

HUMBER Et Cetera

March 25, 1999

Vol 27 Issue 23

HUMBER HIGHLIGHTS

SAC wants say in bookstore contract

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Introducing a new look at the environment



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Have you seen us on the web? <http://etcetera.humberc.on.ca>



Spring fever heats up Humber

Posing for the environment:

Contestants Chad Schoppel and Carolina Fernandez aren't waiting for the hot weather to sport their beachwear. Humber Environmental Action Team will stage a swimsuit competition on March 25 at Caps to end Earth Week activities.

Photo: Jason McCallum

College money missing

BY MIKE GENTILE
Et Cetera Staff

Humber College officials are currently investigating money that is missing from the school coffers.

Humber President Robert Gordon said that an auditing committee will look into the financial irregularities.

"We have a problem and we're pursuing an investigation," he said.

The investigation will not only examine how much money was taken, but how it was taken and over what period of time.

"This wasn't a one-time thing," Gordon said.

According to Et Cetera sources, it could have been going on for years.

The investigation will also look at whether the money can be recovered.

The amount of money taken is uncertain, though it could be thousands of dollars, sources said.

Without knowing exactly how much money has disappeared, it will be difficult to pinpoint how much the college should get back, Gordon said.

What bothered school officials the most was that the system of accountability appears to have been flawed.

"We have to look at our system. There'll be some changes made in terms of how money is handled," Gordon said.

Until all the evidence is in place, Gordon said that no one specific will be implicated. "You can't just start accusing," he said.

"We don't talk about individual employees because of privacy or confidential issues," said Nancy Hood, Director of Human Resources.

What makes the problem especially troublesome for Gordon is "we're dealing with public money here," he noted. The school must report to the Board of Governors, but they hope to handle the entire situation themselves. "We'll do it," Gordon added.

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Are you lonesome tonight? etceteraeditor@hotmail.com

Pub Night @

Walt's

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Weird news from the world of coffee

1996 — The Los Angeles International Airport police department opened an investigation over a January incident in which one of its officers allegedly passed a fatal freeway accident scene, at which no officer was yet present, in order to continue on his way to the Dough Boy doughnut shop for a cup of coffee. And in December, the police chief of Quebec City, Quebec, ordered his officers to stay away from doughnut shops during their breaks so as to improve the department's image. Such was the outcry that he rescinded the order the first week in January and apologized to the Dunkin' Donuts chain for using its name generically for "doughnut shop."

1996 — Recently, the All-Merciful Saviour Russian Orthodox Monastery realized it needed to raise money through an entrepreneurial venture. Since the order is located on Vashon Island near Seattle, it decided to make and market four blends of gourmet coffee, at \$20 to \$30 a pound, including its signature blend, Abbot's Choice.

1994 — Milton Ross, 41, who was feuding with co-workers in St. Joseph, Mo., was fired in July after a video camera caught him urinating directly into the office coffee pot before co-workers arrived at work. The videotape trap was set after people noticed that the coffee's taste in recent days had become sour.

1992 — Science News reported in January that male members of a remote Amazonian tribe called the Achuar Jivaro drink an herbal tea each morning that contains as much caffeine as five cups of coffee, but then, in a "macho ritual," vomit most of it up in order to avoid the effects of overdose.

1994 — In January, the U.S. Postal Service withdrew from circulation most of the rare, misprinted 29-cent stamps honoring cowboy Bill Pickett but picturing his brother Ben. To recover one outstanding stamp, which may be worth \$1 million to collectors, the Postal Service offered the owner, Dan Piske of Bend, Ore., 29 cents and a USPS coffee mug. (Piske declined.)

1992 — Goshen, Ind., police Capt. Joe Brown reported in May that he was considering bringing charges against a 65-year-old man who had poured hot coffee onto the head of a 14-year-old boy who was underneath a footbridge in a local park.

Sources: News of the Weird, www.koffeekorner.com, the Java Gourmet

Coffee tribute week

Words of Wisdom

"If this is coffee, then please bring me some tea. But if this is tea, then please bring me some coffee."

-Abraham Lincoln

Make your own coffee pork chops !!! We are not making this up!!!

- 6 pork chops
- 3 spoonfuls of olive oil
- 2 mashed cloves of garlic
- 2 spoonfuls of minced parsley
- 150 ml of red wine
- 150 ml of strong black coffee
- 3 spoonfuls of honey
- salt and black pepper, freshly-ground
- juice and grated pulp of a lemon or lime

Put the chops inside a large, but low stewpan. Mix the remaining ingredients and drop them all on to the chops. Let it marinate for one night, stirring every now and then.

Remove the chops from the stewpan, put them under the grill and turn them over until uniformly browned. Put them again into the stewpan, and bake in the oven (180C) for 30 minutes. Remove the chops, and skim the fat off the gravy. Serve with rice.

Serves 6 people.

Have a suggestion for an Inside Edge tribute? etceteraeditor@hotmail.com

Useless Coffee Trivia

- 1 Who are believed to have first brewed coffee?
- 2 Why did the French start putting milk in coffee?
- 3 When did the first Parisian café open?
- 4 When did Americans start switching from drinking tea to coffee?
- 5 When did the first newspaper advertisement for coffee appear?
- 6 When was the prototype for the first espresso machine created?
- 7 When was the first commercial espresso machine manufactured?
- 8 How old is the average Italian Barista?
- 9 How many coffee bars are there in Italy?
- 10 In Greece and Turkey, how do they decide who is served their coffee first?
- 11 What percentage of the Western world has switched from tea to coffee since 1700?
- 12 Coffee represents what percentage of all the caffeine consumed in the United States?

Answers page 8

News etc.

■ Tuition cut promises

All in good time.

That was the reply Ontario Liberal leader Dalton McGuinty gave to York University students when asked how he would pay for a 10 per cent tuition cut promise if elected premier during a lunch-hour speech on March 22.

Apart from the tuition cuts, the Liberals would also grant loans to part-time students, and the amount a working student can borrow will not be reduced. The total amount of the changes was \$155 million.

McGuinty will be speaking at Humber College on March 31.

-Toronto Star

■ Portable problems

Parents in the Dufferin-Peel Catholic District School Board say they will take trustees to court if no solution is found to mouldy school portables. The cost of replacing them will be more than \$45 million, Caledon parent Sean Ford said.

-Toronto Star

Contract up for grabs

By MATEI NEBRES
El Cetera Staff

The campus bookstore may be changing owners and SAC wants to have a say in who will run the outlet.

The five-year contract between the Follett Corp. and Humber College is up May 31.

The college earned \$280,000 in revenue in 1997 from the bookstore, which was put into the college's operating budgets. Follett also contributed \$10,000 to a college scholarship fund.

Follett has submitted a new proposal, but the college administration is also reviewing bids from two other vendors.

Gary Jaynes, director of Ancillary Services and Public Safety, said the stores operators will be selected by administration with input from an advisory committee.

However, SAC president Tracy Boyer said the student government should be actively involved in deciding who gets the contract.

"We are here to represent the students and for us to do that we need to have the right info and be in on the process," Boyer said.

The process begins when the college recommends a vendor to the bookstore advisory committee and requests feedback from the committee, Jaynes explained.

Committee members include Jaynes, Boyer and Lynne Urszenya, a member of the academic council. Jaynes said they will receive input from SAC before the final decision is made.

However, Boyer said, at this point it is too late for SAC to be involved.

"All we can do is react. It doesn't create good relationships between SAC, the faculty and the students," she said.

SAC representatives surveyed from other colleges, said they have no input with the operation of their bookstore.

The campus bookstores at Centennial, Seneca and George Brown are run by the college administration, not by an outside company.

Reuven Gorsht, the SAC president of Seneca's Newnham campus, said his role is minimal.

"We don't have much involvement in the prices or selection of the store. They don't ask us for our input. The only reason we would get involved is if we had complaints, but we haven't had any so far," said Gorsht.

Boyer said she is concerned about the exclusivity agreement between the store and the college. The current agreement does not



PHOTO BY MATEI NEBRES

The wares Humber bookstore supplies to students may soon be coming from a different supplier, as the contract expires.

allow SAC to hold certain fund raising events, such as used books sales.

Jaynes said he is open to any suggestions.

"I have an open door policy and welcome comment. We are here to support students," he said.

Boyer added that by keeping SAC in the loop, she can give the college the inside edge on what students really want.

"We can tell them to push certain things, because we know what students are into," Boyer said.

Rez voting missed

■ Limited hours for polls mean limited turnout

By EDYTA ZDANCEWICZ
SAC Reporter

SAC election candidates are not paying the same to attention to residence as the rest of the campus.

Currently, the main part of campus is littered with campaign posters urging voters to elect the best candidate. Residence, meanwhile has a total of two posters, both belonging to the same candidate.

It could be an oversight by the other candidates, but considering the large number of potential votes at residence, it is surprising that there are so few posters.

"They'd (the candidates) probably benefit if they campaigned here, considering there are about 700 potential voters," said John Conrad, residence life co-ordinator.

What could be turning off some of the

candidates are the strict rules which residence applies to campaigning.

Residence has a 40-poster limit. These posters must be approved by Conrad and can only be put up in areas where a bulletin board is provided.

In the rest of the school, candidates are

"It would look more colourful. I would want more posters for residence. It would help the students see what's happening."

-Nursing student Deana Juffs

free to post in all areas, but face restrictions in the Pipe, Student Centre, the Concourse and Caps. According to Tania Castonguay, chief returning officer, these areas are only allowed to have one banner and five posters per candidate.

When Castonguay was asked why she believed limits were placed in residence, she said it was because the janitorial staff complains about the mess.

Conrad agreed with Castonguay about the potential mess posters can create.

"Posters can cause damage and clutter, we try to keep it like a hotel here. We have a cafeteria and classes on the main floor so we try to keep the front lobby clean," Conrad said.

Damage and mess are two reasons, but there is also a third reason, said CSA member Maggie Hobbs.

"It is because there is a balance which needs to be struck between this (residence) being someone's home and you are being invasive on them (residence students)."

But some residents don't feel that election posters are invasive or messy.

Deana Juffs, a first-year Nursing student said posters will make residence "look more colourful. I would want more posters for residence. It would help the students see what's happening."

Other students, like Fashion Arts student Hana Akhtari, feel differently.

"I want to go home. I don't want to deal

with school at home," she said.

Voting at residence is also hampered by the minimal hours allotted.

Residents were only able to vote for two hours in residence on March 24.

Meanwhile, a total of 18 hours over three days have been available to students at the Main Concourse of the north campus.

Hobbs said the residence voting time was limited for a reason.

"(We need) to strike a balance between candidates who live in residence while still providing an opportunity for residents to vote. If I am a candidate and I don't live in residence it isn't fair to me, when the main concourse is in the school."

There are some candidates running for the positions of president and vice president who live or have lived in residence. Conrad was open to the idea of opening polls for a longer period in residence, as long as there were no conflicts with other residence activities.

He said that generally students are apathetic to most events but that increasing hours wouldn't hurt voter turnout.

Security's take on Humber: 'It's like a little city, and we're like the sheriffs'

By DAVID SMITH
Et Cetera Staff

To serve and protect. This police motto is designed to provide a sense of security to a community secure in the knowledge that their well-being is looked after.

But it's not just police forces who are in the business of serving and protecting.

Humber College is protected by Provincial Security Services – contractors who operate under the auspices of the college's Department of Public Safety.

"When you think about it, Humber College is like a little city, and we're like the sheriffs," said Matt Little, Provincial's site supervisor at Humber.

Dressed in black and white, they are a visible part of Humber's community whose duties span from watchdog to tour guide. But Little stressed they are not the police.

"Our main function is not active enforcement, it's more customer service. Enforcement is what the police are for, and when we need them, we call them," Little said.

Security professionals often find the automatic association with the police frustrating. They work hand-in-hand with police, but provide different services.

"People think we're all wannabes, rent-a-cops, or whatever. But that's not our job. For some people, this is their career. They want to work in security," Little said.

An excellent example of their partnership with police is the Campus Watch program which is tied in with Crimestoppers. It is a service that Provincial Security Services provides at Humber, but police look after arrests and enforcement.

Security guards do have power of arrest, but not as peace officers. The only difference between their powers and those of private citizens is their ability to act as agents for Humber. Little emphasized that if a situation requires arrests, the police would quickly respond to the scene.

Many campuses have their own police forces staffed with special constables. But some doubt the merits of hiring police officers for educational institutions.

"I don't know if you need to be a cop. It's a different role. There is a big difference between active enforcement and customer service, loss prevention," Little said.

Under the umbrella of the Department of Public Safety, Provincial is responsible for both security and parking. While there are several officers trained in both departments, Little said the service is improved when his staff focuses on either the parking lot or inside.

Security personnel staff the kiosk located outside the library at the main entrance in the NX building. This acts as a command post, where guards monitor their base radio connecting them to their officers in the field, the campus



PHOTO BY DAVID SMITH

Despite the imposing logo on the side of their patrol cars, Provincial Security wants Humber students to know they're here to help. On a recent walk around campus, security guard Matt Little showed how Provincial works with police and Crimestoppers to make Humber life safer.

emergency line (extension 4000), and the off-hook emergency telephone service. They also give a lot of directions, serve as an information booth and operate the switchboard after hours.

Security received 225 calls for service outside of routine requests such as unlocking doors in February alone.

"We log all of our calls, which are anything from responding to an alarm, a maintenance issue or responding to an assault or other criminal activity," Little said.

In addition to Humber, Provincial services four other area colleges: Sheridan, Seneca, Centennial, and DeVry. Security teams share information, which allows them to provide a more effective security service.

Provincial is a member of the International Association of Campus Law Enforcement Administrators. As such, they are able to share ideas with institutions around the world. It also allows for standardization on universal problems. But the college isn't home to a lot of crime.

"It's a pretty quiet place overall. My days are pretty

much routine," Little said.

And when situations do arise, the conventional wisdom surrounding campus law enforcement is to promote non-violent crisis intervention.

Security staff have a few yarns about interesting characters who have made their way to the hallowed halls of Humber.

There was the infamous Humber Hugger who, as the moniker suggests, misinterpreted certain glances as an invitation for an embrace.

Or the articulate gentleman, who when questioned by security officers informed them that he was indeed a madman. But these situations were quickly dealt with by issuing trespass warnings and the characters have yet to return.

The biggest worries of campus night life may only be getting locked out of a lab or finding your car battery dead. But worry not. Security will always be there with a master key and a set of booster cables.

Dealing with your loan

By PAM SHORE
Et Cetera Staff

Picture the smiling graduate. A diploma in one hand – and a load of debt in the other.

Every diploma or certificate at Humber College comes at a high price.

Now that graduates have forked over a lifetime of savings, how do they re-enter the workforce in the best possible circumstances?

Margaret Antonides, manager of financial aid said, students must start paying back the loan six months after they graduate.

This year, the 5,000 students at Humber receiving student loans will have anywhere from \$1,000 to \$25,000 to pay back by the time they graduate.

"The best advice for these students is to get in touch with their lender because interest gathers for the first six months," Antonides said.

Keep in mind when paying back student loans, some students, but not all, will be eligible for student griev-

ances. Grievances are the newer term for loan forgiveness; when your loan is over \$7,000, you can ask for the overage to be forgiven.

"If you are eligible for grievances, the ministry will send that amount to the bank," Antonides said.

"Only those students who finished their program and have over \$7,000 debt will be eligible," he continued.

For those hoping to avoid paying back their student loans, think again. Bankruptcy may seem like an easy choice, but it's not.

Recently, the Canadian Federation of Students (CFS) announced its support for McGill's Annick Chenier – a McGill student who is \$63,000 in debt.

This group is using Chenier's story to launch a court challenge against a federal law that prevents students from declaring bankruptcy on their loans for at least 10 years after they graduate.

According to Antonides, it's a bad idea to declare bankruptcy. First, it's not good for your credit history. It will only affect you down the road when you try and get a mortgage or negotiate car payments.

"Students who declare bankruptcy are in real trouble," Antonides said.

To avoid bankruptcy, your best bet is to negotiate a payment plan with the lending bank.

Financial Services assistance

Attention potential graduates. Financial services has important information for those who received OSAP during their time here at Humber College.

It's your responsibility to call your bank if you wish to consolidate your loan. It is also your responsibility to find out what you should be doing to keep your record in good standing with the ministry and bank. There will be two information sessions on student loan repayment held here at Humber College.

An OSAP repayment seminar will be held on April 7 at 11:50 a.m. in the Community Room NX111, North campus and April 8 at 11:50 a.m. in the small cafeteria, Lakeshore campus.

Low turnout for Union Fair

BY STEPHANIE AITKEN
Labour Reporter



FILE PHOTO

Faculty Union prez Maureen Wall hoped the Union Fair raised awareness for students.

Humber's Union Fair sent out a strong message about social justice and workers' rights despite a low turnout from students.

The fair, which took place last Thursday in the concourse, was designed "to raise student awareness on the value of unions in general, and in their own life," said Faculty Union president Maureen Wall.

"The format of the fair was changed this year in order to reach a wider population of the student body," added Darilyn Coles, co-ordinator of the fair.

"Our population here at Humber is so diverse and the courses offered by the college are so different that it's hard to get people involved in specific unions," she said.

"This year we're concentrating mostly on social justice and rights in the workplace, issues that students need to address in the workplace today," Coles continued.

Coles, who is also a second-year Public Relations student, found student's lack of interest in the event discouraging and puzzling.

"A lot of students are retail workers and service industry workers, who have many issues today in the workplace. That's what this fair is about. Students should be interested but they just don't seem to be, unfortunately."

Steve Shemluck, a York University student and represen-

tative for the Centre For Research On Work And Society, said people don't become interested in their rights until they've been treated unfairly.

"In most cases, even in unionized environments, you're not going to get involved or be supportive, unless it affects you directly," Shemluck said.

"If you've been fired, harassed or discriminated against then you get involved and that's unfortunately how it happens, most of the time," he continued.

As the author of *Know Your Rights, a guide to Ontario's Workplace*, Shemluck, who also spoke on the Ontario Federation of Labour's Youth Committee question and answer panel said-

students and people in general should know what their rights are.

"Some don't know the minimum wage, or that after five hours of work they are entitled to a half an hour break," he said.

The question and answer period proved to be one of most successful elements of the fair. Sheila Reid, a first-year nursing student, received answers to all of her concerns.

"I just started working in a unionized environment I wanted to know my rights. I was also worried about paying these union dues because as a student on OSAP you don't have a lot of extra money," she said.

Gillian Smith, a first-year Business Administration student had her suspicions confirmed through the answers to her questions.

"I found out that my employer made a number of infractions that they shouldn't have gotten away with," Smith said.

"And I was urged by the panel to seek better representation and continue fighting for my rights," she said.

Early Childhood Education student Ann Barry found the pamphlets distributed by Ontario Public Service Employees Union (OPSEU) provided useful information.

"It's supposed to be a fair that demonstrates what rights people have once they are working, so I wanted to find out more about them," Barry said.

According to Barry, it was just refreshing to take part in a labour event where unions aren't perceived as, "the big, big union that's out to steal all your pay."

TTC paving the way for changes in subway system

BY ANDREA LEWANDOWSKI
Et Cetera Staff

Wait and wonder no longer," is the TTC's new approach to improving the city's subway system.

New "hours of operation" signs, which outline train schedules, now hang in every subway station in Toronto.

Commissioner David Miller said each sign acts as "a simplified time table" that is "easy to read."

They show the expected times of the first and last train and give an estimate of how long passengers can expect to wait between trains.

The signs, which cost approximately \$5 each, are located at every Designated Waiting Area in all of the system's stations.

In a small ceremony held earlier this month, High Park station became home to the last of the signs, which were installed over a 10-day period.

Miller, who thought of the idea, said he is very

familiar with London, England's subway system, which lets passengers know the exact time each train will arrive.

But, the cost of installing a similar system here is "too high" because of the expensive sensors that must be placed in each station in order to accurately predict a train's arrival, Miller said.

Briefing passengers of expected times with the new signs is the next best, less expensive alternative. The signs, which go from light green to black to indicate the time of day, use very little English and as many international symbols as possible.

Miller said the move is the most recent in the TTC's campaign to better accommodate passengers.

The campaign's next step is to install elevators and low-floor buses for wheelchairs and strollers, said Miller.

The TTC is trying to "work in cost-effective ways to make the system more accessible to as many people as possible," he said.

Did you vote?

BY ROBBIE KIRK
Et Cetera Staff

With a budget of over \$6,000 to promote voter turnout, the Students Association Council is hoping this week's student presidential elections will be a vote against apathy.

The lack of voter turnout has plagued previous elections. In 1998 less than 10% of the Humber enrollment of 11,000 turned out at the ballot boxes.

"I remember at the all-candidate forums last year hardly anyone was there," said SAC President Tracy Boyer.

The chief reasons for the lack of voter turnout stem from Humber being a commuter school, where people go to class and have to spend the bulk of their day getting to and from school, Boyer said.

There is also the number of older students taking specialized courses who have already been to university and have gotten the campus lifestyle out of their systems.

"They're excuses but at the same time it's not an excuse," said Boyer who along with Leadership and Programs Coordinator Lise Janssen stress that this is the opportunity for students to dictate what their tuitions is used for.

"It's their money and these are the people who are going to be spending that money," Janssen said.

The \$6,000 budget SAC has received from the Council of Student Affairs to promote the elections is being utilized in a variety of ways.

This money has been used to employ students to work on increasing voter turnout, publishing brochures on all the candidates. There will also be hot beverages, mugs, popcorn and pens handed out to those who vote.

Both Boyer and Janssen stress this isn't just an attempt to bribe people to the ballot box.

"We want to hand out something that people can take with them," Janssen said, referring to the pens and mugs that have the slogan "mark it with an 'X'".

This is to make sure people are concerned about the vote and not just half heartedly checking a ballot for the sake of freebies.

Early indications have been promising. All candidate forums have drawn good crowds in the student center where there have been forms of spirited debates.

But how full ballot boxes will be after elections remains to be seen. For Boyer, she said SAC's done their part.

Polls are open March 25 from 10 a.m. to 4 p.m. in the concourse.

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Constitutional change in right direction

Students depend on SAC more than any other council to speak and act on their behalf. Putting more power in its hands doesn't come without risks, but that's the price we pay for living in a democracy.

Therefore, we believe last week's proposal by SAC, which seeks autonomy from the Council of Student Affairs (CSA), is a change that should be seriously considered.

According to SAC, these constitutional reforms will put more money into the coffers of the student government.

Though the change is still in its discussion stages, we think SAC will be in a better position to govern Humber students, not only because it will have more money, but more say.

Currently, CSA manages funds totaling about \$802,000 a year – \$123,000 more than SAC manages yearly. Why should that be?

This year's student government has demonstrated a level of responsibility that merits increased control over student affairs in all respects, including financially. Some may argue that the behaviour of future student administrations cannot be guaranteed.

While this is true, there is no other way to test the

trustworthiness of a government than by putting it in a real position of power.

Two-thirds of the 11 CSA members must vote yes in order to put the constitutional reform into effect. That means the four administrative personnel on CSA have the power to kill this proposal.

When the time comes, we believe they would do the student body a great disservice if they decide to veto the changes.

But the proposed reforms will not be implemented before the present SAC administration leaves office. For the first time, SAC is concerning itself with more than just the present year. It's looking ahead.

This decision has nothing to do with SAC trying to get more cash for itself.

It's about doing what's best

for students in the long run, and it will be the onus of in-coming administrations to pursue these ideas.

If the constitutional reforms are approved in the future, the extra money for SAC will require accountability, probity, and responsibility.

SAC is growing up, and like concerned parents, administrators will be understandably cautious, but sooner or later, they'll have to let go.

**It's not all about cash,
it's about SAC looking
ahead and doing what's
best for students in the
long term**

Province can't afford alternative treatments

Having to choose the proper course of action for a child infected with cancer would be any parent's worst nightmare. But for the Dueck family in Saskatchewan, this choice was a reality they had to face when their 13-year-old son was struck by the disease.

Tyrell Dueck underwent two courses of chemotherapy before refusing to go any further. When his Christian fundamentalist family lost faith in the conventional treatment he was receiving, they asked the government to help pay for an alternative form of therapy available in Mexico. There, he would be fed a steady diet of herbs, vitamins and prayer instead of needles and radiation.

The government did not comply, and rightly so. If someone wants to try a magic potion and hope for a miracle cure, that is their prerogative.

But to expect the government to condone these so-called "unorthodox" treatments and cover the expenses involved would bring the health care system to its knees. At this point, it's just not an option.

That's why the provincial court wouldn't allow it, and Justice Allisen Rothery ruled Tyrell was far too influenced by his religious parents to make a sound decision for himself. He was ordered by the state to resume chemotherapy.

Before his parents could appeal the decision, doctors said the cancer had spread to Tyrell's lungs, and that there was nothing more they could do for the boy.

In light of these latest developments, the government rescinded last week's order and returned the decision-making power back into Tyrell's parents' hands.

There is no question that Tyrell's parents sought alternatives to chemotherapy out of love for their tormented child. Similarly, the government's decision to step in was based on what it believed were Tyrell's best interests.

While many are skeptical of alternative treatments, they should not be dismissed too quickly. Though they have no scientific backing, a psychologist at the boy's hearing testified that positive thinking could stand as good a chance against rare forms of cancer like Tyrell's osteosarcoma.

If legitimate alternatives to the horrors of chemotherapy treatment are out there, it is the government's responsibility to investigate them and report back to us. More information is required before concluding one method is better than another, or forcing a child to have chemicals injected into his body.



READER VIEWS

The following letter has been reprinted exactly as it was received by Et Cetera via email.

I can take it no longer. Every week I pick up Et Cetera on the way to class, and spend the first 20 or so minutes leafing through it. If I see an article that I think might be interesting, I continue to read. Usually I am satisfied, and enjoy the reading experience. Now, it seems, more often than not I am disappointed in the chosen content, the constant grammatical mistakes and the childish style.

The article written by Shauna Duffy; "High School Students Engage in a Culinary Delight" in the March 18-24, 1999 issue started and shocked me. Sentence fragments and unintroduced quotes ran rampant. The lack of and sophisticated words or phrases were guaranteed to bore the audience. And this incident is by NO means isolated. The editorial the week before regarding the bus route changes that recently affected many Humber Students reminded me of a grade nine writing assignment. There was no flow of ideas, no connective statements, nothing to keep interest. Editorials are usually

my favourite part of any newspaper, but now I cringe when I begin reading them in the School Newspaper. Past topics such as Bondage and Sexual Fetishes and the infamous "Monkey Files" and the most recent article about sex toys have NO place in a school newspaper.

I just hope that no one from the community or neighbouring schools gets their hands on a copy of the paper and starts to read it. I feel that Et Cetera gives a poor representation of our school, and in particular, our writers. Although I am currently attending Humber as a computer programming student, I feel I have always had strong written and oral communication skills, and most of the people in my Comm 300 class share this ability. I suppose all Humber students want to know is where the staff of Et Cetera come from, who selects them, and who edits the submissions. Perhaps changes are needed if this paper is going to be worth its cost in paper and production. Remember, WE the tuition paying students pay for this.

Rebecca Heckbert
2nd Semester Computer
Programming Student

Humber Et Cetera

<http://etcetera.humberc.on.ca>

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Humber Et Cetera reserves the right to edit for space. All letters must have your name and telephone number on them.

KEEP THOSE LETTERS COMING. WE WANT TO KNOW WHAT YOU THINK ABOUT WHAT YOU READ IN THESE PAGES EVERY WEEK. SO WRITE US.



INTOLERANCE

Don't make excuses for technology



Andrew MCKAY

Whether the ink-stained wretches of lore?

I've always wanted to use that sentence. I can't remember if it's supposed to be "lore" or "yore," but either way, it sounds good.

If I had been alive in the good ol' days, I'd really miss them now.

The world is hurtling forward like a hyper teenager on a mountain bike going off a cliff at midnight, and I can't keep up.

My problem, mainly, is with technology. I've finally figured out how to set the time on a VCR, but that's about it.

I got a new watch for Christmas, but I don't know how to set the alarm or use the stopwatch. I got a pager, but I don't know what most of the little symbols mean.

It's getting worse, too. Last week, my computer here at the paper decided to pass its last breath, three hours before deadline. With it

went five pages of the news section, and the collected week's work of five editors and countless reporters.

Fresh on the heels of wanting to destroy a whole lot of computers, mice and assorted geek-related items, I took a bus to North Bay with the women's soccer team.

Now, North Bay isn't exactly close. A four-hour ride with hyper, nervous athletes is no easy thing at the best of times. So imagine my pleasure when, first, the bus had electrical problems (delaying us an hour), and then the VCR broke.

We were assured as we left North Bay that the problem had been fixed. Our VCR would be fully operational, sound and all.

So we settled in to watch Heat, a riveting drama with Robert De Niro and an all-star cast that keeps you on the edge of your seat.

Sorry I lapsed into movie-review mode for a second. Anyway, it could have kept us on the edge of the seat, if we had been able to watch it.

Of course, whoever supposedly repaired the VCR forgot that, on occasion, a bus driving a group of hyper, excited athletes through the

not-so-wilds of middle-northern Ontario will, on occasion, GO OVER A BUMP.

So there went the VCR again, and we all slept instead.

Well, screw technology.

Obviously, everybody involved with manufacturing and programming anything that's supposed to make our lives better is actually just trying to keep us spending money on inferior products.

We accept quality standards from overpriced pieces of hardware that we would never accept from, say, a pair of jeans.

Imagine if your zipper fell off in the middle of a date, or sometimes they didn't fit, just because they were "temperamental."

So I'm going to get me a brand new old Underwood typewriter, a Betamax, and a Fisher Price record player. If you need me, I'll be in a shack in Montana, eating off the land and waiting for the Y2K bug to come and devour you all.

Especially the programmers.

Andrew McKay is thinking about starting his own militia.

Campus Wire

■ York

(www.oxcalon.ca)

The university suffered its second chemical spill in three weeks. Toronto Fire and ambulance workers were called to the Petric Building early Tuesday morning when a 2.2 litre bottle of nitric acid was broken. Two students, who were working in the lab at the time, were transported to York-Finch hospital with minor burns to the face. They were later released. Nitric acid is used to dissolve metals. A chemistry professor said the students were following proper lab procedure at the time of the accident. The cause of the spill has not yet been determined.

■ Waterloo

(www.imprint.waterloo.ca)

The funding of three new projects totalling more than \$36 million in grants for the University were announced on Monday by Jim Wilson, Ontario's Energy, Science and Technology minister. Most of the money will be going towards the creation of new labs which will aim to provide leading-edge research in communications and computing.

■ Brock

(www.brocku.ca/press)

Data received from the Ontario Universities Application Centre shows more high school students are marking Brock as their first choice. So far, 1,912 applications have been received, up by more than five per cent from last year. The number of students applying to the school's Consecutive Education Program have also gone up by almost 77 per cent. President David Atkinson attributes the rise to Brock's growing reputation as a centre for education and career opportunities. Figures also show more students are selecting Brock for their second and third choices.

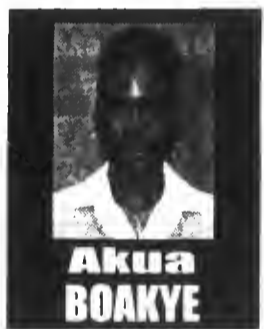
■ Ryerson

(www.scsr.org/thejeopener)

The school has decided not to renew Intercon Security's contract when it expires at the end of this month. Instead, it will hire a less expensive company. Intercon, which has patrolled the school for the past 24 years, had asked for an extra \$200,000 per year, but budget cuts at Ryerson made that figure impossible to cover. Provincial Security, which serves Humber, Sheridan and Seneca Colleges, will take over. Last year, Ryerson spent \$1.1 million on security. Details on the new deal were not released.

EXHIBITIONISM

Ridiculous ride on rocket



Akua BOAKYE

Who says you have to go to the movies to get an eyeful of sex and gratuitous violence? For the price of \$2 you can see exhibitionists, abusers and the mentally deranged perform on the TTC.

Case in point. A group of friends and I were riding the Bloor and Danforth subway on a seemingly quiet Sunday afternoon.

As we chatted about the day's events, school, and the latest gossip, a young woman walked on to the train. Although there was

nothing intriguing about this woman, for some reason my eyes were drawn to her. It was chilly, but she wore open toe shoes, no stockings and a very short dress.

As she sat down, I realized this was no woman - she was really a man. It was not a protruding Adam's Apple or hairy legs that gave him away, but the fact that this man's genitals were exposed for everyone to view.

Women and children turned away as he began to masturbate on the packed subway train. The cross-dresser then proceeded to blurt out obscenities to those sitting beside him and offered them sexual favors.

Then, to my astonishment and disgust, an elderly man who was aroused by this behavior started to fondle the cross-dresser. On the verge of regurgitating her lunch, one of my friends rose from her seat and attempted to push the emergency alarm.

At that point a fellow passenger yelled, "No! Please don't push the alarm. I have to get off at Bathurst. That's only two more stops."

While words cannot express my abhorrence for such vulgar behavior, I was more shocked by the reaction of passengers nearby. No one notified the conductor. No one wanted to pull the alarm. No one said a word.

My friends and I began shouting in disgust as we exited the train. Waiting at the next stop, I realized people can be so afraid to act that they will allow any type of lewd, brutal or immoral behaviour to occur.

Several weeks prior to this incident, a TTC passenger was beaten to the point of blindness while a bus full of passengers watched. Once again, no one said a word or did anything.

Maybe people just don't want to get involved or don't care. If we continue to do nothing when these types of incidents occur, the TTC may as well start selling popcorn. There are a lot of people out there who love to see a good show.

Akua Boakye is a second-year Journalism student.

Weird Newz

JUDGEMENT: GOD

A court in Syracuse, N.Y. has thrown out a case in which God was named as the defendant.

A Pennsylvania man, Donald Drusky, 63, accused God of "failing to bring him justice" after battling for more than 30 years with his former employer, the Globe and Mail reports.

Steel-maker USX Corp. fired Drusky in 1968.

Drusky wanted God to give back his lost youth, give him the skill to play guitar like a professional musician, and to resurrect his mother and pet pigeon.

U.S. District Judge Norman Mordue ruled that the case was "frivolous," and dismissed it from his courtroom.

GREAT ESCAPE

Inmates at a jail in Columbia tunneled out of captivity this week, and they didn't need any help from Steve McQueen to do it.

At least 17 prisoners, made up of drug dealers and leftist guerrillas, dug their way into the drain and sewer system, according to the Globe and Mail.

The tunnel was over 300 metres in length.

There have been no signs of the prisoners since they escaped from the jail in Cali, a city in the southwestern part of the country, local police reported.

The prison system in Columbia was turned upside down by protests last week due to complaints of overcrowding.

It Is Written

"Star Trek speaks to some basic human needs - that there is a tomorrow. It's not all going to end with a big flash and a bomb. The human race is unimproving, and we have things to be proud of as humans. No, ancient astronauts didn't build the pyramids, human beings did, because they're clever and they work hard. Star Trek is about those things."



— Gene Roddenberry, creator of **Star Trek**

- Before writing for television, Roddenberry was offered the job of police chief for the city of Los Angeles. He turned it down.
- According to William Shatner's memoirs, Roddenberry first conceived Star Trek when he was a child playing in a cardboard box. He pretended it was a space ship.
- When a scene called for futuristic looking salt and pepper shakers, Star Trek's art department devised items so exotic they ended up being used as medical instruments for Dr. McCoy.
- Roddenberry rewrote the script for "Shore Leave" page by page as the shooting progressed during the week.
- He was married to Majel Barrett, who played Nurse Chapel.

New SAC vp acclaimed

■ *After extended nomination period fails to bring in candidates, Margaret Ozel claims vp spot*

BY KEVIN MASTURMAN
Lakeshore Reporter

Margaret Ozel has been acclaimed the new Lakeshore vice-president. She captured the spot after no one ran against her despite a one-week extension in the nomination period.

Ozel said she'll promote more SAC-sponsored activities, and a more dynamic student government.

"I think we have to give directors a title and more responsibility for them to get involved in the programming of events," she said.

Ozel said the SAC directors will only become more involved in the student government if they are given specific initiatives and responsibilities at the beginning of the year.

As the SAC vice-president of finance this year, Ozel saw the need for the directors to become more involved.

Her position, now left vacant, will be filled by a current SAC director after the last day of elections.

Those applying for the job need signatures from 25 students and two faculty members to move to the hiring process of the position which pays up to \$124.50 a week.

Ozel said, as the new SAC vp, she looks forward to programming events.

"We are working with students so it lets me know what they want in an event, like the end of year boat cruise," she said.

She said the boat cruise is still in the early planning stages so any student input is welcomed.

Samson Igbu, a presidential candidate running against current vice-president Toby Warnell, has been involved in the planning of the end-of-year bash.

Ozel said that since she has worked closely with both candidates, she has not yet decided who to vote for on election day.

"It's really hard for me because I know them both well. My decision is going to be made at the polling station," Ozel said.

She is currently split over Warnell's experience versus Igbu's fresh outlook.

"Toby's got the experience but Samson has some new views."

SAC manager Lance Lougheed said the recent forums didn't resort to political mudslinging, to the disappointment of the small crowd gathered in the small cafeteria.

He said the candidates respect each other since they realize the commitment both would bring to SAC.



PHOTO COURTESY OF SAC
Margaret Ozel was acclaimed Lakeshore's newest SAC vp after an extended nomination period failed to bring forward any other candidates.

Airport area dwellers brace for summer noise

BY SILVANA ACETO
Et Cetera Staff

Nearby airport residents may be in for a shock this summer.

The construction of a tunnel at Pearson International Airport begins this May and noise may be a major concern for those living in the surrounding area.

One of Pearson's runways will be dug up this summer to build a tunnel for service vehicles.

"The tunnel is a part of the airport redevelopment program. It is being built to access a larger freight facility," said Steve Shaw, spokesperson for the Greater Toronto Airport Authority.

The tunnel will minimize conflicts between aircraft and ground vehicles. It will connect the runway with the passenger terminal area.

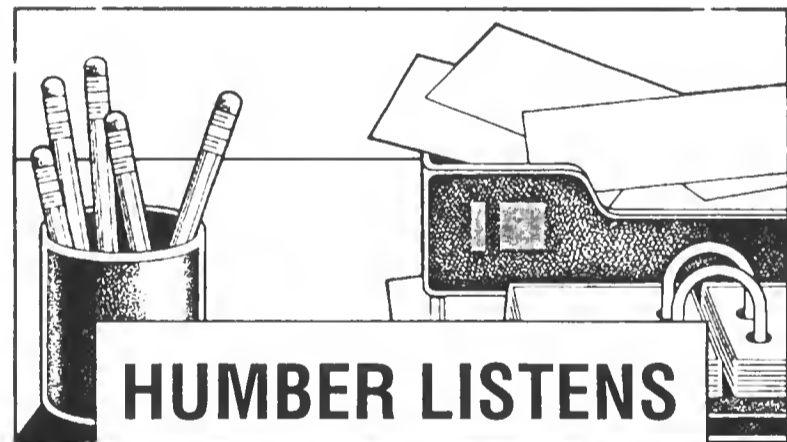
The 500 metre tunnel will pass under an existing runway on the east side of the airport. Catering trucks, and de-icing and other support vehicles will use the new tunnel.

The runway will be closed for construction from May to July.

Shaw said trial departures will test different flight patterns and address ongoing noise complaints.

During the trials, aircraft will be diverted over industrial areas in Brampton and Mississauga.

NavCanada, which regulates air traffic service at Pearson, will be testing two new departure routes at Pearson. Trials will be done on Saturdays starting March 27 and continuing through April 24. During the trials, airplanes will arrive and depart the airport from 9:30 a.m. to 11:30 a.m. and from 1:00 p.m. to 4:00 p.m.



HUMBER LISTENS

We may be surveying you to pieces, but that's because we care about what you have to say.

We always have.

Based on survey results, the College developed a set of classroom design principles and standards; renovated a couple of classrooms to test the standards; and identified classrooms requiring upgrading.

Also the Call Centre opened in August to provide improved levels of service to prospective and current students.



Keep telling us more.... We're listening.

12. 75 per cent.
11. 90 per cent.
served first.
10. The oldest person is
9. 200,000
8. 48.
7. In 1906, in Italy.

1. The Arabs.
2. For medicinal purposes.
3. 1689.
4. In 1773, after the Boston
Tea Party.
5. 1790.
6. In 1822, in France.

Trivia Answers

from page 2

On Campus etc

■ Prized publications

Three Humber School of Media Studies publications were named winners at a college media convention in New York City on March 18.

Humber Et Cetera, Convergence Magazine, and Canadian Business Abroad (CBA) came home with six Gold Circle Awards from the Columbia Scholastic Press Association competition.

The competition was sponsored by the Columbia University Graduate School of Journalism.

There were 13,000 entries. Humber was again the only Canadian college or university represented. Last year, Humber won four awards.

Heather McKinnon won second place for her non-fiction article Malaria, in CBA.

Chris Stephenson received a certificate of merit for his humour column Out-a-space in Convergence.

For Et Cetera, Andrew McKay received a certificate of merit in the Personality Profile category.

Michael Stafford won a certificate of merit for an entertainment review, and Deb Pattison won for a spot news photo.

The design staff received a third place prize for a single subject presentation.

Et Cetera Profiles

New group turns up HEAT

BY KATE McCAFFERY
Et Cetera Staff

There's a new environmental committee in the school, one that is concerned about the environment at Humber and beyond its boundaries. The new committee is not to be confused with Humber's Environmental Action Team.

The environmental committee is separate from the club. However, HEAT director, Larry Saldanha and HEAT vice president, Dan Bujas, are leading the panel.

Its goal is to present and resolve issues presented by HEAT, and departments within the college.

Representation was well plotted. The membership of the group includes both the internal environment, external environments and the SAC office. The line-up includes: superintendent of Campus Services, and recycling co-ordinator, Janice Flynn; School for the Built Environment and director of the Humber Arboretum, Stephen Bodsworth; and SAC president Tracy Boyer.

One key issue for the committee is raising awareness among students. Flynn said that her budget for more blue recycling bins has been approved.

"We're trying to get people to take a little bit more responsibility in that regard," she said.

"Basically there are two types of students Saldanha said. "One that finishes a can of pop and throws it in the garbage. Worse, the other finishes and leaves it on the ground or bench."

Bodsworth said that he is on the committee to promote the idea that people are stew-



SAC prez Tracy Boyer is a student rep on the new environmental committee.

ards of the environment.

"If everybody would pick up one piece of paper or cup per day, we wouldn't have garbage problems."

According to Bodsworth, awareness and responsibility are key, but he also encourages policing. "People police people better than police do," he said.

The college does have a number of environmental procedures like the blue bin program, but does not yet have an environmental policy.

In November, Saldanha and Bujas made a presentation to SAC, which approved the committee's proposed environmental policy. Since the meeting, HEAT and the environmental committee have been working to develop the policy.

"We're hoping that SAC adopts it, they've indicated to us that they would," he said.

He added that the goal is to have the

school see that SAC is leading the way with a new policy that makes sense, and follow in suit.

Administrative assistant for SAC, Iris Kohler said that it is quite apparent the office is already saving money on paper costs.

In a project spearheaded by Kohler, SAC uses the waste paper that is churned out by SAAC Net each day. Any photocopy or printout from the SAC office is on recycled paper unless clean paper is requested specially.

Despite paper jam warnings, Kohler said that the project is going well and has not posed any problems. "No one really notices the difference," she said. "No one has any complaints."

One function of the committee is to review successful projects that are already underway and to think of ways to use them across the college. Until recently, environmental concerns in the school were covered by the Health and Safety committee.

"As for an environmental policy per say, they don't have one at all," said Bujas.

But since there are other committees in the school, one concern of the new environmental committee is finding its niche without stepping on toes.

"There are (already) committees here at the college that have a responsibility to the environment, so we don't want duplication," said Bodsworth.

To bridge the gap between the environmental committee and the Health and Safety committee, Donna Miller, a counselor for student services, serves on both. Saldanha will be making a presentation to the Health and Safety committee on April 8.

Multicultural week kicks off at Humber

BY MATET NEBRES
Et Cetera Staff

Get ready for a trip around the world, without even stepping on a plane, as SAC brings the world to you.

March 29 to April 1 is multicultural week at Humber.

Lose yourself to the beat of Latin music, be entertained with the delightful dancers from many nations, enjoy the beauty of fashions from many lands, and feast on savoury international cuisine.

Michelle Derose, a SAC student representative, is organizing the celebration.

Derose encourages students to come out and broaden their horizons.

"The theme is 'spend a week around the world,'" Derose said.

"The purpose of the event is to

expose different cultures and have fun with it," she continued.

Other clubs, such as the Tamil Club, the Humber Indian Student Association (HISA), the Humber Caribbean Club, and the Residence Social Club are actively involved in planning the event.

Main activities will take place in the student center from 11 a.m. to 1:30 p.m. on all four days.

Derose said attractions still to

be confirmed include: an opera singer, step dancing, and Habeeba the Belly Dancer.

As well, Derose hopes to entertain students with Thai dancers, Hawaiian dancers, R&B singers, a Trinidadian steel drum band, and Karate demonstrators.

For those wanting to culturally educate their palates, Humber's own culinary students will provide free food.

Multicultural Week Highlights

Here are some highlights of the week to come:

March 29

- Tamil, Sri Lankan, African, Caribbean and Latin dancers.

(Free Latin dancing lessons given. Participation in Caribbean Limbo dance is encouraged.)

March 30

-Filipino fire eater, Filipino bamboo dancers

March 31

-Indian dancers and more Latin dancers

-Country Singer Bruce Worthington

April 1

-International Fashion Show

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The perfect dress code

BY KARYN WILSON
Biz/Tech Reporter

Walking into an interview wearing cargo pants paired with a sports jacket will kill your chances of getting a job.

While you may want to impress the powers that be with your keen sense of style, the fact is conservative is better.

When dressing for an interview, remember that in some cases less is more.

Wearing loads of jewelry will draw attention away from a person. It is best to stick with minimal, simple pieces.

The same goes for clothing according to *Dress For Success* (for men) and the *Women's Dress for Success* - books written by John T. Malloy, who spent nine years researching the impact of clothing in industrial environments.

Molloy recommends that interviewees consider wearing soft green or beige clothing because both hues are soothing.

When Humber students were

asked what they preferred, the colour of choice for interviews was black.

"I always have to wear black pants, black socks and usually a nice shirt in a solid colour," said David Mueses, an Advertising/Graphic Design student.

Carol Papa, of the same program, said that comfort is important to her when she prepares for an interview.

"I wear black because it is slimming - also something comfortable. It might be a personal thing, but I don't wear a lot of jewelry," said Papa.

Most important, it is essential to present yourself in an immaculate fashion - paint splashes on shoes or Calvin Klein peeping from under your pant waist just won't do.

Molloy's research concluded that when executives dress conservatively, employees feel more secure in their positions.

Therefore, when a job seeker dresses with care, a potential employer sees a person who provides top quality results. Travel

and Tourism student Stephanie Plastina said it is important to avoid clothing or accessories that are flamboyant.

"Wear a nice shirt and dress jacket. You have to look sophisticated, professional. I wear nothing flashy," Plastina said.

Business Management student Colin D'Souza knows that different jobs require varied looks.

"If it's an office job, a suit. If it was a retail job, I would wear dress pants, a shirt and tie and blazer," D'Souza said.



PHOTO BY CLAUDIA ZOQUE

A conservative dress like the one worn above by Sarah Thackoorie can secure you a good job.

If you're looking for employment, a choice in fashion could influence your chances at getting a job.

Biz/Tech etc.

Financial outlook

Over the past year, the number of newspaper advertisements for jobs in Canada increased by nine per cent, Statistics Canada reports. Furthermore, the help wanted index - a tally of job ads in 22 newspapers in 20 major metropolitan areas - posted consecutive gains in December, January and February. Not all provinces gained equally, however. The widely divergent results showed that job ads plunged 18 per cent in Alberta, but climbed 18 per cent in both Nova Scotia and Quebec. In other economic findings, StatsCan reported the national unemployment rate for February was 7.8 per cent for the second consecutive month, the lowest it has been since June 1990.

-Maclean's

Cigarette deal

RJR Nabisco Holdings Corp. announced the \$11.9-billion sale of its international tobacco business to Japan Tobacco Inc. in a deal that includes Toronto-based RJR-Macdonald Inc., maker of Export 'A' cigarettes. RJR Nabisco, which makes Camel and Winston cigarettes, also revealed plans to divest itself of its U.S. tobacco operations, a move that has renewed a battle with Carl Icahn, the U.S. financier and RJR shareholder. Late last week, Icahn said he will attempt to seize control of the company's board to prevent the domestic spinoff.

-Maclean's

Solar storm

It was an eerie moment for owners of electronic pagers last May, when 45 million of the units across North America suddenly flickered and died. The blackout was caused not by some routine equipment failure but by a massive storm on the surface of the sun that shorted out an Earth-orbiting communications satellite. Such solar typhoons are not uncommon, and the damage they do can be considerable. Last week the National Aeronautics and Space Administration announced that it may now be possible to predict the storms and take action to limit their impact.

-Time

Silver bullet

Amtrak unveiled a new 240-kilometer-an-hour train that will link Washington, New York City and Boston. As part of the consortium, Bombardier Inc. will supply 15 electric locomotives and 160 cars for North America's first bullet train, dubbed Acela.

-Maclean's

Millennium fund to the rescue

BY CLAUDIA ZOQUE
Biz/Tech Reporter

Humber President, Robert "Squee" Gordon, is concerned that a \$2.5 billion scholarship fund set up by the Federal Government might favour university students to those opting for a college education.

"By the time a college student can qualify for the money in their first and second year, they're out of school," Gordon said.

The Millennium Scholarship Foundation was created to provide relief to indebted students.

Norman Riddell, executive director of the foundation, agreed that students opting for university education would get more money, saying their financial need is greater.

"A student would need more money to attend university only because the tuition is higher than community college," Riddell said.

"Many students that graduate from university decide to enroll in college. We are institution neutral and subject neutral. Our objective is to give students money to go to school and to give that money to the students who need it most," he said.

The scholarships will be awarded to Canadian students over a 10-year period.

"This way, students don't graduate with a huge debt," Riddell said.

According to Statistics Canada, university and community college students who graduated in 1995, borrowed more from student loan programs than any group of graduates in the previous 15 years, and were taking longer to pay the money back.

StatsCan stated that within two years of graduation, one in 20 graduates end up defaulting on loans.

The aim of the scholarship fund is to reduce these numbers. The foundation will allocate the money based on a province's student population. So, if 37 per cent of the population in Ontario are students, the province will receive 37 per cent of the fund.

Eligibility for the scholarship will be based on a 95 per cent need and five per cent exceptional merit, which will include academics, leadership and community service.

"You might be a single mother with two children," said Riddell. "This means your need will be greater than a student who lives at home. We will treat everyone according to their need."

SAC president Tracy Boyer said the fund is a good initiative but doesn't think it is a lot of money.

"I don't know how much it is going to help," said Boyer.

"At Humber, over 50 per cent of students receive OSAP. It does look like a big chunk of money but we'll have to see what rolls."

Presently the money has been invested in bonds with a 10 per cent interest, which keeps growing. The foundation hopes the fund could reach over \$3 billion.

Riddell said the hardest part of the process is creating a system to gather information from Canada's three territories and 10 provinces.

"It's a huge country," said Riddell.

"We have to come up with 13 separate agreements and somehow build a system without having to go back and forth for infor-



PHOTO BY CLAUDIA ZOQUE

Margaret Antonides (above) hopes to see fewer OSAP forms when the millennium scholarship fund kicks in.

mation. Our aim is when you fill out a student loan application, you have already applied for the scholarship fund."

Riddell said the foundation hopes to provide financial assistance for students in early 2000.

"Students are being driven into the ground with debt," said Riddell. "If we had enough money, we would give it to everybody."

Health

Health etc.

■ What's up doc?

Bugs Bunny is only an animated figure, but he sure got it right with his obsession with carrots. The orange vegetable is generally considered to be good for eyesight. Now, according to a study reported in the journal *Neuron*, carrots, which are rich in the vitamin A precursor beta carotene, may be equally beneficial for memory.

"We have long known that vitamin A is needed for proper development of the nervous system in a growing embryo," said Ronald Evans, a researcher with the Salk Institute in LaJolla, Calif. "This is the first evidence that vitamin A is needed for brain function during life."

Other foods full of beta carotene include cantaloupes, peaches, pumpkins, spinach, and yams.

-The Toronto Star

■ Little criminals

Expectant mothers should think twice before smoking, as your babies may be at a greater risk of growing up to be criminals.

This was the conclusion of researchers from Emory University in Atlanta, the University of Southern California and the Institute of Preventative Medicine in Denmark. Scientists studied data concerning more than 4,100 men born in Copenhagen between September, 1959 and December, 1961, including their arrest records at age 34.

In *Archives of General Psychiatry*, they said their studies supported their hypotheses, adding the results "suggested an additional critical reason to support public health efforts aimed at improving public health behaviours during pregnancy."

-The Toronto Star

■ Ahh, chee...

Believe it or not, the suffering may be over. Cures for the flu and the common cold may finally be on the horizon. International studies are being conducted on the drug GS104, a flu pill active against all strains of the illness. This kind of anti-viral therapy is also being developed to find a cure for the common cold.

-Healthwatch

Eye opening experience

■ Laser surgery is increasing in popularity

BY AKUA BOAKYE
Et Cetera Staff

Getting on your hands and knees to look for a lost contact lens or wiping the fog off of your Coke-bottle glasses may soon be things of the past.

Medical science has enabled surgeons to correct common vision problems through the use of lasers.

"Refractive surgery (laser surgery) is very effective in treating nearsightedness, farsightedness and astigmatism," said Peter Schilling, refractive surgery co-ordinator at the Bochner Eye Institute.

"It was first performed in 1986 and has been done in over 50 countries and on over one million people throughout North America. It is now considered a routine procedure."

In the past, those with vision problems could only resort to the use of contact lenses or glasses.

Conditions such as farsightedness result from the eye's inability to focus light properly. While corrective lenses help a person see, they don't change the underlying problems.

With a laser, eye surgeons reshape the eye, resulting in better light focus.

"The cornea, which is part of the focusing system, is flattened or steepened so that nearsightedness or farsightedness can be corrected," Schilling said.

Cheryl Burt, professional relations co-ordinator for the Gimbel Eye Centre, said there are two methods of laser surgery.

"There are two procedures, photorefractive keratectomy (PRK) and laser in situ keratomileusis (LASIK)" she said. "PRK is done on the surface tissue of the cornea. In the LASIK procedure, they would cut the eye and use the laser on the central corneal tissue."

"Ninety per cent of our patients have the LASIK procedure done. It is generally a better procedure for those who have far-

sightedness," Burt said. "With LASIK there is a quicker recovery time. The patient will usually have full vision within one day."

Despite the widely reported success rate of laser surgery, many people remain skeptical.

According to Burt, the lack of knowledge about laser eye surgery is a common deterrent. Some don't think it works, while others are simply afraid.

Car mechanic Matthew Thomas, 42, said although his glasses often cause discomfort at work, he would never have laser surgery done.

"I don't know," he said. "The technique seems so new. A few years from now, we may be hearing about all of the people who have had terrible side effects from laser surgery."

"For me it wasn't a difficult decision ... my vision is so good (now), sometimes I forget that I had the surgery and think that I still have my contacts in. I'm seeing a world that was so fuzzy before without glasses."

- Cynthia Bell, administrative assistant

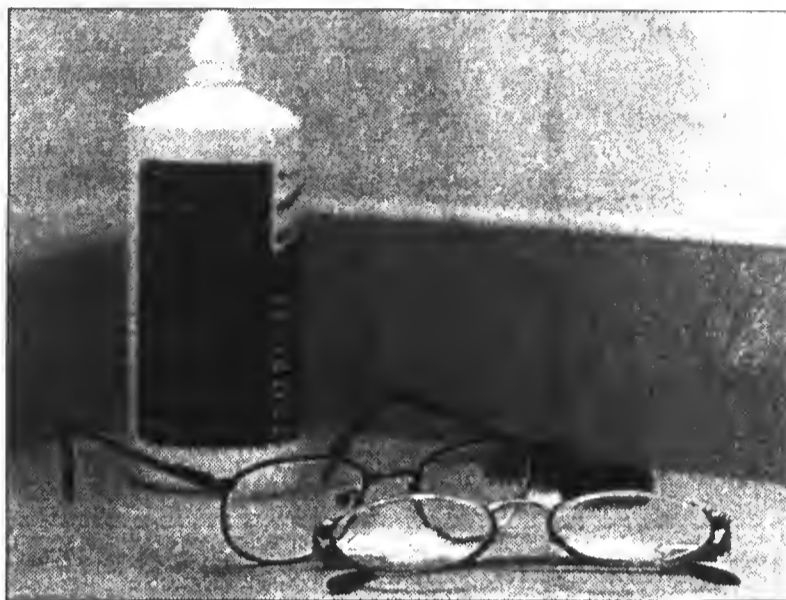


PHOTO BY AKUA BOAKYE

As laser surgery gains prominence, searching for lost contact lenses and wiping fog off glasses may be things of the past.

Two years ago, administrative assistant Cynthia Bell, 24, decided to have laser eye surgery. After 13 years of nearsightedness, Bell was tired of wearing corrective lenses.

"For me it wasn't a difficult decision," she said. "I had horrible vision and I hated wearing glasses and contacts. I had heard about laser surgery, so I called the clinic to find out what it was all about."

About two months after her initial consultation, Bell went under the laser. She said she was conscious for the surgery, which only lasted 20-30 minutes.

"It didn't hurt at all and it was over really quickly," she said. "The whole time, all I saw was

health," said Schilling. "We check for any eye injuries or diseases. We also will not perform surgery on women who are pregnant, people who have cataracts, herpes infections and those with uncontrolled glaucoma."

Schilling added people with unrealistic expectations are also discouraged.

"The chance that a patient will have to continue using corrective lenses is very unlikely," he said. "The success rate of laser eye surgery is 96 per cent. However, we explain to patients that they should not expect to have 20/20 vision."

He also said patients may still have to use reading glasses later on in life.

For patients like Bell, a couple thousand dollars and follow-up visits are small sacrifices for a lifetime of change.

"My vision is so good that sometimes I forget that I had the surgery and think that I have my contacts in," she said.

"I'm seeing a world that was so fuzzy before without glasses."

"There has never been a reported case of someone going blind from the procedure (laser surgery). Any side effects associated with the procedure are mild and usually occur during recovery."

Cheryl Burt, professional relations co-ordinator

this little red dot in front of my eyes."

Bell added she noticed results from the LASIK procedure almost instantly. By the following morning, she no longer had dry eyes and could see clearly.

According to Schilling, laser surgery typically costs between \$2000 and \$2400 per eye, which includes medications and follow-up procedures.

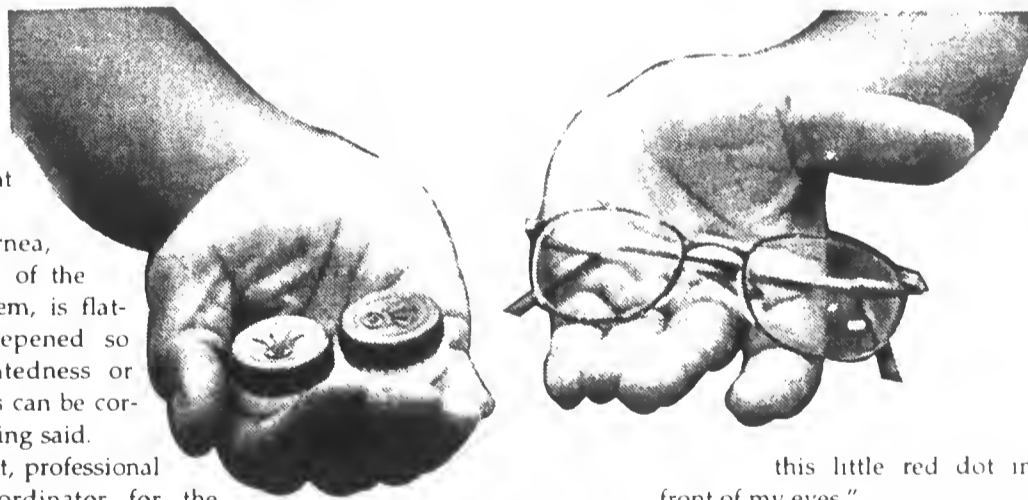
Some medical conditions may prevent a patient from undergoing the procedure.

"We make sure that all of our patients have good ocular (eye)

While there is less than a one per cent chance of having a serious complication from the surgery, Burt says most patients fear becoming blind.

"There has never been a reported case of someone going blind from the procedure," she said. "Any side effects associated with the procedure are mild and usually occur during the recovery."

The most common ones include dry or watery eyes and mild to moderate pain.



Punchin' and kickin' with Tae-Bo

■ *Red-hot fitness craze big calorie burner*

BY BETH SHUMAN
Et Cetera Staff

Imagine having rock hard buns, a ripped six pack or just an overall toned body.

If you have the will, Billy Blanks' Tae-Bo may be the way.

Until recently, unless you lived in the Los Angeles area, the only other way you could enjoy this workout was to purchase the videotape series, which costs around \$125.

The only place offering certified Tae-Bo classes, outside of LA, is in Toronto at the Center Ring Gym, but to be prepared to wait in a huge line.

It's taught by certified instructor Chantal Craig, who appeared in Blanks' videos.

And according to the current issue of Toronto Life Fashion, Toronto is also soon expected to be home to the only other Blanks-sanctioned Tae-Bo centre, totally devoted to the workout.

It, too, is to be run by Craig.

Tae-Bo is trademarked, so if someone is offering Tae-Bo classes, they are likely doing it illegal-

ly, under a slightly different name. So what the heck is this Tae-Bo anyway?

Tae-Bo is viewed by many as the future of fitness and is currently the hottest workout in North America. In fact, Muscle & Fitness magazine rated Tae-Bo as the highest calorie burning workout available, at up to 800 an hour.

In case you haven't watched much television in the last six months, Billy Blanks has become somewhat of a household name. He promotes his workout daily on paid infomercials. He's on the shopping channel and has even appeared on The Oprah Winfrey Show.

A martial arts based workout, Tae-Bo is a combination of punching, kicking and dancing. Blanks, a seven-time world karate champion, boxer and martial artist developed this workout training in his own home. He combined dance music with Tae Kwon Do moves.

Rachel Linzon, a nutritionist and fitness trainer from Toronto, raved about Tae-Bo.

"I have been doing Tae-Bo for a couple of months, and I noticed a difference very quickly," she said. "It uses all muscle groups at once and it's a good cardiovascular workout. It works the arms, the stomach and legs.

"My clients have noticed they are losing inches," Linzon said. "Although the numbers seem a little higher on the scale, it is

because they are developing muscle, but they are losing inches."

The workout tapes are convenient because there are three different ones, including basic, advanced and an eight-minute quick workout.

Linzon said there is no reason for skipping a workout if you have these tapes. "There is no excuse for not exercising when you have Tae-Bo," she said. "There is a video made for whatever time you have available."

On the website, there are testimonials as to why this red-hot fitness craze is changing people's lives. A pen pal support club is also available to interact with other Tae-Bo users.

Toronto teacher Stephanie Rayman said she has been exercising regularly for over 10 years and Tae-Bo is one of the best workouts she has ever had.

"I have tried every workout imaginable, from the Stairmaster, to Pilates, to running, and nothing has made me sweat like Tae-Bo," she said.

"Like a lot of people, I find it hard to keep the weight off around my stomach. I am not joking, but I could feel a difference after only a few times."

Second-year marketing student Samantha Reed said she hated working out until she tried Tae-Bo.

"I have spent tons of money on gym memberships I never used," she said. "I thought Tae-Bo looked



PHOTO BY BETH SHUMAN

Billy Blanks' Tae-Bo, a martial arts-based aerobic workout, is very hot, but the video series is not available in stores.

cool though, so I got the tapes.

"I have done it a few times, but I still find it hard to get motivated to workout. But Tae-Bo is so fun, I had to buy a VCR so I could work out at home."

Linzon added there are a few things that could be improved.

"There isn't enough time for warming up and cooling down," she said. "I have also had a wrist injury from one of the exercises where you are on all fours for over 15 minutes. It puts too much stress on the wrist."

Linzon added it is a good workout, especially the motivational component.

"It is important when he (Blanks) tells you to 'reach inside' and that's where the strength will come from," she said.

"He keeps you motivated throughout the workout, especially when you think you are at your limit."

The videos can be ordered on the Tae-Bo website (www.taebo.com), or by calling the hotline @ 1-800-794-4466.

Discover yourself in NIA fitness class

■ *Neuromuscular Integrative Action classes mix Eastern and Western traditions*

BY LAURA URMONEIT
Et Cetera Staff

Can you sway like a tree, make like a bird and have no problems getting in touch with your primal instincts in public? If so, NIA may be for you.

Originally, NIA stood for Non-Impact Aerobics, but now it's known as Neuromuscular Integrative Action.

This exercise, which has been around since 1983, is based on a combination of Eastern and Western traditions.

In Swahili NIA means "with purpose." The idea behind this exercise is to create a workout as intense as aerobics, but as calming as yoga.

Always done barefoot, NIA combines western dance techniques, yoga and martial arts in a one-hour class that is choreographed to a range of eclectic music.

"I use everything under the sun, from classical, new age, jazz, ethnic and hip-hop," said NIA instructor Roberta Mohler.

Classes invite participants to use creative individual movements through guided imagery.

Students mimic a bird in flight in order to use arm muscles, and relax the mind with the image of soaring through the sky. They also pretend to be a cat on a hunt to strength-

en the back and release aggression.

Each routine provides an appropriate cardiovascular workout for all fitness levels. For each movement, there are three levels of intensity, so students pick the one they are most comfortable with.

A half-hour session can burn 150-300 calories.

"NIA has many benefits," Mohler said. "On an emotional level, we go through a lot...from wild animal to gentle and spiritual. Physically, it encourages flexibility, co-ordination and grace."

For part of the class, students walk or dance around the room and look at each other and communicate in a non-verbal way. Mohler said this part of the class is called "playing with each other."

Mohler added if students should feel the need to hug one another during this segment, they are encouraged to do so. She did acknowledge that this is a sensitive issue for many people and it's never forced. The class structure is designed to build a sense of community and form bonds of friendship between students.

Many NIA instructors linger around after sessions, so students can share their feelings about the class.

"NIA makes me feel so connected to the intrinsic energy inside me," said Judith Thompson, a student of NIA. "I feel so joyful with NIA."

According to Mohler, NIA is an "emotional catharsis." It's about getting in touch with your "inner self" and letting go of bad energy.



PHOTO BY LAURA URMONEIT

NIA classes invite participants to mimic a bird in flight to use arm muscles and relax the mind with the image of soaring in the sky.

Classes encourage personal growth, stronger communication and the release of emotional tensions.

Each one-hour class costs \$10, which can be bought as a series or you can pay-as-you go.

NIA is currently taught in Canada, the United States, Germany, Sweden, New Zealand and Mexico.

To find NIA classes near you, call the hotline @ 1-800-7 2-5762.



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Cervical dysplasia preventable

■ Annual pap smears vital for sexually active women

By ORIETTA CALCINA
Health Reporter

Many women consider an annual physical to be an uncomfortable waste of time, but it could save your life.

Health care officials warn avoiding a pap smear puts women at risk for cervical cancer.

According to the Canadian Cancer Society (CCS), an estimated 1,400 new cases of cervical cancer were diagnosed among Canadian Women in 1998.

Kavita Mehta, a registered nurse with the Healthy Sexuality Program in York Region, said dysplasia signifies "a change in the cells."

Cervical dysplasia means there is "some sort of abnormality with the cells" around the cervix.

Janice Berry, a registered nurse at the Toronto Sunnybrook

Regional Cancer Centre, said cervical dysplasia is considered to be a pre-cancerous condition.

And since there are no obvious symptoms, a pap smear needs to be done to detect it.

"Many younger women are likely to be diagnosed with cervical dysplasia because early abnormal changes can be detected in pap tests," said Nancy O'Brien, a CCS telephone specialist.

There are several things thought to cause cervical dysplasia.

According to O'Brien, "the early age of a woman's first intercourse, specifically before the age of 19, can increase the susceptibility to cervical cancer."

So, too, can having numerous sexual partners at a young age.

Mehta said there is always the chance of pre-cancer cells, but it's ruled out most of the time. Cell alteration may be caused by an inflammation or other infection.

Both Mehta and Berry spoke of the Human Papilloma Virus (HPV) as a common cause. HPV is also linked to genital warts, normally a sexually transmitted disease. Practicing safer sex is key to preventing the transmission of HPV.

Berry added those who smoke have an increased rate of getting

cervical dysplasia, although she said she doesn't know why.

Most women expect everything to go well. But what do you do when the news isn't good?

According to Mehta, when a pap smear comes back abnormal, another one is usually scheduled in about six months.

It may also come back abnormal, however, if a woman just finished her period, recently had sexual intercourse, or was douching, which may alter cells. The second test is scheduled at a time when those items are not a factor.

If the second pap comes back abnormal as well, then the patient is referred to a gynecologist, who performs a diagnostic test called a colposcopy.

According to Berry, a colposcopy goes one step further than a pap smear, which serves as a screening process.

A colposcopy uses a microscope to further analyze the tissue and test to see if the patient indeed has cervical dysplasia and to what degree, either mild, moderate or severe.

Once diagnosed, cervical dysplasia is reversible and there are two main types of treatments. The abnormal cells can be removed surgically through a biopsy, either



PHOTO BY ORIETTA CALCINA

The tools of the trade. Looking at them make women cringe, but an annual pap smear is key to preventing cervical cancer.

loop/leep or cone or by laser, where the cells are burned away rather than cut out.

It may vary depending on severity of the dysplasia, but Berry said after treatment it's recommended a woman undergo a pap every three months until the results are normal. The patient would then return to an annual test.

"Everybody who has cervical dysplasia won't develop cancer, but your risk of developing cervical cancer is higher," Berry said.

"And so the way you avoid that is you have your cervical dysplasia treated and then after it has been treated, you are at no more risk at developing the cervical cancer than anybody else. If you got it, have it looked at because it's a warning flag," Berry said.

According to Mehta, however, many women, for cultural or other reasons, are at risk because they don't get pap smears.

"The high-risk population are those people who don't go get them done."



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Cervical dysplasia:

Five tips to preventing the onset of cancer

PAP SMEARS: Many physicians will recommend annual pap smears for all women once they become sexually active.

SAFER SEX: Using a condom decreases the chance of contracting the human papilloma virus (HPV), a common cause of cervical cancer. Spermicides have also demonstrated an antiviral action.

BLEEDING: Seek medical attention for any vaginal bleeding that occurs at a time other than a menstrual period, or if there is pain during intercourse or inside the pelvic area.

CIGARETTE SMOKING: Increases the risk of cervical cancer.

VITAMINS: Several recent studies have indicated folic acid (a member of vitamin B group), Beta Carotene and Vitamin C and E are associated with a reduced risk of cervical cancer, as well as a reduced intake of vitamin A. Further studies are required to conclusively determine the protective action of these vitamins. Changes in the cervix lining are likely to be influenced by a combination of dietary factors, but this too warrants further study.

Canadian Cancer Society
Compiled by Tatjana Suller

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Lifestyles etc.

■ Bart and Konny rule

According to Ryerson Polytechnic University's ninth annual study of children's viewing, *South Park* ranked second to *The Simpsons* among children aged 10 - 15. *South Park*, which airs Fridays at 9:30 p.m. on the Comedy Network and midnight on Global, was Comedy's highest rated series ever. About 300,000 viewers tune into the show weekly, and many of them are children. *South Park's* appeal seems to be gender neutral, because it's almost as popular with girls as it is with boys.

- The Toronto Star

■ Protesting potholes

Toronto has set up a special pothole snitch line for drivers and cyclists to complain about potholes. Callers are urged to give a clear street address for the pothole or, at the very least, the nearest intersection. The city would also like callers to briefly describe the pothole's size. A road crew will inspect the problem within 48 hours of the call. To complain about a pothole on one of Toronto's streets, call 599-9090, then press #100 to leave your message.

- The Toronto Star

Nature springs into fashion

BY SUMMER GOHRI
Fashion Reporter

Spring is in the air, so think pink, drop your hemlines and keep your pants tied. This season's fashions are sure to cure the winter blahs.

According to Beverly Apresto, Calvin Klein sales associate at Eaton's Yorkdale, a return to nature will dominate colours and fabrics for spring.

"The line so far is full of khakis, skin tones, neutral beiges and greys," Apresto said.

"The traditional stylings remain the same, but the use of natural fabrics like wool and cotton give the clothes a much more basic feel."

Maria Bystrein, co-ordinator of Humber's Fashion Arts program, expands the spring colour palate to include pastels, particularly blue, grey and pink.

"It may take people a little bit of time to pick up on, but since the media has heavily publicized it, people will begin to see just how wearable these colors can be," Bystrein said.

According to Bystrein, two primary trends dominate spring fashion.

"The first is the military influence, which includes the cargo-pant-type styling, and then you've got the soft sheer chiffon pastels happening," she said.

"The difference in themes shows how the fashion world is becoming aware that they must show more than one look to cater to all the consumers out there."

Bystrein also said pant styles will fall into one of two categories.

"Trousers will be much softer and wider or on the opposite end of the scale, there's the capri pant, which this season will be shown as

a low-slung pant, sitting lower on the hips."

The publicized trend of the capri pant last summer will continue to dominate the spring and summer season. But, according to Apresto, it will be updated to give women a new silhouette.

"The capri pants that you will be seeing in the stores widen from the traditional more fitted flare we saw last year," Apresto said.

"This will give the capri a much more straighter fit which will allow capri pants to be worn much more casually."

Apresto forecasted the drawstring will be popular this spring, not only for pants, but for the waist, hem tops, skirts and dresses.

"Drawstring pants began to get popular last season, largely due to the fact they are functional, simplistic and easy to wear," Apresto said.

"The other advantage is that drawstrings are apt to your size."

Both Bystrein and Apresto agreed that this season's hottest hemline will be ankle-length, with the knee-length skirt a close second.

According to Bystrein, men's fashions have caught on to the softening effect which has emerged in women's wear.

"Colours such as soft greys, blues and yellows are popular colours in shirts, while unconstructed jackets and softer cottons knit tighter are new in sweaters," Bystrein said.

And men may want to look to the golf green to gather fashion inspiration.

"The golf theme is one of the biggest male trends this season," she said.

"This includes traditional golf and polo shirts as well as sweater vests which have been refined into softer colours and patterns," she said.



PHOTO BY SUMMER GOHRI

Anyone can pull off this spring's natural look: Just pull on some of casual khakis.

She added that chinos or twills would be the ideal pant to complement this look.

The cargo pant also remains a very strong look for men this season.

The forecast looks like we're in for some hot new looks.

Muted colours, softer fabrics and innovative styles provide the promise for the warmer days ahead.

Stars dazzle viewers at Academy Awards

BY SUMMER GOHRI
Fashion Reporter

Versace, Valentino, Armani and Oscar. Combine the world's top designers, biggest celebrities and a red carpet, and you've got the biggest fashion show on earth, also known as the Academy Awards.

Academy Award winner for best actress, Gwyneth Paltrow, arrived in a pink gown, similar to the gown she wore to the Golden Globes, with a big full skirt. It was a couture, designed by Ralph Lauren, the dress was fairly simple. It's thin spaghetti straps were accessorized by a stunning \$160,000 diamond choker.

Geena Davis also donned pink for her pre-show, as well as presenter Renee Zellweger, who wore an Indian-inspired pink dress with gold embroidery.

This year's show was fairly tame compared to the out-

rageous fashions seen in previous years. Celine Dion came close with her head-turning white pantsuit and matching hat done by John Galiano for Christian Dior.

Last year's Oscar winner for Best Actress, Helen Hunt, showed that with Oscar competition behind her, she could let her hair down and have fun.

She chose a long white jewel trimmed dress by Gucci that was as beautiful from the back as it was from the front.

If one color dominated the show, it was definitely grey, with pink deserving honorable mention.

Anne Heche, Emily Watson, Meryl Streep, Christina Ricci and Uma Thurman were all clad in different shades of grey.

Traditional black, on the other hand, was a winner for the men at the Oscars.

Oscar winner Matt Damon and Ben Affleck showed they clean up nicely in their classic tuxedos.

Members of ABC's daily talk show *The View* criticized

Robin Williams for his oversized suit jacket, calling it the 'Armani Amish Collection'.

Even though he wasn't nominated, Jim Carrey looked like a winner - modern and well put together - in his black monochromatic suit.

Some stars wore their fashions for better causes than high fashion.













Celine Dion wore diamond studded Ray Ban sunglasses after the company promised to donate \$50,000 to Cystic Fibrosis.

The fate of Best Actress Nominee Cate Blanchett's dress was decided long before she slipped it on for the Oscars. Christie's house auctioned off various Oscar dresses donated by celebrities.

Blanchett's outfit, represented by a naked mannequin, was entitled as the mystery dress.

This navy blue dress with a flower-trimmed neckline auctioned off at \$50,000.

horoscopes

 <p>Capricorn (Dec. 22 - Jan. 19) Listen to what others have to say before making an important decision. Make sure the people you ask for advice are those you respect. Don't mess with your hair too much. Cry out loud if you feel like it.</p>	 <p>Pisces (Feb. 19 - Mar. 20) Pull on your gym shorts and tie up your Nikes. This is a good time to get going on the fitness program you've been putting off. Be patient and you'll be pleased with the results. Drink plenty of fluids.</p>	 <p>Taurus (Apr. 20 - May 20) The little things you do make others smile. You'll have more time to relax this weekend than usual. Take full advantage. Pick your socks up off the floor.</p>	 <p>Cancer (June 21 - July 22) A Gemini is getting irritated by your hair. It may be time for a make-over. Major changes are in store for you during the next week. Adapt or be miserable. Eat candy.</p>	 <p>Virgo (Aug. 23 - Sept. 22) Friends are onto your lame-assed excuses. Do one spontaneous thing this weekend and you'll be surprised by the outcome. The love doctor will visit soon.</p>	 <p>Scorpio (Oct. 23 - Nov. 21) No need to worry. Everything is going your way. A friend needs your advice. Think wisely before you dish it out. Wear something daring this weekend.</p>
 <p>Aquarius (Jan. 20 - Feb. 18) Look before you leap. Spring is in the air and you're feeling a little frisky. Fight the urge to get romantically involved in inappropriate situations. It may save your ass.</p>	 <p>Aries (Mar. 21 - Apr. 19) A Taurus may be making you feel uneasy. It's time to grab the bull by the horns and stand up for yourself. There will be little time to relax this weekend - you're in demand.</p>	 <p>Gemini (May 21 - June 20) This weekend is not the time to get started on those boring tasks you've been avoiding. This time is strictly reserved for fun only. Everyone wants a piece of you.</p>	 <p>Leo (July 23 - Aug. 22) Lions sometimes roar a little too loudly for the rest of the animals in the jungle. Tone it down a little and others will like you better. Too much TV is bad for you.</p>	 <p>Libra (Sept. 23 - Oct. 22) Your appreciation for beauty is interpreted as perversion by others. Take a cold shower before making rash decisions. Have a couple of cold ones to unwind.</p>	 <p>Sagittarius (Nov. 22 - Dec. 21) Accept an invitation for a social activity this weekend - you won't be sorry. Your sunny mood is contagious. Your place is a disaster area. The mop is your friend.</p>

Junior stores outfit petite women

■ You may be surprised that clothes designed for 13 year olds fit better than adult sizes do

BY NATASHA HANIFF
Et Cetera Staff

So you're short and sweet - or just petite - and have a difficult time finding clothes that fit. Try looking in the children's department of popular clothing lines.

Designed for young girls between the ages of eight and fourteen, junior clothes are an ideal alternative for women with a petite figure.

They're found in Jacob Junior, Gap Kids, Club Monaco Kids and Suzy Girl. They are just like the larger sizes, but trimmed down for small women.

Karen Saunders, a third-year Business Administration student, is only five feet tall.

She seldom shops without frustration because it's so hard to find clothes to fit her small figure.

"I'm a petite woman, so if I go to regular



PHOTO BY NATASHA HANIFF

Cool and cute: Shanica Dirkze looks perfect sporting her Gap Kids outfit.

stores they don't have custom fit clothes, just sizes," Saunders said.

"If I want to buy pants the waist might fit but the length is always too long."

The search for custom clothing never ends and Saunders' problem sometimes forces her to just buy anything in a desperation to find new clothes.

"I'm almost going to sell out and buy clothes too big," she said.

"Sometimes I stand on my toes and I pretend that I have shoes but it never works."

Saunders eventually started shopping at clothing stores with a junior line so she could buy clothes that didn't need to be altered.

Even though second-year Police Foundations student, Lola Bjelovuk, is five-foot-seven, she also visits stores like Jacob Junior and Gap Kids.

"I'm tall but I have a really small upper body and waist. That's why I go to stores that are for kids," she said.

"I don't think people should spend money on clothes that don't fit them."

Bjelovuk said she loves to buy skirts and tops at junior stores because both the length and waist fit perfectly. In children's sizes, she fits into a size 14 or 16.

It's actually a good deal to buy children clothes because there's no P.S.T. charged

and the fashion looks great.

"I find kids clothing stores have a better selection, better colours and the clothes fit better than the ones found in adult store," Bjelovuk said.

Le Chateau came out with their junior line in the summer two years ago.

The retail store tested the junior line at various locations across Toronto and it eventually landed in all locations because of the great response.

Dele Bruce, manager of Le Chateau at Woodbine Centre, said the Junior Girl line is a best seller mainly because the style is so funky.

"A lot of petite women and Asian women buy the Junior Girl clothes. They fit into size zero, two and four."

Junior clothes are good options for women with a small physiques, but some women get embarrassed because they are shopping at a children's store.

Bruce said some girls are too shy to take clothes into fitting rooms.

These women however, have no reason to feel ashamed about where they are shopping.

"A lot of women who fit in Junior Girl clothes feel so proud that they're so small," he said.

"Everyone stares them up and down and says, 'Damn!'"

Fashion sizes up this season

BY LIA SUMMERS
Lifestyles Reporter

After many frustrating years of searching for the right outfit, plus-size women are now finding clothes that suit their tastes and lifestyles.

This season's hottest trend - simple clothing.

"This is a season of delicate sweater sets, classic capri pants, sleeveless dresses and a lot of stretch fabrics," said Mary DeMaria, of Addition-Elle at the Eaton Centre.

"We're also seeing an all over more tailored look in our clothes. It's a very youthful look," she said.

Addition-Elle offers sizes 14 - 26 and their most popular sizes are 18, 22 and 24.

"My customers really want that one great suit that can carry them through the season. We also have a basic white T-shirt blouse that we can't keep on the racks," DeMaria said.

Addition-Elle also carries items such as belts and bathing suits for plus sizes.

DeMaria is very happy about the changes in plus-size fashions this spring.

"I am glad to see the end of baggy clothes. We can wear what

makes us feel good and that flatters us," DeMaria said.

At The Bay, plus-size department head Mary Anda walks through a collection that speaks the same philosophy.

"We are selling a lot of sweater sets in pale pinks and blues. Also, denim dresses and skirts are popular," Anda said.

If you are planning to replace your spring wardrobe, Anda suggested customers choose separates.

"They are very versatile and interchangeable," Anda said.

However, she said plus-size women should stay away from bright colours because they do not flatter an above average size frame.

Nursing student, Janel Slater, said she likes to incorporate some of the fashions she sees in the stores with her own style.

"I am looking forward to wearing the capri pants that are popular, they are so comfortable," she added.

Carrie Heal, Occupational Therapist Assistant student, said: "I like to wear the blues, purples and pinks. I am looking forward to wearing some wrap around skirts also."

For more insight into spring fashions, check out *In Mode*, a magazine for plus-size women.

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■ Now News

Subjekt opens for **Candlebox** at The Opera House March 30. Doors open at 8 p.m.—\$15.

Fuel plays Lee's Palace April 1—Tickets \$10 through Ticketmaster or \$15 at door.

Jazz pianist **Brenda Earle** at The Rex March 28.

Wide Mouth Mason at The Government March 25 \$12.50 at door.

Ladysmith Black Mambazo with **Abdullah Ibrahim**—March 27 at Massey Hall. Tickets \$28-\$45

Carnival Diablo—traveling freak show is back at Reverb April 1. Tickets \$12 Call (416) 504-6699 for more info.

■ Now on CD

Tupac Shakur—2Pac's Greatest hits The best of the late rapper's hits and then some.

Edwin—Another Spin Around The Sun. Check out **Edwin's** (formerly of **I Mother Earth**) solo release.

TLC—The R&B trio return with **Fanmail**, in stores now.

Changing the Subjekt

BY JOHN CHICK
Editorial Staff

Subjekt is in for a big couple of weeks. The band, made up of five friends from Collingwood, just played *SnoJam V* at the Opera House last Sunday, and will return there March 30 to open for **Candlebox**.

"Everything's finally coming together now," said lead man Bob Mather, who also happens to be a first-year Film and TV student at Humber.

Subjekt lists their influences as **Korn**, **Incubus**, and **Deftones**, although they don't do as much rap-style, as those other bands.

"It's still got a groove to it—it's heavier than the average mainstream," Mather said.

Joining Mather is Stefan Embacher, Jamie Innes, Darren Burton, and Mark Kasaboski—the latter two nicknamed Beardo and Gism.

The five have been friends for years, but they've only been together as a band since 1996.

Playing mostly at snowboard festivals and club promotions like *SnoJam*, Subjekt has found an audience that fits their style perfectly.

Mather said the atmosphere at snowboarding contests is better



COURTESY PHOTO

After developing their style at snowboarding festivals, indie band Subjekt is shopping for a label and opening for **Candlebox** at The Opera House on March 30.

than at bars, partly because of the looser style.

"There's good crowd energy at snowfests and we can feed off it," he said.

The band played close to home at *Blue Mountain* in 1997, as well as other *SnoJams* around Ontario.

However, these days Subjekt is seriously shopping around for a label. This includes playing where they have to in order to advertise themselves.

Self-networking got them gigs at places in Toronto like *Reverb*, and *JJQ's*, as well as their current

stint at the Opera House.

"We're not interested in going any further as an indie band," Mather said.

That's why the band is making the most of their recent success.

Like Mather said, this "should be a big couple of weeks."



COURTESY PHOTO

Greg Lawrence writes, directs, and stars as the title character in **Butch Patterson: Private Dick**, now airing on the Comedy Network.

Butch the Private Dick

BY ELLIOTT BELKIN
Arts Reporter

Greg Lawrence has done it again. Following the animated success of **Kevin Spencer**, he's gone live action with detective parody, **Butch Patterson: Private Dick**.

Butch Patterson spoofs old detective shows. It's based on a drunken private investigator, played by writer and director Greg Lawrence, who encounters many different obstacles. The idea for the detective series came to Lawrence about 12 years ago when he used Butch in his stand-up bit, while the characters stem from the older detective shows.

"Most of them are the stereotypical characters that you find in the film noir," Lawrence said.

Creating names is entirely different. "I just thought someone with the last name Hitler was a funny thing. How someone would go through life in this day and age and not change their name," added Lawrence. The

series is filmed in Ottawa on a budget that is less than five per cent of a U.S. network show. Both Lawrence and **The Comedy Network** are hoping to reach university and college students with Butch Patterson as well as having them understand the show is working within certain parameters.

"We hope the viewers will overlook the quality of the production and focus more on the writing," said Lowell Schrieder, a representative of **The Comedy Network**.

Lawrence's success has grown since his days of writing shorts for **Saturday Night Live**. He now has two shows broadcast on the **Comedy Network**: **Butch Patterson** and **Kevin Spencer**. Both are getting ready for their second season.

Lawrence knows it's not easy to make it in the business, and he credits the **Comedy Network** for his success. "It's 100 per cent attributable to the **Comedy Network** coming into creation,"

Lawrence said.

His two shows are very different but Lawrence enjoys Butch as he plays a more active roll. The show has about 200 extras and 53 cast members, including Lawrence in the lead role.

"My acting is sort of like a car accident: people have a tendency to slow down and watch even though it's horrific," Lawrence said. He is hoping the show will air in the U.S. within the next year, and become a hit there. Chances of Americans getting the opportunity to view a little bit of the Canadian show are good, as Lawrence and **The Comedy Network** are currently pursuing a contract with a U.S. network.

"The broadcasters that I've showed it (Butch Patterson) to here, and in the U.S. were dumbfounded that we were able to do it for that amount of money," Lawrence said.

You can catch **Butch Patterson: Private Dick** on Saturdays at 11 p.m. and Tuesdays at 11:30 p.m. on **The Comedy Network**.

A transcendental journey by Fuel

By ELIZABETH GONCALVES
Arts Reporter

Pennsylvania never realized how fortunate they were when rock band Fuel adopted the state as their new home.

With their aggressive melodic-tinged rock, and emotionally packed lyrics, the band toured extensively, selling 10,000 copies of their independent release *Porcelain*.

Bringing their passionate live show to Toronto, April 1, before heading out on a tour through Europe, frontman Brett Scallions, guitarist/songwriter Carl Bell, drummer Kevin Miller, and guitarist Jeff Abercrombie, will no doubt rock the crowd.

Described by Bell as an "intense" show, fans can be prepared for a transcendental, eye-your-face performance from the band.

"We've been live performers for a long time," said Bell. "Lounge music or just laying back, I don't know, I don't think I could be a MatchBox 20 band, where the music isn't aggressive, and the music doesn't charge me up."

Fans have certainly been charged by the reflective, compelling lyrics, binding the songs with strong vocals and impressive musical knowledge.

"It's an escape," Bell said about songwriting. "It's like a retreat. You can go there, and at the same time it's an expressive outlet as well, to where it helps sometimes to get stuff out of your system and out."

Playing every night proves to be repetitive at times. Bell admitted there are moments in which the songs lose their original feeling.

"There's a lot of other input on stage when you're out there. You're looking at the audience, things are happening around you, and it's not the tiny little place where you wrote the song," mused Bell.

"One of the weird things about songwriting is the song that's created at this really private moment for yourself, becomes this public thing you turn out, and



COURTESY PHOTO

Fuel, comprised of Brett Scallions, Jeff Abercrombie, Kevin Miller and Carl Bell are based in upstate Pennsylvania and play Lee's Palace on April 1.

everyone has access to it - that's always been a bizarre thing for me."

Playing about six nights a week since last February gave the band a myriad of opportunities to tour with a number of groups including Garbage, the Foo Fighters, and legendary rockers Aerosmith.

"We were opening for Aerosmith and I looked across the stage and I saw Brett, and I looked past Brett and I saw Jeff, and all the memories that those guys and myself have had together," Bell said.

"I was just 'wow, we're on Aerosmith's stage, this is so amazing.' I looked past them and I could see Joe Perry and Steven Tyler making faces at us. It was one of those times where it's a reality check," he added.

Touring with Aerosmith last October taught the band a golden lesson about performing on a large stage.

"When you're on a huge stage like Aerosmith, you try to learn how to project off the stage," Bell said.

"You're very insignificant up there on that huge stage, especially with Aerosmith. It's a perpetual learning experience."

For a group who sold 10,000 copies of their independent release in an industry where struggling bands are the norm, one would assume the Tennessee natives are one of few bands holding the secret to success.

Fuel's first release, *Shimmer* was voted the number one modern track of 1998 by Radio and Records, successfully produced,

promoted and financed their 1996 release, *Porcelain*.

By reinvesting money earned through shows, the band bought recording equipment and recorded themselves in between sets and during sound checks, mixing the songs at Scallions home.

By stocking record stores, taking their music to local radio stations, and playing six nights a week, the band gained a large fan-base, playing sold-out gigs, with positive press to back them up.

Continuing to travel on this successful road, Fuel will release their next single, the thought-provoking *Jesus or a Gun?*

Whether fans will see a video for the single is still unknown to Bell. He said the idea that videos are viable tools for promotion is being questioned by record companies.

"I know you guys up there in Canada have *MuchMusic*, where they actually play videos - which is a cool thing," Bell said.

"In the states here (refers to MTV) there's not a lot of videos played, particularly not a lot of rock videos. So I know a lot of artists, including ourselves, are wondering if we can spend that money on a different marketing tool and get better results," he said.

Bell added videos are a leap of faith. No one knows what the end product will be, and if the feeling of the song will filter through.

"They (directors) send you these treatments on these videos and it's all a bunch of adjectives describing what it is going to be like," Bell said.

Their last video was shot in Toronto, and it proved to be enjoyable for both the fans and themselves.

"We try to stay in touch with our fans, obviously within reason," Bell said.

"I remember how it was when I was going to see bands, and after the show you happen to be somewhere the band is, and you hang out with them, that was always a cool thing," Bell said.

"That's what we like to extend of ourselves as well," he added.

Fuel plays Lee's Palace to promote their gold certified debut album, *Sunburn*.

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CD PICK OF THE WEEK

2Pac's Greatest Hits
Tupac Shakur

Although he's been dead for two and a half years, 2Pac's legend has grown to the point of Elvis-type speculation that he's still alive. But despite the beliefs of society's idiot fringe, there was no doubt that 2Pac was a huge talent and a major part of the west-coast rap scene.

This compilation has all his best tracks as well as some others not heard before such as *Changes*, a remake of Bruce Hornsby's '80s tune *That's just the way it is*. If you were ever into 2Pac and that west-coast style, you'll like this CD.

-John Chick

2Pac

RENTAL
VISORY
CONTENT

Mythos is no mythology

By MICHELE STEFANCIC
Arts Reporter

Without a single tour under their belt, Vancouver's Mythos were signed to a record label through the Internet, as well as nominated for a Juno

Two long-time friends, Paul Schmidt (guitars), and Bob D'Eith (piano), make up Mythos. They have been performing together for three years and have had amazing luck when it comes to the music business.

Introspection, their first release, reached number two on the New Age Voice Chart, and won the 1997 Pacific Music Industry Award for Best Dance Album. They were Canada's top-selling indie band in 1996, and in 1997 they were nominated for a Juno for Best Instrumental Artist.

Living in an electronic age, Schmidt said their first record label contract was hammered out through faxes, emails, and phone calls.

The band hadn't even met with their California based label until after their deal was signed.

"Bob emailed them and they said 'Send something down,' so we did," Schmidt said.

But luck doesn't have everything to do with the bizarre way Mythos was signed. Because the band only does studio recordings, the label wasn't worried about

having to spend a whole lot of money on live promotions.

"They knew they weren't going to have to put us out on the road and work with us on that level," Schmidt said.

Although they don't tour, Schmidt said there are other advantages

"We have the advantage that not a lot of people do this sort of music. It's not like rock music with the same competition.

"It's not that hard for us to get on the radio or MuchMoreMusic, or any sort of media. If you're in a rock band it's so hard because there are so many rock bands (to compete with)," he added.

Radio air-play was a funny thing for Schmidt to deal with when he commented on his hometown's reaction to the band's first single, *November*.

"The big pop radio station here, Z95, played our song on heavy rotation for a year. They went crazy with it, they went over the top.

"They started playing it eight times a day for a whole year. I phoned them once, and asked them why they were playing it so much and they said, well every time we play it we get phone calls for it and people request it," he added.

Mythos has received just as much of a response from the U.S. They reached number 20 on the Billboard Charts in the New Age



COURTESY PHOTO

Paul Schmidt and Bob D'Eith make up Mythos, a Vancouver-based new age band. Their self-titled debut CD is now available in Canada.

Category, and hit number 170 on the Tower Records Top 200 Chart, Schmidt said.

Recently, Mythos were signed with Virgin Music Canada. Their major-label debut release is self-titled and combines the best of their indie releases, *Introspection*,

and *Irradiance*.

They are writing new material, but they have no immediate plans to release anything new. "We probably won't put out a new record for at least a year. This music has a long shelf life. It's not like a pop album where it comes

in and it goes out," Schmidt said. Looking ahead, he said Mythos has at least one goal: "To keep on doing interviews and stuff—we're going to do a lot of that in the next few months, because that's one of the main ways for us, to do publicity," he added.

Ravenous hard to stomach

By ELLIOTT BELKIN
Arts Reporter

If you're hungry for dark comedy, *Ravenous* could be the movie for you.

The movie takes place in 1847 when an army captain, played by Guy Pearce, is sent to a snow-bound fort in Nevada.

At this fort Pearce's character will only eat meat as a last resort.

Then we're introduced to Robert Carlyle (Begbie in *Trainspotting*), who tells a tale about how his platoon turned into cannibals, and how he barely escaped

All the while it's a trap.

Carlyle is a Wendigo, an old Indian legend that says if you eat another man's flesh, you take on his strengths. Your hunger grows, and you become somewhat immortal

And so, the battle begins to end their ravenous hunger

Jokes about the way flesh tastes, such as "every good sol-

dier ought to be tough," kept the audience laughing hysterically.

Throughout the movie, jokes, funny images, and religion bashing, showed me exactly how desensitized society has become.

You know something is wrong when 60 viewers are dying of laughter at a movie whose subject matter is cannibalism.

I'm sure director, Antonia Bird, was attempting to make a dramatic film and maybe even throw in a couple of statements about eating meat, but she failed miserably.

What could Bird expect with, "you are who you eat" as a tagline?

The movie is good for a couple of laughs, but overall it's very disturbing

Cannibalism is a subject that is hard enough to stomach as it is, but making light of it is taking it a little too far

I don't know what's worse, the fact that *Ravenous* is a comedy, or that I found it humorous

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Hawks clinch the gold medal

■ Soccer women, prove golden at provincial tournament

By Andrew McKay
Editorial Staff

It took a while, but the women's soccer team finally got the monkey off their backs.

The Hawks exorcised the demons of a frustrating loss in the OCAA outdoor finals last fall with a gold-medal performance at last weekend's indoor provincial tournament in North Bay.

Humber clinched the title with a 2-0 victory over the host Nipissing Lakers in the final. Adriana Cataldo scored both goals.

"We're happy, very happy," Cataldo said. "We felt we had to step it up, and we did."

Teammate Sandra Troiani said the key to victory was Humber's skill and teamwork.

"When we work as a team, when we play as a team, we're unstoppable," she said.

The team, while elated with the victory, felt winning the indoor title but not the outdoor championship was bitter sweet.

"If we had Nationals (for indoor), it would seem better," Cataldo said. "It would seem more real."

The Hawks dominated both ends of the floor throughout the final. They opened the scoring four minutes into the game, after Nipissing's Luisa Italiano hauled down Cataldo and was slapped with a two minute penalty. Just 20 seconds into the power play, Megan Beckett boomed a shot off the back wall, and Cataldo tied the rebound past Lakers' goalie Melissa Stevens.

Humber's attack was stilled slightly by their trouble bringing the ball up the floor. Hawks' goalie Angela MacDonald, hampered by a sprained wrist, was unable to throw the ball up the floor, so Humber had to rely on dribbling through Nipissing's defenders.

Cataldo gave Humber some insurance in the second half, on a similar play to her first goal. Beckett took a free kick across the net, which Cataldo neatly deposited into the twine to give Humber all the scoring it would need.

In the last seven minutes, Nipissing tried to mount an attack, with Italiano, Melissa McKewen and Kristine Maeck firing. MacDonald, however, fought through all three Lakers to steal the ball and preserve the shutout.

Humber proved their dominance throughout the weekend, winning all four games by a combined goal margin of 15-4. That included an 8-1 victory over defending champion George Brown.

However, they ran into some unexpected problems in the semi-final against St.

Lawrence College, before winning 3-2 in overtime.

Humber took a 1-0 lead just 32 seconds into the game, when Annabella Lopes set up Claudia Marmo.

However, St. Lawrence responded at 4:37 of the first half, off the foot of Cindy Phelps.

Phelps scored again on a penalty kick with less than eight minutes remaining to put Humber behind.

Marmo evened things up 51 seconds into the second half, with Marmo converting after Cataldo had pressured Vikings' goalkeeper Tammy Duphney.

There were no more goals in the half, although Humber kept pressure on the Vikings.

But Humber kept pushing in the extra frame, and were rewarded when Marmo avoided Duphney's challenge, tucking the ball under Duphney's arm and into the net

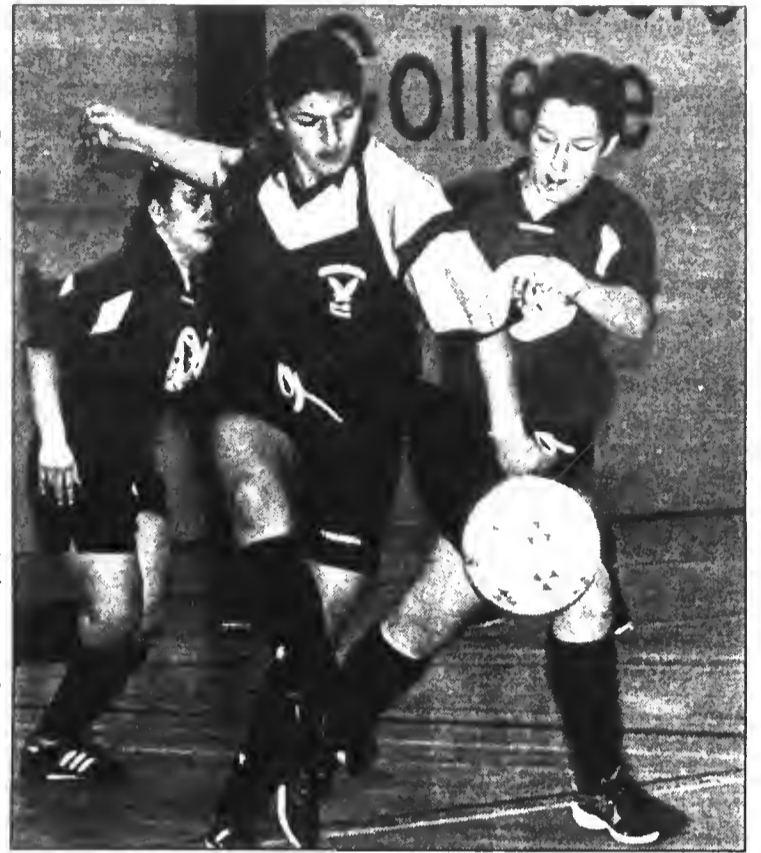


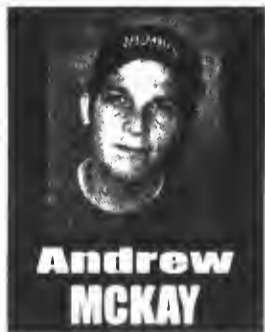
PHOTO BY MIKE GENTILE

Hawks MVP Claudia Marmo kicks her way towards the oppositions net, during the Hawks weekend victory over Royal Military College. The Hawks won all four games en route to their first indoor title.

to send Humber on to the final.

Marmo and Cataldo were named tournament all-stars, while Marmo also received the MVP award.

Hawks goalie all guts in medal win



Andrew McKay

Guts.

It's one of the most overused, clichéd words in sports. Usually, when an announcer or writer talks about guts, they're talking about some overpaid millionaire who played through a hangnail.

Last weekend, though, a Humber athlete showed exactly what it's like to have guts.

Angela MacDonald, the goalie on Humber's women's soccer team, was injured in practice for the OCAA provincial championships. In a shooting drill, Sandra Troiani fired a shot wrong, catching MacDonald off guard. As a result, the goalie suffered a sprained wrist, just days before the provincials started.

The injury was bad enough that, moments before the tournament opener against George Brown, coaches Vince Pileggi and Mauro Ongaro were scurrying to find another player to play goal.

MacDonald soldiered through, though, and played a hell of a tournament. Through four games, she allowed only four goals, including a rare shutout on the tournament final against Nipissing University.

"That last game, she really played well," Troiani said.

Teammate and tournament MVP Claudia Marmo echoed Troiani's sentiments.

"She really hung in there," Marmo said. "She played really well."

But MacDonald did more than just play well. She spent most of the weekend with her wrist packed in ice,

unwrapping it only to play games. When the pain in her right hand became unbearable, she started making saves with her left hand instead. With the discomfort showing



PHOTO BY MIKE GENTILE

Angela MacDonald (far left) was beaming after she helped Humber win the OCAA gold medal.

almost every time she touched a ball, she fought through opposing attackers, making key saves in the team's last three games, all of which were decided by two goals or less.

She also adjusted her tactics to work around the injury. Unable to throw the ball any significant distance, she faked out players from St. Lawrence, Royal Military College and George Brown. With a feint to a deep player, she would quickly roll the ball to a closer teammate, getting innumerable rushes started.

In the final, when Nipissing figured out that MacDonald couldn't throw, they started pressuring her at close range. So she began kicking the ball deep.

We often expect a lot from our athletes; especially those we idolize and revere from the professional sports world. Too often, those players fall far short of our expectations. Witness Dennis Rodman, or any pro basketball player, for that matter. It's very easy to expect the very least from an athlete these days.

MacDonald, though, showed me a bit of the opposite last weekend. She had every excuse in the world to beg out of the tournament, or at the very least turn in a sub-par performance.

Instead, she answered the challenge. While her teammates were scoring, seemingly at will, at the other end of the floor, MacDonald was nursing her wrist, preparing for that next flurry of shots. And when they came, she stopped almost all of them.

MacDonald didn't win the tournament honour for Best Goalkeeper; it's hard to win a defensive award on a team as offensively potent as the Hawks were through the tourney. But if there had been an award, for will, for pride, for guts, MacDonald would have won it, hands down (pun intended).

Heads held high in the Hat

By ERIKA FORD
Editorial Staff

The Humber Hawks and the CCAA women's basketball trophy both boarded a bus to Calgary. Too bad it wasn't the same bus.

Although the women finished fourth, and didn't bring home the trophy or a medal, they need not hang their heads in shame.

"I certainly don't consider the tournament in any way a failure or a lack of success," Jim Henderson, head coach, said. "I am pleased and proud of this group. They have brought a good name to Humber College across the country. I'm pleased to be a part of these players."

The Hawks certainly did create a good name, winning over the crowds in their games. Local high school students joined in the team cheers and some even made posters for the team.

"They're awesome. The whole town was into it. I've never seen that with women's basketball," co-captain, Aman Hasebenebi, said.

The women's CCAA championships were held in Medicine Hat, Alta, population 40,000.

Small? Yes.

But the eight teams from across Canada would soon learn that it's all about heart.

Montmorency 67 - Humber 58 First-Round Match

Lowdown: Humber had a slow start and fell behind 27-14. A late run sparked by Filomena Aprile's defence brought the Hawks within three points a half time, 30-27.

In the second half, Humber played ferocious defence, picking the Nomades' pockets, stealing their passes and causing numerous jumpballs.

Montmorency went cold for over four minutes, but Humber couldn't take advantage. The Hawks fell behind by nine points with 4:15 left.



PHOTO BY ERIKA FORD

Filomena Aprile tries to drive against the Malaspina Mariners from B.C. in the CCAA semi-final game.

With the feeling of the gold medal slipping away, Humber fell apart.

Their passes went through their hands, off their feet and over their heads.

Comments: "We were so flat. We were so nervous. We knew they were a good team. We didn't play with confidence. Overall it felt like we weren't playing with heart." - Missy McCutcheon, point guard.

"When it comes to big games I go crazy. I just want to go in and spark it up, and hype everyone up." - Filomena Aprile, centre.

CCAA Player of the Game: Tanya Sadler, centre 16 pts., 10 rebs.

Notable players: Tina Botterill, guard 14 pts.; Aman Hasebenebi 14 pts.; Audrey Kaersenhout, forward 8 rebs., 4 steals.

Humber 75 - Langara 53 Second-Round Match

Lowdown: Langara, the second seed, had been knocked out by the seventh-ranked Medicine Hat Rattlers. They were looking for revenge.

Midway through the first half the Hawks led 11-4, but the Falcons didn't look worried. They scraped and played tough defence and by half time the score was 27-26, Humber.

The Hawks took control early in the second half, but weak defence let Langara back into the game, and they took the lead. Forward, Audrey Kaersenhout, playing on a badly sprained ankle recaptured the lead for the Hawks on a drive and foul. On the next possession she was once again fouled. She hit her free throws then had a couple of steals and took a charge. Her play pumped up Humber. Their defence was suffocating.

Langara had no chance.

Comments: "I thought our first half wasn't great. In the second half we came together defensively

and then our offence followed" - assistant coach, Denise Perrier.

"We were all bruised up, but she was badly, badly hurt. She just came out and sucked it up. She has so much heart for the game I've never met anyone like that. She's an inspiration to me. Whatever it takes for a team to win, it takes people like her" - Aman Hasebenebi on teammate Audrey Kaersenhout.

CCAA Player of the Game: Tina Botterill 14 pts., 5 steals, 4 assists.

Notable players: centre, Nicoline Clarke 14 pts., 8 rebs., 5 steals; Kaersenhout 8 pts., 3 steals, 1 charge.

Humber 55 - Malaspina 50 Semi-Final Match

Lowdown: Humber came into the game very pumped and very vocal. They controlled the court both offensively and defensively. Neither team scored for the first three minutes, until Aprile scored from right beneath the basket. The Mariners became very mouthy, and were complaining to the refs that fouls were only being called against them, and not Humber. Malaspina began to look frazzled and they were having difficulty inbounding the ball against Humber's defence. The Mariners' All-Canadian guard Gina Sage got into foul trouble and had to sit midway through the half. Humber then scored eight points in under a minute, to lead 20-11 with four minutes left in the half. Malaspina came back and at half the score was 24-19, Humber.

Malaspina head coach Tom Elwood was ejected from the game early in the second half. This was the turning point for Humber. The Hawks quickly took a 17-point lead, but the Mariners started penetrating the lane with ease, scoring all their points from right under the hoop.

With 18 seconds left in the game, the score was 52-50, Humber. Malaspina fouled Sadler on purpose, she hit one free throw. But with seven seconds on the clock, Botterill stole a Mariner pass and hit both her free throws.

Comments: "It was a physical game. But we were so pumped and ready for it." - Hasebenebi.

CCAA Player of the Game: Hasebenebi 13 pts., 1 charge.

Notable players: Krissy Kort, guard 9 pts., 5 steals; Sadler 9 pts., 4 rebs.

Ste. Foy 67 - Humber 65 Bronze Medal Match

Lowdown: Humber knew they could win against Ste. Foy - they had before. But they also knew it wouldn't be an easy game.

It took over six minutes for the Hawks to score their first points. Kaersenhout drove the lane,



PHOTO BY ERIKA FORD

Audrey Kaersenhout played through the pain of a badly sprained ankle at the CCAAs March 18-20 and earned a spot on the second team All-Stars.

appeared to be fouled but still scored the hoop. The refs, however, called no foul. Kaersenhout scored the Hawks next four points, and once again inspired her team.

McCutcheon and Hasebenebi both scored three pointers and Humber led 12-11. Over the next 1:40 there were five lead changes. With time running down, both teams made moves worthy of highlight reels, including an amazing baseline spinning layup by Kort to tie the game at 31. At half-time the score was 35-33, Ste. Foy.

The second half was a frenzy of noise and support for the Hawks, the likes of which they had never heard.

Every time Ste. Foy started to pull away, Humber would reply.

The Hawks fell behind by eight midway through the half, but Hasebenebi made a three to pull them back in it. Krissy Kort would not give up on the offensive boards on the Hawks' next possession, she eventually won and got the basket to bring her team within three points, 49-46.

For the rest of the half, Ste. Foy never had a lead greater than five points. With 47 seconds left in the game, Hasebenebi had her fifth three-pointer of the game to bring her team within four points, 66-62. Each team then made a free throw and on Ste. Foy's inbounds play, Hasebenebi's man fell down and lost the ball. Hasebenebi snatched the ball, and shot a long two pointer, almost landing on her man.

The score was 67-65.

Kaersenhout stole Ste. Foy's inbounds pass and took a timeout with six seconds on the clock. Humber couldn't inbound after the timeout and had to take their last one.

The Hawks were finally able to inbound the ball, Hasebenebi threw up a three-pointer which hit the back iron, sat there for a second, and dribbled off the rim.

Comments: "I think the pressure just got too much for us to handle. We started to come back, but it was just too late." - Lindsay Higgs, guard.

CCAA Player of the Game: Aman Hasebenebi.

In ceremonies after the gold medal game between S.A.I.T. and Montmorency (S.A.I.T. won), Kaersenhout was named to the second team CCAA All-Star team. She was surprised but pleased with the honour.

"I don't put much on awards, but it felt good," she said.

Hasebenebi added to her All-Canadian award by being named to the first team CCAA All-Star team.

"They were good accomplishments. They were my goals and I achieved them. But all praise goes to my teammates because you can't play by yourself," she said.

The Hawks will now say goodbye to six graduating players, Hasebenebi, Sadler, Kaersenhout, Botterill, Maria Stangherlin, and Kristen Adams. Missy McCutcheon is unsure whether she will return. Coach Henderson said the players will be missed, but he has hope for the future.

"When Missy, Aman, and Tanya came in, it turned the program around from a strong Ontario team to the level of being a National team," he said. "So obviously we're going to miss that quality of player. But what they've done for the program will actually allow us to continue and improve."

Back-to-back Ontario Golden boys

■ *The men's team outscored their opponents 17-8 to win their second consecutive OCAA title*

BY MIKI GENTILE
Men's Soccer Reporter

The men's indoor soccer team completed the indoor-outdoor sweep at the OCAA championships in familiar fashion with a 3-2 victory over Centennial College.

The Hawks went 3-0-1 and outscored their opponents 17-8 to capture the gold at Nipissing University in North Bay. In late October, the Hawks earned the outdoor OCAA championship against the Centennial Colts.

The team was led by tournament all-star and MVP Jesse Calabro who notched six goals including a hat-trick against the Conestoga Condors in the semi-final. It was a 7-1 blowout for Humber.

Calabro said after all the battles he went through this season, the win was a good way to go out. "It's been really frustrating all year long knowing I've been hurt." Despite all the praise, the "Caliber" credited the entire team for the title. "I'm just a small part of a big team," he said.

Humber was trailing to the Colts just five minutes into the final, but Angelo Nero broke through and tied the game up at

1-1. From then on it was all Humber as captain John Mustica scored twice to seal the victory. The Colts added a late goal but goalkeeper Peter Libicz stopped a flurry of scoring chances before time expired.

Throughout the weekend the Hawks became all too familiar

with the Colts. The two teams squared off in a 4-4 tie in the qualifying round. After the two teams finished the opening day at 1-0-1, they found themselves tied in every department.

Both teams had 7 goals for, and since they were tied in head-to-head games, a penalty shoot-out

was needed to determine first place. Both teams scored on their first four shots and it looked like a game of Monopoly would finish quicker.

The Colts' top player, Walter Nedelkovski, was stopped by Libicz and Humber's Hugo Lopes converted for a 5-4 win. It set up a match between Humber and Conestoga, while the Colts had to battle Royal Military College (RMC) in the other semi-final.

Overall, the Hawks scored 17 out of 18 penalty shots this year, both indoor and outdoor combined.

For the Hawks, the season wasn't just about all the medals. It was about growing as a team. "Our success wasn't measured on individual talent but how well we played as a team," said Nero. "Trophies come and go but the memories last forever," he added. Nathaniel Singleton, who scored two goals in the tourney, said that the Hawks' confidence allowed them to dominate the province. "Humber once again showed that we are number one," he said. Singleton described Humber Soccer as "play or get played."

The back-to-back OCAA indoor titles are a tribute to the strong coaching staff that has put Humber on top of the soccer scene. Assistant coach Vito Colangelo couldn't be happier with the season that saw the Hawks earn two OCAA golds and a bronze at the CCAA Nationals.

"You never know what to expect coming into each year," he said.

Colangelo said he was impressed that a team with so many rookies was able to play like veterans.

Head coach Germain Sanchez expected the team to do well but they still exceeded his expectations.

"Overall, the team over-achieved. When we thought we were rebuilding we won everything," he said.

The coach credited a strong team discipline in allowing the players to develop sense of maturity. The discipline seemed to set the Hawks aside from other teams as the season went on.

The Hawks are uncertain as to exactly how many players will return next year.

Forward Daniel Gazzelone who led all Hawks with 10 goals in the indoor season, said the Hawks will still be the team to beat next season.

"This season was a real confidence builder. We won both (indoor/outdoor Golds) this year and there's no reason we can't do it next year," Gazzelone said.

The Hawks responded well all season to their coaches, including Hawks' legendary goalkeeper Adam Morandini.

"The coaching here has always been strong," Sanchez said. "Everything is falling into place."



PHOTO BY MIKI GENTILE

The men's soccer team celebrates after beating the Centennial Colts 3-2, at the OCAA championships held at Nipissing.

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How the West wasn't won

By DEAN PINKHAM
Men's Basketball Reporter

Playing for a National championship shows a team's dedication to achieving its goals.

For Humber's men's basketball team the 1999 National Men's Basketball Championships represented an attained goal, it was the goal of becoming CCAA champions that eluded this determined team.

The Hawks dreams of adding a fifth Canadian title ended with another heart-breaking loss. This chapter was written by the defending national champs, the Langara College Falcons who edged Humber 76-73 in an electrifying semi-final at Edmonton's Grant MacEwan College on March 19.

The Hawks, coming off a convincing 79-56 quarter-final win against the host college Grant MacEwan Griffins, came out strong stifling the Falcons with their trademark defensive game.

On the offensive side of the game all five starters contributed to Humber's strong start. Led by the leadership of Isaac King, the scoring of Jeremy Murray and Keffrin Dunson, Adrian Clarke's hard work in the paint and Marcel Lawrence's strong all-round play, the Hawks kept Langara off balance. Humber, playing in front of a hostile crowd and losing long-range man Sylvio Carta to an injury, played with the intensity that teams must have to win championships. Carta, showing great courage, would later return.

With six minutes to play the Hawks took flight, confidently defending their nest while making smart shot decisions at the offensive end. This commitment to solid

team play allowed Humber to take a 42-35 lead into the half-time break. Isaac King led the team with 16 first half points.

The Hawks, who have a tendency to start off the second half slowly didn't make that mistake on this night. Led by a courageous Larry Jefferson, back in the lineup after suffering a knee injury, Humber quickly increased their lead to 12 points.

Suddenly, Humber was again hit by the injury bug as Jefferson and Clarke both went down for extended periods, they would not return. By the end of the game physical therapist Rob Bogart must have logged as many minutes as the starters.

Player of the Year

Cue the patented Langara comeback, led by All-Canadian guard Randy Nohr who 48 hours earlier was named the CCAA men's basketball player of the year.

Nohr, whose 28 points led all scorers, is the type of athlete who can raise his teammates level of play.

"I've never coached and I've never seen anybody with the desire to want to win and refusal to die. Coaches dream about having a player like Randy and I'm fortunate that he's been with us," beamed Langara head coach Kevin Hanson.

Humber head man Mike "Bumbo" Katz Esq. felt it was more than just Nohr that gave the Falcons the win.

"He was tremendous but they're more than just one guy. They did everything that you have to do to win close games," Katz said.

This special ability along with a couple of crucial Humber errors were the difference as the Falcons scratched their way to a 76-73 win.

Nohr said, it's all about experience and knowing that you can achieve your goals.

"It helped playing in the championship game last year, we were down 10 points with seven minutes to go. I think it all comes down to our coach, he's such a positive guy. He's always telling us we're going to win," he said.

Hawks players refused to use the injuries as an excuse.

"You carry a lead all the way through three quarters and then come up short, it's a hard way to end the season," centre James Ashbaugh said.

Hawks rookie, point-guard Jeremy Walters, said it's tough but the experience will prove invaluable to him as his career progresses.

"It was a disappointing loss today, it's frustrating but for me it's something new to learn from. Next year I can help my team and as a collective unit we can overcome those problems that we had this year," he said.

Third-year man Jeremy Murray, whose Humber career ended with this tournament, has fond memories

of his career and final season as a Hawk.

"I enjoyed the season, we came together as a team. We did what we had to do, unfortunately we lost in the semi-final. I have no complaints. My three years were enjoyable. I wish I could play a fourth," Murray explained.

Coach Katz, a master motivator was proud of the effort his shortened bench gave him.

"I had confidence in my bench. One of the things I always try and do is get bench players some valuable court time. So when the game is on the line we're in a position to be successful," Katz said.

Despite the bitter disappointment Katz, who brought along the four rings from his previous national titles so his players could see some tangible evidence of past Humber success, was delighted at how the team performed throughout the season.

"I'm still very pleased with my team, we lost one game all season by more than 12 points. Over 40 games it's an unbelievable statement. It was a hell of a season, the consistency of this team was reflected in their overall won/lost record," Katz said.

Draw Confusion

Now to explain the questionable set up of the tournament draw. The winners of the semi-final games play for the gold, that makes sense but for the losers to play two for the bronze (Possibly three games in 22 hours in Humber's case) is asking way too much. The term "Let's play two," applies to baseball not basketball.

With the loss, the Hawks had to play at noon on Saturday versus the Lethbridge College Kodiaks. The Kodiaks prevailed 69-64 against a depleted Humber squad who had only nine players in uniform.

Humber assistant coach Dave "Scotchy" De Aveiro agreed.

"After a loss like that it's hard to come out the next day. And knowing you have to play one game just to get to the bronze, I don't like the concept," De Aveiro said.

Even after a disappointing championship, the closeness of the team rang through in comments made before the team boarded the plane for the flight home on March 21.

"It's a good group of guys. A lot of new guys who had to learn. As the year progressed they did learn a lot as evidenced at provincials and then here at nationals. They were able to come in and play some big minutes and seriously contribute to the success of the team," manager Chris Aim explained.

Adrian Clarke, hobbling on crutches



PHOTO BY DEAN PINKHAM

Jeremy Murray drives against a Grant MacEwan player in his last tournament as a Humber Hawk. The Hawks won their opening game against the host team easily 79-56.

because of a very painful ankle, concurred with his manager.

"I think we started off well at the beginning of the season and I liked the way we progressed. We wanted to win it all," Clarke said.

Now it's time to retool, get prepared for the busy off season. For a college with such a rich history of producing nationally ranked teams the coaching staff know they have a lot of work to do. This point is emphasized by the fact that Humber is located in the ultra competitive Ontario conference.

"We've got to do some recruiting. Take a look at who we can count on coming back and what our needs are, and go from there," coach Katz said.

Katz passed by B'ball Canada

By TIM FORAN
Sports Reporter

The waiting game for Humber men's basketball coach Mike Katz is over. In an expected decision, Basketball Canada bypassed Katz and named former player Jay Triano as the men's national team's head coach.

The decision had been expected since the firing of Steve Konchalski over two weeks ago. Triano, the former head coach for Simon Fraser, is currently part of the Communications staff for the Vancouver Grizzlies.

Leslie Delson, a member of Basketball Canada, would not say how seriously Katz had been considered for the job.

"We had a great pool of individuals that applied," Delson said. "[However], we felt Jay had the package we were looking for."

Although Basketball Canada is still on the hook for the remainder of Konchalski's contract, they did not hesitate to sign Triano to a three-year contract. There is also an option for renewal should Canada qualify for the 2004 Olympic games.



PHOTO BY DEAN PINKHAM

Sylvio Carta fires from long range at the CCAA Championships held in Edmonton, Atla., March 18-20. The Hawks finished fifth.

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