



HUMBER

# Et Cetera

Jeanne Beker makes a special appearance at Humber for fashion arts students P. 13



PHOTO RADHA TAILOR // Eric Petermanec, 20, third-year business administration student and Jessica Wysocka, 18, first-year fashion arts student, spend an affectionate moment between classes. This is the extent of their public activity, but not all students have similar restraint.

## STUDENT PROFILE Egyptian student shares his insights

TESSIE SANCI  
SENIOR REPORTER

Mobility has been an issue for Egyptians surrounded by the massive protests of the past two weeks against President Hosni Mubarak.

This is what Mohamed El-Bawab, a final-year business administration student at Humber College, has heard from his mother who lives in Cairo, which has been the centre of the upheaval.

“At the beginning of the protest, everything was closed. Banks were closed,” he said. “All the stores were running out of food, gas stations were running out of gas so it was really hard to move outside of the neighbourhoods. That’s what I was being told.”

Continued on page 2

## BIZ/TECH

### Taxes: experts say start preparing now

P. 11

The best way to get an accurate return is to be prepared early.

## A&E

### HSF Art Attack contest fuels name-calling

P. 17

Insulting comments cause rules to change half-way through judging process.

Humber custodial staff finding increasing evidence of on-campus sex

# STUDENTS NEED TO GET A ROOM

RADHA TAILOR  
LIFE REPORTER

DANIEL GREEN  
NEWS REPORTER

Valentine’s Day or not, Humber custodial staff said they see the signs that sex is happening all over North campus.

“We find condoms everywhere,” said custodian Emmanuel Baffoe.

Baffoe said most are found in the stairwells, but staff has found condoms in classrooms and washrooms.

“I’ve worked here for so long, but this year, there is more,” Baffoe said.

Vicky Adams, an 11-year custodian at Humber, has heard lurid stories of students having coitus on campus.

“Years ago, a security officer patrol-

ling the fourth floor, maybe E, saw two students naked and they asked the security (officer), ‘excuse me, can you please close the door,’” said Adams. “Humber College is the capital for that.”

## For us, it's not an acceptable act in public.

Gary Jaynes  
HEAD OF HUMBER SECURITY

Custodians said they have also found used condoms in a gazebo at the Humber Arboretum after hours.

“During frosh week, we saw a

couple coming out, with clothes all disgusting from the Arboretum and they were bragging about it,” said Jessica Frith, 18, a first-year fashion arts student.

Students have also caught others having sex outdoors.

“There’s the gazebo behind the caf, down the hill between the trees and the bench. People have sex there all the time because there’s high grass and a tree,” said Charlene Coughlan, 19, second-year fitness and health student.

With over 300 closed circuit cameras on North campus, security has caught students having intercourse in their cars in the parking lots, said Gary Jaynes, acting director of Humber’s Department of Public Safety.

He said security will ask those thus

engaged in parking lots to leave. “For us, it’s not an acceptable act in public.”

Humber campus is rife with evidence of afternoon delights, but when booze is introduced into the mix, it is a formula for debauchery, said LinX pub employee Nadim Fetaih.

“People will be having sex in the washrooms and we’ll be breaking it up,” he said.

Fetaih added that a couple had been caught in the act behind the dance floor’s curtains last year. “Alcohol doesn’t always come with the smartest ideas so people don’t always wrap it up [with a condom],” he said.

For those students seeking a public display of affection, Fetaih said, “come pub night, you’ll see a pant-load.”

# Student's safety fears are overseas

El-Bawab's family remains in Egypt during the riots continuing to take place there

Continued from page 1

El-Bawab, 20, is Egyptian by birth and moved to Canada about six years ago.

His mother, who remained in Egypt, has been surrounded by the chaos that has challenged Mubarak's power and taken over news programs throughout the world.

Since late January, thousands of Egyptians have been protesting Mubarak's three decades of authoritarian rule and the present crisis of rising food prices and high unemployment. The disruption to the country forced Mubarak, who has been strongly criticized for his harsh treatment of political opponents and the press, to announce he will not run for re-election next September.

El-Bawab has been concerned for his family's safety. He said that the military has taken the place of the police but this makes people feel less secure.

"Citizens have been setting up their own barricades in the streets to protect their own assets. They've been setting up checkpoints in their neighbourhoods also as a way to protect their assets."

At Humber College, students of Egyptian background are not the only ones following this story. Advi-

sors at the International Centre also keep track of the situation to assist those who are from Egypt but have study permits to attend school here.

Matthew Keefe, an advisor, said there are three of these students at Humber. Other students of Egyptian heritage would not be identified.

**I believe that certainly President Mubarak is not the right person to be doing the job right now.**

Mohamed El-Bawab  
FINAL YEAR, BUSINESS  
ADMINISTRATION

He said, in these situations, the International Centre reaches out to students to see if they need any assistance.

"We do let them know that if they need to go home for any reason or anything like that, we can just make sure that their work permits or study permits are legit and up-to-date so that they won't have any troubles at the border."

Beyond the present crisis on the streets of Cairo, El-Bawab says he is concerned about the political and



PHOTO TESSIE SANCI // Mohamed El-Bawab is following the protests in Egypt through the news and by talking to his mother, who remains in Cairo during the current tumult.

economic future of the country.

"I believe that certainly President Mubarak is not the right person to be doing the job right now," he said. "The gap between poor and rich is increasing. The government is not being efficient enough and he's not being efficient enough."

El-Bawab said he visits Egypt once every two years and plans on going this July. Once he graduates, he

would like to work and gain experience in Canada. He said he wants to see if he can apply his experience to Egypt but "it's not a primary plan for me to go there. I may not even go there until I retire."

Humber's Egyptian students were contacted and advised that the Centre could provide assistance, Keefe said, but nobody has taken them up on the offer.

CORRECTIONS

ET CETERA APOLOGIZES FOR ANY ERRORS.

Last week: Candice Carter-Cecchetto's name was misspelled.

David Cadiz' film *Adventures with Owen* is not his debut.

Last semester: The killing of 14 women at Montreal's Ecole Polytechnique occurred in 1989.

## Library offering new databases

JOE ENGELHARDT  
NEWS REPORTER

PHOTO JOE ENGELHARDT// Two new online databases are available to students during the month of February.



The library at Humber is giving students access to two new online databases through a trial that is continuing through February.

ISI Web of Knowledge, a general reference database that covers a variety of subjects, will be available until Feb. 13, while Powerspeak Languages, a tool aimed at people learning new languages, will be on trial until the end of February.

"There's different ways we do trials," said Lisa DiBarbora, the Virtual Services Librarian at the Humber Library. "Some are organized by the consortium [of Ontario College Library Services] and others are requested by a specific program."

The two trial databases were made available to Humber by the consortium, and are available for Humber students to test when using computers on campus, DiBarbora said.

In addition to the trials, the library has also further expanded its online resources with the permanent addition of new databases and 2,600 online books.

"We're buying more and more online books to facilitate the needs of students," said DiBarbora.

Some of the new databases have been requested by specific programs, such as the Berg's Fashion Library for the Fashion Arts program.

It provides students with background information, statistics and trends, and is an important addition to the resources available to students, said Pauline Ashworth, coordinator of the fashion arts program.

"We want to stay current so that when our students go out into the industry, the information they have is current," she said.

Another database that was recently added, the Criminology Collection, has greatly benefited students in the criminal justice bachelor of arts program, the program head said.

"The students have commented that they've been able to find more peer-reviewed articles," said Jeanine Webber, coordinator of the program. "It's really helped them."

The database was added at the request of both students and instructors in the program, who noted that library resources at the time didn't include enough peer-reviewed articles.

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CONTRACEPTIVE  
ISSUES

# Humber stays with contested birth control

TOM KITUKU  
NEWS REPORTER

Humber Health Centre is not discontinuing the use of two widely used oral contraceptives, Yaz and Yasmin, despite a class action lawsuit filed by Canadian women seeking a financial compensation claim for adverse side effects.

"There are always risk factors with any medication and we do not know if these individuals had risk factors that may have contributed to their medical problems and not the pill itself," said Carole Gionet, a nurse practitioner at the Humber College Health Centre.

In her 20 years of experience with prescribing oral contraceptives to young women, she said she has never seen a client with venous thromboembolism (VTE), a side effect claimed in the suit.

"If students go off Yasmin or Yaz and they get pregnant they run a much higher risk of getting a VTE than if they stayed on Yasmin and Yaz," said Gionet.

"I have seen almost every pill prescribed portrayed in the media as a dangerous medication when the research did not support this claim."

Matthew Baer, a lawyer fighting against the birth control, said pulmonary embolism, deep vein thrombosis, strokes, heart issues and gallbladder removals are some of the most severe health issues being reported by women.

"There is a greater incidence of these side effects with Yaz and Yasmin than with other birth control pills," said Baer. "They are the only two contraceptives on the market that contain drospirenone, which is a possible cause of the side effects."

Bayer, the company that manufactures the two contraceptives, has defended its products.

"Studies and research done by Health Canada and the FDA show that the drugs are safe to use," said Dr. Shurjeel Choudri, vice-president and head of medical and scientific research at Bayer. "Bayer sponsored two independent studies with more than 120,000 women that confirmed the risk of blood clots in women taking low-dose oral contraceptives was the same regardless of the oral contraceptive used."

Health Canada says the ministry vigorously evaluates the safety and effectiveness of drugs before authorizing them for sale in Canada.

Should they become aware of new safety information regarding the use of drospirenone-containing contraceptives, the information would be reviewed and appropriate regulatory action taken, said Health Canada.

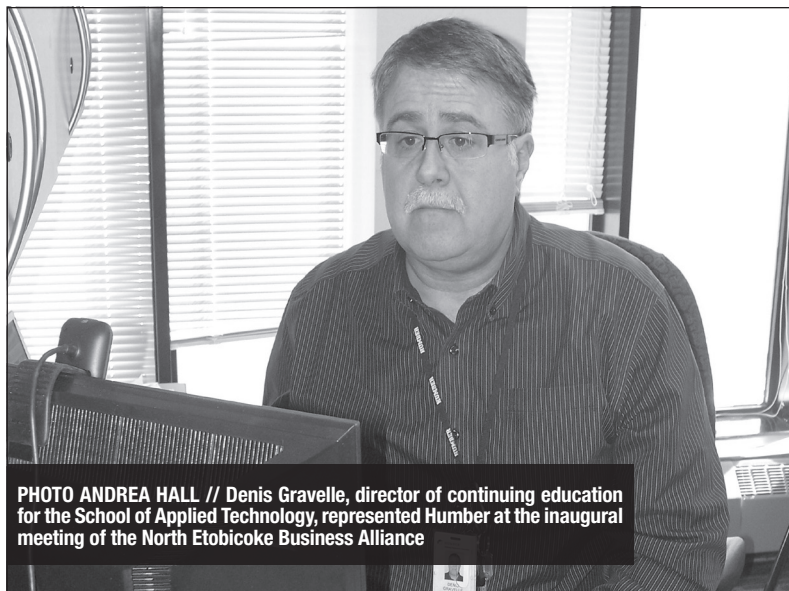


PHOTO ANDREA HALL // Denis Gravelle, director of continuing education for the School of Applied Technology, represented Humber at the inaugural meeting of the North Etobicoke Business Alliance

# Humber offers some big business value for North Etobicoke area

ANDREA HALL  
CITY HALL REPORTER

A new business alliance run by the City of Toronto will give Humber the chance to showcase its corporate services to the North Etobicoke business community.

"Humber's more than just an issuer of certificates, diplomas, graduate diplomas and degrees," said Denis Gravelle, director of continuing education for Humber's School of Applied Technology. "Another side of what community colleges should be doing is working with these businesses to provide corporate training solutions."

At the inaugural meeting of the North Etobicoke Business Alliance in late January, Gravelle told area businesses how Humber can offer skills assessments and on-site training for the existing workforce.

Both Gravelle and Humber President John Davies acknowledged the alliance can benefit Humber, helping the college network with businesses to find work placements for students.

They said the real value of Humber's participation, however, is services the college can provide to the business community.

"I see Humber's role in this more related to the economic health of North Etobicoke," said Davies.

The alliance is supported by Toronto's Economic Development and Culture Division and is the brainchild of councillor Vincent Crisanti, who ran a similar program while on the Etobicoke City Council in the 1990s.

"It's specifically for businesses in our community, to connect businesses together with one another, to provide them information with respect to resources available from the city of Toronto," said Crisanti.

"I think [Humber] could offer ideas that could maybe help the business community solve some of their problems."

The manufacturing sector is one area where Gravelle really sees Humber as a resource for businesses.

While manufacturing has been on the decline, he said there are clear signs it's turning around and there is an increased demand for skilled trade workers.

Many companies are looking to provide training for their existing staff, to help them adapt to new equipment or processes he said.

The alliance plans to meet every two months, with the next meeting tentatively booked for March, followed by a May meeting which Humber has offered to host.

A new way to hook-up with your classmates

# LikeALittle.com is liked a lot by flirtatious students on campus

KATIE O'CONNOR  
NEWS REPORTER

The art of flirting can be tough to master, but now Humber students can make connections with their peers without the daunting fear of rejection.

LikeALittle.com is a free website geared toward students that allows them to sign up for their campus population and post anonymous flirts with each other.

"At residence: Male, Black hair," one student posted on the Humber campus section of the site. "You make me laugh all the time, keep up the good work."

"You can start chatting with people randomly. It's fun and funny," said Ahmed Tahir, 19, a business administration student who co-founded and helped launch the Humber section over the winter break.

"It creates a fun atmosphere," he said. "You have to sign up with your university or college email address, so people know that you are real and not just some random person on the site, like Chatroulette."

Students are also able to delete posts on the site simply by inputting their email address, which allows a positive atmosphere to be main-

tained said Tahir.

Stanford graduate Evan Reas co-created the site to give students the opportunity to make connections with those around them.

"We were coming up with ideas and thought how do you connect with people around you?" said Reas. "We wanted to make it easier and thought it would be a good idea."

The site was launched in October, 2010 in Palo Alto, Calif. and has quickly spread to campuses across Canada and the United States, Reas said.

"I think a lot of people have a desire to meet other people and there are a lot of social dynamics that prevent that," he said. "It's exciting. It shows that it's something that resonates with people."

Ammar Abdul - Raheem, 19, a business administration student and another co-creator of the Humber section said he was drawn to the site because of its potential to unite Humber as a campus.

"I kind of want Guelph-Humber to be more spirited, more active so that everyone gets to know each other," he said.

"It's one more thing to break the ice, one more reason to talk to your neighbour."

## GREEK CHIC

# Fraternity seeking Humber sanction

COLIN ELLIS  
STUDENT GOV'T REPORTER

Humber's Greek Council is in negotiations with HSF to have its fraternity sanctioned as a club on campus.

Ahmed Tahir, 19, a second-year business administration student at Guelph-Humber and treasurer of the Greek Council, said talks with the Humber Students' Federation over whether or not to have the fraternity sanctioned began last September and have been ongoing ever since.

"The main thing about the fraternities and sororities is they have certain aspects to it that they don't want changed and the school wants that stuff to be changed," he said.

Ammar Abdul-Raheem, 19, a second-year business administration student at Guelph-Humber and president of the Greek Council, said being a sanctioned club would allow its fra-

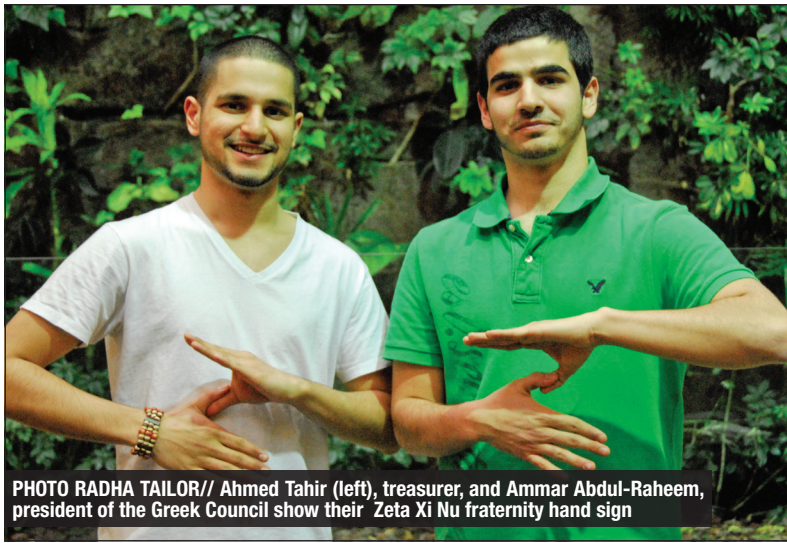


PHOTO RADHA TAILOR// Ahmed Tahir (left), treasurer, and Ammar Abdul-Raheem, president of the Greek Council show their Zeta Xi Nu fraternity hand sign

ternity Zeta Xi Nu to promote events on campus and be eligible to receive funding.

The Greek Council also has a sorority called Alpha Gamma Omicron.

Melissa Mendes, vice president of Campus Life, said HSF has concerns over hazing, as well as the fraternity not being open to all Humber students.

"If we do have oversight, then that means we're technically responsible for them as a fraternity and sorority," she said.

"So if they're not following our policies and our constitutions as our other clubs and associations are then we can't have them under our umbrella."

Abdul-Raheem said fraternities and sororities must have a certain amount of exclusivity in order to attract the

best members.

"Organizations like fraternities and sororities work just like a business," he said. "If you're not a creative person, if you're not a driven person, if you don't care about the fraternity, you're going to be kicked out."

HSF is looking at the policies of other universities and colleges to see what their agreements are with fraternities and sororities, Mendes said.

Humber does not have an official position on the issue, said John Mason, vice president of student and corporate services, but a request for a fraternity should take into consideration the college's mission and values.

"It's a question of what is the objective of the fraternity, how is it managed, and how are peoples' rights respected."

# Putting the cap on all plastic water bottles

ELAINE ANSELM  
ENVIRONMENTAL REPORTER

As far as access to clean drinking water goes, Humber North has got it down, said operations and maintenance manager David Griffin.

"We test the water once a year," said Griffin. "It passes with flying colours every year."

Yet, recycling and garbage bins alike are filled with plastic water bottles every day.

Through recycling Humber diverts about 50 per cent of its refuse from landfill sites, said Griffin. But "we end up with a lot of mixed garbage," that is not sorted and includes plastic bottles.

"It's mostly drinking bottles that end up in the wrong place," said Kim Stewart of U-Pak Disposal and Recycling, responsible for Humber's waste removal.

With uninhibited access to clean drinking water Humber has the opportunity to minimize their contribution to the plastic bottle pile-up.

Pledges to go water bottle-free in coming years have been signed by universities and colleges across the country, including several in and around Toronto.

The Canadian Federation of Students has been behind petitions across Canada to set goals for future bottle-free campuses.

The pledge can, for some schools, involve creating the infrastructure needed to allow for open access to quality drinking water, said the federation's campaigns co-ordinator Lauren Snowball.

This sometimes involves the implementation of water-filling stations, but not necessarily in newer buildings that are already equipped.

The campaign is just one component of the larger Students for Sustainability.

The federation has teamed up with the Polaris Institute to promote the campaign and bring awareness to plastic bottle use and "the impact of waste it creates," said Snowball.

Broader issues surrounding sustainability can be intimidating and offer less tangible answers, "because it's such an identifiable target, people go for it," she said of the campaign's success.

The less we put into landfills, the more we are doing for the environment, said Snowball, means that there's "a pretty compelling argument to be made."



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## Proposed Finch LRT line could be history

THOMAS CSERCSA  
NEWS REPORTER

A proposed light rail line along Finch Avenue West that would make commuting to North campus easier for Humber students is in serious jeopardy.

"It's an area that desperately needs better transit," said Jamie Kirkpatrick, public transit campaigner for the Toronto Environmental Alliance. "The light rail network, as proposed for the city, could really help people move around the city - to jobs, to social events, even to and from Humber."

The Finch West line is part of Transit City, originally proposed by former mayor David Miller and former TTC chair Adam Giambrone.

"Finch is one of the areas that is in jeopardy of losing out on that plan based on conversation we're hearing out of the mayor's office right now," said Kirkpatrick.

TTC public affairs adviser Sarah Currie said the entire plan is currently under review.

"The TTC is currently working with Metrolinx on an updated transit plan for Toronto and is committed to expanding our transit system to provide fast, reliable and accessible service across the city," she said.

For Kamila Kudlackova, 26, a second-year multimedia production student from Toronto, the daily

**It's an area that desperately needs better transit.**

Jamie Kirkpatrick,  
PUBLIC TRANSIT CAMPAIGNER

commute from the Jane and Finch area is a source of aggravation.

"It's caused me to be late every day," she said. "It should only take me 40 minutes to get to school. It depends on what time I leave, but during rush hour, I need an hour and 20 minutes."

Kudlackova said the reason she believes nothing has been done is because the bus route goes through some of Toronto's most vulnerable neighbourhoods.

"If this was Richmond Hill, this wouldn't be happening."

Hannah Bontogon, who works with some of the city's most vulnerable citizens as a community engagement worker in the Bathurst and Finch neighbourhood, said her experiences on the Route 36 buses along Finch have been "frustrating."

She said that the light rail line would benefit the many high-priority neighbourhoods that Finch connects.

"Even when two buses come at once, they're still really crowded and there are still people left waiting."



PHOTO TORONTO EMS // Emergency calls have increased while paramedic staff remains constant in Toronto

## No funds for EMS

MICHAEL RADOSLAV  
NEWS REPORTER

Despite steadily decreasing ambulance response times, Toronto Emergency Medical Services (EMS) has not received a funding increase to hire new paramedics in the city's 2011 budget.

Humber paramedic students could face another year of lower employment opportunities in Toronto.

"The hiring for paramedics across the province is always very cyclical in nature," said Lynne Urszenyi, program coordinator for the paramedic program at Humber.

Recently there have been "more bad years than good," said Urszenyi. "It used to be that we would go for a few years with low hiring and then we would go up for a few years with 100 per cent hiring, but we haven't seen that in the last several years."

"It's sort of been a steady 60 per cent employment, 70 per cent employment - haven't seen the 100 for a while," said Urszenyi.

Urszenyi said financial constraints have become tighter for all emergency services, adding public and media scrutiny helps determine which emergency service receives funding.

"Every year it's sort of a game as to who's getting what piece of the pie in terms of budget," said Urszenyi.

Councillor Mike Del Grande, Toronto's budget chief, said no cuts were made to EMS and that police and firefighters also respond to emergency calls.

Regarding funding emergency services, Del Grande said "we look at them in terms of affordability, at what we can afford."

"There is only so much funding and the problem is where to allocate it," he said.

Statistics provided in the budget proposal by EMS show ambulance response times to life-threatening calls were down 2.9 per cent from 2009 to 2010, and more than 20 per cent from response times in 1996.

Call volume has increased 20 per cent between 2002 and 2009 while the number of new paramedics has not matched this increase.

"The numbers speak for themselves" said Peter MacIntyre, spokesperson for Toronto EMS.

MacIntyre said the EMS would hire more paramedics, but is limited by the funding they receive from the city.

"Council has said we can have a certain number of paramedics in our complement," he said.

## VIDEO CONTEST MEANT TO CONNECT HSF AND STUDENTS

KARI PRITCHARD  
NEWS REPORTER

Humber Students' Federation is giving students until Feb. 14 to create a video about why they love their student government and in return the winner of the contest is being offered a MacBook.

Students can upload their videos to YouTube and send a link to info@hsfweb.com to enter the contest.

"It's just a small, fun contest before we go full force with election time," said Melissa Mendes, vice president of campus life at North campus.

Campaigning for the 2011 elections will begin on Feb. 28.

"We're here for them, so for them telling us what they like, what they don't like, it's great feedback for us because that's how we want to do our job better," said Mendes.

Keysha Williams, a first year police foundations student, started at Humber in January and decided to submit a video after learning more about HSF and what it offers students.

"I didn't know you can chill there, they have the pool tables, you can ask them questions regarding your bursaries and used text books," said Williams. "I just thought it was something positive for people to know about."

Jason Hunter, dean of students at Humber, said he thinks the contest will help students connect with their government. "I think the intent is really to engage people and to get people thinking about the positive aspects that the HSF brings to the community."

Hunter also said that it is important to have good communication



PHOTO KARI PRITCHARD// Jason Hunter, dean of students, understands the value of open communication between students and their government.

between students and HSF, whether the feedback is positive or negative.

"I think it's really important that there is an effort made by HSF to reach out to the community to get feedback about how people perceive the services," said Hunter.

"Having worked at a number of different institutions, my perspective is that the HSF really is one that wants to be open, wants to be accessible, wants to be guided in the decisions that they're making by the voice of the students."



DR. GEORGE ELLIOTT CLARKE

**In the second talk of the President's Lecture Series, Prof. Clarke addressed Humber on Feb. 9 in the Seventh Semester on the importance of black history. Clarke is a playwright, poet and Canadian literature professor at the University of Toronto.**

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# Youth program needs help



PHOTO ALEX CONSIGLIO// From left: Michael Hinds, Sabra Desai, SOYAT board member Haney Mussa, Toronto Library district manager Gail MacFayden, and Ali Abdullahi at SOYAT's eighth annual youth recognition awards.

**ALEX CONSIGLIO**  
NEWS REPORTER

A new program developed in part by Humber to help troubled youth in Rexdale get their high school diploma is already in jeopardy, organizers said.

The program, called Re-Link, began this month at Albion Library with its first class of 15 students, including former gang members.

"Many of these youth have been so disillusioned with the school system

and they need our support," said Sabra Desai, manager of Humber's community partnership development and one of the key developers of Re-Link alongside the Somali Youth Association of Toronto [SOYAT].

Desai said they've managed to raise around \$43,000 so far, but it's not enough to run the program a second time and it "might take some financial contribution" from Humber, on top of her time, to keep the program afloat.

"We finally got a little bit of funding

to get off the ground, but now it's not enough and everyone's focused on how we can sustain the program," said Ali Abdullahi, executive director of SOYAT. "We're going to be missing funding after the first six months."

Abdullahi hopes Humber will do more as outlined in a letter he sent the college pleading his case for funding and a scholarship arrangement for Re-Link graduates.

John Davies, president of Humber, said the program is not on his radar yet, but he looks forward to "learning more about it and seeing if we can in fact help."

Humber isn't usually a major funder of such organizations, Davies said, because the college is a publically funded institution itself, but "it wouldn't be unusual to provide a kind of encouraging scholarship to [Re-Link] graduates."

"There is going to be some funding from Humber," said an optimistic Michael Hinds, a youth outreach worker with Breaking the Cycle, an affiliated gang intervention organization. "But there isn't a commitment just yet."

# Drug bill too harsh

**CAITLIN DECARIE**  
NEWS REPORTER

Proposed mandatory prison sentences for drug use and trafficking are too harsh for all but hardened criminals, said the head of a nation-wide students advocacy group.

"Criminalization [of drugs] has failed and it is time to start a sensible drug policy," said Caleb Chapesiuk, executive director of Canadian Students for Sensible Drug Policy, commenting on Bill S-10 which is being debated in parliament.

The group is a grassroots organization based in Ottawa and has university and college campus chapters across the country that are concerned about the negative impact Canada's drug policies have.

The Controlled Drug and Substances Act outlines that trafficking would be treated most stringently where youth might frequent, said Chapesiuk. "That could be anywhere."

Prison sentences for serious drug crimes should reflect the escalating danger that is created in within society,

said the Department of Justice.

According to Health Canada, youth aged 15-24 use marijuana, ecstasy and painkillers more often than any other age group.

The bill proposes that trafficking would include selling and sharing drugs and "this is where students will get swept up," said Chapesiuk.

Trafficking would have an automatic two-year prison sentence and it does not offer the possibility of community service as an alternative.

Humber President John Davies said the justice system "should be open to different circumstances for different people."

Mandatory prison sentences are not a useful solution, he said.

Drug use and trafficking should be addressed before it becomes a problem, said Davies.

The bill was announced by Justice Minister Rob Nicholson in Montreal last Aug. 4.

Carole Saindon, from media relations for the Ministry, said there was nothing further to remark on the bill before there is further legislative debate.

# Scholarship for medical reporters

**RUTH VANDYKEN**  
NEWS REPORTER

A new scholarship worth \$2,000 is available to students of medical journalism, announced the Association of Electronic Journalists.

To qualify for the scholarship sponsored by COLD-FX, students are required to submit a television or radio news story that clearly communicates critical information surrounding a medical issue.

**I learned early on that there were many ways to get money to pay for education; work, loans, grants, and scholarships.**

William Hanna  
DEAN OF HUMBER'S MEDIA STUDIES

"It's in everyone's best interest, whoever you are, to have a better understanding of one's health, the health system and the issues that affect it," said Michael McDougall, senior manager of media relations at Afexa Life Sciences, which makes COLD-FX.

McDougall said Afexa sees medical journalism as the main contributor to the public's increasingly better grasp of health science.

"People who are highly educated in a certain sphere aren't always the best communicators. This leaves journalists as the translators of the medical world," said McDougall.

With many concerned parents turning to the internet for answers, McDou-

gall said medical journalism becomes increasingly important as a recognizably reputable source.

By supporting this field, Afexa believes it is contributing to a better-informed public.

Robert Collins, president of the Association of Electronic Journalists, said the scholarship will be awarded with eight other scholarships at the group's national conference in June in Halifax.

"The purpose of the fund is to support journalist education with professional development opportunities," said Collins.

The association has contributed over \$260,000 in scholarships.

This is significant for students struggling in a field hard to gain a foothold in, educators say.

As a former student, William Hanna, dean of Humber's School of Media Studies and Information Technology, understands the economic crunch students face.

"I learned early on that there were many ways to get money to pay for education; work, loans, and grants and scholarships," said Hanna.

"I decided very early on that I liked the grants and scholarships better than the others."

Citing education's rising costs, Hanna said schools need to "start trying to find ways to help provide additional scholarship opportunities in various programs."

Hanna said the program negotiates with sponsors and companies to bring scholarships to the college.

"I go after everybody," Hanna joked. "We have scholarships from Sony, from JVC, from Panasonic, from Henry's Cameras."

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# Facebook privacy overhaul in effect

## SECURE HTTPS FEATURE WILL HELP PREVENT HACKERS FROM ACQUIRING PERSONAL INFORMATION



PHOTO HENJI MILIUS // Naveen Sian, business accounting student from Guelph-Humber, sits in the quiet study room on top of the student centre surfing on Facebook.

**HENJI MILIUS**  
BIZ/TECH REPORTER

A new Facebook security feature called Hypertext Transfer Protocol Security (HTTPS) will help prevent hackers from entering users' accounts.

Facebook will implement this new security feature on its website to protect users' privacy in the coming weeks.

"HTTP is not secure because anyone can see your password and your text, but if HTTPS is used as a secure

protocol, the text is encrypted," said Muhammad Khan, professor and program coordinator for the wireless and telecommunication post graduate certificate program at Humber.

"Though more secure, users will experience delays as the pages load more slowly with the new protocol," he said.

Since its foundation in 2004, Facebook has become one of the most popular social networking tools.

The Facebook website says that it has "more than 500 million active users." Also, "more than 30 billion pieces of content (web links, news stories, blog posts, notes, photo album, etc.)" are shared on a monthly basis.

"The average user has 130 friends and people spend over 700 billion minutes per month on Facebook," the popular website says.

Ryan Burton, the director of IT Planning and Client Services for the Information Technology Services has a few things to say about Facebook's new security initiative.

"Some people perceive the internet as the extension of their home and work environment when in fact it is not."

"There are individuals out there who create mischief and Facebook is a popular place to do that," he said. "Students should be up-to-date with the privacy policy and could be at risk of being exposed if they do not keep information for themselves."

"Facebook is a tool. It is just like a hammer. If you don't wield it properly you can hurt your thumb," Burton said.

"I have been on Facebook for six years and got hacked last week," said Shanelle Watson, a first year Humber student in Media Studies.

"I would rather have the service slow than having security that is not strong," she said.

Despite that issue, Shanelle said that she uses Facebook to keep in touch with her family and the people around her.

## Rogers texting rate on the rise

**ALEX ZAKRZEWSKI**  
BIZ/TECH REPORTER

As of March 16, Rogers is increasing its texting rate from 15 to 20 cents per message, causing many Humber College students to worry about their phone bills.

Lauren Cripaul, a second year paralegal student, said she sends over 100 texts a day and finds the increase irritating.

**I have a three year contract. After that I'm switching to WIND mobile.**

Anna Zhu  
INTERIOR DECORATING STUDENT

Increasing texting rates is insensitive to students' needs and only adds to their expenses, she said.

"It will hit students more than other people," said Cripaul.

"We don't have time to call, texting is more convenient."

A Roger's spokesperson said most customers have nothing to worry about, because the increase only pertains to those that text on a pay-as-you-go basis or exceed the monthly text allotment in their plans.

"Ninety-five per cent of text messages are sent and received within plan buckets," she said. "The cost of plans remains the same."

She said customers with an unlimited option in their plans will not be affected by the change.

Anna Zhu, a first year interior decorating student, said that she texts at least 20 to 30 times a day and is worried about exceeding the amount her plan allows.

"I'm mad [about the increase]," Zhu said. "I have a three year contract. After that I'm switching to WIND Mobile."

Guillermo Acosta, associate dean of media studies, says that the increase in texting costs is indicative of how widely used a medium of communication texting has become.

Texting "is a commodity," he said.

"It's like when you increase [the price of] gas. There's not a lot of flexibility in the commodity."

The increase might also be a response to the growing number of applications that allow for texting free or at very cheap rates, Acosta said.

If rates continue to increase, Rogers might start to see an impact on business, he said.

"Consumers are smart and they'll find a way around paying," he said. "Once people stop seeing the value, they won't pay for it anymore."

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## Ten years ago, Napster closed its free doors

**ADAM CARTER**  
NEWS REPORTER

2011 marks 10 years since the fall of Napster, once the world's most prevalent file sharing service.

"It's been very difficult to rebrand as a legitimate pay service," said Jennifer Wilbur, Napster's PR representative.

Unlike the original, the current incarnation of Napster is a music streaming service that is available both on computers and mobile phones.

The company was bought by retail giant Best Buy in 2008.

"I think [the original Napster] was very cutting edge and very rogue and being purchased by Best Buy has been great because now we're getting the visibility we didn't have previously," Wilbur said.

### Napster and sharing music online were one in the same.

Steve Bellamy  
ASSOCIATE DEAN, HUMBER  
SCHOOL OF CREATIVE AND  
PERFORMING ART

"Now people can see that we're a legitimate service...it's still a great place to discover music."

She predicted that Napster will rise again to the heights that were once synonymous with the name.

"Definitely in the next few years you're going to hear a lot more about us and what we're doing," she said. "People always root for the underdog, so I think people will be rooting for us."

Steve Bellamy, associate dean for Humber's school of creative and



performing arts, said "I haven't used Napster in years. I don't think it carries the same weight as it did when it was the only game in town."

"Napster and sharing music online were one in the same," he said.

Bellamy said that the best thing music instructors can do to help their students is to enable them to market their skills in innovative ways, including file sharing.

"[The original] Napster was extremely important. It was a wakeup call to the industry," he said.

"From a musician's creative standpoint Napster was a negative, but it has let new musicians break in without the huge music industry machinery," said Dan Broome, senior business representative with the Toronto Musicians Association.

Broome said his association still lobbies for copyright reform against services like the original Napster.

The role of file sharing in the industry has not changed much and is still not entirely clear, he said.

"The internet should be free and wide roaming, but how do you have people find what they want and still protect musicians' rights?" he said. "That's the real question."





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# Canadian jobs still missing

APPROXIMATELY 30,000 JOBS ARE STILL WAITING TO BE FILLED FROM PRE-RECESSION RATES, STATS CANADA SAYS

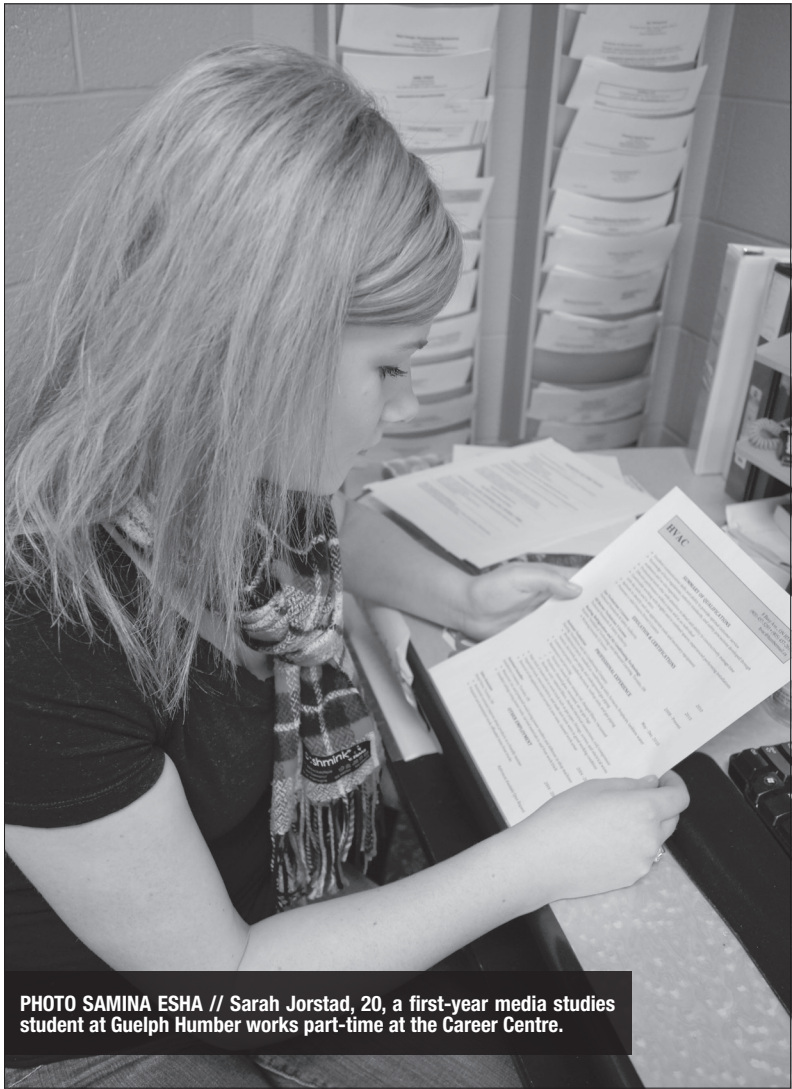


PHOTO SAMINA ESHA // Sarah Jorstad, 20, a first-year media studies student at Guelph Humber works part-time at the Career Centre.

**SAMINA ESHA**  
BIZ/TECH REPORTER

Despite reports that Canada has entered a post-recession job market, Humber business faculty and the experiences of students suggest optimism should be tempered.

"Job opportunities are always related to the economy. So, the Canadian economy is growing rather slowly," said Usman Malik, economics professor at Humber.

A study released by Statistics Canada last month shows that according to the 2006 census population, Canada still needs to fill in approximately 30,000 lost jobs, if not more.

"Students can expect a taut market because it has been competitive even before this crisis," said professor Eli Lewin, e-business program co-ordinator for Humber.

"The only difference is now, the pressure is super-duper. Uncertainty in the market affects the recovery,"

Fiel Maculangan, 19, a first-year electrical engineering student, had a difficult experience after moving to Canada from the Philippines in 2009.

"I don't have a job right now," said Maculangan. "I am searching, and it is really hard to find anything."

His classmate Stephen Lizardo, 18, is employed but worries about his future job prospects.

"I have a job now, but I think it's going to be hard by the time I get out of school because everyone would be competing," he said.

Adam Wali, 18, another first-year electrical engineering student has a different view.

"Because everything is growing, more jobs would open when we graduate," he said.

**Although jobs are looking a bit better now, it is nowhere near what they used to be pre-recession.**

Jeannette Hayley Slater  
FORMER HUMBER STUDENT

Other students have overcome challenges while feeling fortunate to have found opportunity.

"I used to work for a pharmaceutical company and was unemployed for eight months. The jobs were not out there," said Jeannette Hayley Slater, 50, who went to Humber's accelerated journalism program for a semester last year.

Slater is currently pursuing her dream job as an office co-ordinator at a non-profit called Facing History and Ourselves.

"Although jobs are looking a bit

better now, it is nowhere near what they used to be pre-recession," said Slater. "But students should decide on their focus and have a target while being open to other opportunities."

Karen Fast, manager of Humber's Career Centre suggests students accept any job that might be a good fit.

Full-time or part-time, Fast said that an opportunity knocks at the door only once.

"Don't just look at the job titles. Also, concentrate on the job description because a job title is only one piece of the puzzle," said Fast.

"We have seen an increase in part-time opportunity but a decrease with full-time. But that is not necessarily a bad thing as it gives students a taste of the work environment."

With the recent increase in job postings, Fast said, "I am cautiously optimistic for the student, anyway."

She suggests that students regularly check the job postings at the Humber website and keep an open mind while exploring jobs in other fields than their subject.

"Do not limit yourself," Fast said.

The Career Centre offers many forms of assistance to students such as resume writing, part-time and full-time job opportunities for both on and off campus, and networking facilities.

Humber North campus recently held the summer job fair on Jan. 27.



**HUMBER**

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THE DIGITAL AGE.



# Tax planning benefits students

EARLY TAX PLANNING CAN HELP ENSURE ACCURATE RETURNS

**ALEX ZAKRZEWSKI**  
BIZ/TECH REPORTER

With the April 30 filing deadline fast approaching, experts say the best way for students to guarantee an accurate tax return is to start preparing now.

"Get organized now because you don't want to be looking for a tax receipt or tuition statement or whatever it is at the last minute," said Patricia White, executive director of Credit Counselling Canada.

"You can't claim a refund unless you file."

Students who are looking for professional help with their returns should explore their options and find one that best suits their needs, White said.

"My suggestion is to check the Canada Revenue Agency website," she said. "There are volunteers trained by the CRA to help low income individuals

and that would certainly be students."

It's also wise for students with extenuating circumstances to seek professional help to file their complicated returns.

"If they have a complex tax return," said Michael Lee, Humber accounting program coordinator, "they should consult a professional because they might be missing things.

**Keep your receipts or you won't get as much money back.**

Madeleine Laforest  
SPA MANAGEMENT STUDENT

On top of tuition and textbooks, students can also deduct transit passes, moving expenses and childcare costs.

"A lot of our kids here at school are industrious," he said. "If they have

other income, meaning self-employment income, they certainly have to start thinking about what are the expenses they could be claiming."

Madeleine Laforest, a final year esthetician/spa management student from Cumberland Beach, said she has already started preparing what she expects to be a big return.

"I collect all my receipts then calculate how much everything comes to," she said.

"Keep your receipts or you won't get as much money back."

Jeffrey Shrigley, a first year funerary services student from Sudbury, said that he usually files a return as soon as he gets his T4 and is frustrated that Humber does not issue a tax certificate until Feb. 28.

"It's absurd," he said. "It would just be a lot easier if we got it when we paid our tuition."

# Bursaries offered by Financial Aid

OSAP SEMINARS, BUDGET COUNSELLING AIDS HUMBER STUDENTS

**JORDAN WHELAN**  
BIZ/TECH REPORTER

Students with financial trouble can find comfort through Humber's Financial Aid department, which offers students budget counselling and OSAP repayment seminars bi-annually in March and November.

It also provides tuition bursaries, which the department said are based on "reasonable budgets and financial need", handing out \$1.3 million to students last school year.

Applications are due April 1 for new students and June 1 for those returning to Humber next school year.

"We are here to contribute to student success and are a liaison for external sources such as the National Student Loans Service, and internal sources such as our own career services," said financial aid manager Holsee Sahid.

Ryan Lambert, financial analyst at Focus Business Consulting, said the



PHOTO JORDAN WHELAN // Students wait for advice at the Registrar's office.

best way to combat debt is to have a lifestyle that does not exceed your current financial means.

He said that paying off your credit card every month is a good strategy to learn early in life to avoid accruing interest.

"Paying only the minimum balance is incredibly short-sighted - it's never a wise decision," said Lambert.

While he said the government has committed to credit reform and increasing transparency around excessive charges, it "still doesn't outweigh the damage you can do to your budget and overall credit standing by leaving balances on your cards," he said.

Kieron Hayes, vice president of Hayes Wickers Wealth Management, said students should consistently pay down their debt immediately upon earning a steady income.

"The biggest mistake I see students make when they start work is that they start to take on more debt immediately, such as a mortgage or car payments," Hayes said.

Hayes said a line of credit should be looked at like a loan, in that payments on the interest and principle should be scheduled to take place at the same time every month.

## BIZ/TECH NEWS YOU CAN USE

### BUSINESS

#### TD banks to keep 300 branches for Sunday

TD-Canada Trust, already known for its late evening hours, will extend the hours at 300 branches across the country. Starting this weekend, a quarter of the branches around the country will be open on Sundays from noon to 4 p.m. Out of these locations, Toronto will have 60 branches open on Sunday.

### TECHNOLOGY

#### Telus to offer 4G speeds on mobile network

Coming this March, Telus will upgrade its mobile internet network to offer significantly increased speeds. The 4G Dual Cell Telus HSPA+ network reports peak speeds of about 42 Mbps download and 11 Mbps upload speeds. To take advantage of this capability, Telus is offering the Sierra Wireless Internet Key.

### BUSINESS

#### Ex-Wikileaks members form OpenLeaks

At the end of January, OpenLeaks was released to the public. The non-profit organization says on its website that it will "engage in promoting transparency." Dissatisfied ex-employees of Wikileaks joined to form the site after problems with founder Julian Assange, as Openleaks members told CBC's the fifth estate this week.

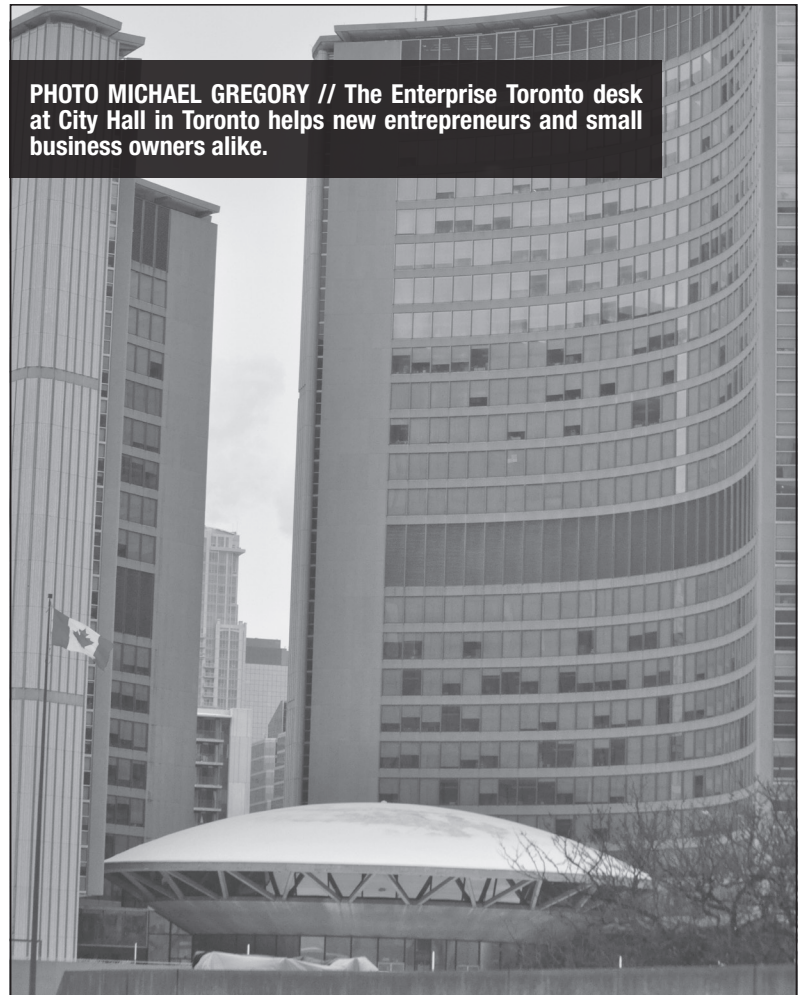


PHOTO MICHAEL GREGORY // The Enterprise Toronto desk at City Hall in Toronto helps new entrepreneurs and small business owners alike.

# Small business holding up Canada's economy, says Humber professor

**MICHAEL GREGORY**  
BIZ/TECH REPORTER

Despite Prime Minister Stephen Harper's recent decision to make 2011 the Year of the Entrepreneur, more should be done municipally to aid small business owners, says a Humber business faculty member.

"It's not nearly what it used to be [at the federal level]," said Jim Skinner, professor of entrepreneurship and small business.

"In Toronto we have to finish the job of amalgamating bylaws from the five previous municipalities."

Harper's announcement follows a decision earlier this year by Ottawa to create a Red Tape Reduction Commission, armed with the task of better organizing regulatory requirements for small business owners.

"Small business is the backbone of our economy and it's something that will get votes," said Skinner.

Streamlining change at the municipal level could be the best opportunity for improvement, said Skinner, and building, sign and parking permits are among the bylaws needed to be improved.

"Over-regulation takes time away from running your business," said Plamen Petkov, director of provincial affairs in Ontario for the Canadian Federation of Independent Business.

"If you want to open a restaurant you have to have at least 90 permits from the federal, provincial, and municipal governments."

"A lot was fixed because of lobbying by the CFIB over the years, and we just don't have that type or organization

yet at the municipal level," said Skinner. "Toronto should follow the lead of the federal government and have as many services online as possible."

Still, for all the headaches affecting small businesses, they are credited with holding up Canada's economy.

"Canada came through that recession, compared to other G7 countries, with flying colours," said Vivian Prokop, CEO of the Canadian Youth Business Foundation.

"Small business and entrepreneurship, particularly those under five years old are creating a huge amount of the net new jobs."

"Compared to other countries we're in great shape," said Skinner.

Prokop said there are plenty of opportunities for future grads interested in starting their own business.

**Small business is the backbone of our economy and it's something that will get votes.**

Jim Skinner  
PROFESSOR OF  
ENTREPRENEURSHIP AND SMALL  
BUSINESS

"Today's generation at Humber are saying, 'I might want to be the employer not the employee,'" said Prokop.

"Baby boomers are starting to retire and within five to 10 years you're going to see 75 to 80 percent of small business owners being at the age they are going to retire."

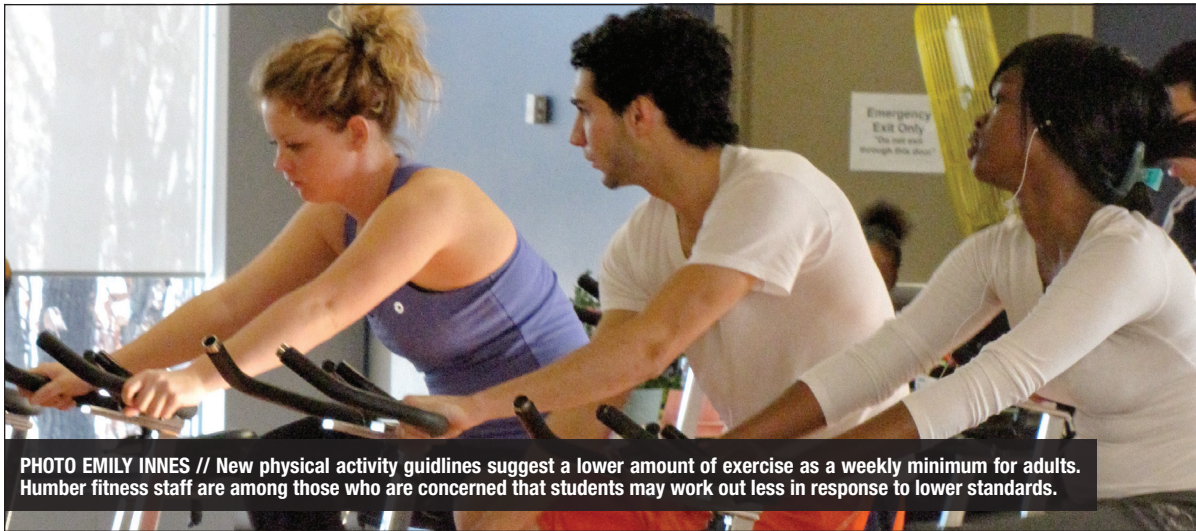


PHOTO EMILY INNES // New physical activity guidelines suggest a lower amount of exercise as a weekly minimum for adults. Humber fitness staff are among those who are concerned that students may work out less in response to lower standards.

## Lowered exercise guidelines for Canadians concern Humber staff

EMILY INNES  
LIFE REPORTER

Health professionals at Humber said they are concerned about the 2011 physical activity guidelines released by the Canadian Society for Exercise Physiology.

The new minimums, released in January, suggest that adults should exercise 150 minutes per week, 280 minutes less than the 60-minutes-per-day minimums under the old guidelines.

"Over the past four years there was a very rigorous review of the exercise science literature," said Audrey Hicks, the president of the Canadian Society for Exercise Physiology. "It was

concluded that measurable health benefits can be obtained at the minimum threshold that we have now put in the guideline."

Michael O'Leary, the program head of kinesiology at Guelph-Humber, said he is anxious that Canadians will reduce the amount of exercise they are doing.

"Obviously, whenever you lower the expectations, you are worried about people shooting for that as their gold standard," he said.

Less exercise might contribute to the problem of rising obesity and type II diabetes amongst Canadians, according to O'Leary, who also said they are not planning to change how they prescribe exercise.

The impact may be more on "what

the individual wants in terms of their goals," O'Leary said.

Hicks said that the Canadian Community Health Survey measure revealed that only 20 to 30 per cent of Canadians are meeting the new minimums.

Leanne Henwood-Adams, Humber's fitness coordinator, expressed the same apprehensions as O'Leary, but said being busy might become less employed as an excuse to not exercise.

Henwood-Adams said that Humber was already looking into adding 30 minute "blast" classes, in line with the new guidelines.

"We still, as a fitness facility and fitness professionals, believe very strongly that people need to be working out as much as possible," she said.

## Humber prof celebrates heart transplant during Heart Month

ALISHA PARCHMENT  
LIFE REPORTER

Former Humber home inspection instructor Harry Janssen has a special reason to celebrate Heart Month, the Canadian Heart and Stroke Foundation's awareness initiative.

Janssen, 61, received a heart transplant more than four years ago.

In his 40s, Janssen was diagnosed with congestive heart disease, a condition he stabilized for over a decade through medication.

After passing out twice, once at North campus, Janssen learned the medication was no longer working and a heart transplant was needed.

While on the waitlist, Janssen received the Heart Mate II, a battery-powered device connected by wires implanted under his ribcage that connected to the left side of his heart.

By day, Janssen carried two batteries and the pump strapped to his body and at night he was connected to a power source.

"I got to plug myself in at night."

On Oct. 18, 2006, Janssen learned he was second in line for a heart from Toronto General, and a 25-year-old named Jonathan was first.

"We wanted Jonathan to have the heart, he was so young and hadn't had a chance at life," said Janssen's partner, Sharon McLean.

A week later, another heart was available.



PHOTO COURTESY SHARON McLEAN // Harry Janssen (centre) received a heart transplant in 2006.

"I got the news at 6 a.m. and by 3:30 p.m. I was in surgery," said Janssen.

Nine days later, he returned home.

While her mate was recovering, McLean thought Janssen's new heart must have once belonged to a woman.

"He was baking pies like it was going out of style," she said.

Janssen has returned to his job as a home inspector in Guelph and is on anti-rejection medication indefinitely.

"I'm a legal drug addict," said Janssen. "It comes with the territory."

"Harry is productive and living his life," said Stella Kozusko, a nurse and heart transplant coordinator at Toronto General, who treated Janssen after his transplant.

As a recipient of an organ, Janssen encourages others to sign their donation cards.

"We have to get more people donating," said Janssen.

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# Humber welcomes Fashion TV host



PHOTO LINDSAY TSUJI // Jeanne Beker strikes a pose for the Humber Et Cetera, after her campus interview with Bay CEO Bonnie Brooks.

**LINDSAY TSUJI**  
LIFE REPORTER

Humber students enjoyed a taste of Canadian couture when Jeanne Beker, host of Fashion Television, and Bonnie Brooks, president and CEO of the Bay, stopped by the North campus for an interview on Feb 3.

Beker is one of the most iconic Canadian women in the fashion industry.

She has travelled all over the world to report on the top designers, models and latest trends of the season.

Humber *Et Cetera* caught up with Beker to talk about fashion, the industry and the future.

**Et Cetera:** Why is an event like this important for Humber students?

**Beker:** I think it's important to bring real people into the school who've had real experiences and who are possibly in a position that others out there may aspire to so they can hear it right from the horse's mouth and find out about the journey.

**Et Cetera:** Did you always know that fashion was your main goal?

**Beker:** Oh no, no, not at all! I had a part time job at Fairweather in Yorkdale when I was 16 years old in 1968 so I got some idea of what the retail thing was about. But for me it was always about communication. I've got a book coming out at the end of April called *Finding Myself in Fashion* and really, that's the title of it and that's what happened! In some miraculous way I ended up in this fantastic arena that manages to really satisfy me and challenge me and excite me. But fashion

is really about communication and it's ultimately about people and that's what I love.

**Et Cetera:** You've done theatre, you've done print and you've done TV. What's kept you in fashion this long?

**Beker:** I think the fact that I have done all that, that I have diversified, that I keep trying to reinvent myself and just loving what I do. But really, it's about the process that I love so much.

**Et Cetera:** You've done so many great interviews on Fashion Television, what's been your favourite interview?

**Beker:** Oh, so many! I just had a wonderful tête-à-tête with Jean Paul Gaultier in Montreal that was quite fabulous. I love [Karl] Lagerfeld. It's like playing a tennis match with him when you're talking, you know, he's lobbing things back and forth and that's great. And I so adored my conversations with the late great Alexander McQueen and I miss him so much.

**Et Cetera:** What do you have to say to Humber students that are trying to get into that industry?

**Beker:** Just do it. Just really do it. There's a lot of procrastination that goes on. I've got two daughters of my own who are in their early twenties and they are wildly creative and I understand what their fears are because there's so much out there. Do something new, innovative and original, 'cause that is really what's going to make it for you.

## TO THE NINES

**VANESSA KABANGA**  
19, 1ST YEAR LAW CLERK

HOW WOULD YOU DESCRIBE YOUR PERSONAL STYLE?

**Versatile. I like to work with colours in my style.**

WHAT IS YOUR FAVOURITE ITEM IN YOUR WARDROBE?

**I have a pair of tropical orange and blue heels. I love heels in general.**

WHAT IS YOUR FAVOURITE ACCESSORY?

**My diamond earrings, they are shaped like tear drops and are from France.**



Radha Tailor  
Life Reporter

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# New coffee course teaches more than latte art



PHOTO LINDSAY TSUJI // As part of a new course, food and beverage students will be learning the secrets to the perfect cup of joe.

**LINDSAY TSUJI**  
LIFE REPORTER

Aromas of elegant roasts of coffee will be wafting through the halls of Humber this semester.

Starting this year, Humber is offering a new coffee course for the food and beverage certificate program.

"Coffee is an important aspect of meal service," said Paul McCabe, program coordinator of hotel and restaurant management at the School of Hospitality, Recreation and Tourism. "If your customers are eating fantastic food but end up with lousy coffee and tea, they will remember that."

The introduction to beverage service course will teach students about the history of coffee and tea, water temperatures, brewing times and other details about hot beverage service, McCabe said.

But students won't just be learning how to make pretty latte art.

"Students will also get to learn about the maintenance of the espresso machines and this will give them a bonus when it comes to employment," said McCabe.

Lavazza will be supplying the coffee for the program.

The popular Italian coffee company has travelled all over the world to train students, chefs and distributors about beverage service, said Daniele Modaffari, distributor & export training manager for Lavazza.

Coffee service is an essential part of the chain that makes up meal service, Modaffari said.

"It's a good thing for people who

make the coffee to understand the details to perfect it," said Modaffari.

"We were trained over Christmas to do this course by Lavazza," said Richard Pitteway, food and beverage manager for the School of Hospitality, Recreation and Tourism.

**If your customers are eating fantastic food, but end up with lousy coffee and tea they will remember that.**

Paul McCabe  
PROGRAM COORDINATOR,  
SCHOOL OF HOSPITALITY,  
RECREATION AND TOURSİM.

"Which means that when the students get knowledge from us, they are going to be so far ahead of the average person in the industry it's going to be night and day."

Food and beverage students are keen to taste the new blends on campus.

"Hopefully I'll take that course in the next semester," said Ramandeep Singh, 22, first-year food and beverage student.

"Sometimes servers get questions from the guests like, 'what is this coffee' or 'which coffee is good' and it's best if I have information that I'm able to provide."

## Humber Spa offers a little TLC for skin damaged by winter

**ALISHA PARCHMENT**  
LIFE REPORTER

Commuting in harsh winter weather and school stress can take its toll on students' skin.

This month, the Humber spa on North campus is offering a \$25 facial special, so students can pamper themselves while the students in the spa management program get the opportunity to work on clients, said Humber teacher and spa technician, Delia Fiorante.

Trusting a professional who knows about skin care is better than going to a drugstore and picking something up on your own, said spa management student, Desree McIntosh-Shepherd.

Continuous results require students to return to the spa every five to six weeks, said Fiorante.

Trips to the spa and professional skin care products can be an expensive regimen to maintain, so at-home remedies or less expensive drugstore prod-

ucts can be cost effective alternatives.

Those who want to have a spa-like experience at home need to invest in the proper products that will give effective results for different skin types, said Fiorante.



PHOTO ALISHA PARCHMENT // The Humber Spa uses professional Dermalogica products.

products for the change of season," said Fiorante, "Your skin requires a heavier moisturizer in the winter and a lighter one in the summer - both with SPF [sun protection factor] of course."

"In the winter, one has to always consider hydration," said Ann Grant, an esthetician at La Peau D'or Beauty and Wellness Spa in Mississauga.

The cold weather causes skin to lose moisture so drinking lots of water and a healthy diet assist in keeping skin at its best.

Applying sunscreen to the face is just as important in the winter as it is in the summer to fight sun damage, said Grant.

"Sun damage is the number one cause of aging," said Fiorante.

"My generation would bathe ourselves in baby oil, then we would burn to a

crisp and we would think that would be fine," she said, "Today's generation is very different. We have the knowledge to understand what the sun does to our skin."

Whether it's going to the spa or doing your own skin care regimen there are a number of things professionals say to keep in mind.

"Realistically you need different

## Culinary students to dish out treats at Humber Room on Valentine's Day

**ALEXANDER LEACH**  
NEWS REPORTER

If the best way to someone's heart is through their stomach, the culinary arts department is going right for the artery on Valentine's Day.

"We'll probably have lots of chocolate, duos (plates for two) and shared plates," chef and teacher Trevor Meynert said about the holiday menu in the Humber Room.

Meynert also expects to use the anti-grill, a machine used to instantly freeze food for frozen desserts.

His students make food from scratch to be served in the Humber Room, which is staffed by students and is a part of their curriculum.

Meynert said that past years' Valentine's menus have received a strong response.

Students will concoct "chocolates, confectioneries and chocolate showpieces" in the two weeks before Valentine's Day, said bakery and pastry chef Douglas Smith, who encourages Valentine's themed showpieces.

Smith said that most students

model their projects after Valentine's Day, so that they can give their creations to someone special.

In addition to the general menus, the culinary arts program has a specific event planned.

"We're doing a Valentine's Day dinner in the Humber Room, and a silent auction," said Konrad Weinbuch, from the culinary department.

The dinner will raise funds for a culinary arts trip in May, where students will travel to Germany and France.

Richard Pitteway, manager of the Humber Room, said that he has chef Leonard Lechner devising the Valentine's menu, along with other themes for the month.

Lechner said the menu will be a small feature, with a single appetizer, a "surf 'n' turf" entree and dessert, the last of which will definitely be chocolate.

"Whether this is a chocolate mousse or some other variation of chocolate, I can't say."

The department is also planning an Austrian event on the day after Valentine's Day, according to Pitteway.

# Prevent STI risk by practicing safe sex

**SAMAR ISMAIL**  
LIFE REPORTER

With Valentine's Day approaching, Humber students should remember to practice safe sex to avoid contracting sexually transmitted infections (STIs).

"There's lots of different sexually transmitted infections, but they're all transmitted through unprotected sex," said Carole Gionet, Humber nurse practitioner, adding that students may contract an STI and not know it until later in life.

The most common STIs for students are chlamydia, gonorrhoea, herpes and HPV [human papillomavirus], according to a spokesperson from the anonymous AIDS and Sexual Health Info Line.

Chlamydia and gonorrhoea sometimes have no symptoms and you may not know you're infected, said Cynthia Padmore, a registered nurse at a birth control and sexual health centre in Toronto.

Some STIs, including chlamydia and gonorrhoea, can be cured with antibiotics.

However, hepatitis B, HIV and HPV are incurable – the virus remains in the body, said Gionet.

HPV and HIV can cause cervical cancer and a painful rash accom-

panies herpes.

"[HIV] affects your immune system and you can get things like TB [tuberculosis]," said Gionet.

Gionet encourages all students to consider getting the Gardasil vaccine that "will help prevent getting genital warts and two of the strains that cause cervical cancer."

## Students may contract an STI and not know it until later in life.

Carole Gionet  
Humber nurse practitioner

Gardasil is three shots taken over a six-month period. The cost is \$140 each time, but student health plans will cover 80 per cent of the cost.

Students who contract STIs can get treatment at the Humber Health Centre, which has medication and tests students with complete confidentiality, Gionet said.

Toronto also has free walk-in clinics and sexual health clinics.

Padmore said that even those who don't have a health card can visit these clinics and the cost of medication will be covered.

# Online dating loses stigma

**KELLY SCHWEITZER**  
LIFE REPORTER

In an age of online communities and social media, the stigma that has long been attached to online dating is gradually diminishing, experts say.

"More and more people are being encouraged to think of it as a viable option in its own right," said Toronto based psychotherapist, Linda Chapman.

"Once they get into it and if they're having good experiences, the stigma starts to drop away," she said. "And certainly if they end up in a settled relationship that stigma starts to drop."

Samantha Hawkins, an 18-year-old first-year Humber tourism management student, said that she made the decision to join an online dating site because she wanted to "try out different options."

"You know what you want in a relationship so when you go online, it's easy to list it out to find what you want," said Hawkins.

Suzanne Senay, professor for Humber's philosophy of love and sex course, said, "The impression I get is that most people think [online dating's] fun and okay now. I don't get the sense there's a real stigma to it."

Wendy Fredricks, a psychotherapist in Toronto, said there are many reasons to embrace this trend.

One of the advantages of online dating is that it gives people the power to choose what information they

want to release and who they want to contact, Fredricks said.

Another benefit, according to Chapman, is that people can get to know one another without having to

introduce a new way of socializing, especially among people who didn't grow up with it.

"It doesn't feel as organic," said Chapman. "It doesn't feel as natural



PHOTO KELLY SCHWEITZER // Samantha Hawkins joined an online dating site to "try out different options."

get into each other's space.

There is the opportunity for people to choose to continue chatting with a particular person or end communication.

Fredricks said she thinks people were hesitant to accept online dating in the past because it takes a while to

as meeting in a library or at a party."

The world has changed now, said Chapman, and online communities are part of our reality.

"It's such a hot topic now," said Senay. "People are interested in whether they'll be successful at online dating."

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PHOTO COURTESY BOJAN NEDIC // Humber film grad Mark Cira, directs actors on the set of his short film *Jinx*.

## Jinx anything but a curse

DAVID SUTHERLAND  
A&E REPORTER

Humber film grad Mark Cira will premiere his short film *Jinx* at Toronto's Underground Cinema on Saturday.

Much like the film's main character Simon, for Cira, maintaining friendships while directing the film wasn't always easy.

"It's a tough balance of ruling with an iron fist and being that everyman kind of guy on set," Cira said.

"That's what you learn at school, how to talk and how to listen. Collaborative work involves being a good listener."

Cira's 14-minute dark comedy chronicles a day in the life of Simon, who is forbidden to speak after he is "jinxed" by a friend.

"It all starts with that childhood game when you say the same thing

as someone else, get jinxed and can't speak," said Matt Almeida, executive producer of the film.

"The film explores the non-verbal side of communication."

Simon is a character with a negative outlook on life that takes his relationships with his friends for granted.

"My character is self-serving, self-absorbed and never shuts his mouth," said Simon Urbanski, a Humber grad who plays the lead.

"He's a loudmouth who has to deal with difficult situations in silence."

Cira's experience at Humber prepared him for the challenges of working on a film set in a hectic environment.

"Humber's film school is what I call a 'doing school,'" he said.

"Most of the people who study film go to theory schools. Humber prepared me to actually get out there and do a film."

The premiere of *Jinx* also includes screenings of other short films, music videos, and a live performance from the band Labor Day.

Robert Vella, the band's lead singer and Humber grad, plays a character in the film.

"The character's not unlike myself," said Vella.

"He's a music lover who loves to share his music and he's totally eccentric."

By creating an interactive and communal experience, Cira hopes to make Toronto's independent cinema scene more of an exciting and social event.

"What I'm trying to do is bring back the social element of seeing a film. Talk, chat, have a few drinks, it's a party," Cira said.

"Any art form should bring the audience in. It needs to be engaging."

## Success smells sweeter when it's Homegrown

EMMA BROWN  
A&E REPORTER

Humber business student and hip hop recording artist Bhalinder Bedi's new CD, *Bin Doin This*, is scheduled for release at the end of this month on an independent record label he and his band Homegrown started themselves.

"Having a strong knowledge of what's what within the industry at the moment, it was a natural business decision to start our own label, and with my background in business I felt it was a good opportunity to put the skills Humber taught me to good use," said Bedi.

Although Bedi's academic major is business, he said his first love has always been music.

"Music is an escape for me and it gives me the chance to embrace all the daily anxieties and nuances of life and express them over an instrumental," said Bedi.

Going by the stage name iNA, Bedi along with three other friends, Introspect (Stefan Tochev), Es (Eseme Elango) and Lep (Lamine Martindale), formed their band and record label, also named Homegrown, in 2009.

With the CD in its final stages of production, Bedi is eager to let the public know what they can expect to hear.

"We are still in the process of finalizing the track list, but our fans should expect a solid 12 tracks, a couple of skits, and a bonus track for some added flavour," he said.

The band has performed all over the province in front of audiences as

big as 10,000 patrons.

Fellow member Lamine Martindale loves performing live and feeds off the energy he gets from the audience.

"I feel pretty damn good when we perform, and the livelier the crowd gets, the livelier I tend to get," said Martindale.

**Music is an escape for me and it gives me the chance to embrace all the daily anxieties and nuances of life.**

Bhalinder Bedi  
HIP HOP ARTIST

Each member of Homegrown writes their own lyrics and according to band member Eseme Elango the group finds a lot of their creative inspiration from each other.

"When I hear the guys' verses I know that I have to bring my A-game. And even though we have a mutual respect for one another, we all have a competitive nature which means no one wants to be the weakest link on any track," said Elango.

Stefan Tochev is excited with the band's progression, but remains focused on their future together.

"We came together with a mission to make that real, raw, dope, bang-your-head, lyrically conscious, no-holds-barred, heavy type of hip hop, and I believe we have shown we can absolutely do that.

"Now the goal is to make that hit record," said Tochev.

## Novel Goes Underground

HANNAH VANDERKOOY  
A&E REPORTER

Humber School for Writers director Antanas Sileika is preparing to release his fourth book this spring.

*Underground* is about a group of people who resisted political oppression in the Soviet Union during the Second World War.

"Antanas has written a really fine novel that has a wicked story that drives it along, and pulls you into it," said his publisher, Patrick Crean, of Thomas Allen & Sons Ltd.

Despite being born in Canada, Sileika's interest in the Soviet Union comes from his Lithuanian background.

Though he always knew he wanted to be a novelist, he had a detour in journalism working in Moscow-controlled Lithuania during the collapse of the Soviet Union.

"I got distracted in the late '80s by the collapse of the Soviet Union. I had a lot of inside information so I was working as a journalist pretty intensely there for about four years. So it slowed me down a bit."

After the collapse, Sileika decided to wind down and focus on

writing fiction.

"I brought myself down, to a much slower pace," he said. "Fiction writing is a lot more like daydreaming, whereas journalism is a lot more like business, there's deadlines."

Sileika's first book, *Dinner at the End of the World* was released in 1994 when he was 41.

Three years later he released his second book, *Buying on Time*.

Sileika's third book, *Women in Bronze* was released in 2004 and was named the *Globe and Mail's* Best Book of the year.

Sileika's personality and professionalism have helped him succeed as an author.

"He is an extremely nice human being," said Sileika's agent, Anne McDermid. "Writers who charm often succeed."

Sileika will continue to write, and hopes his next novel will take less than the seven years *Underground* took to be published.

"I've got my next novel started already," he said. "I'll just write until I drop."

*Underground* will be released at the end of March and Sileika will be reading at the Harbourfront Centre April 13.

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# Radio show gives a voice to Humber's musicians

HUMBER GRAD HOSTING JAZZ PROGRAM FOUNDED BY ALUMNI



PHOTO AMY WEINSTEIN // Humber graduate Brad Barker in his studio at JAZZ FM91.

**AMY WEINSTEIN**  
A&E REPORTER

Humber graduate Brad Barker has recently taken over as host of Jazzology, a weekly hour-long segment on Jazz FM91 that features students talking about and playing their favourite music.

"I think I have an idea of the intensity, the level of dedication that you have as a student when you are just starting to study jazz," said Barker, who studied at St. Francis Xavier University before completing Humber's radio broadcast program.

The radio show, founded by music program coordinator Denny Christianson, features a student from either Humber, University of Toronto, York or Mohawk College each week.

What we hope is that through them coming on and telling their stories that they will provide insight for our audience and educate our audience about what it is to be a young jazz musician," said Barker.

"It is less that we are offering education to students but more to the listeners."

Christianson said that participating in the show is beneficial for students

as well.

"It focuses them to understand where their inspiration came from, and as a person in the arts that is very important."

Humber jazz graduate Jake Koffman said he is enthusiastic about the new host.

"It is great to have not only someone who is in love with jazz music, but has also studied at the same school as me and is aware of the hard work that goes into what we do."

**THURS** The show is at 9 p.m.  
**9 P.M.** Thursdays.

# HSF contest ends in attacks

**SARAH HORWATH**  
A&E REPORTER

Confusion over voting and rules has made the second HSF Art Attack art contest a controversial one for Humber students.

Music student Dean Lauderdale held first place in the online component of the votes for his photography piece called Communities in Russia.

Erika Agur, 27, a second-year landscape technician student at the North campus held second place in the online component of votes for her untitled oil painting, but won the grand prize of \$1,000 on Feb. 4.

"I was unsure and actually quite shocked by the results," said Lauderdale, 22, a third-year contemporary music student at Lakeshore campus.

"I was under the impression that the winner was going to be determined by the online votes," he added. "Also, contest rules stated that the entry must be one piece, sized four by six inches, so I'm confused how Erika

won because her painting exceeds the size."

Agur said, "I am happy to have won, but leading up to it, I didn't know how it was going to go. At the beginning of the contest it sounded like there might be a jury, and on [Jan. 31] HSF sent out an email to the contestants saying that the winner wasn't going to be based completely on online votes."

The rules of the contest changed halfway through, after negative comments started to circulate online, Lauderdale said.

"There was name calling from other students in regards to cheating, and negative tones which distracted from the whole point of the contest. [On Jan. 31], HSF decided to disable the comments," said Stephen Wong, HSF communications coordinator at Lakeshore campus and organizer of the contest.

There were two weeks of online voting, which is factored in with the judges' decision and the winner was chosen by a panel of five HSF judges,

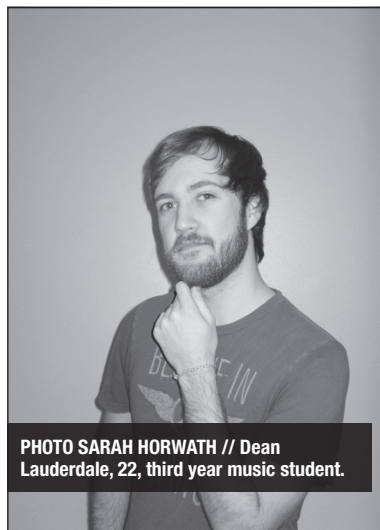


PHOTO SARAH HORWATH // Dean Lauderdale, 22, third year music student.

consisting of executives and full-time staff, Wong said.

"When they said that they were going to introduce the judges, I thought they were going to go with something more artistic [like a painting], and would then be opposed to [my] photographs," Lauderdale said.

## WHAT'S IN YOUR HEADPHONES?



### ANDRE SKINNER'S PLAYLIST

- "Pink Moon" Nick Drake
- "Long Player, Late Bloomer" Ron Sexsmith
- "The Post" Dinosaur Junior
- "Nerve Damage" Unknown Mortal Orchestra
- "From Out of Nowhere" Faith No More
- "Highway to Hell" AC/DC
- "Shot Down in Flames" AC/DC
- "Scarborough Fair" Simon and Garfunkel
- "Reasons to Quit" Phosphorescent
- "Time Has Told Me" Nick Drake

## Indie bands find a home HUMBER GRAD TAKES PODCAST TO XM RADIO

**DANIELLE PERRY**  
A&E REPORTER

Indie Can Radio started as an idea over coffee between two friends – both passionate musicians interested in shining light on Toronto's music scene, and one, a former Humber music student.

"We wanted it to be this community-based thing in Toronto for Canadian indie bands," said Andre Skinner, 35, who spent two semesters in the Humber jazz program.

Originating as a podcast produced in Skinner's personal studio in 2005, the success of Indie Can has snowballed into a weekly radio show aired on XM satellite radio station The Verge.

With 126 countries that download the podcast of Indie Can online, combined with 20 million subscribers that have access to XM stations, the one-hour show is now showcasing emerging artists from coast to coast.

"We wanted it to smell like a Horseshoe Tavern show," said Joe Chisholm, founding partner and current host of Indie Can.

**By showcasing some new, young talent it exposes an artist, but it can also provide that bit of support.**

Jeff Leake  
DIRECTOR OF MUSIC, XM

"We've been able to expand because we've got bands we know from all over Canada that are sending us names of friends, or bands they've played with. So we're a larger network."

Although Skinner has stepped back from the program full time to focus on his own band, Canteen Knockout, Chisholm said his role doing CD reviews and discovering new talent is still very influential.

"He's always talking to me about bands he's met and venues he's been to," said Chisholm.

"There's the odd time he still co-hosts the show if there's a band he really thinks we should feature - he knows them better than me."

"I think by showcasing some new, young talent it exposes an artist, but it can also provide that bit of support that young artists may need to continue on with their craft," said Jeff Leake, director of music programming at XM Canada.

"Indie Can does a great job at finding out artists who are just recording for the first time ever in their basement, and they follow them right up until they take it through the studio process and beyond," said Leake.

"They're a good launch pad."

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## Black History Month

# One of 12 months just not enough

It's easy to think we have an open, tolerant and accepting culture. Canada projects the image of being a welcoming country that does not believe in assimilation, but diversity. But if we're so accepting of one another, why do we segregate 'black' history and for 11 months of the year, there is hardly a mention of it?

The Ontario Black History Society states on its website that, "as a people, with roots dating back to 1603, African-Canadians have defended, cleared, built and farmed this country; our presence is well established, but not well-known."

"The celebration of Black History Month is an attempt to have the achievements of Black people recognized and told," the Society adds.

Sounds great. For years there was rarely a mention of black history in mainstream media. Black History Month was a good idea to launch it out into the limelight and garner the attention it so rightly deserved.

But now, supposedly coming so far, why isn't black history incorporated into the regular curriculum?

This is where the problem lies. Black History Month is great in theory, but in practice it does more harm than good because it maintains the sense that black history isn't part of Canadian history.

We do not refer to history as 'white' history. It's too undefined; too vague. Does the 'black' in Black History Month refer to skin colour or geography?

Black History Canada's position is that, "black history refers to the stories, experiences and accomplishments of people of African origin."

But, just as not all Caucasian people identify with one culture or history, it should not be expected that black people will, either.

BHC declares on its website that, "when the contributions of people of African descent are acknowledged, when the achievements of Black people are known, when Black people are routinely included or affirmed through our curriculum, our books and the media, and treated with equality, then there will no longer be a need for Black History Month."

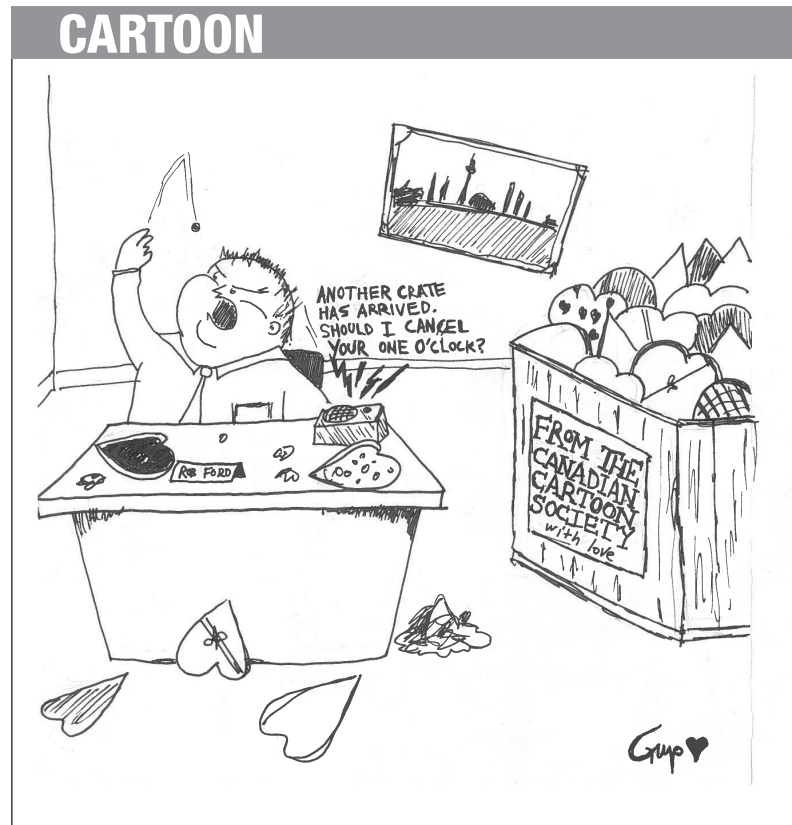
There are plenty of other cultures with histories of oppression. In the last century alone, there have been horrible abuses against Jewish, Chinese and Aboriginal peoples. Parts of these histories are already incorporated in and taught as a part of Canada's history.

Until we can take another step forward and integrate our histories into one unified history, without any labels or exclusions, are we really the accepting and

tolerant society we claim to be?

As great as it is to highlight the achievements of an often ignored culture, it is all too easy to assume that everything is fine and dandy because every year come February we all pay a little more attention.

When we no longer need a Black History Month, that is when we have finally ripped away the remains of a segregated society.



## OPINION

# Public safety is critical for the TTC



MALORIE GILBERT

In the past few months, the TTC has been under a lot of scrutiny. The Commission, which claims one of the highest per-capita riderships on the continent at about 1.5 million passengers daily, has been either accused of or responsible for some upsetting recent incidences—arguably none worse than operators caught by rider-ship texting on the job.

While the injuring or killing pedestrians in accidents, of which there have been too many of late, often comes from situations where fault is shared or lands largely outside the TTC, and while inadequate funding has made for a public transit service all too often not dependable enough,

texting or phoning while operating a vehicle with scores of unwitting passengers is unconscionable.

The TTC isn't always a negative experience, by any means. There are plenty of reliable, considerate drivers making our travels a comfortable and safe experience. It just seems that for some reason, in some instances, TTC passengers get the short end of the stick. Or worse.

This became alarmingly evident in most people's eyes when a couple of TTC drivers were featured on the front pages of Toronto newspapers texting on the job.

TTC spokesman Brad Ross admitted to the *Toronto Star* that texting on

the job was a very "serious" issue for the transit agency and action would be taken. In the end, the texting drivers whose photos appeared in the Toronto press were reported as being fired.

While disciplinary action was taken as promised, these instances stung for a lot of passengers who were left feeling like the TTC was not concerned about their safety or well-being at all since it happened in the first place. A TTC driver is responsible for the lives of all of the passengers he or she is transporting. To even consider grabbing a phone out of one's pocket with such a responsibility seems unfathomable.

While these incidents were "isolated," as union president Bob Kinnear told *The Star*, they haven't gone unnoticed and surely won't be forgotten. It's incidents such as these which contribute to the TTC's already dwindling customer service reputation.

It's time the TTC really considers what it's offering its customers, and how its actions are causing the public's perceptions to be altered. While it is regarded as one of the best transit systems in the world, (and it is, in many ways) there are huge holes in its foundation that can't be ignored. The TTC must make more of an effort to listen to the community, which it serves, and prioritize improving service and satisfying customers first. And texting last.

## QUOTED

### DOES RACE MATTER TO YOU IN THIS DAY AND AGE?



I think race would matter in any day and age... I think race is always important, always.

Zaszas Marks, 21  
Second-year Law Clerk



No. Look around, everyone's a different race. Everbody's the same, just a different colour.

Thomas Donnelly, 22  
First-Year Architectural Tech



Not at all. It's Canada, it's a multi-cultural country. That's what Canada's about, giving everyone equal opportunity, and that's as an immigrant.

Theo Medina, 19  
First-Year Computer and Network Support

HUMBER

## ET CETERA

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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CRIME/SECURITY INCIDENTS, COMMUNITY ISSUES, UPCOMING EVENTS ON CAMPUS, LET US KNOW.

# Because you can tweet, doesn't mean you should



KYLA SERGEJEV

for people to share information like photos, contacts and friends, statuses will undoubtedly be of a similar nature: pretty banal.

Twitter should be an entirely different story, even though it usually isn't. Although its intended purpose is sharing whatever is on someone's mind, it could be an intellectual avenue for exchanging serious insights and useful information.

But when it comes to tweeting that it's cold waiting for the bus in February, there are more interesting things that can be done with one's time.

All this said, if used with moderation and discretion, social media websites can be tolerable and, I will admit, helpful.

Used properly, in fact, social media sites actually have the potential to revolutionize our generation in the best way possible – connecting one another in a matter of seconds, no matter our physical location.

An awareness of this has come to many in the wake of the recent events in Egypt in which social media has spread the news of social unrest within the country, for what some say is an internet revolution.

Activists and journalists alike have harnessed the immediacy of websites like Twitter and Facebook in the early stages of the conflict,

drawing attention to the issues surrounding the regime much faster and with a greater breadth of on-the-ground insight than traditional news organizations.

This is the sort of action these services should encourage.

News organizations, magazines, and prominent personalities all seem to use social media in a professional manner. They tweet about breaking news stories, upcoming events, interesting facts, etc. – and in turn, I respect and follow these people.

But, there doesn't seem to be a shortage of terrible tweets out there. If you search annoying tweets, you get a long list of the most irritating tweets and Twitter users. A few include USING ALL CAPITALS, tweeting mundane activities like "I am sleeping in today" and on the toilet tweeters.

It all goes back to discretion and moderation. Social media could take on a whole new level of integrity if everyone made conscious, well-thought out decisions about what to display publicly.

The sharing of aimless information has deterred me from social media since its inception; but with its growth and increasing role in political matters, it would be foolish not to embrace the power and opportunity sites like Twitter and Facebook provide.

I hate Twitter. I hate Facebook. And yet – I have an account with both.

Mostly, I have a problem with the information that is shared on these websites. Glancing at my online wall on these sites, there is no shortage of posts relating to the trivial pursuits of my so called friends which, for the most part are slightly amusing, but mainly irritating when I see a "friend" is making dinner again. We all have dinner, no need to tell the world the exact time and place of yours – unless you are inviting me!

Facebook provides space for information of a very personal quality. Because the site is an avenue

# Can you afford to be a single in a couples world?



AMANDA GRAHAM

These fortunate souls have found their life match, or maybe just their flavor of the week, and for that their savings account will benefit.

But what about those living solo? Who's to say we don't enjoy a cruise to Jamaica or a day at the spa? No one -- they just think we should pay more for it.

As this 'holiday' approaches, places like the Shizen Spa, housed in the très posh Cosmopolitan Hotel in downtown Toronto, offer a day of relaxation at the price of \$255 per couple.

For that you are pampered with hours of massages, manicures, pedicures facials, and lunch, all alongside your other half.

Those wanting to retreat to the spa solo for the same luxurious pampering services must be prepared to pay around \$295 for the exact same services, minus the lunch.

Single people get hungry too. Travel agencies are also at their peak sales time. Valentine's brings out high numbers of lovebirds wanting to venture south to warm winds and romantic skies.

Sandals, an all-inclusive resort operator that specializes in the couples-only style resorts, says their vacations, "delight couples in love with su-

premely luxurious accommodations." There we have it, more deals for them.

The stigma of being single can be hard enough, but having it put a major dent in your wallet is the final straw.

The light at the end of the tunnel may seem distant, like there's nothing left to do but cry in self-pity with overdue bills. But have faith and remember the consistently growing divorce rate, which, in a new study, the Vanier Institute of the Family says is now at 40 per cent in Canada.

The cheap dinners and airplane tickets may be enough to make you tear up, but you won't have to pay for divorce court or the headshrinker to take care of the psychological trauma that inevitably will take place.

Author of *Single Out*, social psychologist Bella DePaulo, studied married and single women over 10 years and found out that the single women were happier than their married counterparts.

The age-old saying is you can't buy happiness, but in this day and age of the consumer market, you sure can. Pay that extra cash and in the long run you may just hold a smile longer than those with a ring around their finger.

# Hunt for grow-ops violates civil rights



BRANDI DOUCETT

require a much higher standard of evidence.

Students, who frequently live six to a home with hydro usage well beyond that of an average Canadian family, could easily become the target of such speculative approaches to law enforcement.

The *Vancouver Sun* reported, "the inspectors typically look for tampered wiring and plumbing, overloaded circuits, mould buildup, pesticides, holes in walls and extra ventilation ducts — all possible indications of a grow op."

But if a grow-op isn't found, the city has the right to charge the innocent homeowner a fee upwards of \$5,000 to cover the cost of the search.

Mission resident Stacy Gowanlock is leading a class-action suit after he was billed \$5,200 in 2009 for an inspection that was ordered based on his high hydro bill; the spike had nothing to do with marijuana production but instead ended up being attributed to heating his swimming pool, hot tub and large workshop.

The presumption of innocence, a major tenet of the Canadian legal system, has altogether vanished in Mission. That this bylaw was ever passed when it is a clear invasion of privacy is ludicrous. It's no secret that marijuana grow-ops are commonplace in small-town British Columbia but that's no reason the RCMP should engage itself in such lazy police work.

On Jan. 25, over four years since the bylaw was passed, it was suspended for one month pending a review of its legality. It's unfortunate this situation has dragged for over for years but at least the community is mobilizing for their right to privacy.

Young people, whose sensitivities to unjust encroachments by authority are high, should take note of the liberties the RCMP is taking, and make sure that a bylaw like the one passed in Mission would never hold up in their backyard.

Since 2006, the residents of Mission, B.C. have been subjected to a bylaw that allows municipal workers to enter their homes if their hydro bill reaches a certain level, potentially suggesting the presence of a marijuana grow-up.

This month, however, the bylaw has finally been put on hold for review after an outcry from a community angered by such hit-or-miss tactics.

A change to the B.C. Safety Standards Act over four years ago gave municipalities quick access to electricity-consumption data from B.C. Hydro. At first, the release of consumption data may not seem too menacing but it sets a dangerous precedent.

Tipped off by hydro consumption levels higher than 93 kilowatts a day, public-safety teams consisting of building, fire and electrical experts, have the right to inspect properties after giving homeowners 24 to 48 hours notice.

Municipal workers search homes under the assumption that energy usage at that level is a clear indication of a grow-op. Did you catch that? Untrained workers, not police officers. The RCMP is required to remain off the property because they don't have a search warrant, which would by law

## 👍 PASS / FAIL 👎

### The Game

The Green Bay Packers and Pittsburgh Steelers put on quite a show in Dallas, Texas for Super Bowl XLV. Green Bay won, 31-25, by the way.

### And all the rest

Christina Aguilera forgetting the anthem, the Black Eyed Peas' halftime debacle, tickets for non-existent seats: maybe it should have been Not-So-Super Bowl XLV.

### He's no chicken

It's thumbs up to the California rooster who attacked and killed its 'owner' with a talon-knife during an illegal cockfight. The lesson: roosters aren't chickens.

### I heart you

Russian authorities and their Russian Orthodox Church brothers in Belgorod Province are trying to ban Valentine's Day. Where's the love?

### Minister to the rescue

Federal Finance Minister Tony Clement stepped up to the plate for consumers and stopped the pay-per-use internet fees the CRTC almost introduced.

### You want to what?

The CRTC is supposed to lookout for the people through Canadian content. How is giving Rogers, Bell and Telus pay-per-use billing doing that?

# CROSSWORD

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1	2	3	4		5	6	7	8	9		10	11	12	13
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55						56			57			58	59	60
61						62		63	64		65			
66						67					68			
69						70					71			

**ACROSS**

- 1. Clamorous
- 5. Run after
- 10. Poetic lament
- 14. Besides that
- 15. Hair dye
- 16. Dress for Caesar
- 17. Bawl
- 18. Register
- 19. Kite part
- 20. Medicinal amount
- 22. Give a right to
- 24. Mend
- 27. Longs (for)
- 28. Actress \_\_\_\_ Davis
- 31. Aromatic herb
- 33. Hawaiian island
- 34. Yet, to a poet
- 35. Confidential
- 40. Ingest too much
- 42. Form again

**DOWN**

- 43. Religious beliefs
- 44. Actress Sandra \_\_\_\_
- 45. Similar
- 46. Wading bird
- 48. Choose by vote
- 49. View
- 53. Authentic
- 55. Emphasizes
- 57. \_\_\_\_ Rico
- 61. Fibber
- 62. Religious images
- 65. Christmas word
- 66. Snaky fishes
- 67. Singer \_\_\_\_ Osmond
- 68. Delight
- 69. Family chart
- 70. Nodded off
- 71. Graceful trees

- 2. Butter substitute
- 3. Employs
- 4. Act of leaving
- 5. Chick's comment
- 6. Chick's mom
- 7. Picnic pest
- 8. Expresses scorn
- 9. Work for
- 10. Storage room
- 11. Reluctant
- 12. Nimble
- 13. Shoppers' delights
- 21. \_\_\_\_ whiz!
- 23. Yarns
- 25. Aid and \_\_\_\_
- 26. Actor \_\_\_\_ McKellen
- 28. Cowboy's shoe
- 29. Icicle's spot
- 30. Now and \_\_\_\_
- 32. Words of comprehension (2 wds.)
- 34. Alleviate
- 36. Test of one's abilities
- 37. Lawn tool
- 38. Heroic
- 39. Camp shelter
- 41. Revolutionary \_\_\_\_ Allen
- 42. Apartment expense
- 44. Medic
- 47. Mischievous one
- 48. Water, to Jacques
- 49. Clothing stand
- 50. Colder
- 51. Piano exercise
- 52. Brief
- 54. Troubled
- 56. Robbins and Allen
- 58. Rock's partner
- 59. Be abundant
- 60. Bullring cheers
- 63. Raw mineral
- 64. Playful bite

# SUDOKU

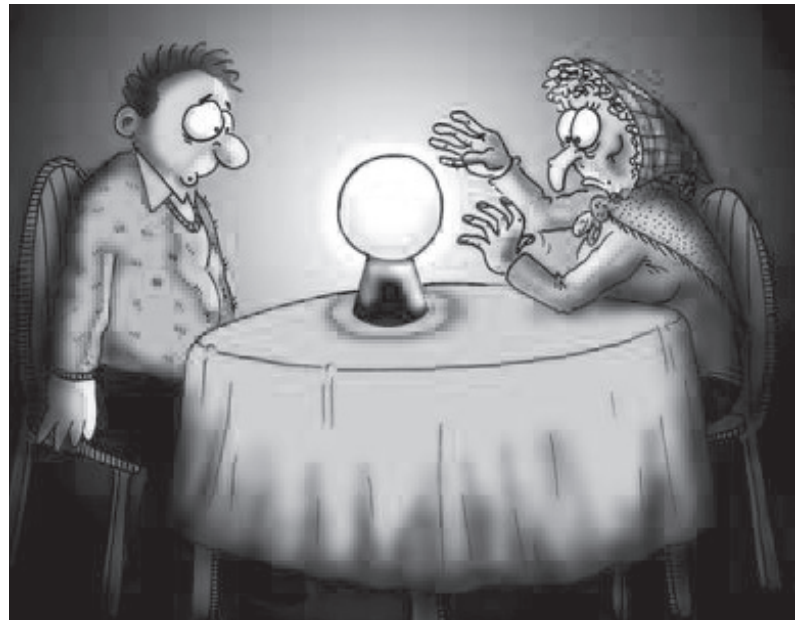
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	5				7			4
		4	2					8
							8	6

#9760

www.sudoku.name

Fill the grid so that every row, every column, and every 3 by 3 square contains the numbers 1 to 9

FUN FACT: Sudoku became a world hit in 2005, as popular as the Rubik's Cube in the '80's



# HOROSCOPE



**GEMINI**

MAY 22 - JUNE 21

Your Twitter followers are poised to stage a revolt. They're sick of the constant updates on the unbearable minutiae that is your love life. Take a much-needed week off from social media; there's still time to quell the flames of rebellion.



**AQUARIUS**

JAN. 21 - FEB. 18

Despite what *The Fifth Dimension* might have you believe, this is not the dawning of the Age of Aquarius. The best plan would be to remain in your basement all week. Cheer up, though, there's bound to be a King of Queens marathon so you can catch up on all the hilarity you may have missed when the episodes originally aired.



**PISCES**

FEB. 19 - MARCH 20

Despite gathering storm clouds, you'll have a chance to salvage your relationship come Valentine's Day. If you want the sparks to fly once more, you'll have to do better than candy. Why not try something different? When everyone else is stuck at the ballet, let love reign by whisking her off to Medieval Times. If she's not coveting your lance by the end of the night, it's just not worth it.



**CANCER**

JUNE 22 - JULY 22

Your luck this week will mirror that of one of the Super Bowl quarterbacks. Unfortunately, the runes do not spell out whether you'll enjoy the dizzying, Disney World-visiting highs of Packer Aaron Rodgers or the devastating failure of Steeler Ben Roethlisberger.



**TAURUS**

APRIL 21 - MAY 21

Bad news. According to the eBible Fellowship, Judgment Day is May 21, 2011. Look busy.



**ARIES**

MARCH 21 - APRIL 20

This week, it's best for you to avoid construction sites. Not because of the potential danger presented by the heavy equipment but because it's winter and there's no construction going on. Do something better with your time instead of staring at an empty pit!



**SCORPIO**

OCT. 24 - NOV. 22

Reply hazy, ask again later.



**LEO**

JULY 23 - AUG. 23

Honestly, was it worth it eating that raw chicken on a dare at the bar last weekend? Who did you impress? That drunk girl who always dances by the DJ booth, with her incessant requests for Good Night by the Black Eyed Peas? Please. If I were you, I'd stay in for at least two weekends to contemplate what you did. Tsk, tsk.



**VIRGO**

AUG. 24 - SEPT. 22

Good news is on the horizon; that rash will finally clear up. Some words of caution, though: avoid sitting on the mall Santa's lap in late January when he happens to be hanging out in the adjacent back alley.



**Sagittarius**

NOV. 23 - DEC. 21

You must unite with your Sagittarian contemporaries this week to combat the voracious Zodiac prejudice you'll undoubtedly face from the other signs. As the only sign armed with a deadly weapon, jealousy amongst the masses has finally reared its ugly head. Use your arrows wisely, especially against the pesky Cancerians; those pincers are nasty.



**LIBRA**

SEPT. 23 - OCT. 23

A woman in a rainy village in Spain got the jump on your plans to buy the sun. It's time for you to be proactive. Put a claim on Saturn while the interplanetary real estate market is enjoying an uncharacteristically low period. You'll thank me later when you clean up after the Hubble telescope crashes into its rings; NASA pays big hush money.



**CAPRICORN**

DEC. 22 - JAN. 20

It's time to strut your stuff, this is your week. Don't let anyone interfere with your plans, no matter how strange or misinformed. If you want to defy death by dancing in the path of a TTC streetcar, don't let "logic" get in the way. Dance like nobody's watching because no one is, especially the driver as he's too busy checking on his Hungry Man dinner in the on-board microwave.

# Silva, Doyle and Alexopulos hit the rafters to join 25 Humber greats

## After illustrious careers, the three star athletes have their numbers retired

VICKY SIEMON  
SPORTS REPORTER

Three of Humber's best-ever athletes – volleyball super-scorer Landis Doyle, and soccer stars Andrew DaSilva and Joanna Alexopulos – were honoured Wednesday night at a ceremony

PHOTO ANGELO MAZZIOTTI



where their uniform numbers were retired.

"This is not an annual event, this ceremony is held when there is someone special to honour," said assistant athletic director Jim Bialek.

Including Doyle (number 8), DaSilva (number 23) and Alexopulos (number 4), Humber Athletics has recognized 25 athletes since 1988, when the first number was retired.

The latest three are fifth-year athletes, which means each has exhausted their eligibility to play varsity sports. All will be inaugurated into Humber's Hall of Fame.

Athletic director Doug Fox called the ceremony "an outstanding tribute to the three careers of Humber's finest athletes."

Doyle, who set the all-time Ontario Colleges Athletic As-

sociation scoring record earlier this season, said: "This is the highest honour a school can award you, I couldn't have asked for more."

DaSilva was named the 2009-10 Canadian Colleges Athletic Association national player of the year, and is the second player ever to have his number honoured from the men's soccer team.

"Having my number retired is a huge honour and something I will cherish for the rest of my life," he said.

**This is the highest honour a school can award you, I couldn't have asked for more.**

Landis Doyle  
WOMEN'S VOLLEYBALL PLAYER.

Alexopulos, awarded winner of the Athletic Directors Pick in 2010, noted "prior to Humber, I gave up a scholarship, full-ride to a school in the States. For me, to be given this honour it's a sign that I made the right choice, and to always follow your heart."



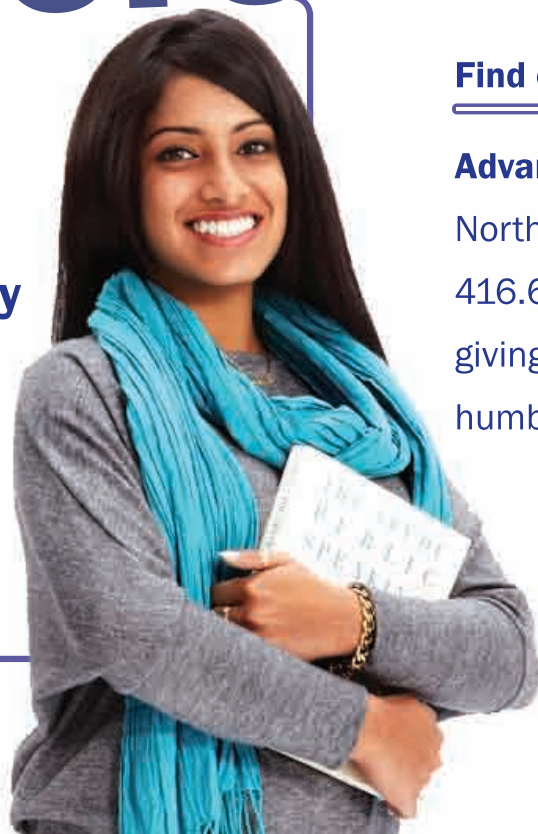
COURTESY HUMBER ATHLETICS



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# Broadcast students hit the slopes

VICKY SIEMON  
SPORTS REPORTER

The Broadcast Radio and Television program at Humber is taping the Rockstar Ski Cross Grand Prix event starting this weekend at Blue Mountain Ski Resort in Collingwood.

"They are the main media sponsor of the event, they are here to get coverage that could be used for broadcast services for the event or after," said Kelly O'Neil, public relations specialist at Blue Mountain.

Live footage will be broadcast to 20 different countries and streamed online, said Blair McMurchy, director of professional and continuing education, placement and promotion.

"This is a good opportunity for Humber because it advertises what

Humber offers its students," said Sibi Villarroel, a second-year broadcast television student covering the event.

Students applied to Chris Robinson, from Double Black Diamond Productions, and will be working with their high definition mobile truck nicknamed the Scorpio.

**We are the only school in Ontario who has a fully-loaded, high-definition mobile truck that's ready to go.**

Karen Young  
PROGRAM CO-ORDINATOR TV  
BROADCAST AND VIDEOGRAPHY

"We are the only school in Ontario who has a fully-loaded, high defini-

tion mobile truck ready to go, but it's going to be successful because of the students," said Karen Young, program co-ordinator of TV broadcast and videography.

"Students will be laying cables, setting up and operating cameras," said McMurchy. "We've brought real life into the classroom."

Young hopes this is a good start to the relationship with Double Black Diamond.

"This is an internship opportunity that will provide students with excellent portfolio material to promote themselves," said Young.

The event will feature world championship medalists including Canadian skier Chris Del Bosco, making it the biggest event Blue Mountain is hosting this season.



COURTESY PHOTO // Some of the world's best ski-cross racers will be at Blue Mountain.

## Lady Hawks winners without goalkeeper



PHOTO WENDY MACH // The Lady Hawks in action as they beat Niagara 4-0.

WENDY MACH  
SPORTS REPORTER

STONE CREEK – With their two regular goalies not available, three other players took turns guarding the net, giving up only one goal in four games as the Humber women's indoor soccer team cruised to a tournament win last Saturday.

"Playing in net for the final game, I was nervous but confident at the same time," forward Connie Tamburello said after her Hawks shut out rival Sheridan 5-0 at Redeemer University College. "Having great players playing on the field with me while in net made my challenges a bit easier."

Defencemen Nicole Carvalho and Sonia Rocha also stepped in as goalkeepers, with starter Rosie Ormeno out due to a concussion and backup Ashley Care unable to travel with

the team because of pressing academic assignments.

"The players were strong in net and the defencemen in front were very good," said coach Mauro Ongaro.

In the final, Nilda Correia scored three goals and Keyla Moreno had the other two.

**Playing in net for the final game, I was nervous but confident at the same time.**

Connie Tamburello  
HAWKS FORWARD

"We were short on players and were forced to play smarter and work off each other more," said Moreno.

The Hawks opened the tournament with Carvalho in net during an 8-0 romp over Centennial. Rocha took over for a 4-0 win over Niagara and remained in goal as the Hawks squeaked by Georgian College 2-1, Tamburello scoring the tiebreaker on a penalty kick in the first half.

Team captain Joanna Alexopulos summed up her team's winning formula: "I think it was our mentality. We came in today and played our game. Our whole game was quick passing, not holding the ball too long and shooting the ball."

It was the Hawks second tournament of the young season. Last month, at the Centennial College Invitational in Vaughan, the women won four matches before falling to Laurier 3-2 in the final.

Their next tournament is scheduled for Feb. 18 at Sheridan College in Brampton.

The OCAA regional playoffs begin next month.

## Badminton team looking great before Ontario championships

CATHERINE DIVARIS  
SPORTS REPORTER

HAMILTON– Nearly every player on Humber's badminton team has advanced to the provincial championships later this month.

"I'm very proud of everybody's efforts today," captain Charlie Lay said after his team dominated in the regionals at Mohawk College last weekend. "We have to concentrate on the OCAA title now. Last year we shared it with George Brown and we don't want that again this year."

In singles, Tracy Wong came in an easy first place on the women's side, while Chris Dupuis also took gold and Desmond Yao bronze for the men.

Mark Wong and Tim Lam took first in men's doubles and Renee Yip and Alyssa Woon won the title for women's doubles.

Lay and Suzie Yan also advanced to provincials by finishing second in mixed doubles.

"The player who did an outstanding job was Kaitlin Vanduinen," said Karen Ng, assistant coach. "She got 110 per cent better. She is definitely the most improved and hardest working player on the team this year."

Vanduinen put up a worthy fight in women's singles and finished third in her pool, narrowly missing advancement to provincials.

Humber is ranked first in the province and second in Canada.

"About half of the players on the team have previous badminton experience playing with professional clubs," said Dupuis. "That gives us a heads up on other colleges right away, but now we're making a name for ourselves and attracting new talent to Humber's badminton team, which is great."

The provincials are Feb. 18-19 at Fanshawe College in London.

Last year the Hawks won gold in mixed doubles, silver in women's singles, and bronze in men's doubles at the OCAA Championships and one gold at the nationals.



PHOTO CATHERINE DIVARIS // Hawk badminton players show off their best over-call team award earned earlier this season at regionals.

# Women's basketball team fights through to victory in heated teeter-totter battle

JUSTIN IRWIN  
SPORTS REPORTER

The women's basketball team overcame a 10-point deficit and some questionable foul calls to defeat the trash-talking Niagara Knights 64-58.

"We've got a big heart," Hawks' coach Denise Perrier said after the win on home court last week. "We didn't panic. I thought we were pretty tentative because it was a big game coming home but we went into halftime, we didn't fuss or fight, we said, 'let's play our game.'"

Humber came back in the game twice, after being down by 10 late in the first half, and behind by nine early in the second half.

"Our team didn't have practice at all this week so it was kind of scary going into a big game," said Jaisha Watt, a second-year guard, who led her team with 12 points off the bench.

Humber and Niagara are tied for

second place in the OCAA west division with 9-2 records.

The Hawks fought through foul trouble to sister stars Maria and Kayla Suriani.

"Maria got [unfairly punished] to say the least," said Perrier. "The same official called her on four fouls and she fought through it and cheered her teammates on from the sideline."

**I'm very proud. Lots of girls stepped off the bench when our guards got into foul trouble.**

Maria Suriani  
THIRD-YEAR GUARD

"I'm very proud. Lots of girls stepped up off the bench when our guards got into foul trouble," said team captain Maria Suriani, a third-year guard.

In the closing minutes of the

first half, Melissa Men hit two jump shots off of Niagara turnovers to give her team a lift going into halftime.

"The other team was talking trash, so we just answered with shots and steals," said Men, a second-year guard, who finished with 10 points.

Tonight, Humber plays the undefeated Sheridan Bruins (11-0) in Brampton at 6 p.m.

"If we go out with the same mentality we do with every team, we can take them down just as easily," said Watt.

NEXT GAME	
@ Sheridan College Tonight, 6 p.m.	
 HUMBER HAWKS (9-2) 2nd in WEST	 SHERIDAN BRUINS (11-0) 1st in WEST



PHOTO JUSTIN IRWIN // Hawk's guard Jordanna Mazzei looks for an opening.

# Men's basketball team continues its winning ways

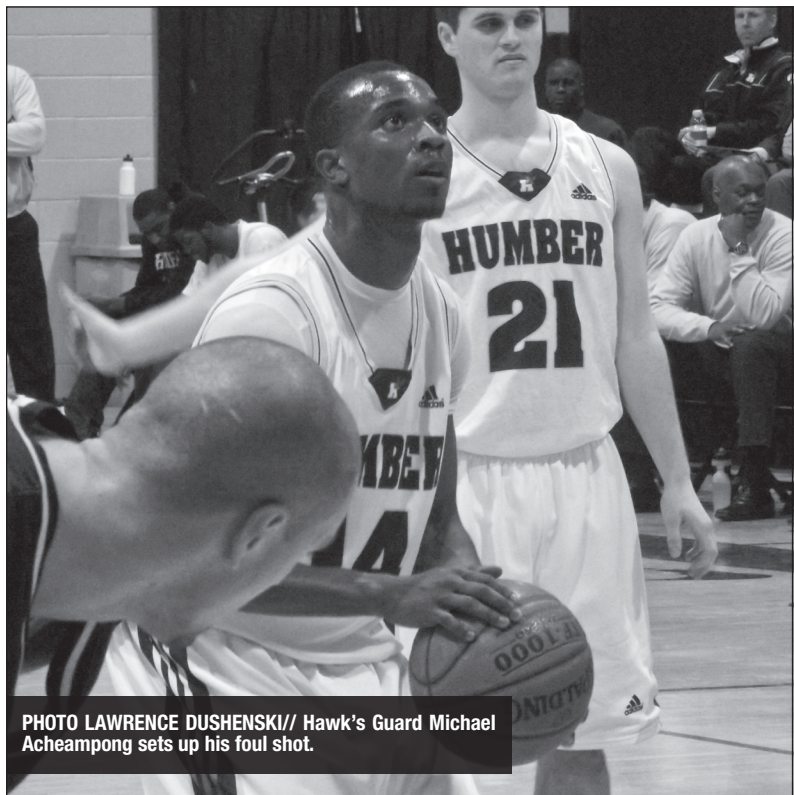


PHOTO LAWRENCE DUSHENSKI // Hawk's Guard Michael Acheampong sets up his foul shot.

LAWRENCE DUSHENSKI  
SPORTS REPORTER

The target is squarely on the back of the Humber men's basketball team, and they were barely able to escape a thrilling game against Niagara College with a 71-65 win.

After falling behind 9-0 to start the game, the first-place Hawks roared back to take a 29-27 lead at halftime.

"We were rushing our shots and rushing our plays," said third-year-forward and player of the game Akeem Sween, who had 14 points and five rebounds. "When everyone relaxed, that's when everything started working."

"Every team second semester has been competitive," said first-year forward Ancil Martin.

While the hard-fought game did not come as a surprise to the team, they did not expect Niagara Knights guard CJ Smith to score 34 points.

"We expected a pretty good game,

but we had to focus on talking and playing defence," said Martin.

Third year guard Michael Acheampong was impressive at both ends of the floor for the Hawks, as he collected 12 rebounds to go along with 15 points, but the Hawks floor general was more focused on the team's effort.

"We were able to tighten our defence," said Acheampong. "We knew they were going to come out

hard and we had to slow down and played within ourselves."

The Hawks record currently sits at 14-1 in league play, but with only three games remaining before the OCAA championships, they remain immune to the pressure.

"There is no pressure on us," said Martin. "We all made the varsity team for a reason, and we know what is expected."

NEXT GAME	
@ Sheridan College Tonight, 8 p.m.	
 HUMBER HAWKS (14-1) 1st in WEST	 SHERIDAN BRUINS (12-3) 2nd in WEST

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## SPORTS BRIEFS

### HOCKEY

#### 37-year old Forsberg back for some more

Fulfilling the playoff hopes of Avalanche fans, Peter Forsberg signed on to play the rest of the season with his former club. This will be the second return for the former league MVP and two-time Stanley Cup winner who played nine late-season and seven playoffs games in 2008.

### FOOTBALL

#### Historic Super Bowl numbers from Dallas

Green Bay's 31-25 victory over the Pittsburgh Steelers broke the record of most watched TV broadcast of all time. More than 53 million households watched the game, which averaged out to 111 million viewers, about 5.5 million more viewers than the old record set with last year's Super Bowl.

### BASKETBALL

#### Love hot on the trail of Philadelphia legend

Minnesota forward Kevin Love surpassed Kevin Garnett's franchise record of 37-double-doubles with a 20-point, 14-rebound performance in Houston on Tuesday. Love's 38-game streak is now only behind Moses Malone's 44 set for Philadelphia during the 1982-83 season.

### BASEBALL

#### Yankee great Pettitte finally calls it a career

After putting off his final decision, Yankee pitcher Andy Pettitte has announced his retirement. Pettitte leaves with a career record of 240 wins and 138 losses over 16 seasons, along with five World Series Championships. He is also the all-time leader in postseason wins with 19.

# Sheridan too much for Hawks

## Men lose top spot in falling to third-place Sheridan

**JEFF DONER**  
SPORTS REPORTER

The Hawks men's volleyball team were handed their second loss of the season by the Sheridan Bruins Thursday night, losing 3-1.

"Sheridan came ready to play last night, obviously. We knew they wanted to come out and beat us and they played a phenomenal game on their part, but we just didn't get it done on our side," said Hawks setter Mark Mullen.

"The first set we came out flat and they basically had a lead the whole time. The second set we battled the whole way and had a few chances to end it and didn't come out on the winning end of it," said Mullen.

The Hawks dropped the first set 25-20 and then fought hard in a close extended second, but Sheridan came

out on top 30-28. The Hawks tried to gain momentum in the third winning 25-22, but the Bruins delivered the final blow in the fourth, defeating the Hawks 25-20.

"Ultimately, guys that usually have no problem getting it done didn't get it done last night. Our serving was a real weak point," said Mullen.

Hawks head coach Wayne Wilkins echoed Mullen's critique, also giving Sheridan credit for playing a strong game.

"[Sheridan] played very well. They had a game plan right from the beginning and they stuck to it. We, for whatever reason, couldn't make the adjustments and unfortunately we had a number of guys who just played really poorly," said Wilkins.

The win lifted the Bruins to just two points behind Humber in the Eastern division while dropping the Hawks out of first place.

Despite the loss, the Hawks remain focused on the getting the gold medal at provincials.

"The guys are in good spirits. We've moved on. Thursday was Thursday and it's not a big deal. We're looking forward to provincials," said Wilkins.

Hawks left side Terrence Pragg-Singh said the season can't be judged on one loss. "We're just trying to get back to business, work hard, and try to keep our heads clear," said Pragg-Singh.



COURTESY HUMBER ATHLETICS // Matthew Isaacs leaps to keep ball alive

The Hawks will look to get back into the win column against Niagara at home on Feb. 9.

# Women still unbeaten

**COOPER EVOY**  
SPORTS REPORTER

The Humber women's volleyball team shook off a shaky start, going on to beat a streaking Sheridan Bruins team by scores of 25-20, 25-17, 25-13 on Feb. 3 in Oakville.

"They came out guns blazing, I'll give them credit," said assistant coach Dean Wylie of the Bruins team. "Right at the end of the first game, our transition got a lot better, and we starting winning points and had a separation and kept it."

Entering the game, the Bruins team was undefeated in nine games and a winners of five straight, but proved to be no match for the Hawk's juggernaut that improved to 18-0 in the season.

Due to a snowstorm warning the Wednesday game was moved to Thursday and head coach Chris Wilkins couldn't attend, but still recognized the importance of the win.

"That's a team we're most likely going to play first round in provincials," said Wilkins, "so it was great to win in straight sets."

Serving seemed to be an issue for the Hawks early on, something the team will address for the stretch run, said Landis Doyle, who finished with 13 points that game, extending her career record. "We made a lot of serving errors which we plan to work on next week."

"We weren't missing by much, we

had some tough serves going off the tape and some easy float serves go to the back," said Wylie of their serving woes. "We can't make those mistakes against better teams, it'll cost us."

With four games left on the schedule before provincials start, the undefeated Hawks know they have a target on their backs and remain focused on team goals.

"We know we are the team to beat and have to come out hard every game," said Doyle. "Most teams will play their best match against us, so we have to always be on our toes."



COURTESY HUMBER ATHLETICS

NEXT GAME	
@ CANADOR COLLEGE Feb. 12th, 8 p.m.	
 CANADOR PANTHERS (3-12) 9th in WEST	 HUMBER HAWKS (12-2) 2nd in WEST

NEXT GAME	
@ CANADOR COLLEGE Feb. 12th, 6 p.m.	
 CANADOR PANTHERS (7-12) 8th in WEST	 HUMBER HAWKS (18-0) 1st in WEST

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