



Culinary Win

Humber cooks get bronze in competition
p. 10

Canzine Unites

Toronto's indie writers, artists, and publishers
p. 16



HUMBER ET CETERA

November 3, 2005

<http://etcetera.humberc.on.ca>

v. 36 # 7



stephen leithwood

Cross-country runner wins gold

Men and women from 17 different colleges across Canada ran through the Little Cataraqui Creek Conservation Area last weekend, taking part in the OCAA Cross-Country Championships. The Humber men's team placed fifth and the women's team placed seventh.
Inset: Twenty-year-old Colin Murray-Lawson, a Humber Lakeshore student, took first place in the race. For full story see Sports p.19

HSF stands divided over tuition hikes

Directors and executive clash at board meeting

by chris halliday
NEWS REPORTER

The mood was hostile at the last Humber Students' Federation (HSF) Board of Directors (BOD) meeting, due to the federation's divided stance on the Ontario government's decision to lift the tuition freeze.

Anja Cantin, a social service student at Lakeshore, came forward with a petition against tuition deregulation signed by 470 Humber students.

"Some of our student representatives are saying we should go along with small tuition increases,"

Cantin said in an interview after the meeting. "A lot of students are really upset. HSF is supposed to represent us. They're not saying what we are saying."

Students aren't pleased with the Ontario government's plans to end the tuition freeze, but during the meeting, Daniella Cross, HSF vice president of administration at North Campus, said fighting for an extended freeze is no longer an option.

"It's not negotiable, the freeze is ending," Cross said.

"There has never been a point where we've (HSF) supported an increase, but we are now lobbying the government to make sure tuition only increases by (the rate of) inflation."

Directors were visibly upset with the way tuition negotiations have progressed and frustrated by the

minimal information provided by HSF executives.

"We think there is a lack of communication on the board," said Admir Chihaluca, HSF director for liberal arts and science, addressing the board at the meeting. "We need to know why you're accepting a two to three per cent increase. If you make things clearer then it will be easier to accept."

Chris McNeil, director of business at Lakeshore, told the board it needs to release a united statement in regards to tuition deregulation because "the government needs to know the opinions of everyone on the table."

HSF executives promised to send directors detailed information from their meetings with the government so the next board meeting can focus on developing a unit-

ed stance on tuition.

"We have two weeks to rally and get people informed," Cantin said. "This next meeting is our last chance as students to get our voices heard."

Directors also questioned whether membership within the College Student Alliance (CSA) was beneficial to the student body, since the government has already pushed the CSA into taking a stance that would accept tuition increases tied to the rate of inflation.

"We can go into the group that isn't heard," said Joey Svec, HSF president, referring to the Canadian Federation of Students, "or we can stick with CSA to minimize tuition increases."

"We pay them to advocate for us," Svec said. "To go against their stance wouldn't make sense."

Have your say!

The HSF has called an emergency board meeting for 4:30 p.m. today in the Seventh Semester room to discuss tuition. All students are welcome to attend.

More tuition stories see
> Deconstructing, p. 2
> Democracy Deficit, p. 6



Internet Dating, p.8



Et Cetera Wins Award, p.5



Women's Volleyball, p.17

news

Trinkets washed away by Katrina are starting to surface on distant shores. A woman in Texas recently found 2 strings of Mardi Gras beads while beachcombing.

Humber hawks dates for charity

HSF hosts first ever singles auction in bid to raise funds for Hurricane Katrina relief efforts

by vernon williston
NEWS REPORTER

Once again, women prove to be worth more than men as bachelors and bachelorettes were auctioned to raise money for victims of Hurricane Katrina.

The auction, held in the Student Centre last Thursday is part of the Humber Students' Federation's ongoing effort to raise money for victims of the year's natural disasters.

The winning bids for the first three bachelors were \$1.50, \$8 and \$3, respectively, while the bachelorettes went for \$25, \$23 and \$21.

But the event wasn't about what gender could raise the most money said Ashleighann Ross, events co-ordinator for Humber's Caribbean Culture Society (CCS).

"We're doing this for the victims of Katrina, so we're hoping to auction off a bunch of good looking

people and raise a lot of money," Ross said.

HSF president Joey Svec called out the auction and watched as the bids for the bachelorettes turned into full-scale bidding wars among the young, eligible bachelors hoping to land a date for the weekend.

Students being auctioned off were tense and excited about participating in the auction.

"I was nervous when they started bidding, but as the bids went higher I felt more comfortable being up there and I ended up having a lot of fun," said third-year media studies student Lindsay Litzenberger, who was auctioned off for \$25.

The bachelors may not have drawn many high bids, but they were still happy to be a part of the charitable event.

"It's disappointing but at least it's going to a good cause," said pre-service firefighter student Michael Wood, who was sold off for \$10.

After the 16 pre-arranged singles were auctioned off, Svec called on members of the audience to volunteer dates.

To the highest bidders went a minimum two-hour date with their bachelor or bachelorette. Details for the dates were discussed after the auction.

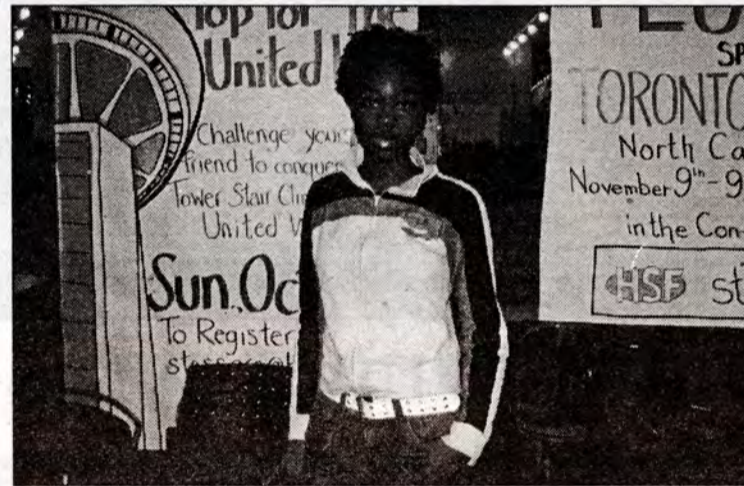
Ross said if anyone involved felt uncomfortable giving out their contact information to other people, the CCS would arrange the date.

Earlier this year the CCS had a bake sale that raised \$100 for the victims of Katrina.



vernnon williston

Eligible bachelor Michael Wood (above left), a preservice firefighting student, is auctioned off by HSF president Joey Svec at a fundraiser for victims of Hurricane Katrina. Ashleighann Ross (below), events co-ordinator for the Caribbean Culture Society, helped plan the event, which raised about \$500.



vernnon williston

Satellite broadcast posting 'thrills' radio head

by rob titus
NEWS REPORTER

Canadian music industry mainstay Liz Janik is adding another file to her portfolio.

Janik, who has been the chair of Humber's Radio Program Advisory Committee for the past seven years, was recently named program manager for Sirius, one of two new Canadian satellite channels.

"I'm very thrilled at the opportunity," she said.

Sirius is run by the country's largest privately-owned broadcast company, Standard Radio Inc.

The subscription-based service will launch Dec. 1.



courtesy

Liz Janik

Customers will be charged a one-time activation fee of \$15 and a monthly service charge of \$12.95 to tune in.

Subscribers also have to purchase a compatible radio or a special receiver for their vehicles to pick up the signals.

The other new broadcaster, Canadian Satellite Radio Inc., is partnered with XM Satellite Radio Holdings Inc., and offers more than 100 channels at a similar charge.

Critics of the new stations remain skeptical they will conform to Canadian Content regulations. But Janik noted that Sirius will have to abide by the federal license guidelines and deliver more home-grown talent than AM/FM frequency stations.

She said Sirius will devote 25 per cent of its Canadian content to new and upcoming artists, rather than playing mainstream staples like Celine Dion and Bryan Adams 25 times a day.

Janik said she will continue her role at Humber, which includes offering her experiences as a music programmer and consultant to the school's Radio Program, as well as continuing with the consulting firm she owns.

"I continue to be passionate about what I do and I've never viewed my work as a nine to five job," Janik said.

Rising Prices

Until 1998, all college programs in Ontario had a regulated tuition of \$1400. Humber now has the highest number of deregulated college programs in the province. The effects can be seen in some of the college's most expensive fields of study:

3D for Production	\$7221
Accounting and IT	\$7121
BAA Industrial Design	\$5267
BAA Interior Design	\$5107
Post Production	\$5176
Pre-Serv Firefighter	\$9045

Deconstructing deregulation

by sheri bolton
alexandra mazuca
NEWS REPORTERS

Tuition fees for regulated programs are going up next year, but it is unclear by how much.

A regulated course is one where tuition can only increase by the standards set by provincial legislation.

Right now that limit is set at two per cent a year.

Tuition in deregulated courses, on the other hand, is increased yearly at a standard set by the college.

The maximum a college can raise a deregulated program's tuition is 15 per cent.

Humber College currently has 61 deregulated programs.

When asked about the high number of deregulated programs at the college, Humber president Robert Gordon said there are so many because

Humber has more post-diploma programs than any other college.

Significant cutbacks in government funding in the last 15 years has placed an increased onus on post-secondary institutions to come up with the money for their operating costs.

In 1993, the Ministry of Training allowed institutions to increase tuition across the board up to 10 per cent a year to manage their costs.

In previous years, tuition rose close to the rate of inflation.

In 1998-99, the Ministry of Training, Colleges and Universities (formerly the Ministry of Training) deregulated tuition for university programs, most undergraduate programs and some college programs, allowing schools to raise these fees at their own discretion.

In 1999-2000, the ministry, in response to student protest, reduced the amount by which regulated programs were allowed to increase.

It was capped at two per cent annually for a five-year period.

Deregulated programs, however, were allowed to increase by 15 per cent yearly.

That five year period ended in 2004.

At that time, the Dalton McGuinty government chose to freeze tuition until 2006.

Peter Fitzpatrick, the senior communications adviser to Chris Bentley, the minister of training, colleges and universities said the legislation surrounding the upcoming tuition hike for regulated programs should be available before next year.

"It's obvious that things have to be controlled better," Fitzpatrick said.

Toronto Police Association entered phase two of its job action Tuesday. Officers are donning protest dickies and toques instead of police issued caps. — The Star

Police, security vow to make Rexdale safer

by **nick kyonka**
NEWS REPORTER

In a vote of confidence for security, Humber North students said they feel safe on campus despite police concerns of increasing gang violence in the community.

The Rexdale area around Humber has made headlines in recent weeks as it was the site of the six latest gun-related homicides in Toronto.

Jason Tong, a first-year business management student, said he has followed Rexdale's gun violence in the news, but feels that an attack on campus is "a lot less likely."

"It's pretty common for this area to be affected by violence," Tong said. "But as long as I'm on school grounds I'm fine."

Students cited video surveillance, security personnel and the

presence of so many potential witnesses as some of the reasons they feel safe on campus.

"I have seen a lot of security around," said Leon Watson, a second-year electrical engineering student. "I think all of the students are coming here to do something good in life, so I'm presuming there should be no violence here at the school."

Gary Jaynes, director of Humber's public safety, said security will continue to do everything they can to keep the school safe.

"I'm very pleased to know that the students feel safe on campus," Jaynes said. "I like to think we provide a good service and will continue to do so. We will continue to react to situations and problems that occur on the campus, (but) I can't control what happens in the community."

Talk of gun violence in Toronto peaked recently after several high-profile shooting incidents left three men dead and several others in hospital in mid-October. All three men killed were shot in Rexdale.

On Oct. 22, at about 4:25 p.m., Brandon Archibald-Sterling, 22, was returning home from Popeye's Restaurant in Albion Mall when a blue mini-van approached him from behind. As the vehicle pulled up beside him, several shots were fired, striking Archibald-Sterling several times. The vehicle drove off immediately.

Archibald-Sterling died later at Sunnybrook Hospital.

The following evening at around 6:30 p.m., two Oakville men were driving with two unknown assailants who attacked them from within the car.

Fahim Talakshi, 25, and Aleem Rehmtulla, 26, both died.

Each incident occurred within a kilometre of Albion Mall, a popular shopping location for Humber students.

Supt. Ron Taverner, of nearby 23 division, said police are doing everything they can to combat the gun violence that has devastated the Rexdale community this year.

"The level of violence that has taken place, particularly with the use of guns, is very disturbing to us all," Taverner said at a press conference last Friday. "Certainly, this community is particularly outraged. I just want to reassure the community — this particular community — that the police are taking steps to

show a heightened awareness of uniformed officers in this area and do what we can do to help curb this outrageous activity that has taken place."

The press conference was held at the location of the Talakshi and Rehmtulla murders which was directly in front of the playground at Elmbank Junior Middle School.

As police and media prepared for the press conference, over 200 children played in the large open yard behind them.

Taverner and other community members spoke about the need to prevent the community's children from entering gangs or getting involved in gang activity.

"We have various groups that are striking at our young people, trying to get them at a young age and trying to talk to them about the violence," Taverner said. "It's not a great thought to think that 12-year-olds have gang connections or are affiliated with gangs, but we know that that's the case."



Superintendent Ron Taverner, of 23 division, addresses the media near the site of two recent murders in Rexdale.



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Bake sale benefits Pakistan

by **jesse cnockaert**
NEWS REPORTER

Disabled students at the Lakeshore Campus did their part for Pakistani earthquake relief efforts last week with a bake sale raising money for the Canadian Red Cross.

The students of the Literacy and Basic Skills program didn't believe enough was being done for Pakistan and surrounding areas, so they got to work selling homemade and store-bought treats, bringing in \$147.

the class said they believe there is a stereotype that disabled people aren't able to help others.

"They wanted to combat those perceptions with the bake sale.

"We are just as able and as willing, perhaps even more willing," she said.

Al Palin has been an instructor with the Literacy and Basic Skills program for 20 years.

According to him, one element of his program is to teach students that they are fully capable.

"You look through the community and the world is right full of people

who are doing tremendous things, and have disabilities," Palin said.

The students have challenged other Lakeshore departments to either meet or beat the money they raised.

They are still waiting for a response.

This isn't the first act of charity by the students of Literacy and Basic Skills.

Their class also holds an annual bazaar to raise money for student emergency funds, which provide financial assistance to students on welfare or low-income.



Literacy and Basic Skills students sell date squares, cookies and other goodies to benefit Pakistani earthquake victims.

"A lot of people don't really think of us as a group that can do anything to contribute."

— Justyne Zmurko, student organizer

"We wanted to do something that showcased us as a class, because a lot of people don't really think of us as group that can do anything to contribute," said Justyne Zmurko, one of the student organizers.

Zmurko and other members of

The Manitoba and Saskatchewan governments are limiting how much cold medicine people can buy in their campaign against crystal methamphetamine abuse.

Gatehouse a sanctuary for former abuse victims

Counselling centre for adults started by Humber prof

by dominik kurek
NEWS REPORTER

For the past seven years, Toronto has been home to the Gatehouse, a haven started by a Humber teacher where adult survivors of child abuse have been able to find comfort.

Police foundations teacher Arthur Lockhart, who has taught at Humber for the past 18 years, was instrumental in opening the Gatehouse.

"I started (the Gatehouse) in response to students telling me stories of having been abused as children," he said. "We would just sit and try to find a place to talk about it so I could basically listen to their stories."

Angela Gallant, volunteer coordinator for the Gatehouse, said they provide support to about 20 adults a month.

"They can have brief short-term counselling, which is four to five sessions," Gallant said. "They can come for mentor support which will last up to a year. They can come for self-support groups, which run on a 15-week cycle."

According to the Gatehouse website, there is no charge to partic-

ipants and support is offered in one-on-one sessions or in groups, which are supervised by trained mentors.

"Since it opened in 1998, over 4,500 people have gone through the house," Lockhart said. "That's quite an awful lot of people who have been traumatized by abuse, (sexual abuse as a child), that wouldn't have had any help, so it's a real testament to the people, the staff that are working there and all the folks that come together to help out."

"Often times we don't give attention to adults as much as we might give to children."

- Arthur Lockhart, police foundations instructor

The Gatehouse was built in the 1890s to house doctors who worked at the Lakeshore Psychiatric Hospital. The house had been abandoned for more than 30 years when Lockhart first looked into buying it.

Lockhart signed a \$300,000

lease for the house with the City of Toronto, paying \$10,000 a year. He then asked if he could put the renovation costs against the lease.

"When the community came together to help build the house, we were able to put all of our renovation costs against the lease and therefore we paid off the house with a cost of around \$18,000," he said.

The Gatehouse is located a few blocks east of Humber's Lakeshore Campus and is run by six full-time staff members and 150 volunteers.

It is open to the public weekdays from 9 a.m. to 5 p.m., but police and child welfare representatives have 24/7 access.

"Often times we don't give attention to adults as much as we might give to children," Lockhart said. "We don't see them as being a child in a lot of ways. It's more in a sense appealing to say we'll work with a child ... but also an adult, whether they're 40 or 70, (who) is in as much pain as a child."

Currently, Lockhart talks with adult survivors of abuse at the house. He is also in works with the Gatehouse committee to open a second centre in Scarborough.

The Gatehouse recently presented Lockhart with its first ever



dominik kurek

Police use the Gatehouse for investigation interviews, providing a comfortable atmosphere for children and families. A room used for the interviews includes state-of-the-art video equipment.

Purple Door Award. Canadian UN ambassador Allan Rock was present at the ceremony.

"It was quite a wonderful feeling," Lockhart said. "Basically, it represents everybody who had ever helped the house in my opinion."

In 2004, the Gatehouse had a budget of \$340,000. Funding comes from corporate and individual gifts, charitable foundations and special events. The house is not part of any government agency.

"It's alive because the community wants it to be alive," Lockhart said.

York prof to give war talk at Humber

by puja uppal
NEWS REPORTER

Is America's recent involvement in the war on Iraq illegal? According to a York University law professor, it is.

Michael Mandel, a legal activist who once tried to indict Bill Clinton for war crimes over the bombings in Kosovo, is coming to Humber next week to discuss his take on the wars in Iraq, Afghanistan and Yugoslavia.

Mandel currently teaches criminal, comparative and international law as well as legal politics and the law of war at York.

He is the author of many books, including *How America Gets Away With Murder and Law Politics and the Supreme Court: The Quebec Secession Case*.

Humber instructor Adam Lynde, who teaches a class on war and terrorism, said although he thought the idea of trying to bring Bill Clinton to court was ridiculous, Mandel's arguments on the law of war crimes are interesting.

"I don't necessarily agree with some of the things he says," Lynde said. "But I think he's raising some interesting questions about our trying to solve international problems."

Mandel will be at Humber's North Campus on Nov. 9 at 12 p.m. in the Seventh Semester room. To reserve a spot contact Val Hewson at val.hewson@humber.ca.

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HSF

Consumers will be able to purchase a maximum of 3.6 grams of cold medicine, which in larger amounts can be used to produce the addictive drug. - CBC News

Students educate on organ donation

by daniel lui
NEWS REPORTER

The School of Nursing is launching a campaign this month to raise awareness of organ and tissue donation.

On Nov. 11, 17 and 18 from 10 a.m. to 2 p.m., students will have the opportunity to visit an information booth in the cafeteria at the North Campus.

"The supply of organs is not sufficient in quantity to save all lives," said Brad Fudge, a nursing student participating in the campaign.

The Trillium Gift of Life Network, a government agency established in 2000, said about 1,800 people in Ontario are waiting for organ transplants, while only 601 have been performed this year.

The greatest demand is for kidneys, livers, adrenal glands and hearts.

"There are also tissues that can be donated like the cornea of the eye (which) can help blind people and skin tissues for burn victims," Fudge said.

One donor can save or benefit seven lives, he said.

Donor cards can be signed at the

Humber Health Centre or any Ministry of Health or Transportation branch.

But, Fudge added, "having a donor card or a label on your driver's license doesn't provide legal consent."

He said family members must give the proper consent.

Margot Rykhoff, an instructor at the School of Nursing, said there are several misconceptions that discourage people from signing a donor card.

"One of the myths is that critical care physicians will not take care of you if they are aware you are a donor," she said. "It's totally wrong because organ donation can only be considered after brain death."

She also said organ recipients are selected first for those who need them most, and that the critically ill - not the rich or famous - are always first in line.

But Rykhoff doesn't want students to feel pressured.

"Our goal is not to convince people," she said. "It's to ensure students are more knowledgeable so that they can make an informed decision."

Those interested in the campaign will also get a gift such as bracelets, necklaces and water bottles.



lara king

Et Cetera entertainment editor Carol Santos and former editor Priya Ramanujam were on hand to accept the award for best non-daily tabloid.

Et Cetera wins first place at Kansas awards

by sean cunningham
NEWS REPORTER

The *Humber Et Cetera* newspaper has won the Pacemaker Award, presented by the Associated Collegiate Press (ACP).

The 2004/2005 version of the *Et Cetera* won the award for the best non-daily tabloid. Current entertainment editor Carol Santos and instructor Lara King were at the ceremony in Kansas City, MO this past weekend to accept the award.

"It's so wonderful to hear that the work that our students put into the publication is recognized," King said about the award.

Winners in other categories included much larger American schools such as Northwestern, Ball State, Eastern Michigan and Harvard.

The Pacemaker Awards, which honour excellence in collegiate journalism, were established in 1926. This year, the awards were affected by Hurricane Katrina. New Orleans was to host the awards and all entries had to be resubmitted as the first sets were lost in the flood.

Humber's *Green Banana* magazine, produced in the winter of 2004, was a finalist in the magazine category as well.

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editorial

This week an Oregon woman won a \$1 million lottery using a stolen credit card. She will not be able to collect her prize money if she is convicted. — Harper

HSF democracy deficit

Does the Humber Students' Federation's stance on tuition reflect the will of the student body?

That is the debate that is being raised in the boardroom of the HSF.

Premier Dalton McGuinty's announcement a few weeks ago that the tuition freeze is ending triggered a flurry of controversy as the government was still in the middle of student consultations over the direction of new tuition policies.

Last April the HSF's Board of Directors, passed a motion calling on the HSF executive to lobby for an extension of the tuition freeze.

Yet when executive members recently met with the Ministry of Training, Colleges and Universities, they said they agreed with the Ministry

Our student government seems to have accepted the government's stance that tuition fees can and should go up.

that tuition increases at the rate of inflation were reasonable as reported in the *HSF Newswire*.

Given that both the federal and provincial government have injected desperately needed funds into our schools, some students are increasingly baffled as to why their fees must rise.

The College Student Alliance (CSA) and HSF which is a member of the Alliance, have chosen not to defend the freeze.

Our student government seems to have accepted the government's stance that tuition fees can and should go up.

But not all students support that decision.

That almost 500 students signed a petition calling for the freezing and reduction of tuition fees should give the HSF and CSA cause to rethink their current practice of lobbying for tuition increases at the rate of inflation.

This weak stance gives complicit support to the idea that like all consumer products tuition must rise. It fails to acknowledge that students are already shouldering a disproportionate cost of their education. It is not acceptable that college tuition fees have risen between 260 and

1,600 per cent since 1990.

Statistics Canada reports that spiralling fees for professional programs limits the number of students enrolled from all but the wealthiest classes.

The HSF needs more active consultation with students before forming tuition decisions.

Other colleges and universities are holding plebiscites to gauge student's reaction to the end of the tuition freeze and the response has been overwhelming.

Students at York University and the University of Toronto's Scarborough Campus voted 96 per cent in favour of reduced tuition fees.

In deciding to lobby for higher tuition, even if moderately higher, the CSA and HSF are lobbying against the wishes of the 82 per cent of Ontarians

who say they favour extending the freeze.

They need to make sure they are not also lobbying for a position their own students can't or don't support.

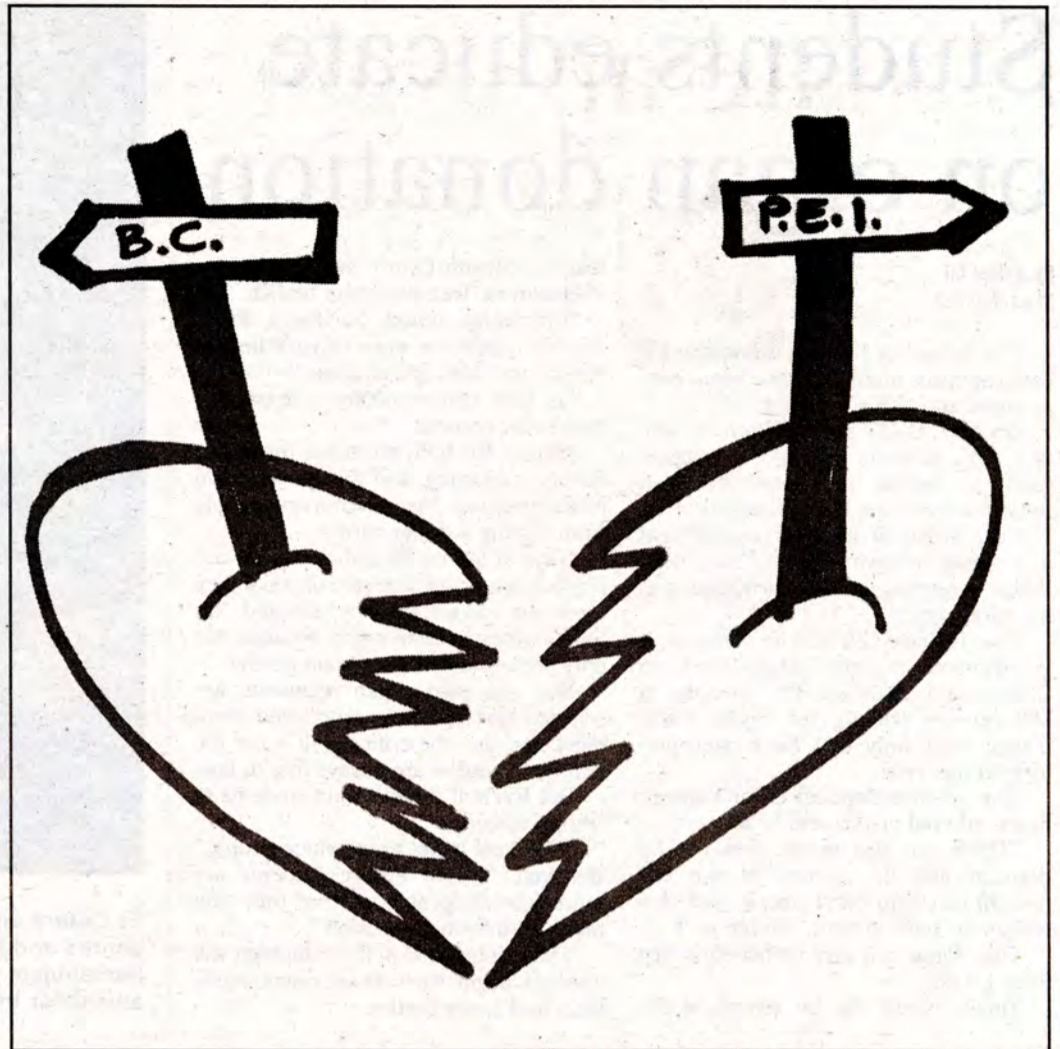
Interestingly, Humber leads all colleges by having the highest number of deregulated programs — a staggering 61 programs no longer limit how much tuition can increase. This has allowed tuition to rise topping out at over \$9,000 for Pre-Service Fire-Fighter Education and Training Program.

Given that the Rae report recommends that tuition be deregulated — students must act together to fight this move loudly and strongly.

The *HSF Newswire's* editorial stated the HSF would continue to "educate students about inflation and the reasons why tuition fees are increasing."

The HSF seems to put more effort into persuading students that fee increases are inevitable than into lobbying the government to keep fees down.

During this week's emergency HSF meeting on tuition, it is essential that Board Members listen to the voices of students who are already strapped with some of the highest debt-loads in the country.



props or burn

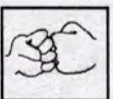
A tally of sinners and saints at Humber College



To the student groups who fundraised this week for Pakistan earthquake and Hurricane Katrina relief.



To cross-country runner, Colin Murray-Lawson, who won an individual gold medal at the Ontario Provincial Championships (OCAAs)



To students for coming out to last week's HSF meeting and voicing their opinions on tuition.



To Humber College for having the highest number of deregulated programs of all Ontario colleges.



To the 53 per cent of teenaged girls who don't use condoms every time they have sex.



To folks who look down on other people's long-distance and online relationships. Love comes in many forms.

— HUMBER ET CETERA —

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Four fraternity members were given jail sentences this week after a pledge died of "water intoxication" when he drank several gallons during a hazing ritual.

Donate an organ - save a life

by erica shupe
LIFE REPORTER



It seems people are more likely to donate when a child dressed as a goblin with a UNICEF box comes to their door than to do something as simple as signing an organ donation card.

You don't expect someone needing a heart to go out dressed up to ask for a spare organ or two. Yet it almost looks like this is what people waiting for transplants are going to have to resort to doing.

In Ontario, organ donations are falling far below demand. Statistics from 2004 show that almost 2000 people are on the waiting list for organ donations and there are fewer than 500 people who have actually donated. It just doesn't add up.

My father was diagnosed with Diabetes as a child cause serious complications including blindness and loss of circulation which can lead to amputations and you guessed it, organ failure.

A year and a half ago my dad

made the decision to go through with his second transplant for a pancreas, after receiving a kidney transplant almost nine years before.

It would end the constant need to monitor when and what he was eating. It would end the worry that in a few years time his new kidney could fail, or other problems could arise.

Some organs can be donated by a relative or friend with similar blood and tissue types, but others cannot be taken from living donors because people can't live without them like the pancreas, lungs and heart, for instance.

Everyone gets a donor card when they get their health card or drivers licence that gives them the option to donate their organs when they die. On the card you can specify exactly what you want to donate and what you do not.

The harsh reality seen in the statistics is that people are not signing their cards or discussing the decision with their family.

I cannot imagine what families go through as they watch their brothers, sisters, mothers, fathers, sons, and daughters die waiting for a match.

Many people don't donate because they are creeped out by

Many people don't donate because they are creeped out by the thought of someone poking around them after they die..

the thought of someone poking around them after they die. To them I say it is going to happen anyway. Once you die you are not simply thrown into the

ground to be forgotten, you are prepared for cremation or burial which includes the removal of your organs - so why not give someone else a chance at life?

Other people think that because they sign their donor card and get in an accident, paramedics and doctors will let them die in order to harvest their organs. A

doctor's vow is to save your life first. Your wallet or wherever you keep your card will not even be looked at until after you are gone. Also your medical records will be investigated to see if your organs are even suitable for donation. OK, so maybe a few people have changed their minds and now think, 'Fine I'll do it, I don't need my organs after I die anyway.'

Not so fast, (and no, I don't mean you're going to need your organs. There is a witness signature needed on your card, which helps evoke discussion. Your family has the final say on whether or not your organs will be donated and if you don't make what you want clear, your wishes may not be followed.

When my dad wanted to donate his entire body to science, obviously, that was something that we all wanted to discuss with him.

Make your intentions known and you could save not just one life, not even just a life for each organ, but entire families.

Don't have a card? They can be downloaded online at: www.organdonationontario.org Just remember, be specific, let your wishes be known, so you can possibly be a lifesaver.

The bright side to long distance love

by amanda mullin
In Focus Editor



Why is it when one is in a long distance relationship people always give you that look like, 'Oh, are you crazy, that's never going to last.'

Recently I was at a Halloween party and yes, I have to admit it was 95 per cent couples and a little upsetting, but I was going to have fun anyway.

While getting a drink, a girl I didn't know asked me if I had a boyfriend.

Laughing, I responded I have been going out with my boyfriend for the past six years and that he isn't here. During the winter months he lives in the United States.

For those of you in a long distance relationship, whether they're an hour or a long plane ride away remember to stay strong.

Let us know what you think!

The Humber Et Cetera encourages letters. Please drop off signed letters to the Newsroom L 231

All letters must be signed and contain the writer's program and telephone number for verification.

We reserve the right to edit for length.

Letter to the Editor

RE: NDP presents fee bill

I was relieved to see that some student organizations are representing student's views in regards to tuition fees.

However at Humber it is another story. I am a stressed out student and I am very frustrated by what is going on with HSF. I was at the last HSF board meeting and it made my heart sink. I just don't feel that HSF is listening to me and the majority of students who believe that we should be lobbying the government to keep tuition fees frozen. For some reason they

insist on taking part in the CSA campaign to lobby the government for INCREASED tuition fees. I believe that the HSF and the College Student Alliance are supposed to represent our views and to advocate for what is in the best interest of students.

Please HSF listen to us, your fellow students, the ones who elected you. Please listen to us and do not support any tuition fee increases.

Anja Cantin
Lakeshore Social Service
Worker Program

She was taken aback by my answer and commented that long distance relationships never work.

I don't understand why people think they have the right to say that.

Obviously my long distance relationship does work. Why would those people who think it doesn't, why would they try to make me feel even worse.

For those of you in a long distance relationship, whether they're an hour or a long plane ride away remember to stay strong.

Communication is a key part in making that long distance relationship work and now, thanks to the Internet, chatting is much easier.

It may be tough to not have your partner around all the time, but one day he or she will be back.

And to those who don't think long distance relationships are worth the hassle, that is your opinion and you shouldn't force your distorted ideas of what it takes to be in a relationship on anyone.

Hard work and a lot of love are what make relationships work, whether they be long or short distance.

It all comes down to how much love you have to offer and are willing to share.

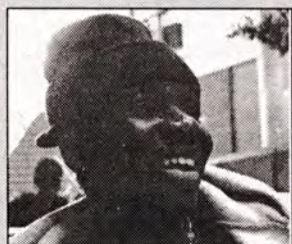
Personally, I know that all the hardships that come with being in a long distance relationship will pay off. One day, hopefully sooner rather than later, we will be able to be together every day.

Is downloading ethical?



"It's not ethical because people who made the music need to get the gain and if people download for free where is the compensation for those who make it."

-Idee Folami
Bachelor of Nursing



"Everyone does it and it's more convenient. You don't have to go to the store to get it and it's faster too."

-Richmond Owusu
Recreation and Leisure



"I think it's alright if it's all about the music. It's all about the music."

-Andy Woo
Recreation and Leisure



"Artists work, as do record company employees, to make bands famous and they wouldn't be where they are without a record company."

-Laura Campbell
Recreation and Leisure

"says you"

in focus

"Love at first sight is easy to understand; it's when two people have been looking at each other for a lifetime that it becomes a miracle." - Amy Bloom

Out with the old and in with the new

Online phone services are helping men and women find friendship and love in Toronto

by fariche alleyne
IN FOCUS REPORTER

Dating the old-fashioned way may be a thing of the past as phone dating services become easier to use to find that perfect someone.

Toronto relationships counselor Linda Warman said choosing what phone dating service to find a mate depends on the individual but warned not to get caught up.

"I think for people being dependent on matchmaking services is a bad idea. People should devise a personalized strategy so they can find exactly what they're looking for in a mate, rather than just settling on the next best."

Warman has been a relationships counselor for 12 years and also offers a service to help single people find a love match.

Warman doesn't actually hook two single people up, she counsels the person on finding themselves and what they want first then sends them out into the dating world to do it themselves.

According to Warman's website those who choose her service will learn how to meet highly attractive people who are an excellent match for them.

"I think the dating services are fine but I don't think people should have that as their only way to find a mate," she said. "They should embrace the life that they have

and live it to fullest."

Natalie Essue has not met the love of her life yet, but she has made a lot of new friends through an online dating service.

"It's not all about finding love, it can be about finding new people and just making friends. That's the beauty of it. It can be whatever you want. I met someone that I call a very good friend now," Essue said.

After dialing the number to a telephone dating service callers are then assigned a voice mailbox and create a voice ad to which others will listen and respond. In most cases the sending and receiving of voice messages can be done live or through a voice recording system.

"I chose a telephone dating service because it was free and I was curious as to how it worked. You hear a voice, listen to their description and just pick and choose, there's no pressure. I also didn't want to be influenced by looks," she said.

Jennifer Kwirant, 18, a design foundations student, doesn't like the idea of dating people over the phone. She feels it's a bad way to get to know someone.

"I think it's pointless because how are you supposed to know if you're going to connect with the person if you can't be with them or see them to see if you're attracted to them," said Kwirant.



design by Shanen Cradon

Online dating is more popular due to technology which brings people across the world together faster and for less money.

Tech romance is not for everyone

by anita bell
IN FOCUS REPORTER

For people looking to meet someone new, online dating sites have become a very common option.

A couple of weeks ago I decided to try an online dating service to see what it was about.

I joined a free site and knew right away it was what I was looking for. Immediately I started to receive messages from other members.

At first I felt uncomfortable writing to guys I had never met.

I felt better when a few guys told me they lived near my hometown or had been there.

The conversations started out normally - talking about school, work, or where we lived. However, it didn't take long for a few guys to start asking sexual questions.

I was completely grossed out.

All I could think about was that this guy, who is apparently a 23-year-old college student, could actually be some old creep trying to pick up young girls.

After talking for only a couple of minutes, many asked if I had MSN messenger. I lied and said no. I couldn't see myself talking to a complete stranger on a regular basis.

I don't think I will ever be able to expect that people can have serious online relationships without meeting the person.

Packing up and moving to Alberta for true love



courtesy

Karl Kuyvenhoven moved from Ontario to Alberta to be with his girlfriend after three years of emails and phone calls. After a few short weeks Kuyvenhoven decided that the relationship wasn't going the way he thought and moved back.

Today people are finding partners online but one man warns those to be careful before moving house

by jessica miller
IN FOCUS REPORTER

Relocating yourself far from home to be with someone special may be tempting, but as Karl Kuyvenhoven found out, things don't always work.

Kuyvenhoven, who had been accepted into Humber's landscape program moved to Alberta in September to be with his girlfriend.

He met Courtney Gabbert three years ago where he worked at a fudge shop in Banff.

We learned a lot about each other over MSN

Kuyvenhoven and Gabbert maintained a friendship through MSN Messenger and phone calls when he moved back to Ontario in 2002.

"We learned a lot about each other over MSN and avoided long

distance phone bills," said Kuyvenhoven, 22. "We could talk whenever the other person was online and not be obligated to make calls."

This summer, the Edmonton-based, Gabbert, 19, came to visit him in Ontario for two weeks.

Their relationship grew and Kuyvenhoven's heart inspired him to move out west.

"I wanted to see what would happen, if anything," Kuyvenhoven said. "To check out ... if it would work."

On the morning of Sept. 24, Kuyvenhoven packed up his belongings and began his journey from his Norval, Ont. home.

After the 36-hour drive, Kuyvenhoven arrived in Edmonton.

At first, things were great. But little things added up, causing their relationship to end, said Kuyvenhoven.

"I went to see 'what if' and it's not going to work."

Kuyvenhoven left Monday to move back to Ontario.

"I do (regret leaving college). It would have been good to go," he said. "I guess I kind of ran away, because I knew it'd be hard to afford school, rent and car insurance."

We could talk whenever the other person was online and not be obligated to make calls

Kuyvenhoven's advice for students who find someone special far away is to not have them as your one and only.

He said to put them in your spotlight for at least a year and have a couple of visits before moving away to live with them to ensure that things work out.

"Take your time with relationships," Kuyvenhoven said.

"You just wanna know if you can kick some game / come with something more clever than just your name..." - Kick Your Game on *Crazy Sexy Cool* by TLC

Dating from afar may add distance to the relationship

by leigh blenkhorn
IN FOCUS REPORTER

Long-distance relationships are difficult and require a lot of time and energy from both partners to be successful, but for many college students it's a way of life.

According to the 2005 U.S. National Campus report, a Wisconsin-based publication, roughly one-third of all college students are in long-distance relationships. Many students are forced to leave their romance in their home town, while in other cases both partners head to different cities.

Louise Dorfman, a psychotherapist, who runs Couple Enrichment, a relationship counselling service in Toronto, explained that long-distance relationships are not easy.

"It's hard when you're young and you go to college and meet all these new people and have all this new freedom," she said. "If you want to make it work it probably will work, but it's very difficult to do."

Second-year Humber marketing student Leigha Chiasson said she has never attempted a long-distance relationship because she doesn't believe she could handle it.

"They are hard. You want to go out and do stuff with people, but you can't because you know your boyfriend or whoever is stuck at home," Chiasson said. "I can honestly say I have never had a relationship that I wanted to make a long-distance one because it would be way too much stress."

Dorfman said that jealousy can become an issue when partners are meeting new people and building new social circles. She explained that both partners need to establish conditions such as when to call, or when to meet on an instant messenger, and agree to follow them once they are separated for their relationship to work.

"There needs to be ground rules. They need to decide if they want to be solely with each other or have different people."

However, Dorfman explained that interaction becomes much harder when you are unable to see the person you are talking to. She said you can't read their body language, and know if they are being truthful.

The biggest issue for many couples separated by distance is the lack of physical contact. Phone sex can become part of the everyday

solution for many. If a person isn't able to have sex with their significant other, they may wonder if their partner will seek intimacy elsewhere.

Having patience and being able to trust your partner are also skills required for a long-distance relationship. It's often difficult to trust someone when you can't see who they're with, or where they live, but it's important to be honest and keep the dialogue open.

"You can't be afraid to hurt each others feelings. You might wait to bring up an issue because you think your partner is busy with other things," said Dorfman. "It's best to always bring it all out in the open and don't be afraid of their reaction, it's the only way to really make it work."

According to Dorfman, long-distance relationships aren't all hard work, there are some advantages. She explained that partners who are not together all the time are able to develop better socially.



courtesy worldatlas.com

Dorfman said that even with all the maintenance long-distance relationships require, nothing's impossible.

"There are couples who live in the same house and are basically in a long-distance relationship because of the amount of time

they are physically together. You don't have to be far apart," she said. "The best thing you can do to make a long-distance relationship work is to talk to one another and get together in person as much as you can."

Alternative options to meeting that special someone

Speed dating provides a quick way to meet singles

by carmela gentile
IN FOCUS REPORTER

More people are turning to alternative methods of dating as a way to meet Mr. or Mrs. Right.

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Lisa Daily, dating expert and author of *Stop Getting Dumped*, said people are using the Internet and speed dating as a way to meet a potential partner.

"A lot of times they're frustrated. You have 40 million people online dating, it's mainstream now. Online dating is part of what people are doing if they're single. Your daughter's using it, your grandmother's using it," Daily said.

Second-year film and television student Kat Tsoi, 25, agreed online dating is the way to go.

She met her boyfriend through an online service that profiles groups of friends and allows users to post pictures and comments.

"You can screen them first. It saves time and energy," Tsoi said.

In the past it was believed online dating could be dangerous but Daily said as long as users are careful, the dangers are limited.

"It's really important to remember that person is a stranger. If possible go on a double date, bring a friend. Go to a public place and don't give out too much personal information," Daily said.

Renata Skalska, 21, a second-year fashion arts student, thinks online dating is dangerous.

"You never know who you're going to meet," Skalska said.

Daily suggested speed-dating as another way best way to meet people.

"Speed-dating is my favourite way of meeting people. Most people make a decision within three min-

utes. The great thing is you meet 40 people in one night. Most people make six matches. It's much better than going to a bar."

There are various speed-dating venues available throughout the Toronto area.

She said the reason the Internet has been so successful is because of its convenience.

"If you're in a position where you work odd hours, online dating is great for that. All of this technology is helping to bring people together," Daily said.

She said while people are successful with both speed-dating and online dating, chemistry is the spark.

She believes the reason so many are turning to alternative dating methods is because, whether they admit it or not, everyone wants to



courtesy

Florida-based Lisa Daily urges singles to give speed dating a try.

be in a relationship.

"It's appealing to a lot of people. A lot of the time people feel in a rush, an urge to merge. It's a good means to an end," Daily said.



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Nearly 44% of sexually active 20 to 24-year-olds reported sex without a condom, compared to 33% of those aged 18 to 19, and 22% aged 15 to 17 – Statistics Canada.

Humber Blades get cookin' at battle in London

Culinary students show their support for faculty, classmates

by jennifer berube
LIFE REPORTER

As the Humber culinary team cooked its way to bronze on Saturday, students and chefs proved their relationship is stronger than gold.

"They're number one in my heart," said Chef Anthony Borgo after Eva Maiatico, Genelle Bachand, Jason Gallant and John Murray placed third at the Top Meadow Farms Brass Ring Rising Chefs Challenge in London, Ont.

Thirty-eight culinary students demonstrated their support by boarding a 6:30 a.m. bus to cheer on their team, The Humber Blades.

The busload of students met up with more supporters at the Western Fair, where Top Meadow Farms hosted its second annual competition. Of the four colleges competing, Humber brought the

most fans.

"We had over 55 students that attended and no other college brought that," Borgo said. "Obviously we were the loudest group."

With the largest cheering squad, Humber's voice was powerful and encouraging throughout the competition that also included George Brown, Fanshawe and Niagara colleges.

"It was great to see that Humber pride and that unity," Borgo said. "It was a fantastic feeling to be there – electric."

For The Blades, the support was calming. "It was not an atmosphere we're used to cooking in," explained team member Genelle Bachand of the open-concept theatre. "But everyone was cheering and happy – how can you not feel great with that kind of support?"

As passionate as the students are about their cooking, Carole



jennifer berube

Blade teammates Eva Maiatico, front, and Genelle Bachand, back, work the stoves at the Top Meadow Farms Brass Ring Rising Chefs Challenge last weekend in London. Below left, is the Blades' plate of slow roasted herb and pepper rubbed flat iron beef, barley risotto, roasted root vegetables, apple and cranberry chutney, red wine sauce, and a crisp savoury "maple leaf" wafer.

Anthony, co-owner of Top Meadow Farms, is just as passionate about the future of the industry. The cattle breeder and manufacturer awards each student on the winning team with a \$1,000 scholarship. The Blades each received a Kershaw chef's knife.

"It's very important for us to give back to the community and to cultivate the future of the industry," Anthony said.

Top Meadow Farms provided the beef used to prepare a creative dish around. One of Canada's leading cattle breeders, Top Meadow prides itself on producing quality organic meat.

"We want to create an excellent product that's done without hormones, the natural way and it's

very good quality, very tasty and we start from the genetics," Anthony explained.

Her extensive knowledge of the key ingredient of the dish helped Anthony judge the contest last weekend. She and three others judged on taste, presentation and overall impression. "But we're also looking for teamwork and how organized they are," she said.

"They were outstanding," said Leonhard Lechner, coach of the Blades. "They really performed at their maximum. I'm very, very happy with the team."

Although both students and faculty were pleased with the results, Chef Borgo said the differences between first and third place are very minute.

"It could have been a fraction of a mark," he said.

He said given the overall criteria Humber should have placed second.

"Where I felt (the first place team) beat us is when they plated," he said. "It was cleaner, the overall portion size was cleaner, but ours tasted better."

But the team was happy with its accomplishment.

According to Eva Maiatico, the chemistry within this year's team was great. "I wouldn't pick anyone else. I wouldn't pick any better."

Extremely happy with the turnout and the outcome of the challenge, chefs and students look forward to upcoming competitions.

"Next year our goal is to bring two buses down," Borgo said.

threads

your personal style on campus

by hazel ong
LIFE REPORTER

Jacqueline Ie is a second-year chemical engineering student whose 'anti-style' attitude makes her style what it is.

"I don't really have a style. Whatever is comfortable is what I feel like wearing. I don't like trends very much," she said.

Ie said her hat is one of her favourite pieces of clothing to accessorize with.

"This hat's been with me for a very long time," she said.

Her striped blue knit bonnet was purchased at Exile in Kensington Market for a cool \$8 and her enormously wide legged jeans were purchased at Planet Aid in Toronto at Yonge and Wellesley for \$16.

Jacqueline's "punk rock princess" style can be seen everywhere these days, with celebs like Avril Lavigne and Kelly Osbourne taking their styles to the forefront of fashion.



hazel ong

New line of one-time-use sex toys aims at safety in bedroom

by erica shupe
LIFE REPORTER

Canadian consumers can now pick up a pleasure pack of sex aids along with their chips and gum. This comes in response to startling statistics that women are not practicing safe sex.

According to the Sex Education and Information Council of Canada, 53 per cent of women aged 15 to 19 do not use a condom every time they have sex.

Trojan is promoting a new line, Elexa, at Shoppers Drugmart, Wal-Mart and Zellers.

- Low-odour latex condoms (12 for \$14)
- A tube of "Intimacy Gel" (one tube for \$10)
- Freshening Cloths (six, plus three condoms, for \$8)
- Vibrating Ring (with bonus condom, \$10)

Elexa is being marketed mainly to sexually active women who want to take charge in the bedroom.

"We did extensive research across North America," said Veronique Hamel of Trojan headquarters in Toronto. "We listened to 5,000 young women to understand why too many were still taking the

risk not to protect themselves and we realized that to convince young women we had to approach things in a different way.

"Young women told us that they did not like the heavy latex odour that too many condoms give off (and) their embarrassment to shop in the condom section of the store." Elexa is sold in feminine hygiene sections.

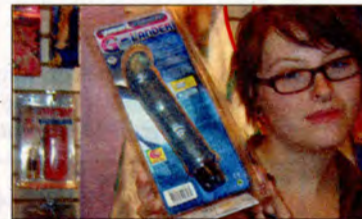
The one-time-use vibrating ring is a small battery-powered gizmo designed to fit around the penis and last for about 20 minutes.

Traditional sex aids, sold in adult-only stores, are usually for multiple usage.

"There are certain things we have to tell customers, like how to clean their toy," said Condom Shack clerk and former Humber student, Holly Jonkman, at the Queen Street West store. "If they are really concerned about cleaning and safety we suggest using a condom."

She also suggested using antibacterial soap or spray especially by people with multiple sex partners to prevent infection and spread of disease.

"If I were to go shopping for something like that, I would probably be more comfortable shopping in an adult novelty store,



erica shupe

Former Humber student Holly Jonkman, said Elexa may not be right for everyone but is a good starter toy.

because everyone there is buying the same thing, so it's not as awkward," said third-year music student Corrie Alexander. "But I would be just as comfortable buying (the vibrating ring) in a common store as buying condoms, because in a way it is just an elaboration of specialized condoms."

That is what Hamel wants to hear – a young woman expressing a commitment to practicing safe sex.

"Even today too many young women count on males for their own safety and statistics prove to us that is a big risk because what happens if their partner forgets to buy condoms?" Hamel said.

"(Elexa) would probably encourage people to have safer sex, since the condom is readily available when they use the product," Alexander said. "But honestly, some people just don't like using condoms."

In 1993, Michael Fay found out the hard way that in Singapore, the penalty for graffiti is four months in jail, a fine of \$3,500 and a caning of up to six lashes.

Whisk

Weekly recipes brought to you by Humber's culinary arts students

Developed by second year student Tova Houpt and Chef Anthony Borgo

Vegan Roast

2 cups of chickpeas – cooked and mashed

- 1 1/2 cups of diced carrots
- 1 1/2 cups of diced celery
- 1 1/2 cups of diced parsnips
- 1/8 tsp cinnamon
- 1 cup of water
- 2 tbsps of tamarind
- 1 tsp of sea salt
- 1/4 tsp of ground sea kelp
- 1/8 tsp cayenne pepper
- 2 cups of onion – finely chopped
- 6 cups of white bread – cubed
- 1 1/2 cups of nuts or pumpkin seeds – partially chopped
- 3/4 cup chopped parsley
- 3/4 cup buckwheat flour
- 1/4 cup arrowroot powder
- 2 garlic cloves – mashed

1. Steam the carrots, celery and parsnips until tender.
2. Mash chickpeas and vegetables with water and other flavourings (cinnamon, sea salt, sea kelp, and cayenne pepper) until well mixed and smooth.
3. Add onion and mix in all remaining ingredients. Use hands to mix everything together.
4. Preheat the oven to 350 F (177 C). Oil a 9"x13" low baking dish and line it with wax paper, then oil the wax paper. Shape the mixture into a 3" high oblong loaf in the pan with rounded top and edges. Bake for 60 minutes until well browned.
5. Remove roast from the wax paper and place onto a serving platter. Garnish with a salad of fresh greens, cherry tomatoes, green onions and radishes.
6. Serve with mushroom gravy.

Subculture at a mall near you

Street art moves from walls to clothes, accessories, skin

by **hazel ong**
LIFE REPORTER

For years, graffiti has been considered vandalism, but people are beginning to appreciate this neo-art form by scribbling graffiti onto clothes, backpacks, and even tattooing it into their skin.

Heather Lowry, program co-ordinator of the advertising and graphic design program at Humber, attributes graffiti's youth appeal to the fact that "it's against the system."

"(Graffiti is) a communication system that alienates the establishment and people who are advertising to generation Y," she said. She says that advertisers play on the fact that they are targeting a group who are anti-establishment.

"So a company can identify a project as being counter-culture even if it's not counter-culture by communicating in a way that targets people who are anti-establishment or who don't respect sort of, the old men in suits," Lowry said.

Despite the recent popularity of this art form, self-proclaimed "true" graffiti artists think that graffiti's new fame in the mainstream market is not helping out the real cause.

"A lot of these people who use graffiti on their merchandise, most times, they don't even know what the art is all about," said Toronto artist Kong who asked to go by his moniker. "They don't know that it started out in the streets and not for mass-market production to make money for someone."

Graffiti was popularized in the early 80's as a part of the rise of hip-hop culture.

Scenes such as the opening

credits of the hit 80's sitcom, the *Fresh Prince of Bel-Air*, depicting a young Will Smith scrawling a wall with a can of spray paint only to be interrupted by a cop show graffiti's early association with rebelliousness and urban culture.

"Well people have known for a long time about graffiti and how cool it is, it's always been stylish. Now, people are jumping on the band wagon, putting it into other stuff," said Troy Shaw, a 20-year-old radio broadcasting student, who himself has a graffiti-style tattoo on his back in appreciation for what he calls "an art form."

"Well my nickname is 'old school' because I like a lot of the old school hip-hop and earlier in hip-hop there was a lot of graffiti," he said.

Retailers are catching on to this new trend and making it available for the mainstream market. Popular brands such as Akademiks, Enyce and TNA are co-opting this form of subculture.

"Where I work, we've had some shirts and other stuff with graffiti-style writing on it. It looks cool," said Karolina Wierzbicka, 21, who is a manager at Aritzia and a first-year interior design student at Humber.

Kong admits that he doesn't completely dislike the rise in commercial popularity of this art.

"I guess any attention towards graffiti is good for [the art] as a whole. We're finally getting some exposure, and even though it's kind of commercial exposure, it's still exposure. I guess graffiti doesn't have to be an underground thing forever."



hazel ong

Graffiti is evolving from an underground form of rebellion to a fashion phenomeon in cities across the globe.

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"Always remember that striving and struggle precede success, even in the dictionary." – Sarah Ban Breathnach, author

Rippin' it up

Humber student Nick Stoneman helps the technically challenged digitize their music collections

by michelle chang
BUSINESS REPORTER

Low-quality files, hidden viruses and other complications have been driving people away from file-sharing programs. When the Internet becomes more trouble than it's worth, they turn the CDs they own into digital music.

Journalism student Nick Stoneman has launched his own business, Rippit, which provides the service of transferring CD collections onto a computer.

Stoneman's Markham office has been operating for six months, "ripping" thousands of CDs and serving a couple of hundred customers.

"A lot of people have large CD collections and we save them the time of doing it," said Stoneman, a second-year Humber student. "It could take some five to six days to convert their music."

Stoneman, 27, generated his business idea when people continually asked him for his help with their music players.

Rippit charges 99 cents per CD for a basic conversion, including the organization of the files by artist, song and genre. Songs can be saved in a basic or custom digital format.

But Stoneman said his business doesn't target his peers – in fact, he has yet to help a Humber student.

"It's pretty cheap for 99 cents a CD, but I wouldn't use this service," said Ermercio Fernandes, a second-year chemical engineering

student. "My MP3 player came with software that does everything for me."

Twenty-five per cent of Rippit's customers come from an older crowd with more money to spend and a busier schedule.

"There's so much software out there now that if you haven't grown up with it, it can seem very intimidating," Stoneman said. "It's a different way of learning."

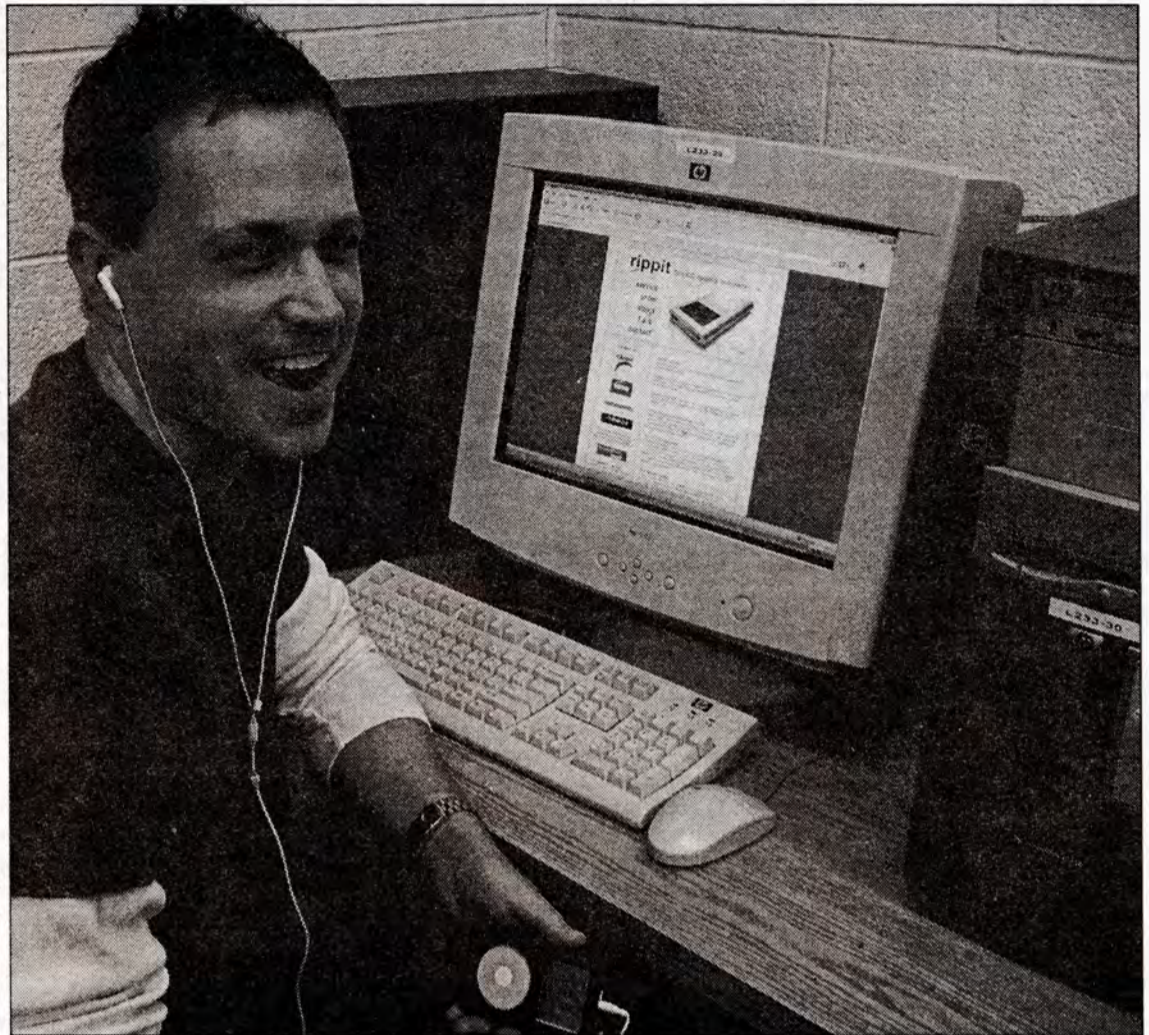
Sherri Helwig, supervisor of studies for the arts management specialist program at the University of Toronto, said the business market has opened several doors to aspiring entrepreneurs.

"Working from a home office was deeply frowned upon not all that long ago because business people felt they couldn't be 'serious,'" Helwig said. "Now, many people aspire to work from a home office, and the stigma isn't there in the same way."

Helwig said the problems students may come across when opening their business include time management and lack of recognition. It's difficult to be both a student and boss, but Stoneman said that since his company is online, it's a lot easier to manage in between school hours.

"With my cell phone and Internet connection, I can stay in touch and be reached if a customer needs me," Stoneman said. "This frees me up to take care of the non-administrative stuff on my own time."

Rippit offers free services including file 'tagging' – encoding



michelle chang

Unlike file-sharing, there are no legal issues with making audio files from CDs you already own, provided you don't give or sell them to others. If artists and record labels are successful in their fight against illegal downloading, 'ripping' may become the only way to get MP3s.

artist and song information into each MP3 – creating playlists, scanning album art and loading the songs to an iPod or similar device.

"We're still at the stage of bending over backwards for customers," Stoneman said.

After Christmas, the album art won't be included as a free service. The price will be 25 cents extra for each image.

Rippit also provides a door-to-door service for an extra charge, including pick-up of the CDs and

return with a local courier. It usually takes Stoneman and his two-person staff three days to finish a client's order depending on the number of CDs.

Stoneman said most of his customers hear of the company from the press, advertising or word of mouth. He spends hundreds of dollars a month for advertisements on Google as a key part of his tactics.

Meanwhile, Rippit has been receiving media coverage from Global, City Pulse, *The National*

Post, News Talk 1010 and Sympatico MSN.

Stoneman used his own money to start up the business because government funding was hard for him to get with its restrictions. He tells others who want to be their own boss to just go for it, because things never go as planned:

"If there wasn't a risk involved with opening a business, everyone would do it," Stoneman said. "People have to understand that you're not guaranteed to get rich."

Marketing study targets 'quick-trip' shoppers

by erin taylor
BUSINESS REPORTER

Students who feel crunched for time and money may soon be able to get in and out of the grocery store in record time, if grocery chains take a recent study to heart.

New research by Unilever, maker of Becel margarine and Dove soap, showed that almost two-thirds of shopping trips are quick ones, as opposed to weekly grocery store ventures. Rob Persiko, strategy developer at Unilever Canada, said that even though their research wasn't specifically geared towards students, their "quick-trip" management strategy could help students get more bang for their buck.

"There are a couple of things retailers can do, like put together some meal solutions at the front of the store, so people don't have to

"The companies are responding to needs to stay ahead of the curve, but if you buy the food you need for the week and prepare it in advance, you are going to save a considerable amount of money."

– John Dickason, marketing program co-ordinator

walk through all of the aisles trying to find the items they want. They can come in and out quickly," he said.

But Unilever's "quick-trip" management strategy might be a hard sell to "marketing sophisticated" students, said John Dickason, marketing program co-ordinator at Humber College.

"The companies are responding to needs to stay ahead of the curve," Dickason said. "But if you

buy the food you need for the week and prepare it in advance, you are going to save a considerable amount of money. Students recognize when something is promoted heavily it is because somebody else wants to sell it," he said.

The Unilever research involved more pre-packaged and frozen meals, which are convenient, but not always the cheapest choice. Dickason warned students against falling for the glitz and suggested

they go for what they need if they are living on a budget.

Persiko recommended that, in response to their research, retailers get to know who their shoppers are. He used the Fortino's across from Woodbine Centre – where Humber students living in residence flock to purchase food staples – as an example.

"The question is, do they really know what you guys (students) are looking for? Are they offering the things that would make you shop there more often?" Persiko asked.

Carla Giblin, a first-year Humber photography student, shops at Fortino's and said she has to plan a weekly trip to save time and bus fare.

"I tend to go for the sale stuff," she said. "It's generally at the front of the store, so that's good."

Some students aren't as satisfied with their shopping trips.

Vince Bernard, second-year Humber film and television student, said he gets annoyed at the massive promotional displays that dominate the floors of so many grocery chains.

"They shouldn't be so big and elaborate, it's not really necessary," he said. "I am going there to buy food, I don't want to buy an R2D2 model or shaving cream. I'll go to Shopper's Drug Mart for that."

The shaving cream and movie displays are all part of the stores' response to the trend in grocery shopping – a move towards the "everything in one place" philosophy. Unilever's study suggests there is still more room to streamline and improve speed and convenience. It falls to the big chains to decide how they will respond, and to students to decide if convenient 'quick-trips' are really worth the money.



Biz term of the week: Initial Public Offering (IPO) - A company's first public sale of stock

Preparing for the main course

by **sunil angrish**
BUSINESS REPORTER

Humber will offer a cook pre-apprenticeship program this March for at-risk youths looking for a head start.

"It was developed to address barriers and challenges at-risk youths have," said Lois Willson, associate dean of planning and government relations at Humber.

"It's a really good opportunity. There are not a lot of these around."

The program, funded by the Ministry of Training, Colleges and Universities, will be available free to 24 youths between the ages of 18 and 24. Along with level-one apprenticeship training, students will also be offered academic upgrading to a grade 12 level, counseling and assistance.

Microskills, a community development centre in Toronto, is working with Humber on the project.

"It is extremely important to have an initiative like this," said Hazel Webb, director of community programs at Microskills. "Many don't have a vision of the future with options."

After the one-year training, Willson hopes students will "either go on to further training, or become employed."

Willson said the culinary arts program at Humber has a wide pool of networks and employers that students could find jobs through after completing the program.

Webb also stressed the importance of what happens after the

students finish the program, saying if the program is to be successful, "businesses will have play an important role."

The west-end restaurant River 413 is also helping at-risk youths develop knowledge and skills for employment - by hiring them.

Opened in 1998, River 413 is owned by All-A-Board Youth

a foot in the door, since most businesses will only hire people with experience.

In addition to the job training they receive, employees at River attend a mandatory life skills program.

"It's an integral part of the program," Casey said. The life skills include helping employees open bank accounts and collect their government ID. If employees need to go to a bank or office, or attend classes or find new employment, they're paid for a work shift.

"The managers act as mentors," said James Kennedy, 19, server at River. "We're always together all the time."

Kennedy is one of the many success stories to come out of the program. Casey quickly pointed out that 85 per cent of River 413 employees go on to further employment or education.

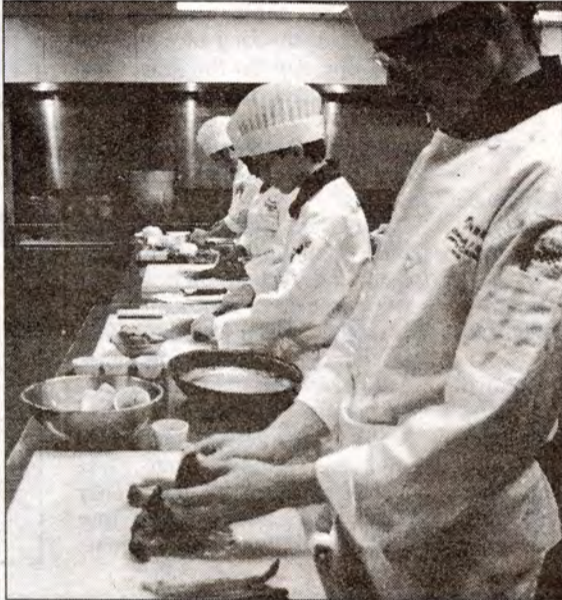
"We're very proud of that," Casey said.

Despite River's success, Casey doubts other restaurants will follow its lead.

"The reality is the restaurant business itself is a difficult business," he said. "It's tough enough on its own, but with a social message it's really hard."

Casey also said that without the funding from HRDC Canada, River probably wouldn't survive.

Most River customers don't know about its youth program. Casey feels that those who do come again to "kill two birds with one stone" - have a nice meal and give youths the job experience they need.



Some of the youths who finish the program may move on to study culinary arts at Humber

Ventures Inc., a non-profit organization that seeks to help youths develop job skills. Working with Human Resources Development Canada, River hires youths to work both on the floor and in the kitchen of the restaurant.

"We have a lot of youth from different walks of life," said David Casey, a floor manager at River. "A lot hadn't finished high school, have suffered from drug abuse, or lived in shelters."

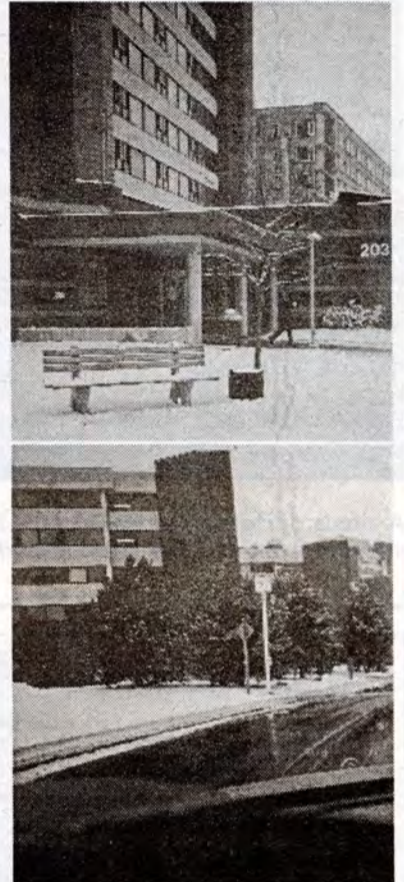
Casey said a lot of the trouble youths have with finding employment has to do with simply getting

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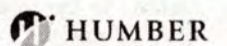
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Official restaurant of the



arts & entertainment

Supermodel Kate Moss has checked out of drug rehab. She recently lost many of her modelling contracts after tabloids ran pics of her snorting cocaine.

Freaky sights on circus night

by penny graham
ENTERTAINMENT REPORTER

Fiery torches, contorting acrobats, and unicycle riders transformed Caps into the Big Top on Circus Night on Oct. 26.

"Anyone here in the firefighting program?" cracked unicycle rider

Jonathan Seglins, as the flaming torches he juggled came dangerously close to streamers hanging from the ceiling, to the dismay of Caps staff.

"I would think that common sense would click in there," said John Redhead, bartender and third-year engineering student.

"But then, this is the circus."

Next, Seglins, aka Circus Jonathan, plucked Humber Student Federation's event assistant Mat Rowe from the crowd to sit on his shoulders as he ran around the stage.

The event included a Russian family of contorting acrobats who tossed and flipped their preteen son

"It was absolutely terrifying," Rowe said. "I went and volunteered, not knowing what it was about."

When asked if he planned to do it again he said, "hopefully, god forbidding, not."

The mid-term-weary crowd appreciated the unique, all ages, no-cover event that was sponsored by HSF.

"It's a lot of fun," said Matt Sutton, a second-year engineering student. "You get to watch some

people do some crazy things. It's not your typical band night or comedy night...I don't find that particularly amusing, I haven't heard one funny comment yet. These guys are funny, and they're entertaining."

Vice-president of student life, Cynthia Malagerio came up with the circus concept.

"I like to be a little different. I like to think outside the box...when thinking of events for Caps," she said "At the time, I had just come back from the circus. I had a great time, so I thought I would try to bring a little of that to Humber students."

The event included a Russian family of contorting acrobats who tossed and flipped their preteen son George in a series of stunts. His mother, Tiana Loarestoh said, "we have been training since we were children. The circus act is very popular in Russia."

HSF staff garbed in clown costumes, handed out free popcorn and cotton candy. They also manned games of Guess Your Weight and Pop the Balloon.



penny graham

A circus performer at Caps twirls hula hoops while doing the splits in front of a fair sized crowd last Wednesday night.

What's In Your Headphones?



shanen crandon

name: rachel white

age: 20

music: the killers,
keane

program: law clerk

What's Between The Covers?

The Deptford Trilogy
Robertson Davies

by leigh beadon
BUSINESS EDITOR

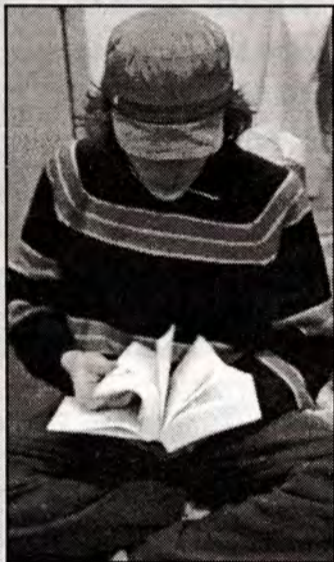
From childhood in rural Ontario to the loftier principles of Jungian psychology, Robertson Davies' *Deptford Trilogy* – which consists of *Fifth Business*, *The Manticore* and *World of Wonders* – conveys a lifetime of experience and insight.

It starts when Percy Boyd Staunton, a hotshot kid in the town of Deptford, throws a snowball at Dunstable Ramsay. When Dunstable moves out of the way, the snowball strikes Mary Dempster, the pastor's wife, in the head and triggers a catastrophe.

A few years later, life for all involved has changed. Mary suffered brain damage and is kept on a leash in her house. Her son Paul, born prematurely after the blow, is small, ugly, and awkward and has only one friend: Dunstable Ramsay.

Fifth Business goes on to follow Dunstable – who changes his name to Dunstan – around the world as he studies the history of saints and tries to shed light on his own belief that Mary Dempster was herself blessed by God.

Meanwhile, Percy Boyd



randi bokor

Staunton becomes Boy Staunton, a stunningly successful businessman. *The Manticore* contains transcripts of his psychiatry sessions in Switzerland. Here he retells his dramatic past and struggles with the memory of that disastrous snowball.

Young Paul Dempster is the most mysterious character. After mastering sleight of hand as a child, he disappears until a chance encounter with Dunstan years later. In *World of Wonders*, he shares the story he has kept a secret for so long – his life in the circus, his travels as an actor, and the curious time he spent repairing an old man's collection of clockwork toys.

Robertson Davies is one of Canada's most enlightened authors, and the *Deptford Trilogy* is an entertaining requirement for those who wish to live the examined life.

Don't see Saw II

by shaun archer
ENTERTAINMENT REPORTER

Nearly a year after the grisly horror-hit *Saw* carved its way into theatres, *Saw II* was released in time for some Halloween scares and thrills.

The only problem is it accomplishes neither.

First-time director and screenwriter Darren Lynn Bousman tries to deliver a sufficient sequel to its predecessor, but this can be categorized as a film made for the sole purpose of money.

Saw II follows the lines of the original. Maniacal, cancer-ridden killer Jigsaw is back and wheezing, hooked up to an IV in his lair of malevolent madness and deadly contraptions. He is still hell-bent on teaching lessons to those who abuse their lives in some way and those ungrateful to be alive. Taking the place of the two original men chained in a dirty bathroom are eight strangers in a dark house, all connected in some way and trying desperately to exit the house before they fall victim to Jigsaw's deathtraps.

Any attempt at decent acting is missing in this cast, of which most are almost entirely D-list actors. Teen heartthrob and ex New Kid on the Block Donnie Wahlberg stars as Detective Eric Mason, a disgruntled cop who finds out his delinquent son is one of the captives in the house. It is now up to Mason to uncover the truth about Jigsaw and his plans for the strangers and rescue his son.

Saw II went into production a

few days after the original's release resulted in an immediate box hit of over \$18 million dollars on its opening weekend. Filmmakers were eager to turn *Saw* into a new horror franchise.

While the original was an innovative and fresh welcome to the genre, the sequel fits into the stockpile of typical slasher flicks, spewing blood, gore and cliché deaths everywhere.

Mindless, uninspired killing and cheesy lines takes prevalence over plot and suspense.

Jigsaw is on screen too much and downplays the eerie shadow we met in the first film. This removes the mystery, intrigue and creepiness of the killer.

The eight strangers in the house are all stereotypical – the "macho" muscle man, the drug addict, the headstrong woman, frightened fragile teenager, the slightly psychotic man and so on.

As they are put in harrowing situations, it is difficult to care whether they die or not since the film doesn't help the audience connect to them – we have no empathy for them at all. They are sacrificed simply for the spectacle of sadistic deaths.

We never get to know any of them beyond their exteriors or relate to them on any level, unlike in the first *Saw*.

The set-up of two strangers locked in a bathroom also played with the psyche of the audience, as well as the characters on screen, slipping into madness and isolation. This new crew of clueless strangers wandering around a



courtesy

house feels more like bad reality TV. The ending tries to catch audiences with a twist ending that was achieved in the first film. But this time around the ending it falls short. We're left piecing together random plot holes and unfinished storylines. This means there will be the inevitable third installment. Moviegoers looking for a film to provide scares and chills should look elsewhere, as *Saw II* is undeniably dull.

After publicly battling post-partem depression Brooke Shields, has announced she is expecting her second child in the spring with hubby Chris Henchy.

Listed



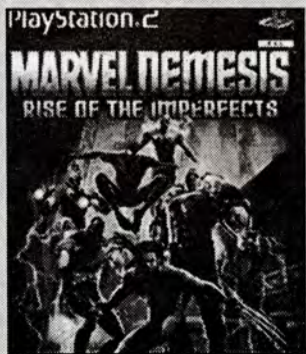
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Gaming industry growing in Canada

by stuart service
ENTERTAINMENT REPORTER

Niche game-maker Koei unveiled a new development studio in Toronto last week in a plan to break into the mainstream North American videogame market.

Koei founder and chief advisor Yoichi Erikawa said the reasons for creating the Canadian studio in Toronto are the advanced technological skills of Ontario University and College graduates and the city's cultural diversity.

Currently, Koei in Toronto has a staff of 30 and is planning to increase to between 150 and 200 employees over the next few years.

Koei wants a piece of North America's hold on the gaming market, which makes up for 40 per cent of total sales in the global game software industry.

Erikawa said at the Oct. 25 launch party, what separates Koei from other developers is its focus on historical games geared towards the Eastern market.

"Koei specializes in games involving Chinese and Japanese history and outside have become a prominent ground in Japan and the rest of Asia," Erikawa said.

Koei's Dynasty Warriors series, which has sold more than nine million copies worldwide since 1997, and the Romance of the Three Kingdoms series are both based on the Chinese classic novel by Lou Guan Zhong, *Three Kingdoms*.

When it comes to the western market, Erikawa said the developer still has "a lot of room to grow."

Koei had four of the top 100



Between 150 and 200 people from Canada will be hired to launch the Koei gaming company.

bestselling games in Japan last year and earned more than \$270 million U.S. worldwide. Despite their success in Japan, Koei has never had a platinum-selling videogame in North America.

Koei's reasons for high sales in Asia are also its biggest detractors for its lack of success on this side of the Pacific. But Erikawa assured the Toronto studio will change Koei's reputation as a niche game developer.

"Using the capabilities of our Canadian staff, we will create large-scale titles geared towards

the western market," Erikawa said.

Koei showed off a demo of Fatal Inertia, a PlayStation 3 aerial combat racer being developed in Toronto. It'll be the first original Koei title developed outside of Japan.

"Players will fly flashy futuristic ships through beautiful natural environments in every part of the globe," said Michael Band, the lead designer of Fatal Inertia.

Fatal Inertia is due to hit store shelves the same time as the 2007 PlayStation 3 launch.

Humber offers Writers Circle for amateur authors

ethan rotberg
ENTERTAINMENT REPORTER

Now in its second year, the Writers Circle continues to inspire young scribes.

The workshop, which is put on by the Humber School for Writers, gives students the opportunity to talk with authors, editors and agents.

The two-hour sessions are split up into two components. Students first get to listen to published authors about their own experiences. They talk about their inspirations, their writing routines and what led them to write about a certain subject.

In the second hour students have the opportunity to have an editor or agent look at the first page of their work. They will give a critique and helpful feedback.

The Writers Circle was created last year by author Kim Moritsugu, who for the last six years has been teaching at Humber's School of Writers.

"It can be very inspiring to hear from successful writers" Moritsugu said. "Even things like how they approach their day when they're writing."

The 2005 Writers Circle began on Sept. 17, but will meet three more times, all at the Lakeshore Campus.

It continues Saturday, Nov. 19 from 10 a.m. till noon and features author Eliza Clark and John Pearce of Westwood Creative Artists. Clark's work includes *Bite the Stars* and *What You Need*.

The cost is \$25 for each session. If you're interested in having your work assessed, it must be submitted in advance.

For details, contact Hilary Higgins at ext. 3449 or by e-mail hilary.higgins@humber.ca.

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arts & entertainment

Actor/filmmaker Mel Gibson begins shooting his second non-English film, *Apocalypto*, in Mexico soon. The action film has been translated into a Mayan dialect.

Broken Pencil supports zines

by ashley carter
ENTERTAINMENT REPORTER

It's said that freedom of the press is only available to those who own one.

Last Sunday, nearly 150 independent publishers, writers, artists and bloggers packed Toronto's Gladstone Hotel for Canzine, Canada's largest celebration of small press publishing and independent culture.

"People come from all over the place to attend," said Suzanne Andrew, books editor of *Broken Pencil* magazine. "It's the only event of its kind in Canada."

Not long after the doors opened at 1 p.m., the Gladstone was abuzz with writers, agents, and scenesters all trying to dig into something fresh.

Admission was pay-what-you-can for the crowd that scouted the main floor display tables where exhibitors pushed zines and related merchandise. In the hotel rooms upstairs, events ranged from burlesque shows to interactive art installations.

"There's an all-day underground video event where people bring in their short videos on VHS or DVD," Andrew said. "There aren't many places for people to air their individual videos so this gives them a forum for them to be shown in."

Exhibitor Charlie Green, a Toronto street artist with work published in New York, London and Berlin was at Canzine for the first time.

"It's completely rammed full of artists so there's no lack of stimulation or inspiration," Green said.

Sarah Sartell, a Canzine veteran, always makes sure to grab as much swag as possible.

"It's great to be able to walk in and buy the first issue of a zine and then come back next year to see how much they've developed and grown," Sartell said. "Particularly when you know part of that growth is thanks to the exposure they got here."

The affair is organized by *Broken Pencil* magazine, a quarterly devoted to mobilizing the scattered community of small circulation art. As North America's premiere guide to zine culture, it reviews and features submissions from virtually anyone with work to showcase.

"I started *Broken Pencil* as a way to get the word out about all these great indie creators," said Hal Niedzviecki, founder of *Broken Pencil* and Canzine. "I felt like the publications were out there, but no one knew about them, and I wanted to do something that would bring awareness to how much great material is being published."

In 1995, the same year that *Broken Pencil* debuted, Canzine had its first outing at the now defunct Spadina Hotel.

"We put out two issues of our magazine and quickly realized how hard it was to reach readers, since the newsstand isn't very

friendly to independent publications," Niedzviecki said. "We couldn't afford big marketing campaigns, so it was decided to put on a festival that would bring together fans of indie publishing with those who actually make the stuff."

From its meager beginnings with 20 exhibitors to this year's crammed love-in at the Gladstone

(not to mention the emergence of Canzine West in Vancouver), Canzine provides an audience for grassroots publishers that will hopefully encourage them to keep on creating.

For more information on *Broken Pencil* and Canzine, or to submit your own work, visit www.brokenpencil.com.



ashley carter

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"The only reason I don't like playing in the World Series is I can't watch myself play." – former Yankees and Athletics World Series hero Reggie Jackson

Men's rugby comes up short in OCAA's

by justin holmes
SPORTS REPORTER

The Hawks went into the OCAA rugby championships looking to make up for three straight losses but instead extended the streak to five.

Humber threatened to take both games but still fell 10-0 to Seneca on Saturday and lost the bronze medal to the Conestoga Condors on Sunday 12-5.

"I'm disappointed with the result, but very pleased with the effort," said athletic director Doug Fox.

"The good news is we're beating the teams we should be beating," he said, adding teams like the Sting or Fleming's Knights are still just above Humber's level. "We're playing them very close but we're just getting over the hump now."

Head coach Carey French agreed the team is closing the gap.

"Both these games were really hard fought. It was our old nemesis the penalty that really did us in."

"Next year we have to work . . . on discipline."

– Carey French, coach

Humber's shutout loss to Seneca came close to being a tie, as the Hawks were steps from scoring a try with the score at 5-0.

They took a 10 minute spearing penalty, however, when centre Andre Rose-Green lifted an opposing player and drove him into the ground. He also went on to be named player of the game by the opposing coach.

On the last play of the game, rookie Mark Falkinson took a fall in centre field and tore two ligaments in his ankle and one in his upper calf.

"My toe got caught in the mud,"



justin holmes

Humber put out a strong effort in their opening match at the OCAA championships against the Seneca Sting but came up just short losing 10-0 before going on to lose the bronze medal match against Conestoga College.

he said, noting an audible pop the injury made, heard by a few players. "I thought I broke it for sure."

The injury left Falkinson watching the Sunday game. "If Mark had been there, that would've made the difference. We would've made our line-outs today," French said.

The Hawks got out to a firm start, scoring the first try of the game off a strong running effort by Marcel Wade, who passed to Rose-

Green, who then ran for a try.

However, the Condors came out on top of the back-and-forth battle for the bronze.

Kicking was ineffective in both games on both sides, with Humber's Evan French succeeding on no conversions or penalty kicks. The only completed kick in either game was a Conestoga conversion, largely due to excessive mud in the first game and wind in the second.

Coach French also said he felt one of the contributing factors to the losses was a lapse in strategy. The Hawks were set on focused one-phase play, which broke into a reactionary second phase "one or two times."

For now, the team is waiting for 2006.

"Next year we have to work on fitness, and definitely on discipline," French said. "This is by far

the mouthiest Humber line we have put out."

The tournament also marked the naming of the 2005 all-star team. Scrum-half Troy Barron and flanker Andrew Wilson were chosen as Humber's representatives.

In the gold medal round Seneca won the tournament for the fifth consecutive year while Fleming Peterborough's Knights settled for silver.

Hawks romp Redeemer in regular season opener

by jeremy crowe
SPORTS REPORTER

The Humber women's volleyball team continued to build off of its Sheridan Power Paws Tournament victory, opening the regular season up with a 3-0 win over Redeemer last Wednesday.

"From point one of the first game until point 25 of the third game, there was never any doubt as far as the win," said coach Chris Wilkins.

He stressed that the Hawks' philosophy is of a total team effort, something that was evident during this game.

"We had a lot of contributions

from all angles," Wilkins said.

Amanda Arlette led the team with 12 points, while captain Risha Toney and Perfection Powell added 10, and Robyn Stafford had nine, including five blocks.

The team now moves on to hosting the Humber Cup this weekend, which will feature Mohawk, Niagara, Cambrian, and of course Humber, among other schools.

Wilkins said it would be a showcase of the top teams in the Ontario College Athletic Association.

The tournament will run tomorrow and Saturday at Humber.



terry bridge

Humber goes for the set in its game against Redeemer College on the way to a 3-0 win.

sports

"A lot of good ball games on tomorrow, but we're going to be right here with the Cubs and the Mets." – Thom Brennaman, Chicago Cubs broadcaster.

Men's basketball team shows promise at Raptor Invitational

by **Garth Simmonds**
Jevon Griffith
SPORTS REPORTERS

It was a full weekend of basketball for Humber's men's squad as it hosted the third annual Raptors Invitational Tournament. Eight of Canada's top university and college basketball programs competed in the largest pre-season tournament for the RIT championship.

"Just being able to get different people an opportunity to play and to get to see them execute our stuff and compete at a higher level made me pleased," coach Darrell Glenn said. "I think that will go a long way once we start the season because our goal for this tournament was for us to get better each time out and I think we did that. The outcomes may not show that, but in terms of what we saw defensively and offensively, I thought we got better."

The Hawks kicked off their tournament Friday against the University of Windsor Lancers. Entering the tournament as the 2004 RIT runner-up, the Hawks started the game playing stifling defence forcing the Lancers into turnovers in their first two possessions which made Humber's offence flourish.

First-year guard Michael Cruickshank played floor general late in the game drawing a key charge and distributing the ball well. The Lancers found their groove late in the game but were unable to close the gap. The Hawks came up big hitting a number of crucial free throws down the stretch to advance 67 to 55.

The Hawks were led by the sharp shooting of guard Mackenzie Milmine who knocked down three 3-pointers in the first half and by the spectacular play of first-year guard Nolan Gooding. He finished with a game high of 17 points on 6-7 shooting and was named player of the game.

The final game of the day on Saturday saw the Hawks facing off against the top seeded Brock Badgers. The Hawks failed to display the same intensity on defence which led to a number of early baskets for the Badgers.

While trailing late in the game, third-year guard Jonathan Wyse was fouled on a 3-point attempt and hit all three tough free throws. A missed free throw by Brock gave the Hawks the chance to tie the game with a three but the Hawks came up just short, losing 76 to 73. Cruickshank was player of the game and the Hawks headed to the Air Canada Centre Sunday to compete for the bronze medal.

"When I knew we didn't have six-foot-four centre Andrew Thompson and six-foot-three forward Jadwey Hemmings, who might be our best all around player, I wasn't really coming into this game expecting to win. But I wanted to compete and I wanted us to achieve some of the goals that we've been setting every night out, so I think we're getting closer to where we want to be," Glenn said.

Some of the players who

stepped up in the bronze medal game were six-foot-four forward Peter Petruniak, six-foot one guard Jose Araujo and Jonathan Wyse,

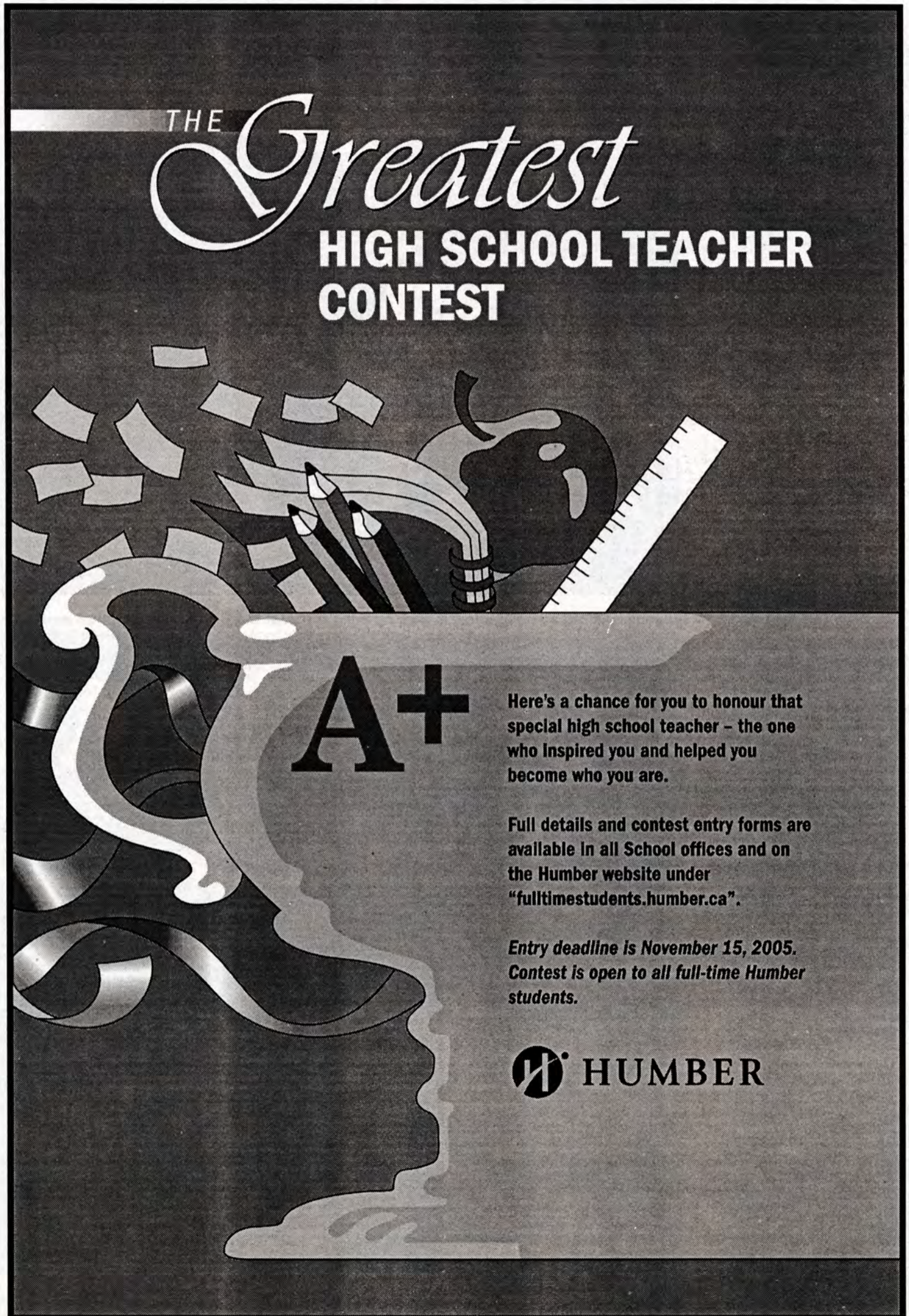
who was named game player of the game.

"It's a good feeling, but I don't look at myself as the player of the

game. I think it's a team thing. If I'm player of the game, the whole team's the player of the game. It's family first with the Humber

Hawks," he said.

The Hawks regular season begins Nov. 9 against Georgian College.




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 **HUMBER**

"I quit school in the sixth grade because of pneumonia. Not because I had it, but because I couldn't spell it." – Boxing great Rocky Graziano

Tough end to a tough season

by **matt durnan**
SPORTS REPORTER

The varsity women's soccer season came to a heartbreaking close on Wednesday in a 1-1 draw against Mohawk College.

The Hawks fell behind early after goalkeeper Heather Longland misjudged a shot that got caught up in the wind.

The Hawks battled the feisty and sometimes dirty Mohawk players for over an hour before Anna Tripodo tied the score with 10 minutes remaining.

The Hawks' players continued to press for the remainder of the game but just couldn't seem to find the net.

"We definitely had our share of chances," said coach Vince Pileggi. "Sometimes the bounces just don't go your way."

With the draw, the team earned one point, moving it into a tie for the fourth and final playoff spot with St. Clair.

St. Clair, however, was awarded the spot because it had beaten the Hawks earlier in the season.

"It's disappointing to lose out

that way," Pileggi said.

After going undefeated in their last four games of the regular season, the abrupt end to the year came at a very unwelcome time.

Team captain Anna Tripodo and the Hawks' leading scorer Connie Tamburello were named OCAA all stars.

Tamburello will return to next year's squad along with a solid core of this season's team.

With a strong foundation already in place, the team will look to get off to a faster start to next season and better their results.

Murray-Lawson a real Golden Hawk at OCAA's

by **stephen leithwood**
SPORTS REPORTER

Humber's Colin Murray-Lawson dashed to a gold medal at the OCAA Cross-Country Championships at St. Lawrence College in Kingston last weekend.

"I told someone on our team going in that I was hoping to win, but it would be disappointing if I lost," the 20-year-old Murray-Lawson said, after running the eight-kilometre course. "So, it was kind of a win-lose situation in my head."

Overall, the Hawks men's team placed fifth and the women's team seventh. More than 90 men and 46 women from 17 colleges participated in the championship at the Little Cataraqui Creek Conservation Area.

"I had never been here, so I wasn't sure what to expect," Murray-Lawson said. "I thought it was fantastic, I loved the course."

Natasha Szauter, the Hawks' leading woman runner, was hoping to place in the top 10 but finished 11th. She hadn't trained with the team in the weeks leading up to the event because of a hip injury.

"I felt pain in my hip and knee the whole race, but I tried to focus

away from that, and I don't think that slowed me down at all."

After Murray-Lawson, Mike Scipio was the Hawks' best finisher at 31:00.

"He's been so consistent with all the other runs (an average of 32 minutes), that we basically had to tell him to do better," said coach Jennifer Andress of Scipio's performance. "Which he did, he took off a minute and a half and sprinted the last full kilometre."

Scipio was surprised with his results.

"I honestly didn't think I would do that well," he said. "I had blisters on my feet because I hadn't worn these shoes since high school, they were a couple of sizes too small."

Coaches Andress and Monique Haan were pleased and proud of their athletes, but can't relax yet with the CCAA Championships in two weeks.

"Overall, most of them met their individual goals, but as a team goal we fell a bit short," Haan said.

The Hawks will continue training while the coaches select runners for the national championships in Peterborough on Nov. 11 and 12, Humber's first visit to the CCAA's for cross-country.



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"(We) should be allowed to wear shorts. God almighty, (LPGA) women are allowed to wear 'em, and we've got better legs than they do." – Golfer Greg Norman

Men drop heartbreaker in OCAA semis – win bronze

by **rob acton**
SPORTS REPORTER

Last weekend in the nation's capital, the Humber Hawks took home OCAA bronze with a 5-3 win over Mohawk College. But it was the semi-final game that stole the show.

On Friday, Humber looked to be well on its way to securing a spot in the provincial championship. But if the phrase 'it's not over til it's over' didn't mean anything to the club before the game, it certainly does now.

Humber entered the second half with a comfortable three goal lead but shortly after the break, the Hawks suffered a big blow as central defender Houdou Dene was forced to pull out of the game because of a left leg cramp.

For head coach Germain Sanchez, the injury was the turning point in the game.

"He was the strongest defender today, with his speed he was stopping everything, the whole defence was playing well around him," he said. "Maybe because of the cold, or the artificial turf, which we played on for the first time, influenced his injury. I don't want to

put it down to one play but after Dene left the game and couldn't get back in, it was tough for our team."

With less than 25 minutes to play and Humber up 4-0, the stage seemed to be set for the Humber-Seneca gold medal game. But Algonquin had other plans as it rallied to score four quick goals to force the Humber players into shock and the game into overtime.

With momentum on its side, it didn't take Algonquin long to complete the stunning comeback as it scored in the seventh minute of sudden death overtime to end Humber's provincial title hopes.

After the game, a shocked Kwame Osei couldn't believe what had happened.

"I don't know, we just collapsed, we had them, I don't know, we just totally collapsed," he said.

After the game coach Sanchez put it simply.

"Very disappointed, I never lost a game like this before," he said.

With Friday's devastating loss still fresh in their minds, the Hawks were able to regroup on Saturday and capture the bronze metal with a 5-3 victory against Mohawk College. Going into

Saturday coach Sanchez realized his role was to motivate his club.

"I had to use all my tricks to encourage this team after the loss," he said.

Humber once again started quickly, building a two-goal lead early when Osei, Ontario College Athletic Association's player of the year, scored two early goals.

But for the second straight game the Hawks looked too relaxed with the lead and forgot to play defence. Mohawk was able to capitalize on its chances including a penalty shot and suddenly the Hawks were down by a goal, 3-2.

Fortunately, Humber's Sherwin Emmanuel tied it up and less than five minutes later he scored the eventual game winner off a big rebound. Joseph Feijoo added some late insurance for Humber to cap off the 5-3 victory.

"We gave up two goals but this team has character and we wanted



Humber failed to improve on their silver medal from last year's OCAA's, but did manage to come away with a bronze with a win over Mohawk.

to win. This is my last year, so I played hard, even though I was hurt," said Dene, the bronze medal game most valuable player.

Even with the victory and being crowned game MVP, Dene's mind was still focused on Friday's game.

"I just wish I didn't get that cramp, that's all I can say," he said.

Although the celebration was less than enthusiastic as the bronze

medals around their necks were not what they came to Ottawa for, midfielder Ethan Chevtchenko was pleased they didn't come home empty handed.

"Overall I'm not happy with the result of not winning the gold medal but it's best to keep the school's pride and win the third place medal," Chevtchenko said.



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