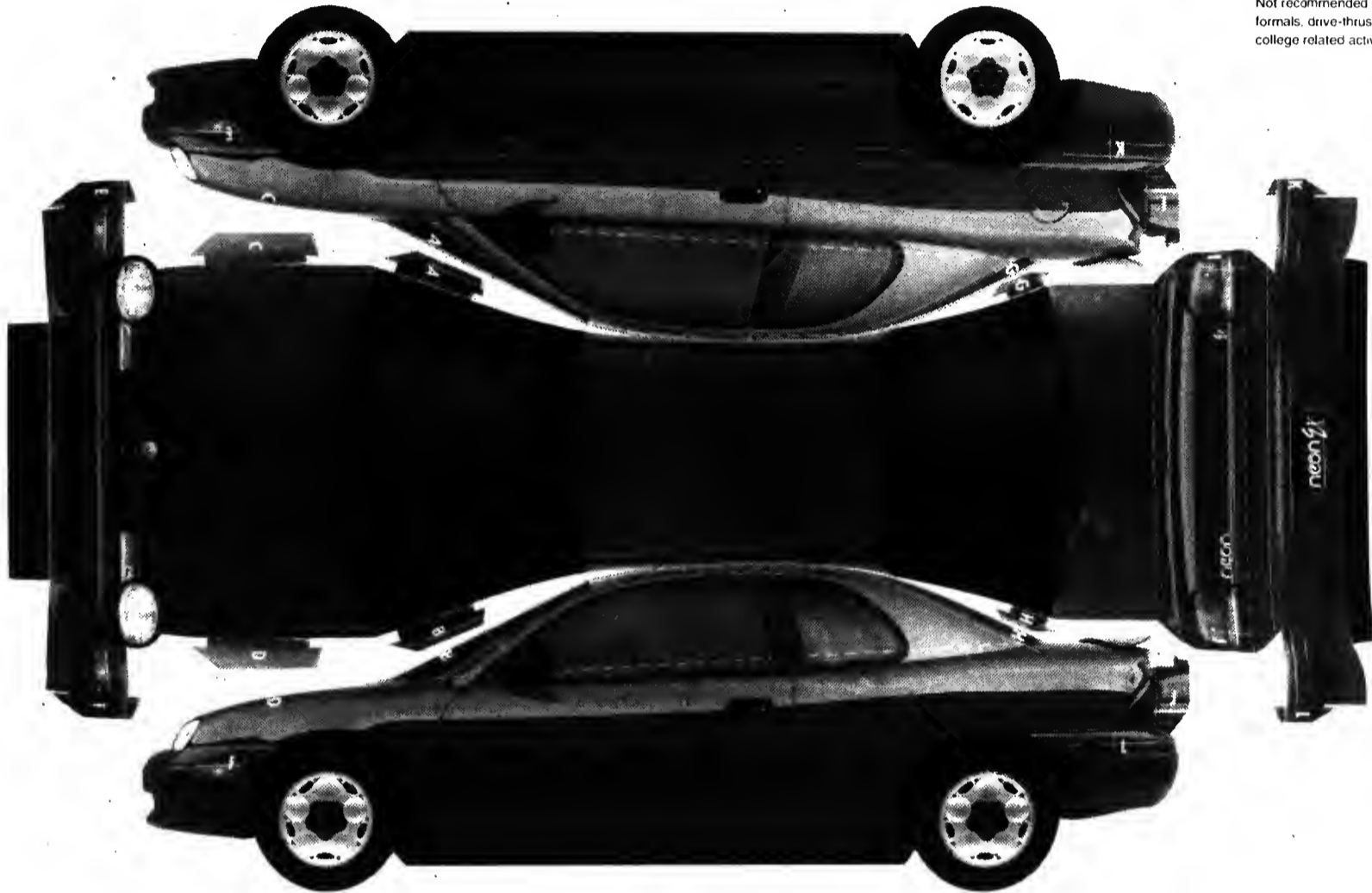


This is your last chance to win a 1996 Neon Ex. But you have to enter to win!

Hurry offer expires April 8, 1996

The hard way.

Carefully cut around image of car, then fold tab 'A' into slot 'A' and tab 'B' into slot 'B'. Insert tab 'C' into slot 'C' and tab 'D' into slot 'D'. Fold tab 'E' and 'F'. Then repeat the same with tabs 'G' through 'J' and finally fold tab 'K' and tab 'L' into slot 'K' and slot 'L'.



*Engine, battery, elastic band and all other forms of propulsion not included. Not recommended for use on dates, formal, drive-thrus and other essential college related activities.

The easy way.

It doesn't take a rocket scientist to figure out that everyone could use a set of wheels at school but we'll go you one better. Just fill out, and mail in the ballot below, or call 1 800 228-0559 and you could be the proud owner of any one of six brand new 132 horsepower Neon Ex's. But you have to enter to win.

neon **EX**



GRADUATES!
Get an additional \$750 Cash Rebate - over and above all other discount offers - when you purchase the 1996 Chrysler vehicle of your choice.

Win a brand new 1996 Neon Ex.

MR MRS MS

Name: _____

FIRST

LAST

Summer Address: _____

STREET

CITY

Phone: _____

PROVINCE _____ POSTAL CODE _____

Fall '96 School: _____

STREET

CITY

Phone: _____

PROVINCE _____ POSTAL CODE _____

Graduation date: ____ / ____ / ____

Current School Attending: _____

Anticipated date of next car purchase

0-3 months 4-6 months 7-12 months Over 12 months

Ballots should be mailed to: Chrysler Student Contest, P.O. Box 452, Stn A, Windsor, ON N9A 6L7
Ballots must be received no later than midnight, April 8, 1996.

1. Contest is open to all residents of Canada over the age of majority who are currently attending a post-secondary educational institution except employees (and those with whom they are domiciled) of Chrysler Canada Limited, its dealers, their respective advertising and promotion agencies and the independent judging organization.

2. TO ENTER: Complete an official entry form (or hand drawn facsimile) and mail to Chrysler Student Contest, P.O. Box 452, Stn A, Windsor, ON N9A 6L7. Entries must be received by midnight, April 8, 1996, the contest closing date. OR call 1 800 228-0559 by midnight, April 8, 1996 to enter by phone.

Limit: one entry per person.

The contest sponsor will not be responsible for late, lost, illegible or wrongly addressed entries.

3. PRIZES: There will be six NEON EX vehicles awarded, one in each of the following regions: British Columbia; Alberta; Saskatchewan/Montana; Ontario; Quebec; Atlantic Canada. Each NEON EX will be equipped with a 2.0L 149 132 hp SOHC engine, 5 speed manual transmission, Dual air bags, Side door impact beams, AM/FM stereo cassette with 6 speakers, Rear

spoiler, 14" deluxe wheel covers, Dual outside remote mirrors, (ZIN Package) Prizes must be accepted as awarded and are not transferable or convertible to cash. Prizes will be delivered to the Chrysler dealership closest to each confirmed winner's residence. Approx. retail value of each prize \$14,095. Winner will be responsible for license and insurance.

4. CONTEST DRAW: The winners will be selected in a random draw from all eligible entries received from each region by the contest closing date. The draw will be held in Windsor, Ontario at 12 noon on May 6, 1996. In order to win, the selected entrants must first correctly answer a time limited mathematical skill-testing question to be administered by mail or by telephone and sign a standard declaration and release form.

5. All decisions of the independent contest judging organization are final. The chances of being selected depend on the number of eligible entries received from each region. All entries become the property of the contest sponsor and no correspondence will be entered into except with selected entrants. Entrants, by entering this contest, consent to the use of their name and/or photograph in any future publicity carried out by Chrysler Canada Limited in connection with this contest.

6. Quebec residents may submit any litigation concerning the conduct or awarding of a prize in this publicity contest to the Rege des arboles des courses et des jeux.

Official Sponsor of the 1996 Canadian Olympic Team

OPINION

EDITOR: Deborah Rowe

675-6622 Ext. 4514

Cosmetic industry profits from women's insecurities

by Pamela C. Chynn

In western society, we believe we are very advanced in terms of women's liberation. We admit we still have some distance to travel before we reach that Utopian state of complete equality between men and women.

Part of this road is gaining confidence in the way we look.

Women are not allowed to feel as confident about our physical flaws, no matter how big or small they may be. Why do women feel obliged to conceal these flaws beneath layers of expensive cosmetics when they go out?

You don't see men making any attempt to conceal their flaws in this manner.

This didn't really hit home with me until about two years ago when I was living in Ottawa.

I was walking through the St. Laurent Shopping Centre and I felt as attractive as any other average woman. I had arranged my hair attractively, I was wearing a pretty dress, but most importantly, I had my make-up shellacked on as immaculately as possible.

While walking through the mall, I was hailed down by one of Visage's beauty doctors wearing a pristine white lab coat. She asked me if I would be interested in a free make-over. I decided 'ah, why not?'

So we entered the cosmetic emergency ward and with make-up brush in hand she proceeded to perform the "operation".

She showed me my face in a magnifying mirror, under the blaring harshness of fluorescent lights.

"You have large pores and blemishes," she told me.

"I know," I humbly replied.

"Your skin has a bit too much of a greenish tone to it," she informed me in a very matter of fact manner.

I felt like saying "Only reptiles or car-

toon Martians are capable of having a greenish tone to their skin. I felt like bursting into tears. It seemed as if minute by minute my faults became more pronounced. My large pores seemed as big as lunar craters, and my pimples seemed as large and shiny as red apples.

By the time the make over was complete, I felt really depressed. I had been stripped of my self-esteem.

I always used to wear make-up. My compact was as vital a travelling companion for me as my cigarettes.

These days I still find myself reaching for my compact or lipstick, but I realize it's mostly on days when my self-esteem is low. On days when I feel confident, I sometimes dare to defy social conformity and allow myself to be seen out in public with a stark, naked face.

Although the incident in the Visage clinic had damaged my self-esteem only temporarily, I realized a few things about the make-up industry which helped me work towards building more self-confidence. I

realized the cosmetic industry not only preys upon the insecurities of women for its billions of dollars in profits, it also promotes these insecurities.

The cosmetic industry manipulates women into feeling uncomfortable about their natural selves. It makes women feel embarrassed about showing their naked faces in public. It makes them feel they should be wearing veils of liquid and powder whenever they go out.

As women's increasing confidence parallels their growing independence, maybe the day will come when women will feel comfortable about their facial flaws, big or small. Maybe then they won't feel the need to put on lipstick made out of pig's urine or cosmetics made out of whale blubber in order to feel accepted and attractive.

What will the cosmetic companies do if that becomes reality?

Pamela C. Chynn is a second-year Journalism student

Should SAC have given chocolate bars to students who voted?

word on the street



Christine Sawyers
Packaging Design
"I don't think that's such a bad idea. It will get people to vote."



Kevin Belic
Design Foundation
"I think they were trying to bribe people to vote. I wouldn't have done it if it weren't for the chocolate."



Richelle Wilks
Design Foundation
"People were voting to get the chocolate bar and they didn't even know who they were voting for."



Stacey Knox
Public Relations
"I didn't really see the relevance of it. I think the students have a duty to vote and shouldn't be bribed to do it."



Cecelia Soleyn
Physiotherapy
"My first impression was, 'Is this a bribe or something?' But if it gets people to vote, why not do it?"

compiled by Joe Oppedisano

Canada must set example for eliminating racism



by Soma Gobin

Oppression is the failure of one man to imagine and accept the full humanity of another. Herein lies the stimulus of prejudice. This failure to fully accept different races as equals leads to racial discrimination, the social disease which has left its victims feeling helpless and angry.

Racism today takes many shapes and forms. In the United States and Canada, racism facilitates poverty and violence, a direct result of neo-conservative factions wishing to privilege one race, one class, one religion or one philosophical belief. Our only means of defence is education, and the power to negotiate equitable settlements constitutionally, economically and socially. To do this we must remember the roots of racism.

In South Africa during the '50s, supporters of apartheid hoped to reduce the black population within the South African core area. To achieve this goal, the government created an influx control plan based on 'pass laws.' Africans over the age of 16 had to carry a "Native Pass" at all times. They were required to show it to any white policeman, civil servant or employer. More than 385,000 Africans were convicted every year under these pass laws for trivial offences.

Something had to be done.

On March 21, 1960 the Pan Africanist Congress, an anti-apartheid organization in South Africa, called for its supporters to begin a campaign for the abolition of the pass laws. The expressed aim of the campaign was to peacefully bring industry to a standstill and force the government to accept the people's terms.

In Sharpeville, an unarmed crowd of several thousand surrounded the police station. The police force of 75 was greatly outnumbered and they panicked. They opened fire on the crowd and when the area had cleared, 69 Africans lay dead and 400 were wounded including dozens of women and children. The only crime they had committed was to have been born black. Today, the name Sharpeville still echoes with the tragedy of racial discrimination that has and continues to cripple South Africa and our own nation.

In 1966, to commemorate this tragic event, the United Nations declared March 21 the International Day for the Elimination of Racial Discrimination. Numerous countries have pledged their support and on March 21, 1986, the Canadian government announced its commitment. This year will be Canada's 10th anniversary recognizing the need to eliminate racism, but the people who were made to feel inadequate and who were victims of discrimination in the past, are still adding up today. Unless we act quickly to remedy the situation, it will undoubtedly persist into the future. So

March 21 is more than celebration and remembrance, it is about rededication.

We celebrate because we have moved forward a step and the end, hopefully, is closer. The regimes of hate groups are being exposed and torn down. We celebrate February as Black History month. We celebrate March 21 because our nation is realizing the need for change. There is a move towards an equal standing for Canada's non-white population.

We remember those who have died for the cause of racial equality among all races and across all borders. We must remember the sacrifices of Mahatma Gandhi, Martin Luther King, Malcolm X and all others who have made it their cause.

Most importantly, we need to rededicate ourselves to the fight for freedom. Barriers that inhibit the dream of the avid freedom fighters still exist. A dream made famous by Martin Luther King's words, "I have a dream that one day this nation will rise up and live out the true meaning of its creed. We hold these truths to be self-evident that all people are created equal."

Much racism brews in the different communities of Canada. Discrimination is not a black and white issue. It is an issue for members of all races, creeds, colors and nationalities living in this 'mosaic', who have been victimized.

We must look beyond the dreams for our solutions. We have at our disposal a powerful media which should be used to promote

awareness of our differences and tolerance for each other. Schools must foster an environment which promotes good race relations among its staff and students. On a larger scale, we must all develop a global perspective of brotherhood and goodwill toward each other.

Various governments have addressed parts of the problem. There have been mandates for racial equality, multiculturalism and race relations. There have also been policies addressing aboriginal rights, affirmative action and employment equity. Recently much attention has been paid to bilingualism. Each unique racial issue requires a different solution to prevent its continuation. There are no quick or easy answers, and as a nation we must address each with equal importance. We must climb each hill together and must not be discouraged when we reach the top and discover new hills on the other side.

Canada has always set the example for the world as a bridge between sides, working to bring them together. Only if we engage in a collective national cry of "let the people go free," will it be loud enough to be heard around the world and bring us closer to the end of separation and the beginning of unity.

Until then, Canada will continue to be a united nation once a year on March 21.

Soma Gobin is a Journalism student

This article was submitted for the Day to End Racial Discrimination competition.

Lifestyles

EDITORS: Raquel M. Scott and Lorrie Hills

675-6623 ext. 4514

Fashion Collections '96 a hit

Show nets \$1,000 profit and attracts local TV coverage

by Cori Sayer

After months of hard work, the second-year Fashion Arts students have completed their major assignment.

Fashion Collections '96 concluded last Thursday night at 9 and the students celebrated at Caps afterwards.

The show started with a video made by students in the Fashion Management program. The video, which consisted of interviews of people expressing their views on fashion, was criticized by the audience for its length and poor shots.

In every scene of the show, the audience heard lively, upbeat music by Alanis Morissette, Sinéad O'Connor, Herbie, Duran Duran and even some Latin tunes. The music for each scene was chosen based on the style of clothing being modelled.

Clothing was supplied by several Canadian designers including Loucas, Hoax Couture, Turbulance, ULA International, Comrags, Jax, Ann Liona, and Orville Ellis.

The designs for women ranged from classic cotton and linen suits in black and ivory, to funky black, shiny vinyl tops and red checkered dresses and pants. Silver bathing suits were paired with mustard jackets. Men's designs included suits, vinyl pants and jackets, fake fur vests and velvet pants.

Twenty-six models were chosen from three agencies: Ice Models,

Sutherland Models and Canadian Models.

In only a few hours, the models learned the choreography of the show and pulled off every scene successfully. Scenes with female models were serious, while those involving men were more easygoing.

In one scene, a male model appeared on stage clutching a red "broken" heart taped to his suit, and staggered down the runway to a song about a broken heart. The other men joined him and proceeded to pull the hearts off their jack-

ets and vests and throw them into the audience.

"I was surprised that the models knew the choreography," said Sara Cutcliffe, choreographer of the show and a special events and promotions student at Humber.

Cutcliffe said the show was a success, with the students making a profit of almost \$1,000.

"I think that there were close to 800 people at the night show," she said. "We didn't expect a lot of people for the day show because students were in classes and the high school students who came

last year were on March Break this year."

Two of the models from the show, one male and one female, were scouted by modelling agent Elmer Olsen to work for Elite, one of the top modelling agencies in the world.

Carolann Organ, a teacher in the Fashion Arts program and the show's faculty advisor, said the show was "phenomenal."

Although they didn't confirm until the day of the show, YTV and CFTO showed up to cover the event.



PHOTO BY CORI SAYER

Models from three agencies auditioned to take part in the show, which was put on as part of Humber's Fashion Arts course. About 800 people turned out to see the show.

Body language has borders

by Anne-Marie Green

When Early Childhood Education student Sophia Dixon visited Jamaica over the March Break, she learned how dangerous a disrespectful gesture can be.

In jest, she grabbed her buttocks and flaunted it at a man who was trying to get her attention. He was so upset at the gesture that he threatened to kill her.

"I didn't realize the type of insult it was," she said. "Here when you do that people just laugh."

Dixon is not alone in her mishap. Some of the strongest statements we make are with our bodies. Even seasoned travellers have had problems with gestures.

The Australian press had a field day when former U.S. President George Bush gave the O.K. sign while boarding his plane. The sign, made by placing thumb and finger together to form an "O", is an insult in that country.

According to *Gestures*, a book which catalogues gestures around the world, the sign means money in Japan. It is usually used when a shopper is trying to indicate an

item is expensive. In Germany or Greece, with a little added movement, the gesture is a sexual insult.

Humans have developed quite a few elaborate gestures to show disrespect. In North America, the single-finger salute is universal, but signs vary in other nationalities.

"In Britain, we give a two-finger salute, it's sort of like a backwards victory sign," explained Michelle Gillespie, a University of Toronto student.

Omer Mohamed, an East African Humber student, said Ethiopians show disrespect by raising four fingers, while keeping the middle one down.

Peter Forest, a computer programmer, got into trouble while working in Montreal.

"I used to give people at the plant the thumbs up sign to say O.K. My boss came up to me after a while and told me to stop doing that because there were a lot of Iranians in the plant and in their culture the thumbs up sign was like giving the finger."

In Italy, the horned symbol, made by folding the three middle

fingers down and raising the thumb and baby finger, has a variety of meanings.

"It's called the 'corni' and means you're a fool. It is connected with a spouse cheating," said Louis Valente, a University of Toronto student. "It can also be a way of protecting yourself from someone who wishes bad on you."



Hand gestures vary in meaning in different parts of the world.

There are also various ways of greeting people throughout the world.

"In India we place our hands together and dip our heads," said Masha, program coordinator at the India Community organization.

Amran Mohamed, a Humber student, is a Somali who grew up in Saudi Arabia.

"To greet each other, we kiss on both sides of the cheeks, both men and women. In Saudi Arabia where I grew up, it was forbidden for men and women to touch, so only the same sexes kiss."

In Canada, we take an oath by putting our hand over our heart, but in Somalia this is also a greeting.

Jama, a recent Somali immigrant said, "It is a greeting for someone you haven't seen in a long time. It's very sincere and means I missed you a lot."

Children in Korea must bow to their elders to show respect, but for Muslims it is forbidden to bow to anyone except their God.

Information about gestures can even be found on the Internet. One site, "Are You Really Filipino", said Filipinos nod when greeting friends, but greet relatives with a kiss.

Still, some gestures are universal. No matter where you are in the world, everybody understands a smile.

Students provide security at show

by Raquel Lewis

Lakeshore Law and Security students were given the opportunity to make practical use of their skills as security guards at last Thursday's fashion show at Humber's North campus.

At least 30 students from the program came out to volunteer Thursday at 2 p.m. and 7 p.m. for the unveiling of Fashion Collections '96.

The show was presented by second-year Fashion Arts students at the North campus.

Rhonda Keegan, technical advisor and Fashion Arts student, said the Law and Security students were asked to volunteer their services because organizers did not want to exceed their \$5,000 budget.

"We are cutting costs wherever we can," said Keegan.

The students were expected to guard each exit in the Gordon Wragg Athletic Centre and make sure the crowd was under control.

Keegan said show coordinators wanted to allow the students to get experience working within the college.

Norman Bergounhon, president of Crime Intervention and Associates, said his daughter, who is one of the fashion show supervisors, asked him to help provide free security.

"The only way I could provide security for free is to get student volunteers," he said.

He spoke to Gina Antonacci, coordinator of the Law and Security program, who proposed the idea to the students.

"What the students will receive is a chance to work and get some experience," he said.

And the students' efforts will not go unnoticed.

"They get a letter of recommendation from Humber College and Crime Intervention and Associates saying they have worked for us."

First-year Law and Security student Charleston Channer said he enjoyed working at the show.

"First of all, it gave me some experience. I enjoy being a security guard and I enjoyed guarding the show."

Channer said students should take advantage of opportunities like this because "it looks great on your resume and it could mean being hired for the job."

Keegan said the volunteers did an excellent job.

"Everything went smoothly and we'll definitely use them again next year."

Sunglasses a fashion must this season



COURTESY PHOTO

Calvin Klein is one popular choice for sunglasses this season.

by Joseph Di Fonzo

This year's spring and summer selection of sunglasses is hot.

Not since Tom Cruise made Wayfarer Ray Bans a household name has protective eyewear been so exciting. This season the look is small and sleek. Silver is the color of choice for many designers.

Luci Coelho, manager of the Sunglass Hut at Sherway Gardens confirmed the public's renewed interest in fashionable sunglasses.

"People are buying two or three pairs," Coelho said. "They want to create different looks depending on how they are dressed."

Coelho said a significant number of customers are interested in "designer eyewear".

Designer names such as Anne Klein, Alfred Sung, Fendi, Gucci and Versace can be found at Holt Renfrew stores across Canada. The men's selection at Holt Renfrew includes Hugo Boss, Armani and Calvin Klein.

Sunglass Huts across Canada conducted a survey and found

more men had made purchases than women. These men were between the ages of 18 and 42. Coelho said her male clients seem to know exactly what they want, but women seem to be a little more cautious.

Both men and women want a great pair of frames. The number one mover in Coelho's location is Armani which sells 30 to 50 pairs a week. The second best seller is Ray Ban, followed by Oakley, Revo and Serengeti.

The demand for designer eyewear is not letting up. Coelho said she received a new stock of sunglasses which included Calvin Klein, Sting and Diesel designs. "Diesel has already become top in demand. They will definitely be in the top five," said Coelho.

Cost does not seem to be a factor when people are making purchases. Armani glasses range from \$200 to \$395. The new Diesels have a price range of between \$108 and \$158.

Nancy Claro, a Humber

Fashion Arts student, said she would have no problem with cost. "I would pay over \$100 if I liked them and they suited me," said Claro. "Right now I have two pairs. One pair from Alfred Sung and Gucci."

Although all Federal Drug Association approved sunglasses have 100 per cent ultra-violet protection, safety does not appear to be the primary reason people are buying.

"Fashion and creating a look is why customers are flocking to the stores," said Coelho. She noted, however, that there is a small number of customers who buy glasses for driving or outdoor sports.

If a buyer cannot decide whether to go for a fashionable look or practical and safe purchase, Coelho has the perfect solution.

"The customer should buy two pairs for both looks. We offer a 10 per cent discount on the more expensive pair."

Child safety essential

Accidental injury and death continuous problem

by Wendy Cyrus

On Jan. 3, 1996, a 14-month-old Markham girl was left napping in her crib. Several hours later, she was found hanging from the cord of the vertical blind at her window.

The mother tried frantically to revive the baby, as did paramedics, but Sierra Horton died later that day in Markham Stouffville Hospital.

"The crib was in the area of a window. The cord would have been accessible to the child," said Staff Sergeant Al Leger of York Regional police.

More children die of preventable injuries each year in Canada than from any childhood disease including cancer, according to Stats Canada. Thousands more are injured.

"There are so many children injured and killed every year as a result of preventable injuries, it could be considered an epidemic," said Dianne Merrick, executive director of Safe Kids Canada. "That's something to be concerned about."

SKC is a national charitable organization founded in 1993. Its aim is to increase awareness of the fact unintentional injuries are the leading threat to children under 15. SKC works with communities and groups to reduce the number of accidents and the severity of those injuries.

The national office is linked with more than 23 affiliates across the country to develop hands-on safety programs and general information.

At Humber's North campus day care, safety is front and centre. "Baby powder is not used

because the fumes could cause respiratory problems," said Nicole DeSouza, an early childhood educator at the centre. Plastic bags, which can cause suffocation, are put high out of reach. "Balloons or any other small objects are prohibited because they could lodge in a child's throat," said DeSouza.

Allergies can also be fatal in some cases. Peanut butter is prohibited because there is a child with allergies. If the child is even in contact with the fumes of peanut butter, it causes a reaction, said DeSouza.

Suffocation is the leading cause of death for infants, followed by motor vehicle collisions, according to Stats Canada.

In children aged one to four, car collisions are the leading cause

of injury-related deaths, followed by drowning. The leading cause of injury to all children under the age of 15 is falling.

"Children are vulnerable to accidents every day, especially with seat belts. Parents think they are secure and their child is safe for the ride," said Emile-J. Therien, president of the Canadian Safety Council.

According to a 1994 Angus Reid Survey, 97 per cent of parents believe they are using car seats and seat belts correctly.

However, Transport Canada's 1992 statistics revealed that four out of 10 children are not buckled in their car seats or seat belts while the car is in motion.

- Every year in Canada, there are more than 205 deaths and 21,684 injuries to children under age 15 sustained from motor vehicle collisions.

- Most deaths and injuries occur in cars travelling under 65km/hr.

- An infant or toddler sitting on a lap, even at low speeds, can be flung from the parent's arms and/or be crushed against the dashboard in a collision.

- An infant can be seriously injured or even killed in a crash if he/she is in an infant carrier facing forward in the front seat and the passenger air bag inflates.

- Two children buckled together with one seat belt can suffer serious head and pelvic injuries in a vehicle collision.

- A child is eight times more likely to be injured travelling to school in a car than on a school bus.

For more information, contact Safe Kids Canada at 813-5117.



PHOTO BY WENDY CYRUS

Blinds are just one of many items in the household that could be potentially dangerous for children.

Tantastic 10% Off Anytime (with student I.D.)

SUNTANNING CENTRES

This could be you

KEEP THAT TAN!

HEU3286A

50% Off (one time only)
Single Session with coupon
cannot be combined with other offers

20% Off Our reg. \$69.00 package with coupon
10 Session package (one time only)
cannot be combined with other offers

SHOPPERS WORLD
BRAMPTON
454-4222

SQUARE ONE
MISSISSAUGA
896-1907

WOODBINE CENTRE
REXDALE
674-5493

You'nique

Hair Design

Special Deals

\$5 off regular priced haircuts*
\$10 off perms, colors, and highlights*
20% off retail*

Woodbine Centre
500 Rexdale Blvd.
Etobicoke

* with this ad

Appointments (416) 674-5520

Semester end means exam time for students

Humber counsellors help students prepare for exams by offering study tips and ways to reduce stress

by Sharon James

It's almost that time of year again, when you tear out your hair and pull an all-nighter trying to cram for your exams.

With five weeks left of school, many students are trying to catch up from March Break and may not be prepared for exams.

"You can't study 12 hours a day every day. You have to organize studying in advance," said Olga Scibior, a counsellor at Humber.

Many students find they cannot keep up with all their responsibilities.

"I have a part-time job and I'm in school about 26 hours a week," said Jeff Turner, a second-year General Arts and Science student. "It's very hard to balance my time. Sometimes I do my homework at one in the morning. I don't have a

choice, if I want to pass, I have to do it."

April is probably the most hectic month of the school year. Students are handing in final assignments, studying for exams and looking for summer jobs.

The counselling department offers free pamphlets and handouts with tips on how to overcome procrastination, how to write multiple choice and essay exams and more.

"Students should pick the most optimal time of day to study, when they feel best. If you have a study break, you come back feeling fresher, your concentration is better," said Scibior.

"If students are really having trouble with any aspect of exam studying, they can have a one-on-one consultation with a counsellor."

Exam Tips

1. Review highlighted material and summaries.
2. Re-read textbook(s) if necessary.
3. Integrate lecture and text material accordingly.
4. Make up sample exam questions and test yourself.
5. Repeat above procedures, tackling difficult areas first and test yourself again. As you go along, you will notice how much more you retain.

Scibior suggests students get together in groups to study. Peer studying can be a very effective way to learn course material and to test each other.

"Students can relate to each other better," said Scibior. "Other people in the group can help those who have difficulties. You learn to formulate your own answers."

If you are forgetful or find you often put things off, try writing down all your activities and chores for a week. Schedule small blocks of time to study and relax. When you complete a task, reward yourself with a 10-minute jog, a quick chat on the phone, or your favorite chocolate bar.

"I don't have my exam schedule yet, but I've already written down the time that I will study for each class," said Andrea Lavine, a third-year business student. "I find it easier to start going through the material a few weeks ahead. It's a lot easier to manage. I don't know what I would do without my day planner."

"Cramming is the least useful way to study. There's just too much information to take in all at once," said Scibior.

The second floor of the library

also offers services which can help, such as books about time management and study skills with related audio visual material.

"There are seminar rooms on the fourth and fifth floors that students can book in groups for studying. The sign-in book is available at the front desk downstairs (first floor). We control the use of the rooms during exams," said Doug Willford, senior reference technician.

Two days before an exam is not the time to learn what took weeks or months to teach.

However, it is still important to take time out for yourself. Spending time with your friends or reading your favorite book will calm your mind and help you study better.

Job search needs more than just resumes

by Carrie Swain

Mailing out a million resumes isn't necessarily the best way to land a job according to an experienced job-hunter.

Twenty-four-year-old Allison Stewart is owner of her own company, Stewart Enterprises, said it may hinder your chances.

Some of Stewart's ideas and suggestions have captured the attention of several media giants including a radio spot on CFRB and a short video that will air on Citytv in early April.

When starting a job search, Stewart said the best approach is to target five companies per week, send them a resume, and follow up.

She said this method produces

the greatest results because it allows you to be persistent and personable. Because of this approach, the prospective employer is "often very receptive" and "very open to talking" and therefore more willing to grant an interview.

Persistence and motivation, according to Stewart, are the keys to landing an interview and eventually a job because "one day there is going to be a position open." It may take more than a month but "realistically something will open up and at most it'll be within a year," she said.

Stewart knows these approaches work because she used them to land her job as a sales representative with a major dairy corpora-

tion. She was always aware of opportunities.

Stewart admits being in the right place at the right time can also help.

"I was working as a waitress and had just sent out a few resumes to a few companies before my shift. I was serving this table of business people who paid with their corporate credit card when I realized it was one of the companies I had just sent one of my resumes to," she said.

She approached the table and spoke with a man who turned out to be the company's sales manager. Two days later she was interviewed.

Recognizing that finding a job isn't always easy and that it can be challenging, Stewart stresses people have to be careful not to let the "negativity" get them down.

Stewart said people should not take things personally and instead should concentrate on what's good in life.

One way Stewart has dealt with life's challenges is by listening to



PHOTO BY CARRIE SWAIN

Entrepreneur Allison Stewart gives Humber students advice about job searching.

motivational tapes that fill her with confidence and sureness of mind.

She said a lot of the speakers have opened her mind and "reached" her.

Equipped with the principles from these tapes, and knowledge

from sales and self management and effective speaking courses at Humber, Stewart launched her company and published a motivational tape of her own. The tape, called *How Soon Can You Start?* is available at the Humber College bookstore for \$11.95.

No tough times for charities

Public continues to generously support each cause

by Cindy Line

Charities have not felt the crunch from a poor economy, according to the Heart and Stroke Foundation of Ontario.

In fact, people have been donating generously for the past five years.

"Ontario's tough economic times have brought about a compassionate perspective to everyone," said Kasia Czarski, director of Direct Customer Services for the Heart and Stroke Foundation. "People are becoming more charitably aware and have not stopped giving."

The Heart and Stroke Foundation runs an annual Jump Rope for Heart campaign that represents

donations of \$4.5 million in Ontario alone, according to Czarski.

"The foundation comes from strong grass roots, so it is no surprise that we have seen a growth in donations over the last five years," said Czarski.

"Getting the charitable dollar has been hard in the past," said Kerstin Ring, Communications Manager of the Canadian Cancer Society. "But from 1994 to 1995, our donations increased by close to \$2 million."

The Cancer Society begins its Able Campaign in April and hopes donations will pour in. Volunteers will be going door to door in the hopes of raising awareness and

money, said Ring.

The society depends on fundraisers and special events to bring in the bulk of their donations. Forty-eight per cent of all donations go towards cancer research, said Ring.

At the height of a recession, things seem to be looking up for donations, said Matt Gleeson, director of the Breast Cancer International Centre.

The centre is a charity which relies heavily on donations from large companies, as well as residential donors.

"When the going gets tough, the tough get going. Or, at least I hope that is how the trend will continue," said Gleeson.

...her fingers danced across his skin,

then she felt his ACNE.



The end.

If the romance ends where your acne begins, it's time to take serious action. Your dermatologist has treatment programs designed for even the worst acne conditions. See your dermatologist today, or call 1 800 470 ACNE for free information about available treatments.

Entertainment

EDITORS: Lauren Blankstein & Marc St. Germain

phone 675-6622 Ext. 4514

X-Files bad guy taught drama at Humber

by Jason Hopps

File him under X-Humber professor.

William Davis, who plays the mysterious 'Cigarette-Smoking Man' on TV's *The X-Files*, taught in the drama department at Humber College for three years in the early 1980's.

"The last thing I did there," he says "was to write a proposal for their theatre program, which I think they ignored. It would have been a good program too," he says, laughing.

Davis was born in Toronto, but has lived in Vancouver, where *The X-Files* is filmed, for the past 10 years.

"It's purely accidental that a Vancouver actor is playing 'Cancer Man'," (as FBI agent Mulder calls him on the show), says Davis. "If the producers realized the role would have been as major as it is, they would have cast it in LA in the first place." But they didn't, and now Davis is enjoying his third year on a show that has quickly become a cult classic.

In person, Davis is affable, not at all like the shadowy character he portrays. He says that "Fans at X-Files conventions are amazed to find that I actually smile".

In the show, Cancer Man's role is to foil

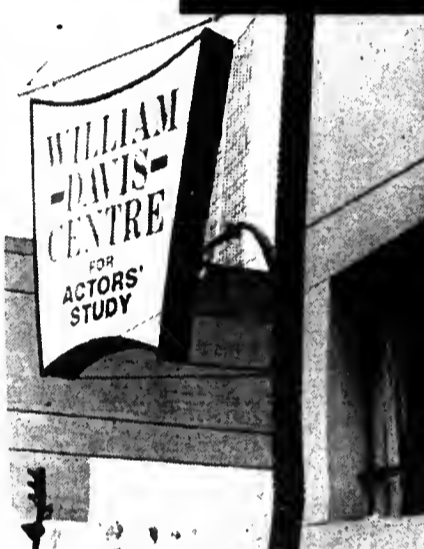
FBI agents Mulder and Scully's search for 'the truth that is out there'.

"His motives originally were very much to save the world from information it couldn't handle, but ruthlessness develops to do that," Davis says of his character. "I guess people see me as the bad guy, but I try to tell them that Mulder's the bad guy and eventually Scully and I will get married."

Davis has directed for the National Theatre of Great Britain in England, and for theatre companies in Scotland and Quebec. In 1989, he opened The William Davis Centre For Actors' Study in downtown Vancouver. His most prominent TV role before *The X-Files* was on the nowhere-near-cult-status show *Airwolf*. "I was in six episodes before it was canned," he says.

Without hesitation, Davis admits to being a big fan and regular viewer of *The X-Files*. One thing he does have in common with The Cancer Man is his attitude towards the supernatural and the unexplained. "I'm a complete skeptic, of all of it," he says. "I don't think there's any alien presence here. There's no evidence for it."

"The other thing I'm skeptical about is government conspiracies. I don't think it's that malevolent or organized."



On the hit show *The X-Files* the mysterious 'Cancer man' conspires in star chambers and smoke-filled rooms, but in reality the former Humber drama instructor trains young actors at his school in Vancouver.

PHOTOS BY JASON HOPPS

Even though Davis isn't a believer, enough viewers are, or are at least fascinated by the paranormal, to make *The X-Files* a huge international success.

"The subject matter clearly has appeal, and sometimes it worries me that we're feeding into this notion. At the very worst, is it possible that we're feeding the conspiracy theory and encouraging people to blow up federal buildings?" says Davis.

As for how the show will develop, Davis says he has no idea. "We'll have to see what Chris Carter's (the creator of *The X-Files*) feverish imagination comes up with". Davis does say that he's heard rumor of an X-Files movie in the works.

If you're wondering what brand of cigarettes The Cancer Man puffs on, Davis says they're herbal. "They're not addictive," he says. "I don't smoke anymore".

Humbertainment

Hep cats dig Jazz Nite at Lakeshore

Student ensembles play to a small but appreciative audience at Humber's campus by the lake

by Erin McNamara

An impressive showcase of talent jazzed up the stage at Lakeshore campus last Wednesday.

Acoustic Night at Humber's Lakeshore campus featured three performances by student ensembles.

The music was lively most of the evening, but slowed down at times for some mellow jazz numbers.

Don Thompson's Ensemble #2 was the first band to perform. The group, directed by Thompson, put on a great show. The students played smoothly and seemed to enjoy the performance as much as the audience.

"The music itself is outstanding," said Brian Lillo, director of Humber's music program.

Following Thompson's band, Pat LaBarbera's Ensemble took over the stage. Each performer exhibited outstanding talent and the music was polished.

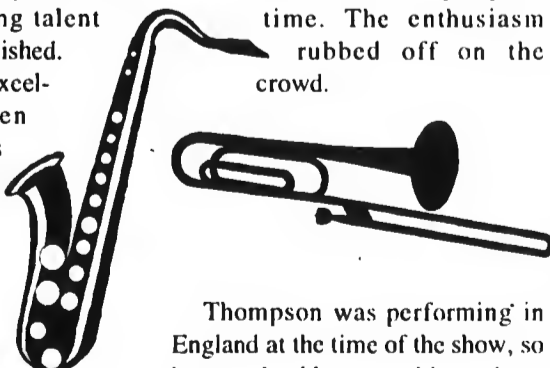
"The band was excellent. They've been rehearsing themselves as well as with me," said LaBarbera. "They're very eager."

The performance was especially impressive considering some of the performers were last minute replacements.

LaBarbera said the original piano player got sick three weeks ago and had to be replaced for the performance. The trumpet player is also a new addition.

Don Thompson's Ensemble #1

was the final band to play. They put on an impressive show and looked to be having a great time. The enthusiasm rubbed off on the crowd.



Thompson was performing in England at the time of the show, so he wasn't able to see his students play.

Humber's high profile instructors make these already talented musicians shine.

Saxophone player Brodie West played with both of Thompson's ensembles.

West, a third-year Music stu-

dent, is from Vancouver and chose Humber because of its music program's prestigious reputation.

"I came all the way here just to study with Pat (LaBarbera)," West said.

West has been playing the sax since he was in grade six and said Don Thompson is "probably one of the world's best."

First-year student Braxton Hicks who has been playing the sax for eight years agreed with West.

"I'm studying with one of the world's best saxophone players," he said.

Despite the wealth of talent, the audience turnout of approximately 70 people was disappointing.

"When we scheduled the showcase, we weren't aware of when the March Break would be," said

Lillos, who blamed the low attendance on poor timing.

"I wish we had more people come out," said LaBarbera.

First-year Pre-music student Kevin Dean managed to make it to the concert. He went to lend support to his fellow students.

"The whole show was really good," he said.

Etobicoke resident George Stone also managed to come out for the show.

Stone, whose son is a former Humber business student, frequently supports events at the college.

"I've always liked jazz. I just came here to enjoy the music." Stone said.

"Those young people are very good players. I'll certainly be back," he said.

Gambling's new look visible at Montreal casino

Today's casino's far cry from the martini and mobsters Las Vegas image

by Joe Oppedisano

A small crowd has gathered around the blackjack table to watch the man many refer to as a serious high-stakes gambler. His name is Pierre, and his credit extends far beyond the borders of his hometown of Montreal.

The dealer is showing a six, while Pierre has split a pair of eights and is now playing two hands, one showing 16, the other showing 19. Pierre's original bet of \$200 has now doubled to \$400. The dealer turns over a jack. He has 16 and his next card is a four, a total of 20 — a total loss of \$400 for Pierre.

The Montreal casino opens its

adults who frequent casinos.

"Back in the old days the crowd was much older than it is now. I don't think I've ever seen as many kids in a casino than I have over here the last couple of weeks."

But most students come to the casino to hang out and have a good time, says Goudreau. "Though there's exceptions, the average student who comes here isn't willing to lose more than \$100, and that's even if they're here to gamble. A lot of them come here at night to just walk around or hang out at the bar upstairs."

Gone are the days when casinos were run by mobsters and crooked government officials; the days

mates the casino averages more than 15 thousand visitors a day, while revenue has averaged more than 300 million dollars a year.

Much of this success can be attributed to these daytime gamblers.

"When I worked in Vegas in the '70s, things were much different," said Goudreau. "Nothing much ever happened until the sun went down. But now that casinos are run by governments and big corporations, things really aren't the same they're more a tourist attraction now than anything else."

Students usually frequent the casino at night, but the more serious gamblers hit the casino while the sun is still shining.

"This is my favorite time of the day," says blackjack dealer Guy Fichaud. "It's usually pretty quiet and you don't

have any hassles or headaches most people here at this time know what they're doing and have one goal in mind — making money."

A man in his mid-fifties sits at the roulette table watching the wheel spin. His name is Eddie.

"I used to be quite the gambler" he says. "I can remember about 10 years ago when I couldn't go a day without gambling in one way or another. It got so bad that once I was walking the streets at three in the morning, trying to find a poker game."

The ball stops on red 22, for the fourth straight time Eddie loses. Unfazed he continues, "My wife wanted me to check into Gambler's Anonymous but I was able to get

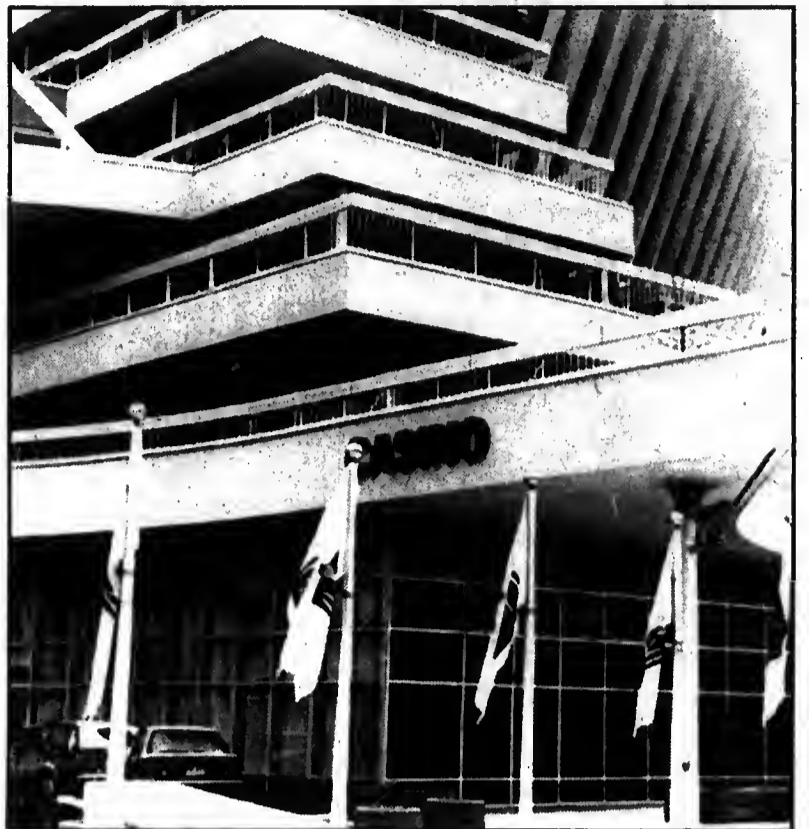


PHOTO BY JOE OPPEDISANO

The church of the big gamble: Montreal's casino attracts students, day-trippers as well as the hard-core gambling crowd.

myself under control. Now I gamble more intelligently and definitely with lower stakes."

But many gamblers aren't as lucky.

The Montreal Casino has adopted a strict policy concerning compulsive gambling.

One of the key elements of the casino's policy is a procedure wherein a player can voluntarily request the Casino deny him or her entry for a minimum of six months. There is also a hot-line number that can refer players in trouble to other services which is made available to customers.

"Obviously we're in the busi-

ness of making money," said Goudreau. "But I've seen people lose lots of money and ruin their lives in casinos. We don't want that happening here."

Back at the roulette table, Eddie is done for the day. "I lost my 100 bucks and I'm outta here," he says.

Pierre is also cleaned out. He tells the dealer, "You were too good for me today."

The dealer refuses to say exactly how much Pierre lost. "But let me tell you," he says. "However much you're thinking, at least double it."

All this and the clock had yet to strike two.

These days casinos are more like a Disneyland for adults. A place where you can take grandma when she's visiting from out of town.

doors at 11 every morning. Pierre is part of a small crowd gathered in the lobby at about 10:30. These are the real gamblers. The ones who gamble during the day, when the fewest number of people and other possible distractions surround the gaming tables.

The crowd is mostly middle-aged men. There aren't any groups of friends out to have a good time; no couples out on double dates; no tourists looking for a light diversion; just gamblers.

The face of gambling has undergone several changes over the past few decades.

Manager Jean Goudreau says there has been an increase in the number of students and young

when money was laundered through the guise of blackjack tables and roulette wheels; the days when congressmen and senators sought refuge in the private suites of the casino's hotel.

These days casinos are run more like a Disneyland for adults. A place where you can take grandma when she's visiting from out of town; a place where the drinks are watered down and lighting up a smoke in the wrong place can get you 10 to 15 years; a place where you go to have fun, not just to make money.

Since the Montreal casino opened on October 3, 1993, four million people have walked through its doors. Goudreau esti-



Ladies Night Out

Every Thursday Night

- Food & Beverage Specials
- Ladies Never Line Up
- Great Music & Host-D.J.
- Great Prizes Every Night



WOODBINE CENTRE ☎ (416) 674-5450
EVERY THURSDAY NIGHT

Playwright chooses love of craft over love of cash

Only 33 years-old, and Jason Sherman has written five plays, and is ready to take on New York City

by Shannon Fitzgerald

If you haven't yet heard of Toronto playwright Jason Sherman, chances are in the next few months, you will.

The 33-year-old has had five of his plays produced and has won the prestigious Governor General Award in 1995 for *Three in the Back, Two in the Head*.

Following the successful run of his latest play, *The Retreat*, at Toronto's Tarragon Theatre, Sherman is looking forward to taking *Three in the Back, Two in the Head* to New York City, where it will open off-Broadway in May.

Not bad for a York University

grad who never thought he could make a living doing something he actually liked.

"I don't think I picked

theatre until my Theatre Arts class in high school," said Sherman. "I loved that whole world."

Calling himself "a creature of the theatre", he said there isn't one writer that influenced him entirely. However, he admires writers like Mamet, Ibsen and Chekov.

"Everything's an influence—everything from the interview to seeing a bad play to something on the street. You read something that you are in tune with, you get past the mentor thing and you're on your way through it."

The only thing he's lacking is a big bank account.

"I've been really lucky. The only thing missing is the large pay cheque," said Sherman. "But here I am after two very successful shows. I'll get a little bit of money for that—not enough to buy a house, not that I want to buy a house."

After spending what he calls

"four tortuous years" at York University in the creative writing program, Sherman said after graduation, he sent out a few of the plays he had written, but none were producible.

To survive, Sherman worked as a journalist, wrote book reviews and profiles and even published a literary magazine called *What*, with school friend Kevin Connolly.

"We printed 10,000 copies of the magazine and distributed it around Toronto," he said. "It was very successful. It brought me a lot of attention from Coach House Press."

"Coach House offered me an editor position, which meant a full-time job, but I only lasted for half a day"

Eventually Sherman began getting offers from various publishing houses but turned them down to become a full-time playwright.

"Coach House offered me an editor position, which meant a full-time job, but I only lasted for half a day. The job offer really forced me to make a decision about writing. At that point I decided to concentrate on writing plays."

To sum up his list of achievements, *A Place called Pamela* was produced in 1990, *To Cry if Not So* in 1991 and *The League of Nathan's* in 1992.

Governor General Award winner *Three in the Back, Two in the Head* followed in 1994.

Sherman said winning the award was a pivotal moment in his career and the cash award of \$10,000 sweetened the victory immensely.

"After getting the award, peo-

ple started taking a greater interest in me," he said.

"It's validating but it doesn't affect the work at all. I guess an award like that is good because in those moments of great self-doubt, you can think to yourself someone likes your work."

Interest in Sherman's work extended to television as well.

"I've met with the producer from *Straight Up*, that new CBC show. Alliance studio has been calling me. I guess it's just a question of what I want to do with it. But for me it's the theatre first."

Although he admitted his career hasn't been easy, Sherman said it's worth the struggle because he derives so much satisfaction from producing plays.

He urged young playwrights to follow

through with their dreams, even though getting started can be tough.

"You have to work at it. Always listen to your gut. Don't change a word because of someone else. Don't sit in your little apartment and concoct conspiracies why your play isn't getting published. Just listen to yourself first."



PHOTO BY SHANNON FITZGERALD

Jason Sherman in front of the Tarragon Theatre in Toronto.

Art resources threatened by government cutbacks

by Pamela C. Chynn

The Toronto Women's Art Resource Centre on Spadina Avenue could get scorched in what some critics have described as the slash and burn economics of Mike Harris' government.

According to Linda Abrahams, co-director of the centre, much of their staff relies on government subsidized employment programs or volunteering. Excluding volunteers, their small staff consists of two permanent employees and two government subsidized positions.

"Harris cutbacks could take away the government subsidized positions needed to keep the resource centre running efficiently," said Abrahams.

She said because of the cutbacks, the centre has had to reduce their small, "collective-style" staffing.

The centre provides research materials, books, periodicals,

audio and videotapes related to women's art production, and files on more than 2,000 women artists. So far they have managed to avoid compromising their services.

"But it is far too early with the cutbacks to be able to tell if the centre will survive," said Abrahams.

Further cutbacks could also affect their ability to supply badly needed services to women artists.

In the past, the centre has helped women artists obtain commissions.

"When an institute or a magazine has been looking for art work dealing with a specific theme such as violence or body image, they can contact the resource centre for referrals," said Abrahams.

"Galleries don't buy as much art work done by females as they do males, and when they do, they tend to pay substantially less."

ENTERTAINMENT ACTS NEEDED

FOR: STUDENT APPRECIATION BANQUET

WHEN: APRIL, 9TH, 1996

TYPE: VOCALISTS, DANCERS, ETC.

CONTACT: COLLEEN GRAY, ATHLETICS EXT. 5097



Sports

EDITOR: Kenneth Collison

675-6622 Ext. 4514

Floor hockey good 'clean' fun

by Travis Mealing

If you don't mind getting your knuckles rapped, your shins slashed and the occasional elbow in the ribs, then floor hockey may be your game.

Humber College's intramural floor hockey league attracted 22 teams this year, according to league coordinator Allison MacDonald. This is more than softball, volleyball or indoor soccer.

J.P. Spina, a 21-year-old Marketing student and self-proclaimed floor hockey star, says the \$30 team fee is money well spent.

"For the money you pay, you get to get your friends out and have a good time," he said.

Six teams, however, have missed out on the good time after being dropped from the league for forfeiting too many games. This has caused some confusion because of the required schedule changes. MacDonald, though, still believes the season has been a great success compared to the other sports leagues.

"It's competitive," she said, "and most of the teams show up for their games."

As the end of the regular season draws near, the S1 Stars and Caps 101 are holding on to narrow leads in their respective divisions. Their strong showings may make them the early favorites for the playoff championship, but the field is wide open.

Spina, the captain of Caps 101,

however, thinks his squad has the title all but wrapped up. His prediction for the playoffs?

"Total, utter, domination," he forecasted cockily. "The question is how many goals we're going to win by."

Twelve teams will make the playoffs though, and the single

elimination format is often unpredictable — an upset is not out of the question. The teams chasing the frontrunners include the Hell Raisers, Can We Get Beer, Free the Juice, and Camalot.

Floor hockey is the last sport on the intramural schedule this year.



PHOTO BY TRAVIS MEALING

A Humber student gets ready to take a shot in the intramural ball hockey league. There are currently 16 teams playing in the league.

FLOOR HOCKEY STANDINGS

Red Division

	GP	W	L	T	Pts
S1 Stars	9	7	1	1	24
Hell Raisers	9	6	2	1	22
Can we get beer	8	7	0	0	21
M-Divers	8	6	1	1	21
Bruisers	9	5	3	1	20
King Cobras	8	5	2	1	19
Oilers	8	3	3	2	16
SCSI's	9	3	5	1	16

Ice Queen's, Duncan and SMF's were disqualified.

Blue Division

	GP	W	L	T	Pts
Caps 101	9	8	1	0	25
Free the Juice	9	7	1	1	24
Camalot	9	7	1	1	22
Buds	9	6	3	0	21
Shooters	9	4	4	1	18
Central Tech.	8	5	3	0	18
De Chiefs	7	4	3	0	15

Ballzout, Budgies, and Gonzo Compadres were disqualified

Boxing gaining popularity among women in Toronto

by Rosalee Buonpensiero

Have you ever seen two women fighting? Really Fighting with their fists?

Patti Satok is one of a growing number of women boxers in Toronto.

A member of Unitas Gym in Toronto, Satok started kick boxing nine years ago after the birth of her child. She made the switch to regular boxing three years ago with the desire to compete. Last summer she began training and has competed in five matches.

"I won a silver medal for my first match that was in October," said Satok.

Satok has also earned her certificate to be a boxing coach.

"I coach men and women boxers. I find a lot of boxing coaches have never fought before, which seems strange. I get to coach and compete, which is great."

Satok also teaches boxercise to both men and women.

"I feel very strongly that all women should have some kind of self defense behind them," said Satok. "If a woman can do the boxercise or kickbox, even for just six months, it gives you confidence, and helps reaction time. I've noticed a change in women of all ages in my classes."

Satok is registered as a fighter with the Canadian Amateur

Boxing Association (C.A.B.A.). Although there are 20 to 30 female members currently in the association, not all of them compete. Out of Satok's five fights, there were only three different women.

"I need to become friends with my opponent," explained Satok. "I have to talk to them before the fight. It makes it easier to fight them instead of the typical 'try to hate them and be angry'."

Both male and female fighters wear gloves and protective headgear.

Wondering how men feel about women in boxing? Satok said she

hasn't encountered any disrespect.

"You would think that you'd get some resistance, but I've had nothing but respect from fighters and coaches. They've been really wonderful and supportive, considering it has always been a male sport."

"It's good that women are training and competing in boxing," said Troy Dobson, a boxer and former Unitas Gym member.

Satok believes there is a future for women in boxing.

"There aren't a lot of women out there (boxing) right now," said Satok, "but it's growing."



COURTESY PHOTO

Patti Satok boxes, and coaches the sport as well. Satok got involved with the sport three years ago.

Every Saturday Night...

with
3 Men a Drum Machine.

Coming SOON
April 25

HOTEL California
EAGLES TRIBUTE BAND

FOX AND Fiddle
PARTY PUB

171 Carlingview Drive • 798-3203

Rock climbing's dramatic change

by Anya Luczak

Jill is up against the wall, and the only thing between her and the summit is a steep rockface demanding a lot of skill and guts. With each reach, she slowly crawls upwards, her tense body clinging to the mountain.

But Jill's mountain is only 30-feet high, because it's an artificial climbing wall at Joe Rockhead's Climbing Gym in west Toronto.

Joe Rockhead's is Ontario's largest indoor climbing facility offering climbers 30 vertical feet of man-made climbing bliss. Gyms like this one have more than tripled in number over the past two years across Ontario according to Dave Krus, owner of Gibraltar Climbing Gym in London, Ontario.

In its century old history, rock climbing has experienced dramatic changes, but none as dramatic as the technological development and creation of artificial climbing walls. According to Brian Hibbert, a 30-year veteran and certified climbing instructor, the face of rock climbing is changing.

Rock climbers are a unique bunch, outside of their stereotype as "granola-eating, tree-hugging adventurers." What sets them apart from others is their sheer desire to conquer the mountain and dangle high above spectacular sights. Despite a limited supply of natural climbing spaces in a concrete jun-

gle like Toronto, there are enough artificial rockfaces to allow climbers to pursue the fundamentals; or at least the challenge and the thrill of heights.

When Krus opened Gibraltar, it was only the third gym of its kind in the province. Now, he said there are 14 across Ontario. "Most of the province's largest communities now have a climbing gym," he said.

Krus believes the climbers' eternal pursuit of the fundamentals of rock climbing is what is turning these indoor gyms into the climbing trend of the decade.

"They are popular because climbers can now climb on a rainy day," he explained.

But these imitation rockfaces mean different things to different climbers.

Jeanott Blanchet said he started climbing seven years ago just because it seemed like fun.

He prefers outdoor climbs, but uses the indoor walls to perfect his moves and stay in shape.

"What is important in climbing is the strength in your fingers and forearms," said Blanchet.

This is not a sport that requires muscular bulk. "It's about flexibility. You've got to be able to spread your legs," explained Blanchet's climbing partner, Jill Marvin.

While for some these man-made facilities are mere practice posts, for other climbers, it's all

they will ever need. John Lewis, a 54-year-old general contractor and all-round outdoor adventurer, prefers to do all his climbing indoors.

When he started a year ago it was to learn the basic rock climbing techniques indoors before heading outdoors. Lewis enlisted the help of an introductory climbing course available at the Gibraltar Climbing Gym to learn the techniques.

Once Lewis headed outdoors, he soon returned indoors. "Personally, I like the sport two, three, four feet off the ground,"

said Lewis. "I don't need to go any higher than that. I appreciate it for its athletic attributes."

Both indoor and outdoor enthusiasts stay with the sport for different reasons.

"It's all in the approach" said Krus. "Indoor climbing is about how hard can you go, the goal is more gymnastic. With outdoor climbing you're up against nature and you just climb to the top."

Krus has six years of climbing experience, and would rather scour natural rockfaces in North America's most revered climbing destination, Yosemite Valley in California, than spend an afternoon doing the "wall crawl".

For Krus one of the most essential fundamentals of rock climbing is the terrain, something indoor gyms cannot offer.

Both Krus, and Brian Hibbert believe the biggest thrill of climbing is the rush of being outdoors. Rattlesnake Point Conservation Area on the Niagara Escarpment, has some of the best beginner and intermediate climbing terrain in Canada. It offers climbers all the fundamentals of rock climbing.

Krus admits indoor gyms that started in the late 1960s, have launched rock climbing into the mainstream of modern sport.

Back at Joe Rockhead's, Jill has come down off the artificial mountain. She started climbing two and a half years ago to feed her passion

for the thrill of heights. "It's such a high when you reach the peak," she said looking up.



PHOTO BY ANYA LUCZAK

Outdoor climbers can now turn to gyms with artificial walls if bad weather hits.

Rock climbing start up costs

- Harness - \$65
- Locking carabiner (aluminum alloy ring with a locking device) - \$18
- Belay/rappel device (procedure of securing a climber by the use of a rope/ to descend a rope by means of mechanical brake device) - \$16
- Four oval carabiners (aluminum alloy rings with a spring-loaded snap gate) - \$24
- Gear sling - \$12
- Chalk bag, chalk - \$18
- Shoes - \$100
- TOTAL - \$253

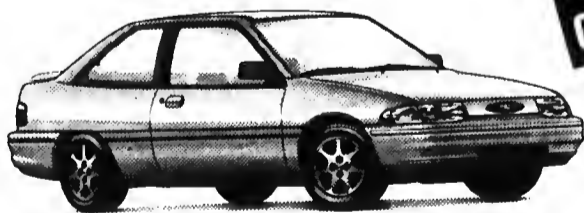
Where you can go to use your equipment:

- The Toronto Board of Education: 416-397-3820
 - Hibbert Climbing Enterprises: 905-233-2688 or 905-393-1770
 - Toronto Rock Climbing Academy: 416-362-6024
 - Joe Rockhead's Climbing Gym: 416-538-7670
 - The Summit Climbing Gym: 905-273-7625
- Beginner climbing courses are available at all locations.

SUMMIT FORD



\$1000 (Cash or Trade Equivalent) plus Humber College Grad Rebate



Free CD Player

ESCORT \$259* per month

1.9L 4 Cyl Eng, 5 Sp w/ O/D, air, AM/FM, power steering, aluminum wheels

\$259* per month

FORD F150


4.9L I-6 engine, auto O/D, air, AM/FM cassette, chrome appearance package, chrome style wheels, cruise control, tilt steering



* based on 24 month lease. 1st, security deposit, taxes extra. OAC.



SUMMIT FORD
 All Fords are created equal. It's how you use them that counts.
 HWY. 27 NORTH (Just North of Humber College)
(416) 741-6221

		Albion Rd
HWY 27 NORTH	HWY 27	
		Finch Ave
		Rexdale Blvd
		HWY 401

CLASSIFIEDS

EDITOR: Shannon Armstrong

675-6622 Ext. 4514

**ADVERTISE
IN THE HUMBER
ET CETERA
CLASSIFIEDS**
**\$3.00 FOR THE FIRST 25
WORDS, 25¢ PER EXTRA
WORD.**
**WRITE YOUR AD ON THIS
FORM AND BRING IT TO
L231.**

OPPORTUNITIES

Due to the increased domestic sales and expansion abroad, our distribution company has interesting business opportunities for students at Humber. Our high-tech products range from security alarms to healthy living systems. Suiting students, this opportunity does not require a large investment of time or a large sum of money. Call Sentinel Enterprises at (416) 695-3137.

WIN \$500!!! Full time undergrads, 1st through 4th year, needed to participate in a short telephone survey. Must complete survey for chance to win. Weekdays 9 a.m.-10 p.m. EST/Sat. 10 a.m.-2 p.m. EST. Call (416) 490-9366.

SERVICES

WEDDING PHOTOGRAPHY
Creative, custom coverage. 14 years experience. PLEASE CALL ROB MCKINNON at (905) 713-5244.

Students - will type thesis, manuscripts, essays, resumes. Will provide free copy. \$3.49 per page. Call Lin-El and associates at (905) 270-8424.

Sex!!!

We can give it to you. Here is the perfect guide to aphrodisiacs. It's called "Better Love: a guide to aphrodisiacs." It costs \$6.95 (+S&H). For more information call (416) 208-3266.

Computerized Income Tax Returns - Plus - Personal Tax Planning... Only \$30.00 (GST Included). Call Kathy at (416) 740-5651

Student Works Painting is hiring in the Halton region. Wages are based on experience & performance. Apply at your placement centre or call (905) 793-9591

TYPING - \$1.75/page. Essays, resumes, transcriptions. Pick ups available. Laser printed. 7 days a week. Rush jobs over the phone. Tops. 466-4446.

FOR SALE

PENTIUM 100. 16 MB RAM/1 GIG HDD. Quad Speed CD-ROM \$1399.00. Includes Mini Tower Case, 1.44 Floppy, PCI E-IDE I/O, 1 MB PCI Video, 104 KB, 16 Bit Sound Card, mouse & pad.

P120 & P133 also available

Student Special
486 DX2-66.....\$699
486 DX4-100...\$799

Cybertech Computer Systems Inc.
4174 Dundas St. W. Suite 310
(2 blocks east of Royal York Rd.)
(416) 231-2149

EMPLOYMENT

EVENT STAFF ON CAMPUS
\$12.50/hr. Pre-Application for September '96 positions. Must be outgoing and well spoken. Register incoming students for Humber phone plan. Award prizes & staff info booths. Answer student's questions. Deadline April 30th. Call (416) 631-4438.

PICK-A-FLICK



Can you name the movie this clip is from?

The first person to come to the Newsroom (L231) on Monday, March 25 at 11 a.m. with the correct answer will win a prize. The prize is exciting, fun, and unbelievable. So come on up and get it! Last Week's Answer: Bad Girls

HUMBER ET CETERA

THE VOICE OF HUMBER COLLEGE

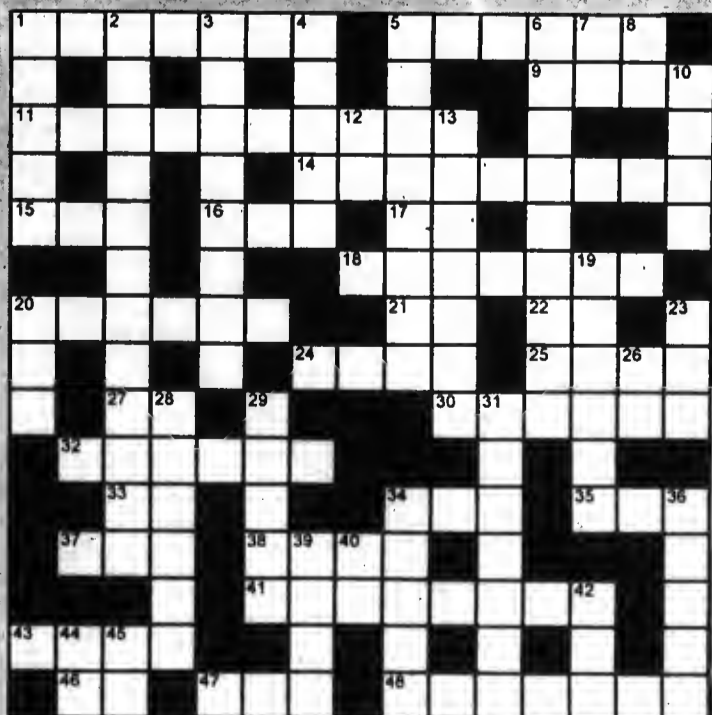
Excellent Rates

On advertising in the two remaining issues of the semester

Act Now!

Contact: Edna Matchett or Rob Campbell
Call (416) 675-5007

Crossword Puzzle



ACROSS

- 1 one of the seven dwarfs (7)
- 5 oppressive or cruel ruler (6)
- 9 medieval security system (4)
- 11 Emily Carr became for her paintings of these (2 wds.) (10)
- 14 capture interest (9)
- 15 morse code term (3)
- 16 Elizabeth Arden's newest skin care line (3)
- 17 state (abbr.) (7)
- 18 rape and _____ (7)
- 20 type of palot (6)
- 21 Associated Press (abbr.) (2)
- 22 state (abbr.) (2)
- 24 sci-fi movie starring Sting and Kyle McLaughlin (4)
- 25 a plant or part of the eye (4)
- 27 disease (abbr.) (2)
- 30 vegetable with pungent taste (6)
- 32 small breed of dog (6)

DOWN

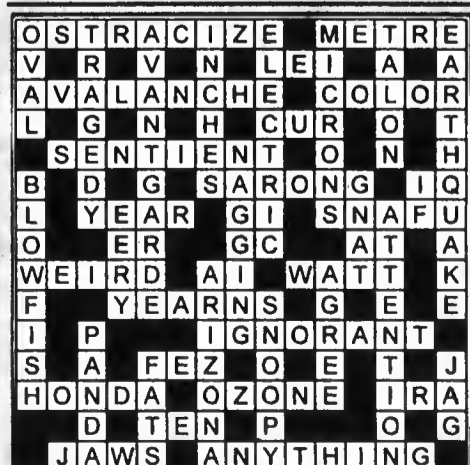
- 1. Anthony Perkins was the proprietor of this motel (5)
- 2 adequate (12)
- 3 starving (8)
- 4 shower sponge (5)
- 5 actor or actress (8)
- 6 naturally occurring in plants and animals (2 wds.) (9)
- 7 Dr. _____ (2)

- 8 baby 'please' (2)
- 10 golfing necessity (4)
- 12 ___ Law (2)
- 13 cut-rate ticket salesman (7)
- 19 gaudy (6)
- 20 water snake (3)
- 23 tree, or the powdery stuff left after a fire (3)

- 26 present of 'be' (2)
- 28 dull (6)
- 29 Charleton Heston film (2wds) (5)
- 31 disney film (7)
- 34 crazy or eccentric person (5)
- 36 chess pieces (5)
- 39 full of _____ and vine-

- gar (4)
- 40 Three's Company - star monogram (2)
- 42 whiskey (3)
- 44 prefix (2)
- 45 et _____ (latin) (2)

LAST WEEK'S SOLUTION



neon *gX*celeration:

The resulting movement of graduating students to a Chrysler dealership after reading they can receive an extra \$750 rebate on a hot looking 2-door with a gutsy 132 horsepower engine.

**Graduate
rebate of
\$750**
in addition to all
current rebates.†



1996 Neon Ex Available Features Include:

- 2.0L 16V 132 hp SOHC engine
- Dual air bags
- Automatic transmission
- Side door impact beams
- AM/FM stereo cassette with 6 speakers
- Air conditioning
- Rear spoiler
- 14" deluxe wheel covers
- Dual outside remote mirrors
- Fuel economy -5.8L/100 km hwy*
-8.4L/100 km city*

Our \$750 Graduate rebate applies to all 1996 Chrysler and Jeep/Eagle vehicles.†



Get an additional \$750 Cash Rebate - over and above all other discount offers - when you purchase the 1996 Chrysler vehicle of your choice.†



CHRYSLER
CANADA



Official Sponsor of the Canadian Olympic Team



SEE YOUR LOCAL CHRYSLER DEALER.

CHRYSLER
FIVE STAR SERVICE

*Based on Transport Canada approved test methods, with a 5-speed manual transmission. Your actual fuel consumption may vary. †Limited time offer. Some restrictions apply. Offer applies to retail purchases for personal use only on select models excluding Dodge Viper. This offer can be combined with any other publicly advertised offer currently available from Chrysler Canada Ltd. Offer applies to 1996, 1995, and 1994 University or College graduates. See dealer for details. © Official Mark of the Canadian Olympic Association.

