

# mber Et Cetera

News

Education rally fills Gardens/3

Biz/Tech

Surf your way to employment/8

Lifestyles

Turkey tips for the carving impaired/12



October 9 - 15, 1997

## Alumni reunion serves up ace

by MARK SUBRYAN

Sports Reporter

To quote a U2 song title, it was "a sort of homecoming."

Humber's Varsity Alumni Association's first annual alumni reunion weekend was a success.

"In the past, we used to just have an alumni game, where team alumni came in one night for a game against the current crop of varsity players," said Christine Connelly, Humber's varsity alumni co-ordinator. "We were trying a homecoming atmosphere. We've tracked down as many alumni as possible for the reunion."

The reunion took place Friday, October 3, and Saturday, October 4, at the North campus.

"We had four basketball and four volleyball teams attending this weekend," Connelly said. "The alumni were invited to attend practices that were held Friday night in the gym."

The basketball and volleyball teams played a round robin tournament during the morning on Saturday with the winners of the tournaments earning the right to play against the varsity squads later in the day.

The teams, according to Connelly, were put together randomly by the alumni committee.

The other sporting events on the weekend were women's basketball, volleyball, soccer, and men's soccer. Each of these sports, with the exception of women's soccer, had enough players to form one alumni team.

"Since our women's soccer program is only one year old, we didn't have an alumni squad," Connelly said. "We put together a team of the varsity coaches and assistant coaches to play the team. We had All-Canadian soccer player Adam Morandini return to play in the game for the coaches team."

"This was a really great concept," Connelly said. "We'll probably be keeping this format until we



Humber Hawks alumnus Jody Brown drives a ball towards the current Hawks Men's Volleyball team.

have a women's soccer alumni team."

Sports was not all that was planned for the weekend.

There were silent auctions, a barbecue, and a looney toss. All funds raised went towards Humber's athletic programs.

Humber sporting goods, Toronto Argo tickets, Nike shoes, roses, and golf bags were auctioned off.

"We were trying to get the alumni support and spirit," Connelly said. "We realized that people had friends on other teams

and we felt that this would be a good way for them to meet old acquaintances and support a program which they were a part of at one time."

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In Campus

## Gordon hangs on Bishop's Wall

by **ANDREW McKAY**  
News Reporter

Robert Gordon: BA, MA, Bishop's University; Doctorate, University of Massachusetts; Consultant, CIDA; Harvard lecturer; federal policy adviser. Good rebounder, weak off the dribble.

Humber College President Robert "Squee" Gordon has a new line for his biography: 1997 inductee to the athletics' Wall of Distinction at Bishop's University in Lennoxville, Quebec. Gordon was inducted September 27, in recognition of his performance for the Bishop's basketball team in the early 1960s.

Gordon told reporters he is "humbled" by the honor.

"It feels somewhat humbling to be honored like this. Quite frankly, I think there are some people up there who were more outstanding than me," he said.

The statistics tell a different story. His Bishop's biography says, "Squee ruled the basketball world at Bishop's in the early '60s." Gordon was named team MVP four times, and was Bishop's Athlete of the Year in 1960. He led the Ontario-St. Lawrence Athletic association in scoring in 1962-1963.

Bud McMoran, a teammate of Gordon's in 1960, said the team didn't fare too poorly either.

"We won more than we lost. I know we won our section of the league at least once. Squee played forward, and was a good rebounder. He's left-handed, so that made him difficult to cover," McMoran said.

Tom Allen, Bishop's athletic director, came to the school in 1966. He said Gordon's name was still ringing throughout the halls.

"He was named team MVP four times. That's remarkable. I don't care if you're playing in the 1800's, it's an amazing accomplishment," Allen said.

Bishop's created the Wall of Distinction in 1991. Since then, only 15 athletes have been inducted. And while many of them had professional sports careers, Allen said Gordon was one of the first to be nominated.

"We solicit nominations from the alumni. Squee was nominated the first time around, by his coach, his athletic director, and the principal. We began the inductions with athletes from the '30s, and moved decade by decade. That's the only reason it took him this long to get in," Allen said.

Gordon's basketball career spanned most of the 1960s. After graduating from Bishop's in 1960, he returned to get his teaching certificate, and scoring title, in 1962.



Gordon drives the lane at Bishop's.

After exhausting his eligibility, he went on to play for the Yvan Coutu Huskies, a city league team in Montreal.

"He was pretty good for them, too. They went to the national finals for city leagues," McMoran said. "We played together a lot over the years, and became very close friends."

Gordon continues to be a basketball fan and says he'd have trouble playing in the new age of hoops.

"When I see the players they have now, I think it is unbelievable," he said. "They are just so talented and play with so much intensity." Tom Allen disagrees. He says Gordon would succeed on today's court.

"A player like Squee, you know he'd adapt. He was such a tremendous athlete, he'd make some of these kids look silly."

## Students willing to pay more for a safer ride

by **PAUL RICHARDSON and BOBBIE ROBINSON**  
News Reporters

The recent murder of a former Humber student in a TTC subway has sparked a debate on TTC safety. Charlene Minkowski was pushed from the platform at the Dundas station by an alleged schizophrenic.

In a poll conducted last week, by a first-year journalism class, 271 students at Humber's North campus were asked four questions concerning TTC safety.

Surprisingly, 52 per cent said they would be willing to pay higher fares for a safer TTC environment, while 42 per cent said no.

On average, students said they'd be willing to pay 84 cents more for improved safety on the transit system.

"Yes, I would pay about \$1 on top of the usual \$2," said Jason Hann, a first-year funeral services student.

Michael Vale, a third-year electronic engineering student said "It costs enough already. There's no way to make it safer, unless a psychological profile is done on every damn rider."

Fifty-nine per cent said they were not concerned for their safety while riding the TTC. Thirty-three per cent said they did not feel safe and eight per

cent had no opinion.

"I don't ride that often," said Jason Thomas, a first-year civil engineering student. "But when I do, I feel all right."

Shane Lour, a first-year business administration student, said "I haven't ridden since and I never felt safe before. I don't like that it's so busy down there."

Seventy-one per cent said they had not changed their riding habits, while 27 per cent said they have.

"I don't worry about it," said Sandra Rose, a first-year physical therapy student. "Bad things happen all the time."

Sandy Armstrong, a second-year marketing student, said "There are looney tunes all over the street and they could push you in front of a truck if they wanted to."

Sixty-seven per cent of those polled said the TTC should not bear responsibility, 27 per cent said they should, and six per cent had no opinion.

"No, it was random act and it's hard to control what people do on the subway," said Karen Moseley, a first-year nursing student.

Lara Sawaya, a fashion arts student, said, "They (the TTC) had no way of knowing this man was going to hurt someone."

## SAC presents Oktoberfest College Night

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Tickets on sale in the SAC Office

### SAC President's Hot Seat

Wednesday, October 15, in the Concourse from 11:40am - 12:30pm.  
This is your chance to meet your Student Council, voice your concerns, ask questions or give us your suggestions. It's up to you! Get some information and keep informed.

## Clubs Clubs Clubs

Catch the Annual SAC Clubs Fair in the Concourse on Thursday, October 16, 1997. Pick up some information or join a club. It's a great way to get involved and meet new people.

SAC

### Do you feel safe riding the subway?

yes         159  
no         89

### Have you changed your transit habits since the incident?

yes       72  
no           191

### Do you feel the TTC bears any of the responsibility?

yes       73  
no           181

### Would you pay more for a safer TTC environment?

yes         140  
no         113

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## Media lab deposit is refundable

by BROOKE FONTYN  
News Reporter

Many media studies students are shocked to find there is a \$100 deposit, included in their tuition, coming their way.

Film, radio, multimedia and journalism students are required to pay lab and equipment deposits. It acts as an insurance policy against breakage over the course of the year.

"I didn't know it was a deposit. I don't think that any of us knew that," Joanne Shillolo, a second-year Radio Broadcasting student, said. "I think it should be clear (that it is refundable) if there is money involved. We have spent a lot of money, too much money, in this program as it is."

The refund is paid by filling out a form signed by the program coordinator. A cheque is then mailed within a two week period.

"Whether teachers have communicated how to get it back, I don't know," said Jerry Chomyn, the station manager at CKHC Radio.

The procedure seems simple, but is not always efficient. Second-year film production students have been waiting more than a month for their refund.

"We spoke to our program coordinator, Michael Glassbourg, and he said he would do his best to get it back and that we would have to wait until this year's deposit was paid," said Kyle Rath, a film production student. "We are not terribly concerned, we know Michael has his hands full with the program."

According to Journalism Program Co-ordinator Nancy Burt almost all of the graduates from last year have received the deposit.

Students can get the refund if no equipment was damaged.



The teachers rally at Maple Leaf Gardens on Monday drew more than 20,000 people, many of them children, as they protested Bill 160.

## Teachers fight on

by TERRY BAAK  
Labor Reporter

More than 21,000 people jammed into Maple Leaf Gardens Monday night as Ontario teachers protested Bill 160 in the largest education rally in the province's history.

Police blocked Carleton Street, from Church to Yonge, as protesters, unable to get inside, spilled on to the road.

Harold Moras, a teacher at Burnhamthorpe Collegiate, said that he was at the rally to protect the education system for his children.

"Mike Harris is taking a billion dollars out of the education system, and he is still going to collect a \$800,000 pension. We could buy

an awful lot of Crayola for that," Moras said.

A general fear that the education system could be damaged by the Bill brought many people to the rally.

"Bill 160 will hurt kids. Taking a billion dollars out of the education system will hurt kids," said Paul Woodley, of the Cedarvale Community School in York.

After the rally at the Gardens, many protesters marched to Queen's Park, and protested on the steps of the legislature.

With Bill 160's second reading in the next couple of days, elementary and secondary school students across the province face the possibility of having a very long Thanksgiving.

## Faculty set to vote

by TERRY BAAK  
Labor Reporter

College teachers across the province will vote on a proposed contract next Thursday, October 16.

Almost everyone expects it to be rejected. About the only thing that both the union and management have agreed upon in their year and a half of negotiations is that they expect the contract to be rejected.

Maureen Wall, Humber faculty union president, said she expects the members to solidly reject the offer.

"I don't want to get into numbers, but I confidently predict a rejection. From talking to people, the impression I have received is that the faculty will not accept it," Wall said.

Richard Hook, vice president of academics, was not optimistic about the outcome of the vote.

"I'm sorry that it is going to a vote," Hook said.

He said the teachers will be voting on what is essentially management's opening offer.

Wall said the negotiating team for the union was fed up with the lack of movement by management.

She also said the negotiating team thought that things where stalled.

"They hoped that with a strong rejection vote that management would get a message to bargain seriously," Wall said.

The last time there was a similar situation was in May 1989. At that time the union called for an offer vote which was solidly rejected. They then returned to the negotiation tables with a solid position.

As time went on, it became clear that there would be no deal. The union called for a second vote. The second vote was a strike vote, resulting in a month long strike.

Wall expects that once the offer is rejected, the teams will return to the negotiation table to see if they can start to work things out. If a deal does not appear to be forthcoming then the union would call for a strike vote.

"If the rejection vote has no effect, then we could face a strike vote," Wall said.

Hook hopes that everything will work out so that a strike is avoided.

"Regardless of the outcome, I hope that cooler heads and productive negotiations will help to avoid a strike," Hook said.

The voting will take place between 10 a.m. and 3 p.m. in the Concourse at the North Campus, and in the cafeteria at Lakeshore.

## The contract offer

The current offer would be in effect from September 1, 1996 until August 31, 1999.

### Salary:

If accepted there would be one general pay increase of two per cent, and the addition of one new maximum pay level. The new pay level would still leave even the highest paid college teacher making less than the highest public school board teacher.

### Instructor Classification:

The offer would remove the language that limits the role of instructors in the classroom. The old classification states that instructors are limited to the instruction directed to the acquisition of a manipulative skill or technique.

### Workload:

Almost all of the restrictions on workload amount and times would be removed. Teachers would face any number of hours that the college would determine necessary.

# Security cameras going into rez

## Main entrance and laundry room under surveillance

by LOUISE SHERIDAN  
News Reporter

Security cameras are being installed to improve safety at Humber College's student residences.

"When we had the parent's orientation, some of the questions parents had surrounded what precautions we had for safety and security. One of the possibilities mentioned was security cameras, and they really liked the idea," said Derek Maharaj, manager of student residences. "We'll have security cameras in the residence entrance way, the laundry room in the S

building and a recording system with tapes. It will be done so as to consider the privacy of the students. In the future, we may see some [cameras] in elevators," he said.

The cameras are expected to be in place this week.

"There is no one reason [for installing the cameras]. It is the next stage of evolution for safety in the building," Maharaj said.

He also said residence might install card access for the front doors. Currently, residence students flash I.D. cards at the security desk in the main entrance to gain entry.

To ensure resident safety, "guard service and security officers work night to dawn. They do constant patrols in the halls [of residence] and exterior patrols,"



Improving security is an on-going issue in residence for students.

Maharaj said.

Personal safety brochures are distributed throughout residence on information boards and in mailboxes. Maharaj said the aim is to "try to educate people and give them options."

Many residents still express concern despite the safety measures.

"During the day I've never felt uncomfortable. At night though, there ought to be something from the end of the street up to here. There are no lights, it's so dark," said Michelle Bardeau, first-year multimedia production student.

Bardeau said she is nervous about walking alone from her TTC stop at Highway 27 and Humber College Boulevard.

"I'm buying a car so I don't have to walk. I can park at night and people can see me," she said.

Parking is a concern for several Humber residents, including Kristen Saab, who said where residents are required to park is unsafe.

"Residence parking is behind the second building and we have to park there if we have a car. I just park in the green lot. Security officers threaten to give tickets,

though," said Saab, a second-year recreation leadership and residence student.

The addition of residence life coordinator, John Conrad, who lives in residence full-time, is seen as an added bonus for safety, according to Saab.

"It enforces the rules on a more regular basis as opposed to nine to five. He is there on the weekends when most of the problems occur," Saab said.

Many students say Humber College's residence is safe and friendly.

"I walk through residence at three a.m. and I feel totally safe," said first-year marketing student, Trevor Laory. "Relax. People here are friendly. I think it's safe. They don't just let anybody into residence."

# Deadly delicious dining affair

## Murder mystery a killer fundraiser

by BROOKE FONTYN  
News Reporter

Guests gathered in the dimly lit reception area awaiting the winners of the first "Le Grand Concours Gastronomique Mondiale", a competition for the world's best culinary achievements. Excitement and anticipation were in the air until the speaker fell to the ground, killed instantly from a sip of lethal bottled water...let the mystery begin.

Culinary, Hotel and Restaurant students hosted a murder mystery dinner with enticing food and murder last Friday to raise money for their International Exchange program.

The menu included such mysterious treats as Sherbet Holmes, Gun and Tonic and Diehard Delectable. The exceptional meal

was put on by first and second year students as well as faculty, who donated their time and efforts to the fundraiser.

The money raised through ticket sales, corporate sponsors, silent auction and gift baskets will be used to fund the Hospitality, Recreation and Tourism's Culinary International Exchange program. This gives Humber students the opportunity to travel to Scotland as part of their program. Scottish students are offered a similar program to study here at Humber.

Efforts are being made to expand this exchange program to include a full traineeship over seas. Official signing for this program is scheduled to take place in early November.

The drama was provided by 'Murder Most Foul', a professional troupe of comedians and writers from Toronto, who customized a script with a culinary theme for the



A murder mystery dinner was organized last week by culinary students.

event.

"We customize something for every client. We look at their reason for having the event and go from there. In eight years and 220 clients, not one act has been the same," said Jackie Curtis, director of Murder Most Foul.

The fundraiser was a success

and organizers hope to reach their eventual goal.

"We are projecting \$3,000 to \$4,000 per night and we are hoping to reach our goal of \$10,000," said Michael McFadden, professor of culinary arts. "In regards to numbers, it is as successful as any other (fundraiser) but it is difficult to

make money in a dinner alone because of the amount of expenses. The silent auction, gift baskets for sale are what will bring us closer to our goal."

Items auctioned off included return bus tickets to New York City and Montreal, two tickets to Stage West, a night at Sutton Place Hotel and dinner gift certificates to such restaurants as Michael's Back Door and Marche at BCE Place.

Faculty were pleased with the turnout. "Many guests were from the industry itself, supporting the future of their businesses.

"Definitely a 100 per cent success. It is great to get support from so many people," said Anthony Bevan, co-ordinator of culinary arts.

The next show is Friday, November 14. Tickets are on sale for \$50 each and can be purchased through Michael McFadden at (416) 675-4479.

# Hospitality services now online

by DARCEY FERGUS  
News Reporter

Humber is making it easier for people in the work force to upgrade their skills in the hospitality, recreation and tourism industry via the Internet.

The program was launched in January 1997, in partnership with IBM Canada. It is designed for those who have two years' experience in the hospitality, recreation or tourism sectors, and for students who wish to enhance their skills or have chosen to pursue a career in hotel management.

"Humber has put a lot of time, money and effort into developing the website," said Peter Wolf, project manager of the post-diploma program "to developing the technology and the expertise to be able

to deliver high quality education completely online."

The first of its kind in the field of hospitality, recreation and tourism, this 68-week program brings together learners and industry specialists from across the world.

"This program helps to expand our reputation and allows us to become leaders on a global level," Wolf said. "People in our programs have the best opportunity to learn. Using the Internet, we can really take advantage of the best of both worlds."

The Internet makes it possible for learners in remote areas to participate in the program, as well as enabling them to access resources and references they would not otherwise be able to do.

The program is assisted by industry specialists, also from across the globe, who provide valuable guidance of the subject content. Students communicate with their tutors and other learners through the use of e-mail, online group discussions and by checking the bulletin board for deadlines, comments and observations.

Unlike other correspondence programs offered at your own pace, this program has a definite time schedule.

Students take one course at a time, each lasting 10 weeks, and must complete levels one through four. Between each course there is a one or two week break.

"People are committing 15 hours a week to this course, which doesn't sound like a lot. But it is



Hospitality students are now offered the chance to upgrade via the net.

when you consider that they work full-time," Wolf said. "We are offering people a much more flexible way to develop their skills."

Students must take into consideration that this online program is

not for everyone. According to Wolf, you must be a disciplined individual who is able to sit down everyday and do the work.

Brenda Bowins, president of Focus Recreation Services Inc., is a student of this virtual classroom.

"The delivery of the program content is industrious, extremely participatory and very convenient," said Bowins. "I am proud to be a part of this prestigious program."

John Walker, director of the School of Hospitality, Recreation and Tourism, said he believes the program is important to a number of people across the globe experiencing the continuous learning process.

"The online exchange of ideas and advice between industry experts, educators and students from around the world is especially valuable to hospitality, recreation and tourism students," Walker said.

Students will need access to a Macintosh computer with a minimum System 7 or a PC-based computer with a minimum 386 DX, Windows 3.1, 5 mg of disk space and 4 mg of RAM.

Along with the \$3,000 cost for tuition, students are required to have a modem and Internet access.

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# A gaggle of problems

Ecologists worried winter could interfere with bird migration

by JAY WARE  
News Reporter

Some geese have migrated south, others think north is home, and are creating problems for ecologists.

"This is a problem because the geese nest and live in areas such as the lower Great Lakes, the eastern seaboard of the U.S., urban areas with bodies of water, such as parks, and golf courses," said Don Fraser, a senior ecologist of Gartner Lee Ltd. "Also, they nest in the tundra of the sub arctic and James Bay. They make up a very fragile ecosystem by taking away the survival of northern birds."

Fraser said the answer to decreasing the population of Canada geese is not as easy as simply getting the public to stop feeding them at parks.

"Canada geese are migratory birds," said Fraser. "It is illegal to harm them, or even move them without a permit from the federal government."

The problem is complicated because Canada geese are attracted to the same things in parks that humans enjoy.

If you take the birds away, you hurt the environment and take the attraction of a park away for people.

"Geese are like lawnmowers with wings. They eat the grass so consistently and so low that it looks like golf grass when they're finished," Fraser said.

In the past, the City of Mississauga has been granted a



Canada geese, on the banks of Lake Ontario, have ecologists concerned.

permit to conduct egg oiling in their area.

In the spring when the geese

**"Canada geese are migratory birds. It is illegal to harm them."**

- Don Fraser

lay their eggs, workers spray a mineral-based oil on them. The geese are unable to detect the oil.

The mother continues to nurse her eggs, unaware the embryos inside them are already dead.

Oiling is not a perfect solution. Not every nest can be found and oiled before the goslings hatch.

This past summer, Mississauga convinced the federal government to grant a permit allowing them to try an experimental cull.

"What this means is the birds were originally slated to be stunned and decapitated," Fraser said, "But due to public outcry, the birds were shipped to New

Brunswick and set free."

Transporting of Canada geese to other places is not a viable solution. The geese cause the same problems in their new environment.

This summer, 2,000 geese were slated to be killed to feed the homeless. But this caused another dispute.

The solution then was to offer the meat to the homeless through food banks, because the geese could only be given free of charge, and this seemed the most humane way of disposing of the meat.

"Before this offer was made, a few birds were tested for contamination and they were found to be okay. However, the geese would have carried a warning label indicating that it was wild goose," Fraser said.

"The best way the public can help, is to simply be informed and know the facts without the rumors or accusations," Fraser said.

Even though some geese have moved away, many find their way back a year later.

# Building success

Manufacturing in touch with real business world

by DONNA SMITH  
News Reporter

Humber's School of Manufacturing Technology and Design not only teaches students, but also links them with prospective employers to help them find jobs.

The School of Manufacturing is bringing in guest speakers from different companies in the industry to talk to students and meet with faculty to discuss curriculum issues for direction and guidance on how to update programs to meet employer's needs.

"The School of Manufacturing has found this an innovative way of linking industry to curriculum, faculty, jobs and careers," said Ken Simon, director of the School of Manufacturing. "It's a tremendous opportunity for students to network with employers, enabling them to have a competitive edge," said Simon.

A manager from Tycos Tool and Die Co. is scheduled to speak to Humber students about employer expectations, what they require, and to inform students about the company. Tycos will soon be recruiting new employees and is enthusiastic about speaking to

Humber's future graduates.

The Tycos representative will be here October 22, from 9 a.m. to 12 p.m., in the Community Room. Students and faculty from other divisions are invited to attend.

"This enables students to prepare for what industry is looking for," Simon said.

A job preparation seminar is also scheduled for November. Steve Donnell, manager of Lear Corporation, will talk about all aspects of what employers want, including doing your resume and preparing for an interview.

Last year the School of Manufacturing hosted a Career Fair. This one-day event at Humber was then only a "pilot project" but, because of its huge success, it is scheduled for two days this year.

A Career Fair in March allows students to network with companies in their field of study and encourages employers to look at hiring students - Humber students. The fair also allows the industry and students to learn more about each other.

"The industry is very involved, they're looking at Humber to fill their needs," said Ann Tsirgielis, project co-ordinator, School of Manufacturing.

For more information on these upcoming events contact Ann Tsirgielis at 675-3111 ext.4381.

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# Et Cetera Editorial

## Subway fear - irrational

This past week's informal poll of Humber students' attitudes about safety on the TTC produced some startling, disturbing results.

Unbelievably, 52 per cent of respondents said they would be willing to pay a higher fare for increased safety and the average increase they would pay was 84 cents per trip.

These responses betray an irrational, childish fear.

About 380 million riders use our city's transit system without incident every year.

Undoubtedly, the recent murder of Humber graduate Charlene Minkowski has fueled people's subway anxiety, but this tragedy was random and could have happened anywhere. Although it took place in the subway, she could have been pushed in front of a truck at an intersection.

To those students afraid of the subway and who would happily see fares go up, we collectively say "Grow up."

The tragedy of Charlene Minkowski teaches us three things.

The subway is safe.

Life is tenuous.

There are no guarantees.

## The joys of turkey

Ah, Thanksgiving.

If nothing else, the fact that it's the only real long weekend in the whole first semester makes it a favorite holiday for most people. Of course, as with anything, there are some who don't like it.

In this case, the opposition seems limited. It comes from turkeys, turnips and pumpkins. Since they're hardly in a position to protest, let's just enjoy it.

But the fact is Thanksgiving can be tough for students, particularly those who don't go home to be with family, and don't have access to an oven.

Microwaving a turkey is a tricky proposition at best. The instructions read something like this:

Remove innards from turkey. Ignore what Aunt Gertie always used to say about them being nutritious, and toss 'em out, post haste.

Nuke the bird for 10-12 hours on high. During this time, try to be at least 100 kilometers away from the oven. Let stand for six weeks both to ensure the centre isn't frozen, and to allow pent-up radiation from the cooking process to dissipate.

Carve, take one bite, spit the cold, semi-radioactive, bone-dry thing out and order in from KFC.

Yep, just like mom used to make ... right after the roast went up in smoke.

Even if the turkey ends up being edible, there's still a huge problem to be solved. You now have enough turkey, turnips, green beans, yams and pumpkin pies to live on for a year. Not really a good idea if you don't want to end up bobbing your head as you walk, and unable to speak, except in short bursts of high-pitched gibberish.

The easy solution to this problem is to make sandwiches, casseroles, pot pies, and just about any other edible substance. How unimaginative.

This year, try something different. Make a sculpture out of the stuffing. Entertain the kids with turkey-pinata on Monday evening. Get your neighbors together and have Turkey-lympics, featuring the Leftover Toss.

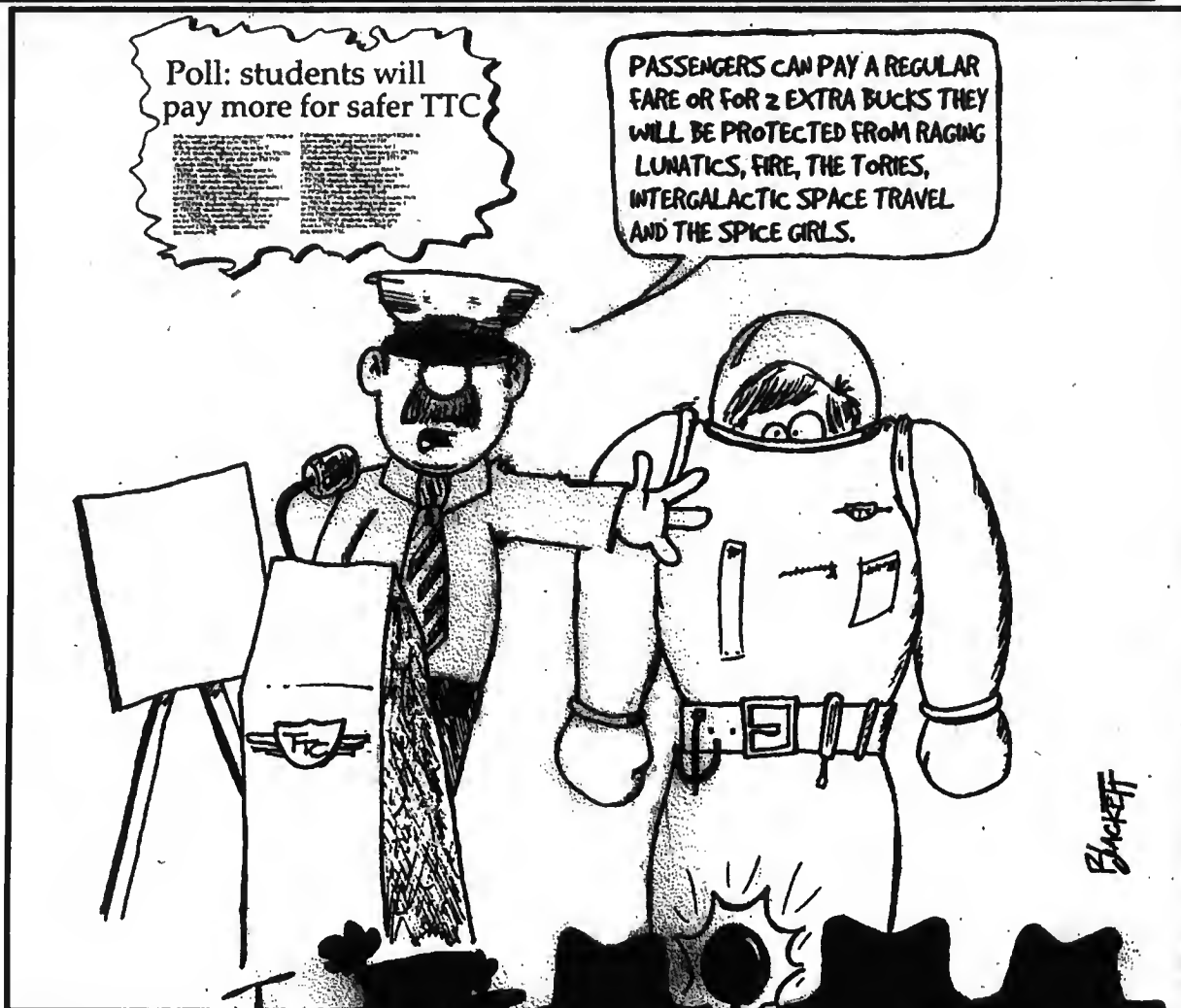
Sure, it may be illogical, but if you think about it, Thanksgiving began as a terribly illogical celebration of the bountiful harvest.

Pilgrim A: "Hey what a great harvest! Why, I bet we have enough here to keep everyone well fed until winter passes."

Pilgrim B: "Yeah! What fortune. Let's celebrate by eating half of it right now, before the first snow falls."

Gobble, gobble indeed.

Happy Thanksgiving, Humber.



## Mississauga: a great place to live or another suburban wasteland?

by JENNIFER OXLEY

There has been much talk lately about Mississauga and its continuing fight for an identity. This talk has been sparked by the opening of the new Living Arts Centre located north of the Civic Centre complex.

The Living Arts Centre was designed to be a place for people to come and study computers, try their hand at carpentry, painting, ceramics and glass blowing. The University of Toronto is even going to hold classes there.

But this is just a small part of the many other things the centre will offer people from Mississauga, Etobicoke, Brampton and Oakville. The Stars Of The Kirov Ballet show opened the centre this week. With other up and coming events like The Mississauga Symphony, Opera Mississauga and the 1960s pop group Gerry And The Pacemakers, just to list a few, it's sure to be one more place vying for our entertainment dollar.

But that isn't what people in the media are talking about. They are discussing how the Living Arts Centre's architecture is a failure. Critics say this new building is another example of how solitary the suburb really is.

They are right when they say there aren't crowds of pedestrians out and about on the streets of the city. But why would there be? Look at it this way. Why would anyone want to walk from Famous

Players Coliseum to Square One, when their car is right there and ready to go? Call me lazy. I don't care. People just don't have time for that anymore.

Maybe I should be ashamed of myself, but for the most part I am quite content to come from a typical suburb with its cookie cutter houses and many malls. Some people proudly brag that Square One is the largest mall outside of Edmonton.

If I want to wander around the streets, I hop on the train and head to Toronto for a real 'big city' atmosphere. I think that is the real problem for Mississauga. Toronto is too close. I am not complaining. I wouldn't have it any other way. I love Toronto's crowded sidewalks. It's a place I go to visit, not to live.

Mississauga will never become a pedestrian-friendly city no matter how closely grouped the buildings are.

What we do have are clean streets, nice homes and, thanks to Mayor McCallion, more parks than ever.

Let's face it, it's a perfect place to raise children. Who cares if we have to drive everywhere. There are plenty of gas stations and the transit system isn't that bad.

Maybe people who don't live here should stop over-analyzing Mississauga's problems and look at what we do have.

We have another place to go for a night out, thanks to the new Living Arts Centre.

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# Opinion

## Teachers strike will hurt the students

by **ANDREW MCKAY**

It's 9 a.m.. Do you know where your children are? Most likely, they're in a classroom. They're learning how to spell and read. They're learning long division, and how to use a map. They're learning calculus, social evolution, and physical education.

They're learning these things from a teacher who, along with thousands of others, plans to use your children as pawns in a fight with Ontario's government. They're staging an illegal strike.

The teachers claim they are striking for the students. The issues are prep time and class size, they say. And I don't believe them.

I don't believe them, because if those issues could be settled, there are still 10,000 union jobs on the chopping block. But for that prospect, there would be no strike.

Marshall Jarvis, the Ontario English Catholic Teachers' Association president, made the teachers' case clear last week. If the government wants to

avoid a strike, it must scrap Bill 160 (The Education Reform bill). No negotiation. No meeting halfway.

Barring that, the teachers, with the backing of Ontario's public sector unions, will walk out of class. A wildcat strike. An illegal strike.

The teachers don't have the law on their side, but they do have three things. They have the numbers, the voices, and the children. The teachers plan to strike during the public hearings into Bill 160. Will they be at the hearings? Or will they be picketing schools, keeping the children out?

Ontario elected Mike Harris' Tories to run the government. And while the government's methods may be immoral, so are the teachers'. The difference is, the government's agenda is not illegal. A wildcat strike is. And for that simple reason, Ontario's teachers are wrong.

The union and government both claim to be right. The truth, and the battle, lie somewhere in between. In the middle of the cross-fire lie the children.

## I want my six inches so please move over

by **MARCEL WATIER**

If you've been unfortunate enough to travel by T.T.C in the middle of morning rush hour, stand up and say "ouch."

How many times has the bus been so crowded that if you try to put your hand in your pocket the driver can feel it? How many times have you been forced to contort your body for a person too ignorant to take off his backpack?

Don't you wish you had just six inches of comfortable space in the morning? Wouldn't your day be that much better?

It's understandable that in peak times, the bus will be crowded. People have to go to work, school, or home. That's fine, I'm all for it. What bothers me is when an over-crowded bus pulls up to a stop and six people try to get on! Why on earth would anyone want to do this? What is so important that it can't wait three minutes for the next bus?

I realize not all people are capable of knowing

when the bus is too full, so here is a helpful hint.

When it looks like the passengers are grateful that the doors open to let in those few seconds of fresh air so that they can all exhale, it's probably a sign that you should wait for the next bus.

Or, if the bus pulls up to a stop and the first thing you think of is a can of sardines, unless you've got the bread to make a sandwich my advice is stay off the bus.

Another aggravation that has left its mark on transit riders is backpacks. For God's sake, put the things on the floor! The dirt won't hurt them, I promise.

It's hard to understand why people insist on wearing them on the bus. A backpack is like another person, it takes up space and it hurts when it comes crashing into my side. I don't like it, and neither does anyone else. Trust me, I'm not lying.

Just imagine how happy people would be if they were able to have those precious six inches of space while traveling on transit.

## campus wire

### ALGONQUIN COLLEGE

Algonquin's Student Association President is a gambling man. Leo Communale bet his girlfriend \$1000 that he would graduate with higher grades than her. This is bet is an initiative for him to keep up his 4.0 GPA. He was recently awarded a scholarship for maintaining a perfect average.

### UNIVERSITY OF ALBERTA

More students are cheating and getting caught at UofA. Over the last year academic offences have more than tripled, reaching 25. One instructor caught a student - who filled out an empty exam page and marked it - by having the red ink analyzed. A lot of other offenders were turned in by fellow students.

### UNIVERSITY OF WATERLOO

Five UW rugby players have been suspended for five games because of an injury which may have occurred during a "rookie party." A new player hurt his head, but no one will confirm whether the injury happened during the party or a game. The five game suspension means that none of the players will play again this year.

The editors of the *Et Cetera* want to hear from readers. All letters must include the writer's name, signature and phone number. Any letter that is legible, legal, and literate will be published if space permits. Letters can be dropped off in the news room (L231) or email [humberete@hotmail.com](mailto:humberete@hotmail.com)

## Good Canadian



### Firefighter Pascal Thibodeau

Montreal native Pascal Thibodeau learned the hard way the kind of pain fire can inflict.

As a three year old, Thibodeau suffered third degree burns to 45 per cent of his body after playing with matches.

Severe burn victims typically lose most of their muscle mass, but Thibodeau has worked hard to get into peak physical condition. Now, the 27 year old firefighter has made it his personal responsibility to educate children on the danger of playing with fire. He uses his scarred body as an educational tool.

He is the first severe childhood burn victim to become a firefighter in Canada.



## Bad Canadian



### Senator Pat Carney

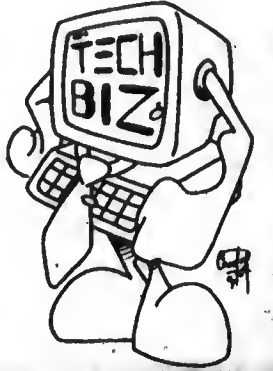
Considering the unity woes Canada faces, Carney's comments on British Columbia's separation are not welcome. With ongoing unity problems with Quebec and the Bloc Quebecois, the last thing Canada needs is more fuel added to the separation fire.

Her comments that she is a "lightning rod" for separation as a serious possibility for British Columbia don't help solve the problem, they just add to it.



# Biz/Tech

Et Cetera



## Major Canadian banks are coming to your PC

Students can now manage their money and can win \$3,000 with TD online banking

by **PATRICK BIRIKORANG**  
Business Reporter

The Toronto Dominion Bank (TD) is helping Canadian university and college students get a good start on their financial future.

On September 15, TD's president and CEO Charles Baillie unveiled the enhanced, one-year-old computer banking and investing services known as TD Access: PC Version 3.1.

TD Access: PC, is TD's on-line banking and brokerage service designed to help make it easier for Canadians to manage their money.

Version 3.1 gives customers access to their personal, business and Green-Line discount brokerage account any time of the day, and all in one Windows-based package.

**"Basically, it's a way for people to control everything about their banking relationship from the PC,"**

**-Stephen Gesner**

TD's Vice President of Interactive Services, Stephen Gesner, said students, like all other customers, want to have control



TD Bank President and CEO Charles Baillie gets John Collinson, 26, ready for TD Access.

over their financial relationships.

"Basically, it's a way for people to control everything about their banking relationship from the PC," he said.

For students, Gesner said one of the new features in the package is the ability to connect through the Internet, a service available to students at both universities and colleges.

"TD Access: PC Banking does not only allow the student or customer to know his or her financial status from the PC at home," Gesner said, "customers can also make transfers within their accounts, pay bills or student loans, and open accounts with other

financial institutions from their PCs."

To register for TD Access: PC Banking, students should call (416) 983-8372 between now and midnight, October 31. Students who register by then are automatically entered in a Student Promotional Contest, and have a chance to win a \$3,000 cash prize. A random draw from all eligible entries received and recorded will take place at 8:30 a.m. on November 17, at TD Bank's PC Banking Dept., 55 King Str. W., Toronto.

Customers who register will be sent a package containing diskettes and an instruction manual.

## Surf your way to job opportunities

Government tries to make a difference with its Electronic Labour Exchange

by **DAVID ACETO**  
Tech. Reporter

Unemployed and tired of running around searching for a job? Stop right there and let your computer do the running for you.

A computer-based website, Electronic Labour Exchange (ELE), is a search tool that matches your profile with the needs of employers and job seekers, either for career-oriented or part-time jobs.

The profile is basically your resume. It's made up of a standard checklist that includes information such as experience, education, and skills. You fill it out and it is then submitted to



all available employers for the field of work you have selected.

"The purpose of the site is to allow employers to find people to fill jobs and to allow people who are looking for jobs to search for them," said Linda Warren, consultant for employment information services for Human Resources and Development.

The ELE uses the information you have entered to automatically match you with

using this site looking for workers," Warren said.

Users of the service have an option to make their profile available once, then make changes to it, or they can advertise it for 30 days at a time, and then resubmit if they wish.

It's easy to use ELE. Just follow the instructions provided on the webpage and it will take you through the process. But, if you do experience some dif-

employers looking for someone with your qualifications.

"To date, there are 43,435 clients looking for work through the website and there are 101,857 employers

faculty, just click on the "HELP" button for assistance.

Everything you enter into your profile is confidential information only you and possible employers have access to. To ensure confidentiality, a usercode and password (which only you know) are used so only you can make changes to your profile.

One thing is certain. This website will save time spent looking for a job, and it's simple.

The ELE was developed by Human Resources Development Canada (HRDC) and access to the Internet site is <http://ele.ingenia.ca>.

Another HRDC link that might be of service is Job Bank, which can be accessed at <http://jb-ge.hrhc-drhc.gc.ca/>.

Get your private, free email account from Hotmail @ <http://www.hotmail.com> or try Rocketmail @ <http://www.rocketmail.com>

**BUREAU OF MISSING SOCKS**  
<http://www.jagat.com/joel/socks.html>

Are you always losing your socks? Tired of mixing and matching? Well stop right there because the Bureau of Missing Socks is here to help. Check out the hamper, listen to true stories of missing socks, visit the singles club, and don't forget to fill out a missing sock report.

**VANITY PLATES**  
<http://www.chaos.umd.edu/misc/plates.html>

If you've always wanted a personalized license plate, then check out the best in vanity plates. See what's on the road and read stories about the cars and the people who drive them. You can even play an Internet version of Bumper Stumpers and try to figure out what some of them mean: 1000101, 2MBOS, 2ZRESQ.

**PINK IS IN**  
<http://www.mgm.com/pink/index2.html>

Who cares if he's pink? He is still the coolest panther in the world. Check out his cool collectibles, or catch up on the history behind the legend. Watch the Panther cartoon in action and, if you're lucky, you might catch your favorite episode.

**THE DUKES ARE BACK**  
<http://hazzard.simplenet.com/>

That's right Bo, Luke, and Daisy Duke, along with the rest of the gang, are on the Net. See some great pics of the stars, read up on some cool stuff like the Reunion show, or join the fan club. Most importantly, check out the coolest car ever, The General Lee, and learn that they destroyed 300 1969 Dodge Chargers to film the series.

**PROFESSIONAL WRESTLING**  
<http://adscape.com/wrestling/>

Here's one for all you wrestling fanatics out there. Visit all your favorite wrestlers like Rick Flare, Hulk Hogan, and Bret Hart. Hear how they are going to destroy each other, and then visit other links like the Stone Cold homepage, the masked wrestlers exhibit, or see the women of wrestling.

**HOCUS POCUS PALACE**  
<http://www.teleport.com/~jroisen/index.shtml>

Be amazed. Have your mind read by the great Mysto. Experience all the wonders of his tricks and learn how to do some. Get ready to stare at a picture until a 3D image appears. Take a look at the space movie archive which includes Star Wars and much more.

WICKED WEBSITE IS COMPILED BY DAVID ACETO



# Diet pills more harm than good

**Brand name diet pills have been linked to heart problems**

by **TAMMY SEDORE**

Health Reporter

Diet pills are supposed to help you, but truthfully they harm you, according to Michael Muzzo, a pharmacist at the Keele Sheppard Pharmacy.

Brand name diet pills such as Dexfenfluramine, (or Redux), and fenfluramine, (or Ponderal, Ponderal Pacaps, and Pondimin) were pulled from shelves after being linked to heart problems.

"These are prescription drugs to be monitored under the care of a physician," said Stephanie Charron, who works at the Health Protection Branch in Scarborough.

Muzzo, who has been working at Keele Sheppard Pharmacy since 1988, said they have been filling prescriptions for Ponderal, an appetite suppressant, for as long as he's been there.

"(Then) the companies sent us a letter saying to pull [the pills] and send them back to them," said Muzzo.

The problem doesn't lie in the group of drugs on their own. The problems began after these drugs were mixed with another diet drug called phentermine. The combination of these drugs, labelled fen-phen, is problematic. But only one half of the toxic combination has been pulled.

"They didn't remove phen (Phentermine). The other portion of the drug is not available, and the one that is available is poison. It works while you take it, but you gain the weight back when you stop, as well as an additional 10 per cent," Muzzo said.

Charron agreed these drugs should never have been combined.

"Each of these drugs were approved to be prescribed by itself," she said.

Ernie Sutherland, a postal worker in Mississauga, took Ponderal in February of last year. His doctor prescribed it after his weight hit 260 pounds.

Sutherland began gaining weight after he started working afternoons more than 28 years ago. He ate late at night, and slept with

ed. He had high blood pressure and was diagnosed as diabetic. Since the weight added to his health problems, Sutherland's doctor prescribed Ponderal.

Ponderal, a short-term drug, sends signals to the brain to suppress hunger. The cost was between \$30 and \$40 per month.

He was given a four month prescription. Into the third prescription, a family member told him the pills weren't good for him.

She said a medical dictionary advised

Sutherland noticed side effects - dry mouth and problems with urination.

"They also found a number of patients who had taken this (Ponderal) had damage to the heart valve," he said.

The pills are said to cause abnormalities to one of the four heart valves. These valves direct the flow of the blood to and away from the heart. They open and close in response to the beating. If one of these valves fails, it can result in heart disease.

"The blood starts backing up," said Muzzo, and when this takes place, insufficient blood will flow through the body, and may result in fluid in the lungs, or lower portions of the body.

Sutherland was unaware a month ago of this major complication when he asked his doctor to be put back on Ponderal.

"He said 'no. I don't think so. Not right now.' Three or four days later this announcement came out on what the findings were. I don't know whether he knew," he said.

Sutherland has gained only a little weight, and now weighs 236 pounds. He is watching both the quality and the quantity of what he eats. He said he hopes they'll improve the drug.

"I hope they can come up with something that is safe in the future," said Sutherland.

But Muzzo said he doesn't think diet pills are the way to go.

"I may be losing business by telling you this, but don't bother taking them," he said.

For anyone who took any products listed in this article, Health Canada advises you to make an appointment to see your doctor.

Be aware. There are signs to let you know if you are at risk. If you have a heart murmur, shortness of breath, loss of tolerance to physical activity, or fluid retention in the legs or lungs, you should consult your doctor immediately.



There are many different brands of diet pills on the market today. Be aware of the risks.

a full stomach.

The weight gain started by "coming home at midnight or later, sitting and watching television eating crackers and cheese, or chips," he said.

Sutherland's medical condition deteriorat-

ed against taking them for more than three months at a time.

But Sutherland finished his supply and dropped 26 pounds.

"It was marvellous stuff. I felt good and the weight started to roll off," he said.

# Leave a liver for the living

**There is a long line-up of Canadians waiting for organ donations, but the supply is very low**

by **JULIETTE DUFFUS**

Health Reporter

If you could help save someone's life, would you? The answer seems obvious but the reality is, by not signing an organ donor card, you say "NO".

Every year Canadians die waiting for vital organs, unavailable because of lack of donors.

The Multiple Organ Retrieval Exchange (MORE) Program of Ontario was established in 1988 to increase awareness on organ donation and transplantation.

"They (the deceased) would be in a hospital setting, and a donor co-ordinator at the hospital would approach the family for consent," said Sonja Dellulis, of the MORE

Program. "The organs would be tested and, if suitable, removed."

Medical data is entered in MORE's central computer and a list is provided of the best candidates to receive the organs. Selection is based on blood type, severity of illness, and organ size.

For 53-year-old Ray Beers of Scarborough, a heart transplant was the gift of life. He said it was a long and difficult endeavour. "I waited three years," said Beers, "and in 1991 it came through but it was a very rough process."

Beers was confined to his home (on oxygen) for almost three years waiting for a donor. He was weak and walking was difficult. Climbing stairs was nearly impossible.

Today, six years after his transplant, Beers said he is gaining strength and is in good condition. Every three months he has a heart tissue biopsy to determine if his body is rejecting the transplanted tissue. His medication is adjusted accordingly and Beers said the biopsy treatment is for life.

The decision to become an organ donor

is personal and knowing the facts can make the decision easier.

Any age or race can donate organs. Transplanted organs include heart, liver, kidneys, pancreas, and lungs. Bones, cartilage, corneas, veins, skin and connective tissues can also be used.

The success rates for transplants are good and getting better with careful screening procedures and the development of better anti-rejection drugs.

As an organ donor, it is possible to specify what organs are to be donated by listing them on a donor card that is carried in a wallet or purse.

Fear of body mutilation is one reason people do not want to donate. The organs are carefully removed and incisions are closed with surgical care.

In the case of an accident, there is no conflict between saving a person's life and donating their organs. Everything that can be done, will be done to save their life. Family must consent to donation before the transplant team is notified.

There are more people needing organs than there are organs being donated. Every day organs that could have been donated are wasted because families did not know about the donor's wishes or the need for life-saving organs. A person who could live may die, waiting needlessly. Make the decision today.

For more information, call the MORE Program of Ontario at: (416) 921-1130.



Ray Beers is enjoying life to the fullest with his wife Margaret, and his new heart.

# Wisdom teeth can smart

Getting wisdom teeth removed is no walk in the park

by ALICJA PARLAK

Health Reporter

If you are between 18 and 24, your wisdom teeth could be bugging the hell out of you.

Dr. Robert Sansone, a Mississauga dentist, said about 40 per cent of his patients need these molars out at some point.

"The main reason patients have their wisdom teeth removed is because there's no space for the teeth to come into the mouth," Sansone said.

They are removed if patients develop swelling around the crown of the tooth, called pericorinitis. It occurs when the tooth has no space and grows on an angle, trapping food under the gum to cause swelling. Wisdom teeth can also push against other teeth, making them crooked.

Financial Analyst Mike Cowley, 24, said although his wisdom teeth don't hurt, "I should probably (get them out) because they're starting

to mess up my teeth."

There are many misconceptions about the removal of wisdom teeth and recovery.

"You hear about people who wake up from going under and they have bruises on their chest because the dentist had to put his leg on there to yank it out, stuff like that," said Cowley. "Personally, I think it's just all rumor."

Sansone said most stories are just myths, although there does exist "a very real factor for being a

little apprehensive about having wisdom teeth removed."

Complications can occur after wisdom teeth have been removed. After surgery, the empty socket fills with blood and forms a clot. After several months bone forms. A dry socket can occur if the socket does not fill with blood and bone is exposed.

"Young women (who are) taking contraceptives, who are smokers and who don't eat very well (are at the highest risk of dry socket),"

Sansone said. Patients are advised not to smoke after extraction.

Another complication involves a nerve that passes through the lower jaw, very close to the roots of wisdom teeth. If the nerve is accidentally disturbed, the patient could end up with permanent paresthesia, but the chance is small.

"The best way to describe that is to think about your lip being frozen and you can barely talk. That's the way it feels all the time. I think that's the biggest concern of

any dentist taking out wisdom teeth," Sansone said.

During recovery, there may be some pain, swelling and bleeding.

Maria Quarry, who had one wisdom tooth removed said "half of your face is numb so you can't talk and you can't eat. It's very bloody and you have cotton balls stuck up there all the time. The next day was fine, (but) it stays tender for a while. It's more painful before you get them out, though."

Regulating bleeding is a concern for dentists. "We treat the bleeding with pressure. (It is) regulated by biting on gauze really hard and holding the pressure as long as you can, in maybe half-hour, 20 minute intervals," Sansone said.

Biting down on a tea bag that contains a clotting agent for the same amount of time will also ease the bleeding. Pain can be controlled by painkillers such as Tylenol 3 and the swelling treated with a cold-pack.

Sansone said the pain lessens after the extraction. "Once the tooth comes out that's usually the worst of the pain. But if you develop pain afterwards, there could be complications," he said.



Wisdom teeth (right) are the third molars located in the back of your mouth.



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# Lifestyles Et Cetera

## Searching for your dream home

Home is where the heart is

by **MATTHEW BARBEAU**

*Lifestyles Reporter*

Where can you find everything from "Haley's Handy Hints" to a 1500 square foot model home? At the annual Fall Home Show, that's where.

The Greater Toronto Home Builders' Association kicked off its annual Fall Home Show in the new National Trade Centre at the CNE on Thursday, October 2. Over 300 stores, outlets and information booths were set up within the Trade Centre for the four-day event.

Visitors to the Home Show could find almost anything they were looking for. Aroma therapy products, Shiatsu massages, scented candles, handcrafted quilts, paintings, smoked meats, and even vertical blinds with Princess Di air-brushed on them.

Household appliances lined some aisles, while others were dedicated to jacuzzis, games rooms, greenhouses and products for refinishing old furniture or simple do it yourself home maintenance tips.

Live "infomercial" style booths were set up to demonstrate amazing new products such as "The Sweepa" and numerous Kitchen Aide products.

"Most people don't come here to buy," said Conrad DelBianco of Standard of Living, a store selling wood furniture. "People just come to browse and look around. We may receive a few calls from some of the people that visited our booth or maybe none at all. The home shows are just good advertising."

Interior and exterior home renovations are major draws at the Fall Home Show with a large majority of the booths going to various construction companies, products, specialists and investors. Full renovations for any room in the house could be discussed with a professional and even roughly blue-printed at the visitor's request.

"Everyone is looking for something original for their homes," said Bruce March, one of the many architects lending his services to the event. "People at the show will see us for architectural ideas and then follow up on businesses themselves."

The most impressive workshops, held by *Canadian Living* magazine, consisted of a full outdoor landscaped scene, complete with water fountain, live trees and shrubbery.



Annual Fall Home Show in the new National Trade Centre at the CNE on Thursday, October 2

Beside the landscaping was a cross section of a kitchen and living room where the workshops were conducted.

Visitors willing to wait 30 minutes in line were treated to a tour of the 1500 square foot model home, complete with brick patio and front and back yards.

"The house was absolutely fan-

tastic," said Sylvia McCraggett of Owen Sound. We come every year for the show in hopes that some day we'll find the style and idea we're looking for."

## Men enjoy spa treatment

by **NOREEN O'LEARY**

*Lifestyles Reporter*

Pedicures, facials, and hair removal are no longer luxuries for women only.

More and more men are treating themselves to cosmetic services. "Most of the men who come in are usually pushed by their wives or girlfriends at first," said Marika Pelyvash, an esthetician. "Typically, they want manicures, pedicures, facials, and massages."

Pelyvash, who runs her own beauty spa in Markham, said the majority of men who come in are married business types over the age of 35. She said men make up about 10 per cent of the people who visit her spa, and they enjoy the treatments as much as women.

Mark Pileggi, a 20-year-old construction worker, said that sometimes a manicure is the only way to remove the callouses that develop on his hands.

"I know a man's hands aren't usually his first concern," he said. "but when you work in construction your hands can get really beat up. Spas are a great place to go to get them back in shape."

Anti-aging and rejuvenating procedures such as mud baths and aromatherapy massages seem to be catching on among men. Hair removal procedures also seem to



Manicures are the way to go for men of the nineties.

be increasing in popularity. "Most of the men who come in are usually looking for some sort of massage, whether it be a simple back massage, or a full body one," said Leona Lamanna, an employee at Soft Deluxe Body Care. "However, some come in for hair removal, mostly from the small areas, like between the eyebrows."

Lamanna says that men make up almost 50 per cent of the clientele at Soft Deluxe Body Care.

College age males and even teenagers also frequently visit spas and salons for treatments and advice for different reasons. Acne and skin care are the main areas of concerns for younger males.

"A lot of men have problem skin," said Manfred Kunz, a 20-year-old Ryerson student. "We don't have access to the same products

that women do, which is unfortunate. We have to deal with shaving, on top of acne."

Kunz says he's always looking for new skin care products and would be willing to visit a spa for special treatments, if necessary.

Although dermatologists specialize in skin problems, spas, and even hair salons, can offer advice on treating minor skin irritations and problem areas.

Pelyvash encourages teenage males to visit her spa if they are looking for skin care help. She said something as simple as a facial or the right cleanser can prevent many problems teenagers encounter.

Hair dyeing, mustache trimming, and nose hair clipping are among the other popular procedures offered at spas.

## Recycle to protect the environment

Keep the planet clean for future

by **JAY WARE**

*Lifestyles Reporter*

What is an easy way to survive and help others at the same time? It's simple, use the garbage.

Don't just trash your containers from lunch, recycle them.

Janice Flynn, of Humber Recycling, said the recycling bins are being used, but we could probably do better if we had two or three bins in every classroom, which requires a lot of money and manpower.

The blue recycling containers throughout the college are there to collect glass, plastic, aluminum, and polystyrene. There are also bins for computer paper, newspaper and cardboard.

These containers are cleaned and emptied by the college's cleaners, and outside contract cleaners.

The bags are taken to their designated recycling spots outside the college.

Each unit has its own segregated mini-bin compartments, which are then collected and taken to a facility along with Humber's other waste.

In each area of Humber there are recycling options. There is a bin for recycling wood outside the wood shop, and the scrap metal bin outside the shop near the LX building also is used for metal filings from the N building.

The city takes care of clearing recycling from the residence and Lakeshore areas by picking up mixed recycling bins. These bins are distributed throughout the halls of the buildings.

Different strategies are being considered for increasing recycling.

"The suggestion that I've been considering this year is placing holes in the top of the bins, creating an easier access for students walking by with full hands," said Flynn.

"I know that people think recycling is not happening," said Flynn. "There are glitches in the market where not so much of one certain recycling material is wanted, but that happens all the time. The one thing that people should recycle if they're not going to recycle anything else is cans. It is 100 per cent recyclable and it's the most expensive recycling resource in Ontario," Flynn said.

# Thanksgiving plans get cooking

By **ANDIE WADSWORTH**

Lifestyles Reporter

What do turkey, stuffing, pumpkin pie and a gathering of friends and family have in common? Thanksgiving.

For some, it's a time when loved ones work together to prepare the ultimate feast. For others, Thanksgiving is just another day.

Most video stores, restaurants and variety stores stay open 365 days a year.

"Thanksgiving was never really a big holiday for my family. We mainly sat around and watched TV," said Vince Bobar, a 32-year-old video store cashier.

"By the time I get home, my wife will be at work. I can have my Thanksgiving dinner by myself. Swanson makes a great microwavable turkey dinner, and it even comes with stuffing," Bobar said.

Bobar is among the many people who will be working Monday.

Although a growing number of people see themselves working this holiday, many families still find the time to get together for a feast.

"Our entire family gets together at my grandparents' for the weekend. It's a time to relax, visit family, but mostly, to eat," said Joanne Miller, a second-year Early Childhood Education student.

Miller said her family has gathered for Thanksgiving

for as long as she can remember. Her grandparents arrange activities for the entire family. Horseback riding, hay rides, and apple picking are among the festivities.

"It's a time that I look forward to. When it's over, I have Christmas to think about," Miller said.

It doesn't matter how you celebrate Thanksgiving, a holiday is still a holiday.

## Thanksgiving at Humber

Be on the lookout for a giant turkey walking around the school. This is one of many SAC events being held to celebrate the holiday.

Since students don't have classes on Monday, Thursday, October 9 has been declared Thanksgiving.

People can snack on candy apples being handed out, but don't throw out the wrapper before reading the trivia question. Students who get the correct answer can enter a draw to be one of two winners.

There will also be a pie-eating contest at 12:30 p.m. in the Student Centre. The contest winners take home a turkey.

Students can help others by contributing to the Salvation Army food drive. It comes to a close on Friday, October 10.

Donations can still be dropped off in the boxes at the college's main entrance, registration entrance, bookstore, residence, health office and the SAC office.



## Turkey Talk

### How to Prepare a Butterball

For turkey novices, here are a few tips from Butterball on how to prepare the perfect turkey.

- thaw frozen turkey in the refrigerator or cold water
- if you thaw your turkey in the refrigerator, allow one day for every four pounds of turkey
- if you thaw turkey in cold water, allow for 30 minutes per pound
- never thaw turkey at room temperature, it allows bacterial growth
- thawed turkey may be kept in fridge up to four days before cooking
- stuff turkey just before roasting, not the night before (stuffing = stale bread, sage, onions, and salt)

### How to cook a Butterball

- remove the "insides" (neck and stuff - it's usually in a bag inside) and wash thoroughly
- put the turkey, breast side up, in a roasting pan - insert meat thermometer between the thigh and the body
- cover skin lightly with vegetable oil
- roast at 325 degrees fahrenheit
- allow 22 minutes cooking time for each pound (10 pound turkey takes 3 and 3/4 hours)
- turkey is done when the thigh temperature is 180 degrees, the breast 170 degrees
- if you don't have a thermometer, test by poking the turkey under the thigh, if the juices run clear, it's done
- let turkey stand for 15 to 20 minutes before carving

\*Thanks to Butterball. For more info check out their web site at [www.Butterball.com](http://www.Butterball.com)



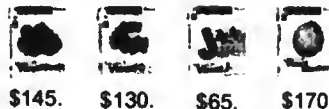
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## Turkey alternatives

Keep your cooking options open

So cooking a 10 pound bird for you and your roommate isn't how you want to spend your long weekend?

Never fear, there are plenty of ways to stay in the Thanksgiving turkey spirit without all of the work.

1. **Turkey dogs** - any indoor hibachi or pot of boiling water will do.
2. **Turkey in a can** - all you need is a can opener and a strong stomach.
3. **Turkey burgers** - even Butterball makes them these

days. On sale now at Loblaw's for \$4.99 for a box of six.

4. **Turkey breasts** - an option for those in a hurry who don't want processed.

5. **Pre stuffed turkey** - yes you can get a bird stuffed and all. No one has to know you didn't do all the work yourself.

6. **Eating out** - if you can't get friends or family to take pity on you and your meagre student budget, try a restaurant like Fran's where 24 hours a day until Monday you can get a full Thanksgiving meal with pumpkin pie for \$16.00.

7. **Straight to desert** - self explanatory, who needs protein when you can have pie?

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# Et Cetera Entertainment

## Leaving them crying for more

by TREVOR HICKEY

Entertainment Reporter

Lots of good things have come out of Kingston, Weeping Tile is no exception.

After rocking, last Saturday night, for one of the biggest crowds in the history of Lee's Palace, Weeping Tile sold dozens of copies of their latest album *Valentino*. The crowd was deeply impressed with the show. Not only Tile fans, but people checking them out for the first time left with the new disc in their hands.

Camille Giroux, the band's drummer, is surprised with the number of discs the band sells after a show.

"It's shocking to find out the day after a show that we managed to sell over 100 CD's in about a half an hour, but it happens more often than we ever thought it would," Giroux said. "It's something that we can feel really good about, knowing that our CD's are getting out into the world, and more and more people are listening to us everyday," he added.

Weeping Tile explores various sides of pop and rock, but likes to throw in four or five tracks of country full-stop material that allows lead singer Sarah Harmer's strong, unique voice to shine.

The band pleased the crowd by playing a two hour set rather than one hour.



Kingston foursome, Weeping Tile, rocked the Lee's Palace crowd last Saturday night.

"We usually play for about 60 minutes when we do a show like this, but sometimes, when we're having a good night, and the mood of the crowd is right, it sometimes leads us to a longer set, but we don't mind. It's easy when you love to perform for people," said Giroux, during a pre-gig interview.

It wasn't enough that they ended their first encore with a spectacular rendition of *Sabotage* by the Beastie Boys, but the roaring crowd would not let them go and dragged them out for a second encore.

The rest of Weeping Tile are lead guitarist and back-up vocalist Luther Wright,

and Sticky, the bassist and back-up singer.

The band is happy that they got started in the Kingston area because of the numerous opportunities available to a new band in that city.

"There's a lot of bands playing in Kingston, and there are a ton of opening bands that are wanted for local shows. There's the university, and a lot of artsy types living in the Kingston area. Having a good musical community, like Kingston, helps when you're trying to get started," said Harmer.

The band has just completed a huge tour in the U.S. that started in Denver and ended in Buffalo. Giroux says they're happy with the turnouts they get when playing in the U.S. "People come to most of our shows. A couple of times we played for the waitress or the bartender, but we sold lots of records and got to play with Blue Rodeo, which was good because they have a good crowd down there," he said.

Weeping Tile has a few more shows to do in the area but plans to let the coming winter pass before they do any serious touring.

If you want info on upcoming Weeping Tile gigs, check out their website at [www.warnermusic.ca/weepingtile.index.htm](http://www.warnermusic.ca/weepingtile.index.htm).

## What's On

October 9 - 15, 1997

### Thursday

Thru the Harmit. The Horseshoe Tavern, 10 p.m.

### Friday

Plumtree with Slow Gun. Neck. Club Show.

Johnny's with the Kings. Lee's Palace, 10 p.m.

### Saturday

Jean Bonham with Earl, Quad. The Open House, \$10.50

Foo Fighters. Foo Fighters, Talk Show, The Open House, Rusty, Arrow Hall, \$10.50

### Sunday

Jack's with the Kings. Lee's Palace, 10 p.m.

Bonnie Raitt with Goober Patrol, Flamingo, 10 p.m.

Flamingo, 10 p.m.

### Monday

Flamingo with Viciousphere. The Open House, \$10 - \$2

### Tuesday

Down by Law with Anti.

El Mocambo, 10 p.m.

Sarah Day with The Open House, 10 p.m.

### Wednesday

Goldmine with The Kings. Lee's Palace, 10 p.m.

Kelly Rowland with The ADC

## Manning sings with idols

by COREY SCHACTER

Entertainment Reporter

Once an admirer of talented musicians, she is now admired by other music lovers.

Dayna Manning, a 19-year-old Beaches resident, has been making a name for herself rather quickly in the music industry.

Her premiere CD, *Volume 1*, was released when Manning was only 18.

She has received a lot of radio play, and performed with her idols at Lilith Fair.

Manning described her Lilith Fair experience as scary, but really exciting.

"You show up for the first day, and you just go, 'wait a second; she's not supposed to be here, she's supposed to be on TV. She's not supposed to be here, she's supposed to be on *Rolling Stone*.' It was so weird to meet these people in real life when I've been watching them forever."

For Manning getting to play with Sarah McLachlan was a dream come true. During the last song everyone sang together, "Sarah had her arm around me and we were singing from the same microphone, and I'm like, 'what am I doing here?' I had to think twice, nearly pinch myself," Manning said.

With influences that span the musical spectrum, it may be hard to describe Manning's style. However, she said during a phone interview that she would like to be known as "the girl who sings from the heart."

Her "instant success" could be described as being in the right place at the right time. Ray Coburn discovered Manning at an open-mike night at Lee's Palace. Coburn is now Manning's manager.

"We just totally connected. I don't co-write, I don't let many people into my musical world. He knows how to come in without offending me," Manning said.



Beaches resident Manning proud of all the recognition she is receiving.

In any profession, encouragement from others makes your work seem meaningful. Manning says that her parents love everything that's happening to her and have never discouraged her in any way. "They way encourage me. They came out to Lilith Fair in Calgary and Vancouver. It's a learning experience for everyone in my family," she said.

Landing a record deal with EMI, Manning says, hasn't changed her morals or values. "But it's changed my everyday routine. It

changed where I live, it changed a lot of people I hang out with," she said.

Whenever she gets a chance, she still writes to her friends and gets together with them when they're in town.

Manning has intentions of going back to school to pursue a career in entertainment law. She says before all this really took off, she talked with her dad about taking a year off school to pursue music.

"I thought I was going to have a three hour argument, but it turned out to be, 'well I think the opportunities you're having now won't be around forever, but school will be, so take a year off and if doesn't work, go back'," Manning said.

The first single off her CD was *Half The Man*. The first time she heard the song on the radio was a very emotional moment.

"I bawled my eyes out. I ran out to get some cat food from across the street, I'm back in the house and

*Half The Man* had just started, didn't even think about the fact that it was on the radio. I just thought that it was the first song on the CD. Half way through I realized I didn't put the CD on, this is on the radio. I just started jumping up and down, and crying, and started calling people. It was great, and I cried probably the next five times after that," Manning recalled.

Is there a *Volume 2* anywhere in the near future? "There's *Volume 2* in my head." It

# Goldfinger has touch

by **DANA JAMES**  
Entertainment Reporter

If you were hung up on Goldfinger's debut album, then *Hang-Ups* is definitely for you.

The 14-track album is ska laced with a pop-punk sound, which won't come as a surprise to those who are already fans of the band.

Goldfinger holds the record for playing the most shows in one year. Last year they played 382 shows on their headlining tour, while playing with bands like The

Sex Pistols, NOFX, Penniwise, The Buzzcocks, No Doubt, and Bad Religion. All of these influences can be heard on *Hang-Ups*.

**"Simmon's a virgin, he has no tattoos."  
-John Feldmann**

"Most of the songs on the new album are road songs. That's where most of them were written. It's easiest for me to write while on the road. I have to be inspired

to write," said singer-songwriter John Feldman. *Authority* and *Too Late* were inspired by people the band met along the tour.

Goldfinger consists of Charlie Paulson (guitar), 'Dangerous' Darrin Pfeiffer (drums and vocals), Simmon Williams (bass and vocals) and John Feldmann (vocals).

Goldfinger recruited musicians from No Doubt, The Skeletons and Fishbone whose singer Angelo Moore shared vocals with Feldmann on *Carlita* and *I Need to*

Know. All these musicians helped Goldfinger accomplish the ska sound they were looking for. The band used the flauto magico, mandolin, Hammond organ, sax, trombone and a drum machine.

Goldfinger got together in Los Angeles five years ago. "At the time most people were listening to a rap metal vibe and every band sounded the same. We wanted something that sounded like Elvis Costello, The Police and Bad Religion," Feldman said.

Goldfinger has accomplished these styles and more on *Hang-Ups*. If you are looking for a smorgasbord of styles, this album has it.

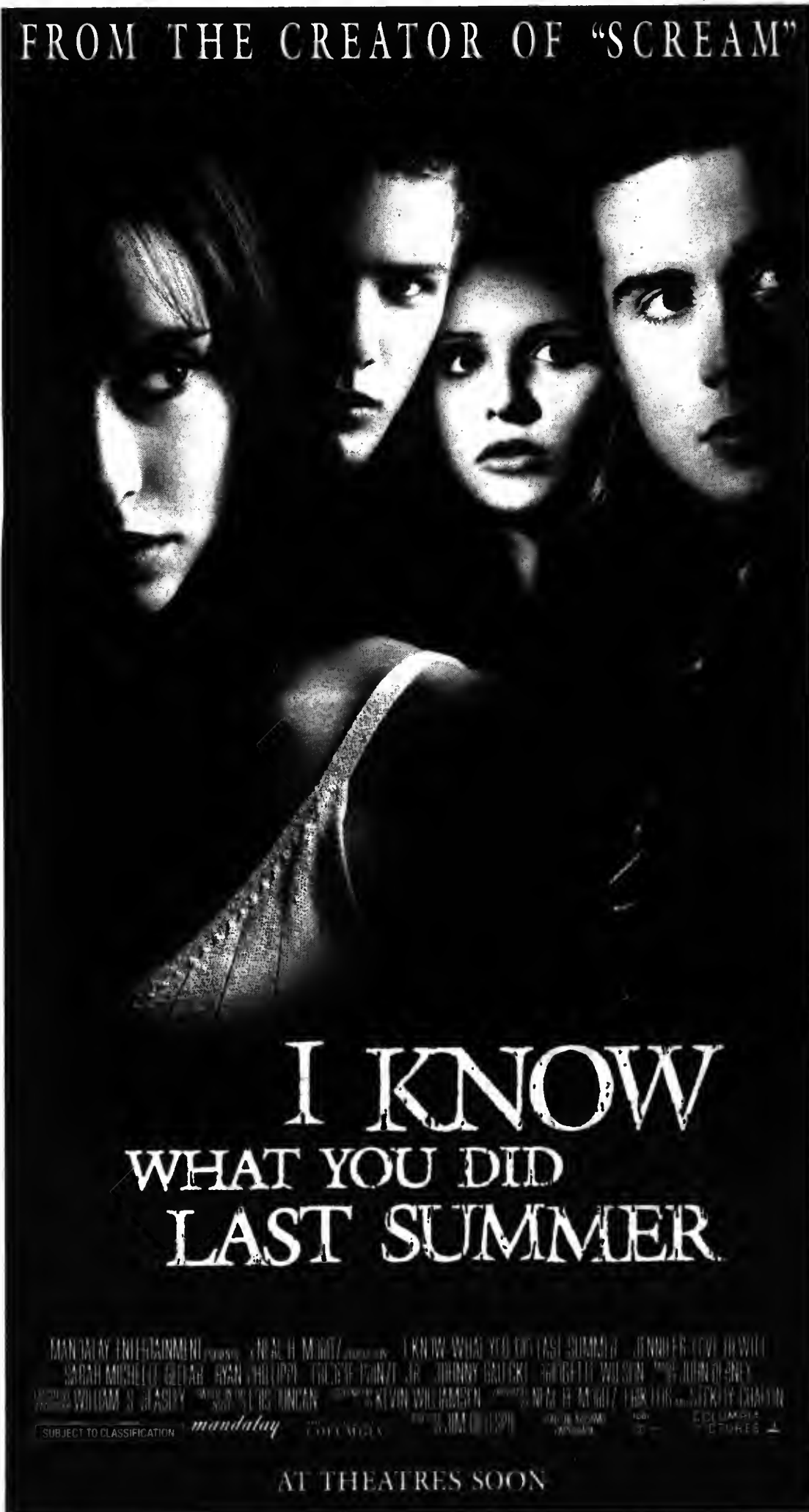
The band enjoys surfing, skateboarding and snowboarding. This is evident in the fast paced 20 second

Rage Against The Machine-like anthem for snowboarder's called *S.M.P* (skiers must perish).

A very down to earth Feldmann said the band also enjoys getting tattooed along the road. "We collect them. People will come to our shows and we will go over to their houses and get them done. Or else they will recommend someone in town and we'll go there." Feldman said, "Simmon's a virgin, he has no tattoos."

This year, Goldfinger has been on the road for two months promoting *Hang-Ups*. The length of the tour depends on how well the album does. "I would love to go on the road for two years," said an energetic Feldmann. "I love this, it's what I do for a living."

FROM THE CREATOR OF "SCREAM"



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SUBJECT TO CLASSIFICATION mandalay PICTURES

AT THEATRES SOON



Goldfinger played 382 shows on their headlining tour last year.

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Hits of  
yesterday  
and today

**ON DISC**

Reviews by Scott Miodietan

a '60s or '90s spy flick.

Portishead is laid back and smooth but on another level tense, dark and sinister. Beth Gibbons' voice is trademark cold and detached. Geoff Barrow and Adrian Utley have refined their sound and created a cathedral of sound. Hats off to the masters of trip-hop.

(etc. etc. etc. etc. etc.)



**Portishead**  
**Portishead**  
Polydor

It's nice to see that success hasn't changed these British trip-hopers, they're still cool as hell. This album, like its predecessor, could easily double as the soundtrack to

a Colt 45. So Much For The Afterglow exhibits the same themes as *Sparkle* and *Fade*; unrequited love, being an underdog, generally being shit on. Poor, poor California boys, sorry, old guys. They still put out hard on a few songs but seem to have opted for pop smoothness over their previous punk stylings. Oh well, it will sell records.

(etc. etc.)



**Everclear**  
**So Much For The Afterglow**  
Capitol

This album is cleaner and crisper than the Portland three-some's first efforts. That's right, it's a Kokanee compared to say...

**Southern Culture On The Skids**  
**Plastic Seat Sweat**

Geffen

Southern Culture On The Skids is like the Beverly Hillbillies on crack. In this case that's a good thing. Song titles like *Carve That Passum*, *Shot Gun* and *House Of Bamboo* would make anyone sweat but have a seat on your porch, grab a can of Old Milwaukee and crank this one up. *Plastic Seat Sweat* is slick in a Tarrantino/*Deliverance* meets *The Dukes of Hazzard* kind of way.

(etc. etc. etc.)

**Jars Of Clay**  
**Much Afraid**

BMG

Who knows if it was the exten-

sive touring (300 dates in 1996) or opening for Sting for a while that mellowed these just-out-of-college guys out so much. The sound is much the same as their first album, soft ballads crossed with acoustic driven rock, but they had some-



thing going for them on that first outing; the lack of record company money. *Much Afraid* is way over produced (orchestras) and much too serious.

(etc.)

**Welcome back Cotter**

by DAVY PALUMBO

Entertainment Reporter

Comedian Simon B. Cotter had Humber students roaring last Wednesday as he performed at Caps.

Before a relatively small crowd, Cotter performed a shorter routine than he did at Humber's Lakeshore campus.

"By the time I got from one campus to the other, part of the lunch hour here was already gone," Cotter said. "I only got to perform 40 minutes here, while I got to do an hour at the other campus."

Cotter says he enjoys doing shows in colleges and universities because it's always different.

"They're fun and it's an intelligent crowd," said Cotter.

Born in Jamaica, Cotter is now a proud Canadian and wants to remain living in Toronto while developing a reputation in the United States.

"That's a great way to live. You make good money and you get to live in a nice, safe, clean country," Cotter said. "I can stay living here and go down (to the U.S.) and do what I need to do to make money, and come home to see my family."

Cotter says the hardest part about going on the road is being away from his loved ones, especially now with the new addition to the family. Eight weeks ago, he and his wife welcomed a baby girl.

"I flew down to Kentucky for two nights for shows," says Cotter, "and I came home and she looked different. It's going to be hard."

Cotter's has toured with the likes of Jim Carrey and Howie Mandel. His comedic idols include Bill Cosby, Bob Newhart, and Ellen DeGeneres, and he would like to follow in their footsteps into the sitcom scene.

"A lot of standup comedians (are going into television) like Paul Reiser and Seinfeld and a lot of the writers on *Frasier* are standups," Cotter said. "There's a lot of



Simon B. Cotter cracks up the college crowd at Caps.

money and prestige in writing for one of them."

Cotter, who leaves October 15 for a 12-day tour in Britain, said he believes the world has learned nothing from the Princess Diana

tragedy, and the way it has been treated says a sad thing about society.

His advice to young comedians is just be themselves, do what they think is funny, and keep writing.

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3rd Year Anniversary Bash Oct. 16, 17, 18

# Sports

Et Cetera

## Women's soccer takes on Athletics Department

by **JOE SILVA**  
Sports Reporter

The women's soccer team came up short in a friendly game against Humber's varsity coaches this past weekend, losing 3-2.

The final score didn't matter. The most important thing was that both teams played very well. The coaches did have an advantage though. They were able to make up to five substitutions, every five minutes.

Because the program is so young, the women's soccer team does not have any alumni players. The team was made up of coaches and members of the Athletics Department.

Coaches for the coaches team were Christine Connelly, Humber's athletic co-ordinator, and Heather Curran, Humber's Student Athletic Association president.

Connelly was quick to give the Hawks credit.

"They played really well, considering they didn't have all their play-



Last weekend's varsity/alumni tournament saw the Hawks fall to the team made up of Athletics department staff.

ers here," she said.

Hawks' goalkeeper, Kim Thomson, was surprised with the play of the coaches. "They were pretty good actually. I was impressed," she said.

The day, however, was not a good one for Hawks mid-fielder, Natalie Jones.

She twisted her left ankle late in the second half. The severity of her injury is not known.

Coach Mauro Ongaro doesn't know if Jones' injury will cause her to miss the next game of the season. "It is too early to tell. We will see on Monday and see how she feels," Ongaro said.

The coaches team started the scoring when Humber's Athletic Director, Doug Fox, finished off a beautiful crossing pass.

Filomena Aprile tied the game minutes later on a free kick. The first half ended at one goal apiece.

The second half saw the coaches' second goal scored by Sonya Herrfort, recreation manager at Humber's Lakeshore Campus. Adam Morandini, men's assistant soccer coach, gave the coaches a 3-1 lead, just moments later.

Aprile brought the Hawks a little closer with her second goal to bring them within one, but time ran out before the Hawks were able to muster another good scoring opportunity.

## Varsity beats Alumni

Hawks take alumni to the buzzer in close game

by **SHAWN GIBSON**  
Sports Reporter

This past Saturday, the 1997 Humber Hawks soccer team met the Hawks of days gone by in the annual alumni game. At the end of the game, the '97 Hawks still had not been scored on.

The atmosphere was relaxed as the Hawks beat their predecessors 2-0. There was a lot of joking and fun. Both teams were up for a good game to award bragging rights to the winner.

Forward Matt McFarland scored one goal. The other was scored by Jesse "Caliber" Calabro. McFarland had a lot of praise for the opposition.

"These guys are on pro teams and played for Humber's National Championship team two years ago, so it was just great to play them. Winning just made it even better. I'm glad to be contributing and hope that we have the success those guys have had," he said.

Adam Morandini, who participated as an alumni, is an assistant coach for Hawks. He said they are a good team, but need some tougher competition.

"Getting a shutout in every

game is something you aim for, but they haven't faced any real competition yet. We'll see if they can keep it up later when it really matters. I hope they can, they do have a good team," he said.

Coach Germain Sanchez agrees with Morandini and admits he is

**"Winning just made it even better. I'm glad to be contributing and hope that we have the success those guys had."**

- Matt McFarland

proud of the Hawks. But they face stiffer opponents ahead.

"We haven't faced a really tough team yet that will give our record a good run. If we can shutout teams like Durham or Fanshawe, that would be great," Sanchez said. "The guys have a lot of heart and skill and I am, of course, very proud of the way they play, especially today. It was friendly and fun, that's what it's all about."

Those who took in Saturday's game, saw the players doing what they love to do - play soccer.

## Hawks get respect Men's v-ball hangs tough

The volleyball team has fun despite loss

by **CINDY STEINMAN**  
Sports Reporter

The women's volleyball team took on the alumni team October 4, and lost.

In the first game, the Hawks were defeated 15-13, in a tight game.

In the second game, the alumni were up 9-1 and went on to win 15-8.

In the third game, the varsity women came out with a bang, leading 7-1. They kept their momentum, and won 15-10.

But, in game four, the alumni fought back, winning 15-8.

The varsity team has had only four practices together, but demonstrated skill and talent on the court. Middle Cindy Ross, game MVP, said the team played well.

"It was an excellent game," Ross said. "Everyone worked really hard. It was a good starting point for the beginning of the season."

Colleen Gray won the MVP title for the alumni team. She is one of the assistant coaches for the vari-

ty team. She said although the alumni won, they were extremely impressed with the varsity team.

"After the first game, the first thing they said was how great these girls are going to be," Gray said. "I'm really, really proud and impressed with the varsity girls."

Both players agreed the varsity women simply need some time.

"It was hard to adjust since we've never played together," Ross said.

Gray, who watched the Hawks as both a coach and opponent, felt the same.

"The thing they don't have is experience, which is the one thing we do have," Gray said.

Another important factor in the game was fun. Gray was at the school early to play in the Alumni soccer game.

The new format of having all the alumni games held on one day was a success. Gray said, "It's fun because we got to know the soccer and basketball players over the years, so it's nice seeing everybody."

The varsity team's next challenge will be the Sheridan Tournament, October 18.



Men's volleyball teammate shows his stuff in alumni tournament.

by **HIMANI EDIRIWEERA**

Sports Reporter

Last Saturday, Humber's men's volleyball team played their first game of the year against volleyball greats from the past. On the alumni team was head coach, Wayne Wilkins, and assistant coach Eugene Selva.

The Hawks kept the game close when they tied the alumni team at two games a piece. The Hawks won the fourth game by a score of 15-5.

Tension filled the gym as they returned to the courts for the fifth and final game.

After tying the game at 15, the alumni team claimed victory with a 17-15 win.

Walking away with game MVP's were Matt Tim for the Hawks, and Eugene Selva for the alumni team.

Alumni player Brian Alexander was happy to see his team defeat the Hawks.

"It was a good game. They [the Hawks] beat us the year before, and they beat us the year before that. It was nice," Alexander said.

"We have a young team. I

saw some good things out there. There's some things that need to be fixed, but they're fixable," Wilkins said of his new volleyball team.

The game against the alumni team is the first game the Hawks played this season.

"We played very well, for the time we had together. We didn't know what to expect. That's a big part of it," said Humber's Matt Tim, game MVP.

Faithful alumni fans turned out to support Humber's volleyball teams from the past.

New Hawks player, Ted Lowes, was satisfied with the team's success in their first game of the season.

"Everybody played to their full potential. We all gave 100 per cent," Lowes said. "We wanted to play like a team. That's what we did. It's a step in the right direction. It could have gone either way. It showed us what we had to work on."

Wilkins was happy with the results of the game.

"It's the best alumni game I've played. A lot of competition. I was proud."



# Humber alumni teach young Hawks a few tricks

by MARK SUBRYAN

Sports Reporter

The list of participants in the first annual varsity/alumni basketball tournament was a who's who in Humber basketball history.

Players such as George McNeil, O'Neil Marshall, Jason Daley, Patrick Rhodd, and Warrick Manners were just a few of the legendary alumni who came out for the weekend tournament.

In the end, the alumni came away with an 87-82 victory over this year's basketball squad.

George McNeil, an All-Canadian, and current assistant coach of the Hawks basketball team, liked the fact that he got to play not only with previous teammates, but also other players whose names are synonymous with success in Humber's basketball program.

The game was a hard-fought one in which the varsity team battled back from deficits to triumph.

At one point during the first quarter, the Humber Hawks trailed the alumni by 20 points, but that did not stop them from coming back, which made coach Mike Katz happy.

"I was surprised by the comeback," Katz said. "It showed a lot of character on the guys' behalf. It shows that this team might still be a good team."

Katz used this game to assess his players. Because of the high skill level of the players tryout, it took until this week to select the final roster.

"The selection was supposed to have been done by last week," said Doug Fox, Humber's athletic director. "We had to invite 18 guys back for a tryout on Monday night. It was tough selecting the 16 best players to represent us this year because the talent level had been so high. Everyone's level of skill made it tough."

The 16-player roster includes

six veterans and 10 rookies.

"This game was a test for me," Katz said. "I was sorting out who can play in a game situation, and I was surprised at the adaptation of the guys out there tonight."

The players of the game were Patrick Rhodd for the alumni team, who scored 17 points, and rookie Jason Francis for the Hawks with 12 points.

"I like the honor," Francis said of being named player of the game in his first ever college game. "I played okay, but I need to work on some things like my defence and my skills. I could be better."

Francis' goal for the upcoming basketball season is simple: to win everything.

The Hawks will play a tournament at the University of Ottawa next weekend, and another at Dawson College on October 31, before beginning the season here against Mohawk College on November 12.



The Men's basketball game was a who's who of former Humber greats.

## Women kill alumni

by MARK SUBRYAN

Sports Reporter

The good news for the alumni team was they scored 19 points more in the second half than first.

The bad news was they scored only eight in the first half.

The final score in the 1997 alumni women's basketball game was 83-27 for the varsity Hawks over their alumni counterparts.

"Only two of us on the alumni



Hawks walk all over the alumni in 83-27 victory.

team play basketball on a regular basis," said Denise Perrier, a Humber alumni and assistant coach of the women's basketball team. "Because of other commitments, only five alumni made it to practice last (Friday) night. Many of the players are mothers and have full-time jobs, so the cardiovascular level was way off tonight."

The varsity team, who led by a 46-8 score at the half, had four players who finished with scores in the double digits.

All-Canadian Tanya Sadler led the way with 15 points, player-of-the-game, Aman Hasenbenebi scored 14 points, rookie Nicole McLean earned 11 points, and veteran, Heather Curran netted 10.

Coach Jim Henderson did not see this as only an exhibition game.

"The result was important," Henderson said. "The game gave me a chance to see how the new players would react in a pressure game situation. It gave me an indication of how they'll contribute. We used to have this game about two-and-a-half weeks later. Having the game earlier this year allows us to pinpoint the weaknesses and work on them."

Henderson was happy with the way his team played defence without getting into foul trouble.

"Our defensive game is something that we are working on," he said. "I was also happy with the perimeter shooting. We need work running our offence patterns and recognizing the other team's defence and running the proper strategies to penetrate the defence."

Perrier also used the game to assess her players.

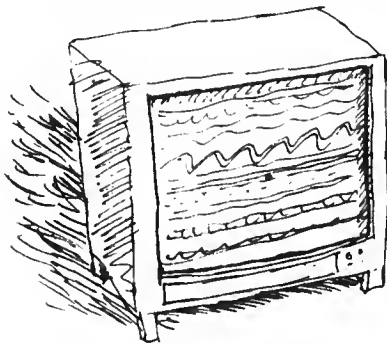
"The team looked great," she said. "They played an excellent game while executing their zone defence well. There weren't many second chances for us out there because of their tight play."

Hasenbenebi not only scored 14 points, she played an excellent passing game and was one of the team's best defensive players.

"I was satisfied with my game, but it does need some work," Hasenbenebi said. "As a team, we need to work on our offence conditioning and we need to practice our skills. This is an exhibition game, so we still have time."

The Hawks will play more tournaments and exhibition games before the regular season starts November 12, against Fanshawe College.

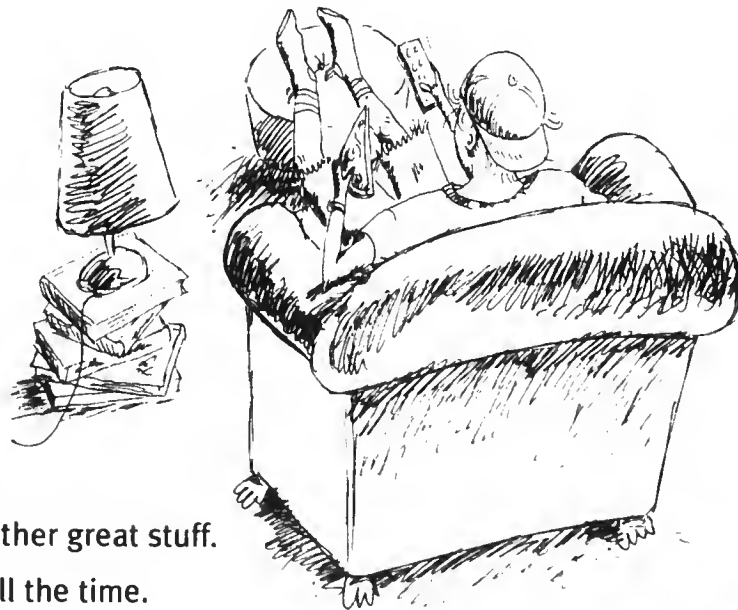
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# Homecoming Men's soccer romps Redeemer

continued from pg. 1

"It was nice to have everyone out, and see old friends again," said Warrick Manners, a one-time star of the men's basketball team. "It's better than the one night format because before some people never got to play. But now they can play because of the tournament."

According to many, the day was an overwhelming success.

"I loved it," said Tina Botterill, a member of the women's basketball team.

"I was here last year and we only played one evening. This was more enjoyable because we got to spend time with people who played on teams we play on now."

Aman Hasenbenebi, a second year veteran of the basketball squad agreed the day was a success.

"I liked the way today went," Hasenbenebi said. "This was a more challenging type of game because we got to play against all stars like Janetta Paris and Denise Perrier - people who have won championships."

Doug Fox, Humber's athletic director, looked exhausted but ecstatic as he interacted with everyone during the day.

"This was a tremendous start," he said. "We're trying to build a homecoming type event that will be held on the same weekend every year. Christine (Connelly) put in a lot of work because getting into contact with everyone was very difficult."

The varsity alumni enjoyed themselves at the festivities as well.

George McNeil, a former All-Canadian basketball player, and current assistant coach of the men's basketball team, was another supporter of the new format.

"This was excellent," McNeil said. "We should do it every year. I've seen some guys from the basketball and volleyball teams that I haven't seen in years. It's great to see each other's kids and look at how they've grown. Our kids get to play with each other and, hopefully, form lasting friendships. The whole thing was great for Humber's spirit."

by SHAWN GIBSON

Sports Reporter

The Humber men's soccer team continued their shutout streak with a 4-0 win over the Redeemer Royals last Thursday.

Matt McFarland scored two goals, Marco Frasca contributed one while Jesse "Caliber" Calabro scored his fourth goal of the season.

"There were a few different contributors out there today which is what we want to see," said proud team captain Walter Martins. "We played great out there together. We got the shutout, which means a lot, obviously. Redeemer isn't the strongest team, but I was impressed by the way we moved the ball around."

Peter Libicz, who has two shutouts on the season, sat out this game leaving Drago Lauc to start his first game of the year.

"I'm glad I got the start," Lauc said. "It was a good game and I had a lot of help from my defence. I was thinking shutout the whole time, and it was a relief to get it. I've discussed it with Peter and we feel we have enough talent on this team to get shutouts for the rest of the year."

Striker Marco Frasca, who is popular with the team and the fans, scored his first goal of the season.

"That was no fluke, that goal was



Humber's men's soccer team takes a break from blowing away Redeemer last week. The Hawks won 4-0 at home.

planned," Frasca said jokingly. "I knew I had to score or I'd never hear the end of it from the guys. I don't know how it went in, I just turned around and saw the ball sitting there."

Frasca has been plagued with

injuries and hasn't had much playing time this season, giving the goal added meaning.

Forward Rohan Watson has done a great job of getting the ball in scoring position, only to fall short of putting the ball in the net.

"I've talked it over with a few people and they all tell me the same thing. I have to start shooting the ball. I'll take it down the field, and then pass to one of my players, who may not have as much of an open shot as I do," Watson said. "I've been told to be a little more greedy. I'm just glad that we're playing like a team on the field. Once I get that first

goal, the rest will be easy."

The Hawks, who are ranked fourth in the country, will attempt to scalp Mohawk Tuesday, October 14 on the opposition's field.

## SAC Notice of Election

### Student Association Council North

President	Shirley Forde
Vice President	Nikki Dhaliwal
Vice President External	Cameron Swimm
<b>Representatives</b>	
School of Liberal Arts & Sciences	Peter Bean
School of Business	Brooke Dearden Stelios Kypri Mary Sclafani
School of Horticulture, Fashion & Design	1 additional required
School of Architecture & Construction	2 additional required
School of Health Sciences	Roxanne Nicholas-Stringer 2 additional required
School of Media Studies	Kenn Bell Kimberly Thomson 1 additional required
School of Info. Tech., Accounting & Elect.	Patricia Pytel Jason Snowie 1 additional required
School of Hospitality, Recreation & Tourism	Shirl Clarke 1 additional required
School of Manufacturing	Pankaj Vasal Teri Kolivaris

### Student Association Council Lakeshore

President	Donny Gillingham
Vice President	Sonia Levy
Vice President Finance	Andrew Copeland
Vice President Programming	Deryk Heroux
<b>Representatives</b>	
School of Liberal Arts & Sciences	1 additional required
School of Business	Lorraine Baudisch Robin Shukla Tanya Smellie Toby Warnell
School of Performing Arts	3 additional required
School of Social & Community Services	Roberta Robbins 3 additional required

### Election Days for School of Manufacturing North SAC

October 7th, 8th, & 9th  
In the Concourse

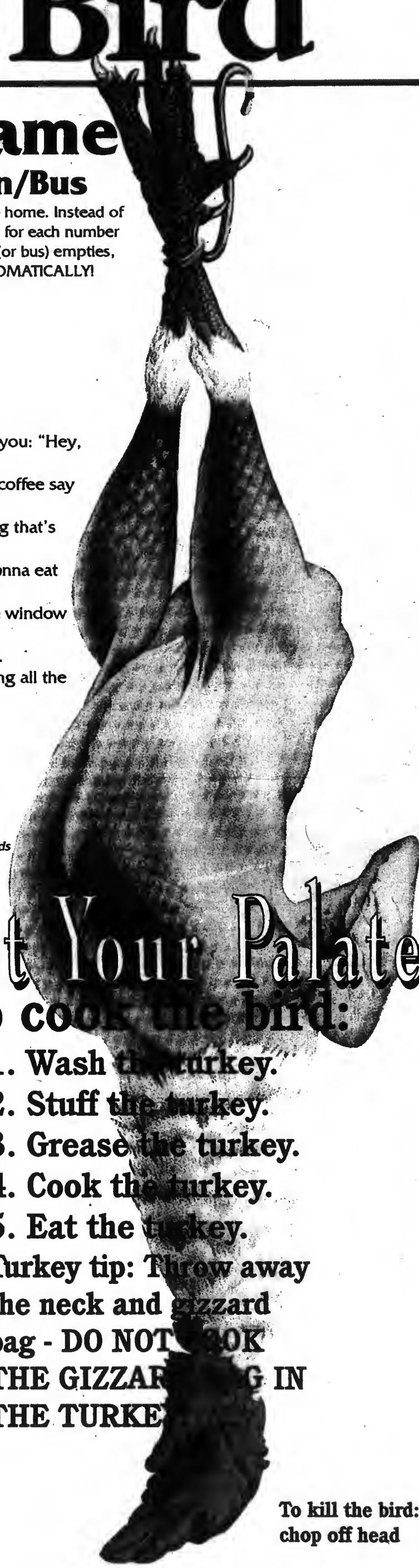
**The Co-Option packages  
will be available after  
October 15th.**

## A Fun Thanksgiving Game Ways to be Annoying on the Subway/Train/Bus

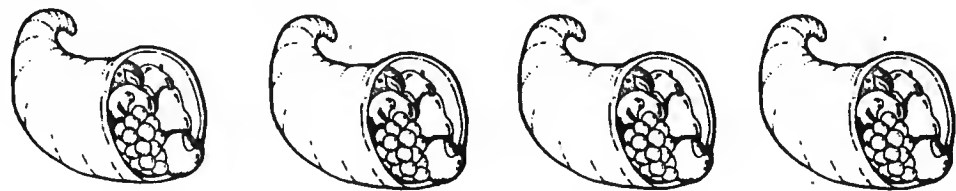
So, it's coming up Thanksgiving and you're wondering what to do on the long subway/train/bus ride home. Instead of doing the typical reading or sleeping, why not try one of these fun-filled suggestions. Score 5 points for each number attempted. If the person next to you actually moves, score 25 points. If the entire subway/train car (or bus) empties, score 50 points. If you are banned from ever taking the subway/train/bus again, YOU WIN AUTOMATICALLY!

Start a contest with one of your friends.

1. Talk on your cellular phone and have one of your friends call you every 5 minutes.
2. Take out your carving knife and sharpen it. Mutter every 2 minutes: "can't wait to get my hands on that damn bird."
3. Keep asking the conductor "Are we there yet?" or "How much farther Papa Smurf?"
4. Trip the guy who drives the trolley cart.
5. Stand up in your seat, dance and keep repetitively saying, "I'm winnin', I'm winnin'."
6. Use your Nintendo Game Boy with the volume at ten. Keep yelling to the person next to you: "Hey, watch this, watch this... Hey, watch this... Did you see that? Did you see that?"
7. Clip or preferably bite your toe nails and when one accidentally flips into your neighbor's coffee say "Oops, excuse me, I'll get that."
8. Floss your teeth continually saying "Ew, gross, can you smell that?" or "I wonder how long that's been there?" Then eat it.
9. Sneeze on the person next to you and when a booger lands on them casually ask "You gonna eat that?"
10. Keep falling out of your seat and into the aisle. This is even more effective if sitting in the window seat.
11. Fall asleep on the person next to you making sure to snore, drool, and make rude noises.
12. Invent a new dialect. Try to teach it to everyone on the train while spontaneously changing all the words.
13. Run from one end of the train to the other. Ask someone to time you.
14. Pretend to be a Sears mannequin in one of the aisles.
15. Scream intermittently.
16. Cry like a baby.
17. Nod your head repeatedly while clucking "gobble, gobble, gobble."
18. Vibrate



source: *The Golden Words*



## Whet Your Palate To cook the bird:

1. Wash the turkey.
2. Stuff the turkey.
3. Grease the turkey.
4. Cook the turkey.
5. Eat the turkey.

Turkey tip: Throw away the neck and gizzard bag - DO NOT COOK THE GIZZARD BAG IN THE TURKEY

To kill the bird:  
chop off head

damn ★  
yankees

Tales of  
brilliance  
from south  
of the border

### Too chicken to fly

LUTHERSBURG, Pa. - Clarion the duck was in a fowl mood. Moody and not eating because her unfertilized eggs weren't hatching, farmer Bernie Wells slipped in some fertile chicken eggs, and Clarion cheered up - temporarily.

Now she faces a different dilemma: Her babies can't fly. They cluster around their adoptive mother, follow her in a line and climb on her back. But when it comes to traveling, they're birds of a different feather. Clarion took wing recently but chicked back and landed - creating her brood of land-lubbers. The ducks barely chicked in

