

LS1 Union member resigns

by Lynne Fitzgerald

The Activities Co-ordinator of Lakeshore 1 Student Union (SU), Paul Caldwell, resigned last Wednesday due to what he termed a conflict between school and SU duties.

The resignation came after Caldwell saw his plans for an SU newsletter brought to fruition several weeks ago.

"I resigned for various reasons," he said. "Mainly I felt that what should or could be done within the SU wasn't being done."

Caldwell alluded to a lack of co-operation and teamwork within the Union and believes the SU had regressed from the level of output which it was able to attain last year.

"We have the addition of this \$200,000 centre," he stressed,

"and we could and should have done better to promote it... You can have the best product in the world and if you don't market it well, it won't sell."

The former Activities Co-ordinator said he also believes he was "getting dumped on" by other members of the SU and was

therefore carrying an unusually heavy workload.

Results of the additional work, he says, have caused missed classes, late assignments, postponed tests and marks which "went down the tubes."

"The straw that broke the camel's back was that I had mis-

sed so many classes that the teachers just weren't giving me any more breaks. Their feeling was 'You go play with the Student Union, and come back next year to go to school.'"

Caldwell maintained he carried more than his share of the SU load but did so only out of necessity.

"There was a general lack of leadership qualities and roles, and we didn't act as a team... I had a lot of ideas... and a conception of what should be done, but it was just too much. I gave the most."

The resignation caused the cancellation of the Friday night pub which was to be held Feb. 5 as well as tomorrow's pub—Caldwell usually handled that activity.

In addition to what he sees as a forthcoming decline in SU services, Caldwell said he feels the new SU newsletter will be short lived.

But, he added, given the lack of support from both teachers and SU members, he was left little alternative.

"My job just didn't justify missing all those classes."

At press time, SU President Pam Herndl was unavailable for comment.

LAKESHORE Coven

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February 8, 1982

HUMBER COLLEGE OF APPLIED ARTS AND TECHNOLOGY



PHOTO BY DEB LANG

Opening ceremony—Board of Governors Chairman Ivy Glover officially opened the new Student Union Centre at Lakeshore 1 on Friday, Jan. 29. The ribbon-cutting ceremony was attended by Gordon Wragg, the Board of Governors and SAC.

Protest week Coming

by Glenn Hendry

The Ontario Federation of Students (OFS) is calling for a province-wide boycott of classes on March 11 in conjunction with the Canadian Federation of Students' National Week of Protest, March 8-12.

Joe Gauci, Students Association Council (SAC) President and OFS services representative, says SAC will be starting a campaign part-and-parcel with the OFS.

"We have our own problems to deal with."

According to Gauci there are two issues at stake: one which affects the entire post-secondary education system—from lack of funding to better quality of education—and one which deals primarily with the colleges.

"When we talk about the colleges, we have our own problems to deal with," he said. "They are, very simply, the extension of the academic year and the change in governmental priorities."

"The best example of this is the Theatre and Metal Arts issue."

Barb Taylor, chairperson of the OFS, said students do not want to be the losers in a federal—provincial football game of cutbacks.

"We're determined to fight back against these cynical and short-sighted policies," she said.

Gauci said the SAC/OFS campaign could include forums, sit-ins, pickets, occupations of classes and boycotts.

"The government policy of cutbacks is short-sighted."

"We are in a time when students are going to have to stand up, not only for their rights, but also for the rights of society which should demand graduates from a high-quality system capable of servicing the variety of needs society has," he said.

"The government policy of cutbacks and shifting priorities is short-sighted because it does not address society's needs for the future."

New Student Centre now open

by Deb Lang

All of Humber College got in on the act to make the opening of the Lakeshore 1 Student Union (SU) Centre a success last week.

The Centre opened its doors to the campus community on Jan. 29 after a ribbon-cutting ceremony.

Attending the opening was College President Gordon Wragg, the Board of Governors (BOG), the Students Association Council (SAC), past and present SU presidents, and many other Humber dignitaries.

"You can no longer think your Student Union cannot do anything for you," said John Fabrizio, an SU past president.

"It's going to take a lot of work and co-operation," said Paul Caldwell, then SU Activities Co-ordinator Paul Caldwell.

Assistance came from BOG,

which donated the building, SAC, who supported SU with a \$3,000 booster, and from the Cabinet Making students who built the chair frames and benches in the quiet lounge and games room.

"It has taken a lot of hard work but it has been worth it," said SU President Pam Herndl.

According to the Student Affairs Officer, Pat Stocks, many people approached her with discouraging thoughts about the success of the Centre.

"They said it would never work, and when they did see the final product, they were more than impressed."

Past Executive Chairperson, Judy Higgs, said she can recall when SU was a "cage downstairs."

"It really was awful. It was John, last year's president, who proposed and pushed the ideas for the Centre," she said.

The Centre was built to improve relationships among students and faculty.

"Friendships are enhanced by this kind of facility," said Wragg. "I'm more than proud of this."

The Centre offers a games room which contains ping-pong tables, pool tables, pinball machines, backgammon and chess games.

The main office contains offices and desks for SU members and is staffed by a secretary.

"No doubt, the Student Union will progress at an ever-faster rate," said Herndl.

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CLIP AND SAVE

Cutbacks hit Humber library

by Donna Bishop

Financial cutbacks this year have hit Humber's booking service the hardest, said Supervisor of Humber's booking service, Kelley Jenkins.

The booking service is used by students and faculty to book out audio-visual equipment such as film projectors, tape recorders, cameras, video tapes and films.

The budget for supplies has fallen from \$20,000 last year to \$3,000 this year—a dramatic drop of \$17,000.

Shoe-string budget

"If we want the operation to run as it should, we have to operate with more than a shoe-string budget," he said.

According to Jenkins, the maintenance budget for repairs is only \$6,000 this year and with the expansion of lakeshore campuses, most of the money goes toward equipment there.

Humber's north and lakeshore campuses are understaffed, said Jenkins. Each campus could use one more full-time employee.

"If these problems aren't enough...four 35 mm cameras and three to four lenses have gone missing and (we have) no idea of where they went."

Jenkins said, the quality of equipment is bad because this year's cutbacks have made it difficult not only to replace equipment but to keep the equipment in service.

According to Jenkins, \$50,000 is needed to run an efficient operation every year but he predicts the budget renewal (which comes in March) will be the same as this year.

You said it

This week, Coven asked What do you think of the idea of extending the school year into May?

Shawn Williams,
Second-year Public Relations—

"I think it would be a drag. For me, living away from home, it means a month of wages lost. I think it would be a real kick in the groin."

Bill Quinney,
Second-year Graphic Arts—

"Looking for jobs is hard enough when we finish in April."

Andy Meyer,
Second-year Graphic Arts—

"It means a longer time in here, instead of out there looking for a job."



Dana Winters,
Second-year Hotel and Restaurant Administration—

"It screws up our summer job search. It doesn't make sense."

Louise Reid,
First-year Mental Retardation Counselling—

"We're on field placement for five months, from January, so it doesn't affect us."

No library budget changes in 15 yrs.

By Donna Bishop

In 1967 the budget for Humber's library was approximately \$80,000. Today, 15 years later, the budget is still \$80,000.

Chief Librarian, Audrey Mac-

lellan blames the government for not considering Humber's growth in numbers and the diversity of courses when coming up with Humber's budget.

Maclellan sites inflation and the diminishing dollar as other factors affecting the low budget for this year.

Since August, said Maclellan, there have not been any new books ordered.

"I should order now for September" but hesitates to do so because she does not know what to expect for next year's budget.

The next school year budget comes out this March.

Yearly subscriptions for magazines have increased 40 per cent and hard-cover books have increased between 18-20 per cent she said.

"How do you stretch your money? I really don't know."

Maclellan said she will cut marginal costs, which can be very difficult, and discuss, with the faculty, the dilemma she is faced with—"supplying the library with current well-stocked shelves."



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Engineered Air	Electrical Control, R.A.C. Manufacturing Tn. & Tg.	Tues., Feb. 9	Permanent	North Campus	Mon., March 15
Prudential Insurance	Business Admin., Marketing General Business	Wed., Feb. 10	Permanent	North Campus	Wed., March 10
The Co-Operators	Business Admin., Marketing General Business	Wed., Feb. 10	Permanent	North Campus	Mon., Feb. 22
Cassidy's	Hospitality Mgt., Marketing	Mon., Feb. 15	Permanent	North Campus	To be arranged
Jasper Park Lodge	ALL PROGRAMS	Mon., Feb. 15	Summer	To be arranged	To be arranged

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Centre opens to applause

Lakeshore SU past-president John Fabrizio and current SU president Pam Herndl (above) attended the grand opening of the new LS1 Student Union centre Friday, Jan. 29. And the band played on (below)...



Comment

Drinker gets no respect

by Dave Silburt

Friday, 2:32 p.m. Thirsty. Put paper to bed; no more work today. Gotta get a drink.

3:08 p.m. Arrive at Spats. Play one video game. Sit down. Wait.

3:44 p.m. Still waiting. Move to bar. Very Thirsty.

3:58 p.m. Still waiting at bar. Disgusted. Other people in Spats; drinking. One bartender. Being ignored.

4:02 p.m. Leave to return to Humber. Maybe CAPS is open.

Thirsty.



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CONGRATULATIONS



President-elect
John Marcocchio

Vice-President elect
Richard Saliwonczyk

SAC congratulates the 1982-83 president-elect John Marcocchio, 2nd year Solar Technology student, and Vice-President elect Richard Saliwonczyk.

We hope they will have a successful year.

EXTENDED YEAR

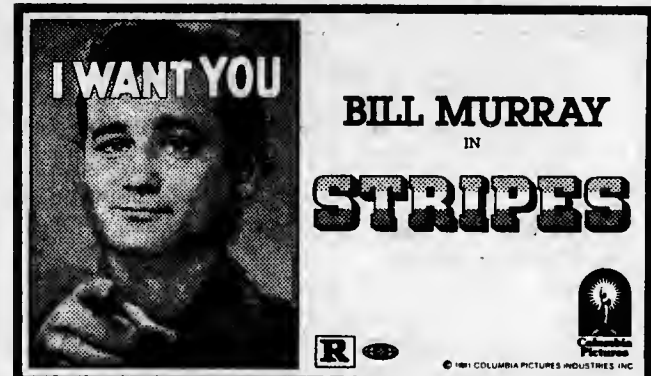
The administration has proposed to extend the Academic year to the middle of May. Your Students Association Council sees this extension as an unnecessary action, one which could cost you more than \$400.

To be effective in our action we need your support. SAC has an Anti-Cutback Committee to develop a means of showing student opposition to any form of cutback.

The extended year will be discussed at the Tuesday Feb. 9 SAC meeting beginning at 6:15.

For more information come to the SAC office.

FOR ALL YOU MOVIE GOERS: FLASH FLICKS Presents:



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STARTS
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Coven

Publisher: J. I. Smith, Co-ordinator, Journalism Program
Humber College of Applied Arts and Technology
205 Humber College Blvd., Rexdale, Ont. M9W 5L7
Established 1971

Devil's instrument

Let all doubt be dispelled at once: Rock music is definitely the instrument of the Devil.

We have it straight from Brigadier-General James Dozier that during his ordeal at the hands of the Red Brigades, his captors constantly listened to rock music.

In last week's Coven, we were told by a contemporary Christian named Dave Spencer (not Humber's radio broadcasting instructor of the same name) that modern rock promotes self-destructive values and a lack of morality.

The Moral Majority (which is neither moral nor in the majority) is out to save our souls whether we like it or not, and have repeatedly told us rock 'n roll is the preaching of Satan himself.

If the sight of Alice Cooper's ghoulish antics or the Rocky Horror show didn't prove it, the sight of KISS guitarist Gene Simmons, prancing, leering and belching fire and blood, should have made it abundantly clear.

And now we have it directly from a NATO general: Bad guys listen to rock music.

So if you want to be good, discard the music of Lucifer, Asmodeus, Beelzebub and Frank 'n Furter. History—such as the Crusades and the Inquisition—teaches us how to deal with those who refuse the new piety.

Does that sound blasphemous? Perhaps it is. But what do you expect from a newspaper called Coven?

Things change

1967 was a good year; Canada was celebrating her 100th birthday with Expo '67, most people admired Pierre Trudeau and Humber's library was given \$80,000 to operate.

Things have changed in the past 15 years. Canada is older, Mr. Trudeau is not as revered, but Humber's library was still given only \$80,000 to operate.

If we take inflation into account, it means our library is receiving less money than it did 15 years ago.

That's correct, less money at a time when we have the largest number of students ever enrolled here.

Less money when books and magazine prices are skyrocketing; less money when we have a proliferation of new courses which call for new books.

Surely something doesn't make sense.

Was our library given excessive funds in its early days? We doubt it. The slow strangulation of this vital college resource is rooted in Provincial Government cutbacks.

Another victim of the monetary squeeze is the booking department, which just had its budget slashed by 80 per cent. The culprit again: Government cutbacks.

Government cutbacks are one thing when it means changing to a less expensive toilet paper, but when it means limiting the tools students need to adequately build their education, it's a completely different story.

The question we face is this: Do students deserve the best, or do we struggle along without the vital back-up support systems?

If students aren't suffering already from the lack of adequate support systems, they soon will be.

And once the back-up teaching services are cut as far as they can be, what comes next? Will it be courses or teachers or...?

Humber has some of the best teachers and students in Ontario; it's a shame we soon won't be able to say the same about their support systems.

COVEN, an independent college newspaper, is produced twice-weekly by the students of the Journalism Department.

675-3111 ext. 513, 514

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Speak Easy



by Audrey Green

Hack, hack, cough, cough, hold on lungs you're gonna get better.

Let me explain. I'm giving up smoking (for the umpteenth time) and trying to rejuvenate my black lungs.

The time has come for me to once more enter the ultimate endurance test. I can see it already; my life passes before my eyes as I have frequent nicotine fits and hot and cold flash attacks. I'll also find myself chewing my nails down to the quick and pulling my hair out strand by strand.

I'm getting cold feet already but I must give it more time—it's only been five minutes and I'm drooling already.

My good old friends (their words, not mine) have encouraged this endeavor by sending me on a guilt trip. You must know how the story goes: You're going to die by the time you're 25 and you're lungs will shrivel into one semisolid black blob of goo.

It's tough being a smoker when you can't even walk up a flight of stairs without the need for mouth-to-mouth resuscitation (mind you, that mouth-to-mouth business can be fun) and you find how dependent you are on those cancer sticks when it's five minutes before a test and you've just smoked a pack and a half due to nerves.

Some people (who happen not to smoke) say it's easy to give up such a disgusting habit, but I think trying to quit will kill me faster than if I continue to puff.

Understand, it all started years ago when a girlfriend said, "try it; you'll like it." Back then, smoking was hip and when you smoked you became a "cool" member of the gang.

I still remember that first puff. The putrid fumes made me choke so loudly my friend was forced to cover my face with a pillow to prevent her mother hearing me. She pressed the pillow with such ferocity, she nearly suffocated me.

Looking back, I wonder why I was so stupid. Instead of smoking, I could have taken up basket-weaving or something else that had some form of worldly value.

I find though, when the time actually comes to butt that last cigarette into the ash tray, it's like pulling away the security blanket.

Rough times are ahead when I must battle the tough pressures of journalism without my regular morning coffee and cigarette.

Hack, hack, cough, cough. Hang on lungs we're on the road to recovery.

Sexist ads degrading newspaper

Firstly, I would like to commend all of you on putting together a usually interesting, factual and respectable newspaper. However, in the past few Coven papers there have been a few advertisements that are not in keeping with the usual high standard of Humber's Coven.

I find the first ad (a Julius Schmid ad for Sheiks in Dec. 10 issue) distasteful. Such ads are not accepted by newspapers such as the Toronto Star or Globe and Mail. Perhaps these newspapers do not assume that all of their readers need to read such ads. Are college women easier than women of the general public? One has to wonder why such an ad is so important to run in a College paper.

The second ad, a Monarch Tavern ad which shows very exposing pictures of women are not the kind of ads that some of the students of Humber want to support. And who cares if Mr. Tease is at the Monarch every Saturday.

I, and I'm sure many others enjoy reading your interesting articles. I realize too, that ads make it financially possible to print a paper with these articles, however, don't insult us with distasteful ads that are not representative of everyone's lifestyle.

Get back to creating a paper of high standard that is truly representative of Humber's talented Journalism students.

Thersea Coyne
Second-year child care worker

If you read your Star or Globe carefully, you will see they do runs ads for male contraceptive devices. Julius Schmid is a reputable pharmaceutical firm. Condoms manufactured by lesser-known companies are for sale from vending machines located in most men's washrooms at Humber College.

—Ed.

Courtly love — chivalry survives

by Anne-Marie Demore

The days of knights in shining armor, chivalry, and courtly love are not gone forever.

The Society for Creative Anachronism wants to keep the High Middle Ages alive, amid the hustle and bustle of the 20th century.

"The Society is designed to re-create medieval times and principles. Principles such as courtesy and courtly love. All the good things—leaving out plagues, inquisitions, rotten meat and fleas," says third-year Theatre Arts student Len Heidebrecht, a society member for about a year.

"The Society means a use of imagination, not an escape," says Heidebrecht. "We're not hiding from anything. It's something completely different."

"You research a piece of history and live that history as well as have a good time," he adds.

To be a creative anachronistic, a society member chooses a persona, or alter ego.

The persona is who you would have been, or wanted to be, or tried and hoped to be, in any culture, country, or time before 1650.

The reason for a cutoff date of 1650 is because by that time romance and romantics were a dying breed, according to the society.

Members dress and behave as much like their personas as possible, and are not limited to Western cultures: Heidebrecht is a 12th century German with no land and no responsibilities.

The persona, a mercenary, is called Lothar VonWulfing.

"I'm here for a good time and the money," laughs Heidebrecht.

A member takes on his persona at meetings and at monthly feasts, called 'revels,' attended by about 100 guests (not necessarily members).

A revel involves a meal of at least five 'removes'; Each remove is the equivalent of a full meal. Guests dine on an array of authentic—and palatable—dishes of the period. Between each remove, the society



PHOTO BY ANNE-MARIE DEMORE

Take that—Creative anachronist Len Heidebrecht defends his anachronistic principles against the sword of Lord Charles d'Arnaud. But don't worry about the violence—they're joust kidding.

offers entertainment in the form of jugglers, harpists, plays and speeches. A tournament, or fight, is also held.

The tournaments re-create medieval styles of fighting on foot; there's no jousting as yet. Armor and a helmet as well as the weapons are designed as authentically as possible and are made by the fighters, although they can be purchased.

Replica weapons, made of rattan, include swords, maces, axes and shields. The weapons are wrapped in silver tape, to add realism.

There are fighting practices every Friday at the University of Toronto's Graduate Student Union Centre.

"We're not just whacking at each other with swords," he adds. "It's also possible to study the arts."

The arts of the period include calligraphy, silversmithing, jewelerymaking, armoring, tailoring and costuming. All are done in the style of the High Middle Ages.

The society has guilds for many of the arts and crafts, and it's possible to become a master (or mistress) of a selected area, and teach other society members the craft.

Once a year, University of the Bear takes place. It's a full day of classes in the arts. Society members are introduced to different arts and then work on them on their own time. Once proficient, they can become apprentices to the Master or Mistress, or a Deputy Mistress.

One class taught at U of B is called Wenching, 01.

"It's a class, for men and women, on how to be a proper wench and how to go about wenching," says Heidebrecht.

"The idea is to have a good time without getting too serious."

In a more serious vein is Sword Making, and its offshoot, Armoring—the making of leather and steel armor.

The society was started in Berkeley, California, back in

1966. By 1969 there were groups in New York, Chicago and Phoenix, which became the foundations for kingdoms.

There are three kingdoms in what the Society calls the Known World (North America): The East, Middle and West Kingdoms have a combined population of approximately 4,500 paid members.

"Once a King, always a King, but once a Knight is enough."

A member "officially exists" after becoming a Ward of Arms, then moves up to Squire and to a Knight, to learn the tricks of a trade. It possible to be knighted only by a knight, according to the rules.

Sometimes members become administrators, or Barons, but this is not necessary before taking the next step to

Crown Attorney and, after six months, King.

After being a King you become a Count, and if a King several times, one becomes a Duke. (But as one may point out, 'Once a King, always a King, but once a Knight is enough.')

The kingdoms are broken into Baronies. Ontario, in the middle Kingdom, is one barony, known as Septentria meaning seven stars. Baronies are sub-divided into cantons. The canton of Noerlanda consists of the boroughs of Toronto, and meets every other Monday at York University.

Heidebrecht would also like to see a society started at Humber.

For a club to receive a charter at Humber, it must have at least five members.

Romantics and dreamers of the '80's who want to joust merrily with the Society for Creative Anachronism, can call 741-0742.

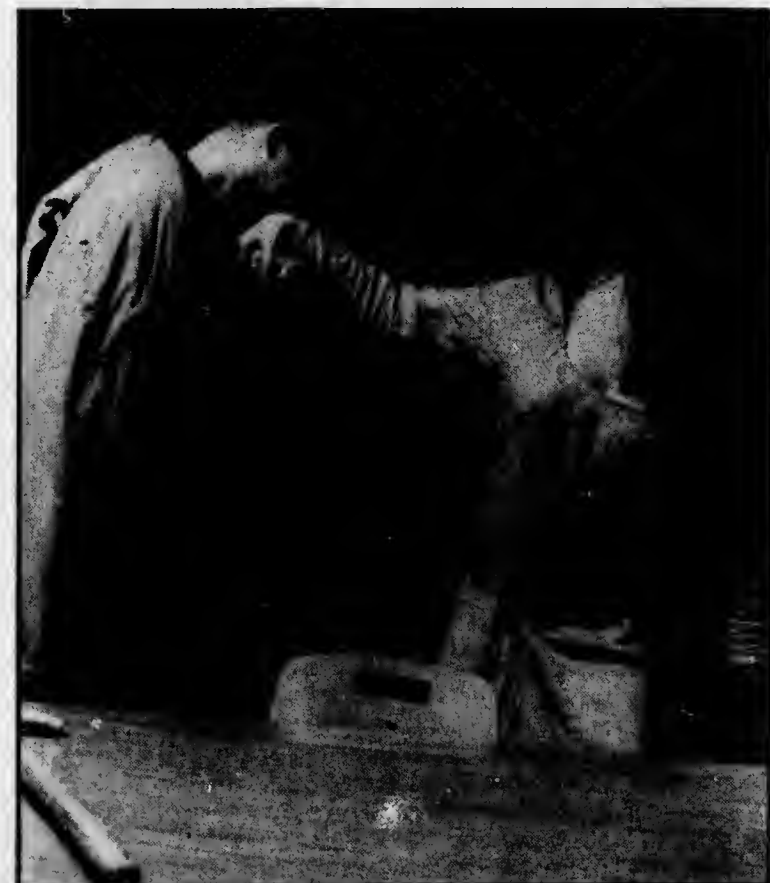


PHOTO BY ANNE-MARIE DEMORE

To the victor go the spoils—And the Lady Emelye of Greygarth looks thoroughly spoiled by the victorious Heidebrecht, who fought for her honor. Gadzooks!

Humber singles soul searching

by MaryLou Bernardo

The majority of Humber students range in age from 18 to 25.

Humber's bachelors and bachelorettes are, at this stage of the game, in the midst of the crucial soul-searching process called 'being single.' Writer J.L. Barkas, author of the book 'Single In America' says "the single years may be those from 18 until the first marriage, those between a divorce and a second marriage or those years after the death of a spouse...singleness may last from the early years or as a recurring condition of varying durations."

Recently some of Humber's Cinematography students were pulled away from their cameras and asked about the pros and cons of singledom.

Sam Mollame, 23, says, "the best thing about being single is that you can date different people...the worst part of it is being rejected by women."

"As a single," quips 21-year-old Randy Barlett, "I don't have to worry about the condition of my apartment. I can go to a movie without catering to others' movie wishes. The worst thing about being single is the loneliness."

Steve Cohen, author of the magazine article 'The Pleasures and Perils of Being Single' states "that the most pervasive myth about the eligible bachelor is that he wants to remain eligible as long as possible...the second most obnoxious myth is that his ambition is defined by the prospect of financial reward alone."

"The worst thing about being single is waking up alone," adds 20-year-old Cheryl Wasserman. "But the best thing is, you don't have to tell anyone where you're going."

According to Barkas, the concept of 'Singleness' as a lifestyle statement, blossomed in the 1970's. The reason has been clearly etched throughout the decades... "in the forties there was an increase in the number of those starting families. The fifties glorified the family, the housewife with children...the sixties was an era of protest, drug experimentation and political commitment..." he says.

"The best thing about being single is not being committed to anyone, and doing anything you want to," says 21-year-old Maria Campanaro, "but the worst part...is having no one to tell your problems to."

The seventies displayed an era of people who were no longer in a rush to get married—people who were divorced and remained single and people who decided to remain single after the death of their spouse.

Barkas reports that singles, the 18-year-old and up, increased in the United States by over 12 million during the seventies.

Much of that growth can be attributed to the role of the media. The singles life-style has been packaged well, and advertised to death...whether it be Club Med Single's vacations or single soup servings, the message has been clearly stated. For example, many a magazine has been filled with, creatively persuasive dreams of the 'single' advantage, such as "this woman isn't going to marry the boy next door...Ski singles' or 'Singles apply only."

Singleness, like any other state, has its ups and downs, but the decision to carve out a single lifestyle has now been accepted and ordained by society.

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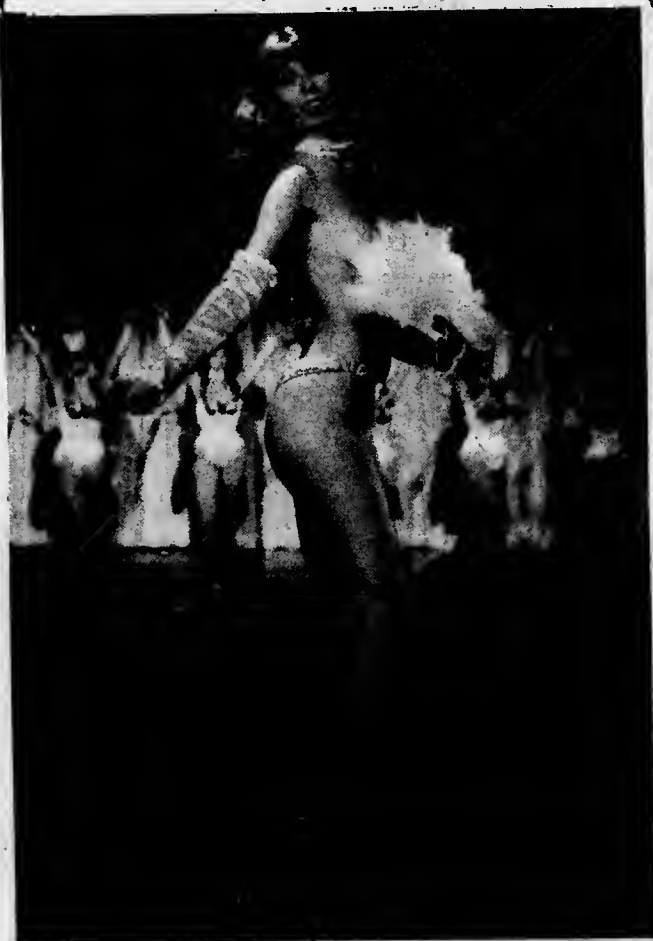
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Radio students want music pumped into the Pipe

by Wayne Karl

In an attempt to "regain the profile of their course," Humber's second-year Radio Broadcasting students are pushing to have the course's two stations piped into CAPS, representatives told Coven last week.

Don Genova and Chris Tyrovolas, both second-year radio students, are heading the group of about 25 students involved in the broadcasts of CHCR-FM and CHBR.

They feel their programs are not getting adequate exposure because they can only be heard in the Humberger for a limited time each

day, in the halls outside the station, and in the athletic centre.

"Nobody knows we exist," Genova said. "Our main objective is to get our programs into CAPS because that's where the biggest audience is. The stations were heard in CAPS last year, but for some reason they were pulled."

CAPS manager Margaret Hobbs said Student's Association Council (SAC) entertainment person Paul Borg (also a second-year radio student) has been trying to get CHCR-FM and CHBR into CAPS.

"It's possible for them to broadcast into the pub. I person-

ally don't care, it's out of my jurisdiction. The final decision is up to the Centre Committee," she said.

Genova and Tyrovolas said the quality of their course depends a great deal on the amount of exposure the radio programs receive.

"We think we have reached a degree of professionalism where we can provide an alternative to the Toronto stations (currently played in CAPS)," Genova said. "The main task of a radio station is to integrate with the community, but how can we do that when there's no one to hear us?"

"You can broadcast whatever you want if no one's listening, but if you know someone is listening you'll get better," Tyrovolas said. "We really need the feedback, or we just won't know if we are doing a good job. We want to better ourselves and... provide a better service for the college."

"If no one is listening to you, your talents are stagnating," Genova added.

If the Centre Committee (with which they will meet this Thursday) does allow CHCR-FM and CHBR to broadcast into CAPS, the format will be similar to those of some Toronto radio stations. Genova said he and another student recently became station program directors. They changed the format and will offer what they hope is, "the type of music people will listen to".

"The morning show is going to be lighter music—nothing too heavy. Besides the music, we are planning to have special material such as interviews with the bands that play CAPS. If we can get to the band before they play here, we can produce a package and, in a way, promote them. So, in that way we'd be doing some good for SAC," Genova said.

Tyrovolas said CAPS' new sound system would make ideal broadcast facilities, adding that last year's broadcasts through the old system were "horrendous."

Genova and Tyrovolas said they will aim for a two-week trial period when they present their case this week.

French restaurant for Humber

By Savka Banjac
and Donna Quartermain

Students and staff at Humber can wine and dine on delicacies like *coq au vin* and *filet mignon* soon.

Humber College is considering a proposal to build a new single story French cuisine restaurant, according to Carl Eriksen, dean of Applied Arts.

"It's a restaurant, but really a teaching lab for students in the Hotel and Restaurant Administration program and a new program called Chef de Partie," said Eriksen. "The real purpose is the fact that we have expanded the Hotel/Restaurant program in order that the students get the proper training and experience they need to serve and cook food."

According to Eriksen, another advantage is the restaurant would reduce costs.

"If we did not have the restaurant, all the food the students cook

RESTAURANT—Page 8

Lakeshore newsletter takes on advertisers

by Christine McLean

The Lakeshore Student Union (SU) Newsletter has taken on advertisers as a means of benefiting students at the Campus at no cost, according to former SU Activities Co-ordinator Paul Caldwell.

"I thought that if it's reaching a lot of students (we could) get advertising in," said Caldwell.

Entirely Caldwell's idea, if a company has something to offer the College in the way of promotional goods, these goods are donated in exchange for free advertising, according to Caldwell.

This benefits the College in three ways. Students can make use of the company's free promotional goods, the company benefits from the advertising, and the SU incurs no costs.

The SU Newsletter lists events, clubs and upcoming activities at Lakeshore Campus.

Coven thought

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Team skis to victory

by Kevin Paterson

Humber's alpine ski team has carved out two good finishes this season, the men's team capturing first place with a record score and the women's team slipping in a second place finish.

Team coach, Tom Browne, said in the first meet at Medonte on Jan. 12, the men beat seven other colleges to take this giant slalom event.

He said the men finished with 22 points, an all time low score for Ontario colleges. (The score is calculated by adding the first four men's placings together)

In individual standings, Humber's Reid Sarjeant sped into first place and Blake Farrow clocked a second place finish.

Browne said the women did not compete in the Medonte event because he was unable to field a complete team.

The second competition was hosted by Mohawk College at

Georgian Peaks on Jan. 29. Eight colleges took part.

He said the combined team finished in second place with the women's team placing second and the men's team struggling for third.

Browne added that the men's team had a bad break in the event.

"Sarjeant had a really good time but he hooked a tip on the first of the final four gates on the course and crashed out...on his second run he lost one ski," he said.

"Georgian College (which placed second) only beat us by two points...if Sarjeant had come second or third we could have done a lot better," said Browne.

He said Karen Baker was the best racer in the women's event, coming in fourth.

He said the next meet is the Ontario College Athletic Association event on Feb. 18 and 19.

"That's the one that really counts, the rest are invitational meets. It's the only one I'm really shooting for but I want to win everything anyway," he said.

Browne forecast that Centennial and Georgian College would give Humber a run for the cup. Skiing at these colleges is higher profile than at Humber.

"I've got high hopes (for the OCAA event). The women have done very well and the men's team is strong, we'll be one of the top contenders," he predicted.

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A surveying field book, with a comic sticker on the cover. It was on top of the lockers by the business and executive development office. It has all my first semester field work. If you have this book please drop it off at the information entrance of the college. Thank you.

INTRODUCTORY TALK
ECKANKAR—A Way Of Life, will hold a talk and discussion Tues., Feb. 9 7:30 to 9 p.m. in the staff lounge at Humber College Lakeshore 1 Campus, 3199 Lakeshore Blvd. West.
TOPIC: Building your future via thought forms and mental pictures. Introductory books available anytime within above hours. For further information call 676-1726.

LOST: Scarf in Business Division—F Block on Dec. 19, 1981. Beige, with "scarf" written across it. Sentimental value. Call Dianne Howell, 661-6625.

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LIMITED QUANTITY

Symptoms of depression often masked by students

by Cathy Clarke

People who skip classes, play pinball, or wear Sony walkmans may just be masking symptoms of depression, says Jay Haddad.

"Depression is something everyone feels to some degree," he says. "How we handle depression becomes something that's cultural."

Existentialist Victor Frankl says we handle depression in three ways; through aggression, which leads in its extreme to homicide, through depression which may lead to suicide, or we turn to drugs, to tune out and get anesthetized.

Haddad feels our society has expanded on the drug option, often masking feelings of depression by embracing more acceptable activities.

The young are crying out, "dull my mind. Tune me out of this," he says. "So they put on a Sony walkman and just tune out."

"People need to do that," Haddad says. "Why they need to do that—that's the problem, everything else is a symptom. School truancy, pinball playing, drinking too much—maybe all these things are just symptoms."

At certain times in their lives everyone feels down, but Haddad says there definitely are cycles involved in mood changes.

"We're affected by nature, we're affected by the moon, by bio-rhythms, and even certain atmospheric pressures can affect mood, depending on what school of thought you follow."

Weather affects mood

"Certainly the weather can put you in a down mood," Haddad says. "You've heard of the February and the November blahs."

"Everyone would feel, to some degree, mild symptoms of depression because of the season, the time of year, but a student in particular because of the structure of our educational system." The newness of the semester has by this time worn off and the routine has set in.

Humber Counsellor Chris Morton says there is an increase in

Restaurant proposal

• From page 6

in the cooking labs would go to waste," said Eriksen.

According to a report from the property committee, the restaurant would cost approximately \$225,000; \$195,000 for the building and \$30,000 for furnishings.

The building, to be located on the paved courtyard southwest and adjacent to buildings D and E, would cover an area of 3,445 square feet. The project would begin in the early spring and be completed in August 1982.

According to the report, the restaurant would be designed to accommodate the handicapped, with a ramp by the entrance lobby near the main entrance of the school.

Eriksen said the restaurant would be open to faculty, students and invited guests five days a week from 12 noon to 2 p.m.

Eriksen added they will also consider opening the restaurant one night a week for dinner from 6 p.m. to 9 p.m.

the number of students complaining about depression during November and February.

By the time the March break rolls around, people need the break psychologically, Haddad says.

Depression, he says, affects performance. "I'm sure if you did

a study, you would find that student performance is at a low level in February, but then you could also say that it's only a reponse to the faculty who are perhaps at a low level of teaching."

But while no one wants to be a wet blanket, mild bouts of depression are a fact of life.

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