HUMBER Et Cetera

SPORTS PAGE 20

Women's Fastball win **OCAA** championship

The Hawks won their second straight title coming from behind to defeat St. Clair College



MONDAY, OCTOBER 28, 2013 **HUMBERETC.COM** VOL. 49, ISSUE 6

Bomb threat at Humber North

Hermione Wilson SENIOR REPORTER

Humber's North campus call centre received a bomb threat on Oct. 21, shortly before 2 pm. The caller briefly stated that a bomb would go off at 4 p.m., and hung up.

Perhaps it was no accident that the call came during the week of fall midterms for Humber's certificate and diploma program students. According to Const. Ryan Willmer, a crime prevention officer with the Toronto Police Service's 23 Division, a prank bomb threats seem to happen around exam time. He was one of the officers who responded to the incident at Humber.

Someone trying to get out of their exam may have thought calling in a bomb threat would get their exam canceled, he speculated.

"You never know 100 per cent, though, so you treat every bomb threat seriously," said Willmer.

Humber Public Safety immediately notified the Toronto Police and recalled all staff to help search the campus for suspicious objects. Once all public spaces on campus had been searched and suspicious objects were inspected by police, Rob Kilfoyle, director of Humber Public Safety, and Sgt. Andrew Higgins did a threat assessment.

See BOMB on page 6 | house Park in Toronto to rally



Ari Perlin-Bain

Protesters are against a proposal, which may have crude oil travel through the pipeline that runs from Sarnia to Montreal.

Pipeline under Humber River risk to waterbeds

Ari Perlin-Bain **NEWS REPORTER**

On what was supposed to be the final day of hearings between Canadian energy firm Enbridge and the National Energy Board to allow crude oil in the company's Line 9 pipeline, hundreds of protestors gathered at Round-

Enbridge has said it is hoping to reverse the transport of their oil, containing tar sands from Alberta, to go through the Line 9 pipeline that runs from Sarnia to Montreal.

Due to the age and current state of the pipeline, the risk of breakdowns and possible oil spills is high, said Environmental Defence, a Cana-

dian environmental action organization established in 1984. This would allow toxic chemicals from the tar sands to flow into many of Ontario's freshwater sources.

According to Environmental Defence this would damage many waterbeds including some in the GTA such as the Humber River, which the pipeline runs beneath. It is

College North campus.

Nigel Barriffe, a schoolteacher at Greenholme Junior Middle School in north Etobicoke, is not only worried about how the communities surrounding these waters will be affected but that the Energy Board decided to postpone the hearings, allegedly due to security

also adjacent to the Humber concerns in response to the demonstrations.

"There's no guarantee this pipeline will hurt certain aspects of our province's environment and no hearings means there's no public inquiry to let Canadians know what's currently happening," said Barriffe.

See ENBRIDGE on page 2

INSIDE

NEWS PAGE 4

LGBT refugee support needed at **Humber, says counsellor Tibbetts**

Internationally, persecution of gay people can leave them in a state of desperation, seeking study visas to more tolerant climes

OPINION: How do you celebrate Halloween? **PAGE 11**



NEWS PAGE 7 HSF speed dating event

Over 50 students attended looking for love at first event



Award

- IN THE WORLD THIS WEEK -

MONDAY 28 International

Animation Day Established by the

International Animated Film Association, to commemorate the Theatre Optique, 1892.

TUESDAY 29 **Governor General's**

In commemoration of the Persons Case, honouring five people working to improve women's quality of life.

WEDNESDAY 30

Gate Night

Known by many names, in Canada troublemakers spend the night before Halloween egging

THURSDAY 31

Halloween

Or, the Gaelic festival of Samhein. The veil between the worlds of both living and dead is thinnest. Drink responsibly.

FRIDAY

World Vegan Day

Check your Halloween candy for animal byproducts, because the Vegan Society called this day in 1994.

SATURDAY

Dia de Los Muertos

This colourful Mexican holiday, Day of the Dead, is now celebrated all over the

SUNDAY

Solar Eclipse

New York will be treated to a total eclipse, but the GTA can still spot a partial one. Don't stare directly at the sun.

3

Lawyers want labour rights

Legal Aid Ontario employees rally for the right to representation in collective bargaining

Hermione Wilson SENIOR REPORTER

Ontario Legal Aid lawyers took their lunch to go on Friday, Oct. 18.

A group gathered outside the offices of Legal Aid Ontario, on Dundas Street in downtown Toronto, to voice their frustration that Legal Aid Ontario CEO Bob Ward is refusing to recognize their collective bargaining rights.

They weren't alone. Members of the Ontario Nurses Association, Women's Legal Education and Action Fund (LEAF), and the Ontario Provincial Fire Fighters Association showed up to support them.

"We're here today to support our legal aid lawyers, predominantly women," said Linda Haslam-Stroud, a registered nurse and president of the ONA. "It's a sad day in an Ontario where all the other public service lawyers, who are predominantly male have that collective bargaining right and...the CEO of Legal Aid Ontario is unwilling

to provide that same right to

Legal Aid Ontario is an

As public sector lawyers, LAO lawyers are barred from accessing the Ontario Labour Relations Act, although they can obtain collective bargaining rights through their association. Nancy Hutchison, secretary-treasurer of the Ontario Federation of Labour, calls it "a flaw in legislation that denies these workers the right to a union, to associate."

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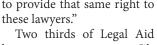
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lawyers are women, says Jillian Rogin, a criminal defence Duty Counsel lawyer with LAO.

arms-length corporation of the Ontario government, tasked with administering the province's legal aid program. "These are people who are on salary working for the government, but their job, as opposed to Crown attorneys whose job it is to prosecute, is to do the defence work," said Glenn Hanna, program head of Justice Studies at Guelph-Humber.

> "For LEAF, we see this collective bargaining issue as an equality issue. The majority of lawyers in Legal Aid Ontario are women and they're racialized women," LEAF executive director Diane O'Reggio.

"Three weeks ago when we launched our campaign publicly, Minister John Gerretsen, the Attorney General of Ontario, publicly supported our right to collectively bargain, and still we've been met with silence by our employers. It's shocking," said Rogin.

The campaign began with a meeting of a group of about twenty Legal Aid lawyers in 2011. Haran Aruliah, a Duty Counsel lawyer with LAO, vas among them. "I was concerned about the direction I thought the organization was heading, in how they were serving our clients," said Aruliah.

The group knew going in that as public sector lawyers in Ontario, they did not have the right to organize under the Labour Act. They began looking for an organization that could represent them at



Nancy Hutchison, secretary-treasurer of the Ontario Federation of Labour speaking to

supporters at Oct. 18 rally. Most public service lawyers have collective bargaining rights.

"We have no mechanism to negotiate with our employers."

> Jillian Rogin CRIMINAL DEFENSE LAWYER

the bargaining table, and in May 2012 they settled on the Society of Energy Profession-

According to Aruliah, the Legal Aid Ontario lawyers first requested a meeting with Ward on May 3, 2013. Over 80 per cent of them signed a petition indicating their intention to enter into a collective bargaining agreement with LAO. Ward's response was, "basically, 'we've acknowledge that we received your letter," Aruliah said.

LAO released a statement the Friday of the rally, saying: "The Society of Energy Professionals does not have the right to be the exclusive bargaining agent of LAO lawyers...under the OLRA [Ontario Labour Relations Act]. LAO does not have any legal obligation to voluntarily recognize a trade union to represent employees to whom the OLRA does not apply, nor to enter into a bargaining relationship with a trade union entirely outside the established processes and structure of the OLRA."

Scott Travers, President of the Society of Energy Professionals IFPTE Local 160, released this response on Monday, Oct. 21: "Your assertion completely misses the point. It is precisely because LAO lawyers cannot rely on the right to organize and collectively bargain under the LRA (as they are excluded from its protections) that they have been forced to organize outside of the LRA. The only choice they have is to seek voluntary recognition outside of the LRA."

"We have no mechanism to negotiate with our employer. We don't have the rights to have a say in how our services are implemented," said Rogin. "At the end of the day, what this comes down to is fairness."

Enbridge pipeline concerns

Continued from page 1

In the case of an oil spill, experts say it would travel through many rivers and then flow into greater bodies of water such as Lake Ontario, which could affect drinking water in areas such as the GTA.

These possible spills would affect First Nations communities the most, especially those with their land situated along the pipeline.

Lindsay Cronkite, a student at Trent University in Peterborough, travelled to the Saturday rally with a group of students after learning how these spills could affect Aboriginal people in her community.

"We learned not just about the effects they could have on the water resources they depend on, but how it could also damage their overall way of life," said Cronkite.

Vicki Griffiths, camp director at the Centre for Urban Ecology at Humber, said Enbridge and the Energy Board haven't done enough for the Aboriginal communities that are at risk of severe damage to their environment.

"They should have reached out to these communities when plans were being made. Keeping them out of the planning process, it makes sense as to why they are outraged and being the most vocal of all those against the project," Griffiths said.

The National Energy Board or Enbridge have not commented on when the hearings will conclude.

CORRECTION

Last week's photo of Humber PR professor Elizabeth Duncan was a courtesy shot provided by the subject.



Bullying on campuses

Mario Belan HEALTH REPORTER

"Even in a great place like Humber, bullying is still here," said Andrew Tibbetts, a counselor at the college's North campus.

Tibbetts, who has counseled students who have been bullied said, "Bullying is very hard to eradicate. Some people just want to feel good about themselves (by harming others)."

A recent UNICEF report says that in Canada 35 per cent of teenagers have been bullied in recent school months.

Tibbetts believes the focus shouldn't just be on the bullies.

"We have to educate people who aren't bullied and teach them how to stop and prevent these things from happening."

Tibbetts, who was assaulted physically and verbally for being a gay youth, said it still hurts. "It's outside of the norm and some people aren't used to it," he said. "Go make friends with nice people who will stand up for you."

Lara Hof, manager of community judicial affairs at Humber, said she urges people to step up. "The goal for us is to teach what we have done wrong."

Hof said if a student is caught bullying, the repercussions include community service, reflective learning and character development. If the student repeats an offense, their privileges will be taken away.

Hof said that cyber bullying is another problem area.

"It's tricky because it's hard to find out who started it," she said. "Be careful with what is being said online because it's there forever."

Robert Kilfoyle, director of public safety and emergency management, said students can contact public safety if there is harassment or verbal assault. "We will investigate to our best ability. This goes for cyber bullying as well."

Kilfoyle said in some cases there can be a movement restriction, as a penalty for

Bullying is listed as a level three offense in the student code of conduct. The code outlines four levels that are determined by severity, with four the highest.

Hof is currently creating a video about bullying awareness. This year they are using promotional materials, image marketing and Humber TV to get the message out.



A selection of teachers and early childhood educators listen at an Oct. 19 conference on kindergarten in the library of OISE.

Teachers convene as full-day kindergarten promises results

Earl Abalajon **EARLY CHILDHOOD REPORTER**

Early childhood educators and teachers who participate in full-day kindergarten programs convened at University of Toronto on Oct. 19 for the third annual Early Years Symposium.

The day consisted of 180 full-day kindergarten professionals, sharing knowledge in workgroups and keynotes speeches, and focusing on parent involvement and playbased learning.

"Instead of having work sheets, for example, you can teach through block play, or dramatic play," said Pina Leo, early childhood education field advisor for Humber College. "You get the same concepts, and the same skills are learned."

to see that learning is happening, not necessarily paper and pencil activity, but it is learning that is happening throughout the day of fullday kindergarten," said Ruth Milne, acting director for the Ontario Institute for Studies in Education at U of T in continuing and professional learning.

Milne said parents often "It's important for parents have difficulty finding the educational side of play-based learning, and it's up to the teachers and early childhood educators to help parents understand and get them involved with their child's success in school.

Annie Kidder, executive director of People for Education, gave a keynote address on tips to better parental involvement. People for Education is an organization that supports public education in Ontario. The talk dealt with reading to one's child everyday, having high expectations, talking about school, and supporting with a positive attitude.

Kidder said play-based learning will give children the necessary knowledge and social skills to not only enter Grade 1, but for the rest of their academic career.

"Your job as a parent is to instill in your child the capacity, the skills, and the competencies to live their own lives," said Kidder. "Once they can manage themselves, then they can go on and learn."

Full-day kindergarten was introduced in September 2010 at select schools in Ontario, with 35,000 students in the program initially. By September 2014, this will be fully implemented for all publicly funded elementary schools, with approximately 265,000 students to be enrolled in the

According to a report released by the Ontario Ministry of Education for the first two years of full-day kindergarten, those enrolled were better prepared for Grade 1, compared to their half-day counterparts.

Elizabeth Ugolini, instructional reserve teacher with the Peel District School Board, has noticed this over the last two years.

"We're seeing sustained periods of play, where kids are going deep and rich into their learning," said Ugolini.

"It's not just covering expectations... kids are telling us about themselves, what they're interested in, and what they need more time and experience in."

Etobicoke Dolphins play for the cure

Pink the Rink tourney supports breast cancer

Trevon Marsh NORTH ETOBICOKE REPORTER

Female hockey teams across Canada and the United States came together for the Pink ers put pink accents on the the Rink tournament on Oct. front of their sticks as a trib-18 to 20, in support of breast cancer awareness and re-

Toronto's third annual Pink the Rink hockey tournament took place at the Mastercard Centre for Hockey Excellence in south Etobicoke.

Hundreds of girl hockey players and parents attended the event to support their friends and family members.

Teen and preteen players

hit the ice at the event called Pink the Rink because the colour is worn during October, as part of Breast Cancer Awareness Month. The playute to breast cancer patients.

"The association that we support is the Canadian Breast Cancer Support Fund," said Debbie Boncheff, registrar director. "The organization supports breast cancer patients undergoing treatment to help them financially with different needs that they might have."

The event is hosted by the Etobicoke Dolphins Girls



Players in pink await first puck drop at Mastercard Centre.

Hockey League yearly and the tournament festivities they held on the premises helped raise money for the cause. Some of these consisted of having a hot dog stand,

numerous vendor stands and a gaming area.

"It's my second time here and I couldn't be enjoying myself any more than I am," said Brooke Cruz, who attended the event.

"Some of my friends are in the tournament and I'm here to support them. What they are doing is great because they're helping to support a cause, something as big as breast cancer," Cruz said.

The Dolphins plan to continue putting on this event in the years to come.

"The event truly matters because the money is all going to breast cancer, said Les Sirota, vendor at the gathering. "It's a very upbeat event to make awareness of breast cancer. People are also having a lot of fun and showing the pink colours makes it all that much better. It's a really well put together event."

Last year the tournament raised \$10,000 for the Canadian Breast Cancer Fund. This year's tally was being released after Et Cetera went to

Gay refugees are applying for study visas in desperation

Program for this special group of international students needed at Humber, says counsellor

Albert Williams DIVERSITY REPORTER

Andrew Tibbetts, a counselor at Humber College, said a program geared towards gay refugees is needed at the school.

"The college has support programs for international students and LGBT students," Tibbetts said, "But none specifically designed for students who have refugee status in Canada."

Tibbetts, who is also a member of the Humber College's Gender and Diversity committee, said he is aware of many LGBT students who have applied for study visas in a desperate attempt to get out of their home countries.

In the last nine months, the Jamaica Gleaner has reported on two murders, two residences being firebombed and four-mob attacks all involving LGBT members in the country.

The Jamaica Forum for Lesbians, All-Sexuals and Gays released a statement on its website condemning the attacks and called upon the country's security minister to launch an investigation into these crimes.

"Sexuality is a major issue in Jamaica. It is the difference between life and death," said Paul Brown (a pseudonym), a

refugee claimant from Jamaica and a recent graduate of University of Guelph-Humber's master of fine arts program in creative writing. Brown said he left Jamaica in 2009 out of a desire to "find peace of mind.

Brown said it was difficult for him to leave his home and settle in Canada, but quickly added the sense of security was attractive enough for him to dismiss his fears.

"Humber helped me to feel secure as a gay man in a community of people," Brown said. "It was the first place I came out. It really is a safe space."

Citizen and Immigration Canada grants refugee status. The claims can be made on the basis of gender, religion, race, nationality and

sexual orientation. The CIC holds a hearing and hands down a favourable ruling if the claimants prove a legitimate risk of being abused or persecuted should they return to their country of origin. According to Statistic Canada, more than 24,000 refugee claims were filed in 2011 alone.

Craig Cromwell, LGBT settlement coordinator at the Black Coalition for AIDS Prevention, said the agency supports LGBT refugee claimants after their hearing by helping them get settled, once the CIC makes a ruling.

"Many clients find jobs, some get into schools," Cromwell said, "They need support and we have to deliver that." He said that many refugee claimants arrive in



Humber College offers support programs for international students and LGBT students, but not for gay refugees.

Canada with a lot of issues and there is a genuine need for help.

David Power, a 36-yearold doctoral student at the University of Western Ontario who is a refugee claimant, said he misses Jamaica, but cannot see himself living there as a gay man.

"I know people who have been attacked and badly beaten due to speculations about their sexuality," Power said. "Homophobia is entrenched in Jamaica's culture, and sadly many LGBT members will never make it out."

CPR Awareness Month wants all to learn to save lives

40,000 cardiac arrests outside hospitals

Donna Marie Sevilla HEALTH REPORTER

November is CPR Awareness Month, and the Heart and Stroke Foundation is trying to inform the public that basic cardiopulmonary resuscitation knowledge can save a life.

On average, about 40,000 cardiac arrests occur outside of hospitals in Canada each year. Heart and Stroke Foundation spokesperson Nadia Formigoni said it's important to know how to perform cardiopulmonary resuscitation, commonly known as CPR.

CPR can be lifesaving, as the first three minutes are

"The survival rate for those suffering cardiac arrests is five per cent. With CPR, the survival rate can be increased to 75 per cent," said Formigoni.

The foundation has already kicked off its campaign with CPR Undead, which encourages people to learn a



The AED (Automated External Defibrillator) at the front desk at the Humber Fitness Centre with a Cardiac Safety Ready Kit

simple three step, hands-only method to performing CPR. Organizers said they hope this campaign will encourage more people to learn the procedure, and have the confidence to perform it when necessary. The CPR Undead was also to be represented last weekend at the Zombie Walk to increase awareness.

According to Humber health and safety coordinator Humaira Pirooz, Hum ber will not be participating in CPR Awareness month. However, the college is in the process of installing 40 automated external defibrillators, another tool that can be used in the case of a cardiac arrest.

"We're going to have an audit to determine within a three-minute mark where to place the AEDs," said Pirooz.

An automated external

defibrillator (AED) is used to diagnose the condition of the heart and treat it with and electric shock. These AEDs will available for the public to access and provide instructions so that any person is able to use the device in the case of a cardiac arrest.

According to Pirooz, the AEDs will be installed across campus by early 2014.

Second-year health and fitness promotion student Melanie Paterson, 32, said she has learned CPR, but has never been in a situation where she needed to use it.

She said she had to learn CPR for swimming lessons and for her program, and feels that it's important for all people know how to perform CPR.

"You can be the most critical lifeline a person has until EMS arrives," said Paterson.

HSF using focus groups to assess its services

Shaneza Subhan HSF REPORTER

For the first time, Humber Students' Federation has decided to hold focus groups based on the results of student satisfaction surveys conducted from previous years.

The focus groups are available to Humber students who sign up for sessions on the Humberlife website. External facilitators will sit down with them to discuss their opinions and perceptions towards student services and student government.

The purpose is for HSF to understand how students feel about a particular service or initiative.

"We want the people who matter most to tell us how they want their student government to support them," said Ercole Perrone, executive director of HSF.

Students will be set up in groups where they will each openly discuss issues they feel are of importance to them. HSF wants to know how content students are and what can be done to improve their level of satisfaction towards specific services.

First-year cosmetic management student Willow Harley, 19, said she feels that these focus groups are a good way to put student ideas and opinions forward.

"I would hope that if the school is supporting this fo-

We want the people who matter most to tell us how they want their student government to support them.

> Ercole Perrone **EXECUTIVE DIRECTOR, HSF**

cus group the perceptions projected from it would be of value," Harley said.

Topics such as adding a new dimension to the health insurance plan or adding a new service plan that no one has thought of can be taken into consideration. No HSF member will be present at the time to avoid influencing what any student wants

Based on what they hear, the facilitator will communicate back to HSF and make a decision on what to pursue first based on priorities.

First-year media communications student Nicola Kiv ell, 19, said it's an excellent opportunity for students to have their opinions heard.

"I think the students opinions will be valued if the school wants to get a better grasp on what students want their schooling to be like," Kivell said.

Focus groups started on Oct. 25 and each session runs for about an hour and a half.



Study examines safety of taser use by police

Despite being in use over a decade in Canada, conducted energy weapons said to carry risk

Michael Berezhnov **NEWS REPORTER**

How safe are the weapons police officers use?

Although police have been using conducted energy weapons (CEWs), also known as tasers or stun guns, for over a decade in Canada, there are still a lot of unanswered questions about their adverse health effects, according to a report released earlier this month.

"CEWs are intended to be safe and potentially injury-reducing compared to alternative interventions, but they are not necessarily risk free," said the report released by the Council of Canadian Academies and the Canadian Academy of Health Sciences. "While fatal complications are biologically plausible, they would be extremely rare."

The research states that although the risks involved with CEWs are very low, because of the many possible factors that may be present

when a police officer is using it, "CEW exposure cannot be confirmed or excluded as the primary cause of fatality in most real-world settings."

"Around the time when

There is no telling how trigger happy they can get with the second most lethal weapon they could carry around.

> Matthew MacLeod **HUMBER STUDENT**

(police) first started using them, any person who was tasered had to be brought into an emergency department for an assessment," said Melba Johnson, a registered nurse at Sunnybrook Hospital. "I guess they didn't really know the effects, like whether it would cause internal injuries or heart arrhythmia,

where the heart goes out of its normal rhythm."

Risk-increasing factors include things like pre-existing health conditions, stress or agitation, and alcohol or drug use. Since most of the testing that has been done with CEWs has been on healthy humans or animals, there is very little real-world information to draw on, which the report said is the reason for its inconclusive results.

This report was released shortly after the Ontario government announced it would make available CEWs for all frontline police officers, following the case of Toronto teenager Sammy Yatim being shot and killed on a streetcar during an encounter with Toronto Police in July.

"Under the current system tactical teams and supervising officers are deployed with the CEW," said York Region Police Staff Sgt. John Giangrande, who is in charge of the use of force unit in the training bureau. He also said that there are more than 300 officers who are already trained with the use of the CEW in their department.



Conducted energy weapons (CEWs), also called tasers and stun guns, are under debate about adverse health effects according to a report released by the Council of Canadian Academies and the Canadian Acedemy of Health Sciences in October.

"Based on our use of force model, it would be an appropriate response for an officer to use what are known as intermediate weapons when dealing with assaultive behaviour. This includes the CEW, the baton, and OC spray (pepper spray)," said Sgt. Giangrande.

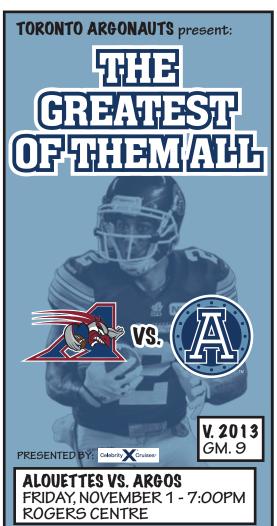
However, critics say arming more police with CEWs could be a problem.

"Why give police another potentially dangerous weapon?" said Matthew MacLeod, 23, a second year radio broadcasting student. "There's no telling how trigger happy they can get with the second most lethal weapon they could carry around."

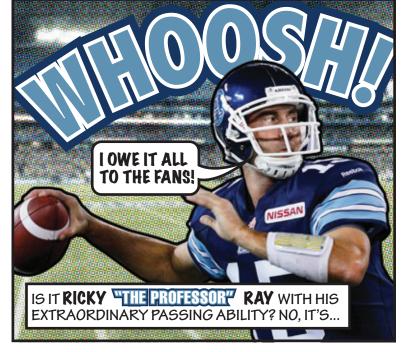
Giangrande said that regardless of the tools that the police may have accessible to them, their goal remains the

same. "We always want to de-escalate any situation with the minimal amount of force needed to control the subject, to minimize the amount of

"That's probably why our 1,500 officer department has only had 13 encounters where the CEW has been used with assaultive people, and we deal with assaultive people every day."























Students wait to find seat at North campus

LRC still two years away from fixing space problem

Rebecca Hamill **NEWS REPORTER**

Every day at Humber College's North campus, students struggle to find places to sit.

The Food Emporium is one locale so packed students have to wait to eat their lunch or sit on the floor because there are not enough seats.

"I spend quite some time looking for places to sit at the North campus and end up eating my lunch on the dirty floors," said Sebastian Monge, 19, a first year multimedia design and development student.

More enrollments are accepted to the college every year, and bring renewed attention to the limited space for students.

The Humber Students'



Sebastian Monge is one of many students having trouble finding a seat at the North campus.

Federation has been aware of the issue for a long time.

"Over time, there has been space constraint concerns and HSF are strong advocates for this," said HSF president Tim Brilhante. "Funding has been an issue in the past as it needs to get approved and given by the government."

Brilhante said the new six-storey Learning Resource Centre building is one solution to the issue. Two levels will be designated for a new library, creating more space for students when the facility opens in two years.

HSF vice president Colin Edwards-Crewe said he does

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not feel the Lakeshore campus has a severe seating issue. However, he pointed out the separate buildings have created another problem.

"It's un-united. We have decent space, but all the spaces are very isolated," said Edwards-Crewe.

Many friends and family of Humber students visit the college, adding to the number of people on campus.

"I spend a minimum of 20 minutes trying to find anywhere to sit...I spend more time looking for free space, than being productive", said Angelica Silvi, 19, a frequent visitor from York University.

Working with mental illness college priority

Mario Belan HEALTH REPORTER

Humber College is working hard at raising mental health issues, said Jen McMillen, dean of students.

"We are doing a lot of things," said McMillen, adding the college in recent years has seriously committed to helping students with mental health problems.

One major component Humber has is Mental First Aid. It's a two day course faculty is trained in. Faculty learn how to see the warning signs of someone who might be experiencing mental health problems, McMillen said. Students can always go to counseling and there is a post-secondary help line they can call, she said.

In order to help, "we have to learn how to recognize mental health problems," Mc-Millen said.

The Right by You campaign is calling for provincial governments to double the number of youth receiving mental health services. Only 25 per cent of youths that need these services get them, according to Partners for Mental Health, the non-profit agency which launched the campaign.

"Students these days have so much on their plate, so they are unaware of the services we have at the school," said Rummy Gill, manager of student wellness and development.

Gill said the school makes a strong effort, but there's more that can be done.

"We have to look at more advanced ways," said Gill.

Twitter and Facebook are a good way to start, she noted, while students can access such campus services as counseling, disability services, and the health center. Humber has great counsellors, a psychologist and nurses who students can connect with, she said.

McMillen said different approaches are also necessary; reading about the issues and seeing them discussed on Humber TV are two options. Referrals are very helpful, she said. They have noticed that when a student recommends counseling to a fellow student, they listen.

"Humber is taking initiative," said Andrew Tibbetts a Humber counsellor. Humber has trained faculty, counsellors and psychologists who are here to help he said.

Public awareness is very important, Tibbetts continued. Just getting the message out by ads, social media and articles will make students more aware. Counselling is always available to students.



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Bomb threat at Humber

Continued from page 1

"Given what was said in the call and what we got from the call taker himself, none of it was very specific, it was very vague . . . we determined that the threat wouldn't be something we had to get an increased presence in for," said Higgins.

"We believed the threat to be extremely low...but it's always better to err on the side of caution," said Kilfoyle.

They decided to evacuate the 12,000 to 15,000 students they estimated were on campus at the time, until 4 p.m. had come and gone. The fire alarm was activated and a recorded voice directed those still on campus to leave the buildings.

Tassane Brown, 19, was in residence when the alarm

"I thought it was just a normal fire alarm, but when

I walked outside I saw the whole entire school and I realized it must be something serious," said the second-year fitness and health promotion

"I just thought it was a really big fire. I didn't find out it was a bomb threat until the next day," said Brown.

When Debbie Martin heard the order to evacuate, she knew it was no fire alarm.

"Because I'm part of the system I knew what it was," said the manager of the Humber's North campus bookstore. She was notified by email about the true nature of the alarm.

"We don't typically announce bomb threats because it serves no real purpose," said Kilfoyle. "It can cause panic, which can cause other public safety issues. The intent is to get people out of the buildings, away from the building."

After Kilfoyle and Higgins determined that enough time had passed, around 4:15 p.m., they gave the all clear.

Detectives from the Toronto Police Criminal Investigative Bureau are working with Humber College and the telecommunications carrier to determined who made the threatening call, said Higgins. That person will likely face criminal charges for public mischief, he said.

"It's not like a school or high school has never been the target of violence before - it happens all the time. You can't take these things lightly," Higgins said.

In the case of a more serious threat, Willmer advises students to "just stay calm."

"The best thing to do...is listen to security and follow their lead," he said.

The department of Public Safety has scheduled lockdown drills at North and Lakeshore campuses in the month of November.

Overflow turnout for speed dating

Puneet Jammu **NEWS REPORTER**

Humber's first speed dating event on Oct.18 had a turnout of 50 students with approximately another 30 students turned away at the

The event, which involved 25 men and 25 women who had a chance to meet all their opposite-sex counterparts, was organized by the Humber Students' Federation and Single in the City, an online dating site.

Cameron McArthur, 19, a second year Humber business student said he came in with no expectations. "The event went good due to the food and nice people and everyone's having a good time," he said.

HSF may host another speed dating event due to the numbers of students that attended, said Daniel Pasin, HSF vice president of student life at the North campus.

"Even though some were not looking for a relationship, this event was a good way to



Female students wait to meet male counterparts at Speed Dating event hosted by the Humber Students' Federation on Oct. 18.

meet new people," he said.

At 7 p.m. a line was formed in front of the event room. The line of students slowly moved as pizza and drinks were offered at the entrance.

Pasin said students had a

three-minute opportunity to meet with each person of the opposite gender. The event ran until the males had rotated all the way through.

"We like to cater events to all different students where they can connect with other people in a safe way and professional way. There is no pressure to date afterwards,"

Lindsay Zaferis, the HSF programming director said she didn't know what to expect but with the positive turnout, she is extremely pleased and may hold this event again in the future.

An external facilitator will email the participants to see if Pasin.

"We don't know that students will actually date, that's something only they know, but it seemed that some students really got along," said

anyone found a match.

Midterm exam stress ignites THUMBER fall reading week debate

Study suggests break can be beneficial but there are downsides to compressed term

Ainsley Smith **NEWS REPORTER**

Deep into October, Ontario university and college students must begin preparing for their fall midterms, which can be a very stressful period for students.

A survey conducted last year at Queen's University showed four per cent of students said they had thought about suicide the previous term and 10 per cent had considered it at some point.

Suicide is the leading cause of death for Canadians aged 10 to 24, after car accidents.

The report asked for the schools, which had experienced multiple suicides in less than two years, to balance exam timetables, train more staff to spot the signs of severe stress and create a fall break for overwhelmed un-

Jay Yi, 20, a kinesiology student at Guelph-Humber said exams can be very stressful, especially for full-time

"Adding an extra few days to study and prepare for exams would definitely be helpful," Yi said.

Currently, 11 of Ontario's 20 publicly funded universities, and even a few colleges, have allocated a block of time in either October or November — usually ranging from two to five days for students to take a break from their classes and prepare for their mid-terms.

Toni Kelly, 24, is a design student at Ryerson University, a school currently offering students a four day fall break.

"I think offering students a minor study break is a great idea. However, the break should not be about 'going on vacation,' but rather, collecting your thoughts, spending time studying, researching, revising your class notes or preparing for your midterms," said Kelly.

It is not yet determined if Humber College and the University of Guelph-Humber will eventually follow suit.

Jason Hunter, the vice-president of student and community engagement at Humber, said he thinks a fall break is a good idea to

consider, especially to ensure student stress levels are low.

"There are probably a lot of other things that we could do to ensure that student stress is dealt with, but this is one of the considerations that could be taken," said Hunter.

There are, however, some challenges that do arise, such as modifying the length of the semester while meeting all of the ministry requirements, which say students must be taught in a classroom for a certain number of hours per week.

"Most universities offer a 12 week semester, whereas Humber runs on a 15 week semester. It is easier for those schools to add an additional week and still be done by mid December, while it would push our winter break back even further," Hunter said.

In order for Humber to begin a discussion about the implementation of a fall break, Hunter recommends students get together and voice their own thoughts about the matter.

"It is a good discussion to have and a good issue for students to raise, because the student voice does get heard."



Department of Public Safety

LOCKDOWN EXERCISE

CENTRE FOR TRADES & TECHNOLOGY Tuesday, November 5, 2013 10:10 am

NORTH CAMPUS

(including Guelph-Humber) Wednesday, November 6, 2013 10:10 am

LAKESHORE CAMPUS

(All Locations) Thursday, November 7, 2013 10:10 am

ORANGEVILLE CAMPUS Thursday, November 14, 2013 10:10 am

If you have any questions please contact Rob Kilfoyle at: 416.675.6622 ext. 4417 publicsafety.humber.ca

Kickstarter launches in Canada

Brendan Quinn **BIZ/TECH REPORTER**

Popular crowdfunding website Kickstarter has officially launched a Canadian version, opening a new avenue for Canadian projects to seek inves-

Up until September, the world's most popular crowdfunding website has only been available for American

The company has helped nearly 50,000 projects get financing with close to \$800 million in pledges. Kickstarter Canada has more than 50 Canadian projects on the go.

"Kickstarter has given me access to a group of people interested in supporting the independent projects that they wouldn't normally see elsewhere," said Blake Northcott, a Toronto based artist and writer who has used Kickstarter in the past.

She is currently seeking pledges for Assault or Attrition, a sci-fi novel with illustrations done by several high profile comic artists.

"I haven't had any interest from mainstream publishing companies. It's an amazing innovation, and I think it will remain a more level playing field for creators than pretty much anywhere else."

But as the company grows and expands, she adds, "some of the larger companies are seeing this as a way to elbow the smaller, independent creators out of the way so they can exploit the marketplace. I've seen projects that kind of have an indie look and feel to them, and then I do some poking around and figure out they're actually from major publishing labels."

Parveen Gill, program coordinator for business management at Humber's North campus believes there is a role for big business in regards to crowdfunding, but it should remain on the funding side.

"I think they (Kickstarter) should differentiate. Larger companies can play a role as investors, but not as some entity looking to raise money. They should operate like investors."

Gill does think that region specific crowdfunding is a good idea. "The backers get to see their contribution in a closer way and feel connect-

Indiegogo is another popular site and sets itself apart from the competition by making the donated funds immediately available to the project starter. Kickstarter

requires that the full funding goal be met first.

Sarah Lochhead, 30, is the artistic and executive director of Simcoe Contemporary Dancers, located in Barrie Ont. She has used Indiegogo for funding but has mixed feelings about crowdfunding in general.

"In some respects I'm concerned that an increase in crowdfunding in some ways may be taking the pressure off governments to fund social initiatives," she said.

Arcade feel at gamers' bash

Jordan Biordi **BIZ/TECH REPORTER**

Humber's We Got Game tournament took place on Oct. 16 and students proved they did, in fact, have game.

The video gaming tournament, held in the North cam pus Student Centre and hosted by the company of that name, is a large-scale competition, reminiscent of old arcades. Students compete in a variety of games ranging from first-person shooters like Call of Duty or Halo; sports games like FIFA 13 and NHL 13; and fighting games like Street Fighter and Super Smash Bros.

The event was complete with high end gaming chairs and steering-wheel controllers for racing games.

"It's a lot of work, but I've got to do it," said David Miller, owner and president of We Got Game. "I enjoy hosting the event at the North campus because of the wide space in the cafeteria and the student participation."

This is the 10th time the event has been held at Humber over the past four years.

The event was booming, and accessible to gamers and non-gamers alike with its spontaneous pop-in atmosphere and party style games like Just Dance.

Marissa Prembh, 19, a first year student in the Early Childhood Education program, said she was just passing by, and the event looked interesting so she decided to check it out.

While she says she's not a



PHOTO BY JORDAN BIORDI

Humber students enjoy a break from work playing video games in a relaxed environment

dedicated gamer, she does own a Wii and enjoys games like Just Dance and Super Mario. "It's a relaxed atmosphere and it looks like everyone is having fun."

Gamers Stephanie Zrihen, 19 and Mellissa Leget, 18 are both students in Humber's film and television production program and want to see more events like this at the college.

They both enjoyed the laid back atmosphere, however Leget would have liked a more competitive tournament, saying, "I think I could totally kick ass."

Zirhen was conversely hesitant to play, saying, "I kind of want to, but I don't want everyone to make fun of how bad I am."

Generation Y adults overspending: study

Jarasa Vikneswaran **BIZ/TECH REPORTER**

Two thirds of young adults defined as Generation Y, ages up to 31, are having trouble tracking their income and expenses, according to a TD Canada Trust research study.

Raymond Chun, senior vice president for TD Canada Trust stated in a bank news release earlier this month that clarity of cash flow is important in order to prepare for retirement and budgeting is important to battle the habit of overspending.

The TD research study noted Gen Y adults save only 10 per cent of their paychecks.

The study found the reason

young adults overspend on miscellaneous expenses such as tech gadgets, entertainment, fashion and snacks, is due to a lack of clarity on budgeting their monthly income.

Ruby Dhillon, spokesperson for TD Canada trust, was not available to comment, but

"The first step to budget saving is creating a budget template, a sheet of columns outlining income and expenses, have an idea of how and where money is being spent," said Chun.

He added that there is a misperception about budget saving, where people think of spreadsheets, but really it starts with a basic understanding of two things your own expenses and your daily income.

"And then, set a maximum monthly spend for each category and, if this results in a surplus at the end of the month, consider putting it towards a savings account or paying down debt," said Chun.

In a small Humber College random student survey based on 10 members of Generation Y group, seven said they were spenders, one didn't track it and two said they were between the spenders and savers.

"I have a lot of expenses to cover, like my school tuition, (that) my parents cannot afford to cover, so I spend a

lot more than I save," said Natalie Mezgec, 23, a second year student in Humber's bachelor of nursing program.

First year fitness and health promotion student, Richard Diocampo, 20, thinks the Generation Y population is perhaps, a much more, "lazy generation because we rely on technology, we are financially supported by our parents," and the money given to us influences spending habits because it's not our own, he said.

Chun said young adults should make it a habit to create personal monthly budget templates tracking income and spending; reviewing spending habits and budgeting will then be made easier.

Generation Y is most likely to splurge on:

48% Restaurants, bars and entertianment with friends

Snacks and coffee on the go

38% Fashion

37% Gifts

29% Latest tech gadgets

Travel **27**%

27% Cosmetics and health products

"Life and circumstances are ever-changing and a monthly budget will reflect this. The good news is, once a regular habit of budgeting has been adopted, making changes will be a piece of cake.

Minimum wage workers doubled

Alexandra Phelps NEWS REPORTER

According to a new study, the proportion of Ontarioworkers earning minimum wage has doubled since 2003.

The amount has increased from 4.3 per cent to 9 per cent since 2003. And those working for \$10.25/hr. are more likely to be visible minorities and immigrants, according to The Wellesley Institute study.

Mercedes Townsend, 19, a student at Humber said "it's hard to make ends meet while in college and even harder to find a job."

Townsend travels an hour home every weekend from residence to work at her parttime job.

"I only work 15 hours a weekend but I take whatever I can get," said Townsend.

Marissa Fryer, a first year Humber student, found a job first semester but said, "it is very hard to have a job and go to school, but you learn time management." Fryer gets paid \$10.50/hr., 25 cents over minimum wage.

A financial planner from the Royal Bank of Canada said that having a job in college can be difficult without the skills early on to get paid more than minimum wage. "You get paid for what skills you have worked for and your level of experience," said Bradley Carr. "We also help a lot of students out of their debt when it comes to taking out student loans. That's where a lot of students get into trouble, having a credit card and a student loan if not multiple (loans) but no job."

Humber's Career Centre also offers help with resume building and job seeking.



ALL AGES EVENT: 194 AREA (HOSTED BY LINX)

BEST SINGLE & COUPLE COSTUMES WIN FANTASTIC PRIZES LAKESHORE RESIDENCE SINGLE \$250 COUPLE \$500 8PM TO 2AM

BUSES TO AND FROM

Fall reading week not a simple decision

Many Humber students felt left out over these past few weeks as many of Ontario's other colleges and universities put their books away for a week of R&R—all while we continued to press on with our fall semester.

Discussing the prospect certainly isn't new, especially considering that more and more schools are offering it year after year. Currently, 11 of the province's 20 universities, as well as many colleges in the GTA are administering fall breaks for students. So why not Humber?

And would we use this time to catch up on our studies, or do we want to take the opportunity to head to Cancun in October?

The arguments in support of a fall reading week are valid. For students and faculty alike, it's a week to decompress, to catch up on work and to prepare for upcoming midterms and assignments.

But, is that what a fall reading week would be about?

For our winter breaks, some of us do use the time to de-stress, while others pick up extra shifts at workoften ending in the realization that the whole week served as a retreat from school to work in its stead.

If we all agreed to use reading week to actually read, perhaps the time would be better-spent.

Ryerson University's CUTS agency said business has risen dramatically in October, with students looking to high-tail it out of the city to "read." If students want to use their time to go on vacation, that's their prerogative, but schools shouldn't administer a new break for that reason alone.

This year, Brock University in St. Catharines administered its first fall reading week based on the idea that students needed the week for the sake of their own mental health.

Suicide rates among university students, in particular, are high. Suicide is, in fact, one of the most prevalent causes of death for people aged ten to 24. The transition from high school to post-secondary is stressful and a fall break is supposed to relieve that. Good mental health is important to our education, of course, but is shortening an academic calendar going to improve that?

Brock's academic calendar was adjusted so students wouldn't be required to spend any more time in the classroom, but their final exam schedule has been shortened by two days and more exam periods have been added to each day. One potential scenario has students undergoing four or five exam periods in a single day.

How is that beneficial to our mental health? Won't this be just as stressful or even more so?

When the University of Windsor implemented their one and only fall reading week in 2009, the school semester was compressed from 13 weeks to 12. This left classes ending a mere three days—one weekend before exams began. Study time was vastly limited at the end of the semester in lieu of a study break in its middle. In the end, students hadn't really benefited from the change and the break was removed from the school's schedule thereafter.

We are all students, experience stress and could use a break from

our day-to-day workload. However, there needs to be a clear analysis of what a fall break would entail as well as strong student support before it could be seriously considered.

How will it affect our final exam period? Will our midterms be piled up the week after the break? Is the same amount of learning material going to be crammed into a shorter semester? How will a break improve our mental health?

This very issue was brought up around this time last semester. Then-HSF president Bhalinder Bedi told the Et Cetera that if a reading week is what students want, they need to say so. It's not going to happen without a student demonstration.

"If more students were to tell me their concerns about this I am willing to make it a topic of discussion at the board meetings," said Bedi.

It's now late October, and any chance for a fall break this year has come and gone. It might mean that, while a break from school would be nice, Humber students don't really see it as a necessity.

Et Cetera

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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Slutoween goes too far when it comes to kids

Jessica Paiva PHOTO/ONLINE **EDITOR**



It's Halloween, and the time has come yet again for the darkest and scariest of creatures to creep and crawl among us. At least, that's what it should entail.

I remember back when I was a child, and Halloween was one of my favourite holidays. I would come home every day after school with a new idea of what I wanted to be. Would I dress up as a brain-eating zombie bride dripping in blood, or a daunting clown that would manage to frighten all my friends?

The point of the holiday, looking back fifteen years later, was to try to disguise yourself well enough so that your friends and family couldn't recognize you. It was also to get a scream or two out of your siblings when you shouted "BOO!" as layers of fake blood and make-up caking your skin dripped to the floor. It was a thrill to have the scariest costume in your neighbourhood.

Sadly enough, this generation has seen a change in what costumes are deemed appropriate for Halloween. When I attended an all-girls high school seven years ago, I started to realize that everyone had a different idea than mine in mind when choosing a Halloween costume: the sluttier the better.

We didn't have the opportunity of meeting or going to class with guys. The truth is: in an all-girls school, first impressions matter. We usually had a bunch of guys waiting outside

our school when the bell rang and that was our only opportunity to walk out, strutting our stuff. When Halloween arrived, it was the perfect chance to take any common costume and put the word "sexy" in front of it: Sexy nurse, sexy cop, and sexy firefighter—the options were endless.

I don't understand why females typically want to avoid all the goriest vampires, monsters and zombies of Halloween in favour of costumes that have since turned the holiday into something else entirely: "Slutoween."

Over the past few years, Halloween has become a holiday targeted at adults just as much as children. When entering any Halloween store like Creepers, you would find a selection of costumes for grownups. I'm sure everyone has noticed that the costumes for women have gotten sexier and sexier each year. Most costumes now feature a great amount of cleavage and skin.

Going costume-shopping for Halloween with my girlfriends means entering a sex shop and finding the tightest and most revealing outfit on the shelves.

"I love the sexy ones because it allows me to show off my assets," my friends would say. "It's the day you can wear whatever you want and not be criticized." The costumes sold in these sex shops often include clothing that barely covers half a body, and that sells for over \$50. Outrageous.

As one character from the film Mean Girls said, "Halloween is the one night a year when girls can dress like a total slut and no other girls can say anything about it..."

While I strongly feel that Halloween costumes for women have become highly revealing, however I'm

not here to shame or call out anyone who decides to wear them. There's a large culture of "slut shaming" where we degrade women who are sexual and enjoy dressing in sexy clothing whether or not it's Halloween.

It's a woman's right to dress however she wants whenever she wants. If she chooses to reveal her "assets" during Halloween, then by all means that's her choice, though I do often find the process of "sexifying" some costumes to be ridiculous. A "sexy" grape? Come on, now.

I started to realize everyone had a different idea than mine in mind when choosing a Halloween costume: the sluttier the better.

But there is a more serious problem when children's costumes start being classified as sexy.

This year, a costume marketed for two-year-olds, "Naughty Leopard," was taken off Walmart's shelves after receiving some complaints from parents who charged that the name is unacceptable for a child's cos tume. I, for one, couldn't possibly accept having my six-year-old niece run up to people exclaiming that she's going to be a "Naughty Leopard" for Halloween, let alone a two-

Despite the uproar, the costume is still available online. Since the complaints around the word "naughty" in the title, Walmart has changed the name to "Leopard Child Halloween Costume."

What bothers me most is that teens and toddlers are being pressured into dressing and acting "naughty" or "sexy" because of the costumes available to them. Designers create outfits that sell—a black sparkly dress with cute ears: why wouldn't a two-year-old choose that over any other costume? But the costume's name becomes important, especially to the child. Even if it were only for Halloween, being a "Naughty Leopard" would also mean acting like a "Naughty Leopard."

I would be a hypocrite if I said that wanting to look attractive on Halloween is silly, because, let's face it, we all want to look good. But when did it become socially-appropriate to walk around wearing no more than a bra and booty shorts, and call that a costume? Whatever happened to the time when we would spend months before Halloween creating our own costumes from objects around the house? Where's the creativity?

Instead of settling for provocative costumes, why don't we put a little thought into what we choose to be for Halloween? Exposing skin for the sake of putting together a creative and unique costume is acceptable, but sexifying a costume for the sake of looking attractive or "sexy" is a whole different story, especially for a child.

Halloween has been about being scary and creative, not sleazy. Enough with the scandalous clothes; let's bring out the risen dead to chase down the living and share a mouthwatering meal of juicy brains and tender flesh.

One more thing: save me some

Quebec virginity tests link to disastrous bridal traditions



When the news broke out that several doctors in the Greater Montreal Area had been issuing "virginity certification" tests to women, they were warned by the Quebec College of Physicians to stop the practice immediately. The ensuing controversy raised many questions about the procedure, the most important of which being: why is a woman's sexual experience anyone's business?

The idea of an exam with the intention of confirming whether or not a woman is a virgin is absolutely absurd. The practice is downright weird, not to mention degrading

and embarrassing. Women should be in charge of their own sex lives and shouldn't have to receive certificates saying whether or not they are virgins.

The education minister in Indonesia recently proposed virginity tests for all secondary-school age girls and virginity tests were reportedly forced upon Egyptian detainees during the 2011 riots in Tahrir Square.

The exam itself is a basic pelvic pap test. Doctors examine the patient's hymen (the tissue covering the vagina's opening), and determine whether it's still intact. However, the link between this specific part of a woman's body and virginity is inaccurate, since not every female is born with a hymen. Moreover, physical activity such as horseback riding can tear it. Therefore, these 'tests' and the certificates

that follow seem to be nothing but

Nonetheless, some Quebec doctors were even moved to provide certificates of virginity to women they had not tested in hopes of protecting them from family retribution. (The Quebec College of Physicians has also forbidden this practice.)

Bridal purity and family honor are still important matters to consider in marriage for many cultures. The notion that a man is receiving a virgin as his bride is considered essential to the "honour" of that union. The woman must remain "pure" for her husband-to-be. Many wedding customs, including the white bridal dress in Western marriages are there solely to represent the innocence and virginity of the bride. Identifying the woman as "im-

pure" isn't exactly proper bridal etiquette, even today (especially if she didn't lose her virginity to her husband-to-be).

To be quite frank, the male-dominancy of this bridal tradition sets women up for disaster. Women have come a long way since the era in which these marital traditions were established. They've successfully fought for their rights to vote, to go to school, to work, and to be powerful, independent figures in society. When women are still treated as objects or prizes to be won, it's shameful

The thought that some men out there are still hell-bent on "winning" their wives' v-cards is troubling.

Imagine not having control over what you can or can't do, especially with your body. Doesn't seem too liberating, does it? Well, this is still the reality for some people. They might as well have chastity belts strapped on. Then, there wouldn't be any need for these idiotic tests. The idea of family honour is clearly the basis for their practice.

Simply put, some families were concerned about brides-to-be not remaining pure before their weddings. These women were obligated by family and culture to get tested. The Quebec doctors performing the tests disregarded certain codes of conduct in the physician's code of ethics, among which: the patient's right to confidentiality.

The trust placed on doctors is extremely important. The relationship between patient and doctor hinges on that trust. But when a doctor shares specific information on a patient without that patient's consent, that trust is broken. It's scary to think that a patient's medical records aren't always kept secure.

Why are women of colour so seldom seen in fashion?



Naomi Campbell, Tyra Banks, Iman, and Beverly Johnson were just some of the top women of colour in the modeling world 20 years ago. Fast-forward to 2013, and the playing field has certainly changed. According to a February 2013 article featured on the website Jezebel, almost 83 per cent of the models showcased at 2013 New York Fashion week were of Caucasian descent. The remaining 17 per cent included Asian models, black models, Latina models and "other". The article also identified designers who don't feature women of colour as models at all, including Calvin Klein and Juicy Couture. It's ridiculous.

As a young woman who happens to be a person of colour, these asinine figures don't really surprise me. Whether you're watching TV, browsing the Internet or reading your favourite magazine, you're going to be bombarded by images of models who don't quite reflect the greater population. Magazines constantly feature models with long, straight hair, blue eyes and fair skin as the norm. What does this particular image do to the self-esteem of young children who don't happen to share those same features?

The famous Clark doll experiment in 1939 had children, both white and black, choosing between two dolls differing only by their skin colour: one doll had white skin, the other had black skin. When asked questions such as "which doll do you want to play with," or "which doll is the nicer colour," most of the children—black children includ-

When she asks the directors about the lack of black models, one modeling director tells her that a client once told him, "I need a black model, but she has to be like a white girl dipped in chocolate."

ed—preferred the white doll. The test was conducted again in 1969, and more recently in 2007, and the results were largely the same. What is with the unconscious notion that coloured skin is not beautiful?

The short documentary *The Colour of Beauty* offers a glimpse into the world of an aspiring black model. In it, Renee Thompson, a young black model, has made it her

mission to make a name for herself in the New York fashion industry. Unfortunately, her plans fall apart as she is rejected from almost every modeling agency she sets foot in. When she asks the directors about the lack of black models, one modeling director tells her that a client once told him, "I need a black model, but she has to be like a white girl dipped in chocolate."

Other agencies she visited were more straight to the point: "Black women are not in our demograph-"

The fashion industry prides itself on igniting progressive change in our closets. But why can't they have that same progressive spark when choosing their models? It's not like there is a shortage of black models. Thousands of young hopefuls are walking into these modeling agencies knowing in the back of their minds that they might not be hired. And their rejection won't be based on their height or measurements, but over their skin colour—something they have no control over.

This problem is only intensified when skin colours are marketed as "only a trend." This fall season, paler complexions are seen as the new fashion trend, or the "Downton Abbey Effect" which seems to be lazy on the designers' part, not to mention offensive. And why is it that when designers do feature a model of colour, they are dressed in a stereotypical garment that reflects their culture? How many times have we seen a black model dressed in animal print, (leopard seems to be a favorite) holding a wooden spear or racing against a cheetah on the plains of the Serengeti? Even models of other visible ethnicities face this kind of typecasting.

It seems that the fashion industry is so adamant in its use of black models, that sometimes they'd rather just paint a Caucasian model in blackface and call it a day. This year's March issue of Numero France was under fire for an editorial shoot called "African Queen" (are you serious?) where 16-year-old model Ondria Hardin was painted dark brown and depicted wearing "traditional" African clothing. What's even more ridiculous is the fact that Ford Models, the agency that represents Hardin, has numerous black models in their ranks. Is it really that difficult to find a model who already has the skin tone that the workers at the Numero shoot had to paint on a Caucasian model?

Something has to be done to change the lack of representation in the industry. Designers have to realize that, while their decision not to feature women of colour in their show may not be intentionally discriminatory, it does send a clear message





I think it's a write-off of a day. People just want to dress up. I'll go to a party, but I won't dress up.

Kenny Baffour, 21Business Mgt., 2ND YEAR

Marten, in Orlando. She'll use the Halloween stuff for her Halloween party. That's all I'm doing, just for my grandkids.

Recruitment, International Centre

Dianne Davies, 63

This year I filled a suitcase

with Halloween stuff and

met my daughter, from St.

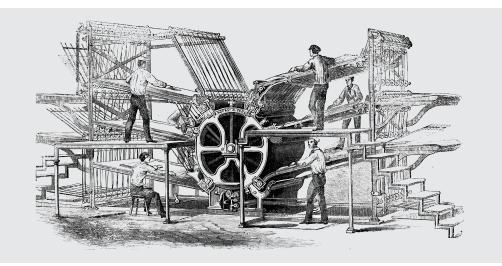
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The Printing Press

The Printing Press is intended as an opportunity for the Et Cetera team to share and explicate our process as new journalists, where we can offer transparency and introspection into what we do here in the Humber North campus newsroom.

In this weekly column, you'll find a wide range of anecdotes, analysis and criticism of journalism as a whole.

Paul Rocca, Opinion Editor



Mainstream news has to adapt to the digital age



A friend once told me she gets all of her news through the YouTube channel SourceFed. I sat there for a while, mouth agape, before the part of my brain responsible for speech geared up and told her something along the lines of "Oh, that's cool."

If you've never seen or heard of SourceFed, know that calling it a "news channel" is quite generous. It's video comedy, with small bites of news. Some of their more popular videos include "Mexican Drug Lord Assassinated By Clown," "Students Punished for Helping Drunk Friend," and the modern classic, "Boob Month! Or Boobies All Month!" It's nothing out of the ordinary when it comes to online me-

dia, but it's hardly the *Washington Post*. When they do cover breaking studies or news, they do a quick brief, before sliding quickly into reactionary journalism, and opinions from the personalities that drive the channel.

It's important to emphasize that this isn't a condemnation of SourceFed, their journalistic standards, nor the people who want to watch it. It's more of a reflection on how, in such an age of information inundation, YouTube can become your only source of news—and what journalists can learn from that.

We're in an era of curated content. Content is custom-tailored to your interests. Streaming TV shows and on-demand cable boxes mean you never have to watch something you don't intend to watch. Satellite radio means you never have to hear something you don't want to hear. You get exactly what you want, and none of what you don't.

But you also develop your own prejudices. In a bid to create a better content delivery system, we've created a better content filter.

Unfortunately, most of what you want to see, and what you want to hear, isn't the news. Few people have a vested interest in worker conditions in Bangladesh, the civil war in Syria, or the economics of the American government shutdown. YouTube makes content delivery very easy, while the channels' choice of content makes comprehension and viewing even easier.

There's nothing journalism can do to make hard news easier to process. It will always require a certain level of engagement. It will never have the same digestibility as videos of kittens. But news agencies can do a lot to try to make the viewing experience easier than it is right now.

The future of content distribution is ease of access. Services like iTunes

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took advantage of this fact fairly early. Music piracy isn't any less or more illegal than it was during the days of Napster and Kazaa; it's just become incredibly more inconvenient to steal. At the same time, digital marketplaces like iTunes have made buying music easier. Digital

consumers don't particularly care about what may be cheaper—they care about what's easiest.

While news networks and agencies are trying to make segments easier to absorb online, they still lag behind. News networks that have YouTube channels update infrequently, and those that don't typically rely on buggy proprietary systems not designed for the viewer's benefit, but instead to protect their intellectual property. And the videos are rarely anything other than snippets of what has already aired on TV.

These problems are relatively light, but they're indicative of the fact that many TV news agencies still have issues with content distribution to networks. The Internet allows journalists to take back control of how they deliver content to viewers.

We, as journalists, should take advantage of that opportunity.

Harper, Duffy, and Wallin — A circus for all ages



Childhood

Mommy says I can't watch news, she yells "scram!" if she catches me. So I tippy toe behind her chair and peek when she's not looking and today I see a big chubby man on TV in the news, kinda like Humpty Dumpty, and he's talking into some microfoams and standing, I think, on the prime mister's front steps! Really fancy stones and rocks stairs, and all around him people are kinda pushin each other, holding onto their own microfoams.

"It's worse because they were germalists," mommy says to Esther, my kitty.

I love Esther. But I don't know what a germalist is. Then there's a picture of Humpty, he's not at the prime mister's house, just a big picture of his round head and his lips aren't moving, but he's still talking,

only without moving his lips and then there's lots of shouting! Hoot! Hoot! But I don't know if those Hoots! are happy or angry or who's even saying 'Hoot!'. "How do you know they're not telling the truth?" daddy says.

"Wallin and Duffy's stories are almost the same." And then a lady's on TV, standing in the same spot Humpty was, but Humpty's gone! And now she's talking into the same microfoams and the same people with their own microfoams, I think it was the same people, they all kinda look the same, but they're all pushing and shoving still and some are yelling and bright lights are flashing.

Esther's licking my toes. Why isn't the Prime Mister at his own house? Couldn't he bring them a snack or something?

Then the news man comes back on, and lotsa numbers float on the TV, lotsa 00000's and that makes me think of cookies so I tippy toe back out.

"Scram!"

But mommy is too late. I hear the newsman say "circus". I love

the circus! I saw Circle So Lay last year and I run back to the living room but Mommy's standing in my way!

Adolescence

We're *forced* to watch this *bull-shit* news for *idiot* Mr. Tarkas' class.

Poli-sci my ass. What do I care about this? They're all corrupt. Duffy, Wallin, the stupid PM. What do people expect? And we have to actually *go* to this dumb "house" or "senate" or whatever it is? That'll put a kink in our Ottawa field trip, but screw it. I can't wait to go, get away.

"Hey, we're gonna have a quiz on this crap," someone whispers from behind. So I take out my pen and notebook and write down: "\$90,000 cheque, Duffy got from PM's office. Nigel Wright, chief of staff, fired. PM innocent."

Is this supposed to make sense? "Harper's a jerk", I write. Then, "official defense: PM didn't know Wright gave Duffy cheque. It was wrong what Wright did. He was the problem and now he's gone." I scratch my head.

"But Duffy testified he met PM and Wright, and named 12 other big ass politicians connected to Harp. Duff was sort of believable. Duff. Duff. Duff. Duff Beer." I daydream about Homer's idea of a circus, a bear driving a car in a circus ring (did someone just say "circus"?) and that music, doodoo-doo-doo-doo, under the spotlight, and then I think of contortionists at the circus and that gets me distracted.

So I doodle contortionists for an hour.

Adulthood

Watching a CBC discussion panel called, "Harper, Duffy, Wallin: whose story rings true?"

Except their three guests all push their own agenda: parliamentary secretary to the PM, Paul Calandra, NDP ethics critic, Charlie Angus, and Liberal Deputy Leader Ralph Goodale.

They're gonna tell me what the truth is? Or will the sum of their positions add up to the truth?

They all contradict each other, irreconcilably. They're all just sell-

ing their brand and competing for the best PR spin. "When Wallin testified, er, well she didn't testify," the host said.

Jesus. That's a big slip. She didn't testify because she wasn't in court, but on the senate floor. Where a calmer sort of debate is alleged to appear—and not where legal, criminal judgment is passed.

How can I possibly know who to believe? Wallin's paid back \$140,000. Therefore she was guilty of something, right? How do I know new information won't become available? Whose information is truthful?

I've been avoiding coverage of this stupid story. I didn't want to get sucked in. But I guess I swallowed whatever I couldn't help but see, because I really thought Duffy was the bad guy. It's so easy to believe he's the bad guy—but now his speech... I don't know what to think.

Wallin still seems guilty, but is that just because her speech wasn't as convincing as Duffy's? One of the panelists—maybe the host—says "circus" and I think: more like reality TV.

Porn petition seeks to block Canadian household usage

Number one business on Internet can't easily be filtered, curtailed

Dilara Kurtaran LIFE REPORTER

Many people are signing an online petition proposing to block porn from all households in Canada.

Almost 7,000 people have signed the petition on Change.org, a web platform for petitions, and 566 more signatures are needed.

Ryan Burton, director of Humber's IT planning and client services said the new system is not foolproof.

"There is no such a thing as a perfect filter," said Bur-

Porn is the number one business on the Internet right now and if the government tries to block porn, people are going to find a mechanism to get around it, according to Burton.

Humber counselor Semone Kassim said a filter on porn wouldn't address any problems, but a discussion over it would be more help-

Kassim said porn addiction can be a serious problem that can affect both the consumer and the people around. Genetic, biological, psychological factors or environmental circumstance could play into addiction.

Nevin Sinnathamby, 19, a second-year justice studies student said a porn filter isn't necessary in Canada.

"I don't really see anything wrong with it because it doesn't affect anybody in a bad way," said Sinnathamby.

Sinnathamby said it would make more sense to ban free porn websites rather than blocking everything.

The petition in question states people who wish to watch porn can contact their service providers to tell to make porn available for the household.

Kassim said a lot of people could be happy and a lot of people could be upset due to the extra step they would have to take to watch porn.

The petition was inspired by Britain's porn-filter, which also blocks violent material, extremist and terrorist related content, as well as anorexia and eating disorder websites.



Dancers sweating up a storm at the third-ever Zumbathon last week at Lakeshore campus.

Zumba lovers shaking out donations for HSF food bank

Latin dance workout burns calories and generates a lot of fun

Hannah Hollingsworth LIFE REPORTER

The Humber Students' Federation hosted its third Zumbathon at the Lakeshore campus on Oct. 23 to draw non-perishable food items for the student government's food bank.

Zumba is a Latin dance

workout designed to burn calories and condition the cardiovascular system.

Nathania Bron, fitness and recreation coordinator at Lakeshore said the volume of students in the regular Zumba class inspired the event.

"Our instructors were really enthusiastic when we came up with the idea of doing a big event to bring students together," Bron said.

Bron said the goal is to bring people into the gym and make them feel comfortable in the facility while supporting a good cause.

"So Zumbathon was born," she said. "We decided with the HSF food bank it would be a great opportunity for us to give back to students, so the fee is a canned good."

The food will be distributed to students that qualify based on financial need.

Zumba instructor Monica Inacio has been teaching the exercise for two years. She

We decided with the HSF food bank it would be a great opportunity for us to give back to students, so the fee is a canned good

> Nathania Bron COODINATOR, FITNESS AND RECREATION

instructs the regular Zumba class twice a week and said she loves it, because there's no judgment.

"It makes fitness fun. Love the energy. I used to be a student, and I got certified because I loved it so much," Inacio said.

Lakeshore gym staff Drina Dujmic, a 20-year-old who is in her second year of business management at Humber said there was lots of energy in the room. "Everyone's excited," she said. "Even the guys showed up, everyone's having so much fun."

Julia Finnie, 20, a second-year criminal justice student also works at the gym and helped set up the event.

"The turnout is great," she said. "There's so much enthusiasm."

The 45 attendees entered a draw to win fitness gear and Humber swag. Names were drawn during breaks in the two and a half hours.

Trick-or-Eat helps to feed women's shelter

Halloween campaign at Lakeshore campus about food security

Danielle Strohm LIFE REPORTER

Humber students at the Lakeshore campus will be going door-to-door this Halloween to collect non-perishable food items benefitting Ernestine's Women's Shelter in Eto-

Trick-or-Eat, a campaign started by Meal Exchange, helps increase awareness about food security while filling the shelves at food banks across Canada.

Students from the fundraising management program at the Lakeshore campus organized the Humber campaign.

Program coordinator, Ken Wyman, said that even though the campaign is not for course credit, students were excited and took the initiative to organize Trick-or-Eat.

"There was about eight of

us who decided that it was a great cause," said Brittney Black, one of the event's coordinators. "We felt it would be the perfect opportunity." "They (Ernestine's) are really

fantastic, anti-oppression and a resource for the community," said organizer Jessie Harding.

They (Ernestine's) are really fantastic, anti-oppression and a resource for the community.

Jessie Harding ORGANIZER

"It's a fantastic, welcoming shelter for women and then they have this fantastic feature of food bank support to feed women and children."

Ernestine's also provides ongoing support for families that they intervene with.

"We have a goal of \$250 for

funds raised and an equivalent of \$2,500 in collected donated food," said organizer Kelsey Hamill.

"Each pound is the equivalent of one dollar and for Ernestine's one dollar equals one meal."

Trick-or-Eat coordinator Megan Hewer, Humber international development alumi, said that Trick-or-Eat is a great event for youth.

"They (the organizers) are going to gain leadership and organizational skills," said Hewer.

The hope is that after Trick-or-Eat volunteers will remain engaged and active in addressing hunger. Organizers want students to enjoy the festivities of Halloween but in a philanthropic way, and costumes are encouraged.

Trick-or-Eat will take place on Oct. 31 at 5 p.m. meeting in room 1017 in the L building of the Lakeshore campus.

To join Humber's Trickor-Eat, check out www.facebook.com/trickoreathumber.



Glassbourg launches Learn to Speak Film

Tiara Samosir A&E REPORTER

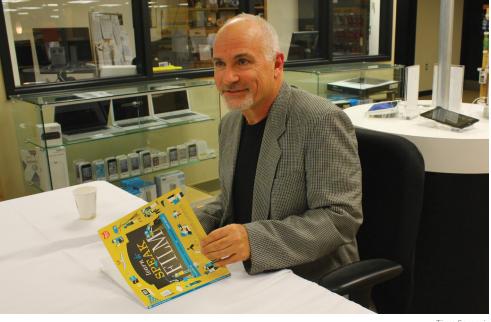
Michael Glassbourg, Humber's film and television production program coordinator, launched his new Owlkids book Learn To Speak Film at the Humber Bookstore on Oct. 23.

"There's really nothing out there for them [kids]. So they're just sort of going out there blindly and now I've given them a way of making films that they can relate to and I think will work for them," said Glassbourg.

Glassbourg said Learn to Speak, fourth in an Owlkids series covering music, dance and fashion, was the right title and doesn't know what he would call it otherwise.

"I wasn't sure about the title initially, but there was really no choice," said Glassbourg. "But now I like it."

Glassbourg admits very little research was needed for the book because he has most of the information stored in his



Michael Glassbourg during the Learn to Speak Film book launch at Humber Bookstore.

head. He said creating an outline before starting to write the book really helped him finish.

"The book is a bit of the distillations of the courses I teach. So I was just picking and choosing the things that were important and putting them in the order that made sense and also writing them in a way that a 10-year-old can understand," said Glassbourg about the book geared for nine to 16 year olds.

Sara Chappel, Humber senior writer and web editor who is in charge of the book

launch said the launch was a coming together event to celebrate the success of a Humber community member.

"It's fantastic, colourful, kinda retro-style illustration," said Chappel about the book. She also finds the book very practical and realistic for young filmmakers. It's easy not only for youth to understand, but also for adults to enjoy, Chappel said.

According to Aldo Quirvan, 25, a third-year film and television production program student, Glassbourg is a fantastic teacher.

"He cares about his students and their progress," said Quirvan, explaining it's because Glassbourg knows exactly how education can improve someone's life.

He also said Glassbourg is the right person to write for the Learn to Speak series. The book captures his insight into the film industry.

"It's a great guidance for young people to know what we do," said Quirvan.

Learn to Speak Film is available at bookstores and online.

Horror play staged at historic house

Chelsea Howard A&E REPORTER

The historic Campbell House Museum has collaborated with Theatre Lab to present the Halloween-themed You Can Sleep When You're Dead.

The 75-minute theatrical production runs until Oct. 31, and allows the public to experience the Campbell House while in its eeriest state.

Omar Hady, the director and one of the many writers of the production, said "for me there are challenges, to be honest, but we're basically overcoming them."

"With everyone's pull, this is coming together," said Hady, who is also a Humber theatre conservatory graduate.

The production is unique in consisting of a house of dark and unsolved stories, which are each set in a different era. Each floor and room of the house will be explored creating a ghostly atmosphere for the audience.

"Omar had the idea of staging an exorcism and we went about trying to make that happen," said Toronto-based actor, director and producer, Michael Orlando.

Canadian writers also have a contribution within the 40 plus creative team, including current third year journalism student Glyn Bowerman, 27.

Orlando explains that whether it's the exorcism, which is the base of the show, or a scene where a master strangles a servant, each of the scenes has a unique cast, and there's no double casting.

Orlando said the goal of the Theatre Lab is trying to get people who normally wouldn't go out to see theatre to give it a try.

Hady said that this is one of the biggest productions the Theatre Lab has done.

"The big advantage is that the audience is all around you, it is very intimate. You can speak in a low voice, and everything will still be heard," said Orlando.

Show times each night the production is running are at 7 p.m. and 9 p.m. Ticket prices are \$25 or \$35 depending on which night people attend the performance.

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MONDAY Silent short films

Toronto Theatre Organ Society presents silent shorts, including Buster Keaton's Sherlock Jr., at Casa Loma.

TUESDAY Jane Austen Dance

North York Central Library celebrates the 200th anniversary of Pride and Prejudice with dance lessons and much more.

WEDNESDAY **Christopher House**

Toronto Dance Theatre will debut choreographer Christopher House's major new work at the Harbourfront Centre.

THURSDAY

Curtain Call Players Presents: Annie

The musical will be presented at Fairview Library Theatre, featuring a few new dance numbers.

FRIDAY Day of the Dead

Harbourfront Centre will be hosting Mexican artists, foods and more while paying tribute to the living and the dead.

SATURDAY

James Blake

The electronic music producer and singer will be performing at Kool Haus. Doors open at 8 p.m. and tickets are \$30.

SUNDAY 10

Theatresports

A tournament-style performance where competing groups perform suggested scenes. Held at the Comedy Bar on Bloor.

THE SIDEWALK CRUSADERS



Toronto busking group, The Sidewalk Crusaders, covers music ranging from popular hits to video game scores with their rich, jazz sound. The seven-piece group, seen here on Yonge Street in downtown Toronto on Sept. 29, plays on the streets to pay the college tuition of its members. Trombonist Nick Marshall, 19, (right) is a student at Humber College. The band can be found busking most weekends around downtown Toronto.

Courtesy Nick Marshal

Watch the video online at http://youtu.be/ okZ9o-4OboE



Art contest seeks hoarding designs for LRC building

Vanessa Marciano A&E REPORTER

The mass construction zone for Humber's new Learning Resource Commons is now allowing students to share their artistic work in a hoarding design challenge.

During the LRC groundbreaking ceremony on Oct. 4, an eight week long contest was announced that offered all Humber students the opportunity to submit a piece of their original artwork into a number of different categories.

The categories range from collaboration and connection to transformation and student success.

If chosen, a student's artwork will be displayed on the construction hoarding, facing Humber College Boulevard.

Ashley Watson, curator of Humber's L Space Gallery at the Lakeshore campus said the new creative hub will bring student work and creativity into the open.

"I've had a lot of people asking when we would get a gallery at North campus, so it's good to know we are now going to have a presence at both campuses," she said.

Katelyn Stangel, 21, a first year tourism management student, found out about the contest when someone administering Humber's Twitter account tweeted her after seeing numerous doodles she sent out over the social media network.

"If I can directly include students in tweets, I definitely will," said Jonathan Thiang, Humber College Twitter admin. "If someone made an effort, I would send them a tweet about something coming up."

Stangel said she has already started working on her design and is going with a different approach than most.

"I would think a majority of people are going to go with graffiti or modern day art, but I was inspired by Mayan art," she said. "It's going to be really blocky, colourful, have the world in it all this crazy stuff."



One entry will be chosen from each of the eight categories, and prize winners will be awarded with their pick between \$500 tuition or bookstore credit. The prizes are courtesy of Humber College and PCL Construction.

"Just getting my art up on the wall is a big enough prize for me. If someone is really

into art, the cash prizes and all that stuff is just an extra bonus," Stangel said.

Humber's marketing and communications department manages the LRC hoarding design challenge.

The contest entry closes on Nov. 29 at noon, just in time for the judging panel to review the pieces on Dec. 5.

Annual Halloween party at North for first time

Chelsea Howard A&E REPORTER

Get your costumes ready, Humber. For the first time, the annual Humber Students' Federation Halloween party will be hosted at the North campus Student Centre.

This is also the first time in seven years, the party, themed as "The Night of the Dancing Dead," will take place on Halloween, as well as pub night.

Daniel Pasin, vice president of the HSF at Humber North campus, said the party is expected to be the biggest event on campus since frosh week.

"Frosh week was very successful, so we want to keep (giving) the same quality to the students," said Pasin.

"I attended the Halloween party at LinX last year," said Tanima Srivastava, 25, a second-year paralegal student. "The music was great and the decorations were awesome."

Pasin said there will be a mixture of DJ's, including student Jason Ho, who recently performed at the DJ Throwdown event. "I'm excited just because I haven't really done anything for post-secondary students before," said Ho. "Usually it's for more of a larger and broader range rather than a closer age group."

Ho will be spinning a mixture of house, hip hop, electro music at the event. There will also be a live band called Daft Punk Tribute.

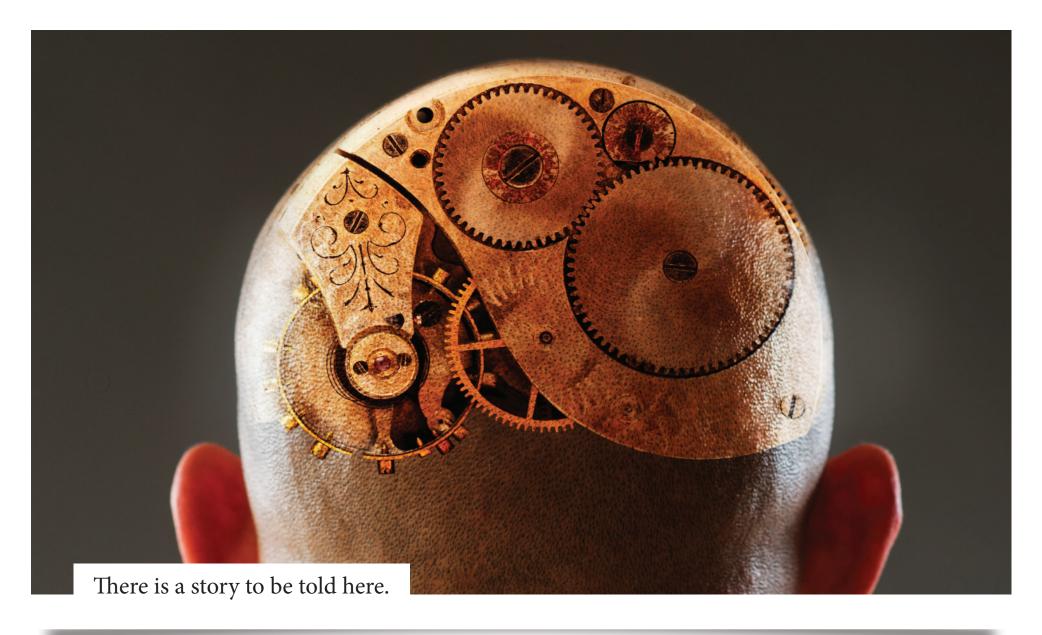
Pasin said that since this is the first year the North Campus is having the party, he is unsure of what to expect.

"We are facing a lot of risk this year," said Pasin.

Prizes will be given for the best costume. Top couples costumes will receive \$500, and top single costume will receive \$250.

Presale tickets are available at the HSF office.





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SCORPIO OCT. 23 - NOV. 21

Like pumpkin pie, you're in season to shine. Just make sure the pumpkin pie doesn't outshine you. But it probably willl.



SAGITTARIUS

NOV. 22 - DEC. 20

You're like the filling in a Boston cream donut. You're the best part but a little heavy. Go low-fat this week.



CAPRICORN

DEC. 21 - JAN. 19

Look to the angel food cake this week: you're bogged down in thinking and need to fluff things up.



AQUARIUS

JAN. 20 - FEB. 19

There are so many layers to your personality, just like a parfait. Pick a layer and stick with it.



PISCES

FEB. 20 - MAR. 20

Just like the red velvet cupcake, you're soooo 2010. Reinvent yourself and catch up to the rest of us.



ARIES

MAR. 21 - APR. 20

You've earned the nickname Moose with your athletics. But your head is as hard as your muscles. Be more like mousse and get some soft skills.



TAURUS

APR. 21 - MAY 20

You're a burnt brownie this week. You're a good idea but things are overdone. Lower the heat.



GEMINI MAY 21 - JUN. 20

Like a cheesecake, when you're good, you're good. But you're having some consistency problems: a little doughy and too sour.



LIBRA SEPT. 22 - OCT. 22

You've got all the right ingredients but are falling apart like an apple crumble. Get some pie crust and solidify yourself.

CANCER

JUN. 21 - JUL. 22

You're the newbie on the block and trying hard to fit in, just like the cronut. Simplify things and get back to your roots.



LEO

JUL. 23 - AUG. 22

Like an upside down cake, people just don't know what to make of you. Reverse directions and things will look up.



VIRGO

AUG. 23 - SEPT. 21

Your pent up anger is getting the best of you. You're a lava cake ready to erupt. Just don't get chocolate on anybody.

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ACROSS

- 1. Ocean currents
- 6. Bullets, for short
- 10. Discharge
- 14. Lethargic
- 15. Wild animal's home
- 16. Queue
- 17. Excessive excitement
- 18. Peruvian capital
- 19. Initial wager
- 20. Put in
- 22. System of symbols
- 24. Sandra ____ ("Gidget")
- 25. Wanting company
- 27. Slight
- 28. Right you ____! 29. "Sex and ____ City"
- 32. And so forth (2 wds.)
- 36. Trapped
- 38. Halt!
- 39. Select
- 41. Eroded

- 6. Everything
- 7. Augusta's locale
- 8. Champagne and orange juice
- 9. Lecturers
- 10. Please greatly

- 13. Juvenile
- 23. Prayer word
- 27. Vegetarian's taboo
- 29. Jog

- 34. Thin rope
- 35. Fitting
- 37. On vacation
- 40. Not this
- 46. Ruckus 52. Phone company employee
- 54. "The Greatest" 57. Trailblazers

___ Plane" (2

- 52. Shaquille
- 62. Outer limit 53. Ski resort
- 63. Ready for picking
- 65. Broadway lights 66. She. in Seville
- 67. Preceding nights
- 68. Tango, e.g.

42. Our planet's

48. Disencumber

45. Endanger

49. "Snakes _

wds.)

51. Breezy

60. Plaid

- 69. Pare
- 70. Fender damage
- 71. Winter forecast

DOWN

1. Fearful

2. Silly

- 3. Compact
- 4. Famed canal
- 5. Hollywood hopeful

- 11. Skirt length
- 12. Interested by
- 21. Shredded
- 26. Fiddling emperor
- 30. Present!
- 31. Genesis site
- 32. Water container
- 33. Asian language

- 43. Wish
- 44. Expressed scorn
- 47. Trips to the store, e.g.
- 50. Reach a destination
- 54. Make amends
- 55. Spear
- 56. Map feature 57. Chick's sound
- 58. Out of work
- 59. Stare
- 61. Not imaginary 64. NY time zone

ANSWERS

Previous issue

N	Α	S	Α		Т	Α	G	S		Α	Т	Α	L	Е
Е	L	L	S		S	Н	0	Т		Т	Е	Ν	O	R
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Find the answers to this week's puzzles in the next issue or visit humberetc.com/games or scan the QR code!

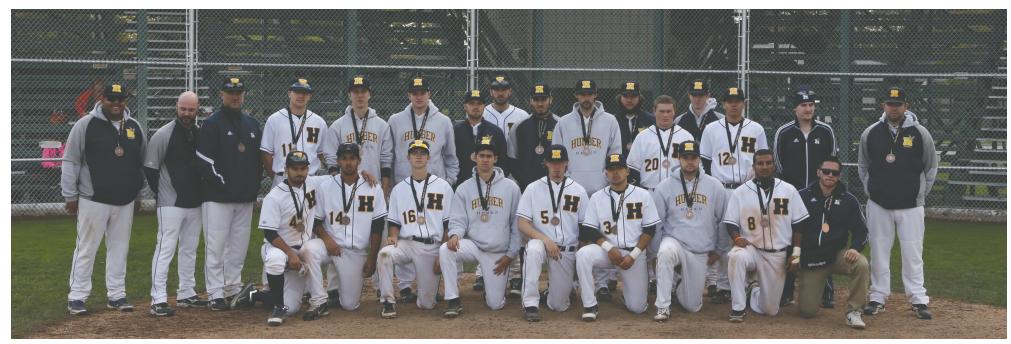


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Courtesy St. Clair Athletics

Humber goes home with the bronze medal. After battling all season long, Durham and St. Clair ultimately came out on top at the inaugural OCAA baseball championship.

Baseball team settles for bronze at debut OCAAs

Ryan Poirier SPORTS REPORTER

They won a medal, but it wasn't the one they were looking for.

Humber walked away from the inaugural OCAA men's baseball championships in Windsor Oct. 20 with the bronze medal.

After winning the first

game of the tournament 14-4 against Durham College, Humber fell to St. Clair College 12-2 later that night.

In the must-win semi-final game against Durham, Humber couldn't get the bats going until late in the game, losing

The Hawks committed a tonne of errors in their three games, making wins difficult.

"We saw a familiar side of ourselves," said assistant coach James DePoe. "We were a very inconsistent baseball team throughout the course of the year."

The weekend consisted of several rain delays, forcing Ted Beale, OCAA men's baseball's senior convenor, to postpone the finals and semi-finals to Sunday.

"We were concerned with cuses for their semi-final exit. the playability of the [baseball] diamond and certainly the safety of the players," Beale said. "They are running, they are diving and they are doing a lot of different things on the diamond."

Despite the rain delays and moving to different hotels throughout the weekend, the team wasn't making any ex-

"Adversity is part of the game," DePoe said. "and we really didn't do a good job of (dealing with) that."

Although the team fell short of their ultimate goal, the future of college baseball is bright for Humber.

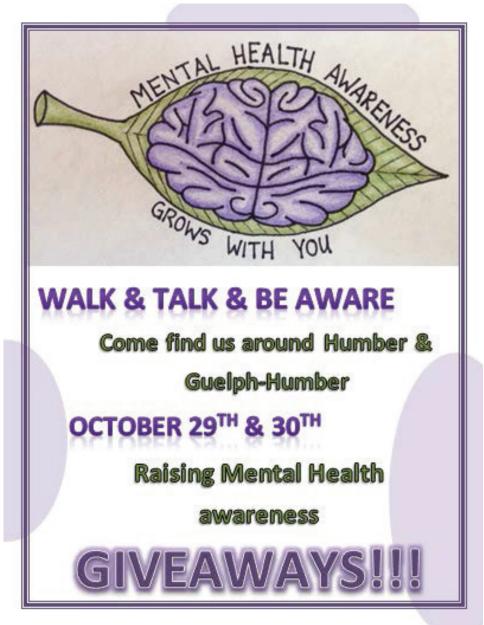
"We'd like to see [OCAA baseball] continue to grow," assistant coach Matt Ferreira said. "I think it was a positive first step this year with the formation of the league."

Expanding the five-team league is exactly what Beale has in mind.

"Other schools are taking notice and I think they want to be a part of it," Beale said.

Several colleges have shown early interest in joining the OCAA for next season.





Hawks volleyball teams open with victories

Jordan Finkelstein

The Hawks men's and women's volleyball teams picked apart Mohawk College on Oct. 23 to start their regular seasons with victories.

"It was really important for us to win this game," said Kelly Nyhof, 22, law firm profile student and co-captain of the women's volleyball team. "We had to show the other (OCAA) teams that we're still the best."

The Hawks defeated Mohawk in three sets, starting off strong by winning six straight points on their way to a dominant 25-10 first-set win. Set two was closely contested, but the Hawks came out on top, 25-18. They carried that momentum into the third set, winning 25-15 to close out the win.

"After last game, we knew we had to work on our defense," said assistant coach Rachel Dubbeldam. "We're trying to maintain the high level of play we're used to. We've been running a lot of defensive drills in practice to lower our deficits in games."

Dubbeldam said the team

needed to improve after a poor transition game in last week's preseason win over Seneca, and passed very well throughout the match.

The men's team won 3-2 after edging out Mohawk in the final set. Humber won set one 25-20 and set two 25-16. Sets three and four were much closer, but Mohawk managed to tie up the match, winning both with an identical 26-24 score line. In the final set, Humber was able to hold onto a three-point lead and took down Mohawk 15-12.

"Our play is still being perfected this season," said Bart Babij, assistant coach of men's team. "We know we're a talented team, so we've been repeating our drills until the players know the plays like the back of their hand."

Babij said the season is like a marathon, and there are many games that still need to be won in order to once again boast the OCAA's best record. Humber has now won 10 games in a row, including the preseason.

"We're finally playing as a team," said Aleks Inveiss, 21, third-year kinesiology stu-



ordan Finkelstein

The women's volleyball team started the season in comfortable fashion, defeating Mohawk College in three straight sets.

dent at Guelph-Humber and libero for the Hawks. "We're still making some errors, but we've established that we're a force to be reckoned with offensively and defensively." The Hawks traveled to St. Thomas to battle Fanshawe College on Oct. 25, before

moving on to Ancaster for a matchup with Redeemer College on Nov. 1.

Basketball team in form as season starts

Issey Abraha

SPORTS REPORTER

Humber's men's basketball team wrapped up the preseason in style, with a convincing 94-68 win over Centennial College on Oct. 16.

After consecutive losses to the Humber Alumni team and George Brown College, the Hawks improved their play in Montreal, at the Dawson Invitational tournament, finishing second. They defeated Ste. Foy, John Abbot and Champlain St. Albert en route to the finals.

The victory over Centennial helped push the Hawks towards the regular season opener with confidence and momentum.

Humber coach Shawn Collins said he was pleased with his team's preseason performance and whether his new players are able to mesh with returning ones will be pivotal during the season.

"We have 10 new faces, and it's all about coming together as a team," said Collins. "Our strategy is no different than any other year before. Our players have come from winning programs and know what it takes to win and work hard."

Last season, half of the squad had trouble balancing their academic expectations with playing varsity basketball.

"Grades will be the biggest issue. As long as everyone can pass their courses and remain organized in the classroom our team will do well," said Tevin Cooper, 18, a first year sport management student.

Humber's rookie of the year last season, Gibson Eduful, 25, first year media foundations, is one of six returning players on the roster.

"We have a good chance of competing for the OCAA championships this season," said Eduful. "We have a lot of freshman who are really talented, even more talented than some second year players who will be pushing us and adding depth to our bench."

Experienced Guard Ashly July is one of those returning to the team.

"It's important we stay together all year round and not lose any players midway through the season," said July, 25, a first year journalism



Courtesy Humber Athletics

Ashly July in action against Sheridan last season. July is one of six returning players expected to lead the current squad.

student. "Our young guys are talented and we are ready for a long OCAA season."

Now that the preseason is over, mistakes similar to ones made during exhibition games won't be tolerated, but Collins believes in his squad and its abilities on the court, "Our program is back to

having really good depth. I like where we are at."

The Hawks started the regular season hosting Lambton and St. Clair colleges Oct. 26 and 27.

Rugby teams head into playoffs undefeated

Abdikarim Hashi SPORTS REPORTER

Humber's rugby teams have finished their seasons undefeated.

The Hawks men's and women's teams defeated their Sheridan counterparts on Oct. 16 and 17 with commanding displays.

In the women's 54-13 victory, they conceded points for only the second game this season, after a 91-5 demolition of Mohawk Oct 3. Player of the game was Kelsey Brady.

"She is an amazing overall player and we can count on her to always show up during games," said, head coach Brett McCully. The former rookie of the year outscored the entire Sheridan team by two points.

The men conceded points for just the second time as well in their 55-5 win.

Player of the game was James Mitchell, who scored five tries and made four converts, for 33 points. rookie Rookie Justin Graham had a strong outing as well.

"It feels good to contribute to such a great team," said Justin Graham, 20, first year fitness and heath promotion. Despite the lopsided score line, Graham said the team wasn't at its best.

Andre Rose-Green, men's assistant coach, agreed,

"(We committed) a lot of uncharacteristic errors in the game," said Rose-Green, "and we were also frustrated with (the) officiating."

Rose-Green is confident his team has what it takes to repeat as OCAA champions for a fourth consecutive year.

The men's team has won their final game of the season on Oct. 23, 74-0, against Georgian, while the women's Oct. 24 game against Seneca on Oct. 24 was cancelled, with Humber being given the default, 20-0.

While both squads go into the playoffs as favourites, the women will be especially motivationed after having to share the title with Algonquin last season. **MEN'S VOLLEYBALL**

1. Humber

2. Redeemer

3. Conestoga

4. Mohawk

WOMEN'S

VOLLEYBALL

1. Humber

2. Redeemer

0 pts : 3. Conestoga

0 pts : 4. Mohawk

- WEST DIVISION STANDINGS -**WOMEN'S SOCCER MEN'S RUGBY WOMEN'S RUGBY MEN'S SOCCER**

Algonquin vs **Humber**

OCAA Semi-final Oct. 25

OCAA Championship Oct.

WOMEN'S FASTBALL TEAM TAKES GOLD

2 pts

2 pts

0 pts

Sheridan vs **Humber**

OCAA Semi-final Oct. 25

OCAA Championship Oct.







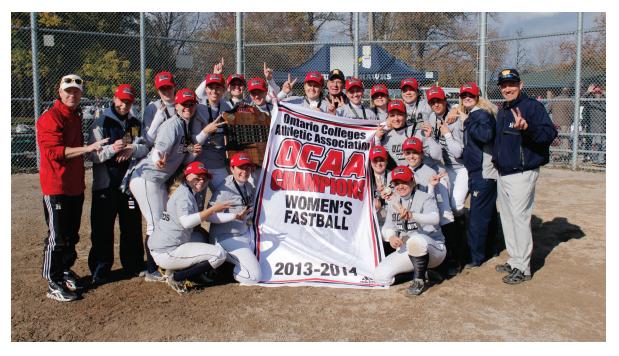




Photos: Humber Athletics

Humber's women's fastball team goes home with their second consectuive OCAA gold medal. The tournament was at Wildwood Park in Malton.





Men's, women's golf teams battle hard at nationals

1. Humber

3. Conestoga

4. Sheridan

2. Seneca

30 pts

19 pts

14 pts

5 pts

Humber men reach number two at CCAA, women take second

Jordan Burton SPORRS REPORTER

1. Humber

2. Georgian

4. Sheridan

3. Conestoga

After another dominating season in the OCAA, Humber's men's and women's golf teams fell just short at the CCAA national championships.

British Columbia's University of the Fraser Valley took home both the men's and women's team gold, with Humber's men finishing a close second and women, third.

The 2013 Ping National Championship took place at Champlain Regional College's St Lawrence Campus, in Quebec City, at the Royal Quebec Golf Club from Oct. 15 to Oct. 18.

Weather didn't play a factor as the skies were mostly rain-free.

"The weather was cool and we were fortunate to avoid the rain until Friday when it rained for the first six to seven holes," said second-year business administration student Christian McCullough.

The Humber men's team opened the tournament tied with Fraser Valley, as the two schools posted identical scores of 283 after day one.

After an optimistic opening round, no school was able to shoot under par for the remainder of the tournament.

On days two and three, Humber shot back-to-back scores of 296. The Hawks finished with an 875 total team core for the tournament, eight strokes behind Fraser

"The team had a good first day, we just couldn't get anything going after that," said McCullough. "I would say it was probably the worst we could have played as a team and personally that was as poorly as I could have played."

After a gold medal performance in the OCAA championship tournament just weeks earlier, McCullough finished the tournament tied for 66th place.

Humber was led throughout the tournament by first year cabinet making student, Alex Dumais, who has had previous experience in a golf management program.

Dumais shot an opening round 68, followed by a one over 73 and even par 72, finishing the tournament in fourth place.

"Unfortunately we didn't win the team event but we were beaten by a team that really deserved it," said Dumais. "I still feel we represented our school professionally and for everyone coming back, I hope coming in second brings some added motivation next season."

Humber's Scott Benzoni, Ben McFaul, and Cole Kent rounded out the Hawks team, finishing ninth, tied for sixteenth and tied for nineteenth

"It was a well run event. I had a decent three days, but I felt we all left some shots out on the course," said Benzoni, a first-year business administration student at Guelph-Humber.

"We battled hard for three days but unfortunately came up a little short of our goal."

On the women's side, Humber found itself tied with its OCAA rival St. Clair College for second place after day one.

The Hawks team shot an opening round of 159.

By week's end, Fraser Valley University had built up an 11-stroke lead over the Hawks, ending any hopes of an upset. Humber eventually ended up with third place, behind St. Clair in second.

Humber's team included OCAA champion Adrienne D'Alessio, who finished fifth, and Candice Campbell, who finished tied for tenth.

With the season over, the Hawks golf teams will look to regroup and reload heading into next year.