HUMBER Cetera OMG! Puppies de-stress students PG. 12 April 8, 2013 Vol. 47, Issue 10

Foreign physicians struggling to find work



PHOTO BY HERMIONE WILSON
Balvinder Singh was a successful pediatrician in India. Now he works part-time as a security guard while he completes a post-graduate certificate in clinical research at Humber College, vying for internships with younger classmates.

Hermione Wilson

Diversity Reporter

Two years ago, Dr. Balvinder Singh had a successful medical practice in India. Now, at age 45, he is vying for a clinical research internship position with classmates half his age at Humber.

Before Singh came to Canada in 2011 with his wife and two children, he was a pediatrician who had been practicing medicine for 12 years. He had an established practice in Hoshiarpur, India, and was well respected in the community.

"I was the only doctor who used to cater to those newborns there," he said.

Over time, Singh became increasingly uncomfortable with corruption he detected in the system. He said he was doing well in his field but he saw that in order to remain at the top, there would be a price to pay.

"I wanted to do a very clean, ethical practice," said Singh. He decided to close down his hospital and leave that life behind him to seek a new one in

The immigration process went easily. Singh's application was fast tracked because of his medical experience. After a few years getting settled and helping his wife find a job in nursing, Singh began to research what job might be a good fit for him.

What he discovered was that even if he were to take the Medical Council of Canada evaluating exam, he would still be competing with thousands of other medical graduates for a limited number of residency positions.

A residency is a period of postgraduate medical training that takes place at a medical institution. Residencies typically last two years for medical students training in family medicine and three or more years for other specialties.

"There are only so many positions in the province and at each medical school for the different disciplines," said Kathryn Clarke, a media relations representative for the College of Physicians and Surgeons of Ontario.

According to Sandra Banner, CEO of the Canadian Resident Matching

Service, there are about 300 residency positions earmarked for international medical graduates (IMGs) on a national level. Approximately 2,700 IMGs applied for residency positions this year, said Banner, but around 600 or 700 later withdrew their applications.

There are 200 residency positions for IMGs in Ontario, said Clarke, compared to the 24 positions available in the late 1990s.

Following the completion of the residency, physicians still have to pass the two-part Medical Council of Canada qualifying examination.

The medical council's website states it costs \$1,645 to take the initial evaluating examination, \$920 for the first part of the qualifying exam, and \$2,190 for the second.

"People with 10 years, 20 years of experience in medicine, [and] have passed the exams, are just waiting in line to get through the door," said Izumi Sakamoto, an associate professor at University of Toronto's faculty of social work.

 $SINGH\ continued\ on\ pg.\ 2$

Tolls, taxes to fund Big Move

Graeme McNaughton

Senior Reporter

Metrolinx, the province's transit agency, has released a short list of funding tools that could help finance the big money needed for the Big Move.

The 12 options, released on April 2, include highway tolls and transit fare increases to help fund a 25-year, \$50 billion project called Big Move that will expand transit in the Greater Toronto and Hamilton area.

"The next wave of projects requires \$2 billion a year in investment and we have to find a way to fund it," said Anne Marie Aikins, manager of corporate communications for Metrolinx. "People want to see more transit and transportation expansion, they understand that this requires significant investment and overall they supported tools to build new transit and transportation."

Metrolinx also suggested a number of different taxation options, including levies on payrolls, fuel, property and a new sales tax.

The idea of more taxes does not sit well with famously

anti-tax Toronto mayor Rob Ford. The mayor, who faked vomiting in front of a group of reporters at the notion, said he was not happy a third of Metrolinx's options were taxes and offered his own solution.

"If you want to pay for transit, I got a good idea. It's called a casino," Ford told reporters in attendance.

The Ontario Lottery and Gaming Corporation is projecting a casino in Toronto could add as much as \$100 million annually to the city's coffers, well short of the \$2 billion needed every year over the next quarter century to fund the Big Move project.

Another option provided by Metrolinx is a series of road tolls, including both highway and "hot lane" tolls, an idea that was endorsed earlier this year in a report by Residential and Civil Construction Alliance of Ontario.

"People would be recognizing the impact of the congestion relief, and they'd be recognizing what the money is buying," said Robin Lindsey, a transportation economics professor at the University of British Columbia's Sauder School of Business who coauthored the report on funding options, in an interview earlier this year.

Lindsey added he supports an increase in parking fees, which also made the short list of funding options by Metrolinx.

"We would argue that parking is also underpriced, not so much off road but on street," said Lindsey, adding parking fees should involve running rates in line with the time of day, similar to the parking system in San Francisco.

The TTC will be spending more money in the near future to accommodate new vehicles in the city.

Late last month, the TTC announced they would be spending \$58 million to modify streetcar platforms that are either too high or too low for the new streetcars scheduled to begin hitting Toronto's streets next year.

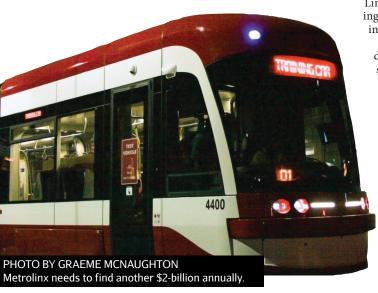
Some of the platforms are set along St. Clair Avenue, which had over \$100 million of repairs and maintenance completed on it in 2010.



SPORTS PG. 20 Undefeated women's indoor soccer



ARTS&ENTERTAINMENT PG. 14 Creative photography grad showcase



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IN THE WORLD THIS WEEK **THURSDAY MONDAY TUESDAY** WEDNESDAY **FRIDAY SATURDAY SUNDAY** 12 Beginning of the Dark **14** Liberal Party of Canada leadership choice made Kenyan presidential 13 South and Southeast Asian New Year International Roma Jane Ash Poitras at **Craft Your Senses:** 9 inauguration **Humber College** beer tasting event Days of Mama Liberia A fundraising initiative by Folks in South and Southeast The election for the leadership International Roma aims to President-elect Uhuru The Aboriginal Resource celebrate Roma culture and Kenyatta and his deputy Humber College and the organizations are talking Asian cultures will be of the Liberal Party of Canada Centre presents the renowned about a mass demonstration celebrating the New Year, ends today, and election William Ruto will be sworn Canadian National Institute call attention to the issues Cree artist, who will speak facing the largest ethnic in today. The International about her work, which gives for the Blind at a downtown in protest of Liberian which is marked by the results will be announced. president Ellen Johnsonminority in Europe, formerly Criminal Court has accused bar. Some events include sidereal spring equinox. insight into Aboriginal history Kenyatta of crimes of violence. blindfolded beer drinking.

Majority of MRI scans unnecessary

Kerrisa Wilson

General Assignment Reporter

More than half of MRI tests ordered for patients with lower back pain are unnecessary, according to a new study.

These magnetic resonance imaging scans were considered inappropriate or of questionable value, said the study published in the journal *JAMA Internal Medicine*.

The study was done because there are concerns in medical communities that a lot of ordered MRIs are a waste of the resource and of the patient's time.

An MRI is a procedure that uses magnetism, radio waves and a computer to create images of areas within the body, like an X-ray machine, said medicinenet.com. Patients receive MRIs so that doctors can precisely detect any abnormalities within the body.

More structured oversight for ordering MRI scans needs to happen in order to avoid unnecessary tests, said Dr. Alan Forster of Ottawa Hospital and a researcher from the study.

"Low back pain is one of the more common reasons people order MRIs and only about half of the ones are necessary," said Forster. "That means there's a lot of MRI utilization that we could dedicate to other people and that would then free up the wait list."

Many people in Ontario have concerns about the waiting lists for MRIs and the goal is to reduce waiting times and ensure that appropriate treatments are ordered for patients, said Jeremy Petch, editor at St. Michael's Hospital healthydebate.ca.

"The provincial target for waiting times are 28 days but consistently the actual waiting times in Ontario have been closer to 80-90 days on average," said Petch. "Radiological imaging (MRI and CT Scans) is the only area where Ontario has not met its targets for wait time reduction."

Humber Health and Fitness student, Tracy Wong, 20, is an athlete on the badminton team at Humber and has received an MRI for a sprained ankle. MRIs are in short supply around the province and the waiting list is not helpful, said Wong.

"I think there's only a few places in Toronto that



can asses for MRIs, it's kind of out of the way and a

long waiting list," said Wong.

Wong said she probably could have avoided the MRI but the scan was ordered by her doctor to confirm what the problem with her ankle was.

According to the study, family doctors had the lowest rate of appropriate MRI scans ordered for lower back pain, with only one-third of the scans being necessary.

MRIs ordered for recurrent headaches had a better result. Over 80 per cent of ordered MRIs were appropriate, said the study.

What needs to happen in order to change the inappropriate amount of MRIs is informed choices and awareness for patients and doctors about what treatments are best for the patient, said Petch.

"I think that before we introduce any kind of mechanisms, there needs to be a certain amount of culture change and dialogue between doctors and patients about appropriateness and making sure that we agree that more is not always better," said Petch.

MRI machines are limited in Ontario and ensuring that MRI scans are ordered only when necessary will help reduce waiting times for the in demand, costly machines, said Forster.

"In the province we probably have less (MRI machines) than many of the sort of rich industrial countries of the world, so we already have less which means it makes it more important for us to make sure that when we use it we use it properly," said Forster.

Physician considered truck driving

SINGH con't from pg. 1

Sakamoto has done extensive research on the role of Canadian experience in immigrant labour market participation. The problem, she says, is that Immigration Canada and the various provincial medical regulatory bodies are not on the same page.

"These regulatory bodies have different regulations, so people who had enough credentials to get to Canada [under] standards set up by Citizenship and Immigration Canada may not have enough credentials to pass through the regulatory bodies standards," she said.

"You have so many qualified doctors who have got good experience . . . they have cleared their examinations, but since you don't increase the number of residency spots, there is no [point] in calling them [to Canada]," said Singh.

"Once your equivalency exams are over, still you are useless because you cannot touch a patient . . . you're not given the opportunity to prove [yourself]."

Singh decided not to sit the evaluating exam and instead looked for a job in another field.

He considered trucking — he even graduated with honours from a trucking course through Humber College — but realized the work would force him to spend a lot of time away from his family. He eventually found employment as a security guard with Intercon Security and was posted at the Rogers Centre.

Around this time he learned about the three-semester clinical research program at Humber North and decided to apply. He is now in his second semester and has applied for an internship next fall.

"They are looking for . . . young candidates," said Singh of the over 25 companies he has applied to. There used to be other mature students in the class, other international medical graduates like himself, but they are gone now. One man, who was a doctor in India, returned home.

"They didn't find it . . . glamorous to persist in this course," Singh said. "But I decided once and for all that I'm not going to go back."

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April 8, 2013 **NEWS 3**

Child, youth rights advocacy program opens



PHOTO BY KELLY TOWNSEND Advocates want to ensure every child and youth knows they have the right to feel safe and be healthy. Humber's program launches on April 13.

Kelly Townsend

Child/Youth Reporter

Humber child and youth worker students have the opportunity to learn more about the rights of their future clients with the new child and youth rights advocacy certificate program, the first of its kind in Ontario.

The three-week program was developed by Humber with the help of the Provincial Advocate for Child and Youth Rights and the Ontario Association of Child and Youth

The first of three modular courses will begin on April 13. Child and Youth Worker (CYW) program coordinator Heather Snell said that the program was developed in response to the needs of the child and youth work community

"Youth rights are protected under the United Nations Convention on the Rights of the Child," she said. "Most youth do not know this... many organizations working with youth do not know this."

Rights protected under the UN Convention include basic rights to food, education and protection from abuse. The policies in the convention are meant to protect these rights and offer children legal options if their needs are not met.

Paola Ostinelli, who will teach the program, said the course is meant to encourage students to actively become

dvocates

"There definitely needs to be a greater awareness, and who better to advocate than children and youth themselves?"

Irwin Elman, the current provincial advocate for child and youth rights in Ontario, said Humber was a natural choice to pioneer the program.

"I've always been impressed by the enthusiasm and dedication of Humber students," Elman said. "I thought it would be a great place to encourage those students to be advocates."

Laura Arndt, director of strategic development at the advocate's office, helped develop the program with Debbie Sliwinski, executive director of provincial association for child and youth counsellors. If the course is successful, the plan is to teach the course in every child and youth worker program in the province.

The first module deals with information about child and youth rights. The second, which will begin May 11, will teach students on how to implement the information in the right context to children and workers. The third, beginning June 1, lets students carry out a presentation.

"Our hope is that every [student] graduating from a CYW program in Ontario will not only know this but will be skilled at helping youth learn about their rights and how to respond if their rights are in question," Snell said.

World Autism Awareness Day comes to Canada

Lily TranGeneral Assignment Reporter

On April 2, Canada officially marked World Autism Awareness Day for the first time, even though it was the sixth such international occasion.

"One in 88 children are diagnosed with autism spectrum disorder and we want to bring people's attention to the public health epidemic," said Frank Viti, President and CEO of Autism Speaks Canada.

Canadians have been celebrating World Autism Awareness Day from day one, said Viti, but the federal government only passed a bill recognizing its observance in October 2012.

"We're just officially catching up," said Viti.

Toronto city hall raised a special flag last Tuesday to commemorate World Autism Awareness Day.

More than 300 cities in Ontario joined the special flag event supported by Autism Ontario.

Katharine Buchan, education writer and coordinator at Autism Ontario spoke in front of a crowd at City Hall before the flag was raised.

Buchan said people came out to be together and mark an important cause.

People will mark autism awareness in different ways said but something "symbolic like raising the autism awareness flag is truly touching," said Buchan.

Additionally, more than 7000 places around the world and landmarks lit up blue for the day, including the CN Tower and parliament buildings all across Canada.

In Toronto, some people wore blue in honour of autism awareness.

"Light it up blue is an international effort," with 90 countries supporting the campaign, said Viti.

Autism can affect any community. Support and awareness is important for all communities to unite, Buchan said.

Humber College is what it can to give "all students an opportunity to come to college and experience college life," said Rosanna To, program coordinator of the community integration through cooperative education program.

"Sometimes there are stigmas for people who are autistic in the classroom. It's just a matter of being respectful and being understanding of all types of learners," she said.

"Autism awareness or any type of awareness of any disability is important because we are trying to encourage a community of inclusivity," added To.

Autism Speaks wants people to recognize that "autism is not specific to culture, nation, state or religion. It's all around the world," said Viti.

"Speak to others about autism, get the word out and raise awareness" he said.



World Autism Awareness Day



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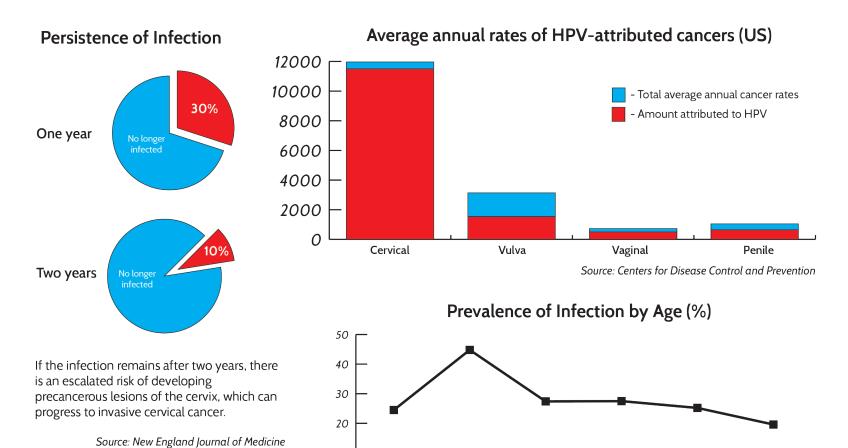
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Human papillomavirus (HPV)



GRAPHIC BY GRAEME MCNAUGHTON

HPV vaccinations declining over safety concerns

20-24

14-19

10

Therese Jastrzebski Nursing/Health Reporter

A study published in the April issue of the journal *Pediatrics* found that an increasing number of parents in the United States are not having their daughters vaccinated for the human papillomavirus (HPV) due to concerns about the vaccine's safety.

Since the 2007-2008 school year in Ontario, HPV vaccination has been part of the provincially funded immunization program for girls in

Any girls who were in Grade 8 during the 2007-2008 school year who

missed out on any or all the doses of the vaccine have until June 30 to get vaccinated for free, said Dr. Vinita Dubey of Toronto Public Health.

HPV is contracted by genital contact and is the most common sexually transmitted disease, according to the Centers for Disease Control and Prevention in the U.S.

"The main reason why Ontario implemented the program is because HPV is a common infection," said Dr. Sarah Wilson, medical epidemiologist for Public Health Ontario.

"HPV infections can lead to cervical cancer and genital warts and administering the vaccine to adolescent girls at the time when they're about 13 is a perfect opportunity because at that time most girls will not have yet been exposed to the HPV virus."

The rates of girls being vaccinated have improved since its implementation, said Dubey.

"When we first started the program in 2007, our coverage rates were around 50 per cent of girls who were coming to get the vaccine. We were able to increase that to about 60 to 65 per cent, so that's been great," she said.

Parents who are afraid to have their daughters vaccinated should consider the rigorous testing and evaluation that vaccines go through in Canada,

said Wilson.

25-29

When vaccines are created, developers will examine the risk/benefit ratio of the vaccine, said Urszula Kosecka, program coordinator for clinical research and regulatory affairs at Humber.

30-39

40-49

Source: American Medical Association

50-59

"We always look at the risk-benefit ratio, so how much risk is associated with giving this medical product and how many benefits are associated?" said Kosecka.

"It's never 100 per cent safe, you just weigh it, what is worse?"

"We've known over the last 20 years that HPV and different types of the human papillomavirus are associated with different cancers," said Dr. James Bentley, member of the Society of Obstetricians and Gynecologists of Canada, an HPV expert working group.

"The most common cancer they get associated with is cervical cancer."

However HPV can also lead to many other forms of cancer, even some affecting men, said Bentley.

The most common side effects of the HPV vaccine are pain and swelling at the injection site.

However, as with all vaccines there is a small risk of allergic reactions which any health care provider administering the vaccine can respond to, said Wilson.



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Police use social media to connect, protect

Olivia Roger

Crime Reporter

Social media, once thought to be a fad, has affected human interaction to the extent that law enforcement agencies now consider it imperative to increase their presence online in providing users with up-to-date information.

Thanks to social media websites like Twitter and Facebook, Toronto police say they are now able to gather tips and address the public more efficiently.

"One of the first things we do when there is a crime is send out a notification to mainstream media, but now we also do it with social media," said Det. Sgt. Cameron Field of the Toronto Police financial crimes unit.

"Twenty years ago, the media would pick it up and blast it out to radio, print and television but now we have this wonderful tool where we can speak directly to our community," he said.

By communicating with the public through social media, Toronto Police have found that they can become less threatening to some.

"They'd rather not come up to a police officer in person but will do it through social media," said Const. Ryan Willmer of 23 Division.

"It kind of breaks the initial barrier and then the in-person contact is a lot easier for some." Twitter can be especially helpful because of its bulletin board-like layout, said Field.

"I put Facebook on the same level as driving through a residential street around 40 kilometres per hour," said Field, who also teaches in the Police Foundations program at Humber's Lakeshore campus.

"With Twitter it's like going on a super highway."
Toronto Police have well over 100,000 Twitter
followers across all their accounts. Crime Stoppers, an organization that thrives on being able to
reach as many people as possible, also uses social
media.

"A lot of people gather news through Twitter feeds and it's good for getting more information to the public," said Const. Martin Douglas, Crime Stoppers youth and social media officer.

Although Crime Stoppers works to ensure anonymity with incoming tips, Twitter can be a great platform to jog someone's memory.

"People could have intimate knowledge and it can be used to remind them of it," said Douglas.

In the digital age where information is constantly available at the fingertips, social media is a necessary avenue for crime prevention.

"We're all targets of crime but we're trying to minimize how many become victims," said Field.



PHOTO BY OLIVIA ROGER

Crime Stoppers uses Twitter, Facebook, YouTube and a mobile app to keep people up-to-date on crimes within their community. Police agencies can reach the public directly with social media.

Key to cheaper rent: roommates

Kait Morris

Biz/Tech Reporter

As springtime rolls around, highschool students getting college and university acceptance letters will be offered the choice to live on or off campus.

According to experts, the cost of renting housing in the GTA is on the rise due to an increasing number of young people flocking to the downtown.

"As long as you can share, it's affordable," said Larry Kalmanson, broker of record at 360 Realty Brokeridge.

"When it comes to rentals, the costs are rising."

Students wanting to live on their own are limited to basement apartments or renting rooms in houses, which students say is not always the preferred option.

Trista Kinsey, a student looking to attend a postgrad program in Toronto in the fall, says that apartment hunting has been difficult.

"I was looking at a few different schools, and while I'm focused on finding a program that suits me, finding somewhere to live is a top priority."

Kinsey lives in North Bay, approximately four hours north of Toronto, which makes her search difficult.

move from outsid live in residence.

"I decided improve to residence," he search to residence," he search to residence,"

"I can't just take 20 minutes and check out a listing, I need to line them up and take at least a day to go check them out," she said.

"I'm 26, I don't want to be living in residence."

Another option for students is to advertise for a roommate and rent a house. Houses tend to be cheaper for those who can find the right number of roommates, Kalmanson said.

A three-bedroom bungalow in the Rexdale-Kipling area of Rexdale goes for \$1,250 with 60 per cent of utilities covered.

While Kalmanson says this isn't exactly cheap, roommates can cut the rent down considerably using this method.

I can't just take 20 minutes and check out a listing. I need to line them up and take at least a day to go check them out.

Trista Kinsey North Bay Student

Scott Marleau, a recent graduate of Humber College who also had to move from outside the city, chose to live in residence.

"I decided immediately to apply to residence," he said. "I was just out of high school and it seemed like the best thing for me."

When he graduated, he left Toronto only to return with two roommates, making his two bedroom apartment in North York affordable

"Honestly, roommates seem to be the key," said Kinsey.



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April 8, 2013 BUSINESS&TECHNOLOGY

Social media skirt Canadian privacy laws



PHOTO BY KAT SHERMACK
Popular social media sites like Facebook and Twitter do not fully comply with
Canadian privacy laws, according to a new study from the University of Victoria.

Kat Shermack Biz/Tech Reporter

Many social networking sites do not fully comply with Canadian privacy laws, according to a study from the Univer-

"We were testing specifically whether or not we would get access to our personal information," said Chris Parsons, a political science researcher at the school.

Canadian privacy legislation gives individuals the right to request and access personal information that organizations may have collected about them.

Parsons contacted 10 social networking sites, including Facebook, Twitter and Tumblr, asking for access to personal information. Only four out of 10 provided any data, and the researchers argue that the data they received was not complete.

Parsons said the scope of his study did not lead him to file a complaint with Canada's privacy commissioner, but he said it would not be unreasonable for another concerned Canadian to do so.

"It will be up to the privacy commissioner when and if a complaint goes to them to ascertain whether these companies are formally in breach or not," said Parsons. "We argue they may be."

Anne-Marie Hayden, communications director for the office of the privacy commissioner, said in an e-mail statement, the commissioner does not have order making power against social media sites.

If the commissioner finds a company to be in violation of federal privacy law, she can issue a report with recommendations to the company to improve its privacy practices. If the company still fails to comply with Canadian privacy law, the commissioner can take the matter to federal court.

In 2009, a complaint from University of Ottawa law students led the privacy commissioner to release a report concluding Facebook was in violation of Canadian privacy law. A month after the report was issued, Facebook changed its policies to comply with federal regulations.

Experts advise caution when it comes to posting information on social networking sites.

"Take a moment to read the privacy policy and terms of service," said Ryan Burton, Humber's information technology director. "Make sure you fully understand the terms and conditions.

"I look at social networking sites with a degree of suspicion," Burton said. "Unless there is a legitimate business reason to ask for that information, my default response is, 'you don't need to know."

Parsons questions what will happen to personal information if and when social networking sites fold. Although Facebook rules the web right now, Burton reminds users that just a few years ago, this was not the case.

"If you went back six or seven years ago, MySpace was the king. Clearly, it isn't anymore," said Burton. "Many of these firms collect incredible amounts of information. But what happens 10 years down the line when they go out of business? All of that data they have will be sold as an asset in either a bankruptcy firm, or to other businesses to gain capital.

"It isn't necessarily that Facebook or Twitter or any other websites are bad companies," said Burton. "But what happens to that data long term?"

Bitcoin gets first ATM

Xiaoli Li Biz/Tech Reporter

The financially troubled island of Cyprus could be home to the world's first Bitcoin ATM, according to Jeff Berwick of The Dollar Vigilante financial web site.

Bitcoin – a completely digital currency – was first described in a 2008 paper written by an unknown computer user, using the pseudonym "Satoshi Nakamoto." Envisioned as a completely anonymous, and impossible to counterfeit currency, Bitcoin has grown since the first coins were "mined" by people using their computers in 2009.

Currently, more than 11 million Bitcoins have entered circulation, with each Bitcoin currently equal to US\$100. Mining Bitcoins can be done with computers which add data known as blocks to Bitcoin's expanding chain of transactions. The block chain of transactions is kept on Bitcoin's peer-to-peer network, making counterfeiting impossible. When a "mining" computer adds a transaction block, it may be randomly awarded a lot of Bitcoins, according to Bitcoin's protocol.

"It's a totally decentralized, non-fiat (unregulated by government) currency that was devised by the free market," said Jeff Berwick, editor-in-chief of The Dollar Vigilante, a free-market libertarian online publication.

"For years I've been writing about how I expect western fiat and monetary financial systems to collapse. I think Bitcoin can be a big help in easing that transition"

The Dollar Vigilante is responsible for the first Bitcoin automated teller

machine and is planning to locate it in Cyprus, a country mired in fiscal uncertainty. "We looked around the world at the time and thought 'Where would be the perfect place to put the first Bitcoin ATM?' and of course in Cyprus, at the time, there were no bank machines working or anything like that so it seemed like the perfect choice," he said.

With the ATM, users will be able to easily convert Bitcoins to and from more traditional currencies.

Humber business professor Steve Bang is intrigued by the idea of what he calls an "underground currency."

"I think it's an interesting concept," said Bang, adding, "I think that it's got one huge fundamental problem, and that's probably going to bring it down at some point in time."

Bang said the fundamental problem lies in government inability to regulate or tax the currency.

"Governments, eventually, are going to find they're losing too much revenue, because the transactions done with Bitcoin aren't taxed.... Government either has to figure out a way to put a tax on it, or they have to come up with a way to shut it down, and it's probably going to be easier to shut it down. Or make it illegal, anyway," said Bang.

Despite this concern, more and more places offline are accepting the currency, including British Columbia's Rollingdale Winery.

"I find that the more forms of payment I accept, the more times I get paid," said Steve Dale, Rollingdale's proprietor. Dale cites the lack of transfer fees for Bitcoin transactions and his own skepticism in fiat currency as reasons for making the change. "The more currency is issued by the banks, the less it is worth," Dale said.

Berwick is hopeful the Bitcoin ATM experiment makes the currency more accessible to the public. He adds that there are still a few problems that need to be worked out.

"The biggest problem with Bitcoin to date, in my opinion, has been it's not that easy to get (physical) cash into or out of it"

Google Chromebook to rival Apple and Microsoft

Josh McConnell

Biz/Tech Reporter

Google has just launched its Chromebook laptop line, going up against Apple and Microsoft with its Chrome operating system.

With a focus on web browsing, the Linux-based Google Chrome operating system is powered by the Google Chrome browser app.

"Basically, what they are doing is putting the Google Chrome browser into a notebook computer," said Chris Pirillo, a tech journalist and founder of LockerGnome. com.

Google applications such as Gmail, Calendar, Docs, Drive and YouTube come preinstalled. The computer's customization is limited, however, as the user can only install additional applications through Google's Chrome Web Store.

"They are really not competing spec-wise with notebook computers," said Pirillo. "This is a race to the bottom and that's not necessarily a bad thing, depending on the kind of user you are."

The Chromebook retails for \$249 and the series includes models manufactured by Acer, HP and Samsung, according to Google.

Rob Robson, coordinator of Humber's information technology program cluster, said Google's stripped-down approach is a unique strategy for specific individuals.

"It is based on the idea that most people surf the net," said Robson. "The bulk of the operating system is cloud based. So I look at people like my dad, who surfs the net and checks e-mail. It is great for them."

Pirillo said he agrees the reliance on cloud-based computing has its appeal for certain users as long as they have internet access.

"This is primarily an internet machine, but it also can function when you are working offline," he said.

"You can browse the web, check email, play a few games, edit photos, documents, spreadsheets and presentations. Google can effectively enable this through their cloud-based services. It is a great computer if you already live inside the world of Google."

The Chromebook, which is sold exclusively at Best Buy and Future Shop, is entering a competitive computer mar-

ket dominated by Microsoft and Apple.

Danielle Jang, communications manager at Best Buy Canada, said there is room for Google and early sales indicate it will help create a growing category.

"Chromebooks are not intended to replace regular laptops," said Jang. "They are intended more as a secondary device ideal for web browsing, email, and basic computing tasks."

Pirillo said Google's streamlined strategy for Chromebook has the potential to change the personal computer industry.

"It's not going to happen overnight, but it is going to change things," said Pirillo. "With Google getting into the game, just like they got into the game with Android, it puts everybody on their toes."



PHOTO BY JOSH McCONNELL
Google Chromebook uses a web-browsing system
powered by the Chrome app.

EDITORIAL April 8, 2013

Kachkar verdict elicits public vitriol

We sympathize with physical infirmity but mental illness challenges our compassion

Imagine walking down the street when someone falls clutching at their chest. Most people - we hope - would rush to their side and call 911. A person in obvious signs of physical distress is in need of urgent medical at-

Now re-imagine the same scenario, when walking down the street we encounter someone wearing no shoes, wrapped in ragged clothing in the middle of a frigid Canadian winter, screaming about government conspiracies or religion. In this instance most people would hurry past, shrugging it off as just another "crazy" person. Mental health emergencies are routinely ignored until they confront society in a violent or tragic event.

On the evening of Jan. 12, 2011 Toronto encountered an unbelievably tragic event when a troubled drifter, Richard Kachkar, stole an idling snowplow and mowed down police officer Sgt. Ryan Russell during a rampage across city streets.

Last month, on Mar. 27, a jury weighing the role psychosis played in the event found Kachkar not criminally responsible in the death of Sgt.

The verdict was heartbreaking for

Officer Russell's family, his wife Christine and his young son Nolan. In a victim impact statement, Christine Russell talked about the impossibility of explaining the situation to her son and spoke about what the verdict meant to

We're heartbroken. I believe that Ryan deserved a lot better than this. He was serving and protecting all of us, and he was killed in the line of duty, nothing changes that. He was killed by this man and nothing changes that fact." Her anguish is more than justified, as anyone's would be after losing a loved one in an act of violence.

But soon after the verdict a wave of vitriol surged over Toronto that clouded the larger problem of what happened, and what the phrase Not Criminally Responsible means.

A tweet from hockey pundit Don Cherry took aim at what Cherry called an "unelected left wing judge," and a lawyer who he claims duped the jury into feeling sympathy for Kachkar, as well as the "left wing media" for propagating the sympathy.

Not to be outdone in the area of absurd public comments, Mayor Rob Ford weighed in on the verdict on his radio show saying, "If there's mental illness involved, then he's going to

In the followup to the Kachkar trial, there were very few people talking about how the city and largely how Ontario handles mental illness - and had failed a deeply disturbed man and put a police officer needlessly in harm's way.

The idea that he'll walk or was offered a get out of jail card is_ laughable.

How a man who on that January evening was wandering the streets of Toronto without shoes during a blizzard screaming about Chinese technology and the Taliban, and was not offered help, is a question left unasked, let alone unanswered.

Kachkar entered the Good Shepherd Shelter on Queen Street East, spoke about wanting to call the RCMP because he felt he was going to do something bad, and was allowed to leave. Like a broken human drifting through the frozen barrens, Kachkar walked the city blinded by a long history of mental illness.

And while there's no satisfaction in his sentencing for bereaved family members, the idea that he'll walk or was offered a get out of jail card is laughable. As Kachkar's lawyer Bob Richardson said, "It's a recognition that someone is very, very sick and needs to be treated. They don't go to jail because they haven't done anything wrong in terms of the criminal justice system.'

Kachkar will now face the Ontario Review Board, which will hold a hearing to determined his immediate fate and in which psychiatric facility he'll be placed, subject to review on a yearly basis. Although it's not the 25 years less a day that the public was hoping for, he could actually end up being held much longer in psychiatric care.

Going forward, what society should be asking is how we stop tragedies like the Kachkar incident from happening. A tragic event that left a woman widowed and a young son deprived of a father who he'll never know.

"On Earth Day, you go out

there and start cleaning

or turn off the lights for

an hour, but just wearing

a colour doesn't make a

Arbela Gewargis, 19

Law Clerk, 1st year

HUMBER

Humber Et Cetera serves to inform the Humber community and give its people well rounded coverage on the things that matter to them.

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QUOTED

Do days like Earth Day and Purple Day (epilepsy, child abuse) make a difference?

difference."

"I don't really keep up to date with them, but if I know that they're going on, I might participate."

> Garfield Munroe, 19 Mechanical Engineering, 1st year







"There aren't a lot of days when those things are significant, so I think it helps. I don't mind on Earth Day to recycle or on Purple Day, people can put a smile on their face."



Jed Luna, 22 Recreation & Leisure, 2nd year

EDITORIAL CARTOON

Earth Hour Ninja Power

Colton Gilson



Whose idea was it to turn off all the lights in the parking lot for Earth Hour at 10pm?

"Earth Hour Ninja Power" Editorial cartoon by Colton Gilson

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North Korea threatens, deadline approaching

Graeme McNaughton News Editor



Kim Jong Un, the leader of North Korea, has certainly made the world take notice of him in the short time he has been in power, even if it is the result of what could perhaps be a power struggle in Pyongyang.

The current situation now, which sees the secluded nation making daily, if not hourly, threats toward its neighbours, has certainly escalated far beyond the fiery rhetoric of his father and previous leader, Kim Jong-il.

The senior Kim was at the helm

when the first and second of North Korea's three nuclear tests were carried out. He was there when the North Korean military decided to launch artillery shells at Yeonpyeong Island, near the border with South Korea.

The attack, while it left four dead, did not lead to much retaliation from its neighbours or sworn enemy America, just the usual sanctions that we have come to expect.

But this time, it's different.

It all started with a third nuclear

test on Feb. 12, at North Korea's nuclear test facility in Hamgyong province in the northeastern region of the country.

As per usual, the sanctions came. Even China, notoriously lax in enforcing sanctions in the past, was on board. The sanctions showed on the ground level very quickly, with the price of rice shooting up 40 per cent overnight.

The only difference this time was that the rhetoric coming from Pyongyang didn't stop.

The younger Kim, looking to make himself look strong on the world stage, vowed to destroy the country's enemies. He has ordered the armistice with South Korea, ending combat operations of the Korean War, to be ripped up (then again, this is the sixth time this threat has been made).

The North Korean military then began to mobilize, moving army personnel to their battle stations, moving missiles to coastal regions.

The country has even ordered all South Korean businessess of the Kaesong Industrial Complex, a joint venture between North and South Koreas, to be out of the area by April 10.

But in the end, what does this really mean? And more importantly, if Kim Jong Un gave the order to launch nukes at Seoul or Tokyo, would the generals follow through?

China, who has long been seen as the lone ally of North Korea, is slowly pulling away. The leak of diplomatic cables by Wikileaks in 2010 showed Beijing was growing tired of North Korea's antics and favouring a reunified Korea under Seoul's leadership.

The cables also showed both China and South Korea believed the country would collapse politically following Kim Jong-il's death.

Speaking to WNYC's On the Media last year, B.R. Myers, an American pro-

fessor at Dongseo University in Busan, South Korea and a renowned expert on North Korean politics, said these shows of military strength are not so much a way of threatening neighbours or angling for food aid for its oft starving population, but rather a way of getting the population on its side.

"Trying to rule by pure coercion requires a level of economic resources that the North Koreans simply do not have," said Myers to show host, Bob Garfield.

"The only way they can remain in power is to inspire the people. The best way to inspire the people is through shows of military strength."

So, is North Korea really ready to finally go to battle against its perceived aggressors, or is it simply trying to keep a population, many of which are starving and likely hoping for change, on its side?

If it's the latter, Kim Jong Un would be wise not to press the big red button.

Marking off awareness days doesn't do much

Sarah Lennox Life Editor

Bullying, eating disorders, cancer, global warming. Can these issues be fixed in a day?

Specific dates have been marked off on calendars to promote awareness for these problems and many more, but what do they really achieve?

Awareness is necessary for anything to be changed, but a day of reflection isn't about to change the world.

Earth Hour was the latest popular day of action. On March 23, millions of people around the world turned off their lights for 60 minutes.

At Humber, tourism and hospitality management students decided to encourage others to pledge their participation. These students used the promise of a puppy room to gather pledges. Even with the incentive, they didn't meet their target. The group was at least a few hundred pledges short of

their goal.

As young people, we often say we care about world issues, but the minute a change affects our lives for more than a short period, we give up.

We love to support causes through Facebook 'likes' and Twitter 'retweets.' but all actions need to be simple for us to join in. An hour without lights is doable – almost trendy, even.

We're addicted to our laptops, smart phones and televisions. It's no surprise greenhouse gas emissions in Canada have increased by 32 per cent in the past 15 years, according to the World Wildlife Fund website. It's a horrible statistic, but it isn't one most of us think about on a daily basis.

After Earth Hour, it still isn't one we normally consider.

I participated in past years, but for the entire hour, all I could think about

was turning the lights on and getting back to my normal life.

This year, I spent the hour watching a movie at home – with the lights on.

I've come to realize the 3,600 seconds of awareness aren't worth it. Instead, I make a conscious effort to buy locally, use natural products, turn off lights I'm not using and use public transit on a regular basis.

The WWF released The Energy Report, which states that 100 per cent of the world's energy can be provided cleanly, renewably and economically by 2050.

It's great news, but I don't see how an hour of boredom in the dark helps contribute to the cause.

I've come to realize the 3,600 seconds of awareness aren't worth it.

An hour doesn't have a lasting effect, but a life of environmentally conscious choices does.

The same goes for any other 'special' day.

It's highly unlikely one day of awareness will be an immediate solution to huge world issues like global warming, but making small changes everyday just might.

Youth gun violence needs better solutions

Stacey Thompson Associate Art Director

A 23-year-old man is dead and for what?

On Saturday, March 30, yet another shooting at a mall in Toronto sent shoppers running for cover. This time it happened in the Yorkdale parking lot. According to a *National Post* article, the shooting was instigated by members of the Asian Assassinz, a street gang that originates out of Alexandra Park.

People may never know the motives for this attack, but one thing is for sure: the violence needs to end.

A shooting in Eaton Centre's food court last summer caused a pregnant woman to have early contractions and resulted in a 12-year-old boy being shot in the head. Scary to think that shootings like these can happen anywhere at any time in our city.

But these tragedies can be prevented. How? There are a number of ways to change the way things turn out, from a negative to a positive.

Many young people can get in with the wrong crowds when their parents aren't always around. Low income families doing their best to get food on the table, keep a roof over their heads, and single parents trying to keep the household running are vulnerable. Many of these socio-economic forces can leave kids with a lot of spare time without any adult supervision. They might get into situations that aren't the best for them.

After-school programs and positive role models can make a world of difference. In 2009, according to StatsCan, the city of Calgary pushed to make after-school programs a bigger option for kids and encouraged young people in the communities to volunteer. This kind of initiative can keep youth productive and shape positive habits for their futures.

As the saying goes, idle hands are

the devil's playthings.

Security officers in malls only have a certain amount of training. I have personally known security guards and know their training is not nearly as extensive as, say, a police officer's.

It would be a good idea for mall owners to look into an extensive training program to handle such situations to keep workers, shoppers and themselves safe.

There are a number of ways to change the way things turn out, from a negative to a positive.

Gang-related activity would not be happening outside a police station, so why not give that type of trained authority to those who protect a private shopping centre?

When it comes to young people who are currently in gangs, finding a professional counselor to reach out to them could be one of biggest things they need.

The public knocks young people down for being in gangs without knowing these kids' individual stories. While I do not agree with or support anyone who inflicts harm on others, the person inflicting the harm is in need of help as well.

Finding ways to reach out to youth and offer them healthier activity choices through community programs and services is an ongoing effort that all cities need to be engaged in.

It could change so much around. The violence needs to end.

Women's rights should be protected

Even in 2013, women have to stand up for equal treatment

Alec Kennedy CICE Intern



Women have a right to stand up to men. They can tell men to treat them equally in all areas of life, from work and school to their home life.

For example, women can play sports just as well as men, and should be appreciated for their efforts. Women should also be paid the same amount of money as men in the work-place

Women should be shown respect, and their rights should be protected.





PHOTOS ABOVE COURTESY OF YOUTUBE Ryerson engineering students enduring the cold to join a club.

For me HAZIN





obert Champion Jr. just wanted to thought it would cost him his life.

The former 26 year-old Florida drum major was beaten to death it during a hazing ritual for new basinitiation required pledges to run down the while being punched, kicked and assaulted by according to news media accounts.

Twelve former students are now facing charge in Champion's death.

Two weeks after these charges were laid in University's engineering students found themselves at the centre of scrutiny for their own hazing ritual last month in which freshmen students were exhorted to crawl through slush in a partial state of undress.

News outlets, social media and Ontario's new premier Kathleen Wynne were quick to criticize Ryerson's engineering department and the school for the incident.

Sonja Embree, a psychology professor at University of Guelph-Humber, said hazing relates to a mob mentality. When rules break down, people start to lose a sense of what's right or wrong.

"People feel pressure to go along with authority and tradition," said Embree. "Some of the students doing the hazing left to their own devices wouldn't do it but they start buckling to the pressure to feel accepted."

Embree said that even though the Ryerson students all signed a voluntary agreement form to participate and be considered for the club, anything could happen.

"You don't get many students being like, 'I not doing it.' So right away all this nervous about what's going to happen builds. There's a what's going to happen. That loss of control is a for everybody."

In the most severe cases, Embree said, pres and young people, could lead to post-traumation

"Just the anxiety from the hazing can c Depending on what happens they might actu very traumatic, stressful experience and as a post-traumatic stress disorder. It depends on incident."

So what's being done to avoid this happening

embers only: G in Canada

belong, he never

A&M University in November 2011 and members. The excenter of a bus exsenior members,

es of manslaughter

Florida, Ryerson

enough, according to Bruce Wood, the principal consultant for EndHazing.ca.

"In Canada, there is very little awareness. The public's attention can be focussed on hazing temporarily through incidents like those at McGill, Dalhousie, Ryerson, the Windsor Spitfires and in Sedgwick, Alta.," said Wood. "But these are temporary and sensationalized. We have no sustained education and awareness campaigns."

Those who see these often degrading acts of hazing done and do not say anything, along with people still actively participating in such rituals, don't help the cause to put an end to the practice. Thirty-two states in the U.S. have specific laws on hazing that go beyond an obvious definition of the act, said Wood.

Canadian police may overlook several instances of hazing if the policy and policing of it is lacking. An investigation begins only when someone has been assaulted.

Staff Sergeant Mike Perreault, a veteran Toronto police officer said a rising issue is whether or not an assault can be categorized as a hazing incident, but ultimately every situation is unique. Perreault said it's difficult to get a good grasp on hazing incidents and stats

"That's the tricky part for trying to capture a statistic like that due to the nature of what the allegation is, where it happened, when it's reported and whether or not it was categorized in a way that would flag it as having been a hazing incident."

As for Humber's history of hazing, Jason Hunter, Humber's dean of students, said that as far as he knows, Humber has never had any serious instances of hazing and the college makes its policy very clear.

"There is a reference in the student code of conduct – the policy generally speaking is that [hazing] is not acceptable and will hold students into account. The extent to which the accountability comes to bear will be based on the nature of the incident."

Hunter likened hazing to bullying in some aspects.

"There's enough public attention to it that people are a little more comfortable in standing up and saying this isn't acceptable. Colleges and universities, for example, understand a lot more, both the impact to the person when it happens, but also the public perception and risk of not being proactive towards saying, 'this can't happen here."

Ryan Ousterhout, a second year business administration student at Humber and rookie on this year's men's baseball team, said coaches and administration never warned them about hazing, but it was never an issue.

"A big thing for baseball rookies is to have them clean everything up and put it all away. As a rookie you have the responsibility to take equipment to and from the field," said Ousterhout.

"On some teams, all the rookies have to get their haircut by the veterans, however they want to cut it, but that's about it."

Ryerson has since been quick to address the public outcry since its hazing incident last month. Shortly after the ritual, engineering student leaders met with administration to apologize and promised never to run the ritual again.

Wood argued that Ryerson swept this incident nicely under the rug and that Canada still has a ways to go when it comes to dealing with hazing.

"I came to realize that [Canadians] have few resources on this and are way behind the Americans in our public discussion of the nature, scope and harm caused by hazing," said Wood.

66

People feel pressure to go along with authority and tradition. Some of the students doing the hazing left to their own devices wouldn't do it but they start buckling to the pressure to feel accepted.

Sonja Embree, Humber psychology professor

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g in Canada? Not

"Some hold onto the myth that hazing rituals of all kinds are necessary in order to build team spirit, facilitate bonding and acceptance in a club or group," said Wood.

"When in fact, research done by Dr. Susan Lipkins of Allen and Madden University of Maine has shown that hazing rituals are more likely to foster mistrust, resentment and a desire for revenge than facilitate these high-minded goals."

Wood said that Canada's laws don't adequately address hazing and we should now look to U.S. hazing laws in several states as a model for our own legislation.

"There aren't specific prohibitions in [Canadian] law. Only those aspects of hazing rituals that touch on areas of criminal behaviour such as assault and confinement can be addressed this way," said Wood.

April 8, 2013

Cell phone while driving like alcohol inebriation

An international study finds even hands-free devices can make drivers impaired as if beyond legal alcohol limit

Jade Leung

Life Reporter

Drivers who fiddle on their phones, hands-free or not, while behind the wheel are as dangerous as being over the legal intoxication limit of 0.08, says a new study published in the *Traffic Injury Prevention* journal.

There are an increasing number of drivers using mobile phones while driving. Such multitasking activities typically divert attention away from the primary task of driving ... We hope to use the results of the study to help quantify the impact of mobile phone-related driving effects," said Sumie Leung, co-author of the study, in an email interview.

Researchers from Barcelona University as well as several Australian universities, tested 12 participants' abilities to react in a driving simulation test where subjects were asked to drive steadily in the left lane, while going 60 to 80 km/h, and to stop every time a truck appeared. The tests involved subjects driving after consuming alcohol, and to drive while using their cell phones to text or converse through hands-free.

The study compared all results and determined that depending on the complexity of the conversation, when conversing on a hands-free device subjects had the equivalent of a blood alcohol level ranging between 0.04 grams per litre to 0.70 grams per litre. The legal blood alcohol level for driving in Ontario is 0.08 grams per litre. Texting was even worse, as it was the equivalent of a blood alcohol level of 1 gram

However, Leung said that a simulation is not representative of real driving, and that the next step is to test the results for on-the-road

"Until then, we really need to treat these results as reason for caution, but not a conclusive demonstration of the effects of mobile telephone use on driving." she said.

Constable Nuri Kim, an RCMP

officer located in Alberta, said police need to be vigilant about enforcing no cellphone laws while in the car.

"I often see people trying to hide their phones or immediately stop talking on it when they see a police car, but when I'm off duty, I see people using their cell all the time - not even bothering to hide the fact they're talking on the phone or texting," said Kim.

By enforcing laws and educating people on the dangers of distracted driving, Kim said, officers hope to reduce the number of distracteddriving related collisions.

Lisa Noble, 19, a second-year business administration student at Guelph-Humber, said she thinks it's okay to use Bluetooth or hands-free while driving, but texting is another matter.

"Texting and driving, I'm against it because your eyes are off the road a lot and you have to concentrate on your keyboard, especially now with all the touchscreen phones," Noble said.



Texting and even hands-free cellphone use has been found to have the same is the same effect as being over the legal intoxication limit.

TO THE NINES How would you describe your style? Vintage with a little bit of quirkiness. Do you have any fashion icons? Audrey Hepburn and Zooey Deschanel, elegant and quirky. Where do you shop? Online. I shop at ModCloth primarily, Ruche and T.I.L. Darling. Kaelin King, 26 Landscape Technician second year

Women still lag in tech, sciences despite top skills

Jade Leung Life Reporter

Women excelling in math may also be equally competent in verbal skills, possibly giving them a wider array of career choices, according to a new study in *Psychological Sciences*.

Scientists at the University of Pittsburgh and the University of Michigan attempted to explain why women are underrepresented in the sciences, technology, engineering and mathematics (STEM) fields, which are dominated by men.

Researchers found that 63 per cent of the group exhibiting superior math and verbal skills were female, speculating that these additional faculties allow women to choose from a greater selection of jobs outside of STEM occupations.

"There has been evidence for quite some time that young women and girls score better on standard literacy tests than boys and young men; girls learn to speak at problems throughout their school years," said Jacquelynne Eccles, a co-author of the study.

Eccles, a psychology professor at the University of Michigan, said that a prevalent pattern in recent years is that while there are more women emerging in science disciplines, physics and engineering still remain a principally male fields.

"If you want more women who are multi-talented to actually think about engineering, you're going to have to get information out on what it is that engineers do and why someone, who is multi-talented, might be interested in those fields," said Eccles,

"That's not being done very much at all - students are making choices on what careers to go in

> I walked across the stage in my robes with the stereotypes following me.

> > Rebecca Milburn Associate Dean of Mathematics **Humber College**

based on very little information."

Scientists of the study examined data on almost 1,500 students from the time they were in Grade 12 until age 33. They followed the participants' educational and occupational background - such as SAT scores and job history - and realized that those particularly skilled in mathematics only gravitated towards science and math

Gillian Ranson, a sociologist and associate professor at the University of Calgary, has researched extensively on gender and occupation. She said that perhaps it's the nature of the workplace that discourages women.

"Any sort of workplace that has traditionally been dominated by men tends to develop in ways that are based on men's interests, the perception of men's family responsibilities, so on, and as such they are set up in a way for men," said Ranson.

Rebecca Milburn, the associate dean of the Mathematics Department at Humber College, has a PhD in Chemistry. She said fellow female students in her graduate studies were few and far between.

'When I say I was in a minority, I was, for sure... And I never had a woman faculty member teaching me chemistry," said Milburn.

All three women said it's important to break current prejudices and stereotypes and set precedence for young women to see female role models in STEM industries.

Milburn said she graduated in 1999 and during her convocation, people were surprised to see a woman. "I walked across the stage in my robes with the stereotypes following me," said Milburn.

April 8, 2013 LIFE 13

Puppy room for exam time being sought

Humber looks to provide an afternoon of canine comfort for stressed-out student

Gabby Mann Life Reporter

Humber College may join the ranks of the many universities and colleges incorporating puppy rooms as a tool to de-stress students during exam time.

Alison Sowerby, a final-year hospitality and tourism operations management student, and three of her classmates are working with Therapeutic Paws, a Canada-wide therapy dog program, to bring a puppy room to Humber.

The room would be available in the afternoon for a couple hours, allowing students to blow off steam by playing with a rambunctious furry friend.

Dogs offer a lot of comfort and I find as a dog owner, dogs are very intuitive, they know when something is

> Peter Szigeti Therapeutic Paws

"We did it because we saw it at other universities – Dalhousie, McGill and Queens – and it's basically just a time for students to relax, and playing with animals is good for mental health," she said. "So we are basically bringing in three to five dogs for students to play with for an afternoon and release stress during exams."

Sowerby challenged students to pledge to participate in Earth Hour in order to get a puppy room, and after 800 students signed up, the puppy room was a go.

"[Dogs] offer a lot of comfort and I find as a dog owner, dogs are very intuitive, they know when something is wrong and provide that comfort," said Peter Szigeti, Woodbridge co-team leader at Therapeutic Paws. "Depending on the dog and the type of breed, they are comforting for a lot of people."

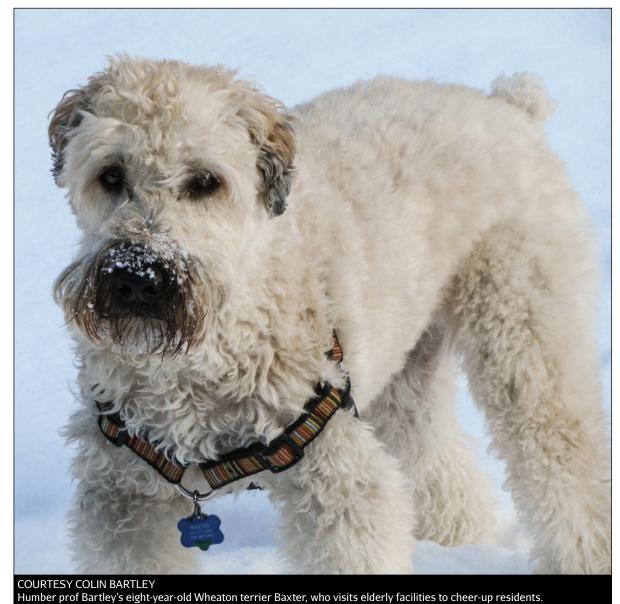
Szigeti is in his first-year of volunteering, along with his five-year-old dogs Bailey and Chelsea.

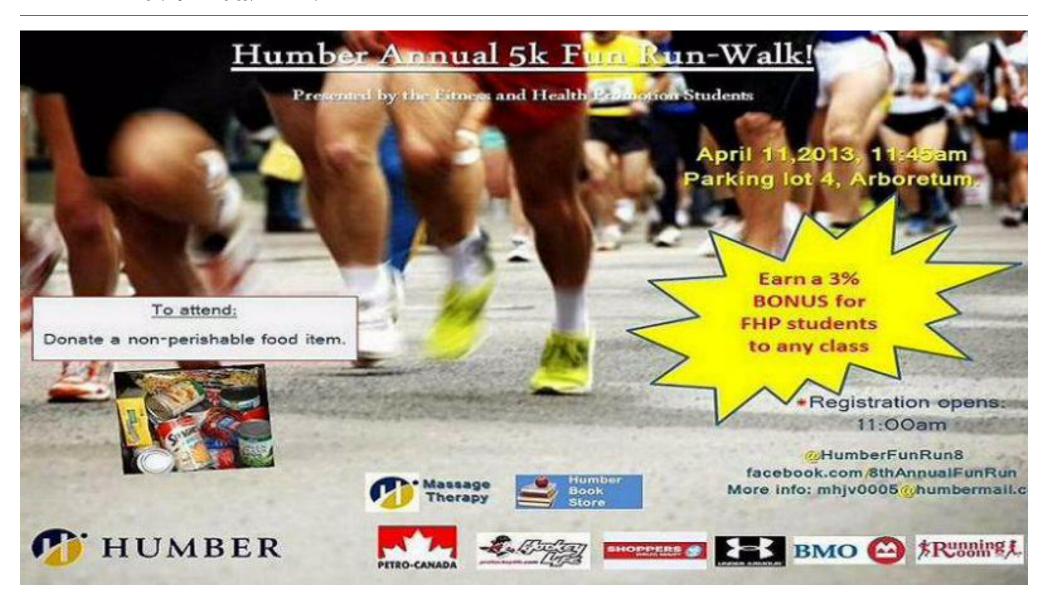
"You want a social dog but not over social. You want a dog that is responsive, a dog that is nurturing and a dog that doesn't bite or growl," Szigeti said.

Colin Bartley, a professor in the hospitality, recreation and tourism school and Sowerby's professor, has five years experience volunteerting his own eight-year-old dog Baxter at elderly facilities in Toronto.

"One of the first residents Baxter interacted with was this elderly gentleman, who was having a conversation with me," said Bartley. "The attendant didn't tell me that he hadn't spoken to anyone in seven years. That was really gratifying for me and really interesting just to see the reaction that a dog can have."

A date and room for the potential puppy roomis not yet finalized.





14 ARTS&ENTERTAINMENT April 8, 2013

EVENTS IN TORONTO THIS WEEK WEDNESDAY THURSDAY MONDAY TUESDAY FRIDAY SATURDAY **SUNDAY** 11 Daniel Barnes Groove 14 Shannon Dickie at The Gladstone Hotel 12 Swing dancing at the Centennial College art 10 Release of Descant's Molecular Cuisine at 13 The last night of Legoland symposium Trio live at Hirut **Humber North** Lithunian House spring issue Culture and Heritage Chef John Placko and the Six writers will read The band will be Tom King will be The first in a trilogy of The artist explore our relationship with memory through USA Rice Federation wil post grad students will their writing along with featuring their teaching West Coast this dark comedy series, explore the intersection look at modern culinary Swing. \$10 for members told through ukulele, this year's Winston "International Jazz techniques. Admission puppets, multi-media digitally-captured of art, technology, and Collins/Descant Poetry Sound," with fine and \$15 for nonmoving images. Ethiopian cuisine. social space. Prize winner, John Lee. members. and gangster rap.











COURTESY ANTHONY SALEH Above and right: photos by Anthony Saleh also on display at Luminous.

Luminous display of creative photography

Faiza Amin A&E Reporter

Graduating students in Humber's creative photography program will be displaying their works at a year-end exhibit called Luminous, on April 12 in a downtown Toronto gallery.

"I love the creative process," said Matthew Dumouchel, 24, one of the final-year students showcasing his work at the exhibit. "I like to be creative and just think outside of the box."

The students were asked to explore their time in the program and take diverse photographs that capture people, places, and life.

Dumouchel said his photographs were inspired by a lovers' quarrel. He used two men and a woman to tell a story of how an empowered woman chooses her man.

"I wanted to have an underlying message that will make the audiences think a little more than what's been given to them in the photographs," said Dumouchel.

Anthony Saleh, 22, said American photographer, Jerry Uelsmann, amongst other photographers, who were leaders in the industry, inspired him.

"I'm inspired by his creative process, how he has compiled multiple images together, and the various techniques he uses in camera," said Saleh.

Uelsmann is known for manipulating his images without using Pho-

toshop, a skill Saleh incorporated in his displayed photographs.

"Every photographer would like to have some thought-provoking images. I also want it to be reflective and well presented," said Saleh.

Along with photo submissions, the student photographers will be displaying their photographic portfolios.

David Scott, a creative arts professor and a Humber faculty member who is working with the students, said events like Luminous help students network.

"The students have learned about branding, promoting themselves, and talking to potential clients and employers," said Scott.

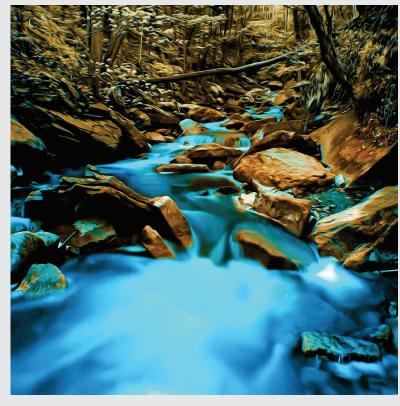
Dumouchel hopes to catch the eyes of industry leaders and brand himself as a versatile photographer.

"I'm trying to appeal to people who will want to hire me for large corporation clients or marketing campaigns," said Dumouchel. "I want my photographs to show how diverse I can be in this industry."

Scott said the photographs will not only show how varyingly gifted the students are, but also reflect how effective the program is.

"We have the country's leading photography program that is leading and preparing the next generation of photographers," said Scott.

The photographs will be on display at Twist Gallery at 1100 Queen St. West from 3-10 p.m.



April 8, 2013 ARTS&ENTERTAINMENT 1

Toronto through lens of Chinese students



Collage of photos by various Chinese exchange students in Perspectives exhibit.

Humber exchange students record experience in Perspectives

Toronto is a very

camera.

beautiful city so it

pushed me to buy a

Xiangyang Dong

Exchange student

Amy Stubbs A&E Reporter

Humber's Ningbo-Jimei program for international students has been using photography to document the students' experience in Canada, in an exhibit called Perspectives.

The program is an international exchange with two Chinese universities, Ningbo and Jimei, and in this school year there are nearly 150 students en-

rolled at Humber from both overseas schools.

Part of the Business School, the program asked the visiting students to record the experience of a culture that they are not familiar with.

Laurie Bradford, international program manager of Humber's Business School, has been leading the initiative in its first year. She said she hopes it continues annually.

"It's like being on a vacation, you want to take a photographic record,"

said Bradford. "It also affects the way they see the world. If they're taking photos of things, they take the moment to observe them in a different way. It's reflective."

The resulting images capture two different perspectives, the view from which the Chinese students discover their surroundings in Canada, and the view from which Canadians see the international students experiencing the country.

With about 40 participating students, Bradford said she chose not to attribute individual works so they would read as one body of work.

"We wanted to make it like any student, so it could be any one of our students that had that experience."

Xiangyang Dong, 23, a student in the international business management program at Humber College, has

been living in Toronto for less than a year. He has found partaking in the project helpful in understanding his surroundings.

"Toronto is a very beautiful city, so it pushed me to buy a camera," said Dong. He said he sends his photos to family and friends in China.

Perspectives is an exhibition of the resulting images, on display in the L Space Gallery at Lakeshore campus until Wednesday.

A hardcover photo-book has also been produced compiling the works.

Ashley Watson, curator of L Space Gallery, said that photography works as a tool to break cultural and language barriers in explorations of the city.

She also said photography is a common language which allows the viewer to "look at [the photographs] and see what they are seeing."

Uforia rocks Canada's spot in global battle of the bands

Jonathan Mace A&E Reporter

Uforia, a Toronto rock band, is set to take the international stage on April 23, representing Canada in the Hard Rock Rising Global Battle of the Bands 2013.

"We were chosen along with 375 other bands," said Michael Ursini, vocalist and songwriter for Uforia. "They chose the 10 best bands plus two wild cards, so we really got lucky."

The rest of the band consists of Sam Morton on bass, Adam Brik on lead guitar and Julien Bigras on drums, all of them students of Humber College's music degree program.

Uforia was ranked 12th on an online poll through Reverb Nation, which earned them a spot in the battle of the bands at Yonge and Dundas Square's Hard Rock Café.

The band is now preparing for an

international online poll.

"They've just chosen the last finalists," said Tony Malone, Uforia's manager. "So now we will be competing against 50 international bands as the lone Canadians."

Ursini has the vocal range and energy of Ben Kowalewicz of Billy Talent. When meshed with funky bass, slide guitar and flailing dreads, they produce a sound has been hailed as unique and refreshing.

Malone is a producer by trade, but said he couldn't let the band go without

"Their musicianship is mind blowing," Malone said. "All four of them are equally talented, which is extremely rare to find."

Morton said he was the first to meet Ursini, and with the help of studio musicians they recorded the band's first album *Imagining*. Once it was done, they knew they needed a full time band.

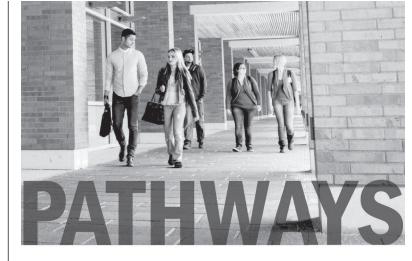
"I went to the two guys I knewwould fit the best and be able to rock the hardest," Morton said. "We've been playing together, as Uforia, since the beginning of the summer."

"We've put a lot of work into performing," said lead guitarist, Brik. "Not only rehearsing but working on stage moves, coming together at certain points as well as our choreography."

In addition to their hard work, the boys all agree that their training at Humber has really helped to mature their sound.

"Being around a ton of high-level musicians really kicks your ass and makes you work on your own stuff," said drummer, Bigras. "It's been a real eye opener to find out what you have to do to make it on top of writing good music."

Polls are open through Facebook on April 23 for the final stage of the Hard Rock Rising contest.



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ARTS&ENTERTAINMENT April 8, 2013

ReelWorld boosts Canadian films

Julienne Bay A&E Reporter

The 13th annual Reelworld Film Festival will be running from April 9 to 15 at Canada Square on Yonge and Eglinton

The event, which seeks to promote emerging Canadian filmmakers, will feature more than 60 per cent Canadian content, according to the founder, executive director and head of programming, Tonya Lee Williams.

"[We're focusing on] what we can do to help Canadian emerging filmmakers," said Williams. "Canadian filmmakers come first, and we include international directors if we feel that they fit.

'We wanted an umbrella that represents Canada that includes all cultures," said Williams.

'We're very lucky to be in Toronto and in Canada, because we're such a multicultural city and country," said Brian Mifsud, a former student in Humber's Theatre Performance program and director of one of the short films at the festival, A Man is a Man is a Man.

Jullian Ablaza, a filmmaker presenting his documentary Behind the Curtain, said Reelworld is a "place where people can gather and appreciate the works."

"Our biggest downfall (as Canadian filmmakers) is lack of promotion," said Ablaza. "It's one thing to create the work, and it's one thing to get the work shown."

Williams encourages students to check out some of its programs, including their short film screenings.

"Shorts programs ... are great, because they're compiled with Canadian content," said Williams. "Many emerging filmmakers start out with short films.'

Heidi Tao Yang, a graduate of Humber's film and television production program, was awarded one of the Trailblazers awards at last year's festival.

The award seeks to recognize those who contribute excellence to Canada's entertainment industry.

"I felt very honoured to be among the company of recipients to win the award," said Yang.

'We can't compare to the million dollar marketing budgets of the U.S. distribution companies," said Yang. "But we have good talents [and] we need to know about them to support the filmmakers so they can keep going and making films."

Humber students are allowed to attend two of the panels, "The Writer's Room 101" and "Telefilm Panel" for free, but will need to email ticketing@ reelworld.ca in advance.



Insomnia the theme of art exhibit

Erica Vella

A&E Reporter

"I.ll Sleep When I.m Dead" is a multi-medium art exhibit featuring work from 22 Toronto-based artists who are putting a creative spin on the idea of

The show incorporates themes of not sleeping and extreme wakefulness, said Laura Dobson, curator and organizer of the exhibit.

'It is something that essentially effects everyone in this generation of young people... not finding enough time to sleep, or choosing to not sleep because there is so much to do," Dobson said.

One of the featured artists, Michael Archibald, whose work infuses acrylic paint with different layers of fluorescent and UV lighting, said his work is driven by the theme of insomnia.

"I am often caught between being extremely tired all the time and when I do get sleep I have the most vivid dreams, so I get back to reality and start paint-

ing," he said.

Carrie Holmes, a third-year Humber fashion management student, is a friend and follower of Archibald's work.

The lighting adds a third dimension to his piece. I always enjoy going to [Archibald's] art shows and seeing what other people have to offer and how they add to the theme of the event," Holmes said.

"Painting is a really cool way to show people what's going on in my mind... its kind of a different form of language for me," said Archibald.

The gallery also includes video, illustration, photography and sculpture.

Dobson aims to stray away from the "stale and silent gallery setting and bring it to a fun atmosphere," by hosting the art shows at unusual

"I.ll Sleep When I.m Dead" will be held at the White House Studio project, a once residential house that has been converted into a studio space in the Kensington Market district.

usually don't go through conventional gallery spaces. I have shows in the bottom of clothing stores," said

"[The White House studio project] is not necessarily a gallery, but pretty much for opening night we make the show into a party. People can buy drinks and see bands play. It's a real casual atmosphere.'

The exhibit will continue until

politics at Spur fest

Kateryna Barnes A&E Reporter

Spur, a new festival focusing on arts and politics, will debut in Toronto April 11 to 14 in various locations.

Helen Walsh, Spur founder and director, saw the need for a space where debate was interesting but civil.

"[I was] watching the spending review of the City of Toronto, and the extreme rhetoric that was happening and personal attacks as opposed to talking about ideas," said Walsh. "I was discouraged by how residents were treated when they make presentations towards city council-they were really denigrated by their elected officials. I thought, 'This is really wrong'."

Other inspirations for Spur came from Walsh's time at the New Yorker festival and lectures at the 92nd Street Y in New York City.

From there, Walsh started the Spur Festival, which is meant to provoke feisty but fun and respectful conversation that is positive and forward-looking.

Walsh is co-publisher of the Literary Review of Canada and president of Diaspora Dialogues; the two organizations bringing Spur to Canada.

The festival events include some familiar names from Toronto, including Humber College's Robin Duke, a comedy program instructor and SCTV and Saturday Night Live alumna. Duke will be a panelist at the Friday night event, Political Satire: Does it Matter?

"Satire pokes a finger at the ridiculous and things that don't make sense," said Duke.

Duke wants students to be aware of the world around them and see, "what's not quite right and what strikes them as absurd and ridiculous in their political and social environment.

"The best way to get people's attention is to make them laugh, but you're also making them think," said Duke.

Another panel, Strictly Canadian: Doomed to Fail? is about the impact of labelling things as "Canadian" which mixes perspectives from the mainstream media and bloggers.

Peter Howell, the Toronto Star movie critic and event moderator, said he looks forward to talking about Canadian elements of art with his panel.

"The only frustrating thing is people seem to proceed from this knee-jerk position that Canadian music is bad or inferior, and it's the same thing with Canadian film," he said. "I think it's ridiculous, and I'm always happy to debate that with people."

The festival will be expanding to Winnipeg and Vancouver later this year. Walsh said there are plans to also host in Calgary, Montreal, Ottawa and Halifax.



GAMES 17 April 8, 2013



CARTOON

Job Comics pt2

Colton Gilson



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Sudoku Puzzle - Medium

HOROSCOPES



ARIES Mar. 21 – Apr. 20

You're susceptible to problems today distance yourself from trouble.



LIBRA Sept. 22 – Oct. 22

with a tough decision, be path you choose.



TAURUS Apr. 21 – May 20

Today you will regain confidence in your own abilities.



GEMINI May 21 – Jun. 20

Generosity is your biggest strength, but also flaw.



CANCER Jun. 21 – Jul. 22

You lead a busy life, but make time for the important people today.



LEO Jul. 23 – Aug. 22

Don't wait for others today, achieve goals independently.



VIRGO Aug. 23 – Sept. 21

Time to get organized. Focus on individual tasks.



You will be posed accountable for the



SCORPIO Oct. 23 – Nov. 21

You need some "me time." Recharge your batteries with your own thoughts.



SAGITTARIUS Nov. 22 – Dec. 20

Be open-minded with people today. Rely on the good nature of others.



CAPRICORN Dec. 21 – Jan. 19

Your want your ideas to be heard by others, and they are listening. Spread them responsibly.



AQUARIUS Jan. 20 – Feb. 19

Your past will help you in both the present and future. Find your roots today, you'll be glad you did.



PISCES Feb. 20 – Mar. 20

You will feed off the energy of others today, don't avoid crowds.

18 April 8, 2013



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April 8, 2013 **SPORTS 19**



PHOTO BY MADELINE FUCHS

Jesse Bruce, co-founder of Time for War Fitness, demonstrates exercises during the warm up for the TFWarrior Race on Sunday, April 7.

Time For War races to Humber campus

doing the Spartan Race in June with

my sister, and so I thought this would

be a good one to get an idea of what to

ceived \$5,000 from the Humber In-

cubator Friendly Fire Pitch Compe-

tition. Bruce and Kiez are using the money to purchase equipment and

invest in the future. They are hoping

to open their own facility by Novem-

they will be offering courses Monday

through Thursday at Centennial and

ronment. We're not a boot camp. We're

not drilling people into the ground.

We're encouraging people to do what

they can," Bruce said.

Chinguacousy Park for the summer.

Starting the week of April 22,

'We try to create a motivated envi-

Time for War Fitness recently re-

Madeline Fuchs
Sports Reporter

On Sunday, approximately 70 participants laced up for the TFWarrior Race at Humber, hosted by Time For War Fitness

Time For War Fitness has a special connection to Humber since both its founding members are current Humber students.

Jesse Bruce and Joe Kiez founded Time for War Fitness because they noticed a growing interest in obstacles course races. Their goal is to help people prepare for these races while also achieving their fitness goals.

"We have a passion for the underdog; a passion for people trying to find and get their fitness goals. So we created this fun, new, unique and social way for people to get in shape," Bruce said.

Time for War Fitness began last November. Bruce, a first-year business management student with a kinesiology degree from Guelph-Humber, and Kiez, a fourth-year industrial design student, met while on Humber's varsity cross country team.

Bruce, who is also a certified personal trainer, leads many of the courses and training sessions. He is a five-time winner of the O Course, and was the first place winner of last year's Warrior Dash and Urban Warrior race.

Kiez brings his experience with business and social media to the company. He also says his studies in industrial design lends to the fitness industry when "working with products and knowing and specializing in actual equipment".

"You can help the individuals who participate in the events to get better and help them work out effectively," Kiez said

The TFWarrior Race, offered through Humber's continuing education courses, was a success on Sunday. Bruce led the crowd through a group warm-up before they began the 5k race with 15 obstacles.

Courtney Huth, a second year recreation and leisure student, signed up for the race after a recommendation from her personal trainer.

"This is my first [obstacle race]. I'm

Men's golf team spring into swing at Detroit tournament

Jonathan Rumley Sports Reporter

With their first tournament of the year later this week, the Humber men's golf team hopes to utilize the time on the course to smooth out all the kinks before their own tournament and the Golf Canada tournament later this year.

The team will be participating at the Detroit Titans Invitational, hosted by the University of Detroit at Prestwood Village Golf Club in Highland, Mich., from April 11-13.

It's an opportunity to build on an impressive fall and move forward into the new golf season.

Humber head golf coach Ray Chateau said that there are no expectations; the tournament is the time to get warmed up for the 2013 season and "get the guys back into a competitive mode."

This tournament will mark the sixth consecutive year that Humber has participated, dating back to 2008. The college has tasted success at the tournament before, placing second as a team in 2011.

Humber golfer Alex Dumais said the Detroit Invitational is always a challenge after a six-month layoff that was spent hitting balls indoors during the long winter.

"This is a big tournament," Dumais said. "For the most part, everybody's fresh out of the gate for the year and you never really know how it's going to go."

Dumais hopes to be the first Hawk to etch his name at the top of the tour-



COURTESY HUMBER ATHLETICS
Humber golfer Alex Dumais closely watching his ball soar off the tee box after taking a swing with his driver.

nament record book.

Detroit head coach Mark Engel said the tournament is mostly comprised of American teams but the inclusion of Humber has been a long-standing tradition

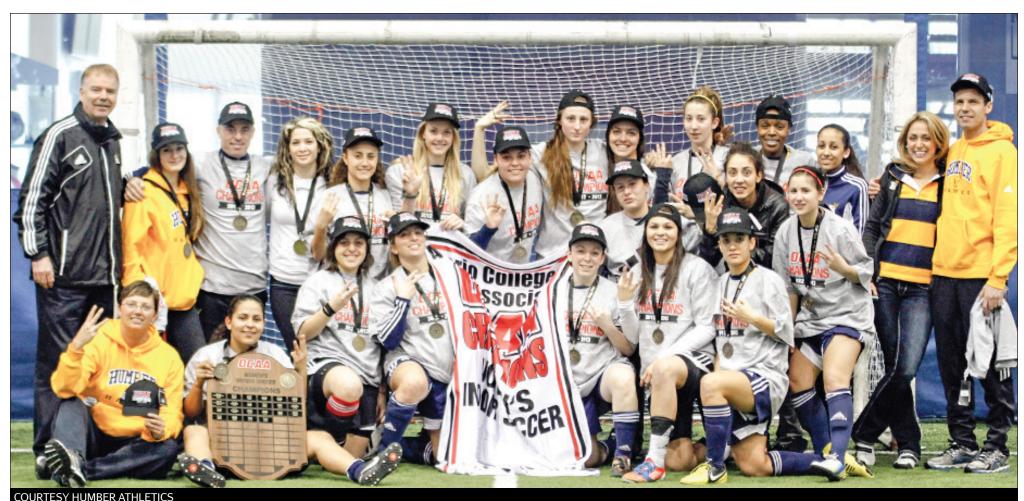
"Humber has always been our representative from Ontario and it's been great to have them."

Engel said his American golfers have travelled down south a couple of times to tournaments since the first week of March. The added time on the course may give these teams an edge over Humber, which has yet to play competitively this spring.

After their showdown in Detroit, the Hawks will have three more tournaments to cap off their season. Another cross-border tournament in Findley Lake, N.Y., the Humber Invitational that will be held in nearby Burlington, and the much anticipated Golf Canada University/College Championship in Montreal to finish off the season in May.



SPORTS April 8, 2013



The Humber women's indoor soccer team celebrates winning its third consecutive OCAA Championship crown. The squad went undefeated at the provincial championship and seeks another perfect campaign.

Women's indoor soccer perfect in championship

Hugh Smith

Sports Reporter

The Humber Hawks can add another flawless season to their already stellar indoor soccer program.

The women's team went undefeated in provincial play this season, picking

up its third straight OCAA title. Coach Vince Pileggi was unequivocal about his feelings concerning the

"Any time you win a provincial

championship, you have a good reason to be satisfied with how the season ends," he said.

Pileggi said the biggest reason for the long-term success of the program

"We generally have a very consistent team. A lot of veteran players tend to stay with us for three, four, or five

One of those long-term players is Sonia Rocha. The fifth year midfielder and sports management student is one

of the captains of the team.

During her time at Humber she has won four indoor soccer titles.

Rocha said the fact that this was the last year of her eligibility played a big role in how she approached the season.

"I knew it was my last year I had, my fifth year of eligibility," she said. "I got in shape over the summer and wanted one last chance at a national title... I tried to [do] the best that I could do for my team, as well as myself."

However, it wasn't just the captains

that made the unblemished season a possibility.

Ashley Osorio, a striker in her second year with the team and a first-year nursing student, scored five goals in the OCAA tournament, earning the title of tournament MVP.

Osorio said she didn't expect the

"I was actually pretty well surprised. We work as a team and I thought that without Keyla or Sonia, I wouldn't be scoring my goals ... We all deserved [the] MVP as a team," Osorio

Pileggi said the main reason for the team's success this season is self-confidence and hard work.

'If you look at the history of our team we've always been one of the top two or three teams in the province. We always try to remind the girls that if they go ahead and work hard, and play to their skill level, good things are going to happen. And that's what happened this year."

Athlete of the Year award not the "be-all, end-all"

Brian O'Neill Sports Reporter

While being named Athlete of the Year is a prestigious honour, it's not all that mance at Humber.

"If you're looking at the awards to be Athlete of the Year as the be-all, end-all, it is not," said Jim Bialek, the sports information director.

'That's an award where you're distinguishing someone who's had a great year. Some of those other awards that we give out, the Leadership, the Heart, the Spirit, those ones there all carry a great deal of respect and weight along

Last Friday, Humber Athletics held their annual Athletic Banquet at the Westwood Arena Banquet Hall.

opportunity to tip

Many awards are given out at **This gives us an** the banquet each year, however, two of the most recent awards are the Valedic-

torian and Athletic Director's Pick.

Bialek said the Valedictorian is typically given to a fifth-year player who speaks on behalf of all graduating athletes about their experiences and life as a Humber athlete. This year's recipient of the Valedictorian award was CCAA badminton gold medalist Renee Yip.

Yip said writing her speech was dif-

"It was hard because Doug just sprung it on me two weeks ago, but definitely an honour. I definitely had some nerves, but it was all heartfelt,"

The Athletic Director's Pick is chosen by Doug Fox and is awarded to an athlete that not only excelled in sport, but left a deep impact on athletics with their cheerfulness and commitment, Bialek said.

Aycha Hamaoui, fourth-year shooting guard on the OCAA bronze medal winning women's basketball team, was the director's pick.

> Her first thought when her name was called was "please don't cry".

"I remember having a really rough time in our cap to them. The summer, came in the Jim Bialek next day and [Doug] had two Kleenex boxes there, Sports Information Director he made a special trip for me. Doug definitely

has my heart, I love him like a father,' Hamaoui said.

This was another exceptional year for Humber as they won 12 OCAA gold medals.

"In our view, it's incredibly successful. When you look at somewhere in the neighbourhood of 80 provincial championship banners in the last Bialek said.

Hosting the annual banquet gives athletics an opportunity to not only honour individual and team achievements, but also the effort and commitment of Humber's student ath-

"People don't understand what it takes to be a varsity athlete," Bialek said. "This gives us an opportunity to tip our cap to them."



Renee Yip was the recipient of the Humber Athletic's Valedictorian award.