

Getting festive, pgs 14,15

# HUMBER

DECEMBER 7, 2000 Vol 29 Issue 13

## IT fee to rise

by Desmond Devoy

The student Information Technology fee could be doubled by tuition time next year.

Currently, full time students pay \$23 per semester towards an up-front IT fee. However, the college administration has approached the Humber Students' Federation about increasing the IT fee to \$46 per student, per semester, double what they are currently paying.

"It's fee season again, as I like to call it," said HSF President Toby Warnell.

"Their specific recommendation is to increase it [the fee,]" said Warnell. "That's what the college is asking for...They're trying to talk us into it."

Currently, the fee raises \$650,000 for the HSF to help run technology programs like the SAACNET. Currently, it costs about \$100,000 to cover the price of student printing in the labs.

Raising the fee to \$46 per semester would generate \$1.3 million. The Federation has set up a five member, ad hoc committee to study the issue. The committee has to come to a decision on the issue by the end of January 2001, in time for the Board of Governor's meeting in February.

Last year, the HSF turned down a similar request by the college to raise the IT fee. This year may be different though.

"We haven't discussed the issue of raising the fee yet," said HSF vice president of campus life, Steve Anastasi. "We don't want to be pressured into it because other colleges and universities are doing it." The committee won't begin meeting until today.



MICHAEL STAMOU

**EXCUSE ME, ARE YOU THE GUY FROM THAT MOVIE?** Famous guys from both sides of the border converged on Humber's gymnasium Wednesday. Gregory Hines (above) and former Kids in the Hall star Scott Thompson (right) were on hand to work on their new film Red Sneakers. Despite the ball in hand, Hines was not up for a game.

## Bursaries on the way

by Carlo Carbo

The Canadian Millennium Scholarship Foundation is set to inform about 100,000 students that their applications for a bursary have been accepted.

The scholarship plan was announced by the Liberal government in the 1998 budget. More than half a million students across Canada applied for the bursary, which was made available through the OSAP application form.

Margaret Antonides, manager of Humber's Financial Aid and Awards department said that "over 1000 Humber students were awarded" the bursary.

She stressed the fact that the bursary was for students who were in financial need for education purposes only.

"It's meant to supplement the

cost of education, not pay for your debts," said Antonides.

The bursary does not provide extra money over and above provincial and federal student loans, but rather is meant for students to help pay down their debt. In this plan, if a student originally had a \$7,000 loan they will not get an extra \$3,000. The \$3,000 will be included within the \$7,000 not as a loan but as a grant which does not have to be repaid. The student is left only to pay back \$4,000.

"We want to improve the accessibility for students by [reducing] their debt loans," said Cory Huhn, students' communications and public relations officer for the Millennium Foundation.

In the past, the scholarship program has come under fire because of the fact that, in the case of loans that average over \$10,000 per year,

the Millennium scholarship overlaps with the loan forgiveness program.

That problem has not been addressed this year.

*"We want to improve the accessibility for students by [reducing] their debt loans."*

— Cory Huhn

In Ontario 35,500 students qualified for the bursary. They will each receive \$3,000. Not all students in the country receive the same amount.

The Foundation distributes the funds to each province according to the size of their population in relation to the rest of the country. Since Ontario has the largest population, students residing here will receive the most money.

Although the plan was introduced by the Liberal government, the Canadian Millennium Scholarship Foundation will be distributing the money. The Foundation is not connected to the Liberal government and acts as an independent entity.

"We are the private administration that is administering it (bursary)," said Huhn, who added the Foundation hopes to assist students who are experiencing financial problems relating to their education.

Students who wanted to apply for the bursary had to have had at least sixty per cent of a full course load. Other requirements included a good credit rating and the ability to demonstrate financial need.

According to Antonides, students can apply for the bursary on a yearly basis.

et cetera  
says

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for a good time.

Last week's poll results:

Are you satisfied with the election results?

Yes - 9 No - 141

# Winter storm survival list

by Nicole Montreuil

Dig out your woolies winter's on its way. And while you're at it, get out the blankets, flashlights, and kitty litter.

Severe blizzards and ice storms, like Quebec in 1998, can leave motorists stranded in cars or residents trapped in homes without heat, light or water, the Canadian Red Cross warned in a recent statement. But with a little preparation, even snow squalls and blackouts can be comfortable.

"For this area in the winter months, you never know when a winter storm is going to hit," said Tanya Elliott, a spokesperson for the Canadian Red Cross. "You avoid extra discomfort by being prepared."

Survival strategies range from keeping cash and candles on hand to putting a first aid kit and shovel into your trunk.

The Red Cross suggests stocking your home with flashlights, a radio, batteries, canned food, bottled water, a manual can opener, and extra medica-

tion. Canned food should be replaced every year.

Camp stoves and fireplaces can be used to heat food, but the Red Cross advises against using barbecues as alternative heat sources because of possibly hazardous carbon monoxide and increased fire risks.

*"For this area in the winter months, you never know when a winter storm is going to hit,"*

*-Tanya Elliott,  
Canadian Red Cross*

"Unless you have plans in place, you're going to be caught off guard," Elliott said. Emergency phone numbers should be posted near telephones for easy access. If you must evacuate, leave a note telling others where you have gone and the route you will take.

Remember, the army won't always be there.

# Wasted paper raises fees

continued from page 1

One of the reasons for the considered fee rise comes from increased printing costs. The HSF pays for printing costs at all SAACNET labs and, since printing is free, Warnell charges that students are abusing the system.

"There are many people out there who waste paper, who don't use it efficiently," Warnell said. He cited people printing off downloaded textbooks that were over 200 pages long, and people printing off e-mail jokes sent from friends. "[We want] a more efficient output of paper, not so

much paper waste," he said.

Another reason the fee may be increased is improvements being made to the SAACNET. \$70,000 had been earmarked to expand the SAACNET lab in H205. Warnell said HSF hopes to have 30 new computers in the lab in the future.

While Warnell, is not sure whether the fee will be approved, he is certain that if it is approved, it will be in the best interests of the students.

"We're elected to look out for the best interests of everybody...[to] make sure they [students] get the most bang for their

buck," he said. But, Warnell did concede that "Any time you talk about a fee increase, politically it's not the best time of year."

Check out Et Cetera online to watch an angry man smash the heck out of a computer.



ALEXIS ZGUD

**IT'S REIGNING SNOW** - Katherine Leoni, 19, a first-year General Arts and Science student is Humber College's first ever Snow Queen. Along with her crown, Leoni picked up a first place package consisting of a Pioneer CD player, a Rialto gift basket, a Paxi Position necklace, a three month gym pass and a \$50 gift certificate for Woodbine Mall. Contestants competed in three sections; casual wear, sports wear and ball gowns.

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# GTA rent costs movin' on up

by Kevin Waddell

The cost of living in Toronto continues to rise thanks to an apartment shortage, statistics released last week suggest.

According to a Canadian Mortgage and Housing Corporation (CMHC) survey, rents on vacant units across the city increased an average of 7.85 per cent since last year's survey of rental costs and vacancies.

"Landlords are really in a position to charge market rent on vacant apartments," CHMC market analyst Robert Genier said. Market rent, Genier explained, is the amount people are willing to pay.

On average, rents for bachelor apartments rose 8.8 per cent to \$683, and one-bedroom units went up 7.8 per cent to \$830. Two bedrooms now go for \$979, an additional 6.9 per cent, and three bedroom rents climbed to \$1,165, up 7.9 per cent.

Genier said that the downtown core, especially the Yonge Street corridor, saw "double-digit increases" over the year. In the city core, rent on one-bedroom apartments shot up 15 per cent, he said.

The trend was echoed across the country, according to Roger Lewis, senior economist with CMHC.

"A strong economy, steady job creation and growth in the young adult population caused vacancy rates to go down in many centres," Lewis said.

Toronto's vacancy rate fell to 0.6 per cent this year, down from 0.9 per cent last year.

That shortage comes from a strong rental market, Genier explained.

"There are lots of reasons why rental demand is strong," Genier

## Rise in young adult population, job creation making it hard to find digs

said. "A lot of it has to do with the local economy."

Because of Toronto's prosperity, Genier said young people are moving out of family homes and into digs of their own. He also said Toronto is a destination for migrants both internationally and from other parts of the country, most of whom rent when they get here.

As the rental market continues to tighten, Genier noted that "people are spanning out, looking for affordable units" in areas like Scarborough and Mississauga. Scarborough's vacancy rate has declined from 0.9 to 0.3 per cent over the year as an example of rental activity outside the city core.

"It's a devastating report," Liberal MPP and housing critic David Caplan said.

"I'm absolutely shocked at the market conditions," he said, but "more shocking is the lack of response from the Harris government."

Frank Armstrong, an NDP worker who returned to Toronto from Vancouver early this year, said he was amazed at the change in the local market.

"I can't believe things are as bad as they are back here," Armstrong said.

All levels of government need to take action on housing, especially in the metropolitan areas Armstrong said.

"They've got to freeze rents and they've got to encourage building too, or else the government is going to have to get into building low-rental housing," Armstrong said. "But I don't see the political will."

This year, Tom Lynch ran for city councillor in ward 33, Don Valley East, which includes the area around Fairview Mall, at the end of the Sheppard Avenue subway line, which is still under construction.

Residents in Lynch's ward have witnessed above average rent increases as the subway line nears completion, something Lynch campaigned against during the November municipal election.

Lynch said most of the apartment-dwellers he talked to during

*"They've got to freeze rents and they've got to encourage building too, or else the government is going to have to get into building low-rental housing."*

— Frank Armstrong, NDP

the campaign were upset or scared that the next rent increase would be too much. Already, families can face rents of up to \$1,400 for a three-bedroom unit in a building Lynch described as disgusting and deplorable.

Caplan, who represents Lynch's riding provincially, said, "people can't move." With skyrocketing rent, tenants are "prisoners of their own homes."

Lynch said "they're being pushed around, and land owners know they can be pushed around, and politicians know they're never going to help them on the vote," and

he noted that apartment-dwellers aren't as likely to vote as landowners. "That's why the landlords are winning."

Caplan said the Harris government should get back into the business of providing housing. He noted CMHC's call for an additional 20,000 rental units every year in Ontario, but claimed "only a few thousand" have been built province-wide since 1995.

While apartment-dwellers feel gouged by the highest rents in Canada, "rents aren't elevated enough to make private rental feasible," Genier said, explaining why builders are not constructing new apartment buildings.

"What I'm hearing, essentially, is that rents aren't elevated enough to make private rental feasible," Genier said.

Eric Wegler, President of the Greater Toronto Home Builder's Association, said builders are concerned about changes to rent control legislation.

"That could be at the whim of a change of government," he said. If rent control is back on the books in five years, he explained, builders who are committed to 40 or more years are nervous their profits will disappear before loans and taxes are paid.

Toronto hasn't seen a significant development of rental units in 25 years, Wegler said. The buildings are old, and in need of repairs.

Because of "25 years of rent controls, in effect landlords have let their buildings deteriorate because they couldn't pass on the cost of refurbishment or reconstruction to tenants," he said. "Now they're

playing catch-up, and a lot of landlords have put in millions of dollars into their buildings."

To improve the situation, Wegler said "there needs to be co-operation at all levels of government."

Hefty taxes levied by Toronto's suburban neighbours on multi-unit buildings "discourage any form of high-density development," Wegler said that development fees can reach \$17,000 per unit in the suburbs.

"They want single-family housing only, and low-density development," he said.

All levels of government need to cooperate to bring more affordable housing to Toronto, Wegler said.

"Right now, the environment is not favourable," he said. "Landlords are business people. Right now the risks are too great."

But finger pointing, not cooperation, is their strong point, he said.

"The province points at the municipalities, the municipalities point at the provinces, and there's finger pointing from the province back to the federal government."

Caplan said housing is a provincial issue, and as such the provincial government should initiate programs to encourage Lewis said the CMHC survey doesn't include the secondary rental market, which accounts for a third of Toronto's overall market. The secondary market includes houses, basement apartments and condos for rent.

While Toronto's rental market is tight, Ottawa's is tighter. Rent increases skyrocketed to 12 per cent in Ottawa this year, fueled by a meager 0.2 per cent vacancy rate.

# Red means, say cheese

by Kim Sinclair

Red light cameras have taken Rover intersections in Toronto and the GTA in the past two weeks after a promotional campaign throughout November encouraged drivers to wait for the next green light.

"It won't kill you to stop," was the campaign message used to promote the inception of the two-year pilot project that took effect in the final weeks of November.

A total of 18 red light cameras were installed in Toronto and surrounding areas, and will be rotated over 70 busy intersections in the next two years. They're positioned and ready to take a snapshot of any vehicle that enters an intersection on a red.

Mike Brady, Red light camera project manager with Toronto Works and Emergency Services, said the project has been on the back burner for years.

"It's been an issue for several years for the public. Many letters have been sent and phone calls have been made to municipalities," Brady said. "Mel Lastman supported it when he was mayor of North York. He increased the tempo when he became Mayor of Toronto

and has been instrumental in bringing it through."

The city of Toronto has invested more than \$7 million in the project, and each municipality is responsible for the cost of their own cameras. Brady said between the actual cost of the camera, the public awareness campaigns, the processing of the tickets and other costs, the municipalities are paying in the

*"They could easily prove to be a boom, and stop red light running all over the city."*

— John Robb,  
Traffic Sergeant 23 Division

neighbourhood of \$250,000 a piece for each camera, an investment they are willing to make when looking at collision statistics. In 1999, there were 3,400 collisions at signalized intersections in Toronto alone, and since 1996, 52 people have died as the result of red light running in Toronto. It's hoped that

the threat of a \$190 ticket will be enough to bring these numbers down.

"Red light cameras are in place in a variety of jurisdictions across the world," Brady said. "Right across the board there isn't a consistent measure of success. What is consistent though is a drop of about 50 per cent in red light runners where the cameras are in place."

Traffic Sergeant John Robb of Metro Toronto's 23rd Division said the cameras have the potential to save lives, and eliminate a manpower problem at the same time.

"Red light cameras can be set up in any direction on an intersection, record those people who are running red lights, and eliminate the need for a police officer to be there," Robb said. "The police officer hourly expense, although the red light cameras cost a lot, is substantially higher."

Red light cameras are already in use in Alberta and British Columbia, and Ontario has become the third Canadian province looking for a reduction in red light accidents and fatalities.

"They could easily prove to be a boom, and stop red light running all over the city," Robb said. "And then again, they may be ignored."



KIM SINCLAIR

**EYE IN THE SKY** — "It won't kill you to stop," is the new campaign slogan accompanying the installation of 18 red light cameras mounted at intersections across the GTA. The cameras will be rotated among more than 70 intersections.

# CAMPUS LIFE *et cetera*

"It's important to honour the success of our grads."

- Dr. Robert Gordon  
see 'Humber wall'

## Winter excitement finds Humber College

by Lindsay Robertson

Humber Arboretum's Celebrate Christmas The Canadian Way event was a hit according to the event chair Allsion Norris.

Families from the Humber community bundled up for a day of fun with their friends, and family.

Saturday's activities organized by a group of second-year Public Relations students, included

Christmas hayrides and nature walks led by arboretum staff who imparted several interesting tidbits to visitors.

"We were really worried about the weather, but it's beautiful out.



LINDSAY ROBERTSON

**SLEIGH BELLS RING** - A group of Christmas revellers sing songs and have a good time as they take a mock sleigh ride on the Humber express. Although not pulled by reindeer this sleigh has just as much jolly and happiness as Santa's.



LINDSAY ROBERTSON

**O'CHRISTMAS TREE** - These trees will be filled with holiday cheer as families take them home to dress them up with decorations for the season. The trees have done their duty once again.

It's exactly what we were hoping for," said Norris.

She also said they had a great turnout, and for several families, it's an annual tradition to come to the Arboretum's winterfest.

One family has been coming for ten years.

Treats were sold for families who were cold and there were Inuit games setup for children to burn off some energy.

Also in attendance were Santa Claus and the Humber Hawk.

Meanwhile, in the nature centre, decorations and poinsettias were being sold and children's craft tables were set up.

Kids made snowman magnets, and decorated cookies. Visitors could also pick out their Christmas

trees from the arboretum's hand picked selection.

Harold Royle, a retired teacher, brought his son and grandchildren after his wife told him about an ad for the event in the Guardian.

Royle said the event was well-organized, and said he would probably come back next year.

He often visits the Arboretum to bask in nature throughout the year.

"You just can't beat the birds eating right out of your hand," said Royle.

The arboretum has several programs offered through the year, including nature tours and educational programs for kids.

It's open to the public year-round during daylight hours. For more information, call 675-5009.

## Cosmic Christmas at Humber's North Pole

by Lindsay Robertson

Humber staff, faculty, and families celebrated a cosmic Christmas Saturday morning with a sleigh ride fit for a movie star.

Children enjoyed a Saturn ring toss, asteroid bowling, cookie decorating, face painting, skipping, a sing-a-long, moon-walking in the jumbo bouncing room, and of course, a visit from the jolly man in red, Santa Claus.

Six-hundred-and-fifty tickets were sold to staff member's family at \$5 per adult, and \$3 for kids, who were each given passports to be stamped at the activities, and cashed in as a surprise present.

The gala was held in the Pipe, the courtyard, and hall by the lecture theatre. Breakfast was also served to guests by students and volunteers.

A food drive was held for the Daily Bread Foodbank, and party guests were encouraged to support the drive's Power Up With Protein theme and donate high-protein non-perishables. The drive raised 371.3 kg of food.

The event was organized by a group of post-grad Public Relations students, and sponsored by different departments within the school including, the President's Office, and the union.

Promotions committee member Andrea Petruzella, who was also the Lakeshore Liaison, said the morning was really successful.

"Lines were long, kids were happy, and parents impressed.

"The decorations were absolutely amazing, and filled the whole Pipe, and front entrance," said the Public Relations student "everyone had a lot of fun."

## Health fee proposal by HSF

by Desmond Devoy

A new \$5 health fee is being proposed to help keep the Humber Health Centre's doors open.

The Humber Students' Federation is actively considering the new fee.

"It would be a new user fee...It would show up on your tuition stub as a separate fee," said Toby Warnell, HSF President.

*"The saving is that we're 'saving' the health centre."*

- Stephen Anastasi

Judy Harvey, the dean of student services, had recommended the new fee, whereby each full-time student would pay \$5 per semester to keep the Health Centre open.

"We need more funding for the

Health Centre," said Warnell. "We need to expand the Health Centre for the growing population. It all comes down to the almighty dollar."

According to HSF 17,000 students visited the centre last year. In the next five years, the college's population will grow from 12,000 to a predicted 18,000 students.

But while costs and the number of student visits continue to rise, the centre's budget has remained the same for about the past three years.

Currently, the HSF contributes \$82,000 from its budget to help run the centre, while the college kicks in the remaining \$60,000.

The new fee though would generate \$125,000 to run the centre, which the college will try to match.

According to the HSF, once this happens, the HSF share of the operating budget will no longer be necessary and the student activity fee will be decreased by \$3.41.

Technically, this means students

will pay more for the Health Centre.

But as HSF vice president of campus life Steve Anastasi sees it, the investment is worth it.

"There's no savings here," he said. "The saving is that we're 'saving' the health centre."

The HSF has not decided yet whether to back the fee proposal, but Anastasi sees it as an "avenue to be explored."

The HSF's Health Centre Committee must decide by January whether it will endorse the fee plan, or take other action, such as having HSF take over the entire running of the centre.

While the centre is not yet in dire financial straits, not taking action now could hurt its chances of survival.





4,000 people are injured by tea pots every year.

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According to one study, 24 per cent of lawns have some sort of lawn ornament.

-www.uselessfacts.net

# Humber College's wall of fame

by Lindsay Bruce

Humber College goes above and beyond the call of duty when showcasing the talents and contributions of its graduates.

Since April of last year, the wall of distinction has made a home for itself across from the registration desk, and to date 12 Humber alumni have made their way on to the wall after years of community

involvement and success in their workplaces.

"We have many grads who are successful because of Humber, and they are proud to say so," said Maggie Hobbs of the alumni department.

Hobbs said it's extremely important for grads to stay in touch with the school after graduation to make it easier for the alumni department to recognize outstanding individuals.

"It's very important to keep in touch, but it's usually not the grads themselves that call us.

Friends and family of the grad are usually the ones that let us know of outstanding people," said Hobbs.

The layout of the wall and the distinctive shape of the award were created by Chris Mackay, a Humber Industrial Design student.

The wall was designed to repre-

sent the Humber River and depicts the waves of time and the continuum of learning, according to Hobbs.

The grads on the wall are not particular to one program, Hobbs said, but those involved in social community programs are more difficult to track.

tant that they graduated," said Gordon.

Gordon said he feels the wall is inspirational to new students at the school, and it is doing the job it was intended to do.

"I've seen a lot of people standing there reading the plaques. I

*"We already recognize outstanding Humber students through scholarships and awards, so why not continue it with our alumni?"*

- Toby Warnell



LINDSAY BRUCE

WAVES - Humber Alumni get a piece of the wall in recognition of the accomplishments.

"Nurses and ECE workers do their jobs for different reasons. They serve others instead of themselves," said Hobbs.

To be eligible for a plaque on the wall of distinction a grad must be working in their field and have achieved great success in the workplace.

Hobbs and Humber President Dr. Robert Gordon agree that Humber College produces extraordinary grads.

Gordon said it is extremely important.

"I think it's a very good thing. It's important to honour the success of our grads," Gordon said.

Although the college president said he wants a diverse group of people immortalized on the wall, not just movie stars, he said the lines of criteria can get blurry when it comes to programs like music.

"If they can sing or blow the horn, I don't know if it's impor-

think it gives students pride for their school," said Gordon.

Stella Dipaolo has a perfect view of the wall that stands opposite to the registration desk where she works, and says that she doesn't see too many students showing interest in the plaques.

"I see people stop to look at it, but mostly visitors and faculty," said Dipaolo.

Humber Students' Federation (HSF) President Toby Warnell said he thinks it's very important to recognize outstanding Humber alumni, and one day he hopes his picture will be mounted on the wall.

"We already recognize outstanding Humber students through scholarships and awards, so why not continue it with our alumni?" said Warnell.

The wall of distinction is able to house 50 plaques, and the alumni department is prepared to put up approximately five plaques a year.

## Winter fashion show turns up the heat

by Ryan Paxton

Humber's Fashion Arts students got the crowd heated up when they put on the Winter Warm Up Fashion Show in the Pipe on Nov. 29th.

The show, which lasted 15 minutes, was organized and run by second-year Fashion Arts students.

It featured a wide range of winter clothing, from outerwear to pajamas, and acted as a warm-up for a much bigger and longer fashion show that the students are organizing for April.

*"They had to plan a whole fashion show and everything that comes with it, and it turned out really good."*

- Diana Staruch

Michelle Alcamo, one of the show's co-ordinators, said everything went off without a hitch, even though it was difficult to co-ordinate everyone's actions.

"We did anything and everything," Alcamo said. "From booking the venue, booking models, getting the D.J., the decorations. Everything you see, we did."

"It was hard working with 20 girls together, as well as trying to impress the teacher. But we're all really happy with it."

Diana Staruch, one of the audience members, and a fellow class member of the organizing group, said she thought the show was great.

"They did really well," Staruch said. "They had to plan a whole fashion show and everything that comes with it, and it turned out really good."

Overall, the organizers and the audience were pleased with the event.

And now, some of the Fashion Arts students are positively looking forward to the big April fashion show, which Staruch said has a \$10,000-plus budget.

"This is all practice for the big show in April," Staruch said.

"We're going to get all the top new Canadian designers. It should be great."



RYAN PAXTON

HOT - A model turns up the temperature at North during the fashion show held last week.

*Happy Holidays from all of us at the Humber Et Cetera. Visit us online @*



# La Ronde; La Raunch

by Mark Nonkes

The only thing that Theatre Humber's production of *La Ronde* proves is that the actors at Humber can dress and undress in Victorian clothing.

For over two and a half hours the audience is forced to watch a mindless play about sex.

"Oh ya, I'm a whore," one female actor said as she exited the stage and was in the safety of backstage.

"Whore" sums up every character in *La Ronde*. Every female is a bimbo who cannot resist sex while every male can't keep it in his pants.

In ten different scenes in Victorian, Vienna, the third-year acting students tackle roles from a poet to a parlor maid. In each scene there are only two actors.

Not one character is capable of having a monogamous relationship as every character has sex with two other characters.

The actors are always in some state of undress, which is a shame because the costumes are wonderful.

But the actors should be commended for their bravery and strong performances, especially the female actors as an entire audience gets to sneak a peak at their bodies.

One enjoyable moment in the play comes when actor Jefferson Guzman goes about lighting a cigar and walking about the set without speaking for a lengthy period of time.

In the first few scenes, the

seduction is funny. But the same set-up, of a long rant about why one character needs the other followed by I love yous and then sex, the play quickly becomes boring.

The set of a rotating carousel is interesting, but the constant parade of furniture entering onto the stage

for every scene drives one nuts.

*La Ronde* would have been good if only the same thing wasn't presented 10 times over.

*La Ronde* runs until Saturday, Dec. 11 at the Lakeshore campus: Tickets are \$8 for students and seniors and \$12 for adults.



MARK NONKES

**HOLDIN** - A lot of sexy scenes fill *La Ronde*. Stephen Gallant and Yvonne Wallace act professionally and respectfully with the sexual nature of the play.

## Humber food choices not suitable according to students at North Campus

by Ryan Paxton

Hungry Humber students have many food choices at school, but some have said the available food is still hard to stomach.

The Food Emporium beside the

Pipe has big-name food chains, like Mr. Sub and Pizza Pizza, but students still complain of high prices and low nutritional value.

"The only thing that's edible is the salad bar," said Beth Russell, a second-year General Arts and

Science student. "There's nothing healthy to eat. Everything is greasy or fried. And it's so expensive."

But according to Don Henriques, general manager of Humber's Food Services Department, the staff has made a conscientious effort to provide nutritious food at a reasonable price.

"We've introduced many vegetarian dishes," Henriques said. "We've tried to cater to the students' needs."

The prices on food have been increased this semester for the first time in three years.

Henriques said Humber's food services is cheaper than the universities, and on par with other community colleges.

But some people said they just can't afford it on a tight budget.

"I think the prices are the same as other colleges and universities," said Serge Baldini, a first-year Media Foundations student. "It's still a bit steep though. It's nothing outrageous, but it could be a little less expensive."

But Henriques said the Food Services Department is doing the best that it can at providing students with an affordable meal.

"We have one main supplier where we order 90 per cent of our food from," Henriques said. "We don't have much choice in terms of having the ability to shop around."

However, Henriques said Humber's food services have some flexibility in offering students combo specials to lower the prices.



RYAN PAXTON

**FOOD GLORIOUS FOOD** - It's not all it's cracked up to be at Humber according to students.

## Resignation of HSF director leaves vacancy

by Desmond Devoy

Todd Ferguson, the Humber Students' Federation health sciences director, has resigned.

The first-term HSF director, who represents the North Campus, resigned on Tuesday, Dec. 5 during a meeting with HSF President Toby Warnell.

Ferguson's resignation was effective immediately.

He filed his letter of resignation with Warnell during the meeting.

Warnell could not disclose Ferguson's reason for resigning.

"He looked like he'd made up his mind already," said Warnell. "We wish him the best for the future and the best of luck."

Warnell informed the HSF's Board of Directors of Ferguson's decision during a meeting at the Lakeshore campus on Dec. 6.

*"It was just best for me to leave the student council."*

- Todd Ferguson

"I felt that I was getting a little thin to keep everything on my plate, to keep my marks up," said Ferguson. "I had to do something about it. It was a very difficult choice."

Ferguson added that between now and March he must accumulate 400 hours of paramedic experience training, which he hopes to make up on weekends and days off.

Even though his resignation will free up more time for him to pursue schoolwork, Ferguson will

not be glad to leave the HSF.

"I'm definitely sad. The student council has been great for me. It was a great experience," he said. "It was just best for me to leave the student council."

Ferguson said he made the decision to quit about a week ago as he contemplated the "massive stress load," that came with final exams. Ferguson said his decision to resign on the eve of the final HSF meeting of the year was "Just a coincidence, honestly."

Warnell said the decision whether to appoint a new director for the Health Sciences department or continue without one would be made by the board during the Dec. 6 meeting, though Ferguson has voiced his support for finding a replacement to fill his seat.

According to Warnell, Ferguson's decision to resign may affect the number of directors needed for a quorum.

That number was set at the beginning of the school year, when the Board had a full membership.

Ferguson's place on three committees, including the Health Centre Committee, will also have to be filled.

Ferguson's resignation is not the first loss in membership the HSF has suffered this year.

During the Nov. 1 Board meeting, the HSF dismissed two directors because of chronic absenteeism.

Only one of the positions, for director for the Lakeshore Business School, has been filled.

The Directorship for the North Campus' Information, Technology & Accounting program remains vacant.

## Media Foundation program wants you

by Genevieve V. Andrada

Suppose you wanted to learn about media but had no idea what to pursue. What would you do?

"Come into the Media Foundation program," Judy Charles, program co-ordinator for the program said.

"This is a very broad based program for students who have a real creative bent. They have a lot of talent, but they are not sure how to

channel it," Charles said.

Initiated by the School of Media Studies, the two-semester program includes an overview of TV and Film, Photography, Graphic Design, Multimedia, Public Relations and Journalism.

"Students get a feel for all sorts of different areas. Plus, they upgrade their skills in all those areas at the same time," Charles said.

For more details about the Media Foundation program visit room K107 or call ext. 4666.

## Foodpath will benefit from Humber's Radio students

by Ryan Paxton

Humber's Radio Broadcast students are staging a food drive.

"Project Full Tummy" will be running from Dec. 1 to Dec. 14.

"We have four locations," said Shahreena Peeroo, a second-year Radio Broadcast student and one of the organizers of the food drive.

"People can come drop off all non-perishable food items at K107, the book store, Caps, or residence.

This is the first year we're doing this. We hope everybody comes out to help."

All the donated food will be given to Foodpath, a Mississauga-based food bank.

Visit us online at





# Laugh-off at Lakeshore Campus proves to be a success

by Mark Nonkes

The heat was on to find Humber's funniest joker at the first ever Laugh-off in Caps last

week.

Five competitors took the stage for about five minutes each in an attempt to amuse the tough crowd. "People aren't coming in to see

comedy, so they are not in the right mind-set but I think I did all right, I didn't get any tomatoes thrown at me," said competitor Helder Brum.

Nick Lashley, a third-year HVAC student said the talent was excellent and Caps should hold the comedy event once a week.

"You can only play computer games so much, you can only play so much pool, you can only drink so much beer, they need something new," Lashley said.

The winner, Nic Bayley, did his stand-up act with a professional comedian in Caps on Dec. 5.

Bayley is planning a career in comedy and said there were several reasons he won.

"They got to see my body in a tight shirt and I was a little out of control, which was good," said Bayley.

The contestants were judged by a group of Humber Students' Federation representatives who scored the competitors on audience interaction, stage presence, comfort level, and being funny without crossing the line into bad taste.

Competitors like first-year comedy student Brum said the Caps environment was distracting.

"It would be a lot better if the people in the crowd actually came to see the show instead of the people who were just here anyway. A lot of people weren't paying attention, they were just going on with their own conversations," Brum said.

Lashley said Caps is a bad environment because of the age group it attracts.

"Teenagers and early 20s is a

pretty hostile crowd. People come in here and dick around," Lashley said.

However, Lashley said if the comedy was better advertised the atmosphere would be more like a comedy club.

"The crowd there go there expecting to laugh, they go there excited," Lashley said.

Since most courses have a way of showcasing their work Stephen Anastasi, HSF vice-president of

campus life North, thought comedy students should have the opportunity to show their work.

"It's like a comedy students' or comedians' battle of the bands," Anastasi said.

All five competitors are first-year comedy students, and in classes together, which Brum said is a laughing riot.

"If I wasn't a heavy smoker I would be completely healthy from laughing so much," Brum said.



MARK NONKES

GIGGLE - Yukking it up for the Lakeshore crowd.

## Parking problems

by Ryan Paxton

The problems with the parking gate in lot 7 may finally be getting fixed. Since the beginning of this school year, the coin-operated parking unit at North has broken down regularly, often leaving long line-ups of cars waiting to get into the lot.

But according to Nancy Pinson, manager of Public Safety, the company that services the machine has finally sent it for repairs.

"At the moment, we have a loaner unit," Pinson said. "The original unit is in B.C. being serviced right now. The company who services the unit finally decided to send it out west because they couldn't figure out what the problem was. [When the unit broke down] they would come to fix the it, and as soon as they left, the problems would start again."

Pinson said there are security guards monitoring the gate every

day, and there have been no problems or complaints about it yet.

The only difference with the new parking unit is that it does not accept credit card payment. But Pinson said it is a temporary inconvenience.

"We can't accept credit card payment until we get the original unit back," Pinson said. "[But even if the unit has to be replaced] we don't want to take away the credit card option."

According to a sign on the new parking gate the problem should have been fixed by Dec. 4. However, the problem has yet to be rectified.

But Pinson said she is uncertain of the exact date when Lot 7 will be back to normal.

"We're not sure when it will be fixed," Pinson said. "[The company who repairs the unit] doesn't know what the problem is yet. Whenever they source the problem, they'll fix it."

# Breaking free at Lakeshore Campus

by Mark Nonkes

Break dancers were bustin' a move in the Lakeshore cafeteria at the campus' multicultural week.

The many tricks of the four Hard Nox Skoolerz impressed first-year Fundraising student Chelsea Armitagy who never expected to see break dancing in school.

"For a cultural week they put a really neat spin on things because you expect it to be all displays and really dry material," Armitagy said. "These guys are really talented."

Monique Raymond, vice-president campus life Lakeshore, thought the diversity within the group made them appropriate for a multicultural week.

"Here at Humber we are full of so many diverse cultures that it is essential to let everyone see and find out about them all," Raymond said.

The sounds of a steel band, the taste of different ethnic foods, and presentations by the Falun Defa group, who teach people to live healthier lives while exercising their mental and physical self, were also hosted over the three-day event.

"Even if we reach just one person, that would be a great accomplishment but we have reached a number of people," Raymond said.

In the past, multiculturalism at Lakeshore has been celebrated over one day but this year it was spread over three days.

"This year we have stretched it out over a longer period of time so that we can touch on more diversity," said Lance Lougheed, HSF Lakeshore office manager.



MARK NONKES

WOW - A breakdancer shows off his stuff for the Lakeshore crowd last week.



MARK NONKES

WHAT'S HE DOING? - Breakdancing is coming back with a vengeance, especially at the Lakeshore campus.

# EDITORIAL *et cetera*

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## Thank you both

The 70s had *Laverne and Shirley*, the 80s had *Cagney and Lacey*, and the 90s had *Thelma and Louise*. Now the Millennium has Terri Arnott and Lara King.

Both of these women exemplify what teachers should be. And so much more. Three days a week they act as our family. They listen to our problems, act as mediators, and always find a way to make the situation better.

They have prepared us for the real world, arming us with the proper tools to work as journalists. It is their passion that they have passed along. They have shown us not only how to do the job, but how to love it.

They have endured our whining

while expressing the care and concern associated with genuine teachers. They are both cut from the same cloth. Terri and Lara exemplify what a student wants a teacher to be.

For the last three and a half months, our home has been the newsroom. The Geneva Convention wouldn't consider it fit to keep sardines. But both of these women spend more time here than the editors do.

We are always complaining about the horrible conditions, but after this issue we will be gone. Next semester, both women will be back, and you have to wonder why.

It's because they love it.

Last month our online editor was

having trouble loading a ten-second movie on to our Web page. Both student and teacher sat down for over an hour and struggled to make it work. Terri never lost her patience. Finally their efforts were rewarded. When the ten-second movie rolled on the screen, both of their faces lit up. It was as if Santa Claus had come to town. The only limit to their smiles were the corners of their mouths. When asked if this is why she teaches, Terri's smile actually did get bigger. "Yes it is!"

However, it is usually Lara that gets to deal with most of the technical problems.

Whenever any student is ready to throw their computer through a

window, Lara comes to the rescue, always calm and with a genuine, reassuring smile that lets you know everything will be alright. With technology quickly becoming a large part of a journalist repertoire, Lara has made sure all of us are ready to work in the real world.

The reason for this editorial is twofold. The first is to let Terri and Lara how much we appreciate both of them. But we also want to let their families know how important they are to us. They spend so many hours away from their nuclear family to be with their extended family. They not only help us grow as students, but as people as well.

When we decided to show our

appreciation for Terri and Lara, more than one student said that if it wasn't for these two terrific ladies, they didn't think they would still be in the program today.

So for Bill, Mike, Megan, Jennifer, and Samson we know that there are times when you wish your wife or mother was at home, but hopefully this will explain why they had to be away.

Thank you Lara and Terri, for everything. Your time, love, and wisdom has helped us more than you will know. But nothing will ever demonstrate our gratitude more than our success.

Et Cetera Editorial Staff

## Tuberculosis outbreak gives reason for concern

With the recent revelation that a man with an active strain of Tuberculosis slipped through the Canadian health safety net, there is once again an uneasy feeling in the collective Canadian stomach:

More insidious than symptoms of some physical malady, it is a fear that simmers, despite all efforts to ignore it, somewhere in the psyche of every Canadian: that no matter how secure our economy, how loyal our trading partners or how progressive our social programs, we are all a hairs-breadth away from getting very, very sick.

If nothing else, what this incident reveals is that, no matter what restrictions are put on who is allowed into this country, it is possible for someone to slip through the cracks.

But it would be a mistake to do what some have already done, and use this as evidence for either side of the argument about whether to allow the immigration of people infected with HIV.

HIV may be the plague of the times, but it is avoidable with education and careful behaviour.

The plagues that can and do cause true knuckle-whitening are airborne diseases, for which a single non-touching contact is often enough to spread it from one person to another.

And though a man with Tuberculosis within our borders is

enough to cause widespread consternation, it is nothing compared to the panic that might ensue if Pearson airport welcomed someone carrying an airborne strain of, say, Ebola.

Ever since coming out of the Zairean jungle a quarter of a century ago, Ebola has been the number one candidate to cause a Stephen King-like world plague.

With the double insulation of the Atlantic and Pacific oceans, Canadians have rested with the knowledge that, if a breakout were to occur in any other part of the world, we would at least be given a time cushion as it worked its way around the equator.

That all changed five years ago when a man carrying a not-so-contagious strain of the dreaded disease trotted off a plane and into Canada's largest city.

Thankfully, no one on the flight became infected, but the fact remains that Ebola had made a visit to Canada.

It all feeds a paranoia that is difficult to counteract. After all, war, economic depression, and widespread famine, are generally not high on the worry list of the average North American, at least we don't fear it happening here.

But all it takes is one person with the wrong disease slipping through the wrong customs line, and the whole thing goes up in flames.



MEL LASTMAN MAKES GOOD ON HIS PROMISE TO CLEAN UP THE STREETS.

## HUMBER *et cetera*

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# OPINION

et cetera

## Making a horse drink that water

If you were at a petting zoo, and someone told you to "approach the horse sexually," what would you do?

I know, it's a tough one. But consider this.

In April, 1965, Andy Warhol decides to make a mock Western-style movie. He does so at his legendary silver Factory, and calls it *Horse*. The film's premise is simple enough: combine a bunch of fruity cowboys, add a stallion, and see what happens. So on the day of the filming, Warhol rents a horse and has it delivered via the Factory's freight-elevator. The horse becomes agitated, frightened, and nervous. It is surrounded by zombied art-types, twitching speedfreaks, and drag queens.

As for the actors' performance, it's a complete shambles. They have no scripts and are forced, through Warhol's characteristic un-direction, to bumble their way through the scene. Off camera, some of the Factory assistants are holding up shirt cardboards, upon which are scrawled the actors' lines and stage directions. One of these instructions calls for the actors to "approach the horse sexually."

So they do. And they grope, and they feel, and they touch. But alas, the poor horse, he's not in the mood for horsing around. He lets out a bone-quivering shrill, and delivers a hoof to one of the actor's heads.

Why did I tell you this? I have not the foggiest. Possibly because it aptly illustrates the depth to which our hedonistic culture has sunk. Or maybe it's just a funny story.



Brett  
Clarkson

Whatever the case may be, it can be concluded that the line between high art and low taste is less than a hair's width.

I was in a bookstore the other day, and happened upon a copy of the new Tom Wolfe book. Glancing through the pages of *Hooking Up*, I came across a tidbit that's definitely worth sharing. It has to do with sex and young people, and the whole baseball-as-metaphor-for-intimacy-levels thing.

From what I remember, Wolfe states that first base is kissing. Second base is oral satisfaction. Third base is going all the way. A homerun is learning the person's name.

So it's now December, and with the dark spectre of the holiday season looming over us, I bid thee farewell. May the golden eyes of Lady Luck shine down upon you this holiday season.

As for me, I've gotta get my shopping done. But the malls are already packed, and the vultures are circling with their cellphones and shopping bags, ready to swoop down into The Gap and pluck goodies from the retail refuse.

That's \*\*\*\*ing holiday.  
Dog bless us, everyone.

## Tis' the season of eating and sleeping

Tis' the season to be jolly. Yeah right, and my name is Santa Claus and every Christmas Eve, a stupid red-nosed reindeer leads my magical sleigh and I slide my fat ass down chimneys, eat crappy cookies, drink sour milk, and leave those bloody Pokemon toys under the tree for snotty nosed brats.

Now before you all start calling me the evil incarnation of Ebenezer Scrooge, and throw lumps of coal at my face, let me just clarify a few things.

I don't hate Christmas. However, it is nowhere near the most wonderful time of the year. At least in my life, it's not.

I remember how different things used to be years ago growing up as a young lad. Our family would celebrate on Christmas Eve and Christmas day. Toys used to be fun to play with. Especially the weird looking Cabbage Patch Kids. Waking up early on Christmas Day was mandatory. It didn't matter how cold it was outside, just as long

as there was a ton of snow on the ground to make the best looking snowman on the block. Christmas was actually FUN.

But never in my wildest imagination, would I have pictured it getting this bad. Now Christmas just comes and goes. Somewhere between that time, I find myself pissed off at the world. It's too damn cold, and I would prefer that it would not snow.

The whole Christmas shopping experience is about the equivalent of spending a constructive day in hell. Christmas in my family means eating, sleeping, eating again, a lot of espresso and biscotti, sleeping again, and then eating one more time to cap off the most boring day in my freakin' life. Did I mention sleeping in that last paragraph?

I'm trembling at the fact that I have not started my Christmas shopping yet. Ah, what to buy, and where to shop? Circling the parking lot for two hours, flipping the finger and bruising the palm of your hand



John  
Maida

because of how many times you honk the damn horn, only to find a spot 15 minutes away from the mall.

Did you know that if you said mall slow enough, it almost sounds like hell? At least I think so.

What bothers me the most, is spending an entire day shopping for mom and dad, and walking out with a tie and a discounted coffee pot from Sears. My, such a productive day. So, how many people pissed you off today?

We need to realize that it's not all eggnog and mistletoe. Yes, it may be beginning to look a lot like Christmas but it's sure as hell ain't the most wonderful time of the year.

Got it, Santa?

## Walking in the shadows of book giants

I can't shake this feeling. I'm an ant among giants. I'm a pebble among boulders. I'm small, tiny, insignificant. My needs no longer matter. I am unimportant. The big are getting bigger, and the small are getting smaller.

I've had this feeling before. When AOL merged with Time Warner, when Air Canada merged with Canadian Airlines, and when BCE bought CTV.

Now it's come again. Indigo, Canada's second largest national retail bookstore wants to merge with Chapters Inc., Canada's largest national retail bookstore.

Why?

Because the book market just isn't as profitable as it used to be. Indigo isn't making as much money with 15 stores as it could. This is a direct result of an over-saturation in the bookstore market; there are just too

many of them.

The competition between bookstores results in lower prices and lower profits. So Gerald Schwartz, husband of Indigo owner Heather Reisman, wants to buy Chapters' 77 stores. Schwartz claims that there are just too many stores for anyone to make a profit, so he plans to buy Chapters, close some stores, lay off some employees, and raise prices. That way Indigo's profits will rise to more acceptable levels.

That could mean Schwartz could go outside the country, to the U.S. for example, and get investors once profits are up. The end result could be a Canadian company owned by a large number of American shareholders.

Canada only has two major book chains: Chapters and Indigo. If this merger goes through there will be one.

This is not in the best interest of

the customer. The only people this will benefit are the owners and shareholders. Once again, it seems as though big business is grabbing the customer by the heels and shaking us in order to get every last dollar, and there is nothing we can do about it.

The only thing that stands in the way of Schwartz getting his monopoly is the Canadian government, the same government that let Air Canada monopolize Canada's airline industry.

A company is supposed to serve the public. They are created to serve us; we aren't created to serve them. And yet, I can't shake this feeling.



Ryan  
McLaren

## Word on the Street

### What is the worst Christmas gift you have ever given and why?



Mark Newbury  
Media Foundations,  
First Year

"It was probably the bar of soap I gave to my brother, and he wasn't very happy with because he was expecting something better."



Yaron Blanc  
Rogers Representative

"Well my sister gave me some hair products and some cologne, so I just re-gifted about 5 years later, when I thought she would've forgotten, but she didn't."



Muna Hassan  
Marketing  
First Year

"The worst gift I've given was an old box of chocolates from Laura Secord, because I really didn't know the person."



John Pulla  
Business Administration  
Third Year

"The worst Christmas gift I gave was a God-awful ugly pen, and the only reason I bought it was because it was cheap."

# HEALTH *et cetera*

"Magnets are simply a method of re-introducing us to the natural energy that is in the earth."

- Carolynne Rodrigues  
See "Magnets"

"You've got your health freaks and the kind of people who'll eat anything as long as it's greasy and flavourful."

- Dave Dillman  
See "Humber poll"

## Don't suffer through the season with winter itch

by Valeria Sladojevic-Sola

With winter almost here, the itch to lube up is greater than ever before.

From shoveling snow to scraping ice off the windshield, keeping skin from flaking off while we scratch away the remaining months until spring almost seems impossible.

Dryness is the result from a lack of water in the skin - not oil.

Trying to drink dryness away with seven or eight glasses of water per day, as many beauty books and glamour magazines recommend, will not prevent dryness unless a person is totally dehydrated.

The first step to healthier skin in the winter is to turn down the heat, said Dr. Rodney Ng of the Sheridan Medical Centre.

Furnace-heated air can reduce humidity levels inside the home to less than ten per cent. While 30 to 40 per cent is more ideal for maintaining moisture in the skin.

*The Doctors Book of Home Remedies* states that heat makes blood vessels dilate, causing the itch cycle to begin, therefore humidifiers help by restoring moisture in the air.

Bathing daily is harmful to dehydrated skin, especially in hot water.

"Shower every other day," Dr. Ng said.

Avoiding harsh soaps with the lye cleaning agent is recommended in *The Doctors Book of Home Remedies*.

Superfatted soaps, such as Neutrogena and Dove, are less irritating to dry skin due to extra amounts of fatty substances, cold cream, cocoa butter, coconut oil, or lanolin added during the manufacturing process.

Although superfatted soaps are more soothing to dry skin they do not clean as well.

An important step after bathing is to lubricate the skin while damp, helping trap moisture in, Dr. Ng said.

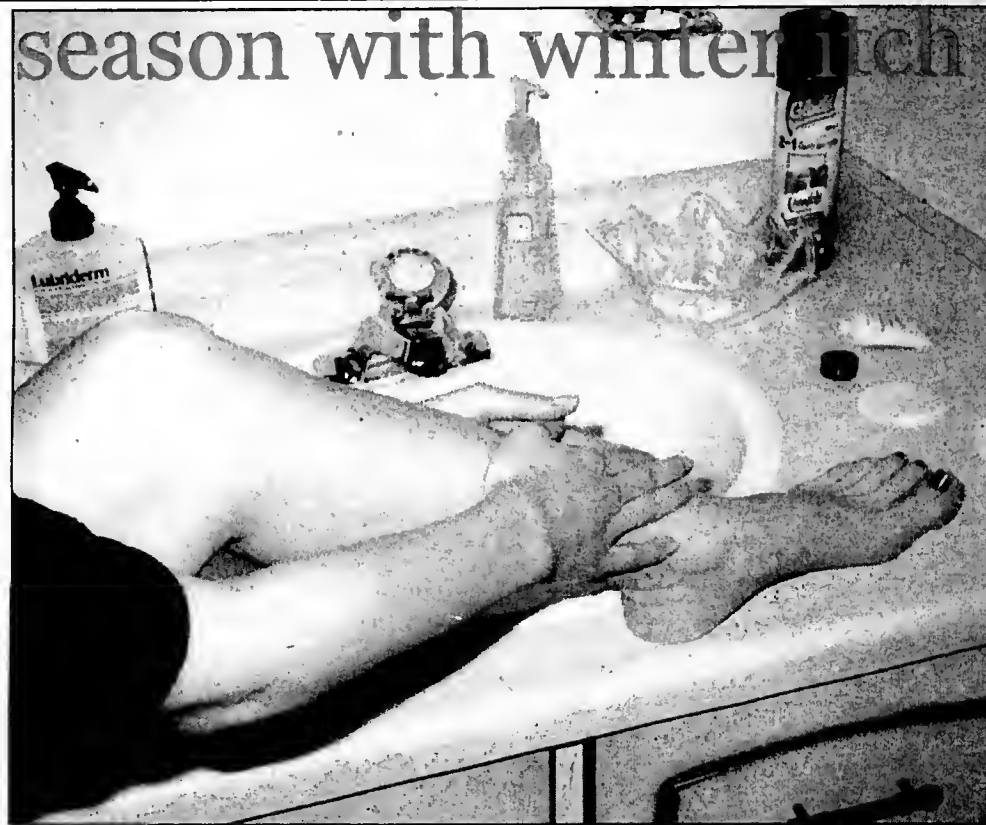
"What I use now is Keri bath oil," said Joanne Sadowski, Humber Business Administration student and eczema patient. "It's cheap and it works."

For effective, safe, and pure skin lubricants *The Doctors Book of Home Remedies* recommends virtually any vegetable oil, sunflower oil, peanut oil, or hydrogenated oil (Crisco) to combat dry skin and winter itch.

Commercial or not, any moisturizer will help alleviate dry skin.

But for severe cases of eczema, an itching and oozing inflammation of the skin, doctor-prescribed Uremol does the trick.

It is better than any on-the-shelf lotion available, Dr. Ng said.



VALERIA SLADOJEVIC-SOLA

**LUBE UP** - Protect your skin in winter with lotion to prevent drying. Try ones with fatty substances: coconut oil, cold cream, or cocoa butter.

## Thyroid disease sends hormones out of whack

by Charlotte Brown

Jennifer Lucyshyn, a third-year Computer Programming student at Humber College, has been suffering with thyroid disease for the past few years.

"I would eat an apple and suddenly gain like five pounds. I was also losing hair and I felt tired a lot," she said.

According to Dr. Martin Hinde of the Doctor's Office, other symptoms of thyroid disease include weak or rapid heartbeats, excessive hair loss or growth, goitre (an enlargement of the thyroid gland), and memory loss.

Thyroid disease affects more

*The thyroid affects growth, metabolism, and regulates body functions.*

than 200 million people worldwide. That translates into one in every 20 people.

Hinde said the thyroid gland is a small gland in the front of the neck attached to the lower part of the voicebox. The gland secretes a number of hormones that are essential to all growth and metabolism, and regulates all of the body's functions.

"Thyroid disease is six times more common in women. The main type of thyroid disorders are hypothyroidism, when there is too little thyroid hormone production,

and hyperthyroidism, when there is too much thyroid hormone production," Hinde said.

Statistics posted on the Thyroid Foundation of Canada Web site, <http://home.ican.net/~thyroid/English/Guides.html>, state thyroid disorders can be treated.

However, untreated thyroid disease can produce serious health problems in other parts of their body.

Jessica Haskins, director of the Thyroid Society, said there are more than physical problems associated with the disease.

"There are also emotional aspects that shouldn't be overlooked," she said. "Some people may feel nervous or depressed, and it's important that these people get help because medication can sometimes alleviate the symptoms."

Lucyshyn said she understands how important medication is for a sufferer, although it can be a distraction at times.

"The medication made

me lose weight at first, but then it balanced out and now it has really proved to help," she said.

"It's really difficult though because I have to make sure that I am up at the same time every morning and that I take my medication at the same time every morning, or else I won't feel well and my thyroid will act up."

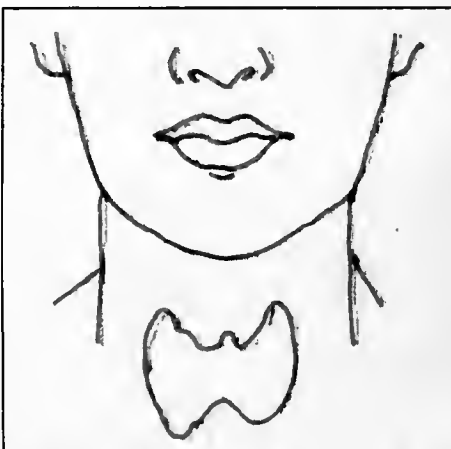
Hinde said it is important for sufferers of thyroid disease to be monitored by a professional often.

That usually means every six to eight weeks.

Although medications can be a hassle for the patients, they usually help out in the end.

In the past 50 years, medical discoveries regarding the thyroid gland, thyroid disease, and other disorders related to the thyroid have resulted in the decreasing need for surgical treatment, Haskins said.

She said laboratory tests are really important because they confirm



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**THYROID GLAND** - regulating our bodies and hormones.

the clinical diagnosis of thyroid disease, they monitor patients with thyroid disease who have been treated, and they select people for surgery.

"New technology has really set us forward and helped those who suffer," Hinde said.

"I hope that we continue with this kind of research in the future so that we can continue to help people."

### Signs and symptoms of hypothyroid and hyperthyroid

#### Hypothyroidism

- Weak/slow heart beat
- Muscular weakness and constant fatigue
- Sensitivity to cold
- Thick, puffy skin
- Slowed mental processes and poor memory
- Constipation
- Goitre

#### Hyperthyroidism

- Rapid, forceful heart beat
- Tremor
- Muscular weakness
- Weight loss in spite of increased appetite
- Restlessness, anxiety and sleeplessness
- Profuse sweating and heat intolerance
- Diarrhea
- Eye changes
- Goitre



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Sharks and insects obtain 90 per cent of their energy from Earth's magnetic field.

- www.lgstrust.com

Women are five to eight times more likely than men to suffer from an under or overactive thyroid.

- www.amwa-doc.org

PPA is also used as an adjunct to calorie restriction in short-term weight loss.

- www.healthwell.com

## Humber poll supports fitness; lifestyle study

by Martina Lavoie

Humber students have an accurate impression of the overall health and well being of society.

An informal poll of 50 students showed that 76 per cent believe we are unhealthy in the physical and nutritional aspects of our daily lives.

This supports a study by the Canadian Fitness and Lifestyle Research Institute (CFLRI) that states since the mid-nineties, physical activity in Canada has plateaued and society as a whole is more sedentary.

The study, conducted in 1998, shows that only one-third of Canadians are active enough to be gaining health benefits from physical activity.

According to Health Canada, 52.1 per cent of Canadians do nothing to improve or maintain their health.

Classifying society as either healthy or unhealthy wasn't easy for some students.

"It's very mixed. It depends on who you are," said second-year Business Management student Geoff Chester.

Dave Dillman, first-year Film and Television, agrees.

### Results of Humber Poll

- 32 per cent try to work out.
- 42 per cent try to eat right.
- 68 per cent of students considered themselves to be healthy.
- 58 per cent, are not worried about getting sick as they age.
- 66 per cent indicated that cancer was the most serious major illness that they were concerned about. Heart disease and stroke were second, followed by obesity and Alzheimer's.
- 82 per cent are non-smokers.
- 10 per cent smoke occasionally.

"Some are in the middle," Dillman said. "You've got your health freaks and the kind of people who'll eat anything as long as it's greasy and flavourful."

Angie Ladva, first-year Advertising and Graphic Design student, supports Dillman's statement. "Fast food contributes to the un-healthiness of society," she said.

Disease was a big concern for Humber students, with cancer being the most serious.

"Aging is the number one risk factor for developing cancer. No one is immune, even with perfect lifestyle behaviours," said a spokesperson at the Canadian Cancer Society's Information Service. "We can only do what we can to take the best care of ourselves."

According to Health Canada, approximately half of all cancers are attributable to tobacco and diet.

Health Canada also says the leading cause of death by cancer for both sexes is lung cancer. For men, it is prostate cancer, and for women, breast cancer. There were just over 63,000 deaths from cancer in Canada in 1999.

The Canadian Cancer Society predicts there will be an estimated 20,600 Canadians diagnosed with lung cancer in 2000, and 17,000 will die of it.

The last Canadian census revealed that cardiovascular disease was the leading cause of death overall in Canada. And, according to Health Canada, heart disease is the primary cause of death of over one-third of Canadians.

While students are bombarded daily by heaps of statistical information about health, many still feel that it is not something that can be measured or diagnosed.

"I'm healthy in my mind and that keeps me healthy," said Jolynn Koe, first-year Paralegal.

## Be on the lookout for PPA

by Carcia Campbell

Check your medicine cabinets. The cold season is in full swing and many consumers are looking for medication to treat their illness.

However, with the controversy surrounding the ingredient phenylpropanolamine, (PPA), which causes hemorrhagic strokes, consumers are concerned.

"We got a letter in early November from our supplier notifying us to remove all PPA medications and we have. We are also giving consumers the chance to return their medication with PPA for a full refund or an exchange," said Tim Towers, the chief pharmacist at Keene Guardian Drugs.

Towers also said many consumers are returning their over-the-counter medication and exchanging them for natural medicines.

"Consumers want to know how they can stay healthy through natural things, like their diet and herbal products which we have branched into," he said.

PPA, which can cause hemorrhagic stroke or bleeding of the brain, was used as a nasal decongestant or as an appetite suppressant in some medications like Dimetapp and Dimetane, with the exception of Dimetapp Get Better Throat Pops, which were recently introduced to the market.

Even though the PPA dilemma has caused some

consumers to worry, Wendy O'Brien, a philosophy instructor at Humber College, said PPA is not the only reason why consumers no longer trust over-the-counter medicines.

"Neither myself nor my kids take across-the-counter medication because I find the body becomes immune to medications and then it's hard to get rid of the illness. If you have a headache, you should just lay down and relax," she said.

Howie Chang, first-year Design Foundation student, said he would rather wait the illness out and resist over-the-counter medication.

"I believe in letting the body heal itself. I think our bodies are capable of fighting off viruses. If you drink soup and get lots of rest, you should find yourself feeling better."

Crystal Graham, also a first-year student of Design foundation, said she trusts her doctor, not pharmacists, to prescribe the right medication for her colds.

"I never really trusted over-the-counter drugs. When I feel sick I just head to my doctor because they know me better than the pharmacists, but I'm glad Health Canada is doing something about this [PPA] and not ignoring the problem."

D. Malcolm Seath, president of supplier Whitehall Robins, said drugs containing PPA have been removed from drug stores until they ship new formulas with another ingredient in its place.



CARCIA CAMPBELL

**READ CAREFULLY** - Be sure to check all labels of your medication for PPA.

## Magnets attracting quite a stir in health care

by Martina Lavoie

People in pain are feeling the attraction to the latest trend in preventative health care: magnets. But these aren't your average fridge magnets.

Magnet manufacturers claim that magnets help restore and repair the immune system, and prevent a variety of illnesses.

According to Carolyne Rodrigues, an independent distributor of Nikken magnetic products, not all magnets are created equal.

"Magnets take the stress out of the body," she said. "If the body is tight and there isn't much circulation happening in an area under stress, then magnets can relieve the tension."

She explained that in our day-to-day lives, we are no longer in contact with the earth's energy because of interference from barriers, such as working in offices equipped with hundreds of computers and other electronic devices.

Rodrigues said Nikken, a Japanese company that has been around for 26 years, owns the patent on a specific design of magnets

### Magnetic health products aren't the average magnets on the market

called the triangular-board design. Regular magnets are bi-polar in design.

"[Triangular-board] is the most penetrating magnet available on the market," Rodrigues said.

Critics, such as those at the American National Council Against Health Fraud, said magnetic companies are making extravagant claims of success to which there is no evidence. And magnetic healing doesn't come cheap.

"Nikken magnets are simply a method of re-introducing us to the natural energy that is in the earth," Rodrigues said.

While magnetic therapy isn't an exact science, there are a few theories as to how magnetic fields interact with the human body.

According to an article by Sarah Fremmerman in *Natural Health Magazine*, magnets help increase blood flow to a painful area of the body, which decreases inflammation and relieves pain. Magnets can stimulate

blood flow because blood is composed of positive and negative particles.

This can be achieved by placing a magnet on the area in pain and securing with either a bandage or a tensor bandage. Magnetic bracelets, necklaces, and back supporters are also available.

Ian Baker, a produce manager, does a lot of lifting at his job. He uses the Nikken shoe insoles to prevent stiffness in his back and shoulders, but he isn't sure if the magnets make a difference.

"Maybe it does help me feel better, but I don't know. I don't think I feel a difference," he said.

But Baker continues to wear the insoles, which have reflexology bumps that stimulate the pressure points in your feet.

"It massages my feet," Baker said. "It makes me feel good."

Nikken insoles, such as the ones Baker uses, start at around \$75.

According to an article by David W. Ramey in the *Scientific Review of Alternative Medicine*, magnetic therapy has been around since the early 16th century.

Ramey's article says that a Swiss physician used magnets to treat epilepsy and other illnesses. In the 18th century, an Austrian doctor opened a popular magnetic healing salon in Paris. Even Sears, the well-known department store, got into the action during the late 1800s by advertising magnetic boot inserts and other magnetic devices in its catalogue.

Despite lack of scientific evidence, supporters of magnetic healing, such as the many companies who manufacture magnetic healing devices, encourage people to consider the alternatives to popping pills.

"It's an education process," Rodrigues advises. "Try something new. Explore something else."

# EDITORS LAST CALL *et cetera*

## The beer is mightier than the pen

by Desmond Devoy

*He who troubleth his own house shall inherit the wind.* —Bible quote.

The lubricant of the literary set was flowing like water Monday night as a hearty crew of *Humber Et Cetera* editors gave themselves a much-deserved break.

It was much like the literary circle Francis Scott Fitzgerald belonged to when he held court at New York's famed Algonquin Hotel, when the greatest literary minds of the Jazz Age gathered to examine their souls, discuss their art, drink some bathtub gin, and laugh like there was no tomorrow.

Now, 80 years later, another group of young writers held court at our very own Caps, the social barometer of the campus. It was to be one of the last major debauched blowouts for the graduating journalism class of 2000.

"Tonight's soiree was inevitable as a manifestation of the surprising lack of taste in this particular edition of the *Humber Et Cetera*," said Editor-in-Chief Cameron French, looking wistfully about at his colleagues.

As the evening progressed, a mood of levity filled the room as the editors discussed the musings of the post-modern philosopher, Jerry Seinfeld.

"What's the deal with dinner jackets?" intoned French, mimicking Seinfeld. "You don't just wear them to dinner!"

"That's gold Jerry, that's gold!" said Managing editor Josh Hargreaves.



**HEED A DRINK** - (from left to right) Michael Stamou, Albert Leonardo and John Maida raise their pints of Guinness and Keith's and salute to a memorable year of ups and downs. Cheers! to the *Humber Et Cetera*.

Then a medley of Simpsons schtick ensued.

In the midst of such mirth, other matters of grave scientific concern were weighed with dedicated caution. Citing an article in the scientific journal *Nature*, News editor Derek Malcolm asked, with characteristic inquisitiveness, "Women don't have the air guitar gene?"

To this, *Convergence* magazine Editor-in-Chief Young Um responded, "We don't do that...It's definitely a Y chromosome thing."

"Wow," said Malcolm. "If I had a nickel for every time I did pelvic thrusts with the air guitar..."

Like a bonfire of humanity, a fistful of stars sitting on a lotus leaf, they sat, the cockles of their hearts

warmed by the light of the holiday season, and holiday spirits (hic). As the evening wore on, whether through a surge of emotion (or a second round) the editors began to open up.

"Shut up...relax and have a fucking beer," said Special Sections editor Darren Lum when questioned.

Other editors were more forthcoming.

"This is what we needed," said the well-refreshed Sports Editor John Maida after a grueling game of touch football. "We put out a kick-ass newspaper...Humber's paper is one of the best college newspapers in Toronto." Asked what he would miss most about his time at the editor's desk, Maida replied "I'll miss

the Wednesday's, being in the newsroom 14 to 15 hours a day." He added, "What better way to celebrate [the end of the semester] than with a pint of Guinness...It doesn't get any better than this."

On Campus Editor Melanie Justason too helped spread the love, saying "Everyone in the newsroom has their own personalities, and it's great that we all got along so well." Justason did single out one fellow wordsmith for his unique (if annoying) choice of music, from Eminem to Kenny G. "Kenny G has got to go," she fumed.

As if on cue, Eminem's hit single "The Real Slim Shady," began playing on the juke box sending Sports Editor Michael Stamou off into a frenzy of white boy gangsta-rapping bliss, lip-syncing the words that have also become a personal motto for the Rexdale native; "I am whatever you say I am...In the paper, the news, every day I am."

Afterwards, tongue planted firmly in cheek, Stamou reminisced about the year that was: "I promised myself I wouldn't cry...This year the editors have been a pleasure and an honour to work with. They have made a tough job bearable through their constant jokes and ability, which isn't easy, to make the newsroom a fun place." Stamou then collected himself for a second and then, almost as a silent prayer to himself said, "Thanks for a great year, guys."

When pressed further as to what he really meant in his enigmatic words, Stamou refused to comment and promptly slapped this reporter

upside the head, leaving a physical wound that will heal and an emotional wound that will not.

Then the reason for Stamou's belligerence became evident; "This is only my third pint. I'm disappointed," he slurred. "I don't feel shit. I know Derek's an alcoholic. He drinks every night."

In defense of her editor, Entertainment Editor Bernice Couto took on the persona of a brave soldier protecting the body of her brave captain. "Boo Stamou," she shouted.

An evening that had started out as a gathering of minds soon devolved into a seething scene of pulsating naked flesh, pure earthly pleasures and unearthly screams that ripped thorough the dark, cold night air, surpassing the debauchery of the days of the Romans. Soon, Josh was passed out on the couch, ready for a death-like sleep to steal over him. On the other side of the room, the good ole' boys started drinking whiskey and rye and started singing "This'll be the day that I die," while up on stage, a boy band of adult proportions was forming as Stamou, Lum, Hargreaves, and Nick Jones did a better version of the new Backstreet Boys song than the originals had done.

And so the band played on, and we laughed through the smoke and the smell. Somewhere children laughed and the poets dreamed, the lovers cried and sights were seen, while the editors laughed like there was no tomorrow. And the entire universe unfolded, just like it should.



PHOTO BY DARREN LUM

**SLAP, WHACK, GOOD-BYE MAC!** — Smash-a-Mac winner John Maida makes short work of his long-time nemesis.

## The day the Mac died

by John Maida

The little vein in my forehead was throbbing faster than high speed Internet. My clenched fist crashed down on the desk where he lay, as I yelled and cursed like a madman.

Out-of-control rage filled me more than you'll ever know. I couldn't take it anymore. After three years of futility, it was time for me to fight back. The battle was set to begin.

He was silent but deadly. He pretended to be my friend, but on many occasions, would unexpectedly quit on me. I never knew why, but he did. He would freeze on me and completely screw up my documents. He liked to erase hours of work and actually had the ability to make a grown man cry.

His name was Mac. He was ruthless and cold-hearted, and for some apparent reason, he hated

me. How could he hate me? I'm a nice guy. A little temperamental and edgy, but I'm cool.

It began three years ago. I came to this school as a proud 20 year-old boy without a bad bone in my body. Everything was going well until that fateful day which changed my life forever. What had happened was something totally new to me. How could a machine that was designed to do what you tell it to do, mess around with my work? Suddenly, something had come over me. I felt strange and very uneasy. Anger and frustration began to sink in. The transformation had begun.

But now I've had enough. I have waited patiently for my opportunity to seek revenge on Mac. He's ruined the lives of one too many students at this school. He could erase our documents, but he will never take our freedom.

I equipped myself with the

artillery any man needs to defeat such a powerful force like Mac. Bats, and crowbars, and sledgehammers, oh my! Ha ha ha ha. Resistance is futile Mac.

Prepare to die!

The battle was intense, but with all of the fury and courage in my body, I defeated Mac with one crushing blow to the face. Mac was dead. I was so overwhelmed and in complete bliss that I celebrated by placing Mac on the end of my bat and waved it in the air just like Woody Harrelson did to Robert Downey Jr's head in *Natural Born Killers*.

However, my quest was not complete. There were many other Macs to be slain. An entire planet of Macs. I must save humanity from these evil life forms. I went forth and continued my rampage on Macs all over the school. From there, I was known as Johnny the Macintosh Slayer. Fin



# Farewell words from some truly crazy kids

## Albert Leonardo—BizTech editor

Memories of a newsroom. French, Bailie, Maida, and Malcolm breaking into their Simpson's imitations at the most inopportune times were hilarious. Yet, more disturbing than the actual outbreaks, was the accuracy in executing and performing their favourite characters.

To Bernice – what can I say? To the flexing of the pythons, to trying to find your triceps, to the unfortunate upside incident, and for always waiting for me to finish my cigarette, it's been, to quote you, "good times."

To the rest of you, I leave you with some all-important philosophy that I have gathered over my life: there are some places you don't sleep, and some places you don't put your cigarettes. It's been a blast!

## Darren Lum—Special Sections editor

Friends come and go, but the memories of them last forever. Regardless of how it sounds, it's true.

After this year I may not see some of the newspaper crew again. Fate brought our lives together, but it will soon separate us. We will be on different paths, towards personal goals, which may cross later, but one thing for certain: we're all destined for success.

Working on the newspaper has been an experience I'll never forget. Troubles aside, the 'crew' made the experience the best part of college.

Some people have told me the best times are when you're in school. After this semester, I know exactly what they mean.

## Michele Ho Sue—Lifestyles editor

It's been a long four months, and I thank God that it's finally over. There were moments throughout this semester when I felt like giving up but I kept on going just because of the non-ending encouragement from Terri Arnott. I would also like to thank all of the editors for being so nice to my children when I had to bring them into the newsroom on those Wednesday nights to layout my section. My experience at Humber will always be memorable.

## Gillian Girodat—Art Director/ Copy editor

The *Et Cetera* you see in newsstands every Thursday is more or less a weekly experiment on our part.

But what we consider a test may really be part of a grander experiment by the School of Media Studies at Humber College. There is a study of the compatibility and social makeup of students, who outwardly appear to have little more in common than their final year of journalism, placed in a confined space three days of every week for 13 consecutive weeks.

The results are astonishing. Amid the fake (but very good and highly entertaining) Scottish accents, the incessant references to the Simpsons, the Monday afternoon recesses, and the Wednesday night Subway runs, I realize these are the most kind, accepting, talented, dynamic, and gregarious individuals to have ever been placed in my life.

And maybe somewhere the higher-ups are laughing hysterically. But I am too. Because I love Scottish accents.

## Nick Jones—News editor

Most people think it's too loco to spend 12 hours a day at school working on a newspaper. What nobody knows is the paper is just a side product of 20 editors, wetting themselves from laughter, thinking up scenarios and schemes usually in a Scottish accent.

I love my fellow editors, but screw you all. For 13 weeks, I suffered the ills of a grown man delivering papers and chicks don't dig paperboys, no matter how much charm and charisma you put in to your job.

To anyone who gave me pity for the long hours, thanks. But anything this much fun can't be work.

## Derek Malcolm—News editor

A newspaper is only as good as the sum of its parts. How else could a group of debauched journalism students manage to create a publication as stellar as the Humber *Et Cetera*? Okay, okay, it's not the



YOUNG M. UM

(back row, l-r) *Et Cetera* advisor Lara King, Jen McDonnell, Jenn Mossey, Melanie Justason, photo editor Alys Latimer, Bernice Couto, op/ed editor Nantali Indongo, advisor Terri Arnott, (second row, l-r) Cam French, photo editor Marlon Colthrust, Michael Stamou, Lee Bailie, Darren Lum, Michele Ho Sue, (third row, l-r) Nick Jones, Derek Malcolm, John Maida, (front row, l-r) Gillian Girodat, Albert Leonardo, and Josh Hargreaves.

Washington Post, but it was ours for 13 hilarious, stressful, and whacked-out issues as we learned our trade, often to the dismay of several college departments. The talent milling about the *Et Cetera* Newsroom at the wee hours of Wednesday nights stands on its own, no one can touch that. What was more inspiring was the atmosphere, even during the making of this, our last issue. Remember: nothing beats a good fart joke five minutes before deadline. So adieu my fellow editors, it's been a slice. Now pull my finger.

## Bernice Couto—Entertainment editor

Okay, this is a sad display. Our managing editor, Sir Hargreaves, is passed out on a Caps couch – for which he would later get kicked out.

Nick, Josh, Darren, and Stamou sung Backstreet Boys for karaoke buffoonery. It was ugly.

The semester has come to an end, and it was truly a good time. I have, however, been dissed altogether too many times for drinking Labatt 50 – that's crap! Quite frankly, it rules.

Putting out the *Et Cetera* was gobs of fun. Thanks for all the good times, yo.

Writing horoscope was a gas. We apologize to Libra for getting shafted all too often.

Slayer rules. And despite the opinion of Sports editor John Maida, so does Bjork.

Smile, you love us, smile.

## Jenn Mossey—Health editor

I have never had so much fun coming to school. When you are doing something you love and working with friends, it makes it easy. Working on the paper was a lot of work and a lot of long, frustrating nights, but it was such a great accomplishment for me. In the end, it was all worth it and I wouldn't trade it for anything. As I look around the bar at all of the people that I have spent so much time with over the past four months, I realize that this is the best bunch of people that I have ever worked with. This is a time that I will never forget and a group of people that will remain in my heart forever.

## Lee Bailie—Op/Ed editor

I'm sitting here in this cramped, cluttered newsroom trying to figure out in 150 words or less, the significance of the past three-plus months.

No easy task let me tell you.

I have thoroughly enjoyed everything from

Monday Afternoon Football matches, to 12 to 14 hour Wednesdays in the newsroom, and taxiing several editors home in my car at least once a week. Even those occasions when I was told one of my pages would have to accommodate run-off at 9:30 Wednesday night.

It's been the best learning experience, and I hope that we editors can get together over beers someday and reminisce about the good old days at the *Et Cetera*.

To all my fellow editors, it's been a real honour to work with all of you.

## Michael Stamou—Sports editor

While this issue ends the Humber *Et Cetera* until January, it also signifies the possible end of my college career.

It has been a tough long road that I have travelled and I am thankful for a few things. I am thankful to the 15 to 20 other editors and staff in this newsroom. I am thankful for the caring and helpful staff who put in incredible hours making us look good.

I am especially grateful to John Maida, my partner in crime in the sports department. John was there for me when I was a jerk, when I was nice (which was very rarely), and when I was frustrated with the inner workings of the newsroom. He stood by me through it all and never decked me (for which I am forever grateful).

Over the past four months I have not been the most pleasant individual to speak to but all of the editors have treated me with respect, dignity, and maturity even though I never returned it most of the time. So, thank you to the entire editorial staff.

Thank you for making my last year a memorable, exciting, fun-filled year, where I learned a lot about the people I worked with, myself, and, most importantly, the importance of working as a team to obtain a common goal.

## Jennifer McDonnell—Online editor

At the beginning of September, I was uncertain about this semester. Walking into the newsroom on the first day, I recognized only four people from last year's class.

The first few weeks were not fun, as I struggled to learn Dream Weaver (the program from Hell!), and develop a glitch-free Web site (a seemingly impossible task). But then something started happening with our

class. We began finishing the layout quicker than the classes before us; we initiated Football Mondays; we started hanging out as a group. It turned out that we had a group of 20 people that really, truly got along well with each other.

To say that this class was fun would be an understatement. This is the first time that I've ever been sad to see Christmas arrive and a semester end.

## John Maida—Sports editor

So this is it, huh?

I mumble to myself how our superior reign as *Et Cetera* editors is coming to an abrupt but inevitable end. I imagine the field where we would play football every Monday. I look at that field as the place where 20 people came together and became such good friends. We shared laughs, but more importantly, our friendship was the primary reason why this year's *Et Cetera* was a smashing success.

I'll never forget the Scottish accents echoing around the newsroom from my comrades Cameron, Derek, Nick, and Lee. Tossers! Or the unbelievably humorous Simpson's imitations. Ralph Wiggum was my favourite. There was never a day that went by where football talk circulated the newsroom. MVP Hargreaves, MVP.

And who can forget the faint sound of Kenny G playing in the background and the vulgarity thrown at the dude playing it. I'll get you Stamou, I'll get you.

Ladies and gentlemen, boys and girls of the Humber *Et Cetera* newsroom, it's been a slice.

## Cam French—Editor-in-Chief

Journalism, I think, is one of the professions that falls under the overused umbrella-term 'labour of love.' And from what I've seen in my short practice-career, it's a labour of tough love.

Each newspaper is a 24-or-so page opportunity to worry. And at times it seems to develop its own free will. Pictures which are perfect at first glance, struggle to unfocus themselves. Stories that at first look like potential Watergates suddenly flatten out to become water cooler what-ifs. But though it has been a labour, I have loved it. Stress is an acquired taste, and the mouthfuls we've been force-fed are starting to taste good.

## Josh Hargreaves—Managing editor

Oh how time flies. Good friends are hard to find.

Maida and his impersonations of Ralph Wiggum. Derek with his great Scottish accents. My partner in news crime, Mr. Bailie. Thanks for being there. The newest edition, and my other half for the past month, Cameroon. Lets have as much fun at Reuters. Mossey and Mel. My love experts. Lots of laughs. Gillian, the girl I love to disagree with. But you definitely have my respect. 'Neece. Two years. So much debacle, so much fun. I'll draw you a map later. Darren. Man you are fast. I'll write the articles, and you can take the pictures. Jen, good talks on those long, long bus rides home. Nick, you fit in with everyone. Thanks for all the help with the cut and paste. Michele, we only started to talk near the end. But am I ever glad we did. Oh Alberto. We'll always have the long looks across the room when something nice entered our humble abode. Kenny G. The new depths of hatred that have been created.

## Melanie Justason—Campus Life editor

As I look around the football field, I not only notice a bunch of hard-breathing editors; I notice a bunch of hard working friends. I have learned so many things about the human character from the 20 other people who fill the newsroom with me.

I look around the table now, after an evening of drinks and conversation, and think that unfortunately not all of us will keep in touch – that's just how life goes. For those I don't keep in touch with, and for those I do, I want every single one of you to know that you have all taught me something and I appreciate it. All of you now own a piece of my heart and that can't be taken away.



LINDSAY ROBERTSON

**TIS' THE SEASON** - Generosity is a part of the Christmas season and numerous charities help many people who need it.

ies

## 200,000 families in GTA benefited from the Christmas Wish

by Janine Good

Christmas spirit is shared by many in Ontario thanks to generous people and companies reaching out to those in need.

Organizations throughout Ontario launch charity drives in time for Christmas asking support from the public, in hopes of making Christmas special for the needy.

One charity with a lengthy successful track record and legacy is the CHUMCity Christmas Wish, sponsored by McDonald's restaurants, Royal Bank, and CITY TV. Celebrities and DJs ask the public to donate an unwrapped toy to the CHUM building or any McDonald's restaurant for a child in need, or to make a cash donation at any Royal Bank branch, which can be deducted on tax returns.

"The CHUMCity Christmas Wish is an outstanding charity where 100 per cent is given to the people in need," project coordinator, Alexander Hobson said. "The charity drive is paid for by CHUM FM and CHUM AM 1050 every year and since we have worked in conjunction with social services, the cause has been successful for 34 years."

The CHUMCity Christmas wish was established in 1966, originally entitled CHUM's Kid's Crusade Foundation. Its primary purpose was to help needy children. When CITY TV joined the annual charity drive in 1983, the name was changed to CHUMCity Christmas Wish.

Last Christmas, over 200 thousand families were helped thanks to the Christmas Wish. This charity drive has become one of the biggest and most successful causes, distributing the largest number of toys in Greater Toronto, and providing financial hope for numerous agencies and families. Social service organizations, churches, and community centres have each benefited from the efforts of the donors and volunteers of the Wish.

The Christmas Wish has also attracted many celebrity voices in the past who speak on behalf of the cause. This year, the Backstreet Boys, Melanie C. from the Spice Girls, and sports commentator Brian Williams have spoken on behalf of the charity drive, each stating the importance of the cause to the community and their personal feelings toward the campaign.

"When we interview celebrities... we will ask them if they would say a few words on behalf of the Christmas Wish," Hobson said. "Many people who have been involved for a long time such as Burton Cummings, will offer to speak about the Christmas Wish, and younger groups such as the Backstreet Boys, who do numerous charity events, won't hesitate to participate. It is good for our cause since younger bands will speak out to the younger generations."

Thanks to the thousands of donors in Ontario, many families have enjoyed Christmas despite financial stress, or domestic problems.

Other notable charity drives launched over the Christmas

season in the GTA looking for donations include Children's Wish Foundation, Toronto Food Bank, Salvation Army, Covenant House, and Eaton's Toy Mountain. Honest Ed Mirvish also donated his yearly 1,200 turkeys and fruit cakes yearly on schedule in late November at his store on Bloor Street.

Ontario fire-fighters put out a sporty calendar, featuring some of the sexiest fireman exposing their washboard stomachs and muscular upper bodies, with the proceeds going to help The Hospital for Sick Children's Burn unit.

"Being part of the cause was a very exhilarating and interesting experience," Firefighter Allen Watterson, chosen Mr. October for the latest 2001 amalgamated Toronto Firefighters charity calendar edition said. "The entire experience left me with a high."

Twelve firefighters are chosen to pose in the yearly calendar. To spread the word for their worthy cause, the chosen twelve men canvas various Ontario shopping malls, autographing their photos in every buyer's edition, and advertise in newspapers such as the *Toronto Star*. As well, The Hudson Bay Company did a large media spread for the cause using photos of chosen fire fighters.

"The calendars we sell for a \$12.99 donation, and 100 per cent of all monies taken in, goes to Sick Kids [Hospital]," Watterson said. "None of us receive any cuts [in the profits]."

"Charities are so important ... and I'll do any kind of charity that involves kids," Firefighter Watterson said.



# Muslims cleanse mind and body

by Janine Good

Muslims honour their month-long holy fast of Ramadan starting Nov. 27th. As Christians and Jews prepare for Christmas and Hanukkah festivities.

The ninth month of the Muslim calendar marks the beginning of Ramadan. Muslims meet in mosques and pray facing the East toward Mecca, in Saudi Arabia, their holy land in the Middle East.

"During the whole month, Muslims fast during the daylight hours, and eat after sunset", Farid El-ejel said, "If we eat at 5:53 pm at night on the first day, we have to eat at 5:53 pm every night for the month. Everything has to be exactly the same."

When entering a mosque, they who have to be meticulously clean from head to toe, or they must shower before proceeding to pray on the clean maroon and golden holy carpets.

"If a man touches a woman, if you fart, if your teeth aren't spotless, if nails have dirt underneath them, you have to take a show-

er," El-ejel said. "It is so strict."

In preparation for praying, the men gather in the front of the room and the women at the back. The women must be covered from head to toe, and nothing but their eyes and index finger can be seen. Muslims point their index finger to the East during prayer to show recognition to Mecca.

"We point our index fingers to the East to show respect for our holy land and our people over there," Practicing Muslim, Farid El-ejel said. "It's symbolic of why we pray."

A prophet leads the prayers and reads portions of the Qur'an, Islam's holy book.

"Ramadan is a time where all Muslims come together and pray for their people back in Mecca and the Middle East," said David Johnson professor of philosophy of Religion at York University. "When Muslims fast, they are inconveniencing themselves for their God and are putting the eternal first before themselves."

The fast is for Muslims to make sacrifices to their God. However, there are five ways, if

committed during Ramadan, the good could be destroyed: telling a lie, slander, back-stabbing, greed, and false promises.

"Those five sins greatly affect the values of sacrifice in any religion," Johnson said. "The fast is to put the deity first before the people, to bring out the good in them. If they lie or back-stab, that just contradicts the meaning of the fast right from the start."

"The moon dictates when Ramadan starts," El-ejel said. "We have to know what the moon is doing in the Middle East before we know when to start fasting in other continents. The moon influences time changes of daylight saving time to standard time over here in North America, and it has the same effect over in the Middle East. When the moon declares time to start Ramadan, we start."

A common ritual practiced during the Ramadan period involves symbolic Turkish coffee, which is strong, extremely, sweet, and drunk in very small servings.

"Turkish coffee is drunk then the cup is

turned upside down for the sugar and coffee ground dregs to drip down the side of the cup," El-ejel said. "While the dregs move from the bottom we engage in conversations, which could take up to two hours. We then turn the cup back over and read the residue as it drips back down into the cup. We can read our future in Arabic. It's really neat and usually done only during Ramadan."

"Ramadan is a time for us to pray for our people back home in the Middle East who are suffering and in poverty," El-ejel said. "It gives us an opportunity to sacrifice what we have for God and appreciate life."

*Verse transcribed from Qur'an followed during Ramadan:  
One may eat and drink at any time during the night until you can plainly distinguish a white thread from a black thread by the Daylight: then keep the fast until night.*

## Holy days ahead

### Hanukkah is more than 2,000 years

by Steve Cox

As trendy icicle lights shimmer from the roofs of Christian homes, Jewish households are brightened by their festival of lights: Hanukkah.

This year Hanukkah starts on Dec. 21 and will continue for the eight nights. Although Hanukkah has been celebrated for over 2,000 years, it is a very minor event on the Jewish calendar.

"It is not a major holiday," said Botnick, director of education for Solel Synagogue in Mississauga. "The reason it is given so much attention is its proximity to Christmas."

Hanukkah dates back to the victory of the Maccabee Jewish tribe over the Antiochus Greek tribe. The Greeks were attempting to force others to adopt to their customs, religion and lifestyle. Although a small number of Jews converted willingly to avoid conflict, others resisted the loss of identity and fought to remain individual. Hanukkah unites Jewish families in prayer, games, and feasts, in celebration for those resisting Jews.

"It is truly a celebration of survival," said Arliene.

Hanukkah commemorates the legend of candles that were kept burning by oil which were supposed to last for one day, but kept the candles burning for eight nights. The tradition of lighting the Menorah comes from this story.

The Menorah is a nine-hole candelabra with candles lit each night of Hanukkah.

"The Menorah is usually placed near a window," Botnick said. The reason is so it can be seen by all and they will remember it stands as a symbol for light and truth. A blessing is said with the lighting of the candles. Over the years Hanukkah has changed.

"It is now a little more commercial," Botnick said. This is because of the gift

giving aspect attached to it. During Hanukkah gifts or gelt as it is known in Hebrew are given to children. The dreidel, a toy that is like a top, has letters of the Hebrew alphabet on it. The letters stand for "Nes Gadol Hayah Sham" which translated means "a great miracle happened there."

Legend says that the dreidel was created when the study of the Torah, the Jewish book of faith, was forbidden. Small groups would gather to study in secret, and when people on lookout would pass by, the dreidel was pulled out so they would be seen as a group of people only playing a game. The dreidel has become a symbol of the celebration.

Foods like potato latkes, jelly donut and other foods that are cooked in oil are eaten during Hanukkah. This is another symbol of the eight-day miracle.

Hanukkah is not a biblical event. For the celebration of the major biblical holidays like Yom Kippur and Passover, Jewish people take days off from work and special services are held at the Synagogue.

"There is no special (Hanukkah) service," said Botnick. "When Hanukkah takes place on the Sabbath there may be a special blessing, but there is no Hanukkah service." Hanukkah celebrations take place mainly in the home.

Although Hanukkah is a minor event in the Jewish calendar, it does have many aspects to it, the best aspect according to Batcher is family.

"Any time there is a celebration the best part is when the family gets together."

Family and celebration are important to the Jewish faith. They have survived a lot throughout their history. People of the Jewish faith have gotten through it all by sticking together as a community. Hanukkah is a reminder of that.

- files from Janine Good



#### LIGHTING HISTORY:

The lighting of the Menorah is symbolic of the miracle that made a night's worth of oil last for eight.

Photo by Janine Good

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# ENTERTAINMENT *et cetera*

## The fields are alive

by Genevieve V. Andrada

If you ever watched *The Sound of Music* and wondered what went on behind the scenes of the world's most popular movie musical, now you can read about it.

Charmian Carr may no longer be 'Sixteen Going on Seventeen,' yet you may still see her as Liesl von Trapp. Even 35 years after the movie first captivated audiences worldwide, its success still continues to change her life.

Recently, she co-authored a book with Jean Strauss, *Forever Liesl: A Memoir of The Sound of Music*.

*Forever Liesl* contains insights on how it felt to land a role in the movie, build relationships with her on screen siblings, meet the real von Trapp family, and more.

It also includes inspirational stories of 24 fans whose lives were touched by the movie.

To know more about *Forever Liesl* or to order an autographed copy of the book, log on to [www.CharmianCarr.com](http://www.CharmianCarr.com)

*Forever Liesl*

A MEMOIR OF  
THE SOUND OF MUSIC



Charmian Carr  
WITH JEAN A. STRAUSS

## Did you know?

\* The Sound of Music has won many awards and accolades including: five Academy Awards, Best Foreign Film internationally, voted the all-time favorite motion picture from The People's Choice Awards, ran for about five years in its initial release, and the longest-running video bestseller of all-time.

\* Charmian Carr was 21 when she played Liesl.

\* Charmian is now an interior designer. Her most famous client is Michael Jackson, a big fan of *The Sound of Music*. She resides in Encino, California.

## Ghost stories and booze

by Ann-Marie Colacino



COURTESY

THE WEIR(D) – Creepy. Very, very creepy

In a small Irish pub, four men vie for the attention of an attractive newcomer with their ghostly tales of the supernatural in Conor McPherson's award-winning play, *The Weir*.

Finbar, played by John Jarvis, is one of the four men; a married aristocrat who's taken it upon himself to introduce Valerie, just moved from Dublin to Leitrum, around town with a final stop at Brendan's bar for a pint.

Beginning with Valerie's unusual request for white wine until the climax of the play when she reveals her own personal tale of Irish apparitions, the woman has each of the four men baffled and captivated.

Though the small, grizzled bar setting is authentic and the accents convincing, the stories the characters tell seem more like sitting around the campfire material than a conversation among heavy drinkers sucking on infinite fags in an Irish pub.

Barry MacGregor is engaging as Jack, a 50-something bachelor who frequents the bar but arrives in a suit for the special occasion.

He begins the ghost tales with his story of a local road that is haunted by fairies, which happens to be the land beneath the cottage Valerie just bought.

Jack is the last to narrate a tale, and though it lacks the ghouls and goblins theme of the

night, it is an equally, if not more, chilling story about fate and one man's missed opportunity at love and happiness.

In theory, *The Weir* proves interesting but the production doesn't have the capacity to make the audience forget they're sitting in a theatre.

Conor McPherson won the London's Critics' Circle Award for the most promising playwright, and *The Weir* just won the Oliver award, the equivalent of Broadway's Tony, for best play.

Some of McPherson's other plays include *The Good Thief* (1994), *The Lime Tree Bower* (1995), and *St. Nicholas* (1997).

*The Weir* runs to Dec. 9 at the Bluma Appel Theatre in the St. Lawrence Centre. For tickets and information call 368-3110.



Visit us online:  
you can win free  
stuff – we won't  
tell if you give it  
away for x-mas

## A foiled plan to steal Christmas

by Brianne Thom

The remake of the popular Dr. Seuss children's book had a record turn out opening weekend.

*How The Grinch Stole Christmas*, the new Ron Howard film, is excellent in portraying Whoville, the Grinch's cave, and the events that occur.

The movie takes the audience through the young years of the Grinch's life, played by Jim Carrey, revealing what fueled the fire for this cold-hearted character with a great hate for Christmas. The end of the movie goes back to the Dr. Seuss version of the Grinch, showing the devious acts he participated in, as well as the final meal with the cutting of the Roast Beast.

For parents worried their children won't be able to fall asleep after watching this movie, not to worry. Even the Grinch's attempts to scare Cindy-Lou-Who, a young Who from Whoville, comes off very funny, even with his glowing yellow eyes.

Cindy Lou, played by Taylor Momsen, comes in contact with the Grinch at the beginning of the film. She can't understand why everyone in the town thinks he is so bad and decides to find out for herself.

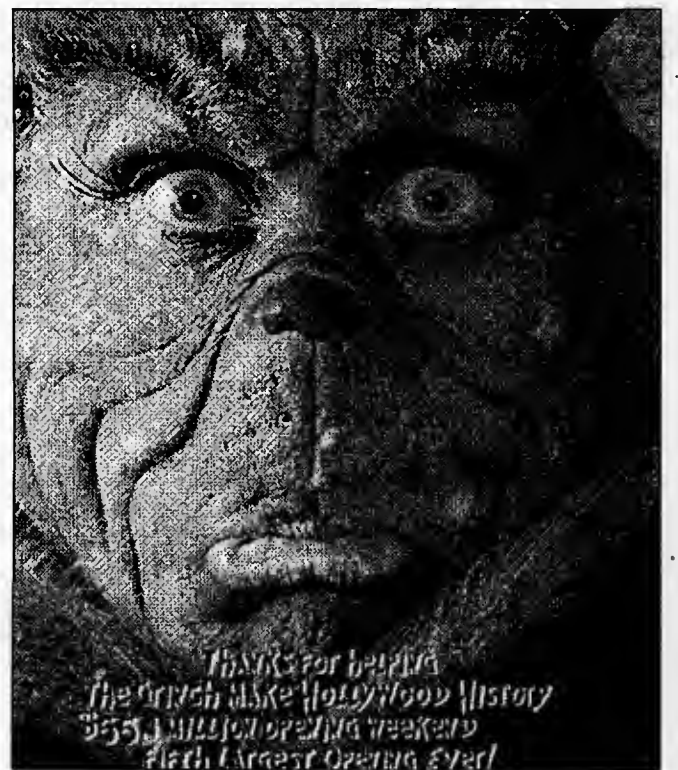
Some of the facial expressions made by Carrey in the movie seem overdone and very familiar; in fact, they almost seem Mask-like or similar to that done in the Ace Ventura comedies.

The make-up in the movie is amazing. From the Grinch's potbelly, to his long, furry fingers, the make-up artists and the costume designers had their work cut out for them.

In the end, it's a toss-up over who is the showstopper: Carrey or Momsen. With his funny antics, excellent acting and the amazing ability to get into character, Carrey puts on a great performance. Momsen grabs the audiences attention, with her big eyes, great singing, and just being plain cute.

This movie had all the characteristics of great acting, great costumes, and make-up as well as sentimental value that showed through the audience's reaction of laughter, clapping, and a few tears. In the end, the movie revealed that Christmas isn't about the presents, but everybody being together.

If you're looking for a great new Christmas movie this year from a reliable, comical source such as Dr. Seuss, *How The Grinch Stole Christmas* is an excellent holiday movie for young and old.



COURTESY

WHAT A JERK – Jim Carrey, a whole lotta make-up, and some crazy yellow contacts



*Crouching Tiger, Hidden Dragon*  
opens this weekend at a  
cool theatre near you

*Rahzel vs. DJ Craze,*  
Dec. 9 at the Warehouse

*Bomb 32 play*  
Lee's Palace, Dec. 14

## Ty Templeton draws up a storm in Canada

by Alexis Zgud

Wading through the titles at your friendly-neighbourhood comic store, seldom do any comic books shout out Canadian pride. But a quick glance through the DC Comics section, will find at least one Canadian well represented on the shelves.

Comic book artist and writer Ty Templeton's latest releases include DC's *Batman and Superman: World's Funniest*, which arrived on shelves Nov. 1, and *Batman: Gotham Adventures #31*, which came out Oct. 4th. Templeton, a native of Toronto, is very much like the characters he writes: a contradiction of character and wit, satire and sarcasm.

Templeton fell into the comics industry in the mid 1980s when a friend suggested he take his talents to the now-defunct Toronto-based Vortex Comics. Getting the job was easy – Templeton had already worked in magazine-advertising and had a portfolio full of sketches to show the publisher. After one issue of Templeton's work came out, he had his own series. Within a few months, was made an editor at Vortex. He had the easy way in, he said in an interview at his home in Mississauga.

"People will ask me, 'How do I break into comics?' and I say, 'Well, go to a party where a friend of yours invites you to some office where the guy will just give you everything you want, without asking!' That's how you break in!" Templeton said.

Templeton left Vortex after eight months and spent time dabbling in other areas, including acting and comedy. His most well-known roles include playing the town priest Alex in the CTV show *The Campbells*, and hosting CTV's *Late Great Movies*.

Getting the hosting job was fate, Templeton said. One night he was working on the latest issue of his comic for Vortex when he turned on *Late Great Movies* to see

the host of the show, Bob Sagarini, reading his work. The next day, Templeton call Sagarini, and the two decided to meet. But Templeton decided to take some initiative and made some suggestions to Sagarini about how the show could be improved.

"I spent the next 24 hours writing material for his show. And I gave him all sorts of my sugges-

tions, some notes, and some script ideas," he said.

Sagarini was hesitant at first to read Templeton's ideas but within a week, Templeton was appointed associate producer of the show, and later was asked to co-host alongside Sagarini.

But Templeton soon made his way back to comics, where's he spent much of his career writing

and drawing Batman. He said he enjoys working on Batman because of the character's iconic place in pop culture.

"He's up there with Mickey Mouse and Tarzan and Uncle Sam," Templeton said.

Templeton also said he is drawn to Batman because of the complexity of the character, and the ability Batman has to continually strike a chord with audiences of all ages.

"The character is a brilliant idea. The idea of a child whose life is destroyed and taken away from him by forces he has no control over, so he becomes a control freak to make sure that he never goes through that again. It's such a universal, resonating idea."

Templeton's next project is writing and illustrating a 128-page graphic novel for DC Comics' Vertigo imprint that satirizes North Americans' desire for fame. The story, based in Toronto, is about a homeless man who wakes up to discover that he can see angels. He finds out that his guardian angel has been ruining his life. When he threatens to tell God of the angel's irresponsibility, the angel makes a deal with him to set things right by making the homeless man famous. Templeton says the story is rooted in his own experiences in the entertainment industry.

"It's a comic book about show business because I worked in show business for years," Templeton said. "I thought it would be nice to merge the two careers together and actually write a novel about my other job."

Templeton chose to satirize people's quest for fame because it's something he's never really understood.

"There's just this acceptance that fame is somehow worth taking a shot at, that fame is important and I thought that was something worth taking a shot at."

The graphic novel is expected for release in the summer of 2001.



**HAPPY EASTER** – Ah, that ain't no Easter Bunny, it's Ty

## Oh Britney, how cheap can you get?

by Holly Bennett

Just when you thought Britney Spears' videos couldn't get any worse, she manages to reach new depths.

Her videos have always been jam-packed with bouncing dancers and tight clothes. And her latest, *Stronger*, isn't too far off from needing a viewers' warning or rating.

The video features Britney in tight, low-rise black pants and a black shirt the size of a wash cloth.

She spends the majority of the video dancing with a chair. How many times has that been done before?

To throw off the viewers, the chair magically becomes a cane, which Britney swings around Paula Abdul style.

Another original move by Britney.

The video has an abundance of hair-tossing, stripper-like dance moves and close-up crotch shots.

Of course, a sexually suggestive video such as this couldn't be complete without a soaking wet Britney, water streaming from her arms and hair as she sways in front of a Mustang and sings with exaggerated emotion.

This could possibly be her worst video yet.

She had more say in the mak-

ing of this video than previous videos and she's very proud of her work, she said in an interview on *Much Music*.

Although the video was bad, there were actually a few decent parts.

The computer-animated effects were extremely well done.

Near the end of the video, the chair that Britney is dancing with starts moving on its own.

The best part of the entire video could possibly be when the chair basically attacks her and pins her to the floor.

Unfortunately, Ms. Spears has the ability to make virtually anything sexy – yes, even getting attacked by inanimate objects.



**BOO** – Sexy or skanky?



**Dweezil Zappa**  
*Automatic*

## Guitar music from a well-birthed dude

Yeah, it can't be such a bad life being born of the loins of the infamous Frank Zappa. Of course, you were christened with the unfortunate moniker of Dweezil, but you can't win 'em all. And your late father had an original Jimi Hendrix guitar that was used for the Miami pop Festival that you got to use for your album.

Dweezil Zappa's first solo project in nine years, *Automatic*, has just been released on guitarist extraordinaire Steve Vai's label, Favoured Nations.

Dweezil admits that "people probably only know me because of my name and they've heard that I play guitar, but more than likely they've never actually heard me play."

Hopefully all that will change.

*Automatic*, is the first "guitar" album of Dweezil's career, and one of the few of the year. Unfortunately he has to contend with the B.B. King/Clapton release, but Dweezil's effort is strong and fun.

Track four, 'You're a Mean One Mister Grinch,' is automatically hilarious, and features the vocals of Dweezil's brother Ahmet. Track five is a cover of the Hawaii Five-o theme song, and again, is immediately cool – how can you go wrong? Tracks eight and nine both highlight pieces from Bizet's opera *Carmen* – too funny.

The album is quite strong: there is no disputing Dweezil's guitarist capabilities. However, this album is definitely something to be played sparsely. Granted, a guitar album is not for everyone.

Within the liner notes, Dweezil thanks his father, saying "Frank would've really enjoyed this album," – he's probably right.

–Bernice Couto

# BIZTECH

*et cetera*

"There are certain categories that are popular year in and out for guys."

-see Hardware goods story

Fortune cookies were actually invented in America, in 1918, by Charles Jung.

-www.strangefacts.com

## Out with the new and in with the old

by Brad Horn

What was old is new again, at least in the automotive world.

Nostalgia is the name of the game, as DaimlerChrysler and Volkswagen have seen their sales skyrocket with the success of the reincarnated Beetle and Chrysler's retro wagon, the PT Cruiser.

Spokesperson Tony Fouladour said Volkswagen was surprised by the reaction to the New Beetle even in the concept stage. Shown to the public in 1994, the Beetle, then called Concept One, attracted attention because of its unique styling.

"People want something unique in a car design," Fouladour said. "They want something that is emotional, that is forward-looking but still evokes some of the feelings [people] had for the car originally."

Fouladour said Volkswagen never intended to bring back the popular Beetle of the '60s, but reinvented it as a totally new car and a vision of the future.

"If you just came from the planet X and looked at the New Beetle and didn't know about the old Beetle, you would say that it's a futuristic looking car," he said.

"Even though it does have elements of the original it takes that base element that was attractive to people and updates it in a completely new way," said Fouladour.

Despite its efforts, Volkswagen's New Beetle has been extensively compared to its original, partly because of its advertising campaign.

As unique and entertaining as the original ads from 40 years ago were, today's have struck their own unique cord. New slogans like "less flower, more power" and "the engine's in the front but the heart's in the same place," have helped to put Volkswagen sales at a 31-year high.

"The intention was not to define the product to a certain demographic," Fouladour said, "but to allow people to connect to it on their own level because we knew people would have different reactions to it whether they owned a previous one or if they just see the car as futuristic and great looking."

Scott Henderson, an Instructor of Film Studies and Popular Culture at Brock University in St. Catharines said interest in nostalgic or retro things is not a new concept, although it picked up steam

around the millennium. Henderson said there have always been people with an "anti-futuristic" mindset who support the ideals and lifestyles of the past.

Also riding the retro bandwagon, DaimlerChrysler has seen success with its new PT Cruiser. The wagon-like PT has a body shaped in the image of vehicles from the 1920s, but with roomy versatility inside, including 26 different seating arrangements; better than most minivan or SUV.

According to DaimlerChrysler's Manager of Product Information Walt McCall, early drawings and concept cars of the PT drew a lot of attention. People knew it was something special.

"It got a lot of attention even in the design studio," he said. "The size was right, the look was fresh and it also had the retro cues that were in...We hit a cord, we really hit a cord with this thing that goes right across from public school kids to retirees," said McCall.

Psychologically, the PT's appeal reflects the idea that everything in the world is affiliated with the past in some way, Henderson said. Ideas from the past are "ready-made content" for designers of



BRAD HORN

**IT'S A BUG, I MEAN A BEETLE-** It's an incredible accomplishment that Volkswagen's sales are at a 31 year high since the Beetle was reintroduced in the late 1990s.

today, making it easier to create a nostalgic looking car than a new one.

With that, nostalgia as its biggest selling feature, McCall admits it was the Beetle that started the retro trend, but said it lacks the PT's other hidden innovation, versatility.

"We went more mainstream and more practical," he said. "We figured there is a niche market there. There's a lot of people who might buy something like this, as differ-

ent as it is. Boy were we right."

Currently there is a waiting list to obtain one of the 11,000 PT's coming into Canada this year.

More competition for the PT Cruiser and the New Beetle is on the way.

Ford is releasing a new Thunderbird in the style of the 1950's coupe, and BMW is introducing a new Mini, in the image of the car of the same namesake, popularized in Britain back in the 1960s.

## Hardware goods still make great gifts

by Brad Horn

Hey people, are you having trouble finding that perfect gift for Dad or that special guy in your life? According to the Retail Council of Canada, a visit to the local hardware store should solve all your problems.

While it seems digital toys and clothes are going to be the staple this holiday season, there is one category of gift for guys that is a faithful fall back, tools.

"There tends to be certain categories that are popular year in and out for guys," said Randy Scotland, Retail Council of Canada vice president of Communications and Public Relations. "Certainly, let's face it, the work tools have been around forever, but every year there are one or two new enhancements, new introductions, that people get excited about and get put on Christmas gift wish lists."

Power tools and hand tools of all shapes and sizes are popular again this year.

According to Etobicoke Home Depot manager Lou Severin, cordless drills and power tool kits are going to appear under a lot of Christmas trees this year, especially offerings from Dewalt and Black and Decker.

"Cordless drills are very, very big," he said. "[Dewalt's is] a cordless kit that comes with a cordless drill, a cordless power saw and a



BRAD HORN

**THIS DRILL IS HOT-** This Mastercraft cordless drill is expected to be a hot seller this holiday season.

reciprocating saw. That all comes in a kit for about \$1,000, with a flashlight and it comes with a Getto Blaster."

For those looking to spend a little less, Severin said Black and Decker's Firestorm cordless kit comes with a drill, sander and jigsaw will do the trick for about \$149.

Scotland said this season's trend towards multipurpose, cordless tools is a result of more home projects.

"It's all tied into the growing demand for do-it-yourself projects," he said. "People seem to be really staying at home fixing up their homes. So there really is a demand for everything, from sanders to you name it."

Stocking Stuffers are easy to cross off your list when it comes to tools according to Severin.

Small items start around \$5 and go up from there, including screwdrivers, six-in-one screwdrivers, drill bits, measuring tapes, clamps, wrenches, and of course, a tool box to keep it all in.

Men are generally thought of as having the most trouble buying gifts for women, but Scotland said it's just as hard for woman. It's all a matter of finding the right gift.

"Generally speaking, guys are more satisfied with the gifts that they get [from women]. It is the dreaded pair of socks or something that doesn't fit, or is the wrong colour, or the wrong brand, that's a miss for guys."

## Cdplus.com riding high

by Marlon Colthrust

Cdplus.com is a Canadian music industry leader that covers the country from British Columbia to Newfoundland, with more than 150 warehouses.

CDplus.com has thousands of titles ranging from country and rock to classical, jazz, alternative, punk, and new age styles, all accessible through the Internet.

"Our site has created a section entirely committed to Canadian music and artists," said Sienna. "The great white [Canada] has a lot of talent. It's just that most of them have problems crossing their music over international borders."

Beginning in 1989, when the Cdplus compact disc catalogue started a mail order business in the basement of a suburban home, they brought the huge selection and competitive pricing usually reserved for urban centres, to rural communities.

They later introduced the warehouse outlet concept to a music industry that was dominated by high priced mall stores. When the Internet was taking its first steps in the early/mid nineties, www.Cdplus.com was launched, becoming the first of its kind in Canada.

It features interviews, articles, reviews, special features, events, and a database with thousands of titles that allow Internet users to

safely shop for music by simply moving their mouse.

"We try to give as much information on each album as possible, so customers are not buying something they have no idea about," said Lee Sienna, CEO of CDplus.com Ltd.

CDplus.com is not a club. It offers Internet users an opportunity to browse over 100,000 CD titles. There are absolutely no purchasing obligations and no unsolicited material arrives at consumer's door. The entire transaction is done completely online under secure conditions.

CDplus.com is an established Canadian leader in the online music sales industry and is Canada's representative in the global market of Internet music sales. They have small warehouse locations across Canada putting millions of dollars of inventory at their fingertips while enabling them to offer quick delivery.

The biggest selling point of Cdplus.com is pricing. Canada's music industry has long been established as having the most inexpensive retail pricing in the world. As well, because of CDplus.com's low overhead, they pass further savings onto their customers.

Now, with the Canadian dollar holding such a substantial U.S. value, the inclination for the world to access this site and buy Canadian has never been greater.



"If you want to talk to someone and you notice that their fly's down, it's a conversation starter."

- See Close that barn

# LIFESTYLES et cetera

## Fantasia sex parties the new hype

by Lindsay Bruce

Sex parties have become the Tupperware events of the new millennium, but the products have changed slightly.

The plastic salad bowls and measuring spoons of the past have been replaced with edible underwear, and sex related board games.

"I never divulge anyone's secrets."

- Sue McLaughlin

In a small, candlelit room on the seventh floor of an old apartment building in Milton, 12 women had their first taste of a sex party.

Terri Fox, 29, hosted the get together, and says she was excited about the opportunity.

Fantasia sex and fantasy parties have been popping up all over southern Ontario says Fantasia company representative, Sue McLaughlin.

And unlike Tupperware or Pampered Chef parties, husbands and partners are more than happy for their wives to spend one week's pay on this sort of goodies.

"I have worked some parties where women have told me their husbands have actually handed them more cash, or told them to put as much as they wanted on the credit card," says McLaughlin.

Although McLaughlin does work parties for couples, she makes over 70 per cent of her sales through women's parties.

"This is all new to me. I think this is great," says Fantasia party guest, Joan Fox, 61.

Unlike other parties, Fantasia works on a cash and carry basis.

"If you see something you like during the demonstration, you can take it home tonight. You don't have to wait two weeks to get what you want," says McLaughlin.

Excluding some of the lingerie, and the brightly colored vibrators, most of the Fantasia line is edible.

"If you use edible products, you'll keep them coming back for more," says McLaughlin.

The vibrators and the Karma Sutra products are the company's biggest sellers. The mint tree soap is the Karma Sutra product that her clients can't get enough of says McLaughlin.

"If oral love is on the menu, it's like biting into a peppermint patty," says McLaughlin of the tic-tac flavored mint tree soap.

Fantasia has a number of different vibrators in its catalogue. The \$100 beaded dolphin, and the \$90 pink kangaroo are among the most popular.

The beaded dolphin, an oversized white vibrator filled with pearls, is usually the first to go says McLaughlin.

"When the dildos came out I felt like it was Christmas," says Fantasia party guest, Jessica Medley, 20.

McLaughlin says that when it comes time to fill out the orders she takes the clients into a separate room, so no one has to know what the another person bought.

"I never divulge anyone's secrets," says McLaughlin.



LINDSAY BRUCE

WHOA! - Melissa Medland checks out a pink kangaroo vibrator at a Fantasia party.

## Close that barn door Controversial campus news 'zine'

by Valeria Sladojevic-Sola

Walking down the crowded corridors of Humber you notice people noticing you. Is it your new haircut ... your fabulous smile ... your tight ass? No. Your newfound popularity among your peers is due to the small fact that the zipper on your pants is flying low.

Embarrassing moments happen to the best of us, something Graphic Design student Sybil Johnson is much too familiar with.

"I was walking down the hall and [some stranger was] just like 'I don't mean to offend you but your fly's down,'" Johnson said.

But this Good Samaritan act is one of few. Out of 27 Humber students surveyed 24 said they would not tell a stranger if their fly was down.

"Although the news was embarrassing I appreciated it," Johnson said.

Low flying zippers can be a good pickup opportunity depending on whose zipper it is, said two first-year Humber Administration students.

Dating tip 101 from Curtis Latimer, "If you want to talk to someone and you notice that their fly's down, it's a conversation starter."

If you are single or even if you're not, you might want to try keeping your barn door open.

"We like to make it interesting," Kris Cochrane said. "It's better than what's your sign?"

So the next time your fly is lying low just remember these words from Johnson, "Just zip it up," unless of course you're looking for some barn door action.



VALERIA SLADOJEVIC-SOLA

ZIP IT UP! - Most people are embarrassed to tell someone that their fly is open.

by Jesse Kohl

The benefits of alternative media are obvious, even if the content upsets the organization that pays for it, said the editor of the *Vandoo*.

Michele Cross, a third-year English and Creative Writing student at Vanier College, at York University produced this year's entire first issue of the *Vandoo* monthly 'zine' by herself, acting as its main contributor, designer, and editor.

"Any student paper benefits the school," said Cross. "It provides a medium for a certain type of expression, and it's an alternative to the mainstream press and the dominant paper."

The *Vandoo's* editorial philosophy promises high-quality writing that departs from traditional objective reportage and ideas of newsworthiness." But this alternative approach has led to trouble with the Vanier College Council, the student group that provides *Vandoo's* \$6,000 budget.

Last month's issue of *Vandoo* featured the teaser "VCC F@\*\$\$@ Up The Books" below the fold of the front page. The corresponding article included portions of photocopied balance sheets and auditor's reports for Vanier College. In the same issue, Cross interviewed VCC President Jamie Fernandez concerning some of the "missing minutes," "unauthorized grants" and "dozens of wasted meals."

Before long, the editor found herself summoned to a VCC meeting to discuss the tone of the

paper.

"They felt I was making them look bad in that coverage," said Cross, but added that there were no compromises at the meeting. "They were uncomfortable with the excessive profanity and the tone of the paper. They felt there was an overly negative tone."

VCC President Jamie Fernandez said there was no problem with the appearance of the auditor's report. Frosh leaders put a lot of time and effort into frosh week to have the negative coverage in the *Vandoo*, said Fernandez, "countermand everything we tried to establish in the orientation."

"Any student paper benefits the school."

- Michele Cross

Cross said while the VCC argued the paper was not representing the college community, it can't do much to silence her for the next issue. A Board of Publications has not yet been formed, which could have more control over the editorial content of *Vandoo*.

"I think now they're not interested in what I'm doing, what I want to do, or what I want to improve," said Cross. "It's really that they want an overhaul that I'm not willing to make. As long as they are recommending subjective changes that cater to their tastes, I'm not going to make the changes."

"We requested (changes), but that's as far as it went," said Fernandez. He added that they

weren't interested in firing her. "There's always going to be a concern. I wouldn't even call what happened with *Vandoo* a problem. It was just a series of concerns."

About four years ago, the acting VCC fired the *Vandoo* editor-in-chief of the time for making a joke about the college pub and the paper was reduced to a monthly. But Cross isn't scared. She said she will continue to exercise her own judgement in producing the content of the paper.

At York University, each college has its own paper, and each of the papers offers a different voice and style.

"The papers don't have to reflect the college accurately, and usually they don't," said Cross. "At one point, the *Vandoo* was one of the most strictly journalistic papers here, but it's been really inconsistent that way."

Cross said she was never shown any guidelines on running the paper, which has been running for nearly 35 years. "Some people kind of goofed around with it in the past," she said. "The *Vandoo* has never been a professional paper."

The non-paying position of editor for the was posted last April, and applications were accepted up until September. Cross said only three people applied.

"I started going in before I was officially hired," said Cross. She spent some time cleaning up the office and reading back issues.

She labeled the *Vandoo* a 'zine' because she wanted to "hint at the fusion of the medium, because it is an alternative-type paper with some aspects of a newspaper."

# SPORTS et cetera

The women's basketball team improved their record to a perfect 7-0 as they beat Niagara and Georgian last week.  
- see "Hawks in"

Sports editor, Michael Stamou reminisces on the semester in sports and gives his thanks to the people who made it all possible.  
- see "Parting is"

## Hawks leave U of T feeling Blue

by Luc Hébert

It seems as though the bigger the crowd is, the better Humber College's Fitzroy Woolery plays basketball.

Woolery was the team's MVP against York University at the Air Canada Centre earlier this year, and Saturday in front of hundreds of fans, he delivered once again.

"I had a few friends from high school in the audience, so I was glad I put on a good show for them," said Woolery. "It was exciting."

In a game that was expected to be much tighter, the Hawks men's basketball team pounced on the visiting University of Toronto Blues 82-60. A 12-0 run mid-way through the second half was more than enough to secure the victory as the Hawks held an opponent to 60 points or less for the second straight game.

With 7:30 minutes remaining, Woolery created his own run making three straight field goals including a rim rocker that brought down the house. It was one of his two dunks during the game. If the ball was in the air, more often than not, Woolery was the one to get a hand on it first. He played the type of game where you could only wish Dick Vitale were there to describe the action. Number 21 played with an energy that coaches love to see.

"He's so athletic and he's a hell of a shooter. That's a good combination," said Humber College Head Coach Mike Katz. "He has improved by leaps and bounds."

The Blues came at the Hawks



LUC HEBERT

**FACE-OFF-** Hawk guard Dexter Miller watches a Gryphon player as he tries to set up a play in Humber's nine point win last weekend.

with a variety of zone defenses, but the Hawks were able to break them with ease.

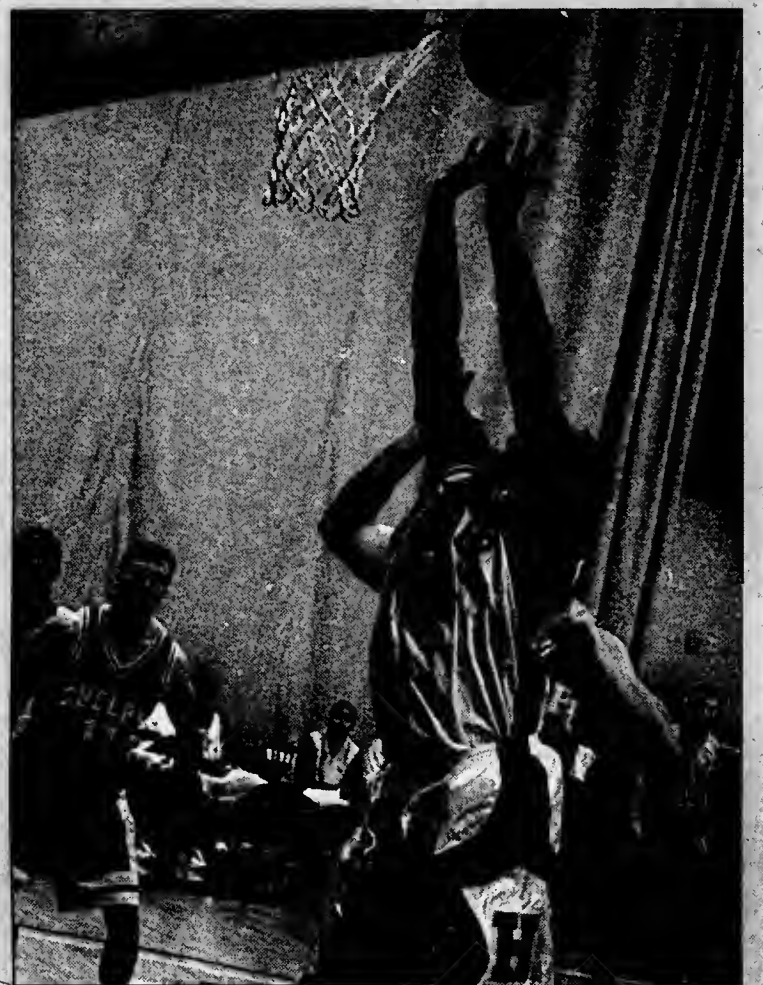
"I knew that they would play a fair amount of zone and I knew they would press a lot," said Katz. "Our press attack is as good as it's ever been at Humber as far as I'm concerned."

Katz said that through his tenure

as an assistant coach with the national team, he learned that stressing the press break was an asset.

"When teams press us we're going to make them pay, just like we did today," said Katz.

Cornell Brown also helped pace the attack with three treys and 11 points.



LUC HEBERT

**MY BALL-** Hawk forward Chris Bennett tries to grab the ball and score on the rebound against Guelph.

## Humber rips into Guelph Gryphons

by Luc Hébert

The Humber College Hawks weren't very gracious hosts to the Guelph Gryphons, beating them 66-57, Thursday.

Guelph hit the first two baskets of the game, but Humber came back with a 10-0 run. The run was sparked by a game of follow the leader.

Jeremy Walters converted on a three pointer to put the Hawks on the scoreboard, and Dexter Miller followed suit on the Hawks' next possession doubling Humber's output. After a Gryphon turnover, it was Miller's time to lead. He scored two points on a lay up, and was matched by Walters who capped off the run. The Hawks finished the half 32-27, and never looked back.

Guelph did try to jump back into the game by using its full court press and a late run, but Humber had all the answers.

"We exploited their press late in the game and broke that down," said Humber Head Coach Mike Katz. "We haven't even practiced in two games and we're still playing pretty well, so I'm very pleased with these guys."

Reserve guard Kingsley Hudson was the perfect example of

how a player can lead his team, even if he doesn't score much: Hudson only put four points up on the board, but his role in this game was huge.

"I thought he ran the offense and defended well," said Katz. "He's doing what he has to do. I like that kind of leadership that he gave us, and you need that from your bench."

The Hawks also played stellar defense giving up 27 points in the first half and 30 in the second.

"They played a good defensive game as a team," said Guelph guard Shane Bascoe. "Our players got frustrated and we just couldn't do what we wanted."

For Bascoe, a former Sheridan star and Hawk rival, it was his first time back to Humber since his departure from Sheridan College. Only two days after the Bruins were trounced by the Hawks 82-59, last year's CCAA athlete of the year, made it clear that beating the Hawks and avenging his alma mater's loss was not on his personal agenda.

"That's their business. I play for Guelph now," he said.

As did all Gryphon players, Bascoe had a tough shooting night in his return to Humber. He finished the game with nine points.



LUC HEBERT

**TRIGGER RELEASE-** A Hawk player tries to hit the short jumper from five feet out as an opponent tries to catch him in the nick of time. The opponent failed as the basket counted.



See how all of the Hawks varsity teams are faring in the OCAA standings, in the updated OCAA scoreboard.

-See page 22

The Humber Hawks men's hockey team visited Conestoga last week and defeated the Condors 4-3 in a close, tight checking game.

-see "Hawks fly"

The Sheridan Bruins were mauled by the Hawks last Thursday in men's volleyball action.

-see "Hawks take bite"

# Hawks in picture perfect flight

by Patrick Campbell

*The Lady Hawks improved their record to a flawless 7-0 to top the standings in the OCAA with wins against Niagara and Georgian.*

The high flying Humber Hawks women's basketball team extended their unbeaten season to seven games last Saturday, disposing of the lowly Niagara Knights, 91-38.

The Hawks, led by Beth Latendresse's four three-pointers and career-high 37 points, kept the Knights to only 14 points in the first half en route to a 35-14 half time lead.

The Hawks came out firing on all cylinders, going on an eight-point run to jump all over the Knights 12-3. After scraping together some baskets, Niagara tried to gain their composure, but couldn't muster any momentum.

The Hawks continued to soar behind the play of rookie point guard Natalie Wood and the hot hand of star-forward Latendresse. The Hawks finished the half with a 14-point run, and a 21-point lead.

The Hawks, with no need to change the game plan, came out in the second half and continued where they had left off. The energetic Hawks came out with a bang, scoring 12 unanswered points to extend their lead 48-18. Niagara, who fell behind from the beginning, had all but given up.

The Knights tried to chip away at the Hawks' stingy defense with their own run of six points, but the Hawks were too much. Fastbreak baskets and key steals led to another 12-point run, pulling away from the Knights with a 41-point lead 63-22.

The Hawks continued to cruise through the game with runs of six, seven, nine, and twelve. Filomena Aprile put the icing on the cake with a last minute three-pointer.

Wood, filling in for the injured Elaine Morrison, finished with 11 points and an abundance of assists, while Aprile contributed 10 points to the Hawks' cause.

The Hawks bench poured in 23 points, but most of the offense came from Latendresse, who is among the top five players leading scorers in Ontario.

The Hawks are very much in the race for the Nationals and are expecting great things in the New Year.

Last Wednesday, the Georgian Grizzlies crawled back into their den to hibernate after the Hawks posted up their sixth win of the season.

The Hawks firepower came from Latendresse and Wood, who dropped the Grizzlies 73-63. Wood came into the game early in the first half when Morrison went down with a hyper-extended knee.

"The refereeing wasn't great at all," said Humber Head Coach Denise Perrier. "I felt a little let down."

Both teams came out flat, trading baskets before the Hawks went



PATRICK CAMPBELL

**PUTS UP A PRAYER** - Hawks veteran forward Brenda Chambers (#12) makes the jump shot during league play against the Niagara Knights. The Lady Hawks trounced the Knights 91-38, where Hawks forward Beth Latendresse poured in a game-high, as well as a career high 37 points. The Hawks are a perfect 7-0 this year.

on an eight-point run to take a comfortable 12-4 lead. The Grizzlies stayed close with seven unanswered points of their own to pull within three, 14-11.

Humber began to pull away with a 10 point run, regaining the lead 20-11. After some clutch three pointers from Wood and the hustle of third year star Brenda Chambers, the Hawks poured in nine points to take a commanding 15-point lead 33-18. The Lady Hawks continued to roll through the second half with clutch baskets at the most opportune time. Georgian tried to stay within reach of the lead, but the Hawks were too strong and quick, finishing the half 40-28.

The Hawks continued from where they left off with a six-point run, keeping a wide margin between the two teams. The Grizzlies tried to scratch their way back to the top, but couldn't muster any momentum.

After some missed calls and key injuries, the Hawks persevered

going on runs of six and eight to finish the game, while the Grizzlies finally found their touch, with an eight-point run, but it was too late. Georgian pulled within 10 points of the Hawks but the final buzzer marked the Grizzlies fate, losing 73-63.

Latendresse's 22 points and Chambers' 15 paced the Hawks, while co-captain Lindsay Higgs finished with 10. The main reasons why Humber won the game was the crisp passing of Wood and the timely rebounding of Aprile.

"We pushed the ball up the floor really well," said point guard Wood. "Our defence was lacking near the end of the game, but considering the circumstances, we played well."

Perrier was disappointed, but did welcome the win.

"We maintained our lead even though at times we were frustrated," said Perrier. "We still managed to keep pushing the ball and maintaining our intensity."



PATRICK CAMPBELL

**JAMBOREE** - Members of the Humber Hawks and Niagara Knights joust for possession of the ball.

# OCAA Varsity Scoreboard

## Men's Basketball - Central Region

TEAM	GP	W	L	PTS
George Br	5	5	0	10
Humber	4	3	1	6
Seneca	3	2	1	4
Sheridan	4	2	2	4
Durham	5	1	4	2
Centennial	5	0	5	0

## Women's Basketball

TEAM	GP	W	L	PTS
Humber	7	7	0	14
Durham	9	6	3	12
Fanshawe	9	6	3	12
Mohawk	6	5	1	10
Seneca	7	5	2	10
Georgian	8	4	4	8
Redeemer	6	2	4	4
George Br	8	2	6	4
Niagara	7	1	6	2
StLawrence	9	0	9	0

## Men's Hockey

TEAM	GP	W	L	T	PTS
Seneca	7	5	1	1	11
Cambrian	5	4	1	0	8
Sault	7	4	3	0	8
Humber	5	3	2	0	6
Conestoga	5	1	3	1	3
SS Fleming	7	0	6	1	1

## Men's Volleyball - Central Region

TEAM	MP	MW	ML	PTS
Humber	6	5	1	10
Seneca	8	5	3	10
Cambrian	5	4	1	8
Georgian	7	4	3	8
Sheridan	7	1	6	2
Boreal	5	0	5	0

## Women's Volleyball - Central Region

TEAM	MP	MW	ML	PTS
Cambrian	5	5	0	10
Seneca	6	4	2	8
Sheridan	5	3	2	6
Centennial	6	3	3	6
Humber	4	2	2	4
Georgian	6	1	5	2
Boreal	4	0	4	0

**For more statistical  
information on the Hawks  
and other teams in the OCAA,  
check out their Web site at:  
[www.ocaa.com](http://www.ocaa.com)**

# Bears clinch Humber Classic

by Luc Hébert

The Bathurst Bears rallied to beat Oakwood High 76-69, in an overtime thriller to capture the title at Humber College's Nike Roundball Classic.

Pandemonium struck after Andrew Carpenter hit a three pointer from the corner at the buzzer to tie the game at 66-66 and send the game to overtime. Hundreds of fans rose to their feet and began storming to the floor. Only a fraction of them made it to the hardwood, but they caused enough damage to delay the beginning of the overtime period. They knocked over garbage cans that scattered trash across the basketball court.

After security officers managed to restrain the crowd, Humber Athletics employees had to pick up the trash and mop the floor. The public service announcer then had to ask fans to return to their seats before the game could resume. The celebration delayed the game about six minutes.

"If a fight breaks out, direct me to the nearest exit," a security officer said jokingly.

The Bears inbounded the ball with 0:11 left on the clock. The ball was worked all the way to the left

side of the floor and back to the corner in front of the Bathurst bench just in time for Carpenter to get the shot off.

"It felt nice," said Carpenter. "And it was a confidence builder. We knew we would win the game after that."

Games are won and lost at the line. The age old adage rang true Saturday. Oakwood shot a dismal 8 for 16 at the line while Bathurst converted on 17 of 23 free throws.

With 0:27 remaining, Oakwood had an opportunity to put the finishing touch on Bathurst as Nemanja Maric found himself on the free throw line after being fouled in the process of making the basket that put them up by three. Maric missed the free throw, and the door had opened for Carpenter's heroics.

Bathurst carried the momentum into overtime, where they jumped out to an 8-0 run. Oakwood guard Omar Mohamed missed two chip shots from the block to get Oakwood off on the wrong foot. Bathurst capitalized on both misses by making their shots at the other end. That would prove to be all they needed to win as they outscored Oakwood 10-3 in the extra three minutes of play.

Oakwood held a 10-point cushion at halftime and stretched the advantage to 14 early in the second half. Then came the Bears energetic full court press. Bathurst had only committed two fouls in the first half, which allowed them to get extremely aggressive on their press.

"It was a very intense press, and it was very physical," said Oakwood Head Coach Ernie MacMillan. "We had problems with it. We didn't reverse the ball, we dribbled into double teams here and there, and it gave them lots of momentum."

Bathurst used the press to spark a 16-0 run that would put them up by two points with less than 6:00 left on the clock. There would be four ties and three lead changes before the end of regulation play.

Bathurst is obviously not of the school that believes depth wins championships. Only five players scored and starter Jerome Watson wouldn't have even made it onto the scoresheet if it hadn't been for his lone foul in the second half. Tournament MVP Denham Brown, and game MVP Carpenter led all scorers with 20 points each. Both players were tournament all-stars. Allen Miller came up with a solid 17 point showing from the bench for the Bears.

# Hawks fly by Conestoga

by Jason Thom

Humber's men's hockey team had already tied and lost on home ice against the Conestoga Condors.

So this time the Hawks flew down the 401 to Condors "Roost" and handed them a loss on their own turf in a win that was as inspirational as it was exciting.

"This is a game that we had to have and we needed it and we got it. I'm just ecstatic about the way the guys played, they played their hearts out tonight," Head coach Joe Washkurak said.

"We were up, we were down, we came back but we persevered and that's the type of team that we look for to win championships," he added.

It didn't look good early for the Hawks when Jason Egan skated from the corner out to the goal mouth untouched and slid one past a shocked Duane Crocker to make it 1-0.

It took Humber the rest of the period to finally put one past the Condor's Andy Hopkins but it was pretty when it happened as Kevin Coffey snapped a perfect pass from captain Chris McFadyen top shelf to tie it at one after the first.

The Hawks scored on their first shot of the second period as Shawn Kane ripped a point shot over the glove of Hopkins to make it 2-1 on Kane's second of the season.

Then one of the strangest sequences of events took place led by the officials of the game.

First, Jamie Visser took a double minor for a very suspect spearing call.

When he complained to the referee about the call he was given an additional minor for unsportsmanlike conduct.

When he was in the bucks he further voiced his displeasure and

was thrown out of the game.

Less than a minute later, Morris Marshall was given two separate minor penalties and then thrown out for arguing the call.

Some quick math put the Hawks without two of their best players and forced them to kill off penalties that span over five minutes.

*"This is a game that we had to have and we needed it and we got it."*

*-Hawks Head Coach,  
Joe Washkurak*

The Condors scored quickly when Jeremy Henry slid one past Crocker to tie it at two.

But the Hawks played strong and Crocker played one of his best games of the year including seven stops on that penalty kill alone.

"I had a little rough spot in the start there and it was either hang by head and sulk or start playing how I used to play and it just happened to work out," Crocker said.

Washkurak was shocked at the penalty calls on the normally quiet Visser and Marshall but knew that his special teams would come through.

"Honestly in the years I've coached and played I don't remember that happening but it doesn't matter now because we got through it and our penalty killing has been great all year," Washkurak said.

After fighting off the Condor attack, the Hawks recaptured the lead when McFadyen finished a perfect two-on-one break with teammate Marc Hobor to make it 3-2 Humber.

McFadyen was questionable for the game after missing most of the

Hawks win over Fleming a few days earlier.

He has a chronic wrist problem that has bothered him since the beginning of the year and has decided play through the injury.

That's a good sign considering the Hawks already have three regulars out of the line-up including veteran forward J.J. Dickie who could be lost for the rest of the season.

"We already had a lot of key guys out tonight so I knew it would be a big loss if Hobor and I couldn't play, so we just had to suck it up," McFadyen said.

Washkurak was pleased to see his captain back on the ice.

"I think they taped it about 10 times in different ways to try to give him the best support," Washkurak said. "I think they figured it out and it's huge for him to come back and give us an emotional lift and score a big goal and did a job for us tonight."

The Condors tried to ruin the return as Darren Smegal jammed the puck into the Humber net for a 3-3 tie.

But Shawn Gibbons netted his first goal of the season in style with a sweet move to his forehead to give Humber the lead for the last time.

Crocker ended up with 33 saves on the night including a game saver with less than five minutes left and Conestoga with the man advantage.

"Crocker played a hell of a game and every guy out there played their guts out and that's the type of game we need," McFadyen said.

The Hawks were supposed to end their first semester schedule against the Cambrian Golden Shield on Saturday night but the game was cancelled.

It is not known when the game will be re-scheduled.



# Hawks take bite out of Sheridan

by Randy Cooray

Make it five wins in a row for the Hawks men's volleyball team as they defeated the Sheridan Bruins 3-1 in Brampton on Thursday.

Momentum came early as the Hawks closed out the first set with an 11-2 run. Carter Walls says the team was just having a good time for the first time this year.

"It wasn't so much our job or pressure, we were just having fun," said Walls. "There were a lot of expectations on us. We weren't playing together or clicking. Finally it all starts to come together and it just turns to a lot of fun because we were just doing everything right."

Walls, the team captain said he and the team played a lot better against the Bruins compared to the previous match-up at Humber where the Hawks needed only three sets.

"We played a little better," said Walls. "Our goal was to keep them under 20 and we did that for two of the three games, the second game we fell a sleep and started to

veer back in how we played them before but we re-grouped and it was a good game."

Head coach Wayne Wilkins says the difference was the level of confidence his players had and are coming to form, now that they are understanding the system he has put together.

"The guys knew what to expect and we were prepared and ready," said Wilkins. "There are still one or two guys that we need but the guys are picking up and I think what is happening is the light bulbs are going off and they are finally understanding what we are asking for."

The Hawks will not see regular season play until the weekend when they travel to Sudbury for two against the weaker Boréal Vipers and mightier Cambrian Golden Shield which just lost their first game of the season.

Wilkins says the lay-off is positive for his players.

"It is good for this time of year, to let some bones heal but we are going to keep them focused. Cambrian only has one loss, so it will be the 'Battle of the Titans'."



RANDY COORAY

**SPIKE THAT DRINK**— A Hawk player goes for the spike in a game sometime this year. The blast was good for a point.

# Parting is such sweet sorrow

Michael Stamou,  
Sports Editorial

Suddenly, it all comes to a crashing halt. All of you who know me (and there are many of you) know that I have spent numerous hours in the Humber Et Cetera newsroom putting together the sports section of the newspaper.

Coincidentally, I have also spent numerous hours sleeping in the newsroom, editing suites, benches and hallways around the school after many all-nighters and many alcohol-filled nights in Caps. But, once you start reading this issue (and hopefully this article) my Humber College career will almost be over. Today, I start my Christmas vacation and it will be well-deserved.

Realistically, I will actually miss the newsroom, the halls, the people, the long hours, and my computer. After spending so many hours here, you actually fall in love with the place (I think). Anyway, I want to take this opportunity to thank the large amount of people who helped me through three tough years here in the hallowed halls of Humber College.

Everything must come to an end, and so has my time as sports editor, along with my partner Johnny M. We have had the pleasure of dealing with the best athletics program in Canada, the best reporters, and the best teams there are.

Without them, we wouldn't have had nearly as good a sports section as we did have. So,



thank you to all of you. Sports editor is not an easy job. I had to deal with fighting for pages to make my section as big as it was.

Yours truly would like to thank the many individuals who made all of this possible. First, I would like to start off by thanking Athletic Director Doug Fox for all of his generosity and support over the semester. I would like to thank all of the reporters. Luc Hebert, Randy Cooray, Patrick Campbell, Jeff Neal, Lindsay Higgs, John Edwards, and Jason Thom.

Of course, I have to thank my fellow editors, the staff advisors, Terri Arnott, Lara King, and Chris Vernon, and my partner, John Maida, whom I owe a great deal. The editors this semester have been an honour and a privilege to work with. Especially the co-operation of Derek Malcolm, Nick Jones, Cam French, and Josh Hargreaves, who gave me the pages I wanted most of the time.

Unfortunately, when I asked for eight pages they gave me three,

and when I asked for ten pages they gave me two. I am only kidding. This semester, we averaged four pages a week and that is phenomenal. So, thanks to everyone who helped make this the best sports section ever.

Although I am gone, I am sure my memory will always be in the Et Cetera newsroom. From my listening to Kenny G, to my rapping with the likes of Eminem, I am sure I will never be forgotten.

Luckily, even though my sports career at Humber is finished, the rest of my career will hopefully involve sports such as the Raptors, Leafs, Blue Jays, and Rock.

Next semester, I will embark on an internship in the Toronto Sun's sports department where I hopefully will have the opportunity to cover some big time sports. This is not the end, it is just the beginning of something bigger and better for me. I will never forget my experiences at Humber College, specifically my sports memories. The memories of going to Edmonton, and the memories of being on the road with the boys will last forever.

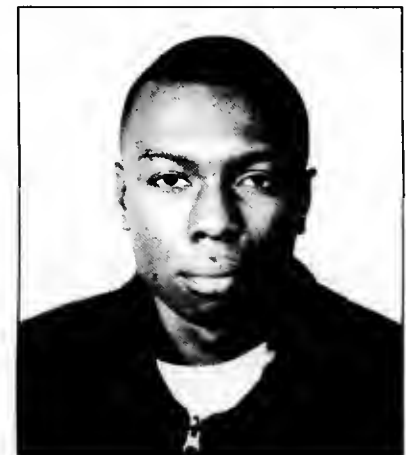
Let us not forget, that all great things must come to an end. I have enjoyed my time here and will never forget the people I have met, the battles I have won, the battles I have lost, and the total team effort it takes to put together a newspaper like the Humber Et Cetera, and the effort it takes to make a sports program as wonderful as Doug Fox has made it. Thanks for all the great, lasting memories.

## Humber Hawks Athletes of the Week



### Beth Latendresse

Beth had an outstanding week as she helped the women's basketball team to two consecutive wins this past week. In the game against the Niagara Knights, Latendresse poured in a career-high 37 points. Beth was also named the OCAA's Athlete of the Week.



### Fitzroy Woolery

Fitzroy helped the men's basketball team beat two tough university opponents this past week as they grilled the Guelph Gryphons and left the University of Toronto Blues feeling blue. Fitzroy is known for his ability to dunk over unsuspecting opponents.

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