

Students reminded to recycle, page 2



Lady Hawks clinch semi-final spot, page 22

Humber Et Cetera

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www.humberetc.com

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Poster riles mental health advocate



The photo used to promote the Asylum by the Lake pub night has sparked controversy.

JASON SPENCER
LIFE REPORTER

HSF will host the 'Asylum by the Lake' party on Oct. 29 at Lakeshore campus even though SickKids recently withdrew as beneficiary of the similarly-themed "Powerhouse of Terror" charity event.

Deniero Bartolini, HSF vice-president of Campus Life Lakeshore, said he is taking full responsibility for the poster of the Halloween pub night that features an archive photograph of a woman in a straight jacket that was labelled as an "unknown patient" on Agatha Barc's asylumbythelake.com website, which chronicles the history of the Lakeshore Psychiatric Hospital that closed in 1979.

"The poster represents everything I'm against," said Agatha Barc, 23.

Barc, a fourth-year English student at University of Toronto, said she started the website because the fascination people have with the supernatural overshadows the patients as real human beings who suffered mental illness.

Barc said the event is being held at Lakeshore's K building – which was built with labour from patients at the facility.

Bartolini said the theme party is linked to the history of the asylum at Lakeshore and the stories of the campus being haunted. The event will feature staff dressed up as doctors with test tubes at the bar.

"We're still going through with the same theme because we don't see a problem, even if someone complains," said Bartolini, 24. "[But] we don't want to make a mockery of it," added

the third-year, international business student.

Jeremy Letkemann, 22, is the HSF graphic designer who made the poster. He said it was his decision to use the photograph because the event was supposed to be authentic. The third-year design student said he chose the image of the unknown patient because it was "psychiatric."

Barc said the picture seems like an excuse for trying not to be offensive, but the message is sensational, inappropriate and hypocritical. She said the photo was made for historical purposes, not for entertainment or shock value.

Both Letkemann and Bartolini said they're aware of the controversy at the Powerhouse of Terror, but still proceeded with the asylum theme.

"Nowadays everybody is offended

so easily," Bartolini said.

Melissa Mendes, 20, is the vice-president of Campus Life North. She said she was also involved in planning the event, but was unaware of the Powerhouse of Terror backlash.

"I understand that people won't like the name, but at the end of the day it's just an attraction," said the third-year Guelph-Humber media studies student. She said HSF represents students, so if students complain, she will make changes, but so far the response and ticket sales for the event have been great.

"It's Halloween season – I thought it's cool to play along with it," said Bartolini.

"It's pretty disgusting," said Barc.

For information about the history of the Lakeshore Psychiatric Hospital visit: www.asylumbythelake.com.



Throw away the razors, Movember arrives Nov. 1

Full story on page 17

Movember is an annual event where men grow moustaches to raise money for men's health and prostate cancer research.

Allie Hunwicks



Jeremy Cohn

The college's electronics get recycled at Toronto Recycling Inc.

Landfill no place for college's electronics

JEREMY COHN
NEWS REPORTER

While Humber has a strategy to dispose of old electronics, the IT department is reminding students and faculty that everyone needs to properly dispose of their own electronic waste.

"Electronic equipment such as computers and TVs should never be thrown into a dumpster," said Ryan Burton, director of IT planning at Humber. "It's going to end up in a landfill and that doesn't do any good."

Burton said Humber has had an electronic waste program in place for several years.

Each of Humber's 5,000 computers on campus is replaced every four years, and Burton said it's crucial to be environmentally friendly when disposing of aged technology.

Last year Humber bid to select a company to remove the college's antiquated technology.

While pricing was a factor of the bid, the most important factor was avoiding sending any electronic waste to landfill, said Emily Eyre, Humber's manager of purchasing services.

"Once we deem an item to no longer be of use to Humber it is sent to Toronto Recycling Inc., who strips the product down to extract parts," said Burton. "Some of their profit is given back to Humber."

Toronto Recycling Inc. is one of

only 14 companies in Ontario who do on-site electronic recycling.

The company is able to process 50 tonnes of waste daily and thousands of computers per year, said Kurt Altinbilek at Toronto Recycling Inc.

Items that don't have a reuse value are sent to a disassembly line where everything is sorted into different recycling categories, said Altinbilek.

"Plastics are melted down for reuse, and metals are sent to the refineries."

Computer monitors are some of the most hazardous electronic waste products because they contain mercury, Altinbilek said.

"Humber is making a serious effort toward disposing old technology and nothing has ever been disposed of in a way that I'm not proud of," said Burton. "People who own electronics also have the responsibility to dispose of them properly."

There are no fees associated with getting rid of old electronics and Altinbilek said that spending just a bit of time to be environmentally friendly will go a long way.

"I would urge people to get a friend, load their old electronics into their car and find the nearest drop-off site," he said.

Toronto Recycling Inc. also has a free drop-off site at their Richmond Hill location. More information can be found at www.torontorecycling.com.

Career Week aims to prepare students for life in job market

RYAN BRISTLON
NEWS REPORTER

Students will have an opportunity to revise their resumes, take part in mock interviews and receive advice from working professionals as Humber's second annual Career Week plans to be much more than just a simple career fair.

Angella Nunes, employment adviser at the Career Centre, is responsible for co-ordinating Career Week and said last year's event was a "trailblazing experience."

Nunes said the purpose for this year's event has changed slightly from last year, focusing more on career-building tips and advice on how students can get on the career path they desire.

Sarah Jorstad, 20, a resume tutor at Humber's Career Centre, said a table will be set up outside the centre so interested students can bring in their resumes for evaluation.

Jorstad said resume tutoring is "a very utilized" service year-round and

is excited to see the turnout for the event.

Municipal, provincial and federal contacts are expected to attend including the RCMP and the Certified General Accountants of Ontario.

Most of the employers involved in the event are bringing in freelanced recruitment teams.

This is something Nunes said is a good thing.

"Instead of having HR, these people are sent," she said. "These people are good for tips and have a handle on the hidden job market."

She said the recruitment teams have a better sense of trends and what's on the horizon and they are very non-threatening.

These employer representatives will be conducting mock interviews in conjunction with the resume tutors, allowing students to build their confidence levels.

Career Week comes in the wake of a Statistics Canada report that showed a further decline in the province's unemployment.

Students are embracing the idea of Career Week but some worry that it comes at a poorly scheduled time.

"I think that it is helpful but I'm busy," said Lydia Locherer, 19, second year creative photography student. "It would be cool to do that kind of thing early in the school year before everything gets intense."

First-year comedic writing and performance student Paul Lewelt, 25, agrees that the timing could be better.

"I believe it would be beneficial to have it twice a year," he said. "One at the beginning of the year for those who need a job to support themselves through college and one later in the year would help those who have work experience and would like to acquire a better position."

Career Week will take place from Nov. 1 to Nov. 5, with daily resume clinics and an industry and association fair on Wednesday where students can 'discover the benefits of becoming a member of a professional association.'

Lakeshore fashion institute finds a new home in former swingers club

ERIN JONES
NEWS REPORTER

The million-dollar Fashion Institute, housed in a former swingers club on Lakeshore Campus, is a great asset to the community, said councillor of Ward 6.

The new fashion building, built this summer on the corner of Lake Shore Boulevard and Kipling was formally known as Club HERS.

Club HERS opened three years ago, said Grimes who was vocal about the Lakeshore community's distaste with the swingers club.

"There was a big outcry when it moved in there," said Mark Grimes, Ward 6 councillor. "It's not my idea of revitalization for Etobicoke Lakeshore."

Current zoning laws on Lakeshore Boulevard West permit the operation of swingers clubs, but the proximity to residences, schools, and other businesses has not been decided, said Mark Grimes' website.

Club HERS featured more than

50 play-on premise play areas, a sex swing and a foreplay lounge.

Clients could legally engage in sexual activity in the club as long as it was consensual, said clubzone.com.

Club HERS was shut down before it was bought out by Humber College.

The design of the building began in April 2010 and construction followed in May, said Scott Valens, project manager of the Fashion Institute.

Valens ushered the building project through the design process and made sure it stayed on a tight timeline.

"Personally I didn't know a lot about the recent history of it other than it has been various incarnations of bars and taverns," said Valens.

"It started out its life in the late 1800s as a hotel, and it was a carriage stop initially," said Valens. "It later became a hotel that was used by the families that had relatives living at the mental institution, which now performs as the quad of the Lakeshore campus."

The new building was gutted to make room for a 60-seat studio, a

36-seat computer lab and a student lounge, said Valens.

"The large feature of the building is the very generous studio space, along with this window display area along the lakefront on Lakeshore which allows the program to use that space to have window displays," said Valens.

Dean of business at Humber Alvina Cassini, said she was unaware of the swingers club, but that students have reacted very warmly to the new addition to Lakeshore Campus.

The Fashion Institute is wheelchair accessible from the Lakeshore side to the north side, with a built-in ramp and open corridor that spans across the entire building, said Valens.

"By creating this corridor we've got this great circulation spine through the building that separates the classroom side from the administrative and student lounge area," said Valens.

Grimes said he was happy to see that Humber bought out the old swingers club and hopes to see more expansion from Humber in the future.

world news

Ford won't touch streetcars

Despite plans to axe Transit City, mayor-elect Rob Ford won't rip up pre-existing streetcar tracks. Campaign manager and brother Doug Ford said they will look at more effective transit methods like buses for arterial streets to lessen gridlock.

Toronto Star

B.C. HST referendum

The first draft of a referendum question to end British Columbia's HST is expected in November. Once finalized, the question will be up for debate in the spring session, and if passed the province will drop the controversial tax.

Globe and Mail

UN to U.S., end Cuban embargo

For the 19th consecutive year, the United Nations General Assembly is lobbying the United States to drop its economic embargo on Cuba. Despite steps to improve relations, American politicians fear substantial movement on the issue would hurt them politically.

Reuters

Indonesia hit by three disasters

An eruption of the Mount Merapi volcano claimed the lives of 28 villagers, including the spiritual gatekeeper of the mountain. The region also suffered a 7.7 scale earthquake. It caused a tsunami three metres high, leaving 272 dead.

CBC

Corrections

In the story 'Full-time student is full-time musician' on page 9 of the Oct. 7 issue of *Et Cetera*, Jojeto is said to be playing a show at Sneeky Dee's on Oct. 28. The show is actually at Lee's Palace.

In the legend of the election spread on page 9 of the Oct. 21 issue of *Et Cetera*, the colour code for candidates in Wards 1 and 6 should have been reversed. *Et Cetera* apologizes for the errors.

Rocket trains faster, roomier at no extra cost to taxpayers

RICHARD FRANKEL
NEWS REPORTER

The new Toronto Rocket subway trains were unveiled last week but will not be going to Humber campuses.

“There is a plan for the Finch West light rail to go through Humber College and students who use the subway will see an improvement in subway service,” said Brad Ross, corporate communications director for the TTC.

Ross said the new Rocket trains will be able to carry 1,500 people, 400 more than the current trains.

CCTV security cameras will be installed as well as antimicrobial hand rails.

There will be more space for people with mobility devices as well as intercoms at wheelchair level and alarms that will allow for direct contact with a TTC operator.

“It’s about time that Toronto – Canada’s largest city – adopted some decent transportation,” said Dmytro Pecherskyy, 18, a second-year radio broadcast student. “Europe has had this for like 20 years. It’s kind of sad when you think about it.”

Ross said for now the new trains will run on the Yonge-University-Spadina line and the timeline for the expansion is unclear.

“I think it’s good that they only

start off on the Yonge subway line to give it a test run,” said Pecherskyy. “It will give people time for feedback.”

There will be no fare increase despite the cost of the trains, Ross said.

He also justified the removal of the standing polls.

“The removal of the standing polls in the middle of the train allows for greater movement and a more spacious subway car,” he said.

Derek Luk, spokesperson for the Ontario ministry of transportation, said the Toronto Rockets will allow the TTC to improve the time between trains to 90 seconds or less.

“The new subway cars will replace TTC’s oldest fleet as it reaches its 30-year life expectancy and to meet future ridership demands once the Toronto-York-Spadina subway extension opens for service,” said Luk.

A Transport Canada news release said the overall cost for the 78 cars – 13 trains – is \$236.7 million.

The federal government is contributing \$92.3 million, the provincial government \$83.7 million, and the city \$60.7 million, said the press release.

The first Toronto Rocket will go into service in late December 2010.

The Finch West LRT will be completed by 2020, said the Transport Canada news release.

It’s about time that Toronto - Canada’s largest city - adopted some decent transportation.

Dmytro Pecherskyy
Radio broadcast student



Courtesy of TTC/Mike DeToma

The new trains on the Yonge-University-Spadina line are missing the overhead grab bars.

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Personal & Confidential

Michael Rosenstock
Researcher
Ontario’s NDP
RM 469, Main Legislative Building
Queen’s Park, M7A 1A5

October 13, 2010

Dear Mr. Rosenstock,

Further to your FOI request, the total value of Humber’s contract with the Capital Hill Group is as follows:

Year	Fees (including taxes)
2009	\$51,564.38
2010	\$61,530.00
Total	\$113,094.38

Please contact me if you have any questions.

Sincerely,

Deb McCarthy
Associate Vice President – Human Resources

Humber paid Capital Hill Group \$113,094 over two years to lobby the Ontario government.

Lobbyists receive over \$100,000 from Humber

Ontario NDP reveal spending on lobbyists by province’s colleges

ARTHUR GALLANT
NEWS REPORTER

Humber College paid lobbyists more than \$113,000 over the past two years, according to documents obtained by *Humber Et Cetera* from the New Democratic Party of Ontario.

Humber College president John Davies confirmed the amount and said it was in relation to real estate matters but refused to be more specific.

The document shows Humber paid Capital Hill Group \$51,564.38 in 2009 and \$61,530.00 this year.

According to documents released by the NDP, that is one of the highest figures of any Ontario college.

Davies said to the best of his knowledge those were the only times lobbyists were contracted out.

An Oct. 20 news release from the province said new rules were being proposed that would prevent provincially funded organizations such as hospitals and colleges from hiring lobbyists to ask the government for more money.

“Using taxpayer dollars to hire an external lobbyist to ask for more taxpayer dollars is a practice that has gone on for too long – it’s unaccept-

able and it’s over,” said Deb Matthews, Ontario’s minister of health and long-term care, in the news release.

Andrea Horwath, leader of the Ontario NDP, said her party released documents showing Ontario colleges and universities hired lobbyists this month after becoming suspicious of how lobbyists were being contracted out.

Horwath stopped did not say if anything specific led her to the release of the documents

She said colleges hiring lobbyists is “the wrong thing to do.”

Jim Wilson, Ontario Progressive Conservative MPP and critic for colleges, universities, and innovation, said he agreed.

“It’s a ripoff of taxpayer dollars and its very bad judgment of the premier and the Liberal government,” said Wilson.

Wilson said he’s concerned that lobbying groups such as the College Student Alliance could fall under the new rules too.

John Milloy, minister of training, colleges, and universities, said he agreed colleges should not be hiring lobbyists.

“It really doesn’t seem like an appropriate use of funds to be hiring

these lobbyists to help them out with the government,” said Milloy.

The revelation that institutions were hiring lobbyists made it clear that things must be conducted differently, said Milloy.

Prior to the news release, both Wilson and Horwath said the proposed rules were a complicated issue that needed to be closely examined before making a decision whether to support them or not.

While Davies said Humber would fully comply with the proposed rules should they become law, the college would have to find another way to have outside consultants continue to work with the college.

Davies said it’s a struggle to keep information about the projects confidential.

“I would not make a decision if I did not think it was in the best interest of students at Humber,” said Davies

Students will find out why lobbyists were contracted out by the college, Davies said, but he could not commit to a timeline of when that would happen.

Representatives from Capital Hill Group could not be reached before press time.

Raising awareness against homophobia

ERIN JONES
NEWS REPORTER

Students across Humber's campuses wore purple attire for national Wear Purple Day to raise awareness about homophobic and transphobic bullying.

The event on Oct. 20 was created on Facebook due to the media's attention surrounding the five gay teenagers, as young as 13-years old, who recently committed suicide because of homophobic bullying.

Aniska Ali, outreach coordinator for Youthline, Toronto's lesbian, gay, bi-sexual, and transgendered (LGBT) toll-free support line said that Wear Purple Day is only the first step to raising awareness about anti-gay bullying.

"I think it's really great as a show for solidarity and to have such a visible reflection of support but it doesn't have a huge amount of effect," said Ali. "If people can work with that energy, keep it in mind past the one-day action into the rest of their lives – that's really where the true wealth lies."

Ali stressed the importance of LGTB support in post-secondary institutions.

"The important thing is to make sure that the offices and classrooms and residence buildings in the college have gone through a positive space training and they know and acknowl-

edge that homophobias and transphobias exists," said Ali. "They're going to have to do some extra work to make their spaces safer."

Shannah Williamson, 19, a second-year theatre production student and Lakeshore Humber Pride group member, wore purple to pay her respects to those who have been bullied for their sexuality.

"I've seen a few people wearing purple but I don't think it was well advertised enough," said Williamson.

It's not just an internet phenomenon.

Joey Miles
BOLD president

"It's really upsetting how many teens have been taking their lives over being bullied.

"There's a lot of support on campus but I don't think it's enough."

Williamson said that support groups on campus are imperative for Humber's LGTB community.

"The pride group is a friend system. If there is anybody on campus

who doesn't know anybody and they don't know who to talk to, then they can come to Humber Pride and make friends there and be safe," said Williamson. "It makes you feel like you're not alone with the things that are hard to bring up in high school."

Humber Pride meets bi-weekly, with the number of group members varying at each meeting. The group is working on getting more members and holding events for both gay and straight students, said Williamson.

Joey Miles, 21, a third-year film and television student and president of Being Ourselves Looking Differently (BOLD), North Campus' gay-straight alliance group, said that Humber's North Campus can be intimidating for those who are LGBT to come out because of the rough neighborhoods in the vicinity of Humber's campuses but he felt that Wear Purple Day was a success.

"I think it's really important especially at Humber just showing the local support, especially from our local community, really helped put a face on it," Miles said. "It's not just an internet phenomenon."

BOLD's 20-member group is hoping to revamp the positive space program this year and is considering proposing an LGTB student centre.



Sarah Savage

Health Canada is looking into the effects that energy drinks like Monster and Red Bull could have when mixed with alcohol.

Energy drinks could pose serious health risks: Health Canada

SARAH SAVAGE
NEWS REPORTER

Health Canada is urging anyone who has had an adverse reaction to energy drinks, many of which are sold on campus, to report it to them.

Energy drinks such as Red Bull and Monster are widely available at Humber.

"They sell really well," said food service director Jose Jurado. "They are popular."

Health Canada's October 2010 Canadian Adverse Reaction Newsletter details a case where a healthy student had two seizures after drinking two Red Bull energy drinks.

The drinks were consumed on an empty stomach in the span of half an hour, with the seizures occurring an hour later.

Jurado said that students have not complained about energy drinks, but that if they have questions about them staff is more than willing to provide answers.

He said there has never been any discussion that he knows of about not selling the drinks on campus.

The ingredients in these drinks have caused Health Canada to be concerned about them being mixed with alcohol and the consumption of multiple drinks in a short period of time.

"The tolerance is really varied from person to person," said naturopathic doctor Cheryl Woodman. "For some

adults a small amount of caffeine can actually have some positive effects. You can feel more alert and you can concentrate better, but for a lot of people that are more sensitive to caffeine a really small amount could cause insomnia or headaches or even anxiety."

Health Canada and Woodman said that people often consume these drinks while participating in physical activities such as dancing.

"Even though people might think that they are rehydrating their bodies by taking in fluids the drinks are actually dehydrating them," said Woodman. "If you are going to have an energy drink, I would recommend not more than one."

She also recommended drinking a lot of water to rehydrate.

Rob Meiklejohn, 19, a first-year multimedia design and production technician student at Humber has never experienced seizures as a result of drinking energy drinks but he has experienced adverse effects.

"I drank four or five a day, I had no sleep, insomnia, it was not a fun thing," said Meiklejohn.

At one point Meiklejohn was so sleep-deprived he collapsed.

With the help of his friends Meiklejohn realised he had a problem and quit drinking excessive amounts of caffeine.

Adverse reactions to energy drinks can be reported to Health Canada at 1-866-234-2345.

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Wage gap between post-secondary, high school grads growing

RYAN SAUNDERCOOK
NEWS REPORTER

A study released by the Higher Education Quality Council of Ontario (HEQCO) shows the earning gap between post-secondary and high school graduates is on the rise.

"The research reinforces all the reasons students are flocking to post-secondary education in record numbers," said Harvey Weingarten, president and CEO of HEQCO. "Every piece of economic data, every analysis that's been done reinforces the wisdom of the choices these students are making."

"It also shows that despite the fact they pay tuition and forgo some earnings, paying to attend post-secondary education is one of the best financial investments they will ever make."

The report, released Oct. 18, was written by Torben Drewes, professor of economics at Trent University, and is based on census data from Statistics Canada.

It showed the earning gap between these two groups has nearly doubled since 1986.

The last census in 2006 showed that college graduates aged 21 to 30 earned almost 25 per cent more than high school graduates, compared to the 12 per cent difference in the 1986 census.

Weingarten said the demand for post-secondary education continues to grow despite economic cycle or demographic trend.

"Everything we know about the economy shows that it's more dependant on brains than it is on brawn,"

said Weingarten. "A knowledgeable workforce is essential for a vibrant, prosperous economy."

"If Ontario is going to do well economically as a province it needs highly educated people, it needs these graduates, or the jobs and companies will go elsewhere."

Karen Fast, manager of Humber's career centre, reinforced the benefit of learning throughout your life and doing things you enjoy.

"We've seen that gap between high school graduates' salary and post-secondary graduates' salary grow and grow," said Fast. "The message to students is to continue your education all the way through your life."

"Students will want to further their education if they love what they do. It will be a joy for them to continue working or studying in their field because it's something that interests them."

Brent Huckfield, a first-year broadcast and television videography student, initially made the choice to pursue employment after high school.

He worked his way up through the ranks of Rogers Communications from a customer service agent to a business administrator but later found that despite his work qualifications, his lack of credentials was preventing him from moving further.

"It's not impossible for a high school graduate to make it but it's extremely difficult," said Huckfield. "Usually people attend post-secondary education because they have a strong passion or desire to do something whereas a high school graduate may not have as strong a direction."



Justin Crann

Rob Ford celebrates with his supporters at Toronto Congress Centre following his victory.

Ford wins mayoral race

Early front-runner pulls out election victory over rival Smitherman

JUSTIN CRANN
NEWS REPORTER

Rob Ford has been elected mayor of Toronto with an unexpectedly strong showing at the polls.

"You came out in record numbers to mark your ballots and make your voices heard," Ford said in a speech at the Toronto Congress Centre. "I hear you loud and clear, Toronto, and so do the 44 members of our new city council."

"The party with taxpayers' money is over, ladies and gentlemen."

Ford ran a campaign that aimed to abolish the unpopular vehicle registration and land-transfer taxes introduced by outgoing mayor David Miller and to curb expenditures at City Hall.

With Ford as mayor the people of Toronto can expect better services, focused spending and a better attitude at City Hall, said Fraser Macdonald, deputy director of communications with the Ford campaign.

"He is harder-working and more dedicated to public service than any other politician," Macdonald said.

Another item on the mayor-elect's agenda is to declare the TTC an essential service.

"One thing we all agreed on is the need to protect priority services that the people of Toronto depend on, especially the most vulnerable citizens," Ford said. "I think everybody in Toronto agrees with that."

Doug Ford, Rob's brother and newly elected councillor of Ward 2, the ward Rob represented for 10 years,

echoed his brother's sentiments in his own victory speech.

"We'll always stand up for the little guy," he said. "I guarantee you that."

"This is not just my victory," said the mayor-elect. "This is a victory for every single person that lives and works in this great city of Toronto."

"Now the job begins. I'm going to start working for the taxpayers of this city."

This includes students – as long as they contact their new mayor.

"If any students really take the time to get in touch with Rob I think they'll see he'll represent them," said Paige MacPherson, a political science student at Dalhousie University and social media director for the Ford campaign.

Runner-up Smitherman takes the high road in loss

JAN VYKYDAL
NEWS REPORTER

"It will be written that I lost an election that was mine to win and I accept that," a choked-up George Smitherman said Monday night in accepting

defeat in Toronto's mayoral election.

Rob Ford beat Smitherman in what was expected to be much closer race than it was.

"We fell short of our goal tonight," Smitherman said. "Not for a lack of effort and I accept full responsibility

for tonight's outcome."

Smitherman delivered a heart-felt speech in which he thanked everyone who worked on his campaign and supported him in the election.

The crowd of supporters who had gathered at Smitherman's campaign after-party at The Government nightclub booed when he said he hoped Ford would be a successful mayor.

"No, no," Smitherman told the crowd. "Toronto's too important – there are no boos tonight."

He said he was disappointed by the results of the election but he's happy the campaign is over because it will give him more time to spend with his family.

Smitherman said he hopes Ford will make a good and successful mayor and he's thrilled to see all the new councilors who got elected.

As for Ford, he said Smitherman worked hard on his campaign and wished Smitherman luck with whatever he chooses to do after this.

"I want to congratulate Mr. Smitherman," said Ford. "He worked very hard. He fought a hard, hard cam-

paign just like Mr. Pantalone did, just like Ms. Thomson did, just like Mr. Rossi did and just like Mr. Mammoliti did.

"They all worked very hard and I want to congratulate all of them for their hard work."

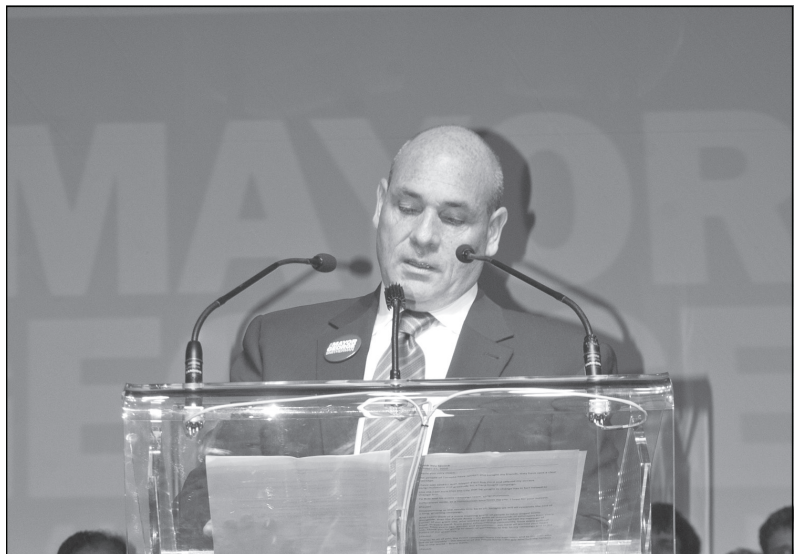
Stuart Green, a representative of outgoing mayor David Miller, said Miller phoned Ford on Monday to offer him his congratulations.

Green said the city has made a lot of progress in the past seven years and he hopes that Ford will continue the work that's already been started.

Smitherman said he's going to take some time to spend with his family but declined to say what he's planning to do after that.

Smitherman spoke tongue-in-cheek about his plans for the rest of the night.

"I'm gonna go out there with my people and thank them for what they've done, I'm gonna have probably several drinks, and with a little luck I'm actually gonna shake my ass," he said.



Jan Vykydal

George Smitherman gives his concession speech Monday night.

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CUE glass culprit in migration deaths

The Arberetum's CUE's largely glass structure is responsible for several avian deaths.

MATTHEW LOPES
BIZ/TECH REPORTER

Humber's Centre for Urban Ecology was built as a headquarters for the preservation of the surrounding wildlife, but since its construction the building has been a cause of many bird deaths that occur most frequently during the fall migration season.

The building was designed as a glass structure for sustainability purposes, but because of the building's location many birds have been flying into the glass and dying as a result of the impact.

Michael Mesure is the founder of FLAP (Fatal Light Awareness Program) which is an organization dedicated to protecting birds from window collisions. Mesure said he has visited the CUE several times.

"The problem is that it's essentially a glass block in the middle of the woods," he said.

Mesure said that window strikes occur because to a bird the reflection of the horizon off the glass tells them that there is nothing in the way. Mesure said the best solution to fixing the problem is to install decorative decals on the windows which let the birds know that there is an obstruction in the way.

Arboretum director Melanie Sifton admits this is a problem and is currently working on a solution.

"I can't hide that, this is migration season for birds, we're in an important bird fly-away zone and it's not right that we're killing birds with our building," she said.

Sifton said she has looked into

several solutions such as the decals and a large netting that could cover the problem area during migration season and be taken down afterwards, but like any addition to a campus building, the hold-up comes from funding.

Ryan Huling, spokesperson from PETA, said "this is a problem we receive calls about all the time, we advise that people install the discrete decals."

Although Huling, who lives in the U.S., has never actually seen the CUE he said "it's commendable that the college is trying to be sustainable especially since they have moved into a natural landscape with an unnatural structure, but if this is a problem for them they should act quickly."

Mesure said that as of February 2010, legislation has been passed in the city of Toronto to help remedy the problem.

"Under green building standards all windows above three stories must have bird-safe markings as a requirement," said Mesure. "The problem is that this rule only applies to buildings constructed after the legislation was passed, meanwhile the bulk of bird deaths are going to take place in existing structures."

While the February legislation is good for the cause, Mesure said he would like to see the same set of standards for existing buildings as well.

"While we wait for the city to introduce legislation for existing buildings, this has climbed to become the number one cause of bird deaths," he said.



Thousands of birds die every year due to glass-clad buildings in Toronto.

Courtesy of FLAP

iPhone app allows students to imitate the real thing

Instagram allows users to take photos with their iPhone and turn them into professional looking quality.



Royel Edwards

The Instagram app is available for free via the Apple Appstore.

ROYEL EDWARDS
BIZ/TECH REPORTER

Instagram, a new, free application available on Apple's App Store, is allowing Humber students to take stunning high resolution pictures on their iPhone, without the hassle of enrolling in a photography class.

"I love taking pictures on my phone and it's a fun app that I can use to send them to family, friends or even put it up on Facebook where people can comment," said Richard Lang, a marketing management student at Humber College. "It makes me want to learn more about photography."

The application features integration with the camera on your smartphone, which allows you to take photos and then choose from a wide variety of filters that automatically revamp the photo you've taken as built-in editing and gives you the power to choose if you'd like to share the photo with one of many social networks such as Facebook, Twitter and Flickr, where photography is supreme.

Upon firing up the application, you can look at all the photos people have posted from around the world in any city and chose to "follow," which means to receive immediate updates from friends who have uploaded a picture.

"You can in theory do professional imagery with an iPhone"

Casey Lessard
Professional Photographer

Many users of the specific app or any other smartphone photography app may consider becoming interested in photography as a hobby and then want to push the fun further.

"Photography is a hobby," said Neil Fox, a creative photography professor at Humber.

"People like to experience the

pleasure in taking pictures and when you put something into the hands of the consumer they will want to learn more."

The major hiccup that most people run into when they want to get into photography is price. Beginners can find that purchasing an SLR camera can be costly and they would choose to stay in a basic area of photography before upgrading.

"It also works the other way for photography because of technology and because of the oversaturation of good quality you'll find a lot of professional photographers using their cellphones as professional tools," said Casey Lessard.

"You can in theory do professional imagery with an iPhone."

"As long as you're taking pictures and you like doing it, then it doesn't really matter what you do it with."

Providing an app for free where users can begin to build their skills for photography is crucial for those interested in learning more and building upon your skills.



Andrew Ardizzi

Phuntsho, Hatton, Tswewang and Guinane are forming a media partnership between Bhutan and Humber College

Humber partners with Bhutan media

College to offer workshops, training program to new democracy

ANDREW ARDIZZI
SENIOR NEWS REPORTER

Humber and the Bhutanese government are partnering to improve media literacy in Bhutan.

“Media plays such an important role because it impacts the lives of people,” said Monira A.Y. Tswewang, chief information and media officer of Bhutan’s Information and Communication, and Media Development divisions.

“We want them to be more engaged in public discourse,” she said.

The Bhutanese government is looking at how they can partner Humber faculty to create workshops and training programs in Bhutan, said Michael Hatton, Humber’s vice president of academics.

“This is a new venture for us in terms of helping develop media literacy skills as well as broad media skills,” said Hatton.

“We may also be looking at the potential of having students from our

film program work with budding filmmakers in Bhutan to do feature length films jointly.”

Humber had worked with Bhutan previously to create a management development program for the public sector and following its successes both sides welcomed the opportunity to continue their relationship, said Kent Schroeder, Humber’s international project director.

“We’ve shown them an overview of the types of training Humber is involved in and we’re meeting to see what we can do to build capacity for media literacy in Bhutan,” said Schroeder.

Bhutan, located between China and India, only recently became a democratic state. It held its first election in 2008, said Hatton.

The state was historically an absolute monarchy, but the king felt it was more important for many minds to come together to solve problems, he said.

“We’re trying to get people to think

critically,” said Tswewang.

The hope is to create a civically engaged population that can think, analyze and make informed decisions, she said.

Traditionally state-owned, Bhutanese print and broadcast media have dramatically mushroomed in the last two years, said Tswewang.

There are now seven newspapers, six of which are privately owned while the other is 51 per cent state-owned. There are also six radio stations, and a national broadcaster, she said.

“By and large media is organized as a very important medium for promoting democracy and engaging citizens actively,” said Phuntsho, chief of the public communication division at the Ministry of Communication.

The government and prime minister fully support media development, while social and online media have helped it become freer and less restrictive, said Tswewang.

Exchanges are expected to begin in 2011.



Kyle Gennings

Distance learning allows students to take classes without ever needing to enter a classroom.

Distance learning offers pros and cons

Self-discipline a requirement for online distance learning courses

SAM HALABY
BIZ/TECH REPORTER

With 20 new courses and upwards of 15,000 students enrolled in this year’s distance learning program, students considering distance education as an alternative to the classroom may need to check their study habits first.

“Students who are taking online learning for the first time tend to be a little bit caught off guard in terms of the amount of work,” said Humber’s director of eLearning Ruth Hickey. “A lot of people think that it’s self-directed, and they don’t necessarily manage their time appropriately.”

Amulya Gurtu, a Humber College business instructor who teaches proj-

ect management students both in the classroom and online, said distance education isn’t for everyone.

“Anyone who is self-disciplined, I would recommend them taking an online course,” she said. “But someone who needs someone to drive them, I would strongly recommend them to come to class.”

Brent Peers, a computer technology specialist who teaches at the Paul Penna Downtown Jewish Day School, said the downside to distance education is there is no personal presence.

“It places an extra layer between the student and the teacher,” said Peers.

Gurtu agrees, and said instructors face additional hurdles when teaching distance education.

“The only challenge is not being able to customize your teaching according to the student,” Gurtu said. “When you meet face to face, you learn a lot of things about the person.”

Humber graduate Jackie Spencer, 23, is currently enrolled in Humber distance education, and said she found the online courses offer an easy way to keep up to date with her studies.

She said that while she found the experience with Distance Education to be a positive one, she still had difficulties with the course.

“Humanities was difficult because I didn’t have a teacher there to interact with,” she said.

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Media puts too much emphasis on graphic details

Williams' trial up for ethical debate

Details of Russell Williams' brutal killings and break-ins are all over the news. The murders of Williams' victims, Marie-France Comeau and Jessica Lloyd, damaged the lives of their families and communities.

It's understandable when something big happens, such as the former CFB Trenton commander murdering two innocent women, it makes front-page headlines and prime-time news. However, news organizations should not be giving us graphic details from the trial.

We did not need to see Williams in women's lingerie on the front page of *The Toronto Star*, nor did we need to know that Lloyd pleaded for her life before Williams suffocated her. He got life in prison but also got a personal spotlight from the media.

Robert Pickton, convicted of killing dozens of women in B.C., was spotlighted for years in the news; even until this day he is known as the "pig farmer." Details of his crimes were exposed to

the world when investigators reported that he fed human remains to his pigs in an attempt to hide the bodies of women he killed.

It's important to know the truth, and that has been one of the biggest arguments for the graphic coverage during Williams' trial. If you had watched it on TV you would have heard, "we warn you that some of the content is explicit." Warnings may deter some people, but once information is broadcast it can't be taken back.

Ethical boundaries sometimes get crossed in exchange for the truth. In Williams' case, they were crossed. Now they can't be uncrossed.

The families of both Comeau and Lloyd will have to live with the world knowing in detail how their loved ones were killed. Their lives have been stripped of privacy, and their pain and anguish will continue to circulate and torment them.

Some things are better left unsaid.

Municipal elections

Don't fret over mayor-elect Rob Ford, give him a break

All right Toronto, take a deep breath. Now take another. Keep doing this until you realize the result of Monday's election does not mean everyone living in the city should start stockpiling food.

Is seven years really all it takes for Torontonians to forget that the city did not implode last time they had a conservative mayor?

Yes, conservative mayor-elect Rob Ford will move into City Hall on Dec. 1 and take the well-worn seat that super-liberal Mayor David Miller has occupied for the last seven years. Yes, doom, gloom and union riots are forecast for the next four years.

But for those fearing what seems to be a perceived tyrannical rule that Ford holds over the city, you can take solace in the fact that even as mayor, he has no more votes in council now than he had over the last 10 years when he was councillor of Ward 2, just south of Humber College's North Campus and his old ward, where his older brother has taken up his former seat, has not become a vacuous black hole of death and despair.

Despite claims of unity at his election party on Monday, Ford faces a very divided population and consequently a very divided council. More than a handful of new councillors are distinctly left-leaning, and all of their votes are worth the same as Ford's.

This gives City Hall councillors three options:

they can hang Ford out to dry as a lame duck for the next four years until he is ousted, objecting to everything he proposes because of who he is. Or they can rally behind him and push everything through, which even the *Et Cetera* thinks would be a terrible idea, or they can all get along.

But as much as anyone may hate Ford, no one can say all of his ideas are toxic to the city.

Ideally, then, the 44 city councillors can work with Ford and form that rare sort of minority government where things actually get done because each side knows when to bend for the better of the city instead of their ego and ideology.

That is, ultimately, the whole purpose of democracy, right? Two (or more) sides finding a mutual consensus on issues that affect them.

This is especially important for Ford, who simply cannot be as bullheaded about his policies as he proposed during the 10 months of campaigning up to the election.

The nature of the new council is also going to mean citizens who voted for or against Ford are going to have to keep tabs on their councillors and make sure they are going to City Hall and representing their constituents as they promised in their campaigns.

With just a little over 30 per cent of Toronto's population voting on Monday, a more politically engaged population cannot hurt.

And can we stop with the weight jokes?

cartoon



quoted

What do you think about Rob Ford being mayor?

Latoya Rainford, 19, cosmetics

Politics is politics and we'll see. I like Ford's policies.

Ryan Henry-Blades, 21, business marketing

I am happy. He did say he's going to lower taxes. I don't vote because it's like choosing the lesser of two evils; they are all the same.

Alex MacEachren, 20, landscape technician

I don't mind it. I think he's going to clean the streets.

Grovanha Vaccaro, 21, law clerk

I don't like his policies. I heard his speech and it made me sick. He's not going to be better but worse.



Et Cetera wants to know what you think

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at etc.humber@gmail.com

Humber Et Cetera

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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Pricier fuel means tough choices on maintenance and style for cars

KYLE GENNINGS
BIZ/TECH EDITOR



Fuel consumption is one of the largest factors in the automotive world today; it has overshadowed previously important designations such as BHP (brake horsepower) and Lb-feet of torque in recent years and is often the deciding factor in what manner of vehicle the average Canadian purchases.

It all boils down to the fact that Canadians hate filling up at the pump.

Where the '60s and early '70s were known for the focus on horsepower and the legendary American Muscle movement, I feel that in the years to come the 2000s and '10s will be recalled as the American Green movement – or the Prius years.

The heavy corporate and government focus on fuel-efficient cars in these past few years has been one that has pushed the automotive industry to change the way it targets its consumers.

Most notably BMW – an automaker that has legendarily used the tagline “Ultimate Driving Machine” – changed its ad campaign in 2008 to one titled “Joy” and targeting the family segment, using infants in its ads along with new mothers. Citing in one ad, that “Joy is intelligent energy management.”

This is a pervasive trend, according to JD Power and Associates 2010 Automotive Marketing and Media Annual Review.

The Canadian government’s Retire Your Ride initiative has been a huge success. First enacted in January of 2009, the program has permanently retired 99,795 vehicles nation wide as of this past Sept. 30.

On their website, Retire Your Ride urges Canadians to scrap their cars made prior to 1995 because they create 19 times the amount of smog creating pollutants than cars made after 2004.

I have no doubt in the validity of this statement whatsoever, but I must confess that I am a huge car enthusiast and have a weak spot for classic trucks and SUVs. So where does this leave me and my close friend with an unnatural affinity for his 1986 GMC Jimmy?

It leaves us with one choice: to pay more attention to the way we drive. It is truly amazing how the tiniest details of our everyday commute can make the difference in our fuel consumption.

For example, driving with your windows down can cost you up to five per cent of your overall fuel efficiency. The reason being that the learned men who spend a copious amount of time perfecting the shape of your vehicle in a wind tunnel to minimize wind resistance did so with the car’s windows up.

The manner in which we drive our vehicles also affects our fuel

consumption; aggressive drivers can lose up to 33 per cent fuel efficiency simply by driving around like their hair is on fire, according to the Canadian government’s fuel consumption tips.

As important as the way we drive is the way that we maintain our vehicles. A vehicle in top shape is going to run more efficiently, so ensuring that your oil is changed regularly, maintaining your oil and air filters, checking the consistency of your tire pressure and using the correct oil for your vehicle is essential to ensure that you use the least gas that your vehicle can manage, according to the Canadian government’s tips on achieving better fuel efficiency.

I do realize that a 1986 GMC Jimmy will never be as fuel-efficient and eco-friendly as a 2011 Honda Insight or Toyota Prius, but my point is that more often than not, fuel efficiency is more about how you drive than what you drive.

I would rather drive around in a big, brash 1984 Toyota 4Runner, knowing that I’ve bought exactly the vehicle I wanted, than buy a tiny, hideous and fuel-sipping super-compact car.

I know I’ll still pay significantly more at the pump, but at least I can rest a little easier knowing that if I get in an accident involving a transport truck, I stand a slightly larger chance of living than the bearded hippies in the Smart ForTwo, which is flagged with a Driver Side impact safety concern according to safercar.gov.

pass fail

- To Rob Ford being elected Toronto’s 64th mayor and stopping the gravy train at city hall, because he probably ate it all.
- To the Toronto Blue Jays for hiring new manager John Farrell to take over our titleless streak.
- To Randy Quaid for reprising his role as Will Smith’s sidekick Russell Casse in Independence Day.
- To the city of Toronto for reducing gun crimes by 12 per cent in 2009.
- To the 20-year-old woman hired as police chief in a Mexican township crippled by drug violence.
- To marathon runners who try to get fit but only end up causing more damage to themselves, according to a study.
- To Manny Ramirez for trying to revive his career by coming to the Toronto Blue Jays.
- To Randy Quaid for thinking there is a secret plot to kill Hollywood actors and seeking refuge in Canada.
- To Toronto crime, for still finding a way to kill the same amount of people, but in creative new ways.
- To the 14-member Mexican police force who quit immediately after gunmen stormed their headquarters.

Et Cetera poll

What are you doing for Halloween?

vote online at humberetc.com

Last week’s question and result:

Have you tried KFC’s Double Down sandwich and do you think it should be banned in Canada?

Yes and yes	5%
Yes or no	23%
No and yes	28%
No and no	44%

Video games lack respect and fairness from government on war

DAN BLACKWELL
BIZ/TECH EDITOR



Videogames based on real-life wars are nothing new, and the political stink created over Electronic Art’s latest Medal of Honor game is equally unoriginal.

Set immediately after the 2002 invasion of Afghanistan, Medal of Honor is a first-person-shooter that has you taking on the role of American soldiers, running and gunning your way across the rocky mountains of Afghanistan.

When it was revealed that one of the teams in the game’s multiplayer would have players assuming the role of the Taliban, Defence Minister Peter MacKay said he found it “wrong that anyone, children in particular, would

be playing the role of Taliban. Canada and its allies have fought far too long in Afghanistan, and it’s not a game.”

The fact that dozens of other games feature similar multiplayer modes allowing you to become Nazis or Islamic terrorists has yet to dawn on any of these people. Sadly, Medal of Honor’s developers caved to the pressure, and changed the word Taliban to Opposing Force.

Anybody who plays videogames knows that many have mature,

heartfelt storylines. Games like Heavy Rain, Ico and Shadow of the Colossus all have adult themes and emotional narratives, the likes of which rival many movies. They portray characters players connect with, and indeed, when somebody dies, or a romance is ended, these games’ storylines engage the player in the same way a good film does its audience.

While Medal of Honor is a poor example of gaming as a serious, adult narrative (it’s jingoistic and

unrelentingly pro-American), it still deserved the chance it never got. Most of the uproar came prior to the game’s release, and I doubt one of those enraged politicians has since bothered to try it.

Until the public can recognize gaming not as a child’s hobby, incapable of telling complex, but rather as a legitimate medium on par with film or television, ignorance based reactions on games will continue to fuel stereotypes.

Dangerous headshots require suspensions if culture is going to change

REMY GREER
SPORTS EDITOR



Part of what makes the NHL and NFL so appealing to fans is the speed and physicality of contact sports.

In an era where professional football and hockey players are bigger and faster than ever, a high incidence of head injuries is not surprising.

As of Oct. 24, 22 concussions, 19 head injuries and 16 neck injuries have been reported by NFL.com this season.

Since the 2004-05 lockout, the NHL has averaged 75 concussions per season. TSN.ca reports there have already been 18 concussions, three weeks into the season.

The NHL has taken steps to address this issue. Blindsight and lateral hits to the head are now penalized. What’s troubling, though, is the continued existence of legal, face-to-face head checks.

Former NHL referee Kerry Fraser told the *National Post* the rule changes need to go further.

“Even if the guy with the puck is not looking, if he’s got his head down, that doesn’t give anyone a green light to strike him right in the head. There’s another place that you can place that

check, and not to the face, not to the head,” he said.

Fraser, who officiated for 29 years, said mutual respect among hockey players is vanishing and stronger punishments are necessary.

“Changing that culture, that’s the key,” Fraser said. “Until there are stronger deterrents ... then the risk is there, every time a player launches himself upward on a north-south hit, that somebody is going to crumple and fall with a concussion.”

I propose a hit to the head, from any angle, ought to lead to an automatic suspension. It is the only way to make hockey players respect each others’ safety.

Last week in the NFL, three

abhorrent helmet-to-helmet hits led to fines and a change in the enforcement of these types of hits from the league.

NFL players can now be suspended, even for a first offence, if they are deemed to have delivered a helmet-to-helmet hit.

In football, defensive players are taught at an early age to separate the player from the ball at any cost. On Oct. 20 Miami Dolphins linebacker Channing Crowder told reporters, “If I get a chance to knock somebody out, I’m going to knock them out and take what they give me. They give me a helmet, I’m going to use it.”

Pittsburgh Steelers linebacker James Harrison responded to being fined

\$75,000 for two separate helmet-to-helmet hits last week by stating he would not change the way he played.

Football Night in America commentator Rodney Harrison, a former hard-hitting safety in the NFL, said he used to set aside \$50,000 a year to pay fines for big hits. Harrison conceded he only changed the way he played after being suspended for a head shot.

Fines, 15-yard penalties and two-minute minors certainly don’t deter head shots.

The only thing that will dissuade cheap head shots is automatic suspensions.



Courtesy James Hoare

Some of the 130 images that were taken were landscapes, but the organizers of the tour said that wasn't the focus of the trip.

Seeing France through a creative lens

Creative photography students took over 130 images while in France this summer

CHARMAINE KERRIDGE
A&E SENIOR REPORTER

Essence de la Lumière, an exhibit by 20 creative photography students and two instructors, will open Nov. 2 at Twist Art Gallery & Cafe on Queen Street.

"I think anybody who comes will be pleased with the work they see," said Christina Van Mierlo, 25, a second-year creative photography student.

"Some people are using different mediums and experimenting with processes rather than just editing and printing a photo to normal standards," said Van Mierlo.

Van Mierlo's work includes six pho-

tographs: three from Paris and three from southern France. Five are black and white and one is colour to "break up the aesthetic," said Van Mierlo.

Essence de la Lumière, or Essence of Light, is the first gallery show for the students. The photographers took over 130 mostly black and white images, in which light is paramount, last June while touring Paris and southern France. The photographs highlight personal style, which contrasts the more commercial tone of creative photography.

"You're going to see students who tried out interesting kinds of lenses to distort their perspective," said

Cathy Bidini, a creative photography instructor and a contributing photographer. "I had one student who brought four different cameras—one being a toy camera."

Bidini said she and fellow instructor David Scott chose to tour France because it's the "birthplace of photography" and because the light in southern France is unbeatable.

"With France we could put a curriculum together that was not only about taking pictures, but was about appreciating photography by being in places where it was originally conceived. The idea of going to the south was to deal with this beautiful quality

of light."

Some images are landscapes, but they aren't the same as travel photography, Bidini said.

"We moved away from calendar shots and moved into something more personal and emotional," she said.

The photographs impressed Nadia Kakridonis, 25, owner of Twist, and a Humber advertising and graphic design graduate.

"They're just beautifully taken," she explained. They are "what people on my mailing list would like."

Kakridonis opened the 5,000 square foot loft-style gallery in February

2010. It will be divided into three metres of space for each of the 22 photographers.

Each artist will hang four to six professionally framed photographs.

Adam Moco, 24, a 2010 creative photography graduate, looks forward to the reception.

"It's definitely a new step in my career. It's a great learning experience. I'm glad I got to do it," he said.

Each 11x14 photograph (\$250-\$400) is also available in a less expensive print; the show runs Nov. 2-29. The open-invitation reception is Nov. 4 from 7-10 p.m. at 1100 Queen Street West.

Students roast teachers for Heart and Stroke

Catering and special events class project designed to raise money for charity

CLOVER STERLING
BIZ/TECH REPORTER

Hospitality Management students and faculty will be hosting their first Faculty Roast to raise money for The Heart and Stroke Foundation of Ontario on Nov 26.

"Whether they make a dollar for the charity, or \$10,000 for the charity, that doesn't affect the outcome of the event," said Dan Reeves, professor

of Tourism Operations. "We would like to do a cheque presentation to the charity on that day."

Students of the catering and special events class were given an assignment to put on an event to raise money for a charity of their choice.

They came up with the idea of a faculty roast and selected the Heart and Stroke foundation to benefit from the event.

"A roast is a satire of the teachers:

students and guests will get up and tell funny stories about the teachers. The idea is to mock the teachers. It's all in good fun of course," Reeves said.

Richard Pitteway, Food and Beverage manager of Humber Room, said, "I will be roasted. I'm quite willing to be the guy in the front of the room for a bundle of jokes."

"The students have to make this event happen. They will be graded on the event, not the roast," he said.

Michelle Palmer, Associate Manager of Community Engagements at the Heart and Stroke Foundation, said, "I'm impressed when the students asked me for help because of all the charities out there they choose Heart and Stroke."

"The donations will help fund medical breakthrough and community groups, especially child obesity," she said.

The donations will provide healthy

and nutritious meals for children across Ontario, Palmer said.

The faculty roast will be held in the Humber Room. Students are hoping to raise about \$15,000.

Tickets are on sale for \$10 in advance, or \$15 at the door.

All proceeds will go to the Heart and Stroke Foundation of Ontario.

Self-publishing success story

Steven Saylor has published *The Coffee Collection* and *Black Shadow*

REEM JAZAR
A&E REPORTER

A recent graduate calls social networking, podcasts and patience the reasons why he has successfully published two novels.

Steven Saylor, a Humber Radio graduate, started writing back in 2005.

"The most difficult part of taking the self-publishing route is making yourself just do the work," said Saylor. "The other difficulty is producing something that is worth public consumption. You need to find objective editors. That can be difficult, and even costly."

Saylor operates a website through which he sells his two books, *The Coffee Collection* and *Black Shadow*, a podcast novel.

"What really started me on my path was a bunch of my friends were creating podcast novels," said Saylor. "Basically, you read and record your novel and then you release them in episodes online, like audio books."



Courtesy Steven Saylor

Podcasts and patience are keys to success, Steven Saylor says.

With the appeal of smartphones it's common today for consumers to rely on audio books for stories. The iPhone has an audio book application and the Kindle, an e-book reader in which users can read digital copies of books, has been the top selling item on Amazon.com for the last two years.

Saylor said that social media networking is vital to him as a young author.

"If you are a writer and you don't have a website, you are eliminating half of your audience."

Natalie St-Pierre, assistant coordinator of the Humber College creative book publishing program said there are many things to think about before making the leap into self-publishing.

"The writer should consider if they are looking to publish a 'one off' book or develop a career as a writer," said St-Pierre. "If you are looking for a career,

you need a good product that will add to your credibility as a writer."

Mathew Miller, a graduate of the Humber College writing program said he didn't think about becoming an author when he got involved in poetry slams around the GTA, but now runs a monthly spoken word event in Streetsville called the *Streetsville Spoken Word Series*.

"Once I started getting into the poetry thing, people started asking if I had a book," said Miller. "I went through a website called Lulu to self-publish. I wouldn't use them now that I know how to manage all the printing and finances myself." Miller only sells his book hand-to-hand at poetry slams and other spoken word events.

Saylor always had the intention to self-publish. "I got the opportunity to interview a lot of authors. One of them told me, 'If you can wallpaper your walls with rejection letters from editors, then you're a writer.' Something about that stung me; I didn't want to have to face that rejection. I wanted creative freedom."

Student drummer has the Wright stuff

Award winner's goal is to start band, tour

DYLAN MACKENZIE
A&E REPORTER

He's played with the Yamaha All-Star Band. He's received the Zildjian Outstanding Drum Set Player award. Ian Wright has been able to achieve these lifetime honours all before his eighteenth birthday.

"My brothers started playing jazz when I was younger, and it really influenced me," said Wright. "As I got older I realized jazz was a really special thing."

Wright started playing drums at the age of twelve while growing up in Belleville, Ont. It was in high school that his passion escalated to a potential career. While attending Centennial Secondary School, Wright received a chance to play during classes at the Quinte Ballet School of Canada.

Wright's involvement in the Humber music scene began as an extracurricular at the Humber Music Community School. He played with the ensemble for three years, and won gold medals at the Music Fest Nationals the past two years.

Currently in his first year of the music degree program at Lakeshore campus, Wright believes the Humber faculty and facilities is the best choice

to advance his musicianship.

"The studio down the hall is one of the best in Canada," said Wright. "That's always something to look forward to in future years."

Bora Lim, a fellow music student, invited Wright to be part of an audition arrangement for class.

"Ian is really dedicated," she said. "He's clean, professional, and always has great ideas."

Wright works with Mark Promane, head of woodwind, in weekly private drum sessions. "He's great," he said. "Ian's going to go far."

Ian Wright
Drummer

Wright will balance his music degree with playing at the Pia Bouman School for Ballet and Creative Movement in January. Through this connection Wright was able to receive his first student in Toronto, teaching the artistic director's grandson.

Wright expressed interest in doing his Master's after school and teaching at university, but for career goals, there is a much loftier ambition.

"The peak of my goals is to have a band under my own name, and tour," he said.

"But that's so hard, you can never rely on that."

Comedian centre of attention in movie

DYLAN MACKENZIE
A&E REPORTER

Andre Arruda was born with dwarfism, but his passion for comedy always overpowered any physical differences.

He attended Humber College for comedy "so long ago it was still at North Campus," he said.

The LinX Comedy Showcase was part of a documentary "Short and Funny" (working title). Lee Ventura, director, had hometown connections that helped the project.

"I knew Andre from high school," said Ventura. "The film will follow his journey in stand-up comedy. It's a movie about perseverance, and not making excuses."

Laurel Jarvis, production manager, had no hesitation with the project.

"I was totally on board," she said. "Most documentary projects are serious, and the filming process has been a lot of fun."

Ventura and Jarvis are part of a six-person group working with Arruda for their second-year film and media production assignment. Equipped with an editor, director of photography, sound operator and producer, the crew has been documenting Arruda's daily life.

"It's been a little weird," Arruda said about the constant filming. "They seem to know what they're doing and that's really assuring."

The profile became broader when other comedians, like Humber graduates Paul Thompson and Debroah Primeau, were interviewed for the project.

"Sometimes the other comedians say something that conflicts Andre. But that's great—film's all about conflict," said Ventura.

Arruda doesn't have any specific ambitions for the final project.

"I hope they're entertained," he said. "I hope it opens eyes. I think the crew has a great grasp on things, and from what I've heard, everything looks great so far."

The film is slated to be completed in November. It will be screened at the Eaton House in early December as part of a student showcase.



Dylan MacKenzie
Andre Arruda performs at LinX

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Grad to MC Just for Laughs comedy tour across Canada and the U.S.

ARDA ZAKARIAN
A&E REPORTER

A Humber grad is hosting the 10th anniversary Just For Laughs national tour, an event from one of the largest comedy organizations in the world that showcases comedians like Russell Peters and Whoopi Goldberg.

This year's tour launched Oct. 19 and host Frank Spadone said he feels honoured to be a part of it all.

"For them to ask you to be the host, whether it's for one show or a tour, it really means that they respect you as a comic and that you can carry the show," said Spadone.

"You're one of the faces of the show. It's an honour, a total honour," he said.

The tour checks into Toronto's Massey Hall Oct. 30th and features Jeremy Hotz, comedian and staff writer for *The Jon Stewart Show*, Robert Kelly, who was previously on tour with Dane Cook, Gina Yashere, from *Live at the Apollo* and Ryan Hamilton, one of *Rolling Stone's*

"Five Comics to Watch."

Just For Laughs chooses from some of the best comics out there, said Christine Melko Ross, vice president

For them to ask you to be the host, whether it's for one show or a tour, it really means they respect you as a comic.

Frank Spadone
Comedian

of business operations at Just For Laughs.

"Frank is an amazing host, he's very funny, very personable," said Ross. "He was an ideal choice to take across Canada. He knows how to get the audience going right from the start."

Spadone chose the comedy route after graduating in 1994 with a creative photography background.

"The clients would say, 'we really wanted you to be on this shoot be-

cause you do a great job, but you're also fun, why don't you try comedy?'" said Spadone, who hasn't looked back since.

His one-man show, *The Best for Now*, and his involvement in Just For Laughs tours including *The Ethnic Heroes of Comedy*, has sold out crowds in Canada and the United States.

Spadone said Toronto's Absolute Comedy is his home base and he visits often.

"He's a great comic, one of the top guys in the country, in my opinion. We get people that call just to ask when he's going to be here next," said Ryan Maglunob, comedy manager at Absolute Comedy.

Spadone is passionate about his involvement in what he calls one of the most difficult of arts.

"Doing all this is kind of like immortalizing your name with all these great people," said Spadone. "Maybe one day my kid can look at it and say, 'he actually did something with his life.'"



Courtesy Rolando Clemente

Frank Spadone hits the stage Oct. 30 at Massey Hall in Toronto.



Courtesy Second City

Caitlin Howden and Adam Cawley together ham it up on stage.

Comedian lands role in 'Wicked Awesome'

KATIE BROWN
A&E REPORTER

A Humber comedy graduate is carving a name for himself in Toronto's cutthroat comedy industry, with success at The Second City.

"I was told to not expect to get a job like this until I was 29," Adam Cawley said. "I was told 'don't worry about it now, you'll get it later.'"

Cawley recently landed a spot as one of the cast members in *Something Wicked Awesome This Way Comes*, Second City's hilarious new show.

After graduating from Humber's comedy program he was hired as a cast member of the interactive dinner theatre production *Tony and Tina's Wedding*.

From there he joined The Second City Touring Company, but before he was hired onto the mainstage Cawley appeared on TV shows such as *Just For Laughs* and *Much Music's Video on Trial*.

"I worked extra hard, and during my time at Humber, I also took two night classes at The Second City and

started my own sketch troupe. I was hired at 22, and working on the mainstage by 25," Cawley said.

The show features Cawley alongside five other comedians in a variety of sketches covering everything from the G20 to iPhone apps. The actors prove their quick wit and strengths with an improv performance after the show.

"What makes it so funny is the writing," he said. "I think anyone could personally relate to half of those scenes. It's funny because it's about stuff that happens in your everyday life," said Dominic Valentini, 28, who was at the show with his girlfriend.

Cawley said he wants to leave Humber students with his number one piece of advice.

"Don't be a jerk to anybody. I've already worked with many of my teachers and peers from Humber. As long as you're a nice person, you will probably be fine."

Tickets to *Something Wicked Awesome This Way Comes* are available on The Second City's website.

Sketch youth program creates mural and inspires music video

REEM JAZAR
A&E REPORTER

A mural painted by artists from a Toronto youth shelter is the inspiration behind a former Humber student's first music video.

Joel Douglas, a former culinary arts student, said he first saw the mural when he was at Eva's Phoenix Youth Shelter, near Liberty Village.

"It was the dead of winter and I passed by the Sketch group painting the mural at night with lights shining down on the wall," said Douglas, who came across the mural last January.

Sketch is a group who help Toronto street youth express themselves and build skills through art.

"Their commitment to their art inspired me. I told myself that I'd pay homage to that mural somehow," he said.

Douglas has organized his first video shoot, *Dream and Manifest*, in front of the mural.

Douglas was able to fund the project with a grant from the Sketch group.

"The CUE grant is given to people who have been with the Sketch program for over a year," Douglas said. "You have to provide them with a budget for the project you want to do and document it."

Douglas said it was a struggle to get the administrators at the shelter to allow the video to use the mural as its backdrop.

"I think they were worried about the privacy of those who live at the shelter," said Douglas.

He said he eventually did get the go-ahead from the administrators.

"They finally realized what I was trying to do," he said.

Kerry Boileau, co-ordinator for Sketch, has been involved in the program for over eight years.

"Helping to facilitate those creative processes, I learn so much," said Boileau.

"In the collaborative process, we're forced to realize the brilliance of the collective. We learn about community building," she said.

The Sketch program also comes to Humber College to speak to Early Childhood Education Students about troubled youth.

Jorge Dominguez, one of the artists who painted the mural, said he did it to improve the morale of young people living at the shelter.

"Just having a general place to go and a place to release all those tensions, helps," said Dominguez. "I've seen people turn around in a matter of weeks because they have an artistic outlet."



Reem Jazar

Kerry Boileau crafts a pair of slippers outside the Sketch studio.



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Courtesy Harper Collins

Author of *The Matter with Morris* and award winner David Bergen said he's anticipating the Nov. 9 award ceremony.

Authors recognized at Scotiabank Giller Prize

DENEE HALL
A&E REPORTER

Authors David Bergen and Sarah Selecky are among three other finalists who made the shortlist for the 2010 Scotiabank Giller Prize.

"Teaching is a good job, but as an author you focus on your own work. The elevation of imagination is much more thrilling," said Bergen, who has taught Humber's creative writing correspondence program since 2005.

Bergen, author of *The Matter with Morris*, won a Giller prize in 2005 and was a juror for the 2007 awards.

"It's much more fun being a nominee, it's more exciting. It's a great experience," said Bergen.

Selecky, author of *This Cake is for*

the Party, graduated from the program in 2007.

Her writing has been published in *The Walrus*, *Geist*, *The New Quarterly*, *Event* and *The Journey Prize Anthology*.

Bergen and Selecky are among a long list of other faculty and alumni who have either won or been nominated for the award.

"We are always delighted. We're like cheerleaders. We invite them back, we send them flowers, we love them all," said Antanas Sileika, artistic director of the Humber School for Writers.

Writing a novel, Sileika said, is no easy task.

"It's not a sprint, it's a marathon. Most novels require a lot of rewrites. It takes a lot of time. You can't give up.

You have to be determined and stubborn," he said.

Aspiring writers are encouraged to utilize programs like Humber's writing centre to focus their work.

"Practice writing. Just go home and write something. The more you write, the more you notice what you're capable of," said Cheryl Leblanc, who works at Humber's writing centre helping other students with their writing.

The winner of the Giller Prize receives \$50,000, while the four finalists will each receive \$5,000.

The Scotiabank Giller Prize black tie dinner and award ceremony will take place on Nov. 9 at the Four Seasons Hotel.

College helps writer to develop and grow

Award-winning novelist Robert Rotenberg took Humber's nine-day writing course

KAYONA LEWIS
A&E REPORTER

Author and criminal lawyer Robert Rotenberg credits Humber's nine-day summer workshop for helping to develop his recently published best-selling novel *Old City Hall*.

The novel focuses on a man who murders his wife. After his initial confession, he refuses to speak of the murder again, especially to those who could potentially help him, such as his lawyer.

"It's an epic novel that has a diffusion of viewpoints," said Ben Labovitch, liberal arts and science professor at Humber.

Labovitch ran one of the workshops Rotenberg participated in during his time at Humber.

In addition to the nine-day workshop, Rotenberg also took Humber's correspondence writing course.

"I never worked so hard in my life. We would have three-hour classes and it would be like 10 seconds. It was magical," said Rotenberg.

It was important to him to write a novel that captivated people, so he contacted mentor David Bezmogzis

for help.

Bezmogzis is a part-time teacher at Humber and an award winning author himself.

"He really liked my writing and really got what I was trying to do," said Rotenberg.

"Thank goodness for Humber. I was halfway through my book and I didn't know where to go with it," said Rotenberg, who started the book in 2001.

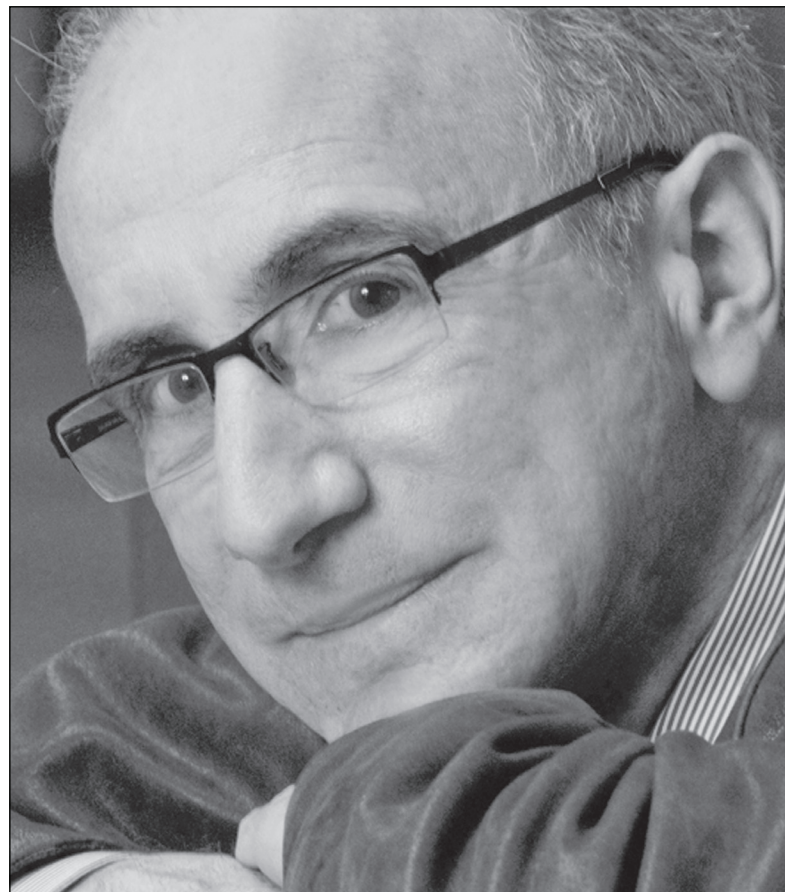
He knew who his characters were and what his story was but didn't know where it was going, and Humber's workshop helped him to develop that, he said.

Rotenberg finished the book in April 2007.

"The characters are realistic. You can imagine running into these people," said Tracy Tyler, *Toronto Star* columnist.

The novel is being published in Canada by Simon & Schuster and was shortlisted for The Crime Writers of Canada's CWA John Creasey (New Blood) Dagger in 2009.

It will be followed up by the May 3 release of *The Guilty Plea*.



Courtesy John Narvali

Robert Rotenberg credits the success of his novel to Humber.

Cosmic Eye skips studio for old barn

MATTHEW L. SMITH
A&E REPORTER

Some bands record their first studio album indoors to ensure a precise sound, but The Cosmic Eye aren't that band, as they chose to record in a friend's barn.

"It's a studio that has no time limit so we show up and play," said Mark Sanders, bass player and final-year applied music student.

"It was a cool vibe to go from a strict schedule to being able to go into this barn where we could play freely. It's huge and it has this roomy ambience," he said.

Audio engineer technician MacKenzie Jordan said the interesting sound isn't the only reason they decided to skip the studio.

"It's not expensive and we can spend all night and day in it," he said.

Jordan got involved with The Cosmic Eye through close friend and now bandmate Steve Lavery, keyboardist and singer.

"Mackenzie was willing to give his free studio time to start recording the album after school," said Sanders. "He just graduated so he wants something for his resumé."

Kevin Richards, third year applied music student and drummer, is anticipating the release of the album sometime this winter.

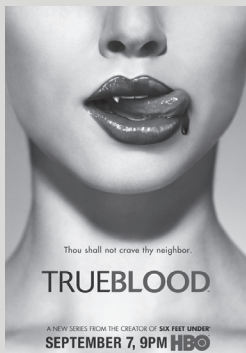
"I originally recorded a four-song demo in Sanders' basement so we used those songs at our shows and it got a buzz going," said Richards.

But there's still hard work ahead. "Right now, though, we're just cleaning up the overdubs and vocals," he said.

Their next show is Nov. 6 at the Umi Cafe in Ottawa.

the radar: halloween

True Blood



HBO sensation True Blood follows the lives of vampires and humans, as they try to co-exist in a small Louisiana town. The show has been renewed for a fourth season coming summer 2011.

Recommended By Mathew Lopes

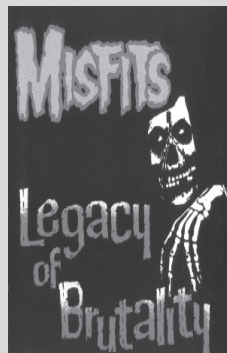
The Shining



Based on the Stephen King novel, *The Shining* is one of the greatest scary movies of all time. A family man is influenced by an evil presence, causing him to go insane and attack his family. Sure to have you screaming RED-RUM on Halloween.

Recommended By Jordan Maxwell

The Misfits - Legacy of Brutality



What better way to ring in the season than with a little classic horror-punk? Featuring timeless classics like Spinal Remains and American Nightmare, it's sure to put you in that Halloween mood!

Recommended By Kyle Jennings

SickKids withdraw following controversy

JASON SPENCER
LIFE REPORTER

SickKids said it no longer wants to receive money from a charity haunt near Humber's Lakeshore Campus.

Lorne Andrews, a Mississauga realtor and founder of the "Powerhouse of Terror" charity haunt, said the controversy started when the *Toronto Sun* published an article on Oct. 17 that focused on an attraction in the Powerhouse called "the Asylum," and tied it into the history of the Lakeshore Psychiatric Hospital that closed in 1979.

More than 100 people debated on the *Toronto Sun* website. The comments ranged from people saying that it was disrespectful to the mental health community, to people defending the charitable Halloween event.

The Asylum attraction featured a haunted insane asylum with actors playing patients.

Andrews said after reading the backlash from the article he changed the name of the Asylum attraction to the "House of Carnage." He also said he changed the theme of the attraction to a maximum-security prison with zombie-inmates.

"Feedback from the community brought to our attention that activities at the charity haunt stigmatize people with mental illness," said Sandra Chiovitti, manager of media rela-

tions at the SickKids Foundation.

Chiovitti said Ted Garrard, President and CEO of the SickKids Foundation and Mary Jo Haddad, President and CEO of the Hospital for Sick Children, decided Oct. 21 to no longer be the beneficiary of the third-party event.

"The *Sun's* article was slanted. We're not out to offend anyone," said Andrews.

Chiovitti said she appreciated that Andrews reacted immediately and responsibly, but there were still concerns about the nature of the Asylum attraction.

Ardiana Mustafa, 25, is one of the more than 200 volunteers at the haunt, she said she was hurt by the comments people were making on the *Sun's* website because they were made out of context.

"It's horrible that people think we're making fun of mental illness," said the Humber fundraising and volunteer management graduate.

"It's disappointing because SickKids was my charity of choice," said Andrews.

Andrews said the money is now going to Participation Acknowledgement Commitment Transformation (PACT), an organization that helps at-risk youth.

The Powerhouse of Terror is being held until Oct. 31. For more information visit: www.charityhaunt.ca.



Jason Spencer

Lorne Andrews, founder of the Powerhouse of Terror charity event, poses with Halloween props in the new "House of Carnage" attraction near Lakeshore Campus.



Melissa Greer

Students will participate in the fourth annual Trick-or-Eat campaign this Halloween evening.

Lakeshore Trick-or-Eaters collect more than just treats for charity

KHRISTOPHER REARDON
SENIOR REPORTER

Humber students should be concerned about community whether or not the hallways are filled with all manner of goblins, witches and vampires.

That's why costumed Humber students will be taking part in Lakeshore Campus' fourth annual Trick-or-Eat campaign on Oct. 31, to collect food for a local charity.

"We're young and there's no reason why we can't be out there and giving our time. We're not asking for students to donate money that they may or may not have," said Ashley Boucher, fundraising and volunteer management student and organizer of the event. "It goes to something that could help a lot of people."

The students will be going door to door in costume to collect non-per-

ishable items for the Jean Tweed Centre, a shelter which provides support to women dealing with substance or gambling problems.

"It is important to other people in the community and I think that's a good enough reason to go out and do something," said Boucher.

Trick-or-Eat is hosted through Meal Exchange, a student-founded organization which tries to address local hunger concerns through utilizing student action. Students from Lakeshore have already alerted the neighbours whose houses they'll be knocking on Halloween night as to what kinds of food they'll be looking for.

"It's a night when people are already expecting to get knocked on their door and distribute edible items. People are already sitting at their doors," said Dave Kranenburg, executive director of Meal Exchange.

"If you let them know that you're

coming and saying, 'Instead of candy, we're asking for food for the food bank or the drop-in centre,' they'll have that food waiting and it's really easy. Everybody wins and it's not really a change in routine."

Since Trick-or-Eat has been adopted on the Lakeshore campus four years ago, Humber students have raised \$15,800 worth of food and money for the Jean Tweed Centre through the program.

Though students will be changing into costumes for Halloween night, they won't be changing their passion for giving back.

"I immigrated over here to Toronto when I was seven so I've been living here for quite a while now," said Frankie Chow, a fundraising and volunteer management student who is helping plan the event. "The community really gave a lot to me so I really just want to help out."

Check out the Et Cetera's coverage of LG Fashion Week at: www.humberetc.com



Allie Hunwicks

Post-graduate public relations student and Fashion Design Council of Canada intern Evangelia Marins at LG Fashion Week.

Tattoos no longer taboo for women

MELESA NARAIN
LIFE REPORTER

Women are becoming more confident in revealing their body art as society has become more accepting of tattoos.

Teneke Baptiste, 23, a second-year tourism management student at Humber, has three tattoos.

"People are shocked because I don't look like the type of person to have tattoos, and where my tattoos are placed, nobody really notices that they're there," she said.

One of her pieces is a memorial to her grandmother, another is of a Hawaiian flower with a music note and the third is of a butterfly with the words "Beautiful Dreamer" underneath.

While Baptiste said she's comfortable with her tattoos, it hasn't been long since tattoos were considered taboo for women.

"Back then it was kind of a boys' club; it was pretty hard to be taken seriously, but I was persistent," said Pauline Zahalan, Yonge Street Tattoos owner and artist.

The 54-year-old, who has owned Toronto's first women-owned tattoo shop for 13 years now, said tattoos used to be associated with the navy, prisoners and circus performers.

Allesha Stankoveic, 23, a spa management student, said, "Women have a certain respect level and dignity. They're mothers, grandmothers and caregivers, so if you have a tattoo, it makes you look like you're more rough around the edges and women are supposed to be gentle."

But with tattoos being seen more in the media, North American culture is finally learning to accept them.

Zahalan said television shows like Miami Ink and L.A. Ink are beginning to make tattoos popular and trendy, and with celebrities like Kat Von D and Angelina Jolie having tattoos, it gives women more confidence to go ahead with it.

"As the generations continue, every tattoo comes with a story and it has a piece of your identity, so it's just a way of showing who you are and it doesn't look so threatening anymore," said Stankoveic.



Melesa Narain

Brittany McMillan, 23, a Sunnybrook Hospital nurse, gets tattooed at Yonge Street Tattoos.

"I fought so hard that I have to get another injection of Botox because I have so many wrinkles now."

—Rachel, *Big Brother 12*

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To
The
Nines

By Krystle Nancoo

Idil Nursed, 23,
second-year business
management

Where do you find your
style inspiration?

"I have a lot of sisters, six actually, so I borrow from them. Most of the time I dress for comfort."

Who or what influences
your style?

"Music and movies. I look at what they're wearing and try to mimic their style."

Where is your favourite
place to shop?

"I love Forever 21. They have great choices and good prices."



Library blog emerges from the books

ASHLEY GREENE
LIFE REPORTER

The Humber Library has created a new blog to tell students about its workshops, services and contests.

The online service is a way for Humber students to view the library as interactive and fun, not just a place for studying or taking out books, said Adam Weissengruber, library technician for Virtual Services and Copyright.

Humber library staff and their marketing group created the Shout Out Blog in late September. It is the first independent social networking site offered to students by the library. It has received 780 hits so far.

Mark Bryant, a reference and information literacy librarian, is one of the main administrators of the blog. He said the blog will inform students about happenings in the library.

"For example a survey is coming up where students have the opportunity to win an iPad," he said.

Bryant and Weissengruber update the blog weekly with fresh content and keep tabs on new comments as well as daily stats.

They said they are working along with the marketing team to see about

advertising about the blog on other Humber social network pages, such as the Facebook page and Twitter account.

Shout Out Blog uses Humber's colors, gold and blue, as a way to integrate the college's theme in the page design.

Weissengruber said he would like to change students' point of view on the library.

"They think of the library to the point they need it. It's not something that's obviously in their thoughts," he said.

Second-year business management student Sarah Ahmed said she hasn't heard about the blog but is interested to learn about it.

"I am at the library at least three times a week," said 24-year-old Ahmed. "I like to be informed about what's going on here. It's good to know what's happening."

Both Bryant and Weissengruber said they would like to see more comments and visits on the blog and get the conversation between the library and the Humber community going.

"If we could reach two per cent of our intended audience and get something out it would be good," said Weissengruber.



Ashley Greene

Reference and Information literacy librarian Mark Bryant sits at his office desk, while he visits the new Shout Out Blog.



Allie Hunwicks

Students from the Humber College post-graduate fundraising and volunteer management program display their "mo's" in support of Movember and prostate cancer awareness.

A hairy cause written all over their faces

Humber Movember campaign draws attention to prostate cancer

ALLIE HUNWICKS
LIFE REPORTER

Humber College students will launch a campaign at North Campus on Nov. 1 in support of the men's health movement Movember, where you can join a team and grow a 'stache to help raise money for Prostate Cancer Canada.

"We're going to have people in the concourse with laptops set up so that students can come in and donate to Movember or sign up and start their own campaign. We're going to have a table set up with some information and we'll be there to chat about Movember for people who aren't really aware of it or for people who've kind of heard of it but don't know the details," said Dave Welbourn, logistics committee for the Humber post-graduate fundraising and volunteer management Movember campaign.

Their campaign is hoping to raise \$5,000, all of which will go through

Movember Canada directly to Prostate Cancer Canada. The group is confident this goal will be well surpassed, as the team has already raised over \$2,000 on their own, said Welbourn.

Movember has a youthful marketing strategy that plays on the moustache as ribbon symbol to garner attention for men's health.

"You can use breast cancer awareness as a comparison. Everyone wears the pink ribbon and pink is associated with breast cancer and breast cancer awareness. For us, and for Movember, and for prostate cancer awareness, it's "the 'mo' that is the symbol," said Carolyn Hawthorn, committee chair for the campaign.

It is the awareness that is often most important, since one in six men in Canada will get prostate cancer, which is curable 90 per cent of the time if regular checkups detect it. Movember Canada is hoping to raise \$12 million

this year in support of prostate cancer research and treatment.

"All of our money raised goes to prostate cancer research, and from what I understand, in our lifetime we're going to conquer prostate cancer. It's mostly because of Movember money because we're the largest fundraiser of prostate cancer research worldwide," said Jesse Hayman, Movember Toronto spokesperson, and Humber Movember student liaison.

Hayman is also involved in a "moustache ride," where three Movember supporters are cycling from Toronto to Ottawa to encourage Prime Minister Stephen Harper to grow a moustache.

The Humber Movember campaign will conclude on Nov. 29, with a wrap party at the El Mocambo at College St. and Spadina Ave.

The Movember launch will be held in the North Campus concourse from 12-2 p.m. on Nov. 1.

Online profiles make first impression for job applicants

Use discretion when posting embarrassing and drunken party photos to the internet, says Career Centre

SAMANTHA EMANN
LIFE REPORTER

With the invention of social networking sites like Facebook, Twitter and LinkedIn, employers have a new tool for screening applicants.

Karen Fast, manager of the Career Centre at Humber, said your friends aren't the only ones who are going to see pictures of you at all of those great parties.

"Employers have come to us and said they use Facebook to check out prospective employees and I don't

think students realize what they put on that site is something everyone can see or that once you put something on the internet, it does not go away," she said.

Fast said the site LinkedIn is a good professional profile to have for potential employers.

"You create a profile that is like a resume and you add people who are your colleagues so that employers can see you and also who you have worked with."

Lynne Thomas, media communications program co-ordinator at

“Once you put something on the internet, it does not go away”

Karen Fast
Career Centre manager

Humber, said students should have some form of online profile for employers to see.

"If you don't have any kind of online profile, that can be seen as you are someone who is not up to date with the times and also it has been mentioned in my classes that if you keep your Facebook blocked completely and employers try and look at it, they may think you have things to hide," said Thomas.

Andrea Tavchar, a public relations professor who teaches a class on social media said, in an informal survey, 100 per cent of PR professionals polled said they used Google to screen prospective employees.

"Today, employers use Google and Facebook because it is a fast, convenient way to screen their employee prospects. If you want to use Facebook to post personal things like pictures and personal thoughts, then have another similar online profile that is more professional on another site that employers can see."

Karen Fast recommends articles on jobpostings.ca and a YouTube video entitled "What Job Seekers Need To Know" as ways to help students use social media and social networking to their professional advantage.

Hitting the books before a pillow

Sleep disorders are common among post-secondary students, says counselling services

SAMANTHA EMANN
LIFE REPORTER

Pulling all-nighters to get that assignment done at the last minute and then heading to class after six cups of coffee seems to have become a tradition among students.

According to SleepDeprivation.com, studies show approximately 20 per cent of college students suffer from sleeping disorders, including insomnia. Students who suffer from sleep disorders can experience irritability, anxiety and weight gain.

Dr. Danita Kagan, sociology professor at both Humber and Guelph-Humber, said that we as a society normalize the problem of sleep deprivation, especially in college students.

"The problem is systemic," said Kagan, "we use stimulants like coffee and energy drinks to 'band-aid' the problem whereas I think a more widespread solution is needed. For example, give more seminars and information on the importance of sleep and managing time at the beginning of the year."

Kagan said the use of technologies, like cellphones and computers, make it harder to relax and get sleep be-

cause people are constantly plugged in. There is a societal trend that relaxation and leisure is a waste of time, when in fact it is very important to let your mind and body recuperate.

Karyl Agana, 21, a university transfer program student, said sleep is hard to get with her school workload and two jobs.

"In general, I only get about four or five hours of sleep a night after I go to class, then work, then do school work until 3 or 4 a.m."

Liz Sokol, counselling co-ordinator at Humber, said when students don't sleep, everything else they have to face, whether it's relationships, jobs or family, gets harder to deal with.

"When it comes to sleep deprivation, what we tend to see is an increase in anxiety and depression that sometimes can lead not being able to sleep and are sometimes caused by not being able to sleep," she said. "Usually when we are anxious we have trouble sleeping but if we have trouble sleeping, we are more likely to become anxious because we are not functioning properly."

Both Agana and Sokol also said not having enough time to get things



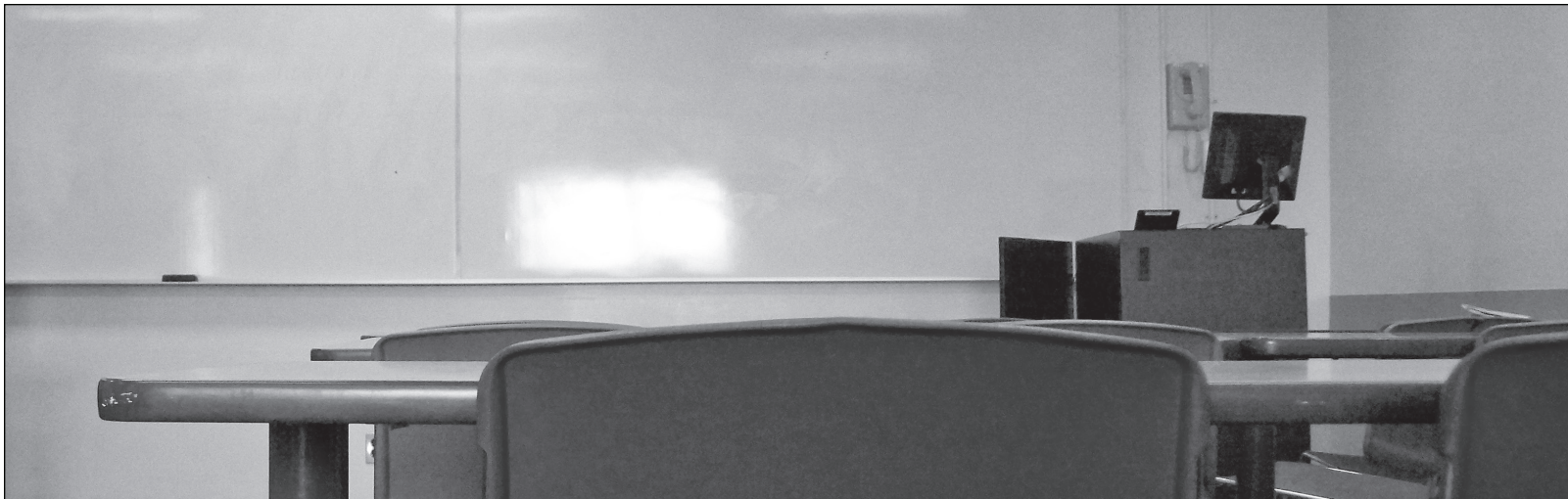
Samantha Emann

Some students resort to getting precious sleep whenever and wherever they can.

done in terms of school work and jobs is a major cause of students not being able to get enough sleep.

"I think student just really have to

manage their time well and also listen in class and take a lot of notes so that it's easier to study outside of class and may not take you as long," said Agana.



Khristopher Reardon

A classroom view from the D building, the oldest building on campus.

Classroom structure engages student mind

A strong design concept fosters learning in the classroom, says interior design professor

KHRISTOPHER REARDON
LIFE REPORTER

The Humber classroom is evolving and the past decades' classroom designs are becoming more and more irrelevant.

"A really inspiring space has to activate us on a level social forum, so it means that it also rearranges the way that we relate to each other and to the instructors and other students from other faculties," said Marcin Kedzior, interior design professor at Humber.

Kedzior said adopting an urban landscape within the school would encourage the growth of new ideas. In this way we can cultivate a school culture which would allow for more social and networking links.

"In a lot of ways a room is like a mind, because like the way you put up posters in your room of things that you like and things that you like to think about, you have a calendar, you have your favourite movie or something," said Kedzior. "A space inflects how you think and also provides an opening for new kinds of thoughts or doesn't."

The classrooms at Humber have shifted greatly in design over the decades since the college's founding in 1967.

Bruce Bridgeford, a consultant, has had his hands on nearly all projects since he started at Humber as a co-op student in 1976. His first working project was the old athletics building.

"If the room's too long, then the

students in the back of the room are too far away from the board. If the room's too wide then the students on the left and right of the board have a poor viewing angle for anything that's being displayed on the screen or written on the board," said Bridgeford.

Bridgeford said the furniture in classrooms has evolved as the student body has changed.

"Now we have 10 per cent of our population that's over the age of 35 and all shapes and sizes. Not everybody fits into tablet armchairs," he said.

Bridgeford also said the classroom has expanded technologically to include computer stations and outlets to recharge laptops and other devices.

"Teachers who go over PowerPoint while having other technological ad-

vances to help them as well, reduce a lot of writing time," said Desmond Yao, a first-year paramedical student.

But the shape and function of the classroom is becoming more about social connections than it is about facing the front of the classroom listening to lectures, and students are using class time to connect with one another's culture and share ideas.

"I like the environment of the classroom, the different colour people, and different cultures. We have to understand the different cultures, and I like the conversation between the teachers and the students in the classroom that enhances learning about tourism," said Nanneet Kumar, a first-year hospitality student.

Help for sexual assault victims

SHUMU HAQUE
LIFE REPORTER

Sexual assaults are under-reported on campus, according to the information provided by the Health and Counselling Centres.

According to co-ordinator Liz Sokol, the centre does not keep definite statistics about the services utilized by victims who seek counselling. However, the number of those who come for sexual assault is less than 10 per cent of the students they see each year. Last year, approximately 2,700 students came for counselling due to various reasons.

"We may get one or two people that come in, [but] I think it's very under-reported because people are scared. Most of the time the sexual assault occurs by someone they know, not your typical stranger in the dark alley," said Carole Gionet, health centre manager. "We do have to get the word out there, that if it happens, you can go to the health centre or whatever you feel more comfortable with, you can go to counselling, whatever gets you that first help, and then we all work together to make sure that you are a survivor of it, not a victim," said Gionet.

There are different options for someone who's been assaulted including after hours emergency service at the William Osler Health Centre.

When they go to the health centre on campus, they can get essential medical care such as emergency contraceptives or medications to prevent certain STDs. Although the campus health centre sells the emergency contraceptives for \$20, the centre waives the cost in emergencies such as sexual assault, said Gionet.

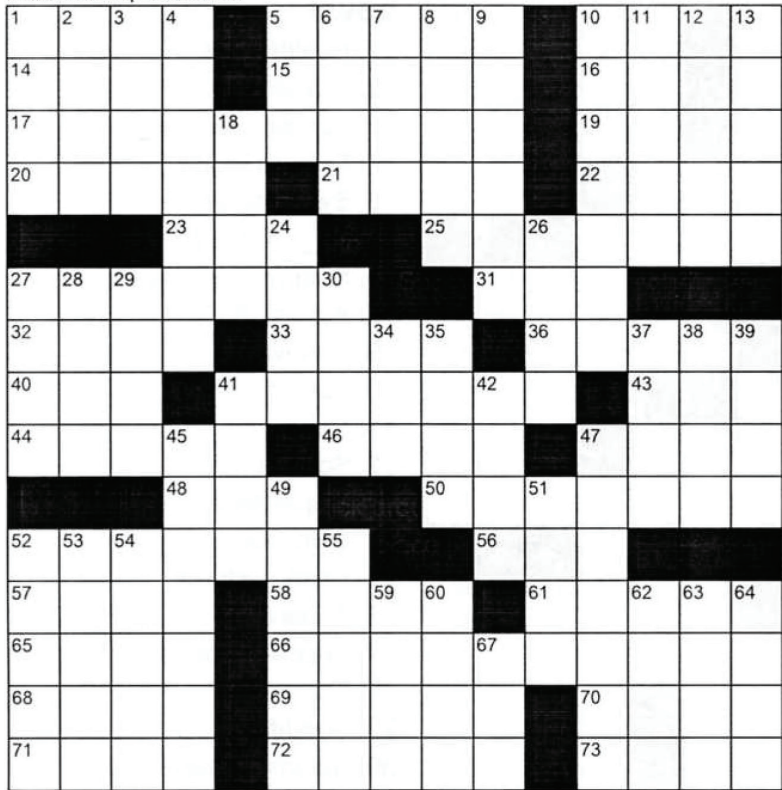
For police, physical and mental health of the victim is of topmost priority.

"If a victim comes to us immediately after an assault, we take her to the Women's College Hospital Crisis Unit where they take care of every possible concern of the rape victim. We do record a video statement at the hospital and the WCH does a rape kit," said James Ure, a member of the community response unit at the 23 Division of Toronto Police Services.

"Although, unless and until the victim is ready to talk to us, we will never approach the victim. The WCH also cannot turn the rape kit over to us without the victim's consent," said Ure.

Police say they have a very flexible approach when it comes to taking reports so as not to make the victim feel uneasy or overwhelmed. The rape kit, once done can be preserved indefinitely and there is no statutory limitation on filing a case. However, it is important for the victim to come to the police as soon as the assault occurs and talk to them as it helps police get more details to catch the person responsible, said Ure.

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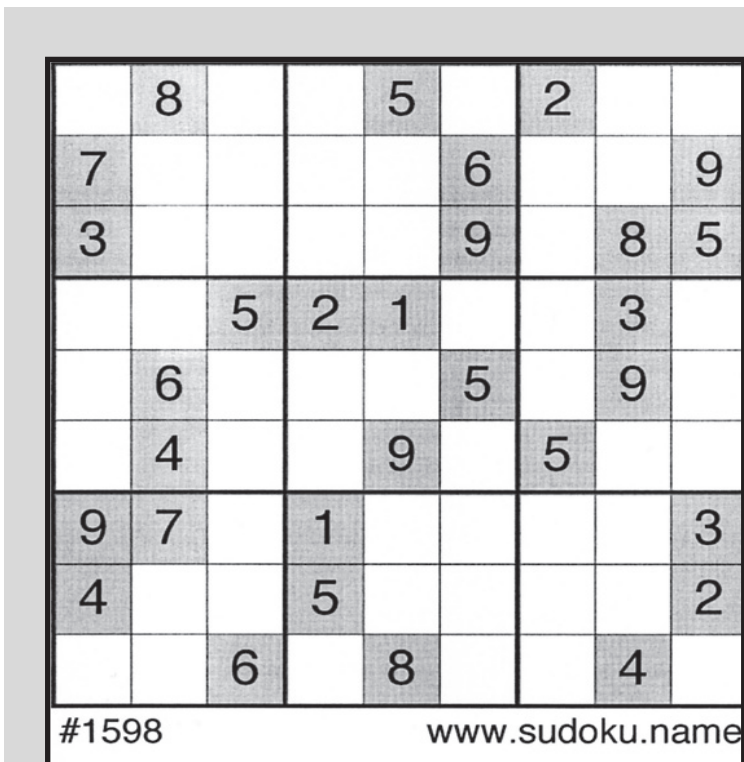
ACROSS

- 1. Droop
- 5. Greek vowel
- 10. Talk back
- 14. Sailing
- 15. Manservant
- 16. Wood source
- 17. Colony
- 19. Mexican water
- 20. Green sauce
- 21. Walk nervously
- 22. Metal corrosion
- 23. Impressed utterance
- 25. Eternal
- 27. Stupid
- 31. "___ Hard" (Willis film)
- 32. Loony
- 33. Tibetan monk
- 36. Severe
- 40. Wind dir.
- 41. Yearly publication

- 43. ___ Grande
- 44. Large trucks
- 46. Actor Sean ___
- 47. Tiny insect
- 48. Fib
- 50. Moral
- 52. Watertight coating
- 56. Billion years
- 57. English river
- 58. Sunbathes
- 61. Flag-maker ___ Ross
- 65. Actor Richard ___
- 66. Qualified voters
- 68. Picnic crashers
- 69. Nero, e.g.
- 70. Skating jump
- 71. RR stops
- 72. Scornful sound
- 73. Floppy

DOWN

- 1. Social insect
- 2. Got it! (2 wds.)
- 3. Allows
- 4. Skin drawings
- 5. Street (abbr.)
- 6. Light source
- 7. Petition
- 8. From this place
- 9. Wait on
- 10. Hollywood hopeful
- 11. Dispute
- 12. Author Dr. ___
- 13. Benches
- 18. Burglar's booty
- 24. Knoll
- 26. Part of DJ
- 27. Roadhouses
- 28. Sand hill
- 29. Ledger entry
- 30. Tent site
- 34. ___ West of Hollywood
- 35. "The Diary of ___ Frank"
- 37. Rock's ___ Clapton
- 38. Film legend ___ Hayworth
- 39. Christmas carol
- 41. The Orient
- 42. Poker stake
- 45. Sickness
- 47. ___ water
- 49. Comes in
- 51. Tramp
- 52. Legendary stories
- 53. Occurrence
- 54. Heart artery
- 55. Vulture's claw
- 59. Movie fish
- 60. Injury mark
- 62. City transportation
- 63. Rose stalk
- 64. Dog's cry
- 67. Blasting letters



Digits 1 through 9 will appear once in each zone. One zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle.

Do not enter a digit into a box if it already appears elsewhere in the same zone, row or column

HOW GOOD ARE YOU?

Under 13 min.....Genius
13-17 min.....Scholar
17-21 min.....Smart
21-25 min.....No bad
25+ min...Keep practicing

Mittens' Predictions

Aquarius
Jan. 21 - Feb.18
Mittens knew an Aquarius once. Key word: KNEW. Just saying.

Pisces
Feb. 19 - March 20
With your head transplanted to a serial killers body it's a definite step-up. Mittens says go with it.

Aries
March 21 - April 20
A young lady will tolerate your strange extracurricular habits. Particularly if it involves her face.

Taurus
April 21 - May 21
Your favorite film is Austin Powers in Gold Member. We can never be friends.

Gemini
May 22 - June 21
Loud, obnoxious broadcast students will interrupt your peaceful work time. Take it down a notch guys.

Cancer
June 22 - July 22
You're a crab, but you don't have crabs, which will get you far with the ladies.

Leo
July 23 - Aug. 23
You will watch The Edge starring Anthony Hopkins and Alec Baldwin, before he got fat. They fight a bear, what else do you need?

Virgo
Aug. 24 - Sept. 22
You will get a little too big for your britches this week. Your not my dad, so relax dude.

Libra
Sept. 23 - Oct. 23
You will have four beers, and be the life of the party. But be forewarned, after 8 you're a lifetime of misery.

Scorpio
Oct. 24 - Nov. 22
If we weren't supposed to eat animals, they wouldn't be made of food.

Sagittarius
Nov. 23 - Dec. 21
You're shallow and flighty. Hey, that's your sign, not Mittens' romantic history talking.

Capricorn
Dec. 22 - Jan. 20
Your peaceful lunchtime break will be wrecked by loud, obnoxious HSF events in the café.



Dino Pasalic

Striker Aleks Janjic leads the Hawks upfield during a 4-1 win.

Golden effort vs. Cambrian

Hawks to host semi-finals after victory

DINO PASALIC
SPORTS REPORTER

The men's soccer team kicked off its playoff campaign with a 4-1 thrashing of the Cambrian Golden Shield on Saturday.

"I thought it was an overall team effort. We weren't looking for one or two players to create opportunities for us, everyone was working hard, both when we had possession and when we didn't," said Humber assistant head coach Jason Mesa. "If we continue to play like this, moving the ball around, being unselfish - we'll find success."

The Hawks came out flying from the first whistle, taking an early lead through defender Endri Begaj. Midfielder Nico Martinez fired Humber to a 2-0 lead with a blistering shot from distance that left the Cambrian goalkeeper motionless. Nick Cisternino extended the lead, scoring from just outside the 18-yard box and sending the Hawks into half-time with a 3-0 advantage.

Cambrian added some height to take advantage of set-pieces during the second half, but it failed to make an impact when Hawks striker George Halim made it 4-0. Cambrian earned a consolation goal from midfielder Derek Huffels, minutes before the final whistle.

Cambrian played a very one-dimensional game, attempting to use

the long ball to provide delivery for their three target men. However, the Hawk's swift short passing style proved for a far more effective and attractive brand of soccer. Humber's ability to maintain possession frustrated Cambrian, constantly stretching the Gold Shield's defense and creating acres of space on the field.

"One for one, I mean, you can see they're a much stronger program than us and we went into the game knowing that were going to have to defend, defend, defend because they're stronger on paper," said Cambrian head coach Giuseppe Politi. "Their quality showed why they're a better team and we wish them well the rest of the way."

Humber captain Andrew DaSilva was missing from Saturday's action due to a red card he received during the final game of the regular season. DaSilva is now expected to miss the semi-finals and potentially the final. He's filing a letter of appeal to earn eligibility for the championship game, should Humber qualify.

When asked what he can bring to the team if he returns, DaSilva said, "I think just leadership. I think we're playing well right now. I think just setting the example, whenever somebody gets out of hand, I'm going to be on their case telling them, 'lets just keep playing and keep everybody positive.'"

Humber hosts the OCAA semi-final match-up versus Mohawk on Oct. 30.

Lopsided victory for men's volleyball squad

KATLYN-ANNE FLEDDERUS
SPORTS REPORTER

The men's volleyball team slaughtered the Loyalist Lancers three games to none on rookie Hawk Mark Mullen's old court.

First-year Hawk Mark Mullen played for the Loyalist Lancers for three years.

"It wasn't easy; I've built relationships with those guys (Loyalist Lancers). I love those guys but I wanted to beat them," said Mullen about playing against his old team.

Mullen received a lot of flak during the match, as the Loyalist fans dubbed the ex-Lancer as the traitor.

"There were a couple points in the game I listened to it more than others. But I mean... going into this game I knew the fans would try to get into my head, so I mentally prepared myself. Those fans were the reason I loved Loyalist," said Mullen.

The Hawks took the match by winning three straight games by scores of 25-20, 25-23, and 25-16. Yet the victory was still not good enough for star player Terrel Bramwell.

"We can tell when we play well as a team," said Bramwell. "The score showed that we didn't play the way we should have. A team like ours playing their team, the scores should be an average of nine points apart."

Veteran Bobby Anderson injured himself in the first match and had to sit out for the rest of the evening.

"I went to block the right side attack. The attacker came under the net. I landed on him and then I rolled my ankle," recalled Anderson. "I was not happy; I've had a few injuries in my career. I hate sitting and watching, especially when the team is playing so well."

Adding to his critique of the game, Bramwell noted the team will need to clean up for the regular season and get focused. "It was okay because we were building chemistry, but as soon



Katlyn-Anne Fledderus

Andre Brown and Terrel Bramwell block an attempted kill.

as Bobby got injured our level of play dropped down."

Anderson has one year of OCAA eligibility left and with an injury already in the pre-season; he's unsure whether he'll use that year this year or not. "We'll see how this injury heals wheth-

er I play or not, I haven't played one year without a major injury," he said.

The men's volleyball season opened last night against Conestoga in Kitchener. Game results can be found at humberetc.com. Humber's home opener is Nov. 11 against Sheridan.

scoreboard

Women's soccer

Oct. 23
OCAA
quarter-finals

Cambrian
Humber

Men's soccer

Oct. 23
OCAA
quarter-finals

Cambrian
Humber

Men's volleyball

Oct. 20

Humber
Loyalist

0
4
Durham Adidas Cup
Oct.23

Humber
Seneca

Women's volleyball

1
4
Oct. 20
Humber
Loyalist

Men's rugby

Oct. 23

3
1
Humber
Fleming

Women's rugby

Oct. 23

3
2
Humber
St. Lawrence

Men's basketball

St. Lawrence
Invitational
Oct. 22-24

28
7
Humber
Georgian

68
52
Humber
Algoma

63
69
Humber
Algonquin

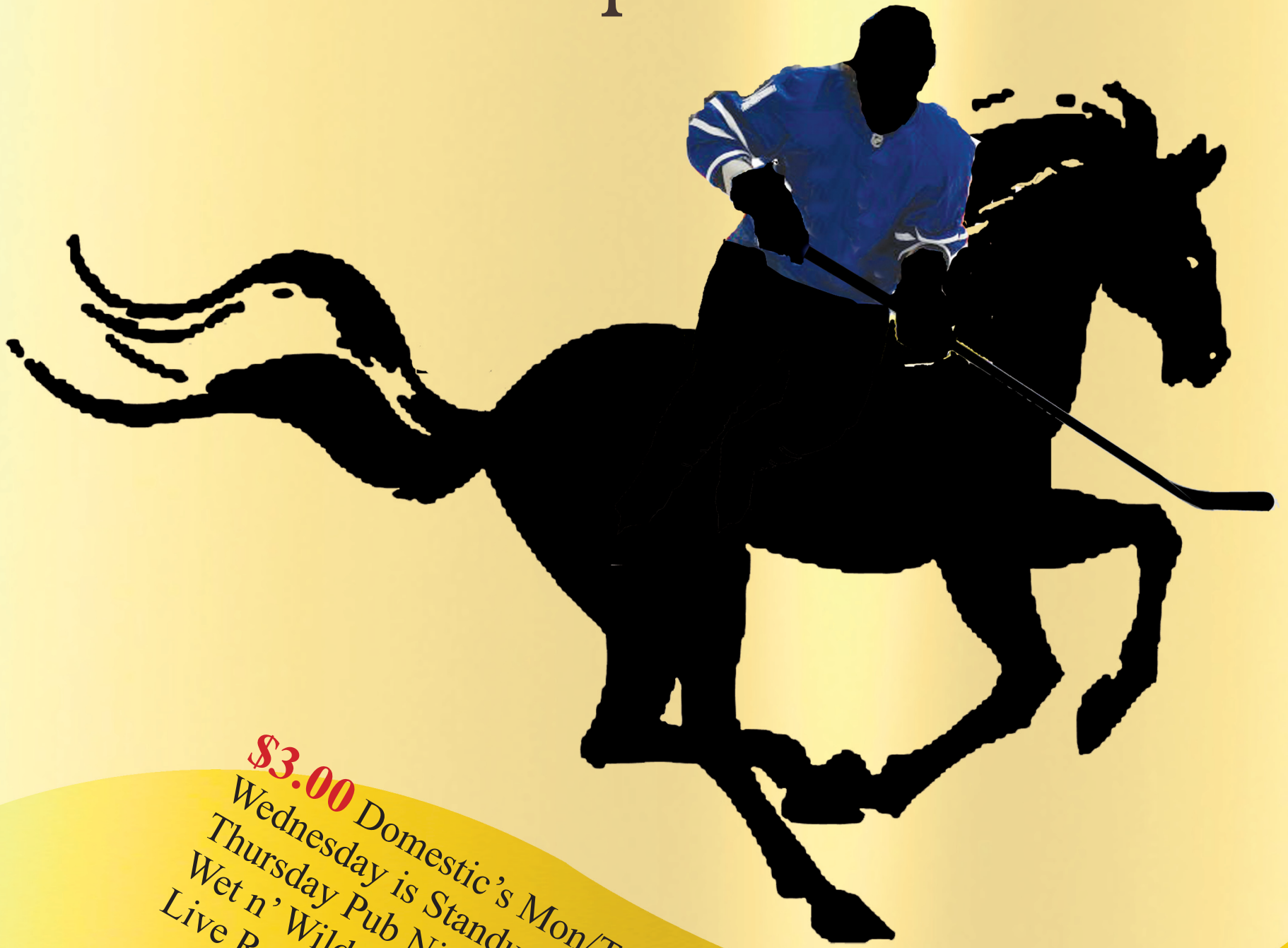
Statistics provided by Humber Athletics and OCAA

For more scores and standings log on to humberetc.com

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Women's soccer advance with shutout victory

Hawks will battle Seneca for the right to play for the OCAA championship

USTAD KHAIRA
SPORTS REPORTER

Humber secured their spot in the semi-finals of the women's soccer playoffs with a 4-0 victory over the Cambrian Golden Shield.

"The girls showed their experience," said co-head coach Vince Pileggi. "They didn't change the game, they didn't panic and we were able to come out in the second half with a little bit more sense of urgency for that first goal and we were rewarded early."

Despite controlling the game the Hawks looked frustrated at times in the first half, with Cambrian content to have up to eight players behind the ball, taking the game into half-time scoreless.

Humber continued to attack com-

ing out of the break, and it took them only three minutes into the second half to break the deadlock. The goal came from midfielder Bianca Barbieri, who unleashed a high shot from outside the box that the Cambrian keeper could only get her fingertips on as it went into the roof of the net.

I think today we brought everything together and played fantastic like a team.

Joanna Alexopulos
Hawks Midfielder

The game opened up after the goal, with Cambrian being forced to go forward in search of the tying goal. This allowed Humber more clear opportunities and they doubled their lead in the 70th

minute when Connie Tamburello scored from close range.

Cambrian couldn't put any pressure on the Humber defence, and the Hawks put the game away five minutes later. Captain Joanna Alexopulos struck from a tight angle on the right side of the box to make it 3-0 Hum-



Ustad Khaira

Midfielder Sonia Rocha crossing the ball into the box during action in a win over Cambrian.

ber. Striker Keyla Moreno added a fourth in stoppage time.

"In the first half, I thought we played well, we just couldn't finish and then we got a little frustrated at the end of the half; we were pushing a little too much. I thought the girls showed a lot of resilience and kept on playing. We

kept on pressing in the attacking zone and it paid off with three goals," said co-head coach Mauro Ongaro.

Alexopulos said she thinks that the Hawks played their best team game of the season.

"I think today we brought everything together and played fantastic

like a team. At half-time we were the better team and we were playing very well, it was our shot that wasn't there. In the final third we need to improve on shooting."

The Hawks play their semi-final versus Seneca on Oct. 29, while the other match sees Algonquin play Fanshawe.

Cheer squad will profit from Y chromosomes

Having men on the team provides strength during stunts and improves performance for Hawks



Stephanie Lipppa

Anthony Natrella (right) lifts a teammate during cheer practice.

STEPHANIE LIPPA
SPORTS REPORTER

In its sixth year of existence the Humber Cheer is finally profiting from a considerable male presence on the team.

"They have been a good asset to the team because with the stunts it is very important to have strength. They add another level of spirit to the team which is very good for our program," said athletic director Doug Fox.

Kristina McCahon, head coach for the Humber Cheer, said Humber's six male cheerleaders add a unique element to the squad. "The men are a great benefit to the team. They have added strength to our stunts that has helped us progress to a faster than normal pace." The men will be involved with stunting, tumbling, jumping, and tossing for the routine.

Anthony Natrella, 21, a second-year fitness and health student, joined the team in January with no experience in cheerleading. "It was something different because I have always played sports and I like to change it up every so often."

Sage Murrell, 20, a second-year child and youth worker student, joined the team in September. He was involved with the cheerleading

program and football team in high school. "I definitely have a lot of energy and personality and I love working with my team," said Murrell on what he can bring to the squad this year. "You get a lot of self-respect. Very few people can do what we are able to do." Murrell said cheerleading has taught him to be proud of his school and has made him more outgoing as an individual. "First it was nerve wracking because it was a new team and a new experience. It's been really great and everyone has been open to trying new things," he said.

Scott Weir, 22, a fourth-year kinesiology student at the University of Guelph-Humber, joined the team in May. Weir has an athletics background as he was involved with the football and wrestling teams in high school. "My favourite aspect of being on the team is the athleticism because you get a lot of fitness out of it and flexibility. Having the male strength on the team is beneficial," said Weir.

The Humber Cheer will attend its first competition, Cheer for the Cure on Dec. 11. Ticket proceeds will go toward Breast Cancer Awareness. The team is also cheering at games and double-headers for the basketball and volleyball teams throughout the year.

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New season, new responsibilities

Rugby captain Andrew Petricca described as 'everything that rugby should represent'

TYLER HUNT
SPORTS REPORTER

Andrew Petricca, or Pudge as he's known throughout the school, is captain of Humber's men's rugby team, ten years after being asked to play rugby by his former high school football coach.

"I kind of just got thrown into it," said Petricca. "My coach in high school saw me walking down the hall and there was a game that day. He knew I played football so he said to me 'you gotta play rugby.'"



Humber Athletics

Prop Andrew Petricca has led the Humber men's rugby team to a 4-2 record so far this season.

“Quite often the captain has to be the best player, but in the case of Pudge, he's not. He's just the outright leader.”

Doug Fox
Athletic Director

Throughout high school, Petricca won two Most Valuable Player awards and was named his school's athlete of the year.

After high school he enrolled in Humber's fitness and health program and joined the Hawks rugby team for the first time. The team was fresh off a championship win, but were looking to repeat. Petricca helped them do just that.

In his sophomore year, the Hawks dominated the regular season, but

were upset in the last minute of the OCAA championship by Mohawk.

This year, Humber lost more than half the players from the championship rosters, bringing in new faces and a brand new system to adapt to.

"Everyone has to adapt to our new

system this year, but in years past we had a set system and everyone knew where they had to be and what they had to do," Petricca said. "This year, it's kind of a working progress."

Another big change for Pudge this year was being named captain of the

team, a role head coach Carey French says he earned through his demeanor and his play.

"The team responds to him, and he's had a history with us, so he earned his spot," said French. "Being a leader is a question of leading in the

front; you have to be able to practice what you preach. But it's also listening to your teammates and representing them."

Petricca plays prop forward for the Hawks, which puts him at the front of the scrum. His job is to hit rucks, take crash balls, and "basically inflict as much punishment on the other team as possible," said Petricca.

Humber's athletic director Doug Fox said Petricca complements his play on the field with his dedication and commitment to the school, and specifically the athletics program.

"Quite often the captain has to be the best player, but in the case of Pudge, he's not," said Fox. "He's just the outright leader of that team. If you see him on the sidelines or in team meetings he's always addressing his team about behaviour energy and everything that rugby should represent".

Petricca said he hopes to captain the Hawks to another OCAA championship, but knows that it will take some work to get this year's team to where they need to be.

"We have a lot of raw talent on the team, and a lot of players who know how to play rugby. If we can buckle down and play with each other rather than by ourselves, we would be a force to be reckoned with."

Humber will meet Mohawk College Thursday for the final game of the season, and a rematch of the Hawks first loss of the year.

Hawks lance-a-lot in win over Loyalist

Women's volleyball drop only one of four sets vs. Lancers

KAITLYN CAMPANELLA
SPORTS REPORTER

After an undefeated tournament just a few days prior, the Humber Hawks kept its winning streak alive, winning three of four sets at Loyalist.

"It was a good opportunity for us to play in Loyalist's gym because they are hosting provincials. Hopefully the next time we will be seeing their gym will be at the OCAA Championships," said middle/outside Humber player Landis Doyle.

The Lancers put up a good fight against the Hawks, keeping the scores close throughout all four sets but in the end the Hawks dominated.

Humber owned the court in the first set, 25-16 and played outstanding in the second set winning 25-12 over their opponents, making diving serve returns and un-returnable spikes left, right and centre.

The Lancers struck back in the third set winning 25-23 but Humber came

back in the fourth set and came back from a six point deficit to win the match, 25-19.

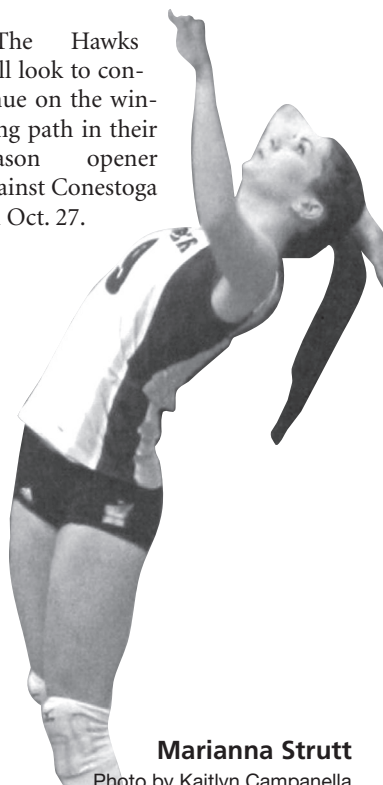
Loyalist head coach Tony Clarke said he has big goals for his team involving the OCAA championships as well.

"Our main goals this year are to improve on our mental focus and improve one game at a time. We would like to compete in the east division and earn our way to the OCAA Championships that are being hosted at Loyalist," said Clarke.

"They work hard," said Humber coach Dean Wylie about the Lancers. "They were fighting even if the score was 25-12. They don't stop fighting."

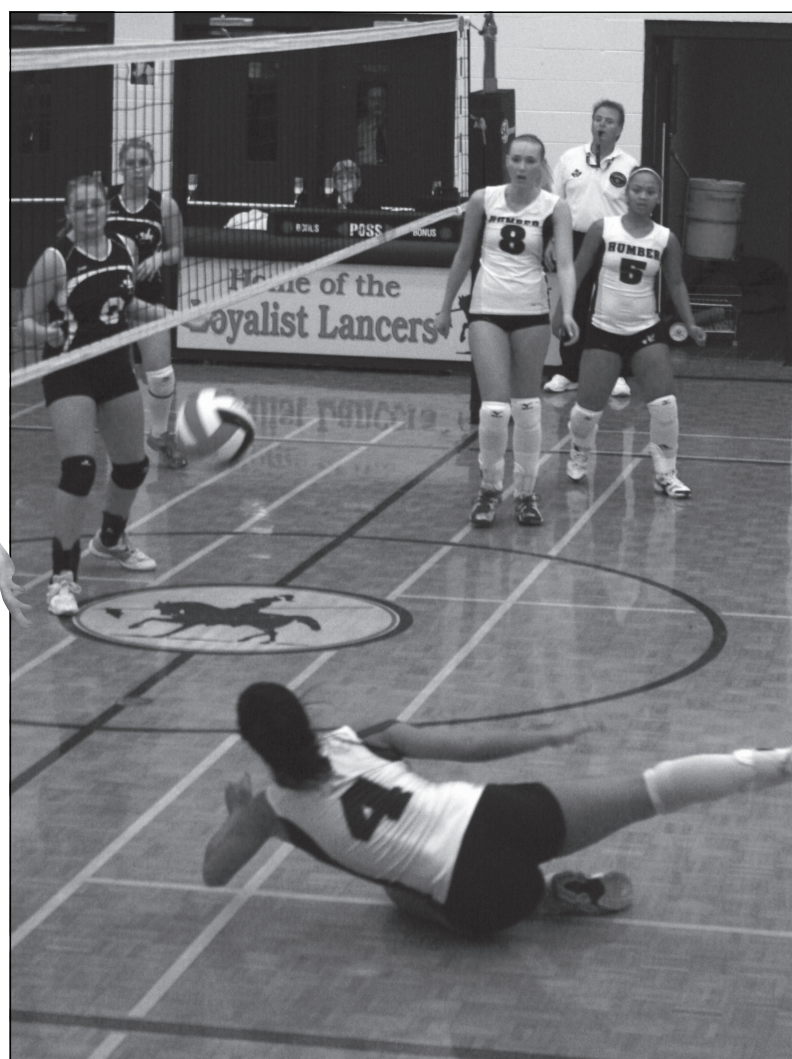
Left side Humber player Naomi Fukudome said she credits her teammates as well for their hard work. "Regardless of whether we were winning or losing, we always work hard and I think that is what separates us from other teams because we work hard all the time," said Fukudome.

The Hawks will look to continue on the winning path in their season opener against Conestoga on Oct. 27.



Marianna Strutt

Photo by Kaitlyn Campanella



Kaitlyn Campanella

Conchita Humphreys swoops down to the floor against Loyalist.

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