

Bird counting event teaches mindfulness and apprecation of nature on page 7.



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Fifty years of Ontario community colleges

Hiba Traboulsi

NEWS REPORTER

Humber College kicked off a yearlong celebration of its 50th anniversary yesterday with Steve Paikin, an award-winning journalist, documentary producer and author.

Since 2006, Paikin has been the host and the senior editor for TVO's current affairs program, The Agenda. He came to Lakeshore campus to speak about his latest book, *Bill Davis: National Builder, and Not So Bland After All*.As Ontario education minister, Davis headed the creation of the province's network of community colleges in 1967. Humber President and CEO, Chris Whitaker, took the stage to welcome Paikin and reflect on the 50th anniversary.

"It is a great year of celebration. It's a time to reflect on all the wonderful things that we've done over the years, the contributions we've made to students, to learning, to our communities and the incredible contributions and success stories of our many grads," Whitaker said.

"It's fitting that we're here on the Lakeshore campus as we have our 50th anniversary event because Humber's very first location was on Lakeshore Boulevard, south of Etobicoke."

Approximately 215,000 students have graduated from Humber since the school first opened its doors in 1967, including Paikin, who received an honorary degree from Humber in 2011.

In introducing his latest book, Paikin began by sharing the highlights of Davis' career as well as his profound influence on the development of the educational system.



HIBA TRABOULSI

Humber President and CEO Chris Whitaker (left) and Board of Governors chair Brien Gray (right) presented TVO host Steve Paikin (centre) with archival photo of former Ontario Premier Bill Davis, who created Ontario's community college system 50 years ago while Minister of Education.

"There was no real indication at the beginning of this man's life that great glory and destiny were awaiting him but in fact, that's what happened," he said, alluding to Davis's wife's death, who he had four children with, which deeply discouraged him from continuing his life in politics.

"He ended up marrying Kathleen MacKay, who eventually saved his life," Paikin said.

Davis was only 29-years-old when he ran for office in 1959. He won his first election by a narrow 44 votes out of 4,000 delegates. In 1962, Davis was appointed to Premier John Robart's cabinet as the Minster of Education.

"Bill Davis went all over Ontario and opened three schools every day during the 60s. Ten per cent of people went on to university back then, and for everybody else, it was up to grade 13 and then getting a job.

"OISE was created under Bill David's watch, as well as the (Ontario) Science Centre for kids in Toronto and TVO," Paikin added.

Davis was also committed to public transportation, blocking the controversial Spadina expressway which remains stopped as Allen Road at Eglinton Avenue; Paiken calls him the "green Tory."

"When Bill Davis went back to the polls in 1975 to renew his mandate (as premier), he was lucky to come back as a minority governor," Paikin said, as 10 days before his election day, he was behind by 10 points.

CONT'D ON PG. 5

Public Safety issues warning after two students assaulted in Arboretum

Linda Huynh

HUMBER NEWS

A red and white safety alert posted at entrances across Humber College North campus is alerting the community to two separate incidents involving a robbery and assault that occurred Thursday in the Arboretum.

Two male students were robbed and assaulted off campus approximately a minute apart. Rob Kilfoyle, Director of Public Safety and Emergency Management, says the incidents happened on the bridge in the Arboretum behind the college's residence.

Kilfoyle says the first student was walking across the bridge when he

was approached by five male suspects who allegedly assaulted and then robbed him of his wallet. Moments later the group then ran after a second student who had been walking a few metres behind, and witnessed the initial assault. After a brief altercation, the suspects took off towards a residential area.

Both students were taken to the medical center where their injuries weren't considered serious. "Although not seriously harmed, I'm sure they are both emotionally shaken up," Kilfoyle said. Following this the two students reported the incident to Public Safety where they then contacted Toronto Police. The investigation is ongoing.

While this is the second security notice posted around campus since the school year has begun, it's nothing new for current students and alumni.

"The first thing they told me when I moved into res my first year was to never walk the Arb alone at night," said Brittani Morrison, a Fitness and Health graduate of the college. Morrison lives in student housing off campus and said she feels uneasy in the neighbourhood compared to her home in Windsor.

Last November a man was shot and killed at Alba Place, a five-minute walk away from Morrison's house. "I was walking to my boyfriend's house at the time where a police officer asked me to turn around because it was not safe," Morrison said.

She didn't find out until later that the shooting occurred and a suspect was loose and armed. "It didn't hit me until I was home but this police officer literally let me walk home alone at night with some guy loose with a shotgun," Morrison said.

Alex Taalman also says he has felt unsafe around campus. Currently in his second year in residence, the second-year Sports Management student says he always has that feeling in the back of his head that he's not safe in the Arboretum.

"I feel like it's risky. There is definitely that fear of walking through the Arb and not feeling safe. Many people are always warning you about what could happen in there and now those precautions need to be taken while walking through," he said. Taalman uses the Arboretum paths at least once every week because of the convenience since it's faster to walk through to get to the Woodbine Mall.

Public Safety offers students 24-hour resources including campus walk, emergency code blue phones across campus, 24-hour security patrols, Humber Alert emergency notifications and the Humber Guardian app.

Public Safety is asking anyone with information about Thursday's incidents to contact police at 416-808-2222.

Youth can't tell real news from fake

Irina Kouchnir

NEWS REPORTER

Every day, countless stories emerge online that contain misleading or false information.

What began as an insidious trend of knowingly or unknowingly publishing false news, however, has been described by experts as a larger predatory market where information is carelessly scooped up and republished, circulating virally and globally.

Prominent examples of click-bait headlines last year include, "Obama Signs Executive Order Banning The Pledge of Allegiance in Schools Nationwide", or "Florida man dies in meth-lab explosion after lighting farts on fire." A recent study conducted by Stanford University found that the majority of young people were unable to tell the difference between fabricated and authentic stories, making them particularly vulnerable to fake news.

The study asked more than 7,800 students from middle school, high school and college to evaluate the information presented in tweets and articles. Several exercises were used to test the students' ability to identify fake news. The researchers were "shocked" by how many students failed to effectively spot fake news. When it came to news tweets, many students failed to check the source. Rather, the amount of detail contained in the tweet was used to determine credibility. The more detail,

the more credible.

The study concluded that "young people's ability to reason about the information on the Internet can be summed up in one word: bleak".

"If I'm intrigued by the story I will check other sources and ask if my friends if they've heard of the story too," said Humber Accounting student Tyler Santaguida.

Astoria Dawson studies Emergency Telecommunications and says she attempts to verify the authenticity of her news by looking for "professional appearance" while "paying attention to detail".

However, the Stanford Study also found that a professional appearance and photographs easily convinced some students that a site was neutral and accurate.

"Ever since the World Wide Web became available for anyone to easily publish information, there have been concerns about how this would affect the public's ability to filter and judge the information they receive as compared to the traditional information channels (newspapers, television, radio) they had previously relied upon for information," says Humber's librarian, Adam Weissengruber.

Weissengruber suggests using the CRAP (Currency, Reliability, Authority, Purpose) test when attempting to critically evaluate online information.

"Using the CRAP method is the best way for anyone to try and better understand the information they consume," Weissengruber said.

The approach calls for such ques-

tions as:

- -- Who are/is the author(s)?
- -- Do they have an obvious bias for a certain side of an issue?
- -- On the technical side, is the website a traditional .com address or is it a personal blogging platform?
- -- Who is advertising on the website? Are there traditional established organizations placing ads or are there more questionable advertisers like products with outrageous health claims?

With the problem of fake news apparently intensifying, the solution seems to lie in providing students with the media literacy skills they need to evaluate sources.

Tunnels at Lakeshore grounds open for art tour of past

Lucia Yglesias

NEWS REPORTER

Inspired by the history of the former Lakeshore Psychiatric Hospital, Ontario painters Gary Blundell and Victoria Ward recover the essence of what Humber College's Lakeshore Campus was in the 19 centuries in a 24-piece collection, Secrets of An Ever Changing Landscape.

"We liked the fact that grounds were transformed dramatically over the past 100 years. Time and transformation are something we play with all the time, and the word 'lunatic' is an evolving idea," said Ward, regarding one of her pieces called 'Luna.'

Luna refers to how the term lunatic was derived from a belief that the moon affected a person's mental state. But it has long been use in a derogatory sense.



LUCIA YGLESIAS

Tunnel system at Humber Lakeshore campus has been transformed into an art venue for pieces inspired by history of former psychiatric hospital.

Secrets of an Ever Changing Landscape was launched Feb. 25 in a popup art show, and for the first time, in the tunnels that run underneath the Lakeshore campus.

The collection includes pastel

drawings, acrylic paintings on wood, and photographs inspired by the ex-Mimico Branch Asylum and surroundings.

"Gary and Victoria's collection was particularly interesting for this because it was inspired so directly, not only by the changing landscape but by the structure," said Jennifer Bazar, curator at the Lakeshore Ground Interpretive Centre. "The tunnels were a big part of it. You can see in their collection how many pieces of the tunnels are featured."

Moved by the history and the untold stories from the previous Mimico Branch Asylum, Blundell said he felt a connection to the remnants of the tunnels built by patients and how the college structure is today.

"There were people who worked down here, but that time is gone, so the tunnels are kind of a metaphor for me on a transition of time and how things are changing. How this is not that place anymore but there are these bits of it still hanging around reminding us how this came about in the first place," said Blundell.

The pieces were created for a Take Over Instagram Project done during September and October 2016, and they are still available as a digital exhibit in Lakeshore Grounds website.

"Connecting all those pieces together and then using this historical and inspired art project in a historic space is really powerful," said Bazar.

Behind the Bricks: Recovering the Stories of the Lakeshore Psychiatric Hospital explores and invites the community to help collect the history of the Hospital, and Through A Lens, Brightly is a photographic wildlife exhibition by Nancy Barrett. Both projects are currently available on the Student Welcome and Resource Centre.

Humber library grows its databases, reduces books as digital change leads

Michael Piccoli

NEWS REPORTER

The advancement of modern technology has reduced the need for physical copies of books, which leaves Humber College's library with a lot of free space.

Notably, there are other options than going to the library and borrowing a book for an assignment.

Jumana Nuri, a post-graduate Project Management student, explained that she frequently visits the library and has not borrowed a book during her time at Humber.

"My first instinct when I get an assignment would be to go to one of the databases for research. I wouldn't even think to rent a book," said Jumama, adding that she does enjoy the spacious environment and electronic resources of the library.

Libraries have progressed rapidly

with regard to the way students can use them.

Alexandra Ross, a Liaison Humber librarian, listed some statistics that can explain the current state of the college's library.

During the calendar year of 2015, students at the North campus borrowed 17,874 print materials. In the 2016 calendar year, that number decreased to 13,158. This significant decrease is likely to continue as time progresses.

Ross said the decrease may be because of electronic books. In the 2015/2016 academic year, just over 53,090 e-books were borrowed across the three campuses.

The library increasingly purchases more e-books, while print books are not purchased as frequently, she added.

The library's biggest asset today is its store of electronic resources. In the previous academic year, there were

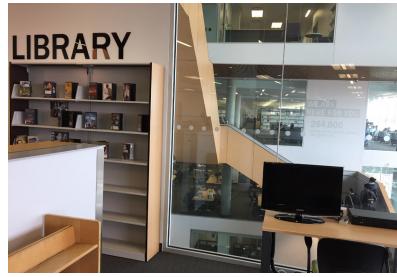
405,589 database searches among the three campuses at Humber.

Humber is now looking to buy fewer books, which allows more open space the library would use for study areas.

There are benefits and disadvantages with the development of the library. Some of the advantages include the accessibility of E-resources where students can work from the comfort of their own home at any time of day.

Ross said E-resources allow academics to speak to one another and share information with students.

A disadvantage of databases can be the formatting of the web page. Sometimes, files may not be fully downloadable and students may be stuck with only an abstract or a single chapter. E-resources tend to be costly, which may influence Humber not to buy a particular database.



MICHAEL PICCOLI

 $\label{prop:limit} \mbox{Humber library is seeing less borrowing of printed materials each year.}$

Although E-resources may be confusing for some to use, Humber staff members are available in the library to help students in need. There is also a feature where students can get help from their home by texting and chatting with online support.

Compared to the past, students today have the upper hand in terms of Adam Weissengruber, a Humber librarian, noted E-resources will continue to evolve. The number of physical books will decrease and it is possible that students may have no need to actually enter their school

library, he worries.

accessibility to electronic information.

War correspondent reports on battle front

Jeffrey Kofman won an Emmy for his coverage of the Arab Spring uprising

Jane Burke NEWS REPORTER

Media studies students filled a Humber North campus lecture room Tuesday to hear from Jeffrey Kofman, a seasoned foreign correspondent for ABC News and co-founder of the speech-to-text start-up Trint. Kofman delivered a lecture full of real world truths about overseas journalism. He framed these lessons by sharing stories about his correspondence work during the Arab Spring, coverage that won the former Toronto-based CBC journalist an Emmy. Speaking to aspiring journalists, said he was going to be blunt.

"This is a kind of uncensored view of what network television at the highest level of America is, under insurmountable pressure - what you see on TV is the tip of the iceberg" said Kofman to start the event.

Step by step, Kofman described his experience leading up to the fall of Libyan leader Muammar Gaddafi. Using that as a backdrop, he took students through some of the challenges that foreign correspondents face, from drivers abandoning their teams in danger zones, to witnessing a man get shot in the neck and die in front of you.

"You just have to get it done" said Kofman, while recalling an

New baking lab widens door to culinary studies

Genia Kuypers

LIFE REPORTER

About a dozen students, faculty and staff were given a grand tour of the new culinary bake lab at North campus and were served delicious baked goods prepared using the facilities. Humber's culinary school has always been a sought-after program having to cap enrollment. With the new space in D building, the facility is going to allow a higher enrolment rate than ever before.

The facilities officially opened to students on Jan. 3, but as Joe Kumar, coordinator of the Baking and Pastry Management program, said, "the project has been 30 years in the making. We're just so excited to finally have it up and running."

"This really raises the bar to prepare our students in the baking and pastry industry," said Kristy Adams, program coordinator for the Hospitality and Tourism Operations Management.

The new bake lab has large glass windows where students and teachers can pass by and see the pastries created. There are multiple rooms with state-of-the-art freezers, clean



Former Toronto-based CBC journalist Jeffrey Kofman spoke to Journalism students at Humber College North campus on Tuesday, when he discussed his foreign correspondence work in Tunisia, Libya and Iraq.

evening when he had to use a car battery to write and submit a story to ABC's New York office. On this particular night, he and his team had no power and were locked out of the only hotel in town while travelling through Tunisia. According to Kofman, these situations are where most of the work lies: "90 percent of journalism in conflict zones is logistics" he said.

Yet the sacrifice that comes with being a foreign correspondent is sometimes heaviest for loved ones left at home

"The truth is, I left my will on my desk" said Kofman. While working as a correspondent in Iraq, Kofman was told his mother didn't sleep for most of his assignment. Despite Kofman's vivid picture of the danger of working in con-

flict zones, students in the audience weren't discouraged. "I loved it" said Kit Kolbegger, a first year student in the advanced diploma program. "It was super motivating and informative, I've wanted to do this since I

But Kofman had a warning for new journalists seeking a big break and entering conflict zones as freelancers: "Don't go. People go, without some of the training I've had and they take big risks. Your career is not worth dying for." Kofman also raised concerns about the state of news right now, suggesting changes in consumption habits due to social media have impacted the news room in negative ways.

"In news rooms you can't do the why (any more). It's just surface, black and white, but the world is grey." Newsroom changes are part of the reason Kofman chose to leave the journalism spotlight. "Being in a war zone and when they tell you they don't have room in a newscast because Kim Kardashian has been arrested is quite soul destroying." Still, to a room of eager media students, Kofman offered some encouragement on the future of the industry: "One of the interesting things that future journalists will face is that you're being asked to do a lot of things at once. It's a new world, but it was a new world for those who came after the guys covering the Vietnam war in the 60's."



GENIA KUYPERS

up areas, and large industry standard equipment.

For now, the facilities are just available for the culinary, hospitality and nutrition students; however, Kumar said that "in the future we'll be able to do cooking classes for stu dents outside of the programs."

Susan Somerville, Dean of Hospitality, Recreation and Tourism, was amongst the crowd taking in the excitement.

'We're very happy and excited, being able to bring in more students and allowing them to learn everything from large quantity cooking to intricate truffles is amazing," said



GENIA KUYPERS

LCBO recalls double-strength vodka which was mislabelled

Tyler Hehn

HUMBER NEWS

An Ontario produced vodka was yanked off LCBO shelves today because the alcohol content was double the strength cited on the label.

The Canadian Food Inspection Agency recalled Georgian Bay Vodka as defectively manufactured at 81 per cent alcohol by volume.

That made the alcohol content twice as strong as the LCBO label stated.

The award-winning liquor was prematurely sent for distribution before it could be properly distilled causing the alcohol content to be much higher than Canadian regulations allow.

The label on the recalled Georgian Bay Vodka says the contents were 40 per cent alcohol per volume, less than half the actual strength.



LCBO media relations co-ordinator Christine Bujold says that undiluted vodka is safe to drink, but the potential danger is in this mislabelling.

"If somebody is consuming that product thinking it is 40 per cent, when really it is 80 per cent, then that is where the danger occurs,"

A Humber student said she would be upset with this news had she bought the vodka and later learned of the recall.

"What if I had drank this? What if I put myself in a position where I drank it and something happened to me?" said Kamille Hylton, a student in Emergency Telecommunications.

The recall was triggered after a customer returned the vodka to an LCBO store which lead to further testing.

"Shouldn't it have been tested?" said Hylton. "Aren't there protocols before they ship something and package the stuff and send it out?"

The LCBO has a Quality Assurance Overview video boasting a slogan of quality, safety and innovation. Bujold said incidents like this happen rarely, averaging one every

Concordia University's Muslim community threatened

Three campus buildings evacuated after bomb threat received

Aron Anthonymuttu Humber News

A 47-year-old man has been arrested in connection to terrorist threats targeting Concordia University's Muslim community.

A suspect was arrested early Thursday morning, with Montreal police saying it's too early to dictate what charges he will face.

Concordia University is back to its regular scheduled classes after police made a step towards identifying the perpetrator(s) behind a threatening letter sent to several media outlets and the school.

Concordia University's spokesperson, Christine Mota, said the students and staff at the school were stunned by the news but despite that, they kept moving forward.

"Today if you were to walk on our campus, you'd never know we were closed this time yesterday," Mota said.

Hannah Korbee, an English literature and creative writing student from the school, said that the campus evacuation initially lead to confusion among many students.

She said three separate emails were sent to students: the first advis-

ing students to evacuate the premises; the second detailing the letter sent to media outlets and schools and the third thanking people for their cooperation and letting students know the school was reopened.

"For some reason I think because the school kept e-mailing people, they were trying to put people at ease even though it was a very serious thing happening," said Korbee.

The threatening letter detailed in the mass e-mail was sent by "the underground C4 chapter at Concordia University to all Muslim students."

C4 stands for Conservative Council of Citizens of Canada, a group alleging to be the Canadian chapter of an American white nationalist group. The CBC later reported that the group signing off on the threatening letter has no association with the American far-right organization.

The threat comes at the same time as Muslim Awareness Week at Concordia hosted by the Muslim Students' Association.

Mota said she was with the MSA earlier in the day, where they continued their events on the campus after the school's decision to resume classes.

A letter sent to the school was also released to several media outlets as a 'warning' from the Council of Conservative Citizens of Canada. The warning detailed plans to detonate 'small artisanal amateur explosive devices' that they planted in two separate building of the downtown campus.

Since Donald Trump has been elected into office, an apparent surge in hate crimes has been quite noticeable throughout North America.

This week alone, three separate Canadian universities, including Concordia, have had to deal with acts of hate surrounding their campus.

Yesterday, Ryerson University fired teaching assistant, Ayman Elkasrawy, after allegedly making anti-Semitic comments during an off-campus prayer meeting.

In a statement, Ryerson's president, Mohamed Lachemi, reaffirmed that Elkasrawy's actions did not reflect the core values of the school.

"We understand how something of this nature can impact the climate for our Jewish students and our Jewish community. We continue to be committed to broadening education and awareness of anti-Semitism and we remain actively engaged in addressing any anti-Semitism in our community. We do not, and will not, condone any actions that are counter to our core values of equity, diversity and inclusion."



GUILHEM VELLUT FROM PARIS, FRANC

York University's campus also faced an incident of anti-Semitism on their campus this week.

Toronto police have been inves-

tigating an incident on the school's campus where drawings of swasti-kas were found on the chalkboard of a classroom.

International African Inventors Museum highlights achievements in celebration of Black History Month

Reid Goodison

ARTS REPORTER

Humber's North Space Gallery hosted the many exhibits of a travelling museum held to round out Humber's celebration of Black History Month.

Curated and run by Francis Jeffers, the International African Inventors Museum (IAIM) features the achievements in technological innovation of persons of African descent from around the world.

"Our history of African people is always told post-slavery. The level of oppression that took place after slavery does not reflect our total existence," says Jeffers.

By bringing in elements of the whole history of Africans, Jeffers hopes he can show youth the importance of reviving a seldom-taught cultural heritage, and why acknowledging and embracing African identity is part of empowerment.

"I am not a black Canadian. I am an African-Canadian. There's not much logic in somebody identifying themselves as being black. You have to relate to a landmass," says Jeffers.

The Black Inventions Museum was founded in 1988 by Lady Sala S. Shabazz. Jeffers acquired the organization in 2001, and looked to expand its focus to include all inventors of African descent across

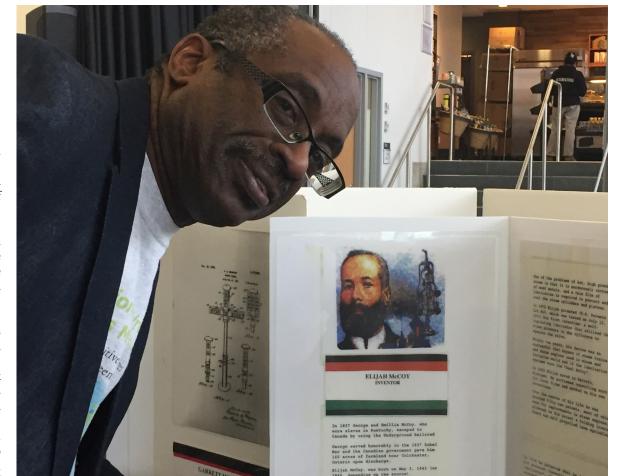
the world

The project was expanded again in 2008 to be the Canadian Multicultural Inventors Museum, and include exhibits of the inventions of other underrepresented groups.

Part of Jeffers' larger organization, the Canadian Multicultural Inventors Museum helps to inspire change by educating people on the accomplishments of East Asian and South Asian Canadians, and Indigenous persons.

The Learning Resource Commons at Humber's North campus exhibited many inventors during Black History Month, including blood bank and transport pioneer Dr. Charles Drew, cataract surgeon Dr. Patricia Bath who developed the cataract Laserphaco Probe, and Elijah McCoy, who held 51 patents that helped to streamline the railroad and steam engine (and is one possible origin of the saying 'the real McCoy').

Jeffers has made it his mission to educate members of margin-alized communities to help them make positive changes in the way they view themselves. He founded the Visions of Science Network for Learning in 1991, to engage students in the sciences, given that less than one per cent of African youth pursued the sciences. Jeffers says that the African principle of sanko-



REID GOODISON

Francis Jeffers is curator for the International African Inventors Museum. Mobile museum was founded in 1988 to teach about innovative contributions through history from people of African descent

fa, "which means that you look back in order to go forward," is a guiding philosophy toward empowering African youth.

It is really up to the students as to what they take away from history and exhibitions like IAIM. "Nobody can empower you," says Jeffers. "People can assist you, they can give you some resources - but fundamentally, you have to empower yourself"

Empowerment is only one step in achieving the ultimate goal of IAIM and its parent, CMIM. By studying history, Jeffers says that change is a

very real possibility.

"We have to change the conversation in the classroom, so that everybody gets educated about what you're doing, and you understand the struggles that people go through, and how to relate to it on a human level."

Premier Wynne to drop hydro rates by 17 per cent

Jimmy Kakish

HUMBER NEWS

Ontarians will be seeing relief from high hydro bills following a decade of steadily increasing rates and the Liberals' steady decline in approval

Ontario Premier Kathleen Wynne announced a new plan Thursday morning that will reduce hydro rates by about 17 per cent on the average bill.

That's on top of the eight per cent reduction announced at the beginning of the year, making rates drop by a total of 25 per cent on average.

Wynne said the rate relief strategy-which will kick in this summer-is built to last.

The Premier said when rates decrease, they will remain at a low rate for at least four years. However, the change won't come without a cost.

Wynne will be re-financing existing power-generating contracts, which will cost the government \$2.5 billion over the next three years.

"Over time, it will cost a bit more. That's true. And it will take longer to pay off. That's also true. But it is fair..." said Wynne.

"The burden will now be shared more evenly and more appropriately," she added.

At a press conference at Queen's Park, Wynne acknowledged that the government's approaches to hydro management included "mistakes."

Wynne said that incentives first implemented to vitalize green energy production were "too generous" and



CANADIAN PRESS/FRANK GUNN

Ontario Premier Kathleen Wynne introduces a \$2.5 billion plan to reduce hydro costs at Queen's Park on March 1.

that asking one generation of hydro users to bear the full cost of electrical infrastructure was also a mistake.

"For 30 years we're going to be paying off these Liberal mistakes thanks to the Green Energy Act and it's just completely unacceptable," Ontario PC energy critic Todd Smith told reporters.

"Back then, we told Dalton Mc-Guinty and Kathleen Wynne that these were going to be the results. Multi-billion dollar increases, \$1,200 a month hydro bills for people in rural Ontario. They ignored that..." he said.

Practically speaking, the mis-

takes were not small and had serious repercussions.

Kathy Katula of Buckhorn, Ont. is one of many rural Ontarians who felt the brunt of the rate increase.

Minister Justin Trudeau earlier this year, the mother of four-who has been working nearly 75 hours a week for the past year to compensate for soaring hydro rates-begged Trudeau for a change.

"I'm putting my faith in God and you that you're going to make our country a place where we can prosper again," sobbed Katula.

Katula revealed that although

she's making what should be enough money, she is reduced to a diet of instant oatmeal and Campbell's soup.

"I make almost \$50, 000 a year, Mr. Trudeau and I am living in energy poverty. Please tell me how you're going to fix that for me and all of us in rural Ontario," she added.

But hydro is a provincial responsibility and the Ontario government's new plan is intended to even out hydro bills across the board. This includes areas in rural Ontario where people are being charged high delivery fees that sometimes exceed the cost of hydro used.

Davis was 'nation builder'

DAVIS cont'd from PG.1

Davis ran six years of minority parliament, from 1976 to 1981.

"He ran such good governments that by 1981 when he went back to the polls, he got the majority back, which is four wins in a row. No one has won four in a row since the days of World War I." Much of Davis' significance came in effect in his last term.

"In his last term, we got the Skydome," Paikin said.

"Davis had the foresight that he did not want Toronto to turn out to be like so many big American cities where everything went to the suburbs and therefore, he insisted that the dome goes downtown," where it has been in place since 1989 (now known as Roger's Centre).

"From April to September, 30,000 to 50,000 people might come down there, 81 times a year for baseball games," Paikin noted.

To signify the "national builder" aspect of the book title, Paikin shared the story of Davis' trip to Victoria, BC in 1971, where he tried to renew Canada's constitution. The deal fell apart, however and it took 10 more years before someone else took charge of the situation, namely Prime Minister Pierre Trudeau.

Towards the end of his last term in 1984, Davis agreed on offering full public funding to Ontario's Catholic high schools after he initially rejected their proposal in 1971.

Paikin ended his talk with an update about Davis' current status.

"He's [Davis] 87, a little frail, and he still lives in the house he grew up in, in Brampton," Paikin said.

In an interview with Humber Et Cetera, Paikin explained his inspiration behind writing his latest book.

"Bill Davis was premier of Ontario from the time I was 10 until the time I was 24, and he was a very significant political presence in the life of the province during my formative years. My most formative years growing up in Ontario were his most formative years in public life," Paikin said.

"So when his political career finally came to an end 32 years ago, I started to think at the back of my head then that I'd love to write a book about this guy someday, and it only took 32 years to convince him, but eventually we got there."

Brien Gray, chair of Humber Board of Governors, thanked Paikin for bringing in history to the forefront. Gray, along with Whitaker, awarded Paikin with a picture of a young Bill Davis from the Humber archives, accompanied with a letter that Davis wrote to Humber in February, 1967.

"You (Paikin) put a human face on our politicians and their motivations, their opportunities, challenges, their highs and lows, their courage, sacrifice, strength and failures," Gray said.

Gray also announced that as a tribute, Humber will be conferring an honorary degree on Bill Davis this spring.

Millennials seek out alternative forms of payment, study shows

Elisabetta Bianchini

BIZ/TECH REPORTER

Younger Canadians are adopting alternative forms of payment and paying directly from their bank account less frequently, according to a study commissioned by the Canadian Prepaid Providers Organization (CPPO).

The annual How Canadians Pay Today survey found that 59 per cent of respondents have used alternative forms of payment, citing that the affordability and convenience of these alternative forms of payment are the biggest draw.

"Canada has both a highly-banked population and many consumers with a strong willingness to try new financial services products," ran a statement released by CPPO co-founder and chairman David Eason.

Prepaid cards were found to have the highest satisfaction growth among all other payment options, totaling a 95 per cent satisfaction rate - a 22 per cent increase from 2015.

"This year's survey revealed that younger Canadians in particular are adopting emerging payment tools that are more convenient and secure," said Eason. "Prepaid cards

topped the list as the fastest-growing payment product and boasted the highest level of satisfaction among payments tools."

According to the CPPO survey, a prepaid card user is most likely a millennial consumer who is university educated, makes less than \$40,000 a year and is an adopter of other emerging payment and financial planning-related products.

"Younger consumers are early adopters and are comfortable with using prepaid forms of payment as they do their research and overall due diligence during the pre-purchase stage," said Yvonne Yip, professor at Humber College's School of

"They read reviews, shipping info, return policies, compare products and websites and conduct their information gathering as a buying

Aside from prepaid credit cards, digital and mobile systems continue to come into play to help Canadians become more financially responsible.

Mogo, a Vancouver-based company, is one of those companies that provides various mobile applications to help Canadians keep track

Standing in tears in front of Prime



Sears credit card swipe scanner advertises another form of payment.

of their spending and navigate any

Chantel Chapman, financial fitness coach, mortgage and credit score expert at Mogo, has noticed that convenient forms of payment has helped millennials with overspending. This falls in line with the CPPO study which found 44 per cent of respondents struggled to stick to a budget and 40 per cent declared they carry regular credit card debt.

"One of the biggest financial challenges consumers face is overspending. Credit cards are designed to incentivize spending and since they're revolving credit they tend to keep people in debt," Chapman said.

"The millennial mindset is forward-thinking, highly connected, adaptable, and authentic. We aim to speak to our customers in a way that traditional banks can't, and give financial education in a way they can relate to."

Mogo currently has over 350,000 members with a focus on the millennial demographic.

The How Canadians Pay Today survey was conducted by Leger in November 2016 with 1,006 Canadian consumers.

From capybara to henna hands, Recess a stress-busting extravaganza

Scott Hokkanen

NEWS REPORTER

For the third straight year, First Year Experience, Humber Libraries and the college's International Centre put on a variety of events and activities at the North and Lakeshore campuses to help reduce stress and promote strong student mental health.

The program operated under the banner of Recess in the Library, and took place each midday this week at the Lakeshore & North libraries.

Festivities included Animal Day, Wellness Day, Games Day and Arts Day. Animal Day featured visits from a capybara, lemur, parrot, skunk and a variety of snakes and insects.

Humber and University of Guelph-Humber students were treated to a visit from some friendly exotic animals right in the comfort of their own library. A popular member of the fuzzy visitors amongst the students in attendance was the capybara. Capybaras are the largest species in the rodent family and are closely related to the Guinea pig. The curious rodent was comfortable socializing with students, and quickly became a celebrity on campus.

"The capybara was so cute! But the lemur was my favourite," said Mathew Towers, 22, third year Media Studies student.

Learning Resource Commons coordinator Denise Rooney spoke to Et Cetera about the program and its growth from previous years.

"Many departments and services



Live jazz music was provided at last event of Recess, Arts day, a mid-semester stress break for Humber students.

have joined up to put this week together. It's all about the students, and trying to reach out to give students a 15 minute recess break, and we think people have embraced it."

Other activities for students during the week included, free massages, yoga, board games, live jazz, button art and origami.

On the growth of the Recess program, Rooney says, "it's a great way to refresh and recharge. This year we have more departments participating, and it was originally a little seed of an idea that's grown so much. This program has even inspired the

Orangeville campus to be put on their own event next week."

Tristan Clarke, 21, a third year Media Studies student at the University of Guelph-Humber said "The animals were super friendly, definitely a good stress-reliever, it was a cool event."





JAVON WALKER

Recess kicked off four-day event with Animal Day

Henna stations were available to students on Arts day

Theatre grads debut To Ithaca as a character study inspired by Homer's Odyssey

Students were asked to produce diary of their professional experience

Anna O'Brien

A&F RFPORTER

From ABC's hit series Grey's Anatomy to performing at the famous Avon Theatre in Stratford, Humber Theatre grads are creating their own success stories from the stage to the screen. This semester, the graduating Theatre Performance and Theatre Production classes teamed up to present their production of To Ithaca: All that it was, is and will be that ran last week at the Humber Studio Theatre at Lakeshore campus.

'Tatiana Jennings (the director) likes to base a lot of her shows off of stories and novels that are visually stimulating," says Jessica Bowmer, who played Cassandra in the show.

"After going through a bunch of novels with the ensemble, we settled on (the character of) Odysseus, with characters also from Trojan Women incorporated."

Inspired by Homer's Odyssey and set against a Blitz-like bombing campaign, To Ithaca explored the space between action and inaction, as well as violence and pity. The plot of this play follows Odysseus after a 20-year absence, only to find the war he thought was long over has now reached his homeland. Filled with a ragtag group of old friends and enemies, refugees from Troy and various mythical creatures, Odysseus finds his home and everybody in it to be huddled together under cover from heavy air raids. From this situation, both comedy and tragedy ensue, as To Ithaca incorporates mystery and suspense during an attempt to find the "intruder" in their city.

It was a taste of what Humber Theatre has to offer: A variety of talents compacted into a two-and-a-half hour show. The students have been preparing for two semesters, with the first one being mostly character-based.

Natalie Morgan, an audience member at the closing show, said "it looked and felt really professional. The acting is incredible, and this set is so elaborate, I think they really pulled it off."

For audiences, the dreamlike ending was executed flawlessly, which is an accomplishment due to the last-minute nature of the decision.

"We didn't come up with the ending until a few days before our dress rehearsal because we were very focused on making sense of the story," says Bowmer. "We were trying to see what was missing in it."

The cast and crew are currently writing diaries to reflect on their experiences.

Bird counting day at Arboretum spots 35 species in first half hour

Lucia Yglesias

NEWS REPORTER

Migratory birds are starting to fly because of the warmer temperatures and Toronto is at the intersection of two bird flyways, a flight path for bird migration, which presents an opportunity to spend some time in nature.

"When you spend time in nature and you slow down, you observe wildlife. It's good for people's mental health, and it makes us better people in a lot of the aspects," said Emily Rondel, Urban Projects Biologist at Bird Studies Canada.

The Centre for Addiction and Mental Health projected to have a 60 per cent increase in patients for the next two decades, to which Canadian Mental Health Association recommended spending more time outdoors.

"In Toronto, people underestimate the amount of wildlife that there is in the city. Part of the point of our partnership (with Humber Arboretum) is to show how diversity is like here," said Rondel.

Humber Arboretum is home to roughly 100 bird species during a year period said Rondel. During the Great Backyard Bird Count that took place last Friday, 35 type of birds were seen in a lapse of 30 minutes.

The Bird Counting event combined mindfulness and nature awareness. More than 20 people were part of a previous Yoga session before going into the woods to identify different species of birds in the area.

"We're a combination of display gardens, floral connections, ponds, bridges, beautiful land spaces and natural trails. Students can see all kinds of different habits, and they can enjoy our botanical collection from all over the world," said Marilyn Campbell, Communication Assistant at Humber Arboretum.

"It was a fantastic event. I really enjoyed the experience of mindfulness meditation and birding which is something I haven't done before." said Warren Schlote, a Guelph-Humber student.

Less green spaces and the technology era we live in are two main reasons why people should start recognizing the importance of mindfulness, explained Harold St. George, from Project Soul.

"We have so many things taking our minds apart. Mindfulness exercise helps nature to open its windows to us so that we can be fully at the moment," said St. George, who guided the yoga session. "Coming here to connect to ourselves, it gives us more tenacity to go back to the world we live in."

Great Backyard Counting started in 1999, and this was the first time, Humber Arboretum became part of it. The partnership between Humber College and Bird Studies Canada will bring garden work and wildlife workshops.

The Great Backyard Bird Count had a total of 32 people attending. There were 15 different species seen and approximately 94 individual birds



LUCIA YGLESIAS

Mindfulness exercises allow participants to open up to nature and live in the moment, expert says.



LUCIA YGLESIAS

Participants gathered at the Arborteum's bird counting to take advantage of spring migratory patterns.

Marshall draws mental health social group to Leslieville home

Meaghan Wray

LIFE REPORTER

Shelley Marshall is both exactly what you'd expect, and unlike anyone you've ever met.

On a Facebook support group called Bunz Mental Health Zone, Marshall posted photos of her loft home in Leslieville. It was a call out for people who are struggling with mental illness, and in need of a judgement-free, safe space for socializing and healing.

Her home is an eccentric piece of art in its own right. Situated in a tall building meant for studio space, the walls are adorned with commissioned and gifted art, unique mismatched furniture and an island in her kitchen made by her husband.

The ceilings are sky high and floor to roof windows line the far wall. There are numerous cozy nooks that social group attendees sometimes fall asleep in.

Marshall's own struggles with mental health began at a young age, at her home, but she kept it quiet from her friends. It hasn't stopped her from wanting to help others.

"I was the class clown and I was the girl that had it all, but nobody knew what was going on at home," she said. "And I think that kind of protected me in many ways because I could have this other life of being silly."

In the middle of playful discussion, Marshall often incorporates some deeper stories of her struggles.

"I remember waking up. They finally got me a bed. I was in emergency for four days with a security guard because there were no beds. They finally got me a bed because of course they overmedicate you so you sleep through the night. And I wake up and there's this old woman across from me. She catches my sight and says, 'What the hell are you doing in here?' And it sounded just like my grandmother."

The way she tells her stories are almost like a play; throughout, Marshall transforms and acts out the scenes of her life.

The mentally unwell often don't become heroes, like those who beat cancer, she said. While acknowledging the heroic struggles of cancer survivors, Marshall asks for the same kind of acceptance for those who battle with mental health.

"I promise it will make us better," she said. "We don't want to be sick."

Sarah, one of the female attendees, described her experiences with a relapse. For years, she's struggled with severe anxiety and depression, relapses that caused her to take six months off work and drastically lose weight.

"Now I'm on medication and everyone just says, 'Wow, you look amazing.' Clearly [they] have no idea what's going on," she said.

Her psychiatrist helped her realize an unhealthy pattern in her life. The cycle of desiring acceptance is something that affects most people.

"The reason you're seeking out these relationships where you want this broken person who needs fixing," she said, "is because you're so desperate to be appreciated and to feel loved."

Michele Choma is a professor in the social service worker diploma program at Humber. She has traveled all over Canada to support mental health initiatives, and sat on a United Nations round table for mental health.

Mental illness, Choma said, is still surrounded by stigma.

"Sadly we are still nowhere near having mental health accepted as a bonifide illness, not something to be the butt of a joke," Choma said. "Can you imagine someone making a joke about cancer? People still continue to see this as a moral flaw and an embarrassment."

A program like Marshall's, Cho-



COURTESY SHELLEY MARSHALL

A look inside Marshall's colourful and eclectic home in Toronto's Leslieville, where she runs a mental health group twice weekly open to all.

ma said, is extremely important to increase support for mental health

"It gives a voice where there is not one, it gives hope where there is a void," she said. "I would put this in league with the work that Howie Mandell does for Bell Let's Talk. We need to demonstrate that it is okay, not just provide platitudes."

The Full Bawdy Loft is located at 290 Carlaw Ave. The group meets on Tuesdays and Thursdays from 11 a.m. to 3 p.m. All are welcome.

EDITORIAL

Black Oscars, not white 'grace', important

Jordan Horowitz is not a hero, despite what happened at the Oscars.

The 89th Academy Awards ceremony took place on Feb. 26 at the Dolby Theatre in Hollywood and as usual it was filled with glitz and glam as the who's who of Hollywood were all gathered together for one night.

However, as the night was coming to an end and the curtains were about to close, one final award needed to be handed out; the Oscar for best picture. There was much anticipation as this year the nominees were filled with highly acclaimed films: La La Land, Arrival, Lion, Hell or High Water, Hidden Figures and Moonlight.

But this year, things didn't go as planned as somehow the envelope handed to Faye Dunaway and Warren Beatty – who were supposed to present and announce who won best picture – was the wrong one. Both Dunaway and Beatty announced that *La La Land* had won best pic-

ture while the envelope's exterior read "Actress in a Leading Role."

After the entire cast of *La La Land* appeared on stage and some of the cast members made a few speeches, a runner appeared on stage as those in charge of the award show realized they screwed up. This prompted *La*

have decided to take things a step further by putting the spotlight on Horowitz by naming him a "hero" for what he did.

The term hero is far too bold for Horowitz's act – it was simply the right thing to do. He did what many of us are taught at a young age and

THE TERM HERO IS FAR TOO BOLD FOR HOROWITZ'S ACT – IT WAS SIMPLY THE RIGHT THING TO DO. HE DID WHAT MANY OF US ARE TAUGHT AT A YOUNG AGE AND THAT IS TO

La Land's producer, Jordan Horowitz to step up to the mic and reveal that it was all a mistake and that *Moonlight* had actually won best picture.

Not only was *Moonlight's* moment taken away at a critical milestone for both the black and LGBT communities – the film deals with three life stages of a gay, African-American man -- but people

that is to accept defeat with grace. A rather far stretch from being "heroic".

Many took to social media and said Horowitz should be Time magazine's "Man of the Year" while some media outlets such as the *Boston Globe* headlined their story as, "Every generation needs a hero, and 36-year-old "La La Land" producer Jordan Horowitz might just be ours."

Urban planner, Marcus Bush responded to the *Boston Globe* on Twitter and said, "White privilege is when you are exalted as a Hero for simply returning an award you didn't earn in the 1st place."

Similarly, writer for Jezebel, Rachel Vorona Cote tweeted "You *know* that Jordan Horowitz is interviewing all over the place and being treated as a white savior," while political correspondent for the Washington Post, Dave Weigel tweeted "Indeed, how can we make the triumph of a black director and cast a story about the graciousness of white people."

In hindsight, Jordan Horowitz is not a hero and that should not be the focus of what occurred at the Oscars. Rather, what should be celebrated and remembered from this year's awards is the monumental win for African-American actors and the LGBT community.

Trump attacks on a free press dangerous

ACCEPT DEFEAT WITH GRACE.



Chris Besik
ARTS EDITOR

e live in an age in which people are quick to make assumptions and don't take time to analyze what it is they are reading or learning about.

Fake news has been a widely-discussed topic for a while now, and with such a volatile political atmosphere people are quick to jump to conclusions, usually the ones that best fit their narrative.

There is a lack of investigation into the news that individuals consume, and it is telling when certain incidents occur and are a direct result of 'fake news.'

It doesn't help that United States President Donald Trump's Twitter feed is loaded with anti-media sentiment, calling every news outlet who portrays Trump negatively as a purveyor of 'fake news'.

New York Times, NBC, ABC, CBS, and CNN were all subject to Trump's rants about being without credibility and fake.

According to a recent Qunnipiac University poll, 52 per cent of voters trust the media while 37 per cent say they trust Trump more.

The poll also shows college-edu-

cated white voters and non-college educated white voters were evenly split between believing the media and believing Trump.

The poll also highlighted that 61 per cent disapprove of the way Trump talks about the media, while 50 per cent of voters disapprove of the media's coverage of Trump.

"Any negative polls are fake news, just like the CNN, ABC, NBC polls in the election. Sorry, people want border security and extreme vetting," the president tweeted.

For the president of the world's leading super power to so briskly and loosely condemn anything that is critical of his party or administration is absolutely ridiculous.

People must realize the importance of accepting criticism and can't condemn stuff simply because it doesn't agree with their beliefs or it damages their ego.

Critical analysis is extremely important for journalism; it is our job to be the watch dogs of politicians and leaders around the world. We owe it to ourselves and the public to strive for the truth and nothing but the truth. Media should remain un-biased and un-attached to any political entity.

Although some coverage may have been controversial, Trump and his camp have no right to condemn all of these outlets as a whole.

The *Independent* also reports that Trump's press secretary Sean Spicer, who has been an avid critic of CNN and 'fake news', shared a poll from CNN on his Twitter account.

The poll was of course showing support for Trump and his policies because why would anyone ever share anything critical about the president and his policies that are calling for drastic change in one of the world's leading super powers?

Instead when people criticize you, your actions or your policies your best bet is to call them 'fake news' and rebut everything that comes out of their mouth, at least in Trump's case. Until of course they say something in favor of your beliefs or popularity, in which case they magically become credible again.

Even Russia is getting in on the action.

On Thursday, Maria Zakharova a spokeswoman for the Russian Foreign Ministry, slammed the media, mainly CNN, over their coverage of meetings between then-Senator Jeff Sessions (now Attorney General) and the Russian Ambassador, Sergey Kislyak, who is known among top intelligence communities as a leading recruiter and spy for Russia.

CNN's senior international correspondent Matthew Chance traveled to Russia to speak with Zakharova who defended Kislyak. When asked about alleged meetings between Russia and the Trump camp, she rushed off saying, "Stop spreading lie (sic) and false news!"

The resignation of General Michael Flynn as top security advisor also strongly suggested that there were some forms of communication between Russia and the Trump camp, yet the actions of Flynn and the Russians were deny, deny, deny. Until he was confirmed to have had communication by intelligence agencies, exposing him as a liar and a man of questionable integrity.

Without saying Sessions or Russia are guilty of interference in the American election, avoiding the media altogether and refusing to answer their questions is extremely inappropriate in our society. They are preaching a very dangerous sermon.

Essentially you are saying if you're not asking the questions I want to hear I'm not talking to you, and no one else should listen or indulge in what you have to say because you are being critical of me and I don't like that.

The truth will set you free, unless that truth is a major foreign power (Kremlin) having a strong influence on the American presidential election, and you are guilty of collusion.

It's not that CNN is the pinnacle of all news and doesn't have faults. Like all news networks they are subject to individual bias and a liability to make mistakes.

Just last January they were at risk of being sued by WikiLeaks because a commentator had called Julian Assange a pedophile. But the outlet apologized and acknowledged their mistake, which can gain back some form of credibility, showing accountability.

Which is more than we can say for Donald Trump, who possesses zero humility, does not believe in apologizing, or reflect on any of his blunders.

Even Tucker Carlson, a prominent Fox News anchor and Piers Morgan a famously controversial British journalist and former CNN employee, came to the defense of CNN, particularly their news anchors when their integrity was questioned by Trump and his supporters.

Back in November of 2016, CNN's Christine Amanpour received the Press Freedom Award from the Committee to Protect Journalists. In her acceptance speech, she talked about her fear of Trump's rhetoric.

Her words are something I still reflect on today, for as long as Trump continues to pollute Twitter and seeks to manipulate minds,



Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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people will never truly know for themselves.

"We're not there [yet], but postcard from the world: This is how it goes with authoritarians like Sisi, Erdogan, Putin, the Ayatollahs, Duterte, et al," Amanpour said.

"As all the international journalists," she continued, "we honor in this room tonight and every year know only too well: First the media is accused of inciting, then sympathizing, then associating — until they suddenly find themselves accused of being full-fledged terrorists and subversives.

"Then they end up in handcuffs, in cages, in kangaroo courts, in prison — and then who knows?"

QUOTED Have you personally faced racism?



Mohamed Mohamed, *ACCOUNTING*

Maria Curic

Business

Administration

1st year

18

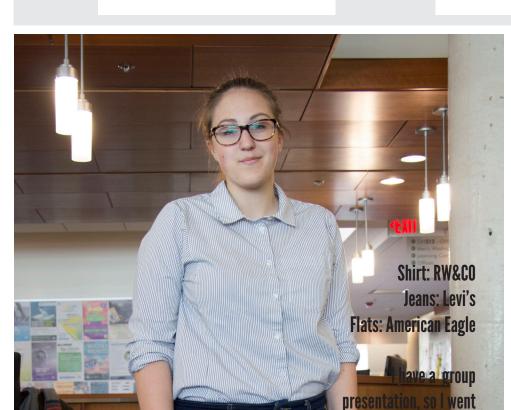
I haven't experienced anything. I don't know if it's because of my facial expression but people just leave me alone.

Nancy Campbell INTERIOR DECORATING

I am Muslim, I should face some kind of racism here, but in Canada, I don't. It's one (bad) person but the other 99 people are so caring and loyal.



Hafiz Uzair CIVIL ENGINEERING TECHNOLOGY 2ND YEAR



HOROSCOPES



JAN. 20 - FEB. 19 Start being more productive or else you'll get antsy.



Here's a thought: stop overthinking and just live.



FEB. 20 - MAR. 20 Take a trip to Ikea this weekend.



AUG. 23 - SEPT. 22 Remember, karma will always get you so be wise, Virgo.



MAR. 21 - APR. 20 Apparently the planet of luck is in your sign this week. Too bad we don't know what that means!



SEPT. 23- OCT. 22 You're going to meet someone who will change your life. For better or for worse? Who knows?!



or business casual"

APR. 21 - MAY 20
Linwind these ne

Unwind these next few days, Taurus. Watch a movie or something.



oct.23 - Nov. 21 Replenish your energy, Scorpio. Great opportunities are coming your way.



MAY 21 - JUN. 20

Your indecisiveness is going to get the best of you this week.



NOV. 22 - DEC. 20

Something from your past will appear and you will not like it.



JUN. 21 - JUL.22

Just keep chillin' this week.



DEC. 21 - JAN. 19

You'll be rewarded soon for all your good deeds.

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