



Fond farewell

Custodian reflects on 37 years at Humber.

Life page 9

Sucker punch

Why North Americans play rough.

Sports page 23



HUMBER *et* CETERA

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Volume 34, Issue 12



Cheyenne Morin

No grinchies here:

Third-year Radio Broadcast students Tera Paddon and Ryan May help promote the CHUM City toy drive at Humber. For full story, see News page 5.

Snowfall wrecks commuter chaos

Humber well prepared for treacherous weather ahead

GINA JASHEWSKI
CRIME AND SECURITY REPORTER

Humber got a taste of winter on Monday when the season's first snowfall caused chaos for commuters.

"We dealt with over 600 accidents in the GTA and the OPP had around 350," said Const. Steve Smith of Toronto police traffic services.

"The OPP reported that there

was about one accident every minute," said Sgt. Larry Dee of 23 division.

Smith blamed the accidents on the fact drivers seem to forget how to drive when it snows.

"It's like they have this mental lapse over the summer," he said.

Taking it slow during snow squalls is key, he said, adding motorists need to budget extra time when travelling this time of

year.

School closures are another issue during storms.

John Davies, vice-president of Humber, said campus security tracks predicted storms and updates school officials on severe storm possibilities.

"In the event of a major storm, exams would be cancelled," he said.

Davies said the final decision on whether the school closes rests with Terry Piper, academic vice president.

"The safety of students and

staff is our main concern," Piper said.

Piper said the question is how easily students can make up the time and what the impact will be if the school closes.

"I talk to security the night before and they give me an update on the weather. If we still aren't sure, security calls at 5 a.m. to let us know and then a decision is made," she said.

Davies added in the event of a closure, the college has an automatic system that kicks in to put that information on Humber's

phone.

The system also sends the closure notice by fax to all media outlets.

According to Bob Anderson, director of forecasts for the Weather Network, the seasonal forecast for the GTA is not much different from last year: precipitation will be below normal.

"That's not saying we won't get any snow storms. We'll get some snowy days, but the weather is typical for this time of year."

Temperatures in the Toronto area...are near seasonal"

Last issue of 2004! Meet the press - Humber View page 12

News

Humber women still taking a banned drug

Health Canada restricted the use of Diane-35 as birth control in 2002

NATASHA ADDAE
STAFF REPORTER

Despite Health Canada's warnings on the use of Diane-35 as a form of birth control, Humber women are still using the controversial drug as an oral contraceptive.

Diane-35 (cypoterone acetate and ethinyl estradiol), a drug restricted to use only as a last defence to treat severe acne, is being advertised in Humber's women's washrooms. Listed as birth control, it is being sold for \$23 in the Humber's health centre.

However, Carole Gionet, a registered nurse and manager of Humber's health centre, says the centre only prescribes Diane-35 as a last resort for severe acne

treatment.

Diane-35 has been linked to VTE (deep vein thrombosis),

'I just don't want to hear or see anyone dying or suffering because of this pill.'

blood clots and liver toxicity.

"If they have any risk of thromboembolism we will not put them on it," Gionet said.

Since March 2004 the health care centre has purchased 300 packages of Diane-35.

The current ads for the drug at Humber say: "See your doctor or dermatologist."

But many female students are not using it for acne treatment; they are using it as birth control.

Jivaughn Reid, a second-year early childhood education student, has been taking Diane-35 as an oral contraceptive for the past eight months. She was surprised when she was told of the warnings.

"Well that's interesting. I've never actually been told that by a doctor," she said.

Diane-35 first went on the market in Europe in 1985. It was marketed as a combination pill for acne treatment and as birth control.

The prescription drug was approved in Canada in 1998 (never in the U.S.) even though Germany had placed restrictions

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Cheyenne Morin

Despite regulations banning its use as an oral contraceptive Diane-35 is posted as birth control available at Humber's health clinic.

on the drug four years earlier due to health concerns.

After 11 cases of VTE with at least one fatality and reports showing risk of blood clots in 60 of 100,000 women, Health Canada released a warning.

In April 2003, Health Canada ordered Berlex (the Canadian manufacturer of Diane-35) to

release a letter to health care practitioners to warn them that Diane-35 was not to be sold as birth control - only as a final treatment for severe acne.

"Because of concerns around this product there is a specific notation in the information available to physicians that this should not be sold solely as an oral contraceptive," said Paige Raymond-Kovach, a media relations representative for Health Canada.

However, Alexander Ruebig, doctor and professor of obstetrics and gynecology for Berlex Canada, said Diane-35 is no more dangerous than other standard oral contraceptives on the market.

"It is important, however, to state that Diane-35 in Canada has only one registered indication: acne," he said.

Health Canada has banned Berlex from advertising Diane-35 as a form of birth control.

"The promotional activities of this company (Berlex) around this drug have been visited on several occasions in the past and is currently the subject of investigation," Raymond-Kovach said.

However, Raymond-Kovach said Health Canada was not aware that women were taking Diane-35 for birth control.

Humber student Natasha Scheifler said she is concerned about not being informed of the dangers of this drug.

"I just don't want to see or hear about anyone dying or suffering because of this pill," she said.

Marijuana bill still smokin' up the House

Humber security continues to take marijuana activity seriously

LAUREL SANDERS
QUEENS PARK REPORTER

Before lighting a joint in public, marijuana smokers should know Ottawa's new bill to decriminalize pot is still just an idea being debated by the House of Commons.

Until a decision is made, possession of an ounce of marijuana or less remains a criminal offence.

Marijuana is an issue that Humber's Director of Public Safety and Security Gary Jeynes, says the college continues to take seriously.

"We have had half a dozen individuals involved in this issue since the start of the semester," Jeynes said.

Humber's security protocol is to alert police of drug activity, who they investigate and determine if an arrest is merited. Since September, three students have been arrested, two of whom were

also charged with trafficking.

According to Toronto police drug squad Det. Steve Watts, it is up to police to determine whether the offence warrants jail time or a slap on the wrist.

"If it was 30 grams or less, you could be subject to a fine not exceeding \$1,000 or a jail term up to six months, or both," Watts said. "Right now, there are lots of maximums (sentences) and no mandatory minimums."

Jeynes points out that besides being illegal, smoking a joint on campus is also against the Charter of Student Responsibilities and Rights. This list of rules makes smoking pot a much more serious offence for Humber students.

"It's a contravention of the Charter. Within (the Charter) are a range of measures anywhere from a warning up to expulsion," Jeynes said.

While Jeynes couldn't com-



Cheyenne Morin

Police warn that pot smokers could be arrested and charged with possession with an amount less than 30 grams.

ment on whether anyone had been expelled for using marijuana, he did say trafficking would be considered a more serious offence.

"Right now the majority of our efforts are focused on trafficking, grow operations and harder drugs," Watts said in reference to Bill C38, which would see the

decriminalization of marijuana.

Watts added that many simple possession arrests are routine and do not involve investigation.

Sergeant Larry Dee of 23 division warned that police will make arrests for small amounts.

Dee if you are at a party and you pass a joint to someone, it is considered trafficking.

Saudi Arabia

Al-Qaeda militants stormed the U.S.

Consulate in Jeddah, Saudi Arabia, in broad daylight, Monday. Nine people were killed and 10 others were injured during the attack, before the Saudi security forces killed four out of the five attackers.

World Digest

Israel

An Israeli soldier and four Palestinian militants were killed Tuesday in Gaza City. The fighting began after five Israeli soldiers were lured into a booby-trap.

Iraq

The number of combat related deaths of U.S. soldiers in Iraq has risen to 1,000. The latest soldier was shot down by guerrillas while on patrol in Baghdad.

Afghanistan

Hamid Karzai was sworn in as the first democratically elected president of Afghanistan, Tuesday. Over 100 foreign diplomats attended including U.S. Vice-President Dick Cheney and Secretary of Defence, Donald Rumsfeld.

Day care workers shocked

Student's use of vulgarity is unacceptable

CHRIS RIDDELL
SENIOR REPORTER

A run-in with a foul-mouthed student last week has some Humber day care workers' backs up.

Last Wednesday, children in day care were selling candy in the hall by the Humber Room when a student walked by and stole candy from them.

The Early Childhood Education (ECE) instructor accompanying them asked the student not to do that, but the student retaliated by swearing at her. "Shut your fucking face," he said in front of all the children.

"The children were startled, as though they knew they heard a word that shouldn't have been said," said the ECE instructor who asked not to be named.

The student walked away after the instructor pointed at the nearby police office door. He gave back the candy when she asked.

Section G of the school's



Cheyenne Morin

Some day care instructors are nervous to take children through the halls of Humber's North Campus due to the excessive use of foul language by students.

Charter of Student Rights and Responsibilities states that all student must "contribute to and maintain a respectful and accepting learning environment which is free from fear, harm, discrimination on prohibited grounds, harassment and intimidation."

"Every student has the obligation to uphold the charter," Judy Harvey, dean of student services, said.

Not all students take that responsibility seriously and ECE instructor, Sally Wylie, said that can make the school environment

unsuitable for children.

"Sometimes teachers are reluctant to take the children out for walks through the halls because of the way people treat them... because of all the swearing they hear in the halls," Wylie said.

While students are not prohibited from swearing, a certain level of civility is expected of them when they come to Humber, Harvey said.

"I would say Humber has a good expectation that students coming to a post-secondary institute should know how to conduct

themselves," she said.

Orientation for first-year Humber students includes: a play put on by the comedy program, and videos from the HSF and Student Services. Students also have a talk with their Dean and the HSF president about what is expected of them at this college Harvey said.

Nevertheless, Harvey added that students who swear in front of children face no major forms of punishment. But, she said if similar incidents continue, stronger measures will be considered.

Club owners deny stripper shortages

Closure of stripper exchange program won't hurt industry

COURTNEY MUIR
NEWS EDITOR

Contrary to recent media reports claiming a shortage will result from the closure of the foreign stripper program, many Toronto area strip clubs are boasting an exotic dancer surplus.

Last year, local strip club House of Lancaster employees were removed from Humber's campus for attempting to recruit female students.

In an industry where people are frequently known only by their first names, Pete, a bouncer at the Brass Rail in Toronto, says the club has to turn away as many as five girls seeking work as exotic dancers per day.

"We're a popular club and can afford to be selective," he said of the Brass Rail's ensemble of dancers. "We have a mix of dancers from different backgrounds, including some from Eastern Europe," he added, referring to the area where most of the foreign strippers were from.

These findings are in direct contrast to claims asserted by the Adult Entertainment Association of Canada.

Despite success of other clubs Vice-President Peter Psihogios fears that the plans to close a foreign stripper program that granted 680 visas to Eastern European exotic dancers last year will force many clubs to close due to a lack



Last year a local strip bar, The House of Lancaster, was caught trying to recruit female students at the North Campus. This year the Airport Strip Club is exploring more overt techniques.

of dancers.

Psihogios, who also owns Airport Strip Club, is reportedly about to launch an extensive recruitment campaign in colleges and universities to compensate for this imminent shortage.

"We don't really know what we have planned yet," said Sharon, Psihogios' assistant, of their recruitment strategy.

The Whiskey a Go Go, located near the airport, doesn't employ any Eastern European

dancers, but Stacey, a waitress at the club confirmed that they too are not suffering from a talent shortage.

"The girls who work here are all long-time dancers and are all Canadian," she said.

Peter owner of local House of Lancaster on The Queensway, does not anticipate his club suffering as a result of the program closure either.

"This isn't an issue for us," he said. "Girls can just come apply."

Beneath the Surface



Chris Daponte reports on strippers

I embrace multiculturalism in all professions, especially exotic dancing. So you can imagine how upset I was this week when the Canadian government decided to erase strippers as a category in its skilled worker program.

The government caved in to outside pressure from the likes of NDP Leader Jack Layton and conservative immigration critic Diane Ablonczy, who said the program was degrading to women. But I doubt people like Layton and Ablonczy have ever experienced the psychological, social and economic conditions that lead to the difficult decision to become an exotic dancer. Who are they to dictate to foreign strippers - most of whom are just trying to put food on the table and/or support their families - that coming to Canada to earn an honest living is degrading?

Ablonczy also criticized the program for its failure to ensure safeguards for strippers once they were employed. But I imagine the average stripper, who may earn hundreds or even thousands of dollars a shift and is protected by intimidating bouncers and a supportive group of peers, would experience a lot less abuse than a foreign fruitpicker or nanny working alone for minimum wage.

The real reason for the removal of strippers from the program is not their own protection, but for the widespread belief that their profession is not legitimate. However, anyone who's had the privilege of visiting an exotic dancing club knows how talented the dancers are. Exotic dancing is a unique skill possessed by only a fraction of the population and acquired through hours of training and dedication.

The media is abound with stories of the countless criminals Canadian officials let into our country. And now, honest, hardworking dancers are being denied equal opportunities.

Please Santa, for their sake, as well as my own, bring back our skilled foreign strippers.

News

Cheating students not a threat at test centre

GINA JASHEWSKI

CRIME AND SECURITY REPORTER

Reports at the last Academic Council meeting about students cheating at Humber's test centre have staff there confused.

A faculty member from the School of Health Sciences, concerned with students being allowed to finish tests after being caught cheating in the test centre, raised the issue during the Dec. 2 meeting.

The Academic Council minutes read as though test centre staff allowed students to continue with

tests because they feared threats from students.

Robert Gordon, president of Humber College, said if a student is caught cheating on a test, there should be a penalty.

"Obviously cheating is not a good thing. It's unacceptable," he said.

Gordon also added he has no tolerance for threats.

"Threats are very serious. It could result in criminal charges, expulsion from Humber College, or both," he said.

But, according to Diana

Jacobsen, manager of the test centre, although there have been incidents in the past of students name-calling, she isn't aware of any threats made to staff.

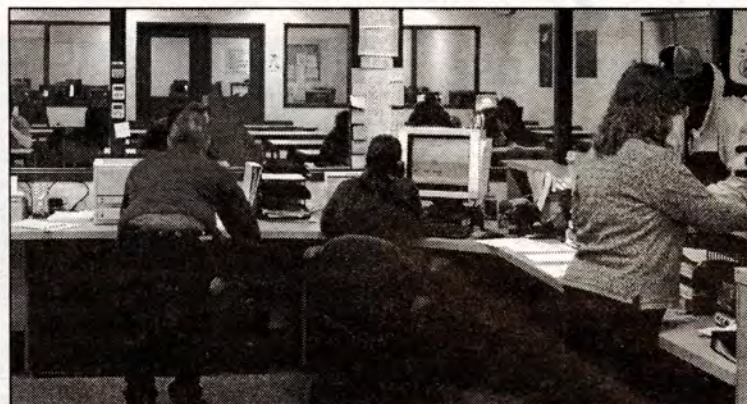
"We've had a couple incidents when we had to call security and have a student removed, but nothing this year," she said.

Jacobsen said staff are instructed not to get into confrontations with students.

Luisa Quijano, a test centre employee, said she has caught students cheating but isn't fearful of threats from students.

"It's not just the young people. Sometimes the adults who come in also cheat," she said.

Pamela Hanft, dean of Liberal Arts and Sciences said, "The normal procedure at the test centre when someone is caught cheating is to confiscate the cheating material, but let them finish the test."



Cheyenne Morin

Despite reports of threats, test centre staff say they aren't intimidated and are trained to avoid confrontation with cheating students.

Hanft said the cheating material is attached to the test along with an incident report and it's up to the teacher to decide whether to punish the student.

"To create a real furor probably isn't the most productive for the other students," she said.

According to Hanft, in Liberal

Arts and Sciences the policy is a mark of zero for cheating on a test.

However, Hanft added that whether or not a student gets another chance depends on the situation.

The matter will be followed up at the next Academic Council meeting scheduled for Jan. 20.

New punch card payroll system for staff

DAWN FARRELL

SENIOR REPORTER

In the past six weeks, Humber College's Human Resource (HR) staff has trained more than 151 North Campus managers to use the new electronic HR payroll system.

More than 12,000 college employees, including work-study students are on the payroll system.

Joanne Maguire, who helps manage the payroll system for Human Resources, said plans were made recently to create the system due to past problems reading the writing on contracts.

"We can't read the writing and the names of people," she said. "Especially with the work study students because there are so many students with their names very close and it's hard trying to figure out which name it is."

With the new system, more responsibility is given to staff.

"What happens with [the new] system is our students key in the hours they worked. They need the money. They know when they have worked," she said.

At CAPS, students are already using a punch card system.

This more accessible system allows manager Kenny Dimech to

keep a record of the students' hours more easily.

"The manager can't sign in and change anything for you but it's his responsibility to let [staff] know when to log in their hours," Dimech said.

Managers have to communicate with the students to make sure they're keying in the right time.

Students can access the system on any North Campus computer.

Kerry Mohammed is an international student working at CAPS and likes the idea of being able to put in his own hours.

"At the beginning of this semester, it took me a month and a half to get paid because of mess-ups in the payroll office," Mohammed said. "I figure this electronic system will be a lot better."

Nathaniel Kessler, who works in the L building print room, says in the past two years working for Humber, he has never been annoyed with anything except the new system.

"It's annoying because of the change," he said. "I have to go on and fill out my hours to the internet payroll system, print out a copy and give it to my manager. Then, I have to email my hours to her. It seems redundant."

Annoying spam e-mail a pain for staff, despite efforts to stop the clutter

Some instructors getting about 10 spam e-mails a day

JASON BOWSER

CRIME AND SECURITY REPORTER

There may be no easy fix for irritated staff who find their e-mail account filled with unwanted spam advertisements each day.

According to Mark Naylor, the chief information officer for Humber's Information and Technology Services, about three-quarters of the e-mail coming into Humber could be spam.

"Sometimes the stuff we think might be spam may not be to the receiver," Naylor said. "So, we don't delete any mail, even though we think it might be spam. We leave it up to the individual to do that."

Maureen Wall, faculty union director, doesn't see the problem getting resolved any time soon.

"I can't see that there's anything [the IT department] can do," Wall said.

"I get more spam than I get e-mail," said Media Studies instructor Lara King.

She estimated she receives about five to 10 unsolicited e-mail advertisements per day for a number of products not even targeted at her.

Naylor said that the teachers could set the program used for staff e-mail, First Class, to automatically delete messages that look



Jason Bowser

Humber's Faculty Union Director, Maureen Wall, agrees spam is a problem but it hasn't resulted in any official complaints.

like spam.

According to Naylor, Humber

to satisfy staff.

School of Media program manager Robb Wright blames First Class for the problems.

"First Class is the big culprit there," Wright said.

Wright said that ever since he upgraded to the First Class program he has been getting a lot more spam.

Despite attempts to stop spam, Naylor says it's still on the rise.

"There are literally millions and millions of these messages," Naylor said, adding e-mails are more cost-effective than methods like tele-marketing.

Wall said she hasn't received any formal complaints from instructors.

'Sometimes the stuff we think might be spam may not be to the receiver. So, we don't delete any mail.'

staff has been using the program for three years.

"First Class is a product that is Canadian, (and) it's been used widely in the educational industry," he said.

According to Wall, trusting the system still isn't foolproof enough



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Humber radio station aids CHUM charity effort

LAURA SMITH
STAFF REPORTER

The CHUM City Christmas Wish, in partnership with CKHC Humber College Radio, is collecting new and unwrapped toys, canned foods and clothing to help give the less fortunate a Christmas. Collection bins are outside the Humber Students' Federation (HSF) office and K107. Radio broadcast students who are majoring in sales and marketing have organized the effort here at Humber. This is the fifth year the partnership is collecting goods.

Radio Broadcast Co-ordinator Jerry Chomyn says the

'We've literally brought van loads of toys down in the past years.'

collection has been very successful in the past.

"We've literally brought van loads of toys down in past years," he said.

The bins will be at Humber until Dec. 17 for students who wish to donate.

Other efforts around the school are adding to the good will this holiday season.

Melissa Napier-Andrews of the Registrar's Office and Joe Bowden of the theatre department organized the donation of 28 gift bags to Evergreen, a youth shelter which helps single teen mothers.

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College to raise fees for rez suites

JOANNE LEGIN
BOARD OF GOVERNORS REPORTER

Students looking for a higher quality room in residence will get their wish next year - just at a higher price.

The Board of Governors recently froze fees for dorm-style rooms for the 2005/2006 school year and meal plan, but increased rent fees for the suite-style residence rooms.

The cost of the suites is going up from \$5040 to \$5190, a three per cent increase.

John Sutton, director of financial services and planning, said the difference in price is acceptable because the suites are

larger, offer more privacy and have bigger common rooms for socializing.

'We'll increase security controls, keeping more uniform staff and have senior students on each floor.'

High-speed Internet access in the rooms is also being considered.

Security for all dorm rooms is

also being boosted for next year.

"We'll increase security controls, keeping more uniform staff and have senior students on each floor," Sutton said.

"The role of the senior students will be to be available for advising new students."

Specific programs have been designed to ease the transition of living away from home. Programs during orientation and more access to counsellors will be offered.

Second-year accounting student Philip Da Costa lived in the dorm-style room last year and upgraded to the suite this year.

"It's so much better. It's bigger, quieter and the bigger bed makes the difference," Costa said.



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Editorial

Parents to blame? Youth violence problem isn't the result of one bad seed

Last Friday a 16-year-old East York boy was swarmed by a young mob who chased him down and beat him with pool cues and hockey sticks before repeatedly stabbing him to death.

The disregard for human life festering in some young people is more than worrisome. It demands we address why this lack of humanity has developed. We need to start looking at the underlying causes of such behaviour.

Bewildered parents may cite violent music lyrics or violent video games as the source of the problem. But while such unsupervised activities may contribute to the erosion of youth values, where parents really need to look for answers is in the mirror.

So often, parents "talk at" their kids rather than "talking with" them. So while words are being spoken, communication is not taking place. To make things worse, parents lecture their kids not to do things the parents do themselves. Respect is not automatic, even if you are the parent. It needs to be earned.

Where is the role modeling, the guidance to learn to respect the rights of others? Why are parents not teaching children, by example, the need to care?

As young people, not far removed from those rebellious high school years, we have to stand up now and say 'enough' to those who bully, who harm others, who behave in an uncivil manner. We need to shout them down. Within a few years, many of us will become parents. We need now to teach ourselves what to teach them.

'Tis the season to bring holiday cheer

It's that time of year again, the holiday season, a time when communities and individuals are asked to think of those less fortunate. And now the *Et Cetera* is going to ask as well.

Many folks throughout the GTA depend on services provided by the Salvation Army, the Daily Bread Food Bank and other social service organizations to help them through the holidays.

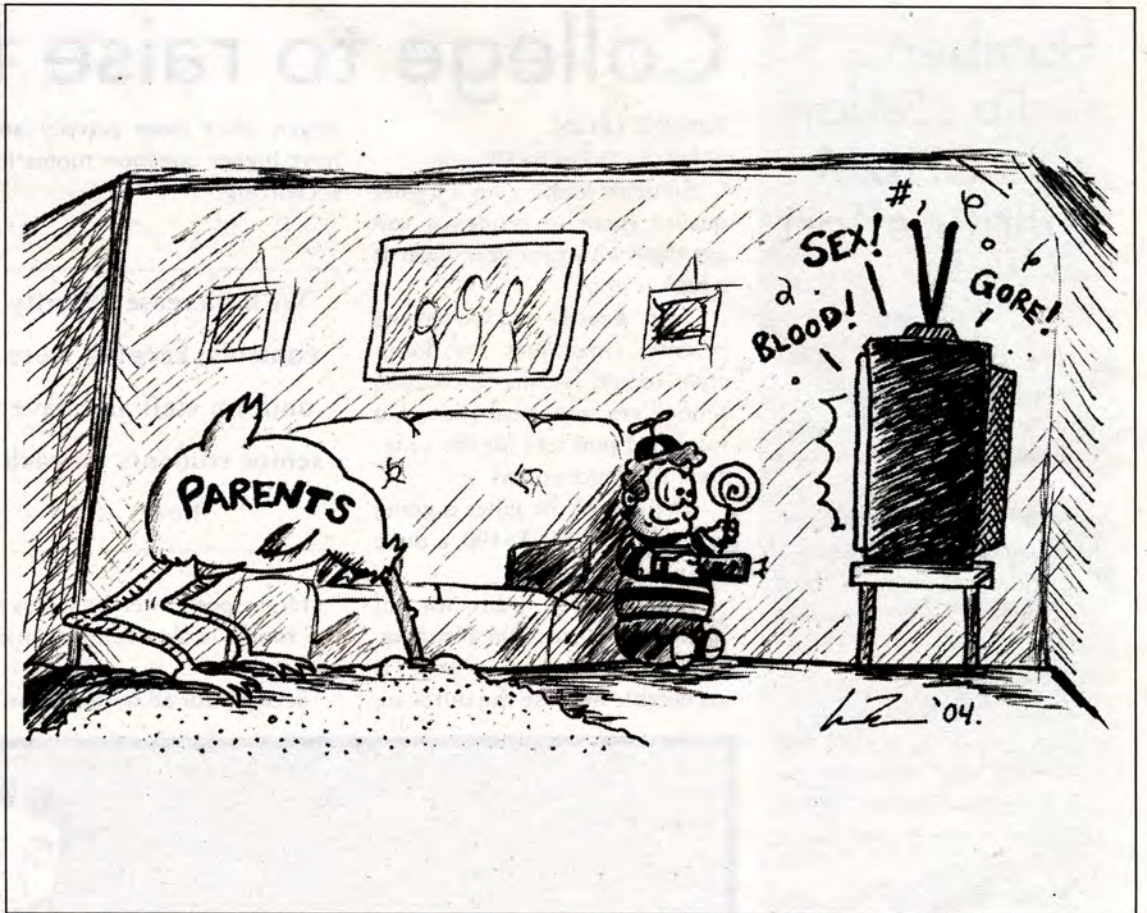
This year, Thanksgiving was more than a little lacking when the Daily Bread Food Bank came up 85,000 pounds short of their goal of one million pounds of food. We are reminding people there needs to be a bigger, better outcome around the holidays, because the need has not diminished. More than 175,000 people in the GTA, a 10 per cent increase from previous years, will need help this season.

Winter has already announced its start and those less fortunate will begin to feel its wrath very shortly.

We encourage all Humber College students and staff to donate money, drop off a toy, or donate a non-perishable food item at the various locations within the college. Or just offer support in any way possible to help bring holiday cheer to those who need it most.

The ones we tend to forget at other times need to be remembered and cared for the most during the holiday season.

May the holidays bring happiness to everyone and not just to those we know.



Letters to the editor

Bringing back the buddy system

Dear Editor,
Re: Nov. 18 issue

I was reading the *Humber Et Cetera* online and came across the article on the security cameras and their lack of use.

I think the cameras are doing a perfect job. Like most security systems, they only do as much as they say they do (view, ring, buzz, and call, etc.).

There are numerous personal emergency responder devices on the market that can assist a walker, runner, even a bystander. In fact, Humber employs at least one of them ... the emergency phone.

Movement is one of the primary reasons for things being seen. And viewers are the primary responders to emergencies. That being said, what has happened to the good old buddy system?

Perhaps light sensors working in conjunction with the cameras would be more effective. Another thought includes the volunteer option. Several students here have cars, several students here could use an extra buck ... get the picture? 'Driver volunteers' sign up to offer rides home. The volunteer team would be composed of each sex and, of course, members would sign in and out as would the person requesting the ride. All this would be done with the desk staff or security persons.

I guess this idea is similar to any of those 'safe ride' programs, for the times "when we have had one too many."

In no way am I suggesting this be an alternative to drink in 'rez' and then figure you need a ride home. I am focusing on honest homework-doers and late night workers who require a safe ride.

Yes, one can ponder the auto insurance policy and poke a fork into any system. But this is simply an offer of a safe ride home from a 'buddy.'

Johnny Bushby
1st year Court and Tribunal
Agent

Thank you

Dear Editor,
Re: Anne Bender, Nov. 11
issue

I would like to congratulate Kristen King on the article she wrote about Anne Bender.

Edna Lister
Administrative Assistant of
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Opinions

Racism still alive in one of the most diverse cities



PRIYA RAMANUJAM
COPY EDITOR

Toronto has often been referred to as one of the most culturally diverse cities in the world.

Some musings on yellow snow



BRETT WALTHER
MANAGING EDITOR

There's only so much leg-crossing and armrest-clutching one can do before the urge to go to the bathroom becomes a frantic necessity.

Normally, the large double-double that is my faithful morning travelling companion leaves me in reasonable comfort.

But Monday's first major snowfall of the year put a wrench in my kidneys' highly trained schedule.

My friend Kristen copes admirably behind the wheel despite the 401's slippery driving conditions.

Meanwhile, I try to take my mind off the creeping inevitability that we aren't going to make it to anything resembling a bathroom anytime soon.

A sea of red brake lights stretches to the horizon. Emergency response vehicles with sirens blaring crawl toward the latest accident. And yet not a single sander, salt truck or

This slogan is often used in various campaigns and presentations as a tool to boast about the city's highlights.

Culturally diverse – this is an honest assessment of Toronto. Step onto the city's streets for a few minutes and it will become blatantly obvious.

snowplow has been spotted since we began our epic, two-hour trek to school – a route that normally takes 30 minutes.

At this point my foot starts tapping uncontrollably and I try to reposition myself to ease the pressure on my bladder.

I ask Kristen where we are

'Kristen, pull over! I have to pee!'

now, as my vision is blurring. Oh God! Is this a side effect of my agony? No, I realize with a sigh of relief. I just haven't bothered to wear my glasses.

She calmly reminds me we haven't moved since the last time I asked. But I have still more questions.

Why are we continually shocked by the arrival of winter?

Why do all road maintenance departments conveniently ignore all weather forecasts and claim to be caught off-guard by the apparently unheard-of white flakes that suddenly descend from the skies?

However, its beauty is lost if all the culturally diverse individuals cannot get along or accept, embrace and learn from each others' differences.

Last week my mother was doing her weekly grocery shopping at a Scarborough No Frills. She was searching for a shopping

Why is it that my bladder is so ridiculously small?

I glare at the object of my suffering – the empty coffee cup on the floor. I vow never to drink the vile nectar again, no matter how exhausted, parched or hung over.

Suddenly, with a dramatic outburst worthy of a soap opera revelation, I can take no more.

"Kristen, pull over!" I cry. "I have to pee!"

Envisioning a damp passenger seat, Kristen immediately cuts across previously unseen gaps in the gridlock and the car screeches to a halt beside some reassuringly thick shrubs.

I tumble through the already-opened door and wade through the freezing drifts, barely bothering to reach the shelter of the trees heaving in the icy gusts before I release the coffee back to the earth from whence it came.

Triumphantly striding back to the comfort of the car and feeling 20 pounds lighter, winter suddenly didn't seem as horrible.

"Since we're late already," Kristen says, pulling onto the slushy road, "let's stop at Tim Horton's for a coffee."

cart, when she noticed a man returning his cart for the 25 cent deposit.

She approached him and asked for the cart, holding out a quarter.

"Not for you, you Paki," he said. "Go back to your country."

Then he slammed the cart into the return depot, collected his 25 cents and walked away. Taken aback, my mother couldn't even muster the words to respond.

This is not the first time something of this nature has happened to a member of my family. However, it is the first in some time.

My mom pays taxes, she works an honest job and she has done so for almost 30 years. She is a Canadian citizen. All she wanted was a shopping cart ... Why was

she denied? What does race have to do with anything?

Hopefully this was an isolated incident and his actions do not reflect what the majority believe, I agree. Thank goodness. However, even if only one of him exists, if only one of his slurs is uttered, a problem exists, and it is a very serious one.

It has been just over 40 years since Dr. Martin Luther King made his dream known to America, that children and people of all races will co-exist and walk through life together.

I wonder how many more years it will take for a multicultural haven like Toronto to make the great doctor's dream come true. And I wonder how many more years it will take the rest of the world to do the same.

Hey Ann: you're nuts



DAVID ROS
EDITORIAL/OPINIONS EDITOR

There is something seriously wrong with Ann Coulter. She constantly misrepresents fact to support her own warped opinions in her three books.

If her claim that America should go into Middle Eastern countries, dispose of their leaders and convert them to Christianity isn't enough for one to diagnose the right-wing pundit with at least a mild case of dementia, then I don't know what would.

Her books are so full of such absurdities, it would require the whole paper to comment on. She even accuses Democrats of treason in one of her book titles.

Don't get me wrong. I'm not saying the woman shouldn't have her own opinions, but for her to accuse people of treason is going a little too far.

Knowing all this about Ann Coulter, there is nothing that she can say that would surprise me. So when she said Canadians had "better hope the United States doesn't roll over one night and crush them. They are lucky we allow them to exist on the same continent," it didn't surprise me. But I still thought I should comment on it.

I suppose she has a point. With all their military might, the U.S. could probably crush us if they really wanted to, but is that really how you treat a close friend and ally?

If Canada's only role in the world were just to sit down, shut up and unquestioningly follow whatever the Americans do, then the U.S. might as well take us over right now.

But Canada is a sovereign nation and as long as we are such, we are entitled to create our own policy.

If we think that attacking an innocent country, however brutal its dictatorship might have been, will only create more terrorists than it squashes, then we shouldn't have to send our young men and women to die in such a war.

If we feel that the creation of a Missile Defense Shield is pointless, because it won't be able to protect us from new nuclear weapons Russia and China are developing, then we should be allowed to make those decisions without having to face the threat of invasion.

We have been nothing but close friends and allies to the Americans for decades, and that will not change.

Coulter needs to remember how Canadians opened their homes and hearts to Americans stranded after 9/11 and that we were among the first countries to commit troops towards the effort in Afghanistan.

We are doing our part in the War on Terrorism, but not by blindly following a reckless U.S. administration.

If there is one thing I know about Ann Coulter, it's that her grasp on the truth is virtually non-existent.

I should know better than to take her seriously.

Public Opinion

What is the worst/strangest thing you've seen in the halls at Humber?



"Girls that wear Eskimoboots and ponchos in the halls."

Ramon Maninang,
1st year Civil Engineering



"When people fan out and block the entire hallway and walk really slow."

Alicia Walczak,
2nd year Health and Fitness



"When students skateboard down the halls and ramps."

Deanna Savoia,
Administrative Assistant



"People who come up to you and ask you random questions."

Rui Aravjo,
1st year Civil Engineering

Sudan caught in fatal crossroads

From the North-South conflict to the raids in Darfur, the world watches the crisis in Sudan unfold

JUDITH LARRACEY
LIFE EDITOR
RUSSELLA LUCIEN
LIFE EDITOR

Sudan, home to 39 million and the largest country in Africa is currently suffering from a humanitarian crisis of such proportions experts say that it can no longer be ignored.

In the past decade, war and famine have killed millions, while countless others have become displaced. There are daily human rights violations, widespread rape, torture and violence in many parts of the country.

The current crisis in Darfur resulted from a rebel uprising in 2003. The rebels claim that their region was neglected by the military government and that the government represses black Africans in favour of Arabs. The government controlled "Janjaweed" forces were unleashed on Darfur and have been accused of widespread genocide and ethnic cleansing of black Africans.

This crisis has led to the death of thousands and the displace-

ment of 1.5 million people in western Sudan. Following the violence, the United Nations went to Darfur to inspect and determine the scale of the conflict.

Since its independence from Britain and Egypt in 1956, Sudan has been ruled by various military governments. It has also suffered from a long civil war between the mainly Muslim north and the Animist and Christian south.

Amnesty International has said that Sudanese authorities have consistently used repressive

'For the whole of Sudan you have the problem of lack of services, lack of development.'

methods to deal with conflict in southern Sudan, in the Nuba mountains and now in Darfur.

Muhammad Sid-Ahmad, an English and composition professor at Humber, was born in Sudan and is all too aware of the widespread problems and violence.

Sid-Ahmad, who came to Canada in 2000, has worked as a media analyst most of his life. Working as an information specialist for the Qatar Foreign Ministry and the American Cultural Center in Qatar, he was involved with interpreting and discussing the Arabic channel Al-Jazeera.

His father a history professor and his mother an artist, Sid-Ahmad was well-schooled in international politics from a young age. Living in Sudan from ages nine to 16, Sid-Ahmad was aware of the political turmoil and strife in his country.

"I remember at the age of 11 or 12, there were demonstrations almost every month that we would participate in," he said.

On university campuses, he said, students were very aware of international politics. To oppose Sudan's military regime, students understood they had to try to stand up for freedom of speech.

Jutta R. Brunnee, a professor of international law and public environmental law at the University of Toronto, says it is now the responsibility of the international community to intervene in humanitarian crises such as the one in Sudan.

"(For) governments that are either unwilling or unable to discharge that responsibility, the argument is that there should be an international responsibility to get involved, anything from providing assistance...to exerting pressure (and) imposing sanctions," Brunnee said.

The professor also warned that in situations where there are grave human rights abuses, there may be a need for military intervention.

In Kenya in 2004, talks aimed at ending the conflict resulted in the signing of six protocols including power and wealth sharing. The U.S., U.K. and Norway were all party to the agreement.

When peace talks were held in Kenya, Sid-Ahmad despaired that no one seemed to grasp the significance of the deal.

"To have this peace agreement was a huge success. It had been the longest civil war in Africa,



Source: CIA World Factbook

Bordering on nine countries, Sudan, the largest country in Africa, has suffered from civil war and violence since 1989.

several million people died. It was sad that no one got to celebrate because (then) Darfur started," Sid-Ahmad said.

Sid-Ahmad's colleague, El-Sir Sid-Ahmed, a Sudanese freelance journalist, put some of Sudan's problems into perspective.

"For the whole of Sudan you have the problem of marginalization, lack of services, lack of development."

El-Sir Sid-Ahmed elaborated that the problem in the western region of Sudan has largely been

'To have this peace agreement was a huge success, it had been the longest civil war in Africa.'

due to the conflict between farmers and grazing herdspeople who fight over grazing rights to the land. Darfur is rich in animal resources, but the drought that the region has suffered in the last 50 years has made the situation worse.

El-Sir Sid-Ahmed looks at the latest peace deal signed as a means of hope for the future of Sudan.

Recently, Paul Martin visited

Sudan and spoke to President Omar al Bashir about the Darfur issue. Martin said he was assured the entire country will be opened to humanitarian aid workers. Muhammad Sid-Ahmad hopes that more discussion will take place before more violence takes place.

"One of the things we need is the government (to) talk to the political parties. The government should not wait until people take up arms," he said.

On behalf of Canada, Prime Minister Paul Martin has contributed \$400,000 in financial aid for supplies.

Muhammad Sid-Ahmad and El-Sir Sid-Ahmed agree that what Sudan needs international education and awareness about the history and present conflict.

Want to help?

CARE Canada is a humanitarian agency which works in countries that are in need of relief.

To make donations to CARE Canada's emergency appeal please call

1-800-267-5232 or go to

www.care.ca



Cheyenne Morin

Humber English instructor Muhammad Sid-Ahmad worries that people will not grasp the significance of the new peace deal in Sudan.

Veteran Humber custodian to retire after 37 years of service

Custodian Warren Clark has been with Humber College since its humble beginnings

DAWN FARRELL
SENIOR REPORTER

After 37 years of hard work at Humber College, Warren Clark, a custodian of facilities management, is retiring on Dec. 23.

Clark began working in 1968 when the college consisted of only the D building and two farmhouses.

Clark said he found a video in the library recently called *The First Decade*. The video shows Humber in its first 10 years.

"We used to have Blue Bird buses that took

our college hockey teams to games. Humber also had a stable full of horses where people used to learn how to horse back ride. The condos at 6 Humberline Dr. used to be a bus garage and Humber used to make jewelry in the D building," he recounted.

"We had a PA system and music was played all throughout the hallways and the hallways were all carpet."

Warren says that Humber's first president, Gordon Wragg, was a farmer and used to bring corn and apples to the staff.

"I really liked Wragg," he said. "He was a people person."

Clark explains how there used to be more work for students because the training focused on hands-on assignments.

"There were mostly trades back then. We even had courses on fly fishing and taxidermy... Too much paper is being pushed now and not enough trade work," he said.

Growing up in the GTA and living in Brampton with his wife

Joan, Clark says he actually plans to move to Timmins.

"The people up North live a little slower," he said. "I know I'll be happy there because I'm in another stage of my life."

"Students have made the biggest impression on me," he recalls. "We are here for the students and I still believe in that."

"I had a good life. I grew up with four sisters and it's been rough, but it has been good here," he said. "It was a good trip to see something go from one building to what it is now and it's spectacular."

Of all the people Warren Clark has met during his career here he will miss the faculty and students the most.

They too will remember Clark not only as a co-worker, but also as a friend.

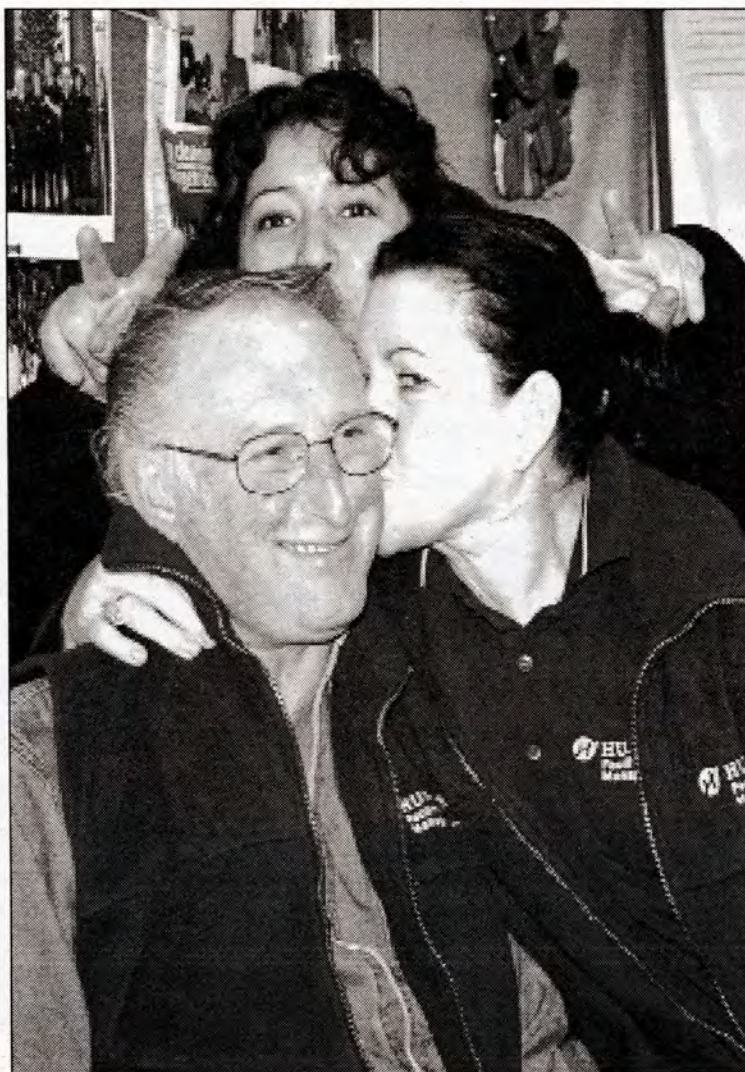
Maggie Hobbs, director of student affairs, has known Clark for over 25 years and says his

'It was a good trip to see something go from one building to what it is now and it's spectacular.'



Courtesy

Since starting at Humber in 1968, Clark has seen Humber and its surrounding areas expand from a small farming community to a sprawling city.



Dawn Farrell

Warren Clark and the gang celebrate his last few days on the job. This winter he's planning a snowmobile trip to Timmins.

work was more than just a job to him.

"He's going to be missed," Hobbs said. "He adds a lot to the students' lives. The varsity players who know him and talk with him in the hallways say he talks to them like they're his kids."

Jason Mesa, co-president of the Student Athletics Association, knows how much Clark means to Humber students.

"He will be missed the most around here," Mesa said. "It's really sad to see him go because of all the hard work he puts into this area and how great he is with everybody. It's going to be different not having him around."

President Robert Gordon says Clark exemplifies Humber staff because he's much more than just a custodian.

"He's always willing to do more than just the requirements.

He's the kind of guy we like to have around here," he said.

Dean Wylie, facility manager, will miss the hard work and dedication the custodian puts in every day.

"It just won't be the same quality of work done when he leaves," Wylie said. "Warren does a great job and he's more

than just someone who comes in and cleans the carpets. He's a personable guy and a good Canadian kid."

'Students have made the biggest impression on me.'

Come out and celebrate Warren Clark's goodbye at CAPS pub on Dec.16 from 2 to 4 p.m.

News you can use



Lauren Gilchrist gets answers

Q: I don't know what to do this New Year's Eve. Do you have any suggestions?

A: The *Humber Et Cetera* staff came up with some ways to spend your New Year's.

- "Dress up in a nice suit, head down to the new casino in Niagara Falls and pretend you're a high roller. Make like *Oceans Eleven*."

-Jordan Neal, Life Editor

- "Have a toga party. All you have to do is wear a sheet."

-Christina Arico, Business Editor

- "Get really bombed and embarrass yourself in front of family, friends and perfectly good strangers."

-Brett Standen, Sports Editor

- "Fly to Sydney and then catch a plane back to Canada. That way you get to celebrate two New Year's on either side of the world."

-Kristen King, News Editor

- "New Year's is always a let down. Stay at home and laugh at Dick Clark's horrendous Botox job."

-Brett Walther, Managing Editor

- "Save your money on an expensive dress and have a pajama party."

-Lara King, Creative Advisor

- "Get drunk in your church basement and embarrass yourself in front of your Priest."

-Olga Kirgidis, News Editor

- "Crawl around on a Hawaiian beach."

-Jeremy Hill, Business Editor

Life

Last of a series on unique neighbourhoods People and places in the market

CARLY DEZIEL
STAFF REPORTER

As I turn onto Baldwin Street, the heart of Kensington Market, a local resident strolling by in camouflage plants with long straggly hair mutters, "Wanna buy some weed?" I now know I have entered one of Toronto's most unique neighbourhoods.

One of the things that sets Kensington apart is its sense of community, says ex-resident Jackie Farquhar.

"A lot of the same people still live here and do the same things they always have, like play music and hang out in the streets,"

Farquhar said.

The area has a lot of cool places to check out and experience, starting with a \$1.25 cup of coffee from the Moonbean Café. While enjoying your java with a freshly-made carrot muffin, you can take in the smooth sounds of Ron Sexsmith playing in the background.

Extend a hello to a local homeless man who believes he is the Devil or stop in at the beloved My Market Bakery for a \$1.50 feta and spinach bagel. And don't forget about the tiny falafel place on Baldwin, where the price hasn't gone up in five

years.

Check out the abundant supply of fruit and vegetable stands that line the streets. With apples for 69 cents a pound and pineapples for only 99 cents each, it's worth the trip.

The other real gems of Kensington lie in the variety of vintage clothing stores.

Stores and eateries aside, ask Farquhar what the best part of Kensington Market is, and she'll reply, "It's still such a great place to find a high concentration of creative and open-minded people that really care about the area they live in."



Carly Deziel

Shopping for fresh vegetables ends a day at Kensington Market, where fresh food and retro clothing attract the masses.



Rebecca Payne

Even the local wildlife sports an Asian flare in Chinatown.

Good fortune in Chinatown

A visit to the Far East costs one subway token

REBECCA PAYNE
STAFF REPORTER

If the mall isn't yielding the unique gifts to finish your holiday shopping list or you're just in the mood for dim sum, Chinatown may be the haven you're looking

for.

If you want to take home some trinkets with an Asian flair, visit J&S Arts and Crafts. The bargains spill down the steps of the storefront, where a sign proclaims 'Clearance Sale: 30% off everything.' If you missed out on this summer's overnight trend - sequined mesh slippers in a rainbow of colours - you can stock up here. They're \$4 a pair.

For a winter footwear splurge, stop by Ice Zone, at 465 Dundas St. W., where intricate boots are on sale for \$35.

If you prefer a good old-fashioned sugar rush, visit Tung Hing Bakery at 428 Dundas St. There you will find pineapple buns, coconut rolls, almond cookies, cinnamon buns and sesame balls, all for just 80 cents each. Hardier treats include curry beef buns barbecue pork buns, sweet yam

buns, and vegetable spring rolls - all for 80 cents. Those with a larger appetite can go to the Vietnamese sandwich bar, where you pick your own toppings and have your meal made fresh in front of your eyes.

If your shopping excursion takes you into the evening, Hoi Sun Restaurant (436 Dundas St. W.) has affordable dinners that will leave your stomach and your pocketbook full.

For \$4.95 you can indulge in fried rice noodles with beef, chicken, shrimp or pork. Another special is the menu of items served sizzling for \$8.95, including szechwan shrimp, chicken with curry sauce, sweet and sour chicken or filet mignon.

To get to Chinatown, take the subway to St. Patrick station and walk two blocks west on Dundas Street.

Some of you have received surveys in the mail from The Canadian Centre for Social Norms Research. You were randomly selected out of all the students in your school. How lucky for you! I mean what are the odds? It's kind of like you've won something*. Please take the time to fill out these surveys and return them to us ... or not, whatever. It's not as if your input could help uncover the truth about life as a student**. So look - just fill it out or something, it's your choice.

We're good either way***

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- ** except it totally could!!
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The Et Cetera Bunch



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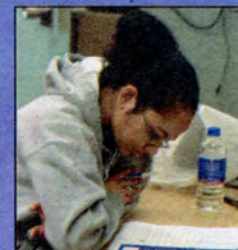
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Have a great holiday!



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and one photo by
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The Humber View

Best of Et Cetera photography

Thank you to everyone who contributed; keep the creativity flowing



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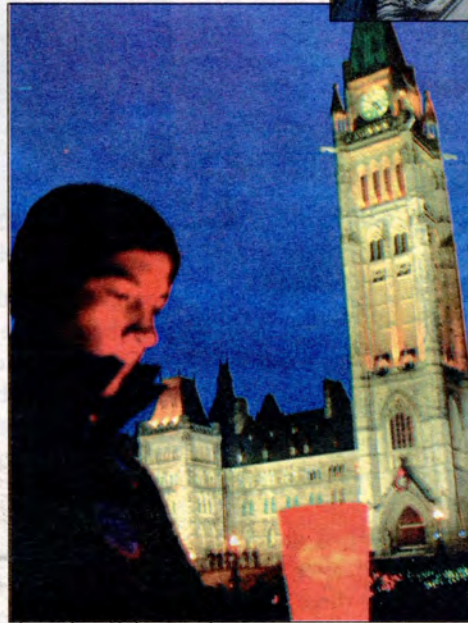


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Cheyenne Morin
and Amy Ward

Arts and Entertainment

"You just gotta love what you do":

Raw talent takes Dimebag to the top

"If you're trying to get rich in this business just go ahead and hang it up right now."

SARAH MANN
ARTS EDITOR

Damageplan guitarist Darrell Abbott, better known as Dimebag Darrell, has been playing music professionally since ninth grade. Although he doesn't know a lot of music theory, he's made a career out of it. (You might remember the now-defunct Pantera.)

But his advice to young musicians is to stop now if you're in it for the money.

"If you're trying to make it and get rich in this business, just go ahead and hang it up right now because in this day in age, the way the record

labels are and the way the internet is ... just don't think you're going to make a good living," Dimebag, 38, said at an interview before his show at the Phoenix on Dec. 1.

Despite Pantera selling thirteen million records worldwide, he says the days of gold and platinum records are over.

"People just don't buy records like they used to. They want their music for free," he said.

So why be in a band?

'I just sat in my room, listened to records and practised for three months solid.'

"Unless you just want to do it because it's something you love. That's why we're still doing it, because we love it."

Dimebag grew up in Arlington, Texas where his father ran a recording studio.

"All the great southern blues players would come and record there," he said.

Instead of going to school like a regular ninth-grader, Dimebag would skip and go to the studio, and his dad didn't mind.

"He's cool man. He knew what was up and that school was a whole other thing and that I was falling asleep on the desk."

Dimebag would play three, one-hour sets a night, get home at 4 a.m. and then get up in three hours for school.

"This was in grade nine. I was pretty much done in seventh grade. I should have just jumped out."

But what he lacks in formal education and music training, he makes up for in practical experience.

He entered his first radio station guitar contest after playing for only three months, but that didn't stop him from dreaming.

"When I first started playing guitar, I didn't drink, I didn't go out and chase ass, none of that. I just sat in my room, listened to records and practised for three months solid," he said.

And he won his first contest, as well as seven others over the course of two years.

"Then I went to enter again and they said, 'no dude, you're



Guitar great Dimebag Darrell rips on his guitar at the Phoenix.

going to judge this one.' And that was the last one they ever had."

Dimebag said he tried to take lessons and, although his teacher was "really, really good," scales and theory just didn't make sense to him.

"To be just running up and down scales when I could be playing Randy Rhodes or something, I just didn't find any enjoyment out of it."

That's not to say Dimebag doesn't wish he knew more.

"I wish I was a little heavier on theory but ... I don't know how much enjoyment one can get when they already know what a certain scale or mode is going to sound like before they play it. It's a lot like the cat's already out of the bag. There's a high amount of spontaneity when I'm jamming."

Dimebag says it's important to him that he just let everything come naturally and see where it goes.

"A lot of people are afraid of taking a shot because they're

afraid of failure, but that's a part of it. Get up and try again ... you can [screw] a lick up and it almost sounds cooler than the lick you were trying to play."

Although Dimebag is one of

metal's greatest guitarists, he doesn't like to pigeon-hole himself into any one genre.

"It's never been 150 per cent pure metal for me ... A lot of people that are in my position think you have to preach against every other kind of music in the world and say you're hardcore and there's only one way. To me that's Hitler bullshit," he said.

"Go ahead and keep your ears closed ... I'm going to be jamming."

"There's so much that music can do for people besides beating them right between the eyes, although that's the favourite feeling," Dimebag said. "You gotta have your favourite thing but add some variety. Music can put you to sleep, music can do anything for you, it shifts your mood."

Dimebag wants all young musicians to know what they're getting into.

"When I was a kid, man, I thought it was Ace Frehley with the smokin' guitars, partying and hell-raising all the time. Then you get a record deal and find out how much work is involved."

Dimebag has received high accolades from his peers, as well as his fans, but he keeps a modest outlook.

"I'm not living for high praise, but I get a couple of pats on the back for what I do," he said. "And if it's working like it is I don't want to [screw] it up."

"Music is personal and it's truly up to you what your ears hear and what notes make you feel a certain way."



Photos by Sarah Mann, with files from Joshua Gropp.

Arts and Entertainment

Metal rockers prefer intelligence over corpses, death and Satan

SARAH MANN
ARTS EDITOR

When U.S. metal band Shadows Fall arrived at the border in 1998 to play their first ever concert in Canada, they ran smack into a big problem.

They were detained at the border for nine hours, strip-searched and then not allowed in the country.

But prying fingers and flashlights didn't deter them from trying again, this time on the Devastation Across the Nation Tour with Damageplan and The Haunted.

"We always have problems up here," guitarist and vocalist Matt Bachand said before the show at the Phoenix earlier this month.

"People always ask us, 'how come you never come to Canada?' It's not us, dude. It's your borders that don't let us over because we're a bunch of criminals."

Although the band was allowed to cross this time, their merchandise was not as lucky.

"We have no merchandise today because it was seized at the border and it's still sitting there. They won't clear it. I don't know why," the guitarist said.

Bachand says it's hard to get excited to come to Canada when they expect the worst at the border.

"It's all for the fans. They're the ones who buy our records and pay to see our shows. We do it for them."

Bachand never imagined Shadows Fall would

make it to where they are now when the band came together eight years ago.

"It was just one of those things you do for fun," he said. "You never know what you're going to get, especially playing in local scenes for so long. You don't expect it to take off."

He said it's hard to pinpoint the moment when he realized music could be his career.

"In the first few years, even when you're touring and putting records out, when you're not making any money and you're going home on your breaks to work any odd job you can just to pay your bills, it's really hard to say."

Bachand says he has always been involved with music, first playing the drums. That came to a halt when he was living in an apartment and needed to find a quiet instrument.

"I kind of got forced into it because I needed something that could be quiet. But I stuck with it, had a couple of friends that I'd play with," Bachand said.

"[Playing guitar] is a good time. It seemed like the right thing to do."

Bachand and his bandmates (vocalist Brian Fair, lead guitarist Jon Donais, bassist Paul Romanuk and drummer John Bittner) have played in countless bands during their careers, which all span over a decade.

"Going into this band, we really knew what to do and what not to do. [It] made it a lot easier to get started instead of having to learn along the way."

The band's first album, *The Art of Balance*, released in 2002, has sold over 100,000 copies and was its label's top selling album.

As of Dec. 1, Soundscan reported their latest album, *The War Within*, has sold 110,000 copies in eight weeks.

"It's steamrolling," Bachand said.

Where there's music, there are labels and Shadows Fall is no stranger to them.

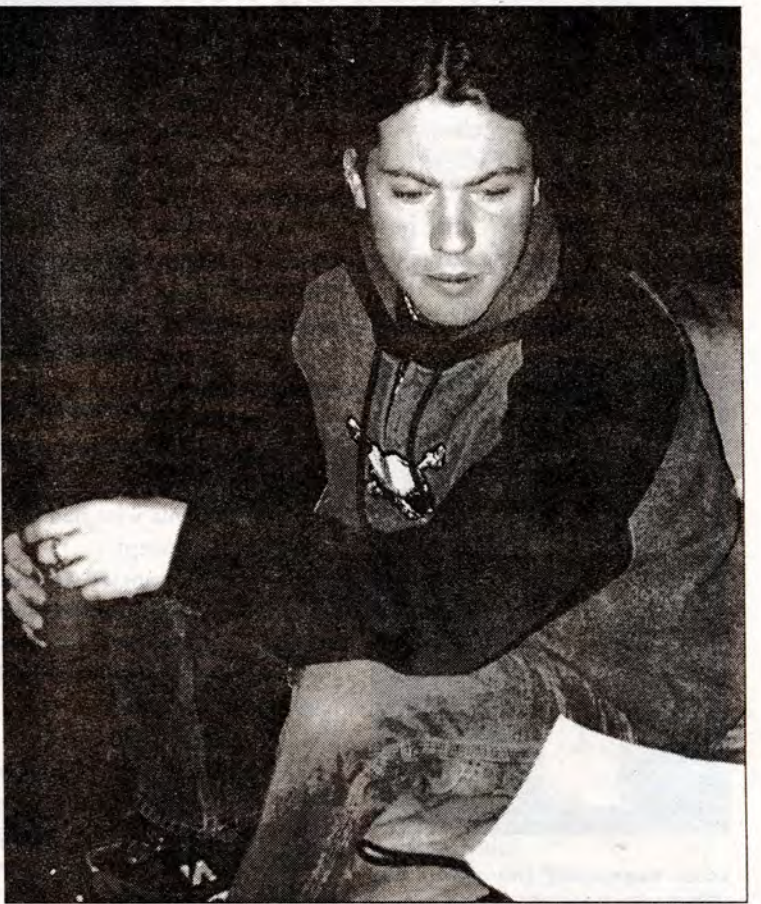
Being billed by some as 'the new, old Metallica,' Bachand says it's a lot to live up to.

"Those are big shoes to fill — not that we're trying to fill any shoes. We started listening to music and getting into metal and [Metallica] is obviously one of the first things we started listening to."

Although Bachand and the rest of Shadows Fall have a great relationship with their label, Century Media, Bachand admits they still don't trust anybody, another lesson learned from the past.

"We're still very hands-on people. I deal with the merchandise. I

'Being able to live at it and doing it. It's the best job in the world.'



Sarah Mann

Shadows Fall guitarist Matthew Bachand before the show.

keep all the books and accounting for merchandising and place all the orders and approve designs. Paul does all the books for guarantees and deals with booking agents. We don't trust anyone really."

Shadows Fall is on the road constantly, playing at least 250 shows a year.

'We play rock and roll. We're not out to cram our beliefs down anyone's throat.'

The band's latest tour is now finished and Bachand was home on Dec. 6, but only for eight hours.

"We [flew] to England on the seventh and we're over there with Fear Factory right up until Christmas."

The band gets two weeks off and then it's over to Puerto Rico, Japan, Australia, the Philippines and South Korea.

The band also has a tour

booked from March until May which Bachand couldn't elaborate on, but said more information would be released soon. He did say it would be "awesome."

Bachand says the band only follows one rule: to not be cliché, or what people expect from a metal band.

"Singing about Satan and corpses, that's been done to death and there's no reason to keep doing it. We try to have intelligent lyrics. We tend to not write any swear words, not that we're against swearing, but we try to be intelligent lyrically," he said.

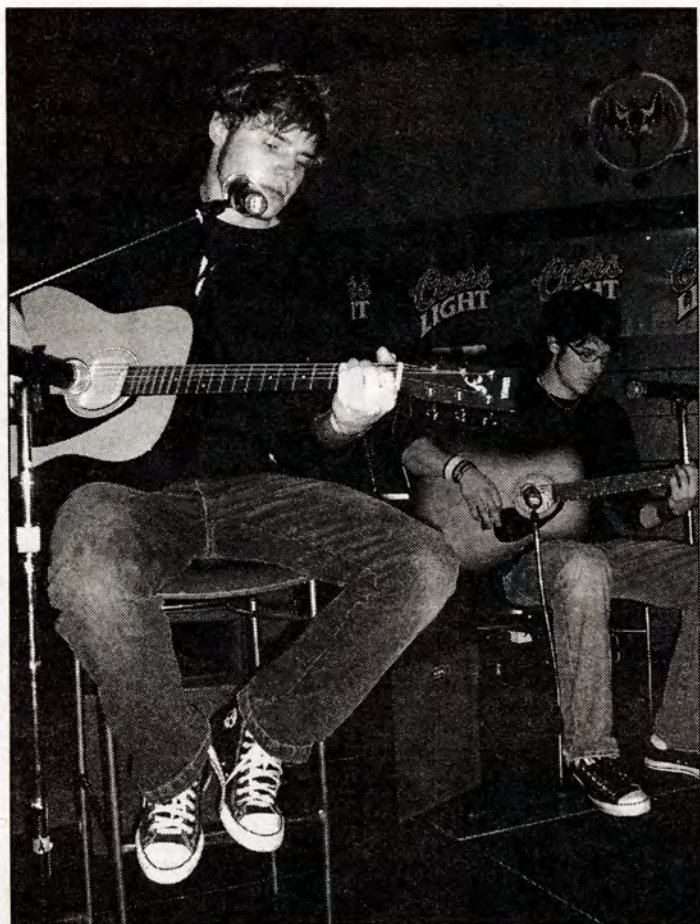
Fair was an English major at Boston University, so naturally he can write well.

But to Bachand and the rest of the band, writing intelligent lyrics is not about being political.

"We play music, that's it." Bachand has advice to offer struggling musicians.

"Just don't quit. It took me 15 years playing bars and driving 20 hours for one show and not eating for a week and not showering for two. It's not easy but it will all pay off in the end."

And if it doesn't? "You can say you did try your hardest and it didn't work out."



Jordan Neal

Nathan Peyton and his brother Chad play acoustic night at CAPS. The brothers play in the band Rise Again.

Arts and Entertainment

Humber student finds spoken word success

Humber's own Lady Loxx gets her fellow students talking at Spoken Word Slam last week

SABRINA GOPAUL
STAFF REPORTER

Toronto's hippest spoken word artists showcased their talent with words at Humber College last Wednesday.

Event organizer and host Sasha Allison also appeared under the pseudonym Lady Loxx. Loxx, a first-year post-grad journalism

student, had a very good feeling about bringing a "spoken word slam" together.

"I feel very positive about the whole experience," she said.

Loxx was eager to introduce the spoken

word concept to Humber, saying it was important to expose it to staff and students who had never heard of the concept.

Six poets competed in three rounds for a \$100 prize. The event drew some of the city's most talented poets, including El Machetero, Split, Ms. Shawna, Dixon, Leviathan and Estelle.

The opening act, Testament and Afterthought, started the event by delivering lyrics that hyped the crowd, preparing them for what was to come.



Sabrina Gopaul

Testament and Afterthought delivered to start the show off right.

"We felt good about our performance," Testament said. "Mad shout-outs to Humber College for letting us do our thing. Lady Loxx, I like what she's doing."

Testament and Afterthought, one of the best acts to watch at the slam, were also among the most enthusiastic to perform.

"The vibe is correct and we need more things like this that are positive, not just the negative that is placed on our people," Testament said.

Judges included LaToya

Gittens, a second-year early childhood education student; Humber Idol winner Dayle Jones, a second-year general arts and sciences student; Hashim Arthur, second-year marketing student and Ashlee Hough, first-year media foundation student.

All four judges decided Split was the grand prize winner.

"The performances were great. They were talking about very important issues," Gittens said.

"They're very passionate with what they're talking about and I enjoyed listening to it. Unfortunately, there weren't a lot of people and I hope they do another one. It's good to hear about issues in a positive way."

Split said she has never won anything before and was really pleased with her performance and how she was able to share with the audience.

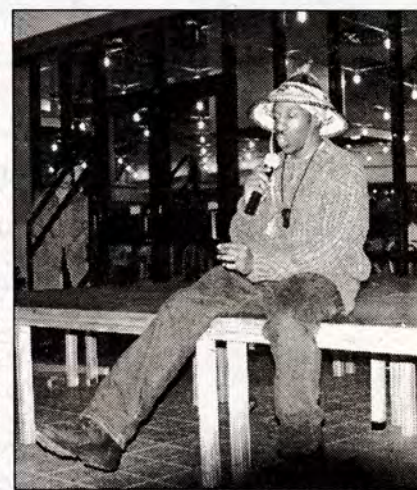
"I tried out some new material today, a lot of it very emotional, very dear to my heart," she said.

"The second poem I did is very emotional for me and it was hard to even finish it, but it was just a matter of looking at people's faces and seeing they understood. It took me a year before I actually did that poem. I just needed to heal in order to do it."



Sabrina Gopaul

Loxx organized the slam, but didn't shy from the mic herself.



Sabrina Gopaul

Leviathan performs; wears odd hat.

In Review

Nas

Street's Disciple

Since he stormed on the scene with *Illmatic* a decade ago, Nas has always been a respected emcee. With his latest double CD, *Street's Disciple*, he doesn't disappoint.

Delivering one solid track after another, Nas certainly hasn't fallen off. If anything, he has grown wiser, more mature and versatile.

What stands out most on this album is that on each song Nas tells a different story. Not one track is without purpose and a message. He follows in the footsteps of hip-hop pioneer Slick Rick, taking hip-hop storytelling

to another level.

Listeners will be touched when Nas raps about his relationship with his daughter Destiny on *Me and You* and about his upcoming wedding to R&B singer Kelis on *Getting Married*. For fans who have been with Nas since the beginning, it is hard not to smile hearing these tracks as it becomes evident he is all grown up.

On *American Way*, Nas gets political, making such strong statements as "Condoleezza Rice / I don't really get this chick / Tell me if she ever cared about poor schools, about poor children". He continues, saying he needs someone from the 'hood as a councilman.

In addition to wearing the father, husband and political analyst hat, Nas becomes a motivator on *Live Now* when he urges people to take full control of life and live every second like it's the last.

His message hits home when the music slows and the voice becomes that of a woman's... a woman who shares the story of

contracting HIV and dying in a hospital room.

No matter what hat Nas wears, every track is worth the

listen. Interesting too, is that each time you do, you'll learn something new.

Nas' *Street's Disciple* definitely

has the makings of a classic album.

PRIYA RAMANUJAM

COPY CHIEF

Various Artists

Grand Theft Auto: San Andreas soundtrack

Despite the media's negative portrayal of the violent content of Rockstar Games' *Grand Theft Auto* series, it continues to be a big success. The latest installment, *Grand Theft Auto: San Andreas* maintains what the series is best known for: open-ended gameplay, great story and excellent vocal performances. Add to this list a rocking soundtrack.

Grand Theft Auto: San Andreas Official Soundtrack is a collection of various early '90s tracks which complement the setting of the game. The tracks selected for this double CD compilation come from the many radio station formats played in the game, which include hip-hop, funk, house, reggae, contemporary soul, classic rock, alternative rock and country.

Listening to the official



soundtrack will remind you how good music was in the last decade. Songs like *Killing In The Name* by Rage Against The Machine will make you want to reach out and push somebody, while songs like *Break 4 Love* by Raze will get your love groove on. The variety of music tracks in this soundtrack keeps the listening experience fresh.

The official soundtrack also includes an exclusive extra track by Californian punkers AFI who covered the 1991 hit, *Head Like A Hole* by Nine Inch Nails. It's a head-thumping cover that fans

of both bands should check out.

As a great bonus, the official soundtrack contains the DVD titled 'The Introduction'. 'The Introduction' is a 20-minute video showing the events leading up to the beginning of *Grand Theft Auto: San Andreas*. Watching it will pump you up and make you want to play the game.

Gaming soundtracks don't get any better than this.

You're getting three discs full of excellent content - a great bang for the buck.

However, if you already have the game and enjoy listening to the tracks, then the eight CD box set, which has now been released, might be for you. It contains nearly every track played from the game.

However, for those who just want a quick dip, this album is for you.

JOEY PHUNG

ONLINE EDITOR



Arts and Entertainment

What's Happening

This week on DVD

The Bourne Supremacy
Dodgeball
Ultimate Matrix Collection

CDs in stores now

Cam'ron
Purple Haze
Lindsay Lohan
Speak
Ludacris
Red Light District

In theatres Dec. 10

Blade: Trinity
Ocean's Twelve

Upcoming concerts

Emily Haines
Dec. 17 - Church of the Redeemer

Death From Above 1979
Dec. 30 - Cathedral

New Year's Eve with The Tragically Hip featuring the Weakerthans and The Hugh Dillon Redemption Choir
Dec. 31 - Copps Coliseum

Metric
Jan. 21 - The Mod Club Theatre

Sum 41
Feb. 2 - Barrie Molson Centre
Feb. 3 - The Docks

Motley Crue
Feb. 23 - Air Canada Centre

Duran Duran
April 5 - Air Canada Centre

Hear This!

The twelfth and final weekly feature on Humber musicians



Toronto's newest music geeks

DOMINIQUE MILBURN
STAFF REPORTER

One failed band and a few replacement members later, Poindexter is now working hard to prove themselves as worthy performers with an edgy sound.

According to the band, which has been together for just over a year, the old group broke up due to poor morale and lack of dedication, and since the transformation, they haven't looked back.

"We needed a name really badly, and didn't want to use our old band name, so we all thought of a word that would describe us all to a tee and that magic word was Poindexter," said drummer John LePoint, a chemical engineering student at Humber's North Campus.

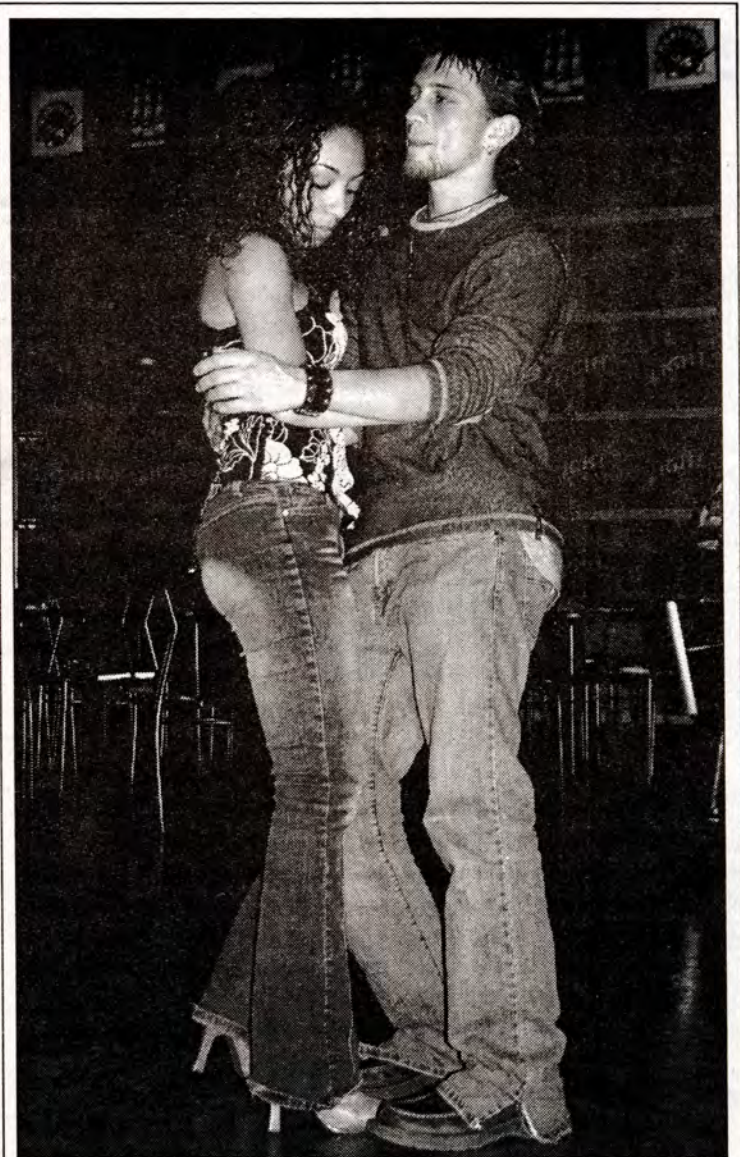
"It's punk music but not of the typical fashion. [Our] lyrics are more thought provoking. We have a unique sound that I haven't heard in other bands."

Though they haven't signed a recording deal yet, they've been stirring up the crowds at Club Rokit in Toronto.

"We got hooked up through a website called *supernova.com*. They hold all kinds of showcases, Battle of the Bands and stuff like that," LePoint said.

Poindexter features Dan on bass and vocals, Phil on guitar and back-up vocals, Anthony on lead guitar and vocals and John on drums.

Check for upcoming Poindexter shows on their website www.freewebs.com/poindexterband/ or look for them and other local bands on www.supernova.com.



Dawn Farrell

Let's Dance:

Over 100 students gathered at CAPS last Friday for an all-ages Latin Jam to benefit La Iglesia de Guadalupe Church. Organized by Humber's Latin Club, there was a \$5 cover charge for the event. "Latin music is awesome. There are so many moves," said first-year photography student Flavia Cordona (pictured above with her boyfriend, Phil Smith).

Kirk Villamarin

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In Focus

Party planning made easy this season

How to throw the perfect New Year's bash

CELISTINE FRAMPTON

IN FOCUS EDITOR

KELLY PECKITT

IN FOCUS EDITOR

With New Year's Eve less than a month away, the crunch is on. It is time to decide how you want to ring in the New Year and one way might be to host a party.

The idea of throwing your own party may sound stressful, but party planning can be easy if you follow three steps.

Step 1

Want to throw a bash no one will forget? How about throwing a theme party to put people in the holiday spirit. A wide range of party ideas, such as instructions on how to throw a masquerade party, a holiday luau, or a midnight mayhem celebration, can be found on www.party411.com/milennium.html.

Alice Parnis, an event designer for Event Fusion in Toronto, says a party cannot be perfectly planned until a theme is picked.

"Creating a theme is the start of the planning ... Then you can create an ambiance through the five senses," Parnis said.

To do so, she advises starting with the visual sense. Guests should feel the fun as soon as they roll up the driveway.

She suggests decorating the outside of the house, playing music for guests to hear as they

walk up and greeting guests at the doorway. From there, she says, use smells, sounds, and visuals inside to stimulate their senses for the rest of the evening.

As well as party themes, the Party 411 website offers decoration and game ideas. The interactive site also offers advice from the "Party Girl", the "Etiquette Queen", and the "Invitation Diva". Simply write your question in the provided online form and your question will be answered in minutes.

Step 2

Once theme has been established, another step to throwing a successful celebration is to invite guests well in advance. One fast and easy way of spreading the word is by using www.evite.com. Instead of having to call or snail-mail guests, this free service allows you to send your guests personalized cards through e-mail to announce your party.

Karen Mallett, the co-owner of In Good Company, a Canadian etiquette business, says e-mail invitations are perfectly acceptable.

"I do believe the world of technology is there to stay so we have to learn to deal with it," Mallett said.

She added that e-mail invites are convenient and allow you to

invite more people into your home, which she says is always a good thing.

"People need to stop rolling their eyes and go with the times," she said.

At www.evite.com you include time, date and place, and can add your own message. Guests can conveniently RSVP by e-mail and a party tracker shows you, as well as all other invitees, who is coming and who can't make it.

Step 3

Once the initial planning and organizing has been completed, it's time to think of the actual bash, primarily food and beverages.

Chips and dip are suitable for normal get-togethers, but if you want to make your party unique, try some of the finger-food, entree and dessert ideas that can be found on www.thatsthespirit.com like eggnog cookies, bruschetta, or grilled spicy chicken wings.

Parnis says a fun and quirky food idea is to have a walking table.

"A walking table is where a person is dressed up, maybe as a New Year's jester, and they have a table built around them with food on it and they walk around the party."

The site offers a lot of fun drink recipes like apple martinis,



Cheyenne Morin

Experts say when planning your party, you should watch your timing. At least a full month is needed to plan the proper way.

cosmopolitans and margaritas, and for the non-drinkers, there is a wide assortment of fun mocktails (fake cocktails) like the coco-colada. On top of food and drink recipes are handy tools like how to set up a home bar and guidelines for throwing a responsible party.

Parnis suggests when planning a party or an event to remember all the minor details as well.

"People don't think about everyday things like having enough toilet paper at a party," she said.

Other points to keep in mind

include having taxi numbers on hand for guests who cannot drive home and spare blankets for guests who stay the night.

Have a comment for the In Focus Section?

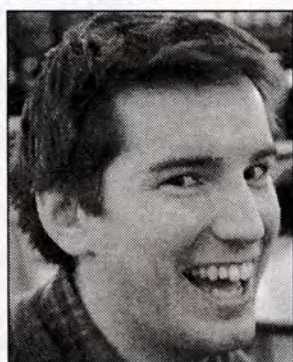
**email us at:
etcetera_infocus@
yahoo.ca**

What is your most memorable New Year's Eve experience?



"On my way to a party, I was stuck on the train for about 10 minutes. There was a power outage, which lasted for about three minutes."

Celia Williams,
1st year Multimedia



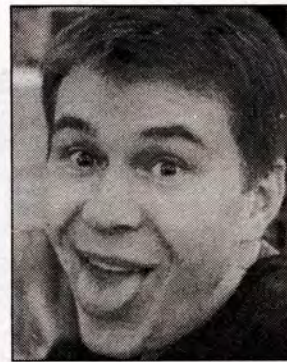
"I can't remember what I did for new years because I was so drunk."

Paul Burak,
3rd year Business



"I got into a fight at my church because this girl did not like me. My sister and I won because it was two against one."

Mekisha Banks,
1st year Multimedia



"I puked on my friend's rug and cleaned it up with his mom's best hand towels."

Mark Oatway,
1st year Regulatory Affairs

Free gift tag courses offered

Looking for ways to trim your holiday expenses?

Humber's Instructional Support Studio is offering sessions for staff and work study students on how to use Microsoft Word to make labels for holiday gifts.

Sessions are scheduled at North Campus on Dec. 14 from 12 to 1 p.m. and Dec. 16 from 1 to 2 p.m. Two sessions at Lakeshore Campus are scheduled on Dec. 15 from 12 to 1 p.m. and 1 to 2 p.m.

Call the Instructional Support Studio at 416-675-6622, ext: 5040, to register.

Drunk driving rates driven down

Rate down 65 per cent since 1981

CELISTINE FRAMPTON
IN FOCUS EDITOR
JENNIFER MARSHALL
STAFF REPORTER

Allan Foget, the owner of Sobeys in Alliston, ensured fewer drunk drivers hit the roads last Christmas. When he decided to throw a party for his employees, he also provided a bus for those who would be drinking.

"I used the bus to get home that night," said employee Scott Doner, 19. "I think it is a great idea. That way I wasn't worried about finding a designated driver in order to get home safely."

Foget's foresight is one of the reasons why drunk driving statistics in Canada are in the downward curve.

According to Statistics Canada, the national rate of impaired driving incidents declined by four per cent in 2002.

Raynald Marchand, manager

of Canada's Traffic Safety Council says the rate is now 65 per cent lower than the peak observed in 1981. "The number of people drinking and driving has dropped," Marchand said.

However, he warned that despite all the publicity about drinking and driving, party goers still hit the road with too many drinks in their system.

According to Statistics Canada, young drivers aged 19 to 24 continue to have the highest rate for impaired driving. This is based on data available from 94 police departments in nine provinces and represents 56 per cent of all reported criminal incidents.

"The Christmas holidays are now the second highest season for drinking and driving, summer time now being number one," he said.

Marchand says drunk drivers

do not realize how severe the consequences can be, not only to others, but to themselves.

"The minimum penalty is losing your driving privileges for one year and a \$600 fine. You can also get a criminal record so you can kiss your passport goodbye."

He added the maximum penalty for drinking and causing death is life imprisonment.

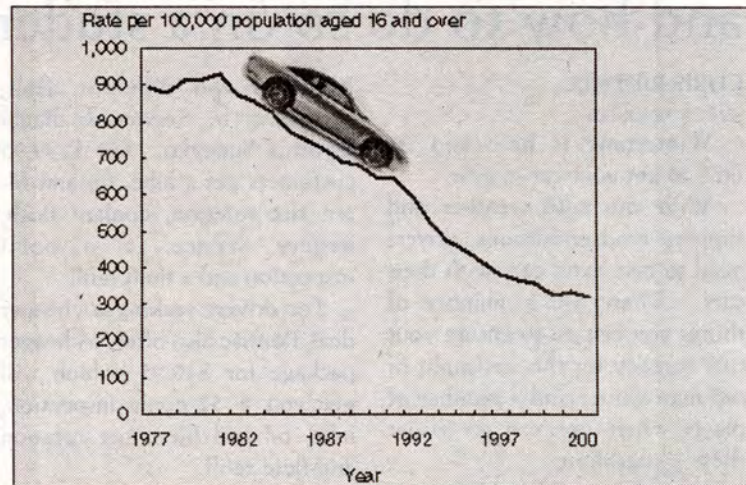
To help convince drivers not to drink if they are getting behind the wheel, Toronto police have again launched their RIDE program.

In 2003, 9,436 vehicles were stopped compared to 7,249 stopped in 2004. Of those, 186 were tested in 2003, compared to the 205 tested in 2004.

Dec. 1 to 7 was also National Safe Driving Week, a campaign run by Canada's Safety Council, which started in 1956.

"The reason it is always at the beginning of December is because of the holiday,"

Rates of impaired driving incidents have been generally declining for the past 20 years.



Amy Ward

Marchand said.

Part of the campaign is to promote TAXIGUY, a safe alternative for a ride to get home.

"Just call 1-888-TAXIGUY from wherever you are and they will put you through to the nearest taxi services," Marchand said.

"We think people should have options and this one is an easy number to remember."


According to the Traffic Research Foundation in Canada, 3,000 people die every year in car accidents. Approximately four million Canadians admit to driving after drinking.



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BIZ@humber

Winterizing your car

Tips to keep running through cold weather and how to do so on a students' budget

CHRIS RIDDELL
SENIOR REPORTER

Wintertime is here and it's time to get your car in gear.

With the cold weather and slippery road conditions, drivers need to take extra care with their cars. There are a number of things you can do to ensure your ride is ready for the onslaught of old man winter and a number of places where you can go to get these things done.

According to Amin Haji, service manager for Toyota on Queens Plate Drive, Toyota is currently offering a winterization package for \$59.95. It includes an oil and filter change, battery check, fill-up on all fluids and an 11-point inspection.

For the least expensive deal on getting your car winter ready, go to Canadian Tire. Mallm Ashad Meed, service manager at Canadian Tire Albion, says his store offers a \$35 package that includes a filter change, fluid refill, suspension check and tire rotation.

Local Pontiac dealers current-

ly offers two different deals, according to Service Manager Cynthia Sudeyko. For \$199.95 customers get a lube, oil and filter, tire rotation, coolant flush, battery service, a 52-point inspection and a fluid refill.

For drivers seeking a cheaper deal, Pontiac also offers a cheaper package for \$49.95, which will get you a 52-point inspection, lube, oil and filter, tire rotation and fluid refill.

Honda also offers a package that includes a 52-point inspection, oil change and tire rotation for \$68.88.

Using winter tires on your car and making sure the air pressure in your tires is at the optimum level can make a big difference in having enough traction on the road.

According to *about.com*, keeping your wiper fluid reservoir topped up and having winter windshield wiper blades can go a long way in maintaining visibility. Keeping tabs on your battery power will make sure your car starts on the coldest days.

Antifreeze mixture, engine oil and brake fluid are also important to the winter survival of your car.

Some Humber students have already taken measures to ensure their rides are good to go.

"I tell my boyfriend to make sure everything is done so I don't die on the highway," Erin Yeaman, a first-year nursing student, said. "We put on winter tires, we got winter windshield wiper blades and also an oil change."

Some students, including first-year industrial design student Jeffrey Blanchard, have developed their own unorthodox methods. "I have a heating problem. I duct tape the vents the cold air comes out of. That way I only get hot air," Blanchard said. "I've also got a draft that comes from under the steering wheel. I have to duct tape that too."

Do however consult with your mechanic before attempting to solve problems on your own.

**Have a tip for
Biz@humber? Write to:
etcetera_business@yahoo.ca**

@tech update

Printer options

SHEENA FACCIOL
STAFF REPORTER

Students have come to rely on printers just as much as they rely on computers.

There are four main types of printers available to students in Canada. The follow-

ing is a comparison to help Humber students decide on which is best for their needs.

All models listed here are available online from www.futureshop.ca and all come with a one-year warranty on parts and labour.



Laser Printers

Laser printers use a laser and light emitting diode panel to "burn" an image onto paper. They commonly print in black, but colour is also an option. They are more accurate in printing ability and lettering comes out crisper and clearer.

This is the fastest printer that does not require an ink cartridge.

Priced: \$159-\$699



Courtesy

MFD Printers

Multifunctionals (MFDs) are sometimes referred to as "all-in-one" printers. They have the ability to print, copy, fax, scan and also have other useful functions.

MFDs are versatile, come in many combinations and allow for great organization.

They are not as practical if you need just a printer for school work.

Priced: \$139-\$471



Ink Jet Printers

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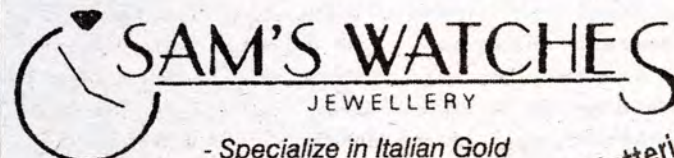


Photo Printers

As you can probably tell by the name, photo printers are suited for printing photographs.

They can be used as a regular printer, but quite often, the ink and paper can get expensive, so students may want to look elsewhere. Photo printers may eventually replace film processing.

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Sports
ShortsLuis Henriques on
Ben Roethlisberger

It may be harder to spell his last name than it is to overlook how well 'Big Ben' has played so far this season. And although he does deserve some credit, he's getting too much of it.

Roethlisberger has come in and helped the Pittsburgh Steelers go from 6-10 last season to 11-1 so far this season. But what he hasn't done is singlehandedly lead his team the way Peyton Manning has with Indianapolis or Dante Culpepper with Minnesota.

great defence

The rookie has been backed by great defence this season allowing a stingy 15.3 points per game, good for third in the National Football League (NFL). The Steelers lead the league allowing only 253.8 total yards per game and 77.4 rushing yards per game.

The 6'5, 241 pound first round draft pick out of Miami University is the only rookie quarterback to start his career with 10 straight victories. But in those starts, he has only thrown for over 200 yards twice. Last week's game against the Jacksonville Jaguars was the first time he hit the 200 yard mark in seven starts dating back to Oct. 10. Roethlisberger ranks 24th in completions, 22nd in passing yards and 17th in touchdowns.

Neither Manning nor Culpepper have top notch defences, so most games are won with their arms. Manning leads the NFL in passing yards, yards per game and is only four touchdowns away from breaking Dan Marino's record of 48 scores in a season with four games left.

Roethlisberger is fourth in quarterback rating but has attempted over 150 fewer passes than the three guys ahead of him.

Starting his career at 10-0 is impressive, but Roethlisberger has his teammates to thank. Contrary to what many people say, Big Ben has played well, but not great.

Men embarrass Bruins at home
After beating Sheridan, Hawks remain undefeated at the break

Hawks	87
Bruins	55

Shane Dennie scores game high 19 pts

JOANNA GRUENBERG
STAFF REPORTER

The men's basketball team has yet to lose a game in the regular season, keeping their streak alive over the weekend.

The Humber Hawks added another win to their record as they embarrassed the Sheridan Bruins 87-55 on home court. Many were expecting a stronger game by rival Sheridan (who are 3-1), but the Hawks showed why they are 5-0 and tied for first overall.

The team's ability to pass the ball to perfection and push it up court quickly was its greatest weapon and helped guard Shane Dennie score a game high 19 points.

"I don't play into the rivalry," Dennie said. "I see each team for who they are and just play to win."

Forward Roger Scott brought fans to their feet as he picked off a ball for a turnover and raced to the net for a slam dunk. On the defensive side, Hawks' guard

Jason Walcott stuffed the ball on numerous occasions to keep the Bruins down.

"I thought we met the challenge tonight," Hawks' head coach Darrell Glenn said after the game. "They got tough defensively and we wanted to meet that intensity. And I thought we did a good job in doing that."

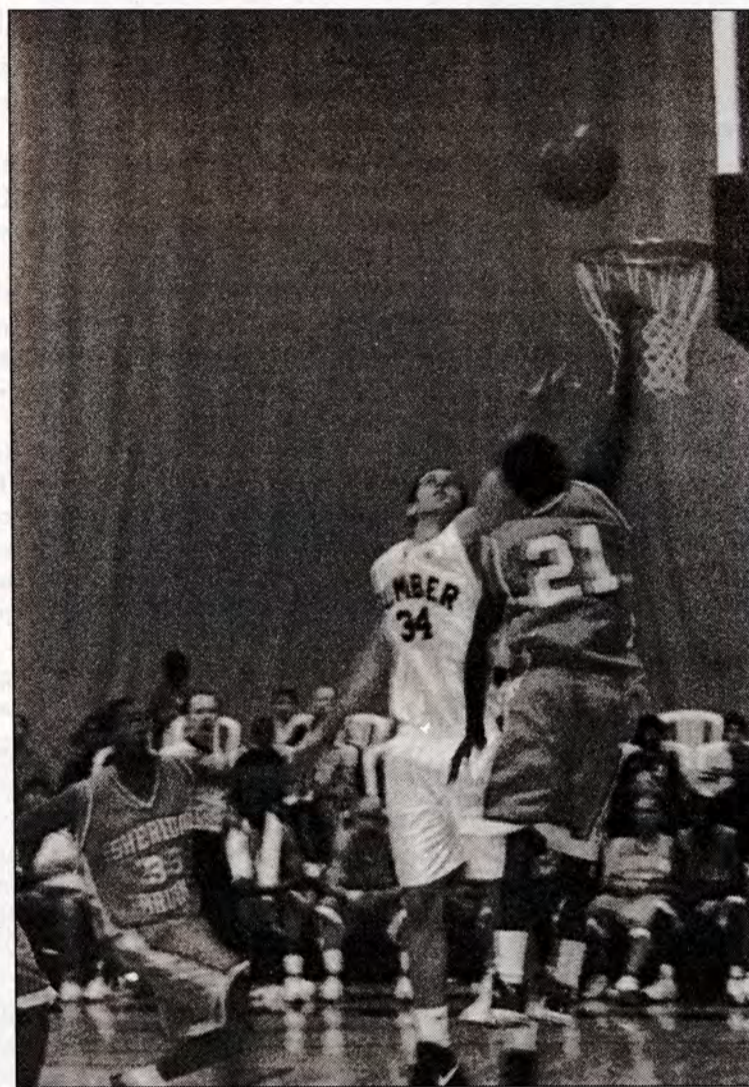
In the second half, both the court and the packed bleachers heated up.

Sheridan was finally able to move the ball down-court but couldn't seem to do anything with it. Questionable calls from the refs frustrated the Bruins as head coach Jim Flack was called for two technical fouls.

Sheridan forward Nigel Johnson was the Bruins' leading scorer with 15 points and was a brick wall defensively. Unfortunately for Sheridan, no other players stepped up on defence, ultimately handing Humber the win.

The Bruins will have a chance to redeem themselves when they face the Hawks again on Jan. 14.

The Hawks are in action next on Dec. 22 when they take on the University of Toronto Varsity Blues in the annual Ryerson tournament.



Joanna Gruenberg

Hawk Neriya Tsur goes for the layup during Humber's 87-55 win.

Hawks get their wings clipped
Humber loses number one seed due to an ineligible playerMARK KHOUZAM
STAFF REPORTER

The Grinch has struck the women's basketball team just before the Christmas holidays as the discovery of an ineligible player forced the team to forfeit two victories.

Hawks' guard Pablita Thomas was declared ineligible to play by the Ontario College Athletic Association (OCAA) after it was discovered that she failed to sign a transfer form allowing her to play for Humber.

"The player (Thomas), in this case, did not go through the regular procedure needed to transfer teams," said OCAA Executive Director Blair Webster.

Thomas had played on the St. Clair Saints basketball team last year and this season wanted to play for the Hawks.

"It really sucks," Thomas said. "I really wanted to play."

In order to make such a switch, a player must sign a trans-

fer form with the college they will be playing for. After the form is completed it must be sent to the OCAA for approval.

Both Thomas and Humber administration failed to put through the proper papers to the OCAA.

"We thought Pablita was here last year which meant she didn't need to transfer," Humber Athletic Director Doug Fox said.

But forfeiting the two victories against Durham and George Brown isn't the only penalty stemming from the OCAA's decision. Thomas will sit out the entire season in order to be eligible to play next year.

"I feel really bad for the team," Thomas said.

Fox says he plans to fight the current situation, adding it was a simple error that shouldn't be held against the player.

"I will appeal the decisions, because it was an administrative error. [The OCAA] shouldn't

punish the team for something that happened without anybody realizing," Fox said. "It's just one of those unfortunate things that slips through the cracks."

Before the decision, the Hawks were first in the division with a 2-0 record.

'It's unfortunate, but it's just another obstacle for the team to go through.'

After splitting with the Algonquin Thunder and Seneca Sting last week, with a loss and a win respectively, the Hawks would have headed into the holidays at the top of the league with a 4-1 record. Now, the team heads into the break 1-3 and finds itself at the bottom of the stand-

ings.

"It's one of those character builders in life, where sometimes there's tests along the way, but if you have the ability to win and be strong, then you can still win," Fox said.

The ruling to keep Thomas from playing this season may also have a crucial impact on the Hawks' roster.

With Audrey Ngongo out for the season with a knee injury, the Hawks' roster will be down to 10. If the bench is ever needed, the Hawks' may be faced with not having enough players.

Nonetheless Hawks' head coach Denise Perrier isn't losing any sleep.

"Even at 10 I think we're set. We have enough talent as a group that we can still be competitive," Perrier said.

"It's unfortunate, but it's just another obstacle for the team to go through," she added. "It'll prove how good a team we are."

Sports

Niagara tournament a disaster for Humber



Sarah Horbaczyk

Hawks' Adam Kinoshita attempts a spike in their loss to Niagara.

Hawks lose a shocker in semis to the home team they destroyed during round robin play

SARAH HORBACZYK
STAFF REPORTER

Heading to Niagara Falls with huge expectations last weekend, the men's volleyball team instead suffered a huge disappointment.

Coming into the tournament, the men were ranked sixth in the nation and wanted to let the rest of the country know what they were made of.

"We played undisciplined volleyball," Hawks' player Brad Thompson said. "We had the opportunity to move up in the rankings nationally and send a message to clubs we'd never played before. We couldn't do it."

In their first game, the Hawks played the Georgian Grizzlies and crushed them in three of four

sets to win the game 3-1.

But the Hawks most anticipated game of the tournament came against the Limoilou Titans of Quebec who are fourth in national rankings. The Hawks knew that they had to play hard in order to prove they were better.

The consistent play of Mike Smith and Jesse Mabon gave the Hawks some momentum. Hawks' player, Daniel Shermer, set his point getters, Paul Kemboi and Milad Massoudi, to take the Titans in three straight sets.

"This was by far our best game," Mabon said. "We knew we were going to have a tough game and we came out really hard. They're the number four team in the nation. You can't scoff at

that."

The Hawks' last game of the round robin was against the Niagara Knights who they destroyed in three straight sets as well.

'Some of these guys are undisciplined. There's no consistency.'

In their semifinal match, the Hawks once again played the Knights, who were out for revenge. And just when everything was going as planned, a major hiccup occurred.

"Sometimes we think we are better than other teams and don't show them the respect they deserve," head coach Wayne Wilkins said.

Expecting nothing more than a win and to move on to the championship game, the Hawks lost the first set 29-27.

The men managed to steal the second and third set from the Knights, thanks to powerful plays from Kemboi and Mabon.

But then the Hawks fell apart, losing 25-21 and 15-13 respectively, allowing Niagara to steal the game 3-2 and knock Humber out of the tournament.

"They're a strong team and it really just comes down to a lack of mental preparedness on our part," Mabon said. "We let them go on runs when we shouldn't have."

Coach Wilkins couldn't have agreed more.

"It's unfortunate. You go undefeated in pool play and lose to a team that didn't win a match all tournament," Wilkins said.

"Some of these guys are undisciplined. There's no consistency," he added. "I preach to play every game like it's their last and this will be a reality check for some of them."

Thompson best summed up the tournament.

"There were some high points and the big low point at the end," he said. "It's a terrible feeling. It's a feeling that doesn't go away quickly and we have the whole Christmas break to think about it."

Indoor soccer heats up after the break

Men plan on winning their seventh title in eight years

KRIS HALINEN
STAFF REPORTER

The Humber Hawks men's soccer team is hoping to carry its outdoor success into the upcoming indoor season.

The Hawks have won six

provincial championships in the past seven years and have no plans to end their dominance this year.

Over the past two years, Humber has beaten rival Seneca in the championships both times.

"We're one of the top two outdoor teams in Ontario," men's head coach Germain Sanchez said. "With hard work and determination, we can repeat as (indoor) provincial champions."

Humber will benefit from its many returning players, includ-

ing Jay Mesa. He was a key player when the Hawks won the outdoor national championship in 2000-2001.

Mesa was an assistant coach for the outdoor team last season and will bring a lot of leadership to this year's indoor squad.

"It's huge to have such an experienced leader and skilled player on the team," veteran Hawk Vito Del Duca said.

The team will also welcome a couple of new players, including Chris Fernandez who has experience with the Canadian national

team. With this addition, the Hawks are poised to assert dominance over Ontario once more.

Since there are no individual season games, the Hawks will participate in several tournaments and exhibition games to prepare for the regional championships in March.

Training camps start for the men's and women's teams during the first week of January and are open to all soccer players. Those interested should contact the athletics department for more information.

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Study shows aggression is taught

University of Toronto PhD student analyzes 2,185 NHL penalties for results

BRETT STANDEN
SPORTS EDITOR

Aggressive behaviour in the National Hockey League (NHL) is not a result of frustration, but instead an expected and learned part of the game that is taught, a new study shows.

"The study hinges on the notion that acts of aggression being the result of frustration doesn't hold up to empirical support," said Chris Gee, a PhD student at the University of Toronto's faculty of physical education. "The use of Europeans and North Americans [in the study] is the best example of that, in that they both compete in the same game yet they behave very differently."

Gee's study examined 2,185 aggressive penalties such as slashing, cross-checking and fighting handed out in the first 200 games of the 2003-04 NHL season. His study found that Europeans committed significantly fewer penalties compared to North Americans. Individuals in the NHL for more than four years committed the majority of aggressive acts and it didn't make a difference if a team was winning, losing or tied; the number of infractions remained relatively equal.

"The common argument by NHL executives like Colin Campbell and John Ziegler is that hockey is an inherently frustrating sport and that acts of aggression can be understood as an expression of these frustrating feelings," Gee said. "If one adopts

that perspective, one would also expect to see the majority of acts committed when the score differential is really large; we found that's not the case. The majority of penalties are taken when the game is relatively close or tied."

Gee also says that since NHL teams are composed of a mixture of European and North American players, the number of infractions by each team is much different.

"Teams made up of mostly North Americans generally are penalized much more than teams comprised solely of Europeans," he said. "This is because North American players are brought up in a system that rewards and reinforces aggressive behaviour. Players in North America also view coaches and scouts as admiring and revering of these acts, therefore adopting them to progress through the ranks."

"Whenever you see an NHL fight, you also see thousands of fans cheering and screaming in approval. This acts as reinforcement for reproducing the behaviour on a later date," Gee added.

'Whenever you see an NHL fight you also see thousands of fans cheering...'

Former Humber Hawks hockey player Jason Fortier, who played professional hockey in



Courtesy

Dennis Bonvie and Roman Ndur show their aggression in a fight during regular season play last year.

Canada, the United States and Germany, says that from his experiences in North America and overseas, the study holds true.

"They are two totally different development processes," Fortier said of the European and North American systems. "Here, we are taught to play with heart and be physical. In Europe, the focus is mainly on scoring."

The study also notes that aggression in the NHL and hockey in general can be unlearned the same way it is learned.

"If you punish these behaviours, for example, larger fines and stiffer penalties, they will decrease in frequency," Gee said.

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