

News et cetera

David Orchard criticizes Canada's role in NAFTA

by Brad Holden

Canada has put itself in grave jeopardy by weakening its economic borders with the United States, according to David Orchard, a critic of free trade.

The Saskatchewan organic farmer is founder and chair of Citizens Concerned About Free Trade.

He placed second to Joe Clark at the 1998 Progressive Conservative leadership convention while running on an anti-free trade platform.

He spoke out against the North American Free Trade Agreement (NAFTA) and its proposed successor, the Free Trade Areas of the Americas (FTAA), on Monday

night at the University of Toronto.

"Surviving as an independent nation has always been an issue for Canada," said Orchard. "John A. McDonald said that if we didn't have an economic border [with the U.S.] we soon wouldn't have a political border - that's still true today. We can't just open ourselves up completely and allow the giant that's next to us in - the power that they've got is simply to buy our country, and that's what we're seeing now."

According to Orchard, 6,000 Canadian companies have been taken over by American corporations in the last 10 years, a direct result of the freer trade allowed under the NAFTA deal.

One of Orchard's main concerns is NAFTA clause known as Chapter 11.

"We have given up our independence of action as a nation," said Orchard. "Under Chapter 11, and this is unprecedented in any free trade agreement, Canada gave Mexican and American corporations the right to sue the Canadian government directly for any law that causes them loss or damage or which they feel contravenes NAFTA."

Orchard cited several cases where this clause has been put into effect.

For example, the American gasoline company Ethyl was able to sue the Canadian government successfully after Canada tried to ban the potentially harmful additive MMT

from all gasoline products.

The Canadian government had to give Ethyl \$19 million and now must allow them to include MMT in their gas.

"If and when there is a shortage we are committed to continue to deliver the same proportion of any energy grid to the U.S. that they were taking before the shortage," he said. "What that means is, now the U.S. is taking about 60 per cent of our natural gas. If and when the shortage comes, the U.S. will still be entitled to 60 per cent of our total supply of natural gas and we'll be entitled to what's left."

Since NAFTA was signed, the U.S. has quadrupled its consumption of Canadian natural gas, leading Orchard to believe that a shortage is imminent.

Orchard maintained that it is not too late for Canada to remove itself from NAFTA. He expressed concern over the upcoming FTAA talks in Quebec City.

"One of the best-kept secrets about the trade agreement is that Canada, Mexico, or the U.S. can at any time give the other partners six months notice and withdraw from the agreement without penalty.

"One of the things that I am extremely worried about in terms of these negotiations that are going to be going on behind the barricades in Quebec City is an attempt to remove this six month cancellation clause," he said.

Orchard was quick to point out that he is not against trading with the U.S., but that he would like to see a more level playing field.

2001 Convocation

DATE	TIME	SCHOOL/DIVISION
Tuesday, June 12	7:30pm	School of Information Technology & Department of Accounting Studies School of Performing Arts (Lakeshore) School of Social & Community Services (Lakeshore) Corporate & Continuing Education -Fire & Emergency Services
Wednesday, June 13	2:00pm	HRT Alliance - Tourism Industries Training Liberal Arts & Science (North & Lakeshore) School of Applied Technology
Thursday, June 14	2:00pm	School of Media Studies The Humber School of Comedy
Thursday, June 14	7:30pm	The Business School (North & Lakeshore)
Friday, June 15	2:00pm	School of Health Sciences -Early Childhood Education (Day & Evening) -E.C.E. - Advanced Studies in Special Needs (Day & Evening) -Community Integration Co-operative Education -Funeral Service Education -Practical Nursing (Day & Evening)
Friday, June 15	7:30pm	School of Health Sciences -Clinical Research -Emergency Telecommunications -Nursing -Occupational Therapist Assistant -Paramedic -Personal Attendant/Support Worker -Physiotherapist Assistant -Post-Diploma Nursing -All other Health Sciences (Part Time)

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Students honoured at banquet

by Tara Smith

Tradition of Excellence was the slogan on Tuesday night at Humber's 18th annual Student Appreciation Awards banquet.

The event, held to honour individuals whose contributions enrich student life at Humber, was hosted by the Humber Students' Federation (HSF) and organized by second-year Public Relations students.

"These awards were created to give recognition to students, faculty, peers and friends who portray a selfless dedication and excellence," said Toby Warnell, HSF president and Master of Ceremonies for the evening. "These are special members of the Humber community, and deserve to be rewarded for their contributions demonstrated through leadership, service, and dedication."

The Japanese Tea House theme of the banquet provided a serene and relaxing backdrop for the evening where 18 awards were presented.

Stacey Campbell, who was diagnosed with Multiple Sclerosis in 1996, nominated her classmate and friend Debbie Rhinds.

Campbell, who was out of school for 10 years, came to Humber two years ago for the

Law Clerk program.

She said without Rhinds, she wouldn't have been able to make it through college.

With seeing-eye dog by her side, Campbell was choked up as she described how Rhinds has been a constant help by taking class notes, meeting her before class to help her up to class in the elevator and calling her at home to make sure she was okay.

Stephen Anastasi, HSF vice-president of Campus Life, was also moved to tears as he presented an award to HSF President Toby Warnell.

"No matter what I write [in this award introduction speech], or what I say, I can

never truly depict the impact Toby Warnell has had on my life, or Humber College," Anastasi said.

President Robert Gordon also presented Warnell with another award - one which is not given out every year - for outstanding performance.

"We had, this year, an outstanding student government. It's a great privilege for me to give this award to Toby Warnell," Gordon said.

"I didn't expect it, I accepted it on behalf of the HSF organization. It was a team effort," Warnell said. "It's an honour and I appreciate winning tonight, and I congratulate all the other winners tonight."



Stephen Anastasi presents an award to Toby Warnell.

HSF budget unveiled at bi-annual meeting

by Ashley Kulp

The new Humber Students' Federation (HSF) budget for the 2001/2002 year was unveiled last Thursday during the second bi-annual meeting of the members in the Student Centre.

Presiding at the meeting were the current president of HSF, Toby Warnell, vice-presidents of Campus Life for North and Lakeshore campuses, Stephen Anastasi and Monique Raymond, respectively, and vice-presidents of Administration for North and Lakeshore campuses, Bryan Barcelona and Farida Isaac.

On the agenda for the meeting were motions for the approval of the agenda as well as approval of minutes from the first bi-annual meeting of the members, receiving election results, and approval of new directors, among others.

Most importantly though, was the approval of the HSF budget for 2001/2002, introduced by Warnell, which will decrease by \$19,750 from this year.

Warnell spoke of next year's plans to recruit volunteers to assist with HSF events, as well as the importance of the Health Centre to the Humber community, which will get a donation of \$100,000 from HSF, up almost \$20,000 from last year.

Health insurance has also been cut by almost \$60,000, as HSF no longer offers out of province coverage to students. Additional plans included a monthly full page ad to go in the *Humber Et Cetera*, and for regular updates to be made to the HSF Web site, which can be reached at www.hsfweb.com.

There will also be more services and events available to Humber students with an increase of \$30,000 for events in programming expenses slated for next year.

"Our services expenses have gone up because we understand the importance of the social aspect of college. We're looking to have larger profile events on campus. Not just smaller, lesser-known bands, we're looking to bring in bigger bands at Humber.

"The events also cover the costs for the appreciation banquet and the art show that goes on. We want to have larger conferences, more awareness days and bring in more comedy acts," said Warnell.

HSF salaries have also taken a \$20,000 cut.

"Our services expenses have gone up because we understand the importance of the social aspect of college"

-Toby Warnell

"The revenue is down because the projected student population is not what it was this past year, because we forecast for our September and winter enrollment, and right now it's not as high as it was projected originally.

"The salaries have gone down somewhat because we only have six full-time staff right now and we used to have seven. Plus, with all our part-time staff, we get Work Study grants that helps pay for a lot of positions," said Warnell.

Another large idea that HSF has in the works is to make the Student Centre more comfortable

for students, which may include having the campus radio, CKHC 90.7 played there.

"We are currently in talks with the school to have a sound system placed in the Student Centre for the campus radio station to be played out of here," said Warnell.

The budget wasn't passed without some dispute. During the motions, it was opposed by three members of the audience.

Humber student Nadia Mohammad was one of a few that wasn't happy with the budget, in particular, the funding to Humber clubs.

"Clubs that are sanctioned are only getting about \$300 for the year, which doesn't even cover putting on their first event, so we're already in debt before we even begin," she said.

Mohammad wanted HSF to pay some of the funds from clubs to alleviate their burdens.

Clubs are also getting shuffled around and there is nowhere that they can meet without being sent somewhere else. Warnell offered a good solution.

"One office under the HSF is going to be cleared out and we are in talks with the school to have that office used strictly for clubs, so hopefully that will happen within the next year," he said.

At the close of the meeting, the winners of the six \$300 prizes from ballots filled out during the election were drawn. The six winners were Alex Chernov, Hammad Butt, Pete Murolo, Sarah Lougheed, Sarah Kaye and Jeff Kahl. Those lucky people can pick up their new found fortunes at the HSF office.

Humber Students' Federation Operating and Capital Budgets 2001 - 2002

	2000/2001 Budget	2001/2002 Budget
Revenue		
Fees	\$1,001,960	\$982,760
Interest	\$5,000	\$5,000
Services	\$150,900	\$150,350
Misc.	\$1,000	\$1,000
TOTAL REVENUE	\$1,158,860	\$1,139,110
EXPENSES		
Admin Expenses		
Salaries	\$346,491	\$326,471
Conferences & Leadership	\$23,370	\$27,379
Professional Fees	\$22,700	\$15,500
Property Insurance	\$2,300	\$3,300
Property Cleaning	\$14,576	\$14,576
Office Administration	\$64,587	\$54,307
Volunteer Program	\$0	\$2,900
Leasehold Improvements	\$42,500	\$46,866
Capital Purchases	\$21,850	\$32,350
Local travel	\$3,000	\$3,558
Honoraria	\$15,750	\$15,980
Appreciation Banquet	\$5,000	\$7,140
Executive Expenses	\$4,500	\$4,500
Miscellaneous	\$1,000	\$1,000
Services Expenses		
Handbook	\$35,000	\$45,000
Health Centre	\$82,000	\$100,000
Health Insurance	\$267,917	\$204,168
Games/Quiet Lounge	\$1,270	\$720
Ombudsperson	\$21,400	\$0
Peer Tutoring	\$15,000	\$17,500
OCCSPA Membership	\$15,000	\$15,000
Elections	\$4,000	\$7,000
Alumni Dinner	\$2,000	\$0
Programming Expenses		
Academic Awards	\$1,000	\$2,000
Advertising	\$57,800	\$74,365
Clubs	\$11,550	\$12,350
Events	\$56,200	\$86,600
Meetings	\$2,100	\$3,580
COCA Regional	\$4,000	\$0
Welcome Weeks	\$15,000	\$15,000
TOTAL EXPENSES	\$1,158,860	\$1,139,110

Floristry program on the chopping block

by Daniel Russell

An advisory committee has recommended that the Retail Floristry program be cut from Humber's School of Applied Technology next fall.

The program, which has been running at Humber since the college opened, is the only program of its kind in Canada to offer a diploma.

"I think it's because of funding. I don't think there are enough funds and the arts are the first to go," said Michelle Arteaga, a Retail Floristry student.

Stephen Bodsworth, associate dean of the faculty of Applied Science conceded that funding was one of the issues behind the move but he also provided a bigger reason for the discontinuation of the program.

"We have to ask ourselves is it a good investment in terms of a) - is there a full time job at the end of it? and b) - is the salary going to be worth the investment?" said Bodsworth. "The industry says they can't afford to pay the salaries that they agree they should be paying."

Bodsworth feels that the type of training that Humber offers does not meet what the industry is looking for.

"Our students have incredible skill sets but unless they are running their own business they are not able to practice all that they have been taught," said Bodsworth.

Bodsworth sees a discrepancy between the level of training that the college provides and the level that the industry requires or is

willing to compensate for.

"The college is not saying there is a weakness in the program. The curriculum is outstanding," said Bodsworth.

Leslie Kish, who has taught in



DANIEL RUSSELL

Students will have to arrange other plans.

the program for the last year, understands the decision from a financial perspective but is disappointed with how fast the decision was made.

"I see where they're coming from dollar and cents wise but if we could have seen it coming we could have gone to our industry for sponsorship," said Kish.

Students in the program realize that the wages they would earn working for someone else would not be very high, but most aspire to own their own business in the future.

"We teach our students enough to open their own shop, to become senior designers and managers," said Kish.

Students currently in the program will have the opportunity to finish their diploma in the fall.

The future of the two professors in the program, Monique Theriault who has been with the college for the past 16 years and Kish, a graduate of the retail forestry program, is up in the air.

The college is considering developing programming that would be more in line with what the industry is looking for through a continuing studies type program.

"The college has not closed its doors on us completely. They have terminated the day program. There are options for running a night program or summer courses if we choose to," said Kish.

Although Bodsworth described the program as suspended, Kish isn't optimistic that the course will be brought back as a full time program.

Special Section

et cetera

Who's down with OPP?

by Nick Dixon

Excerpt from the OPP Crown Liability Release, signed 3:17 p.m. Friday, March 30, 2001:

I, Nick Dixon, hereby release and forever discharge Her Majesty the Queen in Right of Ontario, Her Majesty's servants, ... and members of the Ontario Provincial Police from any and all actions, causes of action, claims, demands and remedies, for any and all damages, losses, injuries and expenses of any nature or kind however arising...

What the above legal jargon basically means is: if I am maimed or killed during my ride along with OPP Constable Rob Johnston, neither my family nor myself will have any chance in court if we try to sue the OPP. Not exactly the most reassuring start to spending 11 hours with a cop, but I'm writing this so the point is moot.

Once the butterflies in my stomach calmed down, I was ready to jump into a cruiser and see what it was like to be an OPP officer.

Instead we spent the next two hours in Const. Johnston's office while he completed a stack of paperwork relating to the dozen or so tickets he had written the night before.

SO THE DAY BEGINS

The OPP building at Hwy. 401 and Keele St. isn't much to look at from the outside, and has even less to dazzle the eye once inside. The office was decorated with five very basic desks, six standard blue office chairs, and two Toronto street maps adorned the creamy coloured brick wall reminiscent of my high



NICK DIXON

Const. Johnston poses on one of the Harleys that are used during the summer.

school locker room.

As Const. Johnston, 27, continued his paperwork, the four other officers in the office seemed to get used to having a civilian within earshot. I had come in during a spirited debate over what an officer should do when he pulls over someone related to another cop.

"Some of the biggest assholes I pull over are related to cops!" said one officer.

"I know," said another. "You'd think they would be the one's giving us more respect."

The debate was never completely resolved. None of them could agree on the degree of punishment relatives deserve.

"How come I don't get to wear protective armour? If we get into a blazing gun battle ... Const. Johnston isn't going to be able to pause the action."

- The little voice in my head

At 5:03 p.m., Const. Johnston snapped his notebook shut, stood up and put his protective body armour on (a bullet proof vest). As he zipped up his worn, black leather OPP jacket he looked at me and said, "Let's go."

Walking through the off-white corridors towards the parking lot I could feel the butterflies in my stomach starting up again. The little voice inside my head wouldn't shut up.

"How come I don't get to wear protective armour? If we get into a blazing gun battle or are chased by a group of thugs, Const. Johnston isn't going to be able to pause the action for a second and say, 'By the way, don't shoot the guy beside me, he's just a journalist.'"

A brand new, white and completely unmarked Chevy Impala was waiting for us in the parking lot. Const. Johnston described it to me as a "high enforcement car."

The OPP are looking to generate significant revenue from this car in the form of traffic tickets.

Hearing this, I had to ask about the 'ticket quota myth.' Const. Johnston explained that while there is no specific per officer quota, since an officer that makes a large number of arrests cannot be expected to dole out many traffic tickets, to show that they have been busy, officers should pull over around 20 people per shift, and at their discretion, give tickets to around ten.

The pungent and aromatic 'new car smell' was a pleasant surprise as I had been expecting a smell of stale coffee and doughnuts.

Our first task was a zero on the sexiness scale. We were off to a local Chevy dealership to get seven keys cut for the new cruiser.

As we left the dealership, keys jingling in the cup holder, I asked what we could expect to see in the next several hours.

"You have no idea what's going to happen," he said. "It's whoever wants to be arrested tonight."

AN ARREST

Crawling along Hwy. 401 east in heavy, commuter traffic we spotted a Toyota Corolla being driven erratically. The passenger was not wearing his seat belt and the driver was drifting in his lane and accelerating quickly behind the car in front of him.

After Const. Johnston had called in the plate number to a dispatcher and discovered the owner had a spotty record, including prior convictions for assault, weapons possession and uttering threats, we "lit him up."

The lights hidden inside the car began to flicker red and white, and the brief wail of the siren reinforced the message that we were pulling him over. After we stopped on the shoulder Const. Johnston approached the car slowly and leaned into the driver side window to find out what was going on.

Shortly after the questioning began, the driver was asked to get out of the car. He lit a cigarette quickly and took several long and deep drags. Minutes later he was sitting diagonally behind me in the cruiser. When Const. Johnston got back into the car they started talking. The more the driver spoke, the more the stench of booze on his breath filled the car. Const. Johnston asked him if he had been drinking today. The response was no.

"Why'd you pull me over man?" asked the driver.

After Const. Johnston told him what we had seen, he then explained how a breathalyzer works and requested that he blow into it.

"Can't," said the driver. "I have asthma, and I only got one lung."

"C'mon buddy!" replied Johnston. "As soon as you got out of the car you put a cigarette in your mouth. Look at your fingers they're orange. Either you're cutting hash or you smoke."

"I can't blow into it," was the feeble response.

"Are you refusing to provide a sample, sir?"

"Yes."

"Then I am going to have to arrest you."

After reading the suspect his rights in the cruiser, Const. Johnston took him to the rear of the car, to pat him down and handcuff him. When the suspect got back into the car, hands awkwardly behind his back, his cell phone rang. Somehow, he contorted his body into a position to not only pull the phone out of his jeans' deep pocket, but to have a conversation. It was his daughter's mother. When he explained that he wasn't going to be able to collect their daughter tonight because he was going to jail, her loud response echoed through the phone, "Are you serious?"

At 6:21 p.m. the suspect's car was towed



away and we headed back to the station. "You should be letting me go," the suspect pleaded. "Why you gotta dick me over? I'd appreciate it if you let me go."

"Let you go completely?" asked a shocked Const. Johnston. "What acid did you drop last night?"

"I don't do drugs man, I don't do drugs," replied the suspect.

Once again the overpowering aroma of booze on his breath filled the car as he continued pleading in vain.

At 6:35 p.m. we arrived back at the station and the suspect was put in a cell.

We went to Const. Johnston's office to do more paperwork. He describes his job as "ten per cent fun and 90 per cent paperwork."

Because I had witnessed the entire episode, I was required to fill out a standard police interview form describing everything I saw before, during and after the arrest.

While Const. Johnston is entering the data, another officer stuck his head into the office. They chatted briefly and as the conver-

Life & Health

et cetera

"When we were told that they had found a match, it was a fabulous thing. [Nicholas] was brimming with a love for life. It was a miracle."
- Judy Charles

Cosmetics targeted towards men

by Linda Kang

Men are getting rid of feminine hang-ups and catching up to women in cosmetic skincare use.

In researching the March men's issue for Salon magazine, Alison McGill, editor-in-chief, discovered one of the reasons why this trend is taking place.



LINDA KANG

Chris Lang uses cosmetics for men.

"We heard from all kinds of beauty pros across Canada and North America who said that men are actually more vain than women ... I didn't think that was quite possible," McGill said.

The cosmetic market is ready to lure men. Companies, like Clinique and the Body Shop, have introduced men's skincare lines, complete with more "masculine" packaging. Other companies, like Mac, package products in unisex bottles to appeal to both men and women.

Marcelle Cosmetics is another skincare line with unisex packaging. It is the one brand that Nadine Klein, a Shoppers Drug Mart cosmetician of 15 years, has recommended to male customers for years.

"The Marcelle skincare line is fragrance-free, oil-free and hypo-allergenic. I also recommend it because the creams are white, not green or pink," Klein said.

"The most common reason men come looking for something for their face is because of dry skin ... I find that men are very open to hearing about products that would work with a moisturizer, like the cleansers and face scrubs ... Maybe they're so willing because their girlfriends [nagged] them for using bar soap on their face," Klein said.

Carolyn Zicari, skincare specialist at Carolyn's Wellness Place in Mirvish Village and former registered nurse, has noticed an

increase in male clientele since she began her holistic practice in 1994.

"The skin is the largest organ of the body ... and taking care of it should be a priority," Zicari said.

"I think that men are becoming freer to discuss their health problems in general ... Times are changing and more men are getting way more involved," Zicari said.

This is important because skin conditions, like acne and rosacea, (acne-like condition of the facial skin when flushing or subtle redness appears on the cheeks, nose, chin or forehead), can worsen if left untreated.

"We heard from all kinds of beauty pros across Canada and North America who said that men are actually more vain than women ... I didn't think that was quite possible."

- Alison McGill

Zicari encourages people to use skincare products that are chemical-free.

One male who has stepped through the taboo barriers of men's cosmetics is 32-year-old tennis pro, Chris Lang, who began using a face moisturizer a year and a half ago.

"I started using Clinique lotion on my



LINDA KANG

Cosmetic companies are gearing products towards men's beauty needs.

face in the winter ... It was really dry. My girlfriend gave me one of her little bonus bottles because I was complaining so much ... I guess it didn't help [my skin] that I shower about three times a day," Lang said.

The progress that men have made shifting over to a typically feminine realm opens a whole new world to them that will keep them looking good.

McGill said men shouldn't be afraid to wear cosmetics.

"A lot of men are starting to wear things, like concealer, to even out their skin tone...There's nothing wrong with that. I always thought: isn't it a shame they feel they can't cover up a pimple because they think it's not cool to wear that kind of stuff."

Daffodil Month helps raise money for cancer

by Katy de Vries

Volunteers all over the country will pound the pavement in every city from St. Johns to Victoria this month on behalf of the Canadian Cancer Society in recognition of Daffodil Month.

Turning the calendar to April represents the Society's annual residential canvass pledge for cancer research.

Jan Walker, Etobicoke unit manager for the Canadian Cancer Society, said the eager volunteers were out in full force in Etobicoke this past weekend for the kick-off of their fundraising and awareness month.

In the Etobicoke region alone, she said, they sold more than 20,000 bouquets of daffodils at \$5 a piece, and raised \$115,000 for cancer research, community services and risk reduction programs.

"We are very excited about the

reception we have been getting so far, and for the rest of the events we have planned," Walker said.

Daffodil Month began in 1954, Walker said, when a group of women decorated with daffodils for a cancer tea. They thought the daffodil was a symbol of hope, a hope that spring was on its way. The symbol prevailed representing a hope that cancer would be beaten, and the following year an anonymous donor donated daffodils to sell. The Cancer Society has been selling them ever since.

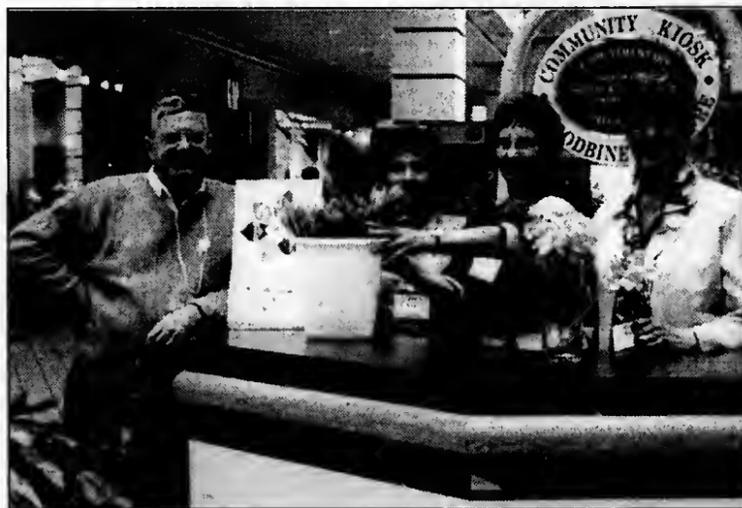
"We have recently changed our logo to incorporate the daffodil because it is a very warm symbol and it represents what we are as an organization - warm and open. Of course it is also a symbol that has become synonymous with the organization and it reinforces the hope that cancer will be beaten," Walker said.

Angie Munnick, an Etobicoke volunteer with the Canadian Cancer Society, said it's the satisfaction her hard work yields that has kept her spirits high and motivation strong for her 10 years with the Society.

"Volunteering has given me such a sense of fulfillment and happiness. I am an immigrant to Canada, and I would like to give something of myself back to the country that has been so good to me," Munnick said.

Volunteer opportunities, Walker said, range from two hours a year to several hours a month depending on how much time you have and what your skills are.

"Right now we have 2,500 volunteers in the Etobicoke unit and we always welcome more. Anything you want to do, we probably have an opportunity to do it. Everything from office assistants



KATY DE VRIES

Angie Munnick, along with others, volunteer their time selling daffodils at Woodbine Centre to help out the Canadian Cancer Society.

or heading up committees to selling daffodils or being on the council, all you have to do is call us and let us know," Walker said.

The Canadian Cancer Society is active all year, Walker said, striving to create community awareness about the comprehensive services they provide the public with.

For example, Walker said many emotional support services are available through the Society for

those coping with cancer treatment or for family and friends who are dealing with this illness.

CancerConnection is a toll free line that matches the caller with a support volunteer who has gone through a similar experience. Reach to Recovery is a similar program where the support volunteer will meet with the individual one on one. The Society also offers a Smoker's Help Line for those trying to quit.

Help give others a second chance at life

by Jody Johnson

Organ Donation Week during the last week in April promotes public awareness to help give others a second chance at life.

Judy Charles, program co-ordinator for the Media Foundation Program at Humber said, "Organ donation is the most incredible second chance at life that one can have."

Charles' son Nicholas was 10 years old when his two and half year wait for a double lung transplant came to an end. A new set of lungs meant the end of a 24 hours a day reliance on an oxygen tank.

"After three false alarms for lungs, Nicholas was devastated and really wiped out," Charles said. "When we were told that they had found a match, it was a fabulous thing. [Nicholas] was brimming with a love for life. It was a miracle."

Nicholas was diagnosed with emphysema when he was seven years old. Doctors were unaware of

the cause that Charles calls a total "fluke" and "stroke of bad luck."

Nicholas, now 18 years old recalls his life altering experience.

"It has changed my life for the better. I wouldn't be here today if it weren't for the transplant. The lung transplant has given me a whole different outlook on life."

"Organ donation not only saves lives, but it improves the quality of someone's life. You can't argue about that."

- Gary Cooper

But not all families are as lucky. According to Gary Cooper, the executive director of Organ Donation Ontario, "1,500 to 1,600 people are on the waiting list for suitable organs or tissue. Even scarier is the fact that 25-30 per cent of those people die while on the list."

Cooper said, "Right now there are only 14 to 15 donations per million people in Canada. Donations

are decreasing every day."

One way to increase these numbers, and in turn save lives, is by promoting organ donation and its successes.

Kate Abbott, Information and Resources Consultant for the Multi Organ Transplant program at London Health Sciences Centre in London, Ontario said, "Canada has a very low donation rate despite our very good health care system."

Abbott believes there should be a greater public awareness of the need for organ donation. "We need to move toward a greater awareness of not only organ donation itself, but also the successes of organ donation. Once people are aware of this, they may want to be a donor."

Cooper said, "The birth of organ donation week has done wonders for the promotion of organ donation."

However, the most important way that people can take a role in promoting organ donation is by



COURTESY

discussing it with their family.

"People should be encouraged to discuss organ donation with their friends and family," Abbott said. "Talking about it is the most important way to actively promote organ donation."

Discussing your wishes to be an organ donor with your family is especially important because it is your family that makes the final decision.

"The law states that if you have signed a donor card, you make the decision," Cooper said. "However, the law also states that if you die, your family can withdraw your

donor card if they for any reason feel that you might have changed your mind or if they disagree with your decision to be a donor."

Cooper said the family is always asked before organs are donated. "They do have the right to overrule your decision. That is why it is so crucial to discuss your wishes with your family beforehand."

Overall, donating an organ is an important issue and means a great deal to many people.

"Organ donation not only saves lives, but it improves the quality of someone's life. You can't argue about that," Cooper said.

Find the right solution for hair removal

by Tina Birak

The first signs of spring have sprung, - people are shedding clothes, weight and unwanted body hair.

Bina Mistry, Law student at York University said, "I hate having hair, it's extremely unfeminine and it makes me self-conscious. And hair is just one of those things that has been shunned, historically."

Whether it's hair on your upper lip, eyebrows, cheeks, chin, arms, bikini line, back

or legs, there are a lot of tough choices and getting rid of hair can be a sticky situation.

Dr. Marvin Clever, a Mississauga dermatologist said getting rid of unwanted hair could have side effects. "Let's say wax, for example, you can get ingrown hairs so it gives you something like pimples. If you're using Neet or Nair, the chemicals, they can burn the skin. And if you're using electrolysis, and it's not done properly, you can actually get marks or even small scars on the skin."

Mistry agrees, "I don't like waxing body hair because of ingrowns but I like electrolysis because I know it works."

Although she's experienced hyper pigmentation because of her dark complexion and she still finds electrolysis painful, after four years of infrequent treatment, she maintains, "It's worth it."

People can choose from four core techniques for removing unwanted hair, including, shaving, waxing, electrolysis and laser treatment.

Stephanie Narday, esthetician at Caryl Baker Visage, Bramalea City Centre said "No razor, because that'll leave stubble, rashes, and you'll get irritation. And the hair will grow back in a day."

Razors provide very short-term relief but remain the cheapest method. Narday doesn't promote shaving and recommends those on a budget should consider waxing.

"If someone wants temporary removal, then wax it, but if they want permanent [hair removal] then electrolysis is actually cheaper in the long run," Narday said.

At Caryl Baker waxing your eyebrows, lip or chin will cost \$10 each area, and a bikini wax is \$25.

Liza Rocha, a Brampton based esthetician, recommends electrolysis over waxing. "Electrolysis is a permanent hair removal but you've got to give it time because you have to kill the follicle and it depends on the area."

Electrolysis will cost about one dollar per minute. Depending on the coarseness of the

hair, treatment is roughly 20 minutes per week for two months, followed by shorter sessions depending on after growth.

Dr. Clever recommends laser treatment, as an option for hair removal. "The only trouble is it's so damn expensive." The treatment starts at \$1,000 depending on the specific area.

He also warns men and women about fly-by-night laser clinics. "A lot of people have had little or no training and they go into business to make a fast dollar. And apparently, there are a lot of beauty parlors that will say they can remove the hair with laser and I really don't know what the devil they're doing, but I know darn well it isn't proper laser."

Dr. Clever and Narday stress the importance to consult a doctor or check out the hair removal clinic beforehand and make sure you're in good hands.

Dr. Clever said the newest thing in removing hair is a cream called Vaniqa that will likely be available in the next year. It isn't known how it will affect the skin yet, but it will likely be cheaper than laser treatment.

"From what I hear from the company that's making it, it's relatively safe. But it's still something new so we haven't got too much experience with it," Dr. Clever said.

Hair removal can be a long, painful process, Mistry said. "Everybody is very different so what works for one person doesn't work for everyone. So you have to be careful or things can get really screwed up."



TINA BIRAK

Stephanie Narday, an esthetician at Caryl Baker Visage, performs waxing on clients who want to get rid of unwanted hair from their eyebrows, upper lip and cheeks.

Laughing all the way to the top

by Drew Harmer

The Humber School of Comedy has spawned two nominees for the "Pretty Funny Newcomer" at the Canadian Comedy Awards this year.

Ryan Belleville and Nikki Payne have been practicing their humour for years now. Winning the "Newcomer" award could be their biggest break yet.

"The guy who won last year, Wade McElwain, got a new TV show *Gutter Ball Alley*," said Tim Progosh, co-founder (along with Chas Hay) of the Canadian Comedy Awards.

"Ron James won best male comic last year and has been selling out shows across Canada just by advertising his award."

Progosh is returning as executive producer for the second annual Comedy Awards. "It's a big responsibility, more than I asked for. I didn't think people would take the awards so seriously. Now we have a reputation to live up to," he said.

Since the Humber School of Comedy joined the board of advisors for the show, Progosh is optimistic about the future. "It's great to have



COURTESY

Ryan Belleville is now laughing his way to the top.

Humber on the board. It's important to establish links to much younger people instead of just talent scouting at clubs and bars," he said.

"Students from Humber can now see for themselves where their comedy can take them."

Ryan Belleville has been doing comedy for the past six years. "I thought the program at Humber

could broaden my horizons as a performer," Belleville said.

"I was lucky in the past, I had a regular facility [the Loose Moose Theatre Company] in Calgary to perform at so I got a lot of stage time."

Belleville now performs between two and seven times a week at various spots in Toronto, including Yuk Yuk's, The Laugh Resort and the Oasis.

On April 20, he'll be competing in the Homegrown Comedy Challenge at Hamilton Place, and for the month of May, he'll be working on a show for YTV called *Uh Oh*.

Although he's working hard, Belleville doesn't like his chances at the awards show.

"No, I don't think I'll win. But you know, I'll probably be so tanked by the time my award comes up that I won't even care."

Nikki Payne has already tasted success. She's performed on *Open Mike with Mike Bullard* and WTN's *She's So Funny*. Just recently she won Yuk Yuk's Search for Canada's Funniest New Comic.

Payne said she started her comedy as part of a work release program.

"I was in a woman's prison for many years because I'm a crack whore." All joking aside, Payne said, "Now I pretty much live at Yuk Yuk's."



COURTESY

Nikki Payne can be seen performing live on stage at Yuk Yuk's in Toronto.

The way she describes her comedy is intriguing, "I hump things a lot, it's observational humour. I observe things and then I hump them."

Besides Belleville and Payne, Gary Pearson, a comedy teacher at Humber has also been nominated along with the rest of his improv troupe "The Chumps."

Aside from Humber's three representatives, more than 400 other

nominees, celebrities and special guests who attend the pre-party at The Government will be dining on food provided by the Humber HRT Alliance culinary program.

Five faculty members and 25 students will prepare the food on campus before transporting it to the party venue.

The menu includes pork tenderloin wrapped in chicken mouselline, ostrich emince served with a julienne of vegetables on pancetta, gazpacho verde and other scrumptious delicacies.

Humber's involvement at the Canadian Comedy Awards doesn't stop there. Wearing their newly outfitted chef jackets, 25 hospitality management students will be serving the food at the party.

With the three nominees, the seat on the board of advisors and the food preparation and service, Humber College is playing a lead role at this year's awards show.

The Canadian Comedy Awards will be broadcast on The Comedy Network on Sunday, April 22 at 9 p.m., and on CTV, Saturday April 28 at midnight.

Sunrise Records spins a new style on sound

It's the little record store that could. Despite serious competition, Sunrise Records has taken matters into its own hands with "Sunrise Live", which features up-and-coming bands performing live inside the store.

by Lauren Ferranti

You may remember the scene in the movie *Empire Records* where the store is abuzz and the employees are rushing around. Rex Manning, the hunky music star, is coming to the store.

This scene bears a strong resemblance to the goings on at another record store a bit closer to home.

Sunrise Records on Yonge Street is really glowing these days. Their newly appointed Sunrise Live shows have staff, customers and local bands alike quite excited.

Sunrise Live has been featuring in-store live shows for the past month, giving Toronto's independent bands a chance to shine, if only for a few hours. The live shows have become a fixture in the store and have made manager Tim Armstrong the pioneer of a new old idea.

"The idea has always been there, I didn't invent the wheel," Armstrong said.

"We work in a record store. It's the coolest job anyone could want. And to compensate for any fringe benefits you don't get, you get to listen to really cool music all day,

you get to be exposed to music you would never have listened to before and there should be stuff going on!" Armstrong said.

"I'm trying to get it back to being about the music."

-Tim Armstrong

Sunrise Live shows are open to all kinds of bands and music. The band in question must either have a CD to sell or an upcoming gig to promote. Last month, Sunrise Records played host to punk bands, a pop band and a jazz trio.

"We sell the product anyway, I'd be stupid not to cater or to just group all my people in one genre of music," Armstrong said.

The beauty of Sunrise Live is that it's not a money-making scheme for the store, but rather a wonderfully balanced trade-off where both partners can smile.

"I'm giving [bands] the exposure and opening their product out to people who may have never listened to it before, may never have had a reason to, and at the same time they're helping me to create a buzz for my company, so



LAUREN FERRANTI

Sunrise Records is nestled among its competition downtown.

we're really helping each other out," Armstrong said.

Sunrise faces major competition across the street, on both sides, from Sam's and HMV. Armstrong's little store is now creating abuzz with live music feeding out into the street, into the ears of window shoppers who are now walking in.

"Bottom line is it's all about the music. Record stores, somewhere along the line, became a business and that's when it wasn't about the music anymore, it became about

the money. I'm trying to get it back to being about the music," Armstrong said.

Sunrise Live will run shows through the summer until October.

There is still room left for summer shows but space is going fast. Drop into Sunrise Records on Yonge Street, just north of Dundas Street.

For more information or e-mail Tim Armstrong, the manager/promoter/booker of the store at timarm336@hotmail.com.



LAUREN FERRANTI

Tim Armstrong is the manager at Sunrise on Yonge Street.

Bizzartifacts *et cetera*

Your Easter horoscope: This Sunday, don't be surprised if a rabbit runs around your home leaving little brown things under the furniture. As gross as it sounds, they might actually taste good!

So... where did the Easter Bunny come from?

with files from Julie Bell

The Easter Bunny has its origin in pre-Christian fertility lore. The hare and the rabbit were the most fertile animals known and they served as symbols of the new life during the Spring season.

The bunny as an Easter symbol seems to have its origins in 15th-century German writings. The first edible Easter bunnies, made of pastry and sugar, were made in Germany during the early 1800s.

The Easter Bunny was introduced to American folklore by the German settlers who arrived in the Pennsylvania Dutch country during the 1700s. The arrival of "Oschter Haws" was considered "childhood's greatest pleasure" next to a visit from Christ-Kindel on Christmas Eve. The children believed that if they were good the bunny would lay a nest of coloured eggs.

The children would build their nest in a secluded place in the home, the barn, or the garden. Boys would use their caps and girls their bonnets to make the nests. The use of elaborate Easter baskets would come later as the tradition of the Easter bunny spread throughout the country.

Top 10 reasons why the Easter bunny won't be delivering to rez this year

by Julie Bell

10. He can't get into the R building because the elevators are broken.
9. He's afraid they'll serve him for dinner in the cafeteria.
8. He's seen the toilets.
7. There's nobody to sign him in at front desk, and he's already had enough break and enter charges with the police.
6. Last year we left him cafeteria carrots.
5. He knows what you did last Thursday night.
4. We don't sleep long enough for him to visit.
3. No more money + TV + no cable = we need rabbit ear antennas to watch TV...
2. Empty meal cards mean hungry bellies... mmm rabbit...
1. He doesn't exist (it was news to me, too.)



NANTALI INDONGO

Meet the editors: Back: Cameron French, Alison Taylor, Carlo Corbo, Sean O'Hara, Mark Bennett. Middle: Brian Pascual, Deslyn Diaram, Katherine Jackson, Terri Arnott, Pamela Goldfricht, Stephanie Hess, Jenn Cochrane. Front: Melanie Irvine, Jennifer Zalitack, Saadia Hussain, Steve Chester

Thank you

The Et Cetera may not be a big paper, but to the people who put it out, it's certainly a big deal. The lights in the newsroom stay on late into Wednesday nights, but by the time we stumble out into the cold night air, we know we've put everything we have into what we hope is a good publication. But we don't do it without help. We the editors would like to thank:

Chris Vernon, whose eye for copy is as sharp as his tongue.

Brian Pascual, whose talents for cartooning often overshadow his mastery of newsroom software.

Terri Arnott, who has been running the paper since Michael Jackson was still black, and can remember almost every student who's ever walked through the door by name. Within the Canadian journalism industry, she is owed more favours than don Corleone.

And of course, we wish to thank you, the readers, who not only validate our existence but act as a safety net, assuring by your attention that we try to reach the high standards that we hope we sometimes reach.



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