



HUMBER ETCETERA

Thursday, October 16, 2008

www.humberetc.com

Vol. 40 No. 4



Miguel Agawin

Conservative 143 Liberal 76 NDP 37 Bloc Quebecois 50 Independent 2

“Business as usual”

Harper's Conservatives bolster their minority government by 17 seats after a \$300M campaign

David Lipson
SENIOR REPORTER

Prime Minister Stephen Harper's minority Conservative government is back, pushing Ontario college leaders to flip their calendars back to Sept. 7, the day the election was called.

"I think in terms of the college sector - nothing has changed," said Linda Franklin, president and CEO of Colleges Ontario. "Business as usual."

College funding is primarily the province's responsibility but schools will have to continue to scrape by on minimal federal funding because the leaders did not address issues affecting Ontario colleges, said Franklin.

The province has pumped more money into colleges, but funding per

student has stagnated over the past 15 years and is just slightly more this year - \$7,034 - than the \$6,988 received in 1993-94, according to the 2008 Colleges Ontario report.

"Stephen Harper's position is 'We're not in the business of running those issues of the province,'" said Humber President John Davies. "I don't think we can lay the post-secondary fees on the federally elected government."

Voter turnout was also way down for the Oct. 14 election. According to Elections Canada, it was only 59.1 per cent - the lowest in Canadian federal election history.

"None of the leaders really captured the heart of a vision for Canada going forward - I think it might have resulted in lower turnout," said Davies.

David Hopson, a 22-year-old Humber business management student, skipped the polls.

"It's almost like I've got to choose the best of the worst," he said. "There's nobody that really stands out that's making me say 'this guy needs to be voted for by me and everyone else.'"

Wilma Sy, a 19-year-old Humber nursing student, did vote. She said she is getting through school on her own and pays for her rent, books, food and clothes.

"It's hard enough doing that and having to think about tuition," Sy said.

According to a Statistics Canada report issued Oct. 9, the average tuition in Canada increased 3.6 per cent to \$4,724 from \$4,558 last year. Sy was mum on who she voted for,

but said this of Stephen Harper: "I think it's proof from his reign in the past he makes decisions that are one-track - and that's not really a democracy."

Her friend Shaun Dorego disagreed. He voted for Harper.

"I ruled out everyone I thought didn't have what it took," said the 21-year-old electrical apprentice.

Dorego said he appreciates the Conservative Apprenticeship Incentive Grant that provided him with \$1,000 to help pay for tools.

However, it's the issue of funding cuts to the arts that may have cost Harper a majority, said John Bourgeois, coordinator of the acting for film and television program.

"I think it's pretty clear to everyone that the Tories are no friends to the arts - they've made it plain that

they have a disdain for subsidized art of most kinds," he said.

Harper came under fire on Sept. 23 when he said "ordinary people" don't care about the arts.

According to the Canadian Conference for the Arts, the Tories slashed more than \$60 million in arts funding between April 1 and Aug. 20.

Harper, however, decided not to re-introduce Bill C-10, which could have blocked film and video tax credits for projects deemed inappropriate by the government.

Bourgeois is happy with the decision. "That kind of censorship just doesn't play in a modern democracy," he said.

More election coverage on pages 2, 3, 4 and 5.

Election Results '08

According to CBC, voter turnout for the federal election was at its lowest ever at 59 per cent. The second lowest turnout was in 2004 at 60 per cent. — cbc.ca



David Lidstone



David Lidstone

Michael Ignatieff celebrates his return to the riding of Etobicoke-Lakeshore with his wife and a large group of his supporters at Hollywood on the Queensway.



The 411

Local

Four murders in five days brings the number of homicides in Peel Region to a record 24 this year, according to Peel police. At this time last year, there were 10 homicides. There were 17 in total for 2007. Police have made arrests in 15 of this year's homicides. Last year, they solved all 17.

thestar.com

National

Statistics Canada recently released a report detailing Canadian post-secondary education costs. Across the country, tuition rates rose an average 3.6 per cent to bring the national tuition average to \$4,724. Quebec offered the lowest average tuition at \$2,167 while Nova Scotia ranked the highest with an average of \$5,932.

theglobeandmail.ca

International

Portugal recently voted by a large majority against same-sex marriages in the mainly Roman Catholic country. Both the ruling Socialist Party and the main opposition Social Democratic Party opposed legalizing gay marriages. Two minor opposition parties, the Left Bloc and the Green Party, proposed legalizing gay marriage and argued the Portuguese Constitution grants equal rights for all.

cbc.ca

Liberals take the Lake

David Lidstone
NEWS REPORTER

Some supporters are considering MP Michael Ignatieff, winner of the Etobicoke-Lakeshore riding, as a potential replacement for Liberal leader Stéphane Dion.

"Obviously we're happy our candidate won. It shows that the canvassing we were doing did make a difference," said 23 year-old Liberal volunteer Darcy Macdermid. "I think he is a good candidate for the Liberal leadership. I think, like the news said, Dion is on his way out."

Conservative supporter Katherine Williams agreed that Ignatieff could be the next Liberal in line but added she doesn't like her riding being used in the process.

"I don't like the way they think that in this riding they can 'parachute' candidates, and the Liberals do that. They did that with Jean Augustine and now with Ignatieff," said Williams. "I think Ignatieff is just being groomed for a top spot, and I don't like them using this riding as a stepping stone for higher glory."

After the announcement of his re-election, Ignatieff addressed a crowd of supporters at his campaign party at Hollywood on the Queensway.

"I want to thank the wonderful team in front of me," said Ignatieff. "You know better than I do that I wouldn't be standing here without you. I want to make sure that not a single person leaves here tonight who doesn't get a shake of this hand."

One such member of Ignatieff's team was co-campaign manager Alexis Levine.

"I think we're very proud to have run a positive campaign. I think we're really proud of working for such a fantastic candidate and such a strong voice for the constituency and this party. It should be an interesting couple of years for this country," said Levine. "The country has clearly rejected a Stephen Harper majority and that means a lot of things could change in the next couple of years in Canadian politics."

Also in attendance at Ignatieff's

"I think, like the news said, Dion is on his way out."

— Darcy Macdermid,
Liberal volunteer

party was retired senator Marian Maloney.

"I'm thrilled to death that he won because he is one of the best members I've ever seen," said Maloney.

The mood was noticeably different at the opposition's camp.

"The results are disappointing. I certainly accept the outcome of an open fair free election," said Conservative candidate Patrick Boyer at his campaign party at Tee-Tees Bar and Grill after his loss. "I offered a clear choice to the people of Etobicoke-Lakeshore and there's the outcome, so I have to accept that verdict."

Larry Kent worked on Boyer's campaign as his media contact.

"I'm disappointed clearly. I really feel upset about it, but that's obviously the way Torontonians vote," said Kent.

"We had a pretty good campaign going, no doubt about it. Locally we did everything I thought we could do. We had a lot of media attention, a lot of coverage. But it still comes down to the national campaign. It really does," Kent added. "And there's no doubt in my mind that if Harper's figures had gotten closer to forty percent or over you would have seen ridings like ours winning left and right."

Supporters of Boyer said they felt he did the best he could in his campaign.

"Patrick ran a tremendous campaign and is a true democratic conservative and accepts the will of the people," said former provincial Progressive Conservative candidate Tom Barlow. "I don't think any stone was left unturned. I think every effort was made to reach out to as many people as could be contacted in every way possible."

Corrections

On page 7 of the Oct. 9 issue of *Et Cetera*, Bernard Mannes Baruch's name was misspelled.

The *Et Cetera* apologizes for the error.

Election Results '08

The Liberals have lost their stronghold in Ontario for the first time since 1988. The Conservatives now hold 55 seats, the Liberals 38 and the NDP 17. — *elections.ca*

Tories keep top spot

MP David Tilson keeps Dufferin-Caledon a Conservative stronghold

Miguel Agawin
NEWS REPORTER

Cheers from Tory supporters filled the small campaign office when the announcement came of incumbent David Tilson's victory in Dufferin-Caledon.

"I feel just great," Tilson said. "It's very gratifying to win another election and we went up in the popular vote the last election. That means there's somebody out there that thinks we're doing a good job."

happy for him," said Tilson's wife Judith Birchall.

Tilson said his first order of business is to meet some parliamentarians from the European Union in Ottawa as a result of his duties with the Canada-Europe Association.

He also said he'll "wait and see what Mr. Harper has in mind," noting it will take some time. "I expect I will be in the riding more than in Ottawa."

In terms of his agenda for students, Tilson said his party has done a lot since the Conservatives formed government.

"There's more monies put into post-secondary students than ever before," he said.

"We've got a lot of young people in this riding looking forward to Humber College," he added. "This is going to be a college town and I look forward to meeting many of them and listening to their concerns."

"There'll be students in this area that won't have to drive miles and miles," he added. "We have six months of winter up here and for them to be able to be here with the price of gas I think it's going to be

wonderful for students in this area to go to Humber College."

Joe Andrews, director of Orangeville Campus, was not available for comment, but prior to election day, said Tilson was an individual with a history within the community and is someone aware of the issues that exist for the average home owner.

"The incumbent has done a very good job supporting the community," said Andrews.

However, not everyone was excited with the outcome.

Orangeville Campus student, Rebecca Berg, 22, said she was pretty disappointed. Berg said she voted for the NDP because she likes the party's promises for health care, which proposes providing more doctors and nurses for families.

The first-year business administration student from Shelburne said she also supports NDP Leader Jack Layton's priority concerning the manufacturing industry and doesn't like the Conservative's tax breaks for big companies.

"I'm fine with lower taxes but I would want more support for fami-

lies," Berg said.

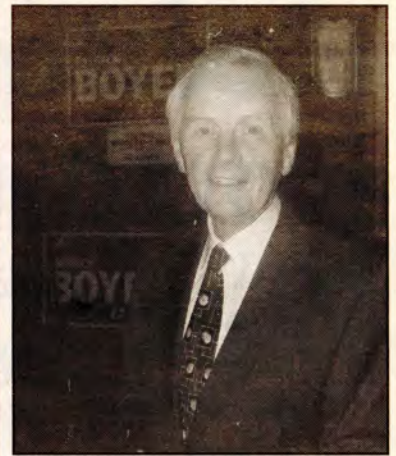
Tilson has been the riding's Member of Parliament since 2004. The community remains traditionally Tory-blue with a vote share of 53.1 per cent, an increase from 47.9 per cent in 2006.

Hilda Pincoe, volunteer for the Conservative campaign office in Orangeville, said Tilson has been involved with the community on school boards and councils before also becoming a Member of Provincial Parliament so "he's well known and has worked hard for his community."

Birchall agrees.

"He has a lot of recognition with the community as somebody who gives his time," Birchall said. "I don't go grocery shopping with this guy anymore because every time I do it takes two or three hours to get through the store because people come up to him and talk to him. And he finds out that's going on because he's around."

When asked of his drink of choice after a victory Tilson responded, "I'd like to have a nice cold beer. Yes I would."



David Lidstone

Patrick Boyer lost the riding of Etobicoke-Lakeshore Oct. 14.

Boyer gets cold shoulder

David Lidstone
NEWS REPORTER

Conservative candidate Patrick Boyer said he was denied the right to speak before the crowd at MP Michael Ignatieff's campaign celebration.

"I went to the Liberal party campaign celebration to observe the courtesy that is customary in elections and acknowledge the victory of Mr. Ignatieff and concede defeat to him," Boyer said. "But when I got there I was denied an opportunity to speak."

Michael Ignatieff's media contact, Jill Fairbrother, had a different opinion regarding the situation.

"We thought it was appropriate for Mr. Boyer to speak with Mr. Ignatieff, but not to address his supporters in front of members of the national press," Fairbrother said.

"When I got there I was denied an opportunity to speak."

— Patrick Boyer, Conservative

"When he was told he couldn't have the microphone he turned on his heel and left without speaking to Mr. Ignatieff. Even though Mr. Ignatieff was approaching him," said Fairbrother. "If he had asked Michael if he could address his supporters then perhaps Michael would have said 'sure', but he didn't give him the opportunity."

But Boyer maintains that politicians should be able to concede defeat in public.

"A general election is a public event. Traditionally it's always a public event when you concede defeat. You don't have a private conversation about a public event," said Boyer.

"All we were told was it was inappropriate for Patrick Boyer to say anything to the people because the national media was present."



Keith Roberts

Duncan continues the Liberals' 24-year run in Etobicoke-North.

A slam dunk for Duncan

Keith Roberts
NEWS REPORTER

Tears of joy flowed from supporters and candidates alike at Liberal Kirsty Duncan's Etobicoke-North campaign headquarters following her victory Tuesday night.

"It's a really big victory for ethical politics," said Fred Ruemper of Duncan's win. Ruemper said he drove from Meaford to campaign for Duncan.

"This was a very dirty riding and there was a bunch who tried to take over the riding from the Liberals and failed," said Ruemper.

Duncan, a former University of Toronto professor and Nobel Prize winner on the Intergovernmental Panel on Climate Change, took over the Etobicoke-North riding from incumbent Roy Cullen in Feb. 2008.

"I said from the beginning we were going to run it with values," Duncan said. "It would be a clean, take-the-high road campaign and it was."

Duncan said her first order of business would be "to serve the community where I was born and raised."

When asked how she'll work with an opposition party in power, Duncan said, "the same way I've

always worked, I build bridges...I want to serve in Ottawa to the best of my abilities."

Duncan described her win as "overwhelming" and "a blessing."

"Our opponents have really tried to stop what the people from our riding want and more importantly what they need," said Ivan Yiu, Duncan's campaign manager. "The people of Etobicoke-North overcame a lack of ethics, the lack of respect for the democratic system from our opponents."

Around Humber College, student reactions were mixed.

Packaging and graphic design student Mona Mousa said she didn't vote because she thinks politics are sleazy.

"When they start ignoring income and start paying attention to real opinions that matter we'll get somewhere and maybe then I'll vote," said Mousa. "I'll actually pay attention to elections and politics when they stop playing dirty."

Second-year creative photography student Jes Wojkowski simply sighed and shook her head at the notion of the Conservatives remaining in power and added that she is "Green Party all the way."

EDITORIAL

"Where mass opinion dominates the government, there is a morbid derangement of the true functions of power." – U.S. media scholar, Walter Lippmann

Election not worth the money

The Oct. 14 federal election is finally over and there is little else to say about it other than, "What was that all about?"

Prime Minister Stephen Harper called an election on Sept. 7, 2008, breaking his own election law by claiming Parliament was dysfunctional and would not be able to legislate effectively.

Yet 37 days and about \$300 million later, Canadian voters are simply left to wonder if anything has changed at all.

Before the election was called, the Conservatives had absolutely no problem governing as law after law was passed, including Bill C-50, which changes immigration policies. This bill was a confidence motion and could have defeated the government, yet the Liberals let it pass through abstention that day. This hardly sounds dysfunctional.

Although Mr. Harper said at the beginning of the campaign that his party was not expecting anything other than a minority government, it seems odd to go through so much time and effort without wanting something more. It was nothing more than an attempt to grab power at the taxpayers' expense.

The prime minister failed to reach his goal, openly admitted or not, and much remains the same as before Sept. 7. The only slight difference is that the Liberal party is even weaker

then it was before, as party support reached an all time low in the history of Canada, and the NDP managed to make some inroads gaining more seats this time around. The Bloc managed to hold on to its power in Quebec, thwarting Mr. Harper's plan for a majority.

If anything, with an extremely weak Liberal party that will probably end up in yet another leadership convention – whether it has the funds or not – Harper is likely to have at least two more years of relatively easy governing apart from yells from the NDP and the Bloc. Liberal leader Stéphane Dion promised in his concession speech that he would work with Mr. Harper and the Conservatives to make Parliament work.

The fact that this election yielded the lowest voter turnout in Canadian history at roughly 59 per cent is further evidence this election did little other than to illustrate how frustrated Canadians are with their politics.

Elections are times when politicians should be able to assert themselves and assure the public that they will take the country in the right direction – something Mr. Harper tried to do in his acceptance speech. Instead, Canadians are left with yet another minority government that almost half of the population did not even vote for in the first place.

Vitamins and water not always the healthiest mix

Students should consider diet alternatives

In this age of instant gratification and quick fixes, it is no surprise that vitaminwater, which touts a healthy dose of vitamins per serving, is taking off commercially.

While these beverages certainly provide a healthier alternative to soft drinks, the current excitement over vitaminwater is problematic because it promotes a false sense of healthiness.

An independent clinical study concluded that vitamins C, B-6, and B-12, as found in vitaminwater, were absorbed by the body equally as well as those vitamins found in a meal. However, vitamins A, D, E, and K, some of which are found in vitaminwater, are fat-soluble, which means they have to be dissolved in a dietary fat in order to be properly absorbed. That means vitaminwater should be consumed with a meal, which is redundant since most food already has some vitamin content. Many experts also believe that the majority

of North Americans are not vitamin deficient. Dr. Daniel W. Nixon, president of the Institute for Cancer Prevention in New York, told MSNBC, "The American public is not vitamin-deficient. Does adding vitamins to their diet do anything? Probably not."

The truth is that consuming a vitamin-infused soft drink (vitaminwater does, after all, contain nearly as much sugar as a can of soda) cannot make up for a poor diet.

There is also the issue of drinking out of a plastic bottle, which some health experts are still unsure about.

"We're not yet sure how the plastic affects us, and whether it will be worth the price of being hydrated," water conservation activist Karen Kun told the CBC.

Anyone truly concerned about their health – and not just buying into the hype – would be wise to make dietary changes rather than hope for a health solution in vitaminwater.



WORD ON THE STREET

How do you feel about the outcome of the federal election?



Johnny Hidalgo, 18, law clerk.

"I don't think the Conservatives should've won. People here are afraid of change. The NDP should've won more seats."



Curtis Glaze, 17, fitness and health promotion.

"I was hoping for either the Liberals or NDP."

Megan Guerreiro, 20, fashion arts.



"I was disappointed. I wanted the NDP to come out higher."

Melanie Folgado, 20, tourism management.



"It went pretty well, I didn't want the Liberals in power."

The Et Cetera wants to know what you think.

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at humberetc2008@gmail.com.

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Humber Et Cetera is a publication of the Humber College School of Media Studies:
 205 Humber College Blvd., Etobicoke, ON, M9W 5L7
 Phone: 416.675.6622 ext. 4514
 Advertising inquiries: 416.675.6622 ext. 5007

"For to err in opinion, though it be not the part of wise men, is at least human." – Ancient Greek essayist, Plutarch

Arts funding debate too one-sided

Those outside of the art community are having a difficult time being heard over artists



Gareth Vieira
A&E EDITOR

Stephen Harper created a wave of controversy when he said, "Ordinary people don't care about arts funding." However, the reaction to his statement came primarily from one small group – the artists themselves – with the views of "ordinary people" being largely ignored.

Can we as Canadians protest funding for the arts, or is it a social faux-pas to do so? Should we deem the

institution as infallible, without fault?

Mainstream media jumped on Harper's statement, and the arts community stepped up to decry the proposed \$45 million in cuts. Actors like Colm Meaney and Art Hindle, veterans of Canadian film and television, spoke out against the cuts. Hindle went on to say that the arts are essential for maintaining a strong sense of Canadian identity.

The Bravo network also had a panel of some of Canada's top artists discuss the issue. While their opinions were illuminating, and each of

"Why do we choose to have panels that only prop up the art community?"

the panellists brought up important issues to the debate, it seemed like a one-sided argument since the program found it unnecessary to include one "ordinary person" on the panel.

Ordinary people are not being given a stage to voice their opinions. Only in letters-to-the-editor and online wall-postings do we get a sense of their opinion on the issue.

On the CBC website, one person writes, "Most of us work more than one job. Why shouldn't artists hold down a real job while they develop their art on the side?"

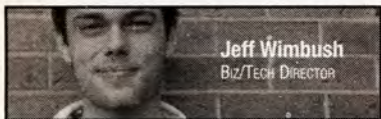
Another reader posted this on the Globe and Mail's website: "If the arts community really wants my support, it would help if they wrote books I wanted to read, recorded music I wanted to listen to, and cre-

ated art I wanted to view."

I think a more balanced debate would create a stronger dialogue about the issue. What good does it serve to critique an issue if the argument is one-sided? Why do we choose to have panels that only prop up the art community?

There are many aspects that make a country strong and vital, and one is definitely an embrace of the arts. But we should also hear the views of all our citizens. I don't think ordinary people are being censored, but it's hard to hear their voices above those of the vocal artists.

New wave television shows don't satisfy



Jeff Wimbush
BIZ/TECH DIRECTOR

Prison Break and *Lost* are two of the worst shows on television. They are part of a growing trend of shows that are asking way too much of their viewers and destroying 'traditional television,' by which I mean shows that actually end after half an hour and give you a sense of resolution.

The growing trend of new shows includes, but is not limited to,

Desperate Housewives, *Weeds*, and *24* – any show that has a never-ending story that spans from season to season. I will be focusing on *Lost* and *Prison Break* because they are two of the most popular of these programs.

The stories in these shows are so complicated that people schedule their lives around them, or go out and rent or buy the DVD box sets to get 'caught up.' Adam Strenbergh, in an article for *New York Magazine*, asks, "Why invest hours wading through past DVDs when your co-workers are grousing that the mysteries still haven't paid off?" I think

TV shows should be a less important factor in our lives.

The plotlines for shows like *Lost*

"Not even the writers know when they are going to end."

and *Prison Break* are often convoluted and overly complex. *Deseret News* writer Scott D. Pierce says the writers in *Lost* suffered from pressure to keep the show on air for as long as

possible. In an effort to keep the show's story open, the writers were careful not to reveal too much. Pierce points out that in the second season, "more questions were asked, more mysteries raised and almost nothing in the way of answers was provided." Pierce has mentioned one of my fundamental problems with these new shows: not even the writers know when they are going to end.

Stephen King recently wrote a column for the *Entertainment Weekly* website entitled "Why I love *Prison Break*." When I heard about it, I felt

my heart sink. I couldn't imagine how someone with such skill for producing entertaining stories could be taken in by the cheap, mindless writing behind *Prison Break*. In his column, however, King admits that he has followed every episode and still doesn't fully understand what is going on.

I enjoy watching the carefully constructed stories behind well-made movies, knowing that someone crafted the story towards a conclusion. I think most of these new shows would have been more satisfying if they ended after one season.

Citizen journalists need pros to keep credibility



Rebekah Williams
EDITOR-IN-CHIEF

As a journalist there are certain responsibilities that I must adhere to, but first and foremost my responsibility is to you, the reader.

As a reader and a citizen within a community, you have duties to live up to as well. This can be seen in the positive trend of citizens participating in the news gathering process.

But citizen journalists need to realize that a professional journalist is needed to make a story credible. A citizen may have a great lead on a story, but guidance is needed to maintain the moral and ethical codes of journalistic conduct.

One positive example of citizen journalism working with a large-scale media outlet was for the BBC, when bombs rocked the London subway system on July 7, 2005. Journalists were not underground at the time of the attack to catch the terrifying first-hand encounters. Citizens were, however, and they

acted just as journalists would to capture what happened in the moment. Photos, videos, text messages, and emails flooded the BBC newsroom giving them ample footage to cover the worst transit terrorist attack to date in London.

"The news organization lacked direct involvement and it resulted in an untruthful story."

News organizations are integrating their audience in the news-gathering process, and this a positive move. But citizens are not trained to understand the elements it takes to make a news story, which can lead to bias, or in some cases, an outright lie. For example, a recent rumor spawned from a citizen journalist on CNN's iReport who said Steve Jobs of Apple had suffered a heart attack had been rushed to the hospital. The result: Apple's shares took a dive.

iReport is a branch of CNN, however, and even though it took the

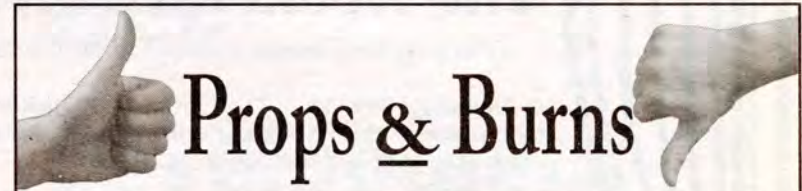
blog down, the damage was already done. The news organization lacked direct involvement and it resulted in an untruthful story. While CNN did catch the story and correct the error, the outcome could have been worse.

Citizen Journalism Report (www.cjreport.com) is a news website that doesn't include professional journalists. The site states that one of its goals is "to crush those traditional news media websites."

Knowing that these writers don't hold the knowledge of what it is to be a professional journalist, it is safe to assume that, as happened with iReport, inaccurate reporting will be inevitable.

By contrast, a South African citizen journalism project at www.reporter.co.za has foreseen that problem, and they maintain a panel of 20 professional journalists to scrutinize the news reports.

Citizens have proven they are valuable assets to news organizations by providing information, but for citizen journalism to really work, it needs to be done with a professional journalist who can verify the truth.



To South Africa's new Health Minister Barbara Hogan, for breaking a tradition of government policies and declaring that AIDS is caused by HIV and must be treated with conventional medicine.

To a Cambodian couple, who sawed their house in half in order to avoid a lengthy divorce process.

To Senator John McCain, for defending his rival presidential candidate Barack Obama at a town hall meeting last week.

To Jack Nicholson, for keeping it classy and renouncing public flirtation.

To alcohol, for shrinking your brain, according to a new study.

To a Washington State woman who accidentally left a shotgun shell in her stove, and was subsequently shot upon lighting the stove.

To Canadian voters, for putting forth the lowest voter turnout in our nation's history.

To Ringo Starr, for announcing that any further fanmail directed towards him will be placed in the trash.



Don Cheadle will replace Terrence Howard as Jim Rhodes, best friend to Robert Downey's Tony Stark/Iron Man, in the upcoming Iron Man sequel. — *People.com*

Shadows offers up modernized Bard



Jessica Greenberg as Helena and Mark McGrinder as Lysander. Courtesy

Melissa Hayes
A&E REPORTER

Studio 180's *Offensive Shadows* is not your average Shakespeare-inspired play.

The contemporary sequel to *A Midsummer Night's Dream* offers a modernized, edgy performance while maintaining the sensibility of the original — exploring what would happen if Demetrius, Helena, Hermia and Lysander woke up.

The first original production of the company, Paul Dunn's play was initially developed for 2007's SummerWorks Festival — where it won the NOW Magazine Audience Choice Award.

"It was a very successful project and extremely well received," said Joel Greenberg, artistic director and Studio co-founder. "We wanted to produce it apart from the festival."

The former head of Humber's theatre program, Greenberg is one of the five co-founders who helped establish the company in 2002.

His daughter, actor Jessica Greenberg, also a member of the

core artistic team, plays the part of Helena. It was her friendship with Dunn that helped put things into motion.

"I was part of this company that's producing work, and Paul's a writer so we thought it would be pretty neat to do something together."

Following SummerWorks, the piece was lengthened from its original 55 minutes to around an hour and a half.

"It's a different kind of play to market, so that's been a challenge for us."

—Kimwun Pehinec
Actress

"We asked Paul to extend the play. He suggested adding a fifth character and monologue," added Joel Greenberg.

Actor Kimwun Pehinec, another co-founder of Studio 180, plays Hermia.

Pehinec had been enthusiastic about working with the script from the start.

"I really like this play and I really like my character. I have so much fun," she said. "I think that Paul has been so successful at creating a really complete and complex human who's also really funny and he's really economical, he didn't waste any words doing it."

Now entering into its second week of showing at the Tarragon Theatre, *Offensive Shadows* has maintained a generally good buzz, especially among young adults.

"We've had some high school student matinees and the response from them has been really fantastic," said Jessica Greenberg.

Both actors, who refuse to read reviews until the production ceases, feel pressure about reaching audiences.

"It's challenging in terms of marketing and getting the general public to see stuff that hasn't been proven elsewhere," said Jessica Greenberg.

"It's a different kind of play to market, so that's been a challenge for us," added Pehinec.

Offensive Shadows continues to run at the Tarragon Theatre in Extra Space through Nov. 1.

The Weekend Playlist

Give your bed sheets a wash and hit the town.

❖ Thursday, Oct. 16. — The Ontario Indie Music awards take place at the Phoenix Performances and awards presentations, and best of all, it's free!

❖ Friday, Oct. 17 — The Sweater Man cometh to CasinoRama. No, not Stephen Harper — Bill Cosby brings comedic timing and J-E-L-L-O to Orillia.

❖ To relive the last eight years of American politics, Oliver Stone's film, *W*, chronicling George W. Bush's presidency finally hits theatres this weekend.

In My Headphones

1. Anyway You Want It — Journey
2. If I Can Dream — Elvis Presley
3. Blackbird — The Beatles
4. Sunday Kind of Love — Etta James
5. Someday I'll Be Saturday Night — Bon Jovi
6. Trouble — Ray Lamontagne
7. Nobody's Perfect — Hannah Montana
8. Glory Days — Bruce Springsteen
9. Baby I Need Your Lovin' — Four Tops
10. Made — Jamie Scott

Joan Porter
A&E Editor



The 3rd-year Bachelor of Nursing Students present...
The Flu Campaign 2008

Events taking place from now until November!

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Nov 13th at Residence and
Nov 14th at Guelph-Humber!



↑
Flu Film Show

Nominees have been announced for this year's American Music Awards, which will be hosted by comedian and talkshow host Jimmy Kimmel. – www.etonline.com



courtesy

Renée Percy, winning actor, comedian and writer.

Poo-tube wins over art? Ha!

Jaden Pato
A&E REPORTER

Renée Percy's story about poo has just won an award.

"The whole vision was trying to make a somewhat realistic take on the whole thing," director Adrian Park said. "We also wanted it to be a little bit subtle."

Percy, who is a Humber graduate, snagged the award for funniest web clip for her video "Sure Lock: A True Poo Story," at the Canadian Comedy Awards & Festival. Percy was present along with other well-known Canadian comedians such as Russell Peters, Ellen Page and Michael Cera.

"No one thought the video would be so well-received," said Percy. "It was a total surprise. All these years I've been working on my art and all people really wanted was a video about poo."

Percy kicked off her acting career on *Degrassi High*.

She has also been on the Comedy Network as well as CTV in her Comedy NOW! *Special Women of the Night*.

She has also had roles in movies *The Nincompoops*, and *Ten Seconds* on Bravo, feature films *Run Robot Run* and *The Good Shepherd*.

Of course, she is most recognizable from her multitude of television commercials and her #1 YouTube video, *Sure Lock*.

"It was funny," said Heather Varga, a Humber student. "Her facial expressions were hilarious."

Percy is also a regular on Yuk Yuk's comedy program and is a winner of the Phil Hartman award for comedy. She is the co-creator of the sketch comedy *Mardi Bra* which was featured at the Toronto Fringe Festival. It was named one of the Best Comedy Discoveries of 2004 by NOW Magazine.

She has written for stage, radio, print, and television and was a full time writer on CBC's comedy show *Air Farce LIVE*.

Next for Percy is a new video and a co-starring role in *Comedy Inc.* this fall.

Student to debut her first film on television

Melissa Sundardas
A&E REPORTER

Nicole Brooks always wanted to be a storyteller so she could share her stories with the world.

The Humber film and television graduate recently made her directorial debut with a documentary titled *A Linc in Time*, about Canada's first black Member of Parliament, Lincoln Alexander.

It's set to debut on OMNI Television.

"When I was studying, there weren't a lot of images that represented my background and my story," said Brooks when explaining why she created a documentary about Alexander's life.

"He's an inspirational story to me as a young, African-Canadian woman.

He was the first black man to ever be elected in Parliament and the story of his life had not been told yet."

Aside from directing, Brooks has her own film and television production company, Asah Productions Inc.

She has made short films like *Spun Out* and produced documentaries, music video awards and a series which airs on Sun TV called *Echo*, to name a few accomplishments.

After earning a combined honours degree in mass communications and film study from Carleton University, Brooks says Humber's film and television program really gave her hands on experience and exposed her to everything in the field.

"I looked into doing my Master of Fine Arts in the States and I got into Columbia University, but it was way too expensive," said Brooks.

"Humber College was quite parallel to the MFA program I was looking at, but much more affordable and I really liked Humber's reputation when it came to film and television," she said.

Brooks' former Humber teachers are not at all surprised by her success in the industry.

"She'll always stand out as one of the best students we've ever had at Humber. She knew she was going to be a filmmaker and there was no

stopping her," said film teacher Donna OBrien-Sokic.

"To have this kind of success so quickly after graduating from film school, you know, she is an amazing role model and people in film school right now should look at her and look at what she's done in the last six years and if you want to do the same thing, try and emulate it," she said.

Film and television production program director, Michael Glassbourg remembers Brooks as a student who was self-motivated and constantly helped motivate those around her.

"Her enthusiasm was infectious," Glassbourg said. "The crews she worked on and whatever projects she worked on were certainly enriched by her presence," he said.

Brooks always advises those aspiring to work in the film industry not to give up.

"A lot of people, because it's a hard medium, tend to give up and do something else and if it's really your passion, there is a role for us as story tellers in this industry," Brooks said.



Courtesy

Former Humber film and television graduate Nicole Brooks makes her directorial debut with her documentary, *A Linc in Time*.

more for you at
Humber

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If you're good-there's work



"It is not my fault that certain so-called bohemian elements have found in my writings something to hang their peculiar beatnik theories on." – Jack Kerouac, author

Paper cup politics

Harrison Tripple
NEWS REPORTER

Toronto's newest environmental initiative is aiming to reduce the number of disposable coffee cups that are filling up space in our shrinking landfills.

Humber College's own Java Jazz has some green initiatives in place, but some environmental advocates think it is not enough.

"Everything within the campus is biodegradable so that will take care of the issue in terms of it going into landfills. We have the biodegradable products," said Kim Mantovani, food services director for North Campus.

Franz Hartman, executive director of the Toronto Environmental Alliance, said disposable coffee cups remain a big problem.

"There are just too many of them. Most of them are ending up in landfills," Hartman said.

Hartman said there are simple things companies such as Java Jazz

can do to reduce the amount of waste that they produce.

"We think there should be a price differential between people who use disposable and reusable coffee cups, and not just a 10 cent difference because then nobody really pays attention," he said.

"The province of Ontario really needs to push regulations on the packaging companies."

—Franz Hartman
Toronto Environmental Alliance

"Any cafeteria or cafe could set up a deposit return system. Once you introduce a cost for polluting then people will pay attention to it."

Although there is interest in a deposit return system, Mantovani said Java Jazz has no plans to introduce such a program. However, she said the café encourages students to bring their own cups instead of using Java Jazz's biodegradable ones. Hartman thinks the government

and the companies that make and use the disposable cups should take responsibility in reducing the amount of cups that end up in land-fill sites.

The idea of an incentive to return disposable coffee cups pleased some Humber students and employees.

"I think it is a very good idea," said Prabhat Shekhawat, a cashier at the bookstore. "There is so much pollution, there is so much for the environment we need to do, and it's a very good step."

"I think it's better for the environment, less plastic and paper is good," said Abbey Okrah, 17, an early childhood education student from Guelph-Humber.

"If a company is actually serious about this I think they can rightfully go and say to the public we are really serious about the environment, and we do care and we are doing something about it," Hartman said.

"The province of Ontario really needs to push regulations on the packaging companies."



Harrison Tripple

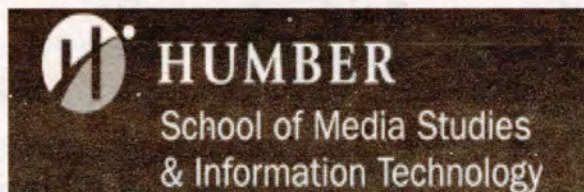
Java Jazz offers a 10 cent discount on 12 oz re-usable mugs and a 20 cent discount on 16 oz re-usable mugs.



Wanted: Newspaper Delivery

The Et Cetera is looking for someone to deliver the paper Thursday mornings to the North and Guelph-Humber campuses.

This is a paid position starting the week of Nov.1 until the end of the semester.
Contact 416-675-6622 ext.5649



Write Shoot Edit



A new four-year degree in film and media production

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Cinematography

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Find out more at www.humber.ca

Third World mission for eye surgery

Jen Korson
NEWS REPORTER

Eyesight is an important sense. However, there are thousands of people who have problems with vision because they don't have access to the medical facilities that are readily available in countries like Canada. To help those less fortunate, the Christian Blind Mission is taking donations that will repair eye sight for those living with

cataracts in developing countries. This is the mission's second year doing the 100,000 Miracles of Sight Campaign, according to Lindsay O'Connor, its national media and PR manager. The campaign was a huge success last year with the procedure costing only \$33.

"Blindness and other forms of visual impairment occur across all cultures, ages and races," said Maureen Carnegie, co-ordinator and consultant at Humber's disability services, "Canada is quite fortunate because we have universal health care.

"In poorer countries, vision problems that can be corrected often are not because of money and funding."

Simone Soman, a blind music student at Humber Lakeshore Campus who was born blind, thinks the campaign is a great idea.

"I live in Canada and I'm lucky to have so much help around me," she said.

Soman said the initiative will help people who lost their sight due to diseases, or who have partial sight, versus those who were

born blind. "A lot of people have some sight. It feels like you're in between worlds. It's good for low vision," she said.

Carnegie said there are many organizations geared at helping people provide assessments and equipment that can be used as visual aids, to communicate. However, those living in poverty are often overlooked. The cataract surgery obviously has its benefits.

"Mostly independence. Without sight, you're not as independent as you could be," Soman said. "But every person has their challenges."

"Without sight, you're not as independent as you could be. But every person has their challenges."

—Simone Soman
Student

Student Jobs IN FOCUS

A study released in 2004 stated that college graduates owed an average of \$12,600 and bachelor graduates owed \$19,500 to student loans. – www.statcan.ca

A high price for a higher education

Adrienne Middlebrook
IN FOCUS

Karen Fast will never forget the smell of rum raisin ice cream.

"I worked for a company dipping ice cream when I was younger. It was terrible," she said.

Fast, now the manager of Humber's career centre, helps students find employment during the school year, summer jobs and entry career level positions.

"I used to work full time and go to

school full time," said fourth-year public relations student, Natalie Cole, 21. "It really started to affect my grades. It's a challenge paying for school on your own."

The average diploma program at Humber costs \$2,500 a year, books can add up to \$1,000, and if a student is planning to live in residence it will cost another \$8,000, according to Humber's website.

For \$11,000 per school year, with the current minimum wage in Ontario at \$8.75 an hour, that sum

is a challenge to save over a summer.

"I didn't qualify for OSAP," said John Kress, 19, a first-year multimedia student. "I had to work as well as take out student loans. It's frustrating."

Being a student employee isn't glamorous either.

Low wages, working around a school schedule and trying to save up to pay tuition can be demanding.

"I worked a retail job which I

hated," said Kress. "You get paid next to nothing and are over-worked."

Students and employers often have conflicting needs.

"Employers are looking for dedication and commitment to the job," said Fast. "Students are looking for more time off and a flexible work schedule."

To help pay tuition fees, working on campus is a good alternative to other part time positions.

On campus work places are

understanding and accommodating of students' busy schedules.

There are over 850 jobs on campus at Humber.

Lesley Geddes, a first-year television production student, works at media services at North Campus.

"I like it. The pay is good, they work around your school schedule," said Geddes. "It's a really relaxed environment. They allow you to do homework while working."



A cashier's worst nightmare

Nicole McIsaac
IN FOCUS

From customers arguing about prices, to propositions from old men to being called every name in the book, 23 year-old ex-cashier Alia MacDonald knows all about job stress.

She said one time a customer came into the store with a dog and was told it could not be in the store because of health code prohibitions due to having a restaurant.

"This is when he gets about three inches from my face and yells, 'DOG HATER!'" said Macdonald, a first-year social service worker student.

MacDonald, who worked at a popular furniture store for three years as a cashier, vividly remembers a specific time a customer simply walked out in frustration over the self-serve nature of the store.

"This lady had picked up the wrong sink and was yelling at me that I was doing something wrong because it wasn't

coming up at the right price."

Liz Sokol, the counselling co-ordinator at Humber, said without stress we wouldn't be motivated, but taking home job related stress should be kept to a minimum.

"If you have a job that you really don't like or causes you stress, I think it's very important to remind yourself, 'This is why I'm in school, so I don't have to do this forever,'" Sokol said.

"It's not all bad," said Lauren Butcher, an Ikea cashier. "You just have to learn how to not take it personally."

Rude customers, repeating the same answer multiple times and having to coax customers through their problems with Visa, their bank or simply which item to buy are among the things that drove MacDonald away.

Most students can't afford to simply quit and find another job.

Cash flow matters, telephone bills and rent need to be paid for and grocery shopping needs to get done.

MacDonald knows this all too well.

"I wanted to pay for school all by myself, without OSAP or help from family. I had to work my ass off because I wasn't making enough money, but now I'm here," she said.

With monthly expenses such as a cell phone bill and bus pass, MacDonald now works at a coffee shop, but said that her overall stress level is phenomenally lower than when she worked for Ikea.

"At Ikea, customers are constantly in your face, I'm glad I now have the luxury of a quieter pace."

MacDonald said sometimes she can even sneak in some homework between customers, which helps keep her stress down.

"There are so many competing demands for your time that you need to prioritize, and that changes from week to week," said Sokol about students feeling the pressure to get everything done.

Lauren Butcher checks the receipt to make sure her scan is accurate at the furniture store.

Nicole McIsaac

Easy boss, hard workers

Leslie Wilks
SENIOR REPORTER

Humour is an important part of being a good boss, said business owner Tom Stavropoulos, but bad bosses are no laughing matter.

Stavropoulos is the owner of the Village Rainbow restaurant and he prides himself on being a good boss.

"Some people don't have the upbringing to be able to deal with delegating people that are under them," said Stavropoulos. "A good boss should be relaxed, humorous, with no ego at all and no insecurities."

Kyle Allen has worked at the Village Rainbow on and off for three years, "I think Tom is one of the best bosses I've ever had," he said.

Rikki Lay, 20, a first-year law clerk student, said she has had experiences with bad bosses.

At one place, her bosses would talk about her in another language with-in earshot.

At another job, she said she worked for someone who would disrespect her in front of customers.

Stavropoulos said when he has a problem with staff, "I tell them in a way that they are not embarrassed in front of the customer or in front of other staff."

"I'm perfectly willing to listen to constructive criticism that I have from my employees."

—Tom Stavropoulos
Owner of Village Rainbow

While they do not have the legal authority to deal with them, Pam Scamurra, the business relationship manager at the Better Business Bureau, said they get their share of complaints about bad bosses.

"The most common is the employee not feeling valued, appreciated," said Scamurra, and just generally being treated unfairly.

She said she believes it's important for employers to have a positive attitude, be good motivators and set clear goals for their employees.

Veli Celik, 23, a second-year business administration student who works at a bakery, said while he likes his work environment and his co-workers, he is not a fan of the management.

He said they take advantage of their part-time employees by cutting hours, waiting until the last minute to do the schedule and never giving weekends off.

"There isn't much you can do," said Celik about why he stays. "Basically it's like our way or the door."

Stavropoulos admits he is not the perfect boss.

"I'm perfectly willing to listen to constructive criticism that I have from my employees, and I've learned from it. I take it in stride and I correct myself."

Hand Washing Health Promotion

Oct 16, 08
10am - 2pm
Outside
Gourmet Express

Oct 17, 08
10am - 1pm
at the
Career Centre

*part of the
Bachelor of Nursing
Flu Campaign 2008

Canadians have the best understanding in the world of the role that good hygiene plays in preventing the flu and seasonal colds. — Health and Hygiene Council of Canada

Get the right form

Maggie Cameron

LIFE REPORTER

For male students in the gym, jumping on and off machines whenever you feel like it may be fun, but if you're there to build muscle, closer attention to following a specific routine is essential, said personal trainer Nelson Bolarinho.

He said to really build muscle consistently, you have to hit all the muscle groups.

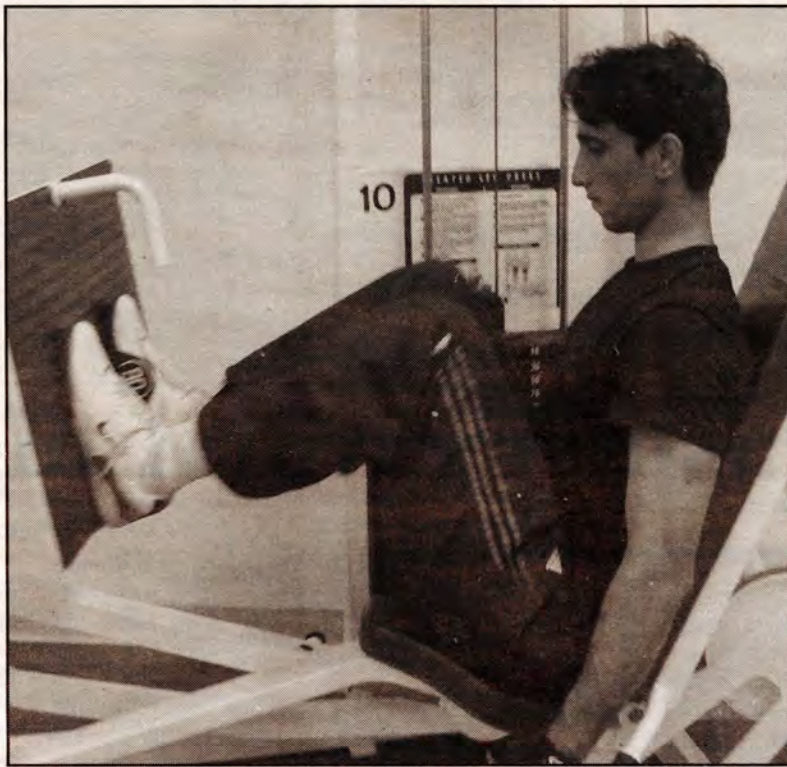
"You've got to hit the legs, there is a lot of testosterone from the legs that will help you build more fibres and repair muscle quicker," said Bolarinho. "All the back muscles and all those stabilizer muscles should come into play too."

He said the number of repetitions you do and how much weight you're working with both determine how much size you will build.

He recommended doing anywhere from seven to 12 repetitions per set and anywhere from three to five sets.

"Whether it's size, strength or endurance you're working towards, the last couple of repetitions from the last set should feel like you're done, that's it, there's no way you're going on," he said.

What you want to avoid when



Maggie Cameron

Personal trainer, Nelson Bolarinho, recommends working all muscles using a consistent routine to get the best results possible.

building muscle is sacrificing form for weight.

"It's that male ego thing," said

Bolarinho. "We've got to go heavier."

Phillip Barbeau, a former fitness model and now a trainer at The

Yorkville Club said form can't be overlooked.

"When it comes to building muscle and size, it's all about training smarter, not harder," he said.

Bolarinho warns that ignoring form can be dangerous and can potentially result in serious injury.

Changing your workout routine is also crucial to building muscle. Bolarinho said to mix things up every three to six weeks.

"Your body is remarkable at adapting to whatever load is placed upon it. Your muscles are going to adapt once you keep doing something over and over and eventually you'll plateau," he said.

Student and gym member, Ryan Fernandes, said he changes up his routine every couple of weeks.

"It shocks the muscles. If you keep doing the same routine for too long, your muscles get used to it and won't grow," he said.

Barbeau said that guys often overlook the nutrition aspect when they're trying to build size.

"Guys put in hours and hours at the gym, but the support has to be there," he said. "It's like building a house, calories need to be there consistently. Nutrition is at least 50 per cent of the game."



Angelica Samad

Creative organization doesn't have to be time consuming.

Jazz up your rez room

Angelica Samad

LIFE REPORTER

Decorating a room in residence will allow a student to feel at home, but Gwen teBoekhorst, manager of North residence, said they must adhere to creative guidelines set out by the college.

Students cannot paint their room, use nails or otherwise damage the walls and the residence provides painter's tape for students to hang posters.

"We transfer rooms year to year to students and if every student used thumbtacks the walls would look speckled," said teBoekhorst. "So we give each student the painter's tape instead."

Janice Berry, an Ikea sales associate and former Humber interior design student, said students can even decorate small dorm rooms fashionably.

"A lot of dorm rooms have limited space and that makes students think that there isn't space to even have their friends over," said Berry. "Some throw cushions or even stackable stools can be used for seats."

Stephanie Gibbons, 19, a first-year interior design student, said she uses what she already has to organize.

"The beds in rez are raised, so I use milk crates to put stuff away," she said. "It holds just about everything and doesn't take up space."

Gibbons said organization doesn't always mean getting rid of everything in a student's room, it can also mean packing away things neatly.

"We have great pieces in the home organization section of our store," said Berry. "They come in different sizes and colours that can be put together easily. The pieces also fit in with a typical student budget."

Lucy Stanley, Humber interior decorating professor, said students should use colour or themes to decorate their rooms.

"Whatever gives them pleasure because he or she will also be studying and relaxing in the room as well."

Berry and Stanley agreed students should base colours or themes of a room around a main piece, such as a lamp or an area rug.

Berry suggested blacks, reds, greens and even whites can be used together and go well with anything.

Vitaminwater a big sell on campus

Maddie-Jo Tillapaugh

LIFE REPORTER

With endorsements by 50 Cent, Shaquille O'Neal, the *Sex and the City Movie* and *Gossip Girl*, those colourful bottles of Glaceau Vitaminwater sure get around.

"Coke bought the brand and it seems to be a healthy alternative to the regular Coke or Diet Coke," said Jamie Burdon, residence food service manager.

Burdon said Vitaminwater has been flying off the shelves at Humber's North residence just as much as bottles of Coke have been.

Dr. Ronald Stewart, a professor and co-ordinator of bioscience, said

studies show it is better to get vitamins from natural foods, rather than supplements.

"But who is able to eat seven to ten servings of fruits and vegetables everyday that Canada's Food Guide suggests?" said Stewart.

He said some vitamins are fat soluble, such as vitamins A, D, E, and K, meaning when overdosed on, they stay in the body. He said high doses of these vitamins could cause death.

All other vitamins are water soluble, which can be urinated out if too much is consumed.

The fruit punch flavoured Restore Vitaminwater is the only one containing a fat soluble vitamin, vitamin K, as a result Stewart said to be

conscious of how many you are drinking a day.

Humber's Coca-Cola representative, Dan Church, said Vitaminwater is different from all other vitamin enriched drinks because every flavour does something different for you.

"The fruit punch Vitaminwater is good for hangovers," said Church. "The strawberry-kiwi one is good for your eyes."

In the summer, while working as a nanny in the U.S., second-year Guelph-Humber photography student, Tricia Crabb said she drank about two Vitaminwaters a day.

Crabb said she was excited to see the drink being sold in residence.



Maddie-Jo Tillapaugh

Chartwell's cashier, Angela Esparza, shows off the popular drink in North residence.

Students jump on the pole-wagon

Angel Khattrra

LIFE REPORTER

Pole dancing is not just for strippers anymore, it's also for exercise.

Humber has a new class that uses pole dancing, which is used for strengthening the muscles.

"The class is called Core Pole and the pole has rubber tubing that can be adjusted to cater to each person's physical abilities," said Leanne Henwood-Adam, fitness co-ordina-

tor. "It's a muscle conditioning class."

Henwood-Adam said the attendance for these classes are usually very good and can take a maximum of 15 students.

She said that the idea to incorporate this class into the schedule came by the desire to do something different from the other classes being offered. Participants usually leave pleasantly surprised at what an effective workout the class is.

Pole dancing is not exclusive to women either, said Elisabeth Magalhaes, dance instructor at Live Once Pole Dance and Fitness Studios. Men have started getting in on the trend that has made exercising sexy.

A number of men and women will sign up for co-ed pole dancing classes, said Magalhaes.

There are some that disagree with men participating in these classes, though.

"Men should never try it, never," said Norman Molina, a second-year business management student. "Even if a girl tells him to, don't do it. It's unattractive."

These classes are six weeks long, and each dance level progresses to a harder dance.

Magalhaes said each person has their own pole, learning techniques such as spins and floor work, which are practiced and then choreographed into a sexy dance routine.



A familiar face will join the Toronto Blue Jays. With two World Series rings to his credit, Paul Beeston was named the interim CEO of the baseball team. — TSN.ca

Women battle weather, Bruins

Team unbeaten after shutout

Central West

To Oct. 14 W-L-T

| | |
|----------|-------|
| Humber | 7-0-2 |
| Redeemer | 5-3-1 |
| Mohawk | 2-6-1 |
| Sheridan | 0-8-1 |



Amy J. Shields

The women's soccer team brave the elements versus Sheridan.

Amy J. Shields
SPORTS REPORTER

The women's soccer team shut out the Sheridan Bruins 4-0 last week in a rainy affair.

The pitch was very slippery, leaving some players covered from head to toe in mud.

Coaches for both teams viewed the conditions in different ways.

"Bad weather is always an advantage for the underdog," Bruins coach Paul Angelini said.

"Teams that move the ball around well, they never want to play in this weather," he said. "When it started to

rain this morning I was a very happy man."

Hawks head coach Mauro Ongaro offered a different outlook.

"The ball skids a lot more and it's not as predictable, so it becomes more of the scrappy game," Ongaro said.

Despite the conditions, the Hawks were able to dominate the Bruins.

Brittany Szczerbakow and Sonya Rocha both scored goals, Holly Goddard followed with two goals of her own to bring about the 4-0 final score.

The Hawks hold the top spot in their division, with a 7-0-2 record.

With their last regular season game

yesterday against Mohawk, the focus is now on this Saturday's quarter final match against a team still to be determined as of press time.

"We have been playing awesome all season," Hawks midfielder Melissa Migliazza said. "We've just got to keep it up. We've got awesome skill level, so we've just got to put that together and put goals in the back of the net."

Provided the Hawks pull out another win Saturday, the team will then head to Algonquin for the OCAA championship tournament.

The game will be played at Humber's Valley Field, at 1p.m.

Home field doubt

Robert Coccia
SPORTS REPORTER

The Humber men's soccer team took a major step backwards in its pursuit of home-field advantage for the playoffs with a 2-0 loss to Sheridan on a wet Wednesday Oct. 8 at Valley Field.

The defeat came just three days after a decisive 6-0 victory over Lambton, a win that had the Hawks confident heading into the contest between the top two teams in the Ontario College Athletics Association Central West division.

But it was the Bruins from Sheridan that came out looking better prepared, controlling possession from the onset and not allowing the Hawks to create any sort of rhythm on offence.

An early goal from the visitors didn't help matters, instead giving the Bruins more confidence to stretch the field with their ball movement, forcing the Hawks to unwillingly play more defensive than they desired.

Another Sheridan goal five minutes before half-time sent the Hawks into the break down two goals.

"They completely controlled the game," said Humber midfielder Ilya Orlov. "We could never really gain any serious momentum."

It was more of the same in the second half, with the Bruins continuing their impressive offensive display.

Humber goalkeeper Dave Ragno was the only Hawk who prevented the game from getting out of hand, providing stellar goaltending in the second half to keep his team in it.

But the Hawks failed to generate any substantial scoring opportunities, and were shutout for the first time this season.

"Sheridan outplayed us badly. We played well only for the first fifteen minutes, after that, there was a series of mistakes on our part," said Humber head coach Germain Sanchez. "It was a great game by Sheridan. Our goalie Dave Ragno saved our team on several occasions."

The result now gives Humber and Sheridan even points atop their division, although Sheridan have an extra game to play, and ultimately, the upper-hand in the chase for first-place.

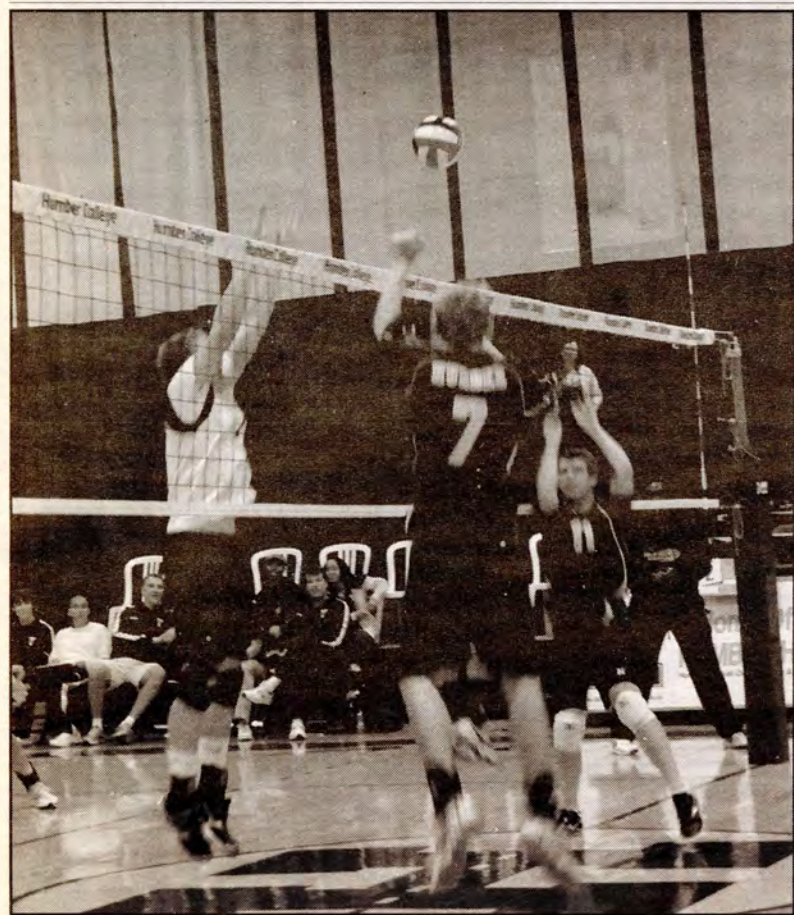
"We haven't earned anything yet, but it's nice to know that we control our own destiny," Sheridan head coach Tony Silvestri said. "Getting home-field advantage is important to both teams because it's always nicer to play that first playoff game on your own turf rather than someone else's."

Obtaining home-field advantage could also result in an easier first-round match-up.

If the Hawks were to capture first-place, they would host either Conestoga or St. Clair at Valley Field.

If they finish second, they will have to travel to London to face Fanshawe, who currently lead the West division by twelve points.

The Hawks' final game of the regular season is Oct. 15 at Mohawk.



Alex Schwalm

The Hawks go up for a spike against U of T last week.

Hawks get Blues for a second time

Alex Schwalm
SPORTS REPORTER

The men's volleyball team fell to the U of T's Blues by a score of 3-2 last week at North Campus, marking their second loss to the university squad in three weeks.

The game was the second of a home and home series between the two teams, with the Blues winning both times.

Head coach Wayne Wilkins was not happy with some of the volleyball skills his team showed.

"A couple of things frustrated me, things we call Volleyball 101, technical things that the guys are still doing."

It was apparent that the other bench was feeling some frustration as well.

Blues' head coach Ed Drakish was heard yelling on the court.

"Don't try and win the game yourself," Drakish said. "Let the hitters

win the game."

"The confidence is building," said Wilkins moments after the university team drilled home the match point.

"They're not there yet, we have lots of work to do," he said.

Player Marcus Poldma described the game as an up and down affair.

"The first game was really crappy — the second game we picked it up," he said.

Poldma said that despite the loss, the Hawks team is getting back to last year's form.

"We're more of a team now," he said. "We're more comfortable, I think we're passing better — we're playing better."

The Hawks next scheduled event is the Durham College Invitational in Oshawa on the weekend of the 25th, which is followed by the Humber Cup Invitational starting on Oct. 31.

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SPORTS



Sheffield Football Club is the oldest soccer club in the world. The team celebrated its 150th anniversary last year, and draws about 200 to 300 fans a game. — *espn.com*

Medal hopes reside in Windsor

Coach predicts good results

Mike Sagsoz
SPORTS REPORTER

The cross-country teams are going into this weekend's tournament in Windsor looking to score medals in their respective runs.

"Windsor will be another close race between Humber and Fanshawe," captain Cynthia Black said about Humber's main competition.

"We are very, very close with Fanshawe. I definitely have confidence in the girls."

The women's cross country team has thrived in the past two years under coach Monique Haan.

The team is the defending Ontario College Athletic Association champions two years running, and is looking for their third championship in a row this year.

"They did very well as a team," Haan said. "Fanshawe is the team to chase down this year."

The men's team has lower expectations this season.

The team is in full rebuilding mode, having last won the team championship in 2006-07.

There are five new members on the squad, with only Andrew Rupoli and Wes Correa returning from last year.

At this point in the season, both teams have strong results.

The women's team finished third at the St. Lawrence K Invitational in Kingston on Sept. 20, with Black placing highest, finishing 13th in the individual run.

The men disappointed however finishing eighth as a team, with Shawn Davis finishing 29th.

On Sept. 27 at the Fanshawe Invitational in London, both teams fared significantly better.

The women finished first, while the men just missed the podium with a fourth place finish.

Black, Stephanie Coughlin, Ciara Gaizutis and Becky Tindall finished five through eight in the women's run, while Davis ran a respectable 11th in the men's.

Going into this week's tournament, Haan was optimistic and was already looking forward to the OCAA championships.

"The men will finish top five," she said. "I believe the women will be able to three-peat for the provincial title."

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