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the media  
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# Humber Et Cetera

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Students spend time between classes in the Games room. A total of \$65,761 was spent here last year, up \$12,000 from the previous year.

## Students get stuck in residence elevator

### Fire inspector called to investigate complaint

By PHIL BERNARDO

An inspector from Toronto Fire Prevention will investigate a complaint from a student in residence following a weekend incident in the R building at the North Campus.

On Nov. 9, five students were trapped in one of the building's two elevators and others were unable to reach their rooms or leave the building.

Valerie Windsor, a General Arts and Science student, called the Toronto Fire Prevention office to issue a complaint about being trapped in the building during the incident.

"It was just really frustrating," Windsor said. "Every time we called front desk and asked what was going on they would tell us

they were working on getting the doors open."

Both elevators in the residence building malfunctioned and as the elevators are the only means of accessing floors 2 through 9, students waiting on the first floor were prevented from reaching these floors, causing a crowd in the lobby for nearly two hours.

"Five students were trapped in the elevator for about 40 minutes before we could get them out," said Residence Life Coordinator Colleen Parton, the off-site manager on-call that night.

No one was injured in the incident and Residence Manager Allison Alexander said problems with the elevators in residence are common.

The cause of the elevator malfunction has yet to be determined,

though residence officials believe the five trapped students may have caused it by jumping up and down while inside.

Meanwhile, students on the upper floors were unable to get down to the first floor to exit residence. The only stairs in R building lead to emergency exits on either side of the building. Those fire doors were locked.

One student, who was trapped behind one of the two magnetically sealed doors, said the college was not prepared for this type of situation.

"One of the guys on the inside of the doors with us was actually telling the security guards what to do," said Melissa Jurchison, a Tourism and Travel student.

Parton said the first priority was to get the students trapped in the elevator out, then open the emergency doors to allow access in and out of the building.

Because the emergency doors are magnetically sealed, a special key is required to open them.

While the residence front desk staff has a key, it is kept under glass and staff are only permitted to remove it for emergencies.

But once security arrived, according to Margret Goerig, a Journalism student on exchange from the University of Georgia, the security guard refused to open the emergency doors.

After half an hour of arguing between front desk personnel, resident assistants and security, the decision to open the doors was reached. However, the security guard sent to open the doors did not have the proper key. Security officials would not confirm or deny this, nor comment on security procedures.

Witnesses say the security guard finally had to pass the key under one of the emergency doors in order to open them from inside.

Toronto Fire Prevention has written a report concerning the incident and an inspector will come to Humber residence within the week to follow up the incident report.

The elevator repair person came roughly an hour after the incident started, rescuing the students trapped in the elevator and repairing the damage.

#### What's Inside This Week...

Racial sensitivity taught at Humber. page 2

Smells create subconscious sexual desire. page 10

Men's basketball wins season opener. page 22

Etc.

# Royal Winter Fair opens

By COLLEEN MCDOWELL

The 80th annual Royal Agricultural Winter Fair opened over the weekend in the National Trade Centre at Exhibition Place, showcasing the best in Canadian agriculture, horticulture, equestrian sport and livestock.

"I enjoyed looking at all the unusual products that you won't see everywhere else," Maria Harman, a fair goer, said. "It's a great place to learn more about Canada, and agriculture and how diversified our country is through what we produce."

Some of the exhibits at this year's fair include Agriculture and Agri-Food Canada, the Ontario Equestrian Federation and the Ecological Farmers Association of Ontario.

Many exhibitors made their first appearance at the fair, like the World Wildlife Fund of Canada (WWF) and the Canadian Organic Growers (COG).

"One of our biggest focuses is to get out the message of integrated pest management systems,"

Lois Turk said of the WWF, whose display is in the Natural and Organics Festival section of the fair.

"In the organic section it's bringing a worldwide voice," Turk said of the WWF's presence at the fair. "There's a wider market spread for people here. There isn't really a target group but a variety of different groups."

The fair also hosts several competitions such as butter sculpting, the royal horse show, and the giant vegetable competition.

Wood-working, craft and food exhibits from farms and organizations across the country which displayed unique products such as the first organic apple, food products made from hemp and organic ice cream.

Also present at the fair was the Royal Antique show, a petting zoo and the Cavalcade of Horses.

The fair runs until Nov 17 at the National Trade Centre and tickets range from \$9- to \$15. For more information visit [www.royal-fair.org](http://www.royal-fair.org).



Kristy Miller observes an enormous pumpkin during the giant vegetable competition in the organic section of the Royal Agricultural Winter Fair. The fair runs until Nov. 17 at the National Trade Centre.

## Police Foundations targets race profiling

By CAMILLE ROY

Students in Humber's Police Foundations program are learning that racial profiling is not acceptable behaviour for police officers.

Recently the *Toronto Star* ran a series of articles claiming black people in Toronto have a higher chance than white people of being stopped by police for no reason.

The *Star's* study also showed black people arrested for certain offences, such as simple drug pos-

session, are more likely to be held in custody overnight and face harsher penalties than white people.

"Profiling in and of itself is not bad. It becomes undesirable when it is based on race or ethnicity," Ron Stansfield, co-ordinator for the Police Foundations program, said.

In fact, Stansfield said certain types of profiling are necessary.

He said it's okay to profile someone on the basis of demeanor, for example if someone is behaving belligerently or acting as though they are drunk or on drugs.

But, he added, profiling is not okay when based on arbitrary characteristics like race and sex.

Stansfield said when prospective students attend an orientation session about the program, they are told racism, sexism and homophobia are not welcome in the program or at Humber College.

"At the first sign of any of those attitudes in the classroom, we let them know it is unacceptable," Stansfield said. "We take a very strong stand on these issues."

According to Stansfield, a course entitled Contemporary Social Problems deals with 14 different social problems including poverty, inequality, race and gender.

In Issues and Diversity, students learn to become sensitized

to different races, gender issues and religious groups.

Jesse Mabon, a second-year Police Foundations student, said he thinks racial profiling is an "old-school way of policing."

He said some police officers are not as open-minded and they have a bias already, which they take with them to work.

"I would say that the next generation of police officers, I hope, are not going to be thinking that way," Mabon said. "The classes we're taking at Humber are trying to get that [bias] out of our heads and to be open-minded."

Before Humber grads can become police officers in Ontario, they have to take a minimum 12-week training course at the Ontario Police College (OPC).

Bruce O'Neill, senior communications co-ordinator for the Ministry of Public Safety and Security, said in order to take the OPC course, a potential police officer must first be hired by a police service, which then nominates him/her for training at the college.

O'Neill said although the OPC conducts sensitivity training, there is no way of screening people for racial biases before they become police officers.

"Racial profiling to a certain extent is an individual aspect," O'Neill said. "An individual person holding certain views for whatever reason."

"You can't teach people the way they think," he added. "But you can

give them guidance on the do's and don'ts of arrests and targeting people."

He said racial profiling is illegal and the Police Services Act regulates these issues.

"Police in the province are expected to conduct themselves professionally," O'Neill said. "It's an offence under the police services act to engage in racist or discriminatory behaviour."

### *Students told they could be next*

## Canadian war dead honoured

By JENNIFER KLEIMAN

Humber staff and students were told their own lives could be threatened by developing world conflict as they gathered for a Remembrance Day ceremony Monday morning.

"We are in perilous times. Not once in the past 30 years have Canadians been more at risk," Communications instructor, Gary Noseworthy told the crowd of about 250 Humber students in the main concourse. "Remember those who served and that one day, you may have to soberly accept to perform these duties," he said.

"Remembrance Day is not only about those who died, but those who sacrificed and continue to sacrifice their lives for us," Noseworthy said.

Nicole Sinclair, fourth-year

music student, set the tone for the ceremony, with a singing of "Amazing Grace," followed by a prayer from Chaplain Andrew Thomas.

Second-year music student Mike Shanks played the Last Post on trumpet followed by a moment of silence.

"We should all take a moment to remember the four Canadian soldiers who died in Afghanistan; and remember that for their families, every day is Remembrance Day," Noseworthy said.

Sinclair broke the minute's silence singing "Morning Has Broken."

Noseworthy ended the ceremony by encouraging staff and students to remember the services performed in the past and to keep in mind that it could be their turn to serve and protect the country next.

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# Green Party growing

By DAVE BOYINGTON

The Green Party of Ontario is gaining popularity, according to a recent Ipsos-Reid poll.

The poll showed the governing Conservatives have fallen, down to 33 per cent support from last summer's 42 per cent.

However, it was not the Liberals or the NDP who picked up the most points, although both gained about one per cent, up to 45 and 14 per cent, respectively.

It was the Green Party of Ontario, which appeared for the first time as a separate party on the poll, that grabbed six per cent of those asked.

"We've known for a long time that folks are ready for a change — and they're looking for a better way to live," Frank de Jong, leader of the Green Party of Ontario, said in a press release.

"People all over Ontario want a better, greener future. The numbers prove that the days of politics as usual are numbered."

In an interview, de Jong said he wants to avoid his party's reputation as an "environmental" party.

"We're fiscal," he said. "We look at everything through fiscal glasses. We're

fiscally conservative — you can't spend more money than you bring in, unless it's for capital expenditure."



Frank de Jong, leader of the Green Party of Ontario.

De Jong says cleaning up the environment is just one of the benefits he sees in being fiscally responsible.

Pointing to Ontario's health care, de Jong says instead of eliminating hospital beds and slashing jobs, the emphasis should be on cleaning up the environment so people live healthier lives, and therefore depend less on the medical system.

Another area de Jong and the Greens would like to reform is electrical production, an issue the government has debated a lot lately.

"Ontario should be 100 per cent renewable," de Jong said about electricity. "Any money we save by not spending on fossil fuels, it's more money to put into communities."

With this approach, de Jong said his party doesn't fit into a traditional left wing versus right wing view of politics.

"We don't consider ourselves on the left or the right," he said.

A look at the party's policy statement reveals this even more. While they do support traditionally left wing stances such as a four-day work week, and are pro-choice when it comes to abortion, they favour free markets and balanced budgets.

With party support on the rise, the Greens plan on running a candidate in all 103 ridings in the next provincial election. In 1999, they ran only 58 candidates, and drew less than one per cent of the popular vote.

"It's what every serious party wants to do," de Jong said about having a candidate in every riding. "Every Ontarian must have a chance to vote Green."

# Province to expand surveillance of "low risk" offenders

By DAVE BOYINGTON

The Ontario government has introduced a new surveillance program to electronically monitor low risk offenders in the province, instead of requiring them to serve full jail terms.

"The idea is to [monitor] very low-risk offenders: individuals charged with disturbing the peace, minor drug possession. Intermittent offenders," said James Wallace, a spokesman from Public Security and Safety Minister Bob Runciman's office.

According to the Ontario government, monitoring certain offenders electronically will free up space in overcrowded prisons.

"We do have crowding concerns in the GTA," Wallace said.

One of the areas Wallace says this technology could be most useful is for people serving weekend sentences.

"We sometimes get up to 1,000 offenders on the weekend. We need to find new ways to keep track of them."

An ankle bracelet system currently in place uses radio-waves to indicate whether an offender is staying within a given area. The new system will add a variety of different techniques, including voice recognition, radio frequency, and the global positioning system.

"The current system tells you when [offenders] have left the area, the global positioning system tells you where they are," Julia Noonan, a communications official at Queen's Park said, indicating

the system could also be used to monitor restraining orders.

Wallace says the initial program indicated that electronic monitoring would work.

"The pilot program worked," he said. "We wanted to find out if electronic monitoring will be effective and it was. What was cutting edge a few years ago is now obsolete."

Wallace said he expects the number of offenders under electronic surveillance to jump by at least 10 times from an estimated 60 to 70 currently monitored.

"We'll track offenders more easily, at least 700, and the minister has indicated he would like to see it go beyond that if it works out."

Peter Kormos, New Democratic Party justice critic, disagrees with the motivation behind the government's surveillance program.

"It's an excuse for not adequately staffing jails," he said. "If a person poses a risk, he should be in jail, receiving rehabilitation."

"Sentencing a person to jail makes little sense if they're sitting at home with an ankle bracelet."

Kormos says that electronic monitoring is a "makeshift" way of dealing with the province's under-funding of the corrections system.

"A lot of sentences are things like impaired driving. For a second conviction, you're supposed to serve a short and sharp sentence. They are avoiding responsibility."

Kormos also shuns the idea of using the system on people serving weekend sentences. He cites a recent visit of his to Mimico prison as proof.

Noonan argues the system allows low



Minister of public safety and security Bob Runciman.

risk offenders to be productive or receive needed counselling at Alcoholics Anonymous or in anger management therapy.

Eric Caton, president of Jemtec, the company asked to construct the electronic system, agreed.

"Some of them are out and about, attending meetings. A phone call makes sure they're there."

Kormos said, "Sentencing a person to jail makes little sense if they're sitting at home with an ankle bracelet."

While Wallace says it's up to the courts to decide who will qualify for electronic surveillance and who will receive jail time, he maintains offenders in the public will not pose a danger to society.

"We're not going to be sticking these on dangerous offenders, who would be dangerous to the public," Wallace said.

The upgraded system will be introduced first in the GTA and Ottawa areas as early as 2003, and will be used on selected parolees and offenders.

## World Digest



By ALEK GAZDIC

### Iraq accepts resolution

**IRAQ.** Facing a Friday deadline and the threat of war, Iraq yesterday accepted the U.N. resolution that will send weapons inspectors back to the country after nearly four years.

Baghdad's approval of the resolution means inspectors could be on the ground in Iraq within days.

Under a strict timetable, Iraq has until Dec. 8 to declare all its chemical, biological and nuclear programs.

*The New York Times* reported Tuesday that Iraq had tried to buy a gas antidote used to counteract nerve gas effects.

### Bin Laden still alive

**UNITED STATES.** Officials are quite sure a new audiotape attributed to Osama bin Laden is authentic, proving him alive and well.

A Japanese analyst said the voice is Osama's, to a 99.9 per cent accuracy.

The new threats, which praised the attacks on Bali and a Moscow theatre, targeted Canada because it supports the U.S.

### Al-Qaeda targeted Pope

**ENGLAND.** A top al-Qaeda official suspected of having planned the Sept. 11 terrorist attacks also plotted to kill Pope John Paul II during a trip to the Philippines in 1999, a British newspaper reported Sunday.

*The Sunday Times* acquired documents from Philippines intelligence services that said Osama bin Laden's lieutenant planned on killing the Pope with a pipe bomb planted in a park where John Paul was to speak, or if that failed, with high-velocity rifles equipped with laser scopes.

The plot was aborted when the Pope's visit was cancelled.

### Tornadoes kill 51

**UNITED STATES.** Pulverizing tornadoes that have ripped through the U.S. since Sunday continued this week with full force after winds hit an estimated 225 km/h.

At least 51 have been killed and 900 people have been injured.

Some 70 tornadoes and thunderstorms flattened dozens of homes and businesses, and have left tens of thousands without power.

### Israel to exile Arafat

**JERUSALEM.** Israel's Foreign Minister Benjamin Netanyahu said that if he's elected prime minister in January, he will send Palestinian leader Yasser Arafat into exile.

Netanyahu, who is challenging Prime Minister Ariel Sharon for the leadership of the rightist Likud party, has been calling for Arafat's expulsion for months.

### Death-defying art...

**ENGLAND.** The embalmed body of a traveler found in a deceased painter's studio should be returned to the artist's estate and could be placed on public display, a coroner has ruled.

Robert Lenkiewicz, who refused to tell authorities where he had been hiding the embalmed body, died of a heart attack in August.

He had taken custody of the body since 1984.

#### Correction

A story last week incorrectly said that a press conference was organized by students. It was organized by MPP Marie Bountrogianni. Also, OSAP is the Ontario Student Assistance Program.

## Guelph prof calls global warming "natural"

By JUSTIN MIDGLEY

The controversial issue of global-warming may not be real, and the Kyoto Protocol is a bad idea, about 300 students, more than 100 from Humber College, were told at a recent seminar.

The theory was voiced by Dr. Ross McKittrick during a Fraser Institute session called, "Asking the Right Questions about Global Warming and the Kyoto Protocol."

McKittrick, an associate professor of economics specializing in environmental economics and policy analysis at the University of Guelph, said global warming is most likely non-existent and that the Kyoto Protocol is useless.

He told the audience global warming is a natural process, not man-made, and that at the current rate it would only affect agriculture to a small degree.

McKittrick called apocalyptic notions of extreme heat or floods, "exaggerated scenarios," and said that even if he is wrong, Kyoto is still a waste of time.

"Global warming isn't what you've heard and the Kyoto Protocol is a bad idea," he told students from the University of Waterloo, the University of Toronto and Humber College.

His comments were met with audible chuckles from many students, but McKittrick, who has addressed the U.S. Congress and Senate, made a convincing pitch with strong oratory and extensive use of graphs and other visual aids.

It is commonly believed that greenhouse gasses cause irreparable damage to the planet from floods and unlivable global warming.

But McKittrick said, "saving or destroying the Earth is beyond our capabilities."

"Will Kyoto solve the problem if global warming is actually bad?" McKittrick's PowerPoint presentation asked in large, yellow letters.

One click of the remote, and a single word was added to the screen: "no."

According to McKittrick, because of the world's current situation, the Kyoto Protocol has "basically no effect."

"If global warming is real," he said, "then the climate will change with or without Kyoto."

But if he is right and global warming as we know it isn't real?

"Then Kyoto is an even bigger waste of time and money," McKittrick concluded to both laughter and applause.



Tommy LeBlanc, a first-year Fire and Emergency student, is lowered on a mock rescue mission.

## Students get hands-on down in the hot zone

By ALEK GAZDIC

A distress call blares over the scanners to city emergency crews: there's a heart attack victim trapped 20 feet below the ground. Reaction is immediate as every moment could mean life or death.

This scenario was played out for several hours yesterday in a training exercise by first-year Fire and Emergency Services students outside the K and L building.

Two days of theory training helped prepare the students for their rescue operation, which had them maneuvering down 20 feet into a confined area below ground level to help their victim.

The rescuers, equipped with respirators and vital rescue gear, had to check the oxygen levels

before descending down into the "hot zone."

Jonny Broun, 20, was excited during the operative because of the practicality involved in the mission.

"This could be real life one day," Broun said.

Captain Gary Shackleton, a Toronto Fire trainer, spearheaded the exercise. He said this type of rescue operation is one of the most complex, and happens once or twice each year.

Shackleton said the first mission, which took about 40 minutes, was well done.

Fully trained rescue crews perform this high-risk operative in about 10 minutes.

Primary rescuer Tiffany Smith, from the A platoon, described her experience yesterday as "awesome."

## Lakeshore

## Cafeteria rocks at Lakeshore

By KRISTIE KENT

Students at Humber's Lakeshore Campus were dazzled last week by the eclectic sounds of Tri-Fecta, who played in the cafeteria last week.

Every other Wednesday, the Humber Students' Federation encourages students to perform in the cafeteria. They even get paid for their efforts.

Divine Earth Essence is a freelance singer, songwriter, producer and bass player for Tri-Fecta, which was formed in 1999. She opened for Ericka Badu at the Molson Amphitheatre last summer.

"We play everything - soul, jazz, funk, R&B, we do it all," Earth Essence said.

Students who joined in the intense sounds and flavours of the group felt the vibe. "The students were so receptive. It was exciting. It lets the band and I know that we're doing our thing and that people receive it well. You guys are a hype crowd," she said.

"She has an amazing voice and her stage presence was intense," said Jay Kehutton, who is in the Child and Youth Worker program at Lakeshore.

Tri-Fecta drummer Jojo Bowden is a graduate from Humber's music program.

"I taught myself to play, and coming here opened my eyes and ears to a lot of new music and to a lot of different concepts that I would never receive playing and teaching myself," Bowden said. He added the band has fun on stage, and when people realize that, they have fun too.

"Everybody who had the chance to pass through seemed to stop and they were really enjoying it, which feels good," keyboardist Michael Shand said.

Even though Earth Essence was the main attraction, she shared the spotlight with her fellow band members.

"It was great how she also showed how talented all the other people were in the band. She really let them shine out. Even though she had that presence, she let other people come through," Kehutton said.

The weekly shows started in September, to great success, but the popularity soon faded, and the shows were changed to every other Wednesday instead.



Divine Earth Essence, singer and bass player, and Jojo Bowden, drummer, from Tri-Fecta, perform at the Lakeshore cafeteria.

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# Biz Newz

## Business students schmooze with the best

# Post-grads get advice on future jobs

By ANITA VERMA

It was a morning for students to connect and schmooze in the small café at Lakeshore Campus.

What brought the students here last Thursday was the post-graduate business networking breakfast, where 85 students mingled with 10 business organizations.

Post-graduate International Marketing and Marketing Management students met with representatives from various corporate organizations to sell themselves and discover what the organizations have to offer.

The corporations represented at the breakfast included KPMG, Investors Group, Scotia McLeod and MacClaren McCann.

"I've seen employers targeting specific students who stand out by taking resumes and writing notes on them, doing somewhat of a preliminary interview," Ann Tsirgielis, an employment advisor at Lakeshore Campus, said.

"Students are getting a synopsis of what is going on in the company's work environment without being in there."

"This is what it's all about, eating breakfast, collecting information, finding out what you have to do to get there in the industry you want."

According to Peter Madott, coordinator of both programs, the aim of the networking breakfast is to provide an opportunity for students and potential employers to form contacts.

"The idea behind the networking breakfast is to allow the students to meet with organizations in

our community so they can get their questions answered, get in front of people and get experience about future careers," Madott said.

"It's getting them used to talking about themselves and rubbing shoulders with a group of different business people. Part of what you must do to connect with people."

Mitul Chandrani, a student in the International Marketing program, used the event as a way to make contacts to further his career.

"It's a platform where we can forge contacts with corporations in Canada and

it's a way to lead me to the companies where I can use the contacts that I make here today," Chandrani said.

"As part of our course curriculum, we have to do a 16-day placement, so it's good to undergo training where I want to be employed afterwards."

Organization representatives

"This is what it's all about, eating breakfast, collecting information, finding out what you have to do to get there."



There was something for everyone at last Thursday's networking breakfast for International Marketing and Marketing students.

had the opportunity to meet with Humber's high-calibre post-grads and scope them out as potential interns and employees.

"I'm hoping to speak with students, with the potential of bringing them in for co-op, because we like to help students with their placements," Kirsten Lindard,

from KPMG's National recruiting team, said. "We focused on universities in the past, but now we are also focusing in on colleges, because college students have co-op experience. They are not just fresh out of [school] with no experience."

Sue Ross, HR for Jobposting

## Roads safer with women driving, according to Canadians polled

By MARIO CYWINSKI

Canadians believe women are better drivers than men, a Goodyear safety survey has found.

Forty per cent of men believe women are better drivers.

"I think that men have better coordination and are more aggressive, while women tend to be more passive, but have less skill," Paul Matusik, a third-year Civil Engineering student, said. "Women are safer drivers, not necessarily

better drivers."

However, women did not seem to want to return the compliment. Only 20 per cent of women said men are better drivers.

"Most women drive more cautiously than men do and therefore cause fewer accidents. Guys, on the other hand, always race each other and create accidents," Alana Scheel, a 21-year-old make-up artist said.

Also polled in the Goodyear study are opinions about what ages are too young or too old to drive. Fifty-seven per cent of Canadians feel 16 is too young to be behind the wheel.

"Sixteen is too young for someone to be driving. At 16, only a few people are mature enough to drive. The majority seem to just joke around, race and act stupid," Scheel said. "I'd say 18 is a better age to get a license."

Results of the study show half of Canadians feel that once drivers reach the age of 80, they should no longer operate a vehicle.

"Older people who are at the age of 80 should not be behind the wheel. Their reflexes are slowed and they endanger other drivers on the road," Roberto Fernandez, land surveyor, said.

However, 26 per cent of Canadians polled said they feel driving age depends on the individual.

"In some cases it depends on the person, but in most cases, when a driver reaches 80 he should no longer drive," Matusik said.

One key problem with drivers in Canada is that many are not properly educated about the rules of the road and safe driving. Fifty-nine per cent of Canadians polled said driver education is inadequate.

"Not enough drivers on the road are trained to drive; many of them have never driven a car when they get their G1 license. Driving school should be mandatory," Fernandez said.



Lauralyn Adams, a Humber student, drives to the North Campus everyday to attend classes.

Magazine, said the breakfast gave her the opportunity to speak to students and view potential employees. She also promoted her organization while teaching success skills.

"This gives us the opportunity to talk to students, and we are in a position to potentially hire some of the marketing grads," Ross said. "I want students to know who we are, so we can give back to the school by answering questions, making it easier for them during the interviewing process."

"These types of networking breakfasts prepare the students for interviews, teaching students to become more successful," Ross added.

With so many students and not as many recruiters, the opportunity to be heard was cut short.

"It's an awkward situation when talking to the recruiters, because I like to sell myself on a personal basis. Being at the table with a bunch of different people is pretty new to me," Karen Bruce, a Marketing Management student, said.

### What's Up?

•Nov. 8 to 17

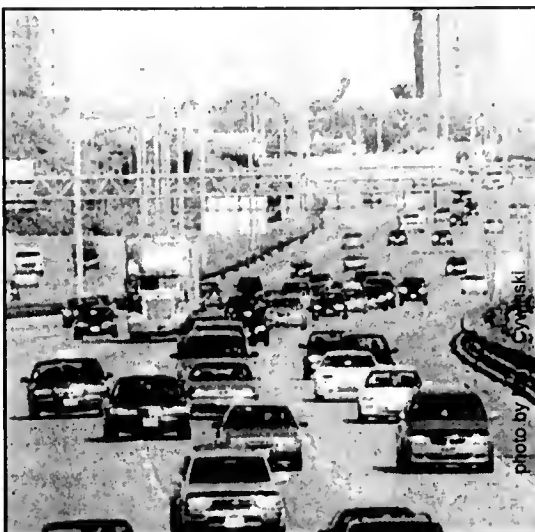
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Fifty-nine per cent of Canadians have said driver education should be encouraged.

Etc.

## Keeping the peace

Seventy-five per cent of Canadians believe our military budget has to be increased.

Unfortunately, the poll results – published in *The Globe and Mail* on Monday – couldn't as easily identify where the additional funding should come from.

Respondents were divided on that point, to say the least.

Only 5 per cent of Canadians want money diverted from health care. Thirteen per cent said funding should be taken from spending on the environment. Fourteen per cent of those polled suggested cutting funds allocated for agriculture.

Respondents to the poll were also torn regarding the role Canada's military should play. Some said we need "a better-funded and equipped all-purpose armed force capable of undertaking traditional defence and combat roles at home and abroad." Others preferred a "small but well-equipped peacekeeping and disaster-assistance force."

But what is the current definition of peacekeeping? The meaning was called into question in a *Star* article published on Nov. 10.

In it, reporter Graham Fraser says Canada has not kept up with the changing times. He charges that "peacekeeping has changed, and now requires combat capability" – certainly not our military's strong suit.

Fraser went on to say, "Canada can acquire influence internationally and sustain its reputation (no longer deserved) as a leader in peacekeeping only if it puts military muscle behind its good intentions."

As it stands, if we were to send forces to the Middle East, we'd need help from the U.S. just to get there. The CF-18 planes our air force relies on can't even cross the Atlantic Ocean without stopping to refuel.

In such volatile times, Canada's cash-strapped military is obviously a glaring concern, but finding the money to fulfill our obligations to the international community is equally troubling.

Fundamental social programs – like health care and education – will likely suffer in the process.

Can we afford to be our brother's keeper? Or more importantly – can we afford not to?

## Get off the couch

A psychologist from Cornell University has good news for couch potatoes. It seems they're getting smarter.

Children have increased their IQ scores by about seven points per decade in the areas of abstract reasoning and cognition. Researchers at Cornell found that watching TV, playing video games and surfing the net contribute to these improved abilities.

But don't fire up the PlayStation just yet. A case can still be made for spending less time in front of the TV or computer monitor. In a word: obesity.

The study's findings also indicate that in 2002, the average child's IQ is 25 points higher than their grandparents' IQ level – but those earlier generations were likely infinitely healthier than today's children.

In the mid-1990s, 35 per cent of Ontario children were overweight, according to the *Toronto Star*. Now the rate may be closer to 50 per cent.

Statistics Canada reports that one-third of all Canadian kids between two and 11 years of age are obese.

Our federal government recently announced that \$15 million will be put towards studying the alarming trend.

And last week, provincial Health Minister Tony Clement announced that over the next three years, \$2 million will be spent in Ontario. The money will fund a preventative program designed to promote healthy eating and an active lifestyle.

Canadian children are now developing health problems once unique to adults: Type 2 diabetes, heart attacks and hardening of the arteries.

Obesity has become such an epidemic, some doctors are even considering gastric bypass surgery for extremely overweight children. That's a dangerous step, as it's not currently known what the long-term effects of the operation would be on young patients.

Society's current preoccupation with fast food, TV and the Internet may be promoting a sedentary lifestyle.

So get off the couch. Our abstract reasoning skills may be on the rise, but so is our blood pressure. Let's use our heightened intelligence to lead active and healthy lives.

**Reactions? Comments? Opinions?**  
**We welcome reader feedback.**  
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Winona takes J.Lo shopping for the big day

## Yield to real drivers



REBECCA VIRGIN

Attention all drivers addicted to the left lane: please note this syndrome causes traffic jams.

It seems more often than not, when I arrive at a bottleneck on the local highway, it's because someone is in the left lane, driving the same speed as the car beside him, oblivious to the traffic behind.

Maybe these individuals were never told the left lane is supposed to be used for passing only, or maybe they think the large billboards stating this are lying to them.

I have no problem with people who like to drive at the speed limit, but I plead with law-abiding drivers not to make it a mission to ensure everybody else on the road is doing as they do.

In fact, this is what causes road rage. I find myself so frustrated by these cars blocking my passing lane, that I feel the need to pass them, just so I can look into the car and scowl at the driver.

This often means squishing into the middle lane, tailgating the car in front of me, then cutting off the left lane hog with only milliseconds to spare. Sometimes this is the only way.

Now, some may say I'm the type of driver who causes accidents. You know – the one seen zipping in and out of lanes. But if I had a passing lane (otherwise known as the left lane) I wouldn't have to do the weave. I could simply pull into the left lane and accelerate to my desired speed. Then, when I've passed everyone going slower than myself, I would return to the middle lane.

I notice the right lane is often empty. Do people think they're losers if they drive in the right lane? It shouldn't be the lane of shame. It's there to be used, so use it! Then, people who drive the accepted 20 kilometres over the speed limit can have the middle lane, and those of us who like to tease the OPP can rule the left side.

Using this one simple rule could make a major difference in the safety of our highways. Less road rage and dangerous lane changing will mean fewer accidents.

In Europe, they take great pride in their usage of this rule. Traffic there moves much more smoothly than ours in most cases. People flash their lights at those hogging the left lane. They get out of the way and peace on the roads is restored again.

If I weren't scared that doing this in Canada could get me shot, then I might try this trick here.

For your own sake, if you're addicted to driving in the left lane, please move over, or, at the very least, realize when you see my furrowed brow passing you on the right, I mean you no harm, so please don't give me the finger.

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## Opinion

# New bill could save animals



NATALIE MANDIC

Imagine strippers using live boa constrictors as accessories, mutilated cats being pawed off as art projects, dogs being set on fire and monkeys being electrocuted for their sperm. Appalling? Yes. Uncommon? No.

When Prime Minister Jean Chrétien decided to end Parliament's session on Sept. 17, he killed Bill C-15(b), a revised animal rights bill that was in its last reading in the Senate and would have replaced the existing and hopelessly outdated bill.

The Cruelty to Animals section of the Criminal Code of Canada was originally written in 1892, predominantly to protect working animals like cattle and horses. Clearly it's time to update the animal rights bill, with such inadequate legislation in place.

Last April, two young men, Jesse Power and Tony Wennekers, pled guilty to charges of animal cruelty after they caught a stray cat, hung it from a telephone cord, gouged out one of its eyes, tore off an ear, then skinned it alive.

Under the current law, these two men got off with little more than a slap on the wrist. One was sentenced to 90 days in jail to be served on weekends and the other to 10 months, which he served as he awaited trial.

If Bill C-15(b) had been passed years ago, these men could have served up to five years in jail for such despicable actions.

The present law has major flaws that need to be addressed, specifically in the areas

dealing with "willful" neglect and property.

At present, one would have to prove that the harm and/or neglect of an animal was done intentionally or willfully in order to be punishable by law. The new bill doesn't include the word willful in its neglect section.

Recently, several cows died in Saskatchewan and the individuals at fault were let off. Even though the judge found the owners' level of care for the animals was "highly negligent," he concluded they didn't "willfully intend the cattle to die."

This is a perfect example of how under the current legislation, one can easily turn the wrongful death of an animal into a so-called accident.

In the new bill, the animal cruelty section has been removed from the property part of the code (Part XI), which will even extend protection to animals that are "wild or feral."

Animals will still be considered property, in that one can still own a pet, but animal abuse cases will now be treated more seriously. Animals deserve to be protected from suffering, whether or not someone owns them.

It has been proven there is a definite link between animal abuse and violence towards humans.

The Massachusetts Society for the Prevention of Cruelty to Animals conducted a study of 153 individuals who had committed acts of animal cruelty over a 20-year period and found 78 per cent of animal abusers had also committed at least one criminal offence. Thirty-three per cent had committed violent crimes against people.

Now that Parliament is back in session, our elected officials must pass Bill C-15(b) if anything is to be done to fight animal cruelty.

The appalling acts of violence animals endure at human hands can no longer be tolerated.

# Don't judge a book by its cover



ROO GUILHERME

There's no question about it. Gay men can dance, dress and design. They're a few things I'm allowed to claim to be good at.

So it probably won't come as a surprise when I tell you the number of times I squirm at the sight of mismatched straight men with little or no rhythm boogying down to the newest tunes. Chances are, their girlfriends dragged them on the dance floor. (If you see me in the halls, ask me to do my impression of the "straight white guy dance.")

The other week, I was watching *Designer Guys* on HGTV. Chris Hyndman and Steven Sabados redecorated a warehouse loft belonging to the host of a sports game show. I laughed at the irony of two decorators trying to please the tastes of your average macho sports buff.

When the two designers signed off at the end, they high-fived each other and Chris squealed from the impact. Apparently, Steven is too strong for his own good.

I thought to myself, "Wow. If there was ever an example to perpetuate the stereotype, that was it."

But, if I can laugh at the stereotype of straight men with no fashion sense, surely they can laugh at the stereotype I just mentioned.

By stereotype, I'm referring to the one where people assume gay men are weak, and in some cases, unworthy athletes.

As a competitive figure skater, I have to face this perception twice. On top of being

considered a sissy, I have to deal with people who think skating isn't a real sport.

I know that isn't true. And it was never more evident than earlier this month as I watched the Skate Canada International. Men were falling left, right and centre from their quadruple jumps. Figure skating, arguably the gayest of all sports, has some of the toughest athletes around.

In my 13 years of training as a figure skater, I've endured concussions, bone bruises, popped sockets, torn ligaments and broken toes from repeating those pesky triple Salchows and Lutzes. I have even competed with two fractured ribs. As in any sport, you have to suck it up and take it like a man.

Stereotypes add to the already immense amount of pressure athletes have to face. Endorsement contracts, federation financial support and general backlash are just a few of the reasons why there are only a handful of openly gay athletes and even fewer Olympians.

Esera Tuaolo, who played in five NFL Superbowls, only came out after he left the sport. The same is true for Mark Tewksbury, who won a gold medal in swimming for Canada in the Barcelona Olympic Games.

But there are more somewhere out there.

In fact, there are so many gay athletes that the Gay Games — a gay Olympics if you will — was first organized back in 1982. The quadrennial event was just held in Sydney, Australia. Hockey, track and field and the triathlon are just a few of the events included.

So I probably shouldn't laugh at Hyndman's lack of pain tolerance or at men who wear brown belts with black shoes, because like any stereotype, there is always someone out there who can prove it wrong.

Gay or straight, athletes have the same goal in mind. That is to be the best. There is one difference though. We look better doing it.

# Not so keen on Keane



NICK RAPP

Alex Ferguson has called the most important player in the team's history. Keane is wrong for the team and wrong for the sport of soccer.

These words are blasphemy, considering they are coming from a die-hard Manchester United (and former Keane) supporter.

He was just suspended from five games by the English Football Association (FA).

When he returns, he should not be given back the captaincy that now belongs to David Beckham.

Beckham has taken over Keane's role on the team brilliantly. Since becoming captain of the England squad, Beckham has arguably developed into the best

player in the world. Only a few players rival his skill and knowledge of the game. His talents give England the hope of doing well in the 2004 European Championship in Portugal.

Keane used to share some of these same attributes, but his attitude has gotten in the way of his talent.

It's true that Manchester United has won seven of the last 10 premiere league titles, with a lot of credit going to Keane. Still, there is no place for the type of player he has become.

Even though he hasn't missed a great deal of time, when Keane returns he'll be entering a new era

of soccer. The Fédération Internationale de Football Association, soccer's governing body, has implemented a new rule, which states any player shown a red card must receive a one-game suspension, without the right to appeal.

One never knows what will set Keane off. Earlier this season, he received a three-game suspension for elbowing Sunderland's Jason McAteer.

He was once suspended for his vicious tackle on Manchester City player Alfie Haaland. (Keane admitted, in his autobiography, that he had intended to injure Haaland.)

His bickering also got him sent home from Korea and Japan just before the World Cup finals were to begin.

Respected Ireland manager Mick McCarthy removed him from the team, after the two had a confrontation.

He had the right idea when he cut Keane, and Alex Ferguson should seriously consider following his lead.

United would be taking an awful risk allowing someone with Keane's record for losing his cool to play for the squad.

Sorry Keane, but the time has come to say fair's fair.

# In Focus

# Media violence is a reality: News is giving readers what they want

**Murdered brothers**

By **CHRISSE O'BRIEN**

In the last month, Toronto newspapers have had to report on four weekends of armed violence resulting in the deaths of more than 10 young men across the GTA.

They have also had to run stories about two U.S. snipers randomly shooting at strangers, killing more than 10 people.

They have also had to describe the ever-escalating conflict—now closer than ever to a war in Iraq.

Newspapers have had to print such violence because they cover the news—news which has recently been very violent.

They don't use violence gratuitously; they use it thoughtfully because that's what readers need and want.

So says Brad Honywill, assistant city desk editor at the *Toronto Star*.

Violence in news media, he says, does have an affect on consumers.

"I don't think people read over violence in the news," he said.

Honywill says that because Canadian newspapers are not censored, violence in news media is inescapable due to the prominence of violence in society.

But, he adds, reporters and editors set the limits for relaying the daily diet of violence to readers, without overwhelming them, based on their own humanity and understanding of their readership.

"You read the copy, and if you cringe reading it you decide much the same as a judge evaluates community standards. We ask how far this would repulse the average person? That's where you draw the line and provide balance," he said.

"We look to our own emotions and interests in deciding what's important and what gets play—what you write about. I think we have decided in Toronto at this time and space, murder is something of concern to us and therefore should get big play in the paper," he added.

"It's our job to give the public the news, what is of interest to them. Our job is to be read, for people to find us relevant. If we're not putting in the paper things that are relevant to their lives, then we have no business putting out a publication."

Journalists use the tools at their disposal—headlines, stories and pictures—to tell the story of the people who read their paper. Yet those tools often come under scrutiny both by the reading public and the media itself.

Don Sellar, ombud for the *Toronto Star*—who works independently from the *Star* addressing complaints from readers—suggests that although society still has quite a high tolerance

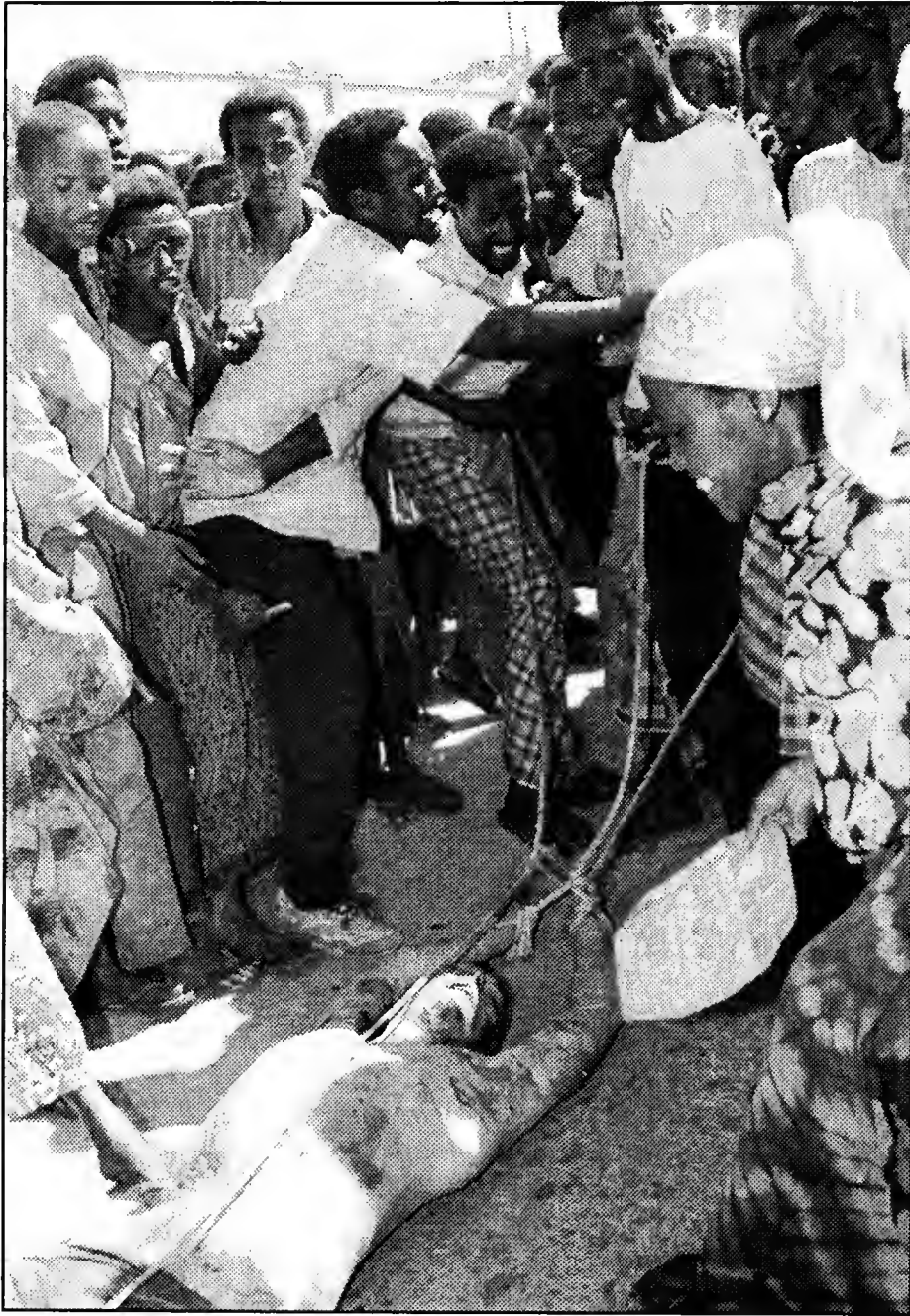


Photo by Paul Watson. Printed with permission of the *Toronto Star*

Paul Watson of the *Toronto Star* won a Pulitzer Prize for spot news photography in 1994 for this photograph of a U.S. soldier's body being dragged through the streets of Mogadishu by a crowd of jeering Somalis. The picture ran in many American papers and in the *Star*, on page 2 in black and white.

Don Sellar, ombud for the *Toronto Star* said the placement decision for the photograph was a tough one. "The publication of this photo that brought home that Americans were being killed in Somalia. They pulled out not long after," he said.

fine line. On one hand it is necessary to show the results of violence in war and crime and on the other hand there are certain things people don't need to see on their breakfast table," he said.

He, too, says the coverage of a story must fit the crime it is reporting; the violence of a

particular incident sets its own bar for placement, headline, length and content of a story.

For example, he said, the high water mark came during the Bernardo trial with descriptions of Paul Bernardo and Karla Homlka's crimes.

The news reports were graphic and disgusting because the actions of Bernardo and Holmolka were graphic and disgusting.

"In fact the *Star* published warnings with the stories which said some details might be offensive.

"We decided the public had a right to know because the public had been denied the details of the Holmolka trial. This delineated a situation where a newspaper had a responsibility to tell as much of the story as possible," Sellar said.

Yet editors and journalists say the daily news media also has to react when that public becomes satiated with violence.

Or, when the news media is blamed for copycat killings, it is fear mongers quenching their need to condemn an outside force for the terror in their lives.

"There was major controversy over the [Bloody Sunday] killings because there were so many of them over a short span of time. It indicates people really do still care. If it reaches the point where people really don't care, it would be incumbent upon us in the media to stop giving violence so much play," Honywill said.

Still, Honywill says a journalist can't inhibit his reporting or omit particular stories because he is concerned with an outcome of further violence or the effect on a community or group.

There is no link between the violence in society and the violence the media has reported - people don't read about someone committing murder and then go out and do it themselves, Honywill said.

He also says it's positive that readers care about violence as much as they do because we're still a relatively civilized society which means violence is hopefully out of the ordinary.

"Violence has been prevalent the last two weeks but before that our murder rate was way down. When we reach the stage that murder and violence doesn't matter anymore, then we're in big trouble as a society. That means it has become so commonplace that we don't care about it."

**Woman found slain in car T.O.'s 49th murder**

for violent

each paper has a self-imposed limit for pictures they will or will not use.

"Editors have to draw a

images,

# MORE BLOOD FLOWS

Etc.



# in news, film and music

## September 11 had a powerful impact on the violence in film

By ANDREA CHAMBERS

Although September 11 has heightened our awareness to the violence we see in movies, it is still undetermined whether or not society has become desensitized to media violence.

After September 11, pundits forecast that big bang, action-packed, terrorist-type movies would dissipate along with our craving for violence, but our appetite still exists.

The tragedy of September 11 did not stop the violence-filled *The Sum of all Fears* from ranking number one in rental revenue in Canada in the last two weeks.

Nor did *Training Day* and *The Fast and the Furious* have problems, ranking in the top five rentals in the last year.

Now, people are flocking to see MTV's Johnny Knoxville and crew perform dangerous and daring stunts in *Jackass: the Movie*.

It's crude, it's real, and it's number four in North America.

"I have not seen a change in my customers' preferences in movies after September 11," said Sean Tucker, store manager of Rogers Video in Rosedale.

"Entertainment needs are always the same. *The Sum of All Fears* is a big renter, as is *Liberty Stand Still*, a movie about a sniper who seeks revenge."

Still, some films were affected by the terrorist attacks a year ago.

*Collateral Damage*, an Arnold

Swartzenegger movie about the tracking down of terrorists, and *Big Trouble*, a film where terrorists smuggle a nuclear bomb into an airport, were initially removed from release due to their tragic similarities to the Twin Tower attacks.

They were both eventually released.

Michael Glassbourg, program co-coordinator for Humber's Film and Television Production program, said it may be possible September 11 actually made people more sensitive to violence, but only temporarily.

"After September 11, violence in movies was all of a sudden not entertaining anymore. But I can't help wondering if it was sensitivity or political correctness."

The last 40 years have seen an evolution of the cinema environment including an incremental escalation of violence.

Parents will recall the portrayal of death in movies back when it was instant and clean, when no one saw blood, gore, torture or pain like they do today.

The violence we see in contemporary films is a result of enhanced visual techniques that feed into the desensitization of viewers. Our fascination with blood and violence is being maintained through a process known as glamorization; slow motion effects, prolonged explosive scenes and an increase of blood and gore.

A desensitized society of filmmakers is struggling to raise the

threshold of acceptable gore and violence to create a reaction.

"You can't have the same explosion in movies," said Ricardo Briscoe, a first-year Media Foundations student. "People will always want to see something bigger and better."

The 1990s were a decade that saw the threshold of violence continuously raised by filmmakers in films like *Reservoir Dogs*, *Natural Born Killers*, *Saving Private Ryan*, and *Gladiator*.

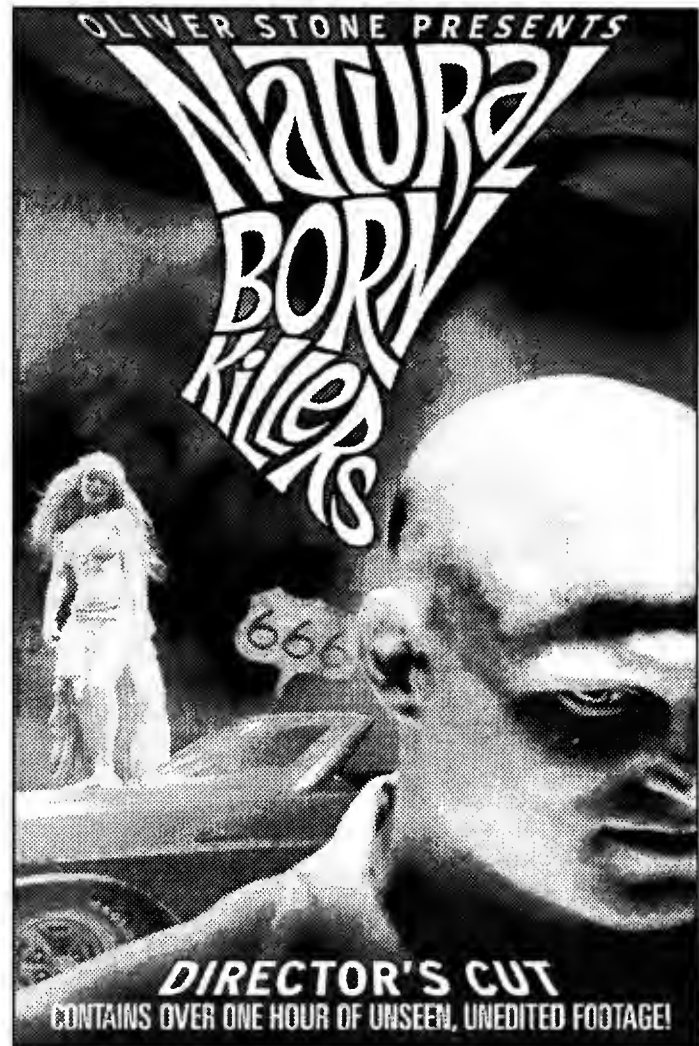
Glassbourg says it is difficult for filmmakers to deal with violence without being graphic.

"Even if the content of the story is important, it can't be done without glamorizing the violence, simply because they are dealing with an audience that is used to being desensitized."

Glassbourg said our acceptance of violence has escalated with the escalation of violence in film. "People become immune to the harsh realities of the world—the starving children, the panhandlers downtown—and choose not to do anything about it."

Glassbourg also says political elements benefit from the a viewer's desensitization to violence on the screen.

"The bombing of Afghanistan civilians is rationalized as going after terrorists. If North America were sensitive, we'd be out on the street protesting what Bush does," he said.



*Natural Born Killers*, touted by director Oliver Stone as a film about the media circus of life, looked at media's obsession with violence. Released in May 1996, the "Directors Cut" edition included the more than 150 cuts which were censored from the original 1994 release so it could receive an R rating.

## Not Blood Sweat and Tears but blood, mosh pits and broken bones

### Bands and fans revel in violent videos, shows and album designs.

By JAMES ROSE

Bye bye Britney Spears. People don't want Barbie, they're buying broken bones.

Violence in music has become more acceptable in today's society and bands like Slipknot are leading the charge. They have been known to break each other's bones on stage while performing their music.

Other bands like The Used who hail from Orem, Utah have left behind Mormon roots for a stage show in which they violate their own bodies and their crowd.

Lead singer Bert McCracken has been known to vomit on stage during a show.

"Our guitar tech had to pick up my guitar out of Bert's puke and I look up and there were two girls in the front row with white t-shirts with puke all over them," lead guitarist Quinn Allman said.

Music and violence have gone hand-in-hand since as early as the

'70s with the emergence of violent punk bands like the Sex Pistols. Sid Vicious was well known for his suitably vicious attitude and for cutting himself on stage just for the rush.

Violence in music does not only affect the band.

Violence can also propel itself from the band on stage into the bouncing bodies of the mosh pit where people are colliding off each other with the energy of a stage diver.

Some instances have cost concert-goers their lives. Jessica Michalik died in a Limp Bizkit pit in Sydney, Australia at the Big Day Out Festival. Although the band repeatedly asked the promoter to put up more barricades, they neglected to do so.

Bands have grown accustomed to crowd violence as a reaction.

Even with lighter acts like Ok Go, the expected "mosh pit" is going to be there, as fans surf, hit

and propel themselves into each other.

"If I ever get used to this I am going to be pretty upset," Damian Kulash, lead vocalist for Ok Go said.

Violence and music are now almost synonymous with each other, as most bands throw violence in their stage show, whether it is flailing around on stage or slamming their instruments off amplifiers.

Violence ends up being the best way for bands to upstage their opponents in the music business.

The crazier they get, the crazier the record buying public becomes, sucking up the violent gimmick like a kid with an order of McDonald's french fries.

But it doesn't just end with the stage.

Artwork in music videos has also become filled with violent imagery.

Certain treatments or layouts for videos like "Cleaning Out My Closet" by Eminem and any Korn video, depict graphic images of tormented children.

Randy Strohmeier of Finch said that during their video shoot, the director wanted to capture the violent nature of their live show.

"I was swinging my guitar around at the end of the video going all crazy and I hit [lead singer] Nate in the head," said Strohmeier. "He was bleeding all over the place and had to get eight stitches."

CD artwork can depict graphic violence as well. Cannibal Corpse has been notorious for using their albums covers as the mantelpieces of mutilating bodies.

Slayer has used violence in religion on their latest CD cover, which portrays a bloody Bible covered with protruding nails.

These images may offend some but they are more socially acceptable than before.

Everything has to evolve, but the consumer has to be more careful and understanding as well.

Careful not to get swallowed whole by these violent commodities and understanding to realize the performers are just doing the

job of entertaining.

Ozzy Osbourne, Kiss and Alice Cooper had to set the standard.

Yesterday they many have been known as morbid or grotesque. Today they are thought of as mild.

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# Enjoy a mystery dinner

## Whoever said 'playing while you eat' was wrong?

By JAMES ROSE

Imagine a smorgasbord of food, acting and improv all brought to your table for a night of entertainment.

Mysteriously Yours, a murder mystery dinner theatre in Toronto, brings you just that along with a twist of imagination and witty one-liners done on the spot.

"The audience can participate," Debbie Barton, box office administrator said. "Everybody gets the chance to chat."

Barton also said the interactive aspect is where they get the most reward.

Even though the mysteries are scripted, the actors shape the plot and dialogue around anything that can happen during their performance. Barton said some of the cra-

ziest times are when husbands in the audience stage the mystery around a wedding ring.

Improvisation is the backbone of these performances when actors sometimes forget their lines.

Mysteriously Yours has been at Limelight Theatre for three years catering customized murder the-

atres for tourists, corporate guests and also local families.

"That's part of the fun. Every night is a different night," Kelly Wood, box office administrator, said.

The Old Mill caters especially to seniors on Wednesdays for matinee showings of the same perform-

ance.

"You get to meet a whole new group every night, which is exciting," Wood added.

With plenty of double entendres, Barton is quick to add the mysteries are suited for people of all ages.

"There is no bad language in the mysteries, but we advise if they have young children to keep them under control," she said.

The mystery begins when a dead body is found after the audience finishes the last piece of cherry pie from the buffet meal.

"Because it's a genuine proposal it makes it that much more interesting," Barton said.

Wood added it isn't just the clients that make her happy, but the cast and crew make the experience feel like she's part of one big family.

"It's all just like an extension of home, so that's kind of nice," Wood said. "It's nice to have a new home for a change."

The premiere of Murder in Casablanca opens tonight at the Limelight.

For more information, visit [www.mysteriouslyyours.com](http://www.mysteriouslyyours.com).



Photo: Bujold

# Subtle scents aim to please

By PAUL GALLORO

Attracting a member of the opposite sex sometimes seems next to impossible, but the secret is all in the way you smell.

"Just as animals use scents to attract other animals, humans possess the same senses which are incredibly powerful for sexual attraction," a Web site for Human Euphoria, a pheromone chemical supplement, says.

Animals use scents to communicate many types of messages relating to food, territory and sex.

Pheromone chemicals produced by both animals and humans will bring out sexual behaviour and are used to entice a member of the opposite sex.

They trigger the brain and stimulate the body to create a subconscious sexual desire, the way a female dog in heat emits a scent to send a message to male dogs that she's ready for some action.

"It comes in many forms," Lori McCluskey, an employee at Seduction Erotic Boutique, said. "Wet makes a lube with pheromones in it, and Yes and Oz make perfume."

Like regular perfume, pheromones are applied on the hot spots behind your ear, on your neck, and forearms.

McCluskey said the smell is subtle but not attractive and suggests applying a regular perfume or cologne over it.

Critics say it's a double-edged sword. People who come in contact with the substance may not be too happy about being subconsciously manipulated.

"I wouldn't be too happy about it," second-year Recreation and Leisure student, Naomi Siddiqi said. "I'd feel taken advantage of and I wouldn't know if the relationship was true."

Pheromones adjust the area of the brain that controls social attraction and make others think you're more interesting, pleasant and sexy.

Friends and acquaintances are less likely to notice a difference compared to someone you just met.

People find others who work out attractive not only because of their physical appearance, but also because regular exercise increases pheromone production naturally.

Natural or artificial, the effects are the same. It's clear the hormone can turn anyone on.

"If there's nothing you can do about it, just go with the flow," Naomi Ronald, a first-year Fashion Arts student, said.

## Humber celebrates Ramadan with special events

By BOBBI THANDI

Muslims around the world are currently fasting from sunrise to sunset in observation of Ramadan, the holiest month of the year in Islam.

During Ramadan, special events are taking place in the college by Muslim Student

Association. Iftaree (which means breaking of fast) is available to students at sunset.

The Muslim Student Association has reserved room D223 for students looking for a room to pray in.

"We have that room available for Muslims to come in and pray

in between classes or whenever they have a free moment. The demand is so big that we're trying to get another room set up," Aamir Shaikh, president of Humber Muslim Student Association, said.

The festival began at sunrise on Nov. 6, and will last 29 or 30 days depending on the visual sightings

of the new moon.

Ramadan is the ninth month of the Islamic lunar calendar. Historically, it's the month in which the Qur'an was revealed to the prophet Muhammad 1400 years ago.

Fasting is the fourth of the five pillars of Islam, and is obligatory for all adult Muslims who are both physically and mentally able to do so. Fasting allows the body to rid itself of impurities and provides both spiritual growth and self-purification.

Muslims must abstain from eating, drinking, smoking and sexual relations, during each day of

"It gives me time to reflect and although it's hard, I feel so good after I've accomplished the fast."

Ramadan between sunrise and sunset.

Eid al-Fitr, the Feast of Fast-Breaking, marks the end of Ramadan. The celebration lasts three days and begins at the sighting of the new moon.

Most Muslim communities mark the festivities by having communal prayers, feasts, and share their good fortune by making donations to charities.

"It can be difficult at times, but I look forward to it every year. It gives me time to reflect and although it's hard, I feel so good after I've accomplished the fast," Shakeel Khan, a Business Administration student, said.

## Purify your body five times a day with prayer

By GIANNINA FRATTO

In every religion, prayer is an important tool used to communicate with a higher being or for meditation. But in the Muslim religion, it's for the benefit of the individual.

Majid Ahmed, a member of the Muslim Student Association, said that prayer is for the worshipper, not for the worship of God.

"We pray on a daily basis. It's an intellectual meditation, spiritual devotion and physical exercise," Ahmed said.

He said the main reason for prayer is to purify the heart from sins.

Prayer becomes an important aspect of a Muslim's life because when they reach a mature age. Parents instill the importance of praying.

"Prayer is not recommended for children because they cannot understand the magnitude of this special devotion," Ahmed said.

Parents don't enforce prayer but expect that their children understand the importance of

keeping up with the ritual.

Children, pregnant women or women who are menstruating, are not permitted to pray. This is observed because prayer is good for purification.

Purifying includes washing hands and arms, and if water is not available, participants must use the resources around them and perform the ritual anyway.

Some prayers are necessary and highly recommended. They are to be performed five times a day.

The Koran also stresses the importance of prayer, "And perform As-Salat (prayers) and give Zakat (donation) and bow down (or submit yourselves with obedience to Allah) along with Ar-Raik-un (those already offering prayer)."

Prayer elevates morale and purifies the heart and mind from evil sins.



Let us pray: Prayer is a great opportunity to rid the soul of impurities.

Photo: Shell Bujold



# Rest in pieces

## Where does your computer go when it dies?

By AMBER TOUTANT

People have different theories about where they go when they die, but what happens when a computer dies?

At Humber College, reincarnation is guaranteed, or at least recycling, according to Murray Tuck, the expediter of the purchasing department.

"They (computers) go to the IT department and they're given to other schools and divisions, if they're any good," Tuck said.

The Information Technology department uses these outdated computers in class labs, to show students how to take them apart and put them back together.

But eventually, these computers can't even be used there anymore.

"We do scrap some stuff that's worn out, like old printers and stuff," Tuck said.

But don't worry, nothing gets thrown in the trash.

"We used to have a bunch of monitors that were burned out, but we couldn't throw them out because of the gas inside them," Tuck said. "We used to have to pay a fee to have them recycled but we found this company that will do it for free now."

Arlen Metals driver Scott Gardener picks up the used computers from Humber and takes them to the plant to be melted down for their raw materials. Steel cases are removed, and the different computer parts are divided into categories.

"The chips and circuit boards are sorted," Gardener said.

They are sliced down to separate the metals further.



Photo: Amber Toutant

"A smelter in Quebec melts them into precious metals," he said.

Gold and silver inside the computers make certain components invaluable.

Even big companies like Hewlett-Packard are realizing that recycling computers is not only environmentally sound, but also profitable. They now provide this service for a small fee of \$20 - \$52 per item.

But Arlen Metals does not charge because of the value of the materials extracted.

"In the late '70s and '80s, a lot of the mainframe, those big computers, came off the market as obsolete," Gardener said. "One of those computers could have as much as \$4,000 in gold in it."

According to Gardener, although gold has reduced in value, from \$800 an ounce then to \$300 an ounce now, and the computers are considerably smaller, it's still a good business.

"We do incredible volume, we're the biggest in Toronto, and probably the biggest in Canada. We have a staff of 25. It takes more than three or five [employees] to do this," he said.

Despite its profitability, Gardener said he doubts the company will franchise out.

"We've got a perfectly good thing working now... it's been a family company for 30 years," he said.

Gardener said it's a service he is glad to provide. "I'm pretty proud of what we do. The only sad thing is there aren't enough companies that do this," he said.

# Old jacket comes back in style

By BOBBI THANDI

Looking for an alternative to the "bubble" jacket this winter? The peacoat has made its way back into fashion's must-have list for the winter.

The trend first appeared after World War II when peacoats filled Army and Navy surplus stores. But its longevity has been sporadic since the '60s and early '90s.

This is the coat's third attempt at a successful and lengthy comeback.

"The jacket has always been popular with people. Like many things in fashion, it's gone through cycles of popularity," Amy Gregorio, a fashion merchandiser for SM2 and graduate of Humber's Fashion Arts program said. "I think this winter, with all the other trends going on in fashion, it will be a key piece in people's wardrobes."

Peacoats have been filling store windows gradually as the weather gets colder. The Gap has an ad campaign, with celebrities like the Wallflowers' lead singer Jakob Dylan modeling the coats.

The Gap attributes higher sales rates to the campaign.

"We only got them in about three weeks ago, and we're pretty much sold out, they've been selling rather quickly," Gap manager



Photo: Kelly Lewis

Smart and sophisticated, the peacoat is versatile enough to go with any look.

Samantha Sabol said. "They're pretty popular. Many buying them are looking for a more dressed up coat."

The traditional look of the jacket makes it a nice alternative to the bubble vests and jackets that have dominated the past couple of winters.

It's so popular that even Paddington Bear has worn the coat for nearly five decades.

"I bought mine a couple of weeks ago. I've always liked this style of jacket because it looks good with a lot of different stuff," Neela Khanna, a Business Administration student, said.

The peacoat is a very versatile jacket and can be worn with jeans or dress pants.

## This week's HERO File ...

# "The more the merrier" takes on a whole new meaning here

By MARSHA KNAPP

A family of 20 kids and 32 animals may seem like a big extended family but for the Osbornes, it's just a regular day at the house.

Gina and Ray Osborne, have been married for 35 years and always talked about adopting children and animals.

So far, the Brampton couple has adopted 19 kids all of whom are now between the ages of 17 - 37. Seven are physically or developmentally challenged and two are from overseas.

While Gina was pregnant with her biological child, John, who's now 31, she and Ray decided to adopt a girl as well, Kristan. After adopting the 11 month old child, Gina became passionately involved with the adoption process.

"I think my parents have done an amazing job," Kristan, now 30, said. "They've supported their kids regardless of their choices."

A huge amount of work went

into the adoption process.

"We read everything about it and went to international conferences. A lot of people thought we were doing it for the wrong reasons," Gina said. "So we did everything possible to make sure for instance, that a child was going to be alright if he was black and we were white."

Kristan agrees, remembering that there were many negative comments from the community.

"My parents didn't listen to the criticism, and that's what was passed on to me. There's always going to be somebody negative. You have to go after what you want regardless of negative comments," she said.

Lindsey Campbell works for the family during the week helping out with chores and the animals. She met the Osborne family five years ago. She began by just hanging out and helping where she could until she eventually became part of the family.

"It's amazing what Ray and Gina have done. What I love, is



It's all in the family: The Osbornes never get tired of raising children.

that they don't look at each other as not being real brothers and sisters. They are in it for the long run," she said. "I don't consider it work because I do everything with them, like celebrate birthdays. I feel like one of their kids. I hadn't thought about it before, but now I realize I would totally adopt kids and animals. I would have a few animals, and maybe 4-5 kids."

Gina said that it's the passion that keeps her and Ray going.

"I am really passionate that children should have the right to be the best person they can be. We give 100 per cent of our energy and time to our children," she said.

She admits that at times things become pretty hectic, but she said she's able to keep things under control.

"I'm a woman and we learn to multitask all the time. If you have 20 kids, your whole life and house is geared to kids," she said.

Kristan agrees that while things are chaotic from time to time, the mishmash of personalities in the house makes it all worthwhile.

"Some days I may want to pull my hair out," she said. "But then I talk with my brother, who has no arms or legs, and it's like wow, he gets me laughing. And that's what it's about, you get different things from different people."

The Osbornes also run Finally Home, a pet hospice, and currently 32 animals are in their care. They started it nine years ago by rescuing animals. Gina became "attached to the animals and couldn't let them go."

"This is just the kind of people we are, maybe we humanize too much. But, we changed the worlds for these animals," she said.

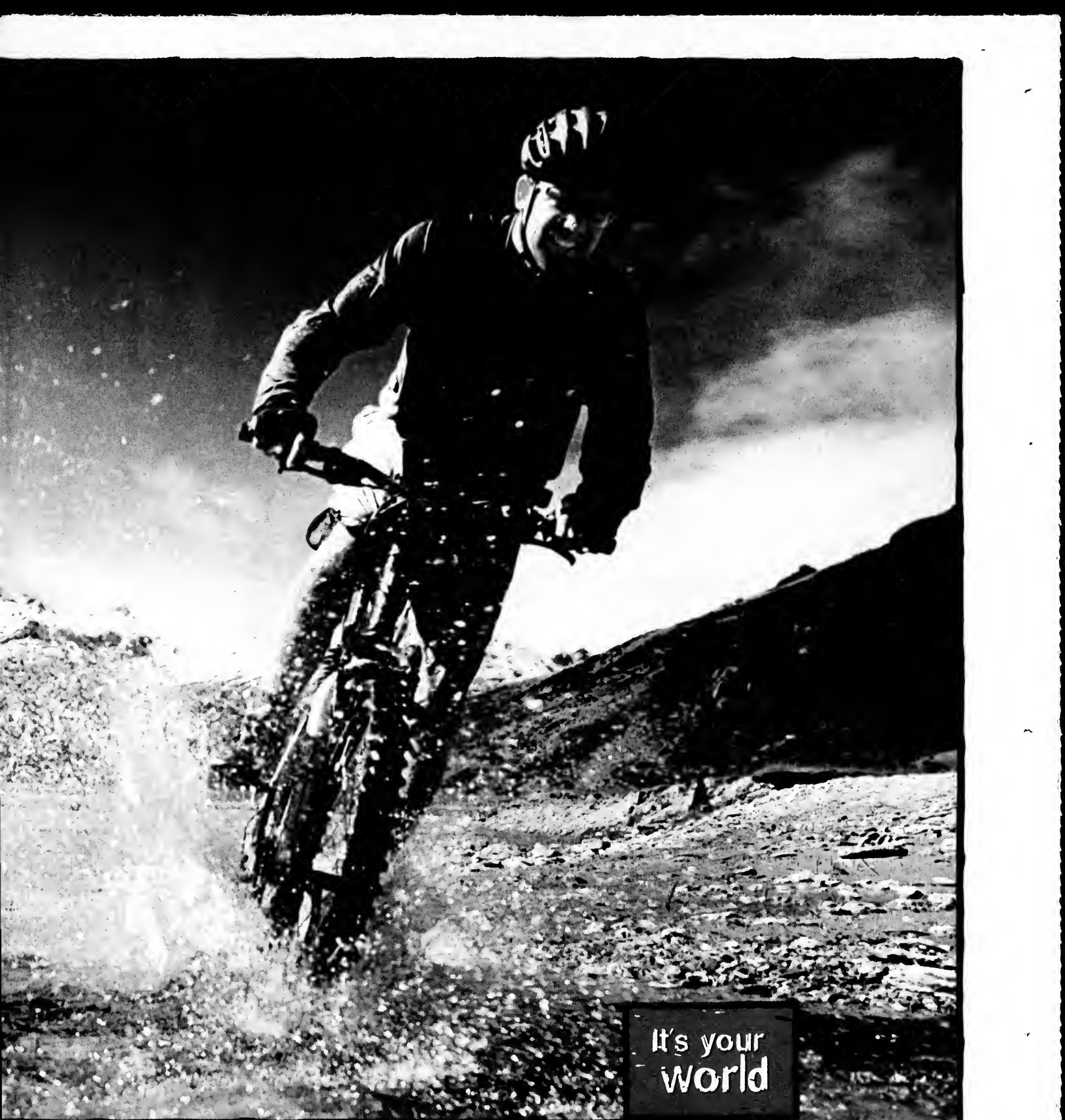
Three of their children have ties to Humber. John attended Broadcast Radio program, Tom was in Public Relations, and Miriam is currently in her final year of the Journalism program.



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## On Campus

# Big demand for animation grads

By ANDREW SMITH

Despite its average appearance, Humber's J wing is home to one of the best 3D design schools in Canada.

The 3D Broadcast Design and Animation and the 3D Design for Gaming and Interactive Entertainment courses teach students the necessary skills to become animators in the digital entertainment business.

Terry Posthumus, program manager of both courses, says there is a huge demand for students after they graduate.

"There's a real need in the industry for well-trained 3D animators," Posthumus said. "They need people who not only understand the 3D animation software,

but understand how to animate well."

This is the third year for the Broadcast Design and Animation course and the second for the gaming design course.

Where the gaming design course is focused primarily on the video game industry, broadcast design students learn skills for television and film, like post-production computer animation.

While students begin with a solid foundation of art skills, they are also taught to use some of the most advanced animation tools available. Some of the tools include Maya, Aftereffects and Photoshop.

Many of the computer labs were recently upgraded with new computers and graphics hardware.

"We at Humber College have to be on the leading edge of [technology]," Posthumus said. "Where industry relationships are concerned, we also have to be teaching the latest and greatest where techniques are concerned."

Graduates of the programs have gone on to contribute to shows like *Mutant X*, television commercials and an animated children's series.

While there are four major local competitors in the broadcast design field, Humber boasts itself as the only 3D gaming school in Canada.

Humber is also the only Canadian school to teach motion capture technology to its students. Using these tools allows Humber to produce some amazing talent, and Posthumus knows it.

"Canada produces the best animators, period," he said.

With all the advances in the technology, and the government giving full support to 3D design, Posthumus is eager to see how the program will improve in the future.

"Our objective, simply put, is to create the best entry-level animators, anywhere," he said. "We want people coming to us saying 'When



Students attending the 3D design programs at Humber are sought out by animation companies even before graduating. Graduates have contributed to shows such as *Mutant X*.

is your next graduation class happening, because we want first dibs', and when that happens, we'll

have reached our first goal. I'm looking forward to that happening, and it will happen, I'm confident."



Nearly 23,000 Ontarians paid between \$200 and \$275 to buy a personalized licence plate last year, in an attempt to be unique.

## Licence plates getting creative

By LEAH NONATO

Trying to remember your licence plate can be a tough task. However, it's far easier for those with vanity plates.

Just looking around the parking lots at Humber, you're bound to encounter a number of vanity license plates, like "K NETIC," "STRUTTER," or "FXRYXY 13."

Last year the number of personalized licence plates issued in Ontario was 22,889.

About one vanity plate per row of cars can be found in the college lots.

"The peak season for purchasing vanity plates is around Christmas," Andrea Coronado a Ministry of Transportation spokesperson, said.

She said many people buy vanity plates as Christmas gifts. The cost of personalized plates can range from \$212.60 (characters only), to \$266.10 (with a graphic).

"Although gift certificates are available, people mostly just buy the plates themselves," she said.

Students at Humber have different views on personalized plates. In an informal survey, most students said they would not get a vanity plate because they were too expensive. However, if they were cheaper, then they might consider it.

Nichole Martin, a second-year student in Fashion Arts, owns a vanity plate, which reads, "Q TEA PI."

The plate was a gift she received from her mother on her 16th birthday.

When she got the plate Martin thought it was really cute. However, as she matured, her views on her licence plate have changed.

"When I get a new car I won't be putting it back on. It was cute when I was younger, but now it will have to change," Martin said.

Half the students surveyed said vanity plates have to be creative and understandable.

"If they're clever, they're good. If you don't understand them, they're stupid," Anthony Iurio, an Apprentice in Plumbing student said.

By JASON BAIN

With the idea of a shuttle bus on the back burner, students are finding their own way from the North Campus to the Lakeshore Campus.

That includes the 84 students who attend class at Lakeshore yet live in the North Campus' residence, according to a Humber College official.

"I can assume they have arranged their own schedules with the TTC and carpooling," Director of Ancillary Services Derick Maharaj said. "It's hard to have a concrete idea."

Maharaj said a survey was issued by the college to organize a pay system to commute students from residence to Lakeshore, but very little feedback was given back.

Only five responded, even after the resident assistants spoke individually to those who attend the Lakeshore Campus.

The survey proposed four levels of service and after several attempts to communicate with the residents the college gave up and assumed everyone was all right with finding their own way.

Those who had difficulties were encouraged to go to Residence Manager Allison Alexander. To Maharaj's knowledge, none have seen her.

According to Alexander, students just didn't want the shuttle bus and are happy with what they are doing.

"There was a lot of work put into it," Alexander said.

According to Maharaj, a shuttle bus has been attempted in the past, but was not successful.

Maharaj said another factor is

the Humber Students' Federation would never fund the service because they are looking out for the interests of the entire student body and not just a select few.

Maharaj said the only people who may be upset are the eight residents who had their program shifted to the Lakeshore Campus.

Other than that, he said those coming to residence would have taken in to consideration the commute when they chose to live at the North Campus and travel to Lakeshore.

If the school could get the 48 people required to start a shuttle service, they would go ahead in the future, according to Maharaj.

Many students are finding the commute a challenge, but admit it is worth it.

"Because I have so many early



With no shuttle bus this year, students are finding their own way to commute between the North and the Lakeshore Campuses. The TTC and carpooling are two of the most popular choices.

Etc.



# Live music, live bands at Caps

By DANIEL COX

The Humber Students' Federation, hosted the first Indie night of the year at Caps last Wednesday.

What used to be the battle of the bands turned into a night where inspiring musicians can display their talent in front of peers.

Three bands, The Big Heavy, Junction and The Torn Down Units, participated, each band playing for about one hour.

The first group to play was The Big Heavy, consisting of Ben Rollo on drums and vocals, Ryan Eligh on lead guitar and vocals, David Tonelli on Bass and Mike Todd on lead vocals.

Eligh, a graduate of Lakeshore's Performing Arts program, said the night was an overall success.

"It's great to come out because it's a good cause," Eligh said. "I also like to hear the other groups."

Eligh said his band plays rock, funk, blues and hip hop.

"We love to rock, so anything is cool," he said.

Ben Rollo, drummer and vocalist for The Heavy, said the band found out about Indie night because of a previous show they did for the HSF.

"We actually did a show in the lounge, for Aaron Miller and he asked us to come back," Rollo said.

Todd said the band would like to have played a whole night.

Tonelli added he thought the audience turnout was great.

"When people had more alcohol, it got heavier," he said.

The second band of the night, Junction features Jackson Brent on guitars and vocals, Michael Taylor

"Tips" on drums and Matt Jameson on bass.

Brent found out about this evening through one of the band members.

"Our bass player goes to Humber, asked us to play, and we said yes," Brent said. "Yeah, we would come back if they asked us."

The last band of the evening was The Torn Down Units, with Ian Coburn on vocals and guitar, Dustin Dinoff on lead guitar, Dean Morrison drums and Chris Mullen on bass.

Coburn is a self taught musician whose influences include everything from the Rolling Stones and Johnny Cash to the New York Dolls.

"They were looking for bands to play and they got hold of us," Coburn said.

According to Rishi Gupta, vice-president of Campus Life, live bands are something students enjoy.

"We did it because people like live music," Gupta said. "Since our responses were good, we'll try to do it again."

An independent band day is scheduled for Nov. 20 in the Student Centre from 11 a.m. to 2 p.m.

Anyone interested in playing should contact HSF (KX 105) and speak to either Aaron Miller or Rishi Gupta.



Ian Coburn, Dustin Dinoff, Dean Morrison and Chris Mullen; members of The Torn Down Units were one of the bands who took part in the Indie Night Nov.6.

## Christian Fellowship helps out with Operation Christmas Child

By LEAH NONATO

Operation Christmas Child is a charity project that runs annually and provides needy children around the world with a Christmas box filled with toys.

Members of the Lifeline Christian Fellowship, a Humber Christian group, are taking part in this act of charity.

"Christ is seen as the greatest gift," Humber chaplain Len Thomas said. "Through giving, [Christ] passes along His blessings."

The main objective of Operation Christmas Child is to fill a box about the size of a shoebox, with toys and other trinkets

for children. Each box contains different articles that consider both gender and age.

Guidelines outline which toys you can and can't put in the box. For example, no toys that depict violence, like toy guns are allowed.

Operation Christmas Child was introduced by Samaritan's Purse, a

Christian relief organization, run by Franklin Graham, son of evangelist Billy Graham.

The annual mission started in 1993 and has delivered over 18.5 million boxes to children all over the world. Last year over four million boxes were distributed.

As boxes are given out, the chil-

dren are videotaped so the donors can see the reactions their contributions made.

Donations can be dropped off during the Christian Fellowship meetings, which take place Wednesdays from 4:45 to 6:45 in KX101. The deadline for the boxes is Nov.16.

## Pool sharks get your cue

By ANITA VERMA

Humber, among various other colleges, has been challenged to take part in the first annual intercollegiate edition of Centennial College's Corner Pocket Mayhem pool tournament.

The tournament will take place on Nov. 26, at 6 p.m. in Centennial College's student centre.

Each college will send two of its best 8-ball players to the tournament, competing for prizes and college pride against pool sharks from Fanshawe, Sheridan, Centennial, Seneca and Ryerson (the only university involved.)

The prizes are reason enough to enter the tournament. The grand prize is a cheque for \$1,000, second prize is a weekend for two to Montréal for New Year's Eve, courtesy of Breakaway Tours and third prize is valued at \$200.

To qualify as a Humber representative at the tournament, the student must win Humber's Annual Inter-collegiate 8-Ball Championship qualification, being held Nov. 20 in the games room.

There is no fee to enter this competition and the prize is enrolment into the Corner Pocket Mayhem tournament courtesy of HSF.

Humber's tournament is already sparking healthy competition by players who plan to take the grand prize.

"I am the best pool player at Humber," Ben Zettel, third-year Nursing student, said. "I can beat

anyone, and if anyone thinks they can beat me, I challenge you to put your money where your mouth is."

The tournament was planned and coordinated by Jason Moseley, Centennial College's Director of Student Activities, who says by collaborating, colleges can put on better events in the future.

"By putting on events with other colleges we have the potential to

create them on a larger scale because there are more people from different schools involved and it's more cost-efficient to coordinate large events," he said. "This pool tournament is the first event to involve other schools, and hopefully it will become an annual thing and sparks other events like this."



Students took part in the Twist-off put on by the HSF last Wednesday, competing for Raptors and Rascalz tickets.

## Twisting time is here

By NATALIE MANDIC

The HSF Twist-off on Nov. 6 had students from all programs twisting, turning and entwining in hopes of winning Raptors and Rascalz tickets.

The event, essentially a giant air bounce version of the popular party game 'Twister,' was held in the Student Centre from 10:30 a.m. to 12:30 p.m.

"It went well, some students got involved, others just wanted

to observe and both are fine. All we want is for students to enjoy themselves, and by having different types of events we feel we are accomplishing that," Vice-President of Campus Life, Rishi Gupta said.

Five rounds were held, with the winning contestant from each round entering into a draw, to take place this week. The winner will receive Raptors tickets or tickets for the Rascalz at Caps Nov. 12.

Etc.

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|--|---|
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| Half Past Dead AA                      | 12:30, 2:50, 5:10, 7:35, 9:50             |
| 8 Mile AA                              | 1:30, 4:00, 7:15, 10:00                   |
| The Santa Clause 2 (F)                 | 12:00, 3:15, 6:30, 9:00                   |
| 1 Spy (PG)                             | 1:00, 3:10, 5:20, 7:30, 9:40              |
| The Ring AA                            | 1:45, 4:15, 7:00, 9:30                    |
| My Big Fat Greek Wedding (PG)          | 12:45, 2:55, 5:00, 7:20, 9:35             |

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# Corporate partners wine and dine at awards dinner

By ADAM COHEN

It was an evening of high-powered mingling, dining and awards as Humber welcomed its corporate partners to its Strategic Relationships Awards Dinner last Thursday night.

The dinner was designed to honor all 27 corporate partners that sponsor each of Humber's schools to help prepare students for the workforce.

"Our students are the reason we are here. There is little point in training students for jobs that don't exist. The only way to predict what jobs will be around in the future is to have the advice and knowledge of the corporations making their plans for the next five years or so," Board of Governors Chair Stuart Smith said.

Smith said the equipment the corporate partners help provide is a huge advantage for Humber because there

is no room in the school's budget for most of the equipment they finance and donate.

"Students can't go into the workplace mystified by the equipment they have to be able to use the latest," Smith said.

According to Smith, major corporations stand to gain as much from the partnership as the school does, calling it "a marriage where each party requires the other."

Hewlett-Packard President and CEO Paul Tsaparis, a keynote speaker at the dinner, spoke about the importance of developing students for the future.

"It's critical that we be able to develop a highly talented workforce here in Canada, and the private sector does have a role to lead Canada into the 21st century," he said.

Tsaparis also made note of the

many high-calibre students and potential full-time workers he has seen in his years partnered with Humber.

"I have had a lot of exposure to people coming through Hewlett-Packard and I have been very impressed with the quality of the Humber students that have come through," he said.

Tsaparis says he has to evaluate many proposals for partnerships and said Humber's entrepreneurial ability and willingness to take risks with initiatives makes the college a great partner.

DaimlerChrysler Canada, this year's nominee for the Association of Colleges of Applied Arts and Technology of Ontario, is partnered with Humber to upgrade Chrysler employee's education, allowing them to fill future management positions.

"It's important for Chrysler to be here because we have watched the first ever on-site degree program in a large manufacturing organization. It's the first time its really been done in North America," said Ian Smith, dean of Social and Community Services.

"The partnership has allowed our employees to gain something that they would have never got while allowing them to boost their morale and set higher goals," Christine Hamilton, of DaimlerChrysler said.



Caps played host to an all ages karaoke night last Friday, where students could sing to their heart's content.

## Sing-a-long night at Caps

By KRISTIE KENT

Caps held a Karaoke night last Friday for students who are underage so they too could experience a pub night.

This event happens one Friday a month and is organized by Humber residence.

Their first all-ages event took place in October, which brought over 200 people in to sing Karaoke. For this event, 170 people attended.

"Everyone who went had a good time and that's the main goal," Colleen Parton, residence Life Coordinator, said.

The staff working at Caps identified the underage students by a wristband that is worn by

students that are 19 years or older.

Katie Appleton, a Karaoke host, was called in to attend this event. She has been to the school before and enjoys coming here.

"I like this crowd because they're young, fun and hype," she said. "I would love to come back here."

The group organizing Karaoke nights are looking into doing different events for underage students like, movie nights. The plan is still in the works.

On November 27, at Caps, there will be a semi-formal party residents.



First year Accounting student, Raman Mangat and first-year Computer Programming student Manavjot Kaur, took part by dressing in elegant, traditional Indian apparel, known as a salwaar kameez.

## Diwali festival is geared for all

By ANITA VERMA

Complete with a dj playing Indian Bhangra music, the pipe was the place to be last Monday.

An audience formed to watch as enthusiastic students turned the Student Center into a dance floor during the Diwali celebration.

The Humber Indian Students Association (HISA) put on the event to rejoice in the traditional Indian festival of lights called Diwali. The celebration was the perfect opportunity to showcase the beauty of traditional South Asian culture at Humber.

"We're basically trying to create a festive holiday on campus, not targeting any specific culture but to bring ours out to everyone and express our happiness on this day," Kuljit Gill, a member of the HISA board of directors, said.

All students, regardless of their ethnicity, were encouraged by Gill to taste the food, admire traditional South Asian art, and join the party on the dance floor.

"We're using traditional food, art and music, as our outlet," he said. "We're selling samosas,

doing henna designs, and if you don't know how to dance, come dance with me and I'll teach you."

Richard Szvath, a second-year Computer Programming student, accepted Gill's invitation and joined his friends on the dance floor to Bhangra, a traditional Punjabi dance, and got more than just a prize out of it.

"I had fun dancing, and since all my (Indian) friends were dancing they got me to do it I find them very accepting," Szvath said. "I think it's good because it's bringing the whole school and all ethnicities together to celebrate a big Indian festival, and it gives a light-hearted festive feeling."

Raman Mangat, a first-year Accounting student and her friend Manavjot Kaur, a first-year Computer Programming student, both dressed the part in elegant traditional Indian apparel called a salwaar kameez.

"We're dressed in Indian suits for the traditional function of Diwali," Kaur said. "We're celebrating the festival of lights, where we burn candles and lanterns, and pray for health and happiness."

## Rascalz hit it up at Caps

By KATIE KNOX

The groups IRS and Rascalz rocked the house with cuts and beats at Caps Tuesday night.

"It's good to get shows like this at Humber," Mike Kalcie, an Electronic Technology student said. "There are a lot of kids coming and everyone's happy and it's a good scene."

IRS, which includes Black Cat, Korrydeez and T.R.A.C.K.S., opened for Rascalz. These down-to-earth Toronto natives have toured with Canadian artists like Godsmack and Treble Charger.

"Negativity doesn't affect us," Black Cat said. "We stay focused."

IRS are completely dedicated to their fans and don't feel they're above small venues like campus bars.

The Rascalz consist of Red 1, Misfit, Jafus and Kemo (the dj who was sick.) They took their time going on stage, making sure to make a dramatic entrance.

The band is known to support and promote Canadian artists who are devoted to their music.

"Excellent performance," Drake Warwick, a Business Management and Financial Services student said. "HSF went to a great extent to please the students with well known Canadian artists to increase Humber morale."

Rascalz took the time to interact with their audience, posing questions and talking on-on-one with their fans.

"Small venues are more intimate, people appreciate it more. You leave knowing the people," Red 1 said.

The band also encouraged people to buy CD's instead of to burn

them, in order to support Canadian artists.

"If you don't support Canadian artists and their music, Canadian music will die," Red 1 said.

The crowd was a diverse mix of people, which pleased the Rascalz who are known to promote equality.

"I don't want to be a role model, but I accept that I'm one," Red 1 said.

Although the house was not packed for the concert, the people there were loyal fans staring up from the floor while Rascalz and



The Rascalz, Red 1, Misfit and Jafus entertained fans at Caps Nov.13.

IRS came together, both groups were rapping in sync.

For more information see [www.rascalz.ca](http://www.rascalz.ca).

## Free legal advice at HSF

By JASON MAGDER

Humber students can receive free legal advice just by booking an appointment in the HSF office.

Every two weeks, a lawyer spends close to two hours meeting confidentially with students.

"He doesn't provide any kind of litigation, like he won't appear in court," Nadia Conforti, vice-president of Administration North said. "But he can give you advice on what kind of action you can take."

The lawyer will offer advice from anything to landlord and tenant issues to sexual harassment.

Conforti added, the HSF does-

n't advertise the free legal advice too widely because the response would be too big.

"We'd have to start hiring a lawyer then, and that's not what we want," she said. "But definitely it is promoted within, when people do come into the HSF office."

Appointments are granted on a first-come, first-served basis.

"He's a really good resource for students to use. If you need legal council, he can direct you towards that," Conforti said.

The lawyer's next visit is Nov. 21. Appointments can be made at the HSF office, or by calling 416-675-5051.

Etc.



# Health

*Alleviating chronic stress requires time and determination*

## Patience needed to de-stress

By ALICIA REWEGA

Over 67 per cent of Canadians between the ages of 18 and 24 reported having high levels of life stress in 2001, according to a Statistics Canada survey.

Students who experience excess fatigue, acne, headaches, depression and insomnia may be living under too much stress, said a Brampton life management coach, Marlene George.

"There are always choices and

people dealing with stress need to pick a direction and go in it; it's all about their perception," George said. "Every stress can be dealt with, but you have to do something about it."

"Complaining changes nothing. People need to go after what they want," she added.

However, alleviating chronic stress requires time and determination, and George said patience is required.

November is easily one of the more stressful months of the year for students because of approaching exams and Christmas.

Lack of money, unrealistic expectations and social and academic pressures are only a few causes of stress for college students, according to the Heart and Stroke Foundation's guide to coping with stress.

It suggests proper nutrition is often effective for stress management.

A Heart and Stroke Foundation report advises limiting caffeine and alcohol, since caffeine is a stimulant, which adds to stress symptoms, and alcohol is a depressant, which aggravates stress.

A stress-relieving diet, also recommended by the Heart and Stroke Foundation, includes eating breakfast, spacing meals evenly through-

out the day and consuming more vitamin C rich foods such as citrus fruit and a variety of vegetables.

These will help eliminate stress because adrenaline glands use vitamin C during stressful situations.

Eating more protein and complex carbohydrates like bread, cereal and pasta are also good ideas since our bodies use more of these when we are under stress, the report said.

"Ninety per cent of our patients' problems are stress-related but even when it is physical, there's an underlying stress."

According to Nadera Persaud-Buffett, owner of The Stress Shop in Whitby, exercise and relaxation are two important factors in maintaining stress.

Geared towards stress management, the Stress Shop's facilities include massage therapy, acupuncture, yoga classes and other alternative medicine for stress relief.

"Ninety per cent of our patients'

problems are stress-related but even when it is physical, there's an underlying stress," Persaud-Buffett said.

Acupuncture and massage therapy are great stress killers since one of the most common symptoms of stress is muscle tension.

"The problem with stress is when it occurs over a long period of time and your body is constantly into that system, there is a risk of accumulative damage," Persaud-Buffett said. "That's why stress needs to be dealt with. It can't be put off or ignored."

Besides soothing tight muscles, massage therapy also incorporates deeper breathing which triggers a relaxation response, Tiffany Peterson, third-year massage therapy student at Centennial College, said. "The feeling of someone touching you tricks the brain into being relaxed."

George said it is necessary to make a conscious effort in all aspects of your lifestyle to cope with stress.

However, she also said some stress is important.

"Without it we wouldn't get out of bed in the morning to go to school or work," George said. "There is such a thing as positive stress, which we use as a motivator."



Photo Alicia Rewega

**Rub-a-dub-dub:** Massage therapy soothes tight muscles, while deep breathing triggers relaxation.

## Bone disease labeled "silent thief" by experts

By LISA HARRIS

Osteoporosis has already struck 1.4 million Canadians, including one in four women over the age of 50, and one in eight men.

According to the Osteoporosis Society of Canada, women are at a higher risk of developing the disease after menopause because of the loss of estrogen.

Osteoporosis is a deterioration of bone tissue and does not have symptoms. However, those with the disease are more susceptible to fractures, especially hip, wrist and spine.

"It's called the silent thief, you don't get aches and pains," Cathy Loveys, from the Osteoporosis Society of Canada, said.

Emmy Gershaon, who works at Baycrest Centre for Geriatric Care in Toronto, said three main guidelines can prevent this disease from occurring.

"Do exercise, and try to have a lot of calcium dairy products and vitamin D," she said.

Calcium helps build bone, density and vitamin D helps the body absorb more calcium. The best

source of calcium and vitamin D is milk.

Dairy products, oranges, soy beverages and green vegetables all contain calcium. Vitamin D can be found in chicken, liver, egg yolk, sardines, fish and liver oils. Skin exposed to sunlight produces vitamin D.

Loveys said avoid excessive amounts of alcohol, caffeine and smoking.

A Bone Mineral Density (BMD) test is available to determine if you are at risk of developing osteoporosis. The test scans the hip and spine and detects thin bones.

"People need to be aware," Loveys said. "Because we can't see [bones], we don't take care of them."



Even though we can't see our bones, officials say we still need to take care of them.

For more information, call the Osteoporosis Society of Canada at 416-696-2663 or 1-800-463-6842.

### Ask the nurse

North Campus Health Centre nurses answer your questions...

**Q:** Why is it necessary to get a PAP test?

**A:** Regular PAP tests can detect early signs of cervical cancer.

Cells are removed from the cervix (opening of the uterus) with a small medical spatula and a tiny brush, and are sent to a medical laboratory for examination. The cells are screened for any abnormalities.

It is necessary for all women to have a PAP test every year for the first three years after becoming sexually active.

If these first tests are normal, you should have a PAP test every two years until you are 70.

Changes in the cervix can occur without you knowing it. About one in 10 PAP test results shows an abnormality.

However, this does not necessarily mean you have cancer.

They are often caused by an inflammation or an infection in your cervix or vagina.

Further testing will be done and your doctor will explain results and what will happen next.

For more information, see your doctor or the nurses at the Health Centre, or call the Canadian Cancer Society's Cancer Information Service at 1-888-939-3333.

**Do you have a health question? Don't be shy. Ask the nurse. Questions will be answered weekly and are kept strictly confidential. Send e-mails to: [humberhealth@hotmail.com](mailto:humberhealth@hotmail.com).**

Etc.

# Diabetes is diagnosed every eight minutes

By MELANIE COUTO

According to the Canadian Diabetes Association, more than two million Canadians have diabetes. That number will reach three million by 2010, as one more Canadian is diagnosed with the disease every eight minutes.

In an effort to raise awareness and connect people with the tools and resources they require to live with the disease, the association has declared November Diabetes Awareness Month.

Matt LeMay, association coordinator for Renfrew County in Pembroke, said his branch will attend several health fairs to make presentations and discuss diabetes management.

"The main outcome of this month is to raise awareness and to try and reach the 750,000 people who have diabetes and are not aware of it," he said. "We also try to encourage everyone over the age of 45 to have their blood glucose levels checked."

Diabetes occurs when your body can't properly store and use glucose, a form of sugar, for energy.

Currently, the disease cannot be cured, and it is the leading cause of death by disease in Canada.

Adriane Beaudry, the association's branch coordinator for Peel Region, said there are three types of diabetes.

"The main outcome of this month is to raise awareness and to try and reach the 750,000 people who have diabetes and are not aware of it."

Type 1, or juvenile diabetes, occurs when the pancreas stops producing insulin.

Type 2 and gestational diabetes, which affects women during pregnancy, occurs when the pancreas is still producing insulin but either not enough or your cells won't accept it.

Type 2 diabetes affects 90 per cent of all people who are diagnosed with the disease.

Beaudry said symptoms of diabetes include unusual thirst, fre-

quent urination, unusual weight loss, extreme fatigue, blurred vision, frequent infections, cuts and bruises that are slow to heal and tingling or numbness in hands or feet.

"It is important for the general public to learn the symptoms and to realize that the risk factors include a lot of people," she said.

Complications from diabetes can result in heart disease, blindness, amputation, foot ulcers, dry skin, digestive problems and sexual dysfunction.

Beaudry said she feels Diabetes Awareness Month is an excellent time to spread the word.

"We need to inform the public about the disease. What it is, how people develop it and where people who have it can get information and support," she said.

She also said the Canadian Diabetes Association does not receive funding from the government and must raise money for its programs through corporate gifts and public donations.

"Working within the community is the best way to solicit donations and create support for this disease," she said.



A blood sugar test is used to check glucose levels in the blood and determine if they are in the appropriate range.

*"There is a growing trend toward healthy eating"*

## Restaurants bite into Eat Smart program

By ANDREA MAMMOLITE



Local restaurants, like Subway on Queensplate Drive, are awarded Eat Smart decals for providing healthy choices on their menus.

Dining out is an easy way to fit in a meal. However, the fatty oils and rich creams many restaurants use to enhance flavour can cause a number of life-threatening diseases.

Eat Smart, Ontario's Healthy Restaurant Program, is searching out restaurants that help Ontarians reduce the risk of heart disease, stroke, diabetes and obesity.

The program is designed to give those who have to eat out or enjoy eating out the opportunity to make healthy food choices.

"Our overall goal is a reduction of food-borne illness and chronic disease, predominately cancer and heart disease," Joanne Figliano, public health nurse with the City of Toronto, said. "Also, the incidence of obesity is on the rise and with more people eating out there is a need for restaurants to provide healthier food choices."

Eat Smart is a joint venture organized by the Canadian Cancer Society, the Heart and Stroke Foundation and Ontario's Public Health.

Figliano said the program originated at Toronto Public Health. The Heart and Stroke Foundation and the Cancer Society joined after realizing they were all working towards a common goal.

The program works by encouraging restaurants to provide a variety of healthy food choices on their menu, and to satisfy customer requests for healthier food substitutions at no extra cost.

"There is a growing trend toward

healthy eating and the food industry needs to be aware of this in order to cater to these people's needs," Amanda DiLoreto, Hospitality Management student, said.

Restaurants are encouraged to participate in the program by being awarded an Eat Smart certificate from their local public health unit, free direct promotion of the establishment by a listing on the Ontario Eat Smart Web site and in their community dining guide.

Some communities advertise Eat Smart restaurants on billboards, transit ads, radio stations and in newspapers and promote them at special events.

For a restaurant to be eligible for the Eat Smart Award, it must offer healthy food choices, have an excellent track record of less than three minor health infractions, have at least one full-time kitchen employee certified in safe food handling and must designate 50 per cent of the seating area as non-smoking.

"Fast food and family style restaurants are the targets of the program because those are the places where most families go to eat out," Figliano said. "A question often asked is how fast food restaurants like Pizza Pizza and Subway can be on the Eat Smart list. It's because they are offering healthy food choices."

And choice is the main reason for the program.

Restaurants awarded the Eat Smart name are given a window decal for the public to identify them from outside the premises.

There are 850 Eat Smart restaurants in the province.

Listings of Eat Smart Restaurants in your area can be found at [www.eatsmart.web.net](http://www.eatsmart.web.net) or at [www.city.toronto.on.ca/health/](http://www.city.toronto.on.ca/health/).

Etc.



# Bathe away the dry skin

Tips from a local dermatologist could save your skin from the alligator look this winter

By JACQUELINE BOULET

Scented oils and lotions are not the best way to moisturize dry, winter skin.

According to Dr. Paul Cohen, a Toronto dermatologist, simple, less-costly products are the best way to retain your skin's natural moisture.

"Emollients are lubricants that help smooth and retain moisture on the skin. When you are buying a moisturizer, look for one rich with emollients," Dr. Cohen said.

Humectant is a substance that promotes the retention of moisture and also helps draw water to the skin's surface.

Scented lotions, like those from beauty care stores, are typically low in humectants and have little or no emollients.

A personal skin routine is important, since your body does not retain as much moisture in the winter months.

Dr. Cohen suggests:

- Don't over-bathe. Most people only need to bathe twice a week.

- Take baths over showers, and add unscented bath oil to moisturize skin.

- Moisturize directly after showering while skin is still damp.

- Get a humidifier. The cold air

makes your skin less able to hold in moisture.

- If you are exposed to water where you work, like serving and washing tables, bring hand lotion with you and apply often.

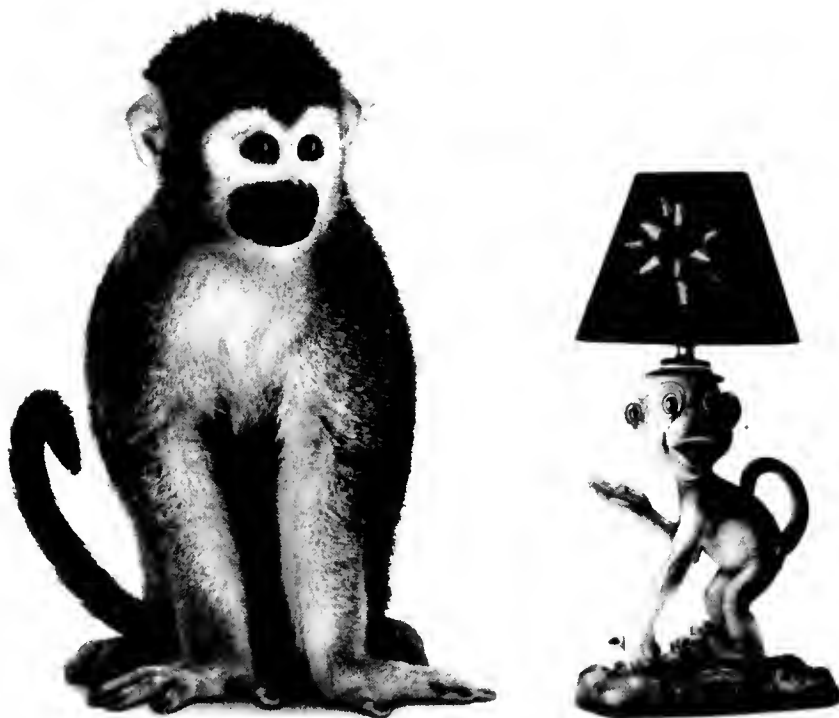
Dermatitis and eczema are

patches of the skin that are rough, red and dry.

To treat these conditions, see a doctor, as they sometimes require a cortisone cream.



Adding unscented bath oils to your bath will help keep skin moisturized.



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## For Your Own Good

November 14

- Diabetes symposium. Ontario Science Centre, 770 Don Mills Rd. 5:30 p.m. to 9:30 p.m.

**Ongoing Osteoporosis support group meetings**

- Third Wednesday of every month, Southbrook, 400 Ray Lawson Blvd., Brampton. 1:30 p.m. Info: (905) 702-8038 (Angela).

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# Take a walk in Middle-Earth

By MANUELA SPIZZIRRI AND PHIL BERNARDO

The authenticity of *The Lord of the Rings: The Two Towers* exhibit at the Royal Ontario Museum makes visitors feel as though they've been transported right into the imaginary world of J. R. R. Tolkien's Middle-Earth.

Alliance Atlantis, along with Bell ExpressVu, Harper Collins, HMV, Sharp among others, present an experience that will leave you breathless and wanting more.

"It's been a zoo on the weekend," Jonathan Warberg, ROM employee in charge of *The Two Towers* exhibit, said. "It's great to see adults and kids alike excited about this. When they walk into the exhibit, you can't tell who the adults and the kids are half the time. Eyes wide as saucers, jaws to the floor, adults literally look like kids walking around with that lost kid walk."

The exhibit is set up in chronological order of both the movie and book.

"The whole concept of the exhibit is to feel like you're entering Middle-Earth," marketing manager Joanna Miles said.

Displayed in the ROM's McLaughlin Planetarium Building, the exhibit has been attracting people of all ages since its opening on Halloween.

The exhibit offers a prelude to *The Two Towers*, the second movie in the *The Lord of the Rings* trilogy, set to open in theatres Dec. 18.

The whole event took six weeks for the original set design staff from the motion picture to set up. All of the costumes and weaponry were shipped from New Zealand and are the same ones used in the movie.

The exhibit takes visitors through an enchanted journey where it's easy to forget that it's all fantasy and illusion. The whole tour of the exhibit takes about 20 minutes to complete, but a die-hard Tolkien fan could spend up to an hour drooling over the sets and props.

"I've gone through my mind wondering how they put it together in 5 1/2 weeks in the first place," Warberg said, "and how they got the touch of the rocks and the trees when they're actually made out of Styrofoam."

The props, costumes and atmosphere were astonishing for many of the people who attended the exhibit.

"Everything was really well put together here," Lauren Hill, a music student at Mohawk College

said.

"The lighting was really well put together. Displays were really good. I think they could have extended a little bit more on the small pieces that you don't see too much of in the movie, but they add that much to the topic and the actual effects of everything," she said.

Last year's exhibit was held at Casa Loma in Toronto and featured more *The Lord of the Rings* movie props and costumes, than actual sets.

"Truthfully, last year's was a little bit more charming," U of T Film Studies student, Dru

Viergever said. "It had the setting in a castle, so it had sort of a creepy factor."

Nonetheless, Miles said they have received a better response from the public this year. Response from the public is reflected in ticket sales, which sell both in advance and at the door.

*The Lord of the Rings: The Two Towers* exhibit runs until Dec. 1. Admission is \$15 for adults, \$12 for students and seniors, and \$7.50 for children 14 and under.



*The Lord of the Rings: The Two Towers* exhibit is a journey into the world of J.R.R. Tolkien. It runs until Dec. 1 at the ROM.

## Spotlight

# Canadian band rocks theme song for Fox drama series

## Toronto sound heard on hit TV show 24

By PUNEET BAJAJ

After beating out some big name bands battling to have their song air on Fox's hit television show *24*, Toronto band Memory Bank has no plans of slowing down.

The band had some tough competition for the show's season premiere. Their song, "Sirens," went head to head with bands like Coldplay, but Memory Bank came out on top.

"I received the paperwork and gave verbal permission for the song to appear in the season premiere," Frank Guidoccio, bass player, said.

The band's name came from a novel, *Memorybank Movie*, but according to Guidoccio, the name of the band is deeper than that.

"It represents stories from the past," he said. "Like when we did this, this and this. It's something that everyone keeps with them and has."

*Winter Kept Us Warm* is the band's first album together. The album was released in September, and the response has been great so far.

"It's a good album and a great break for us," he said. "For an independent band trying to get exposure, [*24* helped]. It's great."

Ironically, within 24 hours the band's popularity jumped up several notches with U.K. interests and labels.

"We're feeling the fire right now," Guidoccio said. "Pursuing the U.K. market first is the right step. Our type of music does



Toronto band Memory Bank's song "Sirens" is the theme to the Kieffer Sutherland show which airs Tuesday's at 9 p.m. in a living room near you.

better there than here."

Guidoccio classified the band as a moody, psychedelic, dramatic rock band and sees the odds in their favour to make it in the music world.

"Cycles of music come and go," he said. "We enjoy making music together. It's all

that drives us being satisfied with our art."

News about the band and songs from the album can be heard online at their Web site, [www.memorybanksound.com](http://www.memorybanksound.com).

The series *24* airs on Fox Tuesday evenings at 9 p.m.

Etc.



# New punk supergroup ventures into everything but punk rock

By AARON SAWYER

A punk rock supergroup has formed, but the end result may not be what most people expected.

Tim Armstrong from Rancid, Travis Barker from Blink 182 and Box Car Racer, and new recruit Rob Aston, make up the group, The Transplants. They recently released their self-

titled debut album.

With Armstrong and Barker being such prominent figures in the punk rock community, the debut record would presume to be nothing more than a punk record, but that is not the case.

"I don't really know how to describe the record," Aston said. "Since the record came out, I've had all sorts of people ask me what this record was and I can't answer them. It has elements of hip-hop, reggae, dance hall, it has everything. Punk rock is the backbone for the record, but this is not a punk rock record."

Virtually unknown to punk fans prior to the release of The Transplants album, Aston met Armstrong while working as a roadie for punk band, AFI. Armstrong would later recruit Aston to put down vocals over top of previously recorded tracks.

With the merger of Armstrong and Aston,

the Transplants were born.

"Tim and I were driving around in his car one day and we were listening to tracks he had recorded with no vocals. He asked me to put vocals over them and obviously I wasn't going to say no to Tim Armstrong," Aston said.

"So we went into the studio, and having never been in a band before I was scared shitless. But everyone was really supportive and we got through it," he said.

When the record was complete, Armstrong and Aston felt something was still missing from the album.

"It still didn't sound full enough. So we thought we should go out and get the best drummer we could find. That's when we called Travis. He came into the studio, layed down the drum tracks in like five hours and the album was done," Aston said.

Due to the obligations Armstrong and Barker have to their other bands, The Transplants had to take a little more time getting the wheels in motion, but Aston assures a full tour is on the way.

"We may have to do things a little slower, but a tour is going to happen. Because the other guys have their thing with Blink, Box Car Racer and Rancid, we have to wait a little longer than most bands would before we tour," he said. "Hopefully we'll start touring in February or March, but it's going to happen. This isn't a one-time thing."



The Transplants feature Rancid's Tim Armstrong, Blink 182's Travis Barker, and former AFI roadie Rob Aston.

## Reviewed this week:

### New Pearl Jam album is hot

By JON DUNFORD

With its seventh studio album, Pearl Jam is once again playing by its own rules.

Like the band's previous albums, *Riot Act*, which hit stores Nov. 12, explores a wide range of styles and emotions. It is also the

band's strongest effort in years.

*Riot Act* guides the listener through a smorgasbord of styles. From the punky "Save You," to the fragile acoustic ballad "Thumbing My Way," to the blues-romp of "1/2 Full," the band keeps the listener guessing.

The band shifts moods and changes sound while maintaining basic universal themes of life, death and love.

Vocalist Eddie Vedder borrows the title phrase from The Beatles classic "All You Need is Love" in one of the album's most powerful tracks, "Love Boat Captain."

### The mafia gets musical in *Whiskey Serenade*

By MANUELA SPIZZIRRI

The on-going fascination with organized crime, particularly the Italian Mafia, seems to be at the forefront of entertainment. Even musical theatre has decided to take a stab at the portrayal of this criminal group.

*Whiskey Serenade* tells the true story of Rocco Perri and Bessie Starkman, Canada's infamous criminal couple of the 1920s.

The cleverly written play by Ralph Small and Mitchell Kitz, takes place in Hamilton and Toronto and follows the lives of the Italian man and Jewish woman from the day they met in 1912, to Bessie's death in 1930.

The play begins on August 16, 1930, the day of Bessie's funeral. Two women enter the stage, gaze far into the audience, and sing a humorous song about the funeral procession.

The rest of the performance flips back and forth between that day and various days in the past, as Rocco reluctantly tells a reporter how he met Bessie, fell in love, and how together they ran a successful operation bootlegging alcohol and narcotics to the U.S. during the 1920s Prohibition Act.

Highlights include a number of hysterical soliloquies by the reporter, played by Drew

Carnwath, and Rocco's timeless words to him, "I don't kill people, they die all by themselves."

The brilliant acting, dancing and singing is performed by a talented ensemble cast, headed by Sam Owen (Rocco Perri) and Jennifer Gould (Bessie Starkman).

Even the sometimes difficult to speak Italian accents are surprisingly believable.

With the exception of the sketchy and a little unsettling ending, *Whiskey Serenade* encompasses all the elements of a truly entertaining musical, with a slice of Canadian history.

The sold-out opening night performance on Nov. 8 had audience members raving about the show.

"It was very good," audience member Fabio Ventura said. "It moved pretty quickly, it

As expected from the band, a little bit of politics is thrown into the mix. In one of the most intriguing tracks, "Bu\$heaguer," Vedder lets his displeasure with President George W. Bush be known in the witty, mostly spoken, song.

"Drilling for fear...makes the job simple...born on third...thinks he got a triple," Vedder says over a pounding rhythm.

*Riot Act* sounds familiar, yet at the same time unlike anything the band has ever done. It's Pearl Jam's quest to continue evolving that makes this such an enjoyable listen.

Pearl Jam will showcase a few new songs from *Riot Act* on The Late Show with David Letterman tonight and again on Friday.



A scene from *Whiskey Serenade*, which runs Tuesday through Saturday at the Toronto Centre for the Arts until Nov. 23.

was humorous...the Italian was very accurate."

"I loved it," Tanya Scata said. "I thought it was excellent. I thought the acting was really good, the singing was really good. I really liked it."

*Whiskey Serenade* plays Tuesday through Saturday in the Studio Theatre at the Toronto Centre for the Arts, 5040 Yonge St. until Nov. 23. Tickets are available at Ticketmaster or the theatre's box office for \$30, \$25 for students and seniors.

## What's up?

•Nelly and the Lunatics are at the ACC on Nov. 18 at 7 p.m.

•Tori Amos is at the ACC on Nov. 23 at 7:30 p.m.

•The Temptations play at Roy Thompson Hall Nov. 15 at 8 p.m. Call (416) 872-4255 for ticket info.

•Bundle up 'cause Santa Claus is coming to town! The Toronto Santa Claus Parade begins on Sunday at 1 p.m.

•The Reel Asian Film Festival begins on the 27th and runs until Dec. 1. Visit the festival office at 80 Spadina Ave. between 10 a.m. and 4 p.m.

•Metallic rockers Clutch play the Opera House Wednesday at 8 p.m.

•Love to laugh? Watch two improv teams compete head-to-head at Cagematch, held every Sunday at the Rivoli. It begins on Nov. 17 and runs until Dec. 29. Tickets are \$5.

•Southern metal supergroup Down, featuring members of Pantera, Corrosion of Conformity and Crowbar, play the Opera House on Friday. Tickets are \$27.50 and can be ordered by dialing (416) 870-8000.

•Aging Canadian rockers The Rheostatics will be at the Horseshoe Tavern every night from Nov. 13 - 24 at 9 p.m. Tickets are \$10.50. Call (416) 870-8000 to order.

•*Half-Past Dead* debuts on the 15th, starring Steven Segal, Ja Rule and Kurupt.

•*Star Wars: Attack of the Clones*, *Juwanna Man* and *The Importance of Being Ernest* all come out on video and DVD this week.

- With files from Kristine Hughes

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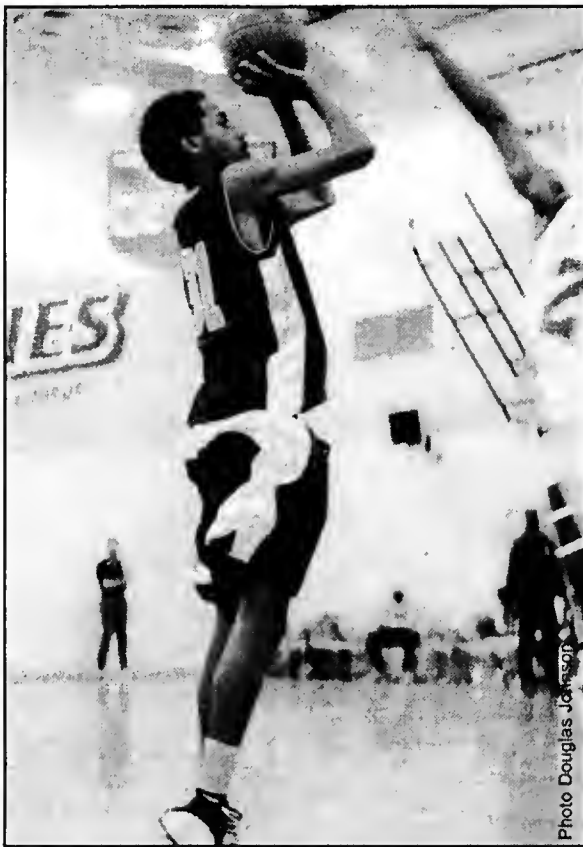
Etc.

# Season starts with road victory

## George Brown falls to Humber squad in first game

By DOUGLAS JOHNSON

The Hawks men's basketball team started the regular season on the right foot last Wednesday with a victory over George Brown College.



Aron Bariagiabre tries to shoot over a George Brown defender during the Hawks' season opener.

After weeks of tune-up exhibition games and tournaments, the Hawks walked into a packed and boisterous George Brown gymnasium and left with the win, beating the Huskies 72-62.

Humber led for most of the contest, but allowed the Huskies to get back into the game by turning the ball over many times in the second half.

Head coach Mike Katz said he was happy to get the win, but was disappointed in the number of times his team turned over the ball.

"We made some shots, but at the same time we turned it over way too much in the second half," Katz said. "They're (George Brown) scrappy and they play aggressively down here."

"We didn't get that much out of our point guard play," he added. "I was disappointed with that, but part of that is their defence. But we got the win."

Hawks forward Justice Rathwell echoed his coach's complaints about the Hawks' play, but also saw some encouraging signs.

"We turned the ball over a lot, that's something we're going to have to eliminate," he said. "Also we can't miss our foul shots. I don't know what was going on there. Defence-wise however, the intensity was good, we ran a good zone and we created some steals from that."

Tamique Yong led all Humber players with 15 points, while Neriya Tsur and Dejvis Begaj had 13 and 12 points respectively.

Begaj was happy with what he saw from his team, but noted that in the future, the Hawks have to play a complete 40 minutes.

"In the first half, I think we played pretty good, even though they were making some shots," he said.

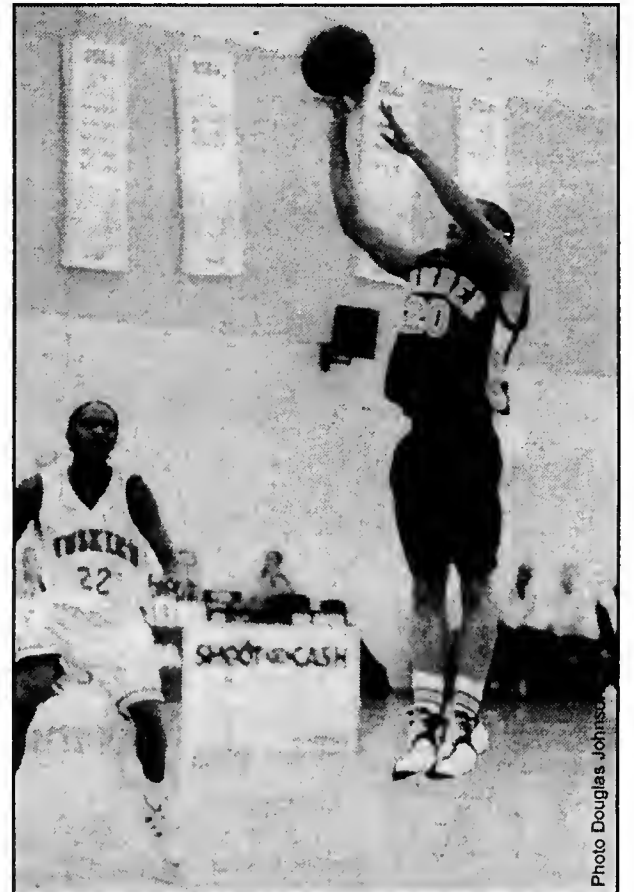
"In the second half we let it down. We were rushing too much on our offence, we were turning the ball over, but I think our defence overall played pretty well," Begaj added. "It's the first game, we're going to learn from it."

The game also marked Raymond Morgan's first visit to George Brown after leaving the school two years ago.

The point guard took a good ribbing from the rowdy fans who came out to watch the game.

However, Morgan said he didn't let all the excitement get to him.

"I just look at it as another game, I didn't really get into the hype," he said. "It was expected of me to be emotional,



A Huskies' player looks on helplessly as Hawk guard Ray Morgan lets a shot go in last week's away game.

but I just took it in stride. It's another game, another victory. It's all about winning."

The Hawks' next game is Tuesday night, as the team makes the trip down the QEW to play Mohawk College in Hamilton.

Humber will be the Mountaineers' first opponent of the season.

## Men's team struggles in win over Sheridan

By TODD CLARK

The Humber Hawk's men's volleyball team won their home opener against Sheridan Thursday night despite playing inconsistently throughout the match.

The much more experienced Hawks won the match 3-1 (25-13, 23-25, 25-19, 25-15).

The Hawks dominated the first set on both offence and defence and it looked like the home team would cruise to a 3-0 sweep over the Bruins.

They should have, but they didn't.

It was the second set that had coach Wayne Wilkins shaking his head as the Bruins clawed their way back into the match winning the set 25-23 and tying the match at one a piece.

Wilkins summed up the overall game with one word, "inconsistent."

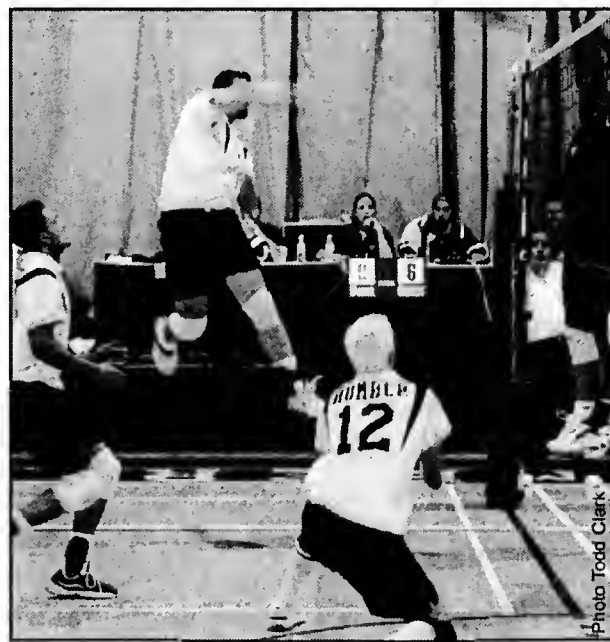
"I tried to remind the guys that the good teams don't let up. We have a focus problem and we're addressing it," he said.

Hawks player of the game Richard Wittemund, who led the team with 11 kills and nine blocks, said the team didn't perform up to par.

"We had mental lapses. We underestimated them after the first set, but we came back in the third and fourth sets," he said.

The Hawks indeed looked bored after the first set as the Bruins at times looked as if it was their first time on the court. They were no competition for the Hawks and couldn't even routinely bump Hawk serves.

"They're experienced and we're inexperienced," Bruins assistant coach Elie Shermer said. "We're scared coming into this building and it showed during the first set as we



The Hawks rally to put some points on the board during last week's home court victory against Sheridan.

**Support your Humber  
Hawks Men's Volleyball  
Team!**

**Tonight  
vs. Georgian College**

**Thurs. Dec. 5  
vs. Centennial College**

**Both games start at  
8 p.m. at North Campus**



# Hawks recover from slow start to win home opener

By REBECCA VIRGIN

The women's volleyball team managed to pull out a win at their first home game of the season against the Sheridan College Bruins.

After a poor start, losing the first set 25-22, the Hawks adjusted their game, coming together as a team. They went on to win three sets in a row.

The second set was a close match seeing the two teams battling for the momentum. The Hawks came out on top, winning 25-21.

After winning the battle in the second set, the Hawks took their momentum and ran with it, collecting an easy third set victory 25-14.

They had to hold it together and fight again to win the fourth set. Sheridan led late in the game (24-22) on a questionable call, allowing the Bruins to go to match point.

The Hawks didn't let that stop them and eventually managed to grind out a win 29-27. Match point was scored on a kill from rookie power player, Risha Toney.

Despite the win, the Hawks were disappointed with their play.

"We're in a bit of a rut right now, we're making young team mistakes and we're just not communi-

cating," head coach Chris Wilkens said. "Right now we're not playing as a team together."

"We played that whole match in trouble as opposed to being in control," Wilkens said. "We need to learn how to dictate the flow of the game and be in control of the match and we're just not doing that right now."

"We need strong leadership, we need us to grow as a team and that's going to take time," Wilkens added.

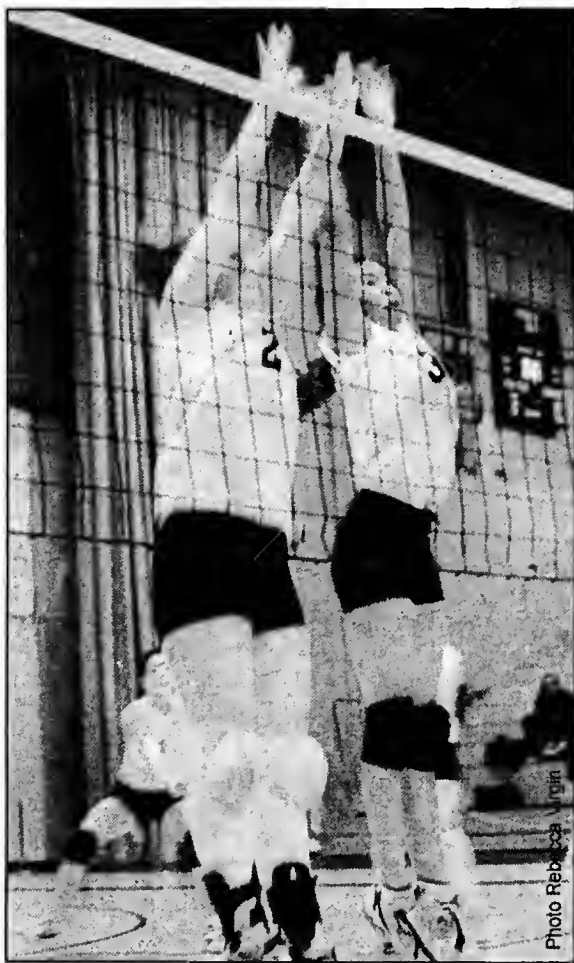
The Hawks often look to Carrie Moffat, team captain and third-year veteran, and player of the game for leadership.

"I don't think it was the best game for all of us. I think that everyone, including myself, has played better and I don't know what happened. I really don't. It just wasn't the best game," Moffat said.

The Hawks play again tonight against Georgian College. The game will begin at 6 p.m. in the North Campus gym.

"Georgian isn't typically a strong team but we need to prove to everyone, including Georgian and our coaches, and even ourselves, that we can play," Moffat said.

"We have to get prepared. We have to work hard all week long and work hard when we play them."



Setter Alison Legenza and middle Risha Toney are in perfect sync, teaming up to block the attacking Sheridan Bruins last week.

Photo: Rebecca Virgin

## Women's b-ball team crushes first two opponents as season opens

Inexperienced team hopes to capitalize on strengths

By MIKE FISH

The Humber Hawks women's basketball team started their season with a bang, thumping the Loyalist Lancers 77-53 on Tuesday, after defeating George Brown 70-42 in their season opener last week.

Although both games were solid victories for the young team, the Loyalist match-up was probably much closer to team expectations.

"We did much better from the foul line in this (Loyalist) game," head coach Denise Perrier said. "If we get to a tighter game, it's going to come down to the foul line."

Against George Brown, the Hawks shot only 22-of-46 from the foul line, improving to 21-for-32 against the Lancers.

Despite that improvement, Perrier pointed out that the team will have to work on other facets of the game.

"We'll definitely have to improve our passing," she said.

The problem, says Perrier, may lie in the team's

enthusiasm, though, rather than a lack of ability. "We're very fast. Maybe that's our problem. We're too fast." The team made some errors in both games, creating a lot of turnovers.

But if the first two games of the season are any indication, the team's strengths will overshadow their weaknesses. The Loyalist game served as a better test than the game against the Huskies, but the Hawks were still able to come out with a decisive victory.

"[Loyalist's] not a bad team, they're much better than last year," she said.

Forward Miranda Pyette led all scorers in both games, with 24 points against the Huskies and 28 against Loyalist.

Pyette also chipped in with some excellent work on the boards, playing a strong defensive role in both games.

Pyette was not the only Humber standout, as Karine Nicolas also contributed for the offence. She had 11 points against George Brown and nine against Loyalist.

Guard Julie Yagi is also showing some skill early on, controlling the play and showing that she is one of the top ballhandlers on the team.

The team now heads to a tournament at Durham College in Whitby Nov. 15-16.

"We did much better from the foul line in this (Loyalist) game. If we get to a tighter game, it's going to come down to the foul line."

## Inside the locker room

Toronto: world-class sports city...



By KRISTINE ARCHER

Having visited many of the most famed cities in the world — London, Paris, New York — I consider myself to be in a position to evaluate Toronto on a global scale. And in some respects, I would concede that our fair city is somewhat lacking.

But that is not the case when it comes to supporting our sports teams.

Many people, including my esteemed co-editor, would argue that Toronto is merely a hockey town.

More specifically, it is the Leafs' town. I can't argue that the blue and white will always capture the lion's share of the Toronto sports fans' attention.

It is after all the second-oldest franchise in the city and they play the game Canadians consider their national sport. And their successes (while rooted 35 years in the past) are enviable. But to claim Hogtown supports nothing but the almighty puck is a simplistic viewpoint.

Toronto boasts four major

league sports teams, all of which have ample support. No, they don't sell out every game. But if that were the sole criteria, most major North American cities would be in the same boat as T.O.

Support for the Blue Jays has definitely taken a nose-dive, but there is still a strong fan base — stronger than many other cities threatened with contraction. Not to mention that success, which has eluded the Jays in recent years, breeds support.

The Argos drew 24,000 at last weekend's playoff game, a number that seems paltry considering the 50,000-seat venue the Boatmen are saddled with. But

that's a few thousand more than the much-touted sell-outs the Montreal Alouettes draw at 20,000-seat McGill

Stadium. And the Raptors routinely sell-out and have the advantage of a youthful fan base that is literally growing up with the team.

There is interest and discussion about all of the city's teams. Whether those discussions come second to debates about Mats Sundin's choice in hockey stick should not burden Toronto with a one-team-town stigma.

The Leafs are number one, but they are but one of many.

...or a one-ticket hockey town?



By JOHN-PAUL MCNALLY

Being a sports fan — or more importantly, a hockey fan — in Toronto, is no easy task. It's no secret that I'm not the biggest Leaf fan. In fact I hate the Leafs. But that doesn't mean I can ignore the hoopla that surrounds them.

With sell-outs for every game, increasing ticket prices and more die hard Maple Leaf supporters than many of us care to know about, Toronto is by far a one-sport-town.

If you don't believe me, just ask any hockey fan who supports a team besides the Leafs. Here in Toronto wearing another team's jersey leads to insults, bashing and horn-honking. It gets even scarier in the playoffs.

Think about it. If you see someone wearing a Yankees jersey, does anyone bother them? The Blue Jays stink anyway right?

Overall it doesn't matter if the Leafs sink or swim in the NHL, even starting the season so weakly this year hasn't caused attendance to drop, nor will it.

The Blue Jays and Argos struggle to bring in enough crowds to keep the teams alive, and every year we see new and creative ways to bring them in. Commercials on television, promotions on the radio — they even give away tickets. When was the last time you heard a commercial telling you to buy Leaf tickets?

I have to admit the Raptors' fan base is growing and each year

they get more fans out to support the team, but the fact is Maple Leaf fans pack into bars and restaurants during the

playoffs just to watch the Leafs quest for the cup, showing dedication to a cause that other Toronto teams yearn to have.

Networks bid for the rights to broadcast Leaf games and pay big money to bring the blue and white onto the screen. So in short, the Toronto Maple Leafs are Toronto's most popular team, and if they lose every game this year fans will still be there, cheering their favorite team, whether I like them or not.

# Del Duca keeps hopeful outlook for next season

## Hawks remain poised to return to top next season

By JOSEPH MUCIO

With last year's gold medal victory at the national championships, heavy expectations were placed on the men's soccer team to repeat this performance.

Returning forward Vito Del Duca believes last season's success may have come at a heavy price - namely losing at this year's provincial championships.

"I felt that no one came out to play. We took [the championship] for granted. They made us look like a joke but this game also taught us a lesson on how hard you have to strive to be number one," Del Duca said.

Although the team came home with a bronze medal, Del Duca, like most players, felt little consolation considering the pressure to win back-to-back national titles.

That drive to succeed has been the foundation for Del Duca's stellar career. Del Duca helped lead his high school, Holy Cross Catholic Secondary School, to an OFSAA provincial high school championship.

At that time, Del Duca was being courted by many NCAA Division I-A schools and actually received a formal scholarship offer from Syracuse University.

Despite the prestige of attending a major U.S. college, Del Duca dreamed of attending Humber to



Del Duca looks to improve over this season's 6-0 semi-final loss to Seneca.

follow in the footsteps of his uncle, Franco Vaiano.

After two years as a Court and Tribunal student and Hawks soccer standout, Del Duca said he is very proud of the decision he made.

"Humber has made me feel very comfortable. It's like my second home. I love having the chance to represent the school," he said.

Coming into this season, the Hawks had only five returning players from last year's roster. This fact helped drive Del Duca to become one of the leaders on a young squad.

"My goal was to lead this team back to the promised land so they can feel what I got to experience last year," he said.

On a personal level, the season proved to be a positive one for Del Duca, as he finished second to Seneca's Kadian Lecky for the OCAA scoring title with 11 goals in 12 games.

This has pushed Del Duca's two-year totals at Humber to 18 goals, and with another two years left before he graduates Del Duca hopes to one day challenge Jesse Calabro's career mark of 35 goals.

Looking ahead to next season, Del Duca believes there is a lot of potential to challenge for the CCAA championship once again.

"We are suffering two big blows in losing Arturo (Alava) and Mehmed (Mehmedoglu) but I'm really happy with the 12 veterans we are gaining in this year's rookies who will be a huge part of next year's team."

Even though he is only 19 years old, Del Duca has 16 years of experience to his credit and wouldn't trade these memories for anything.

"Soccer is something I love and it makes me happy. I would die for this sport."

# Hawks take second in a row with weekend win

By JOSEPH MUCIO

In a game that featured 14 penalties, the Humber Hawks men's hockey team easily defeated their rivals from Seneca College 7-2 largely based on the strength of their special teams.

Humber tallied two short-handed goals in the second period by Jamie Chikoski and Chris Pugliese.

For head coach Joe Washkurak, there is no simple logic for the Hawks offensive display when killing a penalty.

"I wish I could explain it. I think that sometimes what happens is on power plays, we try to get too technical and on penalty killing we have it down to an art," he said. "We like to pressure the puck, and unfortunately Seneca did a good job. Tonight we kept pressuring them and we got some good chances and the guys buried

them. That's the bottom line."

Down 2-1 after 20 minutes, with their lone goal in the first coming off the stick of James Rodak, the Hawks used a three-goal outburst by Seth Gray, Matt Sheir, and Mike Oliveira in the third period to break the game wide open.

With back-to-back seven goal efforts, Washkurak said after the game that it was the team's com-

**"Tonight we kept pressuring them and we got some good chances and the guys buried them. That's the bottom line."**

mitment to defence that impressed him the most.

"Tonight's been the best game we have played in the

regular season. I think we didn't play that well defensively against Conestoga, giving up four goals, but tonight they came to the forefront. We only gave up two goals and one was even short-handed, so I think our defence finally lived up to what they're supposed to be, and they are good players so we're happy about that," he said.

**Come cheer on Hawks hockey  
Sat. Nov. 23 vs. Fleming at  
7:30 p.m.  
Sat. Dec. 7 vs. Cambrian at  
7:30 p.m.**

# Hockey team evens record with 7-4 victory

By CORY SMITH

The Humber Hawks hockey team showed it can play lackluster hockey and still win games, but it's not something they want to make a habit.

The Hawks beat the Conestoga Condors 7-4 last Wednesday afternoon at the Westwood arena, but failed to resemble the dominating team they were throughout most of the pre-season.

"The Guys just thought it would be another cakewalk," Hawks coach Joe Washkurak said. "We're

a little temperamental right now."

The first period was the Hawks' best, as they raced out to a 3-0 lead on goals by Terry Chikoski, Chris Pugliese and Seth Gray.

Humber was controlling the play in the first and peppering the Conestoga netminder from all angles, but misfired on a number of chances that could have blown the game open.

Instead, they held a 3-1 lead after 20 minutes.

The second period was largely uneventful until the 15-minute mark, when Hawks forward James

Rodak was given a five-minute major penalty for hitting from behind.

"It was a pretty borderline call," said Washkurak, who still gave credit to the linesman for making the call.

After the hit, players from both teams converged around the injured Condor player and defence-man Eric Thomson ended up trading punches in a lively scrap with a Conestoga player, in his first fight of the year for the Hawks.

But it was Conestoga who took the momentum from the fight, scoring six seconds after the melee.

The Hawks led 3-2 after two periods and were in danger of falling to 0-2 on the season, but the top line of Chris Pugliese, Terry Chikoski and Scott Barnes combined for six points in the third period to ice the Hawks victory, evening their record at 1-1.

"Terry, Barnes and I got something going," said Pugliese, who finished the game with two goals and two assists. "I felt I had to come out and have a good period."

Despite the win, it wasn't the performance that Washkurak or Pugliese was proud of.

"It was a pretty bad effort," said Pugliese. "Right now as a team from the goal line to center ice we're not very strong."

Washkurak wasn't pleased with

how goaltender Nick Grainger played, but said it was a case of Grainger following the mediocrity of many teammates.

"He's just found a groove with some of the other idiots he's playing with," lamented Washkurak, who added that his team's occasionally sloppy play was a result of

players missing practices.

"If you want to win a championship you have to do extra things, and I know for a fact that we're not doing that."

Rounding out the scoring for Humber were Barnes, Jeremy Bloomfield and Jamie Chikoski.



The Humber Hawks thrashed the Condors last week, recovering from their first game loss against defending champions St.Clair.

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