

REVIEW

FareWell: life on the reservation
Arts 10

NEW FEATURE

Humber's Person of the Week
On Campus 8



We don't need no stinking **ARMY!**
Lakeshore lives it up in the snow

Lakeshore 8

January 21, 1999

Vol 27 Issue 15

Et Cetera takes Skyhawk on the road



Skyhawk, tagged along when we sent Mike Gentile (the bald guy in the middle) to interview WWF wrestler (and Humber grad) Edge (left) on Tuesday. Unfortunately, things got a little out of hand. Fortunately, Mike escaped to spend some time at TSN's Gallagher show, where he chatted with 'Net Grrlll Wendy Wolfe (right). Check out both stories in next week's edition of Et Cetera.

Rockin' out

SAC brings a Wrecking ball to Caps Monday

■ *Big Wreck joins alt-rock newcomer Emm Gryner for sold out show*

BY HIMANI EDIRIWEERA
Editorial Staff

Do you "really love that tune?" You know, that tune from "That Song," Big Wreck's latest smash. You can hear it on the Caps jukebox 14 times a day, or you can catch it once on Jan. 25, when the band brings their huge sound to the pub's small stage.

The show sold out in four days, but SAC is running various competitions this week to give students another chance at tickets.

See Arts 10

New courses

A joke of a program

■ *Among new ideas, comedy certificate is no laughing matter*

BY SHAUNA DEGAGNE
News Reporter

Getting away from the conventional high-tech and business-oriented programs that have been popping up at Humber recently, the Board of Governors heard a proposal Monday night to create a two semester certificate program in comedy training.

The program will be open to university graduates with some promise, or experienced performers. Tuition fees will be high, but so will the spirits.

See News 4

Missed goals

■ *Six years after the varsity program was cut, Humber's hockey team is coming up short in the classroom again*

BY BRIAN R. SYLVESTER
Hockey Reporter

Education and sports are once again proving to be a precarious mix at Humber College.

In its first year back since a self-imposed exile in 1992, Humber's varsity hockey team is once again running into academic trouble. A number of students have already left school, and team administrators can't agree on a set of academic standards for the players to uphold.

Head coach Paul Masotti told Et Cetera two players left the team after failing to meet academic requirements, and two more have made program or course changes to maintain their team eligibility.

Another player, who was an integral part of last year's drive to reinstate hockey as a varsity sport, had to overhaul his course load to maintain his eligibility. (Et Cetera has agreed not to publish the names of the players involved.)

"(The player) is changing programs, or setting up a program, I don't really know what's happening," Masotti said.

"He'll be working with a tutor; that's

one of the deals he had to make to stay with the team."

One other current player remains under academic supervision.

In addition, a number of players failed at least one course.

"There were 13 guys who failed a course," Masotti said.

"If any guy's close to that 60 mark, then he's teetering on failure and he's wasting too much time playing hockey and not enough time going to class."

Head coach Paul Masotti

Athletic director Doug Fox didn't dispute the fact a high number of players had flunked a course, but questioned the exact number.

"I thought there were 12," he said.

There are two players on the honour roll.

Facilities manager Jim Bialek stepped around the issue of hockey players and academic probation.

"I don't know who's on probation. I know what people's grades were. I don't know what stipulates probation in whatever program. Probation has different

meanings in different programs," Bialek said.

In hockey's previous incarnation at Humber, the team was a powerhouse in the OCAA, but was plagued by academic inconsistencies. Former coach Peter Maybury said the team recruited players who had been out of school for a while, and suffered in the classroom as a result. In September, Bialek agreed there were problems in the early 90's.

"It happened...we had guys playing on the team that had not been in school in three or four years," Bialek said. "It's a difficult transition."

When varsity hockey returned in the fall of 1998, Fox talked of "student athletes," and Masotti raised the minimum academic average on the team to 65 percent to "set the standard" for years to come.

"Education will come first because (the players) are here to go to school and if they fail, they're useless to me...I'm raising (the minimum average) to 65 because if any guy's close to that 60 mark then he's teetering on failure and he's wasting too much time playing hockey and not enough time going to class," Masotti told Et Cetera in September.

Fox admitted he wasn't happy with the hockey team's academic performance.

"I've had better years," Fox said. "When I checked the grades, I was disappointed, no question."

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<http://etcetera.humber.on.ca>

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COMPILED EACH WEEK BY ANDREA HOUSTON

THIS WEEK IN HISTORY

January 17 - 23

- 1649* The first execution in Canada took place on January 19. The victim was a 16-year-old girl found guilty of theft.
- 1809* On January 19, writer Edgar Allen Poe was born.
- 1896* On January 20, comedian George Burns was born.
- 1899* On January 23, actor Humphrey Bogart was born.
- 1908* On January 21, a law passed in New York City making it illegal for women to smoke in public.
- 1931* On January 17, actor James Earl Jones was born.
- 1943* Singer Janis Joplin was born on January 19.
- 1945* On January 19, singer Dolly Parton was born.
- 1955* On January 18, actor Kevin Costner was born.
- 1957* On January 21, actor Geena Davis was born.
- 1959* On January 22, actor Linda Blair was born.
- 1966* George Harrison marries model/actress Patti Boyd. Years later Boyd divorces Harrison for his best friend Eric Clapton who becomes the subject for Clapton's hit *Layla*.
- 1964* The Beatles had their first US number one hit with *I want to hold your hand*.
- 1969* Led Zeppelin played their first U.S. tour three months before the release of their debut album.
- 1973* Ozzy Osbourne bit the head off a bat thrown at him during one of his concerts. Ozzy thought it was plastic, and later received injections for rabies.
- 1976* The Beatles turned down an offer of \$30 million to re-unite.
- 1977* The Sex Pistols hit *Anarchy In the UK* goes Top 40 in the UK, but EMI Records decide they can no longer tolerate the band on the label due to their wild antics.



Words of Wisdom

"The internet is a great way to get on the net."

- Republican presidential candidate Bob Dole

- 1978* The Village People hit Number 2 on the US charts with *YMCA*. The single sold three million copies.
- 1981* Sarah Dallin, Keren Woodward and Siobhan Fahey give up their day jobs to form Bananarama.
- 1988* Tiffany takes her mother to court to gain control of her royalties.
- 1989* Madonna and actor Sean Penn get married... for the third time. While dropping the assault charges from marriage #2, soon later she slapped him with divorce papers again.
- 1995* Canada's longest and most controversial murder case ended on January 23, when DNA evidence cleared Guy Paul Morin in the 1984 killing of Christine Jessop.
- 1997* On January 17, the Canadian military reported that 57 Canadian soldiers engaged in sexual misconduct and abuse while guarding a mental hospital as part of peace-keeping operations in Bosnia.



- 1998* Carl Perkins died of complications from a series of strokes on January 19. He was 65.
- 1998* On January 21, U.S. President Bill Clinton publicly denied that he had sexual relations with 21-year-old intern Monica Lewinsky.



★ Billboard Singles ★

- 1958 At the Hop - Danny and the Juniors
- 1963 Walk Right In - Rooftop Singers
- 1966 We Can Work It Out/ Day Tripper - The Beatles
- 1967 I'm A Believer - The Monkees
- 1972 American Pie - Don McLean
- 1973 You're So Vain - Carly Simon
- 1978 We Will Rock You/ We Are The Champions - Queen
- 1979 Le Freak - Chic

Totally Useless Trivia



- | | |
|---|---|
| <ul style="list-style-type: none"> 1 How old was Sarah Bernhardt when she played the part of 13 year old Juliet ? 2 What was the original title of <i>Gone with the Wind</i>? 3 What does it mean if a rabbit scratches its dowssets? 4 Why do male fish blow bubbles? 5 How do squids commit suicide? 6 What is pogonophobia? 7 Why did Julius Caesar wear a laurel wreath on his head? | <ul style="list-style-type: none"> 8 When is it illegal to be a prostitute in Siena, Italy? 9 Why did Alexander Graham Bell never phone his wife or mother? 10 What does the children's rhyme Ring-a-Round-a-Roses actually refer to? 11 What is the active ingredient in Chinese Bird soup? 12 What is monology? 13 Where did the term 'testimony' come from? 14 What did George Washington grow in his garden? 15 What is parthenophobia? |
|---|---|

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News etc.

■ Another date-rape drug case surfaces

A Markham man surrendered to York Regional Police this week to face charges in the theft of the tranquilizer, Rogarsetic. Eleven bottles of the drug were stolen from a Markham veterinarian clinic in November. Police believe the drug was used at a local bar earlier this month when a girl complained of severe stomach cramps and blurred vision. She believed someone had spiked her drink.

■ Jobs are going fast

More than 13 per cent of Toronto's unemployed have found jobs this year according to new estimates released by the city. In November, there were 98,400 unemployed people living here, a number that has dropped 15,500 from the previous year, according to Toronto's economic development division. These numbers were determined by averaging employment figures for three months.

■ Anti-smoking labels

If Health Minister Allan Rock gets his way, 60 per cent of a cigarette package will be covered by anti-smoking labels. "Smoking can cause a slow and painful death," and "Smoking is a weakness, not a strength" are some of the messages that could cover more than half your cigarette pack. Rock said he'll also crack down on cigarette displays in corner stores that may encourage kids to buy cigarettes.

■ Colleges profiled

Maclean's guide to Canadian colleges hit the stands this month with a thud. The thick tome lists all the stats a student needs to know about 137 schools. Check out how Humber stacks up against the rest.

Students have the power

■ Elementary school search and seizure procedures differ from colleges

BY CAMILLA PINTER
News Reporter

Students have as much power as security guards and teachers when it comes to searching people and seizing property inside a post-secondary institution.

Unlike teachers in elementary and high school, Humber security and faculty do not have the power to search students. Gary Jaynes, director of physical resources at Humber, said security cannot search a student or his property.

"However, they can make a citizen's arrest if they feel they have evidence of criminal activity," he said.

Students, have rules they must follow.

"The student's handbook has an outline of responsibilities that Humber students must follow in order to make the learning environment safe," said Jaynes.

The hand book outlines goals students

should meet as well as examples of unacceptable behavior. Failure to follow the standards of conduct can result in a student's permanent removal from the college, as outlined in the book.

"Everyone is protected by the Charter of Rights and Freedoms, and therefore you can't just search someone without evidence," said Det. Const. Dan Sovo.

Sovo said he has to arrest a person before he can conduct a search.

The same rules do not apply to elementary and high school teachers as long as there's evidence of a crime on school property said Sovo. They have the right to search students for safety precautions.

"If, for example money goes missing in my classroom, I have the right to ask each student to empty his/her bag," said Angela Reedy, a Grade 3 teacher at Saint Francis Assis school in Barrie.

Kelly Shafe, a second-year Early Childhood Education student, said she does not think teachers or security guards should have the right to search students.



PHOTO BY CAMILLA PINTER

Don't worry about your locker being searched unless it's filled with illegal substances.

"I think that's a police officer's job, and they are not the police," she said.

However, Humber student Lisa Chia thinks Humber's staff should have the same powers as their elementary and secondary brethren.

"I think teachers should have the right to search students if they have evidence of criminal behavior."

Another attack plagues college area

■ The third to happen in the past month

BY JUANITA LOSCH
News Reporter

A 23-year-old man was stabbed five times in the throat, minutes away from Humber College.

The attack happened Jan. 2 at a Panorama Crt. apartment building, only days after a murder at Lynmont Rd. Dec. 28. Two bandits robbed the victim and

then stabbed him, near Kipling and Finch Aves.

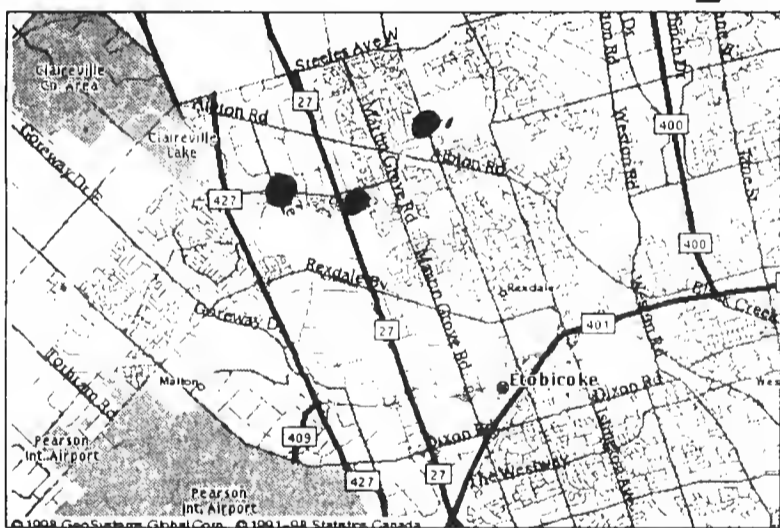
Det. Michael Ervick of 23 Division, described the incident as a "robbery gone bad."

Ervick said it was a miracle the man survived considering his jugular vein was severed.

The victim, remains at Sunnybrook Hospital in critical condition.

James Smith, 22, and Jeffrey Murdock, 19, of no fixed address have been charged with robbery, aggravated assault, choking and assault with a weapon.

Note: The points of crime are marked by the ● on the map.



This map illustrates the proximity of the Lynmont murder, the stabbing at Panorama Crt., and where the "Van Bandits" allegedly robbed the CIBC.

Partners in crime stoppers

STUDENT CRIME STOPPERS:

Student Crime Stoppers is a program that was designed to bring the community, students, and police together to create a safe learning environment for students.

West Humber Collegiate Institute in Etobicoke launched the program as a pilot project on April 5, 1994 and was the first

school in Toronto to officially be a part of Crime Stoppers.

Humber College has been a member of students fighting crime on campus since September 1995. Seneca College is also affiliated with the program.

Nancy Pinson, manager of public safety and ancillary services at Humber, said when the program was first set up, Humber made it clear to SAC they wanted to be involved.

"When we first set it up, SAC was involved," Pinson said.

Gary Jaynes, head of security, said since then the program on campus has been managed through the department of public safety, but students are still encouraged to phone 222-TIPS if they witness any crime on campus.

On-campus security still posts any crime that happens on campus as awareness to students.

To report a crime

If you witness a crime, phone 222-TIPS.

Callers remain anonymous and never have to appear in court.

The service is available seven days a week, 24-hours a day, in 140 different languages.

If your tip leads to an arrest, you could earn a cash reward of up to \$1000.

Tapping into a university education

■ *A chance for even higher qualifications made easy*

BY ROBERT STEEVES
News Reporter

Some Humber students may be able to "plug into" a university degree, starting next September.

According to Richard Hook, the college's vice-president of academics, the school is setting up a new high tech system with the University of New Brunswick (UNB), the University of British Columbia and McMaster University.

Students in certain courses will be able to get an Open University Degree, the equivalent of a regular university degree, via the internet.

Programs on deck for next year's Open University experiment are the schools of Business, Technology, Music and Nursing.

The Nursing program will be tied to UNB allowing Humber Nursing grads to earn a Bachelor of Science in Nursing.

"I think it's a good idea, because right now we have a couple of courses online and I think it's much easier to study at home or in a quieter environment," said Michaela Gross, a first-year Nursing student.

Humber's Business Administration program will be linked to UBC under the pro-

posed agreement. Students who complete the Humber program will have the opportunity to gain a Bachelor of Business Administration by doing 10 additional courses in the "open" classroom.

"It's a nice idea that you can get your degree through Humber, but to have to go through all that (internet and video)...I'd prefer a teacher teaching me," said Grant Armstrong, a second-year Business Administration student.

"I think I can get a better understanding of what they're saying and ask questions because they're right there," he said.

After finishing their courses at Humber, some students in the School of Technology will be able to take extra courses and get a Bachelor of Technology from

McMaster University.

Monica Tung, a first-year Technology student, said the addition of the program is a good idea.

"It will give the students an opportunity to get both the practical experience and the theory that is given in college and university," she said.

Under this new scheme, students of the three-year Music program will be able to get a Bachelor of Music by only taking two additional courses from UBC.

Students currently enrolled in the above programs may be able to do the extra work for the degrees. Hook suggests students talk to their program co-ordinators to find out more information.

Aside from the college's step into virtual schooling, other pro-



Hook: giving students an edge in higher learning.

gram enhancements are planned. Courses in Ski Area Management, Safety Technology, Emergency Management, Tool and Dye, and Comedy may all be added to the next course calendar, Hook said.

You could be the next Jerry Seinfeld

BY SHAUNA DEGAGNE
News Reporter

Humber may soon be the only college in Canada to have a sense of humour.

Starting as soon as September, the college may implement the nation's first two-semester, post-graduate certificate program in comedy training.

The program will be aimed towards students who wish to write or perform comedy and will be offered in Toronto and New York City.

For Richard Hook, the school's vice president of academics, the new course is no laughing matter.

"It's a very serious program we're pursuing."

Richard Hook said.

Humber President Robert Gordon said the comedy program is a great idea. He said he is surprised other colleges haven't thought of it.

Canadian students will pay \$6,500 to attend the program in Toronto, while international students will be charged \$12,000. The New York City-based program will cost all students \$10,000 U.S.

Realizing that many students can't afford the tuition, Joe Kertes, the director of the School of Writers, said "the (comedy) industry would throw its weight behind talented people."

To enroll in the program, applicants must have an undergraduate degree or college diploma in Drama, Performing Arts, or Media Studies.

Applicants who show promise as comedians will also be considered.

Program courses will include stand-up comedy, the fundamentals of acting, sitcom writing, and industry presentation.

Although the motion to accept the new program was carried at the Board of Governors meeting Monday, the Academic Council will have the final say.

Humber already offers a week-long comedy writing workshop in the summer which costs approximately \$900. Last year, enrollment for this workshop doubled from 40 to 80 students.

Kids from rez locked in cyberspace

BY ANDREA LEWANDOWSKI
News Reporter

Have an emergency? Need to contact someone in residence? Good luck. The phone system may shut you out.

Due to a massive increase in residence internet use, cyberspace, fans are jamming the phone lines.

"It's really bad. Because everybody uses the computer and then you can never get into your mailbox. People can't call in and you can't call out," said Danielle Kilgore, a student living in residence.

John Conrad, residence life co-ordinator, shared her concerns. "I've had calls from parents saying 'I can't get in touch with my son or daughter,'" he said.

Conrad, along with technical staff and phone companies formed a committee to deal with the communications problem. Conrad said they're looking to rewire the entire system, to include internet access in all 720 of the residences' rooms. "It's not something you can just do instantly. You want to find the technology that's going to at least get us through the next five or six years and allow us to upgrade. So we don't have this problem anymore."

Gary Jaynes, director of auxiliary services and public safety, stated that discussion is in its preliminary stages. He said the project as it stands now could cost as much as \$300,000.

Last year residence administrators reconfigured the computer programming that manages the phone lines in the college. Conrad said this helped reduce traffic but the solution is limited as more students use the internet.

Until next May, when the earliest possible re-wiring can begin, Conrad advises students to be considerate. "Don't just leave your internet on all the time. Turn it off. Log off. If you're using your phone, don't be silly because it affects everybody... show some restraint."



Hello? Hello? Is anyone there?



Why is the line always busy?



This #?!@% phone!

PHOTO BY ANDREA LEWANDOWSKI

Richler joins School for Writers team

■ Controversial Montreal author to grace the halls of Humber.

BY ANDREW MCKAY
Editorial Staff

Humber's School for writers has scored a major coup, adding Mordecai Richler to an already impressive cast for this summer's Writers' Workshop.

Richler agreed last week to take part in the week-long workshop, after some pleading by Humber School for Writers' director Joe Kertes.

He had approached Richler previously, but was met with a cold response.

"I asked him about five years ago, but he said no," Kertes

added.

"He said, 'if people want to be writers, they'd be better off to sell shoes than take a creative writing course'"

Kertes asked him again after Richler took part in last November's Distinguished Speaker series, also organized by the writers' school. Kertes said Richler changed his mind after hearing about some of the other authors lined up for the workshop.

"I told him we had Bruce Jay Friedman, who is a guy (Richler) really admires," Kertes said.

He said Richler is among the upper echelon of authors who have taught at the workshop.



The cigar-chomping author is ready to smoke out new writers.

"We've had Margaret Atwood, Timothy Findley, and Carol Shields," Kertes said.

"I think he's comparable to us getting Atwood"

Kertes said Humber's consistency in getting high-profile authors makes the program's reputation stand above the rest.

"If you tell (prospective students) you've got Mordecai Richler, you get a respect that other schools don't have.

"We were called the foremost writing school by the Globe & Mail for that very reason"

This year's workshop will feature one of the most stellar casts in the program's history.

Instructors will include:

- Wayson Choy, author of the award-winning *The Jade Peony*,
- Timothy Findley, whose 10

novels, two volumes of short stories, plays and memoirs have established him as one of Canada's greatest authors.

•John Metcalf, author and editor of *The Porcupine's Quill*

Nino Ricci, whose trilogy - *Lives of the Saints*, *In a Glass House*, and *Where She Has Gone* was greeted with international acclaim

•Anne Michaels, whose first novel, *Fugitive Pieces*, won numerous Canadian, American and British awards

•D.M. Thomas, one of Britain's most respected authors, with such novels to his credit as *The White Hotel* and *Eating Pavlova*

As well, the school will be hosting a non-fiction writing workshop during the same week. Featured teachers will include the legendary writer and journalist George Plimpton, famous for *Paper Lion* and *The Curious Case of Sidd Finch*, and Louis

Find out how your school measures up

BY PENNY LAUGHREN
News Reporter

You could help Humber get more funding from the provincial government by taking the time to answer some simple questions.

There's no catch, college administrators prepare to pass

out a survey. It's called the Key Performance Indicator (KPI), and will be distributed to college students across the province during the first week of February.

The KPI will score how satisfied students are with their learning experience, support services and resources. The survey will

also measure how prepared college graduates are to join the work force. Up to 10,000 Humber students are eligible to participate.

The survey gives students "an opportunity to provide feedback to the college and the Ministry of Education about the quality of education and services

they are receiving," said David Griffin, manager of business process development.

The KPI will score how satisfied students are with their learning experience.

Almost 10 per cent of Humber's operating grant will eventually be linked to the KPI survey. With increased funding, the college could provide students with better equipment, resources and services.

The survey was designed by a steering committee of students, col-

lege administrators and the education ministry. It will be distributed and collected throughout the college classrooms by students.

All of the information obtained from the survey is confidential. Students can rest easy they won't be identified in any way.

The pencils will be provided by the school. Read the questions carefully and answer them honestly. The survey should only take about 20 minutes.

All pencils are kindly asked to be returned in an effort to save

Students coughing up more than cold cash

BY ROBBIE KIRK
News Reporter

Students fear they will have to cough up extra cash to ensure their cars don't emit blue smoke.

The Ontario Drive Clean program is part of a policy to curb the pollution for exhaust fumes of cars in the Toronto area.

Exhaust is a concern for the number of students who commute to Humber. Whether it's causing pollution or draining their bank accounts for car repairs

"I think it's good. It'll get rid of all that blue smoke. But it could be hard for people who have older cars they want to sell," said Jeff Piotrowski.

Marc Wert, a student said, "I'm already working two jobs and going to school. It's hard enough to afford my car as it is," said Humber student Marc Wert.

Charles Ross of the Ontario Ministry of the Environment was quick to say that efforts are being made to accommodate drivers so that they can pass the emissions standards by the April 1 deadline and have certified vehicles on the road.

"We've got 36 facilities in Toronto right now. By April we'll be looking at having about 300,"

Ross said.

More pleasing to students are conditions that will benefit those who drive cars long on years and short on cash.

"If you have an '85 model car. It will be tested by 1985 standards, not 1999," Ross said.

Most relieving of all to students is this: if a vehicle requires repairs of at least \$200, a two year conditional pass will be granted.

Ross was understanding of students who may be financially strapped with their older cars.

"My son's driving an '86 Chevette," he said.

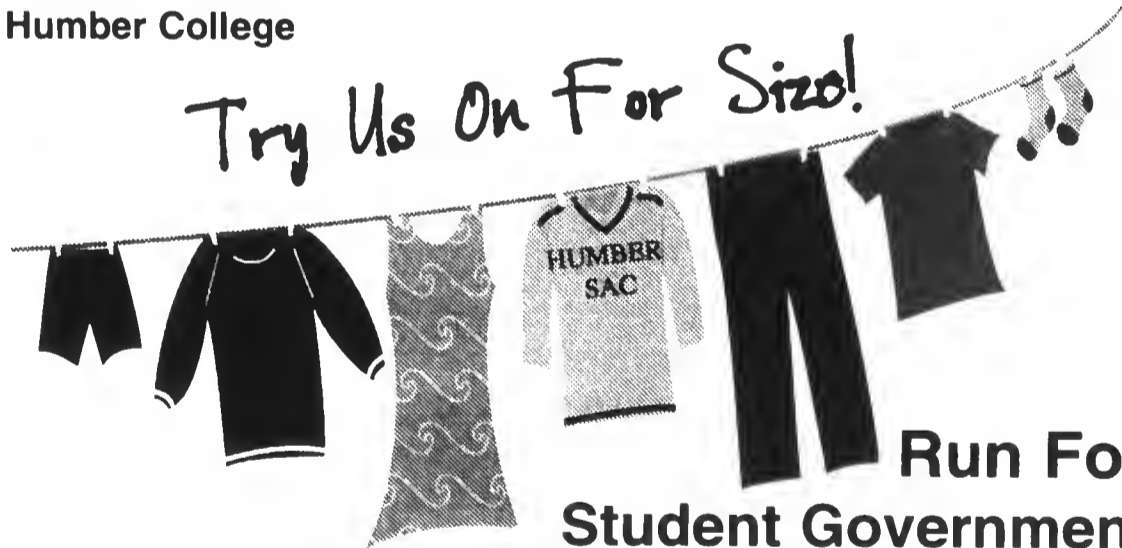
Ross also points out that people can save money by getting their car a tune up rather than pay the \$30 for the emissions test only to fail and have to take the test over for \$15.

"We would really urge people to take the test early," Ross said, anticipating a traffic jam in testing facilities before the deadline.

Traffic at local accredited facilities has been steady, according to Ray Blackburn, manager of Midas on Rexdale Boulevard.

"We had five cars last week and there are more coming in. It'll definitely be busy come April."

Students' Association Council Humber College



Run For Student Government Executive or Reps

NOTICE OF ELECTION

Executive and Board of Governor's: March 23 - 25 '99

School/Divisional Reps: April 13 - 14 '99

Court puts kids last

Society as a whole must decide where the line should be drawn when a person's fundamental rights contradict our laws and moral codes.

Last week in British Columbia, Supreme Court Justice Duncan Shaw ruled in favour of John Sharpe, a man who was charged with possession of child pornography.

Shaw, citing the Charter of Rights and Freedoms, said possession of child pornography should not be a criminal offence.

The section of the Criminal Code dealing with the possession of child pornography was declared void because it contravened the charter provisions guaranteeing freedom of thought, belief, opinion and expression.

Because Sharpe's personal belongings were considered to be an expression of his essential self under the Charter, he got off the hook.

Despite Sharpe's defence of what he calls "inter-generational sex," collecting pornographic pictures of children for one's personal pleasure is abnormal. But, according to this new ruling, it's not illegal.

Laws dealing with this kind of subject are far too broad.

It was only a matter of time before the law was challenged and struck down because someone's rights were violated.

In a twisted way, the ruling is a win for freedom fighters across Canada.

Shaw has opened up a large hole in the Charter that lawyers will use to defend their most deviant clients for years to come.

Unfortunately, it's also a win for pedophiles.

Now, because it's Sharpe's right to do so, he can collect all the child porn he wants, without worrying about being prosecuted. He just can't sell it – an activity for which he is also facing criminal charges.

Perverts involved in similar cases across the country can now refer to this ruling in their defence.

It won't be long before other child porn possession cases begin popping up in other provinces, and another judge

will refer to Shaw's decision when making his own ruling.

So, some people in this country can rejoice that their needs can be fulfilled through legally possessing naked pictures of innocent children.

But, in the end, the children remain with us. They will be forced to carry that weight – the embarrassment and the humiliation – of being used for someone else's sick pleasure.

Whose rights are more important here?

Collecting pornographic pictures of kids is abnormal, but according to the new ruling, perfectly legal.

Make the grade or it's game over

Something stinks in the locker room, and it isn't a jockstrap. More than half of Humber's varsity hockey players are in some form of academic trouble.

At least two players have left school because of unacceptable grades. Others have transferred programs or courses to retain their eligibility. Twelve more players have failed a course, but remain on the team.

These students represent us in competition across the province. When they wear the Humber name across their chests, they put the entire school's reputation on the line. And this team is making a mockery of that reputation.

There's a saying: "Those who forget the past are doomed to repeat it."

Six years ago, Humber lost its five-time champion hockey team partly because the players ignored their studies. Last year, the team returned with club status, and the team members undertook a successful

campaign to be reinstated at the varsity level.

And now, once again, a potential championship team is a failure in the classroom.

Head coach Paul Masottl seems to be the only person who cares whether the team gets through school. He set a not-so-lofty 65 per cent minimum average for hockey players.

Unfortunately, nobody bought into that: not the players, and not athletic director, Doug Fox, who "(doesn't) know if that's realistic" for student athletes.

There are members of the team who are in good academic standing. Two are even on the honour roll. Unfortunately, their achievement is overshadowed when considering the bigger picture.

It's time to reconsider our commitment to this school's hockey program. If players aren't willing to dedicate themselves to upholding Humber's academic reputation, student support and athletic fees should be diverted elsewhere.

Humber Et Cetera

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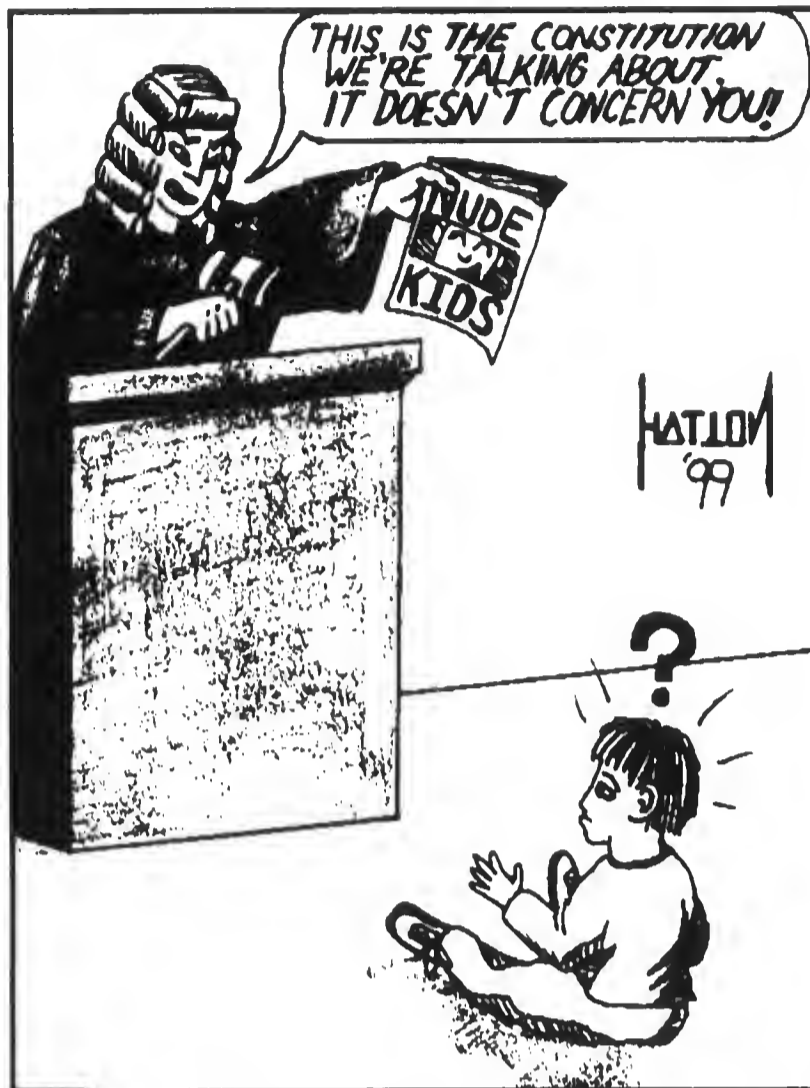
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POV

To argue is to love is to...

BY THOMAS J. D'MONTE

"You never buy the right type of lettuce," she moans.

"D-d-don't you even start on that!" I stammer back at my attacker. "You nag."

"I heard that!"

Ahhh, the blessed sounds of couplehood. It seems that everywhere you go these days, the sounds of a couple arguing about some trivial topic can be heard.

The supermarket is a virtual minefield for these confrontations. My girlfriend insists on the low fat mayonnaise, but I say it tastes like drywall compound. My girlfriend gets miffed because I refuse to stand at the deli counter. And I can't understand why she refuses to push the shopping cart.

These things may sound trivial, and for the most part they are. The problem arises when couples allow these insignificant verbal tussles to turn into huge fights that last the whole day, or even longer.

They are usually born from the frustrations of a day's work and a simple need to let off some steam.

I must admit my own guilt. I have berated my girlfriend on a number of occasions for not folding my socks in the correct manner.

This insensitivity and cruelty shown by my girlfriend's sloppiness with my socks stems from

my own bad day. Maybe I was late for the streetcar and didn't get home in time for The Simpsons.

I've learned the key to avoiding full-blown fights: recognize that you are acting out of frustration, little or none of which has been caused by your partner.

Easy, right? Wrong.

It takes quite some time before I reach this point, usually when my girlfriend starts glaring at me from the kitchen while she's chopping vegetables with the cleaver.

The truth is it's easier to lash out at the only person who is within firing range. The next thing you know, you're arguing about lettuce.

It seems counterproductive to incite hatred from the person I typically seek out for comfort and understanding. The problem is she doesn't realize I'm only letting off a bit of steam. She just sees me acting like a jerk. Well, I gotta be me.

The world is full of frustrations, and way too many kinds of lettuce (what is radicchio anyhow?).

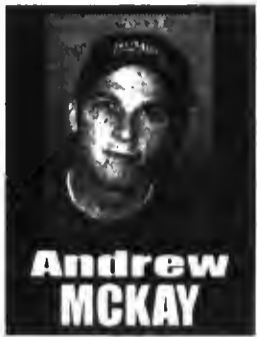
Look to your partner for comfort and companionship at the end of a hard and long day. Choose your fights wisely and always fold your socks in tight little balls.

Thomas J. D'Monte is a post-graduate journalism student.



SOLUTIONS

Taking the Golden report to task



Andrew MCKAY

I've been homeless - twice. You know how easy it is to become homeless?

Just piss off your parents when you're 21. With no skills and no bank account, I was forced to the streets.

I was stubborn and dragged myself out of the gutter. Sometimes people helped me, but few are so lucky.

The problem is, most street people have neither the resolve, nor the resources to pull themselves out. Nothing exists in this city to help them.

Last week, we saw a report from the Homelessness Action Task Force. It was full of the BS recommendations we would expect from people who want to help, but don't have a clue what's going on.

The report calls for more low-income housing, addiction centres, and rent supplements

on welfare cheques. None of these recommendations would have worked for me, and I was desperate to get off the street.

What, then, could they possibly do for a 10-year veteran of the "rough life" who has already given up hope?

This report has absolutely nothing to do with homelessness or being poor. But it has everything to do with political grandstanding.

The poor don't just need more housing, they need money to get them to the right places.

Long-winded reports from task forces, which are as out of touch as they are well-meaning, don't cut it.

The homeless need volunteers who share their experiences and can identify with them - people who know what it's like to spend the night on a steaming grate.

The homeless need real people who give a damn to get out there and help.

We don't need a bunch of apartment buildings - nine emergency cold weather alerts this winter proved there is plenty of space for short-term shelter.

You become homeless when your roof is

taken away. You stay homeless because you lose your sense of worth and the feeling that you belong nowhere except out on the street.

There is nobody to help you with any of these problems in the shelters.

They feed you, smile and wish you a "good day," but nobody treats you like a real person. Then, one day, you've suddenly lost your humanity.

What the homeless need is a way to recapture the feeling that life is worth living, not just an inconvenience to put up with. They need the people of this city to stand up and say they care.

I hope I'm never faced with being homeless again, but if I am, I hope I'm not in Toronto.

If our megacity keeps trying to address the homeless crisis with task forces instead of real solutions, everybody will suffer.

No one will ever come up with the right answer until we really understand what the question is.

Andrew McKay, the Humber Et Cetera's editor-in-chief, now lives in the newsroom

Campus Wire

■ **York**

(www.excalon.ca)

Students living in residences across Ontario are being warned their rights are not protected under the province's Tenant Protection Act. That means universities and colleges have complete control, except in those rooms equipped with self-contained kitchens and bathrooms. For example, landlords must give tenants at least 30 days notice of an eviction, but schools have no such requirement. The news was met with indifference from most students.

■ **Brock**

(www.brocku.ca/press)

University administration has decided to crack down on speeding motorists on campus. Instead of the previous three warnings prior to suspending driving privileges, there will only be one warning given out. Speed has been an ongoing concern for campus police, and a \$2500 new radar gun will be used to vigorously enforce the speed limit.

■ **Western**

(www.gazette.uwo.ca)

A couple of stabbings last weekend have left two men in hospital and prompted London police to take immediate measures. Police say the increased violence is due to a combination of things: weapons, high testosterone levels, and booze. There have been nine such incidents reported since Jan. 1. Police plan to increase patrols in the troubled quarters of downtown London.

■ **Princeton**

(www.dailyprincetonian.com)

The university's Nude Olympics are in jeopardy. President Harold T. Shapiro wants to end the annual tradition of sophomores running naked through the campus after the first big snowfall. This year, 350 students participated in the run - five were hospitalized and four were treated at the school's health centre for alcohol poisoning. Students are said to drink as much as they can to numb the effects of the cold weather while they streak.

■ **Waterloo**

(www.umpnt.uwaterloo.ca)

A CIBC branch at the school's student life centre was robbed of an undisclosed amount of money. It was the first time that particular branch had ever been robbed. There was only one other customer in the bank at the time with other tellers on duty. The robber did not appear to be armed, and no one was injured. The manager is treating the robbery as an isolated incident.

STORM AFTERMATH

Under the sea



Lisa RAINFORD

The worst part about the Snow Job of '99 is hitting us now: It's melting. This would be great news, if not for province-wide reports of roofs collapsing under the snow's weight.

Last week, seven prized horses suffered minor injuries when a barn collapsed in Caledon.

On Monday, the roof of Montreal's stadium, the Big O, gave in too.

Your roof may not have collapsed, but you better make sure it's not leaking.

My house has turned into a swamp.

I always wanted a swimming pool, but never pictured it in my basement. The waterfall is a nice touch, but having it pour down the stairs wasn't quite what I had in mind.

It runs all the way from my bedroom on the third floor and down to the basement - this was never my vision of paradise.

My boyfriend, whose bedroom is in the basement, has had to retreat to the "highest ground" or risk sleeping in someone's warped version of a waterbed.

For some reason, the drain isn't in the middle of the floor, it's in the corner where the water never goes. That makes it tough finding land above sea level.

Oh, and most of the water leaks right beside the fuse box. At any moment we could all be electrocuted.

Of course, you're probably wondering: where is this wonderfully safe environment that we live in? It's in a beautiful area of "Etobi-hole," not too far from Humber.

My home is under the care of a property management company. It is in charge of things like garbage pick-up, groundskeeping, and new windows and roofs.

The rent we pay to live in the house is supposed to cover the maintenance fees.

But so far, no one's shown too much sympathy for those of us living under water.

When people wait until the last minute to get things done, it's usually too late. Roofs leak, barns collapse, even stadiums fall apart.

And now, if I don't move into a new place soon, I'm going to end up a drowning victim because of this snow storm.

Lisa Rainford is not a pessimistic person.

Weird Newz

FINNS PLAN SEX FAIR

A Finnish town's response to the United Nations' designation of 1999 as the International Year of Older Persons is to hold a "sex fair" this summer.

The Toronto Star reports the UN requested the special year be celebrated with some kind of special event. Leave it to the Finns to host a love convention.

The village of Kutemajarvi, which only has a population of 400 people, will be the site of the one-day fair on Aug. 7.

At the centre of the extravaganza will be a trail for lovers to follow through forests and meadows. Signs will lead couples to secluded areas where they can go for a "roll in the hay." The village has already

earned the nickname "Lake Lovemaking" by the locals.

The fair is restricted to those who are 45 and older. Organizers hope participants still have a "twinkle in their eyes."

LOST AND FOUND

A man who bought an antique painting for \$100 believes it's worth up to \$80 million. After all, it could be a lost Rembrandt.

Georges Boka, an art historian, purchased the painting in August 1980, according to The Toronto Star. After a close examination, Boka believes the painting is a 17th century original work. It will be displayed as part of a Rembrandt exhibition at the Mobile Museum of Art in Alabama this week.

It Is Written

"The most difficult thing in the world is to reveal yourself. to express what you have to...As an artist, I feel that we must try many things, but above all, we must dare to fail. You must have the courage to be bad. To be willing to risk everything to really express it all."



-John Cassavetes (1929-89)

- Writer, actor, director. John Cassavetes is often credited as the founder of American independent cinema
- Cassavetes is best known for roles in big budget films like **Rosemary's Baby** (1968) and **The Dirty Dozen** (1967). He used the money he earned to finance his own low budget features
- His debut film, **Shadows** (1959), was a gritty improvisation made for \$40,000. It took the Venice Film Festival by storm
- When promoting **Edge of the City** (1957) on a radio show, Cassavetes asked any listeners who wanted to see a film about "people" to send him money. The station received \$2000
- Cassavetes got a Best Director nomination for **A Woman Under the Influence** (1974) his wife Gena Rowlands, who starred in the film was nominated for Best Actress. Leonard Maltin gave the film a two star rating

Lakeshore

Lakeshore tackles snow

BY KEVIN MASTERMAN
News Reporter

Humber's Lakeshore students show no signs of letting the weather stop their fun as snow removal equipment and SAC events plow forwards.

Despite the worst weather, John Hooiveld, manager of physical resources, has ever seen at the college, there have been only minor annoyances.

"In my 21 years here at Humber College, it's not unusual to have to handle three to four feet of snow, just not in the span of a few days," he said.

Hooiveld noted even with no full-time support staff at Lakeshore, snow was cleared and paths were salted in a timely fashion, without denting the budget.

Lakeshore also has an inherent advantage over the North campus when it comes to dealing with snow - space.

"At Lakeshore, there is generally a lot of space beyond the lots, so you just push the snow aside," Hooiveld said.

With the help of two to four workers, a snowblower, and a small Bobcat plow, Lakeshore managed to beat the snow.



PHOTO BY KEVIN MASTERMAN

Warnell smashes winter's defence. He hasn't met a storm he couldn't lick.

"The people who really need recognition are James Bylick (director of logistics) and his staff, they're the ones out there getting it done," Hooiveld said.

SAC SNOWPROOF

With a ski trip planned for Jan. 29, SAC is working with the snow, and not against it.

Lance Lougheed, SAC office manager, the one who usually hears student gripes first at SAC, said he hasn't heard any complaints about snow removal. His recommendation is to enjoy the snow, as Et Cetera found him and Toby Warnell, SAC vice-president, outside in the snow playing football.

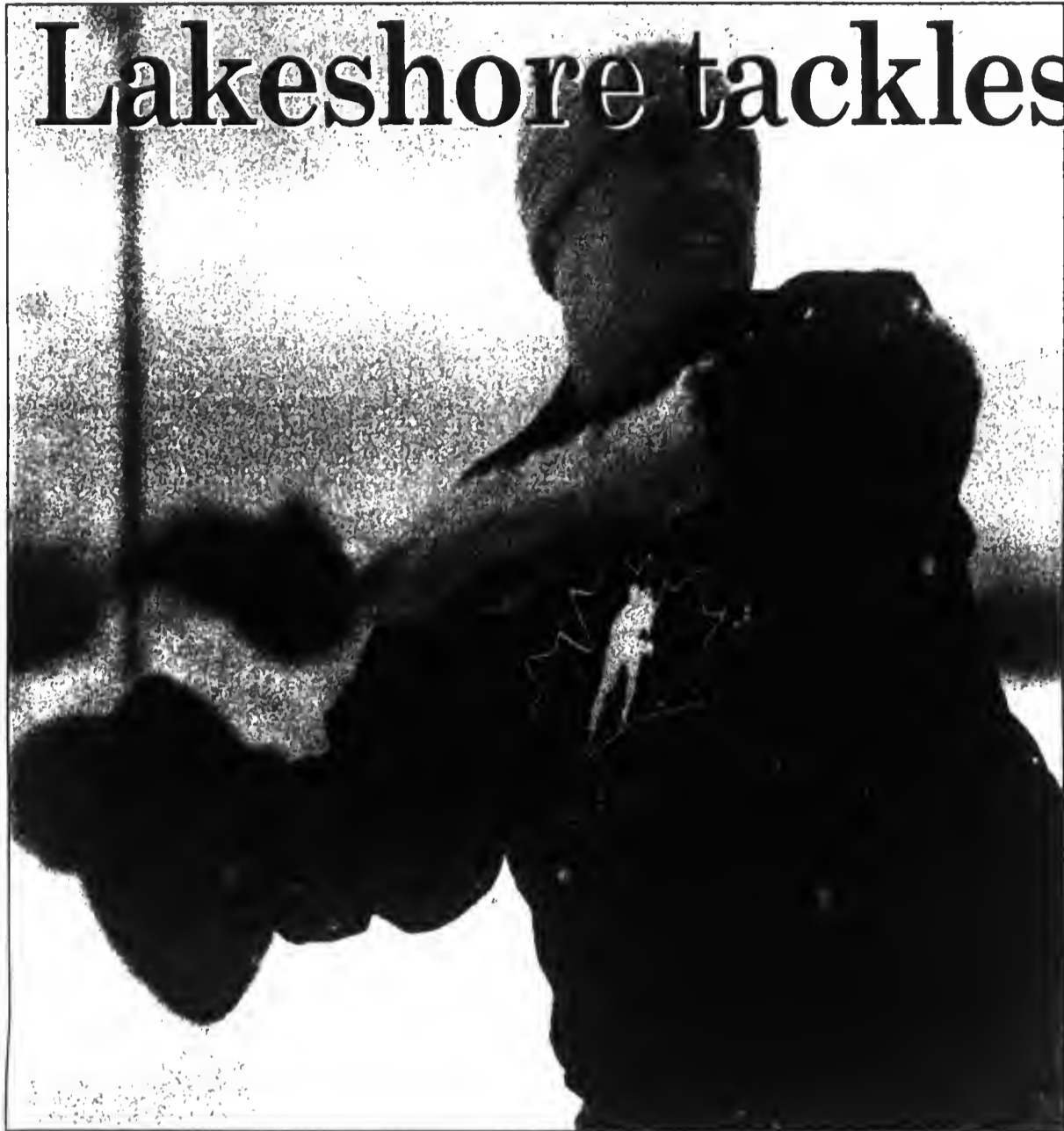


PHOTO BY KEVIN MASTERMAN

SAC vice-president Toby Warnell goes deep against Old Man Winter.

Comedy and crime - George F. Walker style

■ *Offbeat play hits home with students*

BY DAVID SMITH
News Reporter

Big city drama with a comedic twist is set to hit the Lakeshore campus.

An energetic mix of life's intriguing coincidences and incongruous relationships converge and unfold on Theatre Humber's stage in its upcoming production of George F. Walker's, *Escape From Happiness*.

The east Toronto playwright chronicles the escapades of a weird, yet all-too-familiar family as it battles the miseries of urban life.

A mother and her three grown daughters don their detective hats and join forces to solve a crime. Along the way, they bump into clumsy and obstinate crooks.

The roller coaster plot coupled with Walker's unique humour are bound to keep the audience's attention right until the finale.

"(The play) is rude and honest criticism...terrifyingly funny. It's very in your face," said director Stephen Bush.

Bush is pushing for matinees to make the production available to more of the Humber population. He believes the play is appealing to students because it tackles issues that are relevant to their lives.

"(Walker) is probably one of the top playwrights in the English-speaking world," said Bush.

If the director's testimony is unconvincing, Theatre Humber staff appeal to the bottom line.

"It's inexpensive and a great way to support other Humber students," said Anne Ptasznik, marketing and promotions manager for Theatre Humber.

Bush is more than qualified to lead the cast of students from Humber's theatre program. His resume boasts more than 30 years of professional theatre experience.

Prior to joining the University of Toronto as a senior tutor in the University College drama program, Bush directed Walker's *Love and Anger* and performed in premiers of many of the writer's earlier works.

Bush is also a co-founder of Mixed Company Theatre, a former artistic director of Ottawa's Great Canadian Theatre Company, and has performed various roles on several CBC radio dramas.

Earlier this season, Theatre Humber enjoyed much success with a production of *Godspell*. The staff hopes *Escape From Happiness* and the upcoming concurrent runs of Shakespeare's *Macbeth* and *Twelfth Night* will add to the theatre's earlier achievement.

Escape from Happiness runs from Feb. 3-15 at Theatre Humber's Studio Theatre. Parking is free. Tickets are priced at \$10 for adults, \$7 for students, and group rates are also available.

Tickets can be reserved by calling (416) 675-6622, ext. 3414.

HUMBER LISTENS

We survey you because we care about what you think of us. We always have.

We asked you whether or not Humber was an excellent College; nearly 80% of you said we are.

Allow us to return the compliment:

We are outstanding because of **YOU**, too.

Nearly 80% of our graduates also said we were great because **THEY** were well-prepared for their careers.

One of the reasons we are great is that we listen. When you said it was a pain to try to get through to Financial Aid, we instituted direct-line access to OSAP.

When the Key Performance Indicators survey comes to your class the first week of February, please take the time to show us **YOU CARE, TOO.**

Humber College

We're still listening.

On Campus

OnCampus etc.

■ Winning nurse

"I thought I won something silly like a disk or something."

That was the reaction from Theresa Sawicki, a second-year nursing student and winner of a deskjet printer. She won it in a contest included in the coupon-filled envelopes distributed in front of the bookstore every September. The contest involves the partnerships of Clegg Campus Marketing Limited, the bookstore and Hewlett Packard. Previous prizes included trips and cars.

—Shanna Rundle

■ Job hunting

Four experts will be fielding questions in the fourth "Recruiter Panel Discussion" hosted by Human Resources Development Canada. Managers from Business Depot, Canadian Tire, and DirectProtect will discuss such issues as what qualities an employer looks for in a job applicant and what recruiters look for in a resume. There is no charge to attend the discussion, which takes place on Monday from 9:30 a.m. to noon at the HRDC Employment Resource Centre on Albion Road.

Faculty members honoured for works

■ Newby and Elias join Humber's list of accomplished authors

BY DEAN PINKHAM
Et Cetera Staff

Humber College can now add two more faculty members to its illustrious list of published authors.

Dalyce Newby and John Elias were acknowledged last Wednesday by their peers at a luncheon in the faculty lounge.

Ms. Newby, Humber's intercultural centre co-ordinator and international student advisor, has just finished her seventh biography, *Anderson Ruffin Abbot*. It takes a look at the extraordinary life of Canada's first Afro-Canadian doctor.

Abbot was born in Toronto in 1837 and died here in 1913. The years between were filled with some incredible accomplishments, including being one of only eight black surgeons during the American Civil War, a remarkable achievement that Newby calls his claim to fame.

Newby, who spent eight years painstakingly researching and producing her biography on Abbot found that she enjoyed some parts of

her exploration.

"The best part of doing the research was playing around with the instruments. After you see this, you realize that's not just rust, but dried blood, and you wonder how many arms and legs were amputated because they didn't have the basic knowledge of medicine, they just hacked," Newby said.

One thing's for certain, thanks to Newby's work, Toronto will be able to learn about one of its great citizens.

Elias, Humber's general education co-ordinator has put together his first published book, called *Philosophical Notes to My Friends* - a collection of essays which deal with the different questions and societal behavior in philosophy.

Elias's book focuses on philosophers such as, Jacques Derrida, Karl Marx, and Fredrik Nietzche. It blends their teachings with his own historical accord.

The book purposefully stays away from espousing one central theme.

"I deal with all sorts of things like political correctness, religion, death and the God thing," Elias said.



PHOTO BY DEAN PINKHAM

Elias (bottom left) and Newby proudly showing off their works.

"I think the book tries to overcome stereotypes and to lay the groundwork for the community which is tolerant and open minded. That, in fact, is committed to the notion of freedom of thinking," explained Elias.

Anderson Ruffin Abbot is available in the bookstore on hard cover for \$18.95 while *Philosophical Notes to My Friends* is also available on soft cover for 19.95 and can be found in Humber's library.

Person of the Week

Gaurav takes advantage of Humber

BY SHAUNA DUFFY
On Campus Reporter

This week, we feature Gaurav Sajwan as our first "Humber Person of the

Week." Our new weekly feature will focus on instructors, students or staff members who have made an impact on Humber's community.

Sajwan, an international student

from India, is studying business management.

The New Delhi native went to high school in Las Vegas, NV, and plans to study business and information systems at a university after finishing at Humber. Gaurav shared his experiences of North America and Humber College with Et Cetera in a recent Q and A session.

Et Cetera: Why did you go to high school in Las Vegas?

Sajwan: "To experience the American education system."

Et Cetera: What do you think of the American system?

Sajwan: "Initially, when I went to high school (in Las Vegas), it was a big culture shock. It was too lenient. Kids could do anything. There's not much control on the kids."

Et Cetera: Why did you apply to Humber?

Sajwan: "It has a very good application for business and computer education."

Et Cetera: Why not university?

Sajwan: "I was also accepted by York University and University of Toronto, but the problem was that I'm an international student.

I'd be paying double the amount of tuition fees that I'm paying right now in college."

Et Cetera: What is the difference in education between Canada and India?

Sajwan: "Schooling is much more advanced in India. When a student reaches high school in Canada, they have a tough time. Education is much more demanding and much more competitive in India."

Et Cetera: How are you doing so far at Humber College?

Sajwan: "What I'm doing in college, I've already done in India. I'm doing pretty well. I don't like to boost myself."

Et Cetera: What country do you prefer more, Canada or the United States?

Sajwan: "I prefer living in Toronto. People are friendly in Toronto. I'd prefer to stay in Canada any day if I had to choose between Canada and the States."

If there is a person you think is "Humber Person of the Week" material, contact Aldo Petrone in the newsroom at Ext 4514 or at (416) 596-5537.



PHOTO BY SHAUNA DUFFY

Sajwan seems to enjoy all the lovely perks Toronto has to offer, especially the weather.

Madness!

BY LAURA URMONEIT
On Campus Reporter

Winter Madness has come back to Humber and SAC is hosting a week of fun starting on Monday.

"The idea of winter madness is to give students a chance to have a little bit of fun," said Lise Janssen, leadership and programs co-ordinator for SAC.

The week starts off with free popcorn and hot chocolate, and a draw for three pairs of tickets to see Big Wreck and Emm Gryner at Caps on Monday at 8 p.m. The draw will be held at the Promo Booth across from the bookstore.

The whole week is costing SAC \$7,500.

"Big Wreck is costing us \$9,000 in total," Janssen said. "But we're getting back approximately \$4,500 in ticket sales."

Some other events include limbo dancing and a barbecue. A snowman building contest will be held on Wednesday and prizes include a free ski trip, SAC pullovers, and mitts.

To wrap up Winter Madness, students can hit the slopes at Blue Mountain in Collingwood. The package price for the ski trips starts at \$40 and includes transportation and a lift ticket.

Tickets for the ski trip as well as additional information are available in the SAC office.

Health etc.

■ Automatic alarm clocks

Scientists say they have found a clue as to why some people don't need an alarm clock to wake up at nearly the same time every morning. Sleep is regulated by hormones. It appears that those who go to sleep expecting to wake up at a certain time secrete the hormone adrenocorticotropin approximately one hour before they wake.

-The Toronto Star

■ Babies, the usual way

Researchers say couples who've conceived a child by in-vitro fertilization might want to try procreating the usual way next time round. A Japanese study of 142 women between the ages of 24 and 40 showed that 18 per cent conceived naturally within 5 years of an IVF pregnancy. The younger the woman, the better her chances.

-The Toronto Star

■ Natural moves

The Canadian College of Naturopathic Medicine (CCNM) is preparing to move to a permanent new campus in North York. The clinic will open its doors by spring 1999 and full classroom operations will get underway in September. This move follows the opening of the new external clinic at 1229 Queen St. W. in mid-November, a project undertaken in partnership with the Parkdale Community Health Centre.

-Alive

■ Trans fats no more

Wild Oats Markets has decided to remove all products containing trans-fatty acids from its shelves. LaRue Ebersole, of the second largest natural supermarket chain in North America, said the company is taking a stand against the health risks posed by trans fats.

-Alive

■ At risk for Alzheimer's

Add Alzheimer's to the list. Recent studies show that inadequate nutrition early in life may have such long-term consequences as an increased risk of this debilitating disease.

-The Toronto Star

■ Homeopathy provides an alternative to conventional medicine

BY REBECCA HEALEY
Health Reporter

As part of a growing trend towards natural healing of the body, homeopathy has found a niche.

Traditionally, Western medicine has treated the symptoms of an illness with medication.

According to Urszula Klups, the supervisor of the Homeopathic College of Canada clinic at Humber College, attitudes toward this route are changing.

"People are tired of using antibiotics and tired of using medications with many side effects," she said. "Many people who try homeopathy have not been cured [by Western medicine] and have lost confidence in their doctors."

Commonly referred to as alternative medicine, homeopathy uses plant, mineral and sometimes animal extracts to trigger a sick person's natural defences.

It's based on the principle of



PHOTO BY REBECCA HEALEY

Some prefer homeopathic remedies, which rely on plant, mineral and sometimes animal extracts, for treating illness.

"like cures like," set out by Dr. Samuel Hahnemann, an 18th-century German doctor. The idea is something which produces a particular symptom may also work to alleviate that same symptom when given in a small dosage.

For example, peeling an onion can cause burning, watery eyes. One homeopathic remedy uses a preparation of red onion to treat allergies with the same symptoms.

"Homeopathic treatments also differ from traditional methods

because they are meant to treat the person on all levels: mental, emotional and physical," said Sandra Lewis, a student-practitioner of homeopathy who works at the Humber clinic.

According to a booklet from Nu-Medicine Homeopathics, there are two types of homeopathy that are commonly practiced. Classical homeopathy is the use of only one "well chosen" remedy at a time, while complex homeopathy combines several remedies to treat a broader range of symp-

toms.

These remedies are usually found in health food stores.

At Burlington Health Foods, owner Helena Minnes said she is seeing more and more educated customers searching for alternatives to traditional drugs.

"We recommend that people don't combine homeopathic treatments with many prescription drugs because they [the prescription drugs] may cause them [the homeopathic remedies] to be ineffective," she said. "And also to check with their doctors before stopping [prescribed] medications to use homeopathic remedies."

A unique aspect of homeopathy is that no single specific medication will treat each set of symptoms or illness. Treatments are custom tailored to individual needs.

If your interest has been piqued, there are some points of interest for Humber students.

The Homeopathic College of Canada (HCC) currently uses classroom space at the college to accommodate the growing interest in its courses.

There are plans to extend its three-year program to four years in the near future.

The HCC operates its student clinic in the Humber Health Services office and is open from 5 pm to 9 pm Wednesdays and Thursdays.

The first visit is free. Subsequent visits are \$30 each or four for \$60.

Women's health forum and expo will be in town at Toronto Convention Centre

BY VICTORIA MUSGRAVE
Health Reporter

If you are looking for something to do this weekend and are interested in women's health issues, the Women's Health Matters Forum and Expo might just be for you.

The Expo will take place tomorrow and Saturday at the Metro Toronto Convention Centre. Admission is free for students and seniors and is \$10 dollars per day for all others.

It will feature over 40 interactive seminars with medical experts and alternative healthcare professionals. A wide range of issues affecting women will be explored, such as allergies, healthy eating on the run, elderly

care in the 90s, women and smoking and avoiding sports-related injuries.

There will also be over 100 exhibits featuring products, services and information about women's health issues.

The Canadian Cancer Society, The Heart and Stroke Foundation, Swiss Herbal Remedies and Wyeth-Ayerst Canada Inc., are just a few of the organizations setting up exhibits.

The exhibitors will also be giving 10-to-15 minute presentations each hour.

"It is the one opportunity for doctors, nurses, patients and healthcare providers to get together in one room," said Negar Mahdavian, one of the organizers of this event.

Keynote speakers include Dr. Karen Johnson, who will be discussing the effects of managed health care on women's health at a luncheon tomorrow.

On Saturday, Dr. Mary Pipher, PhD, will give a presentation on rebuilding families.

Organized by Women's College Hospital, the third annual Women's Health Matters Forum and Expo is receiving corporate sponsorship from General Motors and a number of pharmaceutical companies.

According to Mahdavian, the Expo is unique from other women's health events because of its backing by the hospital.

"There is nothing else out there like this," she said.

For more information, call



COURTESY PHOTO

Dr. Mary Pipher, PhD, will be a keynote speaker at Expo

(416)323-6000 or e-mail at wealth@web.net. The complete program is also available on the Internet at www.infinetcomm.com.

Jack Frost has no friends in winter

BY SHAUNA DUFFY
Health Reporter

Don't let frost take a bite out of you this winter

For those who like to spend time outdoors during the winter months, frostbite poses a serious danger to exposed body parts.

"It hurt like hell," recounted former Humber Computer Sales and Marketing student Tanya Reichen.

One time in high school while waiting for a bus, Reichen's ears were frostbitten.

When she arrived at school that morning, the pain set in and her ears were very red and swollen. It wasn't severe, but she said it served as an important lesson.

Former Humber Photography student Keith Haist also got frostbite one winter after deciding not to wear a hat. He said he didn't want to mess up his hair, but ended up paying the price.

"I should've worn a hat," he conceded.

Dr. Janice Armstrong, who works at the Westway plaza clinic in Etobicoke, said frostbite affects circulation. The cold causes a narrowing of the blood vessels and

the blood is cut off from the area. Armstrong said the symptoms start with numbness, usually affecting the extremities such as the hands, particularly the fingers, the toes, heels, ears and nose.

Armstrong described the feeling of frostbite as a squeezing pain because the vessels are constricted, followed by numbness. When the area thaws, a throbbing kind of pain results as the area warms and vessels expand.

Third-year Ryerson Nursing student, Midhelle Cuda, who works at Armstrong's office, said the best thing to do in a case of frostbite is to go to a warm place and apply warm water to the affected areas. These areas should not be rubbed or chafed, as further damage could be caused.

In extreme cases, gangrene may set in. In that case, Cuda said hospitalization is necessary, as the affected body part usually has to be amputated. There is also the danger of permanent circulation damage.

So, in cold weather, the best thing you can do is dress accordingly. The best protection are layers that trap air between them.

"Wear extra socks, gloves and ear muffs," Cuda said.

Medicine cabinet mayhem

■ Home supply prevents late night runs

BY COURTNEY CHANSAVANG
Health Reporter

There's nothing worse than waking up in the middle of the night with stomach cramps or a fever.

So, it's probably wise to prepare for those situations by stocking up with the essential remedies.

Phil Emberley, a pharmacist at a Shoppers Drug Mart in Woodbridge, said he sees many frantic people in his store at odd hours buying basic items that should be available at home for easy access.

"There are several things (medications) people need to keep in their medicine cabinet to avoid such situations," Emberley said.

Simple medical conditions such as headaches, fever, a stubborn cough or gas can be looked after with treatments available at the local pharmacy.

For example, Emberley suggests storing such products as Tylenol for body aches and fever and Gravol for nausea and vom-



PHOTO BY KRISTI SMITH

A stocked medicine cabinet provides easy access to the right remedies to relieve annoying night time discomforts.

iting. Pepto Bismol or antacids can help stomach aches and gas.

Since it's prime cough and cold season, Emberley also recommends a supply of Neo Citran, a hot lemon drink, to treat the basic cold. As well, he said there's a prevalence of the stomach flu lately and would add Immodium to the shopping list.

If symptoms last for more than three days, however, Emberley suggested it may be time to visit the doctor, as this is likely symptomatic of an underlying condition.

Pharmacist Joon Chong said

he sees many of the same problems in his Shoppers Drug Mart and IDA stores in Hamilton.

"Some people break out with an itchy hive in the middle of the night from an allergic reaction, either from something they've eaten or medications they've taken, so always have Benadryl for such emergencies," he said. "The side effects of it is drowsiness, so it doubles up as an aid for insomnia (while sick)."

Chong also said that with all products, safe use is a priority.

A list of expiry dates and instructions on product use should keep things organized.



PHOTO BY SHAUNA DUFFY

In super cold weather, dress accordingly. Hands, particularly the fingers, are especially vulnerable to frostbite.

The Bitter Cold Facts of Winter

- ❑ 108 Canadians die each year from exposure to the cold
- ❑ Skin can freeze in under 1 minute when the temperature is -40°C with windchill
- ❑ At temperatures near or below 0°F (-17.8°C), frostbite is a risk
-Environment Canada
- ❑ There are two major types of cold injuries: systemic (hypothermia) and local (may include freezing or non-freezing)
- ❑ Frostbite is caused by a variety of factors including: increased heat loss due to wind, moisture, alcohol consumption and fatigue, diminished peripheral blood supply and hypoxia in high altitudes
- ❑ Shivering actually helps the body to generate heat
- ❑ Rewarming is essential to minimize the damage caused by frostbite

-Physician and Sportsmedicine

TECHNOLOGY, SCIENCE, AND ENGINEERING GRADUATES

MANAGE your FUTURE

TEXTILE MANAGEMENT INTERNSHIP PROGRAM

The Textiles Human Resources Council's one-year Textile Management Internship Program (TMIP) is a unique and innovative program delivered by McMaster University's School of Business, the Faculty of Engineering Technology at Mohawk College, and North Carolina State University's world renowned College of Textiles located in Raleigh, North Carolina.

This English-language program, to start May 1999 in Hamilton, Ontario, offers:

- free tuition,
- world-class education in textile technology and managerial skills,
- four-month paid co-op placement,
- one week lab experience at North Carolina State University, and
- excellent potential for full-time, well-paying employment.

Today's \$10 billion Canadian textile industry is highly dynamic and innovative with world class technology. Our sales, exports and investments are at record levels. To maintain our competitive position, we need well-trained future managers—managers who are technically competent and possess skills in communications, negotiation, and performance management. If you want to be on the cutting edge and are looking for a challenging and rewarding future, we invite you to join Canada's textile makers and contact us for more information at:

Textile Management Internship Program
c/o Textiles Human Resources Council
66 Slater Street, Suite 1720, Ottawa, Ontario K1P 5H1
Telephone: (613) 230-7217 and Fax: (613) 230-1270
E-mail: david.kelly.thrc@sympatico.ca and shirley.mckey.thrc@sympatico.ca
Web site: www3.sympatico.ca/thrc

Deadline to receive applications is February 1, 1999.



Textiles Council des
Human ressources humaines
Resources de l'industrie
Council du textile

This program is supported by the federal government's Youth Initiative; participants must be 16 years of age or under.



SAC



Winter Madness '99

Monday, January 25

Drop by the **Winter Madness Promo Booth** and pick-up information about the week's events and enter to win one of four pairs of tickets to the **SOLD OUT** Big Wreck concert.

Doors open at 8:00pm



Promo Booth - Across from the Bookstore -

8:00am - 1:00pm



Free Popcorn and hot chocolate



SOLD OUT!



Tuesday, January 26

SAC presents **Michael Lewis**, a guest speaker who will help you land that dream job, build your resume and sell yourself in an interview. If you are graduating this spring, this should not be missed. Michael will help you to feel more confident and ready to take on the world.

12:00 noon in the Community Room

*Free muffins and juice will be provided. All are welcome! For more information please call ext. 4411

Free BurrB.Q. and Outdoor Activities

Outside of the Student Centre 11:30am - 1:30pm

Snow Relay Race (teams of four)

Sign-up in the SAC Office

First Prize - SAC fleece pullovers

Second Prize - SAC fleece mitts

Snowman building contest (teams of two)

Sign-up in the SAC Office

First Prize - Trip to Blue Mountain (ski rentals included)

Second Prize - SAC fleece mitts

All participants receive free SAC binders



Wednesday, January 27

"Feelin' Hot! Hot! Hot!"

Dreams of summer in the Student Centre!

11:00am - Kickin' off to Coffee Houses '99

Home-grown Humber Talent, Sandy Thompson

12:00 noon - 2:00pm: Crazy Steel, Four Piece Calypso Band - featuring limbo dancing.

Lots of FREE stuff!



Thursday, January 28

Games Games Games



Test your skills in the Student Centre

between 10:30am & 1:30pm

Radar Hockey

Basketball

Lots of Prizes!



Friday, January 29

Ski Blue Mountain, Collingwood

Spend a day with us at Blue Mountain, travel on a Video-equipped, modern highway motor coach!

Tickets are available in the SAC Office

- North & Lakeshore -

● Package #1 - Coach & Lift \$40.00

● Package #2 - Coach, Lift & Ski Rental (skis, boots & poles) \$55.00

● Package #3 - Coach, Lift & Snowboard Rental (board and boots) \$68.00

Bus leaves Humber @ 6:30am

Bus leaves Blue Mountain @ 5:00pm



Biz/Tech

Biz/Tech etc.

■ Gizmos galore

Audio and video manufacturers got the chance to show off their new gadgets when the annual Consumer Electronic Show opened in Las Vegas last week. On display was Panasonic's Mobile DVD Theater System for automobiles. For expectant mothers, Unisar of New York City put on display Bebe Sound, a gadget made up of an amp and headphones. Expectant mothers can use the gadget to listen in on the movement of their infants within the womb.

■ Fruit-flavored

TimeDigital called it the best machine of the century. iMac was the top selling computer in November last year and now it comes in five fruit-flavored colors; grape, lime, strawberry, blueberry and tangerine. The fruit-colored iMacs were on display last week at the MacWorld Show in San Francisco. When the original iMac was released last August, in translucent blue, it sold 800,000 units by mid-December. Industry analysts say the iMac is a marvel of simplicity. Open the box and plug in. Connect phone lines, click a button and you are on the Net.

Saving for the future

■ Analysts recommend saving now to retire comfortably

BY KARYN WILSON
Biz/Tech Reporter

What preparations are you making to save for the future?

Financial analysts say students between the ages of 18-30 should start planning for their retirement.

Though the world of high finance can be confusing, there are numerous financial institutions that offer young adults the opportunity to customize their own portfolios.

A portfolio is a collection of investments held by an investor.

So, what is the best way to invest in your future?

"Mutual Funds are the most important way of getting into investing," said David McKinnon, a financial engineer for the Royal Bank of Canada.

"The whole point of mutual funds is for retirement, and mutual funds are suited to younger peo-

ple because they have time on their hands to accumulate interest."

Mutual funds are administered by professional money managers, are sponsored by investment management companies, and are sold in units.

According to Gaydon Watters, author of Financial Survival for the 21st Century, mutual funds cater to people who don't follow the financial markets on a regular basis.

"Mutual funds are the answer for 90 per cent of the investing population who lack the time and knowledge to make their own sound investment decisions in today's complex markets."

There are over 1200 mutual funds to choose from in Canada.

When looking to purchase a mutual fund, an investor can either consult a bank or a financial institution like Mackenzie Financial Corp. or Fidelity Investments.

Both offer a variety of mutual funds and financial consultants to help you create a portfolio.

When choosing a fund, it is important to decide whether you are more comfortable investing in a conservative fund, which offers modest returns, or are willing to take a risk and invest in a fund which has the potential to pay big dividends or losses.

McKinnon advises that young adults should look towards investing in a balanced fund that includes shares in companies that have proven to be stable and profitable.

Before making an attempt to invest, McKinnon suggests that an investor should first decide how much he can contribute to the fund. After that he has to figure out what type of funds he is interested in and study the newspaper to see which company is best.

McKinnon said once a decision is made, the investor will be consulted by the financial institution to negotiate the mode of contribution.

Contributions to the fund can be made every two weeks or once in a month. Fluctuations in the financial markets do not affect the investor's contributions.

According to McKinnon, as the years pass, interest is accumulated on the funds.

This means that the earlier you contribute to a mutual fund, the more money you will save by the time you turn 65.

Avoid cashing in on your funds before retirement because it will attract taxation, he said.

Web etc.

■ How stuff works

Have you ever wondered how the engine in your car works or what keeps the inside of your refrigerator cold? How Stuff Works is a great place to learn about how things work in the world around you. It features articles on engines and motors, electronics, things around the house, things you see in public, computers and the internet.

www.howstuffworks.com

■ Scholarships

Students are financially burdened because most of us don't know how to make the best use of government funding programs. One such resource is Scholarships Canada. It's Canada's first and most comprehensive scholarship site. Over 60,000 scholarships worth more than \$50 million can be found at the site.

www.scholarshipscanada.com

■ Gambling

Gone are the days when you had to go to casinos to gamble. Now gambling addicts can do it on the internet for real cash or just for fun. If you play for money the charges will be credited or debited to your credit card. Everything about internet casino is confidential. Currently, only Visa and Mastercard are accepted.

www.casino.org/

■ Shopping

Do you ever wake up and get confused as to what to buy for the day and in what mall? Then go shopping with Phil and Carrie. They know the malls, they know the shops and they know the deals.

www.torontomalls.com

■ Internet business

In this age of computers the internet has become a major area for commerce. Many people are turning to the Internet to establish businesses. Anything from buying and selling to commodities and the stock market are done on the net. In case you don't have any idea about how to do Internet business then this is your site. This site is good for gathering information on opening and starting Internet based businesses.

www.eca.ca/

New role-playing game above the rest

BY GREG DI CRESCIE
Editorial Staff

Bionware Corp.'s Baldur's Gate opens the doors to the next generation of computer role-playing games.

For those of you who are unfamiliar with Advanced Dungeons and Dragons (AD&D), think of Baldur's Gate as the ultimate choose-your-own adventure set in a medieval fantasy world.

Those familiar with AD&D will become instant Gate junkies. This giant five-CD game comes very close to the real thing. And with its Storm Giant eyes, it looks down upon Might and Magic, Wizardry and Diablo.

The game's premise is for the player to stitch together a party of characters and guide them through a very elaborate adventure story. The key thing Baldur's Gate does better than its predecessors is weave together a multi-layered plot. It takes the player beyond just hack-and-slash with a user friendly inter-phase.

Right from the get-go, Baldur's Gate smashes any notion of a

strong pre-determined linear tug in its storyline. It does this by only hinting to the player the underlying objectives of the game - the future is presented to the user as something he must map out for himself.

Unquestionably for Baldur's Gate the best user inter-phase is a keyboard-mouse combination.

The game relies chiefly on the "click-move" of the mouse, but for combat set-up the pause provided by the space-bar is essential.

The simulated 3-D graphic detail of buildings, streets, landscapes, and creatures is dazzling.

The wide array of realistic sound effects makes it easy for the gamer to lose himself in the game.

The level of difficulty of Baldur's Gate ranges from medium to hard depending on whether the player is familiar with the AD&D system. However, don't fret if you're a neophyte at RPG. The game is designed with lots of built in aides. For example, the first level is loaded with characters called "mages" to tell the player both what's going on and what



Baldur's Gate is scary but it offers computer gamers their money's worth.

he has to do. The user's manual also gets high marks for clarity.

Cost: \$59.95.

Difficulty scale: Easy is the straightforward hack-and-slash game. Medium is the combination tactics and blowing-up game

Hard is the purely cerebral tactical game. System recommended: IBM compatible, PC Pentium 200 Mhz with MMX, 32 MB RAM, 600MB space, 8X or faster CD-ROM, and 4MB SVGA card for 24 and 32-bit effects.

Lifestyles

Lifestyles etc.

■ Techno-dining

Thanks to a new electronic gadget, diners can order food, drinks or ask for the bill with the touch of a button. Located in the middle of the table, the button triggers a vibrating pager worn by their servers. Miller's Kitchen restaurants in Britain have spent \$1.2 million developing this system which has already proved successful at 12 restaurants in their chain.

-National Post

■ Birthday greetings

Getting a birthday card in the mail is not always a good thing, at least not if you're a criminal in London. City police are sending birthday cards as warnings to suspected drug dealers and thieves. The card has an illustration of the local police station on the front cover. The inside features a picture of the cell door, along with a friendly caption: "Thinking of you on your birthday."

-Toronto Star

■ Living in sin

Thousands of couples in Bulgaria discovered this week that they were living in sin and they didn't even know it. Over 50,000 weddings after 1990 were conducted by unauthorized officials, making the marriages illegal.

-Toronto Star

Striving to make the grade

BY MATET NEBRES

Lifestyles Reporter

The year is half over. For some students, the academic glass is half full, but for others it's half-empty.

While Humber won't have any statistics about overall academics until May, VP of Academics, Richard Hook said the general feedback from the faculty is very good.

"I'm hearing the freshman class is doing very well. The co-ordinators and the school heads are very optimistic that this year's graduating class is strong and should do well," Hook said.

But many students are not satisfied with their marks and, because it's the new year, resolve to do better this year.

The pitfalls students cited in their academic quests for excellence vary in depth and size, some avoidable and others inevitably part of the path.

Janet Cruickshank, a first-year student who was five per cent shy of making the Dean's List, knows what her downfall was last semester.

"I live in residence, stay up until 3 a.m. and don't do much studying," said Cruickshank.

Marks are a priority to Cruickshank. She's just trying to find the balance between the all-important social life and the marks.

"I came here to get an education. Grades are important, but I want to have friends at the same time," she said.

Other students attribute their shortcomings to growing pains. Mark Bianco is one such example.

"It's coming to a new school and starting off. Getting to know the program and the teachers, trying to balance work and school," Bianco said.

Another student identified poor time management as a problem.



PHOTO BY MATET NEBRES

Food for thought: lunch time is often study time for students trying to balance the pressures of part-time jobs, school and social life simultaneously.

"Next semester I'm going to plan ahead, start assignments a couple of weeks ahead instead of a couple of days," said Matthew Perlansky. "Procrastination adds stress. It's laziness on my part."

Students like Jeff Hamilton complained about the hours spent commuting.

"It's kind of difficult to go to school here when I live in Mississauga."

Yet the biggest challenge most students cited is working part-time while studying full-time.

Jen Beers, who lives in residence, said a lack of sleep and holding two part-time jobs - totalling 22 hours per week - prevented her from reaching her full academic potential.

Beers is not alone in her struggle to balance work and school.

Peter Dietsche, the director of Humber Research Network, said, "about three quarters of students work over 20 hours per week."

Dietsche said having too many part-time

work hours is one of the reasons students leave college.

He said three out of 10 leave after the first year, because of academic inadequacy or unclear career goals.

Those who are still here, however, can take heart. After first semester, students are generally more relaxed and know what to expect, said academic and career counsellor Liz Sokol.

Sokol's tips to college success include having some balance.

"Students have too many financial problems, personal problems, work and travel time. Clear away this stuff, so you are emotionally, physically and financially prepared for school," Sokol said.

She stressed that grades are important, but suggested students balance them with sleeping, eating and physical recreation.

According to Sokol, adopting good study skills are key.

Dollars for the daring

■ Some students will do almost anything for money...except work

BY CAMILLA PINTER

Lifestyles Reporter

The holidays are over, people are broke and some students are willing to endure a little pain and embarrassment to earn a few extra bucks.

Second-year Nursing student Meaghen Mulhall knows first hand what desperate people will do for cash.

"I needed money and a friend offered me \$5 if I snorted the sugar from sour key candies."

Mulhall said it really hurt, but it was worth the \$5.

Travel and Tourism student Susie Lackey, known to friends as "Piglet", couldn't ignore her growling stomach.

She and a friend needed money to buy lunch so they started to play the guitar on a sidewalk.

"This guy came by and asked us what we were doing and when we told him, he felt sorry for us and bought us lunch," she said.

Janet Cruickshank, first-year Recreation and Leisure Services student, will probably never look at vinegar again.

"I was completely broke, and a friend offered me \$5 to drink a glass of vinegar."

Although her stomach was sore she walked away a little richer.

Karyn Beecroft took a dive to make some cash. "I was offered \$20 to jump into a water fountain."




PHOTO BY CAMILLA PINTER

Snorting the sugar from sour key candies is just one tasty way to earn some cash (and get a good rush at the same time).

She walked away completely soaked with a dry \$20 bill. Friends dared Jess Donovan to pucker up for a few bucks. "I kissed a stranger in a bar for \$20."

horoscopes

 Capricorn (Dec. 22 - Jan. 19) An old flame resurfaces this week so be prepared for almost anything. The best advice is to ditch any old baggage and get ready for a new honey.	 Pisces (Feb. 19 - Mar. 20) You're always there to listen, but not the tables have turned. It's about time to tell a friend what you really think. They may not like it, but then again, who really cares.	 Taurus (Apr. 20 - May 20) You're feeling more run-down than Kenny in a season of South Park. Take some time for yourself. When life deals you blizzards - hibernate.	 Cancer (June 21 - July 22) An upcoming situation will leave you feeling as uneasy as Tori Spelling in a crack-house. Prepare yourself mentally and you'll rise to the challenge.	 Virgo (Aug. 23 - Sept. 22) Wash your face, polish your shoes and put on your most seductive smile. That special someone is right around the corner. Romance gets steamy towards the end of the month.	 Scorpio (Oct. 23 - Nov. 21) You are obsessive and domineering. Miraculously, a new love interest will see your hidden generous and gentle side. Don't screw it up.
 Aquarius (Jan. 20 - Feb. 18) Keep your commitments to get together with friends and it will turn out to be a very interesting evening. Go out, have fun, and you just may make some new friends.	 Aries (Mar. 21 - Apr. 19) A powerful dream will reveal to you the mysteries of life, the universe and everything. Unfortunately, you will wake up and remember nothing.	 Gemini (May 21 - June 20) Your friends feel neglected, your pet forgets who you are and your plants are dying, but you're too self-absorbed to notice. Get over yourself.	 Leo (July 23 - Aug. 22) Shopping, for you, is like a drug. Excessive spending stems from your need for luxury. Before your next spree, you'll need some new plastic to support your habit.	 Libra (Sept. 23 - Oct. 22) Avoid crabby people who mistake your intuition for a know-it-all attitude. Surround yourself with old friends you haven't seen for awhile and who value your advice.	 Sagittarius (Nov. 22 - Dec. 21) You have a foolish tendency to put the needs of others ahead of your own. Stop playing the martyr and spend some time and energy on you.

• Et Cetera •

JAN. 21 - 27, 1999

Stop and think before you drink

■ *You remember feeling sick at the bar. Someone offered to drive you home. Now you're naked in an unfamiliar bed.*

BY YUMI ICHIDA
Lifestyles Reporter

With an increasing number of drugs being reported in sexual assault cases, local health authorities are

warning drinkers to be more vigilant

A cover story in the Oct. 22, 1998 issue of Humber Et Cetera, and reports last December of a drug bust in Hamilton, highlight increasing reports of druggings in social situations.

"Really, there are all kinds of drugs, legal and illegal, that can be used against people, to take advantage of them, to make them vulnerable," said Mary Addison.

Addison is the director of the Sexual Assault Care Centre, and the department of Social Work at the Sunnybrook and Women's College Health Science Centre.

According to Addison, reports from rape crisis centres indicate that drug-induced sex attacks are on the rise in Halton and in other regions.

However, it is still difficult to determine whether there is an increasing number of incidents, or an increasing number of people reporting them.

Sexual assault remains one of the most grossly underreported

crimes. It is even harder to identify drugs in these cases since victims are often too incapacitated to take action and seek help on their own.

Drug-induced date rape usually involves a setup. The attacker attempts to take advantage of the victim's weakened condition within the first few hours at the height of the drug's potency.

Addison said a common scenario involves the assailant offering to take the victim home and help them when the drug starts to take effect.

"The majority of assaults occur between people who know each other," Addison said. "That's sad, but it's a reality."

Because a variety of drugs might be used, symptoms may vary. But regardless of the drug used, effects may intensify with alcohol consumption.

It is important to trust your instincts when you feel that something is not right with your condition, even if you have been drinking.

When going out anywhere you may have a drink, Addison recommends using the buddy system.

Having a friend accompany you at all times is the most effective way to prevent an attack.

Don't be a victim

- ◆ Go to social events, bars or parties with a friend you trust.
- ◆ Watch for unusual behaviour by your friends.
- ◆ Intervene if you suspect something's not right. It's better to risk your friend getting upset at you for the day than to leave her in a dangerous situation.
- ◆ Don't leave your drink unattended, even if it means bringing your drink onto the dance floor, or to the washroom.
- ◆ Never leave the bar or club with someone you have just met, especially if you are feeling intoxicated.
- ◆ Be aware of what is going on around you.
- ◆ Be suspicious of people who insist that you take a drink from them.

-University of Toronto Police, Rohypnol education and awareness pamphlet

If you suspect you've been drugged:

- ◆ Tell a friend a.s.a.p.
- ◆ Have your friend accompany you to a hospital immediately for testing. Many drugs can only be detected within 12 hours of consumption.
- ◆ Report the incident to a local rape crisis centre, and the police. Even if you were not

sexually assaulted, it is important for police to know about the drugging.

For more information visit the Canadian Nursing Students' Association Web Site:

<http://www.cnsa.ca/rohypnol>

-Sexual Assault Care Centre, Sunnybrook and Women's College Health Science Centre

Save Fido from becoming a pupsicle

■ *Paws to think about your pet's winter well-being*

BY BETH SHUMAN
Lifestyles Reporter

Frigid temperatures and heaps of snow over the past two weeks have left Torontonians with a lot to think about, including the needs of their furry canine and feline friends.

June O'Reilly, a technician at the Lawrence Veterinary Clinic in Toronto, said "if you go outside with only a sweater on and it is too cold for you, then chances are it will be too cold for your animal."

Older dogs really suffer during the colder months.

"It's harder for an older animal to keep warm, so don't let them out for too long," O'Reilly said. "Dogs who do spend a lot of time outside need more food to produce fat to insulate them and stay warmer."

Pet stores carry a range of warm winter wears to protect your pets. These include jackets in a variety of styles, and typically range in price from \$12 to \$100. They also have water-resistant boots with leather padding for better traction, and a sock for warmth.

O'Reilly said, "Don't forget to shovel a path in your backyard so the little dog in your family can go to the bathroom."

Salt on the streets can also be irritating to a pet. O'Reilly suggested rinsing a dog's paws well with water to get the salt off. "Dogs' feet are very sensitive to the salt, ice and snow. It gets stuck in their paws," she said. O'Reilly said dogs' ears are especially sensitive and thin and can easily get frostbite.

Sharon Schrage, of Toronto, said her dogs get chauffeured to the local park when the sidewalks and roads are too bad to walk on. "Bumper, Rascal and I get dressed warmly in our matching fleece. I sometimes dress Bumper in a

baby sleeper, but both my dogs wear booties and get a ride in the car to the park near our house."

When it's too cold to go for a walk, dog owners still need to consider their pet's special needs.

There are some precautions pet owners must take during the winter that could be deadly to an animal if overlooked.

Christa Chadwick, community outreach co-ordinator at the Toronto Humane Society, said anti-freeze is extremely toxic to animals. "When an animal drinks from a puddle of water, the sweetness of the anti-freeze tastes good," she said. "If the cat or dog is not brought to a vet immediately, it could be deadly."

Pets can't verbalize how they feel, so owners should keep in mind what the weather conditions are like.

"If our fingers tingle from the cold then imagine how your pet feels with no boots or coat," Chadwick said. "Just because the animal has hair doesn't mean they will be warm."

She also said dogs are susceptible to hypothermia, which could strike in less than 15 minutes in temperatures of -30°C.

"Even if the dog lives outside in an insulated dog house, they should be brought indoors if the weather is that cold," she said.

For the family feline, all this talk about going outside will be put on hold until the first signs of spring.

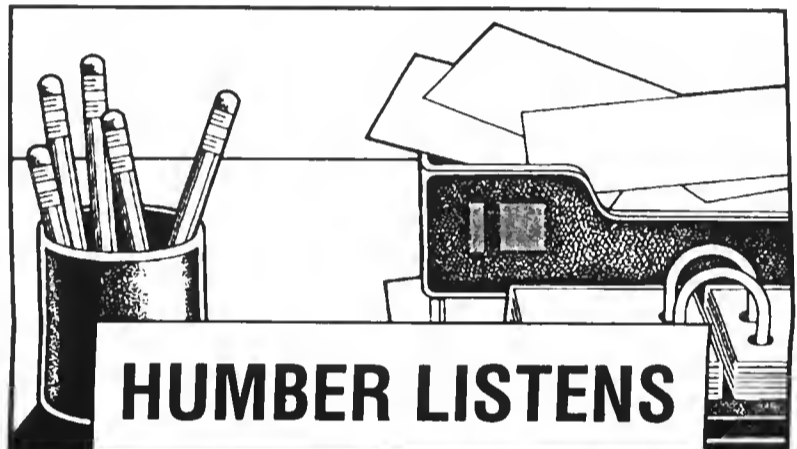
O'Reilly said cat owners need to watch their cat's diet.

"A cat's diet should be cut back by one quarter. They should be put on this type of diet, as they won't be getting much exercise during the winter. And if your cat does want to go outside, it should only be for about five minutes."



PHOTO BY REBECCA HEALEY

Hoover enjoys the outdoors. But when the temperature drops to -30°C, his furry coat isn't enough to keep him warm.



HUMBER LISTENS

We may be surveying you to pieces, but that's because we care about what you have to say.

We always have.

When you said you didn't like the line-ups to register, we created a call centre and a streamlined registration system to serve you more quickly and comfortably.

When you said the computer labs were unreliable, we upgraded the labs and developed high standards of computer acquisitions.

When you said you couldn't find parking when you wanted to register, we got rid of the meters and offered free, short-term parking for registration.



Keep telling us more.... We're listening.

etcetera.humberc.on.ca

Arts etc.

■ Up and Coming

The Rivoli
332 Queen St. W
596-1908

Friday Jan. 22
Toronto singer and songwriter,
Renann, with guests the Supers.
\$5.

Saturday Jan. 23
Ivanna Santilli (formerly of
Bass Is Base). \$5.

Tuesday Jan. 26
Deathbeat-Memphis hardcore
crew with Don Luis, Teen Crud
Combo, Countdown to
Obliteration, and Gohira. At the
Lion Cub, 349A College St. \$6.

Monday Jan. 25:
Big Wreck with Emm Gryner at
Caps.
Sold Out

■ Briefly..

Marilyn Manson is finishing up
a movie script based on some of
the concepts of Mechanical
Animals.

Sloan is planning to release a
double live album this spring.. It
will feature 28 tracks recorded at
Palais Royale last November.

Blondie, with Debbie Harry and
company, are back with their
new album and tour.

Silverchair will be hitting the
road following their new album,
Anthem for the year 2000. It
will be in stores in March.

A Big Wreck at Caps

■ "Superband"
set to play
old-outshow at
Humber

BY HIMANI EDIRIWEERA
Editorial Staff

It could be another case of a
media-immortalized band, but
it's not.

Big Wreck is big, and they are
everything but a wreck.

With Torontonian, vocalist Ian
Thornley writing most of the
band's material, they are far from
being on of the boy band that
have become a stigma in the
music industry.

And, they're playing Caps on
Monday Jan. 25.

The closest Dave Henning,
(back up vocals and base) has
been to Humber College was see-
ing it as he passed by, a few years
ago.

With only 400 people attending
their venue at Caps, you'd won-
der why such a big band, would
want to play such a small venue.

"It'll be a good venue. I like
small, sweaty bars," he said.
"They're lots of fun to play in. You



Brian Doherty, Dave Henning, Forrest Williams and Ian
Thornley are ready to rock Caps Monday night.

lose something when you have
4000 people at a show. There's
lots of energy (in the smaller
ones)."

Big Wreck has been playing
together since 1992, when they
met at Berkley's School of Music
in Boston. The band includes

Thornley, Henning, drummer
Forrest Williams, and guitarist;
Brian Doherty.

Their career took off with their
first CD, In Loving Memory Of,
which was released in 1997. Their
first big hit, The Oaf, topped the
charts in both Canada and the US,
and brought the band to a level of
popularity many musicians can
only dream of.

While their other two singles,
Blown Wide Open, and That Song
were instant hits in Canada, the US
tuned into The Oaf.

"The other songs didn't catch
on as well in the States. Much
Music had something to do with
it. They played our songs a lot,"
Henning said. "The Canadian
music scene has been really gen-
erous to us."

Their videos have had a lot of
air play on Much Music, and were
also invited to play the Much
Music Video Awards (Sept. '98),
and Snow Job '98, in Kamloops
B.C. Henning explained the video
station helped them with their
profile.

"We got to play right after
Tribe Called Quest. It was great
because it was one of their last
gigs," Henning added.

They were also nominated for
a Much Music Video Award, and
losing to the Tragically Hip wasn't
a big issue for them, Henning
said.

After months of touring, the
band members finally have what
they refer to as their "first real
vacation".

"We went our separate ways.
We needed a break, to recharge
our batteries, get our brains
together," Henning said.

Following another two weeks
of touring, beginning with Caps,
the band will be heading back to
the studio to put their heads
together for their next CD.

As far as future plans?

"The same direction. It's been
really nice, people buying our
CD's, coming out to our shows. I
want to continue what we're
doing, finding an audience and
making a mark on the music
industry," Henning said.

FareWel, stereotypes

■ Controversial play at the
Factory Theatre thru Feb 5.

BY ANDREW BISSON
Arts Reporter

Quick. Name all of the stereo-
types that surround native peo-
ple.

You could probably think of
many, and just about all of them
are portrayed in Ian Ross' award-
winning play, fareWel (reverse
for "Welfare"), now playing at
the Factory Theatre.

The play focuses on a reserve
in disarray. Directed by Ken Gass,
it is set on the fictitious Partridge
Crop reserve in Manitoba. When
the all-important welfare checks
don't arrive, the desperate tribe
goes to their Chief for answers.
Yet the Chief happens to be in Las
Vegas, and the people are left to
 fend for themselves.

There are four central charac-
ters in fareWel. Melvin, played

by George Leach, a young man
who seeks religion for enlighten-
ment but is instead drawn to his
habit of sniffing gas. Nigger, por-
trayed by Loon Hawk, is an elder
who spends his days stumbling
around in a drunken stupor. Phyl-
lis, the sensible devoted
mother, and Rachel, an ex-prosti-
tute who is sick and tired of rez
life.

Ross, who is a native, penned
a script that contains a lot of
humorous dialogue while also
mixing in several thought-pro-
voking speeches by the excellent
cast in between laughs.

This play will, first and fore-
most, make you laugh. Yet it also
possesses an underlying mes-
sage. This is what life is like for
many native people who live on
reserves - and their living condi-
tions need to be improved.

The play earned Ross a
Governor-General's award for

English Drama in 1997, making
him the first native to receive this
honour.

Some aspects of fareWel are
controversial, including a scene
where Rachel tries to use a page
from the bible to roll a cigarette.

There's also the naming of one
of the characters' Nigger. Accord-
ing to Ross, when a native person
is much darker than the other
people on the reserve, they are
referred to as "nigger". Like
Quentin Tarantino, Ross feels
that the word has too much
power. Instead of trying to hide
it, he believes we should use it so
it will lose its power and become
just a word again.

Ross' fareWel is an enjoyable
play that will make you laugh
and think. You may also have a
better understanding of living
conditions on reserves after see-
ing it.



Big Wreck was nominated for a MuchMusic Video Award,
and performed before A Tribe Called Quest's final gig.

Ska takes on racism

BY PAT LYNCH
Arts Reporter

The third annual Ska Ska Oi! Benefit concert for Anti-Racist Action Toronto (ARA) takes place Jan. 22 at the El Mocambo, and with this year's line-up, a skanking-good time is sure to be had by all.

An all-ages audience will be treated to the Canadian ska stylings of the Planet Smashers, Spinecracker and Split Second, as well as the streetpunk sounds of Montreal's Street Troopers.

Proceeds from the show will go to Anti-Racist Action, a militant group that came together in 1992 as a response to the public growth of neo-nazi organizing in Toronto.

"We don't expect everyone who comes to the show to be supportive of our political agenda," says Ravi John, a member of ARA.

"But coming and identifying with a group is positive in itself."

The past three years have seen a revival in the popularity of ska music, and with its roots in Jamaican rude-boy culture, it has taken on an increasingly anti-racist, anti-fascist tone.

For Donn Dixon, the drummer in Spinecracker, ska music offers the opportunity to back up his beliefs and ideals in a fun, positive way.

"The whole idealism behind ska music is that music is about peace and fun, not image and all that other bullshit," said Dixon. "We hope to teach the young ones not to hate, and if we can teach someone who used to hate, not to hate, then that's even better."

ARA will have a booth where people can obtain literature and paraphernalia, as well discuss issues with members of the Toronto chapter.

"We are interested in creating a whole youth sub-culture that adheres to non-racist ideologies," said John. "Music is a very good medium to get the message out. We feel that we can reach a lot of young people that way. I think it's important to recognize that there would be no youth culture without music."

Since 1992, the ARA movement has grown throughout Canada and the U.S., with 120 chapters in both large and small towns, fighting fascism wherever it shows its ugly face.

The show is sponsored by CIUT (89.5FM), CKLN (88.1FM) and SHARP (Skin Heads Against Racial Prejudice). Doors open at 8pm.

Advance tickets are available at Rotate This, Full Blast, She Said Boom and Who is Emma? for \$7, or you can fork out \$10 at the door.



Matt, Dave, Tim, Leon, and Kurt make up The Planet Smashers. Catch them at the A.R.A.

The band that's smashing the planet

BY PAT LYNCH
Arts Reporter

Montreal's Planet Smashers are feeling the gravity of the studio in the midst of a harsh winter.

As a follow-up to the critically acclaimed *Attack of the Planet Smashers*, this five-piece ska outfit is adding the final touches to their third CD, tentatively titled *Life of the Party*.

On the phone from Silent Sound Studio in Montreal, gui-

tarist and vocalist Matt Collyer expresses relief over the nearly finished product.

"It's nice to be nearly done, because we spent the whole month of December, like 10 hours a day, in pre-production, learning how to hate each other in new ways. And now, the album will be completed by the end of the month. We're looking at a mid-April release date."

Continuing in the ska tradition, the new release promises to be a party favourite for the sum-

mer of 1999.

Collyer laughs as he describes the sound.

"Oh, it's definitely pop-ska. Although I'd like to think there was some sort of twist to it."

The Planet Smashers will be taking a break from the studio this Friday, as they make a trip to Toronto to play a benefit gig for the Anti-Racist Action (ARA). Ravi John, a member of ARA, is excited about the prospect.

"Most of the ska bands have been really, really receptive to

us," said John. "In fact this is the Planet Smashers' second concert with us. We were really glad we could secure them."

Having agreed to the ARA gig, the Planet Smashers unanimously decided to turn down a large tour offer, because the dates conflicted with this Friday's show.

"Racism is really a serious problem up here (in Montreal)," said Collyer. "We appreciate the ARA for being there on the front-line. I mean, to be a member of ARA, you're really sticking your

neck out, and it's easy for us to support that by playing a show."

The last ARA benefit they played was back in 1996, and the band felt it was time to give something back.

Head down to the El Mocambo Friday night at 8pm to catch the Planet Smashers in action with Spinecracker, Split Second and the Street Troopers. Tickets are \$10 at the door, and \$7 in advance Emma?. All proceeds from the show will go to Anti-Racist Action Toronto.



Guitarist Mark Delahanty and vocalist Karen Holley are two-fifths of A is A

A new Canadian export

BY MICHELE STEFANCIC
Arts Reporter

A Is A, Canada's latest export on the music scene, is ready to kick some butt with their hard rock sound, and power-house vocals.

Formed over a year ago, A Is A released its debut CD, *The Thinking Chair*, last summer. Their first single, 'Make Up Your Mind', garnered some radio attention but it's their second single, *Driving By Your House*, that is giving the band their much deserved attention.

Founding members, vocalist Karen Holley and guitarist Mark Delahanty make up two-fifths of A Is A.

Their first session had an impact on their music making. "We really learned a lot while recording. I like the effect it's hav-

ing on our writing now. We're doing things differently," Holley said.

She also said writing music is similar to writing stories for a newspaper or magazine.

"We've learned how not to be so emotionally attached to a song, and not to be afraid of the editing process. Going into the studio and changing it can be a little disheartening," Holley said.

Delahanty compares the process to a journalist submitting their article to an editor. Having their music edited in the studio was something that required some getting used to.

"They call it killing the baby. You learn to get over it really quickly."

The major theme running throughout the songs on *Thinking Chair* is relationships. However, with lyrics like, "Don't

waste my time, I don't want to be your every now and then girl," Holley said they've moved on to more positive things to sing about.

"The songs were a collection of stories and experiences from the past. It was great therapy making that record," Holley said.

On a positive note, Holley and Delahanty give personal advice to those who are starting out in the music industry.

"Beware of dream killers," Holley said. "There is room in this business for everyone. If you can visualize it, if you can dream it, it can happen. We know because it's happening to us right now."

Delahanty adds, "I have two pieces of advice. One, never give up. And two, never leave your wallet in the dressing room."

The Gang's All Here

BY MAREK KOCHMAN
Arts Reporter

The Y2K bug and Nos-tradamus have one thing in common - the fear of the end of modern day society.

That is the subject matter explored in Autumn Leaf Performance Opera's "The Gang", which is headed for Toronto's Du Maurier Theatre at Harbourfront Centre.

The opera, written by Tom Cone, is about eight people who see the coming of the new millennium and try to assemble their vision of utopia. By the end of the performance one ends up dead and the rest are near insanity.

The opera, written in a contem-

porary style, originally premiered in Vancouver in 1997, and is coming to Toronto with re-written music and brand new sets. The music itself consists of a band featuring two keyboards, two percussionists, and an electric guitar.

The music was written to appeal to today's audience and stay away from status quo opera.

"There's never been an opera written in an everyday language," Cone said. "We really want to try and change that form."

Cone feels the plot of the opera stems itself as somewhat of a satire on modern day society's tendency to frenzy over uncorroborated fear. "We could be living in a state of hysteria and not even

know it. That could be stated from AIDS to politics."

Cone wrote the play to somewhat match the frenzy over the millennium. "The idea that people could get so whipped up over circumstance is very dramatic. We are writing an opera based on the power of fear mongering. There's fear in something that's based on nothing, and that scares the shit out of me."

The play makes its Toronto premiere on Jan. 28 and will be running until Jan. 30th. Tickets range in price from \$15.50 to \$32.50. To find out more about ticket sales, contact the Harbourfront box office at (416) 973-4000.



COURTESY PHOTO

Autumn Leaf Performance presents *The Gang*. Composed by Peter Hannan, it will be a part of the Du Maurier Theatre Series at Harbourfront Centre, January 28-29.

Step aside, South Park

BY ELLIOTT BELKIN
Arts Reporter

If you like dark comedy, Kevin Spencer is a show that you'll want to watch.

The Comedy Network's first animated adult series premiered last Sunday and was full of surprises. Previously aired as two minute shorts on Saturday Night

Live, Kevin Spencer is an all-Canadian show about a kid who tries to fit in but can't, according to creator Greg Lawrence. "The concept of the show came from a stand-up bit I used to do about fictitious kids' books," says Lawrence. The show documents the adventures of Spencer (an adolescent, chain-smoking, alco-

holic sociopath), recounting a troubled childhood to a prison psychiatrist, Mr. Franklin. This is not a politically correct show. The first episode is full of punches and kicks below the belt. They mock homosexuality, depict spousal abuse, premarital sex and violence. The style of the show is similar to South Park, according to Lawrence.

"Visually it's comparable to South Park. It's a much darker program than South Park. The content is a lot darker," he said. The animation is completely digital and takes about two and a half weeks per episode to produce. Kevin Spencer was chosen because "It's a good name that rhymes in the (theme) song. It was a generic name that sort of flowed," says Lawrence.

It is produced in Ottawa by Ocnus productions. The Comedy Network will air 13 episodes of Kevin Spencer on Sunday nights at 10:30 p.m. In case you miss it, watch it Thursdays at 11 p.m.



COURTESY PHOTO

Hypnotic Humour at Heads or Tails

BY JEFF LEMOINE
Arts Reporter

If you're looking to escape from the routine for a night, ask Sailesh.

Sailesh is a professional hypnotist. The self-taught hypnotic entertainer has been in the business for four years, and offers more to his crowds than the usual spell-weaving magic act.

"If I could sum up my show in a few words, I would say it's erotic, exotic, and sometimes psychotic" Sailesh said. He recommends his show for an adult crowd, emphasizing his show deals with mature subject matter.

"Instead of hypnotizing people into conversations with their

belly buttons, I make them talk to their penis or vagina - but it's all in good taste."

The show promises to be two hours of laughs and wonderment as a handful of people will be recruited from the crowd to be hypnotized.

"I don't believe in making fun of people; I believe in having fun with them," he said.

Sailesh has carried his show overseas, having just returned from a recent gig in Britain. He also plans to travel the U.S. following his upcoming tour of Northern Ontario.

If you're interested in seeing the show Jan. 23 or Jan. 30, give Heads or Tails Restaurant a call at (416) 253-0037.

www.headsortails.com



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Hot/Shot

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- ★★★★ Phat
- ★★★ 50/50
- ★★ Lame
- ★ SUCKS

Busta Rhymes

Extinction Level; The Final World Front

★★★

The common threads through all Busta recordings are the bizarre, often violent scenarios peppered throughout the CD. Trading on the millenium fear, Extinction Level is no different.

However these nuggets between tracks actually outweigh the rap and lyrics on this one, which is unfortunate because I decided to buy it instead of Jay-Z's Hard Knock Life. This essentially makes me a moron, because many of these tracks are weak. The exception comes with some old-school-style Busta, as well as a hilarious duo with Ozzy Osbourne. Extinction Level isn't a total disaster, but I can think of better ways to spend \$18.99

John Chick

Various Artists

Big Shiny Tunes 3

★★★★★

MuchMusic has done it again. With the release of Big Shiny Tunes 3, the compilation includes 17 of the best rock tracks of 1998.

BST3 continues the tradition of MuchMusic's collections, with a powerhouse lineup - Smashing Pumpkins, Goo Goo Dolls, Placebo, Fastball, Semisonic, Rob Zombie, Beastie Boys, and 10 other top of the chart bands.

Himani Ediriweera

Jim Cuddy

All In Time

★★

Cuddy without Keeler. It's like a saw without teeth. It doesn't quite cut it. All In Time's rich-lyrics and thick melodies play like a Nestle Quik version of Blue Rodeo.

A track like "Disappointment" clearly reveals an absence of edge in Cud-dy's solo work. The harder the song tries to slice, the more pathetic it sounds. Cuddy obviously felt he had something to say outside of Blue Rodeo. Fans of the band can only hope he has gotten it out of his system.

Greg DiCresce

By CHRIS HOLLOWAY

Arts Reporter

Imagine being blind since childhood, then having a chance to regain your sight.

That is the situation Virgil Adamson, played by Val Kilmer, faces in the new romantic drama, *At First Sight*.

Virgil, a masseuse in a small New York town, has been blind since three. All he knows of the world is what he touches and hears. He listens to Rangers games, has his job at the spa, and has a protective sister to take care of him. He lives a simple and happy life.

Amy Benic, played by Mira Sorvino, is a stressed-out architect from Manhattan. She meets Virgil while on a vacation at his spa. They fall in love, move to New York, and decide to try an experimental surgery procedure to restore his sight.

The remainder of the film, which is based on a true story, focusses on how Virgil, his family, and friends are affected by him regaining his sight.

Kilmer puts on a great performance throughout the film. He shows a wide range of emotion, from the joy of falling in love to the amazement and confusion of seeing for the first time.

Sorvino also shines as Kilmer's love interest. The chemistry between the two actors make the relationship seem real.

The story is a sweet, well-told romance, but is also predictable in many ways. It followed the

typical Hollywood romance plot: guy meets girl, they fall in love, some hardship threatens their relationship, but they get back together with a happy ending.

It also has too many blind puns, such as "see you later" and "nice to see you."

The implications of someone regaining their sight makes the story line more interesting.

In the film, Virgil says, "All my life I wanted to be whole, which is different from normal. Most of us are normal, and rarely feel whole."

Through the circumstances, he learns that having all five senses will not make him happy. He learns that it is more important to see with your heart than your eyes.



COURTESY PHOTO

Val Kilmer and Mira Sorvino star as Virgil Adamson and Amy Benic in *At First Sight*.

CD Pick of the week



Big Wreck In Loving Memory Of...

In Loving Memory Of was released in 1997 and became an instant success with the hit single, *The Oaf*.

As their first release, the band hit instant fame across the U.S. and Canada.

With tracks like *That Song*, *Blown Wide Open* and *Look What I Found*, *Big Wreck* has

managed to stay on top of the charts since the CD's release.

That song is also track 16 on *Much Music's Big Shiny Tunes 3*, which brought the band to a new level of success.

Though the band has a distinct and identifiable sound, the music, written mostly by vocalist Ian Thornley, varies from song to song and is a recommended addition to any CD collection.

Himani Ediriweera

Van Der Beek's Blues

By DAN SANTO

Arts Reporter

Varsity Blues is a story about life in a small Texas town located in the heart of the bible belt; with the religion being that of football.

This small town lives, breathes and dies football, this small town creates heroes and gods out of their football players and coaches. And, this small town had made anyone who believes that football is not the only way of life, an outsider, forcing them to get out of town before they are escorted out.

The heart of the story revolves around James Van Der Beek's character Jonathon Moxon who has been a second string quarterback for his entire high school football career. However,

Jonathon Moxon is more interested in getting a university scholarship so he can leave the small

town and it's high school football team far behind him.

Moxon loves football, has been playing all of his life, but does not want to play the game that coach Kilmer (Jon Voigt) demands of his players.

Varsity Blues begins with Moxon anxiously waiting for the final games of his high school career to be over by sitting on the bench watching the star quarterback Lance (Paul Walker), lead the team to another victory.

However, Moxon's life becomes complicated when Lance is injured and forced out of the final games, which brings Moxon on the field as the reluctant new quarterback.

Varsity Blues revolves around how Moxon, who is against Kilmer's style of football, gets caught up in being the superstar

Through the movie, Moxon is

tempted by what success can bring, which tests his relationship with Lance's sister who does not want to date a football star.

Varsity Blues offers everything that a Dawson's Creek fans expect: sex, romance, heartbreak, and temptations.

However, unlike Dawson's Creek, the movie also provides great action scenes and a compelling plot line revolving around coach Kilmer.

Varsity Blues will never be nominated for Best Picture, though Jon Voigt's performance is worthy for consideration for Best Supporting Actor.

But what makes *Varsity Blues* worthwhile in these times of inflated ticket prices, is that it entertains, and at times it makes one think, but not too hard, which is just what the doctor ordered in the blizzards of 1999

Humber's stars set to shine

■ *With colleges across Ontario are sending their best players to the all-star game this weekend. Humber's force is mighty.*

BY DEAN PINKHAM
Men's Basketball Reporter

Want to go to the All-Star game this weekend? There's no need to fly to Tampa as the 1999 Ontario Colleges Athletic Associations 11th annual Men's and Women's basketball all-star games are being held this Saturday night at Durham College in Oshawa.

The men's and women's varsity teams are sending a total of seven all-stars to this year's games, by far the largest representation of any team in the OCAA.

Jim Henderson, head coach of the women's team, was named coach for the OCAA women's eastern all-stars.

And the women's players are: guard Tina Botterill; guard Aman Hasebenebi; point

guard Melissa McCutcheon; and forward Tanya Sadler

The men's representatives are: guard Jeremy Murray; guard Sylvio Carta; and forward: Adrian Clarke.

All the players are hoping Humber fans will be out in force this Saturday.

Being named to the all-star game is an individual honour but the team concept wasn't lost on third-year player Tina Botterill.

"It's a great accomplishment. Personally for myself it's my first time in college ball, but I wouldn't be an all-star if it wasn't for the rest of my team," Botterill said.



PHOTO BY DEAN PINKHAM
Aman Hasebenebi, Missy McCutcheon, Tanya Sadler and Tina Botterill will showcase their skill on Saturday.

All four all-stars were thrilled that coach Henderson will be joining them this weekend.

"Playing time," chimed Botterill, as her fellow Hawks nodded their heads in agreement.

The players said Henderson deserves this recognition.

"We're ranked second in the nation. I

don't think a lot of people realize how good a coach he is, he's really accomplished a lot here at Humber," Hasebenebi said.

Although he's pleased with his players, Henderson said more could have been selected from Humber.

"I would like to see us have five, I think we really do have five on merit," he said.

Henderson said he also hopes to see some Humber fans in the stands this Saturday.

"It would be nice to see some fans down there to see some of the best players in Ontario playing," he said.

The feeling of accomplishment isn't exclusive to the women. Adrian Clarke of the men's team knows it's special.

"Oh yeah, it's an honour to represent Humber College at the all-star game, it's always been a big occasion," Clarke said.

Humber's other male all-star, Jeremy Murray, thinks it's great that both teams are so well represented, especially the women.

"They're doing a great job, I'm really proud of them. They've dominated their league, they deserve to send a lot," Murray said.

Guard Sylvio Carta is looking forward to participating with his fellow teammates and having a better day in the three-point shooting contest where last year the shots just



PHOTO BY DEAN PINKHAM
Time to represent. Sylvio Carta, Jeremy Murray and Adrian Clarke are ready to play.

wouldn't fall.

"I've been practising my shooting. I know I will be better this year," Carta said.

There is more going on than two high calibre basketball games this weekend. The 6th annual OCAA best mascot competition is sure to get the crowd revved. During half-time of both games, the OCAA/Coca-Cola Classic three-point shoot-out contest will take place. Hasebenebi and Carta are Humber's hot shooters for their respective competitions.

Some lucky fan will walk away with a trip for two to Puerto Vallarta as the winner of the OCAA Grand Prize sweepstakes.

Tip-off time for the women's game is 5:30p.m., the men's game goes at 8p.m.

Soccer team ready to kick it

BY MIKE GENTILE
Men's Soccer Reporter

Humber's men's indoor soccer team looks to be in fine form again this year as they defend 1998's Ontario championship title.

The team will take part in their first tournament of the year at York University on Jan. 23. There are no regular season games. Instead there are various tournaments.

The Hawks will travel to Scarborough, Hamilton, Montreal, and, should they qualify for the Ontario Finals, Nippissing. The Hawks will play in the West Division alongside Confederation, Niagara, Redeemer, and Nippissing.

Although the roster won't be finalized until after the York tournament, the foundation has already been laid. The best news the team received so far was that All-Ontario goalkeeper Peter Libicz will be back for another year. Head coach Germain Sanchez was especially pleased.

"I think it's great. He's the base of the whole team," he said.

Libicz joins 11 other returning players from last year who should give the Hawks a lot of experience to help the rookies in their first year.

"Experience is going to be very good for us," Sanchez added.

One question mark that was looming over the team was how would they handle the departure of captains Walter Martins and Marco Frasca

"It's definitely a big loss but we have the players that can step up. Soccer's not a solo sport, it's the team effort that makes it work," Jesse Calabro said.

One possible solution is John Mustica who, after just one year of playing outdoor was named captain of the Hawks indoor team.

"He's developed into a good leader. He does all the little things off the field that keeps the team together," Sanchez said.

Other returning players looking to make an impact are defenders Terrence Campbell, Matt Carr, Jeff Tait, Angelo Nero, Hugo Lopes, Daniel Gazzelone, Yovany Peraza, Trevor Hache - and the very soft spoken Nathaniel Singleton.

"I bring strength, speed and intimidation," Singleton said.

According to Sanchez, the success of the outdoor team has turned a lot of young guns into mature all-around athletes. Another to look out for is rookie Danny Oliveira. Sanchez was impressed by the amount of skill he's seen in such little time.

"He looks very young and strong. I hope he'll be with us for years to come," he said. After all the questions and preparation the outlook remains positive.

"We didn't lose one game last year and I can't see a change this year," Nero said.

When asked to make a prediction he said it all.

"We're going to win. That's it."

Sports etc.

■ Men's Hockey

Thurs. Jan. 21, 5 p.m.
The Hockey team hosts Conestoga at Westwood Arena.

■ Basketball All-Stars

Sat. Jan. 23 6 p.m.
Members of the Men's and Women's basketball teams represent Humber at the annual All-Star game at Durham College.

■ Intramural Leagues

Mon. Jan. 25
Floor Hockey, Indoor Soccer, 4's Volleyball, and 3-on-3 b'ball leagues start.

■ Men's Basketball

Wed. Jan 27 8 p.m.
Men host fifth-ranked Seneca.

Louder! We can't hear you

■ *We have some of the top sports teams in Canada, so why is attendance at home games so low?*

By TIM FORAN
Sports Reporter

It's the end of another day of classes. While most Humber students are going home, very few stay to watch their school's sports teams in action.

A quick glance at the OCAA standings finds all the Humber Hawks teams in first or second place. A quick glance at the stands finds most students either don't know about their school's success, or don't care.

Paul Masotti, the head coach of the varsity hockey team, says an unfair stigma surrounding college sports is to blame.

"A lot of people don't believe the hype," said Masotti. "You have a lot of talented hockey players here. Any one of these players can go and play for a major junior team and they'll see six, seven hundred to a thousand people [in the stands]."

In October, Masotti's team took to the ice as the first Humber hockey team in eight years. The Hawks' first game against Cambrian Golden Shield, the number-one ranked team in Canada, drew a respectable 200 - 300 people. Since then, the fans have dwindled to 100.

Athletic director Doug Fox said buses shuttling students from residence to Westwood Arena boosted attendance for that first hockey game. Unfortunately, the costs were too

high for the buses to remain in operation.

"The SAA (Student Athletic Association) has a mandate to try and promote the varsity games, and their budget is maybe \$4,000 - \$6,000, which is not substantial," Fox said.

For their part, the SAA uses their budget in various ways, including free popcorn on game days and giveaways during games. These promotions have met little success. Even with all of Humber's teams ranking in the top 10 in Canada, the fans continue to stay away.

While Allaina Tufts, President of the SAA, insists her promotional team isn't giving up, they are running out of ideas.

"It's just frustration, not knowing where to go next, or what to do next," Tufts said. "So we just kind of throw everything out at once and see what works."

Mike Katz, the men's basketball coach for the past 12 years, said Tuft's goals may be futile.

"I think you're always going to have a problem with a school like Humber because it's a commuter school," Katz said, while watching his 5-1 team practise. "You know, people do their classes and go home."

It is a sentiment shared by Fox.

"[The students] finish school at 2 pm," Fox explained. "Are they going to wait around until 8 pm to watch a game? Chances are that it's difficult to do that."

Surprisingly, fan apathy seems to have little effect on the players. The women's basketball and volleyball teams, who struggle to achieve even 50 fans, have been incredible this year.

The 8-0 basketball team has outscored their opponents by an average of 58 points, and the volleyball team has gone 18-0 in games en route to a 6-0 match record.

Despite their play, Tufts said players are hiding their frustration.

"I think if you were to stop and ask them, they'd say they were fine, like they play for themselves," said Tufts. "But just the same, you hear it at the end of the year, after provin-



(COURTESY PHOTO)

Athletic Director Doug Fox even provided transportation to try and boost fan support at games.

cial and nationals are over. It's disappointing to go out there and play your heart out and try your best to support a school, and yet there's nobody there supporting you."

Dexter Miller, guard/forward for the basketball team, agrees with Tufts.

"I think sometimes [the fans] sit back and wait for the team to do something. Sometimes we need the fans behind us to give us that extra energy."

Hawks on thin ice

Continued from page 1

However, Fox and Masotti were not on the same page when it came to setting academic standards.

"I didn't know until December that Paul [Masotti] had done this and I said to Jim [Bialek] at that point 'I don't know if that's realistic.' You've got first-year students who are adapting to college for the first time and they may be in the wrong program," Fox said.

Fox said the success of any varsity program can be determined by the number of athletes who finally graduate.

Fox insisted that the difference between now and 1990 is that the players are going to class, and they don't just pretend to be students.

Humber has brought in tutors for some players and other players tutor their teammates.

Players who are teetering on failure have been placed under close supervision, something Masotti referred to as being "under the microscope".

Last week Bialek issued an invitation to students at Humber who have played competitive hockey at the junior B level or higher, to come and try out for the Hawks. The Hawks have already added Colin Gillespie, a swift winger

from Port Colborne.

A poster in the dressing room warns players to talk to Doug Fox before dropping any courses, as they would become ineligible to play hockey as part-time students.

The OCAA states any team can add a player to the roster up until February 15.

You can be eligible for a maximum of four years as long as a player has paid all fees, is enrolled in full-time programs, and gets 18

credits during each of those years.

Also, if a player has been in a league where he was paid to play (not including the CHL) he loses a year of eligibility for each year he played and must sit out at least one year before he can compete in the OCAA.

"If 15 guys fail out, you have to have a way to replace them," said Fox referring to the late date for eligibility.



PHOTO BY BRIAN SYLVESTER

The hockey team pictured here in a win earlier this season, are now facing serious troubles off the ice and in the classrooms.

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Athletes of the Week



Caroline Fletcher
Women's Volleyball

The setter for the Hawks, is quick and precise. Fletcher's hot sets are a major sore point for the competition. She has given her team's strong line up many chances to make clean kills giving the Humber Hawks a league leading 321 offensive points and a record of 6-0.



Cindy Ross
Women's Volleyball

Ross is a crucial part of Humber's offence and is always on top of her game. With a solid 40 kills she can put them down hard and in the right spots. Ross is third in the Central Region with 14 stuffed blocks and has 3.6 points per game. With the addition of the odd jump serve Ross is proving to be a powerful opponent.



Catherine Rudics
Women's Volleyball

Rudics is dominating not only the Central REgion, but the entire province with 5.8 points per game. She is third in the province with 87 kills and always intimidating on the court. Probably one of the hardest hitters in the league, one hit from Rudics often becomes the turnaround point in a match.

Matt Cunliffe
Men's Volleyball

Cunliffe is always a reliable presence on and off the court. A focused member of Humber's squad, he possesses one of the strongest arms on the team. His kills are dangerous for the opposition. A great all-around player Cunliffe is a quiet leader on the court.



Tim Pennefather
Men's Volleyball

Pennefather a veteran for the Humber HAWks is a constant threat to opponents. His jumps serves are tough to handle and he leads the league in serves aces by 12, with a total of 31. With 85 kills and a 5.3 points per game, his dedication is definitely paying off.



Matt Tim
Men's Volleyball

Matt Tim's fleet footed flying hits are often hitting the opposite floor. He has accumulated a very respectable 76 kills and 4.1 points per game. With his speed he is always in place for blocks and is third in the West Region with 19 stuffs.



Totally useless trivia

The following are the answers to those crazy useless trivia questions from page 2.

1. She was 70-years old when she played Juliet of 13
2. Ba Ba Black Sheep
3. It has itchy testicles
4. When they want to copulate
5. By eating their own testicles
6. The fear of beards
7. To cover the onset of baldness
8. If your name is Marry
9. They were both death
10. It actually refers to the black death, which killed about 30 million people in the fourteenth century.
11. Saliva
12. The study of stupidity
13. It was the custom of ancient Rome for the men to place their right hand on their testicles when taking an oath.
14. Marijuana
15. The fear of virgins

Scoreboard

Men's Basketball

Central Region	Team Standings & Stats											
TEAM	GP	W	L	FOR	AGT	PTS	3FG	2FG	FTA	FTM	FT%	PF
Humber	6	5	1	439	393	10	22	151	107	71	0.664	114
Sheridan	7	5	2	545	516	10	33	158	196	130	0.663	165
Algonquin	6	4	2	468	404	8	18	165	139	84	0.604	119
Centennial	3	2	1	240	236	4	11	84	58	39	0.672	59
Seneca	6	1	5	422	473	2	41	105	148	89	0.601	132
Durham	6	0	6	442	534	0	16	147	163	100	0.613	113

Women's Basketball

Central Region	Team Standings & Stats											
TEAM	GP	W	L	FOR	AGT	PTS	3FG	2FG	FTA	FTM	FT%	PF
Humber	9	9	0	782	263	18	32	288	206	122	0.592	118
Fanshawe	8	7	1	565	307	14	35	187	124	86	0.694	98
Mohawk	9	7	2	558	455	14	12	209	163	104	0.638	171
Durham	8	4	4	387	383	8	4	127	204	121	0.593	104
George Br	9	4	5	459	486	8	3	174	193	102	0.528	176
Seneca	7	3	4	335	395	6	7	133	85	48	0.565	122
Niagara	6	2	4	231	365	4	3	81	115	60	0.522	109
Georgian	7	0	7	152	503	0	4	58	85	24	0.282	161
Redeemer	9	0	9	341	653	0	24	100	136	69	0.507	138

Men's Hockey

Central Region	Team Standings & Stats									
TEAM	GP	W	L	T	GF	GA	PIM	GA AVG	PTS	
Cambrian	10	9	1	0	76	32	711	3.20	18	
Humber	9	6	2	1	57	32	340	3.56	13	
S.S. Fleming	10	6	4	0	51	41	256	4.10	12	
Seneca	10	4	5	1	52	45	356	4.50	9	
Conestoga	10	4	6	0	37	43	454	4.30	8	
Boreal	10	3	8	0	39	88	308	8.00	6	
Sault	8	1	7	0	20	51	526	6.38	2	

Men's Volleyball

West Region	Team Standings & Stats									
TEAM	MP	MW	ML	GW	GL	PTS	K	SB	SA	T OFF
Humber	8	8	0	24	1	16	347	102	66	515
Niagara	8	6	2	20	10	12	434	75	23	532
Seneca	7	5	2	16	10	10	364	72	47	483
Redeemer	8	4	4	15	15	8	347	58	43	448
Mohawk	8	3	5	14	21	6	350	70	41	461
Cambrian	8	2	6	11	22	4	353	90	43	486
Sheridan	6	1	5	9	16	2	251	68	32	351
Georgian	7	1	6	6	20	2	265	45	28	338

Women's Volleyball

Central Region	Team Standings & Stats									
TEAM	MP	MW	ML	GW	GL	PTS	K	SB	SA	T OFF
Humber	6	6	0	18	0	12	219	51	51	321
Seneca	6	5	1	15	8	10	226	42	43	311
Cambrian	6	4	2	14	9	8	238	31	56	325
Sheridan	6	3	3	10	10	6	169	28	29	226
Centennial	6	2	4	11	12	4	181	61	46	288
Georgian	6	1	5	4	15	2	97	27	17	141
Boreal	6	0	6	0	18	0	81	11	21	113

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Wing Delivery

BY BRIAN R. SYLVESTER
Hockey Reporter

The Hawks lost a wing and a couple of feathers but they're in good, soft, hands. And they belong to winger Colin Gillespie.

The Hawks lost high scoring right-winger Curtis Hamilton, role players Jacob Stewart and Joe Raneiri at the end of the fall term. The Hawks had a wing transplant, with Gillespie, a fleet right-winger from the Port Colborne Junior B Sailors, joining the Hawks.

Gillespie described himself as a scorer. He was heavily recruited by the Seneca College Sting, but Humber had the inside track. Head coach Paul Masotti is also from Port Colborne and had played a little shinny with Gillespie.

"I knew Paul from back home. He's just a friend of the family. Everybody in Port Colborne plays hockey and Paul (Masotti) played hockey so I knew him from there," Gillespie said.

Masotti watched Gillespie grow up playing hockey.

"He was going to school at Niagara College, and Seneca college was after him really bad and I knew that and he basically had enough of home and he wanted to play hockey and I gave the opportunity here."

Losing Hamilton who scored eight goals in his last three games, will create a huge gap on the Hawk's productive second line. With Gillespie in the line up, Jarred Hebbes will move up from the third line to the second line to play with centre Rich Wand and winger Eric Hobor. The 6-foot Gillespie will add size to the

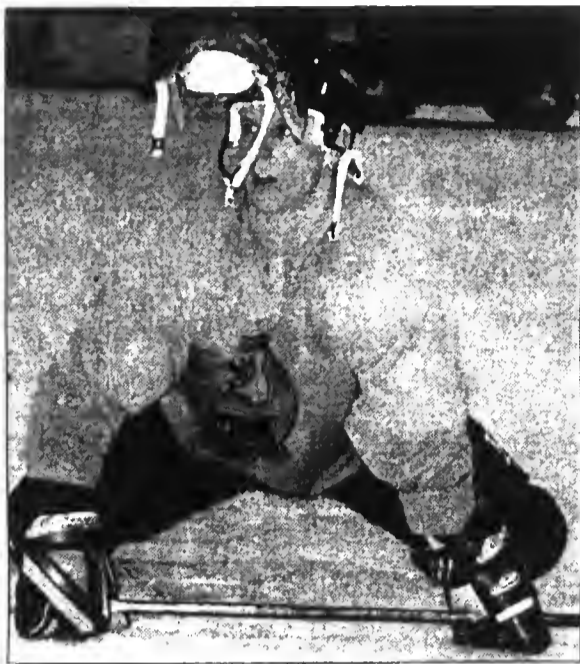


PHOTO BY BRIAN R. SYLVESTER

Colin Gillespie getting set to do battle.

already ominous third line and play with winger Jeff Wicker and center Rich MacKenzie, who each weigh over 200 pounds.

"He'll blend in nicely with this line, he'll give balance. And the key to this team is that you have to come out with four lines. He can play any three lines and next year he'll probably be stepping up to play with somebody on the first two lines," Masotti said.

Hawks' secret lethal weapon

BY PAM SHORE
Volleyball Reporter

Volleyball's middle power takes her success in stride

Take one all-Canadian athlete, add a quiet and conservative attitude and you've got Christine Rudics. Rudics is the strength behind Humber's women's volleyball team.

Christine Rudics has the stats to prove she is good but, in her eyes, she is just like every other player. But every other player doesn't lead the OCAA with 5.8 points per game.

This fourth-year player is well rounded both academically and athletically.

This is Rudics fourth year at Humber. She spent two years in the GAS program and last year was enrolled in Sports Equipment program. This year she is enrolled in the Hospitality Recreation and Tourism program.

Rudics maintained she's an aggressive player but she does it through maturity. This maturity comes from learning to use her teammates, and as the coaches say, she has learned to pass the ball.

Rudics is a team leader, leading primarily by example. Coach Dave Wood said: "Christine's quiet leadership occurs in her personal relationships regardless whether they are rookies or veterans."

Over the years, Rudics has collected a few awards. To mention a few, Rudics has won All-Canadian in 1995-'96, CCAA Tournament all-star in 1997-'98

and Humber's female athlete of the year in 1997-'98. Rudics is a great player but takes all her accomplishments in stride.

"Christine is humble about her achievements," Humber athletic director Doug Fox said.

Rudics may have a lot of awards but the respect of her team is one that comes naturally.

"Christine is not only an



COURTESY PHOTO

Women's volleyball star Christine Rudics.

aggressive player, (she's) a great role model, but she is really smooth," Dyan Layne, a fellow teammate, said.

Rudics may be a humble about her achievements but she is still a dominating attacker.

This is the last year for Rudics' varsity eligibility. She will, however, continue attending Humber to finish her program.

Snow storm stunts lead to busy emergency rooms

■ Outdoor sports injuries rose significantly during recent blizzards

BY STEVE PENNER
Sports Reporter

After the freak snow storm hit us, the freaks hit the snow, and in some cases the snow again hit back.

Emergency rooms and medical clinics were flooded last week with people as Mother Nature hit with her latest blast of winter.

"We definitely expected a large number of injuries with the increase in snow, but not quite like this. It was a zoo in here with the number of snow-related cases that we treated," said physiotherapist Randy Foster, of the Institute of Sports Medicine in Etobicoke.

"We're seeing all kinds of injuries, but mostly knees, shoulders, wrists and backs, especially related to skiing, snowboarding and tobogganing."

Foster also pointed out the main reason for most of these injuries is a lack of preparation. If winter warriors would take the time to stretch their muscles and warm up a little before they hit the slopes, most injuries could be prevented.



PHOTO BY STEVE PENNER

It may seem like a good idea at the time, but a careless run down the slopes could lead to a lengthy rehab period instead.

Randy Foster still stresses prevention to avoid winter injuries.

"Don't just jump out there and race down the hill if you haven't done anything all summer and fall.

Stay within yourself. Chances are, most injuries will occur due to lack of conditioning. The rest you can just chalk up to bad luck."

Conditioning is important, but carelessness remains the number one reason injuries occur.

"People are tobogganing and skiing in restricted areas, especially after hours," said Richard Kopera, ski hill manager at Etobicoke's Centennial Park.

"A lot of these people go flying

down the hill at amazing speeds and they can't see a bump coming. Most end up fortunate, but I've seen people get some pretty major back injuries on hard landings."

Not all accidents can be prevented. Freak accidents can also happen at any time, as experienced skier Jason Finucan attested.

"I was zipping down a hill at Horseshoe Valley, and I went up on a side hill, when out of nowhere, there's this stump in my path. It stopped my ski and I kept going."

Finucan was lucky. His ski binding gave way just before his leg twisted past the breaking point, and the worst of his injuries was a bruised ego.

"You could say I'm lucky not to be hobbling around on crutches right now," Finucan said.

"It was a zoo in here with the number of storm-related cases we treated"

- Therapist Randy Foster

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