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Humber's Student Newspaper

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'FREE EDUCATION FOR ALL'

Nov. 8 protest by the Canadian Federation of Students calling for better funding for post-secondary education in Ontario heading for Queen's Park.

**STUDENTS RALLY
OVER ISRAEL-
PALESTINE
CONFLICT
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**HEALTH
CONCERNS FOR
FOOD JUSTICE
WORKERS
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MIKULAS HORVATH

Protesters at the Canadian Federation of Students march on Nov. 8. Post-secondary students are calling for better education funding.

Canadian Federation of Students rallies for 'free education for all'

Jeferson Quiros-Vargas
Liam Neilson
Mikulas Horvath
News Reporters

Amidst rain and hail, the Canadian Student Federation (CFS) marched on Wednesday to demand free education for all to counter the rising cost of living.

Students rallied at Grange Park and walked to Queen's Park demanding "grants not loans" and "free education for all."

Ontario has the dubious record of providing the least amount of funding per post-secondary student in university than any other province or territory. At the college level, the province puts in less funding than do international students from India.

Leandra Gamboa, a Humber employee who supports the protest as they are also part of a union composed of many students, cited a "ridiculous" rent market alongside increasing tuition and inflation rates.

"It's just a big storm of everything getting more expensive," Gamboa said.

They also said stagnant wages added more difficulty on top of the already demanding economy.

Late last month, the Bank of Canada released a report stating the key interest rate would be maintained at five per cent while

budget cuts to education continue.

At the beginning of last October, the provincial government raised the minimum wage to \$16.55, yet reports show that the increase is not sufficient.

The Ontario Living Wage Network (OLWN) released a report on Nov. 6 calculating what a livable wage should look like.

The findings said that adults living in the Greater Toronto Area would need to earn \$25.05 an hour to have a standard quality of life while maintaining all current prices for groceries, housing and all other expenses.

Sarom Rho, an organizer with the Migrant Workers Alliance for Change (MWAC), an organization that fights for fairness for immigrant workers, said everybody in the country, the moment

they land, should have the same rights and protections as everybody else.

Harshill Dhingra, a student who is a part of MWAC, spoke of the necessity for the rally.

"It's a protest to bring students together to make students feel they are not alone they're part of a community," Dhingra said.

For Dhingra, a way to supplement the costs of universities without increasing the tax burden on most citizens is to raise taxes for higher-income individuals.

Adaeze Embalaja, a national representative for the Ontario section of the CFS, said she believes the government had "boldly" ignored student needs.

She said "direct action is critical" while simultaneously lobbying on all levels of government for a 25 per cent reduction of tuition each year.

"We know things don't happen overnight but at the end of the day we are calling on the government to start making those changes now," she said.

A report by Higher Education Strategy Associates analyzing how post-secondary institutions are funded showed Ontario is the province which provided the least amount of public funding.

The report said Ontario "has been dead last in institutional funding for higher education" for the majority of the past 40 years.

It suggests that due to budget cuts "something like 76 per cent of all tuition fees in the sector comes from international students."

During COVID-19, the federal budget for Canada Student Grants was a maximum of \$6,000 per individual yet on Aug. 1 the limit dropped to \$4,200 per student.



MIKULAS HORVATH

Protesters walk towards Queen's Park building holding signs at CFS protest for free education for all.

ETC •

Humber Et Cetera is the Humber College journalism program laboratory newspaper. It is created journalism students in the Advanced Diploma and Post Graduate Certificate programs. Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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TANZILA PATEL

Hani Al Allaf, a Syrian-Canadian post-graduate student, led the rally at the Lakeshore campus on Tuesday. He was briefly suspended for posting pro-Palestinian stickers.

Students rally against Israel-Palestine conflict

Tanzila Patel

Skedline Reporter

A small number of students rallied Tuesday Nov. 7 at the Humber Lakeshore campus against the conflict between Israel and Palestine, and the actions against a student who spoke out against the conflict by posting stickers.

Participants, some waving Palestinian flags and the keffiyeh, the Palestinian scarf that is a symbol of resistance, joined at least one Israeli student who held up a sign in Yiddish during the rally by the stage in the middle of the campus cottage buildings.

Hani Al Allaf, a Syrian-Canadian postgraduate student, 24, led the rally. He said he was asked to leave his class on Nov. 2 after he placed about a dozen stickers around campus featuring the Palestinian flag and the words "Boycott Israeli Apartheid."

"I was pulled out of class by a representative of public safety and accused me of things I have not done and bullied me out of

campus," Al Allaf said in a social media post on Instagram which was then reposted on LinkedIn.

In the video, Al Allaf spoke about the Hamas-Israeli conflict. He said he took the initiative to place the stickers on campus and was later accused of antisemitism and defacing property.

Al Allaf said he was pulled away from class by Thomas Urbaniak, assistant manager of security operations, and was asked to leave campus.

"If I am found on any premises of Humber I would be arrested," Al Allaf said in the video.

He said the public safety officer took a picture of his health card, the only form of ID he had on him at that time.

In an interview with Skedline, Al Allaf said Humber misconstrued his action and made false accusations.

"They have accused me of vandalizing and desecrating the campus grounds," he said. "They took me out of class and kicked me out of campus. It clearly shows

where Humber stands. I demand an apology and acknowledgment."

An Israeli-Jewish student at the rally who said she was the grandchild of Holocaust survivors, held a sign that said in Yiddish, "Never again for anyone." She urged the Canadian government to recognize the genocide and call for a ceasefire.

Other students also joined in, advocating for a ceasefire.

Humber's Associate Director of Communications Emily Milic said in an email that the college responded to complaints about the stickers.

"Humber College received complaints about stickers that had been placed around the Lakeshore Campus in contravention of Humber policy," she said in the email.

The Department of Public Safety removed the stickers and addressed the student responsible during a class, she said.

Milic said in the email the student was asked to leave the room for a conversation regarding the stickers and was asked to leave campus and

wait to hear from the college.

Later the same day, the student was informed that they could return to campus and class, she said.

"We have put temporary measures in place to ensure that this does not happen in the future and are conducting a review of our processes," Milic said in the email.

These measures include an additional risk assessment threshold that must be met in order to have students addressed during a class.

Milic said requests to post materials can be sent to the Department

of Campus Services and anything unauthorized that is posted would be removed, regardless of content.

Humber has also apologized to Al Allaf in a statement on its website.

"The college apologizes for the response being disproportionate to the student's actions," it reads. "We have put temporary measures in place to ensure that this does not happen in the future and are conducting a review of our processes."

Al Allaf was not available for comment on Humber's apology



TANZILA PATEL

Pro-Palestine stickers distributed at Lakeshore campus for protesters.

Mentorship needed to prevent burnout

Annicca Albano

Food and Social-Justice Reporter

William Brisland volunteers at the Daily Bread Food Bank for two half days each week, stationing himself in the sorting department.

As he studies each item, he imagines a little kid somewhere who will soon have breakfast.

He was placed in the food bank area when he started in 2020. By the third week, he asked to be relocated as he couldn't bear seeing children who come in with empty stomachs.

For Brisland, Daily Bread runs like a "well-oiled machine," volunteers move donations through aisles, categorize essential items using lists and picture labels on top of boxes, take scheduled breaks, and occasionally share the lunch table with the CEO.

So, while staff shortages and burnout are top concerns for charities, according to the latest Canada-Helps' Annual Giving Report, volunteers like Brisland aren't fazed.

"They treat us well because we are, in a sense, the lifeblood to turn this stuff around," Brisland said.

Scottish artist Brisland immigrated to Canada in 1974 and worked as a part-time consultant designer for Humber College interior design professors.

Now retired, he said helping at the food bank is his way of giving back to the country.

Françoise Mathieu, a specialist in organizational stress and trauma-exposed work, said passionate front-line workers, especially new and young ones, may find it challenging to set boundaries or manage secondary trauma, moral distress and burnout.

"If it is not a safe environment, psychologically or physically, do you have access to a good supervisor who has your back," Mathieu said while quoting questions vol-



ANNICCA ALBANO

William Brisland stands beside donations at the Daily Bread Food Bank. The retiree and volunteer credited CEO Neil Hetherington for being hands-on.

unteers can ask to survey their target organizations.

"Look at the workplace vibe," Mathieu said.

"Because despite all the challenges I've listed, I know people who have been involved for a long time. They are still positive. They're not cynical."

"They speak respectfully about their clients. Those are the things I'd want to look for," Mathieu said.

Food Banks Canada's report revealed that 18 per cent of Canadians, or one in five people, face food insecurity.

Daily Bread doubles as a distribution hub, supplying Fort York Food Bank (FYFB) and other partners.

At FYFB, volunteer Maya Kanakaratnam coordinates the deliveries from the trucks to the pallets

in the kitchen where some food is turned into hot meals, then to the storefront so clients can help themselves to whatever they and their families need.

The retired management consultant, on Mondays, forecasts the demand for the following week, keeping in mind clients' allergies and dietary preferences.

During the pandemic, she started volunteering at FYFB, a multi-service agency co-founded by her neighbour Devi Arasanayagam.

"There wasn't very much I could do," Kanakaratnam said. "So I met with her, and she talked about challenges here. I said, 'Do you need any help?'"

Arasanayagam said depending on their interests expressed in orientations, volunteers assume dif-

ferent roles and are provided the necessary training, from de-escalation to personal wellness.

Those with cars drive and distribute the food.

Writers produce newsletters. Multi-lingual speakers offer information support to newcomers and refugees. Others promote fundraisers.

In turn, she said volunteers from different walks and stages of life get mandatory community hours, Canadian experience and job references.

Flexibility, for Arasanayagam, also means allowing months-long breaks and group volunteering.

"There's all kinds of wonderful things, but check out your local food bank to see what their needs are," she said.

"Come with an open heart," volunteer Kanakaratnam said. "No expectations."

Fateha Hossain was still an international development student at the University of Toronto Scarborough when they started campus-based food insecurity work.

"It coincided with me moving out of home for the first time. I was 18 and really didn't know how to feed myself," they said.

Hossain, now 27, works as a Good Food Markets Facilitator at FoodShare Toronto, assisting farmers in setting up markets to provide culturally appropriate and affordable produce to neighbourhoods.

They said they work alongside colleagues who have lived experi-

ences with food insecurity and its intersections or have marginalized identities.

"The work that we do is work that we really care about and really connect to," Hossain said, adding that FoodShare compensates all workers with a living fair wage for their time and efforts.

They said being an engaged citizen is crucial today and that youth mobilization is needed to address hunger, homelessness, transit and climate.

To avoid shock, Hossain said food justice workers can educate themselves.

"I think that work is often very underfunded or undervalued," Volunteer Canada CEO Megan Conway said, adding that people are actively looking for ways to participate in issues they see in their community.

"Volunteers are the ones that are showing up," Conway said.

She said charities experiencing burnout could take cues from others.

Conway told Humber News they should review strategies at the leadership level, from improving volunteer welcome, engagement, recognition and access to training resources from experts or volunteer centres.

She also encourages volunteers to research to ensure they're not exploited.

"We need to find ways to celebrate volunteers and their contributions in a much more direct and focused way," Conway said.



ANNICCA ALBANO

Damion Balbour, team leader at the Daily Bread Food Bank, checks the essential items sorted by volunteers.

Indigenous disability needs public awareness

Julia Vellucci

Social-Justice Reporter

Emma Anderson, a member of the autistic community, is interested in the connection between disability and fetal alcohol disorders (FASDs) within the Indigenous community.

Anderson, whose pronouns are she/they, has seen privilege play a large role in the lack of awareness for Indigenous people with disabilities.

“[My] autism was missed, but had I come from a family that was raised on the reserve, was very visibly Indigenous, it’s very likely that I could have received that diagnosis but was shielded from it,” they said.

“I found it particularly interesting as a mixed-race person who comes from a financially privileged



Emma Anderson



Vesper Moore (second from left) at the United Nations Economic and Social Council (UN ECOSOC) Youth Forum.

position, that FASDs were never even considered for me at any point in my life because my mother didn’t fit the stereotype of the women that we associate with FASDs,” Anderson said.

Celia Haig-Brown, a York University professor who studies decolonizing approaches to research, said that regarding families being raised on reserves, the supports available such as navigating a wheelchair on uneven levels of sidewalks or pavement can be difficult.

She said that disabilities in Indigenous communities cannot be separated from the history of residential schools.

“The pain of what could be inter-generational trauma can often lead

to disabilities of various kinds, and both in terms of the people themselves, because of what happens through alcohol, drug abuse etc., but then that also can lead to problems with children, the birth of children,” Haig-Brown said.

Indigenous disability and trauma strategist, Vesper Moore, whose pronouns are he/they, said living in poverty increases the risk of traumatic experiences such as one’s whole life being shaped by the institution.

“We grew up in a place that is institutionalized—the metal door to my apartment had dents from bullet shots in it,” they said.

“Growing up in an environment like that and knowing that the

police, the governments, are not designed for you and it’s designed very much against you, it is easy to believe that it is very unlikely you will live very long,” Moore said.

Moore was also hospitalized as a young adult and was later diagnosed with schizoaffective disorder, a condition they said disproportionately impacts Indigenous people, who are more likely to be given psychiatric diagnoses.

Moore said their experience in mental health facilities was negative.

“I was labelled immediately as non-compliant, as defiant when advocating for myself,” they said.

“We see situations like this around the world where often dis-

abled folk and mad folk are in these circumstances and they’re put into these circumstances really because of ableism, a lack of understanding or not wanting to understand how society is not accessible to our bodies, minds in situations like the one I just described, how authoritarian government treats us as disposable,” they said.

Atreyu Lewis, who identifies as neurodivergent and whose pronouns are he/they, said this medical discrimination towards Indigenous people permeates the Canadian healthcare system. Lewis, a community worker, says that as Indigenous People, they experience this firsthand all the time.

“There’s a lot of medical discrimination within Canadian healthcare towards Indigenous peoples,” Lewis said. “I think a lot of Indigenous peoples are statistics largely when it comes to healthcare.”

Lewis cited Canada’s food guide, which was designed from experimentation with Indigenous children in residential schools in the 1940s as an example of how many health disparities have been caused by the government and a lack of accessibility.

“I’m a disabled person living in a world that doesn’t really like disabled people that much, and it’s a really hard thing for Indigenous people,” Lewis said.

Humber ready for ban of single-use plastics

Krishna Bhagnathsingh

Campus Life Reporter

The Canadian government has regulations in place that will ban the sale of single-use plastic utensils starting next month, according to a policy statement uploaded to the government’s website.

According to Ontario Nature, almost three million tonnes of plastic end up in dumps annually, and 29,000 tonnes is dumped in the environment. Plastic also leaks dangerous chemicals into the environment that may cause cancer.

This change directly affects Humber College which offers single-use plastic utensils at many of its eateries for a cost of 25 cents.

Lelle Lee, a worker at the Gourmet Express at Humber College, said the diner which sells meals and snacks made by culinary students uses compostable plastics.

“We’ve already switched our items to non-plastic anyways,” Lee said.

“So, if they implement that



KRISHNA BHAGNATHSINGH

policy, we’ve already changed our products to non-plastic. All our things are biodegradable,”

Lee said she thinks the rest of the campus will follow suit in switching from plastic to biodegradable items.

“Based on the Friendlier initiative, the blue containers, I think they’re planning to implement it across all cafes and storefronts,”

Lee said. “So, I think everyone is catching on.”

Tessa Soltendieck, the manager of the Office of Sustainability at Humber College, said there is a negative environmental aspect to plastic utensils.

“Plastics could be fossil fuel byproducts, which is where a lot of plastics come from,” Soltendieck said. She said compostable prod-

ucts can actually be made out of plastic.

“It’s just that those plastics break down easier than conventional plastics,” Soltendieck said.

She said this is a problem because plastic breaks down very quickly into microplastics, which is very bad for the environment.

“Compostables are just being sent to landfills and they don’t have

an opportunity to break down once they’re in landfills because they’re deprived of oxygen, so they produce emissions,” Soltendieck said.

“We should be looking for solutions that are more circular in nature and are reusable,” she said.

Soltendieck said the Office of Sustainability is working closely with ancillary services to propose some reusable alternatives to single-use plastic.

“It may be plastic, it might not be [plastic], but it’s going to be reusable,” Soltendieck said about the possible solutions Humber is reviewing.

“We’re not creating an item that goes to the landfill immediately, we’re creating one item that is used and then it circulates back to the consumer so we only need a limited supply of them,” Soltendieck said.

She also mentioned a solution where, for example, washing reusable cutlery.

“This still being worked on, it is not set in stone,” Soltendieck said.

Humber Remembrance Day celebration



DAVID MADUREIRA

Beginning with a trumpet and moment of silence, Humber President Ann Marie Vaughan spoke Friday about Canadian veterans at Remembrance Day celebration.

Toronto urges feds turn armouries to shelter

Andre La Rosa-Rodriguez
News Reporter

Toronto is sending a letter to the federal government asking that they turn its armouries into emergency shelters for refugees as winter nears.

The letter, presented by Davenport councillor Alejandra Bravo on Oct. 30, is asking for long-term investments to address the refugee housing crisis in the city.

Toronto's daily shelter data reports they currently make up about 40 per cent of all shelter users and make up almost half of the people being turned away each night among intakes at shelters and churches at capacity.

Bravo urged all councillors to sign the letter in a city council meeting on Nov. 8.

"We have to do more. We need to be very forceful with the other orders of government," Bravo said. "This is a really important opportunity to make good on putting people inside as we face a terrible winter."

Bravo's letter said there are currently an average of 320 people being turned away from shelters each night.

Toronto City Council had a three-day meeting this week to consider several items.

The main debates involved the city's plan to build 65,000 affordable homes, advance the waterfront east light-rail train, and expand non-police crisis response



THE CANADIAN PRESS/ TIJANA MARTIN

Mayor Olivia Chow tours Revivaltime Tabernacle Church, where asylum seekers received shelter.

services.

However, the council has also been forced to revisit its winter services plan as shelters have already reached capacity levels.

Mayor Olivia Chow voted in favour of a motion to present Bravo's letter to the federal government on Nov. 1 in an executive meeting.

She backed the winter services plan and has asked them to "step up" in accommodating warm spaces for people who may be "experiencing winter for the first time."

"We have a homeless shelter plan. We don't have a comprehensive refugee shelter plan," Chow

said. "It is not what we are set up to do. We are not the federal government."

The motion presents five recommendations that will allow refugees to "receive the dignity and support that they deserve" and take pressure off local shelter systems.

The city is recommending the federal government open and fund a refugee reception centre for those arriving through Pearson Airport and that they create appropriate support services.

The council is also requesting Toronto be reimbursed for the full costs brought on by supporting the rising number of refugee claim-

ants. Chow has already met with Premier Doug Ford to address the city's \$1.5 billion budget shortfall for the upcoming year.

A U.N. Refugee Agency report found Canada is expected to receive around 140,000 claims by the end of the year, which is 1.5 times more than in 2022. Bravo's letter noted more refugee claims have been made in Ontario than in any other province.

Immigration Minister Marc Miller confirmed in a press conference on Nov. 2 that the federal government is working collectively with the provincial and municipal governments to address the refugee housing crisis.

Miller said the surge in refugees is not "a problem that is going away," but armouries may not be an "ideal" short-term solution. However, he said it's not "off the table" if needed.

"Armouries have mass showers, they are being used by the military. It's not the proper and dignified way to welcome people. I think we can do a little better than that," Miller said.

Toronto currently has five armouries, with Moss Park and Fort York having been used for a brief period in January 2018 as emergency shelters.

Miller did not provide details on the current "short-term to medium-term" discussions they're currently having with Toronto but said they are willing to make additional investments.

The federal government provided \$97 million in July to aid in refugee shelter costs.

However, this fell short of the city's requested \$157 million request.

Chow said at the Nov. 8 council meeting that the federal government is looking for cheaper options.

She highlighted some of the more expensive systems, like the hotel room shelter spaces that were launched in July, need to change.

"The cost of hotel rooms is expensive," Chow said.

"But when our shelter is full and we don't want to see people on the street, then what do we do?"



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EDITORIAL

Change needed to end workplace discrimination

With more than 26 per cent of Canadians identifying as visible minorities, according to Statistics Canada, we must improve their quality of life at work.

With work being mandatory, one cannot easily escape any afflictions that come from it by just “walking away.” A worker would likely find another job where they would probably experience the same thing. Thus, we must make internal changes so workers are safe from harassment everywhere.

According to a 2023 survey by Catalyst, an organization fighting for equality in the workplace, 54 per cent of surveyed Canadian employees have experienced racism in their careers, and 37 per cent have experienced it in their current job.

Because of this, according to a 2022 survey by the same organization, 61 per cent of employees from visible minorities are on guard against workplace racism.

It is most important to address the primary cause of the problem, workplace leaders, who make



PEXELS/CHRISTINA MORILLO

up 41 per cent of instigators, according to Catalyst. Holding them accountable for maintaining a safe workplace environment is the best place to start.

Catalyst’ findings suggested multiple negative effects on the mental health of workers who are Black, Indigenous, and People of Colour (BIPOC) because they are constantly on guard against workplace racism.

This ultimately affects the business and employees as a whole.

Employers would also benefit themselves by reducing discrimination since there are more and more BIPOC workers.

As Nelson Mandela said, “Education is the most powerful weapon which you can use to change the world.”

Therefore, there should be legally mandated annual education on these impacts. This education should be given to all management, union leaders, and employees.

Emphasizing that workers can

report discrimination is also important. And since the Catalyst study showed employers were equally not likely to act as they were to act in response to reports, workers must be educated on how to go over their heads.

They can report incidents to the Ontario or Canadian Human Rights Commission (OHRC, CHRC) along with their union.

This kind of education, done by employers and unions, should be enforced by Human Rights com-

missions. Representatives should assess workplaces in person, including speaking to BIPOC workers since bosses can’t be trusted on their own, as they can be the source of the problem.

Employers should be required to assess their workplace, policies, and practices and look for negative impacts on marginalized employees. They should also identify solutions to these, and if applicable, report these findings to the CHRC.

Employers, businesses, and organizations should be categorized in a list as compliant or non-compliant with these policies so that BIPOC workers can identify workplaces in which they would be less likely to experience discrimination.

If experiencing discrimination, workers can file a complaint to the Human Rights Tribunal of Ontario via phone at 1-866-598-0322 (teletypewriter): or 1-866-607-1240.

Workers can also make a complaint to the Canadian HRC online, or via email: complaint.plainte@chrc-ccdp.gc.ca.

EDITORIAL

Drug crisis calls for better solutions overdoses rise

COVID-19 has contributed significantly to the current overdose crisis that is still affecting Canadians.

Canada’s illicit drug supply is the primary source of the high rates of overdoses and fatalities, and the crisis has only gotten worse. Since the beginning of 2022, Ontario has recorded 2,501 opioid overdoses.

The drug overdose epidemic has proven to be a bigger issue as more Canadians fall victim to overdoses.

A Canadian government report suggested opioid-related deaths are projected to be between about 1,920 deaths to 2,320 deaths for the year by next month.

There shouldn’t be room for drug addictions in a country where people are entitled to drug rehab through our healthcare system.

With about 21 deaths from drug-related overdoses a day, it should be obvious that years of drug-related mass criminalization has been a failure of policy, and punitive measures only serve to inflate these risks.

Now is the time to embrace science and evidence in order to save lives, and to get rid of outdated tac-



ISTOCK IMAGES/ARKADIUSZ WARGULA

tics. We need to reframe the way we approach addiction as a public health concern and give individuals who are struggling with it access to resources and treatment.

According to the Canadian Institute for Substance Use Research, several individuals who are homeless experience severe trauma. The report states that those who are

homeless may abuse drugs as a coping mechanism.

The Ontario provincial government has instituted many initiatives to address the opioid crisis it is currently facing. The supervised consumption services (SCS), which allows drug users to consume narcotics in a safe environment while being closely observed by med-

ical personnel with training, helps reduce overdoses over time.

While Prime Minister Justin Trudeau constantly proclaims himself an advocate to help solve the drug crisis, he has not made any changes to ensure a positive outcome. Instead, Bill C-7, a bill that gives individuals the chance to seek Medical Assistance in Dying

(MAID) came into effect March 2021, allows individuals suffering from mental illness and substance use disorders to receive assistance from a medical practitioner in ending their life.

Instead of providing people an option for assisted death, a better strategy would be to implement a program to prevent people from overdosing.

The Canadian government has already taken a number of steps to address the current crisis, including increasing the availability of naloxone, a drug that reduces the effects of an opioid overdose.

These supportive measures by themselves are not nearly enough.

The Canadian government remains committed to using an all-encompassing and evidence-based approach to address both the epidemic and the underlying causes of the problematic drug use over the long term.

Better long-term programs are needed to help drug users across the country, and these programs need better funding and leadership with insight on how to deal with the problem.

OPINION

Single democratic state needed for long-term peace



Santiago Helou Quintero
Editor-in-Chief

urging.

However, any long-form solutions to the apartheid remain notably absent from Western discourse.

The occupation of Palestine is against international law and stands in contrast to the 1947 UN Resolution that proposed the creation of two states. Today, Gaza is an open-air prison with militarized walls surrounding about 2.2 million Palestinians, more than half of them children.

In the West Bank, illegal Israeli settlements continue to spread while the Palestinian population is denied equal rights.

This kind of situation has a name, apartheid. Human rights organizations such as Amnesty International and Human Rights Watch say the situation more than meets the criteria.

The two-state solution is dead and it has been that way for a long time.

Even if the 1967 borders were to be miraculously restored, should the creation of ethno-states really be the goal in 2023?

The Holy Land, which stands at the intersection of three con-

tinents, is sacred to all the Abrahamic religions, not only Judaism, Islam and Christianity, but also lesser-known religions such as the Druze, Samaritans, and several others.

Ethno-states divide people into sectarian lines and facilitate the rise of authoritarianism, such as right-wing Israeli president Benjamin Netanyahu, the militant organization Hamas or even groups like Hezbollah in Lebanon.

Would a single democratic secular state with equal rights for all peoples not be preferable?

Common narratives like to claim that would not be possible, but their arguments are intellectually lazy at best and viciously racist at worst.

Firstly, neither people nor religions are monolithic. There exists a multitude of interpretations and variations.

For example, I would argue the socialist Israelis of the Kibbutz and socialist Palestinians in the West Bank have more in common with each other than with the colonialist Israeli settlers of the West Bank or the militants of Hamas in Gaza.



AP PHOTO/HATEM MOUSSA

A wounded boy is carried after an Israeli strike in southern Gaza Strip.

Debates over the right of return for the Palestinian diaspora are nothing more than thinly veiled racism disguised as concern over demographic makeup. The idea that a particular group must constitute the majority is racist and has no place in modern society.

A single state gives the full spectrum of thoughts and ideas the best chance at representation.

The two-state solution is nothing more than a foolish colonial Western construct by nations who have long drawn borders for personal gain only to later forsake their responsibilities to the people they exploited.

I would go as far as to say that Western nations owe some reparations.

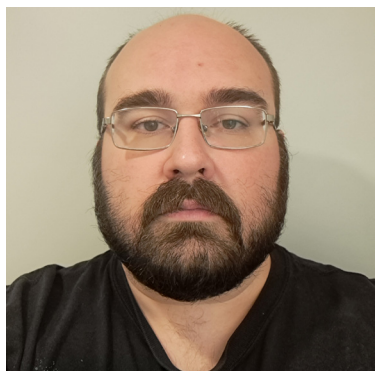
If there is to be a single state, the West should provide the funding to build the necessary infrastructure and facilitate peace.

After all, there has been no shortage of money to fund infinite arms to fight forever wars. We have been directly complicit in this conflict and we must take responsibility.

In the words of South African anti-apartheid activist Archbishop Desmond Tutu: "If you are neutral in situations of injustice, you have chosen the side of the oppressor."

OPINION

Community and collective action is the key to fighting climate crisis



Carlo Cantisani
Environmental Reporter

It deprives current generations of confidence in the future by replacing it with climate anxiety.

This collective feeling will not limit itself to persecuting only Millennials and Gen Z but will go further, influencing the lives of future generations.

I believe the main solution is to bring people together and create a deep sense of community. No one is alone in the face of climate change.

We need to break this mental bubble where we believe nothing is going to change and reach out to one another.

If we did, we'd find that persistent fear and anxiety are shared by many people in our neighbourhoods and city.

CAMH's senior scientist and clinical psychologist Dr. Sean Kidd says collaboration is the key to tackling climate change.

"The most effective way of reducing climate anxiety is to bring children and youth together to sort of learn about what the issues are in a way that's not all catastrophic," Kidd said.

"A sense of purpose can come

out of that, and that's the best way to reduce anxiety because you've got a group of people that feel like suddenly they have a role, they have a voice, and they can really do something."

It's not that anxiety suddenly disappears.

That's not the point.

Anxiety, and everything related to it, will still be there because climate change is not going anywhere for a long time for sure.

But it's the psychological outcome and the personal reactions that are different.

I really hope I'll be able to make my daughter understand that it's normal to feel scared and anxious and that those feelings are very reasonable responses to such an overwhelming issue like climate change.

But she will not be alone in this. The global consequences of climate change can't be ignored anymore, even in the face of the most stubborn and blind denialism.

It's easy to feel angry when looking at the political inaction towards climate change.

Canada likes to play the part



CARLO CANTISANI

March in downtown Toronto as part of Global March to End Fossil Fuel.

of a country that abides by climate agreements, when in reality, its emissions reduction plan for 2030 is consistent with 2° C — the threshold the world must respect if it wants to avoid a total catastrophe — rather than the Paris Agreement's 1.5°C warming limit.

That was confirmed just a few days ago by an audit from the Commissioner of the Environment and Sustainable Development Office, reporting Canada will miss its 2030 target of

reducing carbon emissions 40 to 45 per cent below 2005 levels.

In this way, policymakers and world leaders can't ignore the anxiety-turned-anger of this generation and the subsequent two generations that can also vote.

We need to rise above easy solutions that are not solutions.

We need one another and to build actions together.

That's how people could look at a hopeful future, just like a child looking outside a window for the first time.

My daughter really likes to look out the window. She's only 10 months old, but it's as if she's attracted to the outside world that's constantly in motion.

Watching her point to cars, passersby, or tree branches moving in the wind is always a wonder.

Sometimes, however, the more I look at her, the more I wonder what future she is destined to face.

Anthropogenic climate change is the greatest crisis ever faced in the history of humanity.

OPINION

Raptors new lineup hints at their potential



Delroy Davidson
Sports Reporter

With eight regular season games under their belt so far, the Toronto Raptors have a record of 4-4.

At .500, the team is currently tied with four other teams in their conference for the seventh seed, which is also the first of four play-in tournament spots. The key for the rest of the season is buying into a new system.

Over the summer, the team saw some faces go and a few new ones arrive. Fred VanVleet was a free agent and signed with the Houston Rockets for more money.

Coach Nick Nurse also moved on in the off-season, taking his talents to the Philadelphia 76ers to



AP PHOTO/DARREN ABATE

Raptors' Barnes calls a timeout in a road game against the San Antonio Spurs on Nov. 5, 2023, in San Antonio.

coach a superstar in Joel Embiid.

In return, the Raps received veteran point guard in Dennis Schroder, who was with the L.A. Lakers last season that made a run to the Western Conference finals.

Toronto also hired a feisty and well-respected coach in Darko Rajakovic, who was an assistant coach on the Memphis Grizzlies in the 2022-2023 season.

I believe the key to the Raptors

making noise in the league starts and ends with their Rookie of the Year player.

Scottie Barnes has taken a huge step in his role on the team, from playing the ball more to playing some elite defence.

After having a rough second year in the NBA, he is putting up some enormous numbers this season that can lead to his first All-Star selection.

Barnes is averaging 22.6 points

per game (ppg), 9.9 rebounds, and 2.1 blocks per game. Out of seven games, he has scored at least 20 points in six of them.

Jake Leroux, associate producer for Toronto Raptors' owner Maple Leafs Sports and Entertainment, says the third-year forward has not even reached the surface of his young career.

"Scottie Barnes is really taking that next step in his develop-

ment and really truly becoming a number one option in the NBA," Leroux said. "Scottie is a good story this year."

The media sees the Toronto Raptors as a lottery team, but they beat championship contenders Milwaukee Bucks last Wednesday.

It will take a while for this new Raptor team to gel, with a new coach in town and players taking on new roles. The ceiling is high.

Once this team gets a rhythm going, I can see them competing for the upper middle standings in the Eastern Conference.

Leroux says he sees them fighting for the play-in seed, but overall, this season will be a success because the future looks great.

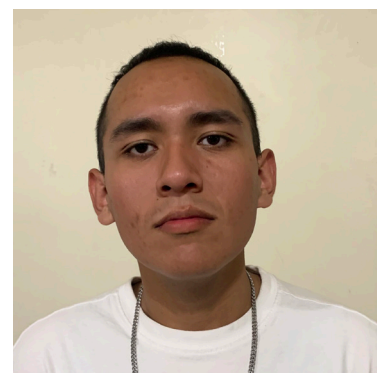
The Raps can fight for the sixth, the seventh or the eighth spot, and with a new head coach, that would be an extraordinarily success.

This year is all about Scottie's growth as the team buys into this new system under Rajakovic, Leroux said.

I like what I am seeing from this team. Let's hope the team finds the right chemistry sooner rather than later.

OPINION

Beatles' latest song shows AI is an asset for music preservation



Pedro Briceno-Oros
Arts and Culture Reporter

The assistance of AI in the release of 'Now and Then' sets a standard for how AI can be used for enhance and protect older recordings and songs.

The use of artificial intelligence in music has been a hot topic in the industry over the past few years, with many questioning the ethics of using AI in music production and recording.

AI assisting and streamlining the process of creating and editing music can be considered positive to the industry but it could potentially take work away from musi-

cians and producers.

Though there are aspects of what we know about AI that could be problematic, AI has the potential to be a huge asset in enhancing and preserving music and should be seen as such.

It was announced last week that The Beatles would release the last song that all four members worked on with the assistance of AI.

The song, Now and Then, started as a demo recorded by John Lennon in 1977 on a tape recorder and was left for Paul McCartney following Lennon's death in 1980.

The use of AI on the track separated John Lennon's vocals from the instrumental and cleaned up his faded vocals to match newly recorded backing tracks.

The song was released on Nov. 2 and debuted at number 1 on the Billboard Digital Song Sales chart for the week of Nov. 11.

The song's success has little to do with the use of AI. But the release of Now and Then wouldn't be possible without it.

In an interview with BBC Radio, Paul McCartney credited the AI



AP PHOTO/KIN CHEUNG

The new Beatles single "Now and Then" went on sale on Nov. 3, 2023.

developed by Emile de la Rey, dialogue editor for The Beatles' Get Back documentary.

When we came to make what will be the last Beatles' record, it was a demo that John had, and we were able to take John's voice and get it pure through this AI," McCartney said.

The AI was able to detect each

member's voice, separate it from background noises and backing tracks and upscale them for production.

Technology like this could potentially save damaged and crudely recorded audio tracks from different artists across many decades.

The positive this had on music

fans and preservationists is very apparent. Fans can hope other songs with lower audio quality or clarity issues could be saved and preserved.

The idea of having AI used in music production still raises concern, as voices can be replicated and music can be created without any involvement from humans.

This possibility should always be considered, as the integrity of music should be upheld and respected especially when it comes to revenue and honours in the industry.

Issues regarding the use of AI have more to do with the lack of regulations placed on AI and its uses rather than what AI has the potential to do.

Although these concerns must be considered the benefits of using AI, just like other advancements in technology, give artists the ability to produce incredible pieces of work.

Technological advancements like AI have a place in the music industry as did drum machines, digital synthesizers and autotune.

Humber music alumnus tours the U.K., Ireland

Gabriel Noda
Entertainment Reporter

Humber music alumnus Theo Vandenhoff will be going on tour with the band CRYWANK this November in the U.K. and Ireland.

Vandenhoff is a singer and songwriter from Humber College who, after leaving the college, transitioned into becoming a singer and songwriter. He describes his creative process for his solo EP as one which involves a flare of synth-pop and contemporary influences.

“We were gonna make an industrial EDM song, like early ‘80s German underground kind of sweaty fast club music, then everything else we did completely moved away from that direction,” Vandenhoff said.

Since the release of his EP *Heartache in an Empty Room* in 2021, Vandenhoff’s sound began to evolve as more people joined the musical endeavour.

Vandenhoff’s second EP *Eveningstar* is influenced by ‘70s and ‘80s dance music and is planned to be released in January.

When creating his upcoming EP with his bandmates, Vandenhoff said they would sit down and throw ideas around or have a song



THEO VANDENHOFF

Vandenhoff and his band members, bassist Tom Nixon, guitarist Callum Crombie, and drummer Sava Solar.

they would want to write.

Bandmate Tom Nixon, who plays bass, said that on the EP the final song *Eternity* was his favourite saying.

“We were just all on the exact same page for the whole song and it’s a strangely structured song in a way, has a nice energy to it, which I think sort of shows us all at our best,” Nixon said.

Vandenhoff said his newest single *Rosetta*, was his most proud moment since he began songwriting. This comment came after he made a post to his Instagram promoting the song as he compared it to another song of his.

The song which Vandenhoff compared his latest single to is *Temper*, a song which explores intimacy, while *Rosetta* wallows in intense yearning reaching out to that which cannot be touched but begs to be, Vandenhoff said.

The story behind the song was about a distant lover in a bygone era. Vandenhoff said he wanted to be intentionally vague about the story behind the song. Still, he later expanded the story saying, “It’s just really an exploration of that longing, of wanting to have that knowing.”

“It’s the first actual love song that I’ve made,” Vandenhoff said.

“*Temper* is not a love song. It’s about an aspect of love, *Rosetta* is a true love song and I haven’t released anything along those lines.”

Vandenhoff recently did a warm-up show on Oct. 27 for Halloween in preparation for his tour. He described the show as a “proper ‘80s goth thing,” and said it’s about getting comfortable before playing 25 shows in a row.

“We’re gonna definitely be showcasing a lot of newer songs, but songs from the first EP will definitely be played,” he said. “We’ll probably play every single song off of the first EP and the

upcoming EP over multiple different sets.”

Nixon said Theo Vandenhoff and the band met CRYWANK, and that he and fellow bandmate Callum Crombie were friends with Jay Clayton.

“They’re lovely people, their music is amazing,” Nixon said. “It’s also nice because it makes it more exciting to go on tour with close friends, so the van will be full of people we love.”

Vandenhoff’s journey with music and his friends was a long one. It came from a hard decision that he had to make.

“I would say drop out,” he said. “If you’re trying to make it within a genre of contemporary music, Humber has an incredible jazz program.”

“If you want to be like a working musician within the realm of indie and alternative music, then the best thing you can do is drop out, use your time to get better at writing music and meet people” at local shows, he said.

“Honestly, everything that I have achieved so far as an artist I have to owe to the people that I’ve met,” Vandenhoff said.

Vandenhoff and CRYWANK are currently on long concert tour in the U.K. and Ireland. They have 23 shows left on the tour.

Humber students celebrate Diwali in full spirit

Abhisha Nanda
News Reporter

The festival of lights, formally known as Diwali, returned to Humber on Nov. 9, just four days before the festival falls.

This year the festival is set to be celebrated on Nov. 12, with South Asian communities across the world acknowledging its festivities based on the position of the moon.

Diwali is one of the biggest festivals in India and is celebrated with great enthusiasm all over the country. But for Indian-international students who are away from home usually celebrate with friends, they make on campus.

This year the event kicked off at the college’s Lakeshore campus from 4 p.m. to 7:30 p.m. Many students attended the festival and almost all of them were Indians.

“This is my second Diwali away from home,” said Hitasha Gheewala, child and youth care student at Lakeshore campus.

Gheewala, an international student, said she usually feels upset



ABHISHA NANDA

Humber College Lakeshore campus celebrates Diwali 2023.

about being away from her family during the festivities.

“It is sad to do it away from home, but it is also fun because you get to meet new people,” she said. Gheewala plans to attend a Diwali party to celebrate despite not being able to celebrate with family.

Diwali is called the festival of

lights and is celebrated to mark the victory of good over evil.

People usually feed each other sweets and decorate their homes and offices with lights and diyas (small lanterns), which are a sign of prosperity and the lights represent peace in the new year.

The festival has a long history that is rooted in Hinduism. It’s

said that on this day, Lord Rama defeated the egoist and evil king Ravana to bring back his wife Sita. People laid diyas to welcome them and Rama’s brother Laxman when they returned home, called *Ayodhya*.

But Diwali is celebrated for other reasons in other religions. Sikhs celebrate Diwali as *Bandi Chhor Diwas* because on this day, the sixth Guru of Sikhs, Guru Har-gobind Sahib Ji, defeated Mughal Emperor Jehangir and freed 52 other princes from captivity.

The smell of Indian food and the sound of Bollywood music filled the air of the Lakeshore campus on Thursday as dance and musical performances kicked off the festival.

Along with music and dance, there were stalls for diya decoration and henna. People even wore their traditional Indian attire to celebrate.

“I feel sad about celebrating away from home. I am glad that Humber took this initiative to make us feel a little at home,” said Anjali Shah, a business management and financial



ABHISHA NANDA

studies student.

Shah said she was feeling very low this festive season as this is her first time celebrating without her family but she took her friends and decided to celebrate.

“Although it is not exactly the same, still it gives some sense of celebration,” Shah said.

Gheewala, too, was also grateful to Humber, and said she is happy the college acknowledges students who are celebrating away from their families.

She also thanked Ignite and First Year Experiences for all the arrangements.

Humber College’s North campus is set to have its Diwali celebration on Nov. 17.

HUMBER HAWKS



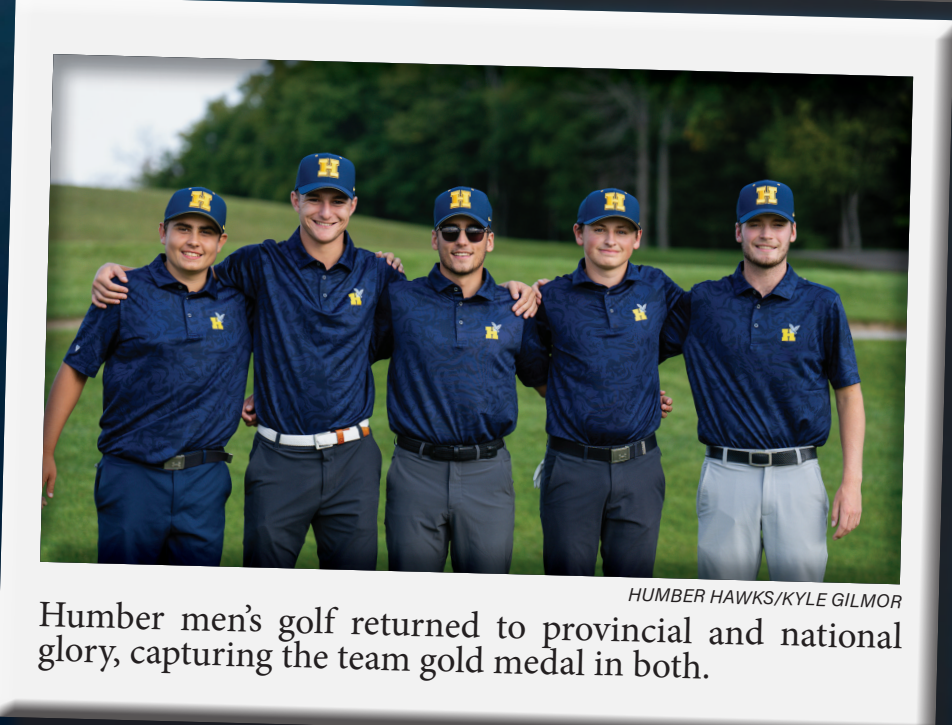
ISABELLE FERRANTE
The Humber Hawks softball team captured the provincial bronze medal after falling 11-0 to the St. Clair Saints.



NICHOLAS PRENCIPE
Women's soccer team won the silver medal, after losing 3-1 against their rivals, the Seneca Sting.



RORY ARTHUR
The men's soccer team were going for a five-peat but ended up winning silver after losing 3-0 to the Conestoga Condors,



HUMBER HAWKS/KYLE GILMOR
Humber men's golf returned to provincial and national glory, capturing the team gold medal in both.

HARDWARE 2023



NICHOLAS PRENCIPE

The baseball team lost in the finals against St. Clair Saints 12-2 winning the silver medal.

OCAA



HUMBER HAWKS/KYLE GILMOR

Men's rugby are off to the OCAA Championship where they will win either the gold or silver medal depending how the game goes.



HUMBER HAWKS/KYLE GILMOR

Men's cross-country team captured the OCAA bronze medal, they will head to Truro, N.S., for the 2023 CCAA Championship



HUMBER HAWKS/KYLE GILMOR

The Humber women's golf squad captured the OCAA gold medal to win that top spot for the 13th time in program history.

WRITTEN BY-

NICHOLAS REGO,
ISABELLE FERRANTE

DESIGNED BY-

ISHMEET SINGH

BACKGROUND BY-

FREEPIK/PIKISUPERSTAR

NHL backpedals on its Pride tape ban

Rory Arthur
Sports Reporter

Just a few weeks after the NHL sent a memo to teams banning the use of specialty tape during warmup and games, the league has completely reversed its course.

Arizona Coyotes defenceman Travis Dermott defied the ruling by wearing Pride tape in a game against Anaheim on Oct. 21.

While there was no known ruling on what consequences there would be if a player did use the specialty tape, Dermott still decided to take the risk.

Dermott, a former Toronto Maple Leafs player, had previously worn Pride tape on his sticks every game in support of the LGBTQ+ community, but the NHL's initial ruling forced him to make a decision on facing punishment from the league or standing up for his beliefs.

As it turned out, there ended up being no punishment at all. Indeed, three days after the game the NHL decided to completely reverse its decision.

"After consultation with the NHL Players' Association and the NHL Player Inclusion Coalition,



X/TORONTO MAPLE LEAFS

The NHL rescinds the decision to ban Pride Tape after Coyotes defenceman Travis Dermott went against it.

players will now have the option to voluntarily represent social causes with their stick tape throughout the season," the Oct. 24 statement read.

While the initial ruling against specialty tape was seen as a setback for LGBTQ+ activism in hockey, the rescinding of the rule is being celebrated as a win.

"We are so very grateful to

everyone who believes hockey should be a safe, inclusive and welcoming space for all," Pride Tape posted on social media on Oct. 24.

NHL fan JC Clemas said he feels the league was trying to stop the backlash they received about Pride, but went too far in doing so.

"It feels like they were trying to prevent the backlash they had faced from those opposed to the

Pride movement, and ultimately cut out their entire moral code in the process," Clemas said.

"Thankfully, Travis Dermott challenged this ruling, and the NHL realized what we all know," he said. "It is wrong to punish someone for showing support to a marginalized community."

However, the league has not budged on its decision to ban

specialty warmup jerseys after a handful of players refused to wear Pride jerseys during the 2022-23 season.

This has forced teams to get creative with ways to support causes using specialty jerseys.

The LA Kings players wore specialty Dia de los Muertos jerseys during their walk-ins to the arena on Oct. 28, but did not wear them on the ice for warmups.

The Boston Bruins players similarly wore Hockey Fights Cancer jerseys during their entrances on Oct. 30, while the Vegas Golden Knights have advertised Nevada Day jerseys on social media.

Players and teams have already begun to take advantage of the ability to wear specialty tape again.

The Philadelphia Flyers wore blue stick tape in warmup on Nov. 1 in support of the victims of the mass shooting in Lewiston, Maine.

Players such as Toronto Maple Leafs defenceman Morgan Rielly, Philadelphia Flyers forward Scott Laughton and Minnesota Wild defenceman Jon Merrill had all stated that they were considering or planning to wear Pride tape prior to the reversal of the ban.

 HUMBER

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► There is a story to be told here:
mediaarts.humber.ca



Growing pains for Humber volleyball

Nicholas Prencipe
Sports Reporter

The Humber Hawks men's volleyball team opened up its 2023-24 season but not how they expected, starting with a 1-3 record. Despite this, they are using the poor start as a learning opportunity.

The team looked good in the preseason, winning four of the five games, but unfortunately, they couldn't continue that momentum in the season opener as Fanshawe would take the game three sets to one.

Third-year setter Christopher Bowen said the team struggled to find its footing in the home environment.

"We had a good preseason, but they came in hungry and we were still trying to get settled in at home," Bowen said.

In back-to-back seasons, the team had begun with three to one set losses.

Unlike the year prior, however, their first win of the season would come before November.

The Hawks faced off against Sheridan College in the second game of the season and the first of a three-game road trip.

The team was kill-hungry the entire game and would bounce



KYLE GILMOR

The Humber men's volleyball team has started with 1-3 record, that is being used as a learning opportunity.

back after the opening night loss and smother Sheridan to win the match three sets to one.

Bowen said the team was eager and ready to get that first win.

"Felt great, cross-town rival Sheridan, so we wanted to go in there hungry and win that game, so it felt great," he said.

The team had hoped to ride that momentum into the next game but lost throw-away game three of the season after being

dominant, going up two sets to one.

Complacency and errors allowed the Redeemer Royals to bounce back and get a narrow win in the final set.

Game four of the season would be much the same, and the travel to Windsor did not make it easier.

The team would again lose narrowly as St. Clair would again steal the game in the final set.

Assistant coach Terence Pragg-

Singh says he's not worried about the men's Hawks starting 1-3.

"Having a slow start isn't always a bad thing," Pragg-Singh said.

"It's all about how you finish, and I'd rather us peak later on in the season than have us peak early.

"Having losses like this early is something that can build character for the guys and let them know there are certain things they have to work on," he said.

A slower start to the season is common for this team. Last year, the Hawks dropped the first two games of the season and four of the first eight.

The second half of the season was flawless, as the team would only lose one of the remaining 10 games.

They would take that momentum into the playoffs, winning four straight games to take home the OCAA gold medal.

Pragg-Singh says the boys still have a long way to go until they can get back to the OCAA title.

"We just need to work hard," he said. "We have to come in every day and play every practice and every game like it's gonna be our last."

Pragg-Singh said the team has multiple key players in their final year, and with those players not being able to return next season, this year's squad will need a big push to bring home the gold.

The team is not reminiscing about the start and is already rebuilding their season after defeating the Mohawk Mountaineers in a dominating 3-0 set sweep.

They look to build on that dominance against Cambrian College on Nov. 8.

Hawks soccer remains proud despite OCAA loss

Antoni Canyameras Rojas
Senior Reporter

Last time the Hawks had lost in the provincials, COVID-19 didn't exist, the Toronto Raptors hadn't won its ring yet and Leo Messi was still with F.C. Barcelona. The world was different the last time the Humber Hawks had lost a game in the OCAA Provincials in 2017.

Six years later, Humber lost in the OCAA Championship finals against the Conestoga Condors, 0-3 on Oct. 29 stopping their chances of a five-peat.

The Hawks have clinched the national titles of 2018, 2019, 2021, and 2022 in that span, just missing the 2020 title, only because it was cancelled for the pandemic.

Learning to lose after so long is a hard pill to swallow, especially for Michael Fayahun, the captain of the Hawks and in their last year of OCAA eligibility.

"I think my time is done and yes, it's a little hard to finish with a loss. But it makes you realize what we have achieved" Fayahun said.

Michael Aquino, the coach of Humber for the last decade, said his mind keeps spinning, thinking

of the finals. He says losses lead to far more reflection than wins.

"But we are very proud of what we have been able to accomplish," he said.

The national dominance of the Hawks has been based on a very attractive style of play built on taking care of the ball, keeping possession, and attacking all the time.

Aquino said Humber, in previous years, was stylistically compared with F.C. Barcelona for putting a similar philosophy into practice on the field.

"At some point, they used to call us Humberlona for the way we play. Somebody gave us this kind of distinction," the coach said.

"I like to watch how Napoli plays, how Barcelona plays, how Manchester City plays. This is a much different level, but you encourage your players to play in such a way that is played by the best teams in the world," Aquino said.

However, Fayahun said there is another hallmark that defines the team's record of success.

"We have mental toughness. It's easy to win, but difficult to stay



KYLE GILMOR

The Humber Hawks pose with the silver medal after losing the OCAA finals against Conestoga on Oct. 29.

as a champion and win year after year. This is more than talent," the captain said.

Fayahun says there was a moment five years ago that illustrated this never-give-up mindset of the Hawks.

"In the semifinal from 2018, we were down 1-0 after receiving

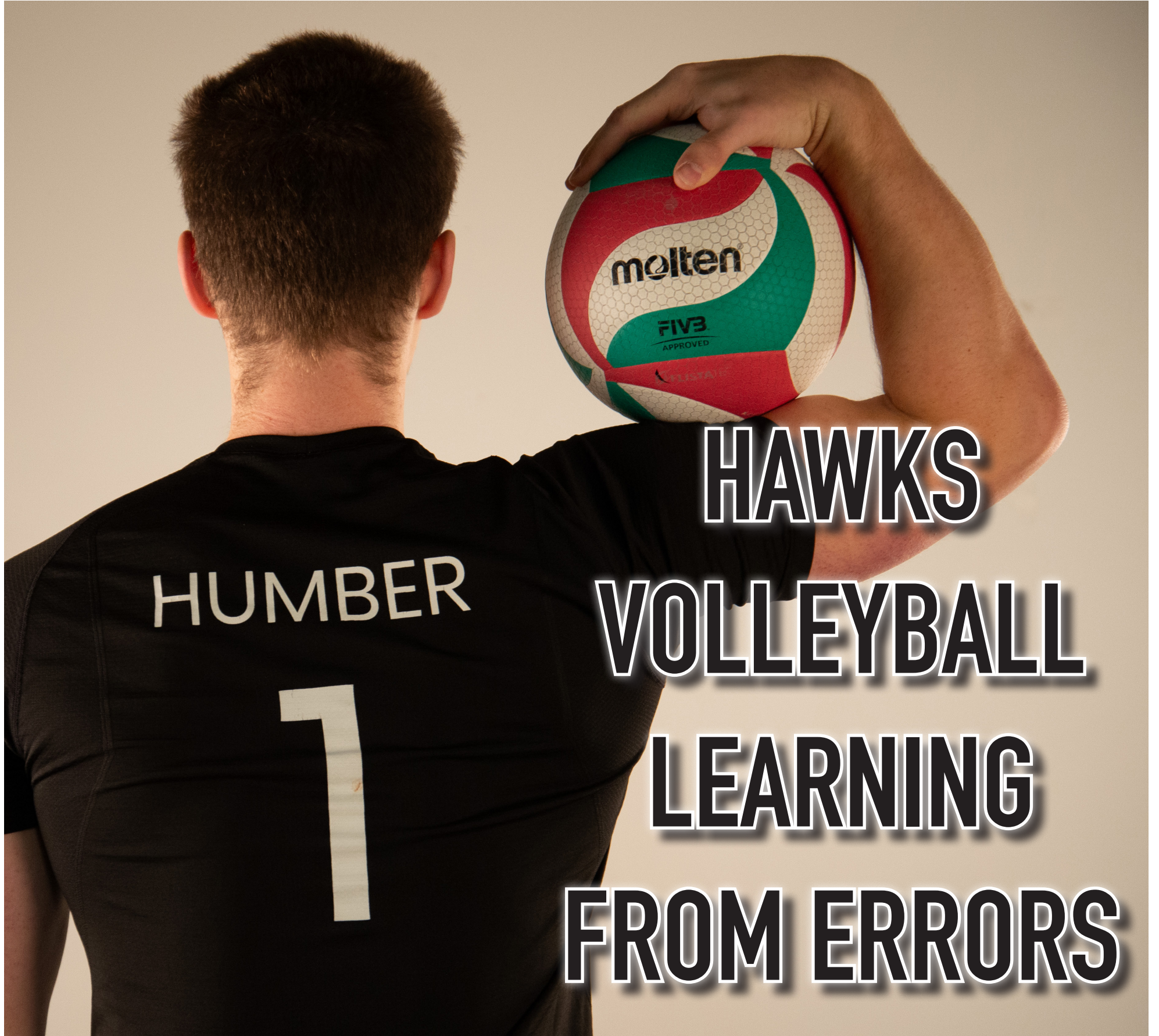
the goal with seven minutes left," the defender said. "But we kept pushing, we tied in the last minute and we won the game in overtime to go into the finals to win the championship,"

While Fayahun will leave the team, other veterans like forward Damion Kaye will be here to

carry the responsibility of leading the locker room and the Hawks' ambition of becoming champions again.

Kaye said Humber could grow from this defeat.

"It's something that is going to make us better as a group and to achieve more," he said.



HAWKS VOLLEYBALL LEARNING FROM ERRORS

The Hawks men's volleyball season is underway but they started with 1-3 record, which they are using as a learning opportunity to be successful.

**HUMBER
HAWKS
MEDAL COUNT
AT 10
P.12-13**



**NHL RESCINDS
BAN ON
SPECIALTY TAPE
DURING GAMES
P.14**

