

## Lifestyles



**Surviving  
Incest:  
Children  
Of  
Abuse**

see page 8 & 9

## Arts & Entertainment



see

**A  
different  
spiritual  
experience**

## Sports



see page 14

**Volleyball  
LadyHawks  
start season  
with two  
wins**

# HUMBER

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NOT TO BE TAKEN FROM THIS ROOM

Vol. 1 No. 11

RECEIVED  
NOV 19 1993

Humber College's Student Newspaper

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NOV 19 1993

Nov. 18, 1993

## Decade long land battle ends

by Ray Hope

The long-awaited hearing into development of the former psychiatric hospital grounds and Humber College Lakeshore property is finally under way.

The Ontario Municipal Board (OMB) has said no to recent attempts at further stalling the 10-year-old battle between the city of Etobicoke and Humber. The city has complained the Minister of Municipal Affairs didn't refer to appropriate sections of Etobicoke's secondary plan of the affected area. The secondary plan was drawn up to include areas the original plan didn't and had already caused a nine-month delay.

OMB chair Jim Mills said the minister referred to what was relevant and those sections of the plan are now going before the board to be dealt

with. He said the board was now reviewing the proposal for 1,350 housing units planned for the site, which includes the former hospital site and the Humber property.

The property under dispute is located around Humber's Lakeshore Campus. The college made plans to sell this site and move the campus over to the psychiatric hospital buildings which are currently unused.

Humber's Director of Physical Resources Ken Cohen said the deal to generate funds and relocate the campus would lead to a bigger and better Lakeshore. The sale of the land to contractors would generate the \$30-million needed to construct the campus. The college only needs the land to be rezoned from institutional to residential and commercial. The deal would also save the hospital buildings which are

historic landmarks.

According to Cohen, the government is looking for owners for the buildings and he figures "the best owners would be Humber." He added the best way to protect the buildings is if someone occupies and maintains them.

Cohen said he agrees with the city that it can do what it wants within its borders but Humber has the right to appeal any decision they make.

"We need to expand our facility to provide the level of education we believe is best for our students," he said. "If there is no funding from the government we must generate funds by other means. York University sold 20 acres of land a few years ago to build up revenue. We should be able to do the same."

However, local ratepayer groups are protesting the deal.

They said the land is public property and shouldn't be sold to private contractors for housing. Robert Gullins, president of Lakeshore Ratepayers and Residents' Association leads the resistance to the deal.

"We have no arguments with Humber," he said. "We have no problems with Humber being here. The problem is with the further development of green space."

The Ratepayers are opposed to any development on what they consider the last remaining undeveloped lake shore property.

"We don't want any housing of any kind," Gullins said. "And it has nothing to do with the type of housing. It's housing period."

Gullins agreed with the city that there is a need for housing but not on publicly owned green space.

"Anyone could point out where the housing could go," he said. "But could they point out where water front property would (go)?"

The college and its partners said most, if not all, problems will be solved if the deal is allowed through. They said the city will get much needed housing, new facilities such as parks and commercial development as well as more access to the water front. Humber will get a new and improved campus and its students a higher level of education.

They also maintain that the total development is only a small portion of the available green space. If the OMB rules in favor of Humber, the development will go through and the ruling will be fixed so no more development will take place.

Tom Hollinshead, president of the Thistle Town Ratepayers and Residents' Association said Humber is going about things the wrong way.

"The Ministry of Education is ripping off Humber College," he said. "It is foolish to sell land that they got for a steal."

Hollinshead also said the government is wrong to think

they can be dictators and do what ever they please without listening to the public.

"It doesn't stop there. As soon as someone gets a foot in the door it's murder," he said. "There is going to be a lot less park land around for people to use later on down the road.

Look at Toronto's harbor front. There's hotels, parking garages and what not. You can't see the damned thing."

Hollinshead said the college would be better off getting the money from the government and

move into the hospital slowly.

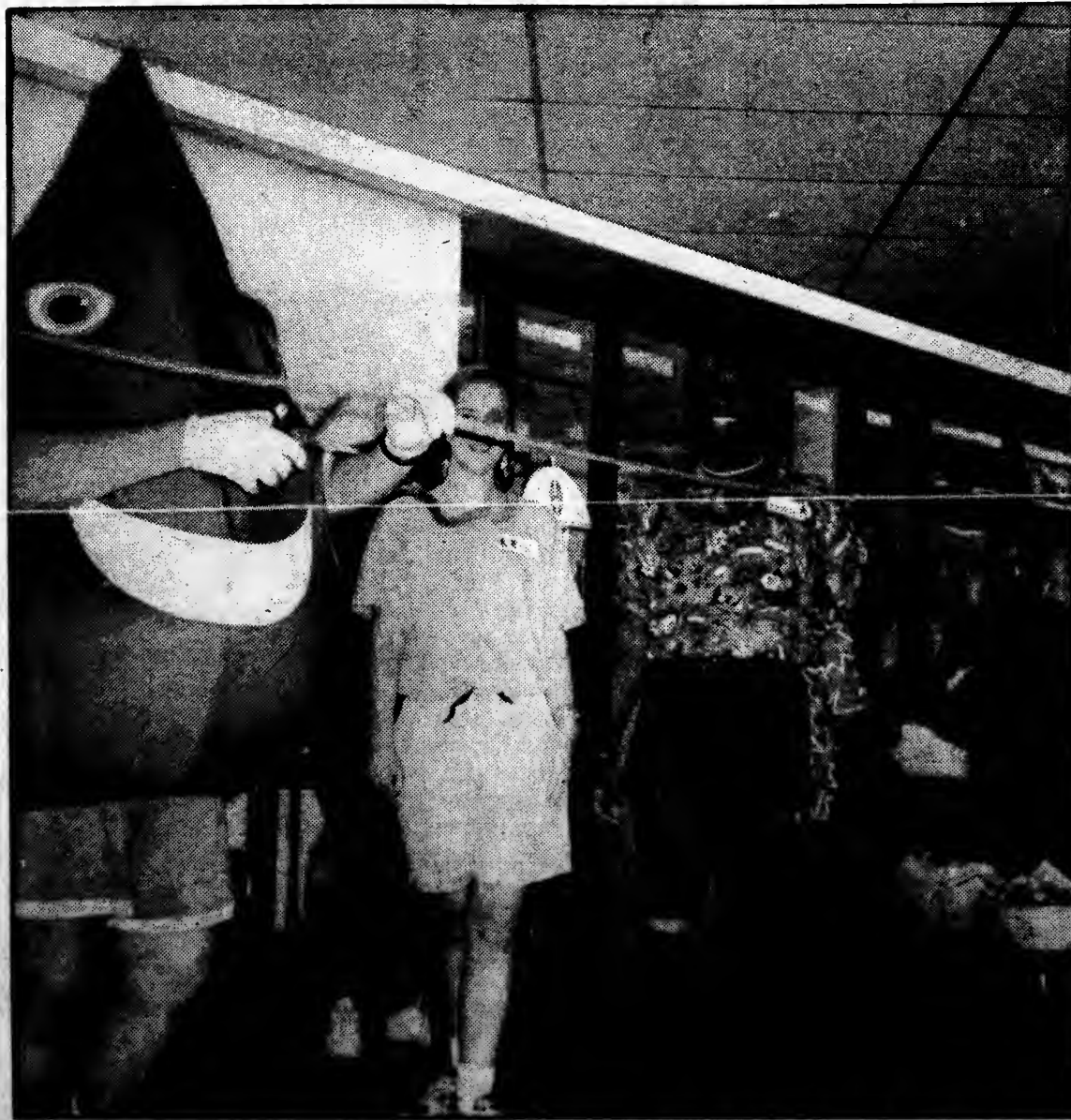
College president Robert Gordon said enough time has passed. "We have been prepared and have done a lot of planning," he said. "The city of Etobicoke is being pushed by citizens (ratepayers) and has tried to delay this as long as possible. We've waited long enough for this."

Gordon said the ratepayers are wrong in thinking the government will give the college money to improve its facilities. The college believes the plan it has put together is sound and is the best way to go about it.

The final results won't be known until next spring but Gordon feels the college will come out on top.

**"The Ministry of  
Education is ripping off  
Humber College. It is  
foolish to sell land that  
they got for a steal."**

—Tom Hollinshead,  
Thistle Town Ratepayers and  
Residents' Association  
president



Buddy Blood Drop cuts the ribbon to officially start Humber's blood drive.

### THOUGHT OF THE WEEK

**"Country music is like  
Levi's. It's been there all  
along but it's now the  
trendy thing to do. You  
don't have to be a farmer  
to wear Levi's and now  
everyone is finding it  
trendy to listen to country  
music."**

—CISR FM's Keith James

executive communications director

# Students replace residence clerks

by Kent Moore

Students helping each other — that's the simple agenda behind the revamped front desk duties at residence.

In the process, part-time employees were laid off, and one full-time employee was transferred.

Students have been hired to take on the duties of the former employees, and some student resident assistants have also been assigned this work as part of their details.

The new front desk staff have different responsibilities.

Aina Saulite, director of Student Residences, explained that there were four basic factors behind the decision for the changes behind the desk and the layoffs.

First, the newly installed magnetic locks reduce the amount of vigilance needed behind the front desk.

Second, the main residence switchboard was removed and relocated so all calls ring directly to and from a main campus phone line.

"It helped reduce the scope and complexity of the job," Saulite explained.

Third, residence administration want to create more leadership and involvement in res for the students.

"Most other campus residences have students behind the front desk," Saulite explained.

Fourth, duties involving finances like student fines and rent were originally placed behind the front desk.

As of early December, all cash functions will be transferred to the cash office.

"The motivation for the changes was not primarily financial," Saulite said.

Former full-time employee Rosalie Fellbaum was transferred to the main switch board office in the North campus and finds the job "quite good."

"I hated to leave residence, however, because the students who were all so young and bright," Fellbaum said.

With the changes at the front desk, specifically the students working, Fellbaum explained that "they (students in res) are going to miss the steady people at the front desk."

Fellbaum worked at Humber's former Osler residence for 14 years, and the North campus residence for the past three years.

"I never saw a bad student enter the residence in the entire 17 years I worked there."

As for the students now working behind the front desk, they couldn't be happier.

"The benefits are that you meet a lot of people, and being new to the school, that really helps me," said employee and accounting student Michael Meagher. "However, some people don't like to show their I.D. and that's sometimes a problem."

Meagher said his duties are signing guests in, checking I.D., answering the phones, and accepting parcels and work orders.



Sean B. Pasternak

**LOUNGING WITH 'PATSI AND GINGER'**— Public relations students Michelle DeClair and Amanda Kyriacou were in the faculty lounge last week, publicizing Humber's Children's Christmas Party

## Liberal leader lectures

Ontario Liberal leader Lyn McLeod speaks at the North campus auditorium November 24 from noon to 1 p.m.

Human studies teacher Jim Jackson, who arranged the lecture, said possible topics include funding for colleges, jobs and the cost of education. Jackson hopes the forum will get students more involved in politics. He has no current plans to invite representatives from any other political party.

McLeod's currently under fire for her comments about Somali refugee claimants.

## Vandals trash drafting room

by Mark Tufford

The Humber College cash registers are ringing up dollar signs after vandals caused about \$3,000 damage to the drafting furniture in room D-241 last week, according to a Crimestoppers report.

A \$1,000 reward is being offered for information leading to the arrest and conviction of two people who entered the room and destroyed its furniture last Thursday at around 8:30 p.m.

According to Bob Moulton, chair of the construction program, the vandals "picked up drafting tables and just heaved them against the wall."

This is not the first case of vandalism in the drafting rooms, according to Moulton.

"On an ongoing basis we have had tabletops ripped off," he said. "I tend to think it's the people who don't need to use it who cause damage."

The room was unlocked because students often use it after hours for their homework. That privilege has now been revoked.

"We can't get into the classroom without a teacher present," said architectural design student, Darryl Blum.

Humber is trying to salvage what they can out of the room, repairing and rearranging it.

"We don't have the budget to buy new equipment," said Moulton.

The suspects are described as white males, 5'6", with thin builds and approximately 130 pounds. One had black hair and was wearing blue jeans, a blue jean shirt and a baseball cap. The other had short black hair and was wearing a black jacket and blue jeans.

Students with information about this incident are asked to call security.

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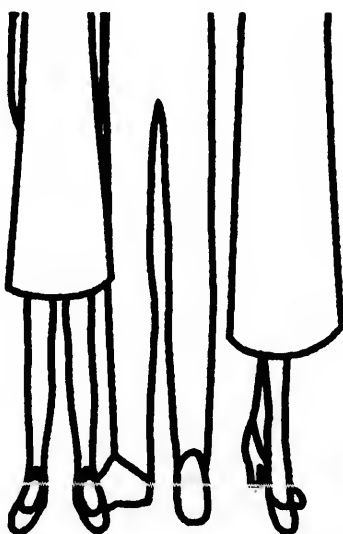
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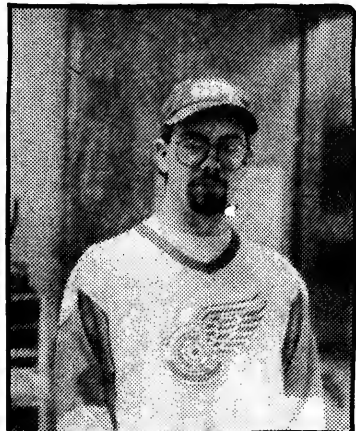
# SAC absent from own delegations

by Dixie Calwell

Only six Students' Association Council (SAC) members out of 21 were present to delegate various SAC representative positions last week.

Some SAC members question if there was enough advertising for the positions known as co-options.

At two emergency meetings held last week, SAC members co-opted only three people into the positions for Business, Technology, and Applied and Creative Arts (ACA) representatives. Six positions, still vacant, will be closed until February.



ACA representative Jason Starchuk.

The positions became available when no one applied for them during the elections last spring. Two members, Technology representative Jennifer McFarlane and Leigh Whiting of Applied and Creative Arts, resigned this fall due to workload.

Those interested in the positions were asked to write a letter to council with 50 signatures. Council voted to

select the representatives. However, the November 1 deadline was extended to November 3 because of the resignations.

After the first emergency meeting, some members decided that there wasn't enough advertising for the positions and the only spots that were advertised were for business and health sciences. In fact, reps were also needed for ACA, Technology and Human Studies.

SAC member Ryan Langlois, who was present at the first meeting, said not advertising the positions in Technology and ACA would be unfair.

"What about the people in ACA?" Langlois asked at the meeting. "They've only applied because they knew someone on SAC. That doesn't seem fair."

Ads were then placed on pub night posters, flyers throughout the school and in Humber Exposure, SAC's newsletter.

Three students were in the running for the ACA position and radio broadcasting student Jason Starchuk was selected at the second emergency meeting.

Lori Windsor, a secretary for two of Humber's clubs, applied for the position and lost. Windsor said more than six people were needed to vote in members of council.

"I'm upset with the turnout of the meeting, when it was held and the number of people that came," said Windsor.

The SAC constitution says a quorum was not needed to vote, since it was an emergency meeting.

Starchuk agrees it would have been better to have a full council present.

"Everyone should have been there, but I don't know the

circumstances that surrounded the reasons why (they were not)," said Starchuk.

Members who were absent are questioning the way in which they were notified of the meeting.

SAC member Mark Berardo said he didn't find out about the meeting until after it happened. He said if members were phoned, things might have been different.

"We can't turn students like

Lori (Windsor) away," said Berardo. "She has done too much for SAC."

Nino D'Avolio, vice-president of SAC, said members could have called the office to find out if there was a meeting or checked their mailboxes.

"Council is going to have to re-evaluate (goals). Are they in it for student council or for themselves?" asked D'Avolio.

He also said the low number of applicants is "deplorable

and said it reflected SAC's inability to promote and advertise these positions.

"We're changing and working on it," he added.

Other co-options are held by Mark Donaldson in technology, and Shirlyn Antonio in business. The vacant positions include three in business, one in health sciences and two in human studies.



Sean Garrett

WATCHING PAINT DRY— Public relations student Jane Wong (foreground) prepares a promotion for the college's Children's Christmas Party Dec. 4

# Bill 79 will affect Humber hiring

by Kimberly Mitchell

Minority groups will be represented fairly in Ontario's workplace under the proposed employment equity legislation expected to be passed next year, according to the Employment Equity Committee.

On June 16, 1993, the New Democratic Party government released a draft regulation for Bill 79. Its goal is to achieve equal representation of minority groups in the workplace to reflect the community.

Sandra DiCresce, Humber's co-chair of the Employment Equity Committee and consultant in Human Resources said, "Minorities won't be hired just as tokens but for their qualifications. But if they are of an under-represented group, they have two things going for them."

Some see this as reverse discrimination. Adrian Adamson, professor of social sciences said, "Of course it's discrimination. Employment equity forces employers to hire members of groups that have been discriminated against. If an employer has a disproportionate amount of white males they may be forced to hire minorities to up

their quota."

However, Adamson believes every alternative has been tried to create equality in employment opportunities. "We can't let the situation go on forever. If we don't have equal opportunities, we don't have a democratic society."

DiCresce said that all hiring is discriminatory but thinks employment equity is "positive discrimination on behalf of the disadvantaged group to move them up to (an) equal playing field." She said she'd like to see Humber achieve these goals within five years. "After a while, we won't need to do it anymore."

The Joint College/Union Employment Equity Committee conducted a workforce survey at Humber, regulated by the Employment Equity Commission, to determine the number of minorities in the workplace. The Employment Equity Commission defines minority groups as Aboriginal

people, persons with disabilities, racial minorities and women in the workforce.

Humber will also conduct an employment systems review later this year regarding the college's policies and practices in hiring, promotion, training and performance evaluations of employees. The review will also look at Humber's termination policies and salaries and bene-

fits of employees.

However, guidelines on what are considered barriers have not been established by the Commission. Humber's joint committee was established so each group could have representatives involved in putting the plan into effect and to ensure the standards and objectives of the plan are carried out appropriately.

"Employment equity creates anxiety and suspicion," said Maureen Wall, president of the faculty union. "If union reps are involved it will assure employees things are done fairly."

DiCresce said the union can influence employees. "This will help sell (employment equity) and make it easier to accomplish," she said.

The Commission says the ultimate goal of the equity plan is for every workplace to have a workforce that reflects the community. Each employer

must prepare a three-year employment equity plan based on the results of the workforce survey and the employment systems review.

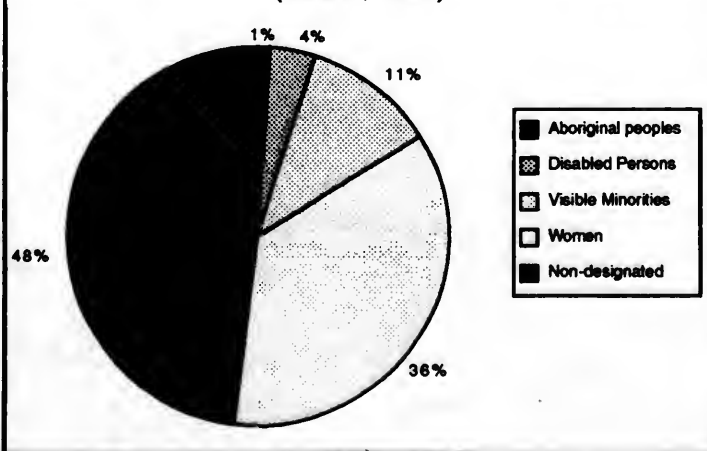
The plan must contain three elements, which are goals to eliminate and redress the barriers in the employer's policies and practices; numerical goals to achieve a representative number of designated group members in the workforce; and monitoring systems to ensure that the employer is reasonably successful in achieving the goals of the plan.

Adamson thinks the plan may create more racial tension. "Employment equity is useful to hide what's going on," he said. "If there's a lack of jobs, people say it's because of all the immigrants."

He said the big problem is that it makes discrimination a neutral act. "Employment equity deals with things by clusters when it's (the) individuals who get jobs," he said.

DiCresce said if candidates have equal qualifications, each member should have an equal opportunity. "The status quo in the workforce has always been the white male. They may feel their jobs are threatened," she said.

Designated group representation for all Humber employees. (June 8, 1993)



fits of employees.

These policies and practices must be reviewed to determine whether they contain employment barriers for members of the designated groups, accord-

# Amnesty International lecturer discusses world-wide massacres and torture

by Gail Balfour

Amnesty International lecture at Humber college, November 10. East Timor is located off the north-western coast of Australia. Timor had more than 200,000 civilians — a third of the island's population — massacred since Indonesia occupied East Timor in 1975.

according to Michael Craig, chair of Metro's east-end Amnesty International (AI) group.

Currently, AI is actively protesting the 1992 slaughter of more than 200 people at the Santa Cruz Cemetery in East Timor, by Indonesian troops. According to Craig, the victims had been conducting a peaceful march for independence.

One of AI's main goals, according to Craig, is gaining the release of "prisoners of conscience." These are people who are jailed because of their beliefs, gender, race, religion, language or sexual orientation. AI also works towards "fair and prompt trials for all political prisoners and the abolition of torture and executions," he added.

Craig said AI is sending hundreds of petitions to the government of Brazil, to protest the reported mistreatment of two youths by the Brazilian police. Roberto Carlos Costa, 18, and Natalino Jose Batista, 16, were allegedly beaten and then tortured

with electric shocks, while in police custody. The teenagers have now disappeared. Craig said that too often "disappeared" is a euphemism for "dead."

AI's lecture at Humber was arranged by Melissa White, vp of SAC finance and lecture series director. White gave Craig a cheque for \$750 on behalf of SAC, to go toward AI funding.

AI is financed solely by donations and memberships. "We never accept support from government sources," Craig said. "This way, we are carefully maintaining independence and impartiality."

Craig said there is "decided improvement in some countries."

"In Chile and Eastern Europe, for example, human rights atrocities are down to 10 per cent of what they were previously," he said. "The words 'Human Rights' have become (the) top of the agenda in international conferences."

## This Week at SAC

### SUNDAY NOVEMBER 21 VOLLEYBALL TOURNAMENT

THE GYMNASIUM 11-4:00P.M.  
BROUGHT TO YOU BY THE PUNJABI CULTURAL SOCIETY

### MONDAY NOVEMBER 22 DE-BA-JEH-MU-JIG THEATRE GROUP

PERFORMING  
IF JESUS MET NANABUSH  
7:30P.M. IN THE LECTURE THEATRE

### MONDAY 22 - FRIDAY 26 ALCOHOL AWARENESS WEEK

HUMBER AGAINST DRUNK DRIVING DEMONSTRATIONS  
BROUGHT TO YOU BY H.A.D.D & SAC  
SEE SAC OFFICE FOR DETAILS

### WEDNESDAY NOVEMBER 24 HOCKEY NIGHT IN RES

COME OUT AND JOIN THE FUN

### FRIDAY NOVEMBER 26 ITALIAN CHRISTMAS DINNER DANCE

SEE SAC OFFICE FOR MORE DETAILS  
BROUGHT TO YOU BY C.H.I.P.S & SAC

### ALSO ON FRIDAY MASCOT CHAMPIONSHIPS AT THE ROXX

TICKETS ON SALE IN A+ OFFICE \$10.00 ♦ PRE-PARTY AT CAPS

### THIS WEEK IN



AIN'T NO BISTRO!

### TONIGHT IN CAPS SAFE SEX PUB

THE FIRST 300 PATRONS WILL RECEIVE A CONDOM KEY CHAIN!  
DOORS OPEN AT 8:00p.m.  
Students \$3 • Guests \$5  
Proper I.D. Required

### MONDAY IS Free Pool / Darts / Euchre Night

Come in and win t-shirts and mugs from CAPS!

### Movie Tuesdays

Catch the flicks in CAPS at 10:00 a.m.

### WEDNESDAY NOVEMBER 24 Comedy Night

featuring  
Simon B. Cotter  
Opening Act will be Humber's very own  
Fred Proia  
Show Starts at 8:00 p.m.

FREE ADMISSION



Gail Balfour

SAC DONATES CASH — VP Melissa White hands over \$750 to Michael Craig for Amnesty International.

### PARKING LOTTERY RESULTS FOR EXCHANGE UNTIL NOVEMBER 26/93 NORTH CAMPUS

- |                          |                        |
|--------------------------|------------------------|
| ACETO, ADRIANO           | KEE, TARA              |
| ADAMS, ROBIN BRYCE       | KOSEK, MICHAEL S.      |
| ALBARUS, DOROTHY         | KROLO, NIKO            |
| ATHAIDE, PAUL ANDREW     | LING, JENNIFER YU JUAN |
| AVILES, ANA S            | MAAN, FIONA AILEEN     |
| BEVAN-GELLOR, CHERYL     | MACPHEE, DUANE MIKE    |
| BOOTHE, MARK ANTHONY     | MANCINI, ANNA SANDRA   |
| BOTELHO, DENIS MANUEL    | MCCRAE, STEVE          |
| BRANDON, APRIL ANNE      | NUNEZ, FRANKLIN G.     |
| CALLAHAN, STEPHEN M.     | OLAH, MARTHA           |
| CHOI, FLORA              | PUGLIESE, MICHELE A.   |
| CIEBIERA, KATARZYNA K.   | PULIS, ALISON SUSAN    |
| CIMINELLI, MARY-LYN A.   | REDDEN, WESLEY JOEL E. |
| COLONNA, DAVID           | REZEK, JOSEPH          |
| DE CASTRO, WALTER A.     | ROY, NORMAN JAMES      |
| DIDESIDERO, NICK         | SADOWICK, BARBARA B.   |
| DUPUIS, CHRISTOPHER S.   | SPENCE, JEFF DAVID     |
| ELLIS, VICTORIA VIRGINIA | SVANDA, JAKUB          |
| FLOCK, MICHAEL NORMAN    | TESA, ROCCO            |
| FRAGOMENI, JOE           | TOWNS, JEVON LEWIS     |
| GARCIA, MIKE             | TRIDER, AMANDA JOAN    |
| GREGORIO, JOEL           | VESICO, GRACE          |
| JOHNSON, GARY JAMES      | WALZAK, PAULA M        |
| JONES, HELEN ELAINE      | WOOD, KEVIN REGINALD   |
| KANTOR, SHAWN M.         | YOUNG, MICHAEL G.      |

# Press sit at Chef's Table

by Gail Balfour

Several members of the local press flocked to Humber recently to experience the collective talents of several second-year culinary students.

Staff members from the Toronto Sun, Ontario Restaurant News Magazine, the Etobicoke Guardian and Cable 10 Etobicoke were there to attend a Chef's Table demonstration dinner, held on November 2 especially for the press.

"I thought it was just wonderful," said Cynthia David, Sun food editor. "It's such a soothing atmosphere I don't want to leave!"

Chef's Table, which made

its public debut on October 5, is part of a new program for second-year Culinary

**"I like the idea... I thought it was a great experience"**

- Liz Woodward

Management students.

What's unique about the program is that the dinners are held in room D-129, a culinary training lab, and the meals are prepared by the students right in front of the guests. There are groups of two or three students who are entirely responsible for everything presented including

menu preparations, table settings and even the selection of music to be played.

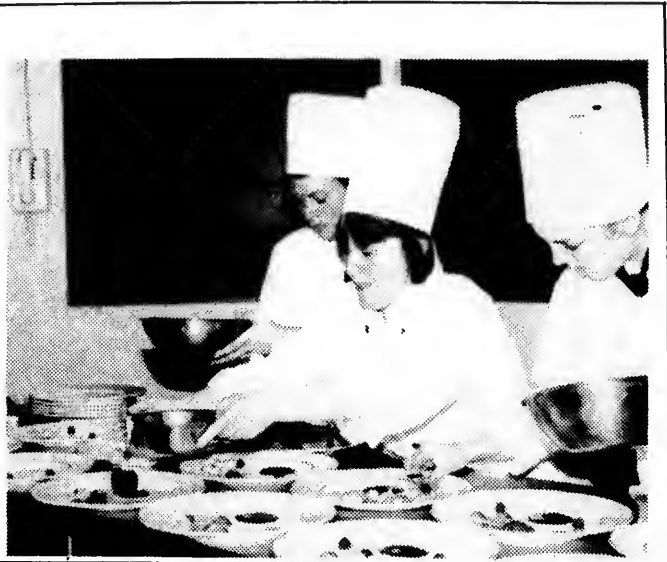
The items on the menu for press night included mushroom consomme with shitake, bok choy and carrot curls; herb crusted salmon with sun-dried tomato sauce; two-onion rice pilaf; fresh steamed vegetables and boysenberry and white chocolate parfait for desert. White wine, coffee, tea and truffles were also served.

That night's menu was prepared by students Sharon Cameron, Brenda Brave and Liz Woodward. Woodward said that the reporters' attendance at the dinner provided an excellent opportunity for the students.

"I like the idea ... I thought it was a great experience," she said. "You have to be very professional ... you're doing it for real people. It's really good because I'd like to start my own business someday and this is the kind of thing that I'd like to do, from start to finish."

Woodward also said that a lot more preparation goes into a Chef's Table project than most people realize.

"It kept me really busy," she explained. "I would say we put in between 60 and 70 hours of work into this, from start to finish, when you consider flower arrangements, printing the menus and every-



Culinary Management students put the finishing touches on a gourmet dinner.

Gail Balfour



Members of the Toronto media were among the guests at the press night.

Gail Balfour

thing else."

There were many other students helping out at the event. Two of these students, Tony Glitz and D'arcy Moffat, had presented their project at the previous Chef's Table to the Board of Governors. Their menu had some exotic fare on it, including pumpkin pasta created in honour of the Halloween season.

Glitz, who is also a graduate of Humber's Hotel and Restaurant Management program, said that Chef's Table realistically reflects the things they will be doing in the industry.

"It's one thing to cook in the classroom but that's nothing

like preparing food for actual guests — like you would do in the industry," he explained.

Glitz feels the program would be more beneficial if it were expanded. "It's very valuable to the students and I think it should be offered to first-year (culinary) students as well as second."

D'arcy Moffat said that programs like this are good publicity for Humber. "It's an excellent idea because it promotes the college," said Moffat. "It brings people in."

Chef's Table dinners will be held at the college on Tuesday and Thursday evenings until December.

## Humber staff dig deep to help the United Way

by Eden Boileau

The staff of Humber College has been asked to donate money each week, for a year, to support this year's United Way campaign.

"Whatever you give, no gift is too small," said Anne Bender, Dean of Health Sciences at Humber College.

Bender is this year's campaign co-ordinator for the United Way. The campaign runs from November 1 to November 15. If her approach to this task is successful, the donations could well exceed last year's sum of under \$20,000.

"If I have a campaign goal, it's that I want to improve our contribution over last year," said Bender.

Bender, with the help of Public Relations instructor Tom Browne, devised a plan that asks for \$4 per week from senior executives (Deans, V.P.'s), \$3 per week from chairs and department heads, \$2 per week from faculty and \$1 per week from support staff.

"All I would like is when

the campaign is over, that every employee in the college would have thought about their ability to give and made a decision based on that," said Bender.

In previous campaigns, contributions from support staff and students have outweighed that of faculty and administration.

"The students rank among the top if not the top contributors to United Way in North America and that is a distinction," said Bender.

"Humber is known for its student contributions and Humber administration is known for its non-performance in these areas. Generally people who are oppressed give the most," said Browne.

This year Bender hopes to implement a strategy she calls "Top-Down Leadership and By Example". According to this plan, those who can afford to give the most are asked for higher pledges. Deans and heads of staff were asked to present these ideas to their staff.

"The faculty, the support staff, the administration staff, we all have full-time jobs and I'm asking people who have the security of these full-time jobs to consider giving to the United Way and helping people who may be in less fortunate circumstances," said Bender.

To provide incentive for contributions, Bender devised a 'participation' competition. The division or department with the greatest contribution will receive a special award at the Annual President's Breakfast.

To spread the word, Bender and Browne made presentations to the Academic Council, Deans, V.P.'s and heads of staff outlining the plan and emphasizing the need to give.

"Generally, people have been very, very good. People are very kind and they listen, for which I am most grateful. Some people cannot support the United Way and I respect that for whatever philosophical reason they have," said Bender.

## Res. family weekend: experience life on campus

By Kent Moore

A special weekend has been planned by residence administration for the families of students living in residence.

On the weekend of November 19, all family members of students are invited to visit residence to experience life on campus.

Special activities have been planned on Saturday, Nov. 20 and Sunday, Nov. 21. The weekend begins with the welcome reception, where the family members meet with residence staff and assistants.

Events on Saturday include a guided nature walk through Humber's Arboretum, a family swim, the family volleyball game and a tour of residence and the main campus. A special menu is being prepared by

Residence Food Services for the occasion on Saturday.

The main event which concludes the weekend takes place on Sunday, a residence-wide trip for the family to see the Toronto Santa Claus parade downtown.

Residence director Aina Saulite had the idea for the weekend, and it was organized through res. central, the residence activity office.

"We've been planning the weekend for over a month," said Rose Bilicic, Residence Social and Recreational Director. "We're going to make this an annual event."

Arrangements have been made with the Travelodge Hotel (Highway 27 and Rexdale) and residence for a discount rate of \$55 per night for a single or double room for family members on Saturday night.

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# HUMBER

*Humber College's Student Newspaper*

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## Three Cheers for SAC

Give me an S, give me an A, give me a C! What does it spell? Student Apathy Council. Last week SAC once again showed its dedication to making sure the students of Humber College are well represented.

Numerous representative positions were available in Business, Technology, Applied and Creative Arts, Human Studies and Health Sciences. Some of the positions weren't advertised to the student population for reasons known only to SAC. Why it took all this time for these positions to be filled is unclear. It's hard to believe that SAC members couldn't at least find nine close friends to fill these vacant spots.

While we all know many students don't take much interest in student government, it is really hard to swallow that nine qualified students couldn't be found. A little more effort could have been put in by the SAC, instead of just newspaper ads and flyers in the halls. The halls are so full of ugly coloured pieces of paper that nobody reads the flyers anyway.

But that isn't the worst part of the story. SAC called an emergency meeting to try to get some of the positions filled by the few candidates who did apply, and in a fine show of student leadership and commitment, six of the 21 members showed up.

After the meeting only three of the spots had been filled; Business, Technology and A.C.A. The remaining positions will have to wait until February. One person, who lost her bid to win a position, complained that the low turnout for the meeting was insufficient to vote for the positions. They have a point. It hardly seems fair to have less than a third of the council have the power to make such important decisions.

Because of SAC's foot-dragging and its members' absenteeism, important segments of Humber's student population will not be adequately represented for most of the school year.

For a group which claims the most important thing is to represent the students, SAC has a funny way of showing it. When less than a third of your board shows up for what is deemed an emergency meeting, something is very wrong. What kind of excuse can be offered? "I had Leaf tickets," "It was my lunch break," or the famous "I was in the washroom."

What kind of dedication does this show? Obviously not much. SAC members don't seem to take their job very seriously. Put in your time and get out with a fancy title to put on the resume. If this is the attitude they have why don't they do us all a favour and stay home all the time.

## Only Losers Trash

Last week's trashing of room D-241 really deserves a 21-gun salute, aimed right at the morons who did it.

Last Thursday at roughly 8:30 p.m. a drafting room was vandalized. One person said drafting tables looked like they had been thrown into the walls.

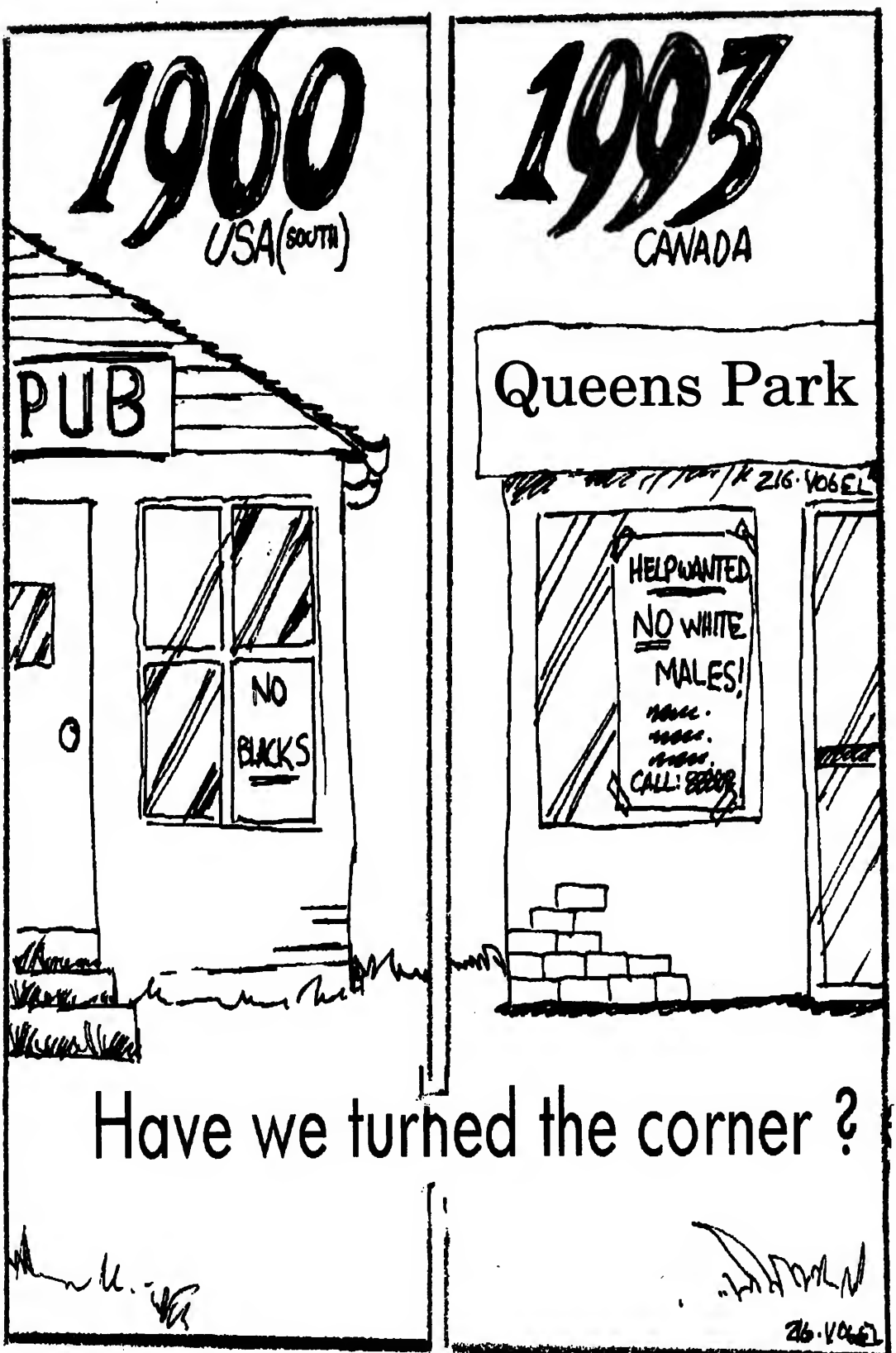
Humber cannot afford a \$3,000 bill for anything, especially for replacing furniture that shouldn't need replacing. Subsequently, Humber has posted a \$1,000 reward for information leading to an arrest or conviction.

That's \$4,000 of your money that has to go down the tubes because of someone else's idioy. In the future, departments may be forced to salvage damaged equipment because they cannot afford to replace it.

As a community, we don't need the hassle, nor should we tolerate it. These vandals took their opportunity to make a statement about how much Humber means to them, so now it's civilization's turn.

The civilized segment are the people who actually treat their college, instructors and peers with respect. Civilized people come to school after-hours to do lab work and projects, not to trash the joint and destroy what few and middling resources are available. It's the vagabonds and vandals like these two who make life oh-so-much more difficult for all of us.

So let's get these guys. It's time we made a statement of our own.



Have we turned the corner?

## Letters ~ to the editor

*Humber etc...* welcomes letters to room L231, please include your name, signature, program, student number and phone number. We do reserve the right to edit letters containing libellous or slanderous content. Call us at 675-3111 ext: 4514 or Fax us at 675-9730. Your input is appreciated.

Dear Editor,

Your coverage of the dilemma Keelesdale students face, published in the November 4 edition of Humber etc..., was much appreciated by your Keelesdale readers. Both the front page story and the editorial reflected the professionalism and generous spirit characteristic of Humber's journalism students.

I agree with Dr. Roy Giroux's comment that funding should go to an accredited agency. Humber College is an agency that has demonstrated excellence for over 25 years.

Despite past difficulties of our students not being on the college's mainframe computer, for a while, one of our former administrators was able to track the excellence College Preparatory graduates demonstrated in their post secondary programs at Humber. The results of her tracking showed that grades these students received in their post secondary programs were consistently in the top 10 percentile.

The province, the main funder of the College Preparatory Program, will no doubt find less costly ways to deliver the the upgrading program so many of its citizens need to remove themselves from provincial assistance programs. However, a cheaper delivery seldom means equal quality, especially in the education business.

I believe Humber should continue to offer its College Preparatory Program so that the contributions our graduates make towards Humber's reputation for excellence can continue. If Humber does this, Barlin All, and others like her can continue to support the considerable effort President Robert Gordon is devoting towards maintaining and promoting "high quality" at the "high end".

Moreover, our students can continue to acquire the skills they need to become independent and productive citizens.

Anne Thom  
 College Prep, Keelesdale

## Zero tolerance for violence in schools questioned

Humber etc's editors go nose to nose on an issue which has caused controversy in the educational community. In an attempt to curb violence in schools the Scarborough and York school boards developed a zero tolerance plan. This plan would automatically mean a ten day suspension for any student caught with a weapon at school. If the student is caught a second time, it could mean expulsion.

by Sean Garrett

It's a classic case of a public school board buckling to public pressure by throwing logic to the wind.

The inane rule regarding zero tolerance of violence in schools in York and Scarborough regions will help some students, and condemn others to a life of... well, to no life at all.

Under this policy, kids who twice use weapons like knives and wrenches or threaten to use them, face a possible lifetime expulsion from that school. It's true that violence must not be accepted. It's also true that it's every child's right to be educated without fear of a bullet to the head. This is a policy, though, that is counter-productive.

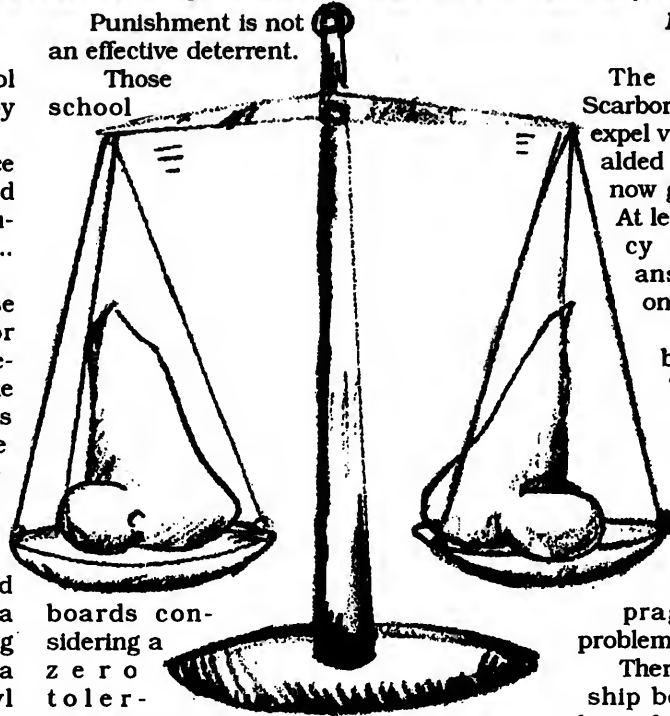
First, research shows that poor education contributes to crime. An expelled student has no chance of advancing in a career, and will probably end up preying on the larger community or putting a strain on our prison systems. Jyl MacDougall, who wrote Violence in Schools, a 76-page report released a week ago by the Canadian Education Association, also worries about this stop-gap measure.

More importantly, although some students carry weapons to blackmail or wound, a notable number of urban kids carry weapons to defend themselves. They are vigilantes because they feel, quite rightly, that the establishment has let them down. Imagine, though, a school principal finding a weapon in one of these students' lockers. Should schools equally punish those kids possessing weapons?

Finally, the school boards' policy is reactive, not pro-active. They are fighting a defensive battle, not an offensive one. An analogy is the United States, which has the highest incarceration rate of any developed country outside of South Africa, and allows capital punishment in some states. Yet, it still has a frightening urban crime rate.

Punishment is not an effective deterrent.

Those school



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By Nadia H. Shousher

The recent ruling by the Scarborough board of education to expel violent students is being heralded as a panacea to the crime now gripping our public schools. At least, proponents of the policy consider it a sufficient answer to the problem, and one long anticipated.

Critics of the plan seem to be divided into two camps: The first maintains that "zero tolerance" is too tough for young offenders, while the other predicts that "zero tolerance" will be met with zero success. What is common to both camps, however, is their pragmatic approach to the problem.

There is an undeniable relationship between the increasing violence found among youth and children and that found among the adult population. Events and trends in general society are ultimately reflected in the schoolyard, so any solution to crime in our schools must put that issue in its societal context.

One legitimate criticism of Canada's justice system is that it remains reactionary, rather than pro-actionary. The police, the courts and the laws seem to lie in wait until something — usually several things — force them to move. This explains why, for example, most sex offenders won't do "real time" until they have a lengthy history of criminal behavior under their belts. And this highlights another problem inherent in the system: leniency.

Until criminals are told — through tougher laws and longer

sentences — that violence will not be tolerated, we will continue to witness a rise in urban crime. And until the students who choose to carry kitchen knives, bats and guns in their bookbags are given the same message, we will continue to see our playgrounds turned into bloody battlegrounds.

The problem won't go away by merely expelling the offending students, who would just be left free to roam the streets. More importantly, expulsion would perpetuate the cycle of uneducation — poverty — crime that is so central to deviant behavior among youth.

Instead measures must be taken which deal with the underlying source of the problem. The amount of violence in movies, music and television are all contributing factors, as are the disintegration of a stable family unit and chronic poverty. And the rates of alcoholism and drug abuse in Canada, now even a serious problem among teens, have skyrocketed over the past decade. Will kicking a violent youngster out of school deal with any of this? Or will it only exacerbate the problem?

Some critics advocate a lengthy stint in reform school for young offenders. Others suggest compulsory military service, where at least a propensity for violence could be put toward the national good. And still others look toward rehab centres for the answer, hoping already over-burdened, underpaid social service workers can magically correct decades of moral and social decay which has manifest itself in the body of one pre-teen criminal.

Whichever option is chosen, what is evident that a choice must be made soon. The alternative is just too frightening to accept.

## What is it about first dates?

by Sofie Kouleas

What is it about first dates that makes me want to throw up? Is it because I don't know the person? Is it because we may have nothing in common? Or is it that I wish I could look like Cindy Crawford and I don't?

Maybe the whole thing about first dates that bothers me is that it takes me more than two hours to get ready. I have to do my hair, my make-up, my nails and worst of all dress myself.

Women in Canada spend millions of dollars a year on cosmetics says a leading beauty magazine. Too bad all the leading and latest trends don't make the first date syndrome easier to handle.

Maybe the worst part of a first date is the drive to the restaurant. The conversation seems anything but stimulating. How's school? How's work? I hope you like Italian?

Maybe it's dinner that bothers me most about a first

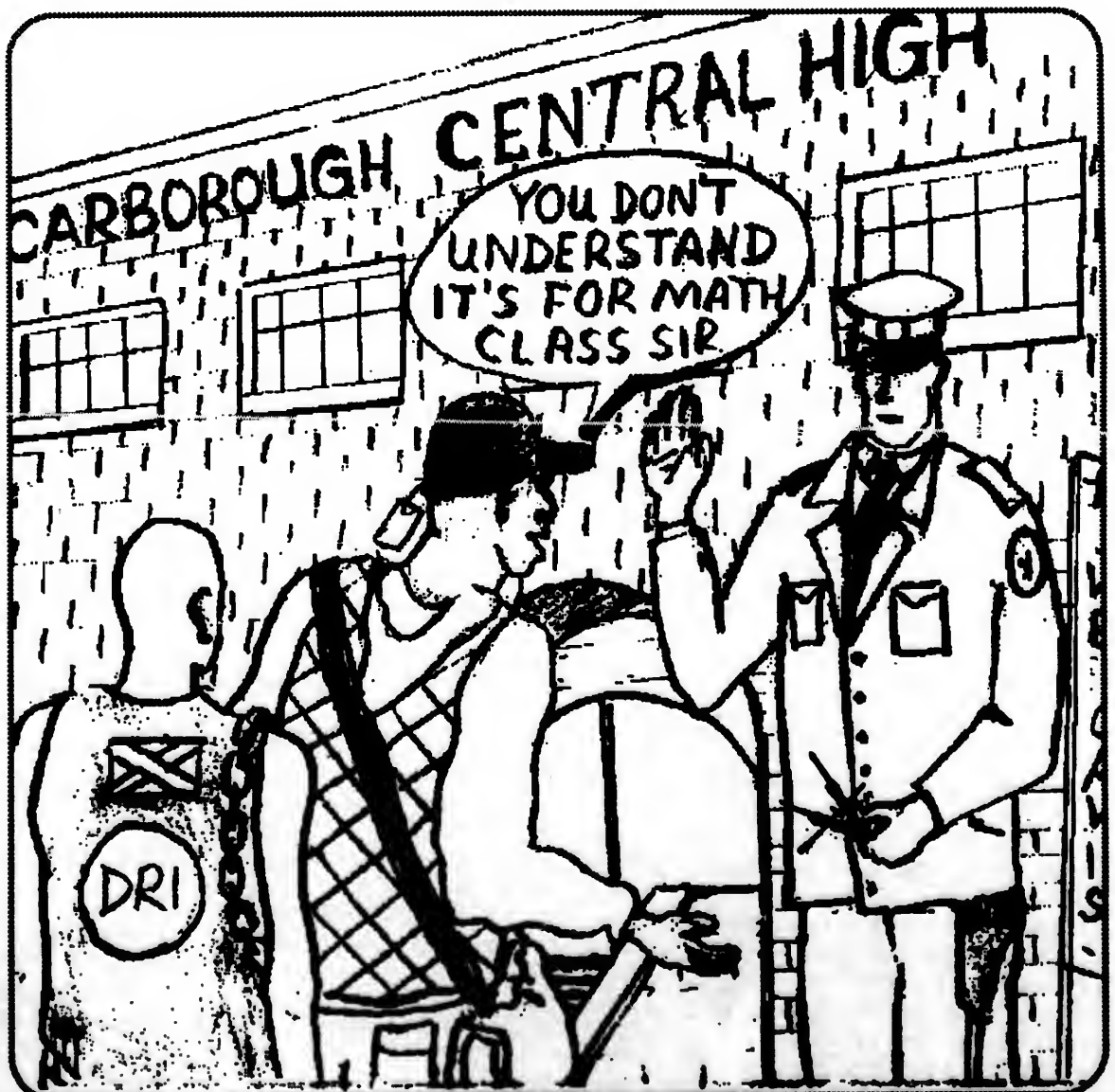
date. I just never feel comfortable shoveling food into my mouth in front of a stranger. But at least by this point in the date I can learn a lot from my escort.

If I order the most expensive item on the menu and he shows no emotion then he is not the guy for me. If he frowns and then somehow puts out a smile, then there is hope. And if he gets up and leaves then he is a keeper.

Unfortunately, no one left me with the bill.

Maybe the worst part about the date is the walk to my front door. Many thoughts go through my mind: "Is he going to kiss me?" "Do I want him to kiss me?" "Are my parents watching through the window?" and "Why do I still live with my parents?"

Maybe the worst part of the entire date is going inside and closing the door behind me and wondering: "Is he going to ask me out on a second date?"



# LIFESTYLES

by Tiziana Scorrane

**H**eather still wakes up in a cold sweat in the middle of the night, a cry frozen in her throat.

Her memories of child sexual abuse at the hands of her father haunts her sleep. Memories she had tried for years to deny in her waking hours.

"My father died when I was nine years old, she says coldly. I do not know what it would be like to have a father."

Heather's father is still alive, freely walking the streets while she is still trying to free herself from the horrible memories of an incestuous relationship which lasted almost 14 years.

Heather was nine years old when she lost her innocence. That was the year when she realized what her father was doing to her was horribly wrong.

She remembers that day in images rather than details. It was a sunny, beautiful day and she was outside playing. Her father beckoned her into the house, alone, while her family stayed outside enjoying the gorgeous weather. She has no clear memories of the events that took place inside the house. She only recalls going back outside in a daze.

"I just stood there staring at the ground. Then that was it", she says in confusion. My life just changed after that. That was the end of the world for me. My life was screwed and I knew it."

Heather has few clear memories of her life before that day but she is convinced the abuse started long before she was nine years old. That beautifully warm day was only the realization her life was steadily becoming a nightmare.

Heather, 29, can only guess when her father's affection and caresses turned sexual. She only has glimpses of emotions and snatches of memories.

**S**he recalls holding a bottle and feeding one of her baby sisters while her father fondled her. She denied her fear and revulsion by pretending to be alone in the room with her little sister.

"I would tell myself this was not really happening while I stared at something, anything in the room, ignoring him touching me," she says with a small smile, her discomfort with the conversation clearly evident.

Heather felt isolated. She was ashamed to go out and it was an effort for her to look people in the eye. She was constantly afraid others would guess her secret: she was having sexual relations with her father.

Heather's feelings of fear and isolation are not unusual. Adult survivors of incest and child sexual abuse often believe they are the only ones to feel this way, says Ron Parducci, a treatment counsellor at the York Region Abuse Program (YRAP) in Newmarket.

Parducci says figures indicate one out of every three females and one out of every four or five males will experience some form of child sexual abuse in their lifetime. This includes exposing a child to pornography; exposure to adults having sex; stimulating a child's genitalia while bathing; and sexual relations with an adult.

A greater majority of child sexual abuse cases involve a member of the family, he says. It could be a member of the immediate family — father,



## SURVIVING INCEST

Children of abuse have to grow up fast

mother, brother etc.— or a member of the extended family — cousin, uncle, grandfather etc. The balance of the other cases involve someone outside the family. "The commonality in all these cases is a betrayal of trust," Parducci says, "The client depended on that person for something, some kind of psychological nourishment."

It is this betrayal of trust that confuses the child and produces conflicting feelings extremely difficult for the child to cope with.

The perpetrator is not only the source of love and pleasure, the perpetrator is also the child's source of trauma. Parducci

says secrecy is the key to continued sexual abuse. The perpetrator being the one person who "knows" has power over the child. Threats tend to ensure secrecy that may last for months, years, or forever.

Heather's father threatened to kill her mother, harm her siblings, even kill her if she told anyone their "secret." She believed him, thinking if he was capable of sexually abusing her then he was capable of anything.

The threats only worked on Heather as a child. As she got older she didn't believe he would harm the family. However, she knew exposing their secret would destroy her family. She kept silent to protect those she loved. Parducci says in cases of incest between father and daughter, the child experiences role confusion and blurred role boundaries. The daughter becomes lover and wife; if there are siblings, she becomes the mother.

The individual cannot develop at his or her own pace. This role confusion often leads to premature assumption of an adult-like role in the incestuous family. Heather recalls feeling

like a mother to her siblings, a "mistress" to her father and a confidante to her mother in her teenage years.

**I**felt I had to be super-woman. Everyone was used to me always being there. I wasn't able to show my emotions. I didn't have the freedom to cry. I had to be strong for everyone because they were all relying on me," she said. Self-sacrifice is also typical of abused children and adult sur-

'That was the end of the world for me'

vivors, Parducci says. They lose the ability to care for their needs and their wants. They become powerless and helpless, losing all trust in the security of the family. He says abused children also lose their self-esteem and their sense of self-worth. Adult survivors always perceive themselves as victims, falling into the phenomenon called the "victim mind-set." They tend to find themselves in abusive relationships that follow the patterns of their childhood. "If that person does not have that self-respect, that infrastructure to access, then they are vulnerable to further victimization," Parducci says.

The long-term effects of child sexual abuse are countless and overwhelming. There is guilt and shame that comes from the individual assuming blame and responsibility for the sexual act; the damaged goods syndrome that allows the individual to feel "damaged" and "dirty"; the fear of reprisal from the abuser and/or members of the family; the depression where an individual may become withdrawn and even attempt suicide; the repressed anger and hostility; the impaired ability to trust that stems from betrayal and broken promises; the dependency that results from the individual's feelings of loneliness, emptiness and inadequacy.

**A**dult survivors will also feel confused about their own sexuality. In some cases, Parducci says the adult becomes promiscuous, perceiving themselves as sexual objects. They equate sex with love and attach a value to their sex. It becomes a ritualised behaviour and sets a pattern.

In other cases, the adult survivor has difficulty having intercourse. They dislike the proximity and the sexual act itself. Some survivors have fears of homosexuality, especially if they were abused by a person of the same sex.

Heather feels she is finally getting her life together. She attends therapy every two weeks and says "each session does wonders" for her. After years of unstable relationships, where she became the abuser—repressed anger caused her to lash out — she has settled down in a happy, healthy relationship with her common-law spouse.

Does she still love her father?

"No. I don't know. No," she says in confusion, giving serious thought to her answer. "There are some days when I want to kill him," she says, pausing and continuing with a harsh laugh.

**T**here are some days when I want to kill him and then there are some days when I want to kill him."

Heather says she'll never understand why her father did what he did. She will never forgive his deceit, his selfishness, his manipulations, and especially his betrayal.

Parducci says it's not important for the survivor to forgive the perpetrator. The adult survivors have to do what's best for themselves and their emotional well-being.

Some do forgive, but they never forget. Memories of a lost childhood are never forgotten.

'I didn't have the freedom to cry'



# Developing Survival Skills: Dealing with Memories

by Tiziana Scorrane

Survivors of child sexual abuse can and do lead happy and healthy lives through therapy, said Vinnie Mitchell, a counsellor at Humber.

"Sexual abuse does not have to mark one for life in terms of damage," she said.

Mitchell said it's not appropriate to see survivors as victims, because many manage to perform very well in their everyday lives. Although they have been victimized as children, they got through it and in the process they develop amazing coping skills. "Obviously they had wonderful resources to call upon," she said.

Ann Barker-Voisin, a counsellor, said the counsellors at the college generally refer clients to a resource centre because most counsellors are not trained psycho-therapists.

Barker-Voisin said counsellors try to teach students coping strategies so they may deal with the trauma while attending school. She said they try to help students to prioritize their lives.

"This is not unlike a

grieving process. The grieving is all part of the process to heal," she said. "Any kind of a crisis situation, you deal with in similar ways. You grieve, you have to go through it, you have to experience it, and you have to be able to talk about it." One place to start talking about it is at the Humber College counselling office

where Mitchell said all the counsellors are very good in terms of working with people.

The York Region Abuse Program (YRAP) on the other hand, deals only in group therapy. Parducci said group therapy is the preferred method of treating survivors because it tends to normalize the feelings and thoughts they

have been experiencing.

YRAP's philosophy is to have two therapists at each group session: male and female. Parducci said it gives adult survivors, especially female survivors of male perpetrators, a perspective they wouldn't normally get.

"It's important survivors realize that not all men are

perpetrators. Many adult survivors go home to men. They have to start considering men to be something other than abusive or sources of abuse," he said.

Barker-Voisin agrees with the importance of group therapy but said it all depends on where the survivor is in the healing process. She finds most survivors who are just beginning to open up and talk about their abuse, are more comfortable with one-on-one counselling.

Mitchell said other resource centres and programs offer a combination of group therapy and one-on-one counselling. Barker-Voisin said that if a person is not ready or uncomfortable, therapy cannot be forced upon them.

"Who says you've got handle everything all at once all the time? It can be too painful to deal with all at once. We need to know we have the power to back off and back in again if that's what we choose to do," she said.

Parducci said the timing is crucial. Adult survivors have to know they can control their own lives. Deciding when and where they deal with their therapy is very empowering.

## Vigilance necessary for abusers

by Tiziana Scorrane

When we think of incest and child sexual abusers, our first reaction is to lock them up and throw away the key, or worse. For many, that is the only acceptable solution to ensure they will not traumatize any more children. However, counsellors and therapists say, incest offenders, unlike pedophiles, can be treated.

Jim Dickinson, a social worker in Scarborough, said he has had success with treating offenders. The key to successful treatment is for perpetrators to deal with their own victimizations.

"Show me an offender and I'll show you a victim," he said.

Dickinson said there is no set psychological profile for a perpetrator but their one commonality is they have all been victimized as children.

Ron Parducci, treatment counsellor at the York Region Abuse Program (YRAP) said some other commonalities amongst perpetrators are: poor to non-existent self-esteem; difficulty relating to women their own age; a thirst for power and control; "screwed-up" notions of sexuality; cunning and a strong desire to manipulate.

Parducci said, to his knowledge, the offenders he has treated have not re-offended. However, he said perpetrators cannot be "cured."

"Once an offender, there's always the possibility to re-offend," he said.

Parducci says, offenders need to exercise control from within. Treatment teaches them to recognize risky situations so they can take responsibility and remove themselves.

"It's vigilance, vigilance, vigi-

lance. They have to be very vigilant. Some are and some aren't," he said.

Dickinson said perpetrators have to surround themselves with a strong support network. Dickinson said society has a growing realization of the number of female offenders. The number of female perpetrators is less than those who are male, but society tends to minimize women as offenders so their numbers are unknown.

He says it is more difficult for victims of female perpetrators to come forward and ask for help.

Dickinson said the first step in receiving help is for the perpetrators to recognize they have a problem and have a strong willingness to change.

"If the world is not safe for the perpetrators, then it's not safe for the victims," he said.

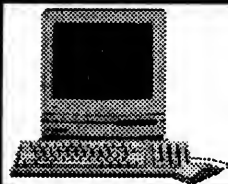
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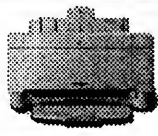
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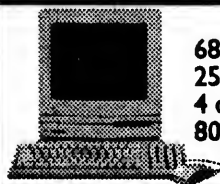
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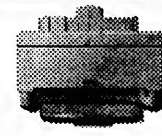
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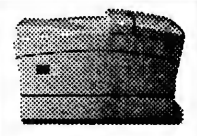
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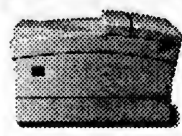
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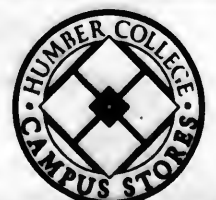
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# Living with bulimia a constant battle

## Victim recalls "routine" of the disease

by Deborah Walker

I have been fighting with bulimia nervosa for so long I can hardly remember what it was like to live without the disorder.

I've been dealing with it for eight years, but only a year and a half ago I finally decided to get counselling.

Therapy has helped me to understand the disorder and to better understand myself. I found out my problems with

the disorder are due to my low self-esteem. This is a side of me many of my friends don't understand. They don't think I have reasons to have such a low self-esteem.

The last time I was in therapy, the feeling of never being completely rid of the disorder was something many of the women in my group shared.

In many ways it has become my coping mechanism. I don't remember how I handled tough situations before I

became bulimic, and I don't feel the day will come when I'll finally be able to.

For the first two of the eight

**"I'm struggling with it all the time."**  
- bulimia victim

years I have been living with the disorder, I was anorexic. But living with a family that

would stop at nothing until I ate, I soon developed another way to live that would please both them and myself. I began my bulimic patterns.

Many people think when a bulimic binges, it means they eat a huge amount of food but this is not true. If I eat one extra sandwich, to me that would be considered a binge.

I am aware of all the hazards that come with having an eating disorder, but each time I delve into my routine I keep

saying to myself, just one more box of laxatives won't hurt. And before I know it, the damage is done.

There are days in which I have it under control, and then something happens to set off my bulimic behavior. Like other victims of eating disorders, it interferes tremendously with my life.

Needless to say, it's very frustrating and exhausting. It's a constant battle and I'm struggling with it all the time.

## Body image and self-esteem factors in eating disorders

by Deborah Walker

Many women are overly concerned with their body image. Unfortunately this concern usually manifests itself in some form of self-abuse, both physically and mentally, known as anorexia or bulimia nervosa.

According to the National Eating Disorder Information Centre (NEDIC) in Toronto, eating disorders are defined as being extreme expressions of a range of weight and food issues many individuals, particularly women, experience.

Both anorexia and bulimia are characterized by fear of weight gain, feelings of ineffectiveness, and low self-esteem.

Diane Taylor, registered nurse and health counsellor in Humber's health centre, said the reasons for eating disorders are individualized.

mon age of onset is between 14 and 25.

"Eating disorders usually occur around the beginning of puberty," said Taylor. "Often it is left a secret or it doesn't become known until the victim is in her 20's."

Since the public got word that Princess Diana is a victim of bulimia, it has become clear that it is a disease without boundaries. Even the women least expected to become victims of an eating disorder have fallen prey.

The hardest part about getting treatment is actually finding help. There are many hospitals and clinics with doctors and psychiatrists specializing in treating eating disorder patients. Yet the waiting lists are usually months long.

"It's becoming such a common thing. Patients will find they will have to wait in order to receive counselling," said Taylor. "After getting a doctor's referral a patient may have to wait up to six months sometimes."

A recent article in The Toronto Star said eating disorders are rare. This couldn't be further from the truth.

In fact, they have become so common there aren't enough doctors around to help victims.

Winters said she cannot imagine ever really being able to live her life completely free of her bulimic ways.

"It has only been five years since I have accepted the fact that I need counselling," said Winters. "I think I've made progress with treatment, but I can't ever actually see myself 100 per cent better."

Women with eating disorders are those who are generally highly motivated, intelligent, disciplined, goal oriented and are perfectionists.

"Other people usually see victims of eating disorders as women who seem to have it all," said Dr. Kroft, psychiatrist at the eating disorder clinic at Branson Hospital. "Women least expected to have it are those who do."

Many women with eating disorders want to be successful. Experts on the eating disorders believe the problems stem from our society's relent-

less worship of thinness.

According to Taylor, women are more likely to fall victim to an eating disorder because they are judged the most against unrealistic standards of body image and beauty.

According to the NEDIC, for every nine women with an eating disorder there is one man with an eating disorder.

Although many blame the fashion industry for eating disorders, some experts disagree.

In a recent article on eating disorders and supermodels in *People* magazine, eating disorder specialists from UCLA agreed that merely admiring the 'ultra thin' model is not enough to bring on anorexia or bulimia.

Besides all the psychological abuse inflicted on a victims of eating disorders, many physical complications can

**"Women least expected to have (the disorders) are those who do."**  
- Dr. Kroft

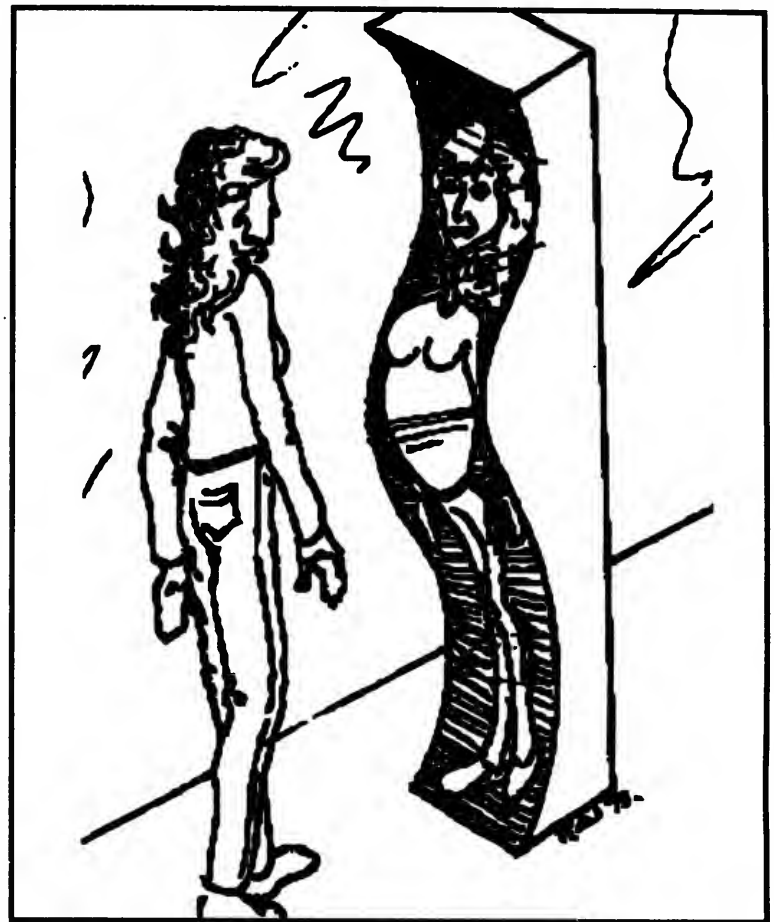
occur as well.

"There are a number of long-term medical conditions that can occur," said Taylor. "A lot of the major system can deteriorate."

UCLA specialists describe what complications can occur as a result of eating disorders. Metabolic complications can occur with people who vomit, abuse laxatives or diuretics. They lose large amounts of potassium and are at risk of having muscular cramping, weakness, irregular heartbeats and even sudden death. With gastrointestinal problems victims may experience bloating, diarrhoea or constipation. Dental cavities are common in people who vomit, as the stomach acid erodes tooth enamel.

Winters said the biggest problem she faces on any given day is trying to find enough energy to function.

"Your body can go through a lot of stress," she said. "But although this is made clear to me it is not enough to make me stop. It's not that easy."



## Anorexia and bulimia may be easy to detect in others

by Deborah Walker

If you suspect someone you know is suffering from an eating disorder, there are certain signs you can look for:

### Anorexia nervosa

The National Eating Disorder Information Centre (NEDIC) defines this as being a drastic weight loss from dieting. Most individuals with anorexia don't recognize how underweight they are. Even when down to a dangerous weight, the woman may still 'feel fat'. An anorexic may also become withdrawn from her family and friends.

### Bulimia nervosa

The NEDIC describes this as being frequent fluctuations in weight, and periods of binge eating followed by various forms of purging to rid the body of unwanted calories. Purging can be done through self-induced vomiting, in which case there can

be identifiable marks on the victim's knuckles from pushing his or her fingers down the throat, the abuse of laxatives, excessive exercise, or periods of fasting. Like the anorexic, a victim of bulimia may also appear to be withdrawn.

### Warning signs of both anorexia and bulimia:

Excessive concern about weight, shape and calories. The victim may also begin to engage in unusual eating habits, such as cutting up food in small sections, or moving food around the plate to make it look as though he or she is actually eating. A very common physical alteration is the irregularity in menstruation or the cessation of periods. Emotionally the victim may feel depressed or irritable; he or she may feel guilt or shame about eating. Almost always the victim will exercise strict avoidance of certain foods, particularly those considered fattening. Finally, the victim will keep feeling fat when not overweight.

**"When I am really depressed it feels like life is hopeless."**  
- bulimia victim

"Everybody has his or her own reasons," said Taylor. "The main key to understanding eating disorders is to remember it is an outward manifestation of an underlying problem."

Victims of bulimia nervosa, a cycle of uncontrollable binge eating followed by various forms of purging, discover with the help of counselling that the problem stems from lack of self-esteem.

"I always feel like I am less than everyone else," said Michelle Winters, full-time sales clerk and bulimia victim. "I'm always down on myself and when I am really depressed, it feels like life is hopeless."

Many victims feel they are one of the very few people who have to battle an eating disorder.

Studies done on eating disorders, however, show that approximately one to two per cent of women in their 20's have anorexia and three to five per cent have bulimia.

While all ages struggle with both disorders, the most com-



ARTS



ENTERTAINMENT

# Dancin' Jamiroquai style

by Lee Flores

Take some old '70s vibes to create a fresh new '90s sound and you've stumbled on the hard-driving, music making recipe of England's newest dance-groove sensation, Jamiroquai.

The London-based band, packed The Opera House last Sunday, with a sell-out crowd made up of some of Toronto's hippest and grooviest club goers. On the agenda for the night was over an hour of high

energy disco-funk-jazz beats that invaded the bodies, souls and minds of those present.

Jamiroquai's music has been likened to that of Stevie Wonder and other R&B and jazz greats, but credit must be given where credit is due.

This band or more specifically, this man, has a style all his own.

Jason Kay undoubtedly is Jamiroquai. He is their front man, and the music is based on his views.

D.J. Paul E. Lopes, a

Humber graduate, said critics compare Jamiroquai to past artists because his music is, in fact, coming from the past. "Good music is good music. (Jamiroquai and others like him) are bringing back soul."

When talking about style, it's not his appearance that people take note of (Jay Kay—as he's known—seems to swear by Mexican ponchos, puma runners, cords and big, furry hats) but his unique, commanding voice and the way in which he connects with

the crowd.

"He's crazy!" exclaimed one female fan. All right, so maybe he is, but if anything, this is why Jamiroquai, has become so immensely popular in the underground venues. How many other performers do you know who share their water bottles with their audience?

Sony's Urban Music representative, John Adams (also a Humber graduate), said Jamiroquai is so good because of his originality and that his music has substance. While Jamiroquai is classified as an Acid Jazz artist, Adams disagrees.

"It's not really Acid Jazz, it's soul music. Today, everything that comes out is synthesized, it's all techno. (Jamiroquai's music) shows his ideology of the world, you can't do that with a bunch of beats and low sound waves," he said.

Ideology and opinion is something Jamiroquai's music is definitely not short on: the CD itself is titled *Emergency on Planet Earth*. The catch is, Kay's socio-political messages are so intertwined in the rhythm of his music, the crowd would never have guessed they were being preached to the entire duration of the concert.

"There must be an easier job than this," joked Kay in between sets. Now there's a surprising comment, because the man obviously loves performing and hamming it up for his fans.



courtesy photo

**Fresh from the '70s?**  
Lead singer Jay Kay of dance band Jamiroquai.

"You should gain some more weight my dear," he said, referring to his girlfriend, the mic stand.

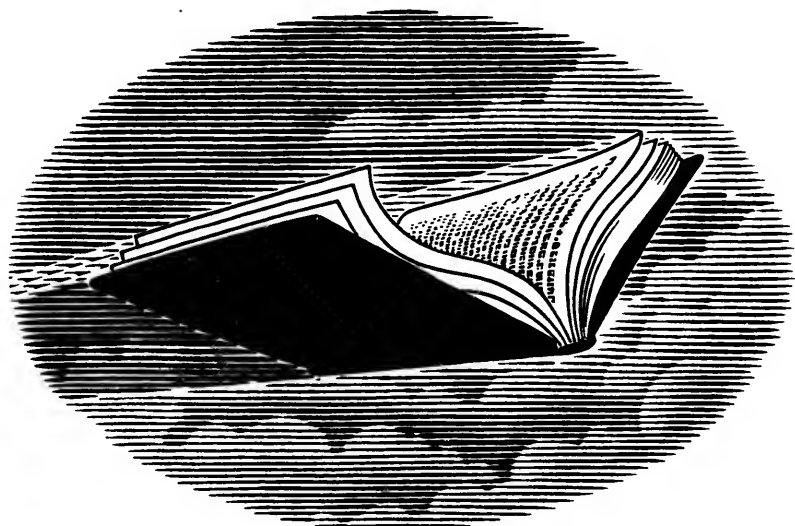
Throughout the show the energy level never wavered. Jamiroquai, the man and the band, kept the audience on a constant high.

"It was very fast paced and energetic," said Angela Briker, 23. "Toronto's been looking for a fresh new vibe — their popularity speaks for itself, it's a sold out show."

And according to Marco Benabides, Jamiroquai will be leading a revolution in the music industry.

In the words of Jamiroquai "a revolution is the only way we can change...Everybody needs a revolution."

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## An auspicious debut for Bjork

by Jyotika Malhotra

That voice ripped through the walls of the Opera House Saturday night, as Bjork Gudmundsdottir *Debut*-ed to a sold-out crowd.

She was every bit the gorgeous fairy princess, prancing happily about, clad in angel-white from head to toe. Scurrying onto stage with her first single *Human Behavior*, she delighted her devoted fans.

Her voice is somewhat of an abstraction — perhaps the equivalent of a child playing happily in a sandbox — bleeding to death.

The *Anchor Song*, in which she was accompanied only by an accordion, is a good example of this and left the crowd breathless.

Other tunes such as *Big Time Sensuality*, *Crying* and *There's More To Life Than This* (a song originally recorded in a London washroom) must have had ticketless fans dancing in the street.

This is not Bjork's first visit here; nor for that matter

is *Debut*, her first album. As ex-lead singer of The Sugarcubes (a band that has not broken up, despite popular belief), she played the role of a cultural diva. On her own, she is more the diva's little sister.

So not surprisingly, her first solo album — a collection of children's songs — was released when she was 12. The second *Gling Glo* (1990), was a collection of Icelandic jazz tracks. *Debut*, her third album, has broader appeal. A diverse mixture of jazz, metal and funk, it is held together with one main element — again, that voice.

One drawback to her show Saturday night was that it seemed a little abrupt at just over an hour. Strange too was the presence of teenagers screaming her name — an honor usually reserved for celebs like The Cure's Robert Smith.

Still, if *Modern Things* — the teaser at the end of the show — is any indication of what's to come, one can only feel, as Bjork would say, "Ecsta-tic."



courtesy photo

**Beaming** —Margaret Atwood, Canada's reigning queen of fiction, returns with *The Robber Bride*

## Another gem in Atwood's literary treasure chest

by Amie Heaslip

Margaret Atwood's latest novel, *The Robber Bride*, is a true gem.

*The Robber Bride* is reminiscent of Atwood's earlier novels such as *Surfacing*, and *Cat's Eye*. Gone are the short stories of *Wilderness Tips* and *Good Bones*, and the Orwellian feel of *The Handmaid's Tale*.

Set in present day Toronto, the novel captures the spirit of the city. The three main characters; Charis, Tony and Roz met as students at the University of Toronto, while living in McClung Hall, a residence at the campus. All three are unlikely friends.

Roz is a successful business tycoon, living in Rosedale. She is strong and mother henish, with vague resemblances to Offred in *The Handmaid's Tale*.

Charis is a new age healer who meditates, works in a new age shop, and lives in a weatherbeaten house on Toronto Island.

Tony is a university professor, teaching war at U of T. She lives with another professor, West, in an older house near the campus.

What brings them together is a woman named Zenia. Zenia causes chaos in all of their lives by destroying the

men in their lives. Zenia is beautiful and manipulative. The story revolves around Zenia as the other three attempt to get rid of her. Before the start of the novel, Zenia has disappeared and died, or so they think. Yet she reappears later to prove that she can still wreak havoc on their lives.

The result is a richly layered narrative that jumps between the characters, revealing crucial points in their lives. Atwood retraces their lives up to the present and shows how each of the characters must face their fears and deal with Zenia.

Zenia is a character that is strangely reminiscent of

Cordelia from *Cat's Eye*. She is deceptive and controlling. Each of the women must learn to sever their ties to her and overcome the problems of their childhood.

Atwood has created a novel that is remarkably like her earlier work, yet a must read for Atwood fans. *The Robber Bride* is brilliant and deserving of international recognition. Atwood's *Cat's Eye* received The Trillium Book Award and the City of Toronto Award.

*The Robber Bride* will doubtless receive similar acclaim.



## New country fever spreading fast

by Jennifer Logan

New country music may seem like a trend, but according to those in the industry, it's no trend and it's here to stay. Gone are the days when country was about cheatin', stealin' and drivin' around in the ol' pick-up. Artists are now singing about issues to which today's listeners can relate.

According to CISS FM's executive communications director Keith James, "New country is the best music out there." Ratings in the industry seem to reflect this.

CISS is the third most listened to station in Toronto, the number one country station in Canada, and is ranked the third most listened to country station in the world.

CISS's debut on the air was January 26, 1993. It was immediately able to draw a large audience because, according to James, "Baby boomers were disenfranchised. They were bored... They were drifting away from radio so we coined the term new country music."

It is the baby boomers who are country's biggest audience. Dan Broderick, a former Humber radio student who now works at Saskatchewan's number one station says "The largest group of people are 35-60; the baby boomers. They are looking for a kind of music that's not offensive. Only if you're under that age would you listen to the new alternative style of music that replaces rock."

Although the baby boomers are country's largest audience they are not the only audience. Young people have been enjoying the new style of country music as well. In fact,

the students of Humber can listen to it in the halls from 10 a.m. to 2 p.m. each day.

Humber's radio station CKHC has recently added country music to its format. Station programmer Jerry Chomyn says that because country is enjoying a resurgence, radio students need experience as country announcers. Whatever the reasons for introducing country to CKHC's format, it has been well received.

"The feeling was everyone would be complaining," said Chomyn. "But for the most part, it—student feedback—has been positive."

Second-year public rela-

**"All ages and more younger people than before are coming in and buying new country."**

tions student Lori Peever often meets with her friends in the halls after class and listens to the music. She says "We need it for a variety. If you want to hear rock, go to Caps."

Another Humber student, Michelle Dorgan, works at a music store and says she has noticed a definite increase in country music sales. Dorgan says "All ages and more younger people than before are coming in and buying new country, like Garth Brooks, Travis Tritt, Brooks and Dunn."

She also says that people are dressing more country. "They're going all out. They dress more country and everything now. Fringed clothes, cowboy hats, cowboy boots

and cowboy related jewellery."

The popularity of today's country is obvious. But when did it start? According to James, it began in the '50s with artists like "Elvis, Buddy Holly and the Everly Brothers doing rockabilly — country with a strong rock influence."

This influence continued to show in the '60s and '70s. James says there has been "lots of influence from country roots. Even Bruce Springsteen has country influence." But he says what is known as today's new country really became big with Randy Travis. He was the first big new country artist selling record amounts of albums.

Then along came Travis Tritt who outsold Travis and then came Garth Brooks who outsold both of them as well as many in the rock industry. Broderick says that "Garth Brooks started it all. He has wide-spread appeal. People listened to him and then listened to others and found they, too, were good."

Country is even getting on television. The Nashville Network has music and news from the country world all day. There is also the Countdown at the Neon Armadillo on CTV every Saturday. This is country's answer to Solid Gold, with live performances, video clips and scantily-clad dancers.

Chomyn says "I think country music will always be here."

James sums it up best when he says "Country music is like Levi's. It's been there all along but it's now the trendy thing to do. You don't have to be a farmer to wear Levi's and now everyone is finding it trendy to listen to country music."

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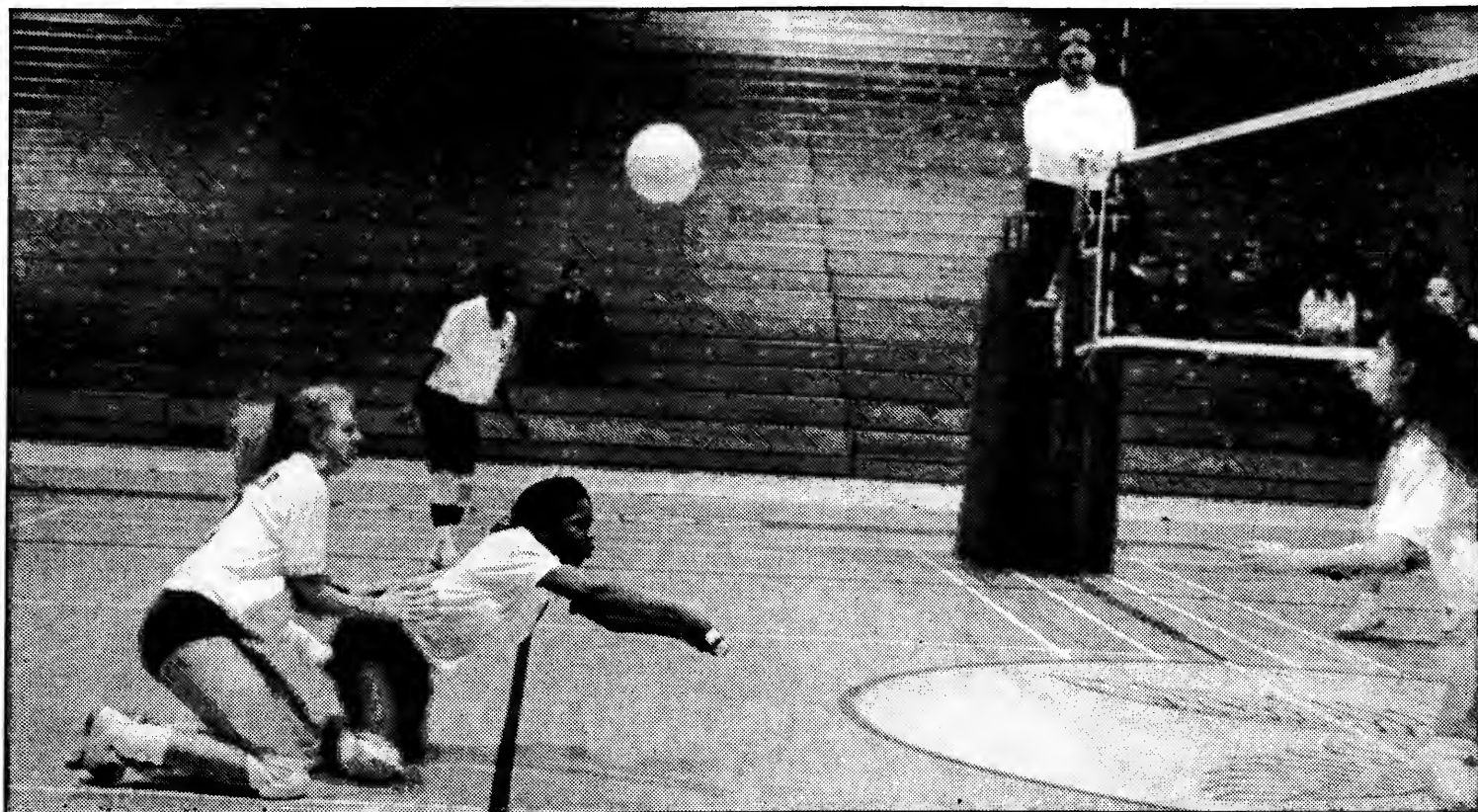
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# SPORTS

**Trivia:** Which NHL referee once scored two touchdowns in a Grey Cup game?  
 Last week's answer: Kentucky and Indiana with five NCAA championships each.



Jason Carroll

**OLD PROS**—The Women's volleyball team demolished the St. Clair Saints three games to none last Sunday, after defeating Sir Sanford Fleming earlier in the week. The Hawks play the Durham College Lords next week.

## Hawks remain undefeated

by Jason Carroll

The Hawks women's volleyball team has made easy work of the opposition so far this season, and that has been their biggest obstacle.

Perhaps, the only problem is the Hawks get so far ahead, they can start to play with less skill than they have.

The Hawks have gotten off to a 2-0 start this season, downing both Sir Sanford Fleming and St. Clair College in straight games, and you would have to nit-pick to find

any faults.

On Sunday's game against the St. Clair Saints, the Hawks were up two games and were winning the third 14-5, but let the Saints come back to 14-12 before putting them away.

"You just lose momentum in games like that. It's very easy in this game," said head coach Dave Hood. "We were the superior team, at least in athletic ability and it's hard not to slow down to someone else's level. Volleyball is mostly a mental and emotional game."

The Hawks opened the best-

of-five game with Albina Michele serving four straight points but the Saints rallied with three of their own. Later, Nicole Nightingale made good on four points to stretch Humber's lead to 12-3.

With the Saints serving, Vanessa Hendricks let loose on four shots that died as soon as they crossed the net and weren't returned by Humber, and then went long to give the Hawks the ball. Suzanne Sharp spiked a ball down the middle to give Humber a 15-7 win.

In the second game, neither team could build on or narrow the 6-1 lead the Hawks built, Michele chased a ball that looked lost for sure and brought it back into play for Danielle Brown who put it in for the point. The Hawks won 15-8.

The Hawks had a noticeably larger bench than the Saints, who had two players riding the pine. Of the 12 players on the Hawks roster, only six can be on the court, but Hood wants to get them in games when the time is right.

Michele, who won player of the game, had three service

aces and Hood said she led by example on the court.

"Albina's picking up where she left off last year. When she plays like that, the whole team responds well," said Hood.

Hood credits the team's good start to how hard they've worked in practices. He has had them work on the basics, just as he said at the start of the season, and the blocking and defence have started to improve since tryouts.

The play of Nightingale who's in her first year, has been a surprise to Hood.

"Nicole is extremely athletic. I don't think there is anyone in the league who will jump any higher than she will. But it is her first year and she will make some rookie mistakes but that's fine," Hood said. "All of the first year girls have done extremely well. It's an adjustment coming out of high school, as most of them have, right into college volleyball. I want to get them experience when I feel it's an appropriate time."

The Hawks return home on December 9 to host Seneca in a double header with the men's team.

## SPORTS SHORTS

(A column expressing the views of Humber's editors on happenings in the sports world)

### Referee strike hurts players and fans alike

by John Tenpenny

At midnight on November 14, the quality of NHL games altered significantly. You may not notice right away, but it won't take long to see that the games played after that date are not the same quality as the ones played before it.

That was the deadline set by NHL officials for a new collective bargaining agreement with the league. After weeks of negotiations, which included the league recruiting replacement officials and even sending referees and linesmen a letter saying in the event of a strike, the safe return of their jobs was not guaranteed. Not exactly stellar bargaining tactics.

The league assures fans that the games will not be affected by the strike. I don't know how they can make that statement with a straight face.

These guys have never officiated in NHL. NO prior experience can prepare an official for the speed, intensity and pressure he will face in an NHL game. If you watched the Leaf-Oiler game last Monday you might have noticed that the referee and his linesmen were out of position or simply caught behind the play on many occasions.

One thing they don't have, is the respect of the players. Officials earn the respect of players over years of contact, the players may criticize them, but on the ice they respect them.

Over the years players also learn to adapt to the different styles of certain referees, and play accordingly. The first half of each game will be spent with the players trying to figure out the new officials. That will make for slow moving and potentially penalty-filled games.

The NHL has taken a big chance by playing hard ball with the officials. Let's hope their methods don't back fire on them. The NHL has worked too hard to clean up its act, let's hope this doesn't tarnish it.



### RESECREATION SUNDAYS

THE HARDEST BEATS FROM THE CUTTING EDGE

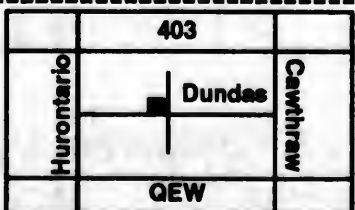
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# Gray's number to be retired

## Volleyball star inducted into Humber Hall of Fame Former OCAA All-star and Athlete of the Year

by Paul Riley

On December 9, former volleyball star Colleen Gray joins a very exclusive club. She becomes only the fifth Humber College athlete ever to have their number retired.

To acquire membership in this prestigious group there are really only three criteria: you have to be an outstanding athlete, you have to take care of the books which means graduating, and you have to have character.

If you know the names of the members so far, you know the Athletic Department has been meticulous in selection of its members.

Humber's Hall of Fame inductees are basketball players George McNeil, Patrick Rhodd, Denise Cummings and Denise Perrier. They are the only Hawks to achieve this honour, and an argument cannot be found to dispute any of these choices.

Enter Gray, an argument could be made about her selection, if being overqualified could be considered an argument. Gray's resume covers all of the criteria necessary for entry.

Gray was an OCAA All-star team MVP and Athlete of the year in '90-'91, as well as being an All Canadian in '91-'92. All of these accolades are volleyball related. However, she was also a late season addition to the women's basketball team which won the OCAA's and went to the National Championship last year. So significant was her addition to the Hawks playoff run, that her performance in the final game left the Fanshawe coach declaring:

"If Humber hadn't added her, they wouldn't have beaten us in the final game." Gray hadn't even played basketball since high school.



**HANG IT UP-** Colleen Gray will become only the fifth Humber athlete ever to have her number retired.

Athletic Director Doug Fox said, "she would have started for any other team in the Conference, probably the country."

Gray had the highest academic standing of all varsity athletes at Humber last year and won the Athletic/Academic Award. She was also one of five OCAA All Academics. She graduated with her accounting diploma and currently works as Assistant to the Athletic Director at Humber.

Which leads to the next criteria.

Character, poise, dedication. These are the words most frequently used to describe Gray by her colleagues.

"She's a marvellous girl with a high level of competence," said Margaret Riley of the Student Life Department.

When tracked down for an interview, the confidence Gray exudes is clearly evident. She's a "perfectionist" she said, who "always played hard. I don't think anyone could love playing and competing as much as I do."

Just as prominent as the confidence is her humility. Getting her to stand still for a

photograph is difficult.

About the basketball championship she said, "I felt like I almost didn't deserve it because I came in half-way through (the season)."

Gray has a very full life. She has a great balancing act to do, and she does it well. She aspires to coach some day and wants to help in recruiting players for Humber.

Any player who is lucky enough to get Gray as a future coach should beware however, she doesn't settle for anything less than 100 per cent from herself or anyone else.

Paul Riley

# 'Women in Action'

## Program aims to involve women in sports

by Margaret Bryant

The face behind the mask is a woman this time, and hockey will never be the same.

As part of Toronto Parks and Recreation Department's 'Women in Action' project, both women and girls get a chance to show their stuff on the hockey rink.

Offered for the first time in 11 of the city's 26 outdoor rinks in 1991, the hockey program will increase the amount of women participating in recreational sports, according to Project Manager Sandy Straw.

We're trying "to increase the overall participation of women in sports," Straw said. "There is generally low participation in non-traditional activity."

The project is a five-year gender equity initiative by the Department to increase by 50 per cent the participation of women and girls in recreation and sport by the end of 1996.

The program which will be offered free of charge, will focus on activities like shinny hockey, ringette and skating. Straw said women will feel more comfortable entering the hockey program, because it is geared towards making them feel equal and confident on the ice.

"We try to create a non-threatening environment where they know the staff," Straw said. "They have a feeling that they are equal."

Straw explained men have been positive about women coming into a traditionally male dominated sport.

"A lot of men are looking to women's hockey as getting back to basics — good competition without violence," she said. "I don't want to stress competition. Women's hockey is highly skilled."

The 'Women in Action' project started in the fall of 1991, and is funded by the Ministry of Tourism and Recreation and supported by Toronto City Council.

Straw hopes this program, which is handled by individual community rinks, will encourage house leagues and "encourage women to enter into a level of activity."

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## Athlete of the Week



**Albina Michele**

All-Star at Humber Cup volleyball tournament. Was also player of the game against St. Clair on Sunday. Her play has helped the Hawks start the season a perfect 2 - 0.


An OCAA All-Star last season, Michele looks to lead the Hawks to a championship.

*Athletics*

**THIS WEEK**

*HUMBER*

**BASKETBALL**



**MEN'S**


Wed. Nov. 24  
8:00 p.m.  
vs. SHERIDAN

**WOMEN'S**

Thu. Nov. 25  
6:00 p.m.  
vs. REDEEMER

**MEN'S**

Fri. Nov. 26  
8:00 p.m.  
vs. ST. CLAIR



**WEEK**

# Afterthoughts

Wednesday Tuesday Monday Sunday Saturday Friday Thursday

## A Space

Asian and Pacific islander artists come together to respond to the AIDS crisis. Video, music and visual art to Dec. 18. The Oriental Building, 183 Bathurst St. Ste. 301 364-3227

## Janet

Janet Jackson's world tour at the SkyDome  
Opening guest: tony toni tone  
Tickets available at Ticketmaster 870-8000

## Jane Siberry

**It Ain't A Concert**  
Stories, movies, song and conversation  
The Bathurst Street Theatre  
Tickets available at Ticketmaster 870-8000

## My Queer Body Nazi/ Jew/ Queer Gay theatre

\$12/\$14 2:30 p.m.  
Buddies in Bad Times  
142 George St.  
863-9455

## De-Ba-Jeh-Mu-Jig Theatre Group performing

### *If Jesus Met Nanabush*

Nov. 22, 7:30 p.m.

Free Admission

Sponsored by the Intercultural Centre & SAC

## Extenson

A visual Art Gallery  
Allan Harding MacKay  
Charlottetown to Mogadishu  
96 Spadina Ave., Ste 203. 977-5311 ext 323

## Women's Basketball Redeemer at Humber College 6 p.m.

Call athletic department at 675-5097

## Lecture Theatre

Featuring outstanding Humber ensembles in concert.  
North Campus, Admission \$5

## Centre, SAC proudly present Native play

by John Steckley

If Jesus met Nanabush, he would soon realize they had a lot in common. Nanabush has for hundreds of years been an important figure to the Ahnishnabe people (called variously the Ojibwa, Chippewa, Saulteaux, Mississauga and Algonkin). He was both man and god, with a spirit father and a human mother. Nanabush is respected as a teacher, sometimes associated with lessons concerning the planting and growing of corn, the making of maple sugar, canoes and arrowheads, the sacred painting of rocks in the Lake Superior area and the centuries-old teachings of the Midewewin.

Nanabush performed miracles. He could transform himself into anything he wanted. Rivers were changed, islands created by his actions. The beautiful colorings of the painted turtle and the kingfisher are the products of his artistic skills.

And Nanabush, whose burial place has been differently identified as southeast of Thunder Bay, Michipicoten Island or Giant's Tomb in Georgian Bay, will come back some day to help his people, some say.

But if Jesus met Nanabush, he would also discover their characteristics reflect some very different attitudes towards religion. Nanabush is both a serious and comical figure. The Ahnishnabe believe the spiritual should be treated with both reverence and humor.

Medewewin ceremonies mix the most solemn moments with jokes about both the humans and the spirits involved.

Nanabush was a trickster. Once he tricked a flock of geese in the following way: he saw the geese nearby, but knew he couldn't kill all of them with a bow and arrow, so he put himself into a large sack and rolled down a hill, laughing all the way down. He eventually persuaded the curious geese to join him. When they gathered around him, he told them to pack themselves tightly into the bag, so they would not get hurt when they rolled down the hill. Once they were all in the sack, he tied it up, knocked them over the head and brought them home for food for him and his grandmother. All Nanabush stories have a lesson involved with them.

*If Jesus Met Nanabush* is a play put on by the Debahjemujig ("Those who tell stories") Theatre Group, based in the Anishnabe community of Wikemikong, Manitoulin Island. A performance will be held in the Lecture Theatre on Monday, Nov. 22, at 7:30 p.m. It will be free, as it is jointly sponsored by SAC and the Intercultural Centre.

One of the best places today to learn about Native culture is Native theatre. If you go to see *If Jesus Met Nanabush*, expect to learn of parallels and differences, but also expect to have fun. Expect drama, but with humor at the strangest times. Expect all this if Jesus met Nanabush.

## Humber plans arts fest

by Melanie Demczuk

Discovery Design '93 is set for Thursday, Nov. 25, a little earlier than previous years on the suggestion of art teachers from local high schools.

The open house has been running for five years and this year a new feature has been added. Students will be invited to a portfolio workshop which will assist potential students' portfolios. Students will have the opportunity to meet with design students, faculty and tour the studios.

Work from creative photography, fashion arts, foundation design, industrial design, interior design and graphic design will be on display in various studios throughout the school.

Students are meeting in the Community Room at 9:30 a.m. where they will be sent on specific tours of studios and labs. To end the tour, a workshop will be offered where art students will present their portfolios as ideas for potential students.

For more information, contact the ACA office at 675-3111, extenson 4048.