

HUMBER ET CETERA



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Hockey players mourn death of one of their own

By JASON THOM
& JOHN-PAUL McNALLY
Et Cetera Staff

Humber College hockey team is mourning the loss of one of their own following the death of first-year student and promising Hawk forward John Guirestante Sunday afternoon.

The 26-year-old died this weekend of pneumonia, according to Humber Athletics Director Doug Fox. After being rushed to nearby William Osler Health Centre, Etobicoke Campus, Guirestante was pronounced dead just after 6 p.m.

Guirestante played his only game as a Hawk last Saturday night, when the men's hockey team faced off against former Hawks' players, during an exhibition alumni match.

After netting four points, Guirestante pulled himself out of the game with five minutes remaining, due to illness.

According to Hawk player Rob Cordeiro, following the game, some team members, including Guirestante, gathered at teammate Chris McFadyen's house. Cordeiro and Guirestante have known one another for many years.

Cordeiro said the gathering lasted the early morning, with some players spending the night. Guirestante fell asleep soon after, but never regained consciousness.

According to Toronto police at 23 Division, a 911 call was made late Sunday afternoon.

McFadyen, a longtime friend of Guirestante, then administered CPR by instruction over the phone, Fox said. Soon after, Guirestante was

taken to hospital via ambulance.

"All day I was periodically checking on him, and he was sleeping," McFadyen said. "Sometimes in the back of my head, I wish I had done more for him."

Those who had just come to know Guirestante were equally shaken by the loss of their teammate.

"The best way to put it is...you met him and you remembered him," D.J. Marchese said.

Guirestante was a great hockey player, and an even better guy, according to friends.

"He was just an amazing person," McFadyen said. "He affected everybody in some small way."

Though Guirestante only knew some of his teammates for a short time, his impact both on and off the ice was immeasurable.

"He was definitely a centerpiece in the dressing room," McFadyen said. "He talked to everyone out on the ice. He never segregated anyone and made sure everyone knew we were a family."

"He always wanted the team to be close," said recent Hawk addition, Jamie Chikowski. "Whenever something was going on, he liked all the guys to be there and we all could see what he was doing."

Over the years Guirestante played in a host of professional hockey leagues, including the Ontario Hockey League, and also overseas in Germany. The New Jersey Devils drafted Guirestante in the fifth round of the 1993 National Hockey League Entry Draft, above current NHL stars Miroslav Satan and Tommy Salo.

Throughout his professional

career Guirestante faced numerous challenges, including the physical challenge of being almost completely deaf. He needed hearing aids to hear anything at all, according to Assistant Athletics Director Jim Bialek.

"I know he battled through adversity in the past," McFadyen said. "He pretty much had everything he wanted right now."

Guirestante used everything he learned in his many hockey seasons to help players and friends like Cordeiro. This was all second nature for the six foot, two inch, 195 pound forward.

"It wasn't about 'I'm going to help you and you're going to help me back' or 'I'm going to help you because it's going to make me look good. It was, 'I'm going to help you because I care about you,'" Cordeiro said.

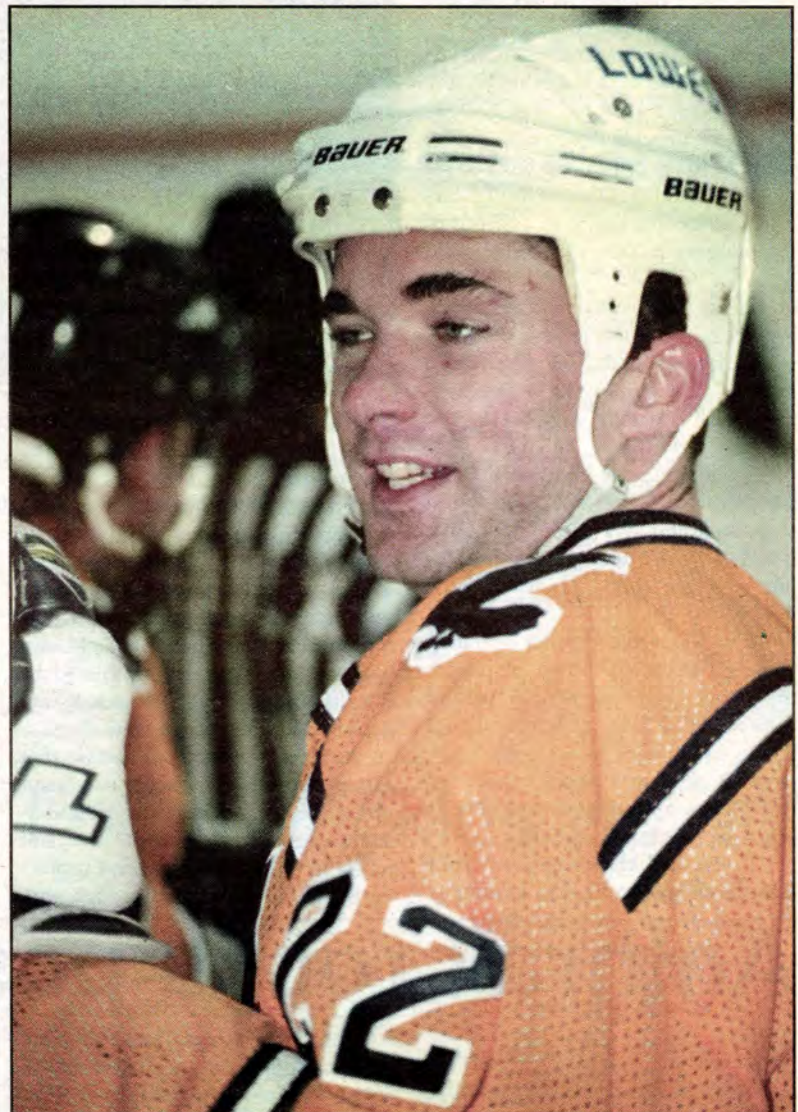
Student Athletics Association President Tara Reed and Bialek helped Guirestante with his entrance to Humber College.

"He got into school, which was important to him because he wanted to become something more than a guy who played hockey," Bialek said. "He wanted to work, he wanted a career. He was just someone who was always up and laughing and smiling and now he's gone, like that."

In remembrance, Humber's flags were flown at half mast earlier this week.

Fox said he understands the impact the death has had on the Hawks' athletic community.

"There's an invincibility factor that young people feel they're going to live forever," he said. "When the



Diane Denby

Number 22 John Guirestante pictured at last weekend's alumni game

reality of something like this happens, it's overwhelming."

Humber's grief counsellors met with the team early in the week, Humber President Robert Gordon said.

"It's a tremendous loss, especially at such a young age," Gordon added.

Guirestante's locker is now cleaned out, and Cordeiro has hung

both Humber's No. 22 home and away jerseys from Guirestante's stall.

Guirestante's teammates will honour him with a moment of silence before their first game at this weekend's Maybury Cup tournament at Westwood Arena.

A service is being held today at the Neweduk Funeral Home, Mississauga Chapel.

Anti-poverty protests cause \$200,000 damage

By PAUL CARLUCCI
Et Cetera Staff

Anti-poverty protesters flooded Toronto's financial district on Tuesday in an effort to grind operations to a temporary halt.

Some 75 activist groups, united under the name Ontario Common Front (OCF), converged at Nathan Phillips Square at 5 a.m. to eat breakfast and have their passions ignited by an array of speakers.

The protest was against the policies of the Ontario Tories. Protesters

came for Dudley George, a Native protester who was shot by an OPP officer in Ipperwash Provincial Park in 1995. They came to protest for Kim Rogers, an eight-month pregnant woman sentenced to house arrest for welfare fraud, who later died of heat stroke in her apartment.

They came to protest a frozen minimum wage, a 60-hour work week, poverty and homelessness.

A battalion of police, carrying batons and dressed in riot gear, closed off the corner of Bay and Queen in front of Nathan Phillips Square.

See *Anti-poverty* on page 3



Paul Carlucci

Common Front protesters took to downtown streets in an anti-poverty rally that resulted in 40 arrests

etc.

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More mysterious powder at Etobicoke med centre

By ASHLEY KULP
Et Cetera Staff

Police and firefighters rushed to the medical centre beside William Osler Hospital on Monday as yet another anthrax scare surfaced.

Support and hazardous materials units of the fire squad surrounded the centre, located at 89 Humber College Blvd., at around 2:45 p.m. The entrance to the centre was blocked off by yellow caution tape, as firefighters asked all people going in and out of the building to stay put and remain calm.

Garnet Reid, platoon chief of the Etobicoke Fire Department said a white powder had been discovered by one of the employees in the medical centre and they were taking the call very seriously.

"We were called because a suspicious white powder has been found in the building. We don't know what it is, but we are taking every precaution and not ruling anything out," Reid said.

After about five minutes of frantic waiting, the small crowd of people that were asked to remain behind were told they could go home, but not before firefighters took down every person's name and phone number so that they could be contacted later to check for anthrax symptoms.

"If you find black marks on your skin, blisters or your skin is itching,



Desmond Devoy

Firefighters spoke with concerned public during the Monday scare

come back here to the hospital and get yourself checked out," Reid said.

This was the third anthrax scare the department had received that day. The other two calls had been false alarms. At press time, test results of the Etobicoke medical centre powder had not been returned, but Reid said he was expecting the sample to be negative for anthrax. The results are expected within the next few days.

Anthrax is a bacterial disease that grows naturally on sheep, cows and other livestock. It is usually found in central America, Asia and Africa, but rarely in the U.S. or Western Europe. It can be contracted through con-

tact with infected animals, use of infected products and ingestion of tainted meat or anthrax spores. If inhaled directly or left untreated, it can cause death.

There are three types of anthrax, the first of which is cutaneous. It is found on the skin and causes lesions and blood poisoning, but isn't fatal if treated.

The second type, intestinal anthrax, is caused by eating infected meat and produces food-poisoning like symptoms and is fatal. The third and deadliest form of anthrax is respiratory anthrax, where spores are directly inhaled.

Anthrax rocks post office

By PHILL FELTHAM
Et Cetera Staff

A postal sorting station at Albion Road and Martin Grove Road was evacuated twice Monday morning after a white powder was found in a package of newspapers.

Fears that the powder might be anthrax were raised when Eleanor Dauvernay and Mike Sweeney, both letter carriers at the station, were rushed to hospital after coming in direct contact with the powder.

Union spokesman, Ken Cameron, who witnessed the incident, said the postal workers were taken to the hospital as a precautionary measure.

Cameron added Dauvernay was opening up a bundle of newspapers for sorting when the white powder spilled out of the bundle.

Cameron said Sweeney, who was beside Dauvernay, helped pack the powder into plastic bags while the area was evacuated.

"Everybody walked off because we didn't know what it was," Cameron said.

Cameron said people were cleared to go back to work, but when firefighters arrived, the place was again evacuated.

Cameron said the police took the two bags to the fire department where they were picked up by the bomb squad and taken to a laboratory for testing.

"I've been a letter carrier for 21 years and I've never seen bundles open up and have that residue inside it," he said.

Cameron told the Et Cetera that postal workers refuse to go back to work until the powder has been identified.

"The workers told the Post Office that tomorrow morning if we still don't know what it is, then we will

not come in to work," Cameron said. "We'll stay outside until such time that we're told exactly what that chemical was."

If it is anthrax, Cameron said that everyone will go to the hospital to get checked out.

At press time, it was undetermined if the powdery substance was anthrax or not.

Police at 23 Division said the matter is still under investigation, and although results on the substance have not been returned, a postal customer service representative said plant operations were back to normal Wednesday.

Some Humber students are scared that the incident happened so close to the college and believe the anthrax incidents in the U.S. are linked to the terrorists.

"It's scary because the terrorist's mentality is complete retaliation—you attack me, I attack you," said Jonny Broun, a student enrolled in the Police Foundations program.

"I'm scared, but it's no reason for the States to call off the attack," said Lee Zavagno, also a Police Foundations student.

Mat Hall, enrolled in the Computer Programming Analyst program said he's not scared because "Canada's not a target."

Tight security after Toronto water scares

By JULIE DEANGELIS
Et Cetera Staff

Area residents have noticed an increased amount of activity surrounding the R.L. Clark Water Filtration Plant next to Humber's Lakeshore campus.

The graffiti-smearred sign reads "Sudanese Slaughter." Police gathered outside the plant in front of the vandalized sign on both Wednesday and Thursday mornings as curious neighbours looked on.

Johanna Marie Petruso, a 23rd Street resident, and a Humber graduate, was worried about the prospect of contamination.

"The police have been down here for two days now," she said. "I really hope that our water hasn't been tampered with."

Police said they believe the vandalism was the result of an isolated case of local mischief and said there were no signs of a break and enter.

Since the terrorist attacks on Sept. 11, and the recent Florida anthrax scares, increased security has been put into place at the Toronto's 10 reservoirs.

Hiroshi Taniguchi, the city's director of water supply, said that security checks have been more frequent in the past month.

"We enhanced security on Sept. 11 at all of the reservoirs as a precaution," Taniguchi said. "We want to be extra vigilant especially now with the anthrax scares."

Last Wednesday, the room that houses the piping system of the St. Clair reservoir was broken into. Toronto police said that a door was pried open, and a metal container partly filled with an unknown liquid was left behind.

According to Taniguchi, the reservoir is now open and functioning normally after tests on the liquid confirmed it to be harmless.

"We conducted tests last week on the unknown liquid substance left behind in the five litre bottle, as well as the water in one of the basins at the Centre for Forensic Sciences last week," Taniguchi said. "It turned out that the unknown fluid was just water. The reservoir was put back in service Friday after the tests came back."

Police do not suspect that the two incidents are related.



Julie DeAngelis

One of several water plants in Toronto that have caused safety conce

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Anti-poverty protest claims victory

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People were not allowed to cross the barrier unless they consented to a search. Those who refused were told to leave the scene.

Behind the police line, protesters could be heard chanting, cheering and drumming.

"Since Sept. 11, as horrendous as those acts were, we have to continue with our fight because Mike Harris, and the Tories, and their corporate allies are not stopping their agenda," said Todd Gordon, a speaker for the OCF.

Sarah Vance of the Ontario Coalition Against Poverty (OCAP) said protesters are sick of the government "isolating people and making them so afraid to fight."

"We can go all the way," she said from atop a bench covered in turntables and records.

The rally broke into three separate marches and clogged downtown streets. Protesters dragged paper boxes, metal gates, road signs and other city debris onto roads preventing cars and buses from moving. Some protesters kicked vans and bent windshield wipers.

Though the demonstration was peaceful for the most part, there were a few violent incidents.

Not long into the march, police huddled around an elderly man whose head was streaming with blood.

It wasn't clear whether the man fell, or if he was struck by police.



Paul Carlucci

Activists and riot police descended upon Toronto's financial district Tuesday for an OCAP anti-poverty protest

A more heated incident broke out on the corner of York Street and Piper Street when a protester was arrested by plain clothed officers armed with batons.

"Two of my friends had to use the bathroom," explained one protester calling himself Weasel Walter.

"We all sat around them so they could use the bathroom and then [the police] charged us. My friend Kevin [was] arrested."

The arrested man, Kevin Both, was dragged away under a barrage of soaring water bottles thrown by angered protesters.

Most areas of the district remained free of violence. Jaggi Singh, a demonstrator arrested in Quebec City and at the APEC Summit was in the crowd.

"Don't believe the hype of talking about violent thugs," Singh said. He said the only violent "thugs" in the

crowd were the police and they were "highly organized."

The march was officially over by 11 a.m. and protesters declared a victory for themselves.

"We succeeded today," said a march leader who wished only to be referred to by his first name, Shiraz.

"We shut down the financial district. We said it would be effective, disciplined and something the city's never seen before. It was."

But victory may very well be in the eye of the beholder, according to some who work in the business core.

"As far as I'm concerned, it was business as normal," said Pat Lucarelli, branch manager at the Bank of Nova Scotia.

"There was absolutely no impact whatsoever."

Lucarelli said all his employees showed up for work.

Shane Quinn, spokesperson for the Toronto Stock Exchange, shared Lucarelli's viewpoint.

"The Exchange is up and running," he said. "The market is up."

All businesses and banks in the financial district were operating under increased security measures. However, none would divulge any details of these measures.

Toronto Police services made a total of 40 arrests at the protest.

The demonstration in Toronto was just one of a campaign that will bring protesters to Windsor, London and other cities across Ontario.

The next movement is scheduled for Hamilton tomorrow.

Mike Harris says farewell to Ontario premier position

By VICTOR PENNEY
Et Cetera Staff

Ontario Premier Mike Harris is stepping down as leader of Canada's wealthiest province, stunning critics and supporters alike.

"As premier, I've done things I could never dream of growing up as a boy in Callander and North Bay, Ontario. I entered political life to make a difference, to make changes for the better," Harris said during a late morning press conference at the Ontario legislature Tuesday.

He told reporters he will remain the Ontario Tory leader until a leadership election has appointed someone else to take the reins, and after a new party leader is appointed he will serve the balance of his term as MPP for his riding of Nipissing.

"It is the people of Nipissing who entrusted me to represent them on six consecutive occasions," Harris said, "and to them I'll be forever grateful for that opportunity."

Harris said his trip to North Bay this past Thanksgiving weekend overwhelmed him with autumn colours from miles of trees and gave him the chance to reflect on his life, his family and his future.

The final decision was officially made when Harris sent a letter to the Ontario Conservative party president

on Monday that asked Tory executives to call a leadership election as quickly as possible.

Harris is seeking to reconcile with his wife Janet after a two-year separation, but his decision to resign, he said, was a personal one made at the right time.

"At the end of the day, on balance, your gut kind of tells you what is best for Mike Harris, then timing, what's best for the party, what's best for the Province," he said.

The premier is still intent on taking his duties seriously, but isn't completely sure how his future will pan out.

"I intend to engage full-time in governing this province," he said. "I have not gone beyond that to the future, I look forward to [the future], and I'm sure there are new opportunities that will be there for me."

The legacy Harris leaves behind will be one of balancing the province's books, creating tax cuts and the Common Sense Revolution that led to spending cuts and stringent reforms in healthcare, education and welfare programs.

His six-year reign as premier was also marked with numerous strikes and protests from teachers, students and unions.

Harris' resignation caught other politicians off guard.

Liberal MPP for Renfrew-



Courtesy Ontario Government

Premier Harris is stepping down

Nipissing-Pembroke, Sean Conway, said he didn't see it coming.

"I was surprised when I heard it," said Conway, who also noted that Harris was guilty of neglecting healthcare and education.

"I just hope whoever the next leader is, that they'll be able to deal with the pressure."

Close ally, Alberta Premier Ralph Klein, told reporters Harris was a vital player on the national front.

"He was a good person to have at premier conferences and first minister conferences. [He] was tremendously forceful and we're going to miss him," Klein said.

Forum tackles issues

By JEFF LIM
Et Cetera Staff

An undervalued Ontario College system was a leading issue at the College and Universities forum held last Thursday.

"The community college system is under-valued, under-rated, and under-utilised," said Micheal Cooke, vice-president of Academic Excellence and Innovation at George Brown College.

"It is under stress, and I think it can play a very significant role in the landscape of post-secondary education."

The state of Ontario's post-secondary schools was discussed by faculty, students and representatives from a number of schools last Thursday at the St. Lawrence Centre Forum.

Cooke, the lone panellist speaking on behalf of community colleges talked about colleges getting overlooked when the issue of post-secondary education is discussed.

MPP Rosario Marchese, education critic for the NDP, hosted the evening with a panel that consisted of Rakhi Bhavnani, a student at University of Toronto, Dave Goutor, a teacher's assistant in the History department at U of T, Janice Newson, a Sociology professor at York, Liana Bagworth, a representative of Bell Canada, and Michael Cooke.

Other issues discussed by the panel included rising tuition costs, the role of the provincial government

in post-secondary education, and the privatization of the universities and colleges.

Students present didn't see raising tuition as a viable option.

"Students aren't seeing the returns on their investments in education," said student Bhavnani. "The fees need to go down."

A topic that was of major concern was the double cohort, which is the final group of OAC students and Grade 12 graduates that will be entering the post-secondary system together.

This surge of graduates will put a huge strain on post-secondary schools, which Cooke said will put an additional 34,000 students in Ontario colleges and universities in 2004 - 2005.

Cooke said the high number of faculty that will be retiring in the next five to seven years is also a great concern as schools may not be able to stay in step with demand.

"As the rate of change in the workplace of our society far outstretches the capacity of our post-secondary education. We need to keep pace," Cooke said.

Colleges will play a large role in helping students move in and out of post-secondary education while working, parenting, or dealing with other things, Cooke added.

"We can't think of post-secondary education in a kind of neat package. We need to respond to new expectations and needs."

Spong has spoken

By CRAIG MACBRIDE
Et Cetera Staff

A leading church reformer warned that since last month's terrorist attacks on America, mankind lives in a world where there is "no such thing as safety."

Former Bishop of Newark, New Jersey, John Shelby Spong, was at the Jarvis Street Anglican Reading Room Oct. 10 to promote his new book, *A New Christianity For a New World*, and to speak to fans and critics about how Christianity needs to be changed in order to survive the 21st Century.

"After Copernicus and Galileo and Kepler, the idea that God floats just above the sky became hard to imagine...there are very strange ideas of God, and they are popular, and they permeate the ranks," Spong said. "The way we've talked about God is absurd. After Sept. 11 we have begun

to see it as absurd."

Spong also discussed the mistakes that Christianity has made in the past, likening them to the current religious laws that Taliban leaders justify with the Koran.

He said that there is no room in the world for the Christian church to make more mistakes.

"We created anti-Semitism. We created Adolf Hitler. We created the Holocaust...we must stop playing my-God-is-better-than-your-God and realize that everyone has a different doorway to holiness," he said.

Before sitting down to sign copies of his new book, Spong attempted to put religion in perspective.

"I am a deeply committed, deeply believing Christian, and I live in the 21st Century. I will not compromise, so I live in this tension. If we cannot adapt Christianity to the new world, Christianity will surely die."

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Nowhere to go but up for Humber's moody elevator

By SEAN CUNNINGHAM
& ALEK GAZDIC
Et Cetera Staff

Despite \$100,000 worth of repairs over the summer, the sole elevator to the third and fourth floors at Humber's North campus continues to have problems, causing inconveniences for students and staff.

"The elevator is about 30 years old, and there are a number of ongoing, what we'll refer to as gremlins, that are cropping up from time to time and we're trying to figure out exactly what is going on," said David Griffin, Humber's maintenance and operations manager.

Students with mobility concerns and staff transporting audio/visual equipment are given access to the elevator with a key. The repairs made to the system continue to be checked daily, but the elevator was shut down for two days last week.

"It appears that we were having a little bit of trouble with the hydraulic controls on Tuesday and Wednesday of last week," Griffin said.

On Thursday afternoon, a wheelchair dependent student in her first year of the Community Integration through Co-operative Education (CICE) program was trapped inside the elevator on the third floor for more than 20 minutes.

The continued breakdowns of the elevator are causing concerns on campus.

"It's a situation clearly affecting a lot of students," said Patricia

McCracken, a faculty member in the CICE program, which is a special program for students with developmental disabilities.

"Disabled students are having a great deal of difficulty with the elevator. The elevator's in poor shape," McCracken said. "It's been a long-term chronic problem at the school."

Currently, there is no known protocol at the college for assisting students who may be stuck at the top floors trying to get down.

In such a case, McCracken urges people not to carry students with dis-

abilities down the stairs because it can pose greater risks of injury to the person.

There have been some rumours about the addition of a second elevator.

"The College is currently going through a design process where they are looking to see if we can install a second passenger elevator generally in the area around where Acki Tree is," Griffin said.

The cost of a new elevator would be close to \$1-million, according to Griffin.



Mar Fenech

Student frustration is mounting because of unreliable elevator service

More Rez for Humber?

By PHILL FELTHAM
Et Cetera Staff

Plans are underway to bring two new Residence buildings to Humber.

Humber College officials are looking to build a new Residence at the Lakeshore campus and add more rooms to the existing North campus residence complex.

John Mason, of Government and Community Relations at Humber College, said an application has been filed with the City of Toronto and as soon as approvals for both sites have been made, plans for new residence buildings will commence.

"Zoning approval and developing the financial model that will support the ongoing operation and construction of the building are the current concerns," Mason said.

John Hooiveld, Humber's planning and development officer, said it would take six to eight weeks before any decision comes from the municipality. If the answer is no, the college will be given 30 days to appeal the decision.

"[The] Lakeshore project is a little further advanced than the North campus is right now," Hooiveld said.

The Lakeshore Residence building would stand six storeys, with 300 to 450 beds.

He added it would take 10 to 12

months to finish construction on both sites.

Hooiveld said there are two possible sites being considered for the North campus. The new residence could be connected to the S or the R building.

"This would sit on a small piece of land currently enjoyed by the Arboretum," Hooiveld said.

Hooiveld added that discussions need to take place with the Arboretum management board.

He said Lakeshore Residence would be sandwiched between the A Building and Lakeshore Blvd.

Mason said the government provides no financial assistance for student residences. The buildings are paid for by the college.

Hooiveld said each bedroom would cost roughly \$40,000 to construct, while costs for other facilities within the building would vary.

"The money would be borrowed and the buildings would be mortgaged through the fees that are charged in Residence," Mason said.

Rod Rork, vice-president of administration, and one of the current overseers of the Residence project, said there is still a current mortgage on the existing Residence.

Plans for the new residence buildings include bigger rooms.

Mason said the units could be two bedroom apartments, meaning the

rooms will be larger compared to the traditional dorm rooms currently offered at Humber Residence.

"We are trying to address the needs and desires of the current student population of the traditional dorm room which is a design of 30 or 40 years ago," Mason said.

Mason said students like a greater amount of space and more privacy in a dormitory style of residence.

The tentative date for the opening of the new Residences at Lakeshore and North campus is Fall 2003.

By this time, there will be an additional 2,000 students enrolled in the new programs through the Guelph-Humber programs.

Next year there will be 200 new students enrolled in the pilot programs for Guelph-Humber and there will be an additional 800 students attending Lakeshore in the Fall 2002. That means more students will be searching for places to live near Lakeshore.

Rork said off-campus housing would have to solve the problem for the increase of students next year.

He said an advertising campaign would take place next April to recruit more off-campus housing.

"There are a number of hoops to go through," Rork said. "The college is going through the process to get the [new Residences] to students as soon as we possibly can."

Bio-terrorism panic

Officials call for calm as city worries over anthrax

By MARK NONKES & KELLY MACHADO
Et Cetera Staff

The scare of the deadly anthrax has cast fright over Canadians and Americans, any time an unrecognized letter or package arrives.

There are three types of anthrax, one that affects the skin, the other affecting the lungs and the third attacking the intestines, said Barry Power of the Canadian Pharmacists Association.

Pulmonary anthrax, which is contracted when someone inhales spores is the most deadly and kills 95 per cent of people infected. That type of anthrax is responsible for the death of an editor in Florida.

The anthrax attacking the skin is called cutaneous and creates a red-dish-brown lesions, which turns into a dark scab. It is fatal 25 per cent of the time.

Gastrointestinal anthrax attacks the intestines and is caused by eating meat infected with the anthrax spores. There has never been a recorded case in North America.

Since the death in Florida, phobia has spread throughout North America.

Sites from local post offices to the House of Commons in Ottawa have been evacuated over the past days as there have been cases when an unknown powder arrived at their locations.

Fact sheets and warnings on how to identify the signs and symptoms of anthrax have been sent to

emergency personnel such as police officers, doctors and paramedics, said Mary Margaret Crapper, media relations officer for Toronto Health Department.

The city of Toronto is also prepared with an up-to-date emergency response plan, which has been refined since the terrorist attack on Sept. 11, Crapper said.

Since Sept. 11, Health Canada has started stockpiling antibiotics that would fight an anthrax attack and treat up to 40,000 people, Power said.

However, people are warned not to stockpile medication such as penicillin, doxycycline or Cipro, which fights anthrax.

"It's dangerous to have unneeded medicine in your home," Power said.

After someone is infected with anthrax, symptoms often include internal hemorrhaging, muscle pain, headache, fever and nausea.

Anthrax is a bacterium that usually affects farm animals and is usually fatal for them. Despite the deadly reputation anthrax has an outbreak is rarely fatal. If someone believes they have contracted it, they should see a doctor.

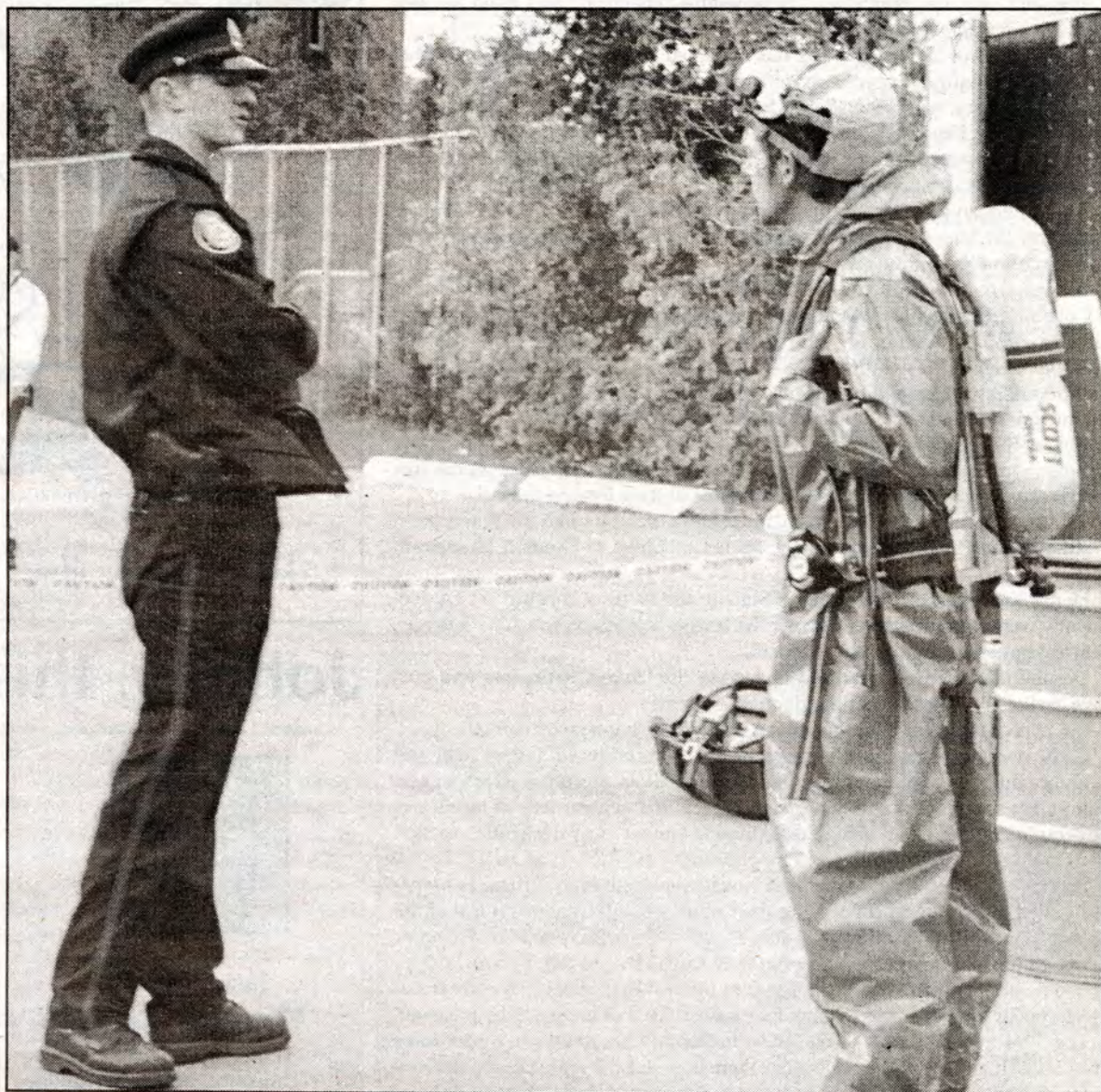
There have been no signs of intentional anthrax in Canada yet and Crapper reminds people to be calm.

"We want to remind people to use their common sense," Crapper said.

However, anthrax is a deadly weapon of war and if used properly it could kill thousands said John Thompson, director of the Mackenzie Institute, which monitors political instability and organized violence.

"It's a difficult weapon to properly prepare and use," Thompson said.

According to Thompson, there



Cleo Porter

Dressed in protective material a man investigates an anthrax scare at a post office at Martingrove and Albion

have been 200 anthrax scares in Canada in the last decade. It is only now, after the recent scare in the United States that anthrax seems to have caused hysteria, Thompson said.

If anthrax was effectively used on a city it could kill 50,000 people,

Thompson said.

That would give the United States and NATO reason to use a nuclear bomb, he said.

"It's [anthrax] regarded as being equal [to a nuclear bomb]," Thompson said.

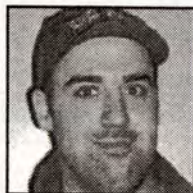
In 1979, an accidental explosion

at a military force in Russia sent a cloud of spores blowing into the wind. The anthrax infected 79 people, 68 of those died.

Before the new cases in the United States, there were only 18 confirmed cases of pulmonary anthrax in Canada in the 1900s.

Word on the Street

What would you do if you received an envelope with a white powder in it?



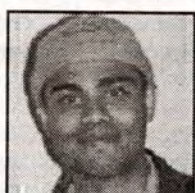
Grant Cumming
2nd year Comedy Writing and Performing

"I'd scream and immediately call Health Canada services."



Kelly Bloomfield
2nd year Early Childhood Education

"I wouldn't touch it. I'm really scared. I wouldn't go near it."



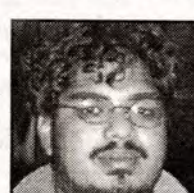
Parag Khatri
1st year Mechanical Engineering

"Don't open it obviously, if it's not mine if it's a flyer or something, I wouldn't even bother."



Katie Hagan
1st year Fashion Arts

"I probably wouldn't even know [what it was]."



Navin Prasad
1st year Electrical Engineering

"There's not much you really can do. You can't exactly not open your mail."



Alexis Stroller
1st year Paramedics

"I'd run and call the police and make sure no one else touched it."

Editorialsetc.

Democracy, not hypocrisy

Despite President Bush's endless rhetoric about the United States being the beacon of light and democracy in the world, the fact is that few countries in history have promoted terrorism on a larger scale than America.

Invasion, torture, bombings, dictatorships, chemical, and even nuclear weapons have all been instruments of U.S. foreign policy.

In 225 years of history, the U.S. has managed to use these and many other methods to subjugate anyone it considered hostile. In the early stages of American history, to be considered hostile, one simply had to be part of an "inferior" race, like the Natives, who had all their land taken away, or the Mexicans, who were luckier and had only half of their original territory expropriated by American conquerors.

The American government justified these actions with terms like Manifest Destiny, or the Monroe Doctrine, which officially labelled Latin America as the U.S. area of military influence.

Indeed, American influence in that area increased with time. The invasions of Cuba and Puerto Rico, along with the Philippines and Hawaii, welcomed America into the dawn of the 20th century, with warrior-president Theodore Roosevelt leading the way. Roosevelt also set the roots for American control in the Middle East by providing support for Ibn Saud, after whom Saudi Arabia is named, in exchange for oil from the world's largest reserve.

But, as the world became less inclined to accept the theories of superiority that justified American territorial and commercial expansionism, words like democracy and freedom became the emblems of their foreign policy.

Yet, that did not stop them from supporting dictators like the Somozas in Nicaragua, the Duvalliers in Haiti, Pinochet in Chile, or Saddam Hussein in Iraq.

Henry Kissinger, U.S. Secretary of State in the 1970s, according to CIA documents, went as far as to supervise the assassinations of Salvador Allende, Chile's democratically elected president.

Despite its record of organized terrorism, the United States sees and portrays itself as the world's leading democratic force.

But even within the U.S., that image may not be necessarily correct.

CNN, *Newsweek* and other news agencies recently said they will not announce the winner of the re-counted Florida ballots, a process which cost \$1 million. We speculate that this decision reflects the general fear of tarnishing the president's image (not being the legitimate winner of a presidential election tends to do that - although this is a moot point).

Politically Incorrect's Bill Maher and House Representative Barbara Lee were also grilled by the media for voicing their opinions, which were critical of the president. Also, it's difficult to forget White Press Secretary Ari Fleischer warning public figures to "watch what they say."

The most tangible proof of the types of interest that really drive American foreign policy are not found in what they have done, but in what they have not.

The 1994 massacre of 800,000 Tutsis in Rwanda in 100 days, a rate three times faster than that of the Holocaust, somehow did not warrant any humanitarian aid or military action. In fact, the U.S. opposed any military intervention, ignoring the wishes of one of Canada's military heroes, Major General Romeo Dallaire, who was in charge of the Rwandan peacekeeping mission.

In Rwanda, 8,000 people died every day for more than three months, yet no war was ever declared against that form of terrorism.

Does it mean that we value the life of 6,000 Americans more than that of 800,000 Rwandans? Does a nation's suffering become more acute when there is oil involved, like in Afghanistan, where the Taliban opposes an American-backed oil pipe that would earn U.S. companies millions of dollars?

These questions are not being asked by our politicians, or the media.

If we want to be a truly democratic society - one that fights terrorism in all its forms - these are the questions that we must ask.

Common sense revelation

Premier Mike Harris announced his resignation on Tuesday, leaving behind mixed reactions to his decision.

Harris insisted his departure has nothing to do with his party's slipping popularity in the polls.

This leads us to assume that it had something to do with his family and his recent reconciliation with his wife, Janet, of 27 years.

Could it be that the new climate of fear has inspired Harris to assess his priorities?

We know it sounds rather tiresome to keep bringing it up, but after Sept 11., such things as family and love have very obviously and suddenly become much more important than they ever were. Harris' decisions to retire to a life with his family is reflective of what many people are feeling today.

The Premier said that over the Thanksgiving weekend, he contemplated his priorities. That weekend, he decided to quit while on flight back to Toronto from his hometown of North Bay.

"At this time of year, one of the most breathtaking experiences is to fly over the miles and miles of autumn colours on a crisp, fall day. I saw the land like I really had never seen it before," he told reporters Tuesday.

At this time of uncertainty, we commend Harris for taking time to reflect on the finer things in life.



Johnny, this is for you



Jason Thom

Maybe you've been wondering why the flag in front of Humber College has been at half mast this week.

After reading this column, you'll know why.

Humber's hockey team has lost an experienced, strong forward whose goal was to help the team win the championship.

The college has lost a great member of its community, and the world has lost one of its best.

On Sunday, Johnny Guirestante died.

You may not know Johnny, but then again, you might.

Speaking with his teammates, you'd learn that he touched everyone he came into contact with. If you were "on the level," as one of his linemates said, "then he would help you out."

That seemed to be the theme of his life.

He helped people. Always.

He helped his teammates with their training.

One such player who listened to Johnny's advice dropped the pounds and got to a playing weight he was happy with. That player is now the captain of the University of Massachusetts varsity hockey team.

Johnny knew what he was talking about. At 6 foot 2 inches, 195 lbs. and three per cent body fat, Johnny was in prime condition.

So you listened to him.

And he listened to you.

From his firm handshake to the never-ending one-liners, he was always trying to make people happy.

As his friend Robby Cordeiro said, "He put everything else ahead of himself."

Including his schoolwork.

Johnny had just started classes last week, despite the fact he was sick - more sick than he knew.

One of his professors had to tell him to go home, he was so ill.

That same professor called Johnny on the weekend, telling him to stay home and to not worry about missing class. Afterwards, Johnny told Rob he couldn't believe a teacher cared that much.

When was the last time a teacher called you and told you to stay home?

The teacher called because he knew Johnny cared, and in turn, so did he.

Wonderful thought, isn't it?

And what did Johnny want in return? Nothing. He didn't want recognition, a free ride, or to be the team's leading goal scorer.

His closest friends say he wanted nothing more than to be surrounded by good, loving people and to get his life on track.

He found those things here at Humber College.

I'm writing this to tell you about Johnny G. in case you didn't have a chance to meet him.

I did, and I'm a better person for it.

As are his teammates, who will dedicate this season to a player who left the nest far too early.

Team captain Chris McFadyen said that one of Johnny's most favourite lines was "Hi, I'm Johnny...nice to meet me."

It certainly was.

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Take a pill, boys



Candi Jeronimo

Warm tighty whities, disoriented sperm and a birth control pill are on their way to defining a new age of family planning – for men, that is.

Male contraceptives are gaining popularity in the medical community and it's got men squirming. Women, who have taken on most of the responsibility in terms of contraception may soon be able to go on hiatus for a while.

Men can now step up to the plate and assume some more responsibility.

With it looming in their midst, it doesn't surprise me that they're hiding or confronting the subject with hostility. But really, did we expect anything else?

Although male birth control pills have taken a back seat in research for a while, after years of awaiting funds, the pill will hopefully be on the market soon.

Among my male friends, the idea of taking a pill everyday is as much of a joke as doing their own laundry was 30 years ago. It's just unheard of.

A 1998 study from the *British Journal of Family Planning* shows that

81 per cent of men think the responsibility of birth control should be shared.

The study however, didn't mention what age bracket was polled. My friends are in their early 20s; most are in exclusive sexual relationships where the woman has always been responsible for ensuring she doesn't become pregnant. Males, in this situation, are not welcoming the change. Their methods are tried, tested and true, and they see no reason to jump on the family planning bandwagon.

Most men would argue that by using condoms as prevention they are taking part in the effort, but while condoms are highly effective, they do get expensive and are inconvenient.

81 per cent of men think the responsibility of birth control should be shared.

In the heat of the moment, if neither partner is on any formal contraceptive, condoms are often left out of the picture. Thus leaving the responsibility of family planning in the air.

Men can't complain now that the methods are few and far between, because as awareness grows, so does the increase in funding.

Scientists at Harvard recently discovered a gene in sperm that gives it direction toward the egg. By pinpointing this, they hope to develop a drug that can be taken by men and

women to disorient the sperm, never letting it reach the egg to fertilize. Research in on this front, however, is still ongoing.

More practical methods for men interested in reducing their sperm count do exist, including taking hot baths. Heat lowers sperm count, and by keeping the testicles warm over a span of two months, sperm count should decrease considerably if the method is consistently practiced. Suspensory briefs can be worn during the day, prior to intercourse, to heat the testes and lower sperm count as well. This method takes three to nine months of daily use to become completely effective.

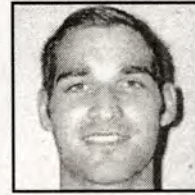
The Shug, a silicone rubber tube inserted non-surgically into the vas deferens – the main duct on the penis through which semen is carried – stops semen 100 per cent of the time. The process takes three months to work effectively, but again, more extensive testing is still required to ensure its viability.

While men have a series of options to sift through, talking about the subject is still discordant to those stuck in the close-minded routine of "women have specific duties and obligations, etc."

Men and women alike must become more vocal when deciding a course of action before sex. It takes two to tango, and for those of you who don't want to take a few dance classes, you're going to be left on the sidelines.

The choice is yours.

Not even science can stop the sperm



Alek Gazdic

Guys, listen up. In some places in this world evil, cynical people are planning something that will terrify us, and probably destroy our species altogether. It's called the male birth control pill.

It's true. And it's happening.

In Italy, scientists are testing these contraceptive pills, which contain synthetic hormones, and like the female version, must be swallowed every day.

In the U.K., researchers are developing a progesterone pill that has stopped sperm production in almost every tested male. But this pill requires a monthly testosterone shot to preserve our sex drive.

The bad news continues.

When will you learn that guys are dumb, immature, forgetful animals that can't be trusted?

It seems girls approve of this idea and will soon be calling for this monumental and tragic change in our relationship structure.

Now it's time for the girls to listen up, because I've got a good question for you.

When will you learn? When will you learn that guys are dumb, immature, forgetful animals that can't be trusted? If you leave contraception up to us, it won't work. Guys don't want to wake up and have to remember to

take the pill. We just want to roll out of bed, shower, shave, and get on with our day.

Hell, some guys might even say they are "on the pill" just to get into a girl's pants. Yes, we are pigs. A sad but true fact.

Guys don't want to be the women in the relationship. We don't want our buddies making fun of us because our girlfriend's got us on the pill.

Guys don't want to wake up and have to remember to take the pill.

In a couple of years, I envision myself in a café overhearing a group of young girls arguing over who's got a better boyfriend. One loudly and proudly boasts, "No way. My man's the best because he takes the pill. He's so caring."

Puke.

If it ever comes to this, worlds will collide.

Sure, a pill for guys is a big evolutionary step from the sheepskin condoms we used hundreds of years ago. And it's probably a lot easier than a method some men still practise in Australia, i.e. cutting openings in the base of the penis, spilling semen outside of the vagina during ejaculation.

But I don't see it happening.

So I make a plea now. Stop making this pill! Scientists, don't waste your time!

I'm not trying to be ignorant, I'm just explaining how a guy's brain works.

Think you have something to say?

*Write to the Et Cetera at
humberetc@hotmail.com*

For verification, all letters should include full name, telephone number and address.

We reserve the right to edit for space and clarity.

Please, no poetry.

Pick-up lines, get 'em while they suck

Seen those signs advertising a pick-up line service around here yet? Well, forget about that – it's a mail-order package that costs \$19.95. So, as a service to the lowly and desperate among us, we at the Et Cetera decided to share with you the very best pick-up gems. Use at your own risk.

- 1) Hungry for love? I'm your chef.
- 2) Girl, your father must be a terror-

ist, 'cause baby, you da bomb.

3) Remember my name. You'll be screaming it later.

4) You must be tired, because you've been running through my mind all day. (Groan)

5) Nice shirt. Can I talk you out of it?

6) Hi, my name's Myles Long. Wanna go the distance?

7) I may not be Fred Flintstone, but I

bet I can make your bed rock.

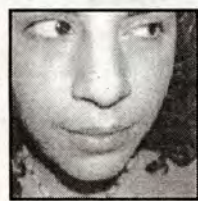
8) I may not be the best looking guy here, but I'm the only one talking to you.

9) Are you from Tennessee? Because you're the only 10 I see.

10) Do you work for UPS? Because I swear I saw you checking out my package.

—compiled by Desmond Devoy

A desperate plea from an intellectual giant



Lauren Ferranti

This week, I am thoughtless. Temporarily dry. I sit at my computer and the cursor blinks coyly at me.

'Come on, Lauren, write something of worth – they're waiting...' The whispery, singsong voice in my head trails off and the cursor still blinks. Are you, in fact, waiting?

What follows will be an emotional

(and somewhat desperate) reaction to the sad fact that, in the past five weeks, I have garnered little, if any response for my weekly efforts. I toil to make you laugh, think and fume, yet I have seen little effect. I am starting to doubt not only myself, but the students here who should (in an ideal world) be picking up a free weekly paper.

I expected more from you, but you are letting me down.

Let me break it down simply for you: you should be reading, keeping up with current events, processing thoughts, developing opinions and reacting based on those opinions.

You should be ashamed – the lot of you.

Here I am, week after week, attempting to exercise your minds a

bit with big words and brilliant writing, and I get nothing in return. Not a peep – only silence, which in this case, is not golden. It's disgusting.

It's not like I'm a shitty writer. I'm a worthy columnist with an unworthy audience.

Talented writers are thankless heroes. Intellectual giants, whom I believe, in the end, are too intelligent and intimidating to seem relevant to the scores of simple minds out there. But give us a chance – you're not as stupid and as lazy as you think you are.

I assure you: you will get nowhere in life if you don't bring yourselves to exercise that muscle in your heads, here in the safest of environments – your small, comfortable college.

Just go ahead, spend your time

hanging around The Pipe eyeing passerby up and down, proceeding to discuss what you least like about them. Pick out a new fuzzy sweater in a colour you don't already own, text your buddy a sarcastic two-word message.

Let that be the extent of your philosophical musing, your creativity for the day.

I pass all of you in the hallway. I hear you talking on the bus. I push through you and your air pollution on my way inside the school. Stupid, mindless blather, tossing of hair, conversational roadblocks such as "whatever" and "like" overused and abused.

Extend the scope of your world-past your circle of friends and the person you borrow notes from when you

skip class. Pick up a paper and dare to have a few new thoughts. You may just shock your friends with a striking reflection or two. You may actually have a resulting conversation that could be worth me overhearing.

Before we know it, Humber will be teeming with smarties in tweed blazers instead of dummies in hoodies.

That wouldn't be so bad.

But this column is – see what you've reduced me to? A blathering idiot myself, trying pathetically to train your abnormally short attention spans on me.

But you will come around.

And though I sometimes feel dispirited by apathy in general, I will not go away.

See you next week!



Desmond Devoy

Fall colours are less than vibrant this year due to this summer's drought

Leaf-ing early

By TAMI LEE
Et Cetera Staff

The colours of fall came much earlier this year and some trees have already lost their leaves because of Ontario's record-breaking dry, hot summer.

Toronto's summer temperatures soared above 30 C on 25 of those days. The normal average is 15 days.

The drought that plagued the month of August made the summer of 2001 the driest summer on record, only receiving a quarter of its average rainfall.

"What plants really want is hot days but if you don't have moisture, the nights get hot and they really suffer," said Sid Baller, the superintendent of the Humber Arboretum.

According to Baller the domino effect of less moisture and constant warmth is causing leaves to wither and fall prematurely.

"[Trees] will shut down their leaves and fall earlier in reaction to the disturbance of this summer," said Keith Stewart, a climate change expert at Toronto Environmental Alliance.

"We'll be seeing more of this if we don't stop climate change, it's gonna put a lot of stress on our forests," Stewart said.

The usual varieties of vibrant colours are not as promising as previous years.

Leaves that haven't fallen yet are either losing their green pigment earlier, developing duller shades, or just

turning brown at their edges.

Baller said that lack of moisture produces "premature colouration and often that colour isn't good, it's not as rich...there's a progression of damage to the leaves that you'll notice. Typically you'll see scorching where the margins of the leaves brown up and they'll start to curl up."

With the autumn colours only lasting another few weeks, Stewart said we need to reduce the pollution and smog in order to prevent this problem from reoccurring.

"According to the predictions of climate change, our summers are only going to get hotter and drier and pollution is a large part of that," Stewart said.

On the other hand, Baller said the problem could also be related to global warming or the beginning of a warming cycle that might last for years.

"All these things are part of a complex of issues," he said. "It's like stress on a person. The more stress we have, the less likely we are to cope with other issues. So the more pollution we have, it adds up."

Baller said that people should mulch their trees by putting a three to four inch-layer of wood-chips around the base of the plant to absorb and retain water.

"We can also pick plants that tolerate dry conditions. Selecting the right trees for the right place [can] go a long way to alleviating that situation," he said.

Catcalling women: a worldwide insult

Both sexes the world over take a look at the act of hooting at hotties

By MAR FENECH
Et Cetera Staff

Pssssssssst! Hey Sexy! Hola Muchacha! Hawn Sabiha! Ciao Bellissima!

No matter what language, catcalls blast from car windows at girls of every shape, size and denomination who happen to walk by.

Catcalls are not strictly a North American phenomenon.

Egypt has a problem with controlling what is called street harassment.

In Cairo, it is illegal for a man to leer at a woman. Egyptian law against verbal harassment states that any person caught heckling a passerby is subject to a prison term of no less than a month. For repeat offenders, a six-month jail sentence is imposed.

In Holland, catcalls are not as frequent, according to Gwenda Swighuisen Reigersberg, 20, who lives in Best, a small town close to Eindhoven.

"In the bigger cities, to be honest, the Dutch guys leave you alone," she said. "But some of the tourists [catcall] like anything. For example, the other day a group of Moroccan men yelled 'nice ass mama' at me. I was wearing jogging pants and a big sweater and I looked like a monster."

People who live on the Mediterranean Island of Malta have a special name assigned to these types of unrulies. They call them "Hamalli," which is the Canadian equivalent of trailer trash.

Ruben Xureb, 22, who lives in Malta, said he and his group of friends avoid screaming things at girls because they find it disrespectful.

"It's a Hamallu thing to do," Xureb said. "We're proud we don't do it."

Christian Abdilla, 22, a friend of Xureb in Malta, said that he catcalled at a woman once, and her tight pants were the reason why.

"Of course a woman's clothing has something to do with it," he said. "I would never catcall a nun!"

Yet, in Egypt, women find catcalls inescapable and most Egyptian ladies are covered from head to toe in veils.

Gerhard Steimer, a 74-year-old WWII veteran, said when he was a young man in Germany, he and his friends would all let out a rumbling hoot when a pretty lady would walk by. Steimer said he was shy when he was a teenager, so he would wait

until the object of his fancy gave him a window of hope.

"If she caught eyes and gave me hope, it gave me an opportunity to tell her she's beautiful," he said. "And the kissing of the hand still works. I know it's old fashioned, but even young girls like it."

Most men say a woman's attire will provoke them to catcall, however, some women say that's not true.

Lucia Constantinescu, 24, said she gets heckled everyday regardless of what she wears.

"Clothes don't make a difference, I'm usually just wearing jeans and a big jacket," she said.

However, a few people say that they hear more catcalls, whistles and car horns after dark.

According to Psychologist, Chad Splat, "It depends on the woman."

Splat said women who dress in revealing clothing, probably have low self-esteem and they want attention.

"When I wear a skirt or a [revealing] top, guys yell more," said Gabriela Holubko, a third-year York

men that catcalling works, because at school, guys will approach me but start with a conversation instead of yelling," she said.

Peter Yee, a 26-year-old supervisor at ASA Alloys, a sheet metal company, said he thinks no matter what women say, catcalls swell their egos and when he compliments a girl and she doesn't respond in a positive manner, it bothers him.

"I approached this girl, and I said 'hey pretty lady,' and I whistled. When she didn't respond, I said, 'you're ugly!'" Yee explained.

He also said he catcalls because "it makes him feel like a man to make women feel good. He said that he receives encouragement in the form of winks, smiles and waves from the girls he heckles.

Some men seem to think hollering at a woman from their cars that she has a nice rear end is a compliment.

Most women beg to differ.

Second-year Nursing student, Tonya Baggs, said that everyone likes a little attention, but not that kind.



Mar Fenech

Hey hot stuff! Humber students engage in the old pastime of catcalling University student.

Women remain puzzled as to why men yell things at them in the first place, and why they expect a positive reaction.

York University student, Jaelyn Haber, 20, said she thinks a lack of education can be an influence.

"Bars and the street seem to be the worst. Maybe there's an intelligence factor - or lack of - that convinces

"I hate it," Baggs said. "These guys are losers with nothing better to do."

Teresa Ciccone, a third-year York University student, said she gets annoyed when she turns to see the person guilty of the catcall is old enough to be her father.

But she "wouldn't mind so much of it was some young, solid-looking guy. But that rarely happens."

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Ikea surveys students

By JILLIAN NESS
Et Cetera Staff

Despite what your parents would like you to believe, according to a new survey from Ikea Canada, moving away from home may help you earn better grades.

As part of its *Best Years of Your Life?* survey, Ikea asked students across the country about their living spaces and personal habits found that, of the 300 polled, 61 per cent of high academic achievers lived on their own, proving that the new generation of Canadian students don't have to live with parents to have structure.

"We were quite surprised to discover how in tune students were with their lifestyle and personal space priorities. They know what they want and, despite a few glitches, handle their new found independence and freedoms very well," said Laurence Stocq, PR Manager for Ikea who co-ordinate the survey.

For many students, school can be overwhelming, as today's scholars have more on their minds than just studying. While studying is seen as important, Canadian students are also juggling relationships and part-time jobs, putting to rest the genius-but-dateless myth.

Eighty-six per cent of honour roll students are hitting the social scene as well as the books with 61 per cent of keeners in serious relationships and 20 per cent just cruising the dating scene. When today's students aren't studying or dating, they're at their part-time jobs with 75 per cent spending over 20 hours a week at work.

One of the many things Canadian students are spending their money on is web access. With so much of the world now part of the electronic community, 63 per cent of those surveyed said that if they were forced to choose, they would dump the cable TV in favour of high-speed Internet service.

"If I had to choose, [I'd choose]

Internet because I can access a lot more information," said Jeff Ridout, a second-year Film and Television student.

Although Canadian students may appear to have well-balanced lifestyles on the surface, one thing that isn't balanced is their diets. While 65 per cent of students know how to make Kraft Dinner (confirming K.D. as the choice of the busy college student), 73 per cent don't know how to boil an egg and 45 per cent said their eating habits have worsened since starting school.

In fact, one in four people admitted that they have gained weight since starting their post-secondary education.

"[My eating habits] have changed because I've been so busy," Ridout said. "Before I would have a small breakfast, lunch and dinner. Now, no breakfast, medium-sized lunch and sometimes I have dinner."

As for home life, students are becoming more hip when it comes to what they want and what they don't want from their living spaces with most students preferring double beds to singles and sofas to a desk and chair, proving that students like to be fashionable as well as functional.

Ikea, a worldwide home furnishing retailer, has seven stores across Canada. The newest store opens Wed. Oct. 17, at 1475 The Queensway in Etobicoke.

Other Survey results

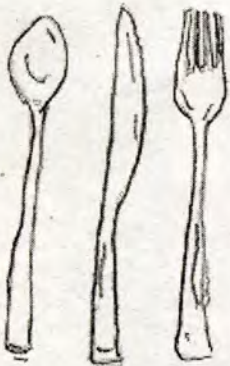
- More than half (53%) of those surveyed don't bother making their bed in the morning.
- Sixty % of those surveyed go without at least one home-cooked meal a day.
- Although 65 % of young Canadians feel that the ideal time to leave home is before 21 years old
- 97 % of those surveyed have strong design preferences, but the large majority live in an environment they consider inspirational and motivating.



Courtesy Ikea

...covering your own style while discovering yourself - Ikea can help

Prairie Farm Chocolate Chip Cookies



Recipe background:

Whether at your parents place, or in a newly acquired place of your own, there is little that makes a kitchen smell as warm and inviting as the aroma of baking chocolate chip cookies.

Fresh-baked cookies are like a cosy blanket for your stomach.

This recipe comes from a wheat farm in Saskatchewan.

It's a cherished family recipe, handed down through the generations and every bite is sure to guarantee the comforting taste of homemade goodness.

Although it may seem like a simplistic recipe at first, this basic cookie packs enough taste to rival any fancy store-bought cookie.

And because the ingredients are so simple, assembling this must-have goodie takes no time at all.

Substitutions are not only fine, but welcome - try using dark chocolate, or butterscotch chips

Just remember: a minute is a long time to a cookie!

The ingredients:

- 1 cup butter
- 1/2 cup white sugar
- 3/4 cup brown sugar
- 2 eggs
- 1 tsp vanilla
- 2 1/2 cups flour
- 1 tsp baking powder
- dash of salt
- 1 cup chocolate chips, or more

The instructions:

Beat together softened butter and sugars.

In another bowl whisk eggs and vanilla with a fork.

Add eggs to butter and sugar and blend.

Add baking powder and salt to flour and slowly stir into to wet ingredients.

Add all the chocolate chips you need to meet your chocolate quota.

Bake at 350 F for 10-12 minutes.

-Compiled by Martina Lavoie

Hardcore style hits backyards, kids getting hurt

By PETE RICHARDS
Et Cetera Staff

Bruises, cuts and broken bones. These are injuries that trained pro-wrestlers suffer frequently.

For kids who imitate the sport, the consequences can be much worse.

Considering the current success of televised pro-wrestling and recent media attention, backyard wrestling is creating controversy.

"A friend of mine from Seattle has got a girl in a wheelchair because of a piledriver she got from her little brother," said Steve Wilde, co-owner of the Can-Am Wrestling Federation. Based in Calgary, Can-Am is among Canada's largest wrestling company, putting on three to four shows weekly, with its own league and training camp.

"We don't condone backyard wrestling at all," he said.

According to Wilde, the biggest problem is that people are not properly trained.

He also said there is a heightened sense of danger in backyard wrestling because most of it involves a hardcore style, which means foreign objects may be used as weapons and there are fewer rules.

UWA Hardcore Wrestling, a backyard wrestling league out of Brampton, started by John McCausland, 20, his younger brother Joe, 19, and their friend Jimbo Foster supports safe wrestling.

The brothers agree that backyard wrestling is incredibly dangerous.

"I think of most backyard wrestling as a bunch of 13-year-old kids messing around and potentially someone will get hurt," John said.

"If you look at a lot of kids, you see them dropping each other on their necks," Joe said. "They don't understand that it takes a certain kind of mind-set to actually understand

wrestling."

This is why the brothers see UWA as more than just some rinky-dink backyard thing.

"We actually have an understanding of wrestling and know what is involved in taking the time to put together a proper match," John said.

They consider UWA to be more of an independent wrestling promotion like Can-Am.

UWA was started six years ago and some of its wrestlers had trained previously with independent Toronto leagues.

UWA athlete Ian Lou, trained with former WWF star The Missing Link.

John worked with what is probably the biggest known hardcore league, Extreme Championship Wrestling, in 1999, as part of the ring crew.

With the experience behind the UWA, John received second-degree burns, deep lacerations, a broken finger and had thumb tacks stuck in his back. Bumps and bruises are run of the mill.

During a barbwire match, UWA co-founder and wrestler Jimbo Foster got a piece of the wire lodged in his back.

"We had to cut his back open to get it out," John said.

With all the dangers involved, there is the question of backyard wrestling becoming outlawed.

Wilde said something should be done.

"I think there should be a by-law, or something along that line," he said.

"And if enough kids get hurt, it is possible that [it] could happen," Wilde said.

For more information visit www.angelfire.com/al/canadian-wrestling/starpage.html, or for information about UWA Hardcore Wrestling videos call (905) 781-7977.



Courtesy UWA

Do ya smell what's cookin? A scene from the UWA promotional video

Hutchinson powers Hawks to victory

By MARC MACDONALD
Et Cetera Staff

Defending National Champions, the Humber Hawks men's basketball team hit the hard court for their first action of the season.

Haldon Hutchinson is on fire and it couldn't come at a better time for the Hawks.

Hutchinson, who transferred to Humber after spending last year at Niagara College, stepped up after the loss of point guard Shane Dennie on Wednesday night to a knee injury. Hutchinson played a big role in a 68-65 win over Queen's University in Kingston on Friday.

A total of 20 fouls in the opening half hampered the first half of the game.

It started out slowly with a lot of the action coming from the free-throw line, which has been the Hawks most glaring weakness in this young season. Queen's executed their offence well, hitting many open shots. The Golden Gaels went to the dressing room with a 35-31 lead at halftime.

The second half had a fast tempo. Once again the teams were close, exchanging baskets throughout the half. Early in the second half, Fitzroy Woolery provided the highlight of the night, taking a nice pass from Ben Sanders, for a wide open two handed dunk, pulling Humber within two points of Queen's, 37-35.

Queen's star Ryan Musselman hit a couple of three pointers to extend the Gaels lead to six.

With five minutes left in regulation Humber began to show signs of fatigue, which led to several turnovers and two consecutive air-balls.

With Queen's leading 65-58, Humber began its comeback when Hutchinson hit a three pointer with 46 seconds left.

On the next possession Humber stole the ball and Hutchinson quickly pushed the ball up the floor hitting Woolery with a pass that led to another three pointer.

It seemed that Queen's would determine the game at the free throw line.

But once again Hutchinson came up big by stealing the inbound pass, pushing the ball up the floor and pulling up beyond the three-point arc

and hitting the shot, putting Humber ahead 67-65 with five seconds left.

Woolery added one more free throw to make the final score 68-65. Woolery, Hutchinson and Dejvis Begaj had strong games. After the improbable victory, Humber players were pleased with their effort.

"I'm glad to get the win, but I never had any doubt. I knew we could beat these guys, it was just a matter of when we were going to make our run," said Woolery, one of only three returning players.

Queen's coach Scott Meeson was diplomatic after the tough loss, making sure to point out that there is no difference between college and university teams.

"I don't differentiate between the [two]. The notion that we should beat them because they're a college team is bullshit. I play them because they are a well coached team. If we play well we should win, but that didn't happen. I give Humber credit for fighting until the end," Meeson said.

The Hawks played host to the Medicine Hat Rattlers on Thursday and showed an ability to pull away from a close game.

The Rattlers trailed through most

of the half, but pulled within one, on the strength of Darcy Day Chief's hot shooting. The Hawks led 39-38 at the break.

The second half was all Humber, who were led by Hutchinson's 18 second half points.

The Hawks turned up the pressure on the defensive end, forcing Medicine Hat to turn the ball over frequently.

Humber pulled away for a 21-point victory, winning 89-68.

First-year forward Roger Scott provided the highlights of the game, stealing the ball twice at half court and going in uncontested for two one-handed dunks.

Hutchinson netted 28 points in the win.

"I felt great tonight. I just let the game come to me. I was really upset when Shane went down at practice, now I've got to pick up the slack," Hutchinson said.

This year's edition of the Hawks wrapped up a busy weekend beating the alumni by a score of 79-78 in a close game.

The Hawks will travel to Montreal this weekend to compete in a tournament.

date
Oct. 24-26

place
Student Centre

hours
9-8

last day
9-5

▶ FINE ART

FANTASY ◀

WILDLIFE ◀

▶ GIANT-SIZED POSTERS

▶ MUSIC


FRAMES & HANGERS ◀

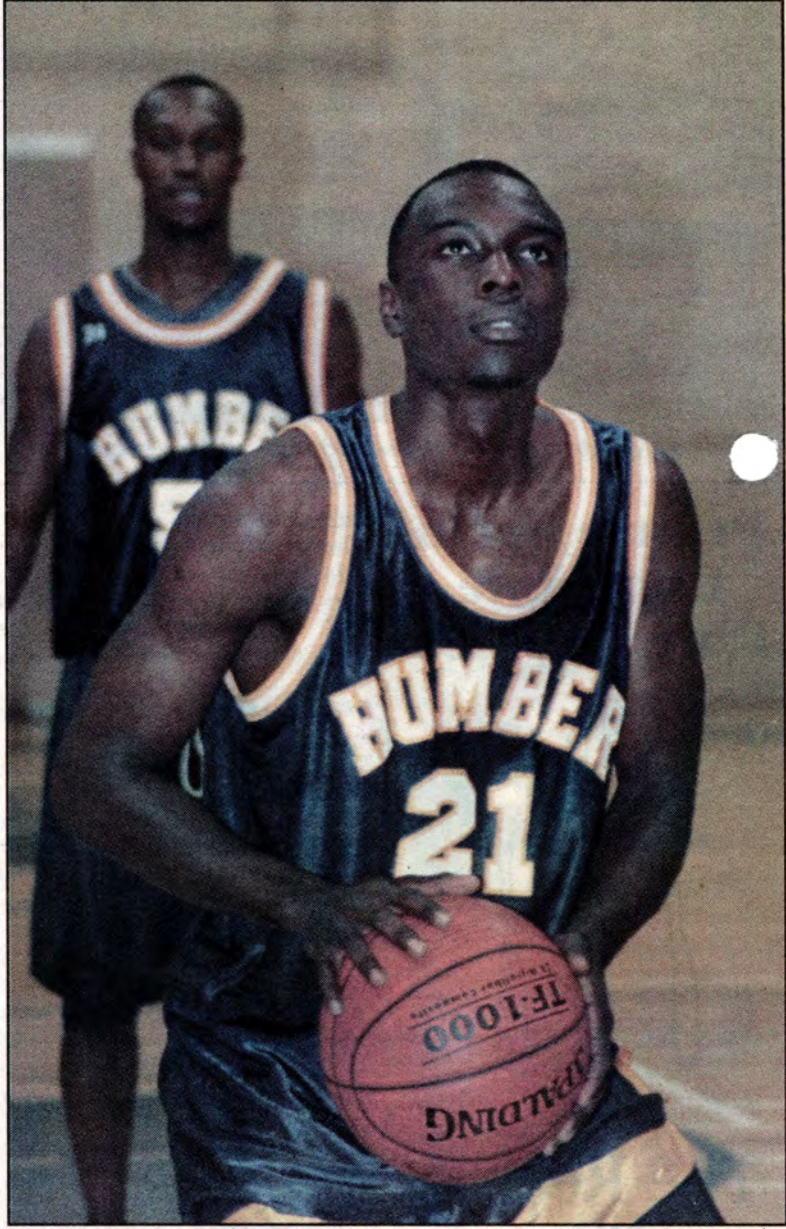
▶ FILM

▶ PHOTOGRAPHY

▶ 1000s OF POSTERS

THE IMAGINUS POSTER SALE





Diane Denby

Forward, Fitzroy Woolery eyes up a free-throw in a game this past weekend. Woolery and the Hawks are looking for another National title this season. Their journey begins Nov. 7

Lady Hawks snake bitten by Medicine Hat on home court

By CHERYL CLARKE
Et Cetera Staff

Humber women's basketball player Miranda Pyette scored 27 points in exhibition play Thursday night in a losing effort against the Medicine Hat Rattlers.

Pyette was a consistent force in an inconsistent effort by the Hawks. Had Humber played as well in the first half as they did in the second they may have won the game.

A combination of weak defence, missed opportunities and high turnovers in the first half had the Hawks on their heels and helped the Rattlers win 67-60.

It wasn't until the second half that Hawks stepped up their game and started looking like the provincials champion they were last year.

Pyette, who came to Humber from the York Yeowomen, was easily the best player on the court for both teams.

"She played well. She is tough out there. She definitely had a great game for us. But we need the whole team playing like that," said Coach Denis Perrier.

An early blow to the team came when Beth Latendresse, the 1999-2000 Most Valuable Player, rolled over on her ankle in the first half and was out for the remainder of the game.

Latendresse and Pyette played together on a Northern Ontario team before coming to Humber.

Pyette said she is eager for the two to get some playing time together.

While Pyette kept the score close in the first half, a pretty three pointer by Natalie Wood a few minutes before the buzzer seemed to set the tone for the remainder of the game.

In the second half the Hawks found their legs and played with greater chemistry. They finished passes and challenged the Rattlers' defence.

At times it looked as though Humber would steal the momentum and take over the lead. Perrier said that type of turnaround shows the team has character.

"I saw some good things. I saw that we didn't give up and kept plugging away, so that is a positive," Perrier said.

Veterans Latendresse and Suzanne Higgs chalked up the loss to fixable weaknesses and new players needing to get used to playing with one another.

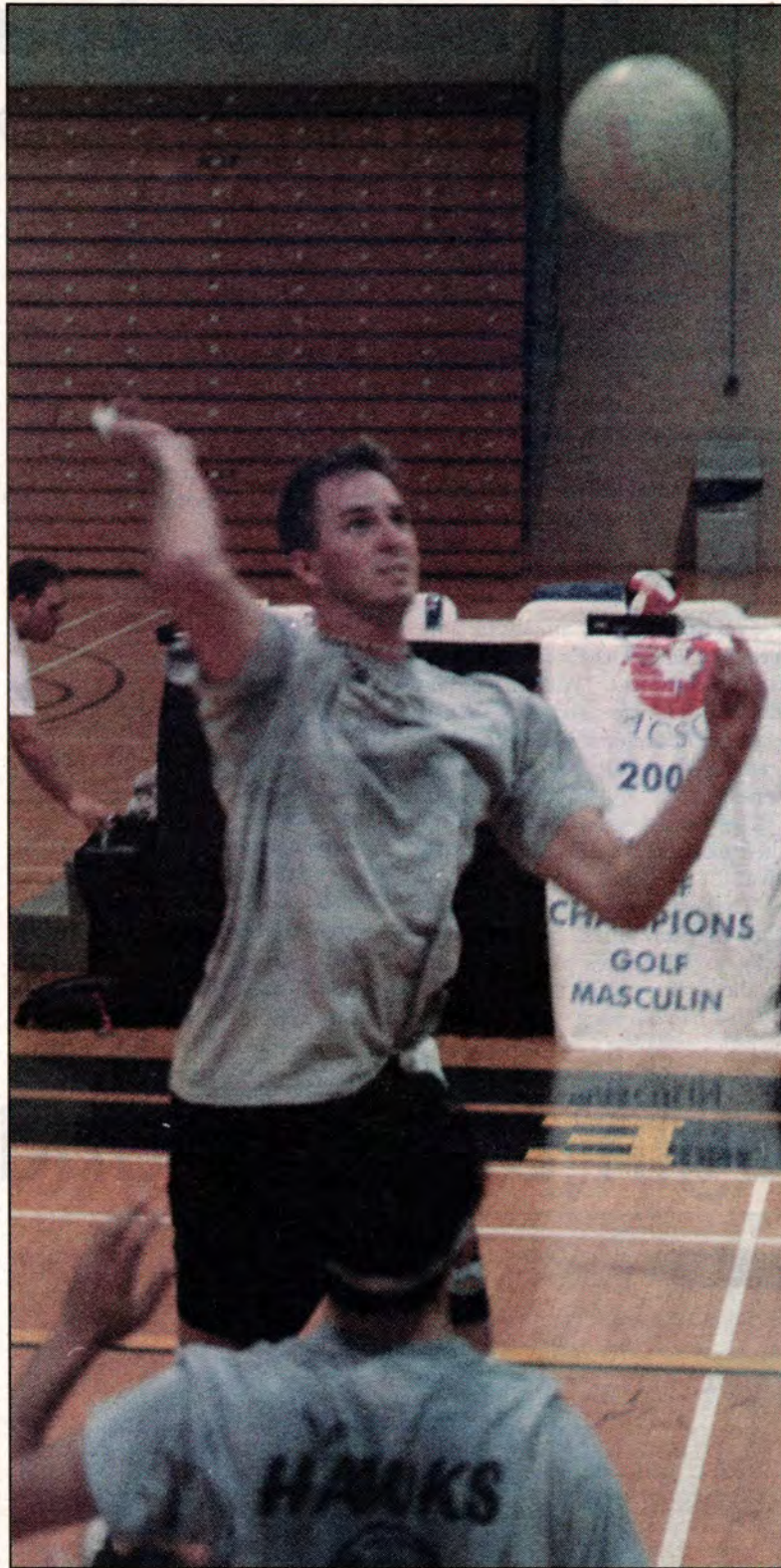
"We have things to work on definitely. There was a lack of cardio and a lack of knowledge in plays. We're all still getting to know each other," Latendresse said.

Latendresse said her ankle injury was not serious and expects to be ready for the next home game.

The Humber Lady Hawks painted a pretty picture of how good they could be this season with an 81 to 58 win over the alumni team.

The Hawks took on the Fanshawe Falcons last night in the battle of the birds.

Humber will travel to Montreal for a tournament this weekend.



Diane Denby

The Alumni game was the first action for both the Hawks volleyball teams and will set the tone for the 2001-02 campaign

Hawks battle alumni

By CHRISTINA WIENECKE
& AMANDA DA PONTE
Et Cetera Staff

The Humber Hawks men's and women's volleyball teams got their first taste of competitive action this past Saturday, when they played Humber alumni.

In the ladies' matchup, the Hawks took a 1-0 series lead on the alumni with a 28-26 first set victory.

"It's an excellent learning experience for a first game," said Hawks' setter Laura Solski.

The alumni fought back in the second set with an impressive eight point victory (25-17). Alumna Christine Rudics led the alumni team with a number of kills.

"It brings back great times," said Rudics, who last played for Humber in 1998-99. Rudics was named the alumni Player of the Game.

The Hawks took a page out of the Alumni books getting the first point in the third set and going on to a 2-1 series lead with a 25-21 win.

The Hawks failed to take the fourth game forcing a sudden death fifth set.

The alumni jumped out to an early lead and despite numerous attempts to rally back, they came up short as the alumni won the series 3-2, giving the Hawks their first taste of defeat.

Hawks' Player of the Game honours went to Jennifer Edgar.

It was the first exhibition game for the Hawks, but Solski said, "I think we'll do well once we come together as a team. We'll definitely see some good action in the finals."

Rudics likes this year's edition of the Hawks.

"I think they're gonna kick butt," Rudics said.

On the men's side, the alumni squad took the Hawks to school winning three out of four matches.

"At this point it's not all about winning," said Humber Hawks coach Wayne Wilkins.

The Hawks won the first game beating the alumni by two points. Wilkins coached the Humber Hawks, while assistant coach Dean Wylie coached and played with the alumni.

"They [the alumni] were very relaxed. They knew our system, so they knew how to play," Wylie said.

The Hawks have a tough schedule this week with practices on Monday, Wednesday and Thursday.

Wylie is looking forward to getting into the season after the valuable tuneup with the alumni.

"If we do well early, it makes it easier for us down the road," Wylie said.

Both men's and women's teams will be in action this weekend with exhibition tournaments.

The men will be participating in the Durham College tournament in Oshawa.

The women's squad will be competing in a tournament hosted by Sheridan College.



Diane Denby

A Humber alumna looks to steal the rock from a current Hawk player

In Memory



In memory of Humber College hockey player John Guirestante, who tragically passed away on the weekend. He will be missed by the Humber community.

22

Hawks men's soccer team not willing to settle for second best

By ANTHONY ESPOSITO
Et Cetera Staff

As the rest of the world involves itself in the ongoing war against terrorism, the Hawks are drawing up their own battle plan as military forces will attack Humber this Sunday.

It's just a game, but men's soccer will be on its toes in a do or die playoff game against Royal Military College (RMC).

The Hawks solidified first place in their division with a 1-1 draw against Sheridan and a 7-0 victory over George Brown this past week.

By finishing atop their division, the Hawks clinched home field advantage against RMC in a game which will ensure the winners bus tickets to the upcoming Provincial Championships in Windsor.

Captain Jason Mesa is looking forward to the playoff game against RMC, as he follows in the steps of one of hockey's greatest captains, Mark Messier, when he guaranteed the city of New York a Stanley Cup. Mesa gives the Hawk-faithful what they want.

"I don't guarantee many things, but I do guarantee a win come playoff

time," Mesa said.

With the undefeated record intact at 9-0-2 with one game remaining, coach Germain Sanchez said that it is not that important.

"Sometimes being undefeated can be a negative thing, in that everyone is gunning for you and that might take your mind off the main task at hand which is the playoff game," Sanchez said.

Being undefeated will mean absolutely nothing if the Hawks bow out in the first round of the playoffs, but Sanchez is confident in his team's play.

"We were actually aiming for a tie because a tie was as good as a win for us," Sanchez said. "With the tie we clinched first place, and now we can relax, get our injured players healthy again and prepare for the playoff game."

The main reason the game finished 1-1 was the play of goalie Mike Silva.

"Defensively we gave up too many opportunities, but we were lucky, as Mike Silva played an outstanding game for us," Mesa said.

Silva had a strong game between the pipes stopping a couple of break-aways and a barrage of shots inside

the 18-yard box.

"I just go out there game in and game out and give it my all and do what I have to do," Silva said. "Everyone's playing well going into the playoffs and if we go out there and play our game, stay calm and composed then we shouldn't have any problems."

Despite taking an early lead on a goal by Gaston Bizera, the Hawks were unable to keep the Bruins off the score sheet.

The 7-0 win over George Brown saw the explosion of rookie striker Vito Del Duca. Del Duca put away four goals to kick his doubts out of his mind.

"For a minute there before the George Brown game I thought I had lost my touch, but I guess things finally started bouncing my way," Del Duca said.

Accompanying Del Duca on the score sheet was Samuel Afriyie, Daniel Gazzellone and rookie Paul Lombardo, who scored his first as Hawk.

Del Duca's hunger is evident as he has only one thing on his mind.

"All we want is the ring, nothing less, no silver, no bronze."



Diane Denby

Danny Mantero will be looking to keep the ball rolling as the Hawks begin the playoffs against RMC

Prairie Oyster scribes again ...



Daniel Russell

Hey Bobby...I mean Mr. Knight

In perhaps the most heartwarming story of the year, all round good guy Bobby Knight has landed on his feet and is set to begin coaching at Texas Tech. In an effort to avoid chair throwing and nasty choking incidents, school officials have declared that Knight shall be addressed only as "The Great Sir Mr. Knight."

The "Gutter" Bowl

In what will go down as one of the worst Monday Nighters of all time, the Dallas Cowboys defeated the hapless Washington Redskins 9-7. After having to watch his pitiful team fall to a lowly 0-5, coach Marty Schottenheimer will definitely reconsider coming out of retirement. The most excitement provided in this game came in the pre-game warm-up when a horse collided with Dallas place kicker Tim Seder.

Mark Who?

Who would have believed that Mark Parrish would be leading the league in goals early in the new season. Tied for the lead is Brendan Shanahan, who is playing on a team loaded with talent that will be playing for their respective countries at the upcoming Winter Olympics. Perhaps Shanahan is responding to initially being snubbed by the Gre One for the pre-Olympic camp.

Name that team

Ottawa has officially returned to the CFL and the ownership is looking to the public for help to name the team. I suggest the Really Rough Riders or the Riders of the Rough, but what would a nine team league be without two teams with the same name?

Hawks begin playoffs undefeated

By RUDI SCHULLER
Et Cetera Staff

The women's soccer team clinched first place in the Central West division over the past week, closing out the regular season with another pair of victories.

Humber faced division rivals Redeemer Royals and Mohawk Mountaineers, winning each game convincingly, with respective 4-2 and 3-0 scores.

The Hawks, having already clinched a playoff spot the previous week, played the role of spoiler, as their two opponents were battling for the second quarterfinal position of the division.

Tuesday's game at home against Mohawk was played under dreadful conditions, as the temperature plummeted and the skies opened up for a driving rainfall.



Diane Denby

Claudia Marmo and the women's soccer team begin their quest for a third consecutive provincial championship this Sunday at 1 p.m.

The game remained scoreless until late in the second half when Humber's Veronica McDonald opened the scoring at the 35 minute mark. Joanna Vitale scored the final two goals of the game less than five minutes apart, putting the final nail

in Mohawk's coffin. The Mountaineers needed to tie the game to clinch a spot in the OCAA quarterfinals.

On Friday, the Hawks visited a spirited Royals team, who managed to put two goals past the Hawks'

goalies, the highest number given up by Humber this season.

All four Hawks' goals came from Vitale.

Coach Vince Pileggi was pleased with his team's efforts in both games. "We played extremely well other than a couple of mental lapses," he said.

Pileggi thinks his troops are ready for the upcoming playoff drive.

"We definitely have the ability," he said. "They've finally jelled, they finally understand the style of which we have to play."

"If they can overcome some of the distractions that come along with [the playoff run] ... we'll be successful," he added.

On Sunday, Humber will host to an OCAA quarterfinal match, with the winner moving on to the provincial championships in Windsor later that week.

Men drive to national gold

By JOHN EDWARDS
Et Cetera Staff

The Humber College men's golf team didn't dominate like Tiger, but were in the same category this past weekend as they were victorious in a major championship.

The Hawks won gold at the National Championships in Oshawa with a two-stroke victory over Camosun College.

The Hawks kept coach Doug Fox in suspense on the 18th hole. They went seven strokes over, shooting two bogies, a double bogey and triple

bogey, making the match close.

"Every stroke was crucial," Fox said. "Even on the sidelines my stomach was turning, waiting for them to come in with their scores."

The three-day tournament consisted of 10 colleges from four provinces. Last season the nationals were an invitational tournament in British Columbia, but the Hawks did not compete.

Fox said a National Championship victory is great at any level.

"It's like any other sport, it's a tremendous accomplishment," Fox said enthusiastically.

The Hawks received another stellar individual performance from Jon Hackett, who won a silver medal by shooting a 79, 74, and 76.

Adam Knight missed out on a bronze medal by one stroke after a slow start.

Fox said knight carried the team over the last two days of the tournament.

Brad Kerfoot placed sixth, Jim Currie 11th, Gary Boyce 29th and Marco Pippo 34th.

The women's squad placed fourth in the team competition.

Athletes of the Week



Adam Knight

Knight's fine play in the final two rounds over the weekend, helped the Hawks men's golf team secure their first National title.

Adam shot scores of 75 and 74 in the final two rounds.



Joanna Vitale

Vitale scored six of Humber's seven goals in two convincing victories to end the regular season.

Joanna will be heavily counted on as the Hawks begin their playoff run this Sunday.

Humber awake all night

By DANNETTE WILSON
Et Cetera Staff

Students at Humber College have been making the switch from attending day classes to attending night school because of the cheaper costs and schedule flexibility.

Humber's continuing education program offers over 200 specialized certificate courses and has 4,400 full-time students enrolled this semester. Many of these full-time students attend night school to make up courses that are difficult to fit into their schedule during the day.

Parvinder Banga, a second-year full-time Business Administration student, is taking two night school courses.

"I'm in night school just to catch up on missed credits and to get ahead in my program by getting extra credits," he said. "Going to night school is a lot cheaper and you don't have to pay for parking."

The prices of most classes range from \$150 to \$450.

Along with free parking, a free shuttle bus service from Islington subway station to North campus is another perk that attracts day stu-

dents to night school.

The shuttle bus leaves the station at 6 p.m. and departs from the North campus at 10:15 p.m.

Night school students have access to all the same services as day students like access to the library, the career centre and computer labs.

Continuing education courses also offer distance and open learning programs, which allow students to study from home and have class discussions with the teacher via phone, fax and email.

Advertising, Business and Police Foundations are among the many courses that are offered through distance and open learning programs.

Marg Riley, manager of Continuing Education Services, said that Information Technology and Nursing courses are popular.

She added that all courses are current and up-to-date.

This year, 17,918 students have registered for Humber's continuing education courses.

Fall night school courses end in December and most winter courses begin the week of January 7, 2002. Continuing Education calendars are available at the registration centre.



Dannette Wilson

From left to right, Kriztina Voka, Sona Derry and Ryan Ward take a break at Java Jazz before night school

Attractions abound within 1 km of campus

By MUNA ISMAIL
Et Cetera Staff

Around Humber College's North campus there are plenty of places to and hang out with your friends during a long lunch break or a night out.

All are within walking distance, or a short drive away.

Two plazas at the intersection of Hwy. 27 and Finch Avenue host fast food joints, doughnut shops and pharmacies. Grab a bite at Burger King, Nickels Diner, Harvey's, Tim Horton's or Coffee Time.

For a more intimate, quiet atmosphere, dine at Mr. Greek and for Italian cuisine eat at Tratoria Oregano.

At Woodbine Centre, browse

through the season's latest, stylish trends.

"I hang out at the movies with my friends. I shop at Woodbine during my breaks. I like it there," said Jaime Robson, a third-year Nursing student.

Second-year Law Clerk student Christina Torres finds Woodbine Centre convenient.

"The mall is right there. I go there-sometimes on my break," Torres said.

Woodbine's Demitres Café tempts sweet teeth with cakes and ice cream.

Caps is the place to be on Thursday night, but there are a few local bars that are just as fun. Sports bars and restaurants like JJ Mugs at Woodbine Centre and JJ Q's and Whiskey Jack's are filled with Humber students throughout the week.

You can play free pool at JJ Q's every Tuesday night.

Multimedia and Design student Christine said bars around school are not her type.

"Well...outside of school, on my lunch breaks, I like to go to Woodbine. I also like to go to Caps. I haven't been to any other bars in the area," she said.

If you have a couple of dollars to spare, test your luck on the slot machines or bet on some horses at Woodbine Racetrack and Slots. Who knows, you could hit the jackpot.

First farm, then asylum, now school

By JASON PARADISO
Et Cetera Staff

privately starting in 1804.

The farm setting provided not only a tranquil environment but also food and work for hospital patients.

When patients first moved there in 1889, there were eight cottages and three general-purpose buildings. The cottages were linked by underground passages which are now closed.

In 1893, a green house was added and in 1903 more land was acquired and turned into a farm and orchard.

The patients maintained the landscape surrounding the hospital, prompting a former superintendent to remark on a "more universal quiet and composure among the patients."

The buildings have changed over the years and will continue to change with renovations underway.

Buildings F and J will open September 2002. M building, to open the end of February 2002, will house Security, an information area and William's Cafe.

Renovation plans for Buildings G, I and K will be announced at a later date.

Academic Council enjoyed a walking tour of the Robert A. Gordon Learning Centre at Lakeshore campus at their Oct. 11 meeting.

"This is a consciousness-bringing event," said Catherine Marrion, head of Voice and Movement in the Theatre department. "When we talk about the college, Lakeshore people raise their hands and ask, are you talking about the college or North campus? We have an E building too, guys."

The tour left the school through the cafeteria and headed down an asphalt path towards the newly-renovated cottages which make up the Learning Centre.

The cottages previously housed a hospital known over the years as Mimico Branch Hospital, Mimico Lunatic Asylum, Mimico Hospital for the Insane or New Toronto Asylum.

Established in 1888, the hospital sat on land which was farmed



Muna Ismail

Horse races and slot machines are a stone's throw from North campus



Mike Dal Maso

Due to a slow Internet connection in Residence, many students are forced to use computer labs in the College

Net problems in Rez

By PHILL FELTHAM
Et Cetera Staff

A growing number of students living in Residence are finding it difficult to use the Internet because the network is extremely slow.

In a memo released in Residence on Oct. 12 by Network Services, the problem is the amount of traffic clogging up the bandwidth.

Computer Programmer Analyst student, Mat Hall, said the main problem is that the system is not strong enough to handle all of the users in Residence.

"The DHCP server is not capable of keeping up, so only the first people to connect can get on," he said. "Once it fills up, anyone else that tries can not connect."

The bandwidth is the pipeline of data or traffic being transferred from the Internet into Residence.

"There is so much bandwidth being taken that no one can get access

to the server," said Peter Lem, Residence Life co-ordinator.

The memo said one reason for the high amount of traffic is that students are downloading huge video and audio files from Napster-like programs such as Gnutella, Kazaa and Morpheus.

Computers that use these programs are using up the network bandwidth to broadcast, download and upload files.

"They also have teachers on staff that could easily fix all this, but do nothing," Hall said. "I had to manually assign myself an unused IP and disable DHCP for my system."

Lem said that when one student downloads a file, the problems are limited.

However, when there are a lot of students downloading files at the same time, the pipe gets clogged.

The memo also said that the Code Red and Nimda viruses are present and trying to spread.

As a form of protection, students

are advised to turn off their computers if they're not using them.

The memo suggests students always update virus checkers and frequently scan their hard drives.

Joe Brazas, director of Enterprise Services said students need to keep their software current.

He added that students should frequently check software vendors such as Microsoft, for patches and security updates.

Free virus checkers are available to download at www.antivirus.com.

For students having a hard time connecting to the network, Lem said as a temporary remedy they can use the computer labs at the school.

"We understand the student frustration," Lem said. "We're doing the best we can at the moment."

"They spent too much money on an outside company that tried to do a minimum amount of work for a maximum amount of money," Hall added. "They did not allow for the number of users that we have now."

Room damage money concern for new residents

By KARLI VEZINA
Et Cetera Staff

Humber College Residence staff are lean, mean, repairing machines.

"We have an aggressive replacement policy," said Derek Maharaj, Residence manager.

Rez staff has only 48 hours for turnaround (preparing dorm rooms for new students) at the end of August after summer guests leave.

Maharaj said there is "an army of people" who come in to clean the rooms and two days is enough to get the job done.

Every student gets a code of conduct booklet before they move in with an inventory of what should be in their room.

If something isn't right, students can fill out a Room Condition Report to notify the residence staff of anything missing or damaged.

"Many students call just to let us know it wasn't them who did the damage," Maharaj said.

If you do cause the damage however, watch out because a bill with your name on it is in the mail.

"We have some house rules," he said. "We don't charge students for little things like a towel bar that came off and a lot of things that are considered normal wear and tear. We also absorb the first \$25 of damages unless the person has left the room in a deliberate disorderly mess."

Maharaj said that already this year a few male students broke a window in the lounge of the R building while playing sports in the hallway.

The students had to pay for the damages.

Students who purposely vandalize rooms will have the cost added to their student records.

There are also floor fines, where the entire floor is charged for any damage done.

For example, if shaving cream is sprayed down the hallway after a football game, the floor fine would be

in effect and Residence staff will let students know about the charge.

The fee may rise throughout the year if more damage is done, but students will get the final cost through the mail before leaving Residence.

These fines are rare Maharaj said.

"But we need deterrents like these in place to make sure things don't get out of hand."

If the individual is caught in the meantime, the floor fine is erased and the offender would pay on his/her own account.

The cost is not cheap.

"Our contractors charge \$80 to paint a student's room, and we would have to pass on that price [to the student]. We don't mark it up," he said.

If Humber College residents deface their rooms, they pay up.

However, if a student gets a room that is already damaged, no discount is given.

"There's burn marks on my floor and chip marks on my wall, but nothing major," said first-year Landscaping Technician student, Shaun Herre. "I filled out that sheet...at the beginning of the year...but I haven't heard anything yet."

There is no refund for damaged rooms, but the money goes back to Residence to help fix things up for the next semester Maharaj said. If something needs to be fixed and "it should've been done before, we'll do it."

In the past, Rez used to impose a \$250 - \$400 damage deposit for every student.

The rationale was to hold some money back for students who may cause some sort of damage to the room.

That policy was eliminated a few years ago.

"It wasn't fair to hold back deposit from every student when we're looking at less than 10 per cent who actually cause damage to their rooms," he said.

Humber students party at Oktoberfest in Kitchener

By ROSALIND HORNE
Et Cetera Staff

Three busloads of lucky Humber students traveled to Kitchener, Ontario for a night of beer, sausages and the chicken dance.

This was the first Oktoberfest for many students who won tickets through random draws in a Molson contest at Caps over the last couple of weeks.

"It wasn't what I expected at all," said T.J. Ackland, a first-year Comedy student. "I had a blast. [There was] a lot of drinking, a lot of dancing, a lot of sausages."

There were 700 trip-for-two winners from colleges across Ontario.

In total, only about 42 students actually bought tickets. The rest of the buses were filled with prize winners.

The prize included the bus ride, admission to the hall, and \$20 for sausages and festive souvenirs.

Molson, the contest sponsor, had a couple of activities planned to make the bus ride more interesting including various contests involving placing temporary tattoos on various body parts.

Ackland won for placing a tattoo on the most provocative spot of his body.

"It was on my penis," he said.

The college night celebrations were held at Bingeman's as part of the annual 10-day Oktoberfest festival in Kitchener.

The city plays host to the largest Oktoberfest party outside of its originating country of Germany, because a large number of Germans settled there.

"A lot of people are very nice there," said Liz Ziembicki, a Humber student. "It's a good time. It's a culture party."

Students who did not win a prize package were able to purchase tickets through Residence or the HSF.



Julie Bell

Some students have rooms with burn marks, holes and peeling paint

First aid and CPR cheaper for students

Life-saving skills offered for lower prices at Humber

By JENNIFER MARCH
Et Cetera Staff

First aid and CPR skills are of indispensable value, especially if your job or internship requires it.

Lifeguards, daycare workers and camp counsellors are only a few of the jobs that require standard first aid and/or CPR training.

If the company isn't helping to pay for the training, it can be costly.

SAJE Health and Safety, a company that teaches first aid and CPR programs at Humber College, offers the training to Humber students for \$99.51 total.

It may seem like a lot, but it is \$15 cheaper than the course offered by St. John's Ambulance.

The City of Toronto also offers a first aid course.

If you are not a city employee, the training will cost about \$40, but the price doesn't include CPR.

In order to receive CPR training,

you must go through St. John's Ambulance and pay an extra \$59, bringing the total to approximately \$99.

This is almost the same price as the SAJE program and a lot less convenient.

A husband and wife team, Jeff and Sabine Rohner-Tense, operate SAJE.

The couple began their business in 1997 after graduating university and teaching English in Korea for a year.

They now travel to numerous companies and teach a variety of programs.

"We [teach] all over the place," Jeff Rohner-Tense said. "We are going to Payless tomorrow and we were at Rider Machinery [a forklift company] yesterday."

He also explained what was required for him to become certified.

"After taking first aid, I had to take a two-weekend course, in order to teach," Rohner-Tense said. "Then a high level person comes in and watches you teach, if you pass, then you are certified."

Standard first aid and CPR training isn't the only thing this busy couple teaches.

"We started off as lifeguards and now we teach lifeguarding as well as

Heart and Stroke, CPR, first aid and boating," he said.

The first course runs Nov. 3 to 4, between 9 a.m. and 5 p.m. They will be offered about once a month after that.

If you are interested in signing up, call 416-760-0058.

A \$20 deposit is required.



Jennifer March

CPR is a necessity for many jobs

IN BRIEF

NO BUS TO KARMA CLUB

The Karma Bus that was supposed to set out this Friday night from Humber College has been cancelled.

The plans for the Humber Student's Federation (HSF) to use a bus to take students to a taping of the game show Gutterball Alley, which airs on the Comedy Network, and to the Karma Club afterwards was cancelled due to a scheduling error.

The game show made its tapings last week, but Stephen Anastasi, vice-president of Campus Life for the North campus, thought the tapings were on Oct. 19.

However, Anastasi hasn't given up hope about organizing another trip for students to the Karma Club on Dixon Road and Hwy. 7.

"It's so close by that it would be ideal to go there," he said.

Students who want to go with the HSF to Karma Club would have been able to do so free of charge.

Anastasi plans to organize another Karma Club bus trip although no date has been set yet.

The policy for any Karma bus excursion in the future will be the same, with students riding the bus for free.

For more information, visit Anastasi at the HSF office in room KX 105.

-With files from Victor Penney

HUMBER MUSICAL

Theatre Humber, in association with the Humber School of Music, opens its production season with a fresh new musical entitled *Useful Music: A Weill Night*.

The show premieres Fri. Oct. 26, at 8 p.m., with subsequent performances on Sat. Oct. 27, and Tue. Oct. 30 to Sat. Nov. 3 at 8 p.m.

Matinees run Sun. Oct. 28 and Sat. Nov. 3 at 2 p.m.

The cast, consisting of students in their third and graduating year of Humber's Theatre Performance program, has written most of the spoken material for the production.

The show is crewed by first and second-year Theatre Production program students, making it a collective student effort.

Tickets are \$12 (adults), \$8 (seniors, students and alumni) and \$10 each for groups of 10 or more.

Theatre Humber is located in the L Building at Lakeshore campus, 3199 Lakeshore Blvd., just west of Kipling.

-With files from Julie DeAngelis

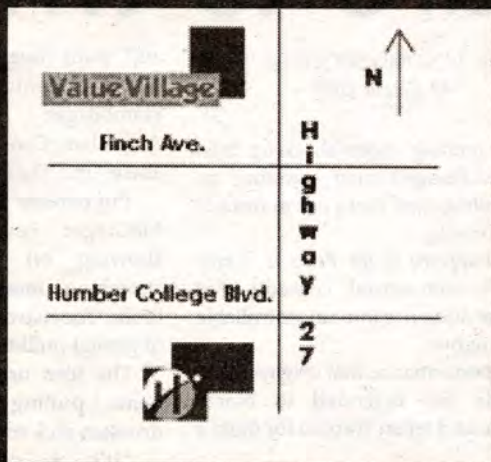
HSF HOSTS MOVIE NIGHT

The HSF will be showing *Planet Of The Apes* on Wed. Oct. 24 at 7:30 p.m. in the Lecture Theatre.

Admission, popcorn and cans of pop will be provided free of charge with a canned food or monetary donation to the Red Cross.



Humber College's favourite costume outlet



Just minutes from Humber College!

Entertainment etc.



Bianca Molinaro

A faux bride and groom indulge guests at *Tony and Tina's Wedding*

If anyone objects tell it to the director

By BIANCA MOLINARO
Et Cetera Staff

If you enjoy food, fun and theatre, you will adore *Tony and Tina's Wedding*.

The interactive play about the inevitable result of a young couple's love has been running in Toronto since February 1998.

Regarded as a unique theatre experience it has pleased many, shocked some and entertained all.

Steve Morel, the play's producer, defined the show as a spin on ordinary dinner theatre.

He said that most dinner shows offer a show the audience watches while they eat, but *Tony and Tina's Wedding* is different because it forces the audience to become physically involved.

"There are not many shows where you can be part of history taking place in a room," Morel said. "It is an experience like no other show because the more the audience puts into it, the more they will get out."

Held at Toronto's Second City complex, the show consists of 26 actors and actresses and a five-piece band.

"As far as tourists are concerned, this is definitely something they have never seen before," Morel said.

Apart from playing an active role in the ceremony, guests (the audience) also enjoy an Italian buffet meal, live music and full, cash bar.

Morel warned, however, people should be mentally prepared for this kind of performance. In other words, if your thing is to sit back, relax and enjoy the show, then this isn't for you.

Actors interact with audience members on the spur of the moment, and encourage them to get involved in any way they can. Actors also applaud loud behavior, congratulate those who get up and dance with the cast and they love encouragement from the crowd.

While the plot must include certain points in every performance, explained Morel, the improvisation and interaction with the audience changes from night to night.

Because of the amount of freedom and audience participation this type of play instigates, "there are many who have been back several times," Morel said.

He added that the concept of interactive theatre has been around for many years. He gave an example of a similar play performed about 10 years ago, in which the audience gathered at a house for a party.

Tony and Tina's Wedding has played for audiences across Canada and the U.S., including New York and Vancouver.

"We perform shortened versions of the play at the Woodbridge Italian Festival every year," Morel added. "It's kind of a nod to the show; kind of a teaser."

WINNER DECLARED



Congratulations to Jen Lutz, first-year Paramedics student for winning her very own copy of Sloan's new album, *Pretty Together*. JEALOUS??? Don't be. More contests are on the way.

Everybody wants a little bit of Bjork's human behaviour

By JASON PARADISO
Et Cetera Staff

When Bjork finished her only Canadian date of euphoric melody making, she left with the entire audience in the palm of her hand.

The lights were turned low as the strings from the 55-piece orchestra began to quiver. The music was calm and mellow, filling the Hummingbird Centre with an air of intensity.

Overture, from Bjork's album *Selmasongs* began the night and gave the audience a taste of what was to come. The crowd erupted with applause, making every hair stand on end.

Having played practically every stadium and rock venue around, Bjork longed for something better, a different place to showcase her work of the eclectic electronica and lush orchestration of her latest Album *Verpertine*.

For this tour, Bjork recruited Simon Lee, who has conducted the Royal Philharmonic Orchestra. The orchestra, brought to the forefront,

sounds from the albums that may have otherwise been taken for granted.

Also accompanying Bjork was an Inuit choir she discovered in Greenland on a recent vacation. The most prominent background voice was that of Tanya Taqaq, a throat singer from Nanavut.

A small spotlight opened at the centre of the stage, illuminating the silent and peaceful Bjork standing alone as simulated snow fell from above. The lights went off and the show began.

Bjork wore her infamous swan dress for the first half of the show as she showcased a variety of her more recent works.

The audience sat awestruck as she moved from one song to the next. Her voice was so elegantly resplendent it was hard to believe she was singing live.

In the first half of the show, Bjork played her electronically orchestrated best from the slow and somber *Unravel* to the incomparable duet *I've seen it all* (which she sang without Thom Yorke).

After the intermission, Bjork returned to the stage in a different dress that exploded in a bell of red feathers from the waist down. The dress was like a tambourine as she ran and jumped across the stage jangling and jangling to the music.

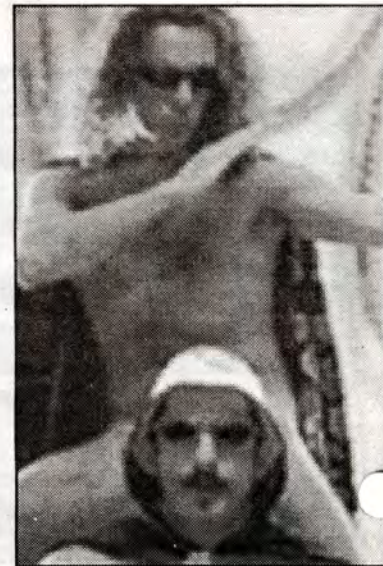
Bjork began playing her older, more energetic songs.

The choir left the stage when she began a raw live version of *Army of Me*.

White lights no longer illuminated one spot on the floor. Rather a fury of red flashing lights sent Bjork and the audience into a frenzy.

By far, the most impressive piece was the vigorous and forceful *Human Behaviour*, the first single from her first album *Debut*. It was the most effective display of Bjork's ability to entertain. Her voice was unfaltering and the layers of musical tracks were perfectly performed.

Bjork thanked the crowd several times before she started off across the stage again, jumping and throwing her fists in the air to the music of an unreleased, but greatly anticipated track *It's in Your Hands*.



Courtesy Mark Neal and Jim McGregor

Mark Neal and Jim McGregor's *Puppetry of the Penis* takes performance art and entertainment to a nude level

Puppetry that will be sure to twist heads

By LINDSEY VANDYK
Et Cetera Staff

There's nothing more shocking than two middle-aged men standing on stage pulling their dicks out in front of tons of people.

The Puppetry of the Penis is a surprisingly non-sexual comedy that sends the audience into uncontrollable fits of laughter.

The performance that originated in Australia has extended to North America, and taken Toronto for quite a ride.

The ancient art of genital origami unveils unbelievable stretch factors

and pain tolerance with over 40 hilarious penis tricks such as *The Hamburger*, *Mike Harris*, *The Australian Coat of Arms*, *The Eiffel Tower* and *The Squirrel*.

Puppeteers Mark Neal and Jim McGregor have made a hit of showing off their penises and stretching imaginations to insane limits. The two discovered their talents of genital pulling in different ways.

The idea originated from having penis pulling competitions and drunken dick tricks at parties.

"It's a riot," said Meghan Featherstone, an audience member. "Even though it's called penis

puppetry I didn't really expect it to be exactly that."

This performance is about the only opportunity you have to stare at a penis for over an hour laughing your face off without getting in trouble.

Actor Ken Britt who introduces the puppeteers said, "It's great working with the guys. Everyone is so laid back. I have a lot of fun with the show."

The Puppetry of the Penis is playing at downtown's New Yorker and offers cheap rush tickets for students. The show has extended its performance as Toronto welcomes the locker room jokes of these Aussie boys.

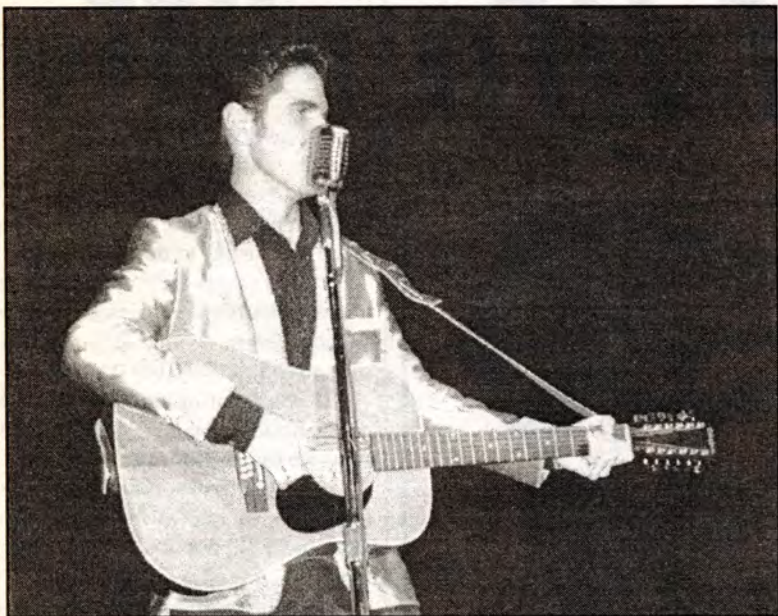
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Elvis is resurrected



Carolyn Barry

Young Elvis was among the resurrected stars dodging roses and panties

By CAROLYN BARRY
Et Cetera Staff

Although Elvis officially left the building more than 24 years ago, he was alive and kicking at the Elvis Tribute and Variety show presented at the Newmarket Theatre on Oct. 12.

1999 Canadian National Elvis champion, Dean Zeligman (or as he is known by his fans Dean Z) brought down the house with his impersonations of Richie Valens, Buddy Holly and of course the King himself Elvis Aaron Presly.

The 18-year-old Lancaster, California native returns annually to Newmarket for the fundraiser which, this year, is donating proceeds to the Salvation Army, Scouts Canada and a personal favourite of Elvis, the Masonic Foundations.

"I was here in March and had so

much fun I decided to come back," Zeligman said.

Zeligman has been fascinated with the king of rock 'n' roll after seeing the documentary *This is Elvis* at the age of three.

"He's the only artist that lasted 20 years and was involved in every branch of music, as well as being a great humanitarian and he would do anything to please his fans," Zeligman said.

Accompanying Zeligman at the tribute show, was the Reverend Dorian Baxter, a local teacher at Ventura Public School in Newmarket.

Despite his broken ankle, Baxter kept his part of the show running by doing great impressions of Tom Jones, Engelbert Humperdink and, of course, Elvis.

His fascination with Elvis started at the age of five and he is still obsessed 46 years later.

It has been said that Baxter has been doing Elvis longer than Elvis himself and he is recognized all over Canada and the U.S.

Baxter was featured in the Oct. 15 issue of *Canadian Living* as a "fascinating Canadian."

The bare stage setting, technical problems and the laid back vibe of the performers may have destroyed the illusion of the flashy life that Elvis lived, but the audience couldn't have cared less.

The charisma of the two Elvis' made the spirit of the King live on with everything from swooning ladies to the scarf swapping during Zeligman's rendition of *My Way* in his grand finale.

The performers left their audience "all shook up" and truly reminded everyone just why Elvis was and will always be the King.

Hawksley Workman brings style and grace to his Guvernment show

By JASON KUEHNEN
Et Cetera Staff

It was cold and pouring rain outside The Government, last Thursday night but a community of warmth awaited Hawksley Workman inside.

Around 10 p.m., the opening act, Martina Sorbabra, tried to get the energy rising but her high voice combined with her piano and acoustic guitar playing, although very impressive, didn't do much for the audience.

Many were waiting in line for an over-priced can of beer or standing in circles smoking cigarettes with their friends.

Sorbabra, wearing a small orange shirt and tight pants, tried talking to

the crowd and getting them involved but the only time she really got a reaction was when she explained that the next song was about how to get guys to buy you drinks at the bar.

When the stage was cleared and reset, people started pushing their way closer to the stage.

Enter Hawksley Workman, wearing a navy blue pin-striped suit and a red tie. His band, The Wolves, began to play *You Me and the Weather* and after the song faded, Workman went into one of his usual rants.

"It's the kind of night you wish for, because you can stay in," Workman said. "Oh, I've been thinking about making soup lately. It takes up all of my brain because soup is home. I think I would [make] a

soup big enough that I would invite my friends over to swim in it."

As the night progressed the lack of power in Workman's voice became increasingly more obvious. It seemed the long tour had worn down the otherwise powerful singer.

Striptease, the first song on the new album, usually his most heavy and uplifting song, was missing passion. The solo was flat and the vocals were dull than desirable.

A drunk guy kept yelling that he loved Workman and a lady in the front handed the lead a single red rose.

Those who have seen Workman before know that he likes to yell, scream, sing and dance, but last Thursday, he merely whispered the high parts.

Part of the reason for the weaker vocals is that his new album has a lot more high, long notes, which turned out to be easy to perform in the studio but hard to duplicate on stage.

Workman had to go back to his vocal teacher before he went on this tour. Toronto was only the halfway point of this Canadian tour. It runs until the end of November with few days off.

Despite the lack of rest, Workman still had his moments. At one point, while playing the drums, he said, "Toronto's a home town. We all come from here; we all have houses here. I pretty much swim in the lake every-day until it freezes over. How is every one in Toronto, Ontario, Canada?... I feel like we get to know each other slightly better. We can take our clothes off later when we go swimming."

If last Thursday was your first experience of Workman's live performance, you won't believe the sparkling reviews he's gotten from other papers like London, England's *Evening Standard*.

Everyone's allowed a bad night, but it shouldn't be in front of the hometown crowd.



Courtesy DW Communications

Mark McKinney has multiple personalities in new play *Fully Committed*

Ex-kid committed

By ANA KOVIC
Et Cetera Staff

Comedic genius Mark McKinney will star in Toronto's production of the off-Broadway hit *Fully Committed*.

McKinney, best loved for his off the wall roles like Chicken Lady and the head crusher ("I'm crushing your head") on *Kids in the Hall* and *Saturday Night Live*, will juggle 42 characters in this one-man satire of New York's rich and famous.

"It's a day in the life of a guy named Sam who is a reservation clerk at the hottest, trendiest, new restaurant in Manhattan," said Producer Michael Shore.

"He spends virtually the entire show on the phone and is trying to deal with all these desperate callers who are socialites, supermodels, film producers [and] Mafiosos," Shore said. "Everybody who is desperate to get not just a reservation at this restaurant but the right table."

New York audiences, and critics alike, loved the show's eccentric characters like the egomaniacal chef and the coked-up maitre'd. McKinney was a huge fan of the New

York show and approached the producers for the part.

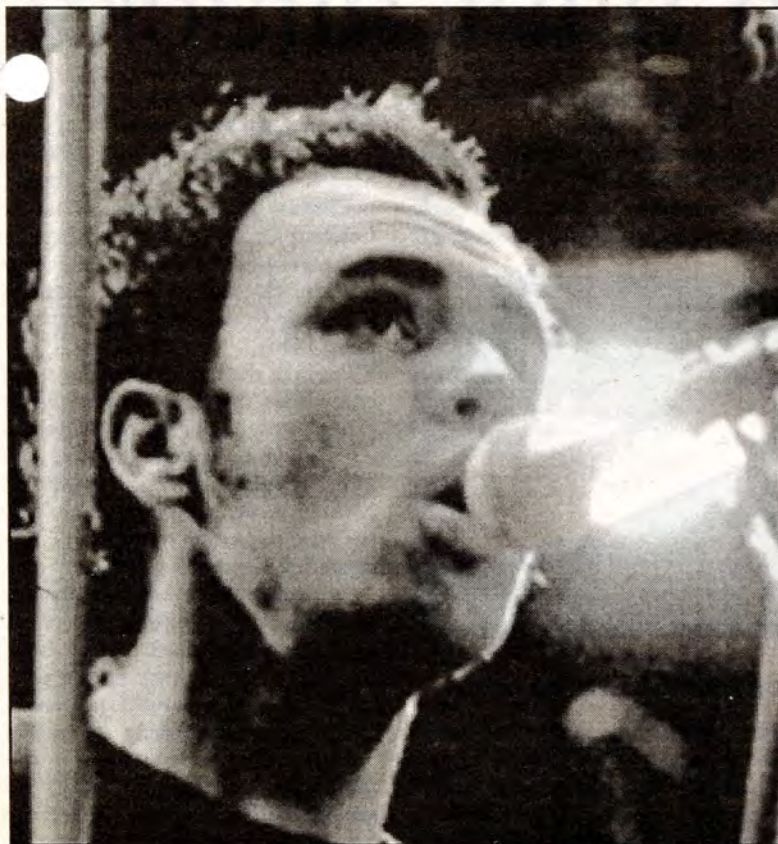
"The show needed someone obviously with a lot of versatility to differentiate between all of these different characters, their voices and accents," Shore said. "He was just a perfect fit."

The play, written by Becky Mode, is inspired from her days as a waitress in New York. She based the characters on real people and the hilarious lengths they went to get a reservation. Supermodel Naomi Campbell is one of many stars targeted by the parody. Shore promises that Canadian audiences will be receptive to the jokes and innuendoes of Manhattan's egos and attitudes.

"The show is ideal for anybody who has held a job or dined out at a restaurant," Shore said. "I think people who work in restaurants will understand the plight of Sam and the pressures of working in a restaurant."

Spoke Productions has gone as far as giving free tickets to servers and busboys at downtown restaurants.

Fully Committed previews from Oct. 16 for \$25. If you can't make it for the preview, opening day is Oct. 24.



Courtesy www.hawksleyworkman.com

Hawksley Workman drives the ladies crazy as he croons into his mic

Spying part of life

By **BIANCA MOLINARO**
Et Cetera Staff

Have you ever felt you were being watched?

Well, nine times out of ten, someone is watching you.

Ursula Lebana, owner of Spy Tech said the concept of spying has been growing steadily over the past 10 years.

"Everyday [we] catch people stealing," Lebana said. "It's a growing epidemic."

Spy Tech has been in operation since 1991 and is one of many businesses worldwide, that offers a large range of surveillance products.

Some of the cameras she sells are found in watches and pens and can be placed in discreet areas on an individual.

"[They] have been hidden in

clocks, teddy bears and smoke detectors," Lebana said. "You can put them pretty much anywhere."

The average size of one of the cameras is about one inch in diameter, but they can be smaller or larger depending on what is needed.

The majority of customers that purchase equipment from spy stores are store owners that want to combat employee theft and vandalism.

Other individuals that make purchases are homeowners who want to ensure the safety of their children and their property.

Lebana said that many parents buy the surveillance systems to make sure their babysitters are not physically, mentally or sexually abusing their children.

According to the research council of Canada, one out of every three businesses go bankrupt because of theft. In many cases the theft is caused by employees.

"In most cases, theft is usually four times worse than [store owners] expect," Lebana said.

However, theft is not the only factor that causes problems in the workplace. Some companies face problems such as computer misuse.

Things like browsing pornographic Internet sites and sending or receiving offensive emails are considered to be violations of Internet usage policies.

To ensure this is kept at a minimum, companies like Spy Tech offer software programs that can cost up to \$115 dollars. Programs can also be ordered or downloaded from several



Cleo Porter

Spy Tech offers a watch with a built-in camera to video tape individuals

Internet Web sites. In many cases the computer software is also purchased by parents and spouses.

They use the software to spy on what sites are being visited and who their family members are talking to.

Companies that do sell spy equipment stress to their customers that the equipment shouldn't be misused. Since Spy Tech opened, Lebana said

that she has had only four cases in which someone was using the systems illegally.

Lebana said that cameras are important in our society because they ensure safety.

"If I see cameras, or know they are there, I feel more secure," Lebana said.

"It is the people who do things wrong that should worry about it."



Cleo Porter

Digital recorder with a mic pen



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Web Review

By **VICTOR PENNEY**
Et Cetera Staff

Appearance is more important than some people like to think.

It gives others their first chance to decide what kind of person you are without even talking to you. That may sound shallow, but it's true.

At one point or another, we have all criticized someone's looks and now, we can do that over the Internet.

[Http://epm.ucdavos/edi/~Klee/crazy-hairday.htm](http://epm.ucdavos/edi/~Klee/crazy-hairday.htm) is one of the worst Web sites ever about bad hair days. However, it is only one page long.

This site doesn't contain any links or animations. This is probably why it is so hard to find.

The only thing you will find is a picture of a little boy with flowers in his hair that won a contest.

First of all, it doesn't look crazy. Secondly, there is no information about the competition itself.

I give this horrible Web site zero globes out of a possible five.

www.uglypeople.com is a great site to visit if you want to make fun of complete strangers.

Surfers from around the world have sent in pictures of ugly people they know or have seen in public.

There are different categories to browse through: men, women and celebrities.

I give this site three and a half globes out of five.

Cruise industry also suffering after attacks

By **JILLIAN NESS**
& **CAROLYN BARRY**
Et Cetera Staff

While many are still nervous about the prospect of travelling after the Sept. 11 terrorist acts, the cruise industry is urging people to return to vacation planning.

"Most people are concerned with flying," said Shawna Blencowe of the Travel Network. "And since many cruises are offered at destinations where clients have to fly there, not many people are going."

Security at airports and ports of call have significantly tightened because of the attacks, with a fingerprinting system soon to be implemented at national airports.

According to Frank Gulanowski, a five-year veteran in the cruise industry, public concerns are natural in this kind of situation.

"People are just cautious," Gulanowski said. "In most cases, the excitement has diminished and people are more concerned with their daily lives [but] there are some who are still planning and still booking ...

those are the people who have the adventurous spirit."

Like the flight industry, the cruise industry has suffered some set backs when it comes to their travel packages, as cruise lines modify several of

stops in Africa and areas in the Middle East, has also been cancelled.

However, cruise lines are working hard to improve their image during the industry's hard economic times. Celebrity Cruises recently held a two-night preview of their newest ship donating \$75,000 from the event to the Red Cross National Disaster Relief Fund.

Despite the terrorist attacks, some cruise lines, like Carnival, have yet to experience a huge drop of interest.

"Our prices haven't dropped...we have been able to fill our ships to a 97 per cent capacity as compared to others, who ships aren't full," said Chris Smith, a cruise line consultant.

However, many other companies are attempting to lower rates in hopes of enticing people back to their ships.

"There is some very special pricing going on right now," Gulanowski said. "I won't specifically say what is out there, it depends on the ship and the destination. Right now ships are sailing [but] we want to get those clients back to come back to cruising. In the long term, things are going to get better."



Jillian Ness

Carnival Cruise ship leaving port

their travel routes. The world's second largest cruise line, Royal Caribbean International, has had to re-route the Nov. 3 sailing of its ships. Legend of The Seas, which was scheduled to make a stop in Turkey. A Nov. 10 sailing, said to be making



Lyndsey VanDyk

Humber College students may be eating GM foods and not realize it

Skeptics serve up doubt on GM food

By LYNDSEY VANDYK
Et Cetera Staff

With long-term effects unknown, genetically modified foods are still cultivated on Canadian farms.

Through bioengineering, gene-splicing is used to create what the British call "franken-food" or genetically modified (GM) food.

GM food is purchased daily in Canadian markets and public concern is growing over health and environmental damages its use may have in the future.

GM food is plants and animals with genes transferred from another species. This serves many purposes like producing pest resistance, building better cell properties and increasing shelf life. Gene-modified crops are used to feed the growing population as the land used for agriculture is shrinking. But while public awareness of GM food rises, so does public concern.

Tanya Saldanha, a third-year Travel and Tourism student at Humber said the issue worries her.

"I think it can affect the human cycle. With no one knowing the effects, it makes me nervous about the things I'm eating," she said.

Health Canada has legally approved all GM products. Labeling genetically altered food isn't required in Canada unless there's a potential health concern like a potential allergic reaction. GM food hasn't been proven to be harmful but critics argue that the long-term effects are still unknown. For most environmentalists the only solution is to get rid of it completely.

Martin Teitel, president of the Council for Responsible Genetics (CRG) said that nobody in the world can know whether GM foods are safe or not.

"Because it has not been tested for long-term effects you can never know. It doesn't benefit the public, it's not cheaper, it's not more nutritious and doesn't taste better. Why would you

take a risk for something that doesn't benefit you?" Teitel said.

Cropwise Institute represents the manufacturers, farmers and developers of crop products and President, Denise Dewar said the products are not harmful.

"The gene-altered products have been designed to help the farmers improve their production," she said. "They help make the plants self-resistant to pests so you don't have to spray them with pesticides which benefits the environment. Biotech is used in a lot of different sectors as well as health, in our case we're just applying it to agriculture."

However, there is little hard evidence proving its safety.

"The whole thing is preliminary because there's been no objective testing. But there's pretty good evidence that there's some serious environmental questions. You have plants that are putting pesticides out in their root hairs as an example. It changes microbial life and soil and all plants depend on that life. These plants, once they're engineered, are not very stable. We don't know once we've let them loose what they're going to turn into," Teitel said.

As scientists begin to gather and explore basic genetic instruction for an organism, a revolution may be in the making. Researchers also know how to genetically engineer many food animals such as fish, cows and goats. Scientists can combine genetic engineering with cloning to produce many identical GM animals for disease resistance and food and protein production.

As Rose Wong, president of the Toronto Biotechnology Initiative, points out, no one really knows for sure.

"The debate over the pros and cons in food manipulation is parallel. The long-term effects can't be seen yet, but research is being done. No matter what the matter is there will always be a chance of risk."

No prescription needed

By SANDY GARCIA
Et Cetera Staff

Getting pregnant wasn't a choice for 17-year-old Marlene Da Costa.

"When I first found out I was pregnant I cried for 15 minutes," Da Costa said.

Da Costa was scared after finding out that she was going to become a mother. At 17, she still had her final year of high school to complete.

After the initial shock, Da Costa started feeling excited about becoming a mother. But soon the shock gave way to reality. The expenses that would be shared by Da Costa and her boyfriend, 18-year-old Jason Elliot, would become a troublesome priority.

According to Health Canada, many babies are born each year to mothers who are too young or too emotionally immature to raise them well.

In the January issue of the U.S.-based *Glamour* magazine, a poll was taken on the teenage pregnancy rate in Canada. The rate was 42.7 pregnancies for every 1,000 women aged 14 to 19 in 2000, the lowest in 10 years.

The decrease in Canada's teenage pregnancy rate began several years later than that of the United States. The U.S. rate remains about double the Canadian rate.

"The effectiveness of each method of contraceptive is difficult to determine precisely," said Joanne Dieleman a counsellor at Aid To Women in Toronto.

According to Dieleman, the two best ways to avoid unwanted pregnancies are to abstain from all types of intercourse or use a condom and a hormonal contraceptive together.

The Emergency Contraceptive Pill, or the morning-after pill, is a large dose of ordinary oral contraceptives taken after intercourse. The U.S. Food and Drug Administration has begun promoting oral contraceptives for emergency use when a woman has had unprotected intercourse within the last 72 hours.

Emergency contraceptive pills are safe and the total amount of hormones is low, but the pills should only be used for a short time.

According to Beatrice Luu pharmacist manager at the Loblaw's Pharmacy at Christie and Dupont in Toronto, the emergency contraceptive pill can be bought at certain pharmacies without being doctor prescribed.

"It all started out in B.C. with a pilot project doing research on the emergency contraceptive pill," Luu said.

"The ECP can't be given out by all pharmacists yet, it's only a selected few for now who are able to give it out to women who desperately need it," she said.

"I think that there are a lot of risks involved in making the ECP easily accessible through pharmacists and also for the convenience of it we have to educate the public about it. There

are many debates going on in the pharmacy profession right now, but nothing has yet been made for sure," Luu said.

The most common side effects of ECP are nausea and vomiting, which usually end within a day after the second pill is taken.

"Medications to stop nausea can help. You can ask the pharmacist about these medications," said Dr. Nick Ginsburg of the Dufferin/St.Clair Community Clinic in Toronto.

Gloria Mazzula a first-year Early Childhood Education student at Humber's North campus is worried about problems that may emerge if the ECP pill's over-the-counter availability is advertised.

"I think that more young teenagers will begin to have sex at a younger age," Mazzula said. "I also believe that it will make them not really think of the consequences because they won't want to use condoms or birth control, so they'll just use the ECP as an easy way out."

Although there are new forms of birth control on the market, traditional methods should still be used.

A condom is an effective form of birth control, if used every time.

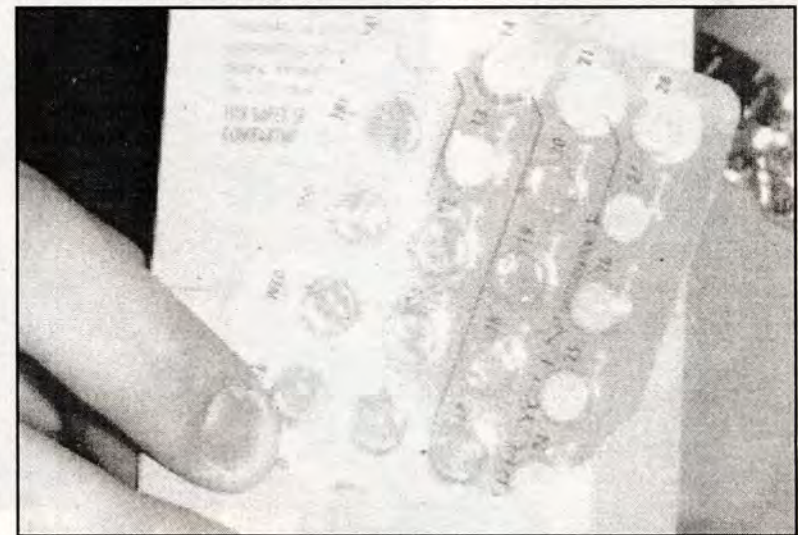
Estrogen and progesterone are two hormones that direct many of the processes surrounding the menstrual cycle. To prevent pregnancy a woman takes a pill daily which contains both of these hormones, explained Dr. Ginsburg.

"When you first start taking birth control pills, they do not work right away," Dr. Ginsburg said. "We recommend using a backup method such as condoms and spermicides during the first month to protect against pregnancy."

Depo-Provera, also known as DMPA or 'the shot,' is a highly effective progestin injection given by a doctor every three months, though infertility may last up to a year. Although the progestin is slightly different, these injections work as birth control in the same way as the mini-pill.

The ECP is also available at the Humber Health Centre for \$10.

If you have any other questions or are looking for more information call the Bay Centre for Birth Control at (416) 351-3700.



Sandy Garcia

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