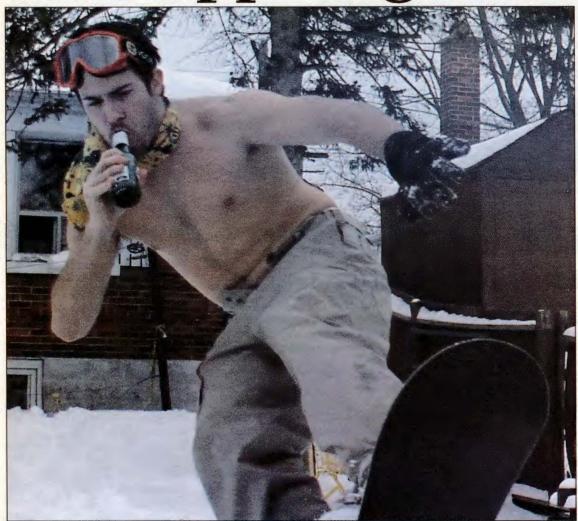
Unsung Heroes behind the scenes: Pg.17



January 24, 2008 http://etcetera.humber.ca CETERA

Ski trippers get second chance



Club member Matt Hayes practises his technique while throwing back a cold one.

Andrea Iseman

Despite peeing in elevators, hotboxing hotel rooms and breaking down doors, Humber's ski and snowboard club will hold their annual ski trip this weekend at Mont Tremblant Resort.

"Originally we were told last year that we were blacklisted," said firstyear media studies student Tyler Mattioli, 21. "I used a fake name at first to book the hotel, but then they just said they didn't care."

This year, organizers are charging students \$35 more because last year's damages exceeded \$2,500.

Commotion caused by the club at the hotel even forced some guests to move to another area in it, said third-year industrial design student Logan Ullyott, 21, president of the North Campus club.

"As I am walking back to my room after the bar I see eight cop cars outside the hotel," Ullyott said. "The hotel staff was yelling 'I want everyone out of here now.""

Eventually students were allowed to stay and a house arrest was imposed while hotel security walked the halls to monitor activities, he said. This year, the hotel said the club was asked to provide a cash deposit not only for potential damages, but to teach students there are consequences for irresponsible actions.

"We are going to hire more security agents when they come," said Virginie Barbeau, communications coordinator at Mont Tremblant Resort. "About one security agent for every 50 students."

Ullyott said HSF is aware of the damages the club caused last year, and does not seem to care. It continues to fund the club and provide help with renting buses for the trip.

"Because they had certain people that decided to do stupid things, we are not necessarily going to penalize the entire club," said Aaron Miller, programming director at HSF.

He said he is not concerned the club's actions will smear Humber's name. Events held off-campus are not HSF sanctioned and the college is not liable for any damages to people or property.

Even if the club receives \$1,000 in special event funding, the money would be for costs already incurred, not for damage reimbursements.

"I have no problem with them. I get along with them well," said Miller.

Violent school label won't follow college applicants

Christina Commisso NEWS REPORTER

The wide-ranging report of violence in Toronto's public schools showed the effects crime has had on people within those facilities.

The Road To Health: A Final Report on School Safety was compiled by a panel chaired by Toronto human rights lawyer Julian Falconer and released Jan. 10. The Falconer panel was formed after the murder of Jordan Manners, a 15-year-old student at C.W. Jefferys Collegiate who was found shot in a school hallway May 23 last year.

C.W. Jefferys Collegiate and Westview Centennial Secondary School are within 10 kilometers of the North Campus. Humber received student applications from both schools last year.

"The highest rate of applicants come from local high schools," said associate registrar Barbara Riach.

According to Riach's department, Humber received 85 applicants from Westview and 60 applicants from C.W. Jefferys, but Riach couldn't say how many were accepted.

Twelve per cent of students at C.W. Jefferys said they have had a gun pointed at them, or were shot at, on school property over the past two years. Forty per cent of students at Westview said they have been threatened with physical harm at school in the past two years.

Despite the high rates of violence

in neighbouring secondary schools, Gary Jeynes, director of public safety at Humber said the college has no way of telling if applicants have a criminal past.

"There is no way we will start accessing that information," he said.

Around the Finch area it gets pretty intense, but on campus I haven't seen anything too violent."

> -Mike Vitale business student

Toronto police Const. Wayne Gueran said criminal records of high school students are private. "Should the school require a copy, they would have to request it from the student. Then the student would have to request a clearance letter from police headquarters."

According to Riach, most applicants are admitted solely on marks. "We do not receive any disciplinary related information in their

files," she said. One of the alarming revelations in the report shows 42 per cent of

students at Westview have seen someone with a gun outside of school in the past two years. But the report has not persuaded

Humber security to re-examine violence on campus.

"Crime is down in this area," said Jeynes.

However, the North Campus is located close to Jameston, one of

"Should the school require a 13 priority areas identified by the py, they would have to request it City of Toronto.

Falconer said in his 1000-page report that schools mirror the communities they serve.

Despite Humber's location, students seem to feel safe on campus.

"Around the Finch area it gets pretty intense, but on campus I haven't seen anything too violent," said third-year business student Mike Vitale, 23.

Mike Petro, a third-year rich media student, said he was hesitant about the area.

"I was a little weary of this campus before I started because it's so close to the Jane and Finch area," he said.

Jeynes urges students to call campus security at ext. 4000 if they witness criminal activity.

Get ready to vote: Pg. 4



Environment Minister Gerry Phillips wants to overrule restrictions against clotheslines in Toronto in an effort to reduce electricity use from dryers. - The Star



Employee Abdigani Hurre and youth worker Norman Dacosta at Etobicoke's Community Microskills Development Centre.

Feds show faith in community Development centre gets chunk of \$8M in crime prevention funding

Jason Sahlani News Reporter

A North Etobicoke organization that helps keep young people on the right side of the law is getting a big infusion of federal funds.

Of the \$8 million allocated to crime prevention projects across Ontario, \$600,000 is going to Etobicoke's Community Microskills Development Centre.

Founded by Humber graduate and Premier's Award recipient Kay Blair, the organization runs a youth engagement program that focuses on preventing young people in the North Campus area from turning to crime.

"The money will be spent on our youth programs, which are themselves focused on addressing the systemic issues that underlie the problems facing young people in the community," said Hazel Webb, director of community programs and services at Microskills. "The youth in this area have every opportunity to make the wrong moves, go the wrong way, so it's important to provide chances for them to change their paths."

According to Microskills youth worker Norman DaCosta, the various projects and services offered to youth in the community have been very successful.

"We run a leadership program in the summer and last year one of the participants came to me and said because of this program, because of the options provided, not a single one of the kids involved has been arrested or in trouble with the law," said DaCosta.

Microskills also runs a youth centre in the Dixon and Islington area where local teens go after school to get help on school work, get advice on finding a job or hang out and play some table tennis.

"For a while we had problems with the stores beside us," said DaCosta. "They'd see kids hanging around and think they were going to cause trouble. It was just recently that they've come to realize that they're just kids, not criminals." Breaking the stereotype that has

of Microskills' most important goals. "An employer sees a postal code

been attached to area youth is one

from this area and they discriminate against the person, cutting off any chance he/she may have for advancing; it's a vicious cycle," said Webb.

Sgt. Rick Blanchard of 23 Division's Community Relations Unit agrees the region has a reputation that is counterproductive to helping young people break the cycle Webb describes.

"All you hear about in the media is the violence in the area. You don't hear about the people who see what the issues are and who deal with the problems facing residents on a communal level," said Blanchard. "Any governmental funding for organizations that work to empower members and leaders of the community is wonderful. It'll make a difference."



• Former Law & Order actor and republican candidate Fred Thompson has pulled out of the presidential race after poor results in early ballots. – CNN

• The Iraqi parliament has approved a new flag in an affort to address Kurdish concerns over its symbolism. The three stars that represented Saddam Hussein's Baath Party have been removed, although the flag retains its original colours. - BBC

 Oscar-nominated Brokeback Mountain actor Heath Ledger, 28, was found dead in his New York apartment on Tuesday. Police say there was no obvious indication of suicide. An autopsy Wednesday came back inconclusive, the medical examiner says an official cause of death may take up to ten days. – The Star

• Global fears about the possibility of a U.S. economic slowdown sent stock prices plummeting around the world on Monday. The Toronto Stock Exchange posted its biggest one-day loss in seven years after going down 600 points. - Globe and Mail

• Police in Pakistan have arrested a teenage boy after he confessed to being part of a team tasked with assassimating opposition leader Benazir Bhutto. The boy said he was part of a backup squad created to kill the leader should the initial attempt fail. This is the first arrest made in connection with Bhutto's murder last month. - BBC

 Thousands of Palestinians crossed into Egypt after militants blew a hole in the border wall

between Gaza and Egypt. Citizens

were looking to stock up on food

and fuel that have been in short

supply due to an Israeli blockade

Ban on cosmetic pesticides proposed

Jon Sufrin News Reporter

A recent call for a provincewide ban on some pesticides is getting mixed reviews from those concerned with landscaping on campus.

Pesticide bylaws already in place in Toronto have hampered landscaping efforts at the college, said David Griffin, maintenance manager at North Campus.

"It's about ten times more expensive to try and keep the walkways free and clear of weeds and moss," he said. "Our options in terms of managing some of these things have been curtailed to the point where it's kind of silly."

Sid Baller, superintendent at the arboretum, said that pesticides are

overused but in rare cases they can be helpful.

"On the one hand, there's the totally legitimate issue of why are we inundating our gardens with all these chemicals. It's horrible and dangerous," he said. "But on the other hand, there are some serious environmental problems that have come up because we don't control what comes over our borders and we've imported some disastrous pests."

The arboretum has had a difficult time dealing with pests such as the Asian long-horned beetle and the emerald ash borer, he said.

Last Tuesday, a panel of health and environment experts held a news conference at Queen's Park urging for a province-wide ban on cosmetic pesticides, which are used to improve lawns and gardens.

The panel said unnecessary use of pesticides exposes everyone to health risks.

"The environment you guys will inherit is going to look very, very different than what I saw when I was your age."

> -Sid Baller Arboretum superintendent

"Numerous tallies have shown compelling evidence between exposure to pesticides and serious illnesses such as cancer, birth defects, reproductive damage," said Doris Grinspun, executive director of the Registered Nurses' Association of Ontario and one of the panelists.

Griffin said a better solution would be to educate people about about safe lawn maintenance techniques, such as aerating the soil to keep it fertile.

"What has the Toronto city council done to encourage any of this? Nothing. So the easy way out is to ban the product."

Although supportive of a provincewide ban, Baller is pessimistic about the environmental damage already inflicted.

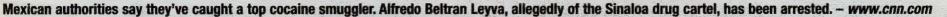
"The environment you guys will inherit is going to look very, very different than what I saw when I was your age," he said. in Pakistan. National Post

Corrections

On page 16 of the Jan. 17 issue sports reporter Maciej Chabelski's name was spelled incorrectly.

On page 4 of the same issue, the Rover Crew investiture ceremony was held at Toronto Police headquarters, not at Lakeshore Campus.

http://etcetera.humber.ca





Windmills like this one, located on the CNE grounds in Toronto, can create enough energy to power 200 homes for a year.

Toronto eyes renewable energy

Proposed bylaw would let individual residents produce own electricity

Justin Robertson

The college is grappling with the idea of introducing solar panels to the new Eco Centre, which coincides with a proposal by the City of Toronto for a renewable energy bylaw.

"Most of the college's power source runs through the Eco Centre," said Barb Fox, coordinator for the Centre of Urban Ecology. "It was built with the option to add solar panels, so that is something we are considering further down the road because it will eventually reduce the college's energy costs." The proposed renewable energy bylaw would allow residents to build onsite structures based on alternate energy sources.

"What's unique about this is that it's very widespread,"said Ward 40 Councillor Norm Kelly. "There are no limitations as to what you can use, as long as the structures are rely on renewable energy sources, like sunlight."

Spencer Wood, manager of maintenance and operations said, "The problem with solar panels is that they are very expensive which is one of the main reasons Humber hasn't implemented solar panels around the campus." Wood also said unless Humber received funding for renewable sources like solar panels on an environmental level, the college must stick with the current conservation program because of cost.

The new bylaw is geared toward making a greener environment by allowing the use of a wind turbine onsite. It provides alternative energy and helps Canada move towards energy self-sufficiency, Kelly said.

Wood said there are a number of technical challenges at Humber that prevents the introduction of wind turbines. "It's not particularly windy at the North campus, so there might not be a huge demand for a wind turbine," said Wood. "Also, it depends on how high up you go, considering we are close to the airport height may be a problem, depending on where it's located."

Franz Hartman, executive director of smog and climate change for the Toronto Environment Alliance said, "Even though Humber does not currently operate a wind turbine or have solar panels installed, what the new bylaw means is, it's going to make it easier for Humber to renew energy and become environmentally friendly."

Degree fair not helpful to some

Cheisea Saidhana News Reporter

Representatives from 44 universities were on hand at North Campus last week to talk to students about continuing their education. However, logistical problems left some students feeling frustrated.

Lee Harris, 20, a second-year film and television production student, was disappointed that the University of Toronto wasn't represented.

"They've got University of Toronto at Mississauga and Scarborough represented but University of Toronto is missing," he said.

Harris said the fair should be held for longer than four hours, so students who were in class could attend.

"These people travel from out of town and they need to have time to go back as well," said Andrew Poulos, co-ordinator of counselling service, when asked about these issues. "By getting more universities to participate, we can hopefully get more students interested next year."

Students at the Jan. 16 degree fair were provided with transfer guides, created by student service's Mary Vesia, to help them understand the transfer agreements required to switch from college to university.

At a luncheon after the fair representatives were encouraged to interact with Humber's administration and faculty and talk about transfer credit opportunities.

U.S. presidential race hits home

Erin Lewis News Reporter

Americans living in Canada have their minds on the prospect of electing the first female or black president of the United States.

Elise Carlson, a second-year film and television production student and Kansas City native, said she supports both leading Democratic hopefuls – Hillary Clinton and Barack Obama.

"Clinton was a part of the mostsuccessful administration the U.S. has ever had," she said. "She was an active part of that – she wasn't just sitting in the corner knitting doilies or anything."

Active in politics, Carlson volunteered for John Kerry's presidential campaign in 2004. She intends to cast her absentee ballot in the Missouri primary on socalled "Super Tuesday" on Feb. 5, when 24 states will hold primary elections.

"People abroad have the dubious honour of trying to navigate the labyrinth of absentee voting," said Joe Green, co-chair of Democrats Abroad Global Voter Registration Committee.

Green said there are likely 700,000 Americans living in Canada and believes that most voters have Democratic leanings. Kelli Wight, a member of the

executive committee of Republicans Abroad Canada, seems to agree. "I think Canada is different

Think Canada is different than the rest of the world in that the population here is skewed toward the Democratic Party," she said. "Internationally, 80 per cent of the absentee vote goes to the Republican Party and the Republican candidate typically. But I think in Canada it is probably the opposite."

Carlson hopes the youth vote will continue to be targeted.

"If there is one thing that happened at the last election that was positive, it was that the youth turnout in the States was noticeably increased. Younger people are paying attention and their votes are being noticed."

George Byrnes, program coordinator of general arts and sciences at the Lakeshore Campus, lives in Canada but maintains a residence in Pennsylvania. He plans to vote in the November presidential election.

"I'm very distressed with the way the United States has been managed over the last eight years," Byrnes said. He cited the current American dialogue on abortion, capital punishment and same sex marriage as his main concerns.



Democrats Abroad says 700,000 Americans live in Canada.

NEWS

A Toronto Star investigation found that nearly 200 TTC drivers suffer from severe stress disorders often seen in survivors of combat and rape. - The Toronto Star

Doctor shortage a yes for college

With hospitals scrambling to find good help, campus health centre reaps rewards

John Sufrin NEWS REPORTER

The health centre at North Campus is an example of how Canada's doctor shortage could actually benefit the health-care system, said Jason Powell, co-ordinator of practical nursing at the college.

The health centre is not dependent on physicians, but on a nurse practitioner - a nurse with advanced training – and the result has been "amazing," Powell said.

"There doesn't need to be a physician," he said. "We need a nurse practitioner and we have one in Carole Gionet and she is excellent."

Gionet said doctors are still necessary, but the nurse-oriented system at the centre is preferable to a doctor-oriented one.

"It's a unique model. Most universities are doctor-oriented. I want to keep this model the way it is because I see the advantages of it," she said. "I'm really thankful that Humber saw the opportunity to get a nurse practitioner."

Maclean's magazine recently reported a doctor crisis, noting that in 2005 only 23 per cent of



Carol Gionet explains the benefits of having a concen-

tration of nurses on campus.

Canadians were able to find a physician the same day they needed one.

A shortage of doctors does not necessarily mean poor health care, said Kathleen MacMillan, dean of health sciences at the North Campus.

"One of the things the projected shortage of physicians is forcing us to do is to think about more creative ways of delivering healthcare and that might even be better than just focusing on the physician," she said

However, Powell and Macmillan both said that Canadians can expect a shortage of all health workers, not just doctors.

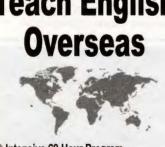
The key to dealing with the problem is in promoting teamwork and in making sure that the potential of all health care workers is utilized, MacMillan said.

"If we're successful in moving an agenda around inter-professional collaboration, and delivering health care in teams, and expanding the way that we utilize the intellectual capital of all providers, I think that we will probably do very well in terms of managing the demands of the health-care system."

Gionet agreed less of a focus on doctors could encourage a wider sharing of responsibility among health workers.

You sometimes do need a crisis for things to change," she said.

Teach English Old phones fund student bursaries



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Thousands of Satisfied Students



Dave Lipson NEWS REPORTER

A new cellphone recycling program has been set up to boost funding for Humber Students' Federation bursaries.

"One thing we really strive for is that your financial situation should never be a barrier to getting an education," said Nick Farnell, HSF president.

The old phones are sold to Wireless CellBack, a company which repairs, resells, or recycles them.

"The program is in its infancy, but the possibilities are endless as far as I'm concerned," said Ryan Weis, company regional dealer. About 30 phones from Humber

have been donated since the program began at the end of last semester. A phone's value depends on its model and condition. Newer

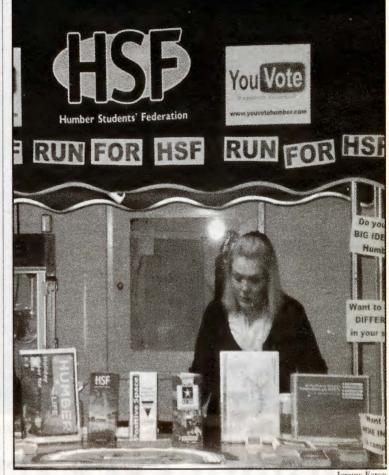
ones with features such as cam eras and MP3 players can get up to \$10.

All proceeds from Humber will go to students in financial need, said Farnell.

"We're increasing bursaries next year. We've tightened some stuff up around here, we've found some extra money. Rather than put it into other things, we want to make sure it gets back to students the most efficient way possible."

HSF gave out close to \$60, 000 in bursaries to 130 students last semester, said Farnell.

"I think it is a good thing that students get a return on that," said Filipa Saraiva, 31, a first-year early childhood education student. "I have a couple lying around the house that I plan on bringing that are not working - there's nothing you can do with them."



HSF promotes its new youvotehumber.ca website on campus.

Website lures **March voters** Last year's low student turnout

prompts new media approach

Jeremy Eaton and Caroline Gdyczynski NEWS REPORTERS

In an effort to increase voter awareness and interest for its March elections, the Humber Students' Federation has created a new website that urges students to get involved.

"The youvotehumber.ca website is specifically designed to encourage students to participate," Ercole Perrone, HSF's executive director, said last week at the Board of Directors meeting. "It's for information dissemination on our elections."

Nominations are open for all positions: president, vice-president administration (North and Lakeshore Campuses), vice-president campus Life (North and Lakeshore campuses), program representatives, and a board of directors.

With approximately 1,200 students voting in last year's election, HSF wants to increase that number and the new website is one of many initiatives to get students involved.

"Ads in all the newspapers, radio spots, some Humber television spots and word of mouth is obviously huge," HSF President Nick Farnell said. "We are encouraging teachers to bring up why it is important to run and why it is important to vote."

The HSF offers programs and services to help Humber's 18,000 full-time students, such as dental and medial plans and speaks on behalf of the college when lobbying the provincial government on student-related issues.

Perrone said only 6.7 per cent of Humber students voted in last year's election, slightly higher than the Ontario colleges provincial average of six per cent but still something that can be improved

"I think it was more of a factor last year. I heard about a lot more events going on last year. I don't really see much unless I go down to the HSF office myself," said Andre Blake, 2nd year fitness and health student at Humber.

We definitely want to get a lot more voters than last year," said Farnell. "A conservative estimate is 2,000 voters."

The deadline for nominations is 4 p.m. Friday, Feb. 8, with voting to take place March 3 to the 7.

Ugandan rebel group, Lord's Resistance Army, confirms death of second-in-command rebel Vincent Otti after months of speculation. - www.bbcnews.com

Crime Stoppers moves to texting

Organization's new feature to improve youth response rate

Amy Leitner NEWS REPORTER

Humber students are always encouraged to report violence that they witness, said director of public safety Gary Jeynes. Now they can be even more involved.

"Anonymous text messaging is a great method that will help to lead the police towards millions of dollars in drugs and stolen property," Jeynes said.

A new method of text messaging anonymous tips to Toronto Crime Stoppers is set to begin in two months, said Const. Scott Mills, Toronto Crime Stoppers officer.

"Crime Stoppers mode of using texts as a way to get anonymous tips has not officially begun yet," Mills said, "We're working out all possible bugs and glitches so that anonymity can be guaranteed."

Crime Stoppers is using a software program that mixes and scrambles phone numbers so that the source cannot be traced.

"The Crime Stoppers program is fundamentally good because it is a formal three-way partnership between the police, the public and media," the said Mills. "Technology has also been a great help.'

Humber students have responded positively to campus watch programs such as Crime Stoppers and Campus Walk, said Jeynes.

"We spend a lot of money in advertising these programs so that our students can feel safe in their school," Jeynes said. "Unique to Humber is that we have an actual police office right on our North Campus. The police are our partners.'

""Success rates increased because of all the youth engagement."

-Larry Straver **Toronto Crime Stoppers**

Crime Stoppers January is month.

"Humber will get involved with Crime Stoppers month by likely setting up an information booth," said Jeynes of this month. Last year proved to be a record-

breaking one for anonymous tips. "The great success of 2007 can be attributed to the media for putting information out to the public, as well as the various school awareness programs that we have going on," said Det. Larry Straver, coordinator of Toronto Crime Stoppers. "Success rates increased because of all the youth engagement work done to get kids involved."



Last week's traffic campaign reminded pedestrians and drivers the importance of road safety.

John Bkila

NEWS REPORTER

Toronto Police are cracking down on careless drivers around North Campus after a string of pedestrian fatalities started off the new year.

Police focus on

Humber has seen its share of accidents caused by the dangerous behaviour of unsafe drivers.

"I saw a car jump a curb on Humber College Boulevard last year and go right through the fence of a residence," said Michelle Bueno, a second-year law clerk student.

Last year, a student was killed by a motorist on Humber College Boulevard and Highway 27 intersection.

"It's an awareness thing," said traffic Sgt. Dan Sutton of 23 Division.

Last week, 23 Division ran a pedestrian safety awareness and

enforcement campaign meant to educate pedestrians and motorists on the rules of the Highway Traffic Act.

"I want to gain back the respect of the road that has been misplaced," said Sutton.

He said he was not targeting specific areas, but rather all of 23 Division.

"All officers on patrol are on the look out," said Sutton.

Drivers who fail to yield to a pedestrian face a \$150 fine, which doubles in school zones.

A pedestrian caught jaywalking receives a \$35 fine.

Sutton was concerned over the behaviour of both drivers and pedestrians.

"Pedestrians assume that traffic will stop that the drivers can see them," said Sutton.

But that's not always the case.

ed," said Sutton. "More than 60 per cent of the time I've seen drivers on their cellphone. It's dangerous." Sutton urges drivers to be more aware of their surroundings and

especially of pedestrians. Humber president John Davies,

supports the crackdown. "Anything we can do to keep up the culture of concern for pedestrians," said Davies, "I'm all for it." Gary Jeynes, director of public

safety at Humber, agrees. "I think it's a great idea the police are out there reminding drivers that you need to be safe, and really, that you have a lethal weapon in your hands," he said.

On Jan. 5, an elderly man died after being struck by a van on the same night a Scarborough pedestrian was killed by a motorist.

The following Monday, a 13year-old boy was injured by a police cruiser near Martin Grove Road.

The Smokers Pot

College replaces pizza boxes with eco-friendly trays

Dave Lipson NEWS REPORTE

The Pizza Pizza at the Humber North cafeteria switched from using personal boxes to individual slices on Monday in an effort to improve campus sustainability.

The new paper trays are easier to recycle than the 700 pizza boxes that were gone through daily, said John Thompson, food services general manager.

Individual slices are cheaper and about the same size as the personal pizzas, said Thompson.

"You can actually see what is on the pizza," said Daniel Jordan, a 19-year-old media foundations student. "And there are a lot more varieties.'

"It just better tasting," said Shea Johnson, 20, a fitness and health promotion student. "The box ones tend to be dry because they sit around a lot longer."

But some students oppose the switch to slices. "I hate it because it is not person-

al anymore," said Amanda Lee, 21,

fashion art student. "We don't want communal pizzas."

Lakeshore Campus will make the switch around reading week.



Personal pizza boxes changed over to large pies earlier this week in an effort to reduce campus garbage.



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"Drivers today are more distract-



Study by American non-profit journalism group says President Bush and his top aides made 935 false statements leading up to the Iraq war. - www.CNN.com

Gay men can donate organs but not blood

Sunil Angrish SENIOR REPORTER

Health Canada issued a clarification Friday after the CBC inquired into policy regarding organ donations from gay men.

"There was confusion in the media," Carole Saindon, a spokesperson for Health Canada said. "There was partial information that got compounded as others picked it up."

The clarification states that gay men who have had sex with male partners within five years are excluded from donating organs because of concerns over disease transmission. Gay men who have abstained from sex for at least five years are permitted to donate organs. Some early media reports reported all gay men — sexually active or not — were banned from donating organs.

The clarification does not apply to blood donations from gay men, who are still excluded from donating, said John Bromley, Ontario communications manager for Canadian Blood Services.

Seneca

PR legend talks hope

Jeremy Eaton NEWS REPORTER

The man in charge of spreading the word about Terry Fox's Marathon of Hope in 1980 talked to students last week about challenges of getting the message out before instant communication.

"There were no cellphones, no text messaging, no computers," said Bill Vigars.

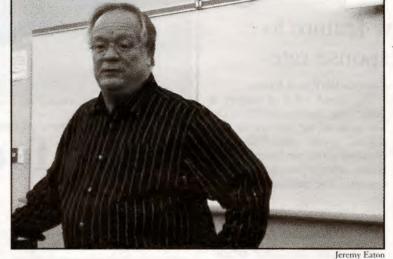
He tossed a handful of change across the desk at Guelph-Humber's lecture hall to illustrate the coins he used when finding a payphone along the route. "This was my Blackberry then."

Vigars was 33 when he became co-ordinator of fundraising and public relations for the Canadian Cancer Society, which sponsored Fox's run.

Fox decided to run across the country to raise money for cancer research after he was diagnosed with bone cancer when he was 18. His right leg was amputated

above the knee in 1977 in an effort to slow the disease. He set out from St. John's, N.L. on April 12, 1980.

"He was just a regular kid," said Vigars, who first met Fox en route,



Bill Vigars, the man in charge of PR for Terry Fox's Marathon of Hope PR campaign, spoke to Guelph-Humber students.

in Edmonston, N.B. "Running across Canada on one leg was normal to him."

During their time together on the road Vigars said he provided friendship and mentoring to the young man.

"I played a role. A little bit was dad, a little bit was the coach, but most of it was being somebody he

could talk to. We had a lot of talks about life."

On Sept. 1, 1980, Fox's run ended in northwestern Ontario after 143 days and 5,373 kilometers.

"When he got sick in Thunder Bay," recalled Vigars. "He got mad and said 'what's the difference between me and anybody else getting this?' There was this silence before he said, 'maybe now people will understand why I was doing it.' It sounds too good to be true, but that's the way he did it." Fox died June 28 1981.

"After the run I was lost," said Vigars. "It ended so abruptly that I was lost for three or four years. Not a clue what to do."

Vigars, now 61, lives in Vancouver and is the media project director for the David Foster Foundation.

Ed Wright, program head of Guelph-Humber media studies, is a friend and one-time colleague of Vigars. Wright invited him to speak to students.

"I thought that it would benefit students at Guelph-Humber and Humber," said Wright, the pro-gram head of media Studies at Guelph-Humber. "I think the Terry Fox story is such that it is going to be of interest to people. It really touched so many people."

"An amazing speaker," said Mike Lockhart, a second-year media studies student at Guelph-Humber. "It comes naturally to him. You can tell he doesn't try at all. He was just happy to have had that experience.'

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Sick Kids poison expert says traditional folk remedies given to immigrant children In GTA contain lead and other toxins, such as mercury. - www.thestar.com



Trees in the arboretum are dying and wildlife is effected as a result of the conservation's biggest seasonal challenge — the harsh effects of winter salts.

Winter salt harms campus nature plan

Alex Cooper News Reporter

Every winter, North Campus uses more than 500 tonnes of road salt to keep its parking lots and walkways safe. But this comes at a heavy cost to the Arboretum, says Sid Baller, Arboretum superintendent.

"The hot button for all of us right now, and it's kind of a conundrum for everybody – the college and the Arboretum – is the use of de-icers," he said. The effect of all of this salt on the Arboretum is far-reaching. Baller said a stand of evergreens in the river valley died and it is harmful to aquatic life in the Humber River.

Gary Wilkins, Humber River specialist at the Toronto and Region Conservation Authority, said he has seen more chloride in the river recently, most of which comes from road salt.

The authority is responsible for managing rivers in the GTA. A report it released on the Humber River last November said chloride is the only conventional pollutant to see an increase in its levels over the past decade.

Road salts have been designated a toxic substance under the Canadian Environmental Protection Act.

Wayne Falls, co-ordinator of site maintenance, said the college has looked into alternatives but the cost of more environmentally friendly products is prohibitive. "The major concern that we have is providing safety for the students and the staff that use the facilities," he said.

Baller said part of the problem is that students and staff expect the parking lots to be clear down to the pavement. "There is a whole casket of consequences that flow from that environmentally. It's a city-wide problem, it's a regionwide problem, and I don't think it's been addressed beyond that." Bob Nicholson, a spokesperson for the Ontario Ministry of Transportation, said the goal is to minimize the amount of salt needed during the winter and still keep roads safe.

"We do realize it has an impact on the environment," he said.

The province has taken numerous steps to reduce the amount of salt used each winter by inserting electronic controls on spreaders, pre-wetting salt to make it stick to roads better, and pre-treating some roads prior to storms.

Etobicoke takes on after-school youth program

Fiona Collie News Reporter

A new plan announced at a rally last week would move recreational facilities from Lakeshore Campus to a nearby arena.

The South Etobicoke Youth Assembly and the Lakeshore Community Centre Workgroup held the rally to protest the construction of a 650 square metre gym with \$1.8 million that was set aside in 1991 to build a 1,858 square metre community centre.

"It's not a community centre basically," Amber Morley, 18, the director of the youth assembly, said of the gym that will be built next to Father John Redmond School near Lakeshore. "It's not enough."

The Youth Assembly rents the gym at Lakeshore on Friday evenings for their older youth basketball program.

Sonya Herrfort, the athletic/recreation co-ordinator at Lakeshore said the group has rented the gym for three years. Community members and groups want "a hub of all sorts of programs" said Jasmin Earle, chair of the workgroup.

John Fulton, manager of Community Recreation for Etobicoke York District, said he feels the gym, with access to the school's facilities, provides space for different programs.

"We're using over 50,000 square feet with the board's facilities."

At the rally, Bruce Davis, a public school board trustee, said the Lakeshore Lion's Arena, which the school board acquired through a land transfer, would be available to the community.

"What the school board is prepared to do is to work with partners in the community and in the city to turn that rink into a multiuse, multi-generational centre for the community," he said.

The basketball program will not be leaving the Lakeshore Campus gym any time soon, however, as the arena will not be available until Sept. 2009 and there are no funds as of yet to renovate it.

A Humber for All

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- We strive to promote a culture of inclusiveness among our increasingly diverse community
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http://humanresources.humber.ca/ downloads/HumanRights.pdf

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DITORIAL

"A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world." — Oscar Wilde

New student safety line is not a solution

Fears about student safety, amidst resurging news of shooting deaths in Toronto, continue to make headlines. This has seemingly prompted the Toronto District School Board (TDSB) into action, with the launch of a student safety phone-in hotline Jan. 21.

The line, accessible by dialing 416-395-SAFE, claims to be a way for students to anonymously report any personal or school safety concerns by leaving messages that are checked regularly throughout the day, according to the TDSB website.

While it's commendable that the TDSB is trying to reach out to students, this methodology seems like a Band-Aid solution to a problem that won't heal. What makes the Student Safety Line any different from the Crime Stoppers program? Crime Stoppers has been in existence in Canada since 1983 and has its own School Crime Stoppers division that is actively promoted in GTA high

schools. It offers the same anonymity but has the additional benefit of being able to report a crime to a person, and not a machine.

•The TDSB website and flyer encourage students to call 911, Kids Help Phone or Crime Stoppers for immediate concerns, which just proves that this initiative is mere grandstanding by education officials rather than a proactive, concerned solution.

In light of the recent revelation that one quarter of Toronto high school students know of someone who has brought a firearm to school, long-term action is required instead of quick fixes. And who better to try than those who are directly impacted.

Let's stop looking for solutions from board officials who are more willing to placate than protect, and get the school community involved at a grassroots level - where parents, teachers, and students can offer real solutions, to real problems.

Earth hour not a protest

At 7:30 p.m. on March 31, 2007, Sydney Harbour was plunged into darkness, not by an unexpected power shortage, but rather a carefully planned and meticulously orchestrated event called Earth Hour.

While streetlights in Sydney remained aglow, 90 McDonald's restaurants dimmed their golden arches and approximately 2,000 government offices and businesses also participated. Many restaurants remained open, offering candle-lit service instead and the city's energy usage dropped by 10.2 per cent.

According to the Toronto Star, Earth Hour is a project started by the World Wildlife Fund (WWF) to keep the issue of climate change afloat in cities across the world. Sydney's planned power outage also kicked off a year-long campaign to reduce the city's greenhouse emissions by five per cent.

For Torontonians plagued by memories of 2003's Black Out power outage, the recent announcement of this city's own Earth Hour event could garner mixed reactions.

On March 29, Toronto will turn off the lights for an hour starting at 8 p.m , joined by 15 other cities worldwide.

"I encourage all Torontonians to turn off their lights for Earth Hour," said Mayor David Miller in a statement announcing Toronto's participation in Earth Hour. "It is in cities where real change is being made and events like this remind us that small actions by individuals can benefit everyone.

At a time when the impact of climate change is, sadly, still debated by many, it's encouraging to see an example of cutting greenhouse gases that doesn't involve government clap-trap or Al Gore standing on a raised pedestal. Earth Hour is a fun, exciting initiative.

Humber's effort to go green is slowly progressing. The HSF is selling old cell phones to Wireless CellBack, a company that repairs or recycles handsets, and this month Java Jazz switched to paper cups from Styrofoam. Humber President John Davies says he thinks Earth Hour is a "great idea" and is

looking into ways the college can participate. Earth Hour's success, so far, can be attributed to the fact that entire cities are encouraged to participate. Hopefully Toronto's Earth Hour will be just as enjoyable - like the 2003 black out was for many.

Earth Hour is an innovative example of how easy it can be to get citizens involved in the green movement.

Let's hope the movement finds more creative ways for people to get involved.

HUMBER ET CETERA Matt Shilton **Biz/Tech Editors** Will Cottingham

Humber Et Cetera is a publication of the Humber College School of Media Studies

Letters to the Editor must be signed and contain the writer's program and telephone number for verification. We reserve the right to edit for length.

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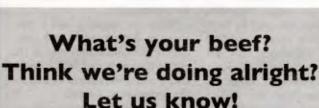
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OPINION

A g'day in the Mile High Club. Totaltravel.com found that 12 per cent of Australian travellers have done the horizontal tango on an airplane. - Reuters.com

IPV vaccine not wonder drug



Fear not, young women! The Gardasil vaccine is coming to the rescue, saving you from the evil human papillomavirus (HPV).

For a mere \$400 you'll be vaccinated against this sexually transmitted disease (STD) that causes 70 per cent of cervical cancer cases and unsightly genital warts.

The Ontario government has even joined forces with the heroic vaccine, paying for any female in Grade 8 who wishes to be immunized.

But wait, this seems too good to be true! Don't all superheroes inevitably have a mortal flaw?

Gardasil has many. It's biggest flaw, however, is that it doesn't

guard against most strains of the STD. HPV is the most common STD

worldwide and 75 per cent of Canadians will contract the virus at some point in their lives, HPVinfo.ca says. Most will never know they have

the STD – they will be symptom free and their body will clear the infection on its own. Others, however, will develop genital warts or pre-cancerous lesions.

Gardasil prevents four of the more common strains of HPV, two of which can cause genital warts and two of which can cause pre-cancerous lesions.

Math has never been my best subject, but four out of 30 possible strains don't seem like the best odds against a virus that the Toronto Star recently referred to as the common cold of STDs.

But this hasn't stopped the onslaught of commercials, posters and radio ads promoting the wonder drug, most of which focus on cancer prevention.

There is little mention of genital warts or the pre-cancerous lesions that take years to develop into cancer.

My concern is that young women will put their faith solely in Gardasil, reducing reliance on Pap tests that can actually detect cancer in the early stages when it can be dealt with. Hpvinfo.ca, run by the Society of Obstetricians and Gynaecologists of Canada, says the most common reason women develop cervical cancer is because they haven't had regular Pap tests. Why not start promoting the

ever-reliable Pap test? Stronger than Gardasil! More powerful than a shot in the arm!

Is it possible the Ontario government is actually more comfortable promoting a semi-effective vaccine rather than getting women to spread their legs for accuracy's sake?

In the same vein, the government has also put the onus on women to stop the spread of HPV, leaving men in the clear – and in danger.

Men, like women, can carry the virus without symptoms, as well as develop genital warts.

Men who have engaged in anal sex can develop anal cancer caused by HPV, yet the wonder vaccine is only being offered to females in Grade 8 and licensed for use by females aged nine to 26.

Are gay men not worthy of being rescued?

A vaccine that can actually prevent cancer, even if it is only a couple strains, is something that should be celebrated. It opens the doors for more research and the hope that our society may actually one day be cancer-free.

At this point, however, Gardasil seems more like a sidekick than a true hero. Until that day comes, young ladies, go have a Pap test, it's time to take care of yourselves.

IEDs big risk for Canadian soldiers



Blood ban targets homosexual men



Ignorance has reared its ugly head in our country, one that prides itself on being progressive. In December, new Health Canada regulations came into effect for organ donors in an attempt to

ing serious diseases like HIV and Hepatitis B or C. Health Canada's list of individuals considered 'high risk' and therefore unsuitable to donate their organs include, among others, intravenous drug users, people recently in jail and gay males. Hmmm. One of those things is not like the other.

protect recipients from contract-

While Health Canada does not

donate their organs, it does say their organs are "excluded" from consideration for transplant. I can't look past the fact that a poorly worded questionnaire and the

directly say gay males cannot

so-called logic behind it doesn't question risky sexual behaviour, but rather implies gay males lead promiscuous, deviant lives.

One can deduce the implications in a questionnaire that specifically asks male donors if they've slept with another man, even once, in the past five years and, if yes, deems them ineligible to donate.

While stereotypical branding runs rampant in everyday society, it becomes demeaning and even a little nauseating coming from one's own government.

To add insult to injury, Canadian Blood Services - more specifically Health Canada - recently announced it would not lift its ban on blood received from gay male donors or make changes to its blood donor questionnaire. Perhaps Health Canada can turn a blind eye to ignorance, but I can't. I can't look past a poorly worded questionnaire that doesn't consider or query risky sexual behaviour, but rather implies gay males lead promiscuous, deviant lives.

I can't understand why society still carries the notion that HIV and AIDS are 'gay' diseases. According to the AIDS Committee of Toronto, gay males account for

the largest number of positive HIV test reports yet a study by the Public Health Agency of Canada found that the fastest growing HIV demographic in Canada does not belong to the same group. That title goes to young, heterosexual women who, in 2005, accounted for more than a quarter of all positive HIV infections.

I can't ignore the implication that male homosexuality is grounds for discrimination on the basis of posing a special threat to society - even if those men practice safe sex in committed, monogamous relationships. Health Canada's regulations afford straight men who have unsafe sex with hordes of women an automatic green light to donate.

I have to wonder how many people lie on their questionnaires to not forgo the opportunity to donate, simply because Health Canada deems it necessary to uphold an archaic practice.

In 2006, various American health associations, including the American Red Cross, called banning gays from donating "medically and scientifically unwarranted", though U.S. government policy has not changed. Russia, South Africa, and France have lifted bans after concluding blood donor policies should be based on risky and non-risky behaviour.

Banning gay men from donating blood and organs doesn't preclude the spread of infections. It promotes ignorance and prevents healthy gay males from potentially saving lives and helping others. This includes the openly gay George Smitherman, Ontario's minister of health.

It has become impossible for the Canadian military to defend itself against the cheap, easy-to-make, roadside bombs or improvised explosive devices (IED) that are the Taliban's most effective weapon in Afghanistan.

An IED is a remote-controlled bomb made from a variety of explosives, such as land mines and artillery rounds. The devices are rigged to detonators made from individual components of readily available electronics such as cell phones and microwaves.

Instructions for assembling these explosives are readily available online making it easy for anyone to make them.

The military death toll hit 77 on Jan. 15 when Trooper Richard Renaud, a 26-year-old from Quebec, was killed by an IED north of Kandahar.

Renaud was the same age as my brother and, like him, was married with a young son. The wife he left behind was four months pregnant. No other coalition country, aside

from the U.S. and Britain, has lost as many soldiers as Canada in the UN-mandated, NATO mission in Afghanistan.

Things are getting worse. More coalition soldiers died in Afghanistan in 2007 than in any other year since the beginning of the mission and the number of military deaths has steadily risen each year since 2003.

Canadian troops can't do the heavy lifting anymore. It's time that rance, Germany and NATO allies took over the dangerous fighting in and around Kandahar. Canadian soldiers should remain in Afghanistan, but shift focus to rebuilding and the training of Afghan troops.

It is inevitable that many more will meet a similar fate as Renaud if Canada doesn't get some help in Kandahar.

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BIZ/TECH

Virgin Galactic has released the final design of the launch system of a spaceship that will take fare paying passengers into outer space. - www.bbc.co.uk

Digital gold in rainbows

Bianca Hall Biz/Tech Reporter

Radiohead's innovative method of releasing its chart topping album *In Rainbows* could be a glimpse into the future of the music industry, according to a marketing expert at Humber.

"They were very good at analyzing the issues," said Sylvia Kowal, director of marketing and communications. "I think what they did was quite brilliant. They used lateral thinking to market their product and in doing so, whether by design or by chance, they probably got more information about their audience."

Kowal says Radiohead's decision to release its album first in a paywhat-you-want digital format back in October 2007 reflects the problem of illegal downloadingplaguing the music industry today illegal downloading. "From a marketing standpoint they realized that releasing this in the traditional way was not going to get them any more attention or any more air play," said Kowal. "They knew that had to do something and they were quite clever."

The album, released on Jan. 1, is Radiohead's seventh album but its first since leaving the EMI record label earlier this year.

Last week, EMI, whose clients include The Rolling Stones, Coldplay and Queen, announced its recorded music division was undergoing a "fundamental restructuring," eliminating as many as 2,000 jobs and helping its artists find new revenue sources through "enhanced digital services."

"We have spent a long time looking intensely at EMI and the problems faced by its recorded music division which, like the rest of the music industry, has been struggling to respond to the challenges posed by a digital environment," EMI chairman, Guy Hands said in a press release.

Illegal downloading is a challenge that all artists now face but lead singer of Toronto band Birds of Wales says musicians can still benefit.

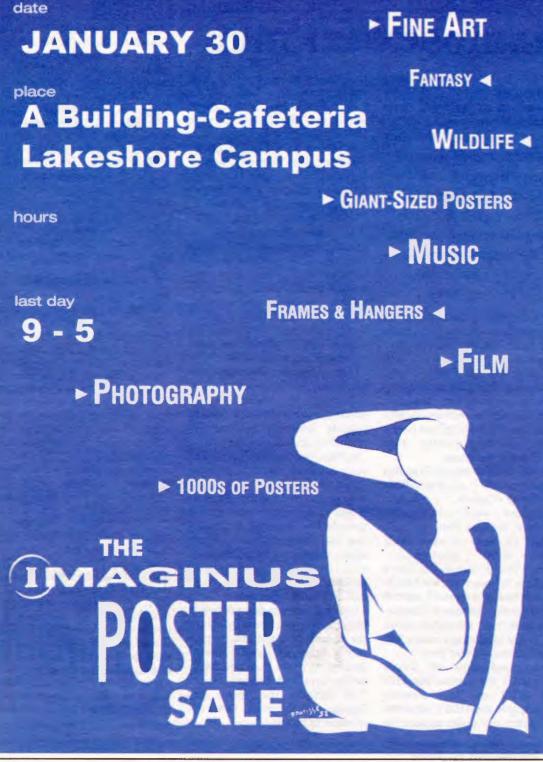
"It's a blessing and a curse," said Morgan Ross. "It gets bands exposure but it takes away their traditional income stream. But it gets people to your shows so you make money from that."

One Humber student still favours the traditional method of purchasing music.

"I prefer buying albums," said Sean Bennett, 22, a rich media student. "You get the cover art and if it's an artist I like I prefer to support them."



Available on vinyl, In Rainbows impresses Christy Fagundes.



Show floats boat

Natalie Jenkins

BIZTECH REPORTER Humber's Sailing & Powerboating Centre created a wave when it showcased its newest sailboat at the Toronto International Boat Show at the Direct Energy Centre in Exhibition Place last week.

The show gave the Centre a chance to reveal its latest sailboat, a Catalina 309.

"We got it this week, but we haven't had it in the water yet," said Alistair Mackenzie, an instructor at the centre.

The Centre's booth made its presence well-known at the show. "We do all our work in the springtime. In the off-season we promote the club, we come to trade shows and put ads in local newspapers and magazines," said Mackenzie.

The centre is located on Lake

Ontario in Humber Bay Park West and is the largest sailing and boating facility in Canada.

Glennie Cruz, a second-year Guelph-Humber media and public relations student, worked as an intern in the show's media office.

"The boat show is a huge event and an important part of the economy. I get to put into practice what I am learning in class," said Cruz.

"The \$15.6 billion Canadian boaters spent in 2006 rippled through the economy," said a summary report released last week by Discover Boating Canada, a public awareness effort.

Chris Lee, a theatre performance grad, works in the Discover Boating Centre and says they mostly deal with logistics and financing issues.

"We are the information resource." said Lee. "We are answering the big questions."



Toronto International Boat Show hosts a billion dollar industry



Building a reputation

Lauren Souch

BIZ/TECH REPORTER

Humber graduate Darius Mosun has accomplished a great deal in his professional life as the CEO and chair of Soheil Mosun Limited (SML). He has been involved with prestigious architectural projects for Parliament Hill and the CN Tower.

Soheil Mosun Limited specializes in "ultra high-end and unique architectural elements of buildings," said Mosun, whose company grosses \$10-million in annual sales.

SML has completed several high-profile projects under Mosun's direction, including his favourite – the Peace Tower observatory on Parliament Hill.

"As a Canadian son of immigrants that makes me very, very proud. Here we are, building the observation deck for the Peace Tower, which is a symbol of what Canada is about," he said.

Other noteworthy projects include the fences and gates at the Prophet's Mosque in Medina, Saudi Arabia, the windows at Canada's Library of Parliament, and most



CEO of SML Darius Mosun

recently, the interior fixtures of a brand new Tiffany & Co. store in the financial district of Manhattan, New York. The company is working on building the Baha'i temple in

Baha'i temple in Santiago, Chile. This project is a \$35-million glass and alabaster temple, which is being built at the foot of the Andes Mountains. President of SML Jack King is proud of the company's ability to think outside the box. "We get jobs where most people would say 'you can't do it', but we have very creative people here, and a really good team," said King.

Mosun attributes some of his success to his time spent at Humber, where he graduated in 1990 with a manufacturing engineering technology diploma, and later in 1999 finished a business management diploma.

"My years there were very, very meaningful and wholesome, I got a lot of mileage out of Humber," said Mosun. "It really provided me with the on-the-job skills that are required. There is a huge value for students in the way things are done at Humber."

Mosun says students at Humber can learn a lot from their instructors, but has advice for those working towards our career goals. "You have to have stamina," Mosun said, "and set lofty goals, because if you shoot for the moon and end up at the horizon you're doing pretty darn good."



Chain customers might get wrong idea from Facebook page.

Group vents but offends

Joan Porter Biz/Tech Reporter

Facebook has opened a new can of worms in the business world, allowing employees to complain about their bosses and customers.

"The power of Facebook is immense, and I think companies need to be aware of how it's used," said Ellen Sparling, marketing program co-ordinator at Humber's business school.

"This is for everyone who gets fed up with people who don't know what they want, and for workers who have to put up with this every day," said the description of the group Tim Hortons Rules of Ordering and More created by employee Janice Morgan, 20, of St. Catharine's, Ont.

The unofficial rules go on for pages. "We only carry one kind of milk so don't ask for homogenized milk, we don't have any."

The problem is she could be seen as a representative of Tim

Hortons, said Sparling.

BIZ/TECH

"She's speaking for the company out of turn," Sparling said. "If she's snarky, it could turn a person off." Marketing student Tara Davis, 19, doesn't think the group is a good idea.

"If they didn't have customers, they would have nothing," she said "If I was Tim Hortons, I would fire her."

Rachel Douglas, director of public affairs at Tim Hortons, said there are more than 500 groups on Facebook dedicated to Tim Hortons, and the majority are favourable.

Douglas said there are no "rules of ordering at Tim Hortons" and "customers are welcome to request the products as they wish."

The idea of the public creating content and social networking online is a quandary for businesses, said Sparling. "The Internet is a whole new frontier and companies are still learning how to deal with it."



Soheil Mosun Limited designs and builds structures around the world from right in Rexdale.

India's new Nano is a student no-no

Andrew Tomkinson

BIZ/TECH REPORTER With growing

With growing expenses and rising gas prices, students who commute to Humber could find reprieve through access to cheaper cars in the Canadian market due to the release of the Nano from Tata motors in India.

"The Nano may have an effect with car prices at the entry level market in Canada," said David Green, owner of Queensway Volkswagen in Toronto.

The Nano, released last week with a price of \$2500 US, was showcased at the ninth annual New Delhi auto show in India.

There are a few companies working on developing lower price car options in Canada, Green said. "However, when considering a new car, make sure that it is safe, environmentally conscious and worth the money." "This car can be very attractive for students, especially with rising fuel costs and tuition fees, but conditions other than the price tag must be considered," said Green. "The Nano may be cheaper to buy, but could be a fortune to insure and maintain."

"Students should realize that to go with a car that's this price is going for a car that's plain."

-Ken Cummings industrial design manager

The Nano would most likely not pass Canada's strict safety testing, said Ken Cummings, industrial design program manager at Humber.

"It's a small car, so it will not fare as well safety wise as larger vehicles when driving," said Cummings. "Secondly, it's a lightweight car with a small engine and wheels

which will also have an effect on the safety."

Cummings said the Nano has no traction control, air conditioning, front or side airbags and a maximum speed of 43 miles an hour. "Students should realize that to go with a car that's this price is going for a car that's plain."

A student can get a used car for around \$4000-\$5000 CDN that would have much better safety equipment, said Cummings.

Students looking for a more economical way to get to Humber can turn to public transit to alleviate traffic congestion and environmental strain, said Natalie Evans, instructor of various environmental courses at Guelph-Humber.

If students need to commute by driving, Evans said there has to be a way in Canada to get environmentally sound cars at an affordable price. **CLASSIFIED ADS**

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Humber's 20,000 full-time students and 30,000 part-time students could be reading your ad.



Contestants worked to deadline to create their own T-shirts during Project **Runway at Lakeshore Campus.**

> necessary materials needed to pull together a stylish work of art.

HSF has put its own. spin on the popular television series Project Runway.

"We wanted to do a spinoff event because it's fun for because it's fun for students to copy what they see on TV," said Aaron Miller, program-ming director for North Campus events. "We had done reality show events before like Big Brother which was very suc-cessful, and thought that it would be great to try something creative."

マン

2

would be great to try something creative." Before the event at Lakeshore Campus last Tuesday, Rishi Gupta, programming director for Lakeshore, said, "contestants will be given one large white T-shirt and a time limit of half an hour to do whatever they want to it."

Three contestants went head-to-head, cutting up the XXL T-shirts for \$100 gift certificates at any Cadillac Fairview mall.

Angela Eglander, a first-year student in the child youth worker program said, "I wanted to enter the contest because I've never done this before. I love trying new things. I really enjoy design and drawing so this was a great opportunity to have some fun with my creativity."

"I want my T-shirt to look real-ly interesting," said Jerome Grant, a first-year advertising and graphic design student. "I'm really into urban wear like Sean Combs and H&M. I used the most materials on my T-shirt: paint, ribbon, safety pins, rhine-stones, beading and a whole lot

stones, beading and a whole lot of glue gun." Samantha Fernandez, a first-year student in the child youth worker program, took a more fanciful approach to her T-shirt. "I love drawing and working with ink, so I drew swirly curls all over my T-shirt with paint and ribbon. I used red and white because I am Canadian." When finished, the competi-

When finished, the competi-tors were judged by the roar of the audience. Hollers came for both Grant's and Fernandez's designs, but the audience declared Fernandez the winner. "I'm so happy," said Fernandez. "I can't wait to go to the mall to buy some more clothes."





Intellectual disabilities are 10 times more common than cerebral palsy, and they affect 25 times as many people as blindness. - www.bestbuddies.org



Capoeira is an Afro-Brazilian martial art, game and culture.

Club mixes music and martial arts

Natalie Escobar LIFE REPORTER

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Students wanting to lose a few pounds this winter can try lessons offered capoeira at Humber.

Capoeira is an Afro-Brazilian martial art, game and culture created by enslaved Africans in Brazil during the 17th century.

It is being offered at Humber by the Capoeira Club which was started last year by journalism student Kyle Baron.

"I've been doing it for a couple of years, so I wanted to keep doing it," said Baron who is the president of the club.

Participants form a roda (circle) and take turns playing instruments, singing and sparring in pairs in the centre of the circle.

"It's a real martial art. It's disguised as a dance. It keeps with tradition, in reality you are fighting," said instructor Roberto Olivar, who is a student in mechanical engineering.

The game is marked by fluid acrobatic play and extensive use of groundwork, as well as sweeps, kicks, and headbutts.

Compared to other martial arts, Baron says Capoeira is more relaxed.

"It's more enjoyable," he said. "There is less rigidity in the movements," said Baron. "It seems to be more of a carefree attitude. There's not this huge hierarchy where you have to bow to your sensei.'

Capoeira does not focus on injuring the opponent, instead it emphasizes skill.

"Fitness, self defence, whatever you want from it you can get," said Baron. "It's a huge workout."

Music is integral to capoeira. It sets the tempo and style of game that is to be played within the roda. The music is composed of instru-

ments and song. "It goes with tradition," said Olivar.

Baron said, "The music is a big part of it; otherwise it's just two guys in a circle panting.

The classes were small in the beginning, but this year more people have been participating.

"Last year was pathetic - we only had like four people. This year we've had as many as 10 at a time," said Baron. "We've advertised really well."

Friendship finders

Organization helps people with intellectual disabilities

Natalie Escobar LIFE REPORTER

Students who like to volunteer may want to get involved with Best

Buddies, an organization brought to Humber last spring. Best Buddies provides an oppor-

tunity for students to meet and be paired in a one-on-one friendship with a person who has an intellectual disability.

The organization started off with one chapter in the United States in 1989. Since then, it has grown to have programs at more than 1,300 schools around the world.

Laura Ballantyne, 19, a secondyear public relations student, is the Best Buddies campus co-ordinator. Ballantyne, who was once a Buddy herself, is now dedicated to

recruiting volunteers.

She had noticed a lack of participation among students when a booth promoting Best Buddies was set up last April at the Lakeshore Campus.

"It's difficult getting students involved, not many people showed interest," said Ballantyne.

She said the lack of participation was somewhat due to people thinking it would take up a lot of time

"I think it takes a strong person to volunteer," said Cedric Rocha, 23, a second-year marketing student. "The time commitment is a major reason. Everyone in school has things to do and things that take up a lot of time already.

Students need to talk to their Buddies by phone or e-mail at least twice a week, said Ballantyne.

"Twice a month you are required to meet," she said. "If you can hang out more than that it's great. You can go for coffees, movies, go for a walk. As long as you have contact." People have misconceptions

about intellectual disabilities, she added.

According to BestBuddies.org,

about 87 per cent of people with intellectual disabilities are mildly affected and are only slightly less proficient than average in learning new information and skills.

"Their disabilities aren't recognizable physically but it varies from person to person. It doesn't even seem like they have disabilities. It's like hanging out with a best friend," Ballantyne said.

The relationships that are built help to increase self-esteem, confidence, social and interactive skills and the capabilities of people with or without intellectual disabilities.

"Overall having that mentoring is beneficial. I think the student learns a lot about dealing with people that are different," said Rosanna To, co-ordinator of the community integration through co-operative education program at Humber.

The program promotes leadership, tolerance, inclusion and most importantly friendship.

"It's changed my life," said Ballantyne.

For more information or to volunteer, students can visit the organization's web site at www.bestbuddies.org.

Natalie Escoba

Rosanna To, left, and Laura Ballantyne are hoping to recruit volunteers for Best Buddies.

Students and profs learn matters of health

Annual event examines environmental impact on women

Kara Bertrand LIFE REPORTER

A professor in the business program at Guelph-Humber says students should take advantage of such events as last weekend's Women's Health Matters Forum and Expo at the Metro Toronto Convention Centre.

"It's free education. You can go down and hear experts in their areas, especially if it's in keeping with nursing students and people in personal training," said Patricia Peel, who brought about 30 students from her fundraising and customer service class to volunteer and experience the event.

The forum, run by Women's College Hospital, has been taking place for the past 12 years. It focuses on disease prevention, treatment and issues facing women.

It featured 150 exhibits from organizations at the forefront of women's health, as well as 40 seminars by Canada's leading healthcare professionals and medical experts.

The theme this year was the environmental impact on women's health.

"I think because the environment is on everyone's mind this is appropriate to address," said Jocelyn Palm, event co-ordinator. "With so much info out there, here are some people who can help sort it out."

There were seminars on the

Arctic, diabetes and the environmental links to cancer. Peel said the hospital attaching

its name to the event provides a legitimacy to what is presented.

They're really selective about who they let in as exhibitors," she said. "If you're an exhibitor in the show, Women's College Hospital is endorsing your treatment, your service, your product, and they don't want anything gimmicky, half-baked."

Jackie Fraser, a clinical nursing professor at Humber, also brought eight students with her to the event and said the expo was engaging and informative.

'It is a good opportunity for them to be aware of other resources there and I find that by attending it they can transfer what they have learned there to different years of the program," she said.

Cheryl Leblanc, 21, a first-year accounting student, agreed students can benefit from such educational health events.

"We're not as educated on these things as we think we are," she said. "If we can integrate some of these things into our daily lives, we could do better in school and be a lot happier."





Winterlicious is a great way to sample the menu at a place you may not otherwise be inclined to try, and have a new experience. - www.torontobits.com



Restaurants prepare affordable, exquisite dishes this week

heap 'n' delicious

Imma Morcinelli LIFE REPORTER

Toronto's annual Winterlicious culinary festival is not only a great bargain for students looking for a fine dining experience, but also benefits those in the cook apprenticeship program.

"Many of our students work in establishments that participate in Winterlicious," said Anthony Borgo, culinary instructor. "And it's astonishing. Something like 93 per cent of the people we place end up staying on permanently."

Winterlicious is part of Toronto's Winter City Festival, a 14-day celebration dedicated to culture, creativity and cuisine. It starts tomorrow and runs for two weeks.

Participating restaurants are offering exclusive price-fixed menus starting at \$15 for lunch and \$25 for dinner.

"Winterlicious attracts a wide range of people and age groups, especially students," said Michael Kalmar, president of The Old Mill Inn in Toronto. "This is mainly because it finally allows them to experience some very well known and prestige restaurants."

Chris Zielinski, executive chef at Ultra Supper Club on Queen Street West, agrees with Kalmar.

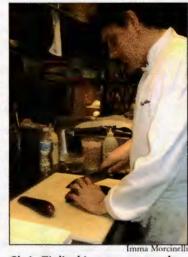
"It's great for people who've always wanted to try a restaurant they maybe didn't want to spend money at usually," Zielinski said. "Students aren't always on a big budget and there are a lot of restaurants out there that cater to

them. But they can eat at those restaurants 51 weeks of the year. For the other two weeks, students can experience all the restaurants they maybe only read about."

Event co-coordinators are turning to student friendly media to promote Winterlicious.

"We use a lot of online forms to advertise Winterlicious, assuming students are online and browsing through the Internet. It's very easy for them to come across the event," said Giannina Warren, spokesperson for special events with the City of Toronto. "We also advertise in publications that cater to students, like Eye Weekly and Now."

Winterlicious, now in its sixth year, features over 130 of Toronto's top dining establishments.



Chris Zielinski prepares meals for his soon arriving customers Culinary apprentice students cook up a storm at Winterlicious



David Winick, 20, a secondyear student is a first year participant in Winterlicious. He is grateful for the opportunity Wildfire Steakhouse has given him. "It'd be great to get a permanent position. But if not, I'm learning a lot just from being an apprentice."



Christopher Spencer, 19, a second-year student said speed and volume in the kitchen were the most valuable lessons he learned during Winterlicious at the Oliver and Bonnacini Café. "It allowed me to be in a much higher pressure-octane surrounding. I got to see the peek of a busy restaurant.

Opting out may not be wise

Jordan Sandler LIFE REPORTER

Students can face a myriad of challenges to maintain their dental health during the school year.

"Students seem to be studying too hard to brush," said Toronto cosmetic dentist Carol Waldman. "And their diets aren't being monitored by their parents, so their teeth tend to decay.'

The Academy of General Dentistry identifies the primary cause of tooth decay as the interaction between plaque and leftover food which contains starch and sugar. This process results in the formulation of acids that run rampant through the mouth, damaging tooth enamel over time and weakening teeth.

The relationship between diet choices and dental health goes well beyond the problem of tooth decay. Last year, The Canadian Dental Association said research indicates a relationship between

cavities and obesity, as well as another relationship between gum disease and diabetes.

These kinds of concerns have resulted in the expansion of healthy eating programs across the province. According to Gord Power, dining hall manager at North Campus, students in residence have embraced their cafeteria's implementation of Eat Smart! a government created program.

The programs are gaining momentum," said Power, who is in his second year as manager of the residence cafeteria. "The choices that this group of students is making are different than even a year ago; kids are now looking for these healthy options."

Despite Powers' optimism about the programs, students are not so quick to agree.

"I don't make food choices based on consequences to oral health. I make them on taste," said Stephen Gomboc, 19, a first-year film student who lives in residence.

While Humber offers a student dental plan, many opt out in favour of a private plan or for other perceived benefits. HSF was unavailable to provide statistics.

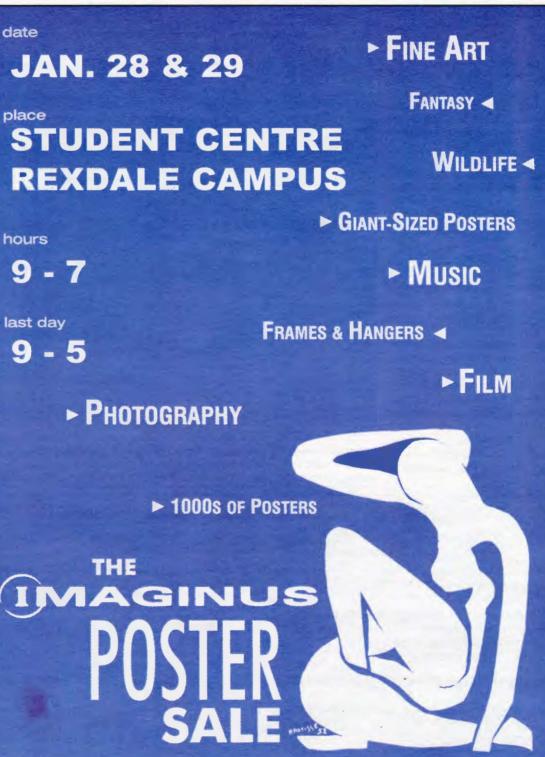
The result can be a considerable delay between students' visits to the dentist, and their oral health may suffer as a consequence.

Toronto hygienist Clay Decourte said there are strategies even busy students can perform to mitigate the impact of avoiding the dentist during the semester.

"Twice a day brushing is sufficient to remove plaque," he said. "And floss nightly before bed, that way you don't sleep with a mouthful of food in your teeth."

Decourte also had a stern reminder for students who have a habit of smoking.

"Smoking shows. It discolours, it's a contributor to oral cancer, gum recession, not to mention bad breath," he said.



http://etcetera.humber.ca

An increasingly popular grading theory insists red ink is stressful and demoralizes students, while purple has a more calming effect. - signonsandiego.com

Answers from students could make a difference

Catherine Mann LIFE REPORTER

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With questions such as "The way the professor taught helped me learn," students at the North Campus have become all too familiar with the process of the Feedback Student Questionnaire (SFQ). However many students question the purpose and effectiveness of the form at the time of distribution.

"It is a professional development tool for faculty," said William Hanna, dean of the school of media studies and information technology. "The questions are designed to give the instructor specific feedback about how the students perceive what they're doing."

According to Hanna, faculty members can be unaware of a possible teaching weakness, until the results are brought to their attention.

"Ninety-nine per cent of the faculty falls into this category. As a result, they want to get better at what they do. They want to improve how they are performing and delivering the content of the curriculum to students.

Associate Dean Elaine Popp from the School of Hospitality, Recreation and Tourism, said the SFQs are meant to look at the strength of the faculty, as well as where improvement is needed.

"Myself and the dean would work with the faculty members in the area they are not strong in, to see if we can take their scores from one level to another," Popp said.

Linda Maloney, co-ordinator for ESL and remedial writing, is on board with the college's approach to professional development.

"I've always valued the SFQs as an opportunity to see myself in a snapshot form, from a student's point of view.'

The results of the fall SFQs in

the school of media studies and technology indicated that more than half of their students filled in the blank spot on the form to express their opinions.

"Students feel compelled to put something down if they like it, or if they don't like it," said Hanna. "But you won't get an abundance of comments coming from the middle group who say that everything was okay." For the School of H.R.T. near-

"I've always valued the

SFQs as an opportunity to

see myself in a snapshot

form, from a student's

point of view."

ESL/Remedial Writing Co-ordinator

ly 90 per cent of the students in

the courses are filling out the

questionnaires about the faculty,

while in other courses only 40 to

Despite the moans and groans

that are expressed when the

60 percent are filling it out.

-Linda Maloney

stand the importance of the SFQ. "People approach these things seriously," said Hanna. "The majority of students are serious

about their courses, and about their program." Kyle Bodanis, 23, a first-year

of each term, students under-

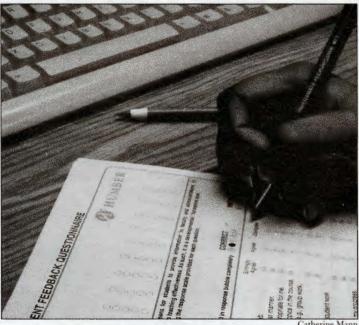
film student agrees.

"If they grade us, then we should definitely grade them. We put our money into the school for an education, and it's only fair that we should be evaluating the instructors."

. Regarding the overall learning experience of students within a course, both schools saw a similar score.

"Eighty-seven per cent indicated that the overall learning experience was between average and excellent," said Hanna.

The questionnaire is not a tool used to scold faculty members, but to help them develop professionally and become better teachers



When it comes to evaluation time, filling out the questionnaires could help show teachers what they may be doing wrong in the classroom and how they can help students



Andy Floyd worked in a funeral home in England before Humber

Program appeals to international applicants

Gareth Vieira IN FOCUS REPORTER

When Andy Floyd was 14, choosing between working at a funeral home in Blackpool, England or getting a paper route was an easy decision to make.

"I started from the bottom up, washing cars, making coffee and tea, and just assisting in any way I could," Floyd said of his time at Hollowell and Sons during his high school years.

After deciding to come to Canada, Floyd researched a number of colleges before settling on the funeral services program at North Campus.

"Humber offered a lot of what I was looking for," said Floyd. "Climate, the multiculturalism and the reputation of the program."

Jeff Caldwell, program co-ordinator for funeral services education said the course receives one international student each year.

"I think in the last six to seven years we have seen more interest from the international communities with students coming from Japan, Bermuda, Trinidad and Tobago, England and Australia," he said.

Caldwell said the program started in 1968 and has a great reputation abroad and at home.

'The program was also the first of its kind in Canada, but the most significant contributor to our reputation comes from our graduates who have travelled and worked the world," said Caldwell.

Floyd is in his first semester of the two-year program. A paid internship is already arranged for the second semester.

He has noticed some differences in the business between Britain and In England, he said, Canada. gravesites are rented for ninety-nine years - not purchased.

Also, funeral directors in his country wear more formal attire. And the language is different too.

"In England, we have coffins. Here, you have caskets," said Floyd.

New spotlight on musicians

Jordan Sandler

LIFE REPORTER

A new radio program allows music students at Lakeshore Campus to showcase their talents to listeners across Canada and around the world.

The program, co-created by Director of Broadcast Jerry Chomyn and the Music Program's Director Denny Christensen, requires final year students to perform live music recitals that can be heard on 96.9 F.M., or online at radio.humber.ca.

'They're nothing less than spectacular," said Chomyn, speaking about the musicians who will perform. "It will include everything from tra-

ditional jazz, to rock, to fusion; just about every genre of music," he said. The program will start at 7 p.m. and

will run from Monday to Friday each week until the end of April.

While Radio Humber's trademark has always been its Canadian-only programming, this new program helps the station reach a unique achievement.

"With this we are carrying more live Canadian music than any other radio station in Canada," Chomyn said

Name: Marcos Persaud Program: Paralegal Studies Program, Lakeshore

What appeal did paralegal studies have for you? It was a new program for a newly regulated field. It combined the college aspect into the university theoretical learning methods.

What's the biggest thing you've learned through it?

Adaptability through diversity because the program offers a wide range of courses stretching from legal writing to advocacy.

What do you like best about your classes? The advocacy course because it covers a wide range of items such as presentation in the courtroom to business etiquette.

What do you hope to achieve after graduation? To achieve a successful legal career in a corporate position or family law. Then again, there's so many avenues I can pursue.

How do you has this program has benefitted you? The professors. All of them are either currently in the field, were on the field, or are changing the field.



A stressful job has a direct biological impact on the body, raising the risk of heart disease, research has indicated. - BBC News

Un Sung Heroes

Staff there for support

IN FOCUS

Roselyn Kelada-Sedra INFOCUS REPORTER

An unseen staff of hundreds works early mornings and late nights to keep Humber running.

Support staff union president Deborah Cooper said that 490 full-time employees and many part-timers do everything from stock the book shelves to answer phones at the call centre.

"You see a lot of recognition for faculty and what they do," said Cooper. "But if it weren't for the support staff, it'd be difficult."

At crunch times like the beginning and end of school semesters, support staff are the "point people," said Christy Lihou, senior consultant for human resources.

"They're the experts on that," she said. "The people we rely on and ask for guidance."

Students and faculty look to support staff to adjust course enrolment, decipher network issues, find financial help, even manoeuvre through hallways.

"I make it a personal point that they know that I know they've done a heck of a job with that," said college president John Davies about the first week of school. "They put in a lot of extra hours and I'm thankful for that."

Davis said the turnover rate among support staff is about four percent, which Davies says is phenomenal in the industry.

A lot of employees come from the student body, said Davies, and that creates a loyalty to the college.

"I think the numbers speak for themselves," he said. "People want to work here."

Cooper said the reason is students. "We love working with them. We like to see them succeed."

"All of us who aren't faculty," said Davies. "Our job is to fundamentally support the teaching environment."

Students are the focal point for staff decisions, said Lihou.

"I hope when students come in contact with our support staff," she said. "The first thing they come away with is that they were helped."



From scraping gum off the floors, cleaning bathrooms, and finding sex toys in lockers, Victoria Adams sees more of Humber College than most students Scarborough mom Victoria Adams dedicated to cleaning up your mess

Lacy Atalick

Before any of the students at North Campus arrive for school, Victoria Adams has already finished her eight-hour shift.

For the past nine years, from 10 p.m. to 6 a.m., she has cleaned classrooms and washrooms and practically every nook and cranny in most of the buildings.

"Life not easy, you know," says the 58-year-old mother of eight children. "I can't afford to call in sick. I have to pay the bills." husband emigrate to Canada. While he has retired and all of her six daughters and two sons have moved out – the oldest is 41, the youngest 19 – she commutes five days a week from her Scarborough home to her \$9 an hour job at Humber.

"Jesus, my back hurts," she says as she bends over to pick up newspaper off the ground.

During her shift, she also scrapes gum off carpets, sweeps floors and cleans toilets. While emptying

Born in Trinidad, Adams and her usband emigrate to Canada. While he has retired and all of her ix daughters and two sons have Born in Trinidad, Adams and her Garbage and recycling, they always mix them up," she says.

But she takes pleasure in finding small treasures, pocketing coins she finds on the floor.

"I collect them, you know. I take them home and put them in a jar. It adds up and after I can do my laundry," she said as she slipped the found nickel into her front pocket.

As the longest working night cleaner at Humber, she has also

discovered some unusual items at the end of a school year, when security breaks the locks on all the lockers.

"Listen, let me tell you, one day I was searching a locker you know what I found in it? A brand new dildo."

While most items uncovered go to charity, this one was not. Adams gave it to a friend as a gag gift.

A co-worker and friend of Adams, Anastasia Williams said that once when she wasn't feeling good, Adams helped her with her duties.

Her supervisor, Ian Ramnnath, says that being a cleaner is one of the toughest and least rewarding jobs at Humber.

"They get a 25 cent raise every year, no Christmas bonus. These ladies should be making at least 14 bucks, 15 bucks an hour."

Entering a staff lounge, she giggles with excitement at the sight of a canister of stale coffee, filling an old paper cup she keeps on her cart for such occasions.

"Waste not want not," she says.

IN FOCUS

A study, funded by mobile companies, has found that using a mobile phone before going to bed could keep people from getting a good sleep. - news.bbc.co.uk

Vendor hopes for peace in homeland

Alex Cooper News Reporter Cecily Van Horn

IN FOCUS REPORTER

Many students grab a quick bite to eat at the hotdog vendor's stand outside Humber's lecture hall without a thought about the man serving them lunch.

Jabbar Raufi, 36, left his home in Kabul in 1989 after growing up there during the Soviet occupation.

"I didn't want to be enlisted as a soldier, war is not a happy time, so I left my home to come to Canada."

He hopes to visit his native Afghanistan some day.

"I pray for Afghanistan to be peaceful," he said at his stand outside the E-wing on North Campus. "For over 24 years I have never seen it like that."

He appreciates the tolerance and friendliness of Canadian society.

"You do your job, that's it," he said. "Where you're from, what culture you are, what village you're from – it doesn't matter here." Raufi dropped out of school at the age of nine to work as a tailor. He started working as a hotdog vendor five years ago so he could earn more money to support his wife Farida and three children.

"If they don't like it, they get their money back."

> –Jabbar Raufi Hotdog vendor

He sells up to 200 hotdogs a day. "I like it a lot. People are really friendly and they don't bother me." Every day he travels daily from

his home in Toronto. In all types of weather he works at his hotdog stand to serve hungry students.

"The only bad part of my job is when it is really cold outside and the students don't come."

He enjoys summer most, when

there aren't as many students around and he works shorter days. "I just come in for lunch, from 10 a.m. to 1 p.m. I make money then I go home, relax, and play volley-

ball." He likes to spend free time with his family and dreams of owning a

restaurant at Humber one day. With hotdogs for \$2.50 and sausages for \$3.50, taxes included, students keep coming back for the food and the service.

"I like the hotdog guy," said accounting Amarbir Bal. "His prices fit my pocket and he is a nice, friendly guy."

"The food is quality street meat," said Brian Cole, a 3D model and visual effects student who eats there once a week. "He's a friendly dude."

To help draw people outside Raufi offers a money-back guarantee.

"I make delicious hot dogs and delicious sausages," he said. "If they don't like it, they get their money back."



The worst part of hot vendor Jabbar Raufi's job is standing outside in the cold winter weather.

A friendly face for drive

Gareth Vieira IN Focus Reporter

Last term, Rosanne Figliola experienced an extraordinary act of kindness from the bus driver who takes her from a parking lot off North Campus to school.

The fourth-year early childhood education student was the only passenger on the bus late that day when driver Clem McCoy pointed out it was after 3:30 p.m. and she could park for free on campus.

"He just turned the bus around and took me back to my car," she said. "I can't believe that he did that. I was really grateful." It was not out of character for McCoy, who has driven the route for the past three and a half years.

"It's great when the students are respectful and appreciate what I do," he said. "It's really nice to get a thank you every once in a while."

McCoy, 48, was born and raised in India, now lives in Toronto. "The work is very hard and can

be very boring. I drive the same route everyday," he said. "I'm the only one who works here."

Kate Brady, a second-year hospitality and tourism student, regularly takes the bus and praises McCoy.

"The bus driver is awesome," she

said. "He's friendly and he's always on time."

McCoy said he does not like to be bossy, but sometimes the students need to realize the rules.

"Students want me to pick them up on the corner, or at the lights, but I'm not allowed. It's against the rules. If I did some of the things students want me to do I would lose my licence," he said.

An on-going problem for McCoy is the absence of portable washrooms at the Queen's Plate lot.

"Where do I go? Who do I complain to? Even the guards are frustrated, we have to use the mall facilities."



Tutor Christen Maucciacito returned to school after 30 years.

A dream fulfilled

Laura Cicchirillo

IN FOCUS REPORTER

Christen Mucciacito, 48, is often approached by classmates for help. "The students in my classes are all 17 and 18 and when they see me they think I'm a narc because I'm older than the oldest students in the class who are 21 and 22 years old," said Mucciacito.

"But after the first few weeks, they gravitate towards me because I can answer questions in class that they have no clue about," such as questions about great philosophers.

Now Mucciacito works as a peer tutor, where he devotes time to students who need help with their work.

He is able to use his experience with those he works with.

"I feel he has the maturity and empathy that would lend itself to helping students who are struggling with their studies," said peer services facilitator Nicollette Sarracini.

Before studying at Humber, Mucciacito was a personal trainer, and often read medical journals, and books on physiology and philosophy.

Going back to school was a decision 30 years in the making.

Mucciacito would often dream of walking through a hallway filled with lockers. He has not had the dream since starting at Humber in 2005.

Mucciacito began in the Ontario Basic Skills Program, but he later went on to the College-University transfer program as part of Liberal Arts and Sciences. He has been on the Dean's List four semesters in a row and has earned two certificates and one diploma, while still working as a personal trainer.

He has also won two Mature Student of the Year Awards, while doing community and volunteer work for United Way, homeless shelters and food banks.

He is now studying human behaviour at Humber and would like to further his education by studying psychology in university. Despite the busy work load, he always finds time to help students with their work.

"He always stopped what he was doing to help me out," said Kimberly Phillips, a 25-year-old Humber student who, like others in his class, would often approach Mucciacito for help with philosophy.

"He was one of the friendliest people in the program. I would go to him when I was behind on stuff and he would teach me the class in 15 minutes."

Many of his classmates agree that he is all too willing to lend a hand to others, whether it involves something as small as photocopying notes or heading study groups. As a peer tutor, he will continue to devote time to students who need help with their work.

"He will be very inspirational working with students because we all have moments where we lose confidence, or feel like giving up," said Sarracini. "And to have someone tell you about their experiences and triumphs will give you confidence."



Clem McCoy drives students to and from Queen's Plate lot.

A Quebec labour ministry tribunal has backed a hospital's decision to exclude a 300 pound nurse from the operating room for sweating too much. - www.cbc.ca

Smiling through adversity

Cafeteria staff member doesn't let heart surgery slow him down

Sana Ahmed

When Pino Caputo was born 33 years ago with Down Syndrome, doctors informed his mother that he would grow up to have very limited motor skills.

"When he was young, doctors told me that he wouldn't be able to do anything," said his mother, Bruna Caputo, who now works alongside her son in the cafeteria on North Campus. "They said he wouldn't be able to wash his face or brush his teeth. It was very difficult for our family at first, but we treated him like he was normal."

Caputo has grown up to be an able-bodied and independent individual.

"Contrary to what the doctors

said, Pino can do anything," his mother said. "He doesn't feel sorry for himself. Everyone at this school is his friend and no one is ever rude to him."

Caputo's cheerful and polite nature has not gone unnoticed by his colleagues.

"He's friendly and always smiling and in return, people are nice to him," said Jamie Burdon, food services manager.

"Even if he sees you from far away, he'll wave and say hi," said his co-worker Maria-Louisa. "Pino does not need any help."

Caputo finished his schooling in 1980 and started working in the cafeteria 11 years ago, after his mother helped him get the job.

"My job is to clean tables," he said. "But doctors have told me not to lift any heavy things." Last year, he underwent a heart bypass surgery, which required a new pacemaker and a valve

replacement. The surgery has not affected his work habits or put a damper on his spirits in the least.

"I'm healthy and I love eating pizza," he said. "I love doing crossword puzzles and playing hockey." Outside of Humber, Caputo

keeps himself occupied with a variety of activities. "He goes camping every sum-

mer," his mother said. "And every two weeks, he goes to a club for people who're at the same level as him. There, he watches movies."

Also, she said, "he likes to go out and have fun and he loves dancing at weddings."



IN FOCUS

Pino Caputo is a familiar face in the North Campus cafeteria.



Those in attendance will qualify to enter a draw for a \$25.00 gift certificate for the Humber Bookstore (compliments of Follett).

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Chaplain helps to keep the faith

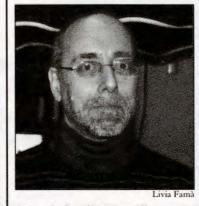
Livia Famà IN FOCUS REPORTER

Chaplain Len Thomas' dream was to become a hockey star - a dream that almost became reality when he was scouted while attending Hamilton College in Clinton, New York in the mid-1970s.

Born in Orillia and raised in Sudbury, Thomas credits growing up in Canada as the reason for his love of the sport. "When I was seven, we had a vacant lot next door, so my dad would freeze it over and my friends would come over to play hockey from four until midnight," he said.

Thomas left his hockey dream behind when he found himself at a crossroads where the church provided some much needed inspiration. This led him to discover his true calling; he became an ordained minister in 1992 by the Freedom Baptist Church in Calgary. "If I can do good for people then I can justify it's the right thing to do," he said.

Serving North and Lakeshore campuses, he began working as Humber's chaplain in 2002.



School chaplain Len Thomas.

His responsibilities cover a wide range of duties. He counsels students, serves as co-ordinator for the multi-faith prayer room and speaks at Humber events such as Remembrance Day.

19

Thomas is also a champion of campus groups such as the food bank and goodwill club. He is the resource person for the Lifeline Christian fellowship at both campuses and participates in the donation and distribution of used computers on campus to approved charitable organizations.

He cites being able to help people as the most rewarding part of his job. "When students come back, it shows you've had some impact on their lives. It's rewarding to know you were there when you were needed."

Paul Ooi is one of those students. "Len's definitely helpful to students at Humber. He's more than a chaplain, he's like a 'friend," said Ooi, former president of the Lifeline Christian fellowship and fourth- year industrial design student.

Deborah Cooper, president of support staff, agrees.

"Thomas is very approachable and has an open door policy to students of all faith backgrounds. He goes above and beyond to help students even outside of his work hours," she said.

Thomas employs a simple approach when counseling students. "The most important thing is to identify the issue," he said. "It comes down to will. You have to make a choice to change. It's important to help them get to the point where they can decide the action."

http://etcetera.humber.ca



The Writers Guild of America announced the union will not picket the Grammys, allowing members of the Screen Actors Guild to attend. - www.rollingstone.com

Tunes come together at Lakeshore

Sound decision made by Music Production program

Cytlalli Ruiz-Chapman A&E REPORTER

A new recording studio at Lakeshore Campus is the only one of its kind in a Canadian school.

"There are only two SSL Duality consoles in Canada and we have the only one offered in an educational facility," said Steve Bellamy, music production professor.

With the use of the brand new console students are able to produce music in many ways - from traditional recordings found on older vinyl records to the high tech and digitized sound found on many of today's CDs.

"The musicians that have come in here to play love it, they feel great in here," said Bellamy.

"It is a very welcoming environment allowing them to play their best and that is the secret to great recordings."

The SSL Duality console, also known as a mixing board, allows the engineer to manipulate the music and change the sound and

feel of their pieces, said Bellamy. The system is unique, he explains, because it allows students to work with analogue sound while controlling a digital recorder.

"We want to teach our students how to put a top quality recording together," said Bellamy.

"The facilities are pretty top notch, there is no slouching around here," said Phillip Milles, 20, a third-year contemporary music student.

The studio is specifically designed for acoustic recording and there is a high level of audio and video interconnectivity allowing students to communicate with each other while playing in different rooms, said Bellamy.

All of the rooms are tied back to the console in the master control room.

The walls in the studio are also treated to reflect and absorb sound waves to create the best sound possible.



Lakeshore's new studio, designed specifically for acoustic recording, allows students to produce professional recordings. All rooms link back to a console in the master control room.

"The acoustic design of the whole studio is really well done," said Bellamy.

about being able to use the new facilities.

"It's awesome, you can play any Students are also enthusiastic music you want and they encour-

age jazz because you can do so much with it," said Ryan Spratt, 21, a third-year contemporary music student.

Author 'tells everything' at literary gathering

Dila Velazquez A&E REPORTER

English professor Sally Cooper spoke of her experiences as both teacher and writer, and her new novel, to about 20 people who gathered for the Humber Writers' Circle at the Lakeshore Campus last weekend.

"Being able to connect with other writers is huge," she said of the lecture. "Knowing that you're not alone gives you that permission to relax and write."

Kim Moritsugu, an author and professor of the creative writing program at Humber, organizes the lectures, which allow aspiring writers to network and get singlepage manuscripts assessed.

"I hope that people are inspired by the author's talk to go home and keep writing," said Moritsugu. "By having editors or agents praise their page it gives them a realistic idea of what they're up against in trying to get published."

Though her latest novel deals with serious issues, Cooper said she is not afraid her students might read it.

"I guess I really try to let people know that although the book came from me, it's not about me," she said. "I just embrace it. I think it's kind of cool that people come up to me to talk about it.'

Her second book, Tell Everything, officially released at the end of the month, follows a woman who is preparing to testify at a high school friend's murder trial. The friend has also been accused of sexually assaulting young girls.

"The book had some very graphic scenes in it," said Cooper. "I really needed a long time before I could write those scenes. They were difficult to write, but important to the book.'

Her ability to write graphic material while teaching was a valuable lesson for Mary Anne McCarthy, a retired teacher and aspiring author in attendance at the lecture. After listening to Cooper's talk, she said she could now relax. Before, McCarthy struggled to get the morals she taught in school out of her writing so her characters could be more interesting.

"The characters were squeaky clean and dull and boring," said

McCarthy.

'You have to find a way to blast yourself away from your moral compass and allow them (the characters) to make wrong choices.

Tell Everything follows Cooper's first novel, Love Object, published in 2002 and both novels were written while she taught at Humber. She said pursuing dual careers has its challenges, but doing both can be done.

"When you're teaching, you're performing. You put on a persona and you can forget about what you are writing," she said. "It's like wearing different hats."



Q	Lupe Fiasco - Paris, Tokyo <i>The Cool</i>
Q	Sia - You Have Been Loved Some People Have Real Problems
Q	Kate Nash - Birds Made of Bricks
Q	Burial - Archangel <i>Untrue</i>
•	Wu-Tang Clan - The Heart Gently Weeps 8 Diagrams
Q	Candie Payne - Why Should I Settle For You? I Wish I Could Have Loved You More



Sally Cooper's second novel, Tell Everything, tackles grave issues. Its official release date is set for the end of the month.



Canadian actresses Sarah Polley and Ellen Page are nominated for Best Actress at the Academy Awards in Splice and Juno respectively. - Globe and Mail

Returning to roots

Jazz singer makes comeback at the Rex next week

Stephanie Stranges A&E REPORTER

Jazz siren and self-established songstress returns to stage at The Rex next Wednesday night.

"I haven't really done a lot in about a year and a half. I haven't really performed," said Angela Scappatura, a second-year post-graduate journalism student, "sort

of a self imposed hiatus."

Scappatura has faded off the music scene since she was contracted to play at the Island Shangri La Hotel in Hong Kong for three months during the summer of 2006, but returns for a night infused with jazz.

> The night's event will feature Scappatura singing as well as playing the piano, accompanied by pianist Stu Harrison and bassist Ross McIntyre.

> > The performance, which consists of two sets, will "take some jazz standards and make them current, also taking some popular tunes of the last 20 to 30 years and turning them jazz," said Scappatura, "like

Fiest's 1234, turning it completely into a jazz tune, as well as Fly like an Eagle and some Janis Joplin songs."

For Scappatura, these live performances are the essence of jazz culture. "I think jazz suffers because it's not alive in the city, and some jazz clubs have closed," she said.

But Scappatura believes there will always be a place for jazz in the city, "I know that there will always be a fan base for it," she said.

In February 2005 Scappatura released her own CD, A Little Bit of Sugar, and opened for Ronnie Hawkins at Toronto's Massey Hall, won a Northern Ontario Music Award, and performed at the Toronto and Mississauga Jazz Festivals. Greg Kin

Scappatura will give her own take on popular radio songs, such as Feist's 1234.



Writer's strike may affect film and television grads

Production woes

Tracey Finklestein A&E REPORTER

The writers' strike in the U.S. may hinder graduates from Humber's film and television production program since American productions have shut down, said the Writers Guild of Canada's director of communications.

'Canadians have seen major job losses in production," said David Kinahan.

Whenever an American movie or television show is filmed in this country, Canadians do the production work, he said. Because members of the Writers Guild of America (WGA) write the scripts, these productions have been cancelled.

"People in the industry are so integrated that if you take one spoke out of the wheel, the wheel doesn't turn," said film and television production program director Michael Glassbourg.

Much of the TV production in Vancouver has been shut down because U.S. television series shot in the city have run out of scripts. Since a large portion of Vancouver's production industry is in episodic television, with series like Bionic Woman and Men in Trees filmed there, the city is in a vulnerable position.

Toronto has not yet been affected

by the strike because the city relies on American feature film productions, which are scripted far in advance, said television writing and producing program director Lorne Frohman.

"Members of the WGA are legally not supposed to be writing," he said "So any movie that was going to be shot in Canada but needs a writer to rework the script will be put on hold."

TV pilot season is February, which is an important time for people to find steady work, said Frohman.

"Right now there isn't going to be a pilot season because of the writers' strike," he said.

The WGA has been on strike against the Alliance of Motion Picture and Television Producers since Nov. 5. The writers are asking for an increase in payment for residuals and a share of profits from new technology, such as the Internet.

The strike has not affected Canadian writers because the guild here is under a different contract. But the contract for the Canadian guild will expire in two years and the same issues will arise, said Frohman.

"If the writers are smart they will strike," he said. "They should get a piece of the action."

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The Sketchersons are smash hit at Massey Hall

Stephanie Stranges A&E REPORTER

Humber alumni made up the majority of a comedy troupe performing at Massey Hall recently.

"Nine of 13 (comedians in) The Sketchersons went to Humber," said Gary Rideout Jr., 29, a founder and producer of the group.

The group performed at Massey Hall on New Year's Eve because, "we won the Canadian Comedy Award in London, Ontario," said Sketchersons performer and writer Norm Sousa, 25. The group on in the category of Funny Sketch Troupe.

"It was really cool," said Sousa of Massey Hall. "By far the biggest live audience we've performed for, with about 2,000 people."

"The place was 95 per cent sold out," said Rideout. "The experi-ence was pretty great."

Sousa was impressed by the landmark theatre. "Wow!" he said of



Gary Rideout Jr. and Norm Sousa, second and third from left respectively, met in Humber's comedy program.

the experience. "To think, I took a Lightfoot di

Andrew Clark, director of the comedy program, said the students are often successful in comedy. "A lot of our comedians are doing shows and headlining or writing for shows," he said.

Rideout left the program in 2001 to join a sketch comedy group, Todd's Lunch, but says he met Sousa at Humber.

"He's very driven, that's why we piss in the same place Gordon picked him to be in the group," he

> The comedy program helped both former students build networks within the industry. "It certainly helped me find the people I work with today," said Rideout.

"It helps you make your initial contacts," said Sousa, who graduated in 2004. "But after the first year you have to go out on your own.'



"Come after me! I'm a man! I'm 40!" - Oklahoma State University football coach Mike Gundy, defending a player during a post-game press conference

Squad stings opposition at Seneca tournament

throughout and said his team's

performance improved over the

weekend.

top."

Title is clear message to teams around the **OCAA** Amy Kuzyk ORTS REPORTS

The men's volleyball team served notice to the province by winning last weekend's Seneca College tournament, beating the Durham Lords in the final match, 25-17, 25-16 and 25-22.

"A long time ago we said we wanted to win this tournament, and send a message across Ontario," said power Paul Kimboi before the finals.

Coach Wayne Wilkins commended his team's play, but said his players must keep their feet on the ground for their upcoming games.

"You've got to put it in perspective," he said. "It's a nice win, it's a nice plaque, but you've got to refocus and get ready for the next game." Humber started the tournament strong with a two-set victory over

the Lords. The Hawks' only defeat was to the Seneca Alumni when coach Wilkins said his players lost focus. "It's a nice win, but you've

got to refocus and get ready for the next game." -Wayne Wilkins head coach

"When you play a team that you never see in OCAA championships, the guys relax. I was disappointed because I warned them ahead of time."

The Hawks were solid against the home team Seneca Sting and division rivals, the Sheridan Bruins.

Tournament MVP Daniel Shermer was a strong presence



STING

It's all smiles and sunshine after the straight set final victory over Durham last weekend.

body stepped up. At some point in every set, there was a different guy doing a little thing right. Every guy played this weekend, and there were some ups and downs, but there were more ups than downs."

That comes against Fanshawe in London on Jan. 23, looking for payback after a semi-final loss to the Falcons at the Humber Cup Tournament in November.

can play the better teams because

you often play at the level of the team you're playing," said Shermer. "With Fanshawe, knowing that they are a stronger team, we will be prepared and we're coming to play."

The Hawks will attempt to put their words into action when they take the court against the Fanshawe Falcons.

They will be looking for payback after a semi-final loss to the Falcons during the Humber Cup tournament in November.

Setter speaks of new role

Ryan Lavender SPORTS REPORTER

Heather Longland has made full use of her opportunities this season as a role player on the Humber women's volleyball team.

"She's always ready to come in when someone is injured or needs to take a rest," says head coach Chris Wilkins.

Coming back from a torn knee ligament suffered last January, Longland has been used this season as a setter and libero (defensive specialist).

She understands her contributions are not always on the court. 'Sometimes I'm in for one set



Veteran Heather Longland.

or half a set, sometimes I'm not in at all for a set. It depends on which role I'm going into," says Longland, in the first year of fitness and health after graduating from two other programs.

She knows the strongest part of her game does not show up on the score sheet. "I am always talking, letting

everyone know what's open to hit to."

The communication doesn't end when she's on the sidelines. "I find it's easier when you continue to talk. It helps keep your head in the game, instead of drifting off into la la land."

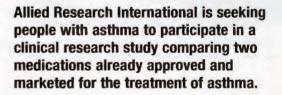
Longland, 23, is in her final year of athletic eligibility, but has made the most of her time at Humber which includes a female athlete of the year award.

"She brings experience to the team," says assistant coach Dean Wylie. "She's not going to go out and get the game winning point, but she'll get the game saving

dig." Despite her devotion to her team, she has not sacrificed academics for athletics.

"I've already graduated from two programs. I was working as a physiotherapy assistant, and I'm going to take the kinesiology degree program at Guelph-Humber, then, eventually, go to teachers' college."

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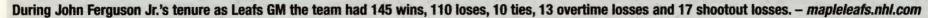
http://etcetera.humber.ca

"The tournament went how a lot of our games and our season have gone," he said. "There's kind of that escalator effect, where we're slowly but surely getting to the

In the final against Durham, the

"It's always nice for us when we

Hawks overcame an 18-9 deficit in the third set. "We fought hard," Wilkins said Amy Kuzyk after the game. "Overall, every-On court team chat before the championship game at Seneca.





Doug Fox hopes to attract student interest with scholarships.

Kids in the hall wanted

Ryan Lavender SPORTS REPORTER

The Etobicoke Sports Hall of Fame provides four scholarships to Humber athletes each year, yet it is still trying to grab the attention of Humber students.

"We're trying to improve the website. We're trying to get more profile. We're trying to reach a younger group and let them know it's out there," said Doug

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Fox, college athletic director and board member of the hall of fame. "Humber College is a good way to start because we have 16,000 to 18,000 students right here."

Although the home of the hall of fame is the Woodbine Centre, its board of governors is investigating moving to a more visible location.

"They're doing a long-term strategy, which is to relocate to a new setting, possibly going with the Lions Club arena complex where the Maple Leafs practice out of," said Fox. "There is a high profile group of people using that place.

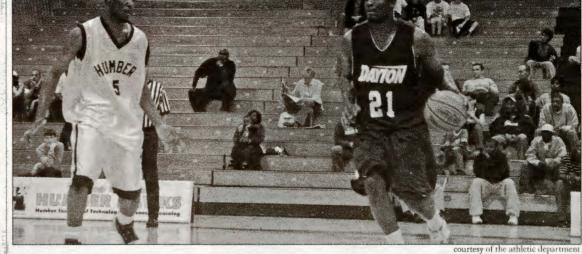
If the hall moves into this new location, its proximity to the Lakeshore Campus would be an opportunity to get the attention of Humber students.

"I say, have a launch party for students and athletes to endorse it," said Lee Harris, 20, a second year film and television student. "Have some of the players from pro teams like the Leafs come out for it."

While Toronto is home to the Hockey Hall of Fame, when it comes to recognizing athletic achievements in Toronto, the Etobicoke Sports Hall of Fame stands alone.

We're the only part of the megacity that does have a sports hall of fame," said Louise Poulos, executive director of the Etobicoke Sports Hall of Fame.

Founded in 1994, the hall's 92 nductees include some of Canada's greatest athletes, such as boxer George Chuvalo, hockey stars Johnny Bower and Ken Dryden.



A new ruling passed by the NCAA allows schools north of the border head south to play.

Teams head for N

Pat Lovgren SPORTS REPORTER

Humber's athletic director says he'd rather compete against Canadian universities than take advantage of a new program that allows schools to apply for membership in the NCAA.

"I'd love to combine the college and university systems in Canada," said Doug Fox. "So that the best schools can compete against one another at the same level.

"In my opinion the product here is just as good and in many cases the education is better. Students can still get excellent athletic and educational experience here. I really believe in the university system in Canada, I like to keep athletes at home."

Fox's comments come on the heels of an NCAA ruling in which delegates approved a pilot program allowing Canadian schools to apply for membership in the sports body that oversees college and university athletics in the U.S.

Under the program, Canadian schools have the option of joining the Division II level in the NCAA as soon as June 1.

So far, six schools in Canada including the University of British Columbia and Simon Fraser University have expressed interest in NCAA membership, but Toronto based schools are still lukewarm to the idea.

Fox sees the attraction of joining the NCAA and says he understands why some schools may seriously consider looking into it.

"The NCAA is exiting in terms of its scholarship programs for the athletes, the competition, and the fan support," Fox said.

"But at the same time, I believe in the college and university system in Canada. I think what we should do is add onto the existing programs in Canada. I would want to be the best college or university in Canada, that would be my philosophy."

Humber head basketball coach Darrell Glenn said there would be both pros and cons to NCAA inclusion.

"There are tremendous opportunities in terms of scholarships and competition against some of the best young athletes in the world," Glenn said.

"But some of the smaller schools may suffer because of budgets. And the level of competition across the board in Canada will suffer if schools decide to leave and compete in the U.S."

Niagara falls at our feet

Lose only one set on way to title

Brandon Fitzgibbon SPORTS REPORTER

WELLAND - Despite missing two key players, the women's volleyball team brought home a gold medal from the Niagara Invitational Tournament with a straight set victory over the Durham Lords.

Playing without team captain Rachel Dubbeldam and setter Alex Steplock, Humber still scored an impressive 25-15, 25-22 and 25-13 win.

"Rachel's hurt and Alex wasn't here, so it's nice to rely on the depth we have," said Coach Chris Wilkins. "Heather (Longland) came in and did a great job setting all tournament. That's why we have 14 solid players."

The Hawks (38-9) lost their first set of the tournament but went undefeated the rest of the way.

Second-year middle Landis Doyle called the first set loss was a wakeup call.



Talking strategy during a break in play against Durham.

ized we shouldn't be losing any sets when looking beyond the net. to other teams," she said. "We strive to be more consistent because, consistency remains our biggest problem."

"We definitely got more focused in the games as we got to see more play," added Dubbeldam. "We should still eliminate that first lost from our game."

Durham captain Karlene Barnes acknowledged the size of the

"I think after our first set we real- Hawks team can be intimidating

"They are very tall; pretty much their whole lineup," said Barnes. "We really wanted to see how we were going to match up against them.

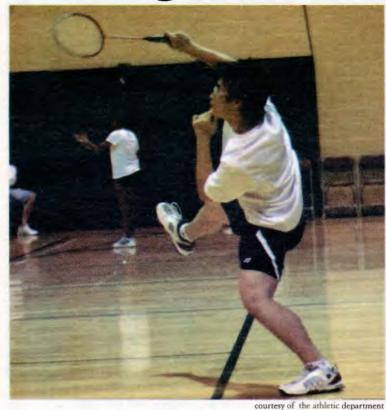
The Hawks got revenge for their loss to Seneca, beating the Sting in straight sets in the semifinal 25-23, 25-17, and 25-11.

The Hawks next game is against Mohawk Jan. 31.



Extreme skiler Billy Poole died Tuesday from injuries sustained after jumping off a cliff for a scene in a documentary film - www.sportsillustrated.com

Tasting defeat is not on the menu for ace



Raymond Wong in action at the Centennial Invitational.

Maciej Chabelski SPORTS REPORTER

Raymond Wong is Humber's hottest athlete - and he knows it.

"There's no one who can beat me in badminton right now," the firstyear recreation and leisure services student said. "In singles, I get to control the court and that works for me.'

Wong was named Ontario College Athletic Association's male athlete of the week after winning the singles title at the Centennial Invitational Jan. 14.

Born in Hong Kong, Wong was exposed to a variety of sports at a young age by his parents.

"I used to swim a lot and it helped me with my fitness," Wong, 20, said. "I started badminton later, at the age of 12."

Wong came to Canada in 1999 and attended Bayview Secondary in **Richmond Hill.**

He competed in the Ontario Federation of School Athletic Associations badminton championships for four consecutive years,

highlighted by a 2006 year which saw him win the Ontario under-19 boys' singles championship and a gold medal at the Ontario Winter Games.

His success drew the attention of a variety of colleges, including Humber.

"There is no one who can beat me in badminton right now."

-Raymond Wong

"I was recruited by a lot of other schools, like George Brown and Seneca," Wong said. "I knew the assistant coach at Humber College so I decided on going there."

Wong has thrived at Humber, not losing a set in singles since the beginning of the school year.

time OCAA champion Nathanial

Allard of Fanshawe twice this year. "Wong works hard in practice and he's a natural athlete," said assistant coach Michael Kopinak. "It comes naturally to him, but he does also work hard at it."

Wong agrees with Kopinak's assessment. "I love my speed on the court," he

said. "But I also make sure I know the opponent before I play him. The more I know about the player, the better I play."

Wong is also an accredited trainer at the Mandarin Golf and Country Club in Markham.

"I train those who need help with their badminton game," Wong said. "It's fun and they pay me well enough."

He does not have Olympic or pro aspirations despite his success, but he likes the prospect of coaching one day.

"I want to train the next generation of players," Wong said. "It might even be at Humber."

Big bad Bruin beatdown

Kelly Roche SPORTS REPORTE

Sebastien Hunzinker summed up the basketball team's performance last Friday night in one sentence.

"They were ready to compete, we were not."

The Hawks lost their first game of the season to fierce rivals, the Sheridan Bruins, 81-54.

Coming off a 92-28 blowout over the Redeemer Royals at home Wednesday night, the men were looking for their 12th straight victory.

Nervous energy filled the air as the Hawks and Bruins tipped off in front of a rowdy Sheridan crowd.

Both teams initially shot the ball poorly - almost four intense minutes went by without a basket.

Humber head coach Darrell Glenn yelled at his team, urging them to compete.

Roger Scott took note and made a powerful drive to the hoop, putting the Hawks on the board trailing 5-2.

Hunzinker hit a three-pointer, giving Humber its first lead, 20-18 with 6:15 remaining in the first half.

Bruins quickly tied the game The at 20, then took a three-point lead and went into the locker room up 37-28

The second half looked promising when Hunzinker made a huge defensive block within the first two minutes, bringing Hawks fans to their feet.

But the Hawks struggled from the field, shooting just 34.5 per cent and lost the battle of the boards, 45-36.

Sheridan's defensive pressure forced 15 Humber turnovers. "We were flat today. I was expecting a better effort," said

Glenn. "We didn't share the ball - that's

one of the trademarks of this team and we didn't do that today."

Sheridan's bench outscored

Humber's 54-29.

'The turning point was the defensive breakdown, the mental breakdowns and small turnovers,' Hawks guard Jeremy Alleyne said. Daviau Rodney led the Hawks with 10 points, followed by Scott's nine.

The highly anticipated rematch is scheduled for Jan. 30 on homecourt.



Roger Scott comes away with an offensive board in traffic.

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