



For the full story on Humber's food truck see page 4.

Powwow 'a celebration of life'

Shannon Lucas
NEWS REPORTER

The drums were booming, the singing was powerful and the regalia was every colour of the rainbow.

A crowd gathered at Humber's Lakeshore campus on Saturday to join in an Aboriginal powwow for Culture Days, a festival celebrating cultures since 2009.

"Culture Days is a community celebration and social," said Grace Esquega, of Humber's Aboriginal Resource Centre.

The crowd eventually joined the native dancers in the powwow in Colonel Samuel Smith Park on Sept. 26.

Its main goal was to "provide cultural awareness," Esquega added. Humber's Aboriginal Resource Centre accomplished this by providing the demonstration dancers. They also gave explanations of the regalia and drumming and a dream catcher workshop at the powwow.

"For Native People across the Americas, the powwow is a celebration of life," said Shelley Charles, Humber's Aboriginal Elder on campus. "Through song, dance, connecting and building relationships with all people, all of creation."



SHANNON LUCAS

Demonstration dancer in regalia for the Culture Days powwow at Humber's Lakeshore campus, September 26.

Attendees were asked to participate in the dancing and listen to sacred stories throughout the event.

"I hope they really learn

and have a different perspective. Most importantly, learn about our culture and storytelling," said Esquega.

This was the first powwow

for some guests.

"It's really interesting, I feel like I've learned so much. I really loved making my own dream catcher," said Caleigh

Clements, 20, a student at OCAD.

"They have a beautiful culture and it needs to be preserved and respected."

SEXUAL VIOLENCE AWARENESS

Latest assault near Lakeshore campus spreads concerns

Andy Redding
SENIOR REPORTER

A sexual assault has shaken the Humber community again.

On Sunday morning between 5 a.m. and 6 a.m., a 19-year-old woman was sexually assaulted near Humber's Lakeshore Campus.

Police say the woman was grabbed from behind and taken into an alleyway around the Kipling Avenue and Birmingham Street intersection.

A Toronto Police report states that after being sexually assaulted, she managed to

break free from her captor.

Although close to the Lakeshore campus, Public Safety Manager for the Lakeshore campus, Rick Follert said, "The victim is not a Humber student."

The proximity of the incident is what brought the assault to Humber's attention. The sexual assault took place about two blocks away from Lakeshore's campus.

"Humber is being very vigilant with this," said the College's Director of Communications Andrew Leopold. "We're putting up notices as we speak."

The attack is the latest in a string of assaults close to Humber campuses in the last two months.

On both August 2 and September 2, police say female victims were assaulted on the pathway off Humber College Boulevard along Highway 27 near Humber's North campus.

"The safety and well-being of our students is of the greatest importance to us, so we're trying to inform the Humber community as quickly as possible," said Leopold.

Humber security is maximizing its efforts to curb

the spike in sexual assaults around campus, said Leopold.

"We have a significant presence doing campus-wide patrols and we have as much camera coverage as possible, with hundreds of cameras overlooking campus," said Leopold.

The assault comes in the midst of a Humber College push to prevent sexual violence around the community. September was officially Sexual Violence Awareness Month at Humber.

For now, the investigation of the Lakeshore assault is in

the hands of Toronto Police. "Humber will help as much we possibly can with the police investigation," said Leopold.

The suspect is described as black, in his mid-20s, 5'8" to 5'11", and 120 to 130 pounds. He was last seen wearing a black or navy t-shirt, baggy pants, possibly wearing a hat, and carrying a cell phone in his left hand.

If anyone has any information regarding this case, they are asked to contact Toronto Police at 416-808-7474 or Crime Stoppers at 416-222-8477.

See ASSAULT on page 4

Greens' head May speaks out

Ignored from debate she tweets on issues

Alex Martino
SENIOR REPORTER

Green Party leader Elizabeth May says the feedback has been "extremely positive" to her live tweeting about Monday's Munk Debate in Toronto, a debate she was not allowed to participate in.

"I kept trying as hard as I could to inject fuller, more detailed responses so that people would know, had I been on the stage, what would we have been saying," she told Humber News in an exclusive interview on Tuesday.

As Conservative leader Stephen Harper, NDP leader Tom Mulcair and Liberal leader Justin Trudeau spoke, May took to Twitter to outline her party's foreign policy.

"The #MunkDebate has started. And @ElizabethMay is excluded, despite over 80% of Canadians wanting her there," was tweeted by the official Green Party Monday evening.

On Tuesday, May said in a phone interview that social media is changing the way politicians get their message across.

"I think that's a very positive thing for Canadian democracy where we're in a situation where we're excluded by corporate interest, there are other ways to get your message across and that's really encouraging," said May.

On Monday, as the questions were delivered to the leaders on the stage at Roy Thomson Hall in downtown Toronto, May tweeted video clips offering the Greens' policies in real time.

In response to Bill C-51, May posted a video clip saying, "As security experts testified to the parliament, creates a disaster waiting the bill of giving Canadians less freedom and security via Twitter. to happen in Canada," while accusing the bill of giving Canadians less freedom and security via Twitter.

See GREEN on page 4

Shifting gears with Humber food truck

Students from Humber's culinary program are getting front line experience in one of the industry's fastest growing sectors serving a moving lunch at North campus



Shaunte Sterling

LIFE REPORTER

Second-year culinary students at Humber College now have the opportunity to practice their skills in a real-life food truck, like those seen on the streets of Toronto.

So far, Humber is the only college in Ontario with its own food truck.

"It's all about having experience. But, I mean we rotate every week so everyone will have a chance in every station on the truck," Chow said.

Working on a food truck gives culinary students something to add to resumes and show diversity in the kitchen.

"We had the idea and brought it to our dean and she loved the idea. [Alpert] was able to apply for a grant. Associate dean,

Rudi Fischbacher went and purchased the truck himself," Public Relations Coordinator Racheal Ogorek said.

Along with culinary students many other departments of the school participated in the completion of the truck.

"The food and nutrition students helped with looking over the menu items. Students in the graphic design and media programs were helping and submitting logo/tag line ideas," Ogorek said.

Every week the culinary program adds a new feature to the menu. This week it was chicken teriyaki.

Darce Lastiwka couldn't find a single word to describe the chicken teriyaki she tried from the truck, describing it as "very nice."

Lastiwka indulged with the \$6 entree served from the college's new food truck parked outside of building D at North campus.

Organized by front-house-manager Dion Alpert and



It's all about having experience. But, I mean we rotate every week so everyone will have a chance in every station on the truck

Monica Chow

2ND YEAR CULINARY STUDENT

culinary students, the truck offers more than the average pizza slice.

"It brings variety [and] it's really nice to have more choices. The food looks great," said second-year culinary student Monica Chow.

Prices range from \$6 to \$10 depending on the item and they offer combos that come with a side and a smoothie.

"I got the chicken teriyaki." Sonya Padovani said after indulging in her first meal from the truck.

"I am celiac, I can't eat gluten and this is a gluten free option for me which is awesome," Padovani said.

"I got a strawberry, banana and orange smoothie. I'm excited to try it," Chantelle Faria, another Humber student, said.

Second-year culinary students get the opportunity to work inside the truck.

"It's all about having experience. But, I mean we rotate every week so everyone will have a chance in every station on the truck," Chow said.

Despite general enthusiasm for the project, not everyone agrees the food truck program has been launched effectively.

"I feel like it's very confusing for students to get into. They don't really train them well before they send them in. They toss them in for the first day [after] their food truck class," second-year Culinary student Ray Sicard said.

Humber's food truck is open for lunch at North campus Monday to Friday between 11:45 a.m. to 1:30 p.m. For further information on the food truck visit www.humber.ca/foodtruck.



COURTESY FLICKR/CC

Five provinces have raised their minimum wage between 25 cent and \$1.

Minimum wage increase can also bring job loss

Javon Walker and Branden Liezert

NEWS REPORTERS

Ontario is one of five provinces across Canada to increase its minimum wage on Thursday, a move supported by many Humber students.

Ontario and Newfoundland and Labrador both saw their minimum wage increased by 25 cents.

Saskatchewan and Manitoba saw a 30-cent jump.

However, Alberta saw the biggest rise with a one-dollar increase.

Humber Business Administration student Alan Abubara supported the increase, but said the wage hike should be higher.

"Minimum wage is an unfair amount of wage for the type of work some of these people do," Abubara said.

But, not everyone is on board with minimum wage increases.

Wes McGill, a graduate of Hum-

ber's Media Foundations program and former minimum wage worker, doesn't fully agree with the change because "the cost of everything else is going to go up as well."

University of Toronto economics professor Dwayne Benjamin disagreed with the notion prices will rise overall.

"I don't think anyone has imaged that the effect would be very big [on the cost of living] because minimum wage workers are about three per cent of the labour force," Benjamin said. "Raising minimum wage by 25 cents at the current level would be barely noticeable."

"The main concern about minimum wage is that it kills jobs and reduces employment for low-skilled, minimum-wage workers," Benjamin added.

He warned that a reduction in employment will be gradual, just like with self-serving gas stations and restaurants, including new self-serve McDonald's kiosks.

New nursing exam sends pass rates sharply down

Serge Halytsky

SENIOR REPORTER

(WITH FILES FROM HUMBER NEWS)

Canadian nursing students are still adjusting to the new mandatory American-based NCLEX exam, with pass rates down about 20 per cent in Ontario.

The controversial change in the testing process was introduced in January of this year and is used in all jurisdictions except Quebec.

The standardized licensing exam, meant to replace the traditional pen-and-paper format, has received mixed reviews from the healthcare community.

Jason Powell, Dean of Health Sciences at Humber College, said the exam was very student-oriented.

"It's an extremely flexible exam where students can register, attend a testing centre, and complete the exam online," he said.

Although the exam allows for Canadian licensed nurses to practice in the U.S., students were skeptical of its utility.

"I just think it's a little ridiculous because the curriculum that we have in Canada is completely different. So students aren't really prepared for the NCLEX exam," said a Humber nursing student.

Registered nurse Allie Clinton said students would take time to adjust to the NCLEX's focus on pathophysiology. "Our exam in the past had been more psychosocial."

Students are allowed three attempts to pass the test.



EDWARD HITCHINS

Not all Humber students can take a meal on campus for granted.

College students among those needing food bank

Edward Hitchins

NEWS REPORTER

Most college students are worried about the pressures of class, their futures or what they have planned for Saturday night with their friends.

But for some, like Abel, only one thought enters their mind during class: Their empty stomach.

"It's tough," said the second year student at Humber who asked only to use his first name.

"It's a humbling experience asking for a handout. But it goes to show you programs like food banks are out there for people like my family to help them. We are very thankful."

He said his family relies on the food bank to make ends meet.

The 2015 annual Food Bank Report shows an increased dependency on these kind of outreach programs since the 2008 recession.

While dependency on the food bank is down in Toronto's core by 16 per cent, overall use of the food bank is up 12 per cent in those seven years.

Among the staggering findings is that 48 per cent who use the food bank are single-person households.

In addition, 38 per cent of Food Bank users have a university or college-level education.

"That's surprising and scary at the same time," says student services receptionist Asha Rai. "But I think it shows you that everything has evolved."

"Perhaps some of the people who use the food bank who have those degrees needed to diversify and acquire new skills, and they

neglected to do so which puts them in a difficult financial situation," she said.

Humber's student government, the Humber Student Federation, is attempting a new strategy to assist students in need.

The Humber Financial Relief Program (FRP) is slated to commence Oct. 1, to help students with the pressures outside of class, and Student Life Vice President Mikki Dekker is spearheading the effort.

Dekker hopes that students in need find what they need through HSF — hope.

"People who are accessing these services are people who are going through a multitude of various other things," said Dekker.

"There's always somebody there that is willing to help. You get to that point and you want to give up, but now as a student you now have one more leap of faith."

HSF can offer those in need up to \$2,000 per student for a budget of \$200,000.

Students wanting to apply are required to log onto Humberlife.ca to fill out an online application.

Demographics targeted for this program include students with families, as well as the LGBTQ community.

Meanwhile, Abel hopes that with the upcoming federal election Oct. 19, governments can alleviate the problem of poverty and do more to help his family of five.

"Taking taxes from the rich and giving back," Abel suggests. "They need to know that even though people have an education, poverty doesn't have any boundaries. It could affect anyone."

Known TTC rider targets women

Evan Presement

SENIOR REPORTER

Allegations of harassment against David Zancai, the notorious Toronto better known as "Zanta", emerged over the weekend through social media.

According to reports from TTC riders, Zancai has been stalking women, shaming them for their choice of clothing and being verbally abusive. There have been no reports of him being physically violent.

In a phone interview, TTC spokesperson Danny Nicholson said, "Leave it to the police and TTC transit enforcement officers and they'll take care of the situation."

Sarah Beamish wrote a lengthy Facebook post about her experience with Zancai, which has since gained significant attention over social media.

She said he "got onto the subway and started storming around, yelling, doing pushups and roaring, and ranting about how 'ladies' and 'girls' need to 'keep their knees together' and 'stop showing

their monkey' to men on the subway."

Beamish said Zancai then approached a woman who appeared to be roughly 17-years-old, and started shaming her based on her outfit.

"She was clearly very upset by this and kept staring out the window trying not to make eye contact with him or cry," Beamish said. "I was horrified at this and looked around at the men to see if any of them were going to respond... None of them were doing anything."

The first thing someone who feels threatened should do is to activate the yellow emergency alarm strip, Nicholson said.

By pressing the strip, he explained, EMS will be notified and police, ambulance, and fire fighters will show up at the next stop.

As for the TTC's relationship with Zancai, Nicholson said, "He's known to the TTC and he's known to other agencies within the city of Toronto."

According to an article written by the National Post, Zancai has had several run-ins with TTC tran-

sit enforcement in the past. His rap sheet includes being convicted three times for committing a nuisance on TTC, projecting his body beyond the edge of the platform and entering a TTC vehicle other than from the designated entrance.

Nicholson said there are a number of measures in place to keep riders safe, including the yellow emergency strips, designated waiting zones and security cameras on all vehicles.

Despite the amount of safeguards available, Humber students feel like that is not enough.

"People should definitely be stepping in more. When you see someone being a victim of this, help them out, say something. Try to calm down that person, and comfort them and tell the other person to back off," said Loretta Marisa, a Radio Broadcast student.

Helly Shah, a Travel and Tourism student agrees. She said, "People should step in and do something instead of just assuming that just (pushing the button) is going to be okay."

Students find frustration in getting registered for October 19 election

David Wilson

NEWS REPORTER

Election Day is only weeks away and the government's new voting requirements have left some students scratching their heads.

"I have no idea if I'm registered," said Valentina Bussolotti, a third-year 3D animation student at Humber.

Bussolotti was surprised to find that being a citizen alone was not enough to grant her voter status.

"But I'm Canadian," she said, puzzled.

Bussolotti said she hasn't yet received her voter registration card, letting her know that her vote in this year's election would be a legal one.

Other students were just as unsure whether or not their voices would be heard on October 19.

"I don't know if I am on the voters' list," said 19-year-old Dainerys Alvarez.

Alvarez, a second-year business administration student at Humber, also said she didn't know how to find out if she was eligible.

Elections Canada has taken to making the registration process much easier this time around.

"There's a number of ways that voters can register," said Dugald Maudsley, a spokesperson for Elections Canada.

"If you go to Elections.ca, you'll see a box up in the left hand corner that says, 'Am I Registered to Vote?'" said Maudsley. "That tool can be used in order to register."

Maudsley said that the site requests several pieces of identification to start the process, but added that if a student doesn't have the required documents to join the voter list online, there are other ways of getting their registry verified in time for the election.

He said students can visit their

regional Elections Canada office on any day before October 13 to confirm their status in person.

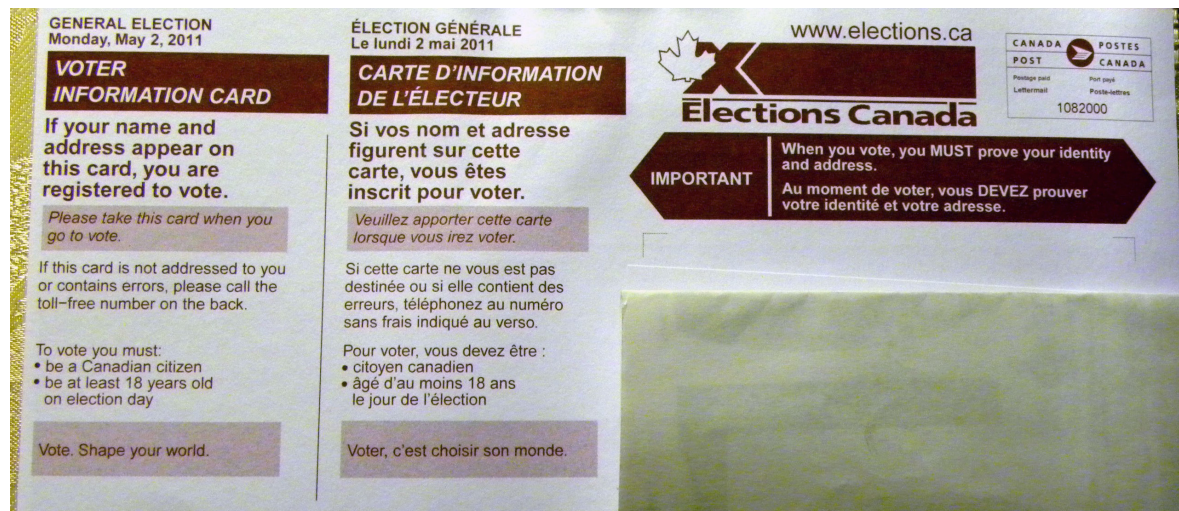
Maudsley noted students can also get in contact by mail or phone if they only need to update their registry or change their address.

He also said though voters are technically able to fill out the necessary documents at the polls on the 19th, Elections Canada is encouraging Canadians to be a little more proactive with their vote.

"It's not the best way," Maudsley said. "We really want everyone to register in advance if possible."

He said Elections Canada promotes use of the website as the first line of defense against confusion at the poll.

And with so many avenues to the voters' list, it seems that there's no excuse for students not to get out and vote on Election Day.



COURTESY: FLICKR/CC

New regulations surrounding the upcoming Federal election have many people wondering if they can vote.

May uses social media strategy for debate

Cont'd from pg. 1

May also used the live-tweeting format to offer up direct replies to leaders on stage.

"No, Mr. Mulcair," May tweeted Monday in response to the NDP leader, "You don't always say the same thing in both languages. We have tape. It's 2015, not 1915. #MunkDebate".

May felt the Greens' comprehensive platform regarding the Keystone Pipeline was a sorely missed inclusion in the Munk Debate's proceedings.

"We certainly provided much more detail about the Keystone pipeline... When the *Globe and Mail* and Munk keep Greens off the stage, they keep (away) a lot of issues that their corporate clientele doesn't want us to talk about," said May.

Corporate interest continues to be a talking point May refers to, mentioning it during the debate and beyond, tweeting on the subject and discussing it after the fact.

"The small elite corporate debates with no rules attract a small audience compared to in 2011 when 10 million Canadians watched the national televised leaders debate, so it's rather in the interest of Canadian democracy that we have debates that attract a large viewing audience. These ones do not do so,"



@CANADASGREENS, TWITTER

Green Party leader Elizabeth May in video response during Sept. 28 Munk Debate from which she was excluded.

said May.

For Green Party faithful, May's contributions to the debate, despite not being onstage, were a big win. When a tweeter asked the Green Party leader why she was not in attendance, May responded saying,

"Private, elite, anti-democratic debate. #shameful."

North Vancouver Green Party candidate Claire Martin stressed the importance of social media in the campaign, particularly the debate.

"Social media is a great vehicle

to engage Canadians, both publicly but also in virtual one-on-one scenario. And especially exciting is the engagement we see with the youth. This is the way they talk, discuss events and share ideas," Martin said in an email interview.

New Humber financial relief program begins

Shaun Fitl
SENIOR REPORTER

The Humber Students' Federation has created a new financial relief program that will provide resources to students with money troubles.

In recent years a bursary program has been changed so that money is now available through Humber, rather than HSF.

On Thursday students can apply for a total of \$500 through myhumber.ca.

However, the overall program is engineered by HSF and allows students to take advantage of professional and monetary resources to allow them to enjoy school comfortably.

HSF's Vice President of Student Affairs, Anna Bilan, said there is an interview process to assess the student's level of need. It is followed by a 48-hour waiting period while the application is processed.

If students do not have money for books or food, HSF can provide pre-paid cards, she said.

Other potential financial supports can include up to one month of rent, said Bilan.



"Sometimes things happen in their life and that is why this program exists,"

Anna Bilan

HSF'S VICE PRESIDENT OF STUDENT AFFAIRS

Sex assaults raise campus security issue

Chris Besik
NEWS REPORTER

The recent cases of sexual assault around the Humber College campuses at North and Lakeshore have reignited the question of safety on and off campus.

There have been two documented cases of sexual assault proximal to Humber North campus since August. The attacks took place along the foot path beside Highway 27 south of Humber College Boulevard.

"They did not occur on Humber College property and they did not occur to anyone connected to Humber College, so the relationship to Humber is that it happened in fairly close proximity," said Rob Kilfoyle director of Public Safety and Emergency Management at North campus,

"I feel very confident that we have a safe campus," he said.

Kilfoyle's department is responsible for the physical security and protection of Humber College students and faculty within the confines of the campus.

Humber security also patrols the path along Highway 27 and Humber College Boulevard.

"During the academic semesters we do patrol," said Kilfoyle.

"We have security guards patrolling that pathway along Highway

27," he continued. "Again, it's not our property to patrol, but because we know there are a significant number of students and faculty who traverse the area we do have security who patrol, to try to provide some measure of safety along that pathway, (and) we do the same thing along Humber College Boulevard."

Some students however attend class without concern.

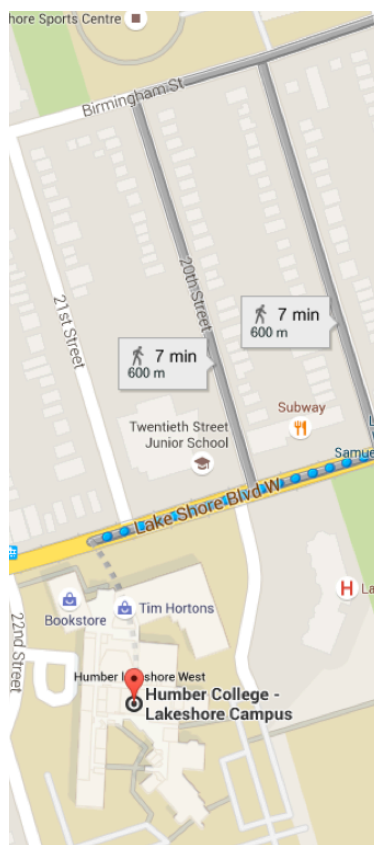
"I feel safe on Humber campus because I always see security around," said Bethanie Friesen, a 21-year-old Tourism Management student at Humber's North campus.

"Obviously when I get off campus I feel a lot less safe, in the surrounding area," said Friesen, adding that the college should do a better job at securing and patrolling the outskirts of the campus.

The college's Public Safety Department offers various security services for students and faculty members. One program for female students is the Rape Aggression Defense course.

"What it provides them with is an increased self-awareness, and also confidence. It provides them with tools and techniques they can use to keep themselves safe," Kilfoyle said, "It's not going to make them martial arts experts by any means."

The program teaches people to dis-



The location of last Sunday's sexual assault, which was a seven minute walk from Lakeshore campus.

play an aura of confidence and awareness. It highlights the issues and solutions to avoiding violent encounters, like the two recent attacks, he said.

Humber Lakeshore, which experienced a nearby sexual assault last Sunday (no Humber student or staff was involved), also offers its own RAD course, while the campus offers the same public safety and security services as the North Campus.

"There are cameras posted all around the buildings, and we have security patrolling constantly around campus. We also have the Emergency posts," said 19-year-old Development Services student Samantha Stephens, who attends Lakeshore campus.

Despite the recent nearby attack, she said she feels safe at Lakeshore.

"Lakeshore campus seems calmer and laid back compared to other parts of Toronto. Other than a lot of construction, I think it is a great place to attend school," said Stephens.

There are various things that students and faculty can do to insure they are safe when walking around the area.

"There are always precautions they can take. Number one, if they have a cell phone on them, keep it on hand, but don't be walking around looking at the phone, be aware of your surroundings," said Kilfoyle. "The best defense is displaying confidence and that you are aware."

"You are less likely to be a target for criminal activity, because you're not easy prey," he said.

"Based on my experience, I am sure it will be successful. We have more resources now," she said.

"Things happen in life"

These resources are there to protect students and ensure they have a successful education at Humber College, said Bilan.

"Sometimes things happen in their life and that is why this program exists," she said.

"It's for people who really need help."

Theresa Terzi, a first-year Film and TV production student, believes the new program will be successful.

"I think it's a really great idea because a lot of students can't afford school and tuition is expensive," said Terzi.

Students are often able to receive OSAP funding but this may not be enough because of different levels of income distributed through the student's family.

"Education is great for a country so I think we should do more," said Terzi.

However, Terzi has a more traditional idea about schooling and believes that it should be paid for to some extent to ensure students understand the value of money.

"In a perfect world it would be awesome if school was free but in the long run it is not a good idea," said Terzi.

How do you feel about free schooling? Opinions welcome in the comments section of our online edition.

HOROSCOPES



JAN. 20 - FEB. 19
This week is going to be fun! Work hard and sleep lots, because this weekend is going to be crazy!



FEB. 20 - MAR. 20
This is a good week to focus on your studies so you can avoid stress in the upcoming months. Be mindful of smaller assignments that don't seem like they will take up much time, they still need your focus.



MAR. 21 - APR. 20
These last few weeks you have been saving up loose change and this is the week you need to spend it all! Buy something you've been wanting for weeks! Don't hold back, you've earned this.



APR. 21 - MAY 20
Things are turning around for you this week and you should take advantage! Lady Luck is on your side and what a great time. For sure, hit Linx Thursday and give that lady a spin.



MAY 21 - JUN. 20
Check ya self, before ya wreck ya self. Stay away from the silly pops this week and you should be good.



JUN. 21 - JUL. 22
This week will mark an important moment in your life. I'd start with covering every base. Including buy a new speed stick.



JUL. 23 - AUG. 22
It doesn't have to be hitting the gym for hours, but this is a fantastic week to think more about your health. Deffinitly get it together.



AUG. 23 - SEPT. 21
You've been so wrapped up in the new school year that you might have been brushing off plans to keep up. Make time to reconnect with friends and have a night that you'll all enjoy.



SEPT. 22 - OCT. 22
Try something new! You need to get some external inspiration in your life. I would start with Nelson's Warrior Fit class down at athletics.



OCT. 23 - NOV. 21
Take a walk on the wild side and try showering more than once a week. Good things may come.



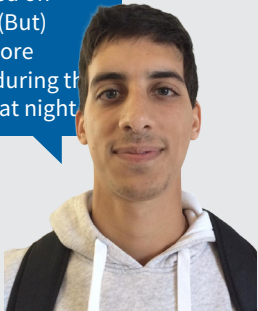
NOV. 22 - DEC. 20
Fall is the perfect season to cuddle, and the season is upon us. Which makes this a great time to speak to that cutie in class, or swipe right a few more times. Make it happen.



DEC. 21 - JAN. 19
It's the first week of the month and you need a rest. Take time to relax and make sure you don't lose your cool. Maybe some Netflix and Chill?

QUOTED: Do you feel safe on campus?

I don't feel threatened on campus. (But there's more security during the day than at night)



Christian Fiorinia, 21
2ND YEAR CIVIL ENGINEERING

Growing up here for 12 years I feel safe. Hearing about (assault) is abnormal.



Yannickia Francis
1ST YEAR GENERAL ARTS AND SCIENCE

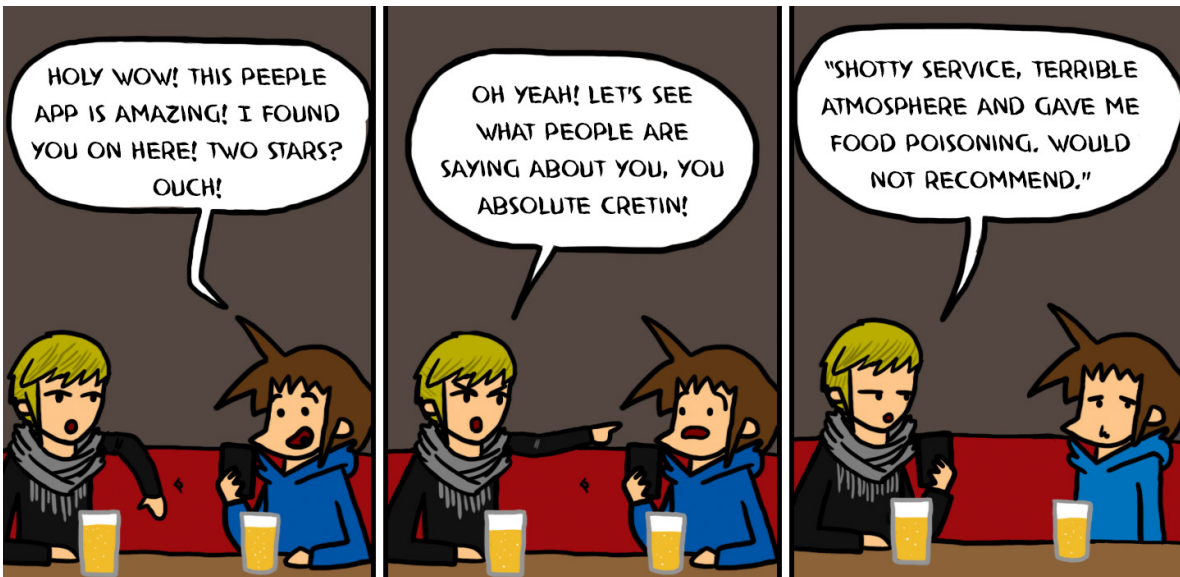
When it's dark out [it's] a little bit [scariier] and I check over my shoulder more.



Anthony Molinelli, 19
2ND YEAR CIVIL ENGINEERING

SCHOOL DAZE

COMIC BY JORDAN BIORDI



Savannah Kimmerer
20
Media Studies
2nd Year

Scarf: Handmade
Shirt: J Crew
Pants: Bluenotes
Boots: Danier
Bag: Guess

I dress fairly casual. Usually I just get up in the morning and put on whatever.

Humber program helps new students adjust to school



KELSEY COLES

FYE can be found on the 2nd floor of North campus' LRC and A168 at Lakeshore campus.

Kelsey Coles
SENIOR REPORTER

For first-year University of Guelph-Humber student Brandon Ferguson, the first few weeks at school have been intense, to say the least.

But they've also been great.

"The first month has been absolutely incredible," he told Humber News on Thursday. "There's been a lot of changes but there's also been a

lot of opportunity along with those changes."

Ferguson has been part of First Year Experience, a program created by Humber College to assist first year students. Its goal is to transition students into post secondary studies as well as to improve grade and graduation rates, organizers told Humber News.

The program, better known as FYE, pairs up each registered stu-

dent with a peer mentor to help give them a smooth transition into college life.

"It's been absolutely fantastic to have a mentor that's pretty much the same age and that appears very close to our mindset, our abilities and our academic level to be able to guide us through what were doing as we make this transition to a new walk of life," Ferguson said.

Mentors are almost like a personal

guide for students. They answer any questions students may have, help show them around campus, check in with them and most importantly, are there for them if they happen to need it, according to the program's website.

While change may be difficult for some to overcome, Ferguson credits FYE for the help and has learned to roll with the punches.

"Students who do enroll in our program and see it through are more successful and graduate on time," said First Year Transition programs facilitator Todd LeBlanc.

"They can rely on them – kind of building that network for the first year student and having someone on campus they can rely on and see them in person," said LeBlanc.

At Humber and Guelph-Humber, students beyond First Year with good academic standings can register to be peer mentors, but a key quality in that is for them to be sociable.

"They walk into the room and engage people and want to meet people and they're willing to help," said LeBlanc.

FYE also hosts a series of workshops by the name of Your First 6 Weeks @Humber.

"We're focused on those first six weeks when school begins because it's a really trying period ... everything is new, bullets are flying and as a new student it's kind of overwhelming," said LeBlanc.

LeBlanc said their academic upside to enrolling in the program is that students who are enrolled are more likely to reach out for assistance with academic or personal issues.

North campus bus loop gets good grades

Transit users approve while drivers face delays

Jalisa Massiah and Amy Wallace
SENIOR REPORTERS

The new bus loop at Humber College's North campus appears to be popular with riders.

The 10-stop concrete island between University of Guelph-Humber and the new Learning Resource Commons building opened for operations on Sept. 1, just in time for the fall semester.

"For the most part, it seems to be effective," said first-year general arts and science student at Humber, Diane Maiato. "It brings you closer to the school versus walking."

Rather than stopping on Humber College Boulevard, all TTC, VIVA, MiWay and Brampton Transit/Zum now pick up and drop off students in the loop.

Humber student Amanda Gordan found the bus loop frustrating during the first week of school when she got on the wrong bus and was late for class. "The first day was a bit rough," she said. "It was gridlocked in here... but it's okay now. Buses are moving in and out freely. I know where to stand to get the correct bus."

Andre Thompson, Ryerson University student, is a first time user of the loop.

"I used to drive a lot to Brampton so having the loop is easier to switch buses," said Thompson. "I also feel that it's helpful to the students, it's easier for them to go straight to their classes because it's actually closer to the school than the street."

Although the addition of the loop seems to be effective for transit users, it is a nuisance for some other commuters.

Amy Cauz, an early childhood education student at Humber College, drives to school. Due to the heavy traffic caused by the loop, she is considering taking the bus to make her commute easier.

"Driving in here with the traffic is brutal," said Cauz. "I'm always 10-15 minutes late for classes."

However, Humber student Santosh Joshi approves of the change. "If I want to go from Etobicoke to Brampton, the 511 has really good service for me," said Joshi.

Humber's security personnel direct traffic while ensuring safety when students are walking to and from campus.

"I think they do a great job with that," said Cauz.

TTC staff is also on site to help with the transition.

TTC route supervisor Mohammed Shaikh said while it may be an inconvenience to some, it is beneficial having all buses in one location. "It's a good idea to have all the buses centralized... specifically for the students," said Shaikh.

First years settle into residence

Jefferson Marshall
LIFE REPORTER

Lea Robertson is not looking forward to doing her own laundry this year.

A new school year has arrived at Humber College's residences, which means a new wave of freshmen get to experience living on their own for the first time.

"I feared that I would miss home too much and that I wouldn't make any friends," said first-year Media Studies student at the University of Guelph-Humber Lea Robertson, 18.

"And doing laundry was definitely another thing I dreaded."

There are many unfamiliar situations thrown at freshmen in the first few weeks of being on campus.

Residence assistants report that an experience filled with mixed emotions for the new roster of students and it can be a scary feeling as they leave the nest for the first time.

Not only do they have to worry about being independent, but they also have to adjust to the post-sec-

ondary school work load.

However, the resident assistant team at Humber was created to make the newcomers feel welcome and safe.

"The first step is to establish community," said second-year Media Studies student at the University of Guelph-Humber and R.A. at Humber North Savannah Kimmerer, 19.

"The first week is filled with events like floor meetings, movie nights and of course frosh just to break the ice and make the first years feel more comfortable."

Even when the freshmen do start to feel more comfortable in their social situations on campus, it isn't always smooth sailing.

They start to find out what they don't like about their living environment.

"One of the few things I would change here (at residence) would be the cafeteria," first-year Humber Event Management student Robyn Rousseau, 17, said.

"I wish there was more variety and healthier options"

The first-year students on residence have a long year ahead of them, but they aren't alone.

"I love the atmosphere here," Rousseau said. "We [her floor mates] all have bonded, because we're all on the same boat and we are all going through the same experience."



KRYSTEN MCCUMBER

According to the Humber College residence website, the facilities provide accommodations to 1,000 students at the North campus.

Arts grads face a competitive, lean world

Brandon-Richard Austin
A&E REPORTER

Like many in the arts, Sally Shaar lives in a cutthroat world.

The recent Humber College Bachelor of Music grad, 23, is the lead singer of Toronto indie rock band Ginger Ale & The Monowhales.

While playing in a rock band is her dream, it can be a very frugal existence. According to the Canadian Independent Music Association, the average Canadian indie musician earns \$7,228 a year.

But Shaar is confident.

“My goal is to make a living and I’m of the mindset that I will,” she said. “I feel like I’m doing better than a lot of people.”

“There’s enough room for everyone to be successful if they’re doing something unique,” she continued.

Shaar has devoted all of her time to her band since graduating from Humber and she’s all in.

Ginger Ale & The Monowhales have played 10 shows in 2015 thus far at well-known Toronto venues, including Lee’s Palace and the legendary Horseshoe Tavern.

The band signed with a manager eight months ago and is currently finishing a record. These are all accomplishments Shaar attributed to skills learned at Humber through instructors like Triumph guitarist Rik Emmett, whom she cited as her mentor.

“My appreciation of education came after I graduated,” she said. “Coming out of Humber, everyone realized how prepared they were.”

While Shaar is working hard as a musician, Spencer Higgins, 23, is



CASSANDRA CORRIGAN

Sally Shaar, Humber Music graduate, performing with Ginger Ale & The Monowhales at The Garrison in Toronto.

another creative individual who is pursuing a career in the arts.

His craft is comedy.

“I’ve been watching SNL since 2005,” Higgins, a first-year Humber College student in the Comedy Writing and Performing program, said. “That’s my ultimate goal - to be on SNL. I can visualize myself on there.”

Higgins speaks confidently about his ability, saying he’s never been denied a part he auditioned for.

“Once I even walked away with three parts in the same play,” he said.

Having practiced over 100 voice impressions - including Jim Carrey - Higgins is undoubtedly devoted to his craft. But, as with the music industry, times are tough when it comes to earning a living as a come-

dian. Statistics Canada’s most recent statistics reveal that, along with a “relatively high turnover rate” in the field, 43 per cent of comedians earned less than \$10,000 in 2005.

“I get annoyed when I see comedians onstage and they joke and say ‘I have no money because I’m a comedian,’” Higgins said. “If you’re not a big name - you must not be doing something right.”

Higgins’ drive echoes that of Shaar: “It is of paramount importance to follow my dream... If you know you’re good, you have to do something.”

While Shaar and Higgins aspire to - and are working towards - independent success in the creative world, Lexi Cook, a first-year student in Humber’s Fashion Arts pro-

gram, aspires to a more stable career as a stylist for a company servicing celebrity clients.

Although she admits she has some fear about getting a job in the industry, Cook, 18, says she feels her “teachers are so connected [to industry contacts] and very friendly” and she is confident she can land a gig straight out of school.

Cook originally thought of studying in Humber’s Events Management program, something she believes may have been a more stable option.

But when sharing her motivation behind choosing fashion instead, her response echoes that of Shaar, Higgins and likely many others in various creative fields:

“I’ve always loved it. I’m sure of it.”

Open Mic night opportunity to showcase talent

Charlotte Morrirt-Jacobs
SENIOR REPORTER

Humber performers were greeted by warm applause Wednesday evening as they showcased their talents, performing comedy routines, spoken word poetry, acoustic duets and DJ mixes.

The Humber Students’ Federation free event at the North campus’ LinX Lounge will be held monthly throughout the school year.

Ammar Abdul-Raheem, HSF VP Student Life at the North campus, said that the he does not want to limit students in their choices to perform.

“Students want to see a different type of performance so we are always looking for new acts,” he said.

Abdu-Raheem added that he is excited to link the monthly Open Mic events to HSF’s Humber’s Got Talent, the open performance showcase occurring late in the winter semester.

“It’s going to be a long night of deliberations. We will choose two performers from tonight to compete in Humber’s Got Talent. We are judging them on criteria such as creativity, audience interaction, and stage presence,” he said.

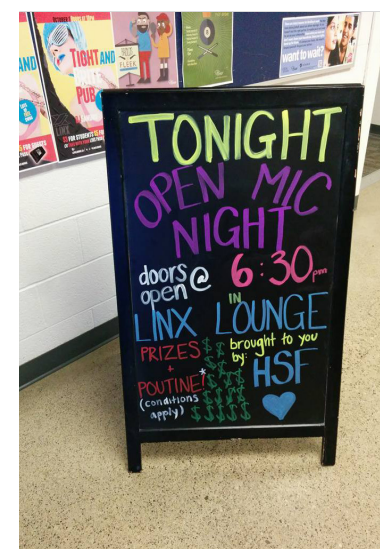
Ken Keller, a second-year Humber journalism student and Open Mic night veteran, 21, gave some tips on combating stage fright.

“It’s tough getting up there, but anyone who is onstage knows what it is like to perform for your first time. The more you go the easier it gets.”

Keller stressed the importance of energy in the performance.

“If you choose to perform something you’re heart isn’t set on, it will show and the audience will respond negatively. An open mic night might not be the best place for sad love songs and if you only have one shot, go for the upbeat kicker.”

Students can also build on their skills every Tuesday at LinX Lounge’s variety night before competing in the Open Mic night.



CHARLOTTE MORRITT-JACOBS

HSF’s holds its monthly open night at North Campus’ LinX Lounge.

Nuit Blanche has 400 artists to ‘provoke’

Amanda Tuzi
SENIOR REPORTER

Toronto’s free overnight contemporary visual arts festival is coming back to the city’s streets with more than 110 projects by 400 artists.

The tenth annual edition of Scotiabank Nuit Blanche will begin at sunset at 6:55 p.m. this coming Saturday and run until sunrise on Sunday Oct. 4.

“I think people love to be engaged with an artistic and cultural adventure that’s an urban adventure and I think they both love the exploration of the artworks,” Scotiabank Nuit Blanche spokesperson, Kristine Germann, told Humber News on Tuesday.

“They love being provoked or surprised by the different artworks that are presented every year.”

This year features curator-directed exhibitions, produced by the city of Toronto, which will highlight over 45 art projects designed by local, national and international artists.

Exhibits this year include 10 for 10th, HTUOS/HTRON The New Coordinates of the Americas, Black and White Night, and The Work of Wind.

In honour of the event’s 10th



Campbell’s House: Your Eye Inside Out, created by artist JR.

anniversary, Toronto curator Che Kothari has put together an exhibition called ‘10 for 10th: Memory Lane.’ It will be taking place at various locations across the city. The installations, created by 10 major cultural organizations, will represent the exploration of memory.

Other events will feature the artist JR, the creator behind The Black and White Night exhibition located at City Hall and at locations on Bay Street.

“This is our first artist exhibition where we dedicated one whole (exhibition) to one artist,” said Germann.

“Probably the heart of his exhibi-

tion is the Inside Out Project which he’s done all over the world.” The display gives everyone the opportunity to share his or her portrait in the form of a mural.

Photobooths have been travelling across the city to snap portraits of Torontonians. Participants enter the photo booth, make a serious face and within three minutes a black and white poster is printed.

On the night of Scotiabank Nuit Blanche, all of the photos will be part of the installations at the various locations.

Another exhibition is The Work of Wind, created by Kristen Shaw, who

EDITORIAL

Taking a stand on sex assault

There have been three reported sexual assaults in the area directly surrounding Humber College's campuses just this past month. Rexdale was the 13th highest rated neighbourhood in Toronto for sexual assaults in 2011, according to a CBC crime map. Toronto Police Service received nearly 2,400 sexual assault reports in 2012.

This semester, the Et Cetera begins a series: Sexual Violence Awareness. As a team we will be looking at Humber and the community to see what is changing after so many sexual assaults. Last week, senior reporter Jennifer Berry spoke with Humber Public Safety to discuss the North campus' Arboretum and the potential risks it poses by it not being guarded at night.

The object of this series is not to bash Humber or the community. Our goal is to spur an examination of this critical issue and help the students and faculty of Humber feel confident in voicing their opinions on sexual assault. It's difficult to fight an issue people are afraid to talk about, but with that fear, frustration and anger comes a strong voice that can be heard.

There is a program held by Public Safety to teach women how to defend themselves in case of an assault, sexual or violent. RAD (Rape. Agression. Defense) is designed to help women feel confident in the campus area by being aware of what she can do to protect herself until professional help is available. This is a free lesson at both North and Lakeshore campuses during the semester.

Humber has premiered a new policy outlining different forms of sexual assault and what their procedure is for handling them, including information for victims, witnesses and confidants. The new policy shows Humber is aware of the issues in the community, but as Berry found out last week major risks like the unlit, unprotected Arboretum still go without change. Knowing there are resources on campus, however, will hopefully encourage people to come forward and report sexual assaults and eventually bring awareness to dangerous areas, including the Arboretum, dimly lit bus stops and Highway 27.

The Ontario government launched a program this year called #WhoWillYouHelp with the goal of

showing that by saying nothing or ignoring a sexual assault because of being scared, uneducated or ignorant, a witness is helping the attacker. This campaign has a powerful video showing how many different forms of sexual assault go unreported because nobody speaks up. There are posters around the campuses encouraging students and faculty to educate themselves not only on what sexual assault may look like but what steps should be taken to report it.

A common issue that arises with every campaign is keeping the audience's interest. Our audience is Humber College and the surrounding communities. The important thing we are hoping to do and we hope these campaigns will continue to do is find something, whether it be fear, outrage or confusion, in the community that will urge people to come forward. Without a strong group fighting the same battle, the cause will easily be lost. There must be discussions, debates and deliberations on how this community can work together to see a difference made for the safety and comfort of the students, faculty and families that are being affected by these sex-

ual assaults.

Of course this isn't a time to just discuss the small gaps in the plans and policies being put in place to stop these sexual assaults, but a time to use the passion we have to fill those gaps and support each other. We want to believe everyone in Rexdale shares our pain, frustration and willingness to change things. We want to work with everyone who does share these feelings by reporting on topics readers may find upsetting, inspiring or provoking. We want to encourage all our readers to tweet us (@humberetc) ideas of questions you want answers to, stories you want broadcasted and how you want to support our Sexual Violence Awareness series this semester.

We hope keeping our efforts on highlighting and preventing sexual assault in the community and working together will make a difference that could save even one person from going through the unimaginable suffering of being a victim of sexual assault.

We're working to save at least that one person and we're hoping Humber and the community will step up and join us.

HUMBER
Et Cetera

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Massive cost increases on medication unacceptable



Serge Halytsky
SENIOR REPORTER

In one day Martin Shkreli became the most hated man in the U.S., even more hated than Walter Palmer, the lion killer.

Shkreli did one thing: increased a price of a 62-year-old drug from \$12.50 to \$750 for a single pill overnight.

The drug is a standard care solution for treating life-threatening parasitic infection.

What would it do to patients and healthcare institutions? First it will increase the bill for patients. Second, it may force hospitals to seek alternative treatments.

Shkreli had nothing to do with health care or pharmaceuticals in his life.

This kind of astronomical increase is far from being an isolated case.

So why is it happening? Is there any logic behind it, or just a pure greed?

Thinking logically, the drug for its long life probably has a perfectly defined process of production, and there has been no news about any skyrocketing chemical prices.

In a *Globe and Mail* article, he said: "It isn't the greedy drug company trying to gouge patients, it is trying to stay in business."

This statement does not make sense. The drug was produced through the course of 62 years, and staying in business wasn't a question until the hedge-fund dude acquired the company.

That is an insult to anyone's intelligence. By denying greed as the motive, Mr. Shkreli eventually confirms it.

But the problem is that he is not the only one. Other pharmaceutical companies do the same all the time.

Just in the last couple of weeks we since heard the news about the Quebec based Valeant Pharmaceuticals, which increased the cost of essential medications by 2500 per cent, Alexion Pharmaceuticals also increased the prices for the drugs just because they can.

Patients will pay whatever they can and Shkreli is taking advantage of this.

So increasing the price of just about any medication is a crime in my opinion, and should be treat-

ed as such if the governments and the World Health Organization had some rules and regulations in place.

The pharmaceutical business should not be used to take advantage of people financially. Drugs are designed to help people be healthy, not to make some "good-fellas" reach, and it is fundamentally wrong if people can't afford them.

At the end, this must become an election issue. Major political parties should come up with some

form of market regulations, to stop certain companies and individuals from profiting on everyone else's health problems.

The WHO must also adopt some sort of preventive policy so it would not happen that much and that often.

And it would be the best if the problem just ceased to exist.

Unfortunately, pharmaceutical lobbies have lots of power over government, so guys like Shkreli are able to pull whatever they want.

But it shouldn't be like that.



TOMITHEOS/FLICKR COMMONS

Pharmaceuticals are sometimes the only thing holding someone in the grey area of sickness between life and death.

Battle of the taxes: who will take responsibility?



Shaun Fitl
MANAGING EDITOR

Money is where the fight is. The vast majority of the operations of the Canadian government comes from tax revenue.

In the Canadian national election the different forms of tax distribution are represented by the different parties, each with different core ideologies about how the financial burdens of governmental society should be shared.

The Conservative party advocates an economically liberal society with low taxes, with direct specification towards small business owners. This would mean that market forces would be free from government interference and, hypothetically, balance themselves out.

The Liberal party believes in a strong middle-class and would achieve this by making its tax burden low. They would also raise income taxes for the wealthiest non-corporate Canadians. This

belief comes from the idea that the burden of governmental finances amongst citizens should be held mostly by those who have more to give and less financial issues themselves.

The NDP would see taxes raised on corporate industry in Canada and, similarly to the Conservatives, reduce the tax burden on small businesses. This stems from a belief that astronomical profits should be recycled into the economy through government rather than to sit and metaphorically rot in a bank account.

Before describing what I believe to be a fair distribution of the tax burden it is important to state that the vast majority of Canada's operating budget is from tax revenue from industry. According to StatsCan, the total taxable income of industries in Canada is \$260 billion. And, according to Finance Canada, the Canadian federal budget for 2015 is roughly \$290 billion.

Canadian political culture was founded on the idea of a strong government. This is a remnant from the original British commonwealth pretext that Canada must remain strong governmentally to maintain its connection with the Crown.

It can be argued that moving away from this idea of a powerful government would be justified. There are some countries in the world that have amassed great amounts of wealth and prosperity without the need for high levels of government intervention in the economy. However, this level

of wealth and prosperity does not always mean equal or fair distribution amongst citizens.

The strong Canadian government has been able to create many landmark socially progressive institutions to provide important services to Canadians, such as our health care system and cheap education financed by low interest loans from the government.

I personally believe that many Canadians would be disappointed to see these services disappear and be swallowed up by private industry that may take advantage of their power and increase prices, not just according to supply and demand but according to their own will and legal obligation to make money for their corporate shareholders. We have seen this abuse of privatized power in the example of pharmaceutical CEO Martin Shkreli who increased the price of an AIDS medication by over 5,000 per cent after privatization.

It is for this reason corporations should have downward incentives against astronomical profits that in many cases motivate this type of behavior. This comes in the form of a tax that allows finances to be sustained within the economy for longer term benefit spread across the country as a whole rather than to be absorbed into a monopolized, financial black hole.

It is important to clear up that corporations being expected to pay a large amount of taxes doesn't mean that non-corporate Canadians should have complete tax freedom. There is still a need for ordi-

nary citizens to contribute some portions of their own incomes to the government in order for these governmental services to be justified as a fair reward and response to citizenry. On another note, paying taxes provides a form of power to the citizens whereby they can hold government responsible for their money.

But amongst citizens, who should hold the most responsibility for governmental financial burdens? According to StatsCan (2013), the number of Canadians with incomes over \$200,000 is close to 340,000. The same numbers show that "middle-class" Canadians total about 6 million people. The lower income families make up 18 million Canadians. Considering the population of Canada is about 35 million the lowest earners are about half of the population.

There is already a fair tax in place on sales of commercial goods that all Canadians pay, and this provides some level of responsibility in society as well as an equal share of governmental burden. However, income tax is more difficult to fairly distribute.

The poorest Canadians should not have heavily taxed incomes. This does no good for society. The amount of revenue from each person is very low and even though the high population would make the total great there is some moral argument to be made against making a difficult life even more difficult.

The middle-class has a well-balanced level of income and can gen-

erally survive in society without many obstacles. These people can pay more taxes but a thriving middle class, meaning one that has low financial burdens, opens the possibility to greater economic growth in a country as these people move up in society and become even more capable of sharing the economic burden of government.

As I have said, the wealthiest Canadians have the most economic freedom outside of industry and the most ability to share income and help pay for the society that gave them their freedom. But should that mean these Canadians pay more?

The real objection to taxation is that people may feel they are being punished for their economic success. I am pushing for recognition that taxation is not a punishment but an important part of a responsible, society-minded country.

In conclusion, the burden of governmental operations is largely funded by industry and has been this way for a long time. This will probably never change. If a society desires growth that must mean the amount of taxable income of industries increase and the government revenue increases as well. In short, it is unavoidable that industry will share the largest burden of taxation. And for someone to say this burden is unjustified speaks volumes about what they think gave these corporate powers their money and whether or not it should be considered a fair part of society as a whole.

Campuses must step up food allergy defenses



Brianne Cail
LIFE EDITOR

Living with a food allergy is difficult and last week we learned how dangerous it can be on campus when a student from Queen's University had a fatal anaphylactic reaction.

It was a reminder that it's time for all food services at post-secondary institutions to step up – by labeling all food offerings, by making available 100 per cent nut free meals, by training serving staff explicitly in

the issues.

None of these things occur in any systematic or consistent way at Humber College.

Allergies at any age are hard to handle, but according to Food Allergy Canada young adults who have started post secondary education are at a higher risk because when they move away they're moving to a new place where people don't know what can cause a reaction.

I was born with a severe allergy to all nuts, including peanuts, and I had a medical alert bracelet and carried an EpiPen on me at all times. A peanut allergy is one of the most common food allergies and is considered a priority allergen by Health Canada. I'm lucky because while my allergy is severe, I can be in the same room as someone eating peanut butter and I've had reactions that ended in, at worst, a trip to the hospital.

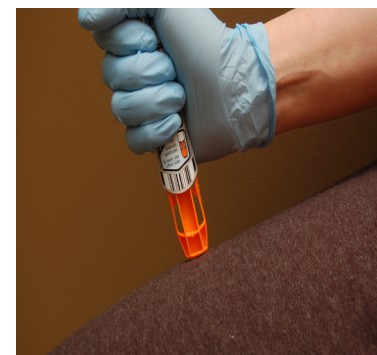
When we're younger, teachers and those around us are constantly aware of the allergy and what needs to happen if a reaction occurs. In 2005, the Ontario government

passed Bill 3: An Act to Protect Anaphylactic Pupils, which came into effect in 2006. You might know it as "Sabrina's Law" and it required that every school board in Ontario have policies to protect those with anaphylaxis. The school I went to in Midland was completely peanut free and this thinking continued on to a day camp I worked at for years. Kids and parents were getting used to the idea that allergens, and the dangers they cause, could be prevented.

In high school you have more freedom and with different teachers and students in your various classes you have to become more responsible for your allergy. My high school was supposed to follow Sabrina's Law, but it wasn't enforced. I had an EpiPen in my bag, locker and one at the school office. The office didn't require us to keep one there but knowing a secure location for an EpiPen is a safe idea. Luckily, I never had to use it at school, but it was there to save another student who had an unexpected reaction and wasn't prepared.

In college or university there is no routine. You don't have familiar teachers who know of your allergy; it's unclear if any of the teachers are trained properly in first aid and know how to administer the EpiPen. On your first day of class you don't know anyone and the person beside you can start eating a Nature Valley bar that contains almost every nut out there. I've been in that situation many times and it's uncomfortable. On one hand you don't want to mention it because you don't want to inconvenience a classmate, but on the other hand any contact could kill you.

At Humber, despite the shortfalls, we're lucky to have a variety of food options – but there are few places on campus that can guarantee a 100 per cent nut free meal, and no food labeling in critical areas like the residence building. There are other allergies that are growing in incidence that we're becoming more aware of – allergies restaurants are only beginning to accommodate, such as a gluten allergy.



FLICKR COMMONS: GREG FRIESE.

The truth is that no matter how hard a school tries to suit your needs, accidents happen. If you have an allergy, minor or severe, in some cases it's best to bring your own food with you to guarantee you know exactly where it's coming from and what it's been in contact with.

But this doesn't mean our colleges and universities must not do their utmost to protect vulnerable students. It's well past time for a considered and careful food policy to be implemented across our campuses.