



Construction brings confusion

Ari Perlin-Bain
General Assignment Reporter

Students returning to North campus must deal with added congestion this school year and next as construction for Humber's newest building, the Learning Resource Commons, is officially underway.

From this May until fall of 2015, a portion of Spruce Vista Road as well as some parking spots will be closed for construction of the building as well as a projected TTC public transit loop.

Approved for construction by the Ontario Ministry of Training, Colleges and Universities in July 2011, the LRC will be home to a new library, the School of Liberal Arts and Sciences, the registrar's office and other offices with the intention of bringing different areas of the campus closer together. New parking spots in front of the finished building will be added as well.

So far, the construction has created much confusion in navigating the campus, as people are forced to take alternate routes to where they have to go.

Nathan King, a security guard at Humber's North campus, said the construction is increasing the amount of people approaching him and others for directions and assistance.

"We have kiosks set up with security guards in them as well as guards and police at all the entrances on campus, but there's still thousands of students so not everyone's finding their way around campus that easily," he said.

"There's also been some trouble getting emergency vehicles close



PHOTO BY ARI PERLIN-BAIN

A current view of the Learning Resource Commons construction site at the Humber College North campus. The facility will be finished by 2016.

enough to the school entrances as well," said King.

Parking options have also been affected. Brad Meagher, a second-year culinary management student, said he is having more trouble finding parking on campus because of the construction.

"Recently I bought a week parking pass and most days I haven't been able to find any spots. I think

they oversold the parking passes because I know some people, not just myself, who have had to park in the Queen's Plate parking lot by the [Woodbine] racetrack because there are no spots on campus," he said.

Rob Kilfoyle, director of Public Safety and Emergency Management at the North campus, said although it will take more time

for students to get around campus for the next couple of years, he believes the school has done a fair job in preventing incidents and keeping students informed.

"From the students' perspective, people are going to have to learn to find their way around campus for the next little while. However, we have security set up throughout the campus to control

traffic flow among the students and drivers.

"We're also providing the community with construction updates on the Humber website, as well as the TVs around the school to keep everyone in the loop of what's going on," he said.

According to the Humber website, the new facility will be fully functional by 2016.



PHOTO BY EDWARD BAYLEY

Humber's Arbotetum, where over 1,700 species of plants are protected.

Humber earns prestigious STARS sustainability rating

Edward Bayley
Biz/Tech Reporter

Humber now holds the honour of being the only college in Ontario with a silver star rating from the Association for the Advancement of Sustainability.

According to Humber's sustainability manager, Lindsay

Walker, the college applied to receive the Silver Star Sustainability rating last fall to communicate the success of Humber's work in the field and to discover where they stood in order to build from that.

The association gives out ratings for the advancement of sustainability in higher education as part of its STARS program. The

ratings granted by the association include bronze, silver, gold, and platinum. No one has received the platinum rating yet.

"There wasn't a focused attempt college wide," said Walker about Humber's work prior to applying to this program.

Continued on page 3

EVENTS IN TORONTO THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23 FIFA Meeting for Middle East Football Associates will hold a meeting to discuss facilitating the movement of persons and goods for football purposes into and out of Palestine.	24 Mars Day on the Hill, Washington Explore Mars organized the second Mars Blitz of 2013 is taking place to further the idea of sending a mission to Mars.	25 MiVirtualCareer The state of Michigan is holding a virtual career fair for all citizens to make job finding anywhere in the state easier to access.	26 TedXToronto After Party Tickets for the TedXAfter Party are now available for the public. The party will go down at UNIUN on 473 Adelaide St. West.	27 Oktoberfest Toronto Oktoberfest is coming to Toronto as a two day event and is encouraging everyone to eat, drink and be merry Bavarian style.	28 Global Citizen Festival The Global Citizen Festival is bringing the music to New York's Central Park in support of eradicating global poverty.	29 World Heart Day The day the World Heart Federation raises awareness for and celebrates healthy hearts

Textbook selling made easy online

Dilara Kurtaran
Life Reporter

Students now have the option to sell their used textbooks to others through an online marketplace by the Humber Students' Federation.

The website, accessed through Humberlife.com, is offered as a convenient alternative to waiting in a bookstore line at school.

In the past, students had to wait at the campus store to sell back their used texts for cash or visit the HSF office to get a cheque.

"It is online because in previous years it was in our office and it became too much of a hassle," said Kay Tracey, vice-president of student affairs for the North campus. "People used to come so they could sell their books (but) everything was going in our office."

The marketplace also gives students and alumni the option of selling their books throughout the year. At the bookstore students have to wait until the end of the semester to trade in their materials.

"I don't like selling books at the book store because they get a new edition the next semester so I can't sell my book," said Hassan Ahmed, 20, a third year business administration accounting student.

Some students said money they got from the bookstore was insufficient, although payments aren't different on online service.

"I bought a textbook for \$75 without taxes, then when I sold it back I got \$18," said Wanda Hoogewerf, 21, a general arts and science student. She added, however, that the online marketplace made her life easier.

Used Book Market

LAKE SHORE | NORTH | GUELPH-HUMBER | ORANGEVILLE

BMGT 201 Principles of Management
North - School Of Business

The Human Project 5th Edition
North -

Fundamentals of Canadian Business Law, 2nd ed.
Lakeshore - School Of Business

Financial Management
Lakeshore - School Of Business

Quantitative Methods for Business
Lakeshore - School Of Business

Simply Accounting by Sage Pro 2011
Lakeshore - School Of Business

CANADIAN CORRECTIONS

SCREEN SHOT
HSF's online used book market allows students to skip the long lineups at the bookstore when they are reselling their textbooks.

Students feel safe walking despite road death

Trevon Marsh
North Etobicoke Reporter

Despite the recent road death of 14-year-old middle-school student Violet Liang, students of Humber College say they still feel safe commuting to school thanks to the presence of campus security.

Liang, a student of C. W. Jeffreys Collegiate Institute, was struck and killed on her way to school by a truck on Sept. 3 at the intersection of Sentinel Road and Lamberton Boulevard.

Some Humber students say there is no issue with campus security, but rather student behavior as pedestrians.

"There are sidewalks and people still love to cut through the parking lot," said Alijah Grant, 18, culinary skills student. "The security should tell everyone to walk on the sidewalks but I doubt anyone would listen."

Students should be self aware of the roadway activity around them in the mornings, said Grant.

"We have a lot of security guards here," said Soo Bin Hyun, 23, a security guard at Humber's North campus. "We start our shifts at 6:30 in the morning and start our traffic controls to make sure commuters are safe."

Hyun said deaths like Liang's should be preventable here at Humber. "Most of the people here are adults so we should all take caution."

Some students feel Humber is at an advantage with campus security to ensure safety.

"The security does the best they can," said Ashley Kumar, 19, a spa management student. "Students should take advantage of the police officers out front and guards because some schools don't have this kind of protection in the mornings."

"People need to slow down when driving. Everyone is always rushing to work in the mornings and won't take the time to stop and look. It's sad," said Kumar.

Residence safety upgrade: \$2-million

Jesse Noseworthy
Residence Reporter

Students living in residence should expect some minor disruptions while Humber upgrades its fire and sprinkler systems.

Lynn Newhouse, associate director of Campus Services and manager of North residences, said she was anticipating about a month and half from the beginning of first semester to completion of the \$2 million project.

She said the upgrades couldn't be completed in just the summer months, since the project is so extensive, involving maintenance and

repair as well as new installation.

Speaker systems for fire alarms are being installed in the first and second floors of the T building.

The plan is to have a speaker and a sprinkler system in every room.

R and S buildings received the upgrades earlier this summer but the T building was delayed when blueprints showed inaccurate locations of the wiring within rooms.

"We try to give them [students] as much notice as we can," said Newhouse in regards to when the upgrades will take place.

"Upgrades (in each room) will take about two to four hours," she

said.

Students must vacate their rooms while the upgrades are in progress. If they require something from their room, Newhouse said it's okay for students to return briefly.

Precautions will be taken to ensuring valuables don't go missing.

"We have someone there during the installation to ensure that nothing disappears," said Newhouse.

Once the upgrades have been completed, residents can expect a few drills to test the speaker and sprinkler systems. Sprinkler pumps will be tested, but not the actual sprinklers.

"Two million dollars? That's a little outrageous," said James Horne-Deus, a first-year business student at the University of Guelph-Humber and a resident of R4.

Horne-Deus said he feels that Humber's fire prevention systems in residence are more than adequate.

"That's money that could be spent on upgrading the amenities to the building rather than trying to upgrade something that is perfectly fine," he said.

Since Horne-Dues is a resident



of R building, he won't be directly affected by the upgrades in T building, but he said he feels the money used towards the upgrades will affect him.

"The whole set up is annoying, they knock on your door at 8:30 a.m. and don't start working until 11-11:30 a.m.," said Max Bush, 19, a first-year multimedia design and development resident in the T2 building.

Upgrades were completed on Bush's room at the end of last week.

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Pot carries risk of psychosis for vulnerable: study

Julianne Fox
Fashion Reporter

Marijuana abuse can trigger or worsen psychosis, reports a study by the Schizophrenia Society of Canada.

It suggests that individuals who have a family history of mental illness are more likely to develop psychotic health issues from recreational cannabis use.

The four-year study was funded by Health Canada's Drug Strategy Initiatives Fund to inform vulnerable youth of the risks.

"Pot has the ability to exacerbate psychosis in people with family history and/or genetic predispositions," said Noah Litvak, 22, a student at the Canadian College of Naturopathic Medicine.

Past research has shown that

those prone to psychosis are four to seven times more likely to suffer from a psychotic illness after using the substance.

"Factors that influence and enhance their risk include brain development, reaction to the drug itself, and the amount of drug one uses," said Kylie Deschenes, a nurse at the North Bay General Hospital who has worked closely with clients diagnosed with drug-induced psychosis.

"If an individual's brain is still developing, it puts them at a greater risk due to premature maturation."

Increased use of the drug can lead to a more debilitating mental health issue, according to

Cannabis and Psychosis, the national research project of the Schizophrenia Society, which also



PHOTO BY JULIANNE FOX

Recreational marijuana users with a family history of psychosis are more likely to develop these symptoms.

links psychosis with other illnesses. It can be a symptom of bipolar disorder, delusion, depression, post-traumatic stress disorder as well as schizo-affective disorder.

The effects of marijuana use are not outlined in general psychol-

ogy classes at Humber, according to a student who has taken such a course.

"I understand there is so much to cover with psychology, but I'm surprised we didn't learn more about substance abuse causing

mental illnesses," said William Gilleland, 23, a second year student in the film and television production program.

"It definitely could not have hurt, because it is pretty evident that many people are pot smokers."



PHOTO BY DONNA MARIE SEVILLA

The Food and Beverage Service and Hotel and Restaurant Management students in their temporary classroom T131 at the Humber North residence.

Classes temporarily held in residence

Hospitality students' classes relocated while Humber Room under renovation

Donna Marie Sevilla
Health Reporter

Students in the hospitality, and hotel and restaurant management programs are without a classroom due to ongoing renovations to the Humber Room.

The last major renovation to the programs' restaurant at North campus was 12 years ago and it's now undergoing a complete revamp.

Richard Pitteway, food and beverage manager, said during renovations hospitality students were placed in T131, a classroom in the T building next to the residence.

Pitteway teaches food and beverage service theory, and food and beverage service practical, which usually hold its classes in the Humber Room.

"Because the Humber Room is under renovation and we need space, this is the only space we could find," said Pitteway.

The new layout of the restaurant will include changes like an expansion of the bar, a new ceiling, and hardwood flooring in the place of carpet. The estimated cost for the overall renovation project is \$1.2 million, according to Alister Mathieson, the dean of the hospitality, recreation and tourism.

He said that the money comes from college funding and private sector funding. Because the project is under the budget, the remaining funds will go back into the college.

Mathieson said that the state of the art facilities are pivotal for higher learning.

"The Humber Room, like our culinary labs... and exercise labs, are leading edge facilities, and it's an important part that the delivery of our curriculum is our students are in leading edge facilities that resemble the marketplace," said Mathieson.

Pitteway said that the students have been taught all of the new methods and equipment that they'll need to use when in the Humber Room.

Humber food and beverage service student Bonnie Bilous, 25, said

that the knowledge she's receiving through the instruction of the professors and the hands-on experience helps her the most.

"They've been in the industry for more than 20 years and they're passing on that knowledge that they know into fourteen weeks for us so it's definitely helping me a lot," said Bilous.

Gow Hastings Architects is the architect in charge of the Humber Room design. The company has also done projects for Humber College in the past, such as the Humber Design Centre at the N building.

Pitteway said that students were able to start their practical lessons in the restaurant Tuesday.

Renovations on the Humber Room began mid-June and will be open tentatively on Sept. 30.

Sustainability rating

Continued from page 1

Much was taken into consideration for this rating, but Humber's facilities department played a large part by working to reduce water and electricity consumption, and greenhouse gas emission, said Walker

She said the school's efforts to preserve the butternut tree, a vulnerable species, played an important role.

According to Alexandra Link, Humber's Arboretum and Centre for Urban Ecology director, the school planted six butternut trees on June 14, as part of an ongoing project to preserve the endangered species.

The school is working as part of this project with the goal of one day having a seed that is resistant to the butternut canker, a disease that is killing about 90 per cent of the trees.

Walker said there are already new goals set for reducing electricity, water, and greenhouse gasses next year. There are also plans to continue improving the recycling and transportation around the Humber campuses, she added.

Kerry Johnston, the co-ordinator for Humber's sustainable energy and building technology program, said, "Walker is championing this new emphasis on sustainability at Humber," and that his students take an active role in this initiative through the program and Humber Students' Federation's sustainability club.

"Sustainability is common sense," says Johnston. "It really doesn't cost any more to do things in a more sustainable manner."

Gym use jammed at start of the new semester

Jacob Wilson-Hajdu
Crime Reporter

Humber Athletics is always busy at the start of the year, but wait times to use the facilities can be worse than others.

"Right now, because it is September we are really busy," said Rick Bot, Athletics evening facility manger. "It's very busy at our service desk especially because everyone is filling out the waivers."

The facility sells monthly, six-month, and annual memberships.

"We have many outside members," said Bot. "A lot of our alumni come back to use the facility and also a lot of our staff use the facility." The traffic at the gym, especially this month, seems to affect some of the regular users of Athletics.

"I have been to the gym for as long as I have been going to Humber. I have noticed that the day usually is the worst time to go, since all the students that bus here use it then," said Kyle Bishop, a fourth-year Humber electrical engineering student.

Bishop has also noticed certain times of year are worse than others.

"Usually September and January are the worst. I've noticed after January it especially gets busy with everyone's New Year's resolu-



PHOTO BY EARL ABALAJON
Derrick Djan, a 22 year old Fitness and Health Promotion student, works on arms at Humber Athletic Centre.

tion. But then it dies down after a couple weeks and is back to routine after the third," he said.

Humber Athletics is busy not only with people looking to do personal fitness, but also with student classes that need to use the services.

"We have been busy with lots of classes in the morning, with police foundations students, fire and

rescue, paramedics and other programs," said Dean Wylie, Humber Athletics facility manager.

"Right now all the students are coming in to sign those waiver forms, so we don't have an average number on how many students are using the facility quite yet," he said.

For students looking for daytime use of the facilities in a busy

part of the season, Wylie said certain times are better than others.

"Our peak time is around 11:30 a.m. to 2:30 p.m.," he said.

Humber Athletics provides such services as fitness classes, recreation, aerobic machines, weight training equipment and a therapy clinic. For more information and hours of operation visit athletics.humber.ca.

for this service already as it is taken from tuition fees. Part-time students can be added to the health plan if they pay the student activity fee.

Other colleges in the Toronto area are also aware of the need to keep students up to date. Stephanie Ferreira, a customer service associate at Sheridan College said, "The Sheridan Union makes a conscious effort to keep students informed through our website as well as many on campus events like orientation week."

Sheridan also has an insurance card that is mailed to students so a claim can be made faster and with less hassle. Humber used to have a card, but HSF found that students were frequently losing them, so they moved it online.

Some students already have insurance through parents or

employers. Unlike Sheridan, students cannot decline their Humber benefits and get their money back.

"Students at Sheridan have the option to opt out of the plan by a certain deadline by providing proof of coverage from another health plan," said Ferreira. "If the proof is valid they will then receive a cheque in the mail, reimbursing their fees."

HSF used to offer their students this option, but stopped because it was causing too many problems for their staff, said Tracey. "Other colleges have this option because they only offer one basic plan," she said. Instead, the college decided to offer a flexible insurance plan.

"I do have full coverage from my work, but...Humber is worth the extra money," said Neilson.

Safety on campus is top issue

Albert R. Williams
Diversity Reporter

Despite recent incidents involving sexual assault on Canadian campuses, including nearby York University, first-year fashion arts student Roxanne Deblois said she feels "very safe living here at Humber College."

Within the last 30 days, several men have been charged with the sexual assault of a female student at a post-secondary institution in Ontario. The latest incident occurred on the York University campus on Sept. 15, resulting in the arrest of a 35-year-old man, reports Toronto Police Services.

Deblois, 20, said she credits her sense of security to the various measures that have been put in place by Humber's Public Safety and Emergency Management. These measures include closed circuit televisions (CCTVs), access-controlled doors and a walking-partner system that provides security personnel to escort students across campus at night.

"Humber sees customer service as a priority and the best way this department can do that is to ensure students feel safe," said Rob Kilfoyle, director of public safety for the college.

Humber sources its security guards from the agency Primary Response, said Kilfoyle. They are retrained by the college to prepare them for the student population and dealing with emergencies.

"The foundations are the same as other post-secondary schools, but here at Humber we add the element of customer service," said Kilfoyle.

Kilfoyle cites the Rape Aggression Defense training as an example of his department ensuring that the customers are served adequately. RAD training, which will be offered next month at North and Lakeshore campuses, is a free eight-hour session that equips female students and faculty members with self-defense skills.

Students who enroll into the program are taken through various scenarios and taught how to disarm an attacker and protect themselves. The program's main objective is to help students to protect themselves on and off campus.

"I have heard about the RAD training, but have never really felt a need to take it," says Shalini Soosaipilia, 19, a second-year student in family and community social services at Humber. "I feel safe on campus because the security guards are everywhere."

Students ignorant of their paid health plan

Emily Maloney
Transportation Reporter

Despite health insurance being largely paid out of tuition money, many students are uninformed about their healthcare coverage.

Eric Neilson, 20, a first-year student in media foundations, said it's his first time hearing about a health insurance plan. Another student, Giuseppe Langiano said, "I know there's plans through word of mouth, but I am surprised I didn't hear anything about it from HSF?"

Humber Students' Federation

representative Kay Tracey said, "We have brochures at our front desk. We use social media, the (campus) televisions and the radio."

Students at Humber are entitled to supplementary health insurance through the school, with different plans available to full-time students. There is a basic plan for students with dental needs and an enhanced plan for students with prescription-based needs. The balanced plan is 80 per cent coverage to a maximum of \$2000 per year.

Full-time students have paid

Immigrant blood donations falling short

Jarasa Vikneswaran
News Reporter

Toronto is a major supplier for the blood system in Canada, but more is used than donated, according to Canadian Blood Services, which is conducting blood donation clinics at Humber North campus today and tomorrow.

"The number of hospitals located in the GTA are relatively high, making blood donor supplies a high demand," said Angela Smith, spokesperson for Toronto's division of Canadian Blood Services.

Toronto is a city made up of numerous ethnic groups, many which do not have an established blood system in their home countries, said Smith.

"Donating blood wasn't a priority for many immigrant populations living in the GTA," she said. "Because of the lack of education about the blood system and its

importance, a large group did not find being a blood donor a priority."

In Toronto, people often have the impression that somebody will donate blood so they do not have to take time out of their busy schedules to do so, said Smith.

"Another reason our city has low donor rates is the city lifestyle itself; people are busy with many not living near to where they work so their time to donate at our Toronto blood clinic is often limited," she said.

Donating blood not only benefits others, but there is also a health benefit for the donor, said Smith. "Studies show that donating blood reduces iron levels which can thicken blood and increase free radical damage."

"We've got (people ranging from) cancer patients to victims of car accidents in need of blood transfusions," she said. "Donating blood is a great way to give back

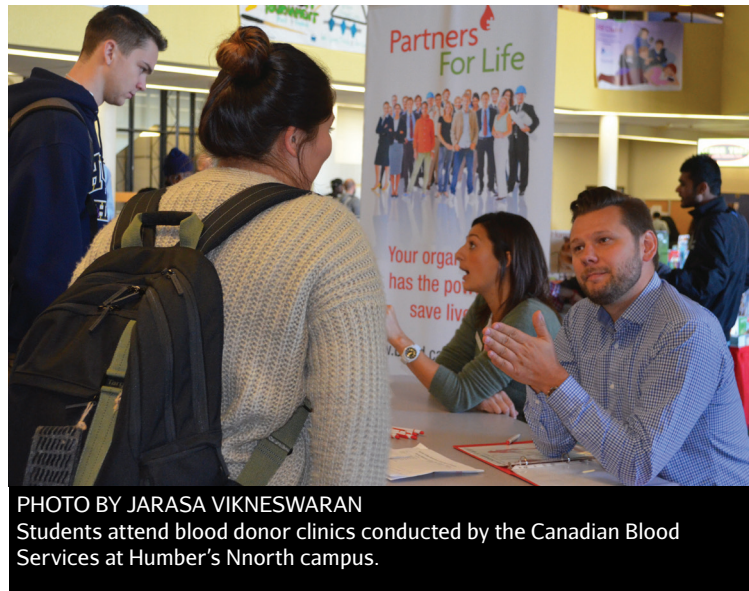


PHOTO BY JARASA VIKNESWARAN
Students attend blood donor clinics conducted by the Canadian Blood Services at Humber's North campus.

to the community and have a personal connection knowing you saved a life."

Each pint of blood donated is equivalent to 455 mL, which can save up to three lives, said Mark Malinowski, community development coordinator for Canadian

Blood Services.

Humber Students' Federation regularly invites the blood donor clinic to have students contribute by donating blood for Canadian Blood Services.

Malinowski will be hosting the blood clinic this year at Humber

North campus, taking place today and tomorrow in the central concourse at 10 a.m. to 3 p.m. for students to give blood.

Tanees Ahmed, practical nursing program at Humber North, a first-timer said there's a need to further educate the large immigrant population as low donation rates have a lot to do with the high level of immigration to the city.

"Being in a nursing program I understand the value of someone's life, so to know that by donating blood you can help somebody's life is a very rewarding feeling. And I know Humber will do a great job this year of keeping students well informed of the importance of donating blood," said Ahmed.

Malinowski said last year, 144 units of blood were collected.

"That's 432 lives in total collected last year during fall semester, (and that) will be our same target this year too."

Frosh under fire for rape chants, Humber reacts

Comfort Obeng
General Assignment Reporter

Drunk, crazy and disorganized is how Rachel Dykes, 19, early childhood education student at the University of Guelph-Humber, described her experience at Humber's Frosh week paint party.

"The busses are really disorganized," said Dykes of a ride from Lakeshore campus. "It's crazy, there's people jumping over people and lots of trampling just to get to the bus. Three to a seat and some were sitting on people's laps."

Frosh week festivities at Canadian post-secondary schools have come under new scrutiny in the wake of recent events at Saint Mary's University in Halifax. The east coast school was heavily criticized after students at frosh week chanted about engaging in non-consensual sex with underage girls.

Despite occasional excesses, Frankie Donkor, 20, criminal justice student at the University of Ontario Institute of Technology, said frosh week remains an important part in welcoming students.

"Maybe schools should add more surveillance and take more

precaution. I think frosh week is great because students need to make friends and have fun before school starts."

Robert Kilfoyle, director of public safety and emergency management at Humber, said that the events that took place at Saint Mary's University are troubling and that the incident will help with awareness.

He also said that Humber Students' Federation was in touch with school security months in advance of the paint party and participated in meetings at Humber Lakeshore.

"It's important to get involved early on and plan security accordingly," said Kilfoyle.

Topics such as crowd control, alcohol and drug use were major issues that were focused on.

Kilfoyle also noted that 48 additional staff were hired for the events at frosh week along with police for each event and emergency medical services.

Notwithstanding security challenges, Kilfoyle said he agreed that frosh week is important for student experience.

"I think students need to feel welcomed into a bigger community. It's a positive thing," he said.



HUMBER

Centre for Human Rights, Equity & Diversity | HR Services

2013/2014 Diversity & Inclusion Dialogues

The Politics of Becoming Black: Enhancing the Success of Black Students

September 27, 2013, 1:00 pm. – 3:00 pm.

Lunch will be served at 12:15 pm.

Governor's Boardroom, B101, North Campus

205 Humber College Blvd., Toronto ON, M9W 5L7



Presenter: : Dr. Awad Ibrahim, PhD
Professor, Faculty of Education
University of Ottawa

Presentation Objectives:

- Explore the challenges Black students' experience in Postsecondary environments: Exploring the notion of becoming Black.
- Identify strategies that will assist in integrating aspects of modern Black culture in pedagogical practices to enhance student success.

To register e-mail: candice.warner-barrow@humber.ca
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hrs.humber.ca/diversity

This document is available in alternate format upon request



PHOTO COURTESY OF LYDIA SCHAEKE
A shot from the Post-it wall at last year's Great Canadian Appathon.

App contest delayed

Jessica Richard
Biz/Tech Reporter

The postponement of this year's Great Canadian Appathon is creating issues for third-year gaming students at Humber.

Every fall, students in the gaming program compete in the event to hone their skills, meet new people and win prizes, but this year's appathon has been moved to the spring.

One of the issues is that appathon organizers have a major project called a capstone, which is due in the spring. This is a game that the students design and create over their entire final year and needs to be finished by graduation.

Third year student Branden Wilson, who participated in the event last year said that he had been looking forward to the appathon being at the beginning

of the year so he could go with friends to get the experience before things got hectic.

"It allows you to design on the fly and forcefully manage your time and that may become crucial when you're designing your capstone," he said.

Lynda Hausman is a professor for the School of Media Studies and Information Technology who organizes the Humber hub for the appathon alongside co-faculty member Umer Noor. She said she believes there are more benefits to a fall appathon for third-year students, because they are confident in their skills while not being under too much pressure to complete their capstones.

"It's nice because we get students from all different semesters participating, so people get a chance to meet the students in other years when it is generally difficult to do so," Hausman said.

Lydia Schaele, the press contact for XMG Studio, which organizes the event, said that she was unable to give any details on why the event was postponed other than that it has something to do with a new sponsor.

"Because it's supposed to happen at the beginning of the year, it's a good warm up of a stress scenario to get the students to build momentum," said George Paravantes, the program coordinator of Multimedia Design and Development. "It's a high stress situation that helps get them ready for their big project."

Hausman and Paravantes both said that there are many benefits to participating in this event regardless of what year the student is in, "There's a monetary value, but I think the main benefits are that they work in team-based situations where they build camaraderie," he said.

Unpaid internships focus of concern

Getting hands-on experience good but exploitation, loss of jobs cited

Ainsley Smith
Biz/Tech Reporter

Laurentian University student Samantha Bokma, 22, worked part-time as a constituency assistant for Barrie MPP Rod Jackson this past year and is now claiming that when her job abruptly ended in August, she was being replaced with an unpaid person.

Bokma's complaint is the latest in a string of recent criticisms about unpaid internships in Ontario, often about poor experiences.

"Hearing that a number of Ontario students were unhappy with their placements and had taken legal action about how they were treated made me nervous to begin my internship this fall," said Rachel Olson, 19, a second year Fashion Arts student.

"I wanted to have the best experience possible," Olsen said.

Last Tuesday, at a meeting at Queen's Park, Jackson challenged some of Bokma's previous claims, stating that she had resigned from her position early and had left the workplace disgruntled because there was no longer part-time work available past the summer

and the company no longer had the budget.

For Humber students that are looking into internships, Sanjukta Das, Humber's Business School placement advisor said students should always work for companies that require students to sign formal consent forms, employee and student agreement forms and even insurance forms.

"Humber internships are hands-on work experiences that help transition the student into the workplace," said Das.

Das said one of her responsibilities at Humber is to help educate the employer on treating interns properly.

"If a student ever does feel uncomfortable or discouraged during their internship, they can come to me for help and support. I am also here to help educate the employer to ensure (a good experience)," said Das.

Bonice Large, 20, a second year Fashion Arts student, said that she heard about internship problems over the summer.

"Despite all of the negativity I was hearing about other students, my internship so far has been amazing. It has opened a number of doors for me and I have met so many great contacts," said Large. "Entering into my position I had to sign a contract, so I was well aware I wouldn't be paid and I was okay with that."



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2013/2014 Diversity & Inclusion Dialogues

The Politics of Becoming Black

Saturday, September 28, 2013, 10:00 am. to 12:00 pm.

Complementary breakfast: 9:30 am.

Lakeshore Campus, L1017

3199 Lakeshore Blvd W, Toronto ON, M8V 1K8

Opening remarks: Principal Wanda Buote



Presenter: **Dr. Awad Ibrahim, PhD**
Professor, Faculty of Education
University of Ottawa

Presentation Objectives:

- Provide an overview of Hip-Hop – its music and history.
- Explore the relationship between Hip-Hop and the concept of Blackness.
- Strategies to enable success for Black youth.

To register e-mail: candice.warner-barrow@humber.ca
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hrs.humber.ca/diversity

This document is available in alternate format upon request



PHOTO BY BRENDAN QUINN

More than a thousand people lined up at Georgian Mall for the midnight Sept. 17 release of the highly anticipated game, Grand Theft Auto Five.

I do feel that any success story has a positive effect on the industry as a whole.

Josh Taylor
Programmer, EA

"I do feel that any success story has a positive effect on the industry as a whole, and shows that the video game sector represents a huge part of the entertainment industry as whole."

Rockstar has had huge successes in the past, and was able to afford the monumental costs of developing and marketing this game. Not all companies have this ability however, and some believe that only wealthy, large-scale developers are capable of sales like this.

"I think on one side it's great, because \$265 million equals a lot of jobs. It's awesome that companies are willing to put that amount of time and effort into a big epic like this," said Dan Adams, 25, a third year student of Humber's game programming program.

"On the other hand, if the game flops, that company is done and a lot of people are going to be out of work and flooding the job market," he said.

The game is currently available on the PlayStation 3 and Xbox 360 consoles, but will be re-released next year after Sony and Microsoft launch their next generation consoles, the PlayStation 4 and the Xbox One.

Grand Theft Auto to break records

Brendan Quinn
Biz/Tech Reporter

After five years in development and a whopping \$265 million dollars for production, Grand Theft Auto 5 created by Rockstar Games is set to smash sales records.

With more than three million copies pre-ordered, the game is

predicted to rake in over \$1-billion. Stores all over the country hosted midnight launches for those that couldn't wait to get their hands on a copy.

The Grand Theft Auto series has been both praised and condemned for its crime simulation gameplay. Stealing cars, robbing banks, shooting police and mow-

ing down prostitutes in hijacked vehicles are just a fraction of the scenarios for players to explore.

Aside from criminal activities, players will also be able to play golf, scuba dive, buy property, trade stocks, skydive and more. This entry in the series is set to be the largest yet, with the playable area being bigger than the three

previous games combined at 49 square miles.

"I believe this will have a huge impact on Rockstar and its parent company Take-Two Interactive and their reputation," said Josh Taylor, a programmer for Electronic Arts Studios in Vancouver, B.C. He estimates the game will see sales in excess of \$1.5 billion.

iPhones 5C, 5S hitting market

Mackenzie Wood
Biz/Tech Reporter

At a recent news conference, Apple released its next generation smart phone, the iPhone 5S and the 5C.

The iPhone 5S has not been released for pre-order at the Apple Store while the more affordable 5C has already been released.

"The 5C is already able to pre-order as of the 13th of September, and the 5S will be available for preorder [from the Apple Store] on the 20th," said Apple representative Mike Kurt.

With the two new smart phones, the next update of iOS or Apple operating software will be released as well.

"As far as I know, for the iPhone [5S], there will be a great deal of features coming along with iOS7. Things like easier access to settings, do not disturb, and even a

flashlight function built in," said Kurt.

Until the new software is released it will be hard to confirm any of the features that are rumored to be included.

Both smart phones were unveiled with various opinions, with some not sure which phone is the smarter buy due to the 5C being marketed at a lower price than the 5S. A 16GB iPhone 5C costs \$99 while the 5S costs \$199.

"I don't know if I'm going to go back to the iPhone, because today, for instance, I was watching a soccer game on my phone and to be honest the screen is pretty small. As well, the graphics aren't as good right now," said Terry Khyzhnyak, a second year marketing student at Humber College.

Khyzhnyak has had his iPhone for two years, but despite the announcement of the new iPhone, he's looking for something new.

"If I do change to 5S I know there is going to be a slight difference but not a real huge one, in comparison to Samsung or the Sony Xperia. They would have my vote for the screen and other features," he said.

There are some that remain loyal to their iPhone, and are excited for the next generation of smart phones.

"I am very satisfied as an iPhone user and I am also extremely interested in upgrading," said Véronique Mercanti, 20, a second year student in the hospitality management program.

"The model that I want to upgrade to is the 5C because it is definitely the cheaper version."

The 5C is currently available for preorder at the Apple Store while the 5S will be released for preorder on the Friday.

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Hazing is not school spirit

Welcoming students is a tradition in post-secondary life.

Many of us have participated in welcoming week events at some point during our college or university career. These frosh week events are a great way to build character, promote school spirit and ease students into a new environment, with many students living away from home for the first time.

The activities of the week undoubtedly benefit you as the student. It's an opportunity to get to know your school and the people who are attending it with you. Humber's frosh week has in the past consisted of paint parties, LED shows, as well as many social exercises and pep rallies. Students anticipated the events and described this as a week of fun.

But a week of fun can quickly turn foul when young people gather and ultimately rally together.

The infamous "rape chants" that were brought to light in re-

cent weeks at the University of British Columbia and St. Mary's University in Halifax are bringing forward the discussion of how we welcome newcomers to our schools as fellow students. In these cases, freshmen were directed by their student leaders to participate in a chant that endorsed the rape of female minors.

These types of chants and even hazing or initiation events occur under the guise of school spirit, where instruction from frosh leaders blurs the minds of more impressionable newcomers to the post-secondary setting.

Where did the innocence in welcoming students to a new environment go?

Harrison Kowiak is an example of the effect that traditional initiation practices can have on youth. He was a victim of a brutal fraternity welcoming event gone wrong in the United States back in 2008. The 19-year-old student

at Lenoir-Rhyne University in North Carolina was pummeled to death in a field as part of his pledge to the fraternity Theta Chi. His case is back in the news as his family is now seeking legal action because his former school isn't.

In 2012, ten students died as a result of hazing and initiation events in the United States.

It's the school's responsibility to make sure events like the one at Lenoir-Rhyne don't continue to happen. Not only is this a bad representation of those involved, it presents a false image for students about their school and their peers.

The goal of frosh week across Canada is to offer help in the adjustment from high school to a post-secondary education. But when these events go uncontrolled they can take a turn for the worst.

David Bodenberger was another victim of an uncontrolled welcoming event gone wrong. The 19-year-old Northern Illi-

nois University student died after participating in a binge-drinking event last November. Bodenberger had a blood alcohol level five times higher than the legal limit.

While post-secondary institutions don't always lead welcoming events, they are nevertheless a reflection of the school. Lenoir-Rhyne University, Northern Illinois University, UBC, St. Mary's University and countless others will forever be recognized for the issues surrounding chants and hazing.

In an attempt to fix their wrong, UBC issued a statement saying all 81 student leaders are required to attend community service. The school will be donating \$250,000 to fund a position to provide counselling on sexual abuse as a result of the outcry.

As we continue through the 2013 school year, and as more students enter fraternities and try out for sports teams, more hazing, rape chants, and assault stories will continue to flood newsfeeds throughout North America. Maybe one of these cases will end in a call for moderation.

Rape chants expose an ugly culture



Thomas Rohner, Design Ed.

The official responses from universities where misogynistic, violent and sexually-charged frosh chants streaked from local campuses to national headlines in the past few weeks leave much to be desired.

The responses began with a claim to absolute ignorance.

"I've never heard anything about this before," said Andrew Riley, a spokesperson for the business school whose student organization led the frosh chant at University of British Columbia. The story first appeared in the campus newspaper, *The Ubyssy*. A few days earlier, an almost identical chant was used at St. Mary's in Halifax.

An assistant dean at the school released a statement that read, "We have no knowledge of any inappropriate behaviour by our students."

Right. Students never behave inappropriately.

Such responses ring hollow and out-of-touch, and it's not hard to see why: in reacting, UBC and SMU ceased being institutions of higher learning, based on ideals flouted in ad campaigns, and donned the hats and rhetoric of corporations.

Students interviewed by nearly

every major media outlet confirmed what readers already knew: these chants are historical, persistent and suggest an uglier, more violent aspect of our society. But university officials couldn't admit this obvious truth.

The lyrics of the two chants were almost identical, and both promoted non-consensual sex with underage females. How could the (virtually) same chant be used at two frosh events almost simultaneously at opposite ends of our oversized country? Well, of course, they share a culture.

"The frosh activity is really just an indicator and a sign that there are problems about how women are regarded and what's considered acceptable conduct," Wayne MacKay, a law professor at Dalhousie University in Halifax told a Canadian Press reporter. MacKay was hired by Saint Mary's to gauge the perception of women and the "culture" around sexual violence on campus in the aftermath of the bad press that followed this fall's frosh events.

If this is a cultural problem, how can university officials claim ignorance? Cultures don't pop up over night; they are ingrained, they evolve and they permeate. Students get it. But apparently the universities in question—alleged bastions of cultural identity—were clueless.

What's at work here is the age-old mentality of *see no evil, hear no evil*.

"If it happens in the group, it has to stay in the group," Jaqueline

Chen, co-chair of frosh at the UBC business school said.

Bloggers and columnists quickly identified this mentality as inherent in many cases of sexual abuse. *Don't tell anybody, this will be our little secret.*

Similarly, the universities denied any knowledge of the chant's message until it was exposed in social media and picked up by news outlets. Their eyes were closed; there was no need to see it because nobody outside their community had witnessed it.

"We will take steps to ensure that nothing like this happens at UBC again," a statement issued by the dean at the UBC business school said a day after the story broke. "Any disciplinary measures

“Bloggers and columnists quickly identified this mentality as inherent in many cases of sexual abuse. Don't tell anybody, this will be our little secret.”

will follow the university's policy on discipline for non-academic misconduct." How do these measures address the cultural problem? They don't, because they're punitive. They're merely concerned with damage control. They seek a scapegoat. Students are a huge liability risk for universities because they're not trained to follow their school's PR protocol.

The day after *The Ubyssy* published its first story on the chant,

it published a follow up article called "Blame society, not our sources." The paper had received a negative backlash for using firsthand, student accounts that told of the chant content. "The reason we quoted as many students as we did was to show readers that you couldn't 'blame' anyone for exposing the cheer," the article said. Their aim was to show how society "legitimized glib songs about rape for many, many years."

Yet that's exactly what the schools have done: blamed the students, not society. They seek a purge of any and all scapegoats, not an intelligent, real conversation on the issue. They've followed the advice of some columnists. "Hey, UBC? Teenagers are idiots. Bam. Investigation COMPLETE," read a headline from National Post columnist Matt Gurney. His article said, "everyone knows full damn well what the problem is: teenagers are idiots." His solution? "Film every event and keep a record of it in case discipline is called for later." Gurney may just land a future job as a senior university administrator.

The truth is misogyny and violence against women is an element of our society that we struggle to talk about and address in a constructive, realistic way. And these unfortunate incidents, occurring at either end of the country almost simultaneously, have been dealt with as "bad press." Clearly, we cannot look for leadership on this particular cultural problem from our managers of higher education.

HUMBER
Et Cetera

Humber Et Cetera serves to inform the Humber community and give its people well rounded coverage on the things that matter to them.

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Redskins: racist relic names still sport traditions



Adam Kozak, Editor

It's never been universally agreed whether depicting Native Americans in sports teams logos and names is racist. There has been controversy over the issue, and names and logos have been removed over the years. But the Atlanta Braves, Cleveland Indians, Chicago Blackhawks, Kansas City Chiefs and the Washington Redskins still wave their banners in major North American professional sports.

It's a sensitive topic for many, and one that deserves careful consideration.

Unfortunately, those in power don't always act with discretion.

Responding to a letter backed by 10 members of the United States Congress as well as members of the Congressional Native American Caucus urging the owner of the Washington Redskins Daniel Snyder to change the team's name, Snyder said: "We'll never change the name. It's that simple. NEVER – you can use all caps."

Put a stamp on it: The National Football League Redskins name, which many say paints Native Americans in a negative light, is here to stay. Rather than taking time to mull it over, or even having the decency to acknowledge that the name is hurtful to some, Snyder's statement reeks of arrogance. He is the only one with the authority to change the name, according to NFL commissioner Roger Goodell. This is, after all, the same spiteful owner who in 2009 sued and consequently bankrupted Pat Hill, a 72-year old grandmother, following her request to waive a \$5,300-a-year seating contract she could no longer afford. Changing the team name wouldn't be Snyder's style.

Despite continued pressure, including the refusal of prominent NFL writer Peter King to refer to the name Redskins, protests at Washington games and a failed 1992 legal battle to nullify trademarks that disparage others, a nickname change under Snyder is very unlikely. One in a million.

Still, Native Americans should continue the fight to eliminate this

name, and the fight for the right to dignity and self-determination... even if they can't win the big one just yet. Recently an Ottawa man filed a complaint to the Ontario Human Rights Tribunal, demanding the local minor league football team, also named the Redskins, change its name and logo. And if history repeats itself, he'll probably win. Collegiate and minor league sports teams depicting Native Americans have changed their name due to outside pressure plenty of times. In 2005, 19 teams within the NCAA were recognized to have potentially "hostile or abusive" names, and were not allowed to use them in post season play or to host tournaments. Team nicknames have promptly changed, and the few that haven't got permission from local First Nation communities.

And therein lies the serious argument against changing a team name: Some Native American organizations and communities won't always find a team name or logo offensive. Many communities do see these names as offensive racial epithets, while many others remain unoffended. Some even take pride in them. It depends on who you ask.

Fans will also say there is a tradition attached to the name Redskins. As a storied NFL franchise that has won championships dating back 70 years, it's part of the fabric of Washington's sporting history. Removing it would mean cheering a name different than the one your dad and grandpa cheered back in their day. In fact, according to an AP GfK poll, only 11 per cent of respondents were in favour of changing the Redskins name. For a majority of the public, keeping tradition is more important than avoiding controversy.

Yet while we should balk at removing relevant pieces of a rich, storied tradition that million of people love and cherish, we have to acknowledge that the lingering presence of racism is the price to pay. Though some are not seemingly affected by the name, many still are.

Within the current status quo, the identity of Native Americans is being demeaned in favour of the tradition associated with a name, and one that can be so easily replaced. There are currently around 1.9 million identifiable animal species in the world. Dan Snyder, take your pick.

QUOTED

Do you think unpaid internships are fair?

"Yeah, if they're limited in time. Students can't work very long without pay. They give you experience that you need."

Carolyn Elliott, 24
Law Clerk
2nd year



"I think they're fair. They give you experience, but I'd report them if they took advantage of me, making me work long hours or asking me to do something unsafe."

Adam Murcino, 18
Multimedia and design
1st year



"Absolutely not. I think they take advantage of students, of free labour. Students are in a vulnerable position and unpaid internships take advantage of that."

Patryk Bugaj, 23
Civil Engineering,
1st year



Human foosball featured mud in mouth, credit plan

Chantilly Post
Life Reporter

Students at Lakeshore Campus had the opportunity to take part in Humber's first-ever human foosball games.

On Sept. 12, Canadian Imperial Bank of Commerce teamed up with FIFA 2014 World Cup to give students the opportunity to sign up for a no-interest student Visa card while participating in a game of human foosball with friends and class mates.

Students were automatically entered into a draw to win \$5,000 and given the chance to win a foosball table simply by hash tag-

ging #CIBCHUMANFOOSBALL via Twitter or Instagram.

Idris Hassan, 20, a first-year general arts student took part in the human foosball game, winning two games in a row with only two other members on his team. When asked what makes a good human foosball player, he suggested keeping your mouth closed because it's easy to get mud in your mouth.

"You never know what the future will hold," Hassan said on the importance for students to financially invest for their future. "Always have something to fall back on."

Freestyle soccer players also attended the event. Steve Elias,

who has been performing freestyle soccer for more than 20 years, roamed around the Humber Lakeshore campus performing soccer tricks for students and staff while keeping them engaged in the event. Originally from Portugal, Elias will be cheering for his home country in the FIFA 2014 World Cup.

Rose Dorland, senior consultant of sales and service from CIBC said students should start as young adults when creating a suitable credit history for themselves.

"We will match what you need to the services we offer," Dorland said. "If we can make them happy



PHOTO BY CHANTILLY POST
Barriers are set at Lakeshore campus field for human foosball match.

through this journey, we know they will stay (with CIBC)."

Jom Xavier, former Humber student, now CIBC employee said, "CIBC is a very friendly stu-

dent bank that supports students. CIBC's student Visa plan is the right choice for students wanting to save money and also create a stable credit history for the future."



PHOTO BY THOMAS ROHNER
The Writing Centre offers one-on-one peer tutoring to Humber and Guelph-Humber students.

Writing Centre open for help

Humber students able to access low-cost tutoring

Hannah Hollingsworth
Life Reporter

Students at Humber College and the University of Guelph-Humber can raise their grades and strengthen skills for only a small fee.

The Writing Centre offers tutoring services to students.

"The Writing Centre is an open, non-judgmental space in which students and teachers work together as a team," said Franc Jamieson, Writing Centre coordinator at Guelph-Humber.

"It just makes your assignment better," said Writing Centre tutor Adam Keller.

The Writing Centre offers free

30-minute appointments for students to work one-on-one with a tutor. Many of the tutors are from the University of Waterloo, or Guelph-Humber students with various writing specialties. Students can receive help with a range of things from formatting to essays, grammar and proof-reading, says Keller.

Student counseling is also available for students.

"The best thing is that it's free," says North campus counselor Andrew Tibbetts.

"Most often it's about personal or stress-related problems," said Tibbetts.

"We attempt to pair the student with the counselor best fitted for their needs.

"Six sessions per student is a guideline, but many students find they only need one session," he said. Tibbetts reassures students can expect to be treated with re-

spect in a friendly atmosphere.

The Peer Programs office offers one-on-one academic help to students.

"Tutoring is the most popular service," said Kara Lee Dell, Peer Tutoring Coordinator at the North Campus. Students pay a fee of \$10 for eight one-hour tutoring sessions, and can receive help for two courses per semester and use up to three sessions per week, according to Dell.

"The tutors are students who have already passed the course in question with an 80 per cent mark or higher," Dell said. "They have to maintain an average [grade] of 75 per cent throughout the semester to keep tutoring."

The tutors are also taught that people learn differently and are trained to adapt to that, according to Dell.

TO THE NINES

HOW WOULD YOU DESCRIBE YOUR STYLE?

Classic.

WHERE DO YOU SHOP?

I don't really have a spot. I shop everywhere.

WHAT'S BECOME A STAPLE IN YOUR WARDROBE?

Scarfs. I like them because the weather is always changing and there are so many colours and styles.



Chelsey Dormer, 21

Fashion Arts, 1st year

By: Alessandra Micieli

LGBTQ group supports students in transition

Students working out their gender or sexual orientation offered a space

Jasmine Kabatay
Life Reporter

The LGBTQ group at Humber goes above and beyond to give its students a chance to have a sense of belonging on campus.

"It's kind of a way to be included in a sense," said Angela Clasadonte, 23, a law firm profiles student at Humber, when talking about the LGBTQ group.

Humber's LGBTQ group offers a space for students who are questioning their gender and/or sexual orientation, and for students who are "out." Each week, new topics will be introduced and discussed among group members including gay rights and information on having safer sex.

"It's fantastic having any student attend because we're making an impact to the individual student," said Pirom Houth, coordinator of Orientation and Transition programs.

"There are some people that have never been in that environment and it was something new for them," said Clasadonte, who



PHOTO BY JASMINE KABATAY
Counsellor Andrew Tibbetts says one of the challenges facing the group is organizing a time for the meetings to fit students schedules.

"The inspiration came mainly from students."

Andrew Tibbetts
Counsellor

was at the first meeting on Sept. 12.

Andrew Tibbetts from Counselling Services at Humber said the group is a highlight for students who are coming to Toronto.

"The inspiration came mainly from students. Hearing stories from students excited to come to

school here in Toronto, but found they were invisible here," said Tibbetts.

The effort has had its challenges. One of them, according to Tibbetts, is trying to organize a time for these meetings since student's schedules are all so different and so full.

Clasadonte, who is also a former student from York University, said the LGBTQ community is different to York.

"At York, there were more gay students in a sense," said Clasadonte. The students were more comfortable being who they were and they actually had a space and more events. At Humber, they have no space, there are barely any events."

"I would like to see more events that aren't just focused on the counselling area, maybe down in cafeteria or maybe even the pub can hold an LGBT pub night. More events I would say," Clasadonte said on her ideas to get the group more attention.

Another idea Clasadonte proposes involves more posters around the school, to get people aware.

The LGBTQ group meetings are held in room B111 on Wednesday's from 11:45 - 12:35 pm on the North campus and in room 116A from 3:25 - 4:15 pm at the Lakeshore campus.

Student budgets: setting boundaries

Shai Williamson
Life Reporter

When school gets out for the summer, responsibilities decrease and time frees up. Making the adjustment to having classes, homework, paying for textbooks, transportation and food, among other things, can be tough on you, and even tougher on your wallet.

According to Statistics Canada, the average undergraduate tuition fee per year is \$7,259. This is \$1,259 more than what it was in 2009.

With students having more of their money go towards an education, they are forced to make do with whatever left over money they have. Choosing where to cut back can be difficult, but it is not impossible.

"Make your coffee before you leave your house... buy your gro-

ceries [instead of eating out]," says Christine Colosimo, an Employment Advisor at Humber College's North Campus.

"There are lots of tools online that you could use. TD Bank has tips on saving money that you'll find on their website under Student Life," she says.

Additionally, Humber College has a page dedicated to tips for saving money on its website such as buying your groceries in bulk and to buy used textbooks.

There are a lot of students who need to hold down a job to make ends meet. That need for a job can pose a threat in their quality of education.

"[I would say] not to work more than 15 to 20 hours a week. Live by an agenda, set your study time, class time and work time," says Colosimo. "You definitely need to set boundaries."

"Having a part-time job is important, but not more important than your study," says Byung Oh, a Career Research Developer at Humber College's Lakeshore Campus. "70/30 might be a proper ratio. 70 goes to your study, and 30 goes to your job."

"I know it is tough to study and work at the same time. However, since the college education focuses on 'hands-on' training, it is recommended to have 'real work' experience while studying at school," he says.

Sara Festin, 19, a second-year Humber College student in practical nursing is one of the many juggling school and work.

"Don't overload yourself with too much work. School should always come first," says Festin.

"If you're driving, park at [Woodbine] Mall and take the shuttle bus over, carpool with people, and bring a lunch because the food's expensive," she advises.

For more information on how to prioritize and save your money, visit humber.ca/financial-aid/money-saving-tips.

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Find the answers in our next issue!

HOROSCOPES

BY LADY F. AND ORACLE T.

♍ VIRGO
Aug. 23 – Sept. 21
You're as majestic as an elephant. Blow that trunk.

♎ LIBRA
Sept. 22 – Oct. 22
You're as jealous as a spurned lover: get a tan and regroup.

♏ SCORPIO
Oct. 23 – Nov. 21
You've been accidentally placed on a pedestal: borrow a step-ladder and climb down.

♐ SAGITTARIUS
Nov. 22 – Dec. 20
You're like your great aunt Ira's perfume collection: you come off too strong. Simmer down.

♑ CAPRICORN
Dec. 21 – Jan. 19
You're like a pig rolling in mud. You just don't care. Wash up for a change.

♒ AQUARIUS
Jan. 20 – Feb. 19
You're lost at sea. Consult your waters and swim back to shore.

♓ PISCES
Feb. 20 – Mar. 20
All that glitters is not gold, but your teeth are. Pawn them.

♈ ARIES
Mar. 21 – Apr. 20
You're like a Chinook wind, too much hot air. Cool off and people won't run off.

♉ TAURUS
Apr. 21 – May 20
Your energy is dangerously low. Call the bunny and recharge.

♊ GEMINI
May 21 – Jun. 20
You're like a sticky bun. Too much bun not enough icing. Sweeten up.

♋ CANCER
Jun. 21 – Jul. 22
You're like Miley Cyrus: too much gyrating and not enough twerking. Twerk.

♌ LEO
Jul. 23 – Aug. 22
You're like Pluto; people used to think you were important but now forget you. Move towards the sun.

Photo agency starts intern's career

Marielle Torrefranca
A&E reporter

Creative Photography alumna Jenna Moon didn't expect to land a full-time job so soon after graduation.

Suzy Johnston + Associates, a photography-based artist representation agency in Toronto, hired Moon, a former intern, as an assistant earlier this month.

As photography is a competitive industry, Moon, 20, is happy with her new position.

SJ+A represents award-winning photographers and connects them with clients and opportunities, mostly in fashion and advertising. With five photographers under its umbrella, SJ+A has connected its artists with clients such as Astral Media, Yves Saint Laurent and several magazines.

However, Moon's new position is more on the business side of photography. She is responsible for tasks such as handling the agency's social media networks, scheduling meetings and reaching out to artists.

After completing Humber's two-year creative photography program, Moon decided that working behind the camera wasn't for her.

"I'd say it was a worthwhile change because I'm still working in the industry," she said. "It's helpful having photography experience while working this kind of job because now I know what I'm looking for when it comes to photos."

Creative Photography professor David Scott said Moon enjoyed the business and people side of the program. "Her curiosity to explore and come up with ideas really held her in good step," said Scott.

Moon's mentor and Creative Photography professor Charles van den Ouden said her creative drive was one of her important qualities. "[Moon] was the kind of person who would not be satisfied doing the [class] exercises," said van den Ouden. "She wanted to do more. She wouldn't just photograph glass; she would drop stuff in the glass. Her left brain and right brain were working at the same time."

On top of her photography experience, Moon attributes her success to her work as an SJ+A intern and networking with people in the industry. She originally landed her internship after connecting with a guest speaker from one of her classes at Humber who



PHOTO BY MARIELLE TORREFRANCA
Humber alum Jenna Moon working in the sixth floor office of Suzy Johnston + Associates.

happened to be a photographer represented by SJ+A.

"I asked [the photographer] what SJ+A does and she gave me Suzy's card to get in touch," said Moon. "It all tumbled from there."

Johnston decided to hire Moon after she stood out during her summer internship. Johnston

recommends that students make themselves invaluable to companies they work for by maintaining optimal work performances. "It's hard enough for students as it is to find businesses [to work for]," she said.

Despite the slight shift in her career path, Moon said that her

new position has shown her the importance of goal-setting and extra-curricular efforts.

"If I did not set these goals for myself outside of school, who knows where I would've gone," she said. "It's proven the only one who can say where I'm going and what I'm doing is me."

DJs throw down on campus

Vanessa Marciano
A&E reporter

Humber College students were given the opportunity to put down their books in exchange for pumping up their peers with their savvy DJ mixes.

The DJ Throwdown event was held in the North campus Student Centre on Sept. 17, allowing aspiring DJs to perform their own 45-minute set as part of the Humber Students' Federation presentation.

Daniel Pasin, VP of student life at Humber North said he wanted first year students to feel welcome at the event.

"College is an experience where you can meet people and create memories," Pasin said. "I had to select the top three DJs, based on the original songs they sent me."

Pasin said the reason HSF held the event at the North campus is because between Lakeshore and North, Lakeshore has more music programs.



PHOTO BY VANESSA MARCIANO
Alex Tozzi and Giancarlo De Marco lay down some beats.

"I find people here at North campus are more into EDM [Electronic Dance Music]," he said.

Giancarlo De Marco, 19, a first year general arts and science student, said the reason he participated in the DJ Throwdown was because his friends convinced him, saying it would be a great opportunity to gain confidence.

"Right now, it's a bit nerve-racking because this was my first big set in front of a lot of people," he said following his gig.

De Marco, who goes by the DJ name Jacked Tunes, played a variety of progressive house and underground music.

Alex Tozzi, 19, a first year architectural technology student, was not only impressed with the

turnout, but came to support his best friend, De Marco, and help ease some nerves on stage.

"He wouldn't have had this opportunity if he wasn't here," he said. "It can only get better, and it's because of Humber that he had this first opportunity to get started and get on his feet."

DJ Throwdown had no panel of judges and the musical showcase was solely for fun and exposure for the upcoming artists.

The event also unveiled high-energy sets from two other DJs and Humber students, Jason Ho and Mikey Palermo.

De Marco hopes to venture his way into Humber's broadcast radio diploma program in the future.

Lakeshore gets cultured

Viktoria Sciacca
A&E reporter

Humber Lakeshore, in association with Lakeshore Arts is hosting Culture Days Sept. 27-29, a three-day celebration of ethnic diversity.

This year Humber is hosting seven different events on campus, such as ghost tunnel tours, an aboriginal celebration, artist Q&As, a cake decorating class and a Bollywood dance workshop.

Nathania Bron, is an activity coordinator for the Bollywood dance workshop at Humber Lakeshore this Friday.

"This style of dance has its roots in traditional Indian dance and fuses Western styles of movement such as jazz and hip hop with the occasional Latino or Arabic influence. Bollywood films use many songs and lots of dancers to help tell their stories. Dance is used in many cultures as a way of expression and storytelling," said Bron.

Culture Days originated in 2009 and takes place all over Canada. The festival includes culture-related activities drawn from the arts of different traditions, giving Canadians the opportunity to appreciate their own city in a fun and expressive way.

Yoga studio owner Lora Lisi, who owns a Culture Days 'Hot Spot,' explains the significance of Bollywood Dance to the Indian culture.

"The dance was inspired by art forms and now represents a specific culture using colourful costumes, scene changes and a whole lot of hip-shaking. It's entirely Indian, yet cross-cultured at the same time," said Lisi.

According to the City of Toronto website, Toronto is "heralded as one of the most multicultural cities in the world." Thirty percent of citizens who live in the city speak a first language other than English or French, and over 140 languages are spoken in total.

Tom Haxell, a post-graduate event management student at Humber, is in charge of marketing the event to the public. Haxell coordinates functions for local artists, who want to use their talents to enlighten others.

"The event demonstrates how Humber College is committed to the community, and to the arts, it's very crucial for us as a college to show that," said Haxell.

The Bollywood dance workshop will be held from 3 to 4 p.m. in the Athletics Studio at the Lakeshore campus.

EVENTS IN TORONTO THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23 Polaris Music Prize Gala 2013 The annual gala is hosted at the Carlu this year, with performers including Metric and a Tribe Called Red.	24 Queen Gallery Poetry Night X An open mic event at Queen Gallery on Queen St. E, which features First Nations poet Mahlikah Aweri.	25 David Bowie exhibition at AGO The North American debut exhibition includes over 300 displays from Bowie's personal archive.	26 Find Your Voice White Ribbon Campaign is hosting a concert event at Grace Church on-the-hill to support the end of violence against women.	27 Art of Fashion 2013 An annual fashion design competition and fashion show which features over 200 designers. Held at Toronto hotel, Sudbury 99.	28 Iron & Wine The U.S. indie rockers are playing at Sound Academy. Doors open at 8 p.m.	29 Chris Claremont store signing The Marvel legend, known for his work in Uncanny X-Men, will be signing at Dr. Comics store in downtown Toronto from noon to 6 p.m.

Canadian poetry ads relaunch in TTC vehicles

Rebecca Hamill
Reporter

The Canadian League of Poets is bringing verse to the masses with the advertising campaign Poetry in Transit, in collaboration with Canadian marketing agency Patison Outdoor.

The program places advertisements displaying work from dozens of Canadian poets in TTC busses and subway trains.

"The poems have a possibility for a million riders to see," said Matthew Williams, vice-president of House of Anansi Press.

"Literature should be a part of our daily experience," said Humber English professor Sarah Armenia.

Financial support has been provided from Canadian Council for the Arts, as well as CBS Outdoor Canada, which donated the ad space, said Williams.

Williams was involved with the program in its previous incarnation, Poetry on the Way, for 14 years, and one of its few volunteers when it was founded in 1998. It remained active until 2011.

Armenia said the transit campaign shows, "the city holds creativity and creativity holds importance to Toronto."

"These ads mean more than trying to sell the next major phone to someone," said TTC ticket collector Claude Wright, 51.

"There is not enough of it... it should replace advertising," said Armenia, noting that the poems provide opportunity for students to think, to pause and even go on to purchase the poet's work. Not everyone agrees.

"The Poetry in Transit is basically like any other ad," said Karolina Opinski, 19, a first-year finance student at Humber. "You give it a look only once. I did read them once, never gave it a second look."

Approximately 120 poems have been displayed on buses and subway cars since 1998, said Williams.

Poetry in Transit will continue until July 1, 2014.



PHOTOS BY ALEJANDRA FRETES
Shelby Wright (top), ColinResponse (left), and Bryan Marks perform.



Open Mic 'because it's fun'

Alejandra Fretes
Reporter

Open Mic and Variety Night returned to Humber Lakeshore campus on Sept. 18, and the student talent show is now expected to run monthly. With no set performers list, Humber students are encouraged to perform stand up comedy routines, acoustic musical performances, dance routines or film/video shorts in an impromptu performance.

"The whole mentality around it was that we have one of the best music programs in the country, so we wanted to give students an opportunity to perform," said Colin Edwards-Crewe, a musician who performs as ColinResponse, and vice president of student life at Lakeshore in the Humber Students' Federation, which organized the event.

Marshall Veroni, 19, a creative advertising student and amateur

musician, was just one of the many performers at Open Mic and Variety Night.

"I'm here mostly because I like performing. I came because it's fun and it's easy and it's free," said Veroni, who performed on acoustic guitar.

"It's really all in the students, it's been all the students who have helped out. From performers, to HSF, it's been all their hard work, and it does go back to the students," said Edwards-Crewe, who

also performed an original song for the Humber crowd.

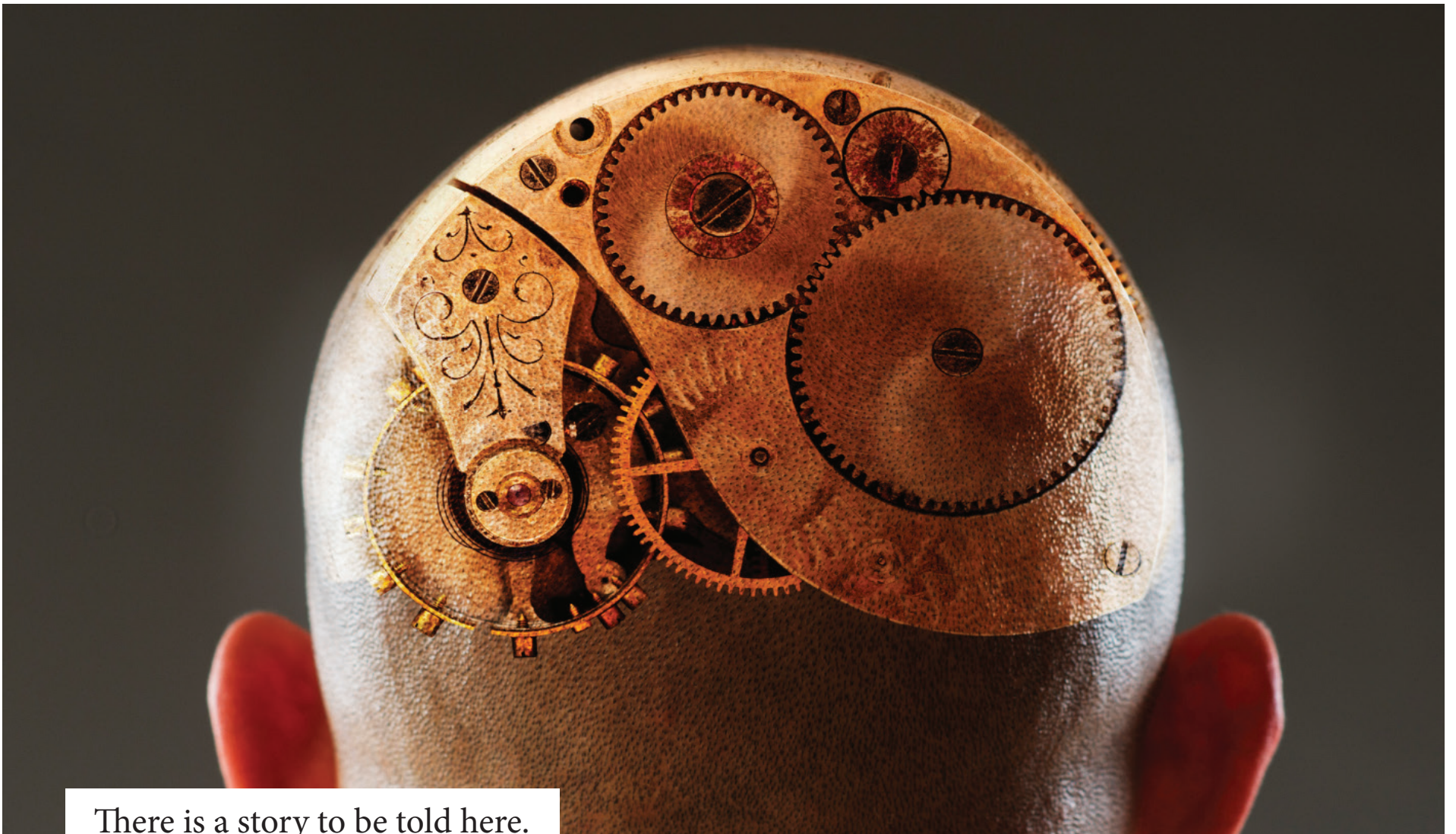
Edwards-Crewe is in his final year at Humber Lakeshore in the music program.

Snacks were provided for Humber students in attendance, along with the opportunity to win prizes. The Open Mic and Variety Night is free of charge, and starts at 9 p.m. at the Humber Lakeshore campus in the K building and will be hosted monthly.



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Aquino begins new era for men's soccer after Sanchez

ISSEY ABRAHA
Sports Reporter

After serving as the assistant coach of the Humber soccer program for five years, Michael Aquino got the nod to become the man in charge.

He takes over from Germain Sanchez, who fathered the program for 22 years, winning 20 provincial gold medals and three national championships along the way. He was awarded OCAA provincial coach of the year four times, and CCAA coach of the year twice.

Jim Bialek, manager of athletics, talked about the importance of remaining internal when hiring new coaches.

"If you look at any coach we have had at Humber in the last

25 years, we always chose to remain internal. We run a winning program so winners get winners," said Bialek.

Aquino's experience stands out among his peers. Having worked with many players at the national and provincial levels, he has seen it all in the top tiers of Canadian soccer.

Supporters are still excited for the new season and expecting another competitive team.

"I'm anticipating another great season after last year's championship," said Simon Yohannes, 19, first year Radio student. "I hope they can go all the way again this season."

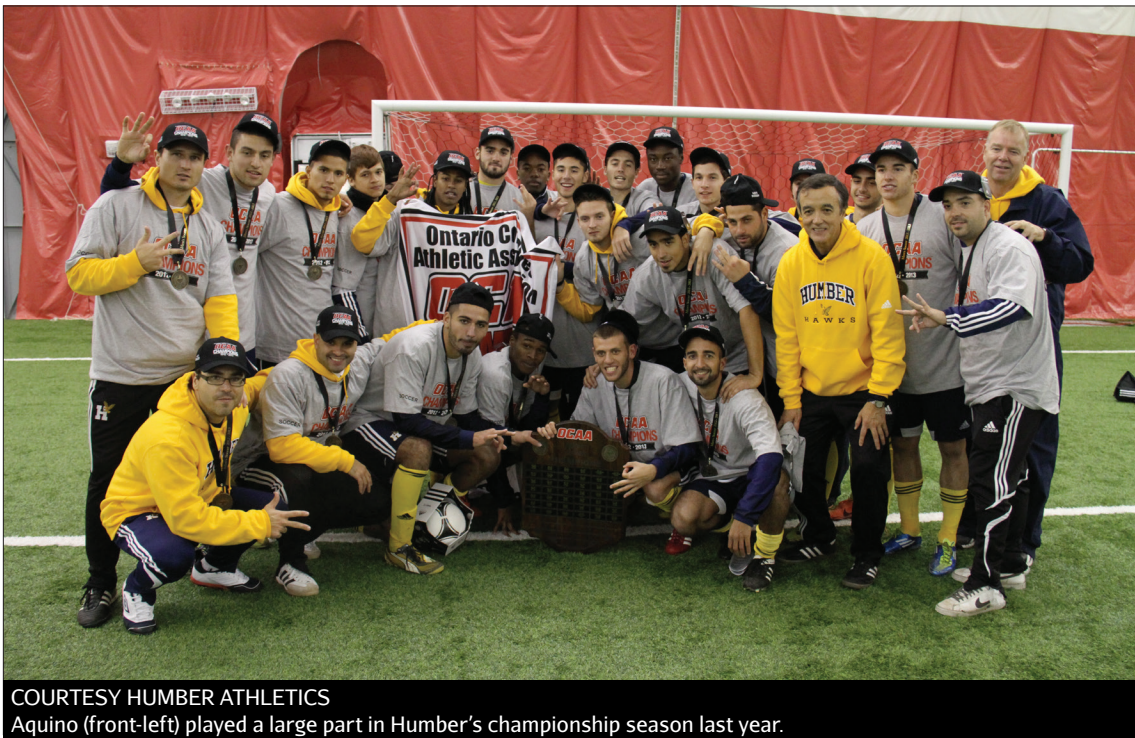
While Sanchez's achievements will be impossible to replicate, Aquino is not short on confidence.

"Being in the soccer community I get to connect with a lot of different people, where players are coming and wanting to play for our program," said Aquino.

Bialek is confident in Aquino's ability, calling him an outstanding coach with versatile skills in the Humber college community and part of the Hawks family.

He said recruiting in college is essential to success, because of the high turnover rate of students. It is the key to building a stable program for years to come. That is the main reason why Humber has been OCAA champions four out of the last five years.

"Mike has been rock solid in using his recruiting skills," said Bialek. "It's well demonstrated by the team's success the last couple of seasons."



COURTESY HUMBER ATHLETICS
Aquino (front-left) played a large part in Humber's championship season last year.

Sleep crucial to athletics and studies

EARL ABALAJON
Sports Reporter

The start of the varsity sports season is a busy time for Humber athletes, who have to try to keep a balanced lifestyle while attending school.

"Make sure you get sleep, at least seven to eight hours," said Mario Carito, 21, a Fitness and Health Promotion student. "Sleep is very underrated, there's a lot of students who don't get enough."

Teresa Arnini, high-performance coordinator and co-head coach of the varsity cross-country team, stresses the importance of sleep.

"You have to be at a rest state to allow your body to recover and

heal," said Arnini. "When you're constantly active and you don't allow your body to rest, that's when people break down."

Not keeping a proper sleep schedule could potentially hinder a student's performance in school, also leaving them susceptible to injury and illness. Arnini said students should focus on their time management skills.

"Athletes become very efficient with their time management, because they have to stay on top of their academics to play their sport," said Arnini. "For the normal individual, make sure you look at your schedule, and plan your time accordingly."

She strongly recommends that students think twice before they

reach for an energy drink.

"You could get yourself some chocolate milk, give it 20 minutes to break down, and you got your energy," said Arnini. "You can't live on energy drinks. I don't know if [energy drinks] have been around long enough to even know the long-term effects."

Dereck Djan, 22, a Fitness and Health Promotion student, stresses that nutrition is even more important than exercise.

"The ratio could even be as much as 70 per cent diet, 30 per cent exercise," said Djan.

Arnini said students should stay active, whether it is light yoga or taking a walk in the North campus Arboretum, to maintain good health.



COURTESY HUMBER ATHLETICS
Starting pitcher Will Tanner went four strong innings, with three strikeouts.

Baseball becomes an Ontario varsity sport as Hawks win opener

RYAN POIRIER
Sports Reporter

Humber College defeated Seneca 13-3 in their home opener on Sept. 12 after winning their first game of the inaugural OCAA men's baseball season.

This year marks the first time that men's baseball is an OCAA varsity league, officially making it the 10th OCAA sport.

"We were the only team that wasn't OCAA," said four year veteran, George Halim, 22, third year journalism student. "Knowing that we have the ability to play a ball game, and if we win, go up against the universities, is a pretty big accomplishment for us."

Halim was named the OCAA player of the week, for men's baseball.

In previous years, the Hawk's baseball team competed with universities and other colleges in the Canadian Intercollegiate Baseball Association.

The OCAA was able to choose the men's baseball league this year and complete the required five-team limit.

The league includes Seneca College, George Brown College, Durham College and St. Clair College.

Now competing as an OCAA

team, third year assistant coach, Matt Ferreira, knows that the team has to live up to the school's winning traditions.

"The team sees the rest of the banners in the hall and they realize there is a legacy that has been developed at Humber and there are some expectations we need to live up to," said Ferreira, following the team's home opener on Thursday. "The goal with every Humber team is the same, win."

Last year the Hawks finished third in the CIBA Ontario finals.

Third year assistant coach, James DePoe, said the goal this year is to win the first ever, OCAA men's baseball championship. To do that, the team must play clean baseball,

"We have to limit the amount of freebies that we give to the other teams. Limit our walks, limit our errors and not give away at bats," said DePoe.

Humber met with St. Clair College on Sept. 15 in a double header. The Hawks were able to come up with a win in the first game against the defending champions, 8-4, but fell short in the second game with a score of 5-4. Humber then lost 11-1 against Durham College on Sept. 17, in Oshawa.

The Hawks next opponent is George Brown College, at Connorvale Park, on Sept. 19.

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STANDINGS

MEN'S
BASEBALL

1. St. Clair - 10 Pts.
2. Humber - 8 Pts.
3. Durham - 4 Pts.
4. George Brown - 2 Pts.

WOMEN'S
FASTBALL

1. Humber - 6 Pts.
2. St. Clair - 6 Pts.
3. Conestoga - 6 Pts.
4. Durham - 4 Pts.

MEN'S
SOCCER
WEST

1. Sheridan - 9 Pts.
2. Humber - 6 Pts.
3. Fanshawe - 4 Pts.
4. Lambton - 3 Pts.

WOMEN'S
SOCCER
WEST

1. Conestoga - 7 Pts.
2. Humber - 7 Pts.
3. Sheridan - 6 Pts.
4. Fanshawe - 4 Pts.

MEN'S
RUGBY
WEST

1. Georgian - 5 Pts.
2. Humber - 5 Pts.
3. Sheridan - 0 Pts.
4. Conestoga - 0 Pts.

WOMEN'S
RUGBY
WEST

1. Humber - 5 Pts.
2. Seneca - 5 Pts.
3. Sheridan - 0 Pts.
4. Conestoga - 0 Pts.

Hawks fastball starts strong

JORDAN BURTON
Sports Reporter

Humber's women's fastball team extended its unbeaten record to 3-0 after a pair of wins in a Sept. 12 doubleheader against the Seneca Sting.

The Hawks offence was in mid-season form as they were able to overpower the Sting in both games, combining for 21 runs while surrendering only one.

After giving up 10 runs in the first two innings of game one, Seneca turned to its much-hyped rookie pitcher, Krista Owczar for the second game. However, it was more of the same as Humber put up six runs in the opening frame.

"They're a good hitting team from top to bottom," said Owczar.

Humber went 23 for 48 in the doubleheader, with almost every Hawk either scoring a run or driving one in.

The fastball squad looks to defend its gold medal in just its third season in the OCAA.

This year, Humber won't be sneaking up on anyone. They're entering the season as defending champions, with a target on their back.

"We practice very hard because we're trying to guard against complacency and we know that teams are circling the calendar for us now," said Bob Acton, Humber's head coach.

"I want teams to look at us in the



PHOTO BY JORDAN BURTON
First year Humber Hawk Jaime Vieira at the plate, Sept. 12.

warm up and say, do we have to play them?"

The 2012 OCAA coach of the year said they're not there yet, but with a strong core of returning players, Humber will be in good position to repeat as OCAA champions.

The Hawks lost OCAA All-Star pitcher Shelby Robblee for the season after she broke her back in an ATV accident this summer. However, All-

Stars Jessica and Jacqueline O'Quinn, team MVP Shawna Niskanen and Rookie of the Year Natalie Stoberman, are all returning to share the load.

The O'Quinn sisters will look to build on a stellar 2012 campaign that saw Jessica break the OCAA record for RBI's (29) and Jacqueline break the OCAA record for runs scored (23).

"We definitely want to repeat as OCAA champions, but our goal is to win nationals this year," said Hawks catcher, Ashley Cosgrove.

So far Humber is on track, sporting a perfect 3-0 record and outscoring their opponents 31-4.

The true test will come Oct. 1 when the Hawks meet Durham College in a doubleheader rematch of last year's championship.

Athletes earning diplomas through sports

JAMIE-LYN BAGGS
Sports Reporter

Being a varsity athlete at Humber College requires discipline, hard work and superb time management skills, but sometimes it is forgotten that these people are first and foremost students.

A student athlete's sole purpose should not be to win national championships, as this reporter found during her own time as a Humber Hawk, but to graduate with a diploma.

Some are given the opportunity to get a post secondary education that they wouldn't have otherwise had without playing varsity sports.

Most Humber teams practice once a day during the season. They are expected to be there on time and ready to work for however many hours are needed to prepare for the upcoming match. Only the top recruits make the cut.

Keyla Moreno, a recent graduate from the recreation and leisure program, as well as the sport management program, said that she would never have come to Humber or any other school if she didn't play soccer. She said athletics director Doug Fox

and the athletics program did a great deal for her during her five-year career as a Humber Hawk for the women's soccer team.

"Humber gave me scholarship money so I was able to afford school. They also hooked me up with a job when I graduated," said Moreno. "It's hard for me to discipline myself to get up in the morning and go to class, but if you tell me if I don't pass I won't be eligible for the upcoming season, then I will be at every single class and will at least get a 60."

Stacey Merritt, a teacher in the sports management program at Humber, said that sports participation may have been a hindrance in academic achievement with some students but he also has had students who have been very successful and would not have graduated from, or even entered his program if they were not involved in athletics.

"Some athletes are motivated to work hard academically solely because it allows them to stay eligible to play their sport," said Merritt.

Jamie Martel, a successful trader for Wilkinson Foods Company, attended Brock University for the sole purpose of playing squash.

"I was never that good at being a student, and wasn't ever planning on going to university," said Martel. "Until I got scouted by the Badgers

squash head coach, and figured, if I have the opportunity to get a degree while playing the sport I love, then I better take it."



PHOTO COURTESY OF HUMBER ATHLETICS
Keyla Moreno in action against Redeemer in the 2012 season.