HUMBER ET CETERA



Pope to come to **Toronto** pg. 2

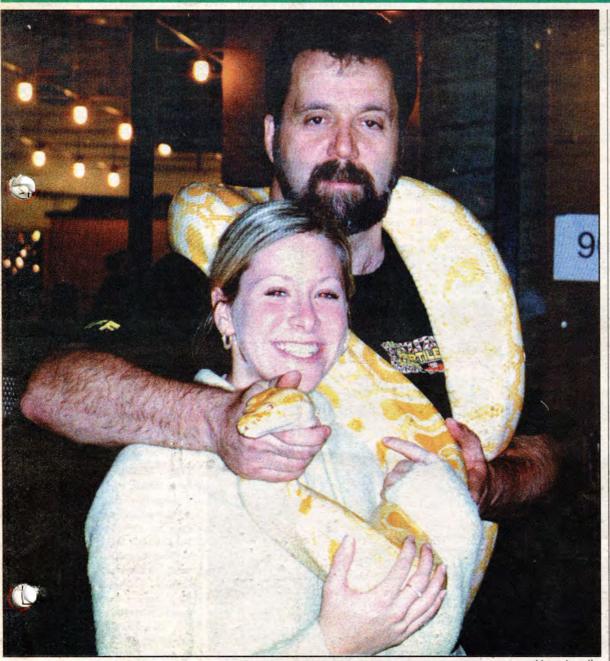


Parking woes to worsen pg. 5



Seneca stung by Hawks pg. 17

www.etcetera.humberc.on.ca -- Humber College's Newspaper -- November 29, 2001 -- Vol. 30 No. 11



Reptile man Paul Kennedy pays a visit to Humber's North campus on Wednesday . See On campus page 6

Study suggests financial aid for students inadequate

By PETE RICHARDS Et Cetera Staff

Canadian student financial aid programs are inaccurately assuming that most parents are paying their kids' way through school, according to a national survey.

Recently the Canada Millennium Scholarship Foundation (CMSF) polled over 1,500 college and university students across Canada, finding that over one third of students under 22 are not receiving money from their parents to help with their education.

The implication is that many students are being denied or given less financial aid because governments are too often assuming that parents are carrying students' financial burdens, the survey says.

"If you're under 22, the provincial government is just going to take for granted the fact that you're getting aid from your parents," said CMSF spokesman Sheamus Murphy.

The CMSF is a government organization that allocates \$285 million in bursaries to post-secondary students who are in financial need.

The foundation hopes to use its statistics to adequately inform provincial governments about where students get their money and what their financial needs are, to perhaps bring a change to government-administered financial aid practices.

"I'm not sure what [OSAP's] actubenchmarks are," said Tanya Cholakov, an Education Ministry

"OSAP is a needs-based program to make sure that they can get to their studies," Cholakov said. "This is just one study.

According to Murphy, if a student is under 22, the government assumes financial aid is being provided by the parents even if it's not, which leaves some students "high and dry."

The survey suggests that if a student is over 22, the government assumes financial aid isn't being provided. As a result, a large number of students over the age of 22 are getting assistance, according to the study.

According to Tanya Rogozynski of Humber's Financial Services, the age of 22 is usually considered the age in which students are viewed as independent.

"Basically, if you're out of school for five years or less, you're depicted as a dependent, which means that your parents are supposed to help you. And if you're out of school for five years or more - which seems like 22 or over - they consider you independent, which means you're on your

Pritpac Heer, a 19-year-old Business Management student, said that, "OSAP isn't really helping students and is causing them financial difficulties when their parents don't help them out."

Cholakov added that the provincial government will spend \$445.4 million on student loans this year.

RA talks to students about his attle with depression

By PHILL FELTHAM Et Cetera Staff

Resident advisor Bryan Bolton is one of the most respected authority figures in Residence. According to residence life co-ordinator Peter Lem, other RAs and the many students living in the residence, he's one of ost positive and uplifting guys around.

Bolton spoke at a presentation last week at the Humber Residence about depression and revealed that he not only suffered from depression, but won a battle with suicide as

Bolton said his depression started high school.

He saw counsellors because he

didn't know how to explain his feel-

"I saw a couple of counsellors at the school, but they didn't exactly get down to what the problem was," Bolton said to 50 students in the conference room of the student resi-

He said the counsellors had their wn idea of what his problems were and basically dismissed his problems as teenage hormones.

The summer after Bolton graduated, he saw a psychiatrist.

"It was a free clinic where I could go, and it didn't cost anything. They have different opportunities like that in Toronto," he said.

Bolton added that free clinic phone numbers are listed in the telephone book or students could talk to an RA if they're not sure where to locate the numbers.

But the psychologist couldn't get to the root of the problem.

"I talked to him, but I couldn't really fully open up to that person and let them [know] exactly how I was feeling," Bolton said.

In September 1997, enrolled at Brock University.

It was Bolton's first year away

He soaked up Rez life by getting involved with many different peo-

"For a brief period of time, I was feeling better about myself, however, I was going out and partying all the time and my good feelings were

probably due to the alcohol I was consuming," he said.

Bolton became concerned about his just - passing grades and his lack of communication with his friends. Winter approached and Bolton became more depressed.

"The winter of my first year is when I first realized that things were not getting better, but getting worse," he said. Bolton learned just before Christmas that one of his high school teachers committed suicide.

Shortly after, Bolton started to have suicidal thoughts and then decided to take anti-depressants.

"[This incident] forced me to do something about depression and I wanted to change how I felt," he said. "When I heard about my

teacher, I thought I've got to do something before this becomes very serious."

Bolton began taking anti-depressants, but felt that after a time they lost their effectiveness and he ended up becoming sad again.

The feelings became worse.

This time, Bolton thought about suicide all the time, didn't socialize with his friends as much, and still wasn't talking to anyone about how he was feeling. During his reading week in February 1998 Bolton devised a plan to kill himself.

"My plan was for my birthday. I would throw one big party and invite everyone that I ever met and cared about," he said.

See Fighting on page 12

Newsetc.

say Sept. 11 donations not wasted

By SARAH Y. FOSTER Et Cetera Staff

Hours after the first plane struck the World Trade Center, thousands of Canadians lined up across the country to donate blood to Americans but mass donations raised questions about supplies going to waste.

Canadian Blood Services (CBS) is the national organization that manages blood supply in all provinces and territories except Quebec. It also operates the country's bone marrow donor registry.

"We collected about 37,000 units of blood in that week, which is a little more than double our usual rate," said CBS media relations manager Jirina Vlk

Soon after the attacks CBS was told by the American Red Cross, America's Blood Centers and the New York Blood Center that supplies of blood from Canada were not need-

CBS would not have been able to ship blood by plane because of the grounding of airplanes.

"None of the blood donated went to waste," Vlk said. "All of the units were kept in Canada to replenish local blood stocks.

In addition, CBS also received hundreds of e-mails and approximately 200,000 calls to their toll-free lines on Sept. 11 and 12.

There had been a similarly overwhelming outpouring of support at blood donor clinics in the United

When blood is donated, it is usually separated from the plasma. Red blood cells or whole blood has a shelf life of 42 days, after which the blood is destroyed by a specialized inciner-

CBS operates 42 permanent collection sites, 11 bone marrow donor centres and more than 10,000 blood donor clinics annually.

Blood banks Youth Day in Toronto will bring masses to see Pope

By ALEK GAZDIC Et Cetera Staff

Pope John Paul II will be visiting Toronto for World Youth Day 2002, set to be one of the largest gatherings in Canadian history with 50,000 registrations from 50 countries already

The youth conference will take place from July 18 to 28, 2002 and more than 500,000 participants from around the world are expected.

"It brings young people together and I think it has a very positive influence on the world," said Paul Kilbertus, director of communications for World Youth Day 2002.

Last week, provincial Municipal Affairs and Housing Minister Chris Hodgson announced that the province will donate \$1.37 million to the event to go towards hiring staff and organizing the conference. The money is an addition to Ontario's current \$1 million commitment.

"We are anticipating a huge economic benefit to the province in terms of having hundreds of thousands of people coming to Toronto and hopefully other parts of Ontario," said Alexandra Gillespie, a spokesperson for the affairs and housing ministry.

World Youth Day is celebrated every two years, and was created by the Pope in 1984 to gather young adults from around the world for a celebration of Catholic faith.

"With the negative influences we've seen on the world so far (this year), World Youth Day offers an alternative to young people," Kilbertus said. "We see it more as a

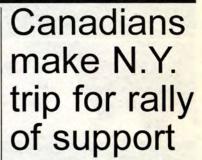
necessity in some ways. Now more than ever, the world needs something like World Youth Days."

Suzanne Scorsone, director of communication for the archdiocese of Toronto, feels the upcoming youth event will have a beneficial influence on the city in all aspects of life.

"When these Catholic youths come to Toronto, I think it will be a very positive statement. It will be a motivator for people of all faiths to look to the future with hope," Scorsone said

Past World Youth Days in Rome, Manila, Paris and Denver attracted hundreds of thousands of partici-

World Youth Day organizers in Toronto are planning for up to 750,000 participants.



By CANDI JERONIMO Et Cetera Staff

Canada is truly showing love to its neighbour as more than 3,000 Canadians are heading down to New York this week to show support after

The "Canada Loves New York" weekend is scheduled to run Nov. 30 to Dec. 2 and is expected to be an historic weekend.

"Hundreds of thousands of Canadians live in greater New Whatever happens to them happens to us, too," Liberal Senator Jerry Grafstein (Metro-Toronto) said in a release. "We want Canadians living in New York to join Canadians coming from all parts of Canada and show their support for each other at this incredible rally."

Canadians are urged to get back to business and show New Yorkers how much they care in light of recent

"Essentially it's a rally to show solidarity from Canada to the U.S.," said Peter Benson of the Canada Loves N.Y. committee.

Television commercials with signature Canadians faces such as Dan Aykroyd, Eric Lindros and even Prime Minister Jean Chretien have been airing in past weeks telling Canadians to "be there."

Canadian celebrities are also expected to be in New York, appearing Dec. 1 at the Roseland Ballroom.

The "Come to New York Rally" is being offered at a cheap price for Canadians. A last minute tieker to New York City usually costs where between \$300 to \$1,700, but this weekend Air Canada has dropped fares to as low as \$179 if departing from Toronto.

Greyhound transportation is also available and some hotels have lowered rates for this special occasion.

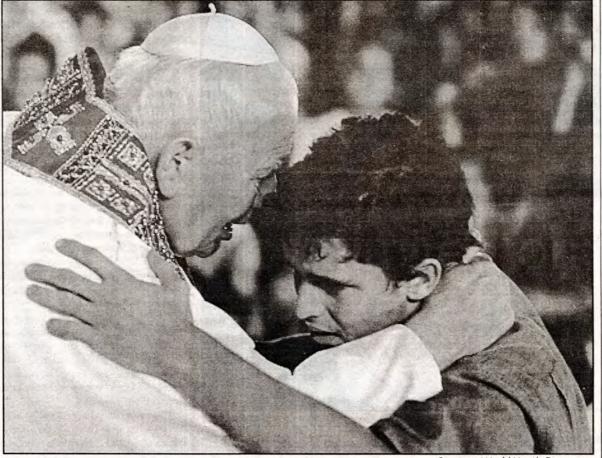
Trips are also originating from Montreal and Ottawa, as they join Toronto with their heavy campaign to promote the weekend.

New York rally-goers can expect to receive a lot of free gifts, including Roots Canada caps and posters from Canadian Artist Charles Pachter.

Canadians wishing to make a lastminute trip to New York can still do so by calling 1-800-800-0070 to arrange travel.

Correction

In the Nov. 22 article entitled "Dancing, chanting, toilet paper tossing at G20," the correct title of Bobbak Ghadaksaz should have appeared as 'protester.' The Humber Et Cetera regrets any inconvenience this may have caused.



Ontario is hoping that the Pope's visit to Toronto in July will mean a big cash injection for Ontario's economy

Premier candidate 'proud to be an Etobian'

By VICTOR PENNEY Et Cetera Staff

Chris Stockwell, the local MPP representing Etobicoke Centre, has thrown his hat into the Tory leadership race.

Stockwell, Ontario's minister of labour since 1999, announced his can didacy Monday and becomes the fifth candidate to join the battle to become the next leader of Ontario's Progressive Conservative Party.

"The Ontario PC Party needs a leader who can relate and consult with Ontarians," Stockwell said. "A leader flexible to different views,

responsive to issues and able to communicate effectively in a way all Ontarians can understand. I am that

In his Monday speech, the labour minister talked about looking to the future and spoke of making changes to education, environment and health care policies.

The leadership candidate thanked outgoing Ontario Premier Mike Harris for his leadership over the years and praised the Common Sense Revolution.

"We have come to the end of the revolution," he said. "We shouldn't be afraid to say it because it was a success and it was right. We are no longer in Bob Rae's Ontario. We are in Mike Harris' Ontario, and that's a great place to be."

Stockwell also thanked the people of his riding for their support over the

"Thank you to the people of Etobicoke for their belief in my ability to represent them and for electing me six times over the past 20 years," said Stockwell of his constituency. "They are a special people and I am proud to be an Etobian."

The Tory leadership hopeful has also served as Speaker of the Ontario Legislature.



Courtesy Ontario Government Stockwell is going for Premiership

Cloning breakthrough creates furor

By CANDI JERONIMO Et Cetera Staff

Cloned human embryos are causing an uproar of controversy among religious figures, politicians and the public since scientists in the U.S. announced Nov. 25 that a six-cell entity had been cloned.

A group of three scientists from the privately-owned Advanced Cell Technology in Massachusetts extracted DNA from an egg and inserted it into a different cell, causing the cell to act as an embryo. The cell managed to divide into six cells before it died.

Humber Philosophy and Social Science professor Jonathan Salem-Wiseman voiced popular public rhetoric on the issue.

"There's all sorts of different perspectives on this. There's a possibility that we ourselves might assume God's role and thus somehow upset natural order by creating other man life," he said.

"I don't think anyone is talking about producing Frankensteins or monsters. We're talking about growing small clumps of cells for medical purposes."

Health Minister Allan Rock said in a Globe and Mail interview regarding the cloning announcement, "We don't think it's consistent with human dignity and the status of the fetus or the

For the past six months Health Canada has been reviewing preliminary legislation that will ban cell cloning in Canada.

The Commons Health Committee is expected to conclude its studies this week, and will present its final report to Rock and the House in three

"[The legislative process] is an incredible piece of work, more farreaching than they thought it would be ethically and morally," said Janet McLiveen, an advisor for the Commons Health Committee.

This new legislation will apply to the public sector, making it illegal for private companies to conduct research that would clone humans in

"Our draft legislation says no human embryos will be created for research purposes, so if [the scientists] were in Canada, and this draft legislation is passed, they'd be in contravention of the law," Bonnie Brown, a Liberal MP for Oakville and the chair of the Commons Health Committee told The Toronto Star.

Advanced Cell Technology owner and researcher Michael West said that the purpose of cloning the embryo was not to reproduce a human, but rather to further enhance cell technology for potential research in finding



Courtesy Scientific American

Scientific American details the controversial human cloning development

Buy Nothing Day protesters push anti-consumerism message in midst of frenzied Christmas shoppers

By MARK SAUNER Et Cetera Staff

Buy Nothing Day, an annual day of protest promoted by Adbusters Magazine, hit 30 countries last Friday, spreading its message of anti-corporate, anti-consumerist awareness.

The 9th annual Buy Nothing Day rallied a group of ten Toronto students to picket outside the Eaton

More than 500 flyers were handed out, store windows along Yonge St. were blemished with stickers and battle cries of "buy nothing" rang from the protesters

Other protests and rallies were being conducted simultaneously in several cities around the world.

This year's Buy Nothing Day has been especially criticized in the wake of the Sept. 11 attacks. President George W. Bush, Prime Minister Tony Blair and Premier Mike Harris have all been trying to thwart a potential recession by imploring their citizens to shop, shop, shop.

"I think Sept 11. made us realize how we are over-consuming, and yet everyone tries to keep up the falsehood that we should be buying more," said Lucio Abbruzzese, a teacher at Michael Power-St. Joseph High School. "What we can't keep on doing is killing the planet."

In spite of the protests, the Eaton Centre kept up its Christmas season Stores continued to run

smoothly, and most customers asked were oblivious to Buy Nothing Day.

"People think we're trying to sell stuff," said protester Paul Baines. "People are being cynical and thinking we're handing out coupons."

Adbusters maintains the average North American "consumes five times more than a Mexican, ten times more than a Chinese person, and thirty times more than a person from

Buy Nothing Day's Adbusters Campaign Manager Paul Dechene said the day is meant to bring attention to this over-consumption.

"We are trying to suggest that maybe there is an alternative to consumer culture. It's a radical idea to a lot of people, believe me," he said. "If you read some of the unsolicited emails I've received, you'd be amazed by how threatening some people find it. It's a pity too, because in a way, Buy Nothing Day is just a really silly

Although few people participated in Buy Nothing Day at the Eaton Centre, Dechene is confident that more people will possibly consider it.

"Obviously, one day off from consumption isn't supposed to shatter our economy, or even reform it. It's too small a gesture by too few people," Dechene said. "The idea though, is to get people thinking about consumption by not doing it. It shows you just how dependent we've become on corporations. Well, commercialism in general, actually."

The idea behind Buy Nothing Day, embraced by several groups around the world, relates to their social concerns, including a North America that is becoming increasingly overweight, plagued by anorexia and bulimia, and addicted to TV and anti-depressants. Dr. Ian C. Boulton, a biochemist at the University of Toronto and editor of the Toronto Ranter, described the corporate socio-political system he said is prevalent in North America.

"This type of system depends upon a dissatisfied populous who are easily trained, easily distracted, and make, for the most part, good consumers," he said. "Keep your public dumb, keep them distracted, imbue objects with little intrinsic value with huge symbolic value, through advertising, fame iconography, and satura-

Other concerns addressed by Buy Nothing Day are the perceived manipulation of political systems in the industrialized world by corporations and big business, and the alarming rate at which this same world is devouring the world's resources. Adbusters says although the industrialized countries make up only 20 per cent of the worlds population, they consume 80 per cent of its resources.

"Deep in my gut I fear that without a catastrophe we won't change And that is a tragedy. Because people are worthy of so much more than shopping. Look at the size of our brains! And those opposable thumbs! We walk upright, by god! And the best we can do with all that is hit the mall? Watch TV? It's a waste, really," Dechene said.

ATM users falling prey to banking card scam

By TAMARA STANLEY Et Cetera Staff

Police officers are warning ATM users of a scam that has left victims with empty bank accounts.

Peel Police said thieves are placing a device on bank machines that tricks victims into believing their card is stuck. The thief then pretends to help while the victim reveals the PIN num-

One of the first incidents occurred in Mississauga with similar scams taking place in Toronto and Georgetown. Police couldn't estimate the total amount of money that has been stolen in these scams.

According to police, the thefts usually begin when a cardholder places his or her card in the machine. The screen then goes black and the message "out of service" appears. Once the card is trapped inside the machine, the cardholder tries to cancel the transaction but the card remains inside the ATM.

Police said that on every occasion, there has been another person present who mentions that they have been in the same situation before. The suspect would then tell the cardholder to enter their PIN number several times.

After unsuccessful attempts to enter the PIN number, the cardholder abandons the machine, leaving the card inside. The thief then takes the device off the machine, retrieves the card and uses the PIN number.

Police have a few suggestions to help reduce the risk of ATM fraud:

- · Beware of objects attached to bank machines that appear unusual.
- · Beware of handwritten signs taped over bank machines directing you to use one specific machine.
- ·When entering your PIN make sure you safeguard it by not allowing others to see it.
- ·Never divulge your PIN to anyone under any circumstances, including persons claiming to be bank employ-
- · If you lose your bank card, cancel the card immediately.



Tamara Stanley ATM users should be scam-wary



Courtesy www.adbusters.org ousters creates 'spoof ads' to promote anti-consumerism awareness

OnCampusetc.

Don't be SAD over winter season

By PHILL FELTHAM Et Cetera Staff

The approaching winter months will bring an increase of depressed students, said Liz Sokol, a Humber College counsellor.

This is the time of year where some students will suffer from Seasonal Affective Disorder, also known as SAD, Sokol said.

"SAD is a seasonal depression. It usually hits between the beginning or late October," she said.

SAD is the link between depression and sunlight. During the winter months, when the sun is not out as much and people are more confined to the darkness, people become depressed, she said.



Phill Feltham

Seasonal Affective Disorder is common during the long winter months

Sokol said individuals diagnosed with SAD are usually depressed through the fall and winter. When spring approaches and the light levels increase again, the individual begins to feel better about themselves.

She added more people are being diagnosed with depression and 50 per cent of those suffering from the disease go undiagnosed.

"They think that is just how they are and just how it is," she said. "Because there are levels of depression, you don't have to be suicidal to be depressed."

Sokol said many factors trigger depression.

"If the person doesn't feel that good about themselves to start with and an event occurs like you get kicked out of a program or you fail a course or there's a death, it can trigger a clinical depression," she said.

Sokol added depression could be

caused by a genetic predisposition or a situational trigger that sends the body into depression, or a situational depression such as past negative events that haven't been dealt with.

"The amount of energy it takes to keep those feelings of inadequacy pushed aside to function normally is so much that there is not a lot of energy left over," she said.

With three weeks left of school, some students are concerned that when stress levels are high, that depression might become a factor in

"There is some indication that if a person is exposed to prolonged periods of stress [and the] external stress stops, the brain continues the stress is still going on," Sokol s.....

She said the chemicals in our brains get recycled, just like the body bringing down the temperature of a fever or maintaining regular body temperature.

plans new student centre

By MELANIE THOMPSON Et Cetera Staff

Students may see changes to Humber's North campus student centre soon.

Humber Students' Federation President John Pulla came up with an improvement proposal that will not only provide entertainment, but also create student jobs.

Pulla hopes to provide extra leisure space to the student centre by adding six couches and 10 round tables with four chairs at each. He would also like to add several computers that provide Internet access for students who need to do some quick research or check their e-mail.

"It was always our intent to improve the Student Centre," Pulla said. "But if we don't do anything with it now, I don't think anything will ever be done."

Adding carpet to the concrete



Mark Nonkes

The HSF plans to add couches and tables to improve the student centre

steps, moving the microwaves next to the pop machines, upgrading the stereo and television systems and buying a gitoni table are all part of the

Pulla also wants to add more space for vendors and create a wheelchair lift so that the Student Centre is easier for disabled students to access.

HSF has not set a budget or start

date for this project but they have formed a committee to look into the

"Due to the poor structure." design of the area, renovations win e very expensive," Pulla said in the proposal.

"The intent is to have a flexible setting in order to meet the diverse needs of the college and HSF.'

RESIDENCE SEMI FORMAL

Residence was buzzing on Friday night. Guys were dressed in traditional ties and suits, some in jeans and sweatshirts. Girls wore elegant red and black dresses, some in glittering pink or fake leopard mini skirts. All students walked toward the school with pink and gold masks in hand and a ticket that read:

"We would like to invite you to join us for the winter masquerade semi-formal on the twenty-third day of November."

The semi-formal was held in the Seventh Semester which is in a hidden entrance next to the cafeteria in

front of the Student Centre.

When the dinner call was made students lined up to satisfy their hunger with the buffet-style supper.

The table had a salad bar, bread and meat selection. It was grilled chicken or beef blanketed with gravy.

Residence students were very py with the meal.

"It's a good change from caf food," said Laura Fox, a first-year Travel and Tourism student.

"It tastes like mom's home cooking," she added.

After dinner, tables were pushed aside and the buffet area was cleared away for the dance.

Students took to the dance floor

and strutted their stuff to Garth Brooks, AC/DC, Savage Garden and many other artists.

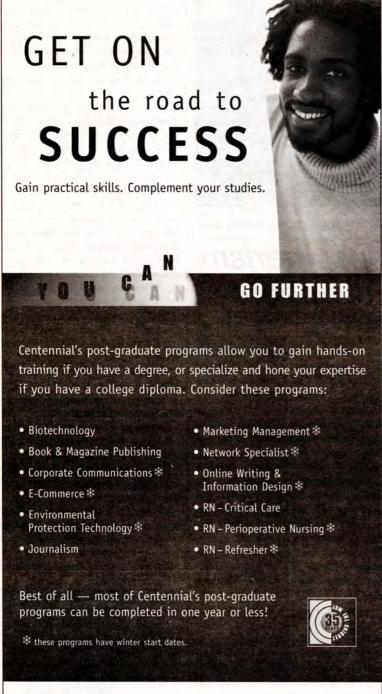
The Residence formal is scheduled to take place in March or April, but the location of the night is undecided. - Phill Feltham

GRADUATION PICTURES

It's time to fix the hair and make up because grad photos are around the corner. From Dec. 3 to 7,9 to 4:30 p.m. at the Student Centre in room KX 100.

Make an appointment either go to Humber Student Federation's office in KX 105 or you can call (416) 675-5051. There is a \$10 sitting fee.

-Muna Ismail



For more information, call 416-289-5325. Act now! Classes start January 7, 2002.



www.centennialcollege.ca

Parking rates to jump by 20 per cent

By MELANIE THOMPSON Et Cetera Staff

Students and teachers coming to Humber College next year are being hit with a 20 per cent increase in parking fees.

The North campus will be losing 300 spots as of next semester to the construction of the Guelph-Humber project. In turn, the college is trying to raise more than \$4 million. The money will be used to repaint the lines in the lots, making the spots smaller to reclaim the 300 spaces and develop a new lot in two years on Humber owned land at the northwest corner of Woodbine Centre. A shuttle bus would be made available to bring students from the new lot to the school.

The Board of Governors passed a motion at the Nov. 19 meeting that said students will pay an extra \$70 to park at both campuses ing the grand total to \$438 per pass for two semesters.

The college will pay for the parking lot renovations with the extra money.

Humber staff will also be paying an extra \$120 for their spots.

"We haven't had a raise [in parking prices] in seven years," said Robert Gordon, Humber College president.

"We desperately need to raise money to increase parking," he added.

Humber Students' Federation President John Pulla sits on the Board of Governors as a student representative and said he was one of three people to vote against the motion.

"The college should consider using some of their reserves," Pulla said.

Guelph University and Humber College will be receiving almost \$30 million for the new building from Ontario's Superbuild fund, but Gordon said money would only cover construction costs and workers.

At Lakeshore, one quarter of their parking space has already been sold



Melanie Thompson

Humber parking prices are set to go up while parking spaces are lost at both North and Lakeshore campuses

for the construction of a high school, with the profits from this land going towards other school projects.

To make up for the lost spaces, \$2.8 million is needed to create more spots closer to the school.

The HSF decided at last week's Board of Directors meeting that vicepresident of Campus Life (North) Stephen Anastasi will head an action team to increase awareness about the parking pass hike along with putting up posters on campus.

"This is terrible. We're paying more money for less real estate," Anastasi said. "The service hasn't been the best. Last year, spots weren't even plowed. This is ridiculous." Gordon said that students were not made aware that parking prices were being debated or raised.

"If you inform people beforehand, they're obviously going to oppose it," Gordon said.

"We don't enjoy doing it, but we're desperately short of money. I don't like it.,"he said.

Lights, camera, action Cash strapped

By SARAH HATTEN Et Cetera Staff

You could be walking past the next Steven Spielberg and not even know it

On the set of *The Art of Dining*, Humber's second-year Film and Television students had a directing workshop.

The lights are dim and the set a little chaotic with actors practising and crew members busily working away. The scene is very professional, and with 10 minutes until the final shoot begins, all the people around are pumped up with the adrenaline of the last minute rush that comes before that famous phrase: lights, camera, action

One of the crew is making a last minute adjustment to the set, as a go over their lines and positioning one final time. A stagehand is perfecting the lighting, while in front the cameraman settles on what he described as the "perfect angle."

This is the hidden world that exists in Humber's basement. It's the world the Film and Television students live every day.

Katherine lannetta, director of the production, explained what it is she and her classmates are working on.

"It's a project for Annie Szamosi in our directing workshop. She gives us a script to work through, it's one scene and we have three weeks to get ready to shoot, and then four hours to actually shoot it," Iannetta said. Iannetta's crew had three weeks to work together to get ready for the final shooting date.

They had to design a set, to meet and rehearse actors, to figure out what shots and framing would work, and then to finish the job by completing the final shoot in four hours.

It's a process very similar to what the students will face in the real world, budgets, deadlines eamwork.



Sarah Hatten

Humber Film and Television students work on a scene for a class project

"The directing workshop prepares us to do the independent projects. It helps you because you might have to construct a set," said Melissa Smith, the second assistant director.

Independent projects are the next thing on these second-year student's agendas.

"With the directing workshop we're given the script, but with the independent project we do everything," Iannetta said.

"You can write a script or do a documentary. They have done music videos in the past but they try not to," Smith said. "Everyone is responsible for finding actors, so you hold auditions. You can post it in *Now* magazine and have real actors calling you, potential actors trying to find work and also trying to make a name in the biz."

Just like in the business the students have to build their own crew to help them with the shooting of their five to 10 minute films.

They recruit people from the program to help with anything from lighting to sound.

"We make the films with the inten-

work on a scene for a class project tion of entering them in other film festivals," Iannetta said.

Smith added, "This is, I think, the only opportunity you can get in the film program to do your own thing and prove yourself."

After the independent projects, students begin to work on longer films, which means writing and pitching scripts to a panel with only a few chosen to be worked on by the entire class.

"There's an incredible amount to learn. I went to university, but I can learn more here in a day than I would in a year at university," Iannetta said.

"You have to be dedicated. You can be good, but if you're lazy and you're not punctual you aren't going to make it," Smith said.

"Our philosophy is to have students industry ready when they leave the film program," said Arthur Campus, program co-ordinator.

"Our success rate is very high, consistently in the 90 per cents. A lot of that has to do with strong co-ops and a good reputation in the industry," he said.

Cash strapped students find relief at Humber

By ELAINE WILSON Et Cetera Staff

Don't drop out of school if your financial situation stresses you out. Instead, seek help through three options for students in the Financial Aid office.

"Whenever there is a need the student is either referred to us by faculty or presents their problem to us personally," said Margaret Antonides, the Financial Aid manager.

The first option is The Ontario Student Trust Fund.

Humber College, along with the Ontario government, has raised \$1 million for bursaries since 1996. Companies involved include Pizza Pizza, Bank of Montreal and Humber's campus pub, Caps. Twenty-five students in both the Fall and Winter semesters receive the bursaries at a value of \$500.

These bursaries are available to full-time students from the Financial Aid department as long as there is a financial need. To apply for these awards visit the Financial Aid Office.

The second option is financial need bursaries. These bursaries are awarded depending on individual financial need.

"Last year we gave out a little over 1,400 [bursaries]," Antonides said.

Students must illustrate a personal financial need by filling out an application either on the Humber Web site or in the Financial Aid office. Students must also provide a personal budget and write a letter expressing their need for the bursary. Bursaries are awarded on the basis of amount of family support, income,

expenses and academic standing.

The third option is tuition bursaries that are available to returning students. These bursaries are valued at \$500 for post-secondary programs and \$750 for post-diploma programs.

Students applying for tuition bursaries must live in Canada and be enrolled as a full-time student. A budget must be prepared by the student to demonstrate their financial need. Academic excellence is not a requirement for this bursary. Students can apply online or in the Financial Aid office.

Other opportunities for money are available around the school. The first is the work study program. Students in financial need situations can work within the school. Places such as Caps, the Financial Aid office and the bookstore are always hiring students. Flexible hours are available based on the student's class schedule.

Another way to receive money is through achievement awards. Every individual school has separate awards. The awards can only be won if a faculty member nominates the student. The student must excel in their program producing excellent marks. Awards were presented during special ceremonies earlier this month.

"Every school has their own awards and each school can control how each award will be awarded," said Colleen Parton, co-ordinator of Awards and Alumni.

For further information on financial bursaries visit www.humberc.on.ca or the Financial Aid office in Registration or call (416) 675 - 6622 ext. 4245.



Julie DeAngelis Some of the reptiles got a little too close for comfort at Lakeshore campus

Lakeshore goes wild for reptiles

By JULIE DEANGELIS Et Cetera Staff

Lakeshore campus' cafeteria was abuzz with Humber students straining to catch a glimpse of the 11-foot python, part of the entertainment arranged by the Humber Student Federation for their second annual Cultures Week celebration.

Reptile man Paul Kennedy, owner of The Reptile Store in Hamilton, entertained faculty and students with a variety of amphibians during Tuesday's lunch hour. Some hesitant onlookers even ventured to touch some of the foreign creatures. The scorpion, tarantula and kimono dragon were among the favourites of the

"It was intense," said Sean Ivokvic, a student who was one of the first to hold the immense amazon snake.

Kennedy, who was also part of last year's cultural week, said he enjoyed coming to Humber and is looking forward to returning for next year's celebration.

"I really enjoyed myself," Kennedy

Free food samples from around the world were offered Nov. 27 to 29 between 11:30 a.m. and 12:30 p.m. to complement the other entertainment provided. Celtic dancers, Scottish pipers, belly dancers and breakdancers were all part of the festivities.

HSF office manager Lance Longheed explained that Humber is a multicultural school that is continually working to promote cultural diver-

Raj Gogna, the Lakeshore HSF vice president, was excited about the

"I wanted to do something different this year," Gogna said. "I hired the Scottish and Irish performers for some variety.

"This year we are trying to show Humber College's cultures," said Stephen Anastasi, vice president of Campus Life.

Humber students were encouraged to participate in the food sampling and enjoy the festivities in order to promote cultural diversity.

Tasting Humber's culture

By MUNA ISMAIL Et Cetera Staff

Multicultural week got off to a slow start at North campus as Humber Indian Student Association, HISA, cancelled their dance show at the Student Centre.

Meanwhile, Carrie Anne Stethenson, a second-year Comedy student, served free food and said the event was great exposure for Humber students who are not familiar with

"I think the turnout is okay, a lot of people are complementing the food a lot. Throughout the week there are going to be a lot of events, belly dancing and a live reptile show. I think it's going to be really cool. I hope a lot of people are going to enjoy it," Stethenson said.

HSF Cultures Week 2001 is an event that showcased the best in Humber College's cultures with live music, dancing and delicious food.

Former executive of dancing and arts for HISA, Gurmit Jassal said the event was a great way for her club to be recognized.

"Since the beginning of the semester, I haven't seen that many Indian people. This is a place that will show that there are clubs. It's to celebrate all cultures and music and taste food. They'll know there's an Indian club that exists," Jassal said.

The association members sold samosas for the week for 50 cents each. The proceeds are to raise money for future multicultural events.

Although there was a cancellation of HISA dancers, the association showed a presentation called Vasakhi. It was a video about last year's performances and what their club offer to students who are interested in joining.

Among the food and visuals, music seemed to capture the audience's attention. Bhangra, a style of garage, dance, hip-hop with a flavour of Hindu vocals and beats, brought out the tunes of Indian culture.

Vik Birdi a.k.a DJ Soul helped with the event this year and loves to par-

"I think as students showing their cultures, we learn a lot from each other. Some people don't know anything about other cultures and we're showing them," Birdi said.

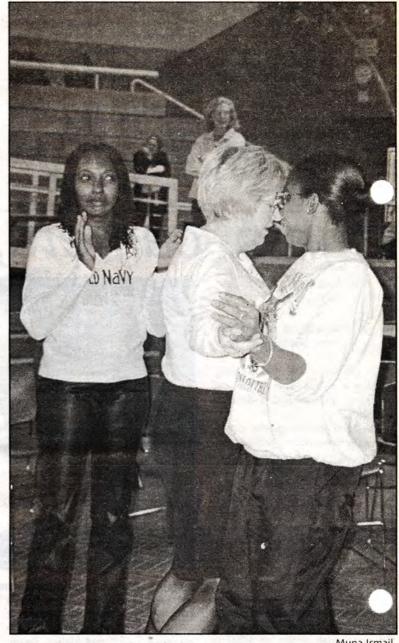
'The Lizard Man,' Paul Kennedy showed a large crowd everything from lizards to a 90-pound python on Wednesday.

Kennedy wanted to help people understand that exotic reptiles can be friendly. They also let the spiders, snakes and lizards touch people.

Eight members of Real Irish Dancers in Toronto, with a live Celtic band, taught Humber students some of the finer points of Irish culture.

After the group gave a demonstration of traditional dances, students were invited to learn the steps

Thursday's line-up: at 11:45 a.m. belly dancers, at 12:30 p.m. a line dancing demo, and at 1:15 p.m. break dancing and live DJ music.



Irish dancers teach Humber students how to keep time with Celtic tunes

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Santa Humber bound

By MELISSA HARLOS & LYNDSEY VANDYK Et Cetera Staff

The Humber Arboretum will be transformed into an enchanted forest as part of the annual Winter Celebration, Dec. 1.

Faculty, students and their families are welcome to attend this free event on Saturday from 10 a.m. until 4 p.m.

The arboretum will be offering dozens of fun things, including hay rides, chickadee feeding, children's crafts, enchanted storybook tales, a scavenger hunt, great food and warm drinks.

Christine Frase, program co-ordinator of the arboretum, said that they have high expectations for Saturday.

"We expect anywhere from 500 to 1,000 people to show up," Frase said.

Frase has been doing these events for about 20 years now.

"Rain or shine the show will go on. We are prepared for any weather that comes our way," she said.

"This event is a great way to give back to the community," said Sonia Wilson, the promotions chair for the

The event will focus on nature and more specifically, recycling and education. To help with the education component, the Humber Arboretum will be accepting donations of new or gently used books which will support the Toronto Public Library's leading and reading program.

Tuesday, during a preview of the event, Santa and his elves visited the arboretum, attracting children, parents and the media.

Breakfast Television captured the Christmas spirit live as children participated in the crafts, games and hay rides with Santa and his helpers.

The event was mostly media oriented, which gave Public Relations students a great opportunity to gain promotional experience.

"Everyone is doing such a great job. There are lots of games for the kids and lots of media exposure to help promote things like Saturd v's event and the book club," said 5 Fasko, a Public Relations student.

nFocus**etc.**

Local Muslims pray for Afghani civilians

By PHILL FELTHAM Et Cetera Staff

There are mixed feelings in the Muslim Community in Toronto and at Humber toward the continued States bombings Afghanistan during Ramadan, despite the requests from Muslim leaders to hold off the assaults until the holy fasting month of Ramadan is

Majid Ahmed, the president of the Muslim Student Association at nber College, said it would be a gesture from the States if they would stop bombing during Ramadan.

The Muslim Student Association is taking donations for Afghani civilians and they are hoping to hold a press conference about Islam and terrorism on-campus sometime next week.

"We can't do anything except hold demonstrations," he said.

Ahmed said he recently attended a demonstration to stop the bombings in Afghanistan in downtown Toronto which had roughly 250 protesters.

Muslim students at Humber

College pray five times a day in the Interfaith Prayer Room. A list is posted on the door of different prayer times.

Many Muslim students, like Afshan Khan, felt the Afghani bombings is a sensitive issue and preferred to discuss the positive side of Ramadan.

"The reason why we fast is to understand how the hungry people of the world feel," she said.

Muslims have a better understanding of how the starving feel. Then they give Sagat, which means they give money and contributions to the needy and the hungry.

"Because after Ramadan, we have stronger feelings toward them, we give money to people and countries that need it," she said.

Other Muslims, like Abdul Ingar, President of Islamic Society of Toronto were more open to the U.S. bombings issue especially toward the increased media awareness and prejudice toward Muslims.

"The onus is on the Muslim community to show the media that the Muslim community is peaceful and a part of the harmonious society," he

Ingar added that Ramadan is a golden opportunity to show the Hallmark of Islam, to show the happiness of the world and to strengthen the bond of humanity.

Nazir Khan, of the Muslim Community Centre in Mississauga said the increased media coverage on Muslims since Sept. 11 is a positive

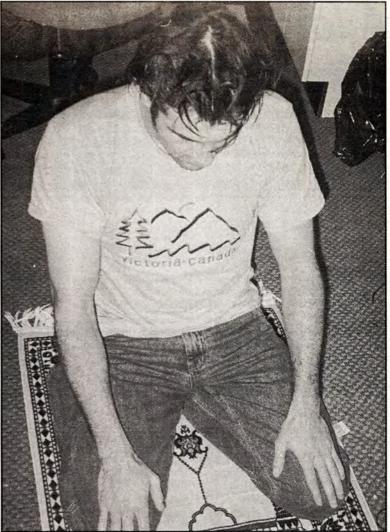
"People just want to learn about Islam," he said.

Khan admitted that the negative publicity makes it harder for Muslims to do their holy duty for Islam because "people are supposed to be concentrating on praying and fasting."

"It would be nice for the States to respect Ramadan and be more peaceful and submissive to the Lord," he said.

Khan said the Muslim Community hopes and prays for peace, for not only the people in Afghanistan, but for people all over the world.

"The biggest challenge as community to bring tranquility and humanity," he said. "We have to work together."



Student Ali Elkaderi deep in one of several prayers he performs every day

Ramadan fast at Humber

By PHILL FELTHAM Et Cetera Staff

Ramadan is an annual period of fasting to honour the revelation of the Koran to the Prophet Mohammed. It occurs during the ninth month of the ay Islamic lunar year.

Ali Elkaderi, a Humber College Computer Programming student, is one of many practising Muslims at

"It's a form of cleansing for the human body both spiritually and physically," Elkaderi said. "It brings you closer to God and you're giving

up something for God at certain hours of the day."

On Nov. 16, the first day of Ramadan, Ali Elkaderi rose at 5:30 a.m., to eat a quick breakfast before beginning his fast at sunrise.

At 5:51 a.m., Elkaderi and other practicing Muslims can't touch any

food or liquid until sunset.

"Right before the desired time, we stop eating, we can't have anything else to eat for the day," Elkaderi said.

There are five prayers done throughout the day.

Elkaderi said there are prerequisites before starting any prayer and that his body must be absolutely clean.

"If a Muslim was having sex the night before, urinating, defecating, or anything else unclean, the body must go through a cleansing ritual," he

Elkaderi said the cleansing process includes washing hands up to the wrists first, the mouth, nose, face, both hands up to the elbows (starting with the right), hair, ears and feet must each be cleansed three times. All of this must be done in the particular

"The religion allows you a lot of leeway. If there are things you can't do, that's understandable," he said.

If there is more than one person at prayer, then the other person stands half a foot behind him on the right. That's considered to be the group prayer.

"Group prayers are usually better than single prayers, because you get more bonus points for it."

At sunset, Elkaderi can break his

"If you break your fast on a date, it's considered a Sunnah, it's some-

thing that the Prophet Mohammed used to do," he said. recommends

"[Mohammed] breaking your fast with dates because they have a high content of sugar, he Elkaderi added that because the

body is losing energy, by the time you're going to break your fast the body is tired.

"You need something to boost you right when you break your fast," he said. "The sugars metabolize fast."

For the evening meal for Ramadan, Elkaderi said chicken or beef are the favourable dishes

"When we break our fast on dates, it's recommended that we take 10 minutes to do Maghrib [the Sunset Prayer] so we get it out of the way and enjoy our meal," he said.

Dates and times for Ramadan are determined by full moon sightings which change each year in relation to the international calendar. Ramadan is determined by the lunar calender. There are 10 months in the lunar calender and Ramadan is in one of those 10 months.

"This month, the fast for Ramadan is not that bad because it falls in the winter time meaning the days are a lot shorter," Elkaderi said.

For the Ramadan schedule the time decreases from the first day all the way to the last day. On Dec. 15th, the regime ends at 4:41 p.m.



titioners of the Muslim religion pray five times a day, the first in the morning and the last after 6:00 p.m.

Editorialsetc.

A lot more lots

For a college that is primarily known as a commuter school, Humber has for years been plagued by its lack of parking facilities for students and faculty.

The school's parking woes will continue to get worse if more spaces aren't provided soon.

The TTC may appear to be a cheaper alternative, but for students who must drive, especially if they have part-time jobs after class, spending two hours on a bus and train isn't an option.

Overbooking spaces has also caused a lot of stress and aggravation for students at times when there are more vehicles than parking spaces.

With enrolment about to increase due to the cancellation of OAC in high schools and through the Guelph-Humber partnership, the school should make more parking spaces available.

The Guelph-Humber building will eliminate 300 parking spaces. The school is attempting to solve this problem by decreasing the width of each individual spot. Decreasing the size of spots might sound good in principle, but this shrinkage may create more headaches for motorists along with a lot more dents and dings to their vehicles.

The college has also announced the building of a new parking lot near the northwest corner of Woodbine Centre in the next two years. Because of the lot's distance from the school, parkers will be offered a shuttle bus to get to school. The idea that students who drive to school will also have to take a bus may eventually convince them to skip classes more frequently. This is especially true in the cold and snowy winter months. It might seem a logical solution, but will the lack of close parking affect student attendance and willingness to participate in extra curricular activities? It's very possible.

There is a solution. Look to the sky. Building upwards would eliminate parking congestion at the college. Humber's land can only be expanded by so much, but building upwards, creating a shopping mall-like tiered parking facility, may be a viable solution with long-term benefits.

Maybe the needed funds can come from the money the college is trying to raise to paint new lines and create a new lot. What about restructuring the way student fees are allocated? Maybe it would be a good time to reconsider the amount of money that is given annually to the HSF. The HSF has a yearly budget of just over \$1 million – collected from student fees – that may be more wisely spent on the parking dilemma.

In the meantime, we think the idea of building upwards should be seriously considered by the college.

Pitching the pools

Our sisters, brothers, daughters, sons and future children have been served yet another blow to their childhood memories. The provincial government has decided Toronto's public school pools are not essential to students' education. More important is the \$10 million dollars a year that will be saved with the closing of about 60 pools as early as next June. The reason they are being closed is because swimming programs are not a part of the mandated curriculum. Maybe they should be.

Shouldn't the goal of a society that claims to value education be to create well-rounded individuals? Doesn't that require giving students an abundance of opportunities to participate in activities that take place outside of the classroom to complement their academic selves? Isn't it also important for students to be involved in extra-curriculars in order to survive stress, fatigue and competition in the 'real' world?

Surprisingly, Toronto's Mayor Mel Lastman isn't willing to give the funding boost that could help save the majority of the pools. Instead the city will continue to spend \$3.1 million this year to rent pool time from the Toronto District School Board. That's enough to keep 22 out of the 85 pools open. It is hard to believe this decision came from the same man who rallied relentlessly for the 2008 Olympic games. Swimming is an Olympic sport.

The blame however, does not lie solely on the shoulders of the provincial and municipal governments. The school board could step in and try to save the pools by offering to split the \$10 million cost with the city. Instead, they are sending students and parents to their local MPs to complain, claiming they cannot afford to finance the pools.

However, while the board hands Kleenex to the victims of these new budget cuts, they are paying a hefty \$360,000 severance package to Marguerite Jackson, who is voluntarily leaving her job to work somewhere else. They cannot afford to spend money on saving the pools, but they can reach into their pockets to bestow such an elaborate golden handshake.

On top of that, the board has advised schools to keep school temperature as low a 16.5C (61.7F) in order to cut spending corners again. This seems almost criminal considering municipal regulations require landlords to keep temperatures at a minimum of 68F.

This latest budget slash just doesn't seem fit when we recall that children had to give up their jungle gyms when their playgrounds were dismantled only a few months ago. Nor does it seem fair as we remember how students were made to struggle through a time of upheaval during teacher protests and extra-curricular activity cancellations.

It all comes down to one thing: the children. What will they lose next?



Letters to the editor

Re: Computer server fails Humber students and faculty (November 22, 2001 Front page)

I am writing in response to your article on the school network being down. The problem may appear to be fixed, but as I sit here in my dorm, it is hard to believe that the problem has been solved.

As a second-year Interactive Multimedia student living in residence for the second year, I have experienced and witnessed the multitude of problems that have occurred on our Humber server.

At the beginning of the fall semester 2000, I spent the majority of my time helping other students connect to the Internet. The T1 server had just been installed during the Summer of 2000 and was ready for student use. Little did we know that we were the beta testers for this new network.

Constant problems connecting to the Internet became a daily issue. In some cases, the Internet would crash on Friday night at 9 p.m. and would be out for the remainder of the weekend leaving some students stranded, without Internet, needing to complete research.

In mid-November 2000 the technicians had many of the bugs worked out, yet many rooms were still without access. By Christmas 2000, the Internet stabilized and the speed had increased. I remember watching CP24 streamed at 220K right onto my desktop. It was a very useful tool, and much faster than that of the 56K dial-up back at home in Guelph.

However, sometime between April and August of 2001, something happened to the Internet structure. When I returned in late August 2001, I was able to connect to the Net as soon as I booted my computer.

However, only 12 rooms away other students would suffer and be without Internet for weeks on end. When I first spoke to the Help Desk, they blamed it on viruses that were attacking the network. If that was true, then how did the Love-bug and other viruses manage to pass the network without infection?

To date I, along with most other residents in Humber Residence, can not access such communication services as ICQ, Hotmail and other Web sites. My success with logging on to Hotmail was surprising, however when I attempted to log on 10 minutes later, I received nothing but the main menu and network errors. It has come to the extreme of downgrading to MSN Messenger 3.6 from 4.5

But what does this all have to do with the network? The fact is the network is very slow! In some cases the network is slower than 56K! Why is it that other colleges and universities are not experiencing these problems?

Could it be that Humber College hired contract base workers to install the network? It is an embarrassment to say that I cannot check my e-mail on a network of a school that specializes in technology training.

Whether it be through providing more bandwidth, installing a T3 server or hiring professionals that understand the problems, something needs to be done! Whatever the case, it needs to be done! Humber students require the Internet. My question is, why did Humber technicians change the configurations if it worked? Humber College Help Desk is a joke. It is time that this department be restructured to meet the needs of Humber students, staff and residents. Yours truly,

Scott Hammond Webmaster of Resnet, Humber Residences Online Domain

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The industry of cool



Lauren Ferranti

I used to hide it, deny it, tried my best to disassociate myself from it.

I shop at the Gap. There, I've admitted it and it didn't feel so bad.

The blue and white logo has come to epitomize, for me, the height of unoriginality in fashion. They are the Ikea of clothing. Though I am confident in my creative sense of style, I

ys feel a stab of guilt when I walk

My repulsion toward the Gap, now waning, hit full force in the summer of 1999. That summer, the "Everyone in leather" ad campaign debuted, featuring models posing in soft brown trench coats. I would have liked to see something a tad more honest. Perhaps some rosy-cheeked models chasing farm animals through lush green fields, butcher knives in their manicured hands. They'd be smiling and laughing in the tall grass as the cows ran (as fast as cows can) with panic in their round watery eyes. Sadly enough for me and my morbid humour, none of the "Everyone in animal hide" ads featured bovine.

I'm not a member of PETA and I salivate at the sight and smell of red meat just like any warm-blooded carnivore. Call me a hypocrite, but the "everyone" campaign, an effort to make leather as common as everyday denim, gave me the chills.

I'm curious about the success of that '99 campaign. It must have been convincing enough since "Everyone in fleece" followed quickly on its heels, presenting the masses with a new dilemma: "is leather passé now that fleece is in fashion?"

If the Gap says that leather is the new denim, then so be it. Similarly, Oprah's glowing review of book A lands it on the best sellers list.

I like to compare the Gap's advertising to Oprah's book club. If the Gap says that leather is the new denim, then so be it. Similarly, Oprah's glowing review of book A lands it on the best sellers list. I wonder, if Oprah began eating shit as part of a new diet plan, would slightly pudgy North American career moms follow suit? I shudder just contemplating it.

Since its one-store inception in San Francisco in 1969, the Gap has become one of the world's most trusted endorsers of what constitutes "cool". One Gap, two Gap, three Gap, four... the 3,800 stores in the U.S., U.K., Canada, France, Japan and Germany along with \$13 billion in

revenue proves the point, not subtly either, that the Gap leads the way in the industry of cool.

The marketing strategy of sweeping a figurative, deity-like hand declaring that everyone should find themselves in a given fabric – and if they don't they should go out and buy some – has passed for the Gap.

Present day ad campaigns have shifted the proclamation of hip away from the Gap itself to the intent gaze of celebrities: Ray Liotta, Juliette Lewis, Matthew Broderick, Cate Capshaw, Erika Badu...just to name a few

The Gap's new celebrity ads are awfully effective; so bad, but so good. Their marketing campaigns don't infuriate me anymore – I must admit that they are rather ingenious. And what they do, they do well.

I suppose I shouldn't resent them for leading the impressionable and the fashionably uncreative with simple cookie-cutter solutions. They've certainly nailed their market, like any good brand does.

I don't want to explain the reasons I shop at the Gap – I tried and it came out sounding like a possible ad, minus the celebrity. That would be the literal equivalent of wearing a sweatshirt with big capital letters that spell G-A-P spread across my chest – free advertising for them at a \$38 cost.

I guess the difference between myself and a lot of loyal Gappers is that I don't rely on them to dictate cool to me.

I rely on myself for that. And that's as good an endorsement as any.

Let us eat our pizza and fries in peace... please



Jennifer March

Advertising: there is no escaping it. Sit down to watch your favourite show and you're immediately introduced to the world of commercials. Surf the Net and ads arise with every click of your mouse. Scan the morning paper to check out the latest news and you find them taking up as much room as stories. But it doesn't end there. Advertising has sunk to an all-time low.

One day after class I was relieved when I sat down to a good lunch and enjoyable conversation with a couple of friends. But sadly, within a few minutes we were interrupted by the high-pitched voice of a bubbly blonde, painted in make-up, and a fake smile. "Excuse me ladies, may I interest you in a terrific deal?" she said. The dreaded words forced all of our eyes to roll back.

I cannot even count the number of times I have been approached by attractive, over-friendly young people trying their very best to look truly interested in the product they must sell, when they are only interested in getting promoted out of the position they are presently in.

Salespersons for beauty salons and photography studios, targeting female students, seem to be the most common around campus. They try and make you feel like the 'chosen one' who is suddenly special enough to deserve their amazing deal. After being flattered for 15 minutes, you finally inform them that you can't afford it and they are quickly off to pursue their next victims.

Doesn't advertising take up enough of the little time that we have in our busy day? Don't people deserve a break? I truly believe that we are owed that right. Who wants to pull out her credit card and pay for an overpriced photo shoot while stuffing her mouth full of pizza and fries?

This form of solicitation is rude. It may be acceptable to approach people who seemingly aren't busy, but to interrupt someone eating their lunch is unacceptable. In fact, it's an absolute turn-off.

So here is a suggestion to all of those beauty salons, photography studios, etc., from an outsider's point of view. Respect all of those students you are desperately trying to sell to because they are potential customers. As soon as they become dissatisfied with your sales approach, your business develops a bad name. Those students are the very people who can quickly spread the word about your company. So be careful and think before you sell.



The bestowing of commuter commandments



Mar Fenech

What's wrong with people? Public transit is not a place to clip your nails! Riding the TTC used to be something I enjoyed doing. Now it's guaranteed to put me into a murderous mood.

There should be a Bus Bible, complete with a few Commandments:

Thou shalt not pick thy nose on the bus. Not only is it revolting, it's unhygienic. Where on earth do you plan to put the treasures you dig up?

Thou shalt not clip thy nails when on transit. This habit is equally

disgusting. The little nail clippings fly everywhere and land on people. Who can't wait until they get home to clip their nails? (Biting your nails is not exactly offensive; it just makes you look stupid.)

Respect thy fellow commuter and do not sing out of key or whistle. Nothing makes my skin crawl more than the sound of someone whistling on the bus. When a person starts to whistle on the bus – particularly if he is seated next to me, the one thing that gets me through the ride is envisioning his violent murder.

As far as the singing goes, we are a society that feeds on success stories of people like R&B sensation Toni Braxton, who was discovered while she was pumping gas and singing. Surrender the fantasy. Odds of you sitting next to a record company mogul are slim to none, and the odds of him thinking you have a nice voice are much slimmer.

When using a cell phone on the bus, do not force everyone to hear your conversation. Despite what Fido commercials tell you, not everyone cares what Sarah and Malcolm did in the back seat of a cab last night. Private conversations should be kept on the down low.

Thou shalt not pick thy nose on the bus.

Bathe before using public transit. Use some form of deodorant. Come on. Buses get crowded and it's bad enough that people are often pressed together like sardines – why make it worse by smelling like one?

Thou shalt not blast thy walkman so loudly that the bus driver hears it. People of all ages take the bus. I'm sure Grandma isn't partial to Eminem and his loving song, "Bitch."

Thou shalt not litter on the bus.

What kind of an example is that to set for young people? That whole "create a mess, create a job" mentality has

Control thy children. By no means should children be allowed to run up and down the aisle of a bus, or swing on the railings like monkeys. It's not cute

Keep in mind the seat next to you is not for your bags, most especially when there are people standing. Your belongings are not alive, so they should not get a seat. The eight-month pregnant woman who is standing needs it.

Staring is rude. Don't do it. Glaring makes people uncomfortable and self-conscious. Maybe you're staring because the person looks pretty damn good, or maybe you're staring because the person has Ranch salad dressing hanging off his chin. Whatever the reason, staring is usually interpreted as a challenge. Are you sure you want to challenge Mr. Salad

Dressing Face?

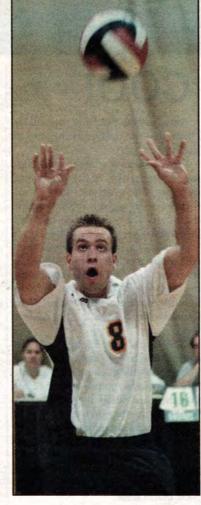
The irony of staring is that it can illustrate your annoyance. So when someone breaks one of the aforementioned commandments, glare at them. In this case, making the person self-conscious is good.

Eating is negotiable. Not everyone on the bus wants to smell your lunch, but there's really no harm in munching on a chocolate bar or sipping on a coffee – unless of course you slurp and chew with your mouth open.

Social grace on public transportation is not too much to ask. It's not the type of etiquette that requires you to know the functions of 18 different forks. Being gross is okay as long as it's confined to your own home. Commuters can't choose who gets on the bus with them. We're forced to endure each other's company. So, if you're infected with a contagious and festering cold...take a cab.









Diane Denby, Rosalind H







48 hours of freedom 3 of your closest friends 1 really wild horse







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Phill Felthan

Bryon Bolton speaks to fellow students about dealing with depression

Fighting blues

continued from page 1

He planned to party Thursday through Saturday, and then Sunday would be his last day alive. He wouldn't live to see Monday.

Bolton said when Sunday night came, he sat on his bed with a bottle of pills in his hand crying uncontrollably. Then by three in the morning, Bolton decided against it and sought help from his Resident Advisor.

"We talked for 3 or 4 hours," Bolton said. "He listened to me and actually cared about what I had to say."

Bolton said that night his RA took his pills and anything harmful from his room. The next morning, Bolton's RA arranged a meeting with another counsellor. Bolton thought this counsellor was incredible.

"For the first time, I actually thought I was getting somewhere with it and I really started to open up to her within a couple of weeks," he

By the end of the year, however, the anti-depressants were making Bolton feel worse. He hid its effects from his counsellor but advised her

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the pills weren't working.

Bolton said thoughts of suicide crept back into his head and to add to the stress his marks were dropping and his assignments continued to build up.

"I would go through the day and hope that a truck would roll into my lane and hit me head on," he said. "I wanted to be in the wrong place at the right time."

"I hoped for a day like that because it would stop anything that I'd have to worry about," he said.

Just before his exams in April, Bolton went out with his friends, but he left early to go home. When Bolton arrived home, he tried to kill himself.

"I started searching through my roommates' rooms searching for any pills that I could find," he said. "And once I had these pills, I didn't think about it, I just started taking them."

"It's kind of weird. I remember taking the pills and I remember sitting there, but I almost remember looking at myself sitting at the table seeing how sad I was taking the pills. My whole body was just sad."

Bolton said one of his roommates came back from the bar early. He saw Bolton taking the pills, and then it registered to Bolton just what it was he was doing. Bolton told his roommate to get the RA.

"He ended up rushing me to the hospital to get my stomach pumped," he said.

After this incident, Bolton continued see other counsellors, but he realized that he had to do something positive for himself.

Humber counsellor Liz Sokol said that there are not many cases of suicidal students at Humber, however, "it's important for students to realize that help is there when it's needed."

If you think you're depressed, you can contact Humber counsellor Liz Sokol at Extension 4743.

Courtesy codes for wedding fun

By CAROLYN BARRY Et Cetera Staff

There comes a point in life when it seems that all your friends are getting married.

Since you would be attending most of their weddings, here are some helpful hints you should know especially if you are a first timer.

Most of the etiquette begins with the arrival of the invitation. As a guest, you should be grateful that you have been invited.

"You should never ask to invite someone, although this depends on how well you know the couple. A good rule to follow is to see what is on the invitation. Also do not assume if you have kids that they are invited," said Gina Morrison, facilities coordinator at Cardinal Golf Course.

"You should also respond as soon as you get the invitation. It's just common courtesy so the bride and groom can get a good idea of who may be coming for seating and what not."

If you have a food allergy, it's best to call the reception hall yourself and let them know that you are attending a wedding on a particular date, who you are and what allergy you have.

"Everyone always assumes that either the bride or groom will remember," Morrison said.

Once at the wedding reception the guest should remember to "respect the bride and groom's wishes," said Anne-Marie Million, director of hospitality at Cardinal Golf Course.

"There was a wedding once where

the bride and groom had requested no smoking in the dining hall. A guest approached the bride and asked if there could be ashtrays since many people wanted to smoke and it would ruin her wedding if people had to keep getting up to go outside. Eventually the bride agreed, even though she didn't want it and it was her day."

Million added that if you are a guest, you should not ask questions regarding why the bride and groom have chosen certain things for the wedding.

"I think that it is really tacky and disrespectful when the bride and groom request not to have a bar and people go downstairs and get drinks anyway. Obviously they chose not to have a bar for a reason and half the time it is nothing financial," Million said.

Another important aspect is to put aside difficulties you may have with either the family or another guest.

"It's the bride and groom's day," Million said. "It's supposed to be happy and about them."

A good rule of thumb to remember is to treat others as you would want to be treated and to just have a good time

Helpful tips for first-timers

 Never ask to invite someone, nor should you just show up to a wedding uninvited

•For the ladies, never wear white or anything fancier than the bride does

•RSVP as soon as you get the invitation or at least by the due date. You should reply even if you are not attending.

•Call ahead to where the reception will be held if you or your guest has a food allergy.

•Show up on time at the church as well as at the reception. If you are going to be late, let the bride and groom know ahead of time if possible

•Never skip the receiving line i' there is one.

•A good idea is to buy a big gift and for each party/shower you are invited to divide the gift up. For example, if the couple asks for an entire silverware collection, at each party give a setting and by the wedding, the couple will end up with the entire collection and you'll end up saving money.

•Money is okay to give. It's a good idea to bring it to the reception. But if you have bigger presents, then you should give them prior to the wedding date so you don't inconvenience the bride and groom who will have to carry them away.

 While at the wedding, never get intoxicated, damage the facilities or steal the centrepiece. It'll get back to the bride and groom and reflect poorly on them.

•If you are giving a speech, make it an appropriate one about the bride or groom and not about yourself. If you are the ex of either the bride or groom, act diplomatically, and if you can't, then don't go.

Luscious lips now

By JILLIAN NESS Et Cetera Staff

Ever wanted the bee-stung lips of Angelina Jolie but not sure how to get them? Thanks to a new cosmetics company you can pucker up your smoocher hassel-free.

Naked Kiss, a line of lipglosses and lipsticks from south of the border not only gives your lips the colour and shine of a regular lip product, but helps to plump them up for a picture perfect pout.

"They went onto the market about three years ago as a high-end salon product," said Deanna Weir, president of DNA Distribution, the Canadian company who is helping launch the product across the country. "I worked co-operatively to bring the cosmetics to Canada because I had seen them at a trade show."

The products, named after famous

divas past and present, come in a variety of shades ranging from the tamest of pinks to the brightest of reds and have gained such celebrity fans as Cityline host Marilyn Denis.

"The products will be appearing on Cityline. Jean MacDonald [the beauty consultant for the show] owns Beauty Works and she absolutely loves them . . . Marilyn Denis thought they were a hoot and a half," said Weir, of Denis' reaction to the tingling sensation the gloss makes when it begins to work. "It's quite funny to see the reaction."

According to Weir, Naked Kiss products are unlike other glosses on the market, as it is the only line that starts working right away with its vitamin B6 compound working to bring a pout to your lips.

"It's the one product to date that has an active product to plump the lips. The only other products are soluable collagen and there's no scientific evidence that it physically dilates the lips," Weir said. "Ours are the only product with which you get instant gratification because the plumping act takes only 15 minutes. It's really an alternative to collagen, those sort of intrusive things . . . to make sure they [people considering cosmetic surgery] like a fuller lip before they do something permanent."

While Naked Kiss hopes to work on developing and expanding the line (lipliners and brow shaping kits are soon to be added to their catalogue), Weir said that among their goals is the desire to promote a natural change in appearance.

"[We're trying] to help women enhance their look without costly, intrusive surgery. We're trying to come up with things that keer women from hurting themselves."

Rooting for Canada

By ROO GUILHERME Et Cetera Staff

It's the fashion show that occurs every two years. But instead of skinny supermodels scurrying down the runway in skimpy size zero dresses, the stars of the show are the incredible athletes who've realized their ultimate dream of being an Olympian.

The icing on the cake for these athletes will be the free uniforms and travel wear that Roots Canada will be supplying the Canadian team for yet another Olympic Games in Salt Lake City this February.

The official outfitter of the Canadian Olympic Team has taken Union Station by storm with posters on subway routes and stations, plastering entire walls with advertise-

nts and athlete endorsements, and en tiling floors in huge letters saying ROOTS.

"We're really excited about the launch of this line. It's the biggest way we've ever approached it. We think the product speaks for itself and hopefully it'll be even more successful than our Olympic merchandise from before," said Karene Brown, manager of Roots in the Eaton's Department Store of the Toronto

The partnership between Roots and the Canadian Olympic Association, which was formed in 1997, is probably the most successful collaboration for the fashion company as they have recently expanded their Olympic line to include team wear for Olympic teams from the United States and Great Britain.

While reaction towards the agreement with the United States Olympic Association has been mixed, Amy Allison, a sales representative at Roots Central, feels that the clothing can help the public become more empathic with the current state of world affairs.

"The U.S. stuff is selling well. With everything that's happened, I'm sure people want to support the States. The Olympics are about peace and unity so it's kind of fitting to have several countries being outfitted by one company," she said.

The full line was launched Nov. 14 at Roots Central, the top store of 125 locations across the nation as they prepared their upper floor with mini Olympic torches and a platform where professional figure skater, Josée Chouinard, charmed the audience with a bilingual introduction, as the hostess of ceremonies.

"The Canadian team uniform is a real mark of our presence at the games," she said.

The choir from Mississauga Private School kicked off the ceremony by singing the national anthem in English and French.

The launches, which were held simultaneously at various stores across the country were directed by co-founders Don Green and Michael

"The Winter Olympics have always been special to Michael and I. The fact that we're a Canadian company, we love our winters, and are very involved in sports makes this a very fun project for us," Green said. "It was a big challenge. We feel that our design team came up really big.

It took us over three years working on this. Again we're very proud to outfit the quality individuals heading to the Games.'

Green said the inspiration for the new line was based in two things: the words of his friend and hockey legend Kevin Lowe - "if you look good you feel good, if you feel good you play great" - and outfitting athletes so that they'll have comfortable, functional uniforms that look great.

The athletes will be outfitted from head to toe in poor boy caps, hooded sweatshirts, fleece wear, vests, short and long sleeve t-shirts, tracksuits, scarves, toques featuring colors such as Winter White and Harvest Red. The Olympic Tuff Boot also has a maple leaf directly etched onto its sole. The highlight of the ensemble is the \$450 leather podium jacket. The jacket is vividly accented with the word "Canada" written across the

The launch included a celebrity fashion show featuring some of Canada's best athletes like skater Jennifer Robinson, curler George Karrys and skiers Brian and Karen Stemmel.

However Roots has not revealed the piece de resistance, as they've kept the outfit for the opening ceremonies under wraps.

With just over 60 days to go before the athletes march into the Rice-Eccles Olympic Stadium in Salt Lake City, Roots wants to wow Canadians



Roots unveiled its new Olympic line just in time for Christmas shopping

One of a Kind show gives gift of love



ar and spice and everything nice - candles at the One of a Kind show

By KELLIE LEWARS Et Cetera Staff

Everyone from hot young guys to sweet grandmothers comes to find the perfect gift for loved ones at the One of A Kind Christmas show which opened Nov. 22 at the National Trade Centre.

The show lives up to its given title of the "biggest showcase of Canadian craft creativity and workmanship" with over 750 artists, artisans, craftspeople and designers. Gilbert Estephan, the event's director of exhibitor relations, explained how the show began in 1974.

The two owners were Steven Levy and Martin Rumack who have continued the tradition for 27 years.

"The first notion was to bring Canadian art to the public," Estephan

They succeeded, with over 100 visual art exhibitors, as well as the Globe and Mail's public gallery.

The annual visitor count at the show usually numbers around 150,000, but this year events at the National Trade Center have shown record-breaking attendance - pointedly after the Sept. 11 tragedy.

home and the feel of the show is warm," said Cara Ferguson, a spokesperson for the show.

This year's theme is "Gifts of Love" and with the variety of work from brightly-coloured ceramic kitchen ware to gothic dolls, from handmade leather wallets to skillfully stylized water colours or from aromatherapy candles to rustic birdhouses there is sure to be a one-of-akind gift for a loved one.

For Rose Demello and Angeline Mohammed this year marks the fifth time they've visited the show. Demello makes scrapbooks and Mohammed quilts and crochets.

"We get ideas we use for ourselves sometimes," Demello said.

While visitors roam the exhibits, the artists sit with their work and happily chat about it.

"People like to come back and see you're there," said artist Micheline Montgomery.

Montgomery paints and creates unique works like "Angel at My Table" where a bright yellow toddlersized angel stands hugging a table's

The press event guest speaker,

"People are sticking closer to Karen von Hahn, showed a variety of work and spoke of the rising interest in crafts.

> "The reason they are becoming more popular is because there is an emotional need to connect with things that are handmade and have some warmth. There is a sort of emotional resonance of human work, of the human hand," she said.

> New show additions include the Rising Stars and Body and Soul area.

> The Body and Soul area is where visitors can relax amid 14 exhibits which focus on stress-relievers and body products. Rising Stars has works produced by exhibitors with less than three years of experience professionally.

> This allows visitors to see what the future of the arts and crafts industry will look like.

> "A lot of products are truly out of this world. There are really unusual ceramic sculptures," Estephan said.

> The show will run until Dec. 2 and then move on to Chicago. The One of A Kind Spring show opens March 27, 2002.

Entertainmentetc.-

A Swank-y good time with Hilary

Oscar winning actress, Hilary Swank, sat down with reporters to discuss her upcoming movie The Affair of the Necklace

By CAROLYN BARRY Et Cetera Staff

As she adds cream and sugar to her coffee, Hilary Swank begins to talk about her new role as Jeanne De La Motte-Valois, a brilliant con-artist who some say ruined the entire French monarchy in the 18th century.

She takes a sip of coffee and makes herself comfortable in the classic wood chair in the makeshift pressroom where she is staying to promote her new movie, *Affair of the Necklace*, in Toronto.

Swank, a young-up-and-coming actress, began her career on stage. "I started my career in theatre, local repertoire theatre, but it was theatre none the less."

She quickly made her way to the big screen with roles in *The Next Karate Kid* and *Buffy the Vampire Slayer*.

Her big break came with the role of the gender-confused woman, Teena Brandon. Swank portrayed the young woman who lived convicingly

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in real life as a male. The role won Swank the 1999 Golden Globe and the Academy Award for best actress.

She was given the script for Affair of the Necklace before she won the Golden Globe and thought that it would be fun to play.

"She was a wonderfully strong, driven, determined, courageous and naive woman and we hardly find these characters nowadays, let alone in a period piece," Swank said.

"Stories like that (the affair) happening in that day and age show so much about the human character because you think about the scandalous stories these days.... We had it 200 years ago and we will have it 200 years from now."

Shyer, director of such films as Private Benjamin, Baby Boom, Father of the Bride and Father of the Bride II, was drawn to the story of Motte-Valois because of the "saga element and this girl's search for her identity and that it could have had humour and that it couldn't and that it could be a dramatic movie with intrigue. All that magical stuff that takes you away, puts you in another world."

The story behind the necklace is that it was custom made for the mistress of King Louis XV and contained 2,800 carats in 647 diamonds. It was so expensive that no royal court in Europe could afford to purchase it.

The King died before the piece was finished and his mistress was banished from court.

The jewelers tried to sell the piece to Louis XVI's wife, Queen Marie Antoinette, who flatly refused.

When the jewelers faced bankruptcy, they began to look for other ways to approach Antoinette in a







Carolyn Barry

Hilary Swank visited Toronto recently to promote her upcoming film Affair of the Necklace, opening Nov. 30.

more discreet manner, which is where Motte-Valois came into play. It was thought that Motte-Valois was part of Antoinette's inner circle.

Motte-Valois's middleman, Cardinal Louis de Rohan, believed that Antoinette desired the necklace. Motte-Valois explained that Antoinette wanted him to front the money for the piece of art in order to keep the purchase a secret from the public.

He was convinced and hooked completely when Motte-Valois suggested that Marie Anoinette might repay him with the covert position of prime minister. Motte-Valois' plan all along was to keep the necklace and sell the diamond in order to buy back her stolen honour.

The necklace in the movie does not resemble the real one.

"That was the faintness of it. We actually had the real deal. It was just too garish. It was too large. It just

wasn't pretty, so Milene Canonero had asked to redesign the necklace to be more relatable to a 21st century audience," Shyer said.

Although there are some big time actors in *Affair of the Necklace* such as Christopher Walken, Jonathan Pryce, Simon Baker, and Joely Richardson, the budget was still relatively low.

"This movie wasn't a big budget. It wasn't as small as Boys Don't Cry. That was under \$2 million. This movie was \$22 million and for a period piece that's usually the budget for the costume.

"I think what was the greatest about doing this movie is that you have all these people involved because they love the story. No one getting a pay day," Swank said.

"The collaboration that you have with the crew and the other actors and the director is wonderful."

Swank leaves the room for yet another interview of the day. She will be in Toronto for the press screening of *Affair of the Necklace*, playing just up the street at the Varsity Theatre.

Once that's over, Swank will leave for her home in New York, which she shares with her husband, actor Chad Lowe, formerly of the television show *Life Goes On*.

Swank will be seen next in *Insomnia*, starring Al Pacino and Robin Williams.

Top Rentals

The following are the top rentals for the week ending Sunday, Nov. 25 courtesy of Rogers Video.

DVD

- 1. Planet of the Apes
- 2. Tomb Raider
- 3. How The Grinch Stole Christmas
- 4. America's Sweethearts
- 5. Swordfish
- 6. Legally Blonde
- 7. Shrek
- 8. The Animal
- 9. Osmosis Jones
- 10. Bridget Jones's Diary

Video

- 1. Planet of the Apes
- 2. How the Grinch Stole Christmas
- 3. America's Sweethearts
- 4. Tomb Raider
- 5. Legally Blonde
- 6. Shrek7. Swordfish
- 8. The Animal
- 9. Bridget Jones's Diary
- 10. Osmosis Jones

Creed's new album all but weathered

Music Review

By MELANIE THOMPSON Et Cetera Staff

Good things seem to come in groups of three for Creed. Weathered, their much anticipated third album, hit music stores last Tuesday after being written by lead singer Scott Stapp and guitarist Mark Tremonti in just three weeks.

The former quartet is now down to three members after bass player Brian Marshall left because of personal and professional differences in August 2000.

The group decided not to replace Marshall and carried on, displaying their strong abilities as singers, songwriters and musicians.

The album kicks off with Creed's usual high energy and anger at the world's inequality in Bullets. Freedom Fighter reveals Stapp's religious roots, with his angst-filled voice screaming, "I'm just a freedom fighter, no remorse, raging on in holy war."

A softer side of Creed is revealed in their first-ever acoustic song, appropriately entitled Lullaby.

This reflects Stapp's soft spot for children. He is a new father and the

founder of the With Arms Wide Open Foundation, which funds children's services that ensure strong parentchild relationships.

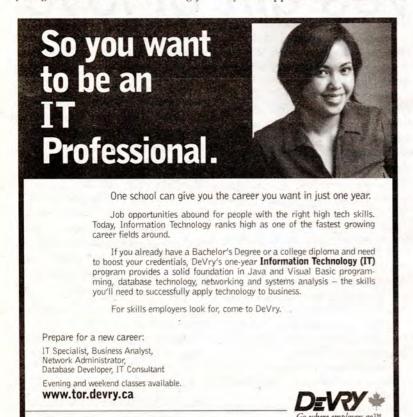
Stapp gets some help with back up vocals from his sister Amie in Don't Stop Dancing, an inspirational song about children believing in themselves.

My Sacrifice has been on the charts for six weeks and is already closing in on the number one spot, sitting at number five on the Billboard Modern Rock Tracks and at number 22 on the Billboard Hot 100 Chart. Those who listen carefully will hear a couple of Led Zeppelin-like guitar riffs mixed in near the end of the track.

Similar to Higher, their previous hit, My Sacrifice is an infectious song that you just have to turn up and sing along with.

Weathered was created in the same mould as Creed's two previous albums, with the usual perfect mix of hard, head banging rock and lighter tracks. The group continues their theme of writing about being lost in this world, believing in and finding yourself.

I give this album a four out of five rating. True Creed fans will not be disappointed.



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woman's choice Life after

By MELISSA MILNES Et Cetera Staff

With the introduction of the FC Female Condom, manufactured by Mayer, men aren't the only ones with the choice of whether or not to use a condom.

The FC, introduced in Canada in 1994, is the only female condom licensed in this country, said Jamie Slater, co-ordinator for communications for the health promotions program at Planned Parenthood in Toronto.

"Although the condom is fairly young to Canada, many women say at it works just as well as a male ndom.

Annie Johnson of Thornhill has used the female condom and has no complaints.

"It was really obvious, with the ring hanging outside and all, but hey, it beats getting pregnant," she said.

The FC has two rings on either side of the condom.

The inner ring is used for insertion and to keep the condom in place inside the vagina.

According to the FC's Web site, the outer ring, or open-end ring, covers the opening of the vagina. Included in the package are insertion instructions, three condoms and lubricant.

Slater said one of the biggest advantages is that the condom is made from polyurethane plastic, so women who are allergic to latex have nothing to worry about.

Polyurethane is also stronger than latex, but is not drastically thicker.

Slater added that the female condom might be more effective than a latex condom because it covers part of the labia minor, protecting it against

With a male condom, the ring extends only to the end of the shaft, not covering the testes or surround-

On a relationship note, Slater said, "When the condom issue gets brought up, one partner may feel threatened or uneasy. With the female condom, the male doesn't have to worry about condom usage because the female has it covered."

However, like everything else, the FC has disadvantages. The main disadvantage is the cost.

According to Slater, the condom is roughly \$15 for a package of three. Also, because the condom doesn't stretch to fit the shape of a man's penis as a latex condom does, the FC makes noise during intercourse.

"At first there was no noise, but as it started to dry up a bit, then we started to hear it," Johnson said.

The FC is available at drug stores across Canada, but may be known as the Reality Condom because the name was changed from Reality to FC in September of this year.



Women no longer have to rely on the male condom to prevent pregnancy

Benefits of eating plants

By MELISSA MILNES Et Cetera Staff

ing a vegetarian can make it difficult and uncomfortable to eat out at restaurants.

Even at popular restaurants like the Keg, vegetarians are limited to the same old pasta dish with a side of steamed vegetables.

According to Sharon Gottlieb, a registered dietitian based in Thornhill, "Those who stop eating meat may be on the road to a healthier lifestyle."

The good news is that as the number of vegetarians rises, restaurants are adding vegetarian dishes to their

Joan Olsen, head chef of Citron restaurant in Toronto, agreed that more people are requesting vegetarian alternatives.

"Early in the week, I had a table of entele and half of them were vegetarian. At least with our menu, vegetarians aren't stuck with pasta or potatoes and veggies."

Citron offers a wide variety of vegetarian dishes, like Indian curried tomato and chickpea stew with pota-

Humber College's cafeteria, the Pipe, also offers many different selections for vegetarians.

Grains and Greens offer the same dish daily, pasta with your choice of carrots or a side salad, for only \$3.25. Vegetarians can also eat at the salad bar or for more commercial foods, Mr. Sub or Pizza Pizza are available.

Vegetarians show a higher level of white blood cells, which attack cancer-causing cells, according to Paul from the Physicians Committee for Responsible Medicine

PCRM is a non-profit organization located in Washington and was founded by 200,000 medical person-

Wilton added that eating a plantbased diet and making lifestyle changes (quitting smoking and increased exercise) could reverse hardening of the arteries.

There are many benefits to a vegetarian diet, such as preventing cancer,



The Pipe offers vegetarian meals from Pizza Pizza, Mr. Sub and Grains and Greens, a fully stocked salad bar is also a healthy option

People who eat a lot of meat increase their risk of kidney disease and stones, cancer and osteoporosis, according to Kathleen Farley, office manager for the Toronto Vegetarian Association (TVA).

Wilton added that colon cancer is directly linked to meat.

Farley said TVA's position on vegetarianism is "whether you eat a vegetarian or non-vegetarian diet, the key to getting all your nutrients is to include a wide variety of foods, as no one food source is nutritionally complete by itself."

Cyndi Paterson stopped eating meat more than 10 years ago.

"At first, I didn't eat properly, so I wasn't that healthy. But now that I've learned how to get all the nutrients I need, I feel great."

If you are thinking of becoming a vegetarian, here are some pointers:

- Do your research.
- Explore different cuisines.
- Aim to eat a variety of different foods.
- · Contact the Toronto Vegetarian Association for information. They can provide meal ideas, fact sheets containing information on nutrients needed to be a healthy vegetarian, and they can recommend other books on vegetarianism.

By MELISSA MILNES Et Cetera Staff

If you have ever lost someone close to you, then you know how painful his or her abscence can be. Coping with the death of a loved one can be hard, yet there are ways to get through it.

A year after her aunt died, Sandy Seymour, a second-year Seneca College student, said that although it was hard at first, she learned to cope with the pain and carry on with her life.

"It was more a shock than anything because it was so sudden. No one was expecting it," she said.

Registered nurse, Judith Gruchawka, said there are six possible grief stages a person might experience after a loss of a loved one.

The stages are emotional disturbance, shock and denial, anger, guilt/blame, sadness/depression and then eventually acceptance.

Seymour said she experienced most of the stages, but not in any particular order. Carl Brown, the chaplain for men-

tal health at St. Joseph's Hospital, said everyone deals with grief differently.

"That's why sometimes you will see someone laughing at a funeral. It's a way for the body to release itself from the grief," he said.

Tina Mortson, office manager for Marshall Funeral Homes in Richmond Hill, said she doesn't see people laughing during the funeral, but "usually during the making of arrangements someone will start laughing."

It's suggested to have an open casket at a funeral, Brown added, because it allows people to accept that a person is gone.

If you know someone who has recently experienced the loss of a loved one, there are ways you can

Start by listening. Let the person know that you are there for them if they feel the need to talk.

Seymour said that her friends didn't know what to say after her aunt

"What can you say? All you can say is, 'I'm sorry'," she said.

Mortson added that although the funeral home does not offer advice to people, they provide information on grief seminars.

Brown said that you must allow the person to go through the grieving process and not to be surprised if the grieving person thinks he sees the deceased.

"When I was in my 20s, a friend of mine passed away. One day when I was at school, I saw a girl that looked exactly like her from behind. Even though I knew she was gone, I still had to go and see for sure," Brown

He also said to "remember the person who died in a pleasant way. Reorganize your mind so you keep the memories, but add the acceptance that the person is gone."

Biz/Techetc.

CIBC making it Printing in Colour harder to Interac By JEFF LIM "There's one (the C40-UX) for \$79, leading. Look in consumer magazines

By KAREN THADANI Et Cetera Staff

One financial institution has made a decision that will put money in its pocket by taking it right out of yours.

The Canadian Imperial Bank of Commerce has introduced a new fee to non-CIBC customers who use its instant teller machines.

The bank will gradually be introducing a new fee of \$1 to \$1.50 to customers who use its automated banking machines. The surcharge began in mid-November and will be implemented in the next two months in the close to 1,800 non-branch bank machines.

"The increase in fees is essential," said Joe Hiem, spokesperson for CIBC. "There is competition and to be successful and avoid potential takeover (of the non-ABM machines), we have to implement the change."

The change will only affect non-CIBC customers except for clients of Amicus Bank (President's Choice Financial).

However, the CIBC offers some incentives for students.

The CIBC offers an Advantage Everyday banking account for students, which gives students discounted transaction fees on transactions.

In order to maintain student status, you must prove your full time enrolment every 12 months.

So far, none of the other big five banks have said they will be following CIBC's plan to introduce the added fee.

"Consumers have a choice to do their transactions where they want," Hiem said. They will be told that there is an additional fee if they carry on their transaction...it is ultimately up to the customer to decide where he/she wants to do their banking. They can decline."

Last week, the CIBC announced that they will be cutting over 2,000 jobs because of the recent economic slowdown. The company's fourth quarter earnings dropped 27 per cent.

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Karen Thadani

CIBC has 1,800 ATM's in Toronto

The recent layoffs came days before their acquisition of Merrill Lynch Canada Inc.

The bank will pay between \$475 and \$650 million to acquire the com-

Merrill Lynch provides mutual funds, security services and equities to consumers.

Et Cetera Staff

The cost of inkjet printers has gone down substantially in the last few years, making it easier for consumers to get high quality, multi-functional printers for use at home.

All-in-one printers are doing tasks that normally required a number of machines a few years ago and are only slightly larger than regular inkjet

Jayesh Prajapati, an employee at Future Shop, said all-in-one printers give customers more for their money.

"If you buy a scanner and printers, it costs much more," Prajapati said. "The all-in-ones are a better value. They can scan, photocopy, and fax along with printing."

There are plenty of all-in-ones available in varying price ranges.

The Lexmark X73 is the lowest priced all-in-one at \$229. Canon has the Multipass F50 that sells for \$799, while Hewlett-Packard has the PSC 950 which is compatible with flash memory cards, with a price of \$629.

The main difference in each machine is the number of pages per minute each can do.

The Epson Stylus C40-UX is the lowest priced inkjet printer.

and it's photo quality as well," Prajapati said.

Arthur Serwaczak, computer department manager at Himber College's Bookstore, said his best-selling printer was the HP Deskjet 840, which has now been replaced by the HP 845. It cost just under \$200.

"It's the combination of competitive price and performance. HP is very reliable," Serwaczak said.

When looking at buying a printer, the cost of the ink cartridges should be taken with a grain of salt according to Serwaczak.

"Never look at the price of the ink cartridges because they can be misand find out the cost-per-page of each

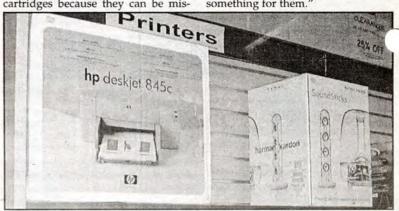
With the increase in inkjet printer sales, the demand for laser printers

"Laser printer sales have gone down because they cannot do photo printing," Prajapati said.

Prajapati said students looking to buy a printer should have no trouble finding something that will fit their needs.

"The quality and price of inkjet printers is excellent right now.

"If the student needs it for graphics, or photos, or just printing there's something for them."



A decent inkjet colour printer can range anywhere from \$100 to \$250

Caught in a Web

By VICTOR PENNEY Et Cetera Staff

There's a movie out in theatres right now called Shallow Hal. It's about a guy named Hal who has difficulties seeing the inner beauty of women he meets

But let's face it, we can all be a little shallow from time to time. Here are a couple of places on line where you can explore your own depths of superficiality.

At www.hotornot.com, you'll get your chance to rate the appearance of thousands of Internet surfers on a scale of one to 10.

The site lets you decide whether you want to judge men or women, but pictures sometimes of both sexes occasionally slip in unexpectedly.

You can even put your own picture on the site if you think you're up for it. Once registered, you can even contact some of the pretty - or not so pretty - faces you'll find on the site through e-mail.

However, if you want to join, you'll have to register first, and they'll only accept your pictures if they've already been previously posted on a Web site.

There lies one of the problems

with this site. Not every Web surfing guy and gal has the capabilities to put their picture on a Web site.

You also can't be completely sure if the people are sending in pictures of themselves or their friends.

You don't have to become a member of the site if you just want to browse through the different pictures one at a time and rate them, and if you go there, you may even find a Humber student or two.

I give this site three and a half globes out of five.

Another shallow site on the Web is www.angelfire.com/md/thedepths/.

This is an anti-Britney Spears site where the pop star is trashed more times than an angry mule can kick someone in the head.

There are a number of different sections to choose from including Britney's Boob Job Exposed, Distorted Pictures of Britney and a whole page devoted to potential operations Spears had done to her-

The site's co-ordinator also posts hate mail she receives from angry visitors to the site. You can leave a message too if you're shallow enough to waste your time with this site.

I give this Web site two globes out of a possible five.

Canadians putting the dot back in ca Web domains

By SHELL BUJOLD Et Cetera Staff

When registering your Web site under a dot-com tag, it isn't always easy to find the name you want.

The lesser known dot-ca may be the way to go.

Between \$20 and \$40 a year buys a Web site with a Canadian tag attached to it, which can give the site owner a lot more protection than they

"If you want to protect your name, then go ahead," said Gabriel Ahad, media relations representative at the Canadian Internet Registration

If problems occur during the reign of a Web site the Canadian courts deal with the problems, whereas with a dot-com site, problems are taken to the United States - this is a process which can take a long time and a lot

Ahad said there are many benefits with going Canadian, one being to show off a person or company's patriotism. "Dot-ca means Canada.

Canadians want to deal with Canadian businesses, and you are presenting yourself as a Canadian," Ahad said.

People were not always allowed to register under the Canadian dot-ca until a year ago.

Prior to then, only companies who

were federally incorporated had the rights to the tag.

But the rules have changed, due to the impracticality of only allowing companies to register, and now the only stipulation is to be living in Canada.

"You've got to be in Canada some way, shape, or form," Ahaa said. "Or the web address will be

With over 275,000 Canadians registered, the dot-ca domain is becoming a part of Canadian culture.

But for some, they're not convinced that the dot-ca will give them the coverage they need if they ever want to open a business.

"I'd go dot-ca just so that it's recognizable as being Canadian," said Kevin du Manoir, a second year science student at Queens University.

"But if it were a big company type thing though, I'd go with dot-com, just so that it would be easier to remember."

With less people registered under the dot-ca as compared to the 24-million dot-com users, anyone can pretty much register what they want.

So go ahead and register that name that was impossible to get before.

A whole new world of Internet action and usage has officially opened up to consumers and business organizations as well.

Women's volleyball team send Sting back to hive

By AMANDA DA PONTE Et Cetera Staff

The winning streak continued for the women's volleyball team Thursday as they stung Seneca with a three-set victory.

The extra conditioning after last Tuesday's game versus Centennial seemed to help the Hawks remain focused on winning as they did not allow Seneca to hold a lead very often during the game.

"That conditioning definitely helped us," said captain Jennifer

gar. "Tonight we just played as a ream and had good communication. We had goals and we set those goals in all the games, like limiting how much they get each game."

The Hawks have yet to give up a set as they have a perfect 9-0 record on the year so far.

Against Seneca, Humber took the lead in all three sets.

The first set saw the Hawks go

up 5-0 before the Sting were able to up winning 24-13. Hawks' power get their first point, despite Humber's best efforts to keep Seneca scoreless.

The Hawks were not as dominant in the middle set as they were in the first as Seneca would come back from a two-point deficit (5-3) to take a 7-6 lead.

The set then went point-for-point until Humber made it 9-7 and would never relinquish it finishing the set 24-20 victors.

A close second set score did not rattle the Hawks' concentration as they once again dominated.

With Humber up 10-1, Seneca scored the next two points. That would be all the Hawks allowed for a while as they would go on a threepoint run before the Sting would get their next point, making it 13-4

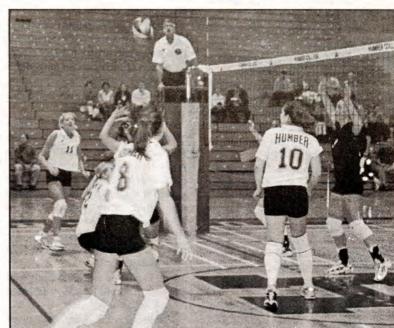
As the Hawks were up by a score of 24-12, they failed to get the finishing point on Seneca, but ended Alexandra Romano said a victory over the Sting was significant.

"We're going to see these guys during the year and we might even meet them in the playoffs," Romano said. "Showing them right now that we were dominant made us look powerful."

Edgar agrees with Romano saying that every win, no matter the opponent, is important to the team.

"A win always puts us ahead of the team (opponent) and makes them aware of who we are and what we're about and we're the dominating team and we want to come out and win," Edgar said.

The Hawks' next tour of duty will be a three-game road trip, which will see them battle the Boreal Vipéres on Friday night, rivals Cambrian Golden Shield Saturday afternoon and the Sheridan Bruins Dec.6.



The Humber Hawks women's volleyball squad renewed their rivalry with crosstown foe Seneca Sting Nov.22. Humber travels to Sudbury Nov.30

Seneca swarmed by men's volleyball Hawks

By CHRISTINA WIENECKE Et Cetera Staff

The Humber Hawks men's volleyball team extracted more than just honey from the Seneca Sting as they won the best out of five match last Thursday.

Although the Hawks won (23-25, 28-26, 25-23, 19-25, 17-15), the rallying of points continued and they gave up a six-point lead in the fifth set.

"We led strong at points and then we let up and allowed the other team to get back in the game," said head coach Wayne Wilkins.

However, the Hawks have been improving on their play and trying to minimize their mistakes.

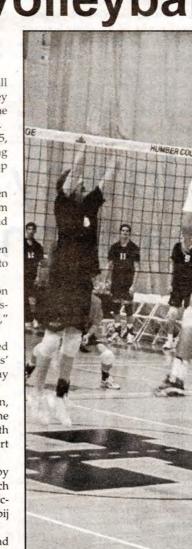
"We've been really working on passing and trying to keep the mistakes on the other side of the court," Wilkins said.

Last week's game also displayed an improvement on the Hawks' blocking, as they stuffed their way past the Sting.

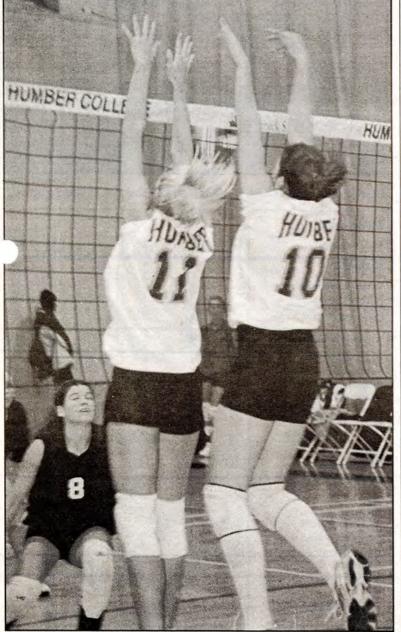
Newly-appointed Hawk captain, Bart Babij, who played a solid game for Humber, said he was content with the tight victory and the heart showed by his teammates.

"In the fifth game, we were up by six points. It should've ended much quicker, but we came out with a victory and that's all that matters," Babij said.

The Hawks hit the road and head north to Sudbury this weekend. Humber looks to skin the Boreal Vipéres and break through Cambrian Golden Shield.



Humber Hawk men's volleyball captain Bart Babij (10) goes up for the spike against Seneca with his teammate Sucha Randhawa (7) looking on



Hawks, Amanda McGhie (11) and Carrie Moffat (10) go up for a double am block against the Sting. Humber won the contest in three sets

Hawks continue to roll on

By MARC MacDONALD Et Cetera Staff

The Humber Hawks men's basketball team are on a roll, heading into a game that will be a measurement of where they stand as a contender for the provincial championship. In the last week the Hawks have beaten Seneca, Centennial and George Brown, getting off to a good start early in the 2001-2002 season.

On Tuesday, the Hawks traveled to Seneca to take on the Sting. The Hawks led for most of the game, but turned over the lead on a couple of occasions. Although the game may not have been a cinch, the Hawks pulled out a win, beating the Sting 85-73. Humber pulled ahead to an eight point lead when Fitzroy Woolery sank three free throws, after being fouled on a three-point attempt, making the score 20-12. Humber maintained a comfortable lead for most of the first half, but the Sting made a late charge, bombing threes, taking a 43-41 lead into halftime.

Humber rebounded in the second half, making up some ground and regaining the lead after some strong. play in the post. Ben Sanders and Dejvis Begaj scored several baskets, staking Humber to a 10 point lead. Once again Seneca battled back on the strength of its three-point shooting, to take a 65-64 lead with five minutes to go in the second half.

Humber would have none of that, as they executed with precision on offence in the clutch, putting away the Sting.

Humber Athletic Director Doug Fox said he was happy that the team regained and kept the lead in the game.

"It's a young team and it's great to get that win. You can't always be perfect in games, but when you win it's a

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lot better," Fox said.

In Humber's game against Centennial, the Hawks fell behind early, trailing by a score of 7-3 two minutes into the game. Coach Mike Katz went to his bench early, getting some of the lesser-used players some playing time.

"I had to get some of these guys some playing time. It's tough for guys relegated to the bench to stay sharp. I'm showing these guys that I have confidence in what they can do. If they execute like they do in practice they'll be fine," Katz said.

Kurt Beckford, a rookie from North Albion Collegiate Institute, was hot early on, coming off the bench to score five quick points. Humber went ahead 22-16 after he drained a three. They closed out the half when point guard Haldon Hutchinson dished to another rookie, Eric Gelman, for a lay up at the buzzer. The Hawks took a 34-24 lead to the locker room.

The Hawks maintained their lead in the second half and they finished with a 73-60 road victory.

Humber met George Brown at home, on Wednesday Nov. 21, in what was a league game, but also part of the ongoing Raptors Cup.

Once again, Humber started off slowly, but was able to win easily, by a score of 93-81. The game was plagued with foul calls by officials that drew the ire of Humber players Sanders and Begaj, as well as coach Katz, who were all assessed technical fouls during the contest. Woolery earned player of the game honours, which was highlighted by a couple of dunks that drew the fans in attendance out of their seats.

Toronto Raptors public address announcer Herbie Kuhn was on hand, handling the duties for the Humber game. He says he has enjoyed the chance to watch both the local universities and colleges battle it out in the Raptors Cup and likes what he has seen from the Hawks.

"It's a really exciting tournament. It gives these schools a chance to showcase their talent. Humber looks pretty good, a little sloppy maybe, but Mike (Katz) is such a good coach, you know he'll improve that. I think they'll be one of the top teams again," said Kuhn.

Woolery, one of the few veterans on this young team, said he was glad that Humber was able to bounce back from a lopsided loss to the Guelph Gryphons.

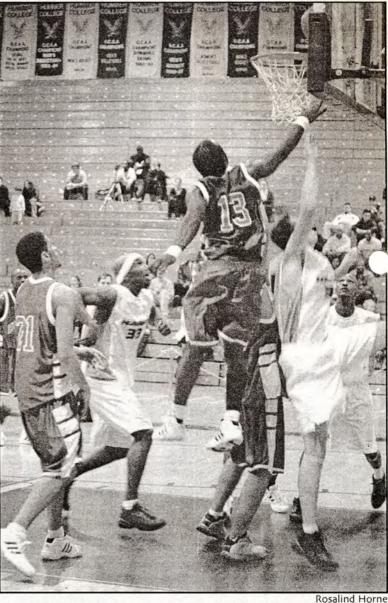
"It was definitely a tough loss for us. Personally I didn't play in the game, but I still feel for the guys. Tonight's game means something to us. Guelph didn't hurt us in the standings but tonight helps us in the season and the Raptors Cup," said Woolery who missed the exhibition game in Guelph, due to illness.

One of Humber's stiffest tests of the season will come Saturday when they host the number one ranked team in the nation, rival Sheridan Bruins. Humber defeated the Bruins in last year's national championships, on Humber's home floor. No doubt the Oakville school will be ready for this game but so will the Hawks players, many of whom are new to the team and didn't experience last year's title run. Third year guard Curtis Francis may be new to the team but having played the last two seasons at Niagara College, he says he knows what is at stake in the game, but is very happy with the team's start.

"The Sheridan game is definitely going to be one of the biggest games of the year for us, but we're excited to be off to such a good start," Francis

Bruins will be sandwiched between games from the 23rd annual Humber College/Nike boys high school basketball classic, which will feature six-

The Hawks match up against the teen of the premier basketball programs in Toronto. Tournament action kicks off today at 4 p.m. Humber plays at 7 p.m. on Saturday.



Hawks to face their OCAA rivals, top ranked Sheridan Bruins Saturday

Hockey hawks sports cafe) back on track

By JOHN-PAUL McNALLY Et Cetera Staff

The Humber Hawks hockey team is back in winning form this week after beating the Sir Sandford Fleming Knights 4-2.

After suffering its first loss of the season against the Conestoga Condors last week, Humber raised its head and took home the victory against the Knights. The Hawks have a 3-1 record so far this year as they prepare to face the St. Clair Saints this weekend.

Humber only took eight penalties throughout the game and improved upon last week's undisciplined and disorganized play. The Hawks took the lead early on with Jamie Chikoski scoring just three minutes into the first.

The undisciplined play looked as

if it would hamper the Hawks throughout the first as Humber took five of its eight penalties while the Knights took only three.

As the second period began all doubts went away as the Hawks added another goal and took only one penalty by goaltender John Foglia late in the period. Humber entered the third period with a comfortable 2-0 lead.

The third saw both teams notch two goals apiece, with Hawks forward Bill Young scoring both scoring markers. Although Fleming press late in the third with the game 3-2, the Hawks managed to hang on to the lead and take home the win.

The Hawks next challenge is this weekend when the Hawks travel to Windsor to take on the St. Clair Saints, who beat them only a few weeks ago in the Peter Maybury Cup

| Basketball | 1 | | | | | |
|-------------------------------------|-----|-----|-----|----|----|-----|
| Men's-Central | GP | W | L | T | D | PTC |
| Humber Hawks | 4 | 4 | 0 | 0 | 0 | -8 |
| Sheridan Bruins | 2 | 2 | 0 | 0 | 0 | 4 |
| Geroge BrownHuskies | 4 | 2 | 2 | 0 | 0 | 4 |
| Seneca Sting Mohawk Mountaineers | 3 | 1 | 2 3 | 0 | 0 | 2 |
| Centinnial Colts | 3 | 0 | 3 | 0 | 0 | 3 |
| Women's-Central | GP | W | L | T | D | PTS |
| Seneca Sting | 4 | 4 | 0 | 0 | 0 | 8 |
| Durham Lords | 1 | 1 | 0 | 0 | 0 | 2 |
| Humber Hawks | 3 | - 2 | 1 | 0 | 0 | 4 |
| Georgian Grizzlies | 2 | 1 | 1 | 0 | 0 | 2 2 |
| Algonquin Thunder | 4 | 1 | 3 | 0 | 0 | |
| Loyalist Lancers | 4 | 0 | 4 | 0 | 0 | 0 |
| George Brown Huskies | 4 | 0 | 4 | 0 | 0 | 0 |
| Volleyball | | 2 2 | | - | | |
| Men's-Central | MP | MW | ML | GW | GL | PTS |
| Seneca Sting | 8 | 7 | 1 | 23 | 3 | 14 |
| Sheridan Bruins | 5 | 3 | 2 | 10 | 8 | - 6 |
| Humber Hawks | - 3 | 2 | 1 | 8 | 5 | 4 |
| Georgian Grizzlies | 5 | 2 | 3 | 6 | 10 | 4 |
| CambrianGolden Shield | 4 | 1 | 3 | 3 | 9 | 2 |
| Boreal Vipéres | 5 | 0 | 5 | 0 | 15 | 0 |
| Women's Central | MP | MW | ML | GW | GL | PTS |
| CambrianGolden Shield | 4 | 4 | 0 | 12 | 0 | 8 |
| Humber Hawks | 3 | 3 | 0 | 9 | 0 | 6 |
| Sheridan Bruins | 4 | 3 | 1 | 9 | 8 | 6 |
| Seneca Sting | 6 | 3 | 3 | 9 | 10 | 6 |
| Georgian Grizzlies | 4 | 1 | 3 | 4 | 9 | 2 |
| Centinnial Colts | 3 | 0 | 3 | 2 | 9 | |
| Boreal Vipéres | 4 | 0 | 4 | 3 | 12 | v |

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Seneca hands Lady Hawks Thoroldian first defeat of new season chips in wi

By CHERYL CLARKE Et Cetera Staff

The Humber Hawks women's basketball team finally lost to an Ontario rival Wednesday night, with the Seneca Sting beating them 63-56.

It was the first time the Hawks lost to a team from this province in over a year, but coach Denise Perrier didn't let it get to her.

"You don't win a championship in November. It is good to be humbled. The girls know what it is like to lose now. They know they don't like it," Perrier said.

For the first 10 minutes of the game it looked like Humber would walk away with another easy win. But it turned out to be a frustrating ame for the Hawks, whose play flip pped between inspired and sloppy.

The Hawks came out strong and moved the ball well. They got on the scoreboard early, with the aggressive play of Miranda Pyette, who was Humber's most consistent player in the game. Lindsay Higgs and Brenda Chambers also chipped in on the offensive attack.

The Hawks started out with good defence as well. Humber stole rebounds from the Sting and boxed them out of the key.

But around midway through the first half the Hawks intensity started to waiver and when the Hawks were inconsistent the Sting capitalized. The game became a tug-o-war. Seneca would bring the game within one. They headed into the second half

with the Hawks leading 36-32.

The Hawks normally excel in the second half, but minutes into the half, Seneca had the score within one point. Soon after, Seneca took over the lead and the Hawks never caught up.

"We started the game off with intensity. Things started to go wrong in the second half. In the last eight to nine minutes of the game we had a mental breakdown. We missed layups and turned over the ball in key moments of the game," Perrier said.



Cheryl Clarke

Inconsistent play plagued Hawks in their first loss of the season

The Hawks' Brenda Chambers was not dissuaded by the loss and is confident that the next time Humber and Seneca meet the outcome will be different.

"It was a tough loss because we were so psyched for the game, but they are not going to take another game from us. Forget about it. It won't happen."

It was a far different fate for the Hawks in their last match up. The Hawks took to home court for the first time in the regular season exactly a week before and beat the George Brown Huskies 70-48.

The score was close for the first five minutes of the game, but after that Humber ran away with the game. A pretty play incited an offensive attack, Pyette intercepted a Huskies pass in the defensive zone, tossed the ball up court to Lindsay Higgs, who made a spinning pass to Elaine Morrison, who finished it up with a lay-up for two points.

Pyette and Morrison continued their offensive effort, and by the end of the first half the Hawks were up a comfortable 38-20.

Humber continued to dominate the game in the second half and the Huskies never came within 15 points.

"The girls played a strong second half. You can tell they are in good condition because they don't tire easily. They just kept working away," Perrier said.

Morrison and Pyette tallied 18 points a piece in the game. Morrison was also named player of the game.

Thoroldian chips in with her two cents



Cheryl Clarke

Le Roy abdicates

Team Canada is in a state of emergency after Patrick Roy took himself out of the race to be Canada's Olympic goaltender. Roy wants to focus on the Avalanche who have nosedived from being the NHL's best to the NHL's most under achieving team. Who wants to bet Roy's plans include a call to Peter Forsberg?

A Grizzly sight

Ever seen a Grizzly in Memphis? No, well neither has anyone in Memphis. Vancouver's former NBA team was moved to the city of tacky music and tassels to increase attendance. But the attendance has only gone down and the Grizzlies are a dismal 2 and 12.

Grey bashing

The Calgary Stampeders beat the Winnipeg Blue Bombers in the Grey Cup last weekend, and the whole country said, "There's still a Grey Cup?"

Flutie flakey

Poor Doug Flutie, it seems like the little quarterback that could ... well ... can't. After being traded from the Buffalo Bills, Flutie led the San Diego Chargers to a 5-2 record. Now that record stands at 5 and 6. Buffalo Bills' management can give themselves a big pat on the back, right after they change Rob Johnson's bedpan.

Rob Gonesoon?

Speaking of Rob Johnson he may be looking for a job soon. Replacement quarterback Alex Van Pelt threw for more than 300 yards in the Bills' game against the Miami Dolphins in a 34-27 loss. On second thought maybe Bills' management won't be changing that bedpan.

Tis the season for giving (Part one)

Manchester United's goalkeeper Fabian Barthez can cross Arsenal striker Thierry Henry off his Christmas list. The two apparently took a liking to each other while playing for France in the World Cup, so much so, that Barthez gift wrapped and coughed up the ball twice to Henry in their last meeting and was scored on both times. Arsenal went on to win 3-1.

Tis the season for giving (Part two)

Someone forgot to tell John Emmons that Jonas Hoglund wasn't actually traded to the Boston Bruins. He seemed rather convinced of it Saturday night when he handed Hoglund a sweet pass for the insurance goal that beat a confused Byron Dafoe.

Mario makes off with their money Pittsburgh Penguins' season ticket holders are thrilled they spent thousands of dollars to not see Mario Lemieux play. After all, why would they be upset that the Magnificent One and Jaromir Jagr have been replaced by the likes of Kris Beech and Josef Melichar? Who? My point

It wasn't me, it wasn't me

exactly.

In yet another case of athletes mysteriously getting illegal drugs in their system, Jacksonville Jaguars receiver Jimmy Smith tested positive for cocaine use earlier this month. Smith said he doesn't know how the drug got into his system. His coach, Tom Coughlin, says he believes Smith and will help him fight the allegations with league officials right after he finishes his letter to Santa Claus.

Space now limited on Raptors' bandwagon

By JAMES TONE Et Cetera Staff

For as long as anyone can remember, it's been very difficult to get a ticket to see the Toronto Maple Leafs play at home.

Now the popularity of the Toronto Raptors is set to rival that of their corporate sibling.

"We expect to sell out over 35 games this year," said Chris Gibbs, director of service for Maple Leaf Sports and Entertainment, parent company of the Raptors.

That number, a conservative one in Gibbs' estimation, would smash the franchise record 27 sellouts the team had last season.

"We've sold 4,000 new season tickets this year," Gibbs said.

The 4,000 new season tickets represent the biggest increase in Raptors' history. Raptors season tickets run from \$17 to \$500 a game for the 41 game home season.

The Raptors are now third in the entire NBA with around 15,000 season ticket holders.

And this was a team that many INBA observers, as recently as last sea-

son, thought was headed down the same path of extinction that led to the relocation of the Vancouver Grizzlies.

The Raptors' ticket sales indicate that this team and this game do incite fanatical support among the community

What has accounted for such a tremendous leap in the team's selling power? Two words: Vince Carter.

In the off season, Vince Carter decided to re-sign with the team for seven years for approximately \$90 million.

Carter's commitment to the team has been the driving force behind the increased ticket sales because he appeals to the youth demographic that matters most for NBA teams.

"It's exciting to see the tickets take off, especially among the youth and students," Gibbs said, noting that more students are buying season tickets than ever before.

"I will definitely be getting season tickets next year after I graduate," said Steven Bernard, a 22-year-old fan who goes to U of T.

The interest of young fans promises a good future for the franchise.

"I love basketball," Bernard said.
"When they put out a winning prod-

uct, I will definitely pay for basket-ball."

Gibbs said the team has really caught on with fans.

"We've got a fantastic team, it's great value, awesome entertainment, and people are just starting to realize that," Gibbs said.

Another indication of the popularity of Raptors tickets is the brisk business scalpers are doing at games.

The Vince Carter Charity All-Star Game in the summer was an exhibition showcase, however, it became a hot ticket because fans wanted to show their appreciation to Carter for staying in Toronto for the long term.

As a result, the cheapest ticket available from a scalper was \$100, approximately 10 times what the ticket was worth.

For the Washington Wizards preseason game when Michael Jordan made his return to Toronto, single tickets were selling for as much as \$200, even after the game was already into the second quarter.

The Raptors are as popular as they have ever been and their tickets are well on the way to becoming as desired as those of their blue and white siblings.

Athletes of the week



Jennifer Edgar

Jennifer was a top performer in the womens volleyball team's three set victory over Seneca.

 Edgar led by example with her enthusiasm and intensity. She had key digs and saves while also contributing key points on her serve.



Sucha Randhawa

'Bobby' was named player of the game in the mens volleyball team's five set victory over the Seneca Sting.

Randhawa, a veteran on the squad, hopes to lead the Hawks to victory against the College Boreal Vipéres this weekend.

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