



## Student strippers

Up to half the exotic dancers in Toronto clubs are students, according to the Adult Entertainment Association of Canada

Nicole Peck  
Graeme McNaughton  
News Reporters

Post-secondary students – male and female – are taking to the poles in record numbers to gain extra income, according to the Adult Entertainment Association of Canada.

Some are at Humber College.

“On a typical night when I go into work, some of the other dancers go on before me. Then when I go, I completely rock the stage,” said a Humber student and male stripper who wishes to remain anonymous. “Afterwards, I’m available for both tableside and private dances.”

The dancer is one of hundreds of post-secondary students registered as dancers, according to the AEAC.

“The club I’m at is only open Fridays and Saturdays, so it doesn’t interfere with school, it just means I usually put off homework on week-

ends until late Sunday night,” the student said.

“But I’d always take not finishing homework over the thought of my parents ever finding out. They’re old school and if they found out I’m a male stripper, they’d die,” he said.

The student said he genuinely enjoys being able to perform for others, but finds comfort to be an issue some nights.

“I’ve had women grabbing certain body parts they shouldn’t, or making back room proposals. That’s when I have to step back and think, ‘yes, I enjoy the money, but I don’t want to sell my body entirely.’”

“It took long enough to adjust to women willingly putting money in my underwear,” he said.

Tim Lambrinos, executive director of the AEAC, said more and more students are coming to work as dancers. On any given night in 2007, 15 to 20 percent of dancers were students.

By early 2011, said Lambrinos, post-secondary students represented half of the strippers in Toronto; not including those who work freelance.

The student said he doesn’t think he’d ever be able to work as a freelance stripper because it would take him too far out of his comfort zone.

He said working with the same guys each night and seeing regular customers make him feel as though it’s a normal job.

Lambrinos said the job isn’t everyone’s cup of tea, seeing as its essential requirement is to appear naked in a public setting.

The student agreed, but said that clothes are just society’s formality and he’d rather just not wear them.

“Just because society says we have to wear clothes, doesn’t mean I have to hide my body. To quote LMFAO, ‘I’m sexy and I know it,’ and I want others to know it too.”



PHOTO BY NICOLE PECK  
Romeo (right) and Malino (not Humber students) prepare to perform at Canadian Hot Bods in Mississauga.

## Trial for Humber student charged with second-degree murder starts today

Alex Consiglio  
Senior Reporter

A Humber student’s second-degree murder trial begins today, over three years after a botched robbery killed 17-year-old Vesna Cikovic.

Nahoor Araya, 21, a third-year arts student free on bail since April 2009, has pleaded not guilty.

Crown attorney Patrick Travers

said he will try to prove Araya was a party to the murder that took place on Oct. 3, 2008.

“The theory is that he’s not the person that shot Cikovic, but he’s there for the robbery which turns into a murder,” said Travers.

Araya remains the only person to be charged in the allegedly failed robbery of Cikovic’s knapsack which ultimately led to his death in Buttonwood

Park, near Eglinton Avenue West and Royal York Road in Toronto.

“He’s more than present, because presence does not make you guilty of anything,” said Travers. “So he’s an active participant in the robbery which leads to a murder.”

Araya’s defence attorney Stacey Nichols said to make the charge stick, Travers will have “to prove that Araya somehow participated, even if just in

a robbery.”

The Crown would then have to show “some subjective knowledge on his part that the robbery could have ended up in a death,” Nichols said.

The 12-person jury was selected on Tuesday and the trial begins today at 9:30 a.m. in courtroom 4-7 at 361 University Ave., where Justice John McMahon will oversee the proceedings.

## 8 Health Advocates and students say Ontario needs tighter tanning regulations



InSite success in Vancouver could result in a safer environment for addicts in Toronto **NEWS 2**

**NEWS 3** Occupy Wall Street protest comes to Bay Street

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**THIS WEEK**

<b>THURS</b> <b>13</b>	<b>Varsity Men's Rugby</b> @Humber North 4:30 p.m.	<b>FRI</b> <b>14</b>	<b>Arboretum Bird Watching Event</b> @Humber Arboretum 10 a.m.	<b>SAT</b> <b>15</b>	<b>Varsity Women's Fastball</b> @Wildwood, Ontario 1 p.m.	<b>SUN</b> <b>16</b>	<b>Pattison Canadian International Horse Race</b> @Woodbine Racetrack	<b>MON</b> <b>17</b>	<b>Humber Recreation: Staff Stars Program</b> @Humber North 12 p.m.	<b>TUES</b> <b>18</b>	<b>Eat To The Beat</b> @60 Simcoe St., Toronto, 7 p.m.	<b>WED</b> <b>19</b>	<b>Feast For The Fight</b> @Toronto, visit feastforthefight.ca for more information
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By Stephen J. Donkers

Humber Men's Rugby will go toe-to-toe with Seneca College's Men Rugby team.

Enjoy a guided walk while viewing various kinds of birds and learn birdwatching tips.

Humber Women's Fastball team will face Conestoga Varsity Women's fastball team.

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60 of Canada's top female chefs will cook up a storm at the annual culinary fundraiser. Tickets \$150.

Support the Canadian Cancer Society by dining out at one of the participating restaurants.

## Gay men still left out as donors

Tashae Haughton  
News Reporter

LGBT advocacy groups say gay men should have been able to donate blood at Humber's blood donor clinic on Oct. 19 and 20.

Maureen Carnegie, volunteer for The Coming Out Group, said this continuing issue encourages stigma about HIV/AIDS.

"If gay men are immediately [seen as] HIV positive, it reinforces the idea that HIV is only an issue of the gay community," said Carnegie, who is also coordinator of disability services for the college.

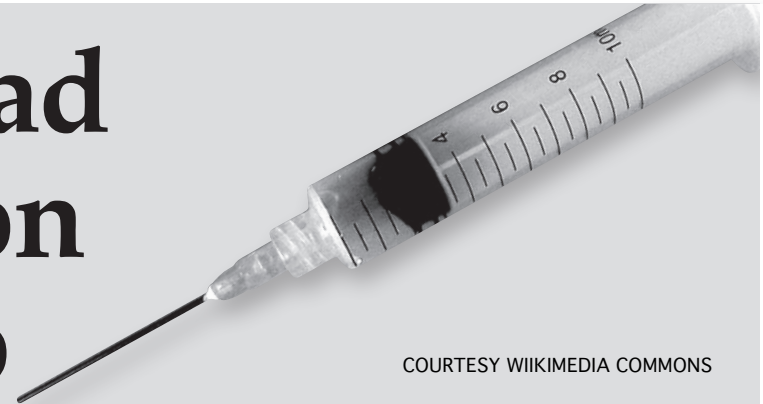
The Canadian Blood Services website states that, "Men who have had sex with other men are at an increased risk for HIV/AIDS. To protect the recipients of donated blood, a man who has had sex with another man even once since 1977 is not allowed to donate blood in Canada."

Andrew Brett, communications coordinator at the AIDS Committee of Toronto said this, "is not based on science, it's an outdated assumption."

Rob Salerno, staff reporter for *Xtra! Canada's Gay and Lesbian News*, said he doesn't understand why monogamous homosexual men can't donate blood if a promiscuous heterosexual man can.

"Several countries in Europe and Africa are recognizing that gay blood isn't inferior," said Salerno.

# Students to plead for safe injection sites in Toronto



COURTESY WIKIMEDIA COMMONS

Julia Alexander  
News Reporter

If Toronto is to establish a safe injection site such as Vancouver's InSite, it will be students who would make it happen, said Shauna MacEachern, network director for the non-government organization Canadian Students for Sensible Drug Policy.

The legality of InSite was upheld on Sept. 30 by the Supreme Court of Canada.

"You'll see a lot of youth in support of the sites. It'll be the youth and students that will

be the backbone in pushing the movement forward," said MacEachern.

Lee Hausmann, an addiction and recovery counsellor with Recovery Solutions Today, said safe injection sites like the one in Vancouver (currently the only such clinical setting in North America) provide users with a medically-supervised environment. It administers drugs and protects users from arrest while on the premises.

MacEachern said police need to stop targeting addicts because people with addictions need to get help from professional therapists.

"Drug addiction is a health issue, not a crimi-

nal issue," MacEachern said. "Students are saying the legislation for youth and illegal drugs needs a progressive outlook at what needs to be done – less prohibition and more of a realistic approach."

A Humber student who uses needle drugs said injecting a substance like heroin into one's vein through a syringe is downright terrifying. Clinics like the one in Vancouver would provide addicts with a safer environment where they wouldn't have to think about where they would get the needles, the student said.

# Big rig training doubles

Stephen J. Donkers  
News Reporter

Humber officials say the recovering economy is the reason the Humber Transportation Training Centre is seeing a huge jump in enrolment.

Rick Mikula, program liaison officer at the training centre, said the number of students studying for their Class AZ licenses for large rigs has doubled since the spring because of the improved economy.

"We started to see the increase in the spring," Mikula said. "It continued throughout the summer and it hasn't stopped."

Mikula said many current students and recent graduates were in financial troubles and wanted to study at the training centre as early as 2009.

Ted Wise, a master driving trainer at the training centre, said truck drivers are in high demand because of the current status of the economy. "Companies are begging for truck

drivers – literally begging," Wise said. "The trucking business is so crisp right now."

Rayon Maxwell, 35, currently training for his Class AZ license, said he was always interested in driving a big rig but could not afford to study during the recession.

He said his outlook has changed. "The time feels right – I figured I might as well give this dream a shot," Maxwell said.

The course – which takes only six

weeks of training for students – happens all year round at the training centre.

Caroline Blais, recruiting manager for Kriska Transportation, said Kriska has openings for Humber graduates after they finish training.

"With the improved economy, we need new drivers and replacement drivers," she said.

**CORRECTIONS**

**ET CETERA APOLOGIZES FOR ANY ERRORS**

On page 4 of last weeks Et Cetera, Drew Davidson was mistakenly referred to as male.

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PHOTO BY STEPHEN J. DONKERS  
Transport trucks parked in the lot of the training course at Humber North



PHOTO BY GRAEME MCNAUGHTON  
Sarah Rotz, facilitator and organizer of Occupy Toronto, speaks to participants at the General Assembly on Oct. 7

## Occupy Toronto scheduled to hit Bay Street this weekend

Graeme McNaughton  
News Reporter

Nearly a month after the Occupy Wall Street movement started in New York, similar protests may be moving north to Bay Street this Saturday.

"In Canada, there's a lot of space between the higher and lower class," said Caleb Spilchen, head of Occupy Canada, a group linking the various occupation protests. "People really have to stand up for the fact there's not a lot of jobs."

But Karen Fast, manager of Humber's Career Centre, disagreed, and said more employers are now looking to hire long-term.

"We've seen more and more of that from employers, offering growth potential and long term employment,"

said Fast. "They want to groom [new employees] for more long term opportunities."

Fast also said the Career Centre has seen more students finding work, with a 16 per cent increase in job placements between the 2009/10 and 2010/11 school years.

Like the protests in New York, Occupy Toronto plans to protest on grounds near the Toronto Stock Exchange indefinitely. Organizers say the protests will bring to light various issues affecting Canadians, including students who are currently experiencing a high rate of unemployment.

"I think maybe that getting involved in the movement, not necessarily the action itself, is essential," said Sarah Rotz, a facilitator and organizer for Occupy Toronto. "We

have the resources and the opportunity to make a profound statement."

At a general assembly held on the evening of Oct. 7, 200 people gathered in Berczky Park to discuss plans on how to prepare for the long stay. One universal concern among the participants was how police will react.

"The cops will separate us, they'll arrest us," said one participant. "They're not our friends."

Toronto Police said they are monitoring the situation and hope to avoid the confrontations seen during last summer's G20 protests.

"It was quite publicly made aware that there are things we learned from," said Const. Wendy Drummond from Toronto Police. "It's something we will take into consideration."

## Strike sparks arboretum clean up

### Aboriginal Student Services holds first litter round-up

Alex Consiglio  
Senior Reporter

Students were wearing latex gloves and carrying garbage bags through the Humber Arboretum yesterday to help clean the litter buildup.

Only nine students showed up to the event, open to all students and organized by Humber's Aboriginal Student Services department.

The first 20 were to receive a \$10 food voucher for Chartwells, Humber's food service provider, courtesy of the department.

"It's sad, but I expected it to be a relatively small event because it was planned quickly and it's the first time it's been done," said Allysha Wassegijig, 18, a work-study student in the aboriginal department responsible for organizing the event.

"The reason for the event was because of the support staff strike," said Jonathon Araujo, Humber's aboriginal community liaison, who originally thought of the idea.

Araujo said during the 18-day September walkout by 8,000 OPSEU workers, the Arboretum wasn't being maintained and started to get quite messy.

He said it upset him to see the land disrespected and his culture out of practice.

"We're always connected to the land and we just wanted to show our appreciation for the Arboretum," said Araujo, who handed his idea off to two work-study students in his office.

Araujo is currently abroad recruiting potential Aboriginal students.

Toni-Rae Broomfield, the other organizer, said Humber's aboriginal community feels strongly connected to the Arboretum.

"We usually have everything in the Arboretum," she said, noting the annual powwow that's been kicking off there since 2008.

Shelley Charles, Humber's resident aboriginal Elder, also takes students there for smudges, a traditional healing ceremony, said Broomfield,

adding Charles even held a canoe-birthing ceremony last year to ensure it has safe travels.

"I just don't like people who litter, period," said Broomfield, 28, a fourth-year nursing student. "They're just so lazy, sometimes when there's a garbage right there."

"It's part of Aboriginal culture to make sure you're respecting the land you take care of," said Wassegijig, who's in her second year of fitness and health promotion studies.

"You're not going to pay respect to the land by leaving your litter on the ground," said Wassegijig.

"It's never been part of our culture to consider land owned," she said. "We're caretakers who give back what we take from the land."

It's the least people can do, Wassegijig added, considering the land literally sustains them.

"If everyone drops one piece of garbage, it begins to pile up."



PHOTO BY ALEX CONSIGLIO  
Greg Glasman, 20, a second-year justice studies student, holds up a discarded tool he found yesterday in the bushes by the Humber Arboretum

## HSF moves to end long standing program-specific clubs

Changes to funding and format intended to make HSF-supported clubs "more generic," open to all

Jonathan Zettel  
HSF Reporter

Humber Students' Federation overhauled its club policy at their Oct. 5 board of directors meeting after problems with funding in previous years.

"Now they have to actually follow our guidelines and policies to be an HSF club," said VP of Campus Life North Melissa Mendes.

Mendes said under the new changes, HSF clubs are now responsible for holding a minimum of at least one event per semester, and sending representatives to the HSF bi-annual general meeting.

Every student should be able to participate in every club, and club activities should at least have the potential to benefit every student, Mendes said.

Mendes said clubs must, "Be more

generic, be open, cater to 25,000 students."

HSF programming co-ordinator Annie Halim said some clubs in the past have used their group to get ahead academically.

"It's not fair for [club members] to be receiving an A+ on a project just because another student wasn't a part of [that] club," Halim said during a training session for sanctioned clubs.

New policy enacted at the meeting forces clubs to be non-academic in nature and inclusive of every student at Humber.

Under the new rules a nursing club would be deemed too academic and therefore too inclusive.

Clubs are now eligible for up to \$1,000 per semester but must pay out-of-pocket and present receipts for reimbursement or have HSF pay the expense directly.

Clubs can no longer be affiliated with third party organizations or raise funds.

"The last thing we want is for [students] to go back to students and ask for more money," Halim said.

The newly created Clubs and Associations Committee will sanction HSF clubs, approve funding, and police the new rules.

HSF has allocated \$40,000 this year to fund clubs.



PHOTO BY ALEXANDRA GUNDY  
Professional in sustainable building wschmooze at Greenbuild, Oct. 7.

# Volunteering for a sustainable future

**Alexandra Gundy**  
News Reporter

Greenbuild International kicked off the world's largest conference dedicated to sustainable building on Oct. 4, and a Humber student was there to help make it happen.

Over 23,000 delegates from around the world gathered at Toronto's Metro Convention Centre for the three day event, which showcased the latest in sustainable technology, building products and innovations.

"Being here is inspiring," said Michael McEvenue, 24, a third year sustainable energy and building technology student.

"This is what our program is about. Coming together at an international summit to see the latest in green building and energy efficiency is really motivational," McEvenue said.

McEvenue said he has been interested in sustainability since he was in elementary school, where he built water turbines and weather stations

for science fair projects.

"Volunteering has been a really great networking experience, because you get to meet and talk to other like-minded young people from all over North America," he said.

Sue Lewis, manager of marketing and events for the Canada Green Building Council, said Greenbuild reaches out to post-secondary students across Canada to recruit volunteers.

This is the first time the annual

Greenbuild conference has been held in Canada.

"It's important that students with an interest in architecture, engineering, urban planning, and sustainable building get a chance to see first-hand where the industry is at and what people are talking about," Lewis said.

Volunteering at the conference also gives students a chance to meet and speak to potential employers, Lewis said.

Kerry Johnston, sustainable ener-

gy and building technology program co-ordinator, said volunteering is the only option for many students, who would otherwise pay up to \$500 to attend the three-day conference.

"One of the challenges many students face in attending conferences like this is the entry price," said Johnston. "When they volunteer, they not only open themselves up to networking opportunities, they get to see what's new in the industry. When the entire industry comes to town, we like to be part of it."

## New travel agency on campus to use interns

**Doreen Dawang**  
Student Services Reporter

North campus' new travel agency provides internship opportunities for travel and tourism students, said Alister Mathieson, the dean of hospitality, recreation and tourism program.

Mathieson said the travel centre is not just for student convenience but also serves an academic purpose.

"Internships are usually within the last semester for tourism students," Mathieson said. "So there will be opportunities for them to learn the full

functions of a travel agency."

Josefine Oshunrinde, the centre's manager, said one student is chosen each year from the travel and tourism program for a nine-week internship, which will allow the student to get hands-on experience and use the skills they've learned in school.

"Students get to see how a real travel agency works," Oshunrinde said. "They are [Travel Industry Council of Ontario] certified, which means they are able to book flights for customers, call up wholesalers for prices and help real people who come into the travel centre."

First-year tourism and hospitality management student Justin Payette was unaware of the new agency on campus.

Payette, 25, said he was excited to know about the internship opportunity, which is a requirement during his fourth semester.

"It's something I could see myself doing," Payette said. "I will definitely take it into consideration when applying for internships."

## Study Abroad program grows to seven global destinations

**Christian Quequish**  
Guelph-Humber Reporter

Students from the University of Guelph-Humber now have a variety of locations to choose from the Study Abroad program this year, including several European countries, Argentina and the U.S.

George Bragues, assistant vice-provost and head of the GH business program, said seven destinations are available for students to pick from, up from just Italy and Austria last year.

Countries are chosen according to relevance to academic programs at Guelph-Humber.

Italy-bound students will get a business-focused look at the com-

mercial and business side of the Renaissance. Students going to Austria and Argentina will also be focusing on the business aspect of those cultures.

Students wishing to enrich their studies can also choose Sweden.

Students in human service programs such as early childhood education or family and community social services would benefit from this trip, said Bragues, who travelled with students to Italy last year.

Students going to Ireland will take a justice-oriented view of Ireland's history and culture. They will travel with the GH assistant program head of justice studies, Glenn Hanna.

"The big thing about interna-

tional travel is that it broadens your horizons," said Hanna.

Jerry Chomyn, GH head of media studies, said students in his program will travel with him to London and New York to contrast public and private media in Europe and North America.

"The ability to have a clear and better understanding of the two main sources of funding for media in North America and Europe is helpful in any media industry," said Chomyn.

Students also have an option to write a thesis about a certain aspect of the trip, or produce a documentary comparing the two systems, Chomyn said.

# Wireless weight loss kicks in

New app to help users keep up fitness programs with trainer communication

**Mark Mullen**  
Biz + Tech Reporter

A new app might help people manage nutrition, exercise, and behaviour around the clock by the end of December, said Jeff Ruby, founder and CEO of the Vaughan-based health company Newtopia.

Ruby said Newtopia's app is different because it allows users to have live video-chats with personal trainers who have been specifically matched to them.

"The nice part about this is not only does it track what you're doing, but we're able to set goals," he said. "Then all of that's fed into the app and the coach gets it."

Newtopia spokesperson Lou Carsley said success management is one of the most important aspects of a weight loss program, and mobile devices make this easier.

"We're able to develop personal-

ized programs for clients who want to lose any amount of weight and help them keep the weight off once they lose it," he said.

Ruby said the app also features a barcode scanner that can be used at most grocery stores.

GoodLife Fitness personal trainer Miranda Klatt said this could be beneficial, but it needs to take the food allergies and restrictions of the user into consideration.

"It depends how detailed it is," she said.

Ruby said the app works with an accelerometer attached to the user's shoe that tracks their performance.

Leanne Henwood-Adam, Humber fitness co-ordinator, said this could be useful, because most pedometers (step-counters) are not sensitive enough.

"If this is a little bit more sensitive," she said, "I think that would be a really cool feature to have."

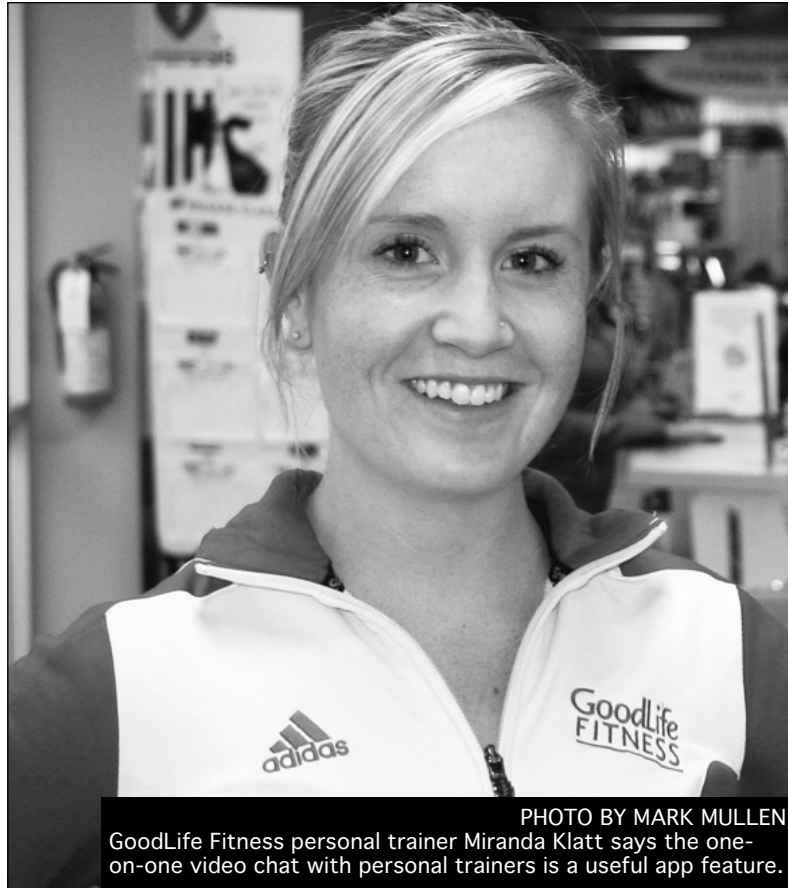


PHOTO BY MARK MULLEN  
GoodLife Fitness personal trainer Miranda Klatt says the one-on-one video chat with personal trainers is a useful app feature.

## BEST OF TECH

Cool: Scoops is a game app that can't be put down. The goal is to build an ice cream cone tower as tall as possible without adding odd ingredients. The cone can be built so high into space you can see planets.

## WORST OF TECH

Uncool: Sushi Chop is identical to Fruit Ninja which isn't surprising as it was created by the same makers. The game is as boring and repetitive as the one before, definitely not a keeper.

# Student draws 2031's cars today

**Meagan Malloch**  
Life Reporter

The world could be driving without gasoline someday thanks to fourth-year Humber Industrial Design student Matthew Law.

"Assuming everything goes as it does now, there will be no fossil fuels in 2031," said Law, 21.

Charged by rooftop solar panels, power is stored in batteries under the seats, he said, adding the car can also be charged via external electrical outlets.

The Toronto newspaper *Metro*

gathered a group of young adults with different skills to create a vision of what the future would look like in 2031, and published Law's car design.

According to what Law told the free daily on Sept. 20, the wheels run on their own motor and fold in together. Each wheel moves in towards the car, shortening the wheelbase and making tight parking and u-turns easier.

Law said all interior and exterior panels are made of recycled materials and the car's aluminum frame is easily recyclable.

Not having to manufacture more rubber for tires makes the car more environmentally friendly, said Law.

"We had to use some sort of rubber because there has to be some sort of friction with the wheel to stop the car," he said. "It's basically a wheel with six springs with a rubber band wrapped around it."

Law has been sketching for over 17 years, and designing cars for only five.

Ken Cummings, Industrial Design professor, said Law is always seeking to innovate.

"Matthew projects 21st century

**"(IF) EVERYTHING GOES AS IT DOES NOW, THERE WILL BE NO FOSSIL FUELS IN 2031"**

**- MATTHEW LAW, HUMBER INDUSTRIAL DESIGN**

skill. He is always looking for opportunities and always finds something new to bring up in class," he said.

Industrial Design professor Bruce Thompson said Law did a professional job in a short amount of time.

"I think it is very topical and I

think he approached it from the right side," said Thompson.

"He is somebody who is very conversant with modern technology and I look at that and I'm just in awe. I am a tech immigrant, he is a tech native."

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Vehicle operates on both solar power and electric charge.

Solar panels store electric power in batteries underneath the vehicle.

Body panels of the vehicle are made of recycled metals and plastics.

Front and rear wheels can move in closer together, creating a shorter wheelbase. Shorter wheelbase makes it easier to park and make "u-turns" in city districts.

Wheels run on individual motors resulting in more power.

Built-in suspension design reduces tire rubber and metal manufacturing.

COURTESY MATTHEW LAW  
The 2031 design calls for solar-powered batteries and renewable materials.

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# The struggle to come out

## Humber student says expressing her sexuality amongst her cultural group can be difficult

**Nadine Martin**  
Life Reporter

Acceptance can sometimes be a difficult thing to find for many LGBT students, but Celina Mahon says it's especially hard within the African-Canadian community.

"I come from a Jamaican and Bajan background and I've been out since I was 15. I still haven't told my parents yet; they have no idea at all," said Mahon, 18, a first-year visual digital arts student.

"My parents are devout Christians and the fact that I'm gay is kind of taboo in the black community," said Mahon. "You can't talk to no one, especially adults, but my brothers are cool with it because they're younger and of my generation."

Mahon said despite the lack of support from her community, she's happy to be a part of BOLD, Humber's gay-straight alliance – which is a club for LGBT students from any ethnicity or race.

Lorelei King is the community programs coordinator of Supporting Our Youth, which is a community development program designed to improve the lives of LGBT youth by offering a range of resources.

"African Canadian youth need adults within their cultural community so that they feel comfortable



PHOTO BY NADINE MARTIN  
Celina Mahon has been out as lesbian for three years, but hasn't told her parents

in talking about coming out," King said. "There's not enough support for these youths and this is where part of the problem exists."

The Black Queer Youth initiative, which is an affiliate of SOY, supports lesbian, gay, bisexual, and transgender people within the African-Canadian community.

Maureen Carnegie, co-ordinator and consultant of disability services and student success said, "Here on campus some LGBT feel vulnerable

from not feeling reflected within the Humber community or outside communities. Often times they feel targeted and alone."

Carnegie said there are great resources that LGBT students can access at Humber, like BOLD and the Coming Out Club.

"Sometimes this helps with the coming out process, and making students feel they have a place to go when they feel like they have nowhere to turn to," said Carnegie.



PHOTO BY NICHOLAS CAMILLERI  
Shiu Jatana, a York University student, takes advantage of the quiet study room located near the main entrance at Humber College.

## Cramming still not the answer, says neurologist

**Nicholas Camilleri**  
Life Reporter

When students study a mass amount of learning material last minute, they're more likely to forget what they learned, said Dr. Roberto Antonio Giaccone, a specialist in neurology in Nepean, Ontario.

"It's not just one part of the brain, but many parts being used when someone is learning," said Giaccone.

"Students might struggle with a test, even if they studied for hours, as they will have so much information stored they will have trouble recalling information properly," he said.

Students should understand that when they study well in advance and for long durations, they are using their long-term memory, and information is more likely to stay with them longer, said Giaccone.

Bengamin Aronoe, 19, a first year student in Humber's health and fitness program said if he knows a test is coming up, he makes sure that he is studying a week in advance.

"I've crammed in the past and it's

worked, but it was horrible," said Aronoe, adding that it left him with headaches, stress and lack of confidence.

"Cramming may work for some people – it could be their learning style," he continued. "They might like working under the pressure. When someone crams they may have the knowledge fresh in their mind, but it is likely that it will be quickly forgotten."

Rhaendra Jadduroy, 23, a student in the civil engineering technology program, said he studies all the time, so he doesn't really struggle when it comes to a test.

Jadduroy said tests are a breeze for him because he spends much of his spare time in the library studying and going over notes.

He said he has crammed a few times, but doesn't think it's a safe study method.

"[Cramming] may help you on a test, but it's useless," said Jadduroy.

"If you're going to pay for an education, you want to make it worth something."

## Students encouraged to budget sensibly

**Kelly Snider**  
Life Reporter

TD bank Administrator Anna-Marie Guenther has some tips for students who might find budgeting problematic.

Guenther said a simple way to budget is to at the beginning of the week, figure out how many hours you will be working, then figure out how much you'll be making between then and the next paycheck.

"Divide how much you will put towards school, clothing and other necessities," said Guenther. "This way you will have a specific amount that is spent on each."

Debbie Looije, a professor in the business school, said students should pay themselves first.

"Students can put aside 10 per cent of their paycheck, before going out shopping," said Looije. "An easy way to do this is to go to your bank, and set up your account so you have 10 per cent of your paycheck transferred into savings."

Another way to save is at stores like Value Village.

"A lot more students are coming in, especially on Student Day, which is every Wednesday, and students get 20 per cent off," said Azamin Udwardia, a Value Village employee from Etobicoke.



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# New legislation proposes a tan ban

If passed, new rules will forbid anyone under the age of 18 from salon tanning

**Sarah Rea**  
Health Reporter

Students should be made more aware of the risks involved with indoor tanning beds, experts say.

According to the Canadian Cancer Society, a proposed Ontario legislation will ban teens under 18 from using indoor tanning beds and initiate mandatory training for all staff operating indoor tanning equipment.

It will also ensure all salons display signs explaining risks throughout their facility.

"I think there should be age restrictions," said Jennifer Hackett, 19, a second-year student in business marketing who has worked in a tanning salon. "[People] should be properly educated on the damage UV radiation can cause before they jump into something so dangerous."

The Canadian Cancer Society said 60 per cent of tanning salons visited in 2008 weren't asking guests their age, and were letting minors tan.

Sunita Gite, 42, a manager at Sol de Ora Tanning and Spa in Brampton, said teens under 18 are allowed to tan at her salon, but only with parental consent.

"I still allow underage teens to tan because I don't think the government would mind if we have permission from a parent," Gite said.

"Shutting down tanning salons in general would be a good idea, but it's just unlikely," said Jennifer Lima, 23, a registered nurse in the Oncology unit at Brampton Civic Hospital.

"Even though banning teens under 18 from indoor tanning won't stop skin cancer, it sure as hell will decrease the number of cases."



PHOTO BY SARAH REA  
Katelyn Read, 24, tanning with opaque goggles in a bed at SOL de ORA Tanning and Spa, in Brampton

## To THE 9s

**Cassandra McWade**,  
19, 3D Animation Art  
and Design



**How did you choose your outfit today?**

I was just looking for something different and I noticed that there's a lot of fur vests around.

**What wardrobe staple should everyone have?**

You need to have a blazer, you can never have too many pairs of dark jeans, and a really nice pair of black heels

**Favourite place to shop?**

H&M, easily. They have everything.

By Mamta Lulla

## My Fashion Database helps budding fashion enthusiasts

MyFDB.com includes a range of blogs, magazine covers and fashion editorials, a resource for professionals and students

**Kelly Snider**  
Life Reporter

With a vintage and history section launching in December, the website

myFDB.com or "My Fashion Database" shows a growing trend for fashion students to use the Internet as an important learning tool.

"I've learned that students spend

more time on the Internet than any other source of media," said Judi Shekter, a business of fashion instructor. "They spend a lot of time searching, and looking at fashion blogs, which are growing."

Keith Britton and actress Zoe Saldana created MyFDB.com in February 2010. The website includes blogs, hundreds of magazine covers and fashion editorials.

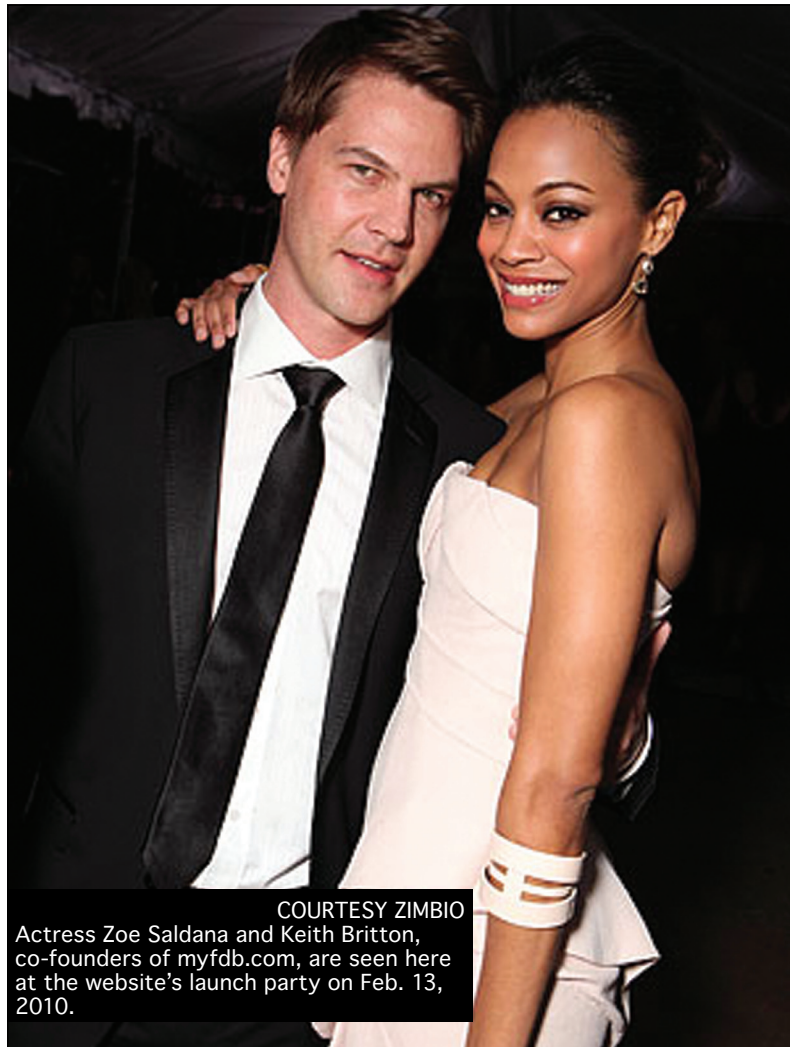
"Students are able to access the directory and find out how to reach out to the different companies they are either interested in working for, or even interning," said Britton. "The site can be an educational tool and professional tool since there is a large directory of industry companies."

Britton said students could create a free account, bookmark items they are working with and researching, and follow profiles in the database to get notifications on designers they admire.

Although the website was launched in California, its versatility allows it to be useful for anyone from a professional in the industry to a student at Humber.

Rebecca Corrigan, 20, a second-year Fashion Arts student said she feels the website would be useful at school, and fun to browse outside of school on her own time.

"With all the editorials and photo shoots, I feel like this site will be useful with certain projects and such, and even down my career path," said Corrigan.



COURTESY ZIMBIO  
Actress Zoe Saldana and Keith Britton, co-founders of myfdb.com, are seen here at the website's launch party on Feb. 13, 2010.





COURTESY DAVID FRANCO  
Author of *The Free World*, David Bezmozgis

## Bezmozgis' second novel up for Giller

Melinda Warren  
A&E Reporter

Former Humber literature teacher David Bezmozgis will be appearing at the 2011 International Festival of Authors with his second novel, *The Free World*.

The IFOA will be at the Harbourfront Centre from Oct. 19-30.

The work is on the short list for the prestigious Scotiabank Giller prize, which will be announced on Nov. 8.

"It's a family story about Soviet Jews in Rome trying to figure out where they are going to spend the rest of their lives," said Bezmozgis.

He said his second novel is about people at a crossroads in their life and mixes in comedy, tragedy and history.

"Both of my novels reflect things that I kind of experienced – what my family went through – though they are fictional accounts," he said.

He will be reading from *The Free World* on Oct. 23 at the IFOA.

"There is something [at the festival] for everyone," said Geoffrey E. Taylor, director of the IFOA.

Andrew Pyper, international best-selling author of *Lost Girls*, will be attending the 2011 IFOA for the seventh year.

Pyper is halfway through his sixth novel, and has four screenplays in the works.

He will be hosting readings as well as discussion panels.

"I am acting as an ambassador of sorts by representing Toronto and Canada to other writers who come from elsewhere," said Pyper.

The festival will feature readings, round table discussions and interviews from 190 authors.

Tickets can be purchased at the Harbourfront Centre Box Office or online from the IFOA's website. [www.readings.org](http://www.readings.org)

## Film-loving students keep romance alive

Dona Boulos  
A&E Reporter

A new fall film series at Humber called "Fools like Me: Romance in the Age of Cynicism" looks at the prospects for love in an unromantic era.

"The goal of the series is to look at popular romance movies that go beyond that kind of cheesy cliché that we normally expect," said Curtis Maloley, a Humber film teacher and co-founder of the fall series.

"To what extent has Hollywood been responsible, historically, for our sense of what romance is?"

Maloley said the dean and associate dean of the department of liberal arts and sciences both liked the idea, and are helping with funding.

Sarah Stinchcombe, 18, a first-year journalism student and representative for the film series, said she came up with romance as a theme.

She said she loves those kinds of films, so she told Maloley about her idea, and he liked it.

"My role now is to come up with discussion questions to spark conversation after the screenings," she said.

"Curtis, Sarah and I were the ones who chose the films," said Dr. Jennifer Marotta, co-founder of the series and a professor in the humanities department at Humber.

"We would be watching romance movies that are more realistic and true to life," she said. "In this case, boy meets girl— but doesn't end up with the girl."

After *500 Days of Summer* was screened earlier this week, the series will be showcasing *Eternal Sunshine of the Spotless Mind* on Nov. 8, and *Annie Hall* on Nov. 29.

Screenings will be held in screening room B, on the second floor across from the Humber library, on Tuesdays at 11:45 a.m.

# Junos take on metal

Sarah Lennox  
A&E Reporter

A new metal/hard rock category at the Juno Awards this year is being met with cautious optimism by Canadian metalheads.

Steve "Lips" Kudlow, lead vocalist and guitarist from the iconic Canadian metal band Anvil, said he was happy about the award and the recognition it will bring Canadian metal music, but saw a possible downside for the award winners.

"When you sell out in this genre, you're not looked upon well," he said. "When awards like Junos and stuff [are given out], people might get the idea that you've sold out and that's not a good thing for metal."

Humber music teacher Brad Klump said there's potential for some controversy over the new award, much like when Jethro Tull won the first heavy metal Grammy award in the '80s.

Given the sense that previous awards shows didn't understand the category, Klump said the award's legitimacy will depend on who the judges are.

"I found it surprising that they didn't have [a metal award], to be honest."

Sean Palmerston, media relations contact for Sonic Unyon Records, said he submitted a list of 15 potential judges with experience in the metal genre to the Canadian Academy of Arts and Sciences, who organize the Junos.

The list is kept confidential until the awards are given out, Palmerston said.

"Like the alternative category, there isn't a specific sales target, so the judging is based on performance," he said.



COURTESY PAULA DANYLEVICH  
Robb Reiner, Steve "Lips" Kudlow and Glenn Five make up the Canadian metal band Anvil

He said there was an award for metal/hard rock in the early '90s, but the metal portion was cut after prog-rockers Rush won.

Palmerston petitioned CARAS to bring back a metal category.

Robb Reiner, Anvil's drummer, said the metal category is long overdue and the judges will show a

proper knowledge of metal if Anvil is nominated.

"Anvil is the only true metal band in Canada, but if they don't recognize what that is, it wouldn't really surprise me," he said.

Bands can be submitted for nomination by their record label or through [www.junosubmissions.ca](http://www.junosubmissions.ca).



PHOTO BY DONA BOULOS  
Sarah Stinchcombe came up with romance as a theme for the new Humber film series

# Humber instructor's ambition brings art to radio airwaves

Andrew Scott encourages students to step outside the box with an initiative that teaches business and leadership skills

**Brandon Humber**  
A&E Reporter

ArtAble is a new program designed to help educate Humber art students outside of class, and to showcase their work.

ArtAble is about, "enabling people within the arts to have some business skills, some leadership abilities, and to be entrepreneurial-savvy," said Andrew Scott, instructor and head academic advisor at the Humber School of Music.

"All of those things, I think, will lay the appropriate groundwork for a successful career."

Scott said there are two parts to this initiative. One is a radio show which features interviews and performances

from students, faculty, and alumni from Humber's arts programs.

The other part will be monthly meetings open to all students in creative and performing arts.

Scott said the first meeting will be sometime later this month, though there is no set date yet. He said he plans to bring in leaders from the industry each month to speak about varying issues regarding art.

"I wish we had more shows like that," said Dean Sinclair, manager of the radio station I think that any time we can marry the resources we have here [at the college] and use the radio station as a link to do that, it's a great idea," he said.

Steve Bellamy, associate dean at the School of Creative and Perform-

ing Arts, said Scott – who from interviewing to editing produces the entire radio show nearly single-handedly – is going above-and-beyond what's required of him for students.

He said he hopes students will network and make contacts in their fields, or find people to collaborate on projects with.

"The programs function independently and we're always looking for things to do that can bring the students from each program together," Bellamy said.

The radio show began on Sept. 23 and airs every Friday at 10 p.m. on Radio Humber.



PHOTO BY TRACY NOLAN

Andrew Scott, the creator of the ArtAble initiative, produces the Humber radio show almost single-handedly, interviewing and putting it together before it airs Fridays at 10 p.m. on 96.9 Radio Humber

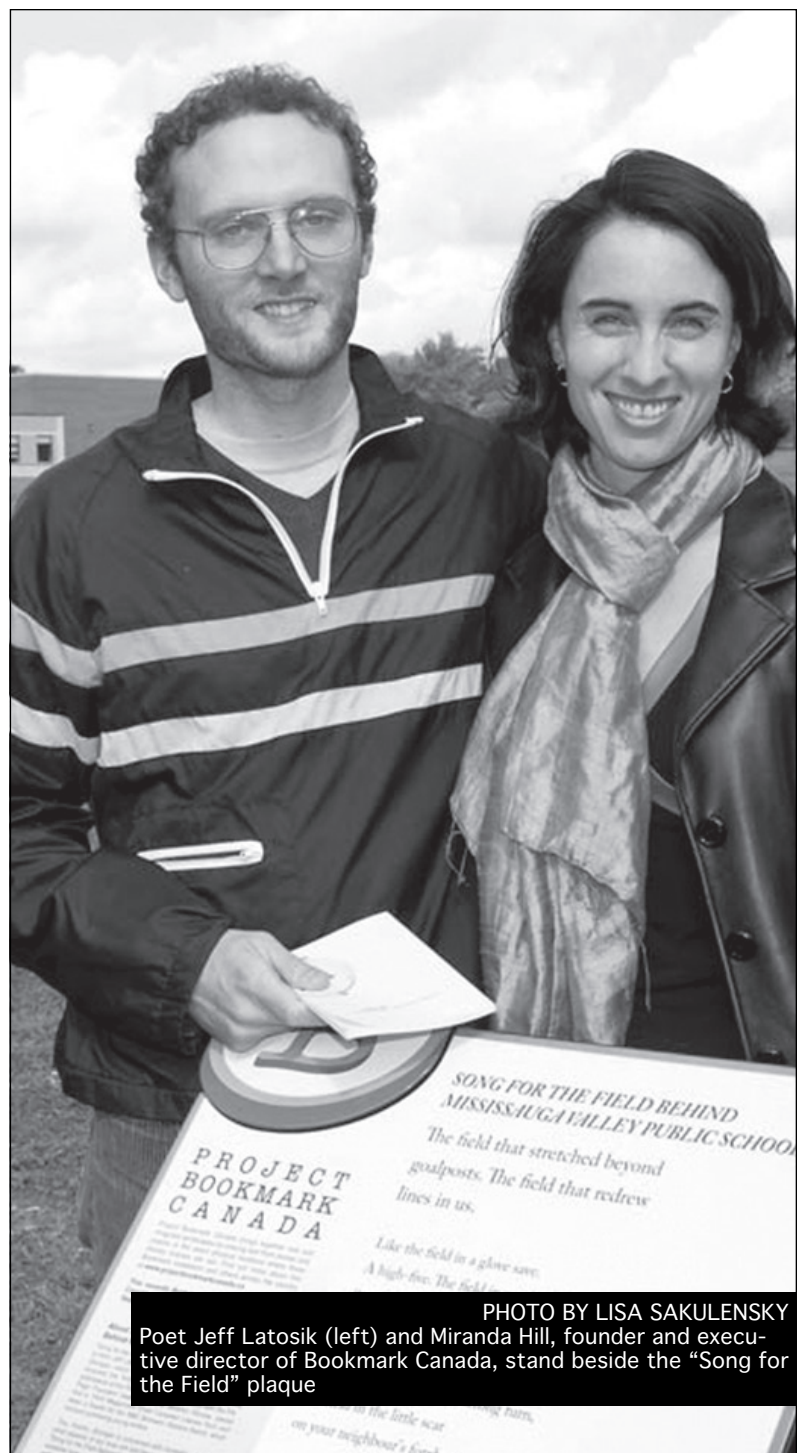


PHOTO BY LISA SAKULENSKY

Poet Jeff Latosik (left) and Miranda Hill, founder and executive director of Bookmark Canada, stand beside the "Song for the Field" plaque

# Humber professor's poem gets plaqued

Jeff Latosik is honoured by Bookmark Canada with a plaque at a local school

**Bianca Bykhovskiy**  
A&E Reporter

A Humber literature teacher has had his work immortalized on a plaque at Mississauga Valley Public School.

**"SOMETHING AS SEEMINGLY TRIVIAL AS A POEM CAN MATTER"**

**- JEFF LATOSIK, LITERATURE TEACHER**

Instructor Jeff Latosik is the author behind Project Bookmark Canada's seventh installation, with his poem, *Song for the Field Behind Mississauga Valley Public School*.

"I hope the plaque can change a reader's relationship to the poem itself," said Latosik, who said he is passionate about getting the idea across that writing could be anywhere.

"I want to teach people that something as seemingly trivial as a poem can matter," said Latosik.

The plaque commemorates a poem or piece of literature in the place it was written, said Miranda Hill, founder and executive director of Project Bookmark Canada.

The first installation was on Bloor Street, with a famous passage from the novel *In the Skin of a Lion* by Michael Ondaatje, said Hill.

Catherine Graham, a fellow poet and vice president of Bookmark Canada, said she read Latosik's award winning 2010 poetry book *Tiny, Frantic, Stronger* through poetry circles and thought one specific poem was very fitting for the Bookmark Project.

"The project is initially places and imagery coming together," said Graham.

Latosik is currently working on another book of poetry, which is not yet titled.

## AUDIO FILES MUSIC REVIEWS



by Dona Boulos

**NEIGHBOURHOODS**  
BLINK 182  
SEPT. 27/DGC RECORD

Their latest album doesn't compare to the old Blink 182 albums, but includes a lot of elements that long-term fans anticipated.

★★★★★

**SIBERIA**  
LIGHTS  
OCT. 4/UNIVERSAL

Lights' second album differs a lot from the first, with an obvious dubstep influence combined with her typical pop/dance sound.

★★★★★

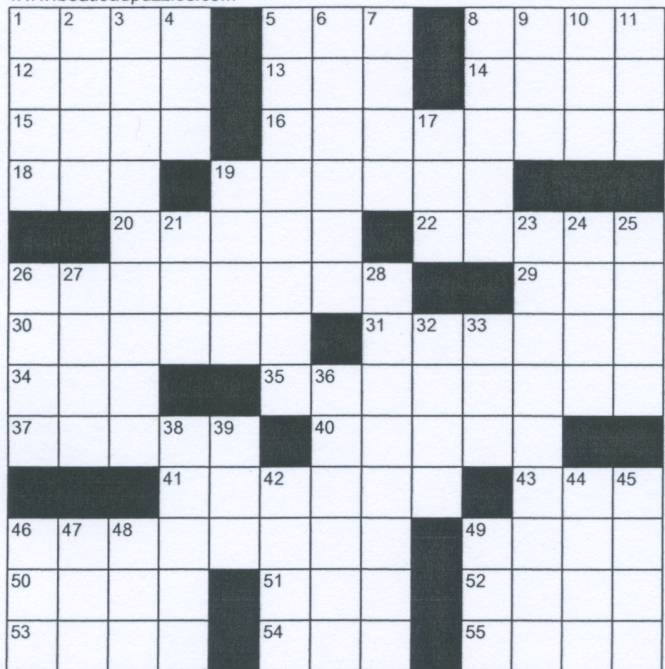
**COLE WORLD: THE SIDELINE**  
STORY  
J COLE  
SEPT. 27/ROC NATION

A new, more mainstream vibe can be heard on this album. Straying away from the underground rap scene and moving up to create songs with beats that reflect Lil' Wayne.

★★★★★

# CROSSWORD

FOR THE SOLUTION, VISIT  
HUMBERETC.COM



**DOWN**

- 1. Makes a choice
- 2. Sulk
- 3. Large seabird
- 4. Dixie general
- 5. More elegant
- 6. Gets the soap off
- 7. Olden times
- 8. Letter after gamma
- 9. House wing
- 10. Pub offering
- 11. Passing fashion
- 17. Lennon's lady
- 19. Ampersands
- 21. \_\_\_\_ de toilette
- 23. Happen
- 24. Residence
- 25. Psychic
- 26. Peel
- 27. Appendages
- 28. Raise
- 32. If not
- 33. Pose
- 36. Showed feelings
- 38. Legislate
- 39. Family mem.
- 42. Chilly
- 44. Precinct
- 45. Hearty breads
- 46. Stitch
- 47. Large primate
- 48. Tear
- 49. Fore's opposite

**ACROSS**

- 1. October's stone
- 5. Waterless
- 8. Unable to hear
- 12. Warsaw native
- 13. Mexican waterway
- 14. She, in Valencia
- 15. Toothpaste container
- 16. Signed up
- 18. Train terminal (abbr.)
- 19. Agree
- 20. Edgy
- 22. Curses
- 26. Utopia
- 29. Shad delicacy
- 30. Awaken
- 31. Flavorful seed
- 34. Den and study (abbr.)
- 35. Easy chair
- 37. Snaky shapes
- 40. Sail supports
- 41. Actress \_\_\_\_ Kidman
- 43. Golf goal
- 46. Florida city
- 49. Well-ventilated
- 50. Heroic
- 51. Rent
- 52. Unencumbered
- 53. Bawled
- 54. Ike's inits.
- 55. Oolong and pekoe

# BEARD OF THE WEEK



**Favourite famous beard?** Adam Kleeberger, Canadian rugby player

**CURTIS LAUZON, 18**  
SPORTS MANAGEMENT

# HOROSCOPES



**AQUARIUS**  
JAN. 21 - FEB. 18

Your confidence makes you shoot for the stars, but sometimes it's nice to take a nap in the gutter.



**PISCES**  
FEB. 19 - MAR. 20

Jesus wants you to bet your life savings on the Denver Broncos this weekend.



**ARIES**  
MAR. 21 - APR. 20

I love the feeling of your moustache.



**TAURUS**  
APR. 21 - MAY 21

You will find true love on Flag Day.



**GEMINI**  
MAY 22 - JUNE 21

Better pack your bags and book a flight - this week the police will discover the bodies in the walls.



**CANCER**  
SEPT. 23 - OCT. 23

Just because you're paranoid doesn't mean nobody's after you.



**LEO**  
JUL. 23 - AUG. 23

You will finally see someone wave goodbye to a pair of shoes.



**VIRGO**  
AUG. 24 - SEPT. 22

It's uncanny how much of your life has been predicted by Bon Jovi lyrics.



**LIBRA**  
SEPT. 23 - OCT. 23

This weekend you will escape your glass cage of emotion.



**SCORPIO**  
OCT. 24 - NOV. 22

This week you will have a steamy encounter with a Virgo. And a Pisces. And a Leo.



**SAGITTARIUS**  
NOV. 23 - DEC. 21

You're known more for your mistakes than your personality.



**CAPRICORN**  
JAN. 21 - FEB. 18

Don Cherry thinks you're a wuss. But he's an Aquarius.

# SUDOKU

FILL IN THE GRID SO THAT EVERY ROW, EVERY COLUMN AND EVERY 3X3 SQUARE CONTAINS THE NUMBERS 1-9.

	5	4		8		9		
2			4	7				8
1			9				6	7
8					5		2	
	6	9		3	8	7	1	
	3			4				6
9	2				7			3
6				1	4			9
		8		2		6	7	

#345

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# Wall Street protest hollow

**HUMBER**  
**EtCetera**

The EtCetera exists to inform the Humber community and give people well rounded coverage on the things that matter to them.

Occupy Wall Street has become a hollow cause – a place for people and organizations to demand directionless, undefined change.

The movement is coming north, but it's not clear what Canadian protesters will be angry about, and after three weeks it's not even clear what the protesters in New York want.

A quick glance at the crowds gathered at Wall Street show a dozen different signs – with just as many conflicting messages.

The protesters seem delighted the world is watching them, but they don't have a leader or a unified message, so when they're actually put in the spotlight they stumble.

Either they fall back on clichéd protest slogans or throw a mix of causes at the camera.

It makes them look confused, which makes it easy for people to dismiss them.

It's been argued that this is the downfall of grassroots movements, but there are plenty of recent, successful, large-scale grassroots movements that also had a unifying mes-

sage, and clear aim.

The Arab Spring movement had many of the same elements the Occupy Wall Street movement does, and indeed, that's why people have been drawing the analogy. But the two are profoundly different.

According to their website, Occupy Wall Street is a, "resistance movement employing the revolutionary Arab Spring tactic to restore democracy in America," which is ludicrous.

The revolutions in the Arab world were focused political movements with specific aims. They were protests against corrupt or oppressive governments, dictatorships – governments that held absolute power over their people.

Occupy Wall Street is about poor and jobless people protesting a more modest injustice – the people responsible for the 2008 recession have never been held accountable, and continue to make large amounts of money while many people can't find jobs.

Or at least, that's what it should be about.

If you believe the protest signs, it's also about big oil, the Federal Reserve, raising taxes on big corporations, free education, corporate greed, canceling student debts, and nuclear disarmament (to name a few).

The protesters are angry about the things people always face in a recession, and without an obvious enemy they've chosen to focus their anger on Wall Street.

What's confusing is that the movement is spreading north.

It makes sense for people to be protesting the lack of accountability from investors and banks in the U.S., but not in Canada. We weathered the recession far better than our neighbours did.

We also recovered faster. We still aren't at pre-recession levels of employment, but we're in far better shape than the U.S.

The protests in Canada won't be about how terribly Bay Street messed up our lives, and they certainly won't be an Arab Spring-style call for regime change.

Canadians have far less to protest than Americans or people from the Middle East.

Occupy Wall Street has gained traction among political parties and individuals who have the money and power to make the changes the protesters are talking about, but who don't have any reason to change the way things are now – the Democrats and Kanye West both support the movement, and neither are in a position to complain about people being greedy.

So the protest smacks of hypocrisy – people moan about being poor while tweeting about their protest from iPhones and iPads.

If the protesters want to be taken seriously, they need to make sure the cause they choose to rally behind is a serious issue, not a flash-in-the-pan cause that celebrities flock to and organizations exploit.

Most of all, they need to decide on a leader who can speak for the entire group, and a single issue to unite them.

## NHL must avoid another lockout



Jeff Doner

With the National Basketball League's entire 2011-2012 season in doubt over a new collective bargaining agreement, hockey fans are hoping the NHL and its player union will be more diplomatic in negotiating their own new CBA in Sept. 2012.

After a nasty labour dispute and a lost season of NHL hockey in 2005, the possibility of another collective bargaining war is a possibility, as management and players get ready to fight for a bigger piece of the pie.

Even though NHL players are rak-

ing in more dough than ever, despite having a hard salary cap, the current CBA obviously works for both sides.

The fact that teams have been allowed to spend more on player salaries each year not only says players are reaping the benefits, but also that NHL revenues have gone up each year since the current CBA was ratified in 2005.

Under the current CBA, the league salary cap directly correlates with revenues.

Since 2005, the season salary cap has gone from \$39 million to roughly \$64 million in 2011, which tells us that NHL revenues have been rising steadily.

One of the clear indicators that the NHLPA is gearing up for a fight in the next round of negotiations is the hiring of Donald Fehr, former Major League Baseball Players Association executive director.

This is a man with a reputation for being a rugged, hard nosed negotiator – a man who can also be credited

for skyrocketing salaries in Major League Baseball (see Alex Rodriguez at \$275 million US over 10 years).

When he was leader of the MLBPA from 1983 to 2009, fans watched in amazement as player salaries shot from an average of \$289,000 (all figures U.S.) per season, to over \$3 million per season.

In essence, Fehr was a major factor in why the MLB is the way it is today and the fact that he is now leading the NHLPA causes puck junkies everywhere to cringe.

NHL teams scramble to hold on to their best players in a competitive league, and players are now richer than ever.

For example, mega-star Alex Ovechkin's long-term deal with the Washington Capitals is for 13 years and \$123 million, and the enigmatic Vincent Lecavalier signed in Tampa Bay for 11 years and \$85 million.

The last CBA was supposed to put an end to these mammoth contracts, and the NHL obviously failed – they

are happening more and more.

With Fehr at the helm for the players association, can we expect more of these types of deals in the future? Probably – the NHLPA is not expected to "lay down" in these negotiations, as many believe they did in 2005.

What fans are hoping for, especially in hockey mad Canadian markets, is some civility in upcoming negotiations.

After suffering through a recession, the last thing die-hard fans need is to listen to management and their favourite players fight over millions.

Since the lockout, revenues have gone up, along with attendance in most NHL arenas, and interest in the game has started to pick up in the United States and Europe.

In Canada, the game will always be loved regardless but in the United States, where interest is starting to build, another lockout is not worth the risk.

## QUOTED

WITH THE RECENT BLACKBERRY NETWORK FAILURES, ARE YOU CONSIDERING OTHER SMARTPHONE OPTIONS?



"No, I'll just keep it. I just got it and it's easy to use. I have had problems but I'm hoping they'll fix it as quickly as possible."

Kelly Dedecker, 19  
First-year Family and Community Social Services



"No, it's okay because I don't use BBM."

Gurtej Singh, 21  
Second-year Hospitality Management



"Well, I haven't really had any problems with my BlackBerry as of yet, but I've heard of people having so many issues."

Preeti Singh, 21  
Second-year Accounting

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# Toronto LG Fashion Week needs to walk up to the front of the runway

Long way to go to compete with world's top fashion cities



**Ashley Greene**

There is realization in Toronto that we're not exactly on the level of the big five fashion cities: Paris, Milan, New York, Stockholm and London.

Toronto LG Fashion Week, hosted by the Fashion Design Council of Canada, a major Canadian fashion events.

It sits next to Montreal Fashion Week and the newly developed Ottawa Fashion Week.

After a slew of fashion weeks from around the world, including the Mercedes-Benz Fashion Week in New York and Paris Fashion week, it is clear that having a successful runway show involves more than just rolling out a red velour carpet and inviting a bunch of well-dressed people.

It's hard to take Fashion Week in Toronto seriously for two main reasons.

The first reason is Robin Kay, president of the Fashion Design Council

of Canada.

As an integral part of both the Canadian and Toronto fashion industry, her strict and uncaring personality gave her a reputation as a diva.

Although she became the president of FDCC and Fashion Week organizer in 2000, she doesn't really represent what Toronto fashion's about.

There has been criticism coming from all sides from the fashion elite, and after her mishap in 2008 when she 'accidentally' delivered a speech in which she was said to be drunk, the industry began to doubt Kay's capability to handle such a prestigious role in the fashion industry.

If Toronto wants to be put on the map with the likes of the big five, Kay will need to take her role more seriously.

She has to understand that this week is about showing the world that the largest city in Canada truly cares about fashion.

And we do care about fashion – and the Toronto Fashion Incubator proves it.

Although it may only seem like a place for the new fashion designers, the TFI has proven that they do more than help designers get off their feet – they are the voice of fashion in Toronto.

Currently celebrating 25 years in service in the fashion community, TFI has helped and mentored some of the best Canadian designers, in-

cluding David Dixon, Andy Hall and Arthur Mendonca.

They have an impressive board that includes entrepreneur Ben Barry and Executive Director Susan Langdon – two strong Toronto professionals who are both perfect alternatives if Kay is no longer fit for the job.

The second reason Toronto Fashion Week is under par is the selected designers that showcase their work.

How can we ever be respected in fashion if the line-up of runway shows includes Joe Fresh, which we saw in last season's LG Fashion Week?

Don't get me wrong, there's nothing better than combining food with fashion, but when did fashion turn into another way for big retail companies to market their brands?

There is no doubt that Joseph Mimran is a creative designer, but Toronto fashion needs to focus on the upcoming fashion designers and visionaries, including Joeffer Caoc and Amanda Lew Kee.

These designers actually enjoy the art of fashion (and also happen to be showing their work at this upcoming fashion week).

Toronto is definitely on the right path to gain appreciation and respect in the fashion industry, and it's within our power to organize the best fashion week in Canada.

# Sitcoms lack tune



**Kayona Lewis**

What happened to the TV theme song? Remember these?

"Whatever happened to predictability, the milk man, the paper boy, evening TV.?"

"It's my life, my dreams; nothing's going to stop me now."

"It's a rare condition in this day and age to read any good news on the newspaper page."

These three theme songs from *Full House*, *Perfect Strangers*, and *Family Matters*, are easily my favorites and ones that I grew up hearing regularly. To me, a great theme song was one that was able to tell you the plot of a show and established the mood of a show; alongside photos and clips of past episodes that usually accompany the song.

Between the ages of seven and 11, there wasn't a theme song of a show that I watched that I couldn't recite word for word.

And although sitcoms are finally beginning to make a decent comeback, they are lacking an essential device when it comes to a profitable TV show – a catchy theme song.

I don't remember exactly when it happened, but slowly unique theme songs began to disappear and we were left with songs that you did not have to wait a whole week to hear again, because they're playing non-stop on your local radio station - songs such as *I Don't Wanna Be* by Gavin Degraw, *Six Pacs* by The Gateway People, or *I Don't Wanna Wait* by Paula Cole.

I no longer hear inspiring, insightful lyrics with a moral.

Instead, I see an advertisement for an artist's song flash across the bottom of the screen and show up again at the end of each episode.

For the last decade, maybe more, theme songs have been a melody, a monologue, or better yet a few notes on a piano that trail into the first scene.

I can no longer listen to a theme song, be captivated by the pictures flying across the screen, and reminisce about past episodes.

I hear a band that has no doubt sold out to have their song play in people's living rooms one night a week for a hefty profit and residuals.

Veteran TV theme song composers such as Jesse Fredrick, Robert Boyett, and Thomas Miller must be shaking their heads with disappointment every time a new show premieres that doesn't have a catchy theme song written specifically for that show.

What happened to an opening theme that showed the actor and their name on the screen at the same time?

What happened to that feel good song that got straight to the point?

Hopefully the rise of the television sitcom will produce a new era of catchy, original theme songs.

# Losing sight of the real problem



**Emily Innes**

Last week, the world received tragic news that Apple co-founder, Steve Jobs had died. The media talked about his success, vision, hard work, creativity, wealth, passion, and his numerous other qualities that this man possessed.

They talked about how he created Mac computers, iTunes, iPhones, Pixar animation and other innovative products.

But, I think one aspect was undervalued in the discussion.

Don't get me wrong, I'm an Apple user myself.

However, what I think is missing from his tributes, is that he was a man who lived with cancer.

On August, 22, Canada lost Jack

Layton, leader of the NDP, another victim of cancer.

People talked about his charisma, the changes he made for his party and his leadership. Though again, it was rare that people talked about his cancer.

It's a scary word.

It's hard to talk about, especially when it affects so many people. According to the Cancer Society of Canada, in 2011 there will be over 175,000 Canadians diagnosed with cancer and 75,000 deaths from cancer.

Though we might be afraid, we can't ignore it.

My cousin's daughter, Phoebe Rose, is a 1-year-old who was diagnosed with leukemia at 9 weeks.

She has grown up in a hospital and needs to be kept safe from outside bacteria.

I have heard so much about her battle against cancer.

Her mother posts hundreds of photos and updates to a blog dedicated to Phoebe. The photos show a beautiful smiling baby girl. She laughs, plays, and clings to her older sister.

This cheerful baby has had over 200 injections, numerous rounds of chemotherapy, and a bone marrow

transplant.

After someone she's never met generously donated bone marrow to save her, Phoebe was cancer free.

Phoebe was released from the hospital and be with her entire family at home.

But her cancer returned.

Phoebe's family has now moved from Ottawa to Memphis, Tenn., in search of a cure for her.

There is a Facebook group dedicated to her that has almost 200 members and like myself, I'm sure these people are very inspired by her and the people that care for her.

She teaches us to keep on trying, when things seems impossible.

"I will continue to focus on wonderful and very brave Phoebe Rose, because I know that doing this will help me to climb this mountain with her," her mother said.

"Seeing her smile, grow, and thrive, fills me with incredible hope and strength."

And, she summed up what I am expressing by quoting Dale Carnegie: "Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."

Steve Jobs achieved greatness

when he had to quit college, when he was fired from Apple, and when he was diagnosed with cancer. That's what Phoebe Rose keeps doing every day of her very young life.

Cancer patients are heroes and we need to talk about them often.

We need to donate to cancer research, share their stories, become organ donors, keep them in our thoughts, and most importantly keep hoping for a day when cancer will be a thing of the past.

## Editorial cartoon



## STANDINGS

## MEN'S BASEBALL

1. Durham 12-2
2. Windsor 10-6
3. **Humber 8-6**
4. York 4-12
5. St. Clair 4-12

## MEN'S RUGBY

1. **Humber 15 Pts.**
2. Seneca 15 Pts.
3. Mohawk 9 Pts.
4. Trent 5 Pts.
5. Fleming 1 Pts.

## WOMEN'S RUGBY

1. **Humber 15 Pts.**
2. Conestoga 9 Pts.
3. Seneca 6 Pts.
4. Mohawk 0 Pts.

## MEN'S SOCCER

1. **Humber 18 Pts.**
2. Sheridan 15 Pts.
3. Fanshawe 9 Pts.
4. Mohawk 8 Pts.
5. Redeemer 6 Pts.

## WOMEN'S SOCCER

1. **Humber 18 Pts.**
2. Fanshawe 15 Pts.
3. Sheridan 12 Pts.
4. Redeemer 9 Pts.
5. Mohawk 9 Pts.

## Golfers sweep OCAA podium



COURTESY STEPHEN PETRICK  
Adrian Cord takes an iron off the fairway, at the OCAA golf championships on Oct. 3-5 in Cornwall, Ont.

**Tim Milne**  
Sports Reporter

The Humber men's golf team continued its domination of the collegiate circuit by sweeping the podium at the Ontario College Athletic Association championships at the Cornwall Golf and Country Club last week.

"I played well," said Mark Hoffman, a fifth-year pro golf management student. "I was hitting the ball really well all week. The first two days I was having trouble on the greens, but on the last day it all came together."

Heading into the third and final round on Oct. 5, Hoffman trailed leader David Lang of Durham College by eight strokes. As Lang faltered on the final day, Hoffman surged to a 68, four under par, earning gold for a three round total of 216.

"As a team, I think we accomplished what we wanted to," said Adrian Cord, 24, a fifth-year finance

student at Guelph-Humber.

Cord's three-day total of 217, one over par, earned him his second straight OCAA silver.

"I lost to a great player - not mad about that," said Cord, referring to Hoffman, his Humber teammate.

Head coach Ray Chateau said bronze medalist Alex Dumais is getting close to the same level as teammates Hoffman and Cord.

Dumais, a third-year pro golf management student, was the final piece of the Humber-filled podium, firing a three-round total of 222, six over par.

"Alex is getting closer, and with just a little more experience, he should be a contender," said Chateau.

"It was awesome to see Hoff, Cord and Dumais go 1-2-3," said Ben Bell, 22, a second-year pro golf management student. "I didn't expect to be playing in the OCAA's in my first year."

Bell's three-day total of 223 earned

him fifth place in the individual competition and a trip to nationals.

"I found out late Tuesday night that I was going to nationals, I'm pretty pumped about the opportunity."

The Canadian Colleges Athletic Association National golf championships kick off at Holland College in P.E.I. next week.



COURTESY STEPHEN PETRICK  
Mark Hoffman with his gold medal

## Votto: Etobicoke Rangers a stepping stone for pros

Local baseball an important opportunity

**Chanelle Seguin**  
Sports Reporter

Joey Votto, the Cincinnati Reds' first baseman and 2010 National League MVP, credits his past teammates and coaches with the Etobicoke Rangers baseball club for some of his current success.

"My teammates were always a challenge to me because I was never the best player," said Votto, who played for the Rangers throughout high school.

"I believe I would have been successful regardless, but I would be lying if I said I would have had the same opportunities with another club."

The club was created in 1978 and is part of the Etobicoke Baseball Association, developed in the early 1950's to provide an elite baseball league for players in the area.

Steve Breitner, a Ranger coach who played for the Detroit Tigers' single A affiliate, said his team provides the proper instruction to help

players develop.

"We have some terrific coaches," said Breitner. "We have coaches that have played at the highest level and have the experience to train these young boys to become the best ball players they can."

But, Breitner added, "The goal is to have the kids in the Rangers program stay in the Rangers program and have them attract more kids."

Bob Smyth, founder of the Rangers, said the success of the organization is due to its consistency.

"It wasn't about winning, it was about developing better players and I think everyone involved really enjoyed what they were doing," he said. "It built itself up from there."

Russ Hazen, 27, a fourth-year kinesiology student at Guelph-Humber and a pitcher for the senior team this past summer, said the league is quite competitive for Canadian baseball.

"I played elite ball. I played in the states so I played at a higher level," he said. "But it's actually competitive."



PHOTO BY CHANELLE SEGUIN  
The Etobicoke Rangers Minor Midget team watch from the dugout in an exhibition game against Team Ontario on Oct. 4 at Connorvale Park

# Rugby team downs top rivals

**Geoff Buncombe**  
Sports Reporter

The first-place Humber Hawks women's rugby team defeated the second-place Conestoga Condors 44-5 on Oct. 6, in what could be a potential preview of this year's gold medal game.

"What I saw was what I expected, but I knew our girls were prepared," said Hawks assistant coach Dale Essue. "We told them coming in that Conestoga would be going hard and we had to come even harder."

Hawks captain and third-year massage therapy student Lindsey Bradbury said they were expecting a tough battle against a Conestoga team looking for gold.

The Hawks looked strong right out of the gate and quickly scored a pair of tries to take an early 10-0 lead.

Scrum half Laura Muller added another try shortly after, catching the Condor defence napping with a quick tap-and-run play from just outside their try-zone.

"We've really been working on our flat line so our defence has been quite strong," said head coach Brett McCully.

The Hawks were on their way to a



PHOTO BY GEOFF BUNCOMBE  
Humber and Conestoga fight for a throw in at Humber College on Oct. 6

third straight shutout victory as they took the field for the second half with a comfortable 27-0 lead, but those hopes were dashed with a Condors try late in the match.

The Hawks responded with their eighth try on the games final play.

"Unfortunately we had a try scored against us today and the girls really feel bad about it, but sometimes that happens," Essue said after the game. "They know what it feels like now and I'm sure it won't happen again for the rest of the season."

The three players who shared conversion-kicking duties for Humber in place of the injured Teala Gordon went a combined two-for-eight. Gordon will be back in the lineup for the Hawks next game at Mohawk College on Oct. 15.

## Humber women's basketball swept at Vanier tournament

**Matt Smith**  
Sports Reporter

The Hawks women's basketball team lost all three exhibition games on their road trip to Montreal last weekend when they faced the colleges of Champlain, Vanier and St. Foye.

The Hawks' closest game was against the Champlain Cavaliers on Friday when they lost 66-60.

Ajay Sharma, the Hawks' head coach, said his team was in sync in the first half but didn't force defensive possessions with rebounds in the second half.

"When we had the lead, we were executing our offence and we were disciplined on taking good shots," said Sharma. "We were getting back and we were defending."

Although the Hawks scored 21 points in the third quarter, they started to fall apart in the fourth by taking quick, haphazard shots and being out of rhythm with one another.

"The Cavaliers get the ball in the transition and get a layup and we don't have a chance to get back and defend in time," said Sharma. "I told these girls at practice day in and day out, 'Quick shots will be the end of any team,' so they have to come down and they have to execute."

Cavaliers coach George Germanos said his team corrected their mistakes in the first half to ultimately win the game.

"We needed to control the rebounding and we didn't do that properly in the first half," he said. "But that's what we improved on in the second half."

Kaitlynn Paulley, a Hawks forward, said her team's lack of rebounding and positional play hurt their chances of winning.

"Everybody boxes out, and the ball hits the floor and you go and get it," said Paulley, 22, a fourth-year fashion arts student. "If one person doesn't box out then it breaks down everything - everybody has a duty and they have to abide by that duty."

Despite the loss, Sharma said he's impressed with some of his players' performances, including Paulley, who scored 31 points over three games.

Fourth-year point guard Maria Suriani, 22, said a lot of her teammates are rookies and winning will take some time.

"It will come with experience when we're able to properly close games," said Suriani, a third-year fitness and health student who scored 11 points against the Cavaliers, 10 in the third quarter.



PHOTO BY MATT SMITH  
Hawk Kaitlynn Paulley, 22, goes for the layup against the Champlain Cavaliers last weekend in Montreal. The Hawks lost 66-60

## Intramurals New fee used to keep teams in check

**Luke Vermeer**  
Sports Reporter

Humber intramural sports are starting up for the new semester and this year all teams were required to put down a \$30 deposit before being allowed to play.

"In the past we have had issues with teams attending their games and we had a lot of forfeits," said North campus recreation co-ordinator Jennifer Maclam. "The deposit is to try and add an incentive for teams to show up to all their games."

In addition the money will be used to discourage rough play, especially in higher contact sports like floor hockey.

"We are trying to keep the rough stuff to a minimum in floor hockey so one of the rules is that if one of the players on your team gets suspended the team loses half of their deposit," said Mike Gonder, intramural supervisor for North campus.

Maclam believes the suspension penalty will be very effective, especially if it's coming from the team captain's pocket.

"If you are the captain of a team and you put down \$30 of your own money and one of your teammates gets suspended, you're going to be coming after them for your money," said Maclam.

Keith Millar, 19, a first-year industrial design student and men's floor hockey captain, agreed with Maclam.

"The money came out of my pocket so if one of my teammates gets suspended I will probably draw a penis on his forehead," Millar said.

Despite the new price attached to playing intramurals, Maclam said that there has been no drop in sign-ups.

"All of our sports have filled up," said Maclam. "In soccer we ended up getting six more teams than we had slots, in volleyball we actually had to close registration early and in hockey we had a max of 12 and ended up getting 10 so there hasn't been a drop-off."

Intramural sports began last week with soccer, volleyball and floor hockey all having fully attended starts.

Men's rugby



PHOTO BY SAMANTHA MARTIN  
The Hawks pushed through a relentless Conestoga Condors attack to extend their win streak to 3-0

# Men's rugby brings down lowly Condors

Samantha Martin  
Sports Reporter

The Humber Hawks men's rugby team improved their record to 3-0 for the season after shutting out the last place Conestoga Condors 51-0 on Oct. 6.

Conestoga pushed hard to get on the board in the first half, but the Hawks stayed strong and didn't allow the Condors to get close enough to the try line.

Humber continued to dominate in the second half until Conestoga scrum-half Ryan Myer was injured and taken to the hospital for examination.

"We were playing really good rugby up until that injury took place," said Fabian Rayne, the Hawks' head

coach.

When play continued, Conestoga came out strong as the game began to heat up.

The Hawks took eight penalties in the last 10 minutes of the game.

"I felt at the end of the game we kind of lost our discipline a little bit," said Rayne.

Hawks captain Jason Chuck, 23, a fourth-semester fitness and health student, said the team needs to start focusing on self-control.

"It definitely made it a little more passionate," said Chuck. "From their side they wanted to fight for their player and we had to hold our own and play Humber Hawks rugby."

The Hawks play their next game against the Seneca Sting today. Humber is currently tied with Sen-

eca for most points in division 1.

"They're going to be one of our biggest competitors this year," said Hawks assistant coach Mark Falkinson.

"We'll just be ready to play them next week and probably set the table for the championship game."

## NEXT GAME



SENECA STING



HUMBER HAWKS

Humber  
Oct. 13

Cross country profile

# Runner adds award to impressive resumé

Keaton Robbins  
Sports Reporter

Nathaniel Green has won the Eto-bicoke Sports Hall of Fame Scholarship and he's hoping it will be the catalyst for a strong 2011-2012 cross-country season.

Green, 19, a third-year industrial design student, will receive the \$1,000 scholarship at a banquet on Oct. 26.

"I was super surprised, but I guess it's based on my performance from last year, which was my best year of running," said Green.

The Hall of Fame presents the award to four Humber College athletes each year. Women's badminton player Renee Yip and women's soccer players Hayley Green and Sonia Rocha are the other recipients.

Green said he's been running since he was 12 years old. This is his third year on Humber's cross-country team.

"The thing I was most proud of last year was coming top 10 at nationals, but what I really want this year is all-Canadian, which is top seven at nationals," said Green, noting he was with Team Ontario when the group won gold at nationals but he failed to do so individually.

Monique Haan, Green's coach, said he's a natural talent.

"He brings a long, lean body with some amazingly long legs. He just lopes along like a deer - he's very graceful when he runs," said Haan. "He just knows how to keep his form even when he's tired."

Haan said on top of coming 10th at nationals in Fredericton last year, Green was fifth in the provincials.

**"HE JUST LOPE  
ALONG LIKE A  
DEER - HE'S VERY  
GRACEFUL WHEN HE  
RUNS"**

**- JESSE BRUCE, CAPTAIN**

Haan said Green's become a more vocal leader over the last two years.

Jesse Bruce, Humber's cross-country captain, said he believes Green can improve his individual results and make the All-Canadian team.

"I know he's going to be a top runner and I know he's going to challenge for a medal at provincials," said Bruce, 30, a fourth-year kinesiology student.

"He's just a freak of nature, he's incredibly fast and makes it look effortless."



PHOTO BY KEATON ROBBINS  
Third-year cross country runner Nathaniel Green is looking to improve on a tremendous year