to be a part of an open conference planned for March.

The World University Service of Canada (WUSC) is holding a symposium at Humber from March 11 to 12.

The intention of the gathering is to raise awareness about its organization and develop global understanding by aiding education in other countries.

WUSC's mission is to help people by developing minds through education and other training methods.

The organization is making a cross Canada tour through the late winter months.

They will be attending campuses at University of Victoria, University Laval, Mount Alison University and University of Winnipeg in addition to Humber.

The organization has roots in Europe following the First World

The founding company was geared to help war veterans and prisoners regain their footing and become a working part of society. WUSC provides clothes, books and money to aid students in need.

Since then, WUSC has expanded its focus to all students in need worldwide.

# Valentine's raffle a success

By Sean O'Hara

Humber's Lakeshore campus kicked-off Valentine's Day last week by selling chocolates, teddy bears and the chance to win a trip to Daytona Beach.

The SAC event offered a last chance for forgetful and timestrapped students to buy that special someone a gift at discount

Gifts ranged from balloons with teddy bears, Hershey Kisses, cinnamon hearts to long stemmed roses, with all proceeds recycled back into student events.

"We're holding this for Valentine's Day and for all those students who really can't make it to the stores," Dave Golubev, a representative from Humber's School of



Goodies: Just few of the gifts that were available for students to buy

Business said.

The four-day sell-off also featured 'Take Me To Class,' a \$2 raffle contest for a chance to win a trip for two to Daytona Beach, Florida just in time for the March Break. The Daytona trip was donated by

Temple and Remple Tours Inc.

The draw for the raffle was Feb. 15 and winner of the first place prize to Daytona was Harfreet Braich. SAC donated the second place prize of \$400 cash which went to Fabio Pellegrini, and third place prize of a \$100 gift certificate to HMV went to Peter Wieckowski.

Lance Lougheed, SAC Lakeshore office manager, said the event was used as more of a promotion tool and to raise SAC awareness throughout the college.

"Sometimes it's hard to get them excited about things. But if they know that they can win prizes or somebody they know will win, then they become more involved," he

Lougheed said approximately 300 raffle tickets were sold.

# Ricci and Scrimger rock the wine bar

Two award-winning authors share their stories at Humber's literary wine bar

BY AMBER TRUELOVE

The show must go on, despite illness. Last Tuesday, Feb. 8, the Humber Room was again transformed into a literary wine bar. Writers associated with Humber have been invited to read passages from their novels. Readers for the evening were Nino Ricci and Richard Scrimger.

Ricci, a teacher with the Humber School for Writers summer program and winner or the Governor General's Award for fiction, was looking forward to reading in front of a Humber audience. However, he was feeling a bit under the weather, which kept him from being overly excited.

"I have a bit of a cold today so I might not be as enthusiastic as I might otherwise be," said Ricci. "Aside from that I'm really looking forward to it."

Ricci's reading was from Where She Has Gone, the third book in his trilogy, published in 1997. The three books follow the life story of the narrator from his home in Italy at age 7 to Canada at age 20, to his return to Italy to search for the history of his family.

While the subject of the novel is serious. there were humorous parts in the writing to lighten the mood.

Scrimger, who has won the Mr. Christie Book Award for Excellence in Children's Writing, almost didn't make it at all since one of his children got sick as he was getting ready to leave. He arrived just as Mary-Jo Morris, a consultant for the special needs



A rose is a rose: Richard Scrimger read a passage from his novel Mystical Rose

department and an organizer of the readings, was apologizing for him.

Scrimger opted to read passages from three separate books: Mystical Rose, The Way to Schenectady, and Still Life with Children.

"I think we'll do this in three parts," joked Scrimger. "Like Caesar's Gaul's, or a long weekend, or the Christian God."

The Way to Schenectady is a children's book based on a family road trip. One of the children decides to sneak a homeless person along for the ride.

"It has a typical brother, and a typical father who, except that he has no hair, is a lot like me," said Scrimger.

Scrimger, who writes primarily comedy, offered advice that he got from comedian Beth Lapides when he took a week-long workshop through the Humber School of

"In comedy, tell the truth and nobody laughs at least you've told the truth. If you lie and nobody laughs then you've lost everything," he said.

Scrimger has a special place in his heart for Humber. It was in front of an audience of Humber students that he gave his first reading. His collection of short stories, Still life With Children, is based on him and his children. He is a stay-at-home father and sums up the experience as "there were four of them and one of me." He joked that it was always a good day if nobody died.

In the question and answer period at the end of the readings, Ricci admitted that his trilogy originally began as a short erotica story he wrote when he was 19.

Ricci said that the audience he writes for has expanded over the years.

"I used to think that I was aiming for a reader with the same taste in literature as I (have)," Ricci said.

His belief now is that he's writing for everybody. "I think the purpose of writing is to communicate," Ricci said.

Asked how critical he is about his own work, Scrimger used examples from his school days.

"I used to think I wrote best at four in the morning. I certainly wrote all my university essays at three or four in the morning," he

He explained that at that time in the morning he's barely awake, so his critical goals are very low.

While Ricci didn't say if he agreed with the late night writing, he agreed with keeping the critical goals low.

"I sometimes think that the best work you do is when you let go of that critical faculty," Ricci said.

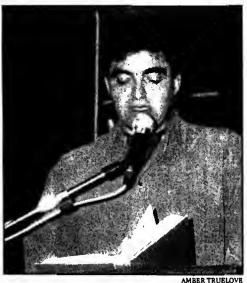
The next two readings will be changing

location from the Humber Room to the Seventh Semester since organizers suspect that more tickets will be sold for these shows. The next reading will take place on March 14, and readers for the evening will be Erica Wright and Erica de Vasconcelos.

"It's more space especially for Wayson [Choy's] reading at the end [April 11]. We think we're going to need more space anyway," said Lynne Bentley, who helps to organize these events.

Erica de Vasconcelos' first novel, My Darling Dead Ones, received critical acclaim. Her second novel, Between the Stillness and the Grove, will be published this year. She also teaches creative writing to journalism students at Humber College.

The cost for this event is \$3 for Humber students and \$7 for general admission and tickets can be bought at the library circulation desks at North and Lakeshore Campuses or call Janet Lising at ext. 5059.



Passage: Nino Ricci wowed the audience with a passage from Where She Has Gone



Downtown: Carrie Nicols, Avi Phillips and Drew Robinson star in Downtown, one of the ten-minute plays that make up Hang Ten

# Hang Ten making waves at Lakeshore

A series of ten-minute plays take centre stage at the Lakeshore

campus

By Nick Jones

The play *Hang Ten* may not have The play rung 100 min, but anything to do with surfing, but Humber's Theatre students from Lakeshore are definitely riding a wave of success.

Hang Ten is really a series of eight, ten-minute plays from the Humana Festival of Short Plays in Louisville, Kentucky.

'Act one was produced by Shawn Campbell and consisted of four skits ranging from religious irony to relationship angst, to Clinton-Lewinsky escapades and wannabe

Alyssa Pawlak gave the standout performance of the first act in her scene titled Interrogation. The scene also starred Erik Ristimaki who definitely held his own.

Interrogation was about a couple that had recently parted ways. The characters were simply titled Man and Woman. The plot was an ex-boyfriend who had finally realized or admitted he had made a huge mistake by ditching his girlfriend. While rubbing it in his face, Pawlak went into a huge rant that drew a huge ovation from the packed house. It was the only time the fans cheered in the midst of a

Another stellar performance was by Luciana Cacciacarro in Making the Call. Cacciacarro played a presidential supporter who caught the eye of the United States top dog.

Cacciacarro was convincing in the role of a nervous lonely lady who might appear the perfect prey to be taken advantage of. The play had funny twists and shock humour that impressed those in attendance.

Cacciacarro was also very good in her second performance, Breaking the Chain.

Allan Guttman directed the second act, which featured four shorts that were a little more off the wall.

Sin Eater was the most unique of the bunch, set in old England. David Rossetti plays the sin eater who cleanses the dead of their evil deeds by eating sins off their breast. The scene also stars Amanda Sloane and Jenn Brewer as sisters, one of whom is thought to be dead, but is brought back to life by the sin eater's kiss. All three actors mastered their English accents beautifully.

The funniest scene was Bed & Breakfast. The basis of the story was two wives sitting down for breakfast waiting for their husbands, who are equally strange, to arrive. Allison Hunter stole the scene with her amazing facial comedy. Her simple gestures made the crowd laugh without any dialogue. Hunter's quality could easily be compared to Mr. Bean if she learned how to fully master the art of silent comedy.

The other two sketches Quiet orrential Sound and Misreadings had more of a dramatic feel that drew great applause from the crowd.

Overall a really fun night at Lakeshore's theatre, with a great performance by all involved. The play will continue to run Feb. 16-19 at 8 p.m. and Feb.19 and 20 at 2 p.m. Tickets are \$8.50 at the door.

# Students may pay price for eating and drinking in computer labs

By Michele Ho Sue

ome students ignore the "no eat-Ding or drinking" signs in the computer labs and technicians for the School of Media Studies are fed up with amount of time they spend cleaning rather than fixing comput-

Assistant director for the School of Media Studies, Nancy Burt, sent out two memos asking the faculty to help enforce the no food policy.

"If a can of pop or coffee spills on a computer it could wreck the whole thing. Each computer is about \$1,500 to \$2,000 and the Macs are around \$5,000," Burt said.

Computer Technician Dawn Marie Warren, said that the problem of food and garbage in the lab rooms is never-ending.

"People need to take responsibility. They wouldn't do it at home so why are they doing it here," Warren

According to Warren, the computer technicians are responsible for making sure the hardware and software is functioning, providing the latest software, and networking.

Although a student is hired to clean the computer labs in the L section, the technicians always end up cleaning up as well.

"We spend way too much time

picking up items that people can accomplish two things at one time." throw away," Warren said, noting if the problem persists, students could possibly pay the consequence with raised tuition.

One media student, who didn't wish to be identified, said she occasionally ignores the no eating policy in the L wing.

"I eat in the lab because it's more convenient. Sometimes I'm at school late and need to get work done and by eating in the lab I can

The lab rooms in the H, E and J wings do not have the same problem as the L wing said Valerie Sprenger, the computer application learning co-ordinator. The same no eating policy is enforced by lab monitors who are on duty every

"There is an overall policy. No food or drink is allowed and must be out of site either in your bag, coat or purse," Sprenger said.



Hungry?: Some students ignore the 'no eating or drinking' policy in labs

# Film and TV program offers comprehensive education

By Corinne Hester

The next Stephen Spielberg or ■ James Cameron could be right here at Humber College.

Down in the basement of Humber there are many TV studios and it's not uncommon to find them buzzing with life.

Humber's Film and Television Production program is very popular, and with a 100 per cent employment rate, who can be surprised?

Getting into this popular program is difficult. Last year there were 1,800 applicants for only 68

Michael Glassbourg, program -ordinator, described the type of student who would be accepted: "The kind of people we're looking for are people who are mature, have some life experience behind them, who have a proven academic record, who have time management skills and who want to change the world," said Glassbourg.

The program is a three-year

course comprised of three different aspects.

Every student is required to learn the technical, creative and academic aspects of film and tv.

"Philosophically we believe that to be a good technician you have to understand the creative process," Glassbourg said.

Glassbourg described the course as an "extremely comprehensive education.'

"They [students] can expect to learn the whole film and video process, from conception of idea to, literally, the packaging and marketing. They can expect an extremely challenging, and hopefully a very, very rewarding experience

Although the program is difficult, the drop out rate is extremely low. Out of the 68 who started in first year there is still a very high number who graduate.

"In second year we still have 62 students and my hope is that in third year we'll have about 58."

The first two years of the pro-

gram are very similar. Students learn lighting, cinematography, sound, production management, post production, script writing, directing, videography, computer multimedia and tv production. They also have an independent production course.

Third-year students specialize in the area of their choice. The "Film/TV Business Practices" and "Field Placement" prepare students to work as freelancers.

Third-year students are required to complete major products in dramatic, corporate and commercial

Due to the extensive work within he college, film and television pro duction students find themselves working in every field upon gradua-

"You can't pass a big film set without seeing at least of a couple of our grads," says Glassbourg. "You can't look at the credits of any film made in Canada without seeing Humber grads."

# Most students find employment after graduating from Humber

By Natalie Davis

Are you stressed out over school? Terrified about what your future career has in store for you when it's all done?

Rest assured. Most of our students at Humber are finding employment in their field after graduation.

According to the Humber Graduate Report (1998 statistics) which surveys students after graduation, 93 per cent of Humber grads secured employment in a wide variety of full-time, part-time, temporary, contract and freelance positions within six months after graduation.

Of these, 67.5 per cent were related to their program.

In addition the report found 74 per cent of students were well prepared for employment, and meeting workplace challenges compared to the provincial average of 69 per cent.

Ward Yorke, one of the faculty members for the Funeral Services program said his program is very successful at helping students with their future careers.

"Last year, 93 per cent of our people had a job when they walked off the stage with their diploma," said Yorke.

"Humber is the only college in Ontario to offer an English language Funeral Service course, and we graduate about 96 per cent of our students," he said.

And because of that, Yorke said many individuals interested in pursuing the funeral industry have sought Humber's unique program.

"Almost every Funeral Director in Ontario for the past 30 years has been trained through Humber," he said.

Helen Hobbs, a 1996 Humber graduate from the Funeral Services program, is now a managing funeral director at Chapel Ridge Funeral Home in Markham.

She said her apprenticeship year was when everything was put into perspective.

"As much as they (Humber) try and prepare you as far as your labs are concerned, they can't really prepare you for what you might meet as far as technical skills," she said.

Humber's Nursing program is also very successful at placing students in jobs after graduation.

The program offers a final year co-op placement where students are exposed to a hospital where they work hands-on with Registered Nurses (RNs).

"This exposes our grads to not only the hospital, but to the shift expectations as well, which can sometimes be 12 hours or more," said Lenore Duquette, co-ordinator for Humber's Nursing program.

According to Humber's 2000/2001 full-time calendar, many grads will work in hospitals, community health agencies, nursing homes and doctor's offices.

On Jan. 31, a three-year deal was negotiated between the Ontario Nurses Association and the province's hospitals that will allow RNs to get a 6.7 per cent pay

increase, making them the highest paid in Canada.

Students currently in the program can look forward to making up to \$30 an hour when they land a job.

The Pharmacy Assistant Program, which is currently a oneyear certificate program, will be reforming to a two-year format next fall.

"I get a lot of calls from companies who want to hire," said Marie Atlas, faculty member for the Pharmacy Assistant program.

Atlas also noted grads usually work under supervision in community pharmacies and hospitals to start off.

"They branch out into several other areas, and some have gone into sales, clinical drug industries and others in insurance agency drug plans," said Atlas.

In addition she referred to companies such as Glaxo Wellcome, Parke Davis as common companies that hire Humber grads. However, she said the private industry in this field pays more than the community industry.

Muhamed Punhab, a 1996 graduate of the Pharmacy Assistant program said he "gives great praise" to Humber for providing him with the necessary skills and tools that he now uses as his job as owner of a community pharmacy in Barrie.

"My decision to pursue a postsecondary education was something that I always knew I needed," he said. "Attending Humber was the greatest experience in my life."

# Multimedia program holds online conference

By Darren Lum

Online technology at the college is giving Interactive Multimedia students the opportunity to speak to professionals from anywhere in the world.

Humber's Multimedia Program held its first online conference with an industry expert, Denise Schawrtz, on Feb. 9.

Schawrtz is an Interface Designer for Shockwave.com and contributes to their new e-commerce initiative. Schawrtz is also the owner and creator of Graphics-a-Go-Go.

Tom Green, program co-ordinator of the Multimedia program, and Humber Journalism grad from 1974, organized the online opportunity for the students, giving access to experts in the field of interactive multimedia. Green has come back to Humber to provide a unique education experience to his Multimedia students.

"The students sit down with the experts in the business to pick their minds. It only helps to further the knowledge of the students," said Green.

This success means a weekly online visit from other individuals from the multimedia industry to provide hints about Web designs, and share their experiences.

Dave Penny, a first-year Multimedia Design and Production student, said it was, "very cool. It eases my mind to know that programmers aren't all geeks but have personality."

The online environment provides a clear exchange of ideas

between the guest speakers and the participating students said Green.

"It went as expected. The interesting thing is once you get used to this format your personality tends to come through," said Green.

The only drawback to the event was the lag in the process of information on the Digital Image Training Centre chat room. Partially attributed to the chat room's compliance difficulties with Internet Explorer, the delay was put in place deliberately, helping to limit an overload of information in the chat room.

The 39 year-old Schawrtz, exhibited her personality and gave the kind of advice that can't be ignored.

"Just remember to follow your bliss, I always preach that. F\_k what everyone else is doing and create your own s\_t," said Schawrtz in an online interview.

William Hanna, director of the School of Media Studies, knows the possibilities that the Internet can offer education and welcomes the technology. However Hanna said the online technology will only be appropriate for some programs.

"There will be more and more opportunities for online education as it is appropriate," said Hanna. Existing online education opportunities already exist at the college. The Public Relations program has joint effort with an Australian college publishing a web site.

James Cullin, program co-ordinator, Internet Management is currently working on a new chat room for future online conferences. This new chat room is expected to be completely compliant with Netscape and Internet Explorer.

The next online conference will be with expert Zac Belado from Vancouver who is a contributing designer to Director Online and Pixelgeek.com. These are web sites committed to providing information on interactive multimedia.

Pixelgeek.com is an interactive Web site permitting the user to experiment with various skills for web-building. The site also provides an opportunity to learn by performing functions directly related to web building.



Correction

In last week's issue of Humber Et Cetera, we reported hypnotist Tony Lee (Tony Lee to Hypnotize Caps p. 13) would be performing at Caps on Friday Feb. 11. The actual performance will be held at Caps this Friday Feb. 18. at 5:30 p.m. Et Cetera apologizes for any inconvenience.

# Playwright Daniel Minsky has a Verit-able masterpiece

A passion for English pays off for Minsky

By Catherine Stancl

aniel Minsky sits in the café Daniel Minsky olds in Staring into space for a brief moment trying to make his point on existentialism. He inhales deeply on his cigarette, turns to me explaining why the character in his new play is the way that he is, based partially on the thinking of the philosopher Sartre.

"Do you see what I mean?" he asks, knowing that what he said may have sounded a bit convoluted.

I do understand. But what he may mistake for confusion is actually bewilderment. Bewilderment that this is an 18-year-old, who is so well read, enjoys philosophical discussions, and can delve into the depths of society's problems with



Minsky: The principal playwright

such reason and intelligence.

And he is also about to stage his third play.

Minsky is definitely not your average 18-year-old.

And he knows he is different. He did his own thing in high school, reading and keeping to himself. English was his passion and by the age of 15 he felt particularly connected with the written word.

"I started to see the power and potency of what I could do. And not just with my writing, but with other people's writing as well," Minsky said in an interview.

Born in Switzerland and raised in Toronto, Daniel Minsky was 16 and still in high school when he submitted some work to Chris Coculuzzi, the artistic director of Upstart Crow Theatre Group. He never mentioned his age because he felt that he wouldn't have been taken seriously and that his work would have been looked at with different eyes.

And after reading Minsky's work, Coculuzzi saw something that he could not turn away.

"I saw a lot of potential and growth," he said. "And at the time I was looking for a piece for the Fringe Festival (for writers)."

Coculuzzi was confident enough in Minsky's capabilities that he appointed him resident playwright.

Being appointed to that position was a significant change for 17year-old Minsky, forcing him to work within a company structure of deadlines and discussions.

"It really made me get my ass in gear. I sometimes procrastinate, and here (Upstart Crow) I have to get things done," Minsky said.

He has also worn many hats working for Upstart Crow, helping with production and promotions.

During his year and a half with the company, Minsky's biggest challenge was working on his current play, Verit. The play is about a business man named Verit who loses everything after being accused

But the rape is not the issue-it is whether this man can uphold what he believes to be true in the face of a society who has already condemned him.

In addition to Verit, Minsky adapted The Seagull by Chekov for Upstart Crow, and wrote a one-act play called Advertising with Red Chair Productions. This is Minsky's first full-length play and it went through six drafts before it was really finished.

Sean Curran, the director of Verit, said the play is quite different from the original draft, and from Minsky's Advertising.

"With the one-act structure you have a lot of flexibility in terms of how far you can roam from the point. In a full-length play you have to keep the point of the story intact," Curran said.

"We worked through many drafts to get to where we are now. It was a matter of finding the root of



Halt: Eppo Eerkes [Archie] and John McLeod [Verit] duke it out in Verit

the story and sticking to it."

Talking to Minsky you can see how he may stray from the point. Though he tends to take the long route to explain his thoughts and philosophies, his metaphors and analogies are true insights. One anticipates seeing these insights brought to life on the stage through his plays.

Through all the work, Minsky is happy with how the play is translating from paper to stage. He is particularly impressed with actor John McLeod who is playing the charac-

McLeod said that his experience with Verit so far has been different from the character he played in Minsky's first play.

"Verit is far more aggressive, very principled, and can never be led by the nose," McLeod said. "This is the first experience where I've obsessed over a character. It's been stressful as hell, but illuminating."

Minsky is a little stressed out about Verit too. Will it look good? Will the audience enjoy it? No matter what the outcome, he will continue to write, whether for Upstart Crow, or anywhere else.

"Ultimately I want to write, so, wherever I am allowed to do that, I'll stay," Minsky said.

Though he said he does not want to stay in Toronto forever, hopefully he'll stay long enough so that the city can enjoy the burgeoning talent of this young playwright.

Verit is playing at the Poor Alex Theatre until Feb. 27. For tickets and information call 410-2186.

### cheese - even in *Pitch Black* You can stil

How many rip-offs can you spot?

By Derek Malcolm

The desert. Barren, desolate, and I void of life. If it weren't for director David Twohy's wicked special effects, the sci-fi thriller Pitch Black would have been all of the above.

Take the hungry, ravenous, hideous creatures from Aliens, and drop them on a desert planet like something out of Mad Max (ironically filmed on the same Aussie location), and you've got the makings of Pitch Black.

On a nightless planet with three suns, a scruffy band of interplanetary travellers are forced to work together after their spacecraft

crashes leaving them stranded. As they explore the arid landscape, they uncover a race of hungry aliens that have devoured every living thing on the planet.

Fortunately for the crew, their new enemies cannot survive in sunlight. But wouldn't you know it, all three suns get totally eclipsed. leaving the crew in the-pitch black. And if that's not a pain in the asteroid, their prisoner's a convicted killer who can conveniently see in the dark.

Pitch Black doesn't try to be something bigger than it is

The mysterious dark-dwelling creatures, impressively done by the makers of Godzilla and the cute pig flick Babe, provide enough eye candy to propel the storyline while dragging the paper thin characters along with it.

That's not to say that the acting was bad, the characters were just uninteresting. Vin Diesel (Saving Private Ryan, The Iron Giant) stars as bad-assed prisoner Riddick, the only stable character in the film, and the unlikely candidate for getting everyone off the planet alive. Riddick is the typical hardened criminal with survival instincts, a quiet wisdom, and the foreshadowing abilities of a magic

Providing the sexual tension in the film is Australian actress Radha Mitchell (High Art) as the provocatively clad pilot Fry, whose wimpy character could take some lessons from Sigourney Weaver. The mismatched pack of Thunderdome refugees also includes Riddick's crooked bounty hunter Johns, played by Cole Hauser (Good Will Hunting, Dazed and Confused, School Ties), a foul-mouthed kid, a holy man, the professor and Mary Anne...vadda vadda.

Like a bag of Munchos, the rest of the cast were basically snack food, purchased like crickets from a pet store and thrown into a hot, sandy glass tank waiting to be bit in half by swarming

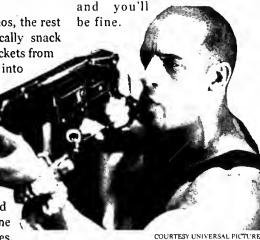
about Pitch Black was watching the animated creatures drag everyone into caves, down holes, and into to the dark to be

lizards. The

best

thing

Playfully B movie-ish, Pitch Black doesn't try to be something bigger than it is. When you see that big box out front of the theatre, just remember to put your brain in it



Hands Up:Riddick [Vin Diesel] hunts aliens

# Depicting a life full of controversy

Que Sera shows the trials and tribulations that Doris
Day had to go through in her life

BY LUISA MARIN

Imagine being married four times, being physically and verbally abused by your husbands and having a cult leader hunting someone in your family. This is the story of a woman who was known in the '50s as "the girl next door," Doris Day.

The play, *Que Sera* tells the true story of this heroine's life, from her childhood to present day. Playwright Claudette Williams does an incredible job of keeping the audience enthralled throughout the whole play. Fast-paced dramatic acting, a lot of singing and a plethora of sound effects all work together to capture the peaks and valleys of Doris Day's life.

Doris Day, born Doris Mary Ann Von Kappelhoff had to deal with adversity and competition at a very young age. Her parents split when she was about eight-years-old, and she was entering dance contests at the age of 12. Two years later, she was in a car accident which almost ended her dancing career.

It was easy to notice Day's vulnerability through the play. She always seemed to care more about the people in her life and put them before herself. Al, her abusive first husband, was an example. While she was at



COURTESY PHOTO

**Tada:** The cast of *Que Sera* strike poses at the end of the show

home with her newborn child, he was off having an affair with someone else. He was an obsessive husband who hit her and blamed her for his mistakes.

In typical Hollywood style, Day's second marriage was as tragic as the first.

Her third husband played a prominent

role in Day's acting career.
They met on the set of a
Warner Brothers film, he
made many of her decisions and locked her into
movie contracts to which
she didn't agree.

The stress affected Day's health, prompting her to take a few months off to recuperate. A scandal with the couple's lawyer eventually led to problems in their marriage and culminated with his death and a lawsuit leaving Day a millionaire.

The pain for Day didn't end there. In the late '60s, her son Terry, a record producer, went to hear Charles Manson play on his farm. He told Manson he would be in touch for a possible recording session, but never got back to him.

Manson sent a few of his drugged-up followers to Terry's house to kill him, but luckily he escaped. This

mention of Charles Manson provides an eerie yet fitting irony to Day's interesting life.

Morgonn Ewen, who portrays Day in the play, said *Que Sera* was written very spontaneously. She was talking to another actor, Claudette Williams, about the '50s.

"We said, 'How fun it would be to do a play

in that era.' Doris Day's name came up," Ewen said.

"She was the perfect personification of the woman. The way she dressed," she added.

Ewen said she and her friend kept bumping into each other and saying "so when are we going to do this play?" But nothing came of it

Then one day Williams called her and said she's written the play.

They took it to New York where they got good reviews. Ewen also won an award for Excellence in Performance, and she has been acting in theatre for 10 years and now has her own CD out.

Ewen commented on playing Doris Day.

"She has quite a sad story and a great ability to rise from adversity. I could relate to some emotional things she went through. There are certain parts of yourself that you relate to certain situations. I can relate as a dancer because I used to dance," she said.

Ewen said she could also relate to the music in the play as well because it's similar to the style she currently sings.

Que Sera is like a musical, with a cast of roughly six people. They each play about six to eight different characters except for Ewen who only plays Day. Each person performed his or her part extremely well and it did bring you back to the 1950s.

The strange thing about the play was that Doris never sang *Que Sera*. "We couldn't get the rights for the song from the record company," Ewen said.

Que Sera is on at The Artword Theatre. For information call 416-408-2783.

# Do you have a loonie for Popmachine?

One of Humber's own bands are trying to show that the education they paid for wasn't a waste

By Elizabeth Trickett

With various influences and many years of musical training Popmachine is well on their way to something great.

The Humber-based band is using their talents to play around Toronto and get exposure wherever they can. They are even trying to arrange a night at Caps showcasing Humber bands

Although the band has only been together for eight months, they have already recorded a self-titled EP containing five songs and have a show booked at the El Mocambo on, Feb.

Bassist Dan Coniglio said that they are honored to be playing at the El Mocambo, especially on a Friday night. He said that it is hard for bands to get a show at the El Mocambo, where such acts as the Rolling Stones and The Tragically Hip have graced the stage.



COURTESY PHOTO

Jamming: Humber's own Popmachine have a show Friday Feb. 18, at the El Mocambo

They describe their music as new rock/alternative, but it has many different influences.

"Everyone draws on their own personal influences," Coniglio said.

Guitarist Jeremy Kelly said that each member has a very different musical background. Lead singer, Omar Davis is influenced by progressive rock, and it was his interest that got the band together. Popmachine's drummer, Steve Lachance, Coniglio, and Kelly are all music students at Humber's Lakeshore campus.

Last summer the guys got together with Davis, and Popmachine was born. Coniglio and Kelly said that at the time they were deeply interested in jazz, and it shows on their EP. Their use of jazz chord progressions in rock-based songs is refreshing.

"We try to write songs that will appeal to everyone," Coniglio said.

Coniglio and Kelly are confident that their music will catch on fast, and since they are both in their last year of school, they hope it will turn into a career. "We want to be the next Our Lady Peace," Kelly said.

Coniglio said he really wants people to come to their show at the El Mocambo. He said that their fans are mostly music students, but he would like everyone to come out to the show.

At a live show, Coniglio said people can expect an energetic show. Popmachine has been known to climb amps and always have crazy stage antics.

On Feb. 17 Coniglio will be in the cafeteria at the Lakeshore campus selling tickets for Friday's show.

To find out more about Popmachine visit their Web site at www.go.to/popmachine.

# Jazzyfatnastees melt in your ears not in your hands

BY DEREK MALCOLM

Dossessing two of the smoothest and soulfully Pdynamic female voices in hip hop music, the Jazzyfatnastees' debut album The Once and Future, is like a creamy butterscotch candy; waiting to be unwrapped and dissolved on the tongue.

But what makes 'The Jazzies', as they are affectionately known, extra sweet is that they carry themselves as if they have no idea how great they

One part Mercedes Martinez and one part Tracy Moore, the down-to-earth duo moved from L.A. to Philadelphia in 1996 after bonding with innovative hip-hop band, The Roots, one year earlier.

Over the years, their flawless harmonies have lent a hand to a range of artists including Me'Shell Ndegeocello, De La Soul, Outkast, and the very superstitious Stevie Wonder.

Wading through a knee-deep pool of boybands and pretty-pop stars, Martinez and Moore are poised to take on the soul music scene while enjoying the ambiance with the wide eyes of a couple of school kids. Hell, they even got excited talking about their appearance on Open Mike with Mike Bullard last month. "We were actually on the couch and it's like 'oh, this is so cool!," said

So what's with the name you say? Rhyming off the list, it's obvious that they get that question a lot. "It means the jazzy lyrics, the fat harmonies, and the nasty tracks," said Moore. "It's all about the music." And the music on The Once and Future fits the description.

Filled with luscious harmonies, jazzy piano tunes, and sweet bump and grind soul songs, it addresses some very personal issues they've gone through over their seven-year journey together.

Themes of misplaced love, fear, and personal growth ring out along the satin road their album takes you down. Their first single, The Wound, deals with those fears and the issues that keep you from growing Martinez said. "If you look at it, and see it for what it is, you're able to get past it and maybe even use the fear to spur you on to be more," she added.



Duo: Use personal experience for song growth

Moore explains, every song has a personal meaning to each of them.

But a standout song for Moore is the swaying bittersweet ballad, Breakthrough.

"That was like a cleansing song," said Moore, who, in the song, belts out "let me show you what happy could be.'

When explaining the origins of the song, Moore, struggling to get the right words out, pauses and takes a breath -"I was on a bus," she said, finally composed and poised with a confident smile. "I was sitting there...and it was like 'what would I say to you if you were standing in front of me?' And that's what I wrote."

For Martinez, who carries an open-minded approach to dealing with thoughts, emotions, and the world around her, the song, Why holds a special meaning.

"It was about looking back on a relationship ... and noticing how much I've grown," said Martinez, acknowledging the importance both the positive and the negative elements of life have in developing who you are.

"I would never stand for the things I stood for then. I would never take that kind of treatment [now], but I did at the time and why did I even bother? It was so not worth it," said Martinez.

The Jazzyfatnastees as a group have overcome their fears. But for all their extraordinary vocal and songwriting talent, it's refreshing to see two artists with such a modest nature, still be able to express the insecurities that many young performers face along the bumpy road to success. Moore explains that when record labels were deciding to take a chance on the group, she ran the gauntlet of insecurities.

"Am I supposed to be doing this? Is this the right path? What's going on?" said Moore as Martinez jumped in adding, "am I really a singer? What is a real singer anyway?"

Being able to express themselves as artists is of the utmost importance to the Jazzies. With their fears conquered, they co-founded the women in music series known as Blacklily, that gives established and aspiring artists the opportunity to jam with a top-flight band in a supportive atmosphere.

Through their Web site, Blacklily.com, Martinez, Moore, and other artists involved vent their feelings and thoughts through daily posted journals, an aspect Martinez says has garnered some negative reactions.

"Not everyone is always happy or agrees with our opinions or what we write in there," said Martinez. "But this is my opinion and I can't short- change myself by not being honest."

While The Jazzyfatnastees and their groovy tunes are sure to move on to bigger and better things, hopefully their journals will remain as a telescope into their industry and the different things they go through.

And as Blacklily continues to grow, the firmly grounded soul sisters hope to develop the Web site into a "full-on artist and lifestyle webzine," said Martinez. They also plan on taking it overseas, but not before the Jazzyfatnastees do it; the group left for Amsterdam last week, so keep an eye on the Web site for the play-by-play journals, because as they put it, "we're still people too," said Moore, whose counterpart then added, "yeah, we're not just people in the TV box."

### Make your own decision



KITTIE SPIT

ELLIOTT BELKIN

Who would have thought that a group of teenagers still in high school could be filled with as much angst as Kittie display's through their album? The vocals on every song sound like they are whining and throwing a temper tantrum. A perfect example of this is the first song and title track, Spit. The band's saving grace is drummer Mercedes Lander. Her talents hold the songs together and give hope that something good might come out of the rest of the album. Unfortunately it doesn't. The only decent song, Brackish, comes about halfway through the album. Most people listen to an album is to get something out of it. All you get after listening to this album is the feeling that you don't want to stroke this Kittie the wrong



### LOX

WE ARE THE STREETS

MICHAEL STAMOU

LOX combines disturbing lyrics with a great rap beat that keeps you listening even if you don't like the lyrics. like all kinds of music, even rap, but tasteful rap is and rips into every kind of ethnic group. The songs on this CD go from a harder style of rap beat to mellower style. The CD starts with a skit, entitled Fuck You, where the group's members insult every type of person and make jokes about the par-

ents of illegitimate children. The CD has songs entitled: Felony Niggas, Ryde or Die Bitch, Yall Fucked Up Now, and another skit called, Rape'n U Records. If these song titles give you any indication of the content of this CD, and if you like it, then go out, buy



D' ANGELO Voodoo

**NICK JONES** 

D' Angelo's new album Voodoo is a perfect blend of funk, soul, hip-hop all under the umbrella of R&B. His lyrical arrangements are laid over smooth bass lines, soft guitar samples and live percussion. All music and lyrics are written by the man himself delivering a true artistic performance, D' Angelo's music is as naked as his picture on the cover. Voodoo is a raw record that is intensely strong for such a laid back style. Sometimes it feels as if you're listening to a record from the '50s or '60s because of the old school soul flavour.



DJ RAP LEARNING CURVE

**NICK JONES** 

DJ Rap's new album Learning Curve doesn't sound like she's still LOX pushes the boundaries of what learning. If you're expecting her signature Drum'n'Bass you're in for quite a surprise. This album consists of phat beats laced with sweet vocals by the British DJ Learning Curve. It consists of 12 solid tracks that could definitely push her into the mainstream with their Sneaker Pimpish feel.

# T ifestyles

# Leaving on a jet plane

By Mona Patel

ravelling on an airplane can be L a hell of an experience, especially when you're travelling alone to countries on the other side of the world.

Being in the air for more than 24 hours straight can be exhausting. Some people suffer from nausea and headaches that make their journey even more 'enjoyable'. "My experience of travelling by air was not one of my most favourable experiences, memorable, but definitely not favourable," said Hema Morarji, a second-year arts student at York University.

"What can I say, the food is absolutely horrid, [and] the air quality is so bad that you might as well be in a cardboard box. In my opinion, flying is not a pleasurable experience, but rather a punishment before reaching your destined country, like a constant reminder. No pain, no gain!"

#### MAKING THE MOST

But, there are some who swallow the bumps from turbulence and try to make the most of their trip - no matter how uncomfortable the ride.

"I think the best part of travelling by air, especially when you're alone, is the services provided by the flight attendants and mostly the free alcoholic beverages," said Manish Mehta, a fourth-year sciences student at McMaster University.

"I remember when I was coming back to Toronto from India, I saw the Swiss Alps, I was very shocked since I never thought I'd see the mountain tops," he said.

"Good thing I had the window seat. It felt like I was actually walking on the mountaintops when looking down at them from my seat," said Mehta.

Amit Morarji, a Grade 11 stu-Applewood dent at Heights Secondary School, said travelling alone has its benefits.

> "Well, my initial experience travelling

[rewarding]. The options are much more open, and the touring part is more relaxing without any hassles from anyone else," Morarji.

"I also found that when alone, people can take advantage of you, being that you are alone and a foreigner."

Sarah Morrison a flight attendant for Air Canada had some helpful advice.

"Next time you travel on a plane, either alone or in a group, make sure you are ready to be bored out of your mind," she said.

"I could imagine feeling very lonely, if travelling alone, and extremely exhausted after sitting in one spot for a long time," said

### What to bring on board

- Motion sickness medication
- Chewing gum for unplugging your ears when lifting off and
- Some travel games or books to read
- Walkman to listen to some tunes as you look out the window at the beautiful scenery
- · Bring any homework or a lap top if you have one

# Hope in a cold world

A new invention for Toronto's homeless

By Andrew Horan

Tt is a problem that can be seen Lwhile walking down any street in the downtown core.

Toronto's homeless are in crisis and need help battling the cold temperatures that have resulted in several deaths.

Henry Jesionka, a featured installation artist in New York whose talent is taking an environment and converting it into the art piece, came up with an idea called Sheltering.

He thinks it's a short term answer to overcrowded shelters.

Sheltering is a tent constructed out of aluminum bubble wrap that is wrapped around water-proof tarpaulin material. Cardboard triangles are used for support and can be opened in 10

The shelter uses a person's body heat to warm the tent. The shelter can fit one person or a mother and child.

"The involvement of the street people is really critical"

The shelters use \$120 of material and take about two hours to

The idea came to him when he was watching TV and saw a man living in a box.

"I thought 'I can build a better cardboard box' so I set about

The design of the shelter has gone through several changes since Jesionka came up with the



Ready to go: Shelters handed out in Toronto



In the making: Aruna Dey is cutting the material used to build shelters

idea in 1998. The new tents have lips on them with magnetic latches making the tent easier to open and

The new design also makes it possible for the tent to withstand four inches of rainfall without leaking.

Ventilator holes were added after a homeless person told Jesionka the inside of the shelter got moist from their breath.

A lot of Jesionka's design refinements are based on what the homeless have to say.

"The involvement of the street people is really critical in refining the design," he said.

Sheltering is a non-profit project and the tents are given out to homeless people downtown.

Jersionka said they disappear as quickly as he can make them. He gets donations from organ-

izations like the Anglican Diocese's Urban Mission fund. Jesionka has been working with the students at Lakeshore Collegiate since the end of last year when Mary Hayes, a teacher at the school, heard him on CBC radio's Midday program.

contacted She him and said she had volunteers, space and could help raise money.

Hayes thought it was a great opportunity because the provincial government has mandated 40 hours of community service for high school students.

Jesionka said that working on Sheltering makes the 40 hours "easy to meet."

"They actually make one and then they meet the person they're handing it to and they realize they've had a personal impact on someone's comfort," Jesionka said.

In addition to Lakeshore Collegiate, Jersionka is working with students at ten other schools.

"If I can get one individual to take it and run with it then I can walk away from it and go on to the next school."

Melissa Trainer, a Grade 9 student at Lakeshore Collegiate, raised \$560 in donations for the project.

"I always wanted to do something for the homeless," Trainer

Her mother's workplace has casual days for fund raising purposes and the donations for Sheltering were a record breaking

Aruna Dey, a Grade 11 student so became involved with the Sheltering project became aware of it through the student council at the school.

"You can always say you feel sorry for the homeless but not do anything about it," Dey said. "This is a way to do something."



Mmm: Mike Chiong (L) and Allison Magallanes (R) enjoy raspberry and honey-dew bubble

### What's in a name?

Other names for bubble tea:

- bubble drink
- · pearl tea
- bubble pearl tea
- frothy tea
- · pearl iced tea
- tapioca ball drink
- pearl milk tea
- boba ice tea

#### **Make Your Own Iced Bubble Tea**

For a 15-ounce serving

Ingredients:

1 cup of ice (preferably crushed)

1 cup of brewed green or black tea

1 cup of milk

honey, condensed milk or fruit syrup to taste (optional) 1/3 cup of boiled and chilled tapioca pearls.

#### Steps:

- 1. Place pearls in large glass.
- 2. Combine ice, tea, milk and honey/condensed milk/ syrup in a martini shaker. Shake well.
- 3. Pour tea into glass lined with pearls.
- 4. Serve with a thick straw.

# Shaken, not stirred

A delicious alternative to coffee houses

By Soo Kim

For the hip Asian crowd bubble tea is the coolest thirst-quencher in town.

The cocktail is a combination of milk and/or brewed black or green tea with flavoured infusions.

The bubble tea rage began in Taiwan a decade ago. A SOO KIM few years ago, the fad became a hit in Toronto. The tea that's shaken, not stirred, is now a fixture in the city's Asian tea-rooms where it sells for about \$3.50.

The ingredients are merged martini-style with vigorous shaking producing a foamy head - or bubbles.

"I need my bubble fix," says Luisa Benedicto. This public relations student at Humber College drinks the chic beverage twice a week.

The frothy tea can be served hot or ice-cold.

Many tea houses have more than 20 different flavours available including coconut, peanut, starfruit, red-bean, wheatgerm and strawberry.

"I really like the taste of it," says Judith Moon, a business student at Humber.

"My favourite is papaya and taro," said Benedicto.

But many connoisseurs are smitten with the chewy tapioca balls (made of sweet potato flour) that seem to bounce along the bottom of the glass.

These pearl balls come up through fat straws. The sweet jelly makes the drink a candy-treat.

"It's fun," says Helen Tang, a student at Humber's School for the Built Environment.

"You can play around with the pearl balls."

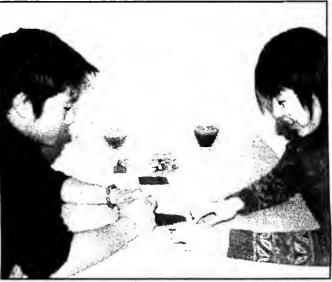
Kenny Chang, part-owner Just Bubbles Mississauga, said it's not just the number of flavours and variety that make it popular with youth.

"We basically promote ourselves as a healthier alternative to coffee," he said

And at Just Bubbles, students are welcome to smoke and just hang out

Chang said it's a nicer atmosphere than a coffee

"It's better than Tim Hortons."



Hangout: Peter Lee (L) and Marie Suzuki (R) sitting in Just Bubbles Café in Mississauga playing cards to pass the time

# On the road, travelling rough terrain

By Anton Yewchyn-Pawczuk

**T**f you own a mountain bike in Toronto, and have nowhere enjoyable to ride it - then you are not alone.

An inherent problem in many big cities is the boredom associated with driving through flat parks and straight pathways.

So do yourself and your mountain bike a favour by packing up and heading out of town.

Amos vanNie, a University of Toronto student, refuses to bike around town.

"Mountain bikes are for recreation, and although jumping stairs and platforms is fun, it's just too risky locking up an expensive bike [in Toronto]."

So vanNie takes the high road to Kingston and rides the trail near Fort Henry and St. Lawrence Park.

Taking his trusty pooch with him, vanNie said the best ride on is the Rideau trail.

He said the 170-km trail that runs from Kingston to Ottawa offers several biking conditions.

"It is different all the way along the trail from gravel to narrow paths."

The Rideau is never anything short of interesting, especially when you are obligated to carry your bike over a farm fence to follow the trail.

Although difficult to navigate, the Rideau trail has sections for beginners and challenges for the pro, especially in the snow.

"The snow tends to hide obstacles, and you'll most likely fall on your ass a couple times," said vanNie.

A little west of Toronto is the South Shore trail around Cootes Paradise in Hamilton.

As you ride along the water's edge, the view of Hamilton's belching steel companies contrasted by nature is rather intriguing.

James Waterfall, a Toronto resident, often rides to Cootes Paradise in Hamilton.

"It's a great trail where you can go all out or take it easy."

The rebel mentality and daredevil attitude is legend but the stories about their escapades are always interesting.

Biking is not always a graceful sport. Even a pro takes a few spills. "I remember one time when I

Take that precious piece of metal and treat it horribly

wiped out and winded myself. My friend turned around and just laughed," said Waterfall.

Although a wipe out is embarrassing to mountain bikers, the old saying "what goes around comes around" definitely applies to his experience.

"So five minutes later when I'm back riding again, I see this streak of bright clothing go crashing through the trees and into the

water. Then it was my turn to laugh as my friend fished himself and his bike out of the swamp."

VanNie has taken his younger brother Isaac under his wing and has helped him develop his skills.

The two brothers often head up to Hamilton to carry on the family biking tradition.

riding," said vanNie.

Permission to ride doesn't seem to be an important issue to most rebel bikers.

Neither does wearing helmets.

"Helmets are completely useless on trails because you almost never fall on your head," he said.

"You'll scrape yourself, but it is "The Bruce Trail around not like getting hit by a car and McMaster University is great for landing on your head," said vanNie.

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# Health

# Healthy sexuality week starts with Sue Johanson

The sex know-all pays Humber another visit

By Erin Henderson

Humber College's North campus student centre filled on Valentine's Day as students waited to help SAC welcome back the Sunday night sex diva, Sue Johanson.

The so-called "Sex Lady" talked for more than two hours, clearing up confusing issues like masturbation, genital piercing, "bum" sex, and the mysterious G-spot.

Students had the opportunity to ask Johanson their own questions by filling out anonymous

This event was possibly the most successful sex show Humber has had so far.

"It's a bigger turn out. Last year I guess we didn't have the chair set up in this way, so people were just milling about. This year we decided to actually set it up like a guest speaker and it looks like there's a lot more people than last year," said Chuck Decker, SAC vice president.

Students helped themselves to free condoms, sexual information and chocolates as part of Healthy Sexuality Day, where Humber's health centre and pharmaceutical companies displayed their wears.

"We learned about the female

condom and took some free samples," said second-year computer engineering student Alyssia Chirsop.

Johanson applauded Humber's efforts in sex education and praised the health facilities the college offers.

Johanson has travelled across Canada educating college and university students about sex, and although she criticizes the sex education high school students receive, she says Canada is more advanced in our knowledge of health and sex education than the United States, where she "won't even go."

Johanson began her career in 1975 when she started a sexual clinic for young people, and began teaching sex education in the '80s.

"Learning about sex and it is probably the hardest thing you will ever do," Johanson said.

Johanson gave a brief history of how males and females teach themselves about sex and masturbation. She said that men surpass women by "light-years" in knowledge of how to pleasure themselves, and that women have to take the responsibility of orgasming into their own hands.

"For satisfaction, masturbation's got [intercourse] beat, hands down," she said.

Johanson clarified the mysteries of the female genitalia by outlining exactly what was located where and what each part is responsible for.

"Eighty-seven per cent of females reach orgasm through clitoral stimulation," Johanson said.

"The clitoris is amazing. The clitoris has twice as many nerve endings in that little organ than the penis... the clitoris doubles in size when she's... horny."

Besides being brutally frank and very blunt with the students, Johanson appealed to them on a softer note. She urged students to use the health centre for any sexual health matters concerning them and reminded students that pregnancy and STD testing as well as the morning-after pill and contraceptives are all available at the health centre for minimal

Johanson was quick to say that she would rather see young people hang on to their virginity until they know a little more about the subject, but also acknowledges young people today know more about sex than ever before.

"They are so open. They've got the questions, and they want answers. They look things up. Now fortunately the Internet is there, they get a lot of information, but they get a lot of misinformation from the Internet, and that scares me," said Johanson.

Johanson said she'll keep doing her job until she no longer loves it, but that won't be anytime



Sue Johanson: Lectures Humber students on healthy sexual practises

soon. She said sex is a wonderful thing and will keep teaching it for a long time.

"As far as I'm concerned, it's a chances."

gift from God. But you've gotta know about it before you do it, 'cause it's foolish to take

### on't worry – You're not alone Not having sex?

Many people still wait for marriage

By Gillian Girodat

rany college experiences fuelled by relationships portrayed in Beverly Hills 90210, Felicity, and a barrage of movies. And, as Irene Bond, a nurse with Humber's Health Centre says, it is a misrepresentation that promotes the casualness of sex.

"In media, there is the misconception that sex relationships equal relationships," Bond said. "This media pressure is a big factor."

So while the aim of SAC's Healthy Sexuality Day on Monday was to realistically address the issues of sex that college students face, some people are concerned that the message being presented is one-sided.

"It's all about safe sex, safe sex. What about no sex, no sex?" said first-year student Amy Tedford.

The 19-year-old public relations student believes that abstaining from sex before marriage is an under-promoted way of birth control that, put into practice, could solve a lot of problems.

complicated," Tedford said. "STDs, babies born out of wedlock, no fathers, broken homes."

However, according to Bond, opinions like this among college students are rare.

"I think of abstinence as a little boat," says Bond, "and then

there is a huge cruise ship of sexually active people."

Bond says the Health Centre or Healthy Sexuality Day does not under promote abstinence, but that they respond proportionately to the interests of the students.

"It's all about safe sex, safe sex. What about no sex, no sex?"

"And when abstinence is "Sex before marriage is too brought up, the response is usually 'yeah, right,' like it's almost a joke," said Bond.

> Nursing student Amanda denBocr agrees with Bond, saying that the average college student accepts the casualness of

"There is the opinion that sex

is just something to do," denBoer said.

"They see sex as an experience rather than something to share between people."

These opinions exist despite the facts. A study from Wyeth-Ayerst Canada, a women's health care institute, shows that birth control such as the pill or condom have 90 to 98 per cent success rates.

"Sometimes condoms break. Sometimes pills don't work," Tedford said. "The only 100 per cent thing is no sex before marriage."

With statistics like that, Bond says the nurses and doctors at the Health Centre will suggest abstinence to the students, but they also want to offer their patients the best and most complete information.

"For some people, abstinence is great and they will be able to stick to that option," Bond said. "But for others, I really want them to be prepared."

But denBoer doesn't readily accept the idea that the decision to become sexually active is related to the college lifestyle.

"College lifestyle isn't the pressure," denBoer said. "It's the individual or the situation. It's a personal choice according to your own lifestyle."

Tedford also believes the sex/college correlation doesn't hold much power over students.

"I think drinking and partying are more of a preconceived notion than sex and I don't find that it's hard to live in the environment - I don't judge anyone and I don't think they judge me," said Tedford.

# Walk the halls at Humber and get fit at the same time

Take a break from sitting and take a walk

By Dave Elia

Staff and faculty are joining together this semester to get in shape for the new year by speed walking through the hallways of Humber.

The Fitness Centre's newest program is a spin off of mall walking that has become popular over the last few years.

Put together by fitness co-ordinator Leanne Henwood, the hall walkers are a group of 30 people looking to tone up, lose weight and have more energy. More staff and faculty are welcome, just meet at the Athletic Control Desk every Tuesday and Thursday at 12:10 p.m.

"It's a way to get people up and moving from their desk. I know people like walking – the response has been overwhelming," Henwood said.

The group usually heads to the second floor of the D-wing, winding its way through hallways,

upstairs and down, but always avoiding the groups of students.

Trish Wellendaire of the records department at Humber says it's a good way to lose a few pounds and socialize with coworkers, but she says she does it mainly just to have fun.

"Everybody needs endurance excerise at least four to seven days a week"

"I'm just walking off the stress. I'm keeping up, but nobody told me we were going up and down stairs," Wellendaire said.

The program also offers incentives and prizes. Participants can win one of 10 pedometres (which clock the distance you walk) by showing up for 15 sessions between February and the end of the April. The fitness centre will also take before-and-after pictures to prove that exercise does work.

"It just feels wonderful," said Noreen Moran, receptionist for the liberal arts department.

"This is my third time so far -I

hope I can lose some weight."

Health Canada says 60 per cent of older adults are inactive. That's why it funds non-profit organizations such as the Active Living Coalition for Older Adults (ALCOA) to counter these stats and warn younger generations to get active.

"Hall walking is great because it doesn't need a special skill or requirement and it's low impact," said Diana Dampier the National Co-ordinator of ALCOA.

"Everybody needs endurance exercise [such as walking] at least four to seven days a week."

Dampier agrees that regular exercise can relieve stress, give you more energy and an improved quality of life. Inactivity can lead to a decline in strength of the bones, muscles, heart and lungs.

More information on how you can stay fit can be found in Health Canada's Physical Activity Guide. Go to www.paguide.com or call 1-888-334-9769 to order.

"[The guide] is equivalent to Canada's Food Guide. It's developing the standard for active living adults," Dampier said.



DEBUGAL CREATURA

Genetically modified food: Can you tell if your food was altered?

# The food you eat may not be pure

By Deborah Creatura

About 60 per cent of all processed food in Canadian grocery stores contains genetically modified ingredients but the label may not tell you that.

At a recent forum at the St. Lawrence Centre, hundreds of people gathered to talk about genetically modified (GM) foods, foods that have their genetic makeup changed through gene transfer.

The debate erupted in full force as the public was given the opportunity to ask questions of a panel of experts on each side of the GM food debate.

Not only were there shouts of 'Go Organic' and 'Only Nature' but also questions that ranged from how to know if something is genetically modified to what environmental impact GM foods may have.

"If you don't know what you are eating you don't have a choice"

What consumers know about genetically modified food varies and largely depends on from which side of the debate information is received. It was clear from the debate that consumers want factual information on genetically modified foods and this is why the labeling of GM foods is so important

The controversy about genetically modified foods or what have been dubbed 'Frankenfoods' recently came to a head at a con-

vention in Montreal on international regulations in regards to the labeling of GM foods.

Bart Bilmer, a Biotechnology Officer with the Canadian Food Inspection Agency said, "at a typical grocery store, out of 10,000 items, 7,500 would contain corn which has been genetically modified. That would mean that 60 to 80 per cent of food would have to be labelled," he said.

Currently, the labelling of GM foods is on a voluntary basis, which did not sit well with attendants at the forum and some panel members.

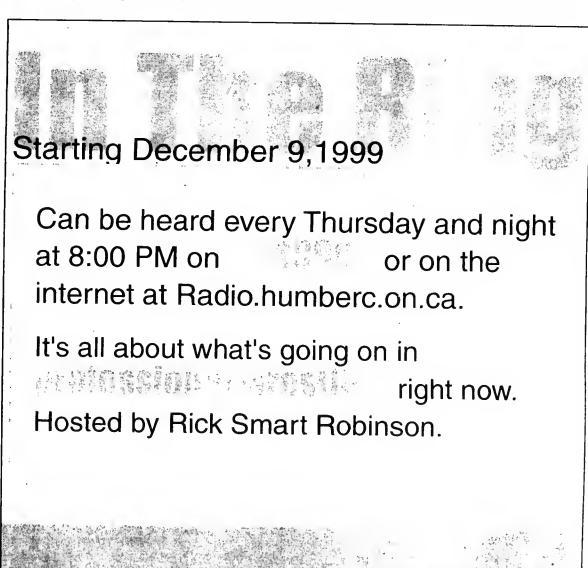
"If you don't know what you are eating you don't have a choice," said Professor Edwin Daniel, a specialist in toxicology and pharmacology

The concern about GM products which are not labeled is two-fold.

Primarily, the fear is that people with allergies may be in danger, should they come in contact with food they are allergic to unknowingly. And, consumers want the opportunity to choose what they are eating.

"Food is about health and our relationship with food is closest to nature – we are putting nature in our mouths everyday," said Rod MacRae, a food policy consultant and co-author of Real Food for a Change.

Concerns and questions continued and spilled into the corridor even after the forum ended. What seemed to be the last thought throughout the crowd was, why did it take so long for us to realize what we have been eating?



# Bust Plus herbal alternative to breast implants

By Erin Henderson

The natural supplement industry 1 is booming, offering remedies for everything from depression to weight loss. Now the solution to having bigger, fuller breasts may be within the public's clutches.

Pow Products is a recently born Canadian natural supplements company that began in February 1999.

Once involved with a variety of supplements, Pow has since scaled down to three, one of which is Bust Plus, a natural remedy to enlarge and firm, small or sagging breasts.

The product can be used by anyone seeking fuller and firmer breasts, said Suzanne Freeman, the company's marketing manager.

"It's just maximizing your full potential. So if you aren't able to become a double D by going on this product," said Freeman.



ERIN HENDERSON

Bust Plus: Makers of the pills say it can help the not-so-well-endowed

The product is a blend of 10 different herbal extracts ranging from blessed thistle to dandelion root to wild yam.

Originally it was intended to be a hormone balancing remedy, but the creator found one of its more obvious side effects was breast enhancement.

"It stimulates the growth facincreases breast size by increasing breast tissue, so that's exactly tical," said Kelly.

how it works," said Freeman. Mary-Ellen Kelly, a naturopath doctor with Absolute Health on Bloor Street in Toronto, said she wonders about the safety of Bust Plus.

"The body obviously has its natural cycle for a reason, and if you're increasing that sort of tissue, what other tissue are you become a double D, you won't tor in the body and in turn it also increasing that may go against health? I would be skep-

Marty Begin, a naturopath doctor in Toronto said he has doubts on how Bust Plus works.

"I would say that this formula might help balance your hormones a bit, it might help your period go smoother, it would help your PMS - you might feel psychologically more relaxed and it might help your bowels move easier. [But] in terms of giving you bigger breasts, I doubt it," said Begin.

Bust Plus can be taken in either capsule or liquid form, although Pow Products recommends the liquid because it is absorbed in the system more readily.

Half a teaspoon of the liquid is taken both morning and night, or if the client prefers, four pills in the morning and again at night is the advised dosage.

"We recommend three, six, and nine-month programs," said Freeman, adding that you have to be on the product anywhere from three to nine months to see

and get lasting results."

The cost of Bust Plus is \$79.95 for one month, right up to \$540 for a nine-month supply.

One ingredient that Begin said he is concerned with is Senna. Senna is used primarily as a laxative, and if taken in high doses can become addictive. Begin said the bowels have a tendency to rely on Senna after awhile in order to function properly.

"Breast tissue is very sensitive, so you have to be very careful with what you're stimulating the breast tissue with," said Kelly.

Pow Products said Bust Plus is entirely natural and synthetic

"There's no adverse side effects that we know of," said Freeman. "The extracts have been around for centuries."

Freeman said clients do see results and that the company stands behind their product with a 60-day money-back guarantee.

# ote on the HSF Constitution

at the CSA Special Meeting
March 6 in the Student Centre, North Campus

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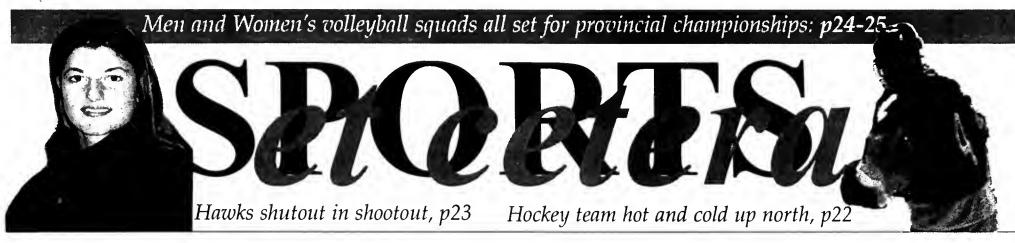
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Get a copy of the proposed **HSF** Constitution at the SAC Office or on the SAC Web site: www.sac.humberc.on.ca/



# Humber mows down Mohawk

Latendresse leads team in avenging earlier loss

By Susan Wilson

With revenge on the minds of Humber's women's basketball team, the Mohawk Mountaineers became the team's latest victim falling 98-73 to the Hawks on Feb. 9.

Avenging an early season loss to the Mountaineers which left Humber with their only blemish in the win/loss column so far this season, Humber scored early and often and sent Mohawk home with their tails between their legs.

In what became a very fast paced game the Hawks proved that they may have all the pieces to possibly build a championship puzzle.

With the score tied at two apiece early on, Humber exploded and scored 14 unanswered points leaving the Mountaineers with a huge up-hill climb.

"We had a good offensive game but our defence still needs some work especially with two tough games coming up"

That lead would soon prove to be insurmountable for Mohawk as Humber continued to pour it on offensively leaving the Mountaineers on the outside looking in.

Head coach Jim Henderson couldn't help but be happy with his team's performance, but he knows that there are certain areas of the game which the Hawks have to improve on if they want to contend in the playoffs.

"Overall offensively it was a good game but for us to allow them to score 41 points in the second half we know we have to step it up on defence heading into the playoffs," he said.

Even with the score at 55-32 at the half in favour of the Hawks, Mohawk never gave up. The second half became a balanced game with the two teams continually exchanging baskets and neither team went on any extended scoring runs.

Humber's backcourt of Elaine Morrison and Tara Lee Reddick were a dangerous duo from downtown where the two teammates combined for 12 points from beyond the three-point arc.

The Hawks were also aided by the strong offensive showing of allstar Beth Latendresse who led all scorers with 33 points.

"We had a good offensive game but our defence still needs some work especially with two tough games coming up," said Latendresse who finds herself leading the OCAA in scoring.

Once again Humber was deadly from the free-throw line where they converted 24 of 29 free throws which is an area of the their game that is continually improving.

Mohawk felt confident coming into this game having defeated Humber on Nov. 9, by the score of 65-56 but they quickly learned that the Hawks don't take losing well. Marlene Cabral, the leading scorer for the Mountaineers with 17 points, was impressed with Humber's play and thinks her team's loss may have been due to a

slow start

"We got down early in the game and dug a hole we couldn't get ourselves out of. We had too many mistakes at the start of the game and we were never able to recover," she said.

Along with Latendresse the Hawks had three other players in double figures. Brenda Chambers scored 17 points, Elaine Morrison scored 15 points and Lindsay Higgs added 13 points.

Hawks guard Denise Marshall saw a lot of positives come out of this win for Humber and she has noticed steady improvements in the Hawks' play as the season has progressed.

"In this game I thought we communicated a lot better than any other game and we've realized what we need to do to win and how to push the ball offensively. We just have to make some adjustments on defence," she said.

Humber squares off against the Fanshawe Falcons tonight at home at 6 p.m. where they hope to extend their 11 game unbeaten streak. The Hawks then take their show on the road when they face-off against the Seneca Sting in their regular season finale on Feb. 22.



half became a balanced game with The chase: Lindsay Higgs keeps her eye on a teammate as the Hawks make the transition to offence last week against Mohawk College

# Hockey team splits two up north

Long road trip starts off with an offensive explosion but ends in a tough loss

BY SCOTT VAN SLYKE

The Hawks brought their bag of I tricks with them on their two game northern road trip by putting on a magic show against Sault College 8-4 and then disappearing in a loss to Cambrian College 6-4.

Against the Sault last Friday the Hawks opened up from their defensive style to post their highest offensive output of the season. After leaving the ice tied 3-3 after the first period, Humber regrouped and pretty much did what they wanted to the Sault the rest of the game.

#### "MAGIC" WAND

Terry Gilmer played solid in net for the Hawks to earn his first victory of the season. Humber captain Rich Wand whose nickname is "Magic", lead the way with five points (two goals, three assists) while Eric Hobor had two goals and Rob Perkovic, Jamie Visser, Chris McFadven and Jamie Charlton all had singles in the Hawks' 8-4 rout.

Sault coach John Becanic summed up his team's play after the game.

"We had a five on three power play in the second period that would have put us right back in it but Humber fizzled our candle." Becanic said. "And your number four (Rich Wand) was just awesome tonight. He was 75 per cent of the reason for Humber's victory," Becanic added.

Ever modest, Captain Rich Wand was happy with his team's

"It's nice to be recognized, but if he credits me, it's just a compliment to my team. [It seemed like] the ref was kind of trying to let Sault back in the game, so it was a big win for us," Wand said.

The last time these two teams hooked at Humber the game was a war. The expected pyrotechnics never materialized during this game but the refereeing during the game was brutal, at best. The Hawks had to kill off at least ten more Sault power plays than they received.

At one point the Hawks were so short at forward due to penalties, injuries and other factors that Humber coach Joe Washkurak had to put out three defencemen on a forward line.

After the game Hawks' assistant coach Lenn Spratt tried to speak with the referee and was assessed with several gross misconduct penalties, including a 'travesty of the game' infraction. The Hawks coaching staff would not comment on the misconduct that Spratt received saying only that they will wait until the OCAA makes a decision on the case. Spratt is suspended indefinitely from being on the bench during Hawks' games until a ruling is made.

"It's nice to get back on my game but as a team we came out flat. There is no excuse for the way we played"

After clinching a playoff spot and gaining at least a share of the lead atop the OCAA standings the Hawks traveled to Sudbury on Saturday to take on Cambrian. The Golden Shield, last year's defending provincial champions, are desperately fighting just to make the playoffs and their play in the game reflected their situation.

Cambrian, who play on an Olympic size ice surface, took full advantage of being at home, as they out skated and outplayed the Hawks in hammering out a 6-4 win. Cambrian got on the board first when the Hawks failed to clear their own zone and Cambrian forward Chris Campbell beat Hawks' goalie Duane Crocker from the slot to make 1-0. The Hawks' Jamie Charlton tied the game 1-1 while forechecking deep in Cambrian's end. He intercepted a pass and without stopping spun and fired a wicked shot into the top corner behind Cambrian goalie Jason Maslakow.

It was all Cambrian after that as the Golden Shield kept the Hawks pinned in their end for most of the game. They were able to limit Humber's scoring opportunities until late in the game. The Hawks suffered a huge loss when defenceman Marc Hobor was slashed on the forearm during the second period and left the game. No call was made on the play and Hobor was taken to hospital, diagnosed with a deep bone bruise. He is questionable for this Saturday's game against Seneca.

#### HAWKS COFFIN

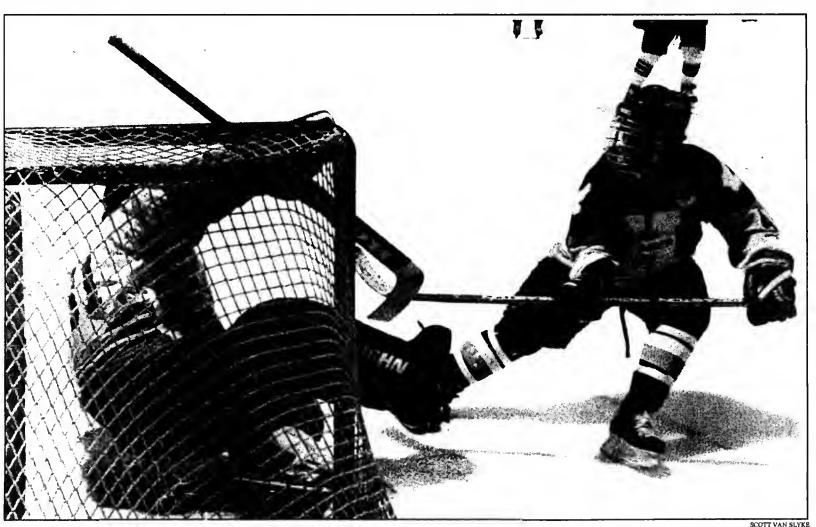
Cambrian continued to pour it on, scoring two in the second and adding another early in the third period to put them up 5-1 before the Hawks were able to make a game of

it. Rich Wand scored with seven minutes left to bring the Hawks to within three but Cambrian forward Darryl Skworchinski scored to make it 6-2, putting a nail in the Hawks' coffin. Eric Hobor and Colin Gillespie added singles but it was a case of too little too late. Cambrian coach Doug Bonhomme was satisfied but not overly thrilled with his team's performance.

"It seems like we can't stand prosperity," Bonhomme said. "We played very well and let them back in it in the third. We know we what we have to do [to make the playoffs] so now we just have to play well and do it," Bonhomme said.

Humber forward Jamie Charlton who had a goal and assist in the game was disappointed with the loss.

"It's nice to get back on my game [with a two points] but as a team we came out too flat. There is no excuse for the way we played. We didn't use the glass well in this big rink and we didn't play well as a team," Charlton said. With the split the Hawks are now in first by one point over Sir Sandford Flemming College. Their next game is at home at Westwood arena against the Seneca Sting, Saturday at 7:30 p.m.



SCOTT VAN SLYKE

Magic: Hawk captain Rich Wand is stymied on this play but would get his revenge as Humber clinched at least second place in the OCAA

February 17, 2000



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# Men's indoor soccer team gets socked in year's first tourney

Soccer squad never gets on track

By Frank Monaco

It took only one loss for the Humber Hawks men's soccer squad to be ousted from the 7th Annual George Brown indoor soccer tournament.

The unforgiving round robin tournament consisted of 25-minute halves with only the winners of the two pools proceeding into the final match.

The Hawks drew into pool B with the Centennial Colts, Ryerson Rams, Conestoga Condors, and George Brown Alumni.

Humber's first match against the Centennial Colts proved to be an easy ride. After numerous scoring chances rookie mid-fielder Mehmed Mehmedoglu opened the scoring on his first shift with a dynamite strike from the penalty area. Midfielder, Hugo Lopes made it 2-0 for Humber with the help of defender Jason Mesa and forward Daniel Gazzellone, making a nifty 1-2 pass to beat the Colt defence.

At 12:50, it became 3-0 Humber when Midfielder, Luigi Landauro took a pass from forward Nathaniel Singleton and scored from a left footed shot that banked in off the inside of the post. The Hawks won the game 4-0 as Mike Silva looked sharp in net earning the shut out.

Ryerson was next on the Humber hit-list. The game was a rough, chippy affair, with the referee calling several fouls plus two minor penalties to both teams.

Seven minutes into the contest the Rams surprised their college foes with the first goal of the game against alternate goalie Vito Capone. The Hawks' strategy was to play aggressive, taking the play to their opponents. Defender Jeff Tait evened the count when he scored via a corner kick. However, just 13 seconds later, Ryerson answered back, deflating the Hawks' charge.

The Rams would put it away bouncing one in off the leg of Midfielder Marko Milicevic, giving them 3-2 victory.

"It was just one of those flat games. They were a very physical, very dirty team and with bad refereeing it was tough for us to play the ball on the ground and pass the way we are used to," Humber head coach Germain Sanchez said.

Midfielder Arturo Alava added the Hawks may have been over confident having trounced Ryerson 3-0 at the 2000 Admiral Cup tournament last month.

"I think we got a little cocky against Ryerson. We started playing their game. We started to dump and chase. When we saw ourselves down a goal, we panicked," Alava said.

As for his roster moves, coach Sanchez had an explanation for keeping the veteran Singleton on the bench until later in the game and starting Vito Capone instead of Mike Silva.

"We played a couple of sub players in very important positions including goal just to give everyone a chance to play. They came here early in the morning and they stay here all day, so I have to give everyone a chance," he added.

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Pursuit: Hawk Daniel Gazzellone chasing after the ball at George Brown

Three hours later, the Hawks dominated the Conestoga Condors. They used a combination of nifty passing and great fore-checking to win 5-0.

Humber's next match was scheduled for 6:30 p.m. but all the Hawk players attended the game between Ryerson and the Conestoga Condors. If the Rams tied or lost, the Hawks would advance to the finals. A Ryerson win meant Humber would finish no higher than second place, resulting in an early exit from the tournament.

Conestoga provided some hope for their unexpected cheering section when they scored the first goal of the contest. However, Ryerson tied the game on a two on one rush changing Humber's cheers to groans of disappointment when Ryerson went on to win 3-1 ending the Hawks' hopes.

In a meaningless game Humber played the George Brown alumni to a 4-4 draw.

Ryerson went on to become tournament champions, beating Waterloo 3-1 in the final.

"I am not a playmaker"

It was obvious Humber was visibly disappointed with their showing in the tournament.

Nathaniel Singleton who is vocal on and off the field showed concern for the attitude and pride in the Humber soccer program.

"The truth is when it comes to playing soccer at Humber College, both old players and new need to understand that we have a heritage of playing good soccer. It's a reputation year after year. With the caliber we have on this team, it's not acceptable. I am not saying that we should blow-out every team but you have to [give]100 per cent."

Singleton is known for his tenacity and goal scoring ability but not his playmaking skills.

"I am not a playmaker. I'll be the first to admit that. Everyone knew what their role was. So, if I can personally take the time to attempt to get better at my game why can't everyone else do it?" Singleton asked. "If they are going to play soccer, play soccer seriously don't take it as a joke."

"I am not saying everyone takes it as a joke nor am I pointing the finger at anybody. I am simply saying that when it comes to playing soccer at Humber we have a reputation and as players [we] must uphold that reputation," Singleton



I gotcha: A Hawk keeps a close eye on an opponent last Saturday

# Women get the boot in final

By JOHN MAIDA

After a two month hiatus Humber's women's soccer team returned to action on Feb. 12, taking part in the 5th annual George Brown women's indoor soccer tournament.

The Hawks placed an impressive second in the tournament, which was held at the Scarborough Soccer Centre, bowing out to the George Brown Alumni squad in a sudden death shootout in the finals. The teams battled for 30 minutes with the end result being was a 1-1 draw.

After a scoreless five minute overtime period they went to the shootout. Instead of having 5 shooters per squad, tournament organizers decided to have only one shooter per team because of time restraints. The George Brown Alumni shot first and they scored. It was up to co-captain and all-star mid-fielder Adriana Cataldo to keep her team alive. Unfortunately, she shot wide left and the Hawks lost the game.

Cataldo was disappointed following the loss, but more so because of how they lost. "We were all really tired. It got to the point where we couldn't run anymore. It was our fifth game of the day, so the fatigue kicked in," Cataldo said.

"We should have played another overtime period instead of the shootout. I didn't find out that I was the one picked to shoot until the time came," added Cataldo.

Hawks' co-coach Vince Pileggi was pleased with the entire performance of the team even though the results were not in Humber's favour.

"I think we played extremely well considering we played five games in one day. Fatigue does set in, and what happens in the end, is that necessarily not the best skilled

team wins, but the team that is most fit and has more endurance," Pileggi said. "We can use this tournament as a stepping stone to get prepared for the Ontario championships in March. This is one reason why we compete in a tournament like this, because it motivates us and it also gives us more of a physical and psychological edge," Pileggi said.

#### ROUND ROBIN

The tournament featured teams from George Brown, Redeemer, St. Lawrence, Niagara, Centennial, Conestoga, Ryerson University, and the University of Waterloo,

The teams were divided into two pools, and the team with the best record in both divisions met each other in the finals.

Humber went undefeated in the round robin and did not surrender a single goal. The Hawks tallied 14 times in the five games they played. Cataldo, along with forwards Filomena Aprile and rookie phenom Joanna Vitale each had three goals in the tournament. The defence pairing of Sandra Troiani and Claudia Marmo proved to be solid throughout the tournament.

The Hawks squad also featured three new additions. Defender Susan Wilson, goalkeeper Tia Trombetta, and forward Lucia Sinisi. All three played extremely well in the tournament, the first of the indoor season.

"I think our new players will definitely have a huge impact on this team," said Cataldo. "They showed during the tournament that they can play."

Hawks co-coach Mauro Ongaro agrees. "They played well and they're going to fit in nice with this team. They will turn out to be excellent additions to the roster," Ongaro added.



MELISSA MOHAUP

Crunch: A Toronto Rock tries to avoid being plastered by a Knighthawk

### Rock edge Rochester Knighthawks at MLG

By Melissa Mohaupt

R evenge is sweet for the Toronto Rock, especially in front of the hometown crowd.

After suffering a bitter loss to Rochester in the first stop of a home and home series, the Rock squeaked by the Knighthawks 11-10. The victory keeps their home game winning streak alive at tengames.

Rock head coach, Les Bartley, felt that although this game was a hard test for his team, it was not an unusual situation. "We haven't won by a lot of goals, and it doesn't matter who it is, it's a one goal, two goal game. It doesn't look like that's gonna change for us, we're gonna grind it out with everybody," Bartley said.

"The crowd was a big part of the roll that we went on"

In front of more than 13,000 lacrosse enthusiasts, the Rock squad came flying out of the starting gate. Dan Stroup and Kaleb Toth combined for three goals in just three minutes of play.

The score was 6-2 for Toronto after the first quarter, but the Knighthawks clawed their way back to tic the game at ten in the fourth quarter. Rock goalie Bob Watson shut the door from there.

The entire fourth quarter was a nail-biter, as both teams relentlessly fired shots at the goalies. With three minutes left in regulation time, a booming chant of "Go Rock Go" filled the Gardens. The inspiration took effect as Chris Gill caught a pass from Russ Heard and whipped it over the goalie's head for his fourth goal of the game to clinch the victory.

Rock captain Jim Veltman

explained how much fan support can really affect a team's performance. "In the fourth quarter, when they started [cheering] and we scored on that - that was amazing. That kind of stuff just gets you electrified again. Then you start looking at the coach, saying 'put me on. I want to get on because I want to be part of this excitement,' Veltman added. In the beginning of the game, the crowd was a big part of the roll that we went on. Guys get excited. When you get excited, you get adrenaline. When you get adrenaline, you can do extraordinary things," he said.

Dan Stroup agreed with his captain's assessment of the crowd, but in fewer words. "Jeez, they're loud," Stroup said.

#### PHYSICAL AFFAIR

There were a few scuffles and pileups during the match, and it proved to be a very physical affair. In the third quarter, Gill took a hard hit and slammed into the Rochester net. He fell to the floor, bleeding from the right calf. The coach then decided that his team needed to slow down the pace.

"[Chris Gill] takes a pounding out there. [He] and Colin Doyle both took a beating tonight from [Knighthawk defenceman] Regy Thorpe, out there. Sometimes you've got to sit there and take an extra breath, get the trainer out and slow things down a little bit," Bartley said.

Even though he was sporting fresh stitches in the locker room after the game, Gill was again pleased with his team's efforts. "If our defence and our goaltending keep playing the way they are, the offence is so easy," Gill said.

Gill was also named MVP for the second home game in a row. The Rock host Buffalo on Feb. 26.

# Sheridan Bruins no match for men's v-ball squad

Tim and his teammates gear up for provincials

By Paul Ferguson

On a emotional night, with numerous subplots, Humber's men's volleyball team turned in an overpowering performance with a straight set victory over the Sheridan Bruins.

Thursday night's match marked the end of the regular season for the Hawks. It also was the last time for seniors Matt Tim, Dylan McCue, Derek Young and Dan Solomons to play in front of loyal Hawk fans at Humber.

All four Hawks were making their final regular season appearance for Humber and were honoured in a small ceremony before the match.

As for the actual match, the Hawk's needed a good performance to restore their shaken confidence heading into the Ontario Championships Feb. 17-19, in Belleville.

An explosive offensive performance from Matt Tim gave fans something to remember. Tim's 19 kills almost matched the entire Bruin team who combined for only 24 kills as a team.

An emotional Tim was happy

with his final appearance on home court.

"Everyone was in high spirits because it was graduation night and the last game, everyone was ready to go and now we need to carry on like this for the Ontario Championships," Tim said.

The Hawks had their way with the Bruins in the first set. Jon Chapman put on a hitting display that couldn't be matched by the opposition as they went on to an easy set victory 25-19.

In the second set, the Hawks began to operate as a cohesive unit. Setter Derek Young worked all three offensive positions and exposed Sheridan's weaknesses with a couple of impressive tips to open areas of the court. The Hawks simply outclassed the Bruins and won 25-17.

"The guys have been a little down lately just because of the losses"

Feeling confident and perhaps a little sentimental, the Humber players enjoyed their final set of the year on home court. With rolled up sleeves, and a little showboating the Hawks gave the final set an exhibition type of feel. Jump serves from almost all players were attempted, and an impressive performance from Dylan McCue out of

the middle ensured a third set win of 25-16.

"When we have fun we win. When we're are out there jumping around being stupid it's a lot of fun, it makes for a lighter attitude. When you do that it doesn't put much pressure on the guys when they make mistakes," McCue said.

Hawk's coach Wayne Wilkins was also pleased with the win.

"The game was good because the guys were ready. The guys have been a little down lately just because of the losses. We're not a team that is used to having two or three losses in a season. The guys understood we had to loosen up," Wilkens said.

As for the opposition, head coach Adrian Saney knew his team didn't stand much of a chance. This is only the second year since the Bruins rejoined the league and he knows it will take a couple years to build a winning program.

"I think we're going to have a really good team in the future. I think this team has done well considering where we started, and hopefully we will be in the provincials next year," said Saney.

The Hawks travelled to Loyalist College for the Ontario Championships yesterday. They will play matches Thursday thru Saturday, seeking provincial bragging rights and a coveted birth at the National Championships in Grande Prairie Alberta.

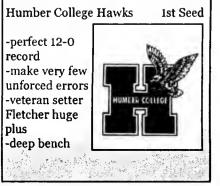


Get set: Jon Chapman, Carter Walls and teammates prepare to go on a net offensive in a recent match

# OCAA Provincial Volleyball Championships Preview

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Algonquin Thunder 2nd Seed

-defence big
strength
-strong serving
team
-three injured
starters

well rounded

offence

-one of the deepest teams in the OCAA -number one strength is ability to play as a team -power Kelli
Toner player to watch

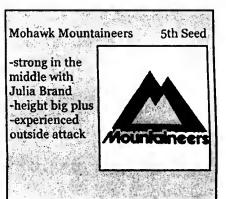
Durham Lords

-defending
OCAA champs
-great digging
team
-power
Jennette
Weisshaupt
hobbled by sore
back

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only six players on team
-balanced attack
-three of six are rookies
-lead by
Captain
Lindsey Turner

-head coach
Brendan
Bennett in
seventh year
-very tight knit
group
-Claire Bramma
top power

-young team
-big goal was to reach OC's
-taking a David vs. Goliath approach playing big college team

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Loyalist Lancers

-hosting the OCAA men's volleyball championship this week -should be a favourite in front home crowd

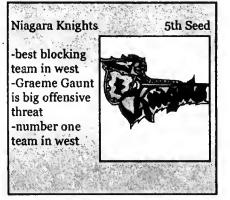
very strong blocking -over 200 stuff blocks -Right side Devin Blakeley is their main guy

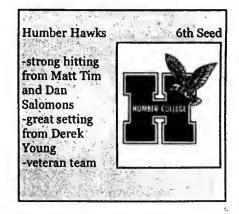
Cambrian Golden Shield 4th Seed

-roller coaster year
-team becoming more united
-middle
Brendan
Hamilton a rising star

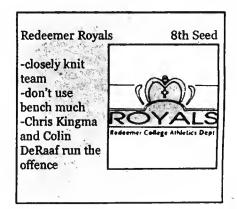
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# Men's b-ball squad fine tuning

Hawk playoff picture becoming clearer

By Michael Stamou

The men's basketball team dis-L played their dominance in college ball by beating two central region teams over the last week. The Hawks took the sting out of Seneca on Feb. 9 and trampled the Centennial Colts this past Tuesday.

The game against Seneca was all Humber from the start as the Hawks went on a ten-to-two run before the game was even five minutes old. The Hawks were putting on a clinic forcing the Sting to turn the ball over, and applying pressure to the lethargic Seneca defence.

With five minutes to go in the half, Humber was up by15 point and were controlling the tempo of the game

The Hawks coaching staff were pleased with what they saw, especially with the provincial championships two weeks away.

"We played well we just played really bad defence"

"I think we got off to a really good start. We did a lot of the things that we wanted to do. We let up a little bit at the end of the first half but Seneca never stopped playing. They played hard and that was more of what they were doing than what we were doing," said Hawks Assistant Coach, Dave DeAveiro.

The second half was no different as Humber continued to carry the style of basketball, capitalizing on their chances, and out-rebounding their opponents.

With 12 and a half minutes left in the game, the Hawks pulled away and never let up, coasting to a 88-60 victory.

On Feb. 10 the Hawks travelled to Centennial College to take on the Colts in a central region match-up.

Humber opened strong once again, playing well under their own basket, and grabbing every board in

#### WAKE-UP CALL

The Colts then started to turn the ball over, allowing Humber a chance to open up a seven point lead. The Colts galloped back into contention, tying the game at 25.

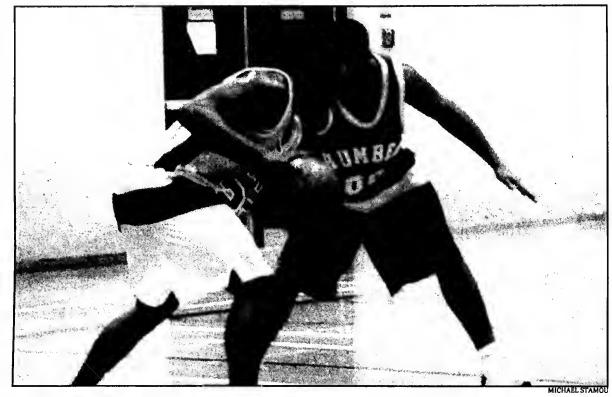
Seneca's run served as the Hawks' wake-up call. Cue threepoint shooter, guard Jason Francis, who poured in three consecutive

In the first half of this game, DeAveiro what he has been seeing the whole season and wasn't very

"It's basically how our season's been. Up and down. We get up 10, we're back down to three, we get up 11, back down to four. There is no consistency. How many times do we get up 12 or 15 and then throw it away four or five times and make it a seven point game?" DeAveiro

The second half was more of the same, every time the Hawks enjoyed a healthy lead they would let up, allowing the Colts to close to within three.

Humber increased their lead to play. The Hawks were playing their 19 points, this time maintaining a



On guard: A Hawk keeps a close eye on the ball during OCAA action last week against Seneca

healthy lead. They would prevail

Centennial's hot and cold play was indicative of how a young team usually matches up against the more experienced ones.

"We played well, we just played really bad defence. They got too many boards on us, basically," said the game's high scorer and star guard for the Colts, Ian Bryan.

Colt's Head Coach, Gerard Carlse, shared his star player's thoughts on the game against the Hawks but wasn't as harsh towards his own team.

"We played a really good first

half and they were just too strong for us in the second half. Our guys wore down and they continued to execute and we didn't," said Carlse.

Hawk captain Marcel Lawrence was happy with the win, but didn't like certain aspects of their game.

"We did all right. We beat them by a nice, decent score but we all felt we could have even done better than this. It was kind of a sloppy, rugged kind of a game. We were talking too much, we got a couple of technical fouls, and all of that breaks us down and we can't be doing that now so late in the season," Lawrence said.

Lawrence had some advice for the squad if they want to win a National Championship this year.

"We have the potential to go straight to the Nationals and we are breaking down right now. So this is the wrong time to do it. We got to rebuild our team, start from the beginning, start playing harder, and go back to the basics," added Lawrence.

With the win the Hawks clinched second place in the central region and have assured themselves of a spot in the provincial championships being held at Humber from March 2-4.

# Don't bet on those Maple Leafs



JOSH HARGREAVES

nod I hate the Leafs. Growing up Uin a Montreal Canadien household I had two favourite teams, the Habs and anyone playing the Leafs.

But ever since I have been in Bud town I have been inundated with Leaf propaganda.

On any given day a newspaper reader can open up the sports section and see how Mats Sundin's dog is doing, or if Curtis Joseph has grown a second head or not. So it only seem right to keep up the trend and talk about the Leafs. This is a one dimensional team that will not go past the second round of the playoffs.

Last year the Buds should never have advanced past the first round. Badly out played by the Philadelphia Flyers, the Leafs only won because John Vanbiesbrouck was as useful as an orange pylon.

In the next round the Leafs

played a similar one-dimensional team in the Penguins. However, the Penguins were without there one dimension, Jaromir Jagr. And in the third, and Leafs final round, they even got to face the Sabers without their superstar netminder Dominik Hasek.

#### IMPACT PLAYERS

Since that time the Leafs have made several moves. Let's see, they got Wendel Clark again, only older and slower. The team signed Dmitri Khristich for an obscene amount of money who has just 9 goals and 17 assists. There's some bang for your buck. Just recently they acquired Darcy Tucker and Gerald Diduck. Nice to see some

grit, but hardly impact players.

The one thing that the Leafs have been able to count on over the past few seasons has been their enforcer, Tie Domi. But now with their recent wars with the Flyers Domi has been nothing but a weasel. Fan knows that certain players have certain roles. Sundin, Thomas, and Berezin are suppose to put the puck in the net and Domi is a fighter, plain and simple. For a goon, Domi is a decent grinder, but he is a goon. Watching him taunt Sandy McCarthy and just being a weasel disgusted me. He should be taking care of the people that are running Curtis Joseph.

Now don't get me wrong, the Leafs are a very exciting team to watch. But when it comes to the playoffs, unfortunately it's the exciting teams that exit early. Any hockey fan would rather watch end-to-end action as opposed to that dreaded word, the trap.

As soon as the Leafs run into a hot goaltender in the playoffs they are in trouble. Pat Quinn tried to change the teams philosophy last year before the playoffs to a more defensive style, but it didn't work. This team plays too wide open, and has fallen behind early a lot lately.

Being a Canadian team I will probably cheer for them against any American team in this year's playoffs. It will be exciting, end-toend hockey, but it won't last very

### T.O. PRO SPORTS DIGEST



The Leafs hosted Boston last night mired in a four game losing streak. If it's stretched to five the budlies should have no problem getting up for the Habs in Montreal on Saturday night at the Molson Centre. This is a must see game.



The Raptors started their drive towards an eastern conference playoff spot on Tuesday. Lead by his Heirness, Vince Carter, the Raps spanked the Knicks 91-70. Last night they were in Indiana for a game against the division leading Pacers.



Toronto continued its great roll at home on Feb. 11. The Rock extended their home unbeaten streak to ten games, edging the Rochester Knighthawks 11-10. The Buffalo Bandits pay a visit to MLG on Saturday February 26. Game time is at 4 p.m.

# HUMBER HAWKS ATHLETES OF THE WEEK



Rich Wand
The captain of Humber's
hockey team had six points
in two games over the weekend as the Hawks went 1-1
during their road trip up
north to Sudbury and Sault
Ste. Marie.



Adriana Cataldo
Hawk co-captain and allstar led her team to a second
place finish in the George
Brown Indoor Soccer tournament last weekend. Adriana
scored three goals but her
team lost in the final.

Youth Assisting Youth has peer mentoring volunteer positions available for Responsible Individuals aged 16–29 willing to spend 3 hours a week with a child experiencing social adjustment obstacles. Contact Paul at (416) 932-1919 or email us at pattard@yay.org... and make a difference.

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Classifieds 416.675.5007 Classifides are due Friday prior to publication

### OCAA VARSITY SCOREBOARD

OCAA & CCAA Provincial and National Championships

#### MEN'S BASKETBALL-CENTRAL REGION

TEAM STANDING	GP	W	L
Sheridan	13	11	2
Humber	12	9	3
George Brown	12	7	5
Centennial	11	4	7
Durham	13	4	9
Seneca	12	2	10

Hawks Next Game: Tonight vs. George Brown College

#### Men's Basketball

Ontario Championships \* Humber College Thursday March 2-4

National Championships Grant McEwan College Edmonton, Alta. March 16-18

#### WOMEN'S BASKETBALL

TEAM STANDINGS	GP	W	L
Humber	14	13	1
Fanshawe	13	12	- 1
Seneca	14	10	4
Durham	15	9	6
Mohawk	13	6	7
George Brown	13	5	8
Georgian	14	4	10
Redeemer	13	2	11
Niagara	13	0	13

Hawks' Next Game: Tonight vs. Fanshawe College

#### Women's Basketball

Ontario Championships Humber College Friday March 3-4

National Championships Mount Royal College Calgary, Alta. March 16-18

MEN'S HOCKEY

MEN S HOCKET					
TEAM STANDINGS	GP.	w	L	Т	P
Seneca	13	8	3	2	18
Humber	13	· 7	3	3	17
S.S. Fleming	13	5	6 '	2	12
Conestoga	14	5	8	1 _	11
Cambrian	12	5	7	0	10
Sault	13	4	7	2	.10

Hawks' Next Game: Saturday February 19, vs. Seneca College

#### Men's Hockey

Ontario Championships Sir Sanford Fleming College Lindsay, Ont. • March 3-4

National Championships Seneca College Toronto, Ont. March 16-18

#### MEN'S VOLLEYBALL-WEST REGION

TEAM STANDINGS	MP	MW	ML
Niagara	16	15	1
Humber	16	13	3
Seneca	16	12	4
Redeemer	16	10	6
Cambrian	16	9	7
Sheridan	16	5	11
Mohawk	15	3	12
Georgian	16	3	. 13
Boréal	16	. 2	14

Hawks' Next Game: Today, Ontario Championships @ Loyalist

#### Men's Volleyball

Ontario Championships Loyalist College Belleville, Ont. February 17-19

National Championships Grande Prairie College Grande Prairie, Alta. March 2-4

#### WOMEN'S VOLLEYBALL-CENTRAL REGION

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<b>TEAM STANDINGS</b>	MP	MW	ML
Z-Humber	12	12	0
Cambrian	12	10	2
Sheridan	12	8	4
Georgian	12	6	6
Seneca	12	4	8
Boréal	12	2	10
Centennial	12	0	12

Z-clinched first place

Hawks' Next Game: Today, Ontario Championships @ Durham

Women's Volleyball

Ontario Championships Durham College Oshawa, Ont. February 17-19

National Championships Sherbrooke College Sherbrooke, P.Q. March 2-4



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