



Melanie Sifton and her push for Arboretum awareness

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# BRAAAAAAINS...

## Rotting zombie hordes stagger across town just before Halloween

Sarah Lennox  
A&E Reporter

The undead took to the streets once again on Oct. 22 for the ninth annual Toronto Zombie Walk.

“Who doesn’t love Halloween?” said Adele A. Lugosi, secretary for the board of directors of Zombie Walk. “This is one more opportunity to get dressed up.”

Last year the five km walk in the Queen Street West district brought out over 6,000 zombies. Lugosi said the zombie wedding of walk founder Thea Munster and Adam Invader before the walk could bring that number up to 8,000.

Though the streets have been filled with bloodied zombies over the years, the group has yet to see any major legal or safety issues.

A security team of about 60 people lined the route this year, keeping zombies from spilling into the roadways, said Lugosi.

The walk started in 2003 when Munster and five of her friends decided to go on walks from one graveyard to another. Each year the walkers brought more new people, said Lugosi.

Lugosi said it’s very much a grassroots movement. “It’s Facebook, word of mouth and Twitter.”

Second-year Humber video game programming student Dalton Risser said he joined the walk because it seemed like a fun way to spend the weekend with his roommates.

The walk was for fun, but  
H u m b e r

students had plans for a real zombie apocalypse on the brain.

“I actually have a very long plan,” said Risser. “I’d probably go back to my hometown of St. Thomas because that’s more of a rural country area and gather supplies and friends.”

“If you can’t beat them, join them,” said second-year massage therapy student Sara Lang and second-year fitness and health promotion student Allysha Wassegijig.

The party didn’t end with the walk – activi-

ties for people 19 and older were open for all zombies interested, including a double feature at the Toronto After Dark Film Festival, said Christian Burgess, programmer and communications manager of the film festival.

The zombie comedy *Dead-heads* and WWII zombie action film *War of the Dead* played after the walk. This was *War of the Dead*’s world premier.

The two

events weren’t directly related, but used cross promotion to offer the undead a day full of fright, and everyone in costume was given a 15 per cent discount on ticket prices.



PHOTO BY SARAH LENNOX

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**THIS WEEK**

<b>THURS</b> <b>27</b>	<b>Halloween at LinX @North Campus</b>  19+ event, dress up in your Halloween best for a fun pub night with a best costume contest.	<b>FRI</b> <b>28</b>	<b>Liza Minnelli Live in Concert @ Roy Thompson Hall, @Toronto</b>  Screen and stage star Liza Minnelli still touring at age 65.	<b>SAT</b> <b>29</b>	<b>OCAD Open House @Toronto</b>  Get a chance to look behind the scenes at the Ontario College of Art and Design.	<b>SUN</b> <b>30</b>	<b>Last day of International Festival of Authors @Toronto</b>  Writers from around the world come together each year in Toronto to celebrate literature.	<b>MON</b> <b>31</b>	<b>Halloween @World</b>  Celebrate this holiday with pumpkins, costumes, general spookiness and, of course, trick or treating! Have fun, be safe.	<b>TUES</b> <b>01</b>	<b>Men's Varsity Basketball - Mohawk at Humber College</b>  Hawks first place men's basketball team hosts the Mohawk Mountaineers	<b>WED</b> <b>02</b>	<b>Last day of 2011 Run for the Cure @Canada</b>  Annual run/ walk fundraiser to raise money for breast cancer research.
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By: Nicole Peck

# Abortion funding feud goes to Queen's Park

Sara Yonis  
News Reporter

Campaign Life Coalition youth members rallied at Queen's Park to stop the government funding of abortion on Oct. 22.

The Campaign Life Coalition is a Canadian non-profit organization that advocates against abortion.

The rally brought out over 100 people to Queen's Park.

Antuu Ali, 19, a member of the Humber Muslim Students Association, agreed with the coalition's stance on abortion.

"They're using our money to kill babies, a person that Allah has created," Ali said. "They are basically murderers."

Across the street from the gathering was a small counter-rally declaring that abortion is a woman's right.

About 30 individuals held signs and shouted chants like, "Right to life, your name's a lie, you don't care if women die," and "Not the church and not the state, women must decide our fate."

Kelly Redmond, 40, heard about the pro-choice protest of the anti-



Two different sides of the government funding of abortion debate stood at Queen's Park to try and get their opinions heard. PHOTO BY SARA YONIS

abortion rally on Facebook and came out for a service to which she feels everyone is entitled.

"It's a medical service. This is a new angle that pro-lifers have thought up, to make it about cost-

cutting, but it's still about rights cutting for women and girls."

But Elissa Golob, the Youth Director of Campaign Life, said there were many alternatives to an abortion.

"Get in touch with adoption agen-

cies," Golob said. "Abortion doesn't help the victim - just helps her victimize someone else."

Campaign Life Coalition president Jim Hughes also attended the rally and thanked the crowd for

coming out and for supporting their cause.

"We go out and do our best. We talk to people that are not pro-life, that don't understand."

# Occupy Toronto protesters to march for "Robin Hood tax"

Graeme McNaughton  
News Reporter

With the occupation of St. James Park entering its third week, protesters from numerous Occupy movements will march on Oct. 29 under a single cause: the implementation of a "Robin Hood tax" on financial services transactions, said Bryan Batty, spokesperson for the Occupy Toronto protests.

"There are no taxes on these transactions, yet they are creating capital for industries and businesses, and the only way people can make these transactions is to have to capital to begin with," said Batty. "Some will call it socialist, some will call it Marxist, but it's simply a matter of community."

**"SOME WILL CALL IT SOCIALIST, SOME WILL CALL IT MARXIST, BUT IT'S SIMPLY A MATTER OF COMMUNITY"**

**- BRYAN BATTY, OCCUPY TORONTO**

Peter Bierman, a professor of macroeconomics at Humber, says that while the idea of a Robin Hood tax may look noble, it wouldn't work.

"To tax every financial transaction perhaps appears just and elegant on the surface, but has many problems if you were to seriously attempt to effect it," said Bierman.

"Among some of these problems would be the enormous cost of administering such a tax, the fact that the cost would ultimately be likely borne by the consumer anyway and that it would do little or nothing to change the greed that gave rise to the action in the first place."

Adbusters, the Canadian group that created the Occupy movement, proposed the march. The protest

would come just before the G20 Leaders Summit in Cannes, France.

This is a change in direction for the Occupy protests, which one student said lacked focus.

"It's chaotic," said Sixtus de Jon, a Ryerson student who lives across the street from St. James Park. "I'm not against them getting together, but they have no direction."

According to the Occupy Toronto website, the tax, first proposed in Britain in 2010, would be applied to purchases and sales of stocks, bonds and derivatives such as futures and options.

The British-based campaigning group says the tax could generate as much as \$32 billion annually in Britain alone.



PHOTO BY GRAEME MCNAUGHTON  
Sixtus de Jon who lives across the road from St. James Park, said he was less than enthusiastic about the protesters' lack of focus.

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2 MINUTES FROM HUMBER COLLEGE

# Students: beware what you tweet

**Doreen Dawang**  
Student Services Reporter

A professional online presence through social media is crucial to finding employment in today's market, said Byung Oh, Humber's career resource developer.

"The traditional resumé is not enough to know about a person's personality," Oh said. "An employer can go online through social media, or Google your name to find out more."

The Career Centre is holding a workshop today at Lakeshore campus to help students use social media for their job search, and will demonstrate the importance of being professional online.

Oh said students can get carried away online and may have to deal with the consequences later.

"If you're not careful, that ugly comment you made can offend people or even your future employer," Oh said. "Young students have to be careful."

Oh said one of the workshop's main objectives is to show students the benefits of making a LinkedIn profile, as the business-related online social network is a website most employers use to find new employees.

Danielle Restivo, manager of corporate communications at LinkedIn and a graduate of Humber's public relations program, said she advises students to create a profile.



PHOTO BY DOREEN DAWANG  
Byung Oh, Humber's career resource developer, has organized the Finding Jobs through Social Media workshop to educate students on the importance of a professional presence online.

"The main thing for students who have a strong LinkedIn profile is that it differentiates them from everybody else," Restivo said. "If you take the time to make a strong, professional profile, you're ahead of the game."

Hilary Turney, 20, first-year fashion arts student said she uses social media to showcase her talent online and hopes it will set herself apart when finding a work placement.

"I mostly do photography to capture different street styles," Turney

said. "I use Photobucket to upload my photos online."

The Finding Jobs through Social Media workshop is being held today at Lakeshore campus from 12-1 p.m. in L1017, and at North Campus on Nov. 3 from 12 to 1 p.m. in E339.

## College education compares well with university

**Alexandra Gundy**  
City Hall Reporter

Colleges Ontario is out to change misconceptions that a college education does not measure up to that offered by the province's universities.

On Oct. 11, the organization launched a \$2-million multi-platform ad campaign aimed at high school students and their parents called "Higher Education for the New World."

"Technology has really revolutionized the workplace and some of the best training you can get for the new innovation economy is at Ontario's colleges," said Rob Savage, director of communications for Colleges Ontario. "These new ads go a step beyond by really speaking to the career opportunities that are available in the new knowledge economy."

The campaign, created by advertising agency Kirshenbaum Bond Senecal & Partners, includes TV, radio, print, online and transit shelter ads.

"We felt it was really important to show parents and kids, making college a joint decision," said Dan Pawych, chief creative officer of KBSP. "We want to change parents' perceptions of college, which now offers so much more than it did when parents were making their own education decisions."

Pawych said that research conducted by KBSP showed that parents continue to be a major influence when it comes to their children's decisions regarding education.

A parent and university professor whose eldest son is in Humber's music program said her family looked around at programs in both universities and colleges, but found the field of study was quite narrow at university.

"The college was also able to offer better access to equipment, recording studios, and instruments than did the university system."

A university professor herself, she said she's never had any prejudice against colleges.

"Now that he's at Humber, we're learning about other things that are available to him that would not be at a university," she said. "He's really being trained for the real world."

The "Higher Education for the New World" campaign will run through to the end of November.

## Journalism degree students receive free iPads

**Tashae Haughton**  
Residence Reporter

Students enrolled in the bachelor of journalism program at Humber's Lakeshore campus received iPads last week to help them build their online platform.

The iPad allows the students to become familiar with a new platform – they can study how the traditional magazine migrates online and how the content is produced, said Basil Guinane, associate dean of the School of Media Studies and Information Technology.

"The iPads are not intended to replace the newspaper nor magazine that the diploma students currently write for at the North campus," Guinane said.

"Tablets will become tools for



PHOTO BY TASHAE HAUGHTON  
Kedean Smith, 21, a first year Bachelor of Journalism student shows us the iPad that her program at Lakeshore received.

the future of journalism. Therefore, students using them will be a part of it," said Dan Rowe, program coordinator of the bachelor of journalism program.

Students are further expected to use the iPad as a tool to identify headline stories from news organizations and formulate questions.

"I find the iPad to be very efficient," said Kedean Smith, 21, a first year bachelor of journalism student.

"In my film production class, my teacher told us that the iPads are great with filming, especially if you want to film something in the train for a news clip," said Smith.

Students have found that the iPad has helped them to be better organized journalists, said Rowe.

## Brampton Transit labour deal settled

**Alex Lambert**  
Transportation Reporter

Humber students commuting from Brampton will be able to reach campus using public transit as usual after a labour disruption at Brampton Transit was averted.

Brampton Transit said in a press release, Brampton City Council ratified on Oct. 12 a four-year agreement, which was reached and approved by the union last month.

"In the end, when you understand each others' issues, there's usually a solution to be found," said Sue Connor, director of Brampton Transit.

Connor said Brampton Transit's growing ridership will benefit as this contract ensures a scheduling committee is established to review scheduling and routing issues.

She said timing issues like weather and traffic delays are often out of their control – but the company hopes to address them through stop timing research and better workplace communication.

Larry Jodouin, president of the union local 1573 representing Brampton Transit employees, said the committee will also seek solu-

tions to issues like bus scheduling and employee breaks, which were sticking points in this dispute.

"Don't get me wrong," he said, "there's still going to be some banging on walls and some head-butting, but at least we will be able to sit down and talk about it during the life of this contract."

Jodouin said the agreement also addressed other issues, including wages, which will see an annual two per cent increase over the next four years.

Jodouin said he is pleased management has recognized there are issues with working conditions because they can now work with staff to resolve these concerns.

No immediate changes have been implemented, he added, but the agreement ensures these issues will be dealt with through talks between management and employees.

Jordan Gardner, 21, a third year Guelph-Humber media studies student who commutes to and from Humber on Brampton Transit five days a week, summed up how important the service is for him.

"I would probably be screwed if it went out, to be honest."

# Araya takes stand in murder trial

Alex Consiglio  
Senior Reporter

A Humber student on trial for second-degree murder took the stand yesterday to refute an alleged confession he made to his former high school teacher by testifying it was a fabrication used to get a nice place to sleep.

Nahor Araya, 21, is on trial and has pleaded not guilty. He's been free on bail since April 2009 and was forced to take this semester off - his last in the general arts and science program - due to the trial.

The Crown alleges that on Oct. 3, 2008, one man of a group of four assaulted and robbed Boris Cikovic, 17, of his knapsack at gunpoint, ultimately leading to Cikovic being shot

and killed as he chased after his alleged assailant.

The Crown is not alleging Araya was the shooter, but was still a party to the murder by participating in the robbery.

Last week, the Crown called Cordel Brown, Araya's former English teacher at Silverthorn Collegiate, to the stand.

Brown alleges that on Oct. 7, 2008, Araya confessed his involvement in the robbery, telling him he was part of a group of men that were going to "roll-up" (rob) some people in Buttonwood Park, but he kept telling them "no," and "didn't do anything" and "didn't have the gun."

Araya said he was living in a youth shelter at the time, having been kicked out of his home by his mother.

"It was loud, dirty, a lot of drug ad-

dicts there - you couldn't get much sleep," he said, adding, "overall, it was a depressing place."

He said in his month at Silverthorn he'd developed a good relationship with Brown, who knew he was in a shelter and offered him a place to stay.

Araya said that's why he went to see Brown on Oct. 7, adding when Brown started to shrug him off and tell him he couldn't talk, he got desperate and panicked.

"I couldn't stay in that shelter one more night," he said, adding he thought, "the more desperate my situation was, the more willing he'd be to help."

Araya said that's why he fabricated a story about a couple of guys outside a plaza who were going to "roll-up" on some kids - a story that had "no

truth whatsoever," adding he never used the word "park" or "gun."

He went on to testify he was at his friend John Kenny's house with his then-girlfriend Keelie Cook for "the whole night" on Oct. 3, 2008.

During cross examination by Crown attorney Patrick Travers, Araya confirmed that the youth shelter in which he was staying in 2008 was the same one he'd been to twice before when kicked out of his home.

He then said he never did get around to asking Brown for a place to stay and spent that Oct. 7 night at the shelter, along with a majority of the next morning.

Travers finishes his cross examination of Araya today, when the defence is expected to call Cook to the stand next.



COURTESY CIKOVIC FAMILY  
17-year-old murder victim Boris Cikovic.

## Queen's Park approves rent hike, students affected

Ashlee Collins  
News Reporter  
With files from Nicole Peck

Humber students could face up to a 3.1 per cent increase in their rent in 2012, according to Ontario's Rent Increase Guideline, published by The Landlord Tenant Board.

"For the past eight years, the rent increase has been locked at 1.9 per cent. This year inflation has caused it to jump to 3.1 per cent," said Adrian

Kupesic, spokesperson for the minister of municipal affairs and housing.

Kupesic said the guideline is based on the 12-month average of inflation rates for the months of June 2010 to May 2011.

The increase applies to residential renters whose homes are covered by the Residential Tenancies Act.

Under the guideline, landlords must give tenants 90 days notice before the increase and can only raise rent once a year.

Christine Rohrbacher, 21, is a second-year Humber interior design student who lives off campus with three other students.

"I don't think that all landlords should be able to increase rent, in my case we pay for hydro and gas so we are already paying more as costs go up," said Rohrbacher.

Rohrbacher said the approximate rent increase of \$200 a year would mean she would need more hours of work a month, while still going to

school.

Ted Glenn, a Humber public administration professor, said inflation is affecting every area of the lives of Canadians and that rent is only one part of household budgets.

"As the cost-of life goes up people need to remember that landlords are affected by the cost of living as well," said Glenn.

Kupesic said now that the Liberals have been elected for a third term they will investigate a way to change

a system that they feel is not working any more.

"Our government intends to review the formula and fix the legislation to ensure that renters continue to be well represented and protected as we emerge from the global recession," Kupesic said.

Rent prices are currently regulated by the provincial government in Ontario.

## TTC town hall may come to college

New customer service liaison panel to hold first meeting to air the concerns of commuters affected by transit service cuts

STEPHEN DONKERS  
Transportation Reporter

After the formation of a new TTC customer liaison panel, a Toronto college may be chosen to host a town hall meeting where students can voice transit service concerns, said TTC customer service officer Chris Upfold.

Upfold said that following the first town hall meeting at city hall on Nov. 24, the panel will look for places around the city to host more meetings and Humber could be considered.

"We will look at different places around Toronto, like maybe colleges. Humber could be a possibility," he said.

Upfold said student riders' opinions matter to the TTC.

"Student ideas are important to the TTC," he said. "We do want to hear more from them."

On Oct. 13, Upfold and TTC Chair Karen Stintz announced the forming of the new panel, promising to improve services for riders amid harsh cuts to the 2012 operating budget.

HSF president Bryan Tran said he

welcomes the possibility of a town hall meeting at Humber's North campus.

"I think that would be an amazing idea," he said. "There are a lot of students who use the TTC here and I've heard a lot of horror stories from them."

Tran said a town hall-style meeting at Humber would bring out a lot of concerned student riders.

"I think Humber students would be more than eager to express their opinions to the panel on how the TTC can improve the services here,"

he said.

Rukshana Solanki, 23, a first-year fitness and health promotion student who uses the TTC said she'd be interested in attending a town hall meeting if the panel were to come to Humber.

Solanki said she would bring up wait times for buses and overcrowding.

"My biggest problem with them is time - waiting for buses. My bus never comes on time. There is always overcrowding bus too," she said.



PHOTO BY STEPHEN DONKERS  
Student riders could get a chance to voice their TTC concerns at a town hall meeting at North or Lakshore.

## CFS calls for uniformity of tuition fees across Canada

Julia Alexander  
News Reporter

The Canadian Federation of Students called on the federal government this week to establish a national tuition fee to address the unprecedented total student debt at \$15 billion as CFS representative said.

"The main reason why debt is going up so high and fast is because tuition fees are going up by a very high rate as well," said Roxanne Dubois, national chairperson for the Canadian Federation of Students.

Canadian Federation of Students decided to protest the disparities in tuition fees from province to province by urging parliamentarians this month to create a uniform fee across the country.

Dubois said if the federal government doesn't take action, the student debt would continue to mount, especially in Ontario where fees are the highest.

"What would really help students would be to take down the barriers to post secondary education and reducing tuition fees is the best way to do that."

Humber president John Davies said he wished the college could lower tuition, but that's rarely the case.

"We can, in fact, make decisions around tuition fees and fees in various programs around Humber, but we can only do that in a provincial framework," he said.

Davies said the idea of a national tuition wouldn't work for Canada, something Conservative Member of Parliament for Simcoe-Grey, Kellie Leitch said she agreed with.

"The government is focused on creating jobs but keeping a balanced budget is also a priority," Leitch said, pointing out the economy is fragile.

First-year General Arts and Science student, Jean-Luc Massaro, 20, said he's worried about his future because of the student debt he knows he'll accumulate.

"I'm going to do seven years of school, so I could probably see myself owing more than \$20,000. Every student is in a unique situation. Some will be able to pay it off right away, but I am not going to be one of those people," Massaro said.

The CFS began its lobbying campaign on Oct. 24 and will continue until tomorrow.

# Childcare meetings closed to public

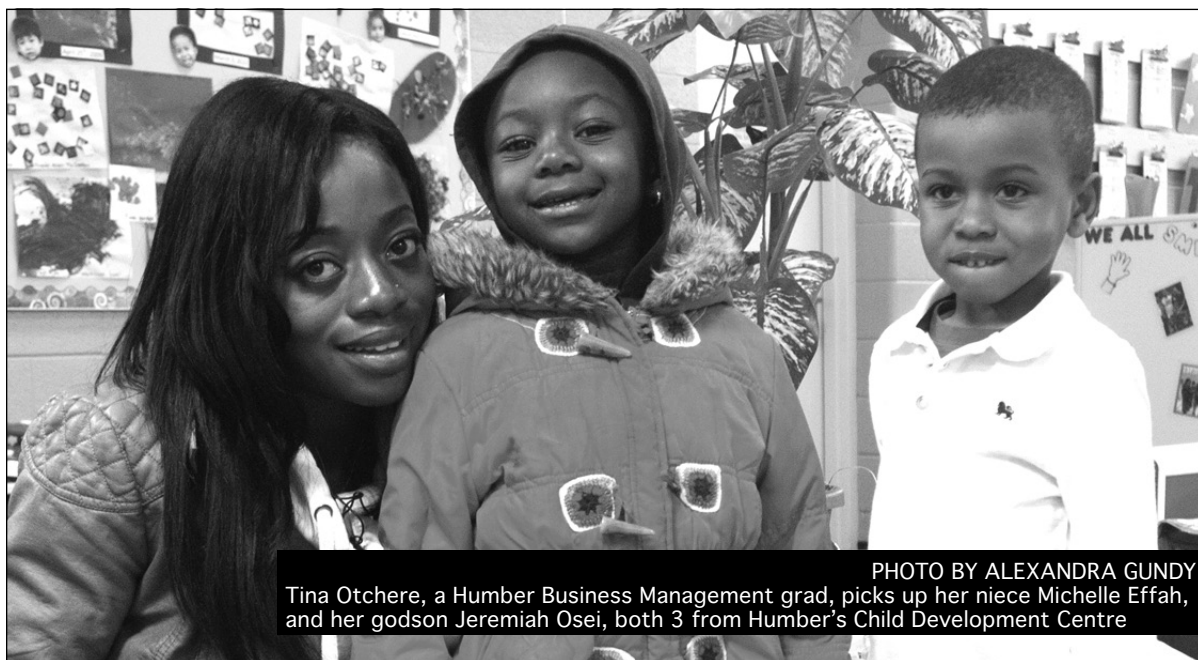


PHOTO BY ALEXANDRA GUNDY  
Tina Otchere, a Humber Business Management grad, picks up her niece Michelle Effah, and her godson Jeremiah Osei, both 3 from Humber's Child Development Centre

**Alexandra Gundy**  
City Hall Reporter

Mayor Rob Ford's Child Care Task Force closed its doors to both the public and the media once again when it held its third of four meetings on Oct. 26.

According to a news release issued to the *Et Cetera* by Coun. Mammoliti's office, the task force has discussed ways to fund the continuation of existing childcare spaces and

alternative funding models as well as the role of private childcare.

"I'm shocked that the meetings are being held in secret, but somehow I'm not surprised," said Rebecca Milburn, program co-ordinator for liberal arts and sciences, who has had two of her children in Humber's daycare.

Milburn said people who use childcare services have to be allowed to have a voice, whether they believe daycare service should become more

privatized or more public.

"It's not surprising that he's closed the doors, because I bet he'd have the same uproar from the public that he saw with other services he's talked about cutting," Milburn said. "Parents have a stake in this discussion. They should be able to have a trustee at the table and there should be open dialogue with everyone involved."

Jenni Mastroianni, a supervisor at the Humber Child Development Centre, said potential cuts to sub-

sidized childcare would impact the college's daycare centers, as 70-80 per cent of their spots are subsidized.

"Many of our subsidized spots are used by students," Mastroianni said. "If subsidized childcare was cut they may not be able to afford to continue with their education. Those students would have a hard time maintaining their schooling while financing childcare."

Cynthia Wilkey, chair of the West Don Lands Committee, said childcare is an extremely important service to the city and to women.

"I know that they are looking at whether or not the private sector could provide cheaper childcare, and I don't believe they can," she said.

Wilkey, who tried to attend the second task force meeting, said subsidized childcare is critical to women's access to the workforce, and is the last service that council should be cutting.

"It's a discussion that should be out in the open, not behind closed doors," Wilkey said.

A representative from Coun. Mammoliti's office said the meetings are being held in private to protect Task Force members from feeling "uncomfortable."

The fourth and final meeting is slated for Nov. 3, and according to the city, it will also be private.

## No happy ending for parlours

**Ashlee Collins**  
News Reporter

There could be more body massage parlours in Toronto if the current licensing cap on the establishments is removed.

Rudolf Czekalla, manager of policy and planning at the municipal licensing and standards office for the city of Toronto, said city staff met with parlour owners on Oct. 13 for a meeting about the possibility of removing the citywide cap on the number of licensed establishments.

"There are currently 25 parlours in Toronto that are licensed, but the number of unlicensed parlours is unknown," said Czekalla.

Czekalla said the start-up fee for a body rub parlour is \$11,539 and a similar license for a holistic centre is \$237.

"The large gap in licensing costs has caused many body massage parlours to masquerade as holistic centres," he said.

Czekalla said most holistic centres offer services like aromatherapy - but some offer other illegal services.

He said this might cause all holistic centres to be painted with the same brush, even though there are centres that are only providing legal services.

Dr. Doug Thomson, a criminology and policing professor, said one of the biggest issues with massage parlours is that the workers are often trafficked from the Far East and Europe.

"These women are brought over here, given a job and then their passport is taken so they have no way to leave - they are forced to work," said Thomson.

Czekalla said city staff with be making a decision on how to move forward in early 2012.

## Some students unaware of res dining changes

**Tashae Haughton**  
News Reporter

Residence students were short \$200 on their dining plans during move-in week this semester the manager of Student Services said.

Don Henriques, manager of Campus Services said the amount was removed from their dining plan, and placed in a separate account to be used

only for confectionery items

There has been historical data showing that students are spending 10 to 15 per cent of their meal plans on confectionery items such as potato chips, carbonated drinks, and chocolate bars, Henriques said.

"Our contract providers were separating the dining plan into two parts: \$200 for confectionery items which are taxable (required by Revenue Canada) and the balance of your meal plan which is non-taxable," according to the September residence newsletter.

Under the old system students weren't being taxed on the junk food despite being required to do so, a representative from Revenue Canada said.

"Meals sold in a cafeteria are subject to GST/HST. However, meals provided to a student under a meal plan that meets all of the following conditions (referred to as a qualifying meal plan) will

be exempt of the GST/HST," said Neil Shalapata, manager of communications at Canada Revenue Agency.

Shalapata said the dining hall account that allows purchases of confectionery or vending machine items is an example of accounts that would not be qualified as meal plans. Therefore, he said, students will be taxed on those items.

"I had no clue this happened. No one on my floor knew about this," said Paige Montgomery, 18, a res student in her first year media studies.

The separation of the dining plan account happened Aug. 28 to Sept. 6.

"It was only a test and we wanted to see how the system was going to work for the students," said Henriques.

## ADHD Week seeks to dispel misconceptions

Student Services supports students with attention deficit hyperactivity disorder

**Cindy McKenney**  
News Reporter

ADHD Awareness Week exposed some of the common misconceptions last week about people who live with attention deficit hyper activity disorder.

"Awareness is important because we are still dealing with stigma, misunderstanding, under-diagnosis and under-treatment," said Heidi Bernhardt, the national director for the ADHD Awareness Centre of Canada.

Maureen Carnegie, co-ordinator for disability services at Humber's North campus, said two of the big-

gest misconceptions about people who have ADHD are that they are lazy and just need to apply themselves, and that medication is not a good option to help them cope with the effects.

"Post-secondary students who have ADHD, diagnosed or not, often do not have a support system and struggle with time management and it tends to hit them like a two-by-four," said Bernhardt.

While medication can be helpful for some students, Sammy Mak, pharmacist with MedSpot at the North campus, said there might be some related side effects, including

headache, irritability and insomnia.

Mak said side effects are uncommon - when an individual first begins taking the medication side effects may occur, but typically only last for a short period of time.

Bernhardt said medication should never be the only method of treatment.

She said coaching is an alternative that proves to be very effective, especially for students who may be encouraged to prioritize tasks and stay organized.

While Humber does not offer direct coaching services, Carnegie said a student who has been diagnosed

with ADD or ADHD and would benefit from such a service can contact disability services, which can arrange coaching.

If coaching is not an option, disability services can help students with ADHD by allowing them to write their tests in a distraction-minimized environment, Carnegie said.

"The test centre can set up a situation where the student can wear ear-plugs and they can have visual blocks around them, those kinds of things, and that can be really helpful," she said.



PHOTO BY CINDY MCKENNEY  
Maureen Carnegie said there are resources available to students who have ADHD.

# Sifton revamps Arb



PHOTO BY BAILEY MARTEL  
Melanie Sifton has been the director of the Humber Arboretum for two years.

**Bailey Martel**  
News Reporter

Students at Humber's North campus may not know it, but the Humber Arboretum has had an in-office Director for the last two years - for the first time in nearly two decades.

Before coming to Humber, Melanie Sifton said she was doing research for sustainable landscape design construction at the Lady Bird Johnson Wildflower Center at the University of Texas in Austin.

Sifton's most recent initiative was to give the Arboretum website a facelift, and improve social networking efforts in an attempt to connect with Hum-

ber students and the community.

"The website was originally conceived through the Humber ad centre, which works with media studies students," said Sifton. "Through the ad centre, we have also gotten a new logo, new brochure, and a way finding plan for the Arboretum."

The recently launched overhaul of the school website was designed by Lakeshore students. Sifton also has work-study students in the Arb updating Facebook and Twitter sites multiple times a day.

Graeme McKenzie, 26, a second-year work-study student in the Arboretum and third-year sustainable energy and building technology

program student, said Sifton is a big proponent of having people enjoy the Arboretum.

"Before, it was kind of in a stasis," McKenzie said.

"As a student before, I didn't know the Arb existed. Melanie is really trying to put a focus on getting people out there and making students aware that they can go out and enjoy it," he said.

Heather Somers, lead horticulture technologist, has worked at Humber for 20 years. She said she has seen the Arboretum director position stay empty or ignored, and said that Melanie is doing a strong job there.

"We are a partnership with the Conservation Authority and the City of Toronto. Since she's been here, she's brought us back into their line of sight," said Somers.

"We always struggle with our budget. Melanie has found us the resources we needed," she said. "Even if it's not money, it's knowledge."

Harry Chang, co-ordinator for Landscape Technician program at Humber, said Sifton's arrival was good for the program.

An important initiative Chang said Sifton has encouraged is assisting in the revision of the landscape technician program.

"We were revising our curriculum at the time she started, so it was great timing," said Chang. "A coming together of like values."

# Muslim community prepares for 2011 hajj

**Saudia Mohamed**  
News Reporter

Tomorrow marks the beginning of the hajj, an annual event where millions of Muslims from around the world fulfill their religious obligation by making a pilgrimage to Mecca, Saudi Arabia - the Muslim world's holiest city.

First year early childhood education student, Anita Rita Mohabir, said experiencing the hajj last year was a once in a lifetime opportunity.

"It isn't your normal type of vacation, this is way different," she said. "It's commitment, dedication, faith and spiritual energy that must be put into visiting the home of God."

Mohabir said it's good to perform

hajj as soon as it becomes obligatory.

"Don't say, 'I'll do it when I'm older. Do it now while you're young and healthy," she said. "Hajj is a devotion and expression of our love to Allah."

Enas El-Husseini, a first-year cosmetics management student said, "My parents have completed their hajj more than once and I hope to soon take my family one day."

Josefine Oshunrinde, manager of the campus travel agency said her office hasn't booked any flights as yet to Saudi Arabia, but hopes it will soon.

Hajj is one of the five pillars of Islam (along with creed, fasting, prayers and charity), and an obligatory lifetime event for Muslims who can afford it and are in good health.



COURTESY SCOTTISH CENTER FOR CARBON STORAGE  
Jen Roberts, University of Edinburgh geologist, studies Meftiniella Polla, a CO2 vent.

# Carbon storage not a health risk

**Kaite Boivin**  
Science Reporter

A study released last month has found that storing carbon dioxide (CO<sub>2</sub>) underground poses no significant health threats, but experts say more research needs to be done.

The study, published online in the prestigious journal, Proceedings of the National Academy of Sciences, studied natural CO<sub>2</sub> seeps around the world and found the risk of death because of leaking CO<sub>2</sub> to be extremely low.

The statement is valid but, "the whole concept has some fundamental flaws," said Kerry Johnston, program co-ordinator of the sustainable energy and building technology co-op program at Humber College.

Researchers have linked these natural leaks to the potential leaks that could arise from the use of carbon capture and storage (CCS), a technology that stores CO<sub>2</sub> beneath the ground to reduce greenhouse gas emissions in the atmosphere.

"Recent CCS projects in northern Europe and Canada have been criticised by residents over health concerns arising from potential leakage," said a news release from Scottish Carbon Capture and Storage Consortium.

The natural seeps don't mirror the

CCS sites perfectly because, "when you're choosing a storage reservoir you are choosing the most secure areas," said Eric Beynon, director of strategy and policy at the Integrated CO<sub>2</sub> Network, an organization of Canadian companies who are devoted to CCS in Canada.

The study has been focused on the unexpected release of CO<sub>2</sub>, but there hasn't been any long-term study done, said Johnston.

He said, at Humber, "One of the foundations of sustainable development is that rather than just considering the economic, environmental, or social consequences, to consider all three."

But Dave Butler, executive director of the Canadian Clean Power Coalition said there isn't a lot of data to go on. There are only six commercial-scale CCS projects in Canada; one in British Columbia, four in Alberta and one in Saskatchewan.

The world is still reliant on fossil fuels and that won't change overnight, added Beynon.

"So in our economic reality CCS is a way to minimize the impact of greenhouse gas emissions and do something with the CO<sub>2</sub>," said Johnston. "Until we suffer some catastrophic change it's unlikely that we will go in a more sustainable path."

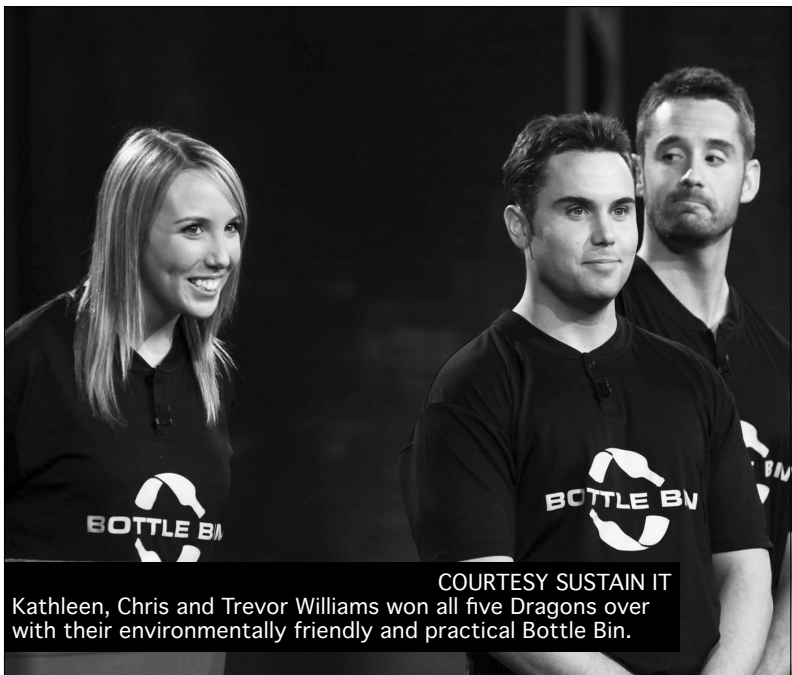
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# Bottle Bin bags \$150K from Dragon



Kathleen, Chris and Trevor Williams won all five Dragons over with their environmentally friendly and practical Bottle Bin.

**Amber Daugherty**  
Biz + Tech Reporter

Humber public relations student Kathleen Williams survived the *Dragon's Den*.

Williams, 22, was on CBC's popular show with her brothers Chris and Trevor pitching Bottle Bin, the first product from their environmentally-friendly product company, Sustain It.

Bottle Bin is a plastic container made to hold 18 empty wine bottles or 48 beer bottles. The Williams team said the product was created because their father, Andy, was concerned about bottles getting thrown into blue bins and ending up in landfills.

"The number one reason why people don't return their bottles today is inconvenience," Chris said.

He said his father was chief financial officer of Norseman Environ-

mental, creator of the Blue Bin and the Green Bin, until 2008.

He said Andy asked his children to make the pitch on *Dragon's Den* because of their education and experience: Chris, director of sales, was a salesman at Xerox; Trevor, the marketing director, has a commerce degree; and Kathleen has a communications degree and a PR diploma.

All five Dragons made offers, but the team went with Jim Treiving, owner of Boston Pizza International Inc., because he offered exactly what they asked for: \$150,000 for a 20 per cent stake in the company.

"The office has exploded since the airing date (Oct. 5)," Chris said. "When you have 2.34 million viewers watching the show, it certainly ups the hype."

Kathleen is not currently working with her brothers, but said she's

considering it after she finishes her internship at Maple Leaf Sports and Entertainment.

"In watching the *Dragon's Den* segment, I'd say Kathleen's poise and wonderful smile show that she already had the characteristics that will make her successful in PR before she came to us," said Elizabeth Duncan, one of Kathleen's professors.

The Beer Store said they have started selling Bottle Bins in some stores, and Chris said Home Hardware will start next year.

Chris said it shouldn't be long before Bottle Bin is a household name.

"Just like in the '80s, the Blue Bin became the symbol for recycling, and in 2000 the Green Bin became the symbol for organics, in 2011 the Bottle Bin is the symbol for deposit-return recycling."

## MUSEing over emotions, sentiments in your inbox

**Mark Mullen**  
Biz + Tech Reporter

An online tool called Memories Using E-mail (MUSE) is said to be able to distill all the emotions and sentiments from a user's old emails.

"It connects to your email – Gmail, Yahoo or somewhere online – or it could be old email that you have saved on a disk somewhere – and it tries and extracts important cues," said MUSE's creator, Stanford University PhD student Sudheendra Hangal.

Hangal said he thought of the idea when he saw the extensive hand-writ-

ten diaries of his great grandfather who lived in southwestern India.

He said he began thinking what it would mean for one's successors to see how their ancestors use language to express feelings over time.

"I realized that just in my own email I have all my past, either directly captured or interestingly dissected in the email," Hangal said.

"We are sending tens or hundreds of emails every day and therefore it would be a great tool for the historical records."

Hangal said the tool uses "word analysis" to determine the sentiments of the emails and take into consider-

ation the length of time passed.

Computer engineering professor Leon King said a software tool like MUSE is fairly easy to develop.

"All you need is a source of data," King said. "You write a program, which scans that source of data, looking for keywords – words that indicate mood, for example – you tally it up and give some sort of a rep-

resentation to the end user. The key is having enough data to generate."

King added the word analysis part is looking for words and how many times that word occurs.

Jack Chambers, University of Toronto linguistics professor, said he is skeptical MUSE can derive emotions from the text in emails.

"We do encode emotions in text,

of course, but usually we have to state them explicitly," he said.

Hangal said there is no specific algorithm for determining the emotions of the text and that it can sometimes be inaccurate.

The application has been available for free use through web browsers since mid-October at [mobisocial.stanford.edu/muse](http://mobisocial.stanford.edu/muse).

## Student debt at limit

**Victoria Brown**  
Biz + Tech Reporter

A report by the Canada Student Loans Program said the sum of risk-shared and direct loans sits at \$13.6 billion, just \$1.4 billion away from the limit the federal government can legally loan.

"The situation is serious for students, because students are graduating with an average debt load of \$25,000 in Canada," said Roxanne Dubois, chairperson for the Canadian Federation of Students.

"It's obviously a lot of money you have to pay back even before you get to your first job interview."

Dubois said the federation will present recommendations, including one for a post-secondary education act allowing the government to decrease tuition fees to provide educational access for everyone.

The federation is set to meet in Ottawa next week with MPs and senators, Dubois said. Over 150 meetings have been scheduled and Dubois said they're still confirming more.

The goal is "having students from

across the country to be able to express to parliamentarians what they see as the best way forward to increase access to post secondary education," Dubois said.

Bryan Tran, president of the Humber Students' Federation, said HSF is involved with Ontario's College Student Alliance and works on these issues on a provincial level.

"We're heavily invested in trying to keep tuition levels as low as possible, and we actually recommended to the provincial government to find a freeze in tuition," said Tran.

The CSA is more provincially minded and aware of rising debt levels, said Tran, adding the association has also recommended making federal grants available to all students and at lower interest rates.

Nora Loreto, communications coordinator at CFS-Ontario, said the federation would suggest the federal government replace educational tax credits given with grants to be used for students.

"A lot of money can be spent on education. It's a matter of priorities," Loreto said.



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# Marketing solutions in 30 minutes

Business students are gearing up for a competition that will test their creativity, speed and knowledge of the trade

**Victoria Brown**  
Biz + Tech Reporter

Coming up with a solution for HMV's plummeting sales in under 30 minutes. That's the type of challenge students from 13 colleges will face at the Ontario Colleges Marketing Competition Nov. 24-25.

North campus will host this year's competition, bringing in business students from across the province. Humber has been competing for eight years and missed third place last year by just one point, said Ellen Sparling, one of the event's coordinators.

"There's a very large amount of administrative work that's done," Sparling said. "I sat in on 67 students trying to get on the team."

Last year, students had to create a solution for HMV's dropping CD sales and find a way to stem losses

and make a growth plan, she said. Students were told to focus on promoting HMV's digital music site and entertainment retailer positioning, and to re-establish themselves as a youth music store.

The competition will include eight marketing cases, a quiz bowl, a sales presentation, and a job interview, said Sparling.

Sparling said students in the competition must take an extra course on case analysis and presentation skills.

"They're given a case and put in a room for 30 minutes, and immediately taken to the presentation room, where they present in front of a group of people they're not familiar with," she said.

Paul Griffin, associate dean of the Business School, said he will help create the cases this year.

The cases are made with real information and problems faced by



PHOTO BY VICTORIA BROWN  
Natasha Vidori and Inderjeet Sangha analyze cases in preparation for the competition.

marketing teams from different companies, Griffin said.

"They don't want to air their dirty linen in public, so they might be altered a little to protect the company," he said.

Inderjeet Sangha, 20, a second-year business administration student, said she will participate in the competition this year.

She said she competed but did not place last year.

"I like how you get a lot of support from faculty, you get to meet other students, and gain more marketing knowledge as well," Sangha said.

## Business enrolment rises, finance jobs grow tighter

**Rebekah Camara**  
Biz + Tech Reporter

The number of business students enrolled at Humber continues to rise despite a drop in financial services employment, said the dean of the business school.

Alvina Cassiani, said the school

had a significant enrollment increase in the past five years.

"We've added more programs and even added degrees to others and now have a program in Human Resources," said Cassiani.

A Statistics Canada report released Oct. 7 said nearly 15,000 financial service and real estate jobs were cut in the year from September 2010.

Cassiani said she is confident in Humber's programs but that it is up to the students to make their own path. "We give students the skill set to find the jobs they're looking for."

Anna Shnet, a human resources associate for telecommunications manufacturer RuggedCom Inc., said the recession caused companies to downsize.

"When companies downsize, human capital is the first to get cut," said Shnet.

She said business graduates should focus on which direction they want to go in once they leave school.

"The competition is so fierce since there are so many applicants, especially for those who don't know what they want," said Shnet.

Karen Fast, manager of the Career Centre, said the centre sees about 200 to 300 students a day and isn't worried about students finding a job.

"We have 60 positions for business posted right now [outside Humber] and half as much for the arts," said Fast, adding Humber "does extremely well for business jobs."



PHOTO BY PHILIP LAM  
Business students show off alternatives to the BlackBerry.

## RIM can't make up client losses

**Philip Lam**  
Biz + Tech Reporter

Research in Motion is offering \$100 of free "premium" apps to customers to make up for BlackBerry service failures.

"We have apologized to our customers and will work tirelessly to restore their confidence," said RIM co-CEO Mike Lazaridis in a press release.

Selected apps released Oct. 19, like the games *The Sims 3* and *Bejeweled*, and other apps like *Drive Safe*, *ly Pro* and *Shazam Pro*, will be available until Dec. 31 on the App World store, RIM's website said.

The website also said that a free month of technical support will be available for RIM's enterprise customers.

"It could work for consumers as a gesture that they care, but for business users there's nothing you can do to recover those lost business days,"

said Rami Karam, vice-president of marketing for Trellia Networks Inc.

He said the Montreal-based company focuses on security solutions for business people or government officials who use their own phones

**"FOR BUSINESS USERS THERE'S NOTHING YOU CAN DO TO RECOVER THOSE LOST BUSINESS DAYS"**

**- RAMI KARAM,  
VP MARKETING, TRELLIA NETWORKS**

for business, whether it's an Android, iPhone, or BlackBerry.

Karam said he's had BlackBerry clients complain about their email service failure, and some clients have even lost out on contracts and jobs because they couldn't respond fast enough.

"It's RIM promoting customer loyalty, [but companies] don't go for

apps," said Harpreetinder Sandhu, 21, a second-year business administration student.

Sandhu said he was thinking about buying a BlackBerry but when he heard about the problems he purchased an iPhone.

"The outage is putting more pressure on them and it's precipitating the focus on BlackBerry's decline," said Pierre-Pascal Gendron, program director for the international business degree.

Even with BlackBerry's share price drops and concerns about RIM's ability to compete with Apple, Gendron said, the problem is looking at the long run for existing users because now people are going to think about other products.

"Information has to travel very quickly and if the platform fails you've got a big problem," he said. "Typically, people in this community don't like surprises."

### BEST OF TECH

Ever been walking somewhere and just really needed to go? Toilet Finder is an app that tells you where the closest washroom is AND gives you directions there. Hoorah.

### WORST OF TECH

If you're exceptionally bored, the Venus Fly Trap app will let you repeatedly drag a fly into a venus fly trap so you can watch it get devoured. Again and again and again.



# T.O. art fair gets global presence

Melinda Warren  
A&E Reporter

Noni Kaur, program co-ordinator for the Visual and Digital Art program at Humber, hopes art students will have the opportunity to participate in the Toronto International Art Fair.

Kaur said students haven't had the opportunity to participate because the program is still in its infancy, only its fifth academic year.

"This is like a stepping stone before they get to bigger and better things," said Kaur.

"They are still finding their niche and what they really want to do," said Kaur.

The fair brings together exhibitors and spectators of all ages and skill levels from all over the world to the Metro Toronto Convention Centre from today through Monday.

"This is the highest participation that we've had in 12 years and the show is growing every year," said Jennie Biltek, marketing and communications manager for the fair.

Biltek said the TIAF was originally put together for commercial galleries

to celebrate Canadian art and only had 50 galleries participating.

"Since then the fair has expanded upon that and it's really become a place where diverse members of the Canadian and international arts communities come together to talk about what's happening in contemporary art," Biltek said.

Thirteen countries will be represented at the fair this year, and 109 galleries will have work on display.

This year the Catherine Edelman Gallery from Chicago will be in attendance at the TIAF for the first time.

"I don't have many Canadian collectors – hence the reason that I am coming up there," said Catherine Edelman, owner-director of the gallery.

"With the research that I have done about Art Toronto, I know that there is great incentive within Canada to buy Canadian artists," Edelman said.

Kaur hopes her students will be among the artists exhibited at the Toronto International Art Fair within the next few years.



PHOTO BY MELINDA WARREN  
Noni Kaur, program coordinator for Humber's Visual and Digital Art program.



## UNB/Humber 3<sup>rd</sup> year Nursing Students

Influenza, Respiratory Etiquette & Hand Washing

Road Show dates & location:

Oct 27th Concourse 8.30 am-1.30pm

Oct 28<sup>th</sup> outside Health Centre 8.30 am-1.30 pm

Nov 3<sup>rd</sup> Guelph Humber Atrium 8.30am-1.30pm

Nov 4<sup>th</sup> Humber Residence Main Café 2pm-6pm

Nov 10<sup>th</sup> outside Health Centre 8.30am-1.30pm

Health centre staffs will be giving flu shots on the following dates:

November 7<sup>th</sup>, 8<sup>th</sup> (0930-1500), 11<sup>th</sup> (0930-1200)

**\*FREE GIVEAWAYS\***

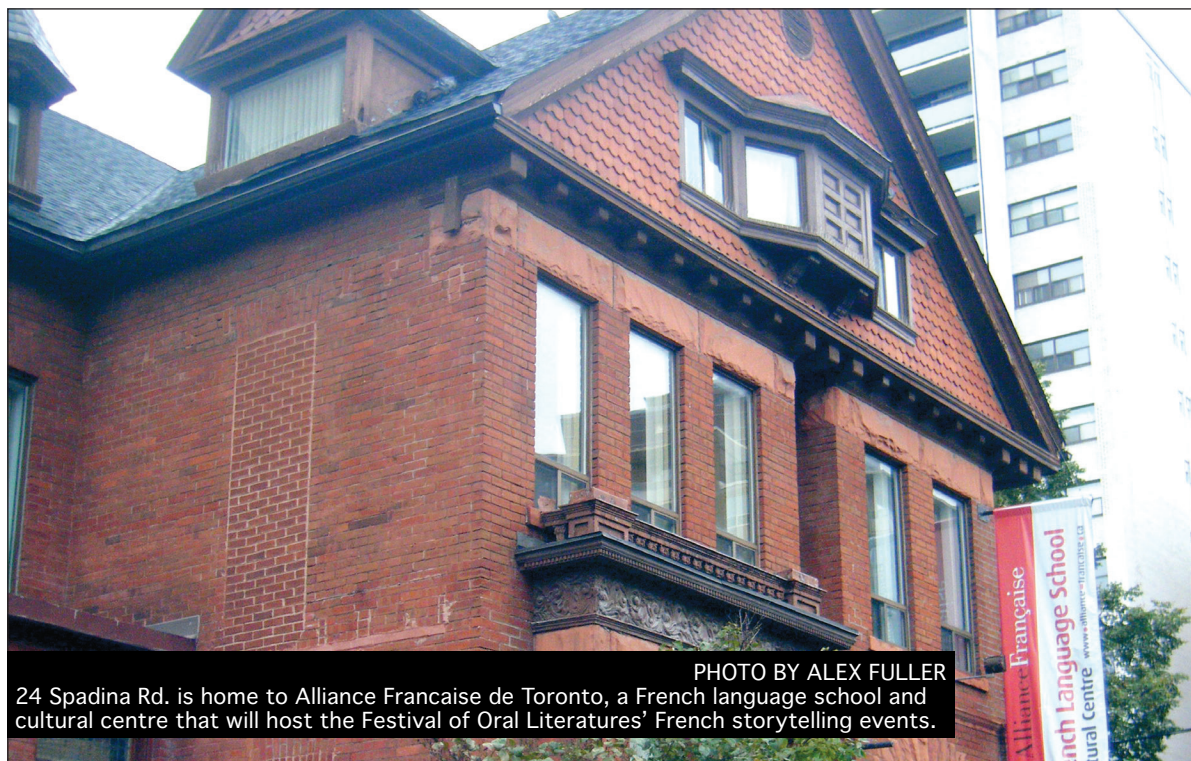


PHOTO BY ALEX FULLER  
24 Spadina Rd. is home to Alliance Française de Toronto, a French language school and cultural centre that will host the Festival of Oral Literatures' French storytelling events.

# Storytelling takes over city

Alex Fuller  
A&E Reporter

The Festival of Oral Literatures will return to Toronto this weekend, continuing an annual tradition of multicultural storytelling in both of Canada's official languages.

"We wanted to do a festival that brought together storytellers from many different art forms," said Dan Yashinsky, co-founder and director of FOOL.

"The one thing they all share is a love of narrative and voice," he said.

FOOL will feature performances by dancers, musicians, and oral storytellers from today to Sunday at several Toronto locations including Mercer Union Gallery, Wychwood Barns and Alliance Française.

Yashinsky said he was especially excited about the First Nations storytellers because the performers are carrying on their native traditions and refuse to let their stories be forgotten.

Diana Belshaw, a professor in Humber's Theatre Performance program, said multilingualism is becoming

ing a part of mainstream culture and added that she doesn't understand why more events are not multilingual.

"I think, in fact, what we all do is tell stories, I think it's something that's incredibly valuable," said Belshaw.

The full schedule of FOOL's events can be viewed online at foolfestival.ca. Admission to festival performances is granted with an unspecified contribution, but a suggested donation is \$10.

A detailed schedule for this year's FOOL festival is available at www.foolfestival.ca.



PHOTO BY DONA BOULOS  
Donna O'Brien-Sokic, professor of film and TV, will oversee student documentary on slam poet Boski.

# Slam poet hits hard

**Dona Boulos**  
A&E Reporter

Slam poetry is gaining popularity in Toronto and controversial poet David "Boski" Boskovic has captured the attention of a group of Humber film and TV production students.

Boski "addresses issues like prostitution and drug use," said Chris North, 21, a second year film and TV production student, and producer of the documentary which looks at slam, poetry performed in a competitive setting.

"Other poets are softer when addressing these topics. They say things like 'poetry is my drug' or something cheesy and lame like that. He's addressing it in a more aggressive and real way," said North.

"My audience are my friends and

if some people don't like me, it's fine," said Boski. "Of course what I say sometimes takes away from my audience, but I don't really care."

Boski said he was living in Los Angeles in 2006 when he was first introduced to slam poetry, which has creative connections with the hip hop culture.

"I never planned to do slam poetry. It kind of just happened by accident. I saw it, I liked it and a few months later my first piece just came to me," said Boski.

As a hip-hop fan, Boski said that he feels there is a musical influence to slam poetry, which is what initially attracted him to the art.

Rachel Richards, 22, a second-year film and TV production student, and director of the doc, said she was the one who pitched the idea for this project.

"In May, I saw David Boski perform and loved it. I thought he was the most different poet I've ever seen. So I messaged him on Facebook and asked him to be the main focus for a doc, and he agreed."

Donna O'Brien-Sokic, professor of film and TV production, said slam poetry is actually called "spoken word performance".

"It's not freestyle; it's very much written poetry that's memorized and preformed, and many times for shock value," said O'Brien-Sokic.

"I've watched Boski on television and it's amazing to watch these people get up in front of thousands of people and perform with just a spoken word and engage the audience in theatre, but also me sitting in my living room. It is an amazing art form," said O'Brien-Sokic.

## Evil Dead musical alive and kicking

Humber student co-stars in a musical based on Sam Raimi's horror cult classic

**Bianca Bykhovsky**  
A&E Reporter

Humber film and television student Mark Nocent is front and centre in the role of Ash in a stage version of the classic horror movie, *Evil Dead The Musical*, at the Grand Theatre in London, Ont.

Although most of his program coordinators told him to focus on classes instead of taking two weeks off to do the musical, Nocent said, he took on the challenge anyway and is traveling from classes at Lakeshore campus to London and back daily until the production is over.

Based on the 1981 Sam Raimi film, the musical opened Oct. 17 and concludes Saturday. Opening night was sold out and there was so much energy and support from the crowd, said Nocent.

"*Evil Dead* is a cult classic. Everyone likes it. It's cheesy, stupid, light-hearted, goofy and fun. I'm a geek so

it's the coolest. John is also quite a salesman, so it was easy to say yes," said Nocent. "For me, it's just having the heart to go on [stage]."

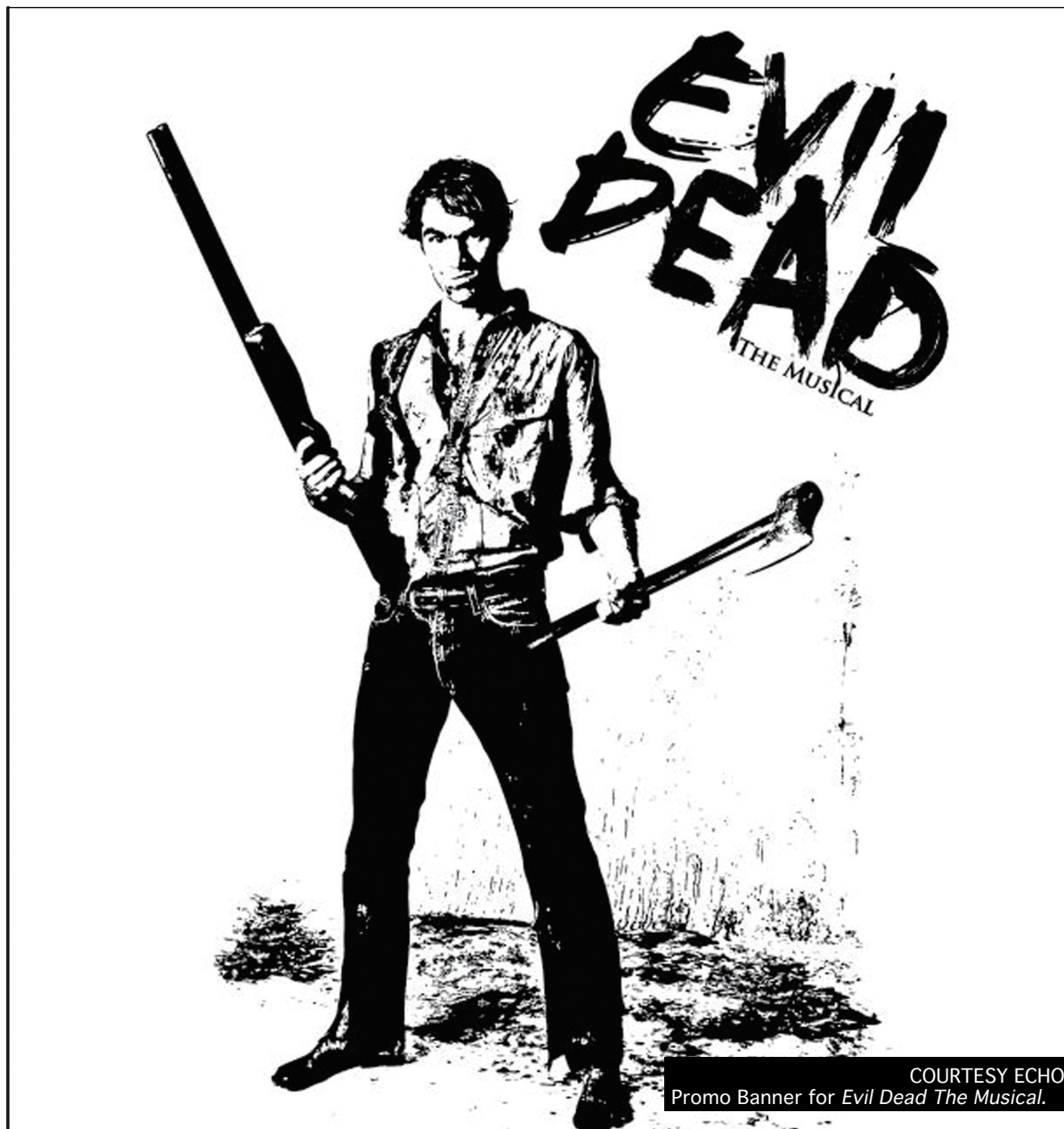
Director John Iglesias initially met Nocent on the set of the play *Terrorism* and saw he had great instincts.

"You tell him where to walk and he hits his mark and does his thing," said Iglesias.

"He has great discipline, and what he brings from the Humber program helps everyone there. He is a natural leader, he just knows and leads everyone," said Iglesias.

Nocent wasn't able to attend half the amount of rehearsals as the rest of the cast did, but his performance didn't reflect that. Said Laura Giberson, fellow cast member of *Evil Dead The Musical*.

"There were no worries with him, and even though I am the lead role, the whole performance is all about his character, Ash, and that in itself says a lot.



COURTESY ECHO  
Promo Banner for *Evil Dead The Musical*.

### AUDIO FILES MUSIC REVIEWS



by Bianca Bykhovsky

**FAST LIFE**  
JOEL JONAS  
OCT. 11/HOLLYWOOD

This CD shows a more urban side to Joe Jonas, the first Jonas brother to branch out of the brother's trio. It's enjoyable generic pop music comparable to Justin Timberlake.

★★★★

**PEOPLE AND THINGS**  
JACKS MANNEQUIN  
OCT. 4/SIRE

Their most diverse record, consisting of many pop piano songs. Catchy tunes with heartfelt lyrics. However, this type of sound and genre seems to be getting old already.

★★

**STRONGER**  
KELLY CLARKSON  
OCT. 24/RCA

This is her best album, and features many catchy tunes. You can hear Clarkson has grown stronger and developed from her previous work. Many of the songs have the potential to be hit singles.

★★★★★



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hrs.humber.ca/diversity

You are welcome here.



# Help protect yourself from contracting the flu this season

**Sarah Rea**  
Health Reporter

Flu season is back, so the Ontario Ministry of Health is advising students to get the flu vaccine.

Signs of having the flu are fever, nausea, diarrhea, fatigue, cold sweats and generalized aches and pains, said Katie Adair, a registered nurse at Oakville Trafalgar Memorial Hospital.

"I can't stress enough how important it is to wash your hands and use hand sanitizer," said Adair. "You should also avoid touching your face, sharing items such as drinks and always sneeze into your sleeve."

Derek Yanke, 22, is a second-year film and television student who chooses not to get the flu vaccine unless he's threatened by, "a large scale

pandemic."

He said he thinks the best way to safeguard against the flu is hygiene, nutrition and a little common sense.

"I avoid the flu by staying physically active, getting plenty of sleep, drinking lots of water, and eating nutritious foods. It's also a good idea to keep your distance from others who are sick."

Jonathan Brougham, an employee of GlaxoSmithKline, a supply and manufacturing company of vaccines said the flu shot keeps you safe.

"Getting the flu vaccine not only protects you, but it can actually help protect the susceptible population – which is babies, pregnant woman and elderly," says Brougham.

"When we avoid the flu shot we put ourselves at unnecessary risks, and at the end of the day, who wants

to get sick?"

Samy Mak, a pharmacist and owner of the MedSpot Pharmacy at North campus, said the peak of flu season is from October until mid December.

"There are two kinds of medication I'm advising. A painkiller and a vitamin and mineral supplement to help the body fight the virus so healing can happen faster. This can be found in Cold FX sold at MedSpot," said Mak.

Mak said an alternative that students can use is a new nasal vaccine called Flu-mist. Users spray once in each nostril and it will immunize against the flu for one year, and is available for only \$5.

For more information contact Humber's Health Clinic to schedule a flu vaccination this November.



PHOTO BY SARAH REA  
Samy Mak, owner of the Humber Pharmacy.

## To THE 9s

**Jessey Macqueen, 21,**  
Third year film and television student

### How did you choose your outfit today?

All my clothes are really vibrant, so I just sort of roll out of bed and put it on. I don't have time to think about it because my program is too time consuming, so it's just spur of the moment.

### Favourite place to shop?

If I have enough money, I like Boat-house and I kinda started liking H&M, but I'm not a big fan just yet. I avoid shopping in the wintertime because it's all dull colours.



By Sarah Rea

# Bilingualism aids brain

**Shylo Adams**  
Life Reporter

A research team at St. Michael's Hospital recently discovered this October that being bilingual helps delay the symptoms of Alzheimer's.

"People who are bilingual typically have a cognitive reserve because having to constantly switch from one language to another helps exercise the brain," said Dr. Tom Schweizer, a neuroscientist who headed the research.

"They also have to suppress one language while speaking in another. This helps develop their cognitive reserve and allows them to better compensate [the Alzheimer's]," said Schweizer.

Schweizer, who is fluent in German and English, said that the Alzheimer's research was done in Toronto because

there is a rich sample of bilingual patients that could participate.

"The next step is to do a large group sample...since the small study produced striking findings."

"Sometimes French words pop into my head when speaking in another language," said Lidia Bala, a French language instructor at Humber.

"I usually make my own way of speaking instead of using cliché terms."

Bala said she was born in a bilingual household and learned Romanian and Hungarian at a young age. At age three she learned French and then English in her teen years.

"We rarely use English in class," said Bala, speaking about her own classroom.

"Students don't find it hard to understand, only when listening to other sources where speech is faster."

Bala said one difficulty people find when learning a new language is when the language is of similar speech to their own tongue.

"When languages are close they are more difficult to learn. For example, Spanish and French," said Bala.

"The most difficult part of learning French was the grammar," said business student Alexa Norona.

Norona began learning French at age five and continued into high school where she received a French immersion certificate.

"When I was first learning French I would always take time to think about what to say before saying it. Now I don't need to think as much," said Norona.

Humber offers French, Spanish, and Chinese Mandarin certificate courses, along with a teaching English as a second language course.



COURTESY DIESMALL  
A study by a St. Michael's Hospital research team shows being bilingual helps deplete the chances of Alzheimer's.

# Breast self-exam still debated

**Kelly Snider**  
Life Reporter

While the Ontario Breast Screening Program panel has decided not to encourage breast self-examination any longer, some survivors of breast cancer disagree with the decision.

Lynne Penberthy is a registered nurse at the CIBC Breast Center at St. Michael's Hospital.

"When the panel looked at the self-breast examination a while back,

they looked at the risks, benefits and if it saves lives, and ranked it neutral," said Penberthy.

She said when the panel re-assessed the self-examination a couple years ago they decided it was harmful.

She said women felt pressured to perform one but didn't always know what they were feeling for and would confuse tissue with a lump, and this often caused a lot of anxiety.

According to Cancer Care Ontar-

io, the OBSP recommends women be "breast aware," which means knowing how your breasts normally look and feel, and knowing what changes to look for.

This past year, the Canadian Cancer Society and Canadian Breast Foundation have discontinued the breast self-examination message, and they now promote practices such as "breast awareness" instead.

Cathy Godin, a 53-year-old from Ottawa, is currently recovering from

breast cancer and said if she hadn't done the breast self-examination, she could have been dead today.

"I had a doctor's appointment six months before [I felt the lump], and my doctor did not say or detect anything," said Godin. "But later when I felt the lump myself it was huge. So if I didn't regularly do the examination, it may have been too late."

A female student in the occupational therapy assistant and physiotherapy assistant program, who

wanted to remain anonymous, said breast cancer runs in her family.

She said she does not understand what the big difference is between the "breast awareness" and breast self-examination.

"I think the self breast examination is a good idea because I do it every month, and I will be able to notice if a lump has developed since I check often," said the student.

## North campus accomodates existing mental health issues

**Tim Blake**  
Life Reporter

Students with mental health issues have a better opportunity to succeed at Humber due to the abundance of help, said Maureen Carnegie, the college's co-ordinator of Disability Services.

"We need to move past this feeling of fear and shame," Carnegie said. "A person with mental illness can be successful if they are given the right accommodations."

"Our primary goal is to attend to the students' academic needs. Hum-

ber does a pretty excellent job of addressing students in crisis."

During 2009-2010, 245 Humber students were diagnosed with mental illnesses such as bipolar disorder and chronic depression, a 41 per cent increase from previous years, said Carnegie.

During 2010-2011 there was a further 22 per cent hike, with approximately 300 students diagnosed, she said.

She said the stigma around mental illness is misplaced.

Carnegie said there are three venues for student support: counselling

and Disability Services in Humber's B-Building, and the Health Centre in A-Building – in case students don't feel comfortable seeking the aid of a counsellor.

Carnegie added that if a student is struggling with schoolwork as a consequence of a mental illness, disability services is able to provide consultations to determine a list of the student's needs, such as fewer classes per semester or extended time on tests.

She said the information is then given to instructors, to try to ensure accommodations for the student's academic success are met.

Counsellor Liz Sokol compared the effect of a broken bone, where people understand the impact and the issue is generally accommodated, to "invisible" mental illness issues.

Sokol said there is no expectation of any kind of impact when problems aren't visible, and people who are suffering blame themselves for not performing well.

"The most important thing to realize, is that if you...feel you need some support, you're not going to be penalized," said Jason Hunter, dean of students.

Hunter said due to the college setting there are a lot of venues for students seeking help with mental illness that may not be available in the general community.



PHOTO BY TIM BLAKE  
Maureen Carnegie and Liz Sokol work in the Counselling and Disability Services office in B-Building at North campus.

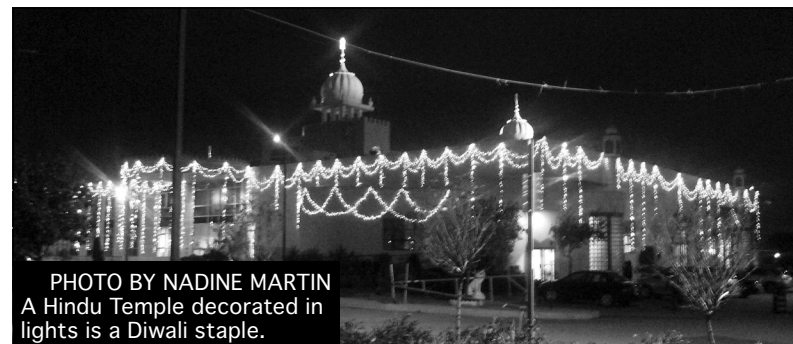


PHOTO BY NADINE MARTIN  
A Hindu Temple decorated in lights is a Diwali staple.

## Diwali's celebration of lights comes to Lakeshore

**Nadine Martin**  
Life Reporter

A festival for Diwali will be held at the Lakeshore campus for the first time on Nov. 10, said president of Desi Beatz Lakeshore club.

"The reason for the change this year is because we feel more events should be held at the Lakeshore campus to appeal to the students, because most of the events are held at the North campus," said Tanya Verma, 18, president of Desi Beatz, whose club is devoted to South Asian music.

Verma said Diwali is a Hindu festival filled with such religious activities as the worshiping of goddesses like Lakshmi, the Goddess of good luck.

"Diwali is an Indian festival, and a huge part of Diwali is a celebration of lights using hand held fire crackers, and sharing colourful, mouthwatering sweets with your family and friends," said Verma.

She said both Hindus and Sikhs take part in the Diwali celebrations.

"Students should expect to hear the sounds of DJ KSR, the most popular DJ in Toronto who specializes in Indian South Asian music and Top 40's," said Verma.

Scheduled for the celebration is a demonstration of henna hand art and prizes for the best-dressed traditional outfits worn by both the men and women.

"Last year's Diwali event was amazing. Over 200 people showed up and the turnout was outstanding," said Karan Bajaj, 25, last year's president of Desi Beatz, North campus.

Reema Giri, 23, a third year business administration student, said, "For Hindus it's about the freedom of people and that's why religious festivities are an important part of our celebration and a lot of us visit the Hindu temple during Diwali."

## Rez's IT director cuts Internet access in half

**Mamta Lulla**  
Life Reporter

The bandwidth per student at residence has been cut down from 10 gigabytes to five per week after IT and residence management made changes in early October.

"We have seen greater demand for the service so we are trying to share it equally and not allow students to monopolize and let other persons be at a disadvantage," said IT director

Ryan Burton.

"We are managing in a way that benefits everyone. There's a finite capacity in Rez. The pipe is only so big, so we're trying to share as fairly as possible," said Burton.

Burton said the change does not affect Humber domain websites so student academics are not impacted and once a student reaches his or her five gigabyte limit, their service slows down.

"The service is reset every Satur-

day night, which means every student gets another five gigs the next week."

Burton said he advises students that what they do impacts others. He said downloads and video games take the most bandwidth and suggests using the Internet in moderation.

"I usually download videos and music and that's what takes the most space," said Shai Cramer-Hussey, 18, first-year creative photography student.

Cramer-Hussey said hopefully their own private Rogers service will be installed in their dorm.

"I think we are paying a lot of money to be here and the fact that we only get five gigabytes per week doesn't help," said first-year broadcast television videography student Kayla Cabral.

Cabral said even though the IT director says it doesn't affect Blackboard and homework, she disagrees.

"It's really hard to download stuff

from Blackboard that teachers put up when you have a limit and Internet is super slow. I have come here from far so it's hard to Skype, too," said Cabral.

Residence management advises to use alternatives such as the wireless internet service available on the first floor.

Eugene Pronin, front desk assistant, said students are aware of the Wi-Fi and managers have promoted it in the October newsletter.

# Feminism loses the young

From the '60s to today, feminism has lost a lot of the traction it had among women, and now many young women are largely indifferent to it.

To be clear, women have accomplished a lot in the past 50 years. The kind of high-profile sexual harassment suits that routinely bring down powerful men in business and politics were unheard of in the '50s.

Women have made huge gains in their private, social, and political lives, and because of this, the feminist movement is starting to become more international in scope.

But the goals of the '60s feminist movement haven't been met yet, and women in Canada still aren't equal to men.

According to an Aug. 31, 2011 survey compiled by the Inter-Parliamentary Union (a group that monitors women in politics internationally) Canada is tied with Australia at number 38 for the number of women in politics.

The survey said women in Canada make up only 35 per cent of the Senate, and 25 per cent of the House of Commons.

A paper published by the Canadian Parliament said women working full-time for the entire year only earn 71.4 per cent of what men do.

According to The Center for American Women and Politics at Rutgers University, 2010 was the first time women have not made gains in U.S. Congress since 1979.

And in a 2009 poll by Catalyst Cen-

sus, women only hold 10 per cent of the seats on the boards of all Canadian public companies. A 2011 report by SHARE, a shareholder association for research and education, found almost half of the boards of directors for S&P/THX had no women at all.

## The '60s

It's becoming clear that although women have made significant gains since the '50s, the momentum of the feminist movement is slowing down.

Following the efforts of suffragettes to win women the vote decades earlier, the '60s brought with it the second wave of feminism.

With the '60s came the pill, which was a catalyst for the sexual revolution and sexual empowerment.

But there was a revelation that came about after a decade or so of sexual liberation – women realized that while having control over their reproductive choices gave them new freedom in their careers and social lives, assuming the sexual behaviour of men was not the same as empowering themselves.

Then came the '80s and '90s, which brought in the third wave of feminism, and post-feminism.

Third-wave feminism broadened the definitions set by the second wave, but it was also a reaction against the strict views of second-wave feminists.

Second-wave feminism often assumed all women had the same values, identity, and problems, and the

third wave sought to add nuance to that argument.

It recognized, for example, that some women wanted the opportunity to be home to raise their children.

So issues became clouded, and feminist schools of thought diverged and fell to in-fighting.

What the new generation was exposed to was still feminism, but a feminism that seemed to encourage rejecting the notions of previous feminists, instead of building on them – it was a teenage rebellion within the feminist movement.

Today's post-feminism isn't much like the feminism that came before it. It's a generation removed from the feminism of the '60s, and young women today are either indifferent to the movement or they only know enough about it to know they don't want to be second-wave or even third-wave feminists.

It's a reaction to feminism, instead of a continuation of it.

## A Dirty Word

Worse, there's a feeling with a lot of women now that "feminism" is a dirty word – it's become associated with the bra-burning hard line feminists of the '60s, when in actuality second-wave feminists are just women who wanted to have the same rights and be treated with the same respect as men.

In the '60s women marched for affirmative action rights, equality of education, and a change in social attitudes towards women.

Today, women march in Slut Walks for the right to wear what they want and to not be judged, and to not be seen as responsible for sexual assaults because of what they wear.

At best, it's a shallow issue – it's a protest about fashion, and it's easy to see why the second wave of feminists are frustrated by the current generation.

In 1992, legislation amended the Criminal Code of Canada to establish a rape shield law – a law that set out strict guidelines for when and how a person's sexual history could be revealed at a trial.

This change to the Criminal Code was similar to the rape shield statutes that were adopted by American courts in the '70s and '80s.

A report by the California West-

ern School of Law cites Wendy Murphy, a former sex-crimes prosecutor who now teaches at the New England School of Law. She said in an interview about the Kobe Bryant rape case:

"The ... case has exploited every myth about women (except the 'virgin' myth). That women are mentally ill, and vindictive, and lie for sport. That false allegations are common, and women like men to force themselves on them because they're not allowed to be sexually aggressive. Those kinds of suggestions, and their implication that certain women are more likely to be lying, or that they 'had it coming to them,' are the kinds of implications the rape shield laws addressed."

It's difficult for women who remember this to accept the reclamation of the word "slut," and it's frustrating for them because there are still plenty of areas where women have yet to make sufficient headway.

## No Direction

There have been significant gains made for women over the past few decades, but employment is still not equitable.

On top of that, conditions for women living in second- and third-world countries are often terrible. Women in many countries are still treated as second-class citizens.

It would be difficult for any woman coming from one of those countries to be sympathetic to the causes post-feminists have chosen to endorse.

And indeed, it's even difficult for the young women of today to sign up for contemporary feminism.

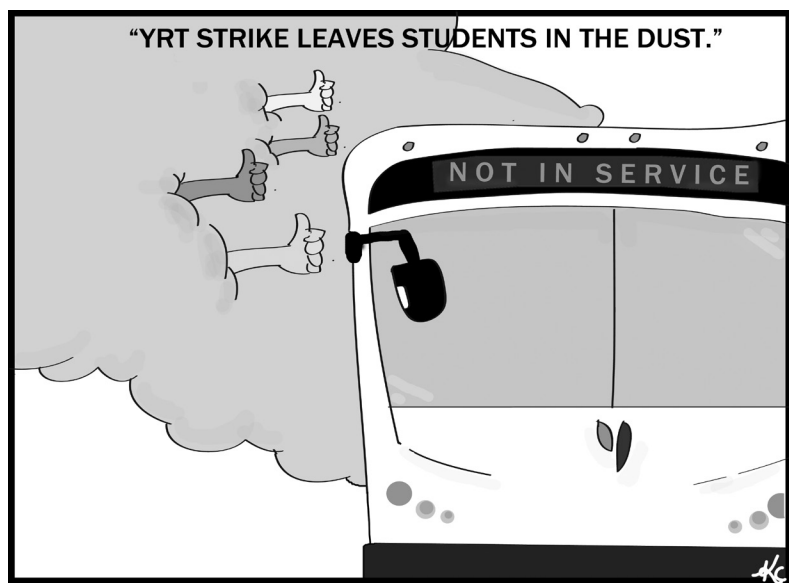
There isn't as clear a direction as there was in the '60s, and there seems to be an attitude among young women that someone else will do the rest of the work for them.

Worse than that, there's a feeling among young people today (both men and women) that the battle has already been won -- but clearly that's not the case.

So yes, feminism has come a long way. And yes, the two genders are closer to being equal in first-world countries than they ever have been before.

But there is still inequality between the sexes in both western society and in the world. And too many young women today aren't motivated to do anything about it.

## Editorial Cartoon



## QUOTED

### WHAT IS YOUR MOST MEMORABLE CHILDHOOD HALLOWEEN COSTUME?



"There's this photo of me in a giant pumpkin costume and I'm all fluffed up with a pumpkin hat on. That one was really cute."

Alex Eapen, 19  
Second-year Fashion Arts



"I always dressed up as a superhero, but mainly as Batman."

Francesco Pitaro, 18  
First-year Computer Support Tech.



"I was a Powerpuff Girl three years in a row. I absolutely loved it."

Kathleen Cabrael, 18  
First-year ECE

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## New needle hopes to replace flu fear



Victoria Nash

the process of getting the flu shot is dreadful and feared; the needle appears to be 10 times bigger than it is and the pain is incredible because they're so nervous.

Even those with piercings and tattoos fear getting this mile-long needle shoved into their skin.

Now, however, there is hope for a change. A new kind of needle called the Intanza is 10 times smaller than the original, and is injected intradermally, through the skin, as opposed to intramuscularly.

The needle only pierces the skin, and since it's so small, you can't even feel it. The syringe was designed to be faster and more effective, and it takes less time to administer.

People of all ages can receive the shot because the immune system is directly targeted through the dermal skin layer where humans have the most immune cells.

It was developed in Europe, and just this month was brought to Quebec at a flu convention where the injections were handed out freely.

It was such a hit that it made its way to Toronto, where another flu convention was hosted and the shots were administered for free.

Being a person who never gets their flu shot, this is something I may consider.

Every year I have gotten the flu because I have refused to be a victim of the bloodcurdling needle, but because of this brilliant idea of a smaller, faster and more effective needle my worries this year have subsided.

Hopefully, others like me who are afraid of this process will be willing to receive the injection, which will ultimately decrease the risk of contracting the flu for the entire population.

You sit back on the chair, and try to calm your thoughts.

The nurse comes in, swabs a spot on your arm (generally the non-dominant arm), and as you take a deep breath you feel the needle jam into your muscle as the nurse pushes down the syringe, depositing a virus directly into your blood stream to protect you from the flu.

The nurse pulls the needle out, wipes the hole, places a cotton ball on your arm and tapes it.

Sometimes they even give you a sucker to try and make you smile, although you're an adult who has done this year after year.

As you leave the doctor's office, you feel like a baseball has been deposited underneath your skin and your arm hurts the rest of the day.

This is the "protection" against the flu, injecting a virus intramuscularly inside of your body, and half of the time you still get sick that season anyway.

I've always resented getting the shot because of how painful it felt, and no matter how nice the nurse was I always looked at her like a sumo wrestler getting ready to rip my arm right off my torso.

I'm not alone. For some people,

## No honour in killing

It is shocking that some Canadian women from immigrant families face the same perils as their counterparts overseas



Shumu Haque

Sixteen-year-old Aqsa Parvez, 19-year-old Zainab Shafia, 17-year-old Sahar Shafia and 13-year-old Geeti Shafia had many things in common. They all were bright young women. They came from conservative Muslim immigrant families. They had long and beautiful lives ahead of them.

What brought these young women closer than anything is that their lives were cut short in the name of family honour.

Honour killing is a common practice around the world, especially in the Muslim countries (although it is not unseen among other religious communities).

It is the practice where the families hold their daughters and wives responsible for defiling the families' honour and punishes them by killing them.

What is really shocking is that all the young women mentioned above were killed here in Canada.

They were all torn between the oppressive rules that dictated their lives and their desire to be free in Canada,

this land of possibilities that their families had emigrated to in order to ensure a better future.

As it turns out, that picture of a bright future did not include the women in the family.

When I read about the news of the death of Parvez (who was strangled to death by her brother for refusing to wear hijab) for the first time, I thought back to the day years earlier when I was holding the hands of my very dear 20-year-old cousin Mithila, who was describing to me in tears for the very first time the continual abuse she suffered at the hands of her father.

Not only was she physically and emotionally abused for years during the family's stay in Saudi Arabia, but she was forcefully taken to Bangladesh to marry a young man who turned out to be just as (if not more) brutish and conservative as her father.

Mithila was a very bright and beautiful woman; she was a brilliant student who was studying at a private university in Bangladesh when she was facing the decision either to surrender to a life of abuse and domestic slavery, or to run away, risking the wrath of a mentally unstable and powerful father (allegedly with connections to the local mafias) who would not hesitate to kill her if she did not obey him.

Mithila decided to live – she ran away. She left her whole life behind her. Today I have no idea where she is or how she is. All I know is that she is alive.

That was in Bangladesh in 2001. This is 2011 in Canada, and yet many Canadian women face fates not much different than my cousin.

My 25-year-old Iraqi friend Zara (her name has been changed to protect her identity) lives in a small university town in Canada.

She is still terrified to marry the love of her life because her brother who lives across the border in the U.S. has threatened to kill both her and her boyfriend if they wed.

Not only has her brother threatened them, he even made sure to show how far he can go when he almost beat the boyfriend to death.

Their crime, in spite of them both belonging to devout Iraqi Christian families, is they come from different villages and no matter how successful the suitor is, he was not chosen by Zara's brother.

I used to tell Zara to be strong, to stand up against the physical and emotional abuse of her brother, because this is Canada and there are ways to get help.

But she was too terrified to do so, and after reading about Aqsa Parvez and the Shafia family murder, I realise why she was so terrified.

As the nation waits for the Shafia family murder trial to end and the alleged killers – the girls' parents and their brother – to be brought to justice, the question remains, are the young women in such families really safe?

What good can all the social services and other support systems do after these women have already been killed so brazenly in the name of family honour?

How many have to die before we think it is time for us to do something?

## What tolerance can't stand



Ruth VanDyken

There are some things tolerant Canadians simply cannot stand.

As I've discovered this through life on an intensely personal level, it's brought a lot of laughs and a few tears.

Let me give an example. Our class was discussing right-wing media bias just last year. To show this is a two-

way street, I began giving an example of a time when I had personally encountered left-wing bias. But we hardly got beyond the first sentence when I inadvertently dropped a political bombshell: I said I had been at a traditional marriage rally shortly before the legalization of gay marriage.

And that was it.

That was all it took to discard my story. Suddenly I was a homophobe, a "gay hater."

This is the box-and-toss method: if you can put someone in a philosophical box – call them fanatically religious, paranoid, delusional, anything will do – you can discard what they're actually saying.

It's an easy way to put the lid on those awkward ideas.

Sometimes I find myself in the middle of animated discussions on whether, for goodness' sake, these fanatics should even have a vote.

I can laugh, I can shut up, but the fact remains: although as a committed Christian I believe in compassion, justice and a love that puts the interests of others above personal interests, I hold some decidedly unpopular beliefs.

While I'd rather not be dismissed as a fundy (fundamentalist) who's "probably run an IQ deficit since birth," it may hurt those doing the dismissing even more. Maybe it's the unpopular, inconvenient things we need to hear the most – after all, there may be a grain of truth in them.

In these past few decades, society has moved towards equating truth with what's politically correct. We have exchanged the question, "is it right?" for "does it offend people?" For instance, discussions about extramarital sex have turned away from the morality of the issue because that's offensive. Instead, we talk about how

to keep sex safe.

But if truth is unchanging and what's politically correct drifts on the winds of popular opinion, how can the two be the same?

When we shut our ears to everything that offends our sensitivities, we risk shutting out truthful critiques of our beliefs.

A quick glance at history shows how dangerous and ridiculous it is to silence the skeptics while cheering on the cheerleaders. An extreme example would be the French Revolution, where a wave of fanaticism silenced opposition and eventually devoured the movement's own philosophical fathers.

I sometimes wonder how we would respond if Jesus walked into Humber College.

His positions would be tremendously unpopular on campus; He believed sex was for marriage and

He was a creationist and "sexist" by today's definitions. He also had this awkward way of speaking the truth, even when it hurt. But above all, He unapologetically claimed to be the Way, the Truth and the Light. Would we, like the people of His day, reject Him as narrow-minded and bigoted?

Yet He offers –and requires– something that goes far deeper than tolerance.

He poured out love –a love which, I believe, bridges irreconcilable differences, heals torn souls and brings peace to tortured relationships. It's an outrageous and self-sacrificing love, one that's willing to plunge into filth and darkness to bring healing to hurt souls.

That's love, not tolerance. Can we reach for that?

# Gay rights should be human rights



**Kaitlyn Campanella**

Last Thursday, some may have been wondering why so many people were wearing purple.

I was wondering why there weren't more.

On Oct. 20, for the second year, individuals and groups celebrated Spirit Day by wearing and encouraging others to wear purple in honour of the lives of youth who have been lost to bullying in the Lesbian, Gay, Bisexual and Transgender community.

Spirit Day, along with other LGBT-positive campaigns including FCKH8 and It Gets Better, act as stepping stones to the solution of the real issue – equality.

We live in a growing society that I hope will be truly equal one day.

Tolerance is a skill, while acceptance is a virtue, but like all things, change takes time to set in and toleration is a start.

In the past few years, reports on bullying of gay people have been on the rise in the media, but the issue has been around for much longer.

These issues are finding their way to the surface not because they are happening more, but because society is becoming more open-minded and aware of them.

Jamie Hubley, a fifteen-year-old Ottawa teen, took his own life just days after he published a blog post that read, "I wish I could be happy, I try, I try, I try...I just want to feel special to someone."

Hubley was not alone in his struggle.

Hubley's devastating story came after many recent and equally upsetting gay bullying cases, and media outlets and civilians alike seem to be taking a stand against this heartless crime.

It's a shame that youth across the world have to die for people to start talking about the acceptance and diversity of sexuality.

No one should assume any other person is straight or gay, just as no one should assume any other person is a catholic or an atheist.

We're subject to enough stigmas before we're even old enough to know the meaning of the word.

We're labeled with an assortment of attributes from birth; pink or blue; black, white, brown; blonde, brunette - the list goes on and on.

What also seems to be too often assumed at birth is that we are born to love the opposite sex.

Many think that cultures that enforce arranged marriages are wrong, but is that not the case, to a certain extent, regarding the assumption of sexual preference?

An arranged marriage is an elopement in which parents choose who their son or daughter will marry.

In societies opposed to such arranged weddings, many parents still subconsciously participate in the same practice by simply assuming.

Parents may not decide specifically who their newborn baby daughter will marry, however, it is often assumed that their little girl will grow up, find her prince charming, marry him and have his children.

The process of coming out of the closet itself is further proof that this stigma exists.

Coming out of the closet is a term used to describe the process of admitting one's true sexual orientation or identity.

Having to come out of the closet,

for a youth especially is a traumatizing thought.

In an alternate universe, are there kids and teens taking their lives because they are scared to come out to their gay parents as straight?

What is straight anyway?

Straight is defined as something that is not curved or bent.

Using the term "straight" to identify people implies that everything straight is perfect and unflawed and suggests everyone who does not fall under the term is imperfect and flawed.

The only way to stop this discrimination is to start accepting people as they are, instead of segregating them.

We need to abolish the separation of rights.

Get rid of gay rights and straight rights and practice human rights.

Next time you think about outing someone, asking them if they're gay or assuming that they're not, just don't.

## No age limit for trick or treating if you go the distance



**Rebecca Sadler**

It's that time of year again when zombies, witches, and everything dark and scary walk among us.

It's the one occasion where you get to dress up as anything you want, even a fluffy unicorn, and not be judged.

You get the chance to go door to door howling out greetings to the unsuspecting human on the other side.

If you haven't guessed what spooktacular night I'm referring to, it's Halloween.

Even with all the fun and entertainment you get on Oct. 31, however, there is one question that draws mixed responses: how old is too old for trick or treating?

Yet this event brings out people from newborn babies to people 30 year olds or older.

So a rephrasing of the question could be, "Is there an age limit or a point in time when it just clicks, 'hey I'm too old for this stuff?'"

I myself still go trick or treating. I'm 21, I act the part. And as an added bonus, I can still pass for a 14-year-old, too.

So don't get me wrong – I'm not saying, "hey, you're 15 get a life."

If you feel that you can still go trick or treating then go for it. All I'm saying is if you're going to trick or treating, you better work for it.

For example, two years ago I stayed in to hand out candy.

Near the end of the night I had a group of 20-plus year olds stop at my door.

Instead of being in costume, they were dressed in black. Instead of saying Trick or Treat, they said Merry Christmas. Seriously, if you want free candy act the part.

It's Halloween and it's supposed to be fun, but there are rules. If you're older than a pre-teen, then you have to make a greater effort than everyone else.

For me, if you're 30, dressing up and going the distance, all power to you, you get that candy.

But if you and your buddies have a light bulb go off on Halloween and realize you can get free candy so you grab an old pillow case and head out with no costume – please do us all a favour and stay home.

The trick or treating aspect of Halloween, is meant for the young and those who are willing to go the distance.

If you feel left out of the Halloween experience because you are too old, guess what – there are other events that you can participate in that are exclusive for adults, such as Screammers, Halloween Haunt, and of course the beloved, Halloween parties, which usually include lots and lots of candy.

## Sexy, shocking and boring



**Marlee Greig**

This Halloween, remember to differentiate between what's supposed to be funny and what's offensive.

People get uptight about the nature of adult costumes on the grounds that they promote sexism, racism and generally undesirable values.

The appeal of most adult costumes is sex and shock - too bad 90 per cent of the costumes you will see are neither.

I'm fine with the Sexy [Insert Noun] and creative phallic symbol costumes. Once you're too old to masquerade around thieving candy rightfully deserved by children, Halloween becomes mostly about binge drinking and trying to make your walk of shame less shameful.

A club dress paired with animal ears and a tail is not a costume. Playboy Bunny, maybe, but not sexy skunk.

Sexy unicorn? According to legend, only a virgin can tame a unicorn. Somehow a tight white strapless dress paired with a phallic symbol headband is more comical than sexy.

Men's costumes are no better. Giant foam phalluses are not going to get women to jump you. You'll just look like an idiot and overcompensating jokes will ensue.

Even the costumes that are sup-

posed to be offensive are failures.

A Halloween of watching people regurgitate the same tired jokes for the same forced laughs goes from boundary pushing to boring.

Costumes that put women in revealing dresses designed to resemble inanimate objects, like a remote or a guitar, heavily implying that objects that can be controlled by men, don't manage to shock anymore.

Don't forget how this "holiday" allows entirely uncreative people to let a cultural identity shine, even if it's not theirs. You can don the Chinese take-out costume (categorized as a 'Geisha' costume). It comes with a fortune cookie headband, and take-out box-shaped dress with the words "Take Me Out" on it.

And sometimes boundary-pushing touches nerves.

Consider the "Anna Rexia" cos-

tume – a low-cut spandex dress screened with a glitter skeleton with a tape measure tied around the waist. It's only funny until you acknowledge that anorexia nervosa has one of the highest mortality rates of any mental illness.

Or there's the straightjacket-style 'mental illness' costume, which instead of being sexy seems to invite danger, screaming, "my hands are already tied!"

By the way, the American Psychiatric Association doesn't classify hypersexuality/sex addiction as a mental illness – the costume is stupid as well as disturbing.

Unless an outfit really strikes a nerve with you, don't bother getting offended. Ethnic stereotypes and sexy creatures are staples of the today's Halloween.

What would you do if someone walked into a party this Halloween in a "sexy" cancer patient outfit? Would you laugh or would you be offended?

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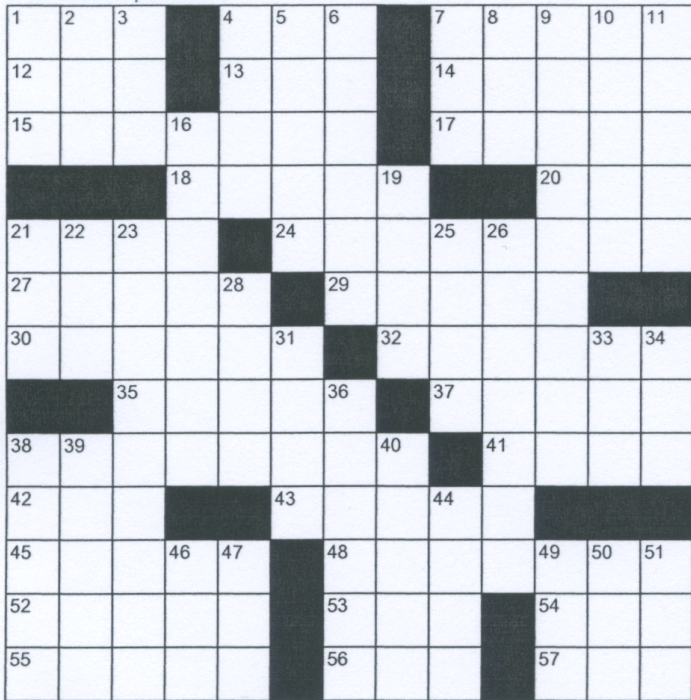
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**DOWN**

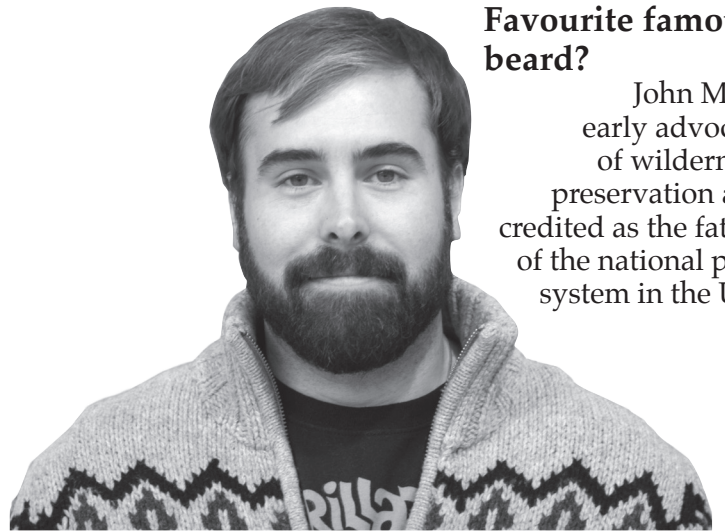
1. WNW's opposite
2. Subsidize
3. Slugger's stat
4. Stop!
5. Heart artery
6. Sahara, e.g.
7. As well
8. Watering hole
9. Turn into gas
10. Made docile
11. List of candidates
16. Gave medical aid to
19. Disappointing grades
21. Achieved
22. Employ
23. Spotted dog
25. Poker word
26. Advise
28. Automobiles
31. Perches
33. Tyrannosaurus \_\_\_\_
34. Attempt
36. Verb forms
38. Bird's perch
39. Pound part
40. Juliet's love
44. Pull apart
46. Natural mineral
47. Butterfly catcher
49. Small amount
50. Before, to Browning
51. Real estate abbr.

**ACROSS**

1. Corn spike
4. Clump
7. Helps a crook
12. Bro or sis
13. Weeding implement
14. Nautical
15. Magazine officials
17. Serious play
18. Appraised
20. Family animal
21. Guy
24. Phone number prefix (2 wds.)
27. Singer \_\_\_\_ Hayes
29. Choir member
30. River mouths
32. Mouse \_\_\_\_ Little
35. Worth
37. Join in
38. Type of car
41. Alluring
42. Not home
43. Sleep noise
45. Scallion
48. Ore refinery
52. Startle
53. Yet, poetically
54. Upper limb
55. Doctrine
56. Turf
57. \_\_\_\_ Plains

# BEARD OF THE WEEK

Favourite famous beard?



John Muir, early advocate of wilderness preservation and credited as the father of the national park system in the U.S.

**GRAEME MCKENZIE, 26**  
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	9				7	3		
	3				1			4
9				8	6			1
8					4			3
2			7					6
7			3				8	
		9	5				3	
3		2		4		5		

#4061

www.sudoku.name

FILL IN THE GRID SO THAT EVERY ROW, EVERY COLUMN AND EVERY 3X3 SQUARE CONTAINS THE NUMBERS 1-9.

# HORRORSCOPES



**AQUARIUS**  
JAN. 21 - FEB.18

This week you'll be tied to a rock and thrown off a bridge. The good news is, you'll float!



**PISCES**  
FEB.19- MAR.20

There will be one day this week where people won't wonder why you smell like rotting flesh. Enjoy it.



**ARIES**  
MAR.21-APR.20

Show some restraint as you shuffle along this week with the horde. Ask yourself: are these really the brains you should be eating?



**TAURUS**  
APR. 21- MAY 21

Don't believe the pitchfork-wielding townspeople. You're beautiful even if you are pieced together from parts of desecrated graves.



**GEMINI**  
MAY 22-JUNE 21

This week your paranoia will be justified - you'll tie a rock to a Aquarius and huck her off a bridge, and she'll float.



**CANCER**  
JUNE 22- JULY.23

It's time to let go of all your hurt - leave the house and move on. We're sick of Paranormal Activity.



**LEO**  
JUL. 24-AUG.23

I love the feeling of your mustache - even if your head isn't attached to your body.



**VIRGO**  
AUG.24 -SEPT. 22

Your girlfriend leaves you for some 400 year old twit. But your hip cape and Transylvanian swagger will win her back when she hits her twenties.



**LIBRA**  
SEPT. 23- OCT.23

Simply wearing lingerie and putting on cat ears and whiskers does not a costume make.



**SCORPIO**  
OCT. 24-NOV.22

The woman two doors down is giving out apples this Halloween. Viciously pelt her with eggs.



**SAGITTARIUS**  
NOV. 23-DEC.21

Just because you're a werewolf, it doesn't make the excessive shedding okay.



**CAPRICORN**  
DEC. 22 - JAN.20

Just because he doesn't have a pulse, doesn't mean you shouldn't consider it.

# Humber golf nabs fifth consecutive CCAA title



COURTESY MIKE BERNARD  
Adrian Cord, 24, putts his way to a gold medal at the CCAA championships, in P.E.I. last week.

**Tim Milne**  
Sports Reporter

The Humber men's golf team won their fifth consecutive Canadian Colleges Athletic Association national championship last week, taking the top two spots in the process.

"It was nice to get the team win and the individual win as well," said Adrian Cord, 24, a final-year financial services student at Guelph-Humber.

Cord shot a two-round total of 140, four under par, to capture the men's individual gold.

"I'm happy for Cord," said Ray Chateau, the team's head coach. "It's

his first win in a long while, and it's the CCAA's - and he beat Hoff [Mark Hoffman]."

Hoffman, 24, in his fifth and final year of pro golf management, won a second straight CCAA silver medal following a two-round total of 142, two under par.

"They both get to finish up as National Champions," Chateau said of Cord and Hoffman, who likely played their last tournament for Humber.

With Cord and Hoffman moving on - almost certainly to the pro ranks - the burden of success falls to Alex Dumais, Conor Hache, and Ben Bell, said Chateau.

Hoffman and Cord are, "incredible players," said Hache, 18. "It's wonderful to have had my first two years under them. Hopefully I can step up next year and continue the legacy."

Hache, a second-year pro golf management student, finished 14th at nationals, fourth amongst Humber golfers.

Along with Dumais and Bell, Hache helped secure the Hawks 22-shot victory in the team competition and Chateau said he's confident they'll all perform well next season.

"I fully expect those guys to fill the void," said Chateau. "It's the natural progression of the team."

## Guelph prevails over Hawks in university-college match

**Keaton Robbins**  
Sports Reporter

The Guelph Gryphons came to Humber College and won a pre-season basketball victory against the Hawks by a score of 94-84 on Oct. 20.

"When you allow teams, whether it's mid-range or threes, to shoot 63 per cent, it's pretty tough to beat anybody," said Shawn Collins, Humber's head coach. "Defensively we allowed them to put 60 points up in the second half."

Collins said the team hasn't worked much on team defense in practice, with most of their focus going towards offensive sets - something that's sure to change after the loss against the Gryphons.

Andrew Skiperis, 27, a first-year fitness and health student, played for the Gryphons in 2004 before joining the Hawk's this year.

"Guelph always has good shooters," he said. "They hit a lot of wide open shots on us tonight."

"We knew we were going to have to get in their grill to stop the shots." Skiperis said the only positive thing is that it's an exhibition game and the team can swallow the loss and learn from it - like learning how to adjust to the referees and keep their composure.

"When we're starting to make a run, we can't be getting technicals from the bench," he said.

Adrian Tomlinson, 21, a Humber

point guard studying sports management, received a technical foul in the fourth quarter for mouthing off to the refs.

Now is the time for the team to come together, said fifth-year forward Chris Thompson, adding players have to trust each other.

"Some guys were trying to take [the game] for themselves, and that's a trust issue right there," said Thompson, 25, a second-year fitness and health promotions student. "Guelph hit their threes, and next thing you know they're up 10, up 15, and we were struggling to come back."

"We know we have the talent to win, but our defence wasn't on par."

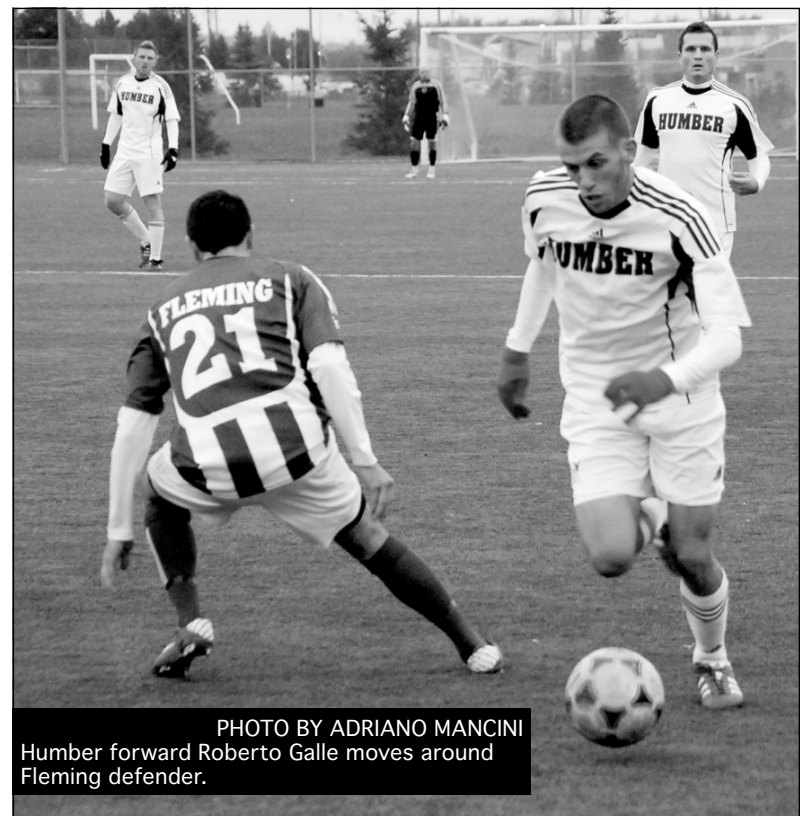


PHOTO BY ADRIANO MANCINI  
Humber forward Roberto Galle moves around Fleming defender.

## Mohammad scores a pair in Hawks win

**Adriano Mancini**  
Sports Reporter

The Humber Hawks men's soccer team advanced to the Ontario Colleges Athletic Association semi-finals after defeating Fleming College 5-1 on Oct. 22.

The Hawks entered the match without head coach Germain Sanchez and midfielder Nick Cisternino who were serving suspensions for improper conduct towards a referee in their last game against Niagara College.

Sanchez was ejected for yelling and Cisternino for kicking dirt toward the referees.

"I was very pleased with the way the guys came out," said assistant coach Jason Mesa, who took over as head coach for the game. "We started off very strong, probably one of the best starts to a game we've had all year."

The Hawks opened the scoring early with a strike by Yousuf Mohammad,

25, a third-year business administration student. Teammates Matthew Rios and Endri Begaj then added goals to extend Humber's lead before Fleming striker Ryan Quinn scored to make it 3-1 late in the first half.

Fleming's chances of a comeback were quashed when Mark Van Beek, their striker, was given a red card for improper conduct towards the referee.

With Fleming down a player, Mohammad netted his second goal of the game to make it 4-1 for Humber before Carlos Rojas added a late goal for a convincing 5-1 win.

"Humber is a quality team," said Tony Bombino, Fleming's head coach. "It's going to take a great team to beat them as far as I'm concerned."

Mohammad's two goals gave him the team lead with seven on the season.

"We kept the ball down, moved it around, switched it from side to side and that helped us a lot because we got the team out of their positions," said Mohammad.



PHOTO BY KEATON ROBBINS  
Humber tries to stop a Guelph scoring attempt. The Hawks lost the exhibition game 94-84 on Oct. 20.



PHOTO BY CHANELLE SEGUIN  
Carole Murphy, Joanne Noble, and James Sturino planned the Etobicoke Sports Hall of Fame dinner held in Etobicoke yesterday.

## Etobicoke Sports Hall of Fame inducts six members

Chanelle Seguin  
Sports Reporter

For the first time in 18 years, a Canadian basketball player has been inducted into the Etobicoke Sports Hall of Fame.

Jim Sturino, chairman of the board of governors, said the committee chose Warren Reynolds, a member of the 1960 and 1964 Canadian Olympic basketball team, because he was a Canadian basketball pioneer.

"Even though his credentials are not as outstanding as the other in-

ductees, he was a pioneer for the sport," said Sturino, adding the hall also recognizes notable members of the Etobicoke community who are involved in all aspects of sports.

The hall's categories include athletes, builders and media personnel.

John Fulton, chairman of the selection committee, said he goes through the resumes and makes the best selection of six that he can.

The 2011 inductees include Scott Mellanby, Ron MacNeil, Ralph Mellanby, Keith Pelley and Laura Konantz.

Konantz, a Canadian Marathon Champion runner, said she's thrilled to be inducted.

"I was nominated 11 years ago," said Konantz. "I really didn't think they were going to call after 10 years."

The hall also funds scholarships to local college and high school athletes, distributing approximately \$11,500 each year. This year it has added a scholarship for one male and one female Special Olympic athlete.

"We want to give back to the community," said Carole Murphy, the hall's executive director.



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## Ex-Hawk Kemboi brings experience to volleyball staff

Dion Caputi  
Sports Reporter

Paul Kemboi, 31, is stepping into a new role as an assistant coach of the Hawks men's volleyball team after two consecutive Ontario Colleges Athletic Association championships as a captain from 2010-2011.

Born and raised in Kenya, Kemboi grew up playing volleyball. He took his talents all the way to the Kenyan junior national team from 1998-1999, when he captained them to a memorable second place finish.

He moved to Canada in 2002, when he first began studies in Humber's fitness and health program before joining the volleyball team in 2004.

He then took a few years off to mull over what career and program he wanted to pursue and returned to Humber in 2007.

Kemboi, who graduated from Humber in 2010, after studying heating, ventilation, and air conditioning, said he'd always given coaching some thought.

"I kept talking to Doug Fox, the athletic director," he said. "You can't always take and not give. I've taken so much and I'd like to give back."

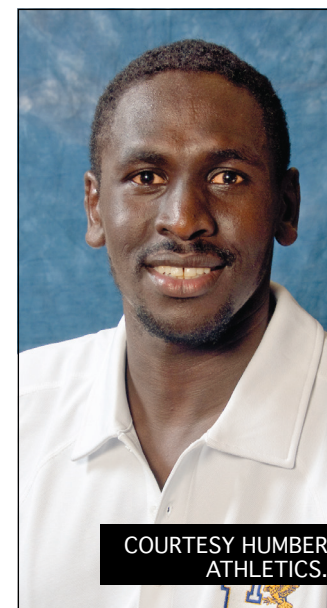
Wayne Wilkins, the head coach of the Hawks men's volleyball team, wanted to get Kemboi on his coaching staff.

"We spoke with him, and felt he was the right candidate for a coaching position," he said.

With years of experience in the game, his teammates appreciate what he brings to the court.

"Paul is not only a great friend, but he's an excellent leader as well as mentor," said Andre Brown, 21, an OCAA champion all-star middle for Humber.

Kemboi said he's determined to win a CCAA national championship, an achievement that eluded him during his Humber career and one the team has yet to accomplish.



COURTESY HUMBER ATHLETICS.

## STANDINGS

## MEN'S RUGBY

1. Seneca Sting 25 Pts.
2. Humber Hawks 20 Pts.
3. Trent Excalibur 14 Pts.
4. Mohawk Mountaineers 10 Pts.
5. Fleming Knights 5 Pts.

## WOMEN'S RUGBY

1. Humber Hawks 25 Pts.
2. Seneca Sting 16 Pts.
3. Conestoga Condors 11 Pts.
4. Mohawk Mountaineers 0 Pts.

## MEN'S SOCCER

## OCAA SEMI-FINALS

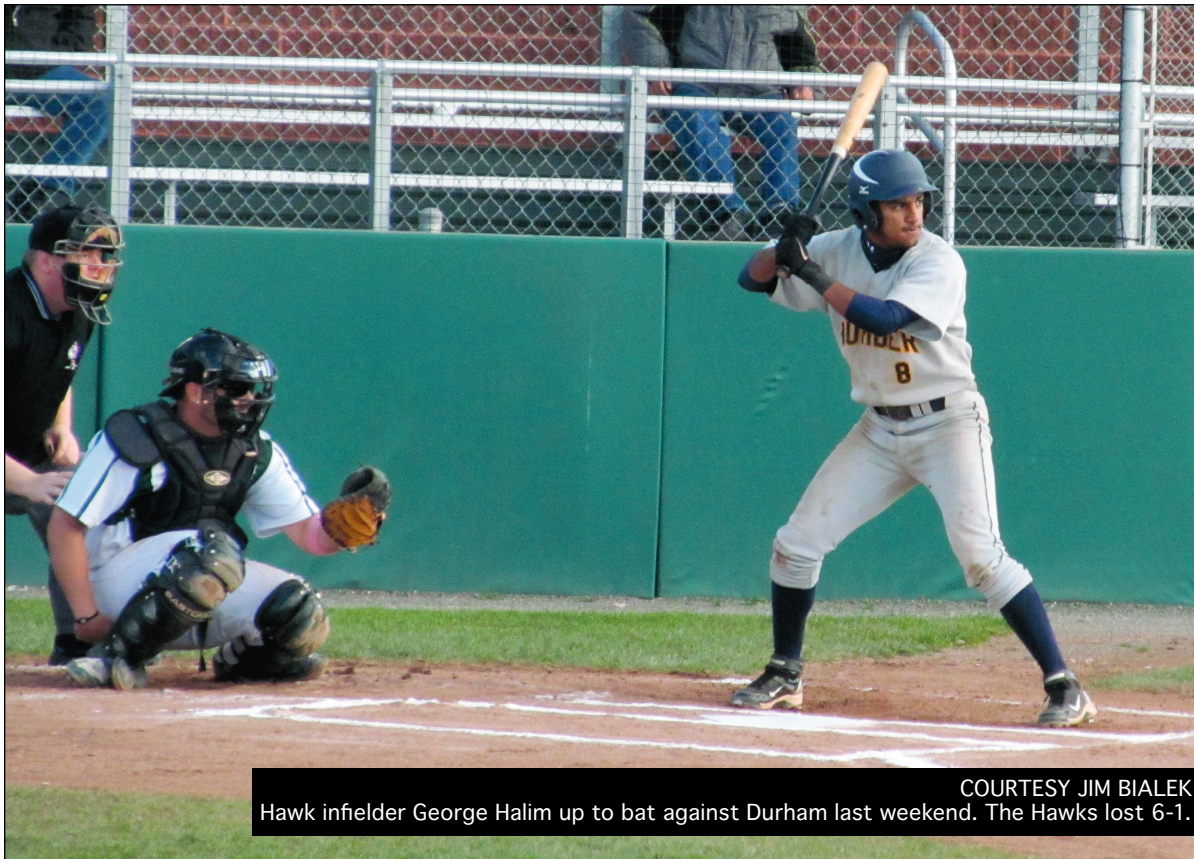


## WOMEN'S SOCCER

## OCAA SEMI-FINALS



## Durham denies Hawks gold again



COURTESY JIM BIALEK  
Hawk infielder George Halim up to bat against Durham last weekend. The Hawks lost 6-1.

## Hawks baseball team takes silver in first visit to the CIBA national championships

Marco Di Meo  
Sports Reporter

The Humber Hawks men's baseball team got a shot at revenge last weekend at the nationals in Moncton, N.B. when they again met the Durham Lords.

The Hawks lost the provincial championships to the Lords five days before heading to the nationals, where they again lost to Durham, this time 6-1.

"It just says how tough our division is," said James Depoe, the Hawks' coach.

Jim Bialek, the Hawks' general manager, said despite the two big losses against the Lords, the season was still successful.

"This was the first year we were eligible to attend the national championships and we took silver," he said.

"We had to play three championship-winning teams in order to

make the final four, he said. "We beat champions - I don't know how you can view it any other way other than a successful year."

Kris Muccilli, 21, a first-year Recreation and Leisure student, won the all-star of the tournament for the designated hitter position. He hit two home runs in the tournament, one of which won a round robin game against the Lords.

"I didn't know it was a home run at first until I saw my teammates going home," he said. "If it wasn't for my teammates getting on base I wouldn't have drove in as many runs so I'm glad we gave a great team effort."

Like his coaches, Muccilli feels it was a successful season despite coming up short, twice.

"We just squeaked in to nationals with a series win over Windsor," he said. "I don't think anyone had picked us to go as far as we did."

## Rugby team extends perfect regular season record

## Win over Conestoga improves Hawks women to 5-0 with just one game left

Geoff Buncombe  
Sports Reporter

The Hawks women's rugby team moved one step closer to an undefeated season on Oct. 22 when they defeated the Conestoga Condors in Cambridge by a score of 24-10.

It was the team's second-last game of the season.

"It was all heart," said lock Emma Allen, 20, a fourth-year media studies student at University of Guelph-Humber. "We were kind of underestimating Conestoga going in and we realized they were bringing their game, so in the second half we got emotionally into it."

The teams met previously in the third game of the season, when the Hawks rolled to a comfortable 44-5 victory despite giving up their first try of the season.

The Hawks gave up the first try of

the game – the first time this season they've trailed – and Conestoga continued their strong play throughout the first half and held a slim lead at halftime.

"I just think ego is starting to become a factor for our team," said Stephanie Valente, 21, a third-year massage therapy student. "We're going into games thinking that we've got it, and that's clearly what happened in the first half."

Humber took the lead in the second half and when Conestoga scored a try in the last five minutes to put the game back within reach, the Hawks responded with a try of their own to cap off the game.

Hawks head coach Brett McCully attributed his team's slow start to an unsuccessful new game plan – which he wouldn't expand upon because they'll be trying it again in playoffs.

"We weren't just prepared, we



PHOTO BY GEOFF BUNCOMBE  
The Hawks pass off a scrum as they look to capitalize on good field position.

went in with a different game plan and it didn't execute, so we went back to our old format," he said.

With the win, Humber clinched home field advantage for their semi-

final matchup Nov. 5.

"The girls look forward to playing in front of a home crowd," said Dale Essue, the Hawks' assistant coach. "Having our fans and having other

varsity teams coming down to support us is really big."

The Hawks play their last game of the regular season at home today against Seneca College.