



HUMBER

Et Cetera



Ontario asked for more support to draw students from underrepresented communities to college, university P. 2



PHOTO LAWRENCE DUSHENSKI // Humber Hawks men's basketball team defeated rival Sheridan College to win third straight OCAA championship. MVP Micheal Acheampong cuts down the finals pieces of the net P. 23

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Men's B-ball team wins third OCAA championship

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Increased oil and gas prices hitting Humber students where it hurts

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Ontario's proposed changes to liquor laws could have major effect on campus events

PARTYING OUTSIDE THE BEER TENT

CAITLIN DECARIE
NEWS REPORTER

Students at Humber may be able to drink alcohol outside of LinX Lounge if the proposed revisions of the provincial liquor laws are passed.

"Frosh events can be more interesting and larger since we don't have to stick to the confines of our pub," said Daniela Trozzolo, assistant operations manager of LinX.

On Feb. 23, the McGuinty government proposed to remove the need for beer tents at events and festivals, extend the hours alcohol can be served from 1 a.m. to 2 a.m. at special events, such as frosh week, and allow all-inclusive packages to be sold at resorts.

In a beer tent "you are cramped

into the little space and not part of the event," said Trozzolo.

With the special occasion permit we would have more freedom to serve the students of Humber, said Trozzolo.

Currently, guests at a wedding will leave at 1 a.m. when alcohol is no longer permitted to be sold, said Dan Reeves, professor in the school of hospitality, recreation and tourism.

Under the proposed revisions, special location permits would allow the event to sell alcohol until the same time as a fully licensed establishment, he said.

This will reduce the risk of students drinking and driving to a bar when the event has finished, said Reeves.

Also under the new provisions, Ontario resorts, such as Deerhurst

Inn in Huntsville, Ont., would be able to sell all-inclusive packages, Reeves said.

Despite what the law says, we have to put in provisions to ensure student and guest safety

John Mason
VICE-PRESIDENT OF STUDENT
AND CORPORATE SERVICES

"This will put Ontario on the same map as the Caribbean," said Reeves.

Resorts will benefit from an increase of revenue and job opportunities, he said. Ontario tourism already supports about 300,000 jobs.

"I think that what we've seen is that the Liquor License Act is many years out of date and they are now catching up," said Reeves.

"There may be lower restrictions but I don't think it changes the obligations of the person serving alcohol," said John Mason, vice-president of student and corporate services.

The event operators will still have to maintain guest safety and uphold the Smart Serve guidelines, he said, which anyone involved in the sale or service of alcohol must complete.

A later closing time is positive because guests will not be going to another location to continue to drink, Mason said.

"Despite what the law says, we have to put in provisions to ensure student and guest safety," said Mason.

Province should cast wider net for students

Report calls for increased bursaries for underrepresented groups at the college and university level

ANDREW LAWSON
NEWS REPORTER

The Ontario government needs to do more to improve access to post-secondary education by considering more outreach programs and a larger number of grants, said a coalition representing more than two million students in a report released last week. "The government has demonstrated a commitment to access, but we're not tackling the full range of barriers that keep people from post-secondary education," said Alexi White, executive director of the Ontario Undergraduate Students Alliance, the group who co-authored the report, *Breaking Barriers*.

Beyond providing more funding, the report recommends making information about grants more readily available, as well as strengthening support systems for groups that are



PHOTO ANDREA LAWSON// Hussain Ibrahim, 19, first-year industrial design student received a first generation grant for students who are first in their families to pursue post-secondary.

underrepresented in post-secondary studies, said White.

This can include reaching out to first generation students, many of whom have parents who have not attended college or university, he said.

"They tend to overestimate the cost and underestimate the benefits," he said of this group.

According to Holsee Sahid, manager at the financial aid office, the college usually receives more than 2,000 applications for a first generation grant but can only give out 104 bursaries because of the funding it receives from the provincial government, she said.

"We decide based on a completed budget and financial need," said Sahid. "A lot of people get turned down."

The first in his family to attend post-secondary school, Hussain Ibrahim, 19, took advantage of one of these bursaries.

He found out about it through the financial aid office at Humber.

Ibrahim, a first-year industrial design student, chose to attend college to improve his employment prospects.

"I did it to get a better life," he said. "I want to be able to do what I want to do."

Many jobs are becoming regulated and require more advanced training and learning, said Karen Fast, manager of the career centre at North Campus. "A post-secondary education is absolutely essential."

Employers tell her they are looking for more than just technical skills, she said.

They want potential candidates to be able to think critically and analyze data, said Fast.

"It makes students more employable."

Technology

Webchats a chance for applicants to discuss program with teachers

ELAINE ANSELMINI
NEWS REPORTER

Prospective Humber students have an alternative to flipping through – or clicking into – the pages of a course calendar.

All programs offer live webchats linking prospective applicants to instructors and current students.

"Chats this year have been really well attended – we've been really happy," said Joy Borman, manager of new recruitment, whose department arranges the chats for all programs.

"We can do chats any time of the day and it's really easy to set up. There's a lot of choices out there and we want the students to make the right ones," she said.

Participants are able to ask specific questions about courses and life at Humber.

This opportunity "makes it easier for students to transition," said Basil Guinane, associate dean of media studies, which held a chat this week.

"It's just one more avenue or channel for reaching prospective students and disseminating knowledge about programs," he said.

Questions regarding campus life are referred to student ambassadors. "Our current students are our best

sales people," said Guinane.

Michael Rosen, co-ordinator of the creative advertising program, has participated in two chats and has fielded many questions from students thinking of coming to Humber.

"It adds a lot more information than you would get in a course calendar," he said. "That's just the nuts and bolts of the course."

There's a lot of choices out there and we want the students to make the right ones.

Joy Borman
MANAGER, NEW RECRUITMENT

High school students can gain a lot from such sessions, said Gilles Simon, head of guidance at Humber-side Collegiate Institute in Toronto.

"I think it's an important research tool," he said, adding that when they chat with college students they are "getting the information from someone who's living that experience."

The fall application deadline for equal consideration to Ontario colleges was Feb. 1.

HSF pilot project to study voting results

KARI PRITCHARD
NEWS REPORTER

The Humber Students' Federation is investigating the correlation between the time candidates spend campaigning and voting results during this year's election.

"It's a pilot project, something brand new we're trying this year, just sort of as an elections experiment," said Stephanie Butler, who as chief returning officer acts as an unbiased mediator between candidates and ensures the election process is run fairly.

"We're asking candidates to voluntarily give us a breakdown of how much time they spent campaigning during their campaigning period and how much time they spent preparing their campaign materials."

Each candidate can spend a maximum of \$300 on his or her campaign.

On top of using the results to examine the impact campaigning has on voting and looking for ways to improve last year's 21.34 per cent voter turnout, the project will help better prepare future candidates and staff to understand the balance between campaigning and school work.

"We thought that it would help ... in understanding from the candidate's side how much time and effort that

they're putting into it and how that impacts their academic life," said Ercole Perrone, HSF executive director.

Bryan Tran, current HSF president who is running for re-election, said he spent more than 40 hours vying for votes last year.

"I would say there's definitely a correlation between the amount of time you spend campaigning and the actual results," said Tran, who is participating in the project.

"To be completely honest, I don't know how much benefit it will be. I guess that's why they're calling it a pilot project, they've never done it before. It's for data-gathering and information but there's so much more that goes into running for a position than actual campaigning."

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The photo courtesy on page 23 should have read Environmental Defence.

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Nursing shortage next decade

Yet many graduates head to the U.S. for better pay and more opportunities

ALEX CONSIGLIO
NEWS REPORTER

Humber nursing students should help fill the gap created by a predicted shortage of 60,000 nurses by 2022, said the dean of the school of health sciences.

"The biggest risk is if we're not committed to creating solid, full-time job opportunities for nurses in Canada

we risk losing them to the States," said Kathleen MacMillan, dean of the school of health sciences.

She said when U.S. recruiters offer to pay off students' debts, pay accommodations and even for graduate school, it's hard for Canada to compete.

"We have no problem recruiting students," she said, considering Hum-

ber receives thousands of applications for a few hundred spots every year. "The question is, are we producing them fast enough to fill the gap?"

The Canadian Nurses Association in May 2009 predicted the growing shortage of nurses would reach 60,000 over the next decade if measures like increasing enrolment aren't implemented.

It's a void widening every year because baby boomers are retiring without being replaced, MacMillan said, because of hospitals' budget constraints.

Sandra Filice, program co-ordinator of fourth-year nursing, said even if schools like Humber increased enrolment and produced more graduates, it wouldn't help fill the hole because no one is hiring full-time nurses in Canada.

We have no problem recruiting students. The question is, are we producing them fast enough to fill the gap?

Kathleen MacMillan
DEAN OF HEALTH SCIENCES



PHOTO ALEX CONSIGLIO // Gloria Mukoro, a third-year nursing student, measures a wound as her teacher Colleen Palmer watches during a labs skills demonstration at Humber on March 4.

"The problem is even though they're saying there's a shortage, they're not hiring full-time nurses because the federal government is not putting enough money into health care," she said.

With the March 22 federal budget looming, John Stone, a nursing professor, said "nursing isn't usually at the table when the government is discussing health care costs and that has

to change."

He said if health care budgets are slashed or come up short, it's always "the frontline workers that get cut and nurses are the frontline workers providing actual services in Canada's health care system."

MacMillan said she's worried "when word gets out you can't get a full-time job—and we're in one of those cycles right now—it'll be a disincentive for

students to stay in Canada."

But Kathleen MacLeod, a second-year nursing student and representative on HSF's board, said although the pay may be double in the U.S., she'll look for work in Canada because the publicly funded system matches her values.

"It's easy to blame and bash the government," she said, "but it comes down to the people."

Student government

HSF election campaign nears end

Five executive positions up for grabs as voting begins next week. Four vying for the \$35,000-a-year job of president

COLIN ELLIS
NEWS REPORTER

Candidates for this year's HSF election will wrap up their campaign tomorrow after two weeks of handing out flyers, putting up posters, and meeting and greeting students.

The presidential nominees vying for the \$35,000-a-year salary agreed there needs to be greater communication between HSF and Humber students, as well as more student involvement in campus life.

"We're everywhere to people who look for it but for those who don't that's the audience we're trying to reach," said Bryan Tran, current president of HSF.

Presidential nominee Christian Mangar said there needs to be more done to improve links with the Orangeville campus.

"I think by going a step higher by having that social connection in terms of social media and social

events can really make a difference for them," said Mangar, 20, a third-year justice studies student.

Jason Scully, another nominee for president, said more personal interaction is needed between the students and HSF, particularly from the executive.

"You want to let the students know exactly who you are and what you can and can't do for them," said Scully, 29, a first-year business management student.

Also in the race for president is Bhaskar Ranjan, 28, a second-year business management student, who wants to create greater networking opportunities for Humber students.

In the race for VP administration (North), incumbent Bradley Watson, 20, a third-year business administration student is defending his first year in office against challengers Anthony Narine, 23, a third-year justice studies student and Jagdeep Singh Bains, 21, a second-year computer engineering



PHOTO COLIN ELLIS// (From left to right) Bhaskar Ranjan, 28, a second-year business management student; Bryan Tran, 26, a third-year business administration student; Christian Mangar, 20, a third-year justice studies student; Jason Scully, 29, a first-year business management student are running for HSF president.

technology student.

Watson said he plans to bring a pharmacy back to Humber, as well as provide every full-time Humber student a customized insurance plan.

Narine criticized bringing back the pharmacy after the previous one failed and had to close down.

Voting for the executive positions takes place from March 14 to 18.

As noted in last week's Et Cetera, candidates for vice president jobs are:

- VP-campus life (North): Melissa Mendes, 20, a third-year media studies student, running unopposed for re-election.

- VP-administration (North): Incumbent Bradley Watson, 20, a third-year business administration student, Anthony Narine, 23, a third-year justice studies student, and Jagdeep Singh Bains, 21, a second-year computer engineering technology student.

- VP-campus life (Lakeshore): Incumbent Deniero Bartolini, 25, a third-year international business student, and Daniel Hanna, 22, a third-year business administration student.

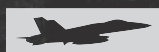
- VP-administration (Lakeshore): Abigail Prebble, 23, a first-year public relations student, Kyle Lapensee, 20, a first-year community and justice services student, and Rosa Figueroa, 22, a third-year criminal justice student.



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Lieutenant **PETER DENMAN**



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Guelph-Humber

Amazing Race comes to Humber

Business students put game faces on today for the race

RUTH VANDYKEN
NEWS REPORTER

Constructing, scavenging, formulating marketing ideas, dashing around campus and accounting: some say that doesn't add up, but business students participating in the Amazing Race today at Guelph-Humber beg to differ.

"We wanted to have something fun and different," said Michele Appiah-Boateng, president of the organizing club, Guelph-Humber's Accounting Council. "So why not end the year with something fun?"

The second annual Amazing Race is sponsored by the Society of Certified Management Accountants Canada. It is scheduled for noon with registration at GH Career Services.

Co-organizer Ravinder Dhama said it will be "just like the TV show," with ten stations around the North Campus offering unique challenges with obstacles and questions. Fifteen to 20 pairs of students are expected to participate.

Dhama is keeping the specifics of this year's race under wraps, but did reveal it will stretch far beyond typical computing to challenge students' analytical and creative skills.

Appiah-Boateng said last year's event featured a "team tactile" challenge, where each pair had to build a bridge out of popsicle sticks capable of bearing weight. But there

was a catch: only one blindfolded teammate could actually build, while the other gave directions.

Keri Ranjanakumar, who took second place last year with her sister Serina, said the race featured a lot of surprises.

"I didn't think there would be that much running around because it's a small school, I can't possibly run around too far," she said. "I was actually sweating at the end of it."

For students the event is a chance to show that their profession is more than just all business.

"Accountants aren't just number crunchers," Patrick Collin, co-organizer with Dhama, said. "It's being able to give something to someone, being able to help businesses with what they need and give them the latest innovations."

CMA's regional marketing director Mira Sirotic said this holistic approach is exactly what employers are looking for. "It's not just about technical skills, it's about your communication skills, your teamwork and leadership skills, your ability to solve problems and make decisions."

For Sirotic, events like the race and the CMA Industry Night that follows it provide an integral bridge between students and industry professionals.

"When they can see that the business community cares about what they're doing and values them, it validates them."



PHOTO CMA CANADA// Mira Sirotic (pictured left) from CMA Canada meets with students at last year's event planned by GHAC.

Food prepared at home is healthier

Nutrition students showcase ways to eat better

CATHLEEN FINLAY
NEWS REPORTER

This week Humber food and nutrition administration students will showcase the benefits of eating local meals as part of nutrition month.

"We're looking to focus on farm to fork and we're going to do it by showing the students the difference between processed foods and fresh foods," said Jessica McCabe, 23, first-year food and nutrition administration student.

Students will run booths in the main foyer Monday March 14 and Wednesday 16 during the lunch hour to showcase what's really in students' favourite foods.

"With these booths we're trying to make people more aware of all the different fats and horrible things that go into all these processed foods that they're eating every single day and showing them that it's easy and affordable to make fresh food at home," McCabe said.

Nutrition month is important

We're looking to focus on farm to fork and we're going to do it by showing the students the difference between processed foods and fresh foods.

Jessica McCabe
FOOD AND NUTRITION
ADMINISTRATION STUDENT

because it causes Canadians to pause and reflect on what they're eating, said Susan Somerville, food and nutrition administration program co-ordinator.

"Hopefully by putting out good, reliable information and having opportunities for people to be able to ask questions or go on a website and find good information that will help make some of those changes that as a population we need to make," Somerville said.

At the booths, "there will be more of a focus on healthy snacks and

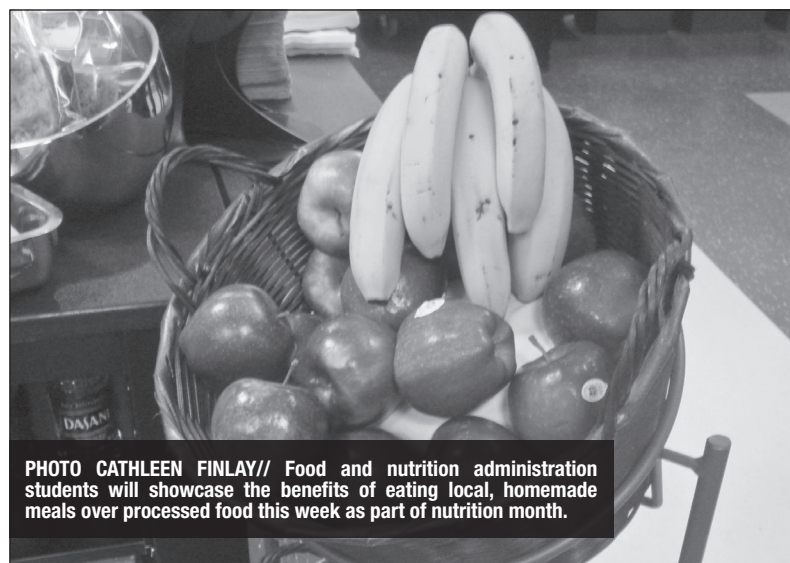


PHOTO CATHLEEN FINLAY// Food and nutrition administration students will showcase the benefits of eating local, homemade meals over processed food this week as part of nutrition month.

eating on the run and eating on a budget and things that students are more interested in," Somerville said.

Many people get confused with all the misinformation about nutrition that they're bombarded with on a daily basis, said Sobia Khan, George Brown professor and registered dietician.

"Sometimes it's nice to have a

credible source that has one key message and provides as much information about it as they can to the general public," Khan said.

Nutrition Month "promotes cooking at home with less eating-out and also trying to eating local as much as you can."

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Humber's Toronto setting draws foreign students in, says recruiter



COURTESY HUMBER COLLEGE INTERNATIONAL CENTRE// Representatives from Humber and other Canadian colleges and universities pose with students from Instituto Angloamericano in Puerto Vallarta, Mexico.

THOMAS CSERCSA
NEWS REPORTER

Toronto schools such as Humber are a popular target for international students looking to study abroad, said Amanda Koski, manager of international recruitment at Humber. "There could be an equally strong program in a small town, but the fact that we're in Toronto helps, and many students choose Humber," said Koski. She said Humber's recruiters emphasize the many benefits of living in Toronto, including safety, recreational opportunities and even winter sports.

"Many of our students from the Caribbean and Africa have never experienced winter before," Koski said. "They are excited about the opportunity to go skiing or skating."

For Aldo Quirvan, 23, a first-year film and television student from Mexico City, the decision came down to Toronto or Vancouver.

Both were highly ranked on The Economist's annual liveability survey published in February.

"I come from a big city, so I wanted to live in a big city with a multicultural environment," said Quirvan. "Toronto's a really safe city, I liked living downtown."

Quirvan, who now lives near North Campus, said he would strongly consider remaining in Toronto after he finishes school.

"I'm planning on working and living here, we'll see how it goes."

Toronto is the fourth most liveable city in the world, according to the Economist's rankings.

"It puts Toronto on the radar screen," said Randy McLean, director of strategic growth and sector development at city hall. "The Economist is published in cities around the world, and that message gets carried to places we don't even know of."

Toronto scored 97.2 out of a possible 100 points in the survey which ranked cities based on factors including culture and environment, stability, health care, education, and infrastructure.

McLean said Toronto places in the top 10 or 20 in international surveys conducted by many different reputable organizations.

"The message has gone out that Toronto is a good place to live," McLean said. "People know cities by reputation, and that's spread by word of mouth."

McLean said new Toronto residents feel the city is a safe and comfortable place to live with a "great cultural environment" where all backgrounds are respected.



PHOTO ALEXANDER LEACH// The Athletics Complex will host the dodgeball tournament on Saturday. Twenty-two teams will play with 350-400 spectators expected.

Dodgeball tourney soars

ALEXANDER LEACH
NEWS REPORTER

The annual dodgeball tournament at Lakeshore Campus on Saturday will have its biggest year to date, just in time for its founder to pass the ball.

Victor Gravili, founder of the tournament and senior official for events on the residence council, will be leaving Humber after he completes his degree this spring.

"The goal is to make this tournament one of the yearly traditions," he said. He and the residence council have planned the event each year, including hiring a photographer to produce a poster campaign around campus.

They handle every aspect of the tournament, organizing it for Lakeshore students and using residence staff as referees.

The tournament will be held on Saturday from 8 a.m. to 6 p.m.

"The main point of the tournament is to have fun," Gravili said, adding that the tournament also supports a good cause.

"We're raffling off Raptors and Leafs tickets, with all proceeds going to Sick

Kids Hospital," he said. "Every year it sponsors a new charity."

Gravili said there are 22 teams participating this year, up from 16 the year before.

He said he expects between 350 and 400 spectators will attend.

"This tournament is the biggest it's ever been," Gravili said. "I never imagined it to be this big."

"We've had to request more time for the game," said Mitch Burnie, Lakeshore's residence life co-ordinator. "Victor didn't want to take away the team's number of games."

The tournament has several sponsors, including the Humber Students' Federation.

"We have sponsored them with \$1,000 to help with the event," said Bryan Tran, president of the HSF. "We've given them the \$1,000 each year."

Though Gravili will no longer be a Humber student, he said he looks forward to watching the event develop.

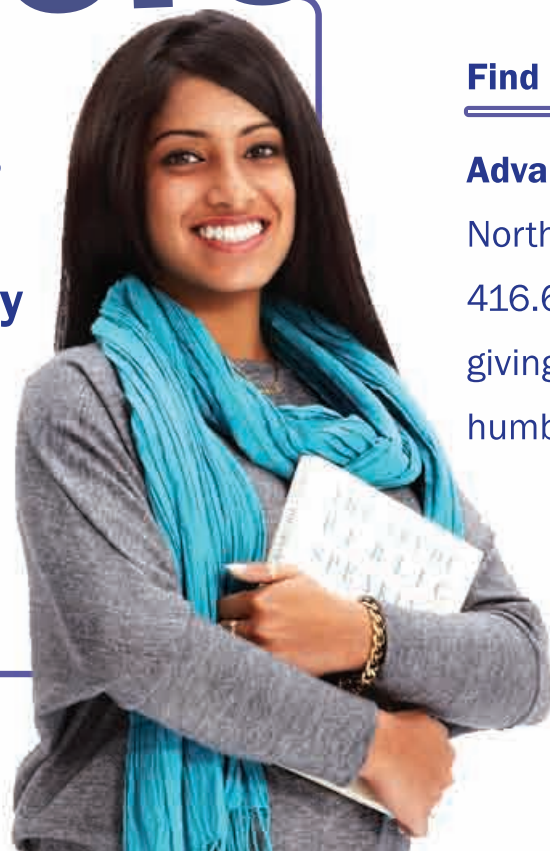
"To be able to sit in the balcony 10 to 15 years from now and watch something you've created grow and evolve is a pretty indescribable feeling," he said.



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Low turnout at monthly meetings on campus food

Gives an opportunity to provide input on choice

MICHAEL RADOSLAV
NEWS REPORTER

Food forums are a chance for Humber students to affect what is served in residence cafeterias and on campus eateries but students are passing up on the opportunity.

"I think a lot of people write things like this off as not having an option to make change, so they feel as though they're going come out to these things and they're not really going to see anything happen," said Alena Boczek, third-year public relations student at Guelph-Humber and a residence assistant.

Boczek said she attended her first forum at the end of February to make suggestions and find out the reasoning behind certain decisions. She said she dragged along students from her floor to help increase turnout.

"I think everyone's opinionated, but they don't like to bring it up in a formal setting," she said.



PHOTO MICHAEL RADOSLAV// Attendance at food forums like this one have been declining. The director of campus services says it could mean there are few complaints.

Food forums are held monthly where the heads of food services can speak with residence students. The forums started in the early 1990's after the first Humber residence was built at North Campus.

Terry Kyritsis, director of campus services, said he has seen a decline in forum attendance since he began at Humber in 2007.

Kyritsis said he hopes the low turnouts are a good sign.

"There's always room for improvement, but maybe the fact that fewer people are coming is an indication that it's not as big a concern to them as it was three year ago," he said.

Kendra Martin, 21, a first-year human resources student, has attended every forum at Lakeshore Campus this year.

She said she originally had food

concerns that have since been resolved, and now goes to stay informed.

Martin said her friends give her their feedback and more students would attend with better promotion since most "don't think that they have an avenue" to tell food services about what they want.

"I don't think they are advertised enough in advance, it's usually a day before they happen," she said.

John Thompson, general manager of food services, said it is "great to get in front of the students as much as we can."

However Ashton Wilner, a first-year fashion arts student, does not know anyone who attends.

"I've never even heard of anyone who has actually gone to put their input in," she said.

Unsung residence leaders celebrated

TOM KITUKU
NEWS REPORTER

Nominations have begun for awards which honour 10 Humber residence students for their contribution to the community.

"The Residential Life Awards recognize both Lakeshore and North Campus students who have gone an extra mile and made positive contributions in the residences," said Phil Legate, residence life co-ordinator. "The focus of these awards is the unsung leaders who engage in small acts of responsibility and social awareness in their capacity as resident assistants and council members, volunteers, and academic role models."

Awards will be handed out in such categories as the resident of the year award, exemplary citizenship award and excellence in leadership award.

The 2011 awards will be different from last year's. "Each winner will receive \$500. Previously we did not have any formal recognition other than a round of applause to exceptional students at an annual banquet," said Legate.

"The cash prize is just another way of thanking the students who have made exceptional contribution in the

residences," he said.

There are two types of nominations. Students can nominate themselves by writing a 750-word essay detailing their accomplishments in residence and the reasons they should win a particular award. The same instructions apply to a student who nominates a peer. Nominations close March 14. The awards will be given at a ceremony to be held at the end of April.

"My big dream would be for the awards to be maintained as a tradition and as something students strive for and are proud to receive. It will be awesome in a few years to see plaques full of previous winners in the halls of Humber residences," said Angela Spineto, acting resident life manager.

"My hope is that these awards will help build more pride and tradition in the residences."

"Living in residence is like living in your second home. It is important to recognize people who have excelled in residence," said Benny Etienne, 21-year old, first-year post-production student and a resident.

"I am going to nominate our floor representative because the person is a good leader, takes initiative and has a good sense of community."

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HAVE YOUR SAY, GO VOTE

All the cool kids are doing it March 14

Well, at least they should be.

Humber Students' Federation debates ended this week. Voting opens for the executive HSF positions next week from March 14 to 18.

Statistics Canada has reported, "all age groups were less likely to vote in local than in federal and provincial elections." But students can change this trend. If you don't participate in the political process, you forfeit your right to complain about how the HSF budget is spent.

Some students are here for classes and studies, not for the extracurricular activities. But for students who ARE interested in extracurriculars or plan to become involved in the future, this is the time to make your

voice heard. By voting for the executive representatives, you help support the events and programs that you think are important.

When we are witnessing huge uprisings in countries like Tunisia, Egypt, and Libya where people are demanding, and willing to die for, their right to vote it is outrageous to think that our highest student voter turnout on campus is a mere 21.34 per cent. Even more discouraging is that number is actually larger than in recent years, yet is still tiny.

When the HSF is boasting about a voter turnout of only one-in-five it actually underlines the many students not represented at the ballot boxes.

StatsCan reports that 55.9% of Canadians aged 18 to 24 voted in the last federal election. So what is it that prevents students within that same age bracket from voting in student government elections?

"Youth account for a declining share of the voting-age population, a situation that limits their political clout. At the same time, [the] government has reduced or limited its support for issues that interest young adults, such as postsecondary education, equality and human rights," reported a study conducted by Anne Milan, an analyst with Canadian Social Trends, called "Willing to participate: Political engagement of young adults".

While this may be true of the fed-

eral government, it certainly can't be true of the HSF government. The HSF prides itself on supporting issues that are relevant to Humber students.

In a small community election like the upcoming HSF vote, you don't see landslides or big discrepancies, and if students care at all about their HSF representative then their choice will matter. In a small election, voters can see their ballots really do make a difference.

Meanwhile, much can be said about the candidates, and the fact that their platforms are so similar and that their messages aren't inspiring students to flock to the ballot box.

But that's another issue altogether.

Women's rights have come a long way, not far enough



JOHNNA RUOCCO

The victim and her friend had met her attacker outside a bar, under "inviting circumstances," according to Dewar, adding that the attacker misunderstood what the victim wanted.

Such examples are only the latest in a string of them throughout history.

Every time they've come up in the past few decades we are shocked that with all the steps we have taken towards equality, women are still degraded in these ignorant or fallacious ways.

It's the kind of injustice that delves into one's soul, ripping away any sense of security one has left in the 'justice' system.

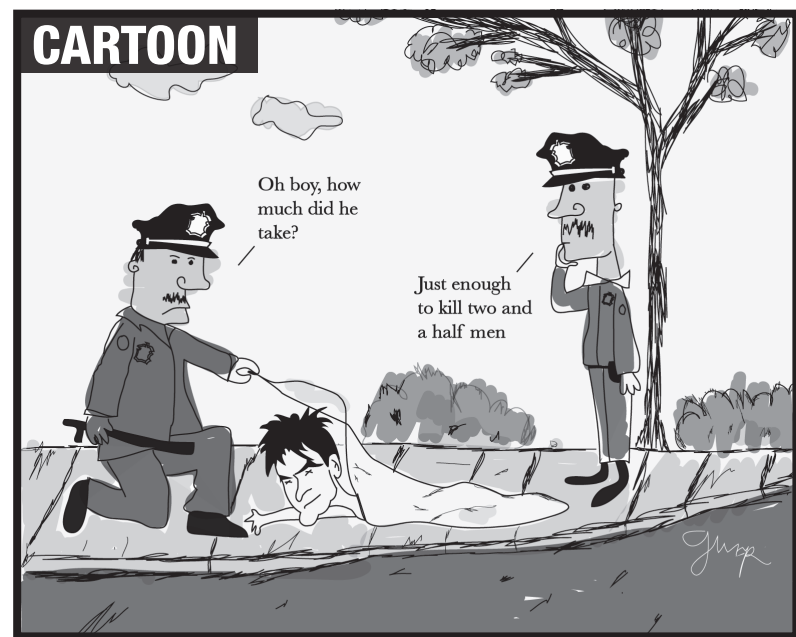
To be raped is tragic enough, and to report it and fight against the attacker is courageous, but then to basically be told that you brought it on yourself is the epitome of wrong.

Over 90 per cent of sexual assault victims did not seek support from the criminal justice system, according to a 2006 report by Statistics Canada.

Comments such as Sanguinetti's and Dewar's are not as few and far between as we would like to believe. They sure as hell aren't helping victims of sex crimes come forward or get over their assaults in a healthy way.

I thought we had this covered: no means no.

Is the message we're sending young women that wearing some makeup



and getting dressed up justifies being forced to have sex? Are we to assume that anyone who acts flirtatiously is inviting sex to be forced upon them?

Are we going back to the biblical days, when men could bear no faults for giving in to their temptations, but women bore the fault for being so alluring?

Implied consent as a defence was struck down by The Supreme Court of Canada over a decade ago. So, how is it plausible a ruling was essentially based on it now?

After public outrage at his comments surfaced, Sanguinetti subsequently issued an apology stating his words were insensitive and did not reflect the training of Toronto Police. The *Toronto*

Sun reported he has been disciplined, but it is not yet known what punishment he will receive.

The Canadian Judicial Council is reviewing complaints against Dewar. Now he will not be assigned criminal cases of a sexual nature.

In another 2010 trial Dewar presided over, an accused sex predator was acquitted of a number of charges involving a pre-teen relative. The Crown believes Dewar engaged in speculation when considering the evidence in the case and is appealing.

Dewar was appointed by Rob Nicholson, federal justice minister, in September 2009. Speculation is often made that women will lose rights under Stephen Harper's government. Rona Ambrose, the federal minister for the status of women, expressed her dismay at the judge's words.

"This is not the message that our government believes should be sent, nor any government, frankly any Canadian believes should be sent," Ambrose told CBC.ca.

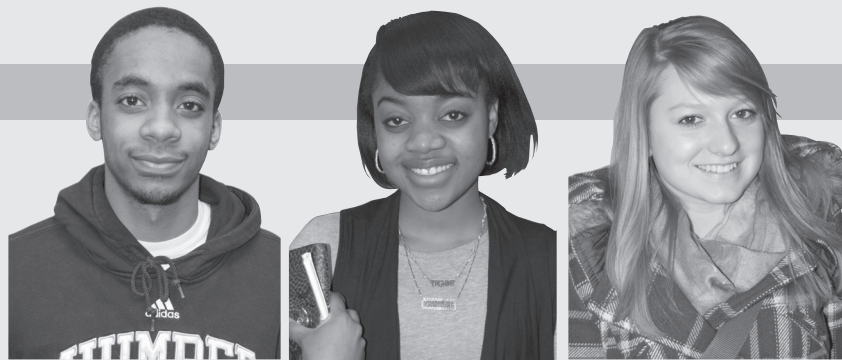
Yet just as has happened in the past, we will forget these incidents and no change will be made.

Even if Sanguinetti and Dewar are disciplined, it will only be a matter of time before more comments like these are made. In order to change public opinion, there needs to be a massive awareness campaign.

Let's hope one day women will be able to walk freely, talk freely and not be demonized because of our gender.

QUOTED

ARE YOU VOTING IN THE UPCOMING HSF ELECTIONS?



I don't know. School events are part of your school spirit. If those events are good and everybody gets along then everything's good. That's why voting should be important.

Andre Smith, 20
First-Year Fashion Arts

I'm not really voting. I've only been here for a semester. I don't really know how the school works yet. If I stay longer, maybe next year I'll vote.

Tashina Yorke, 18
First-Year Paralegal Education

Most likely, because it would be nice to choose somebody to run our school, I guess. I did it in high school.

Victoria Tabak, 19
First-Year Early Childhood Education

HUMBER ET CETERA

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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It's your money and you should be looking closer



JON HEMBREY

How much should I tip?

A perennial question asked in bars and restaurants across the country that can really be broken into two separate inquiries: one rather innocuous and a question of feeling, the other a numerical one that demonstrates the poor financial literacy skills of most Canadians.

The first, 'How much is a good tip?', is a relatively straightforward one and depends on the server, the food or decor, and the industry in general.

The second, and much more serious, question is: How the @#%\$ do I calculate 15 per cent?

If you find yourself stumbling over this, you're not alone. According to data from the Canadian Council of Learning, an independent non-profit corporation that studies all aspects

of learning, about half of Canadians aged 16 or older have poor financial literacy skills.

Most scored below what the Organization for Economic and Co-operative Development considers satisfactory on both numerical competency, using basic math in everyday life; and document literacy, the ability to use information from graphs, forms and charts.

The numbers showing just how bad we in this country are with money just go on and on. And it shows up in more than just restaurant bills.

An Investors Group poll released this month said one in 10 Canadians who actually save and invest consider Facebook and Twitter to be a useful source of financial advice, up to one third for those aged 18 to 29.

That is remarkable.

Social media are hardly a reliable source of data, let alone financial data.

This is not because of any technological bias towards new mediums of information, but because it's too easy to receive advice from groups who have ulterior motives. Or incomplete information that doesn't offer all the ins and outs.

The same could be said of paper handbills distributed during the Great Depression which touted the great prospect of picking up and moving west for "good" wages. Taking either at face value is silly.

Studies like these might explain why the household debt ratio in Canada, a measure of the percentage of gross monthly income spent on debt and housing payments, is at an all-time high of 148 per cent.

For the numerically challenged that means for every \$1,000 coming in before taxes, about \$1,500 is going out.

It is simply untenable and needs to change.

Last month, the Ontario government announced it would teach financial literacy courses to students in grades four to 12. A similar plan is being considered in Alberta.

Getting Canadians thinking about money in a reasonable and responsible way is, obviously, a huge undertaking and a quick mathematical calculation tells me I'm nearing my word count of 500.

However, education programs like the one in Ontario should be lauded and implemented across the country.

Not only will Canadians be able to calculate a tip, they might also be able to avoid crippling levels of debt and plan for the long term.

And anyone who is financing their education through borrowed money, myself included, would do well to turn to more than Facebook to get to the bottom of the financial questions.



MALORIE GILBERT

Are you that guy in the theatre who pulls his phone out of his pocket to see if anyone has texted him in the last few minutes, while annoying the seven people in the row behind you with the light and the clicking of the buttons? Or maybe you're the girl who, while out to lunch with her girlfriends, thinks it's really cute to bust out the 'crackberry' and show the gal pals some stupid Facebook status update your work friend made? Perhaps, like me, you've been yelled at by nail estheticians for texting before your polish is dry. Well, let me tell you: you've got a problem.

If you've found yourself in one of these situations, allow yourself to momentarily rejoice: you are not alone. More and more people in today's world find themselves disturbingly attached to their smartphones. But when do we know when it's time to turn off, put away and relax? It seems the already fine line between what is too much scrolling through a phone and what is responsible, efficient work and social management is becoming increasingly hard to draw.

According to Edmund J. Bourne, PH.D, in *The Anxiety & Phobia Workbook*, "without periods of downtime, any stress you experience while dealing with work or other responsibilities tends to become cumulative. It keeps building without any remission."

And yet, despite this, most people like you will continue to engage in non-stop texting, e-mailing and status updating, even during a real life conversation with a real live human being.

What is wrong with us? Why can't we push the snooze on our social and work lives? For many, the answer, although perhaps embarrassing, is simple. If we are not hooked into our

Don't give in to your digital addiction

Life is passing you by as you read Facebook and email

technology like a morphine drip, we feel we are missing out. We believe we are falling behind. God forbid someone posted their Punta Cana photos on Facebook and you weren't online!

And not only does this sort of behaviour put a strain on our emotional wellbeing, it affects us physically, too.

According to an article published in the March 2011 issue of *SHAPE* magazine, "research shows that constant texting can bring on neck and shoulder pain." The same article says, "experts say the light from a phone's screen can disrupt the body's natural sleep pattern, causing you to toss and turn throughout the night."

If you're the type of individual that can't picture yourself without your smartphone, it's time to smarten up. Your phone is that force which keeps you from fully letting loose by drinking beers with friends, going to the movies, or even the spa.

In short, it prevents you from really enjoying your life and embracing and appreciating the moment you are engaged in.

In the same *Anxiety Workbook*, Bourne recommends time management along with yoga, or meditation and many other ways to detach and relax. "For many people in Western society...the idea of doing nothing or 'just being', is difficult to comprehend. Meditation can bring you to this place of just being," he writes. "It is the one process that allows you to completely stop, let go of thoughts about the immediate past or future, and simply focus on being in the here and now." Don't shake your head: it works.

So put down that phone, and take some deep breaths. Light a candle, listen to good music, and let yourself get free. Challenge yourself, and see how your life will begin to change.

Dolphins dying: It's the oil, stupid



ALICIA CONDARCURI

Bottlenose dolphin calves are born in March and April every year near the Gulf of Mexico's shores.

This year, 46 and counting infant and stillborn dolphins washed ashore along with over 41 adults, 12 times higher than the number of dead dolphins usually found in the region.

Typically, newborns account for only a few deaths per year.

Measles and colder than usual weather are two possible factors, but scientists are saying the most probable cause is the disastrous BP oil spill that started last April.

The U.S. National Oceanic and Atmospheric Association claims not to have determined why these mammals died, and won't know for another few weeks or months.

"We don't know what the cause is," said an NOAA spokesperson to the

Pensacola News Journal. "Everything has an equal playing field, from a virus, weather to the oil spill."

Equal playing field? What was the biggest environmental disaster in history that hit the region last year, undoubtedly causing thousands of sea-life deaths -- and it's equivalent to measles and cold weather? These contributed to die-offs in the past, but never with infants in such high numbers.

A more relevant question would be, did the cold weather and possible disease outbreak put the final nail in the coffin to the new generation of bottlenecks because they were living in dirty oil?

In late February, scientist Samantha Joye of the University of Georgia said that despite official reports and BP statements, much of the five million barrels of oil now coat the bottom of the ocean floor, wreaking havoc to species and ecosystems that we on land could only imagine.

While the NOAA claims no signs of oil damage yet, scientists are saying further study could find fatal ingestion of not only oil but the chemical dispersant that BP used to break up the many tons of oil that traveled in mass globs.

Since the mass dispersants were used in highly experimental volumes, the environmental factors are not fully understood.

And if it's not the oil itself that has

killed the dolphins but the federally approved use of dispersants, that could be why they refused to look more keenly into the oil spill as the cause of death.

Even more absurd is a government official who told *National Geographic* that the 1989 Exxon Valdez oil spill was a completely different disaster, as they had been tracking the Alaskan wildlife there for years and could assess the damage.

The problem with the Gulf spill, he said, is that there are a number of dead animals washing ashore that they had not previously researched.

Completely absurd, and in fact, it may be completely untrue.

Joye said she had been studying parts of the Gulf region before the oil spilled and saw a noticeable change.

And how is the Gulf, an area where hundreds of offshore oil platforms pump millions of barrels of oil a day, exempt from environmental study?

To say it's a mystery would be as simple as saying the dolphin deaths are as well.

The fact that baby dolphins are born in springtime, the same time the oil began infecting up to 180 square kilometres of the Gulf shore, makes these deaths seem like no mystery.

Sadly, the truth lies in the mass public relations scheme to continue offshore oil drilling in the U.S. and rid the nation of the swear word 'foreign oil'.

👍 PASS / FAIL 🙄

Houston, we've retired

Shuttle Discovery landed in Florida and retired. After 39 missions in 27 years, Discovery will end its days at the Smithsonian in Washington.

Glenn Beck off the air?

The *New York Times* is reporting Fox News may not renew Beck's contract this year. The *Times* says the drop of one million viewers and the loss of about 300 advertisers may be the reason for the axing.

It's alive!

The Canadian dollar is at its highest point in three years (\$1.0335 USD as of Mar. 9) because of rising oil prices, up 20 per cent since Feb. 18, and Middle East concerns.

Dukes back in Hazard?

A man in Hazard, Kentucky was caught driving a stolen ambulance while drunk. The man said he just needed a ride.

Catch up on your reading

A Quebec woman was caught reading a novel while speeding, swerving and not using a signal on HWY 401 near Brockville. The woman didn't see the safety issue, but saw a \$465 ticket and charges.

Spider-Man on Broadway

Spider-Man: Turn off the Dark Broadway show has been delayed...again. The play, originally set to open Feb. 2010, will now open, at the earliest, June 2011.



FOR THE ATTENTION OF ALL HUMBER STUDENTS

Notice of Election

for the

Student Representative

to the

Board of Governors of Humber College Institute of Technology and Advanced Learning

An Election will be held during the months of **March and April 2011** for the position of Student Representative on the Board of Governors of Humber College Institute of Technology and Advanced Learning. All Humber students are eligible for nomination. The term of office for this position is **September 1, 2011 through August 31, 2012**.

The basic requirements of this position are to:

1. Attend scheduled Board meetings (once per month, September through June).
2. Attend other Board-related events and activities as required.
3. Provide continual, responsible representation. Governors may not delegate their representation to any other person, and substitute representatives are not permitted.
4. Respect the confidences of the Board unless the information has been made public at an open session of the Board.
5. Receive no compensation, other than out-of-pocket and travel expenses.
6. Maintain communications with his/her electorate.
7. Be prepared to act as spokesperson for his/her electorate on issues and concerns as they arise.

Nominations Packages can be picked up during the period
Monday, March 14 through Friday, March 18, 2011 (until 3.00 p.m)
from

<p>The President's Office, North Campus Room D 167 (Val Hewson) Ext. 4102</p>	<p>The Principal's Office Lakeshore Campus Room A 116 (Pamela Hanft)</p>
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Completed Nomination packages
must be submitted to either of the above offices before
3.00 p.m. on Monday, March 21, 2011

Voting will take place on **Wednesday, April 13** and **Thursday, April 14, 2011**

For more information, please contact Val Hewson, President's Office, Room D 167, North Campus. Phone ext. 4102, or email: val.hewson@humber.ca

CROSSWORD

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CROSSWORD ANSWERS
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1	2	3	4	5	6	7	8	9	10	11	12	13	
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17				18				19					
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55	56	57	58			59	60	61			62	63	64
65						66				67			
68						69				70			
71						72				73			

DOWN

1. Soup vegetable
2. Dandelion, for one
3. Carson's successor
4. Nasal sounds
5. Find fault with
6. Folk knowledge
7. Store sign
8. George Harrison, e.g.
9. Card game
10. Aloud
11. For fear that
12. Informed of
13. Light beams
21. Flask sips
25. Pains
26. Crunchy
27. Of the moon
28. Leg joint
29. Bro or sis
30. Likely
31. Assist
32. Cease-fire
33. Weirder
34. Fragrant flowers
37. Contaminate
40. Posed
42. Mom's counterpart
45. Cruellest
47. Assist a crook
50. Go away
52. Our planet's
54. Oozes
55. Liberal ____
56. Ocean liner
57. Tiny opening
58. Genesis site
60. Alternative word
61. Certain star
62. Met solo
63. Canvas cover
64. Looks at

ACROSS

1. Wise birds
5. Lump
9. Use crayons
14. Acute
15. Run easily
16. Sports venue
17. Divorce city
18. Neighborhood
19. Unpleasant
20. Embellishment
22. Singing voices
23. Ascot
24. "Viva ____ Vegas"
26. Necklace part
29. Observer
35. Sprint
36. Commotion
38. Coiffure (hyph.)
39. Pen liquids
41. Dwelling
43. Lemons
44. Deli sausage
46. Space agency (abbr.)
48. Average mark
49. Made believe
51. Bar drinks
53. Broke bread
54. Adriatic, e.g.
55. Ski resort
59. Pass through
65. ____ Island
66. Burn-soothing plant
67. Cafeteria item
68. Becomes weary
69. Invitation inits.
70. Employ
71. Paid out
72. Afternoon parties
73. Plant fluids

SUDOKU

1		2	4	8		5		6
5				6				9
		9		7		8		
		1	7				8	
	4	6		1		7	9	
	3		5	9		6		
		3		2		4		
4				5				2
8		5		3	4	9		7

#3052

www.sudoku.name

Fill the grid so that every row, every column, and every 3 by 3 square contains the numbers 1 to 9

FUN FACT: "Sudoku" stems from the Japanese words "su," meaning "number," and "doku," or "single"

FOR THIS WEEK'S
SUDOKU ANSWERS
VISIT HUMBERETC.COM



HOROSCOPE



AQUARIUS
JAN. 21 - FEB. 18

You see the rich folks sittin' on the fancy dining cars, they're probably drinking coffee and smoking big cigars. But no matter how you feel about this, don't kill a man in Reno just to watch him die. You won't feel any better.



GEMINI
MAY 22 - JUNE 21

You need a vacation, just like the rest of us, so why not use all your savings and see another part of the world that isn't cold and windy and indecisive? Thank the Humber Et Cetera when you come back broke, but insanely happy.



LIBRA
SEPT. 23 - OCT. 23

Are you howlin' for anyone? Maybe you should be. Maybe someone is howling for you. Can you hear the howl? Maybe you're too busy to. Stop and listen this week for a lover's howl near you!



PISCES
FEB. 19 - MARCH 20

"Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them," said the Dalai Lama. We're not the only people in this world, and other people are just as important as we are. Use the metaphor of vomiting to feed your little bird children to spread the goodness inside of you and everyone.



CANCER
JUNE 22 - JULY 22

If you choose to shake the handshake, you'll realize that there's a binding agreement that will endure for the rest of the agreement. You got the handshake under your tongue. Many handshakes are being made at this very second to secure evil, but make sure yours this week is for good.



SCORPIO
OCT. 24 - NOV. 22

Do you think you can make a comeback? The Et Cetera believes in you! The stars probably do too, so when they shine bright at night north of the city, look up and find the biggest one and make a little wish to lighten your heart.



ARIES
MARCH 21 - APRIL 20

Clap your hands, dance, dance. Many have given these words of happy advice to old, boring people throughout history. Instead of telling, show people the joy of joy by dancing around your classes this week. You want to show people that you can spread joy in the most unsuspecting of places, where it's usually needed the most.



LEO
JULY 23 - AUG. 23

Is there anything you can't do? Of course not. That is, anything you do you can do. So really, you have a 100 per cent winning rate. Sheen approves. Winning.



Sagittarius
Nov. 23 - Dec. 21

Now that winter will be leaving us soon, try escaping into the outdoors for an adventure. Go stomping through the Arboretum, climb the big hill, work those calf muscles, and let the fresh spring air rejuvenate your lungs. Hopefully the perspective will make whatever is bothering you this week seem like one blade of grass in the huge field below you.



TAURUS
APRIL 21 - MAY 21

Sometime around midnight, or some other time, your luck will take a turn for the better. Maybe it'll be a recreation of the New Years you always wished for. Give luck a bear hug and take the first steps to something new.



VIRGO
AUG. 24 - SEPT. 22

If you think about someone who is doing you wrong and are thinking of printing out their profile picture on Facebook and punching it, don't do it. You'll just be wasting colour ink, and black and white won't give it that authentic feel. So just let it go. Remember that them acting the way they are makes them a lesser person than you, especially since you didn't punch their picture.



CAPRICORN
DEC. 22 - JAN. 20

A wise young man, who is now old, once said in his un-croaky voice some great advice: "don't think twice, it's alright". Self doubt can have the opposite effect on someone like yourself. Being sure isn't easy, but it is easier to let flying birds fly. In the big picture of life, that makes things alright..



PRESIDENTIAL CANDIDATES



Christian Mangar

As a student actively involved in governance and academics, I have developed a passion towards strengthening community relations and advocating for students. Currently in my third year in the Justice Studies program, I have had the opportunity to part take in different leadership experiences which has provided me with a strong foundation to become the next HSF President.

Some of my experience includes: HSF Director for Guelph-Humber, University of Guelph Senator, Guelph-Humber Student Association (GHSA) Program Representative & President. Through my leadership experiences I have gained the skills necessary to represent and fully voice students' concerns.

As HSF President I plan on:

1) Strengthening Communication: giving more opportunities for students to voice their academic and social concerns to HSF. By being actively involved in students' social and academic lives, the HSF can contribute to a more memorable student experience.

2) Making the Community more Unified: campuses are different in size and need. Recognizing and accepting the different needs is critical in making the HSF's presence on each campus strong and meaningful.

3) Being Accountable, Transparent & Effective

I am serious about making a difference and making sure you have the best student experience!

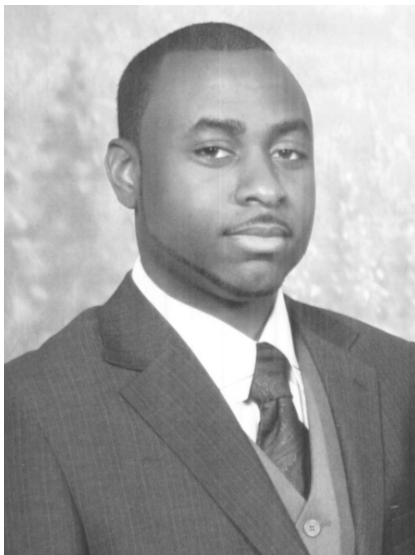


Bhaskar Ranjan

Dear Humber student my name is Bass (Bhaskar) Ranjan and it's my pleasure to run for the post of HSF president. Three things that qualify me to represent you as your president are that I am passionate, visionary, and result oriented. In the last decade I have travelled to over 10 different countries and worked for 4 multinationals, as a corporate trainer, financial associate and as a project & recruitment manager, where I have managed a team of 200 people. Currently am working in HSF events where am promoting different events for students.

As your President I want to inspire you to get involved in the college activities and use my previous leadership skills in combination with my corporate exposure to provide students with effective career guidance in terms of increasing applications forms for bursary and scholarship programmes, as well as by improving on networking opportunities and providing better student support structure.

I can't promise free sushi for lunch ☺, but I can surely promise you that together we can all make Humber a fun and positive place. Therefore your vote is absolutely vital for this election so don't forget 'To get your Pass, Vote for BASS ' :)



Jason Scully

Hello Humber Students,

My name is Jason Scully and I'm running to be your next HSF President! I'm currently in my 1st year, 2nd semester of studies in the Business Management program at the North Campus. I enjoy reading books and watching the Humber Hawks handle their business on the court, kind a like how I will be handling business in the HSF Boardroom. I was "born to run" for President.

As your President, it is my responsibility to represent the student body in every way possible. Once elected President, I will F.O.C.U.S. (Follow Out Course Until Successful) on improving the financial budget and policies where necessary. Make sure that the HSF maintains a positive profile within the Humber Community. I know I'm not the President right now, but my thoughts are of one that is R.I.C.H. (Realizing It Can Happen)! I have been told before, "It is better to have it and not need it, then to need it and not have it".

So remember when voting, vote Jason Scully for your HSF President because a vote for me is a vote for experience. Humber 4 Life!

Feel free to follow me on twitter @ScullyJason



Bryan Tran

Hey Humber!!

My name is Bryan Tran and I'm your current President for the HSF! My journey with the HSF started 3 years ago as an events assistant, where I helped with the set-up and execution of events. I loved it so much that I decided to run for your VP of Campus Life, which allowed me to:

- bring exciting cross-campus events to Humber
- represent students as part of CSA's Policy Committee

This year as your current President I've:

- increased the allocation for bursaries
- pushed for wireless printing and free Microsoft software
- spearheaded a strategic planning process that will provide the HSF with a long-term vision and direction as an organization

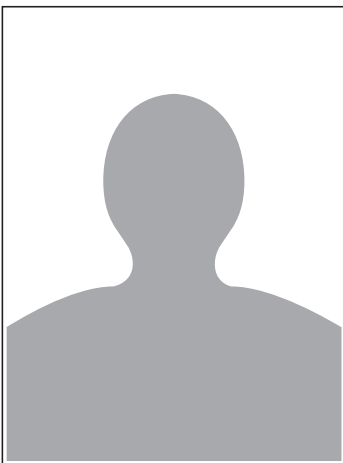
If re-elected as President I will:

- oversee the implementation of the strategic plan
- continue to strengthen the connection between all of the campuses
- provide more opportunities for students to get involved with the HSF

The HSF is my passion and I've poured my heart and soul into representing the 25,000 students at Humber for the past 3 years. I have the right skills, experience, and vision to lead the HSF- so remember to vote Bryan Tran as your next HSF President.

EXECUTIVE SEARCH 2011

VOTE MARCH 14-18



Deniero Bartolini

Hey Humber, for those who don't know me yet, I am your current VP of Campus Life at Lakeshore and, this year, I am running again for the same position. During this year I brought life to the brand new student centre, I catered to the diverse demographics of this growing campus and I created opportunities for all students to perform and showcase their talents. The signature events of my year are, the paint party and the International day along with many other daytime events that have engaged and entertained a vast majority of the campus. If I get re-elected, I will keep on improving student life and engagement and also keep the momentum from this mandate to work on getting our very first pub on campus. With my experience and your vote, we can make sure that your own student government will keep up with the expansion of this campus and the needs of its unique student body. Make sure to come out March 14th to 18th and to vote for experience, knowledge and commitment!



Daniel Hanna

Hey, my name is Daniel Hanna. I am currently in year 3 business admin. I am running to be your future V.P of Campus life. What does that mean? It means you get to party with one who knows what you want. Who am I? My name is Daniel Hanna I have been working with the Humber events staff at Lakeshore for the last 2 years who have brought you such concerts as LMFAO, DOWN WITH WEBSTER, MSTRKRFT, CLASSIFIED, KARDINAL OFFICIAL, and more..... I also go by the alias Danny Drums, I have been playing percussion professionally for the last 6 years on radio stations(103.5, 93.5) nightclubs (Century Room, Cheval, Embassy, XS, Ultra, Maison, Rockwood) and in that time I have not only built connections into the entertainment industry but I have learned what it means to entertain.

As your V.P of Campus life I intend to ENTERTAIN, NOT ONLY first year students but the whole school. Your only in College once, most of us anyway. ;) make the right choice. VOTE DANIEL HANNA FOR V.P CAMPUS LIFE LAKESHORE! Feel free to add me on Facebook for pictures events, and all Frosh week info. Thanks for the Vote!

VP CAMPUS LIFE LAKESHORE CANDIDATES

VP CAMPUS LIFE NORTH CANDIDATE



Melissa Mendes

HEY Students,
My name is Melissa Mendes and I want to be YOUR Vice President of Campus Life ONCE again for the Humber Students Federation! After a year of bringing YOU some LIFE into these hallways I've decided I want to keep providing each student with all of that and much much MORE!

My Profile:

- Worked for the HSF for the past 3 years: First as a Public Relations Assistant, second as your VP of Administration and third as this years VP of Campus Life!
- I am currently your Central Director for the College Student Alliance; being the student voice for all Central Colleges
- Currently in my Third year of Media Studies at the University of Guelph Humber

Committed and Motivated to:

- Continuing in revamping the HSF Clubs and Associations
- I will dedicate my time to get student voice's heard concerning their suggestions for new event opportunities!
- Continue to advocate for all students needs i.e Tuition, OSAP, and International Students.
- Passionate about what the STUDENTS want within our campus.

Once again VOTE YES for a
Motivated Experienced Leader
MELISSA MENDES FOR VP OF CAMPUS LIFE !!!!

VP ADMINISTRATION NORTH CANDIDATES



Anthony Narine

Student interests, leadership and governance has been my main focus for the past year as the current Vice President Academics for the Guelph-Humber Student Association (GHSA).

From providing students with assistance and advice on academic issues, to mediating student conflicts with faculty and administration, to sitting on various committees of the school to ensure student representation, putting student interests first will always be my objective.

As a 3rd year Justice Studies student, former Humber College graduate, and current student government representative, as well as a reservist with the Canadian Forces, I have accumulated a vast amount of experience and knowledge in how to effectively plan, implement, manage and execute various initiatives, events, and other responsibilities required of an effective and competent leader.

If I am elected as your student advocate to the institution, I intend to the fullest extent of my capabilities to represent your issues passionately and persuasively to school authorities, and liaison with all relevant bodies to resolve problems and create recommendations.

I do solemnly swear that I will:

- Present a no-nonsense-approach to getting things done,
- Work actively and co-operatively with others to address the needs of students, and
- Promote responsible and effective student governance.



Jagdeep Singh Bains

My name is Jagdeep Singh Bains. I was born on January 17, 1990 in a small town of Nawansherhar, Punjab, India. I graduated from well known High School Slivalik Public School. In school, I won many prizes in cultural and social activities. My father has been my inspiration because he is very hard working and dedicated towards his work. Due to this inspiration of mine I have achieved a lot of things in life. In year 2008, I was elected as the president of the Student federation. During the period of my leadership, I implemented various rules and regulations to improve the school system which was appreciated by school authority and students. I felt very lucky and proud to have served my school as the president. I thank my all fellow students and teachers for their love and support.

I am currently enrolled in computer Engineering technology at Humber College, which has been the most fulfilling experience of my life. The part of course I love the most is programming. I have been working as a peer tutor from last two semesters for the courses in my program. This is all I can write about myself at this stage.



Bradley Watson

Dear Humber!!!!

My name is Bradley Watson, your current VP of Administration for the North Campus. The last year has truly given me priceless experience and unmatched knowledge of the organization. I know what needs to happen to get the job done.

Advocacy shines through every day as a member of your board of directors, and an active member of countless committees. Further involvements leading up to office include: your student representative to the Humber Board of Governors, University of Guelph Senator, and two years as President of Student Leaders of Tomorrow.

Together we have:

- Brought transparency to Chartwells and on campus Food Services
- Completely redesigned the HSF Volunteer Crew, making it more active than ever before
- Developed a student-driven strategic plan for the HSF

Together we will:

- Bring a pharmacy on campus (that fills prescriptions and sells convenience items)
- Allow all full-time students to personalize their individual insurance plans
- Save you money (better utilizing sponsorships, vendor pricing, advertisement, etc.)

Together with your support, we can make this the most engaging and student-oriented year yet!

Re-elect Bradley Watson for Vice-President of Administration.
Are you part of the Bradministration?

VP ADMINISTRATION LAKESHORE CANDIDATES



Rosa Figueroa

Hello Lakeshore! My name is Rosa Figueroa and I am running to be your VP Administration. As VP of Admin, I want to speak out for students and ensure your needs and expectations are met around campus. I have attended Humber for the past four years: completed Police Foundations and I am currently in my third year of Criminal Justice BAA. Your vote for me is a vote for experience.

This year I started working at HSF as a customer service

representative; this has allowed me to familiarize myself with the great services HSF provides to students including: the health and dental plan, bursaries, used books...among others! I have seen the various issues that students have regarding our health and dental plans. I want to create more options for you and maximize these services! For example rather than "pay up front and get reimbursed" my plan is to find places that will take our benefits so you don't have to wait to get reimbursed. Humber is a growing multicultural school; I believe HSF should reflect this by providing information in different languages and adding translation services. This election is not only about me it's about what WE can do.



Kyle Lapensee

Hello fellow students, my name is Kyle Lapensee and I would like to be your next HSF Vice President of Administration. I am currently in my second semester of the Community and Justice Services program here at the Humber Lakeshore campus. With my current positions in the HSF programming department, I have acquired the knowledge and insight to evaluate Humber's strengths, as well as areas in need of improvement. As your VP of Administration I will ensure that all current services will continue to be available to all students as well as locate funding to improve these services, while keeping student fees low.

If elected I plan on providing students with more study spaces that will include individual rooms, group rooms and comfortable lounge areas to ensure that students have a quiet place to study and complete their work. I would lobby for improved athletic facilities as they are small and outdated at our campus, provide more bursaries and look into getting another games room in the A/B building. Lastly, I would make every single student's voice heard. Your opinion counts and I want to make sure that everyone has the opportunity to help make decisions at HUMBER! Thank You



Abigail Prebble

Being the eldest of eight biological and adopted siblings has been the most influential part of my life. My positive personality and passion for learning and life is infectious. With a growing love and passion for the performing arts, I am a graduate of George Brown College with a professional performance certificate. Now as the sole-proprietor of the aerial contortion and dance performance company, Collaborate Productions, I have gained valuable experience to improve my skills assisting me through many challenges.

I am currently a full-time Humber College student enrolled in the three year Public Relations advanced diploma program. I enjoy volunteering here at Humber and in the Toronto and Durham communities. I advocate for positive change and growth in the community, outreaching to as many as possible. I aspire to go beyond expectation and become greater than I achieve to be.

Grads selected among finalists for best first book

Commonwealth short list a highlight

LIZ CAVEN
A&E REPORTER

Although neither won, two graduates of the Humber School for Writers said they were proud of being on the short list for this year's Commonwealth Writers Prize for best first book.

Darcie Friesen Hossack and Sarah Selecky were nominated in a regional competition that covers Canada and the Caribbean.

"It was a wonderful moment, and perhaps the first time I really believed that the stories are as good as I'd hoped," Hossack said of being short-listed for *Mennonites Don't Dance*, a collection of short stories inspired by the life of these traditional Christian communities in Canada.

Selecky praised the winner of the regional prize, fellow Canadian Katrina Best, for her book *Bird Eat Bird*.

"I'm happy that a book of short stories won," said Selecky. "This is the



PHOTO COURTESY LORI-ANNE POIRIER // Darcie Friesen Hossack, author.

year of the short story after all. It's only right."

Selecky's collection of short stories, *This Cake Is for the Party*, is the fruit



PHOTO COURTESY RYAN HENDERSON // Sarah Selecky, author.

born from nearly a decade of work.

"In 2003 I started writing about these characters that still show up in this book," said Selecky.

"So I kind of count that as the time I started developing the voice, style and characters what would be *This Cake*."

Selecky's book was a finalist for the

2010 Scotiabank Giller Prize and in February she was awarded the CBC's Golden Beaver, a fan's-choice award for Best New Writer of 2010.

The School for Writers offers a variety of programs, including a correspondence course for those working on book-length projects in which aspiring authors are paired with published ones to have their work edited and revised before submitting it to publishers.

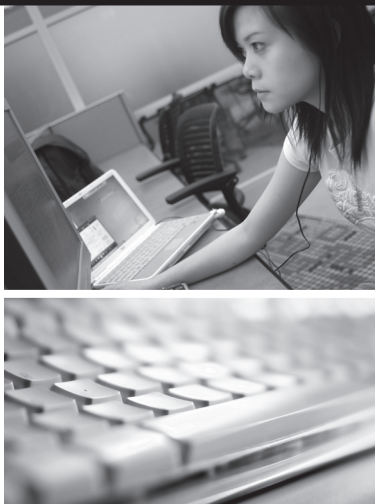
"We are with students for a lifetime,

We are with students for a lifetime, we are their cheerleaders for life.

Antanas Seleika
CREATIVE DIRECTOR HSW

we are their cheerleaders for life," said HSW creative director, Antanas Seleika. "The heart of the program is a back and forth with a seasoned pro."

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PHOTO PHILLIP MACIEL// *The Insider's Guide to Getting Published* teaches you how to get your own book off your desk and on to store shelves.

Humber offers publishing workshop

Learning the business of writing

PHILLIP MACIEL
A&E REPORTER

For anyone working on the dedicated task of book writing, this month Humber is offering a workshop that goes beyond learning how to write your own manuscript, and rather, focuses on the business of getting it read.

"It's not about the writing, we don't work on the writing. It's about what happens next – a little bit about the business of publishing and how it works," said Cynthia Good, program coordinator for the creative book publishing program.

The workshop, titled *The Insider's Guide to Getting Published*, has been offered since 2006 and lasts for three weeks. It will run every Thursday from this evening at 7 p.m. at the Riverdale branch of the Toronto Public Library for a cost of \$345.70.

Good will give an overview of publishing and different publishing houses in Canada.

Humber faculty member Jennifer Murray, who specializes in marketing, will also teach at the workshop, ensuring the authors keep perspective on how to market themselves as writers.

"They have this idea that everyone wants to read their book, and then they get realistic. Like no, no, there's a target audience, just like any other product," said Murray.

As a teaching strategy for those in attendance, "I like to get the students to participate a lot," said Murray. "I have them working in groups to talk about what their objectives are in publishing their books."

Editor Kate Cassaday, who works for HarperCollins Publishers Canada, will also share her expertise and insights with the students.

"As an editor, I'm always looking for a great voice. Obviously, no matter what kind of topic is being tackled, a great voice is key," said Cassaday.

Even with the workshop's help there needs to be that special something, said Cassaday. "Is there something that will really connect there? Is there something that makes it feel urgent and makes me say 'oh my goodness, I can imagine so many people who are going to want to read this.'"

The Insider's Guide to Getting Published is also held in the months of July and October. To register, call 416-675-5005.

"It's a fun and magical thing when someone is able to get published," said Cassaday. With help from the workshop, "I hope they find the confidence and a bit more of an understanding of the industry to make their submissions stand out."

Jazz teacher awarded as immigrant contributor to the arts

SUDAN-BORN PROF HONOURED

DANIELLE PERRY
A&E REPORTER

Humber jazz teacher Waleed Abdulhamid won the arts-category award at a ceremony honouring the accomplishments of immigrants.

“For me, it’s great to be appreciated and recognized in some way,” Abdulhamid said before accepting the New Pioneers Award during a gala attended by about 500 people at the Royal York hotel last week.

“This is really important for newcomers, because to have a direction, to go through the system, is the hardest thing alive.”

Abdulhamid, born in Sudan in 1968, came to Canada alone in 1992 at the age of 23.

Already an accomplished musician, he learned English from those he met when he was playing guitar on the street to pay the bills.

“We were busking at Harbourfront and there was a band that was supposed to come on and play that didn’t show up,” he recalled. “A music director at the Harbourfront Centre asked us if we’d come fill in.”

That impromptu gig led to others, and a career as a musician that has won him a Juno nomination, three



PHOTO DANIELLE PERRY // After immigrating to Canada in 1992, Humber teacher Waleed Abdulhamid is this year’s recipient of the New Pioneers Art Award.

Toronto African Music Awards, and appearances in shows on the CBC and the Discovery and History channels.

He started teaching at Humber six years ago.

“When I came here I had to start

from scratch,” he said. “I decided to keep going because the only thing I know in my life is art.”

Noora Sagarwala, program co-ordinator of the Young Centre for the Performing Arts, a theatre where Abdulhamid has performed and men-

tored, nominated Abdulhamid for the award.

“I think it’s really important to tell stories of immigrants that are really successful in becoming part of Canadian culture and making their mark in the community,” said Sagarwala.

That sentiment was seconded by Matthew Keefe, international student adviser at Humber, recognizing the example set by people like Abdulhamid.

“Different music or different arts helps those people here in Toronto be that much more cultured, and that much more educated on different arts around the world,” said Keefe.

The New Pioneers Awards are sponsored by Skills for Change, a non-profit organization that helps immigrants settle in Canada.

COMING UP

IN NEXT WEEK’S ETC

GRINDHOUSE COMEDY

Humber comedy grad Julia Hladkovicz headlines and hosts a comedy show called Grindhouse comedy that has featured some of Canada’s top comics.

NEW HIEROGLYPHICS

Nancy Walker, a Humber faculty member is releasing her newest jazz piano CD March 19, and features Nancy’s quartet with her on piano and Fender Rhodes, Ted Quinlan on guitar, Kieran Overs on bass and Ethan Ardelli on drums.

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Annual festival features over 800 bands in 50 venues

TORONTO WAKES UP FOR MUSIC WEEK

AMY WEINSTEIN
A&E REPORTER

Humber students are gearing up for Canadian Music Week as musicians from across the globe take the stage at some of the city's popular, and obscure venues.

"The city wakes up, and it's a great thing for Toronto, I feel like it's the way Toronto should always be," said Lee Piazza of the Toronto experimental rock group, The Wilderness, which will perform tonight at The Horseshoe Tavern.

"Just with the bars open super-late, until 4, people are just flooding the streets, and it feels like a proper world city during those festivals."

Ted Quinlan, head of Humber's guitar program, said the week is extremely important for aspiring musicians.

"I think it's a great opportunity for people to network and I think it's a great chance for Canadian bands to get heard and hopefully get some more support for what we are doing."

Restaurants, bars, and normally neglected spaces are transformed as the festival showcases more than 800 bands from Canada and around the world, at about 50 venues.

The Wilderness is performing for the third time at CMW, and Piazza, who plays guitar and vocals, said he is grateful for the exposure that accompanies the event.



PHOTO IV PHOTOGRAPHY STUDIO // Lee Piazza with his band The Wilderness perform for their third time at Canadian Music Week

"I really like it, just because you get to play for people who otherwise may not see you," said Piazza. "You end up having the most backed bill of the most stacked line-ups possible."

Lindsay Robins of the experimental metal group Crooked Valentine agrees.

"Where can you go where there are bands playing one after the other, at

every venue in town for a long period of time?" he said. "On a Sunday night, Monday night, people are still going to be out."

EVENTS

CALENDAR

Zeus, Still Life Still

THURS TIME: 8pm
10 PLACE: Horseshoe Tavern
Kicking off CMW, the legendary venue is sure to draw a sold-out crowd

Year 25 Vigil

TH-SA TIME: 7:30pm
10-12 PLACE: Theatre Passe Muraille
Showcasing the talents of the graduating theatre classes

Sammy Hagar

SUN TIME: 2pm
13 PLACE: Chapters, Festival Hall
Rocker signing copies of his new memoir

Humber Jazz Ensemble

MON TIME: 9:30
14 PLACE: The Rex
Juno-winning campus group takes to the stage

Impatient Theatre Co

TUES TIME: 9pm
15 PLACE: Comedy Bar
Improv students battle it out on the Bloor West stage

Sum 41

THURS TIME: 8 pm
23 PLACE: Lee's Palace
The boys from Ajax are back with new tunes.

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 STORYTELLING FOR
THE DIGITAL AGE.



Duncan sleuth novel is taught

EMMA BROWN
A&E REPORTER

Humber public relations professor and mystery writer Elizabeth J. Duncan's award-winning novel *The Cold Light of Mourning* is now being taught in Humber classrooms.

Humber liberal arts and sciences professor Ben Labovitch, has made the book required reading for his English students this semester.

"I love this book because it's of a particular genre called a 'cozy,' which is a crime novel riddled with death," Labovitch said, "but also has these deep friendships and connections between the characters."

"There's also an interesting collision in this novel between urban values, drugs, status, wine bars, with the more traditional values of small town Wales," said Labovitch.

Vicki Delaney, a Canadian author of eight published mystery novels, said, "Even in a mystery novel the solving and/or motivation of the crime can, and often is, secondary to the development of the characters and an exploration of the time and place."

The Cold Light of Mourning, the first book in Duncan's successful Penny Brannigan series, won both the William F. Deek-Malice Domestic Grant in 2006 for unpublished writers and the St. Martin's Press Malice award in 2008 for best first novel, making Duncan the first Canadian author to win both.

The novels focus on the adventures of Penny Brannigan, an amateur sleuth and ex-patriate Canadian whom Duncan calls a "blend of several nice people I have met over the years."

The series is set in the small Welsh village of Llanelen, a place Duncan visits twice a year and which is dear to her heart.



PHOTO SCURALLI PHOTOGRAPHY // Humber professor Elizabeth J. Duncan's novel *Cold Light of Mourning* now included in college's curriculum.

"I had been there on a visit about 18 months before I started writing the first book and it's such a lovely part of the world that I just thought it would lend itself well to the story," said Duncan.

Duncan's second book in the series, *A Brush with Death* was published last year to strong reviews.

Humber public relations professor Jennifer Leonard enjoyed both books equally, although she said they are

very different from each other.

"The second book took me in a lot of different directions," said Leonard, "and the focus on the 60s art scene made it very interesting."

Duncan's third instalment in the Penny Brannigan series, *A Killer's Christmas in Wales*, will be released in November, and the author anticipates writing three more books before the series is complete.

WINNING!

with

CHARLIE SHEEN

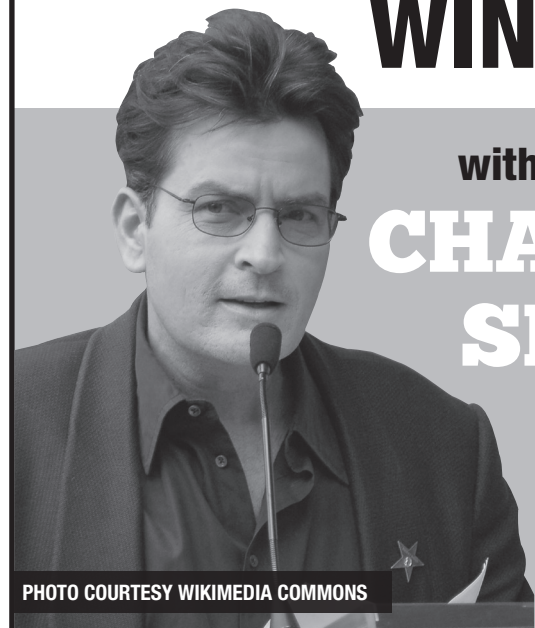


PHOTO COURTESY WIKIMEDIA COMMONS

"The last time I used? What do you mean? I used my toaster this morning."

"Most of the time - and this includes naps - I'm an F-18."

"Can't is the cancer of happen."

"The run I was on made Sinatra, Flynn, Jagger, and Richards look like droopy-eyed armless children."

"I'm bi-winning. I win here and I win there."

"I've got magic. I've got poetry at my fingertips."

"I closed my eyes and in a nanosecond I cured myself."

"I'm just going to sail across the winds of the universe with my goddesses."

"Your face will melt off and your children will weep over your exploded body."

FOLLOWUP TO GRATITUDE SHORT-LISTED BY CBC

Kertes recounts his family's flight from Hungary in new non-fiction

HANNAH VANDERKOOY
A&E REPORTER

Dean of Creative and Performing Arts Joe Kertes has made the short list for creative non-fiction in the CBC Literary Awards for his upcoming book, *Records*.

Kertes drew from experiences in his own life as he remembered fleeing Soviet-controlled Hungary when Hungarians rose up against the Russians.

"The border opened up and people started escaping," said Kertes. "We left for our safety. But we also left because we were locked into our country by them, so here was a chance to get into the real world."

We kept looking up to see where the bombs were coming from. Our parents told us we were running through a mindfield.

Joe Kertes
DEAN OF CREATIVE & PERFORMING ARTS

Kertes was five when he left Hungary to come to Canada with his brother and parents in 1957.

"We escaped at night by foot over to the Austrian border," said Kertes. "My



PHOTO ADAM KRAWESKY // Joe Kertes' novel makes short list.

brother and I kept hearing bombs falling and people were running. We kept looking up to see where the bombs were coming from. Our parents later told us we were running through a minefield."

Records takes place over two days and includes haunting details that have stuck with Kertes since he was a boy.

"My grandmother came to get my brother and me from school. We were running past this square in Budapest and we saw a hung soldier hanging from every light post," he said. "I looked into the eyes of a guy who was clearly dead but it looked like he was looking right at me."

Records is a follow-up to *Gratitude*, a novel about Hungary before the Nazis occupied it in the Second World War.

"His work is historically accurate and lyrically very affective," said Kertes' agent Margaret Hart.

Kertes submission to the CBC Literary Awards caught the attention of the judges amongst hundreds of applications.

"He's got work that stood head and shoulders over the competition's," said Humber School of Writers director Antanas Sileika.

The winners of the CBC Literary Awards will be announced March 24.



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Student design wins top prize



PHOTO RADHA TAILOR// Travis Mirault, 23, (bottom), Sebastian Diaz Molaro, 23, (left) and Danny Pinzin, 32, (right), winners of Humber's Insitu Chair Show.

RADHA TAILOR
LIFE REPORTER

Three students received the top prize at Humber's Insitu Chair Show at the Gladstone Hotel in Toronto.

Industrial design students Danny Pinzin, 32, Sebastian Diaz Molaro, 23, and Travis Mirault, 23, won first place for their chair, "seet".

"It was a lot of work, but now the project is over and I'm happy with the work we did," said Molaro.

The second-year class was split into 13 groups of three or four to produce a bistro chair over a six-week period, with a focus on ergonomics, sustainability, stackability and aesthetics.

"We realize we're only going to use it for a short period of time, therefore it makes the ergonomics a little less important than a desk chair," said Samantha Sannella, president and CEO of the Design Exchange and a competition judge.

Most students covered their own costs for production. "We like to think of it as being similar in costs to two textbooks," said Pinzin, whose chair cost \$750.

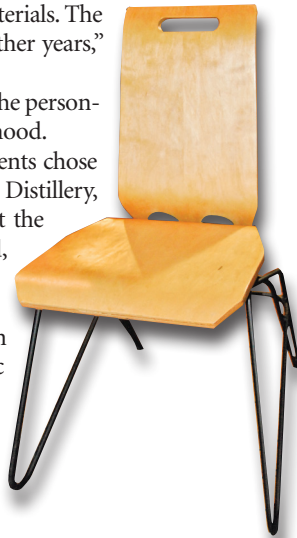
Some students made chairs out of acrylics, lacquered hemp, cardboard and twisted recycled paper, as well as wood, steel and aluminum.

"More of the students focused on sustainability and actually thought about the materials of the chair and the use of those materials. The design was better than the other years," said Sannella.

Each design was to mimic the personality of a Toronto neighbourhood.

While the majority of students chose Kensington, Yorkville and the Distillery, "seet" was designed to reflect the St. Lawrence neighbourhood, including Old City Hall.

"The old is mimicked in the woods, the seat-pan and the back. It's very classic building material, and the new aspect is mimicked in the framework. It's very contemporary," said Molaro.



TO THE NINES

Kristen Zupanancic, 19
2nd year Media Studies
Guelph-Humber

HOW WOULD YOU DESCRIBE YOUR PERSONAL STYLE?

A little quirky, I like to mix vintage with new.

WHAT'S YOUR FAVOURITE ITEM IN YOUR WARDROBE?

A vintage butterfly necklace from my nonna.

WHAT IS YOUR FAVOURITE BLOG?

Pop Couture.

Adam Carter
Life Reporter



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Buon appetito!

georgebrown.ca/italy



Grad seeks MS 'liberation' therapy

KATIE O'CONNOR
NEWS REPORTER

When she first heard about liberation treatment, former Humber student Darcie Kelly had to keep herself from getting too excited.

The 31-year-old suffers from multiple sclerosis, a disease that attacks the protective covering around the nerves of the central nervous system.

She will be travelling to San Diego in April to receive the controversial surgery, which is focused on improving venous blood flow in the neck.

This treatment for Chronic Cerebro-spinal Venous Insufficiency, popularly known as Liberation therapy, is not approved as a procedure for MS by the Canadian government.

Kelly graduated in 2004 from the fundraising and volunteer management program, and now works as manager of annual giving at Queen's University.

The trip, including the \$11,000US surgery, will cost \$15,000 total. So far Kelly has raised \$9,000 through donations, a quilt raffle and a benefit concert held in Kingston. She is hoping to raise the rest of the money – through donations – before her surgery on April 6.

Kelly, diagnosed at age 28, suffers from relapse-remitting MS, where symptoms appear at random, last for a few days or a few months, and then disappear or worsen. While symptoms vary, some of the most common ones are extreme fatigue, weakness, dizziness and lack of co-ordination.

"A scary week of my life is when I actually went spontaneously dyslexic," Kelly said.

"Doing things like washing your hair can be a challenge because you don't know if you can feel your hand enough to wash your hair," she said. "My hands sometimes leave me. I'm having a problem right now with a lesion that I have in my neck that depending on how I move my head I lose the function of my hand and arm on my right hand side."

PHOTO COURTESY DARCIE KELLY// Darcie Kelly, 31, has multiple sclerosis and is turning to liberation therapy for help.



With her MS resisting the Canadian approved drug therapies, Kelly decided to undergo liberation treatment, which was pioneered in the last few years by Italian researcher Paolo Zamboni.

Zamboni found that the veins in the neck of MS patients were often twisted or narrowed, preventing

blood from draining from the brain.

"Liberation turns into a great option for me. The risks of the procedure are really minimal as long as you go into it smart," Kelly said.

CCSVI therapy has yet to undergo rigorous clinical trials.

Kelly wishes she could undergo the procedure from home.

"I would not change the Canadian health care system for the world, but I wish that I had access to private health care for things that aren't supported by the public system," she said.

Maureen Carnegie, co-ordinator and consultant with Humber's disability services agrees with Kelly.

"I think to be generous, Canadians tend to be a little more conservative in terms of adopting things that are not tried and tested."

Jeff Semple, a bioscience professor at Humber said people tend to lose perspective when words like 'miracle cure' are used: "We need someone who is objective to see whether it's worthwhile or not," Semple said.

Kelly sees the treatment as not only a potential way to alleviate the debilitating effects of MS, but to bring hidden diseases into the limelight.

"It's not just MS, it's lupus, it's rheumatoid arthritis, it's chronic depression, it's so many hidden illnesses and having a chance to talk about them," she said.

"I do want my story to help people think twice when they're meeting people in everyday life and how they treat them because you never know what they're dealing with that day."



PHOTO Lindsay Tsuji// Anja Scatsenko, 21, a first-year paralegal education student and her boyfriend Ornet Kulyk, 22, a first-year heating, refrigeration and air conditioning technology student, aren't worried about relationship apps like the Waiting Room meddling in their relationship.

Facebook app takes poke to the next level

LINDSAY TSUJI
LIFE REPORTER

Humber students may be getting more than just a poke on Facebook with a new application that has been making waves online.

The Waiting Room is a Facebook application that allows users to anonymously wait and pursue people in relationships.

"We saw our friends around us who were settling for sub-par relationships," said the Waiting Room creator. "We wanted to give them the confidence to pursue the one they wanted."

The app came out last month and user numbers have reached the thousands, said the app's creators.

The identity of the pursuivant won't be revealed until the person in a relationship changes their status to single, said the Waiting Room creator.

The creators themselves are users of the app and insisted on remaining anonymous because they are also waiting on potential mates.

But Jo Anne Nugent, program co-ordinator in the School of Social and Community Services at Humber, sees these apps as an inability to talk about things face to face.

"A big part of communication is non-verbal," said Nugent. "What's a person's facial expression, what's their body posture, are they not making eye contact, all of that is a part of communication so electronic media eliminates that whole aspect of it."

Facebook shut down a similar app

called Breakup Notifier, which allowed users to monitor relationship statuses and be immediately notified when changes were made.

But the creators of the Waiting Room aren't worried about intruding on people's lives. "We've made sure to adhere to Facebook guidelines and are willing to work with them to evolve in a way that makes everyone happy."

Facebook reported that users install 20 million apps every day, but Humber's Information Technology Professor Bernie Monette said he's worried that these apps may be going too far.

"It's interesting to think about the borders of what's appropriate and what's not – especially in regards to Facebook," said Monette, program co-ordinator of the web development program. "When you get a group that's as big as Facebook it's harder to regulate behaviour. How do I protect myself on Facebook and still participate in it?"

"I don't think I would ever use that kind of program," said Amya Statsenko, 21, a first-year paralegal education student.

Statsenko and her boyfriend are both Facebook users but she isn't concerned about new apps like the Waiting Room.

"But on the one hand I would say that it's kind of neat that someone could make someone's day a little better by knowing that they're liked by somebody."

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Minimum wage freeze at \$10.25

HENJI MILIUS
BIZ/TECH REPORTER

Students holding down minimum wage jobs are upset the provincial government is putting a hold on increases to the hourly rate for the remainder of this year.

"I don't agree with that. People assume that it's easy. It should go up more," said Kuinn Carson, a first-year law clerk student working in customer service.

A new freeze on Ontario's minimum wage will keep the rate at \$10.25 for the remaining period of this year, Premier Dalton McGuinty said after a speech on Feb. 11, in Oakville.

First-year radio broadcast student Tyler O'Halloran, who works five days a week at Metro bakery, is finding it hard to make ends meet.

"I won't have enough money for summer," said O'Halloran. "I have a second job at Frito-Lay's warehouse because I

have to pay for insurance and school." As she was on her way to work at Humber's childcare centres, Lisa Cole, a first-year early childhood education student, said the lack of a hike means she must continue to live at home.

Ontario has been a leader in improving the minimum wage in Canada.

Matt Wood
ONTARIO ASSOCIATION OF YOUTH
EMPLOYMENT CENTRES

"That kind of sucks," she said about the freeze, "because I pay for my food and I still live with my parents."

Matt Wood, who is the executive director at the Ontario Association of Youth Employment Centres, said, "Ontario has been a leader in improving the minimum wage in Canada."

"A freeze in the minimum wage af-

fects marginal employers more than stable employers because if they are forced to pay higher wages then they will hire less people," Wood said.

In Ontario from January 1, 1995 to Feb. 1, 2004, the minimum wage went from \$6.85 to \$7.15, according to the Human Resources and Skills Development Canada website.

The rate has risen about 50 per cent in the last 15 years.

"I think it's fine. It was under seven dollars in 2005. It's pretty much a treat for a part-time job," said Sarah Jorstad, a first-year media studies student who works at the Career Centre.

Justin McCurbin, who studies general arts and science at the North campus, was asked to judge the current minimum wage rate.

"I feel like the money is higher than what it used to be," McCurbin said.

But he added, "I live at home now, but if I could get a raise I would take advantage of it."



PHOTO HENJI MILUS// After rising for the past seven years, minimum wage is frozen.

CHANGES TO MINIMUM WAGE IN ONTARIO



BIZ/TECH NEWS TICKER

TECHNOLOGY

Windows phones app market to grow to 9,000

The Windows phone market is making milestones one month at a time, hitting 9,000 total apps this month. To help support this growth Microsoft is now allowing developers to submit 100 free apps, a limit that was at five just before this boom.

TECHNOLOGY

Calgary transit to offer real time bus app

Bus-goers in Calgary will soon be able to track how long their bus will take to arrive at stops by using a new app. By next year, buses will be outfitted with GPS to keep better track of where the buses are in the city at any given moment.

TECHNOLOGY

Toyota to release 10 more hybrid models

On the news that sales of Toyota's gas-electric hybrid vehicles have passed 3 million units worldwide, the firm unveiled plans to release 10 new hybrid models by 2015. Toyota will also launch five and seven-seat versions of the Prius in late April.

TECHNOLOGY

Premium wireless airwaves to free up

Cellphone users can experience better reception now that Canadian TV stations will free up the 700 MHz spectrum. The federal government is going to auction off these premium airwaves, called radio spectrum, to wireless carriers late next year.

BUSINESS

Louie Vuitton suing Canadian companies

Louis Vuitton and Burberry are seeking \$3 million in damages for trademark and copyright infringement. Two Vancouver-based companies and one from Toronto violated trademark laws for distributing fake products.



PHOTO ALEX ZAKRZEWSKI// Prices are expected to rise as the summer driving season approaches.

Gas prices hit commuters

Student's wallets are getting lighter on the drive to and from school

ALEX ZAKRZEWSKI
BIZ/TECH REPORTER

With gas prices hovering at over 120 cents a litre, Humber students are beginning to feel the effects of political unrest in the Middle East.

Gas prices are "insanely high," said Sarah Mueller, second-year fitness and health promotion student.

Mueller, who commutes from Oakville, said her gas expenditure has increased from \$35 a week to nearly \$80.

"The other day I was on empty and put \$40 in and it was filled only a little over half," Mueller said.

Ontario Ministry of Energy Oil Adviser, Spencer Knipping, said the increase is due to revolts against the Moammar Gadhafi regime causing disruptions in Libya oil production.

"The main reason why the price of oil went up so much over the last week was because of fears that the unrest would spread to larger oil pro-

ducers," Knipping said.

He said a resolution in Libya might only provide short-term respite from rising costs.

I think we need to reprioritize and use our own resources.

Alaina Vaiu
FIRST-YEAR CULINARY
MANAGEMENT STUDENT

"If it then induces greater unrest in other Arab countries like Saudi Arabia, we might be in for another bout of large price increases," Knipping said.

Federal MP Dan McTeague, Official Opposition Critic for Consumer Affairs and Consular Services, is an authority on gas prices and provides consumers with online cost predictions.

McTeague's assistant Scott Maxwell said, "Speculation is the reason for the price increase."

North American crude oil reserves are large enough to withstand the political crises in the Middle East and prices should not be as high as they are, Maxwell said.

"There's no real tangible effect between what's going in North Africa and what's going on in Markham Road," Maxwell said.

First-year culinary management student Alaina Vaiu, said the increase has been particularly hard for students without jobs.

Viau, who commutes from Brampton, blames Canada's reliance on foreign oil.

"I think we need to reprioritize and use our own resources," Vaiu said.

Co-founder of GasBuddy, a web site comparing fuel costs, Jason Toews said costs will continue to rise as the summer driving season approaches.

"In the GTA we're going to see gas prices in the \$1.40 to \$1.50 per litre range."

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TORONTO GOLF SHOW SHOWCASES HUMBER PROGRAM

Professional Golf Management students represented Humber at the Metro Toronto Convention Centre



ALL PHOTOS HENJI MILIUS

BY HENJI MILIUS
BIZ/TECH REPORTER

Four senior students, from the Professional Golf Management (PGM) program at Humber's Lakeshore campus, were at the Toronto Golf and Travel Show to talk about their program and some new golf equipment systems.

"Our golf lab is still pretty good. We have two hitting bases and the same potting system Tiger Woods used," said Jamie Vinear, 26, a third year PGM student, at the event.

Vinear said other cutting-edge technologies and facilities such as the vector system, an improved swing lab, force plates, a simulator and a launch monitor are coming later this year to the lab.

Ray Chateau, program coordinator of the Business Administration of

Professional Golf Management, said during a previous interview that Humber was attending the event because "Program awareness is our number one objective."

David Circelli, 21, a third year PGM student, said he thinks the program is "great" in providing business knowledge and practical training.

According to Circelli, the program "offers a variety of courses, it's a program where you learn business and it caters to the golf industry."

Alex Geick, 21, a third year PGM student, said that "Ray knows people from everywhere and has a lot of contacts."

And finally, Kris Wetzstein, 21, a third year PGM student, said that "ninety percent of the program is spent learning the business of golf and ten per cent is for golf training."

"A lot of new stuffs are on sale at Golf

Town. All the latest clubs and leading manufacturers are here and many travel destinations that students can explore," said Amanda Wedgewood, marketing and communications coordinator for Metroland.

"Puma is about sport lifestyle. We bring joy back into the game. And it's all about having fun," Peter Chiapetta, sport marketing coordinator, said on the selection of Puma shoes with colorful leather and synthetic fabrics.

Nancy Lopez, the most famous and recognizable woman in golf, had her vibrant fashion collection at the show with colors ranging from pink, purple, blue, and white to black.

"We offer good price points for students. The entire collection is not just for old ladies. We also have university apparels," Sue Gallagher said, a sales director at the Nancy Lopez golf store in Waterloo.



A Golf bag at the Cobra-Puma Golf booth.



A golfer takes a swing at the Toronto Golf and Travel Show.



The Metro Toronto Convention Centre was packed for the annual golf show.

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With provincial titles in hand, basketball team seeks more

LAWRENCE DUSHENSKI
SPORTS REPORTER

SAULT STE. MARIE - The Humber Hawks completed the three-peat. In a hard fought game against rival Sheridan College, Humber prevailed 66-59 to capture a third straight Ontario Colleges Athletic Association championship. They now move on to nationals at Durham College in two weeks.

Hawks guard, and OCAA All-Star, Micheal Acheampong was named tournament MVP after the game, and big man Jeremy Alleyne was named to the tournament All-Star team as well. Acheampong had 18 points in the game, and Alleyne chipped in with 12.

"It feels a lot better this time," said Acheampong. "Knowing that the guys came together this year."

First year Humber head coach

Shawn Collins was proud of his players for buying into his philosophy this season.

"As meaningful as it is to have guys who have been here before, we have had guys who have had to change their roles."

Sheridan was without two players due to suspension after a post-game fight in the semi-finals. Their semi-final game against Algonquin went to double overtime, and after the emotional and physical battle that they endured, the Bruins had a tough time showing up for the finals.

Humber built a double digit lead at halftime, but they allowed the Bruins to get back into the game. But the Hawks experience and athleticism was too much to handle down the stretch, and Sheridan was unable to maintain their momentum.

Humber guard Mike Dvorak, who was a member of all three provincial

champion teams, commended both teams on their effort.

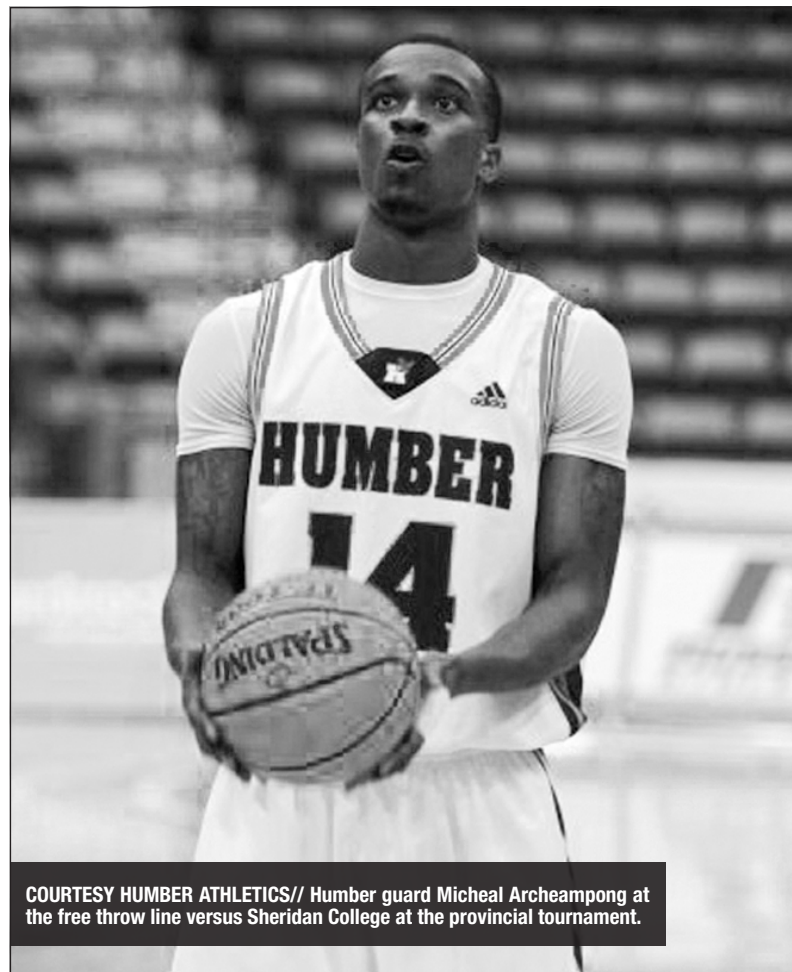
"Both teams fought hard, and we almost let it slip away. But our defence tightened up at the end," he said.

For Sheridan, their sharpshooting was a bit off on this night, and they were not able to overcome the early deficit.

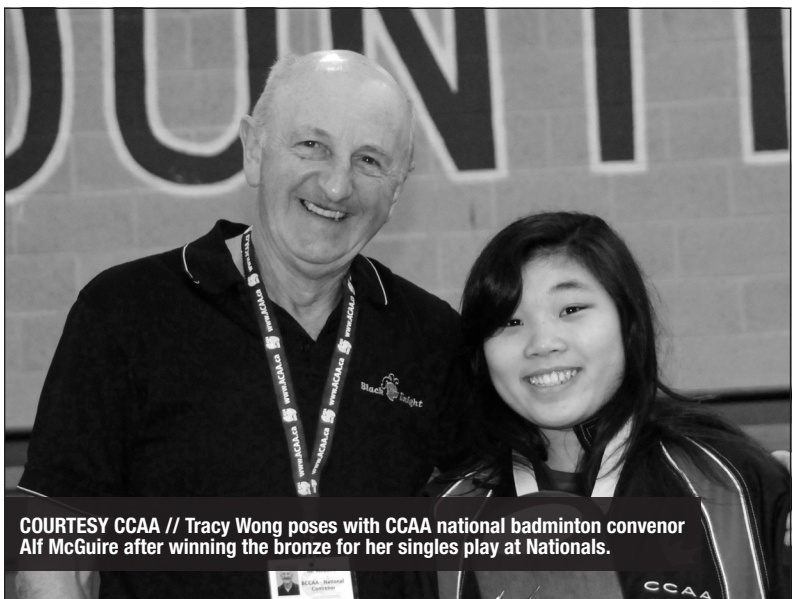
Humber did not have an easy path to the finals, as they beat a resilient Fanshawe College team in the semi-finals by a score of 62-57. Acheampong had 13 points in the semi's, and Dvorak had 11.

Quarterfinals was a bit of an easier test for the Hawks, as they easily dealt with the Seneca Sting and beat them 65-51.

They were once again led by the tournament MVP Acheampong who dropped 24 points on an over-matched and undermanned Seneca team.



COURTESY HUMBER ATHLETICS// Humber guard Micheal Acheampong at the free throw line versus Sheridan College at the provincial tournament.



COURTESY CCAA // Tracy Wong poses with CCAA national badminton convenor Alf McGuire after winning the bronze for her singles play at Nationals.

Women's badminton team impressive at Nationals

CATHERINE DIVARIS
SPORTS REPORTER

Humber's first-year badminton star, Tracy Wong, has learned there's a big leap from being the best in Ontario to beating all the top players in Canada.

"Once we went from the OCAAs, which were really easy for me, to college nationals there was a big difference," Wong, 18, said after taking bronze in women's singles at the Canadian Colleges Athletic Association championships last weekend at Mount Allison University in Sackville, N.B.

"I was only three points away from a silver medal, but I'm really happy considering the competition I was up against."

Other Hawks in the CCAA championships, Renee Yip and Alyssa Woon, placed fourth in women's doubles. The three qualified by winning On-

tario Colleges Athletic Association gold last month.

"As a whole we have a very talented team," said assistant coach Michael Kopinak. "You can't be disappointed when you clinch the OCAAs as a team, every person you send wins a medal, and you have two top-five finishes in all of Canada."

Wong's path to the bronze saw her defeat players from Kwantlen Polytechnic, and Mount Allison before losing her third round match up to Sun Yang from NAIT.

Yip and Woon defeated players from Kwantlen Polytechnic and King's College before losing the bronze medal match to Ellexis Lathan, and Grace Box of Concordia.

"Humber did really well overall this year," said Yip.

Yip and her mixed doubles partner, Raymond Wong, took a gold medal at last year's CCAA tournament.

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Men's volleyball team wears gold after provincials

Ranked fifth in the nation, Hawks will move on to nationals being the only team to represent the OCAA

JEFF DONER
SPORTS REPORTER

With provincial gold in hand, the Hawks men's volleyball team is now looking to capture the Canadian Colleges Athletic Association national championship in Sherbrooke, Que. with their first game today against Red Deer.

Head coach Wayne Wilkins said the team's preparation began right after winning gold at provincials.

"We're going swimming because we've got a few injuries so the hope is that it will help them relax a little bit and they can still get some activity," Wilkins said after their win over Redeemer on Sat. Feb. 26.

"Everyone is so mentally exhausted but we're going to have five practices before we have to hit Sherbrooke. So we'll be in shape."

Veteran middle Andre Brown is looking forward to competing against the county's best squads.

"Me personally, I just can't wait to get there and show all the other teams

what we've got and why we're there," said Brown. "We're all excited for sure."

Despite a sparkling 15-3 regular season record, the Hawks will find some tough competition in Sherbrooke. Placed in the fifth seed, the Hawks will face a strong opponent in Red Deer College, which also had a strong season with a 15-5 record.

Veteran Hawk Brandon Wong said the fourth and fifth games are some of the toughest because the teams are so closely matched. "That's the game we played in last year and lost in five," said Wong.

Wilkins said, "really what it is, is we've kind of got to get them all re-focused. We've seen a lot of the teams that are going to be out there...coaches will start breaking down game tape and we'll be ready."

Setter Mark Mullen said, "a lot of the guys are just grateful for the opportunity. There's a lot of people on other teams that go through a whole OCAA career without the opportunity."



PHOTO Jeff Doner // Focused and ready to go, the Hawks will try for their first national title ever. They have won provincial gold five times in their history.

Teen rally car champion credits Humber fitness program

VICKY SIEMON
SPORTS REPORTER

Humber has helped play a part in developing Grant Riddell into a rally racing champion.

The youngest licensed rally driver in Canada said his program, fitness and wellness promotion, has really helped him become the skilled driver he is today.

He was the 2010 North American

Rally Cup winner 2WD, he placed second in the Ontario Performance Rally Championship (OPRC), and won both the Maple Leaf Rally Club Rallycross fifth event and the OPRC Black Bear championship.

"Real cars, real roads, real fast," said Riddell when he described the sport.

Riddell's goal is to be the first Canadian to win a world championship and to be a professional driver.

The 19-year-old said his course in exercise physiology has enabled him to break down the parts of the body and improve every part that racing involves including core, triceps and shoulders.

Riddell said being a personal trainer gives him an advantage because he knows exactly what he needs to do to improve his fitness.

Riddell races a Mitsubishi Lancer that was rebuilt by Performance Motorsport Services.

"Basically everything is modified in the car, we take it down to the bare frame, we make it stronger and safer by changing the geometry of the suspension so that it works more like a race car instead of a street car," said Justin Turner, owner of the shop in Picton, and a part of Riddell's crew.

A lot can happen to the driver when a car is speeding on dirt roads during a race.

Yuri Zoubov, Riddell's mechanic, said suspension components are usually the ones that take the most damage because of rocks flying up, debris, driving through ditches and going over jumps.

"Between stages we have 20 minutes to check everything to make sure everything is running smooth for the next stage," he said.

Riddell has been racing since 2009 and became involved when he saw a rally on TSN, and was instantly hooked.

"You take a regular car, put a roll cage in it, drive it down sketchy roads as fast as possible," he said.

All vehicles have to be produced from a factory where there is a limit on the modifications that can be made. This is to keep the cost down so it is an equal playing field.

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PHOTO COURTESY Grant Riddell // Riddell's Mitsubishi Lancer during rallycross race.